Statin Therapy for Patients with Diabetes
Statin Therapy for Patients with Cardiovascular Disease

Common Chart Deficiencies:

- Lack of documentation (coding) of members unable to tolerate statin medication due to myalgia

Tips to Improve HEDIS rate:

- Electronic Medical Records (EMR) may provide a means to track gaps in care and reminders of needed services.
- Document (code) adverse reaction to statin medication

Statin Therapy for Patients with Diabetes:
Adults ages 40-75 identified as having diabetes who do not have clinical cardiovascular disease (ASCVD) who meet the following criteria:

⇒ Received Statin Therapy: Members who were dispensed at least one statin medication of any intensity during the measurement year (2018)

⇒ Statin Adherence 80%: Members who remained on a statin medication of any intensity for at least 80% of the treatment period (from prescription date through end of year).

Statin Therapy for Patients with Cardiovascular Disease:
Males ages 21-75 and Females ages 40-75 identified as having atherosclerotic cardiovascular disease (ASCVD) who met the following criteria:

Received Statin Therapy: Members who were dispensed at least one high or moderate-intensity statin medication during the measurement year (2018)

Statin Adherence 80%: Members who remained on a high or moderate-intensity statin medication for at least 80% of the treatment period (from prescription date through end of the year).

Exclusions: Pregnancy, ESRD, or Cirrhosis during the measurement year or the year prior to the measurement year (2017 or 2018).

Myalgia, myositis, myopathy or rhabdomyolysis during the measurement year (2018)
Statin Therapy

Specifications for High-intensity and moderate-intensity statin therapy

**High-intensity statin therapy:**
- Atorvastatin 40-80mg
- Amlodipine-atorvastatin 40-80mg
- Ezetimibe-atorvastatin 40-80mg
- Rosuvastatin 20-40mg
- Simvastatin 80mg
- Ezetimibe-simvastatin 80mg

**Moderate-intensity statin therapy:**
- Atorvastatin 10-20mg
- Amlodipine-atorvastatin 10-20mg
- Ezetimibe-atorvastatin 10-20mg
- Rosuvastatin 5-10mg
- Simvastatin 20-40mg
- Ezetimibe-simvastatin 20-40mg
- Niacin-simvastatin 20-40mg
- Sitagliptin-simvastatin 20-40mg
- Pravastatin 40-80mg
- Lovastatin 40mg
- Niacin-lovastatin 40mg
- Fluvastatin XL 80mg
- Fluvastatin 40mg bid
- Pitavastatin 2-4mg

ICD10 Codes:
- Myalgia: M79.1
- Myositis: M60.9
- Myopathy: G72.9
- Rhabdomyolysis: M62.82

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