New Measures for HEDIS® 2020

Each year, between February and May, data from the prior calendar year is collected on a number of standardized quality measures. Most of these measures remain the same year after year: preventive screenings, immunizations, and treatment of chronic conditions such as diabetes and hypertension. Occasionally, measures may be retired and new measures are added. Below are a few of the new or changed measures the National Committee on Quality Assurance (NCQA) has added for HEDIS® 2020:

- **Follow-Up After High-Intensity Care for Substance Use Disorder** looks at the percentage of acute inpatient hospitalizations, residential treatment or detoxification visits for a diagnosis of substance use disorder among members 13 years of age and older that result in a follow-up visit or services for substance use disorder. Two rates are reported:
  - The percentage of visits or discharges for which the member received follow-up for substance use disorder within the 30 days after the visit or discharge.
  - The percentage of visits or discharges for which the member received follow-up for substance use disorder within the 7 days after the visit or discharge.

- **Pharmacotherapy for Opioid Use Disorder** looks at the percentage of new opioid use disorder (OUD) pharmacotherapy events with OUD pharmacotherapy for 180 or more days among members age 16 and older with a diagnosis of OUD.

  **Opioid Use Disorder treatment Medications:**
  - Naltrexone (oral or injectable)
  - Buprenorphine (sublingual, injection or implant)
  - Buprenorphine/Naloxone (sublingual tablet, buccal film, sublingual film)
  - Methadone (oral)

- **Prenatal Depression Screening and Follow-Up** looks at the percentage of deliveries in which members were screened for clinical depression while pregnant and, if screened positive, received follow-up care. Two rates are reported:
  1. Depression screening: The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument.
  2. Follow-Up on Positive Screen: The percentage of deliveries in which members received follow-up care within 30 days of screening positive for depression.

- **Postpartum Depression Screening and Follow-Up** looks at the percentage of deliveries in which members were screened for clinical depression during the postpartum period, and if screened positive, received follow-up care. Two rates are reported:
  1. Depression screening: The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument during the postpartum period.
  2. Follow-Up on Positive Screen: The percentage of deliveries in which members received follow-up care within 30 days of screening positive for depression.

**NOTE:** The Prenatal and Postpartum Depression Screening and Follow-Up measures will only be collected from Electronic Medical Records. If you have questions about these new measures, please contact the Quality Improvement Department at 757-252-8400 or 1-844-620-1015

**Improving Quality of Care (HEDIS®)**

As physicians, you can help improve quality of care by:

- Encouraging your patients to schedule preventive exams
- Reminding your patients to follow up with ordered tests and procedures
- Making sure necessary services are being performed in a timely manner
- Submitting claims with proper HEDIS® codes
- Accurately documenting all services and results (if appropriate) in the patient’s medical chart

We need to work together to improve and maintain higher quality of care. When our members are healthy, everyone benefits!