

OPTIMA HEALTH PLAN

PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

Drug Requested: Symbicort ® (budesonide and formoterol)

DRUG INFORMATION: Complete information below. If incomplete, authorization process will be delayed.

Drug Form/Strength: _____

Dosing Schedule: _____ Length of Therapy: _____

Diagnosis: _____ ICD Code, if applicable: _____

Therapy initiated while covered under another insurance and recently converted to Sentara/Optima is subject to verification.

CLINICAL CRITERIA: The following criteria **MUST** be met. **ALL** boxes **must** be checked to qualify or authorization process will be delayed.

Indication: Asthma

- Patient is \geq 12 years of age
- Trial and Failure of Advair

AND

- Trial and Failure of Breo Ellipta

AND

- Trial and Failure of Dulera

Patient has tried and failed at least 30 days of therapy

Indication: COPD

- Patient is \geq 12 years of age
- Trial and Failure of Advair

AND

- Trial and Failure of Breo Ellipta

Patient must have tried and failed at least 30 days of therapy

****Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.****

Previous therapies will be verified through pharmacy paid claims or submitted chart notes.

Patient Name: _____

Member Optima #: _____ Date of Birth: _____

Prescriber Name: _____

Prescriber Signature: _____ Date: _____

Office Contact Name: _____

Phone Number: _____ Fax Number: _____

DEA OR NPI #: _____

*Approved by the Pharmacy and Therapeutics Committee: 10/16/2014

REVISED/UPDATED: 10/28/2014; 11/20/2014; 12/30/2014; 5/14/2015; 5/22/2015; 12/29/2015; 12/20/2016; 8/18/2017.