

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

**Drug Requested:**                      **Repatha® (evolocumab) Injection**

**DRUG INFORMATION:** Complete all information below or authorization process will be delayed.

Drug Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** ALL information below must be checked to ensure authorization process will NOT be delayed. Chart notes and any lab results MUST be submitted with this request to include a baseline lipid panel AND panel post statin therapy.

**Initial Criteria - approval is for 3 months.**

- Must be prescribed or in consultation with one of the following:

<input type="checkbox"/> Cardiologist	<input type="checkbox"/> Endocrinologist	<input type="checkbox"/> Lipid Specialist
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**AND**

- Adjunct to low-fat diet and exercise

**Diagnoses: (select one below)**

- Atherosclerotic Cardiovascular Disease:** Select if the patient has Atherosclerotic cardiovascular disease (ASCVD) confirmed by the following:

- Acute Coronary Syndrome
- History of myocardial infarction
- Stable or unstable angina
- Peripheral arterial disease presumed to be of atherosclerotic origin
- Coronary or arterial revascularization
- Stroke
- Transient ischemic attack

**\*Please note: Chart documentation of the above is required to be submitted along with this request form.\***

- Heterozygous familial hypercholesterolemia (HeFH):** Select if the patient has heterozygous familial hypercholesterolemia (HeFH) as confirmed by the following:

- Untreated/pre-treatment LDL cholesterol (LDL-C)  $\geq$  190mg/dL in an adult or  $\geq$  155mg/dL in a child less than 16 years of age

**AND (ONE of the following)**

- Family history of myocardial infarction in first-degree relative less than 60 years of age
- Family history of myocardial infarction in second-degree relative less than 50 years of age
- Submission of medical records (e.g., chart notes, laboratory values) documenting LDL-C  $>$  190mg/dL in first or second degree relative

**OR (ONE of the following)**

**Select if there is submission of medical records (e.g., chart notes, laboratory values) documenting the following:**

- Genetic confirmation of functional mutation in the LDL receptor, Apo-B, or PCSK9 gene adaptor protein 1 (i.e., LDLRAP1 or ARH)
- Tendinous xanthomata

**\*Please note: Chart documentation of the above is required to be submitted along with this request form.\***

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**Homozygous familial hypercholesterolemia (HoFH):** Select if the patient has homozygous familial hypercholesterolemia (HoFH) as confirmed by the following:

Genetic confirmation of functional mutation in the LDL receptor, Apo-B, or PCSK9 gene

**OR (ONE of the following)**

Untreated/pretreatment LDL-cholesterol (LDL-C) > 500 mg/dL

Treated LDL-C  $\geq$  300 mg/dL

Xanthoma before 10 years of age

Evidence of heterozygous familial hypercholesterolemia in both parents

**\*Please note: Chart documentation of the above is required to be submitted along with this request form.\***

Other diagnosis: \_\_\_\_\_

ICD-10 Code(s) plus description: \_\_\_\_\_

**FOR ALL DIAGNOSIS: Skip to Section B IF patient is unable to tolerate statin therapy. \*Chart notes or labs are REQUIRED for review\***

A. Please select which statin therapy the patient has received for at least 12 consecutive weeks and will continue to receive at the maximally tolerated dose:

High-intensity statin therapy

Moderate-intensity statin therapy (patient unable to tolerate high intensity therapy)

Low intensity statin therapy (patient unable to tolerate moderate intensity therapy)

Select **ONE** of the following LDL-C values while on maximally tolerated lipid-lowering therapy within the last 120 days:

LDL-C greater than or equal to 100 mg/dL with ASCVD

LDL-C greater than or equal to 130 mg/dL without ASCVD

LDL-C between 70 and 99 mg/dL with ASCVD **AND** 12 consecutive weeks of ezetimibe (Zetia®) therapy as an adjunct to maximally tolerated statin therapy

LDL-C between 100 mg/dL and 129 mg/dL without ASCVD **AND** 12 consecutive weeks of ezetimibe (Zetia®) therapy as an adjunct to maximally tolerated statin therapy

**Please document: the LDL levels below (Labs MUST be attached or authorization will be delayed)**

LDL baseline: \_\_\_\_\_ LDL post-treatment: \_\_\_\_\_

B. Select below if the patient is unable to tolerate low, moderate, and high intensity statin therapy as evidenced by one of the following intolerable and persistent symptoms to **TWO** different statins (i.e., more than 2 weeks): documentation **MUST** be provided and claims will be verified.

Drug Name: \_\_\_\_\_ Strength: \_\_\_\_\_ Date started: \_\_\_\_\_

Drug Name: \_\_\_\_\_ Strength: \_\_\_\_\_ Date started: \_\_\_\_\_

Myalgia (muscle symptoms without CK elevations)

OR

Myositis (muscle symptoms with CK elevations < 10 times upper limit of normal)

**AND**

Reinitiating of statin therapy must have been attempted and failed

OR

Patient has a labeled contraindication to ALL statins as documented in medical records and/or has experienced rhabdomyolysis or muscle symptoms with statin treatment with CK elevations > 10 times upper limit of normal

(continued on next page for Renewal criteria and signature)

**Renewal criteria – approved for 12 months. Requests must include all of the following information:**

- Patient has been compliant on therapy and is continuing a low-fat diet and exercise regimen
- Lipid panel showing further reduction in LDL cholesterol compared to the labs prior to initiating a PCSK9 inhibitor has been submitted:  
LDL-C baseline: \_\_\_\_\_ LDL-C post-Repatha® treatment: \_\_\_\_\_
- Patient does not have any contraindications to therapy
- Continued adherence to maximally tolerated statin dose established prior to PCSK9 inhibitor approval unless patient has documented inability to take statins
- Patient is continuing a low-fat diet and exercise regimen

**Medication being provided by a Specialty Pharmacy - PropriumRx**

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 9/17/2015

REVISED/UPDATED: 9/28/2015; 10/14/2015; 10/19/2015; 11/4/2015; 11/10/2015; 11/19/2015; 12/29/2015; 12/19/2016; 8/16/2017. 6/28/2018