

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** *The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.*

**Drug Requested** (select applicable drug):                    *Overactive Bladder*

<input type="checkbox"/> <b>Enablex®</b> (darifenacin)	<input type="checkbox"/> <b>Gelnique®</b> (oxybutynin transdermal gel)	<input type="checkbox"/> <b>Myrbetriq®</b> (mirabegron)
<input type="checkbox"/> <b>Oxytrol® RX</b> (oxybutynin transdermal)	<input type="checkbox"/> <b>Toviaz®</b> (fesoterodine)	<input type="checkbox"/> <b>VESIcare®</b> (solifenacin)

**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

**Drug Name/Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_                    **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_                    **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** ALL appropriate boxes **must** be checked to qualify or authorization process will be delayed.

- Patient must have documentation of **at least a 30-day** trial and failure of **TWO (2)** of the following (*check each that have been tried*):

<input type="checkbox"/> oxybutynin	<input type="checkbox"/> oxybutynin ER
<input type="checkbox"/> tolterodine	<input type="checkbox"/> tolterodine ER
<input type="checkbox"/> trospium	<input type="checkbox"/> trospium ER
<input type="checkbox"/> Oxytrol® for Women	

- Patient initiated therapy with Enablex®, Gelnique®, Myrbetriq®, Oxytrol® RX, Toviaz®, or VesiCare® while covered under another insurance plan and converted to Sentara/Optima coverage **within the last 60 days** (*subject to verification by Sentara/Optima*).

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**Previous therapies will be verified through pharmacy paid claims or submitted chart notes.**

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_                    Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_                    Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_                    Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 4/17/2014  
 REVISED/UPDATED: 5/8/2014; 5/28/2014; 11/2/2014; 5/22/2015; 12/28/2015; 12/31/2016; 8/16/2017