

OPTIMA HEALTH PLAN

PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

****Please Note: Infertility Treatment is a Group-Specific Benefit****

Drug Requested (select from below):

<input type="checkbox"/> Novarel® (chorionic gonadotropin)	<input type="checkbox"/> Ovidrel® (choriogonadotropin alfa)
<input type="checkbox"/> Pregnyl® (chorionic gonadotropin)	<input type="checkbox"/> chorionic gonadotropin

DRUG INFORMATION: Complete information below. Authorization process will be delayed if incomplete.

Drug Form/Strength: _____

Dosing Schedule: _____ Length of Therapy: _____

Diagnosis: _____ ICD Code, if applicable: _____

CLINICAL CRITERIA: The following criteria **MUST** be met. **ALL** boxes **must** be checked to qualify or authorization process will be delayed. **IF** medical chart notes or lab results need to be submitted with this request, it needs to be stated here.

For 3 Month Approval for Ovulation Induction: **All** of the following criteria **MUST** be met and chart notes submitted for documentation:

- Patient has a diagnosis of anovulatory infertility **AND**
- Diagnosis of infertility is not due to primary ovarian failure **AND**
- Medication is being requested for induction of ovulation **AND**
- Patient has been pre-treated with a follicular stimulating agent (such as gonadotropin, clomiphene citrate or letrozole)

For 3 Month Approval for Controlled Ovarian Hyperstimulation: **All** of the following criteria **MUST** be met and chart notes submitted for documentation:

- Patient has a diagnosis of infertility **AND**
- Medication is being requested for the development of multiple follicles (controlled ovarian hyperstimulation) **AND**
- Patient has been or will be pre-treated with a follicular stimulating agent (such as gonadotropin, clomiphene citrate or letrozole)

For 2 Month Approval for Prepubertal Cryptorchidism: **All** of the following criteria **MUST** be met and chart notes submitted for documentation:

- Patient is between 4-9 years of age **AND**
- Patient has a diagnosis of prepubertal cryptorchidism **NOT** due to anatomical obstruction

For 6 Month Approval for Diagnosis of Hypogonadotropic Hypogonadism with Male Infertility - All of the following criteria MUST be met and chart notes submitted for documentation:

- Medication is being used for treatment of male infertility **AND**
- Prescriber is an endocrinologist **AND**
- Patient has a diagnosis of hypogonadism secondary to pituitary deficiency (**MRI must be submitted for documentation**) **AND**

(continued on next page)

- Infertility is **NOT** due to primary hypogonadism **AND**
- Labs performed within the last 12 months documenting all of the following must be submitted:
 - Low morning testosterone lab level collected between 6AM – 11AM (*below normal reference level provided by the physician's lab*)
 - Low LH level (*below normal reference level provided by the physician's lab*)
 - Low FSH level (*below normal reference level provided by the physician's lab*)

For 6 Month Reauthorization for Diagnosis of Hypogonadotropic Hypogonadism with Male Infertility - All of the following criteria MUST be met and chart notes/labs submitted for documentation:

- Medication is being used for treatment of male infertility **AND**
- Prescriber is an endocrinologist **AND**
- Infertility is **NOT** due to primary hypogonadism **AND**
- Labs performed within the last 30 days documenting all of the following must be submitted:
 - Testosterone lab level collected between 6AM – 11AM is within normal limits of the reference levels provided by the physician's lab
 - LH level is within normal limits of the reference levels provided by the physician's lab
 - Low FSH level is within normal limits of the reference levels provided by the physician's lab

Medication being provided by a Specialty Pharmacy (check applicable box below):

For Optima Commercial Members:

- PropriumRx

For Family Care Members:

- Sentara Norfolk General CM Pharmacy

****Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.****

Previous therapies will be verified through pharmacy paid claims or submitted chart notes.

Patient Name: _____

Member Optima #: _____ Date of Birth: _____

Prescriber Name: _____

Prescriber Signature: _____ Date: _____

Office Contact Name: _____

Phone Number: _____ Fax Number: _____

DEA OR NPI #: _____

*Approved by Pharmacy and Therapeutics Committee: 4/19/2018
REVISED/UPDATED: 6/17/2018