

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to **1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If information provided is NOT complete, correct, or legible, the authorization can be delayed.**

**Drug Requested** (select drug below): **COMMERCIAL/FAMIS**

PREFERRED		
<input type="checkbox"/> <b>Linzess</b> <sup>®</sup> (linaclotide)	<input type="checkbox"/> <b>Movantik</b> <sup>™</sup> (naloxegol)	<input type="checkbox"/> <b>Symproic</b> <sup>®</sup> (naldemedine)
Non-Preferred		
<input type="checkbox"/> <b>Relistor</b> <sup>®</sup> (methylnaltrexone bromide)		

**DRUG INFORMATION:** Complete information below or authorization will be delayed.

**Drug Name/Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** Applicable boxes below **must** be checked to qualify or authorization process will be delayed. Chart notes of failure or OTC claims **MUST** be attached to request.

**Part A – for approval of Movantik<sup>™</sup> OR Symproic<sup>®</sup>, all of the following criteria **must** be met:**

- Member has a diagnosis of opioid-induced constipation is being treated for chronic, non-cancer pain
- AND**
- Member has tried and failed, has contraindication or intolerance to one of the following generics:
  - Lactulose                      **OR**                       Polyethylene glycol

**Part B – for approval of Relistor<sup>®</sup>, all of the following criteria **must** be met:**

- All criteria for **Part A** **must** be met
- AND**
- Member has had a 30-day trial of Movantik<sup>™</sup> **OR** Symproic<sup>®</sup>

**Part C – for approval of Linzess<sup>®</sup>: Approval length – 12 months. All of the following criteria **must** be met:**

- Member has a diagnosis of Chronic Idiopathic Constipation (CIC) OR Irritable Bowel Syndrome with Constipation (IBS-C)
- AND**
- Member has tried and failed, contraindication or intolerance to one of the following generics:
  - Lactulose                      **OR**                       Polyethylene glycol

(Continued on next page; signature page **MUST** be attached to this request form)

(Signature page **MUST** be included with request form)

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 10/15/2015

REVISED/UPDATED: 10/29/2015; 12/22/2015; 11/14/2016; 12/19/2016; 8/15/2017; 10/13/2018; (Reformatted) 3/5/2019