

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

**Drug Requested (select one below):**

**Insulins**

<input type="checkbox"/> NovoLOG <sup>®</sup> vial or FlexPen <sup>®</sup> (insulin aspart)	<input type="checkbox"/> Apidra <sup>®</sup> vial or SoloSTAR <sup>®</sup> (insulin glulisine)
<input type="checkbox"/> NovoLOG <sup>®</sup> Mix 70/30 vial or FlexPen <sup>®</sup> (insulin aspart protamine suspension/insulin aspart)	<input type="checkbox"/> NovoLIN <sup>®</sup> 70/30 (70% NPH insulin aspart protamine/30% Regular insulin aspart)
<input type="checkbox"/> NovoLIN <sup>®</sup> N (insulin aspart)	<input type="checkbox"/> Levemir <sup>®</sup> vial or FlexTouch <sup>®</sup> (insulin detemir)
<input type="checkbox"/> NovoLIN <sup>®</sup> R (insulin aspart)	<input type="checkbox"/> Tresiba <sup>®</sup> FlexTouch <sup>®</sup> (insulin degludec U-100/200)
	<input type="checkbox"/> Basaglar <sup>®</sup> (insulin glargine)

**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

**Drug Name/Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** ALL appropriate boxes must be checked to qualify or authorization process will be delayed.

**For NovoLOG<sup>®</sup>, NovoLIN<sup>®</sup> or Apidra<sup>®</sup> products, please check below: (All boxes must be checked)**

- Patient has tried and failed at least 30 days of therapy with a Humalog<sup>®</sup> or Humulin<sup>®</sup> product

**For Levemir<sup>®</sup> or Tresiba<sup>®</sup> please check below: (All boxes must be checked)**

- Patient has tried and failed at least 30 days of therapy with Lantus<sup>®</sup> or Toujeo<sup>®</sup>
- For Levemir<sup>®</sup>**, is patient a pregnant female? Yes \_\_\_\_\_ No \_\_\_\_\_
  - If yes, please note expected delivery date: \_\_\_\_\_

**For Basaglar<sup>®</sup> please check below: (All boxes must be checked)**

- Patient has tried and failed at least 30 days of therapy with Lantus<sup>®</sup>
- AND**
- Patient has tried and failed at least 30 days of therapy with Toujeo<sup>®</sup>
- AND**
- Patient has tried and failed at least 30 days of therapy with Levemir<sup>®</sup>

***\*Use of samples to initiate therapy does not meet step-edit/preauthorization criteria.\****

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Member Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by the Pharmacy and Therapeutics Committee: 10/15/2015

REVISED/UPDATED: 10/26/2015; 12/22/2015; 6/16/2016; 8/3/2016; 12/12/2016; 5/4/2017; 5/17/2017; 6/28/2017; 8/14/2017.