

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

### Drug Requested (select drug below):

INCRELEX® (mecasermin)

iPlex® (mecasermin rinfabate/pf)

**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

Drug Name/Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** ALL appropriate boxes must be checked to qualify or authorization process will be delayed. Chart and progress notes MUST be attached to this request.

### Diagnoses:

Severe primary insulin-like growth factor-1 (IGF-1) deficiency

Growth hormone gene deletion

Other (please specify)

### Clinical Information:

Pre-treatment height: \_\_\_\_\_

Pre treatment age: \_\_\_\_\_

Pre treatment IGF-1 value (normal range \_\_\_\_\_)  
(Less than or equal to 3 standard deviations below the mean for age and gender)

Pre treatment Growth Hormone Level (normal range \_\_\_\_\_)  
(Normal or elevated growth hormone levels)

Date: \_\_\_\_\_ Value: \_\_\_\_\_

Date: \_\_\_\_\_ Value: \_\_\_\_\_

For diagnosis Growth hormone gene deletion:

Neutralizing antibodies to GH

Yes

No

DATE: \_\_\_\_\_

**Criteria for Continuation of Therapy: Approval is for 12 months.**

If 16 years old or older, provide yearly appropriate document of epiphyses not close

Growth rate velocity must be equal to or greater than 2.5cm/year

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\* Approved by Pharmacy and Therapeutics Committee: 4/15/17/2013

REVISED/UPDATED: 6/14/13; 4/7/2014; 10/20/2014; 11/6/2014; 5/21/2015; 12/28/2015; 12/19/2016 8/14/2017.