

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

**Drug Requested:** (Choose one from below):

<input type="checkbox"/> <b>Trintellix®</b> (vortioxetine)	<input type="checkbox"/> <b>Fetzima®</b> (levomilnacipran)
<input type="checkbox"/> <b>Pristiq®</b> (desvenlafaxine)	<input type="checkbox"/> <b>Viibryd®</b> (vilazodone)

**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

Drug Name/Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** Check below ALL that apply. Boxes must be checked to qualify or authorization process will be delayed.

Patient must have documentation of at least a 30 day trial and failure with either:

TWO of the following SSRIs

**OR**

ONE of the following SSRIs and venlafaxine ER

**Check each drug that has been tried. If not checked, authorization process will be delayed.**

<input type="checkbox"/> citalopram	<input type="checkbox"/> escitalopram	<input type="checkbox"/> fluoxetine
<input type="checkbox"/> paroxetine	<input type="checkbox"/> sertraline	<input type="checkbox"/> venlafaxine ER

Patient initiated therapy with Trintellix®, Fetzima®, Pristiq® or Viibryd® while covered under another insurance plan and converted to Sentara/Optima coverage within the last 60 days (subject to verification by Sentara/Optima).

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee:

REVISED/UPDATED: 1/2009; 2/21/2011; 6/14/2011; 7/21/2011; 9/12/2011; 2/16/2012; 3/7/2012; 5/25/2012; 7/1/2012; 1/16/2014; 2/40/2014; 2/20/2014; 3/21/2014; 5/7/2014; 10/30/2014; 5/21/2015; **12/27/2015**; 5/3/2016; 5/27/2016; 12/16/2016; **8/13/2017**