

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: *The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.*

**Drug Requested:**            **Endari™** (L-glutamine oral powder)

**DRUG INFORMATION:** *Complete information below. Lines not completed will delay authorization process.*

**Drug Form/Strength/Quantity:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_                      **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_                      **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** *Complete **ALL** information below or authorization process will be delayed  
Medical documentation **MUST** be attached to this request form.*

***For Initial 6-Month Approval  
(**ALL** criteria **MUST** be met for approval)***

- Patient must be 5 years of age or older.  
**AND**
- Patient must have a diagnosis of Sickle Cell disease  
**AND**
- Provider must be a hematologist or oncologist specializing in treatment of Sickle Cell disease  
**AND**
- Patient must have been compliant with hydroxyurea for at least 90 days (compliance will be documented by pharmacy paid claims)  
**AND**
- Documentation of frequency of episodes of Sickle Cell crisis must be attached (medical chart notes from the last 6 months must be submitted including documentation of ER visits and Sickle Cell crisis events)

***For Continuation of Therapy – 12 Month Approval  
(**ALL** criteria **MUST** be met for continued approval)***

- Patient must have been compliant with BOTH Endari AND hydroxyurea since last approval (monthly pharmacy claims must be noted)  
**AND**
- The frequency of the patient's episodes of Sickle Cell crisis must have decreased since last approval of Endari (medical chart notes from the last 6 months must be submitted including documentation of ER visits and crisis events)

*(signature on next page)*

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**DEA OR NPI #:** \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 11/16/2018  
REVISED/UPDATED: 2/22/2018