

# OPTIMA HEALTH PLAN

## PHARMACY/MEDICAL PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; **(Pharmacy) 1-800-750-9692.** No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If the information provided is not complete, correct, or legible, the authorization process can be delayed.**

**Drug Requested:** **D-Penaminate<sup>®</sup>** (penicillamine)

**DRUG INFORMATION:** Complete information below or authorization will be delayed if incomplete.

**Drug Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** Check below **ALL** that apply. **ALL** criteria **must** be met for approval. **ALL** documentation including labs or chart notes (if required) **must** be submitted or request will be denied.

**Diagnoses:** Check the diagnosis below that applies. **ALL** criteria **must** be met for approval.

**Initial authorization for approval for Wilson's Disease:** **ALL** criteria **must** be met to qualify for initial 3-month approval. Chart notes must be submitted for documentation.

Patient **must** have diagnosis of Wilson's disease

**AND**

Medication **must** be prescribed by or in consultation with a gastroenterologist or hepatologist

**AND**

Diagnosis was confirmed by one of the following (please submit labs or chart notes for documentation):

- Presence of Kayser-Fleisher rings
- Serum ceruloplasmin (CPN) <20mg/dL
- 24-hour urine copper > 40 mcg
- Liver biopsy with copper dry weight > 250 mcg/g

**AND**

Dose will not exceed 1.5gm/day

**Reauthorization for Wilson's Disease:** **ALL** criteria **must** be met to qualify for continued 12-month approval. Labs must be submitted for documentation.

Patient's serum copper level is <10 mcg free copper/dL of serum

**AND**

Dose will not exceed 1.5gm/day

(Continued on next page)

**Initial authorization for Cystinuria:** **ALL** criteria **must** be met to qualify for initial 6-month approval. Chart notes must be submitted for documentation.

- Patient **must** have diagnosis of cystinuria

**AND**

- Medication **must** be prescribed by or in consultation with a nephrologist or metabolic geneticist

**AND**

- Patient must have urinary cystine excretion of >300mg/day

**AND**

- Patient must have had 30-day trial and failure of potassium citrate or other urinary alkalinizing agent along with sodium and protein-restricted diet and hyperdiuresis (urine output of at least 3L/day)

**AND**

- Dose will not exceed 4gm/day

**Reauthorization for Cystinuria:** **ALL** criteria **must** be met to qualify for continued 12-month approval. Labs must be submitted for documentation.

- Patient must have urinary cystine excretion of <200mg/day

**AND**

- Dose will not exceed 4gm/day

**Initial authorization for severe active Rheumatoid Arthritis:** **ALL** criteria **must** be met to qualify for initial 6-month approval. Chart notes must be submitted for documentation.

- Patient must have a diagnosis of severe active Rheumatoid Arthritis

**AND**

- Medication **must** be prescribed by or in consultation with a rheumatologist

**AND**

- Patient has had 30-day trial and failure of 2 of the following: Humira®, Cimzia® or Simponi®

**AND**

- Dose will not exceed 250mg/day for the first month and 1.5gm/day for maintenance therapy

**Reauthorization for severe active Rheumatoid Arthritis:** **ALL** criteria **must** be met to qualify for continued 6-month approval. Chart notes must be submitted for documentation.

- Patient must have shown a clinically significant improvement in rheumatoid arthritis symptoms with chart notes documenting improvement in symptoms

(Continued on next page; Signature page **must** be attached to this request form)

(Signature page **must** be included with form)

**Medication being provided by Specialty Pharmacy - PropriumRx**

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**DEA OR NPI #:** \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 1/17/2019  
REVISED/UPDATED: 3/6/2019