

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; **fax to 1-800-750-9692.** No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If information provided is NOT complete, correct, or legible, authorization can be delayed.**

### COMMERCIAL/FAMIS

#### **Drug Requested:**

**Amitiza**<sup>®</sup> (lubiprostone)

**Trulance**<sup>®</sup> (plecanatide)

**DRUG INFORMATION:** Complete information below or authorization will be delayed.

**Drug Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**CLINICAL CRITERIA:** Check below **ALL** that apply. **ALL** criteria **MUST** be met for approval. **ALL** documentation, including labs or chart notes (if required) documenting OTC medication trials, **must** be attached to this form or request will be denied.

**Diagnosis for Trulance<sup>®</sup> - Oral, 3 mg once daily.** Check below that applies:

Chronic Idiopathic Constipation (CIC)

**OR**

Irritable Bowel Syndrome with Constipation (IBS-C)

**AND**

Trial and failure, contraindication, or intolerance to **one (1)** of the following generics:

lactulose

polyethylene glycol (generic Miralax)

**AND**

Trial and failure, contraindication, or intolerance to Linzess<sup>®</sup>

**Diagnosis for Amitiza<sup>®</sup>** - Check below that applies:

**Chronic Idiopathic Constipation (CIC)** (Oral-24mcg twice daily) **OR**

**Irritable Bowel Syndrome with Constipation (IBS-C)** (Females ≥ 18 years: Oral 8mcg twice daily)  
**OR**

**Opioid-induced constipation** (Oral – 24mcg twice daily)

Trial and failure, contraindication, or intolerance to one of the following generics:

lactulose

polyethylene glycol (generic Miralax)

**AND**

(continued on next page)

Trial and failure, contraindication, or intolerance to **one (1)** of the following preferred brands:

<input type="checkbox"/> Linzess®	<input type="checkbox"/> Movantik®	<input type="checkbox"/> Symproic®
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**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 7/20/2017

REVISED/UPDATED: 9/28/2017; 3/5/2019