

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

### MEDICAID ONLY

**Drug Requested:** (check one below)

- Amitiza®** (lubiprostone)                       **Linzess®** (linaclotide)

**DRUG INFORMATION:** Complete information below. If incomplete, authorization process will be delayed.

Drug Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** ALL boxes below **MUST** be checked to qualify or authorization process will be delayed. Chart notes documenting OTC medication trials **MUST** be attached to request.

• **Diagnoses** (check one from below):

- Chronic Idiopathic Constipation                       Opioid-induced Constipation  
 Irritable Bowel Syndrome with Constipation                       Other \_\_\_\_\_

**AND**

Member has tried and failed at least **three (3)** laxative therapies **within the last 4 months:**

|                                |                                    |  |  |                                      |
|--------------------------------|------------------------------------|--|--|--------------------------------------|
| <input type="checkbox"/> senna | <input type="checkbox"/> bisacodyl | <input type="checkbox"/> polyethylene glycol (generic Miralax) | <input type="checkbox"/> phosphosoda enema | <input type="checkbox"/> Other _____ |
|--------------------------------|------------------------------------|--|--|--------------------------------------|

**AND**

- Member has tried and failed lactulose **within the last 4 months.**  
 Patient is  $\geq$  18 years of age

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 1/15/2016

REVISED/UPDATED: 3/30/2016; 4/26/2016; 11/14/2016; 12/15/2016; 8/9/2017