

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: *The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.*

**Drug Requested:**                    **Afrezza®** (insulin human)

**DRUG INFORMATION:** Complete information below. If incomplete, authorization process will be delayed.

Drug Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** ALL boxes **must** be checked to qualify or authorization process will be delayed. Chart notes (documentation) of failure **MUST** be attached to request.

Check the indication that applies:     Type 1 diabetes                     Type 2 diabetes

**Initial Authorization Approval: Approval for six (6) months in length**

Patient has tried and failed <b>30 days</b> of therapy with subcutaneous rapid acting insulin <input type="checkbox"/> Humalog® <input type="checkbox"/> Apidra® <input type="checkbox"/> Novolog®	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient is at least 18 years of age	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient currently smokes or has quit smoking within the past 6 months*	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient is diagnosed with chronic obstructive pulmonary disease (COPD)*	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient is diagnosed with asthma*	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Pulmonary function tests were completed* <input type="checkbox"/> FEV <sub>1</sub> : _____ Date: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If treating <b>type 1 diabetes</b> : patient is on concomitant long acting insulin*	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If treating <b>type 2 diabetes</b> : patient has tried and failed 30 days of therapy with <b>at least 2 oral</b> antidiabetic medications: _____;	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**\*Continuation of Approval - based on re-submission of above criteria and current spirometry results. Approval for one (1) year in length.**

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 3/19/2015  
REVISED/UPDATED: 4/29/2015; 12/24/2015; 12/15/2016; 8/19/2017;