

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process. Use one form per member.

**Drug Requested:** *Oral Buprenorphine for Opioid Dependency (MEDICAID ONLY)*

**DRUG INFORMATION:** Complete the following information below. If incomplete, authorization process will be delayed.

**Opioid Dependency – Oral Buprenorphine**

**Maximum Quantities for PREFERRED**  
DOSES GREATER THAN 16 MG/DAY WILL NOT BE APPROVED WITHOUT MEDICAL JUSTIFICATION

<input type="checkbox"/> buprenorphine SL tab 2mg                      3/day	<input type="checkbox"/> Suboxone® SL film 2–0.5mg                      3/day	<input type="checkbox"/> Suboxone® SL film 8–2mg                      2/day
<input type="checkbox"/> buprenorphine SL tab 8mg                      2/day	<input type="checkbox"/> Suboxone® SL film 4–1mg                      1/day	<input type="checkbox"/> Suboxone® SL film 12–3mg                      1/day

**Maximum Quantities for NON-PREFERRED**  
DOSES GREATER THAN 16 MG/DAY WILL NOT BE APPROVED WITHOUT MEDICAL JUSTIFICATION

<input type="checkbox"/> Bunavail™ 2.1–0.3mg buccal film                      4/day	<input type="checkbox"/> buprenorphine/naloxone SL tab 8–2mg                      2/day	<input type="checkbox"/> Zubsolv™ SL tab 2.9–0.71mg                      2/day
<input type="checkbox"/> Bunavail™ 4.2–0.7mg buccal film                      2/day	<input type="checkbox"/> Zubsolv™ SL tab 0.7–0.18mg                      2/day	<input type="checkbox"/> Zubsolv™ SL tab 5.7–1.4mg                      2/day
<input type="checkbox"/> Bunavail™ 6.3–1mg buccal film                      1/day	<input type="checkbox"/> Zubsolv™ SL tab 2.9–0.71mg                      2/day	<input type="checkbox"/> Zubsolv™ SL tab 8.6–2.1mg                      1/day
<input type="checkbox"/> buprenorphine/naloxone SL tab 2–0.5mg                      3/day	<input type="checkbox"/> Zubsolv™ SL tab 1.4–0.36mg                      3/day	<input type="checkbox"/> Zubsolv™ SL tab 11.4–2.9mg                      1/day

**DRUG NAME/FORM:** \_\_\_\_\_ **STRENGTH:** \_\_\_\_\_ **QUANTITY PER DAY:** \_\_\_\_\_

**CLINICAL CRITERIA:** Information **MUST** be completed or authorization process will be delayed.

**TREATMENT INFORMATION**

1. Does patient meet criteria for a diagnosis of Opioid Use Disorder (defined by DSM 5: <http://pcssmat.org/wp-content/uploads/2014/02/5-B-DSM-5-Opioid-Use-Disorder-Diagnostic-Criteria.pdf>)?  Yes     No
2. Is the patient 16 years of age or older?  Yes     No
3. **PSYCHOLOGICAL COUNSELING**
  - For **Initial treatment** (1<sup>st</sup> 3 months), is the patient participating in psychosocial counseling (individual or group) at least once per week?  Yes     No
  - For **Maintenance** (after the 1<sup>st</sup> 3 months), is the patient participating in psychosocial counseling (individual or group) at least once to twice per month?  Yes     No
  - Provide name and phone number of behavioral health care provider that is providing counseling below & Date of next appointment: \_\_\_\_\_

**LAST NAME:** \_\_\_\_\_ **FIRST NAME:** \_\_\_\_\_  
**PHONE NUMBER:** \_\_\_\_\_ **FAX NUMBER:** \_\_\_\_\_

**VIRGINIA PRESCRIPTION MONITORING PROGRAM (PMP) - <https://virginia.pmpaware.net>**

4. Has the prescriber reviewed the Virginia Prescription Monitoring Program (PMP) **before the initiation of therapy?**  Yes     No  
Document fill date of last opioid RX \_\_\_\_\_ Document fill date of last benzodiazepine Rx \_\_\_\_\_
5. Has the prescriber reviewed the Virginia PMP **on the date of the request for Maintenance** of therapy?  Yes     No
6. Is the patient pregnant?  Yes     No
  - **If yes**, document Expected Date of Delivery \_\_\_\_\_
  - **If yes**, positive pregnancy test must be provided as part of this request. Is it attached?  Yes     No
  - **PLEASE NOTE:** Buprenorphine monotherapy will only be covered for pregnant women for a maximum of 10 months (1 month after the expected date of delivery). **No other indications will be accepted.**

**CONCURRENT MEDICATIONS**

7. Is the patient taking any of the following medications (see below)?  Yes  No
- Benzodiazepines, opioids, sedative hypnotics, tramadol (Ultram), carisoprodol (Soma)
  - **If yes,** Due to a higher risk of fatal overdose with concomitant use of these drugs, the prescriber shall only co-prescribe these substances when there are extenuating circumstances and shall document in the medical record a tapering plan to achieve the lowest possible effective doses of these medication. Prescriber has a documented tapering plan?  Yes  No

**URINE DRUG SCREENING DURING MAINTENANCE PHASE**

8. Is the prescriber checking random urine drug screens at least 4 times per 6 months?  Yes  No
- The urine drug screens **MUST** check for buprenorphine, norbuprenorphine, methadone, oxycodone, benzodiazepines, amphetamine/methamphetamine, cocaine, heroin, THC, and other prescription opiates.
9. Has prescriber **attached** to this request the last 2 urine drug screens (with at least 1 of these screenings within past month)  Yes  No
10. Are all urine drug screens positive for buprenorphine/norburpenorphine?  Yes  No
11. Are all urine drug screens negative for all other substances?  Yes  No
12. **If the answer to question 10 and/or 11 is no:**
- Provide written documentation of steps being taken to address patient's possible diversion of buprenorphine and/or ongoing use of other substances including intensifying the counseling that patient is receiving and/or considering referral to higher level of care (such as intensive outpatient, partial hospitalization, or residential treatment). Has this documentation been attached?  Yes  No

**NON-PREFERRED PRODUCTS**

Non-Preferred agents require documentation as to why the patient cannot be prescribed a preferred agent. Include details and a completed FDA MedWatch form is required to be attached for adverse reactions to combination products.

13. **If requesting a Non-Preferred agent** (Zubsolv, Bunavail), has required documentation been attached?  Yes  No

**Dosage**

If requesting a dose of greater than 16 mg per day, provide clinical rationale including documentation of why this higher dose is medically necessary. **Doses greater than 24mg/day will not be approved. Rationale is summarized below and documentation (chart notes) are attached?**

14. **If requesting a dose greater than 16mg per day,** has clinical rational been attached or provided in area below?  Yes  No

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Note:**

- **Initial Authorization** will be for a period of **3 months**.
- Subsequent requests for **Maintenance Therapy** will be for a period up to **6 months**.

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA/NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 11/17/2016  
REVISED/UPDATED: 11/28/2016; 12/22/2016; 3/28/2017; 8/25/2017; 12/27/2017; 3/22/2018

## Patient Utilization Management and Safety (PUMS) Program

Optima Health Plan has a Patient Utilization Management & Safety (PUMS) program in place. The program makes sure that members are getting the proper health care, especially when it comes to patient safety.

### **PUMS Program Goal:**

PUMS deals with prescription drugs as well as other kinds of health care, making certain the member is getting treatment that is proper and safe. Optima Health's clinical staff reviews our members' use of health care services to see whether they should be in the PUMS program. For members in the PUMS program, Optima Health takes extra steps to make sure they use services safely.

### **Being considered for PUMS does NOT mean a member has done anything wrong.**

For any member who may be at risk for unsafe services, Optima Health must review whether the member should be in the PUMS program. In cases involving buprenorphine use, the member will automatically enrolled in the PUMS program.

### **How Might PUMS Change a Member's Care?**

Optima Health may offer case management services. Optima Health could set a single doctor for controlled substances to see the member, or a single pharmacy to provide controlled substance prescription drugs.

**PUMS Member Rights:** Optima Health will send every PUMS member a letter about the program. The letter will make clear how the member can get emergency care. The letter will also tell them how they can appeal being placed in the PUMS program.

**PLEASE NOTE:** Optima Health doctors and pharmacists now use the Prescription Monitoring Program (PMP). The PMP helps them make sure that prescription drugs are used safely. Among other Patient Utilization Management & Safety (PUMS) triggers we review patients who have:

**High Average Daily Dose:**  $\geq 120$  cumulative morphine milligram equivalents (MME) per day over the past 90 days.

**And/or**

**Concurrent use of Opioids and Benzodiazepines** – at least 1 Opioid claim and 14 day supply of Benzo (in any order)

Our approach is to work collaboratively with patients and providers to ensure safe and appropriate use of controlled substances. We utilize and promote:

- A) PMP Checks
- B) Letters to Doctor & Member
- C) Soft and Hard Pharmacy edits for Benzodiazepine and Opioid utilization
- D) Following CDC Opioid Guidelines
- E) Case Management as appropriate

We greatly appreciate your collaboration and Health Care service to our members. As part of our PUMS safety review we hope to collaborate with you for complete patient information with the goal of validating safe and appropriate controlled substance use and coordinated patient care.

RESPECTFULLY,

Optima Health Plan CLINICAL STAFF