

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-750-9692. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

### Drug Requested (select one below):

<input type="checkbox"/> Lovaza® (Omega-3-acid ethyl esters 90)	<input type="checkbox"/> Vascepa® (icosapent ethyl)
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**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

Drug Name/Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

**CLINICAL CRITERIA:** The following criteria **MUST** be checked to qualify or authorization process will be delayed.

- Patient's current triglyceride level is  $\geq 500$ mg/dl (submit labs documenting current level)
- Patient has failed **at least 90 days** of OTC fish oil capsules at a dose of **at least 4 grams per day**.

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\* Approved by Pharmacy and Therapeutics Committee: 6/15/2006  
REVISED/UPDATED: 7/22/2010; 9/13/2011; 4/9/2014; 11/2/2014; 5/22/2015; 12/28/2015; 1/21/2016; 3/30/2016; 4/26/2016; 12/19/2016; 9/21/2017