

# OPTIMA HEALTH COMMUNITY CARE

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to 1-800-319-5003. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete form will delay authorization process.

***This is a group specific benefit***

**Drug Requested:** (check applicable box below)

**Weight Management Drugs**

<input type="checkbox"/> <b>Adipex-P®</b> (phentermine HCl)	<input type="checkbox"/> <b>Belviq®/BelviqXR®</b> (lorcaserin)
<input type="checkbox"/> <b>Contrave®</b> (naltrexone HCl/bupropion HCl)	<input type="checkbox"/> <b>Qsymia®</b> (phentermine/topiramate ER)
<input type="checkbox"/> <b>Suprenza®</b> (phentermine HCl)	<input type="checkbox"/> <b>Xenical®</b> (orlistat)

**DRUG INFORMATION:** Complete information below. Authorization process will be delayed if incomplete.

Drug Name/Form/Strength: \_\_\_\_\_

Dosing Schedule: \_\_\_\_\_ Length of Therapy: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD Code, if applicable: \_\_\_\_\_

- **All of the above medications are Pregnancy Category X.**

**CLINICAL CRITERIA:** At least one of the following criteria **MUST** be met to qualify. Current height/weight **MUST** be included. Chart notes/lab results **MUST** be attached to this request or authorization process will be delayed.

**Initial Authorization**  
***Belviq®/Belviq XR® - 12 Weeks Only***  
**ALL other medications listed above - 16 Weeks**

Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_ BMI: \_\_\_\_\_

- Patient has a BMI of 40 or greater

**OR**

- Patient has a BMI of 35 with co-morbid conditions that may include coronary artery disease, hypertension, CHF, diabetes, dyslipidemia, or sleep apnea.

Comorbid Condition(s): \_\_\_\_\_ ***(chart notes MUST be attached)***

**Continued Approval – 6 months**  
***(contingent upon patient continuing to lose weight up to desired BMI)***

- Patients on **Belviq /Belviq XR®** therapy should be discontinued if 5% weight loss is not achieved by week 12.
- Patients on **Contrave®** therapy should be discontinued if 5% weight loss is not achieved after 12 weeks of maintenance dosing.
- For patients on **Qsymia®** therapy should be discontinued or dose escalated if 3% weight loss is not achieved after 12 weeks on 7.5mg/46mg dose. Discontinue **Qsymia®** if 5% weight loss is not achieved after 12 weeks on maximum daily dose of 15mg/92mg.

*(signature on next page)*

**\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\***

**\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\***

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*REVISED/UPDATED: 8/27/2017;