

# OPTIMA HEALTH COMMUNITY CARE AND OPTIMA FAMILY CARE (MEDICAID)

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to **1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. Incomplete forms will delay the authorization process.

**Drug Requested:**           **Stimulants/ADHD Medications**

**Length of Authorization:**   **ONE YEAR**

<b>DRUG INFORMATION:</b> Complete the information below to qualify or authorization process will be delayed.		
<b>Drug Name:</b>	<b>Dosage Form/Strength:</b>	<b>Quantity:</b>
<b>Administration Schedule:</b>	<b>Total Daily Dose:</b>	<input type="checkbox"/> New Therapy <b>OR</b> <input type="checkbox"/> Continuation Therapy

<b>Clinical Criteria:</b> The following criteria <b>MUST</b> be met or authorization process will be delayed.	
1. Is the patient between the ages 0-3?	<input type="checkbox"/> Yes – if yes, complete section A. <input type="checkbox"/> No
2. Is the patient between the ages 4-17?	<input type="checkbox"/> Yes – if yes, complete section B. <input type="checkbox"/> No
3. Is the patient 18 years of age or older?	<input type="checkbox"/> Yes – if yes, complete section C. <input type="checkbox"/> No

<b>Section A: Patient between the ages 0-3</b>
<p>1. Are you a <b><u>pediatric psychiatrist, pediatric neurologist, or developmental/behavioral pediatrician?</u></b></p> <p><input type="checkbox"/> Yes – indicate specialty: _____ then skip to question 3</p> <p><input type="checkbox"/> No – if no, complete question 2</p> <p>2. Has the prescriber consulted with a Psychiatrist, Neurologist, or Developmental/Behavioral Pediatrician prior to prescribing the requested medication?</p> <p><input type="checkbox"/> Yes – if yes, complete: Name: _____ Specialty: _____</p> <p style="padding-left: 20px;">Date of Consult: _____</p> <p><input type="checkbox"/> No</p> <p>3. Are you prescribing a preferred drug? <b>Refer to Table 1 for list of preferred/non-preferred drugs.</b></p> <p><input type="checkbox"/> Yes – if YES, check the box in the table next to the preferred drug you are requesting</p> <p><input type="checkbox"/> No – if NO, check the boxes in the table next to the preferred alternatives that the patient has tried and failed, then check the box next to the non-preferred drug you are requesting</p> <p>4. Submit completed form.</p>

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## Section B: Patient between the ages 4-17

1. Are you prescribing a preferred drug? **Refer to Table 1 for list of preferred/non-preferred drugs.**
  - Yes – if yes, you do not need to submit a prior authorization
  - No – if no, check the boxes in the table next to the preferred alternatives that the patient has tried and failed, then check the box next to the non-preferred drug you are requesting
2. Submit completed form.

## Section C: Patients that are 18 years of age or older

1. Is the patient a new start to Stimulant/ADHD medication?
  - Yes – if yes, skip to Part 1: Initial Request
  - No – if no, skip to Part 2: Maintenance Request

### Part 1: Initial Request

1. Indicate the diagnoses being treated (**include all ICD 10 codes if applicable**):  
\_\_\_\_\_
2. Did the prescriber use the *Diagnostic and Statistical Manual of Mental Disorders, 5<sup>TH</sup> Edition* and determine that criteria have been met (**including documentation of impairment in more than 1 major setting**) to make the diagnosis of ADHD?
  - Yes
  - No
3. Has the prescriber reviewed the Virginia Prescription Monitoring Program (PMP) on the date of this request? Use the link to visit the website:  
<https://www.pmp.dhp.virginia.gov/VAPMPWebCenter/login.aspx>
  - Yes – go to question 4
  - No – go to question 5
4. Document fill date of last opioid Rx, or indicate N/A if there is no opioid Rx:  
\_\_\_\_\_  
Document fill date of last benzodiazepine Rx, or indicate N/A if there is no benzodiazepine Rx:  
\_\_\_\_\_
5. Has the prescriber ordered and reviewed a urine drug screen (UDS) prior to initiating treatment with the requested stimulant within 30 days of this request. (The urine drug screens **MUST** check for benzodiazepines, amphetamine/methamphetamine, cocaine, heroin, THC, and other prescription opiates).
  - Yes – if yes, please attach most recent UDS
  - No
6. Are you prescribing a preferred drug? **Refer to Table 1 for list of preferred/non-preferred drugs.**
  - Yes – if yes, check the box in the table next to the preferred drug you are requesting
  - No – if no, check the boxes in the table next to the preferred alternatives that the patient has tried and failed, then check the box next to the non-preferred drug you are requesting
7. Submit completed form.

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**Part 2: Maintenance Request**

1. Has the practitioner checked the Prescription Monitoring Program at least every three months after the initiation of treatment?
  - Yes – if yes, provide the date of the most recent check: \_\_\_\_\_
  - No
2. Has the practitioner ordered and reviewed a random urine drug screen at least every six (6) months.
  - Yes – if yes, provide the date of the most recent check: \_\_\_\_\_
  - No
3. Has the practitioner regularly evaluated the patient for stimulant and/or other substance use disorder, and, if present, initiated specific treatment, consulted with an appropriate health care provider, or referred the patient for evaluation for treatment if indicated.  Yes  No
4. Are you prescribing a preferred drug? **Refer to Table 1 for list of preferred/non-preferred drugs.**
  - Yes – if yes, check the box in the table next to the preferred drug you are requesting
  - No – if no, check the boxes in the table next to the preferred alternatives that the patient has tried and failed, then check the box next to the non-preferred drug you are requesting
5. Submit completed form.

**TABLE 1: LIST OF PREFERRED AND NON-PREFERRED\* DRUGS**

\*If requesting a **non-preferred drug**, patient **MUST** have tried and failed at least 30 days of therapy with two (2) preferred alternatives. **Please check the box next to the preferred alternatives that were tried and failed.**

PREFERRED:	NON-PREFERRED:
<b>AMPHETAMINE DRUGS</b>	
<input type="checkbox"/> Adderall XR <input type="checkbox"/> Amphetamine salt combo (generic for Adderall IR) <input type="checkbox"/> Dextroamphetamine (generic for Dexedrine) <input type="checkbox"/> Vyvanse cap/chewable tab (lisdexamfetamine)	<input type="checkbox"/> Adderall IR (amphetamine salts combo) <input type="checkbox"/> Adzenys XR ODT <input type="checkbox"/> Adzenys ER susp <input type="checkbox"/> amphetamine salts combo XR <input type="checkbox"/> Desoxyn <input type="checkbox"/> Dexedrine <input type="checkbox"/> dextroamphetamines SR & soln <input type="checkbox"/> Dyanavel XR susp <input type="checkbox"/> Evekeo <input type="checkbox"/> methamphetamine <input type="checkbox"/> Mydayis ER <input type="checkbox"/> Procentra soln <input type="checkbox"/> Zenzedi

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<b>METHYLPHENIDATE DRUGS</b>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> All methylphenidate IR generic*</li> <li><input type="checkbox"/> Concerta</li> <li><input type="checkbox"/> Daytrana Transdermal</li> <li><input type="checkbox"/> Focalin IR and XR</li> <li><input type="checkbox"/> QuilliChew ER</li> <li><input type="checkbox"/> Quillivant XR susp</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Aptensio XR</li> <li><input type="checkbox"/> Cotempla XR ODT</li> <li><input type="checkbox"/> dexmethylphenidate IR &amp; XR</li> <li><input type="checkbox"/> Metadate CD</li> <li><input type="checkbox"/> Metadate ER</li> <li><input type="checkbox"/> Methylin ER, soln IR</li> <li><input type="checkbox"/> methylphenidate chew &amp; soln</li> <li><input type="checkbox"/> methylphenidate ER, LA, SR</li> <li><input type="checkbox"/> Ritalin IR, LA, &amp; SR</li> </ul>
<b>MISCELLANEOUS DRUGS</b>	
<ul style="list-style-type: none"> <li><input type="checkbox"/> atomoxetine (generic for Strattera)</li> <li><input type="checkbox"/> guanfacine ER</li> <li><input type="checkbox"/> Kapvay SR12 H</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> armodafinil (generic Nuvigil)</li> <li><input type="checkbox"/> clonidine ER (generic Kapvay)</li> <li><input type="checkbox"/> modafinil</li> <li><input type="checkbox"/> Nuvigil (AG)</li> <li><input type="checkbox"/> Provigil (AG)</li> <li><input type="checkbox"/> Strattera</li> <li><input type="checkbox"/> Intuniv</li> </ul>

*\*Use of samples to initiate therapy **does not** meet step-edit/preauthorization criteria.\**

*\***Previous therapies will be verified through pharmacy paid claims or submitted chart notes.**\**

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**DEA OR NPI #:** \_\_\_\_\_

**\*Approved by Pharmacy and Therapeutics Committee: 11/27/2016**  
**REVISED/UPDATED: 12/9/2016; 1/20/2017; 1/27/2017; 8/9/2017; 9/29/2017; 5/30/2018; 8/20/2018; 9/29/2018**