Welcome to Optima Health!

When you enroll in an OptimaDirect® or OptimaFit® Direct (Direct) plan, you may need to select a Primary Care Physician (PCP) from our network of affiliated PCPs. You may change your designated PCP at any time. Please note, every family member on your plan may select a different PCP. If you have children, you may choose a participating pediatrician as their PCP.

Optima Health plans do not require a referral from a PCP to visit another doctor or specialist. However, your PCP can help coordinate your healthcare needs and serve as your first step to determine an illness or condition, offer methods of care, write prescriptions, and recommend specialists or facilities, if additional diagnoses and follow up is needed. The selected specialist must participate in the Optima Health network in order to be covered under your in-network benefits.

This directory is current as of the date listed on the cover; however, it does not guarantee that the provider is still in the network or accepting new members at the time of your visit. It is the member’s responsibility to know which providers are participating Plan providers. The most current information regarding provider participation is available at optimahealth.com or on the Optima Health mobile app. To access the most current listing of Direct plan providers, be sure to select the Direct option from the drop down menu.

To find out the professional qualifications of most Plan physicians, please call 757-552-7200 or 1-800-736-8272, or visit our website at optimahealth.com. This information is available 24 hours a day, 7 days a week. If you have any questions about your health benefits, please call Member Services at the number listed on the back of your member ID card.

Direct Network
As a member of a Direct plan, you have a tiered network of providers. This means that you have the freedom to choose from any healthcare provider in the network. You will have a lower cost share—in the form of lower Copayments and Coinsurance amounts—for using a Tier 1 provider. With this network design, you have the option to also visit Tier 2 providers for a higher cost share than a Tier 1 provider. Please refer to your plan documents for more information about the cost savings of choosing a Tier 1 provider, specific to your plan.

In-Network and Out-of-Network Care
By using an in-network physician or medical facility listed in this directory, you pay lower out-of-pocket costs for the care you receive and you do not have to fill out and submit claim forms. You will pay any applicable charges at the time you receive care. Certain services require only a Copayment, while the costs for other services are based on a Coinsurance percentage. You should refer to your Plan documents for these specific amounts.

If you choose to receive care from a physician or other medical facility that is not part of the Optima Health network, you may use out-of-network benefits, if you have them. These providers set their own rate for their services. Typically, when Plan members who have out-of-network benefits receive covered services from out-of-network providers, Optima Health will pay a set percentage, or an allowable charge, of the amount paid to in-network providers for the same service. The member will pay the rest. If the out-of-network provider charges more than what Optima Health pays, the provider may bill the member for the difference between the two amounts. In addition, you must be willing to take responsibility for filing claims and make sure that pre-authorization has been secured by your provider for certain medical services and procedures.
For more information on in-network and out-of-network care, review your Evidence of Coverage or Certificate of Insurance, or call Member Services at the number listed on the back of your member ID card.

For plans that include spinal manipulation or chiropractic care benefits, a list of Chiropractic Providers is included in this directory.

Footnotes
The following footnotes are used throughout this directory:
1. Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. Note, if you have not seen the provider within 24 months, you may not be considered an existing patient.
2. Not accepting new patients or current patients switching plans.
3. Not accepting new patients; accepting newborns and siblings.
4. Age restriction; call physician for authorization.
5. Accepting a limited number of patients; contact Member Services to confirm that member may be added.

Abbreviations
The following abbreviations are used throughout this directory:
- CHKD - Children's Hospital of the King's Daughters
- CMG - Children's Medical Group Service
- EVMSHS - Eastern Virginia Medical School Health Services
- VCU - Virginia Commonwealth University Health Services
- PN - Peninsula
- SMG - Sentara Medical Group
- TMPG - Tidewater Physicians Multispecialty Group
- UVA - University of Virginia Health System

Selection Criteria
Provider
The Provider Networks for Optima Health plans, including those available on the Health Insurance Marketplace, consist of primary care, specialist, and behavioral health providers; and include physicians, physician assistants, nurse practitioners, and other qualified licensed clinicians.

Optima Health chooses providers based on specific criteria and credentialing requirements to create a network that ensures members are able to access participating providers within a reasonable distance and time.

All providers must have completed a comprehensive credentialing application and be approved by the Optima Health Credentialing Committee before being accepted into the network. The credentialing process consists of the review, verification, and evaluation of a number of criteria; including (but not limited to) education, specialized training, board certification, state license(s), malpractice history, and sanction records. Providers with a felony conviction and/or sanction(s) by Federal government agencies are not accepted into the Optima Health Network. Providers are re-evaluated every three years.
The Optima Health credentialing process exceeds the requirements of the National Committee for Quality Assurance (NCQA) and the Commonwealth of Virginia quality measures for credentialing.

No member experience or cost-related measures are used in the provider selection process.

**Hospital/Facility**

Hospitals for Optima Health plans, including those available on the Health Insurance Marketplace, are selected based on specific accreditation and accessibility criteria, ensuring members have access to quality hospitals within a reasonable distance and time.

Accreditation and licensure information is verified for all hospitals; an assessment is conducted to confirm the hospital is in good standing with state and federal regulatory bodies and that the hospital has been reviewed and approved by the appropriate national accrediting body.

To participate with Optima Health, hospitals must be accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO), Healthcare Facilities Accreditation Program (HFAP), or DNV Healthcare Inc. Exceptions may be made for newly opening hospitals or hospitals in rural areas, which may be allowed to participate in the Optima Health network upon submitting documentation for patient safety plans and/or record of review from a state or federal regulatory body. Hospitals are re-evaluated every three years.

No member experience, patient safety, or cost-related measures are used in the hospital selection process.
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**Hospital Affiliations:**
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- Sentara Afton Family Medicine
- Neighborhood Health
- Inova Alexandria Hospital
- VCU Community Memorial Hospital
- Inova Alexandria Hospital
- Centra Virginia Baptist Hospital
- Centra Lynchburg General Hospital
- Piedmont PrimeCare CMG
- Vein Clinics of America
- Sentara Afton Family Medicine
- Brookneal Medical Center
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Primary Care Physicians - Tier 1

Yang, Derek, MD
Prov#: 10126708
Broadlands Family Practice
20905 Professional Plaza Suite 330
Ashburn, VA 20147
(703) 726-0003

Ashland
Huot, Rachel I., MD
Prov#: 26151
Virginia Physicians, Inc.
100 Medical Drive
Ashland, VA 23005
(804) 798-9307

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Sentara Leigh Hospital
Sentara Norfolk General Hospital
St. Mary's Hospital

Trivedi, Rajendra, MD
Prov#: 10039610
Sandy River Family Care, Inc.
4520 Medical Center Rd
Aylett, VA 23009
(804) 769-3022

Aylett
Biggers, Jonathan W., DO
Prov#: 10183073
King William Dawn Community Doctors (CVHS)(CCNV)
11814 King William Rd
Aylett, VA 23009
(804) 769-3022

Cook, Patricia, MD
Prov#: 10037118
Aylett Medical Center (Bon Secours)
7864 Richmond Tappahannock Hwy
Aylett, VA 23009
(804) 746-1677

Huot, Rachel L., MD
Prov#: 10132960
Central Virginia Community Health Center (CVHS)(CCNV)
11814 King William Road
Aylett, VA 23009
(804) 769-3022

Janet, Augustine, MD
Prov#: 45890
Bon Secours Memorial Regional - Aylett Medical Center
Hwy 360 Box 124
Aylett, VA 23009
(804) 769-3006

Walker, Andrew F, MD
Prov#: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
11814 King William Road
Aylett, VA 23009
(804) 769-3022

Bassett
Barrino, Alethea, MD
Prov#: 10148102
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Edmondson, Gabriel L., DO
Prov#: 10183036
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Nkembe, Kwamba Ekma, MD
Prov#: 10097742
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Bastian
Crews, Michael O, DO
Prov#: 41856
Bland County Medical Clinic, Inc. (CCNV)
12301 Grapefield Rd
Bastian, VA 24314
(540) 688-4331

Hospital Affiliations:
Name Not Available
Sentara Bayside Hospital

Turski, John T., DO
Prov#: 10197241
Bland County Medical Clinic, Inc.
12301 Grapefield Road
Bastian, VA 24314
(276) 688-4331

Hospital Affiliations:
Wythe County Community Hospital

Beaumont
Fida, Ahmed, MD
Prov#: 10113120
Fauquier Physician Practices LLC
6200 Station Drive
Bealeton, VA 22712
(540) 439-8100

Song, Seokhan K., DO
Prov#: 10183557
Fauquier Physician Practices LLC
6200 Station Drive
Bealeton, VA 22712
(540) 439-8100

Hospital Affiliations:
Fauquier Hospital

Bedford
Anderson, Andrew, DO
Prov#: 10206851
Centra Medical Group, LLC
1613 Oakwood Street
Bedford, VA 24523
(540) 586-2441

Beirne, Timothy M., MD
Prov#: 10018885
Carilion Healthcare Corporation
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Beverly, Walter B., MD
Prov#: 10085816
Brookneal Medical Center
1613 Oak St Suite 101
Bedford, VA 24523
(540) 297-7181

171 West Main Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Virginia Baptist Hospital

Blanks, Virginia A., MD
Prov#: 10060390
Village Family Physicians
1613 Oak Street
Bedford, VA 24523
(540) 587-3240

Breland, Daniel, MD
Prov#: 10158702
Centra Medical Group, LLC
171 West Main Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Bedford Memorial Hospital

Cohen, Leonard J., MD
Prov#: 10154741
Lynchburg Women's and Pediatric Health Services
544 Blue Ridge Ave Suite 8
Bedford, VA 24523
(540) 425-7910

582 Blue Ridge Ave
Bedford, VA 24523
(540) 425-7910

Cox, Brandon, MD
Prov#: 10076982
Village Family Physicians
1613 Oak Street
Bedford, VA 24523
(540) 587-3240

Danner, James, DO
Prov#: 10141320
Altavista Medical Center
1613 Oakwood Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital

Dehl, Todd H., MD
Prov#: 10052099
Village Family Physicians
1613 Oakwood St Suite 101
Bedford, VA 24523
(540) 297-7181

Hospital Affiliations:
Bedford Memorial Hospital

Freeman, Brian A., MD
Prov#: 10171334
Lynchburg Women's and Pediatric Health Services
544 Blue Ridge Ave Suite 8
Bedford, VA 24523
(540) 425-7910

Hostetler, Joseph D., MD
Prov#: 10064650
Centra Health Medical Center - Greta
1613 Oakwood Street
Bedford, VA 24523
(540) 425-7800

Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Hubach, Kurt, MD
Prov#: 10070672
Kurt W. Hubach, MD
867 Burks Hill Road
Bedford, VA 24523
(540) 586-4359

Johnson, Matthew A., MD
Prov#: 29492
Lynchburg Family Medicine Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Krzyzanowski, Suzanne, MD
Prov#: 10059445
Lynchburg Family Medicine Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Luth, Janice E., MD
Prov#: 10051186
Village Family Physicians
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Merten, John R., MD
Prov#: 10031437
Physicians Associates of Bedford
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Metzler, Keith, MD
Prov#: 10146700
Centra Medical Group, LLC
171 West Main Street
Bedford, VA 24523
(434) 582-7273

Olmsed III, John B., MD
Prov#: 40901
Acute Rehab CentralHealth
1613 Oakwood Street
Bedford, VA 24523
(540) 587-3240

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Hendricks, William, MD
Provs#: 10031096
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Hudgins, David, MD
Provs#: 73858
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Lekoshere, Jonathan S., DO
Provs#: 10189770
Christiansburg Internal Medicine, LLC
2020 Kraft Dr Suite 2200
Blacksburg, VA 24060
(540) 453-3890

Lois, Hilarie, DO
Provs#: 100999097
Academic Primary Care Associates LLC
3700 South Main St
Blacksburg, VA 24060
(540) 443-7180
Provs#: 10190630
Lewis-Gale Physicians, LLC
3700 South Main Street Suite 1A
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Montgomery Regional Hospital d/ b/a Lewis-Gale Montgomery

Madsen, Keith P., MD
Provs#: 10149832
Carilion Healthcare Corporation
1420 North Main St
Blacksburg, VA 24060
(540) 951-8380

901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Hospital Affiliations:
Carilion New River Valley Medical Center

Mertes, Christopher, MD
Provs#: 10010711
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Robinson, Lucian, MD
Provs#: 10031465
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Rogers, Mark B., DO
Provs#: 10032007
Academic Primary Care Associates LLC
1691 Innovation Drive Suite 2100
Blacksburg, VA 24060
(540) 232-8405

3700 South Main St
Blacksburg, VA 24060
(540) 443-7180

Blackstone

Agbeibor, Victor, MD
Provs#: 10066096
St. Francis Family Medicine Center
(Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St Francis Medical Center

Risser, Andreya, MD
Provs#: 10085288
St. Francis Family Medicine Center
(Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St Francis Medical Center

Bluefield

Bowling, LaDonna Renae, DO
Provs#: 10201640
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Le, Hiep V., DO
Provs#: 10184073
Westwood Family Medicine PLLC
12 Westwood Medical Park
Bluefield, VA 24605
(276) 322-7548

Hospital Affiliations:
Bluefield Regional Medical Center

Yates, Jonathan D., DO
Provs#: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

211 College Avenue
Bluefield, VA 24605
(276) 322-4661

Optima Direct Network Providers 9/2019

25

OptimaHealth
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<td>2195 Euclid Avenue</td>
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<td>Walnut Grove Family Medicine</td>
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<tr>
<td>3175 Linden Drive Suite 3</td>
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<td>(276) 466-0355</td>
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<td>10322 Bristow Center Dr</td>
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<td>Bristow, VA 20136</td>
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<tr>
<td>(571) 284-4230</td>
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<td>Hammonds, Victoria C, MD</td>
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<td>(571) 284-4245</td>
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<td>Lawson, Laura, DO</td>
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<td>Min, James B., MD</td>
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<td>Parker III, Frederick W, MD</td>
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<td>(571) 284-4245</td>
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</table>
Primary Care Physicians - Tier 1

Burkeville

@ Pruitt, David E, MD
Pro#: 10161223
Centra Medical Group, LLC
412 Namozone Street
Burkeville, VA 23922
(434) 767-5511

© Villar-Gosalvez, Carlos S., MD
Pro#: 10164774
Centra Medical Group, LLC
412 Namozone Street
Burkeville, VA 23922
(434) 767-5511

Cape Charles

@ Dalessio, David F, DO
Pro#: 45986
Riverside Medical Group
216 Mason Ave
Cape Charles, VA 23310
(757) 331-1422

Carrollton

Afsharchi, Foroozan, MD
Pro#: 10082520
Sentara Family Medicine Physicians
20209 Sentara Way Ste 200
Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara RMH Medical Center

Belvin, David G., MD
Pro#: 10010122
Sentara Family Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100
20209 Sentara Way Ste 200
Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara Obici Hospital

Carrollton

Weitzman, Douglas K., MD
Pro#: 10010116
Sentara Family Medicine Physicians
20209 Sentara Way Ste 200
Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara Obici Hospital

Centreville

Stone, Kimberly J., MD
Pro#: 10017463
Eagle Harbor Medical Associates
(Maryview Hospital)
13609 Carrollton Blvd Ste 11
Carrollton, VA 23314
(757) 238-8751

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Hartman, Michael, MD
Pro#: 10107055
Fairfax Family Practice Centers PC
6201 Centreville Road Suite 100
Centreville, VA 20121
(703) 263-9600

Javid, Zeeshan, MD
Pro#: 10176277
NMG Affiliate Practice I, LLC
6208 Multiplex Drive Suite 150
Centreville, VA 20121
(703) 366-2590

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
NMG Affiliate Practice I, LLC
6208 Multiplex Drive Suite 150
Centreville, VA 20121
(703) 366-2590

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Mancini, Robert, MD
Pro#: 10103371
Rocky Run Family Medicine, INC.
5645 Stone Road
Centreville, VA 20120
(703) 266-2442

Hospital Affiliations:
Inova Fair Oaks Hospital
Novant Health UVA Health System
Prince William Medical Center

Markin, Laurie S., MD
Pro#: 10004779
Rocky Run Family Medicine, INC.
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Hospital Affiliations:
Inova Fair Oaks Hospital

Olarinde, Oladapo, MD
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Falterman, Emily, MD
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
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Optima Direct Network Providers 9/2019 28
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Chiu, Grace H., MD
Abrahamson, Annika M., MD
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Optima Direct Network Providers 9/2019

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University of Virginia Medical Center

Optima Health
Primary Care Physicians - Tier 1

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Sentara Martha Jefferson Hospital

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Shaw, Jane Reed, MD
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Hospital Affiliations:
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Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers 9/2019
## Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Provs</th>
<th>Office Details</th>
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<tbody>
<tr>
<td>Way, Denise A., MD</td>
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<td>Weber, Thomas Stephen, MD</td>
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<td>Whittemore, Mary, MD</td>
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<td>Young, Emily Elizabeth, DO</td>
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<td>Metanchuk, Theresa Hipp, DO</td>
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<td>Suslick, Randall H., MD</td>
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<td>Thomas, Johnna Sue, MD</td>
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<td>Urquía-Rohles, Aura M., DO</td>
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<td>Shah, Minesh R., MD</td>
<td>Chatham Family Medical Center</td>
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<td>Lingen, Joan K., MD</td>
<td>Frankfort Community Health Center</td>
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<td>Anyiwo, Joel, MD</td>
<td>Atwood Family Medical Center</td>
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<td>Balderston, Rosemary, MD</td>
<td>Bayview Physician Services</td>
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<td>Bernens, Jessica L., MD</td>
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<td>Brand, Samantha M, MD</td>
<td>Bayview Physician Services</td>
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<td>Bugarin, Lopito B., MD</td>
<td>Well Clinic Pediatrics and Family Medicine</td>
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<td>Carter, Eboni, MD</td>
<td>Bayview Physician Services</td>
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<td>Chastanet, Rachel L., MD</td>
<td>Chesapeake Weight Loss</td>
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<td>Cooper, Ann C., MD</td>
<td>Sentara Family Medicine Physicians</td>
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<td>Dajao, Rise Faith E., MD</td>
<td>First Care, PC</td>
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<td>Dajao, Rogaciano M., MD</td>
<td>Atwood Family Medical Center</td>
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<td>Deguzman-Berube, Eleanor, MD</td>
<td>Sentara Family Medicine Physicians</td>
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<tr>
<td>Freeman, HI, E., Thomas, MD</td>
<td>Tidewater Physicians Multispecialty Group</td>
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<td>Griffin, Alesa W., MD</td>
<td>Bayview Physician Services</td>
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<td>Hartline, Steven M., MD</td>
<td>Sentara Family Medicine Physicians</td>
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<td>Hubbell, William J., MD</td>
<td>Patient First - Taylor Road</td>
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<td>Jefferson, Lisa E., DO</td>
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<tr>
<td>Johnston, Vincent, MD</td>
<td>Patient First</td>
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</tbody>
</table>

**Optima Direct Network Providers 9/2019**

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OptimaHealth

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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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- Sentara Norfolk General Hospital

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Provision #: 10122381
Patient Choice Oceana
908 Eden Way N Suite 100
Chesapeake, VA 23320
(757) 738-1350

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc

Paulsen, Michelle, DO
Provision #: 10032925
Tidewater Family Medical Care, PC
516 Innovation Dr Ste 103
Chesapeake, VA 23320
(757) 495-0606

Paver, Richard, MD
Provision #: 10059045
Patient First
705 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-0688

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc

PiciCONI, Frank J., DO
Provision #: 31027
Tidewater Family Medical Care, PC
516 Innovation Dr Ste 103
Chesapeake, VA 23320
(757) 495-0606

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Pierce, Gregory W., MD
Provision #: 69572
Patient First - Taylor Road
2425 Taylor Road
Chesapeake, VA 23321
(757) 215-1800

Hospital Affiliations:
- Bon Secours Maryview Medical Center

Ray, Salekh, MD
Provision #: 70343
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy Ste 101
Chesapeake, VA 23320
(757) 983-1777

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital

Sato, Naomi, DO
Provision #: 10168588
Sentara Family Medicine Physicians (SMG)
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4700

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital
- Sentara Virginia Beach General Hospital

Shah, Dharmesh K., MD
Provision #: 10001737
The Medical Practice, Ltd.
710 Liberty St
Chesapeake, VA 23324
(757) 543-6861

Shick, Devon, MD
Provision #: 10113186
Bayview Physician Services, PC
1419 Cedar Rd Ste 101
Chesapeake, VA 23322
(757) 842-6180

Hospital Affiliations:
- Chesapeake Regional Medical Center

Shur-Allen, Lyubov, MD
Provision #: 10060323
Mt. Pleasant Urgent Care and Family Practice
1464 Mt Pleasant Rd Suits 13 and 14
Chesapeake, VA 23322
(757) 410-4580

Shiner, Alison C, MD
Provision #: 10190521
Western Branch Family Practice & Ob/Gyn (Maryview Hospital Inc.)
2613 Taylor Rd Suite 201
Chesapeake, VA 23321
(757) 868-5673

Skinner, Nicole M, MD
Provision #: 10110306
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy Ste 101
Chesapeake, VA 23320
(757) 983-1777

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital
- Sentara Virginia Beach General Hospital

Sloan, Falishia, MD
Provision #: 10109521
Patient First - Taylor Road
2425 Taylor Road
Chesapeake, VA 23321
(757) 215-1800

Hospital Affiliations:
- Bon Secours Maryview Medical Center

Optima Direct Network Providers 9/2019

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### Primary Care Physicians - Tier 1

#### Daleville
- **Andrews, Clarke B., MD**
  - **Pro #:** 10148139
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**
- **Hospital Affiliations:**
  - **Carilion Roanoke Memorial Hospital**
  - **Lewis-Gale Medical Center**

- **Burgess, Henry E., MD**
  - **Pro #:** 10110303
  - **Lewis-Gale Physicians, LLC**
  - **65 Shenandoah Avenue**
  - **Daleville, VA 24083**
  - **(540) 966-6430**

#### Damascus
- **Cieraszynski, Laura Byrne, DO**
  - **Pro #:** 10097599
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Danville
- **Hilldrup, Kelley M., DO**
  - **Pro #:** 10191249
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

- **Lawson, Lianna R., DO**
  - **Pro #:** 10104997
  - **Lawson Family Medicine and Aesthetics**
  - **1454 Roanoke Road**
  - **Daleville, VA 24083**
  - **(540) 992-3600**

- **Merten, John R., MD**
  - **Pro #:** 10031437
  - **Carilion Internal Medicine**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Cumberland
- **Pruitt, David E., MD**
  - **Pro #:** 10161223
  - **Centra Medical Group, LLC**
  - **1758 Anderson Hwy**
  - **Cumberland, VA 23040**
  - **(804) 492-9086**

#### Dale City
- **Qureshi, Shabana, MD**
  - **Pro #:** 10107482
  - **Easy Care Urgent Care, LLC**
  - **5808 Mapledale Plaza**
  - **Dale City, VA 22193**
  - **(540) 629-9387**

- **Hospital Affiliations:**
  - **Sentara Northern Virginia Medical Center**

#### Polk, Elizabeth, MD
- **Pro #:** 28965
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Rea, Catherine G., MD
- **Pro #:** 10031472
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Thompson, James E., MD
- **Pro #:** 10203422
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Stidham, Gregory, MD
- **Pro #:** 10031608
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Hospital Affiliations:
- **Carilion Roanoke Memorial Hospital**

#### Addis, Daniel M., DO
- **Pro #:** 10191633
  - **Piedmont PrimeCare CMG**
  - **414 Park Avenue**
  - **Danville, VA 24541**
  - **(434) 791-2273**

#### Alba, Gregory, DO
- **Pro #:** 10191633
  - **Piedmont PrimeCare CMG**
  - **414 Park Avenue**
  - **Danville, VA 24541**
  - **(434) 791-2273**

#### Hospital Affiliations:
- **Carilion Roanoke Memorial Hospital**
  - **Sentara Northern Virginia Medical Center**

#### Andrews, Clarke B., MD
- **Pro #:** 10148139
  - **Carilion Healthcare Corporation**
  - **150 Market Ridge Drive**
  - **Daleville, VA 24083**
  - **(540) 966-0400**

#### Hospital Affiliations:
- **Carilion Roanoke Memorial Hospital**
  - **Lewis-Gale Medical Center**

#### Burgess, Henry E., MD
- **Pro #:** 10110303
  - **Lewis-Gale Physicians, LLC**
  - **65 Shenandoah Avenue**
  - **Daleville, VA 24083**
  - **(540) 966-6430**

#### Hospital Affiliations:
- **Carilion Roanoke Memorial Hospital**
- **Lewis-Gale Medical Center**

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**Optima Direct Network Providers 9/2019**

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**Optima Health**
# Primary Care Physicians - Tier 1

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<td>414 Park Avenue Danville, VA 24541</td>
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<td>Family Healthcare Center</td>
<td>101 Bridge Street Suite 201 Danville, VA 24521</td>
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<td>Centra Virginia Baptist Hospital</td>
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<td>Danville Physician Practices, LLC</td>
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<td>Centra Virginia Baptist Hospital</td>
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<td>Cornerstone Complete Care, Inc.</td>
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<td>(434) 797-2273</td>
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<td>Brookneal Medical Center</td>
<td>110 Exchange Street Danville, VA 24540</td>
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Optima Direct Network Providers 9/2019 37
Primary Care Physicians - Tier 1

Marsh, Michael S., MD
Prov#: 19806
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Centra Lynchburg General Hospital

Pence, Robert P., MD
Prov#: 19840
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Sentara RMH Medical Center

Park, Hyo K., DO
Prov#: 10064947
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Russell, Amanda, MD
Prov#: 10204012
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Dulles

Mohiuddin, Rashid Ahmed, MD
Prov#: 10051347
Greater Prince William Community Health Center
17739 Main Street Suite 130
 Dumfries, VA 22026
(703) 680-7950

Hospital Affiliations:
Potomac Valley Hospital
Sentara Careplex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital

Dungannon

Cassel, Todd A., MD
Prov#: 10091420
Clinch River Health Services Inc
17285 Veterans Memorial Hwy
Dungannon, VA 24245
(276) 467-2201

Michael, Gary E., MD
Prov#: 10018956
Clinch River Health Services Inc
Highway 65
Dungannon, VA 24245
(276) 467-2201

Elkton

Domingus, Jeff, DO
Prov#: 10180896
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Fowler, Jr, Tolvert E., MD
Prov#: 10173063
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
Sentara RMH Medical Center

Hotchkiss, Jerome J, MD
Prov#: 10156297
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Long, Keith C., MD
Prov#: 1019527
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
Sentara RMH Medical Center

Reploge, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Hospital Affiliations:
Sentara RMH Medical Center

Emporia

Anderson, Michael S., MD
Prov#: 52462
Emporia Medical Associates
6 Doctors Dr
Emporia, VA 23847
(434) 634-6101

Hospital Affiliations:
Southern Virginia Regional Medical Center

Feldmann, Jr., Spencer, MD
Prov#: 10164011
Southside Primary Care
200 Weaver Ave
Emporia, VA 23847
(804) 520-6730

214 Weaver Ave
Emporia, VA 23847
(434) 348-2150

511 Belfield Drive
Emporia, VA 23847
(434) 348-4608

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Holland Jr, John A., MD
Prov#: 10041214
Southern Dominion Health Systems Inc
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Squire, Robert Hall, MD
Prov#: 31437
Emporia Medical Associates
6 Doctors Dr
Emporia, VA 23847
(434) 634-6101

Hospital Affiliations:
Southern Virginia Regional Medical Center

Esomnt

Hedian, Katherine, DO
Prov#: 10183632
Central Virginia Community Health Center (CVCHS/CCNV)
2256 Irish Road
Esomnt, VA 22937
(434) 286-3602

Ewing

Year, Joshua A., DO
Prov#: 10156029
Western Lee County Health Clinic (CCNV)
1446 Dr Thomas Walker Road
Ewing, VA 22428
(276) 445-4826

Fairfax

Acquah, Phyllis, MD
Prov#: 10172400
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Optima Direct Network Providers 2019
Primary Care Physicians - Tier 1

Bazemore, Andrew W., MD
Prov#: 10036354
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Blecher, Lee L., MD
Prov#: 90590
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Burroughs, Susan H., MD
Prov#: 64882
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Childress, Marc A., MD
Prov#: 10117613
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Ehrlich, Thomas, MD
Prov#: 90641
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 679-1876

Gelenidze, Nino, MD
Prov#: 10171887
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Grant, Colin, DO
Prov#: 10179016
Patient First-Gainesville
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Hermes, Marjorie A., MD
Prov#: 10002580
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Ivany, Buffy, MD
Prov#: 10104428
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Jones, Samuel M., MD
Prov#: 10023062
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Kim, Michael D., MD
Prov#: 10189102
FAIRFAX FAMILY MEDICINE CENTER
10801 Main St Ste 700
Fairfax, VA 22030
(703) 591-4100

Krist, Alexander, MD
Prov#: 10036373
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Mccormally, Terence J., MD
Prov#: 10017212
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Merkel, Victoria L., MD
Prov#: 74321
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Moef-Woo, Forouzandeh, MD
Prov#: 10171733
Neighborhood Health
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
(703) 535-5568

Nobu, Amy, MD
Prov#: 10109838
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

O'Connor, Francis, MD
Prov#: 10042930
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Phillips, Robert L., MD
Prov#: 10035758
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Roy, Camille, MD
Prov#: 10016368
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Sachdeva, Shabnam, MD
Prov#: 10024512
Total Health Medical Center, Inc
10560 Main Street Suite 409
Fairfax, VA 22030
(703) 352-4194

Shabti, Raafat, MD
Prov#: 10140808
Fairfax Convenient Care LLC
8301 Arlington Boulevard Suite 100
Fairfax, VA 22031
(703) 849-0909

Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Inova Fairfax Hospital
Winchester Medical Center

Sues, Anjali, MD
Prov#: 10090906
Fairfax Family Practice Centers PC
8301 Arlington Blvd Suite 406
Fairfax, VA 22031
(703) 698-9000

Hospital Affiliations:
Inova Fairfax Hospital

Sughrue, Maura J., MD
Prov#: 10006497
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Tran, Minh, DO
Prov#: 10163216
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Woo, Chung Y, MD
Prov#: 10006924
Vein Clinics of America
11350 Random Hills Rd Ste 440
Fairfax, VA 22030
(703) 556-4488

Hospital Affiliations:
Carilion Healthcare Corporation
33 Red Hill Rd
Fairfield, VA 24435
(540) 377-2156

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Worley, George C., MD
Prov#: 10148285
Carilion Healthcare Corporation
33 Red Hill Rd
Fairfield, VA 24435
(540) 377-2156

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Falls Church

Ho, Hieu Van, MD
Prov#: 10136282
Great Falls Medical Center, LLC
6079 Arlington Blvd
Falls Church, VA 22044
(703) 534-3331

Hospital Affiliations:
Virginia Hospital Center - Arlington

Farmville

Allegra, Giuliana, MD
Prov#: 10191056
Centra Health Medical Center - Gretna
935 South Main Street
Farmville, VA 23901
(434) 315-2850

Corbett, Sr., Timothy W., MD
Prov#: 20416
Southside Area Family Medicine
324 Commerce Road
Farmville, VA 23901
(434) 392-9633

Danner, James, DO
Prov#: 10141320
Altavista Medical Center
935 South Main Street
Farmville, VA 23901
(434) 315-5340

Hospital Affiliations:
Centra Lynchburg General Hospital
Primary Care Physicians - Tier 1

Gibbs, Peter, DO  
Pro#: 10111950  
Lynchburg Family Medicine Center  
1705 East Third Street  
Farmville, VA 23901  
(434) 315-2850

Guidi, Joseph G., DO  
Pro#: 10158431  
Centra Medical Group Southside, LLC  
800 Oak Street  
Farmville, VA 23901  
(434) 315-2998

Hospital Affiliations:  
Bedford Memorial Hospital

Olmsdell III, John B., MD  
Pro#: 40901  
Acute Rehab Centrahealth  
800 Oak Street  
Farmville, VA 23901  
(434) 315-2532

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
Centra Virginia Baptist Hospital

Pratt, David E, MD  
Pro#: 10161223  
Centra Medical Group, LLC  
935 South Main Street  
Farrville, VA 23901  
(434) 315-5340

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Mary Washington Hospital (MWH)

Varner, Lawrence C., MD  
Pro#: 98490  
Centra Southside Professional LLC  
400 Longwood Ave  
Farrville, VA 23901  
(434) 392-6101  
Pro#: 10154861  
Potomac Healthcare Solutions, LLC  
201 High Street  
Farrville, VA 23901  
(434) 395-2585

Hospital Affiliations:  
Centra Southside Community Hospital

Wilson, Edsina C., MD  
Pro#: 10063824  
Carilion Primary Care  
833 Buffalo Street Suite 200  
Farrville, VA 23901  
(434) 392-8177

Hospital Affiliations:  
Bertie Memorial Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital

Zaman, Samira, MD  
Pro#: 10163188  
Centra Medical Group, LLC  
1705 East Third Street  
Farrville, VA 23901  
(434) 315-2850

Hospital Affiliations:  
Centra Lynchburg General Hospital  
University of Virginia Medical Center

Subahi, Tabassum, MD  
Pro#: 10036483  
Farrum Community Health Center  
40 Wiley Drive  
Ferrum, VA 24088  
(540) 365-4469

Hospital Affiliations:  
Ferrum Community Health Center  
Ferrum Family Physicians  
Grace Family Physicians  
Central Virginia Family Physicians  
Central Virginia Baptist Hospital

De Zoysa, Amrita, MD  
Pro#: 10154545  
Augusta Health Fishersville Primary Care  
53 N Medical Park Dr  
Fishersville, VA 22939  
(540) 932-5677

Hospital Affiliations:  
Augusta Health Fishersville Primary Care  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Sentara RMH Medical Center

Reed, John P., MD  
Pro#: 10115956  
Augusta Health Fishersville Primary Care  
53 S Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5677

Hospital Affiliations:  
Augusta Health Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Sentara RMH Medical Center

Baum, Joseph James, MD  
Pro#: 10073750  
Carilion Healthcare Corporation  
911 E Main Street  
Floyd, VA 24091  
(540) 745-2031

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Giles Community Hospital - Tazewell Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Southside Community Hospital  
Carilion Virginia Baptist Hospital

Bowman, Robert R., MD  
Pro#: 10167899  
Carilion Healthcare Corporation  
911 E Main Street  
Floyd, VA 24091  
(540) 745-2031

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Smyth County Community Hospital

Duensing, H. Jedediah, DO  
Pro#: 10153882  
Tri-County Community Health Center at Floyd  
140 Christiansburg Pike  
Floyd, VA 24091  
(540) 745-9290

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Horney, Wayne D., MD  
Pro#: 10029248  
Carilion Healthcare Corporation  
911 E Main Street  
Floyd, VA 24091  
(540) 725-2031

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Hulett, Joel M., MD  
Pro#: 10197054  
Carilion Healthcare Corporation  
249 Franklin Pike St  
Floyd, VA 24091  
(540) 745-5700

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Kuiken, Garry Henry, MD  
Pro#: 10148224  
Carilion Healthcare Corporation  
249 Franklin Pike St  
Floyd, VA 24091  
(540) 745-2031

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Lambert, Reed R., MD  
Pro#: 10031266  
Carilion Healthcare Corporation  
911 E Main Street  
Floyd, VA 24091  
(540) 745-2031

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Giles Community Hospital - Tazewell Community Hospital  
Carilion Roanoke Memorial Hospital  
Rappahannock General Hospital

Saadat, Seyed H., MD  
Pro#: 10063848  
Tri-County Community Health Center at Floyd  
140 Christiansburg Pike  
Floyd, VA 24091  
(540) 745-9290

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Smyth County Community Hospital

Danneker, James, DO  
Pro#: 10141320  
Altavista Medical Center  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Dodd, Jarrett, MD  
Pro#: 45190  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Rappahannock General Hospital

Brose, Teodora, MD  
Pro#: 10196192  
Central Virginia Family Physicians, Inc.  
1088 London Links Road  
Forest, VA 24551  
(434) 534-6868

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Coffin, Charles H., MD  
Pro#: 73217  
New London Family Practice  
1088 New London Rd  
Forest, VA 24551  
(434) 534-6868

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Adams, Scott B., MD  
Pro#: 10068464  
Grace Family Medicine, PLC  
15421 Forest Rd Ste B  
Forest, VA 24551  
(434) 525-4722

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Beverly, Walter B., MD  
Pro#: 10085816  
Brooke Neal Medical Center  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital
Primary Care Physicians - Tier 1

Elliott, Robert, MD
Prov#: 45192
Staunton River Family Physicians
1175 Corporate Park Drive
Forest, VA 24551
(434) 525-6964

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Eppes, Thomas, MD
Prov#: 45193
Forest Family Physicians
1175 Corporate Park Drive
Forest, VA 24551
(434) 525-6964

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Jalandhara, Vinitkumar R., MD
Prov#: 10115216
Piedmont PrimeCare CMG
16890 Forest Road
Forest, VA 24551
(434) 200-7210

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Jones, John P, MD
Prov#: 10169740
Lynchburg Internal Medicine
16890 Forest Road
Forest, VA 24551
(434) 200-7210

Hospital Affiliations:
- Bedford Memorial Hospital
- Lynchburg General Hospital
- Centra Southside Community Hospital
- Montgomery Regional Hospital & Wrenn Lewis Hall Montgomey

Kleiner, Mark, MD
Prov#: 10013488
Timberlake Family Practice-Division of Central VA Family Phys
1175 Corporate Park Dr
Forest, VA 24551
(434) 525-6964

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Paulus, David, MD
Prov#: 10134394
New London Family Practice
1088 London Links Drive
Forest, VA 24551
(434) 534-6868

Peralta Jr., Manuel, MD
Prov#: 10112035
Central Virginia Family Physicians, Inc.
1088 London Links Dr
Forest, VA 24551
(434) 534-6868

Robert, Laura, MD
Prov#: 43462
New London Family Practice
1088 London Links Road
Forest, VA 24551
(434) 534-6868

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Robertson, Randy, MD
Prov#: 10143089
Forest Family Physicians
1175 Corporate Park
Forest, VA 24551
(434) 525-6964

Rolfs, Mark, DO
Prov#: 10172307
Central Virginia Family Physicians, Inc.
16890 Forest Road
Forest, VA 24551
(434) 200-7210

Smith, David M., MD
Prov#: 10118602
Access Healthcare
2103 Graves Mill Road
Forest, VA 24551
(434) 316-7199

Bishop, Raymond, MD
Prov#: 10166861
Fork Union Family Medicine PLLC
4064 James Madison Highway
Fork Union, VA 23055
(434) 842-3244

Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Lanford, Randolph E., MD
Prov#: 45196
Fork Union Family Medicine
4064 James Madison Hwy
Fork Union, VA 23055
(434) 842-3244

Franklin

Belovin, Sabra M., MD
Prov#: 10162792
Southeastern Virginia Health System
1357 Armory Drive
Franklin, VA 23851
(757) 304-5570

Hospital Affiliations:
- Bon Secours Maryview Medical Center

Bidwell, Glenn P., MD
Prov#: 61008
Southampton Family Practice
(434) 525-6964

Hospital Affiliations:
- Southampton Memorial Hospital

Hashmi, Afreen A., MD
Prov#: 10168113
Southampton Family Practice
(434) 525-6964

Hospital Affiliations:
- Southampton Memorial Hospital

Ismaeli-Campbell, Atiyah T, MD
Prov#: 10160825
Total Family Care (Franklin Clinic Corp)
102 Fairview Drive Suite B
Franklin, VA 23851
(757) 562-2158

201 Fairview Drive Suite F
Franklin, VA 23851
(757) 304-9852

1378 Armory Dr
Franklin, VA 23851
(757) 562-4111

Franklin

Balmoria, Sandra, MD
Prov#: 10148940
Atlantic Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(540) 442-4819

Halls, Albert John, MD
Prov#: 10122378
Eastern Shore Rural Health Systems, Inc. (CCNV)
9159 Franktown Rd
Franktown, VA 23354
(757) 442-4819

Hollandsworth, Thomas, MD
Prov#: 16906
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hoshino, David, MD
Prov#: 43097
Atlantic Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Lingen, Joan K., MD
Prov#: 10002474
Forktown Community Health Center (ESRHS) (CCNV)
9159 Franktown Rd
Franktown, VA 23354
(540) 442-4819

Lo, Colette W., MD
Prov#: 10115053
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
- Sentara Princess Anne Hospital

Stark, Heather R., MD
Prov#: 10058088
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
- Riverside Shore Memorial Hospital

Vandenhoff, Stephen, MD
Prov#: 10113577
Primary & Urgent Care LLC
4510 Plank Road Ste 200
Fredericksburg, VA 22401
(540) 374-1188

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Alexander, Dawn R., MD
Prov#: 10113577
Primary & Urgent Care LLC
4510 Plank Road Ste 200
Fredericksburg, VA 22401
(540) 785-9900

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Anderson, Jr., John R., MD
Prov#: 10211949
Pratt Medical Center Ltd
1451 Hospital Drive
Fredericksburg, VA 22401
(540) 785-7810

Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019
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<td>(540) 479-4204</td>
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<td>Westside Medical PC</td>
<td>(540) 548-8686</td>
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<td><strong>Athwal, Amardeep, MD</strong>&lt;br&gt;Prov#: 10155391&lt;br&gt;Patient First-Gainesville&lt;br&gt;14800 Lee Highway&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 743-7017</td>
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<td><strong>Bredin, Jennifer, MD</strong>&lt;br&gt;Prov#: 10156034&lt;br&gt;Skvyview Family Medicine PC&lt;br&gt;7500 Iron Bar Lane Suite 100&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 753-1200</td>
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<td><strong>Hammonds, Victoria C, MD</strong>&lt;br&gt;Prov#: 1010242&lt;br&gt;NMG Affliate Practice II, LLC&lt;br&gt;14540 John Marshall Hwy Suite 104&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 753-9799</td>
<td><strong>Hackett, Jason, MD</strong>&lt;br&gt;Prov#: 10029222&lt;br&gt;Patient First-Gainesville&lt;br&gt;14800 Lee Highway&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 743-7017</td>
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<td><strong>Hackett, Jason, MD</strong>&lt;br&gt;Prov#: 10029222&lt;br&gt;Patient First-Gainesville&lt;br&gt;7915 Lake Manassas Drive Suite 102&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 743-4101</td>
<td><strong>Hammonds, Victoria C, MD</strong>&lt;br&gt;Prov#: 10106024&lt;br&gt;NMG Affiliate Practice I, LLC&lt;br&gt;14540 John Marshall Hwy Suite 104&lt;br&gt;Gainesville, VA 20155&lt;br&gt;(703) 753-9799</td>
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<td><strong>Kerns, John W., MD</strong>&lt;br&gt;Prov#: 43291&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
<td><strong>Kerns, John W., MD</strong>&lt;br&gt;Prov#: 43291&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
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<td><strong>LaPlant, Maria, MD</strong>&lt;br&gt;Prov#: 10192293&lt;br&gt;Valley Health Warren Mem Hos&lt;br&gt;Multi Specialty Clinic Commerce Ave&lt;br&gt;1000 N Shenandoah Ave&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 636-0300</td>
<td><strong>LaPlant, Maria, MD</strong>&lt;br&gt;Prov#: 10192293&lt;br&gt;Valley Health Warren Mem Hos&lt;br&gt;Multi Specialty Clinic Commerce Ave&lt;br&gt;1000 N Shenandoah Ave&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 636-0300</td>
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<td><strong>Mattson, Rodger C., DO</strong>&lt;br&gt;Prov#: 10118864&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
<td><strong>Mattson, Rodger C., DO</strong>&lt;br&gt;Prov#: 10118864&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
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<td><strong>Spriggs, Tamara Denise, MD</strong>&lt;br&gt;Prov#: 10203008&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
<td><strong>Spriggs, Tamara Denise, MD</strong>&lt;br&gt;Prov#: 10203008&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
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<td><strong>Subedi, Rajesh, MD</strong>&lt;br&gt;Prov#: 10099878&lt;br&gt;Shenandoah Medical Associates&lt;br&gt;625 Virginia Ave&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 635-7991</td>
<td><strong>Subedi, Rajesh, MD</strong>&lt;br&gt;Prov#: 10099878&lt;br&gt;Shenandoah Medical Associates&lt;br&gt;625 Virginia Ave&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 635-7991</td>
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<td><strong>Whisenant, Sherry A., MD</strong>&lt;br&gt;Prov#: 43294&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
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<td><strong>Winter, Jonathan D., MD</strong>&lt;br&gt;Prov#: 10034292&lt;br&gt;Front Royal Family Practice&lt;br&gt;140 West 11th Street&lt;br&gt;Front Royal, VA 22630&lt;br&gt;(540) 631-3700</td>
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**Optima Direct Network Providers 9/2019**

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**Optima Health**
Primary Care Physicians - Tier 1

5659 Parkway Dr Ste 210
Gloucester, VA 23061
(804) 210-1025

Hospital Affiliations:
Optima Direct Network Providers 9/2019

Lizarzaburu, Jesus, MD
Jackson, Gloria, MD
Bain, Francis, MD
West, III, Francis T., MD

Goochland

Bain, Francis, MD
Prov#: 43456
Goochland Family Practice
2948 River Rd West
Goochland, VA 23063
(804) 556-6101

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Gordonsville

Cox, David B., MD
Prov#: 20261
David B. Cox
501 N Main Street
Gordonsville, VA 22942
(540) 832-2211

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Grafton

Hollingsworth, John D., MD
Prov#: 51048
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Gretna

Blanks, Virginia A., MD
Prov#: 10060390
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
Bedford Memorial Hospital

Burnham, Bonnie N., MD
Prov#: 10157411
Family Healthcare Center of Greta
305 N Main Street
Gretta, VA 24557
(434) 799-4444

Daniel, John G., MD
Prov#: 10170208
Family Healthcare Center of Greta
305 N Main Street
Gretta, VA 24557
(434) 799-4444

Dehi, Todd H., MD
Prov#: 10052099
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
Bedford Memorial Hospital

Hampton

Baines, Robin S., MD
Prov#: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

Barreto, Beata, MD
Prov#: 10155769
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

Campbell, Amy L., MD
Prov#: 10003351
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23666
(757) 583-6335

Chan, Yu Kwan, MD
Prov#: 10132739
Hampton Family Practice PLLC
9A Manhattan Square
Hampton, VA 23666
(757) 838-6335

Erdadi, Trissana, MD
Prov#: 10135652
Patient First - Hampton
2304 West Mercury Boulevard
Hampton, VA 23666
(757) 951-1579

Fell, Robert S, DO
Prov#: 10212031
Riverside Medical Group
850 Enterprise Parkway 2200
Hampton, VA 23666
(757) 251-2171

Hospital Affiliations:
Sentara Mary Immaculate Hospital

Harris, Laurie H., DO
Prov#: 10164929
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
Sentara Mary Immaculate Hospital

 Hoyt, Jennifer R, MD
Prov#: 10171258
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

 Hoyt, Jr., P. Arthur, MD
Prov#: 57018
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Optima Direct Network Providers 9/2019 45
Primary Care Physicians - Tier 1

Innes, Ruth, MD
Prov#: 73067
Tidewater Physicians Multispecialty Group, PC (TPMG)
2115 Executive Dr Ste 5D
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Jones, Jr., Samuel, MD
Prov#: 78528
Hampton Family Practice PLLC
1000 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
- Sentara CarePlex Hospital

Karandana, Kamani N., MD
Prov#: 10021770
Sentara Family Medicine Physicians
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
- Sentara CarePlex Hospital

Littles, Pamela B., MD
Prov#: 10197636
Sentara Family Medicine Physicians
200 Eaton St
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
- Sentara CarePlex Hospital

McCord, Jennifer, MD
Prov#: 79557
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
- Sentara CarePlex Hospital

Negaard, Kristin D., MD
Prov#: 10143270
Sentara Family Medicine Physicians
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
- Sentara CarePlex Hospital

Nussen, Jana, MD
Prov#: 96723
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite D
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Pascual, Reymond, MD
Prov#: 13431327
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Hartford Road
Hampton, VA 23666
(757) 826-2102

Hospital Affiliations:
- Sentara CarePlex Hospital

Priest, Michael B., MD
Prov#: 10131710
Carilion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Sadig, Saima, MD
Prov#: 707059
Carilion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Aylenne, Lisa Anthony, MD
Prov#: 10090784
Carilion Healthcare Corporation
210 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000

Ashby, Jeffrey A., MD
Prov#: 31436
Harrisonburg Family Practice Associates
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151

Hospital Affiliations:
- Sentara RMH Medical Center

Hardy

Ball, William Flinn, MD
Prov#: 40184
Roanoke Family Medicine, Inc
13423 Booker T Washington Hwy
Hardy, VA 24101
(540) 772-2014

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Lewis-Gale Medical Center

Merten, John R., MD
Prov#: 10031437
Carilion Family Medicine
13205 Booker T Washington Hwy
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Harrisonburg

Godshall, Stephen E., MD
Prov#: 58296
Rockingham Family Physicians
1751 Erickson Ave
Harrisonburg, VA 22801
(540) 433-3344

Hospital Affiliations:
- Sentara RMH Medical Center

Haley, James A., MD
Prov#: 98968
Rockingham Family Physicians
1751 Erickson Ave
Harrisonburg, VA 22801
(540) 433-3344

Hospital Affiliations:
- Sentara RMH Medical Center
Primary Care Physicians - Tier 1

DeRosa, Gary A., MD  
Prov#: 10072914  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(703) 284-4370  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Heaton, Christopher R., MD  
Prov#: 10176426  
NMG Affiliate Practice I, LLC  
15225 Heathcote Blvd  
Haymarket, VA 20169  
(703) 296-5292  

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

DeRosa, Gary A., MD  
Prov#: 10072914  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(703) 284-4370  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

West, Stephanie N., MD  
Prov#: 10176516  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(703) 284-4370  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Liaw, Winston Ron-Yu, MD  
Prov#: 10102653  
Healthworks for Northern Virginia  
1141 Elden Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

Marco, Sam, MD  
Prov#: 10191136  
AFC Urgent Care  
334 Elden Street  
Herndon, VA 20170  
(719) 665-4000

Hospital Affiliations:  
Reston Hospital Center

Medimundi, Aruna, MD  
Prov#: 10169063  
Houdly Medical Care  
1043 Sterling Rd Suite 104  
Herndon, VA 20170  
(703) 689-0111

Ploscia, Marc G., MD  
Prov#: 36180  
Herndon Family Medicine  
555 Herndon Parkway Suite 100  
Herndon, VA 20170  
(703) 481-8150

Rabkin, Ilia, MD  
Prov#: 10207698  
Healthworks for Northern Virginia  
1141 Elden Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

Renz, Anita, MD  
Prov#: 10040120  
Herndon Family Medicine  
555 Herndon Parkway Suite 100  
Herndon, VA 20170  
(703) 481-1505

Silverstein, Michael A., MD  
Prov#: 10025234  
Herndon Family Medicine  
555 Herndon Parkway Suite 100  
Herndon, VA 20170  
(703) 481-1505

Weaver, Kevin M., MD  
Prov#: 10004891  
Herndon Family Medicine  
555 Herndon Parkway Suite 100  
Herndon, VA 20170  
(703) 481-1505

West, Stephanie N., MD  
Prov#: 10195746  
Healthworks for Northern Virginia  
1141 Elden Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Winslow, Erica Allen, MD  
Prov#: 10195375  
AFC Urgent Care  
334 Elden Street  
Herndon, VA 20170  
(719) 665-4000

Wong, Edwin H., MD  
Prov#: 10195475  
Herndon Family Medicine  
555 Herndon Parkway Suite 100  
Herndon, VA 20170  
(703) 481-1505

Hospital Affiliations:  
Name Not Available
Primary Care Physicians - Tier 1

Hillsville

Butler, Amy, MD
Pro#: 66017
Carolyn Medical Associates
416 S Main St
Hillsville, VA 24343
(276) 728-7773

King, Jamie L., MD
Pro#: 10157164
Carolyn Healthcare Corporation
416 South Main Street
Hillsville, VA 24343
(276) 728-7773

Hospital Affiliations:
Carolyn Roanoke Memorial Hospital

Knaisey, Thomas, DO
Pro#: 10121873
Carolyn Healthcare Corporation
416 S Main St
Hillsville, VA 24343
(276) 728-7773

Hospital Affiliations:
Carolyn Clinic Home Care
(Carilion Tazewell Community Hospital)
Carolyn New River Valley Medical Center

Lazo, Robert, MD
Pro#: 45204
Carolyn Healthcare Corporation
416 South Main Street
Hillsville, VA 24343
(276) 728-7773

Hospital Affiliations:
Twin County Regional Hospital

Nelson, Paul D, MD
Pro#: 10176438
Carolyn Healthcare Corporation
416 S Main St
Hillsville, VA 24343
(276) 728-7773

Honaker

Easton, Brian Thomas, MD
Pro#: 10024868
C Health, PC
48 Commerce Street
Honaker, VA 24260
(276) 873-6876

Hospital Affiliations:
Russell County Hospital

Harman, Nicholas, DO
Pro#: 10168335
C Health, PC
4675 Redbud Hwy
Honaker, VA 24260
(276) 889-3700

Owens, Dia P., MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
10279 Hurley Road
Hurley, VA 24620
(276) 566-7204

Wess, Kevin L., DO
Pro#: 10150827
C Health, PC
4675 Redbud Hwy
Honaker, VA 24260
(276) 889-3700

Hopewell

Miller, Christopher, MD
Pro#: 10151014
Appomattox River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Mohiuddin, Abdul Q., MD
Pro#: 23323
Twin Rivers Medical Clinic PC
1012 Winston Churchill
Hopewell, VA 23860
(804) 458-8553

Hospital Affiliations:
John Randolph Medical Center

Best, Michael A, MD
Pro#: 10136950
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7197

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Reinhardt, Stephen, DO
Pro#: 10102107
Bath Community Physicians Group
106 Park Lane
Hot Springs, VA 24445
(540) 839-7130

Hospital Affiliations:
Bath Community Hospital

Michie, David W, MD
Pro#: 33774
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Keysville

Danner, James, DO
Pro#: 10141320
Altavista Medical Center
312 King Street
Keysville, VA 23947
(434) 736-8801

Hospital Affiliations:
Central Lynchburg General Hospital

Prout, David E, MD
Pro#: 10161223
Centra Medical Group, LLC
312 King Street
Keysville, VA 23947
(434) 736-8801

Kilmarnock

Ashworth, Joel T., MD
Pro#: 10026161
BON SECOURS KILMARNOCK PRIMATE CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
BON Secours St. Francis Medical Center
Kilmarnock Medical Center
Kilmarnock Medical Center/Johnston-Willis Hospital
Rappahannock General Hospital

Damewood IV, George P., MD
Pro#: 10077372
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
University of Virginia Medical Center

Foster-Weiss, Kara, MD
Pro#: 10102620
BON SECOURS KILMARNOCK PRIMATE CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
BON Secours St. Francis Medical Center
Kilmarnock Medical Center/Johnston-Willis Hospital

Reinhardt, Stephen, MD
Pro#: 10102615
BON SECOURS KILMARNOCK PRIMATE CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
BON Secours St. Francis Medical Center
Kilmarnock Medical Center/Johnston-Willis Hospital
St. Mary’s Hospital
Primary Care Physicians - Tier 1

Wright, James Lee, MD
Pro#: 10009809
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
VCU Health System/VCV

King William

Avula, Danielle, MD
Pro#: 10159533
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Hospital Affiliations:
Pro# Secours Memorial Regional Medical Center

Cook, Patricia, MD
Pro#: 10037118
Aylett Medical Center (Bon Secours)
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Rose, Robert, MD
Pro#: 10170981
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Lebanon

Easton, Brian Thomas, MD
Pro#: 10034868
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 889-3700

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lawrenceville

Feldmann, Jr., Spencer, MD
Pro#: 10164011
Southside Primary Care
1722 Lawrenceville Plank Road
Lawrenceville, VA 23868
(434) 848-4766

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Leesburg

Belote, Robert, MD
Pro#: 59198
Catoctin Family Practice of Leesburg PLLC
211 S King St
Leesburg, VA 20175
(703) 777-6655

Boudreau, Jennifer, MD
Pro#: 10170312
Vita Family Medicine and MedSpa LLC
540 Fort Evans Road Suite 204
Leesburg, VA 20176
(703) 737-3500

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Cecil, Mary, MD
Pro#: 68897
Leesburg/Sterling Family Practice
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Leesburg, VA 20176
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Charen, KELLY, MD
Pro#: 10019169
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Leesburg, VA 20176
(703) 724-7530

Cho, Charles H., DO
Pro#: 10091878
Patient First
601 Potomac Station Drive NE
Leesburg, VA 20176
(703) 840-1396

Clanciaruso, Lauren B., DO
Pro#: 10020850
Healthworks for Northern Virginia
224 Cornwall Street NW
Leesburg, VA 20176
(703) 779-4092

Hospital Affiliations:
Jefferson Memorial Hospital

Crowley, Anthony, MD
Pro#: 1000477
Leesburg/Sterling Family Practice
44055 Riverside Parkway Suite 110
Leesburg, VA 20176
(703) 724-7530

Djafari, Paria, MD
Pro#: 10092688
Patient First
601 Potomac Station Drive NE
Leesburg, VA 20176
(703) 840-1396

Gambhir, Saurabh, MD
Pro#: 10094960
Patient First
601 Potomac Station Drive NE
Leesburg, VA 20176
(703) 840-1396

Lake Ridge

© Stinnett, Bruce, MD
Pro#: 10173524
Patient First
2190 Old Bridge Road
Lake Ridge, VA 22192
(703) 357-9070

Tran, Minh, DO
Pro#: 1008358
Patient First
2190 Old Bridge Road
Lake Ridge, VA 22192
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Lansdowne

Kang, Jin Moon, MD
Pro#: 10173524
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Miakhel, Nail, MD
Pro#: 10196841
Leesburg/Sterling Family Practice
4408 Riverside Parkway Suite 300
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Rhodes, Valerie M., DO
Pro#: 10133838
Leesburg/Sterling Family Practice
4408 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

© All, Khurram, MD
Pro#: 10070600
Patient First - Glen Allen
601 Potomac Station Drive
Leesburg, VA 20176
(703) 840-1396

Optima Direct Network Providers 9/2019
50

OptimaHealth
Primary Care Physicians - Tier 1

Williamson, Valerie, MD  
Provision #: 10015194  
Potomac Family Practice  
224 D Cornwall St NW Suite 301  
Leesburg, VA 20176  
(703) 779-0700

Wright, Colleen, MD  
Provision #: 10004358  
Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110  
Leesburg, VA 20176  
(703) 724-7530

Harris, Marcia A., MD  
Harcus, Sinclair J., MD  
Ellington, David Alan, MD  
Horney, Wayne D., MD  
Lee, Christine, MD  
Horne, Wayne D., MD  
Horton, Ronald Boyd, MD

Lanier, Laura Wian, MD  
Pickral, Robert M, MD  
Lenker, Leon Edward, MD  
Greco, Salvatore J., MD

Hospital Affiliations:
Carilion Giles Community Hospital  
Carilion Stonewall Jackson Hospital

Overstreet, Ronald Boyd, MD  
Prov# : 10148522  
Carilion Clinic Internal Medicine  
Lexington  
108 Houston St Suite A  
Lexington, VA 24450  
(540) 463-2181

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Pickral, Robert M, MD

Prov# : 10149045  
Carilion Clinic Family Medicine  
Lexington  
146 South Main St  
Lexington, VA 24450  
(540) 463-9158

Hospital Affiliations:
Carilion Stone wall Jackson Hospital

Lee, Kelli Lynn, MD

Prov# : 10148519  
Carilion Clinic Internal Medicine  
Lexington  
108 Houston St Suite A  
Lexington, VA 24450  
(540) 463-2181

Hospital Affiliations:
Carilion Giles Community Hospital  
Carilion Stonewall Jackson Hospital

Lyons, Karen A., MD

Prov# : 10209726  
Rockbridge Area Health Center  
25 Northridge Lane  
Lexington, VA 24450  
(540) 464-8700

McClung, William Lyle, MD

Prov# : 10035681  
Rockbridge Internists Inc.  
204 East Washington Street  
Lexington, VA 24450  
(540) 463-5055

Hospital Affiliations:
Carilion Tazewell Community Hospital  
Carilion Stonewall Jackson Hospital

Griswold, Steven, MD

Prov# : 10206156  
BON SECOURS LIVELY MEDICAL CENTER  
36 Lively Oaks Road  
Lively, VA 22507  
(804) 462-5155

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital  
Rappahannock General Hospital

Locust Grove

Babir, Ahmad, MD

Prov# : 10017307  
University of Virginia Physicians Group  
4376 Germanna Hwy  
Locust Grove, VA 22508  
(540) 972-7798

Hospital Affiliations:
University of Virginia Medical Center

Lorton

Ciampi, Frank, P.

Prov# : 10002338  
Williamsburg Square Family Practice, P.C.  
9500 Richmond Highway  
Lorton, VA 22079  
(703) 339-7788

Gallini, Marc, MD

Prov# : 10065150  
Williamsburg Square Family Practice, P.C.  
9500 Richmond Highway  
Lorton, VA 22079  
(703) 339-7788

Hospital Affiliations:
Inova Mount Vernon Hospital

Inova Mount Vernon Hospital

Lee, Christine, MD

Prov# : 10040114  
Lorton Station Family Medicine  
8988 Lorton Station Blvd Ste 201  
Lorton, VA 22079  
(703) 339-7788

Lee, David W., MD

Prov# : 10019025  
Lorton Station Family Medicine  
8988 Lorton Station Blvd Ste 201  
Lorton, VA 22079  
(703) 339-7788

Hospital Affiliations:
Inova Fairfax Hospital

Inova Fairfax Hospital

McAfee, Jessica L., MD

Prov# : 10140687  
Lorton Station Family Medicine  
8988 Lorton Station Blvd Ste 201  
Lorton, VA 22079  
(703) 339-7788

Hospital Affiliations:
Inova Fair Oaks Hospital  
Inova Fair Oaks Hospital

Inova Fairfax Hospital

Lively

Bavuso, Salvatore K., MD

Prov# : 10206158  
BON SECOURS LIVELY MEDICAL CENTER  
36 Lively Oaks Road  
Lively, VA 22507  
(804) 462-5155

Hospital Affiliations:
Rappahannock General Hospital

Optima Direct Network Providers 9/2019 51
Primary Care Physicians - Tier 1

Louisa

Chang, Andrew S., MD  
Pro#: 100178120 
Central Virginia Family Physicians, Inc. 
2811 Linkhorne Drive 
Lynchburg, VA 24503 
(434) 384-1581

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Miller, D. Brooke, MD  
Pro#: 43272 
Valley Health Page Memorial Hospital Family and Internal Medicine 
135 Memorial Drive 
Luray, VA 22835 
(540) 743-2887

Hospital Affiliations: 
Page Memorial Hospital Inc

Reploge, Corinne, MD  
Pro#: 101873576 
Sentara RMH Medical Group, LLC 
134 General Drive 
Luray, VA 22835 
(540) 743-9087

Hospital Affiliations: 
Sentara RMH Medical Center

Lynchburg

Albers, Gregg, MD  
Pro#: 10178120 
Central Virginia Family Physicians, Inc. 
2811 Linkhorne Drive 
Lynchburg, VA 24503 
(434) 384-1581

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Anderson, Andrew, DO  
Pro#: 10164265 
Central Virginia Family Physicians, Inc. 
20304 Timberlake Road 
Lynchburg, VA 24502 
(434) 455-5330

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Bedall, Jr, Richard A., MD  
Pro#: 10164940 
Acute Rehab CentreHealth 
3000 Enterprise Dr 
Lynchburg, VA 24502 
(434) 316-5900

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Caballero, Cesar E., MD  
Pro#: 10173756 
Centra Medical Group (Centra Health, Inc.) 
125 Nationwide Drive 
Lynchburg, VA 24502 
(434) 200-3908

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Coggin, Charles H., MD  
Pro#: 10177387 
Centra Medical Group, LLC 
3300 Rivermont Avenue 
Lynchburg, VA 24503 
(434) 200-3656

Hospital Affiliations: 
Bedford Memorial Hospital

Desrochers, Danielle, MD  
Pro#: 100360166 
Valley Health Page Memorial Hospital Family and Internal Medicine 
135 Memorial Drive 
Luray, VA 22835 
(540) 743-2887

Hospital Affiliations: 
Page Memorial Hospital Inc

Luray

Crowley, Anthony, MD  
Pro#: 10000477 
Leesburg/Sterling Family Practice 
2 East Broad Way 
Luray, VA 22835 
(540) 579-1500

Hospital Affiliations: 
Sentara RMH Medical Center

Bedford, VA 24523

Page Memorial Hospital Inc

Hospital Affiliations: 
Sentara RMH Medical Center

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Burgess, Henry E., MD  
Pro#: 10058780 
Blue Ridge Immediate Care 
2137 Lakeside Drive 
Lynchburg, VA 24501 
(434) 385-4184

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Southall, III, Alger R., MD  
Pro#: 68259 
Louisa Family Practice, PLC 
101 Woolfolk Ave 
Louisa, VA 23093 
(540) 967-2202

Hospital Affiliations: 
Sentara RMH Medical Center

Gray, Sasha L., MD  
Pro#: 10115265 
Valley Health Page Memorial Hospital Family and Internal Medicine 
135 Memorial Drive 
Luray, VA 22835 
(540) 743-2887

Hospital Affiliations: 
Sentara RMH Medical Center

Karkader, Edward R., MD  
Pro#: 43356 
Louisa Family Practice, PLC 
101 Woolfolk Ave 
Louisa, VA 23093 
(540) 967-2202

Hospital Affiliations: 
Sentara RMH Medical Center

Lovettsville

Gillespie, John, MD  
Pro#: 10026301 
Valley Health Page Memorial Hospital Family and Internal Medicine 
135 Memorial Drive 
Luray, VA 22835 
(540) 743-2887

Hospital Affiliations: 
Page Memorial Hospital Inc

Richmond, Michael, DO  
Pro#: 10164030 
Central Virginia Community Health Center (CVHSC) 
115 Jefferson Highway Suite 9 
Luray, VA 22835 
(540) 967-2901

Hospital Affiliations: 
Sentara RMH Medical Center

Richmond, Michael, DO  
Pro#: 10164030 
Central Virginia Community Health Center (CVHSC) 
115 Jefferson Highway Suite 9 
Luray, VA 22835 
(540) 967-2901

Hospital Affiliations: 
Sentara RMH Medical Center

Audrey, Joseph E., MD  
Pro#: 10115265 
Valley Health Page Memorial Hospital Family and Internal Medicine 
135 Memorial Drive 
Luray, VA 22835 
(540) 743-2887

Hospital Affiliations: 
Sentara RMH Medical Center

Lynchburg

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Anderson, Andrew, DO  
Pro#: 10164265 
Central Virginia Family Physicians, Inc. 
20304 Timberlake Road 
Lynchburg, VA 24502 
(434) 455-5330

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Burgess, Henry E., MD  
Pro#: 10058780 
Blue Ridge Immediate Care 
2137 Lakeside Drive 
Lynchburg, VA 24501 
(434) 385-4184

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Bedford, VA 24523

Page Memorial Hospital Inc

Hospital Affiliations: 
Sentara RMH Medical Center

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Bedall, Jr, Richard A., MD  
Pro#: 10164940 
Acute Rehab CentreHealth 
3000 Enterprise Dr 
Lynchburg, VA 24502 
(434) 316-5900

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Caballero, Cesar E., MD  
Pro#: 10173756 
Centra Medical Group (Centra Health, Inc.) 
125 Nationwide Drive 
Lynchburg, VA 24502 
(434) 200-3908

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Coggins, Charles H., MD  
Pro#: 10177387 
Centra Medical Group, LLC 
3300 Rivermont Avenue 
Lynchburg, VA 24503 
(434) 200-3656

Hospital Affiliations: 
Bedford Memorial Hospital

Luray

Babineau, Teresa W., MD  
Pro#: 10189641 
Centra Medical Group, LLC 
2323 Memorial Ave Suite 10 
Lynchburg, VA 24501 
(434) 200-6401

Hospital Affiliations: 
Centra Lynchburg General Hospital 
Centra Virginia Baptist Hospital

Bedall, Jr, Richard A., MD  
Pro#: 10164940 
Acute Rehab CentreHealth 
3000 Enterprise Dr 
Lynchburg, VA 24502 
(434) 316-5900

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Caballero, Cesar E., MD  
Pro#: 10173756 
Centra Medical Group (Centra Health, Inc.) 
125 Nationwide Drive 
Lynchburg, VA 24502 
(434) 200-3908

Hospital Affiliations: 
Bedford Memorial Hospital 
Centra Lynchburg General Hospital

Coggins, Charles H., MD  
Pro#: 10177387 
Centra Medical Group, LLC 
3300 Rivermont Avenue 
Lynchburg, VA 24503 
(434) 200-3656

Hospital Affiliations: 
Bedford Memorial Hospital
Primary Care Physicians - Tier 1

Combs, Kimberly H., MD  
Prox#: 24961  
Piedmont Family Practice  
2019 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-7374  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Crow, William, MD  
Prox#: 44989  
Lynchburg Family Medicine Center  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-3908  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Danner, James, DO  
Prox#: 10141320  
AltaVista Medical Center  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-3908  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Davis, Tabatha, MD  
Prox#: 10200747  
Centra Medical Group, LLC  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Engel, David, DO  
Prox#: 10033531  
Physicians Treatment Center  
2832 Candlers Mountain Road  
Lynchburg, VA 24502  
(434) 239-3944  
Freed, Daniel M., MD  
Prox#: 10159073  
Lynchburg Family Medicine Center  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Freed, Lisa, MD  
Prox#: 10096583  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Freeman, Brian A., MD  
Prox#: 10171334  
Lynchburg Women's and Pediatric Health Services  
320 Federal Street  
Lynchburg, VA 24504  
(434) 947-5967  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Gibbs, Peter, DO  
Prox#: 10111950  
Lynchburg Family Medicine Center  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-3908  
1900 Tate Springs Rd Suite 3  
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(434) 200-3908  
1901 Tate Springs Road  
Lynchburg, VA 24501  
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2323 Memorial Ave  
Lynchburg, VA 24502  
(434) 200-3908  
3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434) 200-3908  
501 Ves Road  
Lynchburg, VA 24503  
(434) 386-3500  
Gregory, David, MD  
Prox#: 41820  
Lynchburg Family Medicine Center  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200  
Guanzon, Verna C., MD  
Prox#: 10669881  
Timberlake Family Practice-Division of Central VA Family Phys  
2137 Lakeside Drive  
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(434) 385-4184  
Guidi, Joseph G., DO  
Prox#: 10045481  
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Optima Direct Network Providers 9/2019
## Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliations</th>
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<tr>
<td><strong>Madison</strong></td>
<td></td>
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<tr>
<td>Breen, Jacqueline, DO</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td></td>
<td>Madisom North Main Street Ste A Madison, VA 22727</td>
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<td>(540) 948-6743</td>
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<td>125 North Main Street Madison, VA 22277</td>
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</tbody>
</table>

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|                      | (434) 455-2480                                                                |
| Dobyns, Thomas, MD   | Amelon Square Madison Heights, VA 22572                                       |
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|                      | (571) 229-1797                                                                |
| Bigbee, John A., MD   | Prince William Family Medicine                                               |
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Optima Direct Network Providers 9/2019 56
Primary Care Physicians - Tier 1

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University of Virginia Medical Center

Midlothian
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tr>
<td>Aisenberg, Laura, MD</td>
<td>10052994</td>
<td>Midlothian, VA 23113 (804) 794-5598</td>
<td>Chippennah Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Albaz, Rama, MD</td>
<td>10170885</td>
<td>Midlothian, VA 23112 (804) 739-6142</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
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<tr>
<td>Albal, Rishi, MD</td>
<td>10091320</td>
<td>Midlothian, VA 23112 (804) 739-6142</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
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<td>Carpenter, Jeanette M., MD</td>
<td>10025324</td>
<td>Midlothian, VA 23112 (804) 739-6142</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
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<tr>
<td>Cross, Robert Dixon, MD</td>
<td>10113677</td>
<td>Midlothian, VA 23113 (804) 794-5598</td>
<td>Hospital Affiliations: Chippennah Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Goos, Lawrence W., DO</td>
<td>10141257</td>
<td>Midlothian, VA 23113 (804) 594-0125</td>
<td>Hospital Affiliations: Chippennah Medical Center/Johnston-Willis Hospital</td>
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<td>10052994</td>
<td>Midlothian, VA 23113 (804) 794-5598</td>
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# Primary Care Physicians - Tier 1

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<td>Hinson, Randolph, MD</td>
<td>Primary Health Group - Oxfords</td>
<td>10130 Hull Street</td>
<td>(804) 276-6900</td>
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<tr>
<td>Jadali, Saeed, MD</td>
<td>Primary Health Group - Oxfords</td>
<td>10130 Hull Street</td>
<td>(804) 276-6900</td>
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<tr>
<td>Jackson, Paul, MD</td>
<td>St. Francis Family Medicine Center</td>
<td>13630 Hull Street</td>
<td>(804) 739-6142</td>
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<tr>
<td>Johnson, Diane, MD</td>
<td>Virginia Family Physicians</td>
<td>2367 Colony Crossing Place</td>
<td>(804) 232-1264</td>
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<tr>
<td>Keller, Kevin A., MD</td>
<td>ParmerMD, PC</td>
<td>13901 Coalfield Commons Place Ste 200</td>
<td>(804) 420-1205</td>
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<tr>
<td>King, Herbert, MD</td>
<td>Virginia Physicians, Inc.</td>
<td>3000 Watercove Road</td>
<td>(804) 744-0200</td>
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<td>Lobb, Keefe H., DO</td>
<td>Bon Secours St. Francis Medical Center</td>
<td>15340 Hull Street Road</td>
<td>(804) 739-6142</td>
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<tr>
<td>Loucks, Clay A., MD</td>
<td>Bon Secours St Francis Medical Center</td>
<td>13540 Hull Street Road</td>
<td>(804) 420-1205</td>
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<td>Mantzouris, Tammy J., MD</td>
<td>Bon Secours St. Francis Medical Center</td>
<td>1529 Huguenot Road Suite A Midlothian</td>
<td>(804) 378-7373</td>
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<tr>
<td>Marshall, Amy, MD</td>
<td>Virginia Physicians, Inc.</td>
<td>3000 Watercove Road</td>
<td>(804) 744-0200</td>
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<td>Marshall, Christopher, MD</td>
<td>Bon Secours St. Francis Medical Center</td>
<td>10130 Hull Street Road</td>
<td>(804) 276-6900</td>
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<td>Mumper, James D., MD</td>
<td>Virginia Physicians, Inc.</td>
<td>13332 Midlothian Turnpike</td>
<td>(804) 794-5598</td>
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<tr>
<td>Neely, Brian, MD</td>
<td>Whole Health Physicians PC</td>
<td>611 Watkins Centre Parkway Suite 350</td>
<td>(804) 306-7073</td>
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<tr>
<td>Neth, Zarah, MD</td>
<td>Primary Health Group - POFM</td>
<td>13861 Hull Street</td>
<td>(804) 739-0910</td>
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<tr>
<td>Orndorff, Tiffany, MD</td>
<td>Virginia Physicians, Inc.</td>
<td>13332 Midlothian Turnpike</td>
<td>(804) 794-5598</td>
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<td>Paine, Matthew, MD</td>
<td>St. Francis Family Medicine Center</td>
<td>10130 Hull Street</td>
<td>(804) 739-6142</td>
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Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

Palen, Ellen, MD
Pro#: 10014172
Virginia Family Physicians
2367 Colony Crossing Place
Midlothian, VA 23112
(804) 232-1264
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Pasco, Hayden, MD
Pro#: 10020751
Whole Health Physicians PC
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350
Midlothian, VA 23114
(804) 306-7073

Pong, David, MD
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PartnerMD, PC
13901 Coalfield Commons Place
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(804) 420-1200
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Powers, Elizabeth A., MD
Pro#:
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Reinhardt, Stephen, MD
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St. Francis Family Medicine Center (Bon Secours)
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Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
St. Mary's Hospital

Reynolds, Todd J., MD
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Virginia Family Physicians
2367 Colony Crossing Place
Midlothian, VA 23112
(804) 232-1264

Risser, Andreya, MD
Pro#:
Bon Secours St. Francis - Ironbridge Family Practice
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Roberts, Jeffrey, MD
Pro#:
St. Francis Family Medicine Center/Residency Program
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Siedlecki, John, MD
Pro#:
Family Practice Specialists of Richmond
3742 Winterfield Road
Midlothian, VA 23113
(804) 330-3335
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Siers III, Leon O., MD
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PartnerMD, PC
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Suite 201
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(804) 420-1200
Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Taminger, David, MD
Pro#:
Virginia Family Physicians
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Midlothian, VA 23112
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Taylor, Gail L., MD
Pro#:
Charter Colony Family Practice-Bon Secours Medical Group
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6172

Timmons, Jelisa, MD
Pro#:
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Turner, Patrick L., MD
Pro#:
Family Practice Specialists of Richmond
3742 Winterfield Road
Midlothian, VA 23113
(804) 330-3335
Hospital Affiliations:
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Chippenham Medical Center/
Johnston-Willis Hospital

Vest, Marcee, DO
Pro#:
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142
Hospital Affiliations:
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Wein, Barry K., MD
Pro#:
PartnerMD, PC
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Suite 201
Midlothian, VA 23114
(804) 420-1200
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Yeatts, Donald E., MD
Pro#:
HealthVisionsMD Inc
1230 Alverser Dr Ste 100
Midlothian, VA 23113
(804) 601-6599
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Moneta

Byerly, Walter B., MD
Pro#:
Brookneal Medical Center
4830 Rucker Road
Moneta, VA 24121
(540) 297-7181
Hospital Affiliations:
Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Blanks, Virginia A., MD
Prov#: 10060590
Village Family Physicians
4830 Rucker Rd
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(540) 297-7181

Cox, Brandon, MD
Prov#: 10076982
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24121
(540) 297-7181

Danner, James, DO
Prov#: 10141320
AltaVista Medical Center
4830 Rucker Road
Moneta, VA 24121
(540) 297-7181

Dehli, Todd H., MD
Prov#: 10052099
Village Family Physicians
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Moneta, VA 24121
(540) 297-7181

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Johnson, Matthew A., MD
Prov#: 29492
Lynchburg Family Medicine
120 Medical Drive
Moneta, VA 24121
(540) 297-7181

Hospital Affiliations:
Village Family Physicians
Centra Lynchburg General Hospital

Nevin, Marc, MD
Prov#: 10100772
Long Term Care of America-Virginia, Inc.
1112 Lakeland Pines Drive
Moneta, VA 24121
(540) 297-4023

Hospital Affiliations:
Carilion Roanoke Community Hospital
Lewis-Gale Medical Center

Sparhawk, Kathryn L., MD
Prov#: 10062301
Village Family Physicians
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Moneta, VA 24121
(540) 297-7181

Monterey

Moree, Claire M, MD
Prov#: 10173359
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Redington, James F., MD
Prov#: 10156048
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Cook, James S., MD
Prov#: 10202417
Virginia Family Practice
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Montpelier, VA 23192
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus

Ernst, Angela, MD
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Westmoreland Medical Center (CVHS)(CCNV)
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Montross, VA 22520
(804) 493-9999

Walker, Andrew F, MD
Prov#: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
18849 Kings Hwy
Montross, VA 22520
(804) 493-9999

Walker, Thomas A., MD
Prov#: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
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(804) 493-9999

Hospital Affiliations:
Southern Virginia Regional Medical Center

Asistores, Jason Leo G., MD
Prov#: 10151635
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Cunningham, Jennifer D., MD
Prov#: 10130415
Valley Health Family Medicine - Mt. Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350
Prov#: 10181576
Valley Hth Shenandoah Mem Hosp
Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350

Hospital Affiliations:
Shenandoah Memorial Hospital

Feit, Jeffrey, MD
Prov#: 10181569
Valley Hth Shenandoah Mem Hosp
Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350

Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc

Four Jr, Tolvert E., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Reploge, Corinne, MD
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Hospital Affiliations:
Sentara RMH Medical Center

Parker, David G., DO
Prov#: 10174688
Grayson Highlands Clinic Corp
2635 Oak Hill Rd
Mount of Wilson, VA 24363
(276) 579-2619

Hospital Affiliations:
Smyth County Community Hospital

Devereaux, Robert, MD
Prov#: 10031509
Carilion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Lough, Andrea Rhea, DO
Prov#: 10050396
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(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Sargent, Julia, DO
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Carilion Healthcare Corporation
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Narrows, VA 24124
(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Buckman, Paul S., MD
Prov#: 43428
SENTARA VOLENS FAMILY MEDICINE
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(434) 349-3113

Hamlor, Gahear F., MD
Prov#: 43429
SENTARA VOLENS FAMILY MEDICINE
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Nathalie, VA 24577
(434) 349-3113

Nellysford

Cohee, Mark W., MD
Prov#: 10168918
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(434) 361-2555

Hospital Affiliations:
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Dalrymple, Sarah N., MD
Prov#: 10205479
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2871 Rockfish Valley Highway
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(434) 361-2555

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Heim, Steven W., MD
Prov#: 23550
UVA Stoney Creek Family Practice
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Landen, Donna A., MD
Prov#: 10155071
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Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
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Rucker, Tinsley W., MD
Prov#: 10155144
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2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Way, Denise A., MD
Prov#: 10142488
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

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<td>Amer, Mohammed A., MD &lt;br&gt; Prov#: 10065944 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12720 McManus Blvd Ste 308 &lt;br&gt; Newport News, VA 23602 &lt;br&gt; (757) 243-8550</td>
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<td>Bushey, Sarah, MD &lt;br&gt; Prov#: 51042 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12655 Warwick Blvd Ste A &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 595-9880</td>
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<td>Butcher, Robert, MD &lt;br&gt; Prov#: 57077 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 13347 Warwick Blvd &lt;br&gt; Newport News, VA 23602 &lt;br&gt; (757) 877-0214</td>
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<td>Bon Secours Mary Immaculate Hospital</td>
<td>Christie, Joanne, MD &lt;br&gt; Prov#: 53718 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 13347 Warwick Blvd &lt;br&gt; Newport News, VA 23602 &lt;br&gt; (757) 877-0214</td>
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<td>Dait, Marianne T, DO &lt;br&gt; Prov#: 10121001 &lt;br&gt; Riverside Medical Group &lt;br&gt; 1000 Old Denbigh Boulevard Suite 1020A &lt;br&gt; Newport News, VA 23602 &lt;br&gt; (757) 875-2009</td>
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<td>Deele, David S., MD &lt;br&gt; Prov#: 10152246 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12655 Warwick Blvd Ste A &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 595-9880</td>
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<td>Bracy, John Edward, MD &lt;br&gt; Prov#: 63928 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 10234 Warwick Boulevard &lt;br&gt; Newport News, VA 23601 &lt;br&gt; (757) 223-0124</td>
</tr>
<tr>
<td>Sentara CarePlex Hospital</td>
<td>Brawley, Jessica R., MD &lt;br&gt; Prov#: 10188254 &lt;br&gt; Patient First - Denbigh Blvd &lt;br&gt; 611 Denbigh Blvd &lt;br&gt; Newport News, VA 23608 &lt;br&gt; (757) 283-8300</td>
</tr>
<tr>
<td>Hospital Affiliations:</td>
<td>Brawley, Jessica R., MD &lt;br&gt; Prov#: 10188254 &lt;br&gt; Patient First - Denbigh Blvd &lt;br&gt; 611 Denbigh Blvd &lt;br&gt; Newport News, VA 23608 &lt;br&gt; (757) 283-8300</td>
</tr>
<tr>
<td>Sentara Williamsburg Regional Medical Center</td>
<td>Friend, Clarence W., MD &lt;br&gt; Prov#: 10122831 &lt;br&gt; Southeastern Virginia Health System &lt;br&gt; 15425 H Warwick Blvd &lt;br&gt; Newport News, VA 23607 &lt;br&gt; (757) 874-8400</td>
</tr>
<tr>
<td>Sentara CarePlex Hospital</td>
<td>Graham Jr, Leroy, MD &lt;br&gt; Prov#: 76157 &lt;br&gt; Stonebridge Family Practice &lt;br&gt; 15408 Warwick Blvd &lt;br&gt; Newport News, VA 23608 &lt;br&gt; (757) 890-0012</td>
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<td>Sentara CarePlex Hospital</td>
<td>Halverson, James Matthew, DO &lt;br&gt; Prov#: 17373 &lt;br&gt; James River Family Practice, LLC &lt;br&gt; 11835 Fishing Point Drive Suite 104 &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 599-5588</td>
</tr>
<tr>
<td>Sentara CarePlex Hospital</td>
<td>Hotellis, Apostolos, MD &lt;br&gt; Prov#: 10039079 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 13347 Warwick Blvd &lt;br&gt; Newport News, VA 23602 &lt;br&gt; (757) 877-0214</td>
</tr>
<tr>
<td>New Market</td>
<td></td>
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<td>Hospital Affiliations:</td>
<td>Lovedale, Nance A., DO &lt;br&gt; Prov#: 10096918 &lt;br&gt; Valley Health Family Medicine/ New Market &lt;br&gt; 9166 North Congress St &lt;br&gt; New Market, VA 22844 &lt;br&gt; (540) 459-1340</td>
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<tr>
<td>Sentara RMH Medical Center</td>
<td>O’Rourke, Kevin P., MD &lt;br&gt; Prov#: 10104875 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12655 Warwick Blvd Ste A &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 595-9880</td>
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<tr>
<td>Sentara Williamsburg Regional Medical Center</td>
<td>Ott, Kelly, MD &lt;br&gt; Prov#: 10154040 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12655 Warwick Blvd Ste A &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 595-9880</td>
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<tr>
<td>Sentara Wilson Clinic</td>
<td>Pless, Suzanne, MD &lt;br&gt; Prov#: 10187393 &lt;br&gt; Tidewater Physicians Multispecialty Group, PC (TPMG) &lt;br&gt; 12655 Warwick Blvd Ste A &lt;br&gt; Newport News, VA 23606 &lt;br&gt; (757) 595-9880</td>
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Primary Care Physicians - Tier 1

Pringle, Alana D., DO
Prov#: 10137498
Sentara Family Medicine Physicians (SMG)
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Sentara Norfolk General Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sentara CarePlex Hospital

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Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital

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Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital

North Garden

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Hospital Affiliations:
University of Virginia Health Sciences Center

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University of Virginia Medical Center

George H. Katharine C, MD
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UVA Crossroads Family Practice
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Hospital Affiliations:
University of Virginia Health Sciences Center

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Provisional #: 45808
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Hospital Affiliations:
University of Virginia Physicians Group

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Hospital Affiliations:
University of Virginia Medical Center

Norton

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Norton Community Physician Services-Occumed
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(276) 679-8890
1490 Park Ave NW Suite 5
Norton, VA 24273
(276) 439-1440
Hospital Affiliations:
Norton Community Hospital

Onley

Balmoria, Sandra, MD
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Atlantic Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Halls, Albert John, MD
Provisional #: 10122378
Eastern Shore Rural Health Systems, Inc. (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Hollandsworth, Thomas, MD
Provisional #: 16906
Onley Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Hoshino, David, MD
Provisional #: 43097
Atlantic Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Lingen, Joan K., MD
Provisional #: 10002447
Franktown Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Lo, Colette W., MD
Provisional #: 10115053
Onley Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Hospital Affiliations:
Sentara Princess Anne Hospital

Stark, Heather R., MD
Provisional #: 43423
Onley Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Hospital Affiliations:
Riverside Shore Memorial Hospital

Vandenhoff, Stephen, MD
Provisional #: 10058088
Onley Community Health Center (ESRHS) (CCNV)
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Onley, VA 23418
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Orange

Cooley, Amy A., MD
Provisional #: 10022476
Orange Family Physicians
13198 James Madison Highway
Orange, VA 22960
(540) 672-3010

Giese, Matthew R. MD
Provisional #: 75970
Orange Family Physicians
13198 James Madison Highway
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Keller, Lawrence E., MD
Provisional #: 45253
Orange Family Physicians
13198 James Madison Highway
Orange, VA 22960
(540) 672-3010

Schmitz, Nancy A., MD
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Orange Family Physicians
13198 James Madison Highway
Orange, VA 22960
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Silverstein, Michael J., MD
Provisional #: 45255
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13198 James Madison Highway
Orange, VA 22960
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Wolanski, Thomas E., MD
Provisional #: 45273
Orange Family Physicians
13198 James Madison Highway
Orange, VA 22960
(540) 672-3010
Primary Care Physicians - Tier 1

Palmyra

Castrodale, Brett L., MD
Pro#: 10171454
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Hospital Affiliations:
University of Virginia Medical Center

Engel, Gina D., MD
Pro#: 10004749
UVA Waynesboro Primary Care
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Mix, William A, MD
Pro#: 10172978
Sentara Palmyr Medical Associates
33 Rebecca Drive
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Pearsburg

Boone, John, DO
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Devereaux, Robert, MD
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Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Lewis, Sarah H., DO
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Carilion Clinic Family Medicine
Giles
430 Boxwood Ln
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(540) 921-6110

Hospital Affiliations:
Carilion Giles Community Hospital
University of Virginia Medical Center

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(540) 921-6110

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Carilion Roanoke Memorial Hospital

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Carilion Giles Community Hospital

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Carilion Giles Community Hospital

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St. Mary's Hospital

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Pro#: 10106792
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200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5000

Optima Direct Network Providers 9/2019

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<th>Phone</th>
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<tbody>
<tr>
<td>Britton, Bruce, MD</td>
<td>(804) 733-8821</td>
<td>50 Medical Park Blvd Suite C and D</td>
<td></td>
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</tr>
<tr>
<td>Quarshie, George, MD</td>
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<td>Southside Primary Care - Petersburg 20901 Chesterfield Ave</td>
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<tr>
<td>Brittman, Stanley, MD</td>
<td>(804) 526-3500</td>
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<tr>
<td>Brawley, Stephen C, MD</td>
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<td>Southside Regional Medical Center</td>
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<tr>
<td>Baumgarten, Margaret, MD</td>
<td>10004928</td>
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<tr>
<td>Quarshie, George, MD</td>
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<td>Bikowski, Richard, MD</td>
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<td>Cochran, Donald L., MD</td>
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<tr>
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</tr>
<tr>
<td>Brittman, Stanley, MD</td>
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<tr>
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<td></td>
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<td></td>
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<tr>
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<td>Bon Secours Maryview Medical Center</td>
</tr>
<tr>
<td>Lewis, Steven J., MD</td>
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<td>Bon Secours Maryview Medical Center</td>
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<tr>
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<td>Bon Secours Maryview Medical Center</td>
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<tr>
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<td>47165 Westlake Drive Suite 120</td>
<td></td>
<td>Bon Secours Maryview Medical Center</td>
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<td>Murr, Ranu, MD</td>
<td>(703) 444-3302</td>
<td>47165 Westlake Drive Suite 120</td>
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<td>Williamson, Valerie, MD</td>
<td>(804) 598-3100</td>
<td>3452 Anderson Highway Ste D</td>
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<td>Bon Secours St Francis - Powhatan Medical Associates</td>
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<tr>
<td>Cress, Alicia N, MD</td>
<td>(804) 285-6050</td>
<td>3003 High Street Suite 3B</td>
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<td>Dodd, Jeffrey D., MD</td>
<td>(804) 897-1259</td>
<td>2595 Victory Blvd</td>
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<td>Vanguard, LLC</td>
<td>(804) 794-1555</td>
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<td>Dussault, John, MD</td>
<td>(703) 444-3302</td>
<td>47165 Westlake Drive Suite 120</td>
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<td>(703) 444-3302</td>
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<td>Mayfield, Robert, MD</td>
<td>(804) 598-3100</td>
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<td>Murray, Latisha, MD</td>
<td>(804) 285-6050</td>
<td>47165 Westlake Drive Suite 120</td>
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<td>Reineke-Piper, Kristen, MD</td>
<td>(757) 488-3333</td>
<td>3640 High Street Suite 3B</td>
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<td>Scott, Pamela C, MD</td>
<td>(757) 488-3333</td>
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<td>Wells, Janelle M., MD</td>
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<td>Yuengert, Mary, MD</td>
<td>(757) 488-3333</td>
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<td>Yoon, Jee, MD</td>
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<td>Yu, Gang, MD</td>
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<td>Zhang, Xiaofeng, MD</td>
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### Potomac Falls

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<td>Murr, Ranu, MD</td>
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<td>Mayfield, Robert, MD</td>
<td>(804) 598-3100</td>
<td>47165 Westlake Drive Suite 120</td>
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<td>Murray, Latisha, MD</td>
<td>(804) 285-6050</td>
<td>47165 Westlake Drive Suite 120</td>
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Primary Care Physicians - Tier 1

**Prince George**

- Chiu, Grace H., MD  
  Pro#: 10027183  
  Charles City Regional Health Services (CCRN)  
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**Pulaski**

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**Purcellville**

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**Radford**

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- Kelly, Daniel R., MD  
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**Raphine**

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- Dolich, Augustine A., MD  
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**Rich Creek**

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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Smyth County Community Hospital
VCU Community Memorial Hospital
VCU Health System/MCV

Primary Care Physicians - Tier 1

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Bon Secours St. Francis Medical Center
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Hospital Affiliations:
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Henrico Doctors' Hospital - Retreat Campus
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Henrico Doctors' Hospital - Forest Campus

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OptimaHealth
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  - Pro#: 90975
  - Family Physicians of Ridgefield
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    - Henrico Doctors' Hospital - Forest Campus
    - St. Mary's Hospital

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    - Chippenham Medical Center
    - Johnston-Willis Hospital

- Fowler, Elizabeth L., MD
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    - Chippenham Medical Center
    - Johnston-Willis Hospital

- Foster, John W., MD
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  - Patient First
  - 12 N Thompson St
  - Richmond, VA 23221
  - (804) 359-1337
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    - Johnston-Willis Hospital

- Greenfield, Scott R., MD
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  - Patient First
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  - Richmond, VA 23235
  - (804) 968-5700

- Hackelton, Karissa, MD
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  - Hospital Affiliations:
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    - Parham Campus

- Hatch, Karen M., MD
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    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - St. Mary's Hospital

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    - Johnston-Willis Hospital

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- Jackson, Paul, MD
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- Jordan-Sayles, Cheryl J., MD
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  - Laburnum Medical Center
  - 4620 South Laburnum Avenue
  - Richmond, VA 23231
  - (804) 222-7744
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<td>Ng, Charlene, MD</td>
<td>Virginia Physicians, Inc. 6900 Forest Ave Suite 300 Richmond, VA 23230 (804) 346-1515  Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors’ Hospital - Forest Campus</td>
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<td>Petrizzi, Mark, MD</td>
<td>PartnerMD, PC 7001 Forest Avenue Suite 302 Richmond, VA 23230 (804) 282-2655  Hospital Affiliations: Bon Secours Memorial Regional Medical Center Henrico Doctors’ Hospital - Forest Campus VCU Health System/VCV</td>
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<td>Poehlows, Karen, MD</td>
<td>PartnerMD, PC 7001 Forest Avenue Suite 302 Richmond, VA 23230 (804) 282-2655  Hospital Affiliations: Bon Secours St. Marys Hospital</td>
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<td>Pong, David, MD</td>
<td>PartnerMD, PC 7001 Forest Avenue Suite 302 Richmond, VA 23230 (804) 282-2655  Hospital Affiliations: Bon Secours St. Marys Hospital</td>
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<td>Powell, Douglas C., DO</td>
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<td>Powers, Elizabeth A., MD</td>
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<td>Quares, Robert L., DO</td>
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<td>Rosenberg, Mark J., MD</td>
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<tr>
<td>Samdani, Rafia, MD</td>
<td>10131266  Patient First - Parham 2300 East Parham Road Richmond, VA 23228 (804) 264-7808  Hospital Affiliations: Bon Secours Memorial Regional Medical Center Henrico Doctors’ Hospital - Forest Campus</td>
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<tr>
<td>Samdani, Shazia, MD</td>
<td>10146930  Patient First - Midlothian 8110 Midlothian Tpke Richmond, VA 23235 (804) 320-8160  Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
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<tr>
<td>Sayed, Handy L., MD</td>
<td>45857  Chickahominy Family Practice, Inc 2660 New Market Road Richmond, VA 23231 (804) 795-1144  Hospital Affiliations: Bon Secours Memorial Regional Medical Center Henrico Doctors’ Hospital - Forest Campus</td>
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<tr>
<td>Schanzer, Harriett, MD</td>
<td>13732  Primary Health Group - Ironbridge 6439 Ironbridge Rd Richmond, VA 23234 Richmond, VA 23234 (804) 271-8990  Hospital Affiliations: Bon Secours Memorial Regional Medical Center Henrico Doctors’ Hospital - Forest Campus</td>
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<tr>
<td>Schwartz, Jeffrey V., MD</td>
<td>10148822  PatientMD, PC 7001 Forest Avenue Suite 302 Richmond, VA 23230 (804) 282-2655  Hospital Affiliations: Bon Secours St. Marys Hospital</td>
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<td>Sheehan, Michael D., MD</td>
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<tr>
<td>Sheriff, Lindsay, MD</td>
<td>10191067  Chesterfield Family Practice Center, PC 2500 Pocoshack Place Richmond, VA 23235 (804) 276-9305  Hospital Affiliations: Bon Secours Memorial Regional Medical Center Henrico Doctors’ Hospital - Forest Campus</td>
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<tr>
<td>Sheriff, John, MD</td>
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Primary Care Physicians - Tier 1

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<tr>
<th>Name</th>
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<td>Taylor, Michael P., MD</td>
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<td>2500 Pocoshock Place, Richmond, VA 23235</td>
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<tr>
<td>Spiers III, Leon O., MD</td>
<td>804-741-6200</td>
<td>9600 Patterson Avenue, Richmond, VA 23229</td>
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<td>Shukla, Anjali, MD</td>
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<tr>
<td>Somerville, Ivia, MD</td>
<td>804-696-3633</td>
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<td>Sparrow, Jr., Charles K., MD</td>
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<td>Spiers III, Leon O., MD</td>
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<td>Turner, Banks, MD</td>
<td>804-358-2580</td>
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<td>Vest, Marcee, DO</td>
<td>804-282-2683</td>
<td>2500 Pocoshock Place, Richmond, VA 23225</td>
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<td>Columbia Healthcare of Central Virginia, Inc 2621 Grove Ave, Richmond, VA 23220</td>
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<td>Walston, George Clifford, MD</td>
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<td>Drs. Wickham, Titus, Hendrix, Turner &amp; Pahle 2201 Grove Ave, Richmond, VA 23220</td>
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Primary Care Physicians - Tier 1

Chen, Eric Hong-Wen, MD
Pro#: 10002085
Performance Medicine of Southwest Virginia, LLC
1215 Corporate Circle SW Suite 201
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(540) 772-1890
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Primary Care Physicians - Tier 1

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Ralphahnock General Hospital

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Carilion Franklin Memorial Hospital
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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Carilion Tazewell Community Hospital
VCU Community Memorial Hospital

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Carilion Stonewall Jackson Hospital
Carilion Tazewell Community Hospital

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Matala, Kara L., DO
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Pearlman, William Glenn, MD
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Peri, Martina D., MD
Prov#: 10129869
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465
### Primary Care Physicians - Tier 1

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</table>
Primary Care Physicians - Tier 1

Hayes, Brittany B., DO
Prov#: 10187164
Carilion Healthcare Corporation
390 South Main St Suite 201
Rookey Mount, VA 24151
(434) 484-4800

Maxey, James Allen, DO
Prov#: 10129685
Carilion Healthcare Corporation
195 Maple Ave
Rookey Mount, VA 24151
(434) 483-5168

Merten, John R., MD
Prov#: 10031437
Carilion Medical Associates
390 South Main Street Suite 201
Rookey Mount, VA 24151
(434) 484-4800

Morris, Kyle L., DO
Prov#: 10191368
Carilion Healthcare Corporation
195 Maple Ave
Rookey Mount, VA 24151
(434) 483-5168

Stubbs, Sarah Longest, MD
Prov#: 10109797
Carilion Healthcare Corporation
195 Maple Ave
Rookey Mount, VA 24151
(434) 483-5168

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Rookey Mount, VA 24151

Ruckersville Memorial Hospital

Taylor, Marsha Lynn, MD
Prov#: 10014020
Sentara Greene Family Medicine
140 Stoneridge Drive Suite 100
Ruckersville, VA 22968
(434) 654-1850

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Rural Retreat

Dove, Scotty, DO
Prov#: 10052860
Wythe County Physician Practices, LLC
321 E Buck Avenue
Rural Retreat, VA 24368
(276) 686-4143

Hospital Affiliations:
Wythe County Community Hospital

Lacy, Kimberly K., DO
Prov#: 10096408
Blue Ridge Family Medicine
445 Gienow Road
Rural Retreat, VA 24368
(276) 686-4007

Hospital Affiliations:
Wythe County Community Hospital

Miller, Lara S, DO
Prov#: 10160195
MSMG FP RURL
7021 W Lee Hwy Suite C
Rural Retreat, VA 24368
(866) 595-3662

Rustburg

Beverly, Walter B., MD
Prov#: 10029126
Rustburg Family Practice
925 Village Hwy
Rustburg, VA 24588
(434) 332-7367

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Bolusa-Saboga, Abigas, MD
Prov#: 10132176
Lynchburg Women's and Pediatric Health Services
925 Village Way
Rustburg, VA 24588
(434) 332-7367

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Freeman, Brian A., MD
Prov#: 10171334
Lynchburg Women's and Pediatric Health Services
925 Village Hwy
Rustburg, VA 24588
(434) 332-7367

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Peralta Jr., Manuel, MD
Prov#: 10112035
Central Virginia Family Physicians, Inc.
925 Village Highway
Rustburg, VA 24588
(434) 332-7367

Shahady, Gertrude, MD
Prov#: 69082
Rustburg Family Practice
925 Village Hwy
Rustburg, VA 24588
(434) 332-7367

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Saint Paul

Easton, Brian Thomas, MD
Prov#: 10034868
C Health, PC
16419 Wise Street
Saint Paul, VA 24283
(764) 783-0000

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Saint Paul

Andrews, Clarke B., MD
Prov#: 10148139
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Barnhart, Karen L., DO
Prov#: 10002102
Carilion Family Medicine
2102 West Main Street
Salem, VA 24153
(540) 387-0400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Blaskis, William Joseph, DO
Prov#: 10180018
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Culkin, Bonnie, MD
Prov#: 10072052
Physician Associates of Virginia, PC
431 Apperson Drive
Salem, VA 24153
(540) 375-3790

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Horney, Wayne D., MD
Prov#: 10178199
CARILION MEDICAL CENTER
2102 West Main Street
Salem, VA 24153
(540) 375-0600

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Jones, Ezkelig N., DO
Prov#: 10090065
Physician Associates of Virginia, PC
431 Apperson Drive
Salem, VA 24153
(540) 375-3790

Hospital Affiliations:
Lewis-Gale Medical Center

Khawam, Souha, MD
Prov#: 10031173
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Carilion Giles Community Hospital
Carilion Healthcare Corporation
Salem, VA 24153
(540) 387-3744

Hospital Affiliations:
Carilion Giles Community Hospital

Polverino, Edwin J., DO
Prov#: 10148207
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Priddy, John W., MD
Prov#: 10149884
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Sadiq, Saima, MD
Prov#: 10034868
C Health, PC
16419 Wise Street
Central Virginia Baptist Hospital

Sadiq, Saima, MD
Prov#: 10090065
Physician Associates of Virginia, PC
16419 Wise Street
Central Virginia Baptist Hospital

Optima Health
Primary Care Physicians - Tier 1

Stockburger, Robert W., MD
Prov#: 10161410
CARILION MEDICAL CENTER
2102 W Main St
Salem, VA 24153
(540) 375-0600

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Subuhi, Tabassum, MD
Prov#: 10093172
Valley Internal Medicine, PC
3737 W Main Street Suite 102
Salem, VA 24153
(540) 380-3722

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Taylor, Mark M., MD
Prov#: 10120961
Salem Family Medicine
1606 Apperson Drive
Salem, VA 24153
(540) 375-2686

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Whiting, Jessica Renee, DO
Prov#: 10148243
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Young, Deana Ann, MD
Prov#: 10055590
Carilion Family Medicine-Roanoke-Salem
150 Spartan Drive
Salem, VA 24153
(540) 389-5093

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Shawsville

Dums, Robert M., MD
Prov#: 29770
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24590
(540) 268-1400

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital

Merten, John R., MD
Prov#: 10031437
Carilion Family Medicine
6920 Roanoke Road
Shawsville, VA 24590
(540) 268-1400

Shenandoah

Desrochers, Danielle, MD
Prov#: 10036301
Valley Health Page Memorial Hospital Family and Internal Medicine
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
- Page Memorial Hospital Inc

Lee, R. David, MD
Prov#: 52553
Page Shenandoah Health Center
516 B First St
Shenandoah, VA 22849
(540) 652-1207

Hospital Affiliations:
- Page Memorial Hospital Inc

South Boston

Aponte, Juan P., MD
Prov#: 10009888
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hospital Affiliations:
- Carilion Lynchburg General Hospital
- Carilion Virginia Baptist Hospital

Bendall Jr, Richard A., MD
Prov#: 10164940
Acute Rehab Centrahealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
- Carilion Lynchburg General Hospital
- Carilion Southside Community Hospital
- Carilion Virginia Baptist Hospital

Bruno, Dante, MD
Prov#: 41269
Emergicare of South Boston
1020 Bill Tuck Hwy Ste 900
South Boston, VA 24592
(434) 575-7355

Hospital Affiliations:
- Carilion Lynchburg General Hospital
- Carilion Virginia Baptist Hospital

Fajardo, Arthur B., MD
Prov#: 10021314
Halifax Internal Medicine, PLLC
2232 Wilborn Ave
South Boston, VA 24592
(434) 571-3539

Hospital Affiliations:
- Halifax Regional Hospital

Goodnight, Robert H., MD
Prov#: 10009896
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hospital Affiliations:
- Bedford Memorial Hospital
- Carilion Lynchburg General Hospital
- Carilion Southside Community Hospital

Hostetler, Joseph D., MD
Prov#: 10064650
Centra Health Medical Center - Greta
3401 Old Halifax Road Suite E
South Boston, VA 24592
(434) 575-1103

Mattis, Fallon A., MD
Prov#: 10157761
Sentara Halifax Family Medicine
101 Aubrey's Loop
South Boston, VA 24592
(434) 517-3879

Ozoude, Virgilus, DO
Prov#: 10187191
Sentara Halifax Family Medicine
101 Aubrey's Loop
South Boston, VA 24592
(434) 517-3879

Parikh, Nipuno O., MD
Prov#: 10135225
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hospital Affiliations:
- Halifax Regional Hospital

Patel, Beena N., DO
Prov#: 10094184
Sentara Halifax Family Medicine
101 Aubrey's Loop
South Boston, VA 24592
(434) 517-3879

Stokes, Brenda L., MD
Prov#: 10052498
Sentara Halifax Family Medicine
101 Aubrey's Loop
South Boston, VA 24592
(434) 517-3879

Hospital Affiliations:
- Halifax Regional Hospital

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

Biragoni, Soujanya, MD
Pro #: 10134593
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
Sprague, Stephen H., MD
Pro #: 10029336
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
South Chesterfield
Lingler, Kimberley, MD
Pro #: 10174386
Southside Primary Care
20091 Chesterfield Ave
South Chesterfield, VA 23803
(804) 526-3500
Hospital Affiliations:
Southside Regional Medical Center
South Hill
Alexander, Christopher, DO
Pro #: 10158847
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
Spencer, Robert L., MD
Pro #: 10175638
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
South Riding
Biragoni, Soujanya, MD
Pro #: 10134593
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
St. Charles
Ajjarapu, Esther S., MD
Pro #: 10055136
Stone Mountain Health Services
241 Monarch Road
St. Charles, VA 24282
(276) 383-4428
Hospital Affiliations:
Mary Washington Hospital (MWH)
St. Paul
Harman, Nicholas, DO
Pro #: 10168335
C Health, PC
16419 Wise Street
St. Paul, VA 22483
(276) 783-0000
Hospital Affiliations:
HANCOCK COUNTY HOSPITAL
Russell County Hospital
Riccione, Trisha, MD
Pro #: 10175639
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
VCU Community Memorial Hospital
St. Stephens Church
Gwathmey, Jr., William B., MD
Pro #: 21743
King and Queen Family Practice
142 Smithfield Rd
St. Stephens Church, VA 23148
(804) 769-0415
Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103
Hospital Affiliations:
Riverside Tappahannock Hospital
Gwathmey, Pamela L., MD
Pro #: 1000353
King and Queen Family Practice
142 Smithfield Rd
St. Stephens Church, VA 23148
(804) 769-0415
Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103
Hospital Affiliations:
Riverside Tappahannock Hospital
St. Paul
Phillips, Paul A., DO
Pro #: 10191693
C Health, PC
16419 Wise Street
St. Paul, VA 22483
(276) 783-0000
Hospital Affiliations:
HANCOCK COUNTY HOSPITAL
Russell County Hospital
St. Stephens Church
Gwathmey, Jr., William B., MD
Pro #: 21743
King and Queen Family Practice
142 Smithfield Rd
St. Stephens Church, VA 23148
(804) 769-0415
Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103
Hospital Affiliations:
Riverside Tappahannock Hospital
Spencer
Amsunias, Militza, MD
Pro #: 10083684
Pioneer Family Medical of Patrick County
19229 A L Philpott Hwy
Spencer, VA 24165
(276) 975-7007
St. Stephens Church
Gwathmey, Jr., William B., MD
Pro #: 21743
King and Queen Family Practice
142 Smithfield Rd
St. Stephens Church, VA 23148
(804) 769-0415
Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103
Hospital Affiliations:
Riverside Tappahannock Hospital
Spotsylvania
Stinard, Theron, DO
Pro #: 10115643
Fredericksburg Christian Health Center
7610 Heths Salient Street Suite 116
Spotsylvania, VA 22553
(540) 785-8500
St. Stephens Church
Gwathmey, Pamela L., MD
Pro #: 1000353
King and Queen Family Practice
142 Smithfield Rd
St. Stephens Church, VA 23148
(804) 769-0415
Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103
Hospital Affiliations:
Riverside Tappahannock Hospital
Stafford
Holland, Sonya, MD
Pro #: 10023750
Rappahannock Family Healthcare, Inc
422 Garrisonville Rd Ste 102
Stafford, VA 22554
(540) 657-4800
Hospital Affiliations:
Mary Washington Hospital (MWH)
Primary Care Physicians - Tier 1

Kahn, Enamul, MD  
Proven#: 10026503  
NS Family Medical Center Inc.  
237 Garrisonville Road Suite 101  
Stafford, VA 22554  
(540) 659-0550  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Kaldindl, Kavita, MD  
Proven#: 10134900  
Centre Pointe Health Specialties PLLC  
125 Hospital Center Boulevard Suite 315  
Stafford, VA 22554  
(540) 242-4141  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Kim, Michael, MD  
Proven#: 10015256  
Colonial Internal Medicine Associates, PC  
392 Garrisonville Road Suite 106  
Stafford, VA 22554  
(540) 374-5599  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Mary Washington Hospital (MWH)

Kalidindi, Kavita, MD  
Proven#: 10015256  
Colonial Internal Medicine Associates, PC  
392 Garrisonville Road Suite 106  
Stafford, VA 22554  
(540) 374-5599  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Mary Washington Hospital (MWH)

Kemp, Kelvin, MD  
Proven#: 10140355  
Patient First  
60 Prosperity Lane  
Stafford, VA 22556  
(540) 658-2811  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Lough, Andrea Rhea, DO  
Proven#: 10850100  
Patient First  
60 Prosperity Lane  
Stafford, VA 22556  
(540) 658-2811  
Hospital Affiliations:  
Carilion Giles Community Hospital

Marrow, Cindy, MD  
Proven#: 582000  
Colonial Internal Medicine Associates, PC  
392 Harrisonville Road Suite 106  
Stafford, VA 22554  
(540) 374-5599  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Reid, Yolanda G., MD  
Proven#: 10211969  
Pratt Medical Center Ltd  
95 Dunn Dr  
Stafford, VA 22556  
(540) 659-2111  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Norfolk General Hospital  
Sentara Northern Virginia Medical Center

Sennett, Joseph, MD  
Proven#: 1071800  
Rappahannock Family Physicians  
422 Garrisonville Rd Ste 102  
Stafford, VA 22554  
(540) 657-4800  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Stephens City

Carter, Jennifer Renee, MD  
Proven#: 10179324  
SCFM Convenience Clinic PLLC  
160 Warner Drive  
Stephens City, VA 22655  
(540) 508-4539  
Hospital Affiliations:  
Winchester Medical Center

Craig, Christopher J., DO  
Proven#: 10179342  
SCFM Convenience Clinic PLLC  
160 Warner Drive  
Stephens City, VA 22655  
(540) 508-4539  
Hospital Affiliations:  
Winchester Medical Center

Grant, Joel T., MD  
Proven#: 10179321  
SCFM Convenience Clinic PLLC  
160 Warner Drive  
Stephens City, VA 22655  
(540) 508-4539  
Hospital Affiliations:  
Winchester Medical Center

Warniment, Crista B., MD  
Proven#: 10179349  
SCFM Convenience Clinic PLLC  
160 Warner Drive  
Stephens City, VA 22655  
(540) 508-4539  
Hospital Affiliations:  
Winchester Medical Center

Stony Creek

Azmi, Malalai, MD  
Proven#: 10013174  
Stony Creek Community Health Center (CCNY)  
12454 Hartley St  
Sterling, VA 22582  
(703) 426-6100

Matherlee, Michael D, MD  
Proven#: 60497  
Stony Creek Community Health Center (CCNY)  
12454 Hartley St  
Sterling, VA 22582  
(703) 426-6100
## Primary Care Physicians - Tier 1

### Strasburg

<table>
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<tr>
<th>Name</th>
<th>Phone#</th>
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### Suffolk

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### Stuarts Draft

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### Stuart

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### Goins, Benjamin M., MD

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### Graves, Nikki, MD

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### Haleem, Asima, MD

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### Jackson, William G., MD

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### Kapur, Anand, MD

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### Kazemi, Siamak, MD

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### Koduri, Prashanthi B., MD

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### Optima Direct Network Providers 9/2019

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## Primary Care Physicians - Tier 1

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**Tazewell**
Primary Care Physicians - Tier 1

VCU Community Memorial Hospital

Llavore, Jo-Anne A., MD
Pro#: 10197862
CARILION MEDICAL CENTER
388 Ben Bolt Ave
Tazewal, VA 24651
(276) 988-8850

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Stonewall Jackson Hospital
- Carilion Tazewal Community Hospital

Shrader, William Eric, MD
Pro#: 10107118
CARILION MEDICAL CENTER
388 Ben Bolt Ave
Tazewal, VA 24651
(276) 988-8850

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Stonewall Jackson Hospital
- Carilion Tazewal Community Hospital

Sadiq, Saima, MD
Pro#: 10122915
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewal, VA 24651
(276) 988-8850

Hospital Affiliations:
- Carilion Clinic Home Care (Carilion Tazewal Community Hospital)

Stockburger, Robert W., MD
Pro#: 10087451
W. Eric Shrades, MD PC
140 Campbell Lane
Tazewal, VA 24651
(276) 979-1323

Hospital Affiliations:
- Carilion Giles Community Hospital (Carilion Tazewal Community Hospital)
- Clinch Valley Medical Center

Stockburger, Robert W., MD
Pro#: 10161410
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewal, VA 24651
(276) 988-8850

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Velena, Samson Salazar, MD
Pro#: 10073659
CARILION MEDICAL CENTER
388 Ben Bolt Ave
Tazewal, VA 24651
(276) 988-8700

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Vansant

Owens, Dia P., MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
1721 Lovers Gap Road
Vansant, VA 24656
(276) 957-7081

Hospital Affiliations:
- Carilion Tazewal Community Hospital

Troutdale

Parker, David G., DO
Pro#: 10174688
Grayson Highlands Clinic Corp
6436 Troutdale Highway
Troutdale, VA 24378
(276) 579-2322

Hospital Affiliations:
- Smyth County Community Hospital

Alleyne, Lisa Anthony, MD
Pro#: 10090784
Carilion Tazewal Community Hospital
1371 Lee Highway
Verona, VA 24482
(540) 248-3413

Hospital Affiliations:
- Augusta Medical Center

Verona

Burri, Sarat C., MD
Pro#: 10043383
Carilion Healthcare Corporation
37 Laymantown Rd
Troutville, VA 24175
(540) 977-1436

Cieraszynski, Laura Byrne, DO
Pro#: 10097399
Carilion Healthcare Corporation
37 Laymantown Rd
Troutville, VA 24175
(540) 977-1436

Rea, Catherine G., MD
Pro#: 10031457
Carilion Healthcare Corporation
37 Laymantown Road
Troutville, VA 24175
(540) 977-1436

Merten, John J., MD
Pro#: 10031477
Carilion Healthcare Corporation
37 Laymantown Road
Troutville, VA 24175
(540) 977-1436

Wortley, George C., MD
Pro#: 10194545
Carilion Healthcare Corporation
1371 Lee Highway
Verona, VA 24482
(540) 248-3413

Wright, George C., MD
Pro#: 10031477
Carilion Healthcare Corporation
37 Laymantown Road
Troutville, VA 24175
(540) 977-1436

Stidham, Gregory, MD
Pro#: 10031608
Carilion Healthcare Corporation
37 Laymantown Rd
Troutville, VA 24175
(540) 977-1436

Urbanna

Robusto, James R., MD
Pro#: 10230
TPMG-Urbanna Family Practice
5399 Old Virginia Street
Urbanna, VA 23175
(804) 758-2110

Park, Hyo K., DO
Pro#: 10064497
Dinwiddie Medical Center and Counseling Center
1508 K V Rd
Victoria, VA 23974
(434) 696-2165

Pratt, David E., MD
Pro#: 10161223
Centra Medical Group, LLC
1416 6th Street
Victoria, VA 23974
(434) 696-5555

York, Lisa M., MD
Pro#: 10187279
Lunenburg Medical Center (CCNV)
1508 K V Road
Victoria, VA 23974
(434) 696-2165

Bradley, Jean D., MD
Pro#: 10036363
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital

Huang, Jeffrey, MD
Pro#: 10016812
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fairfax Hospital

Jenkins Jr., James, MD
Pro#: 10003457
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital

Reynolds, Louise D., MD
Pro#: 10005230
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fairfax Hospital

Tandeziarz, Sandra L., MD
Pro#: 10035755
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital

Thomson, Eric M., MD
Pro#: 10116130
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital
Primary Care Physicians - Tier 1

Vinton

Andrews, Clarke B., MD  
Prov #: 10148139  
Carilion Healthcare Corporation  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Beirne, Timothy M., MD  
Prov #: 10018885  
Carilion Healthcare Corporation  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Virginia Beach

Ivey, Henry, MD  
Prov #: 10015321  
Carilion Healthcare Corporation  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Merten, John R., MD  
Prov #: 10031437  
Carilion Parkway Physician  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Morgan, Stephen A, MD  
Prov #: 10030668  
Carilion Healthcare Corporation  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Orr, Kimberly R., DO  
Prov #: 10109793  
Carilion Healthcare Corporation  
415 S Pollard Street  
Vinton, VA 24179  
(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

Moretz, Jonathan B, MD  
Pro#: 10177128  
Family Medicine Center  
1201 Lake James Drive Suite 200  
Virginia Beach, VA 23464  
(757) 523-0022

Neal, Lindsey, MD  
Pro#: 10169709  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Neff, David A., MD  
Pro#: 10169716  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Hospital Affiliations:  
John Randolph Medical Center

Onayemi, Olusola K, MD  
Pro#: 10133672  
Sentara Family Medicine Physicians  
2859 Virginia Beach Blvd  
Virginia Beach, VA 23452  
(757) 395-1300

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Ordonz, Alice, MD  
Pro#: 10011954  
Bayview Physician Services, PC  
1925 Glenn Mitchell Dr Ste 101  
Virginia Beach, VA 23456  
(757) 689-8430

Ormsmith, Jessica L., MD  
Pro#: 10170751  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Hospital Affiliations:  
Southside Regional Medical Center

Paling, John Kenneth, MD  
Pro#: 55230  
Sentara Family Medicine Physicians  
2859 Virginia Beach Blvd  
Virginia Beach, VA 23452  
(757) 395-1300

Patel, Sonal, MD  
Pro#: 10122381  
Patient Choice Oceana  
1253 Nimmo Pkwy Suite 110  
Virginia Beach, VA 23456  
(757) 425-8590

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Pearman, Steven D., MD  
Pro#: 40828  
Sentara Family Medicine Physicians (SMG)  
1380 Tuscany Dr  
Virginia Beach, VA 23456  
(757) 252-9800

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Pierce, Gregory W., MD  
Pro#: 69572  
Patient First  
5486 Indian River Rd  
Virginia Beach, VA 23452  
(757) 424-2490

Pop, Aurora, MD  
Pro#: 10136240  
Bayview Physician Services, PC  
1168 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 352-2020

Post, Christopher, MD  
Pro#: 10026078  
Patient First - Indian River  
5486 Indian River Road  
Virginia Beach, VA 23464  
(757) 424-2490

Reed Jr, William C, MD  
Pro#: 10169700  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus  
John Randolph Medical Center  
Sentara CarePlex Hospital

Reed, Pauline C., MD  
Pro#: 10043871  
Virginia Beach Family Medicine (PCH) (CCNY)  
940 General Booth Blvd  
Virginia Beach, VA 23451  
(757) 425-3610

Ricasa, Jocelyn, MD  
Pro#: 10096425  
Bon Secours Medical Associates  
828 Healthy Way Ste 220  
Virginia Beach, VA 23462  
(757) 305-1797

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Riles, Jr., Nathan L., MD  
Pro#: 11102  
NowCare Medical Associates (Bayview Physician Services PC)  
6632 Indian River Rd Ste 104  
Virginia Beach, VA 23464  
(757) 424-4442

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Robledo, Elizabeth, MD  
Pro#: 10163672  
Sentara Family Medicine Physicians  
3745 Holland Rd  
Virginia Beach, VA 23452  
(757) 395-1700

Hospital Affiliations:  
Sentara Princess Anne Hospital

Roenerker, Meagan M., MD  
Pro#: 10130668  
Holland Road Family Practice (TPMG)  
351 Edwin Drive Suite 102  
Virginia Beach, VA 23462  
(757) 499-5550

Rose, Meredith B., MD  
Pro#: 11364  
Sentara Family Medicine Physicians (SMG)  
5320 Providence Rd Ste 301  
Virginia Beach, VA 23464  
(757) 413-7600

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Samaras, Thomas A., MD  
Pro#: 17854  
First Colonial Family Practice and Urgent Care Center  
1120 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 481-2333

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Sample, Laura T., MD  
Pro#: 10102036  
Sentara Family Medicine Physicians (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-8391

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Sarino, Nelson C., MD  
Pro#: 10131009  
Bon Secours Town Center Medical Associates  
4421 Virginia Beach Blvd Suite 114  
Virginia Beach, VA 23454  
(757) 738-1300

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Schuele, Werner K., MD  
Pro#: 73536  
Patient First  
5486 Indian River Rd  
Virginia Beach, VA 23464  
(757) 424-2490

Sendow, Randy, MD  
Pro#: 10117671  
Patient First - Newtown Rd  
334 Newtown Rd  
Virginia Beach, VA 23462  
(757) 473-8400

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Singon, Florisa S., MD  
Pro#: 14424  
Parkway Family Practice  
4501 N Witchduck Rd Ste B  
Virginia Beach, VA 23455  
(757) 518-8810

Smith, Jeffrey P., MD  
Pro#: 10145475  
Patient First - Hollard Rd  
3432 Hollard Road  
Virginia Beach, VA 23452  
(757) 468-1855

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Stern, Kelly L., MD  
Pro#: 69574  
Patient First  
3432 Hollard Rd  
Virginia Beach, VA 23452  
(757) 468-1855

Hospital Affiliations:  
Sentara Norfolk General Hospital

Taylor, Malena, DO  
Pro#: 10181691  
Sentara Family Medicine Physicians (SMG)  
303 35th St Suite 102  
Virginia Beach, VA 23451  
(757) 395-6900

Hospital Affiliations:  
Sentara Norfolk General Hospital

Tennant, Bradley, MD  
Pro#: 31138  
First Colonial Family Practice and Urgent Care Center  
1120 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 481-2333

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Thomas, Brant W., MD  
Pro#: 40586  
LifeWay Family Physicians, PC  
1821 Old Donation Pkwy Ste 4  
Virginia Beach, VA 23454  
(757) 481-3770

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Von Elten, Christopher, MD  
Pro#: 10195065  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Hospital Affiliations:  
Sentara Martha Jefferson Hospital
Primary Care Physicians - Tier 1

Waddell, David T., MD
Pro#: 31063
Waddell Family Medicine, PC
1856 Colonial Medical Ct Ste A
Virginia Beach, VA 23454
(757) 952-6262

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Wallen, David, MD
Pro#: 1095539
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 352-2020

Hospital Affiliations:
Sentara Obici Hospital

Washington, Karen J., MD
Pro#: 79037
NowCare Medical Associates
(Bayview Physician Services PC)
6632 Indian River Rd Ste 104
Virginia Beach, VA 23464
(757) 424-4300

Wenzel, Paul D., MD
Pro#: 42108
Sentara Family Medicine Physicians
Primary Care Walk-In (SMG)
816 Independence Blvd Ste 100
Virginia Beach, VA 23455
(757) 363-6800

Hospital Affiliations:
Sentara Bayside Hospital

Williams, Harry T., MD
Pro#: 23790
Sentara Family Medicine Physicians
2859 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 395-1300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Williams, Keisha J, MD
Pro#: 10211877
Sentara Family Medicine Physicians
5320 Providence Rd STE 301
Virginia Beach, VA 23464
(757) 413-7600

Hospital Affiliations:
Sentara Princess Anne Hospital

Winters, Mark, MD
Pro#: 31057
Holland Road Family Practice
(TPMG)
351 Edwin Drive Suite 102
Virginia Beach, VA 23462
(757) 499-5550

Wittenberg, Samuel H., MD
Pro#: 10157951
Patient First - Holland Rd
3432 Holland Road
Virginia Beach, VA 23452
(757) 468-1855

Wong, George S., MD
Pro#: 31049
Sentara Family Medicine Physicians
- SMG
2017 Pleasure House Rd
Virginia Beach, VA 23455
(757) 318-6900

Woodard, Robert M., MD
Pro#: 26949
First Colonial Family Practice and Urgent Care Center
1120 First Colonial Rd Ste 100
Virginia Beach, VA 23454
(757) 481-2333

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Woods, David W., MD
Pro#: 11679
Sentara Family Medicine Physicians
Primary Care Walk-In (SMG)
816 Independence Blvd Ste 100
Virginia Beach, VA 23455
(757) 363-6800

Wright, James Lee, MD
Pro#: 10174244
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 223-0030

Hospital Affiliations:
VCU Health System/MCV

Zuniga, Dorcas A., MD
Pro#: 11062
Tidewater Physicians Multispecialty Group, PC (TPMG)
1020 Independence Blvd Ste 111
Virginia Beach, VA 23455
(757) 301-7729

Warrenton

Arnistine, Kimberly S., MD
Pro#: 20600
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Berame, Belinda B, MD
Pro#: 10176283
NMG Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(517) 284-1220

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Diwan, Ashutosh B., MD
Pro#: 10064097
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Evans, David C., MD
Pro#: 43337
Piedmont Family Practice, PLC
493 Blackwell Rd Suite 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Golub, Gregory, MD
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Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Hammonds, Victoria C, MD
Pro#: 10160242
NMG Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(517) 284-1220

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Javaid, Zeeshan, MD
Pro#: 10176277
NMG Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(517) 284-1220

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
NMG Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(517) 284-1220

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lin, Michael T., MD
Pro#: 40053
Fauquier Family Practice, PLC
400A Hospital Drive
Warrenton, VA 20186
(540) 341-4850

Hospital Affiliations:
Fauquier Hospital

Minera, Jorge R., MD
Pro#: 10035109
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Rohmann, Rebecca A., DO
Pro#: 10176452
Piedmont Family Practice, PLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(517) 284-1220

Hospital Affiliations:
Fauquier Hospital

Schmidt, Jennifer C., MD
Pro#: 10176475
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Washington

Miller, D. Brooke, MD
Pro#: 43272
Valley Health Page Memorial Hospital Family and Internal Medicine
12099 Lee Highway
Washington, VA 22747
(540) 987-5068

Waverly

Coleman, George C., MD
Pro#: 74822
Ivor Medical Center (HHS) (CCNV)
344 West Main St
Waverly, VA 23880
(804) 834-8871

Waynesboro

Engel, Gina D, MD
Pro#: 10004749
UVA Waynesboro Primary Care
15 Pratts Run Suite A01
Waynesboro, VA 22980
(540) 942-1200

Heck, Christopher C., MD
Pro#: 42548
Carilion Healthcare Corporation
428 Magnolia Ave
Waynesboro, VA 22980
(540) 949-8241

Hospital Affiliations:
Augusta Medical Center

Kohli, Priya, MD
Pro#: 10190887
Augusta Health Internal Medicine
Waynesboro
201 Lew Dewitt Blvd
Waynesboro, VA 22980
(540) 245-7950

Lee, Donald W., MD
Pro#: 42549
Carilion Healthcare Corporation
428 Magnolia Ave
Waynesboro, VA 22980
(540) 949-8241

Hospital Affiliations:
Augusta Medical Center

Martinez, Anthony, MD
Pro#: 10191271
Sentara Crozet Family Medicine
15 Pratts Run Ste 104
Waynesboro, VA 22980
(540) 941-2400

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mix, William A, MD
Pro#: 10172978
Sentara Palmyra Medical Associates
5320 Providence Rd Suite 301
Virginia Beach, VA 23464
(757) 413-7600

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Primary Care Physicians - Tier 1

Reid, James R., MD  
Prov#: 10078934  
UVA Waynesboro Primary Care  
15 Boyington Blvd Ste A-01  
Waynesboro, VA 22980  
(540) 942-1200  

Hospital Affiliations:  
University of Virginia Medical Center

Taylor, Robert P., MD  
Prov#: 1016512  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Capps, P. Marlene, MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Taylor, Robert P., MD  
Prov#: 1016512  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Wortley, George C., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Young, Scott F., MD  
Prov#: 56313  
Carilion Healthcare Corporation  
428 Magnolia Ave  
Waynesboro, VA 22980  
(540) 949-8241  

Hospital Affiliations:  
Augusta Medical Center

West Point

Capps, P. Marlene, MD  
Prov#: 79753  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
408 16th Street  
West Point, VA 23181  
(804) 843-3131

Weyers Cave

Buckwalter, Victor Lee, MD  
Prov#: 10121918  
Carilion Family Medicine - Weyers Cave  
1151 Keektown Rd Ste 101  
Weyers Cave, VA 24486  
(540) 234-9241

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Wortley, George C., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
1151 Keektown Road Ste 101  
Weyers Cave, VA 24486  
(540) 234-9241

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

White Marsh

Conley, Christine, MD  
Prov#: 10054472  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
4844 George Washington Hwy Ste 8  
White Marsh, VA 23183  
(804) 693-0042

Williamsburg

Blanchard, Jeffrey, MD  
Prov#: 10005460  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
408 16th Street  
West Point, VA 23181  
(804) 843-3131

Javernick, Michael J., MD  
Prov#: 10101177  
Sentara Family Medicine Physicians (SMG)  
4374 New Town Ave Ste 200  
Williamsburg, VA 23188  
(757) 345-2071

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Javernick, Michael J., MD  
Prov#: 10101177  
Sentara Family Medicine Physicians (SMG)  
4374 New Town Ave Ste 200  
Williamsburg, VA 23188  
(757) 345-2071

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Seager, Charles, MD  
Prov#: 56400  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
117 Bulifants Blvd Ste A  
Williamsburg, VA 23188  
(757) 565-5440

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Sessler, Monique N., MD  
Prov#: 10135363  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
4125 Ironbound Road Ste 200  
Williamsburg, VA 23188  
(757) 345-2071

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Subramaniam, Sarita G., MD  
Prov#: 10135363  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
4125 Ironbound Road Ste 200  
Williamsburg, VA 23188  
(757) 345-2071

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Optima Direct Network Providers 9/2019 90
Primary Care Physicians - Tier 1

Viterbo-Noble, Elena, MD
Pro #: 10054559
Tidewater Physicians Multispecialty Group, PC (TPMG)
7151 Richmond Rd Ste 405 Williamsburg, VA 23188
(757) 564-3700

Winchester

Appiah, Victor, MD
Pro #: 54120
Family Medicine, Inc
500 West Jubal Early Dr Ste 120 Winchester, VA 22601
(540) 667-2100

Hospital Affiliations:
Winchester Medical Center

Bender, William J., MD
Pro #: 44286
Amherst Family Practice, PC
1867 Amherst Street Winchester, VA 22601
(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

Byrd, Jessica P., MD
Pro #: 60561
Apple Blossom Family Practice
2913 Valley Ave Ste 200 Winchester, VA 22601
(540) 678-0792

Hospital Affiliations:
Winchester Medical Center

Duck, Robert W., MD
Pro #: 79540
Valley Family Practice LLC
812 Amherst St Ste 101 Winchester, VA 22601
(540) 722-4020

Hospital Affiliations:
Winchester Medical Center

Eirich, Anna K., MD
Pro #: 1012177
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Evans, Frances, MD
Pro #: 31812
Berryville Family Practice
1824 West Plaza Drive Winchester, VA 22601
(540) 723-6660

Hospital Affiliations:
Winchester Medical Center

Felt, Jeffrey, MD
Pro #: 10119250
Valley Health Winchester Family Practice
1440 Amherst Street Winchester, VA 22601
(540) 450-3339

Hospital Affiliations:
Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc

Flack, David C., DO
Pro #: 10047232
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Frederiksen, Judy S., MD
Pro #: 10002043
Shenandoah Medical Associates
324 West Boscawen Street Winchester, VA 22601
(540) 504-7381

Hospital Affiliations:
Winchester Medical Center

Hawari, Samer F., MD
Pro #: 10019158
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Valleymem Hospital, Inc

Houser, Patricia M., MD
Pro #: 25513
Amherst Family Practice, PC
1867 Amherst Street Winchester, VA 22601
(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

Judd-Flack, Jacqueline N., DO
Pro #: 10062348
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Kalbian, Vicken V., MD
Pro #: 66237
Valleymem Winchester Family Practice
1440 Amherst Street Winchester, VA 22601
(540) 450-3339

Hospital Affiliations:
Winchester Medical Center

Lamas-Rodriguez, Candy, MD
Pro #: 10008234
Shenandoah Valley Medical System Inc
1330 Amherst Street Winchester, VA 22601
(540) 722-2369

Hospital Affiliations:
Winchester Medical Center

LaPlante, Maria, MD
Pro #: 10192293
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1840 Amherst St Winchester, VA 22601
(540) 536-8000

Lawson, Laura, DO
Pro #: 10204886
Mission Functional Medicine PLLC
230 Costello Dr Suite 210 Winchester, VA 22601
(540) 247-8476

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center Warren Memorial Hospital, Inc Winchester Medical Center

Luong, Linda L., MD
Pro #: 10010937
Orchard Family Medicine, Inc
440 West Jubal Early Dr Ste 240 Winchester, VA 22601
(540) 450-2706

Mackaas, Elaine C., MD
Pro #: 36996
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Miller, Stacy Michelle, MD
Pro #: 10125892
Shenandoah Valley Medical System Inc
1330 Amherst Street Winchester, VA 22601
(540) 722-2369

Ogbonowo, Olufunmilola, MD
Pro #: 10207910
Valleymem Winchester Family Practice
1440 Amherst Street Winchester, VA 22601
(540) 536-5400
160 Merchant Street Suite 100 Winchester, VA 22603
(540) 536-5500
611 East Jubal Early Drive Winchester, VA 22601
(540) 536-5500

Hospital Affiliations:
Shenandoah Memorial Hospital Inc Winchester Medical Center

Snelgrove, Norman Eli, MD
Pro #: 41215
Selma Medical Associates Inc
104 Selma Dr Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Warren Memorial Hospital, Inc Westminster Medical Center

Subedi, Rajesh, MD
Pro #: 10099887
Shenandoah Medical Associates
324 West Boscawen Street Winchester, VA 22601
(540) 504-7381

Hospital Affiliations:
Warren Memorial Hospital, Inc

Ticknor, Arthur, MD
Pro #: 10187469
Valleymem Winchester Family Practice
1440 Amherst Street Winchester, VA 22601
(540) 536-5400
160 Merchant Street Suite 100 Winchester, VA 22603
(540) 536-5500
611 East Jubal Early Drive Winchester, VA 22601
(540) 536-5500

Hospital Affiliations:
Warren Memorial Hospital, Inc
Primary Care Physicians - Tier 1

**Tran, Jordan Le, MD**
Provisional # 10182846
Boden Health System LLC
125 Prosperity Drive Ste 500
Windsor, VA 22602
(540) 508-0651

**Hospital Affiliations:**
War Memorial Hospital Inc
Winchester Medical Center

**Valusa, Kodanda Ramula, S, MD**
Provisional # 10175225
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400

160 Merchant St Suite 100
Winchester, VA 22601
(540) 536-5560

611 East Jubal Early Drive
Winchester, VA 22601
(540) 536-5500

**Hospital Affiliations:**
Carilion Roanoke Memorial Hospital

**White, Andrew A., MD**
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Selma Medical Associates Inc
104 Selma Drive
Winchester, VA 22601
(540) 678-2800

**Williams, Megan L., DO**
Provisional # 10079501
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 667-8724

**Hospital Affiliations:**
Winchester Medical Center

**Womeldorf, Susan M., MD**
Provisional # 10176847
Burnt Chimney Family Medicine, PC
6675 Booker T Washington Highway
Wirtz, VA 24184
(540) 721-2118

**Woodbridge**

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12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Bommasani, Reena, MD**
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Handy Medical Care
13168 Centerpoint Way Suite 101
Woodbridge, VA 22193
(703) 730-2000

**Hospital Affiliations:**
Sentara Northern Virginia Medical Center

**Chambers, Joseph F., MD**
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12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**DeRosa, Gary A., MD**
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12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Farbath, Sima, MD**
Provisional # 10109529
Woodbridge Internal Medicine, PC
2200 Opitz Blvd Suite B
Woodbridge, VA 22191
(703) 910-7390

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Farkas, Robert A., MD**
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NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Haymarket Medical Center

**Latimer, Robert A., MD**
Provisional # 10101776
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Marboob, Syed, MD**
Provisional # 10151374
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

**Medimpudi, Aruna, MD**
Provisional # 10160630
Handy Medical Care
13168 Centerpointe Way
Woodbridge, VA 22193
(703) 730-2000

**Hospital Affiliations:**
Sentara Northern Virginia Medical Center

**Min, James B., MD**
Provisional # 10120776
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Methi, Ramshid Ahmed, MD**
Provisional # 10051347
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Patel, Milan, DO**
Provisional # 10067119
Sentara Family Medicine Physicians (SMG)
1936 Opitz Blvd Ste A
Woodbridge, VA 22191
(703) 491-7744
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

**Pelletier, Trupii B, MD**
Provisional # 10090660
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Haymarket Medical Center

**Perez, Michelle D., MD**
Provisional # 10075198
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Ratchford, Francis X., MD**
Provisional # 10074047
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Haymarket Medical Center

**Ross, Scott A., MD**
Provisional # 10081372
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Shah, Tejas J., MD**
Provisional # 10021195
NORTHERN VIRGINIA FAMILY PRACTICE, PC
4331 Ridgewood Center Drive
Woodbridge, VA 22192
(703) 580-0124

**Hospital Affiliations:**
Sentara Northern Virginia Medical Center

**Shirsolkar, Pradnya P., MD**
Provisional # 10176301
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Weinstein, Raymond, MD**
Provisional # 10120887
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

**Hospital Affiliations:**
Novant Health UVA Health System Prince William Medical Center

**Windsor**

**Ismaeli-Campbell, Attiyah T, MD**
Provisional # 10160825
Total Family Care (Franklin Clinic Corp)
20 East Windsor Blvd
Windsor, VA 23487
(757) 242-6185

**Optima Direct Network Providers 9/2019**

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<table>
<thead>
<tr>
<th>Primary Care Physicians - Tier 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Yorktown</strong></td>
</tr>
<tr>
<td><strong>Bryant, John P., MD</strong>&lt;br&gt;Prov#: 51846&lt;br&gt;Tidewater Physicians Multispecialty Group, PC (TPMG)&lt;br&gt;307 Cook Rd&lt;br&gt;Yorktown, VA 23690&lt;br&gt;(757) 898-7261</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Bon Secours Mary Immaculate Hospital</td>
</tr>
<tr>
<td><strong>Guan, Yu, MD</strong>&lt;br&gt;Prov#: 10067163&lt;br&gt;Tidewater Physicians Multispecialty Group, PC (TPMG)&lt;br&gt;307 Cook Rd&lt;br&gt;Yorktown, VA 23690&lt;br&gt;(757) 898-7261</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Wythe County Community Hospital</td>
</tr>
<tr>
<td><strong>Harkless, John M., DO</strong>&lt;br&gt;Prov#: 10054586&lt;br&gt;Family Healthcare of Wytheville PC&lt;br&gt;1040 Holston Rd&lt;br&gt;Wytheville, VA 24382&lt;br&gt;(276) 227-0200</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Wythe County Community Hospital</td>
</tr>
<tr>
<td><strong>Ortiz, Vicente, MD</strong>&lt;br&gt;Prov#: 10148912&lt;br&gt;Meadowview Health Clinic&lt;br&gt;13168 Meadowview Square&lt;br&gt;Meadowview, VA 24361&lt;br&gt;(276) 944-3999</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Wythe County Community Hospital</td>
</tr>
<tr>
<td><strong>Thomas, Kari L., MD</strong>&lt;br&gt;Prov#: 10031349&lt;br&gt;Carrilion Family Medicine&lt;br&gt;1375 West Ridge Rd&lt;br&gt;Wytheville, VA 24382&lt;br&gt;(276) 228-8686</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;University of Virginia Physicians Group&lt;br&gt;1015 Spring Creek Parkway&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 243-9466</td>
</tr>
<tr>
<td><strong>Raines, Timothy L., MD</strong>&lt;br&gt;Prov#: 51127&lt;br&gt;Virginia Family Practice&lt;br&gt;3212 Hampton Hwy Ste B&lt;br&gt;Yorktown, VA 23693&lt;br&gt;(757) 867-6160</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;UVA Culpeper Hospital&lt;br&gt;University of Virginia Medical Center</td>
</tr>
<tr>
<td><strong>Engel, Gina D., MD</strong>&lt;br&gt;Prov#: 10004749&lt;br&gt;UVA Waynesboro Primary Care&lt;br&gt;1015 Spring Creek Parkway&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 243-9466</td>
</tr>
<tr>
<td><strong>Hawkins, Andrew R., MD</strong>&lt;br&gt;Prov#: 10177582&lt;br&gt;Sentara Spring Creek Family Medicine&lt;br&gt;29 Jefferson Court&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 654-8900</td>
</tr>
<tr>
<td><strong>Montellese, Phyllis B., MD</strong>&lt;br&gt;Prov#: 10034124&lt;br&gt;Sentara Spring Creek Family Medicine&lt;br&gt;29 Jefferson Court&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 654-8900</td>
</tr>
<tr>
<td><strong>Varney, Catherine W., DO</strong>&lt;br&gt;Prov#: 10177582&lt;br&gt;University of Virginia Physicians Group&lt;br&gt;1015 Spring Creek Parkway&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 243-9466</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Shenandoah Memorial Hospital&lt;br&gt;759 South Main Street&lt;br&gt;Woodstock, VA 22644&lt;br&gt;(540) 459-1315</td>
</tr>
<tr>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Meadowview Health Clinic&lt;br&gt;13168 Meadowview Square&lt;br&gt;Meadowview, VA 24361&lt;br&gt;(276) 944-3999</td>
</tr>
<tr>
<td><strong>Saltsville</strong></td>
</tr>
<tr>
<td><strong>Ortiz, Vicente, MD</strong>&lt;br&gt;Prov#: 10177582&lt;br&gt;University of Virginia Physicians Group&lt;br&gt;1015 Spring Creek Parkway&lt;br&gt;Zion Crossroads, VA 22942&lt;br&gt;(434) 243-9466</td>
</tr>
</tbody>
</table>
### Primary Care Physicians - Tier 1

#### Geriatric Medicine

**Abingdon**

- **Parker, David G., DO**
  - Prov#: 10161556
  - Advanced Practice Adult-Gerontology
  - 18180 Rich Valley Dr
  - Abingdon, VA 24210
  - (276) 628-7709

**Charlottesville**

- **Archbald-Pannone, Laurie R., MD**
  - Prov#: 10040270
  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 962-3131

- **Babbott, Stewart F., MD**
  - Prov#: 10168784
  - University of Virginia Physicians Group
  - 1215 Lee Street 3rd Floor
  - Charlottesville, VA 22908
  - (434) 924-1931

- **Balogun, Seki A., MD**
  - Prov#: 60903
  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 964-1333

- **Cheng, Hui Yong, MD**
  - Prov#: 10078541
  - University of Virginia Physicians Group
  - 1215 Lee Street 3rd Floor
  - Charlottesville, VA 22908
  - (434) 964-1333

**Duffield**

- **Parker, David G., DO**
  - Prov#: 10161556
  - Advanced Practice Adult-Gerontology
  - 5140 Hatcher Rd
  - Dublin, VA 24084
  - (540) 674-5260

**Fredericksburg**

- **Umseghe, Samuel C., MD**
  - Prov#: 10081369
  - WeCare Medical Associates
  - 611 Jefferson Davis Hwy Suite 101
  - Fredericksburg, VA 22401
  - (540) 656-2920

**Haymarket**

- **Thakkar, Nirav, MD**
  - Prov#: 10176331
  - NMG Affiliate Practice I, LLC
  - 15225 Heathcote Blvd
  - Haymarket, VA 20169
  - (703) 396-4924

**Luray**

- **Massaw, Arsheeya, MD**
  - Prov#: 10048231
  - Page Shenandoah Health Center
  - 200 Memorial Drive
  - Luray, VA 22835
  - (540) 743-4552

- **Sellers, Verna R., MD**
  - Prov#: 10152990
  - Centra Health Medical Center - Gretna
  - 291 McBride Lane
  - Gretna, VA 24557
  - (434) 656-1274

**Lexington**

- **Parker, David G., DO**
  - Prov#: 10161556
  - Advanced Practice Adult-Gerontology
  - 428 Cecil D Quillen Dr
  - Duffield, VA 24244
  - (276) 431-4200

**Lynchburg**

- **Zivyon, Adam S., MD**
  - Prov#: 10055814
  - University of Virginia Physicians Group
  - 940 E Lee Hwy
  - Chilhowie, VA 24319
  - (276) 646-8911

**Richmond**

- **Thakkar, Nirav, MD**
  - Prov#: 10176331
  - NMG Affiliate Practice I, LLC
  - 15225 Heathcote Blvd
  - Haymarket, VA 20169
  - (703) 396-4924

- **Sellers, Verna R., MD**
  - Prov#: 10152990
  - Centra Health Medical Center - Gretna
  - 291 McBride Lane
  - Gretna, VA 24557
  - (434) 656-1274

**Salem**

- **Parker, David G., DO**
  - Prov#: 10161556
  - Advanced Practice Adult-Gerontology
  - 428 Cecil D Quillen Dr
  - Duffield, VA 24244
  - (276) 431-4200

**Staunton**

- **Parker, David G., DO**
  - Prov#: 10161556
  - Advanced Practice Adult-Gerontology
  - 428 Cecil D Quillen Dr
  - Duffield, VA 24244
  - (276) 431-4200
Primary Care Physicians - Tier 1

Manassas

Krumah, Jacklyn A., MD
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Thakkar, Nirav, MD
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Marion

Parker, David G., DO
Prov#: 10161556
Advanced Practice Adult-Gerontology
155 Ridgefield Dr
Manton, VA 24354
(276) 397-0061

Hospital Affiliations:
- Smyth County Community Hospital

Newport News

Basciano, Rocco J, MD
Prov#: 10176331
Riverside Medical Group
1000 Old Denbigh Boulevard Suite 1020A
Newport News, VA 23602
(757) 875-2009

Mack, Steven E, MD
Prov#: 10121988
Riverside Medical Group
1000 Old Denbigh Boulevard Suite 1020A
Newport News, VA 23602
(757) 875-2009

439 Oriana Road C
Newport News, VA 23602
(757) 234-8100

Norfolk

Galicia-Castillo, Marissa C., MD
Prov#: 27711
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine)
Norfolk, VA 23507
(757) 446-7040

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Lake Taylor Hospital
- Sentara Leigh Hospital

Sentara Norfolk General Hospital

Kannarkat, Milly J., MD
Prov#: 10077552
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine)
Norfolk, VA 23507
(757) 446-7040

Mazzullo, Lauren W., DO
Prov#: 10136826
EVMS Medical Group
825 Fairfax Ave Ste 201
Norfolk, VA 23507
(757) 446-7040

Okhravi, Hamid R, MD
Prov#: 10060155
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine)
Norfolk, VA 23507
(757) 446-7040

Palmer, Robert M., MD
Prov#: 10073652
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine)
Norfolk, VA 23507
(757) 446-7040

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Roanoke

D'Amora, Julia M., DO
Prov#: 10064799
Carilion Center For Healthy Aging
1009 Old Country Club Road
Roanoke, VA 24017
(540) 344-6248

2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital

Unwin, Brian K., MD
Prov#: 10113665
CARLION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 981-7653

2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital

Internal Medicine

Abingdon

Camargo, Edgar, MD
Prov#: 10181510
Abingdon Internal Medicine, PC
322 Valley St NE
Abingdon, VA 24210
(276) 628-1106

Rocky Mount

Unwin, Brian K., MD
Prov#: 10113665
CARLION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 981-7653

2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Shenandoah

Mashaw, Arsheeya, MD
Prov#: 10048215
Page Shenandoah Health Center
516 B First St
Shenandoah, VA 22849
(540) 652-1207
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Carilion Tazewell Community Hospital
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Virginia Beach

Turman, Stanley N., MD
Prov#: 10179037
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital
Primary Care Physicians - Tier 1

Elmore, Karen A., MD  
Prov#: 10066319  
Emory Internal Medicine  
613 Campus Dr Suite 200  
Abingdon, VA 24210  
(276) 628-1186

Henry, Ernest N., MD  
Prov#: 10086985  
Hibernian Nephrology Group  
323 Falls Plaza Drive Ste 323  
Abingdon, VA 24210  
(276) 525-4402

Swank, Jonathan, MD  
Prov#: 10072674  
MSMG IM ABG  
16000 Johnston Memorial Dr  
Abingdon, VA 24211  
(276) 258-4100

Gaddipati, Swapna, MD  
Bashore, Randall T., MD  
Ulrich, Michael Alan, DO  
Swank, Jonathan, MD  
Henry, Ernest N., MD  
Elmore, Karen A., MD

Optima Direct Network Providers 9/2019

Mary Washington Hospital (MWH)  
(703) 845-0700

Remaining Hospital Affiliations:  
Johnston Memorial Hospital

Ulrich, Michael Alan, DO  
Prov#: 10192743  
Magnaolia Family Medicine  
611 Campus Dr Suite 200  
Abingdon, VA 24210  
(276) 258-4920

Hospital Affiliations:  
Johnston Memorial Hospital

Albemarle

Swanson, Ted, MD  
Prov#: 10033708  
University of Virginia Medical Center  
(434) 924-3227

Hospital Affiliations:  
University of Virginia Medical Center

Alexandria

Sims, Brett A., MD  
Prov#: 10019317  
Mary Washington Hospital (MWH)  
(703) 845-0700

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Gebreyesus, Yared A., MD  
Prov#: 10124872  
Blue Nile Medical Center  
85 South Bragg Street Suite 100  
Alexandria, VA 22312  
(703) 845-0700

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Hong, Sam, MD  
Prov#: 10208325  
Legacy Care, LLC  
4800 Fillmore Ave  
Alexandria, VA 22311  
(703) 824-1003

La Mirand, Thania Violeta, MD  
Prov#: 10169979  
Patient First-Alexandria  
6311 Richmond Highway  
Alexandria, VA 22306  
(703) 647-6087

Mitchell, Michael David, MD  
Prov#: 10049178  
Freedman, Mitchell, Whittaker and Wu  
4660 Kenmore Avenue Suite 1210  
Alexandria, VA 22304  
(703) 461-0700

Hospital Affiliations:  
Inova Alexandria Hospital

Amherst

Sydor, III, Walton Kirkham, MD  
Prov#: 10176373  
Capital HealthCare P.C.  
6020 Richmond Highway Suite 102  
Alexandria, VA 22303  
(517) 308-6776

Hospital Affiliations:  
Inova Alexandria Hospital

Sedrakyan, Gevorg, MD  
Prov#: 10016744  
Capital HealthCare P.C.  
6020 Richmond Highway Suite 102  
Alexandria, VA 22303  
(517) 308-6776

Hospital Affiliations:  
Inova Alexandria Hospital

Shahcheraghi, Ali, MD  
Prov#: 10113115  
Neighborhood Health  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568

Shahcheraghi, Ali, MD  
Prov#: 10113115  
Neighborhood Health  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568

Hospital Affiliations:  
Inova Alexandria Hospital

Sims, Dodd A, MD  
Prov#: 10001055  
Neighborhood Health  
3804 Executive Ave  
Alexandria, VA 22305

Hospital Affiliations:  
Reston Hospital Center

Anbessie, Tedla, MD  
Prov#: 10124609  
Blue Nile Medical Center  
85 South Bragg Street Suite 100  
Alexandria, VA 22312  
(703) 845-0700

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Ashburn

Idrees, Irfan, MD  
Prov#: 10081800  
Virginia Med Center And Urgent Care  
21785 Filligree Court  
Ashburn, VA 20147  
(540) 338-0177

Hospital Affiliations:  
UVA Culpeper Hospital

Veerapalli, Venkateswar, MD  
Prov#: 10110941  
Culpeper Walk In Clinic  
21001 Sycamore Road  
Ashburn, VA 20147  
(540) 419-5751

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Wasique, Maria, MD  
Prov#: 10105774  
Ashburn Sterling Doctors PLLC  
21785 Filigree Ct Ste 215  
Ashburn, VA 20147  
(571) 223-5610

Hospital Affiliations:  
Reston Hospital Center

Annapolis

Szabo, Paulina, MD  
Prov#: 10110941  
Capital HealthCare P.C.  
6020 Richmond Highway Suite 102  
Alexandria, VA 22303  
(517) 308-6776

Hospital Affiliations:  
Inova Alexandria Hospital

Nguyen, Ngoc-Ha, MD  
Prov#: 10103498  
Ngoc-Ha Thi Nguyen, MD, PC  
7202-C Poplar St  
Annandale, VA 22003  
(703) 642-3220

Hospital Affiliations:  
Appomattox Medical Center

Appomattox

Smith, Larry, MD  
Prov#: 10012772  
Appomattox Medical Center  
181 Old Courthouse Rd  
Appomattox, VA 24522  
(434) 352-3063

Hospital Affiliations:  
Appomattox Medical Center

Arlington

Khan, Basim, MD  
Prov#: 100082346  
Neighborhood Health  
2445 Army Navy Drive 3rd Floor  
Arlington, VA 22206  
(703) 535-5568

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Tiedemann, Marie T., MD  
Prov#: 10115022  
Theresa Thomas Medical Center  
635 N Washington Hwy  
Ashland, VA 23005  
(804) 798-9208

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Optima Health

Optima Direct Network Providers 9/2019

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Primary Care Physicians - Tier 1

Young, Christine, MD
Prov#: 10023740
Theresa Thomas Medical Center
635 N Washington Hwy
Ashton, VA 23005
(804) 798-9208

Aylett

Buchanan, Brian D., MD
Clay, Denise, MD
Bashore, Randall T., MD
Young, Christine, MD

Optima Direct Network Providers 9/2019

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
1181 King William Road
Aylett, VA 23009
(804) 769-3022
Hospital Affiliations:
Central Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blackburg

Beato, Gregory C., DO
Prov#: 10047545
Internal Medicine of Blacksburg
810 Hospital Drive
Blacksburg, VA 24060
(540) 951-3311

Jamison, Thomas Scott, MD
Prov#: 10075641
Christiansburg Internal Medicine, LLC
1715 Pratt Drive Suite 1100
Blacksburg, VA 24060
(540) 443-3980

Jordan, Christine D., MD
Prov#: 10022467
Internal Medicine of Blacksburg, LLC
3698 South Main Street
Blacksburg, VA 24060
(540) 951-6070

Solomon, Robert, MD
Prov#: 10013521
Internal Medicine of Blacksburg, LLC
3698 South Main Street
Blacksburg, VA 24060
(540) 951-6070

Bluefield

McClanahan, Eric S., DO
Prov#: 10189059
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Koch, Adrienne J., DO
Prov#: 10150460
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 901-0800

Hernandez, Johan S. Urena, MD
Prov#: 10111900
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 564-5622

Koch, Adrienne J., DO
Prov#: 10105246
Four Seasons Nuclear Medicine
15 A Westwood Medical Park
Bluefield, VA 24605
(276) 326-1123

Razi, Anthony, DO
Prov#: 10175635
Park Avenue Medical Associates
231 Medical Park Dr Ste 300
Bluefield, VA 24605
(276) 276-3225

Rosborough, Rania B., MD
Prov#: 10200543
Bluefield Clinic Company LLC
2111 College Ave
Bluefield, VA 24605
(276) 326-4661

Bowling Green

Moore, Brandon K., DO
Prov#: 10172613
Integrated Health Transitions PLLC
245 N ST
Bristol, VA 24201
(276) 669-4711

Hospital Affiliations:
Indian Path Community Hospital
Johnson City Medical Center
Johnston Memorial Hospital

Smith, Bert J., MD
Prov#: 10172603
Integrated Health Transitions PLLC
245 N ST
Bristol, VA 24201
(276) 669-4711

Hospital Affiliations:
Indian Path Community Hospital
Johnson City Medical Center

Buena Vista

Cure, James D., MD
Prov#: 10035934
Lynchburg Internal Medicine
104 Carolina Avenue
Brooke, VA 24528
(434) 376-2325
633 Cook Ave
Brooke, VA 24528
(804) 376-3717
Hospital Affiliations:
Century Lynchburg General Hospital
Centra Virginia Baptist Hospital

Castlewood

Yousof, Samina, MD
Prov#: 10087518
Samina Yousof MD PC
17988 Highway 58
Castlewood, VA 24224
(276) 762-7600

Chantilly

Khan, Monsurul, MD
Prov#: 10202755
Patient First - Chantilly
3918 Centreveil Road
Chantilly, VA 20151
(703) 657-6925
Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital
Mary Washington Hospital (MWH)
Stafford Hospital Center

Majete, Lisa K., MD
Prov#: 10173011
Patient First - Sterling
3918 Centreveil Road
Chantilly, VA 20151
(703) 657-3925

Quidwai, Asima, MD
Prov#: 10119198
Patient First - Sterling
3918 Centreveil Road
Chantilly, VA 20151
(703) 657-6925
Hospital Affiliations:
VCU Health System/MCV
### Primary Care Physicians - Tier 1

#### Charles City

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Bashore, Randall T., MD</td>
<td>Prov#: 45970</td>
<td>(804) 829-6600</td>
<td>Central Virginia Community Health Center (CVHSCC(CCNV) 9550 Courthouse Road Charlottesville, VA 23030</td>
<td>University of Virginia Medical Center</td>
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#### Charlottesville

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Alexander, Jeffrey David, MD</td>
<td>Prov#: 10150395</td>
<td>(434) 654-1800</td>
<td>Sentara Blue Ridge Internal Medicine 310 Old Ivy Way Ste 201 Charlottesville, VA 22903</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Anjali, MD</td>
<td>Prov#: 10205472</td>
<td>(434) 924-1931</td>
<td>University of Virginia Physicians Group 1215 Lee Street F1 3 Charlottesville, VA 22908</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Davis, Jeffrey D., MD</td>
<td>Prov#: 45314</td>
<td>(434) 542-5560</td>
<td>Pantons Family Medicine, a Division of Anchor Healthcare, PLC 1490 Pantons Mountain Place Suite 200 Charlottesville, VA 22911</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Dowdell, Kimberly J., MD</td>
<td>Prov#: 10134984</td>
<td>(434) 924-2472</td>
<td>University of Virginia Physicians Group 1222 Jefferson Park Ave 3rd Floor Charlottesville, VA 22903</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Fox, William E., MD</td>
<td>Prov#: 73637</td>
<td>(434) 924-9333</td>
<td>Sentara Blue Ridge Internal Medicine 310 Old Ivy Way Ste 201 Charlottesville, VA 22903</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Friesen, Lindsay, MD</td>
<td>Prov#: 10050072</td>
<td>(434) 973-1831</td>
<td>Sentara Blue Ridge Internal Medicine 310 Old Ivy Way Ste 201 Charlottesville, VA 22903</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Gade, Kristine Elizabeth, MD</td>
<td>Prov#: 10205481</td>
<td>(434) 854-1800</td>
<td>University of Virginia Physicians Group 1215 Lee Street 3rd Floor Charlottesville, VA 22908</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Gare, Blake R., MD</td>
<td>Prov#: 10137945</td>
<td>(434) 924-1931</td>
<td>Sentara Martha Jefferson Internal Medicine 590 Peter Jefferson Parkway Ste 100 Charlottesville, VA 22902</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Garmon, Blake R., MD</td>
<td>Prov#: 10205481</td>
<td>(434) 924-1831</td>
<td>UVA Primary Care Center 4th Floor Lee St UVA Hospital (Infectious Disease) Charlottesville, VA 22908</td>
<td>University of Virginia Medical Center</td>
</tr>
<tr>
<td>Garmon, Blake R., MD</td>
<td>Prov#: 10137945</td>
<td>(434) 924-1931</td>
<td>Sentara Martha Jefferson Hospital 2965 Ivy Rd Charlottesville, VA 22903</td>
<td>University of Virginia Medical Center</td>
</tr>
</tbody>
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Optima Direct Network Providers 9/2019  
Optima Health
Primary Care Physicians - Tier 1

500 Monroe Lane
Charlottesville, VA 22903
(434) 924-9999

Hospital Affiliations:
University of Virginia Medical Center

McShane, Melissa, MD
Prov #: 10189187
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Mehaffey, Rachel Lillian, MD
Prov #: 10169543
Sentara Martha Jefferson Internal Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
590 Peter Jefferson Parkway
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mehra, Pooja, MD
Prov #: 10189014
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Meth, Sharon L., MD
Prov #: 10080566
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Ste 201
Charlottesville, VA 22903
(434) 654-4550
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Moore, Willie, MD
Prov #: 10192793
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Nadkarni, Mohan, MD
Prov #: 45535
UVA Primary Care Center 4th Floor University Medical Associates Clinic, 1222 Jefferson Park Ave 3rd Fl
Charlottesville, VA 22903
(434) 924-1931

Niehaus, Mark D., MD
Prov #: 70667
Albemarle Square Family Care
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Ombres, Rachel L, MD
Prov #: 10194562
University of Virginia Physicians Group
1335 Carlton Avenue
Charlottesville, VA 22902
(434) 529-1300

Hospital Affiliations:
University of Virginia Medical Center

Panvelker, Samir S., MD
Prov #: 10200491
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Patrizio, Michael, MD
Prov #: 10171398
Charlottesville Family Medicine
1200 Five Springs Rd S-1
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Pearson, Meredith M., MD
Prov #: 10200494
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Peters, Anthony E., MD
Prov #: 10205444
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
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Hospital Affiliations:
University of Virginia Medical Center

Petri, William A., MD
Prov #: 10009156
University of Virginia Physicians Group
Lee Street 4th Floor
Charlottesville, VA 22908
(434) 982-1700

Hospital Affiliations:
Augusta Medical Center

Plews-Ogan, Margaret, MD
Prov #: 43915
UVA Primary Care Center 4th Floor Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931

Post, Barbara, MD
Prov #: 44251
Community Medicine UVA, LLC
2955 Ivy Rd Ste 205
Charlottesville, VA 22903
(434) 243-4713

Hospital Affiliations:
University of Virginia Medical Center

Reynolds, Pamela Preston, MD
Prov #: 10020398
University Medical Associates Clinic
1222 Jefferson Park Ave 3rd FL
Charlottesville, VA 22906
(434) 924-1931

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Salerno, Amy, MD
Prov #: 10192729
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Schectman, Joel M., MD
Prov #: 30654
UVA Primary Care Center 4th Floor Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Schedl, William M., MD
Prov #: 10009144
UVA Primary Care Center 4th Floor Lee St UVA Hospital (Infectious Disease)
Charlottesville, VA 22908
(434) 982-1700

Scott, Evelyn S, MD
Prov #: 10009295
University of Virginia Physicians Group
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Sneed, Benjamin P., MD
Prov #: 10021751
UVA Primary Care Center 3rd Floor Lee St 3rd Fl UVA Hospital
Charlottesville, VA 22908
(434) 924-2960

Hospital Affiliations:
University of Virginia Medical Center

Somerville, Lindsay A., MD
Prov #: 10193060
University of Virginia Physicians Group
1221 Lee Street 2nd Floor
Charlottesville, VA 22908
(434) 924-5219

Hospital Affiliations:
University of Virginia Medical Center

Starr, Karen L., MD
Prov #: 45317
Sentara Martha Jefferson Internal Medicine
590 Peter Jefferson Parkway Ste 100
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Stewart, Richard A., MD
Prov #: 45452
Sentara Martha Jefferson Internal Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Stewart, Richard A., MD
Prov #: 45452
Sentara Martha Jefferson Internal Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital
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<tr>
<th>Name</th>
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<tr>
<td><strong>Chesapeake</strong></td>
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<tr>
<td>Akkina, Naveen, MD</td>
<td>Cardiologist</td>
<td>Chesapeake Regional Medical Center</td>
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<td>Beverly, Vernis, MD</td>
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<td>Carideo, Louis N., MD</td>
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<td>Chesapeake Regional Medical Center</td>
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<td>Dhawan, Vandana, MD</td>
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<td>Fernandez, Alfred E., MD</td>
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<td>Gaglione, Margaret M, MD</td>
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<td>Hall, James, MD</td>
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<td><strong>Lawani, Nurudeen S, DO</strong></td>
<td>Internist</td>
<td>Chesapeake Regional Medical Center</td>
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<td><strong>Targonski, Paul, MD</strong></td>
<td>Cardiologist</td>
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<td>Chesapeake Regional Medical Center</td>
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<td><strong>Warren, Cirle A., MD</strong></td>
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<td><strong>Roll, Walter A., MD</strong></td>
<td>Cardiologist</td>
<td>Seniata Princess Anne Hospital</td>
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**Cheriton**

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<td>Cardiologist</td>
<td>Seniata Norfolk General Hospital</td>
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Primary Care Physicians - Tier 1

Okhravi, Hamid R, MD  
Pro#: 10015009  
Bayview Physician Services, PC  
713 Volvo Pkwy Ste 100  
Chesapeake, VA 23320  
(757) 548-0076

Palacios-Kibler, Thamiris V, DO  
Pro#: 10195197  
Patient First - Cedar Rd  
1239 Cedar Rd  
Chesapeake, VA 23322  
(757) 549-9935

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
University of Virginia Medical Center

Smith-Griffin, Kimberly A., MD  
Reniva, Jr., Faustino A., MD  
Palacios-Kibler, Thamiris V, DO  
Van Slyke, Katharine M., DO  
West, David J., MD  
Zev, Shirin, MD  
Zev, Zahan, MD  
Abbas, Gohar M, MD  
Ciocle, Daniela, MD  
Clashey, Sheila, MD  
Terry, Jr. A., Nicholas, MD

Chesapeake Regional Medical Center

Chester

Abbasi, Gohar M, MD  
Pro#: 26804  
Prime Care Health Services PC  
1714 E Hundred Road Ste 101  
Chester, VA 23836  
(804) 530-5293

Hospital Affiliations:  
John Randolph Medical Center  
Chincoteague

Murray, Thomas Bradley, MD  
Pro#: 10152695  
Onley Community Health Center (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Roll, Jeanne R., MD  
Pro#: 43917  
Atlantic Community Health Center (ESRHs) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Hospital Affiliations:  
Riverside Shore Memorial Hospital

Christiansburg

Bonsu, Osei, DO  
Pro#: 10027216  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071

Hospital Affiliations:  
Montgomery Regional Hospital b/a LewisGale Montgomery

Clark, Kenneth Alan, MD  
Pro#: 23569  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Twin County Regional Hospital

Hijazi, Ali, MD  
Pro#: 10031099  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071

Hospital Affiliations:  
Sentara Albermarle Medical Center

Khan, Arif, MD  
Pro#: 10006534  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071

March, Jared Douglas, DO  
Pro#: 10108482  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 381-6000

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Mick, Mary-Ellen C., DO  
Pro#: 10151720  
Carilion Healthcare Corporation  
2900 Lamb Cir Suite 250  
Christiansburg, VA 24073  
(540) 639-9071

Hospital Affiliations:  
Carilion New River Valley Medical Center

Thomas, II, William D., DO  
Pro#: 10113684  
Christiansburg Family Medicine LLC  
6 Hickok Street  
Christiansburg, VA 24073  
(540) 382-6148

Thomas, Megan C., DO  
Pro#: 10107515  
Christiansburg Family Medicine LLC  
6 Hickok Street  
Christiansburg, VA 24073  
(540) 382-6148

Hospital Affiliations:  
Montgomery Regional Hospital b/a LewisGale Montgomery
Primary Care Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Carolion Stonewall Jackson Hospital
Inova Alexandria Hospital
Rappahannock General Hospital
Sentara Obici Hospital
Shenandoah Memorial Hospital Inc
UVA Culpeper Hospital
Warren Memorial Hospital, Inc.

Pyles, Terrance L., MD
Prov#: 10176210
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Sptrylvania Regional Medical Center
UVA Culpeper Hospital

Quaye, Roland, MD
Prov#: 10176300
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Sptrylvania Regional Medical Center
UVA Culpeper Hospital

Shibeshi, Woldecherkos A., MD
Prov#: 10176298
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital

Shibeshi, Woldecherkos A., MD
Prov#: 10176298
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Sptrylvania Regional Medical Center
UVA Culpeper Hospital

Singer, Grace T., MD
Prov#: 10025135
University of Virginia Physicians Group
1045 Oaklawn Drive
Culpeper, VA 22701
(540) 825-6263

Hospital Affiliations:
UVA Culpeper Hospital

Sunderland, Charles F., MD
Prov#: 44031
University of Virginia Physicians Group
1045 Oaklawn Drive
Culpeper, VA 22701
(540) 825-6263

Hospital Affiliations:
UVA Culpeper Hospital

Tummala, Mounika, MD
Prov#: 10176352
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
LewisGale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery
UVA Culpeper Hospital

Turi, Wreskew T., MD
Prov#: 10176362
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Obici Hospital
Stapford Hospital Center
UVA Culpeper Hospital

Veerapalli, Venkateswar, MD
Prov#: 10110941
Culpeper Walk In Clinic
451 James Madison Highway Suite 104
Culpeper, VA 22701
(540) 727-8880

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Verna, Sugarm, MD
Prov#: 10176503
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Whitney-Bradford, Rhonda M., MD
Prov#: 10176508
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Akbar, Salama M., MD
Prov#: 10164691
GoDocs
949 Pinet Forest Road
Danville, VA 24541
(434) 835-4876

Hospital Affiliations:
Central Virginia Community Health Center (CVHC/CCNV)
108 Holbrook St Ste 101
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Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHC/CCNV)
108 Holbrook St Ste 101
Danville, VA 24541
(434) 791-4122

Hospital Affiliations:
University of Virginia Medical Center

Brotherton, Timothy, MD
Prov#: 13816
Danville Hematology & Oncology
125 Executive Dr Ste J
Danville, VA 24541
(434) 793-0044

Caplan, Michael A., MD
Prov#: 10147219
Piedmont Internal Medicine (Danville Physician)
125 Executive Drive Ste H
Danville, VA 24541
(434) 791-1345

Hospital Affiliations:
SOVAH Health - Danville

Chauhan, Ajit, MD
Prov#: 19064
Cardiology Clinic
1045 Main St Ste 1
Danville, VA 24541
(434) 792-4400

Desai, Balaji, MD
Prov#: 46219
Southside Internal Medicine (Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

125 Executive Drive Suite J Danville, VA 24541
(434) 797-2828

Hospital Affiliations:
SOVAH Health - Danville

Falgu, Vicente T., MD
Prov#: 46155
Drs. T.M. Alabanza and Falgu
900 Main Street Suite 204
Danville, VA 24541
(434) 791-4648

Jannach, Stephan H., MD
Prov#: 10178871
Spectrum Medical Inc (Internal Medicine)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 793-4711

Hospital Affiliations:
SOVAH Health - Danville

Jawari, Sanjay Madhuker, MD
Prov#: 10080246
Southside Internal Medicine
(Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

Lundy, Rani B., MD
Prov#: 10052386
Fiedmont Prime Care of Danville
130 Enterprise Dr
Danville, VA 24540
(434) 791-2273

404 Airport Drive Suite A Danville, VA 24540
(434) 791-2612

Patel, Mukesh B., MD
Prov#: 46219
Danville Gastroenterology Center
501 Rison St Ste 130
Danville, VA 24541
(434) 791-1152

1045 Main St
Danville, VA 24541
(434) 792-4400

Hospital Affiliations:
SOVAH Health - Danville

Pomposini, Daniel, MD
Prov#: 46225
Danville Internal Medicine Inc
125 Watson St
Danville, VA 24541
(434) 797-5711

Pradhan, Pradeep, MD
Prov#: 46225
Dominion Primary Care (Centra Medical Group)
130 Enterprise Drive
Danville, VA 24540
(434) 791-2273

404 Airport Drive Suite A Danville, VA 24540
(434) 799-2055

Singh, Sukhwinder, DO
Prov#: 10163031
GoDocs
949 Pinet Forest Road
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(434) 835-4876

Vasireddy, Sabitha, MD
Prov#: 10012380
Danville Patient Care INC
1955 Memorial Dr
Danville, VA 24541
(434) 799-2055

Vasireddy, Venugopal Kiran, MD
Prov#: 10012381
Danville Patient Care INC
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Danville, VA 24541
(434) 799-2055

Wade, James S., MD
Prov#: 45425
Medical Associates of Central Virginia Intravene
4500 Riverside Dr
Danville, VA 24541
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

Dillwyn

Muller, Richard A., MD
Prov#: 10052003
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65 Brickyard Road
Dillwyn, VA 23936
(434) 983-2722

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Dublin

D’Amico, Paul J., MD
Prov#: 10072301
Pulaski Internal Medicine, PC
4530 Lee Highway Ste B
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(540) 674-4914

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Optima Direct Network Providers 9/2019
Optima Direct Network Providers 9/2019

Primary Care Physicians - Tier 1

Osemohor, Ehiokhoya O., MD
Pro#: 10159994
River Valley HealthCare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations: Columbia Palaski Community
Hospital d/b/a LewisGale Palaski

Stewart, Knotresha F., MD
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River Valley HealthCare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations: Columbia Palaski Community
Hospital d/b/a LewisGale Palaski

Fairfax

Desai, Narendra, MD
Pro#: 10187690
AFFORDABLE PRIMARY CARE, LLC
10721 Main Street Suite 2450
Fairfax, VA 22030
(703) 940-5000
Hospital Affiliations: Inova Alexandria Hospital

Dinh, Bao, DO
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10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Joseph, Bridget, MD
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Allergy and Asthma Specialists of Greater Washington (IM)
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(703) 648-0015

Khan, Mubarak, MD
Pro#: 30710
Advanced Internal Medicine Inc.
3650 Joseph Siewick Dr
Fairfax, VA 22033
(703) 620-6221

Mazhari, Ramin, MD
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(703) 679-1876

Musin, Raja, MD
Pro#: 64464
Raja Musin MD PC
10803 Main Street Suite 800
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Hospital Affiliations: Reston Hospital Center

Sonde, Mehru M., MD
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Vein Clinics of America 11350 Random Hills Rd Ste 440
Fairfax, VA 22030
(703) 556-4488

Farmville

Burris II, Alfred C., MD
Pro#: 10176288
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations: Novant Health UVA Health System Haymarket Medical Center

Bal, Bikram, MD
Pro#: 10098508
Centra Medical Group, LLC
800 Oak Street
Farmville, VA 23901
(434) 315-2998

Hospital Affiliations: Centra Lynchburg General Hospital

Fishersville

Alexander, Kerry, MD
Pro#: 56902
Augusta Health Pain Management Clinic
78 Medical Center Dr
Fishersville, VA 22939
(540) 932-4075

Hospital Affiliations: Augusta Medical Center
Primary Care Physicians - Tier 1

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University of Virginia Physicians Group
9 Pinnacle Drive Suite A03
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(844) 472-8711
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University of Virginia Medical Center

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Augusta Health Internal Medicine
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22 North Medical Park Drive
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Augusta Health Internal Medicine

Gray, Thomas G, MD
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Hospital Affiliations:
Augusta Health Internal Medicine

Snodgrass, Shelley L., MD
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Hospital Affiliations:
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Roll, Jeanne R., MD
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(540) 932-5870
Hospital Affiliations:
Augusta Health Internal Medicine

Murray, Thomas Bradley, MD
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(540) 442-4819
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Fredericksburg

Mekenzie, Jonathan, MD
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Chancellor Internal Medicine
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(540) 786-9771
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Central Virginia Community Health Center (CVCHS)(CCNV)
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Hospital Affiliations:
University of Virginia Medical Center

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(540) 736-5043
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Fredericksburg

Elbert, Bethanne, MD
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Hospital Affiliations:
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Hospital Affiliations:
Mary Washington Hospital (MWH)

McManus, Patrick J., MD
Prov#: 10828
McManus & Associates Internal Medicine (PINNACLE)
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Fredericksburg, VA 22401
(540) 370-1940
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Fries

Vandyke, Kelly S., MD
Prov#: 10091812
Fries Community Healthcare, Inc
109 Carroll Drive
Fries, VA 24330
(276) 744-3660

Optima Direct Network Providers 9/2019
### Primary Care Physicians - Tier 1

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<td>Clark, Kenneth Alan, MD</td>
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<td>840 A John Marshall Highway Front Royal, VA 22630</td>
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<td>Subedi, Guna R., MD</td>
<td>Shenandoah Medical Associates</td>
<td>625 Virginia Ave Front Royal, VA 22630</td>
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<td>Kissi, Ludmila, MD</td>
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<td>14800 Lee Highway Gainesville, VA 20155</td>
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<td>Aggarwal, Arpita, MD</td>
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<td>5360 Twins Hickory Road Galen Allen, VA 23059</td>
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### Optima Direct Network Providers 9/2019

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### Optima Health
### Gloucester

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<td>Pradhan, Pradeep, MD</td>
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### Franklin

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<td>10011988</td>
<td>Divine Health Care, LLC 2100 Executive Drive Suite B Hampton, VA 23666</td>
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### Harrisonburg

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<tr>
<td>Hernandez, Johan S. Urena, MD</td>
<td>11020583</td>
<td>Sentara RMH Medical Group, LLC 1661 South Main Street Harrisonburg, VA 22801</td>
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### Irby, Susan K., MD

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<td>Irby, Susan K., MD</td>
<td>10045674</td>
<td>Carilion Healthcare Corporation 282 Westlake Rd Hardy, VA 24101</td>
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### Younger, Sarah Ann, MD

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<td>20450</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG) 2117 Hartford Rd Hampton, VA 23666</td>
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### Day, Philip W., MD

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<th>Name</th>
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<td>Day, Philip W., MD</td>
<td>199911</td>
<td>Harrisonburg Internal Medicine 1937 Medical Ave Harrisonburg, VA 22801</td>
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### Flores-Perez, Iheusus S., MD

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<td>Flores-Perez, Iheusus S., MD</td>
<td>10207065</td>
<td>Sentara RMH Medical Group, LLC 1661 South Main Street Harrisonburg, VA 22801</td>
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### Green, Jr., Melvin G., MD

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<td>Green, Jr., Melvin G., MD</td>
<td>10029084</td>
<td>Sentara Family Medicine Physicians (SMG) 4001 Coliseum Dr Ste 300 Hampton, VA 23666</td>
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### Yoder, Gene L, MD

<table>
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<tr>
<td>Yoder, Gene L, MD</td>
<td>19995</td>
<td>Harrisonburg Internal Medicine 1937 Medical Ave Harrisonburg, VA 22801</td>
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### Koch, Adrienne J., DO

<table>
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<tr>
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<td>10150460</td>
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### Pradhan, Pradeep, MD

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<tr>
<td>Pradhan, Pradeep, MD</td>
<td>46225</td>
<td>Dominion Primary Care (Centra Medical Group) 291 McBride Lane Gretna, VA 24557</td>
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### Copley, Christopher S., DO

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<th>Name</th>
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<tr>
<td>Copley, Christopher S., DO</td>
<td>10200583</td>
<td>Buchanan Health Care, LLC 1532 Slate Creek Rd Ste 106 Grundy, VA 24614</td>
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### Copey, Christopher S., DO

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<th>Name</th>
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<td>Buchanan Health Care, LLC 1532 Slate Creek Rd Ste 106 Grundy, VA 24614</td>
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<tr>
<td>Akintide, Adebayo G., MD</td>
<td>10176212</td>
<td>Novant Health UVA Health System Hospital Affiliations</td>
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<tr>
<td>Anyalebechi, Chukwudi B., MD</td>
<td>10176261</td>
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<td>Bhardwaj, Prita, MD</td>
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<td>Burris II, Alfred C., MD</td>
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<td>Dabhiya, Munira M., MD</td>
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<td>Dave, Ammitkumar V., MD</td>
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<td>Jamil, Adnan, DO</td>
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Primary Care Physicians - Tier 1

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<td>Anyalebechi, Chukwudi B., MD</td>
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<td>Bhardwaj, Prita, MD</td>
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<td>Dave, Ammitkumar V., MD</td>
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<td>Escano, Michael G., MD</td>
<td>10176718</td>
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<td>Fan, Elaine Y., MD</td>
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<td>Haas, Joseph S., MD</td>
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<td>Jafrir, Ahsan Q., DO</td>
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<td>Novant Health UVA Health System Hospital Affiliations</td>
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Primary Care Physicians - Tier 1
Primary Care Physicians - Tier 1

Thakkar, Nirav, MD
Pro #: 10176384
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Henrico, VA 23233
(703) 396-5292

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Zaidi, Zan R., MD
Pro #: 10176515
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Henrico, VA 23233
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Clasbey, Sheila, MD
Pro #: 10152610
Richmond Primary Care
2200 Pump Road Suite 100
Henrico, VA 23233
(804) 741-7141

Scheer, Amy M., DO
Pro #: 10187234
AD SENIOR MEDICAL, LLC
5000 Stoneleigh Road
Henrico, VA 23228
(804) 347-5927

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parkham Campus
- John Randolph Medical Center
- Sentara Northern Virginia Medical Center

Jackson, Sherri T., MD
Pro #: 10151732
Host of Family Medicine
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(804) 741-7141

Tomkins, Glen Edgar, MD
Pro#: 10108297
Healthworks for Northern Virginia
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Herndon, VA 20170
(703) 481-8160

Bono, Osei, DO
Pro #: 10027216
Carilion Medical Associates
PO Box 1927 Main Street
Hillsville, VA 24343
(276) 728-7731

Clark, Kenneth Alan, MD
Pro #: 23569
Carilion Medical Associates
416 South Main Street Ste A
Hillsville, VA 24343
(276) 728-7731

Hospital Affiliations:
- Carilion New River Valley Medical Center
- Twin County Regional Hospital
- Elmsary, Medhat N., MD
Pro #: 10093871
St. Mary's Medical Center, PLC
430 West Stuart Drive
Hillsville, VA 24343
(276) 728-3332

Hospital Affiliations:
- Twin County Regional Hospital

Lewis, William, MD
Pro #: 58465
Carilion Medical Associates
416 S Main St
Hillsville, VA 24343
(276) 728-7731

Menezes, Jr., Robert Charles, MD
Pro #: 10161221
Twins Family Care Center of Hillsville
702 Pine Street
Hillsville, VA 24343
(276) 728-4311

Przyor, Robert, MD
Pro #: 44144
Carilion Medical Associates
416 South Main St Suite A
Hillsville, VA 24333
(276) 236-6136

Hospital Affiliations:
- Twin County Regional Hospital

ChAUDHRY, Faisal W., MD
Pro #: 26485
Community Health Clinic PC
5705 Red Bud Highway
Herndon, VA 24260
(703) 873-6300

Armstrong, Brent, MD
Pro #: 10027372
Appomattox River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Hospital Affiliations:
- John Randolph Medical Center

Bush, James, MD
Pro #: 10028734
Appomattox River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Hospital Affiliations:
- John Randolph Medical Center

Clasbey, Sheila, MD
Pro #: 10143599
Primary Health Group - Ironbridge
308 North 6th Avenue
Hopewell, VA 23860
(804) 458-8536

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital

Cadani, Manu R., MD
Pro #: 14723
Manu R. Cadani MD PC
5303 Plaza Drive Ste 101
Hopewell, VA 23860
(804) 458-2006

Hospital Affiliations:
- Southside Regional Medical Center

Magnin, Albert, MD
Pro #: 68168
Appomattox River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Hospital Affiliations:
- John Randolph Medical Center

Kovaceich, John J., MD
Pro #: 10106655
Independence Family Care
217 South Independence Avenue
Independence, VA 24348
(276) 768-7114

Hospital Affiliations:
- Twin County Regional Hospital

Jonesville
Almantari, Abdul-Latif, MD
Pro #: 99830
Stone Mountain Health Services (CCNV)
276 Fieldstone Drive
Jonesville, VA 24263
(703) 546-3001

Couch, Jill K, DO
Pro #: 10130852
Stone Mountain Health Services (CCNV)
276 Fieldstone Drive
Jonesville, VA 24263
(703) 546-3001

Hospital Affiliations:
- Norton Community Hospital

Kenbridge
Powers, Linda P., MD
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Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Kilmarnock
Butt, Sanaa A., MD
Pro #: 10068205
Rappahannock General Hospital
Internal Medicine
101 Harris Drive
Kilmarnock, VA 22482
(804) 435-8000

Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Allesghany
- Chesapeake Regional Medical Center
- Alinoma Pulaski Community Hospital d/b/a LewisGale Pulaski
- LewisGale Medical Center
- Montgomery Regional Hospital
- LewisGale Montgomery
- Smyth County Community Hospital

Daffeh, June, MD
Pro #: 10155913
Bay Internists, Inc.
107 DMV Dr
Kilmarnock, VA 22482
(804) 435-3103

Hospital Affiliations:
- Rappahannock General Hospital

Deschamps, John, MD
Pro #: 68679
Bay Internists, Inc.
107 DMV Dr
Kilmarnock, VA 22482
(804) 435-3103

Hospital Affiliations:
- Rappahannock General Hospital

McGrath, Kevin J., MD
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107 DMV Dr
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(804) 435-3103

Hospital Affiliations:
- Rappahannock General Hospital
Primary Care Physicians - Tier 1

Monge-Meberg, Patricia, MD
Provs#: 76557
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Hospital Affiliations:
Rappahannock General Hospital

Sandhu, Mandeep, MD
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Loudoun Medical Care
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(703) 729-2626

Trippel, Michele D., MD
Provs#: 96043
Michele Trippel, MD, Inc.
19420 Golf Vista Plaza Ste 130
Lansdowne, VA 20176
(703) 723-8668

Hospital Affiliations:
Winchester Medical Center

Ackerman, Christopher J., MD
Provs#: 43976
CMH-Lawrenceville Primary Care
203 Sharp Street
Lawrenceville, VA 23868
(434) 848-0771

Hospital Affiliations:
VCU Community Memorial Hospital

Ulrich, Michael Alan, DO
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MSMG IM LEB
71 S Flanagan Avenue
Lebanon, VA 24266
(276) 889-0433

Hospital Affiliations:
Rockbridge General Hospital

Yousuf, Samina, MD
Provs#: 10087518
142 Highlands Drive
Lexington, VA 24450
(540) 967-9401

Hospital Affiliations:
Rockbridge Internists Inc.

Abedin, Tareq, MD
Provs#: 10089441
Ashburn Sterling Internal Medicine & Pediatrics
19415 Deerfield Avenue
Leesburg, VA 20176
(703) 729-9220

Hospital Affiliations:
Carilion Clinic Internal Medicine
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Chanda, Sandhya, MD
Provs#: 10149700
Loudoun Medical Group PC
19450 Deerfield Avenue Suite 400
Leesburg, VA 20176
(703) 223-5723

Cook III, John, MD
Provs#: 10050997
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 116
Leesburg, VA 20176
(703) 858-3220

Feely, Thomas A, MD
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Loudoun Internal Medicine Associates
19465 Deerfield Avenue Ste 301
Leesburg, VA 20176
(703) 293-5242

Gebi, Vaishali N., MD
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Internal Medicine Consultants
19415 Deerfield Ave Ste 202
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Hospital Affiliations:
Winchester Medical Center

Gill, Nidhi, MD
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Loudoun Medical Group PC
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Leesburg, VA 20176
(571) 223-5723

Joglekar, Jay J., MD
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Leesburg, VA 20176
(540) 722-8172

Hospital Affiliations:
Winchester Medical Center

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Mancini, Thomas, MD
Provs#: 10005783
Manici and Korkowski
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Patel, Anil J., MD
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Pillai, Geetha, MD
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Smarth, Carole, MD
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Leesburg/Sterling Family Practice
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Ujevic, Neven, MD
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Neven A. Ujevic, MD
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(703) 293-5242

Sayre, William J., MD
Provs#: 10040808
Carilion Clinic Internal Medicine
108 Houston Street Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
University of Virginia Medical Center

Schirmer, Patricia L., MD
Provs#: 10091339
Rockbridge Health, P.L.C.
650 N Lee Hwy Suite 2
Lexington, VA 24450
(540) 463-0954

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Caldronen, Ralph Dunham, MD
Provs#: 10148536
Carilion Clinic Family Medicine
Lexington
108 Houston Street Suite C
Lexington, VA 24450
(540) 463-7628
Provs#: 10136554
Carilion Healthcare Corporation
108 Houston Street Suite C
Lexington, VA 24450
(540) 463-7628

Hospital Affiliations:
Carilion StoneWall Jackson Hospital

Combs, Kevin Scot, DO
Provs#: 10127797
CARILION MEDICAL CENTER
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Norton Community Hospital

Crews, James R., MD
Provs#: 10039172
Rockbridge Internists Inc.
204 East Washington Street
Lorton, VA 22079
(540) 463-5055

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Norton Community Hospital

Bushay, Randall T., MD
Provs#: 45976
Central Virginia Community Health Center (CVHS)(CCNV)
115 Jefferson Highway Suite 9
Louisa, VA 23093
(540) 967-9401

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Optima Direct Network Providers 9/2019

OptimaHealth
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<td>Dale, James G., DO</td>
<td>(540) 967-2011</td>
<td>757 Industrial Drive, Luray, VA 23093</td>
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<tr>
<td>Ballou, Michele, MD</td>
<td>(540) 862-6710</td>
<td>135 Memorial Drive, Luray, VA 22835</td>
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<tr>
<td>Brown, Barry, DO</td>
<td>(540) 862-6710</td>
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<td>Brown, Johanna P., MD</td>
<td>(434) 947-3900</td>
<td>3000 Rivermont Avenue, Lynchburg, VA 24503</td>
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<td>Bremer, Robert, MD</td>
<td>(434) 200-3909</td>
<td>2215 Landover Place, Lynchburg, VA 24501</td>
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<td>Brown, John, MD</td>
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<td>Moughrabi, Bassel, MD</td>
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<td>Hayes, Shawn, MD</td>
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<td>Horton, Daniel, MD</td>
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<td>Kadree, Margaret A., MD</td>
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<td>Lewis, Danielle S., MD</td>
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**Primary Care Physicians - Tier 1**

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<td>Blackman, William A., MD</td>
<td>(434) 200-3909</td>
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<td>Cure, James D., MD</td>
<td>(434) 200-3909</td>
<td>3000 Rivermont Avenue, Lynchburg, VA 24503</td>
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<td>Givanos, Dean, MD</td>
<td>(434) 200-3909</td>
<td>3000 Rivermont Avenue, Lynchburg, VA 24503</td>
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<tr>
<td>Rolfes, Jr., Robert, MD</td>
<td>(540) 735-2831</td>
<td>135 Memorial Drive, Luray, VA 22835</td>
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<tr>
<td>Hayes, Shawn, MD</td>
<td>(540) 743-2831</td>
<td>Community Access Network, Lynchburg, VA 24504</td>
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**Hospital Affiliations:**

- **Lynchburg**
  - Centra Virginia Baptist Hospital
  - Centra Lynchburg General Hospital
  - Acute Rehab Centrahealth
  - Family Care Center
  - Community Access Network
  - Sentara RMH Medical Group, 134 General Drive, Luray, VA 22835.
  - Acute Rehab Centrahealth, 3300 Rivermont Avenue, Lynchburg, VA 24503.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Acute Rehab Centrahealth, 4210 Atherholt Road, Lynchburg, VA 24501.

**Hospital Affiliations:**

- **Low Moor**
  - LewisGale Alleghany Regional Hospital d/b/a
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC

**Hospital Affiliations:**

- **Luray**
  - Valley Health Page Memorial Hospital
  - University of Virginia Physicians Group
  - 157 Industrial Drive, Luray, VA 22835.

**Hospital Affiliations:**

- **Westfield**
  - Westfield Regional Hospital
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC

**Hospital Affiliations:**

- **Brennan, Robert, MD**
  - 157 Industrial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Ballou, Michele, MD**
  - 200 ARH Lane Suite 102, Low Moor, VA 24457.
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC

**Hospital Affiliations:**

- **Brennan, Robert, MD**
  - 157 Industrial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, Barry, DO**
  - 200 ARH Lane Suite 102, Low Moor, VA 24457.
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC
  - WVVA Health Care Alliance, PC

**Hospital Affiliations:**

- **Brown, Johanna P., MD**
  - 3000 Rivermont Avenue, Lynchburg, VA 24503.
  - 2215 Landover Place, Lynchburg, VA 24501.
  - 2215 Landover Place, Lynchburg, VA 24501.

**Hospital Affiliations:**

- **Brown, John, MD**
  - 2215 Landover Place, Lynchburg, VA 24501.
  - 2215 Landover Place, Lynchburg, VA 24501.
  - 2215 Landover Place, Lynchburg, VA 24501.

**Hospital Affiliations:**

- **Brown, Joanne P., MD**
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, Barry, DO**
  - 135 Memorial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, John, MD**
  - 135 Memorial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brooks, Barry, DO**
  - 135 Memorial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, Barry, DO**
  - 135 Memorial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, John, MD**
  - 135 Memorial Drive, Luray, VA 22835.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

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  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, John, MD**
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  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.

**Hospital Affiliations:**

- **Brown, Joanne P., MD**
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
  - Community Access Network, 800 5th Street, Lynchburg, VA 24504.
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<tr>
<td>Rafferty, Moira A.</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
<td>(434) 947-3944</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Centra Lynchburg General Hospital: Lynchburg, VA 24501, 2215 Landover Place, Lynchburg, VA 24501, 434-3944</td>
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<tr>
<td>Rawlins, Jonas, DO</td>
<td>3300 Rivernmont Avenue, Lynchburg, VA 24503</td>
<td>(434) 200-3656</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Centra Lynchburg General Hospital: Lynchburg, VA 24501, 2215 Landover Place, Lynchburg, VA 24501, 434-3944</td>
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<td>Webb, Christopher, MD</td>
<td>1480 North Main Street Ste A, Madison, VA 22727</td>
<td>(540) 948-6743</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<tr>
<td>Akintide, Adedoyin G.</td>
<td>501 Ves Road, Lynchburg, VA 24503</td>
<td>(434) 200-3656</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<tr>
<td>Rawlins, Jonas, DO</td>
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<td>(434) 200-3656</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<tr>
<td>Williams, Nathan, MD</td>
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<td>(434) 200-3366</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<tr>
<td>Rafferty, Moira A.</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
<td>(434) 200-3656</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<tr>
<td>Lutheran Hospital</td>
<td>1480 North Main Street Ste A, Madison, VA 22727</td>
<td>(540) 948-6743</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Medical Associates of Central Virginia Intravene</td>
<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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<td>Lutheran Hospital</td>
<td>1480 North Main Street Ste A, Madison, VA 22727</td>
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<td>Sentara Martha Jefferson Hospital: Madison, VA 22727, 1480 North Main Street Ste A, Madison, VA 22727, (540) 948-6743</td>
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Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

Reston Hospital Center

Burris II, Alfred C., MD
Provs: 10176288
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 302
Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Cary, John F., MD
Provs: 10176288
Manassas Internal Medicine, PC
9303 Forest Point Circle
Manassas, VA 20110
(703) 257-7749

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Dabhiya, Munira M., MD
Provs: 10176517
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Dave, Amikumar V., MD
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Dotson, Thomas C., MD
Provs: 10176517
NMG Affiliate Practice I, LLC
10945 George Mason Circle Suite 105
Manassas, VA 20110
(703) 361-5116

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Ecano, Michael G., MD
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Fan, Elaine Y., MD
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Jamil, Adnan, DO
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Narola, Ajay G., MD
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Patel, Dipi C., MD
Provs: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
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<td>Blue Ridge Hospital Management Corporation (MSMG IM)</td>
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<td>Aaron, Caren, MD</td>
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<td>Carilion Medical Associates 1107 Brookdale Street Ste A Martinsville, VA 24112 (276) 670-3300</td>
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**McLean**

- **Kitay, Kaleen, MD**
  - Prov#: 10012170
  - PartnerMD, PC
  - 6862 Elm Street Ste 700
  - McLean, VA 22101
  - (703) 289-3750

**Meadowview**

- **Elmore, Karen A., MD**
  - Prov#: 10068319
  - Emory Internal Medicine
  - 12180 Alder Street
  - Meadowview, VA 24631
  - (269) 695-0205

**Mechanicsville**

- **Aquilo, Melissa, MD**
  - Prov#: 10076487
  - Patient First - Mechanicsville
  - 7238 Mechanicsville Turnpike
  - Mechanicsville, VA 23111
  - (804) 559-9900

- **Cappello, Roger, MD**
  - Prov#: 10087584
  - Bon Secour Lee Davis Medical Associates
  - 7041 Lee Park Road
  - Mechanicsville, VA 23111
  - (804) 746-3505

- **Czajkowski, Stanley B., DO**
  - Prov#: 10159847
  - Bon Secours Memorial Regional Medical Center
  - 8200 Meadowbridge Road Suite 301
  - Mechanicsville, VA 23116
  - (804) 442-3750

- **Dausch, Robert J., MD**
  - Prov#: 10194680
  - Hanover Family Physicians
  - 9376 Atlee Station Rd
  - Mechanicsville, VA 23116
  - (804) 730-0990

- **Domah, Nau Deavin, MD**
  - Prov#: 10121334
  - Laburnum Medical Center
  - 8200 Meadowbridge Road Suite 301
  - Mechanicsville, VA 23116
  - (804) 442-3750

- **Elmore, Karen A., MD**
  - Prov#: 10068319
  - Emory Internal Medicine
  - 12180 Alder Street
  - Meadowview, VA 24631
  - (269) 695-0205

**Primary Care Physicians - Tier 1**

**Optima Direct Network Providers 9/2019**

**OptimaHealth**
### Primary Care Physicians - Tier 1

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<td>(804) 764-1253</td>
<td>8200 Meadowbridge Road</td>
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<td>McKenzie, Judith, MD</td>
<td>Family Medicine</td>
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<td>10145472</td>
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<td>Joseph, Sharon, MD</td>
<td>Internal Medicine</td>
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<td>10073616</td>
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<td>7255 Hanover Green Dr</td>
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<td>Wratford, Timothy, MD</td>
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<td>73797</td>
<td>(804) 423-8470</td>
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<td>Kasir, Africa, MD</td>
<td>Internal Medicine</td>
<td>Mechanicsville, VA 23111, Mechanicsville, VA 23116 (804) 764-1253</td>
<td>10014399</td>
<td>(804) 423-8470</td>
<td>8200 Meadowbridge Rd Ste 203</td>
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<td>10145472</td>
<td>(804) 442-3750</td>
<td>8200 Meadowbridge Road</td>
<td>Mechanicsville, VA 23116 (804) 442-3750</td>
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### Midlothian

- **Akers-White, Latania M., MD**
  - Provider #: 10174325
  - American Family Care
  - 12731 Stone Village Way
  - Midlothian, VA 23113
  - (804) 379-1500

- **Beltram-Keeley, Joyce, MD**
  - Provider #: 10101483
  - PartnerMD University
  - Midlothian, VA 23114
  - (804) 423-8470

- **Ferguson, Jennifer M., MD**
  - Provider #: 10058888
  - PartnerMD, PC
  - Midlothian, VA 23114
  - (804) 420-1200

- **George, Anna, MD**
  - Provider #: 75167
  - Midlothian, VA 23112
  - (804) 744-6310

- **Glynn, Francesca L., MD**
  - Provider #: 10085513
  - Midlothian, VA 23114
  - (804) 423-8470

- **Headley, Michelle E., MD**
  - Provider #: 10001836
  - PartnerMD, PC
  - Midlothian, VA 23114
  - (804) 420-1200

- **Joseph, Sharon, MD**
  - Provider #: 10085130
  - PartnerMD, PC
  - Midlothian, VA 23114
  - (804) 739-6172

- **Johnston-Willis Hospital**
  - 13861 Hull Street Road
  - Midlothian, VA 23112
  - (804) 276-6900

- **Johnston-Willis Hospital**
  - 13861 Hull Street Road
  - Midlothian, VA 23112
  - (804) 276-6900

- **Johnston-Willis Hospital**
  - 13861 Hull Street Road
  - Midlothian, VA 23112
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- **Johnston-Willis Hospital**
  - 13861 Hull Street Road
  - Midlothian, VA 23112
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<td>Rogers, Alfred H., MD</td>
<td>(804) 420-1200</td>
<td>13901 Coalfield Commons Place Suite 203, Midlothian, VA 23114</td>
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<td>McDonald, Kelly, MD</td>
<td>(804) 897-6140</td>
<td>13901 Coalfield Commons Place Suite 201, Midlothian, VA 23114</td>
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<td>Rowe, Joy P., MD</td>
<td>(804) 420-1200</td>
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<td>Farooq, Mohammad, MD</td>
<td>(540) 297-0023</td>
<td>1112 Lakeland Pines Drive Moneta, VA 24465</td>
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<td>Bird, Kimberly, MD</td>
<td>(804) 883-0052</td>
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<td>Grady, Virginia, MD</td>
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<td>(804) 897-6140</td>
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<td>Blackwell, Brian K., MD</td>
<td>(434) 581-3271</td>
<td>25892 N James Madison Highway New Canton, VA 23123</td>
<td>Central Virginia Community Health Center (CVHS)(CCNV)</td>
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<td>Roll, Jeanne R., MD</td>
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<td>1020A 1000 Old Denbigh Boulevard Suite 120 Jackson River Road</td>
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<td>Almeida, Jacob D., DO</td>
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**Primary Care Physicians - Tier 1**

*Optima Direct Network Providers 9/2019*
Primary Care Physicians - Tier 1

Aspili, Concepcion, MD
Prov#: 57016
Southeastern Virginia Health System
15425 H Warwick Blvd
Newport News, VA 23608
(757) 874-8400
4714 Marshall Ave
Newport News, VA 23607
(757) 380-8709

Hospital Affiliations:
Sentara CarePlex Hospital

Baldwin, Jeremy W., MD
Prov#: 10078223
Tidewater Physicians Multispecialty Group, PC (TPMG)
555 Denbigh Blvd Suite C
Newport News, VA 23608
(757) 243-8550

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Obici Hospital

Bolden, Kelle D, MD
Prov#: 10199222
Sentara Internal Medicine Physicians (SMG)
11803 Jefferson Ave Ste 140
Newport News, VA 23606
(757) 594-1803

Hospital Affiliations:
Sentara CarePlex Hospital

Brooks, Bonnie J., MD
Prov#: 10052236
Sentara Family and Internal Medicine Physicians (SMG)
11803 Jefferson Ave Ste 140
Newport News, VA 23608
(757) 594-1803

Hospital Affiliations:
Sentara CarePlex Hospital

Browder, Jason P., DO
Prov#: 10048409
Tidewater Physicians Multispecialty Group, PC (TPMG)
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Cooper, Elizabeth, MD
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Tidewater Physicians Multispecialty Group, PC (TPMG)
12635 Warwick Blvd Ste A
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(757) 595-9980

Covington, Dana D, MD
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Riverside Medical Group
500 J Clyde Morris Boulevard
Newport News, VA 23601
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Southeastern Virginia Health System
4714 Marshall Ave
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Duhon, Denise Y, MD
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12420 Warwick Boulevard Bldg 4
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(757) 594-4431
500 J Clyde Morris Boulevard
Newport News, VA 23601
(757) 594-3580

Hospital Affiliations:
Sentara CarePlex Hospital

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11803 Jefferson Ave Ste 140
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(757) 594-1803

Hospital Affiliations:
Sentara CarePlex Hospital

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4714 Marshall Ave
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Hospital Affiliations:
Sentara CarePlex Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Sentara CarePlex Hospital

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Hospital Affiliations:
Sentara CarePlex Hospital

Ross, Glenn S., MD
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Hospital Affiliations:
Sentara CarePlex Hospital

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Hospital Affiliations:
Sentara CarePlex Hospital

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Hospital Affiliations:
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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital

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(757) 875-2009

Norfolk

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Princess Anne Hospital

Alband, Wendy F., MD
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(757) 738-1200

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara CarePlex Hospital

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11803 Jefferson Ave Ste 140
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(757) 594-1803

Hospital Affiliation:
Sentara CarePlex Hospital
### Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Practice</th>
<th>Phone</th>
<th>Address</th>
<th>Affiliations</th>
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</thead>
<tbody>
<tr>
<td>Chen, Ian, MD</td>
<td>EVMS Medical Group</td>
<td>(757) 622-8358</td>
<td>Norfolk, VA 23517</td>
<td>Bon Secours DePaul Medical Hospital, Norfolk, VA 23505</td>
</tr>
<tr>
<td>Cowley, Sean F., DO</td>
<td>Portsmouth Community Health Center (CCNV)</td>
<td>(757) 393-6363</td>
<td>Norfolk, VA 23510</td>
<td>Dedicated Care Center, Norfolk, VA 23505</td>
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<tr>
<td>Christie, Catherine P., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 252-9150</td>
<td>Norfolk, VA 23510</td>
<td>Dedicated Care Center, Norfolk, VA 23505</td>
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<tr>
<td>Chiu, H. Steven, MD</td>
<td>EVMS Medical Group</td>
<td>(757) 686-3508</td>
<td>Norfolk, VA 23502</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Clark, Matthew B., DO</td>
<td>EVMS Medical Group</td>
<td>(757) 446-8920</td>
<td>Norfolk, VA 23507</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Hodge, Jr., E. Beaumont, MD</td>
<td>EVMS Medical Group</td>
<td>(757) 261-5910</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Knips, Jennifer L., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 446-8920</td>
<td>Norfolk, VA 23507</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
</tr>
<tr>
<td>Laplace, Lea Solinap, MD</td>
<td>EVMS Medical Group</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Latham, Michelle R, MD</td>
<td>EVMS Medical Group</td>
<td>(757) 955-2828</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
</tr>
<tr>
<td>Litsner, Charles A., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 252-9150</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Lovell, Jr., Charles F., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Mann, Jonathan R., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Mann, Jonathan R., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
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<tr>
<td>Mann, Jonathan R., MD</td>
<td>EVMS Medical Group</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians, Norfolk, VA 23507</td>
</tr>
</tbody>
</table>

---

**OptimaDirectNetworkProviders**: 9/2019

**OptimaHealth**: 119
Primary Care Physicians - Tier 1

Whitehurst, Candace M., MD
Pro#: 139000
GHENT STATION MEDICAL ASSOCIATES
930 W. 21st Street Suite 100
Norfolk, VA 23517
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Norton

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Norton, VA 24273
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Hospital Affiliations:
Norton Community Hospital

Bevins, Ashley, DO
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Hospital Affiliations:
Norton Community Hospital

Couch, Jill K., DO
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Blue Ridge Medical Management Corporation (MSMG IM)
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Hospital Affiliations:
Norton Community Hospital

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(276) 679-8890
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Norton Community Hospital

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Hospital Affiliations:
Norton Community Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Buchanan General Hospital

Onley

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Hospital Affiliations:
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Hospital Affiliations:
Norton Community Hospital

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University of Virginia Physicians

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96 15th Street NW Suite 111
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Hospital Affiliations:
Norton Community Hospital

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Central Virginia Community Health Center (CVHSC)(CCNV)

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Hospital Affiliations:
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University of Virginia Physicians

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Hospital Affiliations:
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Hospital Affiliations:
Central Virginia Community Health Center (CVHSC)(CCNV)

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Hospital Affiliations:
Central Virginia Community Health Center (CVHSC)(CCNV)

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Bolling J. Feild, MD
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Petersburg, VA 23805
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664 Lincoln St
Prov#: 10002989

Bon Secours Maryview Medical Center
© Wilson, Kevin D, MD
Prov#: 22116
Bon Secours Internal Medicine of Portsmouth
3300 High Street Ste A
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Potawatomi

Khanna, Siddarth, MD
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Bruce A. McEwen DBA: Potowatomi Chiropractic Clinic
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Hospital Affiliations:
Southside Regional Medical Center

Portsmouth

Bhowmik, Nihar Ranjan, MD
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Bhowmik Medical Practice
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Hospital Affiliations:
Bon Secours Maryview Medical Center

Christie, Catherine P., MD
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Portsmouth Community Health Center (CCNV)
664 Lincoln St
Portsmouth, VA 23704
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Cochoran, James R, MD
Prov#: 22117
Bon Secours Internal Medicine of Portsmouth
3300 High Street Ste A
Portsmouth, VA 23707
(757) 399-4341

Port, John E., MD
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Internal Medicine Associates of Chesterfield (Healthsource)
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Hospital Affiliations:
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Portsmouth

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Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Leight Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center

Portsmouth

Prince George

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Hospital Affiliations:
University of Virginia Medical Center

Pulaski

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Hospital Affiliations:
Lewis-Gale Medical Center

Pulaski

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(540) 552-2500

Hospital Affiliations:
Carilion New River Valley Medical Center

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Feely, Thomas A, MD
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Hospital Affiliations:
Loudoun Medical Group PC

Richmond

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Care Now Inc
6411 Horsecpen Road
Richmond, VA 23226
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Hospital Affiliations:
Clinch Valley Medical Center

Richlands

Chaudhry, Faisal W., MD
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Community Health Clinic PC
1957 Second Street
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(276) 964-9102

Hospital Affiliations:
Clinch Valley Medical Center

Richlands

Javed, Muhammad R., MD
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Merit Medical Rural Health Clinic- Richlands, Inc.
6719 Governor G C Perry Hwy Suite 3100
Richlands, VA 24641
(276) 963-2231

Hospital Affiliations:
Clinch Valley Medical Center

Reston

Chadha, Vijay, MD
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1800 Town Center Drive Suite 214
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(703) 478-6125

Hospital Affiliations:
Southside Regional Medical Center

Southside Regional Medical Center

John Randolph Medical Center

Hospital Affiliations:
Southside Regional Medical Center

Southside Regional Medical Center

Community Health Clinic PC

Hospital Affiliations:
Southside Regional Medical Center

Southside Regional Medical Center

Community Health Clinic PC

Hospital Affiliations:
Southside Regional Medical Center

Southside Regional Medical Center

Community Health Clinic PC
Primary Care Physicians - Tier 1

Amin, Mitesh S, MD
Prov#: 10126233
Viria Physicians, LLC
2220 Edward Holland Drive
Richmond, VA 23220
(843) 654-7689

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- John Randolph Medical Center
- Southampton Memorial Hospital
- Southside Regional Medical Center

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Center for Internal Medicine & Hypertension
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Brotton, Lloyd, MD
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101 Cowardin Ave Suite 305
Richmond, VA 23224
(804) 325-8801

2401 West Leigh Street Suite 200
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Statement of Purpose:

Optima Direct Network Providers 9/2019
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Optima Health
Garris-Wallace, Sheila, MD
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Richmond Primary Care
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Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital

Gonsahn-Bollie, Sylvia, MD
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital

Grady, Victoria, MD
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Care Now Inc
6411 Horsepen Road
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(804) 353-4000

Green, Jr., Harold T., MD
Prov#: 44128
Primary Health Care Associates-VHS
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Richmond, VA 23223
(804) 644-1665

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital

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12230 West Broad Street Suite 204
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Haitcock, Roderick E., MD
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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital

Harrison, Kevin C., DO
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Prov#: 10048356

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Hospital Affiliations:
- Bon Secours St. Marys Hospital

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7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Marys Hospital

Hendrix, IV, W. Clifford, MD
Prov#: 44071
Drs. Wickham, Titus, Hendrix, Turner & Pahle
2201 Grove Ave
Richmond, VA 23220
(804) 359-1351

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Holmes, Carmen, MD
Prov#: 10119340
Patient First
12 N Thompson St
Richmond, VA 23221
(804) 359-1337

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Retreat Campus

Ike, Ikenna C., MD
Prov#: 10114412
Good Health Clinic
5875 Bremo Road Ste 204 MOB
South Richmond, VA 23226
(804) 977-8915

Hospital Affiliations:
- Bon Secours Richmond
- Community Hospital
- Bon Secours St. Marys Hospital
- Riverside Shore Memorial Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- VCU Community Memorial Hospital

Ito, Rian, MD
Prov#: 23500
Healthwest, PC
7660 E Parham Rd Ste 204
Richmond, VA 23294
(804) 364-8802

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Jackson, Horace J., MD
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Hospital Affiliations:
- Bon Secours Richmond
- Community Hospital
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Jackson, Richard A., MD
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Dominion Medical Associates
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Richmond, VA 23219
(804) 225-7148

Hospital Affiliations:
- Bon Secours Richmond
- Community Hospital
- Bon Secours St. Marys Hospital

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Jones, III, Sidney R., MD
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Richmond, VA 23230
(804) 282-7857
Prov#: 43929

West End Internal Medicine Associates
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(804) 298-3460

Khan, Shujauddin, MD
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Hospital Affiliations:
- Bon Secours St. Marys Hospital

Khan, Tahir Hassan, MD
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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Kladder, Virginia P., MD
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Richmond, VA 23230
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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

Kladder, Virginia P., MD
Prov#: 10007683
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Kladder, Virginia P., MD
Prov#: 10007683
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
- Bon Secours St. Marys Hospital
### Primary Care Physicians - Tier 1

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<td>Latham-Solomon, Vicki B., MD</td>
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**Optima Direct Network Providers 9/2019**

**Optima Health**
Primary Care Physicians - Tier 1

615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Gardner, James H., MD
Prov#: 10181921
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Gibbons, David M., MD
Prov#: 10167163
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Gohar, Salman, MD
Prov#: 10095967
Carilion Clinic Internal Medicine - Riverside 3
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Jaswani, Sanjay Madhuuker, MD
Prov#: 10173956
Lewis-Gale Physicians, LLC
5303 Indian Grave Road
Roanoke, VA 24018
(540) 725-3060

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Johnson, Bruce, MD
Prov#: 10030964
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Karanjeet, Raina, MD
Prov#: 10205068
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Keshen, Ashutosh, MD
Prov#: 10027674
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Kinsley, Adrienne M., DO
Prov#: 10148150
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kitchin, Patricia L., DO
Prov#: 10152855
Internal Medicine of Roanoke, PC
1315 2nd St SW Ste 202
Roanoke, VA 24016
(540) 344-3020

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lantz, Jeri L., MD
Prov#: 10031276
Carilion Internal Medicine-Roanoke
1030 S Jefferson St Suite 106
Roanoke, VA 24016
(540) 985-8100
1906 Belleview Avenue
Roanoke, VA 24014

Lazer, David, MD
Prov#: 10041969
Lewis-Gale Physicians, LLC
1906 Belleview Avenue
Roanoke, VA 24014
(540) 224-3870

Hospital Affiliations:
Lewis-Gale Medical Center

Morgan, Barbara, MD
Prov#: 10043967
Internal Medicine of Roanoke, PC
1315 2nd St SW Ste 202
Roanoke, VA 24016
(540) 344-3020

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Mouser, John, MD
Prov#: 10043967
Internal Medicine of Roanoke, PC
1315 2nd St SW Ste 202
Roanoke, VA 24016
(540) 344-3020

Hospital Affiliations:
Lewis-Gale Medical Center

Naboe, Vashist, MD
Prov#: 10005489
Lewis-Gale Physicians, LLC
1802 Electric Road
Roanoke, VA 24018
(540) 283-3760

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Nobile, Rachel, MD
Prov#: 10090204
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Perkins Jr, John C., MD
Pro#: 10207696
CARILION MEDICAL CENTER
1314 Peters Creek Rd
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Patz, Daniel, MD
Pro#: 10061966
Lewis-Gale Physicians, LLC
6316 Peters Creek Road
Roanoke, VA 24019
(540) 283-3660

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital
LewisGale Pulaski
LewisGale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Schleupner, Mark, MD
Pro#: 10031559
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Self, Lauren S., DO
Pro#: 10193032
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Singh, Chand, MD
Pro#: 10102560
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Spangenberg, John M., MD
Pro#: 10031559
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
(540) 224-3870

Hospital Affiliations:
Lewis-Gale Medical Center

Stanhope, Richard, MD
Pro#: 10090204
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Taylor, John, MD
Pro#: 10031276
Carilion Internal Medicine-Roanoke
1030 S Jefferson St Suite 106
Roanoke, VA 24016
(540) 985-8100
1906 Belleview Avenue
Roanoke, VA 24014

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Primary Care Physicians - Tier 1

**Wood, Christopher Don, DO**
Provs#: 10096925
CARILION MEDICAL CENTER
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
- Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Stone Wall Jackson Hospital
- Columbia Pulaski Community Hospital
- Lewis-Gale Pulaski Medical Center
- Montgomery Regional Hospital

**Saint Paul**

- **Renfro, Thomas E., MD**
  Provs#: 10118801
  MSMG FP ST PA (Mountain States Health Alliance)
  16431 Wise Street
  Stone, PA 22423
  (276) 762-2300

Hospital Affiliations:
- Norton Community Hospital
- Russell County Hospital
- Sentara Williamsburg Regional Medical Center

**Salem**

- **Glontz, Gary E., MD**
  Provs#: 10045018
  Lewis-Gale Physicians, LLC
  2155 Apperson Drive
  Salem, VA 24153
  (540) 772-3490

Hospital Affiliations:
- Lewis-Gale Medical Center
- Lewis-Gale Pulaski Medical Center
- Montage Regional Hospital
- Lewis-Gale Montgomery

- **Russell County Hospital**
  2155 Apperson Drive
  Salem, VA 24153
  (540) 772-3490

Hospital Affiliations:
- Carilion Clinic Home Care
- Lewis-Gale Pulaski Medical Center

**Smithfield**

- **Pope, Shannon, MD**
  Provs#: 60554
  Family Medical Care of Smithfield PLC
  Smithfield, VA 23430
  (757) 357-3331

Hospital Affiliations:
- Sentara Williamsburg Regional Medical Center
Primary Care Physicians - Tier 1

**Stuarts Draft**

**Hoang, Thu, DO**
Pro#: 10190769
Augusta Health Primary Care
Stuarts Draft
570 Stuarts Draft Hwy Suite 100
Stuarts Draft, VA 24477
(540) 245-7880

**Hospital Affiliations:**
- Augusta Health Medical Center

**Dhawan, Vandana, MD**
Academic Family Medicine
4868 Bridge Road
Suffolk, VA 23434
(757) 483-7100

**Hospital Affiliations:**
- Chesapeake Regional Medical Center

**Snyder, John A., DO**
Pro#: 10112122
Bayview Physician Services
2000 Meade Parkway
Suffolk, VA 23434
(757) 934-9395

**Hospital Affiliations:**
- Augusta Health Medical Center

**Sentara CarePlex Hospital**

**Tannous, George M., MD**
Pro#: 10009762
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 934-9395

**Internists of Churchland**

**Suffolk**

**Abu-Abi, Michael S., MD**
Pro#: 55524
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 539-0251

**Hospital Affiliations:**
- Sentara Obici Hospital

**Carpio, Pablo M., MD**
Pro#: 10049519
Bayview Physician Services, PC
840 E Fincastle Tpke
Tazewell, VA 24651
(276) 988-8103

**Optima Direct Network Providers 9/2019**

**OptimaHealth**
### Primary Care Physicians - Tier 1

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<td><strong>Vienna</strong></td>
<td>Joseph, Bridget, MD</td>
<td>Expertise in Allergy and Asthma, Greater Washington (MD)</td>
<td>8605 Westwood Center Drive Suite 206, Vienna, VA 22182</td>
<td>(703) 712-8343</td>
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<tr>
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<td>Lee, Kenneth H., MD</td>
<td>Viennas Family Medicine</td>
<td>115 Park Street SE Ste 300, Vienna, VA 22180</td>
<td>(703) 255-9100</td>
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<td>1500 Cornerside Blvd Ste 300, Vienna, VA 22182</td>
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<td>1925 Glenn Mitchell Dr Ste 100, Virginia Beach, VA 2436</td>
<td>(757) 689-8430</td>
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<td>2900 Sabre Street Suite 300, Virginia Beach, VA 24352</td>
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<td>Patient First - Holland Road</td>
<td>1605 General Booth Blvd, Virginia Beach, VA 24354</td>
<td>(757) 721-0512</td>
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<td>(757) 502-8966</td>
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<td>Curulla, Richard M., MD</td>
<td>Sentara Family and Internal Medicine Physicians (MD)</td>
<td>1925 Glenn Mitchell Dr Ste 202, Virginia Beach, VA 2436</td>
<td>(757) 507-0900</td>
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<td>Dalton, Catherine, MD</td>
<td>Bayview Medical Center, Inc.</td>
<td>816 Independence Blvd Ste G, Virginia Beach, VA 24355</td>
<td>(757) 464-2013</td>
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<td>Patient Choice Oceania</td>
<td>4421 Virginia Beach Blvd Suite 114, Virginia Beach, VA 24362</td>
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**Contact Information**

- **Optima Direct Network Providers 9/2019**
- **OptimaHealth**
Primary Care Physicians - Tier 1

Kurtz, Eleanor J., MD
Provs#: 10100823
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
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Hospital Affiliations:
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Sentara Bayside Hospital

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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Bon Secours Richmond Community Hospital

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Bon Secours Memorial Regional Medical Center

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Bon Secours Mary Immaculate Hospital
Sentara Virginia Beach General Hospital

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Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Fauquier Hospital

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Roberts, Beverly Sue Anderson, DO
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Patient First - Indian River
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Hospital Affiliations:
Rappahannock General Hospital
Sentara Alleghany Medical Center
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Warrenton

Bourgeois, F. John, MD
Provs#: 10073843
Warrenton Urgent Care
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Hospital Affiliations:
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## Primary Care Physicians - Tier 1

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### Sentara Family and Internal Medicine Physicians

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### Novant Health UVA Health System

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<td>Bechamps, Michon, MD</td>
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### Fauquier Hospital

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### Sentara Family and Internal Medicine Physicians

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Primary Care Physicians - Tier 1

Gehring, David W., MD  
Prov#: 10199539  
Amherst Family Practice, PC  
1867 Amherst Street  
Winchester, VA 22601  
(540) 667-8724  
Hospital Affiliations:  
Winchester Medical Center

Geib, Vaishali N., MD  
Prov#: 63787  
Internal Medicine Consultants  
148 Linden Dr Ste 103  
Winchester, VA 22601  
(540) 722-8172  
172 Linden Drive Ste 100  
Winchester, VA 22601  
(540) 722-8172  
Hospital Affiliations:  
Winchester Medical Center

Gibbs, Thomas Avery, MD  
Prov#: 43945  
Selma Medical Associates Inc  
104 Selma Dr  
Winchester, VA 22601  
(540) 678-2800  
1870 Amherst Street Suite 1 E  
Winchester, VA 22601  
(540) 678-2800  
Hospital Affiliations:  
Winchester Medical Center

Gondy, Gauthami, MD  
Hospital Affiliations:  
Winchester Medical Center

Gopinath, Guna R., MD  
Prov#: 1343066  
Valleymed Family Medicine  
1440 Amherst Street  
Winchester, VA 22601  
(540) 450-3339  
Hospital Affiliations:  
Winchester Medical Center

Hathcoat, Gayland O., MD  
Prov#: 53556  
Winchester Internal Medicine, Inc.  
190 Campus Blvd Ste 200  
Winchester, VA 22601  
(540) 662-6135  
Hospital Affiliations:  
Winchester Medical Center

Houser, Archibald W., MD  
Prov#: 27032  
Winchester Medical Consultants  
212 Linden Dr Suite 152  
Winchester, VA 22601  
(540) 667-0744  
Hospital Affiliations:  
Winchester Medical Center

Jasty, Prasanthi, MD  
Prov#: 10079096  
Valley Health Infectious Diseases  
333 West Cork Street Suite 720  
Winchester, VA 22601  
(540) 536-8928  
Hospital Affiliations:  
Winchester Medical Center

Joglekar, Jay J., MD  
Prov#: 959067  
Internal Medicine Consultants  
148 Linden Dr Ste 103  
Winchester, VA 22601  
(540) 722-8172  
172 Linden Drive Ste 100  
Winchester, VA 22601  
(540) 722-8172  
Hospital Affiliations:  
Winchester Medical Center

Keim, Douglas B., MD  
Prov#: 43937  
Winchester Internal Medicine, Inc.  
190 Campus Blvd Ste 200  
Winchester, VA 22601  
(540) 662-6135  
Hospital Affiliations:  
Winchester Medical Center

Keisling, Frederick H., MD  
Prov#: 43938  
Winchester Internal Medicine, Inc.  
190 Campus Blvd Ste 200  
Winchester, VA 22601  
(540) 662-6135  
Hospital Affiliations:  
Winchester Medical Center

Kent, Lisa, MD  
Prov#: 43961  
Winchester Medical Consultants  
212 Linden Dr Suite 152  
Winchester, VA 22601  
(540) 667-0744  
Hospital Affiliations:  
Winchester Medical Center

Kozlowski, Edward P., MD  
Prov#: 43939  
Winchester Internal Medicine, Inc.  
190 Campus Blvd Ste 200  
Winchester, VA 22601  
(540) 662-6135  
Hospital Affiliations:  
Winchester Medical Center

Lisk Sr, Matthew T., DO  
Prov#: 10201254  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400  
160 Merchant Street Suite 100  
Winchester, VA 22603  
(540) 536-5560  
Hospital Affiliations:  
Winchester Medical Center

McBride, William C., MD  
Prov#: 1003956  
Valleymed Family Medicine  
1440 Amherst Street  
Winchester, VA 22601  
(540) 450-3339  
Hospital Affiliations:  
Winchester Medical Center

McConkey, Kevin, MD  
Prov#: 1004380  
Valleymed Family Medicine  
1440 Amherst Street  
Winchester, VA 22601  
(540) 450-3339  
Hospital Affiliations:  
Winchester Medical Center

Moolenaar, John A., MD  
Prov#: 1005322  
Valleymed Family Medicine  
1440 Amherst Street  
Winchester, VA 22601  
(540) 450-3339  
Hospital Affiliations:  
Winchester Medical Center

Nichols, Tiffany M., DO  
Prov#: 10050670  
Norton Community Physicians  
716 Spring Street Ste 204  
Wise, VA 24293  
(276) 328-8910  
Hospital Affiliations:  
Norton Community Hospital

Nichols, Tiffany M., DO  
Prov#: 10050670  
Norton Community Physicians  
716 Spring Street Ste 204  
Wise, VA 24293  
(276) 328-8910  
Hospital Affiliations:  
Norton Community Hospital

Norton Community Physicians  
716 Spring Street Ste 204  
Wise, VA 24293  
(276) 328-8910  
Hospital Affiliations:  
Norton Community Hospital

Sargent, Bernie N., DO  
Prov#: 10116648  
Norton Community Physicians Services LLC  
716 Spring St Suite 103  
Wise, VA 24293  
(276) 328-8910  
Hospital Affiliations:  
Norton Community Hospital

Sargent, Bernie N., DO  
Prov#: 10116648  
Norton Community Physicians Services LLC  
716 Spring St Suite 103  
Wise, VA 24293  
(276) 328-8910  
Hospital Affiliations:  
Norton Community Hospital

Woodbridge

Abdulle, Abucar A., MD  
Prov#: 10173784  
Abucar A. Abdulle  
12761 Darby Brook Ct Ste 101  
Woodbridge, VA 22192  
(703) 730-5064  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Abdulle, Abucar A., MD  
Prov#: 10173784  
Abucar A. Abdulle  
12761 Darby Brook Ct Ste 101  
Woodbridge, VA 22192  
(703) 730-5064  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Ahmad, Akber, MD  
Prov#: 10165193  
Sentara Internal Medicine Physicians (SMG)  
12828 Minnieville Rd Ste 202  
Woodbridge, VA 22192  
(703) 523-9831  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Ahmad, Akber, MD  
Prov#: 10165193  
Sentara Internal Medicine Physicians (SMG)  
12828 Minnieville Rd Ste 202  
Woodbridge, VA 22192  
(703) 523-9831  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Sentara Attlee Medical Center

Sentara CarePlex Hospital

Sentara Conover Hospital

Sentara Crede Medical Center

Sentara Obici Hospital

Sentara Princess Anne Hospital

Sentara Virginia Beach General Hospital

Sentara Williamsburg Regional Medical Center

Sentara Williamsburg Regional Medical Center

Wise
Primary Care Physicians - Tier 1

Akrami, Fardin, MD  
Pro#: 10004163  
Woodbridge Internal Medicine, PC  
2200 Opitz Blvd Suite 235  
Woodbridge, VA 22191  
(703) 910-7390  
Hospital Affiliations:  
Inova Alexandria Hospital  
Pohomac Valley Hospital

Alezmadeh, Amir, MD  
Pro#: 10077358  
Cardinal Internal Medicine Associates PC  
12731 Marblestone Drive Suite 200  
Woodbridge, VA 22192  
(703) 897-4700  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Alezmadeh, Nazanin, MD  
Pro#: 10078994  
Cardinal Internal Medicine Associates PC  
12731 Marblestone Drive Suite 200  
Woodbridge, VA 22192  
(703) 897-4700  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Al-Khaeteb, Deana, MD  
Pro#: 10072686  
Ridgeview Internal Medicine, LLC  
2296 Opitz Blvd Suite 330  
Woodbridge, VA 22191  
(703) 670-7600  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Farah, Bassam, MD  
Pro#: 10007407  
Lake Ridge Internal Medicine, PC  
1725 Financial Loop  
Woodbridge, VA 22192  
(703) 492-1108  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Farough, Atoussa, MD  
Pro#: 10080367  
Cardinal Internal Medicine Associates PC  
12731 Marblestone Drive Dr  
Woodbridge, VA 22192  
(703) 897-4700  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Gallo, Laura K, MD  
Pro#: 10158437  
Sentara Family and Internal Medicine Physicians (SMG)  
1900 Opitz Blvd Ste F  
Woodbridge, VA 22191  
(703) 490-3997  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Kapadia, Atul P., MD  
Pro#: 10129213  
Commonwealth Internal Medicine LLC  
2296 Opitz Blvd Suite 330  
Woodbridge, VA 22191  
(703) 897-8389  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Mousavi, Sohail, MD  
Pro#: 10078991  
Cardinal Internal Medicine Associates PC  
12731 Marblestone Drive Suite 200  
Woodbridge, VA 22192  
(703) 897-4700  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Moustafa Hussein, Wesam H., MD  
Pro#: 10140512  
Medserve Clinic LC  
13001 Summit School Road Suite 3  
Woodbridge, VA 22192  
(703) 491-4134  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Mousavi, Gabriel O., MD  
Pro#: 10085049  
Medical Clinic of Woodbridge, Inc  
12716 Directors Loop  
Woodbridge, VA 22192  
(703) 497-1964  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Ntwufoh, Gabriel, MD  
Pro#: 10140512  
Sentara Family Medicine Physicians (SMG)  
4500 Pond Way Ste 170  
Woodbridge, VA 22192  
(703) 542-4950  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Salim, Rafig, MD  
Pro#: 10204659  
RAFIQ SALIJKI, MD, LLC  
14904 Jefferson Davis Hwy Ste 408  
Woodbridge, VA 22191  
(703) 494-6627  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Wasinumuddin, Khalid, MD  
Pro#: 10027762  
Khalid Wasinumuddin, MD  
14904 Jefferson Davis Hwy Ste 310  
Woodbridge, VA 22191  
(703) 499-9966  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Wynn, Alan, MD  
Pro#: 10022827  
Sentara Family and Internal Medicine Physicians (SMG)  
1900 Opitz Blvd Ste F  
Woodbridge, VA 22191  
(703) 490-3997  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Defiglio-Smith, Ann Marie D., MD  
Pro#: 92355  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
307 Cook Rd  
Yorktown, VA 23690  
(757) 898-7261  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Byrd, Gregory S, MD  
Pro#: 10170293  
Valley Health Shenandoah Memorial Hosp Family and Internal Med  
759 South Main Street  
Woodstock, VA 22644  
(540) 459-1315  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc

Cardwell, Elisabeth T., MD  
Pro#: 43969  
Valley Health Shenandoah Memorial Hosp Family and Internal Med  
759 South Main Street  
Woodstock, VA 22644  
(540) 459-1315  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc

Germroth, Jerry A., MD  
Pro#: 10172479  
Valley Health Shenandoah Memorial Hosp Family and Internal Med  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-1315  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc

Moose, Susan C., DO  
Pro#: 10170293  
Valley Health Shenandoah Memorial Hosp Family and Internal Med  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-1315  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc

Clay, Denise, MD  
Pro#: 10158243  
Forest Family Care  
1785 West Lee Hwy  
Wytheville, VA 24382  
(276) 228-6499  
Hospital Affiliations:  
Chippewah Medical Center/  
Johnston-Willis Hospital

Defiglio-Smith, Ann Marie D., MD  
Pro#: 92355  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
307 Cook Rd  
Yorktown, VA 23690  
(757) 898-7261  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Woodstock

Zion Crossroads

Gomez-Manjarres, Diana, MD  
Pro#: 10152560  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22924  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center

Lawrence, Jenilee V., MD  
Pro#: 10172224  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22924  
(434) 243-9466  
Hospital Affiliations:  
UVA Culpeper Hospital  
University of Virginia Medical Center

Salomon, Alexander, MD  
Pro#: 10072387  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22924  
(434) 243-9466  
Hospital Affiliations:  
Augusta Medical Center  
University of Virginia Medical Center

Somerville, Lindsay A., MD  
Pro#: 10193060  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22924  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center

Westfield, Wendy Kay, MD  
Pro#: 64908  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22924  
(434) 243-9466  
Hospital Affiliations:  
UVA Culpeper Hospital  
University of Virginia Medical Center

Ob/Gyn PCP

Danville

Neal, Randolph, MD  
Pro#: 46264  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765

135
Primary Care Physicians - Tier 1

Harrisonburg

Balistreri, Denise, MD  
Prov#: 10012441  
Shenandoah Women’s Healthcare  
240 Lucy Drive  
Harrisonburg, VA 22801  
(540) 438-1314

Visger, Jennifer M., MD  
Prov#: 10200907  
MSMG FP IM Peds KPT  
1600 Johnston Memorial Dr 4th Floor  
Abingdon, VA 24211  
(703) 258-4050

Hospital Affiliations:  
Johnston Memorial Hospital

Pediatrics

Abingdon

Barton, Aimee M., MD  
Prov#: 10088272  
Highlands Pediatrics, PC  
2610 Lee Highway  
Abingdon, VA 24210  
(703) 623-8100

Hospital Affiliations:  
Johnston Memorial Hospital

Hudgens, Donna R., MD  
Prov#: 10092148  
Highlands Pediatrics, PC  
2610 Lee Highway  
Abingdon, VA 24210  
(703) 623-8100

Hospital Affiliations:  
Johnston Memorial Hospital

Johnston, Helen, MD  
Prov#: 10092009  
Highlands Pediatrics, PC  
2610 Lee Highway  
Abingdon, VA 24210  
(703) 623-8100

Hospital Affiliations:  
Johnston Memorial Hospital

Myers, Pamela, MD  
Prov#: 10099588  
All Pediatrics  
1500 N Beauregard St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

Skeele, Sarah, DO  
Prov#: 10096513  
Highlands Pediatrics, PC  
2610 Lee Highway  
Abingdon, VA 24210  
(703) 623-8100

Alexandria

Armwood, Amisha Shah, MD  
Prov#: 10203658  
All Pediatrics  
1500 N Beauregard St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

Ballisteri, Denise, MD  
Prov#: 10085675  
All Pediatrics  
1500 N Beauregard St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

Hospital Affiliations:  
Inova Alexandria Hospital  
Sentara Northern Virginia Medical Center

Lundgren, Kathleen, MD  
Prov#: 10071591  
All Pediatrics  
1500 North Beauregard Street Ste 200  
Alexandria, VA 22311  
(703) 436-1215

Hospital Affiliations:  
Inova Alexandria Hospital  
Sentara Northern Virginia Medical Center

Omidvar, Berna, MD  
Prov#: 10114400  
Hispanic American Pediatric Associates  
5130 Duke Street, Suite 7  
Alexandria, VA 22304  
(703) 751-2021

Omidvar, Jemal, MD  
Prov#: 10108587  
Hispanic American Pediatric Associates  
5130 Duke Street, Suite 7  
Alexandria, VA 22304  
(703) 751-2021

Park, Sue Y., MD  
Prov#: 10058238  
All Pediatrics  
1500 North Beauregard Street Ste 200  
Alexandria, VA 22311  
(703) 436-1215

Powell, Clydette, MD  
Prov#: 10167049  
Alexandria Neighborhood Health Services Inc  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568

Prior, Megan, MD  
Prov#: 10205782  
Neighborhood Health  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568

Shamim, Tabassum, MD  
Prov#: 10199714  
Neighborhood Health  
1200 N Howard St  
Alexandria, VA 22304  
(703) 535-5568

Southhammakoane, Cathy, MD  
Prov#: 10159136  
All Pediatrics  
1500 N Beauregard St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

Hospital Affiliations:  
Inova Alexandria Hospital  
Sentara Northern Virginia Medical Center

Taylor, Brittany M., MD  
Prov#: 10203879  
All Pediatrics  
1500 N Beauregard St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

Wolman, Martha, MD  
Prov#: 90236  
Neighborhood Health  
2 East Glebe Avenue  
Alexandria, VA 22305  
(703) 535-5568

2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 360-0300

Altavista

Devold, Kimberly M., MD  
Prov#: 10121657  
Centra Medical Group, LLC  
1280A Main St  
Altavista, VA 24517  
(434) 309-1165

Amelia

Campbell, Margaret Rodgers, MD  
Prov#: 10097980  
Southern Dominion Health Systems Inc  
8920 Otterburn Road  
Amelia, VA 23002  
(804) 561-5150

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Wills Hospital  
John Randolph Medical Center

Amelia Court House

Cardone, Jennifer Anne, MD  
Prov#: 10185112  
Dinwiddie Medical Center and Counseling Center  
8920 Otterburn Road  
Amelia, VA 23002  
(804) 561-5150

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Wills Hospital  
John Randolph Medical Center

Amherst

Coleman, Jason, MD  
Prov#: 10203748  
Centra Medical Group, LLC  
124 Ambarri Court  
Amherst, VA 24521  
(434) 946-9565

Hospital Affiliations:  
Centra Lynchburg General Hospital

Optima Direct Network Providers 9/2019  
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### Primary Care Physicians - Tier 1

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<td>Carroll, Maura, MD</td>
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<td>Christian, Shirley, MD</td>
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<td>Clapp, Deborah, MD</td>
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<td>Dharla, Subarna, MD</td>
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<td>Nigra, Meaghan, MD</td>
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**Optima Health**

**Optima Direct Network Providers 9/2019**
Primary Care Physicians - Tier 1

Pierce, Victoria, MD  
Prov#: 71045  
Ashburn Pediatrics  
20955 Professional Plaza Ste 200  
Ashburn, VA 20147  
(703) 729-7652

Reilly, Michele, DO  
Prov#: 10049284  
Ashburn Pediatrics  
20955 Professional Plaza Ste 200  
Ashburn, VA 20147  
(703) 729-7652

Rodrigues, Lori, MD  
Prov#: 10015608  
Capital Area Pediatrics Inc  
43480 Yukon Drive Suite 206  
Ashburn, VA 20147  
Hospital Affiliations:  
Inova Fairfax Hospital

Watts, Elizabeth, MD  
Prov#: 10054562  
Capital Area Pediatrics Inc  
43480 Yukon Drive Suite 206  
Ashburn, VA 20147  
Hospital Affiliations:  
Inova Fairfax Hospital

Inova Fairfax Hospital

Waxman, Phyllis, MD  
Prov#: 10052334  
Capital Area Pediatrics Inc  
43480 Yukon Drive Suite 206  
Ashburn, VA 20147  
Hospital Affiliations:  
Inova Fairfax Hospital

Aylett

Dunn, Alison E, MD  
Prov#: 90829  
Riverside Medical Group  
4917 Richmond Tappahannock Hwy Suite 1B  
Aylett, VA 23009  
(804) 769-1245  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Riverside Tappahannock Hospital  
SOVAH Health - Danville

Bedford

Smith Ratliff, Sandra, MD  
Prov#: 10166341  
Lynchburg Women's and Pediatric Health Services  
582 Blue Ridge Ave  
Bedford, VA 24523  
(540) 425-7910

Berryville

Adem, Keriyi, MD  
Prov#: 10047144  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Connolly, Nicole, MD  
Prov#: 10039367  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Fox, Rebecca, MD  
Prov#: 73390  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Gaither, Amber, MD  
Prov#: 10156032  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Hutchinson, Lisa M., MD  
Prov#: 10071046  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Linds, Max R., MD  
Prov#: 10040106  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Madrid, Joel, MD  
Prov#: 71551  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Maguire, Jennifer, MD  
Prov#: 10151431  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Hospital Affiliations:  
Inova Fairfax Hospital

Roychoudhury, Anya, MD  
Prov#: 10036152  
Loudoun Pediatric Associates  
15 First Street  
Burrillville, VA 22611  
(540) 955-8140

Hospital Affiliations:  
Inova Fairfax Hospital

Carilion New River Valley Medical Center

Abraham, Anex, MD  
Prov#: 10188109  
Academic Primary Care Associates LLC  
3708 S Main Street Ste B  
Blacksburg, VA 24060  
(540) 443-7180  
Hospital Affiliations:  
Lewis-Gale Medical Center

Abraham-Hardee, Sofia, DO  
Prov#: 10081806  
Academic Primary Care Associates LLC  
3700 South Main St  
Blacksburg, VA 24060  
(540) 443-7180

Berry, David E., DO  
Prov#: 10171120  
Blackburg Pediatrics, PLC  
817 A Davis Street  
Blacksburg, VA 24060  
(540) 443-3940  
Hospital Affiliations:  
Lewis-Gale Physicians, LLC  
817-A Davis Street  
Blacksburg, VA 24060  
(540) 443-3940  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Montgomery Regional Hospital d/b/a Lewis-Gale Montgomery

Collins, Ann, DO  
Prov#: 10084000  
New River Valley Pediatrics  
805 Davis Street  
Blacksburg, VA 24060  
(540) 552-7272

Carilion New River Valley Medical Center

Snider, Zairha Gonzalez, MD  
Prov#: 10033737  
New River Valley Pediatrics  
3706 S Main Street  
Blacksburg, VA 24060  
(540) 552-7272

Carilion New River Valley Medical Center

Freedom, Amanda E., MD  
Prov#: 10051563  
New River Valley Pediatrics  
3706 S Main Street  
Blacksburg, VA 24060  
(540) 552-7272

Carilion New River Valley Medical Center

Stapleton, Christopher P., MD  
Prov#: 10035832  
New River Valley Pediatrics  
3706 S Main Street  
Blacksburg, VA 24060  
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Carilion New River Valley Medical Center

Stickle, Robert F., MD  
Prov#: 30033  
New River Valley Pediatrics  
3706 S Main Street  
Blacksburg, VA 24060  
(540) 552-7272

Carilion New River Valley Medical Center

Mogen, Florence H., MD  
Prov#: 31973  
New River Valley Pediatrics  
3706 S Main Street  
Blacksburg, VA 24060  
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Carilion New River Valley Medical Center

Preedom, Amanda E., MD  
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3706 S Main Street  
Blacksburg, VA 24060  
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Carilion New River Valley Medical Center

Kozar, Christina A., DO  
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Academic Primary Care Associates LLC  
3700 South Main Street Ste A  
Blacksburg, VA 24060  
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Carilion New River Valley Medical Center

McElroy, Paul G., MD  
Prov#: 10034855  
New River Valley Pediatrics  
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Blacksburg, VA 24060  
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Carilion New River Valley Medical Center

Stevens, Christopher C., MD  
Prov#: 10051563  
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Carilion New River Valley Medical Center

Hanita Oh, MD  
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Capital Area Pediatrics Inc  
43480 Yukon Drive Suite 206  
Ashburn, VA 20147  
Hospital Affiliations:  
Inova Fairfax Hospital

Ashburn Pediatrics  
20955 Professional Plaza Ste 200  
Ashburn, VA 20147  
(703) 729-7652

Inova Fairfax Hospital

Wahba, Leina, MD  
Prov#: 10080576  
Capital Area Pediatrics Inc  
4405 Ashburn Village Shopping Ct 189  
Ashburn, VA 20147  
(703) 729-5500
Primary Care Physicians - Tier 1

Tobey, Alina H., DO
Prov#: 10051245
Academic Primary Care Associates LLC
3700 South Main St
Blackburg, VA 24060
(434) 443-7180
Hospital Affiliations:
Montgomery Regional Hospital

Khokar, Shahid Munif, MD
Prov#: 10037539
New River Valley Pediatrics
3706 S Main Street
Blackburg, VA 24060
(434) 552-7272
Hospital Affiliations:
Carilion New River Valley Medical Center

Bates, Gayle, MD
Prov#: 10033407
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-2450
Hospital Affiliations:
Bluefield Regional Medical Center

Meeks, Leigh A., MD
Prov#: 10038275
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427
Hospital Affiliations:
Bluefield Regional Medical Center

Bristol

Bristow

Bolan, Gail L., MD
Prov#: 10102573
Bristol Pediatrics
10492 Bristow Center Drive
Bristol, VA 20136
(571) 379-4246
Hospital Affiliations:
New Health UV A Health System
Prince William Medical Center

Centreville

Barmada-Mazid, Serene, MD
Prov#: 10005227
TRUSTED DOCTORS, LLC
6211 Centreville Road Suite 100
Centreville, VA 20121
(703) 391-0900
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Chantilly

Beloy, Amie, MD
Prov#: 7080573
Ashburn Pediatrics
24805 Pinebrook Rd Suite 109
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(703) 729-7652

Carroll, Maura, MD
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Ashburn Pediatrics
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(703) 729-7652

Crowley, Theresa, MD
Prov#: 10039179
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24805 Pinebrook Rd Suite 109
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(703) 729-7652

Pierce, Victoria, MD
Prov#: 71045
Ashburn Pediatrics
24805 Pinebrook Rd Suite 109
Chantilly, VA 20152
(703) 729-7652

Reilly, Michele, DO
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24805 Pinebrook Rd Suite 109
Chantilly, VA 20152
(703) 729-7652

Shah, Jyotsna, MD
Prov#: 10049284
Ashburn Pediatrics
24805 Pinebrook Rd Suite 109
Chantilly, VA 20152
(703) 729-7652

Shah, Vaidehi, MD
Prov#: 10038919
Ashburn Pediatrics
24805 Pinebrook Rd Suite 109
Chantilly, VA 20152
(703) 729-7652

Prince William Medical Center
Novant Health UVA Health System
Hospital Affiliations:
(703) 956-6757
14133 Robert Paris Court
Chantilly, VA 20152
Prov#: 10040112
(703) 729-7652
24805 Pinebrook Rd Suite 109
Ashburn Pediatrics
Chantilly, VA 20152
Prov#: 10038919
(703) 729-7652
24805 Pinebrook Rd Suite 109
Ashburn Pediatrics
Chantilly, VA 20152
Prov#: 10040112
(703) 729-7652
24805 Pinebrook Rd Suite 109
Ashburn Pediatrics
Chantilly, VA 20152
Prov#: 7080573
(276) 322-3427

Babbott, Cecelia C., MD
Prov#: 10192777
University of Virginia Physicians
Group
1204 W Main St Fl 6
Charlottesville, VA 22903
(434) 924-5321

Balaban, Lori W., MD
Prov#: 52387
Piediatric Associates of Charlottesville PLC
1011 East Jefferson St
Charlottesville, VA 22901
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Ballingue, Cortney R., MD
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University of Virginia Physicians Group
1204 W Main Street 6th Floor
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(434) 924-5321

Boersma, Carol A., MD
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Piedmont Pediatrics
900 Rio East Court Ste A
Charlottesville, VA 22901
(434) 975-7777

Bouher, Gemila, MD
Prov#: 10059783
Piedmont Pediatrics
1011 East Jefferson St
Charlottesville, VA 22901
(434) 296-6161

Brantley, Gretchen W., MD
Prov#: 22927
Piedmont Pediatrics
900 Rio East Court Ste A
Charlottesville, VA 22901
(434) 975-7777

Carilion New River Valley Medical Center

Chantilly New River Valley Medical Center

Bluefield

Iqbal, Mohammad K., MD
Prov#: 10115534
Bluefield Pediatric Cardiology Assoc
2221 W Cumberland Road
Bluefield, VA 24201
(276) 807-8001
Hospital Affiliations:
Bluefield Regional Medical Center

Khokar, Shahid Munif, MD
Prov#: 10185656
Munif Pediatrics, PC
4 Westwood Medical Park
Bluefield, VA 24201
(276) 322-2450
Hospital Affiliations:
Bluefield Regional Medical Center

Bohr, Timothy S., MD
Prov#: 10059783
New River Valley Pediatrics
106 Huffard Drive
Blackburg, VA 24060
(434) 443-7180
Hospital Affiliations:
Carilion New River Valley Medical Center

Rosenbaum-Khitrik, Rachel, MD
Prov#: 10083604
TRUSTED DOCTORS, LLC
6211 Centreville Road Suite 100
Centreville, VA 20121
(703) 391-0900
Hospital Affiliations:
Inova Fair Oaks Hospital

Charlottesville

Alexander, Whitney S., MD
Prov#: 20556
Piedmont Associates of Charlottesville PLC
1011 East Jefferson St
Charlottesville, VA 22901
(434) 296-6161
1522 Insurance Lane Suite A
Charlottesville, VA 22907
(434) 974-9600
2411 Ivy Road
Charlottesville, VA 22903
(434) 296-8300

Aramgol, Carlos E., MD
Prov#: 52513
Piedmont Associates of Charlottesville PLC
1011 East Jefferson St
Charlottesville, VA 22901
(434) 296-6161
1522 Insurance Lane Suite A
Charlottesville, VA 22907
(434) 974-9600
2411 Ivy Road
Charlottesville, VA 22903
(434) 296-8300

Bristol

Bates, Gayle, MD
Prov#: 10038275
Bluefield Clinic Company LLC
2195 Euclid Avenue
Bristol, VA 24201
(276) 496-4492

Bristol Regional Medical Center

Greenbrier Valley Medical Center
Primary Care Physicians - Tier 1

Brown, Alaina Marie, MD  
Pro#: 10093190  
Piedmont Associates of  
Charlottesville PLC  
101 East Jefferson Street  
Charlottesville, VA 22902  
(434) 296-9161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
Hospital Affiliations:  
Seneca Martha Jefferson Hospital

Dickens, Michael D., MD  
Pro#: 10190040  
University of Virginia Physicians Group  
1204 W Main Street Fourth Floor  
Charlottesville, VA 22903  
(434) 924-5161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
Hospital Affiliations:  
University of Virginia Medical Center

Davis, Sheila F., MD  
Pro#: 42720  
Piedmont Associates of Charlottesville PLC  
101 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Dickens, Michael D., MD  
Pro#: 10190040  
Piedmont Associates of Charlottesville PLC  
101 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
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Gillenwater, Jay Merritt, MD  
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2411 Ivy Road  
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(434) 296-8300  
Pro#: 61928  
UVA Northridge  
2955 Ivy Rd Ste 303 (PediCare)  
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Sentena Martha Jefferson Hospital

Grice, Stephanie M., MD  
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Sentena Martha Jefferson Hospital

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University of Virginia Medical Center  
Virginia Hospital Center -  
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University of Virginia Medical Center

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Holland, Eliza, MD  
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Jones, Amanda P., MD  
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Sentena Martha Jefferson Hospital

Keeley, Meg G., MD  
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University of Virginia Medical Center

Kellar, Ann L., MD  
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Knott, Sarah E., MD  
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Charlottesville, VA 22903  
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Sentena Martha Jefferson Hospital

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Sentena Martha Jefferson Hospital

Optima Direct Network Providers 9/2019  140
Primary Care Physicians - Tier 1

Chesapeake

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Baum, Sandra S., MD
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
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Chesapeake

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Wisman Jr., Paul P., MD
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Prov#: 45991
Riverside Shore Memorial Hospital
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Riverside Shore Memorial Hospital

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Chesapeake, VA 23320
(757) 668-2500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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500 Discovery Dr Ste 302
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Hospital Affiliations:
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Children's Hospital of the King's Daughters
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Hospital Affiliations:
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019 142
Primary Care Physicians - Tier 1
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Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Children's Hospital of the King's
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hospital Affiliations:
Children's Hospital of the King's
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Sentara Leigh Hospital
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Hospital Affiliations:
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Sentara Norfolk General Hospital

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<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Slade-Byrd, Lynelle, MD</td>
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<tr>
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<tr>
<td>Rafferty, Erin R., MD</td>
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<tr>
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</tr>
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<td>Stolz, Steven M., MD</td>
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</tr>
<tr>
<td>Strauss, Patricia M., MD</td>
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</tr>
<tr>
<td>Shayan, Robert, MD</td>
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<td>Siegrist, Jeremy P., MD</td>
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<td>Atlantic Community Health Center (ESRHS) (CCNV) 4049 Main Street Chesapeake, VA 23326 (757) 336-3682</td>
</tr>
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</table>

**Primary Care Physicians - Tier 1**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bourassa, Laina, MD</td>
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</tr>
<tr>
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</tr>
<tr>
<td>Wright, Kelly L., MD</td>
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</tr>
<tr>
<td>Zeigler, Stephen C., MD</td>
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</tr>
<tr>
<td>Shayan, Robert, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Shayan, Robert, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Shayan, Robert, MD</td>
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<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Roye, David, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
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**Chester**

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<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
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<tbody>
<tr>
<td>Bourassa, Laina, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Campbell, Kevin, MD</td>
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</tr>
<tr>
<td>Cross, Elizabeth, MD</td>
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<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Shayan, Robert, MD</td>
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<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Shayan, Robert, MD</td>
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<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Roye, David, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
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**Chincoteague**

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<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
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<tbody>
<tr>
<td>Bourassa, Laina, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Campbell, Kevin, MD</td>
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<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Cross, Elizabeth, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Shayan, Robert, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Roye, David, MD</td>
<td>(804) 748-9090</td>
<td>Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
</tbody>
</table>

**Sentara Leigh Hospital**

- Chesapeake, VA 23320
- 612 Kingsborough Sq Ste 301
- (757) 312-9220
- Sentara Pediatrics, PC
- Prov#: 10163826
- (757) 436-1770
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- (757) 436-1770
- Hospital Affiliations:
  - Bon Secours DePaul Medical Center Inc
  - Children's Hospital of the King's Daughters
  - Sentara Leigh Hospital
  - Sentara Norfolk General Hospital
Primary Care Physicians - Tier 1

Elkton
Corn, Stephanie, MD
Prov#: 10165069
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Goodwin, Sarah C., MD
Prov#: 10168388
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Hamel, Theresa Lyn, MD
Prov#: 10193935
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Shakya, Kunjan, MD
Prov#: 10169969
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Emporia
Marcelin, Fitzgerald, MD
Prov#: 10064822
Emporia Greensville Medical Center
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Hospital Affiliations:
Emporia Riverside Hospital

Fairfax
Abbott, Katherine A., MD
Prov#: 10206110
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy
Fairfax, VA 22033
(703) 391-0800

Hospital Affiliations:
Novant Health UVA Health System

Barnama-Mazid, Serene, MD
Prov#: 10005227
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy
Fairfax, VA 22033
(703) 391-0800

Hospital Affiliations:
Inova Fairfax Hospital

Shanmugam, Chamundambika, MD
Prov#: 10209564
Piedmont Access To Health
Services (FQHC facilities, C CNV)
705 Main Street
Danville, VA 24541
(434) 791-4122

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OptimaHealth
Bradford, Jennifer, DO
Pro#: 10206107
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Byrnes, Laura, MD
Pro#: 10004344
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Christian, Shirley, MD
Pro#: 98733
Capital Area Pediatrics Inc
10400 Eaton Place Ste 400
Fairfax, VA 22030

Chung, Sandy, MD

Gabor, Elisabeth, MD

Christian, Shirley, MD
Pro#: 98733
Capital Area Pediatrics Inc
10400 Eaton Place Ste 400
Fairfax, VA 22030

Hospital Affiliations:
Inova Fair Oaks Hospital

Chung, Sandy, MD
Pro#: 10087077
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fairfax Hospital

Gabor, Elisabeth, MD
Pro#: 10205867
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fair Oaks Hospital

Hill, Lisa, MD
Pro#: 98903
Capital Area Pediatrics Inc
10400 Eaton Place Ste 400
Fairfax, VA 22030

Hospital Affiliations:
Reston Hospital Center

Jung, Christina S. Y., MD
Pro#: 10132466
My Kid's Pediatrics and Adolescent Care
12011 Lee Jackson Memorial Hwy Ste 220
Fairfax, VA 22033
(703) 865-5457

Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center
Reston Hospital Center

Kim, Kenneth J., MD
Pro#: 10140819
Kenneth J Kim, M.D., P.C.
3930 Pender Dr Suite 330
Fairfax, VA 22030
(717) 287-3291

Hospital Affiliations:
Inova Fairfax Hospital

Ohriner, William, MD
Pro#: 21724
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fairfax Hospital

Ohriner, William, MD
Pro#: 21724
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fairfax Hospital

Chuang, Sandy, MD
Pro#: 10068532
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Ferrer, Jennifer, MD
Pro#: 10065907
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Ferrer, Jennifer, MD
Pro#: 10065907
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Fox, Carol, MD
Pro#: 10052277
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Galandon-Hyun, Angela, MD
Pro#: 10065907
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Galandon-Hyun, Angela, MD
Pro#: 10065907
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Hill, Lisa, MD
Pro#: 98903
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Reston Hospital Center

Hong, Sharon, MD
Pro#: 10087077
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Incatasciato, William, MD
Pro#: 28650
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Casani, Archana, MD
Pro#: 10060774
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Kim, Cindy, MD
Pro#: 10054601
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Kohn, Susan, MD
Pro#: 10054597
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Lee, Nicole, MD
Pro#: 10061828
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Maya, Nair, MD
Pro#: 10060774
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

 PRIMARY CARE PHYSICIANS - TIER 1

Falls Church

Arichandran, Narmatha, MD
Pro#: 10052276
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Ferrer, Jennifer, MD
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2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Galandon-Hyun, Angela, MD
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Falls Church, VA 22044
(703) 534-1000

407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Christian, Shirley, MD
Pro#: 98733
Capital Area Pediatrics Inc
10400 Eaton Place Ste 400
Fairfax, VA 22030

Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
Pro#: 10055387
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital
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<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
<td>VA 22046</td>
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<td>Rodrigues, Lori, MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
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<td>Gunnther, Robert C., MD</td>
<td>(540) 932-0980</td>
<td>1715 W 3rd Street</td>
<td>Farmville</td>
<td>VA 23901</td>
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<td>Morris, Edward, MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
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<td>Al-ANI, Ibtchal, MD</td>
<td>(434) 315-0138</td>
<td>502 Beech St</td>
<td>Farmville</td>
<td>VA 23901</td>
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<td>Nigra, Megghan, MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
<td>VA 22046</td>
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<td>O'Brien, Kelsey H., MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
<td>VA 22046</td>
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<td>Omidvar, Berna, MD</td>
<td>(703) 532-6903</td>
<td>5637 Columbia Pike</td>
<td>Falls Church</td>
<td>VA 22041</td>
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<tr>
<td>Palmer, Emily, MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
<td>VA 22046</td>
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<tr>
<td>Panier, Holly, MD</td>
<td>(434) 392-9438</td>
<td>502 Beech St</td>
<td>Farmville</td>
<td>VA 23901</td>
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<tr>
<td>Omidvar, Berna, MD</td>
<td>(703) 237-5919</td>
<td>407 N Washington St Ste 100</td>
<td>Falls Church</td>
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<td>Panier, Holly, MD</td>
<td>(434) 392-9438</td>
<td>502 Beech St</td>
<td>Farmville</td>
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<td>(434) 392-9438</td>
<td>502 Beech St</td>
<td>Farmville</td>
<td>VA 23901</td>
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</table>

**Primary Care Physicians - Tier 1**
Primary Care Physicians - Tier 1

Franklin

Applewhite, Sarah A., MD
Pro#: 10032673
Anrar G Applewhite MD PLLC
106 Fairview Drive Suite C
Franklin, VA 23851
(757) 569-9397

Hospital Affiliations:
Southampton Memorial Hospital

Cicero, Michael A., MD
Pro#: 67041
Anrar G Applewhite MD PLLC
106 Fairview Drive Suite C
Franklin, VA 23851
(757) 569-9397

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Careplex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Southampton Memorial Hospital

Goldsby, Cherubin E., MD
Pro#: 10171392
Southeastern Virginia Health System
1357 Armony Drive
Franklin, VA 23851
(757) 304-5570

Ona, Maria M., MD
Pro#: 12598
Maria M. Ona, MD
931 Armony Drive Suite C
Franklin, VA 23851
(757) 562-3233

Hospital Affiliations:
Southampton Memorial Hospital

Fredericksburg

Marsh, Nicole Briggs, MD
Pro#: 10094775
Onley Community Health Center
(ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Murray, Susan B., MD
Pro#: 10153951
Atlantic Community Health Center
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Richardson, Gabriella Ferraioli, MD
Pro#: 10164893
Onley Community Health Center
(ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Riopel, Cathy S., MD
Pro#: 45990
Atlantic Community Health Center
(ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Riopel, David J., MD
Pro#: 45991
Atlantic Community Health Center
(ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Riverside Shore Memorial Hospital

Siegrist, Jeremy P., MD
Pro#: 10059572
Onley Community Health Center
(ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Riverside Shore Memorial Hospital

Fredericksburg

Aaronsen, Allen E, MD
Pro#: 10024673
Rappahannock Pediatric Associates PC
2632 Salem Church Road
Fredericksburg, VA 22407
(540) 899-3440

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center

Amory, Charles V., MD
Pro#: 29612
Chancellor Pediatrics PC
12004 Kilary Drive
Fredericksburg, VA 22407
(540) 548-4510
4900 Plank Rd Ste 101
Fredericksburg, VA 22407
(540) 548-4510

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Mary Washington Hospital (MWH)

Becker, Jiveon K, MD
Pro#: 41058
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 368-8091

Hospital Affiliations:
Mary Washington Hospital (MWH)

Bradshaw, Brenda, MD
Pro#: 59857
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-2228

Hospital Affiliations:
Mary Washington Hospital (MWH)

Caldwell, Kimberly, MD
Pro#: 10015461
PL Pediatrics
4552 Empire Court
Fredericksburg, VA 22408
(540) 361-4779

Hospital Affiliations:
Chippennan Medical Center/
Johnston-Willis Hospital

Callahan, Mary, MD
Pro#: 10022265
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Canady, Sita S., MD
Pro#: 10049177
Fall Hill Pediatrics, PLC
2300 Fall Hill Avenue Suite 290
Fredericksburg, VA 22401
(540) 899-2535

Cao, Lynn, MD
Pro#: 10065941
Children's Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Clark, Jennifer, MD
Pro#: 10061845
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Goeden, Nancy C, MD
Pro#: 10021636
Rappahannock Pediatric Associates PC
2632 Salem Church Road
Fredericksburg, VA 22407
(540) 899-3440

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Goodlett, Allison H., MD
Pro#: 10210576
Pratt Medical Center Ltd
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 834-5430
Pro#: 10156324
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hood, Kyon A., MD
Pro#: 10135564
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Hospital Affiliations:
Chippennan Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Spotsylvania Regional Medical Center

Hull, Jane R., MD
Pro#: 10162150
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Johnson, William B., MD
Pro#: 90388
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 361-7641
Pro#: 10192249
The Children's Clinic of
Fredericksburg, PC
4525 Plank Road
Fredericksburg, VA 22407
(540) 252-1840

Hospital Affiliations:
Mary Washington Hospital (MWH)

Khan, Hina R., MD
Pro#: 10083457
Children's Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kurtzweil, Paul, MD
Pro#: 10101104
Mary Washington Hospital (MWH)
Stafford Hospital Center

Mancini, Pamela M., MD
Pro#: 10669
PL Pediatrics PLLC (PINNACLE)
321 Park Hill Dr
Fredericksburg, VA 22401
(540) 361-1800
Pro#: 10019913
PL Pediatrics
4550 Empire Court
Fredericksburg, VA 22408
(540) 604-9894

McIntosh, Paul, MD
Pro#: 10063855
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-2228

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Optima Health
Primary Care Physicians - Tier 1

Meyers, Mary C., MD
Provs#: 10097429
Pediatric Family Care Center - DLP
Twin County Physician Practices
606 E. Stuart Drive
Galax, VA 24333
(276) 236-8166

Hospital Affiliations:
Twin County Regional Hospital

Glen Allen

Bowman, Valerie Lynn, MD
Provs#: 10187581
Pediatric Associates - Pediatric Partners of Virginia, LLC
11551 Nuckols Road Suite F
Glen Allen, VA 23059
(804) 364-4400

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Bibbee, Charlotte, MD
Provs#: 10144425
Bon Secours Pediatrics of Mechanicsville
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 282-4210

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Charity-Brown, Tamara, MD
Provs#: 10010152
Associates in Pediatrics - Pediatric Partners of Virginia, LLC
11551 Nuckols Road Suite F
Glen Allen, VA 23059
(804) 364-4400

Childress, Clarence G., MD
Provs#: 10097459
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 755-7581

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital

Couch, Brianna, MD
Provs#: 10050366
Pediciatric Center
10571 Telegraph Road Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Evans, Wendy C., DO
Provs#: 10130654
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite E
Glen Allen, VA 23060
(804) 755-7581

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital

Fertner, Julie, MD
Provs#: 45607
Pediciatric Center
10571 Telegraph Road Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Goodall, Catherine, MD
Provs#: 10190414
Glen Allen Pediatrics, LLC
3990 Stillman Parkway
Glen Allen, VA 23060
(804) 282-4210

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Lane, Joanne, DO
Provs#: 10164300
Associates in Pediatrics - Pediatric Partners of Virginia, LLC
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 364-4400

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Marks, Jon, MD
Provs#: 10002409
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Morris, Randall, MD
Provs#: 10032949
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23059
(804) 755-7581

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Port, Carolyn, MD
Provs#: 10007262
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Robinson, Elizabeth, MD
Provs#: 10083850
Pediatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
University of Virginia Medical Center

Ryland, Jill, MD
Provs#: 10706
Pediatic Partnership PC - Pediatric Partners of Virginia, LLC
5207-C Hickory Park Drive
Glen Allen, VA 23059
(804) 377-8981

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Schneider, Liv, MD
Provs#: 10045486
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 545-5050

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Seidelock, Kyle, MD
Provs#: 10166142
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Sharpe, Jeffett, MD
Provs#: 45606
Pediciatric Center
10571 Telegraph Road Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond

Shook, Jana, MD
Provs#: 10154484
Pediciatric Center
10571 Telegraph Road Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Stewart, Jacqueline, MD
Provs#: 10129323
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 755-7581

Sutherland, Tamara, MD
Provs#: 7578516
Associates in Pediatrics - Pediatric Partners of Virginia, LLC
11551 Nuckols Road Suite F
Glen Allen, VA 23059
(804) 364-4400

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Tull, Annemarie, MD
Provs#: 66863
Pediciatric Center
10571 Telegraph Road Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Winters, Cleome, MD
Provs#: 10082298
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Yaple, Elizabeth, MD
Provs#: 10023173
Pediciatric Center
10571 Telegraph Rd Ste 110
Glen Allen, VA 23059
(804) 266-9616

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Zacharias, Madge, MD
Provs#: 10170591
Pediatic Partnership PC - Pediatric Partners of Virginia, LLC
5207 Hickory Park Drive Suite C
Glen Allen, VA 23059
(804) 377-8981

Gloucester

Alamin, Hiba H., MD
Provs#: 10143268
Sentara Pediatric Physicians (SMG)
5659 Parkway Dr Ste 230
Gloucester, VA 23061
(804) 210-1055
### Primary Care Physicians - Tier 1

#### Great Falls

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<td>10135578</td>
<td>Virginia Allergy &amp; Pediatric Associates</td>
<td>Sentara CarePlex Hospital</td>
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<td>Zeh, Debra A., MD</td>
<td>10041843</td>
<td>Virginia Allergy &amp; Pediatric Associates, PC</td>
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#### Grundy

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#### Hampton

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#### Harrisonburg

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<td>Ashton, Christopher A., MD</td>
<td>20102</td>
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© Austin, Sherie H., MD  
Pro# #: 10117676  
Courtthouse Pediatrics (CMG)  
8264 George Washington Memorial Hwy  
Gloucester, VA 23061  
(804) 695-0305  

Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Mary Washington Hospital (MWH)

Dry, Christie A., MD  
Pro# #: 10001514  
Courthouse Pediatrics (CMG)  
8264 George Washington Memorial Hwy  
Gloucester, VA 23061  
(804) 695-0305  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center

Graham, Maurice E., MD  
Pro# #: 78130  
Sentara Urgent Care (SMG)  
5659 Parkway Dr Ste 100  
Gloucester, VA 23061  
(804) 210-1005  

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Mares, Steven C., MD  
Pro# #: 78120  
Sentara Urgent Care (SMG)  
5659 Parkway Dr Ste 100  
Gloucester, VA 23061  
(804) 210-1005  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters

Via, Dan F., MD  
Pro# #: 78117  
Sentara Urgent Care (SMG)  
5659 Parkway Dr Ste 100  
Gloucester, VA 23061  
(804) 210-1005  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Spotsylvania Regional Medical Center

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Optima Direct Network Providers 9/2019  
152
Primary Care Physicians - Tier 1

Srivastava, Anjuli, MD
Prov#: 10163613
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 23071
(703) 860-4200

Hospital Affiliations:
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD
Prov#: 10052275
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 23071
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10080756
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 23071
(703) 860-4200

Hospital Affiliations:
Children and Adolescent's Clinic,
Hopewell, VA 23860
Prov#: 10172745
Children & Adolescents Clinic
308 North 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
Inova Fairfax Hospital

Wijetilleke, Medhine A., MD
Prov#: 10158705
Healthworks for Northern Virginia
1141 Eiden Street Suite 300
Henrico, VA 23070
(703) 481-8160

Hopewell

Boatwright, III, Joseph W., MD
Prov#: 10208227
Infant Jesus Children's Clinic, PLC
505 N 6th Ave
Hopewell, VA 23860
(804) 458-1430

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Kilpatrick, Kathryn, MD
Prov#: 10007661
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Hospital Affiliations:
VCU Health System/MCV
Virginia Hospital Center - Arlington

Leen, Vicente S., MD
Prov#: 29325
Children and Adolescent's Clinic, Inc.
308 N 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
John Randolph Medical Center

Nyirenda, Fafa L., MD
 Prov#: 10160500
Childrens & Adolescents Clinic
308 North 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
Southside Regional Medical Center

Siri, Charuwan, MD
Prov#: 14941
Children and Adolescent's Clinic, Inc.
308 N 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
John Randolph Medical Center

Tan, Ruby, MD
Prov#: 10068046
Infant Jesus Children's Clinic, PLC
505 N 6th Ave
Hopewell, VA 23860
(804) 458-1430

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Wills, Andrea, MD
Prov#: 10172745
Children's & Adolescents Clinic
308 North 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
VCU Community Memorial Hospital

Keysville

Mamarie, Janette Ann, MD
Prov#: 99160
Keysville Pediatrics
130 J St
Keysville, VA 23947
(434) 736-0544

Hospital Affiliations:
Centra Southside Community Hospital

Kilmarnock

Doyle, Meghan E., MD
Prov#: 10199002
Chesapeake Medical Group-Pediatrics
424 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

King George

McCray, Ayanna J., MD
 Prov#: 10016253
Sentara Pratt Medical Group (SMG)
7967 Kings Hwy
King George, VA 22485
(540) 775-6445

Hospital Affiliations:
Mary Washington Hospital (MWH)

Zevelsky, Ilya, MD
Prov#: 10117813
King George Pediatrics - Shady Grove Pediatrics, P.C.
11127 Jourdan Parkway
King George, VA 22485
(540) 775-6891

Lake Ridge

Abbott, Katherine A., MD
Prov#: 10206110
TRUSTED DOCTORS, LLC
13001 Summit School Rd
Lake Ridge, VA 22192
(703) 494-4811

Hospital Affiliations:
Nova Health UVA Health System
Prince William Medical Center

Gabor, Elisabeth, MD
Prov#: 10205867
TRUSTED DOCTORS, LLC
13001 Summit School Rd
Lake Ridge, VA 22192
(703) 494-4811

Zeilberger, Christina, MD
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Leesburg

Adem, Keriya, MD
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Connolly, Nicole, MD
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(703) 723-7337

Faqiri, Sosun, MD
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Children and Adolescent Pediatric Services PLLC
161 Fort Evans Road NE Suite 330
Leesburg, VA 20176
(703) 777-5224

Fox, Rebecca, MD
Prov#: 73390
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Gaiter, Amber, MD
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Leesburg, VA 20176
(703) 723-7337

Wijetilleke, Medhine A., MD
Prov#: 10158705
Healthworks for Northern Virginia
1141 Eiden Street Suite 300
Henrico, VA 23070
(703) 481-8160

Lexington

Dubit, Scott B., MD
Prov#: 10096314
Rockbridge Health, P.L.L.C.
650 North Lee Highway Suite 2
Lexington, VA 24450
(540) 261-7421

Escudero, Kim L, MD
Prov#: 10190652
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Maguire, Jennifer, MD
Prov#: 10151431
Loudoun Pediatric Associates
19500 Sandridge Way Suite 110
Leesburg, VA 20176
(703) 723-7337

Maguire, Jennifer, MD
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(703) 481-8160

Rappaport, Patricia, MD
Prov#: 10010030
Town Pediatrics PC
823 South King Street Suite F
Leesburg, VA 20175
(703) 777-5222

Roychoudhury, Anay, MD
Prov#: 10031652
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Wijetilleke, Medhine A., MD
Prov#: 10158705
Healthworks for Northern Virginia
1141 Eiden Street Suite 300
Henrico, VA 23070
(703) 481-8160

Gupta, Sunil, MD
Prov#: 10126242
Pediatrics and Newborn Care LLC
19415 Deerecoed Avenue Suite 303
Leesburg, VA 20176
(703) 297-4865

Hutchinson, Lisa M., MD
Prov#: 10071046
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Lins, Max R., MD
Prov#: 10040106
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Madrid, Joel, MD
Prov#: 71551
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Primary Care Physicians - Tier 1

Optima Direct Network Providers 9/2019 154
Primary Care Physicians - Tier 1

Locust Grove

Johnson, Paul L., MD
Pro#: 10114334
University of Virginia Physicians Group
4376 Germanna Highway
Locust Grove, VA 22508
(540) 972-7798

Hospital Affiliations:
University of Virginia Medical Center

Lynchburg

Allsworth, Melody, MD
Pro#: 93088
Richeson Drive Pediatrics
105 Richeson Drive
Lynchburg, VA 24501
(434) 385-7776

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Barcia, Kathleen C., MD
Pro#: 10048787
Health and Wellness Center of Louisa
115 Jefferson Highway Ste 9
Louisa, VA 23093
(540) 967-9401

Hospital Affiliations:
Centra Lynchburg General Hospital

Gagen, Rachel, MD
Pro#: 10020390
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Hurst, Michael, MD
Pro#: 10129663
Lynchburg Women's and Pediatric Health Services
2402 Atherhold Road
Lynchburg, VA 24501
(434) 200-6401

Kline, Loan, MD
Pro#: 10115314
Richeson Drive Pediatrics
105 Richeson Drive
Lynchburg, VA 24501
(434) 385-7776

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

McCurley, Robert, MD
Pro#: 25166
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Nichols, Katherine, MD
Pro#: 10027365
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Ojuola, Oluwakiko L., MD
Pro#: 10152186
Central Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24502
(434) 582-2273

Stewart, Gary, MD
Pro#: 45571
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Sullivan, Stephanie, MD
Pro#: 45573
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Toler, Ashley R., DO
Pro#: 10164811
Central Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24502
(434) 582-2273

Hospital Affiliations:
Centra Lynchburg General Hospital

Turner, Holly, DO
Pro#: 10194152
Richeson Drive Pediatrics
105 Richeson Drive
Lynchburg, VA 24501
(434) 385-7776

Hospital Affiliations:
Centra Lynchburg General Hospital

Madison

Harnum, Lisa, MD
Pro#: 10204952
Wellspring Health Services
125 North Main Street
Madison, VA 22727
(540) 948-6681

Hospital Affiliations:
UVA Culpeper Hospital

Fenton, Denise, MD
Pro#: 10150396
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital

Mutch, Justin, MD
Pro#: 71750
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Barcia, Kathleen C., MD
Pro#: 10048787
Health and Wellness Center of Louisa
115 Jefferson Highway Ste 9
Louisa, VA 23093
(540) 967-9401

Hospital Affiliations:
Centra Lynchburg General Hospital

Louisa
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<td>McAtee, Miriam S., MD</td>
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<td>Nelson, Kathryn, MD</td>
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<td>Powell, Kristen, MD</td>
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<td>Probst, Kyle, MD</td>
<td>(804) 730-4690</td>
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<td>Sabino-Akins, Joycelyn, MD</td>
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<td>Shreve, J. Mark, MD</td>
<td>(804) 730-4690</td>
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<td>Smith, Stephanie E., MD</td>
<td>(804) 730-4690</td>
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<td>10111678</td>
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<td>Smith, William, MD</td>
<td>(804) 730-4690</td>
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<td>Sneed, Warren L., MD</td>
<td>(804) 730-4690</td>
<td>Mechanicsville, VA 23111 7521 Right Flank</td>
<td>45936</td>
<td>Mechanicsville Turnpike Suite 103</td>
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<td>Williams, Carol B., MD</td>
<td>45903</td>
<td>Mechanicsville, VA 23116 7347 Bell Creek</td>
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<td>Yucha, Kim, MD</td>
<td>50692</td>
<td>Mechanicsville, VA 23111 7347 Bell Creek</td>
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<td>Mechanicsville Turnpike Suite 103</td>
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Optima Direct Network Providers 9/2019 157
Primary Care Physicians - Tier 1

**Midlothian**

### Abernathy, Ted R, MD
- **Provs:** 10023825
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Allen, Konyenasoa, MD
- **Provs:** 10080686
- Capitol Pediatrics, PC
- 11601 Robious Rd
- Midlothian, VA 23113
- (804) 379-9494

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Auerbach, Barry S., MD
- **Provs:** 10023825
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Archuleta, Bobby, MD
- **Provs:** 52260
- Pediatric Associates - Pediatric Partners of Virginia, LLC
- 13470 Tredagar Lake Parkway
- Midlothian, VA 23112
- (804) 794-7788

**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

### Ayers, Christopher, MD
- **Provs:** 10040097
- Commonwealth Pediatrics PC
- 15400 Westchester Commons Way
- Midlothian, VA 23113
- (804) 549-5405

### Bailey, Breaann L., MD
- **Provs:** 10115559
- Capitol Pediatrics, PC
- 11601 Robious Road Suite 100
- Midlothian, VA 23113
- (804) 379-9494

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

### Bantle, Roxana, MD
- **Provs:** 10012151
- Swift Creek Pediatrics PC
- 13925 Coalfield Commons Place
- Suite 201
- Midlothian, VA 23114
- (804) 378-4420

**Hospital Affiliations:**
- Henrico Doctors' Hospital - Forest Campus

### Blakey, Peter P., MD
- **Provs:** 79573
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Bowers, Katharine B., MD
- **Provs:** 10199974
- Firefly Pediatrics
- 2937 Fox Chase Lane
- Midlothian, VA 23112
- (804) 372-3473

### Burget, Michele, MD
- **Provs:** 10012164
- James River Pediatrics - Pediatric Partners of Virginia, LLC
- 1521 Huguenot Road Suite 101
- Midlothian, VA 23113
- (804) 794-1072

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital
- St. Mary's Hospital

### Cantor, Debra K., DO
- **Provs:** 45598
- Swift Creek Pediatrics PC
- 13925 Coalfield Commons Place
- Suite 201
- Midlothian, VA 23114
- (804) 378-4420

**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

### Cullen, Elizabeth, MD
- **Provs:** 46020
- Huguenot Pediatrics - Pediatric Partners of Virginia, LLC
- 1407 Huguenot Road
- Midlothian, VA 23113
- (804) 794-2299

### Deal, Tracey, MD
- **Provs:** 46002
- Pediatric Associates - Pediatric Partners of Virginia, LLC
- 13470 Tredagar Lake Pkwy
- Midlothian, VA 23112
- (804) 794-7788

**Hospital Affiliations:**
- Bon Secours St. Francis Medical Center

### Domer, Jennifer H., MD
- **Provs:** 64489
- Commonwealth Pediatrics PC
- 15400 Westchester Commons Way
- Midlothian, VA 23113
- (804) 549-5405

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Everett, Joel, MD
- **Provs:** 10025575
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Garrity, Wendy L., MD
- **Provs:** 10054515
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Gilliam, Kari, MD
- **Provs:** 21244
- Commonwealth Pediatrics PC
- 15400 Westchester Commons Way
- Midlothian, VA 23113
- (804) 549-5405

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Grel, Suzanne, MD
- **Provs:** 10026695
- Commonwealth Pediatrics PC
- 15400 Westchester Commons Way
- Midlothian, VA 23113
- (804) 549-5405

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Harrington, Arlene A., MD
- **Provs:** 21511
- Chesterfield Pediatrics PC
- 5955 Harbour Park Drive
- Midlothian, VA 23112
- (804) 744-4495

### Henderson, Edward, DO
- **Provs:** 10155914
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive Suite A
- Midlothian, VA 23114
- (804) 794-2821

### Jones, Christine S., MD
- **Provs:** 10176761
- Capitol Pediatrics, PC
- 11601 Robious Road Suite 100
- Midlothian, VA 23113
- (804) 379-9494

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital
- John Randolph Medical Center

### Kancitis, Indra, MD
- **Provs:** 10060073
- Huguenot Pediatrics - Pediatric Partners of Virginia, LLC
- 1407 Huguenot Road
- Midlothian, VA 23113
- (804) 794-2299

### Mason, Jonathan, MD
- **Provs:** 10082395
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

### McGhee, Judith F., MD
- **Provs:** 46050
- Brandermill Pediatric & Adolescent Medicine, PC
- 4902 Millbridge Pkwy
- Midlothian, VA 23112
- (804) 744-1231

**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

### Mulreany, Patricia, MD
- **Provs:** 72922
- Pediatric and Adolescent Health Partners, PC
- 13821 Village Mill Drive
- Midlothian, VA 23113
- (804) 794-2821

**Hospital Affiliations:**
- Chippenham Medical Center
- Johnston-Willis Hospital

### Nowsheen, Ahmed, MD
- **Provs:** 10016392
- Chesterfield Pediatrics PC
- 5955 Harbour Park Drive
- Midlothian, VA 23112
- (804) 744-4495

### O'Neil, Timothy, MD
- **Provs:** 46003
- Pediatric Associates - Pediatric Partners of Virginia, LLC
- 13470 Tredagar Lake Parkway
- Midlothian, VA 23112
- (804) 794-7788

**Hospital Affiliations:**
- Bon Secours St. Francis Medical Center
- Chippenham Medical Center
- Johnston-Willis Hospital

Optima Direct Network Providers 9/2019 158
Primary Care Physicians - Tier 1

Beverly, Vernis, MD
Provs#: 59800
Adult and Pediatric Medical Associates, PC
1701 Church St Ste B
Norfolk, VA 23504
(757) 484-2001
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

De Triquet, John M., MD
Provs#: 10008413
General Academic Pediatrics (CHKD)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Brenner, Michelle G., MD
Provs#: 35348
Tidewater Pediatric Consultants PC
1682 Church Street
Norfolk, VA 23504
(757) 962-8605
2539 Corprav Ave Ste 201
Norfolk, VA 23504
© Cauley, Dean, MD
Provs#: 72851
Pediatric Associates (CMG)
1909A Granby St
Norfolk, VA 23517
(757) 640-0022
880 Kempsville Rd Ste 2600
Norfolk, VA 23502
(757) 640-0022
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Crandley, Kate N., MD
Provs#: 10048122
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Dorfman, Julie R, MD
Provs#: 10205738
General Academic Pediatrics (CHKD)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400
Hospital Affiliations:
Children's Hospital of the King's Daughters

Drewes, Adam, MD
Provs#: 10018423
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-7400
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara Care Plex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Edington, Scott G, MD
Provs#: 10185088
General Academic Pediatrics (CHKD)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400
Hospital Affiliations:
Children's Hospital of the King's Daughters

Eilers, Lindsay F, MD
Provs#: 10182912
General Academic Pediatrics (CHKD)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400
Hospital Affiliations:
Children's Hospital of the King's Daughters

Emejuru, Ogubuike, MD
Provs#: 45034
Children's Health Associates of Tidewater, PC
930 Majestic Ave Ste 140
Norfolk, VA 23504
(757) 623-7255
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gabriel, Noelle M., MD
Provs#: 10165640
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Road Bldg B
Norfolk, VA 23502
(757) 668-6500
Hospital Affiliations:
Children's Hospital of the King's Daughters

Gerbus, Patrick M., MD
Provs#: 13035
Pediatric Specialists (CMG)
160 Kingsley Ln Ste 305
Norfolk, VA 23505
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Norfolk, VA 23502
(757) 461-6342
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Goumbourne, Kristen-Kaye, MD
Provs#: 10183662
Children Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-7456
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Harrington, John W., MD
Provs#: 10014458
General Academic Pediatrics (CHKD)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400
Hospital Affiliations:
Children's Hospital of the King's Daughters

Holland-Hinton, Jennifer M., MD
Provs#: 45022
Pediatric Specialists (CMG)
160 Kingsley Ln Ste 305
Norfolk, VA 23505
(757) 489-3551
Optima Direct Network Providers 9/2019
161
Primary Care Physicians - Tier 1

Kagan, Harvey J., MD
Pro#: 35210
General Academic Pediatrics (CHKD)
601 Children's Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hubbard, Thomas W., MD
Pro#: 10003108
Sentara Family Medicine Physicians - SMG
301 Riverview Ave Ste 810
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(757) 252-9150

Joyce, Michael H., MD
Pro#: 13398
Wards Corner Pediatrics
7423 Granby Street
Norfolk, VA 23505
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kagan, Harvey J., MD
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Pediatic Specialists (CMG)
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Norfolk, VA 23502
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Karloj, Rajeshwari, MD
Pro#: 27879
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Karp, Glenda S., MD
Pro#: 13004
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kirshenbaum, Stephen, MD
Pro#: 10096078
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1909A Granby St
Norfolk, VA 23517
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Knoll, Michelle M, MD
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General Academic Pediatrics (CHKD)
601 Children's Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Lee Hendricks, Jean E., MD
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Tidewater Children's Associates, Ltd. (CMG)
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lee, Sarah, MD
Pro#: 10020927
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Leedie, Linda C., MD
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Associates in Pediatric Care, PC
930 Majestic Ave Ste 200
Norfolk, VA 23504
(757) 627-5705

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Livingood, Jennifer C., MD
Pro#: 55610
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1909A Granby St
Norfolk, VA 23517
(757) 640-0022
880 Kempsville Rd Ste 2600
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mason-Leslie, Wendy J., MD
Pro#: 28790
Pediatric Associates (CMG)
1909A Granby St
Norfolk, VA 23517
(757) 640-0022
880 Kempsville Rd Ste 2600
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mcevoy, Anne O, MD
Pro#: 10204887
Tidewater Pediatric Consultants PC
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Meck, Christopher J., DO
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Moneymaker, Carolyn S., MD
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General Academic Pediatrics (CHKD)
601 Children's Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Morrison-Jones, Carly M., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nash, Margaret R., MD
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1682 Church Street
Norfolk, VA 23504
(757) 962-8605
2539 Corpew Ave Ste 201
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Northampton, Scott, MD
Pro#: 62288
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ongkingco, Jose Ramon C., MD
Pro#: 13389
PDC Pediatrics (CMG)
6345 Center Dr Bldg 14
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ongkingco, Jose Ramon C., MD
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PDC Pediatrics (CMG)
6345 Center Dr Bldg 14
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Primary Care Physicians - Tier 1

Palmer, Dionne Y., MD
Prov#: 20292
General Academic Pediatrics
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601 Childrens Ln
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(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Restaino, Stephen C., DO
Prov#: 35236
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Pasquinelli, Lawrence M, MD
Prov#: 95769
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Pugh, Karen Hill, MD
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7423 Granby Street
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Rajakumar, Thevarajani, MD
Prov#: 10061027
Portsmouth Community Health Center (CCNV)
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Norfolk, VA 23510
(757) 393-6363

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Restaino, Stephen C., DO
Prov#: 35211
General Academic Pediatrics
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601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Riccio, Amy D., MD
Prov#: 13842
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Schank, Emily L., MD
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Norfolk, VA 23517
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880 Kempsville Rd Ste 2600
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Schindler, Kimberly, MD
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Pediatric Associates (CMG)
1909A Granby St
Norfolk, VA 23517
(757) 640-0022

Hospital Affiliations:
Children's Hospital of the King's Daughters

Scott, Jennifer R, MD
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General Academic Pediatrics
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601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Seusy, Latricia B., MD
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Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Slade-Byrd, Lynelle, MD
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Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Children's Hospital of the King's Daughters

Sriraman, Natasha K., MD
Prov#: 10059399
General Academic Pediatrics
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601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Stoltz, Steven M., MD
Prov#: 13031
Pediatric Specialists (CMG)
160 Kingsly Ln Ste 305
Norfolk, VA 23505
(757) 489-3551
885 Kempsville Rd Ste 200
Norfolk, VA 23502
(757) 461-6342

Hospital Affiliations:
Children's Hospital of the King's Daughters

Tatem, Andria E., MD
Prov#: 10182911
General Academic Pediatrics
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601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Thomas, Lea Denise A., MD
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General Academic Pediatrics
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601 Childrens Ln
Norfolk, VA 23507
(757) 668-7400

Tiffany, Julie T., MD
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Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
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Toland, Joseph, MD
Prov#: 13397
North Shore Pediatrics Inc. 924 W Little Creek Rd
Norfolk, VA 23505
(757) 440-0719

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Urban, Katherine Lunney, MD
Prov#: 10131715
Pediatric Specialists (CMG)
885 Kempsville Rd Ste 200
Norfolk, VA 23502
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Velazquez, Nivea Teresa, MD
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PDC Pediatrics (CMG)
6345 Center Dr Bldg 14
Norfolk, VA 23502
(757) 461-4027

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Vergano, Scott, MD
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885 Kempsville Rd Ste 200
Norfolk, VA 23502
(757) 461-6342

Hospital Affiliations:
Children's Hospital of the King's Daughters

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OptimaHealth
Primary Care Physicians - Tier 1

Walker, Paul, MD
Prov#: 13380
Associates in Pediatric Care, PC
930 Majestic Ave Ste 200
Norfolk, VA 23504
(757) 627-5705
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Marsh, Nicole Briggs, MD
Prov#: 10094775
Onley Community Health Center
(ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374
Hospital Affiliations:
University of Virginia Medical Center

Richardson, Gabriella Ferraioli, MD
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Onley Community Health Center
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20306 Badger Lane
Onley, VA 23418
(757) 787-7374
Hospital Affiliations:
Children's Hospital of the King's Daughters

Begley, Charles Jeffrey, MD
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20306 Badger Lane
Onley, VA 23418
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

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Atlantic Community Health Center
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20306 Badger Lane
Onley, VA 23418
(757) 787-7374
Hospital Affiliations:
University of Virginia Medical Center

Riopel, David J., MD
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Atlantic Community Health Center
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20306 Badger Lane
Onley, VA 23418
(757) 787-7374
Hospital Affiliations:
Riverside Shore Memorial Hospital

Siegrist, Jeremy P., MD
Prov#: 10059572
Onley Community Health Center
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20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Taylor, Julia F., MD
Prov#: 10150392
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661 University Lane Suite A
Orange, VA 22960
(434) 661-3025
Hospital Affiliations:
University of Virginia Medical Center

Wright, Kelly L., MD
Prov#: 10063003
Pediatric Specialists (CMG)
885 Kempsville Rd Ste 200
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
University of Virginia Medical Center

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Onley

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Prov#: 40239
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Hospital Affiliations:
Southside Regional Medical Center

Norton

Taylor, Julia F., MD
Prov#: 10003492
Sentara Palmyra Medical Associates
33 Rebecca Drive
Palmyra, VA 22963
(434) 654-4680
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Prov#: 40239
Southside Pediatrics
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(804) 520-8135
Hospital Affiliations:
Southside Regional Medical Center

Wright, Kelly L., MD
Prov#: 10063003
Pediatric Specialists (CMG)
885 Kempsville Rd Ste 200
Norfolk, VA 23502
(757) 461-6342
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Abernathy, Rebecca E, MD
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Onley Community Health Center
(ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374
Hospital Affiliations:
University of Virginia Medical Center

Srivastava, Anjali, MD
Prov#: 10163613
Capital Area Pediatrics Inc
10461 White Granite Drive Suite 210
Oakton, VA 22124
(703) 359-5101
Hospital Affiliations:
Virginia Hospital Center - Arlington

Arrieta, Mary C., MD
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Southside Pediatrics
34 Medical Park Blvd Suite F
Petersburg, VA 23805
(804) 520-8135
Hospital Affiliations:
Southside Regional Medical Center

Smyth, Katherine M., MD
Prov#: 10003492
Sentara Palmyra Medical Associates
33 Rebecca Drive
Palmyra, VA 22963
(434) 654-4680
Hospital Affiliations:
Mary Washington Hospital (MWH)

Ballengee, Cortney R., MD
Prov#: 10027568
University of Virginia Physicians Group
661 University Lane Suite A
Orange, VA 22960
(434) 661-3025
Hospital Affiliations:
University of Virginia Medical Center

Schinstock, Elizabeth C, MD
Prov#: 10027568
University of Virginia Physicians Group
661 University Lane Suite A
Orange, VA 22960
(434) 661-3025
Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center

Stevenson, Elizabeth C, MD
Prov#: 58328
UVA Pediatrics at Orange
661 University Lane Suite A
Orange, VA 22960
(434) 661-3025
Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center

Duhart, Harold Bobby, MD
Prov#: 10143155
Community Health Center of the Rappahannock Region (CVHS)
341 S Sycamore Street
Petersburg, VA 23805
(804) 957-9601
Hospital Affiliations:
Southside Regional Medical Center

Lewis-Blackwell, Robbie L., MD
Prov#: 58328
Community Health Center of the Rappahannock Region (CVHS)
541 S Sycamore Street
Petersburg, VA 23805
(804) 957-9601
Hospital Affiliations:
Southside Regional Medical Center

Tan, Ruby, MD
Prov#: 10080646
Infant Jesus Children's Clinic, PLC
5 Holly Hill Drive
Petersburg, VA 23805
(804) 733-4131
Hospital Affiliations:
VCU Health System/MCV
Primary Care Physicians - Tier 1

Poquoson

- Steiner, Carol, MD
  Prov#: 10149523
  Poquoson Pediatrics
  370A Wythe Creek Road
  Poquoson, VA 23662
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  Hospital Affiliations:
  Sentara Norfolk General Hospital
  Sentara Obici Hospital

- Alegre-Ipanag, Olivia, MD
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  Portsmouth Pediatrics, PC
  446 Effingham St Ste 302
  Portsmouth, VA 23704
  (757) 673-6277

  Hospital Affiliations:
  Bon Secours Maryview Medical Center

- Canonizado, Carmencita M, MD
  Prov#: 75160
  Pediatric Health Partners, PLLC
  3701 South St
  Portsmouth, VA 23707
  (757) 966-9873

  Hospital Affiliations:
  Bon Secours Maryview Medical Center

- Kim, Sung Y., MD
  Prov#: 23521
  Sung Kim, MD
  3409 South St
  Portsmouth, VA 23707
  (757) 399-0705

  Hospital Affiliations:
  Bon Secours Maryview Medical Center

- Rajakumar, Thevarajani, MD
  Prov#: 10061027
  Portsmouth Community Health Center (CCNV)
  664 Lincoln Street
  Portsmouth, VA 23704
  (757) 393-6363

  Hospital Affiliations:
  Bon Secours Maryview Medical Center

- Bailey, Breann L., MD
  Prov#: 10166470
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Chippenham Medical Center
  Johnstown-Willis Hospital

- Mclroy, Paul G., MD
  Prov#: 10034855
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Momen, Florence H., MD
  Prov#: 31973
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Rotche, Brigitte K., MD
  Prov#: 10036387
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

- Snider, Zairha Gonzalez, MD
  Prov#: 10033737
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Stapleton, Christopher P., MD
  Prov#: 10055832
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Stickley, Robert F., MD
  Prov#: 30003
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Vaccaro Jr., Paul G., MD
  Prov#: 10037539
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Walker, Timothy S., MD
  Prov#: 36226
  New River Valley Pediatrics
  202 8th Street
  Radford, VA 24141
  (540) 639-5188

  Hospital Affiliations:
  Carilion New River Valley Medical Center

- Arbab, Niloofar, MD
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  New Horizon Pediatrics, P.C.
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  Reston, VA 20190
  (703) 467-9444

  Hospital Affiliations:
  Reston Hospital Center

- Kapoor, Shreeti, MD
  Prov#: 10132903
  Farrell Pediatrics, LLC
  11349 Sunset Hills Road
  Reston, VA 20190
  (703) 435-0808

  Hospital Affiliations:
  Reston Hospital Center

- Mar, Alice, MD
  Prov#: 10009523
  Farrell Pediatrics, LLC
  11349 Sunset Hills Road
  Reston, VA 20190
  (703) 435-0808

  Hospital Affiliations:
  Reston Hospital Center

- Price, Shannon, MD
  Prov#: 10047464
  South Riding Pediatrics
  11349 Sunset Hills Road
  Reston, VA 20190
  (703) 435-0808

  Hospital Affiliations:
  Reston Hospital Center

- Reynolds, Benjamin P., MD
  Prov#: 10010311
  South Riding Pediatrics
  11349 Sunset Hills Road
  Reston, VA 20190
  (703) 435-0808

  Hospital Affiliations:
  Reston Hospital Center

- Ayers, Christopher, MD
  Prov#: 10040091
  Commonwealth Pediatrics PC
  7023 Old Jahnke Road
  Richmond, VA 23225
  (804) 320-1353

- Bates, Kathrynn, MD
  Prov#: 54568
  Pediatric Associates of Richmond Inc
  7113 Three Chopt Rd Ste 101
  Richmond, VA 23226
  (757) 288-9190

  Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secour St. Mary's Hospital
  Henrico Doctors' Hospital - Parham Campus
  St. Mary's Hospital

- Beard, Justine, DO
  Prov#: 10188006
  Pediatric Associates of Richmond Inc
  7113 Three Chopt Rd Ste 101
  Richmond, VA 23226
  (804) 282-4205

- Bell, Sandra, MD
  Prov#: 45624
  Manchester Pediatric Associates, P.C.
  101 Courtyard Ave Ste 302
  Richmond, VA 23224
  (804) 231-0788

  Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Mary's Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital

- Bennett, Lillie R, MD
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  1510 N 28th Street Ste 207
  Richmond, VA 23222
  (804) 649-0044

  Hospital Affiliations:
  Chippenham Medical Center
  Johnstown-Willis Hospital

- Baill, Jordan, MD
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  1201 Crystal Ave
  Richmond, VA 23220
  (804) 285-1000

  Hospital Affiliations:
  Chippenham Medical Center

- Baum, Jerry, MD
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  Medical University of South Carolina
  171 Ashley Ave
  Charleston, SC 29425
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  Hospital Affiliations:
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Primary Care Physicians - Tier 1

2513 Chamberlayne Ave
Richmond, VA 23222
(804) 321-2651

Hospital Affiliations:
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Chippenham Medical Center/
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Richmond, VA 23219
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
Virginia Hospital Center - Arlington

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
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Hospital Affiliations:
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Buck, Erin D., MD
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Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus

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Primary Care Physicians - Tier 1

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Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

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Henrico Doctors' Hospital - Forest Campus
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(804) 358-4909

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Hospital Affiliations:
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Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus
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Hospital Affiliations:
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Hospital Affiliations:
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Bon Secours St. Marys Hospital
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St. Mary's Hospital

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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

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Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

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University of Virginia Medical Center
Roanoke

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Hospital Affiliations:  
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Hospital Affiliations:  
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21 Highland Avenue SE Suite 100  
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(540) 344-9213  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Optima Direct Network Providers 9/2019  169
<table>
<thead>
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<th>Region</th>
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<th>Phone</th>
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<tr>
<td>Rocky Mount</td>
<td>Bhagatni, Harsha, MD</td>
<td>101970348</td>
<td>CARLION MEDICAL CENTER 490 S Main St Rocky Mount, VA 24151</td>
<td>Carilion Roanoke Memorial Hospital</td>
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<tr>
<td></td>
<td>Henchel, Kelly D., MD</td>
<td>10066772</td>
<td>Carilion Pediatric Clinic 490 S Main St Rocky Mount, VA 24151</td>
<td>Carilion Roanoke Memorial Hospital</td>
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<td></td>
<td>Keane, Brenna A., DO</td>
<td>10205232</td>
<td>CARLION MEDICAL CENTER 490 S Main St Rocky Mount, VA 24151</td>
<td>Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Salem</td>
<td>Bouldia, John W., MD</td>
<td>10073113</td>
<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
<td>VCU Community Memorial Hospital</td>
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<td>Cummings, Joyce, MD</td>
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<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
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<tr>
<td></td>
<td>Delaney, Russell, MD</td>
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<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
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</tr>
<tr>
<td>South Boston</td>
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</tr>
<tr>
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<td>Ebalo, Nonna L., MD</td>
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Optima Direct Network Providers 9/2019

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**Primary Care Physicians - Tier 1**

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Tidewater Children's Associates, Ltd. (CMG)  
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**Tiffany, Julie T., MD**  
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(757) 668-2600  
418 Market Street  
Suffolk, VA 23434  
(757) 668-2640

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**Vienna**

**Christian, Shirley, MD**  
Prov#: 98733  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244  
**Hospital Affiliations:**  
Inova Fairfax Hospital

**Clapp, Deborah, MD**  
Prov#: 10055587  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244  
**Hospital Affiliations:**  
Inova Fairfax Hospital

**Dharia, Subarna, MD**  
Prov#: 10124667  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244  
**Hospital Affiliations:**  
Inova Fairfax Hospital

**Dolvane, Rubina, MD**  
Prov#: 10100002  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244

**Dreyfuss, Adrienne N., MD**  
Prov#: 10117539  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244

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**Optima Direct Network Providers 9/2019**

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Primary Care Physicians - Tier 1

Eng Tow, Della, MD
Pro#: 10060796
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Floy, Tina Emoungu, MD
Pro#: 10144450
BAHMAN SHAHIN, MD, PC
8294 Old Courthouse Rd Suite A
Vienna, VA 22182
(703) 356-7882

Hospital Affiliations:
Inova Fairfax Hospital

Fox, Carol, MD
Pro#: 10052277
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Glandon-Hyun, Angela, MD
Pro#: 10085907
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Incatasciato, William, MD
Pro#: 28650
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Jasani, Archana, MD
Pro#: 10060774
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Kim, Cindy, MD
Pro#: 10054601
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fair Oaks Hospital

Kohn, Susan, MD
Pro#: 10054597
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Alexandria Hospital

Lee, Nicole, MD
Pro#: 10061828
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Maya, Nair, MD
Pro#: 10060935
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Mcdonald, Julie, MD
Pro#: 23947
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

McDonald, Kristine M., MD
Pro#: 10035532
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Morris, Edward, MD
Pro#: 10055369
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

O’Brian, Kelsey H., MD
Pro#: 10196633
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Palmer, Emily, MD
Pro#: 10035329
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Parker, Damien, MD
Pro#: 10085894
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Pierce, Amy, MD
Pro#: 10061821
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Rodrigues, Lori, MD
Pro#: 10015608
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Sawyer, Rebecca, MD
Pro#: 10055710
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Shahin, Bahman, MD
Pro#: 43197
BAHMAN SHAHIN, MD, PC
8294 Old Courthouse Rd Suite A
Vienna, VA 22182
(703) 356-7882

Hospital Affiliations:
Inova Fairfax Hospital

Siegel, Allison J, MD
Pro#: 10131956
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Reston Hospital Center

Srivastava, Anjuli, MD
Pro#: 10163613
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD
Pro#: 10052275
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Pro#: 10080756
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Watts, Elizabeth, MD
Pro#: 10054562
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Waxman, Phyllis, MD
Pro#: 10052324
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Virginia Beach

Ashman, Rosemary L, MD
Pro#: 40488
Partners In Pediatric Care
324 Louise Ave Suite 118
Virginia Beach, VA 23454
(757) 333-7797

Hospital Affiliations:
Children's Hospital of the King's Daughters

Bartimoccia, Michelle, MD
Pro#: 36474
General Booth Pediatrics (CMG)
2021 Concert Dr Ste 201
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Children's Hospital of the King's Daughters

Benson-Foulk, Ernette Y., MD
Pro#: 52130
PDC Pediatrics (CMG)
2021 Concert Dr Ste 202
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Children's Hospital of the King's Daughters

Briese, Suzanne, MD
Pro#: 10154178
General Booth Pediatrics (CMG)
2021 Concert Dr Ste 202
Virginia Beach, VA 23456
(757) 453-6711

Hospital Affiliations:
Children's Hospital of the King's Daughters

Burrows, Adaya, MD
Pro#: 53546
Tidewater Pediatric Consultants PC
6477 College Park Sq Ste 118
Virginia Beach, VA 23464

Hospital Affiliations:
Children's Hospital of the King's Daughters

Charette, Laura A., MD
Pro#: 13102
PDC Pediatrics (CMG)
2021 Concert Dr Ste 202
Virginia Beach, VA 23456
(757) 453-6711

Hospital Affiliations:
Children's Hospital of the King's Daughters

Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Childs, Marcella F., MD
Pro#: 10015855
Town Center Pediatrics (CMG)
4505 Columbus Street Suite 250
Virginia Beach, VA 23462
(757) 499-7442

Hospital Affiliations:
Children's Hospital of the King's Daughters

2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Children's Hospital of the King's Daughters

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019

174
Primary Care Physicians - Tier 1

Choi, Hyeon D., MD
Pro#: 94734
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Cotton, Jacqueline S., MD
Pro#: 40479
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Desoto, Mary Vaughn S., MD
Pro#: 10129966
General Booth Pediatrics (CMG)
2021 Concert Drive Suite 201
Virginia Beach, VA 23456
(757) 668-2850
2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700
Hospital Affiliations:
Children's Hospital of the King's Daughters

Downing, Carol E., MD
Pro#: 13909
Pediatrics of Kempsville, PC
1212 Lake James Dr Ste C
Virginia Beach, VA 23464
(757) 523-4589
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Fayton, Charles E., MD
Pro#: 13372
Tidewater Pediatric Consultants PC
6477 College Park Sq Ste 118
Virginia Beach, VA 23464
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Fontana, Christy A., MD
Pro#: 56838
Premier Pediatrics
1181 First Colonial Road Suite 100
Virginia Beach, VA 23454
(757) 668-4600
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Gower, Elizabeth J., MD
Pro#: 36465
Town Center Pediatrics (CMG)
4505 Columbus Street Suite 250
Virginia Beach, VA 23462
(757) 499-7442
Hospital Affiliations:
Children's Hospital of the King's Daughters

Henning, Michelle, DO
Pro#: 10208680
General Academic Pediatrics (CHKD)
1924 Landstown Centre Way Suite 301
Virginia Beach, VA 23456
(757) 668-7957
Hospital Affiliations:
Children's Hospital of the King's Daughters

Higginio, Valeria N, MD
Pro#: 10194741
General Booth Pediatrics (CMG)
2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700
Hospital Affiliations:
Children's Hospital of the King's Daughters

Holand, Deborah C., MD
Pro#: 40507
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Humwitz, Jennie R., MD
Pro#: 10080525
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Hutchinson, Kristin K., MD
Pro#: 10061642
General Booth Pediatrics (CMG)
2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Lexiel, Melissa R., MD
Pro#: 10008034
Sentara Pediatric Physicians (SMG)
1950 Glenn Mitchell Dr Ste 304
Virginia Beach, VA 23456
(757) 507-0255
Hospital Affiliations:
Children's Hospital of the King's Daughters

Leidel, Bernadette E., MD
Pro#: 13931
PDC Pediatrics (CMG)
2021 Concert Dr Ste 201
Virginia Beach, VA 23456
(757) 453-6711
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Leiden, Charles E., MD
Pro#: 10101114
Town Center Pediatrics (CMG)
4505 Columbus Street Suite 250
Virginia Beach, VA 23462
(757) 499-7442
Hospital Affiliations:
Children's Hospital of the King's Daughters

McGowen, Dawn M., MD
Pro#: 12539
Tidewater Pediatric Consultants PC
6477 College Park Sq Ste 118
Virginia Beach, VA 23464
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

McDonald, Anne K., MD
Pro#: 10077957
Beach Kids Pediatrics
1004 First Colonial Road Ste 103
Virginia Beach, VA 23454
(757) 806-8880
Hospital Affiliations:
Sentara Virginia Beach General Hospital

McDonald, Bryan M., MD
Pro#: 10077982
Beach Kids Pediatrics
1004 First Colonial Road Ste 103
Virginia Beach, VA 23454
(757) 806-8880
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mitchell, Douglas K., MD
Pro#: 15992
General Booth Pediatrics (CMG)
2021 Concert Dr Ste 201
Virginia Beach, VA 23456
(757) 668-6700
2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Optima Direct Network Providers 9/2019 175

OptimaHealth
Primary Care Physicians - Tier 1

Morrison-Jones, Carly M., MD
Pro#: 10182908
Town Center Pediatrics (CMG)
1128 Independence Blvd Suite 100
Virginia Beach, VA 23452
(757) 499-7442

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Norfolk General Hospital

Norris, David M., MD
Pro#: 11841
General Booth Pediatrics (CMG)
2021 Concert Drive Suite 201
Virginia Beach, VA 23456
(757) 668-2850

2008 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Norfolk General Hospital

Pelletier, Erica Rose, MD
Pro#: 10175829
General Booth Pediatrics (CMG)
2088 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Children's Hospital of the King's Daughters
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Santos Heydarian, Rosemarie A., MD
Pro#: 10146611
General Booth Pediatrics (CMG)
2008 Princess Anne Road
Virginia Beach, VA 23456
(757) 668-6700

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Obici Hospital

Seagull, Fany a., MD
Pro#: 10010482
Sentara Pediatric Physicians (SMG)
2301 General Booth Blvd
Virginia Beach, VA 23456
(757) 395-1920

Hospital Affiliations:
Sentara Princess Anne Hospital

Snyders, Glenn C., MD
Pro#: 40473
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Stephens, Lisa D., MD
Pro#: 29851
Sentara Pediatric Physicians (SMG)
1950 Glenn Mitchell Dr Ste 304
Virginia Beach, VA 23456
(757) 507-0255

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Strasnick, Victoria, MD
Pro#: 40818
Sentara Pediatric Physicians (SMG)
1800 Camelot Dr Ste 200
Virginia Beach, VA 23454
(757) 252-9600

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Venkatesan, Saileela, MD
Pro#: 33001
Bayside Pediatrics
4501 N Witchduck Rd Ste A
Virginia Beach, VA 23455
(757) 460-5521

Hospital Affiliations:
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Wadsworth, Michele R., MD
Pro#: 35381
Premier Pediatrics
1181 First Colonial Road Suite 100
Virginia Beach, VA 23454
(757) 668-4600

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Wick, Nancy, MD
Pro#: 10020922
Premier Pediatrics of Hampton Roads
200 Grayson Rd Ste 101
Virginia Beach, VA 23462
(757) 473-3200

Hospital Affiliations:
Chesapeake Regional Medical Center

Wiley, Kathleen, MD
Pro#: 10019908
PDC Pediatrics (CMG)
2021 Concert Dr Ste 202
Virginia Beach, VA 23456
(757) 453-6711

Hospital Affiliations:
Chesapeake Regional Medical Center

Warsel, Christopher J., MD
Pro#: 10186710
Partners In Pediatric Care
324 Louisa Ave Suite 118
Virginia Beach, VA 23454
(757) 333-7797

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Virginia Beach General Hospital

Young, Winfield A., MD
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Pediatrics of Kempsville, PC
1212 Lake James Dr Ste C
Virginia Beach, VA 23464
(757) 523-4589

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters

Warrenton

Amster, Michael S., MD
Pro#: 10035523
Warrenton Pediatrics, LLC (Michael Amster MD )
28 Blackwell Park Lane Ste 103
Warrenton, VA 20186
(540) 349-3225

Hospital Affiliations:
Fauquier Hospital

Bovee, Katherine A., MD
Pro#: 10095281
Piedmont Pediatrics, PLC
20 Rock Point Lane Suite 101
Warrenton, VA 20186
(540) 349-9900

Hospital Affiliations:
Fauquier Hospital

Chalmeta, Diana, MD
Pro#: 73223
Piedmont Pediatrics, PLC
28 Blackwell Park Lane Ste 101
Warrenton, VA 20186
(540) 349-9900

Hospital Affiliations:
Fauquier Hospital

Jakum, Joshua, MD
Pro#: 71984
Piedmont Pediatrics, PLC
20 Rock Point Lane Suite 101
Warrenton, VA 20186
(540) 349-9900

Hospital Affiliations:
Fauquier Hospital

Kemerer, Cheryl, MD
Pro#: 10122723
Warrenton Pediatrics, LLC (Michael Amster MD )
28 Blackwell Park Lane Suite 103
Warrenton, VA 20186
(540) 349-3225

Hospital Affiliations:
Fauquier Hospital

Ruston, Dennis, MD
Pro#: 42712
Piedmont Pediatrics, PLC
20 Rock Point Lane Suite 101
Warrenton, VA 20186
(540) 349-9900

Hospital Affiliations:
Fauquier Hospital
Primary Care Physicians - Tier 1

Waynesboro

Clark, Rachel, MD
Pro#: 10185948
Valley Pediatric Group, PLC
108 Community Drive
Waynesboro, VA 22980
(540) 949-0118

DeVries, Peter R., MD
Pro#: 10034447
Valley Pediatric Group, PLC
108 Community Drive
Waynesboro, VA 22980
(540) 949-0118

Fern, Robert J., MD
Pro#: 10008691
Valley Pediatric Group, PLC
108 Community Drive
Waynesboro, VA 22980
(540) 949-0118

Hostetter, Melissa, MD
Pro#: 54741
Valley Pediatric Group, PLC
108 Community Drive
Waynesboro, VA 22980
(540) 949-0118

Mumbauer, Steven Wayne, MD
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(540) 949-0118

Saunders, Kurtis Lamar, MD
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108 Community Drive
Waynesboro, VA 22980
(540) 949-0118

Hospital Affiliations:
Augusta Medical Center

Mares, Steven C., MD
Pro#: 78120
Sentara Pediatric Physicians (SMG)
4374 Town Ave Ste 202
Williamsburg, VA 23188
(757) 259-5118

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Ward, Christopher M, MD
Pro#: 42691
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Band, Sharon R, MD
Pro#: 96182
Riverside Medical Group
16 Delfeo Drive
Warsaw, VA 22972
(804) 333-1260

Hospital Affiliations:
Riverside Tappahannock Hospital

Dunn, Alison E., MD
Pro#: 90829
Riverside Medical Group
16 Delfeo Drive
Warsaw, VA 22972
(804) 333-1260

Hospital Affiliations:
Mary Washington Hospital (MWH)
Riverside Tappahannock Hospital
SOVAH Health - Danville

Gray, Maurice E., MD
Pro#: 78130
Sentara Pediatric Physicians (CMG)
119 Bulifants Blvd
Williamsburg, VA 23188
(757) 564-7337

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Duck, Leda B., MD
Pro#: 23215
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Dahmene, Mounira B., MD
Pro#: 10004816
Pediatric Associates of Winchester
1002-C Amherst St
Winchester, VA 22601
(540) 662-3853

Hospital Affiliations:
Winchester Medical Center

Damron Jr., Joseph M., MD
Pro#: 42693
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Danicic, Chad L., MD
Pro#: 19623
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Duck, Leda B., MD
Pro#: 23215
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Eisenberg, Dorothy B., MD
Pro#: 42694
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
(540) 667-1727

Hospital Affiliations:
Winchester Medical Center

Fitzsimmons, Daniel J., MD
Pro#: 10099684
Shenandoah Valley Medical System Inc.
1330 Amherst Street
Winchester, VA 22601
(540) 722-2369

Frielich, Vicki S., MD
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Pediatric Associates of Winchester
1002-C Amherst St
Winchester, VA 22601
(540) 662-3853

Hospital Affiliations:
Winchester Medical Center

Freilich, Vicki S., MD
Pro#: 60560
Pediatric Associates of Winchester
1002-C Amherst St
Winchester, VA 22601
(540) 662-3853

Hospital Affiliations:
Winchester Medical Center
Primary Care Physicians - Tier 1

Gawalt, Susan M., MD  
Prov#: 52503  
Pediatric Associates of Winchester  
1002-C Amherst St  
Winchester, VA 22601  
(540) 662-3853  
Hospital Affiliations:  
Winchester Medical Center

Koerner, Bryan A., MD  
Prov#: 19300  
Pediatric Associates of Winchester  
1002-C Amherst St  
Winchester, VA 22601  
(540) 662-3853  
Hospital Affiliations:  
Winchester Medical Center

Kornreich, Bryan A., MD  
Prov#: 10029935  
Winchester Pediatric Clinic  
190 Campus Blvd Ste 400  
Winchester, VA 22601  
(540) 667-1727  
Hospital Affiliations:  
Winchester Medical Center

Kumar, Krishnan S., MD  
Prov#: 10006900  
Greater Prince William Community Health Center  
4379 Ridgewood Center Drive Suite 102  
Woodbridge, VA 22192  
(703) 680-7950  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Labriola, Paula, MD  
Prov#: 10082552  
Woodbridge Pediatrics, LTD.  
1924 Opitz Boulevard  
Woodbridge, VA 22191  
(703) 494-0912  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Lundgren, Kathleen, MD  
Prov#: 10071591  
All Pediatrics  
1990 Old Bridge Rd Suite 101  
Woodbridge, VA 22192  
(703) 491-4131  
Hospital Affiliations:  
Inova Fairfax Hospital  
Sentara Northern Virginia Medical Center

Meza, Griselda M., MD  
Prov#: 20165744  
AAA Pediatrics  
2200 Opitz Blvd Suite 355  
Woodbridge, VA 22191  
(703) 580-6400  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Southammakosane, Cathy, MD  
Prov#: 10159136  
All Pediatrics  
1990 Old Bridge Rd Ste 101  
Woodbridge, VA 22192  
(703) 491-4131  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Sugasti, Oscar Fernando, MD  
Prov#: 10114755  
AAA Pediatrics  
2200 Opitz Boulevard Suite 355  
Woodbridge, VA 22191  
(703) 580-6400  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Touchette, Leonard L., MD  
Prov#: 10009312  
Potomac Pediatrics, P.C.  
2296 Opitz Blvd Suite 510  
Woodbridge, VA 22191  
(703) 730-5347  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Treent, Jocelyn D., MD  
Prov#: 10069407  
Jocelyn D. Trent, MD  
2296 Opitz Blvd Ste 403  
Woodbridge, VA 22191  
(703) 878-2233  
Hospital Affiliations:  
Inova Fairfax Hospital  
Potomac Valley Hospital

Vega, Frances M., MD  
Prov#: 10185140  
Woodbridge Pediatrics, LTD.  
1924 Opitz Boulevard  
Woodbridge, VA 22191  
(703) 494-1144  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Fenn, Bina, MD  
Prov#: 10094865  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Aney, Matthew, MD  
Prov#: 10094865  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Scott, James U., MD  
Prov#: 10152790  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Fenn, Bina, MD  
Prov#: 10065853  
Bina A. Fenn: County Pediatrics  
P.L.L.C  
6420 George Washington Memorial Hwy Suite B  
Wytheville, VA 24382  
(757) 969-6544  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Ortiz-Natoli, Elizabeth, MD  
Prov#: 10106456  
Helping Hands Pediatrics, LLC  
7907A George Washington Memorial Hwy  
Yorktown, VA 23692  
(757) 249-9620  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Woodstock

Ayeneh, Matthew, MD  
Prov#: 10094865  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Scott, James U., MD  
Prov#: 10152790  
Wythe Bland Pediatrics, Inc.  
300 West Ridge Road Site J  
Wytheville, VA 24382  
(276) 228-2405  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Fenn, Bina, MD  
Prov#: 10065853  
Bina A. Fenn: County Pediatrics  
P.L.L.C  
6420 George Washington Memorial Hwy Suite B  
Wytheville, VA 24382  
(757) 969-6544  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Ortiz-Natoli, Elizabeth, MD  
Prov#: 10106456  
Helping Hands Pediatrics, LLC  
7907A George Washington Memorial Hwy  
Yorktown, VA 23692  
(757) 249-9620  
Hospital Affiliations:  
Shenandoah Memorial Hospital

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<th>Name</th>
<th>Provider Number</th>
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<th>Phone</th>
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<td>Armengol, Carlos E., MD</td>
<td>52513</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Balaban, Lori W., MD</td>
<td>52387</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Bouber, Gemila, MD</td>
<td>10059783</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Brown, Alaina Marie, MD</td>
<td>10093190</td>
<td>Pediatric Associates of Charlottesville PLC</td>
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<td>Davis, Sheila F., MD</td>
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<td>Sentara Martha Jefferson Hospital</td>
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<td>Gillenwater, Jay Merritt, MD</td>
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<td>Hashisaki, Teresa H., MD</td>
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<td>Pediatric Associates of Charlottesville PLC</td>
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<td>Sentara Martha Jefferson Hospital</td>
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<td>Jones, Amanda P., MD</td>
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<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Knight, Sarah E., MD</td>
<td>10078272</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Malek, Amy M., MD</td>
<td>10206646</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Mika, Katherine D., MD</td>
<td>20028</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Perriello, L. Paige D., MD</td>
<td>10034291</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Szwedo, Marion M., MD</td>
<td>10127335</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Trundle, A. Robert, MD</td>
<td>75973</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Wisman Jr., Paul P., MD</td>
<td>42728</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Wolfe, Karyn E, MD</td>
<td>96629</td>
<td>Pediatric Associates of Charlottesville PLC</td>
<td>(540) 406-4100</td>
<td>Sentara Martha Jefferson Hospital</td>
</tr>
</tbody>
</table>
Primary Care Physicians - Tier 2

VA

Family Medicine

Bowling Green

Valdes-Dapena, Antonio, MD
Pro#: 10782
Mary Washington Med Grp-Family & Internal Med Bowling Green
Campus
121 Courthouse Lane
Bowling Green, VA 22427
(804) 633-5840

Bailey, Sr., Paul A., MD
Pro#: 10162941
MCV Associated Physicians (Family Practice)
9782 Highway Nine O Three
Bracey, VA 23919
(434) 636-6903

Hospital Affiliations:
VCU Community Memorial Hospital
VCU Health System/MCV

Chesterfield

Majhi, Shweta, MD
Pro#: 10115105
MCV Associated Physicians (Family Practice)
6433 Centralia Road
Chesterfield, VA 23832
(804) 425-3627

Hospital Affiliations:
VCU Health System/MCV

Fredericksburg

Guirguis, Ekram G., MD
Pro#: 10203165
Ladysmith Medical Center
10620 Spotsylvania Avenue
Fredericksburg, VA 22408
(540) 710-1086
4535 Spotsylvania Parkway
Fredericksburg, VA 22408
(540) 604-5186

Hospital Affiliations:
Mary Washington Hospital (MWH)
VCU Health System/MCV

Richmond

Armstead, Scott, MD
Pro#: 10145500
MCV Associated Physicians (Family Practice)
4730 N Southside Plaza
Richmond, VA 23224
(804) 230-7777

Hospital Affiliations:
VCU Health System/MCV

Bradner, Melissa K, MD
Pro#: 99746
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Crossman, Steven H., MD
Pro#: 10021658
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Henry, Nelson K., MD
Pro#: 10103078
Reese Medical Associates
10620 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 710-1086

Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

Lemon, Latrina C., MD
Pro#: 10153822
MCV Associated Physicians (Family Practice)
9000 Stony Point Parkway
Richmond, VA 23235
(804) 560-8900

Hospital Affiliations:
Sentara Obici Hospital
University of Virginia Medical Center
VCU Health System/MCV

Lutterbie, Mark A, MD
Pro#: 10109532
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV (VCVH)

Majhi, Shweta, MD
Pro#: 10115105
MCV Associated Physicians (Family Practice)
4730 N Southside Plaza
Richmond, VA 23224
(804) 230-7777

Hospital Affiliations:
VCU Health System/MCV

Mantzouris, Tammy J., MD
Pro#: 10209308
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23219
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Marchal, Matthew, MD
Pro#: 90040
MCV Associated Physicians (Family Practice)
2530 A Gaskins Road
Richmond, VA 23233
(804) 290-0593

Hospital Affiliations:
VCU Health System/MCV

Neuhausen, Katherine L., MD
Pro#: 10120032
MCV Associated Physicians (Family Practice)
4730 N Southside Plaza
Richmond, VA 23224
(804) 230-7777

Hospital Affiliations:
VCU Health System/MCV

Peel, Carolyn A., MD
Pro#: 13222
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Pierz, Michael, MD
Pro#: 10129238
MCV Associated Physicians (Family Practice)
2530 A Gaskins Road
Richmond, VA 23235
(804) 290-0593

Hospital Affiliations:
VCU Health System/MCV

Rothemich, Stephen F., MD
Pro#: 13224
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Ryan, Mark H., MD
Pro#: 10063801
MCV Associated Physicians (Family Practice)
4730 N Southside Plaza
Richmond, VA 23224
(804) 230-7777

Hospital Affiliations:
VCU Health System/MCV

Tuukanov, Jessica M., DO
Pro#: 10153826
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23224
(804) 828-5399

Hospital Affiliations:
VCU Health System/MCV

Whitehurst-Cook, Michelle, MD
Pro#: 13228
MCV Associated Physicians (Family Practice)
401 N 11th Street
Richmond, VA 23298
(804) 828-5883

Hospital Affiliations:
VCU Health System/MCV

Ruther Glen

Delney, Joyce A., MD
Pro#: 98696
Ladysmith Medical Center
8051 Prosperity Way Suite 100
Ruther Glen, VA 22546
(804) 448-0198

Guirguis, Ekram G., MD
Pro#: 10203165
Ladysmith Medical Center
8051 Prosperity Way Suite 100
Ruther Glen, VA 22546
(804) 448-0198

Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

Optima Direct Network Providers 9/2019
### Primary Care Physicians - Tier 2

<table>
<thead>
<tr>
<th>Provider</th>
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</table>
| **Woodford, Daniel, MD**<br>Pro#: 13107<br>MVC Associated Physicians (Geriatrics)<br>2116 W Laburnum Ave<br>Richmond, VA 23227<br>(804) 254-3500 | Hospital Affiliations:  
VCU Health System/MCV  
Stafford Hospital Center  
Mary Washington Hospital (MWH)  
Hospital Affiliations:  
MCV Associated Physicians (Internal Medicine)  
417 N 11th St<br>Richmond, VA 23298<br>(804) 828-9357 |
| **Ellis, Lisa L., MD**<br>Pro#: 10039503<br>MVC Associated Physicians (Internal Medicine)<br>6433 Centralia Road<br>Richmond, VA 23232<br>(804) 425-3627 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Bergman, Carl J., MD**<br>Pro#: 10203473<br>MVC Associated Physicians (Internal Medicine)<br>417 N 11th St<br>Richmond, VA 23298<br>(804) 828-8786 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Bishop, Steven, MD**<br>Pro#: 10109539<br>MVC Associated Physicians (Internal Medicine)<br>2104 W Laburnum Ave<br>Richmond, VA 23227<br>(804) 354-8108 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Habib, Saima Z., MD**<br>Pro#: 10086881<br>MVC Associated Physicians (Geriatrics)<br>2116 W Laburnum Ave<br>Richmond, VA 23227<br>(804) 254-3500 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Witte, Darren S., MD**<br>Pro#: 10102711<br>MVC Associated Physicians (Internal Medicine)<br>6433 Centralia Road<br>Richmond, VA 23232<br>(804) 425-3627 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Cho, Kathie H., MD**<br>Pro#: 69631<br>MVC-The Park at Stony Point<br>Richmond, VA 23235<br>(804) 560-8950 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Hobgood, Sarah, MD**<br>Pro#: 10046362<br>MVC Associated Physicians (Family Practice)<br>2116 West Laburnum Avenue<br>Richmond, VA 23227<br>(804) 254-3500 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Hossain, Nasiffa, MD**<br>Pro#: 10112743<br>MVC Associated Physicians (Geriatrics)<br>2116 West Laburnum Avenue<br>Richmond, VA 23227<br>(804) 254-3500 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Huyhn, Christine, MD**<br>Pro#: 10103675<br>MVC Associated Physicians (Internal Medicine)<br>1300 E Marshall Street<br>Richmond, VA 23235<br>(804) 828-0381 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
| **Koehn, Deborah, MD**<br>Pro#: 10103675<br>MVC Associated Physicians (Internal Medicine)<br>147 N 11th St<br>Richmond, VA 23298<br>(804) 828-9357 | Hospital Affiliations:  
VCU Health System/MCV  
Hospital Affiliations:  
MCH Associated Physicians (Internal Medicine)  
9000 Stony Point Pky<br>Richmond, VA 23235<br>(804) 560-8950 |
Ryan, Michael S., MD  
Pro#: 10048530  
MCV Associated Physicians  
(Pediatrics)  
1250 E Marshall St  
Richmond, VA 23298  
(804) 828-3744  

Hospital Affiliations:  
VCU Health System/MCV

Schefft, Matthew R., DO  
Pro#: 10171267  
MCV Associated Physicians  
(Pediatrics)  
1250 E Marshall Street  
Richmond, VA 23298  
(804) 828-4079  

Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
VCU Health System/MCV

Somers, Kara E., MD  
Pro#: 10206101  
MCV Associated Physicians  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2647  

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
VCU Health System/MCV

Tyrrell, Laura J., MD  
Pro#: 10206104  
MCV Associated Physicians  
(Pediatrics)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  

Hospital Affiliations:  
VCU Health System/MCV

Williams, Ronald, MD  
Pro#: 10160196  
Children's Hospital of Richmond of the VCU Health System  
2924 Brook Road  
Richmond, VA 23220  
(804) 321-7474  

Hospital Affiliations:  
VCU Health System/MCV

Young, Allison M., MD  
Pro#: 10207275  
MCV Associated Physicians  
(Pediatrics)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  

Hospital Affiliations:  
VCU Health System/MCV

Rherentozzi, Daniel P., MD  
Pro#: 10024118  
Quantum Physicians  
8051 Prosperity Way Suite 100  
Ruther Glen, VA 22546  
(804) 448-0198  

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center
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Abingdon

Bevins, Rachel E, MD
Pro#: 10169207
Blue Ridge Medical Management Corporation (MSMG OBGYN)
277 White Street
Abingdon, VA 24210
(276) 628-4335
Hospital Affiliations
Johnston Memorial Hospital

Cook, Lawrence S., DO
Pro#: 10155425
Abingdon Obstetrics and Gynecology
277 White St
Abingdon, VA 24210
(276) 628-4335
Hospital Affiliations
Johnston Memorial Hospital Wythe County Community Hospital

Denti, Matthew J., DO
Pro#: 10183077
Blue Ridge Medical Management Corporation (MSMG OBGYN)
16000 Johnston Memorial Dr Suite 200
Abingdon, VA 24210
(276) 628-4335
Hospital Affiliations
Johnston Memorial Hospital

Abingdon OBGYN

277 White Street
Abingdon, VA 24210
(276) 628-4335

Hospital Affiliations
Johnston Memorial Hospital

Cold Spring OBGYN

277 White Street
Abingdon, VA 24210
(276) 628-4335

Hospital Affiliations
Johnston Memorial Hospital

Abingdon Healthcare For Women

277 White Street
Suite 212
Abingdon, VA 24210
(276) 628-4335

Hospital Affiliations
Johnston Memorial Hospital

Virginia Hospital Center - Arlington

Arlington

Crowther, Mary E., MD
Pro#: 10077343
Arlington Women's Center PLLC
1625 N George Mason Drive Suite 325
Arlington, VA 22205
(703) 717-4600

Hospital Affiliations
Virginia Hospital Center - Arlington

Owen, Lynsey C., MD
Pro#: 10156742
Arlington Women's Center PLLC
1625 N George Mason Drive Suite 325
Arlington, VA 22205
(703) 717-4600

Hospital Affiliations
Virginia Hospital Center - Arlington

Rambhala, Lalitha S., MD
Pro#: 10058797
Neighborhood Health
2445 Army Navy Drive 3rd Floor
Arlington, VA 22206
(703) 535-5568

Hospital Affiliations
Inova Alexandria Hospital

Rohn, Amanda, MD
Pro#: 10140448
Arlington Women's Center PLLC
1625 N George Mason Drive Suite 325
Arlington, VA 22205
(703) 717-4600

Hospital Affiliations
Virginia Hospital Center - Arlington

Rossi, Gustavo A., MD
Pro#: 10114347
Arlington Women's Center PLLC
1625 N George Mason Drive Suite 325
Arlington, VA 22205
(703) 717-4600

Hospital Affiliations
Virginia Hospital Center - Arlington

Bedford

Assent, Brian, MD
Pro#: 10209406
Lynchburg Women's and Pediatric Health Services
582 Blue Ridge Ave
Bedford, VA 24523
(540) 425-7910

Hospital Affiliations
Bedford Memorial Hospital Carilion Roanoke Memorial Hospital

Baker, William F., MD
Pro#: 10060363
Centra Medical Group Women's Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

600 Bedford Ave
Bedford, VA 24523

Hospital Affiliations
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Cook, William, MD
Pro#: 101182605
Centra Medical Group Women's Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Kidd, Kristi, MD
Pro#: 10060367
Centra Medical Group Women's Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Marraccini, Christine, MD
Pro#: 10060342
Centra Medical Group Women's Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

600 Bedford Ave
Bedford, VA 24523

Hospital Affiliations
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

McLaren, Barbara, MD
Pro#: 10031425
OB/GYN of Bedford
1615 Oakwood Street Ste D
Bedford, VA 24523
(540) 586-6818

Mclennan, Lee Arthur, MD
Pro#: 10199852
Central Medical Group Women's Center
1615 Oakwood Street
Bedford, VA 24523
(540) 586-7273

Optima Direct Network Providers 9/2019

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OB/GYN Physicians - Tier 1

Neiman, Wade A, MD
Pro#: 10059571
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Phemister, David, MD
Pro#: 10060330
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Neiman, Wade A, MD
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Plemister, David, MD
Pro#:
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Robertson, Michael S., MD
Pro#
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Schindler, Lynnette, MD
Pro#
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Vanderburgh, Elizabeth A., MD
Pro#
Centra Medical Group Women's Center
600 Bedford Ave
Bedford, VA 24523
(434) 925-8948

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Barryville

Justice, Michele D., MD
Pro#
University of Virginia Physicians Group
100 West Main St
Berryville, VA 22611
(540) 722-8172

Hospital Affiliations
University of Virginia Medical Center

Big Island

Uray, Maria S., MD
Pro#
Big Island Family Medical Center
10961 Lee Jackson Hwy
Big Island, VA 24526
(434) 299-5951

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blacksburg

Abrams, Margarita, MD
Pro#
Southwest Virginia, LLC
825 Davis Street Ste C
Blacksburg, VA 24060
(540) 605-7566

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Campbell, Sanam E, MD
Pro#
New River Women's Health
3708 South Main Street Suite D
Blacksburg, VA 24060
(540) 605-7566

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Champion, Carrie L, DO
Pro#
Lewis-Gale Physicians, LLC
826 Davis Street
Blacksburg, VA 24060
(540) 443-0500

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Devlin, Jill, DO
Pro#
Carilion Healthcare Corporation
901 Plantation Rd Suite 3
Blacksburg, VA 24060
(540) 951-7880

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Falls, Randall K., MD
Pro#
Planned Parenthood Health Systems Inc
700 J North Main Street
Blacksburg, VA 24060
(540) 951-7009

Hospital Affiliations
Carilion Giles Community Hospital

Freundel, Roseann J., DO
Pro#
Carilion Healthcare Corporation
977 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058

Hospital Affiliations
Carilion New River Valley Medical Center
Norton Community Hospital

Heineck, Robert Jason, MD
Pro#
Carilion Healthcare Corporation
977 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058

Hospital Affiliations
Carilion New River Valley Medical Center

Holmes, Derek R, DO
Pro#
Carilion Healthcare Corporation
977 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Howell, Tamera L., MD
Pro#
Carilion OB/GYN Associates
977 S Main Street Ste 704
Blacksburg, VA 24060
(540) 961-1058

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Hashemi, Neda, MD
Pro#
Centra Lynchburg General Hospital
Big Island, VA 24526
10961 Lee Jackson Hwy
Big Island Family Medical Center

Simcox, Kimberly Palmer, DO
Pro#
Carilion Healthcare Corporation
901 Plantation Road Suite 3
Blacksburg, VA 24060
(540) 951-7880

Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Zolovick, George T., MD
Pro#
Lewis-Gale Physicians, LLC
826 Davis Street
Blacksburg, VA 24060
(540) 443-0500

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Bon Air

Alexander, Alynn, MD
Pro#
Manchester OB/Gyn
1401 Johnston Willis Drive Suite 5000
Blacksburg, VA 24060
(804) 267-6931

Hospital Affiliations
Chippewa Medical Center/Johnston-Willis Hospital

Carrolton

Adkins, William, MD
Pro#
Bayview Physician Services, PC
20209 Sentara Way
Carrolton, VA 23314
(757) 539-0251

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Demkowski, Henry, MD
Pro#
Bayview Physician Services, PC
20209 Sentara Way
Carrolton, VA 23314
(757) 539-0251

Hospital Affiliations
Montgomery Regional Hospital/LeviS/Gale Montgomery

Hashemi, Neda, MD
Pro#
Centreille OB/GYN
1701 Lee Highway Suite 303
Centreville, VA 20121
(703) 830-4388

Hospital Affiliations
Reston Hospital Center

Centreville
OB/GYN Physicians - Tier 1

Merriman, Samar, MD  
Prov#: 10175905  
Centre OB/GYN  
14701 Lee Highway Suite 303  
Centreville, VA 20121  
(703) 830-4388  

Hospital Affiliations  
Reston Hospital Center

Charlottesville

Arnold, Michael L., MD  
Prov#: 52506  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 924-1955  

Barron, Kenneth I., MD  
Prov#: 10168780  
University of Virginia Physicians  
1221 Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-1955  
2955 Ivy Road Ste 304  
Charlottesville, VA 22908  
(434) 243-4570  
545 Ray C Hunt Drive 3rd Floor  
Charlottesville, VA 22903  
(434) 243-5766  
545 Ray C Hunt Drive Suite 350  
Charlottesville, VA 22903  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Boyle, Annelee C., MD  
Prov#: 10132032  
University of Virginia Physicians  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 243-5500  

Culver, James M, MD  
Prov#: 66601  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 977-4488

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Day, Leah D., MD  
Prov#: 10189276  
University of Virginia Physicians  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-2500  
1204 W Main Street Floor 3  
Charlottesville, VA 22908  
(434) 924-2500  
1221 Lee Street Floor 3  
Charlottesville, VA 22908  
(434) 924-1955  

Falls, Randall K., MD  
Prov#: 10029377  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 243-5500  
1221 Lee Street  
Charlottesville, VA 22908  
(434) 924-2500  
Lee Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-1955  

Hospital Affiliations  
University of Virginia Medical Center

Montgomery, Matthew T., MD  
Prov#: 52508  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 977-4488

Hospital Affiliations  
Sentara Martha Jefferson Hospital

 Gregg-Kamath, Vanessa H., MD  
Prov#: 10020391  
University of Virginia Physicians Group  
600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 924-1955  

Hospital Affiliations  
University of Virginia Medical Center

Kightlinger, Rebecca S, DO  
Prov#: 76112  
UVA Northridge  
2955 Ivy Rd Ste 304 (OB/GYN)  
Charlottesville, VA 22903  
(434) 243-4570  

Hospital Affiliations  
University of Virginia Medical Center

Kilfoil, Brooke, MO  
Prov#: 10112321  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway # 290  
Charlottesville, VA 22911  
(434) 977-4488  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Klavans, Meghan E, MD  
Prov#: 10183564  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22903  
(434) 924-2500  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1955  
2955 Ivy Road Ste 304  
Charlottesville, VA 22903  
(434) 243-4570  

Latimer, Katherine A., MD  
Prov#: 10168910  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-2500  
1221 Lee Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-1955  
2955 Ivy Road Suite 304  
Charlottesville, VA 22903  
(434) 243-4570  

Levit, Mikhail Michael, MD  
Prov#: 10037618  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-2500  
1101 East Jefferson Street Ste 4  
Charlottesville, VA 22911  
(434) 296-6461  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Hullfish, Kathie L., MD  
Prov#: 25547  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway # 290  
Charlottesville, VA 22911  
(434) 977-4488  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Kelly, Gwendolyn V., MD  
Prov#: 57917  
University of Virginia Physicians Group  
600 Peter Jefferson Place Suite 200  
Charlottesville, VA 22911  
(434) 296-6461  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Koenig, Rachel, MD  
Prov#: 10168416  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Suite 290  
Charlottesville, VA 22911  
(434) 977-4488  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Klaveans, Meghan E, MD  
Prov#: 10183564  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22903  
(434) 924-2500  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1955  
2955 Ivy Road Ste 304  
Charlottesville, VA 22903  
(434) 243-4570  

Latimer, Katherine A., MD  
Prov#: 10168910  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-2500  
1221 Lee Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-1955  
2955 Ivy Road Suite 304  
Charlottesville, VA 22903  
(434) 243-4570  

Levit, Mikhail Michael, MD  
Prov#: 10037618  
University of Virginia Physicians Group  
1204 W Main Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-2500  
1101 East Jefferson Street Ste 4  
Charlottesville, VA 22911  
(434) 296-6461  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Mays, Mary, MD  
Prov#: 10200219  
Siva Thagarajah, MD  
1101 East Jefferson Street Ste 4  
Charlottesville, VA 22902  
(434) 977-2121  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Mays, Mary, MD  
Prov#: 10200219  
Siva Thagarajah, MD  
1101 East Jefferson Street Ste 4  
Charlottesville, VA 22902  
(434) 977-2121  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Montgomery, Matthew T., MD  
Prov#: 52508  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 977-4488  

Hospital Affiliations  
Sentara Martha Jefferson Hospital

Fitzhugh, William G., MD  
Prov#: 37298  
William G. Fitzhugh MD PC  
2321 Commonwealth Drive  
Charlottesville, VA 22901  
(434) 973-4881  

Hospital Affiliations  
Chippewa Medical Center/ 
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Johnston Memorial Hospital  
VCU Health System/MCV  
VCU Health System/MCV Hospital - North  
VCU Health System/MCV Hospital - West
OB/GYN Physicians - Tier 1

Nunley, Jr., Wallace C., MD
Providence#: 10037897
UVA Northridge
2955 Ivy Rd Ste 304
Charlottesville, VA 22903
(434) 243-2743
Hospital Affiliations
University of Virginia Medical Center

Owens, Kelly A., MD
Providence#: 39496
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway Ste 290
Charlottesville, VA 22911
(434) 977-4488

Pinkerton, JoAnn V., MD
Providence#: 48260
The Midlife Center
2955 Ivy Rd Ste 104 UVA Northridge
Charlottesville, VA 22903
(434) 243-4720

Porter, Dana M, MD
Providence#: 10148741
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
Northridge 2955 Ivy Road Ste 304
Charlottesville, VA 22903
(434) 243-4570

Rosychi, Diane W., MD
Providence#: 10105022
University of Virginia Physicians Group
2955 Ivy Road Ste 210
Charlottesville, VA 22903
(434) 243-4646
Hospital Affiliations
University of Virginia Medical Center

Rindos, Michelle, MD
Providence#: 35823
UVA Northridge
2955 Ivy Rd Ste 304 (OB/GYN)
Charlottesville, VA 22903
(434) 243-4570

Rindest, Dana L, MD
Providence#: 10078670
UVA Primary Care Center 3rd Floor
Lee St 3rd Fl UVA Hospital
Charlottesville, VA 22908
(434) 243-4720
Hospital Affiliations
University of Virginia Medical Center

Ring, Kari L., MD
Providence#: 10021103
University of Virginia Physicians Group
Lee Street 3rd Floor UVA Hospital
Charlottesville, VA 22903
(434) 924-2105
Hospital affiliations
University of Virginia Medical Center

Rosychi, Diane W., MD
Providence#: 10105022
University of Virginia Physicians Group
2955 Ivy Road Ste 210
Charlottesville, VA 22903
(434) 243-4646
Hospital Affiliations
University of Virginia Medical Center

Sabir, Sasha Z, MD
Providence#: 10206696
Siva Thiagaranjaj, MD
1101 East Jefferson Street Ste 4
Charlottesville, VA 22902
(434) 979-2121
Hospital Affiliations
University of Virginia Medical Center

Scott, Chantal D, MD
Providence#: 10168747
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
1221 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
2955 Ivy Road Suite 304
Charlottesville, VA 22903
(434) 243-4570
Hospital Affiliations
University of Virginia Medical Center

Sopata, Carrie E., MD
Providence#: 10078673
UVA Northridge
2955 Ivy Rd Ste 304 (OB/GYN)
Charlottesville, VA 22903
(434) 243-4570
Hospital Affiliations
University of Virginia Medical Center

Stovall, Dale W., MD
Providence#: 10023012
UVA Health Services Foundation Primary Care Cir Lee St 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
Hospital Affiliations
University of Virginia Medical Center

Trowbridge, Elisa R., MD
Providence#: 10021103
University of Virginia Physicians Group
Lee Street 3rd Floor UVA Hospital
Charlottesville, VA 22903
(434) 924-2105
Hospital Affiliations
University of Virginia Medical Center

Wambhoff, Christy, MD
Providence#: 10033850
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway # 290
Charlottesville, VA 22911
(434) 977-4488
Hospital Affiliations
Sentara Martha Jefferson Hospital

Wilson, Carolyn S., MD
Providence#: 10069078
University of Virginia Physicians Group
2955 Ivy Road Ste 104
Charlottesville, VA 22903
(434) 243-4720
Hospital Affiliations
University of Virginia Medical Center

Ferebee, Angela, MD
Providence#: 10148747
Greenbrier Obstetrics & Gynecology, PC
713 Volvo Pkwy Ste 200
Chesapeake, VA 23320
(757) 547-4500
Hospital Affiliations
Chesapeake Regional Medical Center

Fernandez, Martha T., MD
Providence#: 140148246
The Group for Women (MAWC)
300 Medical Pkwy Ste 308
Chesapeake, VA 23320
(757) 466-6350
Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Geary, Candice, MD
Providence#: 16954011
TotalCare for Women, PLC (MAWC)
607 Kingsborough Square Suite 200
Chesapeake, VA 23320
(757) 436-0167
Hospital Affiliations
Chesapeake Regional Medical Center

Grimes, Michael, MD
Providence#: 10035967
Khadijah Jordan, MD, PC
111 Medical Parkway Ste 202
Chesapeake, VA 23320
(757) 436-2424
Hospital Affiliations
Chesapeake Regional Medical Center

Hardy, Timothy J., MD
Providence#: 34001
Atlantic Obstetrics & Gynecology
680 C Kingsborough Square
Chesapeake, VA 23320
(757) 547-0044
Hospital Affiliations
Chesapeake Regional Medical Center

Hollander, Caryn, MD
Providence#: 10161949
Greenbrier Obstetrics & Gynecology, PC
713 Volvo Pkwy Ste 200
Chesapeake, VA 23320
(757) 547-4500
Hospital Affiliations
Chesapeake Regional Medical Center

Jordan, Khadijah Y., MD
Providence#: 24104
Khadijah Jordan, MD, PC
111 Medical Parkway Ste 202
Chesapeake, VA 23320
(757) 436-2424
Hospital Affiliations
Chesapeake Regional Medical Center
OB/GYN Physicians - Tier 1

Matthews, Janet, DO
- Prov#: 10097725
- Hampton Roads Ob/Gyn Center
- 4057 Taylor Road Suite R
- Chesapeake, VA 23321
- (757) 889-6830
- Hospital Affiliations
  - Bon Secours DePaul Medical Center Inc

Powers, Steven B., MD
- Prov#: 14039
- TotalCare for Women, PLC
- 667 Kingsborough Square Suite 200
- Chesapeake, VA 23320
- (757) 436-0167
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Kemp, Peter, MD
- Prov#: 34021
- Chesapeake Women’s Care (MAWC)
- 300 Medical Pkwy Ste 200
- Chesapeake, VA 23320
- (757) 548-3880
- Hospital Affiliations
  - Chesapeake Regional Medical Center
  - Sentara Leigh Hospital
  - Sentara Norfolk General Hospital

Keverline, Sharon R., MD
- Prov#: 1020869
- Greenbrier Obstetrics & Gynecology, PC
- 713 Volvo Pkwy Ste 200
- Chesapeake, VA 23320
- (757) 547-4500
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Khan, Rebecca T, MD
- Prov#: 71468
- Bayview Physician Services, PC
- 3802 Poplar Hill Rd Suite C
- Chesapeake, VA 23321
- (757) 673-8383
- Hospital Affiliations
  - Bon Secours Maryview Medical Center

Laureta, Lenny, DO
- Prov#: 10189806
- Virginian Center for Women (MAWC)
- 1301 Madison Plaza Suite 201
- Chesapeake, VA 23320
- (757) 547-2322
- Hospital Affiliations
  - Bon Secours Maryview Medical Center

Lee, Rachel, MD
- Prov#: 10010395
- Bayview Physician Services, PC
- 3802 Poplar Hill Rd Suite C
- Chesapeake, VA 23321
- (757) 673-8383
- Hospital Affiliations
  - Bon Secours Maryview Medical Center

Lindner, Paul L, MD
- Prov#: 92374
- TotalCare for Women, PLC (MAWC)
- 667 Kingsborough Square Suite 200
- Chesapeake, VA 23320
- (757) 436-0167
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Mathison-Ezieme, Linda, MD
- Prov#: 10014791
- Virginian Center for Women (MAWC)
- 1101 Madison Plaza Suite 201
- Chesapeake, VA 23320
- (757) 547-2322
- 736 Battlefield Blvd N
- Chesapeake, VA 23320
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Whitshed, Matthew L., MD
- Prov#: 14004
- Greenbrier Obstetrics & Gynecology, PC
- 713 Volvo Pkwy Ste 200
- Chesapeake, VA 23320
- (757) 547-4500
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Williams, Fred, MD
- Prov#: 10010605
- Chesapeake Regional Medical Group (CRMG)
- 113 Gainsborough Square Suite 201
- Chesapeake, VA 23320
- (757) 842-4620
- 736 Battlefield Blvd North
- Chesapeake, VA 23320
- (757) 842-4621
- Hospital Affiliations
  - Chesapeake Regional Medical Center

Brown, Linda, MD
- Prov#: 10000772
- Manchester OB-Gyn
- Chester Women’s Health 12220 Ironbridge Rd Ste A
- Chester, VA 23831
- (804) 706-5827
- Hospital Affiliations
  - Bon Secours Memorial Regional Medical Center
  - Bon Secours Richmond Community Hospital
  - Centra Southside Community Hospital
  - Chippenham Medical Center/Johnston-Willis Hospital
  - Henrico Doctors’ Hospital - Forest Campus
  - VCU Health System/VCU

Lucas, Jerry, MD
- Prov#: 10171936
- Manchester OB-Gyn
- 12220 Ironbridge Road Suite A
- Chester, VA 23831
- (804) 231-9691
- Hospital Affiliations
  - Bon Secours Memorial Regional Medical Center
  - Chippenham Medical Center/Johnston-Willis Hospital
  - Henrico Doctors’ Hospital - Forest Campus
  - VCU Health System/VCU

Christiansburg

Colby, John Christopher, MD
- Prov#: 10153509
- John Christopher Colby MD PC
- 2900 Lamb Circle Suite 330
- Christiansburg, VA 24073
- (540) 639-3540
- Hospital Affiliations
  - Carilion New River Valley Medical Center

Optima Direct Network Providers 9/2019 191
OB/GYN Physicians - Tier 1

Devlin, Jill, DO
Provs#: 10129668
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
(540) 731-4578

Hospital Affiliations
Carilion New River Valley Medical Center
Norton Community Hospital

Freundel, Roseann J., DO
Provs#: 10203156
Carilion Healthcare Corporation
2900 Lamb Circle Suite 202
Christiansburg, VA 24073
(540) 731-4578

Hospital Affiliations
Carilion New River Valley Medical Center

Heineck, Robert Jason, MD
Provs#: 10095826
Carilion Healthcare Corporation
2900 Lamb Circle
Christiansburg, VA 24073
(540) 731-4578
(540) 731-2000
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
Provs#: 10171726
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Howell, Tamera L., MD
Provs#: 10013716
Carilion OB/GYN Associates
2900 Lamb Circle Ste 202
Christiansburg, VA 24073
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD
Provs#: 10082254
Carilion Healthcare Corporation
2900 Lamb Circle Suite 202
Christiansburg, VA 24073
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Morrow, Linda C., MD
Provs#: 10120879
Community Health Center of the New River Valley
215 Roanoke Street
Christiansburg, VA 24073
(540) 381-0820

Hospital Affiliations
Carilion Giles Community Hospital

Roberts, David Joseph, MD
Provs#: 10193696
Community Health Center of the New River Valley
215 Roanoke Street
Christiansburg, VA 24073
(540) 381-0820

Hospital Affiliations
Carilion Giles Community Hospital

Simcox, Kimberly Palmer, DO
Provs#: 10108736
Carilion Healthcare Corporation
2900 Lamb Circle
Christiansburg, VA 24073
(540) 731-2000
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Memorial Hospital
Carilion Roanoke Memorial Hospital

Bulpin, Taras, MD
Provs#: 10122464
Community Health Center of the New River Valley
215 Roanoke Street
Christiansburg, VA 24073
(540) 381-0820

Hospital Affiliations
Carilion Giles Community Hospital

Santosh, Padmini, MD
Provs#: 58207
Virginia Physicians for Women, Ltd.
280 Charles Dimmock Pkwy #4
Colonial Heights, VA 23834
(804) 520-0205

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Smith, III, Charles W., MD
Provs#: 48269
Riverview Physicians for Women
439 Jennick Drive
Colonial Heights, VA 23834
(804) 524-0890

Hospital Affiliations
University of Virginia Medical Center

Ferguson, James Edward, MD
Provs#: 10047809
UVa Primary Care Center 3rd Floor
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
UVa Culpeper Hospital

Godfrey, Peter E., MD
Provs#: 10190862
WellSpring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations
Riverview Physicians for Women

Jackson, Andrea M., MD
Provs#: 10159520
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Jones, Arthur, DO
Provs#: 10168053
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Justice, Michele D., MD
Provs#: 10150717
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
UVA Primary Care Center

Murphy, Jessica Elizabeth, MD
Provs#: 10168912
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Culpeper

Callender, Ealena S., MD
Provs#: 10174636
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
Bon Secours Maryview Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Novant Health UVA Health System

Denti, Matthew J., DO
Provs#: 10155180
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
Johnston Memorial Hospital
University of Virginia Medical Center

DeRoo, Alta J., MD
Provs#: 10159520
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Yost, Charles A., MD
Provs#: 10159520
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Carilion Giles Community Hospital
Shenandoah Memorial Hospital

Chippensham Medical Center/Johnston-Willis Hospital
Novant Health UVA Health System

James S. Weston, MD, PC
Provs#: 50253
James S. Weston, MD, PC
930 South Ave
Christiansburg, VA 24073
(540) 639-2037

Hospital Affiliations
Carilion New River Valley Medical Center

Shenandoah Memorial Hospital

James S. Weston, MD, PC
Provs#: 58207
Virginia Physicians for Women
439 Jennick Drive
Colonial Heights, VA 23834
(804) 524-0890

Hospital Affiliations
University of Virginia Medical Center

Colonial Heights

Diaz, Sumac D, MD
Provs#: 92090
Complete Care Center for Women (John Randolph OB/GYN, LLC)
930 South Ave
Colonial Heights, VA 23834
(804) 320-4967

Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

DeRoo, Alta J., MD
Provs#: 10159520
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Dent, Matthew J., DO
Provs#: 10155180
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
Johnston Memorial Hospital
University of Virginia Medical Center

Davis, Christopher A., MD
Provs#: 10156568
Manchester OB/Gyn
930 South Ave
Colonial Heights, VA 23834
(804) 320-4967

Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

Moseley, Christopher A., MD
Provs#: 48188
Riverview Physicians for Women
439 Jennick Drive
Colonial Heights, VA 23834
(804) 524-0890

Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

Moschler, Jr, Edward Franklin, MD
Provs#: 10131012
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Medical Center

Murphy, Jessica Elizabeth, MD
Provs#: 10168912
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
University of Virginia Physicians Group

Morgan, Jessica L., MD
Provs#: 10120879
Community Health Center of the New River Valley
215 Roanoke Street
Christiansburg, VA 24073
(540) 381-0820

Hospital Affiliations
VCU Health System/MCV

Optima Direct Network Providers 9/2019
OB/GYN Physicians - Tier 1

Rana, Ghias A., MD
Prov#: 10150337
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100

Hospital Affiliations
Centra Southside Community Hospital
University of Virginia Medical Center

Stock, Kevin D., MD
Prov#: 10175279
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
Van Culinpe Hospital
University of Virginia Medical Center

Wick, Donna C., MD
Prov#: 10168400
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Leigh Hospital
Sentara Norfolk General Hospital
University of Virginia Medical Center

Wilbanks, Peter T., MD
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Wellspring Health Services
15237 Creativity Drive
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Hospital Affiliations
Bon Secours St. Marys Hospital
Hendriks Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
UVA Culpeper Hospital

Zeligs, Kristen P., MD
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University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
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Hospital Affiliations
Centra Southside Community Hospital
University of Virginia Medical Center

Daleville

Agee, Robert Lee, MD
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CARILION MEDICAL CENTER
150 Market Ridge Ln
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(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Altizer, Melanie Dawn, MD
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CARILION MEDICAL CENTER
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Hospital Affiliations
Montgomery Regional Hospital of LewisGale/Montgomery

Canella, Christinne D., MD
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CARILION MEDICAL CENTER
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Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Clinic Home Care
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Hospital Affiliations
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Hospital Affiliations
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Carilion Roanoke Memorial Hospital

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Carilion Clinic Home Care
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Hospital Affiliations
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Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Clinic Home Care
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Carilion Roanoke Memorial Hospital

Danville

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Hospital Affiliations
SOVA Health - Danville

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Hospital Affiliations
SOVA Health - Danville

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Dublin

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Dublin, VA 24084
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Hospital Affiliations
Carilion Giles Community Hospital
Shenandoah Memorial Hospital

Dulles

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Pod A
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Dumfries

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Dumfries, VA 22026
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Hospital Affiliations
Sentara Northern Virginia Medical Center

Emporia

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(804) 765-5206

Farmville

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Emporia, VA 23847
(804) 765-5206

Hospital Affiliations
Southside Regional Medical Center

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Fauquier Hospital

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Hospital Affiliations
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Hospital Affiliations
Inova Fair Oaks Hospital

Fishersville

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Hospital Affiliations
Augusta Medical Center

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Hospital Affiliations
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Hospital Affiliations
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Mary Washington Hospital (MWH)
Reston Hospital Center

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Hospital Affiliations
Centra Southside Community Hospital
University of Virginia Medical Center

Mary Washington Hospital (MWH)
Reston Hospital Center

Stafford Hospital Center

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Emporia, VA 23847
(804) 765-5206

Stafford Hospital Center

Inova Fair Oaks Hospital

Mary Washington Hospital (MWH)
Reston Hospital Center

SOVAH Health - Danville

Hospital Affiliations
Stafford Hospital Center

Centra Medical Group Women's Center

SOVAH Health - Danville

Hospital Affiliations
Augusta Medical Center

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(434) 392-9200

Hospital Affiliations
Augusta Medical Center

Centra Southside Community Hospital

University of Virginia Medical Center
<table>
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<td>Baker, William F., MD</td>
<td>10060363</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Road, Forest, VA 24551 (434) 385-8942</td>
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<td>10181055</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Rd, Forest, VA 24551 (434) 385-8948</td>
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<td>Kidd, Kristi, MD</td>
<td>10060367</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Rd, Forest, VA 24551 (434) 385-8942</td>
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<td>Marraccini, Christine, MD</td>
<td>10060342</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Road, Forest, VA 24551 (434) 385-8942</td>
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<td>Neiman, Wade A., MD</td>
<td>10059571</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Road, Forest, VA 24551 (434) 385-8942</td>
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<td>Neves, Hilary L., MD</td>
<td>10191010</td>
<td>Centra Medical Group Women's Center, 2007 Graves Mill Road, Forest, VA 24551 (434) 385-8942</td>
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</table>
**OB/GYN Physicians - Tier 1**

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7915 Lake Manassas Drive Suite 205  
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Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

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Haymarket Medical Center  
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Prince William Medical Center

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Hampton, VA 23666  
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*Hospital Affiliations*  
Sentara CarePlex Hospital

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Sentara CarePlex Hospital

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35 Medical Ct  
Hardy, VA 24101  
(540) 719-1815  
35 Medical Ct  
Hardy, VA 24101  
(540) 985-4099

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**Optima Direct Network Providers 9/2019 197**
OB/GYN Physicians - Tier 1

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CARLION MEDICAL CENTER
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Hardy, VA 24101
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Carilion Roanoke Memorial Hospital

Harrisonburg

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Shenandoah Women's Healthcare
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Harrisonburg, VA 22801
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Hospital Affiliations
Henrico Doctors’ Hospital - Retreat Campus

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Harrisonburg Ob/Gyn Associates, PC
2291 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 434-3831
Hospital Affiliations
Sentara RMH Medical Center

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240 Lucy Drive
Harrisonburg, VA 22801
(540) 438-1314
Hospital Affiliations
Sentara RMH Medical Center

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Hospital Affiliations
Sentara RMH Medical Center

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Sentara RMH Medical Center

Bath Community Hospital
Sentara RMH Medical Center

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Novant Health UVA Health System Haymarket Medical Center
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Novant Health UVA Health System Haymarket Medical Center
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Novant Health UVA Health System Prince William Medical Center

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Bon Secours Memorial Regional Medical Center

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Bath Community Hospital
Sentara RMH Medical Center

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Rappahannock General Hospital

Optima Health
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Hospital Affiliations
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Hospital Affiliations
Reston Hospital Center

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Hospital Affiliations
Reston Hospital Center

Lorton
Colon, Hector, MD
Pro#: 10201284
About Women OB/Gyn, PC
8998 Lorton Station Boulevard Suite A
Lorton, VA 22079
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Hospital Affiliations
Mary Washington Hospital (MWH)
Reston Hospital Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Virginia Hospital Center - Arlington
Winchester Medical Center

Louisa
Young, Denise S., MD
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Central Virginia Health Services, Inc.
115 Jefferson Highway Suite 9
Louisa, VA 23093
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Hospital Affiliations
St. Mary's Hospital

Luray
Baker, Virginia, DO
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Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market 125 Memorial Drive
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Hospital Affiliations
Shenandoah Memorial Hospital Inc

Lynchburg
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Hospital Affiliations
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Mary Washington Hospital (MWH) Reston Hospital Center St. Philippine Regional Medical Center Stafford Hospital Center

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Provs#: 10109818
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Lynchburg, VA 24502
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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2402 Atherholt Road
Lynchburg, VA 24501
(434) 200-6401

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Dimoffe, Stefania, MD
Provs#: 10194413
Community Access Network
1900 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3366
800 5th Street
Lynchburg, VA 24504
(434) 200-3366

Hospital Affiliations
Centra Lynchburg General Hospital
VCU Community Memorial Hospital

James, Andrea H., MD
Provs#: 10051748
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651

Kidd, Kristi, MD
Provs#: 53303
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890
320 Federal Street
Lynchburg, VA 24504

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kidd, Kristi, MD
Provs#: 59710
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

May, James S., MD
Provs#: 10205172
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Neiman, Wade A, MD
Provs#: 52427
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890
320 Federal Street
Lynchburg, VA 24504

Hospital Affiliations
Centra Lynchburg General Hospital

Neves, Hilary L., MD
Provs#: 10191010
Centra Medical Group Women's Center
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 315-2950

Hospital Affiliations
Centra Lynchburg General Hospital

Phemister, David, MD
Provs#: 10021107
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Pierce Jr, John, MD
Provs#: 10149208
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
VCU Health System/MCV

Puckett, Reginald T., MD
Provs#: 10122518
Lynchburg Women's and Pediatric Health Services
2402 Atherholt Road
Lynchburg, VA 24501
(434) 200-6401

Robertson, Michael S., MD
Provs#: 10039188
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Schindler, Lynnett, MD
Provs#: 10122518
Lynchburg Women's and Pediatric Health Services
2402 Atherholt Road
Lynchburg, VA 24501
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Scribner Jr., Dennis, MD
Provs#: 10024819
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4146

Uray, Maria S., MD
Provs#: 10018736
Lynchburg Family Medicine Center
2523 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Vanderburgh, Elizabeth A., MD
Provs#: 68855
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wheelock, Tracy A., MD
Provs#: 48278
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Woods, Sarah, MD
Provs#: 10154676
Lynchburg Gynecology PC
2728 Old Forest Road
Lynchburg, VA 24501
(434) 385-7818

Madison

Bright, Saweda A., MD
Provs#: 10173935
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 2110
(703) 361-7778

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center

Gutliph, Jo Anne, MD
Provs#: 10144320
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 2110 (703) 361-7778

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center
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Optima Direct Network Providers 9/2019 201

Optima Health
OB/GYN Physicians - Tier 1

Weiss, Patrice Marie, MD
Prov#: 10127902
Carilion Healthcare Corporation
1107 B Brookdale Street
Martinsville, VA 24112
(276) 634-4400
Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
Younger-Eure, Terri, DO
Prov#: 10032043
Women's Health Spectrum, LLC
319 Hospital Dr Ste 204
Martinsville, VA 24112

Max Meadows

Terry, Joseph B., MD
Prov#: 1015744
Wythe County Physician Practices, LLC
791 Fort Chiswell Road Suite A
Max Meadows, VA 24360
(276) 637-6641
Hospital Affiliations
Carilion New River Valley Medical Center
Wythe County Community Hospital
Mechanicsville

Barnas, Douglas, MD
Prov#: 10206036
James River Surgical Associates
8266 Atlee Road Ste 215
Mechanicsville, VA 23116
(804) 559-6181
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Bendheim, Stephen H., MD
Prov#: 21254
Virginia Physicians for Women, Ltd.
8220 Meadowbridge Rd Ste 205
Mechanicsville, VA 23116
(804) 559-6490
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Richmond Community Hospital
Bon Secours St. Marys Hospital
Berkle, Keith P., MD
Prov#: 10034389
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors’ Hospital - Forest Campus
Cane, James H., MD
Prov#: 13244
James River Surgical Associates
8266 Atlee Road MOB II Ste 215
Mechanicsville, VA 23116
(804) 559-6181
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

Espinosa, Blaines A., MD
Prov#: 50115
Dominion Women’s Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Galgano, Kimberly M., MD
Prov#: 79121
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Hutcheson, Douglas P., MD
Prov#: 12590
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Kreis, Rachel, MD
Prov#: 10189459
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Henrico Doctors’ Hospital - Richmond Community Hospital
St. Mary’s Hospital

McWhorter, Christina, MD
Prov#: 10154919
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Mead, Thomas P, MD
Prov#: 69479
Dominion Women’s Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Powers, Monica M., MD
Prov#: 51421
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Rye, Raymonda, MD
Prov#: 10140444
Dominion Women’s Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus

Schraa, Kristin L., MD
Prov#: 12591
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Shaban, Danny, MD
Prov#: 55747
Dominion Women’s Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Richmond Community Hospital
St. Mary’s Hospital

Smith, Tovia, MD
Prov#: 10125619
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Spasic, Zvonko, MD
Prov#: 10037017
Dominion Women’s Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Stansbury Clipp, Eryn, MD
Prov#: 10129613
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Stout, Kathryn K., MD
Prov#: 19496
Virginia Women’s Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors’ Hospital - Forest Campus
Wiles III, Howard O, MD
Prov#: 10206035
James River Surgical Associates
8266 Atlee Road Ste 215
Mechanicsville, VA 23116
(804) 559-6181
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Midlothian

Brim, Shannon, MD
Prov#: 10082457
Virginia Physicians For Women
1 Park West Circle, Suite 310
Midlothian, VA 23114
(804) 897-2100
Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Campbell, Samuel, MD
Prov#: 10065114
Virginia Physicians For Women
1 Park West Circle Suite 301
Midlothian, VA 23114
(804) 897-2100
Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Ciaburri, Jessica, DO
Prov#: 10157816
Virginia Physicians For Women
1 Park West Circle Suite 301
Midlothian, VA 23114
(804) 897-2100
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
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<td>West, Lisa M., MD</td>
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**OB/GYN Physicians - Tier 1**

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**Cordes, Laura R., MD**

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<td>Myers, Thomas E., MD</td>
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<td>Hendricks, Glennia P, MD</td>
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<td>Jarjoura, Chadi M., MD</td>
<td>10112239</td>
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<td>Myers, Thomas E., MD</td>
<td>10180134</td>
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<td>Orange</td>
<td>Hudgins, Laurie J., MD&lt;br&gt;Redick, Dana L., MD&lt;br&gt;Simcox, Kimberly Palmer, DO&lt;br&gt;Heineck, Robert Jason, MD&lt;br&gt;Young, Denise S., MD</td>
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<td>Pearisburg</td>
<td>Devlin, Jill, DO&lt;br&gt;Simcox, Kimberly Palmer, DO&lt;br&gt;Heineck, Robert Jason, MD</td>
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<td>Pembroke</td>
<td>Champine, Carrie L., DO&lt;br&gt;Choudhry, Arshed, MD&lt;br&gt;Park, Lisa, MD&lt;br&gt;Roberts, Michelle, MD</td>
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<tr>
<td>Portsmouth</td>
<td>Acholonu, Urena Jennifer, MD&lt;br&gt;Ferebee, Angela, MD&lt;br&gt;Hairston, LaVonne S., MD</td>
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<td>Prince George</td>
<td>Colton, Adrienne, MD&lt;br&gt;Giles, Allison, DO</td>
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<td>Purcellville</td>
<td>Coudhry, Arshed, MD&lt;br&gt;Park, Lisa, MD&lt;br&gt;Roberts, Michelle, MD</td>
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**OB/GYN Physicians - Tier 1**

### Orange

- Hudgins, Laurie J., MD<br>- Redick, Dana L., MD<br>- Simcox, Kimberly Palmer, DO<br>- Heineck, Robert Jason, MD<br>- Young, Denise S., MD

#### Hospital Affiliations
- University of Virginia Medical Center

#### Hospital Locations
- Carilion Roanoke Memorial
- Carilion New River Valley Medical Center
- Carilion Giles Community Hospital
- Lewis-Gale Physicians, LLC

#### Contact Information
- (540) 443-0500
- 133 Bostic Lane, Pembroke, VA 24136

### Pearisburg

- Devlin, Jill, DO<br>- Simcox, Kimberly Palmer, DO<br>- Heineck, Robert Jason, MD

#### Hospital Affiliations
- Carilion Giles Community Hospital

#### Contact Information
- (540) 961-1058
- 159 Hartley Way, Pearisburg, VA 24134

### Pembroke

- Champine, Carrie L., DO<br>- Coudhry, Arshed, MD<br>- Park, Lisa, MD<br>- Roberts, Michelle, MD

#### Hospital Affiliations
- Montgomery Regional Hospital
- Lewis-Gale Montgomery

#### Contact Information
- (540) 672-5500
- 430 Boxwood Ln, Pembroke, VA 24136

### Portsmouth

- Acholonu, Urena Jennifer, MD<br>- Ferebee, Angela, MD<br>- Hairston, LaVonne S., MD

#### Hospital Affiliations
- Western Branch Family Practice & OB/Gyn (Maryview Hospital Inc.)
- Sentara Leigh Hospital
- CHIENPOLYMECNSIIU
- CHIENPOLYMECNSIIU

#### Contact Information
- (757) 484-2272
- 1040 University Blvd Ste 205, Portsmouth, VA 23703

### Prince George

- Colton, Adrienne, MD<br>- Giles, Allison, DO

## Optima Direct Network Providers 9/2019
OB/GYN Physicians - Tier 1

Thompson, Jennifer., MD
Prov#: 10046835
Loudoun OB/Gyn
205 E Hirst Road Suite 304
Purcellville, VA 20132
(703) 858-1500

Cane, James H., MD
Prov#: 13244
James River Surgical Associates
1830 Pocahontas Trail
Quinton, VA 23141
(804) 559-6181

Hospitl Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Radford
Champine, Carrie L, DO
Prov#: 10171886
Lewis-Gale Physicians, LLC
614 E Main Street Suite A
Radford, VA 24141
(540) 443-0500

Hospitl Affiliations
Montgomery Regional Hospital
b/a Lewis-Gale Montgomery

Hudgins, Laurie J., MD
Prov#: 10185373
Lewis-Gale Physicians, LLC
614 E Main Street Suite A
Radford, VA 24141
(540) 443-0500

Hospitl Affiliations
Montgomery Regional Hospital
b/a Lewis-Gale Montgomery

Letham, Nikola A, DO
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Lewis-Gale Physicians, LLC
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Radford, VA 24141
(540) 443-0500

Hospitl Affiliations
Montgomery Regional Hospital
b/a Lewis-Gale Montgomery

Zolovick, George T., MD
Prov#: 10171506
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Radford, VA 24141
(540) 533-0500

Hospitl Affiliations
Montgomery Regional Hospital
b/a Lewis-Gale Montgomery

Reston
Foster, Chana-Rivka, MD
Prov#: 10196835
Virginia Womens Health Associates
1800 Town Center Drive Suite 220
Reston, VA 20190
(703) 435-2555

Hospitl Affiliations
Reston Hospital Center

Gonzalez, Rodolfo H., MD
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Rodolfo H. Gonzalez MD PC
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Reston, VA 20190
(703) 435-8256

Hospitl Affiliations
Reston Hospital Center

Reston Hospital Center

Bendheim, Stephen H., MD
Prov#: 21254
Virginia Physicians for Women, Ltd.
5875 Bremo Rd Ste 205
Richmond, VA 23226
(804) 282-4203

Hospitl Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Billett, Todd E., MD
Prov#: 21408
Virginia Physicians for Women, Ltd.
5875 Bremo Rd Ste 205
Richmond, VA 23226
(804) 282-4203

7605 Forest Ave Ste 206
Richmond, VA 23229
(804) 282-4203

Hospitl Affiliations
Bon Secours St. Marys Hospital
Chippinham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Blanton, Erika, MD
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OB/GYN Specialists of Richmond
7611 Forest Ave Suite 228
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(804) 741-0440

7605 Forest Avenue Suite 411
Richmond, VA 23229
(804) 285-8806

Richmond
Ashby, Molly, DO
Prov#: 10158945
Virginia Physicians For Women
10710 Midlothian Tpke Suite 200
Richmond, VA 23235
(804) 897-2100

1630 Wilkes Ridge Pkwy Suite 200
Richmond, VA 23238
(804) 897-1200

5875 Bremo Road Suite 201
Richmond, VA 23226
(804) 897-2100

7605 Forest Ave Suite 206
Richmond, VA 23229
(804) 897-1200

Hospitl Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Bagley, Catherine, DO
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William G. Fitzhugh MD PC
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Richmond, VA 23229
(804) 523-3712

Hospitl Affiliations
Henrico Doctors' Hospital - Forest Campus

Barnas, Douglas, MD
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Bon Secours Richmond OB/GYN at Richmond Community
1510 North 28th St Ste 305
Richmond, VA 23223
(804) 371-1689

Hospitl Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Broeker, Warren A., MD
Prov#: 31089
Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
Richmond, VA 23235
(804) 897-2100

Hospital Affiliations
Chippinham Medical Center
Johnston-Willis Hospital

Brown, Linda, MD
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Manchester OB-GYN
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Richmond, VA 23225
(804) 520-4967

7157 Jahnske Road
Richmond, VA 23225
(804) 229-6569

Burke, Leenore, MD
Prov#: 40072
Commonwealth OB/GYN
Specialists
5855 Bremo Road Ste 605
Richmond, VA 23226
(804) 285-8806

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Cassidy, Megan K., MD
Prov#: 10136552
Virginia Women's Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
(804) 288-4084

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Clary III, Beverly Boyden, MD
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Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Optima Direct Network Providers 9/2019 208
OB/GYN Physicians - Tier 1

Coble, Mary, MD  
Prov#: 78566  
Virginia Physicians for Women, Ltd.  
5875 Bremo Rd Ste 205  
Richmond, VA 23226  
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Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Dunnivant, Siobhan S., MD  
Prov#: 22232  
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7601 Forest Ave Suite 228  
Richmond, VA 23229  
(804) 741-0440

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Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Giles, Allison, DO  
Prov#: 10170039  
Virginia Physicians For Women  
5875 Bremo Road Suite 201  
Richmond, VA 23226  
(804) 897-2100

Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Colton, Adrienne, MD  
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Virginia Physicians For Women  
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Richmond, VA 23235  
(804) 897-2100

Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

Diaz, Jose, MD  
Prov#: 10198722  
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7001 Forest Ave Suite 103  
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(804) 320-2483

Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Fanale, Jack, MD  
Prov#: 10023945  
OB Hospitalists Inc  
1602 Skipwith Road  
Richmond, VA 23229  
(804) 833-8385

Hospital Affiliations  
Henrico Doctors' Hospital - Forest Campus

Haddad, Joseph B., MD  
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Bon Secours Richmond OB-GYN at Richmond Community  
1510 North 28th St Ste 305  
Richmond, VA 23223  
(804) 371-1689

Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

Hirata, Alice J, MD  
Prov#: 10183828  
Bon Secours Richmond OB-GYN at Richmond Community  
1510 North 28th St Ste 305  
Richmond, VA 23223  
(804) 371-1689

Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Howell, Malcolm, MD  
Prov#: 10110029  
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Bon Secours Richmond OB-GYN at Richmond Community  
1510 North 28th St Ste 305  
Richmond, VA 23223  
(804) 371-1689

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230  
(804) 320-2483

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230

Hyde, Mark P., MD  
Prov#: 31735  
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10710 Midlothian Turnpike Ste 200  
Richmond, VA 23235  
(804) 897-2100

Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

Jefferson, Karen W., MD  
Prov#: 42537  
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12129 Graham Meadows Drive  
Richmond, VA 23233  
(804) 288-4084

Hospital Affiliations  
Virginia Physicians For Women, Ltd.  
Virginia Physicians For Women, Ltd.

Draper, Jennie, MD  
Prov#: 10082456  
Virginia Physicians for Women, Ltd.  
10710 Midlothian Turnpike Ste 200  
Richmond, VA 23235  
(804) 897-2100

Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

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Manchester OB/Gyn  
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Richmond, VA 23225  
(804) 320-4967

Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Hicks, Tracy I, MD  
Prov#: 10112671  
Bon Secours Richmond OB-GYN  
1401 Johnston Willis Drive Suite 5000  
Richmond, VA 23235  
(804) 320-2483

Hospital Affiliations  
Bon Secours Richmond OB-GYN at Richmond Community  
1510 North 28th St Ste 305  
Richmond, VA 23223  
(804) 371-1689

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230  
(804) 320-2483

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230

Hirata, Alice J, MD  
Prov#: 10183828  
Bon Secours Richmond OB-GYN at Richmond Community  
1510 North 28th St Ste 305  
Richmond, VA 23223  
(804) 371-1689

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230  
(804) 320-2483

Hospital Affiliations  
Bon Secours Richmond OB-GYN at St. Mary's  
7001 Forest Ave Suite 103  
Richmond, VA 23230

Hyde, Mark P., MD  
Prov#: 31735  
Virginia Physicians for Women, Ltd.  
10710 Midlothian Turnpike Ste 200  
Richmond, VA 23235  
(804) 897-2100

Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

Jefferson, Karen W., MD  
Prov#: 42537  
Virginia Women's Center Inc  
12129 Graham Meadows Drive  
Richmond, VA 23233  
(804) 288-4084

Hospital Affiliations  
Virginia Physicians For Women, Ltd.  
Virginia Physicians For Women, Ltd.
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<td>7601 Forest Ave Suite 228 Richmond, VA 23229 (804) 741-0440</td>
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7605 Forest Avenue Suite 411 Richmond, VA 23229 (804) 285-8806  
Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
McMorrow, Kimberly, MD | 10115040 Virginia Physicians For Women 10710 Midlothian Tpke Suite 200 Richmond, VA 23235 (804) 897-2100 | Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital of Richmond  
Mead, Thomas P., MD | 69479 Dominion Women's Health 7611 Forest Ave Suite 310 Richmond, VA 23229 (804) 730-0800  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
St. Mary's Hospital  
Milla, III, Lawrence G., MD | 48101 Lawrence G. Miller, III, MD, PC 8002 Discovery Rd Ste 101 Richmond, VA 23229 (804) 282-2848 | Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
Mishra, Nikita V., MD | 10177557 Complete Care Center for Women (John Randolph OBGYN, LLC) 1401 Johnston Willis Drive Suite 5000 Richmond, VA 23235 (804) 267-6931 | Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Sentara Williamsburg Regional Medical Center  
VCU Community Memorial Hospital  
Partride, John R., MD | 20843 Virginia Physicians for Women, Ltd. 10710 Midlothian Turnpike Ste 200 Richmond, VA 23235 (804) 897-2100 | Hospital Affiliations  
Bon Secours St. Francis Medical Center  
VCU Health System/VCV
OB/GYN Physicians - Tier 1

Pendlebury, Laura C., MD
Provi#: 99698
Virginia Women's Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
(804) 288-4084
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483
Provi#: 10186610
Bon Secours Richmond OB-GYN at St. Mary's
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Peterson, Sarah, MD
Provi#: 10173294
Bon Secours Richmond OB-GYN
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483
Provi#: 10183817
Bon Secours Richmond OB-GYN at Richmond Community Campus
1510 North 28th St Ste 305
Richmond, VA 23223
(804) 371-1689
Provi#: 10185588
Bon Secours Richmond OB-GYN at St. Mary's
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Pound, Stephen, MD
Provi#: 10115038
Virginia Physicians For Women
10710 Midlothian Tpke Suite 200
Richmond, VA 23229
(804) 288-4084
Hospital Affiliations
Complete Care Center for Women

Prillaman, Prescott, MD
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OB/GYN Specialists of Richmond
7601 Forest Ave Suite 228
Richmond, VA 23229
(804) 741-0440
Provi#: 10168017
OB/GYN Associates
7601 Forest Ave Suite 228
Richmond, VA 23229
(804) 741-0440
Hospital Affiliations
Chippenham Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Pringle, Tamara, MD
Provi#: 10110032
Bon Secours Richmond OB-GYN
1401 Johnston Willis Drive Suite 500
Richmond, VA 23235
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Ryce, Raymonda, MD
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7611 Forest Ave Suite 310
Richmond, VA 23229
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Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Ramsey, Tiffany, MD
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OB/GYN Associates
7601 Forest Ave Suite 228
Richmond, VA 23229
(804) 741-0440
Hospital Affiliations
Henrico Doctors' Hospital - Retreat Campus

Reutinger, David, MD
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Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
Richmond, VA 23229
(804) 897-2100
Hospital Affiliations
Chippenham Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Roberts, Elizabeth B., MD
Provi#: 10001324
Virginia Women's Center Inc
7611 Forest Ave Suite 200
Richmond, VA 23229
(804) 288-4084
Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Royal, Erica, MD
Provi#: 28073
Complete Care Center for Women (John Randolph OB/GYN, LLC)
7101 Jahnke Road Suite 1054
Richmond, VA 23225
(804) 320-4967
Hospital Affiliations
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Ryce, Raymonda, MD
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7611 Forest Ave Suite 310
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(804) 288-1106
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Schoefl inner, Edmund D., MD
Provi#: 12596
Virginia Women's Center Inc
7611 Forest Avenue Suite Ste 200
Richmond, VA 23229
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Shaban, Danny, MD
Provi#: 55747
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7611 Forest Ave Suite 310
Richmond, VA 23229
(804) 730-0800
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Smith, Robert K., MD
Provi#: 20844
James River OB/GYN, P. C.
7101 Jahnke RD Ste 290
Richmond, VA 23225
(804) 272-5508
Hospital Affiliations
Chippenham Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Smith, Tovia, MD
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Virginia Women's Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
(804) 288-4084
Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

Sparis, Zvonko, MD
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7611 Forest Ave Suite 310
Richmond, VA 23229
(804) 730-0800
Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Stansbury Clipp, Eryn, MD
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10710 Midlothian Tpke Suite 200
Richmond, VA 23235
(804) 287-2100
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Tate, Alexandra J., MD
Provi#: 61270
Virginia Women's Center Inc
7611 Forest Avenue Suite 200
Richmond, VA 23229
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Tozer, Beth L., MD
Provi#: 10097350
Virginia Women's Center Inc
7611 Forest Ave Suite 200
Richmond, VA 23229
(804) 288-4084
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Tuckey-Larus, Corinne N., MD
Provi#: 21944
Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
Richmond, VA 23235
(804) 287-2100
Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

Optima Direct Network Providers 9/2019 211
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<th>Name</th>
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<tr>
<td>Dr. Jonathan Lee Gleason</td>
<td>Prov#: 10049903</td>
<td>Physicians to Women Inc 21 Highland Avenue SE Suite 200 Roanoke, VA 24013 (540) 982-8881 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Dr. Jorge M. Garcia</td>
<td>Prov#: 10027795</td>
<td>Carilion Healthcare Corporation 213 McClanahan St SW Roanoke, VA 24014 (540) 343-1224 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
</tr>
<tr>
<td>Dr. Jill A. Gaines</td>
<td>Prov#: 100030849</td>
<td>Carilion Obstetrics &amp; Gynecology 213 McClanahan St SW Roanoke, VA 24014 (540) 343-1224 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Dr. Heather O'Connor Greer</td>
<td>Prov#: 10112682</td>
<td>Carilion Medical Center 1 Riverside Circle Suite 300M Roanoke, VA 24016 (540) 581-0160 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Dr. William Jerod Greer</td>
<td>Prov#: 10116559</td>
<td>Carilion Medical Center 101 Elm Ave Roanoke, VA 24013 (540) 985-4099 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Dr. Margaret Ann Grove</td>
<td>Prov#: 10119308</td>
<td>Physicians to Women Inc 21 Highland Avenue SE Suite 200 Roanoke, VA 24013 (540) 982-8881 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Dr. Derek R. Holmes</td>
<td>Prov#: 10171726</td>
<td>Carilion Healthcare Corporation 213 McClanahan St Suite 110 Roanoke, VA 24014 (540) 343-1224 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
</tr>
<tr>
<td>Dr. Carol Keene</td>
<td>Prov#: 28890</td>
<td>Physicians to Women Inc 21 Highland Avenue SE Suite 200 Roanoke, VA 24013 (540) 982-8881 Hospital Affiliations Carilion Roanoke Memorial Hospital</td>
</tr>
<tr>
<td>Dr. James A. Kelly</td>
<td>Prov#: 10119189</td>
<td>Lewis-Gale Physicians, LLC 4231 Colonial Avenue Suite 1 Roanoke, VA 24018 (540) 774-6000 Hospital Affiliations Lewis-Gale Medical Center</td>
</tr>
<tr>
<td>Name</td>
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<tr>
<td>Moore, Barbara C., MD</td>
<td>OB/GYN Physicians - Tier 1</td>
<td>(540) 985-9862</td>
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<tr>
<td>McLennan, Lee Arthur, MD</td>
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<td>(540) 985-9862</td>
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<td>McCuin, Elizabeth Smith, MD</td>
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<td>(540) 985-9862</td>
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<tr>
<td>Stockstill, Kurt R, MD</td>
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<td>(540) 985-9862</td>
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<tr>
<td>Sullivan, Christopher M, MD</td>
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<tr>
<td>Stacey, Joanna, MD</td>
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<td>(540) 985-9862</td>
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**Optima Direct Network Providers 9/2019**
OB/GYN Physicians - Tier 1

Provs: 10063865
Physicians to Women Inc
21 Highland Avenue SE Suite 200
Roanoke, VA 24013
(540) 982-8881

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Troise, Joseph L., MD
Provs: 10075327
Lewis-Gale Physicians, LLC
4231 Colonial Avenue Suite 1
Roanoke, VA 24018
(540) 774-6000

Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Stonewall Jackson Hospital

Weiss, Patrice Marie, MD
Provs: 10094037
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000

Hospital Affiliations
Carilion Clinic Home Care
Carilion Roanoke Memorial Hospital
Carilion Faculty GYN Associates
215 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 985-9715

3 Riverside Cir
Roanoke, VA 24016
(540) 526-1550

902 S Jefferson Street
Roanoke, VA 24016

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Williams, David, MD
Provs: 90569
Carilion Faculty GYN Associates
102 Highland Avenue Ste 303
Roanoke, VA 24013
(540) 985-9715
Provs: 90569
Carilion Faculty Physicians- OB/GYN
902 S Jefferson Street
Roanoke, VA 24016
(540) 985-9862
Provs: 90569
Carilion Prenatal Diagnostic Center
102 Highland Avenue Ste 455
Roanoke, VA 24013
(540) 985-9858

Rocky Mount

Agee, Robert Lee, MD
Provs: 10019136
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Altizer, Melanie Dawn, MD
Provs: 10096295
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Canella, Christine D., MD
Provs: 10082865
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Casey, James, MD
Provs: 10184262
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Garnica, Sheila, MD
Provs: 10146233
Carilion Healthcare Corporation
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277

390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Greer, Heather O’Connor, MD
Provs: 10113618
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
Provs: 10171726
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD
Provs: 10082254
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Lara-Torre, Eduardo, MD
Provs: 10069884
Carilion Healthcare Corporation
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277

390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Community Hospital

Logan, Kaylene J., MD
Provs: 10108737
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

McCuin, Elizabeth Smith, MD
Provs: 10082284
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Murchison, Amanda B., MD
Provs: 10082097
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Nunziato, Jaclyn, MD
Provs: 10189190
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Sahni, Manjusha, MD
Provs: 10082237
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Simcox, Kimberly Palmer, DO
Provs: 10108736
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Sullivan, Christopher M, MD
Provs: 10117795
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Torres, Jose R., MD
Provs: 10188013
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836

Hospital Affiliations
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
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| Weiss, Patrice Marie, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Wilson-Leedy, Jonas G., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Murchison, Amanda B., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center

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| Agee, Robert Lee, MD  | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Alitzer, Melanie Dawn, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Canela, Christine D., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Clapp, Debra H., MD   | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center

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| Garcia, Jorge M., MD  | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Greer, Heather O'Connor, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Harding, John, MD     | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Holmes, Derek R, DO   | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Johnson, Isaiah Micah, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Keesey, Christopher C., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Lara-Torre, Eduardo, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Logan, Kaylene J., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| McCuin, Elizabeth Smith, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Morel, Kelley S, MD   | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Smith, Abby A., MD    | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Stacey, Joanna, MD    | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Sullivan, Christopher M, MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
| Troise, Joseph L., MD | OB/GYN Physicians              | (540) 772-5900       | 1802 Braeburn Drive, Lewis-Gale Physicians, LLC | Lewis-Gale Medical Center
OB/GYN Physicians - Tier 1

1900 Electric Road
Salem, VA 24153
(540) 774-6000

Hospital Affiliations
Carilion New River Valley Medical Center
Carolyn Stonewall Jackson Hospital

Walsh, William K., MD
Prov#: 10066566
Lewis-Gale Physicians, LLC
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Weiss, Patrice Marie, MD
Prov#: 10030457
CARILION MEDICAL CENTER
150 Spartan Dr
Salem, VA 24153
(540) 772-3680

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Wexler, Harris M., DO
Prov#: 10205493
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3520

Hospital Affiliations
Lewis-Gale Medical Center

South Boston

Pottinger, Carlos A., MD
Prov#: 10182689
Sentara Obstetrics & Gynecology
2206 Wilborn Avenue
South Boston, VA 24592
(434) 517-8627

Hospital Affiliations
Halifax Regional Hospital

Rosche, Charles William, MD
Prov#: 10178673
Sentara Obstetrics & Gynecology
2206 Wilborn Avenue
South Boston, VA 24592
(434) 517-8627

Hospital Affiliations
Halifax Regional Hospital

Thanaporn, Prasit, MD
Prov#: 48094
Fuller-Roberts Clinic, Inc.
2212 Wilborn Ave
South Boston, VA 24592
(434) 572-8921

Trieu, Duc K., MD
Prov#: 10162311
FULLER ROBERTS OB-GYN AND PRIMARY CARE
2212 Wilborn Avenue
South Boston, VA 24592
(434) 572-8921

Hospital Affiliations
Halifax Regional Hospital

South Hill

Austen, Cynthia Nwokeuku, MD
Prov#: 10180317
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital
Sentara Williamsburg Regional Medical Center
VCU Community Memorial Hospital

Seeras, Ramesh, MD
Prov#: 10210522
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations
VCU Community Memorial Hospital

South Riding

Ansary, Sheereen M., DO
Prod#: 10176217
NMG Affiliate Practice II, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center

Dehal, Stacy A., MD
Prov#: 10176609
NMG Affiliate Practice II, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Liao, Michael S, MD
Prov#: 10120025
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Louie-Ng, Eugene J., MD
Prov#: 10114009
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Sptyek, Stephanie J, MD
Prov#: 10176358
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Sterling

Choudhry, Arshed, MD
Prov#: 10040607
Loudoun OB/Gyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Park, Lisa, MD
Prov#: 10043639
Loudoun OB/Gyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Robert, Michelle, MD
Prov#: 10042901
Loudoun OB/Gyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Thompson, Jennifer, MD
Prov#: 10046835
Loudoun OB/Gyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Suffolk

Adkins, William, MD
Prov#: 44007
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 539-0251
4868 Bridge Road
Suffolk, VA 23435
(757) 483-7900

Hospital Affiliations
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Demkowski, Henry, MD
Prov#: 14038
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 539-0251

Hospital Affiliations
Bon Secours DePaul Medical Center
Inc
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
OB/GYN Physicians - Tier 1

Hardy, Timothy J., MD
Pro#: 34001
Atlantic Obstetrics & Gynecology
3720 Holland Road Suite 101
Virginia Beach, VA 23452
(757) 563-1234

Hospital Affiliations
Chesapeake Regional Medical Center

Hilsinger, Katherine L., MD
Pro#: 10206652
Marina Shores OB GYN PC
2065 Lynnhaven Drive Suite 4A
Virginia Beach, VA 23451
(757) 496-5000

Hospital Affiliations
Chesapeake Regional Medical Center

Hudgens, Joseph L., MD
Pro#: 10196290
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 689-5104

Hospital Affiliations
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Hudgens-Jones, Dawn, MD
Pro#: 99892
Family Medical Practitioners
1147 Independence Blvd
Virginia Beach, VA 23455
(757) 460-1207

Ito, Traci E, MD
Pro#: 10015910
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Kotsko, Raegan N., MD
Pro#: 10062515
Virginia Beach Ob/Gyn, PC
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Kwan, Fenney, MD
Pro#: 10029952
Virginia Beach Ob/Gyn, PC
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Lackore, Raymond C., MD
Pro#: 34045
Art & Science of Ob/Gyn, PC
(757) 481-3366

Hospital Affiliations
Sentara Virginia Beach General Hospital

Lindner, Paul I., MD
Pro#: 92374
TotalCare for Women, PLC
(757) 497-1400

Hospital Affiliations
Chesapeake Regional Medical Center

Manoulov, Charysse J, MD
Pro#: 10115486
Virginia Beach Ob/Gyn, PC
(757) 425-1600

Hospital Affiliations
Sentara Virginia Beach General Hospital

Matthews, Janet, DO
Pro#: 10099725
Hampton Roads Ob/Gyn Center
828 Healthy Way Suite 220
Virginia Beach, VA 23462
(757) 889-6890

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Morgan, Frank G., MD
Pro#: 14012
Tidewater Physicians For Women, Inc.
(757) 461-3890

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Nowrozzi, Pouran N., MD
Pro#: 14361
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Nugent, Andrea S., MD
Pro#: 10134361
Virginia Beach Ob/Gyn, PC
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Virginia Beach General Hospital

Nowrozzi, Pouran N., MD
Pro#: 14361
Tidewater Physicians For Women, Inc.
(757) 461-3890

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Poe-Zeigler, Robin L., MD
Pro#: 97900
The New Hope Center(MAWC)
448 Viking Dr Suite 100 Oceana Place
Virginia Beach, VA 23452
(757) 496-5370

Hospital Affiliations
Sentara Virginia Beach General Hospital

Powers, Steven B., MD
Pro#: 14039
TotalCare for Women, PLC
(757) 497-1400

Hospital Affiliations
Chesapeake Regional Medical Center

Pyle, Pamela, MD
Pro#: 67348
Virginia Beach Ob/Gyn, PC
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Virginia Beach General Hospital

Optima Direct Network Providers 9/2019 219

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<td><strong>Randolph, Natalie N., MD</strong></td>
<td>(757) 425-1600</td>
<td>2075 Glenn Mitchell Drive Suite 410 Virginia Beach, VA 23456 (757) 481-7222</td>
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<td><strong>Takacs, Peter, MD</strong></td>
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<td><strong>Sadr, Negar Nikki, MD</strong></td>
<td>(757) 497-1400</td>
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<td><strong>Rector, Jr., George, MD</strong></td>
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<td><strong>Randolph, Natalie N., MD</strong></td>
<td>(757) 425-1600</td>
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<td><strong>Marina Shores OB/GYN PC</strong></td>
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<td><strong>Warren, Lani, MD</strong></td>
<td>(757) 496-5000</td>
<td>2865 Lynnhaven Drive Suite 4A Virginia Beach, VA 23451 (757) 496-5000</td>
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<td><strong>Thurman, Andrea R., MD</strong></td>
<td>(757) 446-7900</td>
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<td><strong>Ward, Jennifer G, MD</strong></td>
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**OB/GYN Physicians - Tier 1**

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<td>(757) 872-9797</td>
<td>5424 Discovery Park Blvd Ste 203 Williamsburg, VA 23188</td>
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**Winchester**

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<td><strong>Warren, Lani, MD</strong></td>
<td>(757) 496-5000</td>
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Edwards, Jessica D., MD
Prov#: 10008433
Winchester OB/GYN
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Warren Memorial Hospital, Inc.

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1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

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OB/GYN Physicians - Tier 2

**Richmond**

**Banks, Nicole K., MD**
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- VCU Health System/MCV Hospital - North
- VCU Health System/MCV Hospital - West

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Borish, Larry, MD
Richmond..... (804) 285-7420
Hospital Affiliations:
University of Virginia Medical Center

Butt, Ahmed, MD
Fredericksburg.. (540) 371-6810
Lorton............ (703) 339-1680

Call, Robert S., MD
Richmond..... (804) 285-7420
Hospital Affiliations:
University of Virginia Medical Center

Campbell, Timothy, MD
Newport News.. (757) 210-1087
Richmond..... (804) 320-2149

Dillon, Madeline A., MD
Charlottesville...(434) 951-2191
Waynesboro..... (540) 949-5154

Eapen, Saju S., MD
Lynchburg..... (434) 846-2244
Roanoke......... (540) 343-7331
Salem............. (540) 343-7331

Fame, Thomas M., MD
Roanoke......... (540) 343-7331

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Feinstein, Barry K., MD
Midlothian...... (804) 750-1901
Richmond...... (804) 750-1901

Gadde, Jyothi, MD
Culpeper
Fairfax

Front Royal
Gainesville...... (571) 248-6565
Vienna........... (703) 712-8343
Warrenton...... (540) 428-1715
Hospital Affiliations:
Fauquier Hospital

Warrenton....... (540) 428-1715
Hospital Affiliations:
Fauquier Hospital

Gelber, Lawrence, MD
Richmond...... (804) 285-7420
Hospital Affiliations:
Bon Secours St. Marys Hospital
Bon Secours Stuart Circle Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital of Richmond

George, Kimberly, MD
Glen Allen....... (804) 968-4824

Hospital Affiliations:
Inova Alexandria Hospital

Hark, William T., MD
Richmond...... (804) 285-7420
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
St. Mary’s Hospital of Richmond

Hoover, Gates E., MD
Daleville
Roanoke......... (540) 591-9456
Salem............. (540) 387-0441
Hospital Affiliations:
Hospitality

Kaminsky, Samata, MD
Charlottesville...(434) 951-2191
Williamsburg.. (757) 259-0443

Lee, Vickie K., MD
Ashburn........... (703) 723-8728

Lengkeek, Marguerite S., MD
Virginia Beach.. (757) 481-4583

Madaan, Arvind, MD
Charlottesville...(434) 295-2727

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mato, Luis, MD
Lynchburg....... (434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital

McBride, Dane C., MD
Richmond....... (804) 288-5216
Hospital Affiliations:
Bon Secours St. Marys Hospital

Mollen, Emily C., MD
Richmond....... (804) 288-5216

Hospital Affiliations:
University of Virginia Medical Center

Mollon, Edward L., MD
Richmond....... (804) 288-5216

Hospital Affiliations:
Centra Lynchburg General Hospital

Moore, Lindsey E, DO
Newport News.. (757) 668-8255
Norfolk............. (757) 668-8255
Virginia Beach..(757) 668-8255

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Moss, Gary B., MD
Virginia Beach.. (757) 481-4383

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

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Allergy & Immunology

Abraham, Christina M., MD
Roanoke......... (540) 343-1235
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Abraham, Julie, MD
Fredericksburg.. (540) 371-6810
Lorton............ (703) 339-1660

Alle, Darshana, MD
Fredericksburg.. (540) 899-1991
Stafford......... (540) 699-6944
Woodbridge...... (703) 670-3900

Ashbury, Donald W., MD
Bluefield....... (276) 322-2278

Hospital Affiliations:
Carilion Clinic Home Care
(Charlottesville Community Hospital)

Bajaj, Mehd, MD
Ashtabula...... (703) 490-5803

Reston............ (703) 490-5803
Vienna.......... (703) 288-0324
Woodbridge...... (703) 490-5803

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Beakes, Douglas, MD
Culpeper....... (540) 727-7170

Fairfax.......... (703) 648-0015
Front Royal.... (540) 428-1715
Gainesville...... (571) 248-6565
Vienna......... (703) 712-8343
Warrenton...... (540) 428-1715
Hospital Affiliations:
Fauquier Hospital

Zion Crossroads (434) 924-9466

Hospital Affiliations:
University of Virginia Medical Center

Lane, Charles, MD
Lynchburg....... (434) 385-8190

Hospital Affiliations:
Centra Lynchburg General Hospital

Lawrence, Monica G, MD
Charlottesville.. (434) 924-2227

Hospital Affiliations:
University of Virginia Medical Center

Lee, Vickie K., MD
Ashburn........... (703) 723-8728

Lengkeek, Marguerite S., MD
Virginia Beach.. (757) 481-4583

Madaan, Arvind, MD
Charlottesville.. (434) 295-2727

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mato, Luis, MD
Lynchburg....... (434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital

McBride, Dane C., MD
Richmond....... (804) 288-5216

Hospital Affiliations:
Bon Secours St. Marys Hospital

Mollen, Emily C., MD
Richmond....... (804) 288-5216

Hospital Affiliations:
University of Virginia Medical Center

Mollon, Edward L., MD
Richmond....... (804) 288-5216

Hospital Affiliations:
Centra Lynchburg General Hospital

Moore, Lindsey E, DO
Newport News.. (757) 668-8255

Hospital Affiliations:
Bon Secours St. Marys Hospital

Moss, Gary B., MD
Virginia Beach.. (757) 481-4383

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Optima Health
Specialists - Tier 1

Mozena, Johnathan B., MD
Fredericksburg... (540) 322-4954
Stafford .......... (540) 288-0942
Hospital Affiliations:
Mary Washington Hospital (MWH)
Nasir, Aman, MD
Winchester ...... (540) 662-9115
Hospital Affiliations:
Winchester Medical Center
Ortiz, Christina F, MD
Virginia Beach .. (757) 468-6058
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Palacios-Kibler, Thamiris V, DO
Culpeper.......... (540) 321-3002
Suffolk ........... (757) 539-7771
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital Center
Sentara RMH Medical Center
Pendell, Gregory G., MD
Norfolk.......... (757) 583-4382
Virginia Beach .. (757) 583-4382
Posthumus, Jonathon, MD
Frederickburg .. (540) 322-4954
Hospital Affiliations:
Mary Washington Hospital (MWH)
Powers, Patrick L., MD
Mechanicsville .. (804) 559-0370
Midlothian......... (804) 320-2149
Richmond.......... (804) 288-0055
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Burlington Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Rahilly, Michael, MD
Fairfax.......... (703) 648-0015
Front Royal ...... (540) 428-1715
Gainesville ...... (571) 248-6565
Vienna .......... (703) 712-8343
Warrenton ...... (540) 428-1715
Hospital Affiliations:
Fauquier Hospital
Zilliox, Ann P., MD
Newport News .. (757) 873-3882

Anesthesiology

Mangal, Vipul, MD
Culpeper
Hospital Affiliations:
UVA Culpeper Hospital
Narayan, Shesha, MD
Culpeper
Hospital Affiliations:
UVA Culpeper Hospital
Patel, Ketan B., MD
Alexandria........ (703) 738-4332
Arlington........ (703) 738-4336
Centreville ...... (703) 738-4339
Fairfax......... (703) 914-8000
Harrisonburg ... (540) 434-1759
Haymarket....... (703) 738-4384
Lansdowne .... (703) 738-4344
Lynchburg ...... (434) 846-9170
Manassas .......... (703) 738-4375
McLean .......... (703) 738-4342
Reston ........... (703) 738-4335

Audiology

Abraham, Paula A., AUD
Culpeper.......... (703) 547-9714
Albright, Melissa, AUD
Richmond ........ (804) 484-3700
Beahm, Lilian, AUD
Roanoke .......... (540) 224-5170
Salem .......... (540) 776-9740
Bickley, Natalie M, AUD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Cheung, Kar-Leung, AUD
Charlottesville .. (434) 243-4680
Hospital Affiliations:
University of Virginia Medical Center
Collins, Stephanie M., AUD
Culpeper.......... (703) 547-9714
Suffolk.......... (757) 547-9714
Virginia Beach .. (757) 547-9714
Connatser, Michelle, AUD
Richmond .......... (804) 484-3700

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Sommers, Linda M., MD  
Warner, Peggy A, AUD  
Smith, Kelli Pugh, AUD  
Quesenberry, Kristin M., AUD  
Ostrowski, Judith A., AUD  
Norcross, Kara K., AUD  
Moore, Valerie, AUD  
Minor, Sharon, AUD  
Moore, Valerie, AUD  
Norcross, Kara K., AUD  
Ostrowski, Judith A., AUD  
Quesenberry, Kristin M., AUD  
Sanders, Amanda, AUD  
Smith, Kelli Pugh, AUD  
Warner, Peggy A, AUD  
Wray, Cheryl, AUD  
Sommers, Linda M., MD

Cardiology

Baer, Anna Kathryn, MD  
Behn, Carolyn Z., MD  
Bove, Christina M., MD  
Fischer, Joshua J., MD

Hospital Affiliations:
- Sentara Martha Jefferson Hospital
- University of Virginia Medical Center

Cardiac Surgery

Allwadi, Gorav, MD  
Appelstein, Joshua C, MD

Hospital Affiliations:
- Sentara Martha Jefferson Hospital
- University of Virginia Medical Center

Breast Surgery

Graber, Rodney C., MD  
Denyer, Michael, MD

Hospital Affiliations:
- Augusta Medical Center
- University of Virginia Medical Center
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<td>Amin, Mitesh S, MD</td>
<td>[\text{Hospital Affiliations:} ]</td>
<td>Sentara Obici Hospital</td>
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<tr>
<td>Anderson, Justin D., MD</td>
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<td>Warren Memorial Hospital Inc.</td>
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Erwin, Michael, MD
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Carilion Tatnall Community Hospital
Duncan, Phillip B., MD
Chester .......... (804) 530-5178
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Southside Regional Medical Center
Durham, Joshua L, MD
Chesapeake ...... (757) 547-9294
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital
Eapen, George, MD
Petersburg .......... (804) 765-5000
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center
VCU Health System/MCV
East, Mark A., MD
Norfolk.......... (757) 222-0012
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Eich, David M., MD
Carrollton
Suffolk ............. (757) 983-0330
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
El-Ahmad, Fadi M, MD
Danville
Lynchburg ...... (434) 200-5252
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Erwin, Michael, MD
Richmond ........... (804) 559-0405
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Escanelas, Jaime, MD
Fishersville .......... (540) 932-4000
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center
Escoano, Michael G., MD
Fall Church ...... (540) 347-9898
Haymarket ...... (571) 284-4370
Manassas .......... (703) 753-9799
Warrenton .......... (540) 347-9898
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
Evans Jr, Charles G., MD
Richmond ......... (804) 323-5011
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital
Faruqui, Nadeem A., MD
Petersburg .......... (804) 765-5000
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center
VCU Health System/MCV
Ferguson, John D, MD
Charlottesville ...... (434) 982-7650
Fishersville ........ (540) 213-9550
Fischer, Joshua J., MD
Charlottesville ...... (434) 982-7195
Hospital Affiliations:
Augusta Medical Center
Sentara Martha Jefferson Hospital
Francis, Vernon R., MD
Norfolk .......... (757) 261-0700
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Friend, Christopher D., MD
Charlottesville ...... (434) 982-7195
Gaither, Neal S, MD
Front Royal ...... (540) 636-0627
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center
Garnet, James, MD
Richmond ........... (804) 521-5814
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Ghafouri, Merod, DO
Annandale .......... (703) 335-8750
Ashburn .......... (703) 335-8750
Gainesville .......... (703) 335-8750
Manassas .......... (703) 335-8750
Stafford .......... (703) 335-8750
Ghazvin, Mohammad Monireddin, MD
Stafford .......... (540) 628-2173
Woodbridge ...... (703) 492-6822
Gibbs, Barnett T., MD
Richmond ........... (804) 288-0134
Hospital Affiliations:
Henderson Doctors' Hospital - Forest Campus
Gimple, Lawrence W., MD
Charlottesville ...... (434) 924-2930
Fishersville .......... (540) 213-9550
Gistu, Massimo F., MD
Glen Allen .......... (804) 288-3123
Kilmarnock
Midlothian ...... (804) 794-6400
Quinton .......... (804) 730-1481
Richmond .......... (804) 288-3123
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Goldberg, Adam S., MD
Charlottesville ...... (434) 293-4072
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Goldberg, Martin J., MD
Newport News ...... (757) 736-9860
Norfolk .......... (757) 252-9365
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Gupta, Bhavdeep K., MD
Portsmouth ......... (757) 399-2639
Suffolk ............. (757) 484-5202
Virginia Beach .... (757) 474-7470
Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Haas, John, MD
Lynchburg ........... (434) 200-3000
Hospital Affiliations:
Sentara Lynchburg General Hospital
Hackenbracht, Jason, MD
Danville
Farmville
Gretta .......... (434) 656-1717
Lynchburg ......... (434) 316-5900
Moneta
South Boston ....... (434) 571-8921
Hospital Affiliations:
Sentara Lynchburg General Hospital
Sentara Virginia Baptist Hospital
Hagemann, Timothy W., MD
Mechanicsville ...... (804) 559-0405
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Richmond......... (804) 559-0405
Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest
  Campus
  Henrico Doctors' Hospital -
  Retreat Campus
  John Randolph Medical Center
Haidar, Agha W, MD
Petersburg......... (804) 765-5785
Richard.......... (804) 523-3712
Hospital Affiliations:
  Bon Secours St Francis Medical
  Center
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest
  Campus
  John Randolph Medical Center
Hammond, William R., MD
Charlottesville... (434) 282-3377
Hamati, Fawwaz Io., MD
Charlottesville... (434) 982-7195
Haider, Agha W, MD
Richmond......... (804) 523-3712
Hospital Affiliations:
  Bon Secours St Francis Medical
  Center
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest
  Campus
  John Randolph Medical Center
Hamletz, Ido, MD
Bastian......... (276) 688-4331
Hardy......... (540) 982-8204
Happel, Richard D., MD
Wytheville........ (276) 228-4860
Hospital Affiliations:
  Carilion New River Valley Medical Center
  Wythe County Community Hospital
Hapgood, John C., MD
Charlottesville... (434) 243-0731
Culpeper........ (540) 829-1919
Front Royal..... (540) 636-0300
Roanoke........ (540) 982-8204
Tazewell........ (276) 988-8700
Havilig, Thomas J., MD
Suffolk........ (757) 541-1050
Hospital Affiliations:
  Bon Secours Mary Immaculate Hospital
  Bon Secours Maryview Medical Center
Hawkins, John W., MD
Kilmarnock ..... (804) 435-7735
Mechanicsville .. (804) 730-1481
Quinton........
Hazarika, Surovi, MD
Charlottesville... (434) 243-1000
Culpeper......... (540) 829-1919
Fishersville
Hospital Affiliations:
  University of Virginia Medical Center
Helezt, Ido, MD
Bastian......... (276) 688-4331
Hardy......... (540) 982-8204
Lexington....... (540) 463-2227
Martinsville..... (276) 634-4400
Pearsburg....... (540) 921-6000
Roanoke........ (540) 982-8204
Tazewell....... (276) 988-8700
Hospital Affiliations:
  Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
  Carilion Giles Community Hospital
  Carilion Roanoke Memorial Hospital
  Carilion Stonewall Jackson Hospital
Higey, Jason, MD
Lynchburg...... (434) 200-5252
Hospital Affiliations:
  Centra Lynchburg General Hospital
Hoffnier, Thomas J., MD
Suffolk.......... (757) 541-1050
Hospital Affiliations:
  Bon Secours Mary Immaculate Hospital
  Bon Secours Maryview Medical Center
Holdaway, Brian K., MD
Mechanicsville .. (804) 559-0405
Richmond......... (804) 559-0405
Hospital Affiliations:
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
Hollis, Zachary, MD
Winchester ..... (540) 636-0629
Hospital Affiliations:
  UVA Culpeper Hospital
  University of Virginia Medical Center
  Winchester Medical Center
Hoyt, Chad, MD
Danville
Farmville
Greta........ (434) 656-1717
Lynchburg...... (434) 316-5900
Moneta
South Boston .... (434) 572-8921
Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital
Huffman, Matthew, MD
Arrington......... (434) 263-4000
Bedford ........... (434) 200-2725
Danville
Farmville........ (434) 392-4370
Lynchburg....... (434) 200-5252
Moneta .......... (434) 200-5252
South Boston ..... (434) 572-8921
Hospital Affiliations:
  Augusta Medical Center
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital
  University of Virginia Health Sciences Center
Hunley, Stephen O., MD
Norfolk........ (757) 261-0700
Williamsburg.... (757) 345-4800
Hospital Affiliations:
  Sentara CarePlex Hospital
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Obici Hospital
  Sentara Virginia Beach General Hospital
Iskandar, Said B., MD
South Boston ..... (434) 572-8977
Hospital Affiliations:
  Halifax Regional Hospital
Iyer, Venkat R., MD
Chesapeake ...... (757) 547-9294
Norfolk......... (757) 547-9294
Virginia Beach .. (757) 547-9294
Ijaf, Ahsan Q., DO
Falls Church..... (540) 347-9898
Haymarket .... (571) 284-4370
Manassas ... (703) 753-9799
Warrenton ...... (540) 347-9898
Hospital Affiliations:
  Fauquier Hospital
  Novant Health UVA Health System
  Haymarket Medical Center
  Novant Health UVA Health System
  Prince William Medical Center
Jain, Rakesh, MD
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Bedford ........... (434) 200-2725
Emporia......... (804) 560-8880
Farmville........ (434) 392-4370
Lynchburg....... (434) 200-5252
Richmond....... (804) 560-8880
South Boston ..... (434) 572-8921
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  Chippenham Medical Center/
  Johnston-Willis Hospital
Jara, Jessica, MD
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Lynchburg ...... (434) 316-5900
Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital
Javed, Muhammad R., MD
Richlands......... (276) 964-9102
Hospital Affiliations:
  Clinic Valley Medical Center
Jazayerli, Nabil, MD
Lexington ........ (540) 463-2227
South Boston ..... (434) 572-8977
Hospital Affiliations:
  Carilion Stonewall Jackson Hospital
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Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors’ Hospital - Forest
  Campus
  John Randolph Medical Center
  St. Mary’s Hospital
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Christianburg..... (540) 731-2328
Hospital Affiliations:
  Jefferson
  Christiansburg ... (540) 731-2000
  Pearsburg ...... (540) 921-6000
Hospital Affiliations:
  Carilion Giles Community Hospital
  Carilion New River Valley Medical Center
  Carilion Roanoke Memorial Hospital
Johns, Mark E., MD
Midlothian......... (804) 560-8782
Hospital Affiliations:
  Bon Secours St Francis Medical Center
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Hospital Affiliations:
  Augusta Medical Center
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Blackburg ........ (540) 961-0218
Hampton........ (757) 825-4260
Hospital Affiliations:
  Bon Secours Mary Immaculate Hospital
  Montgomery Regional Hospital d/ b/ LewisGale Montgomery
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Hospital Affiliations:
  Chippenham Medical Center/
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  Southside Regional Medical Center
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Sentara CarePlex Hospital
Sentara Leigh Hospital
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Sentara Norfolk General Hospital

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Sentara Obici Hospital

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Rocky Mount
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center

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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

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Hampton Medical Center
Novant Health UVA Health System
Prince William Medical Center

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War Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

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Hospital Affiliations:
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Carillion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Williamsburg...... (757) 345-4800

Hospital Affiliations:
Sentara Obici Hospital

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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus

Merrick, Raymond D., MD
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Lebanon
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Hospital Affiliations:
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Miller, Gregory Houston, MD
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Norfolk............... (757) 261-0700
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Sentara Leigh Hospital
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Sentara Obici Hospital
Patel, Kalpesh, MD
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Colonial Heights(804) 520-1764
Farmville ......... (804) 520-1764
Franklin .......... (757) 568-7518
Hopewell .......... (804) 520-1764
Lawrenceville... (804) 520-1764
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Richmond .......... (843) 654-7689
South Hill ......... (757) 342-0503
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Johnston-Willis Hospital
John Randolph Medical Center
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Southside Regional Medical Center
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Hospital Affiliations:
VCU Community Memorial Hospital
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Stafford ........... (855) 739-9953
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Manassas.......... (703) 335-8750
Stafford ........... (703) 335-8750
Vienna .......... (703) 335-8750
Warrenton ........ (703) 335-8750
Woodbridge ....... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital
Przewald, Terry C., MD
Annandale......... (703) 335-8750
Ashburn......... (703) 335-8750
Leesburg ...... (703) 335-8750
Stafford ........... (703) 335-8750
Vienna .......... (703) 335-8750
Warrenton ........ (703) 335-8750
Woodbridge ....... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital
Ramadhan, Kristhiansamy, MD
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Lexington .......... (540) 463-2227
Martinsville ...... (757) 634-4400
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Ramchandran, Mohamed, MD
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Martinsville ...... (757) 634-4400
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Ramotlawi, Basel, MD
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Hospital Affiliations:
Winchester Medical Center
Rana, Mohammad Javed, MD
Bluefield........ (276) 322-0000
Hospital Affiliations:
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Princeston Community Hospital
Rana, Zeshan, MD
Fredericksburg .. (540) 373-1331
Hospital Affiliations:
Spotsylvania Regional Medical Center
Rao, Zeshan, MD
Front Royal ...... (540) 636-0300
Luray .............. (540) 743-4561
Woodstock ...... (540) 459-1383
Hospital Affiliations:
Winchester Medical Center
Ragosta, Michael, MD
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Fishersville
Hospital Affiliations:
Augusta Medical Center
Rahman, Faraz, MD
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Rai, Priti, MD
Lake Ridge ....... (703) 492-6822
Stafford .......... (540) 628-2173
Hospital Affiliations:
Stafford Hospital Center
Raizada, Anil MD
Suffolk............. (757) 938-8750
Hospital Affiliations:
Sentara Obici Hospital
Rajab, Mohammad, MD
Henrico.......... (804) 288-0134
Richmond .......... (804) 346-2070
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
VCU Health System/MCV
Ramachandran, Krishnasamy, MD
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Lexington .......... (540) 463-2227
Martinsville ...... (757) 634-4400
Roanoke .......... (540) 982-8204
Hospital Affiliations:
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Ramchandran, Swamy, MD
Bastian............. (276) 688-4331
Lexington .......... (540) 463-2227
Martinsville ...... (757) 634-4400
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Ramsey, Dinah, MD
Hampton ......... (757) 757-9835
Suffolk ........... (757) 983-8750
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
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Hospital Affiliations:
Bluefield Regional Medical Center
Princeston Community Hospital
Rana, Zeshan, MD
Fredericksburg .. (540) 373-1331
Hospital Affiliations:
Spotsylvania Regional Medical Center
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<td>Rhinehart, Kenneth Bernard, MD</td>
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<td>Sandesara, Chirag, MD</td>
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<td>Sarembock, Ian J., MBBS</td>
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<td>Satterfield, John, MD</td>
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<td>Schnatz III, Frederick, DO</td>
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<td>Schmaecker, Matthew Michael, MD</td>
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<td>Martinville</td>
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|chief physicians who are part of our network. Each physician has been approved by Optima Health for their level of expertise and experience in their field. Please note that this list is subject to change and may not include all specialists currently on our network. If you have questions regarding a specialist not listed, please contact us at (800) 346-9611 or visit our website at www.optimahealth.com. We encourage you to review the information provided and make an informed decision about your healthcare needs.
Specialists - Tier 1

Woodbridge ...... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital

Shah, Sanjay G., MD
Norfolk............ (757) 261-0700
Virginia Beach ...(757) 507-8900
Hospital Affiliations:
Chesapeake Regional Medical Center

Shams, Omar F., MD
Chesterfield ...... (804) 287-4550
Midlothian....... (804) 794-6400
Richmond....... (804) 288-3123
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Shannon, Richard P., MD
Charlottesville... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Sharma, Aditya M., MD
Charlottesville... (434) 243-1000
Culpeper........ (540) 829-1919
Fishersville
Hospital Affiliations:
Centra Southside Community Hospital
University of Virginia Medical Center

Sheth, Neerav, MD
Chesapeake...... (757) 547-9294
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Sidhu, Balbir S, MD
Amannale ....... (703) 335-8750
Ashburn.........(703) 335-8750
Gainesville ...... (703) 335-8750
Manassas ......... (703) 335-8750
Stafford ......... (703) 335-8750
Vienna .......... (703) 335-8750
Warrenton ...... (703) 335-8750
Woodbridge ..... (703) 335-8750
Hospital Affiliations:
Reston Hospital Center

Siegel, Lewis, MD
Fishersville...... (540) 245-7080
Lexington ......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center

Singh, Jaspreet, MD
Chesterfield...... (804) 520-1764
Colonial Heights (804) 520-1764
Farmville ......... (804) 520-1764
Franklin........ (757) 568-7518
Lawrenceville.... (804) 520-1764
Petersburg ....... (804) 520-1764
Richmond ......... (804) 520-1764
South Hill .......(757) 542-0503
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center

Singh, Kanwar P., MD
Charlottesville... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Siraik, Tseday E., MD
Fishersville....... (540) 245-7080
Frederickburg ....(540) 741-2045
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Skellen, Jr., Edward, MD
Suffolk.......... (757) 541-1050
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Slowikowski, Jacek Stanislaw, MD
Charlottesville... (434) 982-7195
Frederickburg ....(540) 373-1313
Hospital Affiliations:
Sentara Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Stenfliech, Jeffrey, MD
Winchester .......(540) 662-0306
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Snow, Frank R., MD
Frederickburg ....(540) 373-1313
Hospital Affiliations:
Mary Washington Hospital (MWH)

Sonni, Mrugesh, MD
Newport News
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Soukoulis, Victor, MD
Charlottesville... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Spencer, Beverly, MD
Petersburg .......(804) 765-5000
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center

VCU Health System/MCV

Sposato, Joseph J., DO
Chesapeake ...... (757) 549-9294
Norfolk............ (757) 547-9294
Virginia Beach ... (757) 547-9294

Srivastava, Ravi, MD
Williamsburg .... (757) 345-4800
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

St. Clair, Jesse W., MD
Chesapeake ...... (757) 549-9294
Norfolk............ (757) 547-9294
Virginia Beach ... (757) 547-9294
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Stein, Emanuel, MD
Portsmouth .......(757) 686-9400
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sternberg, Kenneth S., DO
Charlottesville ... (434) 982-7195
Fishersville....... (540) 245-7080
Lexington ........ (540) 464-3465
Hospital Affiliations:
Augusta Medical Center
Sentara Martha Jefferson Hospital

Stine, Ronald A., MD
Hampton.......... (757) 726-0078
Norfolk............ (757) 252-3370
Suffolk.......... (757) 925-0759
Virginia Beach ... (757) 507-8900
Williamsburg ...... (757) 345-4800
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Strosahl, Kurt, MD
Chesapeake ...... (757) 547-9294
Virginia Beach
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Swank, Gary P., MD
Christiansburg .... (540) 731-2000
Martinsville ...... (276) 634-4400
Roanoke
Rocky Mount .... (540) 483-5277
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Taheri, Hamid, MD
Amannale ........ (703) 335-8750
Ashburn.........(703) 335-8750
Gainesville ...... (703) 335-8750
Manassas ......... (703) 335-8750
Stafford ......... (703) 335-8750
Virginia Beach ... (703) 335-8750
Woodbridge...... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital

Tajouri, Tanya H., MD
Harrisonburg .... (540) 659-7400
Hospital Affiliations:
Sentara RMH Medical Center

Talreja, Ashok, MD
Frederickburg .... (540) 373-1313
Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center

Talreja, Deepak R., MD
Chesapeake ...... (757) 549-9294
Norfolk............ (757) 547-9294
Virginia Beach ... (757) 547-9294
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Tatar, Steven A., MD
Charlottesville... (434) 982-7195
Hospital Affiliations:
Augusta Medical Center

Thakkar, Muljibhai Jethabhai, MD
Richlands......... (276) 964-6649

Thomas, Christopher, MD
Richmond......... (804) 285-2685
Hospital Affiliations:
Bon Secours St. Marys Hospital

Thomas, Shelton W., MD
Richmond......... (804) 288-4827
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
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<td>Titus, Gareth, MD</td>
<td>(434) 572-8977</td>
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<td>Townsend, Mark, MD</td>
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<td>Arrington</td>
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<td>Lynchburg</td>
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<td>(540) 245-7080</td>
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<td>(804) 288-4827</td>
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<td>(540) 373-1331</td>
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<tr>
<td>Zeevi, Gary R., MD</td>
<td>(434) 924-2420</td>
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</tr>
</tbody>
</table>
Specialists - Tier 1

Certified Nurse Midwife - Ob/Gyn

Cherrywell, Roberta R., CNM
Front Royal .......... (540) 636-0300
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Ruby, Libby, CNM
Winchester .......... (540) 722-2369
Wootten, Terrrel, CNM
South Hill .......... (434) 584-2273

Child Abuse (Pediatrics)

Clayton, Michelle, MD
Norfolk .......... (757) 668-7000
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
De Triquet, John M., MD
Norfolk .......... (757) 668-7100
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Clinical Cardiac Electrophysiology

Bernstein, Robert C., MD
Norfolk .......... (757) 261-0700
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Darby, Andrew E., MD
Charlottesville .... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Gentles, Phillip J., MD
Chesapeake ...... (757) 547-2233
Hampton .......... (757) 726-0078
Newport News .... (757) 736-9860
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ghazvini, Mohammad Monireddin, MD
Stafford ............ (540) 628-2173
Woodbridge ...... (703) 492-6822
Gilligan, David M., MD
Prince George .... (804) 458-1740
Richmond .......... (804) 323-5011
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Goldberg, Adam S., MD
Charlottesville .... (434) 293-4072
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Grammes, Jon A., DO
Charlottesville ..... (540) 261-0700
Ilkhanoff, Leonard, MD
Annandale ...... (703) 335-8750
Ashburn ............ (703) 335-8750
Gainesville ......... (703) 335-8750
Manassas ............ (703) 335-8750
Stafford ............ (703) 335-8750
Vienna ............ (703) 335-8750
Warrenton ........ (703) 335-8750
Woodbridge ...... (703) 335-8750
Hospital Affiliations:
Faquier Hospital
Novant Health UVA Health System
Prince William Medical Center
Joyer, Charles A., MD
Richmond .......... (804) 323-5011
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Junker, Charles A., MD
Charlottesville ...... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Kanter, Harry L., MD
Charlottesville .... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Massaro, Richard C., DO
Charlottesville ...... (434) 243-1000
Lexington .......... (540) 463-2227
Martinsville ...... (276) 634-4400
Roanoke ............ (540) 853-5944
Hospital Affiliations:
Carilion New River Valley Medical Centers
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Mehta, Nishki K., MD
Charlottesville ...... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center
Rubery, Byron E., MD
Galax ................ (276) 238-3318
Schneider, Daniel A., MD
Mechanicsville ...... (804) 559-0405
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Shah, Saumil, MD
Charlottesville ...... (804) 288-0061
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Sperry, Robert E, MD
Richmond .......... (804) 288-0061
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

VerNooy, Jr., Robert A., MD
Harrisonburg ...... (540) 689-5555
Hospital Affiliations:
Sentara RMH Medical Center

Colon/Rectal Surgery

Bouchard, Christine M., MD
Richmond .......... (804) 320-2705
Hospital Affiliations:
Chapin Medical Center/Johnston-Willis Hospital
Specialists - Tier 1

Charron, Paul D., MD
Richmond .......... (804) 288-7077
Coury II, Joseph J., MD
Mechanicsville .. (804) 559-3400
Richmond .......... (804) 288-7077
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Frenkel, Joseph Lawrence, MD
Norfolk ............ (757) 483-3030
Portsmouth .......... (757) 483-3030
Suffolk ............. (757) 483-3030
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Gentry, Cary L., MD
Mechanicsville .. (804) 559-3400
Richmond .......... (804) 249-2465
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennham Medical Center
Henrico Doctors’ Hospital - Forest Campus
Univ of Virginia Medical Center
Virenberg, Andrew, MD
Mechanicsville .. (804) 559-3400
Richmond .......... (804) 249-2465

Critical Care Medicine

Abril, Juan, MD
Fredericksburg .. (540) 899-1615
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Bell, Taison D., MD
Charlottesville .... (434) 243-4845
Hospital Affiliations:
University of Virginia Medical Center
Bower, Katie Love, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Buchner, Jessica A, MD
Hampton .............. (757) 827-2350
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Caginna, Rebecca E, MD
Charlottesville .... (434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center
Dunlap, Nancy E., MD
Charlottesville .... (434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center
Gillen, Jacob, MD
Roanoke .......... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Hoellerich, Vincent L., MD
Williamsburg .... (757) 984-3975
Hospital Affiliations:
HANCOCK COUNTY HOSPITAL
Sentara Albemarle Medical Center
Sentara Williamsburg Regional Medical Center

Dermatology

Agarwal, Raj, MD
Richmond .......... (804) 282-0831
Baer, Robert S., MD
Carrollton ............ (757) 745-7261
Newport News .... (757) 595-8816
Norfolk ............. (757) 461-5656
Virginia Beach .. (757) 496-5085
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Barry, Megan E, MD
Charlottesville .... (434) 296-0113
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Bauer, Bruce D., MD
Norfolk ............. (757) 622-6315
Beck, Kristyn D, MD
Virginia Beach .. (757) 481-4422
Beute, Trisha C., MD
Chesapeake ...... (757) 484-5900
Hospital Affiliations:
Bon Secours Maryview Medical Center
Provencio, Jose J., MD
Charlottesville .... (434) 924-8371
Hospital Affiliations:
University of Virginia Medical Center
Rennert, Douglas A., MD
Leesburg .......... (703) 856-9608
Reston ............. (703) 318-8157
Rose, Kristi D., MD
Charlottesville .... (434) 924-2283
Hospital Affiliations:
University of Virginia Medical Center
Simou, Jikerkhoum, MD
Norfolk .......... (757) 388-6115
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Thiele, Robert H., MD
Charlottesville .... (434) 924-2283
Hospital Affiliations:
University of Virginia Medical Center
Woldearegay, Fasika M., MD
Broadway .......... (540) 901-0800
Harrisonburg .... (540) 689-5600
Hospital Affiliations:
Sentara RMH Medical Center

St. Mary’s Hospital

Timmerman, William R., MD
Mechanicsville .. (804) 559-3400
Richmond .......... (804) 288-7077
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennham Medical Center
Henrico Doctors’ Hospital - Forest Campus
Univ of Virginia Medical Center
Virenberg, Andrew, MD
Mechanicsville .. (804) 559-3400
Richmond .......... (804) 249-2465

Hooper, Michael H, MD
Norfolk .......... (757) 338-6115
Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Hulse, Matthew C, MD
Charlottesville ...........................................(434) 924-2283
Hospital Affiliations:
University of Virginia Medical Center
Ie, Susanti R., MD
Christiansburg .. (540) 731-7460
Roanoke
Isbell, James, MD
Charlottesville .... (434) 243-6443
Hospital Affiliations:
Augusta Medical Center
Univ of Virginia Health Sciences Center
Jaeger, James, MD
Charlottesville .... (434) 924-2283
Hospital Affiliations:
University of Virginia Medical Center
Kadri, Sameer, MD
Charlottesville ...........................................(434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center
Kadri, Sameer, MD
Williamsburg ......... (757) 984-3975
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
Kwon, Youngmoo, MD
Charlottesville ...........................................(434) 243-4520
Hospital Affiliations:
University of Virginia Medical Center
Levitov, Alexander, MD
Norfolk .......... (757) 446-5758
Lunardi, Nadia, MD
Charlottesville ...........................................(434) 924-2283
Hospital Affiliations:
University of Virginia Medical Center
Malpass, Howard C, MD
Charlottesville ...........................................(434) 924-5219
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Mannem, Hannah C., MD
Charlottesville ...........................................(434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center
Naghsin, Jahanbakhsh, MD
Leesburg .......... (703) 856-9608
Reston ............. (703) 318-8157
Nicolose, Anton, MD
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
Patel, Krunal M., MD
Charlottesville ...........................................(757) 484-5900
Hospital Affiliations:
Bon Secours Maryview Medical Center
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Hospital Affiliations:
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Reston ............. (703) 318-8157
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Hospital Affiliations:
University of Virginia Medical Center
Simou, Jikerkhoum, MD
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Hospital Affiliations:
Sentara Leigh Hospital
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Hospital Affiliations:
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Hospital Affiliations:
Sentara RMH Medical Center

Dermatology

Agarwal, Raj, MD
Richmond .......... (804) 282-0831
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Newport News .... (757) 595-8816
Norfolk ............. (757) 461-5656
Virginia Beach .. (757) 496-5085
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Barry, Megan E, MD
Charlottesville .... (434) 296-0113
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Bauer, Bruce D., MD
Norfolk ............. (757) 622-6315
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Virginia Beach .. (757) 481-4422
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Hospital Affiliations:
Bon Secours Maryview Medical Center

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Optima Health
Specialists - Tier 1

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Norfolk............ (757) 261-5944
Hospital Affiliations:
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Sentara Norfolk General Hospital

Hepper, Donna, MD
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Hill, Samantha, MD
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Hardy .............. (540) 759-7900
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Himes, Emily R, MD
Newport News.. (757) 873-0161

Hindman, Jonathan L., DO
Cheriton
Virginia Beach.. (757) 481-1666

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Huffman, Leilei C, MD
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Hurd, Daniel S., DO
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Hospital Affiliations:
Carilion New River Valley Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Hwang, Richard J., MD
Woodbridge .... (703) 490-6500
Hospital Affiliations:
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Jackson, Nathan A, DO
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Jenison, Mark W., MD
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Johnson, Brian L., MD
Newport News.. (757) 369-0439
Norfolk .......... (757) 455-5009
Suffolk ....... (757) 226-7296

Johnston, Chad J., DO
Blacksburg ...... (540) 951-3376
Narrows......... (540) 951-3376
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Hospital Affiliations:
Carilion New River Valley Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Keaney, Terrence, MD
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Hospital Affiliations:
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King, Melissa W. C., MD
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Richmond........ (804) 282-8510

Kites, Eileen C., MD
Richmond....... (804) 282-8510

Knight, Yvonne N., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Knoell, Keith A, MD
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Suffolk ....... (757) 745-7261
Virginia Beach .. (757) 496-5085
Williamsburg..... (757) 564-8535

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Henrico Doctors' Hospital - Parham Campus

Krasner, Brett D., MD
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Letada, Philip R., MD
Cheriton
Virginia Beach .. (757) 481-1666

Lockman, Deborah W., MD
Charlottesville.. (434) 923-4651

Lynch, Jane M, MD
Afton............. (540) 885-4500
Lexington ....... (540) 885-4500
Staunton .......... (540) 885-4500

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Marcuson, Zantha Christine, MD
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Williamsburg..... (757) 259-9466

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Martin, Kristen, MD
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Mather, Mary K., MD
Fishersville..... (540) 569-2942
Harrisonburg ..... (540) 434-1756

Hospital Affiliations:
Sentara RMH Medical Center

Mattay, Neeraja C, MD
Centreville........ (866) 808-3140
Sterling ......... (866) 808-3320

Hospital Affiliations:
Inova Fair Oaks Hospital

Mauro, Kajija K, DO
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Chesapeake ....... (757) 389-5544
Newport News .. (757) 595-8816
Norfolk ............ (757) 622-6315
Williamsburg..... (757) 476-5468

Mazzuero, Jason D., DO
Newport News .. (757) 873-0161
Williamsburg..... (757) 259-9466

Mendoza, Natalia, MD
Newport News .. (757) 595-8817
Norfolk ............ (757) 622-6315
Virginia Beach .. (757) 496-5085
Williamsburg..... (757) 564-8535

Menon, Padman A., MD
Hampton......... (757) 825-1440
Virginia Beach.. (757) 467-3900

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Miladi, Anis, MD
Norfolk............ (757) 461-1033
Yorktown ........ (757) 874-0320

Miller, Carolyn I, MD
Harrisonburg ..... (540) 442-8056

Moreland, Roberta, MD
Leesburg.......... (703) 723-7171

Muffelman, David W, MD
Gloucester ....... (804) 693-6527
Yorktown ........ (757) 874-0320

Hospital Affiliations:
Riverside Walter Reed Hospital

Naga, Lina, MD
Arlington........ (703) 966-7127

Nanda, Vandana S., MD
Charlottesville.. (434) 977-0027
Waynesboro ..... (540) 434-1756

Hospital Affiliations:
Sentara Martha Jefferson Hospital

New, Harold Douglas, MD
Abingdon......... (276) 619-2416

Noland, Mary-Margaret B., MD
Charlottesville.. (434) 924-5115

Nooland, Padma S., MD
Charlottesville.. (434) 924-5115

Hospital Affiliations:
University of Virginia Medical Center

Oppenheim, Arnold R, MD
Lexington......... (540) 885-4500
Staunton .......... (540) 885-4500

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Padgett, Julia Konerding, MD
Glen Allen ....... (804) 977-8938

Hospital Affiliations:
Bon Secours St. Marys Hospital

Pariser, David M., MD
Norfolk............ (757) 622-6315
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pariser, Robert J., MD
Norfolk............ (757) 622-6315
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patton, Larry Z, MD
Roanoke.......... (540) 265-1604

Pearce, Hannah P, MD
Charlottesville.. (434) 923-4651

Hospital Affiliations:
Name Not Available

Peck, Suzanne, MD
Richmond........ (804) 787-8510

Perry, Kappa M, MD
Lynchburg........ (434) 847-6132

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Phillips, Mariana, MD
Roanoke .......... (540) 853-0755

Hospital Affiliations:
VCU Health System/MCV

Platt, Carol L, MD
Virginia Beach .. (757) 481-1666

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Pickard, Clay, MD
Lexington......... (540) 581-0254
Roanoke .......... (540) 581-0254

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Pike, Jennifer L., MD
Virginia Beach .. (757) 481-4422

Prickett, Kyle A, MD
Hardy............. (540) 581-0254
Roanoke .......... (540) 581-0170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Prodanovic, Edward, MD
Norfolk.......... (757) 446-5629

Virginia Beach
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Quarles, Frederick N., MD
Newport News.. (757) 369-0439
Norfolk ............ (757) 455-5009

Hospital Affiliations:
Centra Virginia Baptist Hospital

Sentara Eastern Virginia Medical Center

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019

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Optima Health
Suffolk .......... (757) 925-1860
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Ragi, Jennifer M., MD
Royal, Pamela J., MD
Richard, Emily B, MD
Regan, Laura E., MD
Reed, Ashley M., MD
Reaves, Jami Lynn, DO
Rausch, Christine, MD
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Reaves, Jami Lynn, DO
Blackburg ...... (540) 951-3376
Hospital Affiliations:
Indian Path Community Hospital
Reed, Ashley M., MD
Norfolk.......... (757) 622-6315
Regan, Laura E., MD
Midlothian ...... (804) 379-0116
Richard, Emily B, MD
Waynesboro ...... (540) 949-6934
Richardson, Douglas, MD
Sterling .......... (703) 430-3939
Robinson, James F., MD
Richmond .......... (804) 440-3376
Robinson, Keith, DO
Danville........... (434) 792-0423
Petersburg .......... (804) 324-4511
Hospital Affiliations:
SOVIA Health - Danville
Royal, Pamela J., MD
Richmond .......... (804) 673-1119
Russell, Mark A., MD
Charlottesville ... (434) 924-5115
Saeed, Arturo, MD
Charlottesville ... (434) 924-5115
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Sage, Matthew, MD
Richmond .......... (804) 282-0831
Salkey, Kimberly S, MD
Chesapeake ....... (757) 668-8922
Newport News .. (757) 668-8922
Norfolk .......... (757) 668-8785
Virginia Beach .. (757) 668-8922
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Health System/MVC
Sanglay, Hayri, DO
Richmond .......... (804) 916-7062
Savola, Kristen L., MD
Fishersville ...... (540) 451-2833
Hospital Affiliations:
Augusta Medical Center
 Schroeder, Jonathan L., MD
Norfolk ............ (757) 461-1033
Yorktown ........... (757) 874-0320
Hospital Affiliations:
Sentara Virginia Beach General Hospital
Schunk, Keith W., MD
Williamsburg ....... (757) 564-1200
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
Scott, Christopher M., MD
Charlottesville ... (434) 296-0113
Semler, Douglas C., MD
Lansdowne ......... (703) 723-6568
Shenfelder, Donald W., MD
Newport News .. (757) 873-0161
Shinn, Laurie L., MD
Richmond .......... (804) 282-0831
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chimpanpen Medical Center/
Johnston-Willis Hospital
St. Mary's Hospital of Richmond
VCU Health System/MVC
Shrivastava, Vikas, MD
Cheriton
Virginia Beach .. (757) 481-1666
Simpson, Joanne, MD
Alexandria .......... (703) 212-7546
Smith, Molly K., MD
Norfolk .......... (757) 622-6315
Soderberg, John, MD
South Boston ...... (434) 572-6780
Soderberg, Kimberly L., MD
Virginia Beach ... (757) 368-7546
Soukoulis, Ines W., MD
Charlottesville ... (434) 984-2400
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Spann, Carrell, MD
Lynchburg .......... (434) 847-6132
Starnes, Autumn M., DO
Norton .......... (276) 365-8071
Stashower, Mitchell, MD
Fairfax .......... (703) 620-8900
Hospital Affiliations:
Inova Fair Oaks Hospital
Steuer, Kathryn L., MD
Berryville .......... (540) 955-0812
Hospital Affiliations:
Winchester Medical Center
Strahan, Jamison E., MD
Fairfax .......... (703) 620-8900
Norfolk .......... (757) 461-1033
Yorktown .......... (757) 874-0320
Straka, Bonnie F., MD
Charlottesville ... (434) 923-4651
Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus
Tacatacas, Joselin D, MD
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Williamsburg .......... (757) 259-9466
Talanin, Nickolai, MD
Centreville .......... (866) 808-3140
Sterling .......... (866) 808-3320
Hospital Affiliations:
Inova Fair Oaks Hospital
Terhune, Margaret, MD
Richmond .......... (804) 282-8510
Tieu, Kathy, MD
Fairfax .......... (703) 620-8900
Timmermann, Paul C., MD
Roanoke .......... (540) 981-1439
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Titche, Marnie D., MD
Newport News .. (757) 873-0161
Williamsburg .......... (757) 259-9466
Todd, Michael M., MD
Leesburg .......... (703) 723-5700
Tolliver, David Lee, DO
Bluefield .......... (276) 326-3376
Radford .......... (540) 633-3015
Wytheville .......... (276) 228-2022
Tomkins, Kenneth J., MD
Hampton .......... (757) 825-1440
Virginia Beach .. (757) 467-3900
Torous, Cyndi M, MD
Norfolk .......... (757) 622-6315
Tran, Thao, MD
Henrico .......... (804) 264-4545
Treherne, Annyce C., MD
Fairfax .......... (703) 726-0070
Purcellville .......... (703) 726-0070
Tromberg, Jennifer Sara, MD
Charlottesville ... (434) 979-7700
Waynesboro ...... (540) 979-7700
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Usman, Adil, MD
Asburh .......... (703) 726-0070
Purcellville ...... (703) 726-0070
Winchester .......... (757) 726-0070
Hospital Affiliations:
Inova Fair Oaks Hospital
Van Voorhees, Abby S, MD
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Vernon, Hazel J., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Children's Hospital of Richmond
of the VCU Health System
Chimpanpen Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Wakefield, Philip E, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Walter, Melanie R., MD
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Walters, Michelle C., MD
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White, Michael, MD
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Wilson, Barbara B., MD
Charlottesville ... (434) 924-5115
Wilson, David C, MD
Lynchburg .......... (434) 847-6132
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Wu, Diem, MD
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Young, Jeanne M, MD
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Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Zeller, Sarah A., MD
Charlottesville ... (434) 296-0113
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Zlotoff, Barrett J, MD
Charlottesville ... (434) 924-5115
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Endocrinology
Abdul-Rahman, Mustapha, MD
Winchester .......... (540) 678-0767
Hospital Affiliations:
Winchester Medical Center
Almirante, Cheryl D, MD
Hampton .......... (757) 827-2115
Norfolk .......... (757) 446-5908
Suffolk .......... (757) 446-5908
Anderson, Stacey M, MD
Charlottesville ... (434) 924-1825
Armenti-Kapros, Brenda M, MD
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Specialists - Tier 1

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Hospital Affiliations:
Sentara RMH Medical Center
University of Virginia Medical Center

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Barrett, Eugene J., MD
Charlottesville ... (434) 924-1825

Barton, Anna E., MD
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Richmond ............ (804) 282-7857
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Basu, Ananda, MD
Charlottesville ... (434) 924-0123
Hospital Affiliations:
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Beasey, Matthew D., MD
Abingdon .......... (276) 258-3780
Hospital Affiliations:
Wellmont Bristol Regional Medical Center

Berger, Meredith, MD
Midlothian ........... (804) 272-2702
Richmond ............ (804) 272-2702
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Hospital Affiliations:
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Burris, Allen Stuart, MD
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Hospital Affiliations:
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Bush, Zachary M., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Castellucci, Robert P., MD
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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
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Castillo, Danielle, MD
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Sentara Virginia Beach General Hospital

Chaya, Celine, MD
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Chemplavi, Joseph K., MD
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Chhabra, Sandhya K., MD
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Clare, John N., MD
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Bon Secours Memorial Regional Medical Center
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Collins, Jessica S., MD
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Crook, Margaret K., MD
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Sentara Martha Jefferson Hospital

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Daly, Patricia A., MD
Front Royal ...... (540) 635-0800
Winchester .......... (540) 635-0800
Hospital Affiliations:
War Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Dizon, Ana Marie, MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Dokun, Ayotunde O., MD
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Crozet ............... (434) 924-1825
Fishersville .......... (844) 472-8711
Hospital Affiliations:
University of Virginia Medical Center

Eagleson, Christine A., MD
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
St. Mary’s Hospital

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Hospital Affiliations:
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Sentara Leigh Hospital
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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University of Virginia Medical Center

Hudson, Samantha, MD
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Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations:
Augusta Medical Center

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Jenkins, Elizabeth B., MD
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Suffolk ............. (757) 446-5908
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Johnson, Douglas A., MD
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Richmond ............ (804) 423-8462
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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University of Virginia Medical Center

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Fishersville .......... (844) 472-8711
Hospital Affiliations:
University of Virginia Medical Center

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Knudsen, Karen L., MD
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Koch, Michael H, MD
Roanoke .......... (540) 344-3276
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kozlow, Wende M., MD
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Winchester .......... (540) 536-0010
Specialists - Tier 1

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Bon Secours Maryview Medical Center

Lamb, Lauren, MD
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Suffolk ............ (757) 446-5908
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Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara Norfolk General Hospital

Liu, Matthew, MD
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Sentara RMH Medical Center

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Augusta Medical Center

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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital
University of Virginia Medical Center

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Richmond ...... (804) 423-3636

Muthyal, Uma D., MD
Blackstone ...... (804) 285-6858
Chester ............. (804) 285-6858
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Bon Secours St. Francis Medical Center

Nadler, Jerry L., MD
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Suffolk ............ (757) 446-5908
Hospital Affiliations:
University of Virginia Medical Center

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Madison ............. (540) 948-6743
Hospital Affiliations:
University of Virginia Medical Center

Nelson, Aaron B, MD
Norfolk .......... (757) 446-5908

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Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Otero-Truitt, Tassie, MD
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Fishersville ........ (844) 472-8711
Hospital Affiliations:
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Petersen, Timothy C., MD
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Phillips, Ben, MD
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Prakash, Anita, MD
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Rasul, Kamran, MD
Salem. ............. (540) 772-3490
Hospital Affiliations:
Lewis-Gale Medical Center

Rawla, Mandip S., MD
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Virginia Beach .. (757) 507-0900
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

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University of Virginia Medical Center

Roberts, Katherine, MD
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Sentara Williamsburg Regional Medical Center

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Santen, Richard J., MD
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Richmond .......... (804) 764-7686
Hospital Affiliations:
Sentara Norfolk General Hospital

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Zion Crossroads ... (434) 243-9466

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Sutton, Angela V., MD
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Lexington ........... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital
VCU Community Memorial Hospital

Taylor, Jeffrey S, MD
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Hospital Affiliations:
Sentara RMH Medical Center
VCU Health System/MCV

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Hospital Affiliations:
University of Virginia Medical Center

Torres, Andrea C., MD
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Suffolk ............ (757) 446-5908

Wagner, Christina, MD
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Hospital Affiliations:
Chesapeake Medical Center/Johnston-Willis Hospital

Wallace, Elizabeth, MD
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Hospital Affiliations:
Sentara Norfolk General Hospital

Wheaton, Jennifer C., DO
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Wigand, James, MD
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Hospital Affiliations:
Chesapeake Medical Center/Johnston-Willis Hospital

Zavadil III, Anthony, MD
Fredericksburg - (540) 368-9380

ENT (Otolaryngology)

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Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Akhtar, Muhammad J., MD
Culpeper .......... (540) 825-4557
Madison ............. (540) 948-6861

Hospital Affiliations:
UVA Culpeper Hospital

Alexiou, Michael A., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Arabshahi, Alidad, MD
Lake Ridge ......... (703) 499-8878

Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Armstrong, Michael, MD
Richmond ........... (804) 330-5501

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chesapeake Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary’s Hospital
Speakers - Tier 1

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Newport News .. (757) 825-2500

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Bak, Matthew J., MD
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Virginia Beach .. (757) 689-8500

Bakos, Stephen, MD
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Stafford .......... (540) 371-1226

Baldassari, Cristina M., MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Bane, Stephen, MD
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Hospital Affiliations:
Sentara Northern Virginia Medical Center

Bergman Jr., Kenneth, MD
Centreville ....... (703) 263-2333

Dulles .......... (703) 263-2333

Gainesville ...... (571) 248-0245

Berry, Jr. Bill W., MD
Virginia Beach .. (757) 351-1343

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Bowman, Michael K., MD
Blacksburg ...... (540) 443-7400

Radford .......... (540) 776-4000

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Brager, Robert J., MD
Mechanicsville .. (804) 484-3700

Richmond ........ (804) 484-3700

Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
HealthSouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Brand, William T., MD
Charlottesville ... (434) 243-4680

Hospital Affiliations:
University of Virginia Medical Center

Bridges, Matthew, MD
Midlothian........ (804) 378-7443

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Riverside Shore Memorial Hospital

Buckman, Francis, MD
Fredericksburg .. (540) 371-1226

Stafford .......... (540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

Burke, Alan J C, MD
Mechanicsville .. (804) 484-3700

Richmond ......... (804) 484-3700

Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Cable, Benjamin B, MD
Christiansburg.... (540) 731-7600

Hospital Affiliations:
Carilion Roanoke Community Hospital

Chance, Elizabeth Whiting, MD
Charlottesville ... (434) 654-8920

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Chen, Kurt Y., MD
Roanoke .......... (540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Cheng, Alex Y, MD
Lake Ridge .......... (703) 499-8787

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Christophel, John J., MD
Charlottesville ... (434) 977-0027

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Cline, Jay M, MD
Lynchburg ......... (434) 947-3993

Hospital Affiliations:
Centra Lynchburg General Hospital

Courville, Timothy, MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cross, David S., MD
Mechanicsville .. (804) 569-6240

Midlothian........ (804) 794-2368

Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Cuesta, David Cang, MD
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Hospital Affiliations:
University of Virginia Medical Center

Daniero, James J., MD
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Hospital Affiliations:
University of Virginia Medical Center

Dash, Naranim, MD
Fredericksburg .. (540) 371-1226

Stafford .......... (540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

Davidson, William, MD
Fisherwville ...... (540) 245-7010

Lexington .......... (540) 464-3465

Hospital Affiliations:
Augusta Medical Center

Debo, Richard F., MD
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Virginia Beach ... (757) 547-9714

Hospital Affiliations:
Chesapeake Regional Medical Center

Deutsch, Brian D., MD
Chesapeake ...... (757) 623-0526

Norfolk .......... (757) 623-0526

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ditto, John L, MD
Colonial Heights (804) 765-5320

Emporia

Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Dobratz, Eric John, MD
Charlottesville ... (434) 927-0350

Hospital Affiliations:
University of Virginia Medical Center

Early, Stephen V, MD
Fisherwille .... (540) 392-5767

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

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Danville......... (434) 592-0830

Hospital Affiliations:
SOMAH Health - Danville

Farrar, Joshua Daniel, MD
Roanoke ......... (540) 224-4325

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Fedder, Katherine, MD
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Hospital Affiliations:
University of Virginia Medical Center

Fox, Elisabeth A., MD
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Furst, Eric J., MD
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Hospital Affiliations:
Inova Fairfax Hospital

Galos, Richard S, MD
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Hospital Affiliations:
VCU Community Memorial Hospital

Gates, C. Wayne, MD
Harrisonburg ..... (540) 433-9399

Hospital Affiliations:
Sentara RMH Medical Center

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Gillespie, Cameron, MD
South Boston..... (434) 572-8191

Hospital Affiliations:
Twin County Regional Hospital

Gomez-Rivera, Fernando, MD
South Boston..... (434) 517-8095

Hospital Affiliations:
Halifax Regional Hospital

Gross, Brian C., MD
Salem............. (540) 444-8100

Hospital Affiliations:
Lewis-Gale Medical Center

Gurrola II, Jose G., MD
Charlottesville ... (434) 924-2153

Hospital Affiliations:
University of Virginia Medical Center

Han, Joseph K., MD
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Virginia Beach... (757) 821-2090
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Mellis, Michael, MD
Leesburg........... (703) 729-8080
Reston.............. (703) 483-3610

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Hospital Affiliations:
Centra Virginia Baptist Hospital

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Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

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Norfolk.............. (757) 388-6200
Virginia Beach... (757) 689-8500
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Murrell, George, MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
VCU Community Memorial Hospital

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Hospital Affiliations:
Sentara RMH Medical Center

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Hospital Affiliations:
Montgomery Regional Hospital d/b/a Lewistate Hospogyney

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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Hospital Affiliations:
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Hospital Affiliations:
Johnston Memorial Hospital

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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
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Hospital Affiliations:
Chesapeake Regional Medical Center

Powers, Paige L., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Queen, Timothy A., MD
Newport News... (757) 873-0338

Raval, Tejas H., MD
Colonial Heights (804) 765-5320
Emporia
Hopewell........... (804) 765-5320
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Hospital Affiliations:
Southside Regional Medical Center

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Glen Allen......... (804) 228-4480

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Richmond.......... (804) 484-3700

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Harrisonburg.... (540) 433-9399
Hospital Affiliations:
Sentara RMH Medical Center

Rogotzke, Kenneth H., DO
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Pulaski.............. (540) 994-8100
Roanoke............... (540) 981-7000
Wytheville.......... (540) 731-7600
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Wythe County Community Hospital

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Franklin............. (757) 562-6673
Portsmouth.......... (757) 964-0800
Suffolk................ (757) 935-1400
Virginia Beach.... (757) 821-2090
Hospital Affiliations:
Riverside Shore Memorial Hospital

Saidi, Iyad, MD
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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

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Hospital Affiliations:
Inova Fairfax Hospital
Fairfax............... (703) 573-3177

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chesapeake Hospital
Chesapeake Regional Hospital/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Woodstock ........ (540) 459-1384
Hospital Affiliations: Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Strasnick, Barry, MD
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Virginia Beach .. (757) 689-8500
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
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Tarasidis, Nicholas G., MD
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Richmond ........ (804) 484-3700
Hospital Affiliations: Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Tyson, James C., MD
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Richmond ........ (804) 484-3700
Hospital Affiliations: Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Vanhimbergen, Daniel, MD
Mechanicsville .. (804) 484-3700
Richmond ........ (804) 484-3700

Wallace, William J, DO
Norton ............. (276) 246-8155

Weaver, Robert G., MD
Culpeper ...... (540) 825-4557
Madison ......... (540) 948-6861
Hospital Affiliations: Spotsylvania Regional Medical Center
UVA Culpeper Hospital

Wilkes, William L., MD
Richmond ....... (804) 330-1550
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Zachmann, Gregory, MD
Roanoke .......... (540) 345-1561
Salem .......... (540) 266-3790

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Family Medicine Specialist

Beasley, Caren D., MD
Norfolk .......... (757) 252-9500

Bolanos, Sandra H., MD
Norfolk .......... (757) 252-9500

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Female Pelvic Med/Reconstructive Surgery

Clary III, Beverly Boyden, MD
Henrico .......... (804) 285-8806
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico-Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/MCV

Craft II, George F., MD
Winchester ...... (540) 773-8169
Hospital Affiliations: Winchester Medical Center

Walshe, Christopher Joseph, MD
Suffolk ............ (757) 686-4655
Hospital Affiliations: Sentara Obici Hospital

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Gastroenterology

Abou-Assi, Souheil, MD
Richmond ......... (804) 285-8206
Hospital Affiliations: Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Adam, Jason, MD
North Chesterfield (804) 330-4021
Richmond ....... (804) 330-4021
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Johnston Memorial Hospital

Adams, Kenneth A., MD
Newport News .. (757) 534-7701
Hospital Affiliations: Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Ahmed, Rizwan, MD
Gainesville ...... (571) 248-0653
Manassas .......... (703) 368-6819
Warrenton ....... (540) 347-2470
Hospital Affiliations: Fauquier Hospital

Alhaguey, Mohammed, MD
Winchester .......... (540) 667-1244
Hospital Affiliations: Winchester Medical Center

Allen Jr, Herbert Richard, MD
Fishersville ...... (540) 221-7350
South Hill ......... (434) 447-2300
Hospital Affiliations: Augusta Medical Center
Sentara Obici Hospital
VCU Community Memorial Hospital

Antonik, Stephen, MD
Leesburg .......... (703) 771-9001

Aram, Ghazehi, MD
Alexandria ...... (703) 580-0181
Dale City .......... (703) 580-0181
Manassas
Stafford

Hospital Affiliations: Novant Health VHA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
St. Catharine's Hospital

Argo, Curtis K., MD
Richmond ....... (434) 924-2959
Hospital Affiliations: University of Virginia Medical Center

Arulk, Glen M., MD
Virginia Beach .. (757) 481-4817

Arnold, Paul O., MD
Gainesville
Manassas .......... (703) 368-6819
Warrenton

Hospital Affiliations: Fauquier Hospital
Novant Health VHA Health System
Prince William Medical Center

Baig, Zahid L., MD
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Hospital Affiliations: University of Virginia Medical Center

Baker, Nadia, MD
Richmond ........ (804) 285-8206
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Baroni, Darren S., MD
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Hospital Affiliations: Fauquier Hospital
Novant Health VHA Health System
Prince William Medical Center

Bawany, Muhammad, MD
Chester ............. (804) 765-6650
Petersburg .......... (804) 765-6650

Hospital Affiliations: Southside Regional Medical Center
VCU Health System/MCV

Beduya, Dino D, MD
Newport News .. (757) 534-7701

Behn, Brian W., MD
Charlottesville ..... (434) 924-9999

Bell, III, Joseph Sumner, MD
Virginia Beach .. (757) 481-4817

Hospital Affiliations: Sentara Virginia Beach General Hospital

Berg, Carl Lansing, MD
Charlottesville ..... (434) 924-2959

Berger, Keith E., MD
Virginia Beach .. (757) 412-4919

Hospital Affiliations: Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Bern, Merritt Jonathan, MD
Roanoke .......... (540) 224-5170

Hospital Affiliations: Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Bhagat, Vishal, MD
Roanoke ............. (540) 510-3324

Hospital Affiliations: Carilion Roanoke Memorial Hospital

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Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus

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Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Bradenham Jr, Ben, MD
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Henrico Doctors' Hospital - Forest Campus

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Henrico Doctors' Hospital - Forest Campus

Baroni, Darren S., MD
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Hospital Affiliations: Fauquier Hospital
Novant Health VHA Health System
Prince William Medical Center

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Hospital Affiliations: Southside Regional Medical Center
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Hospital Affiliations: Sentara Bayside Hospital
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Hospital Affiliations: Fauquier Hospital
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Specialists - Tier 1

Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Brauer, Deborah, MD
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Hospital Affiliations:
Inova Alexandria Hospital

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sentara Martha Jefferson Hospital

Brooks, Whitney D., MD
Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
SOV-AM Health - Danville

Brown, Joseph Alexander, MD
Abingdon .......... (276) 258-4200

Brown, Michael C., MD
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Manassas

Stafford

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Prince William Medical Center
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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Williamsburg Regional Medical Center

Chitnavis, Maithili V., MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Salem .............. (540) 772-3600

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Choi, Myung W, MD
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Manassas .......... (703) 368-6819

Warrenton

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Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Christman, Emily M., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Clark, Larry E., MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cohn, Steven Mark, MD
Charlottesville ... (434) 924-2959

Comerford, Lawrence W., MD
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Lexington .......... (540) 464-3465

Copland, Andrew P., MD
Charlottesville ... (434) 924-2959

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Corbett, Robin L., MD
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Hospital Affiliations:
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Lynchburg

Roanoke .......... (540) 985-9832

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Hospital Affiliations:
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Lynchburg ......... (434) 384-1862

Daher, Ramsey, MD
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Manassas .......... (703) 365-9085

Stafford ........... (540) 659-9359

Woodbridge ....... (703) 580-0181

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Stafford Hospital Center

Damle, Anant S., MD
Suffolk ............ (757) 483-6100

Hospital Affiliations:
Bon Secours Maryview Medical Center

Dandalides, Steven, MD
Chesapeake ....... (757) 547-0798

Norfolk ............ (757) 889-6800

Virginia Beach .... (757) 547-0798

Hospital Affiliations:
Bon Secours DePaul Medical Center

Chesapeake Regional Medical Center

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Davis, Rufus C., MD
Richmond ......... (804) 320-3005

Hospital Affiliations:
Bon Secours St. Marys Hospital

Chesapeake Medical Center

Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Retreat Campus

Sheltering Arms Rehabilitation Hospital

St. Mary's Hospital

Dentem, Thomas J., MD
Portsmouth

Smithfield

Suffolk ............ (757) 483-6100

Hospital Affiliations:
Bon Secours Maryview Medical Center

Sentara Obici Hospital

Dye, Kevin R., MD
Christiansburg ... (540) 731-2000

Roanoke .......... (540) 224-5170

Hospital Affiliations:
Carilion Roanoke Community Hospital

Carilion Roanoke Memorial Hospital

Edeleman, Krista, MD
North Chesterfield (804) 560-9864

Richmond ......... (804) 673-2806

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Bon Secours St. Marys Hospital

Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Parham Campus

Henrico Doctors' Hospital - Retreat Campus

Eid, Rami, MD
Richmond ......... (804) 289-1131

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Bon Secours St. Marys Hospital

Chesapeake Medical Center

Johnston-Willis Hospital

Healthsouth Rehabilitation Hospital

Hospital of Virginia

Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Retreat Campus

Sheltering Arms Rehabilitation Hospital

St. Mary's Hospital

Eiener, Jonathan D., MD
Hampton .......... (757) 826-3434

Hospital Affiliations:
Sentara CarePlex Hospital

El Safadi, Mohamed, MD
Newport News ... (757) 595-4300

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<td>Mechanicsville .. (804) 559-6194</td>
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<td>Khaled, Omer, MD</td>
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<td>Khan, Nadeem A., MD</td>
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<td>Warrenton</td>
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<td>Novant Health UVa Health System Prince William Medical Center</td>
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<td>Kishore, Anand T., MD</td>
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<td>Christiansburg ... (540) 731-3222</td>
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<td>Roanoke ............ (540) 224-5170</td>
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<td>Wytheville ........ (540) 382-9405</td>
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<td>Kitchin, Llewellyn L, MD</td>
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<td>Lawson, J, Mark, MD</td>
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<td>Smithfield</td>
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<td>Lee, Alfred, MD</td>
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<td>Colonial Heights (804) 520-5223</td>
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<td>Prince George... (804) 520-5223</td>
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<td>Lee, Michael Dean, DO</td>
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<td>Lemite, Gregory K, MD</td>
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<td>Petersburg .......... (804) 681-0556</td>
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<td>Lyons, Christopher, MD</td>
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<td>Ma, Ann L, MD</td>
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<td>Central Virginia Baptist Hospital</td>
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<td>Mahajan, Anshu, MD</td>
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<td>Bon Secours Maryview Medical Center</td>
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<td>Makdisi, Walid F., MD</td>
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<td>Virginia Beach .. (757) 547-0798</td>
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<td>Chesapeake Regional Medical Center</td>
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<td>Malik, Pramod, MD</td>
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Wang, Andrew Y., MD
Charlottesville... (434) 924-2959
Hospital Affiliations:
University of Virginia Medical Center
Wasan, Sanjeev M., MD
Lansdowne...... (703) 724-4480

Weeks, Landon E., MD
Galax .............. (276) 236-6096
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Hospital Affiliations:
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Williams, Alex O., MD
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Norfolk............ (757) 627-6416
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Wisniewski, III, Ralph M., MD
Lynchburg....... (434) 384-1862
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wong, Peter W.K., MD
Fredericksburg. (540) 371-7600
Hospital Affiliations:
Mary Washington Hospital (MWH)

Woog, Scott D., MD
Richmond......... (804) 560-9864
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Yagel, Scott L., MD
Norfolk............ (757) 627-6416
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Yeaton, Paul, MD
Christiansburg ... (540) 382-9405
Roanoke ........... (540) 224-5170
Hospital Affiliations:
Augusta Medical Center
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Yoselevitz, Sam, MD
Virginia Beach . (757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Yoshida, Cynthia M., MD
Charlottesville... (434) 244-5008
Hospital Affiliations:
University of Virginia Medical Center

Young II, Benjamin E, MD
Alexandria....... (703) 580-0181
Dale City ........... (703) 580-0181
Manassas .......... (703) 365-6147
Stafford .......... (540) 659-9359
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Zhang, Jin, MD
Newport News ... (757) 534-7701
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

General Surgery

Adams, Gregory F., MD
Norfolk............ (757) 955-2828
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Adams, Peter D., MD
Charlottesville... (434) 243-3090
Hospital Affiliations:
University of Virginia Medical Center

Adams, Reid Barton, MD
Charlottesville... (434) 924-2839

Adeso, Mukong, MD
Richmond......... (804) 285-9416
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital

Adkins, Farrell C., MD
Hardy............. (540) 224-5170
Roanoke ........... (540) 981-7000
Rocky Mount .... (540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Akbari, Homayoon, MD
Lynchburg....... (434) 947-3901
Hospital Affiliations:
Centra Lynchburg General Hospital

Alrefai, Sameer, MD
Alexandria....... (703) 580-0181
Dale City ........... (703) 580-0181
Manassas .......... (703) 365-6147
Stafford .......... (540) 659-9359
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Alshkaki, Ghiath, MD

Adeso, Mukong, MD
Richmond......... (804) 285-9416
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital

Adkins, Farrell C., MD
Hardy............. (540) 224-5170
Roanoke ........... (540) 981-7000
Rocky Mount .... (540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Akbari, Homayoon, MD
Emporia............ (434) 336-1222
Franklin .......... (434) 336-1222
Petersburg ........ (434) 336-1222

Hospital Affiliations:
Southern Virginia Regional Medical Center
VCU Health System/MCV

Akbari, Stephanie R, MD
Fairfax............. (703) 280-5390

Hospital Affiliations:
Virginia Hospital Center - Arlington

Alley, Joshua B, MD
Lynchburg....... (434) 947-3901

Hospital Affiliations:
Centra Lynchburg General Hospital

Alrefai, Sameer, MD
South Boston .... (757) 572-8921

Hospital Affiliations:
Inova Fairfax Hospital

Andres, Mark T, MD
Fishersville....... (540) 245-7705
Lexington .......... (540) 464-3465

Hospital Affiliations:
Augusta Medical Center

Armstrong, Paul Christian, MD
Abingdon........... (276) 258-1777

Hospital Affiliations:
Johnston Memorial Hospital
Smyth County Community Hospital

Ayildiz, Vedii, MD
Roanoke ........... (540) 981-7000

Hospital Affiliations:
Sentara CarePlex Hospital

Azab, Bassem N, MD
Newport News ... (757) 594-1806

Hospital Affiliations:
Sentara CarePlex Hospital

Bajwa, Gurram, MD
South Boston .... (434) 572-2744

Banerjee, Aman, MD
Midlothian........ (804) 379-0029

Baquero, Ashley, MD
Marion ............ (276) 379-1269

Hospital Affiliations:
Smyth County Community Hospital

Baraki, Yaqub M., MD
Salem............. (540) 772-3620

Hospital Affiliations:
Lewis-Gale Medical Center

Barligt, Amanda M., DO
Christiansburg ... (540) 731-7600
Pearsburg ......... (540) 921-2158

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Centra Southside Community Hospital

Barker, Frederick W., MD
Bluefield........... (276) 322-2322

Barnwell-Grayson, Anne B, MD
Christiansburg ... (540) 731-7600
Galax .............. (276) 236-6096
Pearsburg ......... (540) 921-6000

Hospital Affiliations:
Carilion Giles Community Hospital

Barrett, Christine E., MD
Rocky Mount .... (540) 483-9017

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Barrett, Elizabeth Z, MD
Norfolk............ (757) 955-2828

Suffolk............ (757) 541-1950
Virginia Beach .. (757) 309-4715

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Bartolozzi, Mark A., MD
Haymarket.......(757) 613-3270
Manassas .......... (703) 257-9234
Woodbridge........ (703) 730-4848

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Basker, Muralidharan R., MD
Chester .......... (804) 415-8966
Colonial Heights (804) 415-8966

Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Bass, Robert C., MD
Lynchburg........ (434) 200-3900

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Specialists - Tier 1

Chery, Frantz, MD
Richmond..... (804) 230-4116
Hospital Affiliations:
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

Chanella, Virginia, MD
Hermont ..... (703) 724-9474
Landsdowne ..... (703) 724-9474
Hospital Affiliations:
Rexon Hospital Center

Chowla, Arun, MD
Alexandria....... (877) 345-7227
Fairfax .......... (877) 345-7227

Clark, Susan C., MD
Newport News... (757) 947-3170
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Clark, Thomas W., MD
Newport News... (757) 873-1880
Hospital Affiliations:
Sentara CarePlex Hospital

Cloud, William G., MD
Henrico Doctors’ Hospital - Forest
Hospital Affiliations:
Fauquier Hospital
SOVAH Health - Danville

Cohen, Dennis S., MD
Midlothian....... (804) 893-8676
Richmond....... (804) 225-7364
richmond ..... (804) 225-7364
Richmond....... (804) 285-3225
richmond ..... (804) 225-7364
Richmond....... (804) 225-7364
richmond ..... (804) 225-7364
Richmond....... (804) 285-3225
richmond ..... (804) 225-7364
Richmond....... (804) 285-3225

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Coleman, Lisa A., DO
Newport News... (757) 874-1077
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Collins, Jimmie N., MD
Norfolk.......... (757) 446-8960
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Cook, James W., MD
Dulles............. (703) 858-3200
Leesburg........... (703) 858-3200
Hospital Affiliations:
Rexon Hospital Center

Cox, Diane R, MD
North Chesterfield(804) 323-5040
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Cross, Cecil Bernard, MD
Leesburg........... (703) 858-3200

Cruff, Dennis M., MD
Gloucester .......... (804) 210-1083
Hampton............. (757) 827-2202
Portsmouth .......... (757) 934-4222

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital

Cummins, William T., MD
Abingdon........... (276) 258-1777

Cuozzo, Francis, MD
Lynchburg......... (434) 947-3901

Dalton, Joseph M., MD
Virginia Beach... (757) 481-2313
Hospital Affiliations:
Sentara Virginia Beach General Hospital

D’Amato, Luciano, MD
Wise............... (276) 328-5332

Danks Jr, James R, MD
Chester............. (804) 423-8467
Midlothian........... (804) 423-8467
Richmond........... (804) 893-8676

Richmond........... (804) 225-7364
richmond ..... (804) 225-7364
Richmond....... (804) 285-3225
richmond ..... (804) 225-7364
Richmond....... (804) 285-3225
Richmond....... (804) 285-3225
Richmond....... (804) 285-3225

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Lewis-Gale Medical Center

Datta, Tejwant, MD
Emporia
Hopewell......... (804) 520-6730
Petersburg ....... (804) 520-6730

Hospital Affiliations:
Southside Regional Medical Center

Davenport, Roxanne, MD
Christiansburg ... (540) 731-2000
Roanoke .......... (540) 342-6346

Deel III, Clifford L., MD
Glen Allen......... (804) 285-9416
Richmond.......... (804) 285-9416
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus

Deitrick, John C, MD
North Chesterfield(804) 368-1608
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Richmond....... (804) 320-2705
Hospital Affiliations:
Bon Secours St. Francis Medical Center

DeMaria, Eric J., MD
Norfolk............. (757) 889-6830
Richmond......... (804) 893-8676
Suffolk......... (757) 541-1950

Hospital Affiliations:
Bon Secours Maryview Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Demph, Dominique, MD
Salem............. (540) 772-3620

Hospital Affiliations:
Columbia Pulaski Community Hospital
d/b/a LewisGale Pulaski
Lewis-Gale Medical Center

Dengel, Lynn T., MD
Charlottesville.... (434) 984-6121

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Denton, James, MD
Charlottesville.... (434) 293-4995
Culpeper......... (540) 825-2600

Dorn, Matthew C., DO
Abingdon........... (276) 258-1777
Marion............... (276) 258-1777

Hospital Affiliations:
Johnston Memorial Hospital

Dougherty, David, MD
Mechanicsville... (804) 730-3156

Downing, Christopher L., DO
Wytheville........ (276) 228-1050

Hospital Affiliations:
Columbia Pulaski Community Hospital
d/b/a LewisGale Pulaski
Wythe County Community Hospital

Dowling, LaMiere Joseph, MD
Christianburg.... (540) 639-3097

Hospital Affiliations:
Christiansburg... (540) 731-2436
Radford .......... (540) 633-6533

Wytheville........ (540) 731-7600

Dozier, Lance C., MD
Big Stone Gap... (276) 523-8865
Norton ............ (276) 523-8865

Dy, Benson M., MD
Richmond.......... (540) 536-0130
Woodstock .......... (540) 459-1100

Hospital Affiliations:
Bon Secours St. Marys Hospital

Earnhardt, Richard C., MD
Frederickburg .... (540) 373-2244
Hospital Affiliations:
Mary Washington Hospital

Ellis, Madge E., MD
Salem............. (540) 772-3008

Hospital Affiliations:
Lewis-Gale Medical Center

Ely III, Ralph, MD
Bedford......... (540) 866-3089

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest

Enderson, III, Laurence, MD
Chesapeake ...... (757) 395-6381
Virginia Beach .. (757) 395-6070

Hospital Affiliations:
Sentara Virginia Beach General Hospital

English, John, MD
Fairfax Royal ..... (540) 635-1652

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Espino, Sasa-Grae, MD
Chester.......... (804) 520-6730
Emporia.......... (434) 348-4400

Petersburg ...... (804) 520-6730

Hospital Affiliations:
Southside Regional Medical Center

Evans, Martin, MD
Richmond....... (804) 230-2705

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Feldman, Elizabeth, MD
Reston ............ (703) 435-4320

Hospital Affiliations:
Reston Hospital Center

Feliberti, Eric C., MD
Norfolk.......... (757) 446-8960

Virginia Beach

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OptimaHealth
Specialists - Tier 1

Londrey, Gregg L., MD
Richmond .......... (804) 288-1953
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Healthsouth Rehabilitation Hospital
Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital
VCU Health System/MCV
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital
Centra Lynchburg General Hospital
Lynchburg Hospital
Smyth County Community Hospital
Bedford Memorial Hospital
Local Branches:
Bedford ............. (540) 586-3089

Long, Bruce A., MD
Hardy ................. (540) 224-5170
Lexington .......... (540) 458-3344
Pearsburg .......... (540) 921-2158
Roanoke ............. (540) 772-7450
Rocky Mount ....... (540) 483-5277
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital
Lovelyday, Charles B, MD
Roanoke ............. (540) 981-7000
Rocky Mount ....... (540) 224-5170
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Rappahannock General Hospital
Lowe Jr, Eugene W., MD
Bedford ............. (540) 587-3240
Moneta .............. (540) 297-7181
Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Lucktong, Tananchai A., MD
Roanoke ............. (540) 224-5170
Rocky Mount ....... (540) 224-5170
Hospital Affiliations:
Carilion Stonewall Jackson Hospital
Luyimbazi, David T., MD
Lexington .......... (540) 458-3344
Roanoke ............. (540) 224-5170
Rocky Mount ....... (540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
MacDougall, Michael J., MD
Mechanicsville .. (804) 559-0194

Macedon, Virginia, MD
Lexburg .............. (703) 858-3200
Magalski, Joseph J., MD
Haymarket ........... (571) 261-3270
Manassas ............ (703) 257-9234
Woodbridge ...... (703) 730-4848
Hospital Affiliations:
Novant Health UVA Health System
Hampton General Medical Center
Prince William Medical Center
Makari, Fadi, MD
Winchester .......... (540) 536-0130
Hospital Affiliations:
Winchester Medical Center
Mancl, Tara, MD
Danville ............ (434) 792-5964
Hospital Affiliations:
SOUVAH Health - Danville
Mansfield, John B., MD
Harrisonburg ...... (540) 434-8101
Hospital Affiliations:
Sentara RMH Medical Center
Marchigiani, Raffaele J, MD
Norfolk ............. (757) 261-5000
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Ohlcil Hospital
Sentara Williamsburg Regional Medical Center
Marting, John E., MD
Winchester .......... (540) 722-3595
Hospital Affiliations:
Winchester Medical Center
Mariello, Melissa, MD
North Chesterfield(804) 320-2705
Richmond .......... (804) 327-4045
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Martyak, Michael T, MD
Norfolk ............. (757) 446-8960
Mason, Kenneth G., MD
Front Royal ........ (540) 635-0820
Luray ............... (540) 743-2282
Marion ............. (276) 781-7848
Woodstock .......... (540) 459-1330
Hospital Affiliations:
Smyth Community Hospital
McCullough, Amanda, MD
Lynchburg .......... (434) 200-3933
Hospital Affiliations:
Sentara Lynchburg General Hospital
McClung, Christopher S., MD
Culpeper .......... (540) 825-2600
Hospital Affiliations:
University of Virginia Medical Center
McCullough, Timothy J., MD
Norfolk .......... (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters
McDermott, Joseph P., MD
Virginia Beach .. (757) 481-2313
Hospital Affiliations:
Sentara Virginia Beach General Hospital
McKenzie, Chad M., DO
Chesapeake ...... (757) 397-2383
Hospital Affiliations:
Portsmouth ...... (757) 397-2383
McKibbin, William B., MD
Fishersville ....... (540) 332-5909
Hot Springs ...... (540) 839-7000
Hospital Affiliations:
Augusta Medical Center
Meltvedt, Robert C., MD
Front Royal ........ (540) 635-0780
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Meyers, Kenneth, MD
Hampton ........... (757) 736-7280
Hospital Affiliations:
Sentara CarePlex Hospital
Miller, Eric, DO
Bedford ............. (540) 586-3089
Hospital Affiliations:
Sentara Lynchburg General Hospital
Miller, Stephen, MD
Winchester .......... (540) 536-5466
Hospital Affiliations:
Winchester Medical Center
Minchini, Anita, MD
Winchester .......... (540) 536-5466
Hospital Affiliations:
Winchester Medical Center
Minichan Jr., David P., MD
Roanoke .......... (540) 345-1561
Mohorn, Riikka, MD
Virginia Beach .. (757) 481-2313
Moniz, Mark P, MD
Gloucester
Williamsburg ....... (757) 984-9850
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
Moore, Glen L., MD
Chesapeake ...... (757) 843-4499
Suffolk .......... (757) 843-4499
Hospital Affiliations:
Chesapeake Regional Medical Center
Moran, Joseph C., MD
Richlands .......... (276) 596-6764
Hospital Affiliations:
Clinch Valley Medical Center
Moscov, Ricardo, MD
Virginia Beach .. (757) 233-2438
Mountcastle, Timothy, MD
Leesburg .......... (703) 858-3200
Hospital Affiliations:
Fauquier Hospital
Reston Hospital Center
Munson, Keith D., MD
Harrisonburg ....... (540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Center
Nakao, Steven K., MD
Woodbridge .......... (703) 523-9750
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Albermarle Medical Center
Sentara Northern Virginia Medical Center
Nussbaum, Michael S., MD
Christiansburg .. (540) 731-7600
Pearsburg .......... (540) 921-2158
Roanoke ........... (540) 224-5170
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Oates Jr, Thomas M, MD
Danville ............ (434) 792-5964
Hospital Affiliations:
SOUVAH Health - Danville
O'Grady, Martin, MD
Richmond .......... (804) 673-4803
Virginia Beach .. (757) 481-2313
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Sentara Williamsburg Regional Medical Center
O'Neil, Elizabeth A., MD
Newport News ....... (757) 874-1077
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Virginia Beach General Hospital
O'Neil, Scott, MD
Martinsville ...... (276) 656-2103
Osborne Jr, James Baisden, MD
Lebanon .......... (276) 258-1777
Marion ............. (276) 258-1777
Hospital Affiliations:
Johnston Memorial Hospital

Optima Direct Network Providers 9/2019 263
Specialists - Tier 1

Vargas, Hernan I., MD
Fairfax .......... (703) 280-3155
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Vayer Jr., Arthur J., MD
Woodbridge
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Wagner, Patrick L., MD
Winchester .... (540) 536-3470
Hospital Affiliations:
Winchester Medical Center

Walter, Barbara J., MD
Front Royal ...... (540) 635-0730

Wagner, Patrick L., MD
Winchester .... (540) 536-3470
Hospital Affiliations:
Winchester Medical Center

Walter, Barbara J., MD
Front Royal ...... (540) 635-0730

Wagner, Patrick L., MD
Winchester .... (540) 536-3470
Hospital Affiliations:
Winchester Medical Center

White, Michael A, MD
Midlothian ....... (804) 423-8467
Richmond ....... (804) 893-8676
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

White, Michael A, MD
Midlothian ....... (804) 423-8467
Richmond ....... (804) 893-8676
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Williams, Sharon Letita, MD
Christiansburg ... (540) 731-2000
Pearsburg ...... (540) 731-2436
Roanoke ...... (540) 985-0944
Rocky Mount .... (540) 483-5277
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Wilson, Jason Paul, MD
Newport News ... (757) 594-1806
Hospital Affiliations:
Sentara CarePlex Hospital

Wilson, Misti, MD
Midlothian ....... (804) 594-3130
Hospital Affiliations:
Bon Secors Richmond Community Hospital
Bon Secors St. Marys Hospital

Wohlgemuth, Stephen D., MD
Chesapeake ...... (757) 547-9589
Norfolk
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wood, Mark D., MD
Mechanicsville ... (804) 559-0194
Hospital Affiliations:
Bon Secors Memorial Regional Medical Center

Young, Jeffrey S., MD
Charlottesville ... (434) 982-3549
Norfolk
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Youssef, Yassar, MD
Norfolk .......... (757) 889-6830
Virginia Beach
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Zeiger, Martha A., MD
Charlottesville ... (434) 924-5191
Hospital Affiliations:
University of Virginia Medical Center

Zhang, Yi Wei, MD
Bracey ............. (434) 636-6903
South Hill ........ (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital

Zwanch, James C., DO
Wytheville......... (276) 288-4440

Genetics

Doherty, Emily Saks, MD
Lynchburg

Roanoke ........... (540) 985-8230
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Vergano, Samantha, MD
Norfolk............ (757) 668-9723
Hospital Affiliations:
Children's Hospital of the King's Daughters

Gynecologic Oncology

Cantrell, Leigh A., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Health Sciences Center

Carter, Jori, MD
Richmond......... (804) 523-5040
North Chesterfield(804) 323-5040
Hospital Affiliations:
Brigden and Sons Hospital
Johnston-Willis Hospital
VCU Health System/MCV

Demond, Daynelle M, MD
Hampton.......... (757) 977-3553
Newport News ... (757) 977-3553
Portsmouth ...... (757) 977-3553
Williamsburg...... (757) 977-3553
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Walterboro Regional Medical Center

Duska, Linda R., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

Ford, Tyler, MD
Richmond......... (804) 200-7062
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Glasier, Gretchen Elizabeth, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hyde, Johnny, MD
Richmond......... (804) 288-8900
Hospital Affiliations:
Bon Secors St. Marys Hospital

Iglesias, David, MD
Roanoke ........... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jones, III, Charles M., MD
Richmond......... (804) 288-8900
Hospital Affiliations:
Bon Secors Memorial Regional Medical Center
Bon Secors Richmond Community Hospital
Bon Secors St. Francis Medical Center
Bon Secors St. Marys Hospital

Landen, Charles N., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

McCann, Christopher K, DO
Newport News ... (757) 977-3553
Hospital Affiliations:
Bon Secors Mary Immaculate Hospital
Bon Secors Maryview Medical Center

McCollum, Michael E., MD
Newport News ... (757) 873-9400
Hospital Affiliations:
Bon Secors Mary Immaculate Hospital
Bon Secors Maryview Medical Center

Modestis, Susan C, MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
Virginia Beach .... (757) 436-9898

Montag, Thomas, MD
Chesapeake ...... (757) 436-9898
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Ring, Kari L., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
Virginia Beach .... (757) 436-9898

Osborne, Janet L., MD
Roanoke .......... (540) 581-0160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rogers, Stacey J., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

Sentara Virginia Beach General Hospital

Optima Direct Network Providers 9/2019 266

Optima Health
## Specialists - Tier 1

###ヵurse Surgery

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### Gynecology Only

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**Optima Direct Network Providers 9/2019**
Degnan, Gregory G, MD
Charlottesville... (434) 243-5432

Deal, Dylan Nicole, MD
Charlottesville... (434) 654-5575

Degnan, Gregory G, MD
Charlottesville... (434) 243-5432

Desai, Sanjay S., MD
Mechanicsville... (804) 730-2121

Richmond........ (804) 288-3136

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

St. Mary's Hospital

Dhillon, Manjit S., MD
Colonial Heights (804) 526-5888

Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
John Randolph Medical Center Southside Regional Medical Center

Freilich, Aaron M., MD
Charlottesville... (434) 982-4263

Hospital Affiliations:
University of Virginia Medical Center

Glowacki, Keith A., MD
Henrico............ (804) 270-1305

Midlothian....... (804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Children's Hospital of Richmond of the VCU Health System
Chippewa Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Parham Campus

Henrico Doctors' Hospital - Retreat Campus

Grennga, Tad, MD
Chesapeake ...... (757) 548-8988

Suffolk ............ (757) 673-5900

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Hepar, Clifford, MD
Mechanicsville... (804) 730-2121

Hersh, Christopher K., MD
Norfolk............ (757) 461-8300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Hong, Tom A., MD
Virginia Beach ... (757) 525-5600

Hospital Affiliations:
Sentara Leigh Hospital

Sentara Norfolk General Hospital

Kienan, Drew E., MD
Lynchburg......... (434) 485-8500

Hospital Affiliations:
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Kline, Samuel C., MD
Virginia Beach... (757) 321-3300

Hospital Affiliations:
Sentara Bayside Hospital

Sentara Virginia Beach General Hospital

Laino, Daniel, MD
Reston ............. (703) 810-5202

Hospital Affiliations:
Inova Fairfax Hospital

Reston Hospital Center

Manke, Chad R., MD
Norfolk............ (757) 321-3300

Virginia Beach .. (757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center

Sentara Leigh Hospital

Sentara Norfolk General Hospital

McDermott Jr, T. Paul, MD
Henrico.......... (804) 270-1305

Midlothian....... (804) 270-1305

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Bon Secours St. Francis Medical Center

Children's Hospital of Richmond of the VCU Health System
Chippewa Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Mason, Robert Charles, MD
Hampton.......... (757) 827-2480

Hospital Affiliations:
Sentara CarePlex Hospital

Sentara Williamsburg Regional Medical Center

McGuigan, John J, MD
Norfolk.......... (757) 252-5600

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Bon Secours St. Francis Medical Center

Children's Hospital of Richmond of the VCU Health System
Chippewa Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Mierisch, Cay Michael, MD
Roanoke

Potter, Michael Q., MD
Charlottesville... (434) 654-5575

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Rose, Joan H., MD
Virginia Beach ... (757) 499-6400

Hospital Affiliations:
Sentara Bayside Hospital

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Sentara Williamsburg Regional Medical Center

Scott Jr, Frederick D, MD
Fairfax............ (703) 810-5217

Hospital Affiliations:
Inova Fairfax Hospital

Shah, Hassan, MD
Chesapeake ... (757) 252-4130

Virginia Beach .. (757) 252-5600

Hospital Affiliations:
Sentara Leigh Hospital

Sentara Norfolk General Hospital

Sharma, Joy, MD
Henrico.......... (804) 270-1305

Midlothian....... (804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Henrico Doctors' Hospital - Forest Campus

Smerlis, Nicholas, MD
Hampton.......... (757) 827-2422

Hospital Affiliations:
Sentara CarePlex Hospital

Sentara Williamsburg Regional Medical Center

Stuart, V, James E., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Thomas, Peter, MD
Alexandria...... (703) 810-5210

Hospital Affiliations:
Inova Fairfax Hospital

Triepel, Caroline, MD
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Virginia Beach .. (757) 525-5600

Hospital Affiliations:
Sentara Leigh Hospital

Sentara Norfolk General Hospital

Trzcinski, Douglas R., MD
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Hospital Affiliations:
Sentara Leigh Hospital

Sentara Norfolk General Hospital

Tsai, Tsai-Lung, DO
Charlottesville... (434) 244-8412

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Hematology

Ballen, Karen K., MD
Charlottesville... (434) 924-9333

Hospital Affiliations:
UVA Culpeper Hospital

University of Virginia Medical Center

Cross, Scott, MD
Norfolk......... (757) 466-8683

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Sentara Princess Anne Hospital

Sentara Virginia Beach General Hospital

Higgins, Ashantice K., MD
Danville.......... (434) 793-0044

Jones, Matthew Page, MD
Winchester ........ (540) 662-1108

Hospital Affiliations:
Berkeley Medical Center (City Hospital, Inc.)

Jefferson Memorial Hospital

Winchester Medical Center

Mack, Barbara G, MD
Charlottesville... (434) 924-9333

Hospital Affiliations:
University of Virginia Medical Center

Qureshi, G. Dastgir, MD
Richmond.......... (804) 346-3182

Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Retreat Campus

John Randolph Medical Center

Sheltering Arms Rehabilitation Hospital

St. Mary's Hospital

Salmon, Lauren, DO
Chesapeake ...... (757) 436-2995

Suffolk............ (757) 397-4200

Virginia Beach .. (757) 363-8212

Yu, Bennett, MD
Danville......... (434) 793-0044

Hospital Affiliations:
SOVAH Health - Danville

Hematology/Oncology

Abhishek, Kumar, MD
Mechanicsville... (804) 764-7220

Richmond......... (804) 287-7804

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Bon Secours Richmond Community Hospital

Bon Secours St. Francis Medical Center

Bon Secours St. Marys Hospital

Adediran, Samuel G, MD
Chesapeake ...... (757) 436-2995

Hospital Affiliations:
Chesapeake Regional Medical Center

Akinyele, Akintunde R, MD
Virginia Beach .. (757) 827-2422

Hospital Affiliations:
University of Virginia Medical Center
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<td>Hospital Affiliations</td>
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<td>Sentara Princess Anne Hospital</td>
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<td>Rahana, Osama E., MD</td>
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<td>(804) 764-7220</td>
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<td>Hewlett, Erik L., MD</td>
<td>Charlottesville ....................... (575) 213-1100</td>
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<td>Augusta Medical Center</td>
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<td>Htwe, Tin H., MD</td>
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<td>Hughes, Molly, MD</td>
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<td>Iqbal, Tariq, MD</td>
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<td>Jackson, Patrick E, MD</td>
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<td>Jain, Aabha, MD</td>
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<td>Jasty, Prasanthi, MD</td>
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<td>Katugaha, Shalika, MD</td>
<td>Winchester ..................... (540) 536-8928</td>
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Ayensu, Thelma, MD
Culpeper ......... (703) 396-5292
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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Whitehouse, Julie A., MD
Winchester ......... (540) 536-1241
Hospital Affiliations:
Shenandoah Memorial Hospital

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Yang, Leonard, MD
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Hospital Affiliations:
Winchester Medical Center
Specialists - Tier 1

Kelly, Ursula M., MD
Norfolk.............. (757) 446-8999
Kerkerling, Thomas, MD
Christianburg .... (540) 731-2531
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Hospital Affiliations:
Carrion Roanoke Memorial Hospital
Khardori, Nancy, MD
Norfolk.............. (757) 446-8999
LaRocco, Jr., Anthony, MD
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Suffolk .......... (757) 934-4550
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Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Lewis, Jessica D, MD
Charlottesville... (434) 982-3576
Hospital Affiliations:
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Ly, Tan T., MD
Warrenton .......... (540) 316-5940
Hospital Affiliations:
Fauquier Hospital
Maki, Anton, MD
Hampton.......... (757) 827-2300
Hospital Affiliations:
Sentara CarePlex Hospital
Mathers, Amy J., MD
Charlottesville... (434) 982-1700
Culpeper ........ (540) 829-1919
Hospital Affiliations:
University of Virginia Medical Center
McManus, Kathleen, MD
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Hospital Affiliations:
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Miller, Scott A, MD
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Hospital Affiliations:
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Mooney, Martha L., MD
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Moore, Christopher, MD
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Hospital Affiliations:
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Morrison, Allan, MD
Sentara RMH Medical Center
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Hospital Affiliations:
Lake Taylor Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital
Nagy-Agren, Stephanie, MD
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Neugebauer, Bogdan L., MD
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Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Bayside Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital
Nichols, Kennes, MD
Danville.......... (434) 947-3944
Lynchburg....... (434) 200-3656
Hospital Affiliations:
Centra Lynchburg General Hospital
Nicollete, Tara, MD
Hamilton........ (757) 827-2300
Hospital Affiliations:
Sentara Obici Hospital
Oldfield, III, Edward C., MD
Charlottesville... (757) 446-8999
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Pate, Parag G., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center
Pearson, Richard D., MD
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Peterson, Kristine M., MD
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Hospital Affiliations:
University of Virginia Health Sciences Center
Petri, William A., MD
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Hospital Affiliations:
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Platts-Mills, James A, MD
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Hospital Affiliations:
University of Virginia Medical Center
Poretz, Donald, MD
Annandale........ (703) 560-7900
Hospital Affiliations:
Inova Fairfax Hospital
Quiroz, Eva S, MD
Salem............. (540) 772-3407
Hospital Affiliations:
Inova Fairfax Medical Center
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Romulo, Rodrigo L, MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Charlottesville Regional Medical Center
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Rowles, David M, MD
Richmond.......... (804) 285-1833
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
Scheidt, William M., MD
Charlottesville... (434) 982-1700
Schleupner, Charles J., MD
Roanoke .......... (540) 981-7715
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Schwab, John Conrad, MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Charlottesville Regional Medical Center
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sifri, Costi, MD
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Hospital Affiliations:
University of Virginia Medical Center
Singh, Sushma, MD
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Hospital Affiliations:
Charlottesville Regional Medical Center
Sentara Obici Hospital
Sinnatamby, Diane, MD
Richmond........ (804) 226-2444
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
Skolnik, Paul R., MD
Christianburg.... (540) 731-2531
Roanoke .......... (540) 981-7715
Hospital Affiliations:
Carilion New River Valley Medical Center
Carrion Roanoke Memorial Hospital
Smith, Connie L., MD
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Hospital Affiliations:
Carrion Roanoke Memorial Hospital
Smith, Jean, MD
Charlottesville... (434) 982-1800
Stott, Geraldine A., MD
Charlottesville... (434) 982-1700
Swierzbinski, Matthew J, MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
Southside Regional Medical Center
Tchouafli-Nana, Florentin, MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
University of Virginia Medical Center
Townsend, Gregory C., MD
Charlottesville... (434) 982-1700
Turner, Ronald B, MD
Charlottesville... (434) 924-5321
Wade, James S., MD
Charlottesville... (434) 947-3944
Lynchburg....... (434) 200-5004
Hospital Affiliations:
Carilion Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV
Warren, Cirle A., MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
Sentara CarePlex Hospital
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Specialists - Tier 1

Mirza, Mohd Ayoub, MD
Christiansburg... (540) 731-2000
East Lexington
Hardy ............... (540) 581-0254
Lexington
Martinsville...... (276) 634-4400
Roanoke
Rocky Mount
Tazewell
Hospital Affiliations:
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Noureddine, Nizar D., MD
Galax.............. (276) 238-3318
Prahash, Arun, MD
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Lexington .......... (540) 464-3465
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Augusta Medical Center
Sentara Martha Jefferson Hospital
Prasad, Ashok J, MD
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Stafford .......... (855) 739-9953
Woodbridge ...... (855) 739-9953
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Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV
Renzi, Randolph, MD
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Hospital Affiliations:
Winchester Medical Center
Shapira, Shmuel, MD
Daleville......... (540) 966-6430
Low Moor ........ (540) 772-3430
Salem ............. (540) 772-3430
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sharma, Rahul, MD
Christiansburg... (540) 731-2000
Roanoke ........... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Venkatesan, Jayaraman, MD
Portsmouth....... (757) 399-2639
Suffolk .......... (757) 539-0444
Hospital Affiliations:
Bon Secours Maryview Medical Center
Williams, Eric, MD
Lexington......... (540) 463-9141
Wills, Scott, MD
Fishersville....... (540) 245-7080
Hospital Affiliations:
Augusta Medical Center
Yarkoni, Alon, MD
Fishersville....... (540) 245-7080
Hospital Affiliations:
Augusta Medical Center
Maternal-Fetal Medicine
Abuhamad, Alfred Z., MD
Newport News .. (757) 947-3841
Norfolk.......... (757) 946-7900
Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital
Berkley, Eliza M., MD
Newport News .. (757) 947-3841
Norfolk.......... (757) 946-7900
Virginia Beach .. (757) 689-5104
Boyle, Annelee C., MD
Charlottesville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center
Chakrabarti, Alana M, MD
Norfolk.......... (757) 946-7979
Virginia Beach .. (757) 689-5104
Chisholm, Christian A., MD
Charlottesville
Culpeper ........... (540) 321-3002
Hospital Affiliations:
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Christmas, James T., MD
Colonial Heights (804) 504-0173
Frederickburg
Richmond ......... (804) 323-8187
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Pamphlet Campus
Henrico Doctors’ Hospital - Retreat Campus
Day, Leah D., MD
Charlottesville... (434) 924-1955
Hospital Affiliations:
University of Virginia Medical Center
DeMay, Jessica, MD
Mechanicsville... (804) 288-4084
Midlothian......... (804) 288-4084
Richmond ......... (804) 288-4084
DeVeciana, Margarita, MD
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Norfolk.......... (757) 946-7900
Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital
DiSilvestro, Alexis, MD
Charlottesville... (434) 924-2500
Culpeper ........... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center
Durica, Allison R., MD
Roanoke .......... (540) 985-9985
Hospital Affiliations:
Bon Secours Roanoke Community Hospital
Carrilion Roanoke Memorial Hospital
Eglinton, Gary S, MD
Charlottesville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center
Farezuddin, Rizwana K., MD
Charlottesville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center
Ferguson II, James Edward, MD
Charlottesville... (434) 924-2500
Culpeper ........... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center
Fuller, Robert MD
Frederickburg .. (540) 741-3260
Mechanicsville... (804) 287-7650
Midlothian......... (804) 594-7428
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Heim, Kathleen, MD
Newport News .. (757) 594-3636
Norfolk.......... (757) 466-7900
Virginia Beach .. (757) 689-5104
Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Jacoby, Bryon N, MD
Winchester ...... (540) 536-3228
Hospital Affiliations:
Winchester Medical Center
Kanaan, Camille M., MD
Newport News .. (757) 947-3841
Virginia Beach .. (757) 689-5104
Lane, Andrew S, MD
Norfolk .......... (757) 466-7979
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Larsen, John, MD
Winchester ...... (540) 536-3228
Hospital Affiliations:
Winchester Medical Center
Love, Rodrick N., MD
Colonial Heights (804) 504-0173
Mechanicsville... (804) 417-9020
Richmond ........ (804) 320-3911
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Bon Secours Mary Immaculate Hospital
Sentara Norfolk General Hospital
Bon Secours Memorial Regional Medical Center
Sentara Leigh Hospital
Mlynarczyk, Malgorzata, MD
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Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Virginia Hospital Center - Arlington
Mlynarczyk, Malgorzata, MD
Newport News .. (757) 947-3841
Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Virginia Hospital Center - Arlington
Orth, Teresa, MD
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Winchester Medical Center
Pettit, Kate E., MD
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Hospital Affiliations:
University of Virginia Medical Center
Porche, Lea M, MD
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Troyer, Lisa R, MD
Ramus, Ronald, MD
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Midlothian........ (804) 594-7428
Richmond........ (804) 287-7650
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Richmond......... (804) 323-8187
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Henrico Doctors' Hospital - Forest Campus
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Scott, Lauren A, MD
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Norfolk......... (757) 446-7979
Virginia Beach .. (757) 446-7979
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Children's Hospital of the King's Daughters
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Thagard, Andrew, MD
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Hospital Affiliations:
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Thiagarajah, Siva, MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Central Virginia Baptist Hospital
Thurman, Andrea R, MD
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Norfolk.......... (757) 446-7979
Virginia Beach .. (757) 446-7900
Hospital Affiliations:
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Too, Gloria T, MD
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Virginia Beach .. (757) 689-5104
Troyer, Lisa R, MD
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Midlothian....... (804) 288-4084
Richmond........ (804) 288-4084
Hospital Affiliations:
Sentara St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Villers, Margaret, MD
Colonial Heights (804) 504-0173
Mechanicsville .. (804) 417-9020
Richmond......... (804) 289-4972
Hospital Affiliations:
Ch Appenham Medical Center/
Johnston-Willis Hospital
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Warsof, Steven L, MD
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Virginia Beach .. (757) 689-5104
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Medical Oncology
Abdelmalek, Cherif H, MD
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Fishersville....... (540) 213-2220
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Aruch, Daniel B, MD
Norfolk......... (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
Sentara Princess Anne Hospital
Bremer, Celeste Ann T, MD
Norfolk.......... (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
Sentara Princess Anne Hospital
Knestrick, Jr., Mark W, MD
Harrisonburg .... (540) 689-7000
Hospital Affiliations:
Sentara RMH Medical Center
Kunk, Paul R, MD
Charlottesville .. (434) 982-6900
Hospital Affiliations:
University of Virginia Medical Center
Lee, Tri M, MD
Charlottesville .. (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center
Lee, Michael E, MD
Norfolk......... (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
Western Virginia Medical Center
Mehta, Manan S, MD
Fredericksburg .. (540) 300-6182
Hospital Affiliations:
Suffolk Hospital Center
University of Virginia Medical Center
Thiagarajah, Siva, MD
Charlottesville .. (434) 979-2121
Hospital Affiliations:
Centra Lynchburg General Hospital
Central Virginia Baptist Hospital
Thurman, Andrea R, MD
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Norfolk.......... (757) 446-7979
Virginia Beach .. (757) 446-7900
Khosravi, Hamed, MD
Manassas.......... (703) 396-9000
Woodbridge...... (703) 491-5600
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Kunk, Paul R, MD
Charlottesville .. (434) 982-6900
Hospital Affiliations:
University of Virginia Medical Center
Lee, Tri M, MD
Charlottesville .. (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center
Lee, Michael E, MD
Norfolk......... (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
Western Virginia Medical Center
Mehta, Manan S, MD
Fredericksburg .. (540) 300-6182
Hospital Affiliations:
Suffolk Hospital Center
University of Virginia Medical Center
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Optima Health
Specialists - Tier 1

Richmond......... (804) 330-7990
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Veerapalli, Venkateswar, MD
Norfolk.......... (757) 278-2350
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Watson, Graham T., MD
Hampton.......... (757) 827-9400
Newport News... (757) 873-9400
Norfolk........... (547) 466-8863
Williamsburg .... (757) 229-2236

Weiss, Geoffrey R., MD
Norfolk.......... (757) 927-5806
Hospital Affiliations:
University of Virginia Medical Center

White, Jeffrey D., MD
Lansdowne....... (703) 858-5110
Reston .......... (703) 858-3110

Medical Toxicology

Baer, Alexander B. MD
Charlottesville... (434) 924-8485
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center

Borek, Heather A, MD
Charlottesville... (434) 924-2231
Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Charlton, Nathan, MD
Charlottesville... (434) 924-5185
Hospital affiliations:
UVA Culpeper Hospital

Hofstege, Christopher P., MD
Charlottesville... (434) 924-2331

Kirk, Mark, MD
Charlottesville... (434) 924-2231

Snyder, Lisa K., MD
Charlottesville... (434) 924-2231
Hospital affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Neonatal - Perinatal Medicine

Scott, Jennifer R, MD
Norfolk......... (757) 668-7456
Hospital Affiliations:
Children's Hospital of the King's Daughters

Sullivan, Brynne A., MD
Charlottesville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center

Weiss, Geoffrey R., MD
Norfolk.......... (757) 927-5806
Hospital Affiliations:
University of Virginia Medical Center

White, Jeffrey D., MD
Lansdowne....... (703) 858-5110
Reston .......... (703) 858-3110

Neonatology

Allen, Robert W., MD
Virginia Beach... (757) 395-8878
Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Henrico Doctors' Hospital - Forest Campus
Sentara Virginia Beach General Hospital
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  Sentara Norfolk General Hospital

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  Sentara Obici Hospital

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Richmond ........ (804) 285-6390

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OptimaHealth
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Malhotra, Varun, MD</td>
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<tr>
<td>Norfolk</td>
<td>(757) 466-9288</td>
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<td>Portsmouth</td>
<td>(757) 966-5286</td>
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<td>(757) 977-1110</td>
</tr>
<tr>
<td>Virginia Beach</td>
<td>(757) 689-0211</td>
</tr>
</tbody>
</table>

| Manoharan, Anup, MD         | (703) 560-1313 |
| Hospital Affiliations:      |                |
| Inova Alexandria Hospital   |                |
| Inova Fair Oaks Hospital    |                |
| Inova Fairfax Hospital      |                |
| Reston Hospital Center      |                |

| Mathew, Matt, MD           | (540) 344-1400 |
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| Carilion Roanoke Community Hospital |            |
| Carilion Roanoke Memorial Hospital |          |
| Carilion Stonewall Jackson Hospital |       |

| Matthews, Fletcher G., MD  | (540) 904-5366 |
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| Allegany Regional Hospital d/b/a LewisGale Allegany |             |
| Carilion Roanoke Memorial Hospital |         |
| Columbia Pulaski Community Hospital |      |
| Hospital d/b/a LewisGale Pulaski Lewis-Gale Medical Center |  |
| Montgomery Regional Hospital d/b/a LewisGale Montgomery |      |

| McConnell, Kevin R., MD    | (434) 654-5260 |
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| Franklin                   | (757) 966-5286 |
| Norfolk                    | (757) 966-5286 |
| Portsmouth                 | (757) 966-5286 |
| Suffolk                    | (757) 966-5286 |
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| Tappahannock               | 284 |
| Franklin                   | (757) 561-6181 |
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| Bon Secours Memorial Regional Medical Center |            |
| Bon Secours St. Mary's Hospital Healthsouth Rehabilitation | |
| Hospital of Virginia       |                |
| Henrico Doctors' Hospital - Forest Campus |          |
| Henrico Doctors' Hospital - Retreat Campus |       |
| St. Mary's Hospital        |                |

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| Carilion New River Valley Medical Center |    |

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| Carilion New River Valley Medical Center |    |

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| Bon Secours Memorial Regional Medical Center |         |
| Bon Secours St. Mary's Hospital |         |

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| Bon Secours Memorial Regional Medical Center |         |
| Bon Secours St. Mary's Hospital |        |

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| Bon Secours St. Mary's Hospital |         |

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| Bon Secours St. Mary's Hospital |         |

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| Bon Secours St. Mary's Hospital |         |

| Peppiatt, H. Brian, MD    | (804) 272-5814 |
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| Bon Secours St. Mary's Hospital |         |

| Peppiatt, H. Brian, MD    | (804) 272-5814 |
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| Richmond                  | (804) 272-5814 |
| Hospital Affiliations:    |                |
| Bon Secours Memorial Regional Medical Center |         |
| Bon Secours St. Mary's Hospital |         |

| Peppiatt, H. Brian, MD    | (804) 272-5814 |
| Hospital Affiliations:    |                |
| Virginia Beach            | (757) 689-0211 |

| Richmond                  | (804) 272-5814 |
| Hospital Affiliations:    |                |
| Bon Secours Memorial Regional Medical Center |         |
| Bon Secours St. Mary's Hospital |         |

| Peppiatt, H. Brian, MD    | (804) 272-5814 |
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| Richmond                  | (804) 272-5814 |
| Hospital Affiliations:    |                |
| Bon Secours Memorial Regional Medical Center |         |
| Bon Secours St. Mary's Hospital |         |

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| Richmond                  | (804) 272-5814 |
| Hospital Affiliations:    |                |
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| Bon Secours St. Mary's Hospital |         |
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Hospital Affiliations:
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Sentara Virginia Beach General Hospital
David, Ronald B., MD
Richmond .......... (804) 673-9600
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
DeVault, Andrew D., DO
Charlottesville ... (434) 924-1774
Hospital Affiliations:
University of Virginia Medical Center
Donohue, Glenn E., MD
Harrisonburg ...... (540) 564-5800
Hospital Affiliations:
Sentara RMH Medical Center
Dhamija, Radhika, MD
Charlottesville ... (434) 924-5129
Hospital Affiliations:
University of Virginia Medical Center
Dietz, Nicole, MD
Fairfax .............. (703) 876-0800
Hospital Affiliations:
Reston Hospital Center
Donaldson, Rachel M., DO
Petersburg .......... (804) 893-8656
Richmond .......... (804) 893-8656
Hospital Affiliations:
Bon Secours St. Marys Hospital
Dulai, Sarbjot, MD
Leesburg .......... (703) 726-6393
Hospital Affiliations:
Reston Hospital Center
Edmonson, Supakunya, DO
Richmond .......... (804) 893-8656
Hospital Affiliations:
Bon Secours St. Marys Hospital
Elechi, Clement A., MD
Salem ................. (540) 772-3450
Elliot, Matthew P., MD
Charlottesville ... (434) 924-2706
Hospital Affiliations:
University of Virginia Medical Center
Epps, Stacey L., MD
Blackstone .......... (804) 285-6880
Chester .............. (804) 285-6880
Kilmarnock ........ (804) 435-1017
Mechanicsville ... (804) 325-8720
Midlothian .......... (804) 325-8750
Portsmouth ........... (757) 215-3565
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Fadul, Camilo E, MD
Charlottesville ... (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center
Ferrara, Jr., Joseph M., MD
Roanoke Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Floranda, Eric, MD
Midlothian .......... (804) 325-8750
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Foff, Erin P., MD
Charlottesville ... (434) 924-2706
Hospital Affiliations:
University of Virginia Medical Center
Fountain, Nathan B., MD
Charlottesville ... (434) 924-5304
Fowler, Mariieckcn V., MD
Luray ............... (540) 743-2282
Purcellville ........ (540) 751-0751
Winchester .......... (540) 667-1828
Hospital Affiliations:
Centra Lynchburg General Hospital
Page Memorial Hospital Inc
Freeman, Cody S., MD
Charlottesville ... (434) 924-8662
Hospital Affiliations:
University of Virginia Medical Center
Fuchs, Kathleen, MD
Charlottesville ... (434) 982-4363
Hospital Affiliations:
University of Virginia Medical Center
Fuentes, Carmen R., MD
Norfolk .............. (757) 461-5400
Virginia Beach ........ (757) 461-5400
Galbreath, Andrew D., DO
Hampton
Norfolk
Virginia Beach
Williamsburg
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital
Galis, Smanara A., MD
Suffolk ............... (757) 934-4580
Hospital Affiliations:
Bon Secours Maryview Medical Center
Gatwsuo, Jr, Herman T, MD
Mechanicsville ... (804) 325-8720
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Gebe, Michael MD
Portsmouth ........... (757) 215-3565
Hospital Affiliations:
Bon Secours Maryview Medical Center
Geldmacher, David S, MD
Charlottesville ... (434) 924-5304
Gill, Jeremy Foster, MD
Charlottesville ... (434) 654-8960
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Goldberg, Eric J., MD
Chesapeake
Hampton ............ (757) 262-0390
Newport News
Norfolk .............. (757) 686-9300
Suffolk
Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Obici Hospital
Goldman, Myla D, MD
Charlottesville ... (434) 924-8371
Goodin, Howard P, MD
Charlottesville ... (434) 924-5401
Grouse, David S., MD
Bluefield ............ (276) 322-5386
Hospital Affiliations:
Bluefield Regional Medical Center
Grunsfeld, Alexander A., MD
Norfolk ................ (757) 252-9140
Virginia Beach ...... (757) 507-0600
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Guina, Maria L.C., MD
Hampton ............. (757) 736-8050
Norfolk
Suffolk .......... (757) 934-4580
Virginia Beach

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Optima Health
Specialists - Tier 1

Hennessey, IV, John J., MD
Chester .............. (804) 285-6880
Midlothian .......... (804) 325-8750
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital

Hogan, Joseph P., MD
Norfolk .............. (757) 461-5400
Virginia Beach .......... (757) 461-5400
Hospital Affiliations:
Centra Lynchburg General Hospital

Hole, Zsofia V., MD
Harrisonburg .......... (540) 689-5400
Hospital Affiliations:
Sentara RMH Medical Center

Holland, Marie, MD
Norfolk .............. (757) 461-5400
Virginia Beach .......... (757) 461-5400
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hormel, Timothy, MD
Salen .................. (540) 725-3500
Hospital Affiliations:
Lewis-Gale Medical Center

Hurtado, Rafael V., MD
Danville .......... (434) 792-3232

Jansen, Laura A, MD
Charlottesville .......... (434) 924-8668
Hospital Affiliations:
University of Virginia Health Sciences Center

Johnston, Karen Chodack, MD
Charlottesville .......... (434) 924-2706

Jones, David E., MD
Charlottesville .......... (434) 924-8668
Hospital Affiliations:
University of Virginia Medical Center

Khan, Bushra, MD
Prince George .......... (804) 452-4546
Hospital Affiliations:
John Randolph Medical Center Southside Regional Medical Center

Khan, Murshid, MD
Prince George .......... (804) 452-4546
Hospital Affiliations:
John Randolph Medical Center

Kilhenny, Patrick F., MD
Virginia Beach .......... (757) 425-5550
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Kirmani, Batool, MD
Farmville .......... (434) 315-2914
Lynchburg .......... (434) 200-2900
Hospital Affiliations:
Centra Lynchburg General Hospital

Kochenderfer, Joann M., MD
Roanoke .......... (540) 981-7000

Konieczny, Peter, MD
Farmville .......... (434) 315-2913

Koenig, Elizabeth, MD
Charlottesville .......... (434) 924-8668

Kowal, Sara, MD
Charlottesville .......... (434) 924-8668

Kreutzer, P. Wayne, MD
Northern Virginia Medical Center

Kuhn, Joseph, MD
Charlottesville .......... (434) 924-8668

Kreutzer, P. Wayne, MD
Northern Virginia Medical Center

Kusmich, Michelle, MD
Charlottesville .......... (434) 924-3500

Kuschert, Robert, MD
Richmond .......... (804) 288-2742
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Kuss, Jessica J., MD
Charlottesville .......... (434) 924-2706

Laccheo, Ilko, MD
Charlottesville .......... (434) 984-3109

Lamarche, Jr., Donald, MD
Charlottesville .......... (434) 924-2706

Langer, Jennifer, MD
Charlottesville .......... (434) 924-2706

Lanoue, Robert J., MD
Charlottesville .......... (434) 924-2706

Lapidus, David A, MD
Charlottesville .......... (434) 924-2706

Laping, D. William, MD
Centra Southside Community Hospital

Lanning, Henry M., MD
Centra Southside Community Hospital

Leone, Kenneth V., MD
Charlottesville .......... (434) 928-1652

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Specialists - Tier 1

Li, Mian, MD
Lynchburg........ (434) 200-2900
Norfolk............ (757) 252-9015
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Login, Ivan S., MD
Charlottesville..... (434) 924-5304
Loma-Miller, Ingrid P., MD
Norfolk............ (757) 461-5400
Virginia Beach .. (757) 461-5400
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lyons, Dorothy A., MD
Norfolk............ (757) 252-9140
Williamsburg
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Lyons, Paul D., MD
Purcellville....... (540) 751-0751
Winchester........ (540) 667-1828
Hospital Affiliations:
Centra Lynchburg General Hospital
University of Virginia Medical Center
Winchester Medical Center
Mady, Jason J, MD
Salem............... (540) 772-3450
Hospital Affiliations:
Lewis-Gale Medical Center
Mary Washington Hospital (MWH)
Malapira, Amelito B R, MD
Norfolk............ (757) 252-9140
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Mallenbaum, Sidney, MD
Roanoke ............ (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital
Marrufo, Manuel, MD
Blacksburg........ (540) 951-5090
Martz, Gabriel U., MD
Charlottesville.... (434) 924-5312
Hospital Affiliations:
University of Virginia Medical Center
Mason, Mark, MD
Charlottesville.... (434) 654-8960
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Mathe, Susanna A., MD
North Chesterfield(804) 288-2742
Richmond......... (804) 288-2742
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Maton, Bruno, MD
Norfolk............ (757) 252-9015
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Mays, Patricia F., MD
Williamsburg..... (757) 707-3508
McCollum, David N, MD
Charlottesville.... (434) 924-5402
Hospital Affiliations:
University of Virginia Medical Center
McMahon, Robert W., MD
Charlottesville.... (434) 924-2706
Fishersville....... (540) 932-5878
Lexington.......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center
Moore, Patricia M., MD
Norfolk............ (757) 252-9140
Hospital Affiliations:
Lewis-Gale Medical Center
Mary Washington Hospital (MWH)
Sentara Williamsburg Regional Medical Center
Stafford Hospital Center
Morewitz, Nancy D., MD
Portsmouth....... (757) 215-3565
Suffolk.......... (757) 215-3565
Hospital Affiliations:
Bon Secours Maryview Medical Center
Nalluri, Suman, MD
Lynchburg......... (434) 200-2900
Hospital Affiliations:
Centra Lynchburg General Hospital
Nanavaty, Rajiv, MD
Charlottesville.... (434) 924-5304
Ng, Chi-Kin, MD
Blackstone......... (434) 292-7261
Salem............... (540) 772-3450
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Lewis-Gale Medical Center
Niebauer, Marivi A., MD
Abingdon......... (276) 258-1740
Nikpey, Pari, MD
Charlottesville.... (434) 293-5181
Salem............... (540) 772-3450
Hospital Affiliations:
Lewis-Gale Medical Center
O'Bannon, John M., MD
Emporia........... (804) 288-2742
North Chesterfield(804) 288-2742
Richmond......... (804) 288-2742
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital
Owsu-Yaw, Victor, MD
Danville........... (434) 791-2600
Parekh, Vipul V, MD
Norfolk............... (757) 388-6105
Hospital Affiliations:
Sentara Obici Hospital
Patel, Mrugendra R., MD
Chesapeake........ (757) 842-4110
Hospital Affiliations:
Chesapeake Regional Medical Center
Clinch Valley Medical Center
Perrin, III, Zack T., MD
Harrisonburg..... (540) 689-5400
Hospital Affiliations:
Sentara RMH Medical Center
Personna-Policard, Fritz, MD
Lynchburg......... (434) 200-2900
Hospital Affiliations:
Centra Lynchburg General Hospital
Phillips, II, Lawrence H., MD
Charlottesville.... (434) 924-5304
Purrow, Benjamin W, MD
Charlottesville.... (434) 982-4415
Hospital Affiliations:
UA HealthSouth Rehabilitation Hospital
Puzio, Peter A., DO
Fishersville....... (540) 932-5878
Lexington.......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center
Qazizadeh, Salim, MD
Chesapeake........ (757) 547-0508
Hospital Affiliations:
Chesapeake Regional Medical Center
Quigg, Mark S., MD
Charlottesville.... (434) 924-0488
Rahman, Syed H, MD
Hampton........... (757) 262-0390
Portsmouth....... (757) 686-9300
Suffolk
Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Ramirez-Montalegre, Denia, MD
Charlottesville... (434) 924-8668
Hospital Affiliations:
University of Virginia Medical Center
Rana, Khalid, MD
Leesburg.......... (703) 724-9376
Reston............... (703) 774-9445
Ranawat, Nishant, MD
Lynchburg......... (434) 200-3600
Ransom, Mary, MD
Richmond........ (804) 893-8656
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Redding, Anne D., MD
Norfolk............ (757) 461-5400
Virginia Beach .. (757) 461-5400
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Rice, Marcus C., MD
Norfolk............... (757) 461-5400
Virginia Beach .. (757) 461-5400
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Richard, Robert, MD
Rex................. (703) 876-0800
Hospital Affiliations:
Rex Hospital Center
Roden, Meghan F., MD
Kilmarnock........ (804) 435-1017
Mechanicsville.... (804) 325-8720
Midlothian......... (804) 325-8750
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Saarawat, Tanuj, MD
Richmond......... (804) 893-8656
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital
Sangha, Amandeep, MD
Petersburg.......... (804) 893-8656
Richmond......... (804) 893-8656
Hospital Affiliations:
Bon Secours St. Marys Hospital
Mary Washington Hospital (MWH)
Stafford Hospital Center
Scherer, Christopher J., MD
Charlottesville (434) 654-8960
Virginia Beach (757) 252-9140
Sentara Leigh Hospital
Sentara Marita Jefferson Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Shah, Qaisar A., MD
Shah, Binit B., MD
Shah, Aashit K., MD
Seestedt Jr., Richard, MD
Schulman, Alan E., MD
Schmidley, James W., MD
Scherer, Christopher J., MD
Optima Direct Network Providers 9/2019
Virginia Beach (757) 474-7447
Chesapeake (757) 548-0076
Hospital Affiliations:
Centra Southside Community Hospital
Shields, Emily S., MD
Shipley, Patricia J., MD
Farivarne (434) 315-2914
Hospital Affiliations:
Entera Southside Community Hospital
Siddiqui, Fozia, MD
Hospital Affiliations:
Sentara RMH Medical Center
Simsarian, James, MD
Fairfax (703) 876-0800
Reston (703) 876-0800
Hospital Affiliations:
Reston Hospital Center
Singh, Rajinder P., MD
Newport News (757) 872-9797
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Sentara Norfolk General Hospital
Hospital Affiliations:
Sentara Princess Anne Hospital
Smith, Thomas A., MD
Kilmarnock (804) 453-1017
Mechanicsville (804) 325-8720
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Sentara Norfolk General Hospital
Hospital Affiliations:
Sentara Virginia Beach General Hospital
Southerland, Andrew M., MD
University of Virginia Medical Center
Starr, Geoffrey E., MD
Danville (434) 799-4711
Hospital Affiliations:
SOVAH Health - Danville
Stephenson, Randolph, MD
Fairfax (703) 876-0800
Hospital Affiliations:
Reston Hospital Center
Stergis, George N., MD
Culpeper (540) 321-4281
Hospital Affiliations:
UVV Culpeper Hospital
Stone, Amy R., MD
Fairfax (703) 876-0800
Hospital Affiliations:
Reston Hospital Center
Taboada, Javier G., MD
Virginia Beach (757) 363-6515
Hospital Affiliations:
Sentara Bayside Hospital
TeKrony, Mark, MD
Reston (703) 876-0800
Hospital Affiliations:
Reston Hospital Center
Thomas, Karen M., DO
Richmond (804) 288-2742
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Thurston, Stephen E., MD
North Chesterfield (804) 288-2742
Hospital Affiliations:
Bon Secours St. Marys Hospital
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Tsiakaras, John G., MD
Richmond (804) 288-2742
Hospital Affiliations:
Richmond Memorial Hospital
Sentara Richmond General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Visvalingam, Nando, MD
Hospital Affiliations:
Sentara RMH Medical Center
Wang, Lina, MD
Richmond (804) 288-2742
Hospital Affiliations:
Princess Anne Hospital
Sheltering Arms Rehabilitation Hospital
Campus
Sentara RMH Medical Center
Hospital Affiliations:
Virginia Beach General Hospital
Wenger, Evan J., MD
Richmond (804) 288-2742
Hospital Affiliations:
Richmond General Hospital
Sentara Virginia Beach General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
White, Robert J., MD
Richmond (804) 288-2742
Hospital Affiliations:
Richmond General Hospital
Sentara Virginia Beach General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Whiting Evans, Pamela S., MD
Richmond (804) 288-2742
Hospital Affiliations:
Richmond General Hospital
Sentara Virginia Beach General Hospital
Hospital Affiliations:
Virginia Beach General Hospital
Williams, Armistead D., MD
Richmond (804) 288-2742
Hospital Affiliations:
Richmond General Hospital
Sentara Virginia Beach General Hospital
Hospital Affiliations:
Virginia Beach General Hospital

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<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
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<td><strong>Neuromuscular Medicine</strong></td>
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<td>Harden, David G., DO</td>
<td>Neuromuscular Medicine</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital</td>
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<td>HealthCare-affiliated Hospitals</td>
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<td>Neurology</td>
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<td>Burton, Ashley F., MD</td>
<td>Nuclear Medicine</td>
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<td>Kotlyarov, Eduard Volfovitch, MD</td>
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<tr>
<td><strong>Nurse Practitioner</strong></td>
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<td>Beard, Jimmi, NP</td>
<td>Nurse Practitioner</td>
<td>Hospital Affiliations: Bon Secours Regional Medical Center</td>
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<td><strong>Occupational Medicine</strong></td>
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<td>Baddar, Nader T., MD</td>
<td>Occupational Medicine</td>
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<td>Krieger, David, DO</td>
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<td>Seelander, John Yates, MD</td>
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<td>Hospital Affiliations: Bon Secours Regional Medical Center</td>
</tr>
</tbody>
</table>

*Specialists - Tier 1*
Collins, Andrew S., MD
Richmond .......... (804) 287-4200

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center

Chisholm, Lionel, MD
Culpeper.......... (540) 349-1882

Hospital Affiliations:
- Fauquier Hospital

Coleman, William P., MD
Fredericksburg .... (540) 786-3900

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Colling, Landon, MD
Amherst............ (434) 946-2020

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters
- Sentara Levittown Hospital
- Sentara Norfolk General Hospital

Cook, Gary R., MD
Culpeper.......... (540) 349-1882

Hospital Affiliations:
- University of Virginia Health Center

Cook, Laura D., MD
Charlottesville... (434) 924-5653

Hospital Affiliations:
- University of Virginia Medical Center

Cooper, Geoffrey G., MD
Richmond .......... (804) 287-4200

Cotter, Frank, MD
Roanoke ............ (540) 855-5100

Crenshaw, Joanne, MD
Sterling............. (703) 766-6165

Crossan, Alessa S., NP
Sterling............. (703) 430-4400

Hospital Affiliations:
- Fauquier Hospital

Crouch, III, Earl, MD
Norfolk ............ (757) 461-0050

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Crouch, Jr., Earl R., MD
Norfolk ............. (757) 461-0050

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters
- Sentara Levittown Hospital
- Sentara Norfolk General Hospital

Dang, Dinh Ngoc T., MD
Richmond .......... (804) 330-9303

Dao, Jennifer B., MD
Springfield........ (703) 451-6111

Woodbridge........ (703) 670-4700

Hospital Affiliations:
- Inova Fairfax Hospital

Dave, Akshay V., MD
Chesapeake ....... (800) 468-1415

Colonial Heights (804) 526-3886

Emporia.......... (434) 336-1030

Richmond .......... (804) 285-0680

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Southern Virginia Regional Medical Center
- St. Mary's Hospital

Deliandes, Aris Philip, MD
Virginia Beach ...(757) 481-3800

Hospital Affiliations:
- Sentara Virginia Beach General Hospital

DeRosa, Anthony J, MD
Newport News ... (757) 223-5321

Devantier, Wayne R, MD
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Hospital Affiliations:
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- Lewis-Gale Medical Center

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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Sentara CarePlex Hospital
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Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Powell, Natalie K, DMD
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Hospital Affiliations:
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Priest, James H., MD
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Quigg, Richard K., DDS
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Radwan, Alaaidlin, DDS
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Suffolk ............. (757) 934-0767

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Thoppay, Jaisri, DDS
Chesapeake ...... (757) 484-2382

Trotter, Bradley, DDS
Hampton .......... (757) 838-3975

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White, Brandon K., DDS
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Hospital Affiliations:
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Brown, Samuel L, MD  
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Hampton Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Sentara Norfolk General Hospital  
Riverside Shore Memorial Hospital  

Brown, Thomas D, MD  
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Hospital Affiliations:  
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University of Virginia Medical Center  

Burrow, John, DO  
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Byrd, III, J, Abbott, MD  
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Hospital Affiliations:  
Children’s Hospital of the King’s Daughters  
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Caines, Michael A, MD  
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Sentara Obici Hospital  

Campbell, Michael A, MD  
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Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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Centra Virginia Baptist Hospital  

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Hospital Affiliations:  
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Carmouche, Jonathan Joseph, MD  
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Hospital Affiliations:  
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Chabah, Abhinav B, MD  
Fairfax Hospital  

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Hospital Affiliations:  
Mary Washington Hospital (MWH)  

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Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
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Cooper, Minton T, MD  
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Bon Secours St. Marys Hospital  
Chippenham Medical Center/ Johnstown-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  

Cullen, Sarah M, MD  
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Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

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Hospital Affiliations:  
University of Virginia Medical Center  

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Sentara Virginia Beach General Hospital  

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Bon Secours Maryview Medical Center  
Sentara Virginia Beach General Hospital  

Dawson, Elizabeth B, MD  
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Hospital Affiliations:  
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Day, John, DO  
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Bon Secours St. Marys Hospital  
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Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  

Dellinger, Doreen A, MD  
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St. Mary’s Hospital  

Drake, Brian, DO  
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Bon Secours St. Marys Hospital  
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Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  

Dunlap, Jr., Dennis B, MD  
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Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

Durham, Jr., Lawrence, MD  
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Bon Secours St. Marys Hospital  
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Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  

Ebeling, John W, MD  
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Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

Eichen, John F, MD  
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Hospital Affiliations:  
University of Virginia Medical Center  

Edwards, Robert W, MD  
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Henrico Doctors’ Hospital - Forest Campus  
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Edwardson, Eric, DO  
Richmond......... (804) 915-4602  
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Henrico Doctors’ Hospital - Forest Campus  
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Riverside Shore Memorial Hospital  

Elam, Sharman, DO  
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Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

Ellery, John J, MD  
Leesburg........... (703) 860-9500  

Fleming, Brian P, MD  
Richmond......... (804) 915-4602  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

Fleming, Neta K, MD  
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Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  

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### Specialists - Tier 1

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<td>Harrisonburg .... (540) 689-4500</td>
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<td>Courtney, Thomas W., MD</td>
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<td>Cummings, Stephen H., MD</td>
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<td>Dean, Daniel, MD</td>
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<td>Devine, Michael J., MD</td>
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<td>Winchester .......... (540) 667-9252</td>
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<td>Wytheville........... (276) 228-0566</td>
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<td>Dowd, Jr., James E., MD</td>
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<td>Eckel, Tobin Thomas, MD</td>
<td>Abingdon .......... (276) 258-1760</td>
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<td>Eglevsky, Andre, MD</td>
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<td>Fagarty, Jacqueline M., MD</td>
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<td>Francisco, Ramees A., MD</td>
<td>Wytheville .....(276) 223-1983</td>
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<td>Gagliardi, Martin P., MD</td>
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</tbody>
</table>

**Recommended Reading:**
- [Optima Direct Network Providers](9/2019)
- [OptimaHealth](309)
Specialists - Tier 1

Galvion, Ronald, MD
Chesapeake ... (757) 971-2048
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Chesapeake Regional Medical Center

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Children's Hospital of the King's Daughters
Riverside Shore Memorial Hospital
Sentara Virginia Beach General Hospital

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Glasson, Sandra E., MD
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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
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Novant Health UVA Health System
Prince William Medical Center

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Roanoke ............ (540) 725-1226
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Carilion Roanoke Memorial Hospital
Chesapeake Regional Medical Center

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Reston Hospital Center

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Stafford Hospital Center

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Zion Crossroads ... (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

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OptimaHealth
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<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Hospital Affiliations</th>
<th>City</th>
<th>Category</th>
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<tr>
<td>Haynes, Boyd, MD</td>
<td>(575) 596-1900</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital</td>
<td>Newport News</td>
<td>Specialists</td>
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<td>Heisinger, Adam J, DO</td>
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<td>Helgeson, Melvin D., MD</td>
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<td>Herzog, Joshua, MD</td>
<td>(804) 379-8088</td>
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<td>Physicians, Specialists, Dentists</td>
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<tr>
<td>Hull, Jason, MD</td>
<td>(804) 285-2300</td>
<td>Hospital Affiliations: Bon Secours St. Marys Hospital</td>
<td>Richmond</td>
<td>Physicians, Specialists</td>
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<td>Huttman, Daniel T, MD</td>
<td>(757) 673-5680</td>
<td>Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
<td>Portsmouth</td>
<td>Physicians, Specialists</td>
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<td>Iiams, Gordon J., MD</td>
<td>(757) 547-5145</td>
<td>Hospital Affiliations: Chesapeake Regional Medical Center</td>
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<td>Irby, E. Claiborne, MD</td>
<td>(804) 288-3136</td>
<td>Hospital Affiliations: Sentara Obici Hospital</td>
<td>Richmond</td>
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<td>Jacobson, Peter C., MD</td>
<td>(757) 422-8476</td>
<td>Hospital Affiliations: Sentara Leigh Hospital</td>
<td>Virginia Beach</td>
<td>Physicians, Specialists, Dentists</td>
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<tr>
<td>Jacobsen, Gregory Edmund, MD</td>
<td>(540) 731-2000</td>
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<td>Norfolk</td>
<td>Physicians</td>
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<td>Jessup, Douglas E., MD</td>
<td>(804) 270-1305</td>
<td>Hospital Affiliations: Indian Path Community Hospital</td>
<td>Norton</td>
<td>Physicians</td>
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<tr>
<td>John, Christopher K., MD</td>
<td>(540) 961-8060</td>
<td>Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
<td>Blacksburg</td>
<td>Physicians</td>
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<tr>
<td>Johnson, Brent M., MD</td>
<td>(540) 320-1339</td>
<td>Hospital Affiliations: Carilion Roanoke Medical Hospital</td>
<td>Richmond</td>
<td>Physicians</td>
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<td>Johnson, Louis Charles, MD</td>
<td>(757) 490-4802</td>
<td>Hospital Affiliations: Sentara Leigh Hospital</td>
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<td>Jordan, Patrick W., MD</td>
<td>(540) 731-2000</td>
<td>Hospital Affiliations: Sentara Virginia Beach General Hospital</td>
<td>Christiansburg</td>
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<td>Joyner, Patrick W., MD</td>
<td>(757) 772-3530</td>
<td>Hospital Affiliations: Lewis-Gale Medical Center</td>
<td>Salem</td>
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<td>Kavanagh, Michael, MD</td>
<td>(703) 777-3262</td>
<td>Hospital Affiliations: Roanoke</td>
<td>Leesburg</td>
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<td>Kels, Douglas U., MD</td>
<td>(540) 725-1226</td>
<td>Hospital Affiliations: Roanoke</td>
<td>Roanoke</td>
<td>Physicians</td>
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<tr>
<td>Kerner, Mark B., MD</td>
<td>(804) 379-2414</td>
<td>Hospital Affiliations: Sentara Memorial Medical Center/Johnston-Willis Hospital</td>
<td>Portsmouth</td>
<td>Physicians</td>
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<tr>
<td>Kim, Christopher K., MD</td>
<td>(540) 320-1339</td>
<td>Hospital Affiliations: Sentara Memorial Medical Center/Johnston-Willis Hospital</td>
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<td>Physicians</td>
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<tr>
<td>Kime, III, Robert C., MD</td>
<td>(540) 434-1664</td>
<td>Hospital Affiliations: Sentara Memorial Medical Center/Johnston-Willis Hospital</td>
<td>Harrisonburg</td>
<td>Physicians</td>
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<td>King, David C, MD</td>
<td>(276) 223-1982</td>
<td>Hospital Affiliations: Wythe County Community Hospital</td>
<td>Wytheville</td>
<td>Physicians</td>
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<tr>
<td>Kirchmier, Jr., Raymond S., MD</td>
<td>(540) 361-1830</td>
<td>Hospital Affiliations: Roanoke</td>
<td>Fredericksburg</td>
<td>Physicians</td>
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<tr>
<td>Kiritis, Paul G., MD</td>
<td>(804) 379-2414</td>
<td>Hospital Affiliations: Roanoke</td>
<td>Middletown</td>
<td>Physicians</td>
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<tr>
<td>Kline, Samuel C., MD</td>
<td>(757) 321-3300</td>
<td>Hospital Affiliations: Roanoke</td>
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<td>Kline, Samuel C., MD</td>
<td>(757) 321-3300</td>
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<td>Virginia Beach</td>
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Optima Direct Network Providers 9/2019
Kona, John, MD
Farmville .......... (434) 315-2930
Hospital Affiliations:
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Kramer, Stuart, MD
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Krome, Jonathan, MD
Danville .......... (434) 793-4711
Martinsville ...... (276) 790-3233

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Kump, Cyrus S., MD
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Kyles, Michael K., MD
South Boston ..... (434) 572-4074

Lambert II, Alexander L., MD
Gloucester ...... (804) 210-1005
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Williamsburg .... (757) 253-0603
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Lane III, H Edward, MD
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Montgomery Hospital &
/a LewisGale Montgomery

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Sentara Obici Hospital

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Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center

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Mason, Robert Charles, MD
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Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

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Stafford Hospital Center

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Healthsouth Rehabilitation  
Hospital of Virginia  
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Sentara Norfolk General Hospital  
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Vinton............. (540) 981-8668
Mierisch, Cay Michael, MD  
Roanoke........... (540) 224-5170  
Vinton............. (540) 981-8668
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Richmond.......... (804) 320-1339  
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Hospital Affiliations:  
University of Virginia Medical Center
Miller, Thomas Kevin, MD  
Blacksburg....... (540) 961-8060  
Buena Vista  
Christiansburg  
Lexington....... (540) 725-1226  
Roanoke  
Hospital Affiliations:  
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Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital
Mitchell, Erik, DO  
Front Royal ...... (540) 635-0820  
New Market ...... (540) 459-1515  
Woodstock....... (540) 459-2957  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Warren Memorial Hospital Inc
Molligan, IV, Harry, MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Molligan, Harry J., MD  
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Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital
Mook, William, MD  
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Hospital Affiliations:  
Reston Hospital Center
Moore, Blake, MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital
Moore, Jeffrey D., MD  
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Williamsburg.... (757) 707-3508  
Hospital Affiliations:  
Sentara Chesapeake Regional Medical Center  
Sentara Williamsburg Regional Medical Center
Morin II, Norman Paul, MD  
Wytheville........ (276) 223-1983  
Hospital Affiliations:  
Twin Counties Regional Hospital  
Wythe County Community Hospital
Morina, John M., MD  
Chesapeake ...... (757) 321-3300  
Norfolk.......... (757) 321-3300  
Hospital Affiliations:  
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Sentara Virginia Beach General Hospital
Moshifar, Ali, MD  
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Hospital Affiliations:  
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Moskal, Joseph T., MD  
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Roanoke  
Hospital Affiliations:  
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Mostello, Andrew J, DO  
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Hospital Affiliations:  
Bon Secours St. Marys Hospital
Muawwad, Rafik D., MD  
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Hospital Affiliations:  
Lewis-Gale Medical Center
Mudrick, Colin, MD  
Richmond.......... (804) 285-2300  
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Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus
Muxlow, Chad J., DO  
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Myers, Richard J., MD  
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Virginia Beach .. (757) 388-5680  
Hospital Affiliations:  
Sentara Albermarle Medical Center  
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Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital
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Richmond.......... (804) 379-8088  
Hospital Affiliations:  
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Neff, Eric S., MD  
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Sentara Norfolk General Hospital
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Williamsburg.... (757) 707-3508  
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O'Connell, Patrick, MD  
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O'Brien, Michael B., MD  
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Virginia Hospital (MWH)
Osborn, Robert K., MD  
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Orchowski, Joseph R, MD  
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Patel, Rupalkumar, MD  
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Palmer, Christopher G., MD  
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Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital
Panzarella, Matthew J., MD  
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Hospital Affiliations:  
University of Virginia Medical Center
Park, Joseph, MD  
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University of Virginia Medical Center
Parker, Andrew, MD  
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Pawelkoski, Ewan, MD  
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Hospital Affiliations:  
Carilion Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital
Pawelkoski, Ewan, MD  
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Hospital Affiliations:  
Carilion Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital
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Patterson, Phillip J., MD
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Lewish-Gale Medical Center
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Sentara Virginia Beach General Hospital
Payne, Loel Z., MD
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Hospital Affiliations:
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Pereles, Thomas R., MD
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Hospital Affiliations:
Augusta Medical Center
Persons, Jeffrey B, MD
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Hospital Affiliations:
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Perumal, Venkat, MD
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Hospital Affiliations:
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Pettrone, Frank, MD
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Vienna ............. (504) 517-5213
Pilson, Holly Tyler-Paris, MD
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Hospital Affiliations:
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Hospital Affiliations:
Dickerson Community Hospital
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Chippewa Medical Center/ Johnston-Willis Hospital
Southside Regional Medical Center
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Vanichkaorn, Jed S, MD</td>
<td>Weiss, David B, MD</td>
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<tr>
<td>Mechanicsville .............</td>
<td>(804) 559-6800</td>
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<td>Richmond ..................</td>
<td>(804) 285-2300</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>Bon Secours St. Marys Hospital</td>
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<td>Henrico Doctors' Hospital -</td>
<td>Forest Campus</td>
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<tr>
<td>Vitez, Jr., Brantley, MD</td>
<td>Vizzi, Scott, MD</td>
</tr>
<tr>
<td>Fairfax ..................</td>
<td>Richmond ..................</td>
</tr>
<tr>
<td>(703) 810-5217</td>
<td>(804) 285-2300</td>
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### Departments

#### Otology

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#### Pain Medicine

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COLUMBIA PALASKI COMMUNITY HOSPITAL

D/B/A LEWISGATE PALASKI LEWIS GATE MEDICAL CENTER
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Reston Hospital Center
Centra Virginia Baptist Hospital

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Carilion Roanoke Memorial Hospital
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Specialists - Tier 1

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### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Name</th>
<th>Contact Details</th>
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</thead>
<tbody>
<tr>
<td><strong>Pediatric Hematology/Oncology</strong></td>
<td>De Alarcon, Pedro A., MD</td>
<td>Charlottesville ... (434) 924-8499</td>
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<td>Druzdal, Colleen H., MD</td>
<td>Charlottesville ... (434) 924-8499</td>
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<td>Dunsmore, Kimberly P., MD</td>
<td>Charlottesville ... (434) 924-8499</td>
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<td>Edwards, Erwood, MD</td>
<td>Roanoke            (540) 981-7376</td>
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<td>Fernandez, Violet M., MD</td>
<td>Roanoke             (540) 981-7376</td>
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<td>Lee III, Daniel W., MD</td>
<td>Roanoke             (434) 924-8499</td>
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<td>Lowe, Eric J., MD</td>
<td>Norfolk              (757) 668-7243</td>
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<td>Williams, Ted A., MD</td>
<td>Richmond          (804) 893-8610</td>
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<td>Tsou, V, Marc, MD</td>
<td>Chesapeake       ...... (757) 668-7240</td>
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<td>Sentara Norfolk General Hospital</td>
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<td>Lowe, Eric J., MD</td>
<td>Norfolk              (757) 668-7243</td>
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<td>Mincy, Jennifer L., MD</td>
<td>Roanoke             (434) 924-8499</td>
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<td>Morse, Emily S., MD</td>
<td>Charlottesville ... (434) 243-5500</td>
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<tr>
<td></td>
<td>Haymarket, MD</td>
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<td>Owen, William C., MD</td>
<td>Norfolk              (757) 668-7243</td>
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<td>Pegram, Linda D., MD</td>
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<td>Petersen, Jr, William Carl, MD</td>
<td>Charlottesville ... (434) 924-8499</td>
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<td>Riegler, Lara L., MD</td>
<td>Charlottesville ... (434) 243-5500</td>
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<td>Haymarket, MD</td>
<td>(434) 284-3180</td>
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<tr>
<td><strong>Pediatric Infectious Disease</strong></td>
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<td></td>
<td>Fisher, Randall G., MD</td>
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<td>Mitchell, Douglas K., MD</td>
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<td>Sass, Laura A., MD</td>
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<td>Zeichner, Steven L., MD</td>
<td>Charlottesville ... (434) 924-5321</td>
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<td>Hospital Affiliations:</td>
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<td>Sentara Leight Hospital</td>
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<td>Sentara Norfolk General Hospital</td>
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<tr>
<td><strong>Pediatric Intensive Care/ Critical Care</strong></td>
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<td>Cholis, Thomas J., MD</td>
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<td>Crain, Noreen, MD</td>
<td>Charlottesville ... (434) 924-1707</td>
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<td>Dhillon, Javinder S., MD</td>
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<tr>
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<td>St. Mary's Hospital of Richmond</td>
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<tr>
<td><strong>Pediatric Nephrology</strong></td>
<td>Werner, Eric J., MD</td>
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<td>Durbin, Darcy Michelle, MD</td>
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<td>Falkos, Sheryl, MD</td>
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<td>Frank, Deborah U., MD</td>
<td>Charlottesville ... (434) 982-1707</td>
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<td>Charlottesville ... (434) 982-1707</td>
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<td>Igbal O'Meara, Alia Marie, MD</td>
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<td>Lee, Laura, MD</td>
<td>Charlottesville ... (434) 924-1701</td>
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<td>Barca, John P, MD</td>
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<td>Culpeper            (540) 829-1919</td>
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<td>Carmody, James B., MD</td>
<td>Norfolk              (757) 668-7244</td>
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Optima Direct Network Providers 9/2019
Chevalier, Robert L., MD
Charlottesville ... (434) 924-2096

Hospital Affiliations:
UVA HealthSouth Rehabilitation Hospital

Chevalier, Robert L., MD
Charlottesville ... (434) 924-2096

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Norwood, Victoria F., MD
Charlottesville ... (434) 924-2096

Hospital Affiliations:
VCU Health System/MCV

Restaino, Irene, MD

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Alford, Alison, MD
Richmond .......... (804) 658-5385

Hospital Affiliations:
Bon Secours St. Marys Hospital

Daba, Mebratu, MD
Roanoke............. (540) 985-8147

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Enlow, Thomas C, MD
Chesapeake........... (757) 668-9920

Newport News .. (757) 668-9920
Norfolk.............. (757) 668-9920
Suffolk............... (757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters

Frank, Ludwig Matthew, MD
Chesapeake........... (757) 668-9920
Norfolk.............. (757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Leszczynszyn, David J, MD
Richmond......... (804) 287-7080

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV

Northam, Ralph S., MD
Chesapeake........... (757) 668-9920

Newport News .. (757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Norfolk.............. (757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ottallah, Scott Ireland, MD
Roanoke ............. (540) 985-8147

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Sisk, Michael A., MD
Roanoke............. (540) 224-4545

Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Spicuzza, Thomas Joseph, MD
Charlottesville .. (434) 924-5401

Hospital Affiliations:
Augusta Medical Center

Taylor, Donald A., MD
Richmond........... (804) 288-9898

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Toor, Svinder S., MD
Chesapeake........... (757) 668-9920
Norfolk.............. (757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

White, Larry E., MD
Chesapeake........... (757) 668-9920

Newport News .. (757) 668-6220
Norfolk.............. (757) 668-6550

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

PEDIATRIC Ophthalmology

Carter, B. Christian, MD
Charlottesville ... (434) 295-5193

Hospital Affiliations:
Children's Hospital of the King's Daughters

Pediatric Orthopaedics

Bachmann, Keith, MD
Charlottesville ... (434) 924-2301

Zion Crossroads (434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Cardelia, James M., MD
Chesapeake........... (757) 668-7990
Norfolk.............. (757) 668-6550
Virginia Beach .. (757) 668-7878

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Crepeau, Allison E., MD
Norfolk.............. (757) 668-6550

Hospital Affiliations:
Children's Hospital of the King's Daughters

Lither, Leigh, MD
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Zion Crossroads (434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Novick, Cara D, MD
Chesapeake........... (757) 668-2330

Newport News .. (757) 668-6220
Norfolk.............. (757) 668-6550

Virginia Beach .. (757) 668-2775

Hospital Affiliations:
Children's Hospital of the King's Daughters

Romness, Mark J., MD
Charlottesville ... (434) 982-4241
Culpepper .......... (540) 321-3120
Zion Crossroads (434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

St. Clair, H. Sheldon, MD
Charlottesville ... (434) 893-6000

Hospital Affiliations:
Children's Hospital of the King's Daughters

Shirley, Debbie-T., MD
Charlottesville ... (434) 286-4106

Hospital Affiliations:
University of Virginia Medical Center

Stepanovich, Matthew T., MD
Norfolk.............. (757) 668-6550

Hospital Affiliations:
Children's Hospital of the King's Daughters

Zielinski, Julie A., MD
Roanoke............. (540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pediatric Pulmonary Medicine

Assefa, Dagnachew, MD
Richmond........... (804) 281-8303

Chocano, Jose F, MD
Norfolk.............. (757) 668-9466

Hospital Affiliations:
Children's Hospital of the King's Daughters
Epstein, Cynthia, MD
Norfolk.............. (757) 668-7426

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Health System/MCV

Froh, Deborah K., MD
Charlottesville ... (434) 924-5321

Hospital Affiliations:
University of Virginia Medical Center

Garrod, Andrea S., MD
Charlottesville ... (434) 243-5500

Hospital Affiliations:
University of Virginia Medical Center

Gaston, Benjamin M., MD
Charlottesville ... (434) 982-3654

Hospital Affiliations:
Midlothian........... (804) 739-6142
Richmond........... (804) 281-8303

Hospital Affiliations:
Bon Secours St. Marys Hospital

Muelenaer, Andre A., MD
Roanoke............. (540) 985-8230

Hospital Affiliations:
Children's Hospital of the King's Daughters

Sherman, James Merrill, MD
Charlottesville ... (804) 281-8303

Hospital Affiliations:
University of Virginia Medical Center

Tamez, Joseph, MD
Lynchburg .......... (434) 386-4106

Hospital Affiliations:
University of Virginia Medical Center

Teague Jr., William Gerald, MD
Charlottesville ... (434) 924-0408

Hospital Affiliations:
University of Virginia Medical Center

Specialists - Tier 1

Optima Direct Network Providers 9/2019 325
Specialists - Tier 1

Pediatric Radiology
Gaca, Ana Maria, MD
Charlottesville... (434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Pediatric Rheumatology
Gabriel, Christos, MD
Norfolk............. (757) 668-8572
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patel, Aarath, MD
Charlottesville... (434) 924-1906
Richmond......... (804) 217-9601
Hospital Affiliations:
Cabell Huntington Hospital

Pediatric Specialist
Alford, Bennett, MD
Charlottesville... (434) 924-2781
Hospital Affiliations:
Buchanan General Hospital
University of Virginia Medical Center

Burbridge, Michael J., DO
Roanoke .......... (540) 224-4545
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Southampton Memorial Hospital

Cronin, Julia A., MD
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Norfolk.......... (757) 668-8255
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Curd, Lewis H., MD
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Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Die, Jane L., MD
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Bon Secours DePaul Medical Center Inc

Doherty, Emily Saks, MD
Lynchburg

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Hospital Affiliations:
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Hospital Affiliations:
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Joyce, Aisha, MD
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Virginia Beach .. (757) 668-7850
Hospital Affiliations:
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Smith, David V., MD
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Virginia Beach .. (757) 668-7850

Pediatric Surgery
Cavett, Clinton, MD
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Collins, Joy L., MD
Christiansburg ... (540) 985-9812
Lynchburg...... (540) 985-9812
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Dewolfe, Melissa A., DO
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Hospital Affiliations:
Augusta Medical Center
Children's Hospital of the King's Daughters

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Duke, Duane S, MD
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Norfolk.......... (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters

Lanning, David A., MD
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Hospital Affiliations:
UVA Pulpeh Hospital
University of Virginia Medical Center
VCU Health System/MCV

Levin, Daniel E, MD
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Hospital Affiliations:
University of Virginia Medical Center

McAlary, John D., MD
Charlottesville ... (434) 924-2673
Hospital Affiliations:
University of Virginia Medical Center

McGraw, III, Eugene D., MD
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McGuire, Margaret M, MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Optima Direct Network Providers 9/2019
Specialists - Tier 1

Obermeyer, Robert J., MD
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ricea, Jr., Robert L., MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Children's Hospital of the King's Daughters

Rodgers, Bradley M., MD
Charlottesville... (434) 924-2673

Safford, Shawn D., MD
Christiansburg... (540) 985-9182
Lynchburg........ (540) 985-9182
Roanoke
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Pediatric Urology

Horton, Jr., Charles E., MD
Chesapeake ...... (757) 668-7878
Newport News .. (757) 668-7878
Norfolk ........... (757) 668-7990
Virginia Beach .. (757) 668-7878
Williamsburg .... (757) 668-7878
Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara CarePlex Hospital
Chesapeake Regional Medical Center

Upadhyay, Jyoti, MD
Chesapeake ...... (757) 668-7878
Newport News .. (757) 668-7878
Norfolk ........... (757) 668-7866
Virginia Beach .. (757) 668-7878
Williamsburg .... (757) 668-7878
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wojcik, Louis J., MD
Chesapeake ...... (757) 668-7878
Newport News .. (757) 668-7878
Norfolk ........... (757) 668-7866
Virginia Beach .. (757) 668-7878
Williamsburg .... (757) 668-7878
Hospital Affiliations:
Children's Hospital of the King's Daughters

Perinatology

Dennis, Larry G., MD
Roanoke .......... (540) 985-9985

Kerkerling, Kathryn, MD
Charlottesville... (434) 924-2345

Ramus, Ronald, MD
Fredericksburg... (540) 741-3260
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center
VCU Health System/MCV

Physical Medicine

Alcantar, David, MD
Portsmouth....... (757) 397-6930
Suffolk.......... (757) 538-0102
Hospital Affiliations:
Bon Secors Maryview Medical Center

Allen, John, DO
Portsmouth....... (757) 399-0759
Hospital Affiliations:
Bon Secors Maryview Medical Center

Amalfitano, Joseph L., DO
Charlottesville... (434) 243-5622
Hospital Affiliations:
University of Virginia Medical Center

Andrus, Jenny, MD
Newport News .. (757) 596-1900
Hospital Affiliations:
Bon Secors Mary Immaculate Hospital

Arora, Reeta M., MD
Charlottesville... (434) 243-5622
Hospital Affiliations:
Bon Secors Maryview Medical Center

Buck, Derek S., MD
Blacksburg ...... (540) 552-7133
Bluefield....... (540) 552-7133

Budampati, Sunetha, MD
Alexandria....... (703) 914-8000

Carter, Jennifer, DO
Winchester....... (540) 536-5121
Hospital Affiliations:
Winchester Medical Center

Caruso, Thomas, DO
Roanoke ........... (540) 981-7925
Vinton ............ (540) 265-6950

Chapman, Trevar O., MD
Lynchburg ......... (434) 845-6664
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Cherrick, Abraham, MD
Alexandria........ (703) 914-8000

Cherrick, Danielle, MD
Alexandria........ (703) 914-8000

Choi Baker, Nina E., MD
Charlottesville ... (434) 243-5622
Hospital Affiliations:
University of Virginia Medical Center

Clanton, Samuel, MD
Midlothian..... (804) 764-1001
Hospital Affiliations:
Sheltering Arms Rehabilitation Hospital

Colliver, Ethan B, DO
Blacksburg ...... (540) 443-3832

Condit, Brian E., MD
Marion.......... (276) 378-2021

Covington, Chris, DO
Christiansburg... (540) 731-2000
Roanoke .......... (540) 981-7925
Vinton .......... (540) 265-6950

Dade, Rodney, MD
Alexandria....... (703) 738-4378

Optima Direct Network Providers 9/2019
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Optima Health
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Optima Direct Network Providers 9/2019

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OptimaHealth
Midlothian........ (804) 764-1000
Hospital Affiliations:
Centra Virginia Baptist Hospital

Strand, Jonathan W, MD
Chesapeake .......... (757) 321-3300
Virginia Beach .......... (757) 321-3300

Stutesman, Andrea A, MD
Lynchburg........ (434) 200-4175

Stutesman, James, MD
Amherst................. (434) 946-2850
Bedford ................. (540) 425-7800
Farmville ............... (434) 200-4175
Lynchburg .......... (434) 947-5100
South Boston .......... (434) 575-1103

Hospital Affiliations:
Reston Hospital Center

Sullivan, Daniel J., DO
Fishersville......... (540) 245-7400
Lexington ................ (434) 464-3465

Hospital Affiliations:
Augusta Medical Center

Sureja, Raj, N., MD
Newport News .......... (757) 596-1900

Suther, Bhavin, MD
Fredericksburg ........ (540) 372-3233

Hospital Affiliations:
Mary Washington Hospital (MWH)

Thomas, Joshua, DO
Alexandria .......... (703) 971-4604
Arlington .............. (703) 738-4336
Fairfax ................ (703) 738-4331
Fredericksburg .... (540) 368-3917
Glen Allen ........... (804) 270-7262
Harrisonburg .. (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg ........ (434) 846-9170
Reston ................. (703) 738-4335

Hospital Affiliations:
Inova Alexandria Hospital

Topalli, Krishna B Sastry, MD
Chesapeake .......... (757) 410-4219

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Trucksess, Amanda, MD
Reston .................. (703) 810-5202

Hospital Affiliations:
Reston Hospital Center

Truong, Anne N., MD
Fredericksburg .......... (540) 374-3164

Tseng, Victor, DO
Chesapeake .......... (757) 547-5145
Suffolk ................. (757) 547-5145

Vokae, Charles W., MD
Richmond ........... (804) 288-3136

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Wagner, Robert, MD
Alexandria .... (703) 738-4332
Arlington ........... (703) 738-4380
Fairfax ................. (703) 738-4331
Harrisonburg .. (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg ........ (434) 846-9170
Reston ................. (703) 738-4335

Hospital Affiliations:
Inova Alexandria Hospital

Walko, Edward J., DO
Virginia Beach ... (757) 640-8673

Waters, Najah S, MD
Danville ........... (434) 799-3866
Roanoke ............... (540) 725-1226

Hospital Affiliations:
Carrilion Roanoke Memorial Hospital

Wayne, Douglas A., MD
Midlothian .......... (804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenhaven Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Riverside Shore Memorial Hospital

Whittenberg, Beverly, MD
Alexandria .......... (703) 738-4332
Arlington ........... (703) 738-4380
Fairfax ................. (703) 738-4331
Harrisonburg .. (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg ........ (434) 846-9170
Reston ................. (703) 738-4335

Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Wichman, Todd A., MD
Richmond .......... (804) 727-0033

Hospital Affiliations:
Healthouth Rehabilitation Hospital of Virginia

Wilder, Robert P., MD
Charlottesville ..... (434) 243-5600

Hospital Affiliations:
University of Virginia Medical Center

Wilson, Fitzpatrick C., MD
Portsmouth .......... (757) 393-0099

Wingard, Daren Murray, MD
Norfolk

Virginia Beach
Hospital Affiliations:
Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Winke, Beth M., MD
Virginia Beach .......... (757) 216-4030

Hospital Affiliations:
Chesapeake Regional Medical Center

Woot, Douglas, MD
Alexandria ........ (703) 738-4378
Arlington ........... (703) 738-4336
Centreville .......... (703) 738-4339
Fairfax ................. (703) 738-4331
Fredericksburg .. (540) 368-3917
Glen Allen ........... (804) 270-7262
Harrisonburg .. (540) 434-1759
Haymarket .......... (703) 738-4384
Lansdowne .......... (703) 738-4344
Lynchburg ........ (434) 846-9170
McLean ............... (703) 738-4342
Reston ................. (703) 738-4335
Richmond .......... (804) 213-2390
Woodbridge .......... (703) 738-4371

Yoo, Myung, MD
Roanoke .............. (540) 224-5170

Hospital Affiliations:
Carrilion Roanoke Community Hospital
Carrilion Roanoke Memorial Hospital
Sentara Virginia Beach General Hospital

Zakaria, Hassan, MD
Chester ............... (804) 715-4709

Physical Therapist

Hancock, Chery A., PT
Danville ............. (434) 793-0700

Weldsmam, Esna, PT
Newport News ..... (757) 496-7373

Safety

Carne, Martin J., MD
Virginia Beach .......... (757) 481-4455

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Virginia Beach General Hospital

Carraway, James H, MD
Norfolk ............... (757) 274-4000

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Carri, Thomas Joseph, MD
Lynchburg .......... (434) 200-1800

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Carwell, Glen, MD
Virginia Beach .......... (757) 481-7788

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Montante, Steven J, MD  
Richmond .......... (804) 615-7657  
Hospital Affiliations:  
Henrico Doctors' Hospital - Forest  
Campus  
Henrico Doctors' Hospital -  
Parham Campus  
Morbia, Roshan Pradip, MD  
Norfolk .......... (757) 627-6700  
Hospital Affiliations:  
Bon Secours DePaul Medical  
Center Inc  
Chesapeake Regional Medical  
Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Morgan, Raymond F., MD  
Charlottesville ... (434) 924-2413  
Hospital Affiliations:  
Augusta Medical Center  
Moyer, Kurtis E., MD  
Roanoke .......... (540) 224-5170  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital  
Omalley, Timothy, MD  
Fredericksburg .. (540) 371-1226  
Stafford .......... (540) 371-1226  
Pitzer, Keith D., MD  
Lynchburg ......... (434) 384-0610  
Hospital Affiliations:  
CENTRA Specialty Hospital  
Centra Virginia Baptist Hospital  
Rosenblum, Richard S., MD  
Chesapeake ...... (757) 547-0047  
Newport News .. (757) 627-6700  
Norfolk .......... (757) 627-6700  
Virginia Beach .. (757) 496-5556  
Hospital Affiliations:  
Bon Secours DePaul Medical  
Center Inc  
Bon Secours Mary Immaculate  
Hospital  
Children's Hospital of the King's  
Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General  
Hospital  
Schoemann, Mark, MD  
Roanoke ........... (540) 224-5170  
Hospital Affiliations:  
Carilion Roanoke Community  
Hospital  
Carilion Roanoke Memorial  
Hospital  
Sewell, Nathan, MD  
Mechanicsville .. (804) 427-7770  
Hospital Affiliations:  
Bon Secours Memorial Regional  
Medical Center  
Shapiro, Carol S., MD  
Woodbridge..... (757) 594-1887  
Hospital Affiliations:  
Sentara Northern Virginia Medical  
Center  
Showalter, Brian, MD  
Charlottesville ... (434) 654-8920  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
Siegel, Fred H., MD  
Chesapeake ...... (757) 547-2115  
Hospital Affiliations:  
Chesapeake Regional Medical  
Center  
Sundin, Burton M., MD  
Richmond ......... (804) 290-0909  
Vienna ............. (703) 740-8333  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital -  
Forest Campus  
Henrico Doctors' Hospital -  
Retreat Campus  
St. Mary’s Hospital  
Sundin, Reps, MD  
Richmond .......... (804) 290-0909  
Vienna ............. (703) 740-8333  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Thomas, Barton A., MD  
Roanoke .......... (540) 581-1400  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital  
Thompson, James T., MD  
Roanoke .......... (540) 224-5170  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital  
Trezinski, Douglas R., MD  
Norfolk .......... (757) 668-1139  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Uroskie Jr, Theodore W., MD  
Norfolk .......... (757) 466-1000  
Hospital Affiliations:  
Bon Secours DePaul Medical  
Center Inc  
Children's Hospital of the King’s  
Daughters  
Henrico Doctors' Hospital -  
Forest Campus  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Vantine, Virginia L., MD  
Norfolk .......... (757) 466-8920  
Viennas, Lambros, MD  
Norfolk .......... (757) 466-8960  
Vio, Anthony, MD  
Norfolk .......... (757) 466-8960  
Von, Peter J., MD  
Newport News .. (757) 873-3500  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Wilson, Henry B., MD  
Lynchburg ......... (434) 384-0610  
Wormom, Isaac L., MD  
Midlothian......... (804) 285-4115  
Richard .......... (804) 285-4115  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital -  
Forest Campus  
Henrico Doctors' Hospital -  
Retreat Campus  
St. Mary’s Hospital  
Zinser, John W., MD  
Richmond .......... (804) 474-9805  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Stuart Circle Hospital  
Chippewa Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital -  
Forest Campus  
Henrico Doctors’ Hospital -  
Retreat Campus  
St. Mary’s Hospital of Richmond  
Zwicklbauer, Michael F., MD  
Newport News .. (757) 873-3500  
Hospital Affiliations:  
Bon Secours Mary Immaculate  
Hospital  
Sentara CarePlex Hospital  
Podiatry  
Agnew, Patrick, DPM  
Virginia Beach .. (757) 523-0414  
Hospital Affiliations:  
Chesapeake Regional Medical  
Center  
Lake Taylor Hospital  
Allen, Elaine, DPM  
Charlottesville ... (434) 242-8550  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Anderson III, Jesse, DPM  
Norfolk .......... (757) 625-2962  
Suffolk .......... (757) 539-2098  
Virginia Beach .. (757) 460-1207  
Hospital Affiliations:  
Bon Secours DePaul Medical  
Center Inc  
Arnold, James R, DPM  
Winchester ......... (540) 667-0130  
Woolstock ......... (540) 459-1271  
Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Winchester Medical Center  
Avery, Aerial, DPM  
Farnville ......... (434) 391-3669  
Glen Allen ...... (804) 934-9340  
Richmond ...... (804) 934-9340  
Hospital Affiliations:  
Henrico Doctors’ Hospital -  
Forest Campus  
Henrico Doctors’ Hospital -  
Parham Campus  
Henrico Doctors’ Hospital -  
Retreat Campus  
Baglio, Robert J., DPM  
Charlottesville ... (434) 295-4443  
Culpeper ...... (540) 825-6118  
Orange .......... (540) 672-1402  
Hospital Affiliations:  
UVA Culpeper Hospital  
Bajani, Vihang A., DPM  
Chesapeake ...... (757) 547-0123  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
Baldwin, III, James, DPM  
Richmond .......... (804) 273-1716  
Hospital Affiliations:  
Henrico Doctors’ Hospital -  
Forest Campus  
Henrico Doctors’ Hospital -  
Parham Campus  
Barbella, Marc A, DPM  
Hampton .......... (757) 827-7111  
Suffolk .......... (757) 686-3668  
Hospital Affiliations:  
Sentara Obici Hospital  
Bechtel, Janet E., DPM  
Dublin ............. (540) 674-2444  
Galax .............. (276) 236-9663  
Marion .......... (276) 782-9545  
Wytheville ....... (276) 228-2212  
Belock, Carl J., DPM  
Ashland .......... (804) 730-1300  
Meadowsvue .... (804) 730-1300  
Hospital Affiliations:  
Bon Secours St. Francis Medical  
Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital -  
Forest Campus  
St. Mary’s Hospital  
Binder, David M., DPM  
Ashland .......... (804) 730-1300  
Sentara CarePlex Hospital  
OptimaDirectNetworkProviders92019
Winchester...... (540) 662-4572
Hospital Affiliations:
Winchester Medical Center

Oklin, Raymond J., DPM
Fairfax.......... (703) 273-3622

Page, Catherine A., DPM
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Parikh, Ami K, DPM
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Hospital Affiliations:
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

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Patton, Blayne K., DPM
Christiansburg... (540) 510-6200
Hardy ............. (540) 510-6200
Lexington ........ (540) 458-3383
Roanoke .......... (540) 510-6200
Rocky Mount ...... (540) 510-6200
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Paylor, Tiomara, DPM
Leesburg......... (703) 777-8655
Purcellville ..... (540) 338-6994
Vienna ........... (703) 281-1108
Winchester ...... (504) 662-6822
Hospital Affiliations:
Winchester Medical Center

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Galax ............. (276) 236-9663
Marion ........... (276) 782-9545
Wytheville ...... (276) 228-2212

Person, Samuel W., DPM
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Petersburg ....... (804) 732-1211
South Hill ........ (434) 447-6988
Hospital Affiliations:
John Randolph Medical Center
VCU Community Memorial Hospital

Petranek, Michael L, DPM
Ashburn......... (703) 723-9267
Fairfax .......... (703) 273-9818
McLean .......... (703) 556-8637
Reston .......... (703) 723-2719
Hospital Affiliations:
Reston Hospital Center

Pfeiffer, Dawn M., DPM
Chesapeake ...... (757) 609-3380
Virginia Beach .. (757) 481-0898
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Phipps, Cameron L., DPM
Purcellville ..... (540) 751-3031
Hospital Affiliations:
Reston Hospital Center
StoneSprings Hospital Center

Pica, Robert, DPM
North Chesterfield(804) 320-3668
Pianock, Chantel M, DPM
Suffolk........... (757) 934-0768
Pinsky, Marc J., DPM
Petersburg ........ (804) 732-6000
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennham Medical Center
Johnston-Willis Hospital
John Randolph Medical Center
St. Mary's Hospital

Platt, Marc A., DPM
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Roanoke
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Popal, Mariam, DPM
Culpeper .......... (540) 321-4281
Madison .......... (540) 948-6861
Hospital Affiliations:
Faquier Hospital
Inova Fairfax Hospital
UVA Culpeper Hospital

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Newport News ... (757) 597-1520
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Ramdass, Roland, DPM
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Purcellville ..... (540) 338-6994
Vienna .......... (703) 281-1108
Winchester ...... (540) 662-6822
Hospital Affiliations:
Winchester Medical Center

Ranieri, Gerard J., DPM
Lake Ridge ...... (703) 491-2603
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Rassool, Arteen, DPM
Suffolk........... (757) 638-1823
Virginia Beach .. (757) 490-1226
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rayno, Michael J., MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Roesen, Howard M., DPM
Carrollton ........ (757) 238-9600
Hampton .......... (757) 896-8800
Newport News ... (757) 599-5710
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Careplex Hospital

Ross, Paul, DPM
Springfield....... (703) 451-2977
Roanoke
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rubiano, Ivan A, DPM
Lakewood ........ (703) 491-9500
Hospital Affiliations:
Inova Fairfax Hospital
Potomac Valley Hospital

Rubano, Ivan A, DPM
Roanoke .......... (540) 344-3668
Rubin, Laurence G., DPM
Mechanicsville ... (804) 746-5488
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Rynkiewicz, Rosemarie, DPM
Bowling Green ... (540) 371-2724
Fredericksburg ... (540) 371-2724
Stafford ........... (540) 720-0674
Hospital Affiliations:
Mary Washington Hospital (MWI)

Savadera, Patrick Martin, DPM
Abingdon......... (276) 525-1917
Hospital Affiliations:
Johnson City Medical Center

Said, Rostana, DPM
Fairfax.......... (703) 273-3622

Salem, Mahmoud, DPM
Hampton.......... (757) 224-7605
Williamsburg.... (757) 220-3311
Hospital Affiliations:
Bon Secours St. Marys Hospital

Salem, Munjed, DPM
Chesapeake ...... (757) 488-6149
Hospital Affiliations:
Chesapeake Regional Medical Center

Salem, Munketh, DPM
Richmond ....... (804) 285-1523

Santiago, Lynette, DPM
Virginia Beach .. (757) 523-0414

Schneider, Myles J., DPM
Annanande ........ (703) 750-1124

Schoop, Robert, DPM
Blacksburg ...... (540) 552-7133
Bluefield
Pearsburg ........ (540) 552-7133
Stuart ............. (540) 552-7133
Wytheville

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Schuster, Samuel H., DPM
Charlottesville ... (434) 295-4443
Culpeper .......... (540) 825-6118
Orange ............ (540) 672-1402
Hospital Affiliations:
UVA Culpeper Hospital

Schweitzer, Seth J., DPM
Colonial Heights(804) 526-5888
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Scott, Samuel E., DPM
Richlands......... (276) 596-9346

Scripps, Mark L., DPM
Lake Ridge ...... (703) 491-9500
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Inova Fairfax Hospital
Stafford Hospital Center

Seltzer, Steven, DPM
Hampton.......... (757) 896-8800
Newport News ... (757) 599-5710

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Optima Direct Network Providers 9/2019
Specialists - Tier 1

Shadbolt, James E., MD
Henrico.............. (804) 754-7400
Midlothian......... (804) 754-7400
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Shah, Asif, DPM
Norfolk.............. (757) 451-1220
Virginia Beach (757) 498-0202
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shadbolt, James E., MD
Richmond.............. (804) 934-9340
Retreat Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Shilling, Gregory A., DPM
Harrisonburg (540) 434-3668
RVA Community Memorial Hospital

Shouls, Lauren A., DPM
Norfolk.............. (757) 498-0202
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Simon, William H., DPM
Virginia Beach (757) 481-0898
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Skandeva, Kostadinka H, DPM
Alexandria (540) 480-8480
Fairfax (571) 480-8480

Snyder, Bryan R., DPM
Charlottesville (434) 979-0728

Snyder, Heather, DPM
Charlottesville (434) 979-0728

Stabile, Douglas, DPM
Lake Ridge (703) 491-9500
Stafford (540) 720-0700

Steffan, Steve, DPM
Allegheany (540) 862-2700
Vinton (540) 985-0597

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stefl, Donald J., DPM
Roanoke (540) 774-5585
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stewart, Christopher B., DPM
Charlottesville (434) 979-0456

Stewart, Daniel, DPM
Harrisonburg (540) 568-9891
Hospital Affiliations:
Sentara RMH Medical Center

Tran, Thomas T., DPM
Harrisonburg (540) 432-6211
Hospital Affiliations:
Sentara RMH Medical Center

Tupper, Robert D., DPM
Norfolk (757) 451-1220
Virginia Beach (757) 498-0202
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wilmish III, Pink P., DPM
Lynchburg (434) 528-1909
Martinsville (434) 632-5123
Salem (540) 982-0253
South Boston (540) 982-0253

Woodell, W. Scott, DPM
Chesapeake (757) 436-5824
Hospital Affiliations:
Chesapeake Regional Medical Center

Young, Nathan J., DPM
Roanoke (540) 344-3668
Hospital Affiliations:
Roanoke Memorial Hospital

Zeltinskas, Sara, DPM
Virginia Beach (757) 963-1488
Hospital Affiliations:
Sheltering Arms Rehabilitation Hospital

Zelen, Charles M., DPM
Roanoke (540) 344-3668
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Preventive Medicine

Arness, Mark, MD
Virginia Beach (757) 222-0300

Pulmonary Medicine

Abril, Juan, MD
Frederickburg (540) 899-1615
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Abu-Handa, Ead M., MD
Williamsburg (757) 984-3975
Hospital Affiliations:
Shelby CarePlex Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

Agarwal, Anil, MD
Norton (276) 439-1490
Hospital Affiliations:
Norton Community Hospital

Akkina, Naveen, MD
Chesapeake (757) 609-3380
Hospital Affiliations:
Shelby Regional Medical Center

Alam, Shoaib, MD
Williamsburg (757) 984-3975
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Alattar, Mohammed, MD
Frederickburg (540) 372-6430
Hospital Affiliations:
Mary Washington Hospital (MWH)

Albon, Dana P., MD
Charlottesville (434) 924-5219
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Ali, Mir, MD
Henrico (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Shelby Rehabilitation Hospital

McCarty, Patrick, MD
Gainesville (703) 743-7017
McGill, Terrance, MD
Alexandria (703) 647-6087

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Optima Health
Aljaafareh, Almotasembellah M, MD
Norfolk.......... (757) 388-6115
Hospital Affiliations:
Sentara CarePlex Hospital

Allaoudin, Tahir, MD
Hopewell.......... (804) 458-7781
Petersburg.......... (804) 835-9560
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Aluko, Shola A, MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Amarna, Mahmoud, MD
Abingdon......... (276) 258-1740
Hospital Affiliations:
Johnston Memorial Hospital

Apostle, James A, MD
Henrico......... (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chilpenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Arone, Anirudh, MD
Hampton......... (757) 827-2350
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Athar, Muhammad N, MD
North Chesterfield(804) 320-4243
Hospital Affiliations:
Chilpenham Medical Center/Johnston-Willis Hospital

Aziz, Sameh G, MD
Roanoke .......... (540) 985-8505
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Baggeni, Mosaab, MD
Broadway ...... (540) 901-0800
Harrisonburg .... (540) 689-5600
Hospital Affiliations:
Sentara RMH Medical Center

Baker, Albert M, MD
Farmville .......... (434) 394-3070
Lynchburg......... (434) 528-2194
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Baker, Mary S, MD
Hampton.......... (757) 827-2350
Norfolk.......... (757) 388-6115
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

Barakat, Hadih, MD
Smithfield
Suffolk.......... (757) 539-0251
Hospital Affiliations:
Sentara Obici Hospital

Bass, Leon C, MD
Norton.......... (276) 439-1490
Hospital Affiliations:
Johnston City Medical Center
Wellmont Bristol Regional Medical Center

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Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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University of Virginia Medical Center

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Birch, Kimberly S, MD
Danville .......... (434) 792-4378
Hospital Affiliations:
SOV/AV Health - Danville

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Virginia Beach . (757) 481-2669
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Biscardi, Frank Hugo, MD
Christiansburg ......(540) 731-2800
Hardy.......... (540) 224-6954
Lexington .......... (540) 985-8526
Roanoke
Hospital Affiliations:
Carilion New River Valley Medical Center

Bitar, Remerto, MD
South Boston....... (434) 575-5864

Bowers, III, John T, MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
SOV/AV Health - Martinsville
University of Virginia Medical Center

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Hospital Affiliations:
University of Virginia Medical Center

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Lexington .......... (540) 458-3213
Roanoke .......... (540) 981-7000
Rocky Mount .... (540) 483-5277
Williamsburg...... (757) 984-3975
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

Catlett, Richard H, MD
Front Royal ...... (540) 636-0627
Winchester ........ (540) 662-4263
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Chigurupati, Naga, MD
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Hampton.......... (757) 827-2350
Norfolk
Petersburg .......... (804) 524-2260
Williamsburg...... (757) 984-3975
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center
Southside Regional Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
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Roanoke .......... (540) 985-8505
Hospital Affiliations:
Augusta Medical Center
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

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Sentara RMH Medical Center

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University of Virginia Medical Center

Davis, Robert S, MD
Petersburg .......... (804) 524-2260
Hospital Affiliations:
Southern Virginia Regional Medical Center
Southside Regional Medical Center
<table>
<thead>
<tr>
<th>Name</th>
<th>City</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eggert, Michael S., MD</td>
<td>Norfolk</td>
<td>(540) 899-6677</td>
</tr>
<tr>
<td>Harrisonburg</td>
<td>(540) 899-6677</td>
<td></td>
</tr>
<tr>
<td>Hospital Affiliations:</td>
<td>Sentara Regional Medical Center</td>
<td></td>
</tr>
<tr>
<td>DeLaCruz, Manuela M., MD</td>
<td>Norfolk</td>
<td>(804) 387-4068</td>
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<td>Desai, Himanshu D., MD</td>
<td>Norfolk</td>
<td>(434) 971-5290</td>
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<td>Enfield, Kyle B., MD</td>
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<td>Williamsburg</td>
<td>(757) 984-3975</td>
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<td>Falk, Derik, MD</td>
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<td>Fiero, Richard A., MD</td>
<td>Fredericksburg</td>
<td>(540) 899-6165</td>
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<td>Figueroa, Oscar F, MD</td>
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<td>Foreman, Elizabeth MD</td>
<td>Charlottesville</td>
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<td>Sentara Martha Jefferson Hospital</td>
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<td>Charlottesville</td>
<td>(434) 971-5290</td>
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<td>Forooshesh, Mahat B., MD</td>
<td>Christiansburg</td>
<td>(540) 639-4860</td>
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<td>Sentara Williamsburg Regional Medical Center</td>
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Henderson, William W., MD
Danville.......... (434) 792-4378
Hospital Affiliations:
SOVAH Health - Danville
Herlihy, Alice, MD
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- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
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- Chippenham Medical Center/Johnston-Willis Hospital
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- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital

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- Henrico Doctors’ Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital

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- Southside Regional Medical Center

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Luray ............. (540) 743-2282
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- Page Memorial Hospital Inc
- War Memorial Hospital Inc
- Winchester Medical Center

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- Henrico Doctors’ Hospital - Retreat Campus
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- Southside Regional Medical Center

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  * Parham Campus
* Henrico Doctors' Hospital - Forest Campus
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* Henrico Doctors' Hospital - Retreat Campus
* Sheltering Arms Rehabilitation Hospital

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* Bristol .......... (276) 258-4734

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* Henrico Doctors' Hospital - Retreat Campus
* Sheltering Arms Rehabilitation Hospital

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Hospital Affiliations:
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* Sentara Norfolk General Hospital

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  * Inc
* Lake Taylor Hospital
* Sentara Bayside Hospital
* Sentara Leigh Hospital
* Sentara Norfolk General Hospital

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  * Johnstown-Willis Hospital

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  * Roanoke .......... (540) 985-8805

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* Bedford Memorial Hospital
* Carillon Clinic Home Care
  * (Carillon Franklin Memorial Hospital)
* Carillon Giles Community Hospital
* Carillon New River Valley Medical Center
* Carillon Roanoke Memorial Hospital
* Carillon Stonewall Jackson Hospital

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  * Chippenham Medical Center
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* Henrico Doctors' Hospital - Retreat Campus
* Sheltering Arms Rehabilitation Hospital

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The Cancer Center

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Mechanicsville

Zuniga, L., MD
Richmond ... (804) 330-9105
Hospital Affiliations:
Mechanicsville

Zuniga, L., MD
Richmond ... (804) 330-9105
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Hospital Affiliations:
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Richmond ... (804) 330-9105
Hospital Affiliations:
Mechanicsville
Quaranta, Brian, MD  
Danville ......... (434) 799-4592
Hospital Affiliations:
SOVAH Health - Danville

Randolph II, David, MD  
Richmond ....... (804) 330-2164
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Randolph, Sr., David M., MD  
Petersburg ....... (804) 765-5850
Richmond ....... (804) 330-2164
Hospital Affiliations:
Southside Regional Medical Center

Reardon, Kelli A., MD  
Charlottesville ... (434) 982-0777
Hospital Affiliations:
University of Virginia Medical Center

Rogers, John W., MD  
Pulaski ......... (888) 678-0622
Roanoke ......... (540) 982-0237
Salem ............. (540) 776-4160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Shaves, Mark E., MD  
Norfolk ......... (757) 388-3483
Virginia Beach ... (757) 307-0425
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sibley, Gregory, MD  
Fairfax .......... (703) 934-4450

Sinisi, Mark S., MD  
Newport News ... (757) 873-9400
Norfolk .......... (757) 213-5770
Suffolk .......... (757) 539-0670
Virginia Beach
Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Smith, Norman J., MD  
Winchester ....... (540) 662-1108
Hospital Affiliations:
Winchester Medical Center

Sun, Jason H., MD  
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Falls Church ...... (703) 776-3731
Leesburg .......... (703) 858-8850

Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Tisdale, Bernard A., MD  
Abingdon ....... (276) 258-1822
Hospital Affiliations:
Johnston Memorial Hospital

Trivette, George A., MD  
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Portsmouth ....... (757) 278-2200
Suffolk .......... (757) 278-2200
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Williams, Scott, MD  
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Virginia Beach ... (757) 446-7360
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Arthur, Douglas W., MD  
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV

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Leesburg .......... (703) 858-8850
Woodbridge ...... (703) 996-4887
Hospital Affiliations:
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Inova Fairfax Hospital
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Woodbridge ...... (703) 996-4887
Hospital Affiliations:
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Inova Fairfax Hospital
Inova Mount Vernon Hospital
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

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Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
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Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Chinault, John C., MD  
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Morgan, Heather A., MD  
Fishersville .......... (540) 245-7100

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Children's Hospital of the King's Daughters
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Sentara Obici Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Woodbridge. (703) 670-3349
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Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

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Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center/Johnston-Willis Hospital

Wallace, Timothy J., MD
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Richmond. (804) 266-7762
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Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
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Norfolk. (757) 213-5770
Virginia Beach. (757) 507-0425
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Virginia Beach
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Evans-Hoeker, Emily Ann, MD
Roanoke. (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Gentry, Adrienne L., DO
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kolp, Lisa A., MD
Charlottesville. (434) 243-4590

Oehninger, Sergio, MD
Richmond. (757) 446-7100
Virginia Beach
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Winchester Medical Center

Radack, Daniel M., MD
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Hospital Affiliations:
Riverside Tappahannock Hospital

Rheumatology
Agrawal, Mugdha, MD
Richmond. (804) 217-9601

Ahmad, Syed Mahmod, MD
Bluefield. (276) 326-2638

Bacon, Anne M., MD
Winchester. (540) 667-6232

Hospital Affiliations:
Winchester Medical Center

Bankole, Adegbenga A., MD
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Bayliss, Garry, MD
Salem. (540) 444-5600

Behalal-Bock, Christele, MD
Charlottesville. (434) 243-0439

Hospital Affiliations:
University of Virginia Medical Center

Brodeur, James P., MD
Richmond. (804) 730-5222

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Shah, Anish, MD
Richmond. (804) 379-9000

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Smith, Laura P., MD
Charlottesville. (434) 654-8520

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Stadtmauer, Laurel A., MD
Newport News
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Burwell, Keith, DO
Richmond. (804) 354-5301

Cannon, Michael, MD
Virginia Beach. (757) 491-7359

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Carleton, David E., MD
Richmond. (804) 346-1678

Carson, John A., MD
Charlottesville. (434) 924-1825
Fishersville. (844) 472-8711

Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers 9/2019
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<th>Hospital Affiliations</th>
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<td>Fa, Shu Man, MD</td>
<td>Charlottesville (434) 924-5212</td>
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<td>Fishersville</td>
<td>(540) 332-5870</td>
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<td>Manassas (703) 361-3255</td>
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<td>Novant Health UV A Health System Prince William Medical Center</td>
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<td>Hagerty, Mary M., MD</td>
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<td>Henderson, Carl S., DO</td>
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<td>Mesdaghiinia, Sepehr, MD</td>
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<td>Vienna (703) 988-4142</td>
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<td>Miller, Andrew H.F., DO</td>
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<td>Mizele, Kristi V., MD</td>
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<td>Morey, Lucia S., MD</td>
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<td>Moroianu, Mihaia, MD</td>
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<td>Nicholson, Dorothy, MD</td>
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<td>Pudhorodsky, Gregory S., MD</td>
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<tr>
<td>Rahbar, Laila, MD</td>
<td>Newport News (757) 723-3398</td>
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Optima Direct Network Providers 9/2019
Reed, William W., MD
Norfolk (540) 313-6163

Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Maryview Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Rezaian, Michael MD
Winchester (540) 313-6163

Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Maryview Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Rice, Doris, MD
Portsmouth (757) 395-5000

Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Maryview Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Southside Regional Medical Center

Saleem, Gulrukh, MD
Liesburg (703) 723-3398

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- Chippenham Medical Center/Bon Secours St. Marys Hospital
- Hospital Affiliations:
- Henrico Doctors' Hospital - Forest
- Hospital Affiliations:
- Virginia Beach (757) 491-7359
- Nassawadox (757) 491-7359
- Franklin (757) 491-7359
- Chesapeake (757) 461-6997
- Suffolk (757) 483-2783
- Manassas (703) 361-3255
- Warrenton (703) 361-3255

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- Prince William Medical Center

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- Henrico Doctors' Hospital - Forest Campus
- Sentara Norfolk General Hospital
Specialists - Tier 1

Parisi, Richard A., MD
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- Sentara Norfolk General Hospital
- Sentara Leigh Hospital
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- Bon Secours St. Francis Medical Center
- Bon Secours Memorial Regional Medical Center
- Sentara Obici Hospital

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- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital

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Benson, Larry L., MD
Chester .......... (804) 440-4878
Brockmeier, Stephen F., MD
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Zion Crossroads (434) 243-9466
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Carson, Eric W., MD
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Hospital Affiliations:
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Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

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Diduch, David R., MD
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- Lewis-Gale Medical Center
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Hospital Affiliations:
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

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- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
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Marion ............. (276) 783-5400

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Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
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<th>Medical Provider</th>
<th>Address</th>
<th>Phone Number</th>
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<td>Byrne, Michael D., MD</td>
<td>Richmond</td>
<td>(804) 330-9105</td>
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<td>Hospital Affiliations:</td>
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<tr>
<td>Bon Secours Memorial Regional Medical Center</td>
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<td>Carbone, Joseph M., MD</td>
<td>Danville</td>
<td>(434) 792-1433</td>
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<td>South Boston</td>
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<tr>
<td>Carey, Peter, MD</td>
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<td>(540) 374-3131</td>
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<td>Stafford</td>
<td>(540) 288-8342</td>
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<td>Mary Washington Hospital (MWH)</td>
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<td>Castle, William, MD</td>
<td>Emporia</td>
<td>(804) 200-7066</td>
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<td>Kilmarnock</td>
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<td>Chesson, John P, MD</td>
<td>Winchester</td>
<td>(540) 678-3867</td>
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<tr>
<td>Chun, Judy L., MD</td>
<td>Christiansburg</td>
<td>(540) 639-5888</td>
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<td>Cloower, R. Dean, MD</td>
<td>Bedford</td>
<td>(540) 297-7181</td>
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<td>Farmville</td>
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<tr>
<td>Colhoun, Andrew Farish, MD</td>
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<td>(804) 330-9105</td>
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<tr>
<td>Corbett, Sean T., MD</td>
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<td>Hospital Affiliations:</td>
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<tr>
<td>Bon Secours DePaul Medical Center Inc</td>
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<td>Desal, Pratik, S., MD</td>
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<td>Hospital Affiliations:</td>
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Chesapeake Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus

Ludeman, Jr., Douglas H., MD
Mechanicsville   (804) 730-5023
Richmond   (804) 935-6035
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/ Johnstown-Willis Hospital
HealthSouth Rehabilitation Hospital of Virginia
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
Southern Virginia Regional Medical Center
St. Mary’s Hospital

Merchant, III, Wilson D., MD
Richmond   (804) 330-9105
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Moran, William R., MD
Richmond   (804) 330-9105
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Morra, Marcus N., MD
Harrisonburg   (540) 689-5900

Luray   (540) 743-9087
Hospital Affiliations:
Sentara RMH Medical Center

Mouchizadeh, Joseph, MD
Low Moor

Mounzer, Assaad M., MD
Farmville   (434) 315-2913

Salem   (540) 772-3830

Tazewell   (276) 979-0717
Wytheville   (276) 228-5069
Hospital Affiliations:
Carilion Tazewell Community Hospital

Center Lynnhurst General Hospital

Lewis-Gale Medical Center
Wythe County Community Hospital

Murphy, David P., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Nagpal, Kamal, MD
Virginia Beach   (757) 457-5100
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Nelson, Jr., Robert T., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital
Specialists - Tier 1

Seabury, Charles A, MD
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippewa Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

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Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Smith, Ryan P., MD
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Culpeper .......... (540) 829-1919
Hospital Affiliations:
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Johnston Memorial Hospital

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Moneta
Hospital Affiliations:
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Centra Virginia Baptist Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Winchester Medical Center

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Fishersville ........ (540) 332-5926
Hospital Affiliations:
Augusta Medical Center

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Salem................. (540) 772-3702
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Salem................. (540) 722-3830
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Carilion New River Valley Medical Center
Lewis-Gale Medical Center

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Bon Secours Maryview Medical Center

Warden, Steven, MD
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Hospital Affiliations:
Virginia Beach General Hospital

Warner, John W, MD
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Luray ................. (540) 743-4561
Winchester ........ (540) 667-1712
Woodstock ........ (540) 459-1294
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Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

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Suffolk ............. (757) 457-5100
Virginia Beach . (757) 452-3419
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Bon Secours Maryview Medical Center

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   Lewis-Gale Medical Center
   Carilion Roanoke Memorial Center

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Manassas .......... (703) 396-7669
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   Page Memorial Hospital Inc
   Shenandoah Memorial Hospital Inc
   UVA Culpeper Hospital
   Winchester Medical Center

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   Carilion Giles Community Hospital
   Carilion New River Valley Medical Center
   Carilion Roanoke Community Hospital
   Carilion Roanoke Memorial Hospital
   Carilion Stonewall Jackson Hospital
   Carilion Tazewell Community Hospital

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Hospital Affiliations:
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   Lewis-Gale Medical Center

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Suffolk .......... (757) 395-1600
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   Bon Secours Mary Immaculate Hospital
   Bon Secours Maryview Medical Center

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   Bon Secours Maryview Medical Center
   Sentara Obici Hospital

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Mount Jackson .. (540) 477-3185

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   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital

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   Winchester Medical Center

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Tappahannock ... (804) 443-9308
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   Bon Secours St. Mary's Hospital
   Henrico Doctors' Hospital - Forest Campus
   Henrico Doctors' Hospital - Retreat Campus
   St. Mary's Hospital

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   Carilion Roanoke Memorial Hospital
   Lewis-Gale Medical Center
   Lewis-Gale Medical Center

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   Bon Secours Maryview Medical Center

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Hospital Affiliations:
   Bon Secours Maryview Medical Center

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   Sentara Virginia Beach General Hospital
   Sentara Williamsburg Regional Medical Center

Cassada, David, MD
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Lynchburg ...... (434) 200-3901
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   Sentara Virginia Beach General Hospital
   Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
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Norfolk......... (757) 622-2649
Hospital Affiliations:
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   Children's Hospital of the King's Daughters
   Sentara Bayside Hospital
   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital

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Hospital Affiliations:
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   Chesapeake Regional Medical Center
   Children's Hospital of the King's Daughters
   Henrico Doctors' Hospital - Retreat Campus
   Sentara Bayside Hospital
   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital
   Sentara Obici Hospital

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Virginia Beach .. (757) 437-2882
Hospital Affiliations:
   Bon Secours DePaul Medical Center Inc
   Bon Secours Mary Immaculate Hospital
   Bon Secours Maryview Medical Center
   Chesapeake Regional Medical Center
   Sentara Bayside Hospital
   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital
   Sentara Princess Anne Hospital
   Sentara Virginia Beach General Hospital

Deshmukh, Deepak, DO
Hampton......... (757) 736-7250
Hospital Affiliations:
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital

Dexter II, David, MD
Norfolk .......(757) 395-1600
Virginia Beach .. (757) 470-5570
Hospital Affiliations:
   Chesapeake Regional Medical Center
   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital
   Sentara Princess Anne Hospital
   Sentara Virginia Beach General Hospital

Drougas, James George, MD
Roanoke .......... (540) 224-4325
Hospital Affiliations:
   Carilion Roanoke Memorial Hospital

Epstein, William H., MD
Chesapeake ...... (757) 731-7000
Roanoke .......... (540) 266-6438
Hospital Affiliations:
   Carilion New River Valley Medical Center

Ferrante, Giovanni A, MD
Abingdon........ (276) 258-1777
Norton .......... (276) 439-1490
Hospital Affiliations:
   Johnston Memorial Hospital

Gayle, Robert G., MD
Suffolk........... (757) 470-5570
Hospital Affiliations:
   Bon Secours DePaul Medical Center Inc
   Chesapeake Regional Medical Center
   Children's Hospital of the King's Daughters
   Henrico Doctors' Hospital - Retreat Campus
   Sentara Bayside Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital

Gensler, Todd W., MD
Hampton......... (757) 736-7250
Newport News .. (757) 736-9302
Virginia Beach .. (757) 470-5570
Hospital Affiliations:
   Bon Secours DePaul Medical Center Inc
   Bon Secours Mary Immaculate Hospital
   Chesapeake Regional Medical Center
   Sentara Bayside Hospital
   Sentara CarePlex Hospital
   Sentara Leigh Hospital
   Sentara Norfolk General Hospital
   Sentara Princess Anne Hospital
   Sentara Virginia Beach General Hospital

Goff, Charles D., MD
Fishersville....... (540) 245-7705
Hospital Affiliations:
   Augusta Medical Center
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<th>Name</th>
<th>Phone</th>
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<tr>
<td>Hancock, Susan, MD</td>
<td>(757) 873-0138</td>
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<td>Medical Center</td>
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<td>Williamsburg Regional Hospital</td>
<td>(757) 736-9302</td>
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<tr>
<td>Bon Secours Mary Immaculate Hospital</td>
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<td>Sentara Virginia Beach General Hospital</td>
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<td>(757) 437-2885</td>
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<tr>
<td>Sentara Virginia Beach General Hospital</td>
<td>(757) 357-7250</td>
</tr>
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*Optima Direct Network Providers 9/2019*
Specialists - Tier 1

Torres, Carlos Jose, MD
Virginia Beach... (757) 437-2882
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/MCV

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Chippenham Medical Center/
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Yoder, Duncan P., MD
Norfolk.............. (757) 622-2649
Hospital Affiliations:
Sentara Princess Anne Hospital

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Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Wound Medicine

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Specialist Tier 2

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Advanced Heart Failure & Transplant

Cooke, Richard, MD
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Hospital Affiliations:
VCU Health System/MCV

Rao, Krishnasree K, MD
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Cardiovascular Disease

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Southside Regional Medical Center
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Southern Virginia Regional
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Southside Regional Medical Center
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Critical Care Medicine

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Hospital Affiliations:
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VCU Community Memorial Hospital
VCU Health System/MCV
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Gynecologic Oncology

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Holkov, Beata, MD
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Hospital Affiliations:
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### Infectious Disease

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### Internal Medicine Specialist

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<td>Mumpower, Rebecca Yvonne, MD</td>
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<td>(804) 628-9357</td>
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<td>Lawton, Barbara D., MD</td>
<td>Richmond</td>
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### Maternal-Fetal Medicine

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Specialists - Tier 2

Medical Oncology

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<td>Alattar, Maha, MD</td>
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<td>Fredericksburg. (540) 741-2733</td>
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<td>South Hill........ (434) 447-9033</td>
<td>Richmond......... (804) 828-9350</td>
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<td>Richardson, Jessica D., MD</td>
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</tbody>
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Specialists - Tier 2

Optometry

- Pinsky, Linda S, OD
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  Richmond........ (804) 828-7069
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  Richmond........ (804) 828-7069
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  Richmond........ (804) 828-6784
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Pain Medicine

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Hospital Affiliations:
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Palliative Medicine

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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

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Pediatric Allergy & Immunology

Iwani, Anne-Marie A., MD
Chesterfield..... (804) 828-2467
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Hospital Affiliations:
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Pediatric Cardiology

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- Bon Secours Mary Immaculate Hospital
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- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center
- Southside Regional Medical Center
- St. Mary's Hospital
- University of Virginia Medical Center

Gullquist, Scott D., MD
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- Henrico Doctors' Hospital - Forest Campus
- VCU Health System/MCV

Hammill, William W., MD
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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

McQuillin, Bradford R., MD
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Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center
- VCU Health System/MCV

Rosenthal, Joanna B, MD
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Hospital Affiliations:
- VCU Health System/MCV

Pediatric Critical Care

Karam, Oliver L, MD
Richmond........ (804) 828-2467
Hospital Affiliations:
- VCU Health System/MCV

Pediatric Developmental

Accardo, Pasquale, MD
Richmond........ (804) 321-7474
Kerkering, Kathryn, MD
Richmond........ (804) 321-7474

Pediatric Endocrinology

Mukund, Kanhee Mansi, MD
Henrico........... (804) 828-2467
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Raiisouni, Nouhad, MD
Richmond.......... (804) 527-4708
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VCU Health System/MCV

Shah, Arti P, MD
Richmond.......... (804) 828-2467
Hospital Affiliations:
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Thomas, Mareen E., MD
Richmond.......... (804) 527-4712
Hospital Affiliations:
University of Virginia Medical Center
VCU Health System/MCV

Zemel, Sharon, MD
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Hospital Affiliations:
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Pediatric ENT
(Otolaryngology)

Peterson, Rajanya, MD
Richmond.......... (804) 628-4368

Pediatric Gastroenterology

Graham, Martin F., MD
Richmond.......... (804) 828-9615
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VCU Health System/MCV

Kessel, Ann T., MD
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Hospital Affiliations:
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Johnston-Willis Hospital
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St. Mary’s Hospital
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Lavoie, Suzanne R., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VCU Health System/MCV

Pediatric Intensive Care/
Critical Care

Bain, Jesse, DO
Richmond.......... (804) 828-4080
Hospital Affiliations:
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Ferguson, Nikki M., MD
Richmond.......... (804) 828-4080
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Iqbal O’Meara, Alia Marie, MD
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Bon Secours St. Marys Hospital
Children’s Hospital of Richmond of the VCU Health System
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Johnston-Willis Hospital
St. Mary’s Hospital
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Pediatric Infectious Disease

Koch, William, MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
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Pediatric Nephrology

Hurley, John K., MD
Richmond.......... (804) 828-7337
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Lo, Megan, MD
Richmond.......... (804) 828-7337
Hospital Affiliations:
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Xiao, Nianzhou, MD
Richmond.......... (804) 827-2264
Hospital Affiliations:
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Pediatric Neurology

Jaffe, David, MD
Chesterfield........ (804) 425-3627
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Kernitsky, Lydia, MD
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Leszczyszyn, David J, MD
Richmond.......... (804) 321-7474
Hospital Affiliations:
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Pediatric Rheumatology

Gutcher, Gary R., MD
Richmond.......... (804) 828-9966
Hospital Affiliations:
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Pediatric Pulmonary Medicine

Broekbank, Justin C., MD
Richmond.......... (804) 828-2982
Hospital Affiliations:
VCU Health System/MCV
(MCVH)

Schmidt, Howard Joel, MD
Richmond.......... (804) 828-2982
Hospital Affiliations:
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Voynow, Judith, MD
Richmond.......... (804) 828-2980
Hospital Affiliations:
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Pediatric Surgery

Bagwell, Charles E., MD
Richmond.......... (804) 323-2847
Hospital Affiliations:
Bon Secours St. Marys Hospital
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Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Parham Campus
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Haynes, Jeffrey H., MD
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Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Parham Campus
VCU Health System/MCV

Lanning, David A., MD
Richmond.......... (804) 828-3500
Hospital Affiliations:
UVA Culpeper Hospital
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Oiticica, Claudio, MD
Richmond.......... (804) 662-9007
Hospital Affiliations:
UVA Culpeper Hospital
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VCU Health System/MCV

Perinatology

Gutcher, Gary R., MD
Richmond.......... (804) 828-9966
Hospital Affiliations:
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Physical Medicine

Monasterio, Eugenio, MD
Richmond .......... (804) 321-7474
Hospital Affiliations: 
Bon Secours St. Mary's Hospital Children's Hospital of Richmond of the VCU Health System 
Chippenham Medical Center/Johnston-Willis Hospital 
St. Mary's Hospital 
VCU Health System/MCV (MCVH)

Kale, Santosh, MD
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Hospital Affiliations: 
VCU Health System/MCV

Fuller, Philip, MD
Fredericksburg ....... (540) 741-7830
Hospital Affiliations: 
Mary Washington Hospital 
Stafford Hospital Center

Le, Brian Q, MD
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Hospital Affiliations: 
VCU Health System/MCV

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Hospital Affiliations: 
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Hospital Affiliations: 
VCU Health System/MCV

Pezo, Andrea L., MD
Richmond .......... (804) 828-3060
Hospital Affiliations: 
Bon Secours St. Mary's Hospital Chippenham Medical Center/Johnston-Willis Hospital 
Henrico Doctors' Hospital - Forest Campus 
Henrico Doctors' Hospital - Retreat Campus 
Sheltering Arms Rehabilitation Hospital 
St. Mary's Hospital 
VCU Health System/MCV

Podiatry

Mest, Simon J., DPM
Richmond .......... (804) 828-2628
Hospital Affiliations: 
VCU Health System/MCV

Pulmonary Medicine

Brath, Lisa K., MD
Richmond .......... (804) 828-9354
Hospital Affiliations: 
VCU Health System/MCV

Adams, Todd, MD
Richmond .......... (804) 327-3040
Hospital Affiliations: 
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Hospital Affiliations: 
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Eichler, Thomas J., MD
Richmond .......... (804) 828-7232
Hospital Affiliations: 
Chippenham Medical Center/Johnston-Willis Hospital 
Henrico Doctors' Hospital - Retreat Campus 
John Randolph Medical Center 
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Dojoljan, Jorge, MD
Fredericksburg ...... (540) 374-4488
Hospital Affiliations: 
Mary Washington Hospital 
Stafford Hospital Center

Fields, Emma C, MD
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Hospital Affiliations: 
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Harris, Timothy, MD
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Hospital Affiliations: 
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Plastic Surgery

Arora, Balvant, MD
Fredericksburg ...... (540) 899-1600
Hospital Affiliations: 
Bon Secours St. Mary's Hospital Mary Washington Hospital (MWH)

Hulick, Peter, MD
Richmond .......... (804) 828-7232
Hospital Affiliations: 
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Fowler, Alpha A., MD
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Hospital Affiliations: 
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Radiation Oncology

Cifu, David X., MD
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Radiation Therapy

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Hagan, Michael, MD
Richmond......... (804) 828-7238
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV

Johnson, Christopher R., MD
Mechanicsville.. (804) 228-7300
Richmond......... (804) 828-7232
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
VCU Health System/MCV

Moghanki, Drew, MD
Richmond......... (804) 828-7232
Hospital Affiliations:
VCU Health System/MCV

Registered Dietitian
(Provider)

Taylor, Erin M, RD
Richmond......... (804) 827-0045
Hospital Affiliations:
VCU Health System/MCV

Rheumatology

Ahuja, Avnit, MD
Fredericksburg.. (540) 899-3594
Hospital Affiliations:
Mary Washington Hospital (MWH)

Surgical Critical Care

Bower, Mark, MD
Fredericksburg.. (540) 741-2865
Hospital Affiliations:
Mary Washington Hospital (MWH)

Surgical Oncology

Fernandez, Leopoldo J., MD
Richmond......... (804) 828-7999
Hospital Affiliations:
VCU Health System/MCV

Sleep Medicine

Manzak, Derrick A. MD
Fredericksburg.. (540) 741-7846
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Thoracic and Cardiac Surgery

Cardone, John C, MD
Fredericksburg.. (540) 372-7792
Hospital Affiliations:
Mary Washington Hospital (MWH)

Urology

Autorino, Ricardo, MD
Richmond......... (804) 828-9325
Hospital Affiliations:
VCU Health System/MCV

Becker, Elmore J., MD
Stafford......... (540) 657-6367
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Beary, Peter, MD
Stafford......... (540) 657-6367
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Beumont, Matthew, MD
Stafford......... (540) 657-6367
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Bro, Mayer B, MD
Richmond......... (804) 358-6180
Hospital Affiliations:
VCU Health System/MCV
VCU Health System/MCV (MCVH)

Burri, Georgi, MD
Richmond......... (804) 828-8146
Hospital Affiliations:
VCU Health System/MCV

Hampton, Lance, MD
Richmond......... (804) 828-7738
Hospital Affiliations:
VCU Health System/MCV

Hoffman, Daniel M., MD
Stafford........... (540) 657-6367
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Klein, John B., MD
Stafford........... (540) 657-6367
Woodbridge....... (703) 680-2111
Hospital Affiliations:
Senata Northern Virginia Medical Center

Lanyi, Thomas Richard, MD
Richmond......... (804) 828-5320
Hospital Affiliations:
VCU Health System/MCV

Roseman, LL John Tyler, MD
Richmond......... (804) 828-8146
Hospital Affiliations:
VCU Health System/MCV

Sell, Scott M., MD
Stafford........... (540) 657-6367
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Singh, Inderjit, MD
Stafford........... (540) 657-6367
Hospital Affiliations:
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Senata Northern Virginia Medical Center
Stafford Hospital Center
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<td>Smith-Harrison, Luriel, MD</td>
<td>Vascular Surgery</td>
<td>Richmond</td>
<td>(804) 828-9331</td>
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<td>Vascular Surgery</td>
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<td>(540) 657-6367</td>
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<tr>
<td>Albuquerque, Francisco, MD</td>
<td>Vascular Surgery</td>
<td>Richmond</td>
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<td>Tierney, William A., MD</td>
<td>Vascular Surgery</td>
<td>Richmond</td>
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Hospital Affiliations:
- VCU Health System/VCU
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital
- VCU Health System/VCU
Other Services Tier 1

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### Other Services - Tier 1

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<td>Montgomery</td>
<td>American Esoteric Laboratories</td>
<td>416 Lukes Dr, Montgomery, AL 36117</td>
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<td>AZ</td>
<td>Orthotics and Prosthetics</td>
<td>Maricopa</td>
<td>Otto Bock Orthopedic Services</td>
<td>4022 East Broadway Road Suite 119, Phoenix, AZ 85040</td>
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<td>CA</td>
<td>Audiology (Facility)</td>
<td>Los Angeles</td>
<td>LifeWatch Hearing Care</td>
<td>3191 Temple Ave Ste 200, Pomona, CA 91768</td>
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<td>Invitae Corporation</td>
<td>475 Brannan St, San Francisco, CA 94107</td>
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<td>Natera, Inc.</td>
<td>201 Industrial Rd Suite 410, San Carlos, CA 94070</td>
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<td>Alameda</td>
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<td>5060 S Andrews Ave, Fort Lauderdale, FL 33334</td>
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<td>San Diego Orthotics</td>
<td>1820 W Arapahoe St Suite 100, Denver, CO 80202</td>
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<td>Spectra Laboratories, Inc.</td>
<td>200 Watson Blvd, San Diego, CA 92121</td>
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<td>Santa Barbara</td>
<td>Inogen, Inc.</td>
<td>326 Bollay Drive, Goleta, CA 93117</td>
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<td>BIO REFERENCE LABORATORIES, INC.</td>
<td>2605 S Winchester Blvd, Campbell, CA 95008</td>
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<td>Omada Health, Inc.</td>
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<td>4800 T-Rex Ave Ste 130, Boca Raton, FL 33431</td>
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<td>Comfort Medical, LLC</td>
<td>3435 NW 124th Avenue, Coral Springs, FL 33065</td>
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<td>3504 Cragmont Dr Suite 100, Tampa, FL 33619</td>
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<td>Miami-Dade</td>
<td>Electrostim Medical Services Inc</td>
<td>2140 South Dixie Highway Suite 307, Miami, FL 33133</td>
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<td>Orange</td>
<td>Electrostim Medical Services Inc</td>
<td>30 S Keller Road Suite 100B, Orlando, FL 32810</td>
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Optima Direct Network Providers 9/2019 373
Other Services - Tier 1

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<td>Fulton</td>
<td>Advanced Home Care (DME) 5901 Goshen Springs Rd Suite G Norcross, GA 30071 (770) 449-6898</td>
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<td>GA</td>
<td>IV Therapy</td>
<td>Premier Kids Care, Inc. 221 Plaza Dr Monroe, GA 30655 (770) 207-9001</td>
<td>Walton</td>
<td>Advanced Home Care (IV Therapy) 5901 Goshen Springs Rd Suite G Norcross, GA 30071 (770) 449-6898</td>
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<td>IL</td>
<td>Cardiology Diagnostic Services</td>
<td>LifeWatch Services Inc 10255 West Higgins Rd Rosemont, IL 60018 (877) 774-9846</td>
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<td>IL</td>
<td>Orthotics and Prosthetics</td>
<td>Otto Bock Orthopedic Services 200 W Higgins Road Suite 202 Schaumburg, IL 60195 (800) 736-8276</td>
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<td>IN</td>
<td>Orthotics and Prosthetics</td>
<td>Orthodynamics Company, Inc 155 Carey Drive Noblesville, IN 46060 (800) 497-9107</td>
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<td>IN</td>
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<td>Roche Health Solutions, Inc. 10300 Kincaid Dr Suite 100 North Fishers, IN 46037 (888) 803-8935</td>
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<tr>
<td>KY</td>
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<td>MIDDLESBORO ARH HOSPITAL 3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
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Optima Direct Network Providers 9/2019
### Physical/Occupational/Hand Therapy

#### Allegany
- Progressive Physical Therapy & Rehabilitation Center
  - 11801 Industrial Park
  - Cumberland, MD 21502
  - (301) 729-3485

#### Frederick
- Physiotherapy Associates (Frederick)
  - 170 Thomas Johnson Dr Ste 104
  - Frederick, MD 21702
  - (301) 662-7496

#### PT/OT (Early Intervention)

#### Howard
- Mirnea Life Sciences
  - 5850 Waterloo Road Suite 140
  - Columbia, MD 21045
  - (443) 325-7262

#### Montgomery
- BIO REFERENCE LABORATORIES, INC.
  - 22520 Gateway Center Dr
  - Clarksburg, MD 20871
  - (301) 662-7496

#### Radiology (Ancillary)

#### Allegany
- ADR LLC
  - 12252 Williams Rd
  - Cumberland, MD 21502
  - (240) 362-7410
  - 952 Seton Dr
  - Cumberland, MD 21502
  - (301) 777-3522

#### Western Maryland Outpatient Diagnostic Center
- 12400 Willowbrook Road
  - Cumberland, MD 21502
  - (240) 964-8111

#### Washington
- Meritus Medical Laboratory, LLC
  - 10715 Downsville Pike
  - Hagerstown, MD 21740
  - (800) 428-2105
  - 11110 Medical Campus Rd Ste 145
  - Hagerstown, MD 21742
  - (301) 665-4900
  - 1125 Opal Court
  - Hagerstown, MD 21740
  - (800) 428-2105

#### Speech Therapy

#### Washington
- Registered Dietitian (Hospital)

#### Reference Lab

#### Frederick
- Meritus Medical Laboratory, LLC
  - 170 Thomas Johnson Dr Ste 202
  - Frederick, MD 21702
  - (800) 428-2105

#### Speech Therapy (Early Intervention)

#### Frederick
- Physiotherapy Associates
  - 170 Thomas Johnson Dr Ste 104
  - Frederick, MD 21702
  - (301) 662-7496

#### MI
- DME
- Macomb
- Tambra Investments dba Real Time Diagnostics
  - 23247 Pinewood Street Warren, MI 48091
  - (866) 662-7897

#### NC
- Cardiac Monitoring Services

#### Alamanace
- LabCorp - Cardiac Monitoring
  - 1316 South Mebane Street
  - Burlington, NC 27215
  - (800) 289-4358

#### DME

#### Alamanace
- Advanced Home Care (DME)
  - 1225 Huffman Mill Rd
  - Burlington, NC 27215
  - (336) 538-1194

#### Avery
- Medi Home Care (DME)
  - 3616 Mitchell Street
  - Linville, NC 28646
  - (828) 733-3663

#### Bladen
- Advanced Home Care (DME)
  - 300 Mercer Mill Rd
  - ELIZABETHTOWN, NC 28337

#### Buncombe
- Advanced Home Care (DME)
  - 120 Sweeten Creek Road
  - Asheville, NC 28803
  - (828) 285-0239

#### Hennepin
- Neurotech NA, Inc.
  - 12400 Whitewater Drive Suite 110
  - Minnetonka, MN 55343
  - (888) 980-1197

#### Ramsey
- Advanced Respiratory, Inc.
  - 1020 County Road F West
  - Saint Paul, MN 55126
  - (800) 426-4224

#### Speech Therapy

#### Central
- Diagnostic Imaging Services
  - Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Reference Lab

#### Garrett
- Oakland MRI Center, LLC
  - 259 N Fourth Street
  - Oakland, MD 21550
  - (301) 533-4674

#### Ottawa
- Regional Cardiac Monitoring Services

#### Howard

#### Michigan
- Michigan Cardiac Monitoring Services

#### Blair
- Advanced Home Care (DME)
  - 23247 Pinewood Street Warren, MI 48091
  - (866) 662-7897

#### Lowndes
- American Esoteric Laboratories
  - 425 Hospital Dr Suite 6B
  - Columbus, MS 39705
  - (662) 243-2013

#### Speech Therapy (Early Intervention)

#### MS
- Refrence Lab

#### NC
- Diagnostic Imaging Services

#### Breast Pumps & Ultrasound
- 3165 Sweeten Creek Rd
  - Asheville, NC 28803
  - (888) 345-1780

#### Physical Therapy
- Progressive Physical Therapy & Rehabilitation Center
  - 11801 Industrial Park
  - Cumberland, MD 21502
  - (301) 729-3485

#### Speech Therapy

#### North Carolina
- Diagnostic Imaging Services

#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Speech Therapy

#### Physical Therapy & Rehabilitation Center
- 11801 Industrial Park
  - Cumberland, MD 21502
  - (301) 729-3485

#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Speech Therapy

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- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
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- Women's Imaging Center
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  - Hagerstown, MD 21740
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- Women's Imaging Center
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- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
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#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
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#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
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#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
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#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Speech Therapy

#### Diagnostic Imaging Services
- Women's Imaging Center
  - 11110 Medical Campus Rd Ste 245
  - Hagerstown, MD 21740
  - (301) 790-8000

#### Speech Therapy
### Other Services - Tier 1

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<tr>
<td>Burke</td>
<td>National Seating &amp; Mobility, Inc. 1031 Malcolm Blvd Connelly Springs, NC 28612 (828) 522-1036</td>
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<td>Cabarrus</td>
<td>Advanced Home Care (DME) 744 Church Street N Concord, NC 28025 (704) 784-2110</td>
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<td>Medical Modalities</td>
<td>325 McGill Ave NW Concord, NC 28027 (800) 849-2716</td>
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<td>Caldwell</td>
<td>Advanced Home Care (DME) 461 Harper Ave SW Lenoir, NC 28645 (828) 726-0901</td>
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<td>Praxair Healthcare Services (Lenoir)</td>
<td>458 Harper Ave Lenoir, NC 28645 (828) 754-1655</td>
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<td>Catawba</td>
<td>Advanced Home Care (DME) 375 Main Ave NE Hickory, NC 28601 (828) 726-0901</td>
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<td>2948 S NC Highway 127 Hickory, NC 28602</td>
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<td>Craven</td>
<td>Medi Home Care (DME) 2708 Neuse Blvd New Bern, NC 28562</td>
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<td>Durham</td>
<td>Edgepark Medical Supplies 34 Surfes Ct Suite 100 Durham, NC 27703 (800) 321-0591</td>
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<td>Lincare, Inc.</td>
<td>5441 Lumley Rd Suites 102 and 103 Durham, NC 27703 (919) 957-7344</td>
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<tr>
<td>Forsyth</td>
<td>Advanced Home Care (DME) 1100 South Stratford Rd Bldg B Ste 410 Winston Salem, NC 27103 (336) 760-2131</td>
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<td>Gaston</td>
<td>Advanced Home Care (DME) 2391 Court Drive Ste 105 Gastonia, NC 28054 (704) 864-1032</td>
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<td>3826 South New Hope Rd Ste 9 Gastonia, NC 28056 (704) 823-7670</td>
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<td>Medi Home Care (DME) 976 Davie Ave Statesville, NC 28677</td>
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<td>Advanced Home Care (DME) 567 W Main St Sylva, NC 28779 (828) 631-0068</td>
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<td>Advanced Home Care (DME) 2520 Whittier Park Dr Ste 950 Charlotte, NC 28273 (704) 831-5000</td>
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<td>American HomePatient (Pineville)</td>
<td>600 Town Centre Blvd Ste 308 Pineville, NC 28134 (704) 529-0643</td>
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<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>4347 Statesville Rd Charlotte, NC 28269</td>
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<td>KCI USA Inc</td>
<td>6132 Brookshire Blvd Ste H Charlotte, NC 28216 (800) 275-4524</td>
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<td>9117 Monroe Road Ste 130 Charlotte, NC 28270 (704) 225-0003</td>
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<td>1124 Main St Elizabeth City, NC 27909 (252) 338-0201</td>
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<td>Pitt</td>
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<td>8380 NC Highway 87 Reidsville, NC 27320 (336) 616-1955</td>
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<td>Layne's Family Pharmacy</td>
<td>509 S Van Buren Road Eden, NC 27288 (336) 627-0866</td>
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<td>Advanced Home Care (DME)</td>
<td>126 West Front St Burlington, NC 27215 (336) 228-3266</td>
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<td>American HomePatient (Asheboro) 1209 North Fayetteville St Asheboro, NC 27203 (336) 625-1010</td>
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<td>1406B West Innes St Salisbury, NC 28144 (704) 638-2303</td>
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<td>Union</td>
<td>Advanced Home Care (DME) 1100 South Stratford Rd Bldg B Ste 410 Winston Salem, NC 27103 (336) 760-2131</td>
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<td>Lincare, Inc.</td>
<td>1133 Jeffrey Rd Rocky Mount, NC 27804</td>
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<td>1969 Old Charlotte Hwy Suites FGHHK Monroe, NC 28110 (704) 225-9996</td>
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<td>Advanced Home Care (DME)</td>
<td>1231 NE Maynard Rd Cary, NC 27513 (919) 852-0052</td>
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<td>Watauga</td>
<td>Blue Ridge Home Care (Boone, NC) 2348 Highway 105 S Ste 11 Boone, NC 28607 (828) 262-5656</td>
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<td>643 Greenway Rd Boone, NC 28607 (828) 263-5999</td>
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<td>Wilkes</td>
<td>Medi Home Care (DME) 1901 West Park Drive North Wilkesboro, NC 28659</td>
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### Other Services - Tier 1

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<td>Caldwell</td>
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<td>(804) 539-5462</td>
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<td>216-D North Bickett Blvd Ste 2</td>
<td>Elizabeth City</td>
<td>NC</td>
<td>(919) 251-8990</td>
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<td>Gaston</td>
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<td>Gastonia</td>
<td>NC</td>
<td>(704) 864-1032</td>
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<td>Guilford</td>
<td>Maxim Healthcare Services</td>
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<td>Advanced Home Care (Home Health)</td>
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<td>Sylva</td>
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<td>Home Health/IV Therapy</td>
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<td>1005 WH Smith Blvd</td>
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<td>Rockingham</td>
<td>Advanced Home Care (Home Health)</td>
<td>8300 NC Highway 87</td>
<td>Reidsville</td>
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<td>(336) 616-1955</td>
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<td>Salisbury</td>
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<td>Reidsville</td>
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<td>(336) 616-1955</td>
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**Optima Direct Network Providers 9/2019**
### Other Services - Tier 1

**Guilford**
- **Acredo Health Group, Inc.**
  - 422 E Guilimore Dairy Rd Ste A
  - Greensboro, NC 27409
  - (336) 393-0555

- **Advanced Home Care (IV Therapy)**
  - 2520 Whitehall Park Dr Ste 950
  - Charlotte, NC 28273
  - (704) 831-5000

- **Home Choice Partners**
  - 2201 Crown Point Executive Drive Suite C
  - Charlotte, NC 28227
  - (704) 969-0900

**Mecklenburg**
- **Lincare, Inc.**
  - 1133 Jeffrey Rd
  - Rocky Mount, NC 27804

- **Home Choice Partners**
  - 1133 Jeffrey Rd
  - Rocky Mount, NC 27804

- **Sentara Home Care - Home Health**
  - 1144 N Road Street
  - Albemarle, NC 28411

- **Sentara Therapy Center - Currituck**
  - 6365 N Croatan Hwy Suite C
  - Kitty Hawk, NC 27949

- **Coastal Rehabilitation, Inc.**
  - 103 NC Hwy 42 W
  - Ahoskie, NC 27910

- **Duke Regional Hospital**
  - 3643 Roxboro Rd
  - Durham, NC 27704

- **Duke University Hospital**
  - 2301 Erwin Rd
  - Durham, NC 27710

- **Duke Regional Hospital**
  - 1114 N Road Street
  - Elizabeth City, NC 27909

- **Duke University Hospital**
  - 1114 N Road Street
  - Elizabeth City, NC 27909

**Nash**
- **Lincare, Inc.**
  - 1133 Jeffrey Rd
  - Rocky Mount, NC 27804

**Pasquotank**
- **Lincare, Inc.**
  - 1831 Weeksville Rd Ste L and M
  - Rocky Mount, NC 27804

- **Sentara Home Care - Home Health**
  - 1144 N Road Street
  - Albemarle, NC 28411

- **Sentara Therapy Center - Currituck**
  - 6365 N Croatan Hwy Suite C
  - Kitty Hawk, NC 27949

**Pitt**
- **Lincare, Inc.**
  - 1990 Allen Road Ste C
  - Greensville, NC 27401

**Union**
- **Lincare, Inc.**
  - 1909 Old Charlotte Hwy Suites FHJUK
  - Monroe, NC 28111

**Watauga**
- **Lincare, Inc.**
  - 643 Greenway Rd
  - Boone, NC 28607

**MRI Facility**
- **Sentara Albemarle Medical Center**
  - 1144 N Road Street
  - Elizabeth City, NC 27909

**Orthotics and Prosthetics**
- **Beaufort**
  - Coastal Carolina Prosthetics and Orthotics, Inc
  - 405 W 15th St
  - Washington, NC 28889

**Forsyth**
- **Hanger Prosthetics & Orthotics East, Inc.(Hanger Clinic)**
  - 1399 Westgate Center Drive
  - Winston Salem, NC 27103

**Guilford**
- **Hanger Prosthetics & Orthotics East, Inc.(Hanger Clinic)**
  - 2800 St Leo Street
  - Greensboro, NC 27405

**Hertford**
- **Coastal Carolina Prosthetics and Orthotics, Inc**
  - 101 Medical Dr
  - Elizabeth City, NC 27909

**Mecklenburg**
- **Coastal Carolina Prosthetics and Orthotics, Inc**
  - 1715 Country Club Rd Ste B
  - Jacksonville, NC 28546

**New Hanover**
- **SME, INC. USA**
  - 5949 Carolina Beach Rd
  - Wilmington, NC 28412

**Onslow**
- **Coastal Carolina Prosthetics and Orthotics, Inc**
  - 106 Medical Dr
  - Elizabeth City, NC 27909

**Pasquotank**
- **Coastal Carolina Prosthetics and Orthotics, Inc**
  - 1970 A West Arlington Blvd
  - Greenville, NC 27834

**Wake**
- **LEVEL FOUR ORTHOTICS & PROSTHETICS, INC.**
  - 1103 N Elm St Ste 201
  - Greensboro, NC 27401

**Physical/Occupational/Hand Therapy**
- **Duke Regional Hospital**
  - 3643 Roxboro Rd
  - Durham, NC 27704

**Chowan**
- **Coastal Rehabilitation, Inc.**
  - 701 Luke St
  - Edenton, NC 27932

**Currituck**
- **Coastal Rehabilitation, Inc.**
  - 532 C Casatoke Highway
  - Moyock, NC 27958

**Dare**
- **Coastal Rehabilitation, Inc.**
  - 503 Cypress Lane Suite A
  - Manteo, NC 27954

**Radiology (Ancillary)**
- **Washington Co Hospital**
  - 958 US Hwy 64 E
  - Plymouth, NC 27962

**Person**
- **Person Memorial Hospital**
  - 615 Ridge Rd
  - Roxboro, NC 27573

**PT/OT (Early Intervention)**
- **Elizabeth City CDSA**
  - 1417 Parkview Drive
  - Elizabeth City, NC 27909

**Radiology (Ancillary)**
- **Washington Co Hospital**
  - 958 US Hwy 64 E
  - Plymouth, NC 27962
### Reference Lab

**Brunswick**
- Solstas Lab Partners Group, LLC
  - 20 Medical Campus Dr Ste 101
  - Supply, NC 28462
  - (910) 754-5690

**Buncombe**
- Solstas Lab Partners Group, LLC
  - 417 Biltmore Ave Ste 4C
  - Asheville, NC 28801
  - (828) 259-0684

**Burke**
- Solstas Lab Partners Group, LLC
  - 560 Malcon Blvd 1st Floor
  - RUTHERFORD COLLEGE, NC 28671
  - (828) 874-1030

**Catawba**
- Solstas Lab Partners Group, LLC
  - 1781 Tate Blvd South Ste 206
  - Hickory, NC 28602
  - (828) 304-1232

**Davidson**
- Solstas Lab Partners Group, LLC
  - 2 Cherry St
  - Lexington, NC 27292
  - (336) 243-5227

**Durham**
- Duke Regional Hospital
  - 3643 Roxboro Rd
  - Durham, NC 27704
  - (919) 470-4000

- Duke University Hospital
  - 2301 Erwin Rd
  - Durham, NC 27710
  - (919) 668-4111

**Forsyth**
- Solstas Lab Partners Group, LLC
  - 1635 NC Highway 66 S Ste 135
  - Kernersville, NC 27284
  - (336) 996-2775

**Gaston**
- Solstas Lab Partners Group, LLC
  - 1034 X Ray Dr
  - Gastonia, NC 28054
  - (704) 862-9923

**Guilford**
- Solstas Lab Partners Group, LLC
  - 1002 N Church St ste 200
  - Greensboro, NC 27401
  - (336) 333-2225

- 3200 Northline Ave Ste 109
  - Greensboro, NC 27408
  - (336) 315-1956

- 404 Westwood Ave Ste 102
  - High Point, NC 27262
  - (336) 885-8862

**Mecklenburg**
- Solstas Lab Partners Group, LLC
  - 10030 Gilead Rd Physicians Plaza Ste 240
  - Huntersville, NC 28078
  - (866) 697-8386

- 1450 Matthews Township Pkwy Ste 140
  - Matthews, NC 28105
  - (704) 384-6836

- 1718 E 4th St Ste 102
  - Charlotte, NC 28204
  - (704) 384-5070

- 1918 Randolph Rd Ste 140
  - Charlotte, NC 28207
  - (704) 316-4170

**Johnston**
- Solstas Lab Partners Group, LLC
  - 515 N 8th St
  - Smithfield, NC 27577
  - (919) 934-8007

**New Hanover**
- Solstas Lab Partners Group, LLC
  - 2022 S 17th St Ste 103
  - First Flr Wilmington, NC 28401
  - (910) 251-8095

**Onslow**
- Solstas Lab Partners Group, LLC
  - 200 Doctors Dr Ste B
  - Jacksonville, NC 28546
  - (910) 219-3301

**Pasquotank**
- Sentara Albermarle Medical Center
  - 1144 N Road Street
  - Elizabeth City, NC 27909
  - (252) 335-0551

**Pitt**
- Solstas Lab Partners Group, LLC
  - 2459 Emerald Pl Ste 106
  - Greenville, NC 27834
  - (252) 695-6178

- Solstas Lab Partners Group, LLC
  - 621 S Main St Ste 202
  - Reidsville, NC 27834
  - (336) 342-0217

**Rockingham**
- Solstas Lab Partners Group, LLC
  - 5325 Columbia Turnpike Ste 109
  - Florham Park, NJ 07932

### Orthotics and Prosthetics

**Burlington**
- SunMed Medical Systems, LLC
  - 36 West Route 70 Suite 214
  - Marlton, NJ 08053
  - (800) 714-7434

### Cardiovascular Monitoring

**Bergen**
- BIO REFERENCE LABORATORIES, INC.
  - 481 Edward H Ross Drive
  - Elmwood, NJ 07407
  - (201) 791-2600

- 92 Second St
  - Hackensack, NJ 07601

**NY**

- Spectra East, Inc.
  - 8 King Rd
  - Rockleigh, NJ 07647
  - (201) 767-7070

- Philips Remote Cardiac Services
  - 1979 Marcus Ave Ste C101
  - Lake Success, NY 11020
  - (800) 367-0300

**New York**

- Esoterix Genetic Laboratories, LLC
  - 521 W 57th St Floor 6
  - New York, NY 10019
  - (212) 698-0300

- Lineagen, Inc.
  - 630 West 168th Street
  - New York, NY 10032

### Genetic Lab

**Nassau**
- Philips Remote Cardiac Services
  - 1979 Marcus Ave Ste C101
  - Lake Success, NY 11020
  - (800) 367-0300
### Other Services - Tier 1

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<td>Philadelphia</td>
<td>Cardiology Diagnostic Services</td>
<td>LifeWatch Services Inc 1900 Market St Ste 627 Philadelphia, PA 19103 (215) 246-3469</td>
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<td>RI</td>
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<td>Dominon Diagnostics, LLC</td>
<td>211 Circuit Dr North Kingstown, RI 02852 (877) 734-9600</td>
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<td>SC</td>
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<td>GROVE MEDICAL, INC</td>
<td>1089 Park West Blvd Greenville, SC 29611 (864) 269-0283</td>
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<td>TN</td>
<td>Shelby</td>
<td>McFARLAND MEDICAL</td>
<td>60 Market Center Drive Suite 101 Collierville, TN 38017 (901) 316-0208</td>
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<td>OH</td>
<td>Columbus</td>
<td>PerkinElmer Laboratories Inc</td>
<td>80 Ruland Rd Suite 1 Melville, NY 11747 (800) 321-0591</td>
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<td>OH</td>
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<td>Edgepark Medical Supplies</td>
<td>1810 Summit Commerce Park Twinsburg, OH 44087 (800) 321-0591</td>
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<tr>
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<td>708 South Illinois Ave Suite E101 Oak Ridge, TN 37830 (865) 220-8831</td>
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<td>CardioLabs, Inc.</td>
<td>357 Riverside Drive Suite 1000 Franklin, PA 15086 (865) 298-1999</td>
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<td>Oxygen and Sleep Associates, Inc.</td>
<td>708 South Illinois Ave Suite E101 Oak Ridge, TN 37830 (865) 220-8831</td>
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Other Services - Tier 1

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<td>3075 Andrew Johnson Hwy, Knoxville, TN 37914</td>
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**Optima Direct Network Providers 9/2019**

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**OptimaHealth**
**Other Services - Tier 1**

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**Speech Therapy**

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<td>2114 E Fairview Avenue Johnson City, TN 37601</td>
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<tr>
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**Orthotics and Prosthetics**

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<td>(434) 924-7034</td>
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<th>UVA Health Services Foundation</th>
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<td>500 Ray C Hunt Dr</td>
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<tr>
<td>Charlottesville, VA 22908</td>
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<td>(434) 295-1000</td>
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<th>UVA Physicians Group - Audiology</th>
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<td>415 Ray C Hunt Drive</td>
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<tr>
<td>Charlottesville, VA 22903</td>
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<td>(423) 924-2050</td>
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<th>Wagner Hearing Aid Centers</th>
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<td>218 W Market St Ste 7</td>
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<td>Charlottesville, VA 22902</td>
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<td>(434) 293-7368</td>
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<th>Chesapeake City</th>
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<tr>
<td>Beltone Audiology &amp; Hearing Aid Center</td>
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<tr>
<td>3105 Western Branch Blvd Ste 1E</td>
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<tr>
<td>Chesapeake, VA 23321</td>
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<td>(757) 484-7111</td>
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**Optima Direct Network Providers 9/2019**

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**OptimaHealth**
### Other Services - Tier 1

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<tr>
<th>Commonwealth Hearing Centers</th>
<th>4403 West Hundred Rd</th>
<th>Chester, VA 23112</th>
<th>(804) 796-3210</th>
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<tr>
<td>Connect Hearing Inc.</td>
<td>3610 Festival Park Plaza A</td>
<td>Chester, VA 23831</td>
<td>(804) 796-3210</td>
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<tr>
<td>Virginia Ear, Nose &amp; Throat Associates, PC</td>
<td>161 Wadsworth Drive</td>
<td>Richmond, VA 23236</td>
<td>(804) 484-3700</td>
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<tr>
<td>Floyd</td>
<td>New River Valley Hearing</td>
<td>201 E Main Street Suite 9</td>
<td>Floyd, VA 24091</td>
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<tr>
<td>Franklin</td>
<td>Commonwealth Hearing Centers 13245 Booker T Washington Highway</td>
<td>Hardy, VA 24101</td>
<td>(540) 721-7798</td>
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<tr>
<td>Connect Hearing Inc.</td>
<td>272 Westlake Rd Suite 2</td>
<td>Hardy, VA 24101</td>
<td>(540) 721-7798</td>
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<tr>
<td>Frederickburg City</td>
<td>Pratt Medical Center Ltd 1171 Central Park Blvd</td>
<td>Fredericksburg, VA 22401</td>
<td>(540) 785-7617</td>
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<tr>
<td>Gloucester</td>
<td>The Audiology Offices, LLC 6105 George Washington Memorial Highway</td>
<td>Gloucester, VA 23061</td>
<td>(804) 695-1199</td>
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<tr>
<td>Hampton City</td>
<td>Beltone Hearing Aid Centers, Inc. 2216 Executive Drive Suite C</td>
<td>Hampton, VA 23666</td>
<td>(804) 896-3989</td>
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<tr>
<td>Peninsular ENT Audiological Services (Div of HR Otolaryngology, PLLC)</td>
<td>2206 Executive Drive Dr Ste F</td>
<td>Hampton, VA 23666</td>
<td>(804) 896-3989</td>
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<tr>
<td>Hanover</td>
<td>Virginia Ear, Nose &amp; Throat Associates, PC 7485 Right Flank Road Suite 210 Mechanicsville, VA 23116</td>
<td>(804) 484-3700</td>
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<tr>
<td>Harrisonburg City</td>
<td>Audiology Associates of Harrisonburg 590 Neff Ave Ste 5000</td>
<td>Harrisonburg, VA 22801</td>
<td>(540) 574-4327</td>
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<td>Blue Ridge Hearing Center 243 A Neff Ave</td>
<td>Harrisonburg, VA 22801</td>
<td>(540) 432-0071</td>
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<td>Henrico</td>
<td>Commonwealth Hearing Centers 2229 John Rolfe Pkwy</td>
<td>Henrico, VA 23233</td>
<td>(804) 639-9008</td>
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<tr>
<td>Virginia Ear, Nose &amp; Throat Associates, PC</td>
<td>3450 Mayland Court</td>
<td>Richmond, VA 23233</td>
<td>(804) 484-3700</td>
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<tr>
<td>Maico Audiology Services</td>
<td>206 B Gunwood Drive</td>
<td>Smithfield, VA 23430</td>
<td>(757) 365-9933</td>
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<tr>
<td>Connect Hearing Inc.</td>
<td>27 Westlake Rd Suite 2</td>
<td>Hardy, VA 24101</td>
<td>(540) 721-7798</td>
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<td>Chesterfield</td>
<td>Commonwealth Hearing Centers</td>
<td>4403 West Hundred Rd</td>
<td>Chester, VA 23112</td>
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<td>Connect Hearing Inc.</td>
<td>3610 Festival Park Plaza A</td>
<td>Chester, VA 23831</td>
<td>(804) 796-3210</td>
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<tr>
<td>Virginia Ear, Nose &amp; Throat Associates, PC</td>
<td>161 Wadsworth Drive</td>
<td>Richmond, VA 23236</td>
<td>(804) 484-3700</td>
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<tr>
<td>Danville City</td>
<td>Audiology Hearing Aid Associates 743 Main St</td>
<td>Danville, VA 24541</td>
<td>(434) 799-6288</td>
</tr>
<tr>
<td>Danny W. Gnewikow, Ph.D., LLC</td>
<td>743 Main Street</td>
<td>Danville, VA 24541</td>
<td>(434) 799-6288</td>
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<tr>
<td>Emporia City</td>
<td>Southern Virginia Regional Medical Center 720 North Main St</td>
<td>Emporia, VA 23847</td>
<td>(434) 340-4400</td>
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<tr>
<td>Essex</td>
<td>The Audiology Offices, LLC 1251 Tappahannock Blvd</td>
<td>Tappahannock, VA 22560</td>
<td>(800) 555-5923</td>
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### Salem
- **Commonwealth Hearing Centers**
  - 401 Apperson Dr
  - Salem, VA 24153
  - (540) 375-7200

- **Connect Hearing Inc.**
  - 401 Apperson Dr
  - Salem, VA 24153
  - (540) 375-7200

- **The Hearing Clinic, Inc.**
  - 1802 Braeburn Dr
  - Salem, VA 24153
  - (540) 772-2669
  - 1902 Braeburn Drive Ste 135
  - Salem, VA 24153
  - (540) 512-8165

### Shenandoah
- **Blue Ridge Hearing Center**
  - 753 S Main Street
  - Woodstock, VA 22664
  - (540) 459-3277

### Suffolk City
- **Connect Hearing Inc.**
  - 2469 Pruden Blvd
  - Suffolk, VA 23434
  - (757) 539-4687

### Tazewell
- **Associated Hearing and Diagnostics**
  - 1121 East Fincastle North
  - Tazewell, VA 24641
  - (276) 988-5482
  - 6719 Gov G C Peery Hwy Ste 2500
  - Medical Plaza
  - Richlands, VA 24641
  - (276) 964-7465

### Virginia Beach City
- **Angela Underhill Audiology**
  - 2224 Virginia Beach Blvd Suite 114
  - Virginia Beach, VA 23454
  - (757) 321-8453

- **Beach Hearing Aid Centers**
  - 337 Edwin Drive Suite 100
  - Virginia Beach, VA 23462
  - (757) 499-9844

- **Bettone Audiology & Hearing Aid Center**
  - 1357 Great Neck Rd
  - Virginia Beach, VA 23454
  - (757) 497-3900
  - 291 Independence Blvd Bld 4 Suite 132
  - Virginia Beach, VA 23462
  - (757) 497-3900

- **CHKD Health and Surgery Center at Princess Anne**
  - 2021 Concert Dr
  - Virginia Beach, VA 23456
  - (757) 668-2711

- **Connect Hearing Inc.**
  - 1821 Old Donation Parkway Ste 10
  - Virginia Beach, VA 23454
  - (757) 481-4003

### Washington
- **Abingdon Hearing Care**
  - 612 Campus Drive
  - Abingdon, VA 24210
  - (276) 676-0001

### Westmoreland
- **The Audiology Offices, LLC**
  - 112 Peach Grove Ln
  - Clifton Forge, VA 24422
  - (540) 862-8810

### Cardiac Monitoring Services
- **Chesterfield**
  - Bon Secours St. Francis Watkins Centre
  - Free-Standing Emergency Department
  - 601 Watkins Centre Parkway
  - Midlothian, VA 23114
  - (804) 594-2100

### DME
- **Acomack**
  - AHP Delmarva, LLP dba American HomePatient
  - 154 Market St Suite 2
  - Onancock, VA 23417
  - (800) 775-7997

### Alexandria City
- **National Seating & Mobility, Inc.**
  - 4944C Eisenhower Avenue
  - Alexandria, VA 22304
  - (703) 370-5790

### Alleghany
- **Farrar’s, Inc. dba Regional Home Care**
  - 537 Main Street
  - Clifton Forge, VA 24422
  - (540) 862-8810

### Appomattox
- **Appomattox Drug Store**
  - 2046 Confederate Blvd
  - Appomattox, VA 24522
  - (434) 352-7161

### Carr Home Medical (Augusta Healthcare)
- 64 Sports Medicine Dr
  - Fishersville, VA 22939
  - (540) 322-4959

### Freedom Respiratory, Inc (Fishersville)
- 1840 Jefferson Hwy Ste 108
  - Fishersville, VA 22939
  - (540) 964-8084

### Augusta
- National Seating & Mobility, Inc.
  - 50 Andrew Russell Lane
  - Fishersville, VA 22939
  - (540) 885-1252

### Bedford
- **Meli Home Care (DME)**
  - 400 Scruggs Rd Suite 800
  - Moneta, VA 24121

### Bedford City
- **Linacre, Inc.**
  - 548 Blue Ridge Ave Ste B
  - Bedford, VA 24523
  - (540) 586-5743

### Bristol
- **Linacre, Inc.**
  - 1701 Euclid Ave Ste E
  - Bristol, VA 24201
  - (540) 466-9202

### Buchanan
- **Friendship Home Medical Equipment, Inc.**
  - 19547 Riverside Drive
  - Grundy, VA 24614
  - (276) 935-6060

### Buchanan
- **Linacre, Inc.**
  - Plaza Drive Ste 1103B
  - Grundy, VA 24614
  - (276) 935-7346

### Rotech Oxygen & Med Equipment
- 1095 Plaza Drive
  - Grundy, VA 24614
  - (276) 935-2137

### Virginia Medical and Respiratory Equipment
- 20858 Riverside Dr
  - Grundy, VA 24614
  - (276) 935-8621

### Chesapeake City
- **Chesapeake Rehab Equipment, Inc**
  - dba NuMotion
  - 644 Independence Pkwy Ste 400
  - Chesapeake, VA 23320
  - (757) 966-7964

### Eastern Oxygen
- 818 Professional Place West
  - Chesapeake, VA 23320
  - (757) 542-4444

### Family Medical Supply, Inc.
- 124 Robert Hall Court Ste 105
  - Chesapeake, VA 23324
  - (757) 794-0651

### First Choice In-Homecare (Chesapeake)
- 1501 Crossways Blvd Suite A
  - Chesapeake, VA 23320
  - (757) 496-2303

### Chesterfield
- **American HomePatient (Richmond)**
  - 425 Southlake Blvd Ste B-4
  - Richmond, VA 23236
  - (804) 794-0651

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**OptimaHealth**
Other Services - Tier 1

Med Inc
9100 Arborsetum Parkway Suite 130
Richmond, VA 23236
(804) 674-6688

NEB DOCTORS OF VIRGINIA
1811 Huguenot Road Ste C 308
Midlothian, VA 23113
(804) 794-0708

Colonial Heights City
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Dream Care of Virginia, LLC
(Colonial Heights)
130 Temple Lake Dr Ste 4
Colonial Heights, VA 23834
(804) 286-1844

Culpeper
Culpeper Pharmacy LLC
261 Southgate Shopping Ctr
Culpeper, VA 22701
(540) 825-7576

Danville City
Atlantic Medical Inc.(part of Home Care Alliance of VA)
650 Piney Forest Rd
Danville, VA 24540
(434) 792-3800

Commonwealth Home Health Care, Inc.
479 Piney Forest Road
Danville, VA 24540
(434) 797-2332

Home Oxygen & Medical Equipment
4972A Riverside Dr
Danville, VA 24541
(434) 822-1300

Lincare, Inc.
126 Woodside Drive Ste C
Danville, VA 24540
(434) 836-0979

Piedmont Home Health Inc.
121 Mall Drive
Danville, VA 24541
(434) 857-5708

Professional Pharmacy
130 Watson St
Danville, VA 24541
(434) 793-2221

Romar Medical Equipment
3833 US Hwy 29 North
Danville, VA 24540
(434) 836-1824

Emporia City
Clay Home Medical, Inc.(Emporia)
304 N Main St
Emporia, VA 23847
(434) 348-0888

Fairfax
Fairfax
Apria Healthcare, Inc.
5705 General Washington Drive
Suites F & G
Alexandria, VA 22312
(703) 642-3141

Dynquest Medical
3027 Javier Rd Suite 1
Fairfax, VA 22031
(703) 846-0002

Lincare, Inc.
4115 Pleasant Valley Road Suite 600
Chantilly, VA 20151
(703) 222-3090
4230 Lafayette Ctr Dr
Chantilly, VA 20151
(703) 263-0770
4230 Lafayette Ctr Dr Suite M & N
Chantilly, VA 20151
(703) 263-0770
8382T Terminal Rd
Lorton, VA 22079
(703) 339-2884

Medi Home Care (DME)
7950 Woodruff Ct Bay 19
Springfield, VA 22151
(703) 321-2834

Roberts Home Medical
8100 Gatehouse Rd
Falls Church, VA 22042
(703) 584-0011

Franklin
Franklin Co Respiratory (part of Home Care Alliance of VA)
1135 Franklin Rd
Rocky Mount, VA 24151
(540) 483-3333

Franklin Respiratory and Medical Inc
1135 Franklin Street
Rocky Mount, VA 24151
(540) 483-3333

Clay Home Medical, Inc.(Franklin)
175 Commerce Park Rd
Franklin, VA 23851
(757) 516-8882

Fredericksburg City
Lincare, Inc.
305 Hanson Ave Ste 100
Fredericksburg, VA 22401
(540) 899-5521

Pat Grimes, Inc. (part of Home Care Alliance of VA)
2303 Jefferson Davis Hwy
Fredericksburg, VA 22401
(540) 371-9181

Giles
Meds Home Care (DME)
310 N Main Street
Pearsburg, VA 24134
(877) 431-5795

Rotech Oxygen & Med Equipment
509 Mountain Lake Ave
Pearsburg, VA 24134
(540) 921-2357

Halifax
Atlantic Medical Inc.(part of Home Care Alliance of VA)
5037 Halifax Road Ste A
Halifax, VA 24558
(808) 884-4228

Atlantic Medical, Inc.(South Boston)
1015 Wilborn Ave
South Boston, VA 24592
(434) 572-1853

Beach Medical (Lincare)
1200 Wilborn Ave
South Boston, VA 24592
(434) 575-8072

Halifax Regional Home Medical Equipment
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3855

Home Care Alliance of Virginia, Inc.
5037 Halifax Rd Ste A
Halifax, VA 24558
(888) 884-4228

Lincare of Lynchburg
1200 Wilborne Ave
South Boston, VA 24592
(888) 258-4378

Hanover
Chesapeake Rehab Equipment, Inc
dba NuMotion
9432 Alece Commerce Blvd Ste C/D
Ashland, VA 23005
(877) 550-0530

Roberts Home Medical
340M Hill Carter Pkwy
Ashland, VA 23005
(800) 565-5644

Harrisonburg City
American HomePatient
(Harrisonburg)
1950 Evelyn Byrd Ave Ste A & B
Harrisonburg, VA 22801
(540) 574-0259

Image Recovery (Rockingham Memorial Hospital)
298 S Liberty St
Harrisonburg, VA 22801
(540) 575-8072

Lincare, Inc.
182 Neff Ave Ste 9
Harrisonburg, VA 22801
(540) 433-1196

Roberts Home Medical
1970 Evelyn Byrd Ave
Harrisonburg, VA 22801
(540) 564-1194

Sentara RMH Medical Group, LLC
640 South Main Street
Harrisonburg, VA 22801
(540) 457-8230

Henrico
AERCARE HOME MEDICAL
2852 E Parham Rd
Henrico, VA 23228
(804) 266-2002

Apria Healthcare, Inc.
2808 E Parham Rd
Richmond, VA 23228
(804) 553-4964

Brevo Pharmacy
1902 Skipwith Rd Suite 201
Henrico, VA 23229
(804) 285-7730

Dream Care of Virginia, LLC(Henrico)
7650 E Parham Rd Ste 222
Henrico, VA 23294
(804) 266-2002

Henrico Pharmacy
7601 Forest Ave
Richmond, VA 23229
(804) 285-7730

Home Care Delivered, Inc.
4144 Innslake Dr
Glen Allen, VA 23060
(804) 565-5644

Medi Home Care (DME)
4200 Park Place Ct Suite A
Glen Allen, VA 23060
(804) 270-2902

National Seating & Mobility, Inc.
3941 Deep Rock Road
Richmond, VA 23233
(804) 772-1170

Praxair Healthcare Services
2502 Waco St
Richmond, VA 23294
(804) 672-7767

Rotech Home Medical Care (Omega Medical Equipment, Inc)
3902 Skipwith Rd
Richmond, VA 23233
(804) 968-4311

Trustcare Home Medical Equipment, Inc.
8677 Telegraph Rd
Glen Allen, VA 23060
(804) 262-9001

Tuckahoe Orthopaedic Associates, Ltd
1501 Maple Ave Northwest MOB Ste 303
Richmond, VA 23226
(804) 285-2300
### Other Services - Tier 1

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<tr>
<th>Company Name</th>
<th>Address</th>
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<tr>
<td>West Home Health Care, Inc (part of Home Care Alliance of VA)</td>
<td>2277 Dabney Rd Ste I Richmond, VA 23294</td>
<td>(804) 353-7703</td>
</tr>
<tr>
<td>Tender Hearts</td>
<td>808 Wiggington Rd Ste E Lynchburg, VA 24502</td>
<td>(434) 385-4001</td>
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<tr>
<td>Lincare, Inc.</td>
<td>3555 Virginia Ave Collinsville, VA 24078</td>
<td>(276) 647-7536</td>
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<tr>
<td>First Choice In-Homecare(Williamsburg)</td>
<td>6623 Richmond Rd Ste J Williamsburg, VA 23188</td>
<td>(757) 496-2030</td>
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<tr>
<td>Southern Home Respiratory and Equipment, Inc.</td>
<td>282 Westgate Mall Circle Ste 117 Pennington Gap, VA 24277</td>
<td>(276) 546-2050</td>
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<tr>
<td>Lynchburg City</td>
<td>Lincare City</td>
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<tr>
<td>Lexington Prescription Center</td>
<td>800 South Main St Lexington, VA 24450</td>
<td>(540) 463-9166</td>
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<tr>
<td>Lexington Rx Center (part of Home Care Alliance of VA)</td>
<td>112-B Houston St Lexington, VA 24450</td>
<td>(540) 463-9166</td>
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<tr>
<td>Linicare, Inc.</td>
<td>130 Walker Street Lexington, VA 24450</td>
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<td>Manassas City</td>
<td>Prince William County HD-Manassas</td>
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<tr>
<td>Martinsville City</td>
<td>Medi Home Care (DME) 1109 Brookdale St Suite A Martinsville, VA 24112</td>
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<tr>
<td>Mecklenburg</td>
<td>Atlantic Medical Inc (part of Home Care Alliance of VA) 316 Virginia Ave Clarksville, VA 23927</td>
<td>(434) 374-0427</td>
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<tr>
<td>Montgomery</td>
<td>Advanced Home Care (DME) 438 West Main St Christiansburg, VA 24073</td>
<td>(540) 633-2223</td>
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<td>Newport News City</td>
<td>Linicare, Inc. 1095 Radford St Christiansburg, VA 24073</td>
<td>(540) 381-9270</td>
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<tr>
<td>Newport News City</td>
<td>Rotech Oxygen &amp; Med Equipment 1506 N Franklin St Christiansburg, VA 24073</td>
<td>(540) 382-0049</td>
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<tr>
<td>Norfolk City</td>
<td>Apria Healthcare, Inc. 2730 Ayliff Road Norfolk, VA 23513</td>
<td>(262) 207-1551</td>
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<tr>
<td>Prince Edward</td>
<td>National Seating &amp; Mobility, Inc. 3347 Enterprise Road Norfolk, VA 23502</td>
<td>(877) 326-0972</td>
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<tr>
<td>Prince William</td>
<td>Neurosurgical Specialists, Inc. 6261 E Va Beach Blvd Suite 200 Norfolk, VA 23502</td>
<td>(757) 625-4455</td>
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<tr>
<td>Pulaski</td>
<td>Tycon Medical Systems, Inc. 801 Orapax Street Norfolk, VA 23507</td>
<td>(757) 640-1709</td>
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<tr>
<td>Allen Providing Health Care Services, Inc.</td>
<td>33-37 E Main Street Pulaski, VA 24301</td>
<td>(540) 980-6022</td>
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<tr>
<td>Ellis Home Oxygen</td>
<td>2460 Lee Hwy Pulaski, VA 24301</td>
<td>(540) 980-9551</td>
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<tr>
<td>Richmond City</td>
<td>Dream Care of Virginia, LLC (Richmond) 901 Hoaks Rd Ste B Richmond, VA 23225</td>
<td>(804) 286-1842</td>
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<tr>
<td>Norton</td>
<td>Community Home Care Inc 1460 Park Ave Suite 6 Norton, VA 24273</td>
<td>(276) 439-1460</td>
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<tr>
<td>Petersburg City</td>
<td>Clay Home Medical 3333 S Crater Rd Ste 5 Petersburg, VA 23805</td>
<td>(804) 861-1606</td>
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<tr>
<td>Roanoke City</td>
<td>Freedom Respiratory, Inc (Danville) 1155 Piney Forest Road Ste A Danville, VA 24530</td>
<td>(434) 836-6996</td>
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<tr>
<td>Sun Medical, Ltd (part of Home Care Alliance of VA)</td>
<td>1807 Murray Toad Ste E Roanoke, VA 24018</td>
<td>(540) 857-0609</td>
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<tr>
<td>Roanoke City</td>
<td>Freedom Respiratory, Inc (Roanoke) 630 A Abney Road Roanoke, VA 24012</td>
<td>(540) 366-7628</td>
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<tr>
<td>Medi Home Care (DME)</td>
<td>2514 Franklin Road SW Roanoke, VA 24014</td>
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<tr>
<td>Rotech Oxygen &amp; Med Equipment</td>
<td>1308 Plantation Rd NE Roanoke, VA 24012</td>
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<tr>
<td>Trustcare Home Medical Equipment, Inc.</td>
<td>1402 Williamson Road Roanoke, VA 24012</td>
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<tr>
<td>Community Home Care Services(Lee)</td>
<td>110 W Main St Ste 3A Lebanon, VA 24266</td>
<td>(276) 889-4115</td>
</tr>
<tr>
<td>Home Care Equipment (part of Home Care Alliance of VA)</td>
<td>Hwy 58 - Milton Shopping Ctr Castlewood, VA 24224</td>
<td>(276) 762-0835</td>
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### Other Services - Tier 1

<table>
<thead>
<tr>
<th>City</th>
<th>Address</th>
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<tbody>
<tr>
<td>Salem</td>
<td>Advanced Home Care (DME) 72 Saint Johns Place Rd Bennett Springs, VA 24453 (540) 891-8121</td>
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<td>Salem</td>
<td>Commonwealth Home Health Care, Inc. 1900 Apperson Dr Salem, VA 24153 (540) 380-3383</td>
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<td>Shenandoah</td>
<td>Advanced Home Care (DME) 762 S Main St Woodstock, VA 22664 (540) 459-2000</td>
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<td>Smyth</td>
<td>Ellis Home Oxygen (part of Home Care Alliance of VA) 652 N Main St Marion, VA 24354 (276) 783-6868</td>
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<td>Spotsylvania</td>
<td>ProHealth Services, LLC 6316 Five Mile Centre Park Suite 300 Fredericksburg, VA 22407 (540) 548-3049</td>
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<td>Tazewell</td>
<td>Community Home Care Services (Richlands) 2013 2nd St Richlands, VA 24641 (276) 964-7448</td>
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<td>Friendship Home Medical Equipment, Inc. 124 Ben Bolt Avenue Tazewell, VA 24651 (276) 988-7911</td>
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<td>Med Response 2113 College Ave Bluefield, VA 24605 (276) 322-4987</td>
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<td>Medi Home Care (DME) 103 Spring Street Suite B Bluefield, VA 24605 (276) 322-2602</td>
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<td>Virginia Beach City Byram Healthcare Centers Please call number below for addresses Virginia Beach, VA 23462 (877) 902-9726</td>
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<td>Lincare Inc. 5241 Cleveland St Suite 107 Virginia Beach, VA 23462 (757) 671-1802</td>
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<td>Medical Equipment Distributors 521 Central Dr Ste 101 Virginia Beach, VA 23454 (757) 498-8225</td>
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<td>Advanced Home Care (DME) 480 S Commerce Ave Suite D and E Front Royal, VA 22630 (540) 635-7444</td>
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<td>Valley Home Care (Front Royal) 480-D South Commerce Ave Front Royal, VA 22630 (540) 635-7444</td>
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<td>Warren Friendship Home Medical Equipment, Inc. 560 West Main Street Abingdon, VA 24210 (276) 628-4554</td>
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<td>Lincare, Inc. 366 W Main Street Abingdon, VA 24210 (276) 677-2027</td>
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<td>Mac’s Medical Equipment and Supplies 26102 Lee Highway Abingdon, VA 24211 (276) 525-4622</td>
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<td>611 Campus Drive Ste 400 Abingdon, VA 24210 (276) 623-4260</td>
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<td>Medi Home Care (DME) 15896 Porterfield Highway Abingdon, VA 24210</td>
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<td>574 Cummings Street Ste B Abingdon, VA 24210 (276) 628-8432</td>
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<td>Winchester City Advanced Home Care (DME) 525 Amherst St suite 100 Winchester, VA 22601 (540) 723-6911</td>
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<td>Respiratory Care Associates (part of Home Care Alliance of VA) 815-A North Loudoun St Winchester, VA 22601 (540) 722-8180</td>
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<td>Respiratory Care Associates LC 304 Hope Drive Winchester, VA 22601 (540) 722-8180</td>
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<td>Valley Home Care (Front Royal) 333 W Cork St Ste 160 Winchester, VA 22601 (540) 536-5254</td>
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<td>Wise Advanced Home Care (DME) 165 Plaza Rd Ste 20 Wise, VA 24293 (276) 679-6269</td>
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<td>6 East 19th Street Big Stone Gap, VA 24219 (276) 523-6158</td>
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<td>Wythe</td>
<td>Community Home Care Services (Wytheville) 340 Virginia Ave Wytheville, VA 24382 (276) 228-4702</td>
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<td>Accomack Accomack County Health Dept (Eastern Shore HD) 23191 Front St Accomack, VA 23301 (757) 787-5880</td>
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<td>Virginia Beach City Alexandria City Alexandria City Health Department 4480 King St Alexandria, VA 22302 (703) 746-4400</td>
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<td>Alexandria City Health Department 4800 King St Alexandria, VA 22302 (703) 746-4400</td>
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<td>Allegany Clifton Forge City Health Department 322 Jefferson Ave Clifton Forge, VA 24422 (540) 862-4131</td>
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<td>Amelia Amelia County Health Dept (Piedmont HD) 16320 Church St Amelia, VA 23002 (804) 561-2711</td>
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<td>Amherst Amherst County Health Department 224 Second St Amherst, VA 24521 (434) 946-9408</td>
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<td>Appomattox Appomattox County Health Department 401 Court St Appomattox, VA 24522 (434) 352-2313</td>
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<tr>
<td>Bath</td>
<td>Bath County Health Department Court House Sq Warm Springs, VA 24484 (540) 839-7246</td>
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### Addresses

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<tr>
<th>City</th>
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<tr>
<td>Bedford City</td>
<td>Bedford City County Health Department 600 Bedford Ave Bedford, VA 24523 (540) 586-7952</td>
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<td>Botetourt</td>
<td>Botetourt County Health Department 21 Academy St Fincastle, VA 24090</td>
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<tr>
<td>Bristol</td>
<td>Bristol City Health Department 205 Piedmont Ave Bristol, VA 24201 (276) 642-7345</td>
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<td>Buchanan</td>
<td>Buchanan County Health Department Slate Creek Rd Grundy, VA 24614 (276) 935-4591</td>
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<td>Buena Vista City</td>
<td>Buena Vista County Health Department 2270 Magnolia Ave Buena Vista, VA 24416 (540) 261-2149</td>
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<tr>
<td>Campbell</td>
<td>Campbell County Health Department 116 Kabler Ave Rustburg, VA 24588 (540) 586-7952</td>
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<tr>
<td>Carroll</td>
<td>Carroll County Health Department 605-15 Pine Street Hillside, VA 24343 (276) 730-3180</td>
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<tr>
<td>Center At Laurel Fork</td>
<td>Center At Laurel Fork 14558 Danville Turnpike Laurel Fork, VA 24552 (276) 398-2292</td>
</tr>
<tr>
<td>Charles City</td>
<td>Charles City County Health Department 7501 Adkins Rd Charles City, VA 23030 (804) 829-2490</td>
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<tr>
<td>Charlotte</td>
<td>Cumberland County Health Dept (Piedmont HD) Highway 60 Cumberland, VA 23923 (434) 542-5251</td>
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### Other Services - Tier 1

<table>
<thead>
<tr>
<th>City</th>
<th>Address/Contact Information</th>
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<tr>
<td>Charlottesville City</td>
<td>Albemarle/Charlottesville Health Dept (Thomas Jefferson HD) 1138 Rose Hill Dr Charlottesville, VA 22907 (434) 972-6219</td>
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<td>Chesapeake City</td>
<td>Piedmont Access To Health Services</td>
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<td>Danville Health Department 748 N Battlefield Blvd Danville, VA 23327 (757) 382-8600</td>
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<tr>
<td>Chesterfield</td>
<td>Craig County Health Dept (Chesterfield HD) 9501 Lucy Coor Dr Chesterfield, VA 23832 (804) 748-1743</td>
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<tr>
<td>Colonial Heights City</td>
<td>Colonial Heights City Health Dept (Chesterfield HD) 200 Highland Ave Colonial Heights, VA 23834 (804) 520-9380</td>
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<td>Covington City</td>
<td>Alleghany County/Covington Health Department 321 Beech St Covington, VA 24426 (540) 962-2173</td>
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<td>Craig</td>
<td>Craig County Health Department 161 Main St Craig, VA 24127 (540) 864-5136</td>
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<tr>
<td>Culpeper</td>
<td>Culpeper County Health Department (Rappahannock/ Rapidan Hlth) 640 Laurel St Culpeper, VA 22701 (540) 829-7350</td>
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<td>Danville City</td>
<td>Danville Health Department 326 Taylor Dr Danville, VA 24541 (434) 799-5190</td>
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<td>Dinwiddie</td>
<td>Dinwiddie County Health Dept 12318 Boydton Plank Road Dinwiddie, VA 24341 (804) 469-3771</td>
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<td>Emporia City</td>
<td>Greensville County/Emporia Health Dept (Crater HD) 140 Uriah Branch Way Emporia, VA 23847 (434) 348-4210</td>
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<td>Fauquier</td>
<td>Fauquier Health Department 330 Hospital Dr Warrenton, VA 20186 (540) 347-6400</td>
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<td>Floyd</td>
<td>Tri-Area Community Health Center At Floyd-Health Department 140 Christiansburg Pike Floyd, VA 24091 (540) 745-9290</td>
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<td>Franklin</td>
<td>Center At Ferrum 40 Wiley Drive Ferrum, VA 24088 (540) 365-4469</td>
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<td>Fredericksburg City</td>
<td>Fredericksburg Health Department (Rappahannock HD) 608 Jackson St Fredericksburg, VA 22401 (540) 899-4797</td>
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<td>Giles</td>
<td>Giles County Health Department 1 Taylor Ave Ste 4 Pearisburg, VA 24134 (540) 921-2891</td>
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<td>Goochland</td>
<td>Goochland County Health Department 2938 River Rd Goochland, VA 23063 (804) 526-5343</td>
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<td>Grayson</td>
<td>Grayson County Health Department 186 West Main St Independence, VA 24348 (276) 773-2961</td>
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<td>Greene</td>
<td>Greene County Health Dept (Thomas Jefferson HD) 50 Standard St Stanardsville, VA 22973 (804) 985-2262</td>
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<td>Hampton City</td>
<td>Hampton City Health Department 1120 LaSalle Ave Hampton, VA 23669 (757) 727-1140</td>
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<td>Harrisonburg City</td>
<td>Rockingham/Harrisonburg County Health Department 110 N Mason St Harrisonburg, VA 22802 (540) 574-5100</td>
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<td>Henrico</td>
<td>Henrico County Health Department 8600 Dixon Powers Dr Richmond, VA 23228 (804) 591-4522</td>
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<td>Henry</td>
<td>Bassett Family Practice-Health Department 324 TB Stanley Highway Ste B &amp; C Bassett, VA 24055 (276) 629-1076</td>
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<td>Highland</td>
<td>Highland County Health Department Fleischer Ave Monterey, VA 24465 (540) 468-2270</td>
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<td>Hopewell City</td>
<td>Hopewell City Health Dept (Crater HD) 1501 West City Point Rd Hopewell, VA 23860 (804) 458-1297</td>
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<tr>
<td>Isle of Wight</td>
<td>Isle of Wight County Health Department (Western Tidewater HD) 402 Grace St Smithfield, VA 23430 (757) 357-4177</td>
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Optima Direct Network Providers 9/2019
### Other Services - Tier 1

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<th>Location</th>
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<td>New Kent</td>
<td>New Kent County Health Dept, Hanover Writing Room, 12000 Courthouse Cir, New Kent, VA 23124 (804) 966-9640</td>
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<td>Newport News City</td>
<td>Newport News City, 416 J Clyde Morris Blvd, Newport News, VA 23601 (757) 594-7300</td>
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<td>Norfolk City</td>
<td>Norfolk Health Department, 830 Southampton Ave Ste 300, Norfolk, VA 23510 (804) 863-1652</td>
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<td>Petersburg City</td>
<td>Petersburg City Health Care, 301 Halifax St, Petersburg, VA 23804 (804) 863-1652</td>
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<td>Pittsylvania</td>
<td>Pittsylvania Health Department, 200 H G McGhee Dr, Chatham, VA 24531 (434) 432-7235</td>
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<td>Portsmouth Health Department, 1701 High St Ste 102, Portsmouth, VA 23704 (757) 393-8585</td>
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<td>Powhatan</td>
<td>Powhatan County Health Dept, 3908 Old Buckingham Rd Ste 1, Powhatan, VA 23139 (804) 598-6500</td>
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<td>Prince William</td>
<td>Prince William County Health Dept, 4001 Prince William Pkwy Suite 101, Woodbridge, VA 22192 (703) 792-7300</td>
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<td>Pulaski</td>
<td>Pulaski County Health Department, 170 Fourth St NW, Pulaski, VA 24301 (540) 994-5030</td>
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<td>Radford City</td>
<td>Radford City Health Department, 220 East Main Street, Radford, VA 24141 (540) 267-8225</td>
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<td>Richmond City Health Department, 900 East Marshall St, Richmond, VA 23219 (804) 646-3153</td>
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<td>Roanoke City</td>
<td>Roanoke County/Vinton Health Department, 227 Pollard Street, Vinton, VA 24179 (540) 857-7800</td>
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<td>New Horizons Health Care (FQHC facilities, CCNV)</td>
<td>4910 Valley View Boulevard NW Ste 310, Roanoke, VA 24012 (540) 362-0360</td>
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<td>Roanoke City</td>
<td>Roanoke City Health Department, 515 Eighth St SW, Roanoke, VA 24016 (540) 857-7600</td>
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<td>Russell</td>
<td>Russell County Health Department, 155 Rogers St, Salem, VA 24266 (276) 889-7621</td>
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<td>Salem</td>
<td>Roanoke County/Salem Health Department, 105 E Calhoun St, Salem, VA 24265 (540) 387-5530</td>
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<td>Scott</td>
<td>Scott County Health Department, 190 Beech St Ste 102, Gate City, VA 24251 (276) 386-1312</td>
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<td>Shenandoah</td>
<td>Shenandoah County Health Department, 494 North Main Street Ste 100, Woodstock, VA 22664 (540) 459-3733</td>
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<td>Southampton</td>
<td>Southampton County Health Dept, Western Tidewater HD, 26022 Administration Center, Courtland, VA 23837 (757) 653-3040</td>
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<td>Pulaski County Health Department (Rappahannock Area HD)</td>
<td>9104 Courthouse Rd, Spotsylvania, VA 22553 (540) 582-7155</td>
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<td>Wythe</td>
<td>Wythe County Health Department, 750 West Ridge Rd, Wytheville, VA 24382 (276) 228-5507</td>
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<td>Stafford</td>
<td>Stafford County Health Department, 2131 Jefferson Davis Hwy, Stafford, VA 22555 (540) 659-3101</td>
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<td>Augusta City</td>
<td>Augusta County Health Department, 1414 N August St, Staunton, VA 24402 (540) 332-7830</td>
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<td>Surry</td>
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<td>Virginia Beach City</td>
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<td>Warren</td>
<td>Warren County Health Department, 465 West 15th Street Suite 200, Front Royal, VA 22630 (540) 635-3159</td>
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<td>Washington</td>
<td>Washington County Health Department, 15068 Lee Hwy, Bristol, VA 24202 (276) 676-5604</td>
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<td>Waynesboro City</td>
<td>Waynesboro County Health Dept (Central Shenandoah HD), 1300 13th St, Waynesboro, VA 22980 (540) 949-0137</td>
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<td>Winchester City</td>
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<td>Wythe</td>
<td>Wythe County Health Department, 750 West Ridge Rd, Wytheville, VA 24382 (276) 228-5507</td>
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<td>Accomack</td>
<td>Intrepid USA Healthcare Services, 20387 Warrior Drive, Onley, VA 23418 (757) 782-7202</td>
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<td>Personal Touch Homecare (Eastern Shore)</td>
<td>36076 Landkford Highway, Belle Haven, VA 23306 (757) 442-6630</td>
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<td>T1 Home Health, Inc.</td>
<td>25306 Landkford Hwy, Onley, VA 23418 (757) 302-5459</td>
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<td>Albermarle</td>
<td>AT Home Care, 195 Riverbed Dr Ste 5, Charlottesville, VA 22911 (434) 295-5355</td>
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<td>介通HealthCare (Charlottesville)</td>
<td>103 S Pantop Dr Ste 205, Charlottesville, VA 22911 (434) 295-5501</td>
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<td>Martha Jefferson Home Care</td>
<td>630 Peter Jefferson Pkwy Ste 300, Charlottesville, VA 22911 (434) 971-5200</td>
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<td>Medi Home Health Agency</td>
<td>1540 Insurance Lane Ste A, Charlottesville, VA 22911 (434) 244-0890</td>
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<td>Sentara Home Care - Home Health</td>
<td>540 Greenfield Terrace, Charlottesville, VA 22901 (434) 964-3700</td>
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<td>Sentara Martha Jefferson Hospital</td>
<td>500 Martha Jefferson Drive, Charlottesville, VA 22911 (434) 654-7000</td>
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<td>Alleghany</td>
<td>Medi Home Health Agency, 507 E Ridgeway St, Clifton Forge, VA 24422 (540) 862-7727</td>
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<td>Sentara Home Care - Home Health</td>
<td>103 Old Church Street, Low Moor, VA 24457 (540) 863-2140</td>
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<tr>
<td>Arlington</td>
<td>Northern Virginia Home Care dba Sentara Home Care Services, 601 S Carlin Springs Rd, Arlington, VA 22204 (703) 717-7928</td>
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<tr>
<td>Augusta</td>
<td>Augusta Medical Center, 78 Medical Center, Fishersville, VA 22939 (540) 932-4000</td>
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</table>
Other Services - Tier 1

Buchanan General Hospital
1535 Slate Creek Rd
Grundy, VA 24614
(276) 235-9000

Buckingham
Home Health, Inc.
26782 N James Madison Highway
New Canton, VA 23123
(434) 581-3245

Charlottesville City
Continuum Home Health Care (UVA)
2205 Fontaine Ave
Charlottesville, VA 22908
(434) 984-2273

Chesapeake
Comfort Care Home - Home Health
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 332-4993

Hospice of the Shenandoah
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 332-4993

Interim HealthCare (Charlottesville)
113 Mill Place Pkwy Suite 101
Verona, VA 24482
(540) 885-4413

Kindred at Home
876 B East Main St
Bedford, VA 24523
(540) 586-6765

Buchanan
Continuum Pediatric Nursing
221 Ruthers Road Suite 103
North Chesterfield, VA 23235
(804) 320-1113

Intrepid USA Healthcare Services
2450 Southland Dr Ste B
Chester, VA 23831
(804) 768-9080

James River Home Health Care, Inc
9100 Arboretum Parkway Suite 290
North Chesterfield, VA 23236
(804) 272-3300

Sheltering Arms Home Healthcare, LLC
620 Moorefield Park Drive Suite 100
Richmond, VA 23236
(704) 831-3551

The Cardiac Connection
10106 Krause Rd Suite 200C
Chesterfield, VA 23832
(804) 458-0854

Colonial Heights City
AT Home Care
3610 Boulevard
Colonial Heights, VA 23834
(804) 524-0062

Heaven Sent by Home Town Health Care
23 Dunlop Village Circle
Colonial Heights, VA 23834
(804) 526-3600

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Danville City
All Care Home Health, Inc.
242 NorDan Drive
Danville, VA 24540
(434) 836-5883

Commonwealth Home Nursing & Hospice
159 Executive Dr Ste H
Danville, VA 24541
(434) 792-4963

Danville Regional Medical Center - Home Health Services
142 S Main St
Danville, VA 24541
(434) 799-2382

Commonwealth Home Health
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 332-4993

Interim Healthcare
2276 Franklin Turnpike Suite 117
Danville, VA 24540
(434) 799-1959

Dickson
Dickenson County Home Health and Hospice
230 Chase St
Clintwood, VA 24228
(276) 926-6600

Home Nursing Company
2415 Dickenson Highway
Clintwood, VA 24228
(276) 926-4820

Emporia City
Personal Touch Homecare
425 North Main Street
Emporia, VA 23847
(434) 290-1077

Southern Virginia Regional Home Health
420A South Main St
Emporia, VA 23847
(434) 348-3459

Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Emporia City
Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Danville City
Hallmark Home Health Care
111 Mall Dr
Danville, VA 24541
(434) 799-3938

Interim Healthcare
2276 Franklin Turnpike Suite 117
Danville, VA 24540
(434) 799-1959

Team Nurse Inc. (Danville)
2020 Riverside Drive Suite B
Danville, VA 24540
(434) 799-1959

Fairfax
Continuum Pediatric Nursing
1700 Old Meadow Rd Suite 100
McLean, VA 22102
(703) 506-0123

ESPRIT HOME HEALTHCARE, LLC
4209 Evergreen Lane Suite 101
Annandale, VA 22003
(703) 998-7400

Five Star Home Health Care LLC
4500 Southgate Pl Ste 200
Chantilly, VA 20151
(703) 662-7500

PSA Healthcare
5290 Lyngate Court 1st Floor
Burke, VA 22015
(703) 873-7672

Halifax
Commonwealth Home Health
425 Main St
South Boston, VA 24592
(434) 572-1312

Halifax Home Health
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3339

Halifax Regional Hospital
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3100

Franklin
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
180 Floyd Ave
Rocky Mount, VA 24515
(540) 633-9354

Carilion Home Care Services
180 Floyd Ave
Rocky Mount, VA 24515
(540) 633-9354

390 S Main St Ste 105
Rocky Mount, VA 24515
(540) 489-6383

Franklin City
Southampton Memorial Home Health
100 Fairview Dr
Franklin, VA 23851
(757) 569-6360

Fredericksburg City
AT Home Care
1931 Plank Road Ste 26
Fredericksburg, VA 22401
(540) 270-1588

Galax City
Access Home Health Care & Rehabilitation
1123 East Stuart Drive
Galax, VA 24333
(703) 266-3149

Blue Ridge Home Health Care Services, Inc.
28 Shade Tree Lane
Galax, VA 24333
(276) 236-1974

Twin County Home Health
200 Hospital Drive
Galax, VA 24333
(276) 236-7935

Commonwealth Home Health
425 Main St
South Boston, VA 24592
(434) 572-1312

Optima Direct Network Providers 9/2019 392
Other Services - Tier 1

**Hampton City**
- HEALTH PARTNERS HOME CARE INC
  - 1919 Commerce Dr Ste 100
  - Hampton, VA 23666
  - (757) 224-2134

**Harrisonburg City**
- First Choice Home Health Services
  - 570 Nef Ave Ste C
  - Harrisonburg, VA 22801
  - (540) 434-3916
- Sentara Home Care - Home Health
  - 2000 Beery Rd
  - Harrisonburg, VA 22801
  - (540) 564-5755
- Kindred at Home
  - 1100 Professional Dr
  - Williamsburg, VA 23185
  - (757) 553-3000
  - 5360 Discovery Park Blvd Ste 200
  - Williamsburg, VA 23185
  - (757) 984-1350

**Henrico**
- AT Home Care
  - 3117 West Clay Street Suite 200
  - Richmond, VA 23226
  - (804) 612-3737
- Bon Secours Home Care, LLC (Richmond)
  - 5008 Monument Avenue 1st Floor
  - Richmond, VA 23226
  - (804) 627-5200
- IVNA Home Health (Skilled Nursing)
  - 5008 Monument Ave
  - Richmond, VA 23226
  - (804) 355-7100
- Jewish Family Services
  - 6718 Patterson Ave
  - Richmond, VA 23226
  - (804) 282-5644
- Kindred at Home
  - 2601 Willard Road Suite 101
  - Richmond, VA 23226
  - (804) 672-7500
  - 7113 Three Chopt Road Suite 201
  - Richmond, VA 23226
  - (804) 672-7500
- Maxim HealthCare Services
  - 3805 Cutshaw Ave Suite 100
  - Richmond, VA 23226
  - (804) 355-9800
  - 4235 Innslake Drive Suite 200
  - Glen Allen, VA 23060
  - (804) 355-9800
- Medi Home Health Agency
  - 8100 Three Chopt Rd Ste 226
  - Richmond, VA 23229
  - (804) 282-4301
- Sentara Home Care - Home Health
  - 3522 Maryland Ct
  - Henrico, VA 23233

**Henry**
- Interim Healthcare
  - 3235 Virginia Ave
  - Collinsville, VA 24078

**James City**
- Bayada Home Healthcare, Inc.
  - 2630 McLaw's Circle Ste 103
  - Williamsburg, VA 23185
  - (757) 229-0019
- Sentara Home Care - Home Health
  - 1100 Professional Dr
  - Williamsburg, VA 23185
  - (757) 553-3000
  - 5360 Discovery Park Blvd Ste 200
  - Williamsburg, VA 23185
  - (757) 984-1350

**Lexington**
- AT Home Care
  - 4507 Irvington Rd Ste 100
  - Irvington, VA 22480
  - (804) 438-5010
- Rappahannock General Hospital
  - 101 Harris Dr
  - Kilmarnock, VA 22482
  - (804) 435-8000

**Lynchburg City**
- Centra Health Home Health (Virginia Baptist Skilled)
  - 3300 Rivermont Ave
  - Lynchburg, VA 24503
  - (434) 200-4111
- First Dominion Home Health Care
  - 2808 Old Forest Rd
  - Lynchburg, VA 24501
  - (434) 384-2800
- Kindred at Home
  - 1928 Thomson Drive
  - Lynchburg, VA 24501
  - (434) 846-5219

**Manassas City**
- Medi Home Health Agency
  - 9625 Surveyor Ct Ste 230
  - Manassas, VA 20110
  - (703) 392-7100

**Martinsville City**
- Martinsville Home Health (Memorial Hospital of Martinsville/HC)
  - 520 Hospital Drive
  - Martinsville, VA 24112
  - (276) 670-7121

**Montgomery**
- Heritage Home Health - Blacksburg
  - 3610 South Main Street
  - Blacksburg, VA 24060
  - (540) 443-6111
- Interim Healthcare
  - 100 Arbor Dr Ste 108
  - Christiansburg, VA 24073
  - (540) 381-2757
- Kindred at Home
  - 1097 North Franklin Street
  - Christiansburg, VA 24073
  - (540) 382-9311
  - 15 West Main Street Suite 200
  - Christiansburg, VA 24073
  - (540) 382-9311
- Medi Home Health Agency
  - 80 College St Ste M
  - Christiansburg, VA 24073
  - (540) 382-5634

**Newport News City**
- Interim HealthCare
  - 703 Thimble Shoals Blvd Suite B
  - Newport News, VA 23606
  - (757) 873-3313
- Personal Touch Homecare
  - 733 Thimble Shoals Blvd Ste 150
  - Newport News, VA 23606
  - (757) 595-8005
- Sentara Home Care - Home Health
  - 11844 Rock Landing Dr Ste C
  - Newport News, VA 23603
  - (757) 736-0700
  - 11844 Rock Landing Dr Ste C
  - Newport News, VA 23603
  - (757) 736-0700

**Norfolk City**
- Personal Touch Homecare
  - 5505 Robin Hood Rd Ste C1
  - Norfolk, VA 23513
  - (757) 855-1355
- PSA Healthcare
  - 6330 North Center Dr Ste 142
  - Norfolk, VA 23502
  - (757) 461-6310

**Norton City**
- Dickenson County Home Health and Hospice
  - 346 SW Coeburn Ave
  - Norton, VA 24273
  - (276) 679-1684

**Page**
- Page Memorial Hospital Inc
  - 200 Memorial Dr
  - Luray, VA 22835
  - (540) 743-4561

**Patrick**
- Martinsville Home Health (Memorial Hospital of Martinsville/HC)
  - 114 West Blue Ridge St Ste 200
  - Stuart, VA 24171
  - (276) 694-2272

**Petersburg City**
- Southside Regional Home Health
  - 10501 South Crater Rd
  - Petersburg, VA 23803
  - (509) 326-2300

**Portsmouth City**
- Bon Secours Home Care
  - 3636 High St
  - Portsmouth, VA 23707
  - (757) 899-4663
- Edmare Hospice for Children
  - 516 London St
  - Portsmouth, VA 23704
  - (757) 967-9251

**Prince Edward**
- Centra Home Health Farmville
  - 800 Oak St
  - Farmville, VA 23901
  - (434) 315-2561
- Centra Southside Community Hospital
  - 800 Oak St
  - Farmville, VA 23901
  - (434) 392-8811
- Home Recovery Home Health Inc.
  - 816 East Third St
  - Farmville, VA 23901
  - (434) 392-6650

**Prince William**
- Advanced Home Care (Home Health)
  - 7669 Limestone Drive Suite 120
  - Gainesville, VA 20155
  - (757) 856-2063
- Maxim Healthcare Services
  - 12801 Darby Brooke Ct Ste 201
  - Woodbridge, VA 22192
  - (703) 490-0796
- Scarlet Haven Nursing Care
  - 1346 Old Bridge Rd Ste 101
  - Woodbridge, VA 22192
  - (703) 490-1197

**Pulaski**
- Medi Home Health Agency
  - 102 N Washington Ave
  - Pulaski, VA 24301
  - (540) 980-0478

**Radford City**
- Carilion Clinic Home Care (Carilion New River Valley Medical Ctr)
  - 701 Randolph St Ste 110
  - Roanoke, VA 24014
  - (540) 633-9354
### Intrepid USA Healthcare Services
101 West Main Street
Radford, VA 24141
(540) 731-3295

### The Pediatric Connection
1300 Semmes Avenue
Richmond, VA 23224
(804) 675-4550

### Maxim Healthcare Services
4522 Starkey Road SW Ste 203
Roanoke, VA 24018
(540) 563-1018

### Medi Home Health Agency
1825 Front St Ste 103A
Richlands, VA 24641
(276) 964-6391

### Intrepid USA Healthcare Services
5400 Electric Road Suite 200
Roanoke, VA 24018
(540) 280-1572

### Home Nursing Company
1770 East Main Street
Roanoke, VA 24012
(540) 415-9888

### Intrepid USA Healthcare Services
1412 Commerce Dr Ste 200
Roanoke, VA 24016
(540) 278-1322

### Home Nursing Company
56 Carroll and Tate Street
Lebanon, VA 24266
(540) 889-4318

### Intrepid USA Healthcare Services
1209 East Lee Highway
Chilhowie, VA 24319
(276) 646-2991

### Smyth Regional Homecare
1205 Snider St
Marion, VA 24354
(276) 782-9696

### Intrepid USA Healthcare Services
4522 Starkey Road SW Ste 203
Roanoke, VA 24018
(540) 752-1572

### Roanoke City
Carillion Clinic Home Care (Carillion Medical Center)
1412 Commerce Dr Ste 200
Roanoke, VA 24016
(540) 278-1322

### Kindred at Home
1302 Plantation Road
Roanoke, VA 24012
(540) 362-7578

### Roanoke City
Carillion Clinic Home Care (Carillion Medical Center)
1612 Franklin Rd SW
Roanoke, VA 24016
(540) 633-9354

### Maxim Healthcare Services
4910 Valley View Rd Suite 200
Roanoke, VA 24016
(540) 278-1322

### Russell
Divine Home Care Inc
1285 East Main Street
Lebanon, VA 24266
(276) 415-9888

### Home Nursing Company
1770 East Main Street
Lebanon, VA 24266
(276) 889-4318

### Russell County Hospital
56 Carroll and Tate Street
Lebanon, VA 24266
(276) 889-8000

### Russell County Medical Center (Home Health & Hospice)
58 Carroll St
Lebanon, VA 24266
(276) 883-8484

### Scott
MOUNTAIN REGION PERSONAL CARE SERVICES INC
463 Duff Patt Hwy Ste 102
Duffield, VA 24244
(276) 431-1440

### Virginia Beach City
All-4-One Home Healthcare Services, Inc
1629 Salem Road Suite 101
Virginia Beach, VA 23456
(757) 962-7838

### Virginia Beach City
BEST AND DEPENDABLE HOME HEALTH CARE
812 Newtown Rd
Virginia Beach, VA 23462
(757) 363-7542

### Virginia Beach City
Clearview Services, LLC
4531 Professional Circle Ste 102
Virginia Beach, VA 23455
(757) 453-5300

### Virginia Beach City
Interim HealthCare (Charlottesville)
3920 Plank Rd Ste 210
Fredericksburg, VA 22407
(540) 782-9696

### Virginia Beach City
Jewish Family Service of Tidewater
500 Corporate Woods Drive Suite 400
Virginia Beach, VA 23462
(757) 466-1401

### Virginia Beach City
Medi Home Health Agency
3002 Bourbon St
Fredericksburg, VA 22408
(540) 785-1577

### Virginia Beach City
Preferred Home Health
2007 Leatherwood Lane
Bluefield, VA 24605
(276) 322-1923

### Virginia Beach City
Preferred Home Health
2011 Second Street
Richlands, VA 24641
(276) 963-9577

### Virginia Beach City
Richmond City
The Pediatric Connection
1300 Semmes Avenue
Richmond, VA 23224
(804) 675-4550

### Roanoke
Interim Healthcare
211 Roanoke St Ste 11
Roanoke, VA 24018

### Roanoke
Intrepid USA Healthcare Services
4000 Electric Road Ste 200
Roanoke, VA 24018
(540) 752-1572

### Roanoke
Medi Home Health Agency
5369 Peters Creek Rd
Roanoke, VA 24019
(540) 278-1322

### Roanoke
Carilion Clinic Home Care (Carillion Medical Center)
1612 Franklin Rd SW
Roanoke, VA 24016
(540) 633-9354

### Roanoke
Kindred at Home
1302 Plantation Road
Roanoke, VA 24012
(540) 362-7578

### Roanoke
Maxim Healthcare Services
4910 Valley View Rd Ste 211
Roanoke, VA 24012
(540) 265-5901

### Suffolk City
Sentara Home Care - Home Health
154 Burnetts Way Ste 102
Suffolk, VA 23434
(757) 983-1900

### Suffolk City
3508 Robs Dr
Suffolk, VA 23434
(757) 553-3000

### Fremont
Intrepid USA Healthcare Services
106 Rowe Rd Ste 103
Staunton, VA 24401

### Staunton City
Intrepid USA Healthcare Services
106 Rowe Rd Ste 103
Staunton, VA 24401

### Tazewell
Carilion Clinic Home Care (Carillion Tazewell Community Hospital)
141 Ben Bolt Ave
Tazewell, VA 24651
(540) 633-9354

### Tazewell
Home Nursing Company
1330 Second Street
Richlands, VA 24641
(276) 964-6391

### Tazewell
Interim Healthcare
2296 Cedar Valley Drive
Cedar Bluff, VA 24609

### Tazewell
Intrepid USA Healthcare Services
2502 South Front Street
Richlands, VA 24641
(276) 596-9233

### Tazewell
MEDICAL SERVICES OF AMERICA HOME HEALTH AND HOSPICE
1825 Front St Ste 103A
Richlands, VA 24641
(276) 963-9899

### Washington
Home Nursing Service of Southwest Virginia, Inc.
611 Campus Dr Ste 300
Abingdon, VA 24210
(276) 628-2666

### Washington
Intrepid USA Healthcare Services
230 Charwood Dr Ste B
Abingdon, VA 24210
(276) 596-9233

### Washington
Johnston Memorial Home Health and Hospice
312 Cummings St
Abingdon, VA 24210
(276) 525-1227

### Washington
Maxim Healthcare Services
361 Falls Dr
Abingdon, VA 24210
(276) 619-5106

### Washington
450 Commerce Dr Ste 3
Abingdon, VA 24212
(276) 619-5106

### Winchester City
Winchester Medical Center (Valley Health)
333 W Cork St
Winchester, VA 22601
(540) 536-5200

### Wise
Advanced Home Care (Home Health)
165 Plaza Rd Suite 20
Wise, VA 24293
(276) 679-6269

### Wise
101 West Main Street
Radford, VA 24141
(540) 731-3295

### Other Services - Tier 1

### Winchester City
Winchester Medical Center (Valley Health)
333 W Cork St
Winchester, VA 22601
(540) 536-5200

### Winchester City
MEDICAL SERVICES OF AMERICA HOME HEALTH AND HOSPICE
206 Abingdon Place
Abingdon, VA 24211
(276) 625-8330

### Wythe
Circle Home Care
245 Holston Rd Ste A
Wytheville, VA 24382
(276) 228-2015

### York
Maxim Healthcare Services
101 Production Dr Ste 200
Yorktown, VA 23693
(757) 595-8822

### Home Health High Risk OB Care

### Albemarle
Sentara Home Care - Home Health
540 Greenfield Terrace
Charlottesville, VA 22901
(434) 964-3700

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**Optima Direct Network Providers**

9/2019

394
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td><strong>Allegany</strong></td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>103 Old Church Street Low Moor, VA 24457</td>
<td>(540) 863-2140</td>
</tr>
<tr>
<td><strong>Arlington</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHIP of Virginia</td>
<td>303 Wilson Blvd Ste 300B Arlington, VA 22201</td>
<td>(703) 228-1284</td>
</tr>
<tr>
<td><strong>Charlottesville City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHIP of Virginia</td>
<td>1138 Rose Hill Dr Charlottesville, VA 22903</td>
<td>(434) 972-6225</td>
</tr>
<tr>
<td><strong>Chesapeake City</strong></td>
<td></td>
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</tr>
<tr>
<td>CHIP of Virginia</td>
<td>1302 Jefferson St Chesapeake, VA 23324</td>
<td>(757) 543-9100</td>
</tr>
<tr>
<td>Sentara Home Care - Home Health</td>
<td>535 Independence Pkwy Ste 200 Chesapeake, VA 23320</td>
<td>(757) 553-3000</td>
</tr>
<tr>
<td><strong>Harrisonburg City</strong></td>
<td></td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>2000 Beery Rd Harrisonburg, VA 22801</td>
<td>(540) 566-3300</td>
</tr>
<tr>
<td><strong>Henrico</strong></td>
<td></td>
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<tr>
<td>CHIP of Virginia</td>
<td>2922 West Marshall St Richmond, VA 23230</td>
<td>(804) 233-2850</td>
</tr>
<tr>
<td>Optum Women's and Children's Health, LLC</td>
<td>450 Southlake Blvd Richmond, VA 23226</td>
<td>(804) 282-1541</td>
</tr>
<tr>
<td>Sentara Home Care - Home Health</td>
<td>3522 Maryland Ct Henrico, VA 23233</td>
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<tr>
<td><strong>James City</strong></td>
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<tr>
<td>CHIP of Virginia</td>
<td>151 Point Owoods Williamsburg, VA 23188</td>
<td>(757) 566-3300</td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>1100 Professional Dr Williamsburg, VA 23185</td>
<td>(757) 553-3000</td>
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<tr>
<td><strong>Newport News City</strong></td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>11844 Rock Landing Dr Ste A Newport News, VA 23603</td>
<td>(757) 736-0700</td>
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<td>11844 Rock Landing Dr Ste C Newport News, VA 23603 (757) 736-0700</td>
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<tr>
<td><strong>Petersburg City</strong></td>
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<tr>
<td>CHIP of Virginia</td>
<td>301 Halfax St Petersburg, VA 23803</td>
<td>(804) 862-8974</td>
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<tr>
<td><strong>Portsmouth City</strong></td>
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<tr>
<td>CHIP of Virginia</td>
<td>662 Lincoln St Portsmouth, VA 23704</td>
<td>(757) 391-0606</td>
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<tr>
<td><strong>Radford City</strong></td>
<td></td>
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<tr>
<td>CHIP of Virginia</td>
<td>444 West Main St Radford, VA 24141</td>
<td>(540) 633-2518</td>
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<tr>
<td><strong>Richmond City</strong></td>
<td></td>
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<tr>
<td>CHIP of Virginia</td>
<td>2225 Hanover Avenue Suite C Richmond, VA 23220</td>
<td>(804) 783-2667</td>
</tr>
<tr>
<td><strong>Roanoke City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHIP of Virginia</td>
<td>1201 3rd Street Roanoke, VA 24016</td>
<td>(540) 857-6993</td>
</tr>
<tr>
<td><strong>Suffolk City</strong></td>
<td></td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>154 Bumetts Way Ste 102 Suffolk, VA 23344</td>
<td>(757) 983-1900</td>
</tr>
<tr>
<td></td>
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<td>3508 Rosb Dr Suffolk, VA 23344 (757) 553-3000</td>
</tr>
<tr>
<td><strong>Virginia Beach City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sentara Home Care - Home Health</td>
<td>3760 Sentara Way Virginia Beach, VA 23452</td>
<td>(540) 306-2855</td>
</tr>
<tr>
<td><strong>Washington</strong></td>
<td></td>
<td></td>
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<tr>
<td>CHIP of Virginia</td>
<td>1173 West Main St Abingdon, VA 24210</td>
<td>(276) 623-9000</td>
</tr>
<tr>
<td><strong>Bath</strong></td>
<td></td>
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<tr>
<td>Bath Community Hospital</td>
<td>106 Park Drive Hot Springs, VA 24445</td>
<td>(540) 839-7000</td>
</tr>
<tr>
<td><strong>Bedford City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Linicare, Inc.</td>
<td>548 Blue Ridge Ave Ste B Bedford, VA 24523</td>
<td>(540) 586-5743</td>
</tr>
<tr>
<td><strong>Bristol</strong></td>
<td></td>
<td></td>
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<tr>
<td>Lincare, Inc.</td>
<td>1701 Euclid Ave Ste E Bristol, VA 24201</td>
<td>(540) 466-9202</td>
</tr>
<tr>
<td><strong>Buchanan</strong></td>
<td></td>
<td></td>
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<tr>
<td>Lincare, Inc.</td>
<td>Plaza Drive Ste 1103B Grundy, VA 24614</td>
<td>(276) 935-7346</td>
</tr>
<tr>
<td><strong>Chesapeake City</strong></td>
<td></td>
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<tr>
<td>Bon Secours Maryview Medical Center - Outpatient Infusion Centers</td>
<td>612 Kingsborough Sq Ste 300 Chesapeake, VA 23320</td>
<td>(757) 215-0229</td>
</tr>
<tr>
<td>Sentara Home Care - Home Health</td>
<td>535 Independence Pkwy Ste 200 Chesapeake, VA 23320</td>
<td>(757) 553-3000</td>
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<tr>
<td>Sentara Home Care Infusion Center</td>
<td>535 Independence Pkwy Ste 300 Chesapeake, VA 23320</td>
<td>(757) 553-3000</td>
</tr>
<tr>
<td><strong>Chesterfield</strong></td>
<td></td>
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<tr>
<td>Option Care</td>
<td>527 B Branchway Rd Richmond, VA 23236</td>
<td>(804) 378-8005</td>
</tr>
<tr>
<td><strong>Danville City</strong></td>
<td></td>
<td></td>
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<tr>
<td>Intravene OP LLC</td>
<td>4500 Riverside Drive Ste B Danville, VA 24541</td>
<td>(434) 792-5506</td>
</tr>
<tr>
<td>Lincare, Inc.</td>
<td>126 Woodside Drive Ste C Danville, VA 24540</td>
<td>(434) 836-0979</td>
</tr>
<tr>
<td><strong>Fairfax</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lincare, Inc.</td>
<td>4115 Pleasant Valley Road Suite 600 Chantilly, VA 20151</td>
<td>(703) 225-3090</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4230 Lafayette Dr Chantilly, VA 20151 (703) 263-0770</td>
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<td><strong>Hampton</strong></td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>113 Old Church Street Low Moor, VA 24477</td>
<td>(540) 863-2140</td>
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<td><strong>Harrisonburg City</strong></td>
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<td>2000 Beery Rd Harrisonburg, VA 22801</td>
<td>(540) 566-3300</td>
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<td>CHIP of Virginia</td>
<td>2922 West Marshall St Richmond, VA 23230</td>
<td>(804) 233-2850</td>
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<tr>
<td>Optum Women's and Children's Health, LLC</td>
<td>450 Southlake Blvd Richmond, VA 23226</td>
<td>(804) 282-1541</td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>3522 Maryland Ct Henrico, VA 23233</td>
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<td><strong>James City</strong></td>
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<tr>
<td>CHIP of Virginia</td>
<td>151 Point Owoods Williamsburg, VA 23188</td>
<td>(757) 566-3300</td>
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<tr>
<td>Sentara Home Care - Home Health</td>
<td>1100 Professional Dr Williamsburg, VA 23185</td>
<td>(757) 553-3000</td>
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</table>
### Other Services - Tier 1

<table>
<thead>
<tr>
<th>Location</th>
<th>Address Details</th>
</tr>
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<tbody>
<tr>
<td><strong>Lincare, Inc.</strong></td>
<td>5241 Cleveland Street Suite 107, Virginia Beach, VA 23462 (757) 671-1802</td>
</tr>
<tr>
<td><strong>Sentara HomeCare - Home Health</strong></td>
<td>3760 Sentara Way, Virginia Beach, VA 23452 (757) 306-2855</td>
</tr>
<tr>
<td><strong>Bristol Home Infusion</strong></td>
<td>18377 Westinghouse Rd, Abingdon, VA 24210 (276) 676-3468</td>
</tr>
<tr>
<td><strong>Lincare, Inc.</strong></td>
<td>366 W Main Street, Abingdon, VA 24210 (276) 676-2027</td>
</tr>
<tr>
<td><strong>Advanced Home Care (IV Therapy)</strong></td>
<td>30 Ebo Circle Suite 102, Waynesboro, VA 22980 (540) 932-3000</td>
</tr>
<tr>
<td><strong>Lincare, Inc.</strong></td>
<td>30 Ebo Circle, Waynesboro, VA 22980 (540) 932-3000</td>
</tr>
<tr>
<td><strong>Advanced Home Care (IV Therapy)</strong></td>
<td>500 Martha Jefferson Drive, Charlottesville, VA 22911 (434) 654-7000</td>
</tr>
<tr>
<td><strong>Lincare, Inc.</strong></td>
<td>104 Palmyra Drive, Salem, VA 24153 (540) 389-8121</td>
</tr>
<tr>
<td><strong>Advanced Home Care (Salem)</strong></td>
<td>72 Saint John Rd, Salem, VA 24153 (540) 389-8121</td>
</tr>
<tr>
<td><strong>UVA HealthSouth Rehabilitation Hospital</strong></td>
<td>515 Ray C Hunt Drive, Charlottesville, VA 22903 (434) 244-2000</td>
</tr>
<tr>
<td><strong>Chesapeake Regional Imaging Center, Kingsborough</strong></td>
<td>676 Kingsborough Sq Ste A, Chesapeake, VA 23320 (757) 547-4155</td>
</tr>
<tr>
<td><strong>Chesapeake Regional Medical Center</strong></td>
<td>736 N Battlefield Blvd (CGH), Chesapeake, VA 23320 (757) 312-8121</td>
</tr>
</tbody>
</table>
Chesterfield
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300
611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

Bon Secours St. Francis Watkins Center
Free-Standing Emergency Department 601 Watkins Centre Parkway
Midlothian, VA 23114
(804) 594-2100

Open MRI and Imaging of Richmond
11525 Midlothian Turnpike Suite 103 & 104
Midlothian, VA 23235
(804) 594-2550

West End Orthopaedic Clinic MRI
1400 Johnston Willis Drive Suite A
Richmond, VA 23235
(804) 379-8088

Culpeper
UVA Culpeper Hospital
501 Sunset Ln Culpeper, VA 22701
(540) 829-4100

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
The Fairfax MRI Center at Reston
8503 Arlington Blvd Ste LL120 Fairfax, VA 22031
(703) 481-9400

Fauquier
Fauquier Hospital
500 Hospital Dr Warrenton, VA 20186
(540) 347-2550

Franklin City
Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(757) 569-6100

Galax City
Twin County Regional Hospital
200 Hospital Drive
Galax, VA 24333
(276) 236-8181

Halifax
Halifax Regional Hospital
2204 Willborn Ave
South Boston, VA 24592
(434) 517-3100

Hampton City
Sentara CarePlex Hospital
300 Coliseum Dr Hampton, VA 23666
(757) 736-1000

Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100 Mechanicsville, VA 23116
(804) 442-3672
8260 Aftee Rd Mechanicsville, VA 23116
(804) 764-6000

Sheltering Arms Rehab Hospital
Inpatient South
8254 Aftee Road Mechanicsville, VA 23116
(804) 342-4300

Harrisonburg City
Sentara RMH Medical Center
2010 Health Campus Drive Harrisonburg, VA 22801
(540) 689-1000

Henrico
Bon Secours MRI of Richmond-Towne Center
5855 Bremo Rd Ste 701 Richmond, VA 23226
(804) 287-7162

Bon Secours St. Marys Hospital
5801 Bremo Rd Richmond, VA 23226
(804) 287-2011

Healthsouth Rehabilitation Hospital of Virginia
5700 Frizhugh Avenue Richmond, VA 23226
(804) 288-5700

Sheltering Arms Rehab Hospital
Inpatient South
4730 S Laburnum Avenue Richmond, VA 23226
(804) 764-1000

Isle of Wight
Sentara St. Luke's - Advanced Imaging Center - Isle of Wight
20209 Sentara Way Ste 108 Carrollton, VA 23314
(757) 542-1200

Lancaster
Rappahannock General Hospital
101 Harris Dr Kilmarnock, VA 22482
(804) 435-8000

Lynchburg City
Centra Lynchburg General Hospital
1901 Tate Springs Rd Lynchburg, VA 24501
(434) 947-3000

Centra Virginia Baptist Hospital
1901 Tate Springs Rd Lynchburg, VA 24501
(434) 947-4766
3300 Rivermont Ave Lynchburg, VA 24503
(434) 947-4668

Manassas City
Novant Health UVA Health System Prince William Medical Center
8700 Sudley Rd Manassas, VA 20110
(703) 369-8000

Newport News City
Bon Secours Mary Immaculate Hospital
2 Bernardine Dr Newport News, VA 23602
(757) 886-6000

Orthopaedic Surgery & Sports Medicine Spec - MRI
250 Nat Turner Blvd Newport News, VA 23607
(757) 596-1900

Norfolk City
Bon Secours DePaul Medical Center Inc
150 Kingsley Ln Norfolk, VA 23505
(757) 889-5000

Children's Hospital of the King's Daughters
601 Childrens Ln Norfolk, VA 23507
(757) 668-7000

Sentara Leigh Hospital
830 Kempsville Rd Norfolk, VA 23502
(757) 261-6000

Sentara Norfolk General Hospital
600 Gresham Dr Norfolk, VA 23507
(757) 388-3000

Page
Page Memorial Hospital Inc
200 Memorial Dr Lynchburg, VA 24501
(434) 743-4561

Petersburg City
Southside Regional Medical Center
200 Medical Park Blvd Petersburg, VA 23805
(804) 765-5000

Pittsylvania
Centra Virginia Baptist Hospital
291 McBride Ln Gretna, VA 24557
(434) 626-1274

Portsmouth City
Bon Secours Maryview Medical Center
3636 High St Portsmouth, VA 23707
(757) 398-2200

Prince Edward
Centra Southside Community Hospital
800 Oak St Farmville, VA 23901
(434) 392-8811

West End Orthopaedic Clinic MRI
1509 West Third Street Farmville, VA 23901
(434) 392-1512

Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St Richmond, VA 23223
(804) 225-1700

Shenandoah
Shenandoah Memorial Hospital Inc
759 S Main St Woodstock, VA 22664
(540) 459-4021

Suffolk City
Sentara Obici Hospital
2800 Godwin Blvd Suffolk, VA 23434
(757) 934-4000

Virginia Beach City
Sentara Virginia Beach General Hospital
1060 First Colonial Rd Virginia Beach, VA 23454
(757) 395-8000

Washington
Mobile Images Acquisitions, Inc.
851 French Moore Jr Boulevard Abingdon, VA 24210
(865) 693-1655

Winchester City
Winchester Medical Center
1840 Amherst St Winchester, VA 22601
(540) 536-8000

Optima Direct Network Providers 9/2019

Optima Health
Lynchburg City
Excel Prosthetics & Orthotics, Inc. 2255 Langhorne Road Suite 1 Lynchburg, VA 24501 (434) 528-3695
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic) 2015 Tate Springs Rd Ste 1 Lynchburg, VA 24501 (434) 846-1803
PROSTHETIC CONCEPTS, LLC 2201 Langhorne Road Suite A Lynchburg, VA 24501 (434) 528-1000
Virginia Prosthetics, Inc. 2025 Tate Springs Rd Ste A2 Lynchburg, VA 24501 (434) 455-2930

Manassas City
Don Joy Orthopaedics 8650 Sudley Rd Ste 209 Manassas, VA 20110 (800) 336-6569

Martinsville City
Virginia Prosthetics, Inc. 315 Hospital Drive Ste 104 Martinsville, VA 24112 445 E Commonwealth Blvd Ste C Martinsville, VA 24112 (276) 634-5690

Mecklenburg
SME, INC. USA 420 Bracey Ln South Hill, VA 23970 (800) 553-6971

Newport News City
Coastal Prosthetics & Orthotics, LLC 11818 Rock Landing Dr Newport News, VA 23606 (757) 892-5300
Don Joy Orthopaedics 11782 Rock Landing Rd Newport News, VA 23606 (800) 336-6569
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic) 704 Thimble Shoals Blvd Ste 400B Newport News, VA 23606 (757) 873-1984
Med Emporium 628 Pilot House Drive Newport News, VA 23606 (757) 434-5777
Reach Orthotic & Prosthetic Services 11747 Jefferson Ave Ste 5A Newport News, VA 23606 (757) 595-9800

Norfolk City
Booden Orthopedic & Prosthetic Center 2418 Granby St Norfolk, VA 23517 (757) 627-4191
Children's Hospital of the King's Daughters 601 Childrens Ln Norfolk, VA 23507 (757) 668-7000
Coastal Prosthetics & Orthotics, LLC 6320 N Center Dr Bldg 15 Ste 201 Norfolk, VA 23502 (757) 892-5300
Don Joy Orthopaedics 171 Kempvile Rd Ste 102 Norfolk, VA 23502 (800) 336-6569
Hanger Prosthetics & Orthotics East, Inc. (Hanger Clinic) 6275 E Virginia Beach Blvd Ste 100 Norfolk, VA 23502 (757) 461-0671
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic) 6275 East Virginia Beach Blvd Ste 100 Norfolk, VA 23502 (757) 461-0671
Med Emporium 2322 E Little Creek Rd Norfolk, VA 23518 (757) 588-1487
Tidewater Prosthetics Center, Inc. 6363 Center Dr Bldg 6 Ste 100 Norfolk, VA 23502 (800) 925-4844

Northampton
Orthofit Inc. 11556 O cocohannock Rd Exmore, VA 23350

Norton City
Appalachian Prosthetic & Orthotic Services, Inc. 750 Park Ave Norton, VA 24273 (276) 409-0001

Orange
HSF Prosthetics and Orthotics (UVA Physicians Group) 1015 Spring Creek Parkway Zion Crossroads, VA 22942 (434) 243-4670

Petersburg City
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic) 333 S Carter Rd Ste 3D Petersburg, VA 23805 (804) 733-0900

Portsmouth City
Drs. Althouse Carroll and Alperin LTD. 3410 County Street Portsmouth, VA 23707 (757) 393-2568

Radford City
Excel Prosthetics & Orthotics, Inc. 210 West Main Street Radford, VA 24141 (540) 731-1481

Richmond City
Don Joy Orthopaedics 1300 W Broad St Ste 113 Richmond, VA 23284 (800) 336-6569
500 Hoakas Rd Richmond, VA 23225 (800) 336-6569
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic) 201 N Belvedere St Richmond, VA 23220 (804) 643-9064

Roanoke City
Don Joy Orthopaedics 1102 Jefferson St SE Roanoke, VA 24016 (800) 336-6569
Excel Prosthetics & Orthotics, Inc. 115 Albemarle Ave SE Roanoke, VA 24013 (434) 797-1911
SME, INC. USA 2275 Westover Ave Roanoke, VA 24015 (800) 553-6971
Virginia Prosthetics, Inc. 4338 Williamson Rd Roanoke, VA 24012 (540) 366-8287

Salem
Davis & Davis, Inc t/a Lourine's Breast Prosthesis & Wigs 355 E 3rd Street Salem, VA 24153 (540) 387-1057

Shenandoah
Valley Orthotic Specialists Inc. 5421 Main Street Mount Jackson, VA 22842 (540) 477-9132

Spotsylvania
Don Joy Orthopaedics 12101 Carol Ln Fredericksburg, VA 22407 (800) 336-6569
Mobility Prosthetics & Orthotics 3808 Jefferson Davis Hwy Fredericksburg, VA 22408 (540) 899-0127

Stafford
US Orthotics & Prosthetics 30 Pound Country Drive Suite 103 Fredericksburg, VA 22405 (540) 899-2655

Suffolk City
Bennett's Creek Pharmacy 3219 Bridge Road Suffolk, VA 23435 (757) 483-6966
Coastal Carolina Prosthetics and Orthotics, Inc 148 Burnets Way Ste 104 Suffolk, VA 23434 (757) 934-2671
Eastern Virginia Orthotics and Prosthetics, Inc 3517 Lingfield Cove Suffolk, VA 23435 (757) 850-2831
Progressive Prosthetic & Orthopedic Services 1577 Wilroy Road Suite 300 Suffolk, VA 23434
Tidewater Prosthetics Center, Inc. 150 Burnets Way Ste 300 Suffolk, VA 23435 (757) 925-4844

Tazewell
Bristol Orthotics and Prosthetics 1059 Claywoood Hill Mall Ste 13 Cedar Bluff, VA 24609

Virginia Beach City
Booden Orthopedic & Prosthetic Center 5511 Princess Anne Rd Ste 101 Virginia Beach, VA 23462 (757) 940-8100
Coastal Prosthetics & Orthotics, LLC 1924 Landstown Centre Way Ste 109 Virginia Beach, VA 23456 (757) 892-5300
Don Joy Orthopaedics 1700 Will O Wisp Dr Virginia Beach, VA 23454 (800) 336-6569
1800 Republic Rd Ste 102 Virginia Beach, VA 23454 (800) 336-6569
Lawson Medical 1821 Old Donation Pkwy Suite 7 Virginia Beach, VA 23454 (757) 631-6311
Med Emporium 1940 Laskin Rd Ste 306 Virginia Beach, VA 23454 (757) 428-0787
Montagna Shoes
752 Independence Blvd Ste 4546
Virginia Beach, VA 23455
(757) 490-2034

Orthofit Inc.
3200 Dam Neck Rd Suite 108
Virginia Beach, VA 23453
(757) 206-5811

Progressive Prosthetic & Orthopedic Services
380 Cleveland Place
Virginia Beach, VA 23462
(757) 456-5501

SME, INC. USA
3708 Albacore Key
Virginia Beach, VA 23452
(800) 553-6971

United Medical, Inc.
4654 Haygood Road Suite B
Virginia Beach, VA 23455
(757) 363-7746

Vicki's Mastectomy Boutique
277 N Lynnhaven Rd Ste 108
Virginia Beach, VA 23452
(757) 463-5844

Eastern Shore Community Services Board
15150 Merry Cat Lane
Belle Haven, VA 23306
(757) 442-7599

Mosher Physical Therapy and Sports Medicine, PC
20435 Washington St
Onley, VA 23418
(757) 789-3075

Rehabilitation Associates
110 Market Street
Onancock, VA 23417
(757) 490-3223

Albemarle
Albemarle Physical Therapy Associates, PLLC
285 Hydraulic Ridge Rd Ste 4
Charlottesville, VA 22901
(434) 817-0980

Atlantic Sports & Rehabilitation Services, Inc.
1410 Incarnation Dr Ste 101
Charlottesville, VA 22901
(434) 978-4915

Blue Ridge Rehabilitation Associates, Incorporated
3010 Berkmar Dr
Charlottesville, VA 22901
(434) 973-5031

Brian Lambert Physical Therapy
1405 Rolkin Court Ste 102
Charlottesville, VA 22911
(434) 977-6700

Charlottesville Hand Surgery, PLC
320 Winding River Lane Ste 320
Charlottesville, VA 22911
(434) 984-4123

Connections Achievement and Therapy Center, Corp.
277 Hydraulic Ridge Rd
Charlottesville, VA 22901
(434) 529-6248

Crawford Physical Therapy Limited Partnership
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 949-5383

Northside Physical Therapy & Fitness
1770 Timberwood Blvd Ste 104
Charlottesville, VA 22911
(434) 964-0067

Pantops Physical Therapy, PC
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 244-0069

Phoenix Rehabilitation and Health Services of Virginia, LLC
2114 Angus Rd Ste 107
Charlottesville, VA 22901
(434) 295-4473

Physical Therapy at ACAC LLC
410 Albemarle Square
Charlottesville, VA 22901
(434) 817-7848

Physical Therapy at Atrium
595 Martha Jefferson Drive Suite 120
Charlottesville, VA 22911
(434) 817-7848

Pivot Physical Therapy of Virginia
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 242-6472

229 Conner Drive 16A
Charlottesville, VA 22911
(434) 218-1021

PT Plus Health, LLC
5690 Three Notch Rd Ste 107
Croziet, VA 22932
(434) 823-7613

Rehabilitation Associates of Central Virginia, LP
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 220-0069

Sentara Martha Jefferson Therapy - Outpatient Care Center Pantops
595 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-8888

Sentara Martha Jefferson Therapy - Outpatient Care Center Profit
3263 Profit Road
Charlottesville, VA 22911
(434) 654-4653

Spectrum Therapy
1622 Timberwood Boulevard Suite 211
Charlottesville, VA 22911
(434) 202-2830

2050 Abbey Road Suite B
Charlottesville, VA 22911
(434) 817-4100

696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Spectrum Therapy-Albemarle Clinic (Southeastern Physical Therapy)
696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Therapy 360, LLC
716 Levy Ave
Charlottesville, VA 22910
(703) 625-1027

Select Physical Therapy (Alexandria - South Carlin Springs Rd)
61 South Carlin Springs Road Suite 505
Arlington, VA 22204
(703) 820-5840

Select Physical Therapy (Alexandria - North Fairfax Dr)
4601 North Fairfax Drive Suite 100
Arlington, VA 22203
(703) 841-0395

Select Physical Therapy (Arlington - Clifton
445 Army Navy Drive
Arlington, VA 22206
(703) 769-8442

Sentara Martha Jefferson Therapy - Virginia, LP
571 Court St Suites A-C
Professional Bldg
Appomattox, VA 24522
(434) 352-5799

Sentara Martha Jefferson Therapy - Virginia, LP
595 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-8888

Sentara Martha Jefferson Therapy - Virginia, LP
3263 Profit Road
Charlottesville, VA 22911
(434) 654-4653

Spectrum Therapy
1622 Timberwood Boulevard Suite 211
Charlottesville, VA 22911
(434) 202-2830

2050 Abbey Road Suite B
Charlottesville, VA 22911
(434) 817-4100

696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Spectrum Therapy-Albemarle Clinic (Southeastern Physical Therapy)
696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Therapy 360, LLC
716 Levy Ave
Charlottesville, VA 22910
(703) 625-1027

Alexandria City
Select Physical Therapy (Alexandria - Ford Ave)
4401 Ford Avenue Suite 301
Alexandria, VA 22302
(703) 845-0500

Allegany
Allegany Health and Rehab
1725 Main Street
Clifton Forge, VA 24422
(540) 862-5791

Allegany Highlands Community Services
543 Church St
Clifton Forge, VA 24422
(540) 862-1620

550 W Pine St
Clifton Forge, VA 24422
(540) 862-2972

Alleghany Regional Hospital d/b/a LewisGale Allegany
One Arh Lane
Low Moor, VA 24457
(540) 862-6200

Ridgeline Physical Therapy, Inc
2901 Selma Low Moor Road
Low Moor, VA 24457
(540) 862-0068

Amelia
Amelia Physical Therapy
10130 Superior Way
Amelia Court House, VA 23002
(804) 561-1585

Amherst
Rehabilitation Associates of Central Virginia, LP
115 Ambarri Ct
Amherst, VA 24521
(434) 381-6090

118 Oakwood Dr Suite B
Madison Heights, VA 24572
(434) 845-5641

Appomattox
Rehabilitation Associates of Central Virginia, LP
571 Court St Suites A-C
Professional Bldg
Appomattox, VA 24522
(434) 352-5799

Arlington
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
4601 North Fairfax Dr Suite 100
Arlington, VA 22203
(703) 841-0395

Select Physical Therapy (Alexandria - Arny Navy Dr)
2445 Army Navy Drive
Arlington, VA 22206
(703) 769-8442

Select Physical Therapy (Arlington - South Carlin Springs Rd)
61 South Carlin Springs Road Suite 505
Arlington, VA 22204
(703) 820-5840

Select Physical Therapy (Douglas Avery - North Fairfax Dr)
4601 North Fairfax Drive Suite 100
Arlington, VA 22203
(703) 841-0395

Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 588-5486

Augusta
Advantage Physical Therapy of Virginia LLC
54 Franklin St Village Square Plaza
Weyers Cave, VA 24486
(540) 234-8800

Optima Direct Network Providers 9/2019
400
OptimaHealth
Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Barren Ridge Physical Therapy Limited Partnership
32 Windward Drive Suite 110
Fishersville, VA 22939
(540) 949-5383

Synergy Rehab and PT Wellness, PLC
1561 Commerce Rd Ste 402
Verona, VA 24482
(540) 416-9050

Wilson Workforce and Rehabilitation Center
243 Woodrow Wilson Ave
Fishersville, VA 22939
(540) 332-7082

Bath Community Hospital
106 Park Drive
Hot Springs, VA 22824
(540) 839-7000

Bedford
Rehabilitation Associates of Central Virginia, LP
1111 Corporate Park Dr Suite B
Forest, VA 24551
(540) 525-4851
12281 Moneta Rd Suite B
Moneta, VA 24412
(540) 296-3203

Bedford City
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Centra Outpatient Rehabilitation
1710 Whitfield Drive
Bedford, VA 24523
(540) 587-3246

Rehabilitation Associates of Central Virginia, LP
3 Cedar Hill Ct Suite C
Bedford, VA 24523
(540) 586-1138

Botetourt
Heartland Rehabilitation Services
19733 Main Street
Buchanan, VA 24066
(540) 254-2126

University Physical Therapy
65 Shenandoah Ave Suite 203
daleville, VA 24083
(540) 352-4304

Buchanan
Buchanan Therapy Services, Inc.
1103 H Plaza Drive
Grundy, VA 24441
(276) 935-5525

Merritt Physical Therapy & Rehab
1060 Anchorage Circle
Vansant, VA 24665
(276) 935-9496

Buena Vista City
Shenandoah Valley Health and Rehab
3737 Catalpa Avenue
Buena Vista, VA 24416
(540) 261-7444

Campbell
Rehabilitation Associates of Central Virginia, LP
120 W Rush Ct
Brookneal, VA 24528
(434) 376-2008
69 Barricks Ln Suite E
Rustburg, VA 24588
(434) 332-3904

Caroline
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
121 Courthouse Ln (Kessler)
Bowling Green, VA 24227
(804) 633-1212
Select Physical Therapy (Douglas Avery - Courthouse Lane)
121 Courthouse Lane Suite 100
Bowling Green, VA 24227
(804) 633-1212

Carroll
Carillon Bone and Joint Center PT/ST/OT
215 E Grayson St
Hillsville, VA 24343
(276) 773-8145

Heartland Rehabilitation Services
1113 Carrollton Pike
Hillsville, VA 24343
(276) 728-0070

Charlotte
Centra Outpatient Rehabilitation
312 King Street
Keysville, VA 23947
(434) 315-2920

Charlotte City
Albemarle Therapy Center Inc
1102 Rose Hill Dr
Charlottesville, VA 22903
(434) 979-8628
Balance Chiropractic, PLC
608 Preston Ave Ste 100
Charlottesville, VA 22903
(434) 293-3800
Cedars Healthcare Center
1242 Cedars Court
Charlottesville, VA 22903
(434) 296-5611
Encompass Therapy, LLC
4416 Ivy Commons
Charlottesville, VA 22903
(434) 249-3756

Golden LivingCenter - Charlottesville
1242 Cedars Ct
Charlottesville, VA 22903
(434) 296-5611
Physical Therapy at ACAC LLC
575 Four Leaf Lane
Charlottesville, VA 22903
(434) 817-4283
PT Plus Charlottesville
1910 Arlington Blvd
Charlottesville, VA 22903
(434) 984-0303
SELECT PHYSICAL THERAPY
250 Merchants Walk Avenue Suite 300
Charlottesville, VA 22902
(434) 328-4900
Select Physical Therapy (Select PT Holdings - Merchant Walk Ave)
250 Merchant Walk Avenue Suite 300
5th Street Station
Charlottesville, VA 22902
(434) 328-4900

Spectrum Therapy
902 E Jefferson St Ste 101 (Health & Wellness Clinic)
Charlottesville, VA 22902
(434) 295-6515
Spectrum Therapy (Health & Wellness Clinic)
902 E. Jefferson St. Ste 101
Charlottesville, VA 22902
(434) 295-6515
Spectrum Therapy Health & Wellness Clinic
902 E. Jefferson St Ste 101
Charlottesville, VA 22902
(434) 295-6515
The Performance Place Physical Therapy & Sports Medicine, LLC
1230 Cedars Court Suite 106
Charlottesville, VA 22903
(434) 220-0805
UVA Health Services Foundation
500 Ray C Hunt Dr
Charlottesville, VA 22908
(434) 295-1000
UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City
Bon Secours OccMed & Physical Therapy (Maryview Hospital, Inc.)
2613 Taylor Road Suite 102
Chesapeake, VA 23321
(757) 465-7651
Chesapeake Internists Ltd
113 Gainsborough Sq Ste 300
Chesapeake, VA 23320
(757) 547-9286
Chesapeake Regional Medical Center - Physical Therapy
736 N Battlefield Blvd (CGH)
Chesapeake, VA 23320
(757) 312-6122

Dominion Physical Therapy & Associates, Inc.
108 Knells Ridge Ste 200
Chesapeake, VA 23320

Maryview Health Care Center - Chesapeake
4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651

North Shore Sports & Physical Therapy
200 North Battlefield Blvd Ste 5
Chesapeake, VA 23320
(757) 547-1215

Physical Therapy Center of Chesapeake
747 4th Volvo Pkwy Ste 103
Chesapeake, VA 23320
(757) 420-2880

Pivot Physical Therapy of Virginia (Hampton Roads)
135 Hanbury Rd Suite E
Chesapeake, VA 23322
(757) 819-6512
135 W Hanbury Rd Suite E
Chesapeake, VA 23322
(757) 819-6512
4020 Raintree Road Ste D
Chesapeake, VA 23322
(757) 484-4241
927 N Battlefield Blvd Ste 200
Chesapeake, VA 23320
(757) 436-3350

Restorative Physical Therapy & Wellness, LLC
900 Stanhope Gardens Suite 101
Chesapeake, VA 23320
(757) 842-6562

Sentara Therapy Center - Philadelphia
1001 Scenic Parkway Suite 101
Chesapeake, VA 23323
(757) 388-9950

Sentara Therapy Center - Great Bridge YMC
633 Battlefield Boulevard South Suite 200
Chesapeake, VA 23322
(757) 233-4790

Sentara Therapy Center - Greenbrier
713 Volvo Parkway Suite 201
Chesapeake, VA 23320
(757) 282-4015

Southeastern Physical Therapy
680B Kingsborough Sq
Chesapeake, VA 23320
(757) 547-0434
### Other Services - Tier 1

<table>
<thead>
<tr>
<th>Establishment</th>
<th>Address</th>
<th>City</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ironbridge Outpatient Physical Therapy</td>
<td>11601 Ironbridge Rd Ste 110, Chester, VA 23831</td>
<td>Chesterfield</td>
<td>(804) 764-1001</td>
</tr>
<tr>
<td>James River Physical Therapy</td>
<td>9017 Forest Hill Ave Ste 2B, Richmond, VA 23225</td>
<td>Richmond</td>
<td>(804) 330-0936</td>
</tr>
<tr>
<td>Michael J. Kelo</td>
<td>12212 Branders Creek Dr, Chester, VA 23831</td>
<td>Chesterfield</td>
<td>(804) 425-4545</td>
</tr>
<tr>
<td>Midlothian Orthopedic Sports Therapy</td>
<td>2240 Oak Lake Blvd, Midlothian, VA 23112</td>
<td>Midlothian</td>
<td>(804) 464-2323</td>
</tr>
<tr>
<td>Midlothian Village Physical Therapy</td>
<td>14265 Midlothian Turnpike, Midlothian, VA 23113</td>
<td>Midlothian</td>
<td>(804) 464-2323</td>
</tr>
<tr>
<td>Pivot Physical Therapy of Virginia</td>
<td>10438 Iron Bridge Road Unit 34, Chester, VA 23831</td>
<td>Chesterfield</td>
<td>(804) 796-1518</td>
</tr>
<tr>
<td>ProCare Physical Therapy Inc.</td>
<td>2925 Polo Parkway, Midlothian, VA 23113</td>
<td>Midlothian</td>
<td>(804) 794-7587</td>
</tr>
<tr>
<td>ProCare Physical Therapy Inc.</td>
<td>6049 Harbour Park Drive, Midlothian, VA 23113</td>
<td>Midlothian</td>
<td>(804) 639-2359</td>
</tr>
<tr>
<td>Rehabilitation Associates</td>
<td>9325 Midlothian Turnpike Suite A, Richmond, VA 23235</td>
<td>Richmond</td>
<td>(757) 499-2669</td>
</tr>
<tr>
<td>SELECT PHYSICAL THERAPY</td>
<td>2423 Colony Crossing Place, Midlothian, VA 23112</td>
<td>Midlothian</td>
<td>(804) 763-2662</td>
</tr>
<tr>
<td>SELECT Physical Therapy (Select PT Holdings - Commons Plaza)</td>
<td>7061 Commons Plaza Suite A, Chesterfield, VA 23832</td>
<td>Chesterfield</td>
<td>(804) 717-2145</td>
</tr>
<tr>
<td>Synergy PT &amp; Athletic Performance</td>
<td>16412 Jefferson Davis Hwy, Colonial Heights, VA 23834</td>
<td>Colonial Heights</td>
<td>(804) 520-7779</td>
</tr>
</tbody>
</table>

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**Chesterfield**

- **Better Bodies Physical Therapy PLLC**
  - 1570 Early Settlers Road, North Chesterfield, VA 23235
  - (804) 330-9893

- **Bon Secours St. Francis Medical Center**
  - 13710 St Francis Blvd, Midlothian, VA 23114
    - (804) 594-7300
  - 611 Watkins Center Parkway Suite 150, Midlothian, VA 23114
    - (804) 893-8477

- **CJW Medical Center - Johnston-Willis Campus**
  - 1401 Johnston Willis Dr, Richmond, VA 23235
    - (804) 330-2000

- **Concentra Medical Centers**
  - 9211 Burge Ave, Richmond, VA 23237
    - (888) 997-2669

- **Foot and Ankle Specialists of the Mid-Atlantic, LLC dba FASMA**
  - 1465 Johnston Willis Dr, Richmond, VA 23235
    - (804) 320-3608

- **Hand Therapy Solutions**
  - 4030 Oakleaf Road, Richmond, VA 23235
    - (804) 839-0164

- **Healthsouth Sports Medicine & Rehabilitation Center of Midlothian**
  - 13620 Genito Rd Ste 107, Midlothian, VA 23112
    - (804) 763-2662

- **Healthsouth Sports Medicine and Rehabilitation Center of Chester**
  - 7061 Commons Plaza Ste A, Chesterfield, VA 23825
    - (804) 717-2145

---

**Colonial Heights**

- **Carlton E. Miller, MD, PC**
  - 110 Dunlop Village Circle, Colonial Heights, VA 23834
    - (804) 526-6062

- **Colonial Orthopaedics, Inc.**
  - 325 Charles H Dimmock Parkway Suite 100, Colonial Heights, VA 23834
    - (804) 526-5888

- **Douglas Avery & Associates, Ltd.**
  - dba NovaCare Rehabilitation
  - 326A Charles H Dimmock Pkwy Ste 6, Colonial Heights, VA 23834
    - (804) 524-0533

- **Pivot Physical Therapy of Virginia**
  - 300 B Temple Lake Drive Suite 1 Colonial Heights, VA 23834
    - (804) 524-9036

- **Select Physical Therapy (Douglas Avery - Charles H Dimmock Pky)**
  - 320B Charles H Dimmock Parkway Suite 6, Colonial Heights, VA 23834
    - (804) 524-0533

---

**Clarke**

- **Berryville Physical Therapy and Wellness, PLLC**
  - 322 A North Buckmarsh St, Berryville, VA 22611
    - (540) 955-1837

- **Rose Hill Health and Rehab**
  - 110 Chalmers Court, Berryville, VA 22611
    - (540) 955-9995

---

**Danville City**

- **Abercrombie Physical Therapy**
  - 2811 Riverside Dr, Danville, VA 24540
    - (434) 799-6100

- **Caring for U Therapy Services**
  - 10527 Martinsville Hwy Ste 3, Danville, VA 24541
    - (434) 685-3030

- **Centra Outpatient Rehabilitation**
  - 404 Airport Drive, Danville, VA 24540
    - (434) 797-1384

- **Danville Orthopaedic & Athletic Rehabilitation, Inc**
  - 2140 Franklin Turnpike, Danville, VA 24541
    - (434) 836-4158

- **Rehabilitation Services of Danville**
  - 990 Main St, Danville, VA 24541
    - (434) 792-7555

- **SOVAH Health - Danville**
  - 142 S Main St, Danville, VA 24541
    - (434) 799-4452

- **Spectrum Medical Inc. (Physical Therapy)**
  - 109 Bridge Street Suite 300, Danville, VA 24541
    - (434) 797-1807

---

**Culpeper**

- **Pivot Physical Therapy of Virginia**
  - 15531 Creativity Drive Suite 960, Culpeper, VA 22701
    - (540) 317-0888

- **Rappahannock Rapidan CSB**
  - 13561 Bradford Rd, Culpeper, VA 22701
    - (540) 825-5656

- **Spectrum Therapy**
  - 16260 Bennett Rd, Culpeper, VA 22701
    - (540) 727-0737

- **UVA Culpeper Hospital**
  - 501 Sunset Ln, Culpeper, VA 22701
    - (540) 829-4100

- **Virginia Orthopaedic Center**
  - 663 Sunset Ln, Culpeper, VA 22701
    - (540) 825-5362

---

**Covington City**

- **Acme Therapies Co**
  - 101 YMCA Way, Covington, VA 24426
    - (276) 352-4465

- **Highlands Therapy & Industrial Rehabilitation, Inc**
  - 320 W Main St, Covington, VA 24426
    - (540) 962-6226

---

**Other Services - Tier 1**

- **801 Poinderex Street Suite 219, Chesapeake, VA 23324**
  - (757) 548-0014

- **905 North Battlefield Blvd Suite 105, Chesapeake, VA 23320**
  - (757) 410-3157

- **The Therapy Network - Kingsborough**
  - 657 Kingsborough Sq Ste F & G, Chesapeake, VA 23320
    - (757) 547-7554

- **Tidewater Therapy for Children, PC**
  - 4016 Raintree Road Suite 100A, Chesapeake, VA 23321
    - (757) 488-2864

- **VANN Virginia Center for Orthopaedic PC**
  - 733 Volvo Parkway Suite 100, Chesapeake, VA 23320
    - (757) 226-9933

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**Optima Direct Network Providers 9/2019**

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**Optima Health**
Other Services - Tier 1

The Center for Pediatric Therapies Inc
175 Deer Run Rd
Danville, VA 24540
(434) 797-5531

Dickenson Community Hospital
312 Hospital Drive
Clintwood, VA 24228
(276) 926-0300

Dominion Health & Fitness
4862 Dickenson Highway
Clintwood, VA 24228
(276) 926-4516

Emporia Physical Therapy
727 North Main St
Emporia, VA 23847
(434) 336-5300

Dominion Health & Fitness
4862 Dickenson Highway
Clintwood, VA 24228
(276) 926-0300

Emporia City
Emporia Physical Therapy
317 North Main Street Suite C
Emporia, VA 23847
(434) 336-5300

Southern Virginia Regional Medical Center
6862 Elm Street Ste 105
Alexandria, VA 22310
(703) 719-6908

Essex
Essex Physical Therapy, Inc.
900 South Church Lane
Tappahannock, VA 22560
(804) 443-4850

Fairfax
Children's Heart Institute - VA, P.C.
312 Hospital Drive
Lorton, VA 22079
(703) 339-4440

Children's Multispecialty Clinic, PLC
172 Elen St Suite 24
Herndon, VA 20170
(703) 481-5801

Concentra Medical Centers
5590 General Washington Dr
Alexandria, VA 22312
(888) 997-2669

6813 Lee Hwy Ste 110
Fairfax, VA 22031
(888) 997-2669

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
3299 Woodburn Rd Ste 310
Annandale, VA 22003
(703) 849-8142

Golden LivingCenter - Sleepy Hollow
6700 Columbia Pike
Annandale, VA 22003
(703) 256-7000

Mount Vernon Healthcare Center
8111 Tis Well Drive
Alexandria, VA 22306
(703) 360-7400

Patriot Sports Medicine (Alexandria Sports)
4001 Fair Ridge Dr Ste 201
Fairfax, VA 22033
(703) 273-0093

SELECT PHYSICAL THERAPY SOLUTIONS
3914 Centreville Road Suite 240
Chantilly, VA 20151
(703) 689-2251

Reston Hospital Center
1850 Town Center Pkwy
Reston, VA 20190
(703) 689-9000

SELECT PHYSICAL THERAPY
150 Elden St Ste 250
Herndon, VA 20170
(703) 435-0090

6850 Versar Ctr Ste 241
Springfield, VA 22151
(703) 256-3400

6910 Richmond Hwy Ste 200
Alexandria, VA 22306
(703) 765-7700

940-K Old Burke Lake Rd
Burke, VA 22015
(703) 425-1800

Select Physical Therapy (Alexandria - Burke Ctr Pkwy)
6035 Burke Center Parkway Suite 300
Burke, VA 22015
(703) 978-3300

Select Physical Therapy (Alexandria - Fair Ridge Dr)
4001 Fair Ridge Drive Suite 201
Fairfax, VA 22033
(703) 273-0093

Select Physical Therapy (Alexandria - Hinson Farm Rd)
8101 Hinson Farm Road Suite 312
Alexandria, VA 22306
(703) 769-8455

Select Physical Therapy (Alexandria - Richmond Hwy)
10716 Richmond Highway Suite 103
Lorton, VA 22079
(703) 690-2309

Select Physical Therapy (Alexandria - Shawnee Rd)
5400 Shawnee Road Suite 104
Alexandria, VA 22312
(703) 256-4830

Select Physical Therapy (Douglas Avery - Elm St)
6862 Elm Street Suite 105
McLean, VA 22101
(703) 556-7788

Select Physical Therapy (Douglas Avery - Fuller Ct)
6166 Fuller Court
Alexandria, VA 22310
(703) 719-6908

Select Physical Therapy (Douglas Avery - Woodburn Rd)
3299 Woodburn Road Suite 310
Annandale, VA 22003
(703) 849-8142

Select Physical Therapy (Physiotherapy - Almbermarle Point PL)
14434 Almbermarle Point Place
Suite 200
Chantilly, VA 20151
(703) 378-5434

Select Physical Therapy (Physiotherapy - Church St NE)
501 Church Street NE
Suite 105
Vienna, VA 22180
(703) 938-8356

Select Physical Therapy (Physiotherapy - Curran St)
6733 Curran Street
Suite 100
McLean, VA 22101
(703) 448-0259

Select Physical Therapy (Physiotherapy - Sunrise Valley Dr)
12705 Sunrise Valley Drive
Suite T40
Reston, VA 20191
(703) 860-2391

Select Physical Therapy (Select PT Holdings - Alden St)
150 Elden Street
Suite 250
Herndon, VA 20170
(703) 435-0090

Select Physical Therapy (Select PT Holdings - Old Burke Lake Rd)
9409-K Old Burke Lake Road
Burke, VA 22015
(703) 425-1800

Select Physical Therapy (Select PT Holdings - Richmond Hwy)
6910 Richmond Highway
Suite 100
Alexandria, VA 22306
(703) 765-7700

Select Physical Therapy (Select PT Holdings - Versar Center)
6850 Versar Center Suite 241
Springfield, VA 22151
(703) 256-3400

Sleepy Hollow Healthcare Center
6700 Columbia Pike
Annandale, VA 22003

Fairfax City
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
11230 Waples Mill Rd Ste 130
Fairfax, VA 22030
(703) 273-2400

Results Rehabilitation & Fitness, Inc.
10373 A Democracy Lane
Fairfax, VA 22030
(703) 385-2855

Select Physical Therapy (Douglas Avery - Waples Mill Rd)
11230 Waples Mill Road Suite 130
Fairfax, VA 22030
(703) 273-2400

Fauquier
Blaser Physical Therapy, Inc.
40 North Hill Road
Warrenton, VA 20186
(540) 341-1922

Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

Floyd
Peak Rehabilitation
430 S Locust St
Floyd, VA 24091
(540) 745-5005

Fluvanna
Pivot Physical Therapy of Virginia
77 Market Street Suite B
Palmyra, VA 22963
(434) 510-7301

Spectrum Therapy
105 Cromfort Pl - Lake Monticello
Palmyra, VA 22963
(434) 589-9588

Spectrum Therapy-Fluvanna Clinic (Southeastern Physical Therapy)
100 Cromfort Place - Lake Monticello
Palmyra, VA 22963
(434) 589-9588

Franklin
Carilion Franklin Memorial Hospital
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 633-9353

Franklin City
Children's Therapy Concepts, LLC
107 E. 3rd Avenue
Franklin, VA 23851
(577) 776-3088

Pivot Physical Therapy of Virginia (Hampton Roads)
1580 Armory Drive Suite B
Franklin, VA 23851
(757) 562-0990

Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(757) 569-6100

Optima Direct Network Providers 9/2019
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Optima Health
Other Services - Tier 1

Southside Physical Therapy
(Physiotherapy Associates - Tier 1)
1580 Armory Dr Ste B
Franklin, VA 23851
(757) 562-0990

The Children's Center
700 Campbell Ave
Franklin, VA 23851
(757) 562-6806

Select Physical Therapy
(ProCare Physical Therapy Inc.)
160 Exeter Drive
Suite 101
Fredericksburg, VA 22401
(540) 368-1014

Spike & Sport Physical Therapy, PLLC
640 Warrior Dr Ste 115
Stephens City, VA 22655
(540) 868-9599

Fredericksburg City

Fredericksburg Orthopaedic Associates, PT
501 Park Hill Drive
Fredericksburg, VA 22401
(540) 372-6737

HealthSouth Rehabilitation Hospital of Fredericksburg
300 Park Hill Drive
Fredericksburg, VA 22401
(540) 368-7300

Hilltop Physical Therapy
605 Jefferson Davis Highway Ste 202
Fredericksburg, VA 22401
(540) 899-0002

Orthopaedic Specialty Clinic PT
2800 Welford Street Suite 100
Fredericksburg, VA 22401
(540) 361-1830

Pivot Physical Therapy of Virginia
1149 Jefferson Davis Highway
Fredericksburg, VA 22401
(540) 322-2518

Pratt Medical Center Ltd
1171 Central Park Blvd
Fredericksburg, VA 22401
(540) 785-7617

1451 Hospital Drive
Fredericksburg, VA 22401
(540) 368-3550

Rappahannock Area CSB
600 Jackson St
Fredericksburg, VA 22401
(540) 373-3223

Galax City

Galax Health and Rehab
836 Glendale Road
Galax, VA 24333
(763) 373-6778

Twin County Regional Hospital
Physical Therapy
200 Hospital Drive
Galax, VA 24333
(276) 236-1635

Greene
Small Talk Speech & Therapy
Center, LLC
69 Deane Road
Ruckersville, VA 22968
(434) 481-3524

Spectrum Therapy
138 Stonebridge Drive N Suite 4
Ruckersville, VA 22968
(434) 985-2288

Sentara Therapy Center - CarePlex
4000 Coliseum Dr Ste 120
Hampton, VA 23666
(757) 827-2070

Sentara Therapy Center - Coliseum
4001 Coliseum Dr Suite 200
Hampton, VA 23666
(757) 827-2220

Sentara Therapy Center - Hampton
YMCA
1 YMCA Way Suite B
Hampton, VA 23669
(757) 736-2676

Tidewater Orthopaedic Associates
901 Enterprise Pkwy Ste 900
Hampton, VA 23666
(757) 827-2480

Hanover

Ashland Physical Therapy Associates
203 N Washington Hwy
Ashland, VA 23005
(804) 340-1193

Bon Secours Memorial Regional Medical Center
2800 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3670

Bon Secours Memorial Regional Medical Center - PT
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3670

Douglas Avery & Associates, Ltd.
da NovaCare Rehabilitation
210 England St (Kessler)
Ashland, VA 23005
(804) 798-1591

Healthsouth Rehabilitation Center of Ashland
429 England St
Ashland, VA 23005
(804) 798-9870

Healthsouth Sports Medicine/Rehabilitation Ctr of Mechanicsville
7415 Lee Highway
Mechanicsville, VA 23111
(804) 559-2900

Physical Therapy Solutions, Limited Partnership
8201 Atlee Road Suite D
Mechanicsville, VA 23116
(804) 569-1787

Physiotherapy Associates of Mechanicsville
9979 Atlee Station Rd
Mechanicsville, VA 23203
(804) 559-3390

Pivot Physical Therapy of Virginia
7493 Right Flank Road Ste 410
Mechanicsville, VA 23116
(804) 569-1787

Optima Direct Network Providers 9/2019 404
SELECT PHYSICAL THERAPY  
429 Englewood St  
Ashland, VA 23005  
(804) 798-9870  
7415 Lee Davis Road  
Mechanicsville, VA 23111  
(804) 559-2900

Select Physical Therapy (Select PT Holdings - England St)  
429 Englewood Street  
Ashland, VA 23005  
(804) 798-9870

Select Physical Therapy (Select PT Holdings - Lee Davis Rd)  
7415 Lee Davis Road  
Mechanicsville, VA 23111  
(804) 559-2900

Sheltering Arms Hospital Outpatient Services  
8254 Meadowbridge Center at Hanover  
Mechanicsville, VA 23005  
(804) 798-9870

Sheltering Arms Rehabilitation Center at Hanover  
8226 Meadowbridge  
Mechanicsville, VA 23116  
(804) 764-1001

Harrisonburg City

Hospice Services

Advantage Physical Therapy of Virginia LLC  
313 Neff Ave Suite C  
Harrisonburg, VA 22801  
(540) 434-1200

Appalachian Physical Therapy  
2035 E Market St Suite 45  
Harrisonburg, VA 22801  
(540) 901-9501

Harrisonburg - Rockingham CSB  
1214 N Main St  
Harrisonburg, VA 22802  
(540) 434-1941

Hess Orthopaedic Center & Sports Medicine, PLC  
4165 Quarles Ct  
Harrisonburg, VA 22801  
(540) 437-1875

Occupational Therapy Clinical Education Services  
131 W Grace St Rm 1100  
Harrisonburg, VA 22807  
(540) 568-4980

RMH Outpatient Rehab Services  
501 Stone Spring Rd  
Harrisonburg, VA 22801  
(540) 433-4555

Parkview 1481 Virginia Ave  
Harrisonburg, VA 22802  
(540) 438-4228

Sun guitarist Retirement Community  
3935 Sun guitarist Dr  
Harrisonburg, VA 22801  
(540) 433-4198

RMH Rehab Services  
220 Reservoir St  
Harrisonburg, VA 22801  
(540) 433-8146

Sentara RMH East Market Street  
1790 East Market Street Ste 64B  
Harrisonburg, VA 22801  
(540) 564-5550

Sentara RMH Orthopedics and Sports Medicine  
2509 Pleasant Run Drive  
Harrisonburg, VA 22801  
(540) 689-5500

Sentara RMH Wellness Center  
2500 Wellness Drive  
Harrisonburg, VA 22801  
(540) 689-5500

The Center for Hand and Physical Therapy  
3221 Peoples Drive Suite 110  
Harrisonburg, VA 22801  
(540) 638-2478

Virginia Mennonite Rehab Center  
1481 Virginia Avenue  
Harrisonburg, VA 22801  
(540) 574-3850

Wampler & Associates Rehabilitation PC  
220 Reservior St  
Harrisonburg, VA 22801  
(540) 434-9207

Henrico

Beth Sholom Rehabilitation Clinic  
1600 John Rolfe Pkwy  
Richmond, VA 23228  
(804) 421-3532

2027 Lauderdale Dr  
Richmond, VA 23228  
(804) 421-5250

Bon Secours Physical Therapy & Sports Medicine  
9600 Patterson Ave  
Richmond, VA 23229  
(804) 285-6818

Bon Secours Richmond Hope Therapy Center (Pediatric)  
4900 Dominion Blvd Ste B  
Richmond, VA 23229  
(804) 747-4673

Bon Secours St. Marys Hospital  
5801 Bremo Rd  
Richmond, VA 23226  
(804) 285-2011

Center for Physical Therapy & Sports Medicine, PC  
3920 Springfield Rd  
Richmond, VA 23226  
(804) 747-7472

Concentra Medical Centers  
9900 W Broad St Ste C  
Richmond, VA 23260  
(804) 997-2609

Elizabeth Adam Crump Health and Rehab  
3600 Mountain Road  
Richmond, VA 23260  
(804) 672-8725

First Steps Physical Therapy, Inc.  
4915 Turner Ridge Court  
Glen Allen, VA 23059  
(804) 918-4010

Healthsouth Hand Rehabilitation Center  
7650 E Parham Rd Ste 100  
Richmond, VA 23294  
(804) 935-1378

Healthsouth Rehabilitation Hospital of Virginia  
5700 Fitzhugh Avenue  
Richmond, VA 23226  
(804) 288-5700

Healthsouth Sports Medicine & Rehabilitation Center  
7650 E Parham Rd Ste 120  
Richmond, VA 23294  
(804) 747-4417

Henrico Area Mental Health & Developmental Services  
10299 Woodman Rd  
Glen Allen, VA 23060  
(804) 261-8511

4825 S Laburnum Ave  
Richmond, VA 23231  
(804) 222-2607

Henrico Doctors' Hospital - Forest Campus  
1602 Skipwith Rd  
Richmond, VA 23229  
(804) 289-4500

Henrico Doctors' Hospital - Parham Campus  
7700 East Parham Rd  
Richmond, VA 23294  
(804) 747-5600

Infant and Child Development Services  
1901 Westwood Ave  
Richmond, VA 23227  
(804) 358-1874

Lawrence Rehabilitation Specialists  
2034 Dabney Rd Ste D  
Richmond, VA 23226  
(804) 523-2653

Physical Therapy Solutions, Limited Partnership  
4101 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 358-1874

3100 West Marshall Street  
Richmond, VA 23230  
(804) 342-5857

4831 S Laburnum Ave  
Henrico, VA 23231  
(804) 222-0745

4831 South Laburnum Ave  
Richmond, VA 23231  
(804) 222-0745

5801 Patterson Ave  
Richmond, VA 23226  
(804) 288-1380

9980 Brook Road Unit 10  
Glen Allen, VA 23059  
(804) 550-5730

Richmond Area Association for Retarded Citizens  
1901 Westwood Ave  
Richmond, VA 23227  
(804) 353-0163

3600 Saunders Ave  
Richmond, VA 23227  
(804) 358-1874

Richmond Physical Therapy Corp  
1700 Willow Lawn Drive Ste 230  
Richmond, VA 23230  
(804) 340-1193

Roberts Physical Therapy & Massage, Inc.  
3514 Mayland Court  
Richmond, VA 23233  
(804) 747-0003

RVA Physical Therapy & Sports Rehab, LLC  
5388 Twin Hickory Road Suite 102  
Glen Allen, VA 23059  
(804) 874-2476

SELECT PHYSICAL THERAPY  
1340 Gaskins Road Unit 12  
Richmond, VA 23238  
(804) 747-4417

Select Physical Therapy (Physiotherapy - West Broad St)  
8906 West Broad Street  
Suite F  
Richmond, VA 23294  
(804) 965-9990

Select Physical Therapy (Select PT Holdings - Gaskins Rd)  
1340 Gaskins Road  
Unit 12  
Henrico, VA 23238  
(804) 747-4417

Sheltering Arms Hospital Outpatient Services  
4730 S Laburnum Avenue  
Richmond, VA 23231  
(804) 764-1001

Sheltering Arms Midtown  
4730 S Laburnum Avenue  
Richmond, VA 23231  
(804) 764-1001

Sheltering Arms Outpatient at the St. Mary's Hospital Campus  
3809 Bremo Rd Ste 101  
Richmond, VA 23226  
(804) 288-1545
Other Services - Tier 1

Sheltering Arms Therapy Clinics, LLC dba PT Works
2296 John Rolfe Pkwy
Richmond, VA 23233
(804) 741-7077

Spot on Therapy Group LLC
1460 Waller Rd Suite 200
Richmond, VA 23220
(804) 893-5010

Tuckahoe Orthopaedic Associates, Ltd
1501 Maple Ave Northwest MOB Ste 303
Richmond, VA 23226
(804) 285-2300

U.S. PT Managed Care dba Virginia Sports Medicine & Physical Thy
109 Bulifants Blvd Ste B
Williamsburg, VA 23188
(757) 229-9740

Comber Physical Therapy
109 Bulifants Blvd Ste B
Williamsburg, VA 23188
(757) 229-9740

Peak Physical Therapy, PLC
344 McLawns Cir
Williamsburg, VA 23185
(757) 564-7381

Pivot Physical Therapy of Virginia (Hampton Roads)
156 B Strawberry Plains Road Williamsburg, VA 23188
(757) 565-6445
4125 Ironbound Rd Ste 100 Williamsburg, VA 23188
(757) 220-8312
7151 Richmond Road Ste 101 Williamsburg, VA 23188
(757) 345-0753

Sentara Therapy Center - Jamestown
5301 Longhill Rd
Williamsburg, VA 23188
(757) 259-4221

Sentara Therapy Center - Kings Mill
1915 Pochantos Trail Suite F10 Williamsburg, VA 23188
(757) 984-9785

Sentara Therapy Center - Williamsburg YMCA
301 Sentara Circle YMCA Building Williamsburg, VA 23188
(757) 984-9900

TPMG PT & OT
5424 Discovery Park Boulevard Suite 101
Williamsburg, VA 23188
(757) 345-2512

Williamsburg Physical Therapy & Sports Therapy Center
156 Strawberry Plains Rd Ste B
Williamsburg, VA 23185
(757) 220-8353

Williamsburg Speech Specialties
3901 Treyburn Dr Suite 101
Williamsburg, VA 23185
(757) 229-2516

Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Children's Heart Institute - VA, P.C.
19465 Deerfield Avenue Suite 310
Leesburg, VA 20176
(703) 724-4003

Children's Multispecialty Clinic, PLC
19465 Deerfield Avenue Suite 310
Leesburg, VA 20176
(703) 724-4003

Concentra Medical Centers
45305 Catalina Ct Ste 103
Sterling, VA 20166
(888) 997-2669
46440 Benedict Dr Ste 108
Sterling, VA 20164
(888) 997-2669

Leesburg Physical Therapy
44055 Riverside Pkwy Ste 118
Leesburg, VA 20176
(703) 858-3100

Oncology Rehab and Wellness
20098 Ashbrook Place Ste 190 Ashburn, VA 20147
(703) 789-0367

Physical Restoration and Sports Medicine
46304 McClellan Way
Sterling, VA 20165
(703) 444-8210

Select Physical Therapy (Leesburg - Fort Evans Rd)
540 Fort Evans Road Suite 206
Leesburg, VA 20176
(703) 777-1026

Select Physical Therapy (Leesburg - Pickwick Dr)
17340 Pickwick Drive Suite 120
Purcellville, VA 20132
(540) 338-0685

Select Physical Therapy (Leesburg - Sandbridge Way)
19500 Sandridge Way Suite 390 Lansdowne, VA 20176
(703) 858-3100

Select Physical Therapy (Physiotherapy - Filigree Ct)
21785 Filigree Court Suite 209 Ashburn, VA 20147
(703) 723-8800

Select Physical Therapy (Physiotherapy - Ridgetop Circle)
21620 Ridgetop Circle Suite 180 Sterling, VA 20166
(703) 406-0296

StoneSprings Hospital Center
24440 Stone Springs Blvd Dulles, VA 20166
(571) 349-4000

Carilion Physical Therapy
500 Irvington Rd
Kilmarnock, VA 22482
(804) 435-3435

Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Carousel Physical Therapy
282 Westgate Mall Circle Suite 104 Pennington Gap, VA 24277
(276) 546-1234

Moving Forward Physical Therapy
25 Crossing Lane Suite 1
Lexington, VA 24450
(540) 463-5888

Blue Ridge Physical Therapy
20 Pidgeon Hill Dr Suite 103 Sterling, VA 20165
(202) 870-4996

One Optima Direct Network Providers 9/2019
406
Montgomery
Blacksburg Center for Pain Management, Inc.
1901 S Main Street Ste 8
Blacksburg, VA 24060
(540) 605-9773

Carillon Bone and Joint Center PT/ST/OT
2900 Lamb Circle
Christiansburg, VA 24073
(540) 633-0523

Carillon New River Valley Medical Center
2900 Tyler Rd
Christiansburg, VA 24073
(540) 731-2000

Core Physical Therapy Blacksburg
1901 South Main Street Suite 8
Blacksburg, VA 24060
(540) 315-3000

Montgomery Regional Hospital d/b/a LewisGale Montgomery
3700 Main Street
Blacksburg, VA 24060
(540) 951-1111

Pivot Physical Therapy of Virginia
872 Prices Fork Road
Blacksburg, VA 24060
(540) 739-2161

Professional Rehab Associates, Inc.
2875 Barn Road Ste 100
Christiansburg, VA 24073
(540) 639-5786

Total Motion Physical Therapy
227 Central Ave Ste C
Christiansburg, VA 24073
(540) 585-4841

University Physical Therapy
825 Davis Street Ste B
Blacksburg, VA 24060
(540) 552-5100

University PT - Christiansburg 115
Acres Farm Rd NE Ste 1
Christiansburg, VA 24073
(540) 581-9100

University PT - West Blacksburg
920 Plantation Rd Ste 100
Blacksburg, VA 24060
(540) 951-0742

Nelson
Blue Ridge Medical Center, Inc.-PT
4038 Thomas Nelson Hwy
Arlington, VA 22292
(434) 263-4000

Lovingston Physical Therapy
8445 Thomas Nelson Highway
Lovingston, VA 22949
(434) 263-6200

PT PLUS OF AFTON LLC
7850 Rockfish Hwy
Afton, VA 22920
(540) 456-6222

Rehabilitation Associates of Central Virginia, LP
61 Calliohill Drive
Lovingston, VA 22949
(434) 226-0612

New Kent
Henrico Area Mental Health & Developmental Services
9403A Pocahontas Trail
Providence Forge, VA 23140
(804) 966-5959

Sentara Therapy Center - Quinton
2500 New Kent Highway
Quinton, VA 23141
(804) 557-3952

Newport News City
Dominion Physical Therapy & Associates, Inc.
466 Denbgith Blvd
Newport News, VA 23608
(757) 875-0861

Hampton Roads Orthopaedics & Sports Med - Physical Therapy
730 Thimble Shools Blvd Ste 130
Newport News, VA 23606
(757) 873-1554

Mary Immaculate Hospital Rehabilitative Services Dept.
2 Bermuda Dr
Newport News, VA 23602
(757) 886-6480

Mary Immaculate OccuMed
14703 Warwick Blvd Ste B
Newport News, VA 23608
(757) 874-1962

Orthopaedic & Spine Ctr (Orthopaedic Surgery & Sports Med Spec)
250 Nat Turner Blvd
Newport News, VA 23607
(757) 596-1900

298 Nat Turner Blvd
Newport News, VA 23607
(757) 596-1900

Physical Therapy Now (Bruce Templeton PT)
704 Thimble Shools Blvd Ste 400A
Newport News, VA 23606
(757) 591-2668

Pinnacle Hand Therapy
704 Middle Ground Blvd Ste D
Newport News, VA 23606
(757) 595-4880

Pivot Physical Therapy of Virginia (Hampton Roads)
12494 Warwick Blvd
Newport News, VA 23606
(757) 599-5551

12695 McManus Blvd Bldg 6 Ste B
Newport News, VA 23606
(757) 874-0032

751 J Clyde Morris Blvd
Newport News, VA 23601
(757) 873-2123

Sentara Therapy Center - Newport News YMCA
7827 Warwick Blvd Suite A
Newport News, VA 23607
(757) 736-9390

Sentara Therapy Center - Port Warwick
1051 Lofith Blvd Suite 200
Newport News, VA 23606
(757) 736-9320

Southeastern Physical Therapy
12610 Patrick Henry Drive Suite H
Newport News, VA 23602
(757) 874-1470

TPMG PT & OT
860 Omni Blvd Suite 103
Newport News, VA 23606
(757) 223-9403

Atlantic Physical Therapy, P.C.
6530 Newtown Rd Suite 100
Norfolk, VA 23502
(757) 466-4401

Bayview Physical Therapy & Wellness Ctr
7930 Chesapeake Blvd Ste F
Norfolk, VA 23518
(757) 589-4325

Bonnucors DePaul Medical Center-Outpatient Rehab Services
150 Kingsley Ln
Norfolk, VA 23505
(757) 889-5201

Bonnecors In Motion Physical Therapy Center
885 Kempsville Rd Ste 300
Norfolk, VA 23502
(757) 955-2800

Children's Hospital of the King's Daughters
601 Childrens Ln
Norfolk, VA 23507
(757) 688-7000

Children's Hospital of the King's Daughters(SM Therapy in Ghent)
702 West 21st Street
Norfolk, VA 23517
(757) 668-4800

Direct Performance Physical Therapy
1900 Monticello Ave
Norfolk, VA 23517
(757) 609-0048

Dominion Physical Therapy & Associates, Inc.
301 Riverview Ave Ste 520
Norfolk, VA 23510
(757) 963-5588

5701 Cleveland Street Ste 600
Norfolk, VA 23514
(757) 995-2700

In Motion at the Atrium - DePaul (Bonn Secours)
160 Kingsley Ln Ste 501
Norfolk, VA 23505
(757) 889-5201

Norfolk Physical Therapy Center
839 Poplar Hall Dr
Norfolk, VA 23502
(757) 459-2112

Other Services - Tier 1

Novant Health UVA Health System
Prince William Medical Center
8700 Sudley Rd
Manassas, VA 20110
(703) 369-8000

Sentara Therapy Center - Middlesex
Acmetherapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Sentara Therapy Center Health and Rehab
1607 Spruce Street
Martinsville, VA 24112
(276) 632-7146

Sentara Therapy Center - Physical Therapy Solutions, Limited
812 E Church St
Martinsville, VA 24112
(276) 638-4809

Sentara Therapy Center - Mathews
320 Hospital Drive
Martinsville, VA 24112
(276) 666-7654

Sentara Therapy Center - Therapy Associates of Martinsville
2802 Greensboro Dr
Martinsville, VA 24115
(276) 666-1600

Sentara Therapy Center - Therapy Direct
3 Dudley Street
Martinsville, VA 24112
(276) 632-5281

Mathews
Physical Therapy Solutions, Limited Partnership
407 E Canal Street
Richmond, VA 23119
(804) 840-0834

Sentara Therapy Center - Mathews
75 Main Street Suite E
Mathews, VA 23109
(804) 725-2451

Mecklenburg
In Touch Therapy, PLC
1187 North Mecklenburg Avenue
South Hill, VA 23970
(434) 447-3322

Speech Beyond Words Therapy Services, Inc.
868 N Mecklenburg Ave
South Hill, VA 23970
(434) 774-4057

Middlesex
MPNN CSB
5372B Old Virginia Street
Urbanna, VA 23175
(804) 758-5250

Sentara Therapy Center - Middlesex YMCA
11487 General Puller Hwy
Hartfield, VA 23861
(804) 776-1008

Optima Direct Network Providers 9/2019 407
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<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td><strong>Northampton</strong></td>
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<tr>
<td>Mosher Physical Therapy and Sports Medicine, PC</td>
<td>712 Randolph Ave, Cape Charles, VA 23310</td>
<td>(757) 331-4490</td>
</tr>
<tr>
<td>Northumberland</td>
<td></td>
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<tr>
<td>Abilities Abound Physical Therapy and Wellness Center, PLLC</td>
<td>765 Northumberland Highway, Callao, VA 22435</td>
<td>(804) 529-5178</td>
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<tr>
<td>Belfield Physical Therapy</td>
<td>16155 Northumberland Highway, Reedsdale, VA 22539</td>
<td>(804) 220-2009</td>
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<tr>
<td><strong>Nottoway</strong></td>
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<tr>
<td>Blackstone Physical Therapy</td>
<td>920 South Main Street, Blackstone, VA 23824</td>
<td>(434) 292-4167</td>
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<tr>
<td>Progressive Therapy</td>
<td>104 West Broad St, Blackstone, VA 23824</td>
<td>(434) 298-0141</td>
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<tr>
<td><strong>Orange</strong></td>
<td></td>
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<tr>
<td>Novacare Rehabilitation</td>
<td>5477 Germanna Hwy, Locust Grove, VA 22508</td>
<td>(540) 972-9610</td>
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<tr>
<td>Select Physical Therapy (RehabClinics - Germanna Hwy)</td>
<td>5477 Germanna Highway, Locust Grove, VA 22508</td>
<td>(540) 972-9610</td>
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<tr>
<td>Spectrum Therapy</td>
<td>70 Jefferson Court Suite 102, Zion Crossroads, VA 22942</td>
<td>(540) 832-3061</td>
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<tr>
<td>Excel Therapy</td>
<td>200 Leaskville Rd, Luray, VA 22835</td>
<td>(540) 743-0502</td>
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<tr>
<td>Page Memorial Hospital Inc</td>
<td>200 Memorial Dr, Luray, VA 22835</td>
<td>(540) 743-4561</td>
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<tr>
<td><strong>Patrick</strong></td>
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<tr>
<td>Bassett Physical Therapy</td>
<td>797 Woodland Drive Ste 102, Stuart, VA 24171</td>
<td>(276) 694-0124</td>
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<td><strong>Petersburg City</strong></td>
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<tr>
<td>Battlefield Park Healthcare Center</td>
<td>250 Flank Road, Petersburg, VA 23805</td>
<td>(804) 861-2223</td>
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<tr>
<td>Golden LivingCenter - Battlefield Park</td>
<td>250 Flank Rd, Petersburg, VA 23805</td>
<td>(804) 861-2223</td>
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<tr>
<td>Golden LivingCenter - Petersburg</td>
<td>287 E South Boulevard, Petersburg, VA 23805</td>
<td>(804) 733-1190</td>
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<tr>
<td>HealthSouth Rehabilitation Hospital of Petersburg</td>
<td>95 Pine Hill Blvd, Petersburg, VA 23805</td>
<td>(804) 673-4479</td>
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<tr>
<td>Petersburg Healthcare Center</td>
<td>287 E South Boulevard, Petersburg, VA 23805</td>
<td>(804) 733-1190</td>
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<tr>
<td>Southside Regional Medical Center - Physical Therapy</td>
<td>200 Medical Park Blvd, Petersburg, VA 23805</td>
<td>(804) 765-5000</td>
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<td><strong>Pittsylvania</strong></td>
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<tr>
<td>Centra Health Medical Center - Gretna</td>
<td>1220 West Gretna Rd, Gretna, VA 23557</td>
<td>(434) 947-5439</td>
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<tr>
<td>Centra Outpatient Rehabilitation</td>
<td>291 McBride Lane, Gretna, VA 23557</td>
<td>(434) 656-4607</td>
</tr>
<tr>
<td>Rehabilitation Associates of Central Virginia, LP</td>
<td>527 Pocket Rd, Hurt, VA 24563</td>
<td>(434) 324-9750</td>
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<tr>
<td><strong>Poquoson City</strong></td>
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<tr>
<td>Bayside of Poquoson Health and Rehab</td>
<td>1 Vantage Drive, Hampton, VA 23662</td>
<td>(757) 986-9660</td>
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<tr>
<td><strong>Portsmouth City</strong></td>
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<tr>
<td>Bon Secours Hampton Roads - Rehabilitation Services</td>
<td>3636 High St, Portsmouth, VA 23707</td>
<td>(757) 398-2627</td>
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<tr>
<td>Bon Secours OccuMed &amp; Physical Therapy (Maryview Hospital, Inc.)</td>
<td>In Motion Physical Therapy @ High St 3300 High St Ste 1A, Portsmouth, VA 23707</td>
<td>(757) 673-5689</td>
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<tr>
<td>Dominion Physical Therapy &amp; Associates, Inc.</td>
<td>590 Rodman Ct Ste 4, Portsmouth, VA 23707</td>
<td>(757) 393-6119</td>
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<tr>
<td>HANSEL UNION CONSULTING, PLLC</td>
<td>711 Court Street, Portsmouth, VA 23704</td>
<td>(757) 967-9926</td>
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<tr>
<td>Orthopaedic Surgery Centers, PC II</td>
<td>3300 High St Suite I, Portsmouth, VA 23707</td>
<td>(757) 397-0783</td>
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<tr>
<td>Portsmouth Orthopaedic Associates, Inc.</td>
<td>2929 London Blvd, Portsmouth, VA 23707</td>
<td>(757) 397-1201</td>
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<tr>
<td>Sentara Life Care - Portsmouth Therapy Center</td>
<td>4201 Greenwood Dr, Portsmouth, VA 23701</td>
<td>(757) 673-5020</td>
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<tr>
<td><strong>Powhatan</strong></td>
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<tr>
<td>Pivot Physical Therapy of Virginia</td>
<td>3510 Anderson Highway Ste 2, Powhatan, VA 23139</td>
<td>(804) 598-2100</td>
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<tr>
<td><strong>Prince Edward</strong></td>
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<tr>
<td>Centra Outpatient Rehabilitation</td>
<td>935 Main St, Farmville, VA 23901</td>
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<tr>
<td>Centra Southside Community Hospital</td>
<td>800 Oak St, Farmville, VA 23901</td>
<td>(434) 392-8811</td>
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<tr>
<td>Progressive Therapy</td>
<td>1412 West Third Street, Farmville, VA 23901</td>
<td>(434) 392-1596</td>
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<tr>
<td><strong>Woodland</strong></td>
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<td><strong>Woodland</strong></td>
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<tr>
<td><strong>Woodbridge</strong></td>
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<tr>
<td><strong>Prince William</strong></td>
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<tr>
<td>Arthritis and Osteoporosis Center of Northern Virginia</td>
<td>8100 Ashton Avenue Suite 215, Manassas, VA 20109</td>
<td>(703) 361-3255</td>
</tr>
<tr>
<td>Douglas Avery &amp; Associates, Ltd.</td>
<td>dba NovaCare Rehabilitation</td>
<td>2076 Daniel Stuart Sq, Woodbridge, VA 22191</td>
</tr>
<tr>
<td>Fusion Physical Therapy</td>
<td>12731 Marblestone Drive Suite 202, Woodbridge, VA 22192</td>
<td>(757) 659-2612</td>
</tr>
<tr>
<td>Lake Ridge Physical Therapy</td>
<td>12544 Dillingham Square, Woodbridge, VA 22192</td>
<td>(703) 730-6969</td>
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</tbody>
</table>
Other Services - Tier 1

Novant Health UVA Health System
Haymarket Medical Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

PRINCE WILLIAM

Pivot Physical Therapy of Virginia
-4214 Fortuna Center Plaza
Dumfries, VA 22025
(571) 402-2098

Prince William

Results Rehabilitation & Fitness, Inc.
7521 Virginia Oaks Drive Suite 240
Gainesville, VA 20155
(703) 753-7600

SELECT PHYSICAL THERAPY
14524 Potomac Mills Rd
Woodbridge, VA 22192
7900 Sudley Rd Ste 803
Manassas, VA 20109
(703) 366-3948

Select Physical Therapy (Select PT
Holdings - Potomac Mills Rd)
14524 Potomac Mills Road
Woodbridge, VA 22192
(703) 490-6726

Select Physical Therapy (Select PT
Holdings - Sudley Rd)
7900 Sudley Road
Suite 803
Manassas, VA 20109
(703) 366-3948

Pulaski

Columbia Pulaski Community Hospital
d/b/a LewisGale Pulaski
2400 Lee Hwy N
Pulaski, VA 24301
(540) 387-9142

Heartland Rehabilitation Services
5286 Alexander Rd
Dublin, VA 24084
(540) 674-6400

Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

University Physical Therapy
5255 Alexander Road
Dublin, VA 24444
(540) 307-4249

Richmond

Belfield Physical Therapy
4562 Richmond Rd
Warwick, VA 22572
(804) 333-8222

Richmond City

Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

Center for Physical Therapy & Sports Medicine, PC
401 E Canal St
Richmond, VA 23219
(804) 523-4634

CJW Medical Center - Chippenham Campus
7101 Jahnke Rd
Richmond, VA 23225
(804) 320-3911

Henrico Doctors' Hospital - Retreat Campus
2621 Grove Ave
Richmond, VA 23220
(804) 254-5100

Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke

Back to Basics Family Physical Therapy
7768 Williamson Road
Roanoke, VA 20419
(540) 985-0500

Berotourt Athletic Club
105 Summerfield Ct
Roanoke, VA 20419
(540) 992-2993

Brandon Oaks Nursing and Rehab Center
3837 Brandon Ave SW
Roanoke, VA 20418
(540) 776-2616

Carlton Bone and Joint Center PT/ST/OT
204 S Maple Street
Vinton, VA 24179
(540) 266-6950

Connections Achievement and Therapy Center, Corp.
5430 Peters Creek Rd Suite 108
Roanoke, VA 20419
(540) 400-8505

Heartland Rehabilitation Services
6515 Williamson Rd
Roanoke, VA 20419
(540) 366-2243

Lucas Therapies, PC
4533 Brambleton Ave
Roanoke, VA 20418
(540) 772-8022

Pivot Physical Therapy of Virginia
2033 Colonial Avenue SW Suite 138
Roanoke, VA 20415
(540) 466-3981

Professional Therapies of Roanoke, Inc.
1421 Third St SW
Roanoke, VA 20416
(540) 982-2208

Spine and Orthopedic Rehab of VA, Inc
1310 Third St SW
Roanoke, VA 20416
(540) 985-6500

Sentara RMH East Rockingham Health Center
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Sentara RMH Timber Way Health Center
13892 Timber Way
Broadway, VA 22815
(540) 901-0888

Russell

Lebanon Physical Therapy & Rehabilitative Services
272 Highland Dr
Lebanon, VA 24266
(276) 889-4090

Russell County Hospital
56 Carroll and Tate Street
Lebanon, VA 24266
(276) 883-8000

Salem

Advanced Physical Therapy of VA
1620 Apperson Drive
Salem, VA 24153
(540) 444-0291

Heartland Rehabilitation Services
126 Mill Ln
Salem, VA 24153
(540) 387-4311

Lewis-Gale Medical Center
1900 Electric Rd
Salem, VA 24153
(540) 862-6265

Lucas Therapies, PC
109 Knoebel Rd
Salem, VA 24153
(540) 346-4328

University Physical Therapy
2119 Apperson Drive
Salem, VA 24153
(540) 685-0168

Shenandoah

Cross Roads Physical Therapy
1187 S Main St
Woodstock, VA 22664
(540) 459-7660

Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Woodstock Rehab & Fitness, Inc.
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-7772

Smyth

Heartland Rehabilitation Services
104 North Sanders Ave
Blacksburg, VA 24060
(540) 464-4000

Sentara RMH Timber Way Health Center
13892 Timber Way
Broadway, VA 22815
(540) 901-0888

Lebanon Physical Therapy & Rehabilitative Services
272 Highland Dr
Lebanon, VA 24266
(276) 889-4090

Russell County Hospital
56 Carroll and Tate Street
Lebanon, VA 24266
(276) 883-8000

Salem

Advanced Physical Therapy of VA
1620 Apperson Drive
Salem, VA 24153
(540) 444-0291

Heartland Rehabilitation Services
126 Mill Ln
Salem, VA 24153
(540) 387-4311

Lewis-Gale Medical Center
1900 Electric Rd
Salem, VA 24153
(540) 862-6265

Lucas Therapies, PC
109 Knoebel Rd
Salem, VA 24153
(540) 346-4328

University Physical Therapy
2119 Apperson Drive
Salem, VA 24153
(540) 685-0168

Shenandoah

Cross Roads Physical Therapy
1187 S Main St
Woodstock, VA 22664
(540) 459-7660

Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Woodstock Rehab & Fitness, Inc.
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-7772

Smyth

Heartland Rehabilitation Services
104 North Sanders Ave
Blacksburg, VA 24060
(540) 464-4000
<table>
<thead>
<tr>
<th>Practice Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Bethesda Physical Therapy and Wellness</td>
<td>1609 N Coulee Street, Stafford, VA 24401</td>
<td>(540) 213-1320</td>
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<tr>
<td>Stafford Health and Rehab</td>
<td>3900 Plank Road, Fredericksburg, VA 22407</td>
<td>(540) 786-8351</td>
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<tr>
<td>Hilltop Physical Therapy</td>
<td>10504 Wakeman Drive, Fredericksburg, VA 22407</td>
<td>(540) 891-5326</td>
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<tr>
<td>NovaCare Rehabilitation</td>
<td>4932 Southpoint Pky, Fredericksburg, VA 22407</td>
<td>(540) 891-1186</td>
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<tr>
<td>Physical Therapy of Central Virginia</td>
<td>10524 Spotsylvania Ave Bldg 2, Fredericksburg, VA 22408</td>
<td>(540) 710-5341</td>
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<tr>
<td>Pivot Physical Therapy of Virginia</td>
<td>10518 Spotsylvania Avenue Suite 100, Fredericksburg, VA 22408</td>
<td>(540) 710-5341</td>
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<tr>
<td>Select Physical Therapy</td>
<td>4600 Spotsylvania Pky, Stafford, VA 22408</td>
<td>(540) 498-4000</td>
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<tr>
<td>Performance Physical Therapy of Stafford LLC</td>
<td>2777 Jefferson Davis Hwy Suite 109, Stafford, VA 22554</td>
<td>(540) 318-8615</td>
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<tr>
<td>616 Garrisonville Rd, Stafford, VA 22554</td>
<td>(540) 628-4612</td>
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<td>Rehabilitation Services at the Stafford Medical Pavilion</td>
<td>125 Hospital Center Blvd Suite 303, Stafford, VA 22554</td>
<td>(540) 741-9647</td>
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<tr>
<td>Stafford Hospital Center</td>
<td>101 Hospital Center Blvd, Stafford, VA 22554</td>
<td>(540) 741-9000</td>
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<tr>
<td>Staunton Physical Therapy and Wellness</td>
<td>1609 N Coulee Street, Staunton, VA 22401</td>
<td>(540) 213-1320</td>
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<tr>
<td>SELECT PHYSICAL THERAPY</td>
<td>106 MacTany Place, Staunton, VA 24401</td>
<td>(540) 886-4510</td>
</tr>
<tr>
<td>Select Physical Therapy (Select PT Holdings - MacTany Place)</td>
<td>106 MacTany Place, Staunton, VA 24401</td>
<td>(540) 886-4510</td>
</tr>
<tr>
<td>Suffolk City</td>
<td>Bon Secours OccuMed &amp; Physical Therapy (Maryview Hospital, Inc.)</td>
<td>In Motion Physical Therapy @ Meade Pkwy 2012 Meade Pkwy Suffolk, VA 23434</td>
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<td>Harbour View In Motion Physical Therapy Center - Maryview Med Ctr</td>
<td>5838 Harbour View Blvd Ste A Suffolk, VA 23435</td>
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<td>Physiotherapy at Harbour View</td>
<td>175 N Main St Suffolk, VA 23434</td>
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<td>Pivot Physical Therapy of Virginia (Hampton Roads)</td>
<td>2007 Meade Parkway Suffolk, VA 23434</td>
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<td>Sentara Therapy Center - Belleharbour</td>
<td>2769 Godwin Blvd Suffolk, VA 23434</td>
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<td>Sentara Therapy Center - Obici</td>
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<td>Sentara Therapy Center - OBICIM YMCA</td>
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<td>The Children's Center</td>
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<td>3005 Corporate Ln Ste 200 Suffolk, VA 23434</td>
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<td>Sussex</td>
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<td>103 Railroad Avenue Wakefield, VA 23888</td>
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<tr>
<td>Tazewell</td>
<td>Carillon Bone and Joint Center PT/STOT</td>
<td>234 Medical Park Drive Bluefield, VA 24605</td>
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<td>Carillion Tazewell Community Hospital</td>
<td>388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td>Clinic Valley Medical Center</td>
<td>6801 Gov G C Peery Highway Richlands, VA 24641</td>
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<td>164 Campbell Lane Tazewell, VA 24651</td>
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<td>Virginia Beach City</td>
<td>APM Spine &amp; Sports Physicians, PC</td>
<td>5665 Lowery Rd Ste 100 Virginia Beach, VA 23454</td>
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<td>Atlantic Physical Therapy, P.C.</td>
<td>1016 First Colonial Rd Virginia Beach, VA 23454</td>
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<td>Best Life Physical Therapy and Sports Medicine</td>
<td>3300 Princess Anne Rd Ste 719 Virginia Beach, VA 23456</td>
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<td>Dynamic Health Services</td>
<td>397 Little Neck Rd Bldg 3300 Ste 100 Virginia Beach, VA 23452</td>
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<td>908 First Colonial Rd Ste 101 Virginia Beach, VA 23454</td>
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<td>913 First Colonial Rd Ste 204 Virginia Beach, VA 23454</td>
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<td>5320 Providence Rd Ste 201 Virginia Beach, VA 23464</td>
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<td>Kirven Orthopaedic Group PC</td>
<td>5701 Cleveland St Suite 600 Virginia Beach, VA 23462</td>
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<td>Sentara Therapy Center - Hand</td>
<td>5712 Cleveland Street Suite 150 Virginia Beach, VA 23462</td>
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<td>Sentara Therapy Center - Hilltop</td>
<td>1725 Laskin Rd Ste 535 Virginia Beach, VA 23454</td>
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<td>Sentara Therapy Center - Independence</td>
<td>816 Independence Blvd Suite 3F Virginia Beach, VA 23455</td>
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<td>Sentara Therapy Center - Indian River</td>
<td>5660 Indian River Road Suite 121 Virginia Beach, VA 23464</td>
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</tbody>
</table>
Other Services - Tier 1

Sentara Therapy Center - Newtown
818 Newtown Rd
Virginia Beach, VA 23462
(757) 261-4475

Sentara Therapy Center - Princess Anne 1950
1950 Glenn Mitchell Drive Suite 210
Virginia Beach, VA 23456
(757) 507-0390

Sentara Therapy Center - Princess Anne 1975
1975 Glenn Mitchell Drive Suite 101
Virginia Beach, VA 23456
(757) 507-1660

Sentara Therapy Center - Red Mill
2033 Fisher Arch Suite 120
Virginia Beach, VA 23456
(757) 395-8485

Southeastern Physical Therapy
157 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-0052

2020 General Booth Blvd Ste 120
Virginia Beach, VA 23454
(757) 427-5505

2117 McComas Way Suite 105
Virginia Beach, VA 23456
(757) 427-5505

4668 Pembroke Blvd Suite 115
Virginia Beach, VA 23455
(757) 648-8562

5301 Providence Road Ste 80
Virginia Beach, VA 23464
(757) 467-4604

5301 Providence Road Suite 80
Virginia Beach, VA 23464
(757) 932-4261

The Therapy Network - First Colonial
1788 Republic Rd Ste 100
Virginia Beach, VA 23454
(757) 437-0412

The Therapy Network - General Booth
2008 General Blvd
Virginia Beach, VA 23454

The Therapy Network - Independence
762 Independence Blvd Ste 772
Virginia Beach, VA 23455
(757) 456-2032

The Therapy Network - Kempsville
1444 Kempsville Rd
Virginia Beach, VA 23464
(757) 474-7490

1788 Republic Rd Suite 100
Virginia Beach, VA 23454
(757) 437-4582

The Therapy Network - Perimeter
1232 Perimeter Pkwy Ste 206
Virginia Beach, VA 23454
(757) 547-7554

Thrive Proactive Health, LLC
1520 Kempsville Road
Virginia Beach, VA 23464
(757) 416-6700

2830 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 416-6700

VANN Virginia Center for Orthopaedic PC
1800 Cameld Drive Ste 300
Virginia Beach, VA 23454
(757) 331-4284

Virginia Beach Physical Therapy and Wellness
2126 Great Neck Square
Virginia Beach, VA 23454
(757) 578-2197

Virginia Institute for Sports Medicine, LLC
1849 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 422-8476

Westminster-Canterbury of Hampton Roads, Inc.
3100 Shore Dr
Virginia Beach, VA 23451
(757) 496-1107

Warren
Preventive and Rehabilitation Organization
1729 N Shenandoah Ave St 2
Front Royal, VA 22630
(540) 636-6179

Rapid Rehabilitation PC
101 West 14th Street
Front Royal, VA 22630
(540) 636-3500

480 F South Commerce St
Front Royal, VA 22630
(540) 636-3500

Warren Memorial Hospital - Physical Therapy
130 Commerce Ave
Front Royal, VA 22630
(540) 635-0730

Winchester Orthopaedics Physical Therapy
50-C Riverton Commons Drive
Front Royal, VA 22630
(540) 692-8977

Washington
Abingdon Therapy Services
611 Campus Dr Suite 100
Abingdon, VA 24210
(276) 628-6043

Johnston Memorial Hospital
6000 Johnston Memorial Drive
Abingdon, VA 24211
(276) 258-1000

Waynesboro City
Albemarle Therapy Center Inc
200 West 12th Street Suite A1-100
Waynesboro, VA 22980
(540) 941-5501

Horizons Physical Therapy
201 Osage Lane Ste 3
Waynesboro, VA 22980
(540) 949-7706

PT PLUS OF AUGUSTA LLC
30 Ebco Circle Suite 103
Waynesboro, VA 22980
(434) 823-7628

SELECT PHYSICAL THERAPY
201-B Rosser Ave
Waynesboro, VA 22980
(540) 943-4510

Select Physical Therapy (Select PT Holdings - Rosser Ave)
201 B Rosser Avenue
Waynesboro, VA 22980
(540) 943-4510

Spectrum Therapy
2524 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Spectrum Therapy - Augusta Clinic (Southeastern Physical Therapy)
2524 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Winchester City
Body Elite Physical Therapy.
3052 Valley Ave Ste 101
Winchester, VA 22601
(540) 535-7222

Personal Physical Therapy Services, LLC
480 W Jubal Early Dr Ste 310
Winchester, VA 22601
(540) 450-0680

Physical Therapy Specialists of Winchester, Inc.
817 Cedar Creek Grade Ste 100
Winchester, VA 22601
(540) 450-8024

Physiotherapy Associates (Winchester)
1840 Amherst St
Winchester, VA 22601
(540) 219-0215

Preventive and Rehabilitation Organization
3127 Valley Avenue
Hayfield, VA 22601
(540) 667-3839

Rapid Rehabilitation PC
1808 Plaza Dr.
Winchester, VA 22601
(540) 667-2970

Winchester Medical Center
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

Winchester Orthopaedics Physical Therapy
130 Medical Circle
Winchester, VA 22601
(540) 949-7706

Wythe
Carillon Bone and Joint Center PT/ ST/OT
178 W Main St
Wytheville, VA 24382
(276) 773-2075

West Ridge Orthopaedic & Surgical Specialists
1995 West Ridge Road
Wytheville, VA 24382
(276) 223-1983

Wythe County Community Hospital
600 West Ridge Rd
Wytheville, VA 24382
(276) 220-0200

PT/OT (Early Intervention)

Accomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 940-3223

Alexandria City
Lopez & Associates Therapy Group, PC
2308 La Grande Avenue
Alexandria, VA 22301
(716) 969-5469

Arlington
ARLINGTON COUNTY DEPARTMENT OF HUMAN SERVICES
2110 Washington Blvd Suite 350
Arlington, VA 22204

Therapy Associates
2445 Army Navy Drive Suite 305
Arlington, VA 22206
(301) 520-9376

Augusta
Augusta County Public Schools
68 Dick Huff Lane
Verona, VA 24482
(540) 245-5133

Charlottesville City
First Words, Inc.
1016 Altavista Avenue
Charlottesville, VA 22902
(434) 825-7117

Chesapeake City
Dominion Physical Therapy & Associates, Inc.
108 Knolls Ridge Blvd Ste 200
Chesapeake, VA 23320

Play to Grow PLLC
3216 Meadowbrook Lane
Chesapeake, VA 23321
(757) 651-1137
Other Services - Tier 1

Tidewater Therapy for Children, PC
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 468-2864

Chesterfield
ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587
6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

rvaspeech, LLC
5706 Red Setter Lane
Moseley, VA 23120
(804) 253-5253

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Fairfax
TheraPeds
6003 Masondale Rd
Alexandria, VA 22315
(301) 543-4693

Fairfax City
Pronto Therapy Group LLC
5009 Whisper Willow Dr
Fairfax, VA 22030
(703) 341-1922

Fauquier
Blaser Physical Therapy, Inc.
40 North Hill Dr
Warrenton, VA 20186
(540) 893-5010

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

The Children’s Center
700 Campbell Ave
Franklin, VA 23851
(757) 562-6806

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Goochland
Pivot Physical Therapy of Pennsylvania
44 Broad St Route 250
Manakin-Sabot, VA 23103
(804) 794-7587

ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090
44 Broad St Route 250
Manakin, VA 23103
(804) 784-7090

Hampton City
Dominion Physical Therapy & Associates, Inc.
304 Marcella Rd Ste E
Hampton, VA 23666
(757) 825-9446

Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Hanover
Hanover County School Board
8290 New Ashcake Rd
Mechanicsville, VA 23116
(804) 723-2070

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(757) 455-5000

First Steps Physical Therapy, Inc.
4915 Turner Ridge Court
Glen Allen, VA 23059
(404) 918-4010

Spot on Therapy Group LLC
4840 Waller Rd Suite 200
Richmond, VA 23230
(804) 893-5010

James City
Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3000

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Martinsville City
Acme Therapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Mecklenburg
Building Blocks to Success, LLC
827 W Danville Street
South Hill, VA 23970

Middlesex
MPNN CSB
5572B Old Virginia Street
Urbanna, VA 23175
(804) 758-5250

Newport News City
Dominion Physical Therapy & Associates, Inc.
466 Denbigh Blvd
Newport News, VA 23608
(757) 875-0861
729 Thimble Shoals Blvd Ste 4C
Newport News, VA 23606
(757) 873-2932

Norfolk City
Dominion Physical Therapy & Associates, Inc.
301 Riverview Ave Ste 520
Norfolk, VA 23510
(757) 965-5588
5701 Cleveland Street Ste 600
Norfolk, VA 23514
(757) 995-2700

Northampton
Little Hands Little Feet
3186 Main St
Exmore, VA 23350
(757) 442-5437

Portsmouth City
Dominion Physical Therapy & Associates, Inc.
500 Rodman Ctr Ste 4
Portsmouth, VA 23707
(757) 393-6119

Pulaski
Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

Roanoke
Murray E. Joiner Jr MD PC - PT
2726 Electric Road
Roanoke, VA 24018
(540) 772-9153

Roanoke City
Carilion Roanoke Mem Hosp &
Carilion Roanoke Community Hsptl
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8000

Suffolk City
Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(807) 686-0205

Select Physical Therapy
(Physiotherapy - Harbour View Blvd)
5859 Harbour View Boulevard
Suite 100
Suffolk, VA 23435
(807) 686-0205

The Children's Center
300 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Tazewell
James Dyer Physical Therapy Clinic
134 South College Ave
Bluefield, VA 24605
(276) 325-5020

Virginia Beach City
ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

5604 Virginia Beach Blvd Bld A
Suite 101
Virginia Beach, VA 23462
(757) 455-5000

Dianne D. Epplin and Associates
818 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8016

Physiotherapy Associates
2135 General Booth Blvd Ste 1
Virginia Beach, VA 23454
(757) 430-8828

3772 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 340-0556

Kemps River Crossing 1400
Fordham Dr
Virginia Beach, VA 23464
(757) 361-3951

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223
Other Services - Tier 1

Select Physical Therapy
(Physiotherapy - General Booth Blvd)
2135 General Booth Boulevard
Suite 152
Virginia Beach, VA 23454
(757) 430-8828

Bon Secours Richmond Radiation Oncology Center, Inc.
5711 Staples Mill Rd
Richmond, VA 23228
(804) 266-7762

Bon Secours St. Mary’s - Women’s Imaging Centers
5875 Bremo Rd Ste 105
Richmond, VA 23226
(804) 287-7501

Henrico Doctors’ Hospital - Forest Campus
1602 Skipwith Rd
Richmond, VA 23229
(804) 289-4500

Henrico Doctors’ Hospital - Parham Campus
7700 East Parham Rd
Richmond, VA 23294
(804) 747-5600

Independence Park Imaging
(Freestanding Imaging Centers)
9930 Independence Park Drive Ste 100
Richmond, VA 23233
(804) 217-9729

Richmond West End Diagnostic Imaging Inc
7110 Forest Avenue Suite 100
Richmond, VA 23226
(804) 673-4200

The Ellen Shaw De People Institute for Womens Imaging
2530 Gaskins Road Ste C
Richmond, VA 23228
(804) 523-2303

Hopewell City
John Randolph Medical Center
411 W Randolph Rd
Hopewell, VA 23860
(804) 541-1600

Isle of Wight
Sentara St. Luke’s - Advanced Imaging Center - Isle of Wight
20209 Sentara Way Ste 108
Carrollton, VA 23314
(757) 542-1200

James City
New Town Diagnostic Center (SMG)
4374 New Town Ave Ste 104
Williamsburg, VA 23188
(757) 259-1335

Sentara Williamsburg Advanced Imaging Center
332 N Henry St
Williamsburg, VA 23185
(757) 584-1241

Lancaster
Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Optima Direct Network Providers 9/2019 413
### Other Services - Tier 1

<table>
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<th>Location</th>
<th>Provider Name</th>
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<td>1 Health Circle</td>
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<td></td>
<td>Lexington, VA 24450</td>
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<tr>
<td></td>
<td>(540) 458-3300</td>
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<td><strong>Loudoun</strong></td>
<td>StoneSprings Hospital Center</td>
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<tr>
<td></td>
<td>24440 Stone Springs Blvd</td>
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<td>Dulles, VA 20166</td>
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<td></td>
<td>(703) 349-4000</td>
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<td><strong>Winchester</strong></td>
<td>Winchester Open MRI &amp; Imaging Center</td>
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<tr>
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<td>17336 Pickwick Dr BLDG A</td>
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<td>Purcellville, VA 2132</td>
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<td>(540) 751-1771</td>
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<td><strong>Lynchburg City</strong></td>
<td>Centra Lynchburg General Hospital</td>
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<tr>
<td></td>
<td>1901 Tate Springs Rd</td>
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<td></td>
<td>Lynchburg, VA 24501</td>
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<td></td>
<td>(434) 947-3000</td>
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<td><strong>Centra Virginia</strong></td>
<td>Virginia Baptist Hospital</td>
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<td>1901 Tate Springs Rd</td>
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<td>Lynchburg, VA 24501</td>
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<td>(434) 947-4766</td>
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<td><strong>Central Virginia</strong></td>
<td>Imaging LLC (Total Component)</td>
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<td>113 Nationwide Drive</td>
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<td>Lynchburg, VA 24502</td>
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<td>(434) 237-4004</td>
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<td><strong>Radiology</strong></td>
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<td>113 Nationwide Drive</td>
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<td>Lynchburg, VA 24502</td>
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<td>(434) 237-4004</td>
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<td><strong>Montgomery</strong></td>
<td>Carillon New River Valley Medical Center</td>
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<td>2900 Tyler Rd</td>
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<td>Christiansburg, VA 2407</td>
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<td></td>
<td>(540) 731-2000</td>
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<tr>
<td><strong>Montgomery</strong></td>
<td>Regional Hospital d/b/a LewisGale Montgomery</td>
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<td></td>
<td>3700 Main Street</td>
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<td>Blacksburg, VA 24060</td>
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<tr>
<td></td>
<td>(540) 951-1111</td>
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<tr>
<td><strong>Norfolk City</strong></td>
<td>NDC Medical Center Radiology Services (SMG)</td>
</tr>
<tr>
<td></td>
<td>850 Kempsvillle Rd</td>
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<td>Norfolk, VA 23502</td>
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<td></td>
<td>(757) 261-5922</td>
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<tr>
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<td>Leigh Hospital</td>
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<td>830 Kempsville Rd</td>
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<td>Norfolk, VA 23502</td>
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<td>(757) 261-6000</td>
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<tr>
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<td>(757) 388-3000</td>
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<tr>
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<td>229 W Bute St Ste 600</td>
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<td><strong>Crewe</strong></td>
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<td>12522 W Colonial Trail Hwy Suite 1 Crewe, VA 23930</td>
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<tr>
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<td>(434) 538-0028</td>
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<td><strong>Nottoway</strong></td>
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<tr>
<td><strong>Brecklyn</strong></td>
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<td></td>
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<td>(757) 539-0251</td>
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<td>Carilion Tazewell Community Hospital</td>
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<tr>
<td></td>
<td>388 Ben Bolt Ave</td>
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<td>(757) 395-8000</td>
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<td><strong>Mobile</strong></td>
<td>Images Acquisitions, Inc.</td>
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<td>851 French Moore Jr Boulevard</td>
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<td>Valley Open MRI</td>
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<td>Winchester, VA 22601</td>
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<td>(540) 536-0057</td>
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<td><strong>Albemarle</strong></td>
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<td><strong>PRW</strong></td>
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<td>Martha Jefferson Hospital</td>
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<td></td>
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Optima Direct Network Providers 9/2019 414

OptimaHealth
**Other Services - Tier 1**

**Augusta**
Augusta Medical Center  
78 Medical Center  
Fishersville, VA 22939  
(540) 932-4000

**Galax City**
Twin County Regional Hospital - Reference Lab  
200 Hospital Ave  
Galax, VA 24333  
(276) 236-8181

**Halifax**
Halifax Regional Hospital  
2204 Willborn Ave  
South Boston, VA 24592  
(434) 517-3100

**Harrisonburg City**
Sentara RMH Medical Center  
2010 Health Campus Drive  
Harrisonburg, VA 22801  
(540) 689-1000

**Lancaster**
Rappahannock General Hospital  
101 Harris Dr  
Kilmarnock, VA 22482  
(804) 435-8000

**Manassas City**
Novant Health UVA Health System Prince William Medical Center  
15225 Healthcote Blvd  
Haymarket, VA 20169  
(703) 730-3523

** Martinsville City**
SOVAH Health - Martinsville  
320 Hospital Drive  
Martinsville, VA 24112  
(276) 666-7654

**Norfolk City**
Children's Hospital of The King's Daughters Reference Lab  
601 Children's Ln  
Norfolk, VA 23507  
(757) 668-7000

**Page**
Page Memorial Hospital Inc  
200 Memorial Dr  
Luray, VA 22835  
(540) 743-4561

**Pittsvilleva**
Centra Virginia Baptist Hospital  
291 McBride Ln  
Gretna, VA 24557  
(434) 626-1274

**Prince Edward**
Centra Southside Community Hospital  
800 Oakes St  
Farmville, VA 23901  
(434) 392-8811

**Prince George**
Virginia Union University  
Augusta, VA 23010  
(540) 387-5000

**Prince Edward**
Novant Health UVA Health System Haymarket Medical Center  
15225 Healthcote Blvd  
Haymarket, VA 20169  
(703) 284-1000

**Shenandoah**
Shenandoah Memorial Hospital Inc  
3382 Old Valley Pike Ste 2  
Strasburg, VA 22657  
(540) 465-1910

**Tazewell**
Clinch Valley Medical Center  
6801 Gov G P C Peery Highway  
Richlands, VA 24641  
(276) 596-6000

**Washington**
Johnston Memorial Hospital  
16001 Johnston Memorial Drive  
Abingdon, VA 24211  
(276) 258-1000

**Winchester City**
Sunrise Medical Laboratories, Inc.  
1804 Plaza Dr  
Winchester, VA 22601  
(540) 665-0391

**Wise**
Labxperior  
517 W Main St  
Wise, VA 24293  
(276) 321-7866

**Solstas Lab Partners Group, LLC**
1980 Holton Ave E Ste 101  
Big Stone Gap, VA 24219  
(276) 523-8715

**Wythe**
Wythe County Community Hospital  
600 West Ridge Rd  
Wytheville, VA 24382  
(276) 228-0200

**Registered Dietitian (Hospital)**

**Albemarle**
Amanda Terillo Nutrition Counseling  
103 South Pantops Drive Suite 105  
Charlottesville, VA 22911  
(434) 872-3285

**Anne M. Wolf**
5030 Rutherford Rd  
Charlottesville, VA 22901  
(434) 977-2859

**Bland**
Blad Blvd Community Clinic  
12301 Grapefield Road  
Bastian, VA 24314  
(276) 688-4331

**Charlottesville City**
Charlottesville Nutrition  
1007 East High St  
Charlottesville, VA 22902  
(434) 760-1298

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Optima Direct Network Providers 9/2019 415
Other Services - Tier 1

Chesterfield
ELLAD Preventative Health Services
9401 Courthouse Rd Suite 202
Chesterfield, VA 23822
(804) 616-4378

Specialty Nutrition and Health, LLC
348 Browns Hill Ct
Midlothian, VA 23114
(804) 864-1998

Watts Nutrition Services, LLC
101 Duke Street Suite 203
Culpeper, VA 22701
(540) 825-6973

Pratt Medical Center Ltd
9 Manhattan Square Suite A
Hampton, VA 23669
(757) 722-9044

Culpeper
Dietz Nutritional Consulting LLC
625 Piney Forest Rd Ste 306D
Danville, VA 24540
(434) 548-0476

Fredericksburg City
Pratt Medical Center Ltd
1171 Central Park Blvd
Fredericksburg, VA 22401
(540) 785-7617
1451 Hospital Drive
Fredericksburg, VA 22401
(540) 368-5350

Hampton City
Lowell, LLC
1 YMCA Way
Hampton, VA 23669
(757) 722-9044
9 Manhattan Square Suite A
Hampton, VA 23666
(757) 838-6335

Hanover
Specialty Nutrition and Health, LLC
7571 Cold Harbor Rd
Mechanicsville, VA 23111
(804) 864-1998

Henrico
Specialty Nutrition and Health, LLC
2727 Enterprise Pkwy Suite 100
Henrico, VA 23294
(804) 864-1998

Isle of Wight
Lowell, LLC
259 James St
Smithfield, VA 23430
(757) 365-4600

James City
Lowell, LLC
1309 James Town Rd Unit 102
Williamsburg, VA 23185
(757) 585-3441
207D Buhlifants Blvd
Williamsburg, VA 23188
(757) 565-9586
301 Sentara Circle
Williamsburg, VA 23188
(757) 229-9622

King William
Lowell, LLC
3135 King William Hwy
West Point, VA 23181
(804) 843-3300

Loudoun
Eatwellguru
46165 Westlake Dr Suite 200
Sterling, VA 20165
(703) 665-3814

Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Newport News City
Jill Weisenberger Health Communications, LLC
720 Thimble Shoals Blvd Ste 110
Newport News, VA 23606
(757) 969-8385
Lowell, LLC
704 Thimble Shoals Blvd Suite 700
Newport News, VA 23606
(757) 873-2000
Nutrition Therapy Works!
13195 Warwick Blvd Ste 2B
Newport News, VA 23606
(757) 570-6588

Norfolk City
JWF Nutrition LLC
115 College Place Unit A
Norfolk, VA 23510
(757) 440-3200
Lucinda Lynn Earle
425 W 20th Street Suite 5
Norfolk, VA 23517
(757) 623-9014

SMG RD SERVICES
6333 Center Dr Building 16
Norfolk, VA 23502
(757) 252-9500

Richmond
Specialty Nutrition and Health, LLC
16 Delia Dr
Warwick, VA 23872
(804) 864-1998

Holistic approach to Obesity Prevention and Education, LLC
249 E German School Rd
Richmond, VA 23224
(804) 592-4751

The Faces of HOPE
249 E German School Road
Richmond, VA 23224
(804) 592-4751

Suffolk City
Lowell, LLC
Bayview Endocrinology 2000
Meade Pkwy Ste 110
Suffolk, VA 23434
(757) 585-3441

Virginia Beach City
JWF Nutrition LLC
1577 Laskin Rd Suite 105
Virginia Beach, VA 23451
(757) 422-4724
2861 Lynnhaven Drive Ste 110
Virginia Beach, VA 23451
(757) 412-0019
Nutrition For A Lifetime
2501 Windsor Rd
Virginia Beach, VA 23455
(757) 288-2195

York
Lowell, LLC
101 Long Green Blvd
Tabb, VA 23693
(757) 867-3300
301 Village Ave Suite A
Tabb, VA 23693
(757) 813-4382

Communication Therapy
101 Duke Street Suite 203
Culpeper, VA 22701
(540) 825-6973

Fredericksburg City
Kiernan Speech Therapy LLC
2147 Old Greenbrier Rd Ste B
Chesapeake, VA 23320
(757) 606-0531

Marysvale Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651
3400 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

More than Words, L.L.C
404 Mike Trail
Chesapeake, VA 23322
(757) 576-4364

Tidewater Therapy for Children, P.C.
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864

Chesapeake City
Bristol
Bristol Regional Speech & Hearing Center/Lebanon Speech & Hearing
2603 Osborne St Ste 1
Bristol, VA 24201
(276) 669-6331

Carroll
Carillon Bone and Joint Center PT/ST
215 E Grayson St
Williamsburg, VA 23185
(757) 773-8145

Charlottesville City
Albemarle Therapy Center Inc
1102 Rose Hill Dr
Charlottesville, VA 22903
(434) 979-8628

SELECT PHYSICAL THERAPY
250 Merchants Walk Avenue Suite 300
Charlottesville, VA 22902
(434) 328-4900

University of Virginia Speech-Language-Hearing Center
417 Emmet Street South
Charlottesville, VA 22904
(434) 924-7034

UVA Health Services Foundation
500 Ray C Hunt Dr
Charlottesville, VA 22908
(434) 295-1000

Acomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 807-4382

Optima Health
### Other Services - Tier 1

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<th>Address 1</th>
<th>City</th>
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<td>6910 Richmond Hwy Ste 200 Alexandria, VA 22306</td>
<td>Alexandria</td>
<td>(703) 765-7700</td>
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<tr>
<td></td>
<td>9409-K Old Burke Lake Rd Burke, VA 22015</td>
<td>Burke</td>
<td>(703) 425-1800</td>
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<tr>
<td>Franklin City</td>
<td>Rappahannock Area CSB 600 Jackson St Fredericksburg, VA 22401</td>
<td>Fredericksburg</td>
<td>(540) 373-3223</td>
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<tr>
<td>Gloucester</td>
<td>Bayside Children's Therapy Network 6688 Main St Gloucester, VA 23061</td>
<td>Gloucester</td>
<td>(804) 210-1555</td>
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<tr>
<td>Goochland</td>
<td>ProCare Physical Therapy Inc. 44 Broad St Manakin Sabot, VA 23103</td>
<td>Manakin</td>
<td>(804) 784-7090</td>
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<tr>
<td>Greene</td>
<td>Small Talk Speech &amp; Therapy Center, LLC 69 Deane Road Ruckersville, VA 22968</td>
<td>Ruckersville</td>
<td>(434) 481-3524</td>
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<tr>
<td>Hampton City</td>
<td>Global Speech Services 2019 Cunningham Drive Ste 104 Hampton, VA 23666</td>
<td>Hampton</td>
<td>(757) 869-7559</td>
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<td>Rehabilitation Associates 2713 Magruder Blvd Suite L Hampton, VA 23666</td>
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<td>(757) 490-3223</td>
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<td>Sentara Therapy Center - CarePlex 4000 Coliseum Dr Ste 120 Hampton, VA 23666</td>
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<td>(757) 827-2070</td>
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<tr>
<td>Hanover</td>
<td>Physiotherapy Associates of Mechanicsville 9097 Atlee Station Rd Mechanicsville, VA 23116</td>
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<td>(804) 559-3390</td>
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<tr>
<td>SELECT PHYSICAL THERAPY</td>
<td>429 England St Ashland, VA 23005</td>
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<td>7415 Lee Davis Road Mechanicville, VA 23111</td>
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<td>8244 Atlee Rd Mechanicville, VA 23116</td>
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<td>Occupational Therapy Clinical Education Services 131 W Grace St Room 1100 Harrisonburg, VA 22807</td>
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<td>(540) 568-4980</td>
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<td>RMH Outpatient Rehab Services 501 Stone Spring Rd Harrisonburg, VA 22801</td>
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<td>Parkview 1481 Virginia Ave Harrisonburg, VA 22802</td>
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<td>(540) 438-4228</td>
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<td>Sunnyside Retirement Community 3935 Sunnyside Dr Harrisonburg, VA 22801</td>
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<td>Sentara RMH Medical Center 2010 Health Campus Drive Harrisonburg, VA 22801</td>
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<td>The Speech and Language Center 1591 Port Republic Road Harrisonburg, VA 22801</td>
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<td>(540) 437-4226</td>
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<tr>
<td>FIND YOUR VOICE</td>
<td>6024 Collingstone Drive Glen Allen, VA 23059</td>
<td>Glen Allen</td>
<td>(804) 953-9653</td>
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<td>7650 E Parham Rd Ste 120 Richmond, VA 23294</td>
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<td>(804) 747-4417</td>
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<td>10299 Woodman Rd Glen Allen, VA 23060</td>
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<td>(804) 261-8511</td>
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<td>4825 S Laburnum Ave Richmond, VA 23231</td>
<td>Richmond</td>
<td>(804) 222-2607</td>
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<tr>
<td>Infant and Child Development Services</td>
<td>1901 Westwood Ave Richmond, VA 23227</td>
<td>Richmond</td>
<td>(804) 358-1874</td>
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<td>Physiotherapy Associates Inc of West Broad</td>
<td>8906 West Broad St Ste F Richmond, VA 23294</td>
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<td>Richmond Area Association for Retarded Citizens</td>
<td>1901 Westwood Ave Richmond, VA 23227</td>
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<td>(804) 353-0163</td>
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<td>3600 Saunders Ave Richmond, VA 23227</td>
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<td>SELECT PHYSICAL THERAPY</td>
<td>1340 Gaskins Road Unit 12 Richmond, VA 23238</td>
<td>Richmond</td>
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<td>Sheltering Arms Hospital Outpatient Services 4730 S Laburnum Avenue Richmond, VA 23231</td>
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<td>Spot on Therapy Group LLC</td>
<td>4840 Waller Rd Suite 200 Richmond, VA 23230</td>
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<td>Henry</td>
<td>Bassett Physical Therapy 935 Fairystone Park Highway Stanleytown, VA 24168</td>
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<td>Child Development Resources 150 Point O Woods Williamsburg, VA 23188</td>
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<td>One Child Center for Autism 201 A Bullifants Blvd Williamsburg, VA 23188</td>
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<td>(757) 585-3216</td>
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<td>(757) 739-6010</td>
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<td>1235 Sam Lions Trail</td>
<td>(276) 806-0662</td>
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<td>(540) 633-0523</td>
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<td>(804) 966-5959</td>
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<td>(703) 366-3948</td>
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<td>(703) 523-1000</td>
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<td>ALL COMMUNICATION THERAPY 933 First Colonial Road Suite 109</td>
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<td>Atlantic Speech Therapy, Inc. 923 First Colonial Rd Ste 1811</td>
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<td>Dianne E. Epplein and Associates 818 Newtown Rd</td>
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<td>(540) 941-5501</td>
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<td>SELECT PHYSICAL THERAPY 201-B Rosser Ave Waynesboro, VA 22980</td>
<td>(540) 943-4510</td>
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<td>(757) 686-0207</td>
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<td>The Children's Center 200 Executive Ct Suffolk, VA 23434</td>
<td>(757) 538-2523</td>
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<td>Tazewell</td>
<td>Carillon Bone and Joint Center PT/ST 234 Medical Park Drive Bluefield, VA 24605</td>
<td>(726) 322-2223</td>
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<td>Four Seasons Rehab 108 1/2 Spruce Street Bluefield, VA 24605</td>
<td>(726) 322-5511</td>
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<td>Carillon Bone and Joint Center PT/ST 178 W Main St</td>
<td>(276) 773-2075</td>
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<td>Wytheville, VA 24382</td>
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### Other Services - Tier 1

#### McDowell
- **Med Response**
  - Box 207 B
  - Welch, WV 24801
  - (304) 436-2115

#### Mercer
- **Choice Medical**
  - 495 Blue Prince Rd Ste 101
  - Bluefield, WV 24701
  - (304) 325-0476
- **Lincare, Inc.**
  - 600 Rogers St Suite 101
  - Princeton, WV 24740
  - (888) 323-2372

#### Raleigh
- **Beckley ARH Hospital**
  - 306 Stanaford Rd
  - Beckley, WV 25801
  - (304) 255-3000

#### Summers
- **Summers County ARH Hospital**
  - 1500 Terrace Street
  - Hinton, WV 25951
  - (304) 439-6600

#### Wythe
- **Friendship Home Medical Equipment, Inc.**
  - 800 East Main Street
  - Wytheville, WV 24382
  - (276) 228-6941

#### Home Health
- **Berkeley**
  - **Panhandle Home Health, Inc.**
    - 208 Old Mill Road
    - Martinsburg, WV 25401
    - (304) 263-5680

#### Mineral
- **Northern WV Home Health LLC**
  - 167 S Mineral St
    - Keyser, WV 26726
    - (304) 788-1285
  - 690 South Mineral St
    - Keyser, WV 26726
    - (304) 788-1285

#### Morgan
- **Northern WV Home Health LLC**
  - 109 War Memorial Dr
    - Berkeley Springs, WV 25411
    - (304) 788-1285

#### IV Therapy
- **Hardy**
  - **Lincare, Inc.**
    - 6596 US Hwy 22D South
      - Moorefield, WV 26836
      - (304) 538-3010

#### Jefferson
- **Winchester Physical Therapy & Sports Medicine, Inc**
  - 112 S Reymann Street
    - Ranson, WV 25438
    - (304) 725-3632

#### Mercer
- **Bluefield Regional Medical Center**
  - 500 Cherry Street
    - Bluefield, WV 24701
    - (304) 327-1100
  - **HealthSouth Southern Hills Rehabilitation Hospital**
    - 120 12th Street
    - Princeton, WV 24740
    - (304) 487-7000

#### Morgan
- **War Memorial Hospital Inc**
  - 1 Healthy Way
    - Berkeley Springs, WV 25411
    - (304) 258-1234

#### Mineral
- **Progressive Physical Therapy & Rehabilitation Center**
  - RT 3 Box 3266
    - Keyser, WV 26726

#### Summers
- **Summers County ARH Hospital**
  - 1500 Terrace Street
    - Hinton, WV 25951
    - (304) 439-6600

#### Wythe
- **Shenandoah Laboratories, LLC**
  - 158 Crimson Cir Reliance Rd Suite
    - Martinsburg, WV 25403
    - (304) 262-4757

#### Reference Lab
- **Greenbrier Valley Medical Center**
  - 1320 Maplewood Ave
    - Ronceverte, WV 24970
    - (304) 647-4411

#### Physical/Occupational/Hand Therapy
- **Greenbrier**
  - **Greenbrier Valley Medical Center**
    - 1320 Maplewood Ave
      - Ronceverte, WV 24970
      - (304) 647-4411

#### Hampshire
- **Hampshire Memorial Hospital**
  - 363 Sunrise Blvd
    - Romney, WV 26757
    - (304) 822-4561
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Other Services - Tier 2

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<td>Glen Allen, VA 23060</td>
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<td>Midlothian, VA 23113</td>
<td>(540) 741-1100</td>
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<td>(804) 273-6656</td>
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<td>1394 Kings Hwy</td>
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<td>10530 Spotsylvania Ave Ste 102</td>
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<td>Fredericksburg, VA 22408</td>
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<tr>
<td>(540) 891-4485</td>
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<td>2300 Fall Hill Avenue Suite 401</td>
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<tr>
<td>(540) 891-4485</td>
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<td>(540) 741-1667</td>
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<td>5012 Southpoint Parkway</td>
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Hospital and Urgent Care Center Directory - Tier 1

KY

Ambulatory Surgery

Bell
MIDDLESBORO ARH Hospital
3600 W Cumberland Ave
Middlesboro, KY 40965
(606) 242-1100

Morgan
MDCowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Harlan
Harlan ARH Hospital
81 Ball Park Road
Harlan, KY 40831
(606) 237-1700

Leslie
Mary Breckinridge ARH Hospital
130 Kate Ireland Rd
Hyden, KY 41749

Letcher
Appalachian Regional Hospital
3600 W Cumberland Ave
Middlesboro, KY 40965
(606) 242-1100

Pike
Williamson ARH Hospital
260 Hospital Drive
South Williamson, KY 41503
(606) 237-1700

Freestanding Outpatient Facilities

Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Morgan
Morgan County ARH Regional Medical Center
476 Liberty Rd
West Liberty, KY 41472
(606) 743-3186

Harlan
Harlan ARH Hospital
81 Ball Park Road
Harlan, KY 40831
(606) 237-1700

Leslie
Mary Breckinridge ARH Hospital
130 Kate Ireland Rd
Hyden, KY 41749

Letcher
Appalachian Regional Hospital
240 Hospital Road
Whitesburg, KY 41858
(606) 633-3500

Freestanding Outpatient Facilities

Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Pike
Williamson ARH Hospital
260 Hospital Drive
South Williamson, KY 41503
(606) 237-1700

Freestanding Outpatient Facilities

Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
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West Liberty, KY 41472
(606) 743-3186

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Whitesburg, KY 41858
(606) 633-3500

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Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Morgan
Morgan County ARH Regional Medical Center
476 Liberty Rd
West Liberty, KY 41472
(606) 743-3186

NC

Ambulatory Surgery

Durham
Duke Regional Hospital
3643 Roxboro Rd
Durham, NC 27704
(919) 470-4000

Duke University Hospital
2301 Erwin Rd
Durham, NC 27710
(919) 684-8111

Wake
Duke Raleigh Hospital
3400 Wake Forest Rd
Raleigh, NC 27609
(919) 954-3000

Hospital

Durham
Duke Regional Hospital
3643 Roxboro Rd
Durham, NC 27704
(919) 470-4000

Duke University Hospital
2301 Erwin Rd
Durham, NC 27710
(919) 684-8111

Wake
Duke Raleigh Hospital
3400 Wake Forest Rd
Raleigh, NC 27609
(919) 954-3000

Forsyth

Sentara Albemarle Medical Center
1144 N Road Street
Elizabeth City, NC 27909
(252) 335-0531

Hospital

Wake
Duke Raleigh Hospital
3400 Wake Forest Rd
Raleigh, NC 27609
(919) 954-3000

Washington

Sentara Albemarle Medical Center
598 US Hwy 64 E
Plymouth, NC 27962
(252) 793-4135

Freestanding Outpatient Facilities

Dare
Sentara Albemarle Medical Center - Ambulatory Surgery
5200 N Croatan Hwy
Kitty Hawk, NC 27949
(252) 255-6020

Freestanding Outpatient Facilities

Forsyth

Piedmont Stone Center
PO Box 25866
Winston Salem, NC 27114
(336) 714-2509

Optima Direct Network Providers 9/2019 425
Hospital and Urgent Care Center Directory - Tier 1

**Bedford City**
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

**Charlottesville City**
The Gamma Knife Center (UVA)
1251 Lee Street
Charlottesville, VA 22908
(434) 924-3627
University of Virginia Health System Outpatient Surgery
1215 Lee Street
Charlottesville, VA 22908
(434) 924-5376
500 Monroe Lane
Charlottesville, VA 22908
(434) 924-5376

**Chesapeake City**
Chesapeake General Hospital - The Gamma Knife Center (UVA)
736 Battlefield Blvd
Chesapeake, VA 23320
(757) 547-8121

**Chesterfield**
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300

**Danville City**
Piedmont Day Surgery
1040 Main St
Danville, VA 24541
(434) 792-1433
SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

**Dickerson**
Dickenson Community Hospital
312 Hospital Drive
Clintwood, VA 24228
(276) 926-0300

**Emporia City**
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

**Fairfax**
Reston Hospital Center
1850 Town Center Pkwy
Reston, VA 20190
(703) 689-9000
Skin Cancer Outpatient Surgical Hospital
8301 Old Courthouse Rd
Vienna, VA 22182
(703) 442-3670

**Fauquier**
Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

**Franklin**
Carillon Franklin Memorial Hospital
180 Floyd Avenue
South Boston, VA 24436
(540) 633-9353

**Fredericksburg City**
Fredericksburg Ambulatory Surgery Center
1201 Sam Perry Blvd Ste 101
Fredericksburg, VA 22401
(540) 741-7000

**Galax City**
Twin County Regional Hospital
200 Hospital Drive
Galax, VA 24333
(276) 236-8181

**Giles**
Carillon Giles Community Hospital
159 Hartley Way
Pearsburg, VA 24341
(540) 921-6000

**Halifax**
Halifax Regional Hospital
2204 Willborn Ave
South Boston, VA 24592
(434) 517-3100

**Hampton City**
CarePlex Orthopaedic Ambulatory Surgery Center
3000 Coliseum Drive
Hampton, VA 23666
(757) 736-4100

**Hanover**
Bon Secours Memorial Regional Medical Center - Ambulatory Surgery
9260 Atlee Rd
Mechanicsville, VA 23116
(804) 764-6000

**Henrico**
Bon Secours Richmond Community Hospital (Ambulatory Surgery)
1500 N 28th St
Richmond, VA 23226
(804) 285-0680

**Loudoun**
StoneSprings Hospital Center
24440 Stone Springs Blvd
Dulles, VA 20166
(571) 349-4000

**Lynchburg City**
Centra Lynchburg General Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-3000

**Lynchburg City**
Centra Virginia Baptist Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-4766
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 947-4668

**Richmond**
Bon Secours Richmond Community Hospital (Ambulatory Surgery)
1500 N 28th St
Richmond, VA 23226
(804) 225-1700

**VA**
Bon Secours Memorial Regional Medical Center - Ambulatory Surgery
9260 Atlee Rd
Mechanicsville, VA 23116
(804) 254-9100

**West Shore**
Bon Secours Memorial Regional Medical Center - Ambulatory Surgery
9260 Atlee Rd
Mechanicsville, VA 23116
(804) 764-6000

**Williamsburg**
Bon Secours Sentara Women's Hospital
11641 Merritt Rd
Williamsburg, VA 23185
(757) 220-7333

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Optima Direct Network Providers 9/2019 427
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<th>Pulaski</th>
<th>Smyth</th>
<th>Winchester City</th>
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<tbody>
<tr>
<td>Novant Health UVA Health System Prince William Medical Center 8700 Sudley Rd Manassas, VA 20110 (703) 369-8000</td>
<td>Columbia Pulaski Community Hospital d/b/ a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301 (540) 387-9142</td>
<td>Smyth County Community Hospital 565 Radio Hill Rd Marion, VA 24354 (276) 782-1234</td>
<td>Blue Ridge Endoscopy (Winchester Endoscopy Services) 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 678-0767</td>
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<tr>
<td>Prince William Surgery Center 8644 Sudley Rd Ste 201 Manassas, VA 20110 (703) 369-8525</td>
<td></td>
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<td>Eye Surgery Center of Winchester 525 Amherst Street Winchester, VA 22601 (540) 667-5535</td>
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<tr>
<td>Martinsville City</td>
<td>Richmond</td>
<td>Spotsylvania</td>
<td>Winchester Endoscopy Services LLC 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 536-4706</td>
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<tr>
<td>SOVAH Health - Martinsville 320 Hospital Drive Martinsville, VA 24112 (276) 666-7654</td>
<td>Boulders Ambulatory Surgery Center 1115 Boulders Parkway Ste 210 Richmond, VA 23225 (804) 672-4040</td>
<td>Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408 (540) 498-4000</td>
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<tr>
<td>Montgomery</td>
<td>Henrico Doctors' Hospital - Retreat Campus 2621 Grove Ave Richmond, VA 23220 (804) 254-5100</td>
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<tr>
<td>Carilion New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073 (540) 731-2000</td>
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<tr>
<td>Montgomery Regional Hospital d/b/a LewisGale Montgomery 3700 Main Street Blacksburg, VA 24060 (540) 951-1111</td>
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<tr>
<td>New River Valley Surgery Center 2901 Lamb Circle Christiansburg, VA 24073 (540) 659-5888</td>
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<td>Page</td>
<td>Roanoke City</td>
<td>Stafford</td>
<td>Wythe County Community Hospital 600 West Ridge Rd Wytheville, VA 23482 (276) 228-0200</td>
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<tr>
<td>Page Memorial Hospital Inc 200 Memorial Dr</td>
<td>Carilion Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 20131 1006 Belleview at Jefferson St Roanoke, VA 20111 (540) 224-5500</td>
<td>Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554 (540) 741-9000</td>
<td>Freestanding Outpatient Facilities</td>
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<tr>
<td>Centra Virginia Baptist Hospital 291 McBride Ln Greta, VA 24557 (434) 626-1274</td>
<td>2331 Franklin Road Roanoke, VA 2014 (540) 777-5834</td>
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<td>Montgomery</td>
<td>Endoscopy Center of SW VA 204 Duke of Gloucester Street Roanoke, VA 2014 (540) 344-1264</td>
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<tr>
<td>Prince Edward</td>
<td>Fairlawn Surgery Center, LLC 2107 Rosalind Avenue SW Roanoke, VA 2014 (540) 904-6170</td>
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<td>Centra Southside Community Hospital 800 Oak St Farmville, VA 23901 (434) 392-8811</td>
<td>Roanoke Ambulatory Surgical Center, LLC 1102 S Jefferson St Roanoke, VA 20161 (540) 342-0707</td>
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<td>Prince William</td>
<td>Russell County Hospital 56 Carroll and Tate Street Lebanon, VA 24266 (276) 883-8000</td>
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<td>Russell</td>
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<td>Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153 (540) 862-6205</td>
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<td>Shenandoah Memorial Hospital Inc 759 S Main St Woodstock, VA 22664 (540) 459-4021</td>
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<td>Sentara Obici Ambulatory Surgery, LLC 2750 Godwin Blvd Suffolk, VA 23434</td>
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<td>Blue Ridge Endoscopy (Winchester Endoscopy Services) 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 678-0767</td>
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<td>Eye Surgery Center of Winchester 525 Amherst Street Winchester, VA 22601 (540) 667-5535</td>
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<td>MEDGEN URGENT CARE (VA) 3117 Duke Street Alexandria, VA 22314 (703) 751-8800</td>
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<tr>
<td>Moser Radiation Therapy Center (UVA) 2871 Ivy Rd Charlottesville, VA 22903 (434) 982-0770</td>
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<td>Stony Point Surgery Center LLC 8700 Stony Point Pkwy Ste 100 Richmond, VA 23235 (804) 775-4500</td>
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<td>Culpeper</td>
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<tr>
<td>Culpeper Surgery Center LLC 541 Sunset Lane Culpeper, VA 22701 (540) 829-0700</td>
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<td><strong>Danville City</strong></td>
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<td>SOVAH Health - Danville</td>
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<tr>
<td>142 S Main St</td>
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<tr>
<td>Danville, VA 24541</td>
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<tr>
<td>1860 Town Center Dr Ste G100</td>
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<tr>
<td>Reston, VA 20190</td>
</tr>
<tr>
<td>(703) 639-3100</td>
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<td>Fairfax Surgical Center (Freestanding ASC)</td>
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<tr>
<td>10730 Main St</td>
</tr>
<tr>
<td>Fairfax, VA 22030</td>
</tr>
<tr>
<td>(703) 391-0670</td>
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<tr>
<th><strong>Franklin</strong></th>
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<tbody>
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<td>Carilion Franklin Memorial Hospital</td>
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<tr>
<td>180 Floyd Avenue</td>
</tr>
<tr>
<td>Rocky Mount, VA 24151</td>
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<tr>
<td>(540) 633-9553</td>
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<th><strong>Giles</strong></th>
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<td>Carilion Giles Community Hospital</td>
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<tr>
<td>159 Hartley Way</td>
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<tr>
<td>Pearisburg, VA 24134</td>
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<tr>
<td>(540) 921-6000</td>
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<td>Hanover Emergency Center</td>
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<tr>
<td>9275 Chamberlayne Avenue</td>
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<tr>
<td>Mechanicsville, VA 23116</td>
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<tr>
<td>(804) 417-0300</td>
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<th><strong>Henrico</strong></th>
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<td>American Diagnostics Services Inc</td>
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<tr>
<td>Call for instructions/appointment</td>
</tr>
<tr>
<td>4112 Fitzhugh Avenue</td>
</tr>
<tr>
<td>Richmond, VA 23230</td>
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<tr>
<td>(804) 592-3186</td>
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<tr>
<th><strong>Bon Secours Imaging Center</strong></th>
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<tr>
<td>Reynolds Crossing -- 6605 W Broad Street</td>
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<td>Richmond, VA 23230</td>
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<td>(804) 287-3500</td>
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<tr>
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<tr>
<td>Call for instructions/appointment</td>
</tr>
<tr>
<td>4112 Fitzhugh Avenue</td>
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<tr>
<td>Richmond, VA 23230</td>
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<tr>
<td>(800) 621-9236</td>
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<tr>
<td>Carilion Stonewall Jackson Hospital</td>
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<tr>
<td>1 Health Circle</td>
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<tr>
<td>Lexington, VA 24450</td>
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<tr>
<td>(540) 458-3300</td>
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<td>SOVAH Health - Martinsville</td>
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<tr>
<td>320 Hospital Drive</td>
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<tr>
<td>Martinsville, VA 24112</td>
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<tr>
<td>(276) 666-7654</td>
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<th><strong>Montgomery</strong></th>
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<tr>
<td>2900 Tyler Rd</td>
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<tr>
<td>Christiansburg, VA 24073</td>
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<tr>
<td>(540) 731-2000</td>
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<tr>
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<tr>
<td>210 Professional Park Dr Ste 10</td>
</tr>
<tr>
<td>Blacksburg, VA 24060</td>
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<tr>
<td>(540) 315-8550</td>
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<tr>
<td>300 Park Hill Drive</td>
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<td>291 McBride Ln</td>
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<tr>
<td>Gretna, VA 24517</td>
</tr>
<tr>
<td>(434) 626-1274</td>
</tr>
<tr>
<td><strong>Portsmouth City</strong></td>
</tr>
<tr>
<td>Bon Secours Maryview Medical Center</td>
</tr>
<tr>
<td>3636 High St</td>
</tr>
<tr>
<td>Portsmouth, VA 23707</td>
</tr>
<tr>
<td>(757) 398-2200</td>
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<tr>
<td><strong>Prince Edward</strong></td>
</tr>
<tr>
<td>Centra Southside Community Hospital</td>
</tr>
<tr>
<td>800 Oak St</td>
</tr>
<tr>
<td>Farmville, VA 23901</td>
</tr>
<tr>
<td>(434) 392-8811</td>
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<tr>
<td><strong>Prince William</strong></td>
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<tr>
<td>Novant Health UVA Health System Prince William Medical Center</td>
</tr>
<tr>
<td>15225 Heathcote Blvd</td>
</tr>
<tr>
<td>Haymarket, VA 20169</td>
</tr>
<tr>
<td>(571) 284-1000</td>
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<tr>
<td><strong>Pulaski</strong></td>
</tr>
<tr>
<td>Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski</td>
</tr>
<tr>
<td>2400 Lee Hwy N</td>
</tr>
<tr>
<td>Pulaski, VA 24301</td>
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<tr>
<td>(540) 387-9142</td>
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<tr>
<td>Stafford Hospital</td>
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<tr>
<td>Sentara Princess Anne Hospital</td>
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<td>Sentara Virginia Beach General Hospital</td>
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<td>Johnstone Memorial Hospital</td>
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<td>Winchester Medical Center</td>
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<td>Wythe County Hospital</td>
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<tr>
<td>MedExpress Urgent Care UCC, PC - Virginia</td>
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<td>Virginia Beach General Hospital</td>
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<td>Augusta Health Urgent Care</td>
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<td>Tuscar Yoga Health Care Plus</td>
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<td>In &amp; Out Express Care</td>
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<td>Mt. Pleasant Urgent Care and Family Practice</td>
</tr>
</tbody>
</table>
Hospital and Urgent Care Center Directory - Tier 1

Essex
MD Express
300 Mt Clement Park
Tappahannock, VA 22560
(804) 443-8610

Fairfax
Concentra Urgent Care
5590 General Washington Drive
Alexandria, VA 22312
(866) 944-6046
8613 Lee Highway Suite 110
Fairfax, VA 22031
(866) 944-6046

Novant Health UVA Health System UCC & Occupational Medicine, L.L.C
6208 Multiplex Drive Suite 150
Centreville, VA 20121
(703) 376-5043

Harrisonburg City
MedExpress Urgent Care UCC, PC - Virginia
1840 East Market St Suite A
Harrisonburg, VA 22801
(540) 432-3080

Frederick
MedExpress Urgent Care UCC, PC - Virginia
207 Gateway Drive
Winchester, VA 22603
(540) 535-1029

Fredericksburg City
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Galax City
Twin County Urgent Care
961 E Stuart Drive
Galax, VA 24333
(276) 238-0439

Gloucester
Gloucester Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

MD Express
6567 George Washington Memorial Highway
Gloucester, VA 23061
(804) 824-9962

Velocity Urgent Care
5690 Parkway Drive Suite 100
Gloucester, VA 23061
(804) 210-1005

Halifax
Velocity Urgent Care
5601 Old Halifax Road Suite 100
South Boston, VA 24592
(434) 290-1225

Hampton City
In & Out Express Care
593 Aberdeen Road Suite A
Hampton, VA 23661
(757) 825-1100

MD Express
3321 West Mercury Blvd
Hampton, VA 23666
(757) 224-0056

Patient First - Hampton
2304 West Mercury Boulevard
Hampton, VA 23666
(757) 951-1579

Hanover
BetterMed (Emergency Physicians Immediate Care Center 2)
6296 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 459-8300

Kidmed UCC, Inc.
8356 Bell Creek Road
Mechanicsville, VA 23116
(804) 559-5437

Harrisonburg City
MedExpress Urgent Care UCC, PC - Virginia
119 B University Blvd
Harrisonburg, VA 22801
(540) 434-5709

Henrico
AfterHours Pediatrics - West End
3460 Lauderdale Drive
Henrico, VA 23233
(804) 742-3077

BetterMed (Emergency Physicians Immediate Care Center 2)
5215 W Broad Street
Richmond, VA 23230
(804) 554-5688

Concentra Urgent Care
9900 West Broad Street Ste C
Glen Allen, VA 23060
(804) 944-6046

Express Med Urgent Care Center Inc
5310 Twin Hickory Road
Glen Allen, VA 23059
(804) 360-4242

Family Health Clinic at Independence
9930 Independence Park Ste 101
Richmond, VA 23233
(804) 726-2600

Good Health Express
9851 Brook Road
Glen Allen, VA 23059
(804) 893-8702

Kidmed UCC, Inc.
1602 Rolling Hills Drive
Richmond, VA 23229
(804) 422-5437

MedExpress Urgent Care UCC, PC - Virginia
8040 West Broad Street
Richmond, VA 23294
(804) 346-0927

Patient First - Parham
2305 N Parham Road
Richmond, VA 23229
(804) 270-2150

Patient First - Short Pump
3370 Pump Rd
Richmond, VA 23233
(804) 360-8061

Patient First - Woodman
2300 E Parham Rd
Richmond, VA 23228
(804) 264-7808

Manassas City
Patient First - Manassas
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

MedExpress Urgent Care UCC, PC - Virginia
1770 North Parham Road Ste 100
Richmond, VA 23229
(804) 615-5060

Optima Direct Network Providers 9/2019

432
Tazewell
Clinch Valley Urgent Care
1100 Cedar Valley Drive
Cedar Bluff, VA 24609
(276) 964-6449
111 Fashion Dr Suite D
Pounding Mill, VA 24637
(276) 596-6375

MedExpress Urgent Care UCC, PC - Virginia
4003 College Avenue Suite 2A
Bluefield, VA 24605
(276) 322-2085

Virginia Beach City
Bayview Physician Services PC (Urgent Care Center)
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 352-2020
6632 Indian River Rd
Virginia Beach, VA 23452
(757) 668-4648

Children's Hospital Of The King's Daughters - UCC
1924 Landstown Centre Way Ste 103
Virginia Beach, VA 23456
(757) 688-4949
3960 Virginia Beach Blvd
Virginia Beach, VA 23455
(757) 668-4648

Chimney Hill Medical Associates (SMG)
3745 Holland Rd
Virginia Beach, VA 23452
(757) 962-8720

In & Out Express Care
1290 Diamond Springs Road
Virginia Beach, VA 23455
(757) 400-0700

Patient First - General Booth
1605 General Booth Blvd
Virginia Beach, VA 23454
(757) 721-0512

Patient First - Holland Rd
3432 Holland Road
Virginia Beach, VA 23452
(757) 468-1855

Patient First - Indian River
5486 Indian River Road
Virginia Beach, VA 23464
(757) 424-2490

Patient First - Newtown Rd
332 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8400

Velocity Urgent Care
2180 General Booth Blvd Suite F
Virginia Beach, VA 23454
(757) 702-8122
2859 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 395-1300
3745 Holland Road
Virginia Beach, VA 23452
(757) 395-1700

4701 Virginia Beach Blvd
Virginia Beach, VA 23462
(757) 702-8110

VALLEY HEALTH URGENT CARE - UCC
65 Riverton Commons Plaza
Front Royal, VA 22630
(540) 635-0700

First Assist Urgent Care
603 Campus Drive Suite 100
Abingdon, VA 24210
(276) 739-8010

VALLEY HEALTH URGENT CARE - UCC
607 East Jubal Early Drive
Winchester, VA 22601
(540) 536-2232

2505 Valley Avenue
Winchester, VA 22601
(540) 665-0084

MD Express
4740 George Washington Hwy Ste A
Yorktown, VA 23693
(757) 564-3627

Greenbrier Valley Medical Center
1320 Maplewood Ave
Ronceverte, WV 24970
(304) 647-4411

Greenbrier Valley Medical Center
1320 Maplewood Ave
Ronceverte, WV 24970
(304) 647-4411

Greenbrier Valley Medical Center
1320 Maplewood Ave
Ronceverte, WV 24970
(304) 647-4411

Bluefield Regional Medical Center
500 Cherry Street
Bluefield, WV 24701
(304) 327-1100

Princeton Community Hospital
122 Twelfth Street
Princeton, WV 24740
(304) 487-7000

Beckley ARH Hospital
306 Stanaford Rd
Beckley, WV 25801
(304) 255-3000

Summers City Urgent Care (Urgent Care Center)
202 Foxcroft Ave
Martinsburg, WV 25401
(304) 264-1257
4980 Gerrardstown Road
Inwood, WV 25428
(304) 229-0600

Summers County ARH Hospital
1500 Terrace Street
Hinton, WV 25951
(304) 439-6600

University URGENT CARE - UCC
97 Administrative Drive
Martinsburg, WV 25401
(304) 350-3200

Hampshire Memorial Hospital
363 Sunrise Blvd
Romney, WV 26757
(304) 822-4561

Bluefield Regional Medical Center
500 Cherry Street
Bluefield, WV 24701
(304) 327-1100

Optima Direct Network Providers 9/2019 434
### Hospital and Urgent Care Center Directory - Tier 2

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td><em>Chesterfield</em></td>
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<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>2925 Polo Parkway, Midlothian, VA 23113</td>
<td>(804) 323-9060</td>
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<tr>
<td><em>Fredericksburg City</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mary Washington Hospital (MWH)</td>
<td>1001 Sam Perry Blvd, Fredericksburg, VA 22401</td>
<td>(540) 741-1100</td>
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<tr>
<td><em>Henrico</em></td>
<td></td>
<td></td>
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<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>10124K West Broad St, Glen Allen, VA 23060</td>
<td>(804) 273-6656</td>
</tr>
<tr>
<td><em>Mecklenburg</em></td>
<td></td>
<td></td>
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<tr>
<td>VCU Community Memorial Hospital</td>
<td>125 Buena Vista Cir, South Hill, VA 23970</td>
<td>(434) 447-3151</td>
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<tr>
<td><em>Petersburg City</em></td>
<td></td>
<td></td>
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<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>321 B Poplar Drive Ste 4, Petersburg, VA 23805</td>
<td>(804) 733-7233</td>
</tr>
<tr>
<td><em>Richmond City</em></td>
<td></td>
<td></td>
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<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>2924 Brook Rd, Richmond, VA 23220</td>
<td>(804) 228-5911</td>
</tr>
<tr>
<td>VCU Health System/MCV</td>
<td>1250 East Marshall St, Richmond, VA 23298</td>
<td>(804) 828-0088</td>
</tr>
<tr>
<td>VCU Health System/MCV Hospital - North</td>
<td>1300 E Marshall St, Richmond, VA 23298</td>
<td>(804) 828-9000</td>
</tr>
<tr>
<td>VCU Health System/MCV Hospital - West</td>
<td>1200 E Broad St, Richmond, VA 23298</td>
<td>(804) 828-9000</td>
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<tr>
<td><em>Spotsylvania</em></td>
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<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>10530 Spotsylvania Ave Ste 102, Fredericksburg, VA 22408</td>
<td>(540) 891-4485</td>
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<tr>
<td><em>Freestanding Outpatient Facilities</em></td>
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<tr>
<td>Mary Washington Hospital (MWH)</td>
<td>1001 Sam Perry Blvd, Fredericksburg, VA 22401</td>
<td>(540) 741-1100</td>
</tr>
</tbody>
</table>
KY

### Professional Counselor

**Inez**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - P. O. Box 352 Old Rt 3 Rock Castle Rd
  - Inez, KY 41224
  - (606) 886-8572

**Paintsville**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

**Pikeville**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - 118 River Drive
  - Pikeville, KY 41501
  - (606) 886-8572

**Prestonsburg**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

**Salyersville**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

**Tollet**

- Caudill, Christopher P, LPC
  - Mountain Comprehensive Care Center Inc
  - 118 River Dr
  - Pikeville, KY 41501
  - (606) 886-8572

### Psychiatrist

**Inez**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - P. O. Box 352 Old Rt 3 Rock Castle Rd
  - Inez, KY 41224
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 118 River Drive
  - Pikeville, KY 41501
  - (606) 886-8572

**Paintsville**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 118 River Dr
  - Pikeville, KY 41501
  - (606) 886-8572

**Pikeville**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - 118 River Dr
  - Pikeville, KY 41501
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 118 River Dr
  - Pikeville, KY 41501
  - (606) 886-8572

**Prestonsburg**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

- Dumas, James G, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

**Salyersville**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

- Dumas, James G, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 110 South Mayo Trail
  - Paintsville, KY 41465
  - (606) 886-8572

**Tollet**

- Chua, Corazon N, MD
  - Mountain Comprehensive Care Center Inc
  - 26229 Us Hwy 119 N
  - Toler, KY 41514
  - (606) 886-8572

- Pothuloori, Mammohan P, MD
  - Mountain Comprehensive Care Center Inc
  - 26229 Us Hwy 119 N
  - Toler, KY 41514
  - (606) 886-8572

- Dumas, James G, MD
  - Mountain Comprehensive Care Center Inc
  - 26229 Us Hwy 119 N
  - Toler, KY 41514
  - (606) 886-8572
behavioral health

registered nurse, counseling

hazard

Cotton, Kimberly Ann, NP
Appalachian Regional Healthcare Inc
102 Medical Center Dr
Hazard, KY 41701
(606) 439-0713

social worker

in ez

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
P. O. Box 352 Old Rt 3 Rock Castle Rd
Inez, KY 41224
(606) 886-8572

paintsville

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
1110 South Mayo Trail Paintsville, KY 41240
(606) 886-8572

pikeville

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
118 River Drive Pikeville, KY 41501
(606) 886-8572

prestonburg

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
104 S Front St
Prestonsburg, KY 41653
(606) 886-8572

salyersville

Copley Coleman, Martha, LCSW
Mountain Comprehensive Care Center Inc
1110 South Mayo Trail Salyersville, KY 41653
(606) 886-8572

columbia

Rodgerson, Thomas E, LPC
Centre Pointe Counseling Inc
10255 Old Columbia Road Columbia, MD 21046
(800) 491-5369

ellicott city

Buresh, Carolyn, LPC
Centre Pointe Counseling Inc
4500 Centennial Lane Ellicott City, MD 21042
(800) 491-5369

fulton

Bergstrom, Kevin M, LPC
Centre Pointe Counseling Inc
12350 Hall Shop Rd Fulton, MD 20759
(800) 491-5369

greenbelt

Campbell, Linda L, LPC
Joshua Sussal MDPa
Suite 730 7474 Greenway Ctr Dr Greenbelt, MD 20770
(301) 982-3437

harmon, gena m, lpc
Joshua Sussal MDPa
Suite 730 7474 Greenway Ctr Dr Greenbelt, MD 20770
(301) 982-3437

ritz, maureen p, lpc
Joshua Sussal MDPa
Suite 730 7474 Greenway Ctr Dr Greenbelt, MD 20770
(301) 982-3437

zawatsky, amy, lpc
Joshua Sussal MDPa
Suite 730 7474 Greenway Ctr Dr Greenbelt, MD 20770
(301) 982-3437
Hagerstown
Chaney, Beth, LPC
Beth Chaney Ms LPC
Ste 112 201 Prospect Avenue
Hagerstown, MD 21742
(301) 745-6687
Hansen, Elizabeth S, LPC
Miller, Natasha V, LPC
Schemm, Michael E, LPC
Bates, Terry, LPC
Bergstrom, Kevin M, LPC
Stouter, Lawrence, LPC
Gable, Teresa, LPC
Ste 130 201 Prospect Avenue
Hagerstown, MD 21742
(301) 745-6687

Laurel
Bergstrom, Kevin M, LPC
Centre Pointe Counseling Inc
8911 Stephens Rd
Laurel, MD 20723
(800) 491-5369

Middle River
Bates, Terry, LPC
Centre Pointe Counseling Inc
610 Middle River Rd
Middle River, MD 21220
(800) 491-5369

North Potomac
Cox, Birgit G, LPC
Birgit Cox
17736 Stoneridge Dr
North Potomac, MD 20878
(240) 778-4718

Nottingham
Schemm, Michael E, LPC
Harmony Counseling Center Inc
7939 Honeygo Blvd Ste 224
Nottingham, MD 21236
(540) 536-1681

Olney
Miller, Natasha V, LPC
Centre Pointe Counseling Inc
3425 Emony Church Rd
Olney, MD 20832
(800) 491-5369

Owings Mills
Hansen, Elizabeth S, LPC
Cedar Ridge Counseling Centers LLC
9199 Reisterstown Rd
Owings Mills, MD 21117
(410) 552-0773
Mcnemee, Donald C, LPC
Cedar Ridge Counseling Centers LLC
Ste 105B 9199 Reisterstown Rd
Owings Mills, MD 21117
(410) 552-0773
Prajzner Jr, Joseph, LPC
Cedar Ridge Counseling Centers LLC
Ste 105 9199 Reisterstown Rd
Owings Mills, MD 21117
(410) 552-0773
Stinecomb, Daniel C, LPC
Centre Pointe Counseling Inc
11301 Liberty Road
Owings Mills, MD 21117
(800) 491-5369

Parkville
Stine, Erin, LPC
Centre Pointe Counseling Inc
3309 Taylor Ave
Parkville, MD 21234
(800) 491-5369

Salisbury
Brett, Melinda, LPC
Melinda J Brett
#102 31413 Winterplace Pkwy
Salisbury, MD 21804
(410) 742-3055

Severn
Mitchell, Cassandra D, LPC
Centre Pointe Counseling Inc
8187 Telegraph Road
Severn, MD 21144
(800) 491-5369

Severna Park
Carter, Tracy E, LPC
Trace Carter
507 West Dr
Severna Park, MD 21146
(410) 598-3186

Silver Spring
Buresh, Carolyn, LPC
Centre Pointe Counseling Inc
12221 Veirs Mill Road
Silver Spring, MD 20906
(800) 491-5369
Miller, Natasha V, LPC
Centre Pointe Counseling Inc
12221 Veirs Mill Rd
Silver Spring, MD 20906
(800) 491-5369

Thurmont
Stouter, Lawrence, LPC
Centre Pointe Counseling Center
112 E Main St
Thurmont, MD 21788
(301) 745-6687

Upper Marlboro
Woods, Daniel M, LPC
Woods Counseling And Therapy Services Of Maryland Inc
9672 Pennsylvania Ave
Upper Marlboro, MD 20772
(301) 599-7905

Waldorf
Quarles, Mary B, LPC
Mary B Quarles
Ste 105b 9199 Old Wash Road
Waldorf, MD 20602
(301) 885-2838

Westminster
Hansen, Elizabeth S, LPC
Cedar Ridge Counseling Centers LLC
Ste 203 2 Locust Ln
Westminster, MD 21157
(410) 552-0773
Koerner, Nancy, LPC
Catoctin Counseling Center
Suite 8 63 E Main St
Westminster, MD 21157
(410) 848-9091
Mahony, Kathleen A, LPC
Cedar Ridge Counseling Centers LLC
Ste 203 2 Locust Ln
Westminster, MD 21157
(410) 356-9200
Mcnemee, Donald C, LPC
Cedar Ridge Counseling Centers LLC
Suite 203 2 Locust Lane
Westminster, MD 21157
(410) 552-0773
Prajzner Jr, Joseph, LPC
Cedar Ridge Counseling Centers LLC
Ste 203 2 Locust Lane
Westminster, MD 21157
(410) 552-0773

Cumberland
Aranson, Alan, MD
Western Maryland Health System Corporation
600 Ridgewood Avenue
Cumberland, MD 21502
(301) 723-4297
907 Seton Drive
Cumberland, MD 21502
(301) 723-4297

Greenbelt
Behl, Jyoti S, MD
Jyoti Behl
Ste 315 7525 Greenway Ctr Dr
Greenbelt, MD 20770
(301) 441-1026

Hagerstown
Bhandari, Ajay, MD
Meritus Medical Center
11116 Medical Campus Rd
Hagerstown, MD 21742
(301) 766-7600

Seligman, Barry, MD
Meritus Medical Center
11116 Medical Campus Road
Hagerstown, MD 21742
(301) 766-7707

Westminster
Hansen, Elizabeth S, LPC
Cedar Ridge Counseling Centers LLC
Ste 203 2 Locust Ln
Westminster, MD 21157
(410) 552-0773
Koerner, Nancy, LPC
Catoctin Counseling Center
Suite 8 63 E Main St
Westminster, MD 21157
(410) 848-9091
Mahony, Kathleen A, LPC
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Behavioral Health
Optima Direct Network Providers 9/2019 441
OptimaHealth
Behavioral Health

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Optima Direct Network Providers 9/2019

OptimaHealth
## Behavioral Health

<table>
<thead>
<tr>
<th>City</th>
<th>Street Address</th>
<th>Phone Number</th>
</tr>
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<tbody>
<tr>
<td>Edenton</td>
<td>407 S Broad Street</td>
<td>(252) 333-5519</td>
</tr>
<tr>
<td>Elizabeth City</td>
<td>1241 N Road St</td>
<td>(252) 333-4569</td>
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<tr>
<td>Curtin, KS LPC</td>
<td>1250 North Road Street</td>
<td>(252) 333-4569</td>
</tr>
<tr>
<td>Coker, Anna LPC</td>
<td>Anna L Coker 1250 North Road Street</td>
<td>(252) 333-4569</td>
</tr>
<tr>
<td>Wilson, Holly LPC</td>
<td>Holly Wilson 407 S Broad Street</td>
<td>(252) 333-5519</td>
</tr>
<tr>
<td>Greensboro</td>
<td>1821 Lendew Street</td>
<td>(919) 620-6908</td>
</tr>
<tr>
<td>Currie, K LPC</td>
<td>Catherine K Currie 503 S Broad St Edenton, NC 27932</td>
<td>(252) 632-4134</td>
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<tr>
<td>Coker, Anna LPC</td>
<td>Northeastern Professional Counseling Inc PC 1250 North Road Street Elizabeth City, NC 27909</td>
<td>(252) 333-4569</td>
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<tr>
<td>Seneres, Amber B LPC</td>
<td>Amber Bane Seneres 1241 N Road St Elizabeth City, NC 27909 (252) 619-5451</td>
<td>Life Wellness Counseling PLLC 1241 N Road St Elizabeth City, NC 27909 (252) 619-5451</td>
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<td>Life Wellness Counseling PLLC 1241 N Road St Elizabeth City, NC 27909 (252) 619-5451</td>
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<td>Northeastern Professional Counseling Inc PC 1250 North Road Street Elizabeth City, NC 27909 (252) 333-4569</td>
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<tr>
<td>Wallace, Mary E LPC</td>
<td>Mary E Wallace 303 East Main Street Ste 9 Elizabeth City, NC 27909 (252) 619-6629</td>
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<tr>
<td>Greensboro</td>
<td>1821 Lendew Street</td>
<td>(919) 389-1413</td>
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<tr>
<td>Krause, William F LPC</td>
<td>Tree Of Life Counseling PLLC 1821 Lendew Street Greensboro, NC 27408 (336) 288-9190</td>
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</table>

### Licensed Clinical Addiction Specialist

- **Ahsokie**
  - **Hooper-Vinson, Margalita B, LCAS**
    - Port Health Services
    - 144 Community College Rd Ste B
    - Ahsokie, NC 27910
    - (252) 209-8932

### Barco

- **Reading, Patrica, LCAS**
  - Portways Counseling Center
  - 4311 Caratoke Hwy
  - Barco, NC 27917
  - (252) 338-5334

### Elizabeth City

- **Kaul, Kristin, LPA**
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  - Elizabeth City, NC 27909
  - (252) 335-2018

### Marriage And Family Therapist

- **Greensboro**
  - **Rosen Grandon, Jane R, LMFT**
    - Jane R Rosen Grandon PhD
    - 3106 Edgewater Drive
    - Greensboro, NC 27403
    - (336) 292-2116

### Professional Counselor

- **Elizabeth City**
  - **Garver, David, LMFT**
    - University Psychological Associates Pa
    - 10001 Old Concord Rd
    - Charlotte, NC 28213
    - (704) 547-1483

- **Samuels, Darnita, LMFT**
  - Darnita D Samuels Ma LMFTa
  - 400 79 E Main St
  - Elizabeth City, NC 27909
  - (252) 335-0803

### Nurse Practitioner

- **Elizabeth City**
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    - Elizabeth City, NC 27909
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### Professional Counselor

- **Albemarle**
  - **Ritter, Elizabeth, LPC**
    - Elizabeth Ritter
    - 213 E Main Street
    - Albemarle, NC 28001
    - (980) 220-2431

- **Bondurant, Ann B, LPC**
  - Ann Barrier Bondurant
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  - (828) 254-0749

- **Applegate, Katherine Lynn, LPC**
  - Private Diagnostic Clinic PLLC
  - 407 Crutchfield St
  - Durham, NC 27704
  - (919) 620-6908
### Behavioral Health

#### Greenville

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Metzger, Esther Y, LPC</td>
<td>Carenet Inc, Suite 7a 3219 Landmark St</td>
<td>(252) 355-2801</td>
</tr>
<tr>
<td>Wilson, Holly, LPC</td>
<td>Holly Wilson, 1310 E Arlington Blvd Greenville, NC 27858</td>
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<tr>
<td>Holland, Marie, LPC</td>
<td>2808 S Croatan Hwy Ste B Nags Head, NC 27959</td>
<td>(919) 238-0008</td>
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#### Southern Pines

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<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Seneres, Amber Bane, LPC</td>
<td>Life Wellness Counseling PLLC, Suite 99 100 Pavilion Way Southern Pines, NC 28387</td>
<td>(252) 619-5451</td>
</tr>
<tr>
<td>Doraiswamy, Pudugram, MD</td>
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#### Psychiactrist

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<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Mannelli, Paolo, MD</td>
<td>Private Diagnostic Clinic PLLC, 2000 Regency Parkway Ste 280 Cary, NC 27518</td>
<td>(919) 687-4686</td>
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#### Durham

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<tr>
<th>Name</th>
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<tr>
<td>Adcock, Rachel Alison, MD</td>
<td>Private Diagnostic Clinic PLLC, 2213 Elba St Civilian Bldg Durham, NC 27705</td>
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</tr>
<tr>
<td>Beyer, John Leslie, MD</td>
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<td>(919) 620-4700</td>
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<tr>
<td>Bronner, Leslie Larissa, MD</td>
<td>Private Diagnostic Clinic PLLC, 40 Duke Medicine Cir Durham, NC 27710</td>
<td>(919) 680-0205</td>
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<td>Christopher, Eric James, MD</td>
<td>Private Diagnostic Clinic PLLC, 40 Duke Medicine Cir Durham, NC 27710</td>
<td>(919) 620-4700</td>
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<td>Crozier, Joseph Charles, MD</td>
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<tr>
<td>Cunningham, Natasha Tania, MD</td>
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#### Hickory

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<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Keyes, David, LPC</td>
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#### Kill Devil Hills

<table>
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<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Coughenour, Karla Sue, LPC</td>
<td>Karla Sue Coughenour, 1001 S Croatan Hwy Kill Devil Hills, NC 27948</td>
<td>(252) 455-2805</td>
</tr>
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#### Moyock

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Burns, Kaylee B, LPC</td>
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#### Nags Head

<table>
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<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Hawbaker, Michelle Marie, LPC</td>
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</tr>
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#### Rocky Mount

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Metzger, Esther Y, LPC</td>
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#### Optima Direct Network Providers 9/2019

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Charlottesville, VA 22908
(434) 924-1931
1215 Lee St Fl 1
Charlottesville, VA 22908
(434) 924-1931
2955 Ivy Rd #210
Charlottesville, VA 22903
(434) 924-1931

Leslie, Catherine, MD
University of Virginia Physicians Group
2955 Ivy Road Ste 210
Charlottesville, VA 22903
(434) 243-4646

Madaan, Vishal, MD
University of Virginia Physicians Group
Lee St & 11th St Sw
Charlottesville, VA 22908
(434) 243-6950
Behavioral Health

Tucker, Jim B, MD
University Of Virginia Physicians Group
310 Old Ivy Way #104
Charlottesville, VA 22903
(434) 243-6950

Dar, Nasreen R, MD
Nasreen R Dar MD
Ste 3000 6719 Governor Ge Perry Hwy
Richlands, VA 24641
(304) 425-9471

Merkel, Richard, MD
University Of Virginia Physicians Group
1 Hospital Dr # 2
Charlottesville, VA 22908
(434) 243-4646

Rosen, Jordan H, MD
University Of Virginia Physicians Group
2955 Ivy Rd Ste 210
Charlottesville, VA 22903
(434) 243-4646

Smith, Justin B, MD
University Of Virginia Physicians Group
1 Hospital Dr # 2
Charlottesville, VA 22908
(434) 243-4646

Marzani Nissen, Gabrielle R, MD
University Of Virginia Physicians Group
2955 Ivy Rd Ste 201
Charlottesville, VA 22903
(434) 924-2241

Merkel, Richard, MD
University Of Virginia Physicians Group
1 Hospital Dr # 2
Charlottesville, VA 22908
(434) 243-4646

Parikh, Nishant B, MD
University Of Virginia Physicians Group
2955 Ivy Rd Ste 210
Charlottesville, VA 22903
(800) 362-2203

Charlottesville, VA 22908
1215 Lee St Fl 3 Barringer Wing
Group
University Of Virginia Physicians
Charlottesville, VA 22903

Dar, Nasreen R, MD
Nasreen R Dar MD
Ste 3000 6719 Governor Ge Perry Hwy
Richlands, VA 24641
(304) 425-9471

Bender, Scott D, LCP
University Of Virginia Physicians Group
1 Hospital Dr Barringer Wing 6th Fl
Charlottesville, VA 22908
(434) 924-2718

Staunton, VA 24401
(434) 243-6950

Hayes, Jason T, DO
Frontier Health
1006 Us Hwy 23 North
Weber City, VA 24290
(423) 232-2600

Musil Jr, Clinton Allen, MD
Frontier Health
1006 Us Hwy 23n Weber City, VA 24290
(423) 232-2600

Psychologist

Charlottesville

Allen, Claudia W, LCP
University Of Virginia Physicians Group
1221 Lee Street Fl 1
Charlottesville, VA 22908
(434) 243-6868
1st Fl Lee Street
Charlottesville, VA 22908
(434) 243-6868

Andersen, Virginia, LCP
University Of Virginia Physicians Group
Charlottesville, VA 22908
(434) 982-1700

Bahl, Alisa B, LCP
University Of Virginia Physicians Group
1204 W Main St Fl 4
Charlottesville, VA 22903
(434) 924-5161

Chastain, Dania C, LCP
University Of Virginia Physicians Group
1300 Jefferson Park Ave # 4
Charlottesville, VA 22903
(434) 924-5134

Chastain, Dania C, LCP
University Of Virginia Physicians Group
1300 Jefferson Park Ave
Charlottesville, VA 22903
(434) 243-5676
545 Ray C Hunt Dr Ste 350
Charlottesville, VA 22903
(434) 243-5676

Cornell, Dewey, LCP
The Rector And Visitors Of The University Of Virginia
405 Emmet St
Charlottesville, VA 22903
(804) 242-2331

Optima Direct Network Providers 9/2019
Behavioral Health

1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-5161

Ingersoll, Karen, LCP
University Of Virginia Physicians Group
Barringer Wing 5th Fl Hospital Dr
Charlottesville, VA 22908
(434) 982-1700

Manning, Carol, LCP
University Of Virginia Physicians Group
1 Hospital Dr # 2
Charlottesville, VA 22908
(434) 924-5304
1215 Lee St # 1
Charlottesville, VA 22908
(434) 924-5304

Patrick, Peter D, LCP
University Of Virginia Physicians Group
1 Hospital Dr Fl # 5
Charlottesville, VA 22908
(434) 924-5314

Shaffer, Kelly M, LCP
University Of Virginia Physicians Group
1 Hospital Dr Fl # 4
Charlottesville, VA 22908
(434) 924-5314

Simons, Elizabeth, LBA
Elizabeth Simons
200 Weese Street
Elkins, WV 26241
(304) 851-6643

Smiechowski, Emily, LBA
Elizabeth Simons
200 Weese Street
Elkins, WV 26241
(304) 851-6643

Nurse Practitioner

Athens

Reikow, Aisha S, LNP
Princeton Community Hospital Association Inc
133 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Bluefield

Reikow, Aisha S, LNP
Princeton Community Hospital Association Inc
1275 Southview Dr
Bluefield, WV 24701
(304) 327-9205
133 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Professional Counselor

Beckley

Masters, Dwayne F, LPC
Dwayne Franklin Masters
6 E & F 130 George St
Beckley, WV 25801
(304) 256-0200

Berkeley Springs

Kaye, Sandra, LPC
Sandra Kaye
181 Sylvia Lane
Berkeley Springs, WV 25411
(304) 258-4239

Shade, Gail, LPC
Gail A Shade Ma LLC
3361 Valley Rd
Berkeley Springs, WV 25411
(304) 258-5353

Bluefield

Angle, Tammy L, LPC
Bluestone Health Association
3016 E Cumberland Rd
Bluefield, WV 24701
(681) 282-5576
Behavioral Health

Bishop, Theresa, LPC
Bluestone Health Association
3016 E Cumberland Rd
Bluefield, WV 24701
(304) 431-5499

Capon Bridge
Kenney, Gregory R, LPC
Gregory R Kenney Licensed Professional
200 School Street
Capon Bridge, WV 26711
(304) 856-3600
3b Bear Garden Plaza
Capon Bridge, WV 26711
(304) 856-3600

Charles Town
Burns, Denise J, LPC
Denise J Burns LPC
112 E Liberty St
Charles Town, WV 25414
(304) 261-2610

Smith, Deborah L, LPC
Shenandoah Valley Medical System Inc
44 Trifecta Pl Ste 205
Charles Town, WV 25414
(304) 263-7023

Fort Ashby
Evans, Sara L, LPC
Sara L Evans
1 N Old Mill Drive
Fort Ashby, WV 26719
(304) 298-4082

Huntington
Clay, Michael D, LPC
The Word House Inc
Suite 320 401 10th St
Huntington, WV 25701
(304) 523-9673

Keyser
Oneal, Helen E, LPC
Mountain State Psychological Services PLLC
130 Center St
Keyser, WV 26726
(304) 788-1113

Lewisburg
Hundley, Brigid M, LPC
Brigid M Hundley
112 Jd Park Rd Ste 2
Lewisburg, WV 24901
(304) 647-3044

Masters, Dwayne F, LPC
Dwayne Franklin Masters Valley Medical Bldg Rd 2 Box 171
Lewisburg, WV 24901
(304) 256-0200

Weisbrod, Jo A, LPC
Jo Anne Weisbrod 128 W Washington St
Lewisburg, WV 24901
(304) 647-3311

Martinsburg
Callahan, Peter J, LPC
Peter J Callahan PLLC
336 South Queen St
Martinsburg, WV 25402
(304) 886-4118

Carter, Tracy E, LPC
Tracy E Carter
126 E Burke Street
Martinsburg, WV 25401
(410) 598-3186

Cutberr, Robert, LPC
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-4999

Lucas, Heidi, LPC
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Mortimer, Sandra K, LPC
Blue Ridge Community And Counseling Services Inc
213 West John St
Martinsburg, WV 25401
(304) 263-0345

Oconnell, Ginger M, LPC
Blue Ridge Community And Counseling Services Inc
213 West John St
Martinsburg, WV 25401
(304) 263-7023

Smith, Deborah L, LPC
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Berkeley Springs
Diehl Lamp, Laurie Ann, MD
Shenandoah Valley Medical System Inc
1644 Valley Rd
Berkeley Springs, WV 25411
(304) 263-7023

Boothe, Emily Schwantes, DO
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Guthrie, Joseph C, MD
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Workman, Brandon, DO
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Charles Town
Diehl Lamp, Laurie Ann, MD
Shenandoah Valley Medical System Inc
130 Augustine Ave
Charles Town, WV 25414
(304) 263-7023

Garcia Merino, Antonio S, MD
Shenandoah Valley Medical System Inc
130 Augustine Ave
Charles Town, WV 25414
(304) 263-7023

Ostrow, Lawrence D, MD
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Princeton
Dar, Nasreen R, MD
Nasreen R Dar MD
6 Qual Valley Medical Center
Princeton, WV 24740
(304) 425-9471

Gee, Jeffry T, MD
Princeton Community Hospital Association Inc
122 12th St
Princeton, WV 24740
(304) 487-7936

Psychiatrist
Bluefield
Blankenship, Chad Elvis, PA-C
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 325-4673

Webb Jr, Ira Ted, PA-C
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Keyser
Thomas, William Scott, MD
West Virginia School Of Osteopathic Medicine Clinic Inc
1464 Jefferson St N
Lewisburg, WV 24901
(304) 645-3220

Taylor, Cheryl E, LCP
Princeton Community Hospital Association Inc
133 South View Dr
Bluefield, WV 24701
(304) 327-9205

Psychiatric Physician Assistant
Bluefield
Blankenship, Chad Elvis, PA-C
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 325-4673

Webb Jr, Ira Ted, PA-C
Princeton Community Hospital Association Inc
1333 Southview Dr
Bluefield, WV 24701
(304) 327-9205

Keyser
Thomas, William Scott, MD
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1464 Jefferson St N
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(304) 645-3220

Taylor, Cheryl E, LCP
Princeton Community Hospital Association Inc
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(304) 327-9205

Optima Direct Network Providers 9/2019 457

OptimaHealth
Charles Town

Wilkerson, Anita G, LCP
Anita G Wilkerson Ms PhD
121 Universe Dr
Martinsburg, WV 25401
(304) 260-0034

Morgantown

Berry-Harris, Traci A, LCP
Cardinal Pediatrics PLLC
134 Pine Tree Ln
Morgantown, WV 26508
(304) 599-8000

Peterstown

Terry, John C, LCP
Monroe Health Center
591 Us Hwy 219
Peterstown, WV 24963
(304) 753-4336

Princeton

Mann, Samantha, LCP
Bluestone Health Association
3997 Beckley Rd
Princeton, WV 24740
(304) 431-5499

Romney

Coleman, Sheri E, LCP
Eastern Psychological Services Inc
278 N High St Ste 1
Romney, WV 26757
(304) 822-3429

Shepherdstown

Spurrier, Rachel, LCP
Providance Counseling Ministries Inc
41 Maddex Drive
Shepherdstown, WV 25443
(304) 867-3878

Williamson

Baisden, Susan C, LCP
Professional Counseling Associates Inc
41 W 5th St
Williamson, WV 26611
(304) 235-3390

Registered Nurse Clinical Specialist

Marzell, Jeanne, RNCS
Shenandoah Valley Medical System Inc
Suite 205 44 Trifecta Place
Charles Town, WV 25414
(304) 263-4999

Shor, Elizabeth, LCSW
Shenandoah Valley Medical System Inc
Suite 205 44 Trifecta Place
Charles Town, WV 25414
(304) 263-7023

Inwood

Marzell, Jeanne, RNCS
Shenandoah Valley Medical System Inc
102 Hovert Dr
Inwood, WV 25428
(304) 263-4999

Morgantown

Marzell, Jeanne, RNCS
Shenandoah Valley Medical System Inc
99 Tavern Road
Martinsburg, WV 25401
(304) 263-4999

Social Worker

Baker

Gosnell, Stephanie M, LCSW
E A Hawse Health Center Inc
17978 Sr 55
Baker, WV 26801
(304) 897-5915

Powers Jr, Kenneth O, LCSW
E A Hawse Health Center Inc
17978 Sr 55
Baker, WV 26801
(304) 897-5915

Seerist, Johna L, LCSW
E A Hawse Health Center Inc
17978 Sr 55
Baker, WV 26801
(304) 897-5915

Charles Town

Baker, Christine R, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-4999

Harm, John R, LCSW
John R Harm
93 Crimson Circle
Martinsburg, WV 25403
(304) 263-2220

Harris, Teddy A, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Road
Martinsburg, WV 25401
(304) 263-4999

Keefer, Nicole, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Road
Martinsburg, WV 25401
(304) 263-7023

Ryan, Anita A, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Road
Martinsburg, WV 25401
(304) 263-4999
Shor, Elizabeth, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Simms, Megan E, LCSW
Megan Simms
400 W Martin St
Martinsburg, WV 25401
(304) 261-8456

Trietsch, Nicholas, LCSW
Nurture And Balance PLLC
142 N Queen St Ste 105
Martinsburg, WV 25401
(304) 579-1515

Ramer, Seth Craig, LCSW
Seth Craig Ramer LCSW
315 Point Marion Rd
Morgantown, WV 26505
(301) 895-3117

Haggerty, Nicole B, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

King, Rebecca N, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

Lyon, Johnathan A, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

Wall, Krysten, LCSW
Monroe Health Center
2869 Seneca Trail S
Peterstown, WV 24963
(304) 772-3064

Wall, Krysten, LCSW
Monroe Health Center Drive
Union, WV 24983
(304) 772-3064
<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Phone Number</th>
<th>TTY# TRS Relay Number</th>
<th>Website URL</th>
</tr>
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<tr>
<td>Costco Pharmacy</td>
<td>1-800-607-6861</td>
<td>711</td>
<td><a href="http://www.costco.com/warehouse/locator.aspx">www.costco.com/warehouse/locator.aspx</a></td>
</tr>
<tr>
<td>Food Lion Pharmacy</td>
<td>1-800-210-9569</td>
<td>711</td>
<td><a href="https://www.foodlion.com/departments/pharmacy/">www.foodlion.com/departments/pharmacy/</a></td>
</tr>
<tr>
<td>Giant Pharmacy</td>
<td>1-888-469-4426</td>
<td>711</td>
<td><a href="https://www.giantfood.com/store/locator/">https://www.giantfood.com/store/locator/</a></td>
</tr>
<tr>
<td>Harris Teeter Pharmacy</td>
<td>1-800-432-6111 option 2</td>
<td>711</td>
<td><a href="http://www.harristeeter.com/other/store_locator/store_locator.aspx">http://www.harristeeter.com/other/store_locator/store_locator.aspx</a></td>
</tr>
<tr>
<td>Kmart Pharmacy</td>
<td>1-800-416-7565</td>
<td>711</td>
<td><a href="https://pharmacy.kmart.com/newrx-landing">https://pharmacy.kmart.com/newrx-landing</a></td>
</tr>
<tr>
<td>Martin’s Food Markets Pharmacy</td>
<td>1-888-562-7846</td>
<td>711</td>
<td><a href="https://martinsfoods.com/">https://martinsfoods.com/</a></td>
</tr>
<tr>
<td>Rite Aid Pharmacy</td>
<td>1-800-748-3243 (1-800-RITE-AID)</td>
<td>1833</td>
<td><a href="https://www.riteaid.com/store-locator/">https://www.riteaid.com/store-locator/</a></td>
</tr>
<tr>
<td>Sam’s Pharmacy</td>
<td>1-888-746-7726</td>
<td>711</td>
<td><a href="https://www.samsclub.com/locator">https://www.samsclub.com/locator</a></td>
</tr>
<tr>
<td>Target Pharmacy</td>
<td>1-800-440-0680</td>
<td>711</td>
<td><a href="https://www.target.com/store-locator/find-stores">https://www.target.com/store-locator/find-stores</a></td>
</tr>
<tr>
<td>Walgreen’s Pharmacy</td>
<td>1-800-925-4733 (1-800-WALGREENS)</td>
<td>711</td>
<td><a href="https://www.walgreens.com/storelocator/find.jsp">https://www.walgreens.com/storelocator/find.jsp</a></td>
</tr>
<tr>
<td>Walmart Pharmacy</td>
<td>1-800-925-6278</td>
<td>711</td>
<td><a href="https://www.walmart.com/cservice/ca_storefinder.gsp">www.walmart.com/cservice/ca_storefinder.gsp</a></td>
</tr>
</tbody>
</table>

**Optima Direct Network Providers 9/2019**

**Optima Health**

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**Note:** This document provides a list of chain pharmacy services along with their contact information and website URLs. It is intended for users to find their nearest store location or pharmacy details.
Pharmacy Services

**Abingdon**
- Ballad Health Pharmacy
  16000 Johnston Memorial Dr
  Abingdon, Va 24211-4211
  (276) 258-1990
- Bristol Home Infusion
  18377 Westinghouse Rd
  Abingdon, Va 24210-4210
  (276) 676-3468
- Falcon Pharmacy
  795 Cummings Street
  Abingdon, Va 24211-4211
  (276) 258-5251
- Highlands Community Pharmacy
  16400 Jeb Stuart Highway
  Abingdon, Va 24210-4210
  (276) 676-4234
- Mac's Ltc Pharmacy
  611 S Carlin Springs Road #105
  Alexandria, Va 22204-2204
  (703) 525-0500
- Michaels Pharmacy
  101 Charwood Drive
  Abingdon, Va 24210-4210
  (276) 676-2900
- Northgate Pharmacy
  611 S Carlin Springs Road #105
  Alexandria, Va 22204-2204
  (703) 525-0500
- Northgate Pharmacy ll
  26100 Lee Hwy
  Abingdon, Va 24211-4211
  (276) 525-4633

**Alexandria**
- Medplus Pharmacy Ac
  6020 Richmond Hwy
  Alexandria, Va 22303-2303
  (703) 239-3288
- Neighborhood Pharmacy Of Del Ray
  2204 Mount Vernon Ave
  Alexandria, Va 22301-2301
  (703) 836-1700
- Skyline Pharmacy & Clinic
  5100 Leesburg Pike Ste 101
  Alexandria, Va 22302-2302
  (703) 417-9074

**Aldie**
- Ted Pharmacy
  24585 Stone Carver Dr Ste 175
  Aldie, Va 20105-0105
  (571) 367-3914

**Alexandria**
- Agape Pharmacy
  6349 Lincolnia Rd
  Alexandria, Va 22312-2312
  (703) 642-2900
- Landmark Foot And Ankle Center
  5249 Duke St Ste 212
  Alexandria, Va 22304-2304
  (703) 370-2313
- Landmark Professional Pharmacy,LLC
  5249 Duke St Unit # L1
  Alexandria, Va 22304-2304
  (703) 212-0200
- Medplus Pharmacy
  5130 Duke St Ste 2
  Alexandria, Va 22304-2304
  (703) 751-1111

**Arlington**
- Medplus Pharmacy Ac
  6020 Richmond Hwy
  Alexandria, Va 22303-2303
  (703) 239-3288
- Nova Pharmacy
  6023 Wilson Blvd
  Arlington, Va 22205-2205
  (703) 538-5555
- Preston’s Pharmacy
  5101 Lee Hwy
  Arlington, Va 22207-2207
  (703) 522-3412
- Virginia Hospital Center Outpatient Pharmacy
  1701 N George Mason Dr
  Arlington, Va 22205-2205
  (703) 717-7750

**Arrington**
- Amelia
  Amelia Pharmacy Inc
  15412 Patrick Henry Hwy
  Amelia, Va 23002-3002
  (804) 561-6685

**Annandale**
- Annandale Pharmacy
  7006b Little River Tnpk
  Annandale, Va 22003-2203
  (703) 836-1700
- New World Pharmacy
  7700 Little River Tpke
  Annandale, Va 22003-2203
  (703) 992-8806

**Appalachia**
- Appalachian
  Cornerstone Pharmacy
  205 Kilbourne Avenue
  Appalachia, Va 24216-4216
  (276) 565-3434

**Appomattox**
- Appomattox Drug Store
  2046 Confederate Blvd
  Appomattox, Va 24522-4522
  (434) 352-7161
- Hometown Pharmacy
  199 Old Courthouse Rd
  Appomattox, Va 24522-4522
  (434) 352-3784

**Aylett**
- King William Pharmacy
  7890 B Richmond Tappahanock Hwy
  Aylett, Va 23009-3009
  (804) 769-3885

**Bastian**
- Bland County Pharmacy
  12315 Grapefield Rd
  Bastian, Va 24314-4314
  (276) 688-4204

**Bedford**
- Bedford Community Health Center Pharmacy
  582 Blue Ridge Ave
  Bedford, Va 24523-4523
  (540) 425-7915

**Berryville**
- Joule Wellness Pharmacy
  1028 S Walter Reed Dr
  Arlington, Va 22204-2204
  (571) 699-3593

**Blacksburg**
- Spencers Drug Store Inc
  100 North Main Street
  Blacksburg, Va 24060-4060
  (540) 552-3000

**Bluefield**
- New Graham Pharmacy Inc
  566 Virginia Avenue
  Bluefield, Va 24605-4605
  (276) 326-1166

**Bristol**
- Bowling Green Pharmacy
  121 Travis St
  Bowling Green, Va 24227-2427
  (804) 633-4674

**Bridgewater**
- Bridgewater Healthcare Pharmacy
  302 N 2nd St
  Bridgewater, Va 22812-2812
  (540) 828-2787

**Big Stone Gap**
- Big Stone Economy Drug Inc
  11 East 5th Street North
  Big Stone Gap, Va 24219-4219
  (276) 566-4234

**Family Drug Inc**
- 14 E 27th St N Suite #1
  Big Stone Gap, Va 24219-4219
  (276) 523-1713

**Union Drug**
- 310 Cloverleaf Sq Bldg A # 1
  Big Stone Gap, Va 24219-4219
  (276) 523-2100

**Bridgewater**
- Bridgewater Pharmacy
  509 N Main St
  Bridgewater, Va 22812-2812
  (540) 828-6000
<table>
<thead>
<tr>
<th>Pharmacy Services</th>
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<tbody>
<tr>
<td><strong>Bristol</strong></td>
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<tr>
<td>Buntings And Northside Drug Center</td>
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<td>Southwest Virginia Community Pharmacy</td>
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<td>Buena Vista Family Pharmacy</td>
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<td>Rayfields Pharmacy Inc</td>
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<td>Charlotte Drug Company</td>
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<td>Sentara Martha Jefferson Hospital Outpatient Pharmacy</td>
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Pharmacy Services

Culpeper
The Pharmacy Of Culpeper
261 Southgate Shopping Ctr
Culpeper, Va 22701-2701
(540) 825-6005
Virginia Urgent & Family Care Professionals LLC
15237 Creativy Dr
Culpeper, Va 22701-2701
(952) 653-2568

Cumberland
Cumberland Pharmacy, Inc
1756 Anderson Hwy
Cumberland, Va 23040-3040
(804) 492-4325

Danville
Commonwealth Pharmacy Of The River City LLC
318 Craighead St
Danville, Va 24541-4541
(434) 425-0701
Danville Pharmacy
125 Watson St
Danville, Va 24541-4541
(800) 704-8875
Kare Pharmacy
142 S Main St
Danville, Va 24541-4541
(434) 799-2131
Modern Pharmacy Inc
155 S Main Street
Danville, Va 24541-4541
(434) 793-5711
Mohawk Healthy Life Center-danville
121 Maxine Rd
Danville, Va 24541-4541
(434) 799-5761
Paths Community Pharmacy
705 Main St
Danville, Va 24541-4541
(434) 791-4880
Piedmont Infusion Services, Inc
111 Mall Drive
Danville, Va 24540-4540
(434) 792-6387
Piedmont Pharmacy
305 Mount Cross Rd
Danville, Va 24540-4540
(434) 791-3784
Roman Eagle Rehabilitation And Health Care Care
2526 N Main St
Danville, Va 24541-4541
(434) 836-9510

Dillwyn
Dillwyn Pharmacy
1054 Main St
Dillwyn, Va 24366-3936
(434) 983-2013

Duffield
Village Economy Drug Inc
443 Duff Patt Hwy Ste104
Duffield, Va 24244-4244
(276) 431-2999
Clinch River Pharmacy
17633 Veterans Memorial Highway
Dungan, Va 24245-4245
(276) 467-2469
Elkton Family Pharmacy
111 S Stuart Ave
Elkton, Va 22827-2827
(540) 298-9090
Emporia
A&b Pharmacy
6 Doctors Dr
Emporia, Va 23847-3847
(434) 336-5000
Jones Ltc Pharmacy Inc
306a Weaver Avenue
Emporia, Va 23847-3847
(434) 348-4987
Shore Pharmacy
321b Main St
Exmore, Va 23356-3350
(757) 442-7982

Fairfax
Alexandria Compounding Pharmacy
9868 Main St
Fairfax, Va 22031-2031
(703) 549-4350
District Pharmacy
8301 Arlington Blvd Ste 107
Fairfax, Va 22031-2031
(703) 560-9000
Dynquest Pharmacy
3071 Javier Rd
Fairfax, Va 22031-2031
(703) 206-0002
Fairfax Family Practice Apothecary
3650 Joseph Siewick Dr
Fairfax, Va 22033-2033
(703) 391-2020

Hana Pharmacy
10780 Fairfax Blvd
Fairfax, Va 22030-2030
(703) 273-9010
Hann's Pharmacy
8505 Arlington Blvd Ste 110
Fairfax, Va 22031-2031
(703) 495-3350
Hematology Oncology Care Of Northern Virginia
3022 Williams Dr Ste 100
Fairfax, Va 22031-2031
(703) 698-9400
Inova Pharmacy Plus At Inova Fair Oaks
3600 Joseph Siewick Dr
Fairfax, Va 22033-2033
(703) 391-3060
Inova Pharmacy Plus-isci
8081 Innovation Park Dr
Fairfax, Va 22031-2031
(571) 472-1100
Langley Pharmacy
3023 Hamaker Ct Ste L1110
Fairfax, Va 22031-2031
(703) 992-7309
Prosperity Rx Fairfax, Inc.
2740 Prosperity Ave Ste 200
Fairfax, Va 22031-2031
(703) 334-5180
Qurex Pharmacy LLC
3949 Pender Dr Ste 130
Fairfax, Va 22030-2030
(703) 743-7975
Revolution Meds Pharmacy, Inc
11230 Waples Mill Rd Ste 115
Fairfax, Va 22030-2030
(703) 272-7040
Stone Springs Pharmacy, Inc.
10721 Main St Ste 107
Fairfax, Va 22031-2031
(703) 908-9234
Virginia Cancer Specialists, P.c.
8503 Arlington Blvd Ste 400
Fairfax, Va 22031-2031
(571) 395-4444

Falls Church
Fairfax Station Pharmacy
5616g Ox Rd
Fairfax Station, Va 22039-2039
(703) 495-3410

Fork Union
Fork Union Pharmacy Inc
4316 B James Madison Hwy
Fork Union, Va 23055-3015
(434) 842-3208

Acariahealth Pharmacy Inc
2924 Telescal Court
Falls Church, Va 22042-2042
(703) 208-1880
Baileys Pharmacy
5623 Columbia Pike
Falls Church, Va 22041-2041
(703) 260-6770
Broad Street Pharmacy
450 W Board St
Falls Church, Va 22046-2046
(703) 533-9013

Danville
Commonwealth Pharmacy Of The River City LLC
318 Craighead St
Danville, Va 24541-4541
(434) 425-0701

Dillwyn
Dillwyn Pharmacy
1054 Main St
Dillwyn, Va 24366-3936
(434) 983-2013

Duffield
Village Economy Drug Inc
443 Duff Patt Hwy Ste104
Duffield, Va 24244-4244
(276) 431-2999

Cumberland
Cumberland Pharmacy, Inc
1756 Anderson Hwy
Cumberland, Va 23040-3040
(804) 492-4325

Damascus
Laurel Family Drug
204 S Shady Ave
Damascus, Va 24236-4236
(276) 475-5022

Fairfax
Wellness Concepts #2
2003 Cobb Street
Farmingdale, Va 23901-3901
(434) 395-7003

Ferrum
Tri-area Community Pharmacy At Ferrum
40 Wiley Dr
Ferrum, Va 24088-4088
(540) 365-9992

Fishersville
Augusta Health Prescription Services
12 Parkway Ln
Fishersville, Va 22939-2939
(540) 332-5946

Floyd
The Pharm House
311 E Main St
Floyd, Va 24091-4091
(540) 776-8250

Gardens
Scenic Hills Pharmacy
14000 Manassas Pkwy Ste 110
Fairfax, Va 22030-2030
(703) 272-7040

Northern Virginia
Virginia Urgent & Family Care Professionals LLC
15237 Creativy Dr
Culpeper, Va 22701-2701
(952) 653-2568

Norton
Norton Pharmacy
220 W Main St
Norton, Va 24273-2423
(276) 679-2147

Optima Direct Network Providers 9/2019 464

Optima Health
464
<table>
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<tr>
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| Galax    | Mohawk Healthy Life Center-Glasgow  
404 Anderson St  
Glasgow, VA 24555-4555  
(540) 258-7611 |
| Gloucester | Gloucester Pharmacy  
7453 Hargett Blvd  
Goochland, VA 23061-3061  
(804) 694-5815 |
| Goochland | Dawsons Pharmacy  
2728 Fairground Rd  
Goochland, VA 23063-3063  
(804) 556-3311 |
| Gordonsville | Your Gordonsville Pharmacy  
400 W Gordon Ave Ste D  
Gordonsville, VA 23922-2922  
(540) 832-0000 |
| Glacier |                 |
| Glen Allen |                 |
| Henrico |                 |
| Herndon |                 |
| Hopewell |                 |
| Hot Springs |                 |
| Hurley |                 |
| Independence |                 |
| Jonesville |                 |

**Optima Direct Network Providers 9/2019**  
465
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<td><strong>Kenbridge</strong></td>
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<tr>
<td>(434) 676-2266</td>
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<tr>
<td>Centra Cancer Center Pharmacy</td>
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<tr>
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<tr>
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<tr>
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<td>1049 Brookdale Street</td>
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<td>Max Meadows, Va 23460-4360</td>
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<td>Nassawadox, Va 23413-3413</td>
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<tr>
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<tr>
<td>910 North Main Street</td>
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<td>7510 Mechanicsville Pike</td>
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<td>(804) 746-7997</td>
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<td><strong>Midlothian</strong></td>
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<td>611 Watkins Centre Pkwy</td>
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<td>(804) 378-1839</td>
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<td>Benzer Pharmacy 105</td>
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<td>4860 Rucker Rd Suite 1</td>
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<tr>
<td>Moneta, Va 24121-4121</td>
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<tr>
<td>(540) 297-8640</td>
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<tr>
<td>Hmc Pharmacy</td>
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<tr>
<td>120 Jackson River Rd</td>
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<tr>
<td>Monterey, Va 24465-4465</td>
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<tr>
<td>(540) 468-6421</td>
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<td><strong>Montpelier</strong></td>
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<tr>
<td>17128 Mountain Road</td>
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<tr>
<td>(804) 883-6363</td>
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<tr>
<td><strong>Mt Jackson</strong></td>
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<tr>
<td>5350 Main Street</td>
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<tr>
<td>Mt Jackson, Va 22284-2842</td>
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<td>(540) 477-3101</td>
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<tr>
<td>9502 Hospital Ave</td>
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<tr>
<td>Nassawadox, Va 23413-3413</td>
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<tr>
<td>(757) 442-6159</td>
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</tbody>
</table>
## Pharmacy Services

### New Canton
- **Central Virginia Health Services**
  - 25892 N James Madison Hwy
  - New Canton, Va 23123-3123
  - (434) 581-3271

### New Castle
- **Market Street Pharmacy Inc**
  - 317 Market St
  - New Castle, Va 24127-4127
  - (540) 864-8800

### Newport News
- **Denbigh Pharmacy**
  - 13349 Warwick Blvd
  - Newport News, Va 23602-3602
  - (757) 877-0253

- **Dominion Pharmacy Services**
  - 10516 Jefferson Ave
  - Newport News, Va 23606-3606
  - (757) 459-9250

- **Glendale Pharmacy**
  - 12444 Warwick Blvd
  - Newport News, Va 23606-3606
  - (757) 947-3740

### Hidenwood Pharmacy, Inc
- **Good Health Pharmacy At Mary Immaculate Hospital**
  - 12730 Mcmansas Blvd Ste 100
  - Newport News, Va 23602-3602
  - (757) 947-3740

### Newport News
- **Pavilion Pharmacy**
  - 500 J Clyde Morris Blvd Rm 1-501
  - Newport News, Va 23601-3601
  - (757) 223-7709

### Virginia Oncology Associates
- **Virginia Pharmaceutical Services**
  - 11832 Canon Blvd Suite A
  - Newport News, Va 23606-3606
  - (757) 223-0236

### Nickelsville
- **Nickelsville Pharmacy**
  - 11708 Nicklesville Highway
  - Nickelsville, Va 24271-4271
  - (276) 479-2600

### Norfolk
- **Atrium Pharmacy**
  - 155 Kingsley Ln
  - Norfolk, Va 23505-3505
  - (757) 278-2150

- **Bayview Community Pharmacy**
  - 1846 E Little Creek Rd
  - Norfolk, Va 23518-3518
  - (757) 383-6636

- **Bayview SrPc Pharmacy**
  - 710 E Little Creek Rd
  - Norfolk, Va 23518-3518
  - (757) 819-4636

- **Coastal Pharmacy**
  - 6160 Kempsville Cir Ste 104a
  - Norfolk, Va 23502-3502
  - (757) 800-1601

- **Colley Discount Pharmacy**
  - 1415 Colley Avenue
  - Norfolk, Va 23517-3507
  - (757) 622-2575

- **Hague At Chkd**
  - 601 Cheddens Ln
  - Norfolk, Va 23507-3507
  - (757) 881-1126

- **Hague Pharmacy**
  - 400 Gresham Dr
  - Norfolk, Va 23507-3507
  - (757) 622-0222

- **Macarthur Pharmacy**
  - 261 Grandby Street
  - Norfolk, Va 23510-3510
  - (757) 533-6366

- **People's Pharmacy**
  - 1446 Church Street
  - Norfolk, Va 23504-3504
  - (757) 227-4677

- **Sentara Leigh Hospital Outpatient Pharmacy**
  - 830 Kempsville Road
  - Norfolk, Va 23502-3502
  - (757) 261-8055

- **Sentara To Home**
  - 600 Gresham Dr
  - Norfolk, Va 23507-3507
  - (757) 388-2012

- **Thomas A Natchez Pharmacist**
  - 110 Kingsley Ln
  - Norfolk, Va 23505-3505
  - (757) 489-2012

- **Virginia Oncology Associates**
  - 5900 Lake Wright Dr Ste 200
  - Norfolk, Va 23502-3502
  - (757) 213-5714

### North Tazewell
- **Hayes Drug LLC**
  - 689 Freedom Ave
  - North Tazewell, Va 24630-4630
  - (276) 988-4414

### Norton
- **Lone Some Pine Economy Drug**
  - 517 Park Ave Sw
  - Norton, Va 24273-4273
  - (276) 679-5190

### Oak Hall
- **H And H Pharmacy Oak Hall**
  - 7001 Lankford Hwy
  - Oak Hall, Va 23416-3416
  - (757) 824-4477

### Orange
- **Orange Pharmacy**
  - 130 W Main St
  - Orange, Va 22960-2960
  - (540) 661-5006

- **Jefferson Good Neighbor Pharmacy**
  - 194 B Turkey Back Trail
  - Palmyra, Va 22963-2963
  - (434) 589-7902

- **Spring Drug**
  - 22042 Jeb Stuart Hwy
  - Patrick Springs, Va 24133-4133
  - (276) 694-3100

### Pennington Gap
- **John C Marion Pharmacist Pcc**
  - 156 Combs Rd
  - Pennington Gap, Va 24277-4277
  - (276) 546-5841

- **Pennington Pharmacy**
  - 41692 W Morgan Ave
  - Pennington Gap, Va 24277-4277
  - (276) 546-1551

### Petersburg
- **Health Care Alliance Pharmacy**
  - 321c Poplar Dr
  - Petersburg, Va 23805-3805
  - (804) 733-5591

### Poquoson
- **Drug Center Pharmacy**
  - 600 High Street
  - Portsmouth, Va 23704-3704
  - (757) 393-4039

### Pounding Mill
- **Claypool Hill Pharmacy**
  - 12252 Governor George C Peery Hwy
  - Pounding Mill, Va 24637-4637
  - (276) 963-3502

- **Specialty Care Rx LLC**
  - 111 Fashion Rd Ste A
  - Pounding Mill, Va 24637-4637
  - (276) 345-0284

### Powhatan
- **Powhatan Drug**
  - 2105 Academy Rd
  - Powhatan, Va 23139-3139
  - (804) 376-7168

### Prince George
- **Benzler Pharmacy**
  - 4720 Puddledock Rd
  - Prince George, Va 23875-3875
  - (804) 793-8000

### Pulaski
- **Martins Pharmacy**
  - 400 N Washington Ave
  - Pulaski, Va 24301-4301
  - (540) 980-4060

### Purcellville
- **Purcellville Pharmacy**
  - 609 E Main St Ste Q
  - Purcellville, Va 20132-0132
  - (540) 751-9750
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<th>Pharmacy Service</th>
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<td>Radford Pharmacy</td>
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<td>Carillon Clinic Pharmacy</td>
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<td>Richmond Pharmacy</td>
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<td>Super Aid Pharmacy</td>
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<td>Raphine Pharmacy</td>
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<td>Remington Pharmacy</td>
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<td>Richmond Pharmacy</td>
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<td>Bon Secours Good Health Pharmacy At Rch</td>
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<td>Bremo Ltc Pharmacy</td>
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<tr>
<td>Bremo Pharmacy</td>
<td>2024 Staples Mill Rd Richmond, Va 23230-3230 (804) 288-8361</td>
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<td>Bremo Pharmacy at Henrico Doctors</td>
<td>1602 Skipwith Rd # 301 Richmond, Va 23229-3229 (804) 285-7730</td>
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<tr>
<td>Buford Road Pharmacy Inc</td>
<td>2608 Buford Road Richmond, Va 23235-3235 (804) 272-1423</td>
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<tr>
<td>Family Care Pharmacy Inc</td>
<td>2576 Gayton Centre Dr Richmond, Va 23238-3238 (804) 740-3300</td>
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<tr>
<td>Fitzgerald Lafayette Pharmacy Inc</td>
<td>1011 Lafayette Street Richmond, Va 23221-3221 (804) 355-1777</td>
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<tr>
<td>Grove Avenue Pharmacy</td>
<td>4911 Grove Ave Richmond, Va 23226-3226 (804) 355-3405</td>
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<td>Henrico Pharmacy</td>
<td>8705 W Broad St Richmond, Va 23294-3294 (804) 239-1990</td>
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<td>Hope Pharmacy, Inc.</td>
<td>1330 N 25th St Richmond, Va 23223-3223 (804) 537-0103</td>
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<td>Mcguire Park Pharmacy</td>
<td>2106 East Main Street Richmond, Va 23223-3223 (804) 344-4444</td>
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<tr>
<td>Midlothian Community Pharmacy, LLC</td>
<td>9550 Midlothian Turnpike Richmond, Va 23235-3235 (804) 220-1408</td>
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<tr>
<td>Partners Pharmacy</td>
<td>1746 E Parham Rd Richmond, Va 23228-3228 (804) 262-2500</td>
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<tr>
<td>Partners Pharmacy Of Imperial Plaza</td>
<td>1717 Bellevue Ave Richmond, Va 23227-3227 (804) 262-1898</td>
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<tr>
<td>Progressive Pharmacy Care</td>
<td>6605 West Broad St., Suite A Richmond, Va 23220-3230 (804) 322-1590</td>
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<tr>
<td>Rva Pharmacy</td>
<td>7801 W Broad St Ste 19 Richmond, Va 23294-3294 (804) 528-5589</td>
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<td>Rx3 Pharmacy</td>
<td>11934 W Broad St Richmond, Va 23233-3233 (804) 717-5000</td>
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<tr>
<td>Saint Mary's Community Pharmacy</td>
<td>5801 Bremo Rd Richmond, Va 23226-3226 (804) 281-8425</td>
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<tr>
<td>Sitter And Barfoot Veterans Care Center</td>
<td>1601 Broad Rock Blvd Richmond, Va 23224-3224 (804) 371-8000</td>
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<tr>
<td>Virginia Department Of Health Pharmacy Services</td>
<td>101 N 14th St Richmond, Va 23219-3219 (804) 786-4326</td>
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<tr>
<td>Virginia Urology, PC</td>
<td>9101 Stony Point Dr Richmond, Va 23235-3235 (804) 330-9105</td>
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<td>Westwood Behavioral Health Pharmacy Richmond</td>
<td>107 S 5th St Richmond, Va 23219-3219 (804) 716-7149</td>
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<td>Westwood Pharmacy</td>
<td>5823 Patterson Ave Richmond, Va 23226-3226 (804) 288-1933</td>
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<td>West Pharmacy</td>
<td>2012 Electric Rd Sw Richmond, Va 24018-4018 (540) 774-5500</td>
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<tr>
<td>Rocky Mount Pharmacy Services America</td>
<td>1165 Franklin St Rocky Mount, Va 24151-4151 (833) 360-5558</td>
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<tr>
<td>Rose Hill Pharmacy</td>
<td>5462 Dr Thomas Walker Road Rose Hill, Va 24281-4281 (276) 445-5026</td>
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<td>Dickenson Drug Company</td>
<td>580 N Main St Rural Retreat, Va 24368-4368 (276) 866-5073</td>
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<tr>
<td>Erries Drug Inc</td>
<td>16408 Wise St Saint Paul, Va 24283-4283 (276) 762-5800</td>
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<tr>
<td>Brooks Byrd Pharmacy</td>
<td>2 E Main Street Salem, Va 24153-4153 (540) 389-8111</td>
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<tr>
<td><strong>Carillon Clinic Pharmacy Salem</strong> 3737 W Main Street Salem, Va 24153-4153 (540) 981-7320</td>
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<td><strong>Fort Lewis Pharmacy</strong> 2246 West Main St Salem, Va 24153-4153 (540) 380-4681</td>
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<td><strong>Trinity Pharmacy LLC</strong> 396 East Burwell St Salem, Va 24153-4153 (540) 444-7385</td>
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<tr>
<td><strong>Valley Apothecary</strong> 1802 Braelburn Drive Salem, Va 24153-4153 (540) 772-3788</td>
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<tr>
<td><strong>Gotherman Pharmacy</strong> 1304 S MAIN ST Salem, Va 24153-4153 (540) 981-7300</td>
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<td><strong>Staunton</strong></td>
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<tr>
<td><strong>Bennett's Drug Store</strong> 123 S MAIN ST Staunton, Va 24401-4401 (540) 887-2228</td>
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<tr>
<td><strong>Golden Health Pharmacy</strong> 5011 STEAGLE RD Staunton, Va 24401-2010 (540) 887-2228</td>
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<tr>
<td><strong>Sterling</strong></td>
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<tr>
<td><strong>Golden Health Pharmacy</strong> 46950 Community Plz Ste 112 Sterling, Va 20164-0164 (703) 430-8883</td>
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<td><strong>Tazewell</strong></td>
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<td><strong>Clinch Valley Pharmacy</strong> 161 Martinage Dr Tazewell, Va 24661-4651 (276) 988-4871</td>
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<td><strong>Watkins Pharmacy</strong> 119 W Main St Tazewell, Va 24661-4651 (276) 988-4871</td>
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<td><strong>Urbanna</strong></td>
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<tr>
<td><strong>Marshall's Drug Store</strong> 50 Cross Street Urbanna, Va 23175-3175 (804) 758-5344</td>
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<td><strong>Vansant</strong></td>
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<td><strong>Family Drug</strong> 1755 Lovers Gap Rd Vansant, Va 24565-4656 (269) 977-2419</td>
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<td><strong>Culpeper</strong></td>
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<td><strong>Country Pharmacy</strong> 34654 Virgilial St Culpeper, Va 22701-2701 (540) 827-3331</td>
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<td><strong>Tennent Pharmacy</strong> 107 S MAIN ST Tennent, Va 23441-2341 (540) 984-0531</td>
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<td><strong>Warning</strong></td>
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<tr>
<td><strong>River Road Pharmacy</strong> 102 River Rd Tappahannock, Va 22560-2560 (540) 984-0531</td>
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<td><strong>Vienna</strong></td>
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<tr>
<td><strong>Cundiff Drug Store Inc</strong> 110 E Cleveland Ave Vinton, Va 24179-4179 (540) 342-8928</td>
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<tr>
<td><strong>Wonder Drug</strong> 15818 Stuarts Draft Highway Vinton, Va 24179-4179 (540) 890-3027</td>
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<td><strong>Virginia Beach</strong></td>
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<tr>
<td><strong>Barrs Pharmacy Inc</strong> 201 Virginia Beach Blvd Virginia Beach, Va 23451-3451 (757) 428-1212</td>
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<tr>
<td><strong>Beach Pharmacy</strong> 3198 Pacific Ave Ste 124 Virginia Beach, Va 23451-3451 (757) 963-3036</td>
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<tr>
<td><strong>Pharmacy Innovations</strong> 4001 Virginia Beach Blvd Ste 110 Virginia Beach, Va 23452-3452 (757) 934-0533</td>
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<tr>
<td><strong>Sentara Outpatient Pharmacy At Va Beach</strong> 1060 First Colonial Rd Virginia Beach, Va 23454-3454 (757) 395-8844</td>
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<tr>
<td><strong>Sentara Princess Anne Outpatient Pharmacy</strong> 2025 Glenn Mitchell Dr Virginia Beach, Va 23456-3456 (757) 507-1115</td>
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<tr>
<td><strong>Sentara Rx</strong> 800 Independence Blvd Ste 100 Virginia Beach, Va 23455-3455 (757) 252-0975</td>
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<tr>
<td><strong>Urology Of Virginia, PLLC</strong> 225 Clearfield Ave Virginia Beach, Va 23462-3462 (757) 452-3491</td>
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<tr>
<td><strong>Virginia Oncology Associates</strong> 1950 Glenn Mitchell Dr Ste 102 Virginia Beach, Va 23456-3456 (757) 368-0437</td>
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</table>
Pharmacy Services

Wakefield
Wakefield Pharmacy
105 Railroad Ave
Wakefield, Va 23888-3888
(757) 899-2551

Warrenton
WeCare Pharmacy
516 Fletcher Dr
Warrenton, Va 20186-0186
(540) 428-7002

Waynesboro
Fishburne Pharmacy, LLC
436 S Linden Avenue
Waynesboro, Va 23880-3888
(540) 949-8211

Wake Vital Care
250 N Poplar Ave Ste C
Waynesboro, Va 22980-2980
(540) 569-3463

Weber City
Weber City Drug Center
1482 U.s. Highway 23 North
Weber City, Va 24290-4290
(276) 386-3482

West Point
West Point Pharmacy Inc
1302 Lee Street
West Point, Va 23181-3181
(804) 843-4450

White Stone
White Stone Pharmacy
416 Chesapeake Drive
White Stone, Va 22578-2578
(804) 435-1051

Williamsburg
Family Care Williamsburg
3900 Windsor Hall Dr
Williamsburg, Va 23188-3188
(757) 220-1621

Olde Towne Pharmacy Inc
4854 Longhill Road
Williamsburg, Va 23188-3188
(757) 220-8764

Professional Pharmacy
1302 Mt Vernon Avenue
Williamsburg, Va 23185-3185
(757) 229-3560

Sentara Williamsburg Reg Medical Center Outpatient Pharmacy
100 Sentara Wy
Williamsburg, Va 23188-3188
(757) 984-8100

Student Health Service Pharmacy
240 Gooch Drive
Williamsburg, Va 23185-3185
(757) 221-2790

The Prescription Shoppe
5223 Monticello Ave Ste C
Williamsburg, Va 23188-3188
(757) 206-1630

Virginia Oncology Associates
500 Sentara Cir Ste 203
Williamsburg, Va 23188-3188
(757) 229-2236

Williamsburg Drug Company Inc
240 Melaws Circle
Williamsburg, Va 23185-3185
(757) 229-1041

Rotz Pharmacy
1338 Amherst St
Winchester, Va 22601-2601
(540) 662-8312

Shenandoah Oncology, PC
400 Campus Blvd, Suite 100
Winchester, Va 22601-2601
(540) 662-1108

Valley Pharmacy
190 Campus Blvd
Winchester, Va 22601-2601
(540) 536-8899

Cavalier Pharmacy Inc
301 Church Street
Wise, Va 22664-4293
(276) 328-9141

Express Pharmacy
1690 Old Bridge Rd
Woodbridge, Va 22192-2192
(703) 494-8000

Goodcare Pharmacy
1400 Jefferson Davis Hwy Ste 101
Woodbridge, Va 22191-2191
(571) 408-4112

Green Health Pharmacy
2898 Dale Blvd, Unit 105
Woodbridge, Va 22193-2193
(703) 499-2373

Northern Virginia Hematology Oncology Associates
2079 Daniel Stuart Square
Woodbridge, Va 22192-2191
(703) 491-5600

One Hanson Pharmacy
12493 Dillingham Sq
Woodbridge, Va 22192-2192
(571) 285-1784

Potomac Center Pharmacy
2296 Opitz Blvd
Woodbridge, Va 22191-2191
(703) 523-0670

Potomac Urology Center PC
2296 Opitz Blvd Ste 350
Woodbridge, Va 22191-2191
(703) 680-2111

Regal Pharmacy
2068 Daniel Stuart Sq
Woodbridge, Va 22191-2191
(703) 490-1600

Wel.I.Check Pharmacy
16593 River Ridge Blvd
Woodbridge, Va 22191-2191
(571) 931-6697

Walton And Smoot Pharmacy
109 S Main Street
Woodstock, Va 22664-2664
(540) 459-2136

Counts Drug Co Inc
289 W Main Street
Wytheville, Va 24382-4382
(276) 228-2178

Forest Pharmacy Inc.
1787 W Lee Hwy
Wytheville, Va 24382-4382
(276) 227-0781

Southern Pharmacy Services
860 Stafford Umberger Dr
Wytheville, Va 24382-4382
(276) 228-5940

Heritage Pharmacy
5922-b George Washington Memorial Highway
Yorktown, Va 23692-3692
(757) 243-2764

Counts Drug Co Inc
289 W Main Street
Wytheville, Va 24382-4382
(276) 228-2178

Northern Virginia Hematology Oncology Associates
2079 Daniel Stuart Square
Woodbridge, Va 22192-2191
(703) 491-5600

One Hanson Pharmacy
12493 Dillingham Sq
Woodbridge, Va 22192-2192
(571) 285-1784

Walton And Smoot Pharmacy
109 S Main Street
Woodstock, Va 22664-2664
(540) 459-2136

Counts Drug Co Inc
289 W Main Street
Wytheville, Va 24382-4382
(276) 228-2178

Northern Virginia Hematology Oncology Associates
2079 Daniel Stuart Square
Woodbridge, Va 22192-2191
(703) 491-5600

One Hanson Pharmacy
12493 Dillingham Sq
Woodbridge, Va 22192-2192
(571) 285-1784
**Chiropractic Providers**

*Ingram, Patrick*
Maryland Spine Care
517 E Main St
Reisterston, MD 21136-1316
(410) 833-3038

*Johnson, Andrew*
Johnson Chiropractic
1126 N Rolling Rd
Catonsville, MD 21228-2228
(443) 744-1223

*Keen, Brian*
MS-HC LLC
901 Eastern Blvd Ste 201
Baltimore, MD 21221-2221
(410) 682-5500

*Lipman, Howard*
Reisterston Family Chiropractic
11710 Reisterston Rd Ste 205
Reisterston, MD 21136-1316
(410) 517-2400

*Little, Kara*
MS-HC LLC
1576 Merritt Blvd Ste 11-B
Dundalk, MD 21222-2222
(410) 282-8800
901 Eastern Blvd Ste 201
Baltimore, MD 21221-2221
(410) 682-5500

*Loonis, Lance*
Carney Chiropractic Center
8109 Harford Rd Ste 3
Parkville, MD 21234-2344
(410) 882-0720

*Maddox, Adam*
IDEAL HEALTH CHIROPRACTIC, LLC
7939 Honeygo Blvd Ste 215
Baltimore, MD 21236-236
(410) 931-2156

*Mahipat, Marlene*
Medquest LLC
5310 Old Court Rd Ste 301
Randallstown, MD 21133-133
(410) 655-8900

*Miller, Noelle*
Mid Atlantic Spinal Rehab & Chiropractic
9403 Harford Rd Ste 1
Parkville, MD 21234-234
(443) 842-5500

*Rosen-Hoffberg Rebilitation and Pain Management Assoc PA*
14065 Red Run Blvd Ste 404
Owings Mills, MD 2117-117
(410) 234-1600

*Norman, James*
MS-HC LLC
1576 Merritt Blvd Ste 11B
Baltimore, MD 21222-222
(410) 282-8800

*Tsui, Kin*
Rosen-Hoffberg Rehabilitation and Pain Management Assoc PA
10085 Red Run Blvd Ste 404
Owings Mills, MD 2117-117
(410) 363-7246

*Johnson, Andrew Chiropractic*  
220 W Cold Spring Ln
Baltimore, MD 21210-210
(443) 524-6600

*Guccione, Gladyss*
MS-HC LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600

*Waller, Jeffrey*
York Road Chiropractic
10153 York Rd Ste 105
Cockeysville, MD 21030-030
(410) 682-2808

*Vasiemides, Maria*
Dr Maria Vasiemides PA
3421 Sweet Air Rd Ste 5
Phoenix, MD 21131-131
(410) 628-0010

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**Baltimore City**

*Abosh, Paul*
Baltimore Back & Pain Center
3914 Hickory Ave
Baltimore, MD 21211-211
(410) 662-4476

*Barrett, Riley*
CHIROWRx Spine & Rehab LLC
1425 Light St Ste B
Baltimore, MD 21220-230
(410) 752-2320

*Bassan, Michael*
MS-HC LLC
540 E Belvedere Ave Ste 200
Baltimore, MD 21221-212
(410) 323-4500

*Brull, Richard*
MS-HC LLC
4167 Patterson Ave
Baltimore, MD 21215-212
(410) 764-2111

*Boro, Helen*
MS-HC LLC
4200 Edmondson Ave Ste 101
Baltimore, MD 21229-229
(410) 947-0300

*Henry, Paul*
Henry Chiropractic
1103 N Point Blvd Ste 404
Baltimore, MD 21224-224
(410) 285-2600

*Jarratt, Scott*
Jarrett Chiropractic and Rehab PA
4000 W Northern Pkwy
Baltimore, MD 21215-215
(410) 578-1490

*Kalb, Cheryl*
Whole Body Healthcare LLC
3914 Hickory Ave
Baltimore, MD 21211-211
(410) 662-4476

*Kashi, Kaykavos*
Kashi Chiropractic and Spinal Rehab PC
1103 N Point Blvd Ste 404
Baltimore, MD 21224-224
(410) 285-2600

*Keen, Tamara*
MS-HC LLC
2511 Edison Hwy
Baltimore, MD 21234-234
(410) 675-4500

*Laub, Silke*
Roland Park Chiropractic
6301 N Charles St Ste 1
Baltimore, MD 21212-212
(443) 841-7871

*Norman, James*
MS-HC LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600

*Samuels, Andrea*
Catonsville Family Chiropractic & Rehab Center
5411 Old Frederick Rd Ste 2
Baltimore, MD 21229-229
(443) 751-2735

*Solters, Andrew*
Optima Direct Network Providers 9/2019

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*Travagline, Dennis*
Perry Hall Chiropractic & Physical Therapy
8817 Belair Rd Ste 101
Nottingham, MD 21236-236
(410) 256-9650

*Cohen, Lauren*
Living Wellness Medical Center
220 W Cold Spring Ln
Baltimore, MD 21210-210
(443) 524-6600

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*Kashi, Kaykavos*
Kashi Chiropractic and Spinal Rehab PC
1103 N Point Blvd Ste 404
Baltimore, MD 21224-224
(410) 285-2600

*Keen, Tamara*
MS-HC LLC
2511 Edison Hwy
Baltimore, MD 21213-213
(410) 675-4500

*Laub, Silke*
Roland Park Chiropractic
6301 N Charles St Ste 1
Baltimore, MD 21212-212
(443) 841-7871

*Norman, James*
MS-HC LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600

*Park, Brian*
MS-HC LLC
4200 Edmondson Ave Ste 101
Baltimore, MD 21229-229
(410) 947-0300

*Ritchie, Robert*
Multi-Specialty Healthcare
2511 Edison Hwy
Baltimore, MD 21213-213
(410) 675-4500

*Samuels, Andrea*
Catonsville Family Chiropractic & Rehab Center
5411 Old Frederick Rd Ste 2
Baltimore, MD 21229-229
(443) 251-2735

*Santorelli, Samuel*
MS-HC LLC
6660 Belair Rd
Baltimore, MD 21206-206
(410) 444-2000

*Streeckwald, Frederick*
Baltimore, MD 21210-210
(443) 524-6600
Chiropractic Providers

Taylor, Jessica
MS-HC LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600

Wise, Erica
Mid-Atlantic Spinal Rehab & Chiropractic
2001 Eastern Ave Fl 1
Baltimore, MD 21231-231
(443) 842-5500

Young, Leon
Leon Young
5710 Newbury St
Baltimore, MD 21209-209
(410) 350-6064

Calvert
Alexander, Daniel
Alexander Chiropractic Center
14350 Solomons Island Rd S Ste 103A
Solomons, MD 20688-688
(410) 394-1000

Collins, Daniel
Collins Chiropractic Center
301 Steeple Chase Dr Ste 404
Prince Frederick, MD 20678-678
(410) 414-3345

Ellenbogen, Joshua
Calvert Chiropractic PA
10339 Southern Maryland Blvd
Dunkirk, MD 20754-754
(410) 286-8830

King, Jordan
Alexander Chiropractic Center
14350 S Solomons Island Rd Ste 103A
Solomons, MD 20688-688
(410) 394-1000

McDermott, Karen
McDermott Chiropractic Care
141 Main St Ste G2
Prince Frederick, MD 20678-678
(410) 257-7106

Smallwood, Lawrence
Alexander Chiropractic Center
14350 Solomons Island Rd S Ste 103A
Solomons, MD 20688-688
(410) 394-1000

Carroll
Ball-Ostapowicz, Tracy
Active Health Chiropractic
13079 Old Frederick Rd
Sykesville, MD 21784-784
(410) 480-1852

Bennett, Kathryn
Carroll Chiropractic & Sports Injury Center
330 140 Village Rd Ste 9A
Westminster, MD 21157-157
(410) 876-8881

Brown, Kevin
K and S Chiropractic
1311 Londontown Blvd Ste 115
Eldersburg, MD 21784-784
(410) 552-3822

Langlois, John
John M Langlois DC PA
250 Englar Rd Ste 12
Westminster, MD 21157-157
(410) 848-3355

Lewis, Gregory
Lewis Family Chiropractic Center
403 Malcolm Dr
Westminster, MD 21157-157
(410) 876-8885

Norman, James
Yalich Clinic of West Minister
2066 Preserver Dr
Finksburg, MD 21048-048
(410) 702-1664

Puritz, Allan
Allan H Puritz DC LLC
208 Washington Heights Med Ctr
Westminster, MD 21157-157
(410) 848-8022

Wallace, Jeffrey
Carroll Chiropractic & Sports Injury Center
330 140 Village Rd Ste 9A
Westminster, MD 21157-157
(410) 876-8881

Williams, Desiree
Liberty Chiropractic LLC
770 Old Liberty Rd Ste 2
Sykesville, MD 21784-784
(410) 995-8853

Guccione, Gladys
MS-HC LLC
125 E High St
Elkton, MD 21921-921
(301) 392-0300

Norman, James
MS-HC LLC
125 E High St
Elkton, MD 21921-921
(301) 392-0300

Norman, James
MS-HC LLC
3261 Old Washington Rd Ste 101
Waldorf, MD 20602-602
(301) 396-9305

Norman, James
MS-HC LLC
2800 Urbana Pike Ste 206
Ijamsville, MD 21754-754
(301) 874-9002

Norman, James
MS-HC LLC
3261 Old Washington Rd Ste 200
Waldorf, MD 20602-602
(301) 396-9305

Hoot, John
Winters Chiropractic & Physical Therapy
29770 Three Notch Rd Ste 205
Charlotte Hall, MD 20622-622
(301) 884-3423

Winters, Paul
Winters Chiropractic & Physical Therapy
6750 Crain Hwy Ste G
La Plata, MD 20646-646
(301) 392-1082

Donald R Winters
Winters Chiropractic & Physical Therapy Inc
29770 Three Notch Rd Ste 205
Charlotte Hall, MD 20622-622
(301) 884-3423

Robert D Anderson
Anderson Chiropractic
19 Franklin St
Cambridge, MD 21613-613
(410) 901-2903

Stephen C Frederick
Frederick Chiropractic
1003 W 7th St Ste B
Frederick, MD 21701-701
(301) 951-9000

Christopher J Winters
Winters Chiropractic & Physical Therapy
6750 Crain Hwy Ste G
La Plata, MD 20646-646
(301) 934-9762

John D. Hinchman
Spring Ridge Chiropractic
1909 Ridgefield Dr Ste 107
Frederick, MD 21701-701
(301) 620-8566

John L. King
King Chiropractic of Urbana
3280 Urbana Pike Ste 205
Ijamsville, MD 21754-754
(301) 874-9002

L. Ortiz
Spring Ridge Chiropractic
3280 Urbana Pike Ste 205
Ijamsville, MD 21754-754
(301) 874-9002

Eleventh Chiropractic
110 Baughmans Ln Ste 200
Valley Chiropractic
Frederick, MD 21703-703
(301) 620-8566

Herbstsomer, John
Herbstsomer DC
3903 Skyview Dr
Mount Airy, MD 21771-771
(301) 829-5954

Chiropractic Providers

Department of Health

2502 Urbana Pike
La Plata, MD 20646-646
(301) 934-9762

Winters Chiropractic & Physical Therapy
6750 Crain Hwy Ste G
La Plata, MD 20646-646
(301) 934-9762

Winters Chiropractic & Physical Therapy Inc
29770 Three Notch Rd Ste 205
Charlotte Hall, MD 20622-622
(301) 884-3423

Anderson, Edward
Anderson Chiropractic
19 Franklin St
Cambridge, MD 21613-613
(410) 901-2903

Frederick Chiropractic
1003 W 7th St Ste B
Frederick, MD 21701-701
(301) 951-9000

Cayer, Jeremy
Healing Touch Chiropractic
12106 Old Line Ctr
Frederick, MD 21702-702
(301) 951-9000

Steinbar, Brandon
Ballenger Creek Chiropractic
604 Solarex Ct Ste 101
Frederick, MD 21703-703
(301) 620-1008

Cray, Lisa
Pro-Perform Spinal Health & Rehab LLC
286 Montevue Ln
Frederick, MD 21702-702
(301) 951-9000

Burrough, Lisa
Valley Chiropractic
110 Baughmans Ln Ste 200
Frederick, MD 21702-702
(301) 624-0024

Schreiber, Gary
Complete Chiropractic PC
1446 W Patrick St Ste 14
Frederick, MD 21702-702
(301) 631-5602

Gressow, Leah
King Chiropractic of Urbana
3280 Urbana Pike Ste 206
Ijamsville, MD 21754-754
(301) 874-9002

Grady, Jeffery
Amber Meadows Chiropractic & Physical Therapy
286 Montevue Ln
Frederick, MD 21702-702
(301) 663-8707

Deschamps, Jeffery
Amber Meadows Chiropractic & Physical Therapy
286 Montevue Ln
Frederick, MD 21702-702
(301) 663-8707

Fox, Autumn
Valley Chiropractic
110 Baughmans Ln Ste 200
Frederick, MD 21702-702
(301) 624-0024

Harford
Acosta, Keith
Ultimate Health
1035 Emmorton Rd
Bel Air, MD 21014-014
(410) 569-5969

Optima Direct Network Providers 9/2019
Chiropractic Providers

Cesari, Marc
Ultimate Health
1035 Emmorton Rd
Bel Air, MD 21014-014
(410) 569-5969

Davidson III, John
Ultimate Health
1035 Emmorton Rd
Bel Air, MD 21014-014
(410) 569-5969

Gaddy, Joi
Maryland Spine Institute
730 Baltimore Pike
Bel Air, MD 21014-014
(410) 877-8077

Gucchione, Gladys
MS-HC LLC
1952 Pulaski Hwy
Edgewood, MD 21040-040
(410) 515-6785

Herold, Rochelin
Maryland Spine Institute
730 Baltimore Pike
Bel Air, MD 21014-014
(410) 715-3500

Johnson, Blaine
Balance Health and Wellness LLC
722 S Main St
Bel Air, MD 21014-014
(443) 903-0014

Lee, Shawn
Susquehanna Spine & Rehab
2105 Laurel Bush Rd Ste 103
Bel Air, MD 21015-015
(443) 512-0025

Menges, Jason
Healthbridge Chiropractic and Rehabilitation
137 E Broadway
Bel Air, MD 21014-014
(410) 638-2424

Moore, Jill
Live Well Family Chiropractic
336 S Main St Ste 1D
Bel Air, MD 21014-014
(410) 638-8006

Murphy, Erik
Harford County Chiropractic LLC
200 N Philadelphia Blvd Ste J
Aberdeen, MD 21001-001
(410) 273-9000

Murphy, William
Harford County Chiropractic LLC
200 N Philadelphia Blvd Ste J
Aberdeen, MD 21001-001
(410) 273-9000

Norman, James
MS-HC LLC
1952 Pulaski Hwy
Edgewood, MD 21040-040
(410) 538-7000

2953 Emmorton Rd
Abingdon, MD 21009-009
(410) 569-2800

Pinelli, Desmond
Balance Health and Wellness LLC
722 S Main St
Bel Air, MD 21014-014
(443) 903-0014

Sampson, Jahan
MS-HC LLC
2953 Emmorton Rd
Abingdon, MD 21009-009
(410) 569-2800

Signafose, Daun
Signafose Chiropractic Center
2005 Pulaski Hwy
Edgewood, MD 21040-040
(410) 679-0022

Howard

Antico, Russel
Howard County Chiropractic Spine & Sports Rehab
8894 Stanford Blvd Ste 102
Columbia, MD 21045-045
(443) 259-0235

Cornfield, Alan
Smart Medical and Rehab Therapy
5500 Knoll North Dr Ste 245
Columbia, MD 21045-045
(301) 585-2225

Czapinska, Alicia
1st Choice Chiropractic Center
5500 Knoll North Dr Ste 245
Columbia, MD 21045-045
(410) 499-7917

Dabb, Vaughan
Rehab Center of MD LLC
8600 Snowdon River Pkwy Ste 101
Columbia, MD 21045-045
(410) 720-5555

Gucchione, Gladys
MS-HC LLC
10840 Little Patuxent Pkwy Ste 203
Columbia, MD 21044-044
(410) 531-6550

Richardson, Blake
Multi-Specialty Healthcare
8840 Stanford Blvd Ste 1200
Columbia, MD 21045-045
(410) 531-6550

Rower, Jason
Rower Chiropractic
1822 Lark Brown Rd Ste 102
Elkridge, MD 21075-075
(410) 799-7550

Song, Young
Carefree Land Chiropractic LLC
3201 Rogers Ave Ste 102
Ellicott City, MD 21043-043
(410) 480-2331

Kent

Fanning, Patricia
Chestertown Chiropractic Center LLC
1169 High St Ste B
Chestertown, MD 21620-620
(410) 810-0530

Johnsonbaugh, Todd
Rehab Center of MD LLC
8600 Snowdon River Pkwy Ste 101
Columbia, MD 21045-045
(410) 720-5555

Kim, Eung Kwon
Kim Chiropractic Clinic
8860 Columbia 100 Pkwy Ste 311
Columbia, MD 21045-045
(410) 715-3500

Krupinsky, Brian
Elkridge Chiropractic Center
6010 Meadowridge Center Dr Ste K
Elkridge, MD 21075-075
(410) 379-8300

Montgomery

Alexander, Mark
King Chiropractic Institute
10154 River Rd Ste 100
Potomac, MD 20854-854
(240) 403-7103

King Chiropractic PC
1932 Montgomery Village Ave Ste A
Gaithersburg, MD 20866-886
(301) 926-5200

Barszcz, Natalia
Rosa Chiropractic & Physical Therapy Center
30 W Gude Dr Ste 375
Rockville, MD 20850-850
(301) 545-0800

Beech, George
Beech Chiropractic & Ayurvedic Health Centers
828 Wisconsin Ave Ste 209
Bethesda, MD 20814-814
(301) 951-9000

Brandolini, Chris
First Chiropractic
11302 Veirs Mill Rd
Wheaton, MD 20902-902
(301) 962-7300

Bui, Thomas
Wheaton Chiropractic, LLC
9801 Georgia Ave Ste 339
Wheaton, MD 20902-902
(301) 962-3500

Carrillo, Alcides
Carrillo Clinic
317 E Diamond Ave Ste 202
Gaithersburg, MD 20877-877
(301) 977-8595

Choi, Kunbong
Choi & Koh Chiropractic Clinic LLC
3001 Georgia Ave Ste 202
Rockville, MD 20850-850
(301) 963-6700

Do, Connie
Solaire Pain Management & Rehabilitation LLC
14801 Physicians Ln Ste 171C
Rockville, MD 20850-850
(301) 251-5700

Gershater, Evan
Langley Park Back & Pain Clinic
7505 New Hampshire Ave Ste 209
Takoma Park, MD 20912-912
(301) 431-2225

Gibson, Michael
Acute Spine Therapy & Rehab
20 Montgomery Village Ave Ste A
Gaithersburg, MD 20879-879
(301) 977-0640

7659 New Hampshire Ave Ste 209
Takoma Park, MD 20912-912
(301) 215-7776

Groses, Kelly
King Chiropractic
25214 Brewers Tavern Way
Clarksville, MD 20871-871
(240) 745-2151

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Optima Direct Network Providers 9/2019

Optima Health
Chiropractic Providers

Kim, Sung
MS-HC LLC
5801 Allentown Rd Ste 302
Suitland, MD 20746-746
(301) 899-3159
7503B Annapolis Rd
Hyattsville, MD 20784-784
(240) 296-1112

Kosemski, Edward
Total Wellness Chiropractic Center of Bowie LLC
6000 Laurel Bowie Rd Ste 202
Bowie, MD 20715-715
(301) 352-3454

Kroli, Kelly
Bekah Chiropractic & Rehabilitation, PA
7500 Haurow Kwy Ste 102
Greenbelt, MD 20770-770
(301) 220-0496

Liebling, Michael
Greater Laurel Chiropractic LLC
14201 Laurel Park Dr Ste 212
Laurel, MD 20707-707
(301) 362-1170

McAuliffe, Terence
Terence McAuliffe DC
8375 Cherry Ln
Laurel, MD 20707-707
(301) 776-0755

Norani, Hamed
Omega Chiropractic & Pain Center
6189 Oxon Hill Rd Ste 102
Oxon Hill, MD 20745-745
(301) 283-9750

Norman, James
MS-HC LLC
5801 Allentown Rd Ste 302
Suitland, MD 20746-746
(301) 899-5159
7503B Annapolis Rd
Hyattsville, MD 20784-784
(240) 296-1112

Rosa, Ricky
Rosa Rehab LLC
4037 Branch Ave
Temple Hills, MD 20748-748
(301) 316-2111

Scott, Everett
Pro Perform Spinal Health & Rehab LLC
6710 Oxon Hill Rd Ste 400
Oxon Hill, MD 20745-745
(301) 705-7880

Kappes, Richard
Total Wellness Chiropractic Center of Bowie LLC
6000 Laurel Bowie Rd Ste 202
Bowie, MD 20715-715
(301) 352-3454

Keen, Tamara
MS-HC LLC
7503B Annapolis Rd
Hyattsville, MD 20784-784
(240) 296-1112

Kennon, Nathan
Metro Area Chiropractic & Rehab
2095 Mitchellville Rd Ste 116
Bowie, MD 20716-716
(301) 575-6549

Khademi, Ehsan
Riverdale Chiropractic PC
6105 57th Ave Ste 200
Riverdale, MD 20737-737
(301) 779-2225

Kim, Sung
MS-HC LLC
5801 Allentown Rd Ste 302
Suitland, MD 20746-746
(301) 899-3159

Winston, Jeffrey
MS-HC LLC
7503B Annapolis Rd
Hyattsville, MD 20784-784
(240) 296-1112

Queen Anne's

Baker, LaNae
Kent Island Chiropractic and Rehabilitation
116 S Piney Rd Ste 110
Chester, MD 21619-619
(443) 249-3168

Kovach, Alicia
Kovach Chiropractic and Wellness Center
430 Kent Narrow Way N
Grasonville, MD 21638-638
(410) 697-3566

McIlrree, Morgan
Kent Island Chiropractic and Rehabilitation
116 S Piney Rd Ste 110
Chester, MD 21619-619
(443) 249-3168

Saint Mary's

Alexander, Daniel
Alexander Chiropractic Center
22930 Three Notch Rd
California, MD 20619-619
(301) 737-4077

Green, Jacob
Grimsley Chiropractic Services PC
22783 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Green, Megan
Henry Chiropractic & Wellness Center
22783 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Grimsley, Gary
Henry Chiropractic and Wellness Center
22783 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Hester, Charles
Henry Chiropractic and Wellness Center
22783 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Hoot II, John
Winters Chiropractic and Physical Therapy
40900 Merchants Ln Ste 101
Leonardtown, MD 20650-650
(301) 880-7212

Smallwood, Lawrence
Alexander Chiropractic Center
22930 Three Notch Rd
California, MD 20619-619
(301) 737-4007

Winters, Patrick
Winters Chiropractic & Physical Therapy
40900 Merchants Ln Ste 101
Leonardtown, MD 20650-650
(301) 880-7212

Beaufort

Brown, Elizabeth
Brown Chiropractic Group PC
920 Hackney Ave
Washington, DC 20889-889
(202) 975-4601

Brunswick

Owens, Pamela
At The Beach Chiropractic Health Center
6934 Beach Dr SW Ste 2
Ocean Isle Beach, NC 28469-469
(910) 575-2225

Buncombe

Branch, Kenneth
Branch Chiropractic
790 Smokey Park Hwy Ste B
Candler, NC 28715-715
(828) 670-6440

Lawson, Kenton
Lawson Chiropractic
80 Peachtree Rd Ste 100
Asheville, NC 28803-803
(828) 274-8880

Lawson, Sara
Lawson Chiropractic
80 Peachtree Rd Ste 100
Asheville, NC 28803-803
(828) 274-8880

Lindsey, Nicole
Back in Balance
1089 Hendersonville Rd
Asheville, NC 28803-803
(828) 274-9799

NC

Matteo, Craig
Matteo Chiropractic
941 S Fifth St
Mebane, NC 27302-302
(336) 563-0000

Wright, Amanda
Burlington Health & Wellness LLC
1624 S Church St
Burlington, NC 27215-215
(336) 570-2447

Ashé

Current, Cameron
Current Chiropractic Clinic
936 US Highway 221 Bus
West Jefferson, NC 28694-694
(336) 846-5651

Optima Direct Network Providers 9/2019 476
Chiropractic Providers

Nance, Mark
Weaverville Chiropractic
169 N Main St
Weaverville, NC 28787-787
(828) 645-2526

Randall, Eric
Comprehensive Chiropractic
1218 Henderson Ave Rd
Asheville, NC 28803-803
(828) 277-7000

Siegel, Clayton
Siegel Chiropractic
140 Airport Rd
Arden, NC 28704-704
(828) 681-5681

Burke
Reynolds, Paula
Reynolds Family Wellness Center
138 Main St E
Valdese, NC 28690-690
(828) 874-6292

Cabarrus
Burgess Sr, Bradford
Burgess Chiropractic Clinic
242 Oak Ave
Concord, NC 28027-027
(704) 891-7400

Lawrence, Cheryl
Caring Chiropractic
1096 Concord Pkwy NW Ste 5
Concord, NC 28027-027
(704) 793-1405

Lemaster, Leanna
Highland Creek Chiropractic PLLC
10030 Edison Square Dr
Concord, NC 28027-027
(704) 948-6453

Carteret
Graham, James
Graham and Randles Chiropractic Corp
601 Cedar St Ste D
Beaufort, NC 28516-516
(252) 838-8810

Catamount
Davis Jr, Richard
Conover Chiropractic Center
408 1st Ave S
Conover, NC 28613-613
(828) 464-7791

Shedd, Richard
Wellness One of Hickory
36 14th Ave NE Ste 101
Hickory, NC 28601-601
(828) 324-4600

Chatham
Lommel, Kenneth
Lommel Chiropractic PLLC
517 N 2nd Ave
Siler City, NC 27344-344
(919) 663-3137

Columbus
Baldwin, Pamela
Whiteville Chiropractic Center
1424 S JK Powell Blvd Ste D
Whiteville, NC 28472-472
(910) 642-1111

Craven
Axelson, Thomas
Axelson Chiropractic Health Center PA
901 Newman Rd
New Bern, NC 28562-562
(252) 633-3334

Carraway, Christopher
Christopher Carraway
2507 Neuse Blvd
New Bern, NC 28562-562
(252) 636-2900

Cumberland
Walker, Richard
Walker Chiropractic
3000 Raeford Rd
Fayetteville, NC 28303-303
(910) 483-7704

Davidson
Jackson, Rick
Jackson Clinic of Chiropractic PLLC
630 National Hwy
Thomasville, NC 27360-360
(336) 475-8157

Durham
Hutcherson, Alan
Chiropractic Health Solutions
1920 E NC Highway 54 Ste 240
Durham, NC 27713-713
(919) 544-3715

Peter, Eric
Peterson Chiropractic
816 Broad St Ste A
Durham, NC 27705-705
(919) 286-7202

Presa Jr, Arturo
Chiropractic Partners of Durham
5007 Southpark Dr Ste 130
Durham, NC 27713-713
(919) 572-2312

Washington Jr Jr, Edward
Broad Street Chiropractic
623 Broad St
Durham, NC 27705-705
(919) 286-9430

Forsyth
Sides, Ricky
Sides Chiropractic
1570 Westbrook Plaza Dr
Winston-Salem, NC 27103-103
(336) 774-0209

Sykes, Susan
Advance Chiropractic & Health Center
2505 Neudorf Rd
Clemmons, NC 27012-012
(336) 766-0888

Henderson
Silva, Joseph
Henderson Chiropractic
503 Kanuga Rd Ste 10
Hendersonville, NC 28797-739
(828) 696-2455

Hoke
Santangelo, Anthony
Family Chiropractic
751 S Main St
Raeford, NC 28376-376
(910) 875-2500

Iredell
Binder, Steven
Binder Chiropractic PA
414 E Front St
Statesville, NC 28677-677
(704) 873-2831

Draper, Gary
Back 2 Back Chiropractic
206 Joe Knox Ave Ste C
Mooresville, NC 28117-117
(704) 799-7999

Johnston
Ferez, Nicholas
Chiropractic Partners
501 Gateway Dr Ste 103
Clayton, NC 27520-520
(919) 550-9355

Lenoir
Sylvia Sr, James
Sylvia Chiropractic Center
2601 N Herritage St
Kinston, NC 28501-501
(919) 679-2600

Mecklenburg
Anderson, Eric
Anderson Family Chiropractic PLLC
8210 University Exec Park Dr Ste 110
Charlotte, NC 28262-262
(704) 549-1181

Bergquist, Bren
United Sports Solutions
8936 N Pointe Executive Park Dr Ste 105
Huntersville, NC 28078-078
(704) 257-4301

Biltstein, William
Advanced Health and Pain Relief Center PA
2305 E WT Harris Blvd Ste 102
Charlotte, NC 28213-213
(704) 921-0505

Bowman, Latanya
Discovery Chiropractic and Wellness Center
8728 Arbor Brook Dr Ste A
Charlotte, NC 28269-269
(704) 946-2054

DeMaine, Stephen
DeMaine Chiropractic
504 Eastway Dr
Charlotte, NC 28205-205
(704) 372-6960

Dunnigan, Jeffrey
Dunnigan Chiropractic
1728 Maple Oak Dr
Charlotte, NC 28270-270
(216) 291-2100

Harrill, Elizabeth
Grant Chiropractic
11025 Monroe Rd Ste G
Matthews, NC 28105-105
(704) 845-5150

Horjan, Jeremy
Park Road Health and Wellness Inc
4600 Park Rd Ste 380
Charlotte, NC 28209-209
(704) 523-2367

Hunt Sr, Tunis
Hunt Clinic of Chiropractic
9422 S Tryon St
Charlotte, NC 28273-273
(704) 588-1792

Kicos, John
Kicos Chiropractic Inc
91810 W Catawba Ave Ste B
Cornelius, NC 28031-031
(704) 895-2200

Mack, Stephen
Mack Chiropractic, PLLC
16007 Riverstone Way Ste 100
Charlotte, NC 28277-277
(704) 341-4113

Mason, Robert
Active Life Chiropractic
7940 Williams Pond Ln Ste 225
Charlotte, NC 28277-277
(980) 406-3862

Schoen, Dennis
Idlewild Chiropractic
3525 Matthews Mint Hill Rd
Matthews, NC 28105-105
(704) 487-3355

Schulman, Craig
Chiropractic Fitness
8316 Pineville-Matthews Rd Ste 806
Charlotte, NC 28226-226
(704) 543-7206
Chiropractic Providers

Jones, Peter
Seminole Total Health
2109 Indiana Rd
Charlottesville, VA 22901-901
(434) 978-4888

Neuhoff, Cortland
Cortland Neuoff DC
233 Hydraulic Ridge Rd Ste 102
Charlottesville, VA 22901-901
(434) 981-3074

Payton, Michael
Seminole Total Health
2109 Indiana Rd
Charlottesville, VA 22901-901
(434) 978-4888

Vegodsky, Steven
Chiropractic Family Wellness Center
233 Hydraulic Ridge Rd Ste 103
Charlottesville, VA 22901-901
(434) 973-1001

Williams, Lisa
Jubilee Family Chiropractic
1770 Timberwood Blvd Ste 103
Charlottesville, VA 22911-911
(434) 218-2620

Alexandria City

Brown, Jeffrey
Alexandria Chiropractic Center
101 S Whiting St Ste 207
Alexandria, VA 22304-304
(703) 370-5335

Lam, Peter
Rosa Family Chiropractic
5249 Duke St Ste 301
Alexandria, VA 22304-304
(703) 750-1177

Rosa, Ricky
Rosa Family Chiropractic of Alexandria
5249 Duke St Ste 301
Alexandria, VA 22304-304
(703) 750-1177

Arlington

Cassis, Jeffrey
Cassis Concierge Home Care Chiropractic
3053 Wilson Blvd Ste E551
Arlington, VA 22201-201
(703) 969-2333

Erry, Aektu
Erry Wellness And Rehab
611 S Carlin Springs Rd Ste 508
Arlington, VA 22204-204
(703) 820-2111

Gottesfeld, Cheryl
Cheryl Gottesfeld
4141 N Henderson Rd Ste 14
Arlington, VA 22203-203
(703) 276-1891

Hamidi, Hooman
District Wellness
2778 Washington Blvd
Charlottesville, VA 22901-201
(571) 765-2324

Masi, Samer
Ballston Chiropractic
3801 Fairfax Dr Ste 12
Arlington, VA 22203-201
(703) 243-7878

Nguyen, Vu
Ballston Chiropractic and Acupuncture
3801 Fairfax Dr Ste 12
Arlington, VA 22203-201
(703) 243-7878

Sadeghi Alajiezh, Shahin
Pershing Chiropractic & Sports Rehab
2300 Pershing Dr Ste 204
Arlington, VA 22201-201
(703) 525-2800

Sindi, Sheetal
CRYSTAL CITY PAIN MANAGEMENT INSTITUTE
1235 S Clark St Ste 203
Arlington, VA 22202-202
(703) 970-6551

Ward, Erik
NOVA Pain & Rehab Center
2955 S Glebe Rd Ste E
Arlington, VA 22206-206
(703) 535-8887

Youssef, Mohammad
Pershing Chiropractic & Sports Rehab
2300 Pershing Dr Ste 204
Arlington, VA 22201-201
(703) 525-5800

Ziegler III, Louis
Advanced Health Center
46 S Glebe Rd Ste 100
Arlington, VA 22202-204
(703) 521-0644

Augusta

Roehl, Gary
Roehl Family Chiropractic
631 Greeneville Ave
Staunton, VA 24401-001
(540) 886-0200

Botetourt

Austin, William
Spinal Care Center
2900 Peters Creek Rd
Roanoke, VA 24019-019
(540) 556-3914

Bowman, Benjamin
Walter Chiropractic Clinic
52 Peters Creek Rd NW Ste 1
Roanoke, VA 24019-019
(540) 362-0811

Pollack, Erica
Chiropractic Care Center
3609 Blue Ridge Blvd
Blue Ridge, VA 24064-064
(540) 977-4611

Walter, Gregory
Walter Chiropractic Clinic
5219 Peters Creek Rd NW Ste 1
Roanoke, VA 24019-019
(540) 362-0811

Bristol City

Crum, Joseph
Appalachian Chiropractic Wellness Center
111 Commonwealth Ave
Bristol, VA 24201-201
(276) 669-0969

Gillenwater, Brandon
Tri-Cities Chiropractic
719 Commonwealth Ave Ste 3
Bristol, VA 24201-201
(276) 494-5259

Gillenwater, Terry
Gillenwater Chiropractic Center
2110 Euclid Ave
Bristol, VA 24201-201
(276) 669-9158

Greene, Wiley
Greene Clinic of Chiropractic
1914 Euclid Ave
Bristol, VA 24201-201
(276) 642-0107

Buchanan

VanDyke, Bradley
VanDyke Chiropractic PC
1779 Lovers Gap Dr
Vansant, VA 24658-656
(276) 597-8387

Ziegel, Louis
Institute of Chiropractic Medicine
46 S Glebe Rd Ste 100
Arlington, VA 22202-204
(703) 521-0644

Caroline

McDonnell, Ryan
Caroline Chiropractic
17470 Center Dr Ste 4C
Ruther Glen, VA 22456-546
(804) 448-0887

Kim, Hyun
Sentara Therapy Center
633 Battlefield Blvd S Ste 200
Chesapeake, VA 23322-322
(757) 233-4790

Chesapeake City

Block, David
Dr Block Family Chiropractic Clinic
1108 Madison Plz
Chesapeake, VA 23320-320
(757) 436-5428

Bryant, Eric
Dr Eric G Bryant Chiropractic PC
419 Indian River Rd Ste A
Chesapeake, VA 23325-325
(757) 420-8620

Earsight, Susan
Dr Susan L Earsight PC
460 Village Hwy Ste A
Rustburg, VA 24588-588
(434) 332-3103

Donan, Mindal
Dr. Block Family Chiropractic Clinic
1108 Madison Plz
Chesapeake, VA 23320-320
(757) 549-0799

Homer, Frances
Sentara Therapy Great Bridge
633 Battlefield Blvd S Ste 200
Chesapeake, VA 23322-322
(757) 233-4790

Jordan, Antwan
Chiropractic Wellness Center
10204 Chinquapin Rd
Chesapeake, VA 23325-235
(757) 476-5566

Kim, Hyun
Sentara Therapy Center
633 Battlefield Blvd S Ste 200
Chesapeake, VA 23322-322
(757) 233-4790

Chesterfield

Ambrose, Douglas
Reichard Chiropractic Inc
535 Southlake Blvd
North Chesterfield, VA 23236-336
(804) 897-6130

Barnett, Kayla
Harbour Pointe Chiropractic & Wellness Center LLC
6003 Harbour Park Dr
Midlothian, VA 23112-112
(804) 739-7700

Bilson, Eric
Buford Chiropractic
2705 Buford Rd
North Chesterfield, VA 23235-235
(804) 323-0700

Corbelli, Mark
Chesterfield Chiropractic Center
11506 Alleeing Pkwy Ste 1B
North Chesterfield, VA 23235-235
(804) 897-0965

Destro, Jared
Destro Chiropractic
11936A Centre St
Chester, VA 23831-831
(804) 748-4800

Fodderrell, Ginger
Better Bodies Chiropractic PC
1570 Early Settlers Rd
North Chesterfield, VA 23235-235
(804) 330-9830

Fodderrell, Jeffrey
Better Bodies Chiropractic PC
1570 Early Settlers Rd
North Chesterfield, VA 23235-235
(804) 330-9830

Freedman, Stuart
Dr Stuart Freedman
13817 Village Mill Dr Ste K
Chesterfield, VA 23832-238
(804) 897-0965

Matthews, Melody
Total Healing Experience Group LLC
235 Wadsworth Dr
North Chesterfield, VA 23236-236
(804) 396-6420

McDade, Kevin
Compass Chiropractic
1314 Midlothian Tpke
Midlothian, VA 23113-113
(804) 499-6020

Munyat-Donnelly, Kelly
Wellness First Integrative Health Center
15871 City View Dr Ste 140
Midlothian, VA 23113-113
(804) 897-3478
Chiropractic Providers

Danville City

Hill, Isaac
Hill Chiropractic Clinic
3262 Riverside Dr
Danville, VA 24541-541
(434) 797-4455

Tate, Frank
Frank L Tate DC
384 Watson St
Danville, VA 24541-541
(434) 792-1630

Essex

Knight, Christopher
Joel Knight Chiropractic LLC
281 Hospital Rd
Tappahannock, VA 22560-560
(804) 443-6967

Fairfax

Andolina, Nicholas
Andolina Chiropractic & Rehab
9554 Old Keene Mill Rd Ste D
Burke, VA 22015-015
(703) 372-5151

Armstrong, Elliott
Fairfax Convenient Care
8301 Arlington Blvd Ste 100
Fairfax, VA 22031-031
(703) 849-0900

Azad, Amirreza
Home Health Chiropractic
7787 Lussburg Pike Ste 2 Falls Church, VA 22043-043
(703) 662-3238

Barnes, John
Barnes Chiropractic Health & Fitness
13890 Bradrock Rd Ste 108 Centreville, VA 22012-121
(703) 803-8966

Barnhart, Jessica
Andolina Chiropractic & Rehab
9554 Old Keene Mill Rd Ste D
Burke, VA 22015-015
(703) 372-5151

Bazzarone, Lee
Vienna Oaks Chiropractic Center
2557 Chain Bridge Rd Vienna, VA 22181-181
(703) 938-9300

Becker, Bruce
Bruce D Becker DC PC
11862 Sunrise Valley Dr Ste 101 Reston, VA 20191-191
(703) 798-4590

Bedi, Dalbir
Virginia Pain And Wellness Center
1800 Town Center Dr Ste 315B
Reston, VA 20190-190
(703) 926-8918

Boyer, Peter
Chiropractic Care and Rehab of Northern VA PLLC
8136 Old Keene Mill Rd Ste A314
Springfield, VA 22152-152
(703) 644-9311

Byer, Elana
Byer Chiropractic
10560 Main St Ste 403 Fairfax, VA 22030-030
(703) 293-2937

Cathell, Thomas
United Wellness Center
1886 Metro Center Dr Ste 100
Reston, VA 20190-190
(703) 437-8195

Cho, Jong Hee
Active Care Chiropractic & Acupuncture
10680 Main St Ste 275 Fairfax, VA 22030-030
(703) 539-8822

Chow, William
Bolton Wellness
8230 Boone Blvd Ste 170 Vienna, VA 22182-182
(703) 448-6928

Chu, Eric
Chiropractic Wellness Center
9689 Main St Ste B Fairfax, VA 22031-031
(703) 323-0068

Chung, Hae Yong
Sports And Family Chiropractic of VA
7002 Little River Pkstke Ste F Annandale, VA 22003-003
(703) 941-2225

Collins, Kristina
Old Dominion Chiropractic
6257 Old Dominion Dr McLean, VA 22101-101
(703) 760-7606

DeRose, Michael
Commonwealth Chiropractic
1360 Beverly Rd Ste 102 McLean, VA 22101-101
(703) 893-6388

Farnoudi, Tanzan
Andolina Chiropractic & Rehab
9554 Old Keene Mill Rd Ste D Burke, VA 22015-015
(703) 372-5151

Fisher, Forrest
United Wellness Center
1886 Metro Center Dr Ste 100 Reston, VA 20190-190
(703) 437-8195

Geer, James
Geer Services LLC
208 Elden St Herndon, VA 20170-170
(703) 904-8528

Greater Falls Church Chiropractic Center
6521 Arlington Blvd Ste 100 Falls Church, VA 22042-042
(703) 538-5455

Holmes Jr, Lloyd
Carrie S Welch DC PLLC
12359 Sunrise Valley Dr Ste 200 Reston, VA 20191-191
(703) 476-8700

Huynh, Hoi (Peter)
Spinal Health Group
5413 Backick Rd Ste E Springfield, VA 22151-151
(703) 333-2848

Vienna Wellness
115 Beulah Rd NE Ste 100D Vienna, VA 22180-180
(703) 268-5512

Khuu, Tran
Essential Health Center
7202 Arlington Blvd Ste 301 Falls Church, VA 22042-042
(703) 204-4798

Kim, Eung Kwon
Kim Chiropractic Clinic
13880 Bradrock Rd Ste 207 Centreville, VA 20121-121
(703) 815-2300

Kim, Jin
Chiropractic & Rehabilitation Center
7023 Little River Pkstke Ste 409 Annandale, VA 22003-003
(703) 691-3111

Kulik II, Ronald
Commonwealth Chiropractic Center of Reston PC
11319 Sunset Hills Rd Reston, VA 20190-190
(703) 742-7856

Lee, Chang-Ha
Omnispine Chiropractic & Rehab Clinic
3930 Walnut St Suite220 Fairfax, VA 22030-030
(703) 865-5899

Lee, Hyung
LoveSpine Chiropractic Clinic II
14161 Robert Paris Ct Ste B Chantilly, VA 20151-151
(703) 429-4622

Lee, Rebecca
ACN Wellness
115 Beulah Rd NE Ste 100D Vienna, VA 22180-180
(703) 729-5600

Levy, Steven
Commonwealth Chiropractic
1360 Beverly Rd Ste 102 McLean, VA 22101-101
(703) 327-1544

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4229 Lafayette Center Dr Ste 1900 Chantilly, VA 20151-151
(703) 327-9773

Lovaglio, Rosa
South Riding Family Chiropractic Center
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(703) 327-9773

Luciano, Jaime
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(703) 417-9557

Mankoei, Shayda
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6319 Castle PI Fl 2 Ste 2A Falls Church, VA 22044-044
(703) 644-5900

6800 Backick Rd Ste 100 Springfield, VA 22150-150
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11319 Sunset Hills Rd Reston, VA 20190-190
(703) 742-7856

Miller, Mark
Miller Chiropractic of Fair Oaks PC
12011 Lee Jackson Memorial Hwy Ste 100 Fairfax, VA 22033-033
(703) 352-0706

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Optima Health
Chiropractic Providers

Nguyen, Vu
Executive Park Chiropractic and Acupuncture
8500 Executive Park Ave Ste 308
Fairfax, VA 22031-031
(703) 810-3311

Norris, George
South Riding Family Chiropractic Center
4229 Loretto Center Dr Ste 1900
Chantilly, VA 20151-151
(703) 327-9773

Oliver, Christopher
Oliver Chiropractic and Acupuncture
208 Elen D Ste Herndon, VA 20170-170
(703) 904-8528

Park, Cheon Gyu
Active Care Chiropractic & Acupuncture
10680 Main St Ste 275 Fairfax, VA 22030-030
(703) 539-8822

Park, Lee Seob
First Chiropractic & Acupuncture
14701 Lee Hwy Ste 307 Centreville, VA 20121-121
(703) 543-4810

Reeb, Kyle
Seymour Chiropractic
6051 Arlington Blvd Ste F Falls Church, VA 22044-044
(703) 984-4574

Reid, Laura
Alexandria Medical Center
2560 Huntington Ave Ste 104A Alexandria, VA 22303-303
(571) 492-5872

Rhyu, Paul
Dr Paul H Rhyu DC OMD PC
9401 Mathy Dr Ste 1F Fairfax, VA 22031-031
(703) 359-7272

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(703) 359-7272

Seidner, Stuart
Fairfax Chiropractic Center
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(703) 591-0220

Shields, Duncan
Hands-on Health LLC
9567 Braddock Rd Fairfax, VA 22032-032
(703) 621-7148

Singh, Devinder
Spine and Laser Center
203 Elen D Ste 301 Herndon, VA 20170-170
(703) 464-5597

Snyder, Steven
Carefree Land Chiropractic
13890 Braddock Rd Ste 200 Centreville, VA 20121-121
(703) 830-4422

Song, Young
Chiropractic Center
2380 Plank Rd Ste A Frederickburg, VA 22401-401
(540) 548-9022

Young, Kevin
Interfaith Chiropractic
310 N Stephenson Ave Winchester, VA 22602-602
(540) 434-2638

Young Chiropractic and Wellness
10600 Eaton Pl Ste 410 Fairfax, VA 22030-030
(504) 784-0161

Falls Church City
Brooks, Joshua
Brooks Chiropractic and Rehab
101 W Broad St Ste 530 Falls Church, VA 22046-046
(703) 536-4800

Peril, Theodore
Falls Church Chiropractic
803 W Broad St Ste 240 Falls Church, VA 22046-046
(504) 548-7707

Young, Scott
United Wellness and Sports Rehab
510 W Annandale Rd Ste 300 Falls Church, VA 22046-046
(703) 600-8208

Fauquier
May, Kenneth
Haymarket Chiropractic and Rehabilitation
493 Blackwell Rd Ste 117 Warrenton, VA 20186-9778
(504) 905-7788

Moriarty, Holly
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(504) 905-7788

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(540) 349-8989

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Skollen, Kim
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(540) 483-7620

Skollen, Marlene
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(540) 483-7620

Miers, Randall
Spine Care of Tidewater PC
2216 Executive Dr Ste A Hampton, VA 23666-666
(757) 827-3210

Westby, Kevin
Spine Care of Tidewater PC
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(757) 827-3210

Friederickburg City
Bilson, Eric
Total Rehab Inc
2358 Plank Rd Fredericksburg, VA 22401-401
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Matthews, Jericho
Life By Design Chiropractic Center
1503 Central Park Blvd Fredericksburg, VA 22401-401
(540) 548-9022

Schleifer, David
Dynamic Rehab and Spine LLC
2380 Plank Rd Ste A Fredericksburg, VA 22401-401
(540) 373-1303

Goochland
Ruff, Kevin
Family Chiropractic Center of Richmond
115 Broad St Rd Ste 100 Richmond, VA 23230-103
(804) 784-0161

Halifax
Buckley, Scott
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13890 Braddock Rd Ste 200 Centreville, VA 20121-121
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Fensterer, Dorothy
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(571) 272-4533

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(540) 349-8989

Harrisonburg City
Bandur, Lisa
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320 Neff Ave Harrisonburg, VA 22801-801
(540) 433-2638

Bompiani, Larry
Bompiani Chiropractic Center Inc
861 Martin Luther King Jr Way Ste C Harrisonburg, VA 22801-801
(540) 343-5544

Da Ponte, Dennis
Chiropractic Solutions PLLC
171 Neff Ave Ste A Harrisonburg, VA 22801-801
(540) 432-5577

Glazer, David
Nieder Chiropractic & Rehab
620 Neff Ave Ste 100 Harrisonburg, VA 22801-801
(540) 434-6400

Hanover
Bogdan Jr, Walter
Arya Family Chiropractic Center
9535 Kings Charter Dr Ashland, VA 23045-005
(804) 550-7870

Dubats, Steven
Chiropractic First & Acupuncture
7281 Hanover Green Dr Ste 200 Mechanicsville, VA 23111-111
(804) 746-7277

Ross, Eugene
Commonwealth Spine Care LLC
9173 Atlee Rd Mechanicsville, VA 23116-116
(804) 277-8599

Stover III, Garnett
Stover Spine Care PC
9129 Dickey Dr Mechanicsville, VA 23116-116
(804) 559-1100

Williamson, Dana
Bell Creek Chiropractic & Wellness Center Inc
7481 Right Flank Rd Ste 100 Mechanicsville, VA 23116-116
(804) 616-4515

Optima Direct Network Providers 9/2019
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Optima Health
## Chiropractic Providers

### Henrico

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Hegedus, Charles</td>
<td>9199 Staples Mill Rd Ste 2E Richmond, VA 23228-228</td>
<td>(804) 672-1222</td>
</tr>
<tr>
<td>Lykins, Michelle</td>
<td>Lykins Chiropractic Center 1811 Raintree Dr Henrico, VA 23228-38</td>
<td>(804) 741-4433</td>
</tr>
<tr>
<td>McClelland, James</td>
<td>Chiropractic Centers of Short Pump 3037 Lauderdale Dr Richmond, VA 23223-233</td>
<td>(804) 360-2447</td>
</tr>
<tr>
<td>Nguyen, Thi</td>
<td>West End Health &amp; Rehab Clinic 6410 Rigsby Rd Richmond, VA 23226-226</td>
<td>(804) 334-1668</td>
</tr>
<tr>
<td>Olson, Kurt</td>
<td>Orthopaedic &amp; Sports Medicine Center 8605 Mayland Dr Richmond, VA 23294-294</td>
<td>(804) 527-1717</td>
</tr>
<tr>
<td>Rulli, Nicholas</td>
<td>Rulli Chiropractic Clinic 7503 Brook Rd Richmond, VA 23227-227</td>
<td>(804) 261-6685</td>
</tr>
<tr>
<td>Shaw, Scott</td>
<td>Shaw Chiropractic Center 10466 Ridgefield Pkwy Ste 16 Richmond, VA 23233-233</td>
<td>(804) 741-3068</td>
</tr>
<tr>
<td>Spagnolo, Michael</td>
<td>Glen Allen Chiropractic &amp; Acupuncture Center 11535 Nuckols Rd Ste D Glen Allen, VA 23059-059</td>
<td>(804) 747-5464</td>
</tr>
<tr>
<td>VANWAGNER, SCOTT</td>
<td>Tri-Adv Chiropractic LLC 10857 W Broad St Glen Allen, VA 23060-060</td>
<td>(804) 270-3000</td>
</tr>
<tr>
<td>Winston, Aaron</td>
<td>Winston Chiropractic Care 11175 Ridgefield Pkwy Ste 103 Richmond, VA 23233-233</td>
<td>(804) 754-2380</td>
</tr>
<tr>
<td>Gregory, Nelson</td>
<td>Integrate Physical Therapy 5317 A Lakeside Ave Henrico, VA 23228-228</td>
<td>(804) 303-4961</td>
</tr>
<tr>
<td>Bogdan Jr, Walter</td>
<td>Aria Family Chiropractic Center 10170 Staples Mill Rd Ste C Glen Allen, VA 23060-060</td>
<td>(804) 750-2400</td>
</tr>
<tr>
<td>Griffith Family</td>
<td>Chiropractic Center 10170 Staples Mill Rd Ste C Glen Allen, VA 23060-060</td>
<td>(804) 501-2280</td>
</tr>
<tr>
<td>Hill, Mathew</td>
<td>Hill Chiropractic Center 1141 Memorial Blvd Martinsville, VA 24112-112</td>
<td>(276) 632-3334</td>
</tr>
<tr>
<td>Stark, Glenn</td>
<td>Martinsville Chiropractic Center Inc 425 Commonwealth Blvd Martinsville, VA 24112-112</td>
<td>(276) 632-2226</td>
</tr>
</tbody>
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### James City

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Anania, Vincent</td>
<td>Integrative Medicine Center 1318 Jamestown Rd Ste 102 Williamsburg, VA 23185-188</td>
<td>(757) 253-1900</td>
</tr>
<tr>
<td>Budavich, Matthew</td>
<td>Fusion Chiropractic LLC 201 Bulifants Blvd Ste B Williamsburg, VA 23188-188</td>
<td>(757) 603-6655</td>
</tr>
<tr>
<td>Connolly, Christopher</td>
<td>Fusion Chiropractic 201 Bulifants Blvd Ste B Williamsburg, VA 23188-188</td>
<td>(757) 603-6655</td>
</tr>
<tr>
<td>Hummel, David</td>
<td>Fusion Chiropractic 201 Bulifants Blvd Ste B Williamsburg, VA 23188-188</td>
<td>(757) 603-6655</td>
</tr>
<tr>
<td>Quinn, Wade</td>
<td>Integrative Medicine Center PLLC 1318 Jamestown Rd Ste 102 Williamsburg, VA 23185-185</td>
<td>(757) 253-1900</td>
</tr>
<tr>
<td>Roth, Daniel</td>
<td>Williamsburg Neck and Back Center 4808 Courthouse St Ste 202 Williamsburg, VA 23188-188</td>
<td>(757) 345-6562</td>
</tr>
<tr>
<td>Sawyer, Tracy</td>
<td>Fusion Chiropractic LLC 201 Bulifants Blvd Ste B Williamsburg, VA 23188-188</td>
<td>(757) 603-6655</td>
</tr>
</tbody>
</table>

### Loudoun

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Borrell, Ryan</td>
<td>Spring Chiropractic 4943 George Washington Blvd Ste 120 Ashburn, VA 20147-147</td>
<td>(703) 858-4645</td>
</tr>
<tr>
<td>Borthakur, Debarun</td>
<td>Chiropractic Health and Wellness 20 Pidgeon Hill Dr Ste 102 Sterling, VA 20165-165</td>
<td>(703) 444-4141</td>
</tr>
<tr>
<td>Bradshaw, Jeanelle</td>
<td>Loudoun Family Chiropractic 602 S King St Ste 301 Leesburg, VA 20175-175</td>
<td>(703) 723-9355</td>
</tr>
</tbody>
</table>

### Saxton, Eric

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saxton, Eric</td>
<td>Beyond Wellness 44330 Premier Plz Ste 110 Ashburn, VA 20147-147</td>
<td>(703) 723-9355</td>
</tr>
</tbody>
</table>

### Manassas City

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>James, Jeffrey</td>
<td>James Chiropractic 9151 Key Commons Ct Manassas, VA 20110-110</td>
<td>(703) 369-4111</td>
</tr>
<tr>
<td>Koff, Louis</td>
<td>Koff Chiropractic Clinic 9387 Forestwood Ln Manassas, VA 20110-110</td>
<td>(703) 361-0251</td>
</tr>
</tbody>
</table>
Chiropractic Providers

Koff, Tara
Koff Chiropractic Clinic
9387 Forestwood Ln
Manassas, VA 20110-110
(703) 361-0251

Lee, Chang-Ha
Omnispine Chiropractic & Rehab Clinic
7906 Sully Rd Ste 501
Manassas, VA 20109-109
(571) 379-4454

Tabrizi, Ghazaleh
Virginia Family Chiropractic
8420 Dorsey Cir Ste 101
Manassas, VA 20110-110
(703) 367-7878

Newport News City
Brill, Christopher
Therapeutic Solutions PC
714 Thimble Shoals Blvd Ste C
Newport News, VA 23606-606
(757) 873-4131

Hem, Bosophy
Rebound Chiropractic & Acupuncture
11790 Jefferson Ave Ste 205
Newport News, VA 23606-606
(757) 873-8701

Manadero, Rod
Manadero Chiropractic
727 Clyde Morris Blvd Ste B
Newport News, VA 23601-601
(757) 595-8433

Miers, Randall
Spine Care of Tidewater PC
11872 Canon Blvd Ste D
Newport News, VA 23606-606
(757) 873-8483

Olney, Scott
Hampton Roads Chiropractic PC
1056 Harpersville Rd
Newport News, VA 23601-601
(757) 596-9696

Rafdal, Travis
Rebound Chiropractic & Acupuncture
11790 Jefferson Ave Ste 205
Newport News, VA 23606-606
(757) 873-8701

Seery, William P
Denhig Chiropractic Center
13784 Warwick Blvd Ste B
Newport News, VA 23602-602
(757) 877-3770

Skorupa, Elizabeth
Back in Action
11832 Canon Blvd Ste E
Newport News, VA 23606-606
(757) 873-7786

Westby, Kevin
Spine Care of Tidewater PC
11872 Canon Blvd Ste D
Newport News, VA 23606-606
(757) 873-8483

Wright, Sherri
Wright Spine And Sports Health PC
606 Denbigh Blvd Ste 105
Newport News, VA 23606-608
(757) 223-5444

Norfolk City
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7453 Tidewater Dr
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(757) 622-8777

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(757) 855-1099

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Luney, VA 22835-835
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(434) 836-2905

McKinley, Cory
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Danville, VA 24540-540
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Portsmouth City
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(757) 686-3716

Miller, Sara
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5800 High St W
Portsmouth, VA 23703-707
(757) 686-3716

Toht Jr, Ronald
Total Chiropractic Health Center
5603 High St W Ste A
Portsmouth, VA 23703-707
(757) 966-2663

Prince Edward
Johnson, Travis
Farmville Family Chiropractic
1406 Millwood Rd
Farmville, VA 23901-901
(434) 392-3131

Kendrick, Shawn
Farmville Chiropractic Center
1414 W 3rd St
Farmville, VA 23901-901
(434) 392-9807

Prince William
Andolina, Nicholas
Andolina Chiropractic & Rehab
1455 Old Bridge Rd Ste 105
Woodbridge, VA 22192-192
(703) 490-8383

Barnhart, Jessica
Andolina Chiropractic & Rehab
1455 Old Bridge Rd Ste 202
Woodbridge, VA 22192-192
(703) 490-8383

Chapman, Cynthia
Ocequon Family Chiropractic PLLC
503 Union St
Ocequon, VA 22125-125
(703) 492-4144

Darling, Angela
Balanced Life Chiropractic
4310 Ridgewood Center Dr
Woodbridge, VA 22192-192
(707) 432-8001

De La Jara, Jermin
Virginia Family Chiropractic Health Center
12546 Dillingham Sq Ste 102
Lake Ridge, VA 22192-192
(703) 730-1600

Esmaili, Nahal
Back to Health Chiropractic & Acupuncture
2095 Prince William Pkwy Ste 101
Woodbridge, VA 22192-192
(703) 897-7777

Kline, Erin
Kline Chiropractic & Wellness
4004 Genesee Pl Ste 213
Woodbridge, VA 22192-192
(703) 680-4344

Moriarty, Holly
Haymarket Chiropractic Rehabilitation
1453 John Marshall Hwy Ste 104
Gainesville, VA 20155-155
(703) 753-0974

Nozari, Arshia
Virginia Family Chiropractic & PM PLLC
14004 Jefferson Davis Hwy Ste 301
Woodbridge, VA 22191-191
(703) 499-8840

Ryu, Sangkyun
Woodbridge Chiropractic and Pain Management PC
3945 Prince William Pkwy
Woodbridge, VA 22192-192
(703) 730-9222

Yousefi, Mohammad
Woodbridge Chiropractic & Pain Management PC
3945 Prince William Pkwy
Woodbridge, VA 22192-192
(703) 730-9222

Richmond City
Bills, Heath
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Lowry, Bryan
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Park, Cheon Gyu
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Roodman, William
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Roanoke
Garst, Gary
Garst Clinic PLC
3609 Brandon Ave SW
Roanoke, VA 24018-018
(540) 297-3440

Kehres, Gary
Kehres Chiropractic Clinic
2155 Electric Rd Ste A
Roanoke, VA 24018-018
(540) 774-0910

Lauria, Christopher
Lifestyle Chiropractic
5372 Fallow Water Ln Ste B
Roanoke, VA 24018-018
(540) 725-9501

Pollack, Erica
Chiropractic Care Center
4911 Brambleton Ave
Roanoke, VA 24018-018
(540) 977-4611

Roanoke City
Capps, Willard
Capps Chiropractic Clinic
5220 Williamson Rd NW Ste E
Roanoke, VA 24012-012
(540) 362-3700

CRONK, PAUL
Stoke Chiropractic Clinic Inc
217 Albermarle Ave SW
Roanoke, VA 24016-016
(540) 344-6738

Russell
Barnhart, Eric
Barnhart Chiropractic & Wellness PLLC
5554 Redbud Hwy
Honaker, VA 24260-260
(276) 873-6222

Optima Direct Network Providers 9/2019 483
## Virginia Beach City

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<td>3619 Virginia Beach Blvd</td>
<td>(757) 340-3631</td>
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<td>Bay Area Chiropractic 5301 Providence Rd Ste 50 Virginia Beach, VA 23464-464</td>
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<td>New Life Chiropractic Clinic 198 S Rosemont Rd Virginia Beach, VA 23452-452</td>
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<td>Jarrett III, Thomas</td>
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<td>Kim, Hyun</td>
<td>Sentara Chiropractic Center 1809 Colonial Medical Ct Ste 101 Virginia Beach, VA 23454-454</td>
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<td>Sea Pines Chiropractic 2712 Virginia Beach Blvd Virginia Beach, VA 23452-452</td>
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<td>Conolly, Christopher</td>
<td>Back In Motion Chiropractic 4102 George Washington Memorial Hospital Ste 102 Yorktown, VA 23692-692</td>
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<td>Gunderman III, Samuel</td>
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## Wise

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## Winchester City

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<td>Scott, Eric</td>
<td>Chiropractic 1827 Plaza Dr Winchester, VA 23201-601</td>
<td>(540) 662-9006</td>
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<tr>
<td>Smyth</td>
<td>Marion Chiropractic Clinic 123 S Chestnut St Ste 104 Marion, VA 23454-354</td>
<td>(276) 706-8530</td>
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<tr>
<td>Brooks, Clarence</td>
<td>Battlefield Chiropractic Center 4721 Jefferson Davis Hwy Fredericksburg, VA 22408</td>
<td>(540) 710-7300</td>
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<tr>
<td>Exume, Jean</td>
<td>Fredericksburg Upper Cervical Clinic 4107 Plank Rd Ste A Fredericksburg, VA 22407-407</td>
<td>(540) 710-5843</td>
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<td>Higgins, Michael</td>
<td>Lee’s Hill Chiropractic 5444 Southpoint Plaza Way Fredericksburg, VA 22407-407</td>
<td>(540) 898-1692</td>
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<td>Mills, Robert</td>
<td>Stewart Family Chiropractic, PC 1 Novak Dr Stafford, VA 22554-554</td>
<td>(540) 288-0280</td>
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<td>Stuart, Sean</td>
<td>Stewart Family Chiropractic, PC 1 Novak Dr Stafford, VA 22554-554</td>
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<td>Ward, William</td>
<td>Advanced Chiropractic 774 Warrenton Rd Fredericksburg, VA 22406-406</td>
<td>(540) 371-0474</td>
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## Optima Direct Network Providers 9/2019
## Chiropractic Providers

### WV

### Berkeley
- **Bomino, James**
  - Arbour Family Chiropractic
  - 121 Administrative Dr Ste 170
  - Martinsburg, WV 25404-404
  - (304) 262-9920

### Boone
- **Hill, Cliff**
  - Hill Chiropractic Center, Inc
  - 467 Main St
  - Madison, WV 25130-130
  - (304) 369-9500
- **Mallory, Brian**
  - Hill Chiropractic Center, Inc
  - 467 Main St
  - Madison, WV 25130-130
  - (304) 369-9500

### Brooke
- **Thomforde, Tara**
  - HealthSource of Wellsburg
  - 920 Charles St
  - Wellsburg, WV 26070-070
  - (304) 737-7234

### Cabell
- **Harbour, Matthew**
  - Midland Chiropractic and Wellness
  - 332 E Main St
  - Milton, WV 25541-541
  - (304) 948-5979
- **Moore, Jason**
  - Huntington Chiropractic Accident & Injury Clinic
  - 2511 3rd Ave
  - Huntington, WV 25703-703
  - (304) 523-7891
- **Overstreet, Jeffrey**
  - Overstreet Family Chiropractic
  - 6467 Farmdale Rd
  - Barboursville, WV 25504-504
  - (304) 840-7760
- **Ross, Deborah**
  - Ross Chiropractic and Wellness
  - 1218 5th Ave
  - Huntington, WV 25701-701
  - (304) 525-1901
- **Wild, Alan**
  - Dr Alan D Wild DC
  - 634 8th St
  - Huntington, WV 25701-701
  - (304) 697-7080

### Fayette
- **Flinn, Christopher**
  - Pinnacle Chiropractic Health and Wellness PLLC
  - 325 Jones Ave
  - Oak Hill, WV 25901-901
  - (304) 465-4325

### Kanawha
- **Bulger, Jennifer**
  - Charleston Chiropractic Company
  - 713 Bigley Ave
  - Charleston, WV 25302-302
  - (304) 344-2225
- **Collins, Anthony**
  - Elks Valley Health & Wellness, Inc
  - 4710 Chimney Dr Ste H
  - Charleston, WV 25302-302
  - (304) 965-2458
- **Fisher, Jody**
  - Fisher Chiropractic PLLC
  - 142 MacCorkle Ave
  - Saint Albans, WV 25177-177
  - (304) 722-3011
- **Kiser-Crouch, Peggy**
  - Peggy Kiser-Crouch DC PLLC
  - 308 Patrick Street Plz
  - Charleston, WV 25387-387
  - (304) 344-9077
- **Meffert II, Roland**
  - River City Chiropractic
  - 803 8th St
  - Nitro, WV 25143-143
  - (304) 776-1520
- **Simmons, Darby**
  - Simmons Family Chiropractic PLLC
  - 5411 MacCorkle Ave SE
  - Ste B
  - Charleston, WV 25304-304
  - (304) 925-5003
- **Summers, Jeffrey**
  - Jeffrey L Summers DC
  - 4317 MacCorkle Ave SE
  - Charleston, WV 25304-304
  - (304) 925-0377

### Harrison
- **Clarkson, Karl**
  - Karl D Clarkson DC
  - 403 Howard St
  - Charleston, WV 25387-387
  - (304) 592-3301
- **Pinti, Stephen**
  - Pinti Family Chiropractic
  - 135 Cimarron Rd
  - Clarksburg, WV 26301-301
  - (304) 623-5551
- **Jackson, George Bradley**
  - George Chiropractic Clinic
  - 368 Main St W
  - Ripley, WV 25271-271
  - (304) 372-1010

### Jefferson
- **Harris, Alissa**
  - Harpers Ferry Chiropractic and Physical Therapy Center PLLC
  - 1627 W Washington St
  - Harpers Ferry, WV 25425-425
  - (304) 533-3009
- **Rozier, Steven**
  - Capital Rehab
  - 66 Somerset Blvd
  - Charles Town, WV 25414-414
  - (304) 728-5066
- **DeRaimo, David**
  - Chapmanville Family Chiropractic
  - 265 Main St Ste B
  - Chapmanville, WV 25508-508
  - (304) 855-4529
- **Hill, Cliff**
  - Hill Chiropractic Center
  - 101 LB and T Way
  - Logan, WV 25601-601
  - (304) 752-2212
- **Mallory, Brian**
  - Hill Chiropractic Center
  - 101 LB and T Way
  - Logan, WV 25601-601
  - (304) 752-2212

### Kanawha
- **Bollinger, Steven**
  - AAA Chiropractic Center
  - 167 S Mineral St
  - Keyser, WV 26726-726
  - (304) 788-8180

### Monongalia
- **Dorey Jr, Timothy**
  - Spineworks Physical Medicine & Wellness PLLC
  - 6000 Coombs Farm Rd Ste 102
  - Morgantown, WV 26508-508
  - (304) 381-4144
- **Toth, Stephen**
  - Toth Chiropractic Center
  - 333 University Ave
  - Morgantown, WV 26505-505
  - (304) 599-8228

### Nicholas
- **Goodwin, Thomas**
  - Goodwin Chiropractic Center PLLC
  - 1018 Broad St
  - Summersville, WV 26651-651
  - (304) 872-1006

### Ohio
- **Goldbaugh, Andrew**
  - Goldbaugh Chiropractic & Sports Rehabilitation
  - 594 National Rd
  - Wheeling, WV 26003-003
  - (304) 905-9701
- **York, Lawrence**
  - KDL & Chiropractic Rehab Center
  - 96 Washington Ave
  - Wheeling, WV 26003-003
  - (724) 594-8742

### Putnam
- **Erwin, Anthony**
  - Putnam Chiropractic Center
  - 3551 Teays Valley Rd
  - Hurricane, WV 25526-526
  - (304) 757-7668
- **Ross, Deborah**
  - Ross Chiropractic and Wellness
  - 400 Prestige Park Dr Ste A
  - Hurricane, WV 25526-526
  - (304) 757-7605
- **Van Scoy, Darrin**
  - Teays Valley Medicine & Rehab
  - 3761 Teays Valley Rd
  - Hurricane, WV 25526-526
  - (304) 757-1180
- **Walton, Jonathan**
  - Walton Chiropractic
  - 3475 Teays Valley Rd Ste D
  - Hurricane, WV 25526-526
  - (681) 235-7250

### Raleigh
- **Grose, Christopher**
  - Christopher Grose DC Inc
  - 180A Harper Rd
  - Beckley, WV 25801-801
  - (304) 250-6647

### Randolph
- **Gardner, Cory**
  - Gardner Chiropractic
  - 1001 Harrison Ave
  - Elkins, WV 26241-241
  - (304) 636-2411

### Wood
- **Akers, Robert**
  - Akers Chiropractic PLLC
  - 1706 Blizzard Dr Ste 1
  - Parkersburg, WV 26101-101
  - (304) 865-1295
<table>
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<tr>
<th>Provider Name</th>
<th>Clinic Name</th>
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<tr>
<td>Folwell, Byron</td>
<td>Folwell Chiropractic Clinic Inc</td>
<td>3211 Emerson Ave</td>
<td>26104-104</td>
<td>(304) 485-9124</td>
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<tr>
<td>Hale, Michael</td>
<td>Hale Chiropractic Center</td>
<td>2623 Dudley Ave</td>
<td>26101-101</td>
<td>(304) 485-0201</td>
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<tr>
<td>Harris Jr, Ermel</td>
<td>Grand Central Chiropractic Center</td>
<td>1100 9th St Ste G</td>
<td>26105-105</td>
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<tr>
<td>Johnson II, William</td>
<td>Johnson Chiropractic Clinic</td>
<td>706 Division St</td>
<td>26101-101</td>
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<tr>
<td>McCale, Carl</td>
<td>Riverview Health Clinic PLLC</td>
<td>2200 Grand Central Ave Ste 111</td>
<td>26105-105</td>
<td>(304) 295-5505</td>
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<tr>
<td>McCarter, Heather</td>
<td>McCarter Wellness DC, PLLC</td>
<td>4315 Emerson Ave</td>
<td>26104-104</td>
<td>(304) 428-8300</td>
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<td>McCarter, Joseph</td>
<td>McCarter Wellness DC, PLLC</td>
<td>4315 Emerson Ave</td>
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<td>Sidebottom, Steven</td>
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<td>293 College Pkwy</td>
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<td>Wright, Dustin</td>
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<td>2301 Camden Ave</td>
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| Wilcox, Thomas | 300 Virginia Ave West | Vinton, Va 24179 | 5403434252 |
| Wilson, Timothy | 18024 Forest Dr | Forest, Va 24551 | 4343855870 |
| Zink, Sarah | 300 Virginia Ave West | Vinton, Va 24179 | 5403434252 |

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| Bristol City |  |
| Frechette, Hayden | 1701 Euclid Ave | Bristol, Va 24201 | 2764664227 |
| Patel, Priyanka | 1701 Euclid Ave | Bristol, Va 24201 | 2764664227 |
| Webberling, Douglas | 1701 Euclid Ave | Bristol, Va 24201 | 2764664227 |

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| Chesapeake City |  |
| Adams, Eric | 200 Medical Pkwy | Chesapeake, Va 23320 | 7575479751 |
| Ajmani, Aaditya | 2448 Chesapeake Sq Ring Rd | Chesapeake, Va 23321 | 7574886916 |
| Alttice-weather, Christie | 4200 Portsmouth Blvd | Chesapeake, Va 23321 | 7574658787 |
| Ambrose, Andrew | 1401 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7575252000 |
| Andrews, David | 4200 Portsmouth Blvd | Chesapeake, Va 23321 | 7574658787 |
| Barnett, Deborah | 4200 Portsmouth Blvd | Chesapeake, Va 23321 | 7574658787 |
| Batton, Catherine | 4200 Portsmouth Blvd | Chesapeake, Va 23321 | 7574658787 |
| Baylor, Elizabeth | 236 Carmichael Way | Chesapeake, Va 23322 | 7572551330 |
| Beach, Russell | 1116 Volvo Pkwy | Chesapeake, Va 23320 | 7574262020 |
| Bortemeu, Vincent | 1401 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7575252000 |
| Coffin, Glenn | 1437 Sams Drive | Chesapeake, Va 23320 | 7578190540 |

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| 236 Carmichael Way | Chesapeake, Va 23322 | 7572551330 |
| 4300 Portsmouth Blvd | Chesapeake, Va 23320 | 7574655555 |
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| 1412 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7574243135 |
| 1108 Cedar Rd | Chesapeake, Va 23322 | 7574369397 |
| 1501 Cedar Road | Chesapeake, Va 23322 | 7574255550 |
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| 200 Medical Pkwy | Chesapeake, Va 23320 | 7575252000 |
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| Collins, Miranda | 1401 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7575232000 |
| Craddock, Mark | 1437 Sams Drive | Chesapeake, Va 23320 | 7578190540 |
| Dangelo, Gary | 1412 Greenbrier Pkwy | Chesapeake, Va 23320 | 7574243135 |
| Diaz, Osvaldo | 1108 Cedar Rd | Chesapeake, Va 23322 | 7574369397 |
| Dunn, Jeffrey | 1501 Cedar Road | Chesapeake, Va 23322 | 7574255550 |
| Duplak, Samantha | 1401 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7575232000 |
| Eady, Tonya | 4200 Portsmouth Blvd | Chesapeake, Va 23321 | 7574658787 |
| 838 Old George Washington Hwy | Chesapeake, Va 23323 | 7575282020 |
| Espenet, Austin | 1437 Sams Drive | Chesapeake, Va 23320 | 7578190540 |
| 4107 Portsmouth Boulevard | Chesapeake, Va 23321 | 7572151050 |
| Eye Physicians, Chesapeake | 560 Kempsville Rd | Chesapeake, Va 23320 | 7578538262 |
| Fleming, Patrick | 1401 Greenbrier Pkwy South | Chesapeake, Va 23320 | 7575232000 |

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**Optima Direct Network Providers 9/2019**

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Eyemed Vision Care Providers

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Optima Direct Network Providers 9/2019

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**Eyemed Vision Care Providers**

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## Eyemed Vision Care Providers

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- 2539 John Milton Dr
- Herndon, VA 20171
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- 8369a Leesburg Pike
- Vienna, VA 22182
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### Tran, Annie
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- Falls Church, VA 22046
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### Ton, Elizabeth
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- 14245 Centreville Sq
- Centreville, VA 20121
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### Tamber, Gaganjeet
- 1841 Fountain Drive
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- 260 Maple Ave E
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### Thelem, Michelle
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### Tu, Elizabeth
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### Tran, Annie
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- Mc Lean, VA 22102
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### Vance, Sarah
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### Versteegden, Keith
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### Fauquier

### Falls Church City

### Au, Duc
- 444 W Broad St
- Falls Church, VA 22046
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### Larson, Leonard
- 444 W Broad St
- Falls Church, VA 22046
- 7035348111

### Nguyen, Nguyen-nga
- 900 S Washington St
- Falls Church, VA 22046
- 7035341888

### Optical Co, For Eyes
- 444 W Broad St
- Falls Church, VA 22046
- 7035348111

### Zhang, Amy
- 431 Park Ave
- Falls Church, VA 22046
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Eyemed Vision Care Providers

Moncrieffe, Raquel
8411 North Run Medical Dr
Mechanicsville, Va 23116
8042874200

Patel, Gargee
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Mechanicsville, Va 23116
8042874200

Pederson, Brady
10101 Brook Rd Rm 852
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Eyemed Vision Care Providers

Optima Health

Optima Direct Network Providers 9/2019

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5719184025

Nguyen, Nicole
24570 Dulles Landing Dr Sterling, Va 20166
5713677610

Oh, Alice
20789 Great Falls Plaza 108 Sterling, Va 20165
5713757950
420 Madison Trade Plaza Se Leesburg, Va 20175
7033408382

Optical Co, For Eyes
47010 Community Plaza Sterling, Va 20164
7034306381

Optical, Sears
21000 Dulles Town Ctr Sterling, Va 20166
7034330644

Optical, Target
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2023228384

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7037240330

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617 Potomac Station Leesburg, Va 20176
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Slavin, Diana
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Eyemed Vision Care Providers

Nelson

Brown, Asha
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Clauss, David
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Optima Direct Network Providers 9/2019 510
Eyemed Vision Care Providers

**Powhatan**

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**Prince William**

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Steer, Hugh
2700 Potomac Mills Cir
Woodbridge, Va 22192
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Stoege, Ally
7001 Heritage Village Plaza
Gainesville, Va 20155
5714453692

Suh, Jung
8300 Sudley Rd
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7032577503

Sutton, Adrian
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7037537200

Sweetnam, Gene
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Woodbridge, Va 22192
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Taxali, Monica
9930 Sowder Village Square
Manassas, Va 20109
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Tran, Annie
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Woodbridge, Va 22192
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Truong, Sonny
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Gainesville, Va 20155
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14901 Potomac Town Place
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7036807850

Versteegden, Keith
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Woodbridge, Va 22192
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Vuong, Hieu
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Gainesville, Va 20155
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Vu-gia, Hieu
10338 Bristow Center Drive
Bristow, Va 20136
7033921010

Whang, Daniel
1914 Optiz Blvd
Woodbridge, Va 22191
7034947400

Wiley, Susan
14465 Potomac Mills Rd
Woodbridge, Va 22192
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Wood, Thomas
10660 Crestwood Dr
Manassas, Va 20109
7033693828

Wynn, Jeffrey
17614 Main St
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7032213575

Yaraza, Malalai
11654 Sudley Manor Dr
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7033370373

Yoo, Joshua
2253 C Tacketts Mill Center
Woodbridge, Va 22192
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Zahir, Ahmad
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Woodbridge, Va 22192
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Zahri, Ahmad
14465 Potomac Mills Rd
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Zulmah, Ahmad
14465 Potomac Mills Rd
Woodbridge, Va 22192
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Pulaski

Anderson, Sarah
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Pulaski, Va 24301
5409803687

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5407311010

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Schwab, Alexandre
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Richmond

Anwar, Faridah
401 N 11th St Ste 439
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Best, Americas
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Cordova, Emily
400 Westhampton Station
Richmond, Va 23226
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Carothers, Thomas
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Chappata, Jason
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Jarvis, Cynthia
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Lefler, Christopher
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Macmillan, Mark
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Neidigh, Gerald
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Parsons, Ashley
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Eyemed Vision Care Providers

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Wu, Theodore
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Roanoke

Allen, Neya
2726 Electric Rd
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Allen, Neysa
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Best, Karen
1205 W Main St
Salem, Va 24153
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Blackstock, Joe
3763 Franklin Rd
Southwest
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Booth, Kari
1960 Electric Rd
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33 British Woods Dr
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Clark, Christopher
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Collins, Miranda
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Coolbaugh, Kevin
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Coolbaugh, Shari
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Hanning, Jayanna
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Roanoke City

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