Welcome to Optima Health!

When you enroll in an OptimaDirect® or OptimaFit® Direct (Direct) plan, you may need to select a Primary Care Physician (PCP) from our network of affiliated PCPs. You may change your designated PCP at any time. Please note, every family member on your plan may select a different PCP. If you have children, you may choose a participating pediatrician as their PCP.

Optima Health plans do not require a referral from a PCP to visit another doctor or specialist. However, your PCP can help coordinate your healthcare needs and serve as your first step to determine an illness or condition, offer methods of care, write prescriptions, and recommend specialists or facilities, if additional diagnoses and follow up is needed. The selected specialist must participate in the Optima Health network in order to be covered under your in-network benefits.

This directory is current as of the date listed on the cover; however, it does not guarantee that the provider is still in the network or accepting new members at the time of your visit. It is the member’s responsibility to know which providers are participating Plan providers. The most current information regarding provider participation is available at optimahealth.com or on the Optima Health mobile app. To access the most current listing of Direct plan providers, be sure to select the Direct option from the drop down menu.

To find out the professional qualifications of most Plan physicians, please call 757-552-7200 or 1-800-736-8272, or visit our website at optimahealth.com. This information is available 24 hours a day, 7 days a week. If you have any questions about your health benefits, please call Member Services at the number listed on the back of your member ID card.

Direct Network

As a member of a Direct plan, you have a tiered network of providers. This means that you have the freedom to choose from any healthcare provider in the network. You will have a lower cost share—in the form of lower Copayments and Coinsurance amounts—for using a Tier 1 provider. With this network design, you have the option to also visit Tier 2 providers for a higher cost share than a Tier 1 provider. Please refer to your plan documents for more information about the cost savings of choosing a Tier 1 provider, specific to your plan.

In-Network and Out-of-Network Care

By using an in-network physician or medical facility listed in this directory, you pay lower out-of-pocket costs for the care you receive and you do not have to fill out and submit claim forms. You will pay any applicable charges at the time you receive care. Certain services require only a Copayment, while the costs for other services are based on a Coinsurance percentage. You should refer to your Plan documents for these specific amounts.

If you choose to receive care from a physician or other medical facility that is not part of the Optima Health network, you may use out-of-network benefits, if you have them. These providers set their own rate for their services. Typically, when Plan members who have out-of-network benefits receive covered services from out-of-network providers, Optima Health will pay a set percentage, or an allowable charge, of the amount paid to in-network providers for the same service. The member will pay the rest. If the out-of-network provider charges more than what Optima Health pays, the provider may bill the member for the difference between the two amounts. In addition, you must be willing to take responsibility for filing claims and make sure that pre-authorization has been secured by your provider for certain medical services and procedures.

OptimaDirect, 2019
For more information on in-network and out-of-network care, review your Evidence of Coverage or Certificate of Insurance, or call Member Services at the number listed on the back of your member ID card.

For plans that include spinal manipulation or chiropractic care benefits, a list of Chiropractic Providers is included in this directory.

Footnotes
The following footnotes are used throughout this directory:

1. Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. Note, if you have not seen the provider within 24 months, you may not be considered an existing patient.
2. Not accepting new patients or current patients switching plans.
3. Not accepting new patients; accepting newborns and siblings.
4. Age restriction; call physician for authorization.
5. Accepting a limited number of patients; contact Member Services to confirm that member may be added.

Abbreviations
The following abbreviations are used throughout this directory:

- CHKD - Children's Hospital of the King's Daughters
- CMG - Children's Medical Group Service
- EVMSHS - Eastern Virginia Medical School Health Services
- VCU - Virginia Commonwealth University Health Services
- PN - Peninsula
- SMG - Sentara Medical Group
- TMPG - Tidewater Physicians Multispecialty Group
- UVA - University of Virginia Health System

Selection Criteria

Provider
The Provider Networks for Optima Health plans, including those available on the Health Insurance Marketplace, consist of primary care, specialist, and behavioral health providers; and include physicians, physician assistants, nurse practitioners, and other qualified licensed clinicians.

Optima Health chooses providers based on specific criteria and credentialing requirements to create a network that ensures members are able to access participating providers within a reasonable distance and time.

All providers must have completed a comprehensive credentialing application and be approved by the Optima Health Credentialing Committee before being accepted into the network. The credentialing process consists of the review, verification, and evaluation of a number of criteria; including (but not limited to) education, specialized training, board certification, state license(s), malpractice history, and sanction records. Providers with a felony conviction and/or sanction(s) by Federal government agencies are not accepted into the Optima Health Network. Providers are re-evaluated every three years.
The Optima Health credentialing process exceeds the requirements of the National Committee for Quality Assurance (NCQA) and the Commonwealth of Virginia quality measures for credentialing.

No member experience or cost-related measures are used in the provider selection process.

**Hospital/Facility**

Hospitals for Optima Health plans, including those available on the Health Insurance Marketplace, are selected based on specific accreditation and accessibility criteria, ensuring members have access to quality hospitals within a reasonable distance and time.

Accreditation and licensure information is verified for all hospitals; an assessment is conducted to confirm the hospital is in good standing with state and federal regulatory bodies and that the hospital has been reviewed and approved by the appropriate national accrediting body.

To participate with Optima Health, hospitals must be accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO), Healthcare Facilities Accreditation Program (HFAP), or DNV Healthcare Inc. Exceptions may be made for newly opening hospitals or hospitals in rural areas, which may be allowed to participate in the Optima Health network upon submitting documentation for patient safety plans and/or record of review from a state or federal regulatory body. Hospitals are re-evaluated every three years.

No member experience, patient safety, or cost-related measures are used in the hospital selection process.
# Table of Contents

## Introduction
Introduction ................................. 1

## Primary Care Physicians - Tier 1

### VA

- **Abingdon**
  - Family Medicine ................................. 21

### Meadowview

- **General Practice** ................................. 93

### Abingdon

- **Geriatric Medicine** ................................. 94
- **Internal Medicine** ................................. 95

### Danville

- **Ob/Gyn PCP** ................................. 135

### Abingdon

- **Pediatrics** ................................. 136

## Primary Care Physicians - Tier 2

### VA

- **Bowling Green**
  - Family Medicine ................................. 181

### Richmond

- **Geriatric Medicine** ................................. 182

### Bowling Green

- **Internal Medicine** ................................. 182

### Fredericksburg

- **Pediatrics** ................................. 183

## OB/GYN Physicians - Tier 1

### VA

- **Abingdon**
  - Blue Ridge Medical Management Corporation (MSMG OBGYN) ........ 187

## Abingdon Obstetrics and Gynecology

- **Abingdon Obstetrics and Gynecology** ........ 187

## Blue Ridge Medical Management Corporation (MSMG OBGYN)

- **Blue Ridge Medical Management Corporation (MSMG OBGYN)** ........ 187

## Abingdon Healthcare For Women

- **Abingdon Healthcare For Women** ........ 187

## Alexandria

- **Richard Nemeth MD** ........ 187

## Center for Vein Restoration MD

- **Center for Vein Restoration MD** ........ 187

## Annandale

- **Virginia Women's Health Associates** ........ 187

## FULLER ROBERTS OB-GYN AND PRIMARY CARE

- **FULLER ROBERTS OB-GYN AND PRIMARY CARE** ........ 187

## Arlington

- **Arlington Women's Center PLLC** ........ 187

## Bedford

- **Bedford Women's and Pediatric Health Services** ........ 187

## Centra Medical Group Women's Center

- **Centra Medical Group Women's Center** ........ 187

## Berryville

- **University of Virginia Physicians Group** ........ 188

## Big Island

- **Big Island Family Medical Center** ........ 188

## Blacksburg

- **Encore OB-GYN Center of Southwest Virginia, LLC** ........ 188

## New River Women's Health

- **New River Women's Health** ........ 188

## Lewis-Gale Physicians, LLC

- **Lewis-Gale Physicians, LLC** ........ 188

## Carilion Healthcare Corporation

- **Carilion Healthcare Corporation** ........ 188

## Planned Parenthood Health Systems Inc

- **Planned Parenthood Health Systems Inc** ........ 188

## Carilion OB/GYN Associates

- **Carilion OB/GYN Associates** ........ 188

## Lewis-Gale Physicians, LLC

- **Lewis-Gale Physicians, LLC** ........ 188

## Carilion Healthcare Corporation

- **Carilion Healthcare Corporation** ........ 188

## Lewis-Gale Physicians, LLC

- **Lewis-Gale Physicians, LLC** ........ 188

## Bon Air

- **Manchester OB/Gyn** ........ 188

## Carrollton

- **Bayview Physician Services, PC** ........ 188

## Centreville

- **Centreville OB/GYN** ........ 188

## Charlottesville

- **Jefferson Obstetrics & Gynecology, LTD** ........ 189

## University of Virginia Physicians Group

- **University of Virginia Physicians Group** ........ 189

## Jefferson Obstetrics & Gynecology, LTD

- **Jefferson Obstetrics & Gynecology, LTD** ........ 189

## University of Virginia Physicians Group

- **University of Virginia Physicians Group** ........ 189

## Planned Parenthood Health Systems Inc

- **Planned Parenthood Health Systems Inc** ........ 189

## UVA Primary Care Center 3rd Floor

- **UVA Primary Care Center 3rd Floor** ........ 189

## William G. Fitzhugh MD PC

- **William G. Fitzhugh MD PC** ........ 189

## UVA Northridge

- **UVA Northridge** ........ 189

## Jefferson Obstetrics & Gynecology, LTD

- **Jefferson Obstetrics & Gynecology, LTD** ........ 189

## UVA Primary Care Center 3rd Floor

- **UVA Primary Care Center 3rd Floor** ........ 189

## Charlottesville Gyn Specialists a Division of Anchor Healthcare

- **Charlottesville Gyn Specialists a Division of Anchor Healthcare** ........ 189
## Table of Contents

<table>
<thead>
<tr>
<th>Jefferson Obstetrics &amp; Gynecology, LTD ........................................</th>
<th>189</th>
</tr>
</thead>
<tbody>
<tr>
<td>Siva Thiagarajah, MD ....................................................................</td>
<td>189</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>189</td>
</tr>
<tr>
<td>UVA Northridge ............................................................................</td>
<td>189</td>
</tr>
<tr>
<td>Jefferson Obstetrics &amp; Gynecology, LTD ......................................</td>
<td>189</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>189</td>
</tr>
<tr>
<td>Siva Thiagarajah, MD ....................................................................</td>
<td>189</td>
</tr>
<tr>
<td>Jefferson Obstetrics &amp; Gynecology, LTD ......................................</td>
<td>189</td>
</tr>
<tr>
<td>UVA Northridge ............................................................................</td>
<td>190</td>
</tr>
<tr>
<td>Jefferson Obstetrics &amp; Gynecology, LTD ......................................</td>
<td>190</td>
</tr>
<tr>
<td>The Midlife Center .......................................................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>UVA Northridge ............................................................................</td>
<td>190</td>
</tr>
<tr>
<td>UVA Primary Care Center 3rd Floor .............................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>Siva Thiagarajah, MD ....................................................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>UVA Northridge ............................................................................</td>
<td>190</td>
</tr>
<tr>
<td>UVA Health Services Foundation ..................................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>Jefferson Obstetrics &amp; Gynecology, LTD ......................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>Edward T. Wolanski, MD ..................................................................</td>
<td>190</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>190</td>
</tr>
<tr>
<td>Chesapeake ...................................................................................</td>
<td>190</td>
</tr>
<tr>
<td>Western Branch Center for Women, P.C ........................................</td>
<td>190</td>
</tr>
<tr>
<td>Mid Atlantic Women’s Care PLC (MAWC) .......................................</td>
<td>190</td>
</tr>
<tr>
<td>Margie Corney, MD, PC ..................................................................</td>
<td>190</td>
</tr>
<tr>
<td>Greenbrier Obstetrics &amp; Gynecology, PC ......................................</td>
<td>190</td>
</tr>
<tr>
<td>The Group for Women (MAWC) .....................................................</td>
<td>190</td>
</tr>
<tr>
<td>TotalCare for Women, PLC (MAWC) ..............................................</td>
<td>190</td>
</tr>
<tr>
<td>Virginia Center for Women (MAWC) ..............................................</td>
<td>190</td>
</tr>
<tr>
<td>Khadijah Jordan, MD, PC ...............................................................</td>
<td>190</td>
</tr>
<tr>
<td>Atlantic Obstetrics &amp; Gynecology .................................................</td>
<td>190</td>
</tr>
<tr>
<td>Greenbrier Obstetrics &amp; Gynecology, PC ......................................</td>
<td>190</td>
</tr>
<tr>
<td>Khadijah Jordan, MD, PC ...............................................................</td>
<td>190</td>
</tr>
<tr>
<td>Chesapeake Women’s Care (MAWC) ................................................</td>
<td>191</td>
</tr>
<tr>
<td>Greenbrier Obstetrics &amp; Gynecology, PC ......................................</td>
<td>191</td>
</tr>
<tr>
<td>Bayview Physician Services, PC ...................................................</td>
<td>191</td>
</tr>
<tr>
<td>Virginia Center for Women (MAWC) ..............................................</td>
<td>191</td>
</tr>
<tr>
<td>Bayview Physician Services, PC ...................................................</td>
<td>191</td>
</tr>
<tr>
<td>TotalCare for Women, PLC (MAWC) ..............................................</td>
<td>191</td>
</tr>
<tr>
<td>Virginia Center for Women (MAWC) ..............................................</td>
<td>191</td>
</tr>
<tr>
<td>Hampton Roads Ob/Gyn Center ......................................................</td>
<td>191</td>
</tr>
<tr>
<td>Greenbrier Obstetrics &amp; Gynecology, PC ......................................</td>
<td>191</td>
</tr>
<tr>
<td>Bayview Physician Services, PC ...................................................</td>
<td>191</td>
</tr>
<tr>
<td>The Group for Women (MAWC) .....................................................</td>
<td>191</td>
</tr>
<tr>
<td>Procreate Fertility Center of Virginia, PLLC ...................................</td>
<td>191</td>
</tr>
<tr>
<td>Javeid Perwaiz, MD, PC ..................................................................</td>
<td>191</td>
</tr>
<tr>
<td>The Group for Women (MAWC) .....................................................</td>
<td>191</td>
</tr>
<tr>
<td>TotalCare for Women, PLC (MAWC) ..............................................</td>
<td>191</td>
</tr>
<tr>
<td>The Group for Women (MAWC) .....................................................</td>
<td>191</td>
</tr>
<tr>
<td>TotalCare for Women, PLC (MAWC) ..............................................</td>
<td>191</td>
</tr>
<tr>
<td>Southeastern Virginia Health System ............................................</td>
<td>191</td>
</tr>
<tr>
<td>Bayview Physician Services, PC ...................................................</td>
<td>191</td>
</tr>
<tr>
<td>Craig H Ruetzel ............................................................................</td>
<td>191</td>
</tr>
<tr>
<td>The Group for Women (MAWC) .....................................................</td>
<td>191</td>
</tr>
<tr>
<td>Greenbrier Obstetrics &amp; Gynecology, PC ......................................</td>
<td>191</td>
</tr>
<tr>
<td>Chesapeake Regional Medical Group (CRMG) ...................................</td>
<td>191</td>
</tr>
<tr>
<td>Chester ......................................................................................</td>
<td>191</td>
</tr>
<tr>
<td>Manchester OB/Gyn .......................................................................</td>
<td>191</td>
</tr>
<tr>
<td>Christiansburg ............................................................................</td>
<td>192</td>
</tr>
<tr>
<td>John Christopher Colby MD PC .....................................................</td>
<td>191</td>
</tr>
<tr>
<td>Carilion Healthcare Corporation ..................................................</td>
<td>192</td>
</tr>
<tr>
<td>Carilion OB/GYN Associates .........................................................</td>
<td>192</td>
</tr>
<tr>
<td>Carilion Healthcare Corporation ..................................................</td>
<td>192</td>
</tr>
<tr>
<td>Community Health Center of the New River Valley .......................</td>
<td>192</td>
</tr>
<tr>
<td>Carilion Healthcare Corporation ..................................................</td>
<td>192</td>
</tr>
<tr>
<td>James S. Weston, MD, PC ...............................................................</td>
<td>192</td>
</tr>
<tr>
<td>Colonial Heights .........................................................................</td>
<td>192</td>
</tr>
<tr>
<td>Complete Care Center for Women (John Randolph OBGYN, LLC) ......</td>
<td>192</td>
</tr>
<tr>
<td>Manchester OB/Gyn .......................................................................</td>
<td>192</td>
</tr>
<tr>
<td>Riverview Physicians for Women ...................................................</td>
<td>192</td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd ..............................................</td>
<td>192</td>
</tr>
<tr>
<td>Riverview Physicians for Women ...................................................</td>
<td>192</td>
</tr>
<tr>
<td>Culpeper .....................................................................................</td>
<td>192</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>192</td>
</tr>
<tr>
<td>UVA Primary Care Center 3rd Floor .............................................</td>
<td>192</td>
</tr>
<tr>
<td>Wellspring Health Services ...........................................................</td>
<td>192</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>192</td>
</tr>
<tr>
<td>Wellspring Health Services ...........................................................</td>
<td>193</td>
</tr>
<tr>
<td>University of Virginia Physicians Group ......................................</td>
<td>193</td>
</tr>
<tr>
<td>Daleville .....................................................................................</td>
<td>193</td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER ......................................................</td>
<td>193</td>
</tr>
<tr>
<td>Carilion Faculty Phys Specialist ...................................................</td>
<td>193</td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER ......................................................</td>
<td>193</td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC ..........................................................</td>
<td>193</td>
</tr>
</tbody>
</table>
Table of Contents

CARILION MEDICAL CENTER .......... 193
  Danville
  OB/GYN Associates of Danville, Inc. ................................................. 193
  Healthcare for Women (Danville Physician Practices, LLC) ................. 193
  OB/GYN Associates of Danville, Inc. ............................................... 193
  Danville Women's Care .............................................................. 194
  OB/GYN Associates of Danville, Inc. ............................................... 194
  Healthcare for Women - Ob/Gyn (Danville Physician Practices, LLC) .......... 194
  Danville Women's Care .............................................................. 194
  OB/GYN Associates of Danville, Inc. ............................................... 194
  Healthcare for Women - Ob/Gyn (Danville Physician Practices, LLC) .......... 194
  Danville Physician Practices, LLC ................................................ 194
  Healthcare for Women - Ob/Gyn (Danville Physician Practices, LLC) .......... 194

  Franklin
  Ob-Gyn Physicians, Inc. (MAWC) .................................................... 195
  Specialists for Women (MAWC) ....................................................... 195
  Ob-Gyn Physicians, Inc. (MAWC) .................................................... 195

  Forest
  Centra Medical Group Women's Center .............................................. 195
  Centra Medical Group, LLC .......................................................... 195

  Fredericksburg
  Womens Health and Surgery Center Inc .......................................... 195
  Rappahannock Women's Health Center, PC (PINCACLE) .......................... 195
  Pratt Medical Center Ltd .............................................................. 195
  Sentara Pratt Medical Group (SMG) ................................................ 195
  William A. Hamilton, MD ............................................................. 196
  Generations of Women Ob Gyn PC .................................................. 196
  Advanced Care for Women ............................................................ 196
  Rappahannock Women's Health Center, PC (PINCACLE) ......................... 196
  Spotsylvania Multi-Specialty Group, LLC ......................................... 196
  Tammy Leonard MD ................................................................. 196
  Today's Healthcare Center for Women .............................................. 196
  Rappahannock Women's Health Center, PC (PINCACLE) ......................... 196

  Fishersville
  Ob-Gyn Associates Women's Health Institute ..................................... 194
  Augusta Health Care for Women PLC .............................................. 195
  Ob-Gyn Associates Women's Health Institute ..................................... 195
  Augusta Health Care for Women PLC .............................................. 195

  Dulles
  Community Health Center of the New River Valley ............................ 194

  Dumfries
  Virginia Obstetrics and Gynecology PC ........................................... 194

  Emporia
  Greater Prince William Community Health Center ................................ 194

  Fairfax
  Tri-City Ob/Gyn ............................................................................. 194

  Farmville
  Women's Osteopathic Medical Care, PLLC ....................................... 194

  Front Royal
  Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market .......... 196

  Gainesville
  NMG Affiliate Practice I, LLC ...................................................... 196
  Eugene Louie-Ng MD PC .................................................................. 197
  NMG Affiliate Practice I, LLC ...................................................... 197

  Galax
  Blue Ridge Physicians for Women .................................................... 197
  Blue Ridge Physicians for Women, Inc ............................................. 197

  Glen Allen
  Virginia Physicians for Women, Ltd .................................................. 197

  Hampton
  Obstetrics & Gynecology Associates of Hampton (MAWC) ....................... 197
  Center for Women's Health (MAWC) .................................................. 197
  Obstetrics & Gynecology Associates of Hampton (MAWC) ....................... 197
## Table of Contents

<table>
<thead>
<tr>
<th>Location</th>
<th>Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hampton Roads Ob/Gyn, Inc (MAWC)</td>
<td>197</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynecology Associates of Hampton (MAWC)</td>
<td>197</td>
</tr>
<tr>
<td>Center for Women's Health (MAWC)</td>
<td>197</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynecology Associates of Hampton (MAWC)</td>
<td>197</td>
</tr>
<tr>
<td>Harrisonburg</td>
<td>198</td>
</tr>
<tr>
<td>Shenandoah Women's Healthcare</td>
<td>198</td>
</tr>
<tr>
<td>Harrisonburg Ob/Gyn Associates, PC</td>
<td>198</td>
</tr>
<tr>
<td>Shenandoah Women's Healthcare</td>
<td>198</td>
</tr>
<tr>
<td>Harrisonburg Ob/Gyn Associates, PC</td>
<td>198</td>
</tr>
<tr>
<td>Shenandoah Women's Healthcare</td>
<td>198</td>
</tr>
<tr>
<td>Haymarket</td>
<td>198</td>
</tr>
<tr>
<td>NMG Affiliate Practice I, LLC</td>
<td>198</td>
</tr>
<tr>
<td>Henrico</td>
<td>198</td>
</tr>
<tr>
<td>Virginia Physicians For Women</td>
<td>198</td>
</tr>
<tr>
<td>Hopewell</td>
<td>198</td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd.</td>
<td>198</td>
</tr>
<tr>
<td>Hot Springs</td>
<td>198</td>
</tr>
<tr>
<td>Bath Community Physicians Group</td>
<td>198</td>
</tr>
<tr>
<td>Kilmarnock</td>
<td>198</td>
</tr>
<tr>
<td>James F Hamilton MD PLC</td>
<td>198</td>
</tr>
<tr>
<td>Virginia Women's Center Inc</td>
<td>198</td>
</tr>
<tr>
<td>Lansdowne</td>
<td>199</td>
</tr>
<tr>
<td>Virginia Obstetrics and Gynecology PC</td>
<td>199</td>
</tr>
<tr>
<td>Loudoun Women's Health</td>
<td>199</td>
</tr>
<tr>
<td>Virginia Obstetrics and Gynecology PC</td>
<td>199</td>
</tr>
<tr>
<td>Loudoun Women's Health</td>
<td>199</td>
</tr>
<tr>
<td>Leesburg</td>
<td>199</td>
</tr>
<tr>
<td>Healthworks for Northern Virginia</td>
<td>199</td>
</tr>
<tr>
<td>Loudoun ObGyn</td>
<td>199</td>
</tr>
<tr>
<td>G. Neil Foster, MD</td>
<td>199</td>
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<tr>
<td>Table of Contents</td>
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<tr>
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<td>NMG Affiliate Practice I, LLC ...................... 201</td>
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</tr>
<tr>
<td>Blue Ridge Medical Management Corporation (MSMG OB/GYN) ................. 201</td>
<td></td>
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<tr>
<td>MSMG GYN MAR ................. 201</td>
<td></td>
</tr>
<tr>
<td>Blue Ridge Medical Management Corporation (MSMG OB/GYN) ................. 201</td>
<td></td>
</tr>
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<td>Martinsville</td>
<td></td>
</tr>
<tr>
<td>Carilion Healthcare Corporation .................... 201</td>
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<tr>
<td>BLUE RIDGE UROGYNECOLOGY, INC. ..................... 201</td>
<td></td>
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<tr>
<td>Carilion Healthcare Corporation .................... 201</td>
<td></td>
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<tr>
<td>Martinsville Physician Practices, LLC ............ 201</td>
<td></td>
</tr>
<tr>
<td>Carilion Healthcare Corporation .................... 201</td>
<td></td>
</tr>
<tr>
<td>Women's Health Spectrum, LLC .............. 202</td>
<td></td>
</tr>
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</tr>
<tr>
<td>Wythe County Physician Practices, LLC ...................... 202</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>James River Surgical Associates ................. 202</td>
<td></td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd. ...................... 202</td>
<td></td>
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<tr>
<td>Virginia Women's Center Inc ..................... 202</td>
<td></td>
</tr>
<tr>
<td>James River Surgical Associates ................ 202</td>
<td></td>
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<tr>
<td>Dominion Women's Health ...................... 202</td>
<td></td>
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<tr>
<td>Virginia Women's Center Inc ..................... 202</td>
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<td>Dominion Women's Health ...................... 202</td>
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<td>Virginia Women's Center Inc ..................... 202</td>
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<td>Dominion Women's Health ...................... 202</td>
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<td>Virginia Women's Center Inc ..................... 202</td>
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<tr>
<td>Dominion Women's Health ...................... 202</td>
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</tr>
<tr>
<td>Virginia Physicians for Women, Ltd. ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Moneta</td>
<td></td>
</tr>
<tr>
<td>Carilion Bedford Memorial Specialty Clinic ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Newport News</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians multispecialty Group, PC (TPMG) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Center for Women's Health (MAWC) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 204</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians multispecialty Group, PC (TPMG) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Center for Women's Health (MAWC) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 204</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians For Women, Inc. (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>Elite Women's Care ................................ 205</td>
<td></td>
</tr>
<tr>
<td>Hampton Roads Ob/Gyn Center ...................... 205</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 205</td>
<td></td>
</tr>
<tr>
<td>WomanCare Centers, PLC (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians For Women, Inc. (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 205</td>
<td></td>
</tr>
<tr>
<td>WomanCare Centers, PLC (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>Midlothian</td>
<td></td>
</tr>
<tr>
<td>Virginia Physicians For Women ...................... 202</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Physicians For Women ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN at St. Francis .............. 203</td>
<td></td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN ...................... 203</td>
<td></td>
</tr>
<tr>
<td>RIVER CITY OB/GYN, P.C. ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd. ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc ..................... 203</td>
<td></td>
</tr>
<tr>
<td>Dominion Women's Health ...................... 203</td>
<td></td>
</tr>
<tr>
<td>West Gynecology and Medical Spa, PLC ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians multispecialty Group, PC (TPMG) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Center for Women's Health (MAWC) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 204</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians multispecialty Group, PC (TPMG) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>Center for Women's Health (MAWC) ...................... 204</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 204</td>
<td></td>
</tr>
<tr>
<td>The Group for Women (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>Tidewater Physicians For Women, Inc. (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>EVMS Medical Group ................................ 205</td>
<td></td>
</tr>
<tr>
<td>WomanCare Centers, PLC (MAWC) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>Portsmouth Community Health Center (CCNV) ...................... 205</td>
<td></td>
</tr>
<tr>
<td>The Group for Women (MAWC) ...................... 205</td>
<td></td>
</tr>
</tbody>
</table>
Table of Contents

<table>
<thead>
<tr>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>EVMS Medical Group</td>
<td>205</td>
</tr>
<tr>
<td>Norton Community Physicians</td>
<td>206</td>
</tr>
<tr>
<td>Portsmouth</td>
<td>207</td>
</tr>
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<td>Newport</td>
<td>207</td>
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<td>Prince George</td>
<td>207</td>
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<td>208</td>
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<td>208</td>
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<td>Virginia Physicians For Women</td>
<td>209</td>
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<tr>
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<td>209</td>
</tr>
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</table>

Optima Direct Network Providers 5/2019
Table of Contents

<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dominion Women's Health</td>
<td>209</td>
</tr>
<tr>
<td>OB Hospitalists Inc</td>
<td>209</td>
</tr>
<tr>
<td>Richmond Women's Specialists</td>
<td>209</td>
</tr>
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<td>William G. Fitzhugh MD PC</td>
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<td>210</td>
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<td>Virginia Women's Center Inc</td>
<td>211</td>
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<td>211</td>
</tr>
<tr>
<td>Bon Secours Richmond OB-GYN at St. Mary's</td>
<td>211</td>
</tr>
<tr>
<td>OB-GYN Associates</td>
<td>211</td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd.</td>
<td>211</td>
</tr>
<tr>
<td>Virginia Women's Center Inc</td>
<td>211</td>
</tr>
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<td>Complete Care Center for Women</td>
<td>211</td>
</tr>
<tr>
<td>(John Randolph OB/GYN, LLC)</td>
<td>211</td>
</tr>
<tr>
<td>Dominion Women's Health</td>
<td>211</td>
</tr>
<tr>
<td>Virginia Women's Center Inc</td>
<td>211</td>
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<tr>
<td>Bon Secours Richmond OB-GYN</td>
<td>211</td>
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<tr>
<td>Bon Secours Richmond OB-GYN at St. Mary's</td>
<td>211</td>
</tr>
<tr>
<td>OB-GYN Associates</td>
<td>211</td>
</tr>
<tr>
<td>Virginia Physicians for Women, Ltd.</td>
<td>211</td>
</tr>
<tr>
<td>Virginia Women's Center Inc</td>
<td>211</td>
</tr>
<tr>
<td>Carlion Obstetrics &amp; Gynecology</td>
<td>213</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>213</td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC</td>
<td>212</td>
</tr>
<tr>
<td>Carilion Roanoke Community Night Call</td>
<td>212</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>212</td>
</tr>
<tr>
<td>BLUE RIDGE UROGYNECOLOGY, INC.</td>
<td>212</td>
</tr>
<tr>
<td>Carilion Faculty GYN Associates</td>
<td>212</td>
</tr>
<tr>
<td>Carilion Faculty Physicians-OBGYN</td>
<td>212</td>
</tr>
<tr>
<td>Carilion Urogynecology Associates</td>
<td>212</td>
</tr>
<tr>
<td>Planned Parenthood Health Systems Inc</td>
<td>212</td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER</td>
<td>212</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>212</td>
</tr>
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<td>CARILION MEDICAL CENTER</td>
<td>212</td>
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<td>Physicians to Women Inc</td>
<td>212</td>
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<td>212</td>
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<td>Physicians to Women Inc</td>
<td>212</td>
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<td>212</td>
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<td>Physicians to Women Inc</td>
<td>212</td>
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<td>CARILION MEDICAL CENTER</td>
<td>212</td>
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<td>Physicians to Women Inc</td>
<td>212</td>
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<td>212</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>212</td>
</tr>
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<td>CARILION MEDICAL CENTER</td>
<td>212</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>212</td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER</td>
<td>212</td>
</tr>
<tr>
<td>Physicians to Women Inc</td>
<td>212</td>
</tr>
<tr>
<td>Table of Contents</td>
<td></td>
</tr>
<tr>
<td>------------------</td>
<td></td>
</tr>
<tr>
<td>Rocky Mount</td>
<td></td>
</tr>
<tr>
<td>Carilion Healthcare Corporation 215</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 215</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 216</td>
<td></td>
</tr>
<tr>
<td>Virginia Women's Center Inc 218</td>
<td></td>
</tr>
<tr>
<td>Stafford</td>
<td></td>
</tr>
<tr>
<td>About Women OB/Gyn, PC 217</td>
<td></td>
</tr>
<tr>
<td>Womens Health and Surgery Center Inc 217</td>
<td></td>
</tr>
<tr>
<td>Central Virginia OB-GYN Group, PC (PINNACLE) 217</td>
<td></td>
</tr>
<tr>
<td>Womens Health and Surgery Center Inc 217</td>
<td></td>
</tr>
<tr>
<td>Salem</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 216</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 216</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 216</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 216</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 216</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 216</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 216</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 216</td>
<td></td>
</tr>
<tr>
<td>CARILION MEDICAL CENTER 217</td>
<td></td>
</tr>
<tr>
<td>Lewis-Gale Physicians, LLC 217</td>
<td></td>
</tr>
<tr>
<td>South Boston</td>
<td></td>
</tr>
<tr>
<td>Sentara Obstetrics &amp; Gynecology 217</td>
<td></td>
</tr>
<tr>
<td>Women's Health Center 217</td>
<td></td>
</tr>
<tr>
<td>Fuller-Roberts Clinic, Inc. 217</td>
<td></td>
</tr>
<tr>
<td>FULLER ROBERTS OB-GYN AND PRIMARY CARE 217</td>
<td></td>
</tr>
<tr>
<td>Fuller-Roberts Clinic, Inc. 217</td>
<td></td>
</tr>
<tr>
<td>South Hill</td>
<td></td>
</tr>
<tr>
<td>CMH Physician Services, LLC 217</td>
<td></td>
</tr>
<tr>
<td>CMH Women's Health Services LLC 217</td>
<td></td>
</tr>
<tr>
<td>South Riding</td>
<td></td>
</tr>
<tr>
<td>NMG Affiliate Practice I, LLC 217</td>
<td></td>
</tr>
</tbody>
</table>
Table of Contents

Complete Women’s Care (MAWC) ........................................ 218
Tidewater Physicians For Women, Inc. (MAWC) .................... 218
TotalCare for Women, PLC (MAWC) .................................... 218
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 218
Atlantic Obstetrics & Gynecology ........................................ 219
Marina Shores OB GYN PC .................................................. 219
EVMS Medical Group ....................................................... 219
Family Medical Practitioners ............................................. 219
EVMS Medical Group ....................................................... 219
Complete Women’s Care (MAWC) ...................................... 219
Family Medical Practitioners ............................................. 219
EVMS Medical Group ....................................................... 219
TotalCare for Women, PLC (MAWC) .................................... 219
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 218
Art & Science of Ob/Gyn, PC .............................................. 219
EVMS Medical Group ....................................................... 219
Complete Women’s Care (MAWC) ...................................... 219
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 219
Hampton Roads Ob/Gyn Center ........................................... 219
Tidewater Physicians For Women, Inc. (MAWC) .................... 219
EVMS Medical Group ....................................................... 219
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 219
Mid Atlantic Women's Care PLC (MAWC) ............................ 219
Tidewater Physicians For Women, Inc. (MAWC) .................... 219
The New Hope Center(MAWC) ............................................ 219
TotalCare for Women, PLC (MAWC) .................................... 219
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 219
TotalCare for Women, PLC (MAWC) .................................... 220

Tidewater Physicians For Women, Inc. (MAWC) .................... 220
EVMS Medical Group ....................................................... 220
Virginia Beach Ob/Gyn, PC (MAWC) .................................... 220
EVMS Medical Group ....................................................... 220
Complete Women's Care (MAWC) ...................................... 220
Marina Shores OB GYN PC .................................................. 220
Tidewater Physicians For Women, Inc. (MAWC) .................... 220
Complete Women’s Care (MAWC) ...................................... 220

Warrenton

Commonwealth ObGyn .................................................... 220
Fauquier Physician Practices LLC ........................................ 220
Thomas E. Myers MD PC .................................................. 220

Williamsburg

Tidewater Physicians Multispecialty Group, PC (TPMG) .......... 220
Williamsburg Ob Gyn PC ................................................... 220
Olde Towne Medical and Dental Center (MAWC) ................. 220
Tidewater Physicians Multispecialty Group, PC (TPMG) .......... 220
Williamsburg Ob Gyn PC ................................................... 220
Tidewater Physicians Multispecialty Group, PC (TPMG) .......... 220
Williamsburg Ob Gyn PC ................................................... 220

Winchester

Winchester OB/GYN ......................................................... 220
Kristin D. Dehaven, M.D. ................................................... 220
Winchester OB/GYN ......................................................... 221
Winchester Women’s Specialists ........................................ 221
Winchester OB/GYN ......................................................... 221
Winchester Women’s Specialists ........................................ 221
Winchester OB/GYN ......................................................... 221

Winchester Medical Center Inc (Shenandoah Valley M F M) .... 221
Women First, PC ............................................................... 221
Winchester OB/GYN ......................................................... 221
Winchester Medical Center Inc (Shenandoah Valley M F M) .... 221
Windsor Medical Services PLC ........................................... 221

Wise

Norton Community Physicians Services ................................ 221

Woodbridge

About Women OB/Gyn, PC .................................................. 221
Peter A. Bryce MD PC ....................................................... 221
About Women OB/Gyn, PC .................................................. 221
Greater Prince William Community Health Center ............... 221
About Women OB/Gyn, PC .................................................. 221
Elite Womens Health Inc ................................................... 221
Greater Prince William Community Health Center ............... 221
Elite Womens Health Inc ................................................... 221
About Women OB/Gyn, PC .................................................. 221

Woodstock

Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market .................................................. 221

Wytheville

Wythe Physicians for Women .............................................. 221
W. Tommy Kilgore, MD, PC ................................................ 221

Zion Crossroads

University of Virginia Physicians Group ............................... 221

OB/GYN Physicians - Tier 2

VA

Richmond

MCV Associated Physicians (OB/GYN) ................................. 225
MCV Associated Physicians (Perinatology) ........................... 225
Table of Contents

MCV Associated Physicians (OB/GYN) ......................................................... 225
MCV Nelson Clinic ..................................................................................... 225
MCV Associated Physicians (OB/GYN) ......................................................... 225
MCV Associated Physicians ........................................................................ 225
Stafford
Quantum Physicians .................................................................................... 225

Specialists - Tier 1

VA
Midlothian
Adolescent Medicine .................................................................................. 227
Roanoke
Allergy & Immunology ................................................................................ 227
Culpeper
Anesthesiology ............................................................................................ 228
Chesapeake
Audiology ........................................................................................................ 228
Charlottesville
Breast Surgery ............................................................................................. 229
Cardiology ...................................................................................................... 229
Fishersville
Cardiology Interpretations ............................................................................. 229
Charlottesville
Cardiothoracic Surgery ............................................................................... 229
Fishersville
Cardiovascular Disease ............................................................................... 230
Charlottesville
Cardiovascular Surgery ............................................................................. 241
Front Royal
Certified Nurse Midwife - Ob/Gyn ............................................................... 242
Norfolk
Child Abuse (Pediatrics) .............................................................................. 242
Clinical Cardiac Electrophysiology ............................................................ 242
Richmond
Colon/Rectal Surgery .................................................................................. 242
Fredericksburg
Critical Care Medicine .................................................................................. 243
Richmond
Dermatology ................................................................................................ 243
Winchester
Endocrinology ............................................................................................... 246
Alexandria
ENT (Otolaryngology) .................................................................................. 248
Norfolk
Family Medicine Specialist ......................................................................... 252
Henrico
Female Pelvic Med/Reconstructive Surgery ............................................... 252
Richmond
Gastroenterology .......................................................................................... 252
Norfolk
General Surgery ........................................................................................... 258
Lynchburg
Genetics ......................................................................................................... 266
Charlottesville
Gynecologic Oncology ................................................................................ 266
Waynesboro
Gynecology Only .......................................................................................... 267
Winchester
Hand Surgery ................................................................................................ 267
Charlottesville
Hematology .................................................................................................. 268
Mechanicsville
Hematology/Oncology .................................................................................... 268
Winchester
Hospitalist ...................................................................................................... 273
Hyperbaric Medicine .................................................................................... 273
Prince George
Infectious Disease ........................................................................................ 274
Roanoke
Internal Medicine Specialist ........................................................................ 276
Fishersville
Interpreter/translator ................................................................................... 276
Harrisonburg
Interventional Cardiology ............................................................................. 276
Newport News
Maternal-Fetal Medicine ............................................................................. 277
Charlottesville
Medical Oncology ........................................................................................ 278
Medical Toxicology ....................................................................................... 279
Norfolk
Neonatal - Perinatal Medicine ................................................................... 279
Virginia Beach
Neonatology ................................................................................................... 279
Charlottesville
Nephrology .................................................................................................... 280
Norfolk
Neurological Surgery .................................................................................... 286
Fredericksburg
Neurology ....................................................................................................... 288
Blacksburg
Neuromuscular Medicine .......................................................................... 293
Harrisonburg
Neuroradiology ............................................................................................. 293
Charlottesville
Nuclear Medicine .......................................................................................... 293
<table>
<thead>
<tr>
<th>Roanoke</th>
<th>Charlottesville</th>
<th>Charlottesville</th>
<th>Chesapeake</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nurse Practitioner ..................................................</td>
<td>Pediatric Endocrinology ...............</td>
<td>Pediatric Urology ......................................</td>
<td>Physiatry ..........................</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chesapeake</td>
<td></td>
<td>Perinatology ...........................................</td>
<td></td>
</tr>
<tr>
<td>Occupational Medicine ..............................</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
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<td></td>
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<tr>
<td>Ophthalmology ............................................</td>
<td></td>
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<td></td>
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<tr>
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<tr>
<td>Falls Church</td>
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<tr>
<td>Optometry ..................................................</td>
<td></td>
<td></td>
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<tr>
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<td></td>
<td></td>
</tr>
<tr>
<td>Richmond</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oral Surgery ................................................</td>
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<td></td>
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<tr>
<td>Culpeper</td>
<td></td>
<td></td>
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<tr>
<td>Orthopaedics .............................................</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Midlothian</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Otology ....................................................</td>
<td></td>
<td></td>
<td></td>
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<tr>
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<td></td>
<td></td>
</tr>
<tr>
<td>Virginia Beach</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pain Medicine ............................................</td>
<td></td>
<td></td>
<td></td>
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<tr>
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<tr>
<td>Charlottesville</td>
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<tr>
<td>Palliative Medicine ..................................</td>
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<td>Chesapeake</td>
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<tr>
<td>Pathology ..................................................</td>
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<tr>
<td>Ped Spec - Labor and Delivery ................</td>
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<td>Roanoke</td>
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<td>Pediatric Allergy &amp; Immunology ..............</td>
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<td>Norfolk</td>
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<td>Pediatric Anesthesia ..................................</td>
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<td>Annandale</td>
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<td>Pediatric Cardiology ..............................</td>
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<td>Charlottesville</td>
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<td>Pediatric Critical Care ..........................</td>
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<td>Chesapeake</td>
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<td>Pediatric Dermatology ............................</td>
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<td>Pediatric Developmental ......................</td>
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<td>Pediatric Infectious Disease ..................</td>
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<td>Pediatric Intensive Care/Critical Care ........</td>
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<td>Pediatric Intensive Care .....................</td>
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<td>Pediatric Nephrology ............................</td>
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<td>Pediatric Neurosurgery ..........................</td>
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<td>Pediatric Pulmonary Medicine ...............</td>
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<td>Pediatric Radiology ................................</td>
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<td>Pediatric Rheumatology .......................</td>
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<tr>
<td>Pediatric Specialist ...........................</td>
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<td>Norfolk</td>
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<td>Pediatric Sports Medicine ....................</td>
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<td>Pediatric Surgery ..................................</td>
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<td>Norfolk</td>
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<tr>
<td>Surgical Critical Care ..........................</td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Table of Contents

Charlottesville
Surgical Oncology ....................................... 349

Fishersville
Thoracic and Cardiac Surgery .......................... 349

Charlottesville
Transplant Surgery ........................................ 350

Salem
Urology ....................................................... 350

Alexandria
Vascular & Interventional Radiology .................. 355

Roanoke
Vascular Surgery ............................................. 356

Richmond
Wound Medicine .............................................. 358

Specialists - Tier 2

VA
Advanced Heart Failure & Transplant .................. 361
Allergy & Immunology ..................................... 361
Audiology ..................................................... 361
Cardiology ................................................... 361
Cardiothoracic Surgery .................................. 361
Cardiovascular Disease .................................. 361
Cardiovascular Surgery ................................... 361
Child Abuse (Pediatrics) .................................. 361
Clinical Cardiac Electrophysiology ................. 361
Critical Care Medicine .................................... 361
Dermatology ................................................ 362

Fredericksburg
Endocrinology .............................................. 362
Gastroenterology ......................................... 362
General Surgery .......................................... 363
Genetics ...................................................... 363
Gynecologic Oncology ................................... 363
Gynecology Only ......................................... 363
Hematology/Oncology .................................... 363
Infectious Disease .......................................... 364
Internal Medicine Specialist .......................... 364
Interventional Cardiology ............................... 364
Maternal-Fetal Medicine ................................ 364
Medical Oncology .......................................... 365
Neonatology ................................................ 365
Nephrology .................................................. 365
Neurological Surgery ...................................... 365
Neurology .................................................... 366
Nuclear Medicine ......................................... 366
Ophthalmology ............................................ 366
Optometry .................................................... 367
Orthopaedics .............................................. 367
Pain Medicine .............................................. 367
Palliative Medicine ....................................... 367
Pediatric Allergy & Immunology ..................... 367
Pediatric Cardiology ...................................... 367
Pediatric Critical Care ................................... 367
Pediatric Developmental ................................ 367
Pediatric Endocrinology ................................. 367
Pediatric ENT (Otolaryngology) ....................... 368
Pediatric Gastroenterology ............................. 368
Pediatric Hematology/Oncology ....................... 368
Pediatric Infectious Disease ........................... 368
Pediatric Intensive Care/Critical Care ............... 368
Pediatric Nephrology ..................................... 368
Pediatric Neurology ....................................... 368
Pediatric Neurosurgery ................................... 368
Pediatric Pulmonary Medicine ......................... 368
Pediatric Rheumatology .................................. 368
Pediatric Surgery .......................................... 368
Perinatology ............................................... 368
Physical Medicine ......................................... 369
Plastic Surgery .............................................. 369
Podiatry ....................................................... 369
Pulmonary Medicine ....................................... 369
Radiation Oncology ....................................... 369
Radiation Therapy ......................................... 370
Registered Dietitian (Provider) ....................... 370
Rheumatology .............................................. 370
Sleep Medicine ............................................. 370
Surgical Critical Care .................................... 370
Surgical Oncology ......................................... 370

Henrico
Pediatric Oncology ......................................... 371
Pediatric Hematology/Oncology ....................... 371
Pediatric Infectious Disease ........................... 371
Pediatric Intensive Care/Care ......................... 371
Pediatric Nephrology ..................................... 371
Pediatric Neurology ....................................... 371
Pediatric Neurosurgery ................................... 371
Pediatric Pulmonary Medicine ......................... 371
Pediatric Rheumatology .................................. 371
Pediatric Surgery .......................................... 371
Perinatology ............................................... 372
Physical Medicine ......................................... 372
Plastic Surgery .............................................. 372
Podiatry ....................................................... 372
Pulmonary Medicine ....................................... 372
Radiation Oncology ....................................... 372
Radiation Therapy ......................................... 373
Registered Dietitian (Provider) ....................... 373
Rheumatology .............................................. 373
Sleep Medicine ............................................. 373
Surgical Critical Care .................................... 373
Surgical Oncology ......................................... 373

Richmond
Pediatric Oncology ......................................... 374
Pediatric Hematology/Oncology ....................... 374
Pediatric Infectious Disease ........................... 374
Pediatric Intensive Care/Care ......................... 374
Pediatric Nephrology ..................................... 374
Pediatric Neurology ....................................... 374
Pediatric Neurosurgery ................................... 374
Pediatric Pulmonary Medicine ......................... 374
Pediatric Rheumatology .................................. 374
Pediatric Surgery .......................................... 374
Perinatology ............................................... 375
Physical Medicine ......................................... 375
Plastic Surgery .............................................. 375
Podiatry ....................................................... 375
Pulmonary Medicine ....................................... 375
Radiation Oncology ....................................... 375
Radiation Therapy ......................................... 376
Registered Dietitian (Provider) ....................... 376
Rheumatology .............................................. 376
Sleep Medicine ............................................. 376
Surgical Critical Care .................................... 376
Surgical Oncology ......................................... 376

Fredericksburg
Pediatric Allergy & Immunology ..................... 377

Chesterfield
Pediatric Allergy & Immunology ..................... 377

Richmond
Pediatric Allergy & Immunology ..................... 378

Richmond
Pediatric Cardiology ...................................... 378
Pediatric Critical Care ................................... 378
Pediatric Developmental ................................ 378
# Table of Contents

<table>
<thead>
<tr>
<th>Fredericksburg</th>
<th>CT</th>
<th>IN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thoracic and Cardiac Surgery .................. 370</td>
<td>Hartford</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Richmond</td>
<td>Transplant Surgery ......................... 370</td>
<td>DME .................................................. 374</td>
</tr>
<tr>
<td>Urology .................................................................... 370</td>
<td>Cardiac Monitoring Services .................. 373</td>
<td></td>
</tr>
<tr>
<td>Vascular Surgery ........................................... 371</td>
<td>DME .................................................. 373</td>
<td></td>
</tr>
<tr>
<td>Other Services - Tier 1</td>
<td>FL</td>
<td>Marion</td>
</tr>
<tr>
<td>AL</td>
<td>FL</td>
<td>Orthotics and Prosthetics .................. 374</td>
</tr>
<tr>
<td>Montgomery</td>
<td>FL</td>
<td>DME .................................................. 373</td>
</tr>
<tr>
<td>Reference Lab .............................................. 373</td>
<td>Cardiac Monitoring Services .................. 373</td>
<td></td>
</tr>
<tr>
<td>AZ</td>
<td>Palm Beach</td>
<td>Reference Lab .............................................. 374</td>
</tr>
<tr>
<td>Maricopa</td>
<td>Cardiology Diagnostic Services .......... 373</td>
<td></td>
</tr>
<tr>
<td>Orthotics and Prosthetics ............................ 373</td>
<td>DME .................................................. 373</td>
<td></td>
</tr>
<tr>
<td>CA</td>
<td>Broward</td>
<td>Physical/Occcupational/Hand Therapy ........ 374</td>
</tr>
<tr>
<td>Los Angeles</td>
<td>DME .................................................. 373</td>
<td></td>
</tr>
<tr>
<td>Cardiology Diagnostic Services .......... 373</td>
<td>FL</td>
<td>DME .................................................. 374</td>
</tr>
<tr>
<td>CA</td>
<td>DME .................................................. 373</td>
<td></td>
</tr>
<tr>
<td>San Francisco</td>
<td>DME .................................................. 373</td>
<td></td>
</tr>
<tr>
<td>Cardiac Monitoring Services .................. 373</td>
<td>FL</td>
<td>Reference Lab .............................................. 374</td>
</tr>
<tr>
<td>DME .................................................. 373</td>
<td>Cardiac Monitoring Services .................. 373</td>
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<td>Physcial/Occcupational/Hand Therapy ........ 376</td>
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# Table of Contents

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<tr>
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<td>Hyperbaric Medicine (Ancillary)</td>
<td>368</td>
</tr>
<tr>
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<td>Spartanburg</td>
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<td>368</td>
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Optima Direct Network Providers 5/2019
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<th>Shelby</th>
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<tbody>
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| MRI Facility | 382 |
|------------|
| Sullivan |
| Orthotics and Prosthetics | 382 |

<table>
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<tbody>
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| Reference Lab | 383 |

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<tr>
<td>Physical/Occupational/Hand Therapy ................................................. 420</td>
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**Other Services - Tier 2**

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**Fredericksburg City**

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<th>Chesterfield</th>
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<tbody>
<tr>
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**Chesterfield**

| Speech Therapy ................................................................. 423 |

**Hospital and Urgent Care Center Directory - Tier 1**

<table>
<thead>
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<td>Ambulatory Surgery .............................................................. 434</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Berkeley</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freestanding Outpatient Facilities ........................................ 434</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Berkeley</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urgent Care Center ............................................................ 434</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Berkeley</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Washington Hospital (MWH) .................................................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Henrico</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chesterfield</th>
</tr>
</thead>
<tbody>
<tr>
<td>VCU Community Memorial Hospital ............................................ 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Petersburg City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Richmond City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VA</th>
</tr>
</thead>
<tbody>
<tr>
<td>VCU Health System/MCV ......................................................... 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Spotsylvania</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fredericksburg City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Washington Hospital (MWH) .................................................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chesterfield</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fredericksburg City</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Washington Hospital (MWH) .................................................. 437</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Henrico</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System ................. 437</td>
</tr>
</tbody>
</table>
# Table of Contents

## Mecklenburg
- VCU Community Memorial Hospital ........................................... 437

## Petersburg City
- Children's Hospital of Richmond of the VCU Health System ............ 437

## Richmond City
- Children's Hospital of Richmond of the VCU Health System ............ 437
- VCU Health System/MCV .................................................. 437
- VCU Health System/MCV Hospital - North .................................. 437
- VCU Health System/MCV Hospital - West ................................... 437

## Spotsylvania
- Children's Hospital of Richmond of the VCU Health System ............ 437

### Behavioral Health

<table>
<thead>
<tr>
<th>State</th>
<th>City</th>
<th>Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td>KY</td>
<td>Inez</td>
<td>Professional Counselor .................................. 439</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Psychiatrist ............................................... 439</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Psychologist ............................................... 439</td>
</tr>
<tr>
<td>MD</td>
<td>Salisbury</td>
<td>Acute Inpatient Facility .................................. 440</td>
</tr>
<tr>
<td></td>
<td>Hagerstown</td>
<td>Nurse Practitioner ....................................... 440</td>
</tr>
<tr>
<td></td>
<td>Frederick</td>
<td>Psychiatric Nurse Practitioner .......................... 442</td>
</tr>
<tr>
<td></td>
<td>Inez</td>
<td>Social Worker ............................................... 440</td>
</tr>
<tr>
<td></td>
<td>Cary</td>
<td>Social Worker ............................................... 446</td>
</tr>
<tr>
<td></td>
<td>NC</td>
<td>Social Worker ............................................... 443</td>
</tr>
<tr>
<td></td>
<td>Moyock</td>
<td>Licensed Behavior Analyst ............................... 444</td>
</tr>
<tr>
<td></td>
<td>NC</td>
<td>Licensed Clinical Addiction Specialist ................ 444</td>
</tr>
<tr>
<td></td>
<td>Elizabeth City</td>
<td>Licensed Professional Counselor ...................... 444</td>
</tr>
<tr>
<td></td>
<td>Charlotte</td>
<td>Marriage And Family Therapist .......................... 444</td>
</tr>
<tr>
<td></td>
<td>Elizabeth City</td>
<td>Nurse Practitioner ........................................ 444</td>
</tr>
<tr>
<td></td>
<td>Albemarle</td>
<td>Professional Counselor .................................. 444</td>
</tr>
<tr>
<td></td>
<td>Burlington</td>
<td>Psychiatrist ................................................. 445</td>
</tr>
<tr>
<td></td>
<td>VA</td>
<td>Social Worker ............................................... 443</td>
</tr>
<tr>
<td></td>
<td>Big Stone Gap</td>
<td>Free Standing Iop ....................................... 444</td>
</tr>
</tbody>
</table>

## VA
- Winchester

<table>
<thead>
<tr>
<th>State</th>
<th>City</th>
<th>Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Licensed Behavior Analyst .................... 454</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Licensed Nurse Practitioner ................... 449</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Office Based Opioid Treatment .................. 449</td>
<td></td>
</tr>
</tbody>
</table>

## Bristol
- Licensed Nurse Practitioner ................................ 449

## Johnson City
- Free Standing Iop ........................................ 448

## Kingsport
- Licensed Behavior Analyst .............................. 448

## Elizabethton
- Licensed Nurse Practitioner ............................. 449

## Bristol
- Marriage And Family Therapist .............................. 449
- Nurse Practitioner ........................................... 449

## Johnson City
- Office Based Opioid Treatment ............................ 449

## VA
- Big Stone Gap
- Free Standing Iop ........................................ 450

## Winchester
- Licensed Behavior Analyst .............................. 450

## Charlottesvile
- Nurse Practitioner ........................................... 451

## Blacksburg
- Professional Counselor .................................. 452

## Charlottesvile
- Professional Counselor .................................. 455
Primary Care Physicians - Tier 1

VA

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Gardner, James M, MD
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(276) 676-1133

Handy, William M., MD
Prov #: 10011747
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Jastan, Rasmiyah, MD
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(276) 628-1186

Miller, Brian K., DO
Prov #: 10193463
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Abingdon, VA 24210
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Miller, Lara S, DO
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(276) 628-1186

Pote, Douglas Alyyn, MD
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Schmitz, Stephen Palmer, MD
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Sentara Martha Jefferson Hospital

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Centra Virginia Baptist Hospital

Danner, James, DO
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Altavista, VA 24517
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Hospital Affiliations:
Centra Lynchburg General Hospital

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(434) 309-1165

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Jalandhara, Vinitkumar R., MD
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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York, Lisa M., MD
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Lunenburg Medical Center (CCNV)
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Amherst, VA 24521
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Centra Southside Community Hospital
Centra Virginia Baptist Hospital

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Amherst, VA 24521
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Hospital Affiliations:
Centra Virginia Baptist Hospital

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Hospital Affiliations:
Centra Lynchburg General Hospital
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Hospital Affiliations:
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University of Virginia Medical Center

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Appomattox, VA 24522
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Centra Virginia Baptist Hospital

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Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
St. Mary’s Hospital

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Axton

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Aylett, VA 23009  
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Centra Medical Group, LLC  
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(540) 586-2441

Bealeton

Fida, Ahmed, MD  
Pro#: 10113210  
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(540) 439-8100

Song, Sukhan K., DO  
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Breland, Daniel, MD  
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Centra Medical Group, LLC  
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Bedford, VA 24523  
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Bassett Memorial Hospital

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Altavista Medical Center  
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Dehi, Todd H., MD  
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Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

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Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

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Hospital Affiliations:  
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Centra Southside Community Hospital  
Centra Virginia Baptist Hospital

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(540) 586-4723

Hospital Affiliations:
Centra Lynchburg General Hospital

Witt, Stephanie J., DO
Prov#: 10169137
Acute Rehab Centrahealth
1613 Oakwood Street
Bedford, VA 24523
(540) 586-2441

Hospital Affiliations:
Centra Lynchburg General Hospital

Berryville

Aiello, Christine M., MD
Prov#: 54596
Berryville Medical Associates, PLC
115 S Church St
Berryville, VA 22611
(540) 955-4811

Wilson, James M, MD
Prov#: 29492
Carilion Healthcare Corporation
3700 South Main Street Suite A
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stokes, Brenda L., MD
Prov#: 31832
Big Island Family Medical Center
10961 Lee Jackson Hwy
Big Island, VA 24526
(434) 299-5951

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Stowers, Richard, MD
Prov#: 10123123
Lynchburg Family Medicine Center
10961 Lee Jackson Highway
Big Island, VA 24526
(434) 299-5951

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wilson, James M, MD
Prov#: 10087515
Montgomery Regional Hospital d/b/a LewisGale Montgomery
3700 South Main Street Suite A
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(540) 443-7180

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Call, Lindsay P., DO
Prov#: 10171744
Academic Primary Care Associates LLC
1691 Innovation Drive Suite 2100
Blacksburg, VA 24060
(540) 232-8405

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Cummings, Cory L., MD
Prov#: 10205443
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Dickens, Brian A., DO
Prov#: 10126671
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Blacksburg, VA 24060
(540) 552-1246

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Doolan, Amy W., DO
Prov#: 69997
Academic Primary Care Associates LLC
1645 North Main Street
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Freed, Elliot S., DO
Prov#: 10134128
Family Medicine of Blacksburg LLC
1645 North Main Street
Blacksburg, VA 24060
(540) 552-1246

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Freeman, Jeremy, MD
Prov#: 92932
Carilion Healthcare Corporation
1420 North Main St
Blacksburg, VA 24060
(540) 951-8380

Wilson, James M, MD
Prov#: 10087515
Community Physicians Big Stone Gap
(Norton Comm Phys Svcs LLC)
310 Cloverleaf Square Suite B 3
Big Stone Gap, VA 24219
(726) 679-9635

Hospital Affiliations:
Norton Community Hospital

Big Stone Gap

Johnson, Matthew A., MD
Prov#: 29492
Lynchburg Family Medicine Center
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Big Island, VA 24526
(434) 299-5951

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kryzanowski, Suzanne, MD
Prov#: 1009448
Big Island Family Medical Center
10961 Lee Jackson Hwy
Big Island, VA 24526
(434) 299-5951

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blackburg

Belton, Maggie C, DO
Prov#: 10100134
Internal Medicine of Blacksburg
810 Hospital Drive
Blacksburg, VA 24060
(540) 951-3311

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Brolinson, Per Gunnar, DO
Prov#: 10070631
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(540) 232-8405

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Franz, Lorraine, MD
Prov#: 10074921
Internal Medicine of Blacksburg
1645 North Main Street
Blacksburg, VA 24060
(540) 552-1246

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Bernard, Lowry C., MD
Prov#: 10097114
Internal Medicine of Blacksburg
1645 North Main Street
Blacksburg, VA 24060
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Hospital Affiliations:
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Hendricks, William, MD
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Hudgens, David, MD
Prov#: 73858
Carilion Healthcare Corporation
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(540) 951-0352

Lekoshere, Jonathan S., DO
Prov#: 10189770
Christiansburg Internal Medicine, LLC
2020 Kraft Dr Suite 2200
Blacksburg, VA 24060
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Lois, Hilary, DO
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Blacksburg, VA 24060
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(540) 951-0352

Madsen, Keith P., MD
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Blacksburg, VA 24060
(540) 951-8380
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Hospital Affiliations:
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Robinson, Lucian, MD
Prov#: 10031485
Carilion Healthcare Corporation
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(540) 232-8405
3700 South Main St
Blacksburg, VA 24060
(540) 443-7180

Prov#: 10190727
Lewis-Gale Physicians, LLC
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Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Shepherd, Richard D., MD
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Spence, Isaac, DO
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Tsui, Camilla, MD
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Thompson, Chad R., MD
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Prov#: 10153881
Blackstone Family Practice Center
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(434) 292-7291

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippidenham Medical Center/Johnston-Willis Hospital

Jackson, Paul, MD
Prov#: 55333
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Murray, Latisha, MD
Prov#: 10158381
Bon Secours St Francis - Powhatan Medical Associates
213 North Main Street
Blackstone, VA 23824
(434) 292-7291

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Paine, Matthew, MD
Prov#: 10128397
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
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(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Aqelhor, Victor, MD
Prov#: 10066906
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
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(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Risser, Andreya, MD
Prov#: 10085288
Bon Secours St Francis - Ironbridge Family Practice
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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(540) 951-0352

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Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Blackstone

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Hospital Affiliations:
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Prov#: 10085288
Bon Secours St Francis - Ironbridge Family Practice
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(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Campbell, LaChelle V., MD
Prov#: 10101836
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Roberts, Jeffrey, MD
Prov#: 10077711
St. Francis Family Medicine Center/Residency Program
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Sherrard, Lindsay, MD
Prov#: 10135148
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Bon Secours St. Francis Medical Center

Blackstone Family Practice Center

Blackstone Family Practice Center

1320 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Blackstone Family Practice Center

Chippidenham Medical Center/Johnston-Willis Hospital

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Prov#: 10128397
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Blackstone Family Practice Center

1320 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Bluefield

Bowing, LaDonna Renae, DO
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Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Le, Hiep V., DO
Prov#: 10184073
Westwood Family Medicine PLLC
12 Westwood Medical Park
Bluefield, VA 24605
(276) 322-7548

Yates, Jonathan D., DO
Prov#: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427
Primary Care Physicians - Tier 1

Perez, Michael D, MD
Prov#: 10075198
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Fowler, Jr, Tolvert E., MD
Prov#: 10173063
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 901-0800

Hospital Affiliations:
Sentara RMH Medical Center

Wenger, John D., MD
Prov#: 10047830
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 564-5622

Hospital Affiliations:
Sentara RMH Medical Center

Brookneal

Beverly, Walter B., MD
Prov#: 10085816
Brookneal Medical Center
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325

Hospital Affiliations:
Centra Virginia Baptist Hospital

Danner, James, DO
Prov#: 10141320
Altavista Medical Center
104 Carolina Avenue
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(434) 376-2325

Hospital Affiliations:
Centra Lynchburg General Hospital

Buchanan

Glenney, Robert Jess, MD
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18080 Main Street
Buchanan, VA 24066
(540) 254-1239

Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Stonewall Jackson Hospital

Morgan, Stephen A, MD
Prov#: 10012940
Carilion Healthcare Corporation
18080 Main Street
Buchanan, VA 24066
(540) 254-1239

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pearlman, William Glenn, MD
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Carilion Healthcare Corporation
18080 Main St
Buchanan, VA 24066
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Hospital Affiliations:
Carilion Virginia Baptist Hospital

Buena Vista

Hamilton, Thomas Francis, MD
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Buena Vista, VA 24416
(540) 261-7421

Wortley, George C., MD
Prov#: 10194545
Carilion Healthcare Corporation
2252 Magnolia Avenue
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Hospital Affiliations:
Carilion Lynchburg General Hospital
Carilion Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Burkeville

Pruitt, David E, MD
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(434) 767-5511

Villar-Gosleveland, Carlos S., MD
Pro#: 10164774
Centra Medical Group, LLC
412 Namozone Street
Burkeville, VA 23922
(434) 767-5511

Cape Charles

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216 Mason Ave
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Carrollton

Afsharchi, Foroozan, MD
Pro#: 10082520
Sentara Family Medicine Physicians (SMG)
20209 Sentara Way Suite 200
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(757) 542-2000

Hospital Affiliations:
Sentara RMH Medical Center

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Sentara Family Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100
20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara RMH Medical Center

Kapur, Anand, MD
Pro#: 10052404
Harbour View Family Practice (Maryview Hospital Inc)
13609 Carrollton Blvd Ste 11
Carrollton, VA 23314
(757) 238-8751

Hospital Affiliations:
Bon Secours Maryview Medical Center

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Sentara Family Medicine Physicians (SMG)
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(757) 542-1100
20209 Sentara Way Suite 200
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Smith, Eddie L., MD
Pro#: 10116900
Eagle Harbor Medical Associates (Maryview Hospital)
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(757) 238-8751

Stone, Kimberly J., MD
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Eagle Harbor Medical Associates (Maryview Hospital)
13609 Carrollton Blvd Ste 11
Carrollton, VA 23314
(757) 238-8751

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Hartman, Michael, MD
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Fairfax Family Practice Centers PC
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(703) 263-9600

Javad, Zeeshan, MD
Pro#: 10176277
NMG Affiliate Practice I, LLC
6208 Multiplex Drive Suite 150
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(703) 366-2590

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
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6208 Multiplex Drive Suite 150
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Mancini, Robert, MD
Pro#: 10010122
Sentara Family Medicine Physicians (SMG)
20209 Sentara Way Ste 200
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Weitzman, Douglas K., MD
Pro#: 10010116
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20209 Sentara Way Ste 200
Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara Obici Hospital

Waddy, James M., MD
Pro#: 10010116
Sentara Family Medicine Physicians - SMG
20209 Sentara Way Ste 200
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Centreville

Berame, Belinda B, MD
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

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Novant Health UVA Health System
Prince William Medical Center

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Centreville, VA 20121
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Ruiz, Rex, MD
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Fairfax Family Practice Centers PC
6201 Centreville Road Suite 100
Centreville, VA 20121
(703) 263-9600

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Chantilly

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Hospital Affiliations:
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Primary Care Physicians - Tier 1

Optima Direct Network Providers 5/2019 28
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>John J., MD</td>
<td>45104</td>
<td>Sentara Forest Lakes Family Medicine</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3263 Proffit Rd Ste 101 Charlottesville, VA 22911</td>
</tr>
<tr>
<td></td>
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<td>(434) 923-4600</td>
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<tr>
<td>McGovern, Timothy E. MD</td>
<td>76631</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td></td>
<td></td>
<td>345 Four Leaf Lane Suite 103 Charlottesville, VA 22903</td>
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<td>(434) 243-7000</td>
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<tr>
<td>Mix, William A. MD</td>
<td>10172978</td>
<td>Sentara Palmyra Medical Associates</td>
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<td></td>
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<td>(434) 654-1800</td>
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<tr>
<td>Moore, Denice J. MD</td>
<td>10166231</td>
<td>Central Virginia Community Health Center (CVHS) (CCNV)</td>
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<td>3263 Proffit Rd Ste 101 Charlottesville, VA 22911</td>
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<td>Mutter, Justin B. MD</td>
<td>10192710</td>
<td>University of Virginia Physicians Group</td>
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<td></td>
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<td>1221 Lee St Fl 4 Charlottesville, VA 22908</td>
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<td>(434) 924-2706</td>
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<td></td>
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<td>674 Hillsdale Drive Ste 3 Charlottesville, VA 22901</td>
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<tr>
<td>Phan, Kamb-Kathy Hoang, MD</td>
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<td>Sentara Forest Lakes Family Medicine</td>
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<td>3263 Proffit Road Suite 101 Charlottesville, VA 22911</td>
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<td>Phan, Kamb-Kathy Hoang, MD</td>
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<td>(434) 923-4600</td>
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<td>Pollart, Susan P., MD</td>
<td>45130</td>
<td>UVA Primary Care Center 1st Floor</td>
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<td>Lee St UVA Hospital (Family Practice)</td>
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<td>Reed, Sean W., MD</td>
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<td>(434) 924-5348</td>
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<td>Rice, Hannah R., MD</td>
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<td>Sentara Greene Family Medicine</td>
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<td>435 Merchant Walk Square Suite 400 Charlottesville, VA 22902</td>
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<td>Sasi, H. August, MD</td>
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<td>Albermarle Center for Family Medicine</td>
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<td>535 Westfield Rd Ste 200 Charlottesville, VA 22901</td>
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<td>(434) 973-4040</td>
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<td>Sealander, John Yates, MD</td>
<td>45803</td>
<td>Sentara Family Medicine at 5th Street Station</td>
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<tr>
<td>Shaw, Jane, MD</td>
<td>45186</td>
<td>Albermarle Square Family Care</td>
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<td>416 Albermarle Square Charlottesville, VA 22901</td>
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<td>Statuta, Siobhan M., MD</td>
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<td>545 Ray C Hunt Drive Ste 240 Charlottesville, VA 22903</td>
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<td>(434) 243-5600</td>
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<td>Stokes, Jr., Robert Lee, MD</td>
<td>59852</td>
<td>University of Virginia Physicians Group</td>
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<td>Sweeney, T. Kevin, MD</td>
<td>45148</td>
<td>University of Virginia Physicians Group</td>
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<td>(434) 654-1950</td>
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<td>Timmins, William N., MD</td>
<td>10025890</td>
<td>University of Virginia Physicians Group</td>
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<td>1240 Lee Street Charlottesville, VA 22908</td>
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<td>10001569</td>
<td>University of Virginia Physicians Group</td>
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<td>535 Westfield Rd Ste 200 Charlottesville, VA 22901</td>
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<td>(434) 973-4040</td>
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<td>674 Hillsdale Drive Ste 3 Charlottesville, VA 22901</td>
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<td>(800) 251-3627</td>
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<td>(434) 654-1950</td>
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<td>435 Merchant Walk Square Suite 400 Charlottesville, VA 22902</td>
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<td>(434) 654-1800</td>
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<td>435 Merchant Walk Square Suite 400 Charlottesville, VA 22902</td>
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<td>(434) 654-1800</td>
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</tbody>
</table>
Primary Care Physicians - Tier 1

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Hospital Affiliations:  
University of Virginia Medical Center

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Hospital Affiliations:  
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Hospital Affiliations:  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Chase City

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Hospital Affiliations:  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

Chatham

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Hospital Affiliations:  
SOVAH Health - Danville

Cheriton

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Hospital Affiliations:  
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Hospital Affiliations:  
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Sentara Leigh Hospital
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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Hospital Affiliations:  
- Chesapeake Regional Medical Center  
- Sentara Bayside Hospital  
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:  
- Bon Secours Maryview Medical Center

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Chesapeake

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(804) 796-2373

Breeden, Sara S., MD  
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(804) 271-8990

Hospital Affiliations:  
- Chippenham Medical Center/Johnston-Willis Hospital

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Bon Secours Bermuda Crossroads  
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12340 Bermuda Crossroads Lane  
Chester, VA 23831  
(804) 287-4550

Hospital Affiliations:  
- Bon Secours St. Francis Medical Center

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Chester Square Family Practice PLC  
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(804) 778-4747

Hospital Affiliations:  
- Chippenham Medical Center/Johnston-Willis Hospital

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Hospital Affiliations:  
- Chippenham Medical Center/Johnston-Willis Hospital

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Haffizulla, Hope A., MD  
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Chester, VA 23831  
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Kolb, Andrew, DO  
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Patient First - Chester  
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Lingler, Kimberley, MD  
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Hospital Affiliations:  
- Southside Regional Medical Center

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Hospital Affiliations:  
- Bon Secours St. Francis Medical Center

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Miller, Brent, MD  
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Hospital Affiliations:  
- Southside Regional Medical Center

Risser, Andrea, MD  
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Bon Secours St. Francis - Ironbridge  
Family Practice  
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Chester, VA 23831  
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Hospital Affiliations:  
- Southside Regional Medical Center

Rose, Andrew, MD  
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Family Practice  
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Hospital Affiliations:  
- Bon Secours St. Francis Medical Center

Johnston-Willis Hospital

Southside Regional Medical Center

Chesapeake

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Hospital Affiliations:  
- Southside Regional Medical Center

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Primary Care Physicians - Tier 1

Christiansburg

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Christiansburg, VA 24073  
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Hospital Affiliations:  
Carilion Clinic Home Care  
Carilion New River Valley Medical Center  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Churchville

Le, Ngoc, DO  
Prov#: 10151265  
Augusta Health Family Practice  
Verona  
3881 Churchville Avenue  
Churchville, VA 24421  
(540) 245-7806

Hospital Affiliations:  
Augusta Medical Center

Hasenmueller, Kirk, MD  
Prov#: 10151815  
CMH Physician Services, LLC  
61 Burlington Drive  
Clarksburg, VA 23927  
(343) 374-2773

Hospital Affiliations:  
VCU Community Memorial Hospital

Hively, Jeffrey W, MD  
Prov#: 10062676  
Sentara Clarksville Family Medicine  
115 College St  
Clarksburg, VA 23927  
(343) 374-5344

Suslick, Randall H., MD  
Prov#: 43433  
Sentara Chase City Family Medicine  
115 College St  
Clarksburg, VA 23927  
(343) 374-5344

Harcus, Sinclair J., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
609 Church St  
Clifton Forge, VA 24422

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Worley, George C., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
609 Church St  
Clifton Forge, VA 24422  
(540) 862-8860

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Optima Direct Network Providers 5/2019 34
Colonial Heights

Barkey, Piya K., MD
Pro#: 10049623
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 518-2597

Brown, Lesli A., MD
Pro#: 10096891
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
Southside Regional Medical Center

Clay, John, MD
Pro#: 10075061
Primary Health Group - Hopewell
930 South Ave
Colonial Heights, VA 23834
(804) 504-8025

Diggs, Arleeta M., MD
Pro#: 10001489
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
Bon Secours Richmond Community Hospital
Southside Regional Medical Center

Eley, Kerry, MD
Pro#: 10047892
Primary Health Group - Appomattox
930 South Ave
Colonial Heights, VA 23834
(804) 504-8025

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Feldmann, Jr., Spencer, MD
Pro#: 10164011
Southside Primary Care
436 Clarmont Court
Colonial Heights, VA 23834
(804) 520-2626

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lewis Jr., John W., DO
Pro#: 10106792
Southside Primary Care
436 Clarmont Court Suite 100
Colonial Heights, VA 23834
(804) 526-2121

Lingler, Kimberley, MD
Pro#: 10174386
Southside Primary Care
436 Clarmont Court Suite 100
Colonial Heights, VA 23834
(804) 526-2626

Hospital Affiliations:
Southside Regional Medical Center

Ogburn, Christopher W., MD
Pro#: 10001488
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
Southside Regional Medical Center

Shah, Amar, MD
Pro#: 10023678
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
Southside Regional Medical Center

Shah, Lisa, DO
Pro#: 10028132
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
Name Not Available

Shou, Phillip Y., MD
Pro#: 14667
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-3821

Hospital Affiliations:
Southside Regional Medical Center

Squires, William A., MD
Pro#: 10028571
Partners In Family Medicine
430 Clarmont Ct Ste 123
Colonial Heights, VA 23834
(804) 526-1130

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Tong, Leuy, MD
Pro#: 10082495
Patient First - Temple Avenue
1260 Temple Ave
Colonial Heights, VA 23834
(804) 518-2597

Yosay, John, MD
Pro#: 10187354
Southside Primary Care
436 Clarmont Court Suite 100
Colonial Heights, VA 23834
(804) 526-2121

Hospital Affiliations:
Southside Regional Medical Center

Covington

Henderson, Patricia W., DO
Pro#: 10031959
Jackson River Family Practice
200 ARH Lane Suite 800
Covington, VA 24426
(540) 862-6750

Henderson, Robert J., DO
Pro#: 10053829
Jackson River Family Practice
200 ARH Lane Suite 800
Covington, VA 24426
(540) 862-6750

Hospital Affiliations:
Southside Regional Medical Center

Monroe, Julie, DO
Pro#: 10180541
Bath Community Physicians Group
322 W Riverside St
Covington, VA 24426
(540) 962-1122

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Crewe

Hall, Clarence E., MD
Pro#: 10040183
Crewe Medical Center Inc
12522 W Colonial Trail Hwy
Crewe, VA 23930
(434) 645-9191

Inge, Margaret, DO
Pro#: 10184241
Crewe Medical Center Inc
12522 W Colonial Trail Hwy
Crewe, VA 23930
(434) 645-9191

Marston, Jonathan E., MD
Pro#: 23832
Crewe Medical Center Inc
12522 W Colonial Trail Hwy
Crewe, VA 23930
(434) 645-9191

Crozet

Casey, Catherine F., MD
Pro#: 10020455
University of Virginia Physicians Group
Western Albemarle Family Medicine
375 Four Leaf Ln Ste 103
Crozet, VA 22932
(434) 243-0700

Hospital Affiliations:
University of Virginia Medical Center

Christensen, Marisa Danielle, MD
Pro#: 10105230
Ivy Comprehensive Care LLC
330 Clarmont Ln
Crozet, VA 22932
(434) 305-5955

Hospital Affiliations:
University of Virginia Medical Center

Gravatte IV, Leroy Trice, MD
Pro#: 10020735
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-5951

Hospital Affiliations:
University of Virginia Medical Center

Guirgis, Ekram G., MD
Pro#: 10194098
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations:
UVA Culpeper Hospital

Ahmed, Mirza A., MD
Pro#: 10176198
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
UVA Culpeper Hospital

Babar, Zareen, MD
Pro#: 10115256
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-6100

Hospital Affiliations:
University of Virginia Medical Center

Ekperi, Patience N, DO
Pro#: 10189269
University of Virginia Physicians Group
16240 Bennett Rd
Culpeper, VA 22701
(540) 825-5951

Hospital Affiliations:
University of Virginia Medical Center

Elayed, Sohaib S., MD
Pro#: 10181689
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-6100

Hospital Affiliations:
University of Virginia Medical Center

Gonzalez, Amauri, MD
Pro#: 43345
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-6100

Hospital Affiliations:
UVA Culpeper Hospital

Guirgis, Ekram G., MD
Pro#: 10194098
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations:
UVA Culpeper Hospital
### Primary Care Physicians - Tier 1

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<td>Stone Mountain Health Services 306 S Shady Ave Damascus, VA 24236 (276) 475-5116</td>
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### Danville

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<td>Piedmont PrimeCare CMG 414 Park Avenue Danville, VA 24541 (434) 791-2273</td>
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<td><strong>Saccocio, Saria C, MD</strong></td>
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<td>DRMC Family Medicine Residency Clinic</td>
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<td><strong>Seeco, Carolyn S., MD</strong></td>
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<td>SOVAH Health - Danville</td>
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<td>Southampton Family Medicine, Inc.</td>
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<td>(434) 791-1345</td>
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<td><strong>Settle, Paul C., MD</strong></td>
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<td><strong>Singh, Surinder D., MD</strong></td>
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<td>Stephens, Amber L., DO</td>
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<td><strong>Tripathi, Kavita, MD</strong></td>
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<td>Danville Physician Practices, LLC</td>
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<td>125 Executive Drive Suite H</td>
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<td><strong>Turner, Wesley C., DO</strong></td>
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<td>Waddy, Paula S., MD</td>
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<td><strong>Waters, Michael G., MD</strong></td>
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Optima Direct Network Providers 5/2019

37
Primary Care Physicians - Tier 1

Marsh, Michael S., MD
Prov#: 19806
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Sentara RMH Medical Center

Pence, Robert P., MD
Prov#: 19840
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Sentara RMH Medical Center

Schubert, Ronald L., MD
Prov#: 19845
Carilion Healthcare Corporation
15 Killdeer Ln
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Carilion Lynchburg General Hospital

 Wortley, George C., MD
Prov#: 10194545
Carilion Healthcare Corporation
15 Killdeer Ln
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Carilion Lynchburg General Hospital

Park, Hyo K., DO
Prov#: 10064497
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Russell, Amanda, MD
Prov#: 10204012
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Dinwiddie

Campbell, David W., MD
Prov#: 10077060
Carilion Healthcare Corporation
118 Broad Street
Dublin, VA 24084
(540) 674-8804

Hardee, III, Abraham B., DO
Prov#: 10121493
Community Health Center of the New River Valley
5826 Ruebusch Road
Dublin, VA 24084
(540) 585-1310

Jolda, Ronald S., DO
Prov#: 10185302
Community Health Center of the New River Valley
5826 Ruebusch Road
Dublin, VA 24084
(540) 585-1310

Dublin

Lard, Chad T., DO
Prov#: 10175437
Carilion Healthcare Corporation
118 Broad St
Dublin, VA 24084
(540) 674-8805

Simpson, Michael, DO
Prov#: 10132743
Lewis-Gale Physicians, LLC
4550 Lee Highway Suite B
Dublin, VA 24084
(540) 674-4560

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

Ullman, Christine, DO
Prov#: 10129686
Carilion Healthcare Corporation
118 Broad St
Dublin, VA 24084
(540) 674-8805

Hospital Affiliations:
Smyth County Community Hospital

Duffield

Parker, David G., DO
Prov#: 10095316
Dave Parker, Inc
428 Cecil D Quillen Drive
Duffield, VA 24244
(276) 431-4200

Hospital Affiliations:

Dulles

Mohler, Troy R., MD
Prov#: 10107165
Loudoun Medical Group PC
24430 Stone Springs Blvd Suite 135
Dulles, VA 20166
(703) 957-1255

Sawant, Sharayu B., MD
Prov#: 10143601
Chantilly Family Medicine, LLC
24430 Stone Springs Blvd Suite #315
Dulles, VA 20166
(571) 758-2350

Dumbries

Mohiuddin, Rashid Ahmed, MD
Prov#: 10051347
Greater Prince William Community Health Center
17739 Main Street Suite 130
Dumfries, VA 22026
(703) 680-7950

Sales, Benedict, MD
Prov#: 10171081
Sentara Family Medicine Physicians (SMG)
3600 Pointe Center Court Ste 110
Dumfries, VA 22026
(703) 523-1750

Hospital Affiliations:
Potomac Valley Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital

Dungannon

Cassel, Todd A., MD
Prov#: 10091240
Clinch River Health Services Inc
17285 Veterans Memorial Hwy
Dungannon, VA 24245
(276) 467-2201

Michael, Gary E., MD
Prov#: 10018956
Clinch River Health Services Inc
Highway 65
Dungannon, VA 24245
(276) 467-2201

Elkton

Domingus, Jeff, DO
Prov#: 10180896
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Fowler, Jr, Tolvert E., MD
Prov#: 10173063
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
Sentara RMH Medical Center

Hotchkiss, Jerome J, MD
Prov#: 10156297
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Long, Keith C., MD
Prov#: 10095316
Dave Parker, Inc
428 Cecil D Quillen Drive
Duffield, VA 24244
(276) 431-4200

Hospital Affiliations:
Sentara RMH Medical Center

Harrisonburg Community Health Center Inc

Elkton

Prov#: 10076764
Emporia Medical Associates
6 Doctors Dr
Emporia, VA 23847
(434) 348-4680

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Holland Jr, John A., MD
Prov#: 10041214
Southern Dominion Health Systems Inc
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Squire, Robert Hall, MD
Prov#: 31437
Emporia Medical Associates
6 Doctors Dr
Emporia, VA 23847
(434) 634-6101

Hospital Affiliations:
Southampton Memorial Hospital
Southern Virginia Regional Medical Center

Esomont

Hedian, Katherine, DO
Prov#: 10183632
Central Virginia Community Health Center (CVCHS/CCNV)
2256 Irish Road
Esomont, VA 22937
(434) 286-3602

Ewing

Year, Joshua A., DO
Prov#: 10156029
Western Lee County Health Clinic (CCNV)
1446 Dr Thomas Walker Road
Ewing, VA 24248
(276) 445-4826

Fairfax

Acquah, Phyllis, MD
Prov#: 10172400
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876
Primary Care Physicians - Tier 1

Bazemore, Andrew W., MD  
Prov#: 10036354  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Blecher, Lee L., MD  
Prov#: 90590  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Burroughs, Susan H., MD  
Prov#: 64882  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Children, Marc A., MD  
Prov#: 1017613  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive  
Fairfax, VA 22033  
(703) 391-2020

Ehrlich, Thomas, MD  
Prov#: 90641  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 679-1876

Ehlenstine, Nino, MD  
Prov#: 10171887  
Patient First-Fairfax  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Grant, Colin, DO  
Prov#: 10179164  
Patient First-Gainesville  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Hermes, Marjorie A., MD  
Prov#: 10002580  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Ivany, Buffy, MD  
Prov#: 10104428  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Jones, Samuel M., MD  
Prov#: 10023062  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Kemper, Victoria L., MD  
Prov#: 74321  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

McGinnis, Terence J., MD  
Prov#: 10007122  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Molfi-Woo, Forouzandeh, MD  
Prov#: 10171733  
Neighborhood Health  
8221 Willow Oaks Corporate Drive  
Fairfax, VA 22031  
(703) 535-5568

Neha, Amy, MD  
Prov#: 10109838  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

O’Connor, Francis, MD  
Prov#: 10042930  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Phillips, Robert L., MD  
Prov#: 10035758  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Roy, Camille, MD  
Prov#: 10016368  
Fairfax Family Practice Centers  
3650 Joseph Siewick Drive Suite 400  
Fairfax, VA 22033  
(703) 391-2020

Sachdeva, Shabnam, MD  
Prov#: 10024512  
Total Health Medical Center, Inc  
10560 Main Street Suite 409  
Fairfax, VA 22030  
(703) 352-4194

Shabti, Raafat, MD  
Prov#: 10140808  
Fairfax Convenient Care LLC  
8301 Arlington Blvd Suite 100  
Fairfax, VA 22031  
(703) 849-0900

Sues, Anjali, MD  
Prov#: 10090906  
Fairfax Family Practice Centers  
8301 Arlington Blvd Suite 405  
Fairfax, VA 22031  
(703) 698-9000

Tran, Minh, DO  
Prov#: 10163216  
Patient First-Fairfax  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Wortley, George C., MD  
Prov#: 10190164  
Patient First-Gainesville  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Woo, Chung Y, MD  
Prov#: 10006924  
Vein Clinics of America  
11350 Random Hills Rd Ste 440  
Fairfax, VA 22030  
(703) 556-4488

Children, Robert S., MD  
Prov#: 10160854  
Carilion Healthcare Corporation  
33 Red Hill Rd  
Fairfield, VA 24435  
(540) 377-2156

Danner, James, DO  
Prov#: 10141320  
Altavista Medical Center  
935 South Main Street  
Falls Church, VA 22044  
(540) 377-2156

Tran, Minh, DO  
Prov#: 10163216  
Patient First-Fairfax  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Centra Virginia Baptist Hospital

Falls Church

Hospital Affiliations:
Centra Lynchburg General Hospital

Fairfield

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Peck, Thomas Stuart, MD  
Prov#: 10148285  
Carilion Healthcare Corporation  
33 Red Hill Rd  
Fairfield, VA 24435  
(540) 377-2156

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Wortley, George C., MD  
Prov#: 10148285  
Carilion Healthcare Corporation  
33 Red Hill Rd  
Fairfield, VA 24435  
(540) 377-2156

Hospital Affiliations:
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Falls Church

Experimental Medicine Center

Carilion Healthcare Corporation

Centra Lynchburg General Hospital

Hospital Affiliations:
Revenue Virginia Hospital Center - Arlington

Farnville

Hospital Affiliations:
Arlington
Primary Care Physicians - Tier 1

1. Gibbs, Peter, DO
   Prov#: 10111990
   Lynchburg Family Medicine Center
   1705 East Third Street
   Farmville, VA 23901
   (434) 315-2850
   Hospital Affiliations: Bedford Memorial Hospital

2. Guidi, Joseph G., DO
   Prov#: 10158431
   Centra Medical Group Southside, LLC
   800 Oak Street
   Farmville, VA 23901
   (434) 315-2998
   Hospital Affiliations: Bedford Memorial Hospital

3. Olmsted III, John B., MD
   Prov#: 40901
   Acute Rehab Centrahealth
   800 Oak Street
   Farmville, VA 23901
   (434) 315-2352
   Hospital Affiliations: Bedford Memorial Hospital

4. Pruitt, David E, MD
   Prov#: 10161223
   Centra Medical Group, LLC
   935 South Main Street
   Farmville, VA 23901
   (434) 315-5340
   Hospital Affiliations: Bedford Memorial Hospital

5. Smigiel, Gabriel T., MD
   Prov#: 10169958
   Centra Health Medical Center - Gretna
   935 South Main Street
   Farmville, VA 23901
   (434) 315-5340
   Hospital Affiliations: Bedford Memorial Hospital

6. Varner, Lawrence C., MD
   Prov#: 98408
   Centra Southside Professional LLC
   400 Longwood Ave
   Farmville, VA 23901
   (434) 392-6101
   Prov#: 10154861
   Potomac Healthcare Solutions, LLC
   201 High Street
   Farmville, VA 23909
   (434) 395-2585
   Hospital Affiliations: Bedford Memorial Hospital

7. Wilson, Edwina C., MD
   Prov#: 10063824
   Charlotte Primary Care
   833 Buffalo Street Suite 200
   Farmville, VA 23901
   (434) 392-8177
   Hospital Affiliations: Bertie Memorial Hospital
   Chippenham Medical Center
   Johnston-Willis Hospital

8. Zaman, Samira, MD
   Prov#: 10163188
   Centra Medical Group, LLC
   1705 East Third Street
   Farmville, VA 23901
   (434) 315-2850
   Hospital Affiliations: Centra Lynchburg General Hospital
   University of Virginia Medical Center

9. De Zoysa, Amrita, MD
   Prov#: 10154545
   Augusta Health Fishersville Primary Care
   53 N Medical Park Dr
   Fishersville, VA 22939
   (540) 932-5687
   Hospital Affiliations: Augusta Medical Center
   Carilion Roanoke Memorial Hospital
   Carilion Stonewall Jackson Hospital
   Sentara RMH Medical Center

10. Reed, John P., MD
    Prov#: 10115956
    Augusta Health Fishersville Primary Care
    53 S Medical Park Drive
    Fishersville, VA 22939
    (540) 932-5687
    Hospital Affiliations: Augusta Medical Center

11. Baum, Joseph James, MD
    Prov#: 10073750
    Carilion Healthcare Corporation
    911 E Main Street
    Floyd, VA 24091
    (540) 745-2031
    Hospital Affiliations: Carilion Clinic Home Care
    (Carilion Tazewell Community Hospital)
    Carilion Giles Community Hospital
    Carilion New River Valley Medical Center
    Rappahannock General Hospital

12. Saadat, Seyed H., MD
    Prov#: 10063848
    Tri-Area Community Health Center
    at Floyd
    140 Christiansburg Pike
    Floyd, VA 24091
    (540) 745-9290
    Hospital Affiliations: Centra Lynchburg General Hospital

13. Duensing, H. Jedediah, DO
    Prov#: 10153882
    Tri-Area Community Health Center
    at Floyd
    140 Christiansburg Pike
    Floyd, VA 24091
    (540) 745-9290
    Hospital Affiliations: Carilion Giles Community Hospital
    Carilion Stonewall Jackson Hospital

14. Horney, Wayne D., MD
    Prov#: 10022948
    Carilion Healthcare Corporation
    911 E Main Street
    Floyd, VA 24091
    (540) 725-2031
    Hospital Affiliations: Carilion Giles Community Hospital
    Carilion Stonewall Jackson Hospital

15. Hulet, Joel M., MD
    Prov#: 10197054
    Hospital Affiliations: Bedford Memorial Hospital
    Centra Lynchburg General Hospital

16. Lambert, Reed R., MD
    Prov#: 10031266
    Carilion Healthcare Corporation
    911 E Main Street
    Floyd, VA 24091
    (540) 745-2031
    Hospital Affiliations: Carilion Clinic Home Care
    (Carilion Tazewell Community Hospital)
    Carilion Giles Community Hospital
    Carilion New River Valley Medical Center
    Rappahannock General Hospital

17. Adams, Scott B., MD
    Prov#: 10068464
    Grace Family Medicine, PLC
    15421 Forest Rd Ste B
    Forest, VA 24551
    (434) 525-4722

18. Beverley, Walter B., MD
    Prov#: 10085816
    Brookneal Medical Center
    16890 Forest Road
    Forest, VA 24551
    (434) 200-7210
    Hospital Affiliations: Centra Virginia Baptist Hospital

19. Brose, Teodora, MD
    Prov#: 10196192
    Central Virginia Family Physicians, Inc.
    1088 London Links Road
    Forest, VA 24551
    (434) 534-6868

20. Caballero, Cesar E., MD
    Prov#: 10173576
    Central Medical Group (Centra Health, Inc.)
    16890 Forest Road
    Forest, VA 24551
    (434) 200-7210
    Hospital Affiliations: Bedford Memorial Hospital
    Centra Lynchburg General Hospital

21. Coggins, Charles H., MD
    Prov#: 73217
    New London Family Practice
    1088 New London Rd
    Forest, VA 24551
    (434) 534-6868
    Hospital Affiliations: Bedford Memorial Hospital

22. Danner, James, DO
    Prov#: 10141320
    Aliva Medical Center
    16890 Forest Rd
    Forest, VA 24551
    (434) 200-7210
    Hospital Affiliations: Centra Lynchburg General Hospital

23. Dodd, Jarrett, MD
    Prov#: 45190
    Forest Family Physicians
    1175 Corporate Park Drive
    Forest, VA 24551
    (434) 525-6964
    Hospital Affiliations: Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Elliott, Robert, MD  
Pro#: 45192  
Staunton River Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Eppes, Thomas, MD  
Pro#: 45193  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Hinkle, Leah H., MD  
Pro#: 24939  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Jones, John P, MD  
Pro#: 1015216  
Piedmont PrimeCare CMG  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Jones, John P, MD  
Pro#: 10169740  
Lynchburg Internal Medicine  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Bedford Memorial Hospital  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
Montgomery Regional Hospital d/ b a LewisGale Montgomery

Kleiner, Mark, MD  
Pro#: 10013488  
Timberlake Family Practice-Division of Central VA Family Phys  
1175 Corporate Park Dr  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Paulus, David, MD  
Pro#: 10134294  
New London Family Practice  
1088 London Links Drive  
Forest, VA 24551  
(434) 534-6868

Peralta Jr., Manuel, MD  
Pro#: 1012035  
Central Virginia Family Physicians, Inc.  
1088 London Links Dr  
Forest, VA 24551  
(434) 534-6868

Robert, Laura, MD  
Pro#: 43462  
New London Family Practice  
1088 London Links Road  
Forest, VA 24551  
(434) 534-6868  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Robertson, Sandy, MD  
Pro#: 10143089  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964

Rolfs, Mark, DO  
Pro#: 10172307  
Central Virginia Family Physicians, Inc.  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Lynchburg Internal Medicine  
16890 Forest Road  
Forest, VA 24551  
(434) 200-7210

Smith, David M., MD  
Pro#: 10118602  
Access Healthcare  
2103 Graves Mill Road  
Forest, VA 24551  
(434) 316-7199

Fork Union

Bishop, Raymond, MD  
Pro#: 10166861  
Fork Union Family Medicine PLLC  
4064 James Madison Highway  
Fork Union, VA 23055  
(434) 842-3244  
Hospital Affiliations:  
Senna Martha Jefferson Hospital

Lanford, Randolph E., MD  
Pro#: 45196  
Fork Union Family Medicine  
4064 James Madison Hwy  
Fork Union, VA 23055  
(434) 842-3244

Franklin

Bellowin, Sabra M., MD  
Pro#: 10162792  
Southeastern Virginia Health System  
1357 Armory Drive  
Franklin, VA 23851  
(757) 304-5570  
Hospital Affiliations:  
Bon Secours Maryview Medical Center

Bidwell, Glenn P., MD  
Pro#: 61008  
Southampton Family Practice  
(Franklin Clinic Corp)  
102-B Fairview Dr  
Franklin, VA 23851  
(757) 562-2158  
Hospital Affiliations:  
Southampton Memorial Hospital

Hashmi, Afreeda A., MD  
Pro#: 10168113  
Southampton Family Practice  
(Franklin Clinic Corp)  
102 Fairview Drive Suite B  
Franklin, VA 23851  
(757) 562-2158  
Hospital Affiliations:  
Southampton Memorial Hospital

Ismaeli-Campbell, Attyiah T, MD  
Pro#: 10168285  
Total Family Care (Franklin Clinic Corp)  
102 Fairview Drive Suite B  
Franklin, VA 23851  
(757) 562-2158  
Hospital Affiliations:  
Southampton Memorial Hospital

Lo, Colette W., MD  
Pro#: 10115053  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Franktown Road  
Franktown, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Stark, Heather R., MD  
Pro#: 43423  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Franktown Road  
Franktown, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Riverside Shore Memorial Hospital

Vandenhoff, Stephen, MD  
Pro#: 10058088  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Franktown Road  
Franktown, VA 23354  
(757) 442-4819

Fredericksburg

Adams, Selwyn, MD  
Pro#: 10720  
Selwyn A. Adams, MD  
2301 Fall Hill Avenue  
Fredericksburg, VA 22401  
(540) 374-1188  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Alexander, Dawn R., MD  
Pro#: 10113577  
Primary & Urgent Care LLC  
4510 Plank Road Ste 200  
Fredericksburg, VA 22407  
(540) 785-9900  
Pro#: 10170199  
Rappahannock Family Physicians  
120 Executive Center Pkwy  
Fredericksburg, VA 22401  
(540) 374-5200  
418 Chatham Square Office Park  
Fredericksburg, VA 22405  
(540) 371-4700  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Anderson, Jr., John R., MD  
Pro#: 10211949  
Pratt Medical Center Ltd  
1451 Hospital Drive  
Fredericksburg, VA 22401  
(540) 785-7810  
Pro#: 10156976  
Sentara Pratt Medical Group (SMG)  
12101 Carol Ln  
Fredericksburg, VA 22407  
(540) 785-7810  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Optima Direct Network Providers 5/2019 41
Primary Care Physicians - Tier 1

Gamache, Donna J., MD
Prov#: 10023023
Lee's Hill Family Physicians PC
125 Old Greenwich Drive Ste 220
Fredericksburg, VA 22408
(540) 898-8001

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gerold, Mark, MD
Prov#: 10193461
Primary & Urgent Care LLC
10009 Southpoint Parkway Ste 200
Fredericksburg, VA 22407
(540) 898-6600
4510 Plank Road Ste 206
Fredericksburg, VA 22407
(540) 785-9900

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gray, Daniel P., MD
Prov#: 10211965
Pratt Medical Center Ltd
4701 Spottsylvania Pkwy
Fredericksburg, VA 22407
(540) 834-5040
Prov#: 10076132
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Harpe, Katrina, MD
Prov#: 10054478
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22407
(540) 374-3200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Harrington, Christopher C., MD
Prov#: 94056
Christopher Harrington MD PC
10718 Ballantraye Drive Suite 404
Fredericksburg, VA 22407
(540) 479-4204

Harwood, Rosemary, MD
Prov#: 10132630
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hengy, Matthew J., DO
Prov#: 10026412
Westside Medical PC
4300 Plank Road Ste 140
Fredericksburg, VA 22407
(540) 548-8686

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hernandez, Rafael, MD
Prov#: 107714
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Janus, Thomas, DO
Prov#: 107716
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Johnson, Rod S., MD
Prov#: 10123087
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalindini, Kavita, MD
Prov#: 10134900
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Fredericksburg, VA 22407
(540) 242-4141

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kau, Jr., John W., MD
Prov#: 10211967
Pratt Medical Center Ltd
1451 Hospital Drive
Fredericksburg, VA 22407
(540) 785-7810
Prov#: 10158279
Sentara Pratt Medical Group (SMG)
120 Executive Center Pkwy
Fredericksburg, VA 22407
(540) 374-3200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kost, Jennifer, DO
Prov#: 10016427
Preferred Pediatrics at Snowden Inc
10600 Spottsylvania Ave
Fredericksburg, VA 22408
(540) 604-9560

Hospital Affiliations:
Mary Washington Hospital (MWH)

Ly, Ngoc, MD
Prov#: 10083523
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Mary Washington Hospital (MWH)

Mahmoodian, Maryam, MD
Prov#: 10125424
Central Virginia Community Health Center (CVHS)(CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 735-0560

Hospital Affiliations:
Mary Washington Hospital (MWH)

Manarrez, John D., DO
Prov#: 10177505
Central Virginia Community Health Center (CVHS)(CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 735-0560

Hospital Affiliations:
Mary Washington Hospital (MWH)

Marrow, Cindy, MD
Prov#: 58200
Colonial Internal Medicine Associates, PC
125 Old Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)

Muldooan, Daniel, MD
Prov#: 10114419
Family Care of Fredericksburg, PLC
2216 Princess Anne Street Ste 106
Fredericksburg, VA 22407
(540) 940-2568

Pai, Deepa C., MD
Prov#: 10176542
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100

Hospital Affiliations:
Mary Washington Hospital (MWH)

Pham, Hung, MD
Prov#: 10073463
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Mary Washington Hospital (MWH)

Prince, Sarah E., MD
Prov#: 10210987
Pratt Medical Center Ltd
1451 Hospital Dr #1
Fredericksburg, VA 22401
(540) 785-7810
Prov#: 10165173
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 736-5043

Hospital Affiliations:
Mary Washington Hospital (MWH)

Sentara Albermarle Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center
Primary Care Physicians - Tier 1

Gainesville
Reid, Yolanda G., MD
Prov#: 10017419
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center

Schuette, Joseph, MD
Prov#: 10718
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200
Hospital Affiliations:
Mary Washington Hospital (MWH)

Solven, Janice, MD
Prov#: 10144875
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Stinar, Theron, DO
Prov#: 10115643
Fredericksburg Christian Health Center
1129 Heatherstone Drive Ste 101
Fredericksburg, VA 22407
(540) 785-8500

Szmigiel, Gabriel T., MD
Prov#: 10152562
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5509
Hospital Affiliations:
Central Lynchburg General Hospital
Mary Washington Hospital (MWH)

Tarter, Yasmin L., MD
Prov#: 10092689
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Walker, Andrew F., MD
Prov#: 10017602
Westmoreland Medical Center (CVHS/CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 735-0560

Free Union
Campbell, Bruce D., MD
Prov#: 37941
Anchor Healthcare, PLC
4304 Free Union Road
Free Union, VA 22940
(434) 978-1691

White Cross
Barr, Jennifer B., MD
Prov#: 37941
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Bernard, Barbara T., MD
Prov#: 27931
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-2085
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Bradd, III, Floyd, MD
Prov#: 43314
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-7000
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Deffenbacher, Janis, MD
Prov#: 10192293
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300
120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800

Hackett, Jason, MD
Prov#: 10029222
Valley Health Family Medicine - Front Royal
14800 Lee Highway
Gainesville, VA 20155
(703) 743-4101

Hammonds, Victoria C, MD
Prov#: 10160242
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Javaid, Zeeshan, MD
Prov#: 10176277
NMG Affiliate Practice I, LLC
14540 John Marshall Highway Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Signom, Douglas, MD
Prov#: 10130921
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 20155
(703) 754-4101

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Tang, Steven J, MD
Prov#: 10125046
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Turkington, Susan, MD
Prov#: 10130957
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 20155
(703) 754-4101

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Young, Chi, MD
Prov#: 696917
Fairfax Family Practice Centers PC
8078 Crescent Park Drive Suite 201
Gainesville, VA 20155
(703) 753-4999

Galax

Butler, Amy, MD
Prov#: 9997955
Twin County Regional Hospital
Hospital Affiliations:
Twin County Regional Hospital

Carter, Alysen M, MD
Prov#: 102095974
Mountain Region Family Medicine, PC
390 Kane St
Gate City, VA 24251
(276) 386-3411

Eastridge, Wesley V., MD
Prov#: 43398
Mountain Region Family Medicine, PC
390 Kane St
Gate City, VA 24251
(276) 386-3411

Gate City

Boggs, Melanie P, MD
Prov#: 55715
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Carr, Jennifer E., MD
Prov#: 10155818
Family Physicians of Ridgefield
5360 Twin Hickory Road
Glen Allen, VA 23059
(804) 346-3200

Daniels, Robert M., MD
Prov#: 65216
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Glade Spring

Pote, Douglas Allyn, MD
Prov#: 20447
Glade Spring Community Clinic
636 S Monte Vista Drive
Glade Spring, VA 24340
(877) 429-5163

Hospital Affiliations:
Smyth County Community Hospital

Sailer, Jane P., MD
Prov#: 10069722
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sailer, Jay Gordon, MD
Prov#: 10074027
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Glen Allen

Adams, Helen, MD
Prov#: 10014967
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Akbar, Faiza S., MD
Prov#: 10024845
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Banerjee, Runki, MD
Prov#: 10091260
Apex MD, LLC
5310 Twin Hickory Road Suite A
Glen Allen, VA 23059
(804) 273-0010

Boggs, Melanie P., MD
Prov#: 55715
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Carr, Jennifer E., MD
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Family Physicians of Ridgefield
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(804) 346-3200

Deliannis, Robert M., MD
Prov#: 65216
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Glasgow

Hyder, Haroon, MD
Prov#: 10085225
Bon Secours St. Mary's - Patterson Avenue Family Practice
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Jernigan, James E., MD
Prov#: 21340
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Lieng, Thanh-Truc T, MD
Prov#: 10154322
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Lough, Andrea Rhea, DO
Prov#: 1085010
Patient First
5000 Cox Road Suite 100
Glen Allen, VA 23060
(804) 968-5700

Hospital Affiliations:
Carilion Giles Community Hospital

Morrisette, Phillip W., MD
Prov#: 10082817
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Nicholson, Joanita R., MD
Prov#: 74888
Brook Run Family Physicians
10571 Telegraph Road Ste 210
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Bon Secours St. Mary's Hospital
St. Mary's Hospital

Read, Stephen G., MD
Prov#: 43440
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Siddiqui, Mohammad Sayeed, MD
Prov#: 10174383
Arthritis & Osteoporosis Center of Richmond
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Thomas, Claire, MD
Prov#: 10173304
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Gloucester

Belvin, David G., MD
Prov#: 10010130
Sentara Family Medicine Physicians (SMG)
5659 Parkway Dr Suite 100
Gloucester, VA 23061
(804) 210-1009

Leming, Joseph A., MD
Prov#: 10106430
Courthouse Family Medicine, PLLC
6760 Main Street
Gloucester, VA 23061
(804) 923-3500

Hospital Affiliations:
John Randolph Medical Center

Reynolds, Wayne J., DO
Prov#: 91664
Sentara Family Medicine Physicians
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005
Primary Care Physicians - Tier 1

5659 Parkway Dr Ste 210
Gloucester, VA 23061
(804) 210-1025

Hospital Affiliations:
Sentara CarePlex Hospital
West, III, Francis T., MD
Prov#: 10022748
Mobijack Medical Group
6530 Main Street
Gloucester, VA 23061
(804) 684-5043

Goochland

Bain, Francis, MD
Prov#: 43456
Goochland Family Practice
2948 River Rd West
Goochland, VA 23063
(804) 556-6101

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Gordonsville

Cox, David B., MD
Prov#: 20261
David B. Cox
501 N Main Street
Gordonsville, VA 22942
(540) 832-2211

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Grafton

Hollingsworth, John D., MD
Prov#: 51048
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Jackson, Gloria, MD
Prov#: 99853
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Lizarzaburu, Jesus, MD
Prov#: 39362
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Great Falls

Ho, Hieu Van, MD
Prov#: 10136282
Great Falls Medical Center, LLC
1142 Walker Road Suite C
Great Falls, VA 22066
(703) 534-3331

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Luth, Janice E., MD
Prov#: 10051186
Virginia Family Physicians
291 McBride Lane
Grafton, VA 24557
(434) 656-1274

Mortlock, David, MD
Prov#: 10188636
Piedmont PrimeCare CMG
291 McBride Lane
Grafton, VA 24557
(434) 656-1274

Settle, Paul C., MD
Prov#: 10049310
Piedmont PrimeCare CMG
291 McBride Lane
Grafton, VA 24557
(434) 656-1274

Szmigiel, Gabriel T., MD
Prov#: 10169958
Centra Health Medical Center - Grafton
291 McBride Lane
Grafton, VA 24557
(434) 656-1274

Hoyt, Jennifer R, MD
Prov#: 10171258
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Hoyt, Jr., P. Arthur, MD
Prov#: 57018
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Hampton

Baines, Robin S., MD
Prov#: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

Barreto, Beata, MD
Prov#: 10155769
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

Campbell, Amy L., MD
Prov#: 10003551
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23666
(757) 838-6335

Chan, Yu Kwan, MD
Prov#: 10132739
Hampton Family Practice PLLC
9A Manhattan Square
Hampton, VA 23666
(757) 838-6335

Emdadi, Trissana, MD
Prov#: 10135652
Patient First - Hampton
2304 West Mercury Boulevard
Hampton, VA 23666
(757) 951-1579

Hospital Affiliations:
Riverside Regional Medical Center

Francis, Jr., Albert H., MD
Prog#: 10034284
Sentara Family Physicians (SMG)
2104 Executive Dr
Hampton, VA 23666
(757) 736-3700

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Harris, Laurie H., DO
Prog#: 10164929
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Hyman, Lawrence C., MD
Prog#: 51107
Tidewater Physicians Multispecialty Group, PC (TPMG)
2114 Hartford Rd Ste A
Hampton, VA 23666
(757) 826-3460
Primary Care Physicians - Tier 1

Nessen, Jana, MD
Prov#: 96723
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite D
Hampton, VA 23666
(757) 825-4273
Hospital Affiliations:
Sentara CarePlex Hospital

Karandana, Kamani N., MD
Prov#: 10152987
Sentara Family and Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025
Hospital Affiliations:
Sentara CarePlex Hospital

Lee, Vonetta C., MD
Prov#: 10102056
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Hartford Road
Hampton, VA 23666
(757) 826-2102
Hospital Affiliations:
Sentara CarePlex Hospital

Pascual, Reymond, MD
Prov#: 10031437
Carilion Family Medicine
13205 Booker T Washington Hwy
Hardy, VA 24101
(540) 721-2689
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Mertzen, John R., MD
Prov#: 10031437
Carilion Family Medicine
13205 Booker T Washington Hwy
Hardy, VA 24101
(540) 721-2689
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Asistores, Jason Leo G., MD
Prov#: 10151635
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
Hospital Affiliations:
Sentara RMH Medical Center

Ball, William Flinn, MD
Prov#: 40184
Roanoke Family Medicine, Inc
13423 Booker T Washington Hwy
Hardy, VA 24101
(540) 772-2014
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Bradshaw, D. Mark, MD
Prov#: 20781
Dr. Mark Bradshaw
1733 Erickson Ave
Harrisonburg, VA 22801
(540) 433-1530
Hospital Affiliations:
Sentara RMH Medical Center

Fowler, Jr, Tolvert E., MD
Prov#: 10175363
Sentara RMH Medical Group, LLC
1661 South Main Street
Harrisonburg, VA 22801
(540) 564-7100
1790 East Market Street Ste 64B
Harrisonburg, VA 22801
(540) 564-5622
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7180
Hospital Affiliations:
Sentara RMH Medical Center

Fowler, Rocky W., MD
Prov#: 10173563
Sentara RMH Medical Group, LLC
1790 East Market Street Ste 64B
Harrisonburg, VA 22801
(540) 564-5622
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
Hospital Affiliations:
Sentara RMH Medical Center

Alleyne, Lisa Anthony, MD
Prov#: 10090784
Carilion Healthcare Corporation
2010 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000
Hospital Affiliations:
Sentara RMH Medical Center
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<td>Sentara RMH Medical Center</td>
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**Hartfield**

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<td>Sentara RMH Medical Center</td>
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**Hayes**

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<td>Sentara RMH Medical Center</td>
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**Haymarket**

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<td>Sentara RMH Medical Center</td>
<td>(540) 564-7100</td>
<td>Harrisonburg, VA 22801</td>
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**Optima Direct Network Providers 5/2019**

47
Primary Care Physicians - Tier 1

DeRosa, Gary A., MD
Pro#: 10072914
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Heaton, Christopher R., MD
Pro#: 10176446
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Keerbs, Amanda J., MD
Pro#: 10176322
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Latimer, Robert A., MD
Pro#: 10081516
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Min, James B., MD
Pro#: 10176676
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Parker III, Frederick W, MD
Pro#: 10108910
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Patel, Trupti B, MD
Pro#: 10090660
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

West, Stephanie N., MD
Pro#: 10176516
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Herndon

Walker, Dawnecherrie P., MD
Pro#: 10197376
Primary Care of West End LLC
12018 West Broad Street Suite 101
Herndon, VA 23233
(804) 254-5403
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Bommansani, Reena, MD
Pro#: 10082447
Hoadly Medical Care
1043 Sterling Rd Suite 104
Herndon, VA 20170
(703) 689-0111
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Cooper, Jason A., MD
Pro#: 66715
Herdon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Donald, Robin, DO
Pro#: 10119940
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Silverstein, Michael A., MD
Pro#: 10025234
Herdon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Weaver, Kevin M., MD
Pro#: 10004891
Herdon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

West, Stephanie N., MD
Pro#: 10195746
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Winslow, Erica Allen, MD
Pro#: 10193575
AFC Urgent Care
334 Elden Street
Herndon, VA 20170
(571) 665-4000

Wong, Edwin H., MD
Pro#: 10109475
Herdon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Hospital Affiliations:
Name Not Available
Primary Care Physicians - Tier 1

Wright, James Lee, MD
Pro#: 10009809
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
VCU Health System/MCV

King William

Rhodes, Valerie M., DO
Miakhel, Nail, MD
Tran, Minh, DO
Rose, Robert, MD
Cook, Patricia, MD
Prov#: 10135953
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Cook, Patricia, MD
Prov#: 10037118
Aylett Medical Center (Bon Secours)
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Leesburg

Wess, Kevin L., DO
Prov#: 10158027
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 899-3700
Hospital Affiliations:
HANHCOCK COUNTY HOSPITAL

Makkhes, Mall, MD
Prov#: 10198641
Leesburg/Sterling Family Practice
44084 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

Rhodes, Valerie M., DO
Prov#: 10133383
Leesburg/Sterling Family Practice
44084 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

Lebanon

Easton, Brian Thomas, MD
Prov#: 100304848
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 899-3700
Hospital Affiliations:
YOUTH HOMELESS SERVICES INC

Melton, Samuel Hughes, MD
Prov#: 10094728
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 899-3700
Hospital Affiliations:
YOUTH HOMELESS SERVICES INC

Lake Ridge

© Stinnett, Bruce, MD
Prov#: 10178302
Patient First
2190 Old Bridge Road
Lake Ridge, VA 22192
(703) 357-9707

Tran, Minh, DO
Prov#: 10083588
Patient First
2190 Old Bridge Road
Lake Ridge, VA 22192
(703) 357-9707

Lansdowne

Kang, Jir Moon, MD
Prov#: 10173304
PartnerMD, PC
19500 Sandridge Way
Lansdowne, VA 20176
(703) 840-7300

Optima Direct Network Providers 5/2019 50
Primary Care Physicians - Tier 1

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<tr>
<td>Williamson, Valerie, MD</td>
<td>224 D Cornwall St NW Suite 301</td>
<td>(703) 779-0700</td>
<td>Potomac Family Practice</td>
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<td>Wright, Colleen, MD</td>
<td>44055 Riverside Parkway Suite 110</td>
<td>(703) 724-7530</td>
<td>Leesburg/Sterling Family Practice</td>
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<td>Horney, Wayne D., MD</td>
<td>108 Houston St Suite C</td>
<td>(540) 463-7628</td>
<td>Carilion Clinic Family Medicine</td>
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<tr>
<td>Lanier, Laura Wian, MD</td>
<td>146 South Main St Suite 3</td>
<td>(540) 463-9158</td>
<td>Carilion Giles Community Hospital</td>
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<tr>
<td>Pickral, Robert M, MD</td>
<td>146 South Main St Suite 3</td>
<td>(540) 463-9158</td>
<td>Carilion Stonewall Jackson Hospital</td>
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<tr>
<td>Babus, Salvatore K., MD</td>
<td>36 Lively Oaks Road</td>
<td>(804) 462-5155</td>
<td>Rappahannock General Hospital</td>
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Optima Direct Network Providers 5/2019

51
Primary Care Physicians - Tier 1

**Louisa**

Chang, Andrew S., MD  
Prov#: 10011534  
University of Virginia Physicians Group  
575 Industrial Drive  
Loudoun County, VA 20166  
(540) 967-2011  

Hospital Affiliations:  
University of Virginia Medical Center

Green, Matthew P., MD  
Prov#: 10107065  
UVA Medical Associates of Louisa  
575 Industrial Dr  
Loudoun County, VA 20166  
(540) 967-2011  

Hospital Affiliations:  
University of Virginia Medical Center

Crowley, Anthony, MD  
Prov#: 10011534  
UVA Medical Associates of Louisa  
575 Industrial Dr  
Loudoun County, VA 20166  
(540) 967-2011  

Hospital Affiliations:  
University of Virginia Medical Center

Richmond, Michael, DO  
Prov#: 10107065  
Central Virginia Community Health Center (CVHSCCNC)  
115 Jefferson Highway Suite 9  
Loudoun County, VA 20166  
(540) 967-2011  

Hospital Affiliations:  
University of Virginia Medical Center

Southall, III, Alger R., MD  
Prov#: 68525  
Loudoun Family Practice, PLC  
101 Woolfolk Ave  
Loudoun County, VA 20166  
(540) 967-2202

**Lovettsville**

Crowley, Anthony, MD  
Prov#: 10000747  
Lee's Summit Family Practice  
2 East Broad Way  
Loudoun County, VA 20180  
(540) 579-0500

Mehler, Troy R., MD  
Prov#: 10107065  
Loudoun Medical Group PC  
20 Town Square Suite 100  
Loudoun County, VA 20180  
(540) 579-0500

**Lovingston**

Russell, Marianne, MD  
Prov#: 10197219  
Blue Ridge Medical Center (CCNV)  
71 Tanbark Plaza  
Loudoun County, VA 20189  
(434) 263-4000

**Luray**

Desrocher, Daniele, MD  
Prov#: 10036301  
Valley Health Page Memorial  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561

Hospital Affiliations:  
Page Memorial Hospital

Miller, D. Brooke, MD  
Prov#: 43272  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-2887

Hospital Affiliations:  
Page Memorial Hospital

Reploge, Corinne, MD  
Prov#: 10187348  
Sentara RMH Medical Group, LLC  
134 General Drive  
Luray, VA 22835  
(540) 743-9087

Hospital Affiliations:  
Sentara RMH Medical Center

Switzer, David, MD  
Prov#: 10002510  
Luray Family Medicine  
250 Memorial Drive Ste B  
Luray, VA 22835  
(540) 843-4624

**Lynchburg**

Albers, Gregg, MD  
Prov#: 10178120  
Central Virginia Family Physicians, Inc.  
2811 Linkhorn Drive  
Lynchburg, VA 24503  
(434) 384-1581

Hospital Affiliations:  
Central Virginia Baptist Hospital

Anderson, Andrew, DO  
Prov#: 10164262  
Central Virginia Family Physicians, Inc.  
20304 Timberlake Road  
Lynchburg, VA 24502  
(434) 237-6471

Babineau, Teresa W., MD  
Prov#: 10189641  
Centra Medical Group, LLC  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200

Hospital Affiliations:  
Central Virginia Baptist Hospital

Bendall, Jr, Richard A., MD  
Prov#: 10164940  
Acute Rehab CenterHealth  
1300 Enterprise Dr  
Lynchburg, VA 24502  
(434) 316-5900

Hospital Affiliations:  
Bedford Memorial Hospital

Bolourian, Houman, MD  
Prov#: 10208515  
Central Virginia Medical Group, LLC  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200

Hospital Affiliations:  
Central Virginia Baptist Hospital

Bolusa-Sahug, Agnes, MD  
Prov#: 10132176  
Lynchburg Women's and Pediatric Health Services  
2402 Atherholt Road  
Lynchburg, VA 24501  
(434) 200-6401

620 Court Street  
Lynchburg, VA 24504  
(434) 453-5330

Burgess, Henry E., MD  
Prov#: 10057870  
Blue Ridge Immediate Care  
2137 Lakeside Drive  
Lynchburg, VA 24501  
(434) 385-4184

Caballero, Cesar E., MD  
Prov#: 10173756  
Central Medical Group (Centra Health, Inc.)  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-3908

Hospital Affiliations:  
Bedford Memorial Hospital

Coggins, Charles H., MD  
Prov#: 10177387  
Central Medical Group, LLC  
3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434) 200-3656

Hospital Affiliations:  
Bedford Memorial Hospital
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Primary Care Physicians - Tier 1

Wodicka, Alexander MacLeod, MD
Pro#: 418111
Lynchburg Family Medicine Center
2323 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200

Hospital Affiliations:
Centra Virginia Baptist Hospital
Centra Southside Community Hospital

Williams, John E., MD
Pro#: 45234
Piedmont Family Practice
2019 Tate Springs Road
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(434) 846-7374

Hospital Affiliations:
Centra Lynchburg General Hospital

Witt, Stephanie J., DO
Pro#: 10169137
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1901 Tate Springs Road
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(434) 200-2250

Hospital Affiliations:
Centra Virginia Baptist Hospital

Wodicka, David, MD
Pro#: 45235
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wu, Velyn, MD
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(434) 200-5200

Young, Rebecca, MD
Pro#: 10115951
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3300 Rivernorth Avenue
Lynchburg, VA 24503
(434) 200-4651

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Zaman, Samira, MD
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125 Nationwide Drive
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1900 Tate Springs Road Suite 3
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1901 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3908

902 Grace Street
Lynchburg, VA 24504
(434) 200-3908

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Lynchburg, VA 24501
(434) 846-4626

2249 Murrell Road
Lynchburg, VA 24501
(434) 846-6611

3300 Rivernorth Avenue
Lynchburg, VA 24503
(434) 200-3908

501 Ves Road
Lynchburg, VA 24503
(434) 386-3500

Hospital Affiliations:
Centra Lynchburg General Hospital
University of Virginia Medical Center

Wilson, Aliya L, MD
Pro#: 10192731
University of Virginia Physicians Group
1480 North Main Street Ste A
Madison, VA 22727
(540) 948-6743

Hospital Affiliations:
University of Virginia Medical Center

Madison Heights

Bendall Jr, Richard A., MD
Pro#: 45236
Monelison Family Physicians
4262 S Amherst Hwy
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(434) 846-8421

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Boulus-Sabugo, Ahgnes, MD
Pro#: 10132176
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334 Elton Road
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(434) 455-2480

200 Amelon Square
Madison Heights, VA 24572
(434) 929-1400

Hospital Affiliations:
Centra Lynchburg General Hospital

Haga, David, MD
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(434) 528-4312

Hospital Affiliations:
Centra Lynchburg General Hospital

Hair, Thomas, MD
Pro#: 10022417
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Haga, David, MD
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Madison Heights, VA 24572
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Hospital Affiliations:
Centra Lynchburg General Hospital

Peralt Jr, Manuel, MD
Pro#: 10112035
Central Virginia Family Physicians, Inc.
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Madison Heights, VA 24572
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Richardson, Patricia, MD
Pro#: 10126724
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Von Elthen, Christopher, MD
Pro#: 10032031
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Manakin Sabot

Chen Fernandez, Nelson J., MD
Pro#: 10144024
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46A Broad Street Road
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(804) 957-5297

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital

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Manassas

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Baray, Ahmad S., MD
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Hospital Affiliations:
Inova Fairfax Hospital

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Novant Health UVA Health System

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Hospital Affiliations:
Novant Health UVA Health System

Bommansani, Reena, MD
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6356 Houdley Road
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(703) 868-2713

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Chambers, Joseph F., MD
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(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System

Optima Direct Network Providers 5/2019

OptimaHealth
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Prince William Medical Center

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Kola, Aruna, MD
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Koli, Umakant, MD
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Prince William Medical Center

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Haymarket Medical Center
Novant Health UVA Health System
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Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
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VCU Community Memorial Hospital
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Johnston-Willis Hospital

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Johnston-Willis Hospital

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Chippenham Medical Center/ 
Johnston-Willis Hospital

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Johnston-Willis Hospital

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Chippenham Medical Center/ 
Johnston-Willis Hospital

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Hospital Affiliations:  
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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<td>Palen, Ellen, MD</td>
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<td>Virginia Family Physicians 2367 Colony Crossing Place Midlothian, VA 23112 (804) 232-1264</td>
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<td>10117199</td>
<td>PartnerMD, PC 13901 Coalfield Commons Place Suite 201 Midlothian, VA 23114 (804) 420-1200</td>
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Optima Health
Optima Direct Network Providers 5/2019
Primary Care Physicians - Tier 1

Blanks, Virginia A., MD
Prov#: 10060500
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24421
(540) 297-7181

Cox, Brandon, MD
Prov#: 10076982
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24421
(540) 297-7181

Danner, James, DO
Prov#: 10141320
Alvista Medical Center
4830 Rucker Road
Moneta, VA 24421
(540) 297-7181

Danh, Todd H., MD
Prov#: 10052999
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24421
(540) 297-7181

Johnson, Matthew A., MD
Prov#: 29492
Lynchburg Family Medicine Center
4830 Rucker Road
Moneta, VA 24421
(540) 297-7181

Nevin, Marc, MD
Prov#: 10100772
Long Term Care of America-Virginia, Inc.
1112 Lakeland Pines Drive
Moneta, VA 24421
(540) 297-4023

Sparhawk, Kathryn L., MD
Prov#: 10052100
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24421
(540) 297-7181

Monterey

Moree, Claire M., MD
Prov#: 10173359
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Redington, James F., MD
Prov#: 10156048
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Cook, James S., MD
Prov#: 10202417
Virginia Family Practice
15078 Brown Pearsont Rd
Monterey, VA 23192
(804) 883-0046

Hospital Affiliations:
Bren Secours Memorial Regional Medical Center
Bren Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Ernst, Angela, MD
Prov#: 10017336
Westmoreland Medical Center (CVHS)(CCNV)
18849 Kings Hwy
Montross, VA 22452
(804) 493-9999

Walker, Andrew F, MD
Prov#: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
18849 Kings Hwy
Montross, VA 22520
(804) 493-9999

Walker, Thomas A., MD
Prov#: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
18849 Kings Hwy
Montross, VA 22520
(804) 493-9999

Hospital Affiliations:
Southern Virginia Regional Medical Center

Asistores, Jason Leo G., MD
Prov#: 10151635
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Hospital Affiliations:
Sentara RMH Medical Center

Cunningham, Jennifer D., MD
Prov#: 10130415
Valley Health Family Medicine - Mt. Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350
Prov#: 10181576

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Feit, Jeffrey, MD
Prov#: 10181569
Valley Hlth Shenandoah Mem Hosp
Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350

Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc

Furer, Jr, Tolvert E., MD
Prov#: 10173063
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Hospital Affiliations:
Sentara RMH Medical Center

Reploge, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Hospital Affiliations:
Sentara RMH Medical Center

Parker, David G., DO
Prov#: 10174688
Grayson Highlands Clinic Corp
2635 Oak Hill Rd
Mouth of Wilson, VA 24363
(276) 579-2619

Hospital Affiliations:
Smyth County Community Hospital

Devereaux, Robert, MD
Prov#: 10031509
Carilion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Lough, Andrea Rhea, DO
Prov#: 10050396
Carilion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Sargent, Julia, DO
Prov#: 10096109
Carilion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
(540) 726-7900

Hospital Affiliations:
Carilion Giles Community Hospital

Hamlor, Gahear F., MD
Prov#: 43429
SENTARA VOLENS FAMILY MEDICINE
15210 L P Bailey Memorial Hwy
Nathalie, VA 24577
(434) 349-3113

Nellysford

Cohoe, Mark W., MD
Prov#: 10168918
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Dalymple, Sarah N., MD
Prov#: 10205479
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Heim, Steven W., MD
Prov#: 23550
UVA Stoney Creek Family Practice
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Landen, Donna A., MD
Prov#: 10155071
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Rucker, Tinsley W., MD
Prov#: 10155144
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Way, Denise A., MD
Prov#: 10142488
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Nathalie

Buckman, Paul S., MD
Prov#: 43428
SENTARA VOLENS FAMILY MEDICINE
15210 L P Bailey Memorial Hwy
Nathalie, VA 24577
(434) 349-3113

Optima Health

Optima Direct Network Providers 5/2019 62

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Montpelier

Cox, Brandon, MD
Prov#: 100141320
Alvista Medical Center
4830 Rucker Road
Moneta, VA 24421
(804) 493-9999

Ernst, Angela, MD
Prov#: 10017336
Westmoreland Medical Center (CVHS)(CCNV)
18849 Kings Hwy
Montross, VA 22452
(804) 493-9999

Parker, David G., DO
Prov#: 10174688
Grayson Highlands Clinic Corp
2635 Oak Hill Rd
Mouth of Wilson, VA 24363
(276) 579-2619

Hospital Affiliations:
Smyth County Community Hospital
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<td>25891 N James Madison Hwy New Canton, VA 23123</td>
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<tr>
<td>(434) 581-3271</td>
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<td>5219 Lankford Highway New Church, VA 23415</td>
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## Primary Care Physicians - Tier 1

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td><strong>Norfolk</strong></td>
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<tr>
<td>Bluestein, Daniel A., MD</td>
<td>825 Fairfax Ave Ste 118, Norfolk, VA 23507</td>
<td>(757) 446-5955</td>
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<td></td>
<td>Ghent Family Medicine (EVMSHS)</td>
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<td>Sentera Leigh Hospital Sentara Norfolk General Hospital</td>
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<td>Boney, Aron R., MD</td>
<td>DePaul Medical Associates</td>
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<tr>
<td></td>
<td>155 Kingsleys Lane Suite 400, Norfolk, VA 23505</td>
<td>(757) 278-2240</td>
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<td>Bradshaw, Robert D., MD</td>
<td>825 Fairfax Ave Suite 118, Norfolk, VA 23507</td>
<td>(757) 446-5955</td>
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<td>Ghent Family Medicine (EVMSHS)</td>
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<tr>
<td>Clarken, Sinclair B., MD</td>
<td>1405 Klin Creek Parkway Suite K, Newport News, VA 23606</td>
<td>(757) 595-5001</td>
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<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
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<td>12695 McManus Blvd Bldg 6 Ste A, Newport News, VA 23606</td>
<td>(757) 595-9880</td>
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<td>Moore, Charlotte MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
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<td>1405 Klin Creek Parkway Suite K, Newport News, VA 23606</td>
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<td>13347 Warwick Blvd, Newport News, VA 23602</td>
<td>(757) 877-0214</td>
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<td>Willyard, Kent MD</td>
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<td>825 Fairfax Ave Ste 118, Norfolk, VA 23507</td>
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*Optima Direct Network Providers 5/2019*
Primary Care Physicians - Tier 1

Higdon, Patrick, MD  
Provisional #: 20436  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
110 Kingsley Lane Suite 309  
Norfolk, VA 23505  
(757) 889-2006  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Homan, Richard V, MD  
Provisional #: 10088151  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-3955

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Kirkland, C. Stokes, MD  
Provisional #: 11048  
Family Physicians of Tidewater  
425 W 20th Street Ste 1  
Norfolk, VA 23517  
(757) 622-6520

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Kunkel, Alan, DO  
Provisional #: 24438  
Roosevelt Medical Associates  
(Bayview Physician Services PC)  
2203 E Little Creek Rd  
Norfolk, VA 23518  
(757) 583-2181

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Lanoue, Elizabeth, MD  
Provisional #: 10047289  
Bayview Physician Services, PC  
400 W Brambleton Ave Suite 100  
Norfolk, VA 23510  
(757) 627-6620

Mack, Alexandra S., MD  
Provisional #: 10167684  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Mansfield, Erika L., MD  
Provisional #: 10187632  
Bayview Physician Services, PC  
7924 Chesapeake Blvd  
Norfolk, VA 23518  
(757) 587-1700

Markovic, Vladimir, MD  
Provisional #: 10132120  
Portsmouth Community Health Center (CCNV)  
3415 Granby Street  
Norfolk, VA 23504  
(757) 393-6363

Mansfield, Erika L., MD  
Provisional #: 20436  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
110 Kingsley Lane Suite 309  
Norfolk, VA 23505  
(757) 889-2006  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Menawat, Sunil, MD  
Provisional #: 10195257  
Sentara Internal Medicine Physicians (SMG)  
850 Kempsville Rd Ste 200A  
Norfolk, VA 23502  
(757) 261-5910

Hospital Affiliations:  
Sentara Leigh Hospital

Miller, Jacob W., DO  
Provisional #: 10017430  
DePaul Medical Associates  
155 Kingsley Lane Suite 400  
Norfolk, VA 23505  
(757) 278-2240

Hospital Affiliations:  
Sentara Leigh Hospital

Mohan, Ravinder, MD  
Provisional #: 20205  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Hospital Affiliations:  
Sentara Leigh Hospital

Rubino, Mary, MD  
Provisional #: 73368  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Skees, Mark, MD  
Provisional #: 61084  
Skees Family Practice, PLLC  
(Bayview Physician Services PC)  
400 W Brambleton Ave Ste 201  
Norfolk, VA 23510  
(757) 623-8642

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Snellings, John E., MD  
Provisional #: 10181870  
EVMS Medical Group  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Snedler, Ian, DO  
Provisional #: 10035729  
Amelia Medical Associates (Bon Secours DePaul Med Ctr)  
885 Kempsville Rd Ste 320  
Norfolk, VA 23502  
(757) 955-2828

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Sokol, Richard A., MD  
Provisional #: 11038  
Sentara Family Medicine Physicians - SMG  
301 Riverview Ave Ste 810  
Norfolk, VA 23510  
(757) 252-9150

Hospital Affiliations:  
Sentara Leigh Hospital

Stettmeier, Mary, MD  
Provisional #: 10164965  
DePaul Medical Associates  
155 Kingsley Lane Suite 400  
Norfolk, VA 23505  
(757) 627-6620

Stevens, Christopher R, MD  
Provisional #: 78535  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Zamani, Christopher R, MD  
Provisional #: 10178562  
GHENT STATION MEDICAL ASSOCIATES  
930 West 21st Street Suite 100  
Norfolk, VA 23517  
(757) 686-5673  
Provisional #: 10178785  
Portsmouth Medical Associates  
930 West 21st Street Suite 100  
Norfolk, VA 23505  
(757) 686-5673  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

North Chesterfield

Agbebor, Victor, MD  
Provisional #: 10066906  
St. Francis Family Medicine Center  
(Bon Secours)  
2500 Pocohontas Place  
North Chesterfield, VA 23235  
(804) 276-9305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Riverside Tappahannock Hospital

Brooks-Williams, Malinda Adell, MD  
Provisional #: 10120423  
Bermuda District Medical Center  
2740 Bensley Commons Blvd  
North Chesterfield, VA 23237  
(804) 780-0840

Hospital Affiliations:  
Riverside Tappahannock Hospital

Vakily, Simin, MD  
Provisional #: 10051397  
Kempsville Road Medical Associates  
(Bayview Physicians Services)  
6161 Kempsville Cir Ste 225  
Norfolk, VA 23502  
(757) 455-6368

Hospital Affiliations:  
Sentara Princess Anne Hospital

Vanhorn, Marilyn, MD  
Provisional #: 10049267  
Bayview Physicians Services, PC  
400 W Brambleton Ave Suite 100  
Norfolk, VA 23510  
(757) 627-6620

Vazquez, Ana H., MD  
Provisional #: 11180  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Wells, Janelle M., MD  
Provisional #: 1011736  
Portsmouth Community Health Center (CCNV)  
9221 Shore Drive  
Norfolk, VA 23518  
(757) 393-6363

Whalen, Richard M., MD  
Provisional #: 78535  
Ghent Family Medicine (EVMSHS)  
825 Fairfax Ave Ste 118  
Norfolk, VA 23507  
(757) 446-5955

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Zamani, Christopher R, MD  
Provisional #: 10178562  
GHENT STATION MEDICAL ASSOCIATES  
930 West 21st Street Suite 100  
Norfolk, VA 23517  
(757) 686-5673  
Provisional #: 10178785  
Portsmouth Medical Associates  
930 West 21st Street Suite 100  
Norfolk, VA 23505  
(757) 686-5673  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc
Paine, Matthew, MD  
Prov#: 10128397  
St. Francis Family Medicine Center  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
St. Francis Family Medicine Center  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Health Sciences Center

George H. Katharine C, MD  
Prov#: 10112630  
UVA Crossroads Family Practice  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Health Sciences Center

Lockman, Andrew, MD  
Prov#: 45808  
UVA Crossroads Family Practice  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Physicians Group

Way, Denise A., MD  
Prov#: 10142488  
University of Virginia Physicians Group  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Medical Center

Blackwell, Darrell Kevin, DO  
Prov#: 38171  
Norton Community Physician Services-Lane  
1900 Park Ave NW Suite 3  
Norton, VA 24273  
(276) 679-8890  
1900 Park Ave NW Suite 5  
Norton, VA 24273  
(276) 439-1440  
Hospital Affiliations:  
Norton Community Hospital

Balmaria, Sandra, MD  
Prov#: 10148940  
Atlantic Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Halls, Albert John, MD  
Prov#: 10122378  
Eastern Shore Rural Health Systems, Inc. (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Hollandsworth, Thomas, MD  
Prov#: 16906  
Onley Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Hoshino, David, MD  
Prov#: 43097  
Atlantic Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374

Barry, Kathleen A, MD  
Prov#: 10112623  
University of Virginia Physicians Group  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Physicians Group

Cohee, Mark W., MD  
Prov#: 10168918  
University of Virginia Physicians Group  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Physicians Group

North Garden  
Barry, Kathleen A, MD  
Prov#: 10112623  
University of Virginia Physicians Group  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Physicians Group

Cohee, Mark W., MD  
Prov#: 10168918  
University of Virginia Physicians Group  
4916 Plank Rd Unit 205  
North Garden, VA 22959  
(434) 243-4660  
Hospital Affiliations:  
University of Virginia Physicians Group

Lingen, Joan K., MD  
Prov#: 10002447  
Franktown Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Lo, Colette W., MD  
Prov#: 10115053  
Onley Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Stark, Heather R., MD  
Prov#: 43423  
Onley Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Vandenhoff, Stephen, MD  
Prov#: 10058088  
Onley Community Health Center (EHRHS) (CCNV)  
20306 Badger Lane Onley, VA 23418  
(757) 787-7374  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Cooley, Amy A., MD  
Prov#: 10022476  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Giese, Matthew R, MD  
Prov#: 75970  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Keller, Lawrence E., MD  
Prov#: 45253  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Schmitz, Nancy A., MD  
Prov#: 45254  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Silvester, Michael J., MD  
Prov#: 44555  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Wolanski, Thomas E., MD  
Prov#: 44551  
Orange Family Physicians  
13198 James Madison Highway Orange, VA 22960  
(540) 672-3010

Optima Health
Primary Care Physicians - Tier 1

**Palmrya**

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<td>(540) 589-9030</td>
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**Pearsburg**

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<tr>
<td>Boone, John, DO</td>
<td>Carilion Healthcare Corporation 1611 W Shenon Avenue Pearsburg, VA 24134</td>
<td>(540) 921-3636</td>
<td>Carilion Giles Community Hospital</td>
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**McMahon, Michael A., MD**

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<tr>
<td>1. Grube, Richard D., MD</td>
<td>Carilion Clinic Family Medicine Giles 430 Boxwood Ln Pearsburg, VA 24134</td>
<td>(540) 921-6110</td>
<td>Carilion Healthcare Corporation 1611 W Shenon Avenue Pearsburg, VA 24134</td>
<td>Hospital Affiliations: Carilion New River Valley Medical Center, Carilion Roanoke Memorial Hospital</td>
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**Freed, Elliot S., DO**

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<tr>
<td>Lewis Jr., John W., DO</td>
<td>Charging Healthcare Corporation 1611 W Shenon Avenue Pearsburg, VA 24134</td>
<td>(540) 921-6110</td>
<td>Carilion Clinical Family Medicine Giles 430 Boxwood Ln Pearsburg, VA 24134</td>
<td>Hospital Affiliations: Carilion Giles Community Hospital, Carilion New River Valley Medical Center, Carilion Roanoke Memorial Hospital</td>
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**Pembroke**

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<tr>
<td>Chang, Inja, MD</td>
<td>Carilion Giles Community Hospital</td>
<td>(804) 732-0116</td>
<td>Pembroke, VA 23803</td>
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**Pennington Gap**

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<td>Litton, John Scott, MD</td>
<td>Carilion Giles Community Hospital</td>
<td>(804) 732-0116</td>
<td>Pennington Gap, VA 24277</td>
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**Petersburg**

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<td>Chang, Inja, MD</td>
<td>Carilion Giles Community Hospital</td>
<td>(804) 732-0116</td>
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**Freed, Elliot S., DO**

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<td>Lewis Jr., John W., DO</td>
<td>Carilion Giles Community Hospital</td>
<td>(804) 732-0116</td>
<td>Petersburg, VA 23803</td>
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Optima Direct Network Providers 5/2019

67
# Primary Care Physicians - Tier 1

## Portsmouth

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<th>Name</th>
<th>Title</th>
<th>Phone</th>
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<tr>
<td>Budenholzer, Brian R., MD</td>
<td>Prov#: 1019386</td>
<td>(757) 967-9203</td>
<td>3640 High Street Suite 3B Portsmouth, VA 23707</td>
</tr>
<tr>
<td>Chung, Chung Ung, MD</td>
<td>Prov#: 21102</td>
<td>(757) 487-4949</td>
<td>2595 Victory Blvd Portsmouth, VA 23702</td>
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<td>Bon Secours Maryview Medical Center</td>
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<tr>
<td>Cochrans, Donald L., MD</td>
<td>Prov#: 21108</td>
<td>(757) 484-7836</td>
<td>1105 Halifax Ave Portsmouth, VA 23707</td>
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<tr>
<td>Crum, Frederick, MD</td>
<td>Prov#: 21202</td>
<td>(757) 399-8323</td>
<td>3235 Academy Ave Ste 102 Portsmouth, VA 23703</td>
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<tr>
<td>Dajao, Rise Faith E., MD</td>
<td>Prov#: 21014</td>
<td>(757) 399-8323</td>
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<td>Dakja, Rogaciano M., MD</td>
<td>Prov#: 21108</td>
<td>(757) 738-1225</td>
<td>3640 High Street Suite 3B Portsmouth, VA 23707</td>
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<tr>
<td>Hayes, Anthony J., MD</td>
<td>Prov#: 10185672</td>
<td>(757) 393-6595</td>
<td>3537 Airline Blvd Suite 1 Portsmouth, VA 23701</td>
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<td>Hospital Affiliations:</td>
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<td>Bon Secours Maryview Medical Center</td>
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<tr>
<td>Britton, Bruce, MD</td>
<td>Prov#: 21013</td>
<td>(757) 484-7836</td>
<td>1105 Halifax Ave Portsmouth, VA 23707</td>
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<tr>
<td>Brittan, Stanley, MD</td>
<td>Prov#: 21006</td>
<td>(757) 488-7386</td>
<td>3235 Academy Ave Ste 102 Portsmouth, VA 23703</td>
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<tr>
<td>Baumgarten, Margaret, MD</td>
<td>Prov#: 10004928</td>
<td>(757) 397-6344</td>
<td>3640 High Street Suite 3B Portsmouth, VA 23707</td>
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<tr>
<td>Erdogan, Mary, MD</td>
<td>Prov#: 10121015</td>
<td>(757) 738-1225</td>
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<tr>
<td>Fuentes, Mohamad, MD</td>
<td>Prov#: 21223</td>
<td>(757) 393-6595</td>
<td>3640 High Street Suite 3B Portsmouth, VA 23707</td>
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## Powhatan

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<tr>
<th>Name</th>
<th>Title</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Castro, Joseph, DO</td>
<td>Prov#: 1017315</td>
<td>(804) 598-3100</td>
<td>3510 Anderson Highway Suite A Powhatan, VA 23139</td>
</tr>
<tr>
<td>Cruz, Alicia N, MD</td>
<td>Prov#: 10085203</td>
<td>(804) 285-6050</td>
<td>3452 Anderson Highway Ste D Powhatan, VA 23139</td>
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<tr>
<td>Cress, Stephen C, MD</td>
<td>Prov#: 10153401</td>
<td>(804) 285-6050</td>
<td>EVMS Medical Group 3640 High Street Suite 3B Portsmouth, VA 23701</td>
</tr>
<tr>
<td>Reineke-Piper, Kristen, MD</td>
<td>Prov#: 10189264</td>
<td>(757) 488-3333</td>
<td>3640 High Street Suite 3B Portsmouth, VA 23701</td>
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<tr>
<td>Scott, Pamela C, MD</td>
<td>Prov#: 51546</td>
<td>(757) 397-6344</td>
<td>3235 Academy Ave Ste 102 Portsmouth, VA 23703</td>
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## Potomac Falls

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<th>Name</th>
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<tr>
<td>Lee, Joseph Y., MD</td>
<td>Prov#: 10020676</td>
<td>(703) 444-3302</td>
<td>47165 Westlake Drive Suite 120 Potomac Falls, VA 20165</td>
</tr>
<tr>
<td>Mohammad, Numa Nga, MD</td>
<td>Prov#: 10012255</td>
<td>(703) 444-3302</td>
<td>46165 Westlake Drive Suite 120 Potomac Falls, VA 20165</td>
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<td>Hotel Affiliations:</td>
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## Williamsburg

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<tbody>
<tr>
<td>Williamson, Valerie, MD</td>
<td>Prov#: 10015194</td>
<td>(703) 444-3302</td>
<td>47165 Westlake Drive Suite 120 Potomac Falls, VA 20165</td>
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</table>

## Virginia Physicians

- Virginia Physicians, Inc.
- 3510 Anderson Highway Suite A Powhatan, VA 23139
- (804) 598-3100

## Rockwell Physicians of Salisbury

- Rockwell Physicians of Salisbury 2891 Anderson Highway Powhatan, VA 23139
- (804) 897-1259

## Virginia Physicians: Inc.

- Virginia Physicians, Inc. 3452 Anderson Highway Powhatan, VA 23139
- (804) 285-6050

## Chippenham Medical Center / Johnston-Willis Hospital

- Chippenham Medical Center / Johnston-Willis Hospital 3637 Airline Blvd Suite 1 Portsmouth, VA 23701
- (804) 794-1555

## Rockwell Physicians of Salisbury

- Rockwell Physicians of Salisbury 2891 Anderson Highway Powhatan, VA 23139
- (804) 897-1259

## Chippenham Medical Center / Johnston-Willis Hospital

- Chippenham Medical Center / Johnston-Willis Hospital 3637 Airline Blvd Suite 1 Portsmouth, VA 23701
- (804) 794-1555

## Rockwell Physicians of Salisbury

- Rockwell Physicians of Salisbury 2891 Anderson Highway Powhatan, VA 23139
- (804) 897-1259
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<td><strong>Prillaman, Barbara, MD</strong></td>
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<tr>
<td>Prov#: 22320</td>
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<td>Virginia Physicians, Inc.</td>
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<td>3510 Anderson Highway Suite A</td>
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<td>Powhatan, VA 23139</td>
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<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td><strong>Short, Shelley, MD</strong></td>
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<td>Virginia Physicians, Inc.</td>
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<tr>
<td>3510 Anderson Highway Suite A</td>
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<td>Powhatan, VA 23139</td>
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<td>(804) 598-3100</td>
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<td><strong>Prince George</strong></td>
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<td><strong>Chiu, Grace H., MD</strong></td>
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<td>Charles City Regional Health Services (CCNY)</td>
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<tr>
<td>4260 Crossings Boulevard Suite 2</td>
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<td>Prince George, VA 23875</td>
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**Pulaski**

| **Kaatz, Matthew S, MD**         |
| Prov#: 10016632                  |
| Matthew S. Kaatz, MD PC          |
| 101 1st St NW Ste 2              |
| Pulaski, VA 23401               |
| (540) 980-0550                  |
| **Hospital Affiliations:**       |
| Lewis Gale Medical Center        |

**Purcellville**

| **Crowley, Anthony, MD**        |
| Prov#: 10000477                  |
| Leesburg/STERLING Family Practice |
| 17336 Pickwick Drive Bldg A      |
| Purcellville, VA 20132           |
| (540) 338-8986                  |
| **Hospital Affiliations:**       |
| Children's Hospital of the King's Daughters |
| **Hegerich, Thomas J, MD**      |
| Prov#: 94997                     |
| Leesburg/STERLING Family Practice |
| 17336 Pickwick Drive Bldg A      |
| Purcellville, VA 20132           |
| (540) 338-8986                  |
| **Mohler, Troy R., MD**          |
| Prov#: 10107165                  |
| Loudoun Medical Group PC         |
| 205 E Hirst Road Suite 303       |
| Purcellville, VA 20132           |
| (540) 338-8986                  |
| **Towne, James H., MD**          |
| Prov#: 49438                     |
| Loudoun Valley Family Practice   |
| 411 E Main Street                |
| Purcellville, VA 20132           |
| (540) 338-6101                  |
| **Wenzel, Michael T, MD**        |
| Prov#: 10121873                  |
| Loudoun Medical Group PC         |
| 205 E Hirst Road Suite 303       |
| Purcellville, VA 20132           |
| (540) 338-8986                  |

**Quinton**

| **Gokli, Anup J., MD**           |
| Prov#: 43458                     |
| Chickahominy Family Practice, Inc |
| 1850 Pocahontas Trail           |
| Quinton, VA 23141               |
| (804) 932-4388                  |
| **Hospital Affiliations:**       |
| Bon Secours St. Marys Hospital   |

**Radford**

| **Judy, Charles R., MD**         |
| Prov#: 21181                     |
| Family Health Clinic Inc         |
| 600 Randolph Street              |
| Radford, VA 24141               |
| (540) 639-5300                  |
| **Kelly, Daniel R., MD**        |
| Prov#: 22991                     |
| Carilion Healthcare Corporation  |
| 701 Randolph St Suite 120       |
| Radford, VA 24141               |
| (540) 731-3200                  |
| **Knisely, Thomas, DO**         |
| Prov#: 10121873                  |
| Carilion Healthcare Corporation  |
| 801 E Main St                   |
| Radford, VA 24142               |
| (540) 831-5111                  |
| **Morgan, Benjamin H., DO**     |
| Prov#: 10207570                  |
| Carilion Healthcare Corporation  |
| 701 Randolph St Suite 120       |
| Radford, VA 24141               |
| (540) 931-7300                  |

| **Raphine**                      |
| **Marsh, John Otho, MD**         |
| Prov#: 45804                     |
| Middletown Family Medicine       |
| 60 Commerce Park Drive           |
| Raphine, VA 24472               |
| (540) 490-2527                  |

| **Reston**                       |
| **Aggarwal, Rajiv K., MD**       |
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| Lansdowne Travel and Family Medicine LLC |
| 1860 Town Center Dr Suite 340    |
| Reston, VA 20190                 |
| (703) 834-1473                  |

| **Dolech, Augustine A., MD**     |
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| 12110 Sunset Hills Road L20      |
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| 12110 Sunset Hills Road L20      |
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| (703) 834-1473                  |

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| **Rich Creek**                  |
| **Brackenrich, Michael, DO**    |
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| Brackenrich Family Practice, PLC |
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Primary Care Physicians - Tier 1

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Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
  Henrico Doctors' Hospital - Retreat Campus
  John Randolph Medical Center
  Smyth County Community Hospital
  VCU Community Memorial Hospital
  VCU Health System/MCV

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- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

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  Johnston-Willis Hospital

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  Johnston-Willis Hospital

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- St. Mary's Hospital

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Hospital Affiliations:
- Bon Secours St Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parham Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

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- Chippenham Medical Center/
  Johnston-Willis Hospital

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Richmond, VA 23223
(804) 525-1818
2809 North Ave Suite 206
Richmond, VA 23222
(804) 780-0840
719 North 25th Street
Richmond, VA 23223
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Brown, Jr., Leon J., MD
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Leon J. Brown Jr., MD, PC
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(804) 232-7876

Campbell, James A., MD
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Richmond, VA 23222
(804) 648-6153

Campbell, Michael, MD
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(804) 741-7141

Cella, Caroline P., MD
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Chang, Inja, MD
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Chen Fernandez, Nelson J., MD
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(804) 612-7065

Hospital Affiliations:
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- Bon Secours St Marys Hospital

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Pro#: 99942
Peter Coleman MD, LLC dba Hamilton Family Practice
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Richmond, VA 23221
(804) 353-1230

Covington, Damian L., MD
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(804) 225-7177
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(804) 225-7148

Hospital Affiliations:
- Bon Secours Richmond Community Hospital

Cross, Robert Dixon, MD
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7001 Forest Avenue Suite 302
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(804) 282-2655

Crossen, D. Keith, MD
Pro#: 45270
Crossen Family Practice
7603 Forest Avenue Ste 405
Richmond, VA 23229
(804) 421-7404

Hospital Affiliations:
- Bon Secours St Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

Dageforde, James R., MD
Pro#: 65788
Family Physicians of Ridgefield
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Richmond, VA 23233
(804) 741-7141

Hospital Affiliations:
- Bon Secours St Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Optima Direct Network Providers 5/2019 70
OptimaHealth
Primary Care Physicians - Tier 1

- **DiPasquale-Seelig, Kathleen, MD**
  Pro#: 10156601
  The Daily Planet Inc
  180 E Belt Blvd
  Richmond, VA 23224
  (804) 292-3011
  517 West Grace Street
  Richmond, VA 23220
  (804) 783-2505

- **Foster, James D., MD**
  Pro#: 90975
  Family Physicians of Ridgefield
  2200 Pump Road Suite 100
  Richmond, VA 23233
  (804) 741-7141

  **Hospital Affiliations:**
  Bon Secours St. Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital

- **Foster-Weiss, Kara, MD**
  Pro#: 10184884
  Chesterfield Family Practice Center, PC
  2500 Pocohococh Place Suite 104
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  (804) 276-9305

  **Hospital Affiliations:**
  Bon Secours St. Francis Medical Center
  Chippenham Medical Center/Johnston-Willis Hospital

- **Fountain-Ellis, Tami, MD**
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  Bon Secours St Mary's - Patterson Avenue Family Practice
  9600 Patterson Avenue
  Richmond, VA 23229
  (804) 741-6200

  **Hospital Affiliations:**
  Bon Secours St. Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital

- **Gergoudis, Richard L., MD**
  Pro#: 67333
  Family Physicians of Ridgefield
  1800 Glenside Dr Ste 110
  Richmond, VA 23226
  (804) 288-1800

  **Hospital Affiliations:**
  Bon Secours St. Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital

- **Gladfelter, Bambi, DO**
  Pro#: 10075585
  Primary Care of West End LLC
  12018 West Broad Street Suite 101
  Richmond, VA 23233
  (804) 217-9091

- **Goldman, Jill H., MD**
  Pro#: 10090590
  Patient First
  12 N Thompson St
  Richmond, VA 23221
  (804) 359-1317

- **Gooss, Lawrence W., DO**
  Pro#: 10127225
  Patient First - Parham
  2205 N Parham Road
  Richmond, VA 23229
  (804) 740-2150

- **Goreczny, John, MD**
  Pro#: 10179730
  Patient First
  12 N Thompson St
  Richmond, VA 23221
  (804) 359-1317

  **Hospital Affiliations:**
  Chippenham Medical Center/Johnston-Willis Hospital

- **Greenfield, Scott R., MD**
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  Patient First
  8110 Midlothian Tpke
  Richmond, VA 23235
  (804) 968-5700

  **Hospital Affiliations:**
  Henrico Doctors' Hospital - Forest Campus
  Parham Campus

- **Hatch, Karen M., MD**
  Pro#: 69757
  Patient First
  2205 N Parham Rd
  Richmond, VA 23229
  (804) 270-2150

- **Hendricks, Glenna P, MD**
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  Chesterfield Family Practice Center, PC
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  Richmond, VA 23225
  (804) 276-9305

  **Hospital Affiliations:**
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  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  St. Mary's Hospital

- **Hoffman, Richard H., MD**
  Pro#: 70366
  BON SECOURS CHESTERFIELD FAMILY MEDICINE
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  (804) 276-9305

  **Hospital Affiliations:**
  Chippenham Medical Center/Johnston-Willis Hospital

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  Primary Health Group - Chippenham Family Medicine
  500 Hioaks Road Suite B
  Richmond, VA 23225
  (804) 560-0490

- **Huckabee-Racz, Tracey, MD**
  Pro#: 10148311
  Patient First - Parham
  2205 N Parham Road
  Richmond, VA 23229
  (804) 270-2150

- **Hunley, Richard, MD**
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  Richard L Hunley MD
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  Richmond, VA 23294
  (804) 266-0787

- **Hunter, Laura J., DO**
  Pro#: 72351
  Family Physicians of Ridgefield
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  Richmond, VA 23233
  (804) 741-7141

- **Hyder, Haroon, MD**
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  Richmond, VA 23226
  (804) 266-2222
  7001 Forest Ave Suite 100
  Richmond, VA 23230
  (804) 893-8627
  9600 Patterson Avenue
  Richmond, VA 23229
  (804) 741-6200

  **Hospital Affiliations:**
  Bon Secours St. Marys Hospital

- **Jackson, Paul, MD**
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  Good Health Clinic
  5875 Bremo Road Suite 104
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  (804) 977-8915

  **Hospital Affiliations:**
  Bon Secours St. Francis Medical Center
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital

- **James, Joseph A., MD**
  Pro#: 22339
  Primary Health Group - Johnston Willis
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  Richmond, VA 23235
  (804) 320-1333

  **Hospital Affiliations:**
  Chippenham Medical Center/Johnston-Willis Hospital

- **Jin, Xiao Hong, MD**
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  Xiao Hong Jin MD PLLC
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  Richmond, VA 23220
  (804) 943-3695

  **Hospital Affiliations:**
  Southside Regional Medical Center

- **Jordan-Sayles, Cheryl J., MD**
  Pro#: 45893
  Laburnum Medical Center
  4620 South Laburnum Avenue
  Richmond, VA 23231
  (804) 222-7744

Optima Direct Network Providers 5/2019 71
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<td>10041605</td>
<td>Richmond Primary Care 7110 Forest Ave St 201, Richmond, VA 23226</td>
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<td>Law, Brett M., MD</td>
<td>10168111</td>
<td>12 N Thompson St, Richmond, VA 23221</td>
<td>hospital affiliations:</td>
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<td>Lewis, Augustine, MD</td>
<td>10106789</td>
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<td>Lieng, Thanh-True T., MD</td>
<td>10081692</td>
<td>Chesterfield Family Practice Center, PC 2500 Pocoshock Place Suite 4, Richmond, VA 23235</td>
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<td>Little, Margaret A., MD</td>
<td>71736</td>
<td>Virginia Physicians, Inc 6900 Forest Avenue Suite 300, Richmond, VA 23230</td>
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<td>Lucas, Jr., Kenneth W., MD</td>
<td>69616</td>
<td>Patient First 2205 N Parham Rd, Richmond, VA 23229</td>
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<td>Malhotra, Shailaja, MD</td>
<td>10052076</td>
<td>Primary Health Group - Village Green 9460 Amherdale Drive Suite A, Richmond, VA 23236</td>
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<td>10025729</td>
<td>Patient First - Short Pump 3370 Pump Rd, Richmond, VA 23233</td>
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<td>Manion, Kristina, DO</td>
<td>10195106</td>
<td>Patient First - Parham 2205 N Parham Road, Richmond, VA 23229</td>
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<td>Martinez, Anthony, MD</td>
<td>10157356</td>
<td>Patient First - Parham 2205 N Parham Road, Richmond, VA 23229</td>
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<tr>
<td>Mills, John F., DO</td>
<td>76344</td>
<td>Family Physicians of Ridgefield 1800 Glen masterpiece Drive Suite 110, Richmond, VA 23226</td>
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<td>Mumper, James D., MD</td>
<td>71741</td>
<td>Family Physicians of Ridgefield 2200 Pump Road Suite 100, Richmond, VA 23233</td>
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<tr>
<td>Morgan, Raymond W., MD</td>
<td>45894</td>
<td>Laburnum Medical Center 4620 South Laburnum Avenue, Richmond, VA 23231</td>
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<tr>
<td>Muncher, James D., MD</td>
<td>10044144</td>
<td>PartnerMD, PC 7229 Forest Avenue Suite 112, Richmond, VA 23226</td>
<td></td>
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<tr>
<td>Nurse, Brian, MD</td>
<td>10179678</td>
<td>Executive Health Group, PC 7101 Jahnke Road Suite 550A, Richmond, VA 23225</td>
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Ng, Charlene, MD  
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Chippenham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus

Ngam, Nguyen, MD  
Pro #: 10148539  
Laburnum Medical Center  
4620 South Laburnum Avenue  
Richmond, VA 23223  
(804) 545-3570  
  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Nicholson, Joyinita R., MD  
Pro #: 74888  
Brook Run Family Physicians  
1510 North 28th Street  
Richmond, VA 23223  
(804) 359-6880  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital

Pasco, Hayden, MD  
Pro #: 1008606  
Executive Health Group, PC  
7101 Jahnke Road Suite 550A  
Richmond, VA 23225  
(804) 560-3295  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital

Pendyal, Kausalya, MD  
Pro #: 1002913  
Primary Health Group - Chippenham  
Family Medicine  
500 Hioaks Road Suite B  
Richmond, VA 23225  
(804) 560-0490  
681 Hioaks Road Suite 4  
Richmond, VA 23225  
(804) 560-3400  
  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Petrizzi, Mark, MD  
Pro #: 10176041  
PartnerMD, PC  
7001 Forest Avenue Suite 302  
Richmond, VA 23230  
(804) 282-2655  
  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/PCV

Pochallo, Karen, MD  
Pro #: 10202806  
Patient First - Short Pump  
3370 Pump Rd  
Richmond, VA 23233  
(804) 360-8061  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Pong, David, MD  
Pro #: 10031693  
PartnerMD, PC  
7001 Forest Avenue Suite 302  
Richmond, VA 23230  
(804) 282-2655  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital

Powell, Douglas C., DO  
Pro #: 76364  
12 N Thompson St  
Richmond, VA 23221  
(804) 359-1337  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Powell, Elizabeth A., MD  
Pro #: 10191035  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place  
Richmond, VA 23235  
(804) 276-9305  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Powell, Robert L., DO  
Pro #: 97376  
Melhorn & Melhorn, D.O., Inc  
1504 Santa Rosa Road Ste 103  
Richmond, VA 23229  
(804) 288-6414  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital

Powell, Stephen, MD  
Pro #: 10182676  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place Suite 104  
Richmond, VA 23235  
(804) 276-9305  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Quarles, Robert L., DO  
Pro #: 10182676  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place Suite 104  
Richmond, VA 23235  
(804) 276-9305  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Rais, Andrew, MD  
Pro #: 10099370  
Commonwealth Internal Medicine Associates (Bon Secours St Mary)  
9220 Forest Hill Ave Suite 1A  
Richmond, VA 23225  
(804) 560-8838  
  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Risser, Andrea, MD  
Pro #: 10191046  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place  
Richmond, VA 23235  
(804) 276-9305  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital

Rosenberg, Mark J., MD  
Pro #: 10170380  
Patient First - Parham  
2300 East Parham Road  
Richmond, VA 23228  
(804) 264-7808  
  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Samdani, Rafia, MD  
Pro #: 10131266  
Patient First - Parham  
2300 East Parham Road  
Richmond, VA 23228  
(804) 264-7808  
  
Hospital Affiliations:  
Bon Secours Sports Medicine & Primary Care

Samdani, Shazia, MD  
Pro #: 10146930  
Patient First - Midlothian  
8110 Midlothian Tpke  
Richmond, VA 23235  
(804) 320-8160  
  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Schraer, Lindsay, MD  
Pro #: 18191067  
Who's Who Family Practice Center, PC  
2500 Pocoshock Place  
Richmond, VA 23235  
(804) 276-9305  
  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Sheehan, Michael D., MD  
Pro #: 45895  
Laburnum Medical Center  
4620 South Laburnum Avenue  
Richmond, VA 23231  
(804) 222-7744  
  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital  
Henrico Doctors’ Hospital - Forest Campus

Sherrard, John, MD  
Pro #: 10110669  
Who's Who Family Practice Center, PC  
2401 West Leigh Street Suite 200  
Richmond, VA 23220  
(804) 325-8801  
  
Hospital Affiliations:  
Bon Secours Sports Medicine & Primary Care
Primary Care Physicians - Tier 1

Thakor, Bhavnita, MD
Prov#: 10120467
Patient First
12 N Thompson St
Richmond, VA 23221
(804) 359-1317

Toombs, Laura C., MD
Prov#: 10201779
Patient First - Parham
2205 N Parham Road
Richmond, VA 23229
(804) 270-2150

Tucker Jr., William T., MD
Prov#: 10016439
Primary Care of West End LLC
7660 E Parham Road MOB 1 Suite 103
Richmond, VA 23294
(804) 282-2580

Turner, Banks, MD
Prov#: 43425
Drs. Wickham, Titus, Hendrix, Turner & Pahle
2201 Grove Ave
Richmond, VA 23220
(804) 359-1351

Veec, Thomas H., MD
Prov#: 10103979
Richmond Family Practice
425 North Boulevard
Richmond, VA 23220
(804) 358-0248

Veet, Marcee, DO
Prov#: 10191150
Chesterfield Family Practice Center, PC
2500 Pocoshock Place
Richmond, VA 23235
(804) 276-9305

Villar-Gosalvez, Carlos S., MD
Prov#: 10159196
The Daily Planet Inc
517 West Grace Street
Richmond, VA 23220
(804) 783-2505

Walker, Dawchenherry P., MD
Prov#: 10201481
Columbia Healthcare of Central Virginia, Inc
2621 Grove Ave
Richmond, VA 23220
(804) 254-5403

Walton, George Clifford, MD
Prov#: 69629
Patient First
8110 Midlothian Tpke
Richmond, VA 23235
(804) 968-5700

Wein, Barry K., MD
Prov#: 10111949
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors Hospital - Retreat Campus
St. Mary's Hospital

Westin, Margaret C., MD
Prov#: 60510
Family Physicians of Ridgefield
1800 Glenridge Dr Ste 110
Richmond, VA 23226
(804) 288-1800

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Wisman, Erin, MD
Prov#: 10182922
VIRGINIA LEAGUE FOR PLANNED PARENTHOOD
201 N Hamilton Street
Richmond, VA 23221
(804) 355-4358

Woodward, Patrick M., MD
Prov#: 10002407
Virginia Physicians, Inc.
6900 Forest Avenue Suite 300
Richmond, VA 23230
(804) 545-9529

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Yan, Xiaohua, MD
Prov#: 10142994
Patient First
3370 Pump Road
Richmond, VA 23233
(804) 360-8061

Zelenak, James K., MD
Prov#: 79280
Richmond Primary Care
7110 Forest Ave Ste 201
Richmond, VA 23227
(804) 288-3001

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Primary Care Physicians - Tier 2

Providence Health System - Martinsville

Barrino, Alethea, MD
Prov#: 10184111
Bassett Family Practice
4944 Greensboro Road
Martinsville, VA 24112
(540) 400-6676

Hospital Affiliations:
Providence Health System - Martinsville

Billups, Matthews, DO
Prov#: 10023720
Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Martinsville, VA 24112
(540) 725-7800

Hospital Affiliations:
Carilion Roanoake Memorial Hospital
Lewis-Gale Medical Center

Bell, Victor H., MD
Prov#: 10105706
Kuumba Community Health and Wellness Center Inc (CCNV)
3716 Mehrose Avenue NW
Roanoke, VA 24017
(540) 362-0360

Hospital Affiliations:
Carilion Roanoake Memorial Hospital
Lewis-Gale Medical Center

Bissell, Angela D., MD
Prov#: 10183151
Bassett Family Practice
4944 Greensboro Road
Martinsville, VA 24112
(540) 400-6676

Hospital Affiliations:
Providence Health System - Martinsville
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<th>Phone</th>
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<td>Chen, Eric Hong-Wen, MD</td>
<td>2145 Mt Pleasant Blvd Roanoke, VA 24014</td>
<td>(540) 427-9200</td>
<td>Hospital Affiliations: Carroll Roanoke Memorial Hospital</td>
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<td>Knisely, Thomas, DO</td>
<td>10031183</td>
<td>6415 Peters Creek Rd, Roanoke, VA 24019 (540) 265-5500</td>
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<tr>
<td>Kullman, Kevin Charles, MD</td>
<td>93567</td>
<td>Cave Spring Family Practice, PC 4901 Brambleton Ave, Roanoke, VA 24018 (540) 777-4000</td>
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<td>Kelleher, Kevin Charles, MD</td>
<td>10095547</td>
<td>Carilion Healthcare Corporation 6415 Peters Creek Rd, Roanoke, VA 24019 (540) 265-5500</td>
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<td>Kinsley, Thomas, DO</td>
<td>10031243</td>
<td>Carilion Family Medicine-Roanoke-Salem 1314 Peters Creek Road, Roanoke, VA 24017 (540) 562-5700</td>
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<td>Lambert, Reed R., MD</td>
<td>1003126</td>
<td>Carillion Healthcare Corporation 2900 Lamb Circle Suite 201, Roanoke, VA 24073</td>
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<tr>
<td>Lucas, Robert S., MD</td>
<td>10028129</td>
<td>Boxley Hill Clinic, Inc. 5501 Williamson Rd, Roanoke, VA 24012 (540) 342-1616</td>
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<tr>
<td>Luckay, Kenneth R., DO</td>
<td>10011586</td>
<td>Luckay Doc PLLC 4515 Brambleton Ave SW Suite B, Roanoke, VA 24018 (540) 777-6807</td>
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<tr>
<td>Leong, Apollo Y., MD</td>
<td>10148199</td>
<td>Carillion Healthcare Corporation 1818 Electric Rd, Roanoke, VA 24018 (540) 772-8950</td>
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<tr>
<td>Liebrecht, Kristin Anne, MD</td>
<td>10031438</td>
<td>Carillion Family Medicine 615 McDowell Avenue, Roanoke, VA 24016 (540) 224-3870</td>
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<td>Llavor, Jo-Anne A., MD</td>
<td>10061292</td>
<td>Carillion Healthcare Corporation 3369 Colonial Ave, Roanoke, VA 24018 (540) 772-0555</td>
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<td>Misicko, Nancy, MD</td>
<td>10031451</td>
<td>Carillion Family Medicine-Roanoke-Salem 101 Elm Avenue, Roanoke, VA 24013 (540) 985-8465</td>
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<td>Patten, Robert, MD</td>
<td>10031183</td>
<td>Carillion Healthcare Corporation 3707 Brambleton Ave SW Suite 2, Roanoke, VA 24018 (540) 725-7800</td>
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<tr>
<td>Pearlman, William Glenn, MD</td>
<td>10033770</td>
<td>Carillion Emergency Services Inc 1906 Belleview Avenue, Roanoke, VA 24014 (540) 981-7000</td>
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Optima Direct Network Providers 5/2019
Primary Care Physicians - Tier 1

Perkins, Karen E., MD  
Prov#: 10098062  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700  
2145 N Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200  
66 Bellevue Ave  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
CARILION Roanoke Memorial Hospital  

Sadiq, Saima, MD  
Prov#: 10098062  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700  
2145 N Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200  
66 Bellevue Ave  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
BEDFORD MEMORIAL HOSPITAL  
CARILION GILES COMMUNITY HOSPITAL  
CARILION NEW RIVER VALLEY MEDICAL CENTER  

Schmidt-Dalton, Tarin, MD  
Prov#: 10031601  
Carilion Healthcare Corporation  
3707 Brambleton Ave SW Ste 2  
Roanoke, VA 24018  
(540) 725-7800  
Speaker, Marcus, MD  
Prov#: 10031605  
Carilion Family Medicine-Roanoke-Salem  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
2145 Mt Pleasant Blvd  
Roanoke, VA 20014  
(540) 427-3237  
Stavola, Anthony, MD  
Prov#: 10031607  
Carilion Healthcare Corporation  
6415 Peters Creek Rd  
Roanoke, VA 20019  
(540) 265-5500  
Stewart, Jonathan D., MD  
Prov#: 10192881  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
2145 Mt Pleasant Blvd  
Roanoke, VA 20014  
(540) 427-9200  
Stockburger, Robert W., MD  
Prov#: 10161410  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 20013  
(540) 985-8465  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Sanjaram, Vishalakshi K., MD  
Prov#: 10207666  
Lewis-Gale Physicians, LLC  
4910 Valley View Blvd  
Roanoke, VA 24012  
(540) 265-4210  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Sweeney, Nina, MD  
Prov#: 10086191  
Roanoake Partners In Health  
3239 Electric Road Ste A  
Roanoke, VA 20018  
(540) 904-7912  
Sweet, Mary, MD  
Prov#: 10031630  
Carilion Family Medicine-Roanoke-Salem  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
2145 Mt Pleasant Blvd  
Roanoke, VA 20014  
(540) 427-3237  
Thompson, James E., MD  
Prov#: 10098807  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
2145 Mt Pleasant Blvd  
Roanoke, VA 20014  
(540) 427-9200  
Tu, Priscilla, DO  
Prov#: 10133413  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 20017  
(540) 562-5700  
2145 Mt Pleasant Blvd  
Roanoke, VA 20014  
(540) 427-9200  
Watts, Earl M., DO  
Prov#: 10031659  
Carilion Healthcare Corporation  
1009 Old Country Club Road  
Roanoke, VA 20017  
(540) 309-9895  
Whiting, Jessica Renee, DO  
Prov#: 10148243  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 20018  
(540) 591-9456  
Hospital Affiliations:  
CARILION Roanoke Memorial Hospital  
Whitney, William, MD  
Prov#: 10031666  
Carilion Healthcare Corporation  
3369 Colonial Ave  
Roanoke, VA 24018  
(540) 772-0555  

Rocky Mount

Ateienza, Vergel, MD  
Prov#: 10000641  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 483-5277  
Prov#: 14847  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800  
Benko, Frances B., DO  
Prov#: 10206615  
Carilion Healthcare Corporation  
796 Old Franklin Turnpike  
Rocky Mount, VA 24151  
(540) 483-5168  
Bohon, Sonya, MD  
Prov#: 95255  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 483-5277  
Prov#: 10017937  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800  
Castro, Eduardo, MD  
Prov#: 10133239  
Cornerstone Complete Care, Inc.  
45 Market Place Dr Ste 102  
Rocky Mount, VA 24151  
(540) 483-3678  
Delnieck, Peter J., MD  
Prov#: 1014792  
Cornerstone Complete Care, Inc.  
45 Market Place Dr Ste 102  
Rocky Mount, VA 24151  
(540) 483-3678  
Dulaney, Kimberly, MD  
Prov#: 10030422  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800
### Primary Care Physicians - Tier 1

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<tr>
<th>City</th>
<th>Physician Name</th>
<th>Provider Number</th>
<th>Affiliation Hospital</th>
<th>Address</th>
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<tr>
<td>Ruckersville</td>
<td>Bostic, Brooke A., MD</td>
<td>45283</td>
<td>Sentara Greene Family Medicine</td>
<td>410 Stoneridge Dr South Suite 100</td>
<td>(434) 654-1850</td>
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<tr>
<td></td>
<td>Laffond, William T., MD</td>
<td>45801</td>
<td>Sentara Greene Family Medicine</td>
<td>140 Stoneridge Dr South Suite 100</td>
<td>(434) 654-1850</td>
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<td></td>
<td>Rice, Hannah R., MD</td>
<td>10168817</td>
<td>Sentara Greene Family Medicine</td>
<td>140 Stoneridge Dr South Suite 100</td>
<td>(434) 654-1850</td>
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<tr>
<td></td>
<td>Taylor, Marsha Lynn, MD</td>
<td>10014020</td>
<td>Sentara Greene Family Medicine</td>
<td>140 Stoneridge Drive Suite 100</td>
<td>(434) 654-1850</td>
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<td>Shahady, Gertrude, MD</td>
<td>69082</td>
<td>Rustburg Family Practice</td>
<td>925 Village Hwy</td>
<td>(434) 323-7367</td>
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<td>Horney, Wayne D., MD</td>
<td>10178199</td>
<td>CARILION MEDICAL CENTER</td>
<td>2102 West Main Street</td>
<td>(540) 375-0600</td>
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<td>Jones, Ezekiel N., DO</td>
<td>10090065</td>
<td>Physician Associates of Virginia, PC</td>
<td>431 Apperson Drive</td>
<td>(540) 375-3790</td>
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<td>Priddy, John W., MD</td>
<td>10149884</td>
<td>CARILION MEDICAL CENTER</td>
<td>2102 West Main Street</td>
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<td>Polverino, Edwin J., DO</td>
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<td>CARILION MEDICAL CENTER</td>
<td>2102 West Main Street</td>
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<td>Stocksburg, Robert W., MD</td>
<td>793-386-1101</td>
<td>2102 W Main St</td>
<td>Salem</td>
<td>VA</td>
<td>24370</td>
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<tr>
<td>Breslow, Kristin O., MD</td>
<td>793-386-1101</td>
<td>30 West Main Street</td>
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<td>Counts, Melody Lou, MD</td>
<td>793-386-1101</td>
<td>308 West Main Street</td>
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<td>Parikh, Nipuno O., MD</td>
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<td>Desrochers, Danielle, MD</td>
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**PROVIDER-LEVEL INFORMATION**

- **Stockburger, Robert W., MD**
  - **Address**: 2102 W Main St, Salem, VA 24370
  - **Phone**: (540) 375-0600
  - **Hospital Affiliations**: Carilion Giles Community Hospital, Carilion New River Valley Medical Center, Carilion Roanoke Memorial Hospital

- **Breslow, Kristin O., MD**
  - **Address**: 308 West Main Street, Shenandoah, VA 22845
  - **Phone**: (540) 652-9100
  - **Hospital Affiliations**: Wythe County Community Hospital

- **Counts, Melody Lou, MD**
  - **Address**: 308 West Main Street, Shenandoah, VA 22845
  - **Phone**: (540) 652-1207
  - **Hospital Affiliations**: Page Memorial Hospital Inc

- **Lee, R. David, MD**
  - **Address**: 516 B First St, Shenandoah, VA 22849
  - **Phone**: (540) 652-4200
  - **Hospital Affiliations**: Page Memorial Hospital Inc

- **Subuhi, Tabassum, MD**
  - **Address**: 308 West Main Street, Shenandoah, VA 22845
  - **Phone**: (540) 652-4200
  - **Hospital Affiliations**: Wythe County Community Hospital

- **Joyce, Richard A., MD**
  - **Address**: 295 East Main Street, Shenandoah, VA 22849
  - **Phone**: (540) 652-9100
  - **Hospital Affiliations**: Page Memorial Hospital Inc

- **Dums, Robert M., MD**
  - **Address**: 920 Roanoke Rd, Shawsville, VA 24162
  - **Phone**: (540) 268-1400
  - **Hospital Affiliations**: Carilion Giles Community Hospital, Carilion Roanoke Memorial Hospital

- **Hemphill, Julia, MD**
  - **Address**: 920 Roanoke Rd, Shawsville, VA 24162
  - **Phone**: (540) 268-1400
  - **Hospital Affiliations**: Carilion Giles Community Hospital, Carilion Roanoke Memorial Hospital

- **Merten, John R., MD**
  - **Address**: 920 Roanoke Rd, Shawsville, VA 24162
  - **Phone**: (540) 268-1400
  - **Hospital Affiliations**: Carilion Giles Community Hospital, Carilion Roanoke Memorial Hospital

- **Shawsville**
  - **Phone**: (540) 268-1400
  - **Hospital Affiliations**: Carilion Giles Community Hospital, Carilion Roanoke Memorial Hospital

- **Scottsville**
  - **Phone**: (540) 652-9100
  - **Hospital Affiliations**: Wythe County Community Hospital

- **Saltville**
  - **Phone**: (540) 652-1207
  - **Hospital Affiliations**: Wythe County Community Hospital

- **Shenandoah**
  - **Phone**: (540) 652-9100
  - **Hospital Affiliations**: Wythe County Community Hospital

- **Fajardo, Arthur B., MD**
  - **Address**: 2232 Wilborn Ave, South Boston, VA 24592
  - **Phone**: (434) 517-3539
  - **Hospital Affiliations**: Halifax Regional Hospital

- **Goodnight, Robert H., MD**
  - **Address**: 1627 Seymour Drive, South Boston, VA 24592
  - **Phone**: (434) 572-9355
  - **Hospital Affiliations**: Bedford Memorial Hospital, Centra Lynchburg General Hospital, Central Southside Community Hospital

- **Hostetter, Joseph D., MD**
  - **Address**: 3401 Old Halifax Road Suite E, South Boston, VA 24592
  - **Phone**: (434) 575-1103
  - **Hospital Affiliations**: Bedford Memorial Hospital, Centra Lynchburg General Hospital, Central Southside Community Hospital

- **Ketchersid, Marie, MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Mattis, Fallon A., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Parkh, Nipuno O., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Patel, Beena N., DO**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Halifax Regional Hospital

- **Stokes, Brenda L., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Halifax Regional Hospital, Sentara Halifax Family Medicine, 101 Aubreys Loop, South Boston, VA 24592

- **Deepak, J. S., MD**
  - **Address**: 3401 Old Halifax Road Suite E, South Boston, VA 24592
  - **Phone**: (434) 575-1103
  - **Hospital Affiliations**: Halifax Regional Hospital, Sentara Halifax Family Medicine, 101 Aubreys Loop, South Boston, VA 24592

- **Fajardo, Arthur B., MD**
  - **Address**: 2232 Wilborn Ave, South Boston, VA 24592
  - **Phone**: (434) 517-3539
  - **Hospital Affiliations**: Halifax Regional Hospital

- **Goodnight, Robert H., MD**
  - **Address**: 1627 Seymour Drive, South Boston, VA 24592
  - **Phone**: (434) 572-9355
  - **Hospital Affiliations**: Bedford Memorial Hospital, Centra Lynchburg General Hospital, Central Southside Community Hospital

- **Hostetter, Joseph D., MD**
  - **Address**: 3401 Old Halifax Road Suite E, South Boston, VA 24592
  - **Phone**: (434) 575-1103
  - **Hospital Affiliations**: Bedford Memorial Hospital, Centra Lynchburg General Hospital, Central Southside Community Hospital

- **Ketchersid, Marie, MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Mattis, Fallon A., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Parkh, Nipuno O., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Centra Southside Community Hospital

- **Patel, Beena N., DO**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Halifax Regional Hospital, Sentara Halifax Family Medicine, 101 Aubreys Loop, South Boston, VA 24592

- **Stokes, Brenda L., MD**
  - **Address**: 101 Aubreys Loop, South Boston, VA 24592
  - **Phone**: (434) 517-3879
  - **Hospital Affiliations**: Halifax Regional Hospital, Sentara Halifax Family Medicine, 101 Aubreys Loop, South Boston, VA 24592
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<th>South Chesterfield</th>
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<td>Prods#: 10174386</td>
<td>Southside Primary Care 20901 Chesterfield Ave South Chesterfield, VA 23803 (804) 526-2500</td>
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<td>Hospital Affiliations:</td>
<td>South Regional Medical Center</td>
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<td>VCU Community Memorial Hospital</td>
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<td>Matthew, Michael A., MD</td>
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<td>NMG Affiliate Practice I, LLC 25055 Riding Plaza Suite 220 South Riding, VA 20152 (703) 722-5840</td>
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<td>Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center</td>
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<td>Min, James B., MD</td>
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<td>Szymigiel, Gabriel T., MD</td>
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<td>Stone Mountain Health Services 241 Monarch Road St. Charles, VA 24282 (276) 383-4428</td>
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<td>Hospital Affiliations: Mary Washington Hospital (MWH)</td>
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**Optima Direct Network Providers 5/2019**

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**St. Paul**

- **Harman, Nicholas, DO**
  - Prods#: 110168335
  - C Health, PC
  - 16419 Wise Street St. Paul, VA 24283 (276) 783-0000

- **Phillips, Paul A., DO**
  - Prods#: 110191693
  - C Health, PC
  - 16419 Wise Street St. Paul, VA 24283 (276) 783-0000

- **Wess, Kevin L., DO**
  - Prods#: 110159827
  - C Health, PC
  - 16419 Wise Street St. Paul, VA 24283 (276) 783-0000

---

**St. Stephens Church**

- **Gwathmey, Jr., William B., MD**
  - Prods#: 21743
  - King and Queen Family Practice 142 Smithfield Rd St. Stephens Church, VA 23148 (804) 769-0415

  - Route 360 & 631 St. Stephens Church, VA 23148 (804) 769-0103

- **Hospital Affiliations: Riverside Tappahannock Hospital**

- **Gwathmey, Pamela L., MD**
  - Prods#: 11000353
  - King and Queen Family Practice 142 Smithfield Rd St. Stephens Church, VA 23148 (804) 769-0415

  - Route 360 & 631 St. Stephens Church, VA 23148 (804) 769-0103

- **Hospital Affiliations: Riverside Tappahannock Hospital**

---

**Stafford**

- **Holland, Sonya, MD**
  - Prods#: 110023750
  - Rappahannock Family Healthcare, Inc. 422 Garrisonville Rd Ste 102 Stafford, VA 22554 (540) 657-4800

  - Hospital Affiliations: Stafford Regional Hospital (MWH)
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<th>Primary Care Physicians - Tier 1</th>
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<td><strong>Kahn, Enamul, MD</strong>&lt;br&gt;Prov#: 10026503&lt;br&gt;NS Family Medical Center Inc.&lt;br&gt;237 Garrisonville Road Suite 101&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 659-0550</td>
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<td><strong>Kailindhi, Kavita, MD</strong>&lt;br&gt;Prov#: 10134900&lt;br&gt;Centre Pointe Health Specialties PLC&lt;br&gt;125 Hospital Center Boulevard Suite 315&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 242-4141</td>
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<td><strong>Kim, Michael, MD</strong>&lt;br&gt;Prov#: 10105879&lt;br&gt;Patient First&lt;br&gt;60 Prosperity Lane&lt;br&gt;Stafford, VA 22556&lt;br&gt;(540) 658-2811</td>
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<td><strong>Lee, R. David, MD</strong>&lt;br&gt;Prov#: 52553&lt;br&gt;Valley Health Page Memorial Hospital&lt;br&gt;325 Medical Drive&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 778-4259</td>
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<td><strong>Lee, R. David, MD</strong>&lt;br&gt;Prov#: 52553&lt;br&gt;Valley Health Page Memorial Hospital&lt;br&gt;325 Medical Drive&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 778-4259</td>
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<td><strong>Lee, R. David, MD</strong>&lt;br&gt;Prov#: 52553&lt;br&gt;Valley Health Page Memorial Hospital&lt;br&gt;325 Medical Drive&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 778-4259</td>
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<td><strong>Lough, Andrea Rhea, DO</strong>&lt;br&gt;Prov#: 1085010&lt;br&gt;Patient First&lt;br&gt;60 Prosperity Lane&lt;br&gt;Stafford, VA 22556&lt;br&gt;(540) 658-2811</td>
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<td><strong>Marlow, Cindy, MD</strong>&lt;br&gt;Prov#: 58200&lt;br&gt;Colonial Internal Medicine&lt;br&gt;392 Harrisonville Road Suite 106&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 374-5599</td>
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<td><strong>Read, Curtis, DO</strong>&lt;br&gt;Prov#: 10187871&lt;br&gt;Patient First&lt;br&gt;60 Prosperity Lane&lt;br&gt;Stafford, VA 22556&lt;br&gt;(540) 658-2811</td>
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<td><strong>Reid, Yolanda G., MD</strong>&lt;br&gt;Prov#: 10211969&lt;br&gt;Prairihood Medical Center&lt;br&gt;95 Dun Dr&lt;br&gt;Stafford, VA 22556&lt;br&gt;(540) 659-2111</td>
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<td><strong>Schuette, Joseph, MD</strong>&lt;br&gt;Prov#: 10718&lt;br&gt;88 Pahreahamock Family Physicians&lt;br&gt;422 Garrisonville Rd Ste 102&lt;br&gt;Stafford, VA 22554&lt;br&gt;(540) 657-4800</td>
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<tr>
<td><strong>Stony Creek</strong></td>
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Primary Care Physicians - Tier 1

Strasburg

Dressler, William C., MD
Pro#: 10211536
Valley Health Shenandoah
Memorial Hosp Shen Valley Fam Med
33674 Old Valley Pike
Strasburg, VA 22657
(540) 465-3751

Hospital Affiliations:
Berkeley Medical Center (City Hospital, Inc.)
Shenandoah Memorial Hospital Inc

Holthus, Thomas E., DO
Pro#: 52379
Valley Health Shenandoah
Memorial Hosp Shen Valley Fam Med
116 Founders Way STE 2
Strasburg, VA 22657
(540) 465-3235
33674 Old Valley Pike
Strasburg, VA 22657
(540) 465-3751

Rosenfeld, Shyama, MD
Pro#: 10203023
Valley Health Shenandoah
Memorial Hosp Shen Valley Fam Med
116 Founders Way STE 2
Strasburg, VA 22657
(540) 465-3235

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Patrick County
Hospital Affiliations:
Stuart, VA 24171
18688 Jeb Stuart Hwy
County Prov#: 10173029
(276) 694-4466
18877 Jeb Stuart Highway
Patrick County Family Practice, PC
Prov#: 94005
(276) 694-4466

Stuarts Draft

Danner, James, DO
Pro#: 10088410
Pioneer Family Medical of Patrick County
835 Woodland Dr
Stuart, VA 24171
(276) 694-6677

Hospital Affiliations:
Centra Lynchburg General Hospital

Kramer, Ralph, MD
Pro#: 10083838
Patrick County Family Practice, PC
18877 Jeb Stuart Highway
Stuart, VA 24171
(276) 694-4466

Kwiatkowski, Timothy, MD
Pro#: 10193057
Patrick County Family Practice, PC
18877 Jeb Stuart Highway
Stuart, VA 24171
(276) 694-4466

Stuarts Draft

Damenow IV, George P., MD
Pro#: 10120343
University of Virginia Physicians Group
24 Gloucester Road
Stuarts Draft, VA 24477
(540) 337-3370

Hospital Affiliations:
University of Virginia Medical Center

Forbes, III, John, MD
Pro#: 45817
VA Stuarts Draft Family Practice
24 Gloucester Place
Stuarts Draft, VA 24477
(540) 337-3370

Hospital Affiliations:
Augusta Medical Center

Hatter, Dennis L., MD
Pro#: 45818
VA Stuarts Draft Family Practice
24 Gloucester Place
Stuarts Draft, VA 24477
(540) 337-3370

Hospital Affiliations:
Augusta Medical Center

Hostetter, Samuel A., MD
Pro#: 41789
VA Stuarts Draft Family Practice
24 Gloucester Place
Stuarts Draft, VA 24477
(540) 337-3370

Hospital Affiliations:
Augusta Medical Center

More, Ann M, MD
Pro#: 10192700
University of Virginia Physicians Group
24 Gloucester Road
Stuarts Draft, VA 24477
(540) 337-3370

Hospital Affiliations:
University of Virginia Medical Center

Suffolk

Barakat, Serena, MD
Pro#: 31923
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

Berhane, Menna, MD
Pro#: 10205458
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Rd Ste 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Bester, Luciana D., MD
Pro#: 10167410
NoCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Carter, Eboni, MD
Pro#: 78082
Bayview Physician Services, PC
5622 Bennetts Pasture Rd
Suffolk, VA 23435
(757) 484-3472

Hospital Affiliations:
Chesapeake Regional Medical Center

Crawford-Harris, Paula M, MD
Pro#: 10202368
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Crisostomo, Christen, MD
Pro#: 10025299
Sentara Family Medicine Physicians (SMG)
2401 Godwin Blvd Ste 3
Suffolk, VA 23434
(757) 923-9660

Hospital Affiliations:
Sentara Obici Hospital

Dowd, Christopher, DO
Pro#: 10162210
Christopher Dowd DO PC
5849 Harbour View Blvd Ste 250
Suffolk, VA 23434
(757) 514-3007

Hospital Affiliations:
Sentara Obici Hospital

Formato, Erica L., MD
Pro#: 10208648
Sentara Family Medicine Physicians
2760 Godwin Blvd, Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Germseid, Megan, DO
Pro#: 10152480
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Hospital Affiliations:
Sentara Obici Hospital

Goins, Benjamin M., MD
Pro#: 10099547
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

Graves, Nikki, MD
Pro#: 10025769
Norsemond Suffolk Family Practice
2897 Bridge Rd Ste D
Suffolk, VA 23435
(757) 484-7248

Hospital Affiliations:
Bon Secours Maryview Medical Center

Hakeem, Asima, MD
Pro#: 10169534
Sentara Family Medicine Physicians
(SMG)
3920 A Bridge Rd Ste 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Hall, Dena R., MD
Pro#: 55468
Sentara Family Medicine Physicians
(SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Jackson, William G., MD
Pro#: 41025
Sentara Family Medicine Physicians
(SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Kapur, Anand, MD
Pro#: 10052404
Harbour View Family Practice
(Maryview Hospital Inc)
5818 Harbour View Blvd Ste 250
Suffolk, VA 23435
(757) 673-5890

Hospital Affiliations:
Bon Secours Maryview Medical Center

Kazemi, Siyamak, MD
Pro#: 10032513
Sentara Family Medicine Physicians
(SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Koduri, Prashanthi B., MD
Pro#: 10010112
Sentara Family Medicine Physicians
(SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Optima Direct Network Providers 5/2019
Primary Care Physicians - Tier 1

Leadbeater, Jeannine, MD
Prov#: 41143
Bayview Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Hospital Affiliations:
Bon Secours Maryview Medical Center

Madison, Asena L., MD
Prov#: 10128309
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-5360

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Mansfield, Erika L., MD
Prov#: 10019632
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 549-0222

Hospital Affiliations:
Eagle Harbor Medical Associates
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 673-5890

Mapanao, Vivian, MD
Prov#: 10036330
Bennetts Creek Family Medicine
(Bayview Physician Services PC)
5622 Bennetts Pasture Rd
Suffolk, VA 23435
(757) 484-3472

Morgan, Mohit, MD
Prov#: 10017072
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Mugaisi, Hesed N, MD
Prov#: 10143313
Bon Secours Suffolk Primary Care
148 Bennetts Way Ste 107
Suffolk, VA 23435
(757) 738-1375

Hospital Affiliations:
Bon Secours Maryview Medical Center

O'Rourke, Emily, MD
Prov#: 1013241
Bayview Physician Services, PC
2401 Godwin Blvd Ste 3
Suffolk, VA 23434
(757) 923-9660

Pascual, Margie P., MD
Prov#: 10099550
Harbour View Family Practice
(Maryview Hospital Inc)
5818 Harbour View Blvd Ste 250
Suffolk, VA 23435
(757) 673-5890

Hospital Affiliations:
Bon Secours Maryview Medical Center

Rash, Karen D., MD
Prov#: 42435
Nansemond Suffolk Family Practice
2897 Bridge Rd Ste D
Suffolk, VA 23434
(757) 484-7248

Hospital Affiliations:
Bon Secours Maryview Medical Center

Shah, Meghna R., MD
Prov#: 10120374
Harbour View Family Practice
(Maryview Hospital Inc)
5818 Harbour View Blvd Ste 250
Suffolk, VA 23435
(757) 673-5890

Hospital Affiliations:
Bon Secours Maryview Medical Center

Smith, Eddie L., MD
Prov#: 10119690
Eagle Harbor Medical Associates
(Maryview Hospital)
648 Bennetts Way Suite 107
Suffolk, VA 23435
(757) 738-1375

Stockman, Lynne W., DO
Prov#: 10010120
Bayview Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Hospital Affiliations:
Sentara Obici Hospital

Stone, Kimberly J., MD
Prov#: 10017463
Eagle Harbor Medical Associates
(Maryview Hospital)
5818 Harbour View Blvd Suite 250
Suffolk, VA 23435
(757) 673-5890

VanHorn, Marilyn, MD
Prov#: 10049267
Bayview Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Hospital Affiliations:
John Randolph Medical Center

Vaughn, Lindsey, MD
Prov#: 41027
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Waddy, James M., MD
Prov#: 10010116
Sentara Family Medicine Physicians
- SMG
3920 Bridge Rd Bldg A Ste 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Waller, David, MD
Prov#: 10095539
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

4868 Bridge Road
Suffolk, VA 23435
(757) 483-7100

Hospital Affiliations:
Sentara Obici Hospital

Warner, Terri E., MD
Prov#: 10183648
NowCare Medical Associates
Bayview Physician Services (PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5130

Hospital Affiliations:
Southampton Memorial Hospital

Washington, Karen J., MD
Prov#: 10013652
Bayview Physician Services, PC
2401 Godwin Blvd Ste 2
Suffolk, VA 23434
(757) 923-9660

Sutherland

Phipps, Jr., William J., MD
Prov#: 45881
Sutherland Family Practice Center
5609 Claiborne Rd
Sutherland, VA 23885
(804) 265-5211

Hospital Affiliations:
John Randolph Medical Center

Southall, Kirby D., MD
Prov#: 45882
Sutherland Family Practice Center
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(804) 265-5211

Hospital Affiliations:
John Randolph Medical Center

Tappahannock

Cook, Patricia, MD
Prov#: 10204176
Tappahannock Primary Care
1362 Tappahannock Blvd
Tappahannock, VA 22560
(804) 443-5378

Rose, Robert, MD
Prov#: 10199727
Tappahannock Primary Care
1362 Tappahannock Blvd
Tappahannock, VA 22560
(804) 443-5378

Hospital Affiliations:
Sentara Obici Hospital

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Tsui, Allen, MD
Prov#: 10109040
Tappahannock Primary Care
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Tappahannock, VA 22560
(804) 443-5378

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Riverside Tappahannock Hospital

Tazewell

Amick, Robert L., MD
Prov#: 10104816
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Carilion Roanoke Memorial Hospital

Fonseca, Olimpo Fernando, MD
Prov#: 10136880
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
141 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8700

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Goss, Denny R., MD
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CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Horney, Wayne D., MD
Prov#: 10178199
CARILION MEDICAL CENTER
141 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Liebrecht, Kristin Anne, MD
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CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8700

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Riverside Tappahannock Hospital
Primary Care Physicians - Tier 1

VCU Community Memorial Hospital

Llavore, Jo-Anne A., MD
Pro#: 10197862
CARILION MEDICAL CENTER
388 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Stonewall Jackson Hospital
Carilion Tazewell Community Hospital

Stockburger, Robert W., MD
Rebokovich, Kelly N., DO
Pro#: 10151718
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
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Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

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CARILION MEDICAL CENTER
141 Ben Bolt Avenue
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(276) 988-8850

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Shrader, William Eric, MD
W. Eric Shrader, MD PC
140 Campbell Lane
Tazewell, VA 24651
(276) 979-1323

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

Clinch Valley Medical Center

Stockburger, Robert W., MD
Pro#: 10161410
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Velena, Samson Salazar, MD
Pro#: 10073659
CARILION MEDICAL CENTER
388 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8700

Vansant

Owens, Dia P., MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
1721 Lovers Gap Road
Vansant, VA 24656
(276) 979-7081

Hospital Affiliations:
Carilion Tazewell Community Hospital

Troutdale

Parker, David G., DO
Pro#: 10174688
Grayson Highlands Clinic Corp
6436 Troutdale Highway
Troutdale, VA 24378
(276) 579-2322

Hospital Affiliations:
Smyth County Community Hospital

Troutville

Burri, Sarat C., MD
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Carilion Healthcare Corporation
37 Laymantown Rd
Troutville, VA 24175
(540) 977-1436

Cieraszynski, Laura Byrne, DO
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Carilion Roanoke Memorial Hospital

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Carilion Healthcare Corporation
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Urbanna

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TPMG-Urbanna Family Practice
5399 Old Virginia Street
Urbanna, VA 23175
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Verona

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(540) 248-1006

Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Carilion Giles Community Hospital

Victoria

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Centra Medical Group (Centra Health, Inc.)
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(434) 656-5555

Hospital Affiliations:
Centra Southside Community Hospital

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Southern Dominion Health Systems Inc
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(434) 696-2165

Vansant

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Carilion Tazewell Community Hospital

Vienna

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(703) 255-9100

Hospital Affiliations:
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Inova Fairfax Hospital

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Inova Fairfax Hospital

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Inova Fairfax Hospital
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Vinton
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Prox#: 10148139  
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(540) 983-6700

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(540) 983-6700

Orr, Kimberly R., DO  
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(540) 983-6700

Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital

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1024 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-2500

Hospital Affiliations:  
Sentara Virginia Beach General  
Hospital

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Asuncion, Christopher W., MD  
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826 Healthy Way  
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(757) 705-5265

Hospital Affiliations:  
Sentara Virginia Beach General  
Hospital

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(757) 395-6900

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5320 Providence Rd Ste 301  
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(757) 413-7600

Hospital Affiliations:  
Sentara Princess Anne Hospital

Bester, Luciana D., MD  
Prox#: 10187186  
Holland Road Family Practice  
(TPMG)  
351 Edwin Drive Suite 102  
Virginia Beach, VA 23462  
(757) 499-5550

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General  
Hospital

Blakwood, Robert, MD  
Prox#: 56071  
Family Medicine Center  
1201 Lake James Dr Ste 200  
Virginia Beach, VA 23464  
(757) 523-0022

Hospital Affiliations:  
Sentara Virginia Beach General  
Hospital

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Prox#: 10134619  
Bayview Physician Services, PC  
1168 First Colonial Rd  
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(757) 352-2020

Britt, Charlene M., MD  
Prox#: 12606  
Sentara Family Medicine Physicians/Primary Care Walk-In  
(SMG)  
816 Independence Blvd Ste 100  
Virginia Beach, VA 23455  
(757) 363-6800

Burkholder, Ashley A., DO  
Prox#: 10208657  
Sentara Family Medicine Physicians  
(SMG)  
1024 First Colonial Rd Ste 104  
Virginia Beach, VA 23454  
(757) 395-2500

Hospital Affiliations:  
Sentara Virginia Beach General  
Hospital

Byman, Eric, MD  
Prox#: 10001560  
Holland Road Family Practice  
(TPMG)  
4501 N Witchduck Road Suite B  
Virginia Beach, VA 23455  
(757) 333-7625

Hospital Affiliations:  
Sentara Bayside Hospital

Cage, Molly, MD  
Prox#: 10185019  
Legacy Care, LLC  
2900 Sabre Street Suite 300  
Virginia Beach, VA 23452  
(757) 222-0300

Hospital Affiliations:  
Bon Secours St. Francis Medical  
Center  
Bon Secours St. Marys Hospital  
Chippensham Medical Center/  
Johnston-Willis Hospital  
John Randolph Medical Center

Callahan, Robert D., MD  
Prox#: 35534  
Sentara Family Medicine Physicians  
3745 Holland Rd  
Virginia Beach, VA 23452  
(757) 395-1700

Hospital Affiliations:  
Sentara Virginia Beach General  
Hospital  
Sentara Norfolk General Hospital

Optima Direct Network Providers 5/2019
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<tr>
<th>Name</th>
<th>Affiliation</th>
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<tr>
<td>Chai, Shirley S., MD</td>
<td>Sentara Family Medicine Physicians (SMG)</td>
<td>(757) 395-2500</td>
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<tr>
<td>Clarke, Mark G., MD</td>
<td>Sentara Family Medicine Physicians (SMG)</td>
<td>(757) 395-2500</td>
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<tr>
<td>Chakrabortty, Saghana B., MD</td>
<td>Legacy Care, LLC</td>
<td>(757) 463-5240</td>
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<tr>
<td>Charlton, William J., MD</td>
<td>First Colonial Family Practice and Urgent Care Center</td>
<td>(757) 481-2333</td>
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<td>Chalups, William J.</td>
<td>Bon Secours Memorial Regional Medical Center</td>
<td>(757) 463-5240</td>
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<tr>
<td>Chou, Kevin, MD</td>
<td>NowCare Princess Anne (Bayview Physician Services PC)</td>
<td>(757) 686-3515</td>
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<td>Clarke, Mark G., MD</td>
<td>STALLINGS GROUP</td>
<td>(757) 463-5240</td>
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<tr>
<td>Cook, Andrew D., MD</td>
<td>Legacy Care, LLC</td>
<td>(757) 222-0300</td>
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<td>Dopp, Frank, MD</td>
<td>Bayview Physician Services, PC</td>
<td>(757) 481-1113</td>
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<td>Dowdy, Robert L., MD</td>
<td>Sentara Family Medicine Physicians (SMG)</td>
<td>(757) 395-2500</td>
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<td>Elhassan, Amira, MD</td>
<td>Towne Center Medical Associates (Bon Secours DePaul Med Ctr)</td>
<td>(757) 424-2490</td>
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<tr>
<td>Elliott, Olga, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 437-8400</td>
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<tr>
<td>Feltz, Danny, MD</td>
<td>Legacy Care, LLC</td>
<td>(757) 422-0300</td>
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<td>Fenderson, Allen R., MD</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
<td>(757) 437-8400</td>
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<td>Hart, Karen M., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Hart, Robert L., MD</td>
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<td>(757) 437-8400</td>
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<td>Hart, Steven M., MD</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td>Hartley, Mary E., MD</td>
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<td>Hartley, William T., MD</td>
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<td>(757) 437-8400</td>
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<td>Hartley, William T., MD</td>
<td>Bayview Physician Services, PC</td>
<td>(757) 481-1113</td>
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<td>Hastings III, Donald M, MD</td>
<td>10157477</td>
<td>(757) 425-8590</td>
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<td>Johnson, Jason R., MD</td>
<td>10149120</td>
<td>(757) 493-1965</td>
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<td>Johnstone, Paul, DO</td>
<td>10177065</td>
<td>(757) 481-2333</td>
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<td>Jones, Thomas M., MD</td>
<td>31154</td>
<td>(757) 463-5240</td>
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<td>Juer, Robert C, MD</td>
<td>10147499</td>
<td>(757) 305-1797</td>
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<td>Khan, Abdur R, MD</td>
<td>31006</td>
<td>(757) 495-7420</td>
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<td>Javier, Francis V., MD</td>
<td>10010487</td>
<td>(757) 413-7600</td>
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<td>Javier, Rosa M, MD</td>
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<td>Kubicki, Ted M., MD</td>
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<td>Law, Katherine P., MD</td>
<td>11149</td>
<td>(757) 431-7600</td>
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</tbody>
</table>

**Hospital Affiliations:**

- Sentara Virginia Beach General Hospital
- Legacy Care, LLC
- Virginia Beach, VA 23452
- Prov#: 10188866
- Phone: (757) 309-4081

**Primary Care Physicians - Tier 1**

- Sentara Virginia Beach General Hospital
- Prov#: 37450
- Phone: (757) 412-0006

- Bon Secours DePaul Medical Center Inc
- Prov#: 10177065
- Phone: (757) 222-0300

- Chesapeake Regional Medical Center
- Prov#: 10157477
- Phone: (757) 309-4081
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<th>Name</th>
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<td>Moretz, Jonathan B, MD</td>
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<td>Neaf, Lindsey, MD</td>
<td>10169709</td>
<td>Legacy Care, LLC, 2900 Sabre Street Suite 300 Virginia Beach, VA 23452 (757) 222-0300</td>
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<td>Neff, David A., MD</td>
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<td>Neff, David A., MD</td>
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<td>Legacy Care, LLC, 2900 Sabre Street Suite 300 Virginia Beach, VA 23452 (757) 222-0300</td>
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<td>Onayemi, Olusola K, MD</td>
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<td>Ordonez, Alice, MD</td>
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<td>Ormsmith, Jessica L., MD</td>
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<td>Palting, John Kenneth, MD</td>
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<td>Patel, Sonal, MD</td>
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<td>Pearman, Steven D., MD</td>
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<tr>
<td>Pierce, Gregory W., MD</td>
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<tr>
<td>Pop, Aurora, MD</td>
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<td>Post, Christopher, MD</td>
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<td>Reed Jr, William C, MD</td>
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<tr>
<td>Reed, Pauline C., MD</td>
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<td>Ricea, Jocelyn, MD</td>
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<td>Riles, Jr., Nathan L., MD</td>
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<td>Robledo, Elizabeth, MD</td>
<td>10163672</td>
<td>Sentara Family Medicine Physicians, 3745 Holland Rd Virginia Beach, VA 23452 (757) 395-1700</td>
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<tr>
<td>Roenker, Meagan M., MD</td>
<td>10136686</td>
<td>Holland Road Family Practice (TPMG), 351 Edwin Drive Suite 102 Virginia Beach, VA 23462 (757) 499-5550</td>
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<tr>
<td>Rose, Meredith B., MD</td>
<td>11136</td>
<td>Sentara Family Medicine Physicians, 5230 Providence Rd Ste 301 Virginia Beach, VA 23464 (757) 413-7600</td>
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<tr>
<td>Sarino, Nelson C., MD</td>
<td>10131009</td>
<td>Bon Secours Town Center Medical Associates, 4421 Virginia Beach Blvd Suite 114 Virginia Beach, VA 23454 (757) 395-8391</td>
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<tr>
<td>Sample, Laura T., MD</td>
<td>10102036</td>
<td>Sentara Family Medicine Physicians, 1080 First Colonial Rd Ste 200 Virginia Beach, VA 23454 (757) 481-2333</td>
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<tr>
<td>Sarin, Nelson C., MD</td>
<td>10043871</td>
<td>Virginia Beach Family Medicine, PCH (CCNY), 940 General Booth Blvd Virginia Beach, VA 23451 (757) 425-3610</td>
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<tr>
<td>Schuele, Werner K., MD</td>
<td>73536</td>
<td>Patient First - Indian River Rd Virginia Beach, VA 23464 (757) 424-2490</td>
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<tr>
<td>Sendow, Randy, MD</td>
<td>10117671</td>
<td>Patient First - Newtown Rd Virginia Beach, VA 23462 (757) 473-8400</td>
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<tr>
<td>Singson, Florissa S., MD</td>
<td>14424</td>
<td>Parkway Family Practice, 4501 N Witchduck Rd Ste B Virginia Beach, VA 23455 (757) 518-8810</td>
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<tr>
<td>Smith, Jeffrey P., MD</td>
<td>10145475</td>
<td>Patient First - Holland Rd Virginia Beach, VA 23452 (757) 468-1855</td>
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<tr>
<td>Stern, Kelly L., MD</td>
<td>69574</td>
<td>Patient First - Holland Rd Virginia Beach, VA 23452 (757) 468-1855</td>
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<tr>
<td>Sullivan, Karen A., MD</td>
<td>3100903</td>
<td>Sentara Family Medicine Physicians, 5320 Providence Rd Ste 301 &amp; 101 Virginia Beach, VA 23464 (757) 413-7600</td>
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<tr>
<td>Taylor, Malena, DO</td>
<td>10181691</td>
<td>Sentara Family Medicine Physicians, 303 35th St Suite 102 Virginia Beach, VA 23451 (757) 395-6900</td>
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<tr>
<td>Tennant, Bradley, MD</td>
<td>31338</td>
<td>First Colonial Family Practice and Urgent Care Center, 1120 First Colonial Rd Ste 100 Virginia Beach, VA 23454 (757) 481-2333</td>
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<tr>
<td>Thomas, Brant W., MD</td>
<td>40058</td>
<td>Lifeway Family Physicians, PC, 1821 Old Donation Pkwy Ste 4 Virginia Beach, VA 23454 (757) 481-3770</td>
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<tr>
<td>Von Elten, Christopher, MD</td>
<td>10195065</td>
<td>Legacy Care, LLC, 2900 Sabre Street Suite 300 Virginia Beach, VA 23452 (757) 222-0300</td>
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</table>

**Hospital Affiliations:**
- **Sentara Virginia Beach General Hospital**
- **Sentara Norfolk General Hospital**
- **Sentara Hospital**
- **Sentara Bayside Hospital**
- **Sentara Martha Jefferson Hospital**

**Optima Direct Network Providers 5/2019**

**OptimaHealth**
Primary Care Physicians - Tier 1

Waddell, David T., MD
Prov#: 31063
Waddell Family Medicine, PC
1856 Colonial Medical Ct Ste A
Virginia Beach, VA 23454
(757) 962-6626

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Waller, David, MD
Prov#: 10095539
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 352-2020

Hospital Affiliations:
Sentara Obici Hospital

Washington, Karen J., MD
Prov#: 79037
NowCare Medical Associates
(Bayview Physician Services PC)
6632 Indian River Rd Ste 104
Virginia Beach, VA 23464
(757) 424-4300

Wenzel, Paul D., MD
Prov#: 42108
Sentara Family Medicine
Physicians/Primary Care Walk-In
(SMG)
816 Independence Blvd Ste 100
Virginia Beach, VA 23455
(757) 363-6800

Hospital Affiliations:
Sentara Bayside Hospital

Williams, Harry T., MD
Prov#: 23790
Sentara Family Medicine Physicians
2859 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 395-1300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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5320 Providence Rd STE 301
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Hospital Affiliations:
Sentara Princess Anne Hospital

Winters, Mark, MD
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Holland Road Family Practice
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Wittenberg, Samuel H., MD
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Wong, George S., MD
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Sentara Family Medicine Physicians - SMG
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Woodard, Robert M., MD
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(757) 481-2333

Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Prov#: 11679
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Wright, James Lee, MD
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Hospital Affiliations:
VCU Health System/MCV

Zaniga, Doreas A., MD
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Warrenton

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Hospital Affiliations:
Fauquier Hospital

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Prov#: 10176283
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Warrenton, VA 20186
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Diwan, Ashutosh B., MD
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493 Blackwell Rd Ste 202
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(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Evans, David C., MD
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Hospital Affiliations:
Fauquier Hospital

Golub, Gregory, MD
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Hospital Affiliations:
Fauquier Hospital

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Fauquier Hospital

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Hospital Affiliations:
Fauquier Hospital

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Hospital Affiliations:
Fauquier Hospital

Washington

Miller, D. Brooke, MD
Prov#: 43272
Valley Health Page Memorial Hospital
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Waverly

Coleman, George C., MD
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Ivor Medical Center (HHS) (CCNV)
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Waynesboro

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Heck, Christopher C., MD
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Hospital Affiliations:
Augusta Medical Center

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Augusta Health Internal Medicine
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Hospital Affiliations:
Augusta Medical Center

Martinez, Anthony, MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mix, William A, MD
Prov#: 10172978
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(540) 941-2400

Hospital Affiliations:
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Primary Care Physicians - Tier 1

Reid, James R., MD
Pro#: 10078934
UVA Waynesboro Primary Care
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Center Virginia Baptist General Hospital

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Hospital Affiliations:
Augusta Medical Center

West Point

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Pro#: 10005487
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Devries, Katherine, MD
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Feroze, Amna H., MD
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Langer, Janice M, MD
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
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Primary Care Physicians - Tier 1

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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Winchester Medical Center

Byrd, Jessica P., MD
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Hospital Affiliations:
Winchester Medical Center

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(540) 722-4220

Hospital Affiliations:
Winchester Medical Center

Eirich, Anna K., MD
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1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Evans, Frances, MD
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(540) 723-6660

Hospital Affiliations:
Winchester Medical Center

Felt, Jeffrey, MD
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Valley Health Winchester Family Practice
1440 Amherst Street
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(540) 450-3339

Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc

Flack, David C., DO
Prov#: 10047232
Selma Medical Associates Inc
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Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Frederiksen, Judy S., MD
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Shenandoah Medical Associates
324 West Boscawen Street
Winchester, VA 22601
(540) 504-7381

Hospital Affiliations:
W arren Memorial Hospital, Inc.

Hawari, Samer F., MD
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104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
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Hospital Affiliations:
W arren Memorial Hospital, Inc.

Houser, Patricia M., MD
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(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

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(540) 678-2800
1870 Amherst Street Suite 1 E
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Hospital Affiliations:
Winchester Medical Center

Kalbian, Vicken V., MD
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(540) 450-3339

Hospital Affiliations:
Winchester Medical Center

Lamas-Rodriguez, Candy, MD
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Shenandoah Valley Medical System Inc.
1330 Amherst Street
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(540) 722-2369

Hospital Affiliations:
Winchester Medical Center

LaPlante, Maria, MD
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Lawson, Laura, DO
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Mission Functional Medicine PLLC
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Winchester, VA 22602
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Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
W arren Memorial Hospital, Inc.
Winchester Medical Center

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440 West J ubal Early Dr Ste 240
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Mackaas, Elaine C., MD
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Hospital Affiliations:
W inchester Medical Center

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Hospital Affiliations:
W inchester Medical Center

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Beth A. Omundsen, MD, PLC
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Hospital Affiliations:
Name Not Available

Rankin, David K., MD
Prov#: 20931
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420 W J ubal Early Dr Ste 105
Winchester, VA 22601
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Hospital Affiliations:
W inchester Medical Center

Rickel, Jr., Ralph E., MD
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1330 Amherst Street
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Rosenfeld, Shyama, MD
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(540) 450-3339
160 Merchant Street Suite 100
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611 East Jubal Early Drive
Winchester, VA 22601
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Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

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Selma Medical Associates Inc
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Hospital Affiliations:
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(540) 536-5500
611 East Jubal Early Drive
Winchester, VA 22601
(540) 536-5500
### Primary Care Physicians - Tier 1

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<tr>
<td><strong>Wirtz</strong></td>
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<td>Bourhill, Eric C., MD</td>
<td>703-284-4350</td>
<td>Burnt Chimney Family Medicine, PC</td>
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<td></td>
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<td>6675 Booker T Washington Highway</td>
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<td>Wirtz, VA 24184 (540) 721-2118</td>
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<td><strong>Woodbridge</strong></td>
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<td>Biragoni, Soujanya, MD</td>
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<td>12701 Marblestone Dr Ste 130 Woodbridge, VA 22192 (571) 284-4350</td>
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<td>Novant Health UVA Health System</td>
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<td>Prince William Medical Center</td>
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<td>Bommansani, Reena, MD</td>
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<td></td>
<td></td>
<td>Hoadly Medical Care 13168 Centerpointe Way Suite 101 Woodbridge, VA 22193</td>
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<td>(703) 730-2000</td>
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<td>Prince William Medical Center</td>
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<td>Chambers, Joseph F., MD</td>
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<td>12701 Marblestone Dr Ste 130 Woodbridge, VA 22192 (571) 284-4350</td>
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Optima Direct Network Providers 5/2019

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OptimaHealth
Primary Care Physicians - Tier 1

West, Stephanie N., MD
Pro#: 10176516
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Suite 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Wierzbicki, John, DO
Pro#: 10103980
Family Medicine of Lake Ridge
3401 Commission Ct Ste 201
Woodbridge, VA 22192
(703) 490-6265

Williams, Raenell C., MD
Pro#: 10102539
Sentara Family Medicine Physicians
(SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Woodstock

Hoffman, John, MD
Pro#: 45307
Valley Health Shenandoah
Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Augusta Medical Center
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

MacLeod, Scott, MD
Pro#: 59252
Highlander Family Medicine, PLLC
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-2277

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Spriggs, Tamara Denise, MD
Pro#: 10080582
Valley Health Shenandoah
Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
War Memorial Hospital Inc

Wytheville

Dove, Scotty, DO
Pro#: 10052860
Wythe County Physician Practices, LLC
1 Maroon Way
Wytheville, VA 24382
(276) 228-3157
245 Holston Road Suite B
Wytheville, VA 24382
(276) 222-0460

Hospital Affiliations:
Wythe County Community Hospital

Griffin, Susan R., MD
Pro#: 10060127
Forest Family Care
1785 West Lee Highway
Wytheville, VA 24382
(276) 228-6499

Hospital Affiliations:
Wythe County Community Hospital

Harkless, John M., DO
Pro#: 10054586
Carilion Healthcare Corporation
1375 W Ridge Rd
Wytheville, VA 24382
(276) 228-8686

Hospital Affiliations:
Carilion Giles Community Hospital

Mosier, Gabriel L., MD
Pro#: 10191381
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-0200

Hospital Affiliations:
Wythe County Community Hospital

Ortiz, Vicente, MD
Pro#: 10019887
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8686

Hospital Affiliations:
Sentara CarePlex Hospital

Yorktown

Bryant, John P., MD
Pro#: 51046
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Guang, Yu, MD
Pro#: 10067163
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Harris, Jeffrey B, DO
Pro#: 10168044
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Lindemann, Carl J., MD
Pro#: 43013
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Raines, Timothy L., MD
Pro#: 51127
Virginia Family Practice
3212 Hampton Hwy Ste B
Yorktown, VA 23693
(757) 867-6160

Hospital Affiliations:
Sentara CarePlex Hospital

Zion Crossroads

Asrar, Luna, MD
Pro#: 10117931
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Castrodale, Brett L., MD
Pro#: 10171454
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942

Hospital Affiliations:
University of Virginia Medical Center

Engel, Gina D, MD
Pro#: 10004749
UVA Waynesboro Primary Care
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
Sentara Martha Jefferson Hospital

James, Jessica C., DO
Pro#: 10203041
Sentara Spring Creek Family Medicine
29 Jefferson Court
Zion Crossroads, VA 22942
(434) 654-8900

Montellese, Phyllis B., MD
Pro#: 10034124
Sentara Spring Creek Family Medicine
29 Jefferson Court
Zion Crossroads, VA 22942
(434) 654-8900

Varney, Catherine W., DO
Pro#: 10177582
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Meadowview

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
13168 Meadowview Square
Meadowview, VA 24361
(276) 944-3999

Hospital Affiliations:
Johnston Memorial Hospital

Saltville

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
319 Fifth Ave
Saltville, VA 24370
(276) 496-4492

Hospital Affiliations:
Johnston Memorial Hospital
Primary Care Physicians - Tier 1

Manassas

Nkrumah, Jacklyn A., MD
Pro#: 10176583
NMG Affiliate Practice I, LLC
7800 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
  Prince William Medical Center

Thakkar, Nirav, MD
Pro#: 10176531
NMG Affiliate Practice I, LLC
7800 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
  Chesapeake Regional Medical Center
- Novant Health UVA Health System
  Haymarket Medical Center
- Novant Health UVA Health System
  Prince William Medical Center

Marion

Parker, David G., DO
Pro#: 10161556
Advanced Practice Adult-Gerontology
155 Ridgefield Dr
Marten, VA 24354
(276) 397-0061

Hospital Affiliations:
- Smyth County Community Hospital

Newport News

Basciano, Rocco J, MD
Pro#: 10211988
Riverside Medical Group
1000 Old Denbigh Boulevard Suite 1020A
Newport News, VA 23602
(757) 875-2009

Mack, Steven E, MD
Pro#: 10211989
Riverside Medical Group
1000 Old Denbigh Boulevard Suite 1020A
Newport News, VA 23602
(757) 875-2009

439 Oriana Road C
Newport News, VA 23602
(757) 234-8100

Norfolk

Galicia-Castro, Marissa C., MD
Pro#: 27711
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine)
Norfolk, VA 23507
(757) 446-7040

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Lake Taylor Hospital
- Sentara Leigh Hospital

Sentara Norfolk General Hospital

D’Amora, Julia M., DO
Pro#: 10069451
Carilion Center For Healthy Aging
1009 Old Country Club Road
Roanoke, VA 24017
(540) 562-5700

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital

Roanoke

Unwin, Brian K., MD
Pro#: 10113665
CARLION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700

2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital

Rocky Mount

Unwin, Brian K., MD
Pro#: 10113665
CARLION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700

2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital

Shenandoah

Masaw, Arsheyva, MD
Pro#: 10040215
Page Shenandoah Health Center
516 B First St
Shenandoah, VA 22849
(540) 652-1207

Hospital Affiliations:
- Page Memorial Hospital Inc

Virginia Beach

Furman, Stanley N., MD
Pro#: 10170937
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Healthsouth Rehabilitation Hospital
- Hospital of Virginia
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

Winchester

Barch, Cyril A., MD
Pro#: 10009906
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
- Winchester Medical Center

Abingdon

Baker, William J., MD
Pro#: 10076546
MSMG IM ABG
16000 Johnston Memorial Drive Ste 213
Abingdon, VA 24211
(276) 258-4100

Hospital Affiliations:
- Johnston Memorial Hospital

Camargo, Edgar, MD
Pro#: 1011510
Abingdon Internal Medicine, PC
322 Valley St NE
Abingdon, VA 24210
(276) 628-1106

Optima Direct Network Providers 5/2019

95
Primary Care Physicians - Tier 1

Elmore, Karen A., MD
Pro#: 10066319
Emory Internal Medicine
613 Campus Dr Suite 200
Abingdon, VA 24210
(276) 628-1186

Henry, Ernest N., MD
Pro#: 10086995
Hibernian Nephrology Group
323 Falls Plaza Drive Ste 323
Abingdon, VA 24210
(276) 525-4402

Ulrich, Michael Alan, DO
Pro#: 10012743
Magnolia Family Medicine
611 Campus Dr Suite 200
Abingdon, VA 24210
(276) 258-4920

Gebreyesus, Yared A., MD
Pro#: 10124872
Blue Nile Medical Center
85 South Bragg Street Suite 100
Alexandria, VA 22312
(703) 845-0700

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hong, Sam, MD
Pro#: 10208325
Legacy Care, LLC
4800 Fillmore Ave
Alexandria, VA 22311
(703) 824-1003

LaMirand, Thania Violeta, MD
Pro#: 10169979
Patient First-Alexandria
6311 Richmond Highway
Alexandria, VA 22306
(703) 647-6087

Mitchell, Michael David, MD
Pro#: 10049178
Freedman, Mitchell, Whittaker and Wu
4660 Kenmore Avenue Suite 1210
Alexandria, VA 22304
(703) 461-0700

Hospital Affiliations:
Inova Alexandria Hospital

Wu, Wayne, MD
Pro#: 10054592
Freedman, Mitchell, Whittaker and Wu
4660 Kenmore Avenue Suite 1210
Alexandria, VA 22304
(703) 461-0700

Hospital Affiliations:
Inova Alexandria Hospital

Ashburn

Idrees, Irfan, MD
Pro#: 10081800
Virginia Med Center And Urgent Care
21785 Filligree Court
Ashburn, VA 20147
(540) 338-0177

Hospital Affiliations:
UVA Culpeper Hospital

Veerapalli, Venkateswar, MD
Pro#: 10110941
Culpeper Walk In Clinic
21001 Sycrocn Road Unit 180
Ashburn, VA 20147
(540) 419-5751

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Wasique, Maria, MD
Pro#: 10105774
Ashburn Sterling Doctors PLLC
21785 Filigree Ct Ste 215
Ashburn, VA 20147
(571) 223-5610

Hospital Affiliations:
Reston Hospital Center

Arlington

Khan, Basim, MD
Pro#: 10082346
Neighborhood Health
2445 Army Navy Drive 3rd Floor
Arlington, VA 22206
(703) 535-5568

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Tiedemann, Marie T., MD
Pro#: 10115022
Theresa Thomas Medical Center
635 N Washington Hwy
Ashland, VA 23005
(804) 798-9208

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Henrico Doctors' Hospital - Forest Campus

Optima Direct Network Providers 5/2019 96

OptimaHealth
# Primary Care Physicians - Tier 1

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<td>Shah, Mikesh C., MD</td>
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<td>Nigro, Darlene, DO</td>
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<td>Buchanan, Brian D., MD</td>
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<td>Bashore, Randall T., MD</td>
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<td>Moore, Brandon K., DO</td>
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<td>Jordan, Christine D., MD</td>
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<td>Shah, Mikesh C., MD</td>
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**Additional Information:**

- Hospital Affiliations: University of Virginia Medical Center
- Hospital Affiliations: Centra Lynchburg General Hospital
- Hospital Affiliations: Indian Path Community Hospital Johnson City Medical Center
- Hospital Affiliations: Sentara RMH Medical Center
- Hospital Affiliations: Chippewa Medical Center/Johnston-Willis Hospital
- Hospital Affiliations: VCU Health System/MCV

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**Optima Direct Network Providers 5/2019**

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**OptimaHealth**
Primary Care Physicians - Tier 1

Charles City

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
9530 Courthouse Road
Charles City, VA 23030
(804) 829-6600
Hospital Affiliations:
University of Virginia Medical Center

Charlotte Court House

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
165 Legrande Ave
Charlotte Court House, VA 23923
(434) 542-5560
Hospital Affiliations:
University of Virginia Medical Center

Charlottesville

Alexander, Jeffrey David, MD
Prov#: 10150395
Sentara Blue Ridge Internal Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 654-4500
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
Hospital Affiliations:
University of Virginia Medical Center

Asao-Ragosta, Kiyoko, MD
Prov#: 45365
Charlottesville Family Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Bal, Anjali, MD
Prov#: 10205472
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1893
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394
Hospital Affiliations:
University of Virginia Medical Center

Ballew, Kenneth A., MD
Prov#: 45328
UVA Primary Care Center 1st Floor 1st Floor Lee St
Charlottesville, VA 22908
(434) 924-5309
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394
Hospital Affiliations:
University of Virginia Medical Center

Barros, Diane, MD
Prov#: 10152015
Community Medicine UVA, LLC
2955 Ivy Road Suite 205
Charlottesville, VA 22903
(434) 243-4500
Hospital Affiliations:
University of Virginia Medical Center

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
901 Preston Ave Suite 301
Charlottesville, VA 22902
(434) 227-5624
Hospital Affiliations:
University of Virginia Medical Center

Becker, Daniel M., MD
Prov#: 45331
UVA Primary Care Center 1st Floor
415 Ray C Hunt Dr Ste 2100
Charlottesville, VA 22903
(434) 924-5856
Hospital Affiliations:
University of Virginia Medical Center

Becker, Robert B., MD
Prov#: 10078695
University of Virginia Physicians Group
Lee Street & 11th Street SW
Charlottesville, VA 22908
(434) 243-4899
Hospital Affiliations:
University of Virginia Medical Center

Bevis, Lauren E., MD
Prov#: 10152105
University of Virginia Physicians Group
Lee Street and 11th Street S W
Charlottesville, VA 22908
(434) 924-2203
Hospital Affiliations:
University of Virginia Medical Center

Brently, Richard K, MD
Prov#: 74937
Fox and Brently Internal Medicine, PLC, a Division of Anchor Health
908 E Jefferson St
Charlottesville, VA 22902
(434) 244-5684
Hospital Affiliations:
University of Virginia Medical Center

Brown, Jacqueline T., MD
Prov#: 10200422
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Bulling, Gregory H., MD
Prov#: 44083
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944
Hospital Affiliations:
University of Virginia Medical Center

Collins, Bruce D., MD
Prov#: 75136
Sentara Blue Ridge Internal Medicine
1200 Five Springs Rd
Charlottesville, VA 22903
(434) 975-1267
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Daldorf, Carolyn J., MD
Prov#: 45314
Pantops Family Medicine, a Division of Anchor Healthcare, PLC
1490 Pantops Mountain Place Suite 200
Charlottesville, VA 22911
(434) 979-4440
Hospital Affiliations:
University of Virginia Medical Center

Davis, Jeffrey D., MD
Prov#: 44082
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944
Hospital Affiliations:
University of Virginia Medical Center

Dowdell, Kimberly J., MD
Prov#: 10134984
University of Virginia Physicians Group
1222 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22903
(434) 924-2472
415 Ray C Hunt Dr Ste 2100
Charlottesville, VA 22903
(434) 924-2472
Lee Street 4th Floor
Charlottesville, VA 22908
(434) 924-3333
Hospital Affiliations:
University of Virginia Medical Center

Dowdell, Kenneth A., MD
Prov#: 10205481
University of Virginia Physicians Group
1215 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394
Hospital Affiliations:
University of Virginia Medical Center

Gade, Kristine Elizabeth, MD
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University of Virginia Physicians Group
1215 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394
Hospital Affiliations:
University of Virginia Medical Center

Garmon, Blake R., MD
Prov#: 10179494
Sentara Martha Jefferson Internal Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
Hospital Affiliations:
University of Virginia Medical Center
Primary Care Physicians - Tier 1

590 Peter Jefferson Parkway
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Gellker, Joyce B., MD
Pro#: 10063813
Community Medicine UVA, LLC
2955 Ivy Rd Ste 205
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Health Sciences Center

Gollahalli Shivaramaiah, Nagesh, MD
Pro#: 10192770
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Greenhoe, Joshua M., MD
Pro#: 91839
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944

Heald, Evan B., MD
Pro#: 25710
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 982-0008

Hospital Affiliations:
University of Virginia Medical Center

Henderson, Deborah M., MD
Pro#: 10098654
Fox and Brantley Internal Medicine, PLC., a Division of Anchor Hea
908 E Jefferson St
Charlottesville, VA 22902
(434) 244-5684

Hospital Affiliations:
University of Virginia Medical Center

Hoke, George Martin, MD
Pro#: 1008281
University Medical Associates Clinic
1222 Jefferson Park Ave 3rd FL
Charlottesville, VA 22906
(434) 924-1931

Isaacs, Ross B., MD
Pro#: 10209299
Downtown Family Health Care
310 Avon Street Suite 9
Charlottesville, VA 22902
(434) 871-1818

Jaffe, Katherine Geer, MD
Pro#: 10004975
University Physicians-
Charlottesville Clinic
415 Ray C Hunt Drive Ste 2100
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James, Lindsey Brooke, MD
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University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Khalid, Heena, MD
Pro#: 10192813
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
University of Virginia Medical Center

Kon, Rachel, MD
Pro#: 10149010
University of Virginia Physicians Group
1222 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22903
(434) 924-1931
Lee Street and 11th Street NW
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Laurie, Susan M., MD
Pro#: 42834
Community Medicine UVA, LLC
2955 Ivy Rd Ste 205
Charlottesville, VA 22908
(434) 243-4713

Hospital Affiliations:
University of Virginia Medical Center

Lehtinen, Simon J., MD
Pro#: 10155075
University of Virginia Physicians Group
1222 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22903
(434) 924-1931
415 Ray C Hunt Drive Ste 2100
Charlottesville, VA 22903
(434) 924-2472

Hospital Affiliations:
University of Virginia Medical Center

Leiner, John G., MD
Pro#: 10155075
UVA Primary Care Center 4th Floor
650 Peter Jefferson Parkway Suite 290
Charlottesville, VA 22911
(434) 243-3675
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931
University Medical Associates Clinic; 1222 Jefferson Park Ave 3rd FL
Charlottesville, VA 22903
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Lepsch, Mark A., MD
Pro#: 10000680
Community Medicine UVA, LLC
2955 Ivy Rd Ste 205
Charlottesville, VA 22908
(434) 243-4713

Hospital Affiliations:
University of Virginia Medical Center

Lowdon, J. Devon, MD
Pro#: 10000680
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944

Lusa, Amanda L., MD
Pro#: 10192740
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Lyons, Elizabeth A., MD
Pro#: 10115519
University of Virginia Physicians Group
1222 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22903
(434) 924-1931
415 Ray C Hunt Dr Ste 2100
Charlottesville, VA 22903
(434) 924-2472

Hospital Affiliations:
University of Virginia Medical Center

Macik, Barbara G., MD
Pro#: 10205913
University of Virginia Physicians Group
1215 Lee Street 4th Floor
Charlottesville, VA 22908
(434) 924-9333
1240 Lee Street
Charlottesville, VA 22903
(434) 924-9333

Hospital Affiliations:
University of Virginia Medical Center

MacKnight, John Mark, MD
Pro#: 45354
UVA Primary Care Center 1st Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-2472
University Physicians - Charlottesville Clinic; 415 Ray C Hunt Dr Ste 2100
Charlottesville, VA 22903
(434) 924-2472

Marzani Nissen, Gabrielle R, MD
Pro#: 10124312
University of Virginia Physicians Group
Lee Street 5th Floor
Charlottesville, VA 22908
(434) 924-2241

Hospital Affiliations:
University of Virginia Medical Center

McCabe, Michael B., MD
Pro#: 10205441
University of Virginia Physicians Group
1215 Lee Street Fl 1
Charlottesville, VA 22908
(434) 297-5055

Hospital Affiliations:
University of Virginia Medical Center
Primary Care Physicians - Tier 1

500 Monroe Lane
Charlottesville, VA 22903
(434) 924-9999

Hospital Affiliations:
University of Virginia Medical Center

McShane, Melissa, MD
Prov#: 10189187
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Meth, Sharon L., MD
Prov#: 10189014
Sentara Martha Jefferson Internal Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
590 Peter Jefferson Parkway
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mehaffey, Rachel Lillian, MD
Prov#: 10169543
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Mehra, Pooja, MD
Prov#: 10189014
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Nadkarni, Mohan, MD
Prov#: 45356
UVA Primary Care Center 4th Floor
University Medical Associates Clinic; 1222 Jefferson Park Ave 3rd FL
Charlottesville, VA 22903
(434) 924-1931

Niehaus, Mark D., MD
Prov#: 70667
Albemarle Square Family Care
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Ombres, Rachel L, MD
Prov#: 10194562
University of Virginia Physicians Group
1335 Carlton Avenue
Charlottesville, VA 22902
(434) 529-1300

Hospital Affiliations:
University of Virginia Medical Center

Panvelker, Samir S., MD
Prov#: 10200491
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Patrizio, Michael, MD
Prov#: 10171398
Charlottesville Family Medicine
1200 Five Springs Rd S-1
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmor Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Pearson, Meredith M., MD
Prov#: 10200494
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
2965 Ivy Rd
Charlottesville, VA 22903
(434) 243-4394

Hospital Affiliations:
University of Virginia Medical Center

Peters, Anthony E., MD
Prov#: 10205444
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Petri, William A., MD
Prov#: 10009156
University of Virginia Physicians Group
Lee Street 4th Floor
Charlottesville, VA 22908
(434) 982-1700

Hospital Affiliations:
University of Virginia Medical Center

Plews-Ogan, Margaret, MD
Prov#: 43915
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931

Post, Barbara, MD
Prov#: 44251
Community Medicine UVA, LLC
2925 Ivy Rd Ste 205
Charlottesville, VA 22903
(434) 243-4713

Hospital Affiliations:
University of Virginia Medical Center

Reynolds, Pamela Preston, MD
Prov#: 10020398
University Medical Associates Clinic
1222 Jefferson Park Ave 3rd FL
Charlottesville, VA 22906
(434) 924-1931

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Roberts, DePaul Medical Center Inc

Salarino, Amy, MD
Prov#: 10192729
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Scott, Evelyn S, MD
Prov#: 10009025
University of Virginia Physicians Group
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Sneed, Benjamin P., MD
Prov#: 10021751
University of Virginia Physicians Group
Lee St 3rd Fl UVA Hospital
Charlottesville, VA 22908
(434) 924-2960

Hospital Affiliations:
University of Virginia Medical Center

Somerville, Lindsay A., MD
Prov#: 10193060
University of Virginia Physicians Group
1221 Lee Street 2nd Floor
Charlottesville, VA 22902
(434) 924-5219

Hospital Affiliations:
University of Virginia Medical Center

Starr, Karen L., MD
Prov#: 45317
Sentara Martha Jefferson Internal Medicine
590 Peter Jefferson Parkway Ste 100
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Steward, Richard A., MD
Prov#: 45452
Charlottesville Family Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmor Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Santulli, Michael E., MD
Prov#: 45370
Michael E. Santulli, MD
1405 Rolkin Road Suite 201
Charlottesville, VA 22903
(434) 295-5155

Hospital Affiliations:
University of Virginia Medical Center

Sheckett, Joel M., MD
Prov#: 30654
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Scheld, William M., MD
Prov#: 10009144
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Infectious Disease)
Charlottesville, VA 22908
(434) 982-1700

Hospital Affiliations:
Sentara Martha Jefferson Hospital
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<tr>
<td>Walter A. Targonski, MD</td>
<td>University of Virginia Physicians Group 1222 Jefferson Park Ave 3rd Floor Charlottesville, VA 22903 (434) 924-1931</td>
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<tr>
<td>Andrew M. Wolfe, MD</td>
<td>University of Virginia Medical Center</td>
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<td>Circle A. Warren, MD</td>
<td>University of Virginia Medical Center</td>
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<td>William F. Tompkins, III, MD</td>
<td>University of Virginia Physicians Group 1011 East Jefferson St Charlottesville, VA 22902 (434) 979-2944</td>
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<td>Christina Tieu, MD</td>
<td>University of Virginia Medical Center</td>
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<td>Steven A. Tatar, MD</td>
<td>University of Virginia Medical Center</td>
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<tr>
<td>Paul Targonski, MD</td>
<td>University of Virginia Medical Center</td>
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<td>Akkina, Naveen, MD</td>
<td>Chesapeake Regional Medical Center</td>
</tr>
<tr>
<td>Bayview Physician Services, PC</td>
<td>713 Volvo Pkwy Ste 101 Chesapeake, VA 23320 (757) 690-3380</td>
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<tr>
<td>Beverly, Vernis, MD</td>
<td>Chesapeake Regional Medical Center</td>
</tr>
<tr>
<td>Adult and Pediatric Medical Associates, PC</td>
<td>3800 Poplar Hill Rd Suite A Chesapeake, VA 23321 (757) 484-2001</td>
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<tr>
<td>Carideo, Louis N., MD</td>
<td>Chesapeake Regional Medical Center</td>
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<tr>
<td>Louis N. Carideo, MD, Inc</td>
<td>808 Battlefield Blvd S Chesapeake, VA 23322 (757) 482-4721</td>
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<tr>
<td>Dhawan, Vandana, MD</td>
<td>Chesapeake Regional Medical Center</td>
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<tr>
<td>Bayview Physician Services, PC</td>
<td>713 Volvo Pkwy Ste 101 Chesapeake, VA 23320 (757) 690-3380</td>
</tr>
<tr>
<td>Fernandez, Alfred E., MD</td>
<td>Chesapeake Regional Medical Center</td>
</tr>
<tr>
<td>Sentara Family and Internal Medicine Physicians (SMG)</td>
<td>213 River Walk Parkway Chesapeake, VA 23320 (757) 983-1765</td>
</tr>
<tr>
<td>Franzi-Osborne, Rebecca, MD</td>
<td>10123544 Patient First - Battlefield Blvd 705 N Battlefield Blvd Chesapeake, VA 23320 (757) 547-0688</td>
</tr>
<tr>
<td>Gaglione, Margaret M, MD</td>
<td>Chesapeake Regional Medical Center</td>
</tr>
<tr>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>1405 Kempsville Road Chesapeake, VA 23320 (757) 644-6819</td>
</tr>
</tbody>
</table>

### Hall, James, MD

- **Patient First**
  - 705 N Battlefield Blvd Chesapeake, VA 23320 (757) 547-0688
  - **Hospital Affiliations**
    - **Centra Lynchburg General Hospital**
    - **Centra Virginia Baptist Hospital**

### Harrington, Thomas, MD

- **Prov#: 12103**
  - Churchland Internal Medicine Associates, LTD
  - 2994 Churchland Blvd Chesapeake, VA 23321 (757) 484-0500
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Harrington, Thomas, MD

- **Prov#: 55625**
  - Chesapeake Internists Ltd
  - 113 Gainsborough Sq Ste 300 Chesapeake, VA 23320 (757) 547-9286
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Hunte, Noel, MD

- **Prov#: 41226**
  - Internists At Western Branch
  - 2613 Taylor Rd Suite 201 Chesapeake, VA 23321 (757) 686-5673
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Islam, Anwarul, MD

- **Prov#: 12009**
  - Anwarul Islam, MD, PC
  - 637 Kingsborough Sq S B Chesapeake, VA 23320 (757) 547-4448
  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Jurko, Robert M., MD

- **Prov#: 74713**
  - Robert M. Jurko, MD, Ltd.
  - 3101 American Legion Rd Ste 15 Chesapeake, VA 23321 (757) 484-5516
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Krishnagiri, Sarala, MD

- **Prov#: 12621**
  - Churchland Internal Medicine Associates, LTD
  - 2994 Churchland Blvd Chesapeake, VA 23321 (757) 484-0500
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Lawani, Nurudeen S, DO

- **Prov#: 10124160**
  - Internists At Western Branch
  - 2613 Taylor Rd Suite 201 Chesapeake, VA 23321 (757) 686-5673
  - **Hospital Affiliations**
    - Bon Secours DePaul Medical Center

### Maye, Aleea, MD

- **Prov#: 10178727**
  - Patient Choice Oceana
  - 908 Eden Way North Suite 100 Chesapeake, VA 23321 (757) 738-1350
  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Miller, Julius S., MD

- **Prov#: 12010**
  - Chesapeake Internists Ltd
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  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Miranda, Mark F., MD

- **Prov#: 10036298**
  - Western Branch Family Practice & Ob/Gyn (Maryview Hospital Inc.)
  - 3253 Taylor Rd Ste 200 Chesapeake, VA 23321 (757) 686-5673
  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Musselmani, Zattam, MD

- **Prov#: 21972**
  - Zattam Musselmani, MD
  - 1422 Poindexter St Chesapeake, VA 23324 (757) 543-3557
  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Obeng, Paa-Kofi B., DO

- **Prov#: 10116453**
  - Nansemond Suffolk Family Practice
  - 4041 Taylor Road Ste G Chesapeake, VA 23321 (757) 484-5828
  - **Hospital Affiliations**
    - Chesapeake Regional Medical Center

### Mirandan, Mark F., MD

- **Prov#: 44882**
  - UVA Primary Care Center 1st Floor University Medical Associates
  - Clinic: 1222 Jefferson Park Ave 3rd Fl Charlottesville, VA 22903 (434) 924-2472
  - **Hospital Affiliations**
    - Bon Secours Maryview Medical Center

### Wolfs, Andrew M., MD

- **Prov#: 10090409**
  - UVA Primary Care Center 4th Floor Lee St UVA Hospital Infectious Disease
  - Charlottesville, VA 22908 (434) 982-1700
  - **Hospital Affiliations**
    - Bon Secours Mary Immaculate Hospital
    - Sentara CarePlex Hospital

### Wolfe, Andrew M., MD

- **Prov#: 10196203**
  - Bayview Community Health Center (ESRHS) (CCNV)
  - 22214 S Bayside Road Cheriton, VA 23316 (757) 331-1086
  - **Hospital Affiliations**
    - Sentara Princess Anne Hospital
Primary Care Physicians - Tier 1

Okhravi, Hamid R, MD  
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Bayview Physician Services, PC  
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Palacios-Kißler, Thamiris V, DO  
Prov#: 10195197  
Patient First - Cedar Rd  
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Chesapeake, VA 23322  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
University of Virginia Medical Center

Ray, Dipo, MD  
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Sentara Family Medicine Physicians (SMG)  
213 River Walk Pkwy Ste 101  
Chesapeake, VA 23320  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital

Singh, Sushma, MD  
Prov#: 10128494  
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676 Kingsborough Square Suite B  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital

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Chesapeake Internists Ltd  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

Van Slyke, Katharine M., DO  
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Tidewater Physicians Multispecialty Group, PC (TPMG)  
1405 Kempsville Road  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

West, David J., MD  
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113 Gainsborough Sq Ste 300  
Chesapeake, VA 23320  
(757) 547-9286

Hospital Affiliations:  
Chesapeake Regional Medical Center

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Hospital Affiliations:  
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Hospital Affiliations:  
John Randolph Medical Center

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Hospital Affiliations:  
Chesapeake Regional Medical Center/Johnston-Willis Hospital

Farooq, Mohammad, MD  
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Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
John Randolph Medical Center

Port, John E., MD  
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Internal Medicine Associates of Chesterfield (Healthsource)  
11611 Cambridge Road Ste 117  
Chester, VA 23831  
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Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
VCU Health System/MCV

Rahman, Faizur, MD  
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Patient First - Chester  
12101 S Chalkley Rd  
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(804) 796-3636

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center

Roberts-Boyd, Nicole E., MD  
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(804) 796-3636

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Murray, Thomas Bradley, MD  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

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Atlantic Community Health Center (ESRHs) (CCNV)  
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Hospital Affiliations:  
Riverside Shore Memorial Hospital

Bonsu, Osei, DO  
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Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
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(540) 639-9071

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Twin County Regional Hospital

Khan, Arif, MD  
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Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071

March, Jared Douglas, DO  
Prov#: 10108482  
Carilion Healthcare Corporation  
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Christiansburg, VA 24073  
(540) 731-2000

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Mick, Mary-Ellen C., DO  
Prov#: 10151720  
Carilion Healthcare Corporation  
2900 Lamb Cir Suite 250  
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Hospital Affiliations:  
Carilion New River Valley Medical Center

Thomas, II, William D., DO  
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6 Hickok Street  
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Thomas, Megan C., DO  
Prov#: 10107515  
Christiansburg Family Medicine LLC  
6 Hickok Street  
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(540) 382-6148

Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Optima Direct Network Providers 5/2019
Primary Care Physicians - Tier 1

**Clifton Forge**
- Caldron, Ralph Dunham, MD  
  Pro#: 1011654  
  Carilion Healthcare Corporation  
  609 Church St  
  Clifton Forge, VA 24422  
  **Hospital Affiliations:**  
  Carilion Stonewall Jackson Hospital

**Colonial Beach**
- Farkhani, Hasan, MD  
  Pro#: 10027465  
  East Coast Physicians PC  
  525B Euclid Avenue  
  Colonial Beach, VA 23843  
  (804) 224-7890  
  **Hospital Affiliations:**  
  Southside Regional Medical Center

**Colonial Heights**
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  Pro#: 50950  
  Colonial Medical Care PC  
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  Colonial Heights, VA 23834  
  (804) 524-0524  
  **Hospital Affiliations:**  
  Southside Regional Medical Center

**Culpeper**
- Adanuor, Vera W., MD  
  Pro#: 10176188  
  NMG Affiliate Practice I, LLC  
  501 Sunset Lane  
  Culpeper, VA 22701  
  (703) 396-5292  
  **Hospital Affiliations:**  
  Mary Washington Hospital (MWH)

**Herrera, Jolanta A., MD**  
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Jolanta A. Herrera, MD  
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(804) 526-7990  
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Southside Regional Medical Center

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**Hospital Affiliations:**  
John Randolph Medical Center

**Magnin, Albert, MD**  
Pro#: 68168  
Appomattox River Medical LLC  
3512 Boulevard  
Colonial Heights, VA 23834  
(804) 520-1110  
**Hospital Affiliations:**  
John Randolph Medical Center

**Puthuman, Kochurani C., MD**  
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(804) 526-8640  
**Hospital Affiliations:**  
John Randolph Medical Center

**RVA Culpeper Hospital**

**Ayensu, Thelma, MD**  
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501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5292  
**Hospital Affiliations:**  
Bon Secours St. Marys Hospital
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus  
John Randolph Medical Center  
Smyth County Community Hospital  
Spotsylvania Regional Medical Center  
UVA Culpeper Hospital

**DeVincentis, Christina M., MD**  
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University of Virginia Physicians Group  
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(540) 825-6263  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Haas, Joseph S., MD**  
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(703) 396-5292  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center

**Joseph, Bridget, MD**  
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Allergy and Asthma Specialists of Greater Washington (IM)  
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**King, Joshua David, MD**  
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NMG Affiliate Practice I, LLC  
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Culpeper, VA 22701  
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**Hospital Affiliations:**  
Augusta Medical Center  
UVA Culpeper Hospital  
University of Virginia Medical Center  
VCU Community Memorial Hospital

**Olson, Paul A., MD**  
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NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5292  
**Hospital Affiliations:**  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center
Primary Care Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Inova Alexandria Hospital
Rappahannock General Hospital
Sentara Obici Hospital
Shenandoah Memorial Hospital Inc
UVA Culpeper Hospital
Warren Memorial Hospital, Inc.

Pyles, Terrance L., MD
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NMG Affiliate Practice I, LLC
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Hospital Affiliations:
Spotsylvania Regional Medical Center
UVA Culpeper Hospital

Quaye, Roland, MD
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Hospital Affiliations:
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Smyth County Community Hospital
Spotsylvania Regional Medical Center
UVA Culpeper Hospital

Shibeshi, Woldecherkos A., MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Obici Hospital
Stafford Hospital Center
UVA Culpeper Hospital

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Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany
Columbia Pulaski Community Hospital
d/b/a LewisGale Pulaski Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery
UVA Culpeper Hospital

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Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Obici Hospital
Stafford Hospital Center
UVA Culpeper Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

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Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Whittle-Bradford, Rhonda G., MD
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Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Danville

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Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany
Columbia Pulaski Community Hospital
d/b/a LewisGale Pulaski Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery
UVA Culpeper Hospital

Brotheron, Timothy, MD
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Danville Hematology & Oncology
125 Executive Dr Ste J
Danville, VA 24541
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Hospital Affiliations:
Danville Hematology & Oncology
Danville Hospital

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Hospital Affiliations:
SOVAH Health - Danville

Chauhan, Ajit, MD
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Hospital Affiliations:
Danville Cardiology Clinic

Desai, Balaji, MD
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(434) 792-0411
125 Executive Drive Suite J
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Hospital Affiliations:
SOVAH Health - Danville

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Dr. T.M. Alabanza and Falgui
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Hospital Affiliations:
Danville Internal Medicine Inc

Jannach, Stephan H., MD
Pro#: 10178871
Spectrum Medical Inc (Internal Medicine)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 793-4711

Hospital Affiliations:
SOVAH Health - Danville

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Pro#: 10080246
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(434) 792-4041

Hospital Affiliations:
SOVAH Health - Danville

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Pro#: 10052386
Piedmont Prime Care of Danville
130 Enterprise Dr
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Hospital Affiliations:
Danville Internal Medicine

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Danville Hematology & Oncology
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Hospital Affiliations:
Danville Hematology & Oncology
Danville Hospital

Hospital Affiliations:
Danville Cardiology Clinic

Dillwyn

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Hospital Affiliations:
Danville Internal Medicine

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Singh, Sukhwinder, DO
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

Dominion Primary Care (Centra Medical Group)
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Hospital Affiliations:
Danville Internal Medicine Inc

D’Amico, Paul J., MD
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Hospital Affiliations:
Centra Martha Jefferson Hospital

Dublin

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Dillwyn, VA 23936
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Optima Direct Network Providers 5/2019 104

Optima Health
Primary Care Physicians - Tier 1

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28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations:
Columbia Pulaski Community
Hospital d/b/a LewisGale Pulaski

Stewart, Knotresha F., MD
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River Valley Healthcare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations:
Columbia Pulaski Community
Hospital d/b/a LewisGale Pulaski

Bashore, Randall T., MD
Marcelin, Fitzgerald, MD
Stewart, Knotresha F, MD
Osemohor, Ehikioya O., MD
University of Virginia Medical Hospital Affiliations:
(434) 286-3602
Esmont, VA 22937
2256 Irish Rd
Southern Albemarle Family Practice (CVH) (CCNV)
2256 Irish Rd
Esmont, VA 22237
(434) 286-3602
Hospital Affiliations:
University of Virginia Medical Center

Fairfax
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Pro#: 10187690
AFFORDABLE PRIMARY CARE, LLC
10721 Main Street Suite 2450
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(703) 940-5000
Hospital Affiliations:
Inova Alexandria Hospital

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Fairfax, VA 22030
(703) 679-1876

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Khan, Mubarik, MD
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Maranian, Ara M., MD
Prov#: 10135143

Pham, Nick, MD
Prov#: 10099429

Munis, Raja, MD
Prov#: 64464
Raiqa Munis MD PC
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(703) 277-3346

Khalafian, Michael J., MD

Emson Hospital Affiliations:
Potomac Valley Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Emporia
Marcelin, Fitzgerald, MD
Prov#: 10069304
Emporia Greeneville Medical Center
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Hospital Affiliations:
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Hospital Affiliations:
Sentara RMH Medical Center

Elkton
Floros-Perez, Iehus S., MD
Prov#: 10207065
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Hospital Affiliations:
Sentara RMH Medical Center (CVHS)(CCNV)

Esmont
Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVH/CCNV)
2256 Irish Road
Esmont, VA 22237
(434) 286-3602

Hospital Affiliations:
University of Virginia Medical Center

Williams, Maryanne D., MD
Prov#: 45978
Southern Albemarle Family Practice (CVH) (CCNV)
2256 Irish Rd
Esmont, VA 22237
(434) 286-3602

Hospital Affiliations:
University of Virginia Medical Center

Falls Church
Burris II, Alfred C., MD
Prov#: 10176288
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Bal, Bikram, MD
Prov#: 10098508
Centra Medical Group, LLC
800 Oak Street
Falls Church, VA 22042
(343) 315-2850

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Fauquier Hospital
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Jafir, Ahsan Q., DO
Prov#: 10176241
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Hayes, Shawn, MD
Prov#: 10034927

Lewis, Danielle S., MD
Prov#: 10024330

Sydnor, III, Walton Kirkham, MD
Prov#: 10176373
Centra Medical Group, LLC
800 Oak Street
Falls Church, VA 22042
(343) 315-2850

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Faucheraub Hospital
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Maranian, Ara M., MD
Prov#: 10176517
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Pham, Nick, MD
Prov#: 10099429
Pham Internal Medicine
6408 Seven Corners Place Suite F
Falls Church, VA 22044
(703) 533-7673

Hospital Affiliations:
Reston Hospital Center

Fishersville
Alexander, Kerry, MD
Prov#: 56902
Augusta Health Pain Management Clinic
78 Medical Center Dr
Fishersville, VA 22939
(540) 952-4075

Hospital Affiliations:
Augusta Medical Center

Inova Alexandria Hospital

Khan, Mubarik, MD
Prov#: 54085022

Jafir, Ahsan Q., DO
Prov#: 10176241

Pham, Nick, MD
Prov#: 10099429

Pham, Nick, MD
Prov#: 10099429

Fauquier Hospital
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Maranian, Ara M., MD
Prov#: 10176517

Inova Alexandria Hospital

Khan, Mubarik, MD
Prov#: 54085022

Inova Alexandria Hospital

Blackman, William A., MD
Prov#: 10034927
Lynchburg Internal Medicine
1705 East Third Street
Falls Church, VA 23901
(343) 315-2850

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bonagiri, Vara P., MD
Prov#: 44577

Inova Alexandria Hospital

Hayes, Shawn, MD
Prov#: 10034927
Lynchburg Internal Medicine
1705 East Third Street
Falls Church, VA 23901
(343) 315-2850

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kalafian, Michael J., MD
Prov#: 10034927
Lynchburg Internal Medicine
1705 East Third Street
Falls Church, VA 23901
(343) 315-2850

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Gomez-Manjarres, Diana, MD
Prov#: 10152560
University of Virginia Physicians Group
9 Pinnacle Drive Suite A03
Fishersville, VA 22939
(844) 472-8711

Hospital Affiliations:
University of Virginia Medical Center

Salomon, Alexander, MD
Prov#: 10206224
Augusta Health Internal Medicine
Fishersville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Anand, Mohit, MD
Prov#: 10158336
Sentara Pratt Medical Group (SMG)
4900 Plank Rd
Frederickburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Joseph, Cherian, MD
Prov#: 10050879
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Frederickburg, VA 22407
(540) 242-4141

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gray, Thomas G, MD
Prov#: 41812
Augusta Health Internal Medicine
Fishersville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

Hospital Affiliations:
Augusta Medical Center

Snedgrass, Shelley L., MD
Prov#: 10013513
Augusta Health Internal Medicine
Fishersville
53 S Medical Park Drive
Fishersville, VA 22939
(540) 932-5687

Hospital Affiliations:
Augusta Medical Center

Roll, Jeanne R., MD
Prov#: 10152659
Onley Community Health Center (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Sentara Obici Hospital

Murray, Thomas Bradley, MD
Prov#: 10152695
Onley Community Health Center (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Basha, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHCS)(CCNV)
2217 Princess Anne Street
Frederickburg, VA 22401
(540) 733-0560

Hospital Affiliations:
University of Virginia Medical Center

Chica, Noble Lucien, MD
Prov#: 10102577
Patient First - Frederickburg/Plank Road
3031 Plank Road
Frederickburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Henry Ford Doctors' Hospital - Forest Campus
Henry Ford Doctors' Hospital - Retreat Campus

Clemo, F. Lynne W., MD
Prov#: 10020147
Chancellors Internal Medicine
12006 Kilnare Drive
Frederickburg, VA 22407
(540) 419-4476

Elbert, Bethanne, MD
Prov#: 10148817
Colonial Internal Medicine Associates
125 Olde Greenwich Drive Suite 300
Frederickburg, VA 22408
(540) 374-5399

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Gupta, Vikas, MD
Prov#: 28233
Central Virginia Internal Medicine
912 Lafayette Blvd
Frederickburg, VA 22401
(540) 656-2800

Hospital Affiliations:
Mary Washington Hospital (MWH)

Fries

Vandyke, Kelly S., MD
Prov#: 10091812
Fries Community Healthcare, Inc
109 Carroll Drive
Fries, VA 24330
(764) 744-3660

Optima Direct Network Providers 5/2019

OptimaHealth
### Primary Care Physicians - Tier 1

**Front Royal**
- **Daly, Patricia A., MD**
  - Prov#: 35932
  - Valley Health Endocrinology & Internal Medicine
  - 120 N Commerce Ave Suite 255
  - Front Royal, VA 22630
  - (540) 636-0800
- **Bonsu, Osei, DO**
  - Prov#: 10027216
  - Carilion Medical Associates
  - 199 Hospital Drive Ste 5
  - Galax, VA 24333
  - (276) 236-6136
  - 199 Hospital Drive Ste 7
  - Galax, VA 24333
  - (276) 236-6136

**Gainesville**
- **Joseph, Bridget, MD**
  - Prov#: 10092117
  - Allergy and Asthma Specialists of Greater Washington (IM)
  - 840 A John Marshall Highway
  - Front Royal, VA 22630
  - (540) 428-1715
- **Kissi, Ludmila, MD**
  - Prov#: 10198783
  - Patient First-Gainesville
  - 14800 Lee Highway
  - Gainesville, VA 20155
  - (703) 743-7017

**Gondy, Gauthami, MD**
- Prov#: 10176211
- NMG Affiliate Practice I, LLC
- 812 West Stuart Dr
- Galax, VA 24333
- (276) 238-3318
- **Kovacich, John J., MD**
  - Prov#: 10106655
  - Independence Family Care
  - 104 Cranberry Road Suite 200A
  - Galax, VA 24333
  - (276) 236-9953
  - **Laws, Allen, MD**
  - Prov#: 43478
  - Carilion Medical Associates
  - 199 Hospital Drive Ste 7
  - Galax, VA 24333
  - (276) 236-6136

**Glen Allen**
- **Aggarwal, Arpita, MD**
  - Prov#: 10134184
  - Family Physicians of Ridgefield
  - 5360 Twin Hickory Road
  - Glen Allen, VA 23059
  - (804) 346-3200
- **Cho, Grace, MD**
  - Prov#: 10079746
  - CarilionHealth Pediatrics and Internal Medicine
  - 10150 Staples Mill Road Suite C
  - Glen Allen, VA 23060
  - (804) 755-7581
- **Cook, Thomas, MD**
  - Prov#: 10148951
  - Bon Secours Richmond Health System
  - 10150 Staples Mill Road Suite A
  - Glen Allen, VA 23060
  - (804) 893-8627

**Khan, Tahir Hassan, MD**
- Prov#: 10139954
- Bon Secours Senior Care Services
  - 10150 Staples Mill Road Suite A
  - Glen Allen, VA 23060
  - (804) 893-8627

**Hospital Affiliations**
- **Glen Allen**
  - **Bon Secours Memorial Regional Medical Center**
  - **Bon Secours Richmond Community Hospital**
  - **Richmond Health System**
  - **Virginia Physicians, Inc.**
  - **Virginia Living Center**
- **Glen Allen**
  - **Bon Secours Memorial Regional Medical Center**
  - **Bon Secours Richmond Community Hospital**
  - **Richmond Health System**
  - **Virginia Physicians, Inc.**
  - **Virginia Living Center**

**Optima Direct Network Providers 5/2019**

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<td>7547 Medical Drive Suite 2200</td>
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<td>Green, Jr., Melvin G., MD</td>
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<td>Sentara Family Medicine Physicians (SMG)</td>
<td>4001 Coliseum Dr Ste 300</td>
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<td>Hampton, VA 23666</td>
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<td>Johnson, Sandra S., MD</td>
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<td>Sentara Family Medicine Physicians (SMG)</td>
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<td>Younger, Sarah Ann, MD</td>
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<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>2117 Hartford Rd</td>
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<td>(757) 825-4273</td>
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<td>Carilion Healthcare Corporation</td>
<td>282 Westlake Rd</td>
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<td>Hardy, VA 24101</td>
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<td>Sentara RMH Medical Group, LLC</td>
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<td>Harrisonburg, VA 22801</td>
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<td>Koch, Adrienne J., DO</td>
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<td>Sentara RMH Medical Group, LLC</td>
<td>1871 Evelyn Byrd Avenue</td>
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<td>Harrisonburg, VA 22801</td>
<td>(540) 564-7100</td>
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<td>1931 Medical Avenue</td>
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<td>Alleghany Regional Hospital d/b/a LewisGale Alleghany</td>
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<td>Rakearic, Ilja Steven, MD</td>
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<td>Medical Avenue Internal Medicine, P.C.</td>
<td>1920 Medical Avenue Suite F</td>
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<td>Harrisonburg, VA 22801</td>
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<td>Rousel, George A, MD</td>
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<td>Harrisonburg Internal Medicine</td>
<td>1937 Medical Avenue</td>
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<td>Harrisonburg, VA 22801</td>
<td>(540) 433-6967</td>
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<td>1532 Slate Creek Road Ste 101</td>
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<td>Divine Health Care, LLC</td>
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<td>1661 South Main Street</td>
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<td>Shafqat, Syed I., MD</td>
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Haymarket, VA 20169  
(703) 396-5292

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Zaidi, Zan R., MD  
Pro#: 10176515  
NMG Affiliate Practice I, LLC  
15225 Heathcote Blvd  
Haymarket, VA 20169  
(703) 396-5292

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Haysi, VA 24256  
(276) 865-5121

Jackson, Sherri T., MD  
Pro#: 10152610  
Richmond Primary Care  
2200 Pump Road Suite 100  
Henrico, VA 23233  
(804) 741-7141

Scheer, Amy M., DO  
Pro#: 10187234  
AD SENIOR MEDICAL, LLC  
5000 Stoneleigh Road  
Henrico, VA 23228  
(804) 347-5927

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
John Randolph Medical Center  
Sentara Northern Virginia Medical Center

Hopewell, VA 23801  
(804) 580-7200

Bouno, Osei, DO  
Pro#: 10027216  
Carilion Medical Associates  
PO Box 1927 Main Street  
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(276) 728-7731

Clark, Kenneth Alan, MD  
Pro#: 23569  
Carilion Medical Associates  
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(276) 728-7731

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Twin County Regional Hospital  
Elmasry, Medhat N., MD  
Pro#: 10093871  
St. Mary's Medical Center, PLC  
430 West Stuart Drive  
Hillsville, VA 24343  
(276) 728-3332

Hospital Affiliations:  
Twin County Regional Hospital

Lewis, William, MD  
Pro#: 58465  
Carilion Medical Associates  
416 S Main St  
Hillsville, VA 24343  
(276) 728-7731

Menezes, Jr., Robert Charles, MD  
Pro#: 10161221  
Twin County Family Care Center of Hillsville  
102 Pine Street  
Hillsville, VA 24343  
(276) 728-4311

Pryor, Robert, MD  
Pro#: 44144  
Carilion Medical Associates  
416 South Main St Suite A  
Hillsville, VA 24343  
(276) 236-6136

Hospital Affiliations:  
Twin County Regional Hospital

Chaudhry, Faisal W., MD  
Pro#: 26485  
Community Health Clinic PC  
5705 Red Bud Highway  
Honaker, VA 24260  
(276) 873-6300

Hopewell, VA 23801  
(804) 458-8557

Armstrong, Brent, MD  
Pro#: 10027372  
Appomattox River Medical LLC  
815 W Poythress Street  
Hopewell, VA 23860  
(804) 458-8557

Hospital Affiliations:  
John Randolph Medical Center  
Clasby, Sheila, MD  
Pro#: 10143296  
Primary Health Group - Ironbridge  
308 North 6th Avenue  
Hopewell, VA 23860  
(804) 458-8536

Hospital Affiliations:  
John Randolph Medical Center  
Gadani, Manu R., MD  
Pro#: 14723  
Manu R. Gadani MD PC  
107 DMV Dr  
Kilmarnock, VA 22482  
(804) 458-8557

Hospital Affiliations:  
Twin County Regional Hospital  
Craig, Kevin, MD  
Pro#: 48139  
Healthworks for Northern Virginia  
1141 Elden Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

McGrath, Kevin J., MD  
Pro#: 98830  
Sentara Northern Virginia Medical Center  
815 W Poythress Street  
Kilmarnock, VA 22482  
(804) 458-8557

Norton Community Hospital

Kenbridge, VA 24580  
(276) 236-6136

Powers, Linda P., MD  
Pro#: 45951  
Southside Medical Management Inc  
306 E Sixth Avenue  
Kenbridge, VA 23944  
(434) 676-8021

Kilmarnock, VA 22482  
(804) 458-8557

Daffeh, June, MD  
Pro#: 10155913  
Bay Internists, Inc.  
101 Harris Drive  
Kilmarnock, VA 22482  
(804) 453-3103

Hospital Affiliations:  
Rappahannock General Hospital

Jonesville, VA 22430  
(804) 396-5292

Almatar, Abdul-Latif, MD  
Pro#: 98830  
Stone Mountain Health Services (CCNV)  
276 Fieldstone Drive  
Jonesville, VA 22430  
(707) 546-3001

Couch, Jill K, DO  
Pro#: 10103852  
Stone Mountain Health Services (CCNV)  
276 Fieldstone Drive  
Jonesville, VA 22430  
(707) 546-3001

Hospital Affiliations:  
Norton Community Hospital

Kilmarnock, VA 22482  
(804) 453-3103

Deschamps, John, MD  
Pro#: 68679  
Bay Internists, Inc.  
107 DMV Dr  
Kilmarnock, VA 22482  
(804) 453-3103

Hospital Affiliations:  
Rappahannock General Hospital

McGrath, Kevin J., MD  
Pro#: 48139  
Bay Internists, Inc.  
107 DMV Dr  
Kilmarnock, VA 22482  
(804) 453-3103

Hospital Affiliations:  
Rappahannock General Hospital
## Primary Care Physicians - Tier 1

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<td>Lewis, Danielle S., MD</td>
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Primary Care Physicians - Tier 1

3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-3656
501 Ves Road
Lynchburg, VA 24503
(434) 386-3500

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Lord, Archibald, MD
Prov#: 10056239
Medical Associates of Central Virginia Intravene
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Lynchburg, VA 24501
(434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Meadows, James W., MD
Prov#: 10208530
Centra Medical Group, LLC
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Miller, Richard A., MD
Prov#: 10076713
Blue Ridge Internal Medicine
1922 Thomson Drive Ste B
Lynchburg, VA 24501
(434) 846-4444

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Nichols, Kensley, MD
Prov#: 10207283
Community Access Network
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Lynchburg, VA 24504
(434) 200-3366

Hospital Affiliations:
Centra Lynchburg General Hospital

Rafferty, Moira A., MD
Prov#: 10004663
Medical Associates of Central Virginia Intravene
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Lynchburg, VA 24501
(434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Rakheram, Geeta, MD
Prov#: 10163964
Lynchburg Internal Medicine
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Lynchburg, VA 24502
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Rawlins, Jonas, DO
Prov#: 10167182
Lynchburg Women's and Pediatric Health Services
320 Federal Street
Lynchburg, VA 24504
(434) 947-5967
620 Court Street
Lynchburg, VA 24504
(434) 455-3330

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Reed, Harrell, MD
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Lynchburg Internal Medicine
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908
1901 Thomson Drive
Lynchburg, VA 24501
(434) 200-3908
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-3908
501 Ves Road
Lynchburg, VA 24503
(434) 386-3500

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Sydnor, III, Walton Kirkham, MD
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Centra Medical Group, LLC
1300 Enterprise Drive
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(434) 316-5900
1701 Thomson Drive
Lynchburg, VA 24501
(434) 200-3656
1901 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3656
1902 Grace Street
Lynchburg, VA 24504
(434) 947-5100
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 200-3656
407 Federal Street
Lynchburg, VA 24504
(434) 200-6516
693 Leesville Road
Lynchburg, VA 24502
(434) 947-5700

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

West, Sarah, MD
Prov#: 10203807
Community Access Network
800 5th Street
Lynchburg, VA 24504
(434) 200-3366

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Williams, Nathan, MD
Prov#: 45435
Medical Associates of Central Virginia Intravene
2215 Landover Place
Lynchburg, VA 24501
(434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wisniewski, Lisa, MD
Prov#: 10024732
Medical Associates of Central Virginia Intravene
2215 Landover Place
Lynchburg, VA 24501
(434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Madison Heights

Rawlins, Jonas, DO
Prov#: 10167182
Lynchburg Women's and Pediatric Health Services
134 Elon Road
Madison Heights, VA 24572
(540) 948-6743

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Manassas

Akintide, Adegoyin G., MD
Prov#: 10176212
NMG Affiliate Practice I, LLC
8700 Sudley Road
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Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/
John Randolph Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Pavilion
Henrico Doctors' Hospital - Retreat Campus
Inova Alexandria Hospital
John Randolph Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Shenandoah Memorial Hospital
Inova Spotsylvania Regional Medical Center
Warren Memorial Hospital, Inc.

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Sentara Martha Jefferson Hospital

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Hospital Affiliations:
Mary Washington Hospital (MWH)
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
University of Virginia Medical Center
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<th>Marion</th>
<th>Martinsville</th>
<th>McLean</th>
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<td><strong>McLean</strong></td>
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<tr>
<td><strong>Davis, Willette C., MD</strong>&lt;br&gt;Pro#: 10069926&lt;br&gt;Blue Ridge Medical Management Corporation (MSMG IM)&lt;br&gt;245 Medical Park Dr First Floor&lt;br&gt;Marion, VA 24354&lt;br&gt;(276) 378-1341</td>
<td><strong>Aaron, Caren, MD</strong>&lt;br&gt;Pro#: 10042636&lt;br&gt;Martinsville Physician Practices, LLC&lt;br&gt;319 Hospital Drive Suite 202&lt;br&gt;Martinsville, VA 24112&lt;br&gt;(276) 666-0452</td>
<td><strong>Kitay, Kaleen, MD</strong>&lt;br&gt;Pro#: 10102170&lt;br&gt;PartnerMD, PC&lt;br&gt;6862 Elm Street Ste 700&lt;br&gt;McLean, VA 22101&lt;br&gt;(703) 289-3750</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;SOVAH Health - Martinsville&lt;br&gt;©&lt;br&gt;Buchanan, Linda, MD&lt;br&gt;Pro#: 10030709&lt;br&gt;Carilion Medical Associates&lt;br&gt;1107 Brookdale Street Ste A&lt;br&gt;Martinsville, VA 24112&lt;br&gt;(276) 670-3300</td>
<td><strong>Meadowview</strong>&lt;br&gt;©&lt;br&gt;Elmore, Karen A., MD&lt;br&gt;Pro#: 10068319&lt;br&gt;Emory Internal Medicine&lt;br&gt;12180 Alder Street&lt;br&gt;Meadowview, VA 24361&lt;br&gt;(276) 695-0205</td>
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<td><strong>Jithpratuck, Warit, MD</strong>&lt;br&gt;Pro#: 10082802&lt;br&gt;MSMG HIMA SCCH&lt;br&gt;560 Radio Hill Road Dept 3 West&lt;br&gt;Marion, VA 24354&lt;br&gt;(276) 782-1176</td>
<td><strong>Eason, Paul, MD</strong>&lt;br&gt;Pro#: 10030470&lt;br&gt;Carilion Medical Associates&lt;br&gt;1107 Brookdale Street Ste A&lt;br&gt;Martinsville, VA 24112&lt;br&gt;(276) 670-3300</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;SOVAH Health - Martinsville&lt;br&gt;©&lt;br&gt;Hama Amin, Ali M., MD&lt;br&gt;Pro#: 10060776&lt;br&gt;Carilion Medical Associates&lt;br&gt;1107 Brookdale Street&lt;br&gt;Martinsville, VA 24112&lt;br&gt;(276) 670-3300</td>
<td><strong>Meadowview</strong>&lt;br&gt;©&lt;br&gt;Aquilo, Melissa, MD&lt;br&gt;Primary Care Physicians - Tier 1&lt;br&gt;Meadowview&lt;br&gt;©&lt;br&gt;Buchanan, Linda, MD&lt;br&gt;Pro#: 10030709&lt;br&gt;Carilion Medical Associates&lt;br&gt;1107 Brookdale Street Ste A&lt;br&gt;Martinsville, VA 24112&lt;br&gt;(276) 670-3300</td>
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<td><strong>Thakkar, Nirav, MD</strong>&lt;br&gt;Pro#: 10176377&lt;br&gt;MSMG Affiliate Practice I, LLC&lt;br&gt;8700 Sudley Road&lt;br&gt;Manassas, VA 20110&lt;br&gt;(703) 396-5292</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
<td><strong>Cappello, Roger, MD</strong>&lt;br&gt;Pro#: 10100520&lt;br&gt;Bon Secours Lee Davis Medical Associates&lt;br&gt;7041 Lee Park Road&lt;br&gt;Mechanicsville, VA 23111&lt;br&gt;(804) 746-3505</td>
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<td><strong>Zaidi, Zan R., MD</strong>&lt;br&gt;Pro#: 10176515&lt;br&gt;MSMG Affiliate Practice I, LLC&lt;br&gt;8700 Sudley Road&lt;br&gt;Manassas, VA 20110&lt;br&gt;(703) 396-5292</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
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<td><strong>Zaidi, Zan R., MD</strong>&lt;br&gt;Pro#: 10176515&lt;br&gt;MSMG Affiliate Practice I, LLC&lt;br&gt;8700 Sudley Road&lt;br&gt;Manassas, VA 20110&lt;br&gt;(703) 396-5292</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
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<td><strong>Elmore, Karen A., MD</strong>&lt;br&gt;Pro#: 10068319&lt;br&gt;Emory Internal Medicine&lt;br&gt;12180 Alder Street&lt;br&gt;Meadowview, VA 24361&lt;br&gt;(276) 695-0205</td>
<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Novant Health UVA Health System Haymarket Medical Center&lt;br&gt;Novant Health UVA Health System Prince William Medical Center</td>
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<td><strong>Aquilo, Melissa, MD</strong>&lt;br&gt;Pro#: 10079647&lt;br&gt;Patient First - Mechanicsville&lt;br&gt;7238 Mechanicsville Turnpike&lt;br&gt;Mechanicsville, VA 23111&lt;br&gt;(804) 559-9900</td>
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- VCU Health System/MCV

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Sentara Leigh Hospital
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Hospital Affiliations:
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- Sentara CarePlex Hospital

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8200 Meadowbridge Road Suite 306
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Mechanicsville, VA 23116

Martin-Ryan, Patricia, MD
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Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Midlothian Community Hospital

Midlothian

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Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
- John Randolph Medical Center
- Smyth County Community Hospital
- VCU Community Memorial Hospital
- VCU Health System/MCV

Beltram-Keeley, Joyce, MD
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Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- Bon Secours Stuart Circle Hospital

Bradshaw, Brian T., MD
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James River Internists LLC
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Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital

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Hospital Affiliations:
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- Bon Secours St. Marys Hospital

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Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Chippenham Medical Center/Johnston-Willis Hospital

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- Bon Secours St Francis Medical Center
- Bon Secours St. Marys Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

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Primary Care Physicians - Tier 1

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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center

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Henrico Doctors’ Hospital - Retreat Campus
Southside Regional Medical Center

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Hospital Affiliations: Bon Secours St. Francis Medical Center

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Grady, Victoria, MD
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Montross
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(757) 824-5676

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Sentara Obici Hospital
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Hospital

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Tidewater Physicians Multispecialty
Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 877-4221

Goswami, Bijoya, MD
Prov#: 10152994
Sentara Family and Internal
Medicine Physicians (SMG)
11803 Jefferson Ave Ste 140
Newport News, VA 23606
(757) 594-1803

Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital

Hospital Affiliations:
Sentara CarePlex Hospital
Li, Xia, MD
Prov#: 10111789
Patient First - Denbigh Blvd
611 Denbigh Blvd
Newport News, VA 23608
(757) 283-8300

Villaneuva, Pedro R, MD
Prov#: 10203884
Riverside Medical Group
1000 Old Denbigh Boulevard Suite
1020A
Newport News, VA 23602
(757) 875-2009

Hospital Affiliations:
Bon Secours Mary Immaculate
Hospital
Sentara CarePlex Hospital
Sentara Williamsburg Regional
Medical Center

Hospital Affiliations:
Sentara CarePlex Hospital
Brooks, Bonnie J., MD
Prov#: 10052236
Sentara Family and Internal
Medicine Physicians (SMG)
11803 Jefferson Ave Ste 140
Newport News, VA 23606
(757) 594-1803

Hospital Affiliations:
Sentara CarePlex Hospital

500 J Clyde Morris Boulevard
Newport News, VA 23601
(757) 594-3580

4714 Marshall Ave
Newport News, VA 23607
(757) 380-8709
Hospital Affiliations:
Sentara CarePlex Hospital

Soto Guerrero, Yazmin, MD
Prov#: 10180327
Renova Internal Medicine
710 Denbigh Blvd Suite 7B
Newport News, VA 23608
(757) 877-1529

Norfolk

Lorenzo, David L., MD
Prov#: 23261
Southeastern Virginia Health
System
1033 28th Street
Newport News, VA 23607
(757) 952-2160

Ahmed, Ali S., MD
Prov#: 10208093
EVMS Medical Group
825 Fairfax Avenue Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Princess Anne Hospital

4714 Marshall Ave
Newport News, VA 23607
(757) 380-8709
Hospital Affiliations:
Sentara CarePlex Hospital

Alband, Wendy F., MD
Prov#: 10106300
East Beach Medical Associates
4039 E Little Creek Road
Norfolk, VA 23518
(757) 738-1200

Pham, Huy D, MD
Prov#: 10209227
Riverside Medical Group
500 J Clyde Morris Boulevard
Newport News, VA 23601
(757) 594-3580
Hospital Affiliations:
Riverside Regional Medical Center
Roman, Gerardo Rivera, MD
Prov#: 10180328
Renova Internal Medicine
710 Denbigh Blvd Suite 7B
Newport News, VA 23608
(757) 877-1529

Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Bademian, Robert L., MD
Prov#: 12107
Sentara Family and Internal
Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hospital Affiliations:
Sentara CarePlex Hospital


Ross, Glenn S., MD
Prov#: 52014
Sentara Family and Internal
Medicine Physicians (SMG)
11803 Jefferson Ave Ste 140
Newport News, VA 23606
(757) 594-1803

Barakoti, Prashant, MD
Prov#: 10071431
Hague Internal Medicine (Bayview
Physician Services PC)
400 W Brambleton Ave Ste 100
Norfolk, VA 23510
(757) 627-6220

Hospital Affiliations:
Sentara CarePlex Hospital

Optima Direct Network Providers 5/2019

118

Beverly, Vernis, MD
Prov#: 59800
Adult and Pediatric Medical
Associates, PC
1701 Church St Ste B
Norfolk, VA 23504
(757) 484-2001
Prov#: 91801
Norfolk Community Health Center
Inc
1401 Tidewater Dr Ste 1
Norfolk, VA 23504
(757) 623-0095
Hospital Affiliations:
Chesapeake Regional Medical
Center
Children's Hospital of the King's
Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Boggs, Jody P., MD
Prov#: 10076474
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Bumanglag, Leila, MD
Prov#: 10157280
DePaul Medical Associates
155 Kingsley Lane Suite 400
Norfolk, VA 23505
(757) 278-2240
Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Camp, R. Michael, MD
Prov#: 12075
Drs. Mann, Martens, Camp &
Naylor
902 Graydon Ave
Norfolk, VA 23507
(757) 622-1661
Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Castaldo, David J., MD
Prov#: 10104438
Amelia Medical Associates (Bon
Secours DePaul Med Ctr)
885 Kempsville Rd Ste 320
Norfolk, VA 23502
(757) 955-2828
Hospital Affiliations:
Bon Secours DePaul Medical
Center Inc
Chakan, Matthew C., MD
Prov#: 10186283
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital


Primary Care Physicians - Tier 1

Manser, Thomas, MD
Pro#: 12007
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Martens, Werner, MD
Drs. Mann, Martens, Camp & Naylor
902 Graydon Ave
Norfolk, VA 23507
(757) 622-1661

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

McIntee, Kathleen P., MD
Pro#: 12098
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mehrahtu, Semret T., MD
Pro#: 10105764
GHENT STATION MEDICAL ASSOCIATES
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 622-8358

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mpoy Kanyinda, Jean-Marie K., MD
Pro#: 10118822
Sentara Family and Internal Medicine Physicians (SMG)
7401 Granby Street
Norfolk, VA 23505
(757) 388-9920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nowroozi, Maryam, MD
Pro#: 10002090
Tidewater Physicians Multispecialty Group, PC (TPMG)
110 Kingsley Lane Suite 309
Norfolk, VA 23505
(757) 889-2006

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patel, Mit P, MD
Pro#: 10188646
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Pavon, Humberto, MD
Pro#: 12135
Internal Medicine, Kidney and Hypertension Center, PC
5700 Lake Wright Dr Ste 101
Norfolk, VA 23502
(757) 502-4840

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pecsk, Thomas R., MD
Pro#: 31105
Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rajan, Soundar, MD
Pro#: 10036226
Park Place Medical Center
3415 Granby St
Norfolk, VA 23504
(757) 533-9108

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Obici Hospital

Reed, Sharon Budniak, MD
Pro#: 10173352
GHENT STATION MEDICAL ASSOCIATES
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 622-8358

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Obici Hospital

Rehman, Zahra M, MD
Pro#: 10209816
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Robertson, Charlene, MD
Pro#: 71013
Associates In Primary Care, PC
426 E Freemason St.
Norfolk, VA 23510
(757) 623-6072

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rosenberg, David E., MD
Pro#: 10115926
Portsmouth Community Health Center (CCNV)
804 Whitaker Lane
Norfolk, VA 23510
(757) 393-6363
9575 Shore Drive
Norfolk, VA 23501
(757) 393-6363

Ryal, Jennifer L., MD
Pro#: 10022014
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sadri, Sharon, MD
Pro#: 10025626
Norfolk Internal Medicine, PC
160 Kingsley Ln Ste 500
Norfolk, VA 23505
(757) 889-6733

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sando, Karin, MD
Pro#: 22122
Bayview Physician Services, PC
400 W Brambleton Ave Suite 100
Norfolk, VA 23510
(757) 627-6220

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Santacruz, Nestor D, MD
Pro#: 10210585
Bayview Medical Center, Inc.
2203 E Little Creek Rd
Norfolk, VA 23518
(757) 583-2181
Pro#: 12134
Kidney and Medical Specialists, PC
7428 Tidewater Dr
Norfolk, VA 23505
(757) 889-6733

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Schiel, Sherry A., MD
Pro#: 12361
Dedicated Care Center (SMG)
301 Riverview Ave Ste 900
Norfolk, VA 23510
(757) 252-9300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sutton, Stuart K., MD
Pro#: 56574
Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tahhan, Sami Georges, MD
Pro#: 58349
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Taylor, Celestia J., DO
Pro#: 10117494
Sentara Family and Internal Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tuanquin-Gonzalez, Leilianie C., MD
Pro#: 10022024
Sentara Family and Internal Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tyman, Thomas A., DO
Pro#: 10205449
Sentara Family Medicine Physicians - SMG
301 Riverview Ave Ste 810
Norfolk, VA 23510
(757) 252-9150

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Van Gomple, Ryan J., MD
Pro#: 10179043
Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Webb, Christopher H, DO
Pro#: 10179043
Tidewater Physicians Multispecialty Group, PC (TPMG)
110 Kingsley Lane Suite 309
Norfolk, VA 23505
(757) 889-2006

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital

Optima Direct Network Providers 5/2019
120

OptimaHealth
Primary Care Physicians - Tier 1

- Whitehurst, Candace M., MD
  - Pro#: 139000
  - GHENT STATION MEDICAL ASSOCIATES
  - 930 W 21st Street Suite 100
  - Norfolk, VA 23517
  - (757) 622-8358
  - Hospital Affiliations: Norton Community Hospital

- Bevins, Ashley, DO
  - Norton Community Hospital

- Bentley, Jody, DO
  - Pro#: 10040909
  - Community Physicians Residency Clinic
  - 96 15th St NW Suite 104
  - Norton, VA 24273
  - (276) 679-8890
  - 96 15th St NW Suite 111
  - Norton, VA 24273
  - (276) 439-1871
  - Hospital Affiliations: Norton Community Hospital

- Cusano, Matthew, MD
  - Pro#: 10045399
  - Norton Community Physician Services LLC
  - 1490 Park Ave NW Suite 3
  - Norton, VA 24273
  - (276) 679-8890
  - 96 15th St NW Suite 111
  - Norton, VA 24273
  - (276) 439-1871
  - Hospital Affiliations: Norton Community Hospital

- Newberry, Brian S., DO
  - Pro#: 10153571
  - Norton Community Physician Services LLC
  - 1490 Park Ave NW Suite 3
  - Norton, VA 24273
  - (276) 679-8890
  - 96 15th St NW Suite 111
  - Norton, VA 24273
  - (276) 439-1871

- Onley
  - Murray, Thomas Bradley, MD
    - Pro#: 10152695
    - Onley Community Health Center
    - Norton Community Hospital
    - 96 15th Street NW Ste 104
    - Norton, VA 24273
    - (276) 679-8890
  - Hospital Affiliations: Norton Community Hospital

- Nicholas, Tiffani M., DO
  - Norton Community Physicians
  - 1490 Park Ave NW Suite 3
  - Norton, VA 24273
  - (276) 679-8890
  - 96 15th Street NW Ste 104
  - Norton, VA 24273
  - (276) 679-8890
  - Hospital Affiliations: Norton Community Hospital

- Ramakrishnan, Karthik, MD
  - Park Avenue Medical Associates
  - 1761 Park Avenue SW
  - Norton, VA 24273
  - (276) 325-0417
  - Hospital Affiliations: Norton Community Hospital

- Sergent, Bernie N., DO
  - Pro#: 10116648
  - Norton Community Physician Services LLC
  - 1490 Park Ave NW Suite 3
  - Norton, VA 24273
  - (276) 679-8890
  - 96 15th St NW Suite 111
  - Norton, VA 24273
  - (276) 439-1871
  - Hospital Affiliations: Norton Community Hospital

- Copley, Christopher S., DO
  - Pro#: 10200583
  - Buchanan Health Care, LLC
  - 8243 Riverside Dr
  - Oakwood, VA 24631
  - (276) 498-4571
  - Hospital Affiliations: Buchanan General Hospital

- Kabaria, Ramesh, MD
  - Pro#: 10087153
  - Ramesh Kabaria MD PC
  - 13430 River Side Dr
  - Oakwood, VA 24631
  - (276) 498-4571
  - Hospital Affiliations: Buchanan General Hospital

- Rybicki, Steven H., MD
  - Pro#: 10155169
  - University of Virginia Physicians Group
  - 661 University Lane Suite B
  - Orange, VA 22960
  - (540) 661-3004
  - Hospital Affiliations: University of Virginia Medical Center

- Copley, Christopher S., DO
  - Pro#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 321 C Poplar Drive
  - Petersburg, VA 23805
  - (804) 733-5591
  - 541 S Sycamore Street
  - Petersburg, VA 23803
  - (804) 957-9601
  - Hospital Affiliations: University of Virginia Medical Center

- Bashore, Randall T., MD
  - Pro#: 94167
  - Kadaranath S. Boodram, MD
  - 601 Old Wagner Road Suite 103
  - Petersburg, VA 23805
  - (804) 526-7900
  - Hospital Affiliations: John Randolph Medical Center

- Boodram, Kadarnath S., MD
  - Pro#: 57846
  - Southside Regional Medical Center

- Cohen, Michael R., MD
  - Pro#: 10155169
  - University of Virginia Physicians Group
  - 661 University Lane Suite B
  - Orange, VA 22960
  - (540) 661-3004
  - Hospital Affiliations: University of Virginia Medical Center

- Palmyra
  - Baker, Randolph M., MD
    - Pro#: 10169622
    - Sentara Palmyra Medical Associates
    - 33 Rebecca Drive
    - Palmyra, VA 22963
    - (434) 654-4680
    - Hospital Affiliations: Sentara Martha Jefferson Hospital

- Rolfe, Paige B., MD
  - Pro#: 90626
  - Sentara Palmyra Medical Associates
  - 33 Rebecca Drive
  - Palmyra, VA 22963
  - (434) 654-4680
  - Hospital Affiliations: Sentara Martha Jefferson Hospital

- Westfield, Wendy Kay, MD
  - Pro#: 64908
  - University of Virginia Physicians Group
  - 112 Croton Place
  - Palmyra, VA 22963
  - (434) 589-9030
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

- Petersburg
  - Bashore, Randall T., MD
    - Pro#: 45970
    - Central Virginia Community Health Center (CVHS)(CCNV)
    - 321 C Poplar Drive
    - Petersburg, VA 23805
    - (804) 733-5591
    - 541 S Sycamore Street
    - Petersburg, VA 23803
    - (804) 957-9601
    - Hospital Affiliations: University of Virginia Medical Center

- Boodram, Kadarnath S., MD
  - Pro#: 94167
  - Kadaranath S. Boordram, MD
  - 601 Old Wagner Road Suite 103
  - Petersburg, VA 23805
  - (804) 526-7900
  - Hospital Affiliations: John Randolph Medical Center

- Cohen, Michael R., MD
  - Pro#: 57846
  - Southside Regional Medical Center

Optima Direct Network Providers 5/2019 121
Primary Care Physicians - Tier 1
Amin, Mitesh S, MD
Prov#: 10126233
Vibra Physicians, LLC
2220 Edward Holland Drive
Richmond, VA 23230
(843) 654-7689
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
John Randolph Medical Center
Southampton Memorial Hospital
Southside Regional Medical Center
Avram, Zheni, MD
Prov#: 10050938
Virginia Physicians, Inc.
6900 Forest Ave Suite 300
Richmond, VA 23230
(804) 346-1515
Ayala-Sims, Veronica, MD
Prov#: 10209740
Vernon J. Harris East End
Community Health Center (CCNV)
2709 11 Byron Street
Richmond, VA 23223
(804) 525-1818
719 N 25th Street
Richmond, VA 23223
(804) 780-0840
Bedinger Jr., Robert W., MD
Prov#: 72269
Virginia Physicians, Inc.
6900 Forest Avenue Suite 300
Richmond, VA 23230
(804) 545-9529
Hospital Affiliations:
Henrico Doctors' Hospital - Forest
Campus
St. Mary's Hospital
Bhat, Shridhar V., MD
Prov#: 45845
Center for Internal Medicine &
Hypertension
110 N Robinson Ste 305
Richmond, VA 23220
(804) 780-2610
Prov#: 10132435
Richmond Behavioral Health
Authority
107 S 5th Street
Richmond, VA 23219
(804) 819-4000
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest
Campus
Henrico Doctors' Hospital - Retreat
Campus
Sheltering Arms Rehabilitation
Hospital
Bonner, Lloyd, MD
Prov#: 10150035
Bon Secours Sports Medicine &
Primary Care
101 Cowardin Ave Suite 305
Richmond, VA 23224
(804) 325-8801
2401 West Leigh Street Suite 200
Richmond, VA 23220
(804) 325-8801

9460 Amberdale Drive Suite A
Richmond, VA 23236
(804) 818-7041
Prov#: 10169717

Prov#: 10127167
Primary Health Care AssociatesVHS
101 Cowardin Ave Suite 305
Richmond, VA 23224
(804) 644-1665

Primary Health Group - Retreat
110 N Robinson Street Ste 400
Richmond, VA 23220
(804) 822-3480

505 West Leigh Street Suite 303
Richmond, VA 23220
(804) 644-1333
Hospital Affiliations:
Bon Secours Memorial Regional
Medical Center
Bon Secours Richmond
Community Hospital
Bon Secours St. Marys Hospital
Bowman, Randall, MD
Prov#: 10129624
Bon Secours Associated Internists
7001 Forest Ave Suite 405
Richmond, VA 23230
(804) 288-3079
Hospital Affiliations:
Bon Secours St. Marys Hospital
Brengel, George R., MD
Prov#: 45862
Commonwealth Internal Medicine
Associates
9220 Forest Hill Avenue
Richmond, VA 23235
(804) 560-8838
Prov#: 10085285
Commonwealth Internal Medicine
Associates (Bon Secours St Mary)
9220 Forest Hill Ave Suite 1A
Richmond, VA 23235
(804) 560-8838
Hospital Affiliations:
Bon Secours St. Francis Medical
Center

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Crognale, Elizabeth J., MD
Prov#: 32013
Premier HealthCare Associates Inc
7702 E Parham Rd Ste 101
Richmond, VA 23294
(804) 288-7901
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest
Campus
Daniel III, John M., MD
Prov#: 36378
Virginia Physicians, Inc.
6900 Forest Avenue Suite 300
Richmond, VA 23230
(804) 545-9529
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest
Campus
St. Mary's Hospital
Disler, Robin S., MD
Prov#: 10085266
West End Internal Medicine
5855 Bremo Road Suite 207
Richmond, VA 23226
(804) 288-3079
5875 Bremo Road Suite 104
Richmond, VA 23226
(804) 977-8915

Burkwall, Patricia, MD
Prov#: 10021773
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

7001 Forest Avenue Suite 2500
Richmond, VA 23230
(804) 282-7857
9600 Patterson Ave
Richmond, VA 23229
(804) 741-6200
Prov#: 43925

Hospital Affiliations:
Bon Secours St. Marys Hospital
Christensen, J Stephen, MD
Prov#: 21204
Drs. Wickham, Titus, Hendrix,
Turner & Pahle
2201 Grove Ave
Richmond, VA 23220
(804) 359-1351

West End Internal Medicine
Associates
7001 Forest Avenue Ste 2500
Richmond, VA 23230
(804) 282-7858
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest
Campus
St. Mary's Hospital

Hospital Affiliations:
Bon Secours St. Marys Hospital
Clasbey, Sheila, MD
Prov#: 10169713
Primary Care of West End Richmond Family Practice
425 North Blvd
Richmond, VA 23220
(804) 358-0248
Prov#: 10143599

Domah, Nau Deavin, MD
Prov#: 10099040
Bon Secours Associated Internists
5855 Bremo Road Ste 207
Richmond, VA 23226
(804) 288-3079

Primary Health Group - Ironbridge
1471 Johnston Willis Drive
Richmond, VA 23235
(804) 320-1333

5875 Bremo Road MOB South Suite
110
Richmond, VA 23226
(804) 288-1040

6439 Ironbridge Road
Richmond, VA 23234
(804) 271-8990

Optima Direct Network Providers 5/2019

123

Prov#: 10121334
Laburnum Medical Center
4620 South Laburnum Avenue
Richmond, VA 23231
(804) 226-2444
Prov#: 10099062
Primary Health Care AssociatesVHS
1510 N 28th St Ste 308
Richmond, VA 23223
(804) 644-1665
2421 Chamberlayne Avenue
Richmond, VA 23222
(804) 329-8510
Hospital Affiliations:
Bon Secours Richmond
Community Hospital
Mary Washington Hospital (MWH)
Stafford Hospital Center
Du, Beth S., MD
Prov#: 30118
Bon Secours Associated Internists
7001 Forest Ave Suite 405
Richmond, VA 23230
(804) 288-3079
Hospital Affiliations:
Bon Secours St. Marys Hospital
St. Mary's Hospital
Elliott, Charmaine, MD
Prov#: 10186922
Primary Health Care AssociatesVHS
1510 N 28th St Ste 308
Richmond, VA 23223
(804) 644-1665
2421 Chamberlayne Ave
Richmond, VA 23222
(804) 329-8510
Hospital Affiliations:
Bon Secours Richmond
Community Hospital
Ferguson, Jennifer M., MD
Prov#: 10058888
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655
Ferrar, William L., MD
Prov#: 10002750
Primary Care of West End LLC
7660 E Parhan Road MOB 1 Suite
103
Richmond, VA 23294
(804) 282-2580
Galichon, Karen, MD
Prov#: 10146934
Primary Care of West End LLC
7660 East Parham Road MOB 1
Suite 103
Richmond, VA 23294
(804) 282-2580
Hospital Affiliations:
Henrico Doctors' Hospital Parham Campus


<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mirshahi, Iraj, DO</td>
<td>1-800-000-1234</td>
<td>123 Main St, Richmond, VA 23226</td>
<td>Gastroenterology, Internal Medicine</td>
</tr>
<tr>
<td>Minai, Omar, MD</td>
<td>1-800-000-1234</td>
<td>456 Market St, Richmond, VA 23223</td>
<td>Family Medicine, Internal Medicine</td>
</tr>
<tr>
<td>McConnell, Amy C., MD</td>
<td>1-800-000-1234</td>
<td>789 Cherry St, Richmond, VA 23224</td>
<td>Internal Medicine, Psychiatry, Gastroenterology</td>
</tr>
<tr>
<td>MeIchler, Ryan, DO</td>
<td>1-800-000-1234</td>
<td>101 Park Ave, Richmond, VA 23225</td>
<td>Emergency Medicine, Internal Medicine</td>
</tr>
<tr>
<td>Minai, Omar, MD</td>
<td>1-800-000-1234</td>
<td>234 Maple St, Richmond, VA 23226</td>
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**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus

**Other Affiliations:**
- Commonwealth Internal Medicine
- Community Hospital
- Gastroenterology Associates of VA
- Patient First - Short Pump
- Patient First - Goochland
- PartnerMD, PC
- Sentara Northern Virginia Medical Center
# Primary Care Physicians - Tier 1

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<td>Turner, Robert T., MD</td>
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Roanoke

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Primary Care Physicians - Tier 1

615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Gardner, James H., MD
Prov#: 10181921
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Gibbons, David M., MD
Prov#: 10167163
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Gohar, Salman, MD
Prov#: 10095967
Carilion Clinic Internal Medicine - Riverside 3
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Grove, Jr., Lucian Y., MD
Prov#: 10148099
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jaeger, Anne M., MD
Prov#: 10180125
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Jamison, Suzanna C., MD
Prov#: 10195177
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Jaswani, Sanjay Madhu, MD
Prov#: 10173956
Lewis-Gale Physicians, LLC
5303 Indian Grave Road
Roanoke, VA 24018
(540) 725-3060

Johnston, Bruce, MD
Prov#: 10030964
Carilion Internal Medicine-Roanoke 1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Karanjett, Raina, MD
Prov#: 10205068
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kausal, Ashutosh, MD
Prov#: 10027674
Carilion Internal Medicine-Roanoke 1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Kiney, Adrienne M., DO
Prov#: 10148150
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kitchin, Patricia L., DO
Prov#: 10152855
Internal Medicine of Roanoke, PC
1315 2nd St SW Ste 202
Roanoke, VA 24016
(540) 344-3020

Hospital Affiliations:
Centra Lynchburg General Hospital

Lantz, Jeri L., MD
Prov#: 10031276
Carilion Internal Medicine-Roanoke 1030 S Jefferson St Suite 106
Roanoke, VA 24016
(540) 985-8100
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Lobell, Russell, MD
Prov#: 10090204
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Lewis-Gale Medical Center

Pagan, Elvis R., MD
Prov#: 10035351
CARILION MEDICAL CENTER
2001 Crystal Springs Avenue
Roanoke, VA 24014
(540) 853-0755

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Patel, Vishal D., MD
Prov#: 10030730
CARILION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Perkins Jr, John C., MD
Pro#: 10207696
CARILION MEDICAL CENTER
1314 Peters Creek Rd
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Raza, Quasir, MD
Pro#: 10075322
Lewis-Gale Physicians, LLC
6136 Peters Creek Road
Roanoke, VA 24019
(540) 283-3660

Hospital Affiliations:
Allegany Regional Hospital d/b/a Lewis-Gale Allegany
Columbia Pulaski Community Hospital
Lewis-Gale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a Lewis-Gale Montgomery

Schleupner, Mark, MD
Pro#: 10031559
Carilion Internal Medicine-Roanoke 1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Self, Lauren S., DO
Pro#: 10193032
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Singh, Chand, MD
Pro#: 10102560
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
# Primary Care Physicians - Tier 1

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## Rocky Mount

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<td>Shah, Mikesh C., MD</td>
<td>(540) 483-5277</td>
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## Salem

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<td>Glontz, Gary E., MD</td>
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<td>(540) 444-2010</td>
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## Smithfield

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<td>Pope, Shannon, MD</td>
<td>(757) 357-3331</td>
<td>201 Gumwood Dr Smithfield, VA 23430</td>
<td>Hospital Affiliations: Family Medical Care of Smithfield PLC</td>
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## Other Locations

- **Renfro, Thomas E., MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital Affiliations: Mountains State Health Alliance

- **Kitchin, Patricia L., DO**
  - Phone: (540) 224-5170
  - Address: Lewis-Gale Physicians, LLC

- **Nguyen, Son, MD**
  - Phone: (540) 224-5170
  - Address: Lewis-Gale Physicians, LLC

- **Voekler, Susanne, MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

- **Wang, Yunan Darien, MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

- **Widd, Michael, MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

- **Womeldorf, Erik Dean, MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

- **Wood, Christopher Don, DO**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

- **Yousuf, Samina, MD**
  - Phone: (540) 224-5170
  - Address: Carilion Roanoke Memorial Hospital

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Optima Direct Network Providers 5/2019

OptimaHealth
### Primary Care Physicians - Tier 1

**South Boston**

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<td>Family Medical Care of Smithfield PLC</td>
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<td>Witko, James F., MD</td>
<td>ProV#: 44141</td>
<td>Halifax Endocrinology &amp; Osteoporosis</td>
<td>2232 Wilborn Ave South Boston, VA 23459 (434) 575-5864</td>
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<td>Otero-Truitt, Tessie, MD</td>
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<td>Mint Spring Medical Clinic</td>
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**South Hill**

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**Staunton**

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<td>Stone Mountain Health Services</td>
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<td>Aquea Family Medical Center</td>
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<td>Ulrich, Michael Alan, DO</td>
<td>ProV#: 10074458</td>
<td>MSMG IM LEB</td>
<td>16431 Wise Street St. Paul, VA 24283 (726) 362-2300</td>
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<td>Aiken, Mary, DO</td>
<td>ProV#: 10071145</td>
<td>Colonial Internal Medicine Associates, PC</td>
<td>352 Harrisonville Road Suite 106 Stafford, VA 22554 (540) 374-5599</td>
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<td>Hospital Affiliations: Mary Washington Hospital (MWH) Stafford Hospital Center</td>
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<td>Almelehi, Faisal A, MD</td>
<td>ProV#: 10008553</td>
<td>Internal Medicine of Virginia PC</td>
<td>11 Hope Road Suite 205 Stafforfd, VA 22554 (540) 542-8824</td>
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<td>Ambrasey, Tedla, MD</td>
<td>ProV#: 10024151</td>
<td>Aquea Family Medical Center</td>
<td>2146 Jefferson Davis Highway Suite 101 Stafforfd, VA 22554 (540) 657-9191</td>
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<td>Awad, Abla, MD</td>
<td>ProV#: 10014090</td>
<td>Internal Medicine of Virginia PC</td>
<td>11 Hope Road Suite 205 Stafford, VA 22554 (540) 542-8824</td>
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<td>ProV#: 10148817</td>
<td>Colonial Internal Medicine Associates, PC</td>
<td>392 Harrisonville Road Suite 106 Stafford, VA 22554 (540) 374-5599</td>
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**Sterling**

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<tr>
<td>Moore Jr., Harry L., MD</td>
<td>ProV#: 20569</td>
<td>Mint Spring Medical Clinic</td>
<td>55 Mint Spring Cir Staunton, VA 24401 (540) 337-2930</td>
</tr>
<tr>
<td>Pitsilos, Stephanie, MD</td>
<td>ProV#: 10008494</td>
<td>Augusta Medical Center</td>
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<tr>
<td>Patel, Anil J., MD</td>
<td>ProV#: 10120861</td>
<td>Loudoun Medical Group PC</td>
<td>21495 Ridgetop Circle Suite 302 Sterling, VA 20166 (703) 430-6600</td>
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<tr>
<td>Kim, Young Kwan, DO</td>
<td>ProV#: 10109916</td>
<td>Patient First - Sterling</td>
<td>47100 Community Place Sterling, VA 20164 (703) 350-1403</td>
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<td>Patel, Anil J., MD</td>
<td>ProV#: 10120861</td>
<td>Loudoun Medical Group PC</td>
<td>21495 Ridgetop Circle Suite 302 Sterling, VA 20166 (703) 430-6600</td>
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<td>Quidwai, Asima, MD</td>
<td>ProV#: 10119918</td>
<td>Patient First - Sterling</td>
<td>47100 Community Place Sterling, VA 20164 (703) 350-1403</td>
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**Sonde, Mehru M., MD**

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<tr>
<td>Tomkins, Glen Edgar, MD</td>
<td>ProV#: 1010297</td>
<td>Healthworks for Northern Virginia</td>
<td>46440 Benedict Dr Suite 208 Sterling, VA 20164 (571) 353-3771</td>
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<tr>
<td>Tomkins, Glen Edgar, MD</td>
<td>ProV#: 1010297</td>
<td>Healthworks for Northern Virginia</td>
<td>46440 Benedict Dr Suite 208 Sterling, VA 20164 (571) 353-3771</td>
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</table>
### Primary Care Physicians - Tier 1

**Stuarts Draft**
- **Hoang, Thu, DO**
  - Prov#: 10190769
  - Augusta Health Primary Care
  - Stuarts Draft
  - 2570 Stuarts Draft Hwy Suite 100
  - Stuarts Draft, VA 24477
  - (540) 245-7880
  - **Hospital Affiliations:**
    - Augusta Health Primary Care

- **Mumaran, Raymund S., MD**
  - Prov#: 22241
  - Internists of Churchland
  - 7185 Harbour Towne Pkwy Suite 206
  - Suffolk, VA 23435
  - (757) 484-5828
  - **Hospital Affiliations:**
    - Bon Secours Maryview Medical Center

- **Dunmaran, John A., DO**
  - Prov#: 1012803
  - Tri-Cities Medical Associates
  - 7185 Harbour Towne Pkwy Suite 206
  - Suffolk, VA 23435
  - (757) 484-5828
  - **Hospital Affiliations:**
    - Bon Secours Maryview Medical Center

**Suffolk**
- **Abu-Abi, Michael S., MD**
  - Prov#: 55524
  - Bayview Physician Services, PC
  - 2000 Meade Parkway
  - Suffolk, VA 23434
  - (757) 539-0251
  - 4868 Bridge Road
  - Suffolk, VA 23434
  - (757) 483-7100
  - **Hospital Affiliations:**
    - Chesapeake Regional Medical Center

- **Dumas, Joan G., MD**
  - Prov#: 10015923
  - Sentara Family Medicine Physicians
  - Suffolk, VA 23435
  - (757) 983-2200
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Hacker, Anke, MD**
  - Prov#: 10208198
  - Christopher Dowd DO PC
  - 5849 Harbour View Blvd Suite 250
  - Suffolk, VA 23435
  - (757) 514-3007
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Buchanan, James D., MD**
  - Prov#: 55534
  - Bayview Physician Services, PC
  - 2000 Meade Parkway
  - Suffolk, VA 23434
  - (757) 539-0251
  - 4868 Bridge Road
  - Suffolk, VA 23435
  - (757) 483-7900
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Kratoval, Kristina R., MD**
  - Prov#: 10208629
  - Sentara Family Medicine Physicians
  - 3920 A Bridge Rd Bldg A Ste 207
  - Suffolk, VA 23435
  - (757) 983-2200
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Mackinnon, Roderick R., MD**
  - Prov#: 22207
  - Internists of Churchland
  - 7185 Harbour Towne Pkwy Suite 206
  - Suffolk, VA 23435
  - (757) 484-5828
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Ramstad, David S., MD**
  - Prov#: 27332
  - David S. Ramstad, MD, MPH & Associates, PC
  - 1035 Champions Way Ste 600
  - Suffolk, VA 23435
  - (757) 394-1390
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Reon, Julia F., MD**
  - Prov#: 58482
  - Sentara Family and Internal Medicine Physicians (SMG)
  - 114 N Main St Suite 200
  - Suffolk, VA 23434
  - (757) 983-8600
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

- **Rodriguez Contreras, Maria, MD**
  - Prov#: 10190932
  - Internists of Churchland
  - 7185 Harbour Towne Pkwy Suite 206
  - Suffolk, VA 23435
  - (757) 484-5828
  - **Hospital Affiliations:**
    - Sentara Obici Hospital

**Tappahannock**
- **Bucher, Bruce M., MD**
  - Prov#: 10007452
  - Tappahannock Primary Care
  - 1362 Tappahannock Blvd
  - Tappahannock, VA 22560
  - (804) 443-5378
  - **Hospital Affiliations:**
    - Riverside Tappahannock Hospital

- **Cardi, Pablo M., MD**
  - Prov#: 10049519
  - Pablo M. Cardi, MD, PC
  - 840 E Finca Tpke
  - Tazewell, VA 24651
  - (276) 988-8103
  - **Hospital Affiliations:**
    - Sentara Obici Hospital
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<td>Joseph, Bridget, MD</td>
<td>Prov#: 10092117</td>
<td>Allergy and Asthma Specialists of Greater Washington (IM)</td>
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<td>Leader, Kenneth M., MD</td>
<td>Prov#: 10036375</td>
<td>Vienna Family Medicine 115 Park Street SE Ste 300 Virginia, VA 22180 (703) 255-9100</td>
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<td>Amabile, Anthony T., MD</td>
<td>Prov#: 10091</td>
<td>Bayview Medical Center, Inc. 816 Independence Blvd Ste G Virginia Beach, VA 23455 (757) 464-2013</td>
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<tr>
<td>Austin, Warren E., MD</td>
<td>Prov#: 10190642</td>
<td>Bayview Physician Services, PC 1925 Glenn Mitchell Dr Ste 100 Virginia Beach, VA 23456 (757) 689-8430</td>
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<td>Brennan, Sirisha, MD</td>
<td>Prov#: 10169702</td>
<td>Legacy Care, LLC 2900 Sabre Street Suite 300 Virginia Beach, VA 23452 (757) 222-0300</td>
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<td>Chance, Amanda, MD</td>
<td>Prov#: 10186669</td>
<td>Legacy Care, LLC 2900 Sabre Street Suite 300 Virginia Beach, VA 23452 (757) 222-0300</td>
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<td>Cohen, Edith J., MD</td>
<td>Prov#: 68652</td>
<td>Bayview Physician Services, PC 1020 Independence Blvd Ste 202 Virginia Beach, VA 23455 (757) 464-6944</td>
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<td>Hasan, Faq, MD</td>
<td>Prov#: 10069392</td>
<td>Little Neck Medical Center, Inc. 3500 Va Beach Blvd Ste 100 Virginia Beach, VA 23452 (757) 502-8966</td>
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<td>Hasan, Tajamul, MD</td>
<td>Prov#: 10141168</td>
<td>Pleasant Valley Medical Center 4221 Pleasant Valley Rd Ste 114 Virginia Beach, VA 23464 (757) 495-7420</td>
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<td>Hipol, Rose D., MD</td>
<td>Prov#: 37053</td>
<td>Hipol Clinic 701 Independence Cir Virginia Beach, VA 23455 (757) 499-6395</td>
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<td>Holmes, Bert W., MD</td>
<td>Prov#: 10160237</td>
<td>Patient Choice Oceana 4421 Virginia Beach Blvd Suite 114 Virginia Beach, VA 23452 (757) 738-1300</td>
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<td>Prov#: 10207568</td>
<td>Legacy Care, LLC 1604 Old Donation Pkwy Virginia Beach, VA 23454 (757) 222-0330</td>
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<td>Kamel, Nancy, MD</td>
<td>Prov#: 10137308</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG) 1232 Perimeter Parkway Suite 101 Virginia Beach, VA 23454 (757) 821-2088</td>
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<td>Kumar, Anita C., MD</td>
<td>Prov#: 10027686</td>
<td>Bon Secours Medical Associates 4445 Corporation Ln Ste 120 Virginia Beach, VA 23462 (757) 213-6980</td>
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<td>Hasan, Tajamul, MD</td>
<td>Prov#: 10141168</td>
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Primary Care Physicians - Tier 1

Kurtz, Eleanor J., MD
Prov#: 10100823
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Le, Dau T., MD
Prov#: 68417
Dau T. Le, MD
5444 Virginia Beach Blvd Suite 104
Virginia Beach, VA 23462
(757) 671-8746

Hospital Affiliations:
Sentara Bayside Hospital

Malki, Rajul, MD
Prov#: 99624
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Manian, Swarna, MD
Prov#: 96721
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Matarwan, Ramon A., MD
Prov#: 10053413
Bayview Physician Services, PC
1860 Colonial Medical Ct
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Mughal, Amjad Iqbal, MD
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Legacy Care, LLC
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital

Patel, Nitin L., MD
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Legacy Care, LLC
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Virginia Beach, VA 23452
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Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany

Patterson, Michael C., MD
Prov#: 10116498
Legacy Care, LLC
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Virginia Beach, VA 23452
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Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany

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Legacy Care, LLC
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Virginia Beach, VA 23452
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Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Allegany

Sams, Garfield Hue, MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

San-Marin, Andrei, MD
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Virginia Beach Family Medicine (PCH) (CCNV)
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Virginia Beach, VA 23451
(757) 425-3610

Hospital Affiliations:
Sentara Mary Immaculate Hospital
Sentara Maryview Medical Center

Seipel, Tammin N., MD
Prov#: 10170211
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
John Randolph Medical Center

Phillip, Tarik A. A., MD
Prov#: 10129763
Bon Secours Town Center Medical Associates
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Rahman, Syed A., MD
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Hospital Affiliations:
Chopin Medical Center/ John-Winston-Willis Hospital

Riedler, Sylvia H., MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Roberts, Beverly Sue Anderson, DO
Prov#: 10168776
Patient First - Indian River
5486 Indian River Rd
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(757) 424-2490

Hospital Affiliations:
Rappahannock General Hospital
Sentara Alzheimers Medical Center
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Salsano, Alessio C., MD
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Alessio C Salsano, MD
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Hospital Affiliations:
Augusta Medical Center

Warrenton

Burris, Alfreed C., MD
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

David, Joseph P., MD
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Fauquier Physician Practices LLC
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Warrenton, VA 20186
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Hospital Affiliations:
Fauquier Hospital

Escano, Michael G., MD
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Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
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Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Khanyer, Sheila, MD
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
Fauquier Hospital
Primary Care Physicians - Tier 1

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(540) 347-4200

Hospital Affiliations:
Faquier Hospital

Maranian, Ara M., MD
Pro#: 10176517
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(540) 347-9898

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

McCarty, Kevin, MD
Pro#: 44023
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419 Holiday Ct Ste 100
Warrenton, VA 20186
(540) 347-4200

Hospital Affiliations:
Faquier Hospital

Trace, Amy, MD
Pro#: 39682
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Faquier Hospital

Winchester

Cheek, Kimberly M., MD
Pro#: 10013176
Augusta Health Internal Medicine
Waynesboro
201 Lew Dewitt Blvd
Waynesboro, VA 22980
(540) 245-7950

Hospital Affiliations:
Augusta Medical Center

Herring, David S, MD
Pro#: 1085678
Sentara Waynesboro Internal Medicine
15 Pratts Run
Waynesboro, VA 22980
(540) 941-2400

Hospital Affiliations:
Augusta Medical Center

Seaton, Scott M., MD
Pro#: 10080969
UVA Waynesboro Primary Care 15 Boyington Blvd Ste A-01
Waynesboro, VA 22980
(540) 942-1200

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Williamsburg

Ainsley, Krystal E, MD
Pro#: 10096838
Riverside Medical Group
120 Kings Way Suite 1400
Williamsburg, VA 23185
(757) 345-2555
120 Kings Way Suite 3400
Williamsburg, VA 23185
(757) 253-5600

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Hundt, David G., MD
Pro#: 73848
Internal Medicine of Williamsburg, Inc.
227 McLawes Circle
Williamsburg, VA 23185
(757) 564-8182

Hospital Affiliations:
Sentara CarePlex Hospital

Kelley, Michael J, MD
Pro#: 10211880
Sentara Internal Medicine Physicians - Kingsmill (SMG)
477 McLawes Cir Ste 1
Williamsburg, VA 23185
(757) 984-9650

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Khoshnaw, Tara A., MD
Pro#: 10154256
Sentara Family Medicine Physicians (SMG)
400 Sentara Circle Suite 450
Williamsburg, VA 23188
(757) 345-4600

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Lopez, Emigdio, MD
Pro#: 10180387
Sentara Internal Medicine Physicians - Kingsmill (SMG)
477 McLawes Cir Ste 1
Williamsburg, VA 23185
(757) 984-9650

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Marcuson, Patricia L., MD
Pro#: 29088
Williamsburg Internal Medicine (TPMG)
400 Sentara Cir Ste 400
Williamsburg, VA 23188
(757) 645-3150

Hospital Affiliations:
Inova Fairfax Hospital
Sentara Williamsburg Regional Medical Center

Marcuson, Sanford K., MD
Pro#: 28683
Williamsburg Internal Medicine (TPMG)
400 Sentara Cir Ste 400
Williamsburg, VA 23188
(757) 645-3150

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Parikh, Pranav, MD
Pro#: 72902
Williamsburg Internal Medicine (TPMG)
400 Sentara Cir Ste 400
Williamsburg, VA 23188
(757) 645-3150

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Singh, Gurwinder, MD
Pro#: 10206816
Sentara Internal Medicine Physicians (SMG)
4574 New Town Ave Ste 102
Williamsburg, VA 23188
(757) 984-6170

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Villaneuva, Pedro R, MD
Pro#: 10205384
Riverside Medical Group
7364 Richmond Road
Williamsburg, VA 23188
(757) 345-0011

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Walter, Philip S., MD
Pro#: 79086
Sentara Family and Internal Medicine Physicians (SMG)
4574 New Town Ave Ste 102
Williamsburg, VA 23188
(757) 259-6770

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Watkins, Roger A., MD
Pro#: 12366
Sentara Family and Internal Medicine Physicians (SMG)
4374 New Town Ave Ste 102
Williamsburg, VA 23188
(757) 259-6770

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Barch, Cyril A., MD
Pro#: 43942
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Bechamps, Michon, MD
Pro#: 10062330
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Botros, Emad M., MD
Pro#: 72594
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Brink, William C., MD
Pro#: 43936
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135

Hospital Affiliations:
Winchester Medical Center

Buetin, Erin H., DO
Pro#: 10050079
Winchester Pulmonary & Internal Medicine
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
Winchester Medical Center

Childress, S, Preston, MD
Pro#: 43984
Warren Memorial Hospital, Inc.
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
Winchester Medical Center

Galbraith, Mark, MD
Pro#: 43944
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Optima Direct Network Providers 5/2019 133
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## Harrisonburg

**Visger, Jennifer M., MD**  
Prov#: 10027624  
Shenandoah Women's Healthcare  
240 Lucy Drive  
Harrisonburg, VA 22801  
(540) 428-1314

**Barton, Aimee M., MD**  
Prov#: 10367627  
MSMG FP IM Peds KPT  
1600 Johnston Memorial Dr 4th Fl  
Abingdon, VA 24211  
(703) 362-5400

**Hudgens, Donna R., MD**  
Prov#: 10111736  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 715-5219

**Johnston, Helen, MD**  
Prov#: 10109201  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

**Hudgens, Donna R., MD**  
Prov#: 10111736  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

**Hospital Affiliations:**  
**Inova Alexandria Hospital**  
**Sentara Northern Virginia Medical Center**

**Chandra, Poornima, MD**  
Prov#: 10132865  
Alexandria Neighborhood Health Services Inc  
1200 N Howard Street  
Alexandria, VA 22304  
(703) 355-5568  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 360-0300

**Dwyer, Amy, MD**  
Prov#: 10197309  
Neighborhood Health  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 360-0300  
6677 Richmond Highway  
Alexandria, VA 22306  
(703) 535-5568

**Farber, Jon M., MD**  
Prov#: 10017814  
All Pediatrics  
1500 North Beaufort Street Suite 200  
Alexandria, VA 22311  
(703) 436-1215

**Hospital Affiliations:**  
**Inova Alexandria Hospital**  
**Sentara Northern Virginia Medical Center**

**Fecht, Cheryl Ann, MD**  
Prov#: 10169396  
Neighborhood Health  
2 East Glebe Road  
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(703) 535-5568  
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(703) 360-0300  
6677 Richmond Highway  
Alexandria, VA 22306  
(703) 535-5568

**Lazzaro, Susan E., MD**  
Prov#: 10034506  
All Pediatrics  
1500 North Beaufort Street Suite 200  
Alexandria, VA 22311  
(703) 436-1215

**Hospital Affiliations:**  
**Inova Alexandria Hospital**  
**Sentara Northern Virginia Medical Center**

**Lundgren, Kathleen, MD**  
Prov#: 10071591  
All Pediatrics  
1500 North Beaufort Street Suite 200  
Alexandria, VA 22311  
(703) 436-1215

**Hospital Affiliations:**  
**Inova Alexandria Hospital**  
**Sentara Northern Virginia Medical Center**

**Omidvar, Berna, MD**  
Prov#: 10114400  
Hispanic American Pediatric Associates  
5130 Duke Street, Suite 7  
Alexandria, VA 22304  
(703) 751-2021

**Omidvar, Jemal, MD**  
Prov#: 10108587  
Hispanic American Pediatric Associates  
5130 Duke Street, Suite 7  
Alexandria, VA 22304  
(703) 751-2021

**Park, Sue Y., MD**  
Prov#: 10058238  
All Pediatrics  
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Alexandria, VA 22311  
(703) 436-1215

**Powell, Clydette, MD**  
Prov#: 10167048  
Alexandria Neighborhood Health Services Inc  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568

**Prior, Megan, MD**  
Prov#: 10205782  
Neighborhood Health  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
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**Shamim, Tabassum, MD**  
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Neighborhood Health  
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Alexandria, VA 22304  
(703) 535-5568  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 535-5568

**Southhammokasane, Cathy, MD**  
Prov#: 10159136  
All Pediatrics  
1500 N Beaufort Street Suite 200  
Alexandria, VA 22311  
(703) 436-1200

**Hospital Affiliations:**  
**Inova Alexandria Hospital**  
**Sentara Northern Virginia Medical Center**

**Tam, Pilar G., MD**  
Prov#: 10003191  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

**Welman, Martha, MD**  
Prov#: 90236  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

**Taylor, Brittany M., MD**  
Prov#: 10203879  
All Pediatrics  
1500 N Beaufort St Ste 200  
Alexandria, VA 22311  
(703) 436-1200

**Amelia**

**Campbell, Margaret Rodgers, MD**  
Prov#: 10097980  
Southern Dominion Health Systems Inc  
8920 Otterburn Road  
Amelia, VA 23002  
(804) 561-5150

**Hospital Affiliations:**  
**Chippenham Medical Center/Johnston-Willis Hospital**  
**John Randolph Medical Center**

**Amelia Court House**

**Cardone, Jennifer Anne, MD**  
Prov#: 10185112  
Amelia Medical Center  
Counseling Center  
8920 Otterburn Road  
Amelia, VA 23002  
(804) 561-5150

**Hospital Affiliations:**  
**Chippenham Medical Center/Johnston-Willis Hospital**  
**John Randolph Medical Center**

**Amherst**

**Devold, Kimberly M., MD**  
Prov#: 10121657  
Centra Medical Group, LLC  
1280A Main St  
Amherst, VA 24517  
(434) 309-1165

**Hospital Affiliations:**  
**Chippewa Valley Medical Center/Johnston-Willis Hospital**  
**John Randolph Medical Center**

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**Optima Direct Network Providers 5/2019 136**
## Primary Care Physicians - Tier 1

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<td>Beloy, Amie</td>
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<td>70805 Ashburn Pediatrics 20955 Professional Plaza Ste 200 Ashburn, VA 20147</td>
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<td>Glandon-Hyun, Angela</td>
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<td>Cheema, Abdussalam</td>
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<td>10105066 American Kids Care PC 7008-B Little River Turnpike Annandale, VA 20203</td>
<td>Capital Area Pediatrics Inc, Inova Fairfax Hospital</td>
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<td>10206566 Blue Ridge Medical Center (CCNV) 4038 Thomas Nelson Hwy Arrington, VA 22922</td>
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<td>Foo, Carol</td>
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<td>10052277 Capital Area Pediatrics Inc 43480 Yonk Drive Suite 206 Ashburn, VA 20147</td>
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<td>Kodu, Umesh V.</td>
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<td>10065929 Penguin Pediatrics PLLC 44095 Pipeline Plaza Suite 410 Ashburn, VA 20147</td>
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<td>10061821 Capital Area Pediatrics Inc 43480 Yonk Drive Suite 206 Ashburn, VA 20147</td>
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<td>Hutchinson, Lisa M., MD</td>
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<td>Roychoudhury, Anya, MD</td>
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Optima Direct Network Providers 5/2019

Primary Care Physicians - Tier 1

Tobey, Alina H., DO
Pro#: 10051245
Academic Primary Care Associates LLC
3700 South Main St
 Blacksburg, VA 24060
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Hospital Affiliations:
Montgomery Regional Hospital/Bluefield Regional Medical Center

Iqbal, Mohammad K., MD
Pro#: 10115534
Bluefield Pediatric Cardiology Assoc
2221 W Cumberland Road
Bluefield, VA 24201
(276) 807-8001

Hospital Affiliations:
Bluefield Regional Medical Center

Khokar, Shahid Munif, MD
Pro#: 10037539
New River Valley Pediatrics
3706 S Main Street
Blacksburg, VA 24201
(540) 552-7272

Hospital Affiliations:
Carilion New River Valley Medical Center

Iqbal, Mohammad K., MD
Pro#: 10185656
Munif Pediatrics, PC
4 Westwood Medical Park
Bluefield, VA 24201
(276) 322-2450

Hospital Affiliations:
Bluefield Regional Medical Center

Khokar, Shahid Munif, MD
Pro#: 10187275
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24201
(276) 322-3427

Hospital Affiliations:
Bluefield Regional Medical Center/Greenbrier Valley Medical Center

Bates, Gayle, MD
Pro#: 10033407
Twin City Medical Center (Southwest Va Community Health)
2195 Euclid Avenue
Bristol, VA 24201
(276) 496-4492

Bristow

Dulan, Gail L., MD
Pro#: 10102573
Bristow Pediatrics
10492 Bristow Center Drive
Bristow, VA 20136
(571) 379-4246

Hospital Affiliations:
Novant Health VCU Health System/Prince William Medical Center

Centreville

Barmada-Mazid, Serene, MD
Pro#: 10005227
TRUSTED DOCTORS, LLC
6211 Centreville Road Suite 100
Centreville, VA 20121
(703) 391-0900

Hospital Affiliations:
Inova Fair Oaks Hospital/Inova Fairfax Hospital

Chung, Sandy, MD
Pro#: 10087077
TRUSTED DOCTORS, LLC
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Hospital Affiliations:
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Reilly, Michele, DO
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Chantilly Family Medicine, LLC
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Virginia Hospital Center - Arlington

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Optima Direct Network Providers 5/2019
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OptimaHealth
Primary Care Physicians - Tier 1

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Hospital Affiliations:
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Mary Washington Hospital (MWH)
University of Virginia Medical Center

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Hospital Affiliations:
University of Virginia Medical Center

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(434) 296-5321
1215 Lee Street 7th Floor
Charlottesville, VA 22908
(434) 982-1707
2955 Ivy Road Suite 303
Charlottesville, VA 22903
(434) 980-6555

Hospital Affiliations:
University of Virginia Medical Center

Williams, Michael Aaron, MD
Prov#: 10135440
University of Virginia Physicians Group
1204 W Main Street 6th Floor
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1215 Lee Street 7th Floor
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Hospital Affiliations:
University of Virginia Medical Center

Waterhouse, Stephanie G., MD
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1215 Lee Street 7th Floor
Charlottesville, VA 22908
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2955 Ivy Road Suite 303
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(434) 980-6555

Hospital Affiliations:
University of Virginia Medical Center
Primary Care Physicians - Tier 1

Wisman Jr., Paul P., MD  
Pro #: 42728  
Piediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
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(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300  

Wolfe, Karyn E, MD  
Pro #: 96629  
Piediatric Associates of Charlottesville PLC  
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1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300  

Wisman Jr., Paul P., MD  

Chesapeake

Ballard, Dorothy, MD  
Pro #: 95761  
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601 Innovation Dr Suite A  
Chesapeake, VA 23320  
(757) 668-2650  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Barros, Thomas S., DO  
Pro #: 10194851  
Patient First - Taylor Road  
2425 Taylor Road  
Chesapeake, VA 23321  
(757) 215-1800  

Baecon, Sandra S., MD  
Pro #: 52728  
Renaissance Pediatrics, PC  
4012 Raintree Rd Ste 200A  
Chesapeake, VA 23321  
(757) 488-2223  

Beltran, Natalie C., MD  
Pro #: 21887  
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502 Bud Drive Suite 102  
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(757) 312-9220  
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(757) 436-1770  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Beverly, Vernis, MD  
Pro #: 59800  
Adult and Pediatric Medical Associates, PC  
3800 Poplar Hill Rd Suite A  
Chesapeake, VA 23321  
(757) 484-2001  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Bunting, Lisa B., MD  
Pro #: 17808  
Tidewater Children's Associates, Ltd. (CMG)  
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(757) 668-2500  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Chawthorn, John W., MD  
Pro #: 13507  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Cawthorn, John W., MD  
Pro #: 35966  
Chesapeake Pediatrics (CMG)  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

De Triquet, John M., MD  
Pro #: 19468  
Children's Hospital of the King's Daughters  
Sentara Norfolk General Hospital  

Curry, Michelle T., MD  
Pro #: 35209  
M.T. Curry, Inc.  
733 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-5851  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Dorbad, David, MD  
Pro #: 95253  
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4012 Raintree Rd Ste 200A  
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(757) 488-2223  

Drewes, Adam, MD  
Pro #: 10018423  
Tidewater Children's Associates, Ltd. (CMG)  
601 Innovation Dr Suite A  
Chesapeake, VA 23320  
(757) 668-2650  

Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Bon Secours Maryview Medical Center  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Eichelberger, Michelle Davis, MD  
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Chesapeake Pediatrics (CMG)  
1124 South Battlefield Blvd  
Chesapeake, VA 23322  
(757) 668-2500  
500 Discovery Dr Ste 302  
Chesapeake, VA 23320  
(757) 668-2500  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Eichelberger, Scott P., MD  
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Chesapeake, VA 23322  
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500 Discovery Dr Ste 302  
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(757) 668-2500  

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Emejuru, Ogubike, MD  
Pro #: 45034  
Children's Health Associates of Tidewater, PC  
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Chesapeake, VA 23320  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Chatham

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Pro #: 1017736  
UVA Primary Care Center - 4th Floor  
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University of Virginia Medical Center  

Cheriton

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(757) 331-1086  

Hospital Affiliations:  
Riverside Shore Memorial Hospital  

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Hospital Affiliations:  
Riverside Shore Memorial Hospital  

Optima Direct Network Providers 5/2019

142
Primary Care Physicians - Tier 1

500 Discovery Dr Ste 302
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Slade-Byrd, Lynelle, MD
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Children's Hospital of the King's Daughters

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Chesapeake, VA 23320
(757) 436-1770

Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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(757) 436-1770

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Steele, Kerri, MD
Pro#: 10002527
Chesapeake Pediatrics, PC
4707 Buckingham Ct
Chesapeake, VA 23331
(804) 748-9090

Hospital Affiliations:
Chesapeake Regional Medical Center/Johnston-Willis Hospital

Tah, Ruby, MD
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13213 Rivers Bend Blvd
Chester, VA 23836
(804) 530-7413

Tan, Ruby, MD
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Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Chincoteague

Marsh, Nicole Briggs, MD
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Onley Community Health Center (ESRHS) (CCNV)
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Richardson, Gabriella Ferraioli, MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Hospital Affiliations:
Riverside Shore Memorial Hospital

Roipel, David J., MD
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Hospital Affiliations:
Riverside Shore Memorial Hospital

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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters

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(804) 681-0347

Hospital Affiliations:
Children's Hospital of the King's Daughters

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(757) 668-2500

500 Discovery Dr Ste 302
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(757) 668-2500

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Bourassa, Laina, MD
Pro#: 10163826
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Campbell, Kevin, MD
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Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Chester, VA 23831
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Shayne, Robert, MD
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Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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612 Kingsborough Sq Ste 301
Chesapeake, VA 23320
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Chester, VA 23836
(804) 530-7413

Woodhouse, Monica, MD
Pro#: 10193061
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090
<table>
<thead>
<tr>
<th>Primary Care Physicians - Tier 1</th>
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<tr>
<td><strong>Colonial Heights</strong></td>
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<tr>
<td><strong>Altamirano, Nancy F., MD</strong></td>
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<tr>
<td>Prov#: 71813</td>
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<tr>
<td>Virginia Pediatrics PC</td>
</tr>
<tr>
<td>301 Jennick Drive Ste A</td>
</tr>
<tr>
<td>Colonial Heights, VA 23834</td>
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<td>(804) 524-0055</td>
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<td>Hospital Affiliations:</td>
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<tr>
<td>Bon Secours St. Marys Hospital</td>
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<td>Johnston-Willis Hospital</td>
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<td>Henrico Doctors' Hospital - Forest Campus</td>
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<td><strong>Nyirenda, Fafa I., MD</strong></td>
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<td>Infant Jesus Children's Clinic, PLC</td>
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<tr>
<td>210 Temple Ave</td>
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<tr>
<td>(804) 520-6137</td>
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<td>John Randolph Medical Center</td>
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<td><strong>Licen, Vicente S., MD</strong></td>
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<tr>
<td>Prov#: 29325</td>
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<td>Children and Adolescent's Clinic, Inc.</td>
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<tr>
<td>648 C Southpark Blvd</td>
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<tr>
<td>(804) 526-1020</td>
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<td>Prov#: 72018</td>
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<td>Hospital Affiliations:</td>
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<td>Southside Regional Medical Center</td>
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<td><strong>Iqbal, Jawed, MD</strong></td>
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<td>Prov#: 45897</td>
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<td>Childrens Health Pediatrics</td>
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<tr>
<td>16011 Kairos Road</td>
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<td>Southside Regional Medical Center</td>
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<td><strong>Siri, Charuwan, MD</strong></td>
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<td>Prov#: 14941</td>
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<td><strong>Yu, Lanping, MD</strong></td>
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<tr>
<td>Yu Pediatrics, P.C.</td>
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<tr>
<td>325 Charles H Dimmock Parkway</td>
</tr>
<tr>
<td>Suite 600</td>
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<td>Colonial Heights, VA 23834</td>
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<td>(804) 518-3288</td>
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<tr>
<td><strong>Barnhart, Amy K., MD</strong></td>
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<td>Yu Pediatrics, P.C.</td>
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<tr>
<td>325 Charles Dimmock Parkway Suite 600</td>
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<td><strong>Obusan, Aida O., MD</strong></td>
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<td>Southside Regional Medical Center</td>
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<tr>
<td><strong>Shahab-Uddin, Ahmed, MD</strong></td>
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<tr>
<td>Prov#: 99168</td>
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<tr>
<td>Colonial Heights Pediatrics</td>
</tr>
<tr>
<td>16011 Kairos Road</td>
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<tr>
<td>Colonial Heights, VA 23834</td>
</tr>
<tr>
<td>(804) 520-2600</td>
</tr>
</tbody>
</table>

| **Brantley, Gretchen W., MD**    |
| Prov#: 22927                     |
| Piedmont Pediatrics              |
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| (434) 975-7777                  |
| **Grice, Stephanie M., MD**      |
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| Crozet, VA 23932                |
| (434) 975-7777                  |
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| Sentara Martha Jefferson Hospital|
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| **Michel, Robert S., MD**        |
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<p>| <strong>Culpeper</strong>                    |
| <strong>Harnum, Lisa, MD</strong>            |
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| Culpeper, VA 22701               |
| (540) 321-4281                   |
| 541 Sunset Lane Suite 301        |
| Culpeper, VA 22701               |
| (540) 825-4557                   |
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| Culpeper, VA 22701               |
| (540) 825-1191                   |
| Hospital Affiliations:           |
| UVA Culpeper Hospital            |
| <strong>Covington</strong>                   |
| <strong>Boersma, Carol A., MD</strong>        |
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| Crozet, VA 22932                |
| (434) 975-7777                  |
| <strong>Kilby, Walter B., MD</strong>         |
| Prov#: 10121263                  |
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| 100 Saunders Street             |
| Culpeper, VA 22701               |
| (540) 829-4900                   |
| Hospital Affiliations:           |
| UVA Culpeper Hospital            |
| <strong>Daleville</strong>                   |
| <strong>Amoroso, Kathy, MD</strong>           |
| Prov#: 10029690                  |
| Carilion Healthcare Corporation  |
| 60 Market Center Way             |
| Daleville, VA 24083              |
| (540) 992-1251                   |
| <strong>Barnhart, Amy K., MD</strong>         |
| Prov#: 10091859                  |
| Carilion Healthcare Corporation  |
| 60 Market Center Way             |
| Daleville, VA 24083              |
| (540) 992-1251                   |</p>
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<th>Practice</th>
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<th>Affiliation</th>
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<tbody>
<tr>
<td>Falls Church</td>
<td>McAndrews, Julie, MD</td>
<td>MD</td>
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<td>2946 Sleepy Hollow Rd 3B Falls Church, VA 22044</td>
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<td>Prince Edward Pediatrics LLC</td>
<td>1715 W Third Street Farmville, VA 23901</td>
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### Primary Care Physicians - Tier 1

#### Franklin

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<td>Applewhite, Sarah A., MD</td>
<td>(757) 442-4819</td>
<td>9159 Franktown Rd, Franktown, VA 23354</td>
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#### Franktown

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<td>Riopel, David J., MD</td>
<td>(757) 442-4819</td>
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#### Fredericksburg

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<td>(540) 899-3440</td>
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#### Hospital Affiliations:

- Hospital Affiliations: Virginia Hospital Network/AVN
  - Sentara CarePlex Hospital
  - Sentara Leigh Hospital
  - Sentara Norfolk General Hospital
  - Southside Community Hospital
  - Virginia Hospital Network/AVN

### hood, Kyon A., MD

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<td>(540) 785-9595</td>
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<td>4701 Spotsylvania Pkwy</td>
<td>(540) 604-9894</td>
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<td>O’Brien, Julie, MD</td>
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<td>331 Park Hill Drive</td>
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<td>Rochford, Verne, MD</td>
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<td>1451 Hospital Dr</td>
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<td>Purcell, Linda M., DO</td>
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<td>1266 Carol Ln</td>
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<td>Parcells, Erik Gabriel, MD</td>
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<td>1560 Spotsylvania Ave</td>
<td>(540) 654-5402</td>
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<td>315 W 10th St</td>
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<td>750 Iron Bar Ln Ste 120</td>
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**Hospital Affiliations:**
- Mary Washington Hospital (MWH)
- John Randolph Medical Center
- Johnston-Willis Hospital
- John Randolph Medical Center
- Mary Washington Hospital (MWH)
- Stafford Hospital Center

Optima Direct Network Providers 5/2019  150
Primary Care Physicians - Tier 1

Great Falls

Guillen, Manuel, MD
Pro #: 10133578
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Mary Washington Hospital (MWH)

Zeh, Debra A., MD
Pro #: 10041843
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Hospital Affiliations:
Reston Hospital Center

Hampton

Badavi, Aurora S., MD
Pro #: 38541
ABC Pediatrics
2200 Executive Dr Ste D
Hampton, VA 23666
(757) 826-6889

Hospital Affiliations:
Sentara CarePlex Hospital

Eichelberger, Imani Rene, MD
Pro #: 10093353
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Hardy

Sarbin, Adam A., MD
Pro #: 31925
Physicians to Children Inc
276 Westlake Road Ste 3
Hardy, VA 24101
(540) 342-9213

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Harrisonburg

Ashton, Christopher A., MD
Pro #: 20102
Harrisonburg Pediatrics PC
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3004

Hospital Affiliations:
Sentara RMH Medical Center

Leddie, Linda C., MD
Pro #: 13381
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 838-8166

Motley, Vickie C., MD
Pro #: 67384
ABC Pediatrics
2200 Executive Dr Ste D
Hampton, VA 23666
(757) 826-6889

Hospital Affiliations:
Sentara CarePlex Hospital

Odom-Austin, Angela D., MD
Pro #: 10148861
Associates in Pediatric Care, PC
2101 Executive Drive Suite 610
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Raizada, Juhi Gupta, MD
Pro #: 10193866
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Sheppard, Theresa, MD
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Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Walker, Paul, MD
Pro #: 13380
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Corn, Stephanie, MD
Pro #: 10165069
Harrisonburg Community Health Center Inc
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Harrisonburg, VA 22801
(540) 433-4913

Gerber, Amanda L., MD
Pro #: 10129339
Bluestone Pediatrics PLLC
4059 Quarters Court
Harrisonburg, VA 22801
(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Goodwin, Sarah C., MD
Pro #: 10163388
Harrisonburg Community Health Center Inc
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(540) 433-4913

Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Hamel, Theresa Lyn, MD
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Harrisonburg Community Health Center Inc
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(540) 433-4913

Hospital Affiliations:
Sentara RMH Medical Center

Hutton, Jamie S., MD
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Inholt, Megan E., MD
Pro #: 10032547
Valley Children’s Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Lambert, Lynn D, MD
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Valley Children's Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Hospital Affiliations:
Sentara RMH Medical Center

Max-Wright, Paula, MD
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(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Prieur, Tara H, MD
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Valley Children’s Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Hospital Affiliations:
Sentara RMH Medical Center

© Austin, Sherie H., MD
Pro #: 10117676
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Mary Washington Hospital (MWH)

Dry, Christie A., MD
Pro #: 10001514
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children’s Hospital of the King’s Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Graham, Maurice E., MD
Pro #: 78130
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Howard, Anne F., MD
Pro #: 10074432
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Mares, Steven C., MD
Pro #: 78120
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
Spotsylvania Regional Medical Center

Via, Dan F., MD
Pro #: 78117
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

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<td>Wise, Rebecca S., DO</td>
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<td>PediatricCare of Northern Virginia, PC, 15195 Heathcote Boulevard Suite 250 Haymarket, VA 20169 (703) 330-3939</td>
<td>Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center Inova Fairfax Hospital</td>
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<td>McKnight, Charlotte, MD</td>
<td>10198180</td>
<td>Henrico Pediatrics, P.C., 7605 Forest Ave Suite 102 Henrico, VA 23299 (804) 288-3069</td>
<td>Hospital Affiliations: Henrico Inova Fairfax Hospital</td>
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<tr>
<td>McKnight, Charlotte, MD</td>
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<td>Hospital Affiliations: Henrico Inova Fairfax Hospital</td>
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<td>Broderick, Elizabeth K., MD</td>
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<td>The Children's Clinic, Ltd., 3055 George Washington Mem Hwy, Hayes, VA 23072 (804) 642-9231</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital</td>
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<td>Breski, Richard R., MD</td>
<td>53861</td>
<td>The Children's Clinic, Ltd., 3055 George Washington Mem Hwy, Hayes, VA 23072 (804) 642-9231</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital</td>
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<td>Archandran, Narmatha, MD</td>
<td>10052276</td>
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<td>Hospital Affiliations: Inova Fairfax Hospital Inova Fair Oaks Hospital Inova Fairfax Hospital</td>
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<td>Dharia, Subarna, MD</td>
<td>10124667</td>
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<td>Hospital Affiliations: Inova Fairfax Hospital Inova Fair Oaks Hospital Inova Fairfax Hospital</td>
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<td>Dolvane, Rubina, MD</td>
<td>10100002</td>
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<td>Hospital Affiliations: Inova Fairfax Hospital Inova Fair Oaks Hospital Inova Fairfax Hospital</td>
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<td>Eng Tow, Della, MD</td>
<td>10060796</td>
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<td>Siegel, Allison J, MD</td>
<td>10131956</td>
<td>Capital Area Pediatrics Inc, 12950 Highland Crossing Drive Suite H Herndon, VA 20171 (703) 860-4200</td>
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<td>Parker, Damien, MD</td>
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<td>Panitz, Polly J., MD</td>
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<td>Siegel, Allison J, MD</td>
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<td>Hospital Affiliations: Inova Fairfax Hospital Inova Fair Oaks Hospital Inova Fairfax Hospital</td>
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Primary Care Physicians - Tier 1

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Optima Direct Network Providers 5/2019 154

Optima Health
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Optima Direct Network Providers 5/2019 156
OptimaHealth
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<td>Boisseau, Sandra L., MD</td>
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  Chippenham Medical Center/Johnston-Willis Hospital

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Hospital Affiliations:
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Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Hospital Affiliations:
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Children's Hospital of the King's Daughters

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Hospital Affiliations:
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Hospital Affiliations:
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Optima Direct Network Providers 5/2019 161

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Prov#: 13931
PDC Pediatrics (CMG)
6345 Center Dr Bldg 14
Norfolk, VA 23502
(757) 461-4027

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mccoy, Dawn M., MD
Prov#: 12539
Tidewater Pediatric Consultants PC
1682 Church Street
Norfolk, VA 23504
(757) 962-8605

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mecevoy, Anne O, MD
Prov#: 1011381
Pediatric Associates (CMG)
1909A Granby St
Norfolk, VA 23517
(757) 640-0022

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Meeiks, Christopher J., DO
Prov#: 1011381
Pediatric Associates (CMG)
1909A Granby St
Norfolk, VA 23517
(757) 640-0022

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nuttingham, Scott, MD
Prov#: 62822
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ongkingco, Jose Ramon C., MD
Prov#: 13539
Tidewater Children's Associates, Ltd. (CMG)
171 Kempsville Rd Bldg B
Norfolk, VA 23502
(757) 668-6500

Hospital Affiliations:
Sentara CarePlex Hospital
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<td>General Academic Pediatrics</td>
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Primary Care Physicians - Tier 1

Walker, Paul, MD
Pro#: 13380
Associates in Pediatric Care, PC
930 Majestic Ave Ste 200
Norfolk, VA 23504
(757) 627-5705

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Richardson, Gabriella Ferraioli, MD
Pro#: 10164893
Onley Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Hospital Affiliations:
Children's Hospital of the King's Daughters

Holland, Eliza, MD
Pro#: 10155076
University of Virginia Physicians Group
661 University Lane
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Hospital Affiliations:
University of Virginia Medical Center

Taylor, Julia F., MD
Pro#: 10150392
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661 University Lane Suite A
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Hospital Affiliations:
University of Virginia Medical Center

Wright, Kelly L., MD
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PDC Pediatrics (CMG)
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Norfolk, VA 23502
(757) 461-0427

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Onley Community Health Center
Prov#: 10094775

Srivastava, Anjuli, MD
Pro#: 10083003
PediCare Pediatrics Inc
345 Hempstead Rd Ste 200
Norfolk, VA 23502
(757) 461-6342

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Riopel, Cathy S., MD
Pro#: 45990
Atlantic Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
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Hospital Affiliations:
Riverside Shore Memorial Hospital

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Atlantic Community Health Center (ESRHS) (CCNV)
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Hospital Affiliations:
Riverside Shore Memorial Hospital

Pappas, Diane E., MD
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UVA Pediatrics at Orange
169 Spices Mill Rd
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Hospital Affiliations:
University of Virginia Medical Center

Norton, VA 23502

Begley, Charles Jeffrey, MD
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Community Pediatrics
102 15th Street Ste 303
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Hospital Affiliations:
Norton Community Hospital

Siegrist, Jeremy P., MD
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Hospital Affiliations:
University of Virginia Medical Center

Orange, VA 22960

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Southside Regional Medical Center

Duhart, Harold Bobby, MD
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Community Health Center of the Rappahannock Region (CVHS)
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(804) 957-9601

Lewis-Blackwell, Robbie L., MD
Pro#: 62504
Community Health Center of the Rappahannock Region (CVHS)
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Petersburg, VA 23805
(804) 957-9601

Hospital Affiliations:
VCU Health System/MCV

Tan, Ruby, MD
Pro#: 10080646
Infant Jesus Children's Clinic, PLC
5 Holly Hill Drive
Petersburg, VA 23805
(804) 733-4131
Primary Care Physicians - Tier 1

Poquoson

Steiner, Carol, MD
Pro#: 10149523
Poquoson Pediatrics
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Portsmouth

Alegre-Ipanag, Olivia, MD
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Portsmouth Pediatrics, PC
446 Effingham St Ste 302
Portsmouth, VA 23704
(757) 673-6277

Hospital Affiliations:
Bon Secours Maryview Medical Center

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3701 South St
Portsmouth, VA 23707
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Hospital Affiliations:
Bon Secours Maryview Medical Center

Kim, Sung Y., MD
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Sung Kim, MD
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Portsmouth, VA 23707
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Hospital Affiliations:
Bon Secours Maryview Medical Center

Rajakumar, Thevarajani, MD
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Portsmouth Community Health Center (CCNV)
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Portsmouth, VA 23704
(757) 393-6363

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Prince George

Caldwell, Melaney A., MD
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Caldwell Pediatrics and Wellness Center PC
2035 Waterside Road Suite 105
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Hospital Affiliations:
Southside Regional Medical Center

Purcellville

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Maguire, Jennifer, MD
Pro#: 10151431
Loudoun Pediatric Associates
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Purcellville, VA 20132
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Hospital Affiliations:
Inova Fairfax Hospital

Radford

Bailey, Breann L., MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Morgen, Florence H., MD
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New River Valley Pediatrics
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Hospital Affiliations:
Carilion New River Valley Medical Center

Reston

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Hospital Affiliations:
Reston Hospital Center

Kapoor, Shreethi, MD
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Hospital Affiliations:
Reston Hospital Center

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Hospital Affiliations:
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Price, Shannon, MD
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Hospital Affiliations:
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Reynolds, Benjamin P., MD
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Hospital Affiliations:
Reston Hospital Center

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8002 Discovery Drive Suite 110
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
St. Mary's Hospital

Ayers, Christopher, MD
Pro#: 10040007
Commonwealth Pediatrics PC
7023 Old Jahnke Road
Richmond, VA 23225
(804) 320-1353

Bates, Kathrynn, MD
Pro#: 54568
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(757) 288-9190

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Beard, Justine, DO
Pro#: 10188006
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Bell, Sandra, MD
Pro#: 45624
Manchester Pediatric Associates, P.C.
101 Cowardin Ave Ste 302
Richmond, VA 23224
(804) 231-0788

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Bennett, Lillie R, MD
Pro#: 45921
Lillie R Bennett MD
1510 N 28th Street Ste 207
Richmond, VA 23222
(804) 649-0044

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
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<td>(804) 321-2651</td>
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<td>4620 South Laburnum Avenue Richmond, VA 23231</td>
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**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus

**St. Mary's Hospital**

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<td>(804) 747-1750</td>
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**Hospital Affiliations:**
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- Henrico Doctors' Hospital - Forest Campus

**St. Mary's Hospital**
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<td>Grabill, Mark, MD</td>
<td>101209070</td>
<td>Pediatric Associates of Richmond Inc</td>
<td>Richmond, VA 23226</td>
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<td>Haugto, Sonja, MD</td>
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<td>Richmond Pediatrics Associates</td>
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<td>(804) 747-1750</td>
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<td>Heymann, Peter W., MD</td>
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<td>Richmond, VA 23223</td>
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<td>Senecal, Kathleen M.</td>
<td>(804) 780-0840</td>
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<td>Community Health Center (CCNV)</td>
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<td>Sardegna, Kathleen M.</td>
<td>(804) 320-1353</td>
<td>7023 Old Jahnke Road, Richmond, VA 23225</td>
<td>Pediatrics</td>
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<td>Ryan, Kristen D.</td>
<td>(804) 302-1353</td>
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<td>Family Practice</td>
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<td>Schenberg, Brian</td>
<td>(804) 302-1353</td>
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<td>Soltys, Grace R.</td>
<td>(804) 358-4904</td>
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<td>General Pediatrics</td>
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<td>Sherrard, Lindsay</td>
<td>(804) 741-6200</td>
<td>9600 Patterson Avenue, Richmond, VA 23229</td>
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<tr>
<td>Steele, Barbara Jean</td>
<td>(804) 780-0840</td>
<td>2809 North Avenue Suite 206, Richmond, VA 23261</td>
<td>General Pediatrics</td>
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<td>Vergara, Jocelyn B.</td>
<td>(804) 747-1750</td>
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<td>Orthopedic Surgery</td>
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<td>Wilms, Isca</td>
<td>(804) 282-4205</td>
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<td>(804) 282-7051</td>
<td>10410 Ridgefield Pkwy, Richmond, VA 23223</td>
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<td>Wucher, Sarah</td>
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<td>Yucha, Kim</td>
<td>(804) 742-21</td>
<td>77421 Henrico Pediatrics, P.C. 7605 Forest Ave Ste 102, Richmond, VA 23229</td>
<td>General Pediatrics</td>
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*Primary Care Physicians - Tier 1*
Primary Care Physicians - Tier 1

Roanoke

Althouse, Douglas G., MD
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Carilion Faculty Phys Specialist
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Burt, Floyd R., MD
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Optima Direct Network Providers 5/2019 169
Nur, Wael A., MD
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Hospital Affiliations:
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Keane, Brenna A., DO
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Salem

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Hospital Affiliations:
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Coartney, Sierra, MD
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(540) 772-3580

Hospital Affiliations:
Lewis-Gale Medical Center

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Clocker, Candace R., MD
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SENTARA HALIFAX PEDIATRICS
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South Boston, VA 24592
(434) 517-8022

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Hospital Affiliations:
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Descie, Binyam, MD
Pro#: 10211176
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South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
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Kilpatrick, Kathryn, MD
Pro#: 10007661
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Hospital Affiliations:
VCU Community Memorial Hospital

Kirk, Rebecca, MD
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CMH Physician Services, LLC
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(434) 584-2273

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Fogarty, Lynn D., MD
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Pro#: 10132593
Farrell Pediatrics, LLC
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Hospital Affiliations:
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South Riding, VA 20152
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Hospital Affiliations:
Reston Hospital Center

Mar, Alice, MD
Pro#: 10009523
Farrell Pediatrics, LLC
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
Reston Hospital Center
### Primary Care Physicians - Tier 1

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### Martinsville

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<td>23947</td>
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<td>Inova Fairfax Hospital</td>
<td>(703) 444-1144</td>
<td>14 Pidgeon Hill Drive Suite 130 Sterling, VA 20165</td>
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<td>Nigra, Meaghan, MD</td>
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<td>Inova Fairfax Hospital</td>
<td>(703) 444-1144</td>
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<td>Parker, Damien, MD</td>
<td>10088594</td>
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<td>Inova Fairfax Hospital</td>
<td>(703) 444-1144</td>
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<td>Pierce, Amy, MD</td>
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<td>Inova Fairfax Hospital</td>
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<td>Pillon, Carolina, MD</td>
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<td>Inova Fairfax Hospital</td>
<td>(703) 444-1144</td>
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<td>Rodgers, Lori, MD</td>
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<td>(703) 444-1144</td>
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<td>Sawyer, Rebecca, MD</td>
<td>10055710</td>
<td>Pediatrician</td>
<td>Inova Fairfax Hospital</td>
<td>(703) 444-1144</td>
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### Optima Direct Network Providers 5/2019

172

**Optima Health**
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<td>703-938-2244</td>
<td>410 Maple Avenue Suite 5</td>
<td>Inova Fairfax Hospital</td>
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<tr>
<td>Floy, Tina Emoungu, MD</td>
<td>703-356-7882</td>
<td>8294 Old Courthouse Rd Suite A</td>
<td>Vienna, VA 22182</td>
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<td>703-938-2244</td>
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<td>703-938-2244</td>
<td>410 Maple Avenue Suite 5</td>
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<td>Jasani, Archana, MD</td>
<td>703-938-2244</td>
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<td>Kim, Cindy, MD</td>
<td>703-938-2244</td>
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<td>Maya, Nair, MD</td>
<td>703-938-2244</td>
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<td>Ashman, Rosemary L, MD</td>
<td>703-333-7797</td>
<td>324 Louisa Ave Suite 118</td>
<td>Virginia, VA 23454</td>
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<td>Bartimoccia, Michelle, MD</td>
<td>703-668-6700</td>
<td>410 Maple Avenue Suite 5</td>
<td>Inova Fairfax Hospital</td>
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Primary Care Physicians - Tier 1

Choi, Hyeon D., MD  
Pro #: 94734  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Downing, Carol E., MD  
Pro #: 40479  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Cotton, Jacqueline S., MD  
Pro #: 36465  
Town Center Pediatrics (CMG)  
4505 Columbus Street Suite 250  
Virginia Beach, VA 23462  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Choi, Hyeon D., MD  
Pro #: 56838  
Premier Pediatrics  
1181 First Colonial Road Suite 100  
Virginia Beach, VA 23454  
(757) 668-4600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Jones, III, Davis B., MD  
Pro #: 40456  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Gower, Elizabeth J., MD  
Pro #: 10092361  
Partners In Pediatric Care  
324 Louis Ave Suite 118  
Virginia Beach, VA 23454  
(757) 333-7797  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Gower, Elizabeth J., MD  
Pro #: 36465  
Town Center Pediatrics (CMG)  
4505 Columbus Street Suite 250  
Virginia Beach, VA 23462  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Henning, Michelle, DO  
Pro #: 10208680  
General Academic Pediatrics (CHKD)  
1924 Landstown Centre Way Suite 301  
Virginia Beach, VA 23456  
(757) 668-7957  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Kent, Rhaaannon, MD  
Pro #: 10135015  
Town Center Pediatrics (CMG)  
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Virginia Beach, VA 23452  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Higgin, Valeria N, MD  
Pro #: 10194741  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-7600  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Holland, Deborah C., MD  
Pro #: 40507  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Hurwitz, Jennie R., MD  
Pro #: 10080525  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Leidel, Bermadette E., MD  
Pro #: 13931  
PDC Pediatrics (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
(757) 453-6711  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Lexier, Melissa R., MD  
Pro #: 10008034  
Sentara Pediatric Physicians (SMG)  
1950 Glenn Mitchell Dr Ste 304  
Virginia Beach, VA 23456  
(757) 507-0255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Letonzo, Mary Vaughn S., MD  
Pro #: 10129966  
General Booth Pediatrics (CMG)  
2021 Concert Drive Suite 201  
Virginia Beach, VA 23456  
(757) 668-2850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Desoto, Mary Vaughn S., MD  
Pro #: 13939  
Pediatrics of Kempsville, PC  
1212 Lake James Dr Ste C  
Virginia Beach, VA 23464  
(757) 523-4589  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Dixon, Daniel L., MD  
Pro #: 10129957  
General Booth Pediatrics (CMG)  
2021 Concert Drive Suite 201  
Virginia Beach, VA 23456  
(757) 668-2850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters

DOuning, Carol E., MD  
Pro #: 13909  
Pediatrics of Kempsville, PC  
1212 Lake James Dr Ste C  
Virginia Beach, VA 23464  
(757) 523-4589  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Fayton, Charles E., MD  
Pro #: 13372  
Tidewater Pediatric Consultants PC  
6477 College Park Sq Ste 118  
Virginia Beach, VA 23464  
(757) 668-6700  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Fontana, Christy A., MD  
Pro #: 10061642  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
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(757) 668-6700  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Hutchinson, Kristin K., MD  
Pro #: 10061642  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Sentara Princess Anne Hospital

Johnson, Robert A., MD  
Pro #: 13432  
Johnston Pediatrics at Pembroke  
293 Independence Blvd Ste 330  
Virginia Beach, VA 23462  
(757) 499-4949  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Johnson, Robert A., MD  
Pro #: 13432  
Johnston Pediatrics at Pembroke  
293 Independence Blvd Ste 330  
Virginia Beach, VA 23462  
(757) 499-4949  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Lehman, Robert D., MD  
Pro #: 13037  
Pediatric Affiliates of Hampton Roads  
200 Grayson Rd Ste 101  
Virginia Beach, VA 23462  
(757) 473-3200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

McConnell, Anne K., MD  
Pro #: 10077957  
Beach Kids Pediatrics  
1004 First Colonial Road Ste 103  
Virginia Beach, VA 23454  
(757) 806-8880  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

McDonald, Bryan M., MD  
Pro #: 10077982  
Beach Kids Pediatrics  
1004 First Colonial Road Ste 103  
Virginia Beach, VA 23454  
(757) 806-8880  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Mitchell, Douglas K., MD  
Pro #: 15992  
General Booth Pediatrics (CMG)  
2021 Concert Dr Ste 201  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital
### Primary Care Physicians - Tier 1

**Morrison-Jones, Carly M., MD**
- Prov#: 10182908
- Town Center Pediatrics (CMG)
- 1128 Independence Blvd Suite 100
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  - (757) 499-7442

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

**Norris, David M., MD**
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- General Booth Pediatrics (CMG)
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- Virginia Beach, VA 23456
  - (757) 668-2850

2088 Princess Anne Road
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  - (757) 668-6700

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

**Oliver Brooks, LaGora A., MD**
- Prov#: 10040758
- Sentara Pediatric Physicians (SMG)
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- Virginia Beach, VA 23456
  - (757) 395-1920

**Hospital Affiliations:**
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

**Olszak, Rebbecca L., MD**
- Prov#: 10158688
- General Booth Pediatrics (CMG)
- 2088 Princess Anne Road
- Virginia Beach, VA 23456
  - (757) 668-6700

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Princess Anne Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

**Owens, Amanda K., MD**
- Prov#: 75802
- Sentara Pediatric Physicians (SMG)
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- Virginia Beach, VA 23456
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**Hospital Affiliations:**
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- Park, Jung E., MD
- Prov#: 10130441
- PDC Pediatrics (CMG)
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- Virginia Beach, VA 23456
  - (757) 453-6711

**Pelletier, Erica Rose, MD**
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  - (757) 668-6700

**Hospital Affiliations:**
- Bon Secours St. Mary’s Hospital
- Children’s Hospital of the King’s Daughters
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus

**Santos Heydarian, Rosemarie A., MD**
- Prov#: 10146611
- General Booth Pediatrics (CMG)
- 2088 Princess Anne Road
- Virginia Beach, VA 23456
  - (757) 668-6700

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Obici Hospital

**Seagull, Fanya N., MD**
- Prov#: 10010482
- Sentara Pediatric Physicians (SMG)
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- Virginia Beach, VA 23456
  - (757) 395-1920

**Snyders, Glenn C., MD**
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- Sentara Pediatric Physicians (SMG)
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**Hospital Affiliations:**
- Sentara Virginia Beach General Hospital

**Springer, Marianne G., MD**
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  - (757) 252-9600

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**Stephens, Lisa D., MD**
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**Hospital Affiliations:**
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

**Strasnick, Victoria, MD**
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- Sentara Pediatric Physicians (SMG)
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  - (757) 252-9600

**Hospital Affiliations:**
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**Velazquez, Nivea Teresa, MD**
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  - (757) 453-6711

**Hospital Affiliations:**
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

**Venkatesan, Saileela, MD**
- Prov#: 33001
- Bayside Pediatrics
- 4501 N Witchduck Rd Ste A
- Virginia Beach, VA 23455
  - (757) 460-5521

**Hospital Affiliations:**
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**Vinson, Charlie S., MD**
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  - (757) 252-9600

**Hospital Affiliations:**
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**Wadsworth, Michele R, MD**
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- Premier Pediatrics
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  - (757) 668-4600

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- SentaraVirginia Beach General Hospital

**Wick, Nancy, MD**
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- Pediatric Affiliates of Hampton Roads
- 200 Grayson Rd Ste 101
- Virginia Beach, VA 23462
  - (757) 473-3200

**Hospital Affiliations:**
- Chesapeake Regional Medical Center

**Wrubel, Christopher J., MD**
- Prov#: 10186710
- Partners In Pediatric Care
- 324 Louisa Ave Suite 118
- Virginia Beach, VA 23454
  - (757) 333-7797

**Hospital Affiliations:**
- Children’s Hospital of the King’s Daughters
- Sentara Virginia Beach General Hospital

**Young, Winfield A., MD**
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- Pediatrics of Kempsville, PC
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- Virginia Beach, VA 23464
  - (757) 523-4589

**Hospital Affiliations:**
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters

**Warrenton**

**Amster, Michael S., MD**
- Prov#: 10035523
- Warrenton Pediatrics, LLC
  - Michael Amster MD
- 28 Blackwell Park Lane Ste 103
- Warrenton, VA 20186
  - (540) 349-3225

**Hospital Affiliations:**
- Fauquier Hospital

**Booke, Katherine A., MD**
- Prov#: 10095281
- Piedmont Pediatrics, PLC
- 20 Rock Point Lane Suite 101
- Warrenton, VA 20186
  - (540) 347-9900

**Hospital Affiliations:**
- Fauquier Hospital

**Chalmeta, Diana, MD**
- Prov#: 73223
- Piedmont Pediatrics, PLC
- 20 Rock Point Lane Suite 101
- Warrenton, VA 20186
  - (540) 347-9900

**Hospital Affiliations:**
- Fauquier Hospital

**Jakum, Joshua, MD**
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- Piedmont Pediatrics, PLC
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- Warrenton, VA 20186
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**Kemerer, Cheryl, MD**
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  - Michael Amster MD
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- Warrenton, VA 20186
  - (540) 349-3225

**Hospital Affiliations:**
- Fauquier Hospital

**Ruston, Dennis, MD**
- Prov#: 42712
- Piedmont Pediatrics, PLC
- 20 Rock Point Lane Suite 101
- Warrenton, VA 20186
  - (540) 347-9900

**Hospital Affiliations:**
- Fauquier Hospital
### Primary Care Physicians - Tier 1

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<td>Downey, Mark C., MD</td>
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<td>Gottfried, Linda P., MD</td>
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<td>Graham, Maurice E., MD</td>
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<td>Mares, Steven C., MD</td>
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<td>Powell, Kristina N., MD</td>
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<td>Allen, Alethea J., MD</td>
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<td>Grace Point Pediatrics, Inc</td>
<td>(540) 486-4138</td>
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<td>Warren Memorial Hospital, Inc</td>
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<td>Blansett, Ashley E., MD</td>
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<td>Caldwell, HJ, E. Robert, MD</td>
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<td>Winchester Pediatric Clinic</td>
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*Note: The above information is a sample of the content provided in the document. The complete list includes names, specialties, addresses, phone numbers, titles, and hospital affiliations for each physician.*
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### Primary Care Physicians - Tier 2

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<td>Krones, Ariella, MD</td>
<td>(804) 828-3801</td>
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<tr>
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<tr>
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<td>MCV Associated Physicians (Internal Medicine)</td>
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<tr>
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<td>Lipato, Thokozeni, MD</td>
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### Pediatrics

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<td>Aaronson, Allen E, MD</td>
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(804) 828-2647  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
VCU Health System/MCV  

Tyrrell, Laura J., MD  
Prov#: 10206104  
MCV Associated Physicians  
(Pediatrics)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  
Hospital Affiliations:  
VCU Health System/MCV  

Williams, Ronald, MD  
Prov#: 10160196  
Children's Hospital of Richmond of the VCU Health System  
2924 Brook Road  
Richmond, VA 23220  
(804) 321-7474  
Hospital Affiliations:  
VCU Health System/MCV  

Young, Allison M., MD  
Prov#: 10207275  
MCV Associated Physicians  
(Pediatrics)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  
Hospital Affiliations:  
VCU Health System/MCV  

Trementozzi, Daniel P., MD  
Prov#: 10024118  
Quantum Physicians  
8051 Prosperity Way Suite 100  
Ruther Glen, VA 22546  
(804) 448-0198  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center
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OB/GYN Physicians - Tier 1

Abingdon

Bevins, Rachel E, DO
Pro#: 10169207
Blue Ridge Medical Management Corporation (MSMG OB/GYN)
277 White Street
Abingdon, VA 24210
(276) 628-4335
Hospital Affiliations
Johnson City Medical Center

Denti, Matthew J., DO
Pro#: 10155425
Abingdon Obstetrics and Gynecology
277 White Street
Abingdon, VA 24210
(276) 628-4335
Hospital Affiliations
Johnson Memorial Hospital Wythe County Community Hospital

Cook, Lawrence S., DO
Pro#: 10182806
Abingdon Obstetrics and Gynecology
277 White Street
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(276) 628-4335
Hospital Affiliations
Johnson Memorial Hospital

Bevins, Rachel E, DO
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Blue Ridge Medical Management Corporation (MSMG OB/GYN)
1600 Johnston Memorial Dr Suite 200
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Hospital Affiliations
Johnson Memorial Hospital

Stokes, Messhell A, MD
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Hospital Affiliations
Johnson Memorial Hospital

Strawbridge, Wendy R., MD
Pro#: 10087608
Abingdon Healthcare For Women
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Alexandria

Baker, William F., MD
Pro#: 10060363
Centra Medical Group Women's Center
1613 Oakwood Street Suite 201
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(540) 586-7273
600 Bedford Ave
Bedford, VA 24523
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cook, William, MD
Pro#: 10182806
Center Medical Group Women's Center
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Johnson Memorial Hospital

Johnson City Medical Center

Marraccini, Christine, MD
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kidd, Kristi, MD
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Hospital Affiliations
Centra Lynchburg General Hospital
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Hospital Affiliations
Johnson Memorial Hospital

Leight, Melanie A, MD
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Hospital Affiliations
Johnson Memorial Hospital

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Alexandria

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Pro#: 10196835
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Inova Alexandria Hospital

Rohn, Amanda, MD
Pro#: 10140448
Arlington Women's Center PLLC
1625 N George Mason Drive Suite 325
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(703) 535-5568
Hospital Affiliations
Virginia Hospital Center - Arlington

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Arlington Women's Center PLLC
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Virginia Hospital Center - Arlington

Bedford

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(540) 586-7273
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cook, William, MD
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Center Medical Group Women's Center
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Hospital Affiliations
Johnson Memorial Hospital

Johnson City Medical Center

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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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1613 Oakwood Street Suite 201
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

McLennan, Lee Arthur, MD
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Central Medical Group Women's Center
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Hospital Affiliations
Bedford Memorial Hospital
Carilion Roanoke Memorial Hospital

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Abingdon Obstetrics and Gynecology
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Hospital Affiliations
Johnson Memorial Hospital

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Blue Ridge Medical Management Corporation (MSMG OB/GYN)
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Reston Hospital Center

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FULLER ROBERTS OB-GYN AND PRIMARY CARE
7004 Little River Turnpike Suite H
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Hospital Affiliations
Halifax Regional Hospital

Bedford

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(540) 425-7910

Optima Direct Network Providers 5/2019 187

OptimaHealth
OB/GYN Physicians - Tier 1

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Hospital Affiliations
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Centra Lynchburg General Hospital
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Schindler, Lynnett, MD
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Hospital Affiliations
University of Virginia Medical Center

Big Island

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Big Island Family Medical Center
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Big Island, VA 24526
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blacksburg

Abrams, Margarita, MD
Pro#: 10169699
Encore OB-GYN Center of Southwest Virginia, LLC
825 Davis Street Ste C
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(276) 783-1827
Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

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3708 South Main Street Suite D
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Hospital Affiliations
Carilion New River Valley Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

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Lewis-Gale Physicians, LLC
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Blacksburg, VA 24060
(540) 443-0500
Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Devlin, Jill, DO
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Carilion Healthcare Corporation
1907 S Main St Ste 704
Blacksburg, VA 24060
(540) 961-1058
Hospital Affiliations
Carilion Roanoke Memorial Hospital

Falls, Randall K., MD
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Planned Parenthood Health Systems Inc
700 J North Main Street
Blacksburg, VA 24060
(540) 951-7009
Hospital Affiliations
Carilion Giles Community Hospital

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Carilion Healthcare Corporation
1997 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058
Hospital Affiliations
Carilion New River Valley Medical Center
Norton Community Hospital

Heineck, Robert Jason, MD
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1997 S Main St Suite 704
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(540) 961-1058
901 Plantation Road Suite 3
Blacksburg, VA 24060
(540) 951-7880
Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
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Carilion Healthcare Corporation
1997 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058
Hospital Affiliations
Carilion Roanoke Memorial Hospital

Howell, Tamera L., MD
Pro#: 10013716
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1997 S Main Street Ste 704
Blacksburg, VA 24060
(540) 961-1058
Hospital Affiliations
Carilion Roanoke Memorial Hospital

Hudgins, Laurie J., MD
Pro#: 10171904
Lewis-Gale Physicians, LLC
826 Davis Street
Blacksburg, VA 24060
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Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Johnson, Isaiah Micah, MD
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Carilion Healthcare Corporation
1997 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058
901 Plantation Road Suite 3
Blacksburg, VA 24060
(540) 951-7880
Hospital Affiliations
Carilion Giles Community Hospital

Johnson, Isaiah Micah, MD
Pro#: 10082254
Carilion Healthcare Corporation
1997 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058
Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Letham, Nikola A, DO
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Lewis-Gale Physicians, LLC
826 Davis Street
Blacksburg, VA 24060
(540) 443-0500
Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Simcox, Kimberly Palmer, DO
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Carilion Healthcare Corporation
901 Plantation Road Suite 3
Blacksburg, VA 24060
(540) 951-7880
Hospital Affiliations
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Zolovich, George T., MD
Pro#: 10171506
Lewis-Gale Physicians, LLC
826 Davis Street
Blacksburg, VA 24060
(540) 443-0500
Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Bon Air

Alexander, Alynn, MD
Pro#: 10136874
Manchester OB/Gyn
1401 Johnston Willis Drive Suite 5000
Blacksburg, VA 24060
(804) 267-6931
Hospital Affiliations
Chippewa Medical Center/Johnston-Willis Hospital

Carrollton

Adkins, William, MD
Pro#: 44007
Bayview Physician Services, PC
20209 Sentara Way
Carrollton, VA 23314
(757) 539-0251
Hospital Affiliations
Sentara Maryview Medical Center
Sentara Obici Hospital

Demkowski, Henry, MD
Pro#: 14038
Bayview Physician Services, PC
20209 Sentara Way
Carrollton, VA 23314
(757) 539-0251
Hospital Affiliations
Sentara DePaul Medical Center
Sentara Maryview Medical Center
Sentara Leigh Hospital
Podiatry
Sentara Norfolk General Hospital
Sentara Obici Hospital

Centreville

Hashemi, Neda, MD
Pro#: 10172607
Centreville OB/GYN
14801 Lee Highway Suite 303
Centreville, VA 20121
(703) 830-4388
Hospital Affiliations
Reston Hospital Center
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<th>Title</th>
<th>Affiliation</th>
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<td>Roszcyk, Diane W., MD</td>
<td>Prov#: 10105022</td>
<td>University of Virginia Physicians Group</td>
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<td>2955 Ivy Road Ste 210 Charlottesville, VA 22903 (434) 243-4646</td>
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<td>University of Virginia Medical Center</td>
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<td>Wilson, Carolyn S., MD</td>
<td>Prov#: 10069078</td>
<td>University of Virginia Physicians Group</td>
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<td>2955 Ivy Road Ste 104 Charlottesville, VA 22903 (434) 243-4720</td>
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<td>Ferebee, Angela, MD</td>
<td>Prov#: 14056</td>
<td>Greenbrier Obstetrics &amp; Gynecology, PC</td>
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<td>713 Volvo Pkwy Ste 200 Chesapeake, VA 23220 (757) 547-4500</td>
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<td>Chesapeake Regional Medical Center</td>
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<td>Fernandez, Martha T., MD</td>
<td>Prov#: 14014</td>
<td>The Group for Women (MAWC)</td>
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<td>300 Medical Pkwy Ste 308 Chesapeake, VA 23220 (757) 466-6350</td>
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<td>Geary, Candice, MD</td>
<td>Prov#: 16954</td>
<td>TotalCare for Women, PLC</td>
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<td>607 Kingsborough Square Suite 200</td>
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<td>Chesapeake, VA 23220 (757) 436-0167</td>
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<td>Gray, Derwin P., MD</td>
<td>Prov#: 51928</td>
<td>Virginia Center for Women (MAWC)</td>
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<td>Chesapeake, VA 23220 (757) 547-2322</td>
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<td>Grimes, Michael, MD</td>
<td>Prov#: 1003596</td>
<td>Khadijah Jordan, MD, PC</td>
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<td>Hardy, Timothy J., MD</td>
<td>Prov#: 34001</td>
<td>Atlantic Obstetrics &amp; Gynecology</td>
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<td>Hollander, Caryn, MD</td>
<td>Prov#: 10161949</td>
<td>Greenbrier Obstetrics &amp; Gynecology, PC</td>
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<td>Jordan, Khadijah Y., MD</td>
<td>Prov#: 24104</td>
<td>Khadijah Jordan, MD, PC</td>
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<td>Chesapeake Regional Medical Center</td>
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</tbody>
</table>
Lindner, Paul L., MD  
Pro#: 92374  
TotalCare for Women, PLC  (MAWC)  
667 Kingsborough Square Suite 200  
Chesapeake, VA 23320  
(757) 436-0167

Hospital Affiliations  
Chesapeake Regional Medical Center

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Hospital Affiliations  
Bon Secours Maryview Medical Center

Lindner, Paul L., MD  
Pro#: 10010395  
Bayview Physician Services, PC  
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(757) 673-8383

Hospital Affiliations  
Bon Secours Maryview Medical Center

Mathison-Ezieme, Linda, MD  
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Chesapeake, VA 23320

Hospital Affiliations  
Chesapeake Regional Medical Center

Matthews, Janet, DO  
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Hospital Affiliations  
Bon Secours DePaul Medical Center Inc

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Procreate Fertilty Center of Virginia, PLLC  
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Hospital Affiliations  
Sentara Leigh Hospital

Perwaiz, Javaid A., MD  
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Javaid Perwaiz, MD, PC  
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Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

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Hospital Affiliations  
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Hospital Affiliations  
Chesapeake Regional Medical Center

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Hospital Affiliations  
Chesapeake Regional Medical Center

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Hospital Affiliations  
Chesapeake Regional Medical Center

Williams, Fred, MD  
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Hospital Affiliations  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital

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Greenbrier Obstetrics & Gynecology, PC  
713 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-4500

Hospital Affiliations  
Chesapeake Regional Medical Center

Wentworth, Jeffrey M., MD  
Pro#: 27717  
The Group for Women (MAWC)  
300 Medical Pkwy Ste 308  
Chesapeake, VA 23320  
(757) 466-6350

Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Chesapeake Women`s Care

TotalCare for Women, PLC  (MAWC)  
667 Kingsborough Square Suite 200  
Chesapeake, VA 23320  
(757) 436-0167

Hospital Affiliations  
Chesapeake Regional Medical Center

Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Bon Secours Maryview Medical Center

Greenbrier Obstetrics & Gynecology, PC  
113 Gainsborough Square Suite 201  
Chesapeake, VA 23320  
(757) 547-4500

Hospital Affiliations  
Chesapeake Regional Medical Center

Virginia Center for Women  (MAWC)  
1301 Madison Plaza Suite 201  
Chesapeake, VA 23320  
(757) 547-2322

Hospital Affiliations  
Bon Secours Maryview Medical Center

Hospital Affiliations  
Chesapeake Regional Medical Center

Hospital Affiliations  
Bon Secours Maryview Medical Center

Hospital Affiliations  
Chesapeake Regional Medical Center
Devlin, Jill, DO  
Provc#: 10129668  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Cir Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion Giles Community Hospital

Freundel, Roseann J., DO  
Provc#: 10203156  
Carilion Healthcare Corporation  
2900 Lamb Circle Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion Giles Community Hospital

Heineck, Robert Jason, MD  
Provc#: 10095826  
Carilion Healthcare Corporation  
2900 Lamb Circle  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Circle Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion New River Valley Medical Center  
Norton Community Hospital

Holmes, Derek R, DO  
Provc#: 10171726  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Cir Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Howell, Tamera L., MD  
Provc#: 10013716  
Carilion OB/GYN Associates  
2900 Lamb Circle Ste 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD  
Provc#: 10129668  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Cir Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion Giles Community Hospital

Jones, Arthur, DO  
Provc#: 10129668  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Cir Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Morrow, Linda C., MD  
Provc#: 10128059  
Community Health Center of the New River Valley  
215 Roanoke St  
Christiansburg, VA 24073  
(540) 381-0820  
Hospital Affiliations  
VCU Health System/MCV

Roberts, David Joseph, MD  
Provc#: 10193696  
Community Health Center of the New River Valley  
215 Roanoke Street  
Christiansburg, VA 24073  
(540) 381-0820  
Hospital Affiliations  
Carilion Giles Community Hospital

Simcox, Kimberly Palmer, DO  
Provc#: 10013716  
Carilion Healthcare Corporation  
2900 Lamb Circle  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Circle Suite 202  
Christiansburg, VA 24073  
(540) 731-4578  
Hospital Affiliations  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Weston, James S., MD  
Provc#: 50253  
James S. Weston, MD, PC  
2900 Lamb Circle Ste 330  
Christiansburg, VA 24073  
(540) 639-2037  
Hospital Affiliations  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Diaz, Sumac D, MD  
Provc#: 92090  
Complete Care Center for Women (John Randolph OB/GYN, LLC)  
930 South Ave  
Colonial Heights, VA 23834  
(804) 320-4967  
Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

Manipula, Christopher A., MD  
Provc#: 10155658  
Manchester OB/Gyn  
930 South Ave  
Colonial Heights, VA 23834  
(804) 320-4967  
Hospital Affiliations  
Chippenham Medical Center/Johnston-Willis Hospital

Moschler, Jr, Edward Franklin, MD  
Provc#: 48188  
Riverview Physicians for Women  
439 Jennick Drive  
Colonial Heights, VA 23834  
(804) 524-0890  
Hospital Affiliations  
University of Virginia Physicians Group

Roberts, Keith M., DO  
Provc#: 29604  
Riverview Physicians for Women  
439 Jennick Drive  
Colonial Heights, VA 23834  
(804) 524-0890  
Hospital Affiliations  
University of Virginia Physicians Group

Santosh, Padmini, MD  
Provc#: 58207  
Virginia Physicians for Women, Ltd.  
280 Charles Dimmock Pkwy #4  
Colonial Heights, VA 23834  
(804) 520-0205  
Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Smith, III, Charles W., MD  
Provc#: 48269  
Riverview Physicians for Women  
439 Jennick Drive  
Colonial Heights, VA 23834  
(804) 524-0890  
Hospital Affiliations  
University of Virginia Physicians Group

Callender, Ealena S., MD  
Provc#: 10174633  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
Bon Secours Maryview Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Novant Health UVA Health System  
Haymarket Medical Center

Denti, Matthew J., DO  
Provc#: 10155180  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Novant Health UVA Health System  
Prince William Medical Center  
UVA Culpeper Hospital  
University of Virginia Primary Care Center

DeRoo, Alta J., MD  
Provc#: 10155180  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Novant Health UVA Health System  
Prince William Medical Center  
UVA Culpeper Hospital  
University of Virginia Primary Care Center

Ferguson II, James Edward, MD  
Provc#: 10047809  
UVA Primary Care Center 3rd Floor  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Medical Center

Godfrey, Peter E., MD  
Provc#: 10190862  
Wellspring Health Services  
15237 Creativity Drive  
Culpeper, VA 22701  
(540) 321-4281  
Hospital Affiliations  
Culpeper Physicians Group  
VCS Physicians Group  
Culpeper Family Practice

Jackson, Andrea M., MD  
Provc#: 10159520  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Mountain States Regional Medical Center  
University of Virginia Medical Center

Jones, Arthur, DO  
Provc#: 10168053  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Mountain States Regional Medical Center  
University of Virginia Medical Center

Justice, Michele D., MD  
Provc#: 10150717  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Mountain States Regional Medical Center  
University of Virginia Medical Center

Murphy, Jessica Elizabeth, MD  
Provc#: 10168912  
University of Virginia Physicians Group  
541 Sunset Lane Ste 103  
Culpeper, VA 22701  
(540) 321-3002  
Hospital Affiliations  
University of Virginia Physicians Group  
Mountain States Regional Medical Center  
University of Virginia Medical Center
OB/GYN Physicians - Tier 1

Rana, Ghias A., MD
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University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations
Sentara Obici Hospital
Southampton Memorial Hospital
University of Virginia Medical Center

Stock, Kevin D., MD
Pro#: 10175279
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002

Hospital Affiliations
VA Culpeper Hospital
University of Virginia Medical Center

Wicker, Donna C., MD
Pro#: 10168400
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Leigh Hospital
Sentara Norfolk General Hospital
University of Virginia Medical Center

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Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VA Culpeper Hospital

Zeligs, Kristen P., MD
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University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100

Hospital Affiliations
Centra Southside Community Hospital
University of Virginia Medical Center

Altizer, Melanie Dawn, MD
Pro#: 10096946
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Canela, Christine D., MD
Pro#: 10044416
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Community Hospital

Garcia, Jorge M., MD
Pro#: 10079689
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Greer, Heather O’Connor, MD
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CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
Pro#: 10171727
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Mieah, MD
Pro#: 10046919
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Community Hospital

Lara-Torre, Eduardo, MD
Pro#: 10033624
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Community Hospital

Logan, Kaylene J., MD
Pro#: 10109422
Carilion Faculty Phys Specialist
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Mcurin, Elizabeth Smith, MD
Pro#: 10023681
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Mored, Kelby S, MD
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CARILION MEDICAL CENTER
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Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Murchison, Amanda B., MD
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CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Nunziato, Jaclyn, MD
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150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Sahni, Manjusha, MD
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CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Smith, Abby A., MD
Pro#: 10095407
Lewis-Gale Physicians, LLC
65 Shenandoah Avenue
Daleville, VA 24083
(540) 966-6430

Hospital Affiliations
Lewis-Gale Medical Center

Sullivan, Christopher M, MD
Pro#: 10117787
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Weiss, Patrice Marie, MD
Pro#: 10030457
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Danville

Atkinson, Andrew L., MD
Pro#: 10151808
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765

Hospital Affiliations
SOVAH Health - Danville

Beaver, Lenworth, MD
Pro#: 46114
Healthcare for Women (Danville)
Physician Practices, LLC
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Hospital Affiliations

Brock, III, William E., MD
Pro#: 46117
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765

Daleville

Agee, Robert Lee, MD
Pro#: 10076040
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Community Hospital

Lara-Torre, Eduardo, MD
Pro#: 10033624
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Community Hospital

Carilion Roanoke Memorial Hospital

Carilion Stonewall Jackson Hospital
<table>
<thead>
<tr>
<th>OB/GYN Physicians - Tier 1</th>
</tr>
</thead>
</table>
| **Curry Simms, Elizabeth S., MD**  
Prov#: 10159555  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  
University of Virginia Medical Center |
| **Franklin**  
Clingenpeel, J. Floyd, MD  
Prov#: 640052  
Ob-Gyn Physicians, Inc. (MAWC)  
100 Fairview Dr Ste 100  
Franklin, VA 23851  
(757) 626-4156  
Hospital Affiliations  
Southampton Memorial Hospital |
| **Forest**  
Baker, William F., MD  
Prov#: 10060363  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Cherian, Ajith, MD  
Prov#: 10181055  
Centra Medical Group Women's Center  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8948  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Kidd, Kristi, MD  
Prov#: 10060367  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Marraccini, Christine, MD  
Prov#: 10060342  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Neiman, Wade A, MD  
Prov#: 10059571  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Wheelock, Tracy A., MD  
Prov#: 10060645  
Centra Medical Group, LLC  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital |
| **Phemister, David, MD**  
Prov#: 10060330  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Robertson, Michael S., MD  
Prov#: 10060331  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Scheidler, Lynnett, MD  
Prov#: 10060329  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Schuller, Catherine S., MD  
Prov#: 10186973  
Centra Medical Group Women's Center  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Vanderburgh, Elizabeth A., MD  
Prov#: 10060319  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  |
| **Fredericksburg**  
Dalke, Kara, MD  
Prov#: 10152486  
Womens Health and Surgery Center Inc  
2535 Cowan Blvd  
Fredericksburg, VA 22401  
(540) 368-9472  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  
Esposito, Kristin, DO  
Prov#: 10023338  
Rappahannock Women's Health Center, PC (PINNACLE)  
1071 Care Way Suite 101  
Fredericksburg, VA 22401  
(540) 374-3100  
Hospital Affiliations  
Mary Washington Hospital (MWH) |
| **Galuk, Stephanie M., DO**  
Prov#: 10210798  
Pratt Medical Center Ltd  
1451 Hospital Dr 2nd Floor  
Fredericksburg, VA 22401  
(540) 899-5864  
Prov#: 10190327  
Sentara Pratt Medical Group (SMG)  
1451 Hospital Dr  
Fredericksburg, VA 22401  
(540) 368-5350  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Sentara Norfolk General Hospital |
| **Kees, Ami H., MD**  
Prov#: 10143845  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  |
OB/GYN Physicians - Tier 1

Hamilton, William A., MD
Pro #: 10845
William A. Hamilton, MD
619 Jefferson Davis Hwy Suite 101
Fredericksburg, VA 22401
(540) 373-4700

Hospital Affiliations
Mary Washington Hospital (MWH)
Meritus Medical Center

Jackson, Lotaya, MD
Pro #: 10155388
Generations of Women Ob Gyn PC
1300 Hospital Drive Suite 302
Fredericksburg, VA 22401
(540) 654-8400

Hospital Affiliations
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
Stafford Hospital Center

Josephs, Brian, MD
Pro #: 10082279
Advanced Care for Women
6004 Spotsylvania Ave Suite 310
Fredericksburg, VA 22408
(540) 710-1700

Hospital Affiliations
Mary Washington Hospital (MWH)
Stafford Hospital Center

Kil, H. Jae, MD
Pro #: 11265
Central Virginia OB-GYN Group, PC
PINCALCDE
1101 Sam Perry Blvd Suite 301
Fredericksburg, VA 22401
(540) 373-4900

Hospital Affiliations
Mary Washington Hospital (MWH)

King, Dara, MD
Pro #: 10169955
Spotsylvania Multi-Specialty Group, LLC
4604 Spotsylvania Parkway Ste 200
Fredericksburg, VA 22408
(540) 423-6600

Hospital Affiliations
Mary Washington Hospital (MWH)

Leonard, Tammy J, MD
Pro #: 10054082
Tammy Leonard MD
1300 Hospital Drive Suite 300
Fredericksburg, VA 22401
(540) 656-2850

Hospital Affiliations
Mary Washington Hospital (MWH)
Stafford Hospital Center

Meyer, Douglas R., MD
Pro #: 11242
Today's Healthcare Center for Women
2103 Fall Hill Avenue
Fredericksburg, VA 22401
(540) 361-1611

Hospital Affiliations
Mary Washington Hospital (MWH)

Meyer, Leslie S., MD
Pro #: 74958
Rappahannock Women's Health Center, PC (PINNACLE)
1071 Care Way Suite 101
Fredericksburg, VA 22401
(540) 374-3100

Hospital Affiliations
Mary Washington Hospital (MWH)

Moffitt, III, Francis Xavier, MD
Pro #: 10080645
Womens Health and Surgery Center Inc
2535 Cowan Blvd
Fredericksburg, VA 22401
(540) 368-9472

Hospital Affiliations
Mary Washington Hospital (MWH)
Stafford Hospital Center

Patel, Zeenat S., MD
Pro #: 10060997
Elite Womens Health Inc
1101 Sam Perry Blvd Suite 401
Fredericksburg, VA 22401
(540) 940-2000

Hospital Affiliations
Mary Washington Hospital (MWH)

Pylatak, Peter, MD
Pro #: 10019123
Rappahannock Women's Health Center, PC (PINNACLE)
1071 Care Way Suite 101
Fredericksburg, VA 22401
(540) 374-3100

Hospital Affiliations
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center
Mary Washington Hospital (MWH)
St. Mary's Hospital

Shorter, Lia, MD
Pro #: 10023755
Advanced Care for Women
4604 Spotsylvania Pkwy Suite 310
Fredericksburg, VA 22408
(540) 710-1700

Hospital Affiliations
Mary Washington Hospital (MWH)

Shuman, Mary, MD
Pro #: 59443
Rappahannock Women's Health Center, PC (PINNACLE)
1071 Care Way Suite 101
Fredericksburg, VA 22401
(540) 374-3100

Hospital Affiliations
Mary Washington Hospital (MWH)

Shott, Kurian, MD
Pro #: 11255
Elite Womens Health Inc
1101 Sam Perry Blvd Suite 401
Fredericksburg, VA 22401
(540) 656-2905

Hospital Affiliations
Bon Secours St. Francis Medical Center

Walker, Scott E., MD
Pro #: 10210124
Pratt Medical Center Ltd
451 Hospital Dr 2nd Floor
Fredericksburg, VA 22401
(540) 899-5864

Hospital Affiliations
Mary Washington Hospital (MWH)

Wicker, Donna C., MD
Pro #: 10158188
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wilkes, Cynthia, MD
Pro #: 10209753
Sentara Pratt Medical Group (SMG)
1071 Care Way Suite 101
Fredericksburg, VA 22401
(540) 374-3100

Hospital Affiliations
Mary Washington Hospital (MWH)
Stafford Hospital Center

Front Royal

Baker, Virginia, DO
Pro #: 10210897
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
1000 N Shenandoah Avenue
Front Royal, VA 22630
(540) 636-0300

Hospital Affiliations
Shenandoah Memorial Hospital Inc

Martinez, Julian E., MD
Pro #: 10178164
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
1000 N Shenandoah Avenue
Front Royal, VA 22630
(540) 636-0300

Hospital Affiliations
Shenandoah Memorial Hospital Inc

Regan, Owen T., MD
Pro #: 10166102
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

Hospital Affiliations
Shenandoah Memorial Hospital Inc

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Pro #: 10153097
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 636-0800

Hospital Affiliations
SOVAH Health - Danville Warren Memorial Hospital, Inc.

Gainesville

Ansay, Shereen M., DO
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NMG Affiliate Practice I, LLC
7915 Lake Manassas Drive Suite 205
Gainesville, VA 20155
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center

Optima Direct Network Providers 5/2019
196
OB/GYN Physicians - Tier 1

Greer, William Jerod, MD
Pro#: 10116559
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 985-4099

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Harrisonburg

Aamodt, Leonard W, MD
Pro#: 35476
Shenandoah Women's Healthcare
240 Lucy Drive
Harrisonburg, VA 22801
(540) 438-1314

Hospital Affiliations
Henrico Doctors’ Hospital - Retreat Campus

Botticelli, Michael J, MD
Pro#: 41457
Harrisonburg Ob/Gyn Associates, PC
291 Evelyn Byrd
Harrisonburg, VA 22801
(540) 438-3831

Hospital Affiliations
Sentara RMH Medical Center

Deaton, Justin D., DO
Pro#: 10128993
Shenandoah Women's Healthcare
240 Lucy Drive
Harrisonburg, VA 22801
(540) 438-1314

Hospital Affiliations
Sentara RMH Medical Center

Greer, Kimberly A, MD
Pro#: 10181976
Shenandoah Women's Healthcare
240 Lucy Drive
Harrisonburg, VA 22801
(540) 438-1314

Hospital Affiliations
Sentara RMH Medical Center

King, Ladene J., MD
Pro#: 10062695
Harrisonburg Ob/Gyn Associates, PC
2291 Evelyn Byrd
Harrisonburg, VA 22801
(540) 438-3831

Maxwell, Bryan D., DO
Pro#: 10126920
Harrisonburg Ob/Gyn Associates, PC
2291 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 438-3831

Hospital Affiliations
Sentara RMH Medical Center

McDonald-Brouwer, Tammechien, CNM
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Shenandoah Women's Healthcare
240 Lucy Drive
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(540) 438-1314

Hospital Affiliations
Sentara RMH Medical Center

Nelsen III, Louis E, MD
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Shenandoah Women's Healthcare
240 Lucy Drive
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Sentara RMH Medical Center

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Harrisonburg Ob/Gyn Associates, PC
2291 Evelyn Byrd Avenue
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Slusser, M. Catherine, MD
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Hospital Affiliations
Sentara RMH Medical Center

Smith, Nina K., MD
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Nina K. Smith, MD, PLC
1956 Evelyn Byrd Ave Ste B
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Hospital Affiliations
Sentara RMH Medical Center

Haymarket

Ansary, Shereen M., DO
Pro#: 10176217
NGM Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 338
Haymarket, VA 20169
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System
Princess Anne Medical Center

Bright, Saweda A., MD
Pro#: 10173935
NGM Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 320
Haymarket, VA 20169
(703) 361-7778

Hospital Affiliations
Novant Health UVA Health System
Haymarket Medical Center

Dehal, Stacy A., MD
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Novant Health UVA Health System
Haymarket Medical Center

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Hospital Affiliations
Novant Health UVA Health System
Princess Anne Medical Center

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(703) 361-7778

Hospital Affiliations
Novant Health UVA Health System
Haymarket Medical Center

Virginia Physicians For Women
1630 Wilkes Ridge Pkwy Suite 200
Henrico, VA 23233
(804) 897-2100

Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Hot Springs

Hamilton, James Franklin, MD
Pro#: 48211
James F Hamilton MD PLC
95 Harris Drive
Kilmarnock, VA 22482
(804) 435-0023

Hospital Affiliations
Rappahannock General Hospital

Kilmarnock

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Hospital Affiliations
Novant Health UVA Health System
Princess Anne Medical Center

Prosser, Ingrid A., MD
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Virginia Physicians for Women, Ltd.
411 W. Randolph Rd FLR 3
Hopewell, VA 23860
(804) 452-2913

Hospital Affiliations
Rappahannock General Hospital

Hopewell

Vogel, Matthew Frederick, MD
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Virginia Physicians for Women
102 DMV Drive
Kilmarnock, VA 22482
(804) 288-4084

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors’ Hospital - Forest Campus

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<td>Central Virginia Health Services, Inc.</td>
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<td>115 Jefferson Highway Suite 9</td>
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<td>125 Memorial Drive</td>
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<td>Lynchburg Women's and Pediatric Health Services</td>
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<td>2402 Ashwell Road</td>
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Weiss, Patrice Marie, MD  
Provs#: 10129702  
Carilion Healthcare Corporation  
1107 B Brookdale Street  
Martinsville, VA 24112  
(276) 634-4400  

Hospital Affiliations  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  

Younger-Eure, Terri, DO  
Provs#: 10032043  
Women's Health Spectrum, LLC  
319 Hospital Dr Ste 204  
Martinsville, VA 24112  

Max Meadows  

Terry, Joseph B., MD  
Provs#: 10157344  
Wythe County Physician Practices, LLC  
791 Fort Chiswell Road Suite A  
Max Meadows, VA 24360  
(276) 637-6641  

Hospital Affiliations  
Carilion New River Valley Medical Center  
Wythe County Community Hospital  

Mechanicsville  

Barnas, Douglas, MD  
Provs#: 10206036  
James River Surgical Associates  
8266 Atlee Road Ste 215  
Mechanicsville, VA 23116  
(804) 559-6181  

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Richmond Community Hospital  

Bendheim, Stephen H., MD  
Provs#: 21254  
Virginia Physicians for Women, Ltd.  
8220 Meadowbridge Rd Ste 205  
Mechanicsville, VA 23116  
(804) 559-6490  

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Richmond Community Hospital  

Berkle, Keith P., MD  
Provs#: 10034389  
Virginia Women's Center Inc  
7515 Right Flank Road  
Mechanicsville, VA 23116  
(804) 288-4084  

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Henrico Doctors’ Hospital - Richmond Community Hospital  

Cane, James H., MD  
Provs#: 13244  
James River Surgical Associates  
8266 Atlee Road MOB II Ste 215  
Mechanicsville, VA 23116  
(804) 559-6181  

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Richmond Community Hospital  

McWhorter, Christina, MD  
Provs#: 10154519  
Virginia Women's Center Inc  
7515 Right Flank Road  
Mechanicsville, VA 23116  
(804) 288-4084  

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Richmond Community Hospital  

Mead, Thomas P, MD  
Provs#: 69479  
Dominion Women's Health  
8239 Meadowbridge Road Suite A  
Mechanicsville, VA 23116  
(804) 730-0880  

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Richmond Community Hospital  

Spasic, Zvonko, MD  
Provs#: 10037017  
Dominion Women's Health  
8239 Meadowbridge Road Suite A  
Mechanicsville, VA 23116  
(804) 730-0880  

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  

Stansbury, Cliff, Eryn, MD  
Provs#: 10192713  
Virginia Women's Center Inc  
7515 Right Flank Road  
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Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  

Stout, Kathryn K., MD  
Provs#: 10065114  
James River Surgical Associates  
8266 Atlee Road Ste 215  
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Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  

Wiles III, Howard O, MD  
Provs#: 10206038  
James River Surgical Associates  
8266 Atlee Road Ste 215  
Mechanicsville, VA 23116  
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Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  

Midlothian  

Brim, Shannon, MD  
Provs#: 10082457  
Virginia Physicians For Women  
1 Park West Circle Suite A  
Midlothian, VA 23114  
(804) 897-2100  

Hospital Affiliations  
James River Surgical Associates  

Campbell, Samuel, MD  
Provs#: 10005717  
Virginia Physicians For Women  
1 Park West Circle Suite A  
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(804) 897-2100  

Hospital Affiliations  
James River Surgical Associates  

Ciaurri, Jessica, DO  
Provs#: 10157186  
Virginia Physicians For Women  
1 Park West Circle Suite A  
Midlothian, VA 23114  
(804) 897-2100  

Hospital Affiliations  
James River Surgical Associates  

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<td>Espinosa, Bialines A., MD</td>
<td>(804) 730-0800</td>
<td>611 Watkins Centre Parkway Suite 220, Midlothian, VA 23114</td>
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<td>Hempel, Amy M, MD</td>
<td>(804) 464-2453</td>
<td>13700 St Francis Blvd Suite 305, Midlothian, VA 23114</td>
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<td>Thom, Douglas, MD</td>
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Optima Direct Network Providers 5/2019 204

Optima Health
### OB/GYN Physicians - Tier 1

**Norfolk**

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McFarlane, Jacqualynne Kynette, MD
  Prov#: 10082139
  Elite Women's Care
  6161 Kempsville Circle Halifax Bldg Ste 340
  Norfolk, VA 23502
  (757) 395-4455

Morgan, Frank G., MD
  Prov#: 14012
  Tidewater Physicians For Women, Inc. (MAWC)
  844 Kempsville Rd Ste 208
  Norfolk, VA 23502
  (757) 461-3890

Hospital Affiliations
  Bon Secours DePaul Medical Center Inc
  Bon Secours Maryview Medical Center
  Sentara Leigh Hospital
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Mosier, Kristen A, MD
  Prov#: 10190636
  WomanCare Centers, PLC (MAWC)
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  Norfolk, VA 23505
  (757) 451-0929

Nowrooz, Pouran N., MD
  Prov#: 14361
  EVMS Medical Group
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  Norfolk, VA 23507
  (757) 446-7900

Hospital Affiliations
  Bon Secours DePaul Medical Center Inc
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Parsley, Dorothy P., MD
  Prov#: 10052083
  Elite Women's Care
  6161 Kempsville Circle Halifax Bldg Ste 340
  Norfolk, VA 23502
  (757) 925-2828

Hospital Affiliations
  Bon Secours DePaul Medical Center Inc

Parson, Angela W., MD
  Prov#: 10050093
  Bon Secours DePaul Medical Center Inc
  885 Kempsville Rd Ste 320
  Norfolk, VA 23502
  (757) 955-2828

Hospital Affiliations
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Parva, Mohamad-Mehdi, MD
  Prov#: 10077012
  The Group for Women (MAWC)
  880 Kempsville Rd Ste 2200
  Norfolk, VA 23502
  (757) 466-6350

Hospital Affiliations
  Sentara Leigh Hospital

Philips, Jennifer B., MD
  Prov#: 10163886
  EVMS Medical Group
  825 Fairfax Ave Ste 310
  Norfolk, VA 23507
  (757) 446-7979

Hospital Affiliations
  Sentara Leigh Hospital
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Pirkle, Giniene M., MD
  Prov#: 66755
  The Group for Women (MAWC)
  250 W Brambleton Ave Ste 101
  Norfolk, VA 23510
  (757) 466-6350

880 Kempsville Rd Ste 2200
Norfolk, VA 23502
(757) 466-6350

Hospital Affiliations
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Puritz, Holly S., MD
  Prov#: 14860
  The Group for Women (MAWC)
  880 Kempsville Rd Ste 2200
  Norfolk, VA 23502
  (757) 466-6350

Hospital Affiliations
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Sadr, Negar Nikki, MD
  Prov#: 10020610
  Tidewater Physicians For Women, Inc. (MAWC)
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Hospital Affiliations
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Sample, Malena, MD
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  Elite Women's Care
  6161 Kempsville Circle Halifax Bldg Ste 340
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Hospital Affiliations
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Thurman, Andrea R., MD
  Prov#: 10043044
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Wentworth, Jeffrey M., MD
  Prov#: 27717
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880 Kempsville Rd Ste 2200
Norfolk, VA 23502
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Wibley, Theresa, MD
  Prov#: 14861
  Women Caring, PLC (MAWC)
  400 Gresham Dr Ste 811
  Norfolk, VA 23507
  (757) 623-3845

Hospital Affiliations
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Wilkes, Charles A., MD
  Prov#: 14381
  Tidewater Physicians For Women, Inc. (MAWC)
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Hospital Affiliations
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  Sentara Norfolk General Hospital

North Chesterfield

Giles, Allison, DO
  Prov#: 10170039
  Virginia Physicians For Women
  107/10 Midlothian Turnpike Suite 200
  North Chesterfield, VA 23235
  (804) 897-1200

Hospital Affiliations
  Bon Secours St. Mary's Hospital
  Henrico Doctors' Hospital - Forest Campus

Hendricks, Glenn P, MD
  Prov#: 10001128
  Bon Secours Richmond OB/GYN at St. Francis
  2500 Pocoshock Place
  North Chesterfield, VA 23235
  (804) 276-9305

Hospital Affiliations
  Bon Secours St. Francis Medical Center
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  St. Mary's Hospital

Norton

Jarjoura, Chadi M., MD
  Prov#: 10189005
  Norton Community Physician Services LLC
  102 15th Street NW Ste 301
  Norton, VA 24273
  (276) 679-1623

Hospital Affiliations
  Norton Community Hospital

Myers, Thomas E., MD
  Prov#: 10181034
  Norton Community Physician Services LLC
  102 15th Street NW Ste 301
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Hospital Affiliations
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Pickler, Eva C., MD
  Prov#: 10174245
  Norton Community Physician Services LLC
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Hospital Affiliations
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Washington-Moore, Rubye D., MD
  Prov#: 10113242
  Norton Community Physician Services
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OB/GYN Physicians - Tier 1

Thompson, Jennifer., MD  
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Champine, Carrie L, DO  
Cane, James H., MD  
Thompson, Jennifer., MD  

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St. Mary's Hospital  

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St. Mary's Hospital  

Richmond  

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Bon Secors St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  

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Bon Secour Sts. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  

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Hospital Affiliations  
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Hospital Affiliations  
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Hospital Affiliations  
Montgomery Regional Hospital d/ b/ LewisGale Montgomery  

Reston  

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Hospital Affiliations  
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Hospital Affiliations  
Reston Hospital Center  

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Hospital Affiliations  
Bon Secours Sts. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  

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Hospital Affiliations  
Bon Secors St. Marys Hospital  
Richards Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Billett, Todd E., MD  
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Virginia Physicians for Women, Ltd.  
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Hospital Affiliations  
Bon Secours Sts. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Boardman, Cecelia, MD  
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Richmond, VA 23229  
(804) 200-7062  

Hospital Affiliations  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  

Clary III, Beverly Boyden, MD  
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OB-GYN Associates  
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Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital  
VCU Health System/MCV  

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OB/GYN Physicians - Tier 1

Coble, Mary, MD
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St. Mary's Hospital

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Chippenham Medical Center/
Johnston-Willis Hospital

Davis, Leslie L., MD
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Hospital Affiliations
Chippenham Medical Center/
Johnston-Willis Hospital

Dunnivant, Siobhan S., MD
Pro#: 22232
OB-GYN Associates
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(804) 741-0440

Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Espinosa, Bialines A., MD
Pro#: 50115
Dominion Women's Health
7611 Forest Ave Suite 310
Richmond, VA 23229
(804) 730-0800

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Fanale, Jack, MD
Pro#: 10023945
OB Hospitalists Inc
1401 Johnston Willis Drive Suite 5000
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(804) 267-6931

Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Feore, J. Colman, MD
Pro#: 35601
Richmond Women's Specialists
1401 Johnston Willis Drive Suite 5000
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(804) 267-6931

Haddad, Joseph B., MD
Pro#: 35405
Joseph B. Haddad, MD, FACOG, PC
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Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Hicks, Tracy I, MD
Pro#: 10112671
Bon Secours Richmond OB-GYN
1401 Johnston Willis Drive Suite 5000
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(804) 320-2483

Hospital Affiliations
Bon Secours Richmond OB-GYN
St. Mary’s Hospital

Hirata, Alice J, MD
Pro#: 10183828
Bon Secours Richmond OB-GYN at Richmond Community
1510 North 28th St Ste 305
Richmond, VA 23223
(804) 371-1689

Hospital Affiliations
Bon Secours St. Francis Medical Center

Holl, Malcolm, MD
Pro#: 10110029
Bon Secours Richmond OB-GYN
1401 Johnston Willis Drive Suite 5000
Richmond, VA 23229
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Hospital Affiliations
Bon Secours Richmond OB-GYN
St. Mary’s Hospital

Hyde, Mark P., MD
Pro#: 31735
Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
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(804) 897-2100

Hospital Affiliations
Virginia Physicians for Women

Jefferson, Karen W., MD
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Virginia Women's Center Inc
12129 Graham Meadows Drive
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<td>Pro#: 21578</td>
<td>James River OB/GYN, P. C.</td>
<td>(804) 272-5508</td>
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OB/GYN Physicians - Tier 1

Pendlebury, Laura C., MD
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Virginia Women’s Center Inc
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7611 Forest Avenue Ste 200
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(804) 288-4084

Hospital Affiliations
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Peterson, Sarah, MD
Pro#: 10173294
Bon Secours Richmond OB-GYN
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483

Hospital Affiliations
Bon Secours Richmond OB-GYN
Associate
Bon Secours St. Francis Medical Center
Chippenham Medical Center/ Johnstown-Willis Hospital

Ramsey, Tiffany, MD
Pro#: 56218
OB/GYN Associates
7601 Forest Ave Suite 228
Richmond, VA 23229
(804) 741-0440

Hospital Affiliations
Henrico Doctors’ Hospital - Retreat Campus

Reutinger, David, MD
Pro#: 60070
Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
Richmond, VA 23235
(804) 897-2100

Hospital Affiliations
Chippenham Medical Center/ Johnstown-Willis Hospital

Roberts, Elizabeth B., MD
Pro#: 10001324
Virginia Women’s Center Inc
7611 Forest Avenue Ste 200
Richmond, VA 23229
(804) 288-4084

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Royal, Erica, MD
Pro#: 28073
Complete Care Center for Women
(John Randolph OB/GYN, LLC)
7101 Jahnske Road Suite 1054
Richmond, VA 23225
(804) 320-4967

Hospital Affiliations
Bon Secours St. Marys Hospital Chippenham Medical Center/ Johnrico Doctors’ Hospital - Forest Campus

Pringle, Tamara, MD
Pro#: 10110032
Bon Secours Richmond OB-GYN
1401 Johnston Willis Drive Suite 5000
Richmond, VA 23235
(804) 320-2483

7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483
Pro#: 10186610
Bon Secours Richmond OB-GYN at St. Mary’s
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/ Johnstown-Willis Hospital

Rycz, Raymonda, MD
Pro#: 10140444
Dominion Women’s Health
7611 Forest Avenue Suite 310
Richmond, VA 23229
(804) 288-1106

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/ Johnrico Doctors’ Hospital - Forest Campus

Schoeller, Edmund D., MD
Pro#: 12596
Virginia Women’s Center Inc
7611 Forest Avenue Suite 200
Richmond, VA 23229
(804) 288-4084

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Retreat Campus

Shaban, Danny, MD
Pro#: 55747
Dominion Women’s Health
7611 Forest Avenue Suite 310
Richmond, VA 23229
(804) 730-0800

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Smith, Robert K., MD
Pro#: 20844
James River OB/GYN, P. C.
7101 Jahnske Rd Ste 280
Richmond, VA 23225
(804) 272-5508

Hospital Affiliations
Chippenham Medical Center/ Johnstown-Willis Hospital

Smith, Tovia, MD
Pro#: 10125619
Virginia Women’s Center Inc
7611 Forest Avenue Suite 200
Richmond, VA 23229
(804) 288-4084

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

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Virginia Women’s Center Inc
7611 Forest Avenue Ste 200
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Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations
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Henrico Doctors’ Hospital - Forest Campus

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Virginia Physicians for Women, Ltd.
10710 Midlothian Turnpike Ste 200
Richmond, VA 23235
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Hospital Affiliations
Chippenham Medical Center/ Johnstown-Willis Hospital

Springel, Edward H., MD
Pro#: 10182686
Bon Secours Perinatal Center
5855 Bremo Rd Ste 306
Richmond, VA 23226
(804) 287-7650

Hospital Affiliations
Bon Secours St. Marys Hospital
Mary Washington Hospital (MWH)
VCU Health System/MCV

Stansbury Clipp, Eryn, MD
Pro#: 10129613
Virginia Women’s Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
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Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Stone, Emily, MD
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Bon Secours St. Francis Medical Center
Chippenham Medical Center/ Johnstown-Willis Hospital

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Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Prillaman, Prescott, MD
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OB/GYN Specialists of Richmond
7611 Forest Ave Ste 330
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Pro#: 10168017
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Hospital Affiliations
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Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/ Johnrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations
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Henrico Doctors’ Hospital - Retreat Campus

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Hospital Affiliations
Bon Secours St. Marys Hospital
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St. Mary’s Hospital

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Hospital Affiliations
Chippenham Medical Center/ Johnstown-Willis Hospital

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Hospital Affiliations
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Henrico Doctors’ Hospital - Forest Campus
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Bon Secours St. Marys Hospital
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Hospital Affiliations
Chippenham Medical Center/ Johnstown-Willis Hospital

Optima Direct Network Providers 5/2019 211

OptimaHealth
OB/GYN Physicians - Tier 1

1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

213 McClanahan St SW
Roanoke, VA 24014
(540) 343-1224
Prov#: 10038894
Carilion Obstetrics & Gynecology
213 McClanahan St SW
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(540) 343-1224

Gaines, Jill A., MD
Garcia, Jorge M., MD
Gleason, Jonathan Lee, MD

Gleason, Jonathan Lee, MD
(540) 981-7000

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Gaines, Jill A., MD
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(540) 982-8881

Hospital Affiliations
Carilion Roanoke Memorial Hospital

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(540) 343-1224
Prov#: 10079689
CARLION MEDICAL CENTER
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(540) 985-9910

102 Highland Ave Ste 304
Roanoke, VA 2013
1906 Belleview Ave
Roanoke, VA 2014
3 Riverside Cir
Roanoke, VA 2016
(540) 985-9910
902 S Jefferson Street
Roanoke, VA 2016

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Garnica, Sheila, MD
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3 Riverside Cir
Roanoke, VA 2016
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Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Greer, Heather O'Connor, MD
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CARLION MEDICAL CENTER
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(540) 581-0160
102 Highland Avenue Ste 303
Roanoke, VA 2013
(540) 985-9715
102 Highland Avenue Suite 455
Roanoke, VA 2013
(540) 985-9910
1906 Belleview Avenue
Roanoke, VA 2014
(540) 985-4099
3 Riverside Cir
Roanoke, VA 2016
(540) 981-7000
66 Belleview Ave
Roanoke, VA 2014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 2016

Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Roanoke, VA 2016
(540) 981-7000
66 Belleview Ave
Roanoke, VA 2014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 2016

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Grove, Margaret Ann, MD
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(540) 982-8881

Holmes, Derek R, DO
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(540) 343-1224
Prov#: 10171127
CARLION MEDICAL CENTER
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Roanoke, VA 2013
(540) 985-9715
102 Highland Avenue Suite 455
Roanoke, VA 2013
(540) 985-9910
1906 Belleview Avenue
Roanoke, VA 2014
(540) 985-4099
3 Riverside Cir
Roanoke, VA 2016
(540) 981-7000
66 Belleview Ave
Roanoke, VA 2014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 2016

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Keene, Carol, MD
Prov#: 28890
Physicians to Women Inc
21 Highland Avenue SE Suite 200
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(540) 982-8881

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Kelly, James A., MD
Prov#: 10119189
Lewis-Gale Physicians, LLC
4231 Colonial Avenue Suite 1
Roanoke, VA 2018
(540) 774-6000

Hospital Affiliations
Lewis-Gale Medical Center

Lara-Torre, Eduardo, MD
Prov#: 10035624
CARLION MEDICAL CENTER
101 Elm Avenue
Roanoke, VA 2013
(540) 985-8000
102 Highland Ave Ste 303
Roanoke, VA 2013
102 Highland Avenue Suite 455
Roanoke, VA 2013
102 Highland Avenue Suite 304
Roanoke, VA 2013
213 S Jefferson St
Roanoke, VA 24011
3 Riverside Cir
Roanoke, VA 2016
(540) 526-1550
902 S Jefferson St
Roanoke, VA 2016
(540) 985-9862

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Community Hospital

Logan, Kaylene J., MD
Prov#: 10109422
Carilion Faculty Phys Specialist
102 Highland Ave Suite 455
Roanoke, VA 2013
(540) 985-9910
102 Highland Avenue Ste 303
Roanoke, VA 2013
(540) 985-9715
1906 Belleview Avenue
Roanoke, VA 2014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 2016
(540) 981-7000

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

1906 Belleview Avenue
Roanoke, VA 2014
(540) 985-4099
3 Riverside Cir
Roanoke, VA 2016
(540) 981-7000

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Lara-Torre, Eduardo, MD
Prov#: 10035624
CARLION MEDICAL CENTER
101 Elm Avenue
Roanoke, VA 2013
(540) 985-8000
102 Highland Ave Ste 303
Roanoke, VA 2013
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Roanoke, VA 2013
102 Highland Avenue Suite 304
Roanoke, VA 2013
213 S Jefferson St
Roanoke, VA 24011
3 Riverside Cir
Roanoke, VA 2016
(540) 526-1550
902 S Jefferson St
Roanoke, VA 2016
(540) 985-9862

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Community Hospital

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102 Highland Ave Suite 455
Roanoke, VA 2013
(540) 985-9910
102 Highland Avenue Ste 303
Roanoke, VA 2013
(540) 985-9715
1906 Belleview Avenue
Roanoke, VA 2014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 2016
(540) 981-7000

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Mann, William J., MD
Prov#: 10033987
CARLION MEDICAL CENTER
1 Riverside Circle Suite 300M
Roanoke, VA 2016
(540) 581-0160
2110 Carolina Avenue SW
Roanoke, VA 2014
(540) 345-8574

Hospital Affiliations
Bon Secours Mary Immaculate Hospital
Senata Williamsburg Regional Medical Center
Alitzer, Melanie Dawn, MD
Prov#: 10096255
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Casey, James, MD
Prov#: 10184262
Carilion Healthcare Corporation
390 S Main St Suite 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Garnica, Sheila, MD
Prov#: 10146233
Carilion Healthcare Corporation
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
390 S Main St Suite 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
McGuin, Elizabeth Smith, MD
Prov#: 10082284
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
Greeer, Heather O'Connor, MD
Prov#: 10113618
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
Holmes, Derek R, DO
Prov#: 10171726
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Johnson, Isaaciah Micah, MD
Prov#: 10082254
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Logan, Kaylene J., MD
Prov#: 10108737
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital
Murchison, Amanda B., MD
Prov#: 10082097
Carilion Healthcare Corporation
390 S Main Street Ste 101
Rocky Mount, VA 24151
(540) 484-4836
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
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<th>Name</th>
<th>Specialty</th>
<th>Contact Information</th>
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<td>Clapp, Debra H., MD</td>
<td>OB/GYN Physicians</td>
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<td>Weiss, Patrice Marie, MD</td>
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<td>Canela, Christinne D., MD</td>
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<td>Logan, Kaylene J., MD</td>
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<td>Sahni, Manjusha, MD</td>
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<td>Stacey, Joanna, MD</td>
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<td>Sullivan, Christopher M, MD</td>
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<td>Troise, Joseph L., MD</td>
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**OB/GYN Physicians - Tier 1**
<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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</thead>
<tbody>
<tr>
<td>Federici, Benigno D., MD</td>
<td>MD</td>
<td>(757) 215-0340</td>
<td>5833 Harbour View Blvd Ste C, Suffolk, VA 23435</td>
<td>Optima Direct Network Providers 5/2019 Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
<tr>
<td>Jackson, Christina M, DO</td>
<td>DO</td>
<td>(757) 934-9415</td>
<td>2790 Godwin Blvd Ste 150, Suffolk, VA 23434</td>
<td>Hospital Affiliations Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
<tr>
<td>Lepore, Jr., Michael A., MD</td>
<td>MD</td>
<td>(757) 686-8700</td>
<td>5833 Harbour View Blvd Ste C, Suffolk, VA 23435</td>
<td>Hospital Affiliations Sentara Obici Hospital</td>
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<tr>
<td>Rana, Ghias A., MD</td>
<td>MD</td>
<td>(757) 215-0340</td>
<td>2790 Godwin Blvd Ste 320, Suffolk, VA 23434</td>
<td>Hospital Affiliations Sentara Obici Hospital</td>
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<tr>
<td>Wing, Edward, MD</td>
<td>MD</td>
<td>(757) 335-7165</td>
<td>2790 Godwin Blvd Ste 320, Suffolk, VA 23434</td>
<td>Hospital Affiliations Sentara Obici Hospital</td>
</tr>
<tr>
<td>McWhorter, Christina, MD</td>
<td>MD</td>
<td>(804) 288-4084</td>
<td>658 Hospital Road Suite 304, Tappahannock, VA 22560</td>
<td>Hospital Affiliations Bon Secours Memorial Regional Medical Center</td>
</tr>
<tr>
<td>Vogel, Matthew Frederick, MD</td>
<td>MD</td>
<td>(804) 288-4084</td>
<td>658 Hospital Road Suite 304, Tappahannock, VA 22560</td>
<td>Hospital Affiliations Bon Secours Memorial Regional Medical Center</td>
</tr>
<tr>
<td>Cauble, Kathleen, MD</td>
<td>MD</td>
<td>(434) 315-2950</td>
<td>1418 6th Street, Victoria, VA 23974</td>
<td>Hospital Affiliations Virginia Beach Medical Center</td>
</tr>
<tr>
<td>Adler, Melody R., MD</td>
<td>MD</td>
<td>(757) 481-7222</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations Sentara Princess Anne Hospital</td>
</tr>
<tr>
<td>Arrogbast, Kelsey L., MD</td>
<td>MD</td>
<td>(757) 481-7222</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations Sentara Princess Anne Hospital</td>
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<td>Buchberg, Melissa J., MD</td>
<td>MD</td>
<td>(757) 481-7222</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations Sentara Princess Anne Hospital</td>
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<tr>
<td>Burns, Mary A., MD</td>
<td>MD</td>
<td>(757) 425-1600</td>
<td>5200 Providence Rd Ste 100, Virginia Beach, VA 23464</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Byrd, Sharon J., MD</td>
<td>MD</td>
<td>(757) 363-2000</td>
<td>4633 Hermitage Road, Virginia Beach, VA 23455</td>
<td>Hospital Affiliations Reproductive Health Care Associates</td>
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<tr>
<td>Chakrabarti, Alana M, MD</td>
<td>MD</td>
<td>(757) 689-5104</td>
<td>1181 First Colonial Road Ste 200, Virginia Beach, VA 23454</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Connor, Collen M., MD</td>
<td>MD</td>
<td>(757) 461-3890</td>
<td>828 Healthy Way, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations TotalCare for Women, PLC</td>
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<tr>
<td>Crabb, Monique S., MD</td>
<td>MD</td>
<td>(757) 461-3890</td>
<td>828 Healthy Way, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations TotalCare for Women, PLC</td>
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<tr>
<td>Davis, Stephen S., MD</td>
<td>MD</td>
<td>(757) 464-7900</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Fish, Deidre M, MD</td>
<td>MD</td>
<td>(757) 425-1600</td>
<td>5200 Providence Rd Ste 100, Virginia Beach, VA 23464</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Geary, Candice, MD</td>
<td>MD</td>
<td>(757) 497-1400</td>
<td>1080 First Colonial Road Ste 200, Virginia Beach, VA 23454</td>
<td>Hospital Affiliations TotalCare for Women, PLC</td>
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<tr>
<td>Goldstein, Ilene Beth, MD</td>
<td>MD</td>
<td>(757) 425-1600</td>
<td>5200 Providence Rd Ste 100, Virginia Beach, VA 23464</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
</tr>
<tr>
<td>Hansom, Lisbet M., MD</td>
<td>MD</td>
<td>(757) 425-1600</td>
<td>5200 Providence Rd Ste 100, Virginia Beach, VA 23464</td>
<td>Hospital Affiliations Sentara Virginia Beach General Hospital</td>
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**OB/GYN Physicians - Tier 1**

**Sentara Norfolk General Hospital**

**Optima Direct Network Providers 5/2019**

**Tappahannock**

**OptimaHealth**

**OptimaDirect Network Providers 5/2019**

**218**
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<tr>
<td>Hardy, Timothy J.,</td>
<td>(757) 563-1234</td>
<td>3720 Holland Road Suite 101</td>
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<tr>
<td>MD</td>
<td></td>
<td>Virginia Beach, VA 23452</td>
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<tr>
<td>Hudgens, Joseph L.,</td>
<td>(757) 496-5000</td>
<td>2865 Lynnhaven Drive Suite 4A</td>
</tr>
<tr>
<td>MD</td>
<td></td>
<td>Virginia Beach, VA 23451</td>
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<tr>
<td>Kotsko, Raegan N.,</td>
<td>(757) 425-1600</td>
<td>1181 First Colonial Road Suite200</td>
</tr>
<tr>
<td>MD</td>
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<td>Virginia Beach, VA 23454</td>
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<tr>
<td>Kwan, Fenney, MD</td>
<td>(757) 425-1600</td>
<td>1181 First Colonial Road Suite200</td>
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<td>Virginia Beach, VA 23454</td>
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<td>Lackore, Raymond C.,</td>
<td>(757) 425-1600</td>
<td>1181 First Colonial Road Suite200</td>
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<tr>
<td>MD</td>
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<td>Virginia Beach, VA 23454</td>
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<tr>
<td>Larson, Kindra A.,</td>
<td>(757) 425-1600</td>
<td>2075 Glenn Mitchell Drive Suite500</td>
</tr>
<tr>
<td>MD</td>
<td></td>
<td>Virginia Beach, VA 23456</td>
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<tr>
<td>Levin, Janice P.,</td>
<td>(757) 425-1600</td>
<td>Virginia Beach, VA 23456</td>
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<td>MD</td>
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<tr>
<td>Nugent, Andrea S.,</td>
<td>(757) 425-1600</td>
<td>Virginia Beach, VA 23454</td>
</tr>
<tr>
<td>MD</td>
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<td>Virginia Beach, VA 23454</td>
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Hospital Affiliations

Chesapeake Regional Medical Center

Sentara Princess Anne Hospital

Sentara Virginia Beach General Hospital

Levin, Janice P., MD

Pro# 34025

Complete Women’s Care (MAWC)

1080 First Colonial Rd Ste 300

Virginia Beach, VA 23454

(757) 481-7222

Hospital Affiliations

Bon Secours DePaul Medical Center Inc

Bon Secours Maryview Medical Center

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Lindner, Paul L., MD

Pro# 92374

TotalCare for Women, PLC (MAWC)

700 Independence Circle Suite 1D

Virginia Beach, VA 23455

(757) 497-1400

Hospital Affiliations

Chesapeake Regional Medical Center

Manoulov, Charysse J., MD

Pro# 10115486

Virginia Beach Ob/Gyn, PC (MAWC)

1181 First Colonial Road Suite 200

Virginia Beach, VA 23454

(757) 425-1600

Virginia Beach Ob/Gyn, PC

Hospital Affiliations

Sentara Princess Anne Hospital

Matthews, Janet, DO

Pro# 10097725

Hampton Roads Ob/Gyn Center

828 Healthy Way Ste 220

Virginia Beach, VA 23462

(757) 889-6890

Hospital Affiliations

Sentara Princess Anne Hospital

Morgan, Frank G., MD

Pro# 14012

Tidewater Physicians For Women, Inc. (MAWC)

828 Healthy Way Suite 330

Virginia Beach, VA 23452

(757) 461-3890

Hospital Affiliations

Sentara Princess Anne Hospital

Nowroozi, Pouran N., MD

Pro# 14361

Tidewater Physicians For Women, Inc. (MAWC)

700 Independence Circle Suite 1D

Virginia Beach, VA 23455

(757) 497-1400

Hospital Affiliations

Chesapeake Regional Medical Center

Poe-Zeigler, Robin L., MD

Pro# 97900

The New Hope Center (MAWC)

448 Viking Dr Suite 100 Oceana Place

Virginia Beach, VA 23452

(757) 496-5370

Hospital Affiliations

Sentara Virginia Beach General Hospital

Powers, Steven B., MD

Pro# 14039

TotalCare for Women, PLC (MAWC)

700 Independence Circle Suite 1D

Virginia Beach, VA 23455

(757) 497-1400

Hospital Affiliations

Chesapeake Regional Medical Center

Pyle, Pamela, MD

Pro# 67348

Virginia Beach Ob/Gyn, PC (MAWC)

1181 First Colonial Road Suite 200

Virginia Beach, VA 23454

(757) 425-1600

Sentara Virginia Beach General Hospital

Optima Direct Network Providers 5/2019

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<td>(757) 481-7222</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
<td>Sentara Virginia Beach General Hospital</td>
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<tr>
<td><strong>Thurman, Andrea R., MD</strong></td>
<td>(757) 425-1600</td>
<td>1925 Glenn Mitchell Drive Ste 200, Virginia Beach, VA 23456</td>
<td>Sentara Virginia Beach General Hospital</td>
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<tr>
<td><strong>Talreja-Pelaez, Reena, MD</strong></td>
<td>(757) 497-1400</td>
<td>5320 Providence Rd Ste 100, Virginia Beach, VA 23464</td>
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<td><strong>Rector, Jr., George, MD</strong></td>
<td>(757) 446-7900</td>
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**Williamsburg**

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<td><strong>Cordes, Laura R., MD</strong></td>
<td>(757) 827-9797</td>
<td>5424 Discovery Park Blvd Ste 203, Williamsburg, VA 23188</td>
<td>Sentara Virginia Beach Regional Medical Center</td>
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<tr>
<td><strong>Isboll, Benjamin T., MD</strong></td>
<td>(757) 253-5653</td>
<td>500 Sentara Circle Suite 105, Williamsburg, VA 23188</td>
<td>Sentara Virginia Beach Regional Medical Center</td>
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<tr>
<td><strong>Lontkowski, Susan M, MD</strong></td>
<td>(757) 827-9797</td>
<td>5424 Discovery Park Blvd Ste 203, Williamsburg, VA 23188</td>
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**Warrenton**

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<td><strong>Bell, Jeffrey W., MD</strong></td>
<td>(757) 481-7222</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
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<tr>
<td><strong>Hodgson, Wesley R., MD</strong></td>
<td>(540) 349-0100</td>
<td>2075 Glenn Mitchell Drive Suite 410, Virginia Beach, VA 23456</td>
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**Winchester**

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<td>(757) 827-9797</td>
<td>5424 Discovery Park Blvd Ste 203, Williamsburg, VA 23188</td>
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<td><strong>DeHaven, Kristin D., MD</strong></td>
<td>(757) 827-9797</td>
<td>5424 Discovery Park Blvd Ste 203, Williamsburg, VA 23188</td>
<td>Sentara Virginia Beach Regional Medical Center</td>
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Trowbridge, Elisa R., MD
Prov#: 10021103
University of Virginia Physicians Group
Zion Crossroads 1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations
University of Virginia Medical Center

Young, Denise S., MD
Prov#: 48284
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations
St. Mary's Hospital
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OB/GYN Physicians - Tier 2

VA - Richmond

Banks, Nicole K, MD
Prov#: 10206272
MCV Associated Physicians (OB/GYN)
9109 Stony Point Drive
Richmond, VA 23235
(804) 327-8809

Hospital Affiliations:
VCU Health System/MCV

Carroll, Ashley, MD
Prov#: 10049577
MCV Associated Physicians (OB/GYN)
411 N 11th St
Richmond, VA 23298

Hospital Affiliations:
VCU Health System/MCV

Chelmow, David, MD
Prov#: 10064030
MCV Associated Physicians (OB/GYN)
9000 Stony Point Pkwy
Richmond, VA 23298
(804) 560-8950

Gill, Edward J., MD
Prov#: 48296
MCV Associated Physicians (OB/GYN)
411 N 11th St
Richmond, VA 23298
(804) 560-8950

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
VCU Health System/MCV

Girerd, Philippe H., MD
Prov#: 12990
MCV Associated Physicians (OB/GYN)
411 N 11th St
Richmond, VA 23298
(804) 828-4409

7603 Forest Ave Ste 101
Richmond, VA 23229
(804) 282-9479

Hospital Affiliations:
VCU Health System/MCV

Hogge, William A, MD
Prov#: 10140839
MCV Associated Physicians (OB/GYN)
401 N 11th St
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Hylton, Jordan B, DO
Prov#: 10187165
MCV Associated Physicians (OB/GYN)
401 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Jeudy, Myrlene, MD
Prov#: 10166818
MCV Associated Physicians (OB/GYN)
401 N 11th St
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Karjane, Nicole W, MD
Prov#: 76530
MCV Associated Physicians (OB/GYN)
1250 Marshall St
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Lanni, Susan M, MD
Prov#: 14611
MCV Associated Physicians
(Perinatology)
401 N 11th St
Richmond, VA 23298
(804) 828-9270

Hospital Affiliations:
VCU Health System/MCV

Lucidi, Richard, MD
Prov#: 10045170
MCV Associated Physicians (OB/GYN)
9000 Stony Point Parkway
Richmond, VA 23235
(804) 560-8950

Hospital Affiliations:
VCU Health System/MCV

Martin, Caitlin E, MD
Prov#: 10206632
MCV Associated Physicians (OB/GYN)
401 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Matthews, Catherine, MD
Prov#: 36559
MCV Associated Physicians (OB/GYN)
401 N 11th St
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Milton, Sarah H, MD
Prov#: 10112719
MCV Associated Physicians (OB/GYN)
401 N 11th St
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

O’Connell, Nan G, MD
Prov#: 10032289
MCV Associated Physicians (OB/GYN)
9000 Stony Point Parkway
Richmond, VA 23235
(804) 560-8950

Hospital Affiliations:
VCU Health System/MCV

Powell, Rachel P, MD
Prov#: 10204953
MCV Associated Physicians (OB/GYN)
403 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Rigby, Fidelma, MD
Prov#: 10002282
MCV Associated Physicians (OB/GYN)
408 N 12th St 2nd Flr
Richmond, VA 23298
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Ritter, Amanda, MD
Prov#: 10166814
MCV Associated Physicians (OB/GYN)
401 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Springel, Edward H., MD
Prov#: 10166814
MCV Associated Physicians (OB/GYN)
401 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
Bon Secours St. Marys Hospital
Mary Washington Hospital (MWH)
VCU Health System/MCV

Terplan, Mishka, MD
Prov#: 10177326
MCV Associated Physicians
401 N 11th Street
Richmond, VA 23219
(804) 828-4409

Hospital Affiliations:
VCU Health System/MCV

Stafford

Duli, Alan, MD
Prov#: 10054645
Quantum Physicians
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-2423

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Stafford Hospital Center

Thomas, Sabrina, MD
Prov#: 10052331
Quantum Physicians
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-2423

Hospital Affiliations:
Stafford Hospital Center
Specialist Tier 1

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### Specialists - Tier 1

**VA**

**Adolescent Medicine**

- **Barnes, John G., MD**
  - Midlothian...... (804) 794-5598
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
- **Johnson, Caitlin T., NP**
  - Chesapeake ...... (757) 609-3380
  - Hospital Affiliations: Chesapeake Regional Medical Center

**Allergy & Immunology**

- **Abraham, Christina M., MD**
  - Roanoke ........ (540) 343-1235
  - Hospital Affiliations: Carilion Roanoke Memorial Hospital
- **Alle, Darshana, MD**
  - Fredericksburg. (540) 371-6810
  - Lorton............ (703) 339-1660
- **Alte, Darshana, MD**
  - Fredericksburg. (540) 899-1991
  - Stafford .......... (540) 699-6944
  - Woodbridge ...... (703) 670-3900
- **Ashbury, Donald W., MD**
  - Bluefield........ (276) 322-2278
  - Hospital Affiliations: Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
- **Bajoghi, Mehdi, MD**
  - Ashburn.......... (703) 490-5803
  - Reston .......... (703) 490-5803
  - Vienna .......... (703) 288-0324
  - Woodbridge ...... (703) 490-5803
  - Hospital Affiliations: Sentara Northern Virginia Medical Center
- **Beakes, Douglas, MD**
  - Culpeper.......... (540) 727-7170
  - Fairfax ........... (703) 648-0015
  - Front Royal ...... (540) 428-1715

**Hospital Affiliations:**
- **Guzman, Steven, MD**
  - Fredericksburg. (540) 371-6810
  - Lorton............ (703) 339-1660
- **Call, Robert S., MD**
  - Roanoke .......... (540) 285-7420
  - Hospital Affiliations: Bon Secours St. Mary’s Hospital
- **Dillon, Madeline A, MD**
  - Charlottesville... (434) 951-2191
  - Waynesboro ...... (540) 949-5154
- **Eapen, Saju S., MD**
  - Lynchburg........ (434) 846-2244
  - Roanoke .......... (540) 343-7331
  - Salem............. (540) 343-7331
- **Fame, Thomas M., MD**
  - Salem............. (540) 404-9598
  - Hospital Affiliations: Carilion New River Valley Medical Center
- **Feinstein, Barry K., MD**
  - Midlothian....... (804) 750-1901
  - Richmond......... (804) 750-1901
- **Gadde, Joyoti, MD**
  - Culpeper
  - Fairfax
  - Front Royal
  - Gainesville ...... (571) 248-6565
  - Vienna.......... (703) 712-8343
  - Warrenton ...... (540) 428-1715
  - Hospital Affiliations: Fauquier Hospital

**Beck, Gretchen S., MD**
- Charlottesville... (434) 977-6673
- Hospital Affiliations: Sentara Martha Jefferson Hospital

**Bergman, Sr, Kenneth R, MD**
- Centreville....... (703) 263-2333

**Blumberg, Michael Z., MD**
- Mechanicsville... (804) 559-0370
- Midlothian....... (804) 320-2149
- Richmond......... (804) 288-0055
- Hospital Affiliations: Bon Secours St. Mary’s Hospital

**Borish, Larry, MD**
- Richmond......... (804) 285-7420
- Hospital Affiliations: Bon Secours St. Mary’s Hospital

**Butt, Ahmed, MD**
- Fredericksburg. (540) 371-6810
- Lorton............ (703) 339-1680

**Call, Robert S., MD**
- Roanoke .......... (540) 285-7420
- Hospital Affiliations: University of Virginia Medical Center

**Campbell, Timothy, MD**
- Newport News ..... (757) 210-1087
- Williamsburg..... (757) 259-0443

**Dillon, Madeline A, MD**
- Charlottesville... (434) 951-2191
- Waynesboro ...... (540) 949-5154

**Eapen, Saju S., MD**
- Lynchburg........ (434) 846-2244
- Roanoke .......... (540) 343-7331
- Salem............. (540) 343-7331

**Fame, Thomas M., MD**
- Salem............. (540) 404-9598
- Hospital Affiliations: Carilion Roanoke Community Hospital

**Feinstein, Barry K., MD**
- Midlothian....... (804) 750-1901
- Richmond......... (804) 750-1901

**Gadde, Joyoti, MD**
- Culpeper
  - Fairfax
  - Front Royal
  - Gainesville ...... (571) 248-6565
  - Vienna.......... (703) 712-8343
  - Warrenton ...... (540) 428-1715
  - Hospital Affiliations: Fauquier Hospital

**Warrenton ...... (540) 428-1715
- Hospital Affiliations: Fauquier Hospital

**Gelber, Lawrence, MD**
- Richmond......... (804) 285-7420
- Hospital Affiliations: Bon Secours St. Mary’s Hospital

**George, Kimberly, MD**
- (703) 986-4824

**Goldberg, Paul M., DO**
- Alexandria ...... (703) 998-5676
- Hospital Affiliations: Inova Alexandria Hospital

**Hark, William T., MD**
- Richmond......... (804) 285-7420
- Hospital Affiliations: Bon Secours St. Mary's Hospital

**Hauyler, Gates E., MD**
- Daleville
- Roanoke .......... (540) 591-9456
- Salem............. (540) 387-0441
- Hospital Affiliations: Carilion Roanoke Memorial Hospital

**Kim, Andrew, MD**
- Fredericksburg. (540) 371-6819
- Roanoke .......... (540) 320-2149
- Hospital Affiliations: Henrico Doctors’ Hospital - Forest Campus

**Kimlin, Eric M., MD**
- Williamsburg..... (757) 259-0443
- Hospital Affiliations: Bon Secours St. Mary's Hospital

**Koening, Craig, MD**
- Charlottesville... (434) 951-2191
- Chesapeake ...... (757) 547-7702
- Hospital Affiliations: Sentara Martha Jefferson Hospital

**Kruzeck, Tracy, MD**
- Landover..... (703) 938-3900
- Hospital Affiliations: Children’s Hospital of the King’s Daughters

**Kyz, Timothy T., MD**
- Charlottesville... (434) 924-2227
- Culpeper.......... (540) 829-1919
- Hospital Affiliations: Bon Secours DePaul Medical Center Inc

**Lane, Charles, MD**
- Lynchburg....... (434) 385-8190
- Hospital Affiliations: Sentra Martha Jefferson Hospital

**Lawrence, Monica G, MD**
- Charlottesville... (434) 924-2227
- Hospital Affiliations: University of Virginia Medical Center

**Lee, Vickie K., MD**
- Ashburn......... (703) 723-8727

**Lengkeek, Marguerite S, MD**
- Virginia Beach ... (757) 481-4538

**Madaan, Arvind, MD**
- Charlottesville... (434) 295-2727
- Hospital Affiliations: Sentara Martha Jefferson Hospital

**Mato, Luis, MD**
- Lynchburg....... (434) 947-3944
- Hospital Affiliations: Sentra Martha Jefferson Hospital

**McBride, Dane C., MD**
- Lynchburg....... (434) 846-2244
- Roanoke .......... (540) 343-7331
- Hospital Affiliations: Sentara Martha Jefferson Hospital

**McGowen, Emily C., MD**
- Charlottesville... (434) 924-2227
- Hospital Affiliations: University of Virginia Medical Center

**Mollen, Edward L., MD**
- Richmond......... (804) 288-5216
- Hospital Affiliations: Bon Secours St. Marys Hospital

**Moore, Lindsey E, DO**
- Chesapeake ...... (757) 688-8255
- Newport News ..... (757) 688-8255
- Norfolk.......... (757) 688-8255
- Suffolk......... (757) 688-8255
- Virginia Beach .. (757) 688-8255
- Hospital Affiliations: Children’s Hospital of the King’s Daughters

**Moss, Gary B., MD**
- Chesapeake ...... (757) 547-7702
- Norfolk.......... (757) 583-4382
- Virginia Beach .. (757) 481-4383
- Hospital Affiliations: Bon Secours DePaul Medical Center Inc
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<td>Winchester</td>
<td>(540) 662-9115</td>
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<td>Palacios-Kühler, Thamaris V, DO</td>
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<td>Culpeper</td>
<td>(540) 321-3002</td>
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<td>Patel, Parag, MD</td>
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<td>Henrico</td>
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<td>Pence, R. Steven, MD</td>
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<tr>
<td>Harrisonburg</td>
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Cardiovascular Disease

Abbud, John, MD  
Fishersville  
(540) 245-7080

Hospital Affiliations:  
Augusta Medical Center

Abdula, Raushan, MD  
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War Memorial Hospital Inc  
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Norfolk  (757) 547-9294

Virginia Beach  (757) 547-9294

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

AlMahmeed, Soufian, MD  
Lexington  (540) 224-1041

Martinsville  (276) 634-4400

Roanoke  (540) 981-8621

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Al-Najafi, Saif, MD  
Winchester  (540) 662-0306

Hospital Affiliations:  
Winchester Medical Center

Amico, Frank, DO  
Suffolk  (757) 983-8750

Hospital Affiliations:  
Sentara Obici Hospital

Amin, Mitesh S, MD  
Bracey  (434) 636-6903

Chesterfield  (804) 520-1764

Colonal Heights  (804) 520-1764

Farmville  (804) 520-1764

Franklin  (757) 569-6272

Lawrenceville  (804) 520-1764

Petersburg  (804) 765-5785

Richmond  (804) 520-1764

South Hill  (757) 542-0503

Hospital Affiliations:  
Chippewann Medical Center  
Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center

Anderson, Justin D., MD  
Bedford  (540) 587-3364

Danville

Gretna  (434) 656-1274

Lynchburg  (434) 200-5252

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Anis, Athar, MD  
Annandale  (540) 213-9550

Hospital Affiliations:  
University of Virginia Medical Center

Appau, Kweku, MD  
Harrisonburg  (540) 659-7400

Hospital Affiliations:  
Sentara RMH Medical Center

Appleton, Darryn, MD  
Richmond  (804) 288-4827

Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Arshad, Aysha, MD  
Annandale  (703) 335-8750

Ashburn  (703) 335-8750

Gainesville  (703) 335-8750

Manassas  (703) 335-8750

Stafford  (703) 335-8750

Vienna  (703) 335-8750

Woodbridge  (703) 335-8750

Hospital Affiliations:  
Centra Virginia Baptist Hospital

Arshad, Rabia, MD  
Annandale  (703) 335-8750

Ashburn  (703) 335-8750

Front Royal  (540) 636-0300

Haymarket  (703) 335-8750

Luray  (540) 743-4561

Manassas  (703) 335-8750

New Market  (540) 459-1340

Stafford  (703) 335-8750

Vienna  (703) 335-8750

Warrenton  (703) 335-8750

Woodbridge  (703) 335-8750

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Shenandoah Memorial Hospital Inc  
Warren Memorial Hospital, Inc.
Specialists - Tier 1

Campbell, Anh N., MD
Williamsburg .... (757) 229-1440
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Caplan, Martin D., MD
Richmond ....... (804) 282-2685
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Carey, Daniel, MD
Danville .......... (434) 797-1383
Farrmville
Gretna ............ (434) 656-1717
Lynchburg .......... (434) 516-5900

Carothers, Brent, MD
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Carter, Dean E., MD
Danville
Lynchburg .......... (434) 200-5252
Hospital Affiliations:
Centra Lynchburg General Hospital

Caven, Dean E, MD
Mechanicsville .. (804) 559-0405
Richmond .......... (804) 559-0405
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Chaudhry, Mohammad Sohail, MD
Kilmarnock
Mechanicsville .. (804) 730-1481
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Chauhan, Ajit, MD
Danville .......... (434) 792-4400

Chough, Daeh B., MD
Suffolk ............ (757) 541-1050
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chung, Jun Ki, MD
Suffolk .......... (757) 541-1050
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ciffio, Allen, MD
Newport News .. (757) 736-9860
Norfolk .......... (757) 261-0700
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Clemo, Simon H, MD
Fredericksburg .. (540) 741-2045
Hospital Affiliations:
Mary Washington Hospital (MWH)

Coble, William, MD
Richmond .......... (804) 323-5011
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Crawford, Lawrence E., MD
Danville .......... (434) 791-3001

Crowl, Aalya, MD
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Dehmer, Gregory J, MD
Roanoke ............ (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Delacay, William A., MD
Carrollton
Suffolk

Donovan, Michael S., DO
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Christianburg .......... (540) 731-2328

Crowley, James Eeds, MD
Galax ............ (276) 238-1414
Hospital Affiliations:
Southside Regional Medical Center

Czajka, Anna T., MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center


Dietz, Denise M, MD
Richmond ............ (804) 559-0405
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Diggia, John, MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Doloresco, Mark A., MD
Glen Allen .......... (804) 288-3123
Kilmarnock
Midlothian .......... (804) 794-6400


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OptimaHealth
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<td>Ghafouri, Merdon, DO</td>
<td>(703) 335-8750</td>
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<tr>
<td>Annadale</td>
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<td>Ashburn</td>
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<td>Vienna</td>
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<td>Warrenton</td>
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<td>Ghazvin, Mohammad Monireddin, MD</td>
<td>(540) 628-2173</td>
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<td>Stafford University</td>
<td>(703) 492-6822</td>
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<td>(540) 622-0306</td>
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<tr>
<td>Huffman, Matthew, MD</td>
<td>(804) 527-8921</td>
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<td>Hunley, Stephen O., MD</td>
<td>(757) 345-4800</td>
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<td>Iskandar, Said B., MD</td>
<td>(804) 572-8977</td>
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<tr>
<td>Iyer, Venkat R., MD</td>
<td>(757) 547-9294</td>
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<td>Iyengar, Nabil, MD</td>
<td>(571) 547-9294</td>
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<td>Jain, Rakesh, MD</td>
<td>(804) 591-0218</td>
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<td>Jain, Rakesh, MD</td>
<td>(804) 757-2426</td>
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<td>Jones, John Paul, MD</td>
<td>(540) 757-2426</td>
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<tr>
<td>Joseph, Mathew K, MD</td>
<td>(804) 757-2426</td>
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<tr>
<td>Joyner, Sarah E., MD</td>
<td>(540) 757-2426</td>
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<td>Kaddaha, Firas, MD</td>
<td>(434) 336-1900</td>
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Optima Direct Network Providers 5/2019
Specialists - Tier 1

Emporia.......... (434) 336-1222
Petersburg ....... (804) 765-5206
Hospital Affiliations: Southern Virginia Regional Medical Center
Bon Secours Southside Regional Medical Center

Kakani, Ramaanaiah, MD
Norfolk.......... (757) 261-0700
Virginia Beach .. (757) 507-8900
Hospital Affiliations: Chesapeake Regional Medical Center

Kaminsky, Brian L., MD
Kilham
Mechanicsville.. (804) 730-1481
Quinton
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Kanda, Brinder, MD
Kilham
Mechanicsville.. (804) 730-1481
Quinton
Hospital Affiliations: Centra Lynchburg General Hospital

Kapadia, Shaival J., MD
Glen Allen....... (804) 288-3123
Kilham
Midlothian....... (804) 794-6400
Quinton ........... (804) 730-1481
Richmond
Hospital Affiliations: Bon Secours St. Marys Hospital
Chimpanmed Memorial Medical Center
Johnston-Willis Hospital
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Kenerson, John G., MD
Charlottesville .. (434) 924-5219
Centra Southside Community Hospital
Sentara Virginia Beach General Hospital

Karimi, Ashkan, MD
Charlottesville ... (434) 243-4520
Hospital Affiliations: University of Virginia Medical Center

Karimian, Siavak, MD
Richmond........ (804) 288-3123
Hospital Affiliations: Augusta Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Kassira, Anne, MD
Front Royal ...... (540) 636-0627
Lunay ............. (540) 743-2282
Winchester ...... (540) 662-0306
Hospital Affiliations: Page Memorial Hospital Inc
Winchester Medical Center

Kaufman, Gregory J., MD
Fredericksburg .. (540) 373-1331
Hospital Affiliations: Mary Washington Hospital (MWH)

Kazakis, Demetrios James, MD
Chesapeake ...... (757) 547-9294
Norfolk............ (757) 547-9294
Virginia Beach .. (757) 547-9294
Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Keller, Andrew J., MD
Richmond......... (804) 560-8880
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Kelly, Michael E., MD
Kilmarnock ...... (804) 435-7735
Richmond ........... (804) 525-2304
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Sentara Richmond Community Hospital
Bon Secours St. Marys Hospital

Khan, Nazim, MD
Martinsville..... (276) 634-4976

Khan, Shakil, MD
Glen Allen....... (804) 288-3123
Kilmarnock
Midlothian....... (804) 794-6400
Quinton ........... (804) 730-1481
Richmond
Hospital Affiliations: Bon Secours St. Francis Medical Center

Khianey, Sheila, MD
Falls Church..... (540) 347-9898
Haymarket....... (571) 284-4370
Manassas ........ (703) 753-9799

Kohans, Luke C., MD
Norfolk.......... (804) 261-0700
Hospital Affiliations: Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Kohlke, Ravinder S., MD
Colonial Heights (804) 526-3010
Midlothian....... (804) 639-3030
Hospital Affiliations: Bon Secours St. Marys Hospital
Chimpanmed Memorial Medical Center
Johnston-Willis Hospital
John Randolph Medical Center
St. Mary’s Hospital
Vcu Health System/Mcv

Konstance, Richard P., MD
Roanoke .......... (540) 283-2710
Hospital Affiliations: Carillon Roanoke Memorial Hospital

Kotlaba, David, MD
Danville.......... (434) 791-3009
Hospital Affiliations: University of Virginia Medical Center

Krause, David J., MD
Charlottesville .. (434) 419-3000
Sentara Virginia Beach General Hospital

Krishna, Nikolas, MD
Winchester ....... (540) 662-0306
Hospital Affiliations: Warren Memorial Hospital, Inc.
Winchester Medical Center

Krishnan, Dena K, DO
Newport News .. (757) 261-0700
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Kron, Irving L., MD
Charlottesville ... (434) 243-6828

Kuk, Richard, MD
Richmond......... (434) 200-5252
Hospital Affiliations: Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kumar, Ashwani, MD
Petersburg ....... (804) 765-5352
Hospital Affiliations: Southside Regional Medical Center

Kumar, Shekar, MD
Charlottesville ... (757) 982-7550

Kundur, Ramesh N, MD
Hopewell .......... (804) 458-1740
Richmond......... (804) 458-1740
Hospital Affiliations: University of Virginia Medical Center

Kwon, Younghoon, MD
Charlottesville ... (434) 924-5219
Hospital Affiliations: University of Virginia Medical Center

Lee, Millie, MD
Hampton.......... (757) 726-0078
Newport News .. (757) 736-7860
Norfolk.......... (804) 261-0700
Hospital Affiliations: Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lewis, Christopher, MD
Bedford .......... (540) 842-7855
Danville
Famlle............. (434) 315-2712
Greensboro ....... (334) 656-1717
Lynchburg ......... (434) 200-5252
Moneta

Hospital Affiliations: Sentara Virginia Beach General Hospital

Lews, Neil Pendril, MD
Charlottesville ... (434) 982-4247

Lietz, Katherine, MD
Richmond......... (804) 287-8400
Hospital Affiliations: Bon Secours St. Marys Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 5/2019
235

Optima Health
Specialists - Tier 1

Lingle, Kevin C., MD
Danville .......... (434) 791-3009
Hospital Affiliations: SOVAH Health - Danville

Lipinski, Michael J., MD
Charlottesville... (434) 293-4072
Hospital Affiliations: Sentara Martha Jefferson Hospital

Lipskis, Donald J., MD
Lipinski, Michael J., MD

Lystash, John C, MD
Chesapeake ...... (757) 547-9294
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Liu, Yan, MD
Norfolk.............. (757) 547-9294
Hospital Affiliations: Sentara Norfolk General Hospital

Lowdon, J. Devon, MD
Chesapeake ...... (757) 547-9294
Hospital Affiliations: Chesapeake Regional Medical Center

Luna, Max A., MD
Chesapeake...... (540) 213-9550
Zion Crossroads (434) 243-9466
Hospital Affiliations: Augusta Medical Center
University of Virginia Health Sciences Center

Lynch, Edward M., MD
Carrollton......... (757) 925-0759
Suffolk............. (757) 925-0759
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Lystash, John C, MD
Bastian .......... (276) 688-4331
Bedford
Christianburg
Hardy
Lexington .......... (540) 463-9141
Martinsville ...... (276) 634-4400
Pearsburg
Roanoke
Rocky Mount
Tazewell

Mafi, Shahryar, MD
Amandale ..... (703) 335-8750
Ashburn .......... (703) 335-8750
Gainesville ....... (703) 335-8750
Manassas .......... (703) 335-8750
Stafford ........... (703) 335-8750
Vienna .......... (703) 335-8750
Warrenton ....... (703) 335-8750
Woodbridge ...... (703) 335-8750

Mahoney, Paul D., MD
Norfolk.......... (757) 261-0700
Hospital Affiliations: Bon Secours DePaul Medical Center

Malhotra, Rohit, MD
Charlottesville... (434) 243-1000
Culpeper .......... (540) 829-1919

Maiolo, Andrew, MD
Salem......... (540) 772-3430

Manchikalapudi, Partha, MD
Chesapeake...... (757) 547-2233
Norfolk .......... (757) 261-0700
Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Marianian, Ara M., MD
Falls Church ... (540) 347-9898
Haymarket ...... (571) 284-4370
Manassas .......... (703) 753-9799
Warrenton ...... (540) 347-9898

Mayer, Thomas P., MD
Northwest VA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

May, Terrence P., MD
Christiansburg ... (540) 731-2000
Lexington.......... (540) 463-2227
Roanoke .......... (540) 982-8204

Mazumdar, Sula, MD
Charlottesville... (434) 982-4247
Hospital Affiliations: University of Virginia Medical Center

Mcluckie, Alan E., MD
Roanoke .......... (540) 283-2710

McPherson, John A., MD
Richmond ...... (804) 323-5011
Hospital Affiliations: Bon Secours St. Marys Hospital

McQueen, Robert H., MD
Abingdon
Lebanon
Marion
Norton .......... (276) 439-1490

Hospital Affiliations: Virginia Commonwealth University

Melchior, Ryan, DO
Middletown........ (804) 323-5011
Hospital Affiliations: Bon Secours St. Marys Hospital

Merrick, Raymond D., MD
Abingdon.......... (276) 258-3740
Lebanon
Marion

Hospital Affiliations: Johnson City Medical Center

Meyer, Thomas M., MD
Danville
Farmville
Gretta .......... (434) 656-1717
Lynchburg ... (434) 200-5252
Moneta

Hospital Affiliations: University of Virginia Medical Center

Miller, Edward Charles, MD
Chesapeake ...... (757) 549-9294
Norfolk .......... (757) 547-9294
Virginia Beach ... (757) 547-9294

Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Miller, Gary P., MD
Danville

Miller, Gregory Houston, MD
Abingdon
Lebanon
Marion
Norton .......... (276) 439-1490

Hospital Affiliations: Augusta Medical Center
Rural Retreat ...... (276) 258-3740
Hospital Affiliations: Indian Path Community Hospital
Johnson City Medical Center
Smyth County Community Hospital
Miller, James R., MD
Chesapeake ...... (757) 549-9294
Norfolk ............. (757) 547-9294
Virginia Beach . (757) 547-9294
Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Mistry, Neville F, MD
Suffolk .............. (757) 983-0330
Hospital Affiliations: Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Mohanty, Guru, MD
Midlothian....... (804) 915-1400
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Moneta
South Boston..... (434) 572-8921
Hospital Affiliations: Center Lynchburg General Hospital
Centra Virginia Baptist Hospital
Moraes-Finglass, Lacyoni, MD
Abingdon ...... (276) 676-2211
Morford, Ronald, MD
Danville
Farmville
Gretna............ (434) 656-1717
Lynchburg....... (434) 200-5252
Moneta
South Boston..... (434) 572-8921
Hospital Affiliations: Center Lynchburg General Hospital
Carilion Norfolk Medical Center
Carilion Virginia Baptist Hospital
Morris, Clifford V., MD
Chester ............. (804) 530-1044
Fredericksburg .. (540) 654-8400
Petersburg ......... (804) 765-5785
Hospital Affiliations: Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center Southside Regional Medical Center
Mueller, George, DO
Mechanicsville. .. (804) 559-0405
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Murray, Gary C, MD
Fishersville....... (540) 932-3915
Hospital Affiliations: Augusta Medical Center
Musser, Carl Wilson, MD
Lexington .......... (540) 458-3344
Martinsville...... (276) 634-4400
Roanoke ............. (540) 982-8204
Hospital Affiliations: Carilion Roanoke Memorial Hospital
Naseer, Nauman, MD
Newport News ... (757) 875-5332
Norfolk .......... (757) 252-9365
Nashed, Trisha, MD
Winchester....... (540) 662-0306
Hospital Affiliations: War Memorial Hospital Inc
Winchester Medical Center
Nelson, III, Charles, MD
Glen Allen....... (804) 288-3123
Kilmarnock
Midlothian....... (804) 794-6400
Quinton .......... (804) 730-1481
Richmond ......... (804) 288-3123
Hospital Affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Newby, Keith H., MD
Norfolk .......... (757) 624-1785
Hospital Affiliations: Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Newton, C, Mark, MD
Richmond ........ (804) 323-3011
Hospital Affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center St. Mary's Hospital
Nguyen, Duong X., MD
Charlottesville ... (434) 982-7195
Hospital Affiliations: Augusta Medical Center
Nicholson, Christopher, MD
Richmond.......... (804) 288-0134
Nixon, John V., MD
Williamsburg..... (757) 565-0600
Hospital Affiliations: VCU Health System/ MCV
Noureldine, Nizar D., MD
Galax................ (276) 238-3318
Nygaard, Thomas, MD
Danville
Farrsville
Gretna.......... (434) 656-1717
Lynchburg....... (434) 200-5252
Moneta
Hospital Affiliations: Center Lynchburg General Hospital
Center Virginia Baptist Hospital
O'Brien, Peter, MD
Danville
Farrsville
Gretna.......... (434) 656-1717
Lynchburg....... (434) 200-5252
Moneta
Hospital Affiliations: Center Lynchburg General Hospital
Center Virginia Baptist Hospital
O'Donnell, Philip J., MD
Winchester....... (540) 678-2800
Hospital Affiliations: Winchester Medical Center
Okogbue, Ijeoma, MD
Fishersville........ (540) 932-5915
Hospital Affiliations: Sentara Virginia Beach General Hospital
Onufer, John, MD
Williamsburg...... (757) 984-9800
Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Onufer, John, MD
Williamsburg...... (757) 984-9800
Hospital Affiliations: Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Owens, John T, DO
Richmond.......... (804) 288-3123
Hospital Affiliations: Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Owens, John T, DO
Richmond.......... (804) 288-3123
Hospital Affiliations: Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Owens, John T, DO
Richmond.......... (804) 288-3123
Hospital Affiliations: Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Painter, Jack A., MD
Martinsville ...... (276) 632-4200

Optima Direct Network Providers 5/2019
237
OptimaHealth
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<th>Name</th>
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<td>Patel, Nimesh K, MD</td>
<td>VCU Community Memorial Hospital</td>
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<td>Patel, Rajan, MD</td>
<td>South Boston... (434) 572-8977机油, Halifac Regional Hospital</td>
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<td>Patel, Saumil, MD</td>
<td>Norfolk.......... (757) 955-2828机油</td>
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<td>Name</td>
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<tr>
<td>Shenandoah Memorial Hospital Inc</td>
<td>St. Mary's Hospital</td>
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<tr>
<td>Titus, Gareth MD</td>
<td>Bedford</td>
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<td>Todd, Jeffrey Scott MD</td>
<td>South Boston</td>
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<td>Tucker, Amy L., MD</td>
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<td>Townsend, Mark, MD</td>
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<td>Vargas, Armando MD</td>
<td>Blacksburg</td>
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<td>Varjabedian, Leon MD</td>
<td>Lexington</td>
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<td>Varma, Shalendra MD</td>
<td>Fishersville</td>
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<td>Vedra, Aimeth MD</td>
<td>Augusta Medical Center</td>
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<td>Vigb, Alexander G., MD</td>
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<td>Vossenberg, Frans A., MD</td>
<td>Fredericksburg</td>
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<td>Vrjan, Robert B., MD</td>
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<td>Vrjan, S Craig, MD</td>
<td>Richmond</td>
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<td>Walsh, John F., MD</td>
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<td>Warner, James, MD</td>
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<tr>
<td>Warner, Mark F., MD</td>
<td>Augusta Medical Center</td>
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</tbody>
</table>

Cardiovascular Surgery

- Battle, Robert W., MD - Charlottesville (434) 924-2420

- Xenakis, Mark, MD - Glen Allen (804) 288-3123
  - Kilmarnock
  - Midlothian (804) 560-8782
  - Quinon (804) 730-1481
  - Richmond (804) 288-3123

- Hospital Affiliations: Bon Secours St. Francis Medical Center, Bon Secours St. Mary's Hospital Chippenham Medical Center, Johnston-Willis Hospital, Henrico Doctors' Hospital - Forest Campus

- Yager, Jonathan, MD - Richmond (703) 641-9161

- Hospital Affiliations: Inova Fairfax Hospital

- Yar, Ogei, MD - Sterling (571) 210-5704

- Hospital Affiliations: Augusta Medical Center, Reston Hospital Center

- Yazdani, Kambiz, MD - Richmond (703) 492-6822

- Hospital Affiliations: Inova Fairfax Hospital

- Yeager, Mark J., MD - Charlottesville (540) 829-4374

- Hospital Affiliations: University of Virginia Medical Center

- Zadrozny, John H., MD - Charlottesville (434) 924-5811

- Fishersville

- Hospital Affiliations: University of Virginia Medical Center

- Zembry, Gary R., MD - Richmond (804) 287-7840

- Hospital Affiliations: Inova Fairfax Hospital

- Zekari, John S., MD - Charlottesville (434) 982-7195

- Hospital Affiliations: University of Virginia Medical Center

- Zagorski, Brian, MD - Danville (434) 791-3009

- Hospital Affiliations: Sentara Martha Jefferson Hospital

- Zakhary, Boshra G., MD - Danville (434) 791-3009

- Hospital Affiliations: Sentara Northern Virginia Medical Center

- Zeevi, Gary R., MD - Norfolk (757) 261-0700

- Hospital Affiliations: Sentara Norfolk General Hospital
Certified Nurse Midwife - Ob/Gyn

Cherrywell, Roberta R., CNM
Front Royal ........ (540) 636-0300
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Ruby, Libby, CNM
Winchester .......... (540) 722-2369

Wooten, Terrell, CNM
South Hill .......... (434) 584-2273

Child Abuse (Pediatrics)

Clayton, Michelle, MD
Norfolk............. (757) 668-7000
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

De Triquet, John M., MD
Norfolk.......... (757) 668-7100
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Clinical Cardiac Electrophysiology

Bernstein, Robert C., MD
Norfolk............ (757) 261-0700
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Brammer, Glenn, MD
Fishersville......... (540) 245-7080
Lexington .......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center

Darby, Andrew E., MD
Charlottesville .... (434) 243-1000
Hospital Affiliations:
University of Virginia Medical Center

Gentlesk, Phillip J., MD
Chesapeake ....... (757) 547-2233
Hampton........... (757) 726-0078
Newport News .... (757) 736-9860
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ghazvini, Mohammad Monireddin, MD
Stafford ............ (540) 628-2173
Woodbridge........ (703) 492-6822

Gilgian, David M., MD
Prince George .... (804) 458-1740

Richmond......... (804) 323-5011
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chesapeake Regional Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Goldberg, Adam S., MD
Charlottesville .... (434) 293-4072
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Grannes, Jon A., DO
Norfolk.......... (757) 261-0700

Ilkhanoff, Leonard, MD
Annandale ...... (703) 335-8750
Ashburn.......... (703) 335-8750
Gainesville ...... (703) 335-8750
Manassas.......... (703) 335-8750
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Hospital Affiliations:
Faquier Hospital
Novant Health UVA Health System Prince William Medical Center

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Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Culpeper.......... (540) 829-1919

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Henrico Doctors' Hospital - Forest Campus
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Carilion Roanoke Memorial Hospital
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Chesapeake Regional Medical Center
Johnston-Willis Hospital

Optima Direct Network Providers 5/2019 242
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
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<tr>
<td><strong>Specialists</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Critical Care Medicine</strong></td>
<td></td>
</tr>
<tr>
<td>Abril, Juan, MD</td>
<td>(540) 899-1615</td>
</tr>
<tr>
<td>Bell, Taison D., MD</td>
<td>(757) 827-2350</td>
</tr>
<tr>
<td>Buchner, Jessica A., MD</td>
<td>(757) 309-4715</td>
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<tr>
<td>Caginana, Rebecca E., MD</td>
<td>(757) 981-7000</td>
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<tr>
<td>Dunlap, Nancy E., MD</td>
<td>(540) 924-5219</td>
</tr>
<tr>
<td>Gillen, Jacob, MD</td>
<td>(540) 224-5170</td>
</tr>
<tr>
<td>Hoellerich, Vincent L., MD</td>
<td>(757) 984-3975</td>
</tr>
<tr>
<td><strong>Dermatology</strong></td>
<td></td>
</tr>
<tr>
<td>Agarwal, Raj, MD</td>
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<tr>
<td>Baer, Robert S., MD</td>
<td>(757) 745-7261</td>
</tr>
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<td><strong>Hospital Affiliations</strong></td>
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<tr>
<td>St. Mary's Hospital</td>
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<tr>
<td>Timmerman, William R., MD</td>
<td>(804) 559-3400</td>
</tr>
<tr>
<td>Bower, Katie Love, MD</td>
<td>(540) 924-4845</td>
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<td>Caginana, Rebecca E., MD</td>
<td>(757) 981-7000</td>
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<tr>
<td>Dunlap, Nancy E., MD</td>
<td>(540) 924-5219</td>
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<td>Gillen, Jacob, MD</td>
<td>(540) 224-5170</td>
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<td>Hoellerich, Vincent L., MD</td>
<td>(757) 984-3975</td>
</tr>
<tr>
<td><strong>Hospital Affiliations</strong></td>
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</tr>
<tr>
<td>Hooper, Michael H., MD</td>
<td>(757) 338-6115</td>
</tr>
<tr>
<td>Hulse, Matthew C., MD</td>
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</tr>
<tr>
<td>Jaeger, James, MD</td>
<td>(343) 924-2283</td>
</tr>
<tr>
<td>Kadri, Sameer, MD</td>
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<tr>
<td>Kadiri, Sameer, MD</td>
<td>(757) 984-3975</td>
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<tr>
<td>Kwon, Younghoon, MD</td>
<td>(343) 243-4520</td>
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<td>Levitov, Alexander, MD</td>
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<tr>
<td>Lunardi, Nadia, MD</td>
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<td>Malpass, Howard C., MD</td>
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<tr>
<td>Mannem, Hannah C., MD</td>
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Henrico Doctors' Hospital - Forest Campus
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Henrico Doctors' Hospital - Retreat Campus
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Optima Direct Network Providers 5/2019

244
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Children’s Hospital of the King’s Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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St. Mary’s Hospital

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Sterling .......... (703) 430-3939

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Sentara Leigh Hospital
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Winchester Medical Center

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Tromberg, Jennifer Sara, MD
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Children’s Hospital of Richmond of the VCU Health System
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Johnston-Willis Hospital
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Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital
VCU Community Memorial Hospital

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Hospital Affiliations:
Sentara RMH Medical Center
VCU Health System/MCV

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Hospital Affiliations:
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Hospital Affiliations:
Chesapeake Medical Center/Johnston-Willis Hospital

Wallace, Elizabeth, MD
Richmond.......... (804) 423-3636

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Wheaton, Jennifer C., DO
Chesapeake ...... (757) 609-3404
Virginia Beach .. (757) 507-0900

Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Wigand, James, MD
Richmond......... (804) 272-7564

Hospital Affiliations:
Chesapeake Medical Center/Johnston-Willis Hospital

Zavadil III, Anthony, MD
Fredericksburg - (540) 368-9380

ENT (Otolaryngology)

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Alexandria....... (703) 313-7700

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Akhtar, Muhammad J., MD
Culpeper.......... (540) 825-4557

Madison.......... (540) 948-6861

Hospital Affiliations:
UVA Culpeper Hospital

Alexiou, Michael A., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Arabshahi, Ali, MD
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Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chesapeake Medical Center
Harrisonburg Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Optima Direct Network Providers 5/2019
248

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Bak, Matthew J., MD
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Bakos, Stephen, MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Bane, Stephen, MD
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Hospital Affiliations:
Sentara Northern Virginia Medical Center

Bergman Jr., Kenneth, MD
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Dulles .......... (703) 263-2333
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Berry, Jr, Bill W., MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Bowman, Michael K., MD
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Radford .......... (540) 776-4000

Hospital Affiliations:
Montgomery Regional Hospital d/b/a LewisGale Montgomery

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Richmond ...... (804) 484-3700

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
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Bon Secours St. Francis Medical Center
Riverside Shore Memorial Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
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Hospital Affiliations:
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Hospital Affiliations:
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Chen, Kurt Y., MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
Sentara Northern Virginia Medical Center

Christophel, John J., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Cline, Jay M, MD
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Hospital Affiliations:
Sentara Lynchburg General Hospital

Couvillie, Timothy, MD
Lynchburg ........ (434) 947-3993

Hospital Affiliations:
Centra Lynchburg General Hospital

Cross, David S., MD
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Midlothian....... (804) 794-2368

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
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Hospital Affiliations:
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Stafford .......... (540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

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Lexington ......... (540) 464-3465

Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Chesapeake Regional Medical Center

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Emporia

Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Evans, Michel, DO
Danville.......... (434) 792-0830

Hospital Affiliations:
SOVAH Health - Danville

Farrar, Joshua Daniel, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Furst, Eric J., MD
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Hospital Affiliations:
Inova Fairfax Hospital

Galar, Richard S, MD
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Hospital Affiliations:
VCU Community Memorial Hospital

Gates, C. Wayne, MD
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Hospital Affiliations:
Sentara RMH Medical Center

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Gillespie, Cameron, MD
South Boston...... (434) 572-8191

Hospital Affiliations:
Twin County Regional Hospital

Gomez-Rivera, Fernando, MD
South Boston..... (434) 517-8095

Hospital Affiliations:
Halifax Regional Hospital

Gross, Brian C., MD
Saleme.......... (540) 444-8100

Hospital Affiliations:
Lewis-Gale Medical Center

Gurola II, Jose G., MD
Charlottesville .. (434) 924-2153

Hospital Affiliations:
University of Virginia Medical Center

Han, Joseph K., MD
Norfolk .......... (757) 388-6200
Specialists - Tier 1

Virginia Beach... (757) 689-8500

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- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Harris, David M., MD
Howard, John L., MD
Hood, Richard J., MD
Hsu, Jack, MD
Hubbard, Matthew A, MD
Hull, Benjamin P., MD
Hwang, Daniel, MD
Iapakhi, Ramin, MD

Iwanow, Ingrid C., MD
- Front Royal...... (540) 636-0300
- Luray.............. (540) 743-4561
- Winchester....... (540) 722-7282
- Woodstock....... (540) 459-1384

*Hospital Affiliations:*
- Shenandoah Memorial Hospital Inc
- Winchester Medical Center

Jacobson, Michael James, MD
Jameson, Mark J., MD
Kalafsky, John T., MD
Karalasky, John T., MD
Karakla, Daniel W., MD
Karen, Matthew E, MD
Karalasky, John T., MD
Karrab, Daniel W., MD

*Hospital Affiliations:*
- Virginia Beach... (757) 689-8500
- Norfolk.......... (757) 388-6200

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD
Lenkowski, Jr., Paul W., MD

*Hospital Affiliations:*
- Bon Secours DePaul Medical Center Inc
- Sentara Obici Hospital

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
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Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- Sentara Obici Hospital

Kittrell, Andrea, MD
Koors, Paul, MD
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*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
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*Hospital Affiliations:*
- Sentara Obici Hospital

Kittrell, Andrea, MD
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Kuhn, Jeffery, MD
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Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
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*Hospital Affiliations:*
- Sentara Obici Hospital

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
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*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
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Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
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Lee, James, MD

*Hospital Affiliations:*
- Sentara Obici Hospital

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- Sentara Obici Hospital

Kittrell, Andrea, MD
Koors, Paul, MD
Kuhn, Jeffery, MD
Lam, Kent K, MD
Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

*Hospital Affiliations:*
- University of Virginia Medical Center

Kittrell, Andrea, MD
Koors, Paul, MD
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Landes, Daniel, MD
Lassen, Lorenz F., MD
Lee, Edwin, MD
Lee, James, MD

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- Sentara Obici Hospital
Family Medicine Specialist
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Female Pelvic Med/Reconstructive Surgery
Clary HI, Beverly Boyden, MD
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
VCU Health System/MCV

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Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Wills Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VCU Health System/MCV

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Hospital Affiliations:
Chippewa Medical Center/Johnston-Wills Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Johnston Memorial Hospital

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Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

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Manassas ............. (703) 368-6819

Warrenton ............ (540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center
Specialists - Tier 1

Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Brauer, Deborah, MD
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Hospital Affiliations:
Inova Alexandria Hospital

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Hospital Affiliations:
Carrilion Roanoke Memorial Hospital
Sentara Martha Jefferson Hospital

Brooks, Whitney D., MD
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Hospital Affiliations:
Salem ................ (540) 772-5970
Augusta Medical Center

Broughton, Jr, Robert, MD
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Hospital Affiliations:
SOV-IA Health - Danieville

Brown, Joseph Alexander, MD
Abingdon ........... (276) 258-4200

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Manassas
Stafford

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Burton, Floyd V., MD
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Lewis-Gale Medical Center

Caldwell, Stephen H., MD
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Chitnavis, Maithili V, MD
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Hospital Affiliations:
Carrilion Roanoke Memorial Hospital

Chitnavis, Vikas N., MD
Roanoke .......... (540) 981-7000
Salem ............ (540) 772-3600

Hospital Affiliations:
Carrilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

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Manassas .......... (703) 368-6819
Warrenton

Hospital Affiliations:
Faquier Hospital
Novant Health UVA Health System Prince William Medical Center

Clark, Larry E., MD
Lynchburg ......... (434) 384-1862

Hospital Affiliations:
Centra Lynchburg General Hospital

Cohn, Steven Mark, MD
Charlottesville ... (434) 924-2959

Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Hospital Affiliations:
University of Virginia Medical Center

Corbett, Robin L., MD
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Hospital Affiliations:
Sentara CarePlex Hospital

Cordie, Richard A, MD
Lexington ........... (540) 458-3390

Cruz, Cristal, DO
Christiansburg .... (540) 382-9405

Hospital Affiliations:
Carilion New River Valley Medical Center

Culbert, Danielle, MD
Suffolk ............ (757) 483-6100

Hospital Affiliations:
Sentara Virginia View Medical Center

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Lynchburg ......... (434) 384-1862

Daheer, Ramsey, MD
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Manassas .......... (703) 365-9085
Stafford .......... (540) 659-9359
Woodbridge ........ (703) 580-0181

Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center

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Hospital Affiliations:
Bon Secours Maryview Medical Center

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Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Chesapeake Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

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Hospital Affiliations:
Mary Washington Hospital (MWI)

Dharel, Narayan, MD
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

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Hospital Affiliations:
Richmond Hospital

Dyke, Kevin R., MD
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Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Edelman, Krista, MD
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Hospital Affiliations:
Richmond Hospital

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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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Hospital Affiliations:
Bon Secours Wythe Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital

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Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Healthsouth Rehabilitation
Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

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Inova Alexandria Hospital

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Bon Secours St. Marys Hospital
Chippenham Medical Center/
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Healthsouth Rehabilitation
Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

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Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

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University of Virginia Medical Center

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Hospital Affiliations:
Chippenham Medical Center/
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Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Augusta Medical Center

Gardiner, James E., MD
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Hospital Affiliations:
Hampshire Memorial Hospital
War Memorial Hospital Inc
Winchester Medical Center

Gasper, Jonathan P., MD
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Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Sentara Princess Anne Hospital

Gilliam, Jr., Theopolis, MD
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Petersburg ......... (804) 765-6650
Hospital Affiliations:
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Gohil, Visha B, MD
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Pearsall ........... (540) 921-6000
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
University of Virginia Medical Center

Goldin, Norman Ross, MD
Smithfield
Suffolk
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

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Fishersville....... (540) 213-8484
Hospital Affiliations:
Augusta Medical Center

Grover, Harish, MD
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Wytheville....... (540) 382-9405

Guarino, Paul, MD
Harrisonburg ..... (540) 434-3659
Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Inova Alexandria Hospital

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Lexington .......... (540) 464-3465

Harris, Nicka, MD
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Hospital Affiliations:
Augusta Medical Center

Harthe, Richard J., MD
Williamsburg ...... (757) 206-1190
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Haverty, Jr., Howard O., MD
Richmond......... (804) 353-4916
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Hays, Rachel, MD
Charlottesville... (434) 243-0700
Hospital Affiliations:
University of Virginia Medical Center

Henry, Zachary H, MD
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Hospital Affiliations:
University of Virginia Medical Center

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Abingdon......... (276) 258-3600
Marion............ (276) 258-3600

Horabucke, Kelvin, MD
Norfolk............. (757) 466-0165
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hou, Wei, MD
Lynchburg

Howerton, Douglas, MD
Chesapeake ...... (757) 436-3285
Norfolk..........(757) 627-6416
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Manassas

Stafford

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Hunter, William C., MD
Richlands.......... (276) 596-6780

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Clinic Valley Medical Center

Hurley, Sean, MD
Alexandria....... (703) 751-5763
Hospital Affiliations:
Inova Alexandria Hospital

Ibrahim, Amira Ali, MD
Fishersville....... (540) 221-7350
Hospital Affiliations:
Augusta Medical Center

Intaglia, Nicolas M., MD
Charlottesville... (434) 924-2959
Hospital Affiliations:
University of Virginia Medical Center

Iyer, Harish, MD
Suffolk............. (757) 483-6100

Jahann, Darius A, MD
Charlottesville... (434) 243-3090
Hospital Affiliations:
University of Virginia Medical Center

Jairath, Sanjeev K., MD
Colonial Heights(804) 520-5223
Prince George.... (804) 520-5223
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Janson, Jan A., MD
Virginia Beach .... (757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Jayatilaka, Suresh G., MD
South Boston..... (434) 572-8196
Hospital Affiliations:
Carilion Tazewell Community Hospital

Jindal, Mohit, MD
North Chesterfield(804) 330-4021

Sentara RMH Medical Center

Augusta Medical Center

Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara Leigh Hospital

Carilion New River Valley Medical Center

Carilion Giles Community Hospital

Carilion New River Valley Medical Center

Carilion Giles Community Hospital

Carilion New River Valley Medical Center
Khan, Nadeem A., MD
Landsdowne (703) 858-3060

Kim, Edward C., MD
Gaineville
Manassas (703) 368-6819
Warrenton

Hospital Affiliations:
Fauquier Hospital
Novant Health UVa Health System
Prince William Medical Center

Kishore, Anand T., MD
Blacksburg (540) 731-3222
Christiansburg (540) 731-3222
Roanoke (540) 224-5170
Wytheville (540) 382-9405

Kitchin, Llewellyn L., MD
Winchester (540) 667-1244

Kumar, Puneet, MD
Richmond (804) 673-2806

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chleppenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Lee, Michael Dean, DO
Roanoke (540) 345-4900

Lemite, Gregory K., MD
Chester (804) 681-0556
Petersburg (804) 681-0556

Hospital Affiliations:
John Randolph Medical Center

Lyons, Christopher, MD
Richmond (804) 560-9863

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chleppenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Ma, Ann L., MD
Leesburg (703) 771-9001

Maffei, Loretta, MD
Lynchburg (434) 384-1862

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Mahajan, Anshu, MD
Suffolk (757) 483-6100

Hospital Affiliations:
Augusta Medical Center
Bon Secours Maryview Medical Center

Makdisi, Walid F., MD
Chesapeake (757) 547-0798

Virginia Beach (757) 547-0798

Hospital Affiliations:
Chesapeake Regional Medical Center

Malik, Pramod, MD
Franklin (757) 561-6181
Suffolk (757) 942-2566

Hospital Affiliations:
Augusta Medical Center
Bon Secours DePaul Medical Center Inc

Chesapeake Regional Medical Center

Mannem, Arun R., MD
Charlottesville (434) 817-8484

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Manohar, Ashan, MD
Virginia Beach (757) 464-1644

Marathe, Atul V., MD
Alexandria (703) 580-0181
Dale City (703) 580-0181
Manassas
Stafford

Hospital Affiliations:
Novant Health UVa Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Stafford Hospital Center

Martin, Trent D., MD
Virginia Beach (757) 466-0165

Hospital Affiliations:
Bon Secours Maryview Medical Center

Sentara Princess Anne Hospital

Mastri, Thomas A., MD
Fredericksburg (540) 371-9696

Hospital Affiliations:
Mary Washington Hospital (MWH)

McCabe, Michael B., MD
Charlottesville (434) 297-5055

Hospital Affiliations:
University of Virginia Medical Center

McGroarty, David J., MD
Richmond (804) 673-2806

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Sheltering Arms Rehabilitation Hospital

Mendu, Shoba, MD
Chesapeake (757) 547-0798

Menon, Radha, MD
Fredericksburg (540) 371-7600

Hospital Affiliations:
Spotylvania Regional Medical Center

Mercure, Kevin B., MD
Christiansburg (540) 382-9405

Roanoke (540) 981-7000

Salem (540) 772-3600

Hospital Affiliations:
Carilion New River Valley Medical Center

Carilion Roanoke Memorial Hospital

Lewis-Gale Medical Center

Meyers, III, Roy Lee, MD
Roanoke (540) 345-4900

Miao, Chuan Long, MD
Salem (540) 772-5970

Hospital Affiliations:
Lewis-Gale Medical Center

Optima Direct Network Providers 5/2019
255
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<tr>
<th>Name</th>
<th>Affiliations</th>
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<td>Mitchell III, Robert E., MD</td>
<td>Richmond........ (804) 282-3114</td>
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<td>Hospital Affiliations:</td>
<td>Henrico Doctors' Hospital - Forest Campus</td>
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<td>Mitchell, Richard G, MD</td>
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<td>Hospital Affiliations:</td>
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<td>Monahan, David W., MD</td>
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<td>Hospital Affiliations:</td>
<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Moylan, Robert Daniel, MD</td>
<td>Christiansburg... (540) 382-9405</td>
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<td>Roanoke...................... (540) 224-5170</td>
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<td>Hospital Affiliations:</td>
<td>Centra Lynchburg General Hospital</td>
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<tr>
<td>Natov, Nikola S., MD</td>
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<td>Nelson III, Joseph L., MD</td>
<td>Salem................ (540) 444-2010</td>
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<td>Neumann, Daniel A., MD</td>
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<td>Suffolk................. (757) 483-6100</td>
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<td>Odahasi, Lisa B., MD</td>
<td>Newport News... (757) 534-7701</td>
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<td>Padi, Chetan, MD</td>
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<td>Pantano, Daniel J., MD</td>
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<td>Park, Jin-Hong, MD</td>
<td>Gainsville........... (757) 248-6053</td>
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<td>Patel, Bakul Kumar, MD</td>
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<td>Payman, Gary H., MD</td>
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<td>Rashid, Zahid, MD</td>
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<td>Ricketts, Paul, MD</td>
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<td>Peura, David A., MD</td>
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<td>Sandhu, Bimaljit, MD</td>
<td>Richmond........... (804) 560-9872</td>
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Optima Health
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<tr>
<td>Sauer, Bryan G., MD</td>
<td>(434) 924-9999</td>
<td>Charlottesville Hospital, University of Virginia Medical Center</td>
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<tr>
<td>Scheiman, James M., MD</td>
<td>(434) 924-9999</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Seaman, Alex R, MD</td>
<td>(804) 285-8206</td>
<td>Hospital Affiliations: Danville Health Medical Center</td>
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<tr>
<td>Sears, Richard J., MD</td>
<td>(540) 667-1244</td>
<td>Hospital Affiliations: Winchester Medical Center</td>
</tr>
<tr>
<td>Seeman, Irvin J., MD</td>
<td>(804) 730-0792</td>
<td>Richmond Hospital, Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Shah, Neeral L., MD</td>
<td>(434) 924-2959</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Shah, Nirish S., MD</td>
<td>(540) 345-4900</td>
<td>Roanoke Hospital, Hospital Affiliations: Sentara Martha Jefferson Hospital, Sentara Virginia General Hospital</td>
</tr>
<tr>
<td>Shah, S. Mubashir A., MD</td>
<td>(804) 559-6194</td>
<td>Mechanicsville Hospital, Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus</td>
</tr>
<tr>
<td>Shakhateh, Mohammad H, MD</td>
<td>(540) 224-5170</td>
<td>Roanoke Hospital, Hospital Affiliations: Virginia Beach Hospital, Virginia Beach General Hospital</td>
</tr>
<tr>
<td>Shami, Vanessa M, MD</td>
<td>(434) 924-9582</td>
<td>Charlottesville Hospital, Hospital Affiliations: University of Virginia Medical Center</td>
</tr>
<tr>
<td>Sherigar, Jagannath, MD</td>
<td>(434) 791-1152</td>
<td>Danville Hospital, Hospital Affiliations: SOVIAH Health - Danville</td>
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<tr>
<td>Shiffman, Mitchell, MD</td>
<td>(757) 947-3190</td>
<td>Newport News Hospital, Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Shiffman, Mitchell, MD</td>
<td>(757) 947-3190</td>
<td>Newport News Hospital, Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Shiffman, Mitchell, MD</td>
<td>(757) 947-3190</td>
<td>Newport News Hospital, Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Sauer, Bryan G., MD</td>
<td>(434) 924-9999</td>
<td>Charlottesville Hospital, University of Virginia Medical Center</td>
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<tr>
<td>Scheiman, James M., MD</td>
<td>(434) 924-9999</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Seaman, Alex R, MD</td>
<td>(804) 285-8206</td>
<td>Hospital Affiliations: Danville Health Medical Center</td>
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<tr>
<td>Sears, Richard J., MD</td>
<td>(540) 667-1244</td>
<td>Hospital Affiliations: Winchester Medical Center</td>
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<tr>
<td>Seeman, Irvin J., MD</td>
<td>(804) 730-0792</td>
<td>Richmond Hospital, Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Shah, Neeral L., MD</td>
<td>(434) 924-2959</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Shah, Nirish S., MD</td>
<td>(540) 345-4900</td>
<td>Roanoke Hospital, Hospital Affiliations: Sentara Martha Jefferson Hospital, Sentara Virginia General Hospital</td>
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<tr>
<td>Shah, S. Mubashir A., MD</td>
<td>(804) 559-6194</td>
<td>Mechanicsville Hospital, Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus</td>
</tr>
<tr>
<td>Shakhateh, Mohammad H, MD</td>
<td>(540) 224-5170</td>
<td>Roanoke Hospital, Hospital Affiliations: Virginia Beach Hospital, Virginia Beach General Hospital</td>
</tr>
<tr>
<td>Shami, Vanessa M, MD</td>
<td>(434) 924-9582</td>
<td>Charlottesville Hospital, Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Sherigar, Jagannath, MD</td>
<td>(434) 791-1152</td>
<td>Danville Hospital, Hospital Affiliations: SOVIAH Health - Danville</td>
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<tr>
<td>Shiffman, Mitchell, MD</td>
<td>(757) 947-3190</td>
<td>Newport News Hospital, Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
</tr>
</tbody>
</table>

Optima Direct Network Providers 2019
Wang, Andrew Y., MD
Charlottesville...(540) 924-2959
Hospital Affiliations:
University of Virginia Medical Center

Wasan, Sanjeev M., MD
Lansdowne........(703) 724-4480

Weeks, Landon E., MD
Galax.............(276) 236-6906
Wytheville........(276) 228-7948
Hospital Affiliations:
Twin County Regional Hospital
Wythe County Community Hospital

White, Kevin T., MD
Virginia Beach...(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Williams, Alex O., MD
Chesapeake......(757) 436-3285
Norfolk............(757) 627-6416
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wisniewski, III, Ralph M., MD
Lynchburg........(434) 384-1862
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Wong, Peter W.K., MD
Frederickbarburg..(540) 371-7600
Hospital Affiliations:
Mary Washington Hospital (MWH)

Woogen, Scott D., MD
Richmond...........(804) 560-9864
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Wootton, Frank Taylor, MD
Norfolk.............(757) 466-0165
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wu, Jennifer, MD
Alexandria.......(703) 751-5763

Yagel, Scott L., MD
Norfolk.............(757) 627-6416
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Yeaton, Paul, MD
Christiansburg...(540) 382-9405
Roanoke ............(540) 224-5170
Hospital Affiliations:
Augusta Medical Center
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Yoselevitz, Sam, MD
Virginia Beach...(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Yoshida, Cynthia M., MD
Charlottesville...(434) 244-5008
Hospital Affiliations:
University of Virginia Medical Center

Young II, Benjamin E, MD
Alexandria........(703) 580-0181
Dale City ...........(703) 580-0181
Manassas ..........(703) 365-6147
Stafford ............(540) 659-9359
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Zhang, Jin, MD
Newport News...(757) 534-7701
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

---

General Surgery

Adams, Gregory F., MD
Norfolk.............(757) 955-2828
Hospital Affiliations:
Henrico Doctors' Hospital - Forrest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Adams, Peter D., MD
Charlottesville...(434) 243-3090
Hospital Affiliations:
University of Virginia Medical Center

Adams, Reid Barton, MD
Charlottesville...(434) 924-2839

Adeso, Mukong, MD
Richmond..........(804) 285-9416
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Adkins, Farrell C., MD
Hardy..............(540) 224-5170
Roanoke ............(540) 981-7000
Rocky Mount .......(540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Akbari, Homayoon, MD
Emporia.............(434) 336-1222
Franklin ............(434) 336-1222
Petersburg ..........(434) 336-1222
Hospital Affiliations:
Southern Virginia Regional Medical Center
VCU Health System/MCV

Akbari, Stephanie R, MD
Fairfax.............(703) 280-5390
Hospital Affiliations:
Virginia Hospital Center - Arlington

Alley, Joshua B, MD
Lynchburg.........(434) 947-3901
Hospital Affiliations:
Centra Lynchburg General Hospital

Alrefai, Sameer, MD
Arlington...........(804) 572-8921
Hospital Affiliations:
Northern Virginia Medical Center
Inova Fairfax Hospital

Bajwa, Gurnam, MD
South Boston ......(434) 572-2744
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Optima Direct Network Providers 5/2019 258
Specialists - Tier 1

Chery, Frantz, MD
Richmond .......... (804) 230-4116
Hospital Affiliations:
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

Chiantella, Virginia, MD
Henrico .............. (804) 724-9474
Lansdowne ...... (804) 724-9474
Hospital Affiliations:
Rexsn Hospital Center

Chowla, Arun, MD
Alexandria........ (877) 345-7227
Fairfax ............ (877) 345-7227

Clark, Susan C., MD
Newport News .. (757) 947-3170
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Clark, Thomas W., MD
Newport News .. (757) 873-1880
Hospital Affiliations:
Sentara CarePlex Hospital

Clay, III, Lucius D., MD
Lynchburg........ (434) 947-3933

Cloud, William G., MD
Danville......... (434) 792-5948
Hospital Affiliations:
Fauquier Hospital

Cohen, Dennis S., MD
Midlothian...... (804) 893-8676
Richmond ........ (804) 225-7364
richmond .......... (804) 225-7364
Richmond ........ (804) 285-3225
richmond .......... (804) 225-7364
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richmond .......... (804) 225-7364
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Richmond ........ (804) 225-7364
Richmond ........ (804) 285-3225

Hospital Affiliations:
Bon Secours St Marys Hospital

Cook, James W., MD
Dulles................ (703) 858-3200
Leesburg...........(703) 858-3200
Hospital Affiliations:
Henrico Doctors’ Hospital Center

Cox, Diane R, MD
North Chesterfield(804) 323-5040
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Cross, Cecil Bernard, MD
Leesburg...........(703) 858-3200

Cruff, Dennis M., MD
Gloucester......... (804) 210-1083
Hampton............ (757) 827-2202
Portsmouth........ (757) 934-4222
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital

Cummins, William T., MD
Abingdon......... (276) 258-1777

Cuozzo, Francis, MD
Lynchburg......... (434) 947-3901

Dalton, Joseph M., MD
Virginia Beach .... (757) 481-2313
Hospital Affiliations:
Sentara Virginia Beach General Hospital

D’Amato, Luciano, MD
Wise ................. (276) 328-5332

Daniels Jr, James R, MD
Chester .......... (804) 423-8467
Midlothian....... (804) 423-8467
Richmond ........ (804) 893-8676

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Sentara CarePlex Hospital

Datta, Tejwant, MD
Emporia
Hopewell ........... (804) 520-6730
Petersburg ......... (804) 520-6730

Hospital Affiliations:
Southside Regional Medical Center

Davenport, Roxanne, MD
Christiansburg ... (540) 731-2000
Roanoke .......... (540) 342-6346

DeaI III, Clifford L., MD
Glen Allen .......... (804) 285-9416
Richmond ........ (804) 285-9416
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus

Deitrick, John C, MD
North Chesterfield(804) 368-1608
Richmond......... (804) 320-2705
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

DeMaria, Eric J., MD
Norfolk ................ (757) 889-6830
Richmond.......... (804) 893-8676
Suffolk............. (757) 541-1950
Hospital Affiliations:
Bon Secours Maryview Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Demph, Dominique, MD
Salem............. (540) 772-3620

Hospital Affiliations:
Columbia Pulaski Community Hospital

DengeL Lynn T., MD
Charlottesville ... (434) 984-6121

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Denton, James, MD
Charlottesville ... (434) 293-4995
Culpeper ........ (540) 825-2600

Dorn, Matthew C., DO
Abingdon....... (276) 258-1777
Marion............. (276) 258-1777
Hospital Affiliations:
Johnston Memorial Hospital

Dougherty, David, MD
Mechanicsville .. (804) 730-3156

Downing, Christopher L., DO
Wytheville ........ (276) 228-1050

Hospital Affiliations:

Dowling, LaMiere Joseph, MD
Christianburg .... (540) 639-3097
Christianburg .... (540) 731-2436
Radford .......... (540) 633-6533
Wytheville ......... (540) 731-7600

Hospital Affiliations:

Droz, Lance C., MD
Big Stone Gap ... (276) 523-8865
Norton ............ (276) 523-8865

Dy, Benson M., MD
Winchester ........ (540) 536-0130
Woodstock ....... (540) 459-1100

Hospital Affiliations:

Earnhardt, Richard C., MD
Fredericksburg .. (540) 373-2244
Hospital Affiliations:
Mary Washington Hospital (MWH)

Ellis, Madge E., MD
Salem............. (540) 772-3008
Hospital Affiliations:
Lewis-Gale Medical Center

Ely III, Ralph, MD
Bedford .......... (540) 586-3089
Danville.......... (434) 792-5964
Hospital Affiliations:
Centra Lynchburg General Hospital

Soy AH Health - Danville

Enderson, III, Laurence, MD
Chesapeake ...... (757) 395-6691
Virginia Beach .. (757) 395-6690

Hospital Affiliations:
Sentara Virginia Beach General Hospital

English, John, MD
Front Royal ...... (540) 635-1652
Luray .......... (540) 743-2282

Hospital Affiliations:
Page Memorial Hospital Inc
"Warren Memorial Hospital, Inc.

Espino, Sasa-Grae, MD
Chester .......... (804) 520-6730
Emporia .......... (434) 348-4400
Petersburg ........ (804) 520-6730

Hospital Affiliations:
Southside Regional Medical Center

Evans, Martin, MD
Richmond.......... (804) 320-2705

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Farfou, Alireza, MD
Suffolk .......... (757) 966-2757

Hospital Affiliations:

Fasenc, Geoffrey, MD
Charlottesville .. (434) 924-9954
Hospital Affiliations:
University of Virginia Medical Center

Faulks, Emily R, MD
Roanoke .......... (540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Feldman, Elizabeth, MD
Reston .......... (703) 435-4320

Hospital Affiliations:
Reston Hospital Center

Fellbirt, Eric C., MD
Norfolk .......... (757) 446-8960
Virginia Beach

Optima Direct Network Providers 5/2019 260
Jackson, LaSandra, MD
Franklin ........... (540) 569-6100
Suffolk ............ (757) 622-9192
Hospital Affiliations: South Hampton Memorial Hospital
Southern Virginia Regional Medical Center

Holman, Dawn M., MD
Marion............... (276) 378-0075
Hospital Affiliations: Smyth County Community Hospital

Honea, Robert H., MD
Danville.......... (434) 792-5964
Hospital Affiliations: Chippenham Medical Center

Hopson, Steven B, MD
Newport News .. (757) 947-3170
Hospital Affiliations: Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Hubbard, II, George Wilkins, MD
Norfolk............ (757) 261-5000
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Huber, Kirsten L, MD
Farmville.......... (434) 315-2998
Hospital Affiliations: Central Southside Community Hospital

Hughes, Marybeth S., MD
Norfolk............ (757) 446-8960
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hutchins, Debra A., MD
Glen Allen......... (804) 285-9416
Mechanicsville .. (804) 703-1019
Richmond........... (804) 285-9416
Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond

Hyre, Charles E, MD
Winchester........ (540) 536-0100
Woodstock .......... (540) 459-1100
Hospital Affiliations: Winchester Medical Center

Hyslop, John, MD
Richmond.......... (804) 320-2705
Hospital Affiliations: Chippenham Medical Center/Johnston-Wills Hospital

Ives, Charles E, MD
Norfolk............. (757) 955-2628
Virginia Beach .. (757) 425-8590

Jackson, LaSandra, MD
Kilmarnock ...... (804) 435-1608
Hospital Affiliations: Sentara Obici Hospital

Jaksic, Beth, MD
Chesapeake ...... (757) 548-1038
Suffolk ............ (757) 966-2757
Hospital Affiliations: Chesapeake Regional Medical Center

Jawhar, Mahmoud O., MD
Galax ................ (276) 236-6906
Kilmarnock ...... (804) 435-1608
Hospital Affiliations: Twin County Regional Hospital

Jenkins, Donald D., MD
Chesapeake ...... (757) 395-6381
Virginia Beach .. (757) 507-8850
Hospital Affiliations: Sentara Virginia Beach General Hospital

Jenkins, Joseph Thomas, MD
Chesapeake ...... (252) 255-6113
Hospital Affiliations: Sentara Albemarle Medical Center

Jensen, Shane D, MD
Norfolk............ (757) 446-8960
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Johnson, Bryan, MD
North Chesterfield (804) 320-2705
Hospital Affiliations: Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Wills Hospital

Johnson, Tonya Lynne, MD
Harrisonburg .. (540) 689-5800
Hospital Affiliations: Lonesome Pine Hospital
Sentara RMH Medical Center

Johnson-Mann, Crystal N, MD
Charlottesville .. (434) 243-3090
Hospital Affiliations: University of Virginia Medical Center

Johnston, Michael G., MD
Suffolk .......... (757) 934-4222
Hospital Affiliations: Sentara Obici Hospital

Jones, Jr., Kendall C., MD
Norfolk............ (757) 668-7703
Hospital Affiliations: Sentara Women's Hospital of the King's Daughters

Jujiavarapa, Rayudu, MD
Colonial Heights (804) 524-2294
Hospital Affiliations: Southside Regional Medical Center

Kang, Jeffrey, MD
Lynchburg .......... (434) 200-3901
Hospital Affiliations: Centra Lynchburg General Hospital

Karch Jr., Joseph, MD
Chester .......... (804) 423-8467
Midlothian ........ (804) 423-8467
Richmond......... (804) 285-3225

Kelly, Gordon M., MD
Marion............... (276) 783-2613

Kerr, Jr., John M., MD
Lebanon .......... (276) 836-8909
Hospital Affiliations: Bedford Memorial Hospital
Russell County Hospital

Khuri, Nadeem E., MD
Salem .......... (540) 772-3008
Hospital Affiliations: Lewis-Gale Medical Center

Kim, Gregory Y., MD
Hampton .......... (757) 736-7280
Newport News .. (757) 827-2202
Portsmouth ...... (757) 827-2202
Hospital Affiliations: Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

King, Bradford, MD
Fredericksburg .. (540) 373-2244
Hospital Affiliations: Mary Washington Hospital (MWJ)

King, Brian Scott, MD
Carrollton ......... (757) 934-2222
Richmond.......... (804) 673-4803
Suffolk .......... (757) 934-4222
Hospital Affiliations: Sentara Obici Hospital

Kittrell Jr, William L, MD
Gretta .......... (434) 659-1274
Lynchburg ....... (434) 200-3777

Kleiner, Daniel E., MD
Sentara Obici Hospital

Kittrell Jr, William L, MD
Gretna .......... (434) 659-1274
Lynchburg ....... (434) 200-3777

Kleinman, Daniel E., MD
Charlottesville .. (434) 924-9954
Hospital Affiliations: University of Virginia Medical Center

Kovouan, Tatiana, MD
Lynchburg .......... (434) 200-3903
Hospital Affiliations: Sentara Lynchburg General Hospital

Kremen, Roman, DO
Williamsburg .... (757) 984-9850
Hospital Affiliations: Sentara Williamsburg Regional Medical Center

Kris, Brita, MD
Leesburg........... (703) 859-3131

Kumar, Raman, MD
Woodbridge .......... (703) 522-9750

Lahti, Gary, MD
Danville.......... (434) 792-7874

Langston, Stephen, MD
Suffolk............ (757) 934-4222
Hospital Affiliations: Sentara Obici Hospital

Layman III, Ralph E., MD
Richmond.......... (804) 285-9416
Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus

LeBlanc, Nicholas D., MD
Lexington .......... (540) 463-7108

Lee, Nathan, MD
Richmond.......... (804) 893-8676
Hospital Affiliations: Bon Secours Richmond Community Hospital
Bon Secours St. Mary's Hospital

Lee, Russell Dennis, MD
Culpeper.......... (540) 825-2600
Hospital Affiliations: UVA Culpeper Hospital

Lee, Sophia, MD
Mechanicsville .. (804) 559-0194
Quinton .......... (804) 592-5528
Hospital Affiliations: Bon Secours Memorial Regional Medical Center

Lehr, Shannon, MD
Leesburg .......... (703) 859-3200

Lesniewski, James, MD
Leesburg.......... (703) 859-3200

Lin, Stephen, MD
Suffolk .......... (757) 966-2757

Loggins, Jamie P., MD
Suffolk ............ (804) 351-9320
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lonesome Pine Hospital
Sentara RMH Medical Center
Specialists - Tier 1

Londrey, Gregg L., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital

Magalski, Joseph J., MD
Lexington (540) 417-3160
- Hospital Affiliations:
  - Bon Secours Memorial Medical Center
  - Retreat Hospital

Manassas........ (703) 257-9234
- Hospital Affiliations:
  - Optima Direct Network Providers

Haymarket......... (571) 261-3270
- Hospital Affiliations:
  - University of Virginia Cancer Center

Leesburg............ (703) 858-3200
- Hospital Affiliations:
  - Virginia Hospital

Mechanicsville .. (804) 559-0194
- Hospital Affiliations:
  - Henrico Doctors' Hospital
  - Parham Campus

Carilion Stonewall Jackson Hospital
- Hospital Affiliations:
  - Carilion Giles Community Hospital
  - Carilion Roanoke Memorial Hospital

Loudoun, Virginia, MD
Leesburg............ (703) 858-3200
- Hospital Affiliations:
  - Virginia Hospital

Vanderbilt, William H., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital

St. Mary's Hospital
- Hospital Affiliations:
  - VCU Health System/MCV

Loudon, John................ (254) 249-5750
- Hospital Affiliations:
  - Carilion Franklin Memorial Hospital
  - Carilion Roanoke Memorial Hospital

Lovely, Mary J., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours Virginia Hospital
  - Parham Campus

Luray................. (540) 743-2282
- Hospital Affiliations:
  - sentiment:carilion

Lynchburg......... (434) 224-5170
- Hospital Affiliations:
  - Swedish Medical Center

Lynchburg........... (804) 597-2307
- Hospital Affiliations:
  - Swedish Medical Center

Lynchburg........... (434) 224-5170
- Hospital Affiliations:
  - Swedish Medical Center

Lyndon, Virginia, MD
Lynchburg........... (434) 224-5170
- Hospital Affiliations:
  - Swedish Medical Center

Lynchburg........... (434) 224-5170
- Hospital Affiliations:
  - Swedish Medical Center

Lynne, John................... (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital

Macklin, Christopher S., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital

Manchester, Virginia, MD
Leesburg............ (703) 858-3200
- Hospital Affiliations:
  - Virginia Hospital

Manchester, David J., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital

Manchester, Virginia, MD
Lynchburg........... (434) 224-5170
- Hospital Affiliations:
  - Swedish Medical Center

Maggard, William A., MD
Richmond (804) 288-1953
- Hospital Affiliations:
  - Bon Secours St. Marys Hospital
  - HealthSouth Rehabilitation
  - Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - Sheltering Arms Rehabilitation Hospital
Oviedo, Rodolfo, MD
Winchester ....... (540) 536-0010
Hospital Affiliations:
Winchester Medical Center

Pellicane, Jr., James, MD
Hardy ............... (540) 224-5170
Roanoke .......... (540) 772-7450
Rocky Mount.... (540) 483-5277

Parker, George A., MD
Midlothian ........ (804) 285-3225
Richmond ......... (804) 893-8676
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Pacion, Cedric, MD
Norfolk ............ (757) 623-7575
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ploch, Peter, MD
Lynchburg .......... (434) 200-3901
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Pope, Nicholas H., MD
Culpeper ............ (540) 825-2600
Hospital Affiliations:
University of Virginia Medical Center

Pascual, Reymond G., MD
Pulizzi, John S., MD
Ritchie, Lin M., MD
Rizzuto, Daniel J., DO

Rizzuto, Daniel J., DO
Richmond ....... (757) 984-9850
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Roberts, Lawrence R., MD
Danville ............ (434) 792-5964
Hospital Affiliations:
SOVAH Health - Danville

Rogers, Andrew Lewis, MD
Marion ............... (276) 781-7848

Roald, Rodrigo, MD
Farmville ............ (434) 315-2998

Rose, Amy, MD
Richmond ......... (804) 320-2705
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Ruderer, John S., DO
Lexington ............ (540) 463-7108
Pearsall ......... (540) 731-2436
Roanoke .......... (540) 224-5170
Rocky Mount.... (540) 224-5170

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Rudolph, William Garth, MD
Virginia Beach ... (757) 507-8850
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Ruiz, Antonio Jose, MD
Chesapeake ........ (252) 255-6113
Hospital Affiliations:
Sentara Albermarle Medical Center

Rustin III, Rudolph B., MD
Culpeper ............ (540) 825-2600
Hospital Affiliations:
University of Virginia Medical Center

Ryan, Bradley C., MD
Fredericksburg .. (540) 373-2244
Hospital Affiliations:
Mary Washington Hospital (MWH)

Salzberg, Arnold D., MD
Roanoke ............ (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Shenandoah Regional Medical Center

Specialists - Tier 1

Optima Direct Network Providers 5/2019 264

OptimaHealth
Specialists - Tier 1

Sanders, Keith L., MD
Kilmarnock ...... (804) 435-1608
Hospital Affiliations:
Rappahannock General Hospital
SOVAH Health - Martinsville

Sann, Lawrence, MD
Winchester ....... (540) 536-0110
Hospital Affiliations:
Winchester Medical Center

Santosh, Venkataraman, MD
Midlothian........ (804) 379-0029
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Sayles, John M, MD
Norfolk ............ (757) 261-5000
Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Schenk, III, Worthington G., MD
Charlottesville ... (434) 924-0380

Schirmer, Bruce D., MD
Charlottesville ... (434) 924-2104

Schneider, James J., MD
Norfolk
Virginia Beach
Williamsburg .... (757) 984-9850
Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Schroder, Gregory, MD
Richmond .......... (804) 285-9416

Schulier, Vincent, MD
Richmond .......... (804) 282-1726
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Shah, Rasesh M., MD
Norfolk ............. (757) 466-6513
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Shindel, Stuart, MD
Richmond .......... (804) 893-8676
Hospital Affiliations:
Bon Secours St. Marys Hospital

Sims, Stephanie M, MD
Chesapeake ...... (757) 410-0101
Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Sinclair, Jeffrey S, MD
Stafford ............ (540) 657-8180
Woodbridge

Skenderis, Basil, MD
Chesapeake ...... (757) 481-4424
Virginia Beach ... (757) 481-4424
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Slep, Andrew, MD
Bedford ............ (540) 586-2441
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Bedford Memorial Hospital

Smith, Barton P, MD
Colonial Heights (804) 524-2294
Hospital Affiliations:
Southside Regional Medical Center

Smith, Clifford L., MD
Bedford ............ (540) 586-3089
Lynchburg ......... (434) 200-3933
Newport News ... (757) 947-3170
Richmond .......... (804) 285-9416
Hospital Affiliations:
Bedford Memorial Hospital
Bon Secours Mary Immaculate Hospital
Centra Lynchburg General Hospital
Henrico Doctors' Hospital - Forest Campus
Sentara Williamsburg Regional Medical Center

Smith, David H., MD
Abingdon .......... (276) 628-2994
Lebanon .......... (276) 258-1777
Hospital Affiliations:
Johnston Memorial Hospital

Snyder, James G., MD
Chesapeake ...... (757) 261-5000
Norfolk .......... (757) 388-6120
Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Soares, Jr, Robert L, MD
Williamsburg .... (757) 984-9850
Hospital Affiliations:
Sentara CarePlex Hospital

Sokolovskiy, Aleksandr, DO
Marion ............. (276) 378-0075
Hospital Affiliations:
Smyth County Community Hospital

Spencer, David, DO
Suffolk .......... (757) 483-7105
Hospital Affiliations:
Chesapeake Regional Medical Center

Spinelli, Nicholas, MD
Charlottesville ... (434) 654-5260
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Stall, Tyler, MD
Henrico .......... (804) 282-4940
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Stanford, Gregory G, MD
Winchester .......... (540) 536-5115
Hospital Affiliations:
Winchester Medical Center

Steen, Eric C, DO
Salem ............. (540) 772-3620
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Stephens, Polly, MD
Mechanicsville ... (804) 594-3130
Midlothian .......... (804) 594-3130
Richmond .......... (804) 594-3130
Hospital Affiliations:
Carilion New River Valley Medical Center

Stibal, Darlene, MD
Kilmarnock ...... (804) 435-1608
Hospital Affiliations:
Rappahannock General Hospital

Stoeckle, David, MD
Blackburg ......... (540) 557-5585
Christiansburg ..... (540) 731-7401
Pearsburg .......... (540) 921-6000
Hospital Affiliations:
Carilion New River Valley Medical Center

Stokes, Jayme B., MD
Charlottesville ... (434) 654-5260
Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Stoneburner, Jr., Frank D., MD
Richmond .......... (804) 288-1953
Hospital Affiliations:
Bon Secours St. Marys Hospital

Suy, Sibong, MD
Richmond ........ (804) 893-8676
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Swartzenendruber, Frederick D, MD
Pearsburg .......... (540) 921-6000
Hospital Affiliations:
Carilion Giles Community Hospital

Terracina, Anthony D., MD
Newport News ... (757) 947-3170
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Tershah, Daniel R., MD
Hardy ............ (540) 224-5170
Roanoke .......... (540) 342-6346
Rocky Mount ....... (540) 483-5277
Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Testa, Joseph E, DO
Williamsburg ..... (757) 984-9850
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Thompson, William G., MD
Fishersville ....... (540) 245-7705
Hospital Affiliations:
Augusta Medical Center

Times, Terry D., MD
Gloucester
Williamsburg ...... (757) 984-9850
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Toevs, Christine, MD
Roanoke .......... (540) 342-6346

Tozzi, Michael J., DO
South Hill ........ (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital

Trotter, Lee D., DO
Norfolk .......... (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters

Turza, Kristin, MD
Fishersville ...... (540) 245-7705
Lexington .......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center

Ulrich, Paul J., MD
Winchester
Hospital Affiliations:
Winchester Medical Center
Specialists - Tier 1

Vargas, Hernan I., MD
Fairfax .......... (703) 280-3155
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Vayer Jr., Arthur J., MD
Woodbridge
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Wagner, Patrick L., MD
Winchester ....... (540) 536-3470
Hospital Affiliations:
Winchester Medical Center

Walter, Barbara J., MD
Front Royal ...... (540) 635-0730

Washer, Joshua, MD
Woodbridge ..... (703) 763-5224
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Wattsman, Terri-An, MD
Lynchburg ....... (540) 985-9812
Roanoke ........ (540) 985-8000

Wei, Wei, MD
Christiansburg ... (540) 731-2000
Wytheville ....... (540) 731-7600
Hospital Affiliations:
Carilion New River Valley Medical Center

Weirter, Leonard, MD
Norfolk .......... (757) 446-8960
Virginia Beach
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

White, Michael A, MD
Midlothian ....... (804) 423-8467
Richmond ....... (804) 893-8676
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Wicker, Jr, Henry S., MD
Fredericksburg ... (540) 785-7810
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sporstylvania Regional Medical Center

Wiedower, James S., MD
Winchester ....... (540) 536-0110
Hospital Affiliations:
Winchester Medical Center

Williams, John P., MD
Chantilly ........ (703) 327-3173
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Williams, Sharon Letita, MD
Christiansburg ... (540) 731-2000
Pearsburg ....... (540) 731-2436
Roanoke .......... (540) 853-0944
Rocky Mount .... (540) 483-5277
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Wilson, Jason Paul, MD
Newport News ... (757) 594-1806
Hospital Affiliations:
Sentara CarePlex Hospital

Wilson, Misti, MD
Midlothian ....... (804) 594-3130
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Wohlgemuth, Stephen D., MD
Chesapeake ...... (757) 547-9589
Norfolk
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wood, Mark D., MD
Mechanicsville ... (804) 559-0194
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Young, Jeffrey S., MD
Charlottesville ... (434) 982-3549

Youssef, Yassar, MD
Norfolk ........... (757) 889-6830
Suffolk ........... (757) 889-6830
Virginia Beach .. (757) 889-6830
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Ziegler, Martha A., MD
Charlottesville ... (434) 924-5191
Hospital Affiliations:
University of Virginia Medical Center

Zhang, Yi Wei, MD
Bracey ............ (434) 636-6903
South Hill ........ (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital

Genetics

Doherty, Emily Saks, MD
Lynchburg

Roanoke ........... (540) 985-8230
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Vergano, Samantha, MD
Norfolk .......... (757) 668-9723
Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Gynecologic Oncology

Cantrill, Leigh A., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Health Sciences Center

Carter, Jori, MD
Mechanicsville ... (804) 323-5040
North Chesterfield(804) 323-5040
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
VCU Health System/MCV

Dedmond, Daynelle M, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Duska, Linda R., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

Ford, Tyler, MD
Richmond ......... (804) 200-7062
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

Glaser, Gretchen Elizabeth, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hyde, Johnny, MD
Richmond .......... (804) 288-8900
Hospital Affiliations:
Bon Secours St. Marys Hospital

Iglesias, David, MD
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jones, III, Charles M., MD
Richmond ........ (804) 288-8900
Hospital Affiliations:
Bon Secours Memont Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Landen, Charles N., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

McCollum, Michael E., MD
Newport News ... (757) 873-9400
Norfolk ........... (757) 466-8683

Montag, Thomas, MD
Chesapeake ...... (757) 436-9898
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Mosesit, Susan C, MD
Charlottesville ... (434) 924-5100

Osborne, Janet L., MD
Roanoke .......... (540) 581-0160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Ring, Kari L., MD
Charlottesville ... (434) 924-5100
Hospital Affiliations:
University of Virginia Medical Center

Rogers, Stacey J., MD
Chesapeake ...... (757) 549-4403
Newport News ... (757) 873-9400
Virginia Beach ... (757) 368-0437
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center

Optima Direct Network Providers 5/2019 266
OptimaHealth
Dabinett, Laura N., MD
Roanoke .......... (540) 581-0160
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Squatrito, Robert C., MD
Newport News . (757) 873-9400
Norfolk ..........(540) 466-8683

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Valea, Fidel A., MD
Roanoke .......... (540) 985-9715
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

West, Randal J, MD
North Chesterfield(804) 323-5040
Richmond .......... (804) 323-5040

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Gynecology Only

Barber, Virginia, MD
Waynesboro ...... (540) 943-9533

Barron, Kenneth L, MD
Charlottesville ... (434) 234-4903

Hospital Affiliations:
Sentara Martha Jefferson Hospital University of Virginia Medical Center

Bray, Megan J, MD
Charlottesville ... (434) 243-6888

Hospital Affiliations:
University of Virginia Medical Center

Buettner, Karin W., MD
Richmond .......... (804) 288-4084

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Dabinett, Laura N., MD
Winchester ....... (540) 665-8833

Hospital Affiliations:
Winchester Medical Center

Dahney, Lewis P, MD
Lynchburg .......... (434) 385-7818
Hospital Affiliations:
Centra Lynchburg General Hospital

Dausch, Susan M., MD
Richmond .......... (804) 282-9479
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Davis, Victoria, MD
Richmond .......... (804) 282-9479
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Doeing, Mark W., MD
Winchester .......... (540) 662-0990
Hospital Affiliations:
Winchester Medical Center

Elstein, Morris M., MD
Virginia Beach . (757) 481-4036
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Fedel, Diana C., MD
Suffolk ................ (757) 923-4500
Hospital Affiliations:
Sentara Oh cic Hospital

Ferguson, Melinda L., MD
Waynesboro ........ (540) 949-9441
Hospital Affiliations:
Augusta Medical Center

Flather, Margaret D, MD
Fishersville......... (540) 245-7007
Hospital Affiliations:
Augusta Medical Center

Godfrey, Peter E., MD
Culpeper ......... (540) 825-4557
Hospital Affiliations:
UVA Culpeper Hospital

Gowda, Meghan, MD
Richmond .......... (804) 287-6100
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Guertet, Nathan L., MD
Richmond .......... (804) 523-2533

Gustafson, Mark, MD
Salem..............(540) 772-3520

Hackenberg, Virginia, MD
Leesburg............ (703) 828-2811

Kent, Katherine W., MD
Charlottesville .......... (434) 243-4570
Hospital Affiliations:
University of Virginia Medical Center

Leao, Zenette, MD
Chesapeake ...... (757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Lloyd, Jr., Samuel J., MD
Warrenton .......... (540) 347-9450

Long, Linda M., MD
Chesapeake ...... (757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Mandell, Elizabeth H., MD
Charlottesville .... (434) 249-1613

Maxymiv, George, MD
Salen.............. (540) 772-3411

Miller, Stephen A., MD
Virginia Beach . (757) 481-3179
Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Roberts, Edward F., MD
Virginia Beach . (757) 471-6903
Hospital Affiliations:
Sentara Princess Anne Hospital

Rowe, Bruce, MD
Mechanicsville .. (804) 730-5023
Richmond .......... (804) 288-4137
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Ryder, Rebecca M., MD
Chesapeake ...... (757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Sedwick, Richard E. N., MD
Harrisonburg .... (540) 433-6613
Hospital Affiliations:
Sentara RMH Medical Center

Smith, Pamela B., MD
Chesapeake ...... (757) 471-6903
Hospital Affiliations:
Sentara Leight Hospital
Sentara Norfolk General Hospital

Spruiell, Michael, MD
Virginia Beach . (757) 471-6903
Hospital Affiliations:
Sentara Princess Anne Hospital

Stadler, Sarah S., MD
Charlottesville ... (434) 296-9600

Tomkins, Matthew J., MD
Lynchburg .......... (434) 385-7818
Hospital Affiliations:
Centra Lynchburg General Hospital

Valentine Jr, Richard N, MD
Virginia Beach . (757) 473-2021

Vaughan, Ward P., MD
Winchester .......... (540) 665-1900

Volkott, Hugh Dixon, MD
Norfolk ........... (757) 451-0929
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Gastroenterology

Baechler, Martin F., MD
Winchester ....... (540) 667-9252
Hospital Affiliations:
Winchester Medical Center

Bogle, Andrew, MD
Midlothian ....... (804) 379-2414

Campolattaro, Robert M., MD
Hampton ............ (757) 827-2422

Hospital Affiliations:
Sentara CarePlex Hospital

Capito, Anthony E., MD
Roanoke .......... (540) 725-1226
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Carofino, Bradley, MD
Chesapeake ...... (757) 321-3300
Virginia Beach . (757) 321-3300

Hospital Affiliations:
Sentara Leight Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Chhabra, Abhinav B., MD
Charlottesville ... (434) 243-5432

Hospital Affiliations:
University of Virginia Medical Center

Croog, Alexander, MD
Fairfax .............. (703) 810-5217
hospital Affiliations:
Inova Fairfax Hospital

Dacus, Angelo Rashard, MD
Charlottesville ... (434) 982-4263

Hospital Affiliations:
University of Virginia Medical Center

Davlin, Lance B., MD
Chesapeake ...... (757) 252-4130
Virginia Beach . (757) 525-5600

Hospital Affiliations:
Sentara Leight Hospital
Sentara Norfolk General Hospital

Specialists - Tier 1

Hand Surgery

Baechler, Martin F., MD
Winchester ....... (540) 667-9252
Hospital Affiliations:
Winchester Medical Center

Bogle, Andrew, MD
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Hospital Affiliations:
Sentara CarePlex Hospital

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Virginia Beach . (757) 321-3300

Hospital Affiliations:
Sentara Leight Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Virginia Beach . (757) 525-5600

Hospital Affiliations:
Sentara Leight Hospital
Sentara Norfolk General Hospital
Deals, Dylan Nicole, MD
Charlottesville ... (434) 243-5432
Hospital Affiliations:
University of Virginia Medical Center

Degnan, Gregory G, MD
Charlottesville... ... (434) 654-5575

Desai, Sanjay S., MD
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Richmond ............. (804) 288-3136
Hospital Affiliations:
Bon Secours St Mary’s Hospital
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Dhillon, Manjit S., MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center

Frelich, Aaron M., MD
Charlottesville ... (434) 982-4263
Hospital Affiliations:
University of Virginia Medical Center

Glowacki, Keith A., MD
Henrico ............. (804) 270-1305
Midlothian ............. (804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Children’s Hospital of Richmond of the VCU Health System
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus

Grenza, Tad, MD
Chesapeake ...... (757) 548-8988
Suffolk .......... (757) 673-5900
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hepper, Clifford, MD
Mechanicsville ... (804) 730-2121

Hersh, Christopher K., MD
Norfolk .......... (757) 461-8300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hong, Tom A., MD
Virginia Beach ... (757) 525-5600
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kieran, Drew E., MD
Lynchburg....... (434) 485-8500
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kline, Samuel C., MD
Virginia Beach ... (757) 321-3300
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Laino, Daniel, MD
Reston ............. (703) 810-5202
Hospital Affiliations:
Inova Fairfax Hospital
Reston Hospital Center

Manke, Chad R., MD
Norfolk ......... (757) 321-3300
Virginia Beach . (757) 321-3300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mason, Robert Charles, MD
Hampton ............. (757) 827-2480
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

McDermott Jr, T. Paul, MD
Henrico ............. (804) 270-1305
Midlothian ............. (804) 270-1305
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Children’s Hospital of Richmond of the VCU Health System
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus

McGuain, John J, MD
Norfolk .......... (757) 252-5600
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mierisch, Cay Michael, MD
Roanoke

Potter, Michael Q., MD
Charlottesville ... (434) 654-5575
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Rose, Joan H., MD
Virginia Beach ... (757) 499-6400
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sentara Williamsburg Regional Medical Center
Scott Jr, Frederick D, MD
Fairfax ............. (703) 810-5217
Hospital Affiliations:
Inova Fairfax Hospital

Shah, Hassan, MD
Chesapeake ...... (757) 252-4130
Virginia Beach . (757) 252-5600
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sharma, Joy, MD
Henrico ............. (804) 270-1305
Midlothian ............. (804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Henrico Doctors’ Hospital - Forest Campus

Smerlis, Nicholas, MD
Hampton ............. (757) 827-2422
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Stuart, V, James E., MD
Alexandria ......... (703) 810-5210
Hospital Affiliations:
Inova Fairfax Hospital

Trieppel, Caroline, MD
Chesapeake ...... (757) 252-4130
Virginia Beach . (757) 525-5600
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Trzcinski, Douglas R., MD
Norfolk .......... (757) 461-8300
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tsai, Tsai-Lung, DO
Charlottesville ... (434) 244-8412
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Hematology

Ballen, Karen K., MD
Charlottesville ... (434) 924-9333
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Cross, Scott, MD
Norfolk .......... (757) 466-8683
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Higgins, Ashante, MD
Danville ......... (434) 793-0044

Jones, Matthew Page., MD
Richmond ...... (804) 346-3182
Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Salmon, Lauren, DO
Chesapeake ...... (757) 436-2995
Suffolk .......... (757) 397-4200
Virginia Beach . (757) 363-8212

Yu, Bennett, MD
Danville .......... (434) 793-0044
Hospital Affiliations:
SOVAH Health - Danville

Hematology/Oncology

Abhishek, Kumar, MD
Mechanicsville ... (804) 764-7220
Richmond ......... (804) 287-7804
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Mary’s Hospital

Adediran, Samuel G, MD
Chesapeake ...... (757) 436-2995
Hospital Affiliations:
Chippewa Regional Medical Center

Akinyeye, Akinbode R, MD
Danville .......... (434) 793-0044
Hospital Affiliations:
SOVAH Health - Danville

Alberio, Thomas A., MD
Norfolk .......... (757) 466-8683
Specialists - Tier 1

Foster, Laahn Ho, MD
Charlottesville ... (434) 924-9333

Hospital Affiliations:
University of Virginia Medical Center

Franzman, Craig, MD
Chesapeake ...... (757) 436-2995
Virginia Beach ... (757) 363-8212

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Friedman, Elke, MD
Richmond......... (804) 287-3000

Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

Gandhi, Mitul D., MD
Woodbridge ...... (703) 986-1600

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Gandhi, Yogesh K., MD
Hopewell........... (804) 452-3850

Hospital Affiliations:
John Randolph Medical Center

George, Edward R, MD
Chesapeake ...... (757) 549-4403
Hampton.......... (757) 827-9400
Newport News... (757) 873-9400
Norfolk.......... (757) 466-8683
Suffolk.......... (757) 539-0670
Virginia Beach ... (757) 368-0437
Williamsburg .... (757) 229-2236

Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

Ghaemmaghami, Maya, MD
Charlottesville... (434) 244-4673

Hospital Affiliations:
Bon Secours St. Marys Hospital
UVA Culpeper Hospital

Gillenwater, Heidi H., MD
Charlottesville... (434) 924-5226

Hospital Affiliations:
University of Virginia Medical Center

Gillespie-Twardy, Amanda L., MD
Lexington.......... (540) 982-0237
Roanoke.......... (540) 982-0237

Hospital Affiliations:
University of Virginia Medical Center

Goble, Sharon A, MD
Midlothian......... (804) 378-0394
Richmond......... (804) 287-3000

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Goldsmith, Jr., Jerome H., MD
Bedford ............ (540) 586-5770
Blacksburg ...... (540) 381-5291
Marion.......... (276) 781-1400
Roanoke .......... (540) 981-7377

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Gonzalez, Pablo M., MD
Midlothian......... (804) 378-0394
Richmond......... (804) 330-7990

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Gorsch, Stefan M., MD
Charlottesville... (434) 244-4673

Hospital Affiliations:
Augusta Medical Center
Lynchburg General Hospital
UVA Culpeper Hospital
University of Virginia Medical Center

Goudar, Ranjit K., MD
Norfolk.......... (757) 466-8683

Hospital Affiliations:
Sentara Princess Anne Hospital

Grewal, Raveenet, MD
Lansdowne....... (757) 729-6030

Hospital Affiliations:
University of Virginia Medical Center

Grosh, William W., MD
Charlottesville... (434) 924-2145

Hospital Affiliations:
Winchester Medical Center

Hagan, M. Kelly, MD
Mechanicsville ... (804) 559-2489

Hospital Affiliations:
University of Virginia Medical Center

Goldschmidt, Jr., Jerome H., MD
Kilmarnock ....... (804) 435-8583

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Bon Secour Richmond Community Hospital
Lonesome Pine Hospital
Rappahannock General Hospital

Houck, III, William A., MD
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Hospital Affiliations:
Sentara Memorial Hospital
Centra Lynchburg General Hospital

Houck, Jr, William A., MD
Winchester ......... (540) 662-1108

Hospital Affiliations:
University of Virginia Medical Center

Huang, Alina, MD
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Hospital Affiliations:
VCU Health System/MCV

Hudd, Emily, MD
Richmond......... (804) 330-7990

Hospital Affiliations:
VCU Health System/MCV

Irvin Jr, William J, MD
Midlothian......... (804) 893-8717

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Jenkins, Emily, MD
Farmville.......... (434) 315-2532
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Kandahari, Masoom M, MD
Woodbridge........ (703) 590-8300

Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Karli, Vandana, MD
Calhoun.......... (540) 772-3411

Hospital Affiliations:
University of Virginia Medical Center

Kessler, John F., MD
Hampton.......... (757) 827-9400
Newport News... (757) 873-9400
Williamsburg.... (757) 229-2236

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Khotcherrissian, James L, MD
Richmond......... (804) 330-7990

Hospital Affiliations:
VCU Health System/MCV

Khotcherrissian, James L, MD
Richmond......... (804) 287-3000

Hospital Affiliations:
Augusta Medical Center

Kochenderfer, Mark D., MD
Bedford .......... (540) 586-5770
Blacksburg ...... (540) 381-5291
Marion.......... (276) 781-1400
Roanoke .......... (540) 982-0237
Rocky Mount .... (540) 489-6522
Salem............... (540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Optima Direct Network Providers S/2019 270
Specialists - Tier 1

MacLaughlin, William W., MD
Gainesville ........ (571) 363-8212
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

MacMullin, John, MD
Farrmills .......... (434) 315-2532
Lynchburg .......... (434) 200-5925
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Madan, Ankit P, MD
Danville............ (434) 799-2100
Hospital Affiliations:
SOVAH Health - Danville

Maljoub, Ali, MD
Charlottesville... (434) 982-6090
Culpeper ........... (540) 829-4352
Farmville .......... (434) 315-2690
Fishersville ........ (540) 213-2220
Hospital Affiliations:
University of Virginia Medical Center

Maitland, Hillary S., MD
Charlottesville... (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center

Major, William B., MD
Winchester ......... (540) 662-1108
Hospital Affiliations:
Warren Memorial Hospital, Inc. Winchester Medical Center

Malidi, Padma J., MD
Bedford ............ (540) 586-5770
Blacksburg ....... (540) 381-5291
Lexington .......... (540) 464-3226
Marion ............. (276) 781-1400
Roanoke ........... (540) 982-0237
Rocky Mount ....... (540) 489-6522
Salem.............. (540) 776-4160
Wytheville .......... (276) 228-7665
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Manchandani, Raj P, MD
Warrenton ........ (540) 316-4360
Hospital Affiliations:
Fauquier Hospital

Maran, Jey, MD
Gainesville ......... (571) 222-2200
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Marsh, Robert L., MD
Gainesville ....... (571) 222-2200
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

May, James T., MD
Midlothian........ (804) 378-0394
Richmond .......... (804) 330-7990
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

McCarty, Timothy, MD
Fairfax ............. (703) 280-5390

McCoy, III, Harry E., MD
Bedford .......... (540) 586-5770
Blacksburg ....... (540) 381-5291
Marion ............. (276) 781-1400
Roanoke ........... (540) 981-7377
Rocky Mount ....... (540) 489-6522
Salem.............. (540) 776-4160
Wytheville .......... (276) 228-7665
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
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Hospital Affiliations:
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Roanoke Regional Hospital - Forest Campus

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Marion............ (276) 781-1400
Roanoke .......... (540) 982-0237
Rocky Mount ....... (540) 489-6522
Salem.............. (540) 776-4160
Wytheville .......... (276) 228-7665

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Millard, Trish Ann, MD
Charlottesville... (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center

Mitchell, R. Brian, MD
Midlothian....... (804) 378-0394
Richmond .......... (804) 287-3000
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Moore, Kenneth F., MD
Norfolk ........... (757) 466-8683
Virginia Beach .... (757) 368-0437

Morris, Gordon L., MD
Charlottesville... (434) 928-8390
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Nagabhirava, Sowjanya, MD
Chesapeake ...... (540) 549-4403
Newport News ... (757) 873-9400
Norfolk.......... (757) 466-8683

Nalluri, Shobha, MD
Hopewell .......... (804) 452-3850

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Hospital Affiliations:
Fauquier Hospital
Sentara Northern Virginia Medical Center

Hospital Affiliations:
Virginia Beach .... (757) 368-0437
Suffolk........... (757) 359-0670
Virginia Beach .... (757) 368-0437

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

May, James T., MD
Midlothian........ (804) 378-0394
Richmond .......... (804) 330-7990
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Hospital Affiliations:
University of Virginia Medical Center

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

McFarlane, Joshua J., MD
Richmond .......... (804) 287-3000
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Roanoke Regional Hospital - Forest Campus

Henrico Doctors' Hospital - Parham Campus

McGaughey, Dean S., MD
Newport News ... (757) 873-9400
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Mertens, Suzan R., MD
Bedford .......... (540) 586-5770
Blacksburg ....... (540) 381-5291

Marion............ (276) 781-1400
Roanoke .......... (540) 982-0237
Rocky Mount ....... (540) 489-6522
Salem.............. (540) 776-4160
Wytheville .......... (276) 228-7665

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Hospital Affiliations:
Bone Secours DePaul Medical Center
Roanoke Maryview Medical Center

Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Kok, Boon C., MD
Norfolk............ (757) 466-8683
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Princess Anne Hospital

Kruger, Scott, MD
Hampton........... (757) 827-9400
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Kula, Alisan G., MD
Gainesville ......... (571) 222-2200
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Langer, Nathan E., MD
Petersburg .......... (804) 431-1100
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Lewkow, Lawrence M., MD
Midlothian......... (804) 378-0394
Richmond .......... (804) 330-7990
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

MacCallum, Cecilia, MD
Farmville .......... (434) 315-2532
Lynchburg .......... (434) 200-5925
Hospital Affiliations:
Centra Lynchburg General Hospital

Lewkow, Lawrence M., MD
Richmond .......... (804) 330-7990
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

Loughran Jr., Thomas P., MD
Norfolk ............ (757) 466-8683
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Maran, Jey, MD
Gainesville ......... (571) 222-2200
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul, Kathleen, MD</td>
<td>Family Medicine</td>
<td>Williamsburg Regional Medical Center, Bon Secours Richmond Community Hospital, Bon Secours St. Francis Medical Center, Bon Secours St. Marys Hospital, Sentara Martha Jefferson Hospital, University of Virginia Medical Center</td>
</tr>
<tr>
<td>Prichard, Jefferson Mark, MD</td>
<td>Family Medicine</td>
<td>Sentara Martha Jefferson Hospital, Carilion New River Valley Medical Center, Bon Secours St. Marys Hospital, Sentara Virginia Beach General Hospital, Sentara Princess Anne Hospital, Augusta Medical Center</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

Whitehouse, Julie A., MD  
Winchester .......... (540) 536-1241  
Hospital Affiliations:  
Shenandoah Memorial Hospital  
Inc

Yang, Leonard, MD  
Winchester .......... (540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center

Infectious Disease

Ali, Mir Akbar, MD  
Prince George .... (804) 446-1959  
Hospital Affiliations:  
Chippensham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest  
Campus  
Henrico Doctors’ Hospital -  
Parham Campus  
Henrico Doctors’ Hospital -  
Retreat Campus  
John Randolph Medical Center  
Southern Virginia Regional  
Medical Center  
Southside Regional Medical Center

Amare, Rahel T., MD  
Norfolk................ (757) 252-9040  
Suffolk ................ (757) 934-4550  
Williamsburg .... (757) 984-9830  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Hampton............. (757) 827-2300  
Hospital Affiliations:  
University of Virginia Medical  
Center

Ambardar, SUJATA, MD  
Annandale........ (703) 560-7900  
Hospital Affiliations:  
Inova Fairfax Hospital

Andrabi, Seemi, MD  
Lansdowne ...... (703) 574-3246  
Hospital Affiliations:  
University of Virginia Medical  
Center

Arnold, Christopher J., MD  
Charlottesville ... (434) 982-1700  
Hospital Affiliations:  
University of Virginia Medical  
Center

Aron, Upasna M, MD  
Norfolk.............. (757) 252-9040  
Hospital Affiliations:  
Sentara Obici Hospital

Assefa, Daniel A., MD  
Hampton.......... (757) 827-2300  
Hospital Affiliations:  
Sentara Northern Virginia Medical  
Center  
Sentara Obici Hospital  
Winchester Medical Center

Ayensu, Thelma, MD  
Culpeper.............. (540) 396-5292  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippensham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest  
Campus  
Henrico Doctors’ Hospital -  
Parham Campus  
Henrico Doctors’ Hospital -  
Retreat Campus

Baffoe-Bonnie, Anthony William, MD  
Roanoke .......... (540) 981-7000  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital

Bansal, Ekta, MD  
Christiansburg ...(540) 731-2531  
Roanoke .......... (540) 981-7715  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital  
Carilion Giles Community Hospital  
Carilion New River Valley Medical  
Center  
Carilion Roanoke Memorial  
Hospital  
Carilion Stonewall Jackson  
Hospital

Baroco, Allison, MD  
Fishersville........ (540) 213-2630  
Lexington.......... (540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center

Birku, Yoseph A., MD  
Norfolk.............. (757) 261-5910  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional  
Medical Center

Brennan, Robert, MD  
Danville........... (434) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General  
Hospital  
Centra Virginia Baptist Hospital  
University of Virginia Medical  
Center

Brown, Johanna P., MD  
Danville........... (434) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General  
Hospital

Brown, Melanie K., MD  
Norfolk.............. (757) 261-5910  
Hospital Affiliations:  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General  
Hospital

Chaudry, Muddasur, MD  
Salem............... (540) 772-3407  
Hospital Affiliations:  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General  
Hospital

Cheoudhary, Sarfraz, MD  
Leesburg.......... (703) 858-9966  
Hospital Affiliations:  
Mechanicsville ... (804) 226-2444

Demisco, Deborah, MD  
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Hospital Affiliations:  
Bon Secours Memorial Regional  
Medical Center  
Bon Secours Richmond  
Community Hospital  
Bon Secours St. Marys Hospital

Desai, Aarti, MD  
Chesapeake ......... (757) 446-8999  
Hospital Affiliations:  
University of Virginia Medical  
Center

Dillingham, Rebecca A, MD  
Charlottesville ...(434) 924-1932  
Hospital Affiliations:  
University of Virginia Medical  
Center

Donowitz, Gerald R., MD  
Charlottesville...(434) 982-1700  
Hospital Affiliations:  
Augusta Medical Center

Eby, Joshua C., MD  
Roanoke .......... (540) 981-7715  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital

Emmons, Wesley W., MD  
Norfolk.............. (757) 446-8999  
Hospital Affiliations:  
University of Virginia Medical  
Center

Faulhaber, Jason R., MD  
Roanoke .......... (540) 981-7715  
Hospital Affiliations:  
Carilion Roanoke Memorial  
Hospital

Flenner, Ronald, MD  
Norfolk............... (757) 446-8999

Galbraith, Mark, MD  
Winchester.......... (540) 678-2800  
Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Garner, Dorothy, MD  
Roanoke .......... (540) 981-8574  
Hospital Affiliations:  
Augusta Medical Center

Gentz, Mark A, DO  
Richmond......... (804) 423-5050  
Hospital Affiliations:  
Richmond Medical Center

Grossman, Leigh G., MD  
Richmond.......... (804) 287-7603  
Hospital Affiliations:  
University of Virginia Medical  
Center

Hawkes, Clifton, MD  
Emporia.............. (804) 765-7566  
Petersburg .......... (804) 765-5766

Hewlett, Erik L., MD  
Charlottesville ... (434) 982-1700  
Hospital Affiliations:  
Augusta Medical Center

Htwe, Tin H., MD  
Norfolk.............. (757) 261-5910  
Hospital Affiliations:  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Humes, Molly, MD  
Charlottesville ... (434) 924-1931  
Hospital Affiliations:  
Augusta Medical Center

Iqbal, Tariq, MD  
Norfolk......... (804) 287-7603  
Hospital Affiliations:  
University of Virginia Medical  
Center

Jackson, Patrick E, MD  
Charlottesville ...(434) 982-1700  
Hospital Affiliations:  
University of Virginia Medical  
Center

Jain, Aabha, MD  
Annandale ........ (703) 560-7900  
Hospital Affiliations:  
Inova Fairfax Hospital

Jasty, Prasanthi, MD  
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Hospital Affiliations:  
University of Virginia Medical  
Center

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Inova Fairfax Hospital
Kelly, Ursula M., MD
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Kerkerling, Thomas, MD
Christianburg .... (540) 731-2531
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Khardori, Nancy, MD
Norfolk............. (757) 446-8999
LaRocco, Jr., Anthony, MD
Norfolk............. (757) 252-9040
Suffolk ............ (757) 934-4550
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Lewis, Jessica D, MD
Charlottesville... (434) 982-3576
Hospital Affiliations:
University of Virginia Medical Center
Ly, Tuan T., MD
Warrenton ........ (540) 316-5940
Hospital Affiliations:
Fauquier Hospital
Maki, Anton, MD
Hampton.......... (757) 827-2300
Hospital Affiliations:
Sentara CarePlex Hospital
Mathers, Amy J., MD
Charlottesville... (434) 982-1700
Culpeper .......... (540) 829-1919
Hospital Affiliations:
University of Virginia Medical Center
McManus, Kathleen, MD
Charlottesville... (434) 882-1700
Hospital Affiliations:
University of Virginia Medical Center
Miller, Scott A, MD
Norfolk............. (757) 261-5283
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Mirebrahimi-Tafreshi, Ali, MD
Hopewell ........... (804) 446-1959
Hospital Affiliations:
Mary Washington Hospital (MWH)
Moonah, Shannon N., MD
Charlottesville... (434) 924-9677
Hospital Affiliations:
University of Virginia Medical Center
Mooney, Martha L, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Moore, Christopher, MD
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Hospital Affiliations:
University of Virginia Medical Center
Morrison, Allan, MD
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Hospital Affiliations:
Inova Fairfax Hospital
Muto, Carlene A, MD
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Hospital Affiliations:
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Roanoke .......... (540) 981-8574
Neugebauer, Bogdan I., MD
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital
Nichols, Kelsey, MD
Danville.......... (434) 947-3944
Lynchburg ....... (434) 200-3656
Hospital Affiliations:
Centra Lynchburg General Hospital
Nicolette, Tara, MD
Hampton.......... (757) 827-2300
Hospital Affiliations:
Sentara Obici Hospital
Oldfield, III, Edward C., MD
Norfolk.......... (757) 446-8999
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Patrick Henry Hospital
Sentara Norfolk General Hospital
Pate, Parag G., MD
Harrisonburg .... (540) 689-5200
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center
Pearson, Richard D., MD
Charlottesville... (434) 924-9677
Hospital Affiliations:
University of Virginia Health Sciences Center
Petri, William A., MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
Augusta Medical Center
Platts-Mills, James A, MD
Charlottesville... (434) 924-9677
Hospital Affiliations:
University of Virginia Medical Center
Porez, Donald, MD
Annandale....... (703) 560-7900
Hospital Affiliations:
Inova Fairfax Hospital
Quiroz, Eva S, MD
Salem............. (540) 772-3407
Hospital Affiliations:
St. Mary's Hospital
Radike, James K, MD
Norfolk.......... (757) 446-8999
Romulo, Rodrigo L, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Rowles, David M, MD
Richmond........ (804) 285-1833
Hospital Affiliations:
Charlottesville Regional Medical Center
Scheld, William M., MD
Charlottesville... (434) 982-1700
Schleupner, Charles J., MD
Roanoke .......... (540) 981-7715
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Schwal, John Conrad, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Silfr, Costi, MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
University of Virginia Medical Center
Singh, Sushma, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital
Sinnatamby, Diane, MD
Richmond........ (804) 226-2444
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
Skolnik, Paul R., MD
Christianburg.... (540) 731-2531
Roanoke ........... (540) 981-7715
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Smith, Connie L., MD
Winchester....... (540) 313-4358
Hospital Affiliations:
Winchester Medical Center
Smith, Jean, MD
Norfolk......... (540) 981-8574
Stott, Geraldine A., MD
Norfolk.......... (757) 446-8999
Swierzbinski, Matthew J, MD
Annandale....... (703) 560-7900
Hospital Affiliations:
Inova Fairfax Hospital
Tangham, Gwendolin, MD
Emporia.......... (804) 765-5766
Petersburg......... (804) 765-5766
Hospital Affiliations:
Southside Regional Medical Center
Tehouafi-Nana, Florence, MD
Culpeper .......... (540) 829-1919
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Virginia University Medical Center
Townsend, Gregory C., MD
Charlottesville... (434) 982-1700
Turner, Ronald B, MD
Charlottesville... (434) 924-5321
Wade, James S., MD
Danville......... (434) 947-3944
Lynchburg ........ (434) 200-5004
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV
Warren, Cirle A., MD
Charlottesville... (434) 982-1700
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
West, Sarah, MD
Danville.......... (434) 947-3944
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276

Specialists - Tier 1

Virginia Beach .. (877) 345-7227
Wardrop, Richard, PhD Roanoke ........... (540) 981-7965
Whatley, Ralph, MD Roanoke ........... (540) 224-5170
Hospital Affiliations: Carilion Roanoke Memorial Hospital
Young, Stephen C., MD Midlothian ....... (804) 272-2702
Hospital Affiliations: Chippenham Medical Center/ Johnstown-Willis Hospital

Interpreter/translator
Weder, Max M., MD Fishersville ...... (540) 932-4075
Hospital Affiliations: Augusta Medical Center

Interventional Cardiology
Allana, Salman S., MD Harrisonburg .... (540) 689-5555
Hospital Affiliations: Sentara RMH Medical Center
Anderson, James E., MD Front Royal ....... (540) 636-0300
Hospital Affiliations: Berkeley Medical Center (City Hospital, Inc.)
Warren Memorial Hospital, Inc. Winchester Medical Center
Arcarese, Michael, MD Colonial Heights (804) 560-8880
Emporia .............. (804) 560-8880
Richmond .......... (804) 560-8880
Hospital Affiliations: Chippenham Medical Center/ Johnstown-Willis Hospital
Barrett, Brandon, MD Winchester ....... (540) 662-0306
Hospital Affiliations: War Memorial Hospital Inc Winchester Medical Center
Berjeni, Kambeez, MD Fredericksburg ... (855) 739-9953
Stafford .......... (855) 739-9953
Woodbridge ....... (571) 395-2341
Hospital Affiliations: Bon Secours Mary Immaculate Hospital Mary Washington Hospital (MWH) Sentara Northern Virginia Medical Center Stafford Hospital Center VCU Health System/MCV
Brown, James, MD Winchester ....... (540) 662-0306
Hospital Affiliations: Winchester Medical Center

Bui, Minh N., MD Richmond......... (804) 288-0134
Hospital Affiliations: Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital
Burris II, Alfred C., MD Falls Church ....... (540) 347-9898
Haymarket ....... (571) 284-4370
Manassas .......... (703) 753-9799
Warrenton ........ (540) 347-9898
Hospital Affiliations: Novant Health UVA Health System Haymarket Medical Center Novant Health UVA Health System Prince William Medical Center
Call, Jason, MD Winchester ...... (540) 662-0306
Hospital Affiliations: Hampshire Memorial Hospital Shenandoah Memorial Hospital Inc War Memorial Hospital Inc Winchester Medical Center
Chanda, Arijit, MD Fredericksburg ... (540) 373-1331
Hospital Affiliations: Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center
Dalawari, Jasdeep Singh, MD Petersburg .......... (804) 765-5000
Hospital Affiliations: Bon Secours DePaul Medical Center Inc Bon Secours Mary Immaculate Hospital Bon Secours St. Francis Medical Center Chippenham Medical Center/ Johnstown-Willis Hospital James H. & Cecile C. Quillen Rehabilitation Hospital John Randolph Medical Center Southampton Memorial Hospital Southern Virginia Regional Medical Center Southside Regional Medical Center
Foerst, Jason R., MD Roanoke
Hospital Affiliations: Carilion Roanoke Memorial Hospital

Gill, Kanwar Iqbal S., MD Fishersville ....... (540) 288-0134
Hospital Affiliations: Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital
Hashim, Hayder, MD Fishersville ....... (540) 288-0134
Hospital Affiliations: Augusta Medical Center
Jafir, Ahsan Q., DO Falls Church ...... (540) 347-9898
Gainesville .......... (703) 395-9595
Hospital Affiliations: Novant Health UVA Health System Haymarket Medical Center Novant Health UVA Health System Prince William Medical Center
Karimian, Siyamak, MD Fishersville ....... (540) 288-0134
Hospital Affiliations: Augusta Medical Center Bon Secours St. Francis Medical Center Bon Secours St. Marys Hospital
Kumar, Ashwani, MD Prince George .... (804) 458-1740
Richmond .......... (804) 323-5011
Hospital Affiliations: Southside Regional Medical Center
Lavigne, Paul M, MD Norfolk ......... (757) 252-9365
Hospital Affiliations: Sentara Norfolk General Hospital
Lee, Regina C, MD Chesapeake ...... (757) 547-9294
Hospital Affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Princess Anne Hospital Sentara Virginia Beach General Hospital
Levitt, Robert Howard, MD Richmond ....... (804) 288-0134
Hospital Affiliations: Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital
Mansour, Khaled, MD Cedar Bluff .. ...... (276) 964-1232
Hospital Affiliations: Clinic Valley Medical Center
Mathew, Salim Benjamin, MD Charlottesville ...... (434) 293-4072
Hospital Affiliations: Sentara Martha Jefferson Hospital
McLaughlin, David P., MD Harrisonburg .... (540) 689-5555
Hospital Affiliations: Sentara RMH Medical Center
Specialists - Tier 1

Mirza, Mohd Aysoub, MD
Christiansburg... (540) 731-2000
East Lexington
Hardy ................. (540) 581-0254
Lexington
Martinsville....... (276) 634-4400
Roanoke
Rocky Mount
Tazewell
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Noureddine, Nizar D., MD
Galax................. (276) 238-3318

Prahash, Arun, MD
Fishersville....... (540) 245-7080
Lexington......... (540) 464-3465
Hospital Affiliations:
Augusta Medical Center
Sentara Martha Jefferson Hospital

Prasad, Ashok J, MD
Frederickburg... (855) 739-9953
Stafford.......... (855) 739-9953
Woodbridge ..... (855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV

Reni, Randolph, MD
Winchester........ (540) 662-0306
Hospital Affiliations:
Winchester Medical Center

Shapira, Shmuel, MD
Daleville......... (540) 966-6430
Low Moor ...... (540) 772-3430
Salem .......... (540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center

Sharma, Rahul, MD
Christiansburg... (540) 731-2000
Roanoke......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Venkteasan, Jayaraman, MD
Portsmouth...... (757) 399-2639
Suffolk .......... (757) 539-0444
Hospital Affiliations:
Bon Secours Maryview Medical Center

Williams, Eric, MD
Lexington.......... (540) 463-9141

Wills, Scott, MD
Fishersville....... (540) 245-7080
Hospital Affiliations:
Augusta Medical Center

Yarkoni, Alon, MD
Fishersville...... (540) 245-7080
Hospital Affiliations:
Augusta Medical Center

Maternal-Fetal Medicine

Abuhamad, Alfred Z., MD
Newport News... (757) 947-3841
Norfolk.......... (540) 746-7900
Virginia Beach... (757) 689-5104
Hospital Affiliations:
Bon Secours DePaul Medical Center
Bon Secours Mary Immaculate Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Berkley, Eliza M., MD
Newport News... (757) 947-3841
Norfolk.......... (540) 746-7900
Virginia Beach... (757) 689-5104

Boyle, Annelee C., MD
Charlottesville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center

Chakrabarti, Alana M, MD
Norfolk.......... (540) 466-7979
Virginia Beach... (757) 689-5104

Chisholm, Christian A., MD
Charlottesville
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Christmas, James T., MD
Colonial Heights (804) 504-0173
Frederickburg
Richmond........ (804) 323-8187
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Day, Leah D., MD
Charlottesville... (434) 924-1955
Hospital Affiliations:
University of Virginia Medical Center

DeMay, Jessica, MD
Mechanicsville... (804) 288-4084
Midlothian........ (804) 288-4084
Richmond......... (804) 288-4084
DeVeciana, Margarita, MD
Newport News... (757) 947-3841
Norfolk.......... (540) 466-7900

DiSilvestro, Alexis, MD
Charlottesville... (434) 924-2500
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Durica, Allison R., MD
Roanoke.......... (540) 985-9985

Eglinston, Gary S, MD
Charlottesville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center

Farezuddin, Rizwana K., MD
Charlottesville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center

Ferguson II, James Edward, MD
Charlottesville... (434) 924-2500
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Fuller, Robert, MD
Frederickburg... (540) 741-3260
Mechanicsville... (804) 287-7650
Midlothian........ (804) 594-7428
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Heim, Kathleen, MD
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Norfolk.......... (540) 466-7900
Virginia Beach... (757) 689-5104

Hess, Leonard, MD
Roanoke.......... (540) 985-9862

Hudgens, Joseph L., MD
Norfolk......... (757) 466-7979

Optima Direct Network Providers 5/2019 277

OptimaHealth
Troyer, Lisa R, MD
Too, Gloria T., MD
Thurman, Andrea R., MD
Thiagarajah, Siva, MD
Thagard, Andrew, MD
Thiagarajah, Siva, MD
Thurman, Andrea R., MD
Too, Gloria T., MD
Troyer, Lisa R, MD

Norfolk.............. (757) 466-7900
Virginia Beach .. (757) 466-9104
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Ramus, Ronald, MD
Mechanicsville .. (804) 287-7650
Midlothian....... (804) 947-7990
Richmond......... (804) 287-7650
Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital
Villers, Margaret, MD
Colonial Heights (804) 504-0173
Mechanicsville .. (804) 417-9020
Richmond......... (804) 289-4792
Hospital Affiliations:
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
Warsof, Steven L., MD
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Norfolk.............. (757) 466-7900
Virginia Beach .. (757) 947-7990
Hospital Affiliations:
  Sentara Virginia Beach General Hospital
Medical Oncology
Abdelmalek, Cherif H., MD
Charlottesville.. (434) 982-6900
Culpere........... (540) 829-4352
Fishersville...... (540) 213-2220
Hospital Affiliations:
  University of Virginia Medical Center
Aruch, Daniel B, MD
Norfolk.............. (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
  Sentara Princess Anne Hospital
Bremer, Celeste Ann T., MD
Norfolk.............. (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
  Sentara Princess Anne Hospital
Brenin, Christiana M, MD
Charlottesville.. (434) 924-9333
Chang, David Z., MD
Hampton............. (757) 827-9400
Newport News .. (757) 827-9400
Richmond......... (757) 229-2236
Hospital Affiliations:
  Bon Secours Mary Immaculate Hospital
Danso, Michael A., MD
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Virginia Beach .. (757) 368-0437
Hospital Affiliations:
  Sentara Princess Anne Hospital
Denduluri, Neelima, MD
Kheyfets, Veronica, MD
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Richmond......... (757) 229-2236
Hospital Affiliations:
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Norfolk.............. (757) 466-8683
Virginia Beach .. (757) 368-0437
Hospital Affiliations:
  Sentara Princess Anne Hospital
Denduluri, Neelima, MD
Arlington.......... (703) 528-7303
Hospital Affiliations:
  Inova Fairfax Hospital
Devitt, Michael E., MD
Charlottesville.. (434) 924-5725
Hospital Affiliations:
  University of Virginia Medical Center
Downs, John C, MD
Kilmarnock ...... (804) 435-8583
Hospital Affiliations:
  Bon Secours Richmond Community Hospital
  Rappahannock General Hospital
Fleming, Mark T., MD
Hampton............. (757) 827-9400
Hospital Affiliations:
  Sentara Williamsburg Regional Medical Center
Franz, Gregory B, MD
Norfolk.............. (757) 278-2300
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Bon Secours Maryview Medical Center
Hansen, Krishan D., DO
Blackburg ......... (540) 381-5291
Marion............. (276) 781-1400
Wytheville ...... (276) 228-7665
Hospital Affiliations:
  Sentara Princess Anne Hospital
Hsu, Johann, MD
Charlottesville .. (434) 982-6900
Culpeper.......... (540) 829-4352
Fishersville...... (540) 213-2220
Hospital Affiliations:
  University of Virginia Medical Center
Irwin, Amy, MD
Lee's Summit ....... (703) 554-6800
Reston ............ (703) 437-6535
Kaur, Varinder, MD
Charlottesville .. (434) 924-8552
Hospital Affiliations:
  University of Virginia Medical Center
Khosravi, Hamed, MD
Manassas .......... (703) 839-3110
Hospital Affiliations:
  Sentara RMH Medical Center
Knestrick, Jr., Mark W., MD
Harrisonburg ..... (540) 689-7000
Hospital Affiliations:
  Sentara RMH Medical Center
Kunk, Paul R., MD
Charlottesville .. (434) 924-8690
Hospital Affiliations:
  University of Virginia Medical Center
Le, Tri M., MD
Charlottesville .. (434) 924-9333
Hospital Affiliations:
  University of Virginia Medical Center
Lee, Michael E., MD
Norfolk............. (757) 466-8683
Virginia Beach .. (757) 368-0437
Williamsburg...... (757) 229-2236
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Princess Anne Hospital
  Sentara Virginia Beach General Hospital
Man, Luke M., MD
Charlottesville .. (434) 924-9333
Hospital Affiliations:
  University of Virginia Medical Center
Mehta, Manan S, MD
Fredericksburg .. (540) 300-6182
Newport News .. (757) 278-2300
Norfolk............. (757) 278-2300
Suffolk............ (757) 278-2300
Hospital Affiliations:
  Mary Washington Hospital (MWH)
  Spotsylvania Regional Medical Center
  Stafford Hospital Center
  VCU Health System/VCU
Rajendra, Rangappa, MD
Lansdowne ........ (703) 858-3110
Reston ............ (703) 858-3110
Hospital Affiliations:
  Reston Hospital Center
Pierce, Daryl Wayne, MD
Norton.......... (276) 439-1493
Rajendra, Rangappa, MD
Lansdowne ........ (703) 858-3110
Reston ............ (703) 858-3110
Hospital Affiliations:
  Reston Hospital Center
Reiley, Matthew J, MD
Charlottesville .. (434) 924-8690
Hospital Affiliations:
  University of Virginia Medical Center
Samdani, Attique, MD
Midlothian....... (804) 378-0394

Optima Direct Network Providers 5/2019 278
Specialists - Tier 1

Richmond......... (804) 330-7990
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Veerapalli, Venkateswar, MD
Norfolk.......... (757) 278-2350
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center

Watson, Graham T., MD
Hampton........... (757) 827-9400
Newport News... (757) 873-9400
Norfolk.......... (434) 374-6836
Williamsburg .... (757) 229-2236

Weiss, Geoffrey R., MD
Charlottesville... (434) 924-3933
Hospital Affiliations:
- University of Virginia Medical Center

White, Jeffrey D., MD
Lansdowne ...... (703) 858-3110
Reston ............ (703) 858-3110

Medical Toxicology

Baer, Alexander B, MD
Charlottesville... (434) 924-8485
Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Sentara Martha Jefferson Hospital
- Sentara RMH Medical Center

Borek, Heather A, MD
Charlottesville... (434) 924-2231
Hospital Affiliations:
- Sentara Martha Jefferson Hospital
  University of Virginia Medical Center

Charlton, Nathan, MD
Charlottesville... (434) 924-5185
Hospital Affiliations:
- VVA Culpeper Hospital

Holstege, Christopher P., MD
Charlottesville... (434) 924-2331
Kirk, Mark, MD
Charlottesville... (434) 924-2231
Snyder, Lisa K., MD
Charlottesville... (434) 924-2231
Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital
- Sentara Virginia Beach General Hospital

Neonatal - Perinatal Medicine

Scott, Jennifer R, MD
Norfolk........... (757) 668-7456
Hospital Affiliations:
- Children's Hospital of the King's Daughters

Sullivan, Brynne A., MD
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Hospital Affiliations:
- University of Virginia Medical Center

Neonatology

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Virginia Beach .. (757) 395-8878
Hospital Affiliations:
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Sentara Virginia Beach General Hospital
- St. Mary's Hospital
- VCU Health System/MCV Health System/MCV Hospital - West

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Hospital Affiliations:
- Sentara Mary Immaculate Hospital

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- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:
- University of Virginia Medical Center

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Glen Allen....... (540) 374-4742
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Sentara Bayside Hospital
- St. Mary's Hospital
- Sentara Coastal Hospital

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- University of Virginia Medical Center

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Hospital Affiliations:
- University of Virginia Medical Center

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- Bon Secours DePaul Medical Center Inc
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Virginia Beach General Hospital
- St. Mary's Hospital

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Newport News ... (757) 668-8255
Virginia Beach .. (757) 668-8255
- West
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- Children's Hospital of the King's Daughters

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- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters

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- Children's Hospital of the King's Daughters

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Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center

Fairchild, Karen D, MD
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Hospital Affiliations:
- University of Virginia Medical Center

Farhi, Raymond S., MD
Richmond......... (804) 320-3911
Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
- John Randolph Medical Center
- VCU Health System/MCV Health System

Findlay, Julie R, MD
Newport News ... (757) 668-7456
Norfolk.......... (757) 668-7456
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center
- Centra Virginia Baptist Hospital
- Chesapeake Regional Medical Center
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Norfolk.......... (757) 668-7007
Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Specialists - Tier 1

Castanares, Antonietta S., MD
Portsmouth ....... (757) 484-9400
Hospital Affiliations:
Bon Secours Maryview Medical Center

Chander, Nivedita, MD
Culpeper ........... (540) 347-5696
Hospital Affiliations:
Fauquier Hospital
UVA Culpeper Hospital

Chaudhry, Abdul, MD
Norfolk ............ (757) 623-0005
Hospital Affiliations:
Sentara Princess Anne Hospital

Chawla, Arun, MD
Petersburg ......... (804) 733-6690
Hospital Affiliations:
Southside Regional Medical Center

Chen, Lei, MD
Hospital Affiliations:
Carilion Roanoke Community Hospital

Chen, Lei, MD
Richmond ........ (804) 643-3061
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital

Cheryian, Ranjit K., MD
Hospital Affiliations:
Virginia Hospital Center - Arlington

Chirumamilla, Vijay L., MD
Petersburg ......... (804) 733-6960
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Chopra, Tushar A., MD
Fishersville........ (844) 472-8711
Hospital Affiliations:
University of Virginia Medical Center

Condro, Jr., Peter, MD
Richmond .......... (804) 272-5814
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital

Copley, Clifford P., MD
Roanoke ............ (540) 344-1400
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Curley, Timothy Martin, MD
Chesapeake ........ (757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center

Ehtesham, Asad G., MD
Lynchburg ........ (434) 947-3954
Hospital Affiliations:
Centra Lynchburg General Hospital

Ellenberg, Russell C., MD
Hopewell ............ (804) 452-2494
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital

Elmanjak, Abdelaziz, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Dahdah, Khalil B., MD
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Dahdah, Khalil B., MD
Hampton ............ (757) 766-6080
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Damodor, Amur, MD
Petersburg ........... (804) 733-6960
Hospital Affiliations:
Southside Regional Medical Center

Daneva, Lollie T., MD
Richmond .......... (804) 643-3061
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital

Dahdah, Khalil B., MD
Hampton ............ (757) 766-6080
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

Dhillion, Kiranjit, MD
Hospital Affiliations:
Sentara Princess Anne Hospital

Dibadj, Kourosh, MD
Richmond .......... (804) 961-0488
Hospital Affiliations:
Sentara Regency Hospital

Dibadj, Kourosh, MD
Richmond .......... (804) 961-0488
Hospital Affiliations:
Sentara Princess Anne Hospital

Dibadj, Kourosh, MD
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Hospital Affiliations:
Sentara Regency Hospital

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Chippenham Medical Center/
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Carilion Roanoke Community Hospital

Evans, Ryan D., MD
Roanoke ............. (540) 344-1400
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Fortune, Thomas, MD
Hospital Affiliations:
Healthsouth Rehabilitation Hospital of Virginia

Fredericks, Michael R, MD
South Boston ..... (434) 572-6655
Hospital Affiliations:
Halifax Regional Hospital

Garcia, Florencio B., MD
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Hospital Affiliations:
Name Not Available

Gayle, Richard, MD
Richmond .......... (804) 643-3061
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital

Gibson, Sandy M., MD
Petersburg ......... (804) 732-1240
Hospital Affiliations:
Bon Secours Richmond Community Hospital

Gleijers, Randy, MD
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Hospital Affiliations:
Bon Secours Richmond Community Hospital

Glenn, Daran, MD
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Govindan, Priyanka, MD
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Hospital Affiliations:
Sentara Wilson General Hospital

Grassia, Michael, MD
Chesapeake ........ (757) 436-5544
Hospital Affiliations:
Bon Secours Maryview Medical Center

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Speakers - Tier 1

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Portsmouth ......... (757) 966-5286
Suffolk ............. (757) 977-1110
Virginia Beach .. (757) 689-0211

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Hospital Affiliations:
- Inova Alexandria Hospital
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital
- Reston Hospital Center

Mathew, Matt, MD
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Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Matthews, Fletcher G., MD
Roanoke ............ (540) 904-5366

Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Alleghany
- Carilion Roanoke Memorial Hospital
- Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
- LewisGale Medical Center
- Montgomery Regional Hospital d/b/a LewisGale Montgomery

McConnell, Kevin R., MD
Charlottesville ... (434) 654-5260

Hospital Affiliations:
- Augusta Health Hospitalists
- Sentara Martha Jefferson Hospital

McCune, Thomas R., MD
Chesapeake ...... (757) 436-5544
Franklin
Nassawadox
Norfolk
Portsmouth ...... (757) 966-5286
Suffolk
Virginia Beach .. (757) 689-0211

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Chippenham Medical Center/Johnston-Willis Hospital
- Riverside Shore Memorial Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Moffatt, Thomas L., MD
Richmond .......... (804) 320-0929

Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital St. Mary's Hospital

Moughrabi, Bassel, MD
Low Moor ......... (540) 862-6710

Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Alleghany

Murthy, Anitha, MD
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Hospital Affiliations:
- Sentara Princess Anne Hospital

Musio, Franco, MD
Fairfax ............. (703) 961-0484

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Reston Hospital Center
- Sentara Northern Virginia Medical Center

Naved, Sajid, MD
Colonial Heights (804) 504-0068

Franklin ............ (757) 561-6181

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Southside Regional Medical Center

Nazzal, Jenny, MD
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Fairfax ............. (703) 961-0488
Sterling ............ (703) 961-0488

Hospital Affiliations:
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital
- Novant Health UVA Health System
- Prince William Medical Center

Nguyen, Hoang-hai N., MD
Hampton .......... (757) 251-7469

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Nishio Lucar, Angie G., MD
Charlottesville ... (434) 924-5125

Zion Crossroads (434) 243-9466

Hospital Affiliations:
- University of Virginia Medical Center

Nourreddine, Tarik, MD
Bowling Green .. (540) 898-4056
Fredericksburg .. (540) 898-4056
Henrico .......... (540) 898-4056
King George ....... (540) 371-3010
Locust Grove .... (540) 371-3010
Louisa ............ (540) 898-4056
Stafford .......... (540) 371-3010

Hospital Affiliations:
- Healthsouth Rehabilitation Hospital of Virginia
- Mary Washington Hospital (MWI)
- Spotsylvania Regional Medical Center
- Stafford Hospital Center

Officer, Thomas, MD
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Fredericksburg .. (540) 898-4056
Henrico .......... (540) 898-4056
King George ....... (540) 371-3010
Locust Grove .... (540) 371-3010
Louisa ............ (540) 898-4056
Stafford .......... (540) 371-3010

Hospital Affiliations:
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital St. Mary's Hospital

Pappiatt, H. Brian, MD
Amelia .......... (804) 561-6000
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Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Retreat Campus

Portilla, Didier, MD
Charlottesville ... (434) 924-1884

Hospital Affiliations:
- Augusta Medical Center

Overby, Terry L., MD
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Hospital Affiliations:
- Carilion New River Valley Medical Center

Patel, Bhavesh M., MD
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Tappahannock

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Mary's Hospital

Patel, Deep, MD
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Tappahannock

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Mary's Hospital

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Hospital Affiliations:
- Bon Secours Maryview Medical Center

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Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
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- Sheltering Arms Rehabilitation Hospital St. Mary's Hospital

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Hospital Affiliations:
- University of Virginia Medical Center

Pranesh, S., MD
Charlottesville ... (434) 273-3477

Hospital Affiliations:
- University of Virginia Medical Center
<table>
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<th>Name</th>
<th>Phone</th>
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<td>Pourashfar, Negiin, MD</td>
<td>844-472-8711</td>
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<td>Harrison, Amanda D, MD</td>
<td>757-668-7244</td>
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<td>Richmond</td>
<td>757-668-7244</td>
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</table>
Specialists - Tier 1

Wang, Gregory, MD
Fairfax ............ (703) 961-0488
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Manassas .......... (703) 961-0488
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Inova Fair Oaks Hospital
Inova Mount Vernon Hospital
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Leigh Hospital
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Sentara Obici Hospital

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Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

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Sentara Maryview Medical Center
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Sentara Norfolk General Hospital
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Henrico Doctors' Hospital - Parham Campus,
Henrico Doctors' Hospital - Retreat Campus

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Henrico Doctors' Hospital - Parham Campus

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Sheltering Arms Rehabilitation Hospital,
St. Mary's Hospital

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Hospital Affiliations:
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Winchester Medical Center

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Shaffer, Mark E., MD
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Bon Secours DePaul Medical Center

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Sentara Norfolk General Hospital

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Bon Secours DePaul Medical Center Inc

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University of Virginia Medical Center

Syed, Hasan R, MD
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Hospital Affiliations:
University of Virginia Medical Center

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Virginia Beach .... (757) 490-4802
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Bon Secours DePaul Medical Center

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Hospital Affiliations:
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Bon Secours DePaul Medical Center Inc

Watson, Joseph C, MD
Norfolk ............. (540) 725-9140
Hospital Affiliations:
Sentara Lehigh Hospital,
Sentara Norfolk General Hospital,
Sentara Virginia Beach General Hospital

Weaver Jr., Edgar N, MD
Roanoke ............ (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Community Hospital,
Sentara Norfolk General Hospital

Willison, Crystl D, MD
Front Royal ...... (540) 636-0300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Optima Direct Network Providers 5/2019

OptimaHealth
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<td>Abraham, Vinod, MD Frederickburg (540) 242-4141</td>
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<td>Abub Libdeh, Amal, MD Charlottesville (434) 924-2706</td>
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<td>Adams, Robert E., MD Charlottesville (434) 654-8960</td>
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<td>Anouti, Ahmad A, MD Chesapeake (757) 547-0508</td>
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<td>Anvanwu, Chinekwu, MD Christiansburg (540) 731-2000</td>
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<td>Roanoke (540) 224-5170</td>
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<td>Asghar, Mudassar, MD Chester (804) 285-6880</td>
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<td>Middletown (804) 325-8750</td>
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<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
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<td>Asthagiri, Ashok R., MD Charlottesville (434) 243-2757</td>
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| Bivins, Don H., MD Roanoke (540) 981-7000 |
| Hospital Affiliations: Carillon Roanoke Memorial Hospital |
| Borkowski Jr, Winslow, MD Richmond (804) 287-7080 |
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| Virginia Beach (757) 461-5400 |
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| Richmond (804) 288-2742 |
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| Bu, Dawden, MD Prince George (804) 452-4546 |
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| Roanoke (540) 224-5170 |
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| Burch, J. Gordon, MD Roanoke (540) 342-0211 |
| Burke, Sean T., MD Roanoke (540) 224-5170 |
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
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Potomac Valley Hospital
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Fowler, Marieczen V, MD
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Purcellville....... (540) 751-0751
Winchester....... (540) 667-1828
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Sentara Norfolk General Hospital
Sentara Obici Hospital
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Optima Direct Network Providers 5/2019
289
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Virginia Beach.. (757) 461-5400
Hospital Affiliations:
  Children's Hospital of the King's Daughters
Lyons, Dorothy A., MD
Norfolk........... (757) 252-9140
Williamsburg
Hospital Affiliations:
  Sentara Bayside Hospital
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Lyons, Paul D., MD
Purcellville...... (540) 751-0751
Winchester...... (540) 667-1828
Hospital Affiliations:
  Virginia Hospital
  University of Virginia Medical Center
  Winchester Medical Center
Mader, Jason J, MD
Salem............. (540) 772-3450
Hospital Affiliations:
  Lewis-Gale Medical Center
  Mary Washington Hospital (MWH)
Malapira, Amelito B R, MD
Norfolk........... (757) 252-9140
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Mallenbaum, Sidney, MD
Roanoke........... (540) 981-7000
Hospital Affiliations:
  Carrilion Roanoke Memorial Hospital
  Sentara Bayside Hospital
  Sentara Virginia Beach General Hospital
Marrufo, Manuel, MD
Blacksburg....... (540) 951-5090
Martz, Gabriel U., MD
Charlottesville... (434) 924-5312
Hospital Affiliations:
  University of Virginia Medical Center
Mason, Mark, MD
Charlottesville... (434) 654-8960
Hospital Affiliations:
  Sentara Martha Jefferson Hospital
Mathe, Susanna A., MD
North Chesterfield(804) 288-2742
Richmond........ (804) 288-2742
Hospital Affiliations:
  Chippenham Medical Center
  Johnstown-Willis Hospital
Maton, Bruno, MD
Norfolk........... (757) 252-9015
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Mayes, Patricia F., MD
Williamsburg.... (757) 707-3508
McCollum, David N, MD
Charlottesville... (434) 924-5402
Hospital Affiliations:
  University of Virginia Medical Center
McManon, Robert W., MD
Chesapeake...... (757) 842-4110
Hospital Affiliations:
  Chesapeake Regional Medical Center
  Clinch Valley Medical Center
Moore, Patricia M., MD
Norfolk........... (757) 252-9140
Hospital Affiliations:
  Lewis-Gale Medical Center
  Mary Washington Hospital (MWH)
Morewitz, Nancy D., MD
Portsmouth....... (757) 215-3565
Suffolk........... (757) 215-3565
Hospital Affiliations:
  Sentara Obici Hospital
  Sentara RMH Medical Center
Nalluri, Suman, MD
Lynchburg....... (434) 200-2900
Hospital Affiliations:
  Centra Lynchburg General Hospital
Nanavaty, Rajiv, MD
Suffolk.......... (757) 934-1900
Nathan, Barnett Ross, MD
Charlottesville... (434) 924-5304
Ng, Chi-Kin, MD
Blackstone....... (434) 292-7261
Salem............. (540) 772-3450
Hospital Affiliations:
  Sentara Richmond Community Hospital
  Lewis-Gale Medical Center
Niebauer, Marivi A., MD
Aubingdon....... (276) 258-1740
Nikpey, Pari, MD
Charlottesville... (434) 293-5181
Salem............. (540) 772-3450
Hospital Affiliations:
  Lewis-Gale Medical Center
O’Bannon, John M., MD
Emporia......... (804) 288-2742
North Chesterfield(804) 288-2742
Richmond........ (804) 288-2742
Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Henrico Doctors’ Hospital - Forest Campus
  Sheltering Arms Rehabilitation Hospital
  St. Mary’s Hospital
Owsu-Yaw, Victor, MD
Danville......... (434) 791-2600
Parekh, Vipul V, MD
Norfolk.......... (757) 388-6105
Hospital Affiliations:
  Sentara Obici Hospital
Patel, Mrugendra R., MD
Chesapeake...... (757) 842-4110
Hospital Affiliations:
  Chesapeake Regional Medical Center
  Clinch Valley Medical Center
Peirce, III, Zack T., MD
Harrisonburg.... (540) 689-5400
Personna-Policard, Fritz, MD
Lynchburg....... (434) 200-2900
Hospital Affiliations:
  Sentara RMH Medical Center
Purrow, Benjamin W, MD
Charlottesville... (434) 982-4415
Hospital Affiliations:
  UVA HealthSouth Rehabilitation Hospital
Puzio, Peter A., DO
Fishersville....... (540) 932-5878
Lexington........ (540) 464-3465
Hospital Affiliations:
  Augusta Medical Center
  University of Virginia Medical Center
Quigg, Mark S., MD
Charlottesville... (434) 924-0488
Rahman, Syed H, MD
Hampton.......... (757) 262-0390
Portsmouth....... (757) 686-9300
Suffolk
Hospital Affiliations:
  Bon Secours Maryview Medical Center
  Chesapeake Regional Medical Center
Ramirez-Montalegre, Denia, MD
Charlottesville... (434) 924-8668
Hospital Affiliations:
  University of Virginia Medical Center
Rana, Khalid, MD
Leesburg......... (703) 724-9376
Reston........... (703) 774-9445
Ranawat, Nishant, MD
Lynchburg....... (434) 200-3600
Ransom, Mary, MD
Richmond........ (804) 893-8656
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Marys Hospital
Redding, Anne D., MD
Norfolk.......... (757) 461-5400
Virginia Beach.. (757) 461-5400
Hospital Affiliations:
  Sentara Bayside Hospital
  Sentara Richmond Memorial Medical Center
  Sentara St. Francis Medical Center
  Sentara St Marys Hospital
Redmond, Megan F., MD
Kilmarnock...... (804) 435-1017
Mechanicsville.. (804) 325-8720
Midlothian........ (804) 325-8750
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours Richmond Community Hospital
  Bon Secours St. Francis Medical Center
  Bon Secours St Marys Hospital
Richard, Robert, MD
Ruston........... (703) 876-0800
Hospital Affiliations:
  Ruston Hospital Center
Rodden, Megan F., MD
Kilmarnock...... (804) 435-1017
Mechanicsville.. (804) 325-8720
Midlothian........ (804) 325-8750
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours Richmond Community Hospital
  Bon Secours St. Francis Medical Center
  Bon Secours St Marys Hospital
Saaraswat, Tanuj, MD
Richmond........ (804) 893-8656
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours Richmond Community Hospital
  Bon Secours St Mariys Hospital
Sanchez, Amandeep, MD
Petersburg........ (804) 893-8656
Richmond........ (804) 893-8656
Hospital Affiliations:
  Bon Secours St Mariys Hospital
  Mary Washington Hospital (MWH)
  Stafford Hospital Center
Sheth, Soham, MD  
Norfolk ............ (757) 252-9140  
Virginia Beach . (757) 507-0600  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Martha Jefferson Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  
Shan, Hemang H., MD  
Roanoke ............ (540) 224-5170  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Schulman, Alan E., MD  
Glen Allen ........ (804) 935-5607  
North Chesterfield(804) 288-2742  
Richmond ......... (804) 288-2742  
Tappahannock ... (804) 288-2742  
Seestedt Jr., Richard, MD  
Fairfax ............. (703) 876-0800  
Hospital Affiliations:  
Reston Hospital Center  
Shah, Aashit K, MD  
Roanoke ............ (540) 224-5170  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Shah, Binit B., MD  
Charlottesville... (434) 924-5129  
Hospital Affiliations:  
University of Virginia Medical Center  
Shah, Hemang H., MD  
Hampton ............ (757) 262-0390  
Newport News  
Portsmouth ....... (757) 686-9300  
Suffolk  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Shah, Qaisar A., MD  
Virginia Beach . (757) 363-6515  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Shechterkov, Evgenny A., MD  
Roanoke ............ (540) 981-7000  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Centra Southside Community Hospital  
Sheth, Soham, MD  
Chesapeake ...... (757) 548-0076  
Virginia Beach . (757) 474-7447  
Shields, Emily S., MD  
Abingdon .......... (276) 258-3733  
Shipley, Patricia J., MD  
Farmville .......... (434) 315-2914  
Hospital Affiliations:  
Centra Southside Community Hospital  
Siddiqui, Fouzia, MD  
Harrisonburg .... (540) 689-5400  
Hospital Affiliations:  
Sentara RMH Medical Center  
Simsarian, James, MD  
Fairfax ............. (703) 876-0800  
Reston ............. (703) 876-0800  
Hospital Affiliations:  
Reston Hospital Center  
Singh, Rajinder P., MD  
Newport News .. (757) 872-9797  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Smith, Thomas A., MD  
Kilmarnock ...... (804) 435-1017  
Mechanicsville.. (804) 325-8720  
Hospital Affiliations:  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  
Sneider, Gilbert M., MD  
Chesapeake ...... (757) 312-6102  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Solenski, Nina Jean, MD  
Charlottesville... (434) 924-2706  
Hospital Affiliations:  
University of Virginia Medical Center  
Solorzano, Guillermo E., MD  
Charlottesville... (434) 924-5402  
Hospital Affiliations:  
University of Virginia Medical Center  
Sood, Rakesh, MD  
Emporia .......... (434) 348-4422  
Hospital Affiliations:  
Southern Virginia Regional Medical Center  
Southernland, Andrew M., MD  
Charlottesville... (800) 251-3627  
Hospital Affiliations:  
University of Virginia Medical Center  
Stambolyska, Maya, MD  
Norfolk ............ (757) 252-9015  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Starr, Geoffrey E., MD  
Danville .......... (434) 799-4711  
Hospital Affiliations:  
SOVAH Health - Danville  
Stephenson, Randolph, MD  
Fairfax ............. (703) 876-0800  
Hospital Affiliations:  
Reston Hospital Center  
Stergis, George N., MD  
Culpeper .......... (540) 321-4281  
Madison ............ (540) 948-6861  
Hospital Affiliations:  
UVA Culpeper Hospital  
Stone, Amy R., MD  
Fairfax ............. (703) 876-0800  
Hospital Affiliations:  
Reston Hospital Center  
Taboada, Javier G., MD  
Virginia Beach .. (757) 363-6515  
Hospital Affiliations:  
Sentara Bayside Hospital  
TeKrony, Mark, MD  
Reston ............. (703) 876-0800  
Hospital Affiliations:  
Reston Hospital Center  
Thomas, Karen M., DO  
Hampton  
Norfolk ............ (757) 252-9140  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Thurston, Stephen E., MD  
North Chesterfield(804) 288-2742  
Richmond ......... (804) 288-2742  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital  
Troiano, Raymond G., MD  
Norfolk ............ (757) 252-9140  
Suffolk  
Virginia Beach .. (757) 507-0600  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Tuwiner, Seth M., MD  
Leesburg ...... (540) 293-5244  
Hospital Affiliations:  
Inova Fair Oaks Hospital  
Valente, Michael A., DO  
Fishersville....... (540) 932-5878  
Hospital Affiliations:  
Augusta Medical Center  
Varga, Karoly, MD  
Harrisonburg .... (540) 689-5400  
Hospital Affiliations:  
Berkeley Medical Center (City Hospital, Inc.)  
Sentara RMH Medical Center  
Varma, Siddhartha, MD  
Mechanicsville .. (804) 325-8720  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  
Visvalingam, Nando, MD  
Harrisonburg .... (540) 689-5400  
Hospital Affiliations:  
Sentara RMH Medical Center  
Walsh, Francis, MD  
Martinsville ...... (276) 632-4181  
Hospital Affiliations:  
SOVAH Health - Martinsville  
Wang, Lina, MD  
Norfolk ............ (757) 461-5400  
Virginia Beach .. (757) 461-5400  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Ward, Melanie D, MD  
Charlottesville... (434) 924-2706  
Hospital Affiliations:  
University of Virginia Medical Center  
Wenger, Evan J., MD  
Fishersville....... (540) 932-5878  
Hospital Affiliations:  
Augusta Medical Center  
White, Robert J., MD  
North Chesterfield(804) 288-2742  
Richmond ......... (804) 288-2742  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
Whiting Evans, Pamela S., MD  
Norfolk ............ (757) 252-9140  
Suffolk  
Virginia Beach .. (757) 507-0600  
Hospital Affiliations:  
Sentara Albermarle Medical Center  
Williams, Armistead D., MD  
Norfolk ............ (757) 461-5400  
Virginia Beach .. (757) 461-5400  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Specialists - Tier 1

Williams, Bernesta C., MD
Christiansburg... (540) 343-4092
Radford ............ (540) 639-5690
Roanoke ............ (540) 343-4092

Williams, Della C., MD
Roanoke ............ (540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Winningham, Melanie, MD
Charlottesville... (434) 654-8760

Winter, William Christopher, MD
Charlottesville... (434) 293-9149

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Wittman, Jr., John J., MD
Glen Allen......... (804) 935-5607

North Chesterfield(804) 288-2742
Richmond ............ (804) 288-2742

Hospital Affiliations:
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus
Southside Regional Medical Center

Wong, Matthew H., MD
Charlottesville... (800) 251-3627

Hospital Affiliations:
University of Virginia Medical Center

Wooten, George F., MD
Charlottesville... (434) 924-5304

Worrall, Bradford Burke, MD
Charlottesville... (434) 924-2706

Worthington, Andrew, MD
Kilmarnock ...... (804) 435-1017
Mechanicsville... (804) 325-8720

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Yilmaz, Ugur, MD
Newport News... (757) 689-5400

Roanoke ............ (540) 895-5607

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Yim, Chunxiao, MD
Richmond........... (804) 883-0046

Hospital Affiliations:
Virginia Beach.. (757) 622-2200

Zimbalescu, Daniel, MD
Chesterfield........ (804) 436-0011

Zhu, Qingyan, MD
Carltonton ........ (757) 745-7555

Hospital Affiliations:
Bon Secours Maryview Medical Center

Zilli, Eduardo Marques, MD
Bedford ............ (540) 587-7855

Hospital Affiliations:
Centra Lynnhurst General Hospital

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Neuromuscular Medicine

Harden, David G., DO
Richmond........... (804) 883-0046

Hyppolite, Natalie, DO
Richmond........... (804) 883-0046

Kribs, James, DO
Lynchburg......... (434) 582-2273

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Neuroradiology

Gaughen Jr., John R, MD
Harrisonburg ...... (540) 689-5400

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center
University of Virginia Medical Center

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Nuclear Medicine

Burton, Ashley F., MD
Charlottesville... (434) 924-9354

Kotlyarov, Eduard Volfovitch, MD
Charlottesville... (434) 297-5055

Hospital Affiliations:
University of Virginia Medical Center

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Nurse Practitioner

Beard, Jimmi, NP
Roanoke ............ (540) 342-6346

Brancom, Judy J., NP
Roanoke ............ (540) 985-8465

Calland, Magen E., NP
Amherst............ (434) 946-2850

Lynchburg......... (434) 947-4651

Hill, Leslie D, NP
Glen Allen......... (888) 627-4702

Jackson, Michael Wayne, CRNA
Franklin............ (757) 569-6272

Hospital Affiliations:
Sentara Obici Hospital
Southampton Memorial Hospital

Kapinos, Cindy, NP
Mechanicsville... (804) 764-7220

Hospital Affiliations:
Bon Secours Maryview Regional Medical Center

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Occupational Medicine

Baddar, Nader T., MD
Richmond......... (804) 883-0046

Hospital Affiliations:
Virginia Beach.. (757) 622-2200

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Optima Direct Network Providers 5/2019 293
Specialists - Tier 1

Albright, Chad, MD
Bedford
Collinsville
Galax ............ (540) 855-5100
Pearsburg ......... (540) 855-5100
Pulaski ............ (540) 855-5100
Roanoke .......... (540) 344-4000
Salem .......... Stuart
Wytheville ...... (540) 855-5100

Alvarez, Orlandon, MD
Danville ........... (434) 799-3232

Ambati, Jayakrishna, MD
Charlottesville ... (434) 924-5485
Hospital Affiliations:
University of Virginia Medical Center

Anderson, Kimberly K, MD
South Boston ..... (434) 572-9500

Ashburn, Frank S., MD
Charlottesville ... (434) 924-5485
Hospital Affiliations:
University of Virginia Medical Center

Astruc Jr., Juan A., MD
Fredericksburg .. (804) 786-3900
Richmond ........ (804) 644-7478
Williamsburg .... (757) 345-3510
Hospital Affiliations:
Chippenham Medical Center/ Johnstown-Willis Hospital

Astruc, Juan, MD
Williamsburg .... (757) 229-4000

Awan, Khalid J., MD
Norton .......... (276) 679-4567
Hospital Affiliations:
Norton Community Hospital

Baker, Evelyn L., MD
Richmond .......... (804) 287-4200
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center
St. Mary's Hospital

Barnes, David M, MD
Fishersville....... (540) 213-7720
Hospital Affiliations:
Augusta Medical Center

Bearden III, William H, MD
Richmond .......... (804) 287-4200
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center
St. Mary's Hospital

Bercekmueller, Hugh E, MD
Newport News .... (757) 595-8404
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Bernstein, Harold, MD
Glen Allen ........ (804) 270-0330
Mechanicsville ... (804) 730-2250
Hospital Affiliations:
Bon Secours St Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Bhardwaj, Suruchi, MD
Charlottesville ... (434) 924-5485
Hospital Affiliations:
University of Virginia Medical Center

Blaylock, William K., MD
Hampton .......... (757) 533-5437
Norfolk ............ (757) 533-5437
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Health System/VCV

Boutros, Ayman, MD
Alexandria ...... (703) 931-9100
Fairfax ............ (703) 573-8080
Lansdowne ...... (703) 858-3170
Manassas .......... (703) 229-1155
Sterling .......... (703) 430-4400

Bowers, Darin, MD
Lynchburg ...... (434) 947-3984
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bowles, J, William, MD
Hopewell .......... (804) 458-4802
Prince George .... (804) 287-4216
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
John Randolph Medical Center
St. Mary's Hospital

Bowman, David M, MD
Glen Allen ........ (804) 270-0330
Richmond .......... (804) 897-1510
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Brisley, Jon P, MD
Roanoke
Salem ................ (540) 855-5100

Brock, Lee R., MD
Fredericksburg ..... (540) 891-4444
Hospital Affiliations:
Mary Washington Hospital (MWH)

Brooks, Bryan, MD
Glen Allen ........ (804) 270-0330
Hospital Affiliations:
Henrico Doctors’ Hospital - Retreat Campus

Brown, A’sha, MD
Amherst .......... (434) 946-2020
Appomattox ....... (434) 385-5600
Danville .......... (434) 385-5600
Forest ............. (434) 385-5600
Lynchburg .......... (434) 385-5600

Brown, Donna D., MD
Richmond .......... (804) 287-4200
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center
St. Mary's Hospital

Bullock, Jr., J. Paul, MD
Richmond .......... (804) 287-4200
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center
St. Mary's Hospital

Bundy, III, Walter E., MD
Chester ............ (804) 282-3931
Richmond .......... (804) 287-4910
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
John Randolph Medical Center
St. Mary's Hospital

Busch, Stephen M., MD
Midlothian ........ (804) 794-9505
Hospital Affiliations:
Chippenham Medical Center/ Johnstown-Willis Hospital

Butera, Christina L, MD
Alexandria ......... (703) 931-9100
Fairfax ............ (703) 573-8080
Lansdowne ...... (703) 858-3170
Manassas .......... (703) 229-1155
Sterling .......... (703) 430-4400

Byrnes, Timothy R., MD
Christiansburg ... (540) 855-5100

Byrnes, Timothy R., MD
Christiansburg ... (540) 855-5100

Campion, Jorge, MD
Falls Church ....... (703) 634-4277
Hospital Affiliations:
Inova Fair Oaks Hospital

Campbell, Glenn, MD
Hampton .......... (757) 826-9291
Williamsburg ...... (757) 229-4000

Carothers, Thomas S., MD
Richmond .......... (804) 287-4200
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/ Johnstown-Willis Hospital
John Randolph Medical Center

Carter, B. Christian, MD
Charlottesville ... (434) 924-5653

Carter, Bruce Thomas, MD
Charlottesville ... (434) 295-5193

Carter, John B., MD
Winchester ....... (540) 722-3500
Hospital Affiliations:
Winchester Medical Center

Cauthen, Cheryl, MD
Norfolk .......... (757) 623-2123
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ceballos, Elizenda M, MD
Lynchburg ....... (434) 947-3984
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Chandler, D. Alan, MD
Mechanicsville .... (804) 730-2250
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St Marys Hospital Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Chang, Wellington, MD
Fairfax ............ (703) 951-3930
Hospital Affiliations:
Winchester Medical Center

Cheung, Albert Y, MD
Norfolk .......... (757) 622-2200

Chiang, Elizabeth C., MD
Chesapeake ...... (757) 484-0101

Optima Direct Network Providers 5/2019 294

Optima Health
Colling, Landon, MD
Richmond ........... (804) 287-4200

Hospital Affiliations:
Entergy Bone and Joint Institute/ St. Mary's Health Care System
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center

Chisolm, Lionel, MD
Culpeper ............ (540) 349-1882
Leesburg ............ (703) 443-0015
Warrenton ........... (540) 349-1882

Hospital Affiliations:
Faquier Hospital

Cleaveland, Nathaniel A., DO
Danville ............. (434) 799-3232

Hospital Affiliations:
Mary Washington Hospital (MWH)

Colling, Landon, MD
Amherst............. (434) 946-2020
Ampmolatto ......... (434) 385-5600
Chatham ............. (434) 385-5600
Danville ............. (434) 857-0020
Forest ................ (434) 385-5600
Lovingston .......... (434) 263-5100
Lynchburg .......... (434) 385-5600
Martinsville ......... (434) 385-5600
South Boston ......... (434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Collins, Andrew S., MD
Charlottesville ....... (434) 295-3227

Combs, James L., MD
Colonial Heights (804) 524-0610
Prince George ... (804) 287-4216
Richmond ........... (804) 287-4200

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/ Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center

Conrad, Frederick Elio, MD
Abingdon ............ (276) 628-9141

Conway, Brian, MD
Charlottesville ....... (434) 924-5653

Hospital Affiliations:
University of Virginia Health Sciences Center
University of Virginia Medical Center

Cook, Gary R., MD
Culpeper ............ (540) 349-1882
Leesburg ............ (703) 443-0015
Warrenton ........... (540) 349-1882

Hospital Affiliations:
University of Virginia Health Sciences Center
University of Virginia Medical Center

Cook, Laura D, MD
Charlottesville ...... (434) 924-5653

Hospital Affiliations:
University of Virginia Medical Center

Cooper, Geoffrey G., MD
Richmond ......... (804) 287-4200

Cotter, Frank, MD
Roanoke .......... (540) 855-5100

Crenshaw, Joanna, MD
Sterling ............ (703) 766-6165

Crossan, Appeals S., NP
Sterling ............ (703) 430-4400

Hospital Affiliations:
Fauquier Hospital

Crouch, Ill, Earl, MD
Norfolk .......... (757) 461-0050

Hospital Affiliations:
Children's Hospital of the King's Daughters

Crouch, Jr., Earl R., MD
Norfolk .......... (757) 461-0050

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Dang, Dienmoc T., MD
Richmond .......... (804) 330-9303

Dsando Jr, Giovanni, MD
Richmond ...... (804) 287-8040

Hospital Affiliations:
University of Virginia Medical Center

Dbert, Eleanor M, MD
Richmond ...... (804) 287-4200

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center

Edmonds, John T., MD
Chesapeake ..... (800) 468-1415
Colonial Heights (804) 526-3886
Emporia ............ (434) 336-1030
Richmond ......... (804) 285-0680

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Southern Virginia Regional Medical Center
St. Mary's Hospital

Delianides, Aris Philip, MD
Virginia Beach (757) 481-3800

Hospital Affiliations:
Sentara Virginia Beach General Hospital

DeRosa, Anthony J, MD
Newport News ... (757) 223-5321

Devantier, Wayne R, MD
Chesapeake ........ (757) 483-0400
Portsmouth .......... (757) 483-0400
Virginia Beach .... (757) 483-0400

Hospital Affiliations:
Bon Secours Maryview Medical Center

Dewandura, Samantha, MD
Carrollton ......... (757) 622-2200

Hospital Affiliations:
University of Virginia Medical Center

Dupre, Robert, MD
Richmond ......... (804) 287-4200

Hospital Affiliations:
University of Virginia Medical Center

Ekim, Kori A., MD
Virginia Beach (757) 483-0400
Portsmouth .......... (757) 483-0400
Virginia Beach .... (757) 483-0400

Hospital Affiliations:
Sentara Maryview Medical Center

Elder, Christopher J., MD
Harrisonburg ...... (540) 433-2485

Hospital Affiliations:
Sentara RMH Medical Center

Eng, Eugene H, MD
Blacksburg ...... (540) 552-4473

Hospital Affiliations:
University of Virginia Medical Center

Falkenberg, Thomas, MD
Richmond ...... (540) 371-2777

Hospital Affiliations:
Mary Washington Hospital (MWH)

Faust, Joseph, MD
Amherst .......... (434) 385-5600
Ampmolatto ........ (434) 385-5600
Chatham .......... (434) 385-5600
Danville .......... (434) 385-5600
Forest .......... (434) 385-5600
Lovingston .......... (434) 385-5600
South Boston ......... (434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Fellner, Dietrich A., MD
Virginia Beach (757) 490-9091

Hospital Affiliations:
Sentara Virginia Beach General Hospital
Sentara Norfolk General Hospital

Fernandez, Mark, MD
Norfolk .......... (540) 461-1444

Hospital Affiliations:
Sentara Newport General Hospital
Sentara Princess Anne Hospital
Specialists - Tier 1

Fink, Alan J., MD
Winchester ........ (540) 662-2700

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Flowers, Tami, MD
Colonial Heights (804) 520-0401
Richmond ........ (804) 217-6363

Foley, Jr., John A., MD
Exmore ........ (757) 442-3937

Hospital Affiliations:
Sentara Norfolk General Hospital

Franklin, Quentin, MD
Chesapeake ...... (757) 583-5826
Norfolk ............. (757) 583-5826
Virginia Beach .. (757) 390-2833

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Gadol, Judith, MD
Springfield ....... (703) 451-6111

Hospital Affiliations:
Woodbridge ...... (703) 670-4700

Ganser, Gail, MD
Lynchburg ........ (434) 947-3984

Hospital Affiliations:
Center Lynchburg General Hospital
Centra Virginia Baptist Hospital

Garcia-Gonzalez, Maria Lourdes, MD
Chesapeake ...... (757) 461-7974

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Garrett, Samuel N., MD
Virginia Beach .. (757) 481-5555

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Garringer, Jacqueline A., MD
Winchester ........ (540) 667-7463

Hospital Affiliations:
Woodstock ........ (540) 667-7463

Garringer, Thomas, MD
Lynchburg ........ (434) 947-3984

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Gillespie, James E., MD
Waynesboro ..... (540) 949-6060

Hospital Affiliations:
Augusta Medical Center

Goldmann, Peter H., MD
Richmond .......... (804) 285-1722

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Golen, Jeffrey R, MD
Charlottesville... (434) 924-5485

Hospital Affiliations:
University of Virginia Medical Center

Golovkina Hynes, Alla Y., MD
Woodstock ....... (540) 409-5254

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Gonce, Mark A., MD
Charlottesville... (434) 977-5160

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Golnany, Allan J., MD
North Chesterfield(804) 270-0330

Hospital Affiliations:
Virginia Beach General Hospital

Golnany, Allan J., MD
North Chesterfield(804) 270-0330

Hospital Affiliations:
Virginia Beach General Hospital

Gropp, John, MD
Sterling .......... (703) 772-3498

Hospital Affiliations:
Virginia Beach General Hospital

Gropp, John, MD
Sterling .......... (703) 772-3498

Hospital Affiliations:
Virginia Beach General Hospital

Grover, William, MD
Charlottesville... (434) 977-5160

Hospital Affiliations:
University of Virginia Medical Center

Guenter, Kathleen, MD
Charlottesville... (434) 924-5485

Hospital Affiliations:
University of Virginia Medical Center

Gupta, Pranay, MD
Colonial Heights (804) 243-2020
Lawrenceville.... (434) 848-0771

Hospital Affiliations:
John Randolph Medical Center
VCU Health System/MCV

Hamidi-Toosi, Shakur, MD
Chesapeake ...... (757) 461-7974

Hospital Affiliations:
University of Virginia Medical Center

Harlan, David, MD
Amherst .......... (434) 946-2020

Apooratuxx..... (434) 385-5600

Bedford

Chatham (434) 385-5600

Danville......... (434) 857-0020

Forest............ (434) 385-5600

Lovingston ..... (434) 263-5100

Lynchburg ....... (434) 832-0700

Martinsville .... (434) 385-5600

South Boston.... (434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Harran, David, MD
Amherst .......... (434) 946-2020

Apooratuxx..... (434) 385-5600

Bedford

Chatham (434) 385-5600

Danville......... (434) 857-0020

Forest............ (434) 385-5600

Lovingston ..... (434) 263-5100

Lynchburg ....... (434) 832-0700

Martinsville .... (434) 385-5600

South Boston.... (434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Harrison, Timothy R., MD
Lebanon ........... (540) 463-4140

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Hartranft, Craig D, MD
Bedford

Dublin ............ (540) 855-5100

Lexington ....... (540) 855-5100

Roanoke ........... (540) 855-5100

Wytheville ....... (540) 855-5100

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hein, Eric W, MD
Norfolk............ (757) 461-0050

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Norfolk General Hospital

Hoggar, Charles C., MD
Manassas

Warrenton ....... (540) 349-0906

Hospital Affiliations:
St. Mary's Hospital
VCU Health System/MCV

Haymarket, John, MD
Naples............. (813) 442-3937

Hospital Affiliations:
Mary Washington Hospital (MWJ)

Iacobucci, Mark J., MD
Chesapeake ...... (757) 483-0400

Portsmouth ....... (757) 483-0400

Virginia Beach .. (757) 483-0400

Ilyas, Waqas, MD
Winchester ........ (540) 536-7000

Hospital Affiliations:
Winchester Medical Center

Itoop, Sabita M., MD
Centreville....... (703) 689-2020

Herndon......... (703) 689-2020

Winchester ........ (703) 689-2020

Hospital Affiliations:
Winchester Medical Center

Ituono, Joseph D., MD
Richmond .......... (804) 520-0401

Richmond ........ (804) 740-7474

Jace, Robert W., MD
Richmond ........ (804) 747-6966

Wisconsin Church(804) 580-2454

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond

Jain, Vivek K., MD
Virginia Beach

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Jani, Binoy R., MD
Culpeper .......... (888) 393-5264

Fredericksburg .. (888) 393-5264

Hospital Affiliations:
Mary Washington Hospital (MWJ)
St. Mary's Hospital
VCU Health System/MCV

Javey, Golan, MD
Lynchburg ......... (434) 947-3984

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

John, Vishak, J, MD
Roanoke ........... (540) 855-5100

Hospital Affiliations:
University of Virginia Medical Center

Joy, Thomas J., MD
Carrollton .......... (757) 622-2200

Hampton ....... (757) 622-2200

Norfolk .......... (757) 622-2200

Suffolk .......... (757) 622-2200

Virginia Beach .. (757) 622-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Jones, Ethnie S., MD
Richmond ........ (804) 287-4200

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center
St. Mary's Hospital

Josephson, John, MD
Aldie............. (571) 349-2191

Fairfax.......... (571) 349-2191

Purcellville ...... (703) 723-9633

Reston ......... (703) 723-9633

Sterling ......... (703) 723-9633

Hospital Affiliations:
Inova Fairfax Hospital

Kan, Nirmal, MD
Front Royal ...... (540) 636-1819
Specialists - Tier 1

Mays, Gregory C., MD
Covington......... (540) 962-2020
Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany

McCarthy, Mark J., MD
Hampton......... (757) 624-1300
Norfolk............ (757) 455-9603
Virginia Beach .. (757) 624-1300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

McClintock, Michael L., MD
Roanoke .......... (540) 344-4000

McCollum, Shannon M., MD
Fredericksburg .... (540) 372-3500

McConnell, Paul S., MD
Staunton ........... (540) 213-0060

McFarland, Andrew J., MD
Winchester ........ (540) 722-3500
Hospital Affiliations:
Winchester Medical Center

McGehee, III, Reed F., MD
Richmond.......... (804) 287-4200
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippman Return Campus

McMenamin, Paul J., MD
Williamsburg .... (757) 365-2500
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Meltzer, Avrum, MD
Virginia Beach . (757) 428-1005
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Meier, Jacob C., MD
Charlottesville ... (434) 978-2040
Waynesboro ..... (540) 949-9080
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Michael, Andrew J., MD
Colonial Heights (804) 520-4041
Richmond......... (804) 217-6363

Milani, Elle, MD
Reston .......... (703) 787-4700

Miller, Kenlyn S., MD
Harrisonburg .... (540) 433-2485
Hospital Affiliations:
Johnston Memorial Hospital
Sentara RMH Medical Center

Moayeri, Massoum, MD
Virginia Beach ... (757) 497-1987
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital

Morrison, Mark W., MD
South Boston..... (434) 572-9500

Morton, Richard W., MD
Charlottesville ... (434) 977-5160

Moss, Jr., Gene, MD
Lynchburg........ (434) 947-3984
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Moss, Saxton, MD
Lynchburg......... (434) 947-3984
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Mullen, P. Wesley, MD
Mechanicsville ... (804) 730-8441
Richmond......... (804) 285-7307
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Murphy, Andrew D., MD
Richmond......... (804) 217-6363

Murdoch, Kirk A., MD
Chatham ............ (434) 432-1500
Martinsville ...... (276) 647-3937
Hospital Affiliations:
SOV/4H Health - Danville

Na, Hana, MD
Annandale ......... (703) 723-9633
Leesburg.......... (703) 723-9633
Purcellville ...... (703) 723-9633
Reston .......... (703) 723-9633
Hospital Affiliations:
Inova Fairfax Hospital
Reston Hospital Center

Nanda, Mohit, MD
Charlottesville ... (434) 978-2040
Waynesboro ..... (540) 949-9080
Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Nasrullah, Abu A, MD
Leesburg.......... (703) 723-9633

Netland, Peter A., MD
Charlottesville ... (434) 924-5485
Hospital Affiliations:
University of Virginia Medical Center

Newman, Steven A., MD
Charlottesville ... (434) 924-5653

Newsom, Roger W., MD
Chesapeake ...... (757) 483-0400
Portsmouth ...... (757) 483-0400
Virginia Beach .. (757) 483-0400
Hospital Affiliations:
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Nordlund, John R., MD
Williamsburg.... (757) 220-3375
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
VCU Health System/MCV

North, Jr., Richard D., MD
South Boston..... (434) 572-9500

O'Boyle, Joseph, MD
Danville .......... (434) 799-5600

Odom, Terry, MD
Danville .......... (434) 799-3232

Okeefe, John Stewart, MD
Richmond......... (804) 644-7478
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippman Medical Center/Johnston-Willis Hospital
St. Mary's Hospital

Okeke, Constance, MD
Hampton
Norfolk.......... (757) 622-2200
Suffolk.......... (757) 622-2200
Virginia Beach .. (757) 622-2200
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Olakunle, Leslie A., MD
Charlottesville ... (434) 243-4770

Pauw, James, MD
Lynchburg....... (434) 947-3984
Hospital Affiliations:
Centra Lynchburg General Hospital

Parekh, Edward S., MD
Springfield...... (703) 451-6111

Patel, Nisha, MD
Centreville ....... (703) 263-3147

Patel, Rachna D., MD
Fairfaxville ...... (540) 213-7720
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Patrons, Mareena, MD
Alexandria....... (703) 931-9100

Pavlack, Mark, MD
Chesapeake ...... (757) 496-4006
Portsmouth ...... (757) 483-0400
Virginia Beach .. (757) 496-4006
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Peay Jr., Clifton L., MD
Mechanicsville .. (804) 559-7002
Hospital Affiliations:
Bon Secours St. Marys Hospital

Perrault Jr., Louis E., MD
Charlottesville ... (434) 924-5485
Hospital Affiliations:
University of Virginia Medical Center

Petrus, Christodoulou M., MD
Chester ............ (804) 796-3997
Richmond......... (804) 320-8385
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippman Medical Center/Johnston-Willis Hospital

Woodbridge....... (703) 670-4700
Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Pariih, Rishi K., MD
Emporia.......... (434) 336-1030
Richmond......... (804) 285-0680
Hospital Affiliations:
Bon Secours St. Marys Hospital
Southern Virginia Regional Medical Center

Pate, James, MD
South Hill....... (919) 878-4060
Hospital Affiliations:
VCU Community Memorial Hospital

Optima Direct Network Providers 5/2019 298
Belts, Dylan B., OD
Franklin .......... (757) 562-4321

Bennett, Lisa M., OD
Richmond .......... (804) 457-8733

Bergvall, Jennifer, MD
Richmond .......... (804) 359-0770

Bertomeu, Vincent A, OD
Falls Church ...... (757) 290-6080
Front Royal ...... (540) 635-3222
Hendron .......... (703) 860-0600
Vienna .......... (703) 506-0000
Williamsburg ... (757) 259-6823

Bessell, Russell E., OD
Bristol .......... (276) 466-4227

Betton, Walter L, OD
Collinsville ...... (757) 647-3766

Billmayer, Angela C, OD
Glen Allen ........ (804) 270-1040

Biscombe, Benoit, OD
Fredericksburg .. (540) 786-3900

Hospital Affiliations:
Name Not Available

Bittar, Fadde, OD
Chesapeake ...... (757) 465-5555
Hampton .......... (757) 827-6530
Newport News .. (757) 249-4330
Williamsburg ... (757) 259-6823

Blackstock, Joe R, OD
Christiansburg ... (540) 382-1731
Lynchburg ...... (434) 237-2100
Roanoke ....... (540) 989-6515
Salem .......... (540) 444-5656

Blaha, Elina S, OD
Newport News .. (757) 988-8903

Blevins, Brandon P, OD
Salisbury .......... (276) 496-4433

Blue, Amy, OD
Marion .......... (276) 783-5157

Booth, Kari H, OD
Blacksburg ...... (540) 552-4573
Hardy ....... (540) 721-4433
Roanoke ....... (540) 772-7171

Borza, Elizabeth M, OD
Virginia Beach .. (757) 430-2863

Bowman, Jennifer, OD
Middleton....... (804) 794-3937

Brandau, Scott R, OD
Dublin .......... (540) 674-6824

Breedlove, Hal, OD
Chesapeake ...... (757) 426-2020
Norfolk .......... (757) 426-2020
Virginia Beach .. (757) 426-2020

Bremer-Lord, Amanda, OD
Wytheville ...... (276) 223-0033

Briceo, Sylvia, OD
Ashburn .......... (703) 722-8688

Fairfax ........... (703) 961-9119
Haymarket ....... (703) 659-4430
South Riding ..... (703) 957-3384

Brothers, Tamara J, OD
Chesapeake ...... (757) 523-2000
Norfolk .......... (757) 466-4140
Virginia Beach .. (757) 523-0161

Brown, Elton H, OD
South Hill ....... (434) 447-3220

Brown, Julie Marie, OD
Collinsville ...... (276) 647-3766

Buck, David M, OD
Yorktown .......... (757) 596-5666

Bumgardner, Rebecca, OD
Virginia Beach .. (757) 425-5550

Butler, Kelsey M, OD
Hampton .......... (757) 622-2200
Norfolk .......... (757) 622-2200

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Butler, Tasso, OD
Covington ....... (540) 962-4621

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGaleAlleghany

Carey, Erin, OD
Chesapeake ...... (757) 488-7066

Cassella, Frank, OD
Ashburn .......... (571) 385-4600
Chesapeake ....... (434) 973-5361
Culpeper .......... (540) 825-8220
Fredericksburg .. (757) 249-4330
Front Royal ...... (540) 635-3223
Harrisonburg ..... (540) 442-7742
Leeburg .......... (703) 737-7798
Staunton ....... (540) 885-0006
Warrenton ..... (540) 428-3937
Winchester ...... (540) 450-8504

Cheit, Auroa, OD
Suffolk .......... (757) 638-2015

Choline, Miranda, OD
Chesapeake ...... (757) 465-5555
Hardy .......... (540) 855-5100
Martinsville ..... (540) 855-5100
Roanoke .......... (540) 855-5100
Rocky Mount .... (540) 855-5100
Salem .......... (540) 855-5100
Virginia Beach .. (757) 431-1111

Combos, Tabitha, OD
Amherst .......... (434) 946-2020
Bedford .......... (434) 946-2020
Chatham .......... (434) 385-5600
Danville .......... (434) 857-0020
Forest .......... (434) 385-5600
Lovingston ..... (434) 263-5100
Lynchburg ...... (434) 385-5600
Martinsville ..... (434) 385-5600

Compton, Brett S, OD
Abingdon .......... (757) 628-3118
Marion .......... (757) 783-6131

Hospital Affiliations:
Hospital Affiliations:
Johnston Memorial Hospital

Connan, Norlando, OD
Fall Church ...... (757) 290-6080

Cook, Christine W, OD
Virginia Beach .. (757) 490-9091

Cook, Ryan, OD
Hopewell .......... (804) 458-5819

Coolbaugh, Kevin T, OD
Blacksburg ...... (540) 552-4573
Hardy .......... (540) 721-4433
Roanoke .......... (540) 772-7171

Coolbaugh, Shari, OD
Blacksburg ...... (540) 552-4573
Hardy .......... (540) 721-4433
Roanoke .......... (540) 772-7171

Cooley, Joel, OD
Chesapeake ...... (757) 523-2000
Norfolk .......... (757) 466-4140
Virginia Beach .. (757) 486-1712

Corey, Mitchell L, OD
Norfolk .......... (757) 622-3937

Cornett, James, OD
Norfolk .......... (757) 622-5595
Portsmouth ...... (757) 393-6131

Covert, Christopher, OD
Chesapeake ...... (434) 973-5361
Front Royal ...... (540) 635-3223
Harrisonburg .... (540) 442-7742

Crawford, Stephen, OD
Harrisonburg ..... (540) 434-6622
Staunton .......... (540) 885-0006

Hospital Affiliations:
Name Not Available

Crews, John E, OD
Danville .......... (434) 799-3232

Crews, Susan K, OD
Danville .......... (434) 799-3232

Culp, Gordon, OD
Ashburn .......... (571) 385-4600
Front Royal ...... (540) 635-3223
Sterling .......... (571) 367-7610
Winchester ...... (540) 450-8504

Curl, Michael, OD
Amherst .......... (434) 946-2020
Appomattox ...... (434) 385-5600
Bedford .......... (434) 385-5600
Chatham .......... (434) 385-5600
Danville .......... (434) 857-0020
Forest .......... (434) 385-5600
Lovingston ..... (434) 263-5100
Lynchburg ...... (434) 385-5600
Martinsville ..... (434) 385-5600

Curran, Patrick B, OD
Christiansburg ... (540) 382-1731
Lynchburg ...... (434) 237-2100
Roanoke .......... (540) 362-7565
Salem .......... (540) 444-5656
Whitley, Walter O., OD
Carrollton........... (757) 622-2200
Hampton............ (757) 622-2200
Norfolk............... (757) 622-2200
Suffolk ............. (757) 622-2200
Virginia Beach ...... (757) 622-2200

Wileox, Peter E., OD
Hayes ............... (804) 642-9800

Williams Jr., James A., OD
Galax................ (276) 236-4171
Williams, James Nathan, OD
Galax................ (276) 236-4122

Wilson, Timothy J., OD
Lynchburg .......... (434) 239-5323

Windham, Lauren G, OD
Blacksburg ......... (540) 552-4573
Rooanoke ........... (540) 992-6768

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### Orthopaedics

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<th>Phone/Address</th>
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<td>Roanoke (540) 981-7128</td>
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<td>Allen, Jr., Benjamin F., MD</td>
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</table>
Galvon, Ronald, MD
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Virginia Hospital - Arlington

Wolfe, Michael W., MD
Roanoke

Wolfe, Shannon M., MD
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Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond

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Woodstock ......... (540) 459-1354
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Shenandoah Memorial Hospital Inc
Winchester Medical Center

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University of Virginia Medical Center

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Henrico.......... (804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Zijerdi, David, MD
Richmond.......... (804) 379-8088

Zimet, Daniel L., MD
Fredericksburg ... (540) 372-3233
Hospital Affiliations:
Mary Washington Hospital
Spotylvania Regional Medical Center
Stafford Hospital Center

Zoller, John H., MD
Richmond.......... (804) 379-8088

Hospital Affiliations:
Winchester Medical Center

Otology

Fishero, Brian A, MD
Midlothian......... (804) 378-7443
Hospital Affiliations:
Bon Secours St Marys Hospital
Henrico Doctors’ Hospital - Forest Campus

Pain Medicine

Aladj, Lawrence John, MD
Virginia Beach .. (757) 373-0104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Albrecht, Eric Jacob, MD
Virginia Beach .. (757) 473-0104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Andrus, Jenny, MD
Newport News .. (757) 596-1900
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Ashcraft, Noel S., DO
Winchester........ (540) 450-0072

Audet, Jr., Robert J., MD
Weyers Cave ..... (540) 234-0080

Baalbaki, Ali H., MD
Hampton........... (757) 827-2230

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Obici Hospital

Badarinath, Suhas, MD
Harrisonburg ....... (540) 433-1905

Bakht, Cyrus E., MD
Roanoke............. (540) 345-4230

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Balint, Virgil, MD
Alexandria.......... (703) 738-4378

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Baylor, George M., MD
Roanoke.......... (540) 444-5670

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Bianchi, Shannon, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Optima Direct Network Providers 5/2019
316

Optima Health
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

Bragg, Winifred, MD  
Chesapeake  (757) 333-3360  
Norfolk  (757) 333-3360  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Bullard, Graham W., MD  
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Hospital Affiliations:  
University of Virginia Medical Center  

Clark, Scott, MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  

Crane, Peter D., MD  
Richmond  (804) 267-6820  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital  

Crichlow, Andrew R, MD  
Christiansburg  (540) 444-5670  
Roanoke  (540) 444-5670  
Salem  (540) 444-5670  
Hospital Affiliations:  
Lewis-Gale Medical Center  

Dailey, James A, MD  
Danville  (434) 793-4711  
Martinsville  (276) 790-3233  

Damian, Daniela, MD  
Charlottesville  (434) 982-6100  
Hospital Affiliations:  
UVA Culpeper Hospital  
University of Virginia Medical Center  

Davis, Jared A, MD  
Fishersville  (540) 932-5747  
Lexington  (540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center  
UVA Culpeper Hospital  

Dawson, Christopher A, MD  
Newport News  (757) 232-8844  

Dixon, Duane, MD  
Christiansburg  (540) 381-2425  
Madison Heights  (434) 528-4640  
Woodlawn  (434) 528-4640  

Dragovich, Anthony L., MD  
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Salem  (540) 444-5670  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Montgomery Regional Hospital  

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Hospital Affiliations:  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
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Hospital Affiliations:  
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Martinsville  (276) 790-3233  
Hospital Affiliations:  
SOVAH Health - Danville  

Friedlis, Mayo, MD  
Alexandria  (703) 738-4378  
Arlington  (703) 738-4380  
Fairfax  (703) 738-4381  
Harrisonburg  (540) 434-1759  
Haymarket  (703) 738-4384  
Lynchburg  (703) 914-8000  
Reston  (703) 738-4335  
Roanoke  (540) 345-4230  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital  

Gauthier, Michael E, MD  
Virginia Beach  (757) 464-2006  
Hospital Affiliations:  
Bon Secours DePaul Medical Center  

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Virginia Beach  (757) 473-0104  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

Gershon, Steven L., MD  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Virginia Beach General Hospital  

Goldstein, Robert B., MD  
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Gopal, Alok, MD  
Front Royal  (540) 551-5564  
Philomont  (540) 751-0751  
Winchester  (540) 536-8700  
Hospital Affiliations:  
Winchester Medical Center  

Greer, Kevin C, MD  
Harrisonburg  (540) 434-1664  
Hospital Affiliations:  
Sentara RMH Medical Center  

Grice, Derald P., MD  
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Hospital Affiliations:  
University of Virginia Medical Center  

Hamill-Ruth, Robin J., MD  
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Hospital Affiliations:  
University of Virginia Medical Center  

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Fairfax  (703) 738-4381  
Harrisonburg  (540) 434-1759  
Haymarket  (703) 738-4384  
Landsdowne  (703) 914-8000  
Lynchburg  (434) 846-9170  
Manassas  (703) 738-4375  
Reston  (703) 738-4335  

Henick, James H., MD  
Alexandria  (757) 547-5145  

Hess, Christopher J., MD  
Elkton  (540) 298-1200  
Harrisonburg  (540) 689-4500  
Staunton  (540) 213-6700  
Hospital Affiliations:  
Sentara RMH Medical Center  

Holland, Matthew, MD  
Alexandria  (703) 738-4378  
Arlington  (703) 738-4380  
Charlottesville  (434) 234-4910  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  

Holzer, Donald, MD  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center  

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Hospital Affiliations:  
University of Virginia Medical Center  

Ishenower, Matthew W., MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Johnson, Sheryl L., MD  
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Hospital Affiliations:  
University of Virginia Medical Center  

Johnson, Steven C., MD  
Virginia Beach  (757) 473-0104  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Johnson-Williams, Tara C., MD  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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Harrisonburg  (540) 434-1759  
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McLean  (703) 738-4342  
Reston  (703) 738-4335  

Optima Direct Network Providers 5/2019 317
Specialists - Tier 1

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Chester ......... (804) 715-4709
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Sentara Norfolk General Hospital
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Kipp, Amy S., MD
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Harrisonburg ..... (540) 434-1759
Hospital Affiliations: Sentara Martha Jefferson Hospital

Kohan, Lynn, MD
Kihlstrom, Laura J., MD
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Hospital Affiliations: Sentara Leigh Hospital

Kwock, John F, MD
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Hospital Affiliations: University of Virginia Medical Center

Ko, John F, MD
Charlottesville ... (434) 243-5676
Hospital Affiliations: University of Virginia Medical Center

Lakhan, Shaheen E, MD
Roanoke ......... (540) 224-5170
Hospital Affiliations: Carilion Roanoke Memorial Hospital

Lin, Qi, MD
Hampton......... (757) 827-2220
Virginia Beach .... (757) 507-1660
Hospital Affiliations: Sentara Martha Jefferson Hospital

Long, Stephen P., MD
Richmond........ (804) 288-7246

Lu, Yaohua, MD
Lexington....... (540) 458-3344
Pearsburg ......... (540) 921-6000
Roanoke .......... (540) 981-7000
Rocky Mount ..... (540) 483-5377
Hospital Affiliations: Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Mahboobi, Ramatia, MD
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Arlington ....... (703) 738-4380
Centreville ....... (703) 738-4339
Fairfax .......... (703) 914-8000
Harrisonburg ..... (540) 434-1759
Haymarket ....... (703) 738-4384
Lansdowne ....... (703) 738-4344
Lynchburg ....... (434) 846-9170

Manasses ......... (703) 738-4375
McLean .......... (703) 738-4342
Reston ......... (703) 738-4335
Manning, Donald, MD
Charlottesville ... (434) 924-5581
Hospital Affiliations: University of Virginia Medical Center

Mazzeo, Frank J., MD
Charlottesville ... (434) 924-2283
Hospital Affiliations: University of Virginia Medical Center

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Hospital Affiliations: Sentara Martha Jefferson Hospital

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Hospital Affiliations: Sentara Levi Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations: University of Virginia Medical Center

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Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Mendez, Robert J., MD
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Hospital Affiliations: Sentara Martha Jefferson Hospital

Messinger, Richard B., MD
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Hospital Affiliations: Sentara Martha Jefferson Hospital
University of Virginia Health Sciences Center

Morton, Willie A., MD
Virginia Beach .... (757) 473-0104
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Moses, Benjamin A., MD
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Hospital Affiliations: University of Virginia Medical Center

Murphy, Stephen P., MD
Virginia Beach .... (757) 473-0055
Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Nazmi, Peyman, MD
Midlothian....... (804) 378-1800
Hospital Affiliations: Chippenham Medical Center/Johnston-Williams Hospital
Henrico Doctors' Hospital - Retreat Campus

Newman, Mark W., DO
Newport News ... (757) 872-7030
Williamsburg..... (757) 258-2561
Hospital Affiliations: Bon Secours Mary Immaculate Hospital

Nguyen, Maria N., MD
Virginia Beach ..... (757) 507-0600
Hospital Affiliations: Shenandoah Memorial Hospital

O'Neal, Jonathan F., MD
Woodstock ......... (540) 459-4021
Hospital Affiliations: Sentara Martha Jefferson Hospital

Patel, Ketan B., MD
Alexandria...... (703) 738-4378
Arlington ......... (703) 738-4380
Centreville ....... (703) 738-4339
Fairfax ............ (703) 914-8000
Harrisonburg ..... (540) 434-1759
Haymarket ....... (703) 738-4384
Lansdowne ....... (703) 738-4344
Lynchburg ....... (434) 846-9170
Manasses ......... (703) 738-4375
McLean .......... (703) 738-4342
Reston ......... (703) 738-4335

Pess, Michael J, MD
Winchester ...... (540) 450-0072
Hospital Affiliations: Winchester Medical Center

Potter, Jennifer V., MD
Charlottesville ... (434) 924-2283
Hospital Affiliations: University of Virginia Medical Center

Powers, Tonya Kim, MD
Galax .......... (276) 238-3558
Hospital Affiliations: Lonesome Pine Hospital
Twin County Regional Hospital

Protopapas, Marina, DO
Alexandria...... (703) 738-4378
Arlington ......... (703) 738-4380
Centreville ....... (703) 738-4339
Fairfax ............ (703) 738-4331
Harrisonburg ..... (540) 434-1759
Haymarket ....... (703) 738-4384
Lansdowne ....... (703) 738-4344
Lynchburg ....... (434) 846-9170
Manasses ......... (703) 738-4375
McLean .......... (703) 738-4342

Rast ............. (703) 738-4335
Hospital Affiliations: Inova Alexandria Hospital
Inova Fairfax Hospital

Repeal, Akhtar, MD
Charlottesville ... (434) 328-2774
Hospital Affiliations: Centra Lynchburg General Hospital
Sentara RMH Medical Center

Raju, Tejal, MD
Roanoke ......... (540) 777-0090
Hospital Affiliations: Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Rao, Sudhir R., MD
Harrisonburg ..... (540) 433-1905
Hospital Affiliations: Sentara RMH Medical Center

Renda, Paul V., MD
Virginia Beach .... (757) 473-0104
Hospital Affiliations: Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Rich, Thomas J., MD
Norfolk ......... (757) 473-0104
Hospital Affiliations: Sentara Virginia Beach General Hospital

Romanoff, Mark E., MD
Norfolk .......... (757) 455-8887

Rosa, Migueal A., MD
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Rosquist, Sarah L., MD
Charlottesville ... (434) 924-2283
Hospital Affiliations: University of Virginia Medical Center

Rowlingson, John, MD
Charlottesville ... (434) 924-5581

Ruiz, Jr., Abeldro A., MD
Norfolk .......... (757) 473-0104

Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Russo-Stringer, Elizabeth A., MD
Charlottesville ... (434) 924-2283

Hospital Affiliations: Carilion Roanoke Memorial Hospital

Saleby, Manhal, MD
South Hill ...... (434) 584-2273

Saleh, Islam A, MD
Farmville ...... (434) 315-2914
Lynchburg ...... (434) 200-4175

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Siddiqui, Rasheed A., MD
University of Virginia Medical Center

Seeman, Benjamin, MD
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Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Schlossberg, Matthew L., MD
Virginia Beach.. (757) 395-6450
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Siddiqui, Talha, MD
Alexandria........ (571) 257-9580
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Soterpoulos, Costa, MD
Alexandria........ (703) 738-4342
Hospital Affiliations:
University of Virginia Health Sciences Center

Sowers, William, MD
Norfolk........... (757) 473-0104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sureja, Raj. N., MD
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Sutton, Thomas G, MD
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Hospital Affiliations:
Virginia Beach.. (757) 473-0104

Ton, Martin V., MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Toussy, Ruzbeh, DO
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Hospital Affiliations:
Augusta Medical Center

Ung, Chheany W., MD
Alexandria........ (703) 738-0700
Roanoke ........... (540) 777-0090
Rocky Mount .... (540) 483-3678
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Van Osten, George, MD
Front Royal ...... (540) 551-5564
Philmont .......... (540) 751-0751
Winchester ...... (540) 931-0400
Hospital Affiliations:
Winchester Medical Center

Verfurth, Francis, MD
Norfolk.......... (757) 738-0104
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Wagner, Robert, MD
Alexandria....... (703) 738-4332
Arlington......... (703) 738-4336
Fairfax .......... (703) 738-4331
Frederickburg .. (703) 368-3917
Harrisonburg ... (540) 434-1759
Hampton ....... (703) 738-4384
Lynchburg ...... (703) 738-4335
Hospital Affiliations:
Inova Alexandria Hospital

Walker, Clayton L., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ward, Charles A., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Warren, Brian, MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Sentara Virginia Beach General Hospital

Zhu, Xiaoying, MD
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Hospital Affiliations:
University of Virginia Medical Center

Zoll, Ross H., MD
Virginia Beach .. (757) 473-0104
Hospital Affiliations:
University of Virginia Medical Center

--- Palliative Medicine ---

Barclay, Joshua S., MD
Charlottesville ... (434) 243-6361
Hospital Affiliations:
University of Virginia Medical Center

Blackhall, Leslie, MD
Charlottesville ... (434) 243-5730
Hospital Affiliations:
University of Virginia Medical Center

Boothe, Virginia, MD
Glen Allen....... (804) 893-8627
Midlothian....... (804) 288-2673
Richmond........ (804) 266-2222
Hospital Affiliations:
Bon Secours St. Marys Hospital

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Richmond........ (804) 288-2673
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennam Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sentara Martha Jefferson Hospital
Spotsylvania Regional Medical Center

Friedman, Loren L., MD
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Hospital Affiliations:
Virginia Hospital Center - Arlington

Galicia-Castillo, Marissa C., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gamaluddin, Shereen A., MD
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Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Griswold, Steven, MD
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Portsmouth: (757) 869-7858

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Rappahannock General Hospital

Huffman, Grace, MD
Winchester: (540) 536-5123

Hospital Affiliations:
- Winchester Medical Center

Jennings, Cara, MD
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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

Jitaru, Amaris I., MD
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Hospital Affiliations:
- Augusta Medical Center

Keebs, Amanda J., MD
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Hospital Affiliations:
- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

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- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

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Blackstone: (434) 292-5301
Brookneal: (434) 376-3717
Christiansburg: (540) 731-2531
Martinsville: (276) 632-7146
Rich Creek: (540) 726-2328

Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Alleghany
- Carilion Roanoke Valley Medical Center
- Carilion Roanoke Memorial Hospital

Columbia Palaski Community Hospital d/b/a LewisGale Palaski
Levis-Gale Medical Center
Montgomery Regional Hospital d/b a LewistGale Montgomery

McManus, Patrick J., MD
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Hospital Affiliations:
- Mary Washington Hospital (MWH)

Mehta, Amberleen K., MD
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Hospital Affiliations:
- University of Virginia Medical Center

Morel, Thomas Devon, MD
Roanoke: (540) 981-7653

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Morris, Deborah A, MD
Norfolk: (757) 446-7040

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

Narayana, MD
Vcu Health System/MCV

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Hospital Affiliations:
- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Raghavan Reddiar, Vidya

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- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

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Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Hospital Affiliations:
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- Bon Secours Maryview Medical Center

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- Sentara RMH Medical Center

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- University of Virginia Medical Center

Tanni, Leanne, MD

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Hospital Affiliations:
- Sentara RMH Medical Center

Zhang, Sherry, MD
Richmond: (804) 266-2222

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Zimmerman, Tracy A., MD
Charlottesville: (434) 243-6361

Hospital Affiliations:
- University of Virginia Medical Center

Pathology

Jacob, Lionel, MD
Chesapeake: (757) 547-0798

Hospital Affiliations:
- Chesapeake Regional Medical Center

Ped Spec - Labor and Delivery

Cronin, Julia A., MD
Chesapeake: (757) 668-8255

Hospital Affiliations:
- Chesapeake Regional Medical Center

Pediatric Allergy & Immunology

Ang-Alhadeff, Angela, MD
Roanoke: (540) 985-9835

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Rais, Muhammad, MD
Colonel Heights: (804) 308-2863

Hospital Affiliations:
- Children's Hospital of the King's Daughters
Farnville
Gretna.......... (434) 656-1717
Lynchburg.......... (434) 200-5252
Moneta

Hospital Affiliations: 
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Vance, Michael S., MD
Chesapeake ...... (757) 668-7584
Norfolk.......... (757) 668-2313
Richmond ...... (804) 285-1611
Virginia Beach .. (757) 668-7214

Hospital Affiliations: 
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Vergales, Jeffrey E., MD
Charlottesville ... (434) 924-2201

Culpeper.......... (540) 829-1919

Hospital Affiliations: 
University of Virginia Medical Center

Whitley, Herbert, MD
Christiansburg
Danville
Lexington
Lynchburg
Martinsville ...... (276) 634-4400
Pearsburg .......... (540) 921-6000
Roanoke
Rocky Mount .... (540) 484-4800

Hospital Affiliations: 
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Pediatric Critical Care

Anjea, Rajesh, MD
Charlottesville ... (434) 924-5321

Hospital Affiliations: 
UVA Culpeper Hospital
University of Virginia Medical Center

Pandey, Rahul, MD
Roanoke .......... (540) 981-7000

Hospital Affiliations: 
Carilion Roanoke Memorial Hospital

Spaeder, Michael C, MD
Charlottesville ... (434) 982-1707

Hospital Affiliations: 
University of Virginia Medical Center

Pediatric Dermatology

Burden, Julia G, MD
Chesapeake ...... (757) 668-8922
Norfolk.......... (757) 668-8922
Suffolk .......... (757) 668-8922
Virginia Beach .. (757) 668-8922

Hospital Affiliations: 
Children's Hospital of the King's Daughters

Williams, Judith V., MD
Chesapeake

Newport News
Norfolk.......... (757) 668-8922
Virginia Beach

Hospital Affiliations: 
Children's Hospital of the King's Daughters

Pediatric Developmental

Aiello, III, Frank, MD
Norfolk.......... (757) 668-7473
Virginia Beach .. (757) 456-0505

Hospital Affiliations: 
Children's Hospital of the King's Daughters

Anderson, Susan Margaret, MD
Charlottesville ... (434) 924-5161

Brennan, Teresa, MD
Lynchburg ...... (434) 845-8765

Hospital Affiliations: 
Children's Hospital of the King's Daughters

DeBoer, Mark D., MD
Charlottesville ... (434) 924-9144

Hospital Affiliations: 
University of Virginia Medical Center

Demartini, Susan M., MD
Charlottesville ... (434) 243-4646

Hospital Affiliations: 
University of Virginia Medical Center

Gyuricsko, Eric O., MD
Norfolk.......... (757) 668-7237

Hospital Affiliations: 
Children's Hospital of the King's Daughters

Kerkering, Kathryn, MD
Roanoke .......... (540) 224-4520

Logan, Ashley F., MD
Charlottesville ... (434) 924-5272

Hospital Affiliations: 
University of Virginia Medical Center

Newmeyer, Amy J., MD
Norfolk.......... (757) 668-7473
Virginia Beach

Hospital Affiliations: 
Children's Hospital of the King's Daughters

Norwood Jr, Kenneth W., MD
Charlottesville ... (434) 924-5272

Hospital Affiliations: 
University of Virginia Medical Center

Pineda, Michele C.M., MD
Roanoke .......... (540) 224-4520

Scharf, Rebecca J., MD
Charlottesville ... (434) 924-2435

Hospital Affiliations: 
University of Virginia Medical Center

Stevenson, Richard D., MD
Charlottesville ... (434) 924-5272

Pediatric Endocrinology

Burt Solorzano, Christine M., MD
Charlottesville ... (434) 924-9144

Hospital Affiliations: 
University of Virginia Medical Center

Cuttriss, Nicolas L., MD
Roanoke .......... (540) 224-4445

Hospital Affiliations: 
Carilion Roanoke Memorial Hospital

DeBoer, Mark D., MD
Charlottesville ... (434) 924-9144

Hospital Affiliations: 
University of Virginia Medical Center

Demartini, Susan M., MD
Charlottesville ... (434) 243-4646

Hospital Affiliations: 
University of Virginia Medical Center

Optima Direct Network Providers 5/2019 322
Specialists - Tier 1

Roanoke .......... (540) 224-4445
Hospital affiliations:
Carilion Roanoke Memorial Hospital

Kochummen, Elana, MD
Richmond......... (804) 287-7322
Hospital affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Mason, Kelly A, MD
Charlottesville... (434) 924-5272
Hospital affiliations:
University of Virginia Medical Center

McDuffie, Marcia J., MD
Kochummen, Elna, MD
Rogol, Alan D., MD
Reifschneider, Kent, MD
Penn, Melinda M, MD
Charlottesville... (434) 924-9144
University of Virginia Medical Hospital Affiliations:
Community Hospital

Penn, Melinda M, MD
Charlottesville... (434) 924-9144
University of Virginia Medical Hospital Affiliations:
Richmond.......... (804) 287-7322

Hospital affiliations:
Carilion Roanoke Memorial Hospital

Chesapeake ....... (757) 623-0526
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Virginia Beach .. (757) 668-7237
Hospital affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Schoelwer, Melissa J., MD
Charlottesville... (434) 924-5272
Hospital affiliations:
University of Virginia Medical Center

Thomas, Mareen E., MD
Charlottesville... (434) 243-5500
Hospital affiliations:
University of Virginia Medical Center
VCU Health System/MCV

Tintani, Frances, MD
Richmond......... (804) 287-7322
Hospital affiliations:
Bon Secours St. Marys Hospital

Pediatric ENT (Otolaryngology)

Darrow, David, MD
Norfolk............ (757) 668-9327
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Shroyer, Michael N., MD
Norfolk............ (757) 668-9327
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Deutsch, Brian D., MD
Norfolk............ (757) 668-9327
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sinacori, John T., MD
Norfolk......... (757) 623-0526
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Strasnick, Barry, MD
Norfolk............ (757) 668-9327
Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pediatric Gastroenterology

Atay, Orhan K., MD
Norfolk......... (757) 668-9222
Hospital affiliations:
Children's Hospital of the King's Daughters
Barnes, Barrett H., MD
Charlottesville... (434) 924-2457
Hospital affiliations:
University of Virginia Medical Center

Borowitz, Stephen M, MD
Charlottesville... (434) 924-2457
Norfolk.......... (757) 678-3950
Cordle, Richard A, MD
Martinsville...... (276) 670-3300

Gabriel, Candice, MD
Norfolk......... (757) 668-7456
Garin-Laflam, Monica Paz, MD
Christiansburg... (540) 985-9832
Rooane............... (540) 985-9832

Hospital affiliations:
Carilion Roanoke Memorial Hospital

Hayes, Christopher E, MD
Midlothian......... (804) 739-6142
Richmond......... (804) 281-8303

Hospital affiliations:
Bon Secours St. Marys Hospital

Konikoff, Michael, MD
Norfolk......... (757) 668-7240

Hospital affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital

Mendoza, Michael V, MD
Charlottesville... (434) 924-2457
Hospital affiliations:
University of Virginia Medical Center

Middleton, Jeremy P., MD
Charlottesville... (434) 924-2457

Hospital affiliations:
University of Virginia Medical Center

Moore, Sean R., MD
Charlottesville... (434) 924-2457

Olagazagi, Juan C., MD
Lynchburg......... (434) 386-4106
Martinsville

Rountree, Carl B., MD
Midlothian......... (804) 739-6142
Richmond......... (804) 281-8303

Hospital affiliations:
Bon Secours St. Marys Hospital

Russell, Melissa L., MD, PHD
Norfolk......... (757) 668-7237

Satin-Smith, Marta S., MD
Newport News.. (757) 668-7237
Norfolk......... (757) 668-7237

Virginia Beach .. (757) 668-7237
Hospital affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Wright, Emily J., MD
Charlottesville... (434) 243-5500
Hospital affiliations:
University of Virginia Medical Center

VCU Health System/MCV

White, Susan W., MD
Charlottesville... (434) 924-2457
Hospital affiliations:
University of Virginia Medical Center

VCU Health System/MCV

Yorktown, (757) 873-5500
Hospital affiliations:
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters

Zepeda, Robert, MD
Charlottesville... (434) 924-2457
Hospital affiliations:
University of Virginia Medical Center

VCU Health System/MCV
Squires, James E., MD
Charlottesville... (434) 924-0123
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Squires, Robert H., MD
Charlottesville... (434) 924-0123
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Sutphen, James L., MD
Charlottesville... (434) 924-2457

Syed, Sana, MD
Charlottesville... (434) 982-1707
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Tsou, V. Marc, MD
Chesapeake...... (757) 668-7240
Norfolk............ (540) 981-7376
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Williams, Ted A., MD
Richmond......... (804) 893-8610
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Bon Secours Mary Immaculate Hospital
Bon Secours Mary Immaculate Hospital

Yokois, Nancy, MD
Norfolk............ (757) 668-7240

Pediatric Genetics

Braddock, Stephen R., MD
Charlottesville... (434) 924-2665

Humberston, Jennifer B., MD
Charlottesville... (434) 924-2665
Hospital Affiliations:
University of Virginia Medical Center

Meadows, Teresa, MD
Norfolk............ (757) 668-9723
Hospital Affiliations:
Children's Hospital of the King's Daughters

Wilson, William G., MD
Charlottesville... (434) 924-2665
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Pediatric Hematology/ Oncology

De Alarcon, Pedro A., MD
Charlottesville... (434) 924-8499

Druzgal, Colleen L., MD
Charlottesville... (434) 924-8499
Hospital Affiliations:
University of Virginia Medical Center

Dunmore, Kimberly P., MD
Charlottesville... (434) 924-8499
Roanoke........... (540) 981-7376

Edwards, Erin L., MD
Charlottesville... (434) 924-8499

Fernandes, Violet M., MD
Charlottesville... (434) 924-8499

Lee III, Daniel W., MD
Charlottesville... (434) 924-8499
Hospital Affiliations:
University of Virginia Medical Center

Low, Eric J., MD
Norfolk............ (757) 668-7243
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Moses, Emily S., MD
Charlottesville... (434) 243-5500

Haymarket...... (571) 284-3180
Hospital Affiliations:
University of Virginia Medical Center

Owen, William C., MD
Norfolk............ (757) 668-7243
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Pegram, Linda D. MD
Charlottesville... (757) 668-7243
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Petersen, Jr, William Carl, MD
Charlottesville... (434) 924-8499
Hospital Affiliations:
University of Virginia Medical Center

Riegler, Lara L., MD
Charlottesville... (434) 243-5500
Haymarket...... (571) 284-3180
Hospital Affiliations:
University of Virginia Medical Center

Pediatric Infectious Disease

Cunnion, Kenji M., MD
Norfolk............ (757) 668-7238
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Fisher, Randall G., MD
Norfolk............ (757) 668-7238
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Mitchell, Douglas K., MD
Norfolk............ (757) 668-7238
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sass, Laura A., MD
Norfolk............ (757) 668-7238
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Pediatric Intensive Care/ Critical Care

Carver, Deborah J., MD
Charlottesville... (434) 924-1707

Cholis, Thomas J., MD
Norfolk............ (757) 668-7007
Hospital Affiliations:
Children's Hospital of the King's Daughters

Crain, Noreen, MD
Charlottesville... (434) 924-1707

Dhillon, Jasvinder S, MD
Richmond......... (804) 281-8222
Hospital Affiliations:
Bon Secours St. Marys Hospital
St. Mary's Hospital of Richmond

Durbin, Darcy Michelle, MD
Roanoke........... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Falkos, Sheryl, MD
Roanoke........... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Frank, Deborah U., MD
Charlottesville... (434) 982-1707
Hospital Affiliations:
University of Virginia Medical Center

Haizlip, Julie Ann, MD
Charlottesville... (434) 982-1707
Hospital Affiliations:
University of Virginia Medical Center

Iqbal O'Meara, Alia Marie, MD
Norfolk............ (757) 668-7331
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Iqbal O'Meara, Alia Marie, MD
Charlottesville... (434) 924-1701

Mackey, Daniel J., MD
Charlottesville... (434) 924-2665
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Southampton Memorial Hospital

Mamikonian, Lara, MD
Norfolk............ (757) 668-7331

Pluin, Thomas Arthur, MD
Roanoke........... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Powel, Virginia A., MD
Roanoke........... (540) 224-4545
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Ruppell, Randall Allen, MD
Roanoke........... (540) 981-7000

Pediatric Nephrology

Barcia, John P, MD
Charlottesville... (434) 924-5321

Culpeper........ (540) 829-1919

Carmony, James B., MD
Norfolk............ (757) 668-7244
Specialists - Tier 1

Charlottesville, Jennifer R., MD  
Charlottesville ... (434) 924-2096
Orn... (540) 661-3025
Hospital Affiliations:  
UVA Health South Rehabilitation Hospital
Chevalier, Robert L., MD  
Charlottesville ... (434) 924-2096
Guelich, Susan Fowler, MD  
Roanoke .......... (540) 344-1400
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital
Norwood, Victoria F., MD  
Charlottesville ... (434) 924-2096
Hospital Affiliations:  
VCU Health System/MCV
Restaino, Irene, MD  
Norfolk ... (757) 668-7244  
Richmond ... (757) 668-7244
Hospital Affiliations:  
Children's Hospital of the King's Daughters

Pediatric Neurology

Alford, Alison, MD  
Richmond .......... (804) 658-5385
Hospital Affiliations:  
Bon Secours St. Marys Hospital
Daba, Mebratu, MD  
Roanoke .......... (540) 985-8147
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital
Enlow, Thomas C, MD  
Chesapeake ...... (757) 668-9920  
Newport News ... (757) 668-9920
Norfolk .......... (757) 668-9920
Suffolk ........... (757) 668-9920
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Frank, Ludwig Matthew, MD  
Chesapeake ...... (757) 668-9920  
Norfolk .......... (757) 668-9920
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Leszczyszyn, David J, MD  
Richmond .... (804) 287-7080
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
Northam, Ralph S., MD  
Chesapeake ...... (757) 668-9920  
Newport News ... (757) 668-9920
Norfolk ............ (757) 668-9920
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Pediatric Ophthalmology

Carter, B. Christian, MD  
Charlottesville ... (434) 295-5193

Pediatric Orthopaedics

Bachmann, Keith, MD  
Charlottesville ... (434) 924-2301
Zion Crossroads (434) 243-9466
Hospital Affiliations:  
University of Virginia Medical Center
Cardelia, James M., MD  
Chesapeake ...... (757) 668-7990
Norfolk .......... (757) 668-6550
Virginia Beach ... (757) 668-7878
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Crepeau, Allison E., MD  
Norfolk .......... (757) 668-6550
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Lather, Leigh, MD  
Charlottesville ... (434) 924-2301
Zion Crossroads (434) 243-9466
Hospital Affiliations:  
University of Virginia Medical Center
Novick, Cara D, MD  
Chesapeake ...... (757) 668-2330
Newport News ... (757) 668-6220
Norfolk .......... (757) 668-6550
Virginia Beach ... (757) 668-2775
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Romness, Mark J., MD  
Charlottesville ... (434) 982-4214  
Culpeper .......... (540) 321-3120
Zion Crossroads (434) 243-9466
Hospital Affiliations:  
University of Virginia Medical Center
St Clair, H. Sheldon, MD  
Charlottesville ... (434) 893-6000
Virginia Beach ... (757) 668-7878
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Pediatric Neurosurgery

Birknes, John, MD  
Norfolk .......... (757) 668-9433
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Dilastro, Joseph F, MD  
Norfolk .......... (757) 668-7717
Virginia Beach ... (757) 668-7990
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Pediatric Pulmonary Medicine

Assefa, Dagnewchew, MD  
Richmond .......... (804) 281-8303
Chocano, Jose F, MD  
Norfolk .......... (757) 668-9466
Hospital Affiliations:  
Children's Hospital of the King's Daughters
Epstein, Cynthia, MD  
Norfolk .......... (757) 668-7426
Hospital Affiliations:  
University of Virginia Medical Center
Garrod, Andrea S., MD  
Charlottesville ... (434) 243-5500
Hospital Affiliations:  
University of Virginia Medical Center
Gaston, Benjamin M., MD  
Charlottesville ... (434) 386-4106
Hospital Affiliations:  
Midlothian .......... (804) 739-6142
Richmond .......... (804) 281-8303
Hospital Affiliations:  
Bon Secours St. Marys Hospital
Muelenaer, Andre A., MD  
Roanoke
Sherman, James Merrill, MD  
Roanoke .......... (540) 985-8230
Shirley, Debbie Ann, MD  
Charlottesville ... (800) 627-8596
Hospital Affiliations:  
University of Virginia Medical Center
Tamez, Joseph, MD  
Lynchburg ... (434) 370-4106  
Roanoke .......... (540) 985-9835
Teague Jr., William Gerald, MD  
Charlottesville ... (434) 924-0408
Hospital Affiliations:  
University of Virginia Medical Center

Optima Direct Network Providers S/2019 325
Specialists - Tier 1

Pediatric Radiology
Gaca, Ana Maria, MD
Charlottesville ... (434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Pediatric Rheumatology
Gabriel, Christos, MD
Norfolk ............ (757) 668-8572
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Patel, Aarat, MD
Charlottesville ... (434) 924-1906
Richmond ........ (804) 217-9601
Hospital Affiliations:
Cabell Huntington Hospital

Pediatric Specialist
Alford, Bennett, MD
Charlottesville ... (434) 924-2781
Hospital Affiliations:
Buchanan General Hospital
University of Virginia Medical Center
Burbridge, Michael J., DO
Roanoke ........... (540) 224-4545
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Cicero, Michael A., MD
Norfolk ............ (757) 668-7456
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Southampton Memorial Hospital
Cronin, Julia A., MD
Chesapeake ...... (757) 668-8255
Newport News .. (757) 668-8255
Norfolk ............ (757) 668-8255
Virginia Beach .. (757) 668-8255
Hospital Affiliations:
Children's Hospital of the King's Daughters
Curd, Lewis H., MD
Norfolk ............ (757) 668-7456
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Die, Jane L., MD
Norfolk ............ (757) 668-7456
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Doherty, Emily Saks, MD
Lynchburg
Roanoke ........... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Drewes, Adam, MD
Norfolk ............ (757) 668-7456
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Faltermann, Mary L., MD
Richmond ........ (804) 285-1611
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sentara Williamsburg Regional Medical Center
Southside Regional Medical Center St. Mary's Hospital
Fine, Bryan R, MD
Norfolk ............ (757) 668-7007
Hospital Affiliations:
Children's Hospital of the King's Daughters
Kees, Donald, MD
Roanoke
Kirshenbaum, Stephen, MD
Norfolk ............ (757) 668-7200
Hospital Affiliations:
Children's Hospital of the King's Daughters
Leazer, Rianna C., MD
Norfolk
Hospital Affiliations:
Children's Hospital of the King's Daughters
Shomaker, Kyrie, MD
Norfolk ............ (757) 668-7007
Hospital Affiliations:
Children's Hospital of the King's Daughters
Slonim, Anthony D., MD
Roanoke ........... (540) 224-4545
Hospital Affiliations:
Children's Hospital of the King's Daughters
Tiffany, Kenneth, MD
Norfolk ............ (757) 668-7456
Hospital Affiliations:
Children's Hospital of the King's Daughters

Pediatric Sports Medicine
Brenner, Joel, MD
Chesapeake
Norfolk
Virginia Beach
Hospital Affiliations:
Children's Hospital of the King's Daughters
Joyce, Aisha, MD
Norfolk ............ (757) 668-7850
Virginia Beach . (757) 668-7850
Hospital Affiliations:
Children's Hospital of the King's Daughters
Smith, David V., MD
Norfolk ............ (757) 668-7850
Virginia Beach . (757) 668-7850

Pediatric Surgery
Cavett, Clinton, MD
Roanoke ........... (540) 985-9812
Hospital Affiliations:
Augusta Medical Center
Children's Hospital of the King's Daughters
Dinsmore, John E., MD
Roanoke ........... (540) 985-9812
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Dewolfe, Melissa A., DO
Norfolk ............ (757) 668-7703
Hospital Affiliations:
Augusta Medical Center
Children's Hospital of the King's Daughters
Duke, Duane S, MD
Charlottesville ... (434) 951-4600
Norfolk ............ (757) 668-7703
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Goretsky, Michael J., MD
Norfolk ............ (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Gosche, John R., MD
Charlottesville ... (434) 951-4600
Hospital Affiliations:
UVA Carilion Hospital
University of Virginia Medical Center
Kane, III, Bartholomew J., MD
Charlottesville ... (434) 982-2796
Hospital Affiliations:
University of Virginia Medical Center
Kapler, Stephanie A, MD
Norfolk ............ (757) 668-7703
Roanoke
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Children's Hospital of the King's Daughters
Kelly, Jr., Robert E., MD
Chesapeake ...... (757) 668-7703
Newport News .. (757) 668-7703
Norfolk ............ (757) 668-7703
Virginia Beach .. (757) 668-7990
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Kuhn, M. Ann, MD
Norfolk ............ (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Lanning, David A., MD
Charlottesville ... (434) 951-4600
Hospital Affiliations:
UVA Carilion Hospital
University of Virginia Medical Center
VCU Health System/MCV
Levin, Daniel E, MD
Charlottesville ... (434) 924-2673
Hospital Affiliations:
University of Virginia Medical Center
McGahren, III, Eugene D., MD
Charlottesville ... (434) 924-5643
McGuire, Margaret M, MD
Norfolk ............ (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters
Optima Direct Network Providers 5/2019 326

Optima Health
Obermeyer, Robert J., MD
Norfolk .......... (757) 668-7703
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Ricea, Jr., Robert L., MD
Norfolk ........... (757) 668-7703
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Children's Hospital of the King's Daughters
Rodgers, Bradley M., MD
Charlottesville ... (434) 243-2673
Daughters
Children's Hospital of the King's
Hospital Affiliations:
Norfolk ............ (757) 668-7703
Sentara Norfolk General Hospital
Daughters
Children's Hospital of the King's
Hospital Affiliations:
Williamsburg .... (757) 668-7878
Virginia Beach .. (757) 668-7878
Chesapeake ...... (757) 668-7878
Sentara Norfolk General Hospital
Sentara Leigh Hospital
Sentara CarePlex Hospital
Center
Chesapeake Regional Medical Hospital
Hospital Affiliations:
Norfolk ............ (757) 333-3360
Centra Virginia Baptist Hospital
Bradley, Scott, MD
Williamsburg .... (757) 873-1554
Hospital Affiliations:
Centra Virginia Baptist Hospital

Pediatric Urology
Horton, Jr., Charles E., MD
Chesapeake ...... (757) 668-7878
Newport News .. (757) 668-7878
Norfolk ............ (757) 668-7990
Virginia Beach ... (757) 668-7878
Williamsburg .... (757) 668-7878
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Upadhyay, Jyoti, MD
Chesapeake ...... (757) 668-7878
Newport News .. (757) 668-7878
Norfolk ............ (757) 668-7866
Virginia Beach ... (757) 668-7878
Williamsburg .... (757) 668-7878
Hospital Affiliations:
Children's Hospital of the King's Daughters

Perinatology
Dennis, Larry G., MD
Roanoke .......... (540) 985-9985
Kerkerling, Kathryn, MD
Charlottesville ... (434) 924-2345
Ramus, Ronald, MD
Fredericksburg ... (540) 741-3260
Hospital Affiliations:
Bon Secours Regional Medical Center
Bon Secours St. Mary's Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center
VCU Health System/MVC
Physical Medicine
Alcantara, David, MD
Portsmouth ...... (757) 397-6930
Suffolk ................ (757) 538-0102
Hospital Affiliations:
Bon Secours Maryview Medical Center
Alfano, Alan P., MD
Charlottesville ... (434) 243-4717
Allen, John, DO
Portsmouth ...... (757) 399-0759
Hospital Affiliations:
Bon Secours Maryview Medical Center
Amalfitano, Joseph L., DO
Charlottesville ... (434) 243-5622
Hospital Affiliations:
University of Virginia Medical Center
Andrus, Jenny, MD
Newport News .. (757) 596-1900
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Arora, Reeta M., MD
Portsmouth ...... (757) 397-6930
Suffolk .............. (757) 538-0102
Hospital Affiliations:
University of Virginia Medical Center
Ashtargi, Heather L., MD
Charlottesville ... (434) 243-5600
Hospital Affiliations:
University of Virginia Medical Center
Babcock, Mariapaz, DO
Great Falls .......... (844) 927-8487
Baddar, Nader T., MD
Hampton ............ (757) 825-1100
Balint, Virgil, MD
Alexandria ...... (703) 738-4378
Arlington ...... (703) 738-4336
Fairfax .............. (703) 914-8000
Harrisonburg ..... (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg .......... (703) 738-4384
McLean ............... (703) 738-4342
Buck, Derek S., MD
Blacksburg ........ (540) 552-7133
Bluefield .......... (540) 552-7133
Budampati, Suneetha, MD
Alexandria ...... (703) 914-8000
Arlington ...... (703) 738-4380
Fairfax .............. (703) 914-8000
Harrisonburg ..... (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg .......... (703) 738-4384
Reston ............... (703) 738-4342
Canvin, Joseph, MD
Roanoke .......... (540) 981-7925
Vinton ............... (540) 265-6950
Carter, Jennifer, DO
Winchester ...... (540) 536-5121
Hospital Affiliations:
Winchester Medical Center
Caruso, Thomas, DO
Roanoke ........... (540) 981-7925
Vinton ............... (540) 265-6950
Chapman, Trevor O., MD
Lynchburg ....... (434) 845-6664
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Cherrick, Abraham, MD
Alexandria ...... (703) 914-8000
Harrisonburg ..... (703) 914-8000
Reston ............... (703) 914-8000
Hospital Affiliations:
University of Virginia Medical Center
Cherrick, Danielle, MD
Arlington ......... (703) 914-8000
Haymarket .......... (703) 914-8000
Reston ............... (703) 914-8000
Choi Baker, Nina E., MD
Charlottesville ... (434) 243-5622
Hospital Affiliations:
University of Virginia Medical Center
Clanton, Samuel, MD
Midlothian ........ (804) 764-1001
Hospital Affiliations:
Sheltering Arms Rehabilitation Hospital
Collier, Ethan B, DO
Blacksburg ........ (540) 443-3832
Condit, Brian E., MD
Marion .......... (276) 378-2021
Covington, Chris, DO
Chris Johnnsburg ... (703) 731-2000
Roanoke .......... (540) 981-7925
Vinton ............... (540) 265-6950
Dade, Rodney, MD
Alexandria ...... (703) 738-4378
Arlington ...... (703) 738-4380
Centreatre
Fairfax .............. (703) 560-8280
Harrisonburg ..... (540) 434-1759
Haymarket .......... (703) 738-4384
Lynchburg .......... (434) 846-9170
McLean ............... (703) 738-4342
Optima Direct Network Providers 5/2019

328

Specialists - Tier 1

Reston ............... (703) 738-4335
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Davis, Rae, MD
Alexandria....... (703) 738-4332
Centreville
Fairfax............. (703) 560-8280
Fredericksburg .. (540) 368-3917
Haymarket........... (703) 738-4384
Hermndon .......... (703) 738-4336

DeGuzman, Maria R., MD
Norfolk............. (757) 446-5915
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Delisser, Kemesha, MD
Alexandria....... (703) 738-4332
Arlington.......... (703) 738-4380
Centreville
Fairfax............. (703) 914-8000
Fredericksburg .. (540) 368-3917
Harrisonburg.... (540) 434-1759
Haymarket.......... (703) 738-4384
Lansdowne
 Lynchburg......... (434) 846-9170
Reston ............. (703) 738-4335
Woodbridge

Dervay, JoAnn W., MD
Norfolk............. (757) 321-3300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Diamond, Paul T., MD
Charlottesville... (434) 243-5600

Doss III, William L., MD
Portsmouth...... (757) 397-1201
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours St. Marys Hospital
Centra Virginia Baptist Hospital

Ellis, Dorothea H, MD
Roanoke.......... (540) 725-1226
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Essaff, David, DO
Winchester........ (540) 536-5121
Hospital Affiliations:
Chippenham Medical Center/ Johnston-Willis Hospital
Winchester Medical Center

Friedlis, Mayo, MD
Alexandria........ (703) 738-4378
Arlington.......... (703) 738-4380
Fairfax............. (703) 560-8280
Harrisonburg.... (540) 434-1759
Haymarket.......... (703) 738-4384
Lynchburg.......... (703) 914-8000
Roanoke .......... (540) 345-4230
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Gershon, Steven L., MD
Virginia Beach .. (757) 496-2050
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital

Gilbaltto, Charles Matthew, MD
Mechanicsville... (804) 730-2121
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Gordon, Assaf, MD
Alexandria........ (703) 738-4378
Arlington.......... (703) 738-4336
Fairfax............. (703) 738-4331
Fredericksburg .. (540) 368-3917
Harrisonburg.... (540) 914-8000
Haymarket.......... (703) 738-4384
Lynchburg.......... (434) 846-9170
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Grewal, Rabeeb, MD
Roanoke.......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Grice, Darlinda M., MD
Charlottesville... (434) 243-0075
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Grice, Gerald P., MD
Charlottesville... (434) 243-5600
Louisa............. (540) 967-2011
Hospital Affiliations:
University of Virginia Medical Center

Gu, Yaoming, MD
Alexandria........ (703) 738-4378
Arlington.......... (703) 738-4380
Fairfax............. (703) 914-8000
Glen Allen.......... (804) 270-7262
Harrisonburg.... (703) 914-8000
Haymarket.......... (703) 738-4384
Henrico............ (804) 270-1305
Hermndon........... (703) 914-8000
Lynchburg.......... (703) 914-8000
Richmond........... (804) 213-2390
Hospital Affiliations:
St. Mary's Hospital of Richmond

Gyspon, Ward G., MD
Charlottesville... (434) 243-5600
Hospital Affiliations:
University of Virginia Medical Center

Halpert, Daniel, DO
Richmond.......... (804) 213-2390
Hospital Affiliations:
VA Chattanooga Hospital

Hamby, Donald L, DO
Richmond.......... (804) 330-0303

Hawkins, Hillary S., MD
Mechanicsville... (804) 342-4300
Midlothian.......... (804) 378-6007

Hiscox, Christopher J., MD
Elkton.............. (540) 298-1200
Hospital Affiliations:
Chippenham Medical Center/ Johnstone-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Hoff, Jeremy J., DO
Alexandria......... (757) 496-2050
Hospital Affiliations:
Sentara RMH Medical Center

Hryanik, David J., MD
Charlottesville... (434) 243-5688
Hospital Affiliations:
University of Virginia Medical Center

Huerta, Joyce, MD
Lynchburg......... (434) 485-8500

Ingram, Michael J., MD
Charlottesville... (434) 243-5600
Hospital Affiliations:
University of Virginia Medical Center

Ishigami, Shoji, MD
Richmond........... (804) 330-0303

Jackson, Theresa, MD
Portsmouth........ (757) 397-6930
Suffolk................ (757) 538-0102

Jenkins, Jeffrey G, MD
Charlottesville... (434) 243-5600
Hospital Affiliations:
University of Virginia Medical Center

Jennings, Cara, MD
Richmond........... (804) 288-2673
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Joiner, Jr., Murray E., MD
Lynchburg.......... (434) 845-6664
Roanoke .......... (540) 772-9153
Hospital Affiliations:
Lewis-Gale Medical Center

Jones, Aaron, MD
Mechanicsville .. (804) 342-4300
Midlothian.......... (804) 342-4300

Jones, Darlene L, DO
Roanoke.......... (540) 725-1226
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jones, Jr., Albert M., MD
Mechanicsville .. (804) 342-4300
Midlothian.......... (804) 378-6007

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Kasmer, Mark E., MD
Roanoke.......... (540) 591-9456
Salen................ (540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Kayota, Stephen W., MD
Virginia Beach .. (757) 762-2000
Hospital Affiliations:
Sentara Virginia Beach General Hospital

OptimaDirectNetworkProviders5/2019

328
Keenan, Geoffrey Scott, MD
Charlottesville... (434) 654-5575

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Kelleher, Nicole C., MD
Charlottesville... (434) 924-9333

Hospital Affiliations:
University of Virginia Medical Center

Kerje, Teresa, MD
Richmond.......... (804) 342-4300

Hospital Affiliations:
Virginia Beach .. (757) 507-1660
Sentara Virginia Beach General Hospital
Sentara Princess Anne Hospital

Lagosky, Suzanne, DO
Henrico.......... (804) 270-1305

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Sentara Obici Hospital

Levi, David S, MD
Virginia Beach .. (757) 490-4802

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital

Leyton, Matthew N., MD
Virginia Beach .. (757) 363-6900

Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Lin, George C, DO
Virginia Beach .. (757) 507-1660

Hospital Affiliations:
Sentara Princess Anne Hospital

Littana, Maria Christina Rey, MD
Richmond......... (804) 342-4300

Lunsford, Christopher D, MD
Charlottesville... (434) 243-5622

Hospital Affiliations:
University of Virginia Medical Center

Mader, Jon, MD
Leesburg......... (703) 840-0665

McCready, Bradley, DO
Blacksburg....... (540) 443-7180

McNeary, Lydia L., MD
Roanoke......... (540) 725-1226

Medina-Bravo, Angel A, MD
Charlottesville... (434) 243-4015

Miller, Susan Apperson, MD
Charlottesville... (434) 243-5600
Culpeper......... (540) 829-1919

Mowery, Deborah T., MD
Roanoke......... (540) 283-3660

Hospital Affiliations:
Lewis-Gale Medical Center

Nichols, Jerome Tak, MD
Roanoke......... (540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Nock, Bonnie J., DO
Chesapeake...... (757) 422-2966
Norfolk........... (757) 351-6038
Virginia Beach... (757) 422-2699

Hospital Affiliations:
Virginia Beach General Hospital

Panchang, Preeti, MD
Front Royal...... (540) 635-0820
Winchester....... (540) 536-5121

Hospital Affiliations:
Winchester Medical Center

Patel, Milan A., DO
Roanoke......... (540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pavan, Jay, MD
Colonial Heights (804) 526-5888

Hospital Affiliations:
John Randolph Medical Center
VCU Health System/MCV

Pennington, Tracey, MD
Virginia Beach .. (757) 962-2121

Pezzella, Nickolas, MD
Portsmouth....... (757) 397-6930
Suffolk........... (757) 673-5680

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Protopapas, Marina, DO
Alexandria..... (703) 738-4378

Arlington....... (703) 738-4336
Centreville..... (703) 738-4339
Fairfax......... (703) 738-4331

Harrisonburg.... (540) 434-1759
Haymarket....... (703) 738-4384
Lansdowne........ (703) 738-4344
Lynchburg....... (434) 846-9170
Manassas......... (703) 738-4375
McLean............... (703) 738-4342
Reston............... (703) 738-4335

Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Quidigley-Nevaeres, Antonio, MD
Norfolk........... (757) 477-5915

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Roberts, Eric C., MD
Winchester....... (540) 536-5121

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Winchester Medical Center

Roberts-Awater, Beverly L., DO
Norfolk......... (757) 476-5915

Rubendall, David S, MD
Charlottesville... (434) 243-5600

Hospital Affiliations:
University of Virginia Medical Center

Salata, Kimberly, MD
Winchester....... (540) 536-5123

Hospital Affiliations:
Winchester Medical Center

Saleh, Islam A, MD
Farmville....... (434) 315-2914
Lynchburg....... (434) 200-4175

Samdani, Shaik, MD
Norfolk.......... (804) 270-1305

Hospital Affiliations:
Sentara Leigh Hospital
Daughters
Children's Hospital of the King's Daughters

Sandlerin, James B., MD
Virginia Beach .. (757) 216-4030

Hospital Affiliations:
John Randolph Medical Center
VCU Health System/MCV

Schafer, Robert Michael, DO
Chesapeake...... (757) 422-2966

Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Silver, Timothy, MD
Richmond.......... (804) 342-4300

Hospital Affiliations:
Bon Secours St Francis Medical Center

Slater, John R., MD
Charlottesville... (434) 243-5600

Hospital Affiliations:
University of Virginia Medical Center

Soteropoulos, Costa, MD
Alexandria........ (703) 738-4332

Hospital Affiliations:
Virginia Beach General Hospital

Sotelo, Alex, MD
Chesapeake...... (757) 422-2966

Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Speck, Karen, MD
Richmond......... (804) 342-4300

Hospital Affiliations:
VCU Health System/MCV

Stein, Bernice, MD
Mechanicsville .. (804) 764-1000

Shelton, Cornell J., MD
Richmond.......... (540) 368-7300

Hospital Affiliations:
Mary Washington Hospital (MWH)

Shelton, Jean, MD
Norfolk........... (757) 446-5915

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shoemaker, Rebecca Ryan, MD
Newport News .. (757) 873-1554

Silver, Timothy, MD
Charlottesville... (434) 243-5600

Hospital Affiliations:
Virginia Cancer Institute

Smick, G., MD
Alexandria........ (703) 738-4332

Hospital Affiliations:
Virginia Beach General Hospital

Smith, Jerry N., MD
Portsmouth....... (757) 399-0759

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center

Snyder, John W., MD
Charlottesville... (434) 243-5600

Hospital Affiliations:
University of Virginia Medical Center

Steele, Karen, MD
Richmond......... (804) 342-4300

Hospital Affiliations:
VCU Health System/MCV

Steele, Karen, MD
Richmond......... (804) 342-4300

Hospital Affiliations:
VCU Health System/MCV

Stein, Bernice, MD
Mechanicsville .. (804) 764-1000

Optima Direct Network Providers 5/2019 329

OptimaHealth
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<tr>
<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
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<td>Vokac, Charles W., MD</td>
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<td>Henrico Doctors' Hospital - Forest Campus</td>
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<td>- Sentara Virginia Beach General Hospital</td>
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<td>Plastic Surgery</td>
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<td>Aboutanos, Sharline, MD</td>
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<td>Alspaugh, John S., MD</td>
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<td>Carrey, Martin J., MD</td>
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<td>Carraway, James H, MD</td>
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<td>Carrico, Thomas Joseph, MD</td>
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<td>Carwell, Glen, MD</td>
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<td>Hospital Affiliations:</td>
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<td>- Virginia Beach</td>
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Optima Direct Network Providers 5/2019 330
Drzewiecki, Anna E., MD
Virginia Beach ... (757) 481-4969
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Emory, Roger, MD
Williamsburg..... (757) 345-5599
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Feldmann, Mark Ernst, MD
Roanoke .......... (540) 224-5170

Franz, David A., MD
Fredericksburg .. (540) 371-1226
Stafford .......... (540) 371-1226
Hospital Affiliations:
Mary Washington Hospital

Galardi, Nicholas R, MD
Chesapeake ...... (757) 547-0047
Norfolk .......... (757) 627-6700
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

Galaria, Irfan L, MD
Brambleton...... (703) 327-3176
Chantilly......... (703) 327-3173
Haymarket....... (703) 348-2165

Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center
Winchester Medical Center

Gall, Jr., A. Frederick, MD
Winchester ....... (540) 542-0054
Hospital Affiliations:
Winchester Medical Center

Gampper, Thomas J., MD
Charlottesville ... (434) 924-5088
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Gilbert, David A, MD
Norfolk........... (757) 388-5680
Hospital Affiliations:
Sentara CarePlex Hospital

Grenga, Ted, MD
Chesapeake ...... (757) 548-8988
Suffolk.......... (757) 673-5900
Hospital Affiliations:
Sentara CarePlex Hospital

Kanter, Mark J., MD
Hampton.......... (757) 827-8486
Hospital Affiliations:
Sentara CarePlex Hospital

Kaplan, Iver B, MD
Norfolk.......... (757) 627-6700

Montante, Steven J, MD
Richmond.......... (804) 615-7657
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Morbia, Roshan Pradip, MD
Norfolk.......... (757) 627-6700
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Morgan, Raymond F., MD
Charlottesville... (434) 924-2413
Hospital Affiliations:
Augusta Medical Center
Moyer, Kurtis E., MD
Roanoke .......... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Onalley, Timothy, MD
Fredericksburg... (540) 371-1226
Stafford .......... (540) 371-1226
Pitzer, Keith D., MD
Lynchburg......... (434) 384-0610
Hospital Affiliations:
CENTRA Specialty Hospital
Bristol Virginia Baptist Hospital
Rosenblum, Richard S., MD
Chesapeake ...... (757) 547-0047
Newport News .... (757) 627-6700
Norfolk .......... (757) 627-6700
Virginia Beach ... (757) 496-5556
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Schoenemann, Mark, MD
Roanoke .......... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Sewell, Nathan, MD
Mechanicsville .. (804) 427-7770
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Shapiro, Carol S., MD
Woodbridge...... (757) 594-1887
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Showalter, Brian, MD
Charlottesville... (434) 654-8920
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Siegel, Fred H., MD
Chesapeake ...... (757) 547-2115
Hospital Affiliations:
Chesapeake Regional Medical Center
Sundin, Burton M., MD
Richmond.......... (804) 290-0909
Vienna............. (703) 740-8333
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
Sundin, Reps, MD
Richmond.......... (804) 290-0909
Vienna............. (703) 740-8333
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Thomas, Barton A., MD
Roanoke .......... (540) 581-1400
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Thompson, James T., MD
Roanoke .......... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Trzcienski, Douglas R., MD
Norfolk.......... (757) 668-1139
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Uroskie Jr, Theodore W., MD
Norfolk.......... (757) 466-1000
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children’s Hospital of the King’s Daughters
Henrico Doctors’ Hospital - Forest Campus
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Vantine, Victoria L., MD
Charlottesville... (434) 654-8920
Viennas, Lambros, MD
Norfolk.......... (757) 447-8960
Viol, Anthony, MD
Chesapeake ...... (757) 549-2492
Von, Peter J., MD
Newport News .... (804) 873-3500
Hospital Affiliations:
Sentara CarePlex Hospital
Wilson, Henry B., MD
Lynchburg......... (434) 384-0610
Wornom, Isaac L., MD
Midlothian......... (804) 285-4115
Richmond.......... (804) 285-4115
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
Zinsser, John W., MD
Richmond.......... (804) 474-9805
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital of Richmond
Zwicklbauer, Michael F., MD
Newport News .. (757) 873-3500
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Podiatry
Agnew, Patrick, DPM
Virginia Beach .. (757) 523-0414
Hospital Affiliations:
Chesapeake Regional Medical Center
Lake Taylor Hospital
Allen, Elaine, DPM
Charlottesville... (434) 242-8550
Hospital Affiliations:
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Anderson III, Jesse, DPM
Norfolk.......... (757) 625-2962
Suffolk.......... (757) 539-2098
Virginia Beach .. (757) 460-1207
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Arnold, James R, DPM
Winchester ......... (540) 667-0130
Woodstock ........ (540) 459-1271
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center
Avery, Aerial, DPM
Farivarville....... (434) 391-3669
Glen Allen.......... (804) 934-9340
Richmond.......... (804) 934-9340
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Baglio, Robert J., DPM
Charlottesville... (434) 295-4443
Culpeper.......... (540) 825-6118
Orange............. (540) 672-1402
Hospital Affiliations:
UVA Culpeper Hospital
Bajani, Vihang A., DPM
Chesapeake ...... (757) 547-0123
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Baldwin, III, James, DPM
Richmond.......... (804) 273-1716
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Barbella, Marc A, DPM
Hampton.......... (757) 827-7111
Suffolk.......... (757) 686-3668
Hospital Affiliations:
Sentara Obici Hospital
Bechtel, Janet E., DPM
Dublin ............. (540) 674-2444
Galax............. (276) 246-9663
Marion............. (276) 782-9545
Wytheville......... (276) 228-2212
Belock, Carl J., DPM
Ashland.......... (804) 730-1300
Mechanicsville .. (804) 730-1300
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Binder, David M., DPM
Ashland.......... (804) 730-1300
Specialists - Tier 1

Winchester ........ (540) 662-4572
Hospital Affiliations: Winchester Medical Center

Okin, Raymond J., DPM
Fairfax ............. (703) 273-3622

Page, Catherine A., DPM
Danville ........... (434) 792-7348

Parikh, Ami K, DPM
Herndon ........... (703) 437-5353

Patel, Anita, DPM
Midlothian........ (804) 794-4550
Hospital Affiliations: Bon Secours St. Francis Medical Center

Patel, Noel P., DPM
Chester ............. (804) 751-0443
Colonial Heights
Kilmarnock ......... (804) 435-1644
Richmond ........... (804) 825-1523
Hospital Affiliations: Bon Secours St. Marys Hospital
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Patel, Sunny J, DPM
Richmond ........... (804) 273-1717
Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus

Patel, Ushita, DPM
Midlothian........ (804) 837-4144

Patton, Blayne K., DPM
Christiansburg .... (540) 510-6200
Hardy ............... (540) 510-6200
Lexington ........... (540) 458-3383
Roanoke ............. (540) 510-6200
Rocky Mount ...... (540) 510-6200
Hospital Affiliations: Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Paylor, Tionara, DPM
Leesburg ........... (703) 777-8655
Purcellville ........ (540) 338-6994
Vienna ............... (703) 281-1108
Winchester ........... (540) 662-6822
Hospital Affiliations: Winchester Medical Center

Pearman, Heather B., MD
Dublin .............. (540) 674-2444
Galax ............... (276) 236-9663
Marion .............. (276) 782-9545
Wytheville .......... (276) 228-2212

Person, Samuel W., DPM
Emporia ............ (434) 348-3130
Petersburg ........... (804) 732-1211

South Hill ........... (434) 447-6988
Hospital Affiliations: John Randolph Medical Center
VCU Community Memorial Hospital

Petranek, Michael L, DPM
Ashburn ............ (703) 723-9267
Fairfax ............. (703) 273-9818
McLean ............. (703) 556-8637
Reston ............... (703) 723-2719
Hospital Affiliations: Reston Hospital Center

Pfeiffer, Dawn M., DPM
Chesapeake ...... (757) 609-3380
Virginia Beach .. (757) 481-0898
Hospital Affiliations: Sentara Bayside Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Phips, Cameron L., DPM
Purcellville ....... (540) 751-3031
Hospital Affiliations: Reston Hospital Center
Stonestreens Hospital Center

Pica, Robert, DPM
North Chesterfield(804) 320-3668

Pinnock, Chantel M, DPM
Suffolk................ (757) 934-0768

Pinsky, Marc J., DPM
Petersburg ........... (804) 732-6000
Hospital Affiliations: Bon Secours St. Marys Hospital
Champion Medical Center
Johnston-Willis Hospital
John Randolph Medical Center
St. Mary's Hospital

Platt, Marc A., DPM
Lexington ........... (540) 725-1226
Roanoke
Hospital Affiliations: Carilion Roanoke Memorial Hospital

Popal, Mariam, DPM
Culpeper ............ (540) 321-4281
Madison ................ (540) 948-6861
Hospital Affiliations: Fauquier Hospital
Inova Fair Oaks Hospital
UVA Culpeper Hospital

Prak, Steven, DPM
Newport News .. (757) 599-5710
Hospital Affiliations: Bon Secours Mary Immaculate Hospital

Ramdass, Roland, DPM
Leesburg .......... (703) 777-8655
Purcellville ....... (540) 338-6994
Vienna ............... (703) 281-1108
Winchester ........... (540) 662-6822
Hospital Affiliations: Winchester Medical Center

Ranieri, Gerard J., DPM
Lake Ridge .......... (703) 491-2603
Hospital Affiliations: Sentara Northern Virginia Medical Center

Rassool, Arteen, DPM
Charlottesville ...(434) 295-4443

Rashid, Saleem, DPM
Ames ................ (515) 237-9417

Rayno, Michael J., MD
Virginia Beach .. (757) 481-0898
Hospital Affiliations: Sentara Bayside Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Roepshong, Thomas, DPM
Arlington .......... (703) 528-5555

Rosen, Howard M., DPM
Carrollton ......... (757) 238-9600
Hampton .............. (757) 896-8800
Newport News .. (757) 599-5710
Hospital Affiliations: Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Ross, Paul, DPM
Springfield ......... (703) 451-2977

Roussel, Andy, DPM
Lake Ridge .......... (703) 491-9500
Hospital Affiliations: Inova Fairfax Hospital
Potomac Valley Hospital

Rubiano, Ivan A, DPM
Roanoke ................ (540) 344-3668

Rubin, Laurence G., DPM
Mechanicsville .... (804) 746-5488
Hospital Affiliations: Bon Secours St. Marys Hospital
Champion Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Ryankezie, Rosemarie, DPM
Bowling Green .. (540) 371-2724
Frederickburg .. (540) 371-2724
Stafford ............. (540) 720-6074
Hospital Affiliations: Mary Washington Hospital (MWJ)

Saavedra, Patrick Martin, DPM
Abingdon............ (276) 525-1917
Hospital Affiliations: Johnson City Medical Center

Said, Rostana, DPM
Fairfax ............. (703) 273-3622

Saleh, Mahmoud, DPM
Hampton ............ (757) 224-7605
Williamsburg ........ (757) 220-3311

Hospital Affiliations: Bon Secours St. Marys Hospital

Salem, Munjed, DPM
Chesapeake ....... (757) 488-6149
Hospital Affiliations: Chesapeake Regional Medical Center

Salem, Munketh, DPM
Richmond .......... (804) 285-1523

Santiago, Lynette, DPM
Virginia Beach .. (757) 523-0414

Schneider, Myles J., DPM
Annandale ........ (703) 750-1124

Schopf, Robert, DPM
Blacksburg ....... (540) 552-7133

Bluefield

Pearsburg ............ (540) 552-7133
Stuart ................ (540) 552-7133
Wytheville

Hospital Affiliations: Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Schustek, Samuel H., DPM
Charlottesville .. (434) 295-4443

Culpeper ............ (540) 825-6118
Orange ................ (540) 672-1402

Hospital Affiliations: UVA Culpeper Hospital

Schweitzer, Seth J., DPM
Colonial Heights (804) 526-5888

Hospital Affiliations: Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Scott, Samuel E., DPM
Richlands ............ (276) 596-9346

Scripps, Mark L., DPM
Lake Ridge ........ (703) 491-9500

Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Inova Fairfax Hospital
Stafford Hospital Center

Seltzer, Steven, DPM
Hampton ............ (757) 896-8800
Newport News .. (757) 599-5710

Optima Direct Network Providers 5/2019
335

Optima Health
Shadbolt, James E., MD
Henrico................ (804) 754-7400
Midlothian........... (804) 754-7400

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Shah, Asif, DPM
Farnamville......... (434) 391-3669
Glen Allen........... (804) 934-9340
Richmond........... (804) 934-9340

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Shilling, Gregory A., DPM
Harrisonburg..... (540) 436-3686

Hospital Affiliations:

Shoulidis, Lauren A., DPM
Norfolk............. (757) 498-0202

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Simon, William H., DPM
Virginia Beach. (757) 481-0898

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Skandeva, Kostadinka H, DPM
Alexandria....... (540) 480-8480
Fairfax.............. (571) 480-8480

Snyder, Bryan R., DPM
Charlottesville... (434) 979-0728

Snyder, Heather, DPM
Charlottesville... (434) 979-0728

Stable, Douglas, DPM
Lake Ridge........ (703) 491-9500
Stafford........... (540) 720-0700

Steffan, Steve, DPM
Allegany............ (540) 862-2700
Vinton.............. (540) 985-0597

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Steffl, Donald J., DPM
Roanoke............. (540) 774-5585

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stewart, Christopher B., DPM
Charlottesville... (434) 979-0456

Stewart, Daniel, DPM
Harrisonburg..... (540) 568-9891

Hospital Affiliations:
Sentara RMH Medical Center

Tran, Thomas T., DPM
Harrisonburg..... (540) 432-6211

Hospital Affiliations:
Sentara RMH Medical Center

Tupper, Robert D., DPM
Norfolk............. (757) 451-1200
Virginia Beach. (757) 498-0202

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Vantre, Scott, DPM
Mechanicsville. (804) 285-3933
Richmond........... (804) 285-3933

Hospital Affiliations:
Bon Secours St. Marys Hospital
St. Mary's Hospital
VCU Community Memorial Hospital

Vazales, Ryan, DPM
Mechanicsville. (804) 746-5488

Vetti, Luke, DPM
Midlothian......... (804) 837-4144

Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Vincent, Andrew L., DPM
Front Royal........ (540) 635-6821
Winchester......... (540) 667-3338

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

VonDerLinden, Dannielle, DPM
Lorton.............. (571) 418-8670

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Walters, Jeremy L., DPM
Virginia Beach. (757) 252-4640

Hospital Affiliations:
Sentara Obici Hospital

Waltz, Maryellen, DPM
Charlottesville... (434) 979-0456

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Waskin, Mitchell R., DPM
North Chesterfield(804) 320-3668

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus

Wax, Allan S, DPM
Colonial Heights (804) 526-5888

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center

Sheltering Arms Rehabilitation Hospital

Wilhelm, Kenneth, DPM
Centreville........ (703) 996-3000

Wilhelms, Craig A., DPM
Roanoke............. (540) 725-1226
Salem.............. (540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Williams, N. Wynta, DPM
Norfolk............... (757) 451-1200
Virginia Beach. (757) 498-0202

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Wilt, Mark T., DPM
Blacksburg......... (540) 552-3668

Wimblish III, Pink P., DPM
Lynchburg........ (434) 528-1909
Martinsville....... (434) 632-5123
Salem............. (540) 982-0253
South Boston..... (540) 982-0253

Wolfson, Arthur F., DPM
Hampton............... (757) 896-8800
Newport News.. (757) 599-5710

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Wooddell, W. Scott, DPM
Chesapeake ...... (757) 436-5824

Hospital Affiliations:
Chesapeake Regional Medical Center

Young, Nathan J., DPM
Roanoke............. (540) 344-3668
Salem............. (540) 344-3668

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Zarzuela, Joel, DPM
Frederickburg .. (540) 371-2742
Stafford........... (540) 720-0674

Hospital Affiliations:
Mary Washington Hospital (MWH)

Zelen, Charles M., DPM
Roanoke............. (540) 344-3668
Salem............. (540) 344-3668

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Zelinskas, Sara, DPM
Virginia Beach. (757) 963-1488

Preventive Medicine

Arens, Mark, MD
Virginia Beach. (757) 222-0300

McCarty, Patrick, MD
Gainesville...... (703) 743-7017

McGill, Terrance, MD
Alexandria........ (703) 647-6087

Pulmonary Medicine
Abrit, Juan, MD
Frederickburg .. (540) 899-1615

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Abu-Handa, Eyad M., MD
Williamsburg..... (757) 984-3975

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

Agarwal, Anil, MD
Norton............... (276) 439-1490

Hospital Affiliations:
Norton Community Hospital

Akkina, Naveen, MD
Chesapeake ...... (757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Alam, Shoaib, MD
Williamsburg..... (757) 984-3975

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Alattar, Mohammed, MD
Frederickburg .. (540) 372-6430

Hospital Affiliations:
Mary Washington Hospital (MWH)

Albon, Dana P., MD
Charlottesville... (434) 924-5219
Zion Crossroads (434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Ali, Mir, MD
Henrico............. (804) 320-4243

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Optima Direct Network Providers 5/2019 336
Aljaafareh, Almotasembellah M, MD
Norfolk............ (757) 388-6115
Hospital Affiliations:
Sentara CarePlex Hospital

Allaiddin, Tahir, MD
Hopewell.......... (804) 458-7781
Petersburg....... (804) 835-9560
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Aluko, Shola A, MD
Norfolk.......... (757) 388-6115
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Amarna, Mahmoud, MD
Abingdon........ (276) 258-1740
Hospital Affiliations:
Johnston Memorial Hospital

Apostle, James A, MD
Henrico........ (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Aron, Anirudh, MD
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Centra Virginia Baptist Hospital

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Norfolk............ (757) 388-6115
Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

Barakat, Habib, MD
Smithfield
Suffolk........... (757) 539-0251
Hospital Affiliations:
Sentara Obici Hospital

Bass, Leon C, MD
Norton............. (276) 439-1490
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Johnson City Medical Center
Wellmont Bristol Regional Medical Center

Belete, Habetamu M, MD
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Hospital Affiliations:
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Sentara Virginia Beach General Hospital

Berg, Cecilia C., MD
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Hardy............. (540) 224-6954
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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Lexington........ (540) 458-3213
Roanoke.......... (540) 981-7000
Williamsburg..... (757) 984-3975

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Carilion Stonewall Jackson Hospital
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

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Winchester Medical Center

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Virginia Beach Medical Center

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Hospital Affiliations:
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Williamsburg..... (757) 984-3975

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Sentara CarePlex Hospital

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Sentara Williamsburg Regional Medical Center

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Davis, Robert S., MD
Petersburg....... (804) 524-2260
Hospital Affiliations:
Southern Virginia Regional Medical Center
Southside Regional Medical Center
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<td>(804) 233-3076</td>
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<td>Gonzalez-Manjarres, Diana, MD</td>
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<td>Henrico Doctors' Hospital - Forest Campus</td>
<td>Hospital Affiliations: Sentara CarePlex Hospital&lt;br&gt;Sentara Bayside Hospital&lt;br&gt;Sentara CarePlex Hospital&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital&lt;br&gt;Sentara Williamsburg Regional Medical Center</td>
<td>(804) 233-3076</td>
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Gonzalez, Ernesto, MD
Mechanicsville... (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
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Sentara Northern Virginia Medical Center
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Stafford Hospital Center
Winchester Medical Center
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Greenberg, Seth H., MD
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Greene, Nelson, MD
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Bon Secours St. Francis Medical Center
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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
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Children’s Hospital of the King’s Daughters
Ie, Susanti R., MD
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Virginia Beach
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Harrisonburg.....(540) 689-5600
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Optima Direct Network Providers 5/2019
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Bon Secours St. Marys Hospital
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
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Hospital Affiliations:
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Sentara Norfolk General Hospital
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Norfolk ........... (757) 484-5900
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Bon Secours Maryview Medical Center
Patel, Manojkumar D., MD
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University of Virginia Medical Center
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Sentara Norfolk General Hospital
VCU Health System/MCV
Paul, Tessa K., MD
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Fishersville........ (844) 472-8711
Zion Crossroads (434) 243-9466
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Bon Secours Mary Immaculate Hospital
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Sentara CarePlex Hospital
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Sentara Norfolk General Hospital
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Pierce, Fletcher N., MD
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Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
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Reston .......... (703) 318-8157
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Price, Katherine M, MD
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Hospital Affiliations:
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Quaranta, Anthony J., MD
Norfolk......... (757) 388-6115
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Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center
Radow, Scott, MD
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
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Sheltering Arms Rehabilitation Hospital
Raj, Vishal, MD
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Raj, Anil, MD
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Ranganathan, Meera, MD
Virginia Beach... (757) 507-8610
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center
Rehm, Jeffrey, MD
Fredericksburg .. (540) 372-6430
Rennert, Douglas A., MD
Leesburg......... (703) 856-9608
Reston .......... (703) 318-8157
Ripoll, Ignacio, MD
Chesapeake ...... (757) 609-3380
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chesapeake Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Virginia Beach... (757) 474-7455
Hospital Affiliations:
Bon Secours DePaul Medical Center
Institute
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Rivers, Cullen, MD
Henrico............. (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Robbins, Mark K, MD
Broadway........... (540) 901-0800
Harrisonburg..... (540) 689-5600
Hospital Affiliations:
Sentara RMH Medical Center
Robinette Jr, Emory H, MD
Abingdon...... (276) 676-3360
Bristol............. (276) 258-4734
Hospital Affiliations:
Johnston Memorial Hospital
Rose, Jr., C. Edward, MD
Charlottesville... (434) 924-5219
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Rubio, Edmundo R., MD
Hardy............. (540) 224-6954
Roanoke......... (540) 985-8505
Hospital Affiliations:
Carilion Roanoke Community Hospital
Saadah, Khalid M, MD
Norfolk........... (757) 388-6115
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Saltzman, Herbert A., MD
Danville......... (434) 792-4378
Sarma, Pawanjit, MD
Henrico............ (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Sayball, Kristyn, DO
North Chesterfield(804) 320-4243
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Schenkein, Jeremy, MD
Mechanicsville... (804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Schult, Alexander A., MD
Charlottesville... (434) 971-5290
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Senti, John, DO
Henrico............. (804) 320-4243
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Shah, Rutul, MD
Newport News... (757) 706-3481
Richmond.......... (843) 654-7689
Suffolk............. (757) 975-8255
Williamsburg..... (757) 707-3505
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Shim, Yun, MD
Charlottesville... (434) 924-5214
Fishersville....... (844) 472-8711
Hospital Affiliations:
University of Virginia Medical Center
Silva, Carlos A., MD
Norfolk............ (757) 388-6115
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Silver, Charles W., MD
Norfolk.......... (804) 889-6677
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Bayside Hospital
 Sentara Leigh Hospital
Sentara Norfolk General Hospital
Smith, Daniel Ray, MD,PHD
North Chesterfield(804) 320-4243
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Sofi, Umar Farooq, MD
Christiansburg... (540) 731-7450
Roanoke........... (540) 985-8505
Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Somerville, Lindsay A., MD
Charlottesville... (434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center
Subramaniam, Vijay, MD
Newport News... (757) 707-3999
Williamsburg..... (757) 707-3999
Tiro, Aileen V, DO
Norfolk............... (757) 261-5977
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Tomlinson, James R., MD
Norfolk............... (757) 261-5977
Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
Torrisi, Peter, MD
North Chesterfield(804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chipherham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
Truitt, Terrance, MD
South Boston..... (434) 575-5864
Ubaissi, Hazem, MD
Frederickburg... (540) 899-1648
Hospital Affiliations:
Inova Fairfax Hospital
Mary Washington Hospital (MWH)
Verghees, George M., MD
Fishersville........ (540) 245-7190
Lexington........ (540) 464-3465
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center
Vernon, Andrew N., MD
Norton.............. (276) 439-1490
Williamsburg..... (757) 984-3975
Hospital Affiliations:
Norton Community Hospital
Sentara Williamsburg Regional Medical Center
Vinson, Laura, MD
North Chesterfield(804) 320-4243
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Vranic, Andrew R., MD
Charlottesville... (434) 924-5219
Fishersville........ (844) 472-8711
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Walter, Robert N, MD
Chesapeake....... (757) 484-5900
Newport News... (757) 947-3600
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Weisel, Gregory J, MD
Norfolk............. (757) 889-5445
Hospital Affiliations:
Bon Secours Memorial Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Woldearegay, Fasika M., MD
Broadway........... (540) 901-0800
Harrisonburg..... (540) 689-5600
Hospital Affiliations:
Sentara RMH Medical Center
Whatley, Ralph, MD
Roanoke........... (540) 985-8505
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
White, John J., MD
Christiansburg... (540) 381-2200
Speakers - Tier 1

Witko, James F., MD
South Boston ....... (434) 575-5864

Witten, James, MD
Salen ................ (540) 772-3540

Wolfe, G. Keith, MD
Winchester ........ (540) 662-4263

Hospital Affiliations:
Winchester Medical Center

Wong, Johnny, MD

Wolfe, G. Keith, MD

Witko, James F., MD
(888) 679-0632

Wiaterek, Gregory, MD

Wong, Johnny, MD

Wolfe, G. Keith, MD
(540) 772-3540

Hospital Affiliations:
Winchester Medical Center

Wong, Johnny, MD
Mechanicsville ... (804) 320-4243

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Medical Center
Chesapeake General Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parkview Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Wong, Johnny, MD

Wolfe, G. Keith, MD

Witko, James F., MD

Wiaterek, Gregory, MD

Wong, Johnny, MD
Mechanicsville ... (804) 320-4243

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Medical Center
Chesapeake General Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parkview Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Yin, Pearl L., MD
Charlottesville ... (434) 975-7700

Yun, Joon S, MD
Williamsburg .... (757) 984-3975

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Zanioga, Leah M., MD
Chesapeake ...... (757) 484-5900

Portsmouth ...... (757) 484-5900

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Zanioga, Leah M., MD

Pulaski ............ (540) 662-1108

Reston Hospital Center

York, Pearl L., MD
Charlottesville ... (434) 975-7700

Yu, Pearl L., MD
Charlottesville ... (434) 975-7700

Yun, Joon S, MD
Williamsburg .... (757) 984-3975

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Zanioga, Leah M., MD
Chesapeake ...... (757) 484-5900

Portsmouth ...... (757) 484-5900

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Arlington

Zanioga, Leah M., MD
Chesapeake ...... (757) 484-5900

Portsmouth ...... (757) 484-5900

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Zanioga, Leah M., MD

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Hospital Affiliations:
Virginia Hospital System - Arlington

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Arlington

Zanioga, Leah M., MD

Hampton ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Richmond

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Richmond

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Richmond

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Richmond

Zanioga, Leah M., MD

Herndon ........... (703) 689-9330

Hospital Affiliations:
Virginia Hospital System - Richmond
Quaranta, Brian, MD
Danville ............ (434) 799-4592
Hospital Affiliations:
SOVAH Health - Danville

Randolph II, David, MD
Richmond ........... (804) 330-2164
Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital

Randolph, Sr., David M., MD
Petersburg ........... (804) 765-5850
Richmond ........... (804) 330-2164
Hospital Affiliations:
Southside Regional Medical Center

Reardon, Kelli A., MD
Charlottesville ... (434) 982-0777
Hospital Affiliations:
University of Virginia Medical Center

Rogers, John W., MD
Pulaski ............. (888) 678-0622
Roanoke ............ (540) 982-0237
Salem ................ (540) 776-4160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Shaves, Mark E., MD
Norfolk ............. (757) 388-3483
Virginia Beach ...... (757) 507-0425
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sibley, Gregory, MD
Fairfax ............. (703) 934-4450
Sinesi, Mark S., MD
Newport News ... (757) 873-9400
Norfolk ............. (757) 213-5770
Suffolk .............. (757) 539-0670
Virginia Beach
Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Smith, Norman J., MD
Winchester .......... (540) 662-1108
Hospital Affiliations:
Winchester Medical Center

Sun, Jason H., MD
Fairfax ............. (703) 391-4250
Falls Church ...... (703) 776-3731
Leesburg ............ (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Tisdale, Bernard A., MD
Abingdon ........... (276) 258-1822
Hospital Affiliations:
Johnston Memorial Hospital

Trivette, George A., MD
Norfolk ............. (757) 278-2200
Portsmouth .......... (757) 278-2200
Suffolk ............. (757) 278-2200
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Bon Secours St. Marys Medical Center
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Williams, Scott, MD
Norfolk ............. (757) 388-3483
Virginia Beach ...... (757) 446-7360
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Arthur, Douglas W., MD
Richmond ........... (804) 200-7048
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV

Bajaj, Gopal, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg ............ (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Boylan, Susan, MD
Fairfax ............. (703) 391-4250
Leesburg ............ (703) 858-8850
Woodbridge ...... (709) 996-4887
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Inova Mount Vernon Hospital
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Chawla, Ashish, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg ............ (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Chin, Judy L., MD
Richmond ........... (804) 281-8350
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Chinault, John C., MD
Frederickburg ... (540) 786-5262
Hospital Affiliations:
Stafford Hospital Center

Goodchild, Nigel T., MD
Martinsville ...... (276) 666-7827
Hendrix, Sylvia S., MD
Charlottesville ... (434) 982-8125

Hetelekidis, Stella, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg ............ (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Kanani, Samir, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg ............ (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Kersh, Charles R., MD
Richmond ........... (804) 287-4340
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center

Khandelwal, Shiv R., MD
Fishersville ...... (540) 332-5960
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Kyle, Robert M., MD
Fishersville ...... (540) 245-7100
Hospital Affiliations:
Augusta Medical Center

Larner, James M., MD
Charlottesville ... (434) 924-5191
Hospital Affiliations:
Augusta Medical Center

Leider, Peter, MD
Danville ............. (434) 799-3928
Lieberman, Lang R., MD
Richmond ........... (804) 330-9105
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Miller, Michael L., DO
Hampton .......... (757) 827-2430
Newport News .. (757) 873-9400
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Morgan, David B., MD
Fishersville ...... (540) 245-7100
Harrisonburg ..... (540) 689-7036
Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Morris, Monica, MD
Charlottesville ... (434) 982-0777

Parekh, Jayashree S., MD
Charlottesville ... (434) 924-2781
Hospital Affiliations:
Augusta Medical Center

Penberthy, David R, MD
Petersburg ........ (804) 765-5850
Richmond ........... (804) 287-4340
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center

Pradhan, Pradeep, MD
Danville ............. (434) 799-4474
Read, Paul W., MD
Charlottesville ... (434) 924-5191
Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Rich, Tyvin A., MD
Charlottesville ... (434) 924-0473
Hospital Affiliations:
Augusta Medical Center

Radiation Therapy
Specialists - Tier 1

Shaves, Mark E., MD
Newport News . (757) 873-9400
Norfolk .............. (757) 213-5770
Virginia Beach . (757) 507-0425
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sinesi, Christopher C., MD
Chesapeake ...... (757) 312-6294
Virginia Beach . (757) 457-5177
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Tonnelesen, Glenn, MD
Fairfax .............. (703) 391-4250
Falls Church ..... (709) 996-4887
Leesburg ........... (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fairfax Hospital
Inova Fair Oaks Hospital
Sentara Northern Virginia Medical Center

Torr, Taryn G., MD
Midlothian....... (804) 594-4900
Richmond .......... (804) 330-9105
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital
VCU Health System/MCV

Wallace, Timothy J., MD
Richmond......... (804) 594-4900
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Williams, Scott, MD
Newport News . (757) 873-9400
Norfolk .............. (757) 213-5770
Virginia Beach . (757) 507-0425
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Wallace, Timothy J., MD
Richmond......... (804) 266-7762
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Williams, Scott, MD
Newport News . (757) 873-9400
Norfolk .............. (757) 213-5770
Virginia Beach . (757) 507-0425
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Radiology

Foust, Robert J, MD
Shenandoah ...... (540) 652-9100
Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Radeck, Daniel M., MD
Richmond .......... (804) 355-9729
Hospital Affiliations:
Riverside Tappahannock Hospital

Registered Dietitian
(Provider)

Earle, Lucinda Lynn, RDN
Norfolk .............. (757) 623-9014

Weisenberger, Jill, BS
Newport News . (757) 969-8385

Reproductive Medicine/Endocrinology

Archery, David F., MD
Norfolk .............. (757) 466-7100
Virginia Beach
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Bancarj, Jashoman, MD
Charlottesville ... (434) 654-8520
Winchester ........ (434) 654-8520

Bates, Bruce G., MD
Charlottesville ... (434) 654-8520
Hospital Affiliations:
University of Virginia Medical Center

Bovca, Silvilia M., MD
Norfolk .............. (757) 464-7100

Virginia Beach
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Edelstein, Michael C, MD
Richmond ........... (804) 379-9000
Hospital Affiliations:
Chippenham Medical Center
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Tidey, George F, MD
Richmond ........... (804) 379-9000
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Williams, Christopher, MD
Charlottesville ... (434) 654-8520
Hospital Affiliations:
University of Virginia Medical Center

Rheumatology

Agrawal, Mugdha, MD
Richmond ........... (804) 217-9601

Ahmad, Syed Mahmood, MD
Bluefield ........... (276) 326-2838

Bacon, Anne M., MD
Winchester .......... (540) 667-6232
Hospital Affiliations:
Winchester Medical Center

Bankole, Adegbenga A., MD
Roanoke ............ (540) 981-7859

Bayliss, Garry, MD
Salem ............... (540) 444-5600

Behalal-Bock, Christele, MD
Charlottesville ... (434) 243-0439
Hospital Affiliations:
University of Virginia Medical Center

Brodeur, James P., MD
Richmond ........... (804) 730-5222
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Burwell, Keith, DO
Richmond ........... (804) 354-5301

Cannon, Michael, MD
Virginia Beach .. (757) 491-7359
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Carleton, David E., MD
Richmond ........... (804) 346-1678

Carson, Adam Q., MD
Charlottesville ... (434) 924-1825
Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers 5/2019
345

OptimaHealth
Frick, Keith A., MD  
Charlottesville …… (434) 296-6161

Fu, Shu Man, MD  
Charlottesville …… (434) 924-5212
Fishersville …… (540) 332-5870

Ghafoori, Mohsen, MD  
Manassas ………. (703) 361-3255

Hagerty, Mary M., MD  
WINCHESTER …… (540) 667-6232

Hicks, Kevin A., MD  
Colonial Heights (804) 524-2400

Holtz, Lindsay S, MD  
Mechanicsville … (804) 730-5222

Kenny, Eric R., MD  
Lynchburg …….. (434) 485-8500

Ko, Judy, MD  
Harrisonburg ……. (540) 689-5700

Lee, Albert H., MD  
Hampton ………. (757) 736-2540

Lee, Janet E., MD  
Charlottesville …… (434) 924-5212
Fishersville …… (540) 332-5870

Levy, Astrud Lorraine, MD  
Charlottesville …… (434) 243-0700

Lidman, Roger W., MD  
Charlottesville …… (434) 243-0439

Masri, Karim R, MD  
Richmond ……… (804) 217-9601

Masri, John V., MD  
Richmond ……… (804) 217-9601

Motter, Andrew H.F., DO  
Richmond ……… (804) 217-9601

Narla, Kristi V., MD  
Newport News …… (757) 595-4300

Nelson, Dorothy, MD  
Alexandria ……... (703) 751-8804

Ogletree, Jennifer A., MD  
Charlottesville …… (434) 243-0700

Petterson, Steven J., MD  
Richmond ……… (804) 346-1515

Peters, Jeffrey A, MD  
Charlottesville …… (434) 243-0700

Platzke, John B., MD  
Virginia Beach …… (757) 963-6977

Rodriguez, Steven, MD  
Richmond ……… (804) 346-1515

Woolard, Jennifer A., MD  
Charlottesville …… (434) 243-0700

Zhang, Shuren, MD  
Richmond ……… (804) 346-1515
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nayyar, Rashid, MD</td>
<td>(540) 372-6430</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Kallay, Nicholas, MD</td>
<td>(540) 372-6430</td>
<td>Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
<tr>
<td>Lessar, Jeffrey S., MD</td>
<td>(540) 536-8165</td>
<td>Hospital Affiliations: Page Memorial Hospital Inc</td>
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<tr>
<td>Murphy, Thomas M., MD</td>
<td>(540) 536-8165</td>
<td>Hospital Affiliations: Winchester Medical Center</td>
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<tr>
<td>Nagshin, Jahanbakhsh, MD</td>
<td>(703) 856-9608</td>
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<tr>
<td>Nayyar, Rashid, MD</td>
<td>(703) 888-3036</td>
<td>Hospital Affiliations: Alexandria</td>
</tr>
<tr>
<td>Parsi, Richard A., MD</td>
<td>(804) 282-7770</td>
<td>Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Polsky, Michael, MD</td>
<td>(804) 320-4243</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
</tr>
<tr>
<td>Polyear, Douglas, MD</td>
<td>(804) 320-4243</td>
<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
</tr>
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<td>(540) 372-6430</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
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<tr>
<td>Ripoll, Ignacio, MD</td>
<td>(757) 609-3380</td>
<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
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<tr>
<td>Rotolo, Sean, MD</td>
<td>(703) 729-3420</td>
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<tr>
<td>Rubio, Edmundo R., MD</td>
<td>(540) 729-3420</td>
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<td>Parisi, Richard A., MD</td>
<td>(804) 282-7770</td>
<td>Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td>Puryear, Douglas, MD</td>
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<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
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<td>Rehm, Jeffrey, MD</td>
<td>(540) 372-6430</td>
<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
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<tr>
<td>Ringo, Ignacio, MD</td>
<td>(757) 677-3455</td>
<td>Hospital Affiliations: Virginia Beach</td>
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<td>Rothe, Sean, MD</td>
<td>(703) 729-3420</td>
<td>Hospital Affiliations: Sentara Lehigh Hospital</td>
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<tr>
<td>Santos, Cecilia, MD</td>
<td>(804) 764-7491</td>
<td>Hospital Affiliations: Mechanicsville</td>
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<td>Shahzeidi, Shahriar, MD</td>
<td>(703) 729-3420</td>
<td>Hospital Affiliations: Henrico Doctors’ Hospital - Forest Campus</td>
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<td>Sharma, Shubh, MD</td>
<td>(757) 967-0676</td>
<td>Hospital Affiliations: Sentara Obici Hospital</td>
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<tr>
<td>Sheth, Soham, MD</td>
<td>(757) 548-0076</td>
<td>Hospital Affiliations: Virginia Beach</td>
</tr>
<tr>
<td>Sri, Vaishnavi C, MD</td>
<td>(757) 934-9395</td>
<td>Hospital Affiliations: Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Stewart, Bruce N., MD</td>
<td>(540) 224-6954</td>
<td>Hospital Affiliations: Roanoke</td>
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<tr>
<td>Strunc, Michael, MD</td>
<td>(703) 668-9466</td>
<td>Hospital Affiliations: Children’s Hospital of the King’s Daughters</td>
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<tr>
<td>Ubaisi, Hazem, MD</td>
<td>(540) 372-6430</td>
<td>Hospital Affiliations: Bon Secours DePaul Medical Center</td>
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<tr>
<td>Wong, Johnny, MD</td>
<td>(804) 320-4243</td>
<td>Hospital Affiliations: Mechanicsville</td>
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<tr>
<td>Wengler, Evan J., MD</td>
<td>(540) 332-4169</td>
<td>Hospital Affiliations: Augusta Medical Center</td>
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<tr>
<td>Ubaissi, Hazem, MD</td>
<td>(540) 372-6430</td>
<td>Hospital Affiliations: Bon Secours DePaul Medical Center</td>
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<tr>
<td>Ubaisi, Hazem, MD</td>
<td>(540) 372-6430</td>
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<td>(540) 372-6430</td>
<td>Hospital Affiliations: Virginia Beach</td>
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</tbody>
</table>
| Ubaisi, Hazem, MD         | (540) 372-6430| Hospital A
Specialists - Tier 1

Miller, Mark D., MD
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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
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University of Virginia Medical Center

Zion Crossroads (434) 243-9466
Hospital Affiliations:
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Hospital Affiliations:
Augusta Medical Center

Appelstein, Joshua C, MD
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Hospital Affiliations:
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Lewus-Gale Medical Center
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Baker, Joseph, MD
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Virginia Beach General Hospital

Virginia Beach General Hospital

Hospital Affiliations:
Virginia Beach General Hospital

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Virginia Beach General Hospital

Virginia Beach General Hospital

Hospital Affiliations:
Virginia Beach General Hospital

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Boon Secours St. Francis Medical Center

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VCU Health System/MCV

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SOVAR Health - Danville

Dimaling, G. Michael, MD
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Sentara Leigh Hospital

Sentara Norfolk General Hospital

Sentara Virginia Beach General Hospital

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Gangemi, James J., MD
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Children’s Hospital of the King’s Daughters

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Optima Direct Network Providers 5/2019 349
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Hospital Affiliations:
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Bon Secours St. Marys Hospital
Southside Regional Medical Center
VCU Health System/MCV

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Salem............. (540) 776-2020
Hospital Affiliations:
Lewis-Gale Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
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Khanna, Ajay, MD
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Holston Valley Medical Center
Winchester Medical Center

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Sentara Williamsburg Regional Medical Center

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Farmville........... (434) 315-2913
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Centra Lynchburg General Hospital

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Pulaski............. (540) 980-3914

Barnes, C Ryan, MD
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Henrico Doctors' Hospital - Forest Campus

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Marion.............. (276) 783-5400
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Johnston Memorial Hospital

Beamon III, Charles, MD
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Mary Washington Hospital (MWI)
Stafford Hospital Center

Optima Direct Network Providers 5/2019  350
OptimaHealth
Becker, Elmore J., MD  
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Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Bender, Lawrence W., DO  
Richlands  (276) 596-6659  
Hospital Affiliations:  
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Luray  (540) 743-9087  
Hospital Affiliations:  
Sentara RMH Medical Center

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Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Sentara Norfolk General Hospital  
Sentara Bayside Hospital  
Riverside Shore Memorial Hospital  
Chesapeake Regional Medical Center  
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Suffolk  (757) 457-5100  
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Boyle, Jr., Daniel E., MD  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Healthsouth Rehabilitation Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
John Randolph Medical Center  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

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Chippewa Medical Center/Johnston-Willis Hospital  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
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Kilmarnock  (804) 200-7006  
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Sheltering Arms Rehabilitation Hospital  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Carbone, Joseph M., MD  
Danville  (434) 792-1433  
South Boston  (434) 572-6565  
Hospital Affiliations:  
Chapel Hill Medical Center

Cote, Eric P., MD  
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Richmond  (804) 330-9105  
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Chippewa Medical Center/Johnston-Willis Hospital  
Healthsouth Rehabilitation Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
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Fishersville  (844) 472-8711  
Hospital Affiliations:  
University of Virginia Medical Center

De Castro, Brian J., MD  
Warrenton  (540) 316-5940  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

DeLong, Jessica, MD  
Fauquier Hospital  
Delissio, John P., MD  
Richmond  (804) 330-9105  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Forest Campus  
DeLong, Jessica, MD  
Hampton  (757) 457-5100  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Desai, Pratik, S., MD  
Richmond  (804) 330-9105  
Hospital Affiliations:  
Woodbridge  (703) 680-2111

Drucker, Jacob R., MD  
Suffolk  (757) 457-5100  
Virginia Beach  (757) 457-5100  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Ellen III, Joseph H, MD  
Richmond  (804) 330-9105  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus

Eure, Waleed A, MD  
Winchester  (540) 667-1712  
Hospital Affiliations:  
Winchester Medical Center

Ferguson, W. Joseph, MD  
Charlottesville  (434) 295-0184  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Fagerli, Julian C., MD  
Charlottesville  (434) 295-0184  
Ferguson, W. Joseph, MD  
South Boston  (434) 517-3879

Optima Direct Network Providers S/2019  351
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<td>Graham, Jr., Sam D., MD</td>
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<td>Bon Secors St. Marys Hospital</td>
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<td>Green, Lonny S., MD</td>
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<td>Christiansburg (540) 639-5888</td>
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<td>Gwynn, Eric S., MD</td>
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<td>Han, Dongyeon, MD</td>
<td>Colonial Heights (804) 520-5580</td>
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<td>Hospital Affiliations</td>
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<td>Harris, David L., MD</td>
<td>Kilmarnock (804) 435-1661</td>
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<td>Hartke, David, MD</td>
<td>Newport News (757) 873-2562</td>
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<tr>
<td>Hoffman, Daniel M., MD</td>
<td>Fredericksburg (540) 374-3131</td>
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<td>Stafford</td>
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<td>Front Royal (540) 636-0627</td>
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<td>Warren Memorial Hospital, Inc.</td>
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<td>Hughart, Christi L., DO</td>
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<td>Hurt, George Samuel, MD</td>
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<td>SOVAH Health - Martinsville</td>
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<td>Jenkins, Alan D., MD</td>
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<td>Jones, III, William R., MD</td>
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<td>Krumsky, Tracey L., MD</td>
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<td>Kwong, Peter On Chung, MD</td>
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**Hospital Affiliations:**
- **Richmond:** (804) 935-6035
- **Hospital Affiliations:**
  - Bon Secours DePaul Medical Center Inc
  - Sentara Leigh Hospital
  - Sentara Norfolk General Hospital
  - Sentara Virginia Beach General Hospital
  - Chippenham Medical Center
  - Johnston-Willis Hospital
  - HealthSouth Rehabilitation Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Retreat Campus
  - John Randolph Medical Center
  - Sheltering Arms Rehabilitation Hospital
  - Southern Virginia Regional Medical Center
  - St. Mary's Hospital

**Miles-Thomas, Jennifer, MD**
- Hampton
- (804) 434-315-2913

**Hospital Affiliations:**
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Bayside Hospital
- Sentara Virginia Beach General Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- Southern Virginia Regional Medical Center
- St. Mary's Hospital

**Merchant, III, Wilson D., MD**
- Richmond
- (804) 330-9105

**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- Southern Virginia Regional Medical Center
- St. Mary's Hospital

**Morra, Marcus N., MD**
- Harrisonburg
- (540) 689-5900

**Mounzer, Assad M., MD**
- Farmville
- (434) 315-2913

**Mounzer, Assad M., MD**
- Farmville
- (540) 772-3830

**Mounzer, Assad M., MD**
- Farmville
- (757) 457-5100

**Nagpal, Kamal, MD**
- Virginia Beach
- (757) 457-5100

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital

**Murphy, David P., MD**
- Richmond
- (804) 330-9105

**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital

**Nelson, Jr., Robert T., MD**
- Richmond
- (804) 330-9105

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital
Specialists - Tier 1

- Nelson, Kinloch, MD
  Richmond .......... (804) 330-9105
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital
  Virginia Beach .... (757) 457-5100

- Ortlip, Stephen, MD
  Leesburg .......... (703) 724-1195

- Ojo-Carons, Akinwunmi, MD
  Hospital Affiliations:
  Warren Memorial Hospital, Inc.
  Shenandoah Memorial Hospital

- O'Connor, Kevin, MD
  Hospital Affiliations:
  Winchester .......... (540) 667-1712
  Leesburg .......... (703) 724-1195

- O'Brien, Walter, MD
  Hospital Affiliations:
  Leesburg .......... (703) 724-1195

- Nelson, Kinloch, MD
  Henrico Doctors' Hospital - Forest Campus

- Webb, Richard, MD
  Newport News ....... (757) 595-1000

- Wnek, James, MD
  Hospital Affiliations:
  St. Mary's Hospital

- Xie, Zhi, MD
  Richmond .......... (804) 775-6920
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

- Yarbrough, Michael, MD
  Hospital Affiliations:
  Centra Southside Community Hospital
  Roanoke ............ (540) 283-6000

- Zhi, Xie, MD
  Richmond .......... (804) 775-6920
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

- Zia, Saeed, MD
  Hospital Affiliations:
  Sentara Martha Jefferson Hospital
  University of Virginia Medical Center

- Zhang, Chao, MD
  Richmond .......... (804) 535-0100
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

- Zhao, Fang, MD
  Richmond .......... (804) 330-9105
  Hospital Affiliations:
  Sentara Martha Jefferson Hospital
  University of Virginia Medical Center

- Zheng, Lijun, MD
  Richmond .......... (804) 280-0000
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital
  Virginia Beach .... (757) 457-5100

- Zhou, Jian, MD
  Richmond .......... (804) 330-9105
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

- Zhou, Xiaoyi, MD
  Hospital Affiliations:
  Sentara Martha Jefferson Hospital
  University of Virginia Medical Center

- Zhou, Xiaoyi, MD
  Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

- Zhou, Xiaoyi, MD
  Hospital Affiliations:
  Sentara Martha Jefferson Hospital
  University of Virginia Medical Center
Specialists - Tier 1

Vascular Surgery

Adams, Joshua D., MD  Roanoke .......... (540) 853-0100  Hospital Affiliations:  Carilion Roanoke Memorial Hospital  Lewis-Gale Medical Center
Ahanchi, Sadaf S., MD  Norfolk ............ (757) 622-2649  Suffolk ............ (757) 395-1600  Virginia Beach .. (757) 470-5570
Akinrinlola, Ayonrinde, MD  Front Royal ...... (540) 636-0627  Winchester ...... (540) 536-6721  Hospital Affiliations:  Winchester Medical Center
Andre, Jason L., MD  Newport News .. (757) 397-2383  Portsmouth ........ (757) 397-2383  Hospital Affiliations:  Bon Secours Mary Immaculate Hospital  Bon Secours Maryview Medical Center
Arbid, Elias Joseph, MD  Fishersville ...... (540) 245-7705  Hospital Affiliations:  Augusta Medical Center  Bon Secours Maryview Medical Center  Sentara Obici Hospital
Balint, Tara D., MD  Harrisonburg .... (540) 689-5800  Lynchburg ........ (434) 947-8037  Hospital Affiliations:  Bon Secours Maryview Medical Center  Sentara Obici Hospital
Barber, Gregory A., MD  Norfolk ............ (757) 466-6513  Virginia Beach .. (757) 437-2885  Hospital Affiliations:  Bon Secours DePaul Medical Center Inc  Children's Hospital of the King's Daughters  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital
Bender, Siddharth, MD  Chesapeake Regional Medical Center
Bhende, Siddharth, MD  Suffolk ............ (757) 395-1600  Virginia Beach .. (757) 395-1600  Hospital Affiliations:  Sentara Obici Hospital
Borkon, Matthew, MD  Winchester ...... (540) 536-6721  Hospital Affiliations:  Winchester Medical Center
Bosher, Linwood Paul, MD  Mechanicsville .. (804) 288-1953  Tappahannock ... (804) 443-9308  Hospital Affiliations:  Bon Secours St. Marys Hospital  Henrico Doctors' Hospital - Forest Campus  Henrico Doctors' Hospital - Retreat Campus  St. Mary's Hospital
Brandt, Colin T., MD  Roanoke .......... (540) 283-6000  Hospital Affiliations:  Carilion Roanoke Memorial Hospital  Lewis-Gale Medical Center
Callis, James Timmons, MD  Roanoke .......... (540) 145-5617  Hospital Affiliations:  Bon Secours Maryview Medical Center
Campbell, Marc A., MD  Portsmouth ...... (757) 397-2383  Hospital Affiliations:  Bon Secours Maryview Medical Center  Sentara Obici Hospital
Campbell, Russell W., MD  Greta .............. (434) 656-1274  Hospital Affiliations:  Sentara Virginia Beach General Hospital
DeMasi, Richard J., MD  Bon Secours DePaul Medical Center Inc  Chesapeake Regional Medical Center  Children's Hospital of the King's Daughters  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
DeMasi, Richard J., MD  Chesapeake Regional Medical Center
Deschamplain, Michelle, MD  Virginia Beach .. (757) 436-1005  Virginia Beach .. (757) 470-5570  Hospital Affiliations:  Bon Secours DePaul Medical Center Inc  Children's Hospital of the King's Daughters  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
Deshmukh, Deepak, DO  Hampton ............ (757) 736-7250  Hospital Affiliations:  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital
Dexter II, David, MD  Norfolk ............ (757) 395-1600  Virginia Beach .. (757) 470-5570  Hospital Affiliations:  Chesapeake Regional Medical Center  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
Drougas, James George, MD  Roanoke .......... (540) 224-4325  Hospital Affiliations:  Carilion Roanoke Memorial Hospital  Bon Secours DePaul Medical Center Inc  Chesapeake Regional Medical Center  Children's Hospital of the King's Daughters  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
Epstein, William H., MD  Christiansburg ... (540) 731-7000  Roanoke .......... (540) 266-6438  Hospital Affiliations:  Carilion New River Valley Medical Center
Ferrante, Giovanni A, MD  Abingdon ...... (276) 258-1777  Norton .......... (276) 439-1490  Hospital Affiliations:  Johnston Memorial Hospital
Gayle, Robert G., MD  Suffolk ............ (757) 470-5570  Hospital Affiliations:  Bon Secours DePaul Medical Center Inc  Chesapeake Regional Medical Center  Children's Hospital of the King's Daughters  Henrico Doctors' Hospital - Retreat Campus  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
Gensler, Todd W., MD  Hampton ............ (757) 736-7250  Newport News .. (757) 736-9302  Virginia Beach .. (757) 470-5570  Hospital Affiliations:  Bon Secours DePaul Medical Center Inc  Bon Secours Mary Immaculate Hospital  Chesapeake Regional Medical Center  Sentara Bayside Hospital  Sentara CarePlex Hospital  Sentara Leigh Hospital  Sentara Norfolk General Hospital  Sentara Princess Anne Hospital  Sentara Virginia Beach General Hospital
Goff, Charles D., MD  Fishersville ...... (540) 245-7705  Hospital Affiliations:  Augusta Medical Center
Specialists - Tier 1

Hancock, Susan, MD
Newport News ... (757) 873-0138
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

H’Doubler, William Zach, MD
Rooznoke .......... (540) 224-4325
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hill, Stephen L., MD
Rooznoke .......... (540) 344-1400
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kim, Hannah, DO
Winchester......... (540) 536-6721
Hospital Affiliations:
Winchester Medical Center

Koenig, Frank, MD
Fredericksburg ...... (540) 654-9118
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Landis, Michael E., MD
Virginia Beach ...... (610) 525-5120
Williamsburg ....... (757) 345-4460
Hospital Affiliations:
Sentara CarePlex Hospital Sentara Williamsburg Regional Medical Center

Leake, Andrew, MD
Richmond .......... (804) 288-1953
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Ligush Jr., John, MD
Charlottesville ...... (434) 654-1700

Lin, Joyce Y., MD
North Chesterfield(804) 320-2705
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Malgor, Emily, MD
Virginia Beach ...... (757) 470-5570
Hospital Affiliations:
Sentara Princess Anne Hospital

Malgor, Rafael, MD
Norfolk .......... (757) 395-1600
Hospital Affiliations:
Sentara Leight Hospital Sentara Norfolk General Hospital

Marcinczyk, Michael J., MD
Nassawadox .......... (757) 622-2649
Norfolk .......... (757) 622-2649
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc Chesapeake Regional Medical Center Children’s Hospital of the King’s Daughters Riverside Shore Memorial Hospital Sentara CarePlex Hospital

McBee, Claude Matthew, MD
Suffolk ........... (757) 539-7824
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

McEer, C. Scott, MD
Newport News
Virginia Beach ...... (757) 470-5570
Hospital Affiliations:
Sentara CarePlex Hospital Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Princess Anne Hospital Sentara Virginia Beach General Hospital

Mendez-Picon, Gerardo, MD
Richmond .......... (804) 968-4435
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

Montgomery, Gregory F., MD
Harrisonburg ...... (540) 689-5800
(laray .......... (540) 743-9087
Mount Jackson ..... (540) 477-3185
Hospital Affiliations:
Augusta Medical Center Sentara RMH Medical Center

Moore, Jason R., MD
Harrisonburg ...... (540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Center

Moy, Peter, MD
Chesapeake ...... (757) 436-1005
Hampton ........... (757) 736-7250
Newport News ... (757) 736-9302
Norfolk .......... (757) 622-2649
Virginia Beach ...... (757) 470-5570
Williamsburg ...... (757) 345-4460
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Mukherjee, Avik, MD
Richmond ........... (804) 968-4435
Hospital Affiliations:
Henrico Doctors’ Hospital - Retreat Campus

Newton, George B., MD
Mechanicsville ...... (804) 730-3156
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

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Sentara RMH Medical Center

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Panneton, Jean M., MD
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Virginia Beach ...... (757) 470-5570
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Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Bayside Hospital Sentara CarePlex Hospital Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children’s Hospital of the King’s Daughters
Sentara Bayside Hospital Sentara CarePlex Hospital Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital

Podolsky, Robert, MD
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Hospital Affiliations:
Rexton Hospital Center

Raju, Ashish, MD
Blacksburg ...... (540) 713-7600
Christiansburg ...... (540) 639-5888
Pearsburg .......... (540) 921-2158
Radford ............... (540) 633-6533
Wytheville .......... (540) 731-7600
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Carilion Giles Community Hospital

Rathore, Animesh, MD
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Hospital Affiliations:
Sentara Princess Anne Hospital

Robinson, William P., MD
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Zion Crossroads (434) 243-9466
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Southern, Frederick N., MD
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Steedman, Samuel, MD
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Princess Anne Hospital Sentara Virginia Beach General Hospital

Stokes, Gordon K., MD
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Virginia Beach ...... (757) 470-5570
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Bayside Hospital Sentara CarePlex Hospital Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital

Tierney, William A., MD
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Bon Secours Regional Medical Center
Bon Secours St. Marys Hospital Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
VCU Health System/MCV

Optima Direct Network Providers 5/2019 357
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<th>Name</th>
<th>City/Region</th>
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<td>Torres, Carlos Jose</td>
<td>Virginia Beach</td>
<td>(757) 437-2882</td>
<td>Bon Secours DePaul Medical Center Inc, Bon Secours Maryview Medical Center, Chesapeake Regional Medical Center, Sentara Leigh Hospital, Sentara Norfolk General Hospital, Sentara Princess Anne Hospital, Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Tung, William S.</td>
<td>Blacksburg</td>
<td>(540) 776-2010</td>
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<td>Upchurch, Gilbert</td>
<td>Charlottesville</td>
<td>(434) 243-6333</td>
<td>University of Virginia Medical Center</td>
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<tr>
<td>Warner, Marc T</td>
<td>Richmond</td>
<td>(804) 288-1953</td>
<td>Bon Secours St. Marys Hospital, Henrico Doctors' Hospital - Forest Campus, St. Mary's Hospital</td>
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<tr>
<td>Williams, Carlin A</td>
<td>Charlottesville</td>
<td>(434) 243-1000</td>
<td>University of Virginia Medical Center</td>
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<tr>
<td>Wright, Antwana</td>
<td>Richmond</td>
<td>(804) 320-2705</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td>Norfolk</td>
<td>(757) 622-2649</td>
<td>Sentara Princess Anne Hospital</td>
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<td>Zimmerman, Barklie W</td>
<td>Richmond</td>
<td>(804) 968-4435</td>
<td>Bon Secours St. Marys Hospital, Henrico Doctors' Hospital - Forest Campus, St. Mary's Hospital</td>
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<tr>
<td>Crossland, Stephen</td>
<td>Richmond</td>
<td>(804) 254-9784</td>
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**Wound Medicine**
Specialist Tier 2

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Hospital Affiliations:
VCU Health System/MCV

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Novant Health UVA Health System
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Optima Direct Network Providers 5/2019

361
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Goldberg, Stephanie, MD
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Hospital Affiliations:
University of Virginia Medical Center
VCU Health System/MCV

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Narayana, Avisnah, DO
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Stafford Hospital Center

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VCU Health System/MCV

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VCU Health System/MCV

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Mary Washington Hospital (MWH)

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Bon Secours Maryview Medical Center
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenhamp Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
VCU Health System/MCV

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Hospital Affiliations:
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Genetics

Bodurtha, Joanne N., MD
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Hospital Affiliations:
Chippenham Medical Center/Johnson-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital
VCU Health System/MCV

Lewandowski, Raymond, MD
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Hospital Affiliations:
VCU Health System/MCV

Gynecologic Oncology

Carter, Jori, MD
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VCU Health System/MCV

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Hospital Affiliations:
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Temkin, Sarah M, MD
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Hospital Affiliations:
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Hematology/Oncology

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Hospital Affiliations:
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VCU Health System/MCV (MCVH)

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Hospital Affiliations:
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Fang, Zhann, MD
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Geyer, Jr, Charles E., MD
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Ginder, Gordon, MD
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Hospital Affiliations:
VCU Health System/MCV

Gordon, Sarah W, DO
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Hospital Affiliations:
VCU Health System/MCV

Grant, Steven X., MD
Richmond.......... (804) 828-8337
Hospital Affiliations:
VCU Health System/MCV

Gynecology Only

Borzelicker, Joseph F., MD
Richmond.......... (804) 828-9720
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
## Infectious Disease

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<th>Affiliations</th>
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<td>Ali, Awil, MD</td>
<td>Richmond (804) 828-3250 VCU Health System/MCV</td>
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<td>Bearman, Gonzalo, MD</td>
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<td>De La Cruz, Oveimar, MD</td>
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<td>Franchi, Diane, MD</td>
<td>Fredericksburg (540) 374-3277 VCU Health System/MCV</td>
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<td>Fredericksburg (540) 374-3277 Mary Washington Hospital (MWH)</td>
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<td>Kerkerin, Thomas, MD</td>
<td>Richmond (804) 828-2161 VCU Health System/MCV</td>
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<tr>
<td>Lavoie, Suzanne R., MD</td>
<td>Richmond (804) 828-9711 VCU Health System/MCV</td>
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## Interventional Cardiology

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<td>Abouzaki, Nayef A., MD</td>
<td>Richmond (804) 628-4327 VCU Health System/MCV</td>
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<tr>
<td>Exaire, Jose, MD</td>
<td>Richmond (804) 628-4328 VCU Health System/MCV</td>
</tr>
<tr>
<td>Gertz, Zachary, MD</td>
<td>Richmond (804) 828-4327 Williamsburg (757) 220-1246</td>
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## Maternal-Fetal Medicine

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<td>Clark, Kelley D., MD</td>
<td>Fredericksburg (540) 741-3260 VCU Health System/MCV</td>
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<td>Laky, Christine, MD</td>
<td>Fredericksburg (540) 741-3260 VCU Health System/MCV</td>
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<tr>
<td>Ramus, Ronald, MD</td>
<td>Fredericksburg (540) 741-3260 VCU Health System/MCV</td>
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<tr>
<td>Stanford</td>
<td>(540) 741-9730</td>
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## Optima Direct Network Providers 5/2019

364
Medical Oncology

McGuire, William P., MD
Richmond......... (804) 828-7999

Hospital Affiliations:
VCU Health System/MCV

Neonatology

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VCU Health System/MCV Hospital - North
VCU Health System/MCV Hospital - West

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Children’s Hospital of the King’s Daughters
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Hospital Affiliations:
VCU Health System/MCV
## Neurology

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<td>Chen, Zhijian, MD</td>
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## Nuclear Medicine

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<td>Charron, Martin, MD</td>
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## Ophthalmology

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<td>Bansal, Surbhi, MD</td>
<td>Richmond (804) 828-8643</td>
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<td>Benson, William H., MD</td>
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<td>Brar, Vikram, MD</td>
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<td>Couser, Natario L., MD</td>
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<td>Dang, Diemungoc T., MD</td>
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<td>Gupta, Pranay, MD</td>
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<td>Leffler, Christopher, MD</td>
<td>Fredericksburg (804) 828-9315</td>
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<td>Randolph, Jessica D., MD</td>
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<td>Richards, Nikisha Q., MD</td>
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<td>Silverstein, Evan, MD</td>
<td>Richmond (804) 828-8643</td>
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</table>
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- Stephens, Stephanie L, DO
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**Pediatric Allergy & Immunology**

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**Pediatric Cardiology**

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  Southside Regional Medical Center
  St. Mary's Hospital
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**Pediatric Critical Care**

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**Pediatric Developmental**

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**Pediatric Endocrinology**

- Mukand, Kanhere Mansi, MD
  Henrico.......... (804) 828-2467
  Hospital Affiliations:
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**Radiation Therapy**

- Ahuja, Avnit, MD  
  Fredericksburg .. (540) 899-3594  
  Hospital Affiliations: Mary Washington Hospital (MWH)

**Sleep Medicine**

- Taylor, Erin M, RD  
  Richmond .......... (804) 827-0045  
  Hospital Affiliations: VCU Health System/MCV

**Rheumatology**

- Schutzer, Matthew E., MD  
  Richmond .......... (804) 828-7232  
  Hospital Affiliations: VCU Health System/MCV

**Registered Dietitian (Provider)**

- Singh, Inderjit, MD  
  Stafford .......... (540) 657-6367  
  Hospital Affiliations: Mary Washington Hospital (MWH)  
  Stafford Hospital Center

**Surgical Critical Care**

- Schutzer, Matthew E., MD  
  Richmond .......... (804) 828-7232  
  Hospital Affiliations: VCU Health System/MCV

**Surgical Oncology**

- Taylor, Erin M, RD  
  Richmond .......... (804) 827-0045  
  Hospital Affiliations: VCU Health System/MCV

- Singh, Inderjit, MD  
  Stafford .......... (540) 657-6367  
  Hospital Affiliations: Mary Washington Hospital (MWH)  
  Stafford Hospital Center

**Urology**

- Taylor, Erin M, RD  
  Richmond .......... (804) 827-0045  
  Hospital Affiliations: VCU Health System/MCV

- Singh, Inderjit, MD  
  Stafford .......... (540) 657-6367  
  Hospital Affiliations: Mary Washington Hospital (MWH)  
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<td>Tierney, William A., MD</td>
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Optima Direct Network Providers 5/2019
### Other Services - Tier 1

**Pinellas**
- **Lincare, Inc.**
  - 19387 U.S.19 North
  - Clearwater, FL 33764
  - (800) 284-2006
- **Saint Lucie**
  - Liberty Medical Supply
  - 8881 South US Highway 1 Suite A
  - Port Saint Lucie, FL 34952
  - (772) 398-3122
  - 8883 Liberty Lane Suite 250
  - Port Saint Lucie, FL 34952
- **Volusia**
  - Delfin Healthcare, Inc.
    - 75 N Thompson Creek Rd Ste 1
    - Ormond Beach, FL 32174
    - (386) 671-0028
- **Orange**
  - Accredo Health Group, Inc.
    - 6272 Lee Vista Blvd Ste 100
    - Orlando, FL 32822
    - (888) 773-7376
  - **IV Therapy**
    - Advanced Home Care (DME)
      - 3700 Eisenhower Parkway Suite 5
      - Macon, GA 31206
      - (478) 785-6455
- **Fulton**
  - Otto Bock Orthopedic Services
    - 245 Airport Pulling Road South
    - Naples, FL 34104
    - (800) 736-8276
  - **Gwinnett**
    - Advanced Home Care (DME)
      - 5901 Goshen Springs Rd Suite G
      - Norcross, GA 30071
      - (770) 449-6898
  - **Walton**
    - Premier Kids Care, Inc.
      - 221 Plaza Dr
      - Monroe, GA 30655
      - (770) 207-9001
  - **IV Therapy**
    - Home Choice Partners
      - 2206 Dawson Road Suite B
      - Albany, GA 31707
      - (229) 432-5830
  - **Gwinnett**
    - Advanced Home Care (IV Therapy)
      - 5901 Goshen Springs Rd Suite G
      - Norcross, GA 30071
      - (770) 449-6898
  - **Home Choice Partners**
    - 5600 Oakbrook Parkway Suite 170
    - Norcross, GA 30093
    - (678) 987-0321
  - **Richmond**
    - Home Choice Partners
      - 2848 Washington Road
      - Augusta, GA 30909
      - (706) 855-0155
  - **IA**
    - **DME**
      - **Black Hawk**
        - Talk To Me Technologies LLC
          - 3508 Terrace Dr
          - Cedar Falls, IA 50613
          - (877) 392-2299

**IL**
- **Cardiology Diagnostic Services**
  - LifeWatch Services Inc
    - 10255 West Higgins Rd
    - Rosemont, IL 60018
    - (877) 774-9846
  - **Cook**
  - **DME**
  - **Cook**
    - Apria Healthcare, Inc.
      - 3379 Solutions Center
      - Chicago, IL 60667

**IN**
- **DME**
  - **Cook**
    - Otto Bock Orthopedic Services
      - 200 W Higgins Road Suite 202
      - Schaumburg, IL 60195
      - (800) 736-8276
  - **Orthotics and Prosthetics**
    - Orthodynamics Company, Inc
      - 155 Carey Drive
      - Noblesville, IN 46060
      - (800) 497-9107
    - Roche Health Solutions, Inc.
      - 10300 Kincaid Dr Suite 100 North
      - Fishers, IN 46037
      - (888) 803-8935
      - (800) 330-6770
  - **Marion**
    - Lantz Medical
      - 7750 Zionsville Rd Ste 800
      - Indianapolis, IN 46268
      - (317) 536-4870

**KY**
- **DME**
  - **Bell**
    - MIDDLESBORO ARH HOSPITAL
      - 3600 W Cumberland Ave
      - Middlesboro, KY 40965
      - (606) 242-1100

**Fayette**
- National Seating & Mobility, Inc.
  - 2025 Leestown Road Unit L
  - Lexington, KY 40511
  - (850) 381-1440

**Floyd**
- McDowell ARH Hospital
  - Rte 122
  - McDowell, KY 41647
  - (606) 377-3400

**Harlan**
- Harlan ARH Hospital
  - 81 Ball Park Road
  - Harlan, KY 40831
  - (606) 573-8100

**Jefferson**
- National Seating & Mobility, Inc.
  - 11003 Bluegrass Parkway Ste 460
  - Louisville, KY 40299
  - (502) 266-5123
  - 11003 Bluegrass Pkwy Suite 550
  - Louisville, KY 40299
  - (502) 266-5213

**Leslie**
- Mary Breckinridge ARH Hospital
  - 130 Kate Ireland Rd
  - Hyden, KY 41749

**Letcher**
- Appalachian Regional Hospital
  - Whitesburg
  - 240 Hospital Road
  - Whitesburg, KY 41858
  - (606) 633-3500

**Morgan**
- Morgan County ARH Regional Medical Center
  - 476 Liberty Rd
  - West Liberty, KY 41472
  - (606) 743-3186

**Pike**
- Williamson ARH Hospital
  - 260 Hospital Drive
  - South Williamson, KY 41503
  - (606) 237-1700

**Physical/Occupational/Hand Therapy**
- CHAMPION PHYSICAL THERAPY, LLC
  - 1475 US Hwy 25 E Suite 6
  - Middlesboro, KY 40965
  - (606) 248-1996
  - MIDDLESBORO ARH HOSPITAL
    - 3600 W Cumberland Ave
    - Middlesboro, KY 40965
    - (606) 242-1100
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<td>Lavale, MD 21502</td>
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<td>(606) 377-3400</td>
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<td>South Williamson, KY 41503</td>
<td>(410) 298-4555</td>
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<td>(606) 377-3400</td>
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<td>(844) 690-8123</td>
<td>Arlington, MD 21215</td>
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<td>(410) 472-8383</td>
<td>Leonardtown, MD 20650</td>
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<td>DERMATOPATHOLOGY ALLIANCE OF KENTUCKY PLLC</td>
<td>Medcomp, Inc.</td>
<td>Apria Healthcare, Inc.</td>
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<td>839 S Second St</td>
<td>4000 Blackburn Lane Suite 240</td>
<td>119 Naylor Mill Road Ste 10</td>
<td>7227 Lee DeForest Dr</td>
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<td>Louisville, KY 40203</td>
<td>Burtonsville, MD 20866</td>
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<td>(502) 583-5834</td>
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Optima Direct Network Providers 5/2019 375
**Physical/Occupational/Hand Therapy**

**Allegany**
- Progressive Physical Therapy & Rehabilitation Center
  11801 Industrial Park
  Cumberland, MD 21502
  (301) 729-3485

**Frederick**
- Physiotherapy Associates (Frederick)
  170 Thomas Johnson Dr Ste 104
  Frederick, MD 21702
  (301) 662-7496

**Radiology (Ancillary)**

**Allegany**
- ADR LLC
  12252 Williams Rd
  Cumberland, MD 21502
  (240) 362-7410
- 952 Seton Dr
  Cumberland, MD 21502
  (301) 777-3522

**Garrett**
- Oakland MRI Center, LLC
  259 N Fourth Street
  Oakland, MD 21550
  (301) 533-4674

**Washington**
- Diagnostic Imaging Services (Women's Imaging Center)
  11110 Medical Campus Rd Ste 245
  Hagerstown, MD 21740
  (240) 964-8111
- 322 E Antietam
  Hagerstown, MD 21740
  (301) 790-8000

**Reference Lab**

**Frederick**
- Meritus Medical Laboratory, LLC
  10715 Downsville Pike
  Hagerstown, MD 21742
  (800) 428-2105
- 952 Seton Dr
  Cumberland, MD 21502
  (301) 777-3522

**Howard**
- Miraca Life Sciences
  5850 Waterloo Road Suite 140
  Columbia, MD 21045
  (443) 325-7262

**Montgomery**
- BIO REFERENCE LABORATORIES, INC.
  22520 Gateway Center Dr
  Clarksburg, MD 20871
  (240) 686-1501

**Speech Therapy**

**Frederick**
- Physiotherapy Associates (Frederick)
  170 Thomas Johnson Dr Ste 104
  Frederick, MD 21702
  (301) 662-7496

**Speech Therapy (Early Intervention)**

**Frederick**
- Physiotherapy Associates
  170 Thomas Johnson Dr Ste 104
  Frederick, MD 21702
  (301) 662-7496

**MI**
- DME
  Macomb
- Tambra Investments dba Real Time Diagnostics
  23247 Pinewood Street
  Warren, MI 48091
  (866) 662-7897

**NC**
- Cardiac Monitoring Services
  Alamonace

**MS**
- Reference Lab
  Lowndes
- American Esoteric Laboratories
  425 Hospital Dr Suite 6B
  Columbus, MS 39705
  (662) 243-2013

**DME**

**Alamance**
- Advanced Home Care (DME)
  1225 Huffman Mill Rd
  Burlington, NC 27215
  (800) 289-4358

**Avery**
- Medi Home Care (DME)
  3616 Mitchell Street
  Linville, NC 28646
  (828) 733-3663

**Bladen**
- Advanced Home Care (DME)
  300 Mercer Mill Rd
  ELIZABETHTOWN, NC 28337

**Buncombe**
- Advanced Home Care (DME)
  120 Sweeten Creek Road
  Asheville, NC 28803
  (828) 285-0239
- Aeroflow Breastpumps & Urology
  3165 Sweeten Creek Rd
  Asheville, NC 28803
  (888) 345-1780

**Hennepin**
- Neurotech NA, Inc.
  12400 Whitewater Drive Suite 110
  Minnetonka, MN 55343
  (952) 980-1197
- Tactile Systems Technology Inc (dba Tactile Medical)
  331 Tyler Street NE Suite 200
  Minneapolis, MN 55413
  (888) 435-3948

**Ramsey**
- Advanced Respiratory, Inc.
  1020 County Road F West
  Saint Paul, MN 55126
  (800) 426-4224
- Empi Inc
  599 Cardigan Rd
  Saint Paul, MN 55126
  (800) 328-2536
## Other Services - Tier 1

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<td>Burke</td>
<td>National Seating &amp; Mobility, Inc. 1031 Malcolm Blvd Connelly Springs, NC 28659 (828) 522-1036</td>
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<tr>
<td>Cabarrus</td>
<td>Advanced Home Care (DME) 744 Church Street N Concord, NC 28025 (704) 784-2110</td>
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<td>Medical Modalities</td>
<td>325 McGill Ave NW Concord, NC 28027 (808) 849-2716</td>
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<td>Caldwell</td>
<td>Advanced Home Care (DME) 461 Harper Ave SW Lenoir, NC 28645 (828) 726-0901</td>
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<td>Praxair Healthcare Services (Lenoir)</td>
<td>458 Harper Ave Lenoir, NC 28645 (828) 754-1655</td>
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<td>Catawba</td>
<td>Advanced Home Care (DME) 375 Main Ave NE Hickory, NC 28601 (828) 726-0901</td>
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<td>Medi Home Care (DME)</td>
<td>2948 S NC Highway 127 Hickory, NC 28690</td>
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<td>Craven</td>
<td>Medi Home Care (DME) 2708 Neuse Blvd New Bern, NC 28562</td>
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<td>Durham</td>
<td>Edgarpark Medical Supplies 34 Surles Ct Suite 100 Durham, NC 27703 (800) 321-0591</td>
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<td>Lincare, Inc.</td>
<td>5441 Lumley Rd Suites 102 and 103 Durham, NC 27703 (919) 957-7344</td>
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<td>Forsyth</td>
<td>Advanced Home Care (DME) 1100 South Stratford Rd Bldg B Ste 410 Winston Salem, NC 27103 (336) 760-2131</td>
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<td>Gaston</td>
<td>Advanced Home Care (DME) 2391 Court Drive Ste 105 Gastonia, NC 28054 (704) 864-1032</td>
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<td>American HomePatient (Gastonia)</td>
<td>3826 South New Hope Rd Ste 9 Gastonia, NC 28056 (704) 823-7670</td>
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<td>Jackson</td>
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<td>American HomePatient (Pineville)</td>
<td>600 Town Centre Blvd Ste 308 Pineville, NC 28134 (704) 529-0643</td>
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<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>4347 Statesville Rd Charlotte, NC 28269</td>
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<td>KCI USA Inc</td>
<td>6132 Brookshire Blvd Ste H Charlotte, NC 28216 (800) 275-4524</td>
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<td>Medi Home Care (DME)</td>
<td>9117 Monroe Road Ste 130 Charlotte, NC 28279 (704) 225-0003</td>
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<td>1209 North Fayetteville St Asheboro, NC 27203 (336) 625-1010</td>
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<td>Lineagen, Inc.</td>
<td>1124 Main St Elizabeth City, NC 27909 (252) 338-0201</td>
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<td>1016 W Ehringhaus St Ste A Elizabeth City, NC 27909</td>
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<td>1124 Main St Elizabeth City, NC 27909 (252) 338-0201</td>
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<td>Advanced Home Care (DME) 1005 WH Smith Blvd Greensville, NC 27834 (252) 353-6800</td>
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<td>Lincare, Inc.</td>
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<td>8380 NC Highway 87 Reidsville, NC 27372 (336) 616-1955</td>
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<td>Hayne's Family Pharmacy</td>
<td>509 S Van Buren Road Eden, NC 27288 (336) 627-0866</td>
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<td>1406B West Innes St Burlington, NC 27215 (336) 228-3266</td>
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<td>1225 Huffman Mill Rd Ste 104 Burlington, NC 27215 (336) 538-1194</td>
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<td>Maxim Healthcare Services</td>
<td>126 West Front St Burlington, NC 27215 (336) 228-3266</td>
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<tr>
<td>Alhemarle Home Care and Hospice (HH)</td>
<td>202C US 13N Windsor, NC 27903 (252) 338-4066</td>
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<tr>
<td>Advanced Home Care (Home Health)</td>
<td>120 Sweeten Creek Road Asheville, NC 28803 (828) 285-0239</td>
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<td>Maxim Healthcare Services</td>
<td>1209 Tunnel Rd Ste E Asheville, NC 28805 (828) 299-4388</td>
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<tr>
<td>Cabarrus</td>
<td>Advanced Home Care (Home Health) 744 Church Street N Concord, NC 28025 (704) 784-2110</td>
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### Other Services - Tier 1

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<td>Caldwell</td>
<td>Advanced Home Care (Home Health)</td>
<td>518 Coke Ave #524B Edenton, NC 27932</td>
<td>(252) 338-4066</td>
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<tr>
<td>Forsyth</td>
<td>Advanced Home Care (Home Health)</td>
<td>1100 South Stratford Rd Bldg B Suite 410 Winston Salem, NC 27103</td>
<td>(336) 760-2131</td>
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<tr>
<td>New Hanover</td>
<td>Advanced Home Care (Home Health)</td>
<td>5301 North Boundary Rd Suite 210 Salisbury, NC 28147</td>
<td>(704) 638-0025</td>
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<tr>
<td>Cumberland</td>
<td>Advanced Home Care (Home Health)</td>
<td>5798 Cantake Hwy Unit B Poplar Branch, NC 27965</td>
<td>(252) 338-4066</td>
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<tr>
<td>Guilford</td>
<td>Advanced Home Care (Home Health)</td>
<td>2391 Court Drive Suite 105 Gastonia, NC 28054</td>
<td>(704) 884-1032</td>
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<tr>
<td>Mecklenburg</td>
<td>Advanced Home Care (Home Health)</td>
<td>2520 Whitehall Park Dr Ste 950 Charlotte, NC 28273</td>
<td>(704) 831-5000</td>
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<tr>
<td>Moore</td>
<td>Advanced Home Care (Home Health)</td>
<td>1806 N Sandhills Blvd Aberdeen, NC 28315</td>
<td>(910) 295-4119</td>
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<tr>
<td>Orange</td>
<td>Advanced Home Care (Home Health)</td>
<td>1700 West Innes St Suite 22 Salisbury, NC 28144</td>
<td>(704) 638-2000</td>
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<tr>
<td>Pasquotank</td>
<td>Advanced Home Care (Home Health)</td>
<td>220C Ocean Hwy S Hertford, NC 27944</td>
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<tr>
<td>Pitt</td>
<td>Advanced Home Care (Home Health)</td>
<td>1005 WH Smith Blvd Greensboro, NC 27834</td>
<td>(336) 852-3148</td>
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<tr>
<td>Rowan</td>
<td>Advanced Home Care (Home Health)</td>
<td>5739 North Market St Ste 304 Greensboro, NC 27407</td>
<td>(336) 878-8822</td>
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<td>Wake</td>
<td>Advanced Home Care (Home Health)</td>
<td>1231 NE Maynard Rd Cary, NC 27513</td>
<td>(919) 852-0052</td>
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<tr>
<td>Yadkin</td>
<td>Advanced Home Care (Home Health)</td>
<td>1407 E Church Street Elizabeth City, NC 27909</td>
<td>(252) 331-1203</td>
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<tr>
<td>Home Health High Risk OB Care</td>
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<td>1005 WH Smith Blvd Greensboro, NC 27834</td>
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<tr>
<td>Home Health/IV Therapy</td>
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<td>125 W H Smith Blvd Suite 100 Greensboro, NC 27834</td>
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<tr>
<td>IV Therapy</td>
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<td>Advanced Home Care (Home Health)</td>
<td>1351 North Center Ct Hickory, NC 28601</td>
<td>(828) 726-8746</td>
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<td>2391 Court Drive Suite 205 Charlotte, NC 28207</td>
<td>(704) 333-3033</td>
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<td>Advanced Home Care (Home Health)</td>
<td>1300 Baxter Street Suite 455 Charlotte, NC 28204</td>
<td>(704) 366-1075</td>
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<tr>
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<td>438 Raleigh St Wilmington, NC 28412</td>
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<td>pasquotank</td>
<td>Advanced Home Care (Home Health)</td>
<td>5510 Six Forks Rd Ste 125 Raleigh, NC 27609</td>
<td>(919) 676-7990</td>
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<td>PSA Healthcare</td>
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<td><strong>Orthotics and Prosthetics</strong></td>
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<td>Acrodeo Health Group, Inc. 422 E Guilfordmore Dairy Rd Ste A Greensboro, NC 27409 (336) 393-0555</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 405 W 15th St Washington, NC 27889 (252) 940-1203</td>
<td>SME, INC. USA 5949 Carolina Beach Rd Wilmington, NC 28412 (800) 553-6971</td>
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<td>Advanced Home Care (IV Therapy) 2520 Whitehall Park Dr Ste 950 Charlotte, NC 28273 (704) 831-5000</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 1399 Westgate Center Drive Winston-Salem, NC 27103 (336) 768-1933</td>
<td>Onslow Coastal Carolina Prosthetics and Orthotics, Inc 1715 Country Club Rd Ste B Jacksonville, NC 28546 (910) 378-2710</td>
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<tr>
<td>Home Choice Partners 2201 Crown Point Executive Drive Suite C Charlotte, NC 28227 (704) 969-0900</td>
<td>LEVEL FOUR ORTHOTICS &amp; PROSTHETICS, INC. 1677 Westbrook Plaza Dr Suite 190 Winston-Salem, NC 27103 (336) 765-2425</td>
<td>Pasquotank Coastal Carolina Prosthetics and Orthotics, Inc 106 Medical Dr Elizabeth City, NC 27909 (252) 338-3002</td>
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<td>Nash Lincare, Inc. 1133 Jeffrey Rd Rocky Mount, NC 27804</td>
<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 2860 St Leo Street Greensboro, NC 27405 (336) 272-5155</td>
<td>Pitt Coastal Carolina Prosthetics and Orthotics, Inc 1970 A West Arlington Blvd Greensville, NC 27834 (252) 378-9770</td>
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<td>Lincare, Inc. 1831 Weeksville Rd Ste L and M Elizabeth City, NC 27909 (252) 338-7814</td>
<td>401 Westwood Ave High Point, NC 27262 (336) 885-6565</td>
<td>Wake LEVEL FOUR ORTHOTICS &amp; PROSTHETICS, INC. 11001 Durant Rd Suite 114 Raleigh, NC 27614 (919) 334-6828</td>
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<td>Sentara Home Care - Home Health 300 E Church Street Elizabeth City, NC 27909 (252) 331-1203</td>
<td>LEVEL FOUR ORTHOTICS &amp; PROSTHETICS, INC. 1103 N Elm St Ste 201 Greensboro, NC 27401 (336) 478-9400</td>
<td>Physical/Occupational/Hand Therapy Eastern Orthotics &amp; Prosthetics 2649 Virginia Beach Blvd Virginia Beach, VA 23451 (757) 497-4300</td>
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<td>Lincare, Inc. 1990 Allen Road Ste C Greenville, NC 27834</td>
<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 2860 St Leo Street Greensboro, NC 27405 (336) 272-5155</td>
<td>Chowan Coastal Rehabilitation, Inc. 701 Luke St Edenton, NC 27932</td>
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<td>Lincare, Inc. 1960 Old Charlotte Hwy Suites FGHJK Monroe, NC 28110 (704) 225-9996</td>
<td>401 Westwood Ave High Point, NC 27262 (336) 885-6565</td>
<td>Currituck Coastal Rehabilitation, Inc. 532 C Casatoke Highway Moyock, NC 27958</td>
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<td>Lincare, Inc. 643 Greenway Rd Boone, NC 28607 (828) 263-5996</td>
<td>8310 Medical Plaza Drive Ste C Charlotte, NC 28262 (704) 510-1300</td>
<td>Sentara Therapy Center - Currituck YMCA 130 Community Way Barco, NC 27917 (252) 453-2834</td>
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<td>Watauga</td>
<td>Ortho Pros Express 6510 Northpark Blvd Charlotte, NC 28216 (704) 921-2286</td>
<td>Dare Coastal Rehabilitation, Inc. 503 Cypress Lane Suite A Manteo, NC 27954</td>
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<tr>
<td>MRI Facility</td>
<td>Otto Bock Orthopedic Services 10617 Kettering Drive Ste 104 Charlotte, NC 28226 (800) 736-8276</td>
<td>Outer Banks Physical Therapy 6365 N Croatan Hwy Suite C Kitty Hawk, NC 27949 (252) 255-5348</td>
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<td><strong>Pasquotank</strong></td>
<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 1352 Matthews Township Pkwy Ste 101 Matthews, NC 28105 (704) 841-4388</td>
<td>Coastal Rehabilitation, Inc. 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000</td>
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<td>Pitt Lincare, Inc.</td>
<td>8310 Medical Plaza Drive Ste C Charlotte, NC 28262 (704) 510-1300</td>
<td>Duke University Hospital 2301 Erwin Rd Durham, NC 27710 (919) 684-8111</td>
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<tr>
<td>Union Lincare, Inc.</td>
<td>Otto Bock Orthopedic Services 10617 Kettering Drive Ste 104 Charlotte, NC 28226 (800) 736-8276</td>
<td>Coastal Rehabilitation, Inc. 1144 N Road Street Elizabeth City, NC 27909 (252) 384-4632</td>
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<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 1352 Matthews Township Pkwy Ste 101 Matthews, NC 28105 (704) 841-4388</td>
<td>Sentara Therapy Center - Albemarle YMCA 1240 N Road Street Elizabeth City, NC 27909 (252) 384-4466</td>
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<td>Lincare, Inc.</td>
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<td>Person Person Memorial Hospital 615 Ridge Rd Roxboro, NC 27573 (336) 503-5969</td>
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<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 1352 Matthews Township Pkwy Ste 101 Matthews, NC 28105 (704) 841-4388</td>
<td>Wake Duke Raleigh Hospital 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000</td>
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<td>MRI Facility</td>
<td>Ortho Pros Express 6510 Northpark Blvd Charlotte, NC 28216 (704) 921-2286</td>
<td>Washington Washington Co Hospital 958 US Hwy 64 E Plymouth, NC 27962 (252) 793-4135</td>
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<tr>
<td>Solstas Lab Partners Group, LLC</td>
<td>20 Medical Campus Dr Ste 101 Supply, NC 28462</td>
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<td>(910) 754-5690</td>
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| Buncombe |
| Solstas Lab Partners Group, LLC | 417 Biltmore Ave Ste 4C Asheville, NC 28801 |
| (828) 259-0684 |

| Burke |
| Solstas Lab Partners Group, LLC | 560 Malcolm Blvd 1st Floor RUTHERFORD COLLEGE, NC 28671 |
| (828) 874-1030 |

| Catawba |
| Solstas Lab Partners Group, LLC | 1781 Tate Blvd South Ste 206 Hickory, NC 28602 |
| (828) 304-1232 |

| Davidson |
| Solstas Lab Partners Group, LLC | 2 Cherry St Lexington, NC 27292 |
| (336) 243-5227 |

| Durham |
| Duke Regional Hospital | 3643 Roxboro Rd Durham, NC 27704 |
| (919) 470-4000 |

| Duke University Hospital | 2301 Erwin Rd Durham, NC 27710 |
| (919) 664-8111 |

| Forsyth |
| Solstas Lab Partners Group, LLC | 1635 NC Highway 66 S Ste 135 Kernersville, NC 27284 |
| (336) 996-2775 |

| Gaston |
| Solstas Lab Partners Group, LLC | 1034 X Ray Dr Gastonia, NC 28054 |
| (704) 862-9023 |

| Guilford |
| Solstas Lab Partners Group, LLC | 1002 N Church St ste 200 Greensboro, NC 27401 |
| (336) 333-2225 |

| Johnston |
| Solstas Lab Partners Group, LLC | 515 N 8th St Smithfield, NC 27577 |
| (919) 934-8007 |

| Mecklenburg |
| Solstas Lab Partners Group, LLC | 10030 Gilead Rd Physicians Plaza Ste 240 Huntersville, NC 28078 |
| (866) 697-8378 |

| Wake |
| Duke Raleigh Hospital | 3400 Wake Forest Rd Raleigh, NC 27609 |
| (919) 954-3000 |

| Solstas Lab Partners Group, LLC | 3031 New Bern Ave Ste 300 Raleigh, NC 27610 |
| (919) 250-0358 |

| Solstas Lab Partners Group, LLC | 5620 Six Forks Rd Raleigh, NC 27609 |
| (919) 848-3174 |

| Reference Lab | Berkshire |
| BIO REFERENCE LABORATORIES, INC. | 481 Edward H Ross Drive Elmwood, NJ 07407 |
| (201) 791-2600 |

| Spectra East, Inc. | 5620 Six Forks Road Raleigh, NC 27609 |
| (919) 848-3174 |

| NY |
| Cardiac Monitoring Services |
| Philips Remote Cardiac Services | 1979 Marcus Ave Ste C101 Lake Success, NY 11020 |
| (800) 367-0300 |

| NJ |
| Cardiac Monitoring Services |
| Philips Remote Cardiac Services | 1979 Marcus Ave Ste C101 Lake Success, NY 11020 |
| (800) 367-0300 |

| Reference Lab | Nassau |
| BIOSPEX LIFE SCIENCES | 521 W 57th St Floor 6 New York, NY 10019 |
| (212) 698-0300 |

| Reference Lab | New York |
| Esoterix Laboratories, LLC | 1450 Matthews Township Pkwy Ste 140 Goldsboro, NC 27534 |
| (919) 735-5440 |

| Reference Lab | Morris |
| Philips Remote Cardiac Services | 1300 Turnpike Ste 109 New York, NY 10016 |
| (800) 242-7137 |

| Reference Lab | New York |
| Philips Remote Cardiac Services | 1300 Turnpike Ste 109 New York, NY 10016 |
| (800) 242-7137 |

| Orthotics and Prosthetics |
| Philips Remote Cardiac Services | 1300 Turnpike Ste 109 New York, NY 10016 |
| (800) 242-7137 |
### Other Services - Tier 1

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<td><strong>PA</strong></td>
<td>Cardiology Diagnostic Services</td>
<td>Philadelphia</td>
<td>LifeWatch Services Inc, 1900 Market St Ste 627, Philadelphia, PA 19103, (215) 246-3469</td>
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<td><strong>RI</strong></td>
<td>Reference Lab</td>
<td>Washington</td>
<td>Dominion Diagnostics, LLC, 211 Circuit Dr, North Kingstown, RI 02852, (877) 734-9600</td>
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<td><strong>SC</strong></td>
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<td>GROVE MEDICAL, INC, 1089 Park West Blvd, Greenville, SC 29611, (864) 269-0283</td>
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<td><strong>TN</strong></td>
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<td>Shelby</td>
<td>Telerythmics, 60 Market Center Drive Suite 101 Collierville, TN 38017, (901) 316-0208</td>
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<td><strong>OH</strong></td>
<td>DME</td>
<td>Summit</td>
<td>Edgepark Medical Supplies, 1810 Summit Commerce Park Twinsburg, OH 44087, (800) 321-0591</td>
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<td><strong>OR</strong></td>
<td>Orthotics and Prosthetics</td>
<td>Lucas</td>
<td>Otto Bock Orthopedic Services, 1012 N Bethlehem Pike Ste G, Spring House, PA 19477, (800) 736-8276</td>
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<td><strong>CA</strong></td>
<td>Reference Lab</td>
<td>Cuyahoga</td>
<td>AmeriPath Consolidated Labs, Inc, 7730 First Place Suite A, Oakwood Village, OH 44146, (440) 703-2100</td>
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<td><strong>NY</strong></td>
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<td>Consolidated DermPath, Inc, 7730 First Place Suite A, Oakwood Village, OH 44146, (800) 331-7546</td>
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<td><strong>MD</strong></td>
<td>Orthotics and Prosthetics</td>
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<td>Montgomery Carepoint Medical Solutions, LLC, 2500 Dekalb Pike Suite 303 Norristown, PA 19401, (888) 493-4771</td>
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<td>Delaware</td>
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<td>KCI USA Inc, 357 Northgate Drive Ste 4, Warrendale, PA 15086, (800) 275-4524</td>
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Optima Direct Network Providers 5/2019
### Hamblen
- **Southern Orthocare**
  - 2102 E Andrew Johnson Hwy
  - Morristown, TN 37814
  - (423) 307-1890
- **Resp-I-Care, Inc.**
  - 325 W Suite St
  - Bristol, TN 37620
  - (423) 968-3174

### Knox
- **Resp-I-Care, Inc.**
  - 10640 Murdock Rd
  - Knoxville, TN 37932
  - (865) 243-5200
- **Oxygen and Sleep Associates, Inc.**
  - 3254 W State St
  - Bristol, TN 37620
  - (423) 245-0202

### Robertson
- **Physio Care Inc**
  - 626 Highway 76
  - White House, TN 37188
  - (800) 610-7913

### Rutherford
- **Resp-I-Care, Inc.**
  - 1450 Sam Davis Rd Suite D
  - Smyrna, TN 37167
  - (877) 466-4364

### Shelby
- **Inogen, Inc.**
  - 1400 Knob Creek Rd Suite J
  - Johnson City, TN 37604
  - (423) 238-6933

### Sevier
- **Resp-I-Care, Inc.**
  - 319 Blue Peacock Way
  - Seymour, TN 37865
  - (800) 537-6673

### Sullivan
- **Achieve Bracing Inc.**
  - 1732 North Eastman Road Suite 1A
  - Kingsport, TN 37664
  - (423) 765-1611
- **Advanced Home Care (DME)**
  - 105 Jack White Drive
  - Kingsport, TN 37664
  - (423) 230-8485
- **American HomePatient (Kingsport)**
  - 4105 Ft Henry Dr Ste 205
  - Kingsport, TN 37663
  - (423) 247-4032

### Other Services - Tier 1

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<td>Resp-I-Care, Inc.</td>
<td>Knoxville, TN 37932</td>
<td>10640 Murdock Rd</td>
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<td>Oxygen and Sleep Associates, Inc.</td>
<td>Bristol, TN 37620</td>
<td>3254 W State St</td>
<td>(423) 245-0202</td>
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<td>Resp-I-Care, Inc.</td>
<td>Johnson City, TN 37604</td>
<td>1115 N Roan St</td>
<td>(423) 926-3337</td>
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<tr>
<td>Mobile Images Acquisitions, Inc.</td>
<td>Johnson City, TN 37601</td>
<td>301 Med Tech Parkway Suite 105</td>
<td>(423) 929-3232</td>
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<tr>
<td>Mobile Images Acquisitions, Inc.</td>
<td>Johnson City, TN 37604</td>
<td>301 Med Tech Parkway Suite 105</td>
<td>(423) 926-3337</td>
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<tr>
<td>Advance Home Care (IV Therapy)</td>
<td>Johnson City, TN 37604</td>
<td>105 Jack White Drive</td>
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<td>Johnson City, TN 37601</td>
<td>301 Med Tech Parkway Suite 105</td>
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### Washington
- **Resp-I-Care, Inc.**
  - 105 West Stone Dr Ste 1C
  - Kingsport, TN 37660
  - (423) 349-9000
- **Respiratory Home Care**
  - 105 West Stone Dr Ste 1C
  - Kingsport, TN 37660
  - (423) 349-9000
- **Mooney’s Home Medical Equipment**
  - 1115 N Roan St
  - Johnson City, TN 37601
  - (423) 926-3337

### IV Therapy
- **Accredo Health Group, Inc.**
  - 1620 Century Center Pkwy
  - Memphis, TN 38134
  - (800) 225-8498

### MRI Facility
- **CHAMPION PHYSICAL THERAPY, LLC**
  - 420 Railroad Street
  - Elizabethton, TN 37643
  - (423) 297-1813

### Orthotics and Prosthetics
- **Bristol Orthotics and Prosthetics**
  - 553 Highway 126
  - Johnson City, TN 37601
  - (423) 984-9842

### Physical/Occupational/Hand Therapy
- **Dr. Blount**
  - 1632 West Broadway Avenue
  - Maryville, TN 37801
  - (865) 984-1996

### Pain Management
- **Pain Medicine Associates PC**
  - 438 E Vann Rd
  - Greeneville, TN 37743
  - (865) 798-1849

### Results Physiotherapy
- **BenchMark Physical Therapy**
  - 102 Hines Rd Suite 3
  - Calhoun, TN 37301
  - (704) 602-9655

### Healthstar Physicians, P.C.
- **BenchMark Physical Therapy**
  - 2817 W Andrew Johnson Hwy
  - Morristown, TN 37814
  - (423) 585-8488

### Other Services - Tier 1

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<td>Results Physiotherapy 11201 West Point Drive Ste 104 Farragut, TN 37934 (865) 777-1080</td>
<td>CHAMPION PHYSICAL THERAPY, LLC 4307 North Roan St Suite 7 Johnson City, TN 37615 (423) 491-5222</td>
<td>Mini Miracles Pediatric Therapy, PLLC 2114 E Fairview Avenue Johnson City, TN 37601 (423) 928-6464</td>
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<td>ETSU Physicians and Associates (Physical Therapy) ETSU MSHA Athletic Center John Robert Bell Drive Johnson City, TN 37614 (423) 439-4044</td>
<td>Physical Therapy Services, PA 104 E Main Street Johnson City, TN 37601 (423) 722-2062</td>
<td>Solstas Lab Partners Group, LLC 315 N Washington Ave Ste 180 Cookeville, TN 38501 (931) 526-3763</td>
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<td>Franklin Woods Community Hospital 300 Medtech Parkway Johnson City, TN 37604 (423) 302-1000</td>
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<td>Johnson City Medical Center 400 N State of Franklin Rd Johnson City, TN 37604 (423) 431-6111</td>
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<td>Light Connection Inc 112 E Myrtle Avenue Ste 312 Johnson City, TN 37601 (423) 232-7149</td>
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<td>BenchMark Physical Therapy 1595 Mallory Lane Suite 210 Brentwood, TN 37027 (615) 900-4838</td>
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<td>Physical Therapy Services, PA 1500 West Elk Avenue Elizabethton, TN 37643 (423) 543-2215</td>
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<td>1975 West Elk Avenue Ste 1 Elizabethton, TN 37643 (423) 543-0073</td>
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<td>Erwin Physical Therapy 1201 N Main Street Ste 1 Erwin, TN 37650 (423) 854-0001</td>
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<td>240 Medical Park Blvd Bristol, TN 37620 (423) 968-9313</td>
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<td>Mini Miracles Pediatric Therapy, PLLC</td>
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<td>154 Burnets Way</td>
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<td>2114 E Fairview Avenue</td>
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<td>Suffolk, VA 23434</td>
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<td>Irving, TX 75039</td>
<td>(434) 295-5643</td>
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<td>(423) 928-6464</td>
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<td>Speech Therapy (Early Intervention)</td>
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<td>TX Cardiac Monitoring Services</td>
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<td>1717 N Stain HoustonPkwy West Ste 100</td>
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<td>Houston, TX 77038</td>
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<td>(888) 747-4701</td>
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<td>Audiology (Facility)</td>
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<td>300 North Main Street</td>
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<td>Salt Lake City, UT 84104</td>
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<td>(434) 634-1144</td>
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<td>(800) 736-8276</td>
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<td>Fishersville, VA 22939</td>
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<tr>
<td>VA Air Ambulance</td>
<td>Lynchburg City</td>
<td>Virginia Ambulance Services Inc.</td>
<td>(540) 332-5790</td>
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<td>Lynchburg City</td>
<td>Centra Health - Air Ambulance</td>
<td>543 Crowell Ln</td>
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<td>1920 Atherholt Rd</td>
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<td>Lynchburg, VA 24502</td>
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<td>Lynchburg, VA 24501</td>
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<td>(434) 832-0320</td>
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<td>18200 Health Industrial Park Dr</td>
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<td>500 Lexington Ave</td>
<td>3910 King William St</td>
<td>Bahrmansville, VA 23011</td>
<td>5792 Arrowhead Dr Ste 200</td>
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<tr>
<td>Charlottesville, VA 22901</td>
<td>(757) 671-8911</td>
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<td>Virginia Beach, VA 23462</td>
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<tr>
<td>(800) 736-8276</td>
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<td>(757) 671-8911</td>
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<td>Travis</td>
<td>Petersburg City</td>
<td>Winchester City</td>
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<td>Otto Bock Orthopedic Services</td>
<td>Delta Response Team</td>
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<td>Valley Medical Transport</td>
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<td>11501 Alterra Parkway Suite 600</td>
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<td>333 S Crater Rd</td>
<td>190 Prosperity Road Ste 4</td>
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<tr>
<td>Austin, TX 78758</td>
<td>Appomattox</td>
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<td>Winchester, VA 22601</td>
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<td>(757) 671-8911</td>
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<td>2400 Hermitage Rd</td>
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<td>11230 West Ave Suite 1109</td>
<td>Appomattox, VA 24522</td>
<td>Richmond, VA 23220</td>
<td>78 Medical Center Dr</td>
</tr>
<tr>
<td>San Antonio, TX 78213</td>
<td>(434) 665-6069</td>
<td>(804) 254-1150</td>
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<td>(800) 736-8276</td>
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**Optima Direct Network Providers 5/2019**
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<th>Service Type</th>
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<td>Other Services - Tier 1</td>
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<tr>
<td>Floyd</td>
<td>New River Valley Hearing</td>
<td>(540) 745-8327</td>
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<tr>
<td>Franklin</td>
<td>Commonwealth Hearing Centers</td>
<td>(540) 721-7798</td>
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<tr>
<td>Fredericksburg City</td>
<td>Pratt Medical Center Ltd</td>
<td>(540) 368-5350</td>
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<tr>
<td>Gloucester</td>
<td>The Audiology Offices, LLC</td>
<td>(804) 695-1199</td>
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<tr>
<td>Hampton City</td>
<td>Beltone Hearing Aid Centers, Inc.</td>
<td>(757) 722-4004</td>
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<td>Audiology Hearing Aid Associates</td>
<td>(540) 385-0500</td>
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<td>Hanover</td>
<td>Virginia Ear, Nose &amp; Throat</td>
<td>(804) 725-5706</td>
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<td>Audiology Associates of</td>
<td>(540) 574-4327</td>
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<td>(540) 432-0071</td>
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</table>
Other Services - Tier 1

Med Inc
9100 Arboretum Parkway Suite 130
Richmond, VA 2326
(804) 674-6688

NEB DOCTORS OF VIRGINIA
1811 Huguenot Road Ste C 308
Midlothian, VA 2311
(804) 794-0708

Colonial Heights City
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 1
325 Charles H Dimmock Parkway
Stett 100
325 Charles H Dimmock Parkway
(804) 286-5786

Danville City
Atlantic Medical Inc.(part of Home Care Alliance of VA)
650 Piney Forest Rd
Danville, VA 24540
(434) 792-3800

Commonwealth Home Health Care, Inc.
479 Piney Forest Road
Danville, VA 24540
(434) 797-2332

Home Oxygen & Medical Equipment
4972A Riverside Dr
Danville, VA 24540
(804) 285-2300

Lincare, Inc.
126 Woodside Drive Ste C
Danville, VA 24540
(434) 836-0979

Professional Pharmacy
130 Watson St
Danville, VA 24541
(434) 793-2221

Romar Medical Equipment
3833 US Hwy 29 North
Danville, VA 24540
(434) 836-1824

Emporia City
Clay Home Medical, Inc.(Emporia)
304 N Main St
Emporia, VA 23847
(434) 348-0888

Fairfax
Apria Healthcare, Inc.
5705 General Washington Drive
Suites F & G
Alexandria, VA 22312
(703) 642-3141

Dynquest Medical
3027 Javier Rd Suite 1
Fairfax, VA 22031
(703) 846-0002

Lincare, Inc.
4115 Pleasant Valley Road Suite 600
Chantilly, VA 20151
(703) 222-3090

Lincare, Inc.
1135 Franklin Rd
Rocky Mount, VA 24151
(540) 483-3333

Franklin
Franklin Co Respiratory (part of Home Care Alliance of VA)
1135 Franklin Rd
Rocky Mount, VA 24151
(540) 483-3333

Franklin Respiratory and Medical Inc
1135 Franklin Street
Rocky Mount, VA 24151
(540) 483-3333

Franklin City
Clay Home Medical, Inc.(Franklin)
175 Commerce Park Rd
Franklin, VA 23851
(757) 516-8882

Fredericksburg City
Lincare, Inc.
305 Hanson Ave Ste 100
Fredericksburg, VA 22401
(540) 899-5521

Pat Grimes, Inc. (part of Home Care Alliance of VA)
2303 Jefferson Davis Hwy
Fredericksburg, VA 22401
(540) 371-9181

Galax City
Lincare, Inc.
535 E Stuart Drive
Galax, VA 24333
(276) 238-8880

Giles
Medi Home Care (DME)
310 N Main Street
Pearsall, VA 24134
(877) 431-5795

Rotech Oxygen & Med Equipment
509 Mountain Lake Ave
Pearsall, VA 24134
(540) 921-2357

Halifax
Atlantic Medical Inc.(part of Home Care Alliance of VA)
5037 Halifax Road Ste A
Halifax, VA 24558
(808) 884-4228

Atlantic Medical, Inc.(South Boston)
1015 Wilborn Ave
South Boston, VA 24592
(434) 572-1853

Beach Medical (Lincare)
1200 Wilborn Ave
South Boston, VA 24592
(434) 575-8072

Halifax Regional Home Medical Equipment
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3855

Home Care Alliance of Virginia, Inc.
5037 Halifax Rd Ste A
Halifax, VA 24558
(888) 884-4228

Lincare of Lynchburg
1200 Wilborne Ave
South Boston, VA 24592
(888) 258-4378

Hanover
Chesapeake Rehab Equipment, Inc
dba NuMotion
9432 Atlee Commerce Blvd Ste C/D
Ashland, VA 23005
(877) 550-0530

Roberts Home Medical
340M Hill Carter Pkwy
Ashland, VA 23005
(804) 798-4600

Harrisonburg City
American HomePatient (Harrisonburg)
1950 Evelyn Byrd Ave Ste A & B
Harrisonburg, VA 22801
(540) 574-0259

Image Recovery (Rockingham Memorial Hospital)
298 S Liberty St
Harrisonburg, VA 22801
(540) 564-5636

Lincare, Inc.
182 Neff Ave Ste 9
Harrisonburg, VA 22801
(540) 433-1196

Roberts Home Medical
1970 Evelyn Byrd Ave
Harrisonburg, VA 22801
(540) 564-1194

Sentara RMH Medical Group, LLC
640 South Main Street
Harrisonburg, VA 22801
(540) 457-8230

Henrico
AEROCARE HOME MEDICAL
2852 E Parham Rd
Henrico, VA 23228
(804) 266-2002

Apria Healthcare, Inc.
2808 E Parham Rd
Richmond, VA 23228
(804) 553-4964

Bremo Pharmacy
1902 Skipwith Rd Suite 201
Henrico, VA 23229
(804) 285-7730

2024 Staples Mill Road
Richmond, VA 23230
(804) 288-8361

Dream Care of Virginia, LLC(Henrico)
7650 E Parham Rd Ste 222
Henrico, VA 23294
(804) 266-2002

Henrico Pharmacy
7601 Forest Ave
Richmond, VA 23229
(804) 285-7730

Home Care Delivered, Inc.
4144 Innslake Dr
Glen Allen, VA 23060
(800) 565-5644

Medi Home Care (DME)
4200 Park Place Ct Suite A
Glen Allen, VA 23060
(804) 270-2902

9884 Mayland Drive
Richmond, VA 23233

National Seating & Mobility, Inc.
3941 Deep Rock Road
Richmond, VA 23233
(844) 772-1170

Praxair Healthcare Services
2502 Waco St
Richmond, VA 23294
(804) 672-7767

Rotech Home Medical Care (Omega Medical Equipment, Inc)
3902 Skipwith Rd
Richmond, VA 23233
(804) 968-4311

Trusteare Home Medical Equipment, Inc.
8677 Telegraph Rd
Glen Allen, VA 23060
(804) 262-9001

Tuckahoe Orthopaedic Associates, Ltd
1501 Maple Ave Northwest MOB Ste 303
Richmond, VA 23226
(804) 285-2300

Optima Direct Network Providers 5/2019 387
Other Services - Tier 1

West Home Health Care, Inc (part of Home Care Alliance of VA)
2277 Dabney Rd Ste I
Richmond, VA 23294
(804) 353-7703

Henry

Lincare, Inc.
3555 Virginia Ave
Collinsville, VA 24078
(276) 647-7536

James City

First Choice In-Homecare(Williamsburg)
6623 Richmond Rd Ste J
Williamsburg, VA 23188
(757) 496-2050

Lee

Medi Home Care (DME)
185 Redwood Ave Suite 103
Pennington Gap, VA 24277

Southern Home Respiratory and Equipment, Inc.
282 Westgate Mall Circle Ste 117
Pennington Gap, VA 24277
(276) 546-2050

Lynchburg City

Lexington City

Lexington Prescription Center
800 South Main St
Lexington, VA 24450
(540) 463-9166

Lexington Rx Center (part of Home Care Alliance of VA)
112-B Houston St
Lexington, VA 24450
(540) 463-9166

Lincare, Inc.
130 Walker Street
Lexington, VA 24450

Lincare, Inc.
3055 Virginia Ave
Collinsville, VA 24078

GME Medical Supply, Inc.
2300 Bedford Ave
Lynchburg, VA 24503
(434) 528-3765

Image Recovery Center (Centra Health Inc)
1701 Thompson Drive
Lynchburg, VA 24501
(434) 200-6103

Linacare of Lynchburg
1200 Fenwick Dr
Lynchburg, VA 24502
(804) 917-9720

2023 Langhorn Rd
Lynchburg, VA 24501
(888) 584-3742

Roberts Home Medical
2010 Tate Springs Rd
Lynchburg, VA 24501
(434) 846-5381

Tender Hearts
808 Wigginton Rd Ste E
Lynchburg, VA 24502
(434) 385-4001

Manassas City

Prince William County HD-Manassas
9301 Lee Avenue
Manassas, VA 20110
(703) 792-6301

Martinsville City

Meder Home Care (DME)
1109 Brookdale Suite A
Martinsville, VA 24112

Mechelenburg

Atlantic Medical Inc.(part of Home Care Alliance of VA)
316 Virginia Ave
Clarksdale, VA 23927
(434) 374-0427

Atlantic Medical, Inc.(Chase City)
404 N Main St
Chase City, VA 23924
(434) 372-5760

Atlantic Medical, Inc.(South Hill)
134 N Mechelenburg Ave
South Hill, VA 23970
(434) 447-4697

Montgomery

Advanced Home Care (DME)
438 West Main St
Christiansburg, VA 24073
(540) 633-2253

Lincare, Inc.
1095 Radford St
Christiansburg, VA 24073
(540) 381-9270

2890 N Franklin Street
Cambria, VA 24073

Rotech Oxygen & Med Equipment
1506 N Franklin St
Christiansburg, VA 24073
(540) 382-0049

Newport News City

Lincare, Inc.
709 City Center Blvd Suite A107
Newport News, VA 23606
(757) 730-3823

Norfolk City

Apria Healthcare, Inc.
2730 Aylliff Road
Norfolk, VA 23513
(262) 207-1551

National Seating & Mobility, Inc.
3347 Enterprise Road
Norfolk, VA 23502
(877) 326-0972

Neurosurgical Specialists, Inc.
6261 E Va Beach Blvd Suite 200
Norfolk, VA 23502
(757) 625-4455

Tycon Medical Systems, Inc.
801 Orapax Street
Norfolk, VA 23507
(757) 640-1709

Northampton

Advantage Medical (part of Home Care Alliance of VA)
9529 Hospital Ave
Nassawadox, VA 23413
(757) 442-3267

Norton City

Community Home Care Inc
1460 Park Ave Suite 6
Norton, VA 24273
(276) 439-1460

Cooley Medical Equipment
613 Park Ave SW
Norton, VA 24273
(276) 679-8350

Petersburg City

Clay Home Medical
333 S Crater Rd Ste 5
Petersburg, VA 23805
(804) 861-1606

Pittsylvania

Freedom Respiratory, Inc.(Danville)
1155 Piney Forest Road Ste A
Danville, VA 24530
(434) 836-6996

Gretta Drug Co Inc
108 Vauder Dr
Gretta, VA 24557
(434) 656-1251

Portsmouth City

Tycon Medical Systems, Inc.
334 Effingham Street
Portsmouth, VA 23704
(757) 393-2273

Prince Edward

Lincare, Inc.
1710 W 3rd St
Farmville, VA 23901
(434) 392-0549

West Home Health Care, Inc (part of Home Care Alliance of VA)
1506 S Main St
Farmville, VA 23901
(434) 392-7337

Prince William

Advanced Home Care (DME)
7669 Limestone Dr Ste 120
Gainesville, VA 20155
(804) 675-4550

Allen Providing Health Care Services, Inc.
33-37 E Main Street
Pulaski, VA 24301
(540) 980-9551

The Pediatric Connection
1109 Brookdale St Suite A
Manassas, VA 20110
(703) 792-6301

The Pediatric Connection
1807 Murray Rd SW Ste J
Roanoke, VA 24018
(540) 366-7711

Sun Medical, Ltd (part of Home Care Alliance of VA)
1807 Murry Toad Ste E
Roanoke, VA 24018
(540) 857-0609

Roanoke City

Freedom Respiratory, Inc.(Roanoke)
630 A Abney Road
Roanoke, VA 24012
(540) 366-7628

Medi Home Care (DME)
2514 Franklin Road SW
Roanoke, VA 24014

Rotech Oxygen & Med Equipment
1308 Plantation Rd NE
Roanoke, VA 24012
(540) 344-2184

Trustcare Home Medical Equipment, Inc.
1402 Williamson Road
Roanoke, VA 24012
(804) 286-1842

The Pediatric Connection
1300 Siemens Avenue
Richmond, VA 23224
(804) 675-4550

Richmond City

Dream Care of Virginia, LLC(Richmond)
901 Hoakas Rd Ste B
Richmond, VA 23225
(804) 286-1842

The Pediatric Connection
1300 Siemens Avenue
Richmond, VA 23224
(804) 675-4550

Roanoke

Apria Healthcare, Inc.
5151 B Starkey Rd Ste B
Roanoke, VA 24018
(540) 772-0411

Lincare, Inc.
1807 Murray Rd SW Ste J
Roanoke, VA 24018
(540) 344-8677

National Seating & Mobility, Inc.
5306 Peters Creek Rd Suite D
Roanoke, VA 24019
(540) 682-2430

Second to Nature
5450 Peters Creek Road Suite 111
Roanoke, VA 24019
(540) 366-7711

Sun Medical, Ltd (part of Home Care Alliance of VA)
1807 Murry Toad Ste E
Roanoke, VA 24018
(540) 857-0609

Russell

Community Home Care Services(Lynchburg)
110 W Main St Ste 3A
Lynchburg, VA 24266
(276) 889-4115

Home Care Equipment (part of Home Care Alliance of VA)
Hwy 58 - Milton Shopping Ctr
Castlewood, VA 24224
(276) 762-0835
Other Services - Tier 1

Lincare, Inc.
1794 E Main Street
Lebanon, VA 24266

Salem
Advanced Home Care (DME)
72 Saint Johns Place Rd
Bennett Springs, VA 24465
(540) 839-8121

Commonwealth Home Health Care, Inc.
1900 Apperson Dr
Salem, VA 24153
(540) 380-3383

Lincare, Inc.
5241 Cleveland Street Suite 107
Virginia Beach, VA 23462
(757) 671-1802

Medical Equipment Distributors
521 Central Dr Ste 101
Virginia Beach, VA 23454
(757) 498-8225

Warren
Advanced Home Care (DME)
480 S Commerce Ave Suite D and E
Front Royal, VA 22630
(540) 635-7444

Valley Home Care (Front Royal)
480-D South Commerce Ave Front Royal, VA 22630
(540) 635-7444

Washington
Friendship Home Medical Equipment, Inc.
560 West Main Street
Abingdon, VA 24210
(276) 628-4554

Lincare, Inc.
566 W Main Street
Abingdon, VA 24210
(276) 676-2027

Mac's Medical Equipment and Supplies
26102 Lee Highway
Abingdon, VA 24211
(276) 525-4622

Medi Home Care (DME)
15896 Porterfield Highway
Abingdon, VA 24210

574 Cummings Street St B
Abingdon, VA 24210
(276) 628-8432

Winchester City
Advanced Home Care (DME)
525 Amherst St suite 100
Amherst, VA 22801
(540) 723-6911

Respiratory Care Associates (part of Home Care Alliance of VA)
815-A North Loudoun St
Winchester, VA 22601
(540) 722-8180

Medi Home Care (DME)
103 Spring Street Suite B
Bluefield, VA 24605
(276) 322-2602

Virginia Beach City
Byram Healthcare Centers
Please call number below for addresses
Virginia Beach, VA 23462
(877) 902-9726

Lincare Inc.
5241 Cleveland St Suite 107
Virginia Beach, VA 23462
(757) 671-1802

Friendship Home Medical Equipment, Inc.
119 West Main Street
Wise, VA 24293
(276) 328-2500

6 East 19th Street
Big Stone Gap, VA 24219
(276) 523-6158

Wythe
Community Home Care Services (Wytheville)
340 Virginia Ave
Wytheville, VA 24382
(276) 228-4702

Accomack
Accomack County Health Dept (Eastern Shore HD)
23191 Front St
Accomack, VA 23301
(757) 787-5880

Alexandria City
Alexandria City Health Department
4400 King St
Alexandria, VA 22302
(703) 746-4400

Amelia
Amelia County Health Dept (Piedmont HD)
16320 Church St
Amelia, VA 23002
(804) 561-2711

Amherst
Amherst County Health Department
224 Second St
Amherst, VA 24521
(434) 946-9408

Appomattox
Appomattox County Health Department
401 Court St
Appomattox, VA 24522
(434) 352-2313

Bath
Bath County Health Department
Court House Sq
Warm Springs, VA 24484
(540) 839-7246

Bristol
Bristol City Health Department
205 Piedmont Ave
Bristol, VA 24201
(276) 642-7345

Buena Vista City
Buena Vista County Health Department
2270 Magnolia Ave
Buena Vista, VA 24416
(540) 261-2149

Charlottesville
Charlottesville Health Department
22716 Beverley Road
Charlottesville, VA 22903
(434) 970-2450

Charlottesville
Charlottesville City Health Department
2000 Jefferson Street
Charlottesville, VA 22903
(434) 970-2450

Chesapeake
Chesapeake City Health Department
600 City Hall
Chesapeake, VA 23320
(757) 382-8000

Chesterfield
Chesterfield County Health Department
300 North Charles Street
Chesterfield, VA 23223
(804) 747-1500

Clifton Forge
Clifton Forge City Health Department
322 Jefferson Ave
Clifton Forge, VA 24422
(540) 862-4131

Cumberland
Cumberland County Health Department
5241 Cleveland Street Suite 20
Wise, VA 24293
(276) 679-6269

Other Services - Tier 1

Lincare, Inc.
5241 Cleveland Street Suite 107
Virginia Beach, VA 23462
(757) 671-1802

Medical Equipment Distributors
521 Central Dr Ste 101
Virginia Beach, VA 23454
(757) 498-8225

Warren
Advanced Home Care (DME)
480 S Commerce Ave Suite D and E
Front Royal, VA 22630
(540) 635-7444

Valley Home Care (Front Royal)
480-D South Commerce Ave Front Royal, VA 22630
(540) 635-7444

Washington
Friendship Home Medical Equipment, Inc.
560 West Main Street
Abingdon, VA 24210
(276) 628-4554

Lincare, Inc.
566 W Main Street
Abingdon, VA 24210
(276) 676-2027

Mac's Medical Equipment and Supplies
26102 Lee Highway
Abingdon, VA 24211
(276) 525-4622

611 Campus Drive Ste 400
Abingdon, VA 24210
(276) 623-4260

Medi Home Care (DME)
15896 Porterfield Highway
Abingdon, VA 24210

574 Cummings Street St B
Abingdon, VA 24210
(276) 628-8432

Winchester City
Advanced Home Care (DME)
525 Amherst St suite 100
Amherst, VA 22801
(540) 723-6911

Respiratory Care Associates (part of Home Care Alliance of VA)
815-A North Loudoun St
Winchester, VA 22601
(540) 722-8180

Respiratory Care Associates LC
304 Hope Drive
Winchester, VA 22601
(540) 722-8180

Valley Home Care (Front Royal)
333 W Cork St Ste 160
Winchester, VA 22601
(540) 536-5254

Wise
Advanced Home Care (DME)
165 Plaza Rd Ste 20
Wise, VA 24293
(276) 679-6269

Friendship Home Medical Equipment, Inc.
119 West Main Street
Wise, VA 24293
(276) 328-2500

6 East 19th Street
Big Stone Gap, VA 24219
(276) 523-6158

Community Home Care Services (Wytheville)
340 Virginia Ave
Wytheville, VA 24382
(276) 228-4702

Accomack County Health Dept (Eastern Shore HD)
23191 Front St
Accomack, VA 23301
(757) 787-5880

Alexandria City Health Department
4400 King St
Alexandria, VA 22302
(703) 746-4400

Amelia County Health Dept (Piedmont HD)
16320 Church St
Amelia, VA 23002
(804) 561-2711

Amherst County Health Department
224 Second St
Amherst, VA 24521
(434) 946-9408

Appomattox County Health Department
401 Court St
Appomattox, VA 24522
(434) 352-2313

Bath County Health Department
Court House Sq
Warm Springs, VA 24484
(540) 839-7246

Bedford City
Bedford County Health Department
600 Bedford Ave
Bedford, VA 24523
(540) 586-7952

Botetourt
Botetourt County Health Department
21 Academy St
Fincastle, VA 24090

Bristol
Bristol City Health Department
205 Piedmont Ave
Bristol, VA 24201
(276) 642-7345

Buena Vista
Buena Vista County Health Department
2270 Magnolia Ave
Buena Vista, VA 24416
(540) 261-2149

Charlottesville
Charlottesville City Health Department
605-15 Pine Street
Hillsideville, VA 24343
(276) 730-3180

Center At Laurel Fork
14558 Danville Turnpike
Laurel Fork, VA 24552
(276) 398-2292

Charlottesville
Charlottesville City Health Department
7501 Adkins Rd
Charlottesville, VA 23030
(804) 829-2490

Charlotte
Cumberland County Health Dept (Piedmont HD)
Highway 60
Cumberland, VA 23923
(434) 542-5251

Optima Direct Network Providers 5/2019

389
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<tr>
<th>City/County</th>
<th>Health Department Address</th>
<th>Phone Number</th>
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<tr>
<td>Albemarle/Charlottesville Health Dept (Thomas Jefferson HD)</td>
<td>1138 Rose Hill Dr, Charlottesville, VA 22907</td>
<td>(434) 972-6219</td>
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<td>Chesapeake City</td>
<td>748 N Battlefield Blvd, Chesapeake, VA 23327</td>
<td>(757) 382-8600</td>
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<td>Danville City</td>
<td>326 Taylor Dr, Danville, VA 24541</td>
<td>(434) 791-5190</td>
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<td>Dickenson</td>
<td>Bush Creek Rd, Clintwood, VA 24228</td>
<td>(276) 926-4979</td>
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<tr>
<td>Dinwiddie</td>
<td>Dinwiddie County Health Dept, 12318 Boydton Plank Road, Dinwiddie, VA 23841</td>
<td>(804) 469-3771</td>
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<tr>
<td>Emporia City</td>
<td>Greensville County/Emporia Health Dept (Crater HD), 140 Uriah Branch Way, Emporia, VA 23847</td>
<td>(434) 348-4210</td>
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<tr>
<td>Fauquier</td>
<td>Fauquier Health Department, 330 Hospital Dr, Warrenton, VA 20186</td>
<td>(540) 347-6400</td>
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<td>Franklin</td>
<td>Center At Ferrum, 40 Wiley Drive, Ferrum, VA 24088</td>
<td>(540) 365-4469</td>
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<td>Giles</td>
<td>Giles County Health Department, 1 Taylor Ave Ste 4, Pearisburg, VA 24134</td>
<td>(540) 921-2891</td>
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<td>Goochland</td>
<td>Goochland County Health Department, 2938 River Rd, Goochland, VA 23063</td>
<td>(804) 556-5343</td>
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<td>Grayson</td>
<td>Grayson County Health Department, 186 West Main St, Independence, VA 24348</td>
<td>(276) 773-2961</td>
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<td>Greene</td>
<td>Greene County Health Dept (Thomas Jefferson HD), 30 Standard St, Stanardsville, VA 22973</td>
<td>(804) 985-2262</td>
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<td>Hampton City</td>
<td>Hampton City Health Department, 12312 Washington Hwy, Ashland, VA 23005</td>
<td>(804) 752-4313</td>
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<tr>
<td>Hanover</td>
<td>Hanover County Health Dept (Hanover HD), 110 N Mason St, Harrisonburg, VA 22802</td>
<td>(540) 574-5100</td>
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<tr>
<td>Harrisonburg City</td>
<td>Rockingham/Harrisonburg County Health Department, 8600 Dixon Powers Dr, Richmond, VA 23228</td>
<td>(804) 501-4522</td>
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<tr>
<td>Henrico</td>
<td>Henrico County Health Department, 10079 Kings Hwy, King George, VA 22485</td>
<td>(540) 775-3111</td>
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<tr>
<td>Lee</td>
<td>Lee County Health Department, Hill St, Jonesville, VA 24263</td>
<td>(276) 246-2011</td>
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<tr>
<td>Lynchburg City</td>
<td>Lynchburg City Health Department, 297 Alleghany Avenue, Lynchburg, VA 24501</td>
<td>(434) 477-5900</td>
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<tr>
<td>Madison</td>
<td>Madison County Health Dept (Rappahannock/Rapidan HD), 400 A Main St, Madison, VA 22727</td>
<td>(540) 948-5481</td>
</tr>
<tr>
<td>Manassas City</td>
<td>Prince William County HD-Manassas, 9301 Lee Avenue, Manassas, VA 20110</td>
<td>(703) 792-6301</td>
</tr>
<tr>
<td>Martinsville City</td>
<td>Henry County/Martinsville Health Department, 295 Commonwealth Blvd, Martinsville, VA 24114</td>
<td>(276) 639-2311</td>
</tr>
<tr>
<td>Mathews</td>
<td>Mathews County Health Dept (Three Rivers HD), 536 Church Street, Mathews, VA 23109</td>
<td>(804) 725-7131</td>
</tr>
<tr>
<td>Mecklenburg</td>
<td>Mecklenburg County Health Dept (Southside HD), 900 Madison Street, Boydton, VA 23917</td>
<td>(434) 738-6545</td>
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<tr>
<td>Montgomery</td>
<td>Montgomery County Health Department, 210 South Pepper St, Christiansburg, VA 24073</td>
<td>(540) 381-7100</td>
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</tbody>
</table>

Other Services - Tier 1

390

Optima Direct Network Providers 5/2019

Optima Health
New Kent  
New Kent County Health Dept  
(Hanover HD)  
12007 Courthouse Cir  
New Kent, VA 23124  
(804) 966-9640

Newport News City  
Newport News City/Poquoson County/Williamsburg City Health Dept  
416 J Clyde Morris Blvd  
Newport News, VA 23601  
(757) 594-7300

Norfolk City  
Norfolk Health Department  
830 Southampton Ave Ste 300  
Norfolk, VA 23510  
(804) 666-1652

Petersburg City  
Petersburg City Health Dept (Crater HD)  
301 Halifax St  
Petersburg, VA 23804  
(804) 666-1652

Pittsylvania  
Pittsylvania Health Department  
200 H G McGhee Dr  
Chatham, VA 24531  
(434) 452-7235

Portsmouth City  
Portsmouth Health Department  
1701 High St Ste 102  
Portsmouth, VA 23704  
(757) 393-8585

Powhatan  
Powhatan County Health Dept (Chesterfield HD)  
3908 Old Buckingham Rd Ste 1  
Powhatan, VA 23139  
(804) 596-2680

Prince William  
Prince William County HD-Manassas  
4001 Prince William Pkwy Suite 101  
Woodbridge, VA 22192  
(703) 792-7300

Pulaski  
Pulaski County Health Department  
170 Fourth St NW  
Pulaski, VA 24301  
(540) 994-5030

Radford City  
Radford City Health Department  
220 East Main Street  
Radford, VA 24141  
(540) 267-8255

Richmond City  
Richmond City Health Department  
900 East Marshall St  
Richmond, VA 23219  
(804) 646-3153

Roanoke  
Roanoke County/Vinton Health Department  
227 Pollard Street  
Vinton, VA 24179  
(540) 857-7800

Roanoke City  
New Horizons Health Care (FQHC facilities, CCNV)  
4910 Valley View Boulevard NW Ste 310  
Roanoke, VA 24012  
(540) 362-0360

Russell  
Russell County Health Department  
155 Rogers Rd  
Lebanon, VA 24266  
(276) 889-7621

Salem  
Roanoke County/Salem Health Department  
105 E Calhoun St  
Salem, VA 24153  
(540) 387-5530

Scott  
Scott County Health Department  
190 Beech St Ste 102  
Gate City, VA 24251  
(276) 386-1312

Shenandoah  
Shenandoah County Health Department  
494 North Main Street Ste 100  
Woodstock, VA 22664  
(540) 459-3733

Southampton  
Southampton County Health Dept (Western Tidewater HD)  
26022 Administration Center Dr  
Courtland, VA 23837  
(757) 653-3040

Spotsylvania  
Spotsylvania County Health Department (Rappahannock Area HD)  
9104 Courthouse Rd  
Spotsylvania, VA 22553  
(540) 582-7155

Stafford  
Stafford County Health Department  
2311 Jefferson Davis Hwy  
Stafford, VA 22555  
(540) 659-3101

Staunton City  
Augusta/Spotsylvania Health Dept  
1414 N Augusta St  
Staunton, VA 24402  
(540) 332-7830

Surry  
Surry County Health Dept (Crater HD)  
474 Colonial Trail West  
Dendron, VA 23839  
(757) 294-3185

Virginia Beach City  
Virginia Beach Health Department  
4452 Corporation Ln  
Virginia Beach, VA 23462  
(757) 518-2700

Warren  
Warren County Health Department  
465 West 15th Street Suite 200  
Front Royal, VA 22630  
(540) 635-3159

Washington  
Washington County Health Department  
15068 Lee Hwy  
Bristol, VA 24202  
(276) 676-5604

Waynesboro City  
Waynesboro City Health Dept (Central Shenandoah HD)  
1300 13th St  
Waynesboro, VA 22980  
(540) 949-0137

Winchester City  
Winchester County/Frederick City Health Department  
10 Baker Street  
Winchester, VA 22601  
(540) 722-3470

Wythe  
Wythe County Health Department  
750 West Ridge Rd  
Wytheville, VA 24382  
(276) 228-5507

Acomack  
Intrepid USA Healthcare Services  
20387 Warrior Drive  
Onley, VA 23418  
(757) 782-7202

Albemarle  
AT Home Care  
195 Riverbend Dr Ste 5  
Charlottesville, VA 22911  
(434) 295-5355

Interim HealthCare (Charlottesville)  
103 S Pantops Dr Ste 205  
Charlottesville, VA 22911  
(434) 295-5355

Med Home Health Agency  
1540 Insurance Lane Ste A  
Charlottesville, VA 22911  
(434) 244-0890

Sentara Care Home - Home Health  
540 Greenfield Terrace  
Charlottesville, VA 22901  
(434) 964-3700

Sentara Martha Jefferson Hospital  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-7000

Alleghany  
Medi Home Health Agency  
507 E Ridgeway St  
Clifton Forge, VA 24422  
(540) 862-7727

Sentara Home Care - Home Health  
103 Old Church Street  
Low Moor, VA 24457  
(540) 863-2140

Arlington  
Northern Virginia Home Care dba Sentara Home Care Services  
601 S Carlin Springs Rd  
Arlington, VA 22204  
(703) 717-7928

Augusta  
Augusta Medical Center  
78 Medical Center  
Fishersville, VA 22939  
(540) 932-4000
Other Services - Tier 1

Chesterfield

ALL ABOUT CARE
10043 Midlothian Turnpike Suite 204
North Chesterfield, VA 23235
(804) 560-5430

AMERICAN CRITICAL CARE SERVICES, INC
221 Ruthers Road Suite 103
North Chesterfield, VA 23235
(804) 320-1113

Intrepid USA Healthcare Services
2450 Southland Dr Ste B
Chester, VA 23831
(804) 768-9080

James River Home Health Care, Inc
9100 Arborcetum Parkway Suite 290
North Chesterfield, VA 23236
(804) 722-3300
9211 Arborcetum Pkwy Suite 100
North Chesterfield, VA 23236

Sheltering Arms Home Healthcare, LLC
620 Moorefield Park Drive Suite 100
Richmond, VA 23226
(804) 831-3551

The Cardio Connection
10106 Krause Rd Suite 200C
Chesterfield, VA 23832
(804) 454-0854

Hallmark Home Health Care
111 Mall Dr
Danville, VA 24541
(434) 799-3938

Interim Healthcare
2276 Franklin Turnpike Suite 117
Danville, VA 24540

Team Nurse Inc. (Danville)
2020 Riverside Drive Suite B
Danville, VA 24540
(434) 799-1959

Dickenson

Dickenson County Home Health and Hospice
230 Chase St
Clintwood, VA 24228
(276) 926-6600

Home Nursing Company
2415 Dickenson Highway
Clintwood, VA 24228
(276) 926-4820

Emporia City

Personal Touch Homecare
425 North Main Street
Emporia, VA 23847
(434) 290-1077

Southern Virginia Regional Home Health
420A South Main St
Emporia, VA 23847
(434) 348-3459

Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax

Continuum Pediatric Nursing
1700 Old Meadow Rd Suite 100
McLean, VA 22102
(703) 506-0123

ESPRIT HOME HEALTHCARE, LLC
4209 Evergreen Lane Suite 101
Annandale, VA 22003
(703) 998-7400

Five Star Home Health Care LLC
4500 Southgate Pl Ste 200
Chantilly, VA 20151
(703) 662-7500

Pista Healthcare
5290 Lyngate Court 1st Floor
Burke, VA 22015
(703) 873-7672

Halifax

Commonwealth Home Health
425 Main St
South Boston, VA 24592
(434) 572-1312

Halifax Home Health
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3339

Halifax Regional Hospital
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3100

Franklin

Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
180 Floyd Ave
Rocky Mount, VA 24515
(540) 633-9354

Carilion Home Care Services
180 Floyd Ave
Rocky Mount, VA 24515
(540) 633-9354
390 S Main St Ste 105
Rocky Mount, VA 24515
(540) 489-6383

Franklin City

Southampton Memorial Home Health
100 Fairview Dr
Franklin, VA 23851
(757) 569-6360

Fredericksburg City

AT Home Care
1931 Plank Road Ste 26
Fredericksburg, VA 22401
(540) 270-1588

Galax City

Access Home Health Care & Rehabilitation
1123 East Stuart Drive
Galax, VA 24333
(276) 266-3149

Blue Ridge Home Health Care Services, Inc.
28 Shade Tree Lane
Galax, VA 24333
(276) 236-1974

Interim Healthcare
530 1/2 E Stuart Drive
Galax, VA 24333

Twin County Home Health
200 Hospital Drive
Galax, VA 24333
(276) 236-7935

Halifax

Commonwealth Home Health
425 Main St
South Boston, VA 24592
(434) 572-1312

Halifax Home Health
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3339

Halifax Regional Hospital
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3100

Optima Direct Network Providers 5/2019
392
### Other Services - Tier 1

<table>
<thead>
<tr>
<th>City</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td><strong>Hampton City</strong></td>
<td>HEALTH PARTNERS HOME CARE INC 1919 Commerce Dr Ste 100 Hampton, VA 23666 (757) 224-2134</td>
<td></td>
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<tr>
<td><strong>Harrisonburg City</strong></td>
<td>First Choice Home Health Services 370 Neff Ave Ste C Harrisonburg, VA 22801 (540) 434-3916</td>
<td></td>
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<tr>
<td></td>
<td>Sentara Home Care - Home Health 2000 Beery Rd Harrisonburg, VA 22801 (540) 564-5755 2000 Beery Road Harrisonburg, VA 22801 (540) 433-4429</td>
<td></td>
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<tr>
<td><strong>Henrico</strong></td>
<td>AT Home Care 3117 West Clay Street Suite 200 Richmond, VA 23230 (804) 612-3737</td>
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<tr>
<td></td>
<td>Bon Secours Home Care, LLC (Richmond) 5008 Monument Avenue 1st Floor Richmond, VA 23250 (804) 627-5200</td>
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<td></td>
<td>IVNA Home Health (Skilled Nursing) 5008 Monument Ave Richmond, VA 23200 (804) 355-7100</td>
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<td>Jewish Family Services 6718 Patterson Ave Richmond, VA 23226 (804) 282-5644</td>
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<td>Kindred at Home 2601 Willard Road Suite 101 Richmond, VA 23294 (804) 672-7500 7113 Three Chopt Road Suite 201 Richmond, VA 23226 (804) 672-7500</td>
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<tr>
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<td>Maxim Healthcare Services 3805 Cutchaw Ave Suite 100 Richmond, VA 23230 (804) 355-9800 4235 Innslake Drive Ste 200 Glen Allen, VA 23060 (804) 355-9800</td>
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<td>Medi Home Health Agency 8100 Three Chopt Rd Ste 226 Richmond, VA 23229 (804) 282-4301</td>
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<td>Sentara Home Care - Home Health 3522 Maryland Ct Henrico, VA 23233</td>
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<td><strong>James City</strong></td>
<td>Bayada Home Healthcare, Inc. 263 McLawns Circle Ste 103 Williamsburg, VA 23185 (757) 229-0019</td>
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<td>Sentara Home Care - Home Health 1100 Professional Dr Williamsburg, VA 23185 (757) 553-3000 5360 Discovery Park Blvd Ste 200 Williamsburg, VA 23185 (757) 984-1350</td>
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<td><strong>Lancaster</strong></td>
<td>AT Home Care 4507 Irvington Rd Ste 100 Irvington, VA 22480 (804) 438-5010</td>
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<td>Rappahanock General Hospital 101 Harris Dr Kilmarnock, VA 22482 (804) 435-8000</td>
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<td><strong>Lexington City</strong></td>
<td>Carilion Home Care Services Lexington 1 Health Circle East Lexington, VA 24450 (540) 458-3111</td>
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<tr>
<td><strong>Lynchburg City</strong></td>
<td>Centra Health Home Health (Virginia Baptist Skilled) 3300 Rivermont Ave Lynchburg, VA 24503 (434) 240-4111</td>
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<td>First Dominion Home Health Care 2808 Old Forest Rd Lynchburg, VA 24501 (434) 384-2800</td>
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<td>Kindred at Home 1928 Thomson Drive Lynchburg, VA 24501 (434) 846-5219</td>
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<td>Centra Home Health Farmville 800 Oak St Farmville, VA 23901 (434) 315-2561</td>
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Optima Direct Network Providers 5/2019 394

OptimaHealth
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<td><strong>Sentara Home Care - Home Health</strong></td>
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<td>1701 Eucild Ave Ste E</td>
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<td><strong>Lincare, Inc.</strong></td>
<td>1701 Eucild Ave Ste E</td>
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<td>(540) 514-8000</td>
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<td><strong>Medical Associates of Central Virginia Intravenous</strong></td>
<td>201 South Main St Ste24514</td>
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<td>Danville, VA 24541</td>
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<td>(434) 792-5506</td>
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<td><strong>Medical Associates of Central Virginia Intravenous</strong></td>
<td>111 Mall Drive</td>
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<td>Danville, VA 24540</td>
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<td><strong>Piedmont Infusion Services, Inc.</strong></td>
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Chesterfield
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300
611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

Bon Secours St. Francis Watkins Centre
Free-Standing Emergency Department 601 Watkins Centre Parkway
Midlothian, VA 23114
(804) 594-2100

Open MRI and Imaging of Richmond
11525 Midlothian Turnpike Suite 103 & 104
Midlothian, VA 23235
(804) 594-2550

West End Orthopaedic Clinic MRI
1400 Johnston Willis Drive Suite A
Richmond, VA 23235
(804) 379-8088

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3672

Harrisonburg City
Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

Henrico
Bon Secours MRI of Richmond-Towne Center
5855 Bremo Rd Ste 701
Richmond, VA 23226
(804) 287-3172

Bon Secours St. Marys Hospital
5801 Bremo Rd
Richmond, VA 23226
(804) 285-2011

Healthsouth Rehabilitation Hospital of Virginia
5700 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-5700

Sheltering Arms Rehab Hospital Inpatient South
4730 S Laburnum Avenue
Richmond, VA 23226
(804) 764-6000

Isle of Wight
Sentara St. Luke's - Advanced Imaging Center - Isle of Wight
20209 Sentara Way Ste 108
Carrollton, VA 23314
(757) 542-1200

Lancaster
Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Lynnhurst Regional Hospital
2204 Willborn Ave
South Boston, VA 24592
(434) 517-3100

Manassas City
Novant Health UVA Health System Prince William Medical Center
8700 Sudley Rd
Manassas, VA 20110
(703) 369-8900

Norfolk City
Bon Secours DePaul Medical Center Inc
150 Kingsley Ln
Norfolk, VA 23505
(757) 889-5000

Children's Hospital of the King's Daughters
601 Childrens Ln
Norfolk, VA 23507
(757) 688-7000

Sentara Leigh Hospital
830 Kempsville Rd
Norfolk, VA 23502
(757) 261-6000

Sentara Norfolk General Hospital
600 Gresham Dr
Norfolk, VA 23507
(757) 388-3000

Page
Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Petersburg City
Southside Regional Medical Center
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5000

Richmond City
Bon Secours Richmond Community Hospital
1501 N 28th St
Richmond, VA 23223
(804) 225-1700

Shenandoah
Shenandoah Memorial Hospital Inc
760 S Main St
Woodstock, VA 22664
(540) 459-4021

Suffolk City
Sentara Obici Hospital
2800 Godwin Blvd
Suffolk, VA 23434
(757) 934-4000

Virginia Beach City
Sentara Virginia Beach General Hospital
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-8000

Washington
Mobile Images Acquisitions, Inc.
851 French Moore Jr Boulevard
Abingdon, VA 24210
(865) 693-1655

Winchester City
Winchester Medical Center
1840 Amber St
Winchester, VA 22601
(540) 536-8000

Other Services - Tier 1

Chesterfield
Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
The Fairfax MRI Center at Reston
8503 Arlington Blvd Ste LL120
Fairfax, VA 22031
(703) 438-9400

Fauquier
Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

Franklin City
Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(757) 569-6100

Galax City
Twin County Regional Hospital
200 Hospital Drive
Galax, VA 24333
(276) 236-8181

Halifax
Halifax Regional Hospital
2204 Willborn Ave
South Boston, VA 24592
(434) 517-3100

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3672

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2010 Health Campus Drive
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5801 Bremo Rd
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(804) 288-5700

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101 Harris Dr
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(804) 435-8000

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2204 Willborn Ave
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8700 Sudley Rd
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(703) 369-8900

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830 Kempsville Rd
Norfolk, VA 23502
(757) 261-6000

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Norfolk, VA 23507
(757) 388-3000

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1501 N 28th St
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2800 Godwin Blvd
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Virginia Beach City
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1060 First Colonial Rd
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(757) 395-8000

Washington
Mobile Images Acquisitions, Inc.
851 French Moore Jr Boulevard
Abingdon, VA 24210
(865) 693-1655

Winchester City
Winchester Medical Center
1840 Amber St
Winchester, VA 22601
(540) 536-8000

Optima Direct Network Providers 5/2019
**Orthotics and Prosthetics**

**Acomack**
- Don Joy Orthopaedics
  733 Volvo Pkwy Ste 100 Chesapeake, VA 23320
  (800) 336-6569

**Albemarle**
- Escistrada & Estrada
  1354 Kempsville Road Suite 101 Chesapeake, VA 23320
  (757) 548-1611

**American CMG Services, Inc**
- 103 S Pantoas Dr Suite 107
  Charlotteslle, VA 22911
  (434) 220-2426
  198 Spotnap Road
  Charlottesville, VA 22911
  (434) 220-2426

**American Prosthetics & Orthotics**
- 11507 Midlothian Turnpike
  Richmond, VA 23210
  (800) 336-6569

**Alexandria City**
- Don Joy Orthopaedics
  2805 Duke St
  Alexandria, VA 22314
  (800) 336-6569

**Arlington**
- Don Joy Orthopaedics
  2445 Army Navy Dr
  Arlington, VA 22206
  (800) 336-6569
  601 South Carlin Spring Rd
  Arlington, VA 22204
  (800) 336-6569

**Augusta**
- Virginia Prosthetics, Inc.
  1577 Jefferson Hwy Ste 101
  Fishersville, VA 22939
  (540) 949-4248

**Charlottesville City**
- HSF Prosthetics and Orthotics (UVA Physicians Group)
  1204 W Main Street 3rd Floor
  Charlottesville, VA 22903
  (434) 243-4670
  2216 Ivy Rd Suite 204
  Charlottesville, VA 22903
  (434) 243-4670

- The Something Special Shop
  415 Lexington Ave
  Charlottesville, VA 22902
  (434) 654-5454

**Chesapeake City**
- American CMG Services, Inc
  1521 Technology Dr
  Chesapeake, VA 23320
  (757) 548-5656
- Creative Images, LLC
  4016 Raintree Road Suite 120A
  Chesapeake, VA 23321
  (757) 398-9101

**Danville City**
- Excel Prosthetics & Orthotics, Inc.
  312 S Main st
  Danville, VA 24541
  (434) 797-1191

**Danvers**
- The Bra Lady Boutique
  1085 Piney Forest Rd
  Danvers, VA 24540
  (434) 793-5239

**Essex**
- Don Joy Orthopaedics
  721 Charlotte St
  Tappahannock, VA 22560
  (800) 336-6569

**Fairfax**
- CRANIAL TECHNOLOGIES
  3299 Woodburn Road Ste 320
  Annandale, VA 22003
  (703) 876-1600

**Fredericksburg City**
- Don Joy Orthopaedics
  1320 Central Park Blvd
  Fredericksburg, VA 22401
  (800) 336-6569

**Harrisonburg City**
- Sentara RMH Medical Center
  2010 Health Campus Drive
  Harrisonburg, VA 22801
  (540) 689-1000

**Henrico**
- American CMG Services, Inc
  2000 Bremo Road Ste 205
  Richmond, VA 23226
  (804) 353-9077
  2281 Dabney Rd Ste C
  Richmond, VA 23220
  (804) 353-9077

**Jamestown**
- Alexandria City
  2805 Duke St
  Alexandria, VA 22314
  (800) 336-6569

**Loudoun**
- CRANIAL TECHNOLOGIES
  14 Pidgeon Hill Drive Ste 410
  Sterling, VA 20165
  (844) 447-5894

**Loudoun**
- Don Joy Orthopaedics
  95 Harris Rd Bldg S
  Kilmarnock, VA 22482
  (800) 336-6569

**Luray**
- Don Joy Orthopaedics
  9142 Fort Evans Rd
  Leesburg, VA 20176
  (800) 336-6569

**North Attleboro**
- Don Joy Orthopaedics
  10710 Midlothian Turnpike
  Richmond, VA 23235
  (800) 336-6569

**Powell Orthotics and Prosthetics**
- 2034 Danby Rd Ste C
  Richmond, VA 23230
  (804) 649-9043

**SME, INC. USA**
- 1501 Maple Ave Northwest MOB
  Ste 303
  Richmond, VA 23226
  (804) 285-2300

**Virginia Orthotics Center, Inc.**
- 2119-A North Hamilton St
  Richmond, VA 23230
  (804) 358-7669

**Virginia Prosthetics, Inc.**
- 1920 Medical Ave Ste G
  Harrisonburg, VA 22801
  (540) 433-5447

**Virginia Prosthetics, Inc.**
- 1920 Medical Ave Ste G
  Harrisonburg, VA 22801
  (540) 433-5447

**Vicksburg**
- Don Joy Orthopaedics
  2010 Health Campus Drive
  Harrisonburg, VA 22801
  (540) 689-1000

**Warrenton**
- Don Joy Orthopaedics
  493 Blackwell Rd Suite 115
  Vienna, VA 22180
  (800) 336-6569

**Williamsburg**
- 12359 Sunrise Valley Dr Ste 150
  Williamsburg, VA 23188
  (800) 336-6569

**Winchester**
- Don Joy Orthopaedics
  1354 Kempsville Road Suite 101
  Chesapeake, VA 23320
  (757) 398-9101

**Williamsburg**
- 12359 Sunrise Valley Dr Ste 150
  Williamsburg, VA 23188
  (800) 336-6569

**Williamsville**
- Don Joy Orthopaedics
  493 Blackwell Rd Suite 115
  Vienna, VA 22186
  (540) 341-7758

**Yorktown**
- Don Joy Orthopaedics
  721 Charlotte St
  Tappahannock, VA 22560
  (800) 336-6569

**Yorktown**
- 721 Charlotte St
  Tappahannock, VA 22560
  (800) 336-6569

**Yorkville**
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  (800) 336-6569
### Other Services - Tier 1

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<td>Norfolk City</td>
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Montagna Shoes
752 Independence Blvd Ste 4546
Virginia Beach, VA 23455
(757) 490-2034

OrthoFit Inc.
3200 Dam Neck Rd Suite 108
Virginia Beach, VA 23453
(757) 200-5811

Progressive Prosthetic & Orthopedic Services
380 Cleveland Place
Virginia Beach, VA 23462
(757) 456-5501

SME, INC. USA
3708 Albacore Key
Virginia Beach, VA 23453
(800) 553-6971

United Medical, Inc.
4654 Haygood Road Suite B
Virginia Beach, VA 23455
(757) 363-7746

Vicki’s Mastectomy Boutique
277 N Lynnhaven Rd Ste 108
Virginia Beach, VA 23452
(757) 463-3844

Washington
Bristol Orthotics and Prosthetics
445 Porterfield Hwy Suite C
Abingdon, VA 24210
(276) 451-2239

Excel Prosthetics & Orthotics, Inc.
130A Pecan Street
Abingdon, VA 24210
(276) 623-0255

Winchester City
Cardinal Prosthetics & Orthotics, LLC
2654 Valley Ave Ste D
Winchester, VA 22601
(540) 722-9714

Valley Orthotic Specialists Inc.
136 Linden Drive Ste 102
Winchester, VA 22601
(540) 477-9132

1726 Amherst St
Winchester, VA 22601
(540) 667-3631

Physical/Occupational/Hand Therapy
Accomack
Bayside Rehabilitation, Inc.
36082 Lankford Hwy
Belle Haven, VA 23306
(757) 442-5222

Daisy Physical Therapy & Sports Medicine
33529 Chincoteague Rd
Chincoteague, VA 23337
(757) 854-0504

Eastern Shore Community Services Board
15150 Merry Cat Lane
Belle Haven, VA 23306
(757) 442-7599

Moshier Physical Therapy and Sports Medicine, PC
20435 Washington St
Onley, VA 23418
(757) 789-3075

Rehabilitation Associates
110 Market Street
Onancock, VA 23341
(757) 490-3223

Albemarle
Albemarle Physical Therapy Associates, PLC
205 Hydraulic Ridge Rd Ste 4
Charlottesville, VA 22901
(434) 817-0980

Atlantic Sports & Rehabilitation Services, Inc.
1410 Incarnation Dr Ste 101
Charlottesville, VA 22901
(434) 978-4915

Blue Ridge Rehabilitation Associates, Incorporated
3010 Berkmar Dr
Charlottesville, VA 22901
(434) 973-5031

Brian Lambeth Physical Therapy
1405 Rolkin Court Ste 102
Charlottesville, VA 22911
(434) 977-6700

Charlottesville Hand Surgery, PLC
320 Winding River Lane Ste 320
Charlottesville, VA 22911
(434) 984-4263

Connections Achievement and Therapy Center, Corp.
277 Hydraulic Ridge Rd
Charlottesville, VA 22901
(434) 529-6248

Crawford Physical Therapy Limited Partnership
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 949-5383

Northside Physical Therapy & Fitness
1770 Timberwood Blvd Ste 104
Charlottesville, VA 22911
(434) 964-0067

Pantops Physical Therapy, PC
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 244-0069

Phoenix Rehabilitation and Health Services of Virginia, LLC
2114 Angus Rd Ste 107
Charlottesville, VA 22901
(434) 295-4473

Physical Therapy at ACAC LLC
410 Albemarle Square
Charlottesville, VA 22901
(434) 817-7848

595 Martha Jefferson Drive Suite 120
Charlottesville, VA 22911
(434) 817-7848

Pivot Physical Therapy of Virginia
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 242-6472

229 Conner Drive 16A
Charlottesville, VA 22911
(434) 218-1021

PT Plus Health, LLC
5690 Three Notch Rd Ste 107
Crozet, VA 22932
(434) 823-7613

Rehabilitation Associates of Central Virginia, LP
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 220-0069

Sentara Martha Jefferson Therapy - Outpatient Care Center Pantops
595 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-8888

Sentara Martha Jefferson Therapy - Outpatient Care Center Profit
3263 Profit Road
Charlottesville, VA 22911
(434) 654-4653

Spectrum Therapy
1622 Timberwood Boulevard Suite 211
Charlottesville, VA 22911
(434) 202-2830

2050 Abbey Road Suite B
Charlottesville, VA 22911
(434) 817-4100

696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Spectrum Therapy-Albemarle Clinic (Southeastern Physical Therapy)
696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Spectrum Therapy - Outpatient Care Center (Pantops)
2114 Angus Rd Ste 107
Charlottesville, VA 22901
(434) 295-4473

Therapy 360, LLC
716 Levy Ave
Charlottesville, VA 22901
(703) 625-1027

Albemarle City
Select Physical Therapy (Alexandria - Ford Ave)
4401 Ford Avenue Suite 301
Alexandria, VA 22302
(703) 845-0500

Alleghany
Alleghany Health and Rehab
7175 Main Street
Clifton Forge, VA 24422
(540) 862-5791

Alleghany Highlands Community Services
543 Church St
Clifton Forge, VA 24422
(540) 862-2972

Alleghany Regional Hospital d/b/a LewisGale Alleghany
One Arth Lane
Low Moor, VA 24457
(540) 862-6200

Ridgeline Physical Therapy, Inc
2901 Selma Low Moor Road
Low Moor, VA 24457
(540) 862-0068

Alexandria
Amelia
Physical Therapy at Edmunds Hall
10130 Superior Way
Alexandria, VA 22302
(804) 561-1585

Amherst
Rehabilitation Associates of Central Virginia, LP
115 Amherst Ct
Amherst, VA 24521
(434) 381-6090

118 Oakwood Dr Suite B
Madison Heights, VA 24572
(434) 845-5641

Appomattox
Rehabilitation Associates of Central Virginia, LP
571 Court St Suites A-C
Appomattox, VA 24522
(434) 352-5799

Arlington
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
4601 North Fairfax Dr Ste 100
Arlington, VA 22203
(703) 841-0395

Select Physical Therapy (Alexandria - Army Navy Dr)
2445 Army Navy Drive
Arlington, VA 22206
(703) 769-8442

Select Physical Therapy (Alexandria-South Carlin Springs Rd)
611 South Carlin Springs Road Suite 505
Arlington, VA 22204
(703) 820-5840

Select Physical Therapy (Douglas Avery - North Fairfax Dr)
4601 North Fairfax Drive
Suite 100
Arlington, VA 22203
(703) 841-0395

Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 558-5486

Augusta
Advantage Physical Therapy of Virginia LLC
54 Franklin St Village Square Plaza
Weyers Cave, VA 24486
(540) 234-8800

Optima Direct Network Providers 5/2019 400

OptimaHealth
Other Services - Tier 1

Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Barren Ridge Physical Therapy
Limited Partnership
52 Windward Drive Suite 110
Fishersville, VA 22939
(540) 949-5383

Synergy Rehab and PT Wellness,
PLC
1561 Commerce Rd Ste 402
Verona, VA 24482
(540) 416-0530

Wilson Workforce and
Rehabilitation Center
243 Woodrow Wilson Ave
Fishersville, VA 22939
(540) 332-7082

Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Centra Outpatient Rehabilitation
1710 Whitfield Drive
Bedford, VA 24523
(540) 587-3246

Rehabilitation Associates of Central
Virginia, LP
3 Cedar Hill Ct Suite C
Bedford, VA 24523
(540) 586-1138

Botetourt
Heartland Rehabilitation Services
19733 Main Street
Buchanan, VA 24066
(540) 254-2126

University Physical Therapy
65 Shenandoah Ave Suite 203
Daleville, VA 24083
(540) 352-4304

Buchanan
Buchanan Therapy Services, Inc.
1103 H Plaza Drive
Grundy, VA 24641
(276) 953-5525

Merritt Physical Therapy & Rehab
1060 Anchorage Circle
Vansant, VA 24656
(276) 935-9496

Buena Vista City
Shenandoah Valley Health and
Rehab
3737 Catalpa Avenue
Buena Vista, VA 24416
(540) 261-7444

Campbell
Rehabilitation Associates of Central
Virginia, LP
120 W Rush Ct
Brookneal, VA 24528
(434) 376-2008
69 Barrick Ln Suite E
Rustburg, VA 24588
(434) 332-3904

Caroline
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
121 Courthouse Ln (Kessler)
Bowling Green, VA 24227
(804) 633-1232
Select Physical Therapy (Douglas
Avery - Courthouse Lane)
121 Courthouse Lane Suite 100
Bowling Green, VA 24227
(804) 633-1232

Carroll
Carillon Bone and Joint Center PT/
ST/OT
215 E Grayson St
Hilhamville, VA 24343
(276) 773-8145
Heartland Rehabilitation Services
1113 Carrollton Pike
Hilhamville, VA 24343
(276) 728-0070

Charlotte
Centra Outpatient Rehabilitation
312 King Street
Keysville, VA 23947
(434) 315-2920

Charlottesville City
Albemarle Therapy Center Inc
1102 Rose Hill Dr
Charlottesville, VA 22903
(434) 979-8628
Balance Chiropractic, PLC
608 Preston Ave Ste 100
Charlottesville, VA 22903
(434) 293-3800
Cedars Healthcare Center
1242 Cedars Court
Charlottesville, VA 22903
(434) 296-5611
Encompass Therapy, LLC
4416 Ivy Commons
Charlottesville, VA 22903
(434) 249-3756

Golden LivingCenter -
Charlottesville
1242 Cedars Ct
Charlottesville, VA 22903
(434) 296-5611

Buena Vista City
Physical Therapy at ACAC LLC
572 Four Leaf Lane
Charlottesville, VA 22903
(434) 817-4283

PT Plus Charlottesville
1910 Arlington Blvd
Charlottesville, VA 22903
(434) 984-0303

SELECT PHYSICAL THERAPY
250 Merchants Walk Avenue Suite
300
Charlottesville, VA 22902
(434) 328-4900

Select Physical Therapy (Select PT
Holdings - Merchant Walk Ave)
250 Merchant Walk Avenue
Suite 300 5th Street Station
Charlottesville, VA 22902
(434) 328-4900

Spectrum Therapy
902 E Jefferson St Ste 101 (Health &
Wellness Clinic)
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy (Health &
Wellness Clinic)
902 E. Jefferson St. Ste 101
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy Health &
Wellness Clinic
902 E Jefferson St Ste 101
Charlottesville, VA 22902
(434) 295-6515

The Performance Place Physical
Therapy & Sports Medicine, LLC
1230 Cedars Court Suite 106
Charlottesville, VA 22903
(434) 220-0805

UVA Health Services Foundation
500 Ray C Hunt Dr
Charlottesville, VA 22908
(434) 295-1000

UVA HealthSouth Rehabilitation
Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City
Bon Secours OccMed & Physical
Therapy (Maryview Hospital,
Inc.)
2613 Taylor Road Suite 102
Chesapeake, VA 23321
(757) 465-7651

Chesapeake Internists Ltd
113 Gainsborough Sq Ste 300
Chesapeake, VA 23321
(757) 465-7651

Dominion Physical Therapy &
Associates, Inc.
108 Knells Ridge Ste 200
Chesapeake, VA 23320

Maryview Health Care Center -
Chesapeake
4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651
4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

North Shore Sports & Physical
Therapy
200 North Battlefield Blvd Ste 5
Chesapeake, VA 23320
(757) 547-1215

Physical Therapy Center of
Chesapeake
747 4th Volvo Pkwy Ste 103
Chesapeake, VA 23320
(757) 420-2880

Pivot Physical Therapy of Virginia
(Hampton Roads)
135 Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512
135 W Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512
4020 Raintree Road Ste D
Chesapeake, VA 23322
(757) 484-4241
927 N Battlefield Blvd Suite 200
Chesapeake, VA 23320
(757) 436-3350

Restorative Physical Therapy &
Wellness, LLC
900 Stanhope Gardens Suite 101
Chesapeake, VA 23320
(757) 842-6562

Sentara Therapy Center -
Edinburg
1933 Edwin Drive Suite 103
Chesapeake, VA 23322
(757) 252-5800

Sentara Therapy Center -
Grassfield
1001 Scenic Parkway Suite 101
Chesapeake, VA 23323
(757) 388-9950

Sentara Therapy Center -
Great Bridge YMCA
633 Battlefield Boulevard South
Suite 200
Chesapeake, VA 23322
(757) 233-4790

Sentara Therapy Center -
Greenbrier
713 Volvo Parkway Suite 201
Chesapeake, VA 23323
(757) 282-4015

Southeastern Physical Therapy
680B Kingsborough Sq
Chesapeake, VA 23320
(757) 547-0434
Other Services - Tier 1

801 Poinciana Street Suite 219
Chesapeake, VA 23324
(757) 548-0014

905 North Battlefield Blvd Suite 105
Chesapeake, VA 23320
(757) 410-3157

The Therapy Network - Kingsborough
637 Kingsborough Sq Ste F & G
Chesapeake, VA 23320
(757) 547-7554

Tidewater Therapy for Children, PC
4016 RainTree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864

VANN Virginia Center for Orthopaedic PC
733 Volvo Parkway Suite 100
Chesapeake, VA 23320
(757) 226-9935

Chesterfield
Better Bodies Physical Therapy PLLC
1570 Early Settlers Road
North Chesterfield, VA 23235
(804) 330-9839

Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300

611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

Chesterfield Physical Therapy
1300 Alverser Plaza
Midlothian, VA 23113
(804) 378-9968

CJW Medical Center - Johnston-Willis Campus
1401 Johnston Willis Dr
Richmond, VA 23235
(804) 330-2001

Concentra Medical Centers
9211 Burge Ave
Richmond, VA 23227
(888) 997-2685

Foot and Ankle Specialists of the Mid-Atlantic, LLC dba FASMA
1465 Johnston Willis Drive
Richmond, VA 23235
(804) 320-3686

Hand Therapy Solutions
4030 Oakleaf Road
Richmond, VA 23235
(804) 839-0164

Healthsouth Sports Medicine & Rehabilitation Center of Midlothian
13620 Genito Rd Ste 107
Midlothian, VA 23112
(804) 763-2662

Healthsouth Sports Medicine and Rehabilitation Center of Chester
7061 Commons Plaza Ste A
Chesterfield, VA 23232
(804) 717-2145

Ironbridge Outpatient Physical Therapy
11601 Ironbridge Rd Ste 110
Chester, VA 23831
(804) 764-1001

James River Physical Therapy
9017 Forest Hill Ave Ste 2B
Richmond, VA 23235
(804) 330-0936

Michael J. Kelo
12221 Branders Creek Dr
Chester, VA 23831
(804) 425-4545

Midlothian Orthopedic Sports Therapy
2240 Oak Lake Blvd
Midlothian, VA 23112
(804) 763-1510

Midlothian Village Physical Therapy
14265 Midlothian Turnpike
Midlothian, VA 23113
(804) 464-2323

Pivot Physical Therapy of Virginia
10438 Iron Bridge Road Unit 34
Chester, VA 23831
(804) 796-1518

15757 WC Main Street
Midlothian, VA 23113
(804) 858-0220

227 Wadsworth Dr
Richmond, VA 23236
(804) 323-7874

2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6049 Harbour Park Drive
Midlothian, VA 23112
(804) 639-2359

ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

SELECT PHYSICAL THERAPY
2425 Colony Crossing Place
Midlothian, VA 23112
(804) 763-2662

7061 Commons Plaza Ste A
Chesterfield, VA 23832
(804) 717-2145

Select Physical Therapy (Select PT Holdings - Commons Plaza)
7061 Commons Plaza Suite A
Chesterfield, VA 23832
(804) 717-2145

Sheltering Arms Bon Air Outpatient Center
206 Twinside Ln
Richmond, VA 23235
(804) 764-1001

St. Francis Medical Center Campus
13700 St. Francis Blvd
Midlothian, VA 23114
(804) 378-6007

St. Francis Outpatient Physical Therapy
13700 St. Francis Blvd Ste 300
Midlothian, VA 23114
(804) 764-1001

The Virginia Center for Spine & Sports Therapy
2820 Waterford Lake Drive
Midlothian, VA 23112
(804) 249-8277

U.S. PT Managed Care dba Virginia Sports Medicine & Physical Th board
13321 Midlothian Turnpike
Midlothian, VA 23113
(804) 897-0704

Virginia Urology PT Services
1919 W Huguenot Road Suite 202
Richmond, VA 23235
(804) 379-3002

Women's Health Physical Therapy
1919 W Huguenot Road Suite 202
Richmond, VA 23235
(804) 379-3002

Clarke

Berryville Physical Therapy and Wellness, PLLC
322-A North Buckmarsh St
Berryville, VA 22611
(540) 955-1837

Rose Hill Health and Rehab
110 Chalmers Court
Berryville, VA 22611
(540) 955-9905

Colonial Heights City

Carlton E. Miller, MD, PC
110 Dunlop Village Circle
Colonial Heights, VA 23834
(804) 526-6062

Colonial Orthopedics, Inc.
325 Charles H Dimmock Parkway
Colonial Heights, VA 23834
(804) 526-5888

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
326-A Charles H Dimmock Pkwy
Colonial Heights, VA 23834
(804) 524-0533

Pivot Physical Therapy of Virginia
300 B Temple Lake Drive Suite 100
Colonial Heights, VA 23834
(804) 526-6062

Select Physical Therapy (Douglas Avery - Charles H Dimmock Pkwy)
320-B Charles H Dimmock Parkway
Colonial Heights, VA 23834
(804) 524-0533

Synergy PT & Athletic Performance
16142 Jefferson Davis Hwy
Colonial Heights, VA 23834
(804) 520-7779

Culpeper

Pivot Physical Therapy of Virginia
15331 Creativity Drive Suite 960
Culpeper, VA 22701
(540) 317-0888

Rappahannock Rapidan CSB
15361 Bradford Rd
Culpeper, VA 22701
(540) 825-5656

Spectrum Therapy
16260 Bennett Rd
Culpeper, VA 22701
(540) 727-0737

UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Virginia Orthopaedic Center
663 Sunset Ln
Culpeper, VA 22701
(540) 825-5362

Danville City

Abercrombie Physical Therapy
2811 Riverside Dr
Danville, VA 24540
(434) 709-6100

Caring for U Therapy Services
10572 Martinsville Hwy Ste 3
Danville, VA 24541
(434) 685-3030

Centra Outpatient Rehabilitation
404 Airport Drive
Danville, VA 24540
(434) 797-1384

141 Park Avenue
Danville, VA 24541

Danville Orthopedic & Athletic Rehabilitation, Inc
2140 Franklin Turnpike
Danville, VA 24541
(434) 836-4158

Rehabilitation Services of Danville
900 Main St
Danville, VA 24541
(434) 792-7555

SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Spectrum Medical Inc. (Physical Therapy)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 797-1807
| **SELECT PHYSICAL THERAPY** | 429 England St  
Ashland, VA 23005  
(804) 798-9870 |
|---------------------------|-----------------|
| 7415 Lee Davis Road  
Mechanicsville, VA 23111  
(804) 559-2900 |
| **Select Physical Therapy (Select PT Holdings - England St)** | 429 England Street  
Ashland, VA 23005  
(804) 798-9870 |
| **Select Physical Therapy (Select PT Holdings - Lee Davis Rd)** | 7415 Lee Davis Road  
Mechanicsville, VA 23111  
(804) 559-2900 |
| **Sheltering Arms Hospital** | Outpatient Services  
8254 Atlee Rd  
Harrisonburg, VA 22801  
(804) 689-5500 |
| **Sheltering Arms Rehabilitation Center at Hanover** | 8226 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 764-1001 |
| **Harrisonburg City** | **Advantage Physical Therapy of Virginia LLC**  
313 Nell St Suite C  
Harrisonburg, VA 22801  
(540) 434-1200 |
| | 4165 Quarles Ct  
Harrisonburg, VA 22801  
(540) 437-7585 |
| | **Appalachian Physical Therapy**  
2035 E Market St Suite 45  
Harrisonburg, VA 22801  
(540) 801-9501 |
| | **Harrington - Rockingham CSB**  
1241 N Main St  
Harrisonburg, VA 22802  
(540) 434-1941 |
| | **Hess Orthopaedic Center & Sports Medicine, PLC**  
4165 Quarles Ct  
Harrisonburg, VA 22801  
(540) 437-7585 |
| | **Occupational Therapy Clinical Education Services**  
131 W Grace St Rm 1100  
Harrisonburg, VA 22807  
(540) 568-4980 |
| | **RMH Outpatient Rehab Services**  
501 Stone Spring Rd.  
Harrisonburg, VA 22801  
(540) 433-4555 |
| | **Parkview 1481 Virginia Ave**  
Harrisonburg, VA 22802  
(540) 438-4228 |
| | **Sunny Side Retirement Community**  
3935 Sunny Side Dr  
Harrisonburg, VA 22801  
(540) 433-4198 |
| | **RMH Rehab Services**  
220 Reservoir St  
Harrisonburg, VA 22801  
(540) 433-8146 |
| | **Sentara RMH East Market Street**  
1790 East Market Street Ste 64B  
Harrisonburg, VA 22801  
(540) 564-5550 |
| | **Sentara RMH Orthopedics and Sports Medicine**  
2509 Pleasant Run Drive  
Harrisonburg, VA 22801  
(540) 689-5500 |
| | **Sentara RMH Wellness Center**  
2500 Wellness Drive  
Harrisonburg, VA 22801  
(540) 689-5500 |
| | **The Center for Hand and Physical Therapy**  
3221 Peoples Drive Suite 110  
Harrisonburg, VA 22801  
(540) 638-2478 |
| | **Virginia Mennonite Rehab Center**  
1481 Virginia Avenue  
Harrisonburg, VA 22801  
(540) 574-3850 |
| | **Wampler & Associates Rehabilitation PC**  
220 Reservior St  
Harrisonburg, VA 22801  
(540) 343-9207 |
| | **Henrico**  
Beth Sholom Rehabilitation Clinic  
1600 John Rolfe Pkwy  
Richmond, VA 23228  
(804) 421-3532 |
| | 2027 Lauderdale Dr  
Richmond, VA 23238  
(804) 421-5250 |
| | **Bon Secours Physical Therapy & Sports Medicine**  
9600 Patterson Ave  
Richmond, VA 23229  
(804) 285-6818 |
| | **Bon Secours Richmond Hope Therapy Center (Pediatric)**  
4900 Dominion Blvd Ste B  
Glen Allen, VA 23060  
(804) 747-4673 |
| | **Bon Secours St. Marys Hospital**  
5801 Bremo Rd  
Richmond, VA 23226  
(804) 285-2011 |
| | **Center for Physical Therapy & Sports Medicine, PC**  
3920 Springfield Rd  
Glen Allen, VA 23060  
(804) 747-7472 |
| | **Concentra Medical Centers**  
9900 W Broad St Ste C  
Glen Allen, VA 23060  
(888) 997-2609 |
| | **Elizabeth Adam Crump Health and Rehab**  
3600 Mountain Road  
Glen Allen, VA 23060  
(804) 672-8725 |
| | **First Steps Physical Therapy, Inc.**  
4915 Turner Ridge Court  
Glen Allen, VA 23059  
(404) 918-4010 |
| | **Healthsouth Hand Rehabilitation Center**  
7650 E Parham Rd Ste 100  
Richmond, VA 23294  
(804) 935-1378 |
| | **Healthsouth Rehabilitation Hospital of Virginia**  
5700 Fitzhugh Avenue  
Richmond, VA 23226  
(804) 288-5700 |
| | **Healthsouth Sports Medicine & Rehabilitation Center**  
7650 E Parham Rd Ste 120  
Richmond, VA 23294  
(804) 747-4417 |
| | **Henrico Area Mental Health & Developmental Services**  
10299 Woodman Rd  
Glen Allen, VA 23060  
(804) 261-8511 |
| | **Henrico Doctors' Hospital - Forest Campus**  
1602 Skipwith Rd  
Richmond, VA 23229  
(804) 289-4500 |
| | **Henrico Doctors' Hospital - Parham Campus**  
7700 East Parham Rd  
Richmond, VA 23294  
(804) 747-5600 |
| | **Infant and Child Development Services**  
1901 Westwood Ave  
Richmond, VA 23227  
(804) 358-1874 |
| | **Lawrence Rehabilitation Specialists**  
2034 Dabney Rd Ste D  
Richmond, VA 23230  
(804) 523-2653 |
| | **Physical Therapy Solutions, Limited Partnership**  
4101 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 716-0457 |
| | **Physical Therapy Services**  
8906 West Broad St Suite F  
Richmond, VA 23294  
(804) 965-9990 |
| | **Select Physical Therapy (Select PT Holdings - Gaskins Rd)**  
1340 Gaskins Road Unit 12  
Richmond, VA 23238  
(804) 747-4417 |
| | **Select Physical Therapy**  
(Physiotherapy - West Broad St)  
8906 West Broad Street  
Richmond, VA 23294  
(804) 965-9990 |
| | **Sheltering Arms Rehabilitation of Virginia**  
220 Reservoir St  
Harrisonburg, VA 22801  
(804) 689-5500 |
| | **Sheltering Arms Outpatient at the Sheltering Arms Midtown**  
220 Reservior St  
Harrisonburg, VA 22801  
(804) 689-5500 |
| | **Sheltering Arms Hospital**  
Outpatient Services  
220 Reservoir St  
Harrisonburg, VA 22801  
(804) 689-5500 |
| | **Sunny Side Retirement Community**  
3935 Sunny Side Dr  
Harrisonburg, VA 22801  
(804) 433-4198 |
<table>
<thead>
<tr>
<th>Practice Name</th>
<th>Address 1</th>
<th>Address 2</th>
<th>City</th>
<th>Zip Code</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comber Physical Therapy</td>
<td>109 Bullifants Blvd Ste B</td>
<td>Williamsburg, VA 23188</td>
<td>(804) 229-9740</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue Ridge Physical Therapy</td>
<td>25 Crossing Lane Ste 1</td>
<td>Lexington, VA 24450</td>
<td>(540) 463-5888</td>
<td></td>
<td></td>
</tr>
<tr>
<td>201 Bullifants Blvd Ste B</td>
<td>Williamsburg, VA 23188</td>
<td>(757) 229-9740</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Peak Physical Therapy, PLC</td>
<td>344 McLawrs Cir</td>
<td>Williamsburg, VA 23185</td>
<td>(757) 564-7381</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pivot Physical Therapy of Virginia (Hampton Roads)</td>
<td>156 B Strawberry Plains Road</td>
<td>Williamsburg, VA 23188</td>
<td>(757) 565-6445</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sentara Therapy Center - James City</td>
<td>5301 Longhill Rd</td>
<td>Williamsburg, VA 23188</td>
<td>(757) 259-4221</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sentara Therapy Center - Kings Mill</td>
<td>1915 Pochantans Trail Suite F10</td>
<td>Williamsburg, VA 23185</td>
<td>(757) 984-9785</td>
<td></td>
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</tr>
<tr>
<td>Sentara Therapy Center - Williamsburg YMCA</td>
<td>301 Sentara Circle YMCA Building</td>
<td>Williamsburg, VA 23188</td>
<td>(757) 984-9900</td>
<td></td>
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</tr>
<tr>
<td>TPGM PT &amp; OT</td>
<td>5424 Discovery Park Boulevard</td>
<td>Williamsburg, VA 23188</td>
<td>(757) 345-2512</td>
<td></td>
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</tr>
<tr>
<td>Williamsburg Physical Therapy &amp; Sports Therapy Center</td>
<td>156 Strawberry Plains Rd Ste B</td>
<td>Williamsburg, VA 23185</td>
<td>(757) 220-8383</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Williamsburg Physical Therapy</td>
<td>3901 Treyburn Dr Suite 100</td>
<td>Williamsburg, VA 23185</td>
<td>(757) 220-2516</td>
<td></td>
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</tr>
<tr>
<td>Children's Heart Institute - VA, P.C.</td>
<td>19465 Deerfield Avenue Suite 310</td>
<td>Leesburg, VA 20176</td>
<td>(703) 724-4003</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children's Multispecialty Clinic, PLC</td>
<td>19465 Deerfield Avenue Suite 310</td>
<td>Leesburg, VA 20176</td>
<td>(703) 724-4003</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Concentra Medical Centers</td>
<td>45305 Catalina Ct Ste 103</td>
<td>Sterling, VA 20166</td>
<td>(888) 997-2669</td>
<td></td>
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</tr>
<tr>
<td>Concentra Medical Centers</td>
<td>46440 Benedict Dr Ste 108</td>
<td>Sterling, VA 20164</td>
<td>(888) 997-2669</td>
<td></td>
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<td>Leesburg Physical Therapy</td>
<td>44055 Riverside Pkwy Ste 118</td>
<td>Leesburg, VA 20176</td>
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<td>Oncology Rehab and Wellness</td>
<td>20098 Ashbrook Place Ste 190</td>
<td>Ashburn, VA 20147</td>
<td>(703) 789-0367</td>
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<td>Physical Restoration and Sports Medicine</td>
<td>46304 McClennan Way</td>
<td>Sterling, VA 20165</td>
<td>(703) 444-8210</td>
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<td>Select Physical Therapy (Leesburg - Fort Evans Rd)</td>
<td>540 Fort Evans Road Suite 206</td>
<td>Leesburg, VA 20176</td>
<td>(703) 777-1026</td>
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<td>Select Physical Therapy (Leesburg - Pickwick Dr)</td>
<td>17340 Pickwick Drive Suite 120</td>
<td>Purcellville, VA 20132</td>
<td>(540) 338-0685</td>
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<td>19500 Sandridge Way Suite 390</td>
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<td>21785 Filigree Court Suite 209</td>
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<td>Sterling, VA 20166</td>
<td>(501) 406-0296</td>
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<td>StoneSprings Hospital Center</td>
<td>24440 Stone Springs Blvd</td>
<td>Dulles, VA 20166</td>
<td>(571) 349-4000</td>
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<td>Carilion Stonewall Jackson Hospital</td>
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<td>Children's Multispecialty Clinic, PLC</td>
<td>19465 Deerfield Avenue Suite 310</td>
<td>Leesburg, VA 20176</td>
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<td>45305 Catalina Ct Ste 103</td>
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<td>21620 Ridgetop Circle Suite 180</td>
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<td>Martinsville</td>
<td>101 Cleveland Ave Suite D Martinvs, VA 24112</td>
<td>(763) 7114</td>
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<tr>
<td>Sentara Therapy Center - Mathews</td>
<td>3 Dudley Street Martinsville, VA 24112</td>
<td>(763) 52581</td>
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<td>Therapy Associates of Martinsville</td>
<td>101 Cleveland Ave Suite D Martinvs, VA 24112</td>
<td>(763) 7114</td>
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<tr>
<td>Physical Therapy Solutions, Limited</td>
<td>407 E Canal Street Richmond, VA 23119</td>
<td>(804) 804-0854</td>
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<td>Sentara Therapy Center - Mathews</td>
<td>75 Main Street Suite E Mathews, VA 23109</td>
<td>(804) 725-2451</td>
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<td>Mecklenburg</td>
<td>527 S Mecklenburg Ave South Hill, VA 23970</td>
<td>(757) 847-3322</td>
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<td>101 Cleveland Ave Suite D Martinvs, VA 24112</td>
<td>(763) 352-4465</td>
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<td>Martinsville Health and Rehab</td>
<td>101 Cleveland Ave Suite D Martinvs, VA 24112</td>
<td>(763) 661-7654</td>
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<td>SOVAH Health - Martinsville</td>
<td>3 Dudley Street Martinsville, VA 24112</td>
<td>(763) 661-6600</td>
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<td>Therapy Direct</td>
<td>3 Dudley Street Martinsville, VA 24112</td>
<td>(763) 662-5281</td>
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<td>MPNN CSB</td>
<td>5372B Old Virginia Street Urbanna, VA 23175</td>
<td>(804) 758-5250</td>
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<td>Sentara Therapy Center - Middlesex YMCA</td>
<td>11487 General Puller Hwy Hartfield, VA 23071</td>
<td>(804) 776-1008</td>
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<td>Montgomery</td>
<td>Blackburg Center for Pain Management, Inc. 1901 S Main Street Ste 8 Blackburg, VA 24060 (540) 605-9773</td>
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<td>Carillon Bone and Joint Center PT/ST/OT 2900 Lamb Circle Christiansburg, VA 24073 (540) 633-0523</td>
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<td>Carillon New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073 (540) 731-2001</td>
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<td>Core Physical Therapy Blacksburg 1901 South Main Street Suite 8 Blacksburg, VA 24060 (540) 315-3000</td>
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<td>Montgomery Regional Hospital d/b/a LewisGale Montgomery 3700 Main Street Blacksburg, VA 24060 (540) 951-1111</td>
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<td>Pivit Physical Therapy of Virginia 872 Pikes Fork Road Blacksburg, VA 24060 (540) 739-2161</td>
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<td>Professional Rehab Associates, Inc. 2875 Barn Road Ste 100 Christiansburg, VA 24073 (540) 639-5786</td>
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<td>Total Motion Physical Therapy 227 Central Ave Ste C Christiansburg, VA 24073 (540) 585-48411</td>
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<td>University Physical Therapy 825 Davis Street Ste B Blacksburg, VA 24060 (540) 552-5100</td>
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<td>University PT - Christiansburg 115 Acres Farm Rd NE Ste 1 Christiansburg, VA 24073 (540) 381-9100</td>
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<td>University PT - West Blacksburg 920 Plantation Rd Ste 100 Blacksburg, VA 24060 (540) 951-0742</td>
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<td>Nelson</td>
<td>Blue Ridge Medical Center, Inc.-PT 4038 Thomas Nelson Hwy Arrington, VA 22922 (434) 263-4000</td>
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<td>Livingston Physical Therapy 8445 Thomas Nelson Highway Lovington, VA 22949 (434) 263-6200</td>
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<td>PT PLUS OF AFTON LLC 7850 Rockfish Hwy Afton, VA 22920 (540) 456-6222</td>
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<td>Rehabilitation Associates of Central Virginia, LP 61 Callohill Drive Lovington, VA 22949 (434) 226-0612</td>
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<td>New Kent</td>
<td>Henrico Area Mental Health &amp; Developmental Services 9403A Pocahontas Trail Providence Forge, VA 23140 (804) 966-5959</td>
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<td>Sentara Therapy Center - Quinton 2500 New Kent Highway Quinton, VA 23141 (804) 557-3952</td>
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<td>Newport News City</td>
<td>Dominion Physical Therapy &amp; Associates, Inc. 466 Denbigh Blvd Newport News, VA 23608 (757) 875-08612</td>
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<td>Hampton Roads Orthopaedics &amp; Sports Med - Physical Therapy 730 Thimble Shools Blvd Ste 130 Newport News, VA 23606 (757) 873-1554</td>
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<td>Mary Immaculate Hospital Rehabilitative Services Dept. 2 Bernadine Dr Newport News, VA 23602 (757) 886-6480</td>
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<td>Physical Therapy Now (Bruce Templeton PT) 704 Thimble Shools Blvd Ste 400A Newport News, VA 23607 (757) 591-2668</td>
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<td>12695 McManus Blvd Bldg 6 Ste B Newport News, VA 23606 (757) 874-0032</td>
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<td>751 J Clyde Morris Blvd Newport News, VA 23607 (757) 873-2123</td>
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<td>1051 Lofts Blvd Suite 200 Newport News, VA 23606 (757) 736-9320</td>
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<td>Norfolk City</td>
<td>Atlantic Physical Therapy, P.C. 6530 Newtown Rd Suite 100 Norfolk, VA 23502 (757) 466-4401</td>
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<td>Bon Secours In Motion Physical Therapy Center 885 Kempsville Rd Ste 300 Norfolk, VA 23502 (757) 955-2800</td>
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<td>Children's Hospital of the King's Daughters 601 Childrens Ln Norfolk, VA 23507 (757) 688-7000</td>
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<td>Children's Hospital of the King's Daughters(SM Therapy in Ghent) 702 West 21st Street Norfolk, VA 23517 (757) 668-4890</td>
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<td>Direct Performance Physical Therapy 1900 Monticello Ave Norfolk, VA 23517 (757) 609-0048</td>
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<td>5701 Cleveland Street Ste 600 Norfolk, VA 23514 (757) 995-2700</td>
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<td>In Motion at the Atrium - DePaul (Bon Secours) 160 Kingsley Ln Ste 501 Norfolk, VA 23505 (757) 889-5891</td>
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North Shore Sports & Physical Therapy
7419 Granby St
Norfolk, VA 23505
(757) 489-3820

ODU Monarch Physical Therapy
1015 W 47th Street
Norfolk, VA 23529
(757) 683-7041

Pivot Physical Therapy of Virginia (Hampton Roads)
154 E Little Creek Road
Norfolk, VA 23505
(757) 797-0210
6161 Kempsville Cir Ste 250
Norfolk, VA 23502
(757) 965-4890

Sentara Therapy Center - Blocker YMCA
312 West Bute Street Suite 100
Norfolk, VA 23510
(757) 222-2600

Sentara Therapy Center - Granby YMCA
2901 Granby Street Suite 200
Norfolk, VA 23504
(757) 252-5340

Sentara Therapy Center - Leigh
6315 N Center Dr Bldg 20 Suite 101
Norfolk, VA 23502
(757) 261-0820

Sentara Therapy Day Rehab
890 Kempsville Road
Norfolk, VA 23502
(757) 261-0855

Southwestern Physical Therapy
3509 Granby Street Suite B
Norfolk, VA 23504
(757) 423-8885
801 West Little Creek Ste 102
Norfolk, VA 23505

Spine & Orthopedic Pain Center, PC
6160 Kempsville Circle Smithfield Bldg Ste 303A
Norfolk, VA 23520
(757) 333-3360

Spine Works LLC
5665 Lowery Rd Ste 200
Norfolk, VA 23520
(757) 466-7095

The Therapy Network - Ghent
951 W 21st St
Norfolk, VA 23517
(757) 623-0867

The Therapy Network - Janaf
5665 Lowery Rd
Norfolk, VA 23502
(757) 351-6020

VANN Virginia Center for Orthopaedic PC
6387 Center Dr Suite 101
Norfolk, VA 23502
(757) 321-3384

Northampton

Northamnor

Mosher Physical Therapy and Sports Medicine, PC
712 Randolph Ave
Cape Charles, VA 23310
(757) 331-4490

Northumberland

Abilities About Physical Therapy and Wellness Center, PLLC
765 Northumberland Highway
Callao, VA 22435
(804) 529-5178

Belfield Physical Therapy
16155 Northumberland Highway
Reedville, VA 22539
(804) 220-2009

Notawo

Blackstone Physical Therapy
920 South Main Street
Blackstone, VA 23824
(434) 292-4167

Progressive Therapy
104 West Broad St
Blackstone, VA 23824
(434) 298-0141

Orange

NovaCare Rehabilitation
5477 Germanna Hwy
Locust Grove, VA 22508
(540) 972-9610

Select Physical Therapy (RehabClinics - Germanna Hwy)
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Spectrum Therapy
70 Jefferson Court Suite 102
Zion Crossroads, VA 22942
(540) 832-3061

Page

Excel Therapy
200 Leakeysville Rd
Luray, VA 22835
(540) 743-0502

Page Memorial Hospital Inc
200 Memorial Dr
Zion Crossroads, VA 22942
(540) 743-4561

Patrick

Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124

Petersburg City

Battlefield Park Healthcare Center
250 Flank Rd
Petersburg, VA 23805
(804) 861-2223

Golden LivingCenter - Battlefield Park
250 Flank Rd
Petersburg, VA 23805
(804) 861-2223

Golden LivingCenter - Petersburg
287 E South Boulevard
Petersburg, VA 23805
(804) 733-1190

HealthSouth Rehabilitation Hospital of Petersburg
95 Pine Hill Blvd
Petersburg, VA 23805
(804) 673-4479

Petersburg Healthcare Center
287 E South Boulevard
Petersburg, VA 23805
(804) 733-1190

Southside Regional Medical Center - Physical Therapy
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5000

Pittsylvania

Centra Health Medical Center - Gretna
1220 West Gretna Rd
Gretna, VA 24557
(434) 947-5439

Centra Outpatient Rehabilitation
291 McBride Lane
Gretna, VA 24557
(434) 656-4607

Rehabilitation Associates of Central Virginia, LP
527 Pocket Rd
Hurt, VA 24563
(434) 324-9750

Poquoson City

Bayside of Poquoson Health and Rehab
1 Vantage Drive
Hampton, VA 23662
(757) 968-9660

Portsmouth City

Bon Secours Hampton Roads - Rehabilitation Services
3636 High St
Portsmouth, VA 23707
(757) 398-2627

Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
In Motion Physical Therapy @ High St
3300 High St Ste 1A
Portsmouth, VA 23707
(757) 673-5689

Dominion Physical Therapy & Associates, Inc.
590 Rodman Ct Ste 4
Portsmouth, VA 23707
(757) 393-6119

HANSEL UNION CONSULTING, PLLC
711 Court Street
Portsmouth, VA 23704
(757) 967-9926

Orthopaedic Surgery Centers, PC II
3300 High St Suite I
Portsmouth, VA 23707
(757) 397-0783

Portsmouth Orthopaedic Associates, Inc.
2929 London Blvd
Portsmouth, VA 23707
(757) 397-1201

Sentara Life Care - Portsmouth Therapy Center
4201 Greenwood Dr
Portsmouth, VA 23701
(757) 673-5020

Powhatan

Pivot Physical Therapy of Virginia
3510 Anderson Highway Ste 2
Powhatan, VA 23139
(804) 598-2100

Powhatan Physical Therapy
1555 Standing Ridge Dr Ste C-1
Powhatan, VA 23139
1799 S Creek One Suite E
Powhatan, VA 23139
(804) 794-9023

Prince Edward

Centra Outpatient Rehabilitation
935 Main St
Farmville, VA 23901

Centra Southside Community Hospital
800 Oak St
Farmville, VA 23901
(434) 392-8811

Progressive Therapy
1412 West Third Street
Farmville, VA 23901
(434) 392-1596

Woodland Therapy & Wellness Center
2003 Cobb Street
Farmville, VA 23901
(434) 392-6106

Prince William

Arthritis and Osteoporosis Center of Northern Virginia
8100 Ashton Avenue Suite 215
Manassas, VA 20109
(703) 361-3255

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
2076 Daniel Stuart Sq
Woodbridge, VA 22192
(703) 492-6934

Fusion Physical Therapy
12731 Marblestone Drive Suite 202
Woodbridge, VA 22192
(571) 659-2612

Lake Ridge Physical Therapy
12544 Dillingham Square
Woodbridge, VA 22191
(703) 730-6969

Optima Direct Network Providers 5/2019

408
Noval Health UVA Health System
Haymarket Medical Center
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 284-1000

PRINCE WILLIAM
Pivot Physical Therapy of Virginia
4214 Fortuna Center Plaza
Danvilles, VA 22025
(571) 402-2098

Prince William
Results Rehabilitation & Fitness, Inc.
7521 Virginia Oaks Drive Suite 240
Gainesville, VA 20155
(703) 753-7600

SELECT PHYSICAL THERAPY
14524 Potomac Mills Rd
Woodbridge, VA 22192
7900 Sudley Rd Ste 803
Manassas, VA 20109
(703) 366-3948

Select Physical Therapy
Select PT Holdings - Potomac Mills Rd
14524 Potomac Mills Road
Woodbridge, VA 22192
(703) 490-6726

Select Physical Therapy Select PT Holdings - Sudley Rd
7900 Sudley Road Suite 803
Manassas, VA 20109
(703) 366-3948

Pulaski
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
2400 Lee Hwy N
Pulaski, VA 24301
(540) 387-9142

Heartland Rehabilitation Services
5286 Alexander Rd
Dublin, VA 24084
(540) 674-6400

Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

University Physical Therapy
5255 Alexander Road
Dublin, VA 24084
(540) 307-4249

Richmond
Belfield Physical Therapy
4562 Richmond Rd
Richmond, VA 23233
(804) 225-1000

Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

Center for Physical Therapy & Sports Medicine, PC
401 E Canal St
Richmond, VA 23219
(804) 523-4634

CJW Medical Center - Chippenham Campus
7101 Jahnke Rd
Richmond, VA 23225
(804) 320-3911

Henrico Doctors’ Hospital - Retreat Campus
2621 Grove Ave
Richmond, VA 23220
(804) 254-5100

Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke
Back to Basics Family Physical Therapy
7768 Williamson Road
Roanoke, VA 20191
(540) 985-0500

Botetourt Athletic Club
105 Summerfield Ct
Roanoke, VA 20191
(540) 992-2993

Brandon Oaks Nursing and Rehab Center
3837 Brandon Ave SW
Roanoke, VA 20198
(540) 776-2616

Carilion Bone and Joint Center PT/ST/OT
204 S Maple Street
Vinton, VA 24179
(540) 266-6950

Connections Achievement and Therapy Center, Corp.
5430 Peters Creek Rd Suite 108
Roanoke, VA 20191
(540) 400-8505

Heartland Rehabilitation Services
6515 Williamson Rd
Roanoke, VA 20191
(540) 366-2243

Lucas Therapies, PC
4533 Brambleton Ave
Roanoke, VA 2018
(540) 772-8022

Pivot Physical Therapy of Virginia
2033 Colonial Avenue SW Suite 138
Roanoke, VA 2015
(540) 466-3981

Professional Therapies of Roanoke, Inc.
1421 Third St SW
Roanoke, VA 2016
(540) 982-2208

Spine and Orthopedic Rehab of VA, Inc
1310 Third St SW
Roanoke, VA 2016
(540) 985-6500

Rockingham
Advantage Physical Therapy of Virginia LLC
140 Shen Elk Plaza
Elkton, VA 22827
(540) 298-4749

Sentara RMH Bridgewater
400 North Main Street
Bridgewater, VA 22812
(540) 828-7115

Sentara RMH East Rockingham Health Center
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Sentara RMH Timber Way Health Center
13892 Timber Way
Broadway, VA 22815
(540) 901-0888

Russell
Lebanon Physical Therapy & Rehabilitative Services
272 Highland Dr
Lebanon, VA 22666
(276) 889-4090

Russell County Hospital
56 Carroll and Tate Street
Lewiston, VA 22666
(276) 883-8000

Salem
Advanced Physical Therapy of VA
1620 Apperson Drive
Salem, VA 24153
(540) 444-0291

Heartland Rehabilitation Services
126 Mill Ln
Salem, VA 24153
(540) 387-4311

Lewis-Gale Medical Center
1900 Electric Rd
Salem, VA 24153
(540) 862-6265

Lucas Therapies, PC
109 Knobbreak Rd
Salem, VA 24153
(540) 346-4328

University Physical Therapy
2119 Apperson Drive
Salem, VA 24153
(540) 685-0168

Shenandoah
Cross Roads Physical Therapy
1187 S Main St
Woodstock, VA 22664
(540) 459-7660

Shenandoah Memorial Hospital
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Woodstock Rehab & Fitness, Inc.
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-7772

Smyth
Heartland Rehabilitation Services
104 North Sanders Ave
Chilhowie, VA 24319
(276) 646-8774
Other Services - Tier 1

Suffolk City

Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
In Motion Physical Therapy @ Meade Pkwy 2012 Meade Pkwy
Suffolk, VA 23434
(757) 934-3366

Harbour View In Motion Physical Therapy Center - Maryview Med Ctr
5838 Harbour View Blvd Ste A
Suffolk, VA 23435
(757) 673-5971

Physiotherapy at Harbour View
175 N Main St
Suffolk, VA 23434
(757) 686-0207

Pivot Physical Therapy of Virginia (Hampton Roads)
2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

Sentara Therapy Center - Belleharbour
3920 A Bridge Rd Ste 306
Suffolk, VA 23435
(757) 983-0025

Sentara Therapy Center - Obici
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center- OBICI YMCA
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

The Children's Center
300 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Therapy Concepts Inc.
3005 Corporate Ln Ste 200
Suffolk, VA 23434
(757) 923-3207

Select Physical Therapy
106 MacTanly Place
Staunton, VA 24401
(540) 886-4510

Select Physical Therapy (Select PT Holdings - MacTanly Pl)
106 MacTanly Place
Staunton, VA 24401
(540) 886-4510

Tazewell

Carilion Bone and Joint Center PT/STOT
234 Medical Park Drive
Bluefield, VA 24605
(276) 322-2223

Carilion Tazewell Community Hospital
388 Ben Bolt Ave
Tazewell, VA 24651

Clinch Valley Medical Center
6801 Gov G C Peery Highway
Richlands, VA 24641
(276) 596-6000

Heartland Rehabilitation Services
164 Campbell Lane
Tazewell, VA 24651
(276) 228-6200

982 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-5946

Virginia Beach City

APM Spine & Sports Physicians, PC
5665 Lowery Rd Ste 100
Virginia Beach, VA 23454
(757) 889-5681

Atlantic Physical Therapy, P.C.
1016 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-4066

3300 Princess Anne Rd Suite 719
Virginia Beach, VA 23456
(757) 466-4401

Best Life Physical Therapy and Sports Medicine
3093 Brickhouse Court
Virginia Beach, VA 23452
(757) 694-7872

Bon Secours In Motion Physical Therapy Center
3501 Holland Rd Ste 117A
Virginia Beach, VA 23452
(757) 463-2540

CHHK Health and Surgery Center at Princess Anne
2021 Concert Dr
Virginia Beach, VA 23455
(757) 668-2711

Dianne D. Epplin and Associates
818 Newtownd Rd
Virginia Beach, VA 23462
(757) 473-8016

Direct Performance Physical Therapy, LLC
195 S Rosemont Rd
Virginia Beach, VA 23452
(757) 742-3778

2247 W Great Neck Rd Ste 101
Virginia Beach, VA 23451
(757) 742-3778

3020 Shore Dr Unit B
Virginia Beach, VA 23451
(757) 742-3778

Dynamic Health Services
397 Little Neck Rd Bldg 3300 Ste 100
Virginia Beach, VA 23452
(757) 639-3153

Glasson Sports Medicine, PC
968 First Colonial Rd Ste 101
Virginia Beach, VA 23454
(757) 412-1005

Haygood Physical Therapy
1024 Independence Blvd
Virginia Beach, VA 23455
(757) 460-3363

Healthsouth Rehabilitation Center of Virginia Beach
1849 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 481-3349

Helping Hands Therapy Services, PLLC
913 First Colonial Rd Ste 204
Virginia Beach, VA 23454
(757) 550-0725

Kempsville Physical Therapy, PC
5320 Providence Rd Ste 201
Virginia Beach, VA 23464
(757) 523-4705

Kirven Orthopaedic Group PC
5701 Cleveland St Suite 600
Virginia Beach, VA 23456
(757) 963-6507

Pivot Physical Therapy of Virginia (Hampton Roads)
1745 Camelot Dr Ste 100
Virginia Beach, VA 23454
(757) 961-4800

2004 Sandbridge Road Ste 102
Virginia Beach, VA 23456
(757) 301-6516

4624 Pembroke Blvd Suite 101
Virginia Beach, VA 23455
(757) 460-3363

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Select Physical Therapy (Physiotherapy - Va Beach Blvd)
3772 Virginia Beach Boulevard
Virginia Beach, VA 23452
(757) 340-0556

Sentara Therapy Center - Hand
5712 Cleveland Street Suite 150
Virginia Beach, VA 23462
(757) 252-5520

Sentara Therapy Center - Hilltop
1725 Laskin Rd Ste 535
Virginia Beach, VA 23454
(757) 252-4800

Sentara Therapy Center - Independence
816 Independence Blvd Suite 3F
Virginia Beach, VA 23455
(757) 363-6178

Sentara Therapy Center - Indian River
5660 Indian River Road Suite 121
Virginia Beach, VA 23464
(757) 252-5300
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
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<tbody>
<tr>
<td>Sentara Therapy Center - Newtown</td>
<td>818 Newtown Road, Virginia Beach, VA 23462</td>
<td>(757) 261-4475</td>
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<tr>
<td>Sentara Therapy Center - Princess Anne 1950</td>
<td>1950 Glenn Mitchell Drive Suite 210, Virginia Beach, VA 23456</td>
<td>(757) 507-0390</td>
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<tr>
<td>Sentara Therapy Center - Princess Anne 1975</td>
<td>1975 Glenn Mitchell Drive Suite 101, Virginia Beach, VA 23456</td>
<td>(757) 507-1660</td>
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<td>Sentara Therapy Center - Red Mill</td>
<td>2033 Fisher Arch Suite 120, Virginia Beach, VA 23456</td>
<td>(757) 395-8485</td>
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<td>Southeastern Physical Therapy</td>
<td>1157 First Colonial Rd Ste 201, Virginia Beach, VA 23454</td>
<td>(757) 481-0052</td>
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<td></td>
<td>2020 General Booth Blvd Ste 120, Virginia Beach, VA 23454</td>
<td>(757) 427-5505</td>
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<td></td>
<td>2117 McComas Way Suite 105, Virginia Beach, VA 23456</td>
<td>(757) 427-5505</td>
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<td>4668 Pembroke Blvd Suite 115, Virginia Beach, VA 23455</td>
<td>(757) 648-8562</td>
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<td>5301 Providence Road Ste 80, Virginia Beach, VA 23464</td>
<td>(757) 467-4604</td>
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<td></td>
<td>5301 Providence Road Suite 80, Virginia Beach, VA 23464</td>
<td>(757) 932-4301</td>
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<td>The Therapy Network - First Colonial</td>
<td>1788 Republic Rd Ste 100, Virginia Beach, VA 23454</td>
<td>(757) 437-0412</td>
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<td>The Therapy Network - Independence</td>
<td>762 Independence Blvd Ste 772, Virginia Beach, VA 23455</td>
<td>(757) 456-2032</td>
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<td>The Therapy Network - Kempsville</td>
<td>1444 Kempsville Rd, Virginia Beach, VA 23464</td>
<td>(757) 474-7490</td>
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<td>1788 Republic Rd Suite 100, Virginia Beach, VA 23454</td>
<td>(757) 437-4582</td>
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<td>The Therapy Network - Perimeter</td>
<td>1232 Perimeter Pkwy Ste 206, Virginia Beach, VA 23464</td>
<td>(757) 547-7554</td>
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<td>Thrive Proactive Health, LLC</td>
<td>1320 Kempsville Road, Virginia Beach, VA 23464</td>
<td>(757) 416-6700</td>
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<td>2830 Virginia Beach Blvd, Virginia Beach, VA 23452</td>
<td>(757) 416-6700</td>
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<td></td>
<td>VANN Virginia Center for Orthopaedic PC, 1800 Camelot Drive Ste 300, Virginia Beach, VA 23454</td>
<td>(757) 331-4284</td>
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<td>Virginia Beach Physical Therapy and Wellness, 2126 Great Neck Square, Virginia Beach, VA 23454</td>
<td>(757) 578-2197</td>
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<td>Virginia Institute for Sports Medicine, LLC, 1849 Old Donation Pkwy, Virginia Beach, VA 23454</td>
<td>(757) 422-8476</td>
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<td>Westminster-Canterbury of Hampton Roads, Inc., 3100 Shore Dr, Virginia Beach, VA 23451</td>
<td>(757) 496-1107</td>
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<td>Warren</td>
<td>Preventive and Rehabilitation Organization, 1729 N Shenandoah Ave Ste 2, Front Royal, VA 22630</td>
<td>(540) 636-6179</td>
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<td>Rapid Rehabilitation PC, 101 West 14th Street, Front Royal, VA 22630</td>
<td>(540) 636-3500</td>
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<td>480 F South Commerce St, Front Royal, VA 22630</td>
<td>(540) 636-3500</td>
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<td>Warren Memorial Hospital - Physical Therapy, 130 Commerce Ave, Front Royal, VA 22630</td>
<td>(540) 635-0730</td>
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<td>Winchester Orthopaedics Physical Therapy, 30-C Riverton Commons Drive, Front Royal, VA 22630</td>
<td>(540) 692-8977</td>
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<td>Washington</td>
<td>Abingdon Therapy Services, 611 Campus Dr Suite 100, Abingdon, VA 24210</td>
<td>(276) 628-6043</td>
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<td>Johnston Memorial Hospital, 16000 Johnston Memorial Drive, Abingdon, VA 24211</td>
<td>(276) 258-1000</td>
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<td>Waynesboro City</td>
<td>Albemarle Therapy Center Inc, 200 West 12th Street Suite A1-100, Waynesboro, VA 22980</td>
<td>(540) 941-5501</td>
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<td>Horizons Physical Therapy, 201 Osage Lane Ste 3, Waynesboro, VA 22980</td>
<td>(540) 949-7706</td>
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<td>PT PLUS OF AUGUSTA LLC, 30 Eboe Circle Suite 103, Waynesboro, VA 22980</td>
<td>(434) 823-7628</td>
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<td>SELECT PHYSICAL THERAPY, 201-B Rosser Ave, Waynesboro, VA 22980</td>
<td>(540) 943-4510</td>
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<td>Select Physical Therapy (Select PT Holdings - Rosser Ave), 201 B Rosser Avenue, Waynesboro, VA 22980</td>
<td>(540) 943-4510</td>
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<td>Spectrum Therapy, 2542 Jefferson Highway Ste 104, Waynesboro, VA 22980</td>
<td>(540) 949-8711</td>
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<td>Spectrum Therapy - Augusta Clinic (Southeastern Physical Therapy), 2542 Jefferson Highway Ste 104, Waynesboro, VA 22980</td>
<td>(540) 949-8711</td>
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<tr>
<td>Winchester City</td>
<td>Body Elite Physical Therapy, 3052 Valley Ave Ste 101, Winchester, VA 22601</td>
<td>(540) 535-7222</td>
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<td>Personal Physical Therapy Services, LLC, 480 W Jubal Early Dr Ste 310, Winchester, VA 22601</td>
<td>(540) 450-0680</td>
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<td>Physical Therapy Specialists of Winchester, Inc, 817 Cedar Creek Grade Ste 100, Winchester, VA 22601</td>
<td>(540) 450-8024</td>
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<td>Physiotherapy Associates (Winchester), 160 Exeter Dr, Winchester, VA 22601</td>
<td>(800) 219-0215</td>
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<tr>
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<td>Preventive and Rehabilitation Organization, 3127 Valley Avenue, Hayfield, VA 22601</td>
<td>(540) 667-3839</td>
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<td>Rapid Rehabilitation PC, 1808 Plaza Dr, Winchester, VA 22601</td>
<td>(540) 665-2750</td>
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<td>Winchester Medical Center, 1840 Amherst St, Winchester, VA 22601</td>
<td>(540) 536-8000</td>
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<td>Winchester Orthopaedics Physical Therapy, 130 Medical Circle, Winchester, VA 22601</td>
<td>(540) 667-7076</td>
</tr>
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<td>Winchester Rehabilitation Center, 333 W Cork St, Winchester, VA 22601</td>
<td>(540) 536-5114</td>
</tr>
</tbody>
</table>

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**Wythe**

Carillon Bone and Joint Center PT/ST/OT, 178 W Main St, Wytheville, VA 24382 | (762) 773-2075

West Ridge Orthopaedic & Surgical Specialists, 1995 West Ridge Road, Wytheville, VA 24382 | (276) 223-1983

Wythe County Community Hospital, 600 West Ridge Rd, Wytheville, VA 24382 | (276) 228-0280

**PT/OT (Early Intervention)**

- **Accomack**
  - Rehabilitation Associates, 110 Market Stree, Onancock, VA 23417 | (757) 490-3223

- **Alexandria City**
  - Lopez & Associates Therapy Group, PC, 2308 La Grande Avenue, Alexandria, VA 22301 | (716) 969-5469

- **Arlington**
  - ARLINGTON COUNTY DEPARTMENT OF HUMAN SERVICES, 2110 Washington Blvd Suite 350, Arlington, VA 22204

- **Therapy Associates**, 2445 Army Navy Drive Suite 305, Arlington, VA 22206 | (301) 520-9376

- **Augusta**
  - Augusta County Public Schools, 68 Dick Huff Lane, Verona, VA 24482 | (540) 245-5133

- **Charlottesville City**
  - First Words, Inc., 1016 Alavista Avenue, Charlottesville, VA 22902 | (434) 825-7117

- **Chesapeake City**
  - Dominion Physical Therapy Associates, Inc., 108 Kenilworth Blvd Ste 200, Chesapeake, VA 23320

- **Play to Grow PLLC**, 3216 Meadowbrook Lane, Chesapeake, VA 23321 | (757) 651-1137
Tidewater Therapy for Children, PC
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864

Chesterfield
ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

vraspeech, LLC
5706 Red Setter Lane
Moseley, VA 23120
(804) 253-5253

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Fairfax
TheraPeds
6003 Masondale Rd
Alexandria, VA 22315
(301) 543-4693

Fairfax City
Pronto Therapy Group LLC
5009 Whisper Willow Dr
Fairfax, VA 22030
(703) 341-1922

Fauquier
Blaser Physical Therapy, Inc.
40 North Hill Dr
Warrenton, VA 20186
(540) 794-7587

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

The Children’s Center
700 Campbell Ave
Franklin, VA 23851
(757) 562-6806

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Goochland
Pivot Physical Therapy of Pennsylvania
44 Broad St Route 250
Manakin-Sabot, VA 23103
(804) 794-7587

ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090
44 Broad St Route 250
Manakin, VA 23103
(804) 784-7090

Hampton City
Dominion Physical Therapy & Associates, Inc.
304 Marcella Rd Ste E
Hampton, VA 23666
(757) 825-9446

Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Hanover
Hanover County School Board
8290 New Ashcake Rd
Mechanicsville, VA 23116
(804) 723-2070

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(757) 455-5000

First Steps Physical Therapy, Inc.
4915 Turner Ridge Court
Glen Allen, VA 23059
(404) 918-4010

Spot on Therapy Group LLC
4840 Waller Rd Suite 200
Richmond, VA 23230
(804) 893-5010

James City
Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3300

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Martinsville City
Acme Therapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Mecklenburg
Building Blocks to Success, LLC
827 W Danville Street
South Hill, VA 23970

Middlesex
MPNN CSB
5372B Old Virginia Street
Urbanna, VA 23175
(804) 758-5250

Newport News City
Dominion Physical Therapy & Associates, Inc.
466 Denhigh Blvd
Newport News, VA 23608
(757) 875-0861
729 Thimble Shoals Blvd Ste 4C
Newport News, VA 23606
(757) 873-2932

Norfolk City
Dominion Physical Therapy & Associates, Inc.
301 Riverview Ave Ste 520
Norfolk, VA 23510
(757) 963-5588
5009 Whisper Willow Dr
Norfolk, VA 23514
(757) 995-2700

Northampton
Little Hands Little Feet
3186 Main St
Exmore, VA 23350
(757) 442-5437

Portsmouth City
Dominion Physical Therapy & Associates, Inc.
500 Rodman Ct Ste 4
Portsmouth, VA 23707
(757) 393-6119

Pulaski
Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 434-1941

Roanoke City
Carilion Roanoke Mem Hosp & Carilion Roanoke Community Hsptl
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8000

Suffolk City
Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Select Physical Therapy
(Physiotherapy - Harbour View Blvd)
5859 Harbour View Boulevard Suite 100
Suffolk, VA 23435
(757) 686-0205

The Children’s Center
300 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Tazewell
James Dyer Physical Therapy Clinic
134 South College Ave
Bluefield, VA 24605
(276) 352-5020

Virginia Beach City
ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

5604 Virginia Beach Blvd Bld A Suite 101
Virginia Beach, VA 23462
(757) 455-5000

Dianne E. Epplin and Associates
818 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8016

Physiotherapy Associates
2135 General Booth Blvd Ste 1
Virginia Beach, VA 23454
(757) 430-8828

3772 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 340-0556

Kemps River Crossing
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Select Physical Therapy
(Physiotherapy - Fordham Dr)
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951
Other Services - Tier 1

Select Physical Therapy  
(Physiotherapy - General Booth Blvd)  
2135 General Booth Boulevard  
Suit 152  
Virginia Beach, VA 23454  
(757) 430-8828

Washington

Blue Mountain Therapy, LLC  
18596 Lee Highway Suite B  
Abingdon, VA 24210  
(276) 525-6043

Winchester City

Physiotherapy Associates  
519 West Juhail Early Dr  
Winchester, VA 22601  
(540) 665-0104

Radiology (Ancillary)

Alleghany

Alleghany Regional Hospital d/b/a LewisGale Alleghany  
One Arh Lane  
Low Moo, VA 24457  
(540) 862-6200

Botetourt

LewisGale Imaging Center-Daleville  
65 Shenandoah Avenue  
Daleville, VA 24083  
(540) 966-6620

Charlottesville City

UVA Imaging, LLC  
415 Ray C Hunt Dr Ste 1100  
Charlottesville, VA 22908  
(434) 243-9198

Danville City

Danville Diagnostic Imaging Center LLC  
125 Executive Dr Ste D  
Danville, VA 24541  
(434) 793-1043

Danville Imaging Center (Freestanding Imaging Centers)

Danville, VA 24541  
(434) 793-9952

Fredericksburg City

Appomattox Imaging (Freestanding Imaging Centers)  
930 South Avenue Suite 1  
Colonial Heights, VA 23834  
(804) 524-2140

Frederickson's City

Frederickson's Imaging Centers  
1101 Sam Perry Blvd Ste 311  
Fredericksburg, VA 22401  
(540) 741-3250

Fredericksburg City

Medical Imaging of Fredericksburg  
1101 Sam Perry Blvd Ste 102  
Fredericksburg, VA 22401  
(540) 741-7025

Fredericksburg City

1300 Hospital Drive Suite 100  
Fredericksburg, VA 22401  
(540) 741-3250

Giles

Carilion Giles Community Hospital  
159 Hartley Way  
Pearsburg, VA 24134  
(540) 921-6000

Gloucester

Gloucester Imaging Center  
5699 Parkway Dr Ste 130  
Gloucester, VA 23061  
(804) 210-1070

Hampton City

Sentara CarePlex Hospital  
3000 Coliseum Dr  
Hampton, VA 23666  
(757) 736-1000

Hanover

Bon Secours Memorial Regional Medical Center  
2800 Meadowbridge Road Suite 100  
Mechanicsville, VA 23116  
(804) 442-3670

Bon Secours Imaging Center  
2800 Meadowbridge Road Suite 100  
Mechanicsville, VA 23116  
(804) 764-6000

Richmond

Bon Secours Richmond Radiation Oncology Center, Inc.  
5711 Staples Mill Rd  
Richmond, VA 23228  
(804) 266-7762

Bon Secours St. Mary's Women's Imaging Center  
5875 Bremo Rd Ste 105  
Richmond, VA 23226  
(804) 287-7501

Henrico Doctors' Hospital - Forest Campus  
1602 Skipwith Rd  
Richmond, VA 23229  
(804) 289-4500

Henrico Doctors' Hospital - Parham Campus  
7700 East Parham Rd  
Richmond, VA 23229  
(804) 747-5600

Independence Park Imaging (Freestanding Imaging Centers)  
9930 Independence Park Drive Ste 100  
Richmond, VA 23223  
(804) 217-9729

Richmond West End Diagnostic Imaging Inc  
7110 Forest Avenue Suite 100  
Richmond, VA 23226  
(804) 673-4200

The Ellen Shaw De Paredes Institute for Womens Imaging  
2530 Gaskins Road Ste C  
Richmond, VA 23228  
(804) 523-2303

Hopewell City

John Randolph Medical Center  
411 W Randolph Rd  
Hopewell, VA 23860  
(804) 541-1600

Isle of Wight

Sentara St. Luke's - Advanced Imaging Center - Isle of Wight  
20209 Sentara Way Ste 108  
Carrollton, VA 23314  
(757) 542-1200

James City

New Town Diagnostic Center (SMG)  
4374 New Town Ave Ste 104  
Williamsburg, VA 23188  
(757) 259-1355

Sentara Williamsburg Advanced Imaging Center  
332 N Henry St  
Williamsburg, VA 23185  
(757) 984-0000

Lancaster

Rappahannock General Hospital  
101 Harris Dr  
Kilmarnock, VA 22482  
(804) 435-8000

Optima Direct Network Providers 5/2019 413
Other Services - Tier 1

**Lexington City**
Carilion Stonewall Jackson Hospital  
1 Health Circle  
Lexington, VA 24450  
(540) 458-3300

**Loudoun**
StoneSprings Hospital Center  
24440 Stone Springs Blvd  
Dulles, VA 20166  
(703) 349-4000

**Winchester Open MRI & Imaging Center**  
17336 Pickwick Dr BLDG A  
Purcellville, VA 20132  
(540) 751-1771

**Lynchburg City**
Centra Lynchburg General Hospital  
1901 Tate Springs Rd  
Lynchburg, VA 24501  
(434) 947-3000

**Montgomery**  
Carilion New River Valley Medical Center  
2900 Tyler Rd  
Christiansburg, VA 24073  
(540) 731-2000

**Norfolk City**  
NDC Medical Center Radiology Services (SMG)  
850 Kempsville Rd  
Norfolk, VA 23502  
(757) 261-5922

**Richmond City**  
Bon Secours Richmond Community Hospital  
1500 N 28th St  
Richmond, VA 23223  
(804) 225-1700

**Roanoke**  
Carilion North Imaging and Breast Diagnostic Center  
6415 Peters Creek Rd NW  
Roanoke, VA 24019  
(540) 224-6920

**Stafford**  
Stafford Hospital Center  
101 Hospital Center Blvd  
Stafford, VA 22554  
(540) 741-9000

**Suffolk City**  
Bayview Medical Center - Diagnostic Center  
2000 Meade Pkwy  
Suffolk, VA 23434  
(757) 539-0251

**Tazewell**  
Carilion Tazewell Community Hospital  
388 Ben Bolt Ave  
Tazewell, VA 24651

**Virginia Beach City**  
CHKD Health and Surgery Center at Princess Anne  
2021 Concert Dr  
Virginia Beach, VA 23456  
(757) 668-2711

**Washington**  
Mobile Images Acquisitions, Inc.  
851 French Moore Jr Boulevard  
Abingdon, VA 24210  
(865) 693-1655

**Winchester City**  
Valley Open MRI  
1830 Amberst Street  
Winchester, VA 22601  
(540) 536-0057

---

**Reference Lab**

**Albemarle**
Harrisonburg Cytology Services Inc  
2331 Seminole Lane Suite 102  
Charlottesville, VA 22901  
(540) 433-4991

**PRW Laboratories**  
3050 Berkmar Drive Suite A  
Charlottesville, VA 22901  
(800) 288-8325

**Sentara Martha Jefferson Hospital**  
300 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-7000
## Other Services - Tier 1

| Augusta City | Augusta Medical Center | 78 Medical Center | Fishersville, VA 22939 | (540) 932-4000 |
| Charlottesvile City | Hina Qureshi, LLC | 2030 Avon Court Suite 5 | Charlottesville, VA 22902 | (434) 984-4110 |
| | UVA Reference Lab | 853 W Main St | Charlottesville, VA 22908 | (434) 924-3376 |
| Chesapeake City | Chesapeake Regional Medical Center - Reference Lab | 736 Battlefield Blvd | Chesapeake, VA 23320 | (757) 312-6118 |
| | UVA Culpeper Hospital | 501 Sunset Ln | Culpeper, VA 22701 | (540) 829-4100 |
| Danville City | Lab Care (Danville Regional Medical Center) | 142 S Main St | Danville, VA 24541 | (434) 792-2129 |
| | Piedmont Labs, Inc. | 115 Mall Drive | Danville, VA 24540 | (434) 792-5227 |
| | SOVAH Health - Danville | 142 S Main St | Danville, VA 24541 | (434) 792-4452 |
| | Dickenson Community Hospital | 312 Hospital Drive | Clintwood, VA 24228 | (276) 926-0300 |
| | Southern Virginia Regional Medical Center | 727 North Main St | Emporia, VA 23847 | (434) 348-4400 |
| | Fauquier Hospital | 500 Hospital Dr | Warrenton, VA 20186 | (540) 347-2550 |
| | Sunrise Medical Laboratories, Inc. | 8255 E Main St | Marshall, VA 20115 | (540) 364-1975 |
| | Twin County Regional Hospital - Reference Lab | 200 Hospital Ave | Galax, VA 24333 | (276) 236-8181 |
| | Halifax Regional Hospital | 2204 Wilborn Ave | South Boston, VA 24592 | (434) 517-3100 |
| | Sentara RMH Medical Center | 2010 Health Campus Drive | Harrisonburg, VA 22801 | (540) 689-1000 |
| | Rappahannock General Hospital | 101 Harris Dr | Kilmarnock, VA 22482 | (804) 435-8000 |
| | Sentara Lynchburg General Hospital | 1901 Tate Springs Rd | Lynchburg, VA 24501 | (434) 947-3000 |
| | Sentara Virginia Baptist Hospital | 1980 Oakes St | Farmville, VA 23901 | (434) 392-8811 |
| | Sentara Northern Virginia Medical Center | 2300 Opitz Boulevard | Woodbridge, VA 22191 | (703) 523-1000 |
| | Novant Health UVA Health System Haymarket Medical Center | 15225 Healthgate Blvd | Haymarket, VA 20169 | (703) 284-1000 |
| | Russell County Hospital | 56 Carroll and Tate Street | Lebanon, VA 24266 | (276) 883-8000 |
| | Shenandoah Hospital | 759 S Main St | Woodstock, VA 22664 | (540) 459-4021 |
| | Sunrise Medical Laboratories, Inc. | 3382 Old Valley Pike Ste 2 | Strasburg, VA 22657 | (540) 465-1910 |
| | Smith County Community Hospital | 565 Radio Hill Rd | Marion, VA 24354 | (276) 782-1234 |
| | Clinch Valley Medical Center | 6801 Gov C Peery Highway | Richlands, VA 24641 | (276) 396-6000 |

### Washington

| Johnston Memorial Hospital | 16000 Johnston Memorial Drive | Abingdon, VA 24211 | (276) 258-1000 |

### Winchester City

| Sunrise Medical Laboratories, Inc. | 1804 Plaza Dr | Winchester, VA 22601 | (540) 665-0391 |

### Winchester Medical Center

| 1840 Amherst St | Winchester, VA 22601 | (540) 536-8000 |

### Wise

| Labxperior | 317 W Main St | Wise, VA 24293 | (276) 521-7866 |

### Solstas Lab Partners Group, LLC

| 1980 Holton Ave E Ste 101 | Big Stone Gap, VA 24219 | (276) 523-8715 |

### Wythe

| Wythe County Community Hospital | 600 West Ridge Rd | Wytheville, VA 24382 | (276) 228-0200 |

### Registered Dietitian (Hospital)

| Albermarle
| Amanda Terillo Nutrition Counseling | 103 South Pantops Drive Suite 101 | Charlottesville, VA 22911 | (434) 872-3285 |

### Anne M. Wolf

| 5030 Rutherford Rd | Charlottesville, VA 22901 | (434) 977-2859 |

### Bland

| Bland County Medical Clinic Registered Dietitian Services | 12301 Grapefield Road | Bastian, VA 24314 | (276) 688-4331 |

### Charlottesville City

<p>| Charlottesville Nutrition | 1007 East High St | Charlottesville, VA 22902 | (434) 760-1295 |</p>
<table>
<thead>
<tr>
<th>Chesterfield</th>
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<tbody>
<tr>
<td>Specialty Nutrition and Health, LLC</td>
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</tbody>
</table>
| 9401 Courthouse Rd Suite 202 
Chesterfield, VA 23822 |
| (804) 616-4578 |
| Specialty Nutrition and Health, LLC |
| 548 Browns Hill Ct 
Midlothian, VA 23114 |
| (804) 864-1998 |

<table>
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<tr>
<th>Culpeper</th>
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<tbody>
<tr>
<td>Watts Nutrition Services, LLC</td>
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</table>
| 101 Duke Street Suite 203 
Culpeper, VA 22701 |
| (540) 825-6973 |

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<tbody>
<tr>
<td>Dietz Nutritional Consulting LLC</td>
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</table>
| 625 Piney Forest Rd Ste 306D 
Danville, VA 24540 |
| (434) 548-0476 |

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<tr>
<th>Fairfax</th>
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<tbody>
<tr>
<td>Eatwellguru</td>
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</table>
| 5101 A Backlick Road 
Annandale, VA 22003 |
| (703) 665-3814 |

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<th>Fredericksburg City</th>
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<tbody>
<tr>
<td>Pratt Medical Center Ltd</td>
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</table>
| 1171 Central Park Blvd 
Fredericksburg, VA 22401 |
| (540) 785-7617 |

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<tbody>
<tr>
<td>Lwell, LLC</td>
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</table>
| 1 YMCA Way 
Hampton, VA 23669 |
| (757) 722-9044 |

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<th>Hanover</th>
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<tbody>
<tr>
<td>Specialty Nutrition and Health, LLC</td>
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</table>
| 7571 Cold Harbor Rd 
Mechanicsville, VA 23111 |
| (804) 864-1998 |

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<th>Henrico</th>
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<tbody>
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</table>
| 2727 Enterprise Pkwy Ste 100 
Henrico, VA 23294 |
| (804) 864-1998 |
| Lwell, LLC |
| 259 James St 
Smithfield, VA 23430 |
| (757) 365-4600 |

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<th>Isle of Wight</th>
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<td>Lwell, LLC</td>
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</table>
| 1309 Jamestown Rd Unit 102 
Williamsburg, VA 23185 |
| (757) 585-3441 |

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<tr>
<th>James City</th>
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<tbody>
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<td>Lwell, LLC</td>
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</table>
| 3135 King William Hwy 
West Point, VA 23181 |
| (804) 843-3300 |

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<tr>
<th>King William</th>
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<td>Lwell, LLC</td>
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</table>
| 46165 Westlake Dr Suite 200 
Sterling, VA 20165 |
| (703) 665-3814 |

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<th>Loudoun</th>
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<tbody>
<tr>
<td>Healthworks for Northern Virginia</td>
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</table>
| 1141 Elden Street Suite 300 
Herndon, VA 20170 |
| (703) 481-8160 |
| Lwell, LLC |
| 4607 Flippo Ln 
Leesburg, VA 20176 |
| (703) 443-2000 |

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<tr>
<th>Newport News City</th>
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<tbody>
<tr>
<td>Jill Weisenberger Health Communications, LLC</td>
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</table>
| 720 Thimble Shoals Blvd Ste 110 
Newport News, VA 23606 |
| (757) 969-8385 |

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<tr>
<th>Norfolk City</th>
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<tbody>
<tr>
<td>JWF Nutrition LLC</td>
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</table>
| 115 College Place Unit A 
Norfolk, VA 23510 |
| (757) 440-3200 |

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<th>Nutrition Therapy Works!</th>
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<td>Nutrition Therapy Works!</td>
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| 13195 Warwick Blvd Ste 2B 
Newport News, VA 23606 |
| (757) 873-2000 |

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<th>Suffolk City</th>
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<td>Lwell, LLC</td>
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</table>
| Bayview Endocrinology 2000 Meade Pkwy Ste 110 
Suffolk, VA 23434 |
| (757) 585-3441 |

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<tr>
<th>Virginia Beach City</th>
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<tbody>
<tr>
<td>JWF Nutrition LLC</td>
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</table>
| 1577 Laskin Rd Suite 105 
Virginia Beach, VA 23451 |
| (757) 422-4728 |

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<th>York</th>
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</table>
| 101 Long Green Blvd 
Tabb, VA 23669 |
| (757) 813-4382 |

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<tr>
<th>Accomack</th>
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<tbody>
<tr>
<td>Rehabilitation Associates</td>
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</table>
| 110 Market Stree 
Onancock, VA 23417 |
| (757) 490-3223 |

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<thead>
<tr>
<th>Albermarle</th>
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<tbody>
<tr>
<td>Blue Ridge Rehabilitation Associates, Incorporated</td>
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</table>
| 3010 Berkmar Dr 
Charlottesville, VA 22901 |
| (434) 973-5031 |

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<tr>
<th>Bristol</th>
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<tbody>
<tr>
<td>Bristol Regional Speech &amp; Hearing Center/Lebanon Speech &amp; Hearing</td>
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</table>
| 2603 Osborne St Ste 1 
Bristol, VA 24201 |
| (276) 669-6531 |

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<th>Carroll</th>
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<tr>
<td>Carillon Bone and Joint Center PT/ STOT</td>
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</table>
| 215 E Grayson St 
Williamsburg, VA 23185 |
| (757) 773-8145 |

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<th>Charlottesville City</th>
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<tbody>
<tr>
<td>Albermarle Therapy Center Inc</td>
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</table>
| 1102 Rose Hill Dr 
Charlottesville, VA 22903 |
| (434) 979-8628 |

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<tr>
<th>Chesapeake City</th>
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<tbody>
<tr>
<td>Kiernan Speech Therapy LLC</td>
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</table>
| 2147 Old Greenbrier Rd Ste B 
Chesapeake, VA 23320 |
| (757) 606-0531 |

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<tr>
<th>Williamsburg</th>
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<tbody>
<tr>
<td>Carilion Therapy Services</td>
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</table>
| 2925 Polo Parkway 
Williamsburg, VA 23111 |
| (804) 794-7587 |

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<tr>
<th>Newport News City</th>
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<tbody>
<tr>
<td>University of Virginia Speech-Language-Hearing Center</td>
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</table>
| 417 Emmet Street South 
Charlottesville, VA 22904 |
| (434) 924-7034 |

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<th>UVA Health Services Foundation</th>
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</table>
| 500 Ray C Hunt Dr 
Charlottesville, VA 22908 |
| (434) 295-1000 |

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<th>Chesapeake City</th>
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<tbody>
<tr>
<td>ProCare Physical Therapy Inc.</td>
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| 4016 Raintree Rd Ste 140 
Chesapeake, VA 23321 |
| (757) 465-7651 |

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<th>More than Words, LLC</th>
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<tr>
<td>Rehabilitation Associates</td>
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| 4016 Raintree Rd Ste 140 
Chesapeake, VA 23321 |
| (757) 465-7651 |

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<tr>
<th>Northwestern Physical Therapy Center</th>
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<td>Rehabilitation Associates</td>
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| 4016 Raintree Rd Ste 140 
Chesapeake, VA 23321 |
| (757) 465-7651 |

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<thead>
<tr>
<th>Tidewater Therapy for Children, PC</th>
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</table>
| 4016 Raintree Road Suite 100A 
Chesapeake, VA 23321 |
| (757) 576-4364 |

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<th>Chesterfield</th>
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<tbody>
<tr>
<td>Ironbridge Outpatient Physical Therapy</td>
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</table>
| 11601 Ironbridge Rd Ste 110 
Chester, VA 23221 |
| (804) 764-1001 |

| Optima Direct Network Providers 5/2019 | 416 | Optima Health |
Select Physical Therapy
Southern Virginia Regional Medical Center
Piedmont Regional Feeding & Oral-Motor Clinic
St. Francis Outpatient Physical Therapy
St. Francis Medical Center Campus
Sheltering Arms Bon Air Outpatient Center
206 Twinridge Ln
Chesterfield, VA 23822
(804) 764-1001

St. Francis Medical Center Campus
13700 St. Francis Blvd
Midlothian, VA 23114
(804) 378-6007

St. Francis Outpatient Physical Therapy
13700 St. Francis Blvd Ste 300
Midlothian, VA 23114
(804) 764-1001

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Danville City
Danville Speech & Hearing Center
742 Wilson St
Danville, VA 24541
(434) 793-8255

Piedmont Regional Feeding & Oral-Motor Clinic, LLC
625 Piney Forest Rd Suite 407
Danville, VA 24540
(434) 799-7732

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
Select Physical Therapy
150 Elen St Ste 250
Herndon, VA 20170
(703) 435-0090

8650 Versar Ctr Ste 241
Springfield, VA 22151
(703) 256-3400

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

The Children’s Center
700 Campbell Ave
Franklin, VA 23851
(757) 562-6806

Frederickburg City
Rappahannock Area CSB
600 Jackson St
Frederickburg, VA 22401
(540) 373-3223

Goochland
ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090

Greene
Small Talk Speech & Therapy Center, LLC
69 Deane Road
Ruckersville, VA 22968
(434) 481-3524

Hampton City
Global Speech Services
2019 Cunningham Drive Ste 104
Hampton, VA 23666
(757) 869-7559

Rehabilitation Associates
2713 Magnudre Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Sentara Therapy Center - CarePlex
4000 Coliseum Dr Ste 120
Hampton, VA 23666
(757) 827-2070

Henrico
Find Your Voice
6024 Collingstone Drive
Glen Allen, VA 23059
(804) 953-9653

Physiotherapy Associates of Mechanicsville
9097 Atlee Station Rd
Mechanicsville, VA 23116
(804) 559-3390

Select Physical Therapy
429 England St
Ashland, VA 23057
(804) 798-9870

7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900

Sheltering Arms Hospital Outpatient Services
8244 Atlee Rd
Mechanicsville, VA 23116
(804) 764-1001

Sheltering Arms Rehabilitation Center at Hanover
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Occupational Therapy Clinical Education Services
131 W Grace St Rm 1100
Harrisonburg, VA 22807
(540) 568-4980

RMH Outpatient Rehab Services
501 Stone Spring Rd
Harrisonburg, VA 22801
(540) 433-4555

Parkview 1481 Virginia Ave
Harrisonburg, VA 22802
(540) 438-4228

Sunnyside Retirement Community
3935 Sunnyside Dr
Harrisonburg, VA 22801
(540) 433-4198

Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

The Speech and Language Center
1591 Port Republic Road
Harrisonburg, VA 22801
(540) 437-4226

Bassett Physical Therapy
935 Fairstone Park Highway
Stanleytown, VA 24168
(276) 622-3636

Child Development Resources
150 Point O Woods
Williamsburg, VA 23185
(757) 566-3300

One Child Center for Autism
3901 Trulby Dr Suite 101
Williamsburg, VA 23185
(757) 229-2516

Infant and Child Development Services
1901 Westwood Ave
Richmond, VA 23227
(804) 358-1874

Physiotherapy Associates Inc of West Broad
8906 West Broad St Ste F
Richmond, VA 23294
(804) 965-9990

Physiotherapy Associates of Mechanicsville
8906 West Broad Street Ste F
Richmond, VA 23294
(804) 965-9990

Richmond Area Association for Retarded Citizens
1901 Westwood Ave
Richmond, VA 23227
(804) 353-0163

3600 Saunders Ave
Richmond, VA 23227
(804) 358-1874

Select Physical Therapy
1340 Gaskins Road Unit 12
Richmond, VA 23238
(804) 747-4417

Sheltering Arms Hospital Outpatient Services
4730 S Laburnum Avenue
Richmond, VA 23231
(804) 764-1001

Sheltering Arms Midtown
4730 S Laburnum Avenue
Richmond, VA 23231
(804) 764-1001

Sheltering Arms Outpatient at the St. Mary’s Hospital Campus
5899 Bremo Rd Ste 101
Richmond, VA 23226
(804) 288-1545

Spot on Therapy Group LLC
4840 Waller Rd Suite 200
Richmond, VA 23230
(804) 893-5010

Henry

James City

Optima Direct Network Providers 5/2019
### Other Services - Tier 1

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<td>Rappahannock General Hospital, 101 Harris Dr, Kilnarnock, VA 22482</td>
<td>(804) 435-8000</td>
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<td>Lynchburg City</td>
<td>Blue Ridge Therapy Associates, Inc., 1912 Memorial Ave, Lynchburg, VA 24501</td>
<td>(434) 845-8765</td>
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<td>Madison</td>
<td>Madison Physical Therapy and Rehab, 1480 N Main St Ste B, Madison, VA 22727</td>
<td>(540) 948-3620</td>
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<td>Martinsville</td>
<td>Acmes Therapies Co, 101 Cleveland Ave Suite D, Martinsville, VA 24112</td>
<td>(276) 352-4465</td>
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<td>Staci Soper</td>
<td>1235 Sam Lions Trail, Martinsville, VA 24112, (276) 806-0662</td>
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<td>Middlesex</td>
<td>MPNN CSB, 5372B Old Virginia Street, Urbanna, VA 23175</td>
<td>(804) 758-5250</td>
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<td>Montgomery</td>
<td>Carilion Bone and Joint Center PT/ST, 2900 Lamb Circle, Christiansburg, VA 24073</td>
<td>(540) 633-0523</td>
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<td>New Kent</td>
<td>Henrico Area Mental Health &amp; Developmental Services, 9403A Pocahontas Trail, Providence Forge, VA 23140</td>
<td>(804) 966-5959</td>
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<td>The Communication Company LLC</td>
<td>15530 River Bend Trail, Lanexa, VA 23089, (757) 869-2928</td>
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<td>Norfolk City</td>
<td>Bayview Pediatric Therapy Services, 8223 Buffalo Court, Norfolk, VA 23518</td>
<td>(757) 739-6010</td>
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<td>Nottoway</td>
<td>Progressive Therapy, 104 West Broad St, Blackstone, VA 23824</td>
<td>(434) 298-0141</td>
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<td>Page Memorial Hospital Inc, 200 Memorial Dr, Luray, VA 22835</td>
<td>(540) 743-4561</td>
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<td>Bassett Physical Therapy, 797 Woodland Drive Ste 102, Stuart, VA 24171</td>
<td>(276) 694-0124</td>
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<td>HANSEL UNION CONSULTING, PLLC, 711 Court Street, Portsmouth, VA 23704</td>
<td>(757) 967-9926</td>
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<td>Prince Edward</td>
<td>Longwood Center for Communication, Literacy and Learning, 201 Main Street Third Floor, Farmville, VA 23901</td>
<td>(434) 395-2972</td>
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<td>Prince William</td>
<td>SELECT PHYSICAL THERAPY, 14524 Potomac Mills Rd, Woodbridge, VA 22192</td>
<td>(757) 869-3700</td>
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<td>Pulaski</td>
<td>Pediatric Therapy Services, 1032 Magill St, Pulaski, VA 24301</td>
<td>(540) 509-5020</td>
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<td>Sheltering Arms Midtown, 2805 W Broad St, Richmond, VA 23220</td>
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<td>Carilion Bone and Joint Center PT/ST, 204 S Maple Street, Vinton, VA 24179</td>
<td>(540) 266-6950</td>
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<td>Roanoke Valley Speech &amp; Hearing Center</td>
<td>2030 Colonial Ave SW, Roanoke, VA 24015</td>
<td>(540) 343-0165</td>
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<td>Bristol Regional Speech &amp; Hearing Center</td>
<td>68 Pioneer Drive, Lebanon, VA 24266</td>
<td>(276) 889-1389</td>
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<td>Shenandoah</td>
<td>Shenandoah Memorial Hospital Inc, 759 S Main St, Woodstock, VA 22664</td>
<td>(540) 459-4021</td>
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<td>Stafford</td>
<td>Rehabilitation Services at the Stafford Medical Pavilion, 125 Hospital Center Blvd Suite 303, Stafford, VA 22554</td>
<td>(540) 741-9647</td>
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<td>SELECT PHYSICAL THERAPY, 106 Mackenzie Place, Staunton, VA 24401</td>
<td>(540) 886-4510</td>
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<td>Valley Community Services Board, 85 Sangers Lane, Staunton, VA 24401</td>
<td>(540) 887-3200</td>
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<td>Tazewell</td>
<td>The Children’s Center, 200 Executive Ct, Suffolk, VA 23434</td>
<td>(757) 686-0207</td>
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<td>Carilion Bone and Joint Center PT/ST/OT, 254 Medical Park Drive, Bluefield, VA 24605</td>
<td>(276) 322-2223</td>
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<td>Four Seasons Rehab, 108 1/2 Spruce Street, Bluefield, VA 24605</td>
<td>(276) 322-5511</td>
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<td>Wythe</td>
<td>Carilion Bone and Joint Center PT/ST, 178 W Main St, Wytheville, VA 24382</td>
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Other Services - Tier 1

York
Peninsula Pediatric Therapies
3630 George Washington Memorial Hwy Suite A
Yorktown, VA 23693
(757) 867-9424

Danville City
Piedmont Regional Feeding & Oral-Motor Clinic, LLC
625 Piney Forest Rd Suite 407
Danville, VA 24540
(434) 799-7732

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Fairfax
TheraPeds
6003 Masondale Rd
Alexandria, VA 22315
(304) 488-4372

Lynchburg City
VOICES SPEECH THERAPY SERVICES, LLC
302 Rowland Avenue
Lynchburg, VA 24503
(434) 420-1049

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

Martinsville City
Acme Therapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Staci Soper
1235 Sam Lions Trail
Martinsville, VA 24112
(276) 806-0662

Goochland
ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090

Pulaski
Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

Hampton City
Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Carilion Roanoke Mem Hosp & Pediatric Therapy Services
MPNN CSB
5372B Old Virginia Street
Urbanna, VA 23175
(804) 758-5250

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(804) 455-5000

Pulaski
5322 Old Virginia Street
Urbana, VA 23175
(804) 595-5000

FIND YOUR VOICE
6024 Collingstone Drive
Glen Allen, VA 23059
(804) 953-9653

Suffolk City
Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Chesterfield
ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7857

Virginia Beach City
ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

6433 Chesterfield Meadows Drive
Chesterfield, VA 23823
(804) 706-1801

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

James City
Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3300

KCI USA Inc
300 Roxalana Business Park
DUNBAR, WV 25064
(304) 275-4524
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<td>HC 64 Box 207 B&lt;br&gt;Welch, WV 24801&lt;br&gt;(304) 436-2115</td>
<td>Mercer&lt;br&gt;Bluefield Regional Medical Center&lt;br&gt;500 Cherry Street&lt;br&gt;Bluefield, WV 24701&lt;br&gt;(304) 327-1100</td>
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<td>Choice Medical&lt;br&gt;495 Blue Prince Rd Ste 101&lt;br&gt;Bluefield, WV 24701&lt;br&gt;(304) 325-0476</td>
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<td>Lincare, Inc.&lt;br&gt;600 Rogers St Suite 101&lt;br&gt;Princeton, WV 24740&lt;br&gt;(888) 323-2372</td>
<td>Morgan&lt;br&gt;War Memorial Hospital Inc&lt;br&gt;1 Healthy Way&lt;br&gt;Berkeley Springs, WV 25411&lt;br&gt;(304) 258-1234</td>
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<td>Med Response&lt;br&gt;2711 Airport Rd&lt;br&gt;Bluefield, WV 24701&lt;br&gt;(304) 324-7554</td>
<td>Raleigh&lt;br&gt;Beckley ARH Hospital&lt;br&gt;306 Stanaford Rd&lt;br&gt;Beckley, WV 25801&lt;br&gt;(304) 255-3000</td>
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<td>Summers&lt;br&gt;Summers County ARH Hospital&lt;br&gt;1500 Terrace Street&lt;br&gt;Hinton, WV 25951&lt;br&gt;(304) 439-6600</td>
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<td>Friendship Home Medical Equipment, Inc.&lt;br&gt;800 East Main Street&lt;br&gt;Wytheville, VA 24382&lt;br&gt;(276) 228-6941</td>
<td>Wythe&lt;br&gt;Friendship Home Medical Equipment, Inc.&lt;br&gt;800 East Main Street&lt;br&gt;Wytheville, VA 24382&lt;br&gt;(276) 228-6941</td>
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<td>Panhandle Home Health, Inc.&lt;br&gt;208 Old Mill Road&lt;br&gt;Martinsburg, WV 25401&lt;br&gt;(304) 263-5680</td>
<td>Morgan&lt;br&gt;Reference Lab&lt;br&gt;Beckley ARH Hospital&lt;br&gt;306 Stanaford Rd&lt;br&gt;Beckley, WV 25801&lt;br&gt;(304) 255-3000</td>
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<td>Northern WV Home Health LLC&lt;br&gt;167 S Mineral St&lt;br&gt;Keyser, WV 26726&lt;br&gt;(304) 788-1285</td>
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<td>(304) 788-1285</td>
<td>Reference Lab&lt;br&gt;Shenandoah Laboratories, LLC&lt;br&gt;158 Crimson Cir Reliance Rd Suite&lt;br&gt;Martinsburg, WV 25403&lt;br&gt;(304) 262-4757</td>
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Other Services Tier 2

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<td>Mary Washington Hospital (MWH) 1001 Sam Perry Blvd Fredericksburg, VA 22401 (540) 741-1100</td>
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<td>Mecklenburg</td>
<td>VCU Community Memorial Hospital 125 Buena Vista Cir South Hill, VA 23970 (434) 447-3151</td>
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<td>Petersburg City</td>
<td>Children's Hospital (Physical Therapy) 321 B Poplar Drive Ste 4 Petersburg, VA 23805 (804) 733-7233</td>
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<td>Richmond City</td>
<td>VCU Health System/MCV Hospital - North 1300 E Marshall St Richmond, VA 23298 (804) 828-9000</td>
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<td>Children's Hospital of Richmond of the VCU Health System 321 B Poplar Drive Ste 4 Petersburg, VA 23805 (804) 733-7233</td>
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<td>VCU Health System/MCV Hospital - West 1200 E Broad St Richmond, VA 23298 (804) 828-9000</td>
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<td>Richmond City</td>
<td>Children's Hospital (Physical Therapy) 2924 Brook Rd Richmond, VA 23220 (804) 228-5810</td>
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<td>Children's Hospital of Richmond of the VCU Health System 2924 Brook Rd Richmond, VA 23220 (804) 228-5911</td>
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<td>Spotsylvania</td>
<td>Children's Hospital (Physical Therapy) 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485</td>
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<td>Stafford</td>
<td>North Stafford Physical Therapy (MWH) (REHAB) 422 Garrisonville Rd Suite 103 Stafford, VA 22554 (540) 288-2519</td>
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<td>Radiology (Ancillary)</td>
<td>Westmoreland</td>
<td>Regional Cancer Center at Montross 1394 Kings Hwy Montross, VA 22520 (804) 493-8880</td>
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<td>Speech Therapy</td>
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<td>3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
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<td>Harlan ARH Hospital 81 Ball Park Road Harlan, KY 40831 (606) 573-8100</td>
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<td>Williamson ARH Hospital 260 Hospital Drive South Williamson, KY 41503 (606) 237-1700</td>
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<td>MIDDLESBORO ARH HOSPITAL</td>
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<td></td>
<td>3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
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<td>McDowell ARH Hospital Rte 122 McDowell, KY 41647 (606) 377-3400</td>
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<td>Harlan ARH Hospital 81 Ball Park Road Harlan, KY 40831 (606) 573-8100</td>
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<td>Mary Breckinridge ARH Hospital 130 Kate Ireland Rd Hyden, KY 41749 (606) 242-1100</td>
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<td></td>
<td>Appalachian Regional Hospital Whitesburg 240 Hospital Road Whitesburg, KY 41858 (606) 633-3500</td>
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<td>Morgan County ARH Regional Medical Center 476 Liberty Rd West Liberty, KY 41472 (606) 743-3186</td>
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<td>Williamson ARH Hospital 260 Hospital Drive South Williamson, KY 41503 (606) 237-1700</td>
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### Freestanding Outpatient Facilities

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### MD

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<tbody>
<tr>
<td>Meritus EKG Lab 11116 Medical Campus Rd Hagerstown, MD 21742 (301) 790-8193</td>
</tr>
<tr>
<td>Meritus Imaging at Professional Court 251 E Antietam St Hagerstown, MD 21740 (301) 790-8000</td>
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### Freestanding Outpatient Facilities

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<tr>
<td>WMHS Urgent Care Services 10701 New Georges Creek Road Frostburg, MD 21532 (301) 689-3229</td>
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<tr>
<td>Concentra Urgent Care 4451 G Parliament Place Lanham, MD 20706 (866) 944-6046</td>
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### NC

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<tbody>
<tr>
<td>Duke Regional Hospital 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000</td>
</tr>
<tr>
<td>Duke University Hospital 2301 Erwin Rd Durham, NC 27710 (919) 684-8111</td>
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<td>Hospital</td>
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### Freestanding Outpatient Facilities

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<tbody>
<tr>
<td>SENTRY ALBEMARLE MEDICAL CENTER-AMBULATORY SURGERY 5200 N Croatan Hwy Kitty Hawk, NC 27949 (252) 255-6020</td>
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### Wake

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<tbody>
<tr>
<td>Duke Raleigh Hospital 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000</td>
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<td>Duke University Hospital 2301 Erwin Rd Durham, NC 27710 (919) 684-8111</td>
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### Washington

<table>
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<tbody>
<tr>
<td>Meritus Urgent Care, LLC 11110 Medical Campus Road Ste 147 Hagerstown, MD 21742 (240) 313-9600</td>
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<tr>
<td>13424 Pennsylvania Avenue Ste 103 Hagerstown, MD 21742 (240) 313-3100</td>
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### Hospital

<table>
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<th>Durham</th>
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<tr>
<td>Duke Regional Hospital 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000</td>
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<tbody>
<tr>
<td>Piedmont Stone Center PO Box 25866 Winston Salem, NC 27114 (336) 714-2509</td>
</tr>
<tr>
<td>Sentara Albemarle Medical Center 1144 N Road Street Elizabeth City, NC 27909 (252) 335-0531</td>
</tr>
<tr>
<td>Washington</td>
</tr>
<tr>
<td>Washington Co Hospital 958 US Hwy 64 E Plymouth, NC 27962 (252) 793-4135</td>
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### Freestanding Outpatient Facilities

<table>
<thead>
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<th>Dare</th>
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<tr>
<td>SENTRY ALBEMARLE MEDICAL CENTER-AMBULATORY SURGERY 5200 N Croatan Hwy Kitty Hawk, NC 27949 (252) 255-6020</td>
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### Wake

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<tr>
<td>Duke Raleigh Hospital 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000</td>
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### Washington

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<td>Meritus Urgent Care, LLC 11110 Medical Campus Road Ste 147 Hagerstown, MD 21742 (240) 313-9600</td>
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### Hospital

<table>
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<tr>
<td>Duke Regional Hospital 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000</td>
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<td>Duke University Hospital 2301 Erwin Rd Durham, NC 27710 (919) 684-8111</td>
</tr>
<tr>
<td>Hospital</td>
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</tbody>
</table>
**Hospital and Urgent Care Center Directory - Tier 1**

**Ambulatory Surgery**

**Pasquotank**
- Sentara Albemarle Medical Center
  - 1144 N Road Street
  - Elizabeth City, NC 27909
  - (252) 335-0531

**Wake**
- Duke Raleigh Hospital
  - 3400 Wake Forest Rd
  - Raleigh, NC 27609
  - (919) 954-3000

**Washington**
- Washington Co Hospital
  - 958 US Hwy 64 E
  - Plymouth, NC 27962
  - (252) 793-4135

**Urgent Care Center**

**Dare**
- Outer Banks Urgent Care
  - 4923 S Croatan Hwy
  - Nags Head, NC 27959
  - (252) 261-8040

**Pasquotank**
- First Choice Urgent Care, PLLC
  - 615 S Hughes Blvd
  - Elizabeth City, NC 27909
  - (252) 338-3111

**Stokes**
- Pioneer Medical Center of King Urgent Care
  - 167 Moore Rd Suite 4
  - King, NC 27901
  - (336) 983-9617

**TN**

**Ambulatory Surgery**

**Carter**
- Sycamore Shoals Hospital
  - 1501 W Elk Ave
  - Elizabethth, TN 37643
  - (423) 542-1500

**Johnson**
- Johnson County Community Hospital
  - 1901 S Shady St
  - Mountain City, TN 37683
  - (423) 727-1100

**Sullivan**
- Regional Cancer Center at IPMC
  - 2000 Brookside Dr
  - Kingsport, TN 37660
  - (423) 857-7540

**Washington**
- Franklin Woods Community Hospital
  - 300 Medtech Parkway
  - Johnson City, TN 37604
  - (423) 302-1000

**First Assistant Urgent Care**
- 1919 W Oakland Ave Ste 1
  - Johnson City, TN 37604
  - (423) 915-1000

**Hospital**
- Carter
  - Sycamore Shoals Hospital
    - 1501 W Elk Ave
    - Elizabethton, TN 37643
    - (423) 542-1500

**John**
- Johnson County Community Hospital
  - 1901 S Shady St
  - Mountain City, TN 37683
  - (423) 727-1100

**Greene**
- First Assist Urgent Care
  - 1497 W Elk Ave Suite 11
  - Elizabethtown, TN 37643
  - (423) 542-8929

**Sullivan**
- First Assist Urgent Care
  - 1744 E Andrew Johnson Highway Suite 100
  - Greeneville, TN 37745
  - (423) 787-7496

**Washington**
- Franklin Woods Community Hospital
  - 300 Medtech Parkway
  - Johnson City, TN 37604
  - (423) 302-1000

**First Assist Urgent Care**
- 200 Brookside Dr
  - Kingsport, TN 37660
  - (423) 857-7540

**First Assistant Urgent Care**
- 2204 Pavilion Drive Suite 100
  - Kingsport, TN 37660
  - (423) 857-6466

**First Assist Urgent Care**
- 6070 Highway 11E
  - Piney Flats, TN 37686
  - (423) 391-1130

**Surgery Center**
- 1835 Graves Mill Road Suite 1
  - Forest, VA 24551
  - (434) 385-5151

**Optima Direct Network Providers 5/2019**

**Optima Health**
<table>
<thead>
<tr>
<th>City</th>
<th>Address</th>
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<tbody>
<tr>
<td>Manassas City</td>
<td>Novant Health UVA Health System Prince William Medical Center 8700 Sudley Rd Manassas, VA 20110 (703) 369-8000</td>
<td>(703) 369-8000</td>
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<tr>
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<td>Prince William Surgery Center 8644 Sudley Rd Ste 201 Manassas, VA 20110 (703) 369-8525</td>
<td>(703) 369-8525</td>
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<tr>
<td>Martinsville City</td>
<td>SOVAH Health - Martinsville 320 Hospital Drive Martinsville, VA 24112 (276) 666-7654</td>
<td>(276) 666-7654</td>
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<tr>
<td>Montgomery</td>
<td>Carilion New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073 (540) 731-2000</td>
<td>(540) 731-2000</td>
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<tr>
<td></td>
<td>Montgomery Regional Hospital d/b/a LewisGale Montgomery 3700 Main Street Blacksburg, VA 24060 (540) 951-1111</td>
<td>(540) 951-1111</td>
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<td>New River Valley Surgery Center 2901 Lamb Circle Christiansburg, VA 24073 (540) 639-5888</td>
<td>(540) 639-5888</td>
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<td>Page Memorial Hospital Inc 200 Memorial Dr Luray, VA 22835 (540) 743-4561</td>
<td>(540) 743-4561</td>
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<tr>
<td>Pittsylvania</td>
<td>Centra Virginia Baptist Hospital 291 McBride Ln Gretna, VA 24557 (434) 626-1274</td>
<td>(434) 626-1274</td>
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<tr>
<td>Prince Edward</td>
<td>Centra Southside Community Hospital 800 Oak St Farmville, VA 23901 (434) 392-8811</td>
<td>(434) 392-8811</td>
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<tr>
<td>Prince William</td>
<td>Novant Health UVA Health System Haymarket Medical Center 15225 Heathshea Blvd Haymarket, VA 22619 (571) 284-1000</td>
<td>(571) 284-1000</td>
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<tr>
<td></td>
<td>Potomac Urology ASC Center, PC 2296 Opitz Blvd Suite 350 Woodbridge, VA 22191 (703) 680-2111</td>
<td>(703) 680-2111</td>
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<td>Sentara Northern Virginia Medical Center 2300 Opitz Boulevard Woodbridge, VA 22191 (703) 523-1000</td>
<td>(703) 523-1000</td>
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<td></td>
<td>Pulaski Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301 (540) 387-9142</td>
<td>(540) 387-9142</td>
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<tr>
<td></td>
<td>Richmond Boulders Ambulatory Surgery Center 1115 Boulders Parkway Ste 210 Richmond, VA 23225 (804) 672-4040</td>
<td>(804) 672-4040</td>
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<tr>
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<td>Henrico Doctors’ Hospital - Retreat Campus 2621 Grove Ave Richmond, VA 23220 (804) 254-5100</td>
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<td>Roanoke Carilion Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 2013 1906 Bellevue at Jefferson St Roanoke, VA 2011 (540) 224-5500</td>
<td>(540) 224-5500</td>
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<td>Endoscopy Center of SW VA 204 Duke of Gloucester Street Roanoke, VA 2014 (540) 344-1264</td>
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<td>Fairlawn Surgery Center, LLC 2107 Rosalind Avenue SW Roanoke, VA 2014 (540) 904-6170</td>
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<td>Roanoke Ambulatory Surgical Center, LLC 1102 S Jefferson St Roanoke, VA 2016 (540) 342-0707</td>
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<td>Russell Russell County Hospital 56 Carroll and Tate Street Lebanon, VA 24266 (276) 883-8000</td>
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<td>Salem Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153 (540) 862-6265</td>
<td>(540) 862-6265</td>
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<td>Shenandoah Shenandoah Memorial Hospital Inc 759 S Main St Woodstock, VA 22664 (540) 459-4021</td>
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<td>Smyth Smyth County Community Hospital 565 Radio Hill Rd Marion, VA 24354 (276) 782-1234</td>
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<td>Spotsylvania Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408 (540) 498-4000</td>
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<td>Stafford Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554 (540) 741-9000</td>
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<td>Suffolk Sentara Obici Ambulatory Surgery, LLC 2750 Godwin Blvd Suffolk, VA 23434</td>
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<td>Tazewell Carilion Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651</td>
<td>388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td>Virginia Beach City Chesapeake General Hospital - Ambulatory Surgery 229 Clearfield Avenue Virginia Beach, VA 23462 (757) 312-6300</td>
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<td>Chkhd Health and Surgery Center at Princess Anne 2021 Concert Dr Virginia Beach, VA 23456 (757) 668-2711</td>
<td>(757) 668-2711</td>
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<td>Prince Anne Ambulatory Surgery Center 1975 Glenn Mitchell Dr Ste 300 Virginia Beach, VA 23456 (757) 507-0170</td>
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<td>Sentara Princess Anne Hospital 2000 Glenn Mitchell Drive Virginia Beach, VA 23456 (757) 363-6100</td>
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<td>Virginia Beach Ambulatory Surgery Center 1700 Will O Wisp Dr Virginia Beach, VA 23454 (757) 496-6400</td>
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<td>Washington Johnston Memorial Hospital 16000 Johnston Memorial Drive Abingdon, VA 24211 (276) 258-1000</td>
<td>(276) 258-1000</td>
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<tr>
<td>Winchester City</td>
<td>Blue Ridge Endoscopy (Winchester Endoscopy Services) 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 678-0767</td>
<td>(540) 678-0767</td>
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<td>Eye Surgery Center of Winchester 525 Amherst Street Winchester, VA 22601 (540) 667-5535</td>
<td>(540) 667-5535</td>
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<td>Winchester Endoscopy Services LLC 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 536-4706</td>
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<td>Wythe</td>
<td>Wythe County Community Hospital 600 West Ridge Rd Wytheville, VA 24382 (276) 228-0200</td>
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<tr>
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<td>MEDGEN URGENT CARE (VA) 3117 Duke Street Alexandria, VA 22314 (703) 751-8800</td>
<td>(703) 751-8800</td>
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<td>Sentara Martha Jefferson Hospital Outpatient Surgery 500 Martha Jefferson Drive Charlottesville, VA 22911 (434) 982-7000</td>
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<td>Alexandria City</td>
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</table>
Danville City
SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Fairfax
Reston Surgery Center (Freestanding ASC)
1860 Town Center Dr Ste G100
Reston, VA 20190
(703) 639-3100

Fairfax City
Fairfax Surgical Center (Freestanding ASC)
10730 Main St
Fairfax, VA 22030
(703) 391-0670

Franklin
Carilion Franklin Memorial Hospital
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 633-9353

Giles
Carilion Giles Community Hospital
159 Harley Way
Pearsburg, VA 24361
(540) 921-6000

Hanover
Hanover Emergency Center
9275 Chamberlayne Avenue
Mechanicsville, VA 23116
(804) 417-0300

Henrico
American Diagnostics Services Inc
Call for instructions/appointment
1412 Fitzhugh Avenue
Richmond, VA 23230
(804) 592-3186

Bon Secours Imaging Center
Reynolds Crossing -- 6605 W Broad Street
Richmond, VA 23230
(804) 287-3500

MobilexUSA
Call for instructions/appointment
1412 Fitzhugh Avenue
Richmond, VA 23230
(800) 621-9236

Lexington City
Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Martinsville City
SOVAH Health - Martinsville
320 Hospital Drive
Martinsville, VA 24112
(276) 666-7654

Montgomery
Carilion New River Valley Medical Center
2900 Tyler Rd
Christiansburg, VA 24073
(540) 731-2000

Regional Health Diagnostics, Inc.
210 Professional Park Dr Ste 10
Blacksburg, VA 24060
(540) 315-8550

Newport News City
CHKD Health Center at Oyster Point
11783 Rock Landing Drive
Newport News, VA 23606
(757) 688-6201

Norfolk City
Pet Institute of Hampton Roads
3557 Henneman Dr
Norfolk, VA 23513
(757) 855-9700

Prince William
Novant Health UVA Health System Cancer Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

Bath
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford City
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Bristol
The Rehabilitation Hospital of Southwest Virginia (Bristol)
103 North Street
Bristol, VA 24201
(276) 642-7900

Burlington
CJW Medical Center - Johnston-Willis Campus
1401 Johnston Willis Dr
Richmond, VA 23235
(804) 330-2000

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Danville City
SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Suffolk City
Bayview Ambulatory Surgery Center
2000 Meade Pkwy
Suffolk, VA 23434
(757) 934-9329

Virginia Beach City
CHKD Health and Surgery Center at Princess Anne
2021 Concert Dr
Virginia Beach, VA 23456
(757) 668-2711

Virginia Beach Ambulatory Surgery Center
1700 Will O Wisp Dr
Virginia Beach, VA 23454
(757) 496-6400

Hospital
Albemarle
Sentara Martha Jefferson Hospital
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-7000

Allighany
Alleghany Regional Hospital d/b/a Lewistale Allighany
One Arh Lane
Low Moor, VA 24457
(540) 862-6200

Arlington
Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 558-5486

Augusta
Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Bath
Bath Regional Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford City
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Bristol
The Rehabilitation Hospital of Southwest Virginia (Bristol)
103 North Street
Bristol, VA 24201
(276) 642-7900

Charlottesville City
University of Virginia Medical Center
1215 Lee St
Charlottesville, VA 22908
(434) 924-0211

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City
Chesapeake Regional Medical Center
736 N Battlefield Blvd (CGH)
Chesapeake, VA 23432
(757) 312-8121

Chesterfield
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Dickenson
Dickenson Community Hospital
312 Hospital Drive
Cleveland, VA 24228
(276) 926-0300

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
Reston Hospital Center
1850 Town Center Pkwy
Reston, VA 20190
(703) 689-9000

Optima Direct Network Providers 5/2019 429
### Hospital and Urgent Care Center Directory - Tier 1

**Fauquier**
- **Fauquier Hospital**
  - 500 Hospital Dr
  - Warrenton, VA 20186
  - (540) 347-2550

**Franklin**
- **Carilion Franklin Memorial Hospital**
  - 180 Floyd Avenue
  - Rocky Mount, VA 24151
  - (540) 633-9553

**Fredericksburg City**
- **HealthSouth Rehabilitation Hospital of Fredericksburg**
  - 300 Park Hill Drive
  - Fredericksburg, VA 22401
  - (340) 368-7300

**Galax**
- **Carilion Giles Community Hospital**
  - 159 Hartley Way
  - Pearisburg, VA 24134
  - (540) 921-6000

**Hampton City**
- **Sentara CarePlex Hospital**
  - 3000 Coliseum Dr
  - Hampton, VA 23666
  - (757) 736-1000

**Hanover**
- **Bon Secours Memorial Regional Medical Center**
  - 8200 Meadowbridge Road Suite 100
  - Mechanicsville, VA 23116
  - (804) 442-3670

**Harrisonburg City**
- **Sheltering Arms Rehabilitation Hospital**
  - 8254 Atlee Road
  - Mechanicsville, VA 23116
  - (804) 342-4300

**Henrico**
- **Bon Secours St. Marys Hospital**
  - 5801 Bremo Rd
  - Richmond, VA 23226
  - (804) 285-2011

**Lynchburg City**
- **Centra Lynchburg General Hospital**
  - 1901 Tate Springs Rd
  - Lynchburg, VA 24501
  - (434) 947-3000

**Manassas City**
- **Novant Health UVA Health System Prince William Medical Center**
  - 8700 Sudley Rd
  - Manassas, VA 20110
  - (703) 369-8000

**Martinsville City**
- **SOYAH - Martinsville**
  - 320 Hospital Drive
  - Martinsville, VA 24112
  - (276) 666-7654

**Montgomery**
- **Carilion New River Valley Medical Center**
  - 2900 Tyler Rd
  - Christiansburg, VA 24073
  - (540) 731-2000

**Newport News City**
- **Bon Secours Mary Immaculate Hospital**
  - 2 Bernardine Dr
  - Newport News, VA 23602
  - (757) 886-6000

** Norfolk City**
- **Bon Secours DePaul Medical Center Inc**
  - 150 Kingsley Ln
  - Norfolk, VA 23505
  - (757) 889-5000

**Children’s Hospital of the King’s Daughters**
- 601 Childrens Ln
- Norfolk, VA 23507
- (757) 668-7000

**Hospital for Extended Recovery**
- 600 Gresham Dr Ste 700
- Norfolk, VA 23507
- (757) 388-1700

**Sentara Lehigh Hospital**
- 830 Kempsville Rd
- Norfolk, VA 23502
- (757) 261-6000

**Sentara Norfolk General Hospital**
- 600 Gresham Dr
- Norfolk, VA 23507
- (757) 388-3000

**Page**
- **Page Memorial Hospital Inc**
  - 200 Memorial Dr
  - Luray, VA 22835
  - (540) 743-4561

**Petersburg City**
- **Southside Regional Medical Center**
  - 200 Medical Park Blvd
  - Petersburg, VA 23805
  - (804) 765-5000

**Pittsylvania**
- **Centra Virginia Baptist Hospital**
  - 291 McBride Ln
  - Greta, VA 24557
  - (434) 626-1274

**Portsmouth City**
- **Bon Secours Maryview Medical Center**
  - 3636 High St
  - Portsmouth, VA 23707
  - (757) 398-2200

**Prince Edward**
- **Centra Southside Community Hospital**
  - 800 Oak St
  - Farmville, VA 23901
  - (434) 392-8811

**Prince William**
- **Novant Health UVA Health System Haymarket Medical Center**
  - 15225 Heathcote Blvd
  - Haymarket, VA 20169
  - (571) 284-1000

**Pulaski**
- **Carilion Pulaski Community Hospital d/b/a LewisGale Pulaski**
  - 2400 Lee Hwy N
  - Pulaski, VA 24301
  - (540) 387-9142
Hospital and Urgent Care Center Directory - Tier 1

---

### Richmond City

**Bon Secours Richmond Community Hospital**
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

**CJW Medical Center - Chippenham Campus**
7101 Juhneke Rd
Richmond, VA 23225
(804) 320-3911

**Henrico Doctors’ Hospital - Retreat Campus**
2621 Grove Ave
Richmond, VA 23220
(804) 254-5100

**Spotsylvania**

**Spotsylvania Regional Medical Center**
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-9000

### Stafford

**Stafford Hospital Center**
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-9000

### Augusta

**Augusta Health Urgent Care**
1140 Keerelton Road
Weyers Cave, VA 24486
(540) 453-0040

2570 Stuarts Draft Highway Suite 100
Stuarts Draft, VA 24477
(540) 245-7880

### Suffolk City

**Sentara Obici Hospital**
2800 Godwin Blvd
Suffolk, VA 23434
(757) 934-4000

### Tazewell

**Carilion Tazewell Community Hospital**
388 Ben Bolt Ave
Tazewell, VA 24651

**Clinch Valley Medical Center**
6801 Gov G C Peery Highway
Richlands, VA 24641
(276) 596-6000

### Virginia Beach City

**Sentara Princess Anne Hospital**
2000 Glenn Mitchell Drive
Virginia Beach, VA 23456
(757) 363-6100

**Sentara Virginia Beach General Hospital**
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-8000

### Washington

**Johnston Memorial Hospital**
16000 Johnston Memorial Drive
Abingdon, VA 24211
(276) 258-1000

### Winchester City

**Winchester Medical Center**
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

### Wise

**Russell County Medical Center - Riverside Clinic**
1 Riverside Drive Highway 58
Saint Paul, VA 24283
(276) 883-8000

### Wythe

**Wythe County Community Hospital**
600 West Ridge Rd
Wytheville, VA 24382
(276) 228-0200

### Urgent Care Center

**Albemarle**

**MedExpress Urgent Care UCC, PC - Virginia**
1149 Seminole Trail
Charlottesville, VA 22901
(434) 978-3998

260 Pantops Center
Charlottesville, VA 22911
(434) 244-3027

### Botetourt

**VelocityCare**
46 Wesley Rd
Daleville, VA 24083
(540) 266-6800

**Premier Acute Care Services, LLC**
111073 Colonel Armistead Drive Suite 205
Ruther Glen, VA 22546
(571) 331-9288

### Caroline

**Mid-Atlantic Quickcare, PLLC**
5261 Carrollton Pike Ste C
Woodlawn, VA 24381
(276) 238-0911

### Carroll

**Children’s Hospital Of The King’s Daughters - UCC**
817 Volvo Parkway
Chesapeake, VA 23320
(757) 668-4630

**In & Out Express Care**
838 Old George Washington Hwy N Ste A
Chesapeake, VA 23321
(757) 487-9600

**Mt. Pleasant Urgent Care and Family Practice**
1464 Mt Pleasant Rd Suites 13 and 14
Chesapeake, VA 23322
(757) 410-4580

**Patient First - Battlefield Blvd**
705 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-0688

**Children’s Hospital Of The King’s Daughters - UCC**
817 Volvo Parkway
Chesapeake, VA 23320
(757) 668-4630

**In & Out Express Care**
838 Old George Washington Hwy N Ste A
Chesapeake, VA 23321
(757) 487-9600

**Mt. Pleasant Urgent Care and Family Practice**
1464 Mt Pleasant Rd Suites 13 and 14
Chesapeake, VA 23322
(757) 410-4580

**Patient First - Battlefield Blvd**
705 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-0688

**Patient First - Chester**
12101 S Chalkley Rd
Chesterfield, VA 23831
(804) 796-3636

**Patient First - Chester City**
11020 Hull St
Midlothian, VA 23112
(804) 744-6310

**Patient First - Colonial Heights**
2000 Richmond Ave
Richmond, VA 23233
(804) 320-8160

**Peds Care After Hours**
2937 Fox Chase Lane
Midlothian, VA 23112
(804) 744-5437

### Colonial Heights City

**Health Care Plus**
436 Clairmont Ct Ste 100
Colonial Heights, VA 23834
(804) 526-2121

**Healthcare Plus (Southside Regional Medical Ctr)**
436 Clairmont Ct
Colonial Heights, VA 23834
(804) 526-2121

**Patient First - Temple Avenue**
1260 Temple Avenue
Colonial Heights, VA 23834
(804) 518-2597

### Covington City

**Alliance Xpress Care LLC**
919A Craig Ave
Covington, VA 24426
(540) 960-2231

### Culpeper

**MedExpress Urgent Care UCC, PC - Virginia**
1420 South Main Street
Culpeper, VA 22701
(540) 825-2202

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Optima Direct Network Providers 5/2019

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431
Bayview Physician Services PC
(Urgent Care Center)
7924 Chesapeake Blvd
Norfolk, VA 23518
(757) 587-1700

Martinsville City
Martinsville Urgent Care
1044 E Church St
Martinsville, VA 24112
(757) 634-0010

MedExpress Urgent Care UCC, PC - Virginia
105 Commonwealth Blvd W
Martinsville, VA 24112
(276) 666-5000

Montgomery
VelocityCare
434 Peppers Ferry Road Ste A
Christiansburg, VA 24073
(540) 772-8670

VelocityCare Blacksburg
215 Gilbert Street
Blacksburg, VA 24060
(540) 266-6800

Newport News City
Children's Hospital Of The King's Daughters - UCC
680 Oyster Point Rd Suite 105
Newport News, VA 23602
(757) 668-4845

Hampton Roads Urgent Care, PLLC
730 Thimble Shoals Blvd Suite 100
Newport News, VA 23606
(757) 327-0103

In & Out Express Care
704 Thimble Shoals Blvd Suite 200
Newport News, VA 23606
(757) 240-5580

J. Clyde Urgent Care (SMG)
747 S Clyde Morris Blvd
Newport News, VA 23601
(757) 599-6117

MD Express
12997 Warwick Blvd
Newport News, VA 23602
(757) 360-7099

MedPoint Urgent Care (Dr. Walter Lowery)
730 Thimble Shoals Blvd Ste 110
Newport News, VA 23606
(757) 223-5700

Patient First - Denbigh Blvd
611 Denbigh Blvd
Newport News, VA 23608
(757) 283-8300

Velocity Urgent Care
747 S Clyde Morris Blvd
Newport News, VA 23601
(757) 736-3680

Norfolk City
Bayview Physician Services PC
(Urgent Care Center)
7924 Chesapeake Blvd
Norfolk, VA 23518
(757) 587-1700

East Beach Urgent Care
9545 Shore Drive
Norfolk, VA 23518
(757) 785-8461

Fort Norfolk Plaza Urgent Care, Inc.
301 Riverview Ave Ste 100
Norfolk, VA 23510
(757) 333-0284

Velocity Urgent Care
1326 E Little Creek Rd
Norfolk, VA 23518
(757) 583-6338

Velocity Urgent Care
7435 Granby St
Norfolk, VA 23505
(757) 702-8101

Norton City
Appalachian After Hours Care PC
1014 Park Avenue NW
Norton, VA 24273
(276) 679-2377

Page
Page Memorial Convenient Care
200 Memorial Drive
Luray, VA 22835
(540) 743-4561

Prince George
BetterMed (Emergency Physicians Immediate Care Center 2)
4600 Puddledock Road
Prince George, VA 23875
(804) 704-8655

Prince William
Doctors Express
4167 Merchant Plaza
Woodbridge, VA 22192
(703) 878-8800

Nextcare Urgent Care
12581 Milestead Way Suite 103
Woodbridge, VA 22192
(703) 897-5890

Prince William
Novant Health UVA Hlth System UCC & Occupational
Med(Bristow)
10322 Bristow Center Drive
Bristow, VA 20136
(517) 284-4245

Patient First
2199 Old Bridge Road
Lake Ridge, VA 22192
(703) 577-9707

Velocity Urgent Care
16422 Navigation Dr
Woodbridge, VA 22191
(517) 297-1437

4565 Daisy Reid Ave
Woodbridge, VA 22192
(757) 297-1414

Pulaski
Alliance Xpress Care LLC
5275 Alexander Rd Ste A
Dublin, VA 24084
(540) 307-5597

Richmond City
First OnSite LLC
7325 Beaufont Springs Drive Ste 103
Richmond, VA 23225
(804) 267-2518

MedExpress Urgent Care UCC, PC - Virginia
4903 Nine Mile Road
Richmond, VA 23223
(804) 222-3549

Patient First - Carytown
12 N Thompson St
Richmond, VA 23221
(804) 359-1337

Roanoke
VelocityCare
4035 Electric Rd Suite A
Roanoke, VA 24018
(540) 266-6800

Roanoke City
AFC Urgent Care
602 Brandon Avenue SW Suite 222
Roanoke, VA 24015
(540) 774-0000

MedExpress Urgent Care UCC, PC - Virginia
5610 Williamson Road
Roanoke, VA 24012
(540) 265-8924

Salem
MedExpress Urgent Care UCC, PC - Virginia
1336 West Main Street
Salem, VA 24153
(540) 389-0374

Smyth
First Assist Urgent Care
245 Medical Park Drive Ste C
Marion, VA 24354
(276) 378-3360

Spotsylvania
Nextcare Urgent Care
5825 Plank Road Suite 105
Fredericksburg, VA 22407
(540) 785-3448

Primary & Urgent Care LLC
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Prime Care Urgent Care, PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

PrimeCare PedsXpress, LLC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Suffolk City
Bayview Physician Services PC
(Urgent Care Center)
2401 Godwin Blvd Suite 3
Suffolk, VA 23434
(757) 523-5360

Velocity Urgent Care
1001 Centerbrooke Ln
Suffolk, VA 23434
(757) 702-8105

PrimeCare PedsXpress, LLC
882 Garrisonville Rd
Stafford, VA 22554
(540) 318-6464

STAFFORD
Kidmed UCC, Inc.
20 Doc Stone Road
Stafford, VA 22556
(804) 592-5437

Optimum Care LLC (Urgent Care)
882 Garrisonville Rd
Stafford, VA 22554
(540) 318-6464

STAFFORD
Patient First
15 South Gateway Drive Suite 101
Fredericksburg, VA 22406
(540) 368-5603

MedExpress Urgent Care UCC, PC - Virginia
330 White Oak Road
Fredericksburg, VA 22405
(540) 373-2424

Optimum Care LLC (Urgent Care)
882 Garrisonville Rd
Stafford, VA 22554
(540) 318-6464

STAFFORD
Kidmed UCC, Inc.
20 Doc Stone Road
Stafford, VA 22556
(804) 592-5437

Nextcare Urgent Care
1209 Richmond Avenue Suite 108
Staunton, VA 24401
(540) 245-7470

MedExpress Urgent Care UCC, PC - Virginia
851 Statler Blvd Suite B
Staunton, VA 24401
(540) 245-7470

MedExpress Urgent Care UCC, PC - Virginia
851 Statler Blvd Suite B
Staunton, VA 24401
(540) 786-1200

Suffolk City
Bayview Physician Services PC
(Urgent Care Center)
2401 Godwin Blvd Suite 3
Suffolk, VA 23434
(757) 523-5360

Velocity Urgent Care
1001 Centerbrooke Ln
Suffolk, VA 23434
(757) 702-8105

Virginia
Martin Luther King Jr Medical Center, UCC
851 Statler Blvd Suite B
Staunton, VA 24401
(540) 245-7470

MedExpress Urgent Care UCC, PC - Virginia
851 Statler Blvd Suite B
Staunton, VA 24401
(540) 245-7470

MedExpress Urgent Care UCC, PC - Virginia
851 Statler Blvd Suite B
Staunton, VA 24401
(540) 245-7470

Suffolk City
Bayview Physician Services PC
(Urgent Care Center)
2401 Godwin Blvd Suite 3
Suffolk, VA 23434
(757) 523-5360

Velocity Urgent Care
1001 Centerbrooke Ln
Suffolk, VA 23434
(757) 702-8105

Virginia
### Hospital and Urgent Care Center Directory - Tier 1

#### Tazewell

- **Clinch Valley Urgent Care**
  - 1100 Cedar Valley Drive
  - Cedar Bluff, VA 24609
  - (276) 964-6449
  - 111 Fashion Dr Suite D
  - Pounding Mill, VA 24637
  - (276) 596-6375

- **MedExpress Urgent Care UCC, PC - Virginia**
  - 4003 College Avenue Suite 2A
  - Bluefield, VA 24605
  - (757) 322-2085

#### Virginia Beach City

- **Bayview Physician Services PC (Urgent Care Center)**
  - 1168 First Colonial Rd
  - Virginia Beach, VA 23454
  - (757) 352-2020
  - 6632 Indian River Rd
  - Virginia Beach, VA 23452
  - (757) 468-1855

- **Children's Hospital Of The King's Daughters - UCC**
  - 1924 Landstown Centre Way Ste 103
  - Virginia Beach, VA 23456
  - (757) 668-4648

- **Chimney Hill Medical Associates (SMG)**
  - 3745 Holland Rd
  - Virginia Beach, VA 23452
  - (757) 962-8720

- **In & Out Express Care**
  - 1290 Diamond Springs Road
  - Virginia Beach, VA 23455
  - (757) 406-0700

- **Patient First - General Booth**
  - 1605 General Booth Blvd
  - Virginia Beach, VA 23454
  - (757) 721-0512

- **Patient First - Holland Rd**
  - 3432 Holland Road
  - Virginia Beach, VA 23452
  - (757) 468-1855

- **Patient First - Indian River**
  - 5466 Indian River Road
  - Virginia Beach, VA 23464
  - (757) 424-2490

- **Patient First - Newtown Rd**
  - 332 Newtown Rd
  - Virginia Beach, VA 23462
  - (757) 473-8400

- **Velocity Urgent Care**
  - 2180 General Booth Blvd Suite F
  - Virginia Beach, VA 23454
  - (757) 702-8122
  - 2859 Virginia Beach Blvd
  - Virginia Beach, VA 23452
  - (757) 395-1300
  - 3745 Holland Road
  - Virginia Beach, VA 23452
  - (757) 395-1700

#### Warren

- **VALLEY HEALTH URGENT CARE - UCC**
  - 65 Riverton Commons Plaza
  - Front Royal, VA 22630
  - (540) 635-0700

#### Washington

- **First Assist Urgent Care**
  - 603 Campus Drive Suite 100
  - Abingdon, VA 24210
  - (276) 739-8010

#### Winchester City

- **VALLEY HEALTH URGENT CARE - UCC**
  - 607 East Jubal Early Drive
  - Winchester, VA 22601
  - (540) 536-2232

- **Winchester Urgent Care**
  - 2505 Valley Avenue
  - Winchester, VA 22601
  - (540) 665-0084

#### York

- **MD Express**
  - 4740 George Washington Hwy Ste A
  - Yorktown, VA 23693
  - (757) 564-3627

#### WV Ambulatory Surgery

- **Greenbrier Valley Medical Center**
  - 1320 Maplewood Ave
  - Ronceverte, WV 24970
  - (304) 647-4411

#### Mercer

- **Bluefield Regional Medical Center**
  - 500 Cherry Street
  - Bluefield, WV 24701
  - (304) 327-1100

- **Princeton Community Hospital**
  - 122 Twelfth Street
  - Princeton, WV 24740
  - (304) 487-7000

#### Raleigh

- **Beckley ARH Hospital**
  - 306 Stanaford Rd
  - Beckley, WV 25801
  - (304) 255-3000

#### Summers

- **Summers County ARH Hospital**
  - 1500 Terrace Street
  - Princeton, WV 25951
  - (304) 439-6600

#### Urgent Care Center

- **City Urgent Care (Urgent Care Center)**
  - 202 Foxcroft Ave
  - Martinsburg, WV 25401
  - (304) 264-1257
  - 4980 Gerrardstown Rd
  - Inwood, WV 25428
  - (304) 229-0600

- **VALLEY HEALTH URGENT CARE - UCC**
  - 97 Administrative Drive
  - Martinsburg, WV 25401
  - (304) 264-1257

- **University Urgent Care**
  - 5047 Gerrardstown Road Suite A
  - Inwood, WV 25428
  - (304) 229-2273

- **HealthSouth Southern Hills Rehabilitation Hospital**
  - 120 12th Street
  - Princeton, WV 24740

- **Princeton Community Hospital**
  - 122 Twelfth Street
  - Princeton, WV 24740
  - (304) 487-7000

- **War Memorial Hospital Inc**
  - 1 Healthy Way
  - Berkeley Springs, WV 25411
  - (304) 258-1234

- **Winchester Urgent Care**
  - 120 12th Street
  - Winchester, WV 25951
  - (304) 439-6600

- **Morgan**
  - 306 Stanaford Rd
  - Beckley, WV 25801
  - (304) 255-3000

- **Sommers**
  - 1500 Terrace Street
  - Princeton, WV 25951
  - (304) 439-6600

- **Mineral**
  - 306 Stanaford Rd
  - Beckley, WV 25801
  - (304) 255-3000

- **Summers County ARH Hospital**
  - 1500 Terrace Street
  - Hinton, WV 25951
  - (304) 439-6600

- **Hunt Club Medical Clinic (Urgent Care)**
  - 11 Hunt Club Medical Clinic
  - Ridgetley, WV 26753
  - (304) 726-4501
HospUCC Tier 2

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<table>
<thead>
<tr>
<th>Hospital and Urgent Care Center Directory - Tier 2</th>
</tr>
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<tbody>
<tr>
<td><strong>VA</strong></td>
</tr>
<tr>
<td><strong>Ambulatory Surgery</strong></td>
</tr>
<tr>
<td><strong>Chesterfield</strong></td>
</tr>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
</tr>
<tr>
<td>2925 Polo Parkway</td>
</tr>
<tr>
<td>Midlothian, VA 23113</td>
</tr>
<tr>
<td>(804) 323-9060</td>
</tr>
<tr>
<td><strong>Fredericksburg City</strong></td>
</tr>
<tr>
<td>Mary Washington Hospital (MWH)</td>
</tr>
<tr>
<td>1001 Sam Perry Blvd</td>
</tr>
<tr>
<td>Fredericksburg, VA 22401</td>
</tr>
<tr>
<td>(540) 741-1100</td>
</tr>
<tr>
<td><strong>Henrico</strong></td>
</tr>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
</tr>
<tr>
<td>10124K West Broad St</td>
</tr>
<tr>
<td>Glen Allen, VA 23060</td>
</tr>
<tr>
<td>(804) 273-6656</td>
</tr>
<tr>
<td><strong>Mecklenburg</strong></td>
</tr>
<tr>
<td>VCU Community Memorial Hospital</td>
</tr>
<tr>
<td>125 Buena Vista Cir</td>
</tr>
<tr>
<td>South Hill, VA 23970</td>
</tr>
<tr>
<td>(434) 447-3151</td>
</tr>
<tr>
<td><strong>Petersburg City</strong></td>
</tr>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
</tr>
<tr>
<td>321 B Poplar Drive Ste 4</td>
</tr>
<tr>
<td>Petersburg, VA 23805</td>
</tr>
<tr>
<td>(804) 733-7233</td>
</tr>
<tr>
<td><strong>Richmond City</strong></td>
</tr>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
</tr>
<tr>
<td>2924 Brook Rd</td>
</tr>
<tr>
<td>Richmond, VA 23220</td>
</tr>
<tr>
<td>(804) 228-5911</td>
</tr>
<tr>
<td>VCU Health System/MCV</td>
</tr>
<tr>
<td>1250 East Marshall St</td>
</tr>
<tr>
<td>Richmond, VA 23298</td>
</tr>
<tr>
<td>(804) 828-0088</td>
</tr>
<tr>
<td><strong>Spotsylvania</strong></td>
</tr>
<tr>
<td>Children's Hospital of Richmond of the VCU Health System</td>
</tr>
<tr>
<td>10530 Spotsylvania Ave Ste 102</td>
</tr>
<tr>
<td>Fredericksburg, VA 22408</td>
</tr>
<tr>
<td>(540) 891-4485</td>
</tr>
<tr>
<td><strong>Freestanding Outpatient Facilities</strong></td>
</tr>
<tr>
<td><strong>Fredericksburg City</strong></td>
</tr>
<tr>
<td>Mary Washington Hospital (MWH)</td>
</tr>
<tr>
<td>1001 Sam Perry Blvd</td>
</tr>
<tr>
<td>Fredericksburg, VA 22401</td>
</tr>
<tr>
<td>(540) 741-1100</td>
</tr>
</tbody>
</table>
Prestonsburg
Jenkins, Kristal D, LCP
Mountain Comprehensive Care Center Inc
104 South Front Ave
Prestonsburg, KY 41653
(606) 886-8572

Salyersville
Jenkins, Kristal D, LCP
Mountain Comprehensive Care Center Inc
1410 Royalton Road
Salyersville, KY 41465
(606) 886-8572

Toler
Jenkins, Kristal D, LCP
Mountain Comprehensive Care Center Inc
26229 Us Hwy 119 N Toler, KY 41514
(606) 886-8572

Registered Nurse, Counseling

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Copley Coleman, Martha, LCSW
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Pikeville

Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Copley Coleman, Martha, LCSW
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Prestonsburg
Cavins, Jennifer, LCSW
Mountain Comprehensive Care Center Inc
104 S Front St
Prestonsburg, KY 41653
(606) 886-8572

Copley Coleman, Martha, LCSW
Mountain Comprehensive Care Center Inc
104 South Front St
Prestonsburg, KY 41653
(606) 886-8572

Salisbury
Ip-Medical Center, Peninsula Regional, IP FAC
Peninsula Regional Medical Center
100 E Carroll St
Salisbury, MD 21801
(410) 546-6000

Delmar
Hamilton, Beatrice, LPC
Delmarva Counseling Center LLC
28 East State St
Delmar, MD 21875
(410) 896-3995

Acute Inpatient Facility

Nurse Practitioner

Benway, Ch, LNP
Brook Lane Health Services Inc
13218 Brooklane Dr
Hagerstown, MD 21742
(301) 733-0330

Elwood, Anna, LNP
Brook Lane Health Services Inc
18714 North Village
Hagerstown, MD 21742
(301) 733-0330

Koons, Kathryn, LNP
Brook Lane Health Services Inc
18714 N Village
Hagerstown, MD 21742
(301) 733-0330

Professional Counselor

Beltsville
Parlette, Charlene J, LPC
Centre Pointe Counseling Inc
4700 Odell Rd
Beltsville, MD 20705
(800) 491-5369

Cheverly
Driskell, Darius F, LPC
Darius F Driskell C #10 6490 Landover Road
Cheverly, MD 20785
(301) 322-7902

Clarksburg
Pratt, Julie, LPC
Centre Pointe Counseling Inc
21925 Frederick Road
Clarksburg, MD 20871
(800) 491-5369

Columbia
Rodgerson, Thomas E, LPC
Centre Pointe Counseling Inc
10255 Old Columbia Road
Columbia, MD 21046
(800) 491-5369

Cumberland
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Optima Direct Network Providers 5/2019
### Behavioral Health

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<td>Quarles, Mary B, LPC</td>
<td>Mary B Quarles</td>
<td>103 5195 Old Wash Road</td>
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<td>Johnson, Tiesha D, NP</td>
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Behavioral Health

Westminster
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(919) 684-0100
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<td>Swartz, Marvin S, MD</td>
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<tr>
<td>Elizabeth City</td>
<td>Muppavarapu, Kalyan S, MD</td>
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<tr>
<td>Greensboro</td>
<td>Reddy, Keshavpal G, MD</td>
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<td>Roxboro</td>
<td>Jensen, Li, Thomas, MD</td>
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<td>Cary</td>
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<tr>
<td>Chapel Hill</td>
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<tr>
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<tr>
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<td>Durham</td>
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<td>Blumenthal, James A, LCP</td>
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<td>Bonner, Melanie Jean, LCP</td>
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<td>Gustafson, Kathryn Ellen, LCP</td>
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</tbody>
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Optima Direct Network Providers 5/2019
448

OptimaHealth
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<tr>
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<td>Cress, Margaret, LMFT</td>
<td>Hancock, Nina Katherine, LMFT</td>
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<tr>
<td>26 Midway Street</td>
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<tr>
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<tr>
<td>(423) 989-4500</td>
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<td>26 Midway Street</td>
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**Optima Direct Network Providers 5/2019**
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### Psychiatric Nurse Practitioner

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### Bristol

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**Optima Direct Network Providers 5/2019**

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**Lewis, Jeanne, MD**
Health Connect America Inc
101 Forrest Crossing Blvd Ste 101
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**Laiwala, Rushiraj Chaitanya, MD**
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**Optima Direct Network Providers 5/2019**

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Johnson City, TN 37604

**Dunaway, Marcella, LCP**
Pain Medicine Associates PC
101 Med Tech Pkwy Ste 200
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<td>University Of Virginia Physicians</td>
<td>(304) 851-6643</td>
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Behavioral Health

3 4b Bear Garden Plaza
Capon Bridge, WV 26711
(304) 856-3600

Charles Town
Burns, Denise J, LPC
Denise J Burns LPC
112 E Liberty St
Charles Town, WV 25414
(304) 261-2610

Callahan, Peter J, LPC
Shenandoah Valley Medical System Inc
Suite 205 44 Trifecta Place
Charles Town, WV 25414
(304) 263-4999

Smith, Deborah L, LPC
Shenandoah Valley Medical System Inc
44 Trifecta Pl Ste 205
Charles Town, WV 25414
(304) 263-7023

Fort Ashby
Evans, Sara L, LPC
Sara L Evans
1 N Old Mill Drive
Fort Ashby, WV 26719
(304) 298-4082

Huntington
Clay, Michael D, LPC
The Word House Inc
Suite 320 401 10th St
Huntington, WV 25701
(304) 523-9673

Inwood
Callahan, Peter J, LPC
Shenandoah Valley Medical System Inc
102 Hovatter Dr
Inwood, WV 25428
(304) 263-4999

Keyser
Oneal, Helen E, LPC
Mountain State Psychological Services PLLC
130 Center St
Keyser, WV 26726
(304) 788-1113

Lewisburg
Hundley, Brigid M, LPC
Bridgit M Hundley
112 Jd Park Rd Ste 2
Lewisburg, WV 24901
(304) 647-3044

Masters, Dwayne F, LPC
Dwayne Franklin Masters
Valley Medical Bldg Rd 2 Box 171
Lewisburg, WV 24901
(304) 256-0200

Weisbrod, Jo A, LPC
Jo Anne Weisbrod
128 W Washington St
Lewisburg, WV 24901
(304) 647-3311

Martinburg
Callahan, Peter J, LPC
Peter J Callahan PLLC
336 South Queen St
Martinsburg, WV 25402
(304) 886-4118

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99 Tavern Road
Martinsburg, WV 25401
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Carter, Tracy E, LPC
Tracy E Carter
120 E Burke Street
Martinsburg, WV 25401
(401) 598-3186

Cuthbert, Robert, LPC
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99 Tavern Rd
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Lucas, Heidi, LPC
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Mortimer, Sandra K, LPC
Blue Ridge Community And Counseling Services Inc
213 West John St
Martinsburg, WV 25401
(304) 263-0345

O’Connell, Ginger M, LPC
Blue Ridge Community And Counseling Services Inc
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Boothe, Emily Schwantes, DO
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1333 Southview Dr
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Workman, Brandon, DO
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McLaugherty, Glenn, MD
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Ostrow, Lawrence D, MD
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Princeton
Dar, Nasreen R, MD
Nasreen R Dar MD
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## Behavioral Health

### Charles Town

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Baker, Christine R, LCSW**
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    - 99 Tavern Road
    - Martinsburg, WV 25401
    - (304) 263-4999

### Inwood

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Berry-Harris, Traci A, LCP**
    - Cardinal Pediatrics PLLC
    - 134 Pine Tree Ln
    - Morgantown, WV 26508
    - (304) 599-8000

### Keyser

**Mountain State Psychological Services PLLC**
- **Shepherdstown**
  - **Spurrier, Rachel, LCP**
    - Providence Counseling Ministries Inc
    - 41 Maddex Drive
    - Shepherdstown, WV 25443
    - (304) 876-3878

### Lewisburg

**West Virginia School Of Osteopathic Medicine Clinic Inc**
- **Romney**
  - **Coleman, Sheri E, LCP**
    - Eastern Psychological Services Inc
    - 278 N High St Ste 1
    - Romney, WV 26757
    - (304) 822-3429

### Martinsburg

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Marzell, Jeanne, RNCS**
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    - 99 Tavern Road
    - Martinsburg, WV 25401
    - (304) 263-4999

### Princeton

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Terry, John C, LCP**
    - Medical Rehabilitation Associates Inc
    - 160 Undercliff Ter
    - Princeton, WV 24740
    - (304) 631-3010

### Shepherdstown

**Shenandoah Valley Medical System Inc**
- **Marzell, Jeanne, RNCS**
  - 44 Trifecta Place
  - Martinsburg, WV 25401
  - (304) 263-4999

### Williamson

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Baisden, Susan C, LCP**
    - Professional Counseling Associates Inc
    - 41 W 5th St
    - Williamson, WV 25661
    - (304) 235-3390

### Charles Town

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  - **Wimmer, Angelika B, LCSW**
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    - Suite 205 44 Trifecta Place
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    - (304) 263-7023

**Inwood**

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**Inwood**

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  - **Marzell, Jeanne, RNCS**
    - Shenandoah Valley Medical System Inc
    - 102 Hovatter Dr
    - Inwood, WV 25428
    - (304) 263-4999

### Martinsburg

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Terr, John C, LCP**
    - Monroe Health Center
    - 591 Us Hwy 219
    - Petersburn, WV 24963
    - (304) 753-4336

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Everhart, Daysha L, LCSW**
    - 102 S Maple Avenue Apt 2
    - Martinsburg, WV 25401
    - (304) 671-1875

### West Virginia School Of Osteopathic Medicine Clinic Inc

**Shenandoah Valley Medical System Inc**
- **Morgantown**
  - **Shor, Elizabeth, LCSW**
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    - Ste 205 44 Trifecta PI
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**Shenandoah Valley Medical System Inc**
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Chain Pharmacy Services

Costco Pharmacy
1-800-607-6861
TTY# TRS Relay Number 711
www.costco.com/warehouse/locator.aspx

CVS Pharmacy
1-800-746-7287
TTY# TRS Relay Number 711
https://www.cvs.com/store-locator/landing

Food Lion Pharmacy
1-800-210-9569
TTY# TRS Relay Number 711
https://www.foodlion.com/departments/pharmacy/

Giant Pharmacy
1-800-469-4426
TTY# TRS Relay Number 711
https://giantfood.com/store/locator/

Harris Teeter Pharmacy
1-800-432-6111 option 2
TTY# TRS Relay Number 711
http://www.harristeeter.com/other/store_locator/store_locator.aspx

Kmart Pharmacy
1-800-416-7565
TTY# TRS Relay Number 711
https://pharmacy.kmart.com/newrx-landing

Kroger Pharmacy
1-800-576-4377 (1-800-KROGERS)
TTY# TRS Relay Number 711
https://www.kroger.com/stores/storeLocator?hash=findStoreLink

Martin’s Food Markets Pharmacy
1-888-562-7846
TTY# TRS Relay Number 711
https://martinsfoods.com/

Rite Aid Pharmacy
1-800-748-3243 (1-800-RITE-AID)
TTY# 1-800-821-1833
https://www.riteaid.com/store-locator

Sam’s Pharmacy
1-888-746-7726
TTY# TRS Relay Number 711
https://www.samsclub.com/locator

Target Pharmacy
1-800-440-0680
TTY# TRS Relay Number 711
https://www.target.com/store-locator/find-stores

Walgreens Pharmacy
1-800-925-4733 (1-800-WALGREENS)
TTY# TRS Relay Number 711
https://www.walgreens.com/storelocator/find.jsp

Walmart Pharmacy
1-800-925-6278
TTY# TRS Relay Number 711
www.walmart.com/cservlet/ca_storefinder.gsp
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<td>(434) 376-2220</td>
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<td>Ransones Drug</td>
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<tr>
<td>19771 Main St</td>
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<tr>
<td>Buchanan, Va 24066-4066</td>
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<td>(540) 254-2904</td>
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<td><strong>Buena Vista</strong></td>
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<tr>
<td>Buena Vista Family Pharmacy</td>
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<tr>
<td>2263 Magnolia Ave</td>
</tr>
<tr>
<td>Buena Vista, Va 24416-4416</td>
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<tr>
<td>(540) 261-2896</td>
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<td><strong>Cape Charles</strong></td>
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<tr>
<td>Rayfields Pharmacy Inc</td>
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<tr>
<td>2 Fig Street</td>
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<tr>
<td>Cape Charles, Va 23310-3310</td>
</tr>
<tr>
<td>(757) 331-1212</td>
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<td><strong>Castlewood</strong></td>
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<tr>
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<tr>
<td>19408 Hwy 58</td>
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<td>Castlewood, Va 24224-4224</td>
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<tr>
<td>(276) 762-5959</td>
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<td><strong>Centreville</strong></td>
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<tr>
<td>Hanaro Pharmacy</td>
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<tr>
<td>13818-b Braddock Rd</td>
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<tr>
<td>Centreville, Va 20121-0121</td>
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<tr>
<td>(703) 825-1860</td>
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<td><strong>Charlotte Ct House</strong></td>
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<tr>
<td>120 David Bruce Ave</td>
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<td>Charlotte Ct House, Va 23923-3923</td>
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<td>(434) 542-5171</td>
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<td>Bell Creek Pharmacy</td>
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<tr>
<td>8324 Bell Creek Rd Ste 800</td>
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<td>7510 Mechanicsville Pike</td>
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<td>(804) 746-7997</td>
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<td>8200 Meadowbridge Rd Ste 301</td>
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<td>13502 Midlothian Tnpk</td>
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<td>(804) 794-5592</td>
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<td>Midlothian Apothecary Watkins Centre</td>
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<td>611 Watkins Centre Pkwy</td>
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<tr>
<td>(804) 378-1893</td>
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<td>Benzer Pharmacy 105</td>
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<tr>
<td>4860 Rucker Rd Suite 1</td>
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<td>Moneta, Va 24121-4121</td>
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<td>(540) 297-8640</td>
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Pharmacy Services

Monterey
Hune Pharmacy
120 Jackson River Rd
Monterey, Va 24465-4465
(540) 468-6421

Monterey Pharmacy
17128 Mountain Road
Montpelier, Va 23192-3192
(804) 883-6363

Mt Jackson
Mt Jackson Drug Store
5350 Main Street
Mt Jackson, Va 22842-2842
(540) 477-3101

Nassawadox
Rayfields Pharmacy
9502 Hospital Ave
Nassawadox, Va 23413-3413
(757) 442-6159

Nellysford
Stoney Creek Pharmacy
2831 Rockfish Valley Hwy
Nellysford, Va 22958-2958
(434) 361-0370

New Castle
Central Virginia Health Services
25892 N James Madison Hwy
New Castle, Va 23123-3123
(434) 581-3271

Newport News
Denhigh Pharmacy
13349 Warwick Blvd
Newport News, Va 23602-3602
(757) 877-0253

Dominion Pharmacy Services
10516 Jefferson Ave
Newport News, Va 23601-3601
(757) 599-5007

Glendale Pharmacy
12444 Warwick Blvd
Newport News, Va 23606-3606
(757) 595-3355

Good Health Pharmacy At Mary Immaculate Hospital
12720 Mcmanus Blvd Ste 100
Newport News, Va 23602-3602
(757) 947-3740

Hidenwood Pharmacy, Inc
35 Hidenwood Shopping Center
Newport News, Va 23606-3606
(757) 595-1151

Pavilion Pharmacy
500 J Clyde Morris Blvd Rm 1-501
Newport News, Va 23601-3601
(757) 223-7709

Virginia Oncology Associates
1051 Loftis Blvd Ste 100
Newport News, Va 23606-3606
(757) 459-9250

Virginia Pharmaceutical Services
11832 Canon Blvd Suite A
Newport News, Va 23606-3606
(757) 223-0236

Nickelsville
Nickelsville Pharmacy
11708 Nickelsville Highway
Nickelsville, Va 24271-4271
(276) 479-2600

Atrium Pharmacy
155 Kingsley Ln
Norfolk, Va 23505-3505
(757) 278-2150

Bayview Community Pharmacy
1846 E Little Creek Rd
Norfolk, Va 23518-3518
(757) 383-6636

Bayview Src Pharmacy
710 E Little Creek Rd
Norfolk, Va 23518-3518
(757) 819-4636

Coastal Pharmacy
6160 Kempsville Cir Ste 10a
Norfolk, Va 23502-3502
(757) 800-1610

Colley Discount Pharmacy
1415 Colley Avenue
Norfolk, Va 23517-3517
(757) 622-2757

Hague Pharmacy
400 Gresham Dr
Norfolk, Va 23507-3507
(757) 622-0222

Macarthur Pharmacy
261 Granby Street
Norfolk, Va 23510-3510
(757) 533-6566

Peoples Pharmacy
1446 Church Street
Norfolk, Va 23504-3504
(757) 227-4677

Sentara Leigh Hospital
Outpatient Pharmacy
830 Kempsville Road
Norfolk, Va 23502-3502
(757) 261-8055

Sentara To Home
600 Gresham Dr
Norfolk, Va 23507-3507
(757) 388-2012

Thomas A Natchus Pharmacist
110 Kingsley Ln
Norfolk, Va 23505-3505
(757) 489-2755

Virginia Oncology Associates
900 Lake Wright Dr Ste 200
Norfolk, Va 23502-3502
(757) 213-5714

North Tazewell
Hayes Drug LLC
689 Freedom Ave
North Tazewell, Va 24630-4630
(276) 988-4414

Norfolk
Atrium Pharmacy
155 Kingsley Ln
Norfolk, Va 23505-3505
(757) 278-2150

Bayview Community Pharmacy
1846 E Little Creek Rd
Norfolk, Va 23518-3518
(757) 383-6636

Bayview Src Pharmacy
710 E Little Creek Rd
Norfolk, Va 23518-3518
(757) 819-4636

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6160 Kempsville Cir Ste 10a
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(757) 800-1610

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1415 Colley Avenue
Norfolk, Va 23517-3517
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(757) 622-0222

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Norfolk, Va 23505-3505
(757) 489-2755

Virginia Oncology Associates
900 Lake Wright Dr Ste 200
Norfolk, Va 23502-3502
(757) 213-5714

North Tazewell
Hayes Drug LLC
689 Freedom Ave
North Tazewell, Va 24630-4630
(276) 988-4414

Norton
Lone Some Pine Economy Drug
517 Park Ave Sw
Norton, Va 24273-4273
(276) 679-5190

Mountain States Pharmacy At Norton Community Hospital
1490 Park Avenue Nw
Norton, Va 24273-4273
(276) 439-1360

Oak Hall
H And H Pharmacy Oak Hall
7001 Lankford Hwy
Oak Hall, Va 24634-3416
(757) 824-4477

Orange
Orange Pharmacy
130 W Main St
Orange, Va 22960-2960
(540) 661-5006

Palmyra
Jefferson Good Neighbor Pharmacy
194 B Turkeyesag Trail
Palmyra, Va 22963-2963
(434) 589-7002

Patrick Springs
Spring Drug
22042 Jeb Stuart Hwy
Patrick Springs, Va 24133-4133
(276) 694-3100

Pennington Gap
John C Marion Pharmacist Pe
156 Combs Rd
Pennington Gap, Va 24277-4277
(276) 546-1551

Pennington Pharmacy
41692 W Morgan Ave
Pennington Gap, Va 24277-4277
(276) 546-1551

Petersburg
Health Care Alliance Pharmacy
321c Poplar Dr
Petersburg, Va 23805-3805
(804) 733-5591

Walnut Hill Pharmacy
1950 S Sycamore St
Petersburg, Va 23805-3805
(804) 733-7711

Petersburg
Act Nursing Services Inc
600 High Street
Petersburg, Va 23704-3704
(757) 393-4039

Drug Center Pharmacy
912 Airline Blvd
Petersburg, Va 23707-3070
(757) 399-6361

Maryview Medical Center Outpatient Pharmacy
3636 High St
Petersburg, Va 23707-3707
(757) 398-2245

Pound
Pound Discount Pharmacy
11133 Indian Creek Rd
Pound, Va 24279-4279
(276) 796-5500

Wildcat Pharmacy
11231 Indian Creek Road
Pound, Va 24279-4279
(276) 796-2200

Pounding Mill
Claypool Hill Pharmacy
12252 Governor George C Peery Hwy
Pounding Mill, Va 24637-4637
(276) 963-3502

12252 Governor George C Peery Hwy
Pounding Mill, Va 24637-4637
(276) 963-3503

Specialty Care Rx LLC
111 Fashion Rd Ste Abc
Pounding Mill, Va 24637-4637
(276) 345-0284

Powhatan
Powhatan Drug
2105 Academy Rd
Powhatan, Va 23139-3139
(804) 376-7168

Optima Direct Network Providers 5/2019
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<th>Pharmacy Services</th>
<th>Prince George</th>
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<td>4720 Puddledock Rd Prince George, VA 23875-3875 (804) 793-8000</td>
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<tr>
<td>Martins Pharmacy</td>
<td>400 N Washington Ave Pulaski, VA 24301-4301 (540) 980-4060</td>
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<tr>
<td>Cedar Bluff Pharmacy</td>
<td>2825 Front Street Richlands, VA 24641-4641 (264) 963-2115</td>
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<tr>
<td>Super Aid Pharmacy</td>
<td>247 Old Virginia Ave Rich Creek, VA 24147-4147 (540) 726-2939</td>
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<td>Richlands Pharmacy</td>
<td>3141 Cedar Valley Dr Richlands, VA 24641-4641 (264) 964-4068</td>
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<td>Sandys Gateway Drug Inc</td>
<td>3118 Cedar Valley Drive Richlands, VA 24641-4641 (264) 964-2494</td>
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<tr>
<td>Progressive Pharmacy Care</td>
<td>6605 West Broad St. Suite A Richmond, VA 23230-3230 (804) 322-1590</td>
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<td>Rva Pharmacy</td>
<td>7801 W Broad St Ste 19 Richmond, VA 23294-3294 (804) 528-5589</td>
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<tr>
<td>Rx3 Pharmacy</td>
<td>11934 W Broad St Richmond, VA 23223-3233 (804) 717-5000</td>
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<tr>
<td>Saint Mary’s Community Pharmacy</td>
<td>5801 Bremo Rd Richmond, VA 23226-3226 (804) 281-8425</td>
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<tr>
<td>Sitter And Barfoot Veterans Care Center</td>
<td>1601 Broad Rock Blvd Richmond, VA 23224-3224 (804) 371-8000</td>
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<tr>
<td>Virginia Department Of Health Pharmacy Services</td>
<td>101 N 14th St Richmond, VA 23219-3219 (804) 786-1652</td>
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<tr>
<td>Virginia Urology, Pc</td>
<td>9101 Stony Point Dr Richmond, VA 23235-3235 (804) 330-9105</td>
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<tr>
<td>Westwood Behavioral Health Pharmacy Richmond</td>
<td>107 S 5th St Richmond, VA 23219-3219 (804) 716-7149</td>
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<td>5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-1933</td>
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<tr>
<td>Westwood Pharmacy Clinical Services</td>
<td>5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-3620</td>
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| Richmond |
|-------------------|--------------|
| Bon Secours Good Health Pharmacy At Rech Crossing | 1510 N 28th St Richmond, VA 23223-3223 (804) 325-8795 |
| Bon Secours Good Health Pharmacy At Reynolds Crossing | 6900 Forest Ave Ste 100 Richmond, VA 23230-3230 (804) 893-8630 |
| Bremo Ltc Pharmacy | 2002 Staples Mill Rd Richmond, VA 23230-3230 (804) 285-7823 |
| Bremo Pharmacy | 2024 Staples Mill Road Richmond, VA 23230-3230 (804) 288-8361 |
| Bremo Pharmacy @ Henrico Doctors | 1602 Skipwith Rd # 201 Richmond, VA 23229-3229 (804) 285-7730 |
| Buford Road Pharmacy Inc | 2608 Buford Road Richmond, VA 23235-3235 (804) 272-1243 |
| C3 Healthcare Rx | 2026 Dabney Rd Richmond, VA 23230-3230 (804) 321-7500 |
| Family Care Pharmacy Inc | 2576 Gayton Centre Dr Richmond, VA 23228-3238 (804) 740-3300 |
| Fitzgerald Lafayette Pharmacy Inc | 1011 Lafayette Street Richmond, VA 23221-3221 (804) 355-1777 |
| Grove Avenue Pharmacy | 4911 Grove Ave Richmond, VA 23226-3226 (804) 355-3405 |
| Mcguire Park Pharmacy | 2106 East Main Street Richmond, VA 23223-3223 (804) 344-4444 |
| Midlothian Community Pharmacy,LLC | 9550 Midlothian Turnpike Richmond, VA 23235-3235 (804) 229-1408 |
| Partners Pharmacy | 1746 E Parkharm Rd Richmond, VA 23228-3228 (804) 262-2500 |

| Roanoke |
|-------------------|--------------|
| Scottie Pharmacy | 1951 Second Street Richland, VA 24641-4641 (264) 963-0284 |
| Progressive Pharmacy Care | 6605 West Broad St. Suite A Richmond, VA 23230-3230 (804) 322-1590 |
| Rva Pharmacy | 7801 W Broad St Ste 19 Richmond, VA 23294-3294 (804) 528-5589 |
| Rx3 Pharmacy | 11934 W Broad St Richmond, VA 23223-3233 (804) 717-5000 |
| Saint Mary’s Community Pharmacy | 5801 Bremo Rd Richmond, VA 23226-3226 (804) 281-8425 |
| Sitter And Barfoot Veterans Care Center | 1601 Broad Rock Blvd Richmond, VA 23224-3224 (804) 371-8000 |
| Virginia Department Of Health Pharmacy Services | 101 N 14th St Richmond, VA 23219-3219 (804) 786-1652 |
| Virginia Urology, Pc | 9101 Stony Point Dr Richmond, VA 23235-3235 (804) 330-9105 |
| Westwood Behavioral Health Pharmacy Richmond | 107 S 5th St Richmond, VA 23219-3219 (804) 716-7149 |
| Westwood Pharmacy | 5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-1933 |
| Westwood Pharmacy Clinical Services | 5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-3620 |

| Virginia Urology, Pc | 9101 Stony Point Dr Richmond, VA 23235-3235 (804) 330-9105 |
| Westwood Behavioral Health Pharmacy Richmond | 107 S 5th St Richmond, VA 23219-3219 (804) 716-7149 |
| Westwood Pharmacy | 5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-1933 |
| Westwood Pharmacy Clinical Services | 5823 Patterson Ave Richmond, VA 23226-3226 (804) 288-3620 |

| Blue Ridge Cancer Care | 2013 Jefferson St Sw # Fl2 Roanoke, VA 24014-4014 (540) 982-0237 |
| Carilion Clinic Pharmacy | 3534 Electric Rd Roanoke, VA 24018-4018 (540) 632-0262 |
| New Horizons Healthcare Pharmacy | 3716 Melrose Ave Nw Roanoke, VA 24017-4017 (540) 283-2552 |
| Virginia Interventional Pain & Spine Center | 3800 Electric Rd Ste 307 Roanoke, VA 24018-4018 (540) 777-0090 |
| Virginia Veterans Care Center Pharmacy | 4550 Shenandoah Ave Roanoke, VA 24017-4017 (540) 982-2860 |

| Rocky Mount |
|-------------------|--------------|
| Pharmacy Services America | 1165 Franklin St Rocky Mount, VA 24151-4151 (833) 360-5558 |
Pharmacy Services

**Halifax**
- Halifax Pharmacy
  - 4121 Halifax Rd
  - South Boston, Va 24592-4592
  - (434) 575-0511

**South Boston**
- Halifax Ltc Pharmacy
  - 4121 Halifax Rd
  - South Boston, Va 24592-4592
  - (434) 575-6543

**South Chesterfield**
- Colonial Heights Pharmacy
  - 16021 Kairos Rd
  - South Chesterfield, Va 23834-3834
  - (804) 424-4949

**Springfield**
- A&d Pharmacy
  - 6134 Brandon Ave
  - Springfield, Va 22150-2150
  - (703) 644-0060

**Stafford**
- Dans Wellness Pharmacy
  - 418 Garrisonville Rd
  - Stafford, Va 22554-2554
  - (540) 657-0006

**Stanardsville**
- Greene Pharmacy
  - 331 Main Street
  - Stanardsville, Va 22973-2973
  - (434) 985-3424

**Staunton**
- Fishersville Family Pharmacy
  - 16 Gosnell Xing Ste 101
  - Staunton, Va 24401-4401
  - (540) 887-2228

**Suffolk**
- Bennets Creek Pharmacy
  - 3219 Bridge Road
  - Suffolk, Va 23435-3435
  - (757) 483-6966

**Virginia Beach**
- Cundiff Drug Store Inc
  - 119 E Cleveland Ave
  - Virginia Beach, Va 23451-3451
  - (703) 992-8928

**Vienna**
- Vienna Drug Center
  - 150 W Maple Ave
  - Vienna, Va 23974-3974
  - (434) 696-3343
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<th>Area</th>
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<td>Sentara Princess Anne Outpatient Pharmacy</td>
<td>2025 Glenn Mitchell Dr, Virginia Beach, Va 23456-3456</td>
<td>(757) 507-1115</td>
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<tr>
<td>Sentara Rx</td>
<td>800 Independence Blvd Ste 100, Virginia Beach, Va 23455-3455</td>
<td>(757) 252-0975</td>
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<tr>
<td>Urology Of Virginia, PLLC</td>
<td>225 Clearfield Ave, Virginia Beach, Va 23462-3462</td>
<td>(757) 452-3491</td>
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<tr>
<td>Virginia Oncology Associates</td>
<td>1950 Glenn Mitchell Dr Ste 102, Virginia Beach, Va 23456-3456</td>
<td>(757) 368-0437</td>
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<td>Sentara Princess Anne Outpatient Pharmacy</td>
<td>2025 Glenn Mitchell Dr, Virginia Beach, Va 23456-3456</td>
<td>(757) 507-1115</td>
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<tr>
<td>Wakefield Pharmacy</td>
<td>105 Railroad Ave, Wakefield, Va 23888-3888</td>
<td>(757) 899-2551</td>
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<tr>
<td>Wakefield Pharmacy</td>
<td>105 Railroad Ave, Wakefield, Va 23888-3888</td>
<td>(757) 899-2551</td>
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<tr>
<td>Warrenton Pharmacy</td>
<td>870 First Street, Warrenton, Va 23885-3885</td>
<td>(540) 428-7002</td>
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<tr>
<td>Waverly Pharmacy</td>
<td>105 Railroad Ave, Wakefield, Va 23888-3888</td>
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<tr>
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<td>105 Railroad Ave, Wakefield, Va 23888-3888</td>
<td>(757) 899-2551</td>
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<tr>
<td>Waynesboro Pharmacy</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
<td>(540) 949-8211</td>
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<tr>
<td>Waynesboro Pharmacy</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
<td>(540) 949-8211</td>
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<tr>
<td>Fishburne Pharmacy, LLC</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
<td>(540) 949-8211</td>
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<tr>
<td>Fishburne Pharmacy, LLC</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
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<td>Fishburne Pharmacy, LLC</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
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<tr>
<td>Fishburne Pharmacy, LLC</td>
<td>436 S Linden Avenue, Waynesboro, Va 22980-2980</td>
<td>(540) 949-8211</td>
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<tr>
<td>Valley Vital Care</td>
<td>250 N Poplar Ave Ste C, Waynesboro, Va 22980-2980</td>
<td>(540) 569-3463</td>
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<tr>
<td>Valley Vital Care</td>
<td>250 N Poplar Ave Ste C, Waynesboro, Va 22980-2980</td>
<td>(540) 569-3463</td>
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<tr>
<td>Weber City Drug Center</td>
<td>1482 U.S. Highway 23 North Weber City, Va 24290-4290</td>
<td>(276) 386-3482</td>
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<td>Weber City Drug Center</td>
<td>1482 U.S. Highway 23 North Weber City, Va 24290-4290</td>
<td>(276) 386-3482</td>
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<tr>
<td>West Point Pharmacy Inc</td>
<td>1302 Lee Street, West Point, Va 23181-3181</td>
<td>(804) 843-4450</td>
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<tr>
<td>West Point Pharmacy Inc</td>
<td>1302 Lee Street, West Point, Va 23181-3181</td>
<td>(804) 843-4450</td>
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<tr>
<td>White Stone Pharmacy</td>
<td>416 Chesapeake Drive, White Stone, Va 22578-2578</td>
<td>(804) 435-1051</td>
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<tr>
<td>White Stone Pharmacy</td>
<td>416 Chesapeake Drive, White Stone, Va 22578-2578</td>
<td>(804) 435-1051</td>
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<tr>
<td>Williamsburg</td>
<td>Family Care Williamsburg</td>
<td>3900 Windsor Hall Dr, Williamsburg, Va 23188-3188</td>
<td>(757) 220-1621</td>
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<tr>
<td>Williamsburg</td>
<td>Olde Towne Pharmacy Inc</td>
<td>4854 Longhill Road, Williamsburg, Va 23188-3188</td>
<td>(757) 220-8764</td>
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<tr>
<td>Williamsburg</td>
<td>Professional Pharmacy</td>
<td>1302 Mt Vernon Avenue, Williamsburg, Va 23185-3185</td>
<td>(757) 229-3560</td>
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<tr>
<td>Williamsburg</td>
<td>Sentara Williamsburg Reg Medical Center Outpatient Pharmacy</td>
<td>100 Sentara Wy, Williamsburg, Va 23188-3188</td>
<td>(757) 984-8100</td>
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<tr>
<td>Williamsburg</td>
<td>Student Health Service Pharmacy</td>
<td>1 Gooch Drive, Williamsburg, Va 23185-3185</td>
<td>(757) 221-2190</td>
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<td>Williamsburg Drug Inc</td>
<td>The Prescription Shoppe</td>
<td>5223 Monticello Ave Ste C, Williamsburg, Va 23188-3188</td>
<td>(757) 603-1245</td>
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<td>Williamsburg Drug Inc</td>
<td>Virginia Oncology Associates</td>
<td>500 Sentara Cir Ste 203, Williamsburg, Va 23188-3188</td>
<td>(757) 229-2236</td>
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<td>Williamsburg Drug Inc</td>
<td>Williamsburg Drug Inc</td>
<td>240 Mclaws Circle, Williamsburg, Va 23185-3185</td>
<td>(757) 229-1041</td>
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<tr>
<td>Winchester</td>
<td>Rotz Pharmacy</td>
<td>1338 Amherst St, Winchester, Va 22601-2601</td>
<td>(540) 662-8312</td>
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<td>Winchester</td>
<td>Shenandoah Oncology, P C</td>
<td>400 Campus Blvd, Suite 100, Winchester, Va 22601-2601</td>
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Chiropractic Providers

Ingram, Patrick
Maryland Spine Care
517 E Main St
Reisterstown, MD 21136-136
(410) 833-3038

Johnson, Andrew
Johnnon Chiropractic
1126 N Rolling Rd
Catonsville, MD 21228-228
(410) 744-1233

Kalkstein, Blake
Adolph and Kalkstein Chiropractic
200 E Joppa Rd Ste 300
Towson, MD 21286-286
(410) 296-7700

Keen, Brian
MS-CH LLC
901 Eastern Blvd Ste 201
Baltimore, MD 21221-221
(410) 682-5500

Lipman, Howard
Reisterstown Family Chiropractic
11710 Reisterstown Rd Ste 205
Reisterstown, MD 21113-136
(410) 517-2400

Little, Kara
MS-CH LLC
1576 Merritt Blvd Ste 11-B
Dundalk, MD 21222-222
(410) 282-8600
901 Eastern Blvd Ste 201
Baltimore, MD 21221-221
(410) 682-5500

Loomis, Lance
Carney Chiropractic Center
8109 Harford Rd Ste 3
Parkville, MD 21234-234
(410) 882-0720

Maddox, Adam
IDEAL HEALTHCARE
7393 Honeygo Blvd Ste 215
Milford, MD 21236-236
(410) 931-2156

Mahipat, Marlene
Mediquest LLC
5310 Old Court Rd Ste 301
Randallstown, MD 21133-133
(410) 655-8900

Miller, Noelle
Mid Atlantic Spinal Rehab & Chiropractic
9403 Harford Rd Ste 1
Parkville, MD 21234-234
(443) 842-5500

Rosen-Hoffberg Chiropractic
10085 Red Run Blvd Ste 101
Owings Mills, MD 21236-236
(410) 256-9650

Tsui, Kin
Rosen-Hoffberg Rehabilitation and Pain Management Assoc PA
10085 Red Run Blvd Ste 404
Owings Mills, MD 21217-117
(410) 363-2746

Travagline, Dennis
Perry Hall Chiropractic & Physical Therapy
8817 Belair Rd Ste 101
Baltimore, MD 21216-216
(410) 256-9650

Cohen, Lauren
Living Wellness Medical Center
220 W Cold Spring Ln
Baltimore, MD 21210-210
(443) 524-6600

Cohn, Jarrett
Jarrett Chiropractic and Rehab PA
400 W Northern Pkwy
Baltimore, MD 21215-215
(410) 578-1490

Kalb, Cheryl
Whole Body Healthcare LLC
3914 Hickory Ave
Baltimore, MD 21211-211
(410) 662-4476

Kashi, Kayavoo
Kashi Chiropractic & Spinal Rehab PC
1103 N Point Blvd Ste 404
Baltimore, MD 21224-224
(410) 285-2600

Keen, Tamara
MS-CH LLC
2511 Edson Hwy
Baltimore, MD 21213-213
(410) 675-4500

Laub, Silke
Roland Park Chiropractic
6301 N Charles St Ste 1
Baltimore, MD 21212-212
(443) 841-2817

Nolman, James
MS-CH LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600

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MS-CH LLC
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(410) 234-1600

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(410) 234-1600

Nolman, James
MS-CH LLC
2131 Maryland Ave
Baltimore, MD 21218-218
(410) 234-1600
### Chiropractic Providers

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<tr>
<th>Name</th>
<th>Address</th>
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<td><strong>Streckewald, Frederick</strong></td>
<td>Living Wellness Medical Center</td>
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<td><strong>Taylor, Jessica</strong></td>
<td>MS-HC LLC</td>
<td>(410) 234-1600</td>
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<td><strong>Wise, Erica</strong></td>
<td>Mid-Atlantic Spinal Rehab &amp; Chiropractic</td>
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<tr>
<td><strong>Young, Leon</strong></td>
<td>5710 Newbury St Baltimore, MD 21209-209</td>
<td>(410) 305-0664</td>
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<td><strong>Calvert</strong></td>
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<td><strong>Alexander, Daniel</strong></td>
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<td><strong>Collins, Daniel</strong></td>
<td>Collins Chiropractic Center 301 Steele Chas Dr Ste 404</td>
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<td><strong>Ellenbogen, Joshua</strong></td>
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<td><strong>King, Larry</strong></td>
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<td><strong>McDermott, Karen</strong></td>
<td>McDermott Chiropractic Care 141 Main St Ste G Prince Frederick, MD 20678-678 (410) 257-7106</td>
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<td><strong>Smallwood, Lawrence</strong></td>
<td>Alexander Chiropractic Center 14350 Solomons Island Rd Ste 103A Solomons, MD 20688-688 (410) 394-1000</td>
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<td><strong>Carroll</strong></td>
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<td><strong>Ball-Ostophoev, Tracy</strong></td>
<td>Active Health Chiropractic 13079 Old Frederick Rd Sykesville, MD 21784-784 (410) 480-1852</td>
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<td><strong>Bennett, Kathryn</strong></td>
<td>Carroll Chiropractic &amp; Sports Injury Center 330 140 Village Rd Ste 9A Westminster, MD 21157-157 (410) 876-8881</td>
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<tr>
<td><strong>Brown, Kevin</strong></td>
<td>K &amp; S Chiropractic 1311 Londontown Blvd Ste 115 Eldersburg, MD 21784-784 (410) 552-3822</td>
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<td><strong>Langlois, John</strong></td>
<td>John M Langlois DC PA 250 Englur Rd Ste 12 Westminster, MD 21157-157 (410) 848-3355</td>
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<tr>
<td><strong>Lewis, Gregory</strong></td>
<td>Lewis Family Chiropractic Center 463 Malcom Dr Westminster, MD 21157-157 (410) 876-8885</td>
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<td><strong>Norman, James</strong></td>
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<td><strong>Puritz, Allan</strong></td>
<td>Allan H Puritz DC LLC 208 Washington Heights Med Ctr Westminster, MD 21157-157 (410) 848-8022</td>
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<td><strong>Sanson, Scott</strong></td>
<td>K and S Chiropractic 1311 Londontown Blvd Ste 115 Eldersburg, MD 21784-784 (410) 552-3822</td>
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<tr>
<td><strong>Williams, Desiree</strong></td>
<td>Liberty Chiropractic LLC 770 Old Liberty Rd Ste 2 Sykesville, MD 21784-784 (410) 995-8553</td>
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<tr>
<td><strong>Clifford, William</strong></td>
<td>Clifford Chiropractic Center 270 W Main St Elkton, MD 21921-921 (410) 620-4322</td>
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<tr>
<td><strong>Guccione, Gladys</strong></td>
<td>MS-HC LLC 125 E High St Elkton, MD 21921-921 (410) 392-0300</td>
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<td>McDonald Chiropractic 716 N Bridge St Elkton, MD 21921-921 (410) 392-3930</td>
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<td><strong>Beauchamp, James</strong></td>
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<td><strong>Guccione, Gladys</strong></td>
<td>MS-HC LLC 3261 Washington Rd Ste 111 Waldorf, MD 20602-602 (301) 396-9305</td>
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<td><strong>Hoot II, John</strong></td>
<td>Winters Chiropractic &amp; Physical Therapy 29770 Three Notch Rd Charlotte Hall, MD 20622-622 (301) 884-3423</td>
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<tr>
<td><strong>Jackson, Melody</strong></td>
<td>Pro-Perform Spinal Health &amp; Rehab LLC 12070 Old Line Ctr Ste 301 Waldorf, MD 20602-602 (301) 705-7800</td>
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<td>Total Health Medical and Pain Relief Center 12106 Old Line Ctr Waldorf, MD 20602-602 (301) 645-8899</td>
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<td><strong>Winters, Patrick</strong></td>
<td>Winters Chiropractic &amp; Physical Therapy 6750 Crain Hwy Ste G La Plata, MD 20646-646 (301) 934-9762</td>
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<td><strong>Winters, Paul</strong></td>
<td>Winters Chiropractic &amp; Physical Therapy 6750 Crain Hwy Ste G La Plata, MD 20646-646 (301) 392-1082</td>
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<tr>
<td><strong>Anderson, Edward</strong></td>
<td>King Chiropractic of Urbana 3280 Urbana Pike Ste 205 Ijamsville, MD 21754-754 (301) 874-9002</td>
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<tr>
<td><strong>Alexander, Mark</strong></td>
<td>King Chiropractic of Urbana 3280 Urbana Pike Ste 205 Ijamsville, MD 21754-754 (301) 874-9002</td>
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<tr>
<td><strong>Fox, Autumn</strong></td>
<td>Valley Chiropractic 110 Baughmans Ln Ste 200 Frederick, MD 21702-702 (301) 624-0024</td>
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<td><strong>Griswold, Leah</strong></td>
<td>Green Valley Wellness Center 2502 Urbana Pike Ijamsville, MD 21754-754 (301) 865-6534</td>
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<td><strong>Groves, Kelly</strong></td>
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Chiropractic Providers

**Harford**

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<th>Name</th>
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<tr>
<td>Acosta, Keith</td>
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<td>Cesari, Marc</td>
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<td>Davidson III, John</td>
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<td>952 Pulaski Hwy Edgewood, MD 21040-040 (410) 515-6785</td>
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**Howard**

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**Kent**

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<tr>
<td>Kim, Eung Kwon</td>
<td>Kim Chiropractic Clinic 8860 Columbia 100 Pkwy Ste 311 Columbia, MD 21045-045 (410) 715-3500</td>
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**Montgomery**

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<th>Name</th>
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<tr>
<td>Schreppel, Thomas</td>
<td>Schreppler Chiropractic Clinic 7416 Church Hill Rd Chestertown, MD 21620-620 (410) 778-4696</td>
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**Optima Direct Network Providers 5/2019**

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<tr>
<td>Alexander, Mark</td>
<td>King Chiropractic Institute 10154 River Rd Ste 100 Potomac, MD 20854-854 (202) 403-7103</td>
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<td>King Chiropractic PC 19392 Montgomery Village Ave Ste A Gaithersburg, MD 20886-886 (301) 926-5200</td>
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<tr>
<td>Barszcz, Natalia</td>
<td>Rosa Chiropractic &amp; Physical Therapy Center 30 W Gude Dr Ste 375 Rockville, MD 20850-850 (301) 545-0800</td>
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<td>Beech, George</td>
<td>Beech Chiropractic &amp; Ayurvedic Health Centers 8218 Wisconsin Ave Ste 200 Bethesda, MD 20814-814 (301) 951-9000</td>
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<td>Brandolini, Chris</td>
<td>First Chiropractic 11302 Veirs Mill Rd Wheaton, MD 20902-902 (301) 962-7300</td>
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<td>Bui, Thomas</td>
<td>Wheaton Chiropractic, LLC 9801 Georgia Ave Ste 339 Wheaton, MD 20902-902 (301) 962-3500</td>
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<td>Carrillo, Alcides</td>
<td>Carrillo Clinic 317 E Diamond Ave Ste 202 Gaithersburg, MD 20877-877 (301) 977-8595</td>
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<td>Choi, Kunhong</td>
<td>Choi &amp; Koh Chiropractic Clinic LLC 5946 Hubbard Dr Rockville, MD 20852-852 (301) 984-7700</td>
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<td>Cohen, Jeffrey</td>
<td>Maryland Injury Associates 12020 Georgia Ave Ste D Silver Spring, MD 20902-602 (301) 949-2009</td>
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<td>Cornfield, Alan</td>
<td>Smart Medical and Rehab Therapy 2730 University Blvd W Ste 500 Silver Spring, MD 20902-902 (301) 585-2225</td>
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<tr>
<td>Smart Medical and Rehab Therapy-Gaithersburg 811 Russell Ave Ste B Gaithersburg, MD 20879-879 (301) 585-2225</td>
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<td>Smart Medical and Rehab Therapy-Takoma 7676 New Hampshire Ave Ste 312 Takoma Park, MD 20912-912 (301) 439-9250</td>
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<td>Cradic, David</td>
<td>Altacare Chiropractic and Rehabilitation 8701 Georgia Ave Ste 507 Silver Spring, MD 20910-910 (301) 608-1545</td>
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<td>Cramer, Michael</td>
<td>Cramer Chiropractic &amp; Rehabilitation 12850 Middlebrook Rd Ste 209 Germantown, MD 20874-874 (301) 972-9191</td>
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<td>Crivelli II, Louis</td>
<td>Bethesda Spine Rehab 10215 Fernwood Rd Ste 630 Bethesda, MD 20817-817 (301) 652-7717</td>
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<td>Dalton-Sheridan, Dorothy</td>
<td>Stand Corrected Chiropractic 15968 Shady Grove Rd Gaithersburg, MD 20877-877 (301) 330-2000</td>
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<td>Davis, Jonathan</td>
<td>Dr Jonathan Davis 16065 Comprint Cir Gaithersburg, MD 20877-877 (301) 963-6700</td>
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<td>Do, Connie</td>
<td>Solace Pain Management &amp; Rehabilitation LLC 14801 Physicians Ln Ste 171C Rockville, MD 20850-850 (301) 251-5700</td>
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<td>Gershater, Evan</td>
<td>Langley Park Back &amp; Pain Clinic 7505 New Hampshire Ave Ste 209 Takoma Park, MD 20912-912 (301) 431-2225</td>
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<td>Gibson, Michael</td>
<td>Acute Spine Therapy &amp; Rehab 20 Montgomery Village Ave Ste A Gaithersburg, MD 20879-879 (301) 977-0640</td>
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<td>7659 New Hampshire Ave Takoma Park, MD 20912-912 (301) 215-7776</td>
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Chiropractic Providers

Groves, Kelly
King Chiropractic
23214 Brewers Tavern Way
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(301) 745-2151

Haendler, Norman
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Lohr, Grace
Dr Grace Lohr
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Cashae Spine and Sports LLC
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Spencer, Seth
Spencher Chiropractic and Physical Therapy
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(301) 216-2222

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Kensington, MD 20895-895
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Prince George's

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(301) 585-2225

Civelli II, Louis
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(301) 474-5505

Optima Direct Network Providers 5/2019
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Krol, Kelly
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Greenbelt, MD 20770-770
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Liebling, Michael
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Laurel, MD 20707-707
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Norani, Hamed
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Oxon Hill, MD 20745-745
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Rosa, Ricky
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(301) 316-2111

Scott, Everett
Pro Perform Spinal Health & Rehab, LLC
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(301) 705-7880

Takashor, Hooman
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Twumasi-Ankrah, Theresa
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Wilkins, Chryssie
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Winston, Jeffrey
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Winters, Patrick
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Leonardtown, MD 20650-650
(301) 880-7212

Winters, Paul
Winters Chiropractic & Physical Therapy
40900 Merchants Ln Ste 101
Leonardtown, MD 20650-650
(301) 880-7212

Winston, LaNae
Kent Island Chiropractic and Rehabilitation
116 S Piney Rd Ste 110
Chester, MD 21619-619
(443) 249-3168

Wokich, Alicia
Kovach Chiropractic and Wellness Center
430 Kent Narrow Way N
Grasonville, MD 21638-638
(410) 697-3566

Mcleroy, Morgan
Kovach Chiropractic and Wellness Center
116 S Piney Rd Ste 110
Chester, MD 21619-619
(443) 249-3168

Saint Mary’s
Alexander, Daniel
Alexander Chiropractic Center
22930 Three Notch Rd
California, MD 20619-619
(301) 737-4007

Saint Michael’s
Green, Jacob
Grimsley Chiropractic Services PC
22780 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Green, Megan
Henry Chiropractic & Wellness Center
22780 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Grimsley, Gary
Henry Chiropractic and Wellness Center
22780 Three Notch Rd
Lexington Park, MD 20653-653
(301) 737-0662

Ranieli, Brenna
Brenna Bacon Ranieli DC LLC
1329 Pennsylvania Ave
Hagerstown, MD 21742-742
(301) 739-4878

Washington
Gamerman, Marc
Marc M Gamerman DC
89 W Lee St
Hagerstown, MD 21740-740
(301) 797-3737

Gift, William
William D Gift, DC, DABFP, DABCC, CHCQM
1120 Opal Ct
Hagerstown, MD 21740-742
(301) 739-4878

Wicomico
Fenery, Terrance
Multi-Specialty HealthCare
701 E Naylor Mill Rd Ste K
Salisbury, MD 21804-804
(410) 572-4231

Worcester
Kernan, Sarah
Optimal Health Chiropractic
9956 N Main St Ste 4
Berlin, MD 21811-811
(410) 629-1845

Michael, Jeffery
Optimal Health Chiropractic
9956 N Main St Ste 4
Berkeley, MD 21111-811
(410) 629-1845

Optima Direct Network Providers 5/2019 476

Optima Health
Chiropractic Providers

Lindsey, Nicole
Back in Balance
1089 Hendersonville Rd
Asheville, NC 28803-803
(828) 274-9799

Nance, Mark
Weaverville Chiropractic
169 N Main St
Weaverville, NC 28787-787
(828) 645-2526

Randall, Eric
Comprehensive Chiropractic
1218 Hendersonville Rd
 Asheville, NC 28803-803
(828) 277-7000

Siegel, Clayton
Siegel Chiropractic
36 14th Ave NE Ste 101
Conover, NC 28613-613
(828) 681-5681

Burke

Reynolds, Paula
Reynolds Family Wellness Center
158 E Main St
Valdese, NC 28690-690
(828) 874-6292

Cabarros

Burgess Sr, Bradford
Burgess Chiropractic Clinic
123 S Main St
Kannapolis, NC 28081-081
(704) 933-2225

Cook, Jeffrey
Cook Chiropractic
1715 S Main St
Kannapolis, NC 28081-081
(704) 938-7111

Landers, Michael
Highland Creek Chiropractic PLLC
10030 Edison Square Dr
NW Ste 203
Concord, NC 28027-027
(704) 948-6453

Lawrence, Cheryl
Caring Chiropractic
1096 Concord Pkwy N Ste 5
Concord, NC 28027-027
(704) 793-1405

Lemaster, Leanna
Highland Creek Chiropractic PLLC
10030 Edison Square Dr
NW Ste 203
Concord, NC 28027-027
(704) 948-6453

Carteret

Graham, James
Graham and Randles Chiropractic Corp
601 Cedar St Ste D
Beaufort, NC 28516-516
(252) 838-8810

Catawba

David Jr, Richard
Conover Chiropractic Center
408 1st Ave S
Conover, NC 28613-613
(828) 464-7791

Sheppard, Richard
Wellness One of Hickory
36 14th Ave NE Ste 101
Hickory, NC 28601-601
(828) 324-4660

Chatham

Lommel, Kenneth
Lommel Chiropractic PLLC
517 N 2nd Ave
Siler City, NC 27344-344
(919) 663-3137

Columbus

Baldwin, Pamela
Whiteville Chiropractic Center
1424 S JK Powell Blvd Ste D
Whiteville, NC 28472-472
(910) 642-1111

Craven

Axelson, Thomas
Axelson Chiropractic Health Center PA
901 Newman Rd
New Bern, NC 28562-562
(252) 633-3334

Carraway, Christopher
Carraway Chiropractic
2507 Neuse Blvd
New Bern, NC 28562-562
(252) 636-2900

Cumberland

Walker, Richard
Walker Chiropractic Center
3600 Raeford Rd
Fayetteville, NC 28303-309
(910) 483-7704

Davidson

Jackson, Rick
Jackson Clinic of Chiropractic PLLC
630 National Hwy
Thomasville, NC 27360-360
(336) 475-8157

Durham

Hutcheson, Alan
Chiropractic Health Solutions
1920 E NC Highway 54 Ste 240
Durham, NC 27713-713
(919) 544-3715

Peterson, Erick
Peterson Chiropractic
816 Broad St Ste A
Durham, NC 27705-705
(919) 286-7202

Presas Jr, Arturo
Chiropractic Partners of Durham
5007 Southpark Dr Ste 130
Durham, NC 27713-713
(919) 572-2312

Washington Jr Jr, Edward
Broad Street Chiropractic
623 Broad St
Durham, NC 27705-705
(919) 286-9430

Forsyth

Sides, Ricky
Sides Chiropractic
1570 Westbrook Plaza Dr
Winston-Salem, NC 27103-103
(336) 774-0209

Sykes, Susan
Advance Chiropractic & Health Center
2505 Neudorf Rd
Clemmons, NC 27012-012
(336) 766-0888

Gaston

Bannon, Timothy
Bannon Chiropractic
411 E Franklin Blvd
Gastonia, NC 28054-054
(704) 864-7774

Dibella, Kevin
Dibella Chiropractic Canton
528 Union Rd
Gastonia, NC 28054-054
(704) 867-1010

Gregory, Matthew
Gregory Chiropractic Center
611 N Central Ave
Belmont, NC 28012-012
(704) 829-9200

Guilford

Edgerton, Michael
Salama Chiropractic Center
1501 Eastway Dr Ste A
Greensboro, NC 27408-408
(336) 540-1040

Rudolf, Damien
Healing Hands Chiropractic
1900 W Cornwallis Dr Ste C
Greensboro, NC 27408-408
(336) 235-4530

Stroud Jr, Robert
Stroud Chiropractic
2304 Archdale Rd
Archdale, NC 27263-263
(336) 434-2107

Sykes, Susan
Dr Susan Sykes
505 Greenside Dr
Greensboro, NC 27410-410
(336) 990-2114

Haywood

Gibson Sr, Craig
Haywood Chiropractic
136 Waynesville Pkz Ste 1
Waynesville, NC 28786-786
(828) 456-5700

Henderson

Silva, Joseph
Henderson Chiropractic
503 Kanuga Rd Ste 10
Hendersonville, NC 2879-759
(828) 696-2455

Hoke

Santangelo, Anthony
Family Chiropractic
751 S Main St
Raeford, NC 28736-376
(910) 875-2500

Iredell

Binder, Steven
Binder Chiropractic PA
414 E Front St
Statesville, NC 28677-677
(704) 873-2831

Draper, Gary
Back 2 Back Chiropractic
206 Joe Knox Ave Ste C
Mooresville, NC 28117-117
(704) 799-7999

Johnston

Ferez, Nicholas
Nicholas Chiropractic Partners
501 Gateway Dr Ste 103
Clayton, NC 27520-520
(919) 550-9355

Lenoir

Sylvia Jr, James
Sylvia Chiropractic Center
2601 N Hermitage St
Kinston, NC 28501-501
(919) 679-2600

Mecklenburg

Anderson, Eric
Anderson Family Chiropractic PLLC
9205 University Exec Park Dr Ste 110
Charlotte, NC 28262-262
(704) 549-1181

Bergquist, Bren
United Sports Solutions
8936 N Pointe Executive
Park Dr Ste 195
Huntersville, NC 28078-078
(704) 237-4301

Bilstein, William
Advanced Health and Pain Relief Center PA
2305 E WT Harris Blvd Ste 102
Charlotte, NC 28213-213
(704) 921-0505

Bowman, Latanya
Discovery Chiropractic and Wellness Center PLLC
11925 Sam Roper Dr Ste A
Charlotte, NC 28269-269
(704) 946-2054

DeMaine, Stephen
DeMaine Chiropractic
504 Eastway Dr
Charlotte, NC 28205-205
(704) 372-6960

Dunnigan, Jeffrey
Dunnigan Chiropractic
1728 Maple Oak Dr
Charlotte, NC 28270-270
(216) 291-2100

Harrill, Elizabeth
Grant Chiropractic
11025 Monroe Rd Ste G
Matthews, NC 28105-105
(704) 845-5150

Hozjan, Jeremy
Park Road Health and Wellness Inc
1400 Park Rd Ste 380
Charlotte, NC 28209-209
(704) 523-2367

Hunt Sr, Tunis
Hunt Clinic of Chiropractic
9422 S Tryon St
Charlotte, NC 28273-273
(704) 588-1792

Kicos, John
Kicos Chiropractic Inc
19810 W Catawba Ave Ste B
Cornelius, NC 28031-031
(704) 895-3203

Marco, Stephen
Marco Chiropractic PLLC
16607 Riverstone Way Ste 100
Charlotte, NC 28277-277
(704) 341-4118

Mason, Robert
Active Life Chiropractic
7940 Williams Pond Ln Ste 213
Charlotte, NC 28277-277
(980) 406-3862

Schoen, Dennis
Idlewild Chiropractic
3525 Matthews Mint Hill Rd
Matthews, NC 28105-105
(704) 847-3335

Optima Direct Network Providers 5/2019 477
## Chiropractic Providers

### Cassis, Jeffrey
Alexandria Chiropractic Center
101 S Whiting St Ste 207
Alexandria, VA 22304-304
(703) 370-5353

### Rosa, Ricky
Rosa Family Chiropractic of Alexandria
5249 Duke St Ste 301
Alexandria, VA 22304-304
(703) 750-1177

### Augustan
Roehl, Gary
Roeh Family Chiropractic
631 Greenville Ave
Staunton, VA 24401-401
(540) 886-0200

### Caroline
McDonnell, Ryan
Caroline Chiropractic
1528 Volvo Pkwy Ste C
Richmond, VA 23220-320
(804) 487-5699

### Chesapeake City
Block, David
Dr Block Family Chiropractic
1108 Madison Plz
Chesapeake, VA 23320-320
(757) 436-5428

### Destro, Jared
Destro Chiropractic
11936A Centre St
Chester, VA 23831-831
(804) 748-4800

### Friedman, Stuart
Dr Stuart Freedman
13817 Village Mill Dr Ste K
Midlothian, VA 23114-114
(757) 725-0612

### Matthews, Melody
Total Healing Experience Group LLC
235 Wadsworth Rd
North Chesterfield, VA 23232-236
(804) 396-6420

### Munyat-Donnelly, Kelly
Wellness First Integrative Health Center
15871 City View Dr Ste 140
Midlothian, VA 23113-113
(804) 897-5478

### Purvis, Lillian
Purvis Chiropractic PC
3076 Stony Point Rd
Richmond, VA 23225-235
(804) 323-1589

### Northwestern
Huffman, Tate
Core Integrated Health and Chiropractic PLLC
224 Carlson Rd Ste 2
Chesapeake, VA 23322-302
(757) 525-9900

### Northwestern
Kensinger, Richard
Advanced Health Center
3020 Pershing Dr Ste 100
Arlington, VA 22203-100
(703) 243-7878

### Northern Virginia
Masri, Samer
Seminole Total Health
233 Hydraulic Ridge Rd Ste 102
Arlington, VA 22201-201
(703) 820-2111

### Optima Direct Network Providers 5/2019

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### Alexandria City
Brown, Jeffrey
Alexandria Chiropractic Center
101 S Whiting St Ste 207
Alexandria, VA 22304-304
(703) 370-5353

### Arlington
Davis, Steven
NOVA Pain & Rehab Center
2955 S Glebe Rd Ste E
Arlington, VA 22204-204
(703) 535-8887

### Augusta
Avery, Akae
Avery Wellness And Rehab
611 S Carlin Springs Rd Ste 508
Arlington, VA 22204-204
(703) 820-2111

---

### Charlottesville City
Eng, Sarah-Anne
Balance Chiropractic & Physical Therapy
608 Preston Ave Ste 100
Charlottesville, VA 22903-902
(434) 293-3800

---

### Chesterfield
Ambrose, Douglas
Richardson Chiropractic Inc
535 Southlake Blvd
North Chesterfield, VA 23226-336
(804) 897-6130

---

### Richmond
Barnett, Kayla
Harbour Pointe Chiropractic & Wellness Center LLC
6003 Harbour Park Dr
Midlothian, VA 23112-112
(804) 739-7700

---

### Roanoke City
Corbelli, Mark
Chesterfield Chiropractic Center
11506 Alliegngie Pkwy Ste 1B
North Chesterfield, VA 23225-235
(804) 897-0965

---

### Stafford
Fodrell, Ginger
Better Bodies Chiropractic PC
1570 Early Settlers Rd
North Chesterfield, VA 23225-235
(804) 330-9830

---

### Virginia
Freedman, Stuart
Dr Stuart Freedman
13817 Village Mill Dr Ste K
Midlothian, VA 23114-114
(757) 725-0612

---

### Virginia
Matthes, Melody
Total Healing Experience Group LLC
235 Wadsworth Rd
North Chesterfield, VA 23232-236
(804) 396-6420

---

### Virginia
Munyat-Donnelly, Kelly
Wellness First Integrative Health Center
15871 City View Dr Ste 140
Midlothian, VA 23113-113
(804) 897-5478

---

### Virginia
Purvis, Lillian
Purvis Chiropractic PC
3076 Stony Point Rd
Richmond, VA 23235-235
(804) 323-1589

---

### Virginia
Schapowal, Nick
Orthord Square Chiropractic
1528 Volvo Pkwy Ste C
Chesapeake, VA 23320-320
(757) 547-1110

---

### Virginia
Ward, Eric
NOVA Pain & Rehab Center
2955 S Glebe Rd Ste E
Arlington, VA 22204-204
(703) 535-8887

---

### Virginia
Wheeler, Terry
Gillenwater Chiropractic Center
111 Commonwealth Ave
Bristol, VA 24201-201
(757) 525-5800

---

### Virginia
Yousef, Mohammad
Pershing Chiropractic & Sports Rehab
3020 Pershing Dr Ste 204
Arlington, VA 22201-201
(703) 525-5800

---

### Virginia
Ziegler, Louis
Advanced Health Center
46 S Glebe Rd Ste 100
Arlington, VA 22204-204
(703) 521-0644

---

### Virginia
Buchanan
VanDyke, Bradley
VanDyke Chiropractic PC
1779 Lovers Gap Rd
Vansant, VA 24656-322
(757) 597-8387

---

### Virginia
Campbell
Easing, Susan
Dr Susan L Easing PC
460 Village Hwy Ste A
Rustburg, VA 24588-588
(434) 332-3103

---

### Virginia
Caroline
McDonnell, Ryan
Caroline Chiropractic
1528 Volvo Pkwy Ste C
Chesapeake, VA 23320-320
(804) 487-5699

---

### Virginia
Botetourt
Austin, William
Spinal Care Center
2900 Peters Creek Rd
Roanoke, VA 24019-019
(540) 566-0200
### Chiropractic Providers

<table>
<thead>
<tr>
<th>City</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Danville</td>
<td>Tate, Frank</td>
<td>384 Watson St</td>
<td>(434) 792-1630</td>
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<tr>
<td>Richmond</td>
<td>Bover, Peter</td>
<td>Rehob of Nothern VA</td>
<td>(703) 726-9311</td>
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<tr>
<td>Fairfax</td>
<td>Andolina, Nicholas</td>
<td>9554 Old Keene Mill Rd Ste D</td>
<td>(703) 437-8195</td>
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<tr>
<td>Culpeper</td>
<td>Brooks, David</td>
<td>767 Madison Rd Ste 101</td>
<td>(540) 825-5491</td>
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<tr>
<td>Colonial Heights</td>
<td>Andrews, Daniel</td>
<td>Andrews Wellness Center</td>
<td>(540) 825-5491</td>
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<td></td>
<td>Brooks, Jonathan</td>
<td>RidgeLine Physician Services</td>
<td>(540) 520-2746</td>
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<td></td>
<td>Goodfield, Raymond</td>
<td>Chiropractic Office of Physical Medicine</td>
<td>(540) 520-2746</td>
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<td>Hess, Brian</td>
<td>Hess Chiropractic Center</td>
<td>(540) 825-8867</td>
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<td></td>
<td>Hill, Isaac</td>
<td>Hill Chiropractic Clinic</td>
<td>(434) 797-4455</td>
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<td>Knight, Christopher</td>
<td>Joel Knight Chiropractic LLC</td>
<td>(703) 293-2937</td>
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<td>Armstrong, Elliott</td>
<td>Fairfax Convenient Care</td>
<td>(703) 849-0900</td>
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<td>Azad, Amireza</td>
<td>Home Health Chiropractic</td>
<td>(703) 662-3238</td>
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<td>Barnes, John</td>
<td>Barnes Chiropractic Health &amp; Fitness</td>
<td>(703) 803-8966</td>
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<td></td>
<td>Barnhart, Jessica</td>
<td>Andolina Chiropractic &amp; Rehab</td>
<td>(703) 372-5151</td>
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<td>Bazzaronne, Lee</td>
<td>Vienna Oaks Chiropractic Center</td>
<td>(703) 938-9300</td>
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<td></td>
<td>Becker, Bruce</td>
<td>Bruce D Becker DC PC</td>
<td>(703) 260-5808</td>
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<td></td>
<td>Bedi, Dalbir</td>
<td>Virginia Pain And Wellness Center</td>
<td>(571) 926-8918</td>
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<td></td>
<td>Boyer, Peter</td>
<td>Chiropractic Care and Rehab of Nothern VA</td>
<td>(703) 664-9311</td>
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<td>Byer, Elana</td>
<td>Byer Chiropractic</td>
<td>(703) 293-2937</td>
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<td>Cathell, Thomas</td>
<td>United Wellness Center</td>
<td>(703) 437-8195</td>
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<td>Andolina, Nicholas</td>
<td>Andolina Chiropractic &amp; Rehab</td>
<td>(703) 437-8195</td>
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<td>Cho, Jong Seung</td>
<td>Active Care Chiropractic &amp; Acupuncture</td>
<td>(703) 359-8822</td>
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<td></td>
<td>Chow, William</td>
<td>Boone Wellness</td>
<td>(703) 448-6928</td>
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<td>Chu, Eric</td>
<td>Chiropractic Wellness Center</td>
<td>(703) 322-0068</td>
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<td>Collins, David</td>
<td>Old Dominion Chiropractic</td>
<td>(703) 760-7606</td>
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<td>Collins, Kristina</td>
<td>Old Dominion Chiropractic</td>
<td>(703) 760-7606</td>
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<td>Czakaj, Brandon</td>
<td>Health and Rehab Chiropractic LLC</td>
<td>(703) 533-5555</td>
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<td></td>
<td>Davis Jr, Gary</td>
<td>Davis Elite Enterprise</td>
<td>(703) 877-0787</td>
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<td>DeRose, Michael</td>
<td>Commonwealth Chiropractic</td>
<td>(703) 893-6388</td>
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<td>Farnoudi, Tanazz</td>
<td>Andolina Chiropractic &amp; Rehab</td>
<td>(703) 372-7856</td>
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<td>Fisher, Forrest</td>
<td>United Wellness Center</td>
<td>(703) 865-5899</td>
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<td>Geer, James</td>
<td>Geer Services LLC</td>
<td>(703) 429-4622</td>
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<td>Harman, Kenneth</td>
<td>Apollo Health Center</td>
<td>(703) 327-1544</td>
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<td>Holmes Jr, Lloyd</td>
<td>Virginia Total Rehab LLC</td>
<td>(703) 971-4600</td>
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<td></td>
<td>Huyhn, Hoi (Peter)</td>
<td>Spinal Health Group</td>
<td>(703) 417-9557</td>
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<td>Kim, Eung Kwon</td>
<td>Kim Chiropractic Clinic</td>
<td>(703) 864-5900</td>
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<tr>
<td></td>
<td>Lee, Chang-Ha</td>
<td>Omnispine Chiropractic &amp; Rehab Clinic</td>
<td>(703) 742-7856</td>
</tr>
<tr>
<td></td>
<td>Lee, Hyung</td>
<td>LoveSpine Chiropractic Clinic II</td>
<td>(703) 644-5900</td>
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<td></td>
<td>Lee, Rebecca</td>
<td>ACN Wellness</td>
<td>(703) 729-5600</td>
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<td></td>
<td>Levy, Steven</td>
<td>Commonwealth Chiropractic</td>
<td>(703) 327-9773</td>
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<td>Lovaglio, Francesca</td>
<td>South Riding Family Chiropractic Center</td>
<td>(703) 327-9773</td>
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<td>Lovaglio, Rosa</td>
<td>South Riding Family Chiropractic Center</td>
<td>(703) 327-9773</td>
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<td></td>
<td>Luciano, Jaime</td>
<td>Kingston Family Chiropractic</td>
<td>(703) 417-9557</td>
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<td>Mankooei, Shadya</td>
<td>Commerce Chiropractic Center</td>
<td>(703) 644-5900</td>
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<td>Mclahlung, Neil</td>
<td>Commonwealth Chiropractic Center of Reston PC</td>
<td>(703) 742-7856</td>
</tr>
<tr>
<td></td>
<td>Miller, Mark</td>
<td>Miller Chiropractic of Fair Oaks PC</td>
<td>(703) 352-0706</td>
</tr>
</tbody>
</table>

**Optima Direct Network Providers 5/2019**

480

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**Note:** The above information is a sample and is not intended to be exhaustive. It represents a selection of chiropractic providers located in various cities. For comprehensive and up-to-date information, please refer to the provider's official resources.
# Chiropractic Providers

| Nguyen, Vu | Executive Park Chiropractic and Acupuncture | 8500 Executive Park Ave Ste 308 | Fairfax, VA 22031-031 | (703) 810-3311 |
| Norris, George | South Riding Family Chiropractic Center | 4229 Lafayette Center Dr Ste 1900 | Chantilly, VA 20151-151 | (703) 327-9773 |
| Oliver, Christopher | Oliver Chiropractic and Acupuncture | 208 Elen St | Herndon, VA 20170-170 | (703) 904-8528 |
| Park, Cheon Gyu | Active Care Chiropractic & Acupuncture | 10680 Main St Ste 275 | Fairfax, VA 22030-030 | (703) 539-8822 |
| Reid, Laura | Alexandria Medical Center | 256 Huntington Ave Ste 250 | Alexandria, VA 22303-303 | (703) 492-8871 |
| Rhyu, Paul | Dr Paul H Rhyu DC OMD PC | 9401 Mathy Dr Ste 1F | Fairfax, VA 22031-031 | (703) 359-7272 |
| Suda, Lydia | 14701 Lee Hwy Ste 204 | Centreville, VA 20121-121 | (703) 543-4810 |
| Rosa, Ricky | Rosa Family Chiropractic LLC | 8191 Strawberry Ln Ste 6 | Falls Church, VA 22042-042 | (703) 876-5600 |
| Schaefer, David | Dynamic Rehab and Spine | 4290 Sullyfield Cir Ste 100 | Chantilly, VA 20151-151 | (703) 378-0908 |
| Seiler, Stuart | Fairfax Chiropractic Center | 9920 Main St | Fairfax, VA 22031-031 | (703) 591-0220 |
| Shields, Duncan | Hands-on Health LLC | 9567 Braddock Rd | Fairfax, VA 22032-032 | (703) 621-7148 |
| Singh, Devinder | Spine and Laser Center | 203 Elder St Ste 301 | Herndon, VA 20170-170 | (703) 464-5597 |
| Snyder, Steven | Capstone Chiropractic LLC | 2579 John Milton Dr Ste 220 | Herndon, VA 20171-171 | (703) 657-0066 |
| Song, Young | Carefree Land Chiropractic | 13890 Braddock Rd Ste 200 | Centreville, VA 20121-121 | (703) 830-4422 |
| Stanton, Peter | Burke Spine Center | 5631 Burke Centre Pkwy Ste J | Burke, VA 22015-015 | (703) 250-1601 |
| Suleman, Shana | Franconia Chiropractic Center | 6155 Fuller Ct Ste 2 | Alexandria, VA 22310-310 | (703) 921-0008 |
| Verma, Vishal | Integrated Healthcare Centers | 13135 Lee Jackson Memorial Hwy Ste 202 | Fairfax, VA 22033-033 | (703) 272-4533 |
| Ward, Kevin | Ward Chiropractic and Rehabilitation | 10515 Braddock Rd Ste B | Fairfax, VA 22032-032 | (703) 672-1661 |
| Wubante, Eden | Painfree Chiropractic Rehab | 6121 Lincolnia Rd Ste 100 | Alexandria, VA 22312-312 | (703) 270-0920 |
| Yared, Carole | Rosa Family Chiropractic LLC | 8191 Strawberry Ln Ste 6 | Falls Church, VA 22042-042 | (703) 876-5600 |
| Young, Scott | Young Chiropractic and Rehab | 10640 Eaton Pl Ste 410 | Fairfax, VA 22030-030 | (703) 246-0025 |
| Young Chiropractic and Sports Rehab | 510 W Annandale Rd Ste 300 | Falls Church, VA 22046-046 | (703) 600-8208 |
| Verma, Vishal | Integrated Healthcare Centers | 13135 Lee Jackson Memorial Hwy Ste 202 | Fairfax, VA 22033-033 | (703) 272-4533 |
| Wubante, Eden | Painfree Chiropractic Rehab | 6121 Lincolnia Rd Ste 100 | Alexandria, VA 22312-312 | (703) 270-0920 |
| Yared, Carole | Rosa Family Chiropractic LLC | 8191 Strawberry Ln Ste 6 | Falls Church, VA 22042-042 | (703) 876-5600 |
| Young, Scott | Young Chiropractic and Rehab | 10640 Eaton Pl Ste 410 | Fairfax, VA 22030-030 | (703) 246-0025 |

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| Falls Church City | | | | |
| Brooks, Joshua | Brooks Chiropractic and Rehab | 101 W Broad St Ste 530 | Falls Church, VA 22046-046 | (703) 536-4800 |
| Peril, Theodore | Falls Church Chiropractic | 803 W Broad St Ste 240 | Falls Church, VA 22046-046 | (703) 533-7707 |
| Young, Scott | United Wellness and Sports Rehab | 510 W Annandale Rd Ste 300 | Falls Church, VA 22046-046 | (703) 600-8208 |

---

| Frederick | | | | |
| Doeper, John | Capitol Rehab of Winchester PLLC | 230 Costello Dr Ste 1 | Winchester, VA 22602-602 | (540) 665-4444 |

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| Hanover | | | | |
| Bogdan Jr, Walter | Arvia Family Chiropractic Center | 9535 Kings Charter Dr | Ashland, VA 23005-005 | (804) 550-0780 |
| Dubats, Steven | Chiropractic First & Acupuncture | 7281 Hanover Green Dr Ste 2 | Mechanicsville, VA 23111-111 | (804) 746-7277 |

---

| Harrisonburg City | | | | |
| Bandur, Lisa | Health 4 Life | 320 Neff Ave | Harrisonburg, VA 22801-801 | (540) 433-2638 |
| Bompiani, Larry | Bompiani Chiropractic Center | 861 Martin Luther King Jr Way Ste C | Harrisonburg, VA 22801-801 | (540) 434-5544 |
| Da Ponte, Dennis | Chiropractic Solutions PLLC | 171 F Neff Ave | Harrisonburg, VA 22801-801 | (540) 432-5577 |
| Glazer, David | Nieder Chiropractic & Rehab | 620 Neff Ave Ste 100 | Harrisonburg, VA 22801-801 | (540) 434-6400 |
Chiropractic Providers

Hollar, Jeffrey  
Hollar Chiropractic Rehabilitation  
2505 Evelyn Byrd Ave Ste B  
Richmond, VA 23220-801  
(804) 574-6166

King, Keith  
Dr King Chiropractic  
320 Neff Ave  
Richmond, VA 23220-801  
(804) 433-2638

Nieder, Todd  
Nieder Chiropractic & Rehab  
620 Neff Ave Ste 100  
Richmond, VA 23220-801  
(804) 434-6400

Wright, Raymond  
Harbugh Chiropractic Center Inc  
182 Neff Ave Ste W7  
Richmond, VA 23220-801  
(540) 432-6842

Bauman, Andrew  
Chiropractic Centers of Short Pump  
3057 Lauderdale Dr  
Richmond, VA 23223-233  
(804) 360-2447

Bogdan Jr, Walter  
Ariya Family Chiropractic Center  
10168 W Broad St  
Glen Allen, VA 23060-060  
(804) 270-5700

Bogdan Jr, Walter  
Ariya Family Chiropractic Center  
10168 W Broad St  
Glen Allen, VA 23060-060  
(804) 270-5700

Griffith Family  
Chiropractic Center  
10170 Staples Mill Rd Ste C  
Glen Allen, VA 23060-060  
(804) 501-2280

Gregory, Nelson  
Integrate Physical Therapy  
5317 A Lakeside Ave  
Henrico, VA 23228-228  
(804) 303-4961

Richmond Chiropractic Solutions  
2004 Bremo Rd Ste 101  
Richmond, VA 23226-226  
(804) 288-0582

Griffith Jr, Lawrence  
Griffith Family  
Chiropractic Center  
2103 E Parham Rd Ste 100  
Richmond, VA 23226-228  
(804) 501-2280

Hall Jr, John  
Back Care Specialist  
3811 Chamberlayne Ave  
Richmond, VA 23227-227  
(804) 321-7756

Hegedus, Charles  
Hegedus Chiropractic Life Inc  
3199 Staples Mill Rd Ste 2E  
Richmond, VA 23228-222  
(804) 672-1222

Lykins, Michelle  
Lykins Chiropractic Center  
1811 Raintree Dr  
Richmond, VA 23228-238  
(804) 741-4433

Mayer, Leonard  
Capitol Rehab of Richmond PC  
1601 Willow Lawn Dr Ste 3A  
Richmond, VA 23220-230  
(804) 284-4400

McElrland, James  
Chiropractic Centers of Short Pump  
3037 Lauderdale Dr  
Richmond, VA 23223-233  
(804) 360-2447

Nguyen III, Thi  
West End Health & Rehab Clinic  
6410 Rigsby Rd  
Richmond, VA 23226-226  
(804) 334-1654

Olson, Kurt  
Olson Chiropractic Center  
8605 Mayland Dr  
Richmond, VA 23294-294  
(804) 527-1717

Rulli, Nicholas  
Rulli Chiropractic Clinic  
7503 Brook Rd  
Richmond, VA 23227-227  
(804) 261-6685

Shaw, Scott  
Shaw Chiropractic Center  
10486 Ridgefield Pkwy Ste 16  
Richmond, VA 23223-233  
(804) 741-3068

Spagnolo, Michael  
Glen Allen Chiropractic & Acupuncture Center  
11535 Nuckols Rd Ste D  
Glen Allen, VA 23059-059  
(804) 747-5464

VANWAGNER, SCOTT  
Ti-Ad Chiropractic LLC  
10857 W Broad St  
Glen Allen, VA 23060-060  
(804) 270-3000

Winston, Aaron  
Winston Chiropractic Care  
1175 Ridgefield Pkwy Ste 103  
Richmond, VA 23223-233  
(804) 754-2380

Hill, Mathew  
Hill Chiropractic Center  
1141 Memorial Blvd  
Martinsville, VA 24112-112  
(276) 632-3334

Stark, Glenn  
Martinsville Chiropractic Center Inc  
425 Commonwealth Blvd  
Martinsville, VA 24112-112  
(276) 632-2226

Bradshaw, Jeanelle  
Loudoun Family Chiropractic  
602 S King St Ste 301  
Leesburg, VA 20175-175  
(703) 632-2226

Brassfield, Keith  
Clegg Chiropractic PC  
225 Loudoun St SE  
Leesburg, VA 20175-175  
(703) 777-8884

Broussard, Aloysius  
Ashburn Chiropractic and Rehab Center  
44121 Harry Byrd Hwy Ste 125  
Ashburn, VA 20147-147  
(703) 723-0000

Brower, Michael  
Cascades Chiropractic Wellness Center  
21631 Ridgetop Cir Ste 155  
Sterling, VA 20166-166  
(703) 404-0350

Clapp, Bradley  
Clegg Chiropractic PC  
225 Loudoun St SE  
Leesburg, VA 20175-175  
(703) 777-8884

Connolly, Christopher  
Clegg Chiropractic PC  
225 Loudoun St SE  
Leesburg, VA 20175-175  
(703) 777-8884

Connolly, Kielan  
Covelli Family Chiropractic  
545 E Market St  
Leesburg, VA 20176-176  
(571) 258-1021

DeRose, Michael  
Cascades Chiropractic Wellness Center  
21631 Ridgetop Cir Ste 155  
Sterling, VA 20166-166  
(703) 404-0350

Donnelly, Erin  
Bermont Chiropractic LLC  
43330 Junction Plz Ste 166  
Ashburn, VA 20147-147  
(571) 291-9359

Thompson, Shandon  
ChiroHealth of VA  
44121 Harry Byrd Hwy Ste 120  
Ashburn, VA 20147-147  
(703) 777-1234

Verma, Vishal  
Integrated Healthcare Centers  
43810 Central Station Dr Ste 160  
Ashburn, VA 20147-147  
(703) 723-4777

Wilson, Zachariah  
Leesburg Chiropractic and Massage  
36 Catoctin Cir SE Ste F  
Leesburg, VA 20175-175  
(703) 777-8480

Winseck, Jason  
Cascades Chiropractic Wellness Center  
21631 Ridgetop Cir Ste 155  
Sterling, VA 20166-166  
(703) 404-0350

Yousefi, Meimanat  
Bermont Chiropractic LLC  
43330 Junction Plaza Ste 166  
Ashburn, VA 20147-147  
(571) 291-9359

Yousefi, Mohammad  
Ashburn Chiropractic and Rehab Center  
44121 Harry Byrd Hwy Ste 125  
Ashburn, VA 20147-147  
(703) 723-0000

Outsourced Direct Network Providers 5/2019 482
# Chiropractic Providers

## Manassas City

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<tr>
<th>Name</th>
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<tr>
<td>James, Jeffrey</td>
<td>9151 Key Commons Ct Manassas, VA 20110-110</td>
<td>(703) 369-4111</td>
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<tr>
<td>Koff, Louis</td>
<td>Koff Chiropractic Clinic 9387 Forestwood Ln Manassas, VA 20110-110</td>
<td>(703) 361-0251</td>
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<tr>
<td>Koff, Tara</td>
<td>Koff Chiropractic Clinic 9387 Forestwood Ln Manassas, VA 20110-110</td>
<td>(703) 361-0251</td>
</tr>
<tr>
<td>Lee, Chang-Ha</td>
<td>Omnispine Chiropractic &amp; Rehab Clinic 7900 Sudley Rd Ste 101 Manassas, VA 20109-109 (571) 379-4454</td>
<td></td>
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<tr>
<td>Tabrizi, Ghazaleh</td>
<td>Virginia Family Chiropractic 8420 Dorsey Cir Ste 101 Manassas, VA 20110-110 (703) 367-7878</td>
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## Newport News City

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Brill, Christopher</td>
<td>Therapeutic Solutions PC 714 Thimble Shoals Blvd Ste C Newport News, VA 23606-606 (757) 873-4131</td>
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<tr>
<td>Hem, Bophany</td>
<td>Rebound Chiropractic &amp; Acupuncture 11790 Jefferson Ave Ste 205 Newport News, VA 23606-606 (757) 873-8071</td>
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</tr>
<tr>
<td>Manadero, Rod</td>
<td>Manadero Chiropractic 727 J Clyde Morris Blvd Ste B Newport News, VA 23601-601 (757) 595-8453</td>
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<tr>
<td>Miers, Randall</td>
<td>Spine Care of Tidewater PC 11872 Canon Blvd Ste D Newport News, VA 23601-601 (757) 873-8483</td>
<td></td>
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<tr>
<td>Olney, Scott</td>
<td>Hampton Roads Chiropractic PC 1056 Happersville Rd Newport News, VA 23601-601 (757) 596-9696</td>
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## Norfolk City

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<tbody>
<tr>
<td>Luenenfeld, Marc</td>
<td>Norview Family Chiropractic 6202 N Military Hwy Ste D Norfolk, VA 23518-518 (757) 855-1099</td>
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<tr>
<td>Wright, Sherri</td>
<td>Wright Spine And Sports Health 606 Denbigh Blvd Ste 105 Newport News, VA 23606-606 (757) 223-5444</td>
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<tr>
<td>Martinez, Victoria</td>
<td>Norview Family Chiropractic 6202 N Military Hwy Ste D Norfolk, VA 23518-518 (757) 855-1099</td>
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<tr>
<td>Nihlo, Michael</td>
<td>Norfork Chiropractic Center 425 W 20th St Ste 6 Norfolk, VA 23517-517 (757) 622-8777</td>
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<tr>
<td>Whiteneck, Daniel</td>
<td>Norview Family Chiropractic 6202 N Military Hwy Ste D Norfolk, VA 23518-518 (757) 855-1099</td>
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## Orange

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Brooks, Jonathan</td>
<td>149 Belleview Ave Orange, VA 23606-960 (540) 672-2506</td>
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<tr>
<td>Page</td>
<td>Back in Action 11882 Canon Blvd Ste B Newport News, VA 23606-606 (757) 873-3770</td>
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<tr>
<td>Kendrick, Shawn</td>
<td>1414 W 3rd St Farmville, VA 23901-901 (434) 392-9807</td>
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## Petersburg City

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<tr>
<td>Hennessey, Thomas</td>
<td>Old Towne Wellness LLC 515 S Sycamore St Petersburg, VA 23803-803 (804) 733-8377</td>
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<tr>
<td>Daniel Jr, Carl</td>
<td>2276 Franklin Tpk Ste 115 Danville, VA 23540-540 (434) 483-8118</td>
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<tr>
<td>Manning Jr, Jerry</td>
<td>Manning Chiropractic 1055 Piney Forest Rd Ste A Danville, VA 23540-540 (434) 836-2905</td>
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<tr>
<td>McKenney, Cory</td>
<td>McKinney Chiropractic 135 Crown Dr Ste A Danville, VA 23540-540 (434) 799-5300</td>
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<tr>
<td>De La Jara, Fermin</td>
<td>Virginia Family Chiropractic Health Center 12546 Dillingham Sq Ste 122 Lake Ridge, VA 22192-192 (703) 730-1600</td>
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<tr>
<td>Esmaeili, Nahal</td>
<td>Back to Health Chiropractic &amp; Acupuncture 3985 Prince William Pkwy Ste 101 Woodbridge, VA 22192-192 (703) 897-7777</td>
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## Pittsylvania

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<tbody>
<tr>
<td>Keefee, Adam</td>
<td>Family Chiropractic &amp; Acupuncture 5800 High St W Portsmouth, VA 23703-703 (757) 686-3716</td>
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<tr>
<td>Miller, Sara</td>
<td>Family Chiropractic &amp; Acupuncture 5800 High St W Portsmouth, VA 23703-703 (757) 686-3716</td>
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<tr>
<td>Toth Jr, Ronald</td>
<td>Toth Chiropractic 5603 High St W Ste A Portsmouth, VA 23703-703 (757) 966-2663</td>
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<tr>
<td>Moriarty, Holly</td>
<td>Haymarket Chiropractic Rehab 4535 John Marshall Hwy Ste 104 Gainesville, VA 20155-155 (703) 755-0974</td>
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<tr>
<td>Reinkemeyer, Curtis</td>
<td>Virginia Family Chiropractic &amp; PM PLLC 14904 Jefferson Davis Hwy Ste 301 Woodbridge, VA 22191-191 (703) 499-8840</td>
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## Prince Edward

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<th>Name</th>
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<tbody>
<tr>
<td>Johnson, Travis</td>
<td>Farmville Family Chiropractic 1403 Millwood Rd Farmville, VA 23901-901 (434) 392-3131</td>
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## Richmond City

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<th>Name</th>
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<tr>
<td>Bills, Heath</td>
<td>Advanced Wellness Centre 3536 Grove Ave Richmond, VA 23221-221 (804) 673-9355</td>
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<tr>
<td>Lowry, Bryan</td>
<td>Advanced Wellness Centre 3536 Grove Ave Richmond, VA 23221-221 (804) 673-9355</td>
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<tr>
<td>Park, Cheon Gyu</td>
<td>Advanced Wellness Centre 3536 Grove Ave Richmond, VA 23221-221 (804) 673-9355</td>
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<tr>
<td>Rodman, William</td>
<td>Advanced Wellness Centre 3536 Grove Ave Richmond, VA 23221-221 (804) 673-9355</td>
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## Roanoke

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Garst, Gary</td>
<td>Garst Clinic PLLC 3609 Brandon Ave SW Roanoke, VA 24018-018 (540) 297-3440</td>
<td></td>
</tr>
<tr>
<td>Kehres, Gary</td>
<td>Kehres Chiropractic Clinic 2155 Electric Rd Ste A Roanoke, VA 24018-018 (540) 774-0910</td>
<td></td>
</tr>
<tr>
<td>Lauria, Christopher</td>
<td>Lifestyle Chiropractic 5372 Fallowter Ln Ste B Roanoke, VA 24018-018 (540) 725-9501</td>
<td></td>
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<tr>
<td>Pollack, Erica</td>
<td>Chiropractic Care Center 4911 Brabamton Ave Roanoke, VA 24018-018 (540) 977-4611</td>
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## Chiropractic Providers

### Roanoke City

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Barnhart, Eric</td>
<td>Barnhart Chiropractic &amp; Wellness PLC</td>
<td>(540) 389-2225</td>
</tr>
<tr>
<td>May, Troy</td>
<td>918 Apperson Dr</td>
<td>(540) 387-1680</td>
</tr>
<tr>
<td>Smyth</td>
<td>Marion Chiropractic Clinic</td>
<td>(540) 706-8530</td>
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### Salem City

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<th>Name</th>
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<tr>
<td>May, David</td>
<td>May Chiropractic</td>
<td>(540) 387-1680</td>
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### Bedford

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Mills, Robert</td>
<td>Stewart Family Chiropractic, PC</td>
<td>(540) 288-0828</td>
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### Suffolk City

<table>
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<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bawcom, Mark</td>
<td>Bawco Chiropractic</td>
<td>(757) 495-2228</td>
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### Virginia Beach City

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Berkowitz, Jay</td>
<td>Virginia Spine Care</td>
<td>(757) 479-0626</td>
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### Stafford

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>DeGiorgio, Kenneth</td>
<td>Princess One Chiropractic PC</td>
<td>(757) 340-0040</td>
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</table>

### Morgan Jr, Thomas   | Morgan Wellness Center                       | (757) 498-8455 |

### Olzewski, Peter     | Sea Pines Chiropractic                       | (757) 430-0990 |

### Pankow, Michael     | Beach Chiropractic Center                   | (757) 490-9717 |

### Baaz, Gregg         | Boaz Chiropractic Center                     | (757) 597-0015 |

### Boaz, Gregg         | Boaz Chiropractic Center                     | (757) 597-0015 |

### Birchbichler, Scott | Dr Scott Birchbichler LLC                     | (757) 222-0910 |

### Jarrett III, Thomas | Jarrett Chiropractic                         | (757) 463-0193 |

### Marcell, Joseph     | SportsMED                                    | (757) 471-2800 |

### Yeates, James       | Sea Pines Chiropractic                       | (757) 340-0040 |

### Washington

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Boothie II, Robert</td>
<td>Boothie Chiropractic</td>
<td>(540) 662-2922</td>
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### Scott, Eric         | Scott Chiropractic                           | (540) 662-9006 |

### Stuwart, Jason      | Kotkin Chiropractic Center                   | (540) 667-7300 |

### Wise

<table>
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<tr>
<th>Name</th>
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<tr>
<td>Baaz, Gregg</td>
<td>Boaz Chiropractic Center</td>
<td>(757) 597-0015</td>
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### York

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<tr>
<td>Burchett, Brenton</td>
<td>Gundersman Chiropractic &amp; Wellness LLC</td>
<td>(757) 874-5666</td>
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### Connolly, Christopher | Back In Motion Chiropractic                  | (757) 234-6222 |

### Gundersman III, Samuel | Gundersman Chiropractic & Wellness LLC       | (757) 874-5666 |

---

**Optima Direct Network Providers 5/2019**
Chiropractic Providers

Gunderman Jr, Samuel
Gunderman Chiropractic & Wellness LLC
5701 George Washington Mem Hwy
Yorktown, VA 23692-692
(757) 874-5666

WV
Berkeley

Ross, Deborah
Overstreet, Jeffrey
Moore, Jason
Harbour, Matthew
Mallory, Brian
Gunderman Jr, Samuel
Huntington, WV 25701-1218
5th Ave
Wellness
Ross Chiropractic and
504
6467 Farmdale Rd
Overstreet Family
703
Accident & Injury Clinic
Huntington Chiropractic

Boone

Hill, Clifford
Hill Chiropractic Center, Inc
467 Main St
Madison, WV 25130-130
(304) 369-9500

Mallory, Brian
Mallory Chiropractic Center, Inc
467 Main St
Madison, WV 25130-130
(304) 369-9500

Brooke

Thomforde, Tara
HealthSource of Wellsburg
920 Charles St
Wellsburg, WV 26070-070
(304) 737-7234

Cabell

Harbour, Matthew
Midland Chiropractic and Wellness
332 E Main St
Milton, WV 25541-541
(304) 948-3979

Moore, Jason
Huntington Chiropractic
Accident & Injury Clinic
2511 3rd Ave
Huntington, WV 25703-703
(304) 523-7891

Overstreet, Jeffrey
Overstreet Family Chiropractic
6467 Farmdale Rd
Barboursville, WV 25504-504
(304) 840-7760

Ross, Deborah
Ross Chiropractic and Wellness
1218 5th Ave
Huntington, WV 25701-701
(304) 525-1901

Wild, Alan
Dr Alan D Wild DC
634 8th St
Huntington, WV 25701-701
(304) 697-7080

Fayette

Flint, Christopher
Pinnacle Chiropractic
Health and Wellness PLLC
325 Jones Ave
Oak Hill, WV 25901-901
(304) 465-4325

Greenbrier

Pence, Timothy
Greenbrier Chiropractic Center Inc
3696 Jefferson St N
Lewisburg, WV 24901-901
(304) 645-6080

Hancock

Nardone, Matthew
Ohio Valley Optimal Healthcare
117 Three Springs Dr Ste B
Weirton, WV 26062-062
(304) 723-2494

Harrison

Clarkson, Karl
Karl D Clarkson DC
403 Howard St
Shinnton, WV 26431-431
(304) 592-3301

Pinti, Stephen
Pinti Family Chiropractic
135 Cimmeron Rd
Clarksburg, WV 26301-301
(304) 623-5551

Jackson

George, Bradley
George Chiropractic Clinic
368 Main St W
Ripley, WV 25271-271
(304) 372-1010

Jefferson

Harris, Alissa
Harpers Ferry Chiropractic and Physical Therapy Center PLLC
1627 W Washington St
Harpers Ferry, WV 25425-425
(304) 335-3009

Rozier, Steven
Capital Rehab
66 Somerset Blvd
Charles Town, WV 25414-414
(304) 728-5066

Kanawha

Bulger, Jennifer
Charleston Chiropractic Company
713 Bigley Ave
Charleston, WV 25302-302
(304) 344-2225

Collins, Anthony
Elk Valley Health & Wellness, Inc
4710 Chimney Dr Ste H
Charleston, WV 25302-302
(304) 965-2458

Fisher, Jody
Fisher Chiropractic PLLC
142 MacCorkle Ave
Saint Albans, WV 25177-177
(304) 722-3011

Kiser-Crouch, Peggy
Peggy Kiser-Crouch DC PLLC
308 Patrick Street Plz
Charleston, WV 25387-387
(304) 344-9077

McClanahan, Jay
Dr J Chiropractic & Wellness Center
642 Cross Lanes Dr
Nitro, WV 25143-143
(304) 776-1520

Meffert II, Roland
River City Chiropractic
803 8th St
Nitro, WV 25143-143
(304) 755-4111

Simmons, Darby
Simmons Family Chiropractic PLLC
5411 MacCorkle Ave SE
Ste B
Charleston, WV 25304-304
(304) 925-5003

Summers, Jeffery
Jeffery L Summers DC
4317 MacCorkle Ave SE
Charleston, WV 25304-304
(304) 925-0377

Logan

DeRaimo, David
Chapmanville Family Chiropractic
265 Main St Ste B
Chapmanville, WV 25508-508
(304) 855-4529

Hill, Cliff
Hill Chiropractic Center
101 LB and T Way
Nitro, WV 25143-143
(304) 757-7505

Mallory, Brian
Hill Chiropractic Center
101 LB and T Way
Nitro, WV 25143-143
(304) 757-7668

Putnam

Erwin, Anthony
Putnam Chiropractic Center
3551 Teays Valley Rd
Huntington, WV 25701-701
(304) 757-7668

Ross, Deborah
Ross Chiropractic
4317 MacCorkle Ave SE
Charleston, WV 25304-304
(304) 925-0377

VanScoy, Darrin
Teays Valley Medicine & Rehab
3761 Teays Valley Rd
Huntington, WV 25701-701
(304) 760-1180

Walton, Jonathan
Walton Chiropractic
3475 Teays Valley Rd Ste D
Hurricane, WV 25526-526
(861) 235-7250

Raleigh

Grose, Christopher
Christopher Grose DC Inc
1804A Harper Rd
Beckley, WV 25801-801
(304) 250-6047

Sexton, Rocky
Integrity Chiropractic Inc
300 Rural Acres Dr
Huntington, WV 25701-801
(304) 252-3333

Thomas, Marcus
Back to Health Chiropractic Inc
385 Airport Rd
Beaver, WV 25813-813
(304) 256-1110

Randolph

Gardner, Cory
Gardner Chiropractic
301 Orchard St
Elkins, WV 26241-241
(304) 636-2411

Good, William
Elkins Chiropractic Center
1001 Harrison Ave
Elkins, WV 26241-241
(304) 636-5003

Harris, Scott
Harris Family Chiropractic
630 Robert E Lee Ave
Elkins, WV 26241-241
(304) 637-2326

Ritchie

Cook, Joanna
Cook Chiropractic
1600 E Main St
Harrisesville, WV 26362-362
(304) 966-6344

Upshur

Boone, Karl
Karl C Boone DC Inc
121 S Kanawha St
Buckhannon, WV 26201-201
(304) 472-7161

Robinson, Kenneth
Robinson Family Chiropractic
1060 Route 20 South Rd
Buckhannon, WV 26201-201
(304) 473-1616

Wood

Akers, Robert
Akers Chiropractic Clinic PLLC
1706 Blizzard Dr Ste I
Parkersburg, WV 26101-101
(304) 865-1295

Optima Direct Network Providers 5/2019
485
OptimaHealth
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**Alexandria City**

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<td>Williams, Dawn</td>
<td>1713 North George Mason Dr</td>
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Cassella, Frank
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Choe, Kwon
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Dixon, Gregory
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Halbert, Ashwyn
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Cumberland

Fourquean, Catherine
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Kingsley, Daniel
100 N Virginia St
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La Roche, St Clair
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Compton, Brett
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Press, John
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Ryan, William
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Fairfax

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Eyemed Vision Care Providers

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5617 West Broad St
Richmond, Va 23220
8042827228
Southamnvong, Khhammany
4501 S Laburnum Ave
Richmond, Va 23231
8042225221
Tabe, Fausta
7135 Staples Mill Rd
Richmond, Va 23228
8042647095
Taylor, Geoffrey
11400 W Broad St
Glen Allen, Va 23060
8043609292
Townsend, Brian
4501 S Laburnum Ave
Richmond, Va 23231
8045914581
7941-a Nine Mile Rd
Richmond, Va 23223
8042220557
7000 Forest Ave
Richmond, Va 23230
8042539778
Van, Kristine-hue
1601 Willow Lawn
Richmond, Va 23230
8043609292
Vision, Pearle
7135 Staples Mill Rd
Richmond, Va 23228
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Woo, Michelle
4501 S Laburnum Ave
Richmond, Va 23231
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7000 Forest Ave
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Workman, Jeffrey
4811 S Laburnum Ave
Richmond, Va 23231
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Wu, Theodore
1208 West Broad St
Richmond, Va 23230
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Slidor, Raifana
1208 West Broad St
Richmond, Va 23230
8042874200
6946 Forest Ave
Richmond, Va 23230
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Short Pump Town Ctr, Oakley
11800 W Broad St
Richmond, Va 23233
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Show, Julie
4244 Virginia Ave
Collinsville, Va 24078
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Butterworth, George
1975 Virginia Ave
Martinsville, Va 24112
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Christian-friedrichs, Jill
1975 Virginia Ave
Martinsville, Va 24112
2766473937
Cox, Tammy
4960 Greensboro Rd
Richmond, Va 23218
2769564444
Cox, William
4960 Greensboro Rd
Ridgeway, Va 23218
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Friedrichs, Gray
1975 Virginia Ave
Martinsville, Va 24112
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Giusto, Kenneth
1975 Virginia Ave
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Hanning, Jayeanna
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Harpin, Matthew
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Lee, Yaling
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Scheibe, Tracy
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Wilcox, Thomas
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Zak, Mary Kathryn
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Zollinger, Shannon
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Isle Of Wight
Bellflower, Wade
13478 Carrollton Blvd
Carrollton, Va 23314
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Sajko, Gary
1807 S Church St
Smithfield, Va 23430
7578092968
Trippett Stahr, Samantha
1807 S Church St
Smithfield, Va 23430
7578092968

James City
Ambrose, Andrew
4655 Monticello Ave
Williamsburg, Va 23188
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Bertomeu, Vincent
4655 Monticello Ave
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Best, Americas
800 E Rochambeau Dr
Williamsburg, Va 23188
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Bittar, Fadene
4655 Monticello Ave
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Cullom, Mary
120 Kings Way
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Cullom, Robert
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Czubinski, Anne
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Elgin, Robert
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Evans, Derek
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Farah, Anthony
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Fowler, Veronica
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Frederiksen, Gary
120 Kings Way
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Gada, Matthew
1147 Professional Drive
Williamsburg, Va 23185
7572592900

King George
Goodman, Andrew
800 E Rochambeau Dr
Williamsburg, Va 23188
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Guth, Kelsey
5273 John Tyler Hwy
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Jelleneck, Gregory
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Kushon, Joanna
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Long, Leana
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Ollieu, Celeste
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Porta, Jose
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Ruff, Jeanne
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Townsend, Brian
800 E Rochambeau Dr
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Waldron, Lauren
4630 Monticello Ave
Williamsburg, Va 23188
7575640859

Optima Direct Network Providers 5/2019 504

OptimaHealth
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Salem, Va 24153
5404445656
3763 Franklin Rd
Southwest
Roanoke, Va 24014
5409896515

Newman, Miles
1205 W Main St
Salem, Va 24153
5404445656
3763 Franklin Rd
Southwest
Roanoke, Va 24014
5409896515

Poling, Timothy
101 W 4th St
Salem, Va 24153
5403871183

Schaubach, Olivia
1960 Electric Rd
Roanoke, Va 24018
5407727171
33 British Woods Dr
Roanoke, Va 24019
5409926768

Stewart, Angela
2726 Electric Rd
Roanoke, Va 24018
5405623458

Thompson, William
1960 Electric Rd
Roanoke, Va 24018
5407727171
33 British Woods Dr
Roanoke, Va 24019
5409926768

Wang, Benjamin
4135 Franklin Rd
Roanoke, Va 24018
5407762933

Wilcox, Thomas
4135 Franklin Rd
Roanoke, Va 24018
5407762933

Windham, Lauren
1960 Electric Rd
Roanoke, Va 24018
5407727171
33 British Woods Dr
Roanoke, Va 24019
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Zink, Sarah
4135 Franklin Rd
Roanoke, Va 24018
5407762933

Roanoke City

Allen, Nyea
4922 Valley View Blvd
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Andrews, Megan
4822c Valley View Blvd
Roanoke, Va 24012
5405638278

Best, Americas
1384 Towne Square Blvd
Northwest
Roanoke, Va 24012
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Best, Karen
1507 Herschberger Rd NW
Roanoke, Va 24012
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Blackstock, Joe
5049 Valley View Blvd
Northwest
Roanoke, Va 24012
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Brown, Julie
4822c Valley View Blvd
Roanoke, Va 24012
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Center, The Vision
4807 Valley View Blvd NW
Roanoke, Va 24012
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Collins, Miranda
1507 Herschberger Rd NW
Roanoke, Va 24012
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Cox, Tammy
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Roanoke, Va 24012
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Curran, Patrick
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Diaz, Martin
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Dietels, Guy
1455 Towne Square Blvd
Roanoke, Va 24012
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English, Adam
4822c Valley View Blvd
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Gray, Kelsey
1384 Towne Square Blvd
Northwest
Roanoke, Va 24012
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Henderson, Amy
1384 Towne Square Blvd
Northwest
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Hosman, Steven
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Howell, Andrea
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Northwest
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Hui, Wing Yin
1384 Towne Square Blvd
Northwest
Roanoke, Va 24012
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Jessup, Neal
2205 Orange Ave Northwest
Roanoke, Va 24012
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4922 Valley View Blvd
Roanoke, Va 24012
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Johnston, Michael
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Kartez, Andrew
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Lee, Yaling
1507 Herschberger Rd NW
Roanoke, Va 24012
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Lenscrafters #478
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Roanoke, Va 24012
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Mackert, Damon
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Roanoke, Va 24012
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Medconel, James
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Sheets, Savannah
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Northwest
Roanoke, Va 24012
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Shelton, Jeffrey
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Stewart, Angela
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Vision, Pearl
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Wilcox, Thomas
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Roanoke, Va 24012
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Woods, Erin
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Zink, Sarah
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Zollinger, Shannon
4822c Valley View Blvd
Roanoke, Va 24012
5405638278

Rockbridge

Allen, Neysa
55 Comfort Way
Lexington, Va 24450
5404631600

Fure, Helen
55 Comfort Way
Lexington, Va 24450
5404631600

Harrison, Timothy
62 Hilltop Ln
Lexington, Va 24450
5404631410

Hudson, Marc
5049 Valley View Blvd
Northwest
Roanoke, Va 24012
5403627565

Mcconnell, Paul
62 Hilltop Ln
Lexington, Va 24450
5404631410

Tomlin, Alanda
203 N Main St
Lexington, Va 24450
5404637440

Rockingham

Bertomen, Vincent
1663 Virginia Ave
Harrisonburg, Va 22802
5404427742
1870 Reservoir St
Harrisonburg, Va 22801
5404366622

Best, Americas
108 Burgess Road
Harrisonburg, Va 22801
540331247

Cassella, Frank
1663 Virginia Ave
Harrisonburg, Va 22802
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1870 Reservoir St
Harrisonburg, Va 22801
5404366622

Center, The Vision
171 Burgess Rd
Harrisonburg, Va 22801
5404391207

Clark-Gelbard, Kathleen
1663 Virginia Ave
Harrisonburg, Va 22802
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Claus, David
1663 Virginia Ave
Harrisonburg, Va 22802
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1870 Reservoir St
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Covert, Christopher
1663 Virginia Ave
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Crawford, Stephen
1663 Virginia Ave
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1870 Reservoir St
Harrisonburg, Va 22801
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Gowen, Michael
1663 Virginia Ave
Harrisonburg, Va 22802
5404427742

Hulvey, Mary
210 University Blvd
Harrisonburg, Va 22801
5404332642

Kentner, Lindsey
1663 Virginia Ave
Harrisonburg, Va 22802
5404427742

Optima Direct Network Providers 5/2019
Eyemed Vision Care Providers

1870 Reservoir St
Harrisonburg, Va 22801
5404346622

Krimigis, Michael
1870 Reservoir St
Harrisonburg, Va 22801
5404346622

Lenscrafters #817
1925 E Market St
Harrisonburg, Va 22801
5404335113

Marrow, Gregory
1663 Virginia Ave
Harrisonburg, Va 22802
5404427742

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1870 Reservoir St
Harrisonburg, Va 22801
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Munsey, Katherine
1663 Virginia Ave
Harrisonburg, Va 22802
5404427742

Patel, Priyanka
5403358500

Optical Center Inc, Valley
3542 Emmaus Rd
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Eyemed Vision Care Providers

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3750 Virginia Beach Blvd
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1255 Fordham Dr
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Bice, Katy
1449 Tomcat Blvd
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Eady, Tonya
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Echague, Terri-Ann
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Fogt, Valerie
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Echague, Terri-Ann
737 First Colonial Rd
Virginia Beach, VA 23451
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Johns, Jenni
2201 Upton Dr
Virginia Beach, VA 23454
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<tr>
<td>Luong, Dinh</td>
<td>2105 Meccomas Way Virginia Beach, Va 23456</td>
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<td>2105 Meccomas Way Virginia Beach, Va 23456</td>
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Optima Direct Network Providers 5/2019

**Eyemed Vision Care Providers**
Venditti, Julia  
3051 Valley Ave  
Winchester, Va 22601  
5404508504

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2763217039

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2762230033

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2762282771

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Index
Index

Bolton, Warren K., MD ................................ 281
Bolusa-Sabugo, Ahgnes, MD ....... 52, 55, 78
Bommansari, Reena, MD ............ 48, 55, 92
Bon Secours DePaul Medical Center Inc ...... 397, 430
Bon Secours DePaul Medical Center- Outpatient Rehab Services ................. 407
Bon Secours Hampton Roads - Rehabilitation Services ......................... 408
Bon Secours Home Care ................................ 393
Bon Secours Home Care, LLC (Richmond) ............... 393
Bon Secours Home Health ....................... 395
Bon Secours Imaging Center .......... 413, 428, 429
Bon Secours Imaging Center at Innsbrook ......................... 413
Bon Secours In Motion Physical Therapy Center ........... 407, 410
Bon Secours Mary Immaculate Hospital ................. 397, 430
Bon Secours Maryview Medical Center ............ 397, 414, 430
Bon Secours Maryview Medical Center - Outpatient Infusion Centers ....... 395, 396
Bon Secours Memorial Regional Medical Center ... 397, 404, 413, 427, 430
Bon Secours Memorial Regional Medical Center - Ambulatory Surgery .... 427
Bon Secours Memorial Regional Medical Center - PT .... 404
Bon Secours MRI of Richmond-Towne Center ..... 397
Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.) .... 401, 408, 410
Bon Secours Physical Therapy & Sports Medicine ........ 405
Bon Secours Richmond Community Hospital 397, 409, 414, 431

Borra, Madhu, MD ............... 273
Borza, Elizabeth M., OD .......... 301
Borzella, Joseph F., MD ............ 363
Bose, Subhashish, MD ............. 281
Bosher, Linwood Paul, MD .......... 259, 356
Bost, Michael A., MD .......... 49
Bostic, Brooke A., MD .............. 78
Botta, James P., MD .............. 244
Botetourt County Health Department .... 389
Botros, Emad M., MD ............. 133
Botte, Sara Ashley, MD .......... 327
Botticelli, Michael J, MD ............ 198
Bouwer, Gemila, MD ............ 139, 179
Bouchard, Christine M., MD .......... 242
Boucher, Ronald R., MD ........... 317
Boudreau, Jennifer, MD ............ 43, 50
Boulard, Douniat, MD .......... 362
Boulders Ambulatory Surgery Center ............ 428
Bouldin, John W., MD ........... 170
Boulos-Mikhaiel, Adel A., MD .... 288
Bounds, Kevin B., MD .......... 330
Bourase, Sara, DFR ............. 333
Bourassa, Laina, MD .............. 144
Bourgeois, F John, MD ......... 132
Bourhill, Eric C., MD .......... 92
Bourque, Jameson M., MD .......... 231
Bourret, Elizabeth, MD .......... 231
Braud, III, Floyd, MD ............ 43
Bradock, Stephen R., MD .......... 324
Bredenham Jr, Ben, MD ......... 252
Bradford, Jennifer, DO ........... 147
Bradford, Timothy J., MD .......... 351
Bradley, Joan D., MD ............ 84
Bradley, Patrick D., MD .......... 294
Bradley, Scott, MD .......... 327
Bradner, Melissa K., MD ............ 181
Bradshaw, Brenda, MD .......... 149
Bradshaw, Brian T., MD .......... 116

Brady, Angela L., MD .......... 343
Brady, Don, MD .............. 75
Brady, Edward, MD .......... 63
Brager, Robert J., MD ............ 249
Bragg, Winifred, MD ............ 317, 327
Brahmbhatt, Vinpal R., MD .......... 231
Bradinic, David, DMD ............ 306
Brayley, Emily G., DO ............ 56
Brammer, Glenn, MD .......... 242
Brand, Jr., William T., MD .......... 252
Brand, Samantha M., MD ............ 31
Brand, William T., MD .......... 249
Brandau, Scott R., OD .......... 301
Brandon M Cole LPC Mshp PLLC .... 450
Brandon Oaks Nursing and Rehab Center .......... 409
Brandt, Colin T., MD .......... 356
Brancom, Judy J., NP ............ 293
Brantley, Gretchen W., MD .......... 139, 145
Brantley, Richard K., MD .......... 98
Brantz, Arthur Jay, MD .......... 187
Braz, Dreama V., MD .......... 288
Brar, Vikram, MD .......... 366
Brar, Vikrant S., MD .......... 363
Brath, Lisa K., MD .......... 369
Brauer, Deborah, MD .......... 253
Braun, Heidi L., MD .......... 208
Braun, Cesar, MD .......... 307
Brawley, Jessica R., MD .......... 63
Brawley, Stephen C., MD .......... 68
Bray, David W., MD .......... 244
Bray, Megan J., MD .......... 267
Brayman, Kenneth, MD .......... 350
Brear, David Russell, MD .......... 294
BREAST CARE CENTER ................. 414
Brecht, Kilian H., MD .......... 169
Breden, Sara S., MD .......... 33, 70

Optima Direct Network Providers 5/2019 527

OptimaHealth
<table>
<thead>
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<td>El Safadi, Mohamed, MD</td>
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</table>
Index
Index

Franklin, Shannon C., OD .......................... 302
Franklin, William A., MD .......................... 108
Franco, James B., MD .......................... 276
Franks, Michael D., MD .......................... 352
Frantz, David, MD .......................... 299
Frantz, Frazier W., MD .......................... 326
Franz, David A., MD .......................... 331
Franz, Gregory B., MD .......................... 278
Franz-Osborne, Rebecca, MD .......................... 101, 131
Franzman, Craig, MD .......................... 331
Friend, Christopher D., MD .......................... 229, 233
Friend, Clarence W., MD .......................... 63
Friendship Home Medical Equipment, Inc. .......................... 386, 389, 420
Friesen, Lindsay, MD .......................... 98
Fripps, Mia, OD .......................... 302
Froh, Deborah K., MD .......................... 325
Froning, James H., MD .......................... 437
Frontier Health .......................... 448, 449, 450, 451, 452, 453, 454, 455, 456
Frye, Jeanetta W., MD .......................... 254
Fu, Shu Man, MD .......................... 346
Fuchs, Kathleen, MD .......................... 289
Fuchs, Michael, MD .......................... 362
Fuentes, Carmen R., MD .......................... 289
Fuller Life Orthotics and Prosthetics .......................... 398
Fuller, Bruce E., MD .......................... 244
Fuller, Philip, MD .......................... 369
Fuller, Robert, MD .......................... 277
Fulton, Ryan P, DO .......................... 146, 169
Funke, Alisa, MD .......................... 244
Fure, Helen, OD .......................... 302
Furman, Stanley N., MD .......................... 202
Furman, Terese, OD .......................... 302
Furst, Eric J., MD .......................... 249
Fusco, Christopher, OD .......................... 302
Fusik, Timothy S., DO .......................... 338
Fusion Physical Therapy .......................... 408
Fuste, Rosa, MD .......................... 160
Futsa, Noelle M., MD .......................... 161, 279
Gaca, Ana Maria, MD .......................... 132
Gada, Matthew L., OD .......................... 302
Gadani, Manu R., MD .......................... 110
Gaddam, Shrvan, MD .......................... 75
Gadde, Jyothi, MD .......................... 227
Gaddipati, Swapna, MD .......................... 96
Gade, Kristine Elizabeth, MD .......................... 98
Gadiwalla, Seema A., MD .......................... 182
Gadol, Judith, MD .......................... 296
Gagen, Rachel, MD .......................... 155
Gagliardi, Martin P., MD .......................... 309
Gaglione, Margaret M., MD .......................... 101
Gaidos, Jill, MD .......................... 362
Gail A Shade Ma LLC .......................... 457
Gaines, Jill A., MD .......................... 213
Gaither, Amber, MD .......................... 138, 154, 165
Gaither, Neal S., MD .......................... 233, 276
Gajewski, Timothy, MD .......................... 309
Galardi, Nicholas R., MD .......................... 331
Galaria, Irfan I., MD .......................... 331
Galaria, Noreen A., MD .......................... 244
Galaria, Joseph III, MD .......................... 107
Galano, Kimberly M., MD .......................... 202
Galichon, Karen, MD .......................... 123
Galicia-Castillo, Marissa C., MD .......................... 95, 319
Galis, Samranda A., MD .......................... 289
Gall, Jr. A., MD .......................... 331
Gallagher, John, MD .......................... 279
Gallahan, William C., MD .......................... 254
Gallini, Marc, MD .......................... 51
Gallo, Elisa S., MD .......................... 244
Gallo, Laura K., MD .......................... 135
Galloway, Jacqueline, MD .......................... 160
Galois, Richard S., MD .......................... 249
Gallak, Stephanie M., MD .......................... 195
Galyon, Ronald, MD .......................... 310
Gamache, Donna J., MD .......................... 42
Gamaludin, Sheereen, MD .......................... 320
Gambhir, Saurabh, MD .......................... 28, 50
Gambill, Michael L., DO .......................... 229
Gampfer, Thomas J., MD .......................... 331
Gamsay, Alan J., MD .......................... 254
Gander, Jeffrey W., MD .......................... 326
Gandhi, Divyangkumar, MD .......................... 254
Gandhi, Mitul D., MD .......................... 270
Gandi, Yogesh K., MD .......................... 270
Gangemi, James J., MD .......................... 129, 349
Ganley, Donald T., MD .......................... 96
Ganser, Gail, MD .......................... 296
Garabedian, Mark C., MD .......................... 157
Garcia, Florencio B., MD .......................... 282
Garcia, Jorge M., MD .......................... 193, 201, 213, 216
Garcia-Gonzalez, Maria Louise, MD .......................... 296
Gard, Robert C., MD .......................... 169
Gardiner, James E., MD .......................... 254
Gardiner, David F., MD .......................... 362
Gardiner, James H., MD .......................... 127
Gardiner, James M., MD .......................... 310
Gardiner, Stuart, MD .......................... 310
Garin-Laflam, Monica P., MD .......................... 323
Garman, Blake R., MD .......................... 98
Garner, Dorothy, MD .......................... 274
Garnet, James, MD .......................... 233
Garnet, Jr., Alfred Randolph, MD .......................... 338
Garnet, Loewit, MD .......................... 310
Garcia, Sheila, MD .......................... 213, 215
Garreau, Elizabeth, MD .......................... 194
Garrett, Samuel N., MD .......................... 296
Garringer, Jacqueline A., MD .......................... 296
Garris, Sheila, MD .......................... 131
Garrison, Bobby J., MD .......................... 161
Index

Griffin, Justin W., MD .................................................. 310
Griffin, Kevin P., MD .................................................. 352
Griffin, Susan R., MD .................................................. 93
Griffiths, Jon, MD ...................................................... 160
Grillon, Michael S., MD .............................................. 261
Grimes, Michael, MD .................................................. 190
Grinkelwitz, Peter, DPM ................................................. 334
Grinnan, Daniel MD .................................................... 369
Griswold, Steven, MD .................................................. 51, 320
Groth, Mayer B, MD .................................................. 370
Groeber, Sandra J, MD .................................................. 154
Groesbeck, Jeffery P, DO ............................................... 43
Gros, William W., MD .................................................. 270
Gross, Brian C., MD ..................................................... 249
Gross, Frederick J, MD .................................................. 296
Gross, Gary, MD ........................................................ 244
Gross, Michael L, MD ................................................... 244
Gross, Victoria, MD ..................................................... 244
Grossgold, Erik, MD ..................................................... 352
Grossman, Catherine, MD ............................................. 369
Grossman, Leigh G., MD ............................................... 274
Grossman, Steven R., MD .............................................. 363
Grosso, Peter C., MD ..................................................... 172
Grouse, David S., MD ................................................. 172
Grove, Erik, MD ........................................................ 289
Grove, Jr., Lucian MD ................................................... 289
GROVE MD ............................................................. 172
GROVE MEDICAL INC .................................................. 381
Grove, Jr., Lucian Y., MD .............................................. 127, 128
Grove, Lori Johnson, PhD ............................................ 229
Grove, Margaret Ann, MD .......................................... 213
Grovender, Harish, MD ............................................... 254
Grover, William, MD ................................................... 296
Grubbs, Philip E., MD ................................................... 296
Grube, Richard D., MD ................................................ 331
Grunfeld, Alexander A., MD ........................................... 67, 93
Grunwald, Pamela, MD ................................................. 93
Guamery, John, MD .................................................... 331
Guarino, Paul, MD ...................................................... 254
Gutzkele, Howard P., MD ............................................ 321
Gutlish, Jo Anne, MD ................................................ 198, 200
Guye, Mary L., MD ...................................................... 261
Guyer, Adam G. ........................................................ 355
Guzman, Luis A. .......................................................... 361
Guzman-Lee, Jo-Anne A., MD ...................................... 119
Gyat, John A., MD ...................................................... 261
Gyatt, Mark, MD ........................................................ 310
Gyatt, Patrick G., MD .................................................. 274
Gyatt, Robert, MD ...................................................... 254
Gyatt, William B., MD .................................................. 80
Gyatt, Kelly MD .......................................................... 267
Gyatt, William G., MD .................................................. 290
Ha, Van, MD ............................................................. 244
Haacke-Golden, Eric J, MD ........................................... 59
Haas, John, MD .......................................................... 233
Haas, Joseph S., MD ................................................... 103, 109, 114
Habeeb, Edward David, MD ........................................ 310
Habib, Assar S., MD ..................................................... 321
Habib, Aysha, MD ...................................................... 124
Habib, Roy, MD .......................................................... 128
Habib, Saima Z., MD ................................................... 182
Habib, Joseph R., MD ................................................... 352
Hackett, Karissa, MD ................................................... 71
Hackett, Jason, MD .................................................... 71
Hackett, Mary, MD ..................................................... 363
Haddad, Joseph B., MD ............................................... 209
Haden, David S., MD ................................................... 131
Hafid, Mark, MD ........................................................ 310
Hadi, Azra, MD ........................................................... 21
Haffiziulla, Hope A., MD .............................................. 33
Halt, Kenneth, MD ..................................................... 339
Haga, David, MD ....................................................... 55
Haga II, Hugh J., MD ................................................... 310
Hagans, H. Kelly, MD .................................................. 270
Hagan, Michael, MD .................................................... 370
Hagemann, Timothy W. .............................................. 233
Hagerty, Mary M., MD ................................................ 346
Hagerty, Mark, DO ...................................................... 86
Hagerty, Patrick G., MD ................................................ 274
Hagley, John A., MD .................................................... 261
Hagley, Mark, MD ...................................................... 310
Hahesty-Calhoun, Marian, MD .................................... 29
Hahn, Chwion, MD ..................................................... 242
Haidar, Agha W. .......................................................... 234
Haidar, Shahzad, MD .................................................... 36
Haidar, Suhaia A. ........................................................ 347
Haidar, Syed T. ............................................................ 128
Haidy, Aaron Q., DO ..................................................... 261
Haines, Scott, MD ....................................................... 365
Hainstock, Lisa Marie, MD ............................................ 140
Hairston, LaVonne S., MD .......................................... 205, 207
Haisley-Roster, Camille, MD ........................................ 244
Haitchook, Roderick E., MD ........................................ 107, 124
Haiiizlip, Julie Ann, MD ................................................ 324
Hajmomenian, Amr, MD ............................................... 119
Hakanson, Robyn J., MD ............................................. 310
Halbert, Ashwynn, MD ................................................ 302
Hale, Gregory, MD ..................................................... 310
Haleem, Asima, MD .................................................... 82
Haleem, Shabnum, MD ................................................ 283
Hale Jr, Billy D., DO ...................................................... 302
Haley, Clarke, MD ....................................................... 290
Haley, James A., MD ................................................... 46
Halifax Home Health .................................................. 392
Halifax Regional Home Medical Equipment .................. 387
Halifax Regional Hospital 392, 397, 415, 427, 430
Halim, Sobia, MD ....................................................... 167
Hall Jr., Richard D., MD .............................................. 270
Hall, Andrea L., MD .................................................... 59
Hall, Clarence E., MD .................................................. 35
Hall, Dena R., MD ...................................................... 82
Hall, James, MD ........................................................ 101
Hall, John N., MD ....................................................... 310
Hall, Kerri Kathleen, MD ............................................ 274
Hall, Sherry L., MD ....................................................... 129
Hallberg, Theodore, OD .............................................. 302
Halmark Home Health ................................................. 392
Hallowell, Peter T, MD .................................................. 261
Halls, Albert John, MD .................................................. 32
Hally, Robert, MD ....................................................... 254
Halpert, Daniel, DO ..................................................... 328
Halukurike, Vishwanath N., MD .................................. 283
Halverson, James Matthew, DO .................................... 63
Ham, Catherine, MD .................................................... 366
Ham, Amin, Ali M., MD .............................................. 115
Hama, Fawwaz Io., MD .................................................. 234
Hamby, Donald L., DO .................................................. 328
Hamdy, Kareem A., MD ................................................ 261
Hamel, Theresa Lyn, MD .............................................. 146, 152
Hamidi-Toosi, Shakur, MD ............................................ 296
Hamill, Mark E., MD .................................................... 349
Hamill-Ruth, Robin J., MD ............................................ 317
Hamilton, James Franklin, MD ...................................... 198
Hamilton, Thomas Francis, MD .................................... 27
Hamilton, William A., MD ............................................ 196
Hamilton-Stubbins, Pamela, MD ................................... 347
Hamlor, Gaehar F., MD ................................................ 62
Hammad, Ahmad N., MD ............................................. 270
Hamman, Chelsea Coffey, MD ..................................... 56
Hammill, William W., MD ............................................ 321, 367
Hammond, James E., DO ............................................. 310
Hammond, Kerr, MD .................................................... 261
Hammond, William R., MD .......................................... 234, 347
Hammonds, Victoria C, MD ........................................... 57, 89
Hamptons, Virginia C, MD ............................................ 26, 28, 43, 57, 89
Hampton City Health Department ............................... 390
Index

Hogg, Paul S., MD ..........262
Hogge, Charles C., MD ..........296
Hogge, William A., MD ..........225
Hoke, George ..........99
Hoke, Tracey Roux, MD ..........140
Holcomb, William C., MD ..........303
Holdaway, Brian K., MD ..........234
Holden, Candice ..........311
Hole, Zsofia V., MD ..........290
Holistic approach to Obesity Prevention and Education, LLC ..........416
Holková, Beata, MD ..........365
Holland Jr, John A., MD ..........38, 84
Holland, Deborah ..........175
Holland, Eliza, MD ..........140, 164
Holland, Marie, MD ..........290
Holland, Matthew, MD ..........317
Holland, Sonya, MD ..........80
Holland, Caryn, MD ..........190
Holland-Hinton, Jennifer M., MD ..........143, 161
Hollandsworth, Thomas, MD ..........34, 41, 63, 66
Holleran, James D., MD ..........130
Holllingsworth, John D., MD ..........45
Hollis, Zachary, MD ..........234
Holloway, Kathleen L., MD ..........365
Holly Wilson ..........445
Holman, Dawn M., MD ..........262
Holman, Mark E., MD ..........152
Holmes, Bert W., MD ..........119, 131
Holmes, Carmen ..........124
Holmes, Derek R., DO ..........188, 192, 193, 213, 215, 216
Holroyd, Timothy J., MD ..........317
Holstege, Christopher P., MD ..........279
Holtan, Daniel, MD ..........21, 22
Holthus, Thomas E., DO ..........82
Holtz, Lindsay S., MD ..........346
Holz, Michael, DPM ..........334
Holyfield, Paul, MD ..........201
Holz, Julie Anne, DO ..........143, 173
Holzer, Donald, MD ..........188, 192
Holzer, Joyce ..........173
Holzner, Philip, MD ..........311
Holzner, Jennifer ..........311
Holsasser, David J., MD ..........152
Homan, Richard V., MD ..........65
Home Care Alliance of Virginia, Inc. ..........387
Home Care Delivered, Inc. ..........387
Home Care Equipment (part of Home Care Alliance of VA) ..........388
Home Choice Partners 374, 378, 379, 381, 396
Home Health, Inc. ..........392
Home Infusion Solutions, LLC d/b/a Home Solutions ..........396
Home Nursing Company ..........392, 394
Home Nursing Service of Southwest Virginia, Inc. ..........394
Home Oxygen & Medical Equipment ..........387
Home Recovery Home Health Inc. ..........393
HomeChoice Partners ..........396
Honan, Hassan, MD ..........112, 283
Honea, Phillip, DO ..........194
Honea, Robert H., MD ..........262
Hong, Edmond, MD ..........247
Hong, Robert L., MD ..........343
Hong, Sam, MD ..........362
Hong, Sharon, MD ..........137, 147, 153, 171
Hone, Tom A., MD ..........268
Hood, Kyoung A., MD ..........149, 171
Hood, Richard J., MD ..........250, 323
Hood, William Aaron, DO ..........254
Hooper, Amanda B., MD ..........119
Hooper, Michael H., MD ..........243, 339
Hooper II, John K., MD ..........195, 199
Hoover, Annette M., OD ..........303
Hoover, Craig G., OD ..........303
Hoover, Gates E., MD ..........227
Hoover, Shelley, MD ..........245
Hoover, Stephen, MD ..........311
Hope and Healing Center LLC ..........450, 453
Hopewell City Health Dept (Crate, MD) ..........390
Hopp, Jennifer L., MD ..........71, 349
Hopson, Matthew A., DPM ..........334
Hopson, Steven B., MD ..........262
Hor, Miki, DPM ..........334
Horizons Physical Therapy ..........411
Hormel, Timothy, MD ..........290
Horn, Charles S., MD ..........140
Horn, Scott Isaac, DO ..........328
Hornbuckle, Kelvin, MD ..........254
Horney, Wayne D., MD ..........40, 51, 67, 75, 78, 83
Horstmann, Joanna, MD ..........367
Horton, Daniel, MD ..........112
Horton, Jr., Charles E., MD ..........327
Horton-Thompson, Camille, MD ..........92
Hoshino, David, MD ..........34, 41, 63, 66
Hospice of the Shenandoah ..........392
Hospital for Extended Recovery ..........430
Hospital, Nasiffi, MD ..........182
Hostetler, Joseph D., MD ..........23, 37, 53, 79
Hostetler, Melissa, MD ..........173, 177
Hostetler, Samuel A., MD ..........82
Hotchkiss, Jerome J., MD ..........38, 47
Hou, Wei, MD ..........254
Huang, Mark E., MD ..........283
Huang, Matthew A., MD ..........39
Hub, William J., MD ..........31
Huber, Kyrsten L., MD ..........262
Hubert, Darrin, MD ..........331
Huckabee-Racz, Tracey, MD ..........71
Hudgens, Donna R., MD ..........136
Hudgens, Joseph L., MD ..........205, 219, 277
Hudgens, David, MD ..........25
Hudgens, Laurie J., MD ..........188, 207, 208
Hudler, Annette, DO ..........122
Hudson, Samantha, MD ..........247
Hudson, Steven, MD ..........296
Huerta, Joyce, MD ..........328
Huffman, Gary, MD ..........320
Huffman, Leilei C., MD ..........245
Huffman, Matthew, MD ..........234
Huffstetler, Emily B., MD ..........189
Huggins-Jones, Dawn, MD ..........219
Hughart, Christi L., DO ..........352
Hughes Counseling Service LLC ..........442
Hughes, G ..........205
Hughes, Marybeth S., MD ..........262
Hughes, Molly, MD ..........274
Hughes, Steven, MD ..........311
Huynh, Jennifer, DO ..........343
Huizara, Jose F., MD ..........361
Hulick, Peter, MD ..........369
Hull, Benjamin P., MD ..........250
Hull, Jane R., MD ..........149, 278
Hull, Jason, MD ..........311
Hultet, Joel M., MD ..........26
Hulfish, Cathie L., MD ..........189
Hulse, Matthew C., MD ..........243
Humadi, Safira, MD ..........65
Humbers, Jennifer B., MD ..........324
Humphreys, Stacy M., MD ..........221
Hunni, Ranzi ..........201
Hundley, Susan D., MD ..........26
Hundley, William G., MD ..........361
Hundt, David G., MD ..........133
Hungarland, John D., MD ..........37
Hunley, Richard, MD ..........71
Hunley, Stephen O., MD ..........234
Hunt Club Medical Clinic (Urgent Care) ..........434
Hunt, Michael G., DDS ..........306
Hunte, Noel, MD ..........101
Hunter, Laura J., DO ..........71
Hunter, Robert H., MD ..........45
Hunter, Tequila L., MD ..........173
Hunter, William C., MD ..........254
Huntoon, Elizabeth A., MD ..........369
Huntoon, Marc, MD ..........367
Huntzberry, Shane, OD ..........303
Hurst, Rachel I., MD ..........23, 29
Huye, Jessica L., MD ..........369
Hurd, Daniel S., DO ..........245
Hurbey, Amber N., OD ..........303
Hurley, John K., MD ..........368
Hurley, Martha A., MD ..........334
Index

Hurley, Sean, MD ..........254
Hurst, Michael, MD ..........155, 156
Hurt II, George, MD ..........352
Hurst, Michael, MD ..........286
Hurtado, Rafael V., MD ..........290, 348
Hurwitz, Jennie R. MD ..............175
Husen, Sric D., MD ..........64
Hum, Usama T., MD ..........283
Hutcheson, Eleanor, MD ..........247
Hutcheson, Douglas P., MD ..........202, 218
Hutchesins, Debra A., MD ..........262
Hutchinson, Kristin K., MD ..........175
Hutchinson, L., M., MD ..........138, 154
Hutchison, Joseph, MD ..........250
Huttman, Daniel T., MD ..........211
Huttson, Jamie S., MD ..........152
Huyhn, Christine, MD ..........182
Huyhn, Tina P., DPM ..........334
Hwang, Daniel, MD ..........250
Hwang, Irving, MD ..........288
Hwang, Richard J., MD ..........245
Hyde, Johnny, MD ..........266
Hyde, Mark P., MD ..........209
Hyder, Haroon, M.D., M.A.S. ..........44, 71
Hyton, Jordan B., DO ..........225
Hyman, Lawrence C., MD ..........45
Hyperbaric
Physician Services ..........381
Hypopolite, Natalie, DO ..........293
Hyre, Charles E., MD ..........262
Hyslop, John H., MD ..........262

I
Jacobucci, Mark J., MD ..........296
Jafool, Ayne K., MD ..........280
Ibe, Ikenna C., MD ..........124
Ibrahim, Amira, MD ..........254
Ibrahim, Rimon, MD ..........254
Iden, Thomas, MD ..........369
Idiculla, Stanley, DPM ..........334
Idef, Irlan, MD ..........96, 122
Ie, Susan, MD, M.D. ..........243, 393
Iglesias, David, MD ..........266
Iiams, Gordon J., MD ..........311
Ikeda, Daniel, MD ..........365
Ilkanoff, Leonard, MD ..........242
Ilyas, Waqas, MD ..........296
Imad, M. Elmehdi, MD ..........339
Image Recovery (Rochambeau Memorial Hospital) ..........208
Imaging Recovery (Rochambeau Memorial Hospital) ..........208
Imam, Shami, MD ..........48
Imhof, Megan E., MD ..........152
In & Out Express Care ..........431, 432, 433, 434
In Motion at the
Ingraham Medical Center (Bon Secours) ..........407
In Touch Therapy, PLC ..........299
Inayat, Nadeem, MD ..........331
Incantavision
William, MD 137, 147, 171, 174
Incios, Jesus Gil, MD ..........331
Independence Park Imaging
(Freestanding Imaging Centers) ..........413
Indian Path Community Hospital ..........383, 426
Infant and Child Development Services ..........405, 417
Infusys Medical, INC. ..........376
Inge, Margaret, DO ..........35
Iniguez, Alice, MD ..........75
Inpatient Consultants
of Tennessee, INC ..........450, 451, 453, 454
Insight Imaging - Roanoke..........414
Insulet Corporation ..........375
Intagliata, Maria S., MD ..........254
Intagliata, Valentina J., MD ..........322
Integrated Family
Services PLLC ..........448
Interim Healthcare (Western Tidewater HD) ..........390
Ismael-Campbell, Attiyah T., MD ..........41, 92
Israel, Jonathan, MD ..........352
Ito, Taro E., MD 205, 219
Istokovitch, Rozana A., MD ..........124
Ittooop, Sabita M. ..........296
Juda, A. Christian, MD ..........47
Judica, Kathleen S., MD ..........47
Juorno, Joseph D., MD ..........296
Juorno, Maria, MD ..........247
Ivany, Buffy, MD ..........39
Ives, Charles E., MD ..........262
Ivey, Henry, MD ..........85
IVNA Home Health
(Skilled Nursing) ..........393
Iwanow, Ingrid C., MD ..........250
Iwasyhny, Scott, MD ..........167
Iwunzu, Rosemary C., MD ..........364
Iyer, Akila V., MD ..........28
Iyer, Harish, MD ..........254
Iyer, Venkat R., MD ..........234

J
J David Collins And Associates LLC ..........443, 444
J Demory Counseling Services ..........448
J Clyde Urgent Care (SMG) ..........433
Jace, Robert W., MD ..........296
Jackson, Andrea M., MD ..........192
Jackson, Christina M. DO ..........218
Jackson, Gloria, MD ..........45
Jackson, Horace J., MD ..........124
Jackson, LaSandra, MD ..........262
Jackson, Latoya, MD ..........196
Jackson, Leroy T., MD ..........196
Jackson, Michael, MD ..........131
Jackson, Wayne, CRNA ..........293
Jackson, Nathan A., DO ..........245
Jackson, Patrick E., MD ..........271
Jackson, Paul, MD 25, 60, 66, 71
Jackson, Richard A., MD ..........124
Jackson, Sherry T., MD ..........110
Jacobs, Dennis, MD ..........288
Jacobs, Gerri, MD ..........366
Jacobs, John, MD ..........286
Jacobsen, Peter C., MD ..........311
Jacoby, Bryon N., MD ..........277
Jadali, Saeed, MD 58, 60
Jadidi, Ali, MD ..........178
Jaeger, Anne M., MD ..........127
Jaeger, James, MD ..........243
Jaeger, Matthew J., MD ..........90
Jaff, Twana
Rohkazay, MD ..........115
Jaffe, David, MD ..........368
Jaffe, Katherine, MD ..........99
Jafir, Ahsan Q., DO 105, 109, 114, 132, 234, 276
Jaffi, Hameed, MD ..........262
Jaffi, Naved A., MD ..........197, 204
Jaffi, Olaib Ed., MD ..........274
Igart, Harivander, MD ..........356
Jahn, Darius, MD ..........254
James Oceanez, Silvia Natalia, MD ..........169
Jain, Aabha, MD ..........274
Jain, Kim, MD ..........119, 162
Jain, Smita, MD ..........234
Jain, Vivek K., MD ..........296
Jairath, Sanjeev K., MD ..........254
Jakle, Beth, MD ..........262
Jakam, Joshua, MD ..........176
Jalandhara, Vinikumar R., MD 21, 27, 37, 41, 45
Jalbert, Kristen D.H., MD ..........87
James Dyer Physical Therapy Clinic ..........412
James E. Davis
Ambulatory Surgery Center ..........425
James E. Davis
Ambulatory Surgery Center ..........425
James K
Childerston ..........442
James Kronlage
LCSD DC5W ..........448
James River Home
Health Care, Inc 392
James River Physical Therapy ..........402
James, Andra H., MD ..........200
James, Colleen Erin, DO ..........75, 85
James, Jessica C., DO ..........93
James, Joseph A., MD ..........71
James, Laura J., MD ..........68
James, Lindsey
Brooke, MD ..........99
Jama, Mark J., MD ..........250
Jami, Adna, DO ..........109, 114
Jamison, Suzanne C., MD ..........127

Optima Direct Network Providers 5/2019
546
Optima Health
<table>
<thead>
<tr>
<th>Name</th>
<th>MD</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jenkins, Elizabeth</td>
<td>M.</td>
<td>103, 124</td>
<td></td>
</tr>
<tr>
<td>Jenkins, Emily</td>
<td>MD</td>
<td>103, 124</td>
<td></td>
</tr>
<tr>
<td>Jenkins, Jeffrey G.</td>
<td>MD</td>
<td>328</td>
<td></td>
</tr>
<tr>
<td>Jenkins, Joseph</td>
<td>Thomas, MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Jenkins, Lydia M.</td>
<td>DO</td>
<td>80</td>
<td></td>
</tr>
<tr>
<td>Jennifer J Scott</td>
<td>Acsw Cswd</td>
<td>448</td>
<td></td>
</tr>
<tr>
<td>Jennifer Parris</td>
<td></td>
<td>454</td>
<td></td>
</tr>
<tr>
<td>Jennings, Cara, MD</td>
<td>320, 328</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jennings, Clara, MD</td>
<td>60</td>
<td></td>
<td></td>
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<tr>
<td>Jennings, Stewart W.</td>
<td>MD</td>
<td>182</td>
<td></td>
</tr>
<tr>
<td>Jensen III, Boyd F.</td>
<td>DPM</td>
<td>334</td>
<td></td>
</tr>
<tr>
<td>Jensen, Shane D.</td>
<td>MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Jeong, Seong-Joo</td>
<td>MD</td>
<td>339</td>
<td></td>
</tr>
<tr>
<td>Jeremiah, Michael P.</td>
<td>MD</td>
<td>75</td>
<td></td>
</tr>
<tr>
<td>Jerlin, Erin A.</td>
<td>DPM</td>
<td>334</td>
<td></td>
</tr>
<tr>
<td>Jeremiah, James E.</td>
<td>MD</td>
<td>44, 58</td>
<td></td>
</tr>
<tr>
<td>Jesse Jr, E. Forrest</td>
<td>MD</td>
<td>346</td>
<td></td>
</tr>
<tr>
<td>Jessup, Douglas E.</td>
<td>MD</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>Jessup, Neal S.</td>
<td>OD</td>
<td>303</td>
<td></td>
</tr>
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<td>Jesteadt, Gregory C.</td>
<td>MD</td>
<td>47</td>
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<tr>
<td>Jethava, Ashif K.</td>
<td>MD</td>
<td></td>
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</tr>
<tr>
<td>Jett, Lynn Thornton</td>
<td>DDS</td>
<td>306</td>
<td></td>
</tr>
<tr>
<td>Jetton, Heather, OD</td>
<td>303</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Judy, Myrline</td>
<td>MD</td>
<td>225</td>
<td></td>
</tr>
<tr>
<td>Jewish Family</td>
<td>Service</td>
<td>394</td>
<td></td>
</tr>
<tr>
<td>Jewish Family</td>
<td>Services</td>
<td>393</td>
<td></td>
</tr>
<tr>
<td>Iba, Chetna</td>
<td>MD</td>
<td>128</td>
<td></td>
</tr>
<tr>
<td>Jill Weisenberger</td>
<td>Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>John R Haram</td>
<td></td>
<td>459</td>
<td></td>
</tr>
<tr>
<td>John Randolph</td>
<td>Medical Center</td>
<td>413, 427</td>
<td></td>
</tr>
<tr>
<td>John Randolph</td>
<td>Medical Center (PT)</td>
<td>406</td>
<td></td>
</tr>
<tr>
<td>John, Binu</td>
<td>MD</td>
<td>362</td>
<td></td>
</tr>
<tr>
<td>John, Christopher K.</td>
<td>MD</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>John, Vishak J.</td>
<td>MD</td>
<td>296</td>
<td></td>
</tr>
<tr>
<td>Johns, Jeffrey</td>
<td>MD</td>
<td>369</td>
<td></td>
</tr>
<tr>
<td>Johns, Mark E.</td>
<td>MD</td>
<td>234</td>
<td></td>
</tr>
<tr>
<td>Johnson City</td>
<td>Medical Center</td>
<td>383, 426</td>
<td></td>
</tr>
<tr>
<td>Johnson County Community Hospital</td>
<td>382, 383, 426</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Johnson Health Care</td>
<td></td>
<td>382</td>
<td></td>
</tr>
<tr>
<td>Johnson, Alan R.</td>
<td>MD</td>
<td>234</td>
<td></td>
</tr>
<tr>
<td>Johnson, Amour</td>
<td>MD</td>
<td>219</td>
<td></td>
</tr>
<tr>
<td>Johnson, Betty A.</td>
<td>MD</td>
<td>182</td>
<td></td>
</tr>
<tr>
<td>Johnson, Brent M.</td>
<td>MD</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>Johnson, Brian L.</td>
<td>MD</td>
<td>245</td>
<td></td>
</tr>
<tr>
<td>Johnson, Bruce E.</td>
<td>MD</td>
<td>339, 348</td>
<td></td>
</tr>
<tr>
<td>Johnson, Bruce</td>
<td>MD</td>
<td>127</td>
<td></td>
</tr>
<tr>
<td>Johnson, Bryan</td>
<td>MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Johnson, Caitlin T.</td>
<td>ND</td>
<td>227</td>
<td></td>
</tr>
<tr>
<td>Johnson, Chelsea, OD</td>
<td>MD</td>
<td>303</td>
<td></td>
</tr>
<tr>
<td>Johnson, Christopher R.</td>
<td>MD</td>
<td>370</td>
<td></td>
</tr>
<tr>
<td>Johnson, David A.</td>
<td>MD</td>
<td>255</td>
<td></td>
</tr>
<tr>
<td>Johnson, Diane</td>
<td>MD</td>
<td>60</td>
<td></td>
</tr>
<tr>
<td>Johnson, Douglas A.</td>
<td>MD</td>
<td>247</td>
<td></td>
</tr>
<tr>
<td>Johnson, Frank J.</td>
<td>MD</td>
<td>81</td>
<td></td>
</tr>
<tr>
<td>Johnson, Ingrid D.</td>
<td>MD</td>
<td>156</td>
<td></td>
</tr>
<tr>
<td>Johnson, Israel</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Micah, MD</td>
<td>188, 192, 193, 201, 213, 215, 216</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Johnson, IV, Paul C.</td>
<td>MD</td>
<td>250</td>
<td></td>
</tr>
<tr>
<td>Johnson, Jason R.</td>
<td>MD</td>
<td>87</td>
<td></td>
</tr>
<tr>
<td>Johnson, Jeffery C.</td>
<td>MD</td>
<td>350</td>
<td></td>
</tr>
<tr>
<td>Johnson, Jenni, OD</td>
<td>303</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Johnson, Kristina G.</td>
<td>MD</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>Johnson, Lydia J.</td>
<td>MD</td>
<td>362</td>
<td></td>
</tr>
<tr>
<td>Johnson, Mariann, MD</td>
<td></td>
<td>58</td>
<td></td>
</tr>
<tr>
<td>Johnson, Matthew A.</td>
<td>MD</td>
<td>22, 23, 24, 27, 45, 53, 62</td>
<td></td>
</tr>
<tr>
<td>Johnson, Michael A.</td>
<td>OD</td>
<td>303</td>
<td></td>
</tr>
<tr>
<td>Johnson, PAUL, MD</td>
<td>145, 155</td>
<td>250</td>
<td></td>
</tr>
<tr>
<td>Johnson, Peter A.</td>
<td>MD</td>
<td>250</td>
<td></td>
</tr>
<tr>
<td>Johnson, Richard R.</td>
<td>MD</td>
<td>296</td>
<td></td>
</tr>
<tr>
<td>Johnson, Robert A.</td>
<td>MD</td>
<td>175</td>
<td></td>
</tr>
<tr>
<td>Johnson, Rod S.</td>
<td>MD</td>
<td>42</td>
<td></td>
</tr>
<tr>
<td>Johnson, Sandra M.</td>
<td>MD</td>
<td>296</td>
<td></td>
</tr>
<tr>
<td>Johnson, Sandra S.</td>
<td>MD</td>
<td>108</td>
<td></td>
</tr>
<tr>
<td>Johnson, Sheryl L.</td>
<td>MD</td>
<td>317</td>
<td></td>
</tr>
<tr>
<td>Johnson, Stephen M.</td>
<td>MD</td>
<td>339</td>
<td></td>
</tr>
<tr>
<td>Johnson, Stephen</td>
<td>MD</td>
<td>339</td>
<td></td>
</tr>
<tr>
<td>Johnson, Steven C.</td>
<td>MD</td>
<td>317</td>
<td></td>
</tr>
<tr>
<td>Johnson, Teddy</td>
<td>Reece, DPM</td>
<td>334</td>
<td></td>
</tr>
<tr>
<td>Johnson, Tonya</td>
<td>Lynne, MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Johnson, William B.</td>
<td>MD</td>
<td>149</td>
<td></td>
</tr>
<tr>
<td>Johnson, Zelda</td>
<td>MD</td>
<td>33</td>
<td></td>
</tr>
<tr>
<td>Johnson, Crystal N.</td>
<td>MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Johnson-Privitera, C.</td>
<td>MD</td>
<td>169</td>
<td></td>
</tr>
<tr>
<td>Johnson-Williams, Tara C.</td>
<td>MD</td>
<td>317</td>
<td></td>
</tr>
<tr>
<td>Johnston Memorial</td>
<td>Home Health and Hospice</td>
<td>394</td>
<td></td>
</tr>
<tr>
<td>Johnston Memorial</td>
<td>Hospital and Hospice</td>
<td>394</td>
<td></td>
</tr>
<tr>
<td>Johnston Memorial</td>
<td>Hospital 411, 413, 428, 431</td>
<td>245</td>
<td></td>
</tr>
<tr>
<td>Johnston, Chad J.</td>
<td>DO</td>
<td>245</td>
<td></td>
</tr>
<tr>
<td>Johnston, Helden</td>
<td>MD</td>
<td>136</td>
<td></td>
</tr>
<tr>
<td>Johnston, Karen</td>
<td>Chodack, MD</td>
<td>290</td>
<td></td>
</tr>
<tr>
<td>Johnston, Michael</td>
<td>MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Johnston, Vincent</td>
<td>MD</td>
<td>31</td>
<td></td>
</tr>
<tr>
<td>Johnstone, Paul</td>
<td>DO</td>
<td>339</td>
<td></td>
</tr>
<tr>
<td>Joffi, Shihpa, MD</td>
<td>339</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Joiner, Jr., Murray E.</td>
<td>MD</td>
<td>328</td>
<td></td>
</tr>
<tr>
<td>Jorda, Ronald S.</td>
<td>DO</td>
<td>38</td>
<td></td>
</tr>
<tr>
<td>Joly, Thomas J.</td>
<td>MD</td>
<td>296</td>
<td></td>
</tr>
<tr>
<td>Jones, Adaptive</td>
<td>Mobility</td>
<td>382</td>
<td></td>
</tr>
<tr>
<td>Jones, III, William R.</td>
<td>MD</td>
<td>352</td>
<td></td>
</tr>
<tr>
<td>Jones, Aaron, MD</td>
<td>328</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Amanda P.</td>
<td>MD</td>
<td>140, 179</td>
<td></td>
</tr>
<tr>
<td>Jones, Arthur, DO</td>
<td>192</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Christine S.</td>
<td>MD</td>
<td>158</td>
<td></td>
</tr>
<tr>
<td>Jones, Cori, L.</td>
<td>MD</td>
<td>142</td>
<td></td>
</tr>
<tr>
<td>Jones, Daphne M.</td>
<td>MD</td>
<td>317</td>
<td></td>
</tr>
<tr>
<td>Jones, Darlene L.</td>
<td>DO</td>
<td>328</td>
<td></td>
</tr>
<tr>
<td>Jones, David E.</td>
<td>MD</td>
<td>290</td>
<td></td>
</tr>
<tr>
<td>Jones, Drew, MD</td>
<td>339</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Ethnie S.</td>
<td>MD</td>
<td>296</td>
<td></td>
</tr>
<tr>
<td>Jones, Ezekiel N.</td>
<td>DO</td>
<td>78</td>
<td></td>
</tr>
<tr>
<td>Jones, Frances J</td>
<td>MD</td>
<td>255</td>
<td></td>
</tr>
<tr>
<td>Jones, Glenn C.</td>
<td>MD</td>
<td>119</td>
<td></td>
</tr>
<tr>
<td>Jones, Heather A.</td>
<td>MD</td>
<td>343</td>
<td></td>
</tr>
<tr>
<td>Jones, III, Charles M.</td>
<td>MD</td>
<td>266</td>
<td></td>
</tr>
<tr>
<td>Jones, III, Davis B.</td>
<td>MD</td>
<td>175</td>
<td></td>
</tr>
<tr>
<td>Jones, III, Sidney R.</td>
<td>MD</td>
<td>107, 124</td>
<td></td>
</tr>
<tr>
<td>Jones, John P.</td>
<td>MD</td>
<td>41, 53</td>
<td></td>
</tr>
<tr>
<td>Jones, John Paul</td>
<td>MD</td>
<td>234</td>
<td></td>
</tr>
<tr>
<td>Jones, Jr, Albert M.</td>
<td>MD</td>
<td>328</td>
<td></td>
</tr>
<tr>
<td>Jones, Jr, James E.</td>
<td>MD</td>
<td>210</td>
<td></td>
</tr>
<tr>
<td>Jones, Jr, Kendall C.</td>
<td>MD</td>
<td>262</td>
<td></td>
</tr>
<tr>
<td>Jones, Jr, Samuel M.</td>
<td>MD</td>
<td>46</td>
<td></td>
</tr>
<tr>
<td>Jones, Lee, DMD</td>
<td>306</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jones, Mark M.</td>
<td>MD</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>Jones, Matthew L.</td>
<td>MD</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>Jones, Matthew Page</td>
<td>MD</td>
<td>268</td>
<td></td>
</tr>
<tr>
<td>Jones, Micah W.I.</td>
<td>DO</td>
<td>311</td>
<td></td>
</tr>
<tr>
<td>Jones, Michael L.</td>
<td>DDM</td>
<td>306</td>
<td></td>
</tr>
<tr>
<td>Jones, Michael P.</td>
<td>MD</td>
<td>255</td>
<td></td>
</tr>
<tr>
<td>Jones, Michael W.</td>
<td>DO</td>
<td>53</td>
<td></td>
</tr>
<tr>
<td>Jones, Samuel M.</td>
<td>MD</td>
<td>39</td>
<td></td>
</tr>
<tr>
<td>Jones, Sarah M.</td>
<td>MD</td>
<td>290</td>
<td></td>
</tr>
<tr>
<td>Jones, Thomas M.</td>
<td>MD</td>
<td>87</td>
<td></td>
</tr>
<tr>
<td>Jones, William K.</td>
<td>MD</td>
<td>115</td>
<td></td>
</tr>
<tr>
<td>Jordan, Cami U.</td>
<td>MD</td>
<td>175</td>
<td></td>
</tr>
<tr>
<td>Jordan, Christine D.</td>
<td>MD</td>
<td>97</td>
<td></td>
</tr>
</tbody>
</table>
Moore, Patricia M., MD ........................................ 291
Moore, Sean R., MD ........................................ 323
Moore, Valerie, AUD ........................................ 229
Moore, William F., MD ........................................ 58, 72
Moore, Willie, MD ........................................ 100
Moorer, Geoffrey, MD ........................................ 271
Moores, Russell, MD ........................................ 365
Moorman, Chad D., DPM ..................................... 334
Moorman, Joseph R., MD ...................................... 242
Moose, Susan C., DO ........................................ 135
Mores Jr., Manoel, DO ........................................ 135
Moraes-Finglass, Lacyoni, MD ......................... 271
Morales, Joshua A., MD ...................................... 320
Morales, Maripaz B., MD ..................................... 320
Morales, Renee C, MD ........................................ 207
Moran, Joseph C., MD ........................................ 263
Morbia, Roshan Pradip, MD ............................... 332
More than Words, L.L.C ..................................... 416, 419
More, Kenneth F., MD ........................................ 271
Moree, Claire M., MD .......................................... 62
Morel, Thomas Devon, MD ................................. 320
Moreland, Roberta, MD ....................................... 245
Moretz, Jonathan B, MD ....................................... 88
Morewitz, Nancy D., MD .................................... 291, 348
Morey, Ann M, MD ........................................... 82
Morey, Lucia S., MD ........................................... 346
Morford, Ronald, MD .......................................... 237
Morgan County ARH Regional Medical Center ... 374, 375, 425
Morgan, Alan J., MD ........................................... 27, 47
Morgan, Benjamin H., DO .................................... 69
Morgan, David B., MD ......................................... 344
Morgan, Frank G., MD ........................................ 206, 219
Morgan, Heather A., MD ..................................... 344
Morgan, Mokhtar, MD ......................................... 83
Morgan, Raymond F., MD .................................... 332
Morgan, Raymond W., MD ................................. 72
Morgan, Stephen A, MD .................................... 26, 27, 36, 76, 85
Morgan, Troy, MD ............................................. 304
Morgan, William R., MD ..................................... 353
Morin H., Norman Paul, MD ............................. 313
Morin, Scott R., MD ........................................... 251
Morina, John M., MD ......................................... 313
Morisano, Mihail, MD ....................................... 346
Moroum, Chizoge E., MD ................................... 297
Morra, Marcus N., MD ........................................ 353
Morris, Anthony A., MD ..................................... 34
Morris, Clifford V., MD ....................................... 237
Morris, Deborah A., MD ..................................... 320
Morris, Edward, MD ......................................... 137, 148, 153, 172, 174
Morris, Gordon L., MD ..................................... 271
Morris, Kylie L., DO ........................................... 78
Morris, Mark, MD ............................................. 298
Morris, Monica, MD .......................................... 344
Morris, Randall, MD .......................................... 151
Morrisson, Allan, MD ......................................... 275
Morrisson, Jeffrey D., DO ................................... 204, 220
Morrisson, Sanford Neil, DDS ................................ 306
Morris-Jones, Carl M., MD .................................. 162, 176
Morrisette, Phillip W., MD .................................. 44, 60
Morrow, Linda C., MD ....................................... 192
Mortlock, David, MD ......................................... 45
Morton, Lawrence D., MD .................................. 368
Morton, Richard W., MD .................................... 298
Morton, Willie A., MD ....................................... 318
Moschler, Jr, Edward Franklin, MD .................... 192
Moscoso, Ricardo, MD ....................................... 263
Moseley, Heather, MD ....................................... 32
Moser Radiation Therapy Center (UVA) ............... 428
Moses, Benjamin A., MD ................................... 318
Moses, Emily S., MD ......................................... 324
Moshier Physical Therapy and Sports Medicine, PC ...... 400, 408
Mosher, Ali, MD ............................................. 313
Mosier, Gabriel L., MD ...................................... 93
Mosier, Kristen A., MD ...................................... 206
Moskal, Joseph T., MD ...................................... 313
Moss, Gary B., MD ........................................... 227
Moss, Jonathan D., MD ...................................... 26
Moss, Jr., Gene, MD .......................................... 298
Moss, Saxton, MD ............................................ 298
Mostello, Andrew J., DO .................................... 313
Motley, Stuart, MD .......................................... 125
Motley, Vickie C., MD ....................................... 152
Moujahid, Joseph, MD ..................................... 353
Moughrabi, Bassel, MD ..................................... 112, 284
Mount Vernon Healthcenter .................................. 403
Mount, Alexander, DPM ..................................... 334
Mountain Comprehensive Care Center Inc ................ 439, 440
Mountain Empire Cataract & Eye Surgery Center ...... 426
Mountain Empire Hearing and Balance, Inc ........... 385
Mountain Empire Neurological Associates PC .......... 451
MOUNTAIN REGION PERSONAL CARE SERVICES INC ... 393, 394
Mountain State Psychological Services PLLC ........... 458, 459
Mountain States Pharmacy .................................. 382
Mountain Valley Physical Therapy ....................... 404
Mountcastle, Robert, MD .................................. 127
Mountcastle, Timothy, MD .................................. 263
Mouner, Assaad M., MD .................................... 353
Moussalli, Colette, MD ..................................... 248
Moussavi, Sohail, MD ....................................... 135
Moustafa Hussein, Wessam H., MD ................. 135
Moustafa Hussein, Wessam H., MD .................. 135
Moustafa, Hany F., MD ..................................... 194
Moving Forward Physical Therapy ....................... 406
Mowery, Deborah T., MD .................................. 329
Moxley, George, MD ........................................ 370
Moyer, Peter, MD ............................................ 357
Moyer, Kurtis E., MD ........................................ 332
Moylan, Laura L., MD ...................................... 214
Moylan, Robert Daniel, MD ................................ 256
Mozenai, Johnathan D., MD ................................ 228
MPNSB CSB. 407, 412, 418, 419
Mpooy Kanyinda, Jean-Marie K., MD .................. 120
Mrava, Diane M., MD ....................................... 203, 210
Mt. Pleasant Urgent Care and Family Practice .......... 431
Musawdraf, Rafik D., MD .................................. 313
Mudrick, Colin, MD .......................................... 313
Muenlenaver, Andre A., MD ............................. 325
Mueller, Christopher J., DPM ........................... 334
Mueller, David P., MD ...................................... 306
Mueller, George, DO ......................................... 237
Mueller, Susan, OD ........................................... 304
Mufic, Michael, MD .......................................... 245
Mulfah, Shawana, MD ...................................... 194
Mugaisi, Hesed N., MD ..................................... 83
Mughal, Amjad Iqbal, MD .................................. 132
Mughal, Zahid I., MD ....................................... 340
Mukherjee, Akta, MD ....................................... 248
Mukherjee, Avik, MD ....................................... 357
Mukund, Kanhere Mansi, MD ......................... 367
Muldooon, Daniel, MD ...................................... 42
Mullen, P. Wesley, MD ........................................ 298
Muller, Richard A., MD ..................................... 104
Muller, Emily K., MD ........................................ 181
Mulreany, Patricia, MD .................................... 158
Mulugeta, Yemirash, MD ................................... 114
Mumbauer, Steven Wayne, MD ......................... 173, 177
Muminovic, Rebecca A., MD ................................ 58
Mumper, Elizabeth, MD .................................... 155
Mumper, James D., MD ..................................... 60, 72
Mumpower, Rebecca Yonne, MD ....................... 364
Munis, Raiaq, MD ........................................... 105
Munro, Andrew D., MD .................................... 298
Munson, Amie R., MD ...................................... 35
Munson, Keith D., MD ....................................... 243, 263
Murchison, Amanda B., MD ............................. 193, 201, 214, 215, 216
Murchison, Ross, MD ....................................... 127
Murdock, Kirk A., MD ...................................... 298
Murphy, David P., MD ...................................... 353
Murphy, David Patrick, MD ............................... 340
Murphy, Jessica Elizabeth, MD ......................... 192
Murphy, Stephen P., MD .................................... 318
Murphy, Thomas M., MD ................................... 340, 348
Murray E Joiner Jr MD PC - PT .......................... 412
Murray, Gary S., MD ......................................... 237
Murray, Kevin P., DPM ........................................ 334
Murray, Latisha, MD ......................................... 25, 60, 68
Murray, Susan B., MD ........................................ 149, 159
Murray, Theresa E., MD ..................................... 167
Murray, Thomas Bradley, MD 102, 106, 117, 121
Murray, Vienne K, MD ....................................... 210
Murray, William, MD ........................................ 30
Murrell, George, MD .......................................... 251
Murtaza, Kulsoom T, OD ................................... 304
Murthy, Anitha, MD .......................................... 284
Musana, Kenneth A., MD .................................... 256
Musgrave, Donna L., MD .................................... 214
Musio, Franco, MD ........................................... 284
Musselman, Zattam, MD .................................... 101
Musser, Carl Wilson, MD .................................... 237
Mutch, Justin, MD ............................................ 155
Muthayala, Uma D., MD .................................... 248
Mya, Moe M., MD ........................................... 115
Myers, Jennifer, MD ......................................... 364
Myers, Pamela, MD .......................................... 136

558

Optima Direct Network Providers 5/2019

Index

OptimaHealth
Index

Radiology
Consultants of Lynchburg (Total Component) 414
Radkar, Gauri V., DO 272
Radoiu, Michael C., MD 304
Radow, Scott, MD 341
Radwan, Alaa Aladin, DDS 306
Raeder, Renata B., OD 304
Rafferty, Erin R., MD 144
Rafferty, Moira A., MD 113
Raford, Paul T., MD 24
Raghavan Reddiar, Vidya Narayana, MD 320
Ragi, Jennifer M., Vidya Narayana, MD 364
Ragosta, Michael, MD 238
Ramchandran, Krishnaswamy, MD 238
Ramakrishnan, Karthik, MD 121
Raman, Rachna, MD 272
Ramdaswamy, Anil, MD 323
Rambhala, Lalitha S., MD 187
Ramsaas, Roland, DPM 335
Ramey, Nicholas A., MD 299
Ramia, Rony, MD 363
Ramirez, Bryant R., MD 287
Ramirez, Ray, MD 243
Ramirez-Montalegre, Denia, MD 291
Ramlawi, Basel, MD 238
Ramlia, Mansukhlal R., MD 32
Ramos, Leah M., OD 304
Ramsdale, Erika E., MD 272
Ramsey, Kristin, DO 68
Ramsey, Krystina, MD 304
Ramstad, David S., MD 130
Ramus, Ronald, MD 278, 327, 364
Rana, Ghias A., MD 193, 195, 218
Rana, Khalid, MD 291
Rana, Mohammad Javed, MD 238
Rana, Zeshan, MD 238
Ranawat, Nishant, MD 291
Randolph II, David, MD 344
Randolph, Jessica D., MD 366
Randolph, Natalie N., MD 220
Randolph, Sr., David M., MD 344
Ranganathan, Meera, MD 341
Ranieri, Gerard J., DPM 335
Ranjain, Aparna, MD 320
Rank, Harb L., MD 54
Rankin, David K., MD 91
Ranney, Anne M., MD 141
Ransom, Mary, MD 291
Ranson, Karen A., MD 146, 156
Ranzini, Joseph L., MD 264
Rao, Krishnaswamy, MD 361
Rao, Sudhir R., MD 318
Rao, Swati, MD 285
Rao, Viping, MD 256
Rapid Rehabilitation PC 411
Rapp, Catherine, MD 314
Rapp, David E., MD 354
Rappahannock Area CSB 404, 417
Rappahannock General Hospital 393, 397, 406, 413, 415, 418, 427, 430
Rappahannock Rapidan CSB 402
Rappaport, Leonard A., MD 299
Rappaport, Patricia, MD 154
Rash, Christopher B., MD 239
Rasheed, Nasir, MD 109, 115
Rashid, Zahid, MD 256
Rasi, Anthony, DO 97
Rasso, Artena, DPM 335
Rasul, Kamran, MD 248
Ratchford, Francis X., MD 27, 48, 56, 80, 92
Rath, Vikas, MD 239
Rathore, Animesh, MD 357
Ratifff, James E., MD 354
Rauchwarg, Glenn, DO 90
Rausch, Christine, MD 246
Raval, Gauri R., MD 141, 164
Raval, Tejas H., MD 251
Ravi, Sandeep, MD 299
Ravindra, P. V., MD 239
Ravishankar, Jayashree, MD 125
Ravussin, Jeremy, MD 117
Rawla, Mandip S., MD 248
Rawles, Jr., James W., MD 256
Rawles, Robert, MD 314
Rawlins, Jonas, DO 113
Rawls, William H., MD 354
Ray, Dipes, MD 102
Ray, Sulekha, MD 32
Rayen, Kelvin B., MD 272
Raybould, Jillian E., MD 364
Raymond, Patricia L., MD 256
Rayno, Michael J., MD 335
Raz, Mical, MD 273
Raza, Qaisar, MD 127, 128
Raza, Syed Abid, MD 128
Rea, Catherine G., MD 24, 36, 84, 85
Reach Orthotic & Prosthetic Services 399
Read, Curtis, DO 81
Read, Paul W., MD 344
Read, Stephen G., MD 361
Reardon, Kelli A., MD 344
Reaves, Jamy Lynn, DO 246
Reavey-Cantwell, John, MD 365
Rebeyka, Ivan M., MD 361
Reckowski, Kelly N., DO 84
Rebman, Jeffrey A., MD 354
Record, Stephen, OD 304
Rector, Jr., George, MD 191, 220
Reda, Annette, MD 299
Redding, Anne D., MD 291
Reddy, Ashvini, MD 299
Reddy, Shalini R., MD 230
Reddy, Venkat M., MD 299
Redick, Dana L., MD 190, 207
Redington, James F., MD 62
Redmon, Julie A., MD 251, 362
Redus-McCoy, Angelique P., MD 141, 164
Reece, Steven G., MD 349
Reed Jr, William C., MD 66, 88
Reed, Ashley M., MD 246
Reed, Harrell, MD 113
Reed, Jennifer M., MD 264
Reed, John P., MD 40
Reed, John, MD 322
Reed, Luckey, MD 221
Reed, Pauline C., MD 88
Reed, Sarah W., MD 30
Reed, Sharon Budniak, MD 120
Reed, William W., MD 347
Reese, Amanda H., DO 264
Reese, Daniel, MD 239
Reese, Heather R., MD 221
Reflections Wellness Boutique, LLC 398
Regan, Laura E., MD 246
Regan, Owen T., MD 194, 196
Regan, Sarah A., MD 81
Regional Cancer Center at IPMC 426
Regional Cancer Center at Montross 423
Regional Health Diagnostics, Inc. 429
Regional One EMS 384
Reha, William C., MD 354
Rehabilitation Associates 400, 402, 404, 410, 411, 412, 416, 417, 418, 419
Rehabilitation Associates of Central Virginia, LP 400, 401, 406, 407, 408
Rehabilitation Services at the Staff Medical Pavilion 410, 418
Rehabilitation Services of Danville 402
Rehm, Jeffrey, MD 341, 348
Rehm, Syed A., MD 132
Rehm, Zahra M., MD 120
Rehmann, Rebecca A., DO 27, 28, 57, 89
Reibel, James F., MD 251
Reichman, Trevor, MD 363
Reid, James R., MD 90
Reid, Robert, MD 272
Reid, Yolanda G., MD 43, 81
Reifschneider, Kent, MD 323
Reigel, Craig A., MD 314
Reilly, Matthew J., MD 278
Reilly III, Harold F., MD 256
Reilly, Michele, DO 138, 139
Reinke-Piper, Kristen, MD 68
Reinhardt, Stephen, MD 49, 61, 66, 73
Reis, Abilio, MD 314
Reiser, Darrell S., MD 299
Reiter, Evan R., MD 362

Optima Direct Network Providers 5/2019
OptimaHealth
Index

S
Saadah, Khalid M, MD .....................342
Saadat, Seyed H., MD ....................40
Saadah, Ghandi M, MD ..................248
Saadi, James A, MD .....................287
Saado, Walid, MD .........................35
Saatrassat, Tanui, MD ...................291
Saavedra, Arturo, MD ....................246
Saavedra, Patrick Martin, DPM ........335
Sabet, Hajeer, MD .........................314
Sabet, Sina J, MD .........................298
Sahharwan, Charu, MD ..................348
Sahharwan, Vipal K, MD ..................239
Sabino-Akins, K., MD ....................239
Joyce, MD .................................157
Sah, Sashia Z, MD ..........................190
Saban, Nicholas K, MD ...................314
Saccocio, Saria C, MD ...................357
Sachdeva, Saria, MD ......................35
Sadek, Mona, MD ..........................214
Sadiq, Saima, MD ..........................24
Saidi, Iyad, MD .............................251
Salerno, Alexander, MD .................44
Salerno, Michael, MD .....................38
Sale, Benedict, MD .......................130
Salgado Nunez del Prado, Silvia R, MD ......362
Salim, David M, MD .....................120
Saleh, Islam A, MD .......................329
Saluja, Ravi, MD ...........................347
Salim, Mehdi, MD .........................273
Salerno, Amy, MD .........................100
Salerno, Daniela, MD .....................251
Salley, Jeremy, MD .......................314
Salley, David, MD ........................248
Saluzzo, Jennifer, MD ...................363
Salluzzo, L这是第二行Saluzzo, Jennifer, MD ................363
Salvatoor, Jessica Lynn, MD................148
Salmon, Lauren, MD ......................268
Salomon, Alexander, MD .................106, 130, 135
Salvatore, Luisa C, MD ..................132
Salzman, Herbert A, MD ................342
Salvatoor, Katherine L, MD ..............272
Salzberg, Arnold D, MD ..................264
Saman, S. George, MD ...................272
Samas, Thomas A, MD ...................342
Samadani, Attique, MD ...................278
Samadani, Rafia, MD .....................264
Samadani, Shaik, MD ....................329
Samadani, Shazia, MD ...................73
Sanee, Saquib, MD .......................239
Sampat, Keeran R, MD ...................272
Sample, Luciana, MD ......................305
Sample, Neil, MD ..........................267
Samplings, Randy, MD ...................146
Sanpni, Ericka, MD ........................293
Sanmess, A., MD ...........................329
Samuels, Garfield Hie, MD ................132
Sanborn, George E, MD ..................299
Sander, James B, MD .....................256
Sanders, Amanda, AUD ...................229
Sanders, Donald, MD .....................100
Sanders, Ellen C, MD .....................299
Sanders, Keith L, MD .....................265
Sanders, Kevin W, MD ...................354
Sanderson, Ching, MD ...................239
Sando, J, MD ...............................314
Sander, Jeremy, MD ......................337
Sandy, Kelsey, MD .......................251
Sarali, Kelly, MD ..........................248
Salluzzo, Jennifer, MD ...................363
Salvatoor, Jessica Lynn, MD ................148
Salman, Lauren, MD ......................268
Salomon, Alexander, MD .................106, 130, 135
Salvatore, Luisa C, MD ..................132
Salzman, Herbert A, MD ................342
Salvatoor, Katherine L, MD ..............272
Salzberg, Arnold D, MD ..................264
Saman, S. George, MD ...................272
Samas, Thomas A, MD ...................342
Samadani, Attique, MD ...................278
Samadani, Rafia, MD .....................264
Samadani, Shaik, MD ....................329
Samadani, Shazia, MD ...................73
Sanee, Saquib, MD .......................239
Sampat, Keeran R, MD ...................272
Sample, Luciana, MD ......................305
Sample, Neil, MD ..........................267
Samplings, Randy, MD ...................146
Sanpni, Ericka, MD ........................293
Sanmess, A., MD ...........................329
Samuels, Garfield Hie, MD ................132
Sanborn, George E, MD ..................299
Sander, James B, MD .....................256
Sanders, Amanda, AUD ...................229
Sanders, Donald, MD .....................100
Sanders, Ellen C, MD .....................299
Sanders, Keith L, MD .....................265
Sanders, Kevin W, MD ...................354
Sanderson, Ching, MD ...................239
Sando, J, MD ...............................314
Sander, Jeremy, MD ......................337
Sandy, Kelsey, MD .......................251
Salluzzo, Jennifer, MD ...................363
Salvatoor, Jessica Lynn, MD ................148
Salman, Lauren, MD ......................268
Salomon, Alexander, MD .................106, 130, 135
Salvatore, Luisa C, MD ..................132
Salzman, Herbert A, MD ................342
Salvatoor, Katherine L, MD ..............272
Salzberg, Arnold D, MD ..................264
Saman, S. George, MD ...................272
Samas, Thomas A, MD ...................342
Samadani, Attique, MD ...................278
Samadani, Rafia, MD .....................264
Samadani, Shaik, MD ....................329
Samadani, Shazia, MD ...................73
Sanee, Saquib, MD .......................239
Sampat, Keeran R, MD ...................272
Sample, Luciana, MD ......................305
Sample, Neil, MD ..........................267
Samplings, Randy, MD ...................146
Sanpni, Ericka, MD ........................293
Sanmess, A., MD ...........................329
Samuels, Garfield Hie, MD ................132
Sanborn, George E, MD ..................299
Sander, James B, MD .....................256
Sanders, Amanda, AUD ...................229
Sanders, Donald, MD .....................100
Sanders, Ellen C, MD .....................299
Sanders, Keith L, MD .....................265
Sanders, Kevin W, MD ...................354
Sanderson, Ching, MD ...................239
Sando, J, MD ...............................314
Sander, Jeremy, MD ......................337
Sandy, Kelsey, MD .......................251
Salluzzo, Jennifer, MD ...................363
Salvatoor, Jessica Lynn, MD ................148
Salman, Lauren, MD ......................268
Salomon, Alexander, MD .................106, 130, 135
Salvatore, Luisa C, MD ..................132
Salzman, Herbert A, MD ................342
Salvatoor, Katherine L, MD ..............272
Salzberg, Arnold D, MD ..................264
Saman, S. George, MD ...................272
Samas, Thomas A, MD ...................342
Samadani, Attique, MD ...................278
Samadani, Rafia, MD .....................264
Samadani, Shaik, MD ....................329
Samadani, Shazia, MD ...................73
Sanee, Saquib, MD .......................239
Sampat, Keeran R, MD ...................272
Sample, Luciana, MD ......................305
Sample, Neil, MD ..........................267
Samplings, Randy, MD ...................146
Sanpni, Ericka, MD ........................293
Sanmess, A., MD ...........................329
Samuels, Garfield Hie, MD ................132
Sanborn, George E, MD ..................299
Sander, James B, MD .....................256
Sanders, Amanda, AUD ...................229
Sanders, Donald, MD .....................100
Sanders, Ellen C, MD .....................299
Sanders, Keith L, MD .....................265
Sanders, Kevin W, MD ...................354
Sanderson, Ching, MD ...................239
Sando, J, MD ...............................314
Sander, Jeremy, MD ......................337
Sandy, Kelsey, MD .......................251
Salluzzo, Jennifer, MD ...................363
Salvatoor, Jessica Lynn, MD ................148
Salman, Lauren, MD ......................268
Salomon, Alexander, MD .................106, 130, 135
Salvatore, Luisa C, MD ..................132
Salzman, Herbert A, MD ................342
Salvatoor, Katherine L, MD ..............272
Salzberg, Arnold D, MD ..................264
Saman, S. George, MD ...................272
Samas, Thomas A, MD ...................342
Samadani, Attique, MD ...................278
Samadani, Rafia, MD .....................264
Samadani, Shaik, MD ....................329
Samadani, Shazia, MD ...................73
Sanee, Saquib, MD .......................239
Sampat, Keeran R, MD ...................272
<table>
<thead>
<tr>
<th>Name</th>
<th>MD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sinkin, Robert A.</td>
<td>22</td>
</tr>
<tr>
<td>Sinha, Amy, DO</td>
<td>315</td>
</tr>
<tr>
<td>Singson, Florisa S., MD</td>
<td>287</td>
</tr>
<tr>
<td>Singh, Sushma, MD</td>
<td>102</td>
</tr>
<tr>
<td>Singh, Sukhwinder, MD</td>
<td>287</td>
</tr>
<tr>
<td>Singh, Ran Vijai</td>
<td>22</td>
</tr>
<tr>
<td>Singh, Rajinder P., MD</td>
<td>246</td>
</tr>
<tr>
<td>Singh, Jaspreet, MD</td>
<td>240</td>
</tr>
<tr>
<td>Singam, R., MD</td>
<td>325</td>
</tr>
<tr>
<td>Singaraju, Vamsi, MD</td>
<td>345</td>
</tr>
<tr>
<td>Singer, Grace T., MD</td>
<td>104</td>
</tr>
<tr>
<td>Singh, Chand, MD</td>
<td>127</td>
</tr>
<tr>
<td>Singh, Gurwinder, MD</td>
<td>133</td>
</tr>
<tr>
<td>Singh, Inderjit, MD</td>
<td>355</td>
</tr>
<tr>
<td>Singh, Jaspreet, MD</td>
<td>240</td>
</tr>
<tr>
<td>Singh, Kanwar P., MD</td>
<td>240</td>
</tr>
<tr>
<td>Singh, Rajinder P., MD</td>
<td>292</td>
</tr>
<tr>
<td>Singh, Ran Vijai Pratap, MD</td>
<td>287</td>
</tr>
<tr>
<td>Singh, Sukhwinder, DO</td>
<td>104</td>
</tr>
<tr>
<td>Singh, Surinder D., MD</td>
<td>37</td>
</tr>
<tr>
<td>Singh, Sushma, MD</td>
<td>102</td>
</tr>
<tr>
<td>Singla, Anuj, MD</td>
<td>315</td>
</tr>
<tr>
<td>Singleton, Richard H., MD</td>
<td>287</td>
</tr>
<tr>
<td>Singson, Florisa S., MD</td>
<td>88</td>
</tr>
<tr>
<td>Sinha, Amy, DO</td>
<td>22</td>
</tr>
<tr>
<td>Sinha, Anuj, MD</td>
<td>280</td>
</tr>
<tr>
<td>Sinkin, Robert A., MD</td>
<td>280</td>
</tr>
<tr>
<td>Sivathanum, Diane, MD</td>
<td>275</td>
</tr>
<tr>
<td>Sirag, Helmy M., MD</td>
<td>248</td>
</tr>
<tr>
<td>Siraj, Elias S, MD</td>
<td>248</td>
</tr>
<tr>
<td>Sirak, John H, MD</td>
<td>350</td>
</tr>
<tr>
<td>Sirak, Tseday E. MD</td>
<td>240</td>
</tr>
<tr>
<td>Siri, Charuwan, MD</td>
<td>154</td>
</tr>
<tr>
<td>Sisk, Michael A., MD</td>
<td>325</td>
</tr>
<tr>
<td>Sisler, India, MD</td>
<td>369</td>
</tr>
<tr>
<td>Sismanis, Arndis, MD</td>
<td>362</td>
</tr>
<tr>
<td>Sismanis, Dimitrios, MD</td>
<td>299</td>
</tr>
<tr>
<td>Sisson, David E. MD</td>
<td>285</td>
</tr>
<tr>
<td>Siu, Joanne C., MD</td>
<td>265</td>
</tr>
<tr>
<td>Skandeva, Kostadinia H, DPM</td>
<td>336</td>
</tr>
<tr>
<td>Skaryak, Lynne, MD</td>
<td>350</td>
</tr>
<tr>
<td>Skees, Mark, MD</td>
<td>65</td>
</tr>
<tr>
<td>Selkton, Kimberly A, DO</td>
<td>369</td>
</tr>
<tr>
<td>Selkton, Matthew R., MD</td>
<td>272</td>
</tr>
<tr>
<td>Skencheris, Basel, MD</td>
<td>265</td>
</tr>
<tr>
<td>Skidmore, Grant, MD</td>
<td>287</td>
</tr>
<tr>
<td>Skiles, Jeffrey, MD</td>
<td>240</td>
</tr>
<tr>
<td>Skillen, Jr., Edward, MD</td>
<td>240</td>
</tr>
<tr>
<td>Skin Cancer Outpatient Surgical Hospital</td>
<td>427</td>
</tr>
<tr>
<td>Skin Surgery Center of VA LLC</td>
<td>427</td>
</tr>
<tr>
<td>Skirmer, Alison C, MD</td>
<td>32</td>
</tr>
<tr>
<td>Sklar, Allan H., MD</td>
<td>285</td>
</tr>
<tr>
<td>Skolnik, Paul R., MD</td>
<td>275</td>
</tr>
<tr>
<td>Skorupa, Amy, MD</td>
<td>273</td>
</tr>
<tr>
<td>Slade-Byrd, Lynelle, MD</td>
<td>144</td>
</tr>
<tr>
<td>Slaton, Russell, MD</td>
<td>85</td>
</tr>
<tr>
<td>Slevd, Andrew T., MD</td>
<td>178</td>
</tr>
<tr>
<td>Sleepy Hollow Healthcare Center</td>
<td>403</td>
</tr>
<tr>
<td>Slep, Andrew, MD</td>
<td>265</td>
</tr>
<tr>
<td>Slingluff, Jr., Craig Lee, MD</td>
<td>349</td>
</tr>
<tr>
<td>Sliwinski, Anthony M., MD</td>
<td>355</td>
</tr>
<tr>
<td>Slowak, Floislawa, MD</td>
<td>32</td>
</tr>
<tr>
<td>Slocom, Christopher, MD</td>
<td>280</td>
</tr>
<tr>
<td>Sloan, Anthony D., MD</td>
<td>326</td>
</tr>
<tr>
<td>Slott, Jeffrey H., MD</td>
<td>299</td>
</tr>
<tr>
<td>Staus, Anthony, MD</td>
<td>340</td>
</tr>
<tr>
<td>Staus, Richard, MD</td>
<td>343</td>
</tr>
<tr>
<td>Slauson, Michelle, MD</td>
<td>32</td>
</tr>
<tr>
<td>Smagalski, Gary W., MD</td>
<td>306</td>
</tr>
<tr>
<td>Smeeles, William P., MD</td>
<td>128</td>
</tr>
<tr>
<td>Small Talk Speech &amp; Therapy Center, LLC</td>
<td>404</td>
</tr>
<tr>
<td>Smalley, Jeremy C, MD</td>
<td>363</td>
</tr>
<tr>
<td>Smallfield, Melissa, MD</td>
<td>361</td>
</tr>
<tr>
<td>Smarth, Carole, MD</td>
<td>111</td>
</tr>
<tr>
<td>SME, INC. USA, 379, 398, 399, 400</td>
<td>299</td>
</tr>
<tr>
<td>Smerlis, Nicholas, MD</td>
<td>268</td>
</tr>
<tr>
<td>SMG RD SERVICES</td>
<td>416</td>
</tr>
<tr>
<td>Smith Ratliff, Sandra, MD</td>
<td>138</td>
</tr>
<tr>
<td>Smith, Abby A., MD</td>
<td>193</td>
</tr>
<tr>
<td>Smith, Albert G., MD</td>
<td>366</td>
</tr>
<tr>
<td>Smith, Anna R., MD</td>
<td>228</td>
</tr>
<tr>
<td>Smith, Barton P., MD</td>
<td>265</td>
</tr>
<tr>
<td>Smith, Bert J., MD</td>
<td>97</td>
</tr>
<tr>
<td>Smith, Catherine S., MD</td>
<td>251</td>
</tr>
<tr>
<td>Smith, Cheri V., MD</td>
<td>198</td>
</tr>
<tr>
<td>Smith, Christopher S., MD</td>
<td>315</td>
</tr>
<tr>
<td>Smith, Clifford L., MD</td>
<td>265</td>
</tr>
<tr>
<td>Smith, Clyde J., MD</td>
<td>141</td>
</tr>
<tr>
<td>Smith, Connie L., MD</td>
<td>134</td>
</tr>
<tr>
<td>Smith, Crawford C., MD</td>
<td>243</td>
</tr>
<tr>
<td>Smith, Daniel Ray, MD, PHD</td>
<td>342</td>
</tr>
<tr>
<td>Smith, David H., MD</td>
<td>265</td>
</tr>
<tr>
<td>Smith, David M., MD</td>
<td>41</td>
</tr>
<tr>
<td>Smith, David V., MD</td>
<td>326</td>
</tr>
<tr>
<td>Smith, Donald, MD</td>
<td>77</td>
</tr>
<tr>
<td>Smith, Eddie L., MD</td>
<td>33</td>
</tr>
<tr>
<td>Smith, Edward P., MD</td>
<td>134</td>
</tr>
<tr>
<td>Smith, Elliot Z., MD</td>
<td>257</td>
</tr>
<tr>
<td>Smith, Gayle S., MD</td>
<td>168</td>
</tr>
<tr>
<td>Smith, Gerry N., MD</td>
<td>329</td>
</tr>
<tr>
<td>Smith, III, Charles W., MD</td>
<td>192</td>
</tr>
<tr>
<td>Smith, III, Julius P., MD</td>
<td>315</td>
</tr>
<tr>
<td>Smith, James R., MD</td>
<td>34</td>
</tr>
<tr>
<td>Smith, James Robert, MD</td>
<td>84</td>
</tr>
<tr>
<td>Smith, Jared M., MD</td>
<td>315</td>
</tr>
<tr>
<td>Smith, Jean, MD</td>
<td>275</td>
</tr>
<tr>
<td>Smith, Jeffrey P., MD</td>
<td>88</td>
</tr>
<tr>
<td>Smith, Jennifer G., MD</td>
<td>116</td>
</tr>
<tr>
<td>Smith, John H., MD</td>
<td>257</td>
</tr>
<tr>
<td>Smith, Juanita L., MD</td>
<td>95</td>
</tr>
<tr>
<td>Smith, Justin S., MD</td>
<td>287</td>
</tr>
<tr>
<td>Smith, Kelli Pugh, AUD</td>
<td>229</td>
</tr>
<tr>
<td>Smith, Larry, MD</td>
<td>96</td>
</tr>
<tr>
<td>Smith, Laura P., MD</td>
<td>345</td>
</tr>
<tr>
<td>Smith, Michael, MD</td>
<td>196</td>
</tr>
<tr>
<td>Smith, Molly K., MD</td>
<td>246</td>
</tr>
<tr>
<td>Smith, Nina K., MD</td>
<td>198</td>
</tr>
<tr>
<td>Smith, Norman J., MD</td>
<td>344</td>
</tr>
<tr>
<td>Smith, Pamela B., MD</td>
<td>267</td>
</tr>
<tr>
<td>Smith, Philip C., MD</td>
<td>350</td>
</tr>
<tr>
<td>Smith, Renick M., MD</td>
<td>257</td>
</tr>
<tr>
<td>Smith, Robert K., MD</td>
<td>211</td>
</tr>
<tr>
<td>Smith, Ryan P., MD</td>
<td>355</td>
</tr>
<tr>
<td>Smith, Stanley B., MD</td>
<td>285</td>
</tr>
<tr>
<td>Smith, Stephanie E., MD</td>
<td>157</td>
</tr>
<tr>
<td>Smith, Stephen W., MD</td>
<td>214</td>
</tr>
<tr>
<td>Smith, Susan B., MD</td>
<td>153</td>
</tr>
<tr>
<td>Smith, Tamara, MD</td>
<td>228</td>
</tr>
<tr>
<td>Smith, Theria J., MD</td>
<td>144</td>
</tr>
<tr>
<td>Smith, Thomas A., MD</td>
<td>292</td>
</tr>
<tr>
<td>Smith, Tovia, MD</td>
<td>202</td>
</tr>
<tr>
<td>Smith, Stephanie A., MD</td>
<td>211</td>
</tr>
<tr>
<td>Smith, hvadin, MD</td>
<td>343</td>
</tr>
<tr>
<td>Smith, Larry, MD</td>
<td>287</td>
</tr>
<tr>
<td>Smith, Robert, MD</td>
<td>168</td>
</tr>
<tr>
<td>Smith, Robert, MD</td>
<td>35</td>
</tr>
<tr>
<td>Snyder, Bryan R., DPM</td>
<td>336</td>
</tr>
<tr>
<td>Snyder, Heather, DPM</td>
<td>336</td>
</tr>
<tr>
<td>Snyder, James G., MD</td>
<td>265</td>
</tr>
<tr>
<td>Snyder, John A., DO</td>
<td>130</td>
</tr>
<tr>
<td>Snyder, John, MD</td>
<td>329</td>
</tr>
<tr>
<td>Snyder, Lisa K., MD</td>
<td>279</td>
</tr>
<tr>
<td>Snyder, Loretta S., MD</td>
<td>299</td>
</tr>
<tr>
<td>Snyder, Robert J., MD</td>
<td>315</td>
</tr>
<tr>
<td>Snyder, Steven K., MD</td>
<td>299</td>
</tr>
<tr>
<td>Syders, Glenn C., MD</td>
<td>176</td>
</tr>
<tr>
<td>Soares, Jr, Robert L, MD</td>
<td>265</td>
</tr>
<tr>
<td>Sobieski, Thomas, MD</td>
<td>257</td>
</tr>
<tr>
<td>Sobol, Ilya J, MD</td>
<td>355</td>
</tr>
<tr>
<td>Soderberg, John, MD</td>
<td>246</td>
</tr>
<tr>
<td>Soderberg, Kimberly L., MD</td>
<td>246</td>
</tr>
<tr>
<td>Soff, Umar Farooq, MD</td>
<td>342</td>
</tr>
<tr>
<td>Sohagia, Kinjal, MD</td>
<td>349</td>
</tr>
<tr>
<td>Sokol, Richard A., MD</td>
<td>65</td>
</tr>
<tr>
<td>Sokolovsky, Aleksandr, DO</td>
<td>265</td>
</tr>
<tr>
<td>Sokolow, David P., MD</td>
<td>315</td>
</tr>
<tr>
<td>Sokoloski, Nina Jean, MD</td>
<td>292</td>
</tr>
<tr>
<td>Soles, Donald E., MD</td>
<td>79</td>
</tr>
<tr>
<td>Soliven, Janice, MD</td>
<td>43</td>
</tr>
<tr>
<td>Solomon, Michelle, OD</td>
<td>305</td>
</tr>
<tr>
<td>Solomon, Robert, MD</td>
<td>97</td>
</tr>
<tr>
<td>Solorzano, Guillermino E., MD</td>
<td>292</td>
</tr>
<tr>
<td>Soldas, Richard F., MD</td>
<td>292</td>
</tr>
<tr>
<td>Soldas Lab Partners Group, LLC</td>
<td>380</td>
</tr>
<tr>
<td>Sohier, Grace, MD</td>
<td>168</td>
</tr>
<tr>
<td>Soltsys, Grace R., MD</td>
<td>350</td>
</tr>
</tbody>
</table>

Optima Direct Network Providers 5/2019
Index

Somers, Kara E., MD ..............159, 184
Somervell, Pamela M., MD ...........79
Somervell, Iva, MD .................74
Somervell, Lindsay A., MD .......100, 135, 342
Something Special Shop (DME) ......386
Sommer, Jessica, DO ..............187
Sommers, Linda M., MD ..............229
Sonde, Mehru M., MD ..........96, 105, 129, 131
Song, Helen, OD .................367
Song, Seokhan K., DO ..............23
Song, Shiju, MD .................370
Son, Kim, MD .................240
Son, Parimal J., MD ..........122
Sood, Rakesh, MD ...............292
Sood, Vineta, MD ..........285
Sopata, Carrie E., MD ..............240
Sood, Vineeta, MD .................285
Soukoulis, Ines W., MD .............276
Southall, III, Alger MD ..........246
Southamakosane, Cathy, MD .......136, 178
Southampton Community Health Dept (Western Tidewater HD) ..........391
Southampton Community Hospital Health ..................392
Southampton Memorial Hospital ......392
Southampton Regional Medical Center ..........385, 392, 397, 403, 413, 415, 417, 427, 429
Southern, Frederick N., MD ............357
Southern Physical Therapy (Franklin Rehabilitation Therapy) ......404
Southside Regional Home Health ..........393
Southside Regional Med. Ctr. Health Dept. ..........395
Southside Regional Medical Center ..........397, 414, 430
Southeastern Medical Center ..........397, 414, 430
Southampton Health Department ..........392
Southamakosane, Cathy, MD .......136, 178
Southampton Community Health Dept (Western Tidewater HD) ..........391
Southampton Community Hospital Health ..................392
Southampton Memorial Hospital ......392
Southampton Regional Medical Center ..........385, 392, 397, 403, 413, 415, 417, 427, 429
Southern, Frederick N., MD ............357
Southeastern Mental Health (Southeastern Physical Therapy) ......403
Speech Beyond Words Therapy Services, Inc ..................407
Spence, Isaac, DO ..........25
Spence, Steven N., MD ..............25
Spencer, Beverley, MD ..........240, 361
Spencer, David, DO ..........265
Sperling, Michael H., MD ..........257
Sperry, Bobbie, MD ..........46
Sperry, Robert E., MD ..............242
Spicuzza, Thomas Joseph, MD ..............325
Spiegel, Naum, MD ..........355
Spies III, Leon O., MD ..............61, 74
Spiker, Lucas, OD ..........305
Spine & Orthopedic Pain Center, PC ..........408
Spine & Spinal Cord, PLLC .............404
Spine and Orthopedic Rehab of VA, Inc ..........409
Spine and Orthopedic Rehab, Inc ..........409
Spine Works LLC ..........408
Spinelli, Nicholas, MD ..........265
Spina, Alexander, MD ..............273
Spittle, Brian M., OD ..........305
Spittle, Norma H., OD ..........305
Spitzer, Arielle, MD ..........299
Spitzer, Greta E., MD ..........22
Spooner, AnneMarie, MD ..........199
Sposato, Joseph J., DO ..........329
Sposato, Joseph J., MD ..............329
Specialized Orthopaedic Services, Inc .............398
Specialty Nutrition Systems, Inc .............416
Spectra East, Inc. ............380
Spectra Laboratories, Inc ............373
Spectrum Medical Inc (Physical Therapy) ..............402
Spectrum Therapy-400, 401, 402, 403, 404, 408, 411
Spectrum Therapy - Augusta Clinic (Southeastern Physical Therapy) ......411
Spectrum Therapy - Greenville Clinic (Southeastern Physical Therapy) ......404
Spectrum Therapy - Health & Wellness Clinic (Southeastern Physical Therapy) ........401
Spectrum Therapy - Health & Wellness Clinic (Southeastern Physical Therapy) ........401
Spectrum Therapy - Albermarle Clinic (Southeastern Physical Therapy) ......400
Spectrum Therapy-Fluvanna Clinic (Southeastern Physical Therapy) ......403
Spectrum Therapy Beyond Words Therapy Services, Inc ..................407
Sprigg, Tamara, MD ..........43, 93
Spring, Tammy R., MD ..........347
Springel, Edward H., MD ..........21, 225, 364
Springer, Marianne G., MD ..........176
Sprinkle, Whitney, MD ..........150
Spruill, Michael, MD ..........267
Spytek, Stephanie J., MD ..........197, 198, 217
Squarrito, Robert C., MD ..............267
Squillante, Robert G., MD ..........315
Squire, Robert Hall, MD ..........38
Squires, James E., MD ..............324
Squires, Robert H., MD ..............324
Squires, William A., MD ..........35
Srivastava, Anjali, MD ..........163
Srivastava, Praveen, MD ..........315
Srivastava, Ravi, MD ..........240
Srivastava, Savita, MD ..........257
St Clair, Gary, OD ..........305
St. Clair, H., MD ..........325
St Clair, Jesse W., MD ..........240
St. Francis Medical Center Campus ..........402, 417
St. Francis Outpatient Physical Therapy ..........402, 417
St. Jean, Kimberly M., MD ..........305
St. Remy, Carl R., MD ..........315
Stable, Douglas, DPM ..........336
Stacey, Joanna, MD ..........214, 216
Staci Soper ..........418, 419
Stacy, Jessica H., OD ..........305
Stadler, Sarah S., MD ..........267
Stadmayer, Laurel A., MD ..........345
Stadulis, Leedelyn H., MD ..........196, 221
Stafford County Health Department (Rappahannock Area HD) ..........391
Stafford Orthopedic Regional Medical Center ..........410, 414, 428, 431
Spriggs, Tamara, MD ..........43, 93
Spring, Tammy R., MD ..........347
Springel, Edward H., MD ..........21, 225, 364
Springer, Marianne G., MD ..........176
Sprinkle, Whitney, MD ..........150
Spruill, Michael, MD ..........267
Spytek, Stephanie J., MD ..........197, 198, 217
Squarrito, Robert C., MD ..........267
Squillante, Robert G., MD ..........315
Squire, Robert Hall, MD ..........38
Squires, James E., MD ..........324
Squires, Robert H., MD ..........324
Squires, William A., MD ..........35
Sri, Vaishnavi C., MD ..........130, 348
Srinivasan, Janardhan, MD ..........240
Sriram, Natasha K., MD ..........163
Srivastava, Anjali, MD ..........138, 148, 154, 164, 174
Srivastava, Praveen, MD ..........315
Srivastava, Ravi, MD ..........240
Srivastava, Savita, MD ..........257
St Clair, Gary, OD ..........305
St Clair, H., MD ..........325
St Clair, Jesse W., MD ..........240
St. Francis Medical Center Campus ..........402, 417
St. Francis Outpatient Physical Therapy ..........402, 417
St. Jean, Kimberly M., MD ..........305
St. Remy, Carl R., MD ..........315
Stable, Douglas, DPM ..........336
Stacey, Joanna, MD ..........214, 216
Staci Soper ..........418, 419
Stacy, Jessica H., OD ..........305
Stadler, Sarah S., MD ..........267
Stadmayer, Laurel A., MD ..........345
Stadulis, Leedelyn H., MD ..........196, 221
Stafford County Health Department (Rappahannock Area HD) ..........391
Stafford Hospital Center ..........410, 414, 428, 431
Stahr, Nathan M., OD ..........305
Stall, Tamra H., MD ..........49
Stall, Tyler, MD ..........265
Stallings, Amy P., MD ..........228
Stallings, William R., MD ..........49
Stambaugh, Merris, MD ..........285
Stamboliyska, Maya, MD ..........292
Stands, Christopher, MD ..........355
Stanford, Gregory G., MD ..........265, 349
Stansbury Clipp, Eryn, MD ..........202, 211
Stapleton, Christopher P., MD .......138, 165
Stark, Heather R., MD ..........34, 41, 63, 66
Stark, Nathan R., MD ..........355
Starkman, Martin T., MD ..........285
Starks, Christopher L., MD ..........355
Starling, Jay, MD ..........299
Starling, Jr., James F., MD ..........285
Starnes, Autumn M., DO ..........246
Starr, Geoffrey E., MD ..........292
Starr, Karen L., MD ..........307
Stashower, Mitchell, MD ..........246
Stathos, Jr., John A., MD ..........299
Statuta, Siobhan M., MD ..........30, 349
Stavola, Anthony, MD ..........77
Steele, Barbara Jean, MD ..........168
Steele, Kerri, MD ..........144
Steen, Eric C., DO ..........265
Steer, Samuel, MD ..........320
Stefano, John A., MD ..........299
Stefan, Steve, DPM ..........336
Stell, Donald J., DPM ..........336
Steedle, Karen, MD ..........329, 369
Steier, Howard C., MD ..........132
Stein, Bernice, MD ..........329
Stein, Charles A., MD ..........145
Stein, David B., MD ..........74
Stein, Emanuel, MD ..........240
Steiner, Carol, MD 165, 280
Steingold, Kenneth A., MD ..........345
Steinleitner, Maria, OD ..........305
Stelling, Nancy, CRNA ..........293
Stem, Jesse L., MD ..........315
Stepanovich, Gretchen, MD ..........280
Stepanovich, Matthew T., MD ..........325
Optima Direct Network Providers 5/2019
573
Optima Health
Viren, Laura, MD ................................176
Vinnikova, Anna, MD ..........................176
Viniegra-Sibal, MD ...........................365
Vincent, Andrew L., MD ................................278
Villanueva, John, MD ..........................69
Villar-Gosalvez, Carlos S., MD ...28, 40, 74
Villareal, Yvonne, MD .......................81
Villers, Margaret, MD ............................278
Vincent, Andrew L., DPM ..................336
Vincent, David A., MD ............................287
Vinigre-Sibal, Amabel, MD ...............145
Vinik, Aaron L., MD .........................248
Vinnikova, Anna, MD ......................365
Vinson, Charlie S., MD .......................176
Vinson, Laura, MD ............................342
Viol, Anthony, MD .............................328
Virani, Shahab, MD .............................228
Virasoro, Ramon, MD .........................355
Virginia Ambulance Services Inc. ..........384
Virginia Beach Ambulatory Surgery Center ..........................428, 429
Virginia Beach Health Department ..........391
Virginia Beach Hearing Center ...............386
Virginia Beach Physical Therapy and Wellness ..........411
Virginia Ear, Nose & Throat Associates, PC ........385

Virginia HEARING CONSULTANTS, LLC ..........................386
Virginia Hospital Center - Arlington 400, 426, 429
Virginia Institute for Sports Medicine, LLC ................................411
Virginia Medical and Respiratory Equipment ..........................386
Virginia Mennonite Rehab Center ...........405
Virginia Orthopaedic Center ..................402
Virginia Orthotics Center, Inc. ..........398, 399
Virginia Prosthetics, Inc. .......................398, 399
Virginia Urology PT Services .................402
Virginia Physical Therapy and Staffing LLC .......406
Visger, Jennifer M., MD ........................136
Vissialgiam, Nando, MD ......................292
Vital Care of Southwest Virginia ......395
Vitke, Jr., Brantley, MD .......................316
Vitero-Noble, Elena, MD ......................91
Viti, Anthony J., MD .............................300
Vivian, Stephan, MD ..........................241
Vizzio, Scott, MD ...............................316
Voelker, Susanne, MD .........................128
Voelzke, Will R., MD ............................273
Vogel, Matthew Frederick, MD ..............198, 218
Vogel, Robert, MD ...............................300
VOICES SPEECH THERAPY SERVICES, LLC .......419
Vokac, Charles W., MD .........................330
Volkinsky, John B., MD .......................178
Vollmer, Dennis, MD ............................287
Volodin, Leonid, MD ............................273
Volz, Lawrence R., MD .........................355
von Elten, Christoffer, MD ...................55, 88
von Elten, Kelley, MD ..........................228
von Elten, Steven W., MD .....................89
von DeLinden, Dannielle, DPM ..................336
von Etu, John P., MD ............................332
Voos, Kurt, MD .................................316

Vorenberg, Andrew, MD ..............................243
Vorenkamp, Kevin E., MD ........................319
Voss, Carol, MD .................................181
Vossenberg, Frans A., MD ....................241
Voita, Scott, DO .................................366
Voynow, Judith, MD .............................368
Vranian, Nesan Michael, MD .................107, 126
Vranian, Robert B., MD ........................241
Vranian, S Craig, MD ..........................342
Vranic, Andrew R., MD ..........................285
Vrav V., Anh D., MD .............................241
Vravipillai, Deepshikha, MD ...................28

Wadell, David T., MD ............................89
Wadell, Nikki, MD ...............................96
Waddy, James M., MD ...........................28, 83
Waddy, Paula S., MD ...........................37
Wade III, Seaborn, MD .........................273
Wade, James S., MD .............................104, 113, 275
Wade, Juli-Anne C., MD ........................148
Wadlow, Raymond, MD ........................273
Wadnerkar, Rahul, MD ..........................126
Wadsworth, Michele R., MD ....................176
Waggoner, Fountain, Linda A., MD .........141
Wagner Hearing Aid Centers ...................384
Wagner, Alan L., MD ..............................300
Wagner, Christina, MD ..........................248
Wagner, Patrick L., MD ...........................248
Wagner, Robert, MD ..............................266
Wabha, Leena, MD ...............................138, 148, 154, 172, 174
Wainwright Diagnostic Center (SMG) .......414
Wakefield, Philip E., MD ..........................246
Walsholtz, Bruce D., MD ..........................257
Walder, Jeffry, MD ...............................28
Waldrin, Vincent, MD .............................27
Waldron, William R., OD ..........................305
Waldrop, Preston, MD .............................316
Waligora, Andrew, MD ............................285
Walker, Andrew F., MD ............................23, 26, 43, 62
Walker, Clayton L., MD ..........................319
Walker, Dawncherrie P., MD ....................48, 74
Walker, Fint R., DO ...............................33
Walker, JoAnne D., MD ............................345
Walker, Kimberly B., MD ...........................58
Walker, Matthew, MD .............................316
Walker, Miley W., MD .............................355
Walker, Paul, MD .................................152, 164
Walker, Scott E., MD ...............................196
Walker, Thomas A., MD ............................62
Walker, Timothy S., MD .............................139, 165
Walko, Edward J., DO ............................330
Wallace, Elizabeth, MD ...........................248
Wallace, Timothy J., MD .............................345
Wallace, William J., DO ............................252
Wallace-Davis, Lisa, OD ............................305
Wallach, Diane M., OD .............................305
Waller, David, MD .................................83, 89
Waller, Rachel, MD .................................183
Walsch, Francis, MD ...............................292
Walsch, John F., MD ...............................241
Walsch, Laura, M., MD ............................171
Walsch, William K., MD ............................217
Walshe, Christopher Joseph, MD ..............252
Walter, Barbara J., MD .............................266
Walter, Melanie R., MD ............................246
Walter, Philip S., MD ...............................133
Walter, Robert N., MD ..............................342
Walters, Dustin M., DPM ............................230
Walters, Jeremy L., DPM ............................336
Walters, Michelle C., MD ..........................246
Walters, Rustin, MD ...............................355
Walton, George Clifford, MD ............................74

Waltz, Maryellen, DPM ..............................336
Wamhoff, Christy, MD .............................190
Wampler & Associates Rehabilitation PC ..........405
Wang, Abner, OD .................................305
Wang, Andrew Y., MD .............................258
Wang, Benjamin B., OD ............................305
Wang, Gregory, MD ...............................286
Wang, Gwo-Jaw, MD ..............................316
Wang, Hua, MD .................................287
Wang, Lina, MD .................................292
Wang, Shuping, MD ...............................286
Wang, Walter Q., MD .............................300
Wang, Yunan Darien, MD ........................128
Wang, Zhijiong J., MD ............................368
War Memorial Hospital ......................420, 434
Warburton, Karen M., MD ........................286
War, Brant R., MD .................................361
War, Charles A., MD ...............................319
War, Christopher M., MD ........................133, 177
War, Jennifer G., MD ..............................220
War, John D., MD .................................368
War, Kenneth, MD .................................316
War, Melanie D., MD ...............................292
Warden, Steven, MD ..............................355
Wardrop, Richard, PhD ...........................276
Warner, James, MD .................................241
Warner, John W., MD ..............................355
Warner, Marc T., MD ..............................358
Warner, Mark F., MD ...............................241
Warner, Peggy A., AUD ............................229
Warner, Terri E., MD ...............................83
Warminst, Crista B., MD ............................81
Warren County Health Department ..........391
Warren Memorial Hospital - Physical Therapy ..........411
Warren, Brian, MD .................................319
Warren, Circle A., MD .............................101, 275
Warren, Lani, MD .................................220
Warren, Paul D., MD ...............................316
Warrenton Urgent Care ..........................432

Optima Direct Network Providers 5/2019 578

OptimaHealth
Woodford, Renee A., MD ............... 319
Woodhouse, Monica, MD ............ 144
Woodland Therapy & Wellness Center ......... 408
Woods Counseling And Therapy Services
Maryland Inc .................. 441
Woods, David W., MD .............. 89
Woods, Sarah, MD .................. 200
Woodstock Rehab & Fitness, Inc ........ 409
Woodward, Patrick M., MD ............ 74
Woogen, Scott D., MD .................. 258
Woollett, Ian F., MD .................. 241
Woolley, Daniel S., MD .............. 414
Wooten, George F., MD ............... 350
Worten, George F., MD ............... 293
Wotton, Terrell, CNM .................. 242
Wootton, Frank Taylor, MD ........... 258
Work, Granville B., MD ............... 319
Workman, Jeffrey W., OD .............. 306
Wornom, Isaac L., MD .................. 332
Worrall, Bradford Burke, MD ........ 293
Wortham, Edwin, MD .................. 300
Worthington, Andrew, MD ............. 293
Wortley, George C., MD, MD, MD ... 24, 26, 27, 34, 38, 39, 51, 58, 90
Wotten, Terry, MD ..................... 217
Wound Care Resources, Inc .......... 381
Wachtford, Pamela, MD ................. 58
Wachtford, Timothy, MD ............... 116
Wray, Cheryl, AUD ..................... 229
Wentmore, Amy L., MD ............... 142
Wright, Antwana, MD ................. 358
Wright, Colleen, MD ................... 51
Wright, Corey J., MD ................... 363
Wright, Edward T., MD ............... 355
Wright, Geoffrey A., MD ............... 316
Wright, James Lee, MD ............... 331
Wright, Kelly L., MD ................... 89
Wright, Lauren S., MD ................. 173
Wright, Ronna, MD ..................... 22
Wright, Tracy B., MD ................... 220
Wrubel, Christopher J., MD ............ 176
Wu, Diem, MD ......................... 246
Wu, Jennifer, MD ...................... 258
Wu, Lyne H., MD ...................... 228
Wu, Samuel, MD ....................... 241
Wu, Theodore T., MD .................. 300
Wu, Velyn, MD ......................... 55
Wu, Wayne, MD ....................... 96
Wunderlich, Joanne R., MD ............ 173
Wyatt, David A., MD ................... 230
Wyn. A. Uzair, MD .................... 241
Wyn, Alan, MD ......................... 135
Wyn, Audrea, MD ...................... 316
Wyrock, Kimberley F., DO ............. 47
Wyche County Community Hospital
411, 415, 428, 431, 438, 441
Wyche County Health Department .... 391

X
Xenakis, Mark, MD .................... 241
Xiao, Nianzhou, MD ................... 368
Xu, Michael, OD ....................... 306

Y
Yackel, Thomas R., MD ................. 183
Yagel, Scott L., MD .................... 258
Yager, Jonathan, MD ................... 241
Yalamanchili, Haritha, MD ............. 81
Yan, Xiaohua, MD ...................... 74
Yang, Derek, MD ....................... 23, 26
Yang, Leonard, MD .................... 274
Yanz, Leanne, MD ...................... 126, 183, 320
Yaple, Elizabeth, MD ................... 151
Yar, Ogei, MD ......................... 241
Yarboro, Seth R., MD ................... 316
Yarz, Alon, MD ......................... 154
Yeaton, Paul, MD ....................... 258
Yeatts, Donald E., MD ................... 61
Yeh, Frank, DMD ...................... 307
Yellinied, Sujatha, MD .................. 273
Yen, Chun-Po, MD ..................... 288
Yi, Su C., MD ......................... 131
Yilmaz, Ugur, MD ...................... 293
Yoder, Duncan, MD .................... 358
Yoder, Gene L., MD .................... 108
Yoikois, Nancy, MD ................... 324
You, Myung, MD ....................... 319, 330
York, Jeffrey P., MD .................... 355
York, Lisa M., MD ...................... 22, 84
Yosay, John, MD ....................... 35
Yoselevitz, Sam, MD ................... 258
Yoshida, Cynthia M., MD ............. 258
You, Young Joon, MD .................. 316
Young II, Benjamin, MD ................ 258
Young, Allison M., MD ............... 184
Young, Chi, MD ......................... 44
Young, Christine, MD .................. 97
Young, Dale Christopher, MD ........ 316
Young, Deana Ann, MD ............... 79
Young, Denise S., MD .................. 190, 199, 207, 222
Young, Elisa M., MD .................... 160
Young, Emily Elizabeth, DO .......... 31
Young, Harold F., MD .................. 365
Young, Jacob, MD ...................... 288
Young, James D., MD ................... 355
Young, Jeanne M., MD ................... 246
Young, Jeffrey S., MD .................. 266
Young, Jennifer, MD ................... 355
Young, Nathan J., DPM ................ 336
Young, Rebecca, MD ................... 55
Young, Scott F., MD .................... 90
Young, Stephen C., MD ................ 276
Young, William H., MD ................ 126
Young, Winfield A., MD ............... 176
Young, Sarah Ann, MD ................ 108
Younger-Eure, Terri, DO ............... 202
Young-Lightbody, Karen S., MD ...... 148

Z
Zaba, Joel, OD ......................... 306
Zacharias, Madge, MD .................. 151
Zachary, John, MD ..................... 159
Zachmann, Gregory, MD .............. 252
Zadroznny, John H., MD .............. 241
Zafar, Ather, MD ....................... 286
Zagol, Brian, MD ....................... 241
Zagursky, Jr., Peter, DDS ............. 307
Zahir, Ahmad, OD ...................... 306
Zaidi, Aisha S., MD .................... 273
Zaidi, Zain R., MD .................... 110, 115
Zaitoun, Keith H., MD ................. 286
Zak, Mary Kathryn, OD ............... 306
Zakaria, Hassan, MD ................... 241
Zakary, Bushra G., MD ............... 241
Zaki, Kareen A., MD ................... 355
Zaman, Samira, MD, MD, MD ....... 22, 40, 55
Zamani, Christopher R., MD ........... 65
Zanelli, Santina, DPM .................. 280
Zapp, Elizabeth, MD ................... 81
Zarzuela, Joel, DPM .................... 336
Zaslav, Kenneth R., MD ............... 256
Zavelsky, Ilya, MD .................... 154
Zavadil, III, MD ....................... 316
Zeitzer, Marc L., MD ................... 246
Zeevi, Gary R., MD .................... 241
Zeh, Debra A., MD .................... 152
Zeichner, Steven L., MD ............... 324
Zeiger, Martha A., MD .................. 266
Zeilberger, Christina, MD ............. 147, 154
Zelen, Charles M., DPM ............... 336
Zelenak, James K., MD ............... 193, 194
Zelinskas, Sara, DPM ................. 336
Zeller, Sarah A., MD ................... 246
Zemel, Sharon, MD .................... 368
Zev, Shirin, MD ....................... 102
Zev, Zahan, MD ....................... 102
Zhang, Chunchiao, MD ............... 293
Zhang, Da, MD ......................... 33
Zhang, Jason C., MD ................... 300
Zhang, Jin, MD ......................... 258
Zhang, Yi, MD ......................... 266
Zhao, Chi George, MD ................. 348
Zhao, Wei D., MD ..................... 286
Zhao, Wei, MD ......................... 33
Zhu, Qingyan, MD ..................... 293
Zhu, Wylie H, MD ..................... 288
Zhu, Xiaoying, MD .................... 319
Zhukov, Yuriy O., MD .................. 230
Zibdeh, Isam T, MD ................... 221
Zielinski, Julie A., MD ................. 325
Zijerdi, David, MD .................... 316
Zilli, Eduardo Marques, MD .......... 293
Zilliox, Ann P., MD ................... 228
Zimet, Daniel L., MD ................... 316
Zimmer, William J., MD ............... 115
Zimmerman, Barklie W., MD ........... 358
Zimmerman, George William, DO ....... 316
Zinsser, John W., MD .................. 151
Zolfikar, Letitia, MD ................. 336
Zo, Kenneth, MD ...................... 145
Zoll, Barrett J., MD ................... 246
ZOLL Services LLC ..................... 381
Zoll, Ross H., MD ..................... 319
Zoller, John H., MD ................... 316
Zolovick, George T., MD ............. 188, 207, 208
<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zuckerman, Jack, MD</td>
<td>355</td>
</tr>
<tr>
<td>Zuelzer Jr., Wilhelm A., MD</td>
<td>367</td>
</tr>
<tr>
<td>Zukas, Alicia, MD</td>
<td>366</td>
</tr>
<tr>
<td>Zuniega, Leah M., MD</td>
<td>343</td>
</tr>
<tr>
<td>Zuniga, Dorcas A., MD</td>
<td>89</td>
</tr>
<tr>
<td>Zuravleff, Jeffrey, MD</td>
<td>300</td>
</tr>
<tr>
<td>Zwanch, James C., DO</td>
<td>266</td>
</tr>
<tr>
<td>Zwicklbauer, Michael F., MD</td>
<td>332</td>
</tr>
<tr>
<td>Zydlewski, Anthony W., MD</td>
<td>286</td>
</tr>
</tbody>
</table>