Provider Directory

Optima Direct Products

Optima Vantage Direct, Optima Design Vantage Direct, Optima Equity Vantage Direct, Optima POS Direct, Optima Design POS Direct, and Optima Equity POS Direct

Optima Plus Direct, Optima Equity Plus Direct

September 2019

OptimaHealth®

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http://optimahealth.prismisp.com/

www.optimahealth.com

vSept2019
Welcome to Optima Health!

When you enroll in an OptimaDirect® or OptimaFit® Direct (Direct) plan, you may need to select a Primary Care Physician (PCP) from our network of affiliated PCPs. You may change your designated PCP at any time. Please note, every family member on your plan may select a different PCP. If you have children, you may choose a participating pediatrician as their PCP.

Optima Health plans do not require a referral from a PCP to visit another doctor or specialist. However, your PCP can help coordinate your healthcare needs and serve as your first step to determine an illness or condition, offer methods of care, write prescriptions, and recommend specialists or facilities, if additional diagnoses and follow up is needed. The selected specialist must participate in the Optima Health network in order to be covered under your in-network benefits.

This directory is current as of the date listed on the cover; however, it does not guarantee that the provider is still in the network or accepting new members at the time of your visit. It is the member’s responsibility to know which providers are participating Plan providers. The most current information regarding provider participation is available at optimabehath.com or on the Optima Health mobile app. To access the most current listing of Direct plan providers, be sure to select the Direct option from the drop down menu.

To find out the professional qualifications of most Plan physicians, please call 757-552-7200 or 1-800-736-8272, or visit our website at optimabehath.com. This information is available 24 hours a day, 7 days a week. If you have any questions about your health benefits, please call Member Services at the number listed on the back of your member ID card.

Direct Network

As a member of a Direct plan, you have a tiered network of providers. This means that you have the freedom to choose from any healthcare provider in the network. You will have a lower cost share—in the form of lower Copayments and Coinsurance amounts—for using a Tier 1 provider. With this network design, you have the option to also visit Tier 2 providers for a higher cost share than a Tier 1 provider. Please refer to your plan documents for more information about the cost savings of choosing a Tier 1 provider, specific to your plan.

In-Network and Out-of-Network Care

By using an in-network physician or medical facility listed in this directory, you pay lower out-of-pocket costs for the care you receive and you do not have to fill out and submit claim forms. You will pay any applicable charges at the time you receive care. Certain services require only a Copayment, while the costs for other services are based on a Coinsurance percentage. You should refer to your Plan documents for these specific amounts.

If you choose to receive care from a physician or other medical facility that is not part of the Optima Health network, you may use out-of-network benefits, if you have them. These providers set their own rate for their services. Typically, when Plan members who have out-of-network benefits receive covered services from out-of-network providers, Optima Health will pay a set percentage, or an allowable charge, of the amount paid to in-network providers for the same service. The member will pay the rest. If the out-of-network provider charges more than what Optima Health pays, the provider may bill the member for the difference between the two amounts. In addition, you must be willing to take responsibility for filing claims and make sure that pre-authorization has been secured by your provider for certain medical services and procedures.
For more information on in-network and out-of-network care, review your Evidence of Coverage or Certificate of Insurance, or call Member Services at the number listed on the back of your member ID card.

For plans that include spinal manipulation or chiropractic care benefits, a list of **Chiropractic Providers** is included in this directory.

**Footnotes**
The following footnotes are used throughout this directory:
1. Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. Note, if you have not seen the provider within 24 months, you may not be considered an existing patient.
2. Not accepting new patients or current patients switching plans.
3. Not accepting new patients; accepting newborns and siblings.
4. Age restriction; call physician for authorization.
5. Accepting a limited number of patients; contact Member Services to confirm that member may be added.

**Abbreviations**
The following abbreviations are used throughout this directory:
- CHKD - Children's Hospital of the King’s Daughters
- CMG - Children’s Medical Group Service
- EVMSHS - Eastern Virginia Medical School Health Services
- VCU - Virginia Commonwealth University Health Services
- PN - Peninsula
- SMG - Sentara Medical Group
- TMPG - Tidewater Physicians Multispecialty Group
- UVA - University of Virginia Health System

**Selection Criteria**

**Provider**
The Provider Networks for Optima Health plans, including those available on the Health Insurance Marketplace, consist of primary care, specialist, and behavioral health providers; and include physicians, physician assistants, nurse practitioners, and other qualified licensed clinicians.

Optima Health chooses providers based on specific criteria and credentialing requirements to create a network that ensures members are able to access participating providers within a reasonable distance and time.

All providers must have completed a comprehensive credentialing application and be approved by the Optima Health Credentialing Committee before being accepted into the network. The credentialing process consists of the review, verification, and evaluation of a number of criteria; including (but not limited to) education, specialized training, board certification, state license(s), malpractice history, and sanction records. Providers with a felony conviction and/or sanction(s) by Federal government agencies are not accepted into the Optima Health Network. Providers are re-evaluated every three years.
The Optima Health credentialing process exceeds the requirements of the National Committee for Quality Assurance (NCQA) and the Commonwealth of Virginia quality measures for credentialing.

No member experience or cost-related measures are used in the provider selection process.

**Hospital/Facility**
Hospitals for Optima Health plans, including those available on the Health Insurance Marketplace, are selected based on specific accreditation and accessibility criteria, ensuring members have access to quality hospitals within a reasonable distance and time.

Accreditation and licensure information is verified for all hospitals; an assessment is conducted to confirm the hospital is in good standing with state and federal regulatory bodies and that the hospital has been reviewed and approved by the appropriate national accrediting body.

To participate with Optima Health, hospitals must be accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO), Healthcare Facilities Accreditation Program (HFAP), or DNV Healthcare Inc. Exceptions may be made for newly opening hospitals or hospitals in rural areas, which may be allowed to participate in the Optima Health network upon submitting documentation for patient safety plans and/or record of review from a state or federal regulatory body. Hospitals are re-evaluated every three years.

No member experience, patient safety, or cost-related measures are used in the hospital selection process.
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- Psychologist .................................................. 699
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<td>Abingdon Family Practice, 613 Campus Dr Suite 200, Abingdon, VA 24210. (276) 676-1133</td>
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<tr>
<td>Miller, Brian K., DO</td>
<td>Abingdon Family Practice, 613 Campus Dr Suite 200, Abingdon, VA 24210. (276) 676-1133</td>
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<td>Jastan, Rasmiyah, MD</td>
<td>Abingdon Family Practice, 613 Campus Dr Suite 200, Abingdon, VA 24210. (276) 676-1133</td>
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<td>Higginbothom, Bruce C., MD</td>
<td>Abingdon Family Healthcare, 445 Porterfield Hwy Suite A, Abingdon, VA 24210. (276) 676-1133</td>
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<td>Stoll, Kantha R., MD</td>
<td>Abingdon Adult Primary Care, 5249 Duke Street Suite 100 D, Alexandria, VA 22304. (703) 212-4825</td>
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<td>Chapman, Corry A., MD</td>
<td>Neighborhood Health, 1200 N Howard St, Alexandria, VA 22304. (703) 535-5568</td>
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<td>Mofid-Woo, Forouzandeh, MD</td>
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<td>Osborne-Wu, Jewel, MD</td>
<td>Neighborhood Health, 2 East Glebe Road, Alexandria, VA 22305. (703) 535-5568</td>
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<td>Hadi, Azra, MD</td>
<td>Patient First, 6311 Richmond Highway, Alexandria, VA 22306. (703) 647-6087</td>
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<td>Lugo-Eschenwald, Vivian, MD</td>
<td>Neighborhood Health, 2 East Glebe Road, Alexandria, VA 22305. (703) 535-5568</td>
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<td>Patient First, 6311 Richmond Highway, Alexandria, VA 22306. (703) 647-6087</td>
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<td>Family Medicine Associates, 6311 Richmond Highway, Alexandria, VA 22306. (703) 647-6087</td>
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<td>Jalandhara, Vinitkumar R., MD</td>
<td>Neighborhood Health, 1200 N Howard St, Alexandria, VA 22304. (703) 535-5568</td>
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</table>
Primary Care Physicians - Tier 1

Arlington

Brown, Benjamin T., MD
Pro#: 10175049
Blue Ridge Medical Center (CCNV)
4038 Thomas Nelson Hwy
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Ledger, Theresa, DO
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4038 Thomas Nelson Hwy
Arlington, VA 22222
(343) 263-4000

Optima Direct Network Providers 9/2019
## Primary Care Physicians - Tier 1

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<td>Walker, Andrew F, MD</td>
<td>(703) 726-0003</td>
<td>20905 Professional Plaza Suite 330 Ashburn, VA 20147</td>
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<td>Hubbard, Thomas M., MD</td>
<td>(804) 798-9307</td>
<td>100 Medical Drive Ashland, VA 20305</td>
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<td>Huot, Rachel I., MD</td>
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<td>Cook, Patricia, MD</td>
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<td>Hostetler, Joseph D., MD</td>
<td>(540) 425-7800</td>
<td>1613 Oakwood Street Bedford, VA 24523</td>
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<td>Hubach, Kurt, MD</td>
<td>(804) 746-1677</td>
<td>7864 Richmond Tappahannock Hwy Aylett, VA 23009</td>
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<td>Axton</td>
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<td>Blanks, Virginia A., MD</td>
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<td>Merten, John R., MD</td>
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Primary Care Physicians - Tier 1

Pearlman, William Glenn, MD
Prov#: 10003770
Carilion Emergency Physicians
1613 Oakwood Street
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(540) 586-2441

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Montgomery Regional Hospital d/b/a LewisGale Montgomery

Freed, Jeremy, MD
Prov#: 92932
Cardiovascular Healthcare Corporation
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Blacksburg, VA 24060
(540) 951-8380

Optima Health
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<td>Agheibor, Victor</td>
<td>213 North Main Street Blackstone, VA 23824 (434) 292-7261</td>
<td>St. Francis Family Medicine Center (Bon Secours) 213 North Main Street Blackstone, VA 23824 (434) 292-7261</td>
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<td>Slabaugh, Danielle</td>
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**Optima Direct Network Providers 9/2019**

**OptimaHealth**
## Primary Care Physicians - Tier 1

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<tr>
<td>Boones Mill</td>
<td>Taylor, Francis, MD</td>
<td>(757) 645-9111</td>
<td>18213 Virginia Ave Boykin, VA 23827</td>
<td>VCU Family Medicine Community Hospital</td>
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<td>18213 Virginia Ave Boykin, VA 23827</td>
<td>VCU Family Medicine Community Hospital</td>
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<td>Harden, Kevin, MD</td>
<td>(804) 638-6800</td>
<td>10322 Bristow Center Dr Bristow, VA 20136</td>
<td>Proctor Family Medicine &amp; VCU Health System侉Prince William Medical Center</td>
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<td>Brandon</td>
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Primary Care Physicians - Tier 1

Perez, Michael D, MD
Pro#: 10075198
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Ratchford, Frank X., MD
Pro#: 10074047
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Ratchford, Francis X., MD
Pro#: 10074047
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Rehmey, Rebecca A., DO
Pro#: 10176452
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4245
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Ross, Scott A., MD
Pro#: 10081372
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Shirsolkar, Pradnya P., MD
Pro#: 10176301
NMG Affiliate Practice I, LLC
10322 Bristow Center Dr
Bristow, VA 20136
(571) 284-4230
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Broadway

Asistores, Jason Leo G., MD
Pro#: 10151635
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 564-5622
Hospital Affiliations:
Sentara RMH Medical Center

Fowler, Jr, Tolvert E., MD
Pro#: 10173063
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 901-0800
Hospital Affiliations:
Sentara RMH Medical Center

Wenger, John D., MD
Pro#: 10047830
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 564-5622
Hospital Affiliations:
Sentara RMH Medical Center

Beverly, Walter B., MD
Pro#: 10085816
Brookneal Medical Center
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325
Hospital Affiliations:
Centra Virginia Baptist Hospital

Danner, James, DO
Pro#: 10141320
AlaviMedical Center
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325
Hospital Affiliations:
Centra Virginia Baptist Hospital

Dehl, Todd H., MD
Pro#: 10052099
Village Family Physicians
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325
Hospital Affiliations:
Centra Virginia Baptist Hospital

Jalandhara, Vinikutumar R., MD
Pro#: 10115216
Piedmont PrimeCare CMG
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325
Hospital Affiliations:
Bedford Memorial Hospital

Johnson, Matthew A., MD
Pro#: 29492
Lynchburg Family Medicine Center
104 Carolina Avenue
Brookneal, VA 24528
(434) 376-2325
Hospital Affiliations:
Centra Virginia Baptist Hospital

Pearlman, William Glenn, MD
Pro#: 10031186
Carilion Healthcare Corporation
18080 Main St
Buchanan, VA 24466
(540) 254-1239
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Broadway

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Sentara RMH Medical Group, LLC
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Hospital Affiliations:
Sentara RMH Medical Center

Fowler, Jr, Tolvert E., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Wenger, John D., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Beverly, Walter B., MD
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Hospital Affiliations:
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Danner, James, DO
Pro#: 10141320
AlaviMedical Center
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Brookneal, VA 24528
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Hospital Affiliations:
Centra Virginia Baptist Hospital

Dehl, Todd H., MD
Pro#: 10052099
Village Family Physicians
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Hospital Affiliations:
Centra Virginia Baptist Hospital

Jalandhara, Vinikutumar R., MD
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Hospital Affiliations:
Bedford Memorial Hospital

Johnson, Matthew A., MD
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Hospital Affiliations:
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Pearlman, William Glenn, MD
Pro#: 10031186
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18080 Main St
Buchanan, VA 24466
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Buchanan

Glenny, Robert Jess, MD
Pro#: 10012940
Carilion Healthcare Corporation
18080 Main Street
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Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Stonewall Jackson Hospital

Morgan, Stephen A, MD
Pro#: 10030668
Carilion Healthcare Corporation
18080 Main St
Buchanan, VA 24466
(540) 254-1239
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pearlman, William Glenn, MD
Pro#: 10031186
Carilion Healthcare Corporation
18080 Main St
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(540) 254-1239
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Buena Vista

Hamilton, Thomas Francis, MD
Pro#: 10133827
Carilion Healthcare Corporation
2252 Magnolia Avenue
Buena Vista, VA 24416
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Hospital Affiliations:
Centra Virginia Baptist Hospital

Wortley, George C., MD
Pro#: 10194545
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Hospital Affiliations:
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Sentara RMH Medical Center - Gretna
633 Cook Ave
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(434) 376-3717
Hospital Affiliations:
Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Burkeville

© Pruitt, David E, MD
Pro#: 10161223
Centra Medical Group, LLC
412 Namozone Street
Burkeville, VA 23922
(434) 767-5511

© Villar-Gosalvez, Carlos S., MD
Pro#: 10164774
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Cape Charles

Dalesio, David F, DO
Pro#: 45986
Riverside Medical Group
216 Mason Ave
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Carrollton

Afsharchi, Foroozan, MD
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Sentara Family Medicine Physicians (SMG)
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Carrollton, VA 23314
(757) 542-2000

Hospital Affiliations:
Sentara Obici Hospital

Belvin, David G., MD
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Hospital Affiliations:
Sentara RMH Medical Center

Kapur, Anand, MD
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2009 Sentara Way Ste 100
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Carrollton, VA 23314
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Hospital Affiliations:
Sentara Obici Hospital

Stone, Kimberly J., MD
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Eagle Harbor Medical Associates
(Maryview Hospital)
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Hospital Affiliations:
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Prince William Medical Center

Hartman, Michael, MD
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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(757) 542-1100

2009 Sentara Way Suite 200
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Mancini, Robert, MD
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Rocky Run Family Medicine, INC.
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Hospital Affiliations:
Inova Fair Oaks Hospital

Markin, Laurie S., MD
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Rocky Run Family Medicine, INC.
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(703) 266-2442

Hospital Affiliations:
Inova Fair Oaks Hospital

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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

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NMG Affiliate Practice I, LLC
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Ruiz, Rex, MD
Pro#: 1009347
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Thomson, Eric M., MD
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Chantilly

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Patient First
3918 Centreville Road
Chantilly, VA 20151
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Hospital Affiliations:
Inova Fairfax Hospital

© Gambhir, Saurabh, MD
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3918 Centreville Road
Chantilly, VA 20151
(703) 657-6925

Govil, Kanika, MD
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Chantilly Family Medicine, LLC
14133 Robert Paris Court
Chantilly, VA 20151
(703) 657-6757

Hwang, Irving, MD
Pro#: 10067247
South Riding Family Medical
4080 Lafayette Center Drive Ste 170
Chantilly, VA 20151
(703) 766-5040

Hospital Affiliations:
Reston Hospital Center

Iyer, Akila V., MD
Pro#: 10067247
South Riding Family Medical
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Hospital Affiliations:
Reston Hospital Center

© Patla, Jayasree, MD
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Optima Direct Network Providers 9/2019 18

OptimaHealth
Primary Care Physicians - Tier 1

Charles City

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(434) 654-6600
(804) 829-6600

Fleenor, Ellen T., MD
Prov#: 1015099
Central Virginia Community Health
1450 Sachem Place Ste 201
Charlottesville, VA 22902
(434) 973-9744

Huot, Rachel L., MD
Prov#: 10132960
Central Virginia Community Health
1490 Pantops Mountain Place Suite 201
Charlottesville, VA 22921
(434) 979-4440

Sentara Martha Jefferson Hospital
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Charlottesville, VA 22920
(434) 654-1950

Kleckan, Ann M., MD
Prov#: 22681
Sentara Martha Jefferson Family Medicine
315 Tenth Street NE
Charlottesville, VA 22902
(434) 654-1950

Lankham, John L., MD
Prov#: 45143
Sentara Martha Jefferson Family Medicine
912 E High Street
Charlottesville, VA 22902
(434) 293-9797

MacFarlan, Duncan Andrew, MD
Prov#: 45185
Albemarle Square Family Care
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Marotta, Raymond P., MD
Prov#: 45140
Family Medicine of Albemarle
1450 Sachem Place Ste 201
Charlottesville, VA 22902
(434) 973-9744

McGovern, John J., MD
Prov#: 45104
Sentara Martha Jefferson Family Medicine
3263 Profit Rd Ste 101
Charlottesville, VA 22921
(434) 923-4600

Mix, William A., MD
Prov#: 10172978
Sentara Palmyra Medical Associates
45 Merchant Walk Square Suite 400
Charlottesville, VA 22920
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Charlottesville, VA 22902
(434) 654-1800

Moore, Denee J., MD
Prov#: 10166231
Central Virginia Community Health Center
(CVHS)(CCNV)
310 Old Ivy Way Suite 103
Charlottesville, VA 22903
(434) 227-5624

Murray, William, MD
Prov#: 45105
Sentara Martha Jefferson Family Medicine
3263 Profit Rd Ste 101
Charlottesville, VA 22921
(434) 923-4600

Phan, Khanh-Kathy Hoang, MD
Prov#: 10074767
Sentara Martha Jefferson Family Medicine
3263 Profit Road Suite 101
Charlottesville, VA 22921
(434) 654-4600

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Charlottesville, VA 22902
(434) 654-1950

Pugh, Ernest O., MD
Prov#: 45138
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899 B Rio East Court
Charlottesville, VA 22901
(434) 978-7100

Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

Quillian, Warren C., MD
Providence: 54493
Pantops Family Medicine, a Division of Anchor Healthcare, PLC
1490 Pantops Mountain Place Suite 200
Charlottesville, VA 22911
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Rice, Hannah R., MD
Providence: 10166817
Sentara Greene Family Medicine
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Sanusi, H. August, MD
Providence: 45164
Albemarle Center for Family Medicine
535 Westfield Rd Ste 200
Charlottesville, VA 22901
(434) 973-4040

Sealander, John Yates, MD
Providence: 45803
Sentara Family Medicine at 5th Street Station
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Shaw, Jane Reed, MD
Providence: 45186
Albemarle Square Family Care
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Stokes, Jr., Robert Lee, MD
Providence: 59852
Robert L. Stokes Jr. MD PLC
674 Berkmar Circle
Charlottesville, VA 22901
(434) 220-7501

Sty, Michael, MD
Providence: 10207214
WellFamily Medicine Inc
1885 Seminole Trl
Charlottesville, VA 22901
(434) 962-6234

Sweeney, T. Kevin, MD
Providence: 10180999
Sentara Family Medicine at 5th Street Station
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Wittemore, Mary, MD
Providence: 10169551
Albemarle Square Family Care
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Young, Emily Elizabeth, DO
Providence: 10180999
Sentara Family Medicine at 5th Street Station
416 Albermarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital
Chase City

Metanchuk, Theresa Hipp, DO
Providence: 10132147
Sentara Chase City Family Medicine
946 N Main St
Chase City, VA 23924
(434) 372-5141

Suslick, Randall H., MD
Providence: 43433
Sentara Chase City Family Medicine
946 N Main St
Chase City, VA 23924
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Hospital Affiliations:
VCU Community Memorial Hospital
Thomas, Johnna Sue, MD
Providence: 75922
Sentara Chase City Family Medicine
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Chase City, VA 23924
(434) 372-5141

Urzquia-Rohles, Aura M., DO
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Hospital Affiliations:
University of Virginia Medical Center
Cooper, Ann C., MD
Providence: 10154665
Volvo Medical Associates (Bayview Physician Services PC)
725 Volvo Pkwy Suite 100
Chesapeake, VA 23320
(757) 842-4100

Hospital Affiliations:
Bon Secours DePaul Medical Center

Dajao, Rise Faith E., MD
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First Care, PC
4053 Taylor Rd Ste K
Chesapeake, VA 23321
(757) 484-3012

Hospital Affiliations:
Bon Secours Maryview Medical Center

Dajao, Rogaciano M., MD
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4053 Taylor Rd Ste K
Chesapeake, VA 23321
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Hospital Affiliations:
Bon Secours Maryview Medical Center

Deguzman-Berube, Eleanor, MD
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Arwood Family Medical Center
108 Knells Ridge Blvd Ste 100
Chesapeake, VA 23320
(757) 436-1234

Hospital Affiliations:
Bon Secours Maryview Medical Center

Espiritu, Keith A., MD
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Chesapeake, VA 23320
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Hospital Affiliations:
Chesapeake Regional Medical Center

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Hospital Affiliations:
Chesapeake Regional Medical Center

Gerschens, Megan, DO
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Hospital Affiliations:
Chesapeake Regional Medical Center

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(434) 654-1950

Hospital Affiliations:
University of Virginia Medical Center

Shah, Minesh R., MD
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Hospital Affiliations:
SOVAH Health - Danville

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Franktown Community Health Center (ESRHS) (CCNV)
22214 S Bayside Blvd
Chesapeake, VA 23326
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Hospital Affiliations:
Chesapeake Regional Medical Center

Chesapeake

Anyiwo, Joel, MD
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1239 Cedar Rd
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Hospital Affiliations:
Chesapeake Regional Medical Center

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Bernens, Jessica L., MD
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Bugarin, Lopito B., MD
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Well Clinic Pediatrics and Family Medicine, P.C.
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Hospital Affiliations:
Chesapeake Regional Medical Center

Carter, Eboni, MD
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Chesapeake, VA 23320
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Hospital Affiliations:
Chesapeake Regional Medical Center

Chastanet, Rachel L, MD
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Chesapeake Weight Loss Consultants, PLLC
231 Mt Pleasant Rd Ste A1
Chesapeake, VA 23322
(757) 312-9444

Hospital Affiliations:
Chesapeake Regional Medical Center

Chesapeake Regional Medical Center

Sentara Norfolk General Hospital

For more information please visit our website at
www.optimadirect.com
Primary Care Physicians - Tier 1

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Hospital Affiliations:  
Chesapeake Regional Medical Center

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675 N Battlefield Blvd  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

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Hospital Affiliations:  
Chesapeake Regional Medical Center

Hartline, Steven M., MD  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

Hanna, Edward S., MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Hubbell, William J., MD  
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Patient First - Taylor Road  
2425 Taylor Road  
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Jefferson, Lisa E., DO  
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725 Volvo Parkway Suite 100  
Chesapeake, VA 23320  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

Kagan, Larry H., MD  
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Chesapeake, VA 23325  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

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Hospital Affiliations:  
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Laibstain, Robert B., MD  
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Hospital Affiliations:  
Chesapeake Regional Medical Center

Light, Ryan E., MD  
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Chesapeake, VA 23320  
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Lis, Barbara, MD  
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1933 Edwin Dr Ste 208  
Chesapeake, VA 23322  
(757) 252-5820

Loomis, Anna, MD  
Prov#: 10081472  
Bayview Physician Services, PC  
1024 S Battlefield Blvd  
Chesapeake, VA 23320  
(757) 410-4488

Madren, Eric M., MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Mansfield, Erika L., MD  
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725 Volvo Pkwy  
Chesapeake, VA 23320  
(757) 842-4100

Marks, Charles, MD  
Prov#: 10060321  
Mt. Pleasant Urgent Care and Family Practice  
1464 Mt Pleasant Rd Suites 13 and 14  
Chesapeake, VA 23322  
(757) 410-4580

Hospital Affiliations:  
Chesapeake Regional Medical Center

McKeithan, Roisin, MD  
Prov#: 210088  
Bayview Physician Services, PC  
1024 S Battlefield Blvd  
Chesapeake, VA 23320  
(757) 410-4488

Hospital Affiliations:  
Chesapeake Regional Medical Center

Miller, Angel, DO  
Prov#: 10205494  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
1465 Kempsville Road  
Chesapeake, VA 23320  
(757) 842-6267

Hospital Affiliations:  
Chesapeake Regional Medical Center

Morris, Anthony A., MD  
Prov#: 72637  
Bayview Physician Services, PC  
1419 Cedar Rd  
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(757) 549-0222

Hospital Affiliations:  
Sentoc Secours DePaul Medical Center Inc

Moseley, Heather, MD  
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675 N Battlefield Blvd  
Chesapeake, VA 23320  
(757) 436-7888

Ndirangu, Magdaline W., MD  
Prov#: 10100550  
Bayview Physician Services, PC  
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Chesapeake, VA 23320  
(757) 436-7888

Nguyen, Van T., MD  
Prov#: 10187117  
Patient First - Battlefield Blvd  
705 Battlefield North Blvd  
Chesapeake, VA 23320  
(757) 547-0688

Padyar, Nandita, MD  
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725 Volvo Parkway Suite 100  
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Palmsano, David, MD  
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1024 S Battlefield Blvd  
Chesapeake, VA 23320  
(757) 410-4488

Hospital Affiliations:  
Chesapeake Regional Medical Center

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516 Innovation Dr Ste 103  
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(757) 495-0606

Pieroni, James, DO  
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516 Innovation Dr Ste 103  
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(757) 495-0606

Piper, Gregory W., MD  
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2425 Taylor Road  
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Ramola, Mansukhlal R., MD  
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First Care, PC/Mansukhlal Ramola, MD  
4033 Taylor Rd Ste K  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center
Primary Care Physicians - Tier 1

Ray, Sulekha, MD
Prov#: 70343
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy Ste 101
Chesapeake, VA 23320
(757) 983-1777

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital
Sato, Naomi, DO
Prov#: 10168588
Sentara Family Medicine Physicians (SMG)
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4700

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Chesapeake Regional Medical Hospital

Shur-Allen, Lyubov, MD
Shick, Devon, MD
Skinner, Alison C, MD

Stone, Kimberly J., MD
Prov#: 10019910
Western Branch Family Practice & Ob/Gyn (Maryview Hospital Inc.)
3253 Taylor Rd Ste 102
Chesapeake, VA 23321
(757) 465-8480

Hospital Affiliations:
Chesapeake Regional Medical Center

Sato, Naomi, DO
Shah, Dharmesh K., MD

Shuck, Geoff, DO
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Hospital Affiliations:
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2613 Taylor Rd Suite 201
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Hospital Affiliations:
Bon Secours Maryview Medical Center

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Prov#: 10116900
Eagle Harbor Medical Associates (Maryview Hospital)
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(757) 465-8480

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3253 Taylor Rd Ste 102
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Hospital Affiliations:
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Chester, VA 23831
(804) 796-3636

Lingler, Kimberly, MD
Prov#: 10174386
Southside Primary Care
12801 Ironbridge Road Suite 200
Chester, VA 23831
(804) 748-9071

Hospital Affiliations:
Southside Regional Medical Center

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Bon Secours St Francis - Ironbridge Family Practice
11601 Ironbridge Road Suite 117
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(804) 717-5300

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(804) 796-3636

Miller, Brent, MD
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(804) 796-3636

Quarshie, George, MD
Prov#: 10154562
Southside Primary Care - Petersburg
436 Clairmont Court Suite 100
Chester, VA 23836
(804) 526-2121

Hospital Affiliations:
Southside Regional Medical Center

Risser, Andrea, MD
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Bon Secours St Francis - Ironbridge Family Practice
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Chester, VA 23831
(804) 717-5300

Hospital Affiliations:
Southside Regional Medical Center

Glennon, Tara, MD
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Gravois, Ray, DO
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11601 Ironbridge Road Suite 117
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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Hospital Affiliations:
Chesapeake Regional Medical Center

Beckwith, Douglas E., MD
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12901 Briggs Rd
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Breeden, Sara S., MD
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12254 Branders Creek Drive
Chester, VA 23831
(804) 271-8990

Hospital Affiliations:
Chesapeake Regional Medical Center/ Johnstown-Wills Hospital

Bryan, Daphne, MD
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12340 Bermuda Crossroads Lane
Chester, VA 23831
(804) 287-4550

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Burlison, Brian G., MD
Prov#: 10034581
Chester Square Family Practice PLC
12200 Ironbridge Road
Chester, VA 23831
(804) 778-4747

Hospital Affiliations:
Chesapeake Regional Medical Center/ Johnstown-Wills Hospital

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Hospital Affiliations:
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Chester, VA 23831
(804) 717-5300

Hospital Affiliations:
Southside Regional Medical Center

Sentara Obici Hospital

Optima Direct Network Providers 9/2019 22

OptimaHealth
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Rose, Andrew, MD</td>
<td>(804) 717-5300</td>
<td>11601 Ironbridge Rd Suite 117, Chester, VA 23831</td>
</tr>
<tr>
<td>Balmoria, Sandra, MD</td>
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<td>4049 Main Street, Chincoteague, VA 23336</td>
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<td>Halls, Albert John, MD</td>
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<td>4049 Main Street, Chincoteague, VA 23336</td>
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<tr>
<td>Hollandsworth, Thomas, MD</td>
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<td>4049 Main Street, Chincoteague, VA 23336</td>
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<tr>
<td>Majhi, Shweta, MD</td>
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<td>12101 S Chalkley Road, Chester, VA 23831</td>
</tr>
<tr>
<td>Johnson, Zelda West, MD</td>
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<td>7300 Ashlake Parkway, Christiansburg, VA 24073</td>
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<td>Majhi, Shibota, MD</td>
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<tr>
<td>Le, Ngoc, DO</td>
<td>(540) 245-7806</td>
<td>3881 Churchville Avenue, Christiansburg, VA 24073</td>
</tr>
<tr>
<td>Smith, James R, MD</td>
<td>(434) 374-5344</td>
<td>115 College St, Sentara Clarksville Family Medicine, Christiansburg, VA 24073</td>
</tr>
</tbody>
</table>

**Hospital Affiliations:**
- Carilion Healthcare Corporation
  - 205 Roanoke Street, Christiansburg, VA 24073
  - (540) 381-6000
  - 2900 Lamb Circle Ste 201, Christiansburg, VA 24073
  - (540) 731-7624
- Carilion New River Valley Medical Center
- Carilion Roanoke Community Hospital
- Carilion Roanoke Memorial Hospital

**Hospital Affiliations:**
- Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

**Hospital Affiliations:**
- Augusta Medical Center

**Hospital Affiliations:**
- Augusta Medical Center

**Hospital Affiliations:**
- Augusta Medical Center

**Hospital Affiliations:**
- Augusta Medical Center
Primary Care Physicians - Tier 1

Fajardo, Arthur B., MD
Pro#: 10021314
Sentara Clarksville Family Medicine
115 College St
Clarksville, VA 23927
(434) 345-5024

Hospital Affiliations:
- Halifax Regional Hospital

Hasenmueller, Kirk, MD
Pro#: 10151815
CMH Physician Services, LLC
61 Burlington Drive
Clarksville, VA 23927
(434) 374-2773

Hospital Affiliations:
- VCU Community Memorial Hospital

Hively, Jeffrey W, MD
Pro#: 10062676
Sentara Clarksville Family Medicine
115 College St
Clarksville, VA 23927
(434) 374-5344

Hospital Affiliations:
- Sentara Clarksville Family Medicine

Clifton Forge

Harcus, Sinclair J., MD
Pro#: 10039938
Carilion Healthcare Corporation
609 Church St
Clifton Forge, VA 24422

Hospital Affiliations:
- Carilion Stonewall Jackson Hospital

Wortley, George C., MD
Pro#: 10194545
Carilion Healthcare Corporation
609 Church St
Clifton Forge, VA 24422
(540) 862-8860

Hospital Affiliations:
- Clifton Forge General Hospital
- Central Virginia Baptist Hospital

Clintwood

Deel, Roy R., DO
Pro#: 10115580
DICKENSON MEDICAL ASSOCIATES
364 Hospital Drive
Clintwood, VA 24228
(276) 926-0200

Hospital Affiliations:
- Dickenson Community Hospital

Saado, Walid, MD
Pro#: 10087554
Pound Comprehensive Clinic
5476 Dickenson Hwy
Clintwood, VA 24228
(276) 926-5511

Colonial Heights

Barkley, Piy A., MD
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Patient First - Temple Avenue
2160 Temple Ave
Colonial Heights, VA 23834
(804) 518-2597

Brown, Leslie A., MD
Pro#: 10096891
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
- Southside Regional Medical Center

Clay, John, MD
Pro#: 10075061
Primary Health Group - Hopewell
920 South Ave
Colonial Heights, VA 23834
(804) 504-8025

Diggs, Arleeta M., MD
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Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
Colonial Heights, VA 23834
(804) 526-1111

Hospital Affiliations:
- Southside Regional Medical Center

Eley, Kerry, MD
Pro#: 10047892
Primary Health Group - Appomattox
930 South Ave
Colonial Heights, VA 23834
(804) 504-8025

Hospital Affiliations:
- Bon Secours Richmond Community Hospital
- Southside Regional Medical Center

Feldmann, Jr., Spencer, MD
Pro#: 10164011
Southside Primary Care
436 Claibourn Court
Colonial Heights, VA 23834
(804) 520-2626

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Lewis Jr., John W., DO
Pro#: 10106792
Southside Primary Care
436 Claibourn Court Suite 100
Colonial Heights, VA 23834
(804) 526-2121

Linger, Kimberley, MD
Pro#: 10174386
Southside Primary Care
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Colonial Heights, VA 23834
(804) 520-2626

Hospital Affiliations:
- Southside Regional Medical Center

Obourn, Christopher W., MD
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Prime Care Family Practice
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Colonial Heights, VA 23834
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Hospital Affiliations:
- Southside Regional Medical Center

Shah, Amar, MD
Pro#: 10023678
Prime Care Family Practice
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Hospital Affiliations:
- Southside Regional Medical Center

Shah, Lisa, DO
Pro#: 10028132
Prime Care Family Practice
241 Charles Dimmock Pkwy Ste 6
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(804) 526-1111

Hospital Affiliations:
- Name Not Available

Shou, Phillip Y., MD
Pro#: 14667
Colonial Medical Clinic
16021 Karios Road Ste A
Colonial Heights, VA 23834
(804) 526-3821

Hospital Affiliations:
- John Randolph Medical Center
- Southside Regional Medical Center

Squires, William A., MD
Pro#: 10028571
Partners In Family Medicine
430 Claibourn Ct Ste 123
Colonial Heights, VA 23834
(804) 526-1130

Hospital Affiliations:
- Chippenham Medical Center
- Johnston-Willis Hospital

Tong, Leuy, MD
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Patient First - Temple Avenue
2160 Temple Ave
Colonial Heights, VA 23834
(804) 518-2597

Hospital Affiliations:
- Chippenham Medical Center

Yosay, John, MD
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Southside Primary Care
436 Claibourn Court Suite 100
Colonial Heights, VA 23834
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Hospital Affiliations:
- Southside Regional Medical Center

Covington

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Jackson River Family Practice
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(540) 862-6750

Henderson, Robert J., DO
Pro#: 10053829
Jackson River Family Practice
200 ARH Lane Suite 800
Covington, VA 24426
(540) 862-6750

Monroe, Julie, DO
Pro#: 10180541
Bath Community Physicians Group
232 W Riverside St
Covington, VA 24426
(540) 962-1122

Hospital Affiliations:
- Augusta Medical Center
- Bath Community Hospital

Crewe

Hall, Clarence E., MD
Pro#: 10040183
Crewe Medical Center Inc
12522 W Colonial Trail Hwy
Crewe, VA 23930
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Inge, Margaret, DO
Pro#: 10184241
Crewe Medical Center Inc
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Crewe, VA 23930
(434) 645-9191

Marston, Jonathan E., MD
Pro#: 23832
Crewe Medical Center Inc
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Crozet

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Ivy Comprehensive Care LLC
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Martinez, Anthony, MD
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Sentara Crozet Family Medicine
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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Munson, Annie R., MD
Pro#: 10064306
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1646 Park Ridge Dr
Covington, VA 23932
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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Sawyer, Russell C., MD
Pro#: 45178
Sentara Crozet Family Medicine
1646 Park Ridge Dr
Covington, VA 23932
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Primary Care Physicians - Tier 1

Culpeper

Ahmed, Mirza A., MD  
Pro#: 10176018  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
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(703) 396-5292  
Hospital Affiliations:  
UVA Culpeper Hospital

Guirguis, Ekram G., MD  
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Wellspring Health Services  
15237 Creativity Drive  
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(540) 321-4281  
541 Sunset Lane Suite 201  
Culpeper, VA 22701  
(540) 321-4281  
541 Sunset Lane Suite 301  
Culpeper, VA 22701  
(540) 825-4557  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
UVA Culpeper Hospital

Haider, Shahzad, MD  
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(703) 396-5292  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
UVA Culpeper Hospital

Heaton, Christopher R., MD  
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NMG Affiliate Practice I, LLC  
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Culpeper, VA 22701  
(703) 396-5292  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
UVA Culpeper Hospital

Masood, Faraz, MD  
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NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5292  
Hospital Affiliations:  
Bedford Memorial Hospital  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
UVA Culpeper Hospital

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541 Sunset Lane Suite 301  
Culpeper, VA 22701  
(540) 825-4557

Cumberland

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Centra Medical Group, LLC  
1758 Anderson Hwy  
Cumberland, VA 23040  
(804) 492-9086

Dale City

Qureshi, Shabana, MD  
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Easy Care Urgent Care LLC  
5808 Mapledale Plaza  
Dale City, VA 22193  
(571) 659-9387  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Daleville

Andrews, Clarke B., MD  
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Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Burgess, Henry E., MD  
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Lewis-Gale Physicians, LLC  
65 Shenandoah Avenue  
Daleville, VA 24083  
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Cierzasynski, Laura Byrne, DO  
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Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400

Harris, Katherine E., DO  
Pro#: 10184302  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Carilion Healthcare Corporation  
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150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400

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Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083

Polk, Elizabeth, MD  
Pro#: 28965  
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150 Market Ridge Lane  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Stidham, Gregory, MD  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Damascus

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Stone Mountain Health Services  
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(276) 475-5116  
Hospital Affiliations:  
Lonese Pine Hospital

Danville

Addis, Daniel M., DO  
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Piedmont Family & Occupational Medicine  
219 Parker Road  
Danville, VA 24540  
(434) 791-7366

Alba, Gregory, DO  
Pro#: 10191633  
Piedmont PrimeCare CMG  
414 Park Avenue  
Danville, VA 24541  
(434) 791-2273  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Andrews, Roy R., DO  
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Danville Physician Practices, LLC  
101 Holbrook Street  
Danville, VA 24541  
(434) 792-4041

Beatty, Garrett, DO  
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Danville Physician Practices, LLC  
109 Bridge Street Suite 201  
Danville, VA 24541  
(434) 799-4488  
Hospital Affiliations:  
SOVAH Health - Danville

Beverly, Walter B., MD  
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Brookneal Medical Center  
110 Exchange Street  
Danville, VA 24541  
(434) 791-1562

130 Enterprise Drive  
Danville, VA 24540  
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Optima Direct Network Providers 9/2019 25
Primary Care Physicians - Tier 1

404 Airport Drive Suite A
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(434) 791-2612

Hospital Affiliations:
Centra Virginia Baptist Hospital

Black, Paul, MD
Pro#: 1020823
Cornerstone Complete Care, Inc.
441 G Piney Forest Rd
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(434) 793-0700

Hospital Affiliations:
Centra Lynchburg General Hospital

Cook, Michael R., MD
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130 Enterprise Dr
Danville, VA 24540
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Hospital Affiliations:
Centra Virginia Baptist Hospital

Delenick, Peter J., MD
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Danville Physician Practices, LLC
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Hospital Affiliations:
STVH Health - Danville

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414 Park Avenue
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(434) 791-2273

Hospital Affiliations:
STVH Health - Danville

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Hospital Affiliations:
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Hospital Affiliations:
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(434) 835-4876

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital

Lazo, Ivan E., MD
Pro#: 35851
Ivan E. Lazo, MD
441 Piney Forest Rd Ste A
Danville, VA 24540
(434) 799-5700

Hospital Affiliations:
STVH Health - Danville

Meadows, Glenn L., MD
Pro#: 10167977
GoDocs
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876

Pro#: 10082593
Piedmont PrimeCare CMG
130 Enterprise Drive
Danville, VA 24540
(434) 791-2273

404 Airport Dr Suite A
Danville, VA 24540
(434) 791-2612

Hospital Affiliations:
STVH Health - Danville

Meijer, Mark E., MD
Pro#: 10022381
Danville Physician Practices, LLC
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

Hospital Affiliations:
STVH Health - Danville

Milam, James T., MD
Pro#: 243377
Dominion Primary Care (Centra Medical Group)
414 Park Avenue
Danville, VA 24541

Hospital Affiliations:
STVH Health - Danville

Patel, Nilay C, DO
Pro#: 10174996
Family Urgent Care (Danville)
2767 Franklin Turnpike
Danville, VA 24540
(434) 835-0105

Saccoz, Saria C, MD
Pro#: 10090796
DRMC Family Medicine Residency Clinic
201 S Main Street Suite 3200
Danville, VA 24541
(434) 799-4488

Seep, Carolyn S., MD
Pro#: 27636
DRMC Family Medicine Residency Clinic
201 South Main Street Suite 3200
Danville, VA 24541
(434) 799-4444

Pro#: 10174747
Providence Family Sports Medicine, Inc.
173 Executive Drive
Danville, VA 24540
(434) 791-4110

Settle, Paul C., MD
Pro#: 10049310
Piedmont PrimeCare CMG
404 Airport Dr Suite A
Danville, VA 24540
(434) 791-2612

404 Airport Dr Suite C
Danville, VA 24540
(434) 797-1383

414 Park Avenue
Danville, VA 24541
(434) 791-2273

Singh, Surinder D., MD
Pro#: 10193827
Centra Health Medical Center - Grene
414 Park Avenue
Danville, VA 24541
(434) 857-3600

Hospital Affiliations:
Centra Lynchburg General Hospital

Stephens, Amber L., DO
Pro#: 10133796
Family Healthcare Center - Mt Hermon
109 Bridge Street Suite 201
Danville, VA 24541
(434) 799-4488

Tripathi, Kavita, MD
Pro#: 10186626
Danville Physician Practices, LLC
125 Executive Drive Suite H
Danville, VA 24541
(434) 791-1345

Hospital Affiliations:
STVH Health - Danville

Trivedi, Rajendra, MD
Pro#: 46244
Memorial Family Care, Inc.
501 Rison Street Ste 120
Danville, VA 24541
(434) 792-3730

Turner, Wesly C., DO
Pro#: 10187983
Sentara RMH Medical Center
125 Executive Drive Suite H
Danville, VA 24541
(434) 791-1345

Waddy, Paula S., MD
Pro#: 10170226
DRMC Family Medicine Residency Clinic
125 Executive Drive Suite H
Danville, VA 24541
(434) 791-1345

Waters, Michael G., MD
Pro#: 46250
Family Healthcare Centers of Danville
125 Executive Drive
Danville, VA 24541
(434) 797-2828

Hospital Affiliations:
STVH Health - Danville

Winfield, Albert C., MD
Pro#: 55738
Family Healthcare Centers of Danville
125 Executive Drive
Danville, VA 24541
(434) 791-1345

Dayton

Alleyne, Lisa Anthony, MD
Pro#: 10090784
Carilion Healthcare Corporation
15 Kildeer Ln
Dayton, VA 22821
(540) 879-4300

Marsh, Michael S., MD
Pro#: 19806
Carilion Healthcare Corporation
Hwy 42 S 15 Kildeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Sentara RMH Medical Center

Pence, Robert P., MD
Pro#: 19840
Carilion Healthcare Corporation
Hwy 42 S 15 Kildeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
Sentara RMH Medical Center

Schubert, Ronald L., MD
Pro#: 19845
Carilion Healthcare Corporation
Hwy 42 S 15 Kildeer Lane
Dayton, VA 22821
(540) 879-4300

Optima Direct Network Providers 9/2019

OptimaHealth

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<td>Greater Prince William Community Health Center</td>
<td>17739 Main Street Suite 130 Dumm, VA 22026</td>
<td>(703) 680-7950</td>
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<td>(703) 523-1750</td>
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<td>17285 Veterans Memorial Hwy Dungannon, VA 22425</td>
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<td>800 Shenandoah Avenue Suite 170 Elkins, VA 22827</td>
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<td>510 N Main Street Emporia, VA 23847</td>
<td>(434) 634-7723</td>
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<td>Year, Joshua A., DO</td>
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<td>Western Lee County Health Clinic (CCCNV)</td>
<td>1446 Dr Thomas Walker Road Ewing, VA 24248</td>
<td>(276) 445-4826</td>
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<td>Wortley, George C., MD</td>
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Primary Care Physicians - Tier 1

---

**Faithful**

- **Ho, Hieu Van, MD**
  - Hospital Affiliations: Falls Church
  - Centra Virginia Baptist Hospital

---

**Farmville**

- **Falls Church**
  - Alage, Giuliana, MD
  - Hospital Affiliations: Farmville

---

**Fairfield**

- **Childers, Robert S., MD**
  - Hospital Affiliations: Fairfield
  - Carilion Healthcare Corporation

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**Optima Direct Network Providers 9/2019**
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<td>Olmsted III, John B., MD</td>
<td>(434) 315-2532</td>
<td>800 Oak Street, Farmville, VA 23901</td>
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<tr>
<td>Varner, Lawrence C., MD</td>
<td>(434) 315-5340</td>
<td>935 South Main Street, Farmville, VA 23901</td>
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<td>Witherell, Sandi, MD</td>
<td>(434) 315-5340</td>
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<td>Pruett, David E., MD</td>
<td>(434) 315-5340</td>
<td>Hospital Affiliations: Centra Lynchburg General Hospital</td>
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<td>Szmigiel, Gabriel T., MD</td>
<td>(434) 315-5340</td>
<td>Hospital Affiliations: Centra Southside Community Hospital</td>
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<td>Lawrence, W., MD</td>
<td>(434) 315-5340</td>
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<td>Carothers, Charles H., MD</td>
<td>(434) 315-5340</td>
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<tr>
<td>Danner, James, DO</td>
<td>(434) 315-5340</td>
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<td>Dodd, Jarrett, MD</td>
<td>(434) 315-5340</td>
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<td>Elliott, Robert, MD</td>
<td>(434) 315-5340</td>
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<td>Eppes, Thomas, MD</td>
<td>(434) 315-5340</td>
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<td>Faust, David A., MD</td>
<td>(434) 315-5340</td>
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**Fishersville**

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<tr>
<td>De Zoysa, Amita, MD</td>
<td>(540) 315-5340</td>
<td>59 N Medical Park Dr, Fishersville, VA 22939</td>
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<td>Reed, John P., MD</td>
<td>(540) 315-5340</td>
<td>Hospital Affiliations: Augusta Medical Center</td>
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<td>Handley, William S., MD</td>
<td>(540) 315-5340</td>
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<td>August, George D., MD</td>
<td>(540) 315-5340</td>
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**Floyd**

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<td>Baum, Joseph James, MD</td>
<td>(540) 315-5340</td>
<td>911 E Main Street, Floyd, VA 24091</td>
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<td>Bowman, Robert R., MD</td>
<td>(540) 315-5340</td>
<td>Hospital Affiliations: Carillon Roanoke Memorial Hospital</td>
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<td>Duensing, H. Jedediah, DO</td>
<td>(540) 315-5340</td>
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<td>Horney, Wayne D., MD</td>
<td>(540) 315-5340</td>
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**Forest**

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<td>Adams, Scott B., MD</td>
<td>(540) 315-5340</td>
<td>15421 Forest Rd Ste B, Forest, VA 24451</td>
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<td>Beverly, Walter B., MD</td>
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**Ferrum**

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<td>Subahi, Tabassum, MD</td>
<td>(434) 315-5340</td>
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<td>Hultett, Joel M., MD</td>
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**Carmack, John F., MD**

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<td>(434) 315-5340</td>
<td>1175 Corporate Park Drive, Forest, VA 24451</td>
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**Hospital Affiliations:**

- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital
- Northside Family Physicians
- Forest Family Physicians
- Centra Virginia Baptist Hospital
- Central Virginia Family Physicians
## Primary Care Physicians - Tier 1

### Robertson, Sandy, MD
- **Provision #: 24939**
- **Forest Family Physicians**
- 1175 Corporate Park Drive, Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- *Centra Lynchburg General Hospital*
- *Centra Virginia Baptist Hospital*

### Jalandhara, Vinikutumar R., MD
- **Provision #: 10115216**
- **Piedmont PrimeCare CMG**
- 16890 Forest Road, Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- *Piedmont Medical Group*
- *Total Family Care (Franklin Clinic Corp)*

### Jones, John P, MD
- **Provision #: 10169740**
- **Lynchburg Internal Medicine**
- 16890 Forest Road, Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- *Bedford Memorial Hospital*
- *Centra Lynchburg General Hospital*
- *Centra Southside Community Hospital*

### Kleiner, Mark, MD
- **Provision #: 10015488**
- **Timberlake Family Practice**
- Division of Central VA Family Physicians
- 1175 Corporate Park Drive, Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- *Central Virginia Baptist Hospital*

### Paulus, David, MD
- **Provision #: 10134294**
- **New London Family Practice**
- 1088 London Links Drive, Forest, VA 24551
- (434) 534-6868

**Hospital Affiliations:**
- *Montgomery Regional Hospital* / a LewisGale Montgomery

### Peralta Jr., Manuel, MD
- **Provision #: 10179230**
- **Central Virginia Family Physicians, Inc.**
- 16890 Forest Road, Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- *Virginia Community Hospital*

### Lo, Colette W., MD
- **Provision #: 10162792**
- **Southeastern Virginia Health System**
- 1357 Armory Drive, Franklin, VA 23851
- (757) 304-5570

**Hospital Affiliations:**
- *Bon Secours Maryview Medical Center*

### Bidwell, Glenn P., MD
- **Provision #: 61008**
- **Southampton Family Practice** (Franklin Clinic Corp)
- 102-B Fairview Dr, Franklin, VA 23851
- (757) 562-2158

**Hospital Affiliations:**
- *Southampton Memorial Hospital*

### Hashmi, Afreeda A., MD
- **Provision #: 10168113**
- **Southampton Family Practice** (Franklin Clinic Corp)
- 102 Fairview Drive Suite B, Franklin, VA 23851
- (757) 562-2158

**Hospital Affiliations:**
- *Southampton Memorial Hospital*

### Rolf, Mark, DO
- **Provision #: 10172307**
- **Central Virginia Family Physicians, Inc.**
- 16890 Forest Road, Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- *Lynchburg Internal Medicine*

### Smith, David M., MD
- **Provision #: 10118602**
- **Access Healthcare**
- 2103 Graves Mill Road, Forest, VA 24551
- (434) 316-7199

**Hospital Affiliations:**
- *Central Virginia Baptist Hospital*

### Jones, John P, MD
- **Provision #: 10169740**
- **Lynchburg Internal Medicine**
- 16890 Forest Road, Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- *Bedford Memorial Hospital*
- *Centra Lynchburg General Hospital*
- *Centra Southside Community Hospital*

### Kleiner, Mark, MD
- **Provision #: 10015488**
- **Timberlake Family Practice**
- Division of Central VA Family Physicians
- 1175 Corporate Park Drive, Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- *Montgomery Regional Hospital* / a LewisGale Montgomery

### Paulus, David, MD
- **Provision #: 10134294**
- **New London Family Practice**
- 1088 London Links Drive, Forest, VA 24551
- (434) 534-6868

**Hospital Affiliations:**
- *Montgomery Regional Hospital* / a LewisGale Montgomery

### Peralta Jr., Manuel, MD
- **Provision #: 10112035**
- **Central Virginia Family Physicians, Inc.**
- 1088 London Links Dr, Forest, VA 24551
- (434) 534-6868
- 1175 Corporate Park Drive, Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- *Montgomery Regional Hospital* / a LewisGale Montgomery

### Robert, Laura, MD
- **Provision #: 43462**
- **New London Family Practice**
- 1088 London Links Road, Forest, VA 24551
- (434) 534-6868

**Hospital Affiliations:**
- *Central Lynchburg General Hospital*
- *Centra Virginia Baptist Hospital*

### Robertson, Sandy, MD
- **Provision #: 10143089**
- **Forest Family Physicians**
- 1175 Corporate Park Drive, Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- *Central Virginia Baptist Hospital*
Primary Care Physicians - Tier 1

Floyd, Julie, MD
Pro#: 10011952
Rappahannock Family Healthcare, Inc
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-0100
120 Executive Center Pkw
Fredericksburg, VA 22407
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)
Rappahannock Regional Medical Center

Galdamez, Gloria E., MD
Pro#: 10011952
Pratt Medical Center Ltd
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 834-5040
Pro#: 10156788
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)
Rappahannock Regional Medical Center

Gamble, Donna J., MD
Pro#: 10011952
Rappahannock Family Physicians
120 Executive Center Pkw
Fredericksburg, VA 22407
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)
Rappahannock Regional Medical Center

Gerold, Mark, MD
Pro#: 10193461
Primary & Urgent Care LLC
10009 Southpoint Parkway Ste 200
Fredericksburg, VA 22407
(540) 898-6600
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gray, Daniel P, MD
Pro#: 10211965
Pratt Medical Center Ltd
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 834-5040

Hospital Affiliations:
Mary Washington Hospital (MWH)

Harpe, Katrina, MD
Pro#: 10054478
Rappahannock Family Physicians
120 Executive Center Pkw
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Harrington, Christopher C., MD
Pro#: 94066
Christopher Harrington MD PC
10718 Ballantraye Drive Suite 404
Fredericksburg, VA 22407
(540) 479-4204

Harwood, Rosemary, MD
Pro#: 10132630
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hengy, Matthew J., DO
Pro#: 10026412
Westside Medical PC
4300 Plank Road Ste 140
Fredericksburg, VA 22407
(540) 548-8866

Hernandez, Rafael, MD
Pro#: 10714
Rappahannock Family Physicians
120 Executive Center Pkw
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Janus, Thomas, DO
Pro#: 10716
Rappahannock Family Physicians
120 Executive Center Pkw
Fredericksburg, VA 22401
(540) 374-5200
418 Chatham Square Office Park
Fredericksburg, VA 22405
(540) 371-4700

Hospital Affiliations:
Mary Washington Hospital (MWH)

Johnson, Rod S., MD
Pro#: 10123087
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalindini, Kavita, MD
Pro#: 10134900
Centre Pointe Health Specialties PLLC
3920 Plank Road Ste 120
Fredericksburg, VA 22407
(540) 242-4141

Kin, Jr., John W., MD
Pro#: 10211967
Pratt Medical Center Ltd
1451 Hospital Drive
Fredericksburg, VA 22401
(540) 785-7810
Pro#: 10158279
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kost, Jennifer, DO
Pro#: 10016427
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Logally, Karl H., DO
Pro#: 10048810
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Ly, Ngoc, MD
Pro#: 10038523
Patient First
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Ma, Steven J., MD
Pro#: 10007102
Personalized Family Medicine, PC
605 Jefferson Davis Highway Suite 201
Fredericksburg, VA 22401
(540) 368-2011

Hospital Affiliations:
Mary Washington Hospital (MWH)

Mahmoodian, Maryam, MD
Pro#: 10125424
Central Virginia Community Health Center (CVHS)(CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22407
(540) 735-0560

Mandeville, John D., DO
Pro#: 10016427
Family Medicine of Fredericksburg
3031 Plank Road
Fredericksburg, VA 22401
(540) 735-0560

Hospital Affiliations:
Mary Washington Hospital (MWH)

Marrow, Cindy, MD
Pro#: 58200
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Muldoon, Daniel, MD
Pro#: 10114419
Family Care of Fredericksburg, PLC
2216 Princess Anne Street Ste 106
Fredericksburg, VA 22401
(540) 940-2568

Pai, Deepa C., MD
Pro#: 10176542
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100

Pham, Hung, MD
Pro#: 10073463
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Prince, Sarah E., MD
Pro#: 10210687
Pratt Medical Center Ltd
1451 Hospital Dr #1
Fredericksburg, VA 22401
(540) 785-7810
Pro#: 10165713
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Sentara Abbevir Media Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Reid, Volanda G., MD
Pro#: 10017419
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center

Schuette, Joseph, MD
Pro#: 10718
Rappahannock Family Physicians
120 Executive Center Pkw
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)
Primary Care Physicians - Tier 1

Solven, Janice, MD
Provs: 10144875
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Stinar, Theron, DO
Provs: 10115643
Fredericksburg Christian Health Center
1129 Heatherstone Drive Ste 101
Fredericksburg, VA 22407
(540) 785-8500

Szmigiel, Gabriel T., MD
Provs: 10152562
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Mary Washington Hospital (MWH)

Tarter, Yasmin L., MD
Provs: 10092689
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Walker, Andrew F, MD
Provs: 10017602
Westmoreland Medical Center (CVHS/CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 735-0560

Free Union

Campbell, Bruce D., MD
Provs: 37941
Anchor Healthcare, PLC
4304 Free Union Road
Free Union, VA 22401
(434) 978-1691

Front Royal

Ball, Thomas A., MD
Provs: 38156
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Barron, Jennifer B., MD
Provs: 21802
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Bernard, Barbara T., MD
Provs: 27931
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-2085

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Braud, III, Floyd, MD
Provs: 43314
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-7000

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Denneyh, Jr., Francis X., MD
Provs: 64584
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Felt, Jeffrey, MD
Provs: 10119250
Valley Health Winchester Family Practice
67 Riverton Commons Plaza
Front Royal, VA 22630
(540) 635-0848

Hospital Affiliations:
- Page Memorial Hospital Inc

Fredericksen, Judy S., MD
Provs: 10002043
Shenandoah Medical Associates
625 Virginia Ave
Front Royal, VA 22630
(540) 635-7991

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Groesbeck, Jeffery P, DO
Provs: 10153159
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Hoebel, Elizabeth, MD
Provs: 10173581
Valley Health Family Medicine - Front Royal
67 Riverton Commons Plaza
Front Royal, VA 22630
(540) 635-0848

Kerns, John W., MD
Provs: 43291
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

LaPlante, Maria, MD
Provs: 10192903
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800

Mattson, Rodger C., DO
Provs: 10118864
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Spriggs, Tamara Denise, MD
Provs: 10203008
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Shenandoah Memorial Hospital Inc

Subedi, Rajesh, MD
Provs: 10099887
Shenandoah Medical Associates
625 Virginia Ave
Front Royal, VA 22630
(540) 635-7991

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Whisenant, Sherry A., MD
Provs: 43294
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Winter, Jonathan D., MD
Provs: 10034429
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.,

Atheyal, Amardeep, MD
Provs: 10155391
Patient First-Gainesville
14800 Lee Highway
Gainesville, VA 20155
(703) 743-7017

Boudreau, Jennifer, MD
Provs: 10156034
Skyview Family Medicine PC
7500 Iron Bar Lane Suite 100
Gainesville, VA 20155
(703) 753-1200

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Bruce, Julia, MD
Provs: 10134924
Skyview Family Medicine PC
7500 Iron Bar Lane Suite 100
Gainesville, VA 20155
(703) 753-1200

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Cruz-Tolentino, Minnie, MD
Provs: 10175932
Patient First-Gainesville
14800 Lee Highway
Gainesville, VA 20155
(703) 743-7017

Hackett, Jason, MD
Provs: 10029222
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 101
Gainesville, VA 20155
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Hammonds, Victoria C, MD
Provs: 10160242
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Javed, Zeeshan, MD
Provs: 10176277
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Signon, Douglas, MD
Provs: 10130921
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 20155
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Tang, Steven J, MD
Provs: 10125046
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 20155
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Turkington, Susan, MD
Provs: 10130937
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 20155
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Young, Chi, MD
Provs: 10097955
Fairfax Family Practice Centers PC
8078 Crescent Park Drive Suite 201
Gainesville, VA 20155
(703) 753-4999
Primary Care Physicians - Tier 1

Galax

Butler, Amy, MD  Pro#: 66917  Carilion Medical Associates  199 Hospital Drive Ste 5  Galax, VA 24333  (276) 236-5181
Fant, Vanessa S., MD  Pro#: 10189765  Oldtown Medical Care, LLC  306 Meadow Street  Galax, VA 24333  (276) 236-5300

Hospital Affiliations:
Twin County Regional Hospital

Fowler, Scott M, MD  Pro#: 10199494  Galax Family Care  104 Cranberry Road Suite 200A  Galax, VA 24333  (276) 236-9953

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

King, Jamie L., MD  Pro#: 10151764  Carilion Healthcare Corporation  199 Hospital Dr Suite 7  Galax, VA 24333  (276) 236-5181
199 Hospital Drive Suite 5  Galax, VA 24333  (276) 236-6136

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lazo, Robert, MD  Pro#: 43398  Carilion Healthcare Corporation  199 Hospital Drive Ste 7  Galax, VA 24333  (276) 236-6136

Hospital Affiliations:
Twin County Regional Hospital

Glen Allen

Adams, Helen, MD  Pro#: 10014967  Innsbrook Family Medicine  4900 Cox Road Ste 150  Glen Allen, VA 23060  (804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Akbar, Faiza S., MD  Pro#: 10024845  Family Physicians of Ridgefield  5360 Twin Hickory Rd  Glen Allen, VA 23060  (804) 346-3200

Banerjee, Rumki, MD  Pro#: 10091260  Apex MD, LLC  5310 Twin Hickory Road Suite A  Glen Allen, VA 23059  (804) 273-0010

Boggs, Melanie P., MD  Pro#: 55715  Family Physicians of Ridgefield  5360 Twin Hickory Rd  Glen Allen, VA 23060  (804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Carr, Jennifer E., MD  Pro#: 10135818  Family Physicians of Ridgefield  5360 Twin Hickory Road  Glen Allen, VA 23059  (804) 346-3200

Daniels, Robert M., MD  Pro#: 65216  Family Physicians of Ridgefield  5360 Twin Hickory Rd  Glen Allen, VA 23060  (804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Gloucester

Belvin, David G., MD  Pro#: 10020130  Sentara Family Medicine Physicians (SMG)  5659 Parkway Dr Suite 100  Gloucester, VA 23061  (804) 210-1009

Leming, Joseph A., MD  Pro#: 10106430  Courthouse Family Medicine, PLLC  6760 Main Street  Gloucester, VA 23061  (804) 692-3500

Hospital Affiliations:
John Randolph Medical Center

Southside Regional Medical Center

Reynolds, Wayne J., DO  Pro#: 91664  Sentara Family Medicine Physicians  5659 Parkway Dr Suite 100  Gloucester, VA 23061  (804) 210-1025

Hospital Affiliations:
Sentara CarePlex Hospital

West, III, Francis T., MD  Pro#: 10022748  Mobjack Medical Group  6530 Main Street  Gloucester, VA 23061  (804) 684-5043

Optima Direct Network Providers 9/2019 33
Primary Care Physicians - Tier 1

Goochland

Bain, Francis, MD
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Goochland Family Practice
2948 River Rd West
Goochland, VA 23063
(804) 556-6101

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

Gordonsville

Cox, David B., MD
Pro#: 20261
David B. Cox
501 N Main Street
Gordonsville, VA 22942
(540) 832-2211

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Grafton

Hollingsworth, John D., MD
Pro#: 51048
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Great Falls

Ho, Hieu Van, MD
Pro#: 10136282
Great Falls Medical Center, LLC
142 Walker Road Suite C
Great Falls, VA 22066
(703) 534-3331

Hospital Affiliations:
Virginia Hospital Center - Arlington

Gretna

Blanks, Virginia A., MD
Pro#: 10060300
Village Family Physicians
291 McBride Lane
Gretna, VA 24557
(434) 656-1274

Hospital Affiliations:
Bedford Memorial Hospital

Burnham, Bonnie N., MD
Pro#: 10157411
Family Healthcare Center of Gretna
305 N Main Street
Gretna, VA 24557
(434) 799-4444

Hospital Affiliations:
Bedford Memorial Hospital

Daniel, John G., MD
Pro#: 10170208
Family Healthcare Center of Gretna
305 N Main Street
Gretna, VA 24557
(434) 656-1274

Hospital Affiliations:
Bedford Memorial Hospital

Dehli, Todd H., MD
Pro#: 10052099
Village Family Physicians
291 McBride Lane
Gretna, VA 24557
(434) 656-1274

Hospital Affiliations:
Bedford Memorial Hospital

Hampton

Baines, Robin S., MD
Pro#: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

Barreto, Beata, MD
Pro#: 1015216
Sentara Family Medicine Physicians (SMG)
291 McBride Lane
Gretna, VA 24557
(434) 656-1274

Hospital Affiliations:
Sentara CarePlex Hospital

Cambridge, Amy L., MD
Pro#: 10003551
Hampton Family Practice PLLC
9 Hannah Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
Sentara CarePlex Hospital

Chan, Yu Kwan, MD
Pro#: 10132739
Hampton Family Practice PLLC
9 Hannah Square
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
Sentara CarePlex Hospital

Emadi, Trissana, MD
Pro#: 10135652
Patient First - Hampton
2304 West Mercury Boulevard
Hampton, VA 23666
(757) 951-1579

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Fall, Robert S, DO
Pro#: 10212031
Riverside Medical Group
850 Enterprise Parkway 2200
Hampton, VA 23666
(757) 251-2170

Hospital Affiliations:
Riverside Regional Medical Center

Francis, Jr., Albert H., MD
Pro#: 10034284
Sentara Family Physicians (SMG)
2104 Executive Dr
Hampton, VA 23666
(757) 736-3700

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Harriss, Laurie H., DO
Pro#: 10164929
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Hoyt, Jennifer R, MD
Pro#: 10171258
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
Sentara CarePlex Hospital

Hoyt, Jr., P. Arthur, MD
Pro#: 57018
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
Sentara CarePlex Hospital

Hunter, Robert H., MD
Pro#: 51002
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Hymans, Lawrence C., MD
Pro#: 51107
Tidewater Physicians Multispecialty Group, PC (TPMG)
2114 Hartford Rd Ste A
Hampton, VA 23666
(757) 826-3460

Hospital Affiliations:
Sentara CarePlex Hospital

Innes, Ruth, MD
Pro#: 73047
Tidewater Physicians Multispecialty Group, PC (TPMG)
2115 Executive Dr Ste 5D
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
Sentara CarePlex Hospital
Primary Care Physicians - Tier 1

Jones, Jr., Samuel, MD
Provision #: 78528
Hampton Family Practice PLLC
9 Manchester Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
Sentara CarePlex Hospital

Nussen, Jana, MD
Provision #: 1002119
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Lee, Venetta C., MD
Provision #: 10092119
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Karandana, Kamani N., MD
Provision #: 10151635
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

McCord, Jennifer, MD
Provision #: 79557
Hampton Family Practice PLLC
9 Manchester Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
Sentara CarePlex Hospital

Little, Pamela B., MD
Provision #: 10196736
Sentara Family Medicine Physicians
200 Eaton St
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

McCormick, Brian C., MD
Provision #: 31025
Hampton Family Practice PLLC
9 Manchester Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
Sentara CarePlex Hospital

Negard, Kristin D., MD
Provision #: 10143270
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Nussen, Jana, MD
Provision #: 96723
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite D
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Mount, Reymond, MD
Provision #: 1002119
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Hartford Road
Hampton, VA 23666
(757) 826-2102

Paul, Arunava, MD
Provision #: 10152987
Sentara Family and Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Oliver, Gregory W., MD
Provision #: 69572
Patient First
2004 West Mercury Blvd.
Hampton, VA 23666
(757) 821-2472

Schneider, Linda G., MD
Provision #: 17528
Tidewater Physicians Multispecialty Group, PC (TPMG)
2115 Executive Dr Ste 5D
Hampton, VA 23666
(757) 223-4992

Sperry, Bobbie, MD
Provision #: 10035337
Hampton Family Practice PLLC
9 Manchester Square Ste A
Hampton, VA 23666
(757) 838-6335

Weisman, Todd A., MD
Provision #: 41026
Sentara Family Medicine Physicians SMG
200 Eaton St
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
Sentara CarePlex Hospital

White, Nicholas, DO
Provision #: 10170939
Tidewater Physicians Multispecialty Group, PC (TPMG)
2114 Hartford Rd Ste A
Hampton, VA 23666
(757) 826-3460

Harrisonburg

Alleyne, Lisa Anthony, MD
Provision #: 10090784
Carilion Healthcare Corporation
2010 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000

Ashby, Jeffrey A., MD
Provision #: 31436
Harrisonburg Family Practice Associates, PC
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151

Hospital Affiliations:
Sentara RMH Medical Center

Asiotes, Jason Leo G., MD
Provision #: 10156135
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Ave
Harrisonburg, VA 22801
(540) 564-7100

Hospital Affiliations:
Sentara RMH Medical Center

Bradshaw, D. Mark, MD
Provision #: 20781
Dr. Mark Bradshaw
1733 Erickson Ave
Harrisonburg, VA 22801
(540) 433-1530

Hospital Affiliations:
Sentara RMH Medical Center

Brodie, Jeff, DO
Provision #: 10186896
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Sentara RMH Medical Center

Hotchkiss, Jerome J, MD
Provision #: 10156297
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hill, Jordan L., DO
Provision #: 10061049
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Ave
Harrisonburg, VA 22801
(540) 564-7100

Hospital Affiliations:
Sentara RMH Medical Center

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OptimaHealth
Primary Care Physicians - Tier 1

Iudica, A. Christian, MD
Prov#: 41424
Harrisonburg Family Practice
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Iudica, Kathleen S., MD
Prov#: 41424
Harrisonburg Family Practice
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Iudica, A. Christian, MD

Jesteedt, Gregory C., MD
Prov#: 10013691
Harrisonburg Family Practice
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Weidig, Jr., George L., MD

Lepley, Shawn M., MD
Prov#: 20281
Rockingham Family Physicians
1751 Erickson Ave
Harrisonburg, VA 22801
(540) 433-3344
Hospital Affiliations:
Sentara RMH Medical Center

Long, Keith C., MD
Prov#: 10199527
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
Hospital Affiliations:
Sentara RMH Medical Center

Loucks, Amanda M, MD
Prov#: 10129588
Harrisonburg Family Practice
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Mahmoodian, Maryam, MD
Prov#: 10156364
Maryam Mahmoodian, MD Family Medicine LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 209-0287
Hospital Affiliations:
Sentara RMH Medical Center

Marsh, Michael S., MD
Prov#: 19806
Carilion Healthcare Corporation
2010 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000
Hospital Affiliations:
Sentara RMH Medical Center

Morgan, Alan J., MD
Prov#: 42418
Sentara RMH Medical Group, LLC
1661 South Main Street
Harrisonburg, VA 22801
(540) 564-7100
Hospital Affiliations:
Sentara RMH Medical Center

Nio, Deborah A., MD
Prov#: 19926
Harrisonburg Family Practice Associates, PC
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Pence, Robert P., MD
Prov#: 19840
Carilion Healthcare Corporation
2010 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000
Hospital Affiliations:
Sentara RMH Medical Center

Perkins, Jason F, DO
Prov#: 10076764
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
Hospital Affiliations:
Sentara RMH Medical Center

Reploge, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
1661 South Main Street
Harrisonburg, VA 22801
(540) 564-7100
1790-64B East Market Street
Harrisonburg, VA 22801
(540) 564-5622

Rice, III, Gilbert C., DO
Prov#: 100992352
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
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Sentara RMH Medical Center

Syptak, J. Michael, MD
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Harrisonburg, VA 22801
(540) 433-9151
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Sentara RMH Medical Center

Weidig, Jr., George L., MD
Prov#: 19927
Harrisonburg Family Practice Associates, PC
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
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Sentara RMH Medical Center

Wenger, John D., MD
Prov#: 10047830
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
1931 Medical Avenue
Harrisonburg, VA 22801
(540) 564-5400
51 B Burgess Road
Harrisonburg, VA 22801
Hospital Affiliations:
Sentara RMH Medical Center

Wyrick, Kimberley F., DO
Prov#: 20334
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1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151
Hospital Affiliations:
Sentara RMH Medical Center

Biragomi, Soujanya, MD
Prov#: 10134593
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Chambers, Joseph F., MD
Prov#: 10176295
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

DeRosa, Gary A., MD
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NMG Affiliate Practice I, LLC
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Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Haymarket

Hartfield

Liljeberg, Peter, MD
Prov#: 10206149
BON SECOURS HARTFIELD
2001 Edgewood Dr
Hartfield, VA 23071
(804) 776-9221
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Wolf-Small, Brigitte, MD
Prov#: 10206145
BON SECOURS HARTFIELD
MEDICAL CENTER
9891 General Puller Hwy
Hartfield, VA 23071
(804) 776-9221
Hospital Affiliations:
Rappahannock General Hospital

Hayes

Dait, Marianne T, DO
Prov#: 10121001
Riverside Medical Group
2246 George Washington Memorial Highway
Hayes, VA 23072
(804) 642-6171

Haymarket

Biragomi, Soujanya, MD
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NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
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(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Chambers, Joseph F., MD
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NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
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(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

DeRosa, Gary A., MD
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NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
## Primary Care Physicians - Tier 1

### Hillsville

- **Butler, Amy, MD**
  - Affiliation: Carilion Medical Associates
  - Phone: (276) 728-7731
  - Practice: 416 S Main St
  - Location: Honaker, VA 24260
  - Prov#: 10016117

- **Miller, Christopher, MD**
  - Affiliation: Appomattox River Medical LLC
  - Phone: (804) 458-8555
  - Practice: 815 W Poythress Street
  - Location: Honkere, VA 23860
  - Prov#: 10151614

- **Mohiuddin, Abdul Q., MD**
  - Affiliation: Twin Rivers Medical Clinic PC
  - Phone: (804) 458-8557
  - Practice: 1012 Winston Churchill
  - Location: Honkere, VA 23860
  - Prov#: 23233

- **Hospital Affiliations:**
  - Carilion Randolph Medical Center

### Hopewell

- **Owens, Dia P., MD**
  - Affiliation: Stone Mountain Health Services
  - Phone: (757) 859-6161
  - Practice: 8575 Ivor Rd
  - Location: Ivor, VA 23866
  - Prov#: 10029742

- **Peralta Jr., Manuel, MD**
  - Affiliation: Central Virginia Family Physicians, Inc.
  - Phone: (434) 324-9150
  - Practice: 527 Pocket Road
  - Location: Honkere, VA 24260
  - Prov#: 10112035

- **Hospital Affiliations:**
  - John Randolph Medical Center

### Hurley

- **Fowler, Scott M, MD**
  - Affiliation: Independence Family Care
  - Phone: (804) 438-4000
  - Practice: 132 Lancaster Road
  - Location: Irvington, VA 22480
  - Prov#: 10026653

- **Hospital Affiliations:**
  - Rappahannock General Hospital

### Independence

- **Best, Michael A, MD**
  - Affiliation: Bath Community Hospital
  - Phone: (540) 839-7197
  - Practice: 106 Park Drive
  - Location: Hopewell, VA 23860
  - Prov#: 10136950

- **McCray, Jeffrey S., DO**
  - Affiliation: Augusta Medical Center
  - Phone: (540) 839-5287
  - Practice: 306 North 6th Street
  - Location: Hopewell, VA 23860
  - Prov#: 10077460

- **Hospital Affiliations:**
  - Bath Community Hospital

### Hot Springs

- **Rizk, Levi, DO**
  - Affiliation: Bath Community Physicians Group
  - Phone: (540) 839-7130
  - Practice: 106 Park Lane
  - Location: Hot Springs, VA 24445
  - Prov#: 10120107

- **Hospital Affiliations:**
  - Bath Community Hospital

---

### Keysville

- **Danner, James, DO**
  - Affiliation: Alvarita Medical Center
  - Phone: (434) 736-8881
  - Practice: 312 King Street
  - Location: Keysville, VA 23947
  - Prov#: 10141320

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital

### Kilmarnock

- **Ashworth, Joel T., MD**
  - Affiliation: BON SECONS KILMARNOCK PRIMARY CARE
  - Phone: (804) 435-2651
  - Practice: 402 North Main Street
  - Location: Kilmarnock, VA 22482
  - Prov#: 10161223

- **Hospital Affiliations:**
  - BON SECONS St. Francis Medical Center
  - Chippenham Medical Center/Johnston-Wills Hospital

### Kenbridge

- **Michie, David W, MD**
  - Affiliation: Southside Medical Management Inc
  - Phone: (434) 676-8021
  - Practice: 306 E Sixth Avenue
  - Location: Kenbridge, VA 23944
  - Prov#: 33774

- **Powers, David C, MD**
  - Affiliation: Southside Medical Management Inc
  - Phone: (434) 676-8021
  - Practice: 306 E Sixth Avenue
  - Location: Kenbridge, VA 23944
  - Prov#: 43354

- **Hospital Affiliations:**
  - Bath Community Hospital
Primary Care Physicians - Tier 1

Wright, James Lee, MD
Pro#: 10009809
Chesapeake Medical Group-Family Practice
866 Harris Road
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
VCU Health System/MCV

Rhode Island

Avula, Danielle, MD
Pro#: 10159533
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677
Hospital Affiliations:
Bon Secours Memorial Regional - Aylett Medical Center

King William

Kang, Jin Moon, MD
Pro#: 10143421
Leesburg/Sterling Family Practice
106 Fort Evans Road NE
Leesburg, VA 20176
(703) 443-2000

Hospital Affiliations:
Prince William Medical Center

Lawrenceville

Tran, Minh, DO
Pro#: 10083558
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Lake Ridge

Djafari, Paria, MD
Pro#: 10196841
Leesburg/Sterling Family Practice
44084 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

Hospital Affiliations:
Leesburg/Sterling Family Practice

Lansdowne

Kang, Jin Moon, MD
Pro#: 10173324
PartnerMD, PC
19500 Sandridge Way
Lansdowne, VA 20176
(703) 840-7300

Miakel, Nail, MD
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Leesburg/Sterling Family Practice
44084 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

Rhodes, Valerie M., DO
Pro#: 10133838
Leesburg/Sterling Family Practice
44084 Riverside Parkway Suite 300
Lansdowne, VA 20176
(703) 724-7530

Leesburg

All, Khurram, MD
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Patient First - Glen Allen
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Leesburg, VA 20175
(703) 840-1396

Belote, Robert, MD
Pro#: 59198
Catoctin Family Practice of Leesburg PLLC
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Leesburg, VA 20175
(703) 777-6655

Boudreau, Jennifer, MD
Pro#: 10170312
Vita Family Medicine and MedSpa LLC
540 Fort Evans Road Suite 204
Leesburg, VA 20176
(703) 737-3500

Hospital Affiliations:
Novant Health UV/A Health System
Prince William Medical Center

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Pro#: 68897
Leesburg/Sterling Family Practice
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(703) 724-7530

Charen, KELLY, MD
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(703) 724-7530

Cho, Charles H., DO
Pro#: 10091878
Patient First
601 Potomac Station Drive NE
Leesburg, VA 20176
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Cianciaruso, Lauren B., DO
Pro#: 10009886
High Power, PC
2003 East Main Street
Lebanon, VA 24266
(276) 889-3700

Hospital Affiliations:
HANCOCK COUNTY HOSPITAL

Crowley, Anthony, MD
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Leesburg/Sterling Family Practice
44055 Riverside Parkway Suite 110
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(703) 724-7530

Djafari, Paria, MD
Pro#: 1003218
Leesburg/Sterling Family Practice
224 D Cornwall St NW Suite 106
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Gambhir, Saurabh, MD
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Leesburg, VA 20176
(703) 840-1396

Hospital Affiliations:
Novant Health UV/A Health System
Prince William Medical Center

Gomez Del Carpio, Jimena, MD
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116 Q Edwards Ferry Road
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(703) 777-1612

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601 Potomac Station Drive NE
Leesburg, VA 20176
(703) 840-1396

Lee, Donald, DO
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Leesburg/Sterling Family Practice
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Mohler, Troy R., MD
Pro#: 10107165
Lowood Medical Group PC
224 D Cornwall Street NW Suite 106
Leesburg, VA 20176
(703) 777-7777
44084 Riverside Parkway Suite 300
Leesburg, VA 20176
(703) 724-7530

Nagell, Scott, MD
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Leesburg, VA 20176
(703) 724-7530

Oedrich, LeAnna, MD
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Poonawalla, Rahib, MD
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Saunders, Robert, MD
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Hospital Affiliations:
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Williamson, Valerie, MD  
ProV#: 10015194  
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(703) 779-0700  

Wright, Colleen, MD  
ProV#: 10004358  
Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110  
Leesburg, VA 20176  
(703) 724-7530

Harris, Marcia A., MD  
Harcus, Sinclair J., MD  
Ellington, David Alan, MD  
Prov#: 19861990  
Carilion Clinic Internal Medicine  
108 Houston St Suite A  
Lexington, VA 24450  
(540) 463-3181  

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Childers, Robert S., MD  
Prov#: 10148519  
Carilion Clinic Family Medicine  
Lexington  
108 Houston St Suite A  
Lexington, VA 24450  
(540) 463-9158  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Stonewall Jackson Hospital

McAfee, Jessica L., MD  
Prov#: 10019025  
Inova Fairfax Hospital  
8988 Lorton Station Blvd Ste 201  
Lorton, VA 22079  
(703) 339-7550  

Hospital Affiliations:  
Inova Fairfax Hospital  
Inova Fairfax Hospital

Lee, David W., MD  
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8988 Lorton Station Blvd Ste 201  
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Hospital Affiliations:  
Inova Fairfax Hospital  
Inova Fairfax Hospital

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Carilion Clinic Family Medicine  
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108 Houston St Suite C  
Lexington, VA 24450  
(540) 463-7628  

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Stonewall Jackson Hospital

Lanier, Laura Wian, MD  
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Carilion Stonewall Jackson Hospital  
146 South Main St  
Lexington, VA 24450  
(540) 463-9158  

Hospital Affiliations:  
Carilion Curus Home Care  
Carilion Franklin Memorial Hospital  
Carilion Clinics Home Health  
Carilion Tazewell Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Pickral, Robert M, MD  
Prov#: 10149045  
Carilion Clinic Family Medicine  
Lexington  
108 Houston St Suite A  
Lexington, VA 24450  
(540) 463-9158  

Hospital Affiliations:  
Carilion Curus Home Care  
Carilion Franklin Memorial Hospital  
Carilion Tazewell Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Griswold, Steven, MD  
Prov#: 10206156  
BON SECOURS LIVELY MEDICAL CENTER  
36 Lively Oaks Road  
Lively, VA 23207  
(804) 462-5155

Hospital Affiliations:  
BON Secours Mary Immaculate Hospital  
Rappahannock General Hospital

Lorton

Ciampi, Frank P., MD  
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Williamsburg Square Family Practice, P.C.  
9500 Richmond Highway  
Lorton, VA 22079  
(703) 339-7788

Hospital Affiliations:  
Inova Mount Vernon Hospital

Gallini, Marc, MD  
Prov#: 10065150  
Williamsburg Square Family Practice, P.C.  
9500 Richmond Highway  
Lorton, VA 22079  
(703) 339-7788

Hospital Affiliations:  
Inova Mount Vernon Hospital

Lee, Christine, MD  
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Lorton Station Family Medicine  
8988 Lorton Station Blvd Ste 201  
Lorton, VA 22079  
(703) 339-7550

Hospital Affiliations:  
Inova Fair Oaks Hospital  
Inova Fairfax Hospital

Harkrader, Edward R., MD  
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Louisa Family Practice, PLC  
101 Woolfolk Ave  
Louisa, VA 23093  
(540) 967-2202

Richmond, Michael, DO  
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Central Virginia Community Health Center (CVHS/CCNV)  
115 Jefferson Highway Ste 9  
Louisa, VA 23093  
(540) 967-9401

Central Virginia Baptist Hospital

Lively

Bavuso, Salvatore K., MD  
Prov#: 10206158  
BON SECOURS LIVELY MEDICAL CENTER  
36 Lively Oaks Road  
Lively, VA 23207  
(804) 462-5155

Hospital Affiliations:  
Rappahannock General Hospital

Optima Direct Network Providers 9/2019 40

OptimaHealth
<table>
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<th>Name</th>
<th>Title</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Southall, III, Alger R., MD</td>
<td>Prov#: 68259</td>
<td>Louisa Family Practice, PLC</td>
<td>(540) 967-2202</td>
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<tr>
<td>Fowler, Jr, Tolvert E., MD</td>
<td>Prov#: 1007165</td>
<td>Loudoun Medical Group PC</td>
<td>(540) 579-0500</td>
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<tr>
<td>Desrochers, Danielle, MD</td>
<td>Prov#: 10036301</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
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<tr>
<td>Miller, D. Brooke, MD</td>
<td>Prov#: 43272</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
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<tr>
<td>Reploge, Corinne, MD</td>
<td>Prov#: 10187348</td>
<td>Sentara RMH Medical Group, LLC</td>
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<tr>
<td>Grams, Sasha L., DO</td>
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<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
</tr>
<tr>
<td>Albers, Gregg, MD</td>
<td>Prov#: 10178120</td>
<td>Central Virginia Family Physicians, Inc.</td>
<td>(540) 384-1581</td>
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<tr>
<td>Anderson, Andrew, DO</td>
<td>Prov#: 10164262</td>
<td>Central Virginia Family Physicians, Inc.</td>
<td>(540) 237-6471</td>
</tr>
<tr>
<td>Burgess, Henry E., MD</td>
<td>Prov#: 10057870</td>
<td>Blue Ridge Immediate Care</td>
<td>(540) 385-4184</td>
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<tr>
<td>Caballero, Cesar E., MD</td>
<td>Prov#: 10173756</td>
<td>Centra Medical Group (Centra Health, Inc.)</td>
<td>(540) 385-3908</td>
</tr>
<tr>
<td>Russell, Marianne, MD</td>
<td>Prov#: 10197219</td>
<td>Blue Ridge Medical Center (CCNV)</td>
<td>(434) 263-4000</td>
</tr>
<tr>
<td>Desrochers, Danielle, MD</td>
<td>Prov#: 10036301</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
</tr>
<tr>
<td>Melaren, Michael, MD</td>
<td>Prov#: 10201604</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
</tr>
<tr>
<td>Dinh, Phuong, MD</td>
<td>Prov#: 10191930</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 743-2887</td>
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<tr>
<td>Reploge, Corinne, MD</td>
<td>Prov#: 10187348</td>
<td>Sentara RMH Medical Group, LLC</td>
<td>(540) 743-9087</td>
</tr>
<tr>
<td>Williams, David, MD</td>
<td>Prov#: 10082510</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine</td>
<td>(540) 843-4624</td>
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</tbody>
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**Lynchburg**

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<tr>
<th>Name</th>
<th>Title</th>
<th>Address</th>
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</thead>
<tbody>
<tr>
<td>Babineau, Teresa W., MD</td>
<td>Prov#: 10189641</td>
<td>Centra Medical Group, LLC</td>
<td>(540) 200-5200</td>
</tr>
<tr>
<td>Bendall Jr, Richard A., MD</td>
<td>Prov#: 10164490</td>
<td>Acute Rehab Centrahealth</td>
<td>(540) 316-5900</td>
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<tr>
<td>McClean, Ann, MD</td>
<td>Prov#: 10301604</td>
<td>Lynchburg Family Medicine Center</td>
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<td>Miller, D. Brooke, MD</td>
<td>Prov#: 43272</td>
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<td>Bulos, David, MD</td>
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Primary Care Physicians - Tier 1

Engel, David, DO
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Hospital Affiliations:
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Freeman, Brian A., MD
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Primary Care Physicians - Tier 1

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Optima Health
Primary Care Physicians - Tier 1

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Hospital Affiliations:
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Hospital Affiliations:
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Mary Washington Hospital (MWH) UVA Culpeper Hospital

Optima Direct Network Providers 9/2019

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Hospital Affiliations: Novant Health UVA Health System
Haymarket Medical Center
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Prince William Medical Center

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Prince William Medical Center

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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Smyth County Community Hospital
VCU Community Memorial Hospital
VCU Health System/MCV

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Hospital Affiliations: Smyth County Community Hospital
<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Marshall</td>
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| Berame, Belinda B, MD | Pro#: 10176242  
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Novant Health UVA Health System  
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Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital |
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Mahoney, Mark, DO | Pro#: 10118170  
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Hospital Affiliations:  
SOVAH Health - Martinsville |
| pallone, Amanda W., MD | Pro#: 10175087  
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Carilion Medical Associates  
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Martinsville, VA 24112  
(276) 670-3300  
Bellovin, Sabra M., MD | Pro#: 10162792  
Southeastern Virginia Health System  
10980 Buckley Hall Road Bldg 5  
Mathews, VA 23109  
(804) 725-9191  
Hospital Affiliations:  
Bon Secours Maryview Medical Center |
| Bresowar, Kristin O., MD | Pro#: 10128038  
Southwest VA Community Health Systems Inc  
13168 Meadowview Square  
Meadowview, VA 24361  
(276) 944-3999  
Counts, Melody Lou, MD | Pro#: 10174442  
Meadowview Health Clinic  
13168 Meadowview Square  
Meadowview, VA 24361  
(276) 944-3999  
Atthwal, Amardeep, MD | Pro#: 10065075  
Patient First - Mechanicsville  
7238 Mechanicsville Turnpike  
Mechanicsville, VA 23111  
(804) 559-9900  
Ayula, Jonathan, MD | Pro#: 10125953  
Meadowview Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750  
(804) 764-3291  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center |
| Blackburn, Jr., Maurice Lee, MD | Pro#: 119660  
Hanover Family Physicians  
9376 Atlee Station Rd  
Mechanicsville, VA 23116  
(804) 730-0990 |
| Blake, Thomas D., MD | Pro#: 90510  
Virginia Physicians, Inc.  
7255 Hanover Green Dr  
Mechanicsville, VA 23111  
(804) 730-1111 |
| Burjon, Laura, MD | Pro#: 10036350  
Mechanicsville Medical Center  
7571 Cold Harbor Rd Ste 1  
Mechanicsville, VA 23111  
(804) 746-9055 |
| Carr, Jennifer E., MD | Pro#: 45904  
Hanover Family Physicians  
8266 Atlee Road Ste 226  
Mechanicsville, VA 23116  
(804) 559-6510 |
| Clements, Kim, MD | Pro#: 92406  
Pueblo Medical Group  
7238 Mechanicsville Tpke  
Mechanicsville, VA 23111  
(804) 559-9900 |

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

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<td>757-1 Cold Harbor Rd Ste 1</td>
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**midlothian**

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**middlebrook**

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<td>757-1 Cold Harbor Rd Ste 1</td>
<td>Mechanicsville, VA 23111 (804) 746-9055</td>
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**optima direct network providers 9/2019**

© OptimaHealth
Carpenter, Jeanette M., MD
Pro#: 10113750
Family Practice Associates of Chesterfield
13911 St Francis Boulevard Suite 101
Midlothian, VA 23114
(804) 320-3999
Hospital Affiliations:
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Chippenham Medical Center/Johnston-Willis Hospital

Foliaco, Walter, MD
Pro#: 10003883
Sommerville Family Practice/Commonwealth Primary Care
14415 Justice Road
Midlothian, VA 23113
(804) 594-0125
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Harvey, Lorena L., MD
Pro#: 16103
Primary Health Group - POFM
13861 Hull Street
Midlothian, VA 23112
(804) 739-0910
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Hendricks, Glenna P, MD
Pro#: 10126535
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Hinson, Jr., Randolph, MD
Pro#: 16098
Primary Health Group - Oxbridge
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Hospital Affiliations:
Chippenham Medical Center

Hlavac, Kimberly A., MD
Pro#: 10185024
Blackstone Family Practice Center
13540 Hull Street Road
Midlothian, VA 23112
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Jackson, Paul, MD
Pro#: 55533
St. Francis Family Medicine Center
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Jadali, Saeed, MD
Pro#: 10131967
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13540 Hull Street Road
Midlothian, VA 23112
(304) 739-6142
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Primary Care Physicians - Tier 1
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Sentara CarePlex Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center
VCU Community Memorial Hospital
Winchester Medical Center
© Jennings, LaChrisa, DO
Pro#: 10208351
Patient First - Midlothian
11020 Hull Street Road
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(804) 744-6310

Jima, Bogale, MD
Pro#: 47982
Primary Health Group - Oxbridge
10130 Hull Street
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(804) 276-6900

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Johnson, Diane, MD
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2367 Colony Crossing Place
Midlothian, VA 23112
(804) 232-1264

Keller, Kevin A., MD
Pro#: 79441
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13901 Coalfield Commons Place Ste 200
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(804) 420-1205

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

King, Herbert, MD
Pro#: 10002697
Virginia Physicians, Inc.
3000 Watercove Road
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Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Lobb, Keefe H., DO
Pro#: 10128149
Bon Secours St Francis - Ironbridge
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(804) 733-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center

© Lourcks, Clay A., MD
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(804) 744-6310

Mantzouris, Tammy J., MD
Pro#: 10174847
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VCU Health System/MCV

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Marshall, Christopher, MD
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(804) 276-6900
13861 Hull Street Road
Midlothian, VA 23112
(804) 739-0910

Hospital Affiliations:
John Randolph Medical Center

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13332 Midlothian Turnpike
Midlothian, VA 23113
(804) 794-5598
15769 WC Main Street
Midlothian, VA 23112
(804) 419-9760
3000 Watercove Road
Midlothian, VA 23112
(804) 744-0200

McLeod, Jeffery L., MD
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Midlothian, VA 23112
(804) 763-1058

Hospital Affiliations:
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Johnston-Willis Hospital

Miller, James W., MD
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(804) 330-3335

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Chippenham Medical Center/
Johnston-Willis Hospital

Mohlie, Steven R., MD
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Morrisette, Phillip W., MD
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Midlothian, VA 23113
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15769 WC Main Street
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(804) 794-5598

Hospital Affiliations:
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Johnston-Willis Hospital

Paine, Matthew, MD
Pro#: 10128397
St. Francis Family Medicine Center
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

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(804) 232-1264

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Johnston-Willis Hospital

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(804) 306-7073

Pong, David, MD
Pro#: 10031693
PartnerMD, PC
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Midlothian, VA 23114
(804) 420-1200

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

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(804) 739-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Reinhardt, Stephen, MD
Pro#: 10168051
Family Practice Associates of Chesterfield
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Midlothian, VA 23114
(804) 320-3999

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
St. Mary’s Hospital
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<td>10164276</td>
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<td>10085288</td>
<td>Bon Secours St. Francis - Ironbridge&lt;br&gt;Family Practice&lt;br&gt;13540 Hull Street Road&lt;br&gt;Midlothian, VA 23112&lt;br&gt;(804) 739-6142</td>
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<td>28769</td>
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<td>Robert, Jeffrey, MD</td>
<td>1007711</td>
<td>St. Francis Family Medicine Center/Residency Program&lt;br&gt;13540 Hull Street Road&lt;br&gt;Midlothian, VA 23112&lt;br&gt;(804) 739-6142</td>
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<td>Siedlecki, John, MD</td>
<td>29019</td>
<td>Family Practice Specialists of Richmond&lt;br&gt;3742 Winterfield Road&lt;br&gt;Midlothian, VA 23113&lt;br&gt;(804) 330-3335</td>
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<td>Spiers III, Leon O., MD</td>
<td>93238</td>
<td>PartnerMD, PC&lt;br&gt;13901 Coalfield Commons Place Suite 201&lt;br&gt;Midlothian, VA 23114&lt;br&gt;(804) 420-1200</td>
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<td>Taylor, Gail L., MD</td>
<td>10066585</td>
<td>Charter Colony Family Practice-Bon Secours Medical Group&lt;br&gt;13540 Hull Street Road&lt;br&gt;Midlothian, VA 23112&lt;br&gt;(804) 739-6172</td>
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<td>Taylor, Matthew A., MD</td>
<td>10193853</td>
<td>HealthVisionsMD Inc&lt;br&gt;1230 Alverser Dr Ste 100&lt;br&gt;Midlothian, VA 23113&lt;br&gt;(804) 601-6599</td>
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<td>Timmons, Jelisa, MD</td>
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<td>St. Francis Family Medicine Center (Bon Secours)&lt;br&gt;13540 Hull Street Road&lt;br&gt;Midlothian, VA 23112&lt;br&gt;(804) 739-6142</td>
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<td>Yeatts, Donald E., MD</td>
<td>21660</td>
<td>Family Practice Associates of Chesterfield&lt;br&gt;13911 St Francis Boulevard&lt;br&gt;Midlothian, VA 23114&lt;br&gt;(804) 320-3999</td>
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<td>Dehli, Todd H., MD</td>
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<td>Village Family Physicians&lt;br&gt;4830 Rucker Rd&lt;br&gt;Moneta, VA 24461&lt;br&gt;(540) 297-7181</td>
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<td>Johnson, Matthew A., MD</td>
<td>29492</td>
<td>Lynchburg Family Medicine Center&lt;br&gt;4830 Rucker Road&lt;br&gt;Moneta, VA 24461&lt;br&gt;(540) 297-7181</td>
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| Lewis-Gale Medical Center |  | Hospital Affiliations:<br>Bedford Memorial Hospital<br>Centra Virginia Baptist Hospital<br>Centra Lynchburg General Hospital<br>McAuley Medical Center<br>Northside Hospital<br>St. Anthony's Medical Center<br>St. Cloud Regional Medical Center<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group<br>St. Francis Medical Group

Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

Sparhawk, Kathryn L., MD
Prov#: 10052100
Village Family Physicians
4830 Rucker Rd
Manets, VA 24212
(540) 297-7181

Monterey
Moree, Claire M., MD
Prov#: 10173339
Highland Medical Center
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Monterey, VA 24465
(540) 468-3300

Redington, James F., MD
Prov#: 10156048
Highland Medical Center
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Monterey, VA 24465
(540) 468-3300

Sparhawk, Kathryn L., MD
Prov#: 10052100
Village Family Physicians
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Manets, VA 24212
(540) 297-7181

Montpeller
Cook, James S., MD
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Virginia Family Practice
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(804) 883-0046

Hoskin, David, MD
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Atlantic Community Health Center
5219 Lankford Hwy
New Church, VA 23415
(757) 824-5676

New Kent
Gokli, Anup J., MD
Prov#: 43458
Chickahominy Family Practice, Inc
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New Kent, VA 23124
(804) 932-4388

Lingen, Joan K., MD
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Franktown Community Health Center (ESRHS)(CCNV)
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New Church, VA 23415
(757) 824-5676

Luch, Rolette W., MD
Prov#: 101115053
Onley Community Health Center (ESRHS)(CCNV)
5219 Lankford Hwy
New Church, VA 23415
(757) 824-5676

Cunningham, Jennifer D., MD
Prov#: 10130415
Valley Health Family Medicine - Mt. Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350
(Prov#: 10181576)
Valley Hhlp Shenandoah Mem Hosp
Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Feit, Jeffrey, MD
Prov#: 10173063
Valley Hhlp Shenandoah Mem Hosp
Fam Med Mt Jackson
5173 North Main Street
Mount Jackson, VA 22842
(540) 459-1350
Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc
Fowler, Jr, Tolvert E., MD
Prov#: 10130415
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185
Hospital Affiliations:
Sentara RMH Medical Center
Replogle, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185
Hospital Affiliations:
Sentara RMH Medical Center
Mouth of Wilson
Parker, David G., DO
Prov#: 10174688
Grayson Highlands Clinic Corp
2635 Oak Hill Rd
Mouth of Wilson, VA 24363
(276) 579-2619
Hospital Affiliations:
Smyth County Community Hospital
Narrows
Devoreaux, Robert, MD
Prov#: 10031509
Carillion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
(540) 726-7900
Hospital Affiliations:
Carilion Giles Community Hospital
Lough, Andrea Rhea, DO
Prov#: 10050396
Carillion Healthcare Corporation
2829 Virginia Avenue
Narrows, VA 24124
Hospital Affiliations:
Carilion Giles Community Hospital
Sargent, Julia, DO
Prov#: 10096109
Carilion Healthcare Corporation
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Carilion Giles Community Hospital
Nathalie
Buckman, Paul S., MD
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New Castle
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New Church
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Halls, Albert John, MD
Prov#: 10122378
Eastern Shore Rural Health Systems, Inc. (CCNV)
5219 Lankford Highway
New Church, VA 23415
(757) 824-5676

New Market
Fowler, Jr, Tolvert E., MD
Prov#: 10173339
Carilion Giles Community Hospital
5219 Lankford Hwy
New Church, VA 23415
(757) 824-5676

Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185

Hospital Affiliations:
Southern Virginia Regional Medical Center
Mount Jackson
Assistores, Jason Leo G., MD
Prov#: 10151635
Sentara RMH Medical Group, LLC
120 Medical Drive
Mount Jackson, VA 22842
(540) 477-3185
Hospital Affiliations:
Sentara RMH Medical Center

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

Bercasio, Roland M., MD
Prov#: 10181573
Valley Health Shenandoah Mem
Hosp Multispec Clinic-New Market
9166 North Congress Street
New Market, VA 22844
(540) 459-1340
Hospital Affiliations:
Shenandoah Memorial Hospital

Replogle, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
9626 South Congress Street Suite B
New Market, VA 22844
(540) 740-3044
Hospital Affiliations:
Sentara RMH Medical Center

Optima Direct Network Providers 9/2019
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OptimaHealth

Newport News

Bannister, M., MD
Prov#: 10168548
Tidewater Physicians Multispecialty
Group, PC (TPMG)
13347 Warwick Blvd
Newport News, VA 23602
(757) 243-8550
Hospital Affiliations:
Sentara CarePlex Hospital

Bushey, Sarah, MD
Prov#: 51042
Tidewater Physicians Multispecialty
Group, PC (TPMG)
13347 Warwick Blvd
Newport News, VA 23602
(757) 877-0214
Hospital Affiliations:
Sentara Princess Anne Hospital

Butcher, Robert, MD
Prov#: 57077
Tidewater Physicians Multispecialty
Group, PC (TPMG)
13347 Warwick Blvd
Newport News, VA 23602
(757) 877-0214
Hospital Affiliations:
Sentara Princess Anne Hospital

Christie, Joanne, MD
Prov#: 53718
Tidewater Physicians Multispecialty
Group, PC (TPMG)
13347 Warwick Blvd
Newport News, VA 23602
(757) 877-0214
Hospital Affiliations:
Sentara Princess Anne Hospital

Dalt, Marianne T, DO
Prov#: 10121001
Riverside Medical Group
1000 Old Denbigh Boulevard Suite
Newport News, VA 23602
(757) 875-2009
Hospital Affiliations:
Sentara Princess Anne Hospital

Deeley, David S., MD
Prov#: 10122246
Tidewater Physicians Multispecialty
Group, PC (TPMG)
12655 Warwick Blvd Ste A
Newport News, VA 23606
(757) 595-9880
Hospital Affiliations:
Sentara Princess Anne Hospital

Friend, Clarence W., MD
Prov#: 10122831
Southeastern Virginia Health System
15425 H Warwick Blvd
Newport News, VA 23607
(757) 874-8400
Hospital Affiliations:
Sentara Princess Anne Hospital

Graham Jr, Leroy, MD
Prov#: 76157
Stoneybrook Family Practice
15408 Warwick Blvd
Newport News, VA 23608
(757) 890-0012
Hospital Affiliations:
Sentara CarePlex Hospital

Halverson, James Matthew, DO
Prov#: 17373
James River Family Practice, LLC
11835 Fishing Point Drive Suite 104
Newport News, VA 23606
(757) 599-5588
Hospital Affiliations:
Sentara CarePlex Hospital

Hotellis, Apostolos, MD
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Group, PC (TPMG)
13347 Warwick Blvd
Newport News, VA 23602
(757) 877-0214
Hospital Affiliations:
Sentara CarePlex Hospital

Lam, Ph., MD
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Patient First - Denbigh Blvd
611 Denbigh Blvd
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(757) 283-8300
Hospital Affiliations:
Sentara CarePlex Hospital

McCracken, Sinclair B., MD
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Sinclair B. McCracken, MD
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(757) 595-5001
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Sentara CarePlex Hospital

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(757) 877-0214
Hospital Affiliations:
Sentara CarePlex Hospital

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Sentara CarePlex Hospital

O'Neal, Jerald Drew, DO
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(757) 873-2000
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Phillips, Kimberly L., MD
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Tidewater Physicians Multispecialty
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12695 McManus Blvd Bldg 6 Ste A
Newport News, VA 23602
(757) 969-1755
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Taylor, Keith, MD
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Toy, Darany, DO
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Primary Care Physicians - Tier 1

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12420 Warwick Boulevard Bldg 4 Suite 4A
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Hospital Affiliations:
Riverside Regional Medical Center

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Mountain Region Family Medicine, PC
142 Meade Ave
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Norfolk, VA 23518
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Markovic, Vladimir, MD
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(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Miller, Jacob W., DO
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Norfolk, VA 23507
(757) 446-5955

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019 53
<table>
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tr>
<td>Newby, James E., MD</td>
<td>11575</td>
<td>930 Majestic Ave Ste 220 Norfolk, VA 23504</td>
<td>Norfolk, VA 23504</td>
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<tr>
<td>Newman, Robert J., MD</td>
<td>59695</td>
<td>Ghent Family Medicine (EVMSHS) 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</td>
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<tr>
<td>Obermeyer, Phaik, MD</td>
<td>10002704</td>
<td>Bayview Physician Services, PC 400 W Brambleton Ave Suite 100 Norfolk, VA 23510 (757) 627-6220</td>
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<tr>
<td>Rodriguez, Hiram Jose, MD</td>
<td>10190444</td>
<td>Amelia Medical Associates (Bon Secours DePaul Med Ctr 885 Kempsville Rd Ste 320 Norfolk, VA 23502 (757) 955-2828</td>
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<tr>
<td>Rubino, Mary, MD</td>
<td>73368</td>
<td>Ghent Family Medicine (EVMSHS) 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</td>
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<tr>
<td>Skees, Mark, MD</td>
<td>61084</td>
<td>Skees Family Practice, PLLC (Bayview Physician Services PC 400 W Brambleton Ave Ste 201 Norfolk, VA 23510 (757) 623-8642</td>
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<tr>
<td>Snellings, John E., MD</td>
<td>10181870</td>
<td>EVMS Medical Group 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</td>
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<tr>
<td>Sobel, Richard A., MD</td>
<td>11038</td>
<td>Sentara Family Medicine Physicians - SMG 301 Riverview Ave Ste 810 Norfolk, VA 23510 (757) 252-9150</td>
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<tr>
<td>Stettmeier, Mary, MD</td>
<td>10164695</td>
<td>DePaul Medical Associates 155 Kingsley Lane Suite 400 Norfolk, VA 23505 (757) 278-2240</td>
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<tr>
<td>Taylor, Alex P., MD</td>
<td>41263</td>
<td>Community Family Practice, PC 930 Majestic Avenue Suite 210 Norfolk, VA 23504 (757) 622-0453</td>
<td></td>
</tr>
<tr>
<td>Tucker, Michael L., MD</td>
<td>11577</td>
<td>St. Francis Family Medicine Center (Bon Secours 2500 Pochoschoke Place North Chesterfield, VA 23235 (804) 276-9305</td>
<td></td>
</tr>
<tr>
<td>Vakily, Simin, MD</td>
<td>10051397</td>
<td>Kempsville Road Medical Associates (Bayview Physician Services 6161 Kempsville Cir Ste 225 Norfolk, VA 23502 (757) 625-3777</td>
<td></td>
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<tr>
<td>VanHorn, Marilyn, MD</td>
<td>10049267</td>
<td>Bayview Physician Services, PC 400 W Brambleton Ave Suite 100 Norfolk, VA 23510 (757) 627-6220</td>
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<tr>
<td>Vasquez, Ana H., MD</td>
<td>11108</td>
<td>Ghent Family Medicine (EVMSHS) 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</td>
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<tr>
<td>Wells, Janelle M., MD</td>
<td>10171736</td>
<td>Portsmouth Community Health Center (CCNV) 9581 Shore Drive Norfolk, VA 23518 (757) 393-6363</td>
<td></td>
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<tr>
<td>Whalen, Richard M., MD</td>
<td>78535</td>
<td>Ghent Family Medicine (EVMSHS) 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</td>
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<tr>
<td>Zamani, Christopher R., MD</td>
<td>10178562</td>
<td>GHENT STATION MEDICAL ASSOCIATES 930 West 21st Street Suite 100 Norfolk, VA 23517 (757) 686-5673</td>
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</tbody>
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**North Chesterfield**

- Agbelbor, Victor, MD 10066096 St. Francis Family Medicine Center (Bon Secours) 2500 Pochoschoke Place North Chesterfield, VA 23235 (804) 276-9305
- Brooks-Williams, Malinda Adell, MD 10120243 Bermuda District Medical Center 2740 Bentley Commons Blvd North Chesterfield, VA 23237 (804) 780-0840
- Campbell, LaChelle Y., MD 10101836 St. Francis Family Medicine Center (Bon Secours) 2500 Pochoschoke Place North Chesterfield, VA 23235 (804) 276-9305
- Esquibel, Marissa, MD 10171372 Blackstone Family Practice Center 2500 Pochoschoke Place North Chesterfield, VA 23235 (804) 276-9305
- Farooqi, Shazia, MD 10209750 HealthAll Physicians Group LLC 112 S Providence Road Suite 103 North Chesterfield, VA 23226 (800) 518-0138
- Foster-Weiss, Kara, MD 10129444 Midlothian Medical Care 229 Wadsworth Drive North Chesterfield, VA 23236 (804) 288-3627
- Jackson, Paul, MD 55333 St. Francis Family Medicine Center (Bon Secours) 2500 Pochoschoke Place North Chesterfield, VA 23235 (804) 276-9305

**Hospital Affiliations:**

- Sentara Norfolk General Hospital
- Sentara Leigh Hospital

**Optima Direct Network Providers 9/2019**

**OptimaHealth**
Primary Care Physicians - Tier 1

St. Mary's Hospital

Timmons, Jelisa, MD
Prov#: 10185004
St. Francis Family Medicine Center (Bon Secours)
2500 Pocoshock Place
North Chesterfield, VA 23235
(804) 276-9305

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Lingen, Joan K., MD
Hollandsworth, Thomas, MD
Halls, Albert John, MD
Blackwell, Darrell Kevin, DO
Onley, VA 23418

Optima Direct Network Providers  9/2019

Sentara Princess Anne Hospital
20306 Badger Lane
Onley, VA 23418
(757) 787-7374

Sentara Martha Jefferson Hospital

Hospital Affiliations:

Sentara Martha Jefferson Hospital

Hardee, III, Abraham B., DO
Hardee, III, Abraham B., DO
Prov#: 10178209
Carilion Clinic Family Medicine Giles
340 Boxwood Ln
Pearsburg, VA 23413
(540) 921-6110

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Lewis, Sarah H., DO
Prov#: 10170507
Carilion Clinic Family Medicine Giles
430 Boxwood Ln
Pearsburg, VA 23413
(540) 921-6110

Hospital Affiliations:
Carilion Giles Community Hospital

Bon Secours St. Francis Medical Center

McMahon, Michael A., MD
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Carilion Healthcare Corporation
1611 Wenonah Avenue
Pearsburg, VA 23414
(540) 921-6110

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Melton, Russell Winfree, MD
Prov#: 10146347
Carilion Clinic Family Medicine Giles
340 Boxwood Ln
Pearsburg, VA 23414
(540) 921-6110

Hospital Affiliations:
Carilion Giles Community Hospital

55
Primary Care Physicians - Tier 1

Chang, Inja, MD
Litton, John Scott, MD
Freed, Elliot S., DO
Pearlman, William Glenn, MD
Sargent, Julia, DO
Petersburg, VA 23803
Charles City Medical Group
Prov#: 46011
1800 Combs Rd Suite 7
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Montgomery Regional Hospital
d/Hospital Affiliations:
- Pembroke, VA 24136
- 6111 Portsmouth Blvd
- Family Medicine Health Care
- Prov#: 10132394
- Portsmouth, VA 23707
- (757) 738-1900
- Hospital Affiliations:
  - Southside Regional Medical Center
- Pennington Gap
- Litton, John Scott, MD
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  - Litton Family Medicine PC
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  - Pennington Gap, VA 24277
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- Portsmouth
- Baumgarten, Margaret, MD
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  - Portsmouth, VA 23707
  - (757) 397-6344
  - Hospital Affiliations:
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- Chiu, Grace H., MD
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  - 541 S Sycamore Street
  - Petersburg, VA 23803
  - Hospital Affiliations:
    - Southside Regional Medical Center
- Chiu, Xiao Hong, MD
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  - Petersburg Health Care Alliance
  - (CVHS)(CCNV)
  - 321 C Poplar Drive
  - Petersburg, VA 23805
  - (804) 733-5591

- Hospital Affiliations:
  - Southside Regional Medical Center
  - Stockburger, Robert W., MD
  - Prov#: 10161445
  - Carilion Clinic Family Medicine
  - Giles
  - 430 Boxwood Ln
  - Petersburg, VA 24134
  - (540) 921-6110

- Hospital Affiliations:
  - Montgomery Regional Hospital
d/H LewisGale Montgomery

- Petersburg
- Chang, Inja, MD
  - Prov#: 46011
  - Charles City Medical Group
  - 849 S Sycamore St
  - Petersburg, VA 23803
  - (804) 752-0116

- Brycer, Richard, MD
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  - Portsmouth Family Medicine (EVMSHS)
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  - Portsmouth, VA 23707
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- Hospital Affiliations:
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- Brittman, Stanley, MD
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  - Portsmouth, VA 23707
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center

- Britton, Bruce, MD
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center
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  - Portsmouth, VA 23707
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  - Prov#: 21102
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center
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  - First Care, PC/Donald Cochran, MD
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center
- Crum, Frederick, MD
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center

- Cyr, David, DO
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- Hospital Affiliations:
  - Southhampton Memorial Hospital
- Dajao, Rise Faith E., MD
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center
- Dajao, Rogaciano M., MD
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- Hospital Affiliations:
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- Hospital Affiliations:
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- Hospital Affiliations:
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- Hospital Affiliations:
  - Bon Secours Maryview Medical Center

Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

### Potomac Falls

**Lee, Joseph Y., MD**
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- Powhatan Falls, VA 20165
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### Powhatan

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### Prince George

**Chin, Grace H., MD**
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### Providence Forge

**Gokli, Anup J., MD**
- Prov#: 43458
- Chickahominy Family Practice, Inc
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- Providence Forge, VA 23140
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**Law, Amy L., MD**
- Prov#: 31111691
- Rockwell Physicians of Salisbury
- 2891 Anderson Highway
- Powhatan, VA 23139
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**Mayfield, Robert, MD**
- Prov#: 10195859
- Virginia Physicians, Inc.
- 3510 Anderson Highway Suite A
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**Murray, Latisha, MD**
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### Radford

**Judy, Charles R., MD**
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- Family Health Clinic Inc
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- Radford, VA 24141
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701 Randolph St Suite 120
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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion New River Valley Medical Center

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Pro#: 10189770
Christiansburg Internal Medicine, LLC
614 East Main Street
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Hospital Affiliations:
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Morgan, Benjamin H., DO
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Richmond

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Inova Fairfax Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center Smyth County Community Hospital
VCU Community Memorial Hospital
VCU Health System/MCV

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<th>Phone</th>
<th>Address</th>
<th>Affiliation</th>
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<td>Henrico Doctors' Hospital - Parham Campus</td>
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<tr>
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<td>Hospital Affiliations: Bon Secours St. Mary's Hospital</td>
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<td>Hospital Affiliations: Good Health Clinic</td>
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<td>Hospital Affiliations: Good Health Clinic</td>
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<td>Hospital Affiliations: VCU Health System/VCU</td>
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<td>Hospital Affiliations: Henrico Doctors' Hospital - Parham Campus</td>
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<tr>
<td>Little, Margaret A., MD</td>
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<td>Richmond, VA 23230</td>
<td>Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus</td>
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<tr>
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<td>Richmond, VA 23298</td>
<td>Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus</td>
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<tr>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<td>Hoff, Jennifer L., MD</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<tr>
<td>Hunt, Laura J., DO</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<tr>
<td>Hunter, Haroon, MD</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<tr>
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<td>Richmond, VA 23226</td>
<td>Hospital Affiliations: Chippenham Medical Center</td>
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<td>Huntsman, William, MD</td>
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<td>Richmond, VA 23226</td>
<td>Hospital Affiliations: Chippenham Medical Center</td>
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<td>Hunley, Richard, MD</td>
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<tr>
<td>Joseph, Lerla Georgeotte, MD</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
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<tr>
<td>Kastelberg, Jr., Eugene, MD</td>
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<td>Hospital Affiliations: Bon Secours St. Mary's Hospital</td>
</tr>
<tr>
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<td>Hospital Affiliations: Good Health Clinic</td>
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<td>Keller, Kevin A., MD</td>
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<td>Hospital Affiliations: Good Health Clinic</td>
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<tr>
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<td>Richmond, VA 23224</td>
<td>Hospital Affiliations: Chippenham Medical Center</td>
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<td>Hospital Affiliations: Chippenham Medical Center</td>
</tr>
<tr>
<td>Lucas, Jr., Kenneth W., MD</td>
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<td>Hospital Affiliations: Henrico Doctors' Hospital - Parham Campus</td>
</tr>
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</table>
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(804) 282-2655  
**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/MCV

Pierantoni, Giancarlo E, MD  
Pro#: 10130262  
MCV Associated Physicians (Family Practice)  
2530 A Gaskins Road  
Richmond, VA 23298  
(804) 290-0593  
**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/MCV

Powers, Elizabeth A., MD  
Pro#: 10191035  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place  
Richmond, VA 23223  
(804) 276-9305  
Pro#: 10190509  
St. Francis Family Medicine Center (Bon Secours)  
8000 Brook Road  
Richmond, VA 23227  
(804) 612-7065  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Quarles, Robert L., DO  
Pro#: 97376  
Melhorn & Melhorn, D.O., Inc  
1504 Santa Rosa Road Ste 103  
Richmond, VA 23229  
(804) 288-6414  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Reinhardt, Stephen, MD  
Pro#: 10186276  
Chesterfield Family Practice Center, PC  
2500 Pocoshock Place Suite 104  
Richmond, VA 23223  
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**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Risser, Andreya, MD  
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Pro#: 10083462  
Good Health Clinic  
5875 Bremo Road Suite 104  
Richmond, VA 23226  
(804) 977-8915  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Rose, Andrew, MD  
Pro#: 10190370  
Commonwealth Internal Medicine Associates (Bon Secours St Mary)  
9220 Forest Hill Ave Suite 1A  
Richmond, VA 23235  
(804) 560-8838  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Rosenberg, Mark J., MD  
Pro#: 10170380  
Patient First - Parham  
2300 East Parham Road  
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(804) 264-7808  
**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center

Rothemich, Stephen F., MD  
Pro#: 13220  
Carilion Family Medicine  
401 N 11th Street  
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(804) 828-5883  
**Hospital Affiliations:**  
VCU Health System/MCV

Ryan, Mark H., MD  
Pro#: 10063801  
MCV Associated Physicians (Family Practice)  
4730 N Southside Plaza  
Richmond, VA 23224  
(804) 276-7777  
**Hospital Affiliations:**  
VCU Health System/MCV

Samdani, Rafia, MD  
Pro#: 10131266  
Patient First - Parham  
2300 East Parham Road  
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(804) 264-7808  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Samdani, Shazia, MD  
Pro#: 10146930  
Patient First - Midlothian  
8110 Midlothian Tpke  
Richmond, VA 23235  
(804) 320-8160  
**Hospital Affiliations:**  
Chippenham Medical Center/Johnston-Willis Hospital

Schanzer, Harriett, MD  
Pro#: 13732  
Primary Health Group - Ironbridge  
6439 Ironbridge Rd  
Richmond, VA 23234  
(804) 271-8990  
**Hospital Affiliations:**  
Chippenham Medical Center/Johnston-Willis Hospital

Schwarz, Jeffrey V., MD  
Pro#: 10148822  
PartnerMD, PC  
7001 Forest Avenue Suite 302  
Richmond, VA 23230  
(804) 282-2655  
**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus

Sheehan, Michael D., MD  
Pro#: 45895  
Laburnum Medical Center  
4620 South Laburnum Avenue  
Richmond, VA 23231  
(804) 222-7744  
**Hospital Affiliations:**  
Henrico Doctors’ Hospital - Forest Campus

Sherrard, Lindsay, MD  
Pro#: 10191067  
PartnerMD, PC  
500 Hioaks Road Suite B  
Richmond, VA 23225  
(804) 282-2655  
**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Primary Care Physicians - Tier 1

Taylor, Michael P., MD
Pro#: 1007586
Primary Care of West End - Primary Health Group-Forest
7611 Forest Avenue Suite 250
Richmond, VA 23226
(804) 282-0514

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Thakor, Bhavnita, MD
Pro#: 10120467
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12 N Thompson St
Richmond, VA 23221
(804) 359-1337

Hospital Affiliations:
Bon Secours St. Francis Hospital

Walker, Dawncherrie P., MD
Pro#: 10201481
Columbia Healthcare of Central Virginia, Inc
2621 Grove Ave
Richmond, VA 23220
(804) 254-5403

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Yan, Xiaohua, MD
Pro#: 10142994
Patient First
3370 Pump Road
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(804) 360-8061

Zelenak, James K., MD
Pro#: 79280
Richmond Primary Care
7110 Forest Ave Ste 201
Richmond, VA 23226
(804) 288-3001

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Barrino, Alethea, MD
Pro#: 10148102
Bassett Family Practice
4944 Greensboro Road
Richgway, VA 24418
(276) 956-2233

Park, Angela Oh, MD
Pro#: 10141563
Chan M. Park Family Practice
6460 Greensboro Road
Richgway, VA 24418
(276) 956-2047

Hospital Affiliations:
SOVAH Health - Martinsville

Allgood, David B., MD
Pro#: 10121093
Express Family Care
3960 Valley Gateway Blvd A-1
Roanoke, VA 24012
(540) 400-6676

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Andrews, Clarke B., MD
Pro#: 10148139
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Arthur, Christy, MD
Pro#: 10030312
Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
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(540) 725-7800

Ball, William Flinn, MD
Pro#: 40184
Roanoke Family Medicine
3390 Colonial Avenue
Roanoke, VA 24018
(540) 722-1000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
<table>
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<th>Title</th>
<th>Proven#:</th>
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<tr>
<td>Bell, Victor H., MD</td>
<td>Proven#: 10105706</td>
<td>Kuumba Community Health and Wellness Center Inc (CCNV) 3716 Melrose Avenue NW Roanoke, VA 24017</td>
<td>(540) 362-0360</td>
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<tr>
<td>Chen, Eric Hong-Wen, MD</td>
<td>Proven#: 10097442</td>
<td>Carilion Clinic Family Med 1314 Peters Creek Road Roanoke, VA 24017</td>
<td>(540) 562-5700</td>
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<td>Bilups, Matthew, DO</td>
<td>Proven#: 10023720</td>
<td>Carilion Healthcare Corporation 3707 Brambleton Ave SW Ste 2 Roanoke, VA 24018</td>
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<tr>
<td>Bolin, Delmas J., MD</td>
<td>Proven#: 10002085</td>
<td>Performance Medicine of Southwest Virginia, LLC 1215 Corporate Circle SW Suite 201 Roanoke, VA 24018</td>
<td>(540) 772-1890</td>
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<tr>
<td>Carpio, Lawrence, DO</td>
<td>Proven#: 10030702</td>
<td>Carilion Family Medicine-Roanoke-Salem 1314 Peters Creek Road Roanoke, VA 24017</td>
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<td>Brown, Beverly, MD</td>
<td>Proven#: 10205360</td>
<td>Carilion Healthcare Corporation 6415 Peters Creek Rd Roanoke, VA 24019</td>
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<td>Carpio, Lawrence, DO</td>
<td>Proven#: 10171565</td>
<td>Carilion Medical Center 1906 Belleview Avenue Roanoke, VA 24014</td>
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<td>Chen, Eric Hong-Wen, MD</td>
<td>Proven#: 10189327</td>
<td>Carilion Healthcare Corporation 6415 Peters Creek Rd Roanoke, VA 24019</td>
<td>(540) 265-5500</td>
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**Primary Care Physicians - Tier 1**

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<td>Coates, Joseph Brandon, MD</td>
<td>Proven#: 10012102</td>
<td>Express Family Care 3960 Valley Gateway Blvd A-1 Roanoke, VA 24012</td>
<td>(540) 400-6676</td>
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<td>Crosby, Scott James, MD</td>
<td>Proven#: 10094264</td>
<td>AFC Urgent Care 602 Brandon Avenue SW Suite 222 Roanoke, VA 24015</td>
<td>(540) 774-0000</td>
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<tr>
<td>Deyerle, Lisa, MD</td>
<td>Proven#: 10034322</td>
<td>Cave Spring Family Practice, PC 4901 Brambleton Ave Roanoke, VA 2012</td>
<td>(540) 777-4000</td>
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<td>Depret-Guillaume, Serge E., MD</td>
<td>Proven#: 10019374</td>
<td>Lewis-Gale Physicians, LLC 4910 Valley View Blvd Roanoke, VA 2012</td>
<td>(540) 265-1607</td>
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<td>Daugherty, John, MD</td>
<td>Proven#: 10003702</td>
<td>Carilion Family Medicine-Roanoke-Salem 1314 Peters Creek Road Roanoke, VA 24017</td>
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<tr>
<td>Epling, John W., MD</td>
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<td>Carilion Medical Center 1314 Peters Creek Road Roanoke, VA 24017</td>
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<td>Ernst, Benjamin David, DO</td>
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<td>Hofford, Roger, MD</td>
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<td>Horney, Wayne D., MD</td>
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<td>James, Colleen Erin, DO</td>
<td>Proven#: 10116236</td>
<td>Carilion Medical Center 101 Elm Ave Roanoke, VA 24013</td>
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<td>Gaddam, Shravan Kumr R., MD</td>
<td>Proven#: 10038813</td>
<td>Carilion Medical Center 1906 Belleview Avenue Roanoke, VA 24014</td>
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<td>Gordon, Karol L., DO</td>
<td>Proven#: 10012102</td>
<td>Carilion Medical Center 101 Elm Ave Roanoke, VA 24013</td>
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<td>Doolan, Amy W., DO</td>
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<td>Harris, William Kent, MD</td>
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<td>Carilion Medical Center 1906 Belleview Avenue Roanoke, VA 24014</td>
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<td>Hilldrup, Andrew B., DO</td>
<td>Proven#: 10027042</td>
<td>Carilion Medical Center 6415 Peters Creek Rd Roanoke, VA 24019</td>
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<td>Hippeard, Scott C., MD</td>
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<td>Hofford, Roger, MD</td>
<td>Proven#: 10031107</td>
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<td>Carilion Medical Center 1906 Belleview Avenue Roanoke, VA 24014</td>
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<td>Inouye, Alice, MD</td>
<td>Proven#: 10211834</td>
<td>Lewis-Gale Physicians, LLC 4910 Valley View Blvd NW Roanoke, VA 24012</td>
<td>(540) 265-4210</td>
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<td>Brackenrich, Wayne L., DO</td>
<td>Proven#: 10124582</td>
<td>Carilion Healthcare Corporation 6415 Peters Creek Rd Roanoke, VA 24019</td>
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<td>(540) 265-4210</td>
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</table>
Primary Care Physicians - Tier 1

Jeremiah, Michael P., MD
Prov #: 17894
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
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(540) 427-3237

Hospital Affiliations:
Carilion Clinic Home Care
Carilion Tazewell Community Hospital
Carilion New River Valley Medical Center

Lambert, Reed R., MD
Prov #: 10031266
Carilion Healthcare Corporation
2900 Lamb Circle, Suite 201
Roanoke, VA 20473

Hospital Affiliations:
Carilion Clinic Home Care
Carilion Tazewell Community Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Rappahannock General Hospital

Leech, Apollo Y., MD
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Carilion Healthcare Corporation
1818 Electric Rd
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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(540) 777-4000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Kniseley, Thomas, DO
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(540) 981-7000

Llavore, Jo-Anne A., MD
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Hospital Affiliations:
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Carilion Tazewell Community Hospital

Morgan, Stephen A, MD
Prov #: 10097914
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
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(540) 562-5700

Hospital Affiliations:
Carilion Tazewell Community Hospital

Morgan, Stephen A, MD
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Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 20417
(540) 562-5700

Hospital Affiliations:
Carilion Tazewell Community Hospital

Morgan, Stephen A, MD
Prov #: 10099714
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Hospital Affiliations:
Carilion Tazewell Community Hospital

Nottingham, III, Clifford A, MD
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(540) 265-5500

O'Hagan, Gary, MD
Prov #: 10148278
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 20418
(540) 772-8900

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Osine, Chidinma, MD
Prov #: 10096616
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 20417
(540) 562-5700

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pearman, William Glenn, MD
Prov #: 10003770
Carilion Emergency Services
1906 Belleview Avenue
Roanoke, VA 20414
(540) 981-7000

Optima Direct Network Providers 9/2019 65
OptimaHealth
Primary Care Physicians - Tier 1

Sadiq, Saima, MD  
Prov#: 1009862  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  

Schmidt-Dalton, Tarin, MD  
Prov#: 1003251  
Carilion Healthcare Corporation  
3707 Brambleton Ave SW Ste A  
Roanoke, VA 24018  
(540) 527-3237

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Smith, Donald, MD  
Prov#: 1003166  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 591-9456

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Sweeney, Nina, MD  
Prov#: 1008191  
Roanoke Partners In Health  
3239 Electric Road Ste A  
Roanoke, VA 24018  
(540) 904-7912

Hospital Affiliations:  
Lewis-Gale Medical Center  

Thompson, James E., MD  
Prov#: 1009880  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Whiting, Jessica Renee, DO  
Prov#: 1004823  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 591-9456

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Whitney, William, MD  
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Carilion Healthcare Corporation  
3369 Colonial Ave  
Roanoke, VA 24018  
(540) 772-0555

Bolin, John E., MD  
Prov#: 10116230  
CARILION MEDICAL CENTER  
101 Elm Avenue  
Roanoke, VA 24013  
(540) 985-8521

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Pile, Christopher W., MD  
Prov#: 10143336  
CARILION MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Pollen, Edwin J., DO  
Prov#: 10148217  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 591-9456

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Potter, Greg Leland, DO  
Prov#: 10148217  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 985-8521

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Priddy, John W., MD  
Prov#: 10149884  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Rabun, Ellen I, MD  
Prov#: 10041742  
Carilion Emergency Physicians  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Sadiq, Saima, MD  
Prov#: 10122915  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 985-8465

Stockburger, Robert W., MD  
Prov#: 10161410  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 985-8465

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Truxillo, Richard R., DO  
Prov#: 10076560  
Carilion Southeast Family Medicine  
3134 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Tu, Priscilla, DO  
Prov#: 10133413  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Watts, Earl M., MD  
Prov#: 10031659  
Carilion Healthcare Corporation  
1009 Old Country Club Road  
Roanoke, VA 24017  
(540) 309-9895

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Whiting, Jessica Renee, DO  
Prov#: 1014823  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 591-9456

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Whitney, William, MD  
Prov#: 1003166  
Carilion Healthcare Corporation  
3369 Colonial Ave  
Roanoke, VA 24018  
(540) 772-0555

Atienza, Vergel, MD  
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180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 485-5277  
(540) 418-4187

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390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Benko, Frances B., DO  
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Carilion Healthcare Corporation  
796 Old Franklin Turnpike  
Rocky Mount, VA 24151  
(540) 483-5168

Benko, Frances B., DO  
Prov#: 10206115  
Carilion Healthcare Corporation  
796 Old Franklin Turnpike  
Rocky Mount, VA 24151  
(540) 483-5168

Bohn, Sonya, MD  
Prov#: 95255  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 483-5277  
(540) 10017937

Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Castro, Eduardo, MD  
Prov#: 10133239  
Cornerstone Complete Care, Inc.  
45 Market Place Dr Ste 102  
Rocky Mount, VA 24151  
(540) 483-5678

Rocky Mount
Primary Care Physicians - Tier 1

Delenick, Peter J., MD  
Prov#: 10147192  
Cornerstone Complete Care, Inc.  
45 Market Place Dr Ste 102  
Rocky Mount, VA 24151  
(540) 483-3678

Dulaney, Kimberly, MD  
Prov#: 10030422  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Hayes, Brittany B., DO  
Prov#: 10187164  
Carilion Healthcare Corporation  
390 South Main St Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Maxey, James Allen, DO  
Prov#: 10129685  
Carilion Healthcare Corporation  
195 Maple Avenue  
Rocky Mount, VA 24151  
(540) 483-5168

Merten, John R., MD  
Prov#: 10031437  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Pearlman, William Glenn, MD  
Prov#: 10003770  
Carilion Emergency Physicians  
180 Floyd Avenue  
Rocky Mount, VA 24151

Stubbis, Sarah Longest, MD  
Prov#: 10109797  
Carilion Healthcare Corporation  
180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 483-5277  
195 Maple Avenue  
Rocky Mount, VA 24151  
(540) 483-5168

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Rustburg

Bostic, Brooke A., MD  
Prov#: 45283  
Sentara Greene Family Medicine  
140 Stoneridge Dr South Suite 100  
Ruckersville, VA 22968  
(434) 654-1850

Laffond, William T., MD  
Prov#: 45801  
Sentara Greene Family Medicine  
140 Stoneridge Dr South Suite 100  
Ruckersville, VA 22968  
(434) 654-1850

Ruckersville

Bostic, Brooke A., MD  
Prov#: 10147192  
Cornerstone Complete Care, Inc.  
45 Market Place Dr Ste 102  
Rocky Mount, VA 24151  
(540) 483-3678

Dulaney, Kimberly, MD  
Prov#: 10030422  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Hayes, Brittany B., DO  
Prov#: 10187164  
Carilion Healthcare Corporation  
390 South Main St Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Maxey, James Allen, DO  
Prov#: 10129685  
Carilion Healthcare Corporation  
195 Maple Avenue  
Rocky Mount, VA 24151  
(540) 483-5168

Merten, John R., MD  
Prov#: 10031437  
Carilion Medical Associates  
390 South Main Street Suite 201  
Rocky Mount, VA 24151  
(540) 484-4800

Pearlman, William Glenn, MD  
Prov#: 10003770  
Carilion Emergency Physicians  
180 Floyd Avenue  
Rocky Mount, VA 24151

Stubbis, Sarah Longest, MD  
Prov#: 10109797  
Carilion Healthcare Corporation  
180 Floyd Avenue  
Rocky Mount, VA 24151  
(540) 483-5277  
195 Maple Avenue  
Rocky Mount, VA 24151  
(540) 483-5168

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Rustburg

Bostic, Brooke A., MD  
Prov#: 45283  
Sentara Greene Family Medicine  
140 Stoneridge Dr South Suite 100  
Ruckersville, VA 22968  
(434) 654-1850

Laffond, William T., MD  
Prov#: 45801  
Sentara Greene Family Medicine  
140 Stoneridge Dr South Suite 100  
Ruckersville, VA 22968  
(434) 654-1850

Rustburg

Beverly, Walter R., MD  
Prov#: 10029126  
Rustburg Family Practice  
925 Village Way  
Rustburg, VA 24588  
(434) 332-7367

Burroughs, Joel M., MD  
Prov#: 10155618  
Rustburg Family Practice  
925 Village Way  
Rustburg, VA 24588  
(434) 332-7367

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Centra Virginia Baptist Hospital

Rural Retreat

Dove, Scotty, DO  
Prov#: 10052860  
Wythe County Physician Practices, LLC  
925 Duck Avenue  
Rural Retreat, VA 24368  
(276) 686-4143

Lacy, Kimberly K., DO  
Prov#: 10096408  
Blue Ridge Family Medicine  
445 Gienow Road  
Rural Retreat, VA 24368  
(276) 686-4007

Hospital Affiliations:  
Wythe County Community Hospital  
Wythe County Community Hospital

Saint Paul

Easton, Brian Thomas, MD  
Prov#: 10034868  
C Health, PC  
16419 Wise Street  
Salem, VA 24283  
(276) 783-0000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Central Virginia Baptist Hospital

Salem

Andrews, Clarke B., MD  
Prov#: 10148139  
Carilion Healthcare Corporation  
1935 W Main St  
Salem, VA 24153  
(540) 375-0600

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Culkin, Bonnie, MD  
Prov#: 10072052  
Physician Associates of Virginia, PC  
431 Apperson Drive  
Salem, VA 24153  
(540) 375-3790

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Horney, Wayne D., MD  
Prov#: 10178199  
CARILION MEDICAL CENTER  
2102 West Main Street  
Salem, VA 24153  
(540) 375-0600

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Stonewall Jackson Hospital

Jones, Ezekiel N., DO  
Prov#: 10090065  
Physician Associates of Virginia, PC  
431 Apperson Drive  
Salem, VA 24153  
(540) 375-3790

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Khawam, Souha, MD  
Prov#: 10031173  
Carilion Healthcare Corporation  
1935 W Main St  
Salem, VA 24153  
(540) 387-0441

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Giles Community Hospital

Pulverino, Edwin J., DO  
Prov#: 10148207  
Carilion Healthcare Corporation  
1935 W Main St  
Salem, VA 24153  
(540) 387-0441

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Giles Community Hospital

Priddy, John W., MD  
Prov#: 10148139  
Carilion Healthcare Corporation  
1935 W Main St  
Salem, VA 24153  
(540) 387-0441
Primary Care Physicians - Tier 1

Sadiq, Saima, MD
Pro #: 10122915
CARILION MEDICAL CENTER
2102 W Main St
Salem, VA 24153
(540) 375-0600
Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Stockburger, Robert W., MD
Pro #: 10161410
CARILION MEDICAL CENTER
2102 W Main St
Salem, VA 24153
(540) 375-0600
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Subuhii, Tabassum, MD

Saltville

Bresowar, Kristin O., MD
Pro #: 10028031
Southwest VA Community Health Systems Inc
308 West Main Street
Salvador, VA 24570
(276) 496-4433
Counts, Melody Lou, MD
Pro #: 10174317
Southwest VA Community Health Systems Inc
308 West Main Street
Salvador, VA 24570
(276) 496-4433
319 Fifth Ave
Salvador, VA 24570
(276) 496-4492

Somervell, Pamela M., MD
Pro #: 10180902
Southwest VA Community Health Systems Inc
308 West Main Street
Salvador, VA 24570
(276) 496-4433
319 Fifth Ave
Salvador, VA 24570
(276) 496-4492

Hospital Affiliations:
Wythe County Community Hospital

Joyce, Richard A., MD
Pro #: 40574
Scottsville Family Medicine
295 East Main Street
Scottsville, VA 24590
(434) 286-6434

Shawsville

Dums, Robert M., MD
Pro #: 29770
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24562
(540) 268-1400

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Hemphill, Julia, MD
Pro #: 10031091
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24562
(540) 268-1400

Merten, John R., MD
Pro #: 10031437
Carilion Family Medicine
6920 Roanoke Road
Shawsville, VA 24562
(540) 268-1400

Smithfield

Scoles, Donald E., MD
Pro #: 24513
Nameemond Family Practice (RMCC)
206 Gumwood Dr Ste A
South Boston, VA 24592
(434) 517-3539

South Boston

Aponte, Juan P., MD
Pro #: 10009888
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 517-3539

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bendall Jr, Richard A., MD
Pro #: 10164490
Acute Rehab Centrahealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 575-1103
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Bruno, Dante, MD
Pro #: 41269
Emergicare of South Boston
1020 Bill Tuck Hwy Ste 900
South Boston, VA 24592
(434) 575-7555

Fajardo, Arthur B., MD
Pro #: 10021314
Halifax Internal Medicine, PLLC
2232 Wilborn Ave
South Boston, VA 24592
(434) 517-3539
Hospital Affiliations:
Halifax Regional Hospital

Goodnight, Robert H., MD
Pro #: 10009896
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hostetler, Joseph D., MD
Pro #: 10064650
Centra Health Medical Center - Gretna
3401 Old Halifax Road Suite E
South Boston, VA 24592
(434) 575-1103
Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Ketchersid, Marie, MD
Pro #: 10020740
Halifax Internal Medicine, PLLC
2232 Wilborn Ave
South Boston, VA 24592
(434) 517-6180

Mattis, Fallon A., MD
Pro #: 10157761
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Ozoude, Virglius, DO
Pro #: 10187391
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Parikh, Nipuno O., MD
Pro #: 10013525
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355
Hospital Affiliations:
Halifax Regional Hospital
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<td>Primary Care Physicians - Tier 1</td>
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<td>101 Aubrey's Loop South Boston, VA 24592 (434) 517-3879</td>
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<td>Optima Direct Network Providers</td>
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<td>Michie, David W, MD</td>
<td>South Chesterfield</td>
<td>Southside Medical Management Inc 514 W Atlantic Street South Hill, VA 23970 (434) 584-2000</td>
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<td>Alexander, Christopher, DO</td>
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<td>Patz, Trupti B, MD</td>
<td>St. Charles</td>
<td>St. Paul 16419 Wise Street St. Paul, VA 24283 (703) 783-0000</td>
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<td>Spotsylvania</td>
<td>Fredericksburg Christian Health Center 7610 Heths Salient Street Suite 116 Spotsylvania, VA 22553 (540) 785-8500</td>
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<td>Aijjarapu, Esther S., MD</td>
<td>Springfield</td>
<td>Stone Mountain Health Services 241 Monroe Rd St. Charles, VA 24282 (276) 383-4428</td>
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<td>Powers, David C., MD</td>
<td>St. Stephens Church</td>
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**Primary Care Physicians - Tier 1**

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</table>
Primary Care Physicians - Tier 1

Route 360 & 631
St. Stephens Church, VA 23148
(804) 769-0103

Hospital Affiliations:
Riverside Tappahannock Hospital

Stafford

Holland, Sonya, MD
Prov#: 10023750
Rappahannock Family Healthcare, Inc
422 Garrisonville Rd Ste 102
Stafford, VA 22554
(540) 657-4800

Hospital Affiliations:
Mary Washington Hospital (MWH) Sentara Northern Virginia Medical Center

Kahn, Enamul, MD
Prov#: 10026503
NS Family Medical Center Inc.
237 Garrisonville Road Suite 101
Stafford, VA 22554
(540) 659-0550

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalidindi, Kavita, MD
Prov#: 10134900
Centre Pointe Health Specialties PLC
125 Hospital Center Boulevard Suite 315
Stafford, VA 22554
(540) 242-4141

Kahn, Enamul, MD
Prov#: 10026503
NS Family Medical Center Inc.
237 Garrisonville Road Suite 101
Stafford, VA 22554
(540) 659-0550

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalindhi, Kavita, MD
Prov#: 10134900
Centre Pointe Health Specialties PLC
125 Hospital Center Boulevard Suite 315
Stafford, VA 22554
(540) 242-4141

Kemp, Kelvin, MD
Prov#: 10140355
Patient First
60 Prosperity Lane
Stafford, VA 22556
(540) 658-2811

Hospital Affiliations:
Mary Washington Hospital

Kim, Michael, MD
Pro# 10105879
Patient First
60 Prosperity Lane
Stafford, VA 22556
(540) 658-2811

Lough, Andrea Rhea, DO
Prov#: 10850100
Patient First
60 Prosperity Lane
Stafford, VA 22556
(540) 658-2811

Hospital Affiliations:
Carilion Giles Community Hospital

Marrow, Cindy, MD
Pro#: 58200
Colonial Internal Medicine Associates, PC
392 Harrisonville Road Suite 106
Stafford, VA 22554
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)

Reid, Yolanda G., MD
Prov#: 10211969
Pratt Medical Center Ltd
95 Dunn Dr
Stafford, VA 22556
(540) 659-2111

Hospital Affiliations:
Mary Washington Hospital (MWH)

Schuette, Joseph, MD
Prov#: 10718
Rappahannock Family Physicians
422 Garrisonville Rd Ste 102
Stafford, VA 22554
(540) 657-4800

Hospital Affiliations:
Mary Washington Hospital (MWH)

Siman, Margaret C., MD
Prov#: 23858
Margaret C. Siman, MD
42 Lambert St Suite 422
Staunton, VA 24401
(540) 213-0311

Hospital Affiliations:
Augusta Medical Center

Stevens City

Carter, Jennifer Renee, MD
Prov#: 10179324
SCFM Convenience Clinic PLLC
160 Warren Drive
Stephens City, VA 22655
(540) 888-3525

Hospital Affiliations:
Centra Lynchburg General Hospital

Warniment, Crista B., MD
Pro# 10179349
SCFM Convenience Clinic PLLC
160 Warrior Drive
Stephens City, VA 22655
(540) 508-4539

Hospital Affiliations:
Augusta Medical Center

Wortley, George C., MD
Pro# 10194545
Carilion Healthcare Corporation
40 Lambert St Suite 522
Staunton, VA 24401
(540) 888-3525

Hospital Affiliations:
Sentara Virginia Baptist Hospital

Yalamanchilli, Haritha, MD
Pro#: 10074966
Linda Coleman MD
2 Pidgeon Hill Drive Suite 400
Sterling, VA 20165
(703) 430-7090

Hospital Affiliations:
Inova Fair Oaks Hospital

Optima Direct Network Providers 9/2019

70

Optima Health
<table>
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<tr>
<th>Name</th>
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<tr>
<td>Zapp, Elizabeth, MD</td>
<td>(703) 421-7000</td>
<td>Sterling VA 21135</td>
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<td>Whifield Place Suite 107</td>
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<td>Ausmanas, Militza, MD</td>
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<td>Stony Creek Community Health Center (CCNV)</td>
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<td>Azmi, Malalai, MD</td>
<td>60497</td>
<td>Stony Creek Community Health Center (CCNV)</td>
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<td>Matherlee, Michael D, MD</td>
<td>45407</td>
<td>Pioneer Family Medical of Patrick County</td>
<td>10170329</td>
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<td>835 Woodland Dr</td>
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<td>Cole, Richard C., MD</td>
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<td>Pioneer Family Medical of Patrick County</td>
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<td>Danner, James, DO</td>
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Primary Care Physicians - Tier 1

Rebkovich, Kelly N., DO
Pro#: 10151718
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Sadiq, Saima, MD
Pro#: 10122915
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewell Jackson Hospital

Shrader, William Eric, MD
Pro#: 10087451
W. Eric Shrader, MD PC
140 Campbell Lane
Tazewell, VA 24651
(276) 979-1323

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
(Carilion Tazewell Community Hospital)
Clinch Valley Medical Center

Stockburger, Robert W., MD
Pro#: 10161410
CARILION MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Clinch Valley Medical Center

Troutville

Burri, Sarat C., MD
Pro#: 10043833
Carilion Healthcare Corporation
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Cieraszynski, Laura Byrne, DO
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Merten, John R., MD
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Rea, Catherine G., MD
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Carilion Healthcare Corporation
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Urbanna

Robusto, James R., MD
Pro#: 10230
TPMG-Urbanna Family Practice
5390 Old Virginia Street
Urbanna, VA 23175
(804) 758-2110

Vansant

Owens, Dia P., MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
1721 Lovers Gap Road
Vansant, VA 24665
(276) 597-7081

Smith, James Robert, MD
Pro#: 10162610
Appalachian Family Care, LLC
18765 Riverside Dr
Vansant, VA 24665
(276) 935-2880

Hospital Affiliations:
Carilion Giles Community Hospital

Verona

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(540) 248-3413

Kennedy, Robert G., MD
Pro#: 10124663
American Health and Wellness Institute
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Verona, VA 24482
(540) 248-1006

Hospital Affiliations:
Augusta Medical Center

La Grua, II, James C., DO
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Carilion Healthcare Corporation
1371 Lee Highway
Verona, VA 24482
(540) 248-3413

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Victoria

Cabrera, Mary, MD
Pro#: 10041214
Southern Dominion Health Systems Inc
5030 K-V Road
Victoria, VA 23974
(434) 656-5555

Hospital Affiliations:
Centra Southside Community Hospital

Holland Jr, John A., MD
Pro#: 10041121
Department of Veterans Affairs Health Care System
1300 West Broad Street
Richmond, VA 23298
(804) 225-5640

Park, Hyo K, DO
Pro#: 10064497
Dinwiddie Medical Center and Counseling Center
1508 K-V Rd
Victoria, VA 23974
(434) 696-2165

Hospital Affiliations:
Inova Fairfax Hospital
Inova Health System

Vinton

Andrews, Clarke B., MD
Pro#: 10148139
Carilion Healthcare Corporation
415 S Pollard Street
Vinton, VA 24179
(540) 983-6700

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
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<td>Beirne, Timothy M., MD</td>
<td>254-587-2345</td>
<td>415 S Pollard Street, Vinton, VA 24179</td>
<td>Bedford Memorial Hospital, Carilion Roanoke Memorial Hospital</td>
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<td>Morgan, Stephen A, MD</td>
<td>254-587-2345</td>
<td>415 S Pollard Street, Vinton, VA 24179</td>
<td>Bedford Memorial Hospital, Carilion Roanoke Memorial Hospital</td>
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<td>Merten, John R., MD</td>
<td>254-587-2345</td>
<td>415 S Pollard Street, Vinton, VA 24179</td>
<td>Bedford Memorial Hospital, Carilion Roanoke Memorial Hospital</td>
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<td>Rhea, Kathryn R., DO</td>
<td>254-587-2345</td>
<td>415 S Pollard Street, Vinton, VA 24179</td>
<td>Bedford Memorial Hospital, Carilion Roanoke Memorial Hospital</td>
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<td>Burkholder, Ashley A., DO</td>
<td>254-587-2345</td>
<td>415 S Pollard Street, Vinton, VA 24179</td>
<td>Bedford Memorial Hospital, Carilion Roanoke Memorial Hospital</td>
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<tr>
<td>Desai, Gautam, MD</td>
<td>757-471-6977</td>
<td>2020 S Independence Blvd Ste 3 Virginia Beach, VA 23452</td>
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<tr>
<td>Feltz, Danny, MD</td>
<td>757-222-0300</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<tr>
<td>Han, Caroline, MD</td>
<td>757-481-1113</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<td>Chou, Kevin, MD</td>
<td>757-666-3515</td>
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<td>Cook, Andrew D., MD</td>
<td>757-222-0300</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<tr>
<td>Hart, Karen M., MD</td>
<td>757-301-7729</td>
<td>2020 S Independence Blvd Ste 3 Virginia Beach, VA 23452</td>
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<tr>
<td>Curtis, Donald A., MD</td>
<td>757-395-2500</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<td>Davis, Kenneth B., MD</td>
<td>757-473-8400</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<td>Giansvittorio, Joy M., MD</td>
<td>757-659-5550</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<tr>
<td>Davies, Nicola, MD</td>
<td>757-363-6800</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<td>Davis, Kenneth B., MD</td>
<td>757-473-8400</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<td>Elliott, Olga, MD</td>
<td>757-473-8400</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<tr>
<td>Farland, Jr, Melvin, MD</td>
<td>757-424-2490</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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<tr>
<td>Feldman, Howard R., MD</td>
<td>757-424-6200</td>
<td>351 Edwin Drive Suite 102 Virginia Beach, VA 23462</td>
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</table>
Primary Care Physicians - Tier 1

Reed, Pauline C., MD
Prov#: 35230
Sentara Family Medicine Physicians
2859 Virginia Beach Blvd
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(757) 395-1300

Patel, Sonal, MD
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Hospital Affiliations:
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Novant Health UVa Health System
Haymarket Medical Center
Novant Health UVa Health System
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Hospital Affiliations:
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Hospital Affiliations:
Novant Health UVa Health System
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Hospital Affiliations:
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Washington

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Waverly

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Carilion Healthcare Corporation
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Hospital Affiliations:
Carilion Stonewall Jackson Hospital

© Kohli, Priya, MD
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Hospital Affiliations:
Augusta Medical Center

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© Carver, Donald D., MD
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Optima Direct Network Providers 9/2019
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<td>(804) 843-3131</td>
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<td>Sentara Family Physicians (SMG) 400 Sentara Circle Suite 450 Williamsburg, VA 23188 (757) 345-4600</td>
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<td>Devries, Katherine</td>
<td>(804) 843-7234</td>
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<td>Sentara Family Physicians (SMG) 400 Sentara Circle Suite 450 Williamsburg, VA 23188 (757) 345-4600</td>
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<td>Wortley, George C.</td>
<td>(540) 566-2045</td>
<td>500 West Jubal Early Dr Ste 120 Winchester, VA 22601</td>
<td>Winchester Medical Center</td>
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<td>Eirich, Anna K.</td>
<td>(540) 567-2800</td>
<td>104 Selma Dr Selma Medical Associates Inc 104 Selma Dr Winchester, VA 22601</td>
<td>Winchester Medical Center</td>
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<td>Eirich, Anna K.</td>
<td>(540) 567-2800</td>
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<td>104 Selma Dr Selma Medical Associates Inc 104 Selma Dr Winchester, VA 22601</td>
<td>Winchester Medical Center</td>
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</table>
Primary Care Physicians - Tier 1

Judd-Flack, Jacqueline N., DO
Houser, Patricia M., MD
Hawari, Samer F., MD
Flack, David C., DO
Evans, Frances, MD

Hospital Affiliations:
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Felt, Jeffrey, MD
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Hospital Affiliations:
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Hospital Affiliations:

Hospital Affiliations:
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Winchester Medical Center

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Hospital Affiliations:

Hospital Affiliations:
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Hospital Affiliations:
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Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 450-3339

Hospital Affiliations:

Hospital Affiliations:
Winchester Medical Center

Williams, Megan L., DO
Prov#: 10079501
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

Womeldorf, Susan M., MD
Prov#: 66237
Shenandoah Medical Associates
324 West Boscowen Street
Winchester, VA 22601
(540) 504-7381

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Ticknor, Arthur, MD
Prov#: 10187469
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400

Hospital Affiliations:

Hospital Affiliations:
Winchester Medical Center

Valusa, Kodanda Ramulu, MD
Prov#: 10175225
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400

Hospital Affiliations:

Hospital Affiliations:
Warren Memorial Hospital Inc
Winchester Medical Center

Tran, Jordan Le, MD
Prov#: 10182846
Boden Health System LLC
125 Prosperity Drive Ste 500
Winchester, VA 22602
(540) 508-0651

Hospital Affiliations:

Hospital Affiliations:
Winchester Medical Center

Subedi, Rajesh, MD
Prov#: 10099887
Shenandoah Medical Associates
324 West Boscowen Street
Winchester, VA 22601
(540) 504-7381

Hospital Affiliations:

Hospital Affiliations:
Winchester Medical Center

White, Andrew A., MD
Prov#: 10176817
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:

Hospital Affiliations:
Winchester Medical Center

Womeldorf, Susan M., MD
Prov#: 10062348
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Primary Care Physicians - Tier 1

Zawistowski, Kimberly J., MD
Prov#: 10154552
Selma Medical Associates Inc
104 Selma Drive
Winchester, VA 22601
(540) 678-2800

Windsor
Ismaeli-Campbell, Attiyah T, MD
Prov#: 10160825
Total Family Care (Franklin Clinic Corp)
20 East Windsor Blvd
Windsor, VA 23487
(757) 242-6185

Wirtz
Bourhill, Eric C., MD
Prov#: 10086257
Burnt Chimney Family Medicine, PC
6675 Booker T Washington Highway
Wirtz, VA 21484
(540) 721-2118

Woodbridge
Biragoni, Soujanya, MD
Prov#: 10134593
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Bommasani, Reena, MD
Prov#: 10082447
Hoadly Medical Care
13168 Centerpointe Way Suite 101
Woodbridge, VA 22193
(703) 730-2000

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Chambers, Joseph F., MD
Prov#: 10176295
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

DeRosa, Gary A., MD
Prov#: 10072914
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Fartash, Sima, MD
Prov#: 10109529
Woodbridge Internal Medicine, PC
2200 Opitz Blvd Suite B
Woodbridge, VA 22191
(703) 910-7390

Horton-Thompson, Camille, MD
Prov#: 10189625
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

Latimer, Robert A., MD
Prov#: 10081516
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Mahboob, Syed, MD
Prov#: 10151374
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

Medimpadi, Aruna, MD
Prov#: 10160630
Hoadly Medical Care
13168 Centerpointe Way
Woodbridge, VA 22193
(703) 730-2000

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Min, James B., MD
Prov#: 10120776
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Mohiuddin, Rashid Ahmed, MD
Prov#: 10051347
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

Parker III, Frederick W., MD
Prov#: 10108910
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Patel, Milan, DO
Prov#: 10067119
Sentara Family Medicine Physicians (SMG)
1936 Opitz Blvd Ste A
Woodbridge, VA 22191
(703) 491-7744
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Patz, Trupi B, MD
Prov#: 10090660
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Peretz, Michael D, MD
Prov#: 10075198
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Ratchford, Francis X., MD
Prov#: 10074047
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
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Prince William Medical Center

Ross, Scott A., MD
Prov#: 10081372
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Shah, Tejas J., MD
Prov#: 10021195
NORTH VIRGINIA FAMILY PRACTICE, PC
4331 Ridgewood Center Drive
Woodbridge, VA 22192
(703) 580-0124

Hospital Affiliations:
Greater Prince William Community Hospital
Centra Virginia Baptist Hospital

Spriggs, Tamara Denise, MD
Prov#: 10080582
Valley Health Shenandoah Memorial Hosp Family and Internal Med
1105 Hisey Ave
Woodstock, VA 22664
(540) 459-2277

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Wierzbiicki, John, DO
Prov#: 10103980
Family Medicine of Lake Ridge
3401 Commission Ct Ste 201
Woodbridge, VA 22192
(703) 490-6265

Williams, Raenell C., MD
Prov#: 10102539
Sentara Family Medicine Physicians (SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Woodstock
Hoffman, John, MD
Prov#: 45307
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Augusta Medical Center
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

MacLeod, Scott, MD
Prov#: 59252
Highlander Family Medicine, PLLC
1105 Hisey Ave
Woodstock, VA 22664
(540) 459-2277

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Methvin, Claudia H., MD
Prov#: 56421
Claudia H. Methvin, MD, PLLC
227 South Main St
Woodstock, VA 22664
(540) 459-7757

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Optima Direct Network Providers 9/2019
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OptimaHealth
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### Wytheville

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### Meadowview

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### Saltville

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### General Practice

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### Geriatric Medicine

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### Chilhowie

| Parker, David G., DO | (703) 365-1234 | 4190 Jefferson Davis Hwy Suite 101 | Virginia General Hospital                             |

### Dublin

| Parker, David G., DO | (703) 365-1234 | 4190 Jefferson Davis Hwy Suite 101 | Virginia General Hospital                             |

### Fredericksburg

| Unesegha, Samuel C., MD | (703) 365-1234 | 4190 Jefferson Davis Hwy Suite 101 | Virginia General Hospital                             |

### Haymarket

| Thakkar, Nirav, MD | (703) 365-1234 | 4190 Jefferson Davis Hwy Suite 101 | Virginia General Hospital                             |
Primary Care Physicians - Tier 1

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<td>Baker, William J., MD</td>
<td>Dr. Gaddipati, PLLC</td>
<td>Neighborhood Health</td>
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<tr>
<td>CARILION MEDICAL CENTER</td>
<td>Prov#: 10076546</td>
<td>24430 Millstream Drive</td>
<td>3804 Executive Ave</td>
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<tr>
<td>720 Orchard Ave</td>
<td>MSMG IM ABG</td>
<td>Aldie, VA 20105</td>
<td>Alexandria, VA 22305</td>
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<tr>
<td>Rocky Mount, VA 24151</td>
<td>16000 Johnston Memorial Drive Ste 213</td>
<td>(703) 239-4699</td>
<td>(703) 879-0562</td>
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<tr>
<td>(540) 489-3467</td>
<td>Abingdon, VA 24211</td>
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<td>Waddell, Nikki, MD</td>
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<td>(276) 258-4100</td>
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<td>Camargo, Edgar, MD</td>
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<td>Mashaw, Arsheeya, MD</td>
<td>Abingdon Internal Medicine, PC</td>
<td>Abingdon, VA 24210</td>
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<tr>
<td>Prov#: 10048215</td>
<td>(276) 628-1106</td>
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<td>Page Shenandoah Health Center</td>
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<td>(540) 652-1207</td>
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<td>Family and Internal Medicine</td>
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<td>505 Williams Avenue</td>
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<td>(703) 845-0700</td>
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<td>Page Memorial Hospital Inc</td>
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## Primary Care Physicians - Tier 1

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Optima Direct Network Providers 9/2019 85

Optima Health
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<td>Friesen, Lindsay, MD</td>
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<td>Sentara Blue Ridge Internal Medicine 310 Old Ivy Way Suite 201 Charlottesville, VA 22903</td>
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<td>(434) 244-4550</td>
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<td>Patient First - Sterling 310 Old Ivy Way Suite 201 Charlottesville, VA 22903</td>
<td>(434) 244-5684</td>
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<td>(434) 979-2944</td>
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<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<td>Garmon, Blake R., MD</td>
<td>10175045</td>
<td>Sentara Martha Jefferson Internal Medicine 435 Merchant Walk Square Suite 400 Charlottesville, VA 22902</td>
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<td>(434) 654-1800</td>
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<td>590 Peter Jefferson Parkway Charlottesville, VA 22911</td>
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<td>(434) 654-8930</td>
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<td>Hospital Affiliations: Sentara Martha Jefferson Hospital University of Virginia Medical Center</td>
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</table>
Primary Care Physicians - Tier 1

Greenhoe, Joshua M., MD
Pro #: 91839
Internal Medicine Ltd
1011 East Jefferson St
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Hospital Affiliations:
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Hospital Affiliations:
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Starr, Karen L., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Jurko, Robert M., MD
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Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Lewis-Gale Medical Center

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Hospital Affiliations:
Chesapeake Regional Medical Center

Children's Hospital of the King's Daughters
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
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Chesapeake Regional Medical Center
Lewis-Gale Medical Center
Primary Care Physicians - Tier 1

Mauer, Thomas, DO
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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc.

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Hospital Affiliations:
- Chesapeake Regional Medical Center

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Hospital Affiliations:
- Chesapeake Regional Medical Center

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Hospital Affiliations:
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Provision #: 10116453
Obeng, Paa-Kofi B., DO
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Hospital Affiliations:
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Hospital Affiliations:
- Chesapeake Regional Medical Center

Palacios-Kihler, Thamiris V, DO
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Palacios-Kihler, Thamiris V, DO
Patient First - Cedar Rd
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Hospital Affiliations:
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- Sentara Obici Hospital
- University of Virginia Medical Center

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Ray, Dipes, MD
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Hospital Affiliations:
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- Chesapeake Regional Medical Center
- Sentara Obici Hospital

Reniva, Jr., Faustino A., MD
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Provision #: 10181670
Reniva, Jr., Faustino A., MD
Sentara Family Medicine Physicians
363 Battlefield Blvd S Ste 300
Chesapeake, VA 23321
(757) 233-4700

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital

Singh, Sushma, MD
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Provision #: 10128494
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676 Kingsborough Square Bi
Chesapeake, VA 23320
(757) 455-9036

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital

Smith-Griffin, Kimberly A., MD
Providing for: Optima Direct Network Providers
Provision #: 10053251
Smith-Griffin, Kimberly A., MD
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4124 Chesapeake Square Blvd Unit 100
Chesapeake, VA 23321
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Hospital Affiliations:
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- Sentara Obici Hospital

Van Slyke, Katharine M., DO
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Van Slyke, Katharine M., DO
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(757) 842-6267

Hospital Affiliations:
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West, David J., MD
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Provision #: 12007
West, David J., MD
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Chesapeake, VA 23320
(757) 547-9286

Hospital Affiliations:
- Chesapeake Regional Medical Center

Zev, Shirin, MD
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Provision #: 10001834
Zev, Shirin, MD
Chesapeake Regional Medical Center

Zev, Zahan, MD
Providing for: Optima Direct Network Providers
Provision #: 10001834
Zev, Zahan, MD
Chesapeake Regional Medical Center

Zwaller, John E., MD
Providing for: Optima Direct Network Providers
Provision #: 10024563
Zwaller, John E., MD
54884

Hospital Affiliations:
- Chesapeake Regional Medical Center
- University of Virginia Medical Center

Chesterfield

Abassi, Gohar M, MD
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Abassi, Gohar M, MD
Prime Care Health Services PC
1714 E Hundred Road Ste 101
Chester, VA 23836
(804) 530-5293

Hospital Affiliations:
- John Randolph Medical Center

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Providing for: Optima Direct Network Providers
Provision #: 16851
Cliffee, Daniela, MD
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Chester, VA 23836
(804) 530-5293

Hospital Affiliations:
- John Randolph Medical Center

Clasby, Sheila, MD
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Provision #: 10143599
Clasby, Sheila, MD
Primary Health Group - Ironbridge
12254 Branders Creek Drive
Chester, VA 23831
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Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital

Farooq, Mohammad, MD
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Provision #: 10168284
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Tri-Cities Geriatrics, PC
12712 Bay Hill Drive
Chester, VA 23836
(804) 590-6750

Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- John Randolph Medical Center
- Southside Regional Medical Center

Port, John E., MD
Providing for: Optima Direct Network Providers
Provision #: 10020986
Port, John E., MD
Internal Medicine Associates of Chesterfield (Healthsource)
11601 Ironbridge Road Ste 117
Chester, VA 23831
(804) 717-5300

Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- VCU Health System/MCV

Rahman, Fazir, MD
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Provision #: 54884
Rahman, Fazir, MD
Patient First
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(804) 796-3636

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Southern Virginia Regional Medical Center
- Southside Regional Medical Center

Roberts-Boyd, Nicole E., MD
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Provision #: 54884
Roberts-Boyd, Nicole E., MD
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Hospital Affiliations:
- VCU Health System/MCV

Ellis, Lisa L., MD
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Ellis, Lisa L., MD
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Hospital Affiliations:
- VCU Health System/MCV

Jennings, Stewart W, MD
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Provision #: 10203801
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Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
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Mears, Sara H, MD
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(804) 425-3627

Hospital Affiliations:
- VCU Health System/MCV

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Optima Direct Network Providers 9/2019 88

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Primary Care Physicians - Tier 1

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Khan, Arif, MD
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Goode, Lauren, MD
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Coeburn

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Optima Direct Network Providers 9/2019 89
OptimaHealth
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<th>Culpeper</th>
<th>Danville</th>
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<tr>
<td><strong>Adanuov, Vera W., MD</strong>&lt;br&gt;Pro#: 1017638&lt;br&gt;NMG Affiliate Practice I, LLC&lt;br&gt;501 Sunset Lane&lt;br&gt;Culpeper, VA 22701&lt;br&gt;(703) 396-5292&lt;br&gt;<strong>Hospital Affiliations:</strong>&lt;br&gt;Optima Direct Network Providers  9/2019&lt;br&gt;Prince William Medical Center&lt;br&gt;Novant Health UVA Health System&lt;br&gt;Haymarket Medical Center&lt;br&gt;<strong>Hospital Affiliations:</strong>&lt;br&gt;UVA Culpeper Hospital</td>
<td><strong>Akbar, Salman M., MD</strong>&lt;br&gt;Pro#: 10164691&lt;br&gt;GoDocs&lt;br&gt;949 Piney Forest Road&lt;br&gt;Danville, VA 24541&lt;br&gt;(434) 835-4876&lt;br&gt;<strong>Hospital Affiliations:</strong>&lt;br&gt;Central Virginia Community Health Center (CVHC)(CCNV)&lt;br&gt;108 Holbrook St Ste 101&lt;br&gt;Danville, VA 24541&lt;br&gt;(434) 791-4122&lt;br&gt;<strong>Hospital Affiliations:</strong>&lt;br&gt;University of Virginia Medical Center</td>
</tr>
</tbody>
</table>
Primary Care Physicians - Tier 1

Dillwyn

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Esmont

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Hospital Affiliations:
Reston Hospital Center

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Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
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Optima Direct Network Providers 9/2019 91
Primary Care Physicians - Tier 1

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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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ospital Affiliations:
Centra Southside Community Hospital

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Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2850

ospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Khalafian, Michael J., MD
Pro#: 10034927
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2850

ospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Lewis, Danielle S., MD
Pro#: 10024330
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2828

ospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Sydnor, III, Walton Kirkham, MD
Pro#: 10176737
Centra Medical Group, LLC
800 Oak Street
Farmville, VA 23901
(434) 315-2998

ospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Snodgrass, Shelley L., MD
Pro#: 10013513
Augusta Health Internal Medicine
Fisherville
53 S Medical Park Drive
Fishersville, VA 22939
(540) 932-5687

ospital Affiliations:
Augusta Medical Center

Abu-Abi, Michael S., MD
Pro#: 55524
Bayview Physician Services, PC
1301 Armory Drive
Franklin, VA 23851
(757) 562-0085

ospital Affiliations:
Sentara Obici Hospital

Murray, Thomas Bradley, MD
Pro#: 10152695
Onley Community Health Center (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

ospital Affiliations:
Riverside Shore Memorial Hospital

Snodgrass, Michael S., MD
Pro#: 10034922
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2850

ospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Gray, Thomas G, MD
Pro#: 41812
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

ospital Affiliations:
Augusta Medical Center

Guedes De Morais, Amanda, MD
Pro#: 10119274
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

ospital Affiliations:
Augusta Medical Center

Miller, Theresa L., MD
Pro#: 41819
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

ospital Affiliations:
Augusta Medical Center

Paszkowiak, Barbara, MD
Pro#: 10024135
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

ospital Affiliations:
Augusta Medical Center

Paszkowiak, Barbara, MD
Pro#: 10024135
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

ospital Affiliations:
Augusta Medical Center

Elbert, Bethanne, MD
Pro#: 10148817
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

ospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Anand, Mohit, MD
Pro#: 10158336
Sentara Pratt Medical Group (SMG)
4900 Plank Rd
Fredericksburg, VA 22407
(540) 785-7810

ospital Affiliations:
Primary & Urgent Care LLC
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Bushore, Randall T., MD
Pro#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
2217 Princess Anne Street
Fredericksburg, VA 22401
(540) 735-0560

ospital Affiliations:
University of Virginia Medical Center

Bichara, Noble Lucien, MD
Pro#: 10105277
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

ospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus

Clemo, F. Lynne W., MD
Pro#: 10020147
Chancellors Internal Medicine
12006 Kilnary Drive
Fredericksburg, VA 22407
(540) 786-9771

ospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Gupta, Vikas, MD
Pro#: 28233
Central Virginia Internal Medicine
912 Lafayette Blvd
Fredericksburg, VA 22401
(540) 656-2800

ospital Affiliations:
Mary Washington Hospital (MWH)

Joseph, Cherian, MD
Pro#: 10050679
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Fredericksburg, VA 22407
(540) 242-4141

ospital Affiliations:
Mary Washington Hospital (MWH)
Primary Care Physicians - Tier 1

McDowell, Kenneth, DO
Prov#: 92238
Colonial Internal Medicine
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Mcmillan, Susan L., MD
Prov#: 10828
Mcmillan & Associates Internal Medicine
2501 Charles St
Fredericksburg, VA 22401
(540) 370-1940

Hospital Affiliations:
Mary Washington Hospital (MWH)

Nguyen, Hong T., MD
Prov#: 35932
Sophia Medical Associates, P.C.
603 Kenmore Ave
Fredericksburg, VA 22404
(540) 368-9380

Hospital Affiliations:
Mary Washington Hospital (MWH)

Villalobos, Linda, MD
Prov#: 1009305
Sophia Medical Associates, P.C.
603 Kenmore Ave
Fredericksburg, VA 22401
(540) 368-9380

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Zavadil III, Anthony, MD
Prov#: 10120136
Sophia Medical Associates, P.C.
603 Kenmore Ave
Fredericksburg, VA 22401
(540) 368-9380

Fries

Vandyke, Kelly S., MD
Prov#: 10091812
Fries Community Healthcare, Inc
109 Carroll Drive
Fries, VA 24330
(276) 744-3660

Front Royal

Daly, Patricia A., MD
Prov#: 35932
Valley Health Endocrinology & Internal Medicine
120 N Commerce Ave Suite 255
Front Royal, VA 22630
(540) 635-0800

Hospital Affiliations:
War Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Gondy, Gauthami, MD
Prov#: 10041204
Valley Health Warren Mem Hos
Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Joseph, Bridget, MD
Prov#: 10092117
Allergy and Asthma Specialists of Greater Washington (IM)
840 A John Marshall Highway
Front Royal, VA 22630
(540) 428-1715

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Gainsville

Joseph, Bridget, MD
Prov#: 10092117
Allergy and Asthma Specialists of Greater Washington (IM)
7330 Heritage Village Plaza
Gainsville, VA 20155
(511) 248-6565

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Galax

Benson, Osei, DO
Prov#: 10027216
Carilion Medical Associates
199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-6136

199 Hospital Drive Ste 7
Galax, VA 24333
(276) 236-6136

Clark, Kenneth Alan, MD
Prov#: 23569
Carilion Medical Associates
199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-6136

199 Hospital Drive Ste 7
Galax, VA 24333
(276) 236-6136

Hospital Affiliations:
Carilion New River Valley Medical Center
Twin County Regional Hospital

Crozier, James Eeds, MD
Prov#: 10176211
NMG Affiliate Practice I, LLC
812 West Stuart Dr
Galax, VA 24333
(276) 238-3318

Hospital Affiliations:
Twin County Regional Hospital

Kovacic, John J., MD
Prov#: 10106655
Independence Family Care
104 Cranberry Road Suite 200A
Galax, VA 24333
(276) 236-9953

961 E Stuart Drive
Galax, VA 24333
(276) 236-9953

Hospital Affiliations:
Twin County Regional Hospital

Laws, Allen, MD
Prov#: 43478
Carilion Medical Associates
199 Hospital Drive Ste 7
Galax, VA 24333
(276) 236-6136

Hospital Affiliations:
Twin County Regional Hospital

Noureddine, Nizar D., MD
Prov#: 10176434
NMG Affiliate Practice I, LLC
813 West Stuart Dr
Galax, VA 24333
(276) 238-3318

Hospital Affiliations:
Twin County Regional Hospital

Childress, Clarence G., MD
Prov#: 10097946
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 755-7851

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Galeski III, Joseph S., MD
Prov#: 65722
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 546-1780

Hospital Affiliations:
Bon Secours St. Marys Hospital

Heathsouth Rehabilitation
Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Haitchcock, Roderick E., MD
Prov#: 10148951
Bon Secours Sports Medicine & Primary Care
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Jones, III, Sidney R., MD
Prov#: 43929
Glen Allen Internal Medicine
5207 Hickory Park Drive Ste A
Glen Allen, VA 23059
(804) 612-2980

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Karim, Khalid, MD
Prov#: 10016431
Bon Secours Senior Care Services
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Marys Hospital

Khan, Tahir Hassan, MD
Prov#: 10139954
Bon Secours Senior Care Services
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Optima Health
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Primary Care Physicians - Tier 1

Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
VCU Health System/VCV

Lothe, Anand P., MD
Pro#: 22334
The Daily Planet Inc
10299 Woodman Road
Glen Allen, VA 23060
(804) 727-8154

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Popovich, Stephen J., MD
Pro#: 10164012
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Stewart, Jacqueline, MD
Pro#: 10218179
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 755-7351

Vranian, Neshan Michael, MD
Pro#: 30802
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Patel, Haresh J., MD
Pro#: 1005420
Tri State Rural Health Clinic
1520 Slate Creek Road
Grundy, VA 24614
(276) 935-6444

Hospital Affiliations:
Buchanan General Hospital

Patel, Jashubhai G., MD
Pro#: 1005420
Tri State Rural Health Clinic
1520 Slate Creek Road
Grundy, VA 24614
(276) 935-6444

Hospital Affiliations:
Buchanan General Hospital

Johnson, Sandra S., MD
Pro#: 52001
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Younger, Sarah Ann, MD
Pro#: 206450
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Hampton

Brown III, William E., MD
Pro#: 10123400
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Executive Drive Suite B
Hampton, VA 23666
(757) 826-2102

Hospital Affiliations:
Sentara Virginia Regional Medical Center

Chinnery, Lind W., MD
Pro#: 10138593
Divine Health Care, LLC
2100 Executive Drive Suite B
Hampton, VA 23666
(757) 826-1600

Hospital Affiliations:
Sentara CarePlex Hospital

Dehalousay, Aladee R., MD
Pro#: 1005420
Southeastern Virginia Health System
400 Medical Drive
Hampton, VA 23666
(757) 788-0400

Hospital Affiliations:
Sentara CarePlex Hospital

Franklin, William A., MD
Pro#: 57019
William Franklin, MD
2110 Hartford Rd Ste A
Hampton, VA 23666
(757) 262-1520

Hospital Affiliations:
Sentara CarePlex Hospital

Hernandez, Johan S., MD
Pro#: 10111988
Sentara RMH Medical Group, LLC
1661 South Main Street
Hampton, VA 23666
(540) 564-7100

Hospital Affiliations:
Sentara RMH Medical Center

Harrisonburg

Day, Philip W., MD
Pro#: 19971
Harrisonburg Internal Medicine
1937 Medical Ave
Hampton, VA 23666
(540) 433-6967

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Sentara RMH Medical Center

Flores-Perez, Iehsus S., MD
Pro#: 10207605
Sentara RMH Medical Group, LLC
1661 South Main Street
Hampton, VA 23666
(540) 564-7100

1790 East Market Street Ste 64B
Hampton, VA 23666
(540) 564-5622

1871 Evelyn Byrd Avenue
Hampton, VA 23666
(540) 564-7100

1931 Medical Avenue
Hampton, VA 23666
(540) 564-5400

Hospital Affiliations:
Sentara RMH Medical Center

Gloucester

Gretchen

Barkholder, Brenden, DO
Pro#: 1018833
Centra Medical Group, LLC
291 McBride Lane
Gretchen, VA 24557
(434) 656-1717

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Copley, Christopher S., DO
Pro#: 10200583
Buchanan Health Care, LLC
1532 Slate Creek Rd Ste 106
Grundy, VA 24614
(276) 935-1760

Hospital Affiliations:
Carilion General Hospital

Cortellesi, Thomas B., DO
Pro#: 10016304
Family Care Center - ISHN
1109 Plaza Drive Ste 1A
Grundy, VA 24614
(276) 935-2677

Hospital Affiliations:
Buchanan General Hospital

Patel, Dinkar N., MD
Pro#: 10092340
Tri State Rural Health Clinic
1520 Slate Creek Road
Grundy, VA 24614
(276) 935-6424

Hospital Affiliations:
Buchanan General Hospital

Hardy

Irby, Susan K., MD
Pro#: 10045674
Carillion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Harrisonburg

Optima Direct Network Providers 9/2019
94
Primary Care Physicians - Tier 1
Primary Care Physicians - Tier 1

Keene, Melissa N., MD  
Pro#: 10156299  
Haysi Clinic  
162 Medical Center Blvd  
Haysi, VA 24256  
(261) 865-5121

Heathsville  

Good, Meredith, DO  
Pro#: 10207949  
BON SECOURS HEATHSVILLE  
FAMILY PRACTICE  
8152 Northumberland Hwy  
Heathsville, VA 22473  
(804) 580-7200

Hospital Affiliations:  
Norton Community Hospital  
Prov#: 43951  
Kenbridge, VA 23944  
(804) 546-3001

Hillsville  

Bonsu, Osei, DO  
Pro#: 10072716  
Carilion Medical Associates  
PO Box 1927 Main Street  
Hillside, VA 24343  
(276) 728-7731

Clark, Kenneth Alan, MD  
Pro#: 23569  
Carilion Medical Associates  
416 South Main Street Ste A  
Hillside, VA 24343  
(276) 728-7731

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Twin County Regional Hospital

Herndon  

Bush, James, MD  
Pro#: 10028734  
Appomattox River Medical LLC  
815 W Poythress Street  
Hopewell, VA 23860  
(804) 458-8557

Hospital Affiliations:  
John Randolph Medical Center

Haysi  

Keene, Melissa N., MD  
Pro#: 10156299  
Haysi Clinic  
162 Medical Center Blvd  
Haysi, VA 24256  
(261) 865-5121

Chaudhry, Faisal W., MD  
Pro#: 26485  
Community Health Clinic PC  
5705 Red Bud Highway  
Hopewell, VA 23860  
(804) 458-8557

Hospital Affiliations:  
John Randolph Medical Center

Hopewell  

Armstrong, Brent, MD  
Pro#: 10027732  
Appomattox River Medical LLC  
815 W Poythress Street  
Hopewell, VA 23860  
(804) 458-8557

Hospital Affiliations:  
Norton Community Hospital

Indepnendence  

Kovach, John J., MD  
Pro#: 10106655  
Independence Family Care  
217 South Independence Avenue  
Independence, VA 24348  
(276) 768-7114

Hospital Affiliations:  
Twin County Regional Hospital

Jonesville  

Almatari, Abdul-Latif, MD  
Pro#: 99830  
Stone Mountain Health Services (CCNV)  
276 Fieldstone Drive  
Jonesville, VA 24263  
(276) 546-3001

Hospital Affiliations:  
Twin County Regional Hospital

Kenbridge  

Powers, Linda P., MD  
Pro#: 43951  
Southside Medical Management Inc  
306 E Sixth Avenue  
Kenbridge, VA 23944  
(434) 676-8021

Optima Direct Network Providers 9/2019

OptimaHealth
## Primary Care Physicians - Tier 1

### Kilmarnock

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<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Butt, Sanaa A., MD</td>
<td>(804) 463-0000</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Maui Hospital</td>
</tr>
<tr>
<td>McGrath, Kevin J., MD</td>
<td>(703) 729-2626</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Maui Hospital</td>
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<tr>
<td>Monge-Meberg, Patricia, MD</td>
<td>(804) 463-0000</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Maui Hospital</td>
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### Lawrenceville

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<th>Name</th>
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<tr>
<td>Abelin, Tareq, MD</td>
<td>(703) 835-9999</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Good Samaritan General Hospital</td>
</tr>
<tr>
<td>Andrew, John, MD</td>
<td>(703) 835-9999</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Good Samaritan General Hospital</td>
</tr>
<tr>
<td>Cook III, John, MD</td>
<td>(703) 835-9999</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>Good Samaritan General Hospital</td>
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### Lebanon

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<tr>
<td>Ulrich, Michael Alan, DO</td>
<td>(434) 722-8117</td>
<td>19450 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
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### Leesburg

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<th>Name</th>
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<tr>
<td>Geib, Vaishali N., MD</td>
<td>(540) 463-7628</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
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### Lansdowne

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<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Sandhu, Mandeep, MD</td>
<td>(540) 463-0000</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
</tr>
<tr>
<td>Trippel, Michele D., MD</td>
<td>(540) 463-0000</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
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### Lexington

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<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Caldecroney, Ralph Dunham, MD</td>
<td>(434) 722-8117</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
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### Loudoun County

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<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Schirmer, Patricia L., MD</td>
<td>(703) 858-3220</td>
<td>19415 Deerfield Ave Ste 202, Leesburg, VA 20176</td>
<td>LewisGale Hospital</td>
</tr>
</tbody>
</table>
Primary Care Physicians - Tier 1

Bashore, Randall T., MD  
Prov#: 10148544  
Carilion Clinic Family Medicine  
Lexington  
108 Houston St Suite C  
Lexington, VA 24450  
(540) 463-7628  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Lorton

Bessler, Joseph, MD  
Prov#: 10206154  
BON SECOURS LIVELY MEDICAL CENTER  
36 Lively Oaks Road  
Lorton, VA 22079  
(703) 339-5858  
Hospital Affiliations:  
Central Virginia Community Health

Louisa

Ballou, Michele, MD  
Prov#: 10038501  
WWVA Health Care Alliance, PC  
200 ARH Lane Suite 102  
Low Moor, VA 24457  
(540) 862-6710  
Hospital Affiliations:  
Alleghany Regional Hospital d/b/a LewisGale Alleghany

Lynchburg

Aponte, Juan P., MD  
Prov#: 28056  
Medical Associates of Central Virginia Intravene  
2215 Landover Place  
Lynchburg, VA 24501  
(434) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Brown, Barry, DO  
Prov#: 10028267  
WWVA Health Care Alliance, PC  
200 ARH Lane Suite 102  
Low Moor, VA 24457  
(540) 862-6710  
Hospital Affiliations:  
Alleghany Regional Hospital d/b/a LewisGale Alleghany

Honainy, Hassan, MD  
Prov#: 10088737  
WWVA Health Care Alliance, PC  
200 ARH Lane Suite 102  
Low Moor, VA 24457  
(540) 862-6710  
Hospital Affiliations:  
Alleghany Regional Hospital d/b/a LewisGale Alleghany

Moughrabi, Bassel, MD  
Prov#: 10087193  
WWVA Health Care Alliance, PC  
200 ARH Lane Suite 102  
Low Moor, VA 24457  
(540) 862-6710  
Hospital Affiliations:  
Alleghany Regional Hospital d/b/a LewisGale Alleghany

Tanenbaum, William A., MD  
Prov#: 10034922  
Lynchburg Internal Medicine  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-3908  
1900 Tate Springs Rd Suite 3  
Lynchburg, VA 24501  
(434) 200-3908  
901 Vine Road  
Lynchburg, VA 24503  
(434) 200-2900  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Brennan, Robert, MD  
Prov#: 10040067  
Medical Associates of Central Virginia Intravene  
2215 Landover Place  
Lynchburg, VA 24501  
(434) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
University of Virginia Medical Center

Brown, Johanna P., MD  
Prov#: 10207826  
Community Access Network  
800 5th Street  
Lynchburg, VA 24504  
(434) 200-3366  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
University of Virginia Medical Center

Bui, An, MD  
Prov#: 10190217  
Centra Medical Group, LLC  
2410 Atherholt Road  
Lynchburg, VA 24501  
(434) 200-2902  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Chi, Louis CL, MD  
Prov#: 10180211  
Acute Rehab Centralhealth  
3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434) 200-3000  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Clark, Hal, MD  
Prov#: 10021086  
Family Care Center  
215S6 Timberlake Road Ste D  
Lynchburg, VA 24502  
(434) 239-8104  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Cure, James D., MD  
Prov#: 10035934  
Lynchburg Internal Medicine  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-3908  
1900 Tate Springs Rd Suite 3  
Lynchburg, VA 24501  
(434) 200-3908  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Gianakos, Dean, MD  
Prov#: 45436  
Lynchburg Family Medicine Center  
2323 Memorial Ave Suite 10  
Lynchburg, VA 24501  
(434) 200-5200  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Hayes, Shawn, MD  
Prov#: 10135143  
Lynchburg Internal Medicine  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-3908  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Hobson, Margaret J., MD  
Prov#: 10200407  
Community Access Network  
800 5th Street  
Lynchburg, VA 24504  
(434) 200-3366  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Horton, Daniel, MD  
Prov#: 10105934  
Medical Associates of Central Virginia Intravene  
2215 Landover Place  
Lynchburg, VA 24501  
(434) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Howard, Laura, MD  
Prov#: 10176495  
Medical Associates of Central Va, Inc.  
2215 Landover Place  
Lynchburg, VA 24501  
(434) 947-3944
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**Primary Care Physicians - Tier 1**
Primary Care Physicians - Tier 1

Bhardwaj, Prita, MD
Pro#: 10176284
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Mary Washington Hospital (MWH)
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center

Burris II, Alfred C., MD
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NMG Affiliate Practice I, LLC
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(703) 727-8678

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Cary, John F., MD
Pro#: 43994
Manassas Internal Medicine, PC
9303 Forest Point Circle
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(703) 257-7749

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Dabhiya, Munira M., MD
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Dave, Amikumar V., MD
Pro#: 10176308
NMG Affiliate Practice I, LLC
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Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Dotson, Thomas C., MD
Pro#: 10118795
NMG Affiliate Practice I, LLC
10945 George Mason Circle Suite 105
Manassas, VA 20110
(703) 361-5116

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Escano, Michael G., MD
Pro#: 1017618
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 302
Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Fan, Elaine Y., MD
Pro#: 10176106
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Faroque, Abdullah, MD
Pro#: 10124897
Valley Health Clinic, Inc.
8609 Sudley Rd Ste 105
Manassas, VA 20110
(703) 393-8883

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Warren Memorial Hospital, Inc.

Haas, Joseph S., MD
Pro#: 10176194
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Hazen, Brian A., MD
Pro#: 10176458
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Irwin, Gilbert R., MD
Pro#: 10176069
NMG Affiliate Practice I, LLC
10945 George Mason Circle Suite 105
Manassas, VA 20110
(703) 361-5116

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Jafir, Ahsan Q., DO
Pro#: 10176241
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 302
Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Jamil, Adnan, DO
Pro#: 10176274
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Khanie, Sheila, MD
Pro#: 10176328
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 302
Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Kim, Young Kwan, DO
Pro#: 29101
Manassas Internal Medicine, PC
9303 Forest Point Circle
Manassas, VA 20110
(703) 257-7749

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Kumar, Ajay G., MD
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NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Larson, Kristina C., MD
Pro#: 10176242
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Meyers, Claudine G., MD
Pro#: 10176109
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Mulugeta, Yemisrach, MD
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NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
UVA Culpeper Hospital

Narola, Ajay G., MD
Pro#: 10176306
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Sentara Princess Anne Hospital

Nkrumah, Jacklyn A., MD
Pro#: 10176375
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Nyigu, Kurwa N, MD
Pro#: 10176081
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Roanoke Memorial Hospital
Mary Washington Hospital (MWH)
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Parikh, Kajal, MD
Pro#: 10176065
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Prince William Medical Center

Reston Hospital Center

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

Patel, Dipi C, MD
Prov#: 10176084
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Patel, Mayank H, MD
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NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Rasheed, Nasir, MD
Prov#: 10176377
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Mary Washington Hospital (MWH)
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Sadiq, T. S. M. Jafar, MD
Prov#: 10176177
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Thakkar, Nirav, MD
Prov#: 10176384
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Zaidi, Zan R, MD
Prov#: 10176515
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Marion

Davis, Willette C, MD
Prov#: 10169026
Blue Ridge Medical Management Corporation (MSMG IM)
245 Medical Park Dr First Floor
Marion, VA 24354
(276) 378-1341
Hospital Affiliations:
Alleghany Regional Hospital d/b/a
LewisGale Alleghany
Carilion Roanoke Memorial Hospital
Columbia Pulaski Community Hospital
Hospital d/b/a LewisGale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a
LewisGale Montgomery
Smyth County Community Hospital

Jithpratuck, Warit, MD
Prov#: 10082802
MSMG HIMA SCCH
565 Radio Hill Road Dept 3 West
Marion, VA 24354
(276) 782-1176
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Chippewham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Smyth County Community Hospital

Mya, Moe M., MD
Prov#: 10111700
Blue Ridge Medical Management Corporation (MSMG IM)
1070 Terrace Drive
Marion, VA 24354
(276) 781-2225
Hospital Affiliations:
Smyth County Community Hospital

Powars, William T., MD
Prov#: 10097200
MSMG HIMA ABG
1070 Terrace Drive
Marion, VA 24354
(276) 781-2225
Hospital Affiliations:
Smyth County Community Hospital

Singer, Jerry R., MD
Prov#: 10087154
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Marion, VA 24354
(276) 781-2225
Hospital Affiliations:
Smyth County Community Hospital

Martinsville

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Hospital Affiliations:
SOVAH Health - Martinsville

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Eason, Paul, MD
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Isernia, James M., MD
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319 Hospital Drive Suite 201
Martinsville, VA 24112
(276) 666-7776
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(276) 670-3300

Jones, Vincent K, MD
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1856 Virginia Avenue
Martinsville, VA 24112
(276) 656-6853
Hospital Affiliations:
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Martinsville, VA 24112
(276) 670-3300

Prince III, William D., MD
Prov#: 10024658
Carilion Medical Associates
1107 Brookdale Street Ste A
Martinsville, VA 24112
(276) 670-3300

Zimmer, William J., MD
Prov#: 11526
Carilion Medical Associates
1107 Brookdale Street Ste A
Martinsville, VA 24112
(276) 670-3300

McLean

Kitay, Kaleen, MD
Prov#: 10102170
PartnerMD, PC
6862 Elm Street Ste 700
McLean, VA 22101
(703) 289-3750

Meadowview

Elmore, Karen A., MD
Prov#: 10066319
Emory Internal Medicine
12180 Alder Street
Meadowview, VA 24361
(703) 695-0205

Mechanicsville

© Aquilo, Melissa, MD
Prov#: 10076487
Patient First - Mechanicsville
7238 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 559-9900

Cappello, Roger, MD
Prov#: 10203467
Bon Secours Lee Davis Medical Associates
7041 Lee Park Road
Mechanicsville, VA 23111
(804) 746-3505

Czajkowski, Stanley B, DO
Prov#: 10159847
Bon Secours Memorial Regional Medical Center
2800 Meadowbridge Road Suite 301
Mechanicsville, VA 23116
(804) 442-3750

2800 Meadowbridge Road Suite 306
Mechanicsville, VA 23116
(804) 746-1253
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Dausch, Robert J., MD
Prov#: 10194680
Hanover Family Physicians
9376 Atlee Station Rd
Mechanicsville, VA 23116
(804) 730-0990

Domah, Nau Deavin, MD
Prov#: 10121334
Laburnum Medical Center
8200 Meadowbridge Road Suite 301
Mechanicsville, VA 23116
(804) 442-3750

8220 Meadowbridge Road Suite 203
Mechanicsville, VA 23116
(804) 226-2444
8266 Atlee Road Suite 332
Mechanicsville, VA 23116
(804) 764-3291

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Mary Washington Hospital (MWH)

Stafford Hospital Center
Primary Care Physicians - Tier 1

Falcon, Raquel Appa, MD  
Prov#: 10173085  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 764-1253

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
VCU Health System/MCV

Foster, Brian J., MD  
Prov#: 78575  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

Overmeyer, Richard L., MD  
Prov#: 45909  
Bon Secours Lee Davis Medical Associates  
7041 Lee Park Road  
Mechanicsville, VA 23111  
(804) 746-3505

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Janney II, Samuel M., MD  
Prov#: 10194218  
Bon Secours Lee Davis Medical Associates  
7041 Lee Park Road  
Mechanicsville, VA 23111  
(804) 746-3505

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Kelly, David L., MD  
Prov#: 45906  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Lee, Jason P., MD  
Prov#: 44012  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Martin-Ryan, Patricia, MD  
Prov#: 10073616  
Virginia Physicians, Inc.  
7255 Hanover Green Dr  
Mechanicsville, VA 23111  
(804) 730-1111

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

McKenzie, Judith, MD  
Prov#: 10145472  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Sentara CarePlex Hospital

Payne, C. Frederick, MD  
Prov#: 34287  
Bon Secours Lee Davis Medical Associates  
7041 Lee Park Road  
Mechanicsville, VA 23111  
(804) 746-3505

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Roberts, Kenneth H., MD  
Prov#: 45910  
Bon Secours Lee Davis Medical Associates  
7041 Lee Park Road  
Mechanicsville, VA 23111  
(804) 746-3505

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Smith, Jennifer G., MD  
Prov#: 10063710  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Halifax Regional Hospital  
Sheltering Arms Rehabilitation Hospital

Wratford, Timothy, MD  
Prov#: 73797  
Ashcake Family Physicians  
7493 Right Flank Road Ste 400  
Mechanicsville, VA 23116  
(804) 559-2916

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Midlothian

Akers-White, Latania M., MD  
Prov#: 10174325  
American Family Care  
12731 Stone Village Way  
Midlothian, VA 23113  
(804) 379-1500

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Beltram-Keeley, Joyce, MD  
Prov#: 10104143  
Internal Medicine Associates of Chesterfield  
611 Watkins Centre Parkway Suite 250  
Midlothian, VA 23114  
(804) 423-8470

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Bon Secours Stuart Circle Hospital

Bradshaw, Brian T., MD  
Prov#: 10017848  
James River Internists LLC  
13440 Tredgar Lake Parkway Bldg 2  
Midlothian, VA 23112  
(804) 745-2200

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Burkwall, Patricia, MD  
Prov#: 10021773  
PartnerMD, PC  
13901 Coalfield Commons Place Suite 201  
Midlothian, VA 23114  
(804) 420-1200

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital

Clashey, Sheila, MD  
Prov#: 10143599  
Primary Health Group - Ironbridge  
10130 Hull Street  
Midlothian, VA 23112  
(804) 276-6900

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/  
Johnston-Willis Hospital

Glynn, Francesca L., MD  
Prov#: 10085508  
Bon Secours St Francis - Internal Medicine of Chesterfield  
13700 St Francis Blvd MOB Ste 510  
Midlothian, VA 23114  
(804) 423-8470

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary’s Hospital

Hedley, Michelle E., MD  
Prov#: 10138344  
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13901 Coalfield Commons Place Suite 201  
Midlothian, VA 23114  
(804) 420-1200

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital

Joseph, Sharon, MD  
Prov#: 10085289  
Bon Secours St Francis - Powhatan Medical Associates  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6172

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/  
Johnston-Willis Hospital

George, Anna, MD  
Prov#: 75167  
Patient First  
11020 Hull St  
Midlothian, VA 23112  
(804) 744-6310

Hospital Affiliations:  
Bon Secours St Francis - Internal Medicine Associates of Chesterfield  
13700 St Francis Boulevard Ste 500  
Midlothian, VA 23114  
(804) 423-8470

Hospital Affiliations:  
Bon Secours St Francis Medical Center  
Bon Secours St Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary’s Hospital

Gorman, Michael, MD  
Prov#: 10017848  
James River Internists LLC  
13440 Tredgar Lake Parkway Bldg 2  
Midlothian, VA 23112  
(804) 745-2200

Hospital Affiliations:  
Chippenham Medical Center/ 
Johnston-Willis Hospital
Primary Care Physicians - Tier 1

Rogers, Alfred H., MD
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Midlothian, VA 23114
(804) 420-1200

Hospital Affiliations:
Bon Secours St. Mary’s Hospital

McDonald, Kelly, MD
Pro#: 10013326
Rockwell Physicians of Salisbury
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Midlothian, VA 23113
(804) 897-6140

Mehfoud, George J., MD
Pro#: 10003534
Family Physicians of Ridgefield
1529 Huguenot Road Suite A
Midlothian, VA 23113
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Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Port, John E., MD
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13700 St Francis Blvd MOB Ste 510
Midlothian, VA 23114
(804) 423-8470

Pro#: 10020986
Internal Medicine Associates of Chesterfield (Healthsource)
13700 St Francis Boulevard Ste 500
Midlothian, VA 23114
(804) 423-8470

Hospital Affiliations:
Bon Secours St. Francis Medical Center
VCU Health System/VCV

Rowe, Joy P., MD
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Midlothian, VA 23114
(804) 420-1200

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus

Shah-Pandya, Sonia, MD
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Internal Medicine Associates of Chesterfield
13700 St. Francis Blvd. MOB Suite 510
Midlothian, VA 23114
(804) 423-8470

Hospital Affiliations:
Bon Secours St. Francis Medical Center

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James River Internists LLC
13440 Tredegar Lake Parkway Bldg 2
Midlothian, VA 23112
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Vedina, Anna, MD
Pro#: 10075136
James River Internists LLC
13440 Tredegar Lake Parkway Bldg 2
Midlothian, VA 23112
(804) 745-2200

Waterson, William K., MD
Pro#: 10015065
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2410 Pagehurst Drive
Midlothian, VA 23113
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Yousuf, Hasan, MD
Pro#: 10071586
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Midlothian, VA 23112
(804) 545-3132

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Southside Regional Medical Center

Moneta

Farooq, Mohammad, MD
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Long Term Care of America-Virginia, Inc.
1112 Lakeland Pines Drive
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Southside Regional Medical Center

Moneta

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1112 Lakeland Pines Drive
Moneta, VA 24411
(540) 297-0023

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Monterey

Bird, Kimberly, MD
Pro#: 10148154
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Montpelier

Akbar, Salman M., MD
Pro#: 30579
Care Now Inc
16618 B Mountain Road
Montpelier, VA 23192
(804) 883-0052

Grady, Victoria, MD
Pro#: 10078536
Care Now Inc
16618 B Mountain Road
Montpelier, VA 23192
(804) 883-0052

Montross

Bashore, Randall T., MD
Pro#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
18849 Kings Highway
Montross, VA 22520
(804) 493-9999

Mount Jackson

Flores-Perez, Ihesus S., MD
Pro#: 10207065
Sentara RMH Medical Group, LLC
9626 South Congress Street Suite B
New Market, VA 22844
(540) 740-3044

Hospital Affiliations:
Sentara RMH Medical Center

New Market

Flore-Perez, Ihesus S., MD
Pro#: 10207065
Sentara RMH Medical Group, LLC
9626 South Congress Street Suite B
New Market, VA 22844
(540) 740-3044

Hospital Affiliations:
Sentara RMH Medical Center

Newport News

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9626 South Congress Street Suite B
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(540) 740-3044

Hospital Affiliations:
Sentara RMH Medical Center

Blackwell, Brian K., MD
Pro#: 44129
Central Virginia Community Health Center (CVHS)(CCNV)
25992 N James Madison Highway
New Canton, VA 23123
(434) 581-3271

Hospital Affiliations:
Norton Community Hospital

Campanelli, David M., MD
Pro#: 45971
Central Virginia Community Health Center (CVHS)(CCNV)
Route 15 South
New Canton, VA 23123
(434) 581-3271

Hospital Affiliations:
University of Virginia Medical Center

New Church

Murray, Thomas Bradley, MD
Pro#: 10152695
Onley Community Health Center (CCNV)
5219 Lankford Hwy
New Church, VA 23415
(757) 824-5676

Roll, Jeanne R., MD
Pro#: 43917
Atlantic Community Health Center (ESRHIS)(CCNV)
5219 Lankford Highway
New Church, VA 23415
(757) 824-5676

Hospital Affiliations:
Riverside Shore Memorial Hospital

New Market

Flore-Perez, Ihesus S., MD
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Sentara RMH Medical Group, LLC
9626 South Congress Street Suite B
New Market, VA 22844
(540) 740-3044

Hospital Affiliations:
Sentara RMH Medical Center

Newport News

Aljea, Andrea J, MD
Pro#: 10202519
Riverside Medical Group
1000 Old Denbigh Boulevard Suite 1020A
Newport News, VA 23602
(757) 875-2009

Almeida, Jacob D., DO
Pro#: 10091039
Tidewater Physicians Multispecialty Group, PC (TPMG)
555 Denbigh Blvd Suite C
Newport News, VA 23608
(757) 243-8550

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Optima Direct Network Providers 9/2019 103
Primary Care Physicians - Tier 1

Apili, Concepcion, MD  
Prov#: 57016  
Southeastern Virginia Health System  
15425 H Warwick Blvd  
Newport News, VA 23608  
(757) 874-8400  
4714 Marshall Ave  
Newport News, VA 23607  
(757) 380-8709  
Hospital Affiliations:  
Sentara CarePlex Hospital

Baldwin, Jeremy W., MD  
Prov#: 10078223  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
55 Denbigh Blvd Suite C  
Newport News, VA 23608  
(757) 243-8550  
Sentara CarePlex Hospital  
Sentara Obici Hospital

Aspili, Concepcion, MD  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital

Bolden, Kelle D, MD  
Prov#: 1019922  
Sentara Internal Medicine Physicians (SMG)  
11803 Jefferson Ave Ste 140  
Newport News, VA 23606  
(757) 594-1803  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital

Brooks, Bonnie J., MD  
Prov#: 1005223  
Sentara Family and Internal Medicine Physicians (SMG)  
11803 Jefferson Ave Ste 140  
Newport News, VA 23606  
(757) 594-1803  
Hospital Affiliations:  
Sentara CarePlex Hospital

Camp, R. Michael, MD  
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Riverside Medical Group  
12655 Warwick Blvd Ste A  
Newport News, VA 23606  
(757) 595-9980

Covington, Dana D, MD  
Prov#: 10113743  
Riverside Medical Group  
500 J Clyde Morris Boulevard  
Newport News, VA 23601  
(757) 594-3580

Delahousaye, Aladee R., MD  
Prov#: 10017343  
Southeastern Virginia Health System  
4714 Marshall Ave  
Newport News, VA 23607  
(757) 380-8709  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Duhon, Denise Y, MD  
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12420 Warwick Boulevard Bldg 4 Suite 4A  
Newport News, VA 23606  
(757) 594-4431  
500 J Clyde Morris Boulevard  
Newport News, VA 23601  
(757) 594-3580  
Hospital Affiliations:  
Sentara CarePlex Hospital

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Sentara Family and Internal Medicine Physicians (SMG)  
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Newport News, VA 23606  
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Hospital Affiliations:  
Sentara CarePlex Hospital

Li, Xia, MD  
Prov#: 10111789  
Patient First - Denhgh Blvd  
611 Denhgh Blvd  
Newport News, VA 23608  
(757) 283-8300  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Sentara Williamburg Regional Medical Center

Lorenzo, David L., MD  
Prov#: 23261  
Southeastern Virginia Health System  
1033 28th Street  
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(757) 952-2160  
4714 Marshall Ave  
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(757) 380-8709  
Hospital Affiliations:  
Sentara CarePlex Hospital

Pham, Huy D, MD  
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500 J Clyde Morris Boulevard  
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Hospital Affiliations:  
Riverside Regional Medical Center

Roman, Gerardo Rivera, MD  
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Renoval Internal Medicine  
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(757) 877-1529  
Hospital Affiliations:  
Sentara CarePlex Hospital

Soto Guerrero, Yazmin, MD  
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Renoval Internal Medicine  
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(757) 877-1529  
Hospital Affiliations:  
Sentara CarePlex Hospital

Thompson, James A, DO  
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860 Omni Blvd Suite 110  
Newport News, VA 23606  
(757) 877-4221  
Hospital Affiliations:  
Bon Secours Depaul Medical Center Inc  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital

Villanueva, Pedro R, MD  
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Riverside Medical Group  
1000 Old Denhgh Boulevard Suite 1020A  
Newport News, VA 23602  
(757) 875-2009

Ahmed, Ali S., MD  
Prov#: 10208093  
EVMS Medical Group  
825 Fairfax Avenue Suite 445  
Norfolk, VA 23507  
(757) 446-8920  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital  
Sentara Williamburg Regional Medical Center  
Sentara Williamsburg Regional Medical Center

Alband, Wendy F., MD  
Prov#: 10106309  
East Beach Medical Associates  
4039 E Little Creek Road  
Norfolk, VA 23518  
(757) 738-1200  
Hospital Affiliations:  
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825 Fairfax Avenue Suite 445  
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(757) 446-8920  
Hospital Affiliations:  
Bon Secours Depaul Medical Center Inc

Beverly, Vernis, MD  
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Adult and Pediatric Medical Associates, PC  
1701 Church St Ste B  
Norfolk, VA 23504  
(757) 484-2001  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Sentara Norfolk General Hospital

Boggs, Jody P., MD  
Prov#: 10157280  
DePaul Medical Associates  
155 Kingsley Lane Suite 400  
Norfolk, VA 23505  
(757) 278-2240

Bumanglag, Leila, MD  
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Norfolk, VA 23505  
(757) 278-2240

Camp, R. Michael, MD  
Prov#: 12075  
Drs. Mann, Martens, Camp & Naylor  
902 Graydon Ave  
Norfolk, VA 23507  
(757) 623-0095  
Hospital Affiliations:  
Bon Secours Depaul Medical Center Inc  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital  
Sentara Williamburg Regional Medical Center  
Sentara Williamburg Regional Medical Center

Castaldo, David J., MD  
Prov#: 10104438  
Amelia Medical Associates (Bon Secours Depaul Med Ctr)  
885 Kempsville Rd Ste 320  
Norfolk, VA 23502  
(757) 955-2828  
Hospital Affiliations:  
Bon Secours Depaul Medical Center Inc

Chakan, Matthew C., MD  
Prov#: 10071431  
Children's Hospital of the King's Daughters  
Sentara Community Health Center  
Sentara Community Health Center  
Sentara Community Health Center  
Sentara Community Health Center

Chakran, Matthew C., MD  
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12420 Warwick Boulevard Bldg 4 Suite 4A  
Newport News, VA 23606  
(757) 594-4431  
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(757) 594-3580  
Hospital Affiliations:  
Sentara CarePlex Hospital

Ross, Glenn S., MD  
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11803 Jefferson Ave Ste 140  
Newport News, VA 23606  
(757) 594-1803

Hospital Affiliations:  
Sentara CarePlex Hospital
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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</thead>
<tbody>
<tr>
<td>Chin, Ian M., MD</td>
<td>(757) 446-8920</td>
<td>Norfolk, VA 23507</td>
<td>Bon Secours DePaul Medical Center Inc Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Christi, Catherine P., MD</td>
<td>(757) 252-9300</td>
<td>Norfolk, VA 23510</td>
<td>Dedicated Care Center (SMG) 301 Riverview Ave Ste 900</td>
</tr>
<tr>
<td>Clifford, Gregg R., MD</td>
<td>(757) 622-8538</td>
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<td>Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Cowley, Sean F., MD</td>
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<td>Norfolk, VA 23502</td>
<td>Sentara Family and Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
</tr>
<tr>
<td>Damman, Julie L., MD</td>
<td>(757) 252-9300</td>
<td>Norfolk, VA 23510</td>
<td>Bon Secours DePaul Medical Center Inc Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Deshmukh, Pravin M., MD</td>
<td>(757) 278-2240</td>
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<td>Bon Secours DePaul Medical Center Inc</td>
</tr>
<tr>
<td>Dixon, James G., MD</td>
<td>(757) 446-8920</td>
<td>Norfolk, VA 23507</td>
<td>Bon Secours DePaul Medical Center Inc Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Hodge, Jr., E. Beaumont, MD</td>
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<td>Sentara Family and Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
</tr>
<tr>
<td>Knips, Jennifer L., MD</td>
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<td>Laplace, Lea Solinap, MD</td>
<td>(757) 623-6072</td>
<td>Norfolk, VA 23510</td>
<td>Norfolk Medical Group 301 Riverview Ave Ste 900</td>
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<tr>
<td>Latham, Michelle R, MD</td>
<td>(757) 446-8920</td>
<td>Norfolk, VA 23507</td>
<td>Sentara Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
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<tr>
<td>Ligonett, Amanda R, MD</td>
<td>(757) 252-9300</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
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<tr>
<td>Linsner, Charles A., MD</td>
<td>(757) 583-4329</td>
<td>Norfolk, VA 23505</td>
<td>Bon Secours DePaul Medical Center Inc</td>
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<tr>
<td>Lovell, Jr., Charles F., MD</td>
<td>(757) 623-3038</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
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<tr>
<td>Mann, Jonathan R., MD</td>
<td>(757) 252-9300</td>
<td>Norfolk, VA 23510</td>
<td>Sentara Family and Internal Medicine Physicians (SMG) 850 Kempsville Rd Ste 200A</td>
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Optima Direct Network Providers 9/2019 105
Primary Care Physicians - Tier 1

Manser, Thomas, MD
Pro #: 12097
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Martens, Werner, MD
Pro #: 12073
Drs. Mann, Martens, Camp & Naylor
902 Graydon Ave
Norfolk, VA 23507
(757) 622-1661
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

McEntee, Kathleen P., MD
Pro #: 12098
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mebratu, Semret T., MD
Pro #: 10105764
GHENT STATION MEDICAL ASSOCIATES
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 622-8358
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Moy Kanyinda, Jean-Marie K., MD
Pro #: 10118822
Sentara Family and Internal Medicine Physicians (SMG)
7401 Granby Street
Norfolk, VA 23505
(757) 388-9920
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nowroozi, Maryam, MD
Pro #: 10002090
Tidewater Physicians Multispecialty Group, PC (TPMG)
110 Kingsley Lane Suite 309
Norfolk, VA 23505
(757) 889-2006
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patel, Mit P, MD
Pro #: 10188646
EVMS Medical Group
825 Fairfax Ave Suite 445
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Pavon, Humberto, MD
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Internal Medicine, Kidney and Hypertension Center, PC
5700 Lake Wright Dr Ste 101
Norfolk, VA 23502
(757) 502-4840
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pescok, Thomas R., MD
Pro #: 31105
Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rajan, Soundar, MD
Pro #: 10036226
Park Place Medical Center
3415 Granby St
Norfolk, VA 23504
(757) 533-9108
Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Obici Hospital

Reed, Sharon Budniak, MD
Pro #: 10173352
GHENT STATION MEDICAL ASSOCIATES
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(757) 622-8358
Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Obici Hospital

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Norfolk, VA 23501
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Ryal, Jennifer L., MD
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EVMS Medical Group
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(757) 446-8920
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sadri, Sharon, MD
Pro #: 10025626
Norfolk Internal Medicine, PC
160 Kingsley Ln Ste 500
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Sandved, Karin, MD
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Bayview Physician Services, PC
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Santacruz, Nestor D, MD
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Bayview Medical Center, Inc.
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Pro #: 12134
Kidney and Medical Specialists, PC
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Norfolk, VA 23505
(757) 588-1100
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Scheib, Sherry A., MD
Pro #: 12361
Dedicated Care Center (SMG)
301 Riverview Ave Ste 900
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Sutton, Stuart K., MD
Pro #: 56574
Sentara Family and Internal Medicine Physicians (SMG)
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Pro #: 28837
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Tahhan, Sami Georges, MD
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Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Taylor, Celestia J., DO
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tuanquin-Gonzalez, Leilanie C., MD
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tylman, Thomas A., DO
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Sentara Family Medicine Physicians - SMG
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Norfolk, VA 23510
(757) 252-9150
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Van Gomple, Ryan J., MD
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Webb, Christopher H, DO
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110 Kingsley Lane Suite 309
Norfolk, VA 23505
(757) 889-2006
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Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital

Optima Direct Network Providers 9/2019

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Primary Care Physicians - Tier 1

Norton

Bentley, Jody, DO
Pro#: 10040909
Community Physicians Residency Clinic
96 15th St NW Suite 104
Norton, VA 24273
(276) 439-1871
(276) 679-8890
(276) 639-1871
96 15th St NW Suite 111
Norton, VA 24273
(276) 439-1871
(276) 679-8890

Hospital Affiliations:
Norton Community Hospital

Bewins, Ashley, DO
Pro#: 10050574
Norton Community Physicians
100 15th St NW Suite 307
Norton, VA 24273
(276) 439-1140
1490 Park Ave NW Suite 3
Norton, VA 24273
(276) 679-8890

Hospital Affiliations:
Norton Community Hospital

Couch, Jill K, DO
Pro#: 10169053
Blue Ridge Medical Management Corporation (MSMG IM)
96 15th Street NW Suite 203
Norton, VA 24273
(276) 679-9002

Hospital Affiliations:
Norton Community Hospital

Cusano, Matthew, MD
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Norton Community Physician Services LLC
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Norton, VA 24273
(276) 679-8890
96 15th St NW Suite 111
Norton, VA 24273
(276) 439-1871

Hospital Affiliations:
Norton Community Hospital

Newberry, Brian S, DO
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Norton Community Physician Services LLC
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96 15th St NW Suite 111
Norton, VA 24273
(276) 439-1871

Onley

Murray, Thomas Bradley, MD
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Hospital Affiliations:
Norton Community Hospital

Ramakrishnan, Karthik, MD
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96 15th Street NW Ste 104
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(276) 679-8890

Hospital Affiliations:
Norton Community Hospital

Renfro, Thomas E., MD
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Norton, VA 24273
(276) 679-8890

Hospital Affiliations:
Norton Community Hospital

Russell County Hospital

Sergeant, Bernie N., DO
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Norton, VA 24273
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96 15th St NW Suite 104
Norton, VA 24273
(276) 679-8890

Hospital Affiliations:
Norton Community Hospital

Baker, Randolph M., MD
Pro#: 10169022
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(434) 654-4680

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Rolfe, Paige B., MD
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(434) 654-4680

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Chesapeake

Copey, Christopher S., DO
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Buchanan Health Care, LLC
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Oakwood, VA 24631
(276) 498-3446

Hospital Affiliations:
Buchanan General Hospital

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Pro#: 10087153
Ramesh Kabaria MD PC
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Oakwood, VA 24631
(276) 498-4571

Hospital Affiliations:
Buchanan General Hospital

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Central Virginia Community Health Center (CVHS)(CCNV)
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(804) 733-5591
541 S Sycamore Street
Petersburg, VA 23803
(804) 957-9601

Hospital Affiliations:
Southside Regional Medical Center

Khanna, Siddharth, MD
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(757) 391-5880
301 Goodway Ste 103
Portsmouth, VA 23704
(757) 399-0701

Hospital Affiliations:
Bon Secours DePaul Medical Center

Prashant, Ramesh, MD
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Kadarnath S. Boodram, MD
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(434) 654-4680

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Chesapeake

Boodram, Kadarnath S., MD
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Kadarnath S. Boodram, MD
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(434) 654-4680

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Ende, Mark, MD
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Enge Medical Practice LLP
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Petersburg, VA 23803
(804) 733-8771

Feild, Bolling J., MD
Pro#: 11401
Bolling J. Feild, MD
507 S Sycamore St
Petersburg, VA 23803
(804) 861-8444

Saraiya, Bhavna, MD
Pro#: 10046737
Southside Primary Care - Petersburg
50 Medical Park Blvd Suite C and D
Petersburg, VA 23805
(804) 733-8821

Hospital Affiliations:
Southside Regional Medical Center

Shandilya, Loknath, MD
Pro#: 10428
TRI-CITY HEALTH CARE, LLC
95 Medical Park Blvd
Petersburg, VA 23805
(804) 526-3500

Hospital Affiliations:
Southside Regional Medical Center

Petersburg

Sanson, James, MD
Pro#: 22117
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3300 High Street Ste A
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(757) 399-4341

Hospital Affiliations:
Bon Secours DePaul Medical Center

Christie, Catherine P., MD
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Portsmouth, VA 23704
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Hospital Affiliations:
Bon Secours DePaul Medical Center

Poquoson

Bhowmik, Nihar Ranjan, MD
Pro#: 41060
Bhawmik Medical Practice
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Portsmouth, VA 23704
(757) 399-0701

Hospital Affiliations:
Southside Regional Medical Center

Cochran, James R, MD
Pro#: 42211
Bon Secours Internal Medicine of Portsmouth
3300 High Street Ste A
Petersburg, VA 23803
(757) 399-4341

Hospital Affiliations:
Bon Secours DePaul Medical Center
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<th>Location</th>
<th>Primary Care Physicians - Tier 1</th>
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<tr>
<td>Powhatan</td>
<td>Joseph, Sharon, MD &lt;br&gt;Prov#: 10085289 &lt;br&gt;Bon Secours St. Francis - Powhatan &lt;br&gt;Medical Associates &lt;br&gt;3452 Anderson Highway Ste D &lt;br&gt;Powhatan, VA 23139 &lt;br&gt;(804) 285-6050 &lt;br&gt;Prov#: 10022249 &lt;br&gt;Powhatan Medical Associates &lt;br&gt;3452 Anderson Highway Suite D &lt;br&gt;Powhatan, VA 23139 &lt;br&gt;(804) 285-6050 &lt;br&gt;<strong>Hospital Affiliations:</strong> &lt;br&gt;Bon Secours St. Francis Medical Center &lt;br&gt;Chippinham Medical Center/Johnston-Willis Hospital</td>
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<td>Purcellville</td>
<td>Feely, Thomas A, MD &lt;br&gt;Prov#: 10172034 &lt;br&gt;Loudoun Internal Medicine Associates &lt;br&gt;921 E Main Street Suite D &lt;br&gt;Purcellville, VA 20132 &lt;br&gt;(703) 858-3220</td>
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<tr>
<td>Richmond</td>
<td>Aboff, Brian M., MD &lt;br&gt;Prov#: 10188001 &lt;br&gt;MCV Associated Physicians (Internal Medicine) &lt;br&gt;1300 E Marshall Street &lt;br&gt;Richmond, VA 23298 &lt;br&gt;(804) 828-3050 &lt;br&gt;<strong>Hospital Affiliations:</strong> &lt;br&gt;VCU Health System/MCV</td>
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<td>Radford</td>
<td>Jamison, Thomas Scott, MD &lt;br&gt;Prov#: 10075641 &lt;br&gt;Christiansburg Internal Medicine, LLC &lt;br&gt;614 East Main Street &lt;br&gt;Radford, VA 24141 &lt;br&gt;(540) 731-1600</td>
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<td>MD/Pro#:</td>
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<td>Bergman, Carl J., MD</td>
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<td>Bhat, Shridhar V., MD</td>
<td>45845</td>
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<td>Bowman, Randall, MD</td>
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<td>Brengel, George R., MD</td>
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<td>Brennan, Kathryn A., MD</td>
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<td>Carter, Renee Y, MD</td>
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<td>Cho, Kathie H, MD</td>
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<td>Christensen, J Stephen, MD</td>
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<td>Clasby, Sheila, MD</td>
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<td>Copyright, Leah A, MD</td>
<td>10170306</td>
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<td>Cogna, Elizabeth J., MD</td>
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<td>Cotture, Leah A, MD</td>
<td>10171306</td>
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<td>Daniel III, John M., MD</td>
<td>36378</td>
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<td>Disler, Robin S., MD</td>
<td>10085266</td>
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<td>Domah, Nau Deavin, MD</td>
<td>10090940</td>
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<td>Primary Care Physicians - Tier 1</td>
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<td>Elliott, Charmaine, MD</td>
<td>10196922</td>
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<td>East Internal Medicine Associates</td>
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<td>West End Internal Medicine Associates</td>
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Optima Direct Network Providers 9/2019 109
George, Lisa L., MD
Pro#: 10059503
MCV Associated Physicians (Internal Medicine)
9000 Stony Point Pkwy
Richmond, VA 23235
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Hospital Affiliations:
VCU Health System/MCV

Ferguson, Jennifer M., MD
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Ferrar, William L., MD
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Primary Care of West End LLC
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Richmond, VA 23294
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Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

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Bon Secours St. Marys Hospital

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Hospital Affiliations:
VCU Health System/MCV

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Richmond, VA 23230
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Pro#: 10048536
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Richmond, VA 23230
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Hospital Affiliations:
Bon Secours St. Marys Hospital

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Hospital Affiliations:
Bon Secours St. Marys Hospital

Hendrix, IV, W. Clifford, MD
Pro#: 44071
Dr. Wickham, Titus, Hendrix, Turner & Pahle
2201 Grove Ave
Richmond, VA 23220
(804) 359-1351
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

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Hospital Affiliations:
VCU Health System/MCV

Holmes, Carmen, MD
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Patient First
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Hossain, Nasiffa, MD
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(804) 254-3500
Hospital Affiliations:
VCU Health System/MCV

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Richmond, VA 23298
(804) 828-0381
Hospital Affiliations:
VCU Health System/MCV

Ibe, Ikenna C., MD
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South Richmond, VA 23226
(804) 977-8915
Hospital Affiliations:
Bon Secours St. Marys Hospital
Community Hospital

Bon Secours St. Marys Hospital
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Community Memorial Hospital

Istakovich, Rozana A., MD
Pro#: 235006
Healthwest, PC
7660 E Parham Rd Ste 204
Richmond, VA 23294
(804) 364-8802
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Jackson, Horace J., MD
Pro#: 10204062
Horace J Jackson
2025 E Main Street Suite B7
Richmond, VA 23223
(804) 788-0556
Hospital Affiliations:
Bon Secours Richmond Community Hospital

Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Jackson, Richard A., MD
Pro#: 44130
Dominion Medical Associates
304 E Leigh St
Richmond, VA 23219
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Jenkins, Elizabeth M., MD
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(804) 359-1351
Hospital Affiliations:
Bon Secours St. Marys Hospital

Johnson, Wanda A., MD
Pro#: 12939
MCV Associated Physicians (Internal Medicine)
417 N 11th Street
Richmond, VA 23298
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Hospital Affiliations:
VCU Health System/MCV
Primary Care Physicians - Tier 1

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Pro#: 43929
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Karim, Khalid, MD
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(804) 893-8627

Khan, Tahir Hassan, MD
Pro#: 10173721
Bon Secours Richmond Community Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
VCU Health System/MCV

Kladder, Virginia P., MD
Pro#: 10007683
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
Bon Secours St. Marys Hospital

Koch, Deborah, MD
Pro#: 10103678
MVC Associated Physicians (Internal Medicine)
9000 Stony Point Pkwy
Richmond, VA 23235
(804) 560-8950

Hospital Affiliations:
Bon Secours St. Marys Hospital

Koontz, Warren S., MD
Pro#: 94066
Henrico Internist/Commonwealth Primary Care Inc
1800 Glenisle Drive Suite 110
Richmond, VA 23226
(804) 288-3001

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

Krones, Ariella, MD
Pro#: 10206874
MVC Associated Physicians (Internal Medicine)
417 N 11th Street
Richmond, VA 23298
(804) 828-8786

Hospital Affiliations:
VCU Health System/MCV

Latham-Solomon, Vicki B., MD
Pro#: 10137271
Bon Secours Canal Crossing
Internal Medicine
115 S 115TH Street Suite 501
Richmond, VA 23219
(804) 298-3460

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Lawson, Jr, Harold, MD
Pro#: 10134618
Bon Secours St Mary's Hospital of Richmond Inc (Hospitalist)
7001 Forest Ave Suite 2500
Richmond, VA 23230
(804) 282-7857

Hospital Affiliations:
Bon Secours St. Marys Hospital

Lee, Bennett, MD
Pro#: 10012490
MVC Associated Physicians (Internal Medicine)
417 N 11th Street
Richmond, VA 23298
(804) 828-0381

Hospital Affiliations:
Bon Secours St. Marys Hospital

Leeiner, Charles D., MD
Pro#: 10183886
MVC Associated Physicians (Internal Medicine)
1300 E Marshall Street
Richmond, VA 23298
(804) 828-9726

Hospital Affiliations:
VCU Health System/MCV

Leary, Megan S, MD
Pro#: 10151043
MVC Associated Physicians (Internal Medicine)
417 N 11th St
Richmond, VA 23298
(804) 828-9357

Hospital Affiliations:
VCU Health System/MCV

L’Heureux, Michael J., MD
Pro#: 10187181
MVC Associated Physicians (Internal Medicine)
1300 E Marshall Street
Richmond, VA 23298
(804) 828-9726

Hospital Affiliations:
VCU Health System/MCV

Lipato, Thookenzi, MD
Pro#: 10112564
MVC Associated Physicians (Internal Medicine)
417 N 11th St
Richmond, VA 23298
(804) 828-9357

Hospital Affiliations:
VCU Health System/MCV

Mahajan, Satish K, MD
Pro#: 40373
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

Hospital Affiliations:
Children's Hospital of Richmond of the VCU Health System

Marcelo, Carolyn J., MD
Pro#: 10169206
MVC Associated Physicians (Internal Medicine)
1300 E Marshall Street
Richmond, VA 23298
(804) 828-3144

Hospital Affiliations:
VCU Health System/MCV

Marcelo, Catherine J, MD
Pro#: 10169141
MVC Associated Physicians (Internal Medicine)
1300 E Marshall Street
Richmond, VA 23298
(804) 828-3144

Hospital Affiliations:
VCU Health System/MCV

McConnell, Amy C., MD
Pro#: 58607
Commonwealth Internal Medicine Associates (Bon Secours St Mary)
9220 Forest Hill Ave Suite 1A
Richmond, VA 23235
(804) 560-8838

Melchior, Ryan, DO
Pro#: 10156072
Bon Secours Physician Monument
Internal Medicine
5855 Bremo Rd Ste 102
Richmond, VA 23226
(804) 563-2814

Hospital Affiliations:
HealthSouth Rehabilitation Hospital of Virginia
Henrico Doctors’ Hospital - Forest Campus

Minai, Omar, MD
Pro#: 10181049
Bon Secours Physician Monument
Internal Medicine
5855 Bremo Rd Ste 102
Richmond, VA 23226
(804) 563-2814

Hospital Affiliations:
HealthSouth Rehabilitation Hospital of Virginia
Henrico Doctors’ Hospital - Forest Campus

Minai, Omar, MD
Pro#: 45878
Bon Secours Physician Monument
Internal Medicine
5855 Bremo Rd Ste 102
Richmond, VA 23226
(804) 563-2814

Hospital Affiliations:
HealthSouth Rehabilitation Hospital of Virginia

Mirshahi, Sakina K., MD
Pro#: 10002955
Patient First
3370 Pump Rd
Richmond, VA 23221
(804) 360-8061

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Motley, Stuart, MD
Pro#: 1009544
Virginia Physicians, Inc.
6900 Forest Avenue Suite 300
Richmond, VA 23230
(804) 545-9529

Pahl, Nancy Jo, MD
Pro#: 44073
Drs. Wickham, Tutis, Hendrix, Turner & Pahle
2201 Grove Ave
Richmond, VA 23220
(804) 359-1351

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Pang, Richard, MD
Pro#: 10169977
Bon Secours Associated Internists
7001 Forest Ave Suite 405
Richmond, VA 23230
(804) 288-3079
Primary Care Physicians - Tier 1

Park, Suzie, MD  
Provs: 10086097  
MCV Associated Physicians  
(Internal Medicine)  
9000 Stony Point Pkwy  
Richmond, VA 23235  
(804) 560-8950

Patel, Anil, MD  
Provs: 10177980  
Vibra Physicians, LLC  
2220 Edward Holland Drive  
Richmond, VA 23230  
(843) 654-7689

Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Paul B. D. Medical Center  
Richmond, VA 23298  
(804) 288-3291

Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
St. Mary's Hospital

Popovich, Stephen J., MD  
Provs: 10164012  
The Daily Planet Inc  
517 West Grace Street  
Richmond, VA 23220  
(804) 783-2505

Hospital Affiliations:  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center

Raczok, Kathryn M, MD  
Provs: 10149472  
MCV Associated Physicians  
(Internal Medicine)  
11116 West Laburnum Avenue  
Richmond, VA 23227  
(804) 254-3500

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus  
VCU Health System/MCV

Rahaj, Mohammad, MD  
Provs: 10209525  
Vibra Physicians, LLC  
2220 Edward Holland Drive  
Richmond, VA 23230  
(843) 654-7689

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus  
VCU Health System/MCV

Ravishankar, Jayashree, MD  
Provs: 10102196  
Bon Secours Physician Monument Internal Medicine  
5855 Bremo Rd Ste 102  
Richmond, VA 23226  
(804) 673-2814

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Ritter, Evan M, MD  
Provs: 10151661  
MCV Associated Physicians  
(Internal Medicine)  
1300 E Marshall Street  
Richmond, VA 23298  
(804) 828-9726

Hospital Affiliations:  
VCU Health System/MCV

Rose, III, Leslie W., MD  
Provs: 10016608  
James River Primary Care  
7605 Forest Ave Ste 100  
Richmond, VA 23229  
(804) 288-8338

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Rowe, Joy P., MD  
Provs: 10105815  
PartnerMD, PC  
7001 Forest Avenue Suite 302  
Richmond, VA 23230  
(804) 282-2655

Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus

Schroth, Laura A., DO  
Provs: 10102196  
Bon Secours Physician Monument Internal Medicine  
5855 Bremo Rd Ste 102  
Richmond, VA 23226  
(804) 673-2814

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Shook, Zachary, MD  
Provs: 10009993  
Virginia Physicians, Inc.  
6900 Forest Avenue Suite 300  
Richmond, VA 23220  
(804) 545-9529

Hospital Affiliations:  
HealthSouth Rehabilitation  
Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Strazullo, John F, MD  
Provs: 69515  
Patient First  
3370 Pump Rd  
Richmond, VA 23221  
(804) 360-8061

Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Tate, Richard S., MD  
Provs: 95887  
Henrico Internist/Commonwealth  
Primary Care Inc  
1800 Glenmore Drive Suite 101  
Richmond, VA 23226  
(804) 288-0057

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Titus, C. Kent, MD  
Provs: 44074  
Drs. Wickham, Titus, Hendrix,  
Prov#: 10049133  
St. Mary's Hospital

Tran, Minh M., MD  
Provs: 51116  
Virginia Physicians, Inc.  
6900 Forest Avenue Suite 300  
Richmond, VA 23220  
(804) 545-9529

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Tran, Robert T., MD  
Provs: 44135  
James River Primary Care  
7605 Forest Ave Ste 100  
Richmond, VA 23229  
(804) 288-8338

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Optima Direct Network Providers 9/2019

OptimaHealth
Primary Care Physicians - Tier 1

Gardner, James H., MD
Prov#: 10181921
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Hospital Affiliations:
Optima Direct Network Providers 9/2019
(540) 224-5170
Roanoke, VA 24016
3 Riverside Cir
CARILION MEDICAL CENTER
Prov#: 10188220

Gibbons, David M., MD
Prov#: 10167163
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Lewis-Gale Medical Center

Gohar, Salman, MD
Prov#: 10095967
Carilion Clinic Internal Medicine - Riverside 3
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Bedford Memorial Hospital

Grove, Jr., Lucian Y., MD
Prov#: 10148009
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jaeger, Anne M., MD
Prov#: 10180125
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jamison, Suzanna C., MD
Prov#: 10195177
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Jaswani, Sanjay Madhu, MD
Prov#: 10173586
Lewis-Gale Physicians, LLC
5303 Indian Grave Road
Roanoke, VA 24018
(540) 725-3060

Johnson, Bruce, MD
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Carilion Internal Medicine-Roanoke
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Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Karajee, Raina, MD
Prov#: 10205686
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kaushal, Ashutosh, MD
Prov#: 10027674
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Kiney, Adrienne M., DO
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Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kitchin, Patricia L, DO
Prov#: 10152855
Internal Medicine of Roanoke, PC
1315 2nd St SW Suite 202
Roanoke, VA 24016
(540) 344-3020

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lantz, Jeri L., MD
Prov#: 10031276
Carilion Internal Medicine-Roanoke
1030 S Jefferson St Suite 106
Roanoke, VA 24016
(540) 985-8100
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Luntz, Jeri L., MD
Prov#: 10031276
Carilion Internal Medicine-Roanoke
1030 S Jefferson St Suite 106
Roanoke, VA 24016
(540) 985-8100
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Matson, Robert, MD
Prov#: 10086060
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Murchison, Ross, MD
Prov#: 10030681
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Noblett, Russell, MD
Prov#: 10090204
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Patel, Vishal D, MD
Prov#: 10030730
CARILION MEDICAL CENTER
1314 Peters Creek Rd
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Raza, Quasir, MD
Prov#: 10075322
Lewis-Gale Physicians, LLC
6136 Peters Creek Road
Roanoke, VA 24019
(540) 283-3660

Hospital Affiliations:
Lewis-Gale Alleghany
Columbia Pulaski Community
Lewis-Gale Pulaski Community
Lewis-Gale Medical Center
Montgomery Regional Hospital
Edward Gallie Hospital
Lewis-Gale Hospital

Schleupner, Mark, MD
Prov#: 10031559
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Self, Lauren S., DO
Prov#: 10193032
CARILION MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Singh, Chand, MD
Prov#: 10102560
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pagan, Elvis R., MD
Prov#: 10035301
CARILION MEDICAL CENTER
2001 Crystal Springs Avenue
Roanoke, VA 24014
(540) 853-0755

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Perkins Jr, John C, MD
Prov#: 10207696
CARILION MEDICAL CENTER
1314 Peters Creek Rd
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Primary Care Physicians - Tier 1

Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 1

Smales, William P., MD  
Pro#: 10124891  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 266-6950  
Hospital Affiliations:  
CARILION Roanoke Memorial Hospital

Wong, Fatima J., DO  
Pro#: 10124891  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 266-6950  
Hospital Affiliations:  
CARILION Roanoke Memorial Hospital

Wood, Christopher Don, DO  
Pro#: 10096925  
CARILION MEDICAL CENTER  
1006 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Spring Avenue Suite 302  
Roanoke, VA 24014  
(540) 981-7653  
3 Riverside Circle  
Roanoke, VA 24016  
(540) 224-5170

Saint Paul

Renfro, Thomas E., MD  
Pro#: 10118801  
MSMG FP ST PA (Mountain States Health Alliance)  
16431 Wise Street  
Saint Paul, VA 24283  
(706) 762-2300

Hospital Affiliations:  
Norton Community Hospital  
Russell County Hospital

Glonz, Gary E., MD  
Pro#: 10045018  
Lewis-Gale Physicians, LLC  
2155 Apperson Drive  
Salem, VA 24153  
(540) 772-3490

Griffin, Edward Alan, MD  
Pro#: 1005751  
Lewis-Gale Physicians, LLC  
2155 Apperson Drive  
Salem, VA 24153  
(540) 444-2010

Hospital Affiliations:  
Lewis-Gale Medical Center

Grove, Jr., Lucian Y., MD  
Pro#: 10148099  
Carilion Healthcare Corporation  
1935 W Main St  
Salem, VA 24153  
(540) 387-0441

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Habib, Roy, MD  
Pro#: 10051921  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-3490

Hospital Affiliations:  
Lewis-Gale Medical Center

Raza, Quasir, MD  
Pro#: 10075322  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 283-3660

Hospital Affiliations:  
Lewis-Gale Medical Center

Raza, Syed Abid, MD  
Pro#: 66974  
Valley Internal Medicine, PC  
3737 W Main Street Suite 102  
Salem, VA 24153  
(540) 380-3722

Hospital Affiliations:  
Lewis-Gale Medical Center

Smithfield

Pope, Shannon, MD  
Pro#: 60554  
Family Medical Care of Smithfield PLC  
201 Gunwood Dr  
Smithfield, VA 23430  
(757) 357-3331

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center
Primary Care Physicians - Tier 1

South Boston

Hall, Sherry L., MD  Provs#: 20602
Southside Medical Associates, PC  2202-A Beechmont Rd
South Boston, VA 24592
(434) 575-6300
Otero-Truit, Tessie, MD  Provs#: 44141
Halifax Endocrinology & Osteoporosis
2232 Willborn Ave
South Boston, VA 23952
(434) 577-5864

Pambid, Leovigil D., MD  Provs#: 10068492
Sentara Halifax Family Medicine 101 Aubreys Loop
South Boston, VA 23952
(434) 517-3879

Patel, Babita B., MD  Provs#: 10079041
Halifax Internal Medicine, PLLC
2232 Willborn Ave
South Boston, VA 24592
(434) 517-6180

Hospital Affiliations: Halifax Regional Hospital

Sydnor, III, Walton Kirkham, MD  Provs#: 10176573
Centra Medical Group, LLC 3401 Old Halifax Road Suite E
South Boston, VA 23952
(434) 575-1103

Hospital Affiliations: Centra Lynchburg General Hospital

Costa, James F., MD  Provs#: 52529
Pulmonary Associates of Southside VA
2210 Willborn Ave
South Boston, VA 24592
(434) 575-5864

South Hill

McDonald, Kelly, MD  Provs#: 10177828
CMH Physician Services, LLC 1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Powers, Linda P., MD  Provs#: 43951
Southside Medical Management Inc 514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Staunton

Alexander, Kerry, MD  Provs#: 51326
AH Staunton Medical Associates 42 Lambert Street Suite 511
Staunton, VA 24401
(540) 886-6259

Hospital Affiliations: Augusta Medical Center

Moore Jr., Harry L., MD  Provs#: 20569
Mint Spring Medical Clinic 55 Mint Spring Cir
Stafford, VA 24401
(540) 337-2930

Hospital Affiliations: Augusta Medical Center

Pitsilos, Stephanie, MD  Provs#: 10008494
AH Staunton Medical Associates 42 Lambert Street Suite 511
Staunton, VA 24401
(540) 886-6259

Hospital Affiliations: Augusta Medical Center

Sterling

Greco, Judith, MD  Provs#: 10052238
Linda Coleman MD 2 Pidgeon Hill Drive Suite 400
Sterling, VA 20165
(703) 430-7090

Kim, Young Kwan, DO  Provs#: 10100916
Patient First - Sterling 47100 Community Place
Sterling, VA 20164
(703) 863-1403

Hospital Affiliations: Novant Health UVA Health System

Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Anil J., MD  Provs#: 10123865
Loudoun Medical Group PC 21495 Ridgetop Circle Suite 302
Sterling, VA 20165
(703) 430-6600

Quidwai, Asima, MD  Provs#: 10119198
Patient First - Sterling 47100 Community Place
Sterling, VA 20164
(703) 863-1403

Hospital Affiliations: VCU Health System/VCU

Sonde, Mehru M., MD  Provs#: 10190121
Vein Clinics of America 14 Pidgeon Hill Dr Ste 260
Sterling, VA 20165
(571) 313-3771

Optima Direct Network Providers 9/2019

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Primary Care Physicians - Tier 1

Suffolk

Abu-Abi, Michael S., MD
ProV#: 55524
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 539-0251
4868 Bridge Road
Suffolk, VA 23435
(757) 483-7900
Hospital Affiliations:
- Sentara Obici Hospital

Kratoil, Kristina R., MD
ProV#: 10208629
Sentara Family Medicine Physicians
3920 A Bridge Rd Ste 207
Suffolk, VA 23435
(757) 983-2200
Hospital Affiliations:
- Sentara Obici Hospital

Mackinnon, Roderick R., MD
ProV#: 22007
Internists of Churchland
7185 Harbour Towne Pkwy Suite 206
Suffolk, VA 23435
(757) 484-5828
Hospital Affiliations:
- Bon Secours Maryview Medical Center

Malik, Rajul, MD
ProV#: 96624
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9606
4868 Bridge Road
Suffolk, VA 23435
(757) 483-7100
Hospital Affiliations:
- Sentara Virginia Beach General Hospital

Mason, Jessica A, MD
ProV#: 10344803
Tri-Cities Medical Associates
7185 Harbour Towne Pkwy Suite 206
Suffolk, VA 23435
(757) 484-5828
Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara CarePlex Hospital

Tappahannock

Bucher, Bruce M., MD
ProV#: 10007452
Tappahannock Primary Care
3122 Tappahannock Blvd
2118 Tappahannock, VA 22560
(804) 443-5378
Hospital Affiliations:
- Riverside Tappahannock Hospital

Tazewell

Carpio, Pablo M., MD
ProV#: 10049519
Pablo M. Carpio, MD, PC
840 E Fincastle Tpke
Tazewell, VA 24651
(276) 988-8103
Hospital Affiliations:
- Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
- Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital
- Norton Community Hospital

OpptaDirect Network Providers 9/2019
Primary Care Physicians - Tier 1

Gohar, Salman, MD
Pro#: 10095967
Carilion Clinic Internal Medicine - Riverside 3
Carilion Tazewell Community Hospital 141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8700

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Stonewall Jackson Hospital

Lee, Kenneth H., MD
Pro#: 10116379
CARILION MEDICAL CENTER
141 Ben Bolt Ave
Vansant, VA 24656

Vein Clinics of America
Prov#: 10190121
Inova Fairfax Hospital

Joseph, Bridget, MD
Pro#: 10036375
Appalachian Family Care, LLC
18765 Riverside Dr
Vansant, VA 24656
(276) 935-2880

Hospital Affiliations:
Johnson City Medical Center
Wellmont Bristol Regional Medical Center

Quinn, Donald R., MD
Pro#: 10044757
Appalachian Family Care, LLC
18765 Riverside Dr
Vansant, VA 24656
(276) 935-2880

Hospital Affiliations:
Johnson City Medical Center
Wellmont Bristol Regional Medical Center

Lee, Kenneth H., MD
Pro#: 10036375
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Sonde, Mehru M., MD
Pro#: 10190121
Ycin Clinics of America
1500 Countryside Blvd Ste 300
Vienna, VA 22182
(703) 356-1010

Yi, Su C., MD
Pro#: 900917
Vienna Family Medicine
115 Park Street SE Ste 300
Vienna, VA 22180
(703) 255-9100

Hospital Affiliations:
Inova Fairfax Hospital

Virginia Beach

Amabile, Anthony T., MD
Pro#: 100917
Bayview Medical Center, Inc.
816 Independence Blvd Ste G
Virginia Beach, VA 23455
(757) 464-2013

Hospital Affiliations:
Sentara Princess Anne Hospital

Austin, Warren E, MD
Pro#: 10190642
Bayview Physician Services, PC
1925 Glenn Mitchell Dr Ste 100
Virginia Beach, VA 23456
(757) 689-8430

Brennan, Sirisha, MD
Pro#: 10169702
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Bon Secours St. Marys Hospital

Chance, Amanda, MD
Pro#: 10186669
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Cohen, Edith J., MD
Pro#: 68652
Bayview Physician Services, PC
1020 Independence Blvd Ste 202
Virginia Beach, VA 23455
(757) 464-6944

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Curulla, Richard M., MD
Pro#: 27868
Sentara Family and Internal Medicine Physicians (SMG)
1925 Glenn Mitchell Dr Ste 202
Virginia Beach, VA 23456
(757) 507-0909

Hospital Affiliations:
Sentara Bayside Hospital

Dalton, Catherine, MD
Pro#: 91733
Bayview Medical Center, Inc.
816 Independence Blvd Ste G
Virginia Beach, VA 23455
(757) 464-2013

Derber, Paul, MD
Pro#: 10078646
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Bayside Hospital

Forestiere, Joseph, MD
Pro#: 12569
Joseph Forestiere, MD
533 Newtown Rd Ste 104
Virginia Beach, VA 23462
(757) 490-2855

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Frank, Janine M., MD
Pro#: 10171222
Bayview Physician Services, PC
1925 Glenn Mitchell Dr Ste 101
Virginia Beach, VA 23456
(757) 689-8430

Franzi-Osborne, Rebecca, MD
Pro#: 10176773
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Sentara Obici Hospital

Garris, Sheila, MD
Pro#: 50843
Bon Secours Town Center Medical Associates
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23452
(757) 738-1300

Gugel, Shawna, DO
Pro#: 10004250
Patient First
1605 General Booth Blvd
Virginia Beach, VA 23454
(757) 721-0512

Haden, David S., MD
Pro#: 54539
David S. Haden, MD, PC
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 721-0512

Hasan, Faiz, MD
Pro#: 10069392
Little Neck Medical Center, Inc.
3500 Va Beach Blvd Ste 100
Virginia Beach, VA 23452
(757) 502-8966

Hasan, Tajamul, MD
Pro#: 10141168
Pleasant Valley Medical Center
4221 Pleasant Valley Rd Ste 114
Virginia Beach, VA 23464
(757) 495-7420

Hospital Affiliations:
Chesapeake Regional Medical Center

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hipol, Rose D., MD
Pro#: 703O5
Hipol Clinic
701 Independence Cir
Virginia Beach, VA 23455
(757) 499-6395

Hospital Affiliations:
Sentara Bayside Hospital

Holmes, Bert W., MD
Pro#: 10160237
Patient Choice Oceana
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23462
(757) 738-1300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Jackson, Leroy T., MD
Pro#: 10207568
Legacy Care, LLC
1604 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 222-0303

Hospital Affiliations:
Sentara Obici Hospital

Kamel, Nancy, MD
Pro#: 10137030
Tidewater Physicians Multispecialty Group, PC (TPMG)
1232 Perimeter Parkway Suite 101
Virginia Beach, VA 23454
(757) 821-2088

Keys-Frezzell, Dana J., MD
Pro#: 10175937
Patient First - Holland Rd
3432 Holland Road
Virginia Beach, VA 23452
(757) 468-1855

Kumar, Anita C., MD
Pro#: 10027686
Bon Secours Medical Associates
4445 Corporation Ln Ste 120
Virginia Beach, VA 23462
(757) 213-6980

828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Sentara Obici Hospital

Kurtz, Eleanor J., MD
Pro#: 10100823
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Sentara Obici Hospital

Le, Dau T., MD
Pro#: 68417
Dau T. Le, MD
5444 Virginia Beach Blvd Suite 104
Virginia Beach, VA 23462
(757) 671-8746

Hospital Affiliations:
Sentara Bayside Hospital

Optima Direct Network Providers 9/2019 118

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Primary Care Physicians - Tier 1

6677 Richmond Highway
Alexandria, VA 22306
(703) 555-5568

Farber, Jon M., MD
Prox#: 10017814
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Focht, Cheryl Ann, MD
Prox#: 10016966
Neighborhood Health
2 East Glebe Road
Alexandria, VA 22305
(703) 555-5568
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 360-0300
6677 Richmond Highway
Alexandria, VA 22306
(703) 555-5568

Lazaroea, Susan E., MD
Prox#: 10034506
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Lundgren, Kathleen, MD
Prox#: 10071591
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Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Omidsar, Berna, MD
Prox#: 10114400
Hispanic American Pediatric Associates
5130 Duke Street Suite 7
Alexandria, VA 22304
(703) 751-2021

Omidsar, Jemal, MD
Prox#: 10108587
Hispanic American Pediatric Associates
5130 Duke Street Suite 7
Alexandria, VA 22304
(703) 751-2021

Park, Sue Y., MD
Prox#: 10058238
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Powell, Clydette, MD
Prox#: 10167048
Alexandria Neighborhood Health Services Inc
2 East Glebe Road
Alexandria, VA 22305
(703) 555-5568

Prior, Megan, MD
Prox#: 10205782
Neighborhood Health
2 East Glebe Road
Alexandria, VA 22305
(703) 555-5568
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 555-5568

Shamim, Tabassum, MD
Prox#: 10199714
Neighborhood Health
1200 N Howard St
Alexandria, VA 22304
(703) 555-5568
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 555-5568

Southamakosanan, Cathy, MD
Prox#: 10159136
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Sullivan, Brendan, MD
Prox#: 10039295
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Tam, Pilar G., MD
Prox#: 10003191
Neighborhood Health
2 East Glebe Avenue
Alexandria, VA 22305
(703) 555-5568
3804 Executive Ave
Alexandria, VA 22305

Taylor, Brittany M., MD
Prox#: 10203879
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Welman, Martha, MD
Prox#: 90236
Neighborhood Health
2 East Glebe Avenue
Alexandria, VA 22305
(703) 555-5568
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 360-0300

Altavista

Devold, Kimberly M., MD
Prox#: 10121657
Centra Medical Group, LLC
1280A Main St
Altavista, VA 24517
(434) 309-1165

Amelia

Campbell, Margaret Rodgers, MD
Prox#: 10097980
Southern Dominion Health Systems Inc
8920 Otterburn Road
Amelia, VA 23002
(804) 561-5150

Hospital Affiliations:
Chippens Medical Center/ Johnstown-Willis Hospital
John Randolph Medical Center

Amelia Court House

Cardone, Jennifer Anne, MD
Prox#: 10185112
Dinwiddie Medical Center and Counseling Center
8920 Otterburn Road
Amelia Court House, VA 23002
(804) 561-5150

Hospital Affiliations:
Chippens Medical Center/ Johnstown-Willis Hospital
John Randolph Medical Center

Amherst

Coleman, Jason, MD
Prox#: 10203748
Centra Medical Group, LLC
124 Amherst Court
Amherst, VA 24521
(434) 946-9565

Hospital Affiliations:
Centra Lynburn General Hospital

Sequeira, Deryk C, MD
Prox#: 10189901
Centra Medical Group, LLC
124 Amherst Plaza
Amherst, VA 24521
(434) 656-1274

Hospital Affiliations:
Centra Lynburn General Hospital
VCU Health System/MCV

Annandale

Cheema, Abbudssalam, MD
Prox#: 10105066
American Kids Care PC
7008-B Little River Turnpike
Annandale, VA 22003
(703) 914-2723

Hospital Affiliations:
Inova Fairfax Hospital

Cheema, Sarah Ijaz, MD
Prox#: 10171316
American Kids Care PC
7008 Little River Tpke Ste B
Annandale, VA 22003
(703) 914-2723

Elimi, Ahmad, MD
Prox#: 10200164
Ahmad Emili
7501 Little River Tpke Ste 202
Annandale, VA 22003
(703) 256-7200

Ashburn

Arichandran, Narmatha, MD
Prox#: 10052276
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Belay, Amie, MD
Prox#: 70805
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Carroll, Maura, MD
Prox#: 10040112
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Christian, Shirley, MD
Prox#: 98733
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 729-7652

Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
Prox#: 10055587
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 729-7652

Hospital Affiliations:
Inova Fairfax Hospital
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Optima Direct Network Providers 9/2019
**Primary Care Physicians - Tier 1**

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<td>Berryville</td>
<td>Adem, Keriya, MD</td>
<td>Loudoun Pediatric Associates, 15 First Street, Berryville, VA 22611</td>
<td>(540) 955-8140</td>
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<td>Connolly, Nicole, MD</td>
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<td>Gaither, Amber, MD</td>
<td>Loudoun Pediatric Associates, 15 First Street, Berryville, VA 22611</td>
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<td>Hutchinson, Lisa M., MD</td>
<td>Loudoun Pediatric Associates, 15 First Street, Berryville, VA 22611</td>
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<td>Madrid, Joel, MD</td>
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<td>Roychohdhury, Anya, MD</td>
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<td>Abraham, Ani, MD</td>
<td>3708 S Main Street Ste B, Blacksburg, VA 24060</td>
<td>(540) 443-7180</td>
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<td>Abraham-Hardee, Sofia, DO</td>
<td>3700 South Main St, Blacksburg, VA 24060</td>
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<td>Berry, David E., DO</td>
<td>3708 S Main Street Ste B, Blacksburg, VA 24060</td>
<td>(540) 443-7180</td>
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<td>Collins, Ann, DO</td>
<td>3700 South Main St, Blacksburg, VA 24060</td>
<td>(540) 552-7272</td>
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<td>Kozar, Christina A., DO</td>
<td>3708 S Main Street Ste B, Blacksburg, VA 24060</td>
<td>(540) 443-7180</td>
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<td>McCleary, Paul G., MD</td>
<td>3708 S Main Street Ste A, Blacksburg, VA 24060</td>
<td>(540) 552-7272</td>
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<td>Mogen, Florence H., MD</td>
<td>3706 S Main Street, Blacksburg, VA 24060</td>
<td>(540) 552-7272</td>
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**Bluefield**

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<td>Preedom, Amanda E., MD</td>
<td>New River Valley Pediatrics, 3706 S Main Street, Blacksburg, VA 24060</td>
<td>(540) 552-7272</td>
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<td>Snider, Zairha Gonzalez, MD</td>
<td>New River Valley Pediatrics, 3706 S Main Street, Blacksburg, VA 24060</td>
<td>(540) 552-7272</td>
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**Bristol**

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<td>Bates, Gayle, MD</td>
<td>Twin City Medical Center</td>
<td>(276) 496-4492</td>
<td>10033407</td>
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**Bristow**

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<tr>
<td></td>
<td>Dolan, Gail L., MD</td>
<td>Bristow Pediatrics</td>
<td>(571) 379-4246</td>
<td>10102783</td>
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**Centreville**

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<tr>
<td></td>
<td>Barnada-Mazid, Serene, MD</td>
<td>Inova Fair Oaks Hospital, 6211 Centreville Road Suite 100 Centreville, VA 2121</td>
<td>(703) 391-6900</td>
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<tr>
<td></td>
<td>Chung, Sandy, MD</td>
<td>Inova Fair Oaks Hospital, 6211 Centreville Road Suite 100 Centreville, VA 2121</td>
<td>(703) 391-6900</td>
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Primary Care Physicians - Tier 1

Mika, Katherine D., MD  
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Hospital Affiliations:  
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Hospital Affiliations:  
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Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
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Hospital Affiliations:  
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Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
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Hospital Affiliations:  
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Children's Hospital of the King's Daughters  
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Sentara Norfolk General Hospital

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Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
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Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
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Sentara Leigh Hospital  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital

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Primary Care Physicians - Tier 1

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Sentara Norfolk General Hospital

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Primary Care Physicians - Tier 1

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Sentara CarePlex Hospital

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Sentara Norfolk General Hospital

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Sentara Norfolk General Hospital

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Sentara Norfolk General Hospital

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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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(540) 992-1251

Moore, John, MD
Pro#: 10036676
Carilion Healthcare Corporation
60 Market Center Way
Daleville, VA 24083
(540) 992-1251

Patterson, Mark, MD
Pro#: 10028348
Carilion Healthcare Corporation
60 Market Center Way
Daleville, VA 24083
(540) 992-1251

Pierce, Christopher A, MD
Pro#: 10029562
Carilion Healthcare Corporation
60 Market Center Way
Daleville, VA 24083
(540) 992-1251

Tiffany, Amanda M., DO
Pro#: 10180933
Carilion Healthcare Corporation
60 Market Center Way
Daleville, VA 24083
(540) 992-1251

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Danville

Bereth, Kyla K, MD
Pro#: 39672
Children's Healthcare Center
201 South Main St Ste 2100
Danville, VA 24540
(434) 799-2111

Broughton, Jr, Robert, MD
Pro#: 46119
Children's Healthcare Center
201 South Main St Ste 2100
Danville, VA 24540
(434) 799-2111

Hospital Affiliations:
SOVAH Health - Danville

Khalifa, Dalia A., MD
Pro#: 10111593
Children's Healthcare Center
(Danville)
201 South Main Street Suite 2100
Danville, VA 24541
(434) 791-3630

Hospital Affiliations:
SOVAH Health - Danville

King, Samantha, MD
Pro#: 10167036
Piedmont Access To Health Services (FQHC facilities, CCNV)
705 Main Street
Danville, VA 24541
(434) 791-4793

Hospital Affiliations:
Centra Lynchburg General Hospital

Central Virginia Baptist Hospital

Omoji, Bassey, MD
Pro#: 46211
Piedmont Pediatrics, Inc.
140 Piney Forest Rd Ste B
Danville, VA 24540
(434) 793-7745

Owusu, Nada, MD
Pro#: 52430
Children's Healthcare Center
201 South Main St Ste 2100
Danville, VA 24540
(434) 799-2111

Shanmugam, Chamundambika, MD
Pro#: 10209564
Piedmont Access To Health Services (FQHC facilities, CCNV)
705 Main Street
Danville, VA 24541
(434) 791-4122

Deltaville

Ransone, Karen A., MD
Pro#: 10212163
Riverside Medical Group
16681 General Puller Parkway
Deltaville, VA 23043
(804) 776-8000

Dinwiddie

Cardone, Jennifer Anne, MD
Pro#: 10185112
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

John Randolph Medical Center

Dublin

Gehrz, Richard C., MD
Pro#: 30408
Children's Choice, PC
5562 Cougar Trail Road
Dublin, VA 24084
(540) 674-9359

Hospital Affiliations:
Carilion New River Valley Medical Center

Dumfries

Daing, Renato D., MD
Pro#: 10174595
Greater Prince William Community Health Center
17739 Main Street Suite 130
Dumfries, VA 22026
(703) 680-7950

Gohel, Shailesh, MD
Pro#: 10091321
Boulevard Center Pediatrics, Inc.
3733 Fettler Park Dr
Dumfries, VA 22025
(703) 670-0300

Hospital Affiliations:
Carilion New River Valley Medical Center

Elkton

Goodwin, Sarah C., MD
Pro#: 10168388
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Hospital Affiliations:
Augusta Medical Center

Sentara RMH Medical Center

Hamel, Theresa Lyn, MD
Pro#: 10193931
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Shakya, Kunjan, MD
Pro#: 10169969
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Emporia

Marcelin, Fitzgerald, MD
Pro#: 10064822
Emporia Greensville Medical Center
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Hospital Affiliations:
Potomac Valley Hospital

Southampton Memorial Hospital

Southern Virginia Regional Medical Center

Southside Regional Medical Center

Fairfax

Abbott, Katherine A., MD
Pro#: 10206110
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Novant Health UVA Health System

Prince William Medical Center

Barmada-Mazid, Serene, MD
Pro#: 10005227
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fair Oaks Hospital

Inova Fairfax Hospital

Bradford, Jennifer, DO
Pro#: 10206107
TRUSTED DOCTORS, LLC
13135 Lee Jackson Memorial Hwy Ste 201
Fairfax, VA 22033
(703) 391-0900

Hospital Affiliations:
Inova Fair Oaks Hospital

Inova Fairfax Hospital
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<td><strong>Christian, Shirley, MD</strong></td>
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<td>Kenneth J Kim, M.D., P.C.</td>
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<tr>
<td>3930 Pender Dr Suite 330</td>
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<td>Fairfax, VA 22030</td>
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<td><strong>Fox, Carol, MD</strong></td>
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<td><strong>Gandol-Hyun, Angela, MD</strong></td>
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<td><strong>Girri, Joseph, MD</strong></td>
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<td><strong>Kohn, Susan, MD</strong></td>
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<td><strong>Maya, Nair, MD</strong></td>
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Primary Care Physicians - Tier 1

Nigra, Meaghan, MD
Prov#: 1017661
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22044
(703) 534-1000

O'Brien, Kelsey H., MD
Prov#: 1019663
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Blvd Suite 210
Falls Church, VA 22042
(703) 534-1000

Omidvar, Berna, MD
Prov#: 10114800
Hispanic American Pediatric Associates
5637 Columbia Pike
Falls Church, VA 22041
(703) 532-6000

Palmer, Emily, MD
Prov#: 1003529
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Parker, Damien, MD
Prov#: 10088594
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Blvd Suite 210
Falls Church, VA 22044

Pierce, Amy, MD
Prov#: 10061821
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Rodrigues, Lori, MD
Prov#: 10015608
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Sawyer, Rebecca, MD
Prov#: 10055710
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Waxman, Phyllis, MD
Prov#: 10052324
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
Hospital Affiliations:
Inova Fairfax Hospital

Al-Ani, Ibthalal, MD
Prov#: 10112093
Prince Edward Pediatrics LLC
1715 W Third Street
Farmville, VA 23901
(434) 315-0138

Hospital Affiliations:
Centra Southside Community Hospital

Siegel, Allison J, MD
Prov#: 10131956
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Reston Hospital Center

Spanier, Holly, MD
Prov#: 10105437
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Srivastava, Anjuli, MD
Prov#: 10163613
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Blvd Suite 210
Falls Church, VA 22042
(703) 534-1000

Hospital Affiliations:
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD
Prov#: 10052275
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10080756
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Watts, Elizabeth, MD
Prov#: 10054562
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Waxman, Phyllis, MD
Prov#: 10052324
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
Hospital Affiliations:
Inova Fairfax Hospital

Franklin

Applewhite, Sarah A., MD
Prov#: 10032673
Anrae G Applewhite MD PLLC
106 Fairview Drive Suite C
Franklin, VA 23851
(757) 569-9397

Hospital Affiliations:
Southampton Memorial Hospital

Cicero, Michael A., MD
Prov#: 67041
Anrae G Applewhite MD PLLC
106 Fairview Drive Suite C
Franklin, VA 23851
(757) 569-9397

Hospital Affiliations:
Southampton Memorial Hospital

Dionisio, Teresita Capati, MD
Prov#: 999161
Southside Pediatrics PC (Farmville)
502 Beech St
Farmville, VA 23901
(434) 392-9438

Hospital Affiliations:
Centra Southside Community Hospital

Young-Lighthoby, Karon S, MD
Prov#: 10126340
Southside Pediatrics PC (Farmville)
502 Beech St
Farmville, VA 23901
(434) 392-9438

Hospital Affiliations:
Twin County Regional Hospital

Farmville

Farmsby, Cherubin E., MD
Prov#: 10171392
Southeastern Virginia Health System
1357 Armory Drive
Franklin, VA 23851
(757) 304-5570

Ora, Maria M., MD
Prov#: 12598
931 Armory Drive Suite C
Franklin, VA 23851
(757) 562-3233

Hospital Affiliations:
Southampton Memorial Hospital

Franktown

Marsh, Nicole Briggs, MD
Prov#: 10094775
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Murray, Susan B., MD
Prov#: 10153951
Atlantic Community Health Center
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Richardson, Gabriella Ferrarioli, MD
Prov#: 10164893
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Children's Hospital of the King's Daughters

Riopel, Cathy S., MD
Prov#: 45990
Atlantic Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Riverside Shore Memorial Hospital

Riopel, David J., MD
Prov#: 45991
Atlantic Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Riverside Shore Memorial Hospital

Siegrist, Jeremy P., MD
Prov#: 10059752
Onley Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franktown, VA 23354
(757) 442-4819

Hospital Affiliations:
Riverside Shore Memorial Hospital

Optima Direct Network Providers 9/2019 133
Primary Care Physicians - Tier 1

Fredericksburg

Aaronson, Allen E, MD
Provis #: 10024673
Rappahannock Pediatric Associates PC
2632 Salem Church Road
Fredericksburg, VA 22407
(540) 899-3440

Hospital Affiliations:
Henricus Doctors’ Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center

Amory, Charles V., MD
Provis #: 29612
Chancellor Pediatrics PC
12004 Kilarney Drive
Fredericksburg, VA 22407
(540) 548-4510
4900 Plank Rd Ste 101
Fredericksburg, VA 22407
(540) 548-4510

Hospital Affiliations:
Mary Washington Hospital (MWH)

Becker, Jiyeon K, MD
Provis #: 41058
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 368-8091

Hospital Affiliations:
Mary Washington Hospital (MWH)

Bradshaw, Brenda, MD
Provis #: 59857
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-7228

Hospital Affiliations:
Mary Washington Hospital (MWH)

Calderwood, Kimberly, MD
Provis #: 10015461
PL Pediatrics
4552 Empire Court
Fredericksburg, VA 22408
(540) 361-4779

Hospital Affiliations:
Mary Washington Hospital (MWH)

Callahan, Mary, MD
Provis #: 10022255
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Canady, Sita S., MD
Provis #: 10049177
Fall Hill Pediatrics, PLC
2300 Fall Hill Avenue Suite 290
Fredericksburg, VA 22401
(540) 899-2555

Cao, Lynn, MD
Provis #: 10065941
Children’s Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Clark, Jennifer, MD
Provis #: 10061845
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Goeden, Nancy C, MD
Provis #: 10021036
Rappahannock Pediatric Associates PC
2632 Salem Church Road
Fredericksburg, VA 22407
(540) 899-3440

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Goodlett, Allison H., MD
Provis #: 10210576
Pratt Medical Center Ltd
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 834-5430
Provis #: 10153624
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hood, Kyon A., MD
Provis #: 10135564
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Hospital Affiliations:
Chippennham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Spotsylvania Regional Medical Center

Hull, Jane R., MD
Provis #: 10162150
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Johnson, William B., MD
Provis #: 90388
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 361-7641
Provis #: 10192249

The Children's Clinic of Fredericksburg, PC
4532 Plank Road
Fredericksburg, VA 22407
(540) 252-1840

Hospital Affiliations:
Mary Washington Hospital (MWH)

Khan, Hina R., MD
Provis #: 10083457
Children's Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Mancini, Pamela M., MD
Provis #: 10698
PL Pediatrics PLLC (PINNACLE)
321 Park Hill Dr
Fredericksburg, VA 22401
(540) 361-1800
Provis #: 10019911

PL Pediatrics
4550 Empire Court
Fredericksburg, VA 22408
(540) 604-9894

McIntosh, Paul, MD
Provis #: 10063855
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-2228

Noori, Alice, MD
Provis #: 10031557
PL Physicians Inc
4530 and 4552 Empire Court
Fredericksburg, VA 22408
(540) 604-9894

Hospital Affiliations:
Mary Washington Hospital (MWH)

O’Brien, Julie, MD
Provis #: 10020317
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

331 Park Hill Drive
Fredericksburg, VA 22401
(540) 368-8091

Hospital Affiliations:
Mary Washington Hospital (MWH)

Prasad, Pooja R., DO
Provis #: 10209843
Pratt Medical Center Ltd
1451 Hospital Dr
Fredericksburg, VA 22408
(540) 834-5430

Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7835

Hospital Affiliations:
Mary Washington Hospital (MWH)

Rochford, Verne, MD
Provis #: 10147740
Generations of Children
4604 Spotsylvania Parkway Suite 345
Fredericksburg, VA 22408
(540) 654-8402
Provis #: 10187787

Spotsylvania Multi-Specialty Group, LLC
4604 Spotsylvania Parkway Suite 200
Fredericksburg, VA 22408
(540) 358-5000

Hospital Affiliations:
Chippennham Medical Center/
Johnston-Willis Hospital
John Randolph Medical Center
Mary Washington Hospital (MWH)
Stafford Hospital Center

Simes, Rebecca S., MD
Provis #: 10218881
Pratt Medical Center Ltd
4701 Spotsylvania Pkwy
Fredericksburg, VA 22408
(540) 834-5430
Provis #: 10068412

Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center

Sprinkle, Whitney, MD
Provis #: 64556
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)

Sussendorf, Claudia E., MD
Provis #: 10836
Fall Hill Pediatrics, PLC
2300 Fall Hill Ave
Fredericksburg, VA 22401
(540) 899-2555

Hospital Affiliations:
Mary Washington Hospital (MWH)
University of Virginia Medical Center

Topp, Jacinta W., MD
Provis #: 40960
Fall Hill Pediatrics, PLC
2300 Fall Hill Avenue Suite 290
Fredericksburg, VA 22401
(540) 899-2555

Hospital Affiliations:
Mary Washington Hospital (MWH)

Front Royal

Christoph, Richard A., MD
Provis #: 18717
Valley Health Pediatrics Front Royal
315 W 10th Street
Front Royal, VA 22630
(540) 631-7337

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Primary Care Physicians - Tier 1

Collier, Aldon Rockwell, MD  
Prov#: 10177603  
Valley Health Pediatrics Front  
Royal  
315 W 10th Street  
Front Royal, VA 22630  
(540) 631-7337  
Hospital Affiliations:  
Ben Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Warren Memorial Hospital, Inc.

Flynn, Elizabeth D., MD  
Prov#: 10115672  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Granados, Erik Gabriel, MD  
Prov#: 10115632  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Mackie-Lee, Susanne B., MD  
Prov#: 10208385  
Milestones Pediatric and Adolescent Care LLC  
7500 Iron Bar Ln Ste 120  
Gainesville, VA 20155  
(703) 753-6772  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Tauriac, Ashley, MD  
Prov#: 10193011  
Valley Health Pediatrics Front  
Royal  
315 W 10th St  
Front Royal, VA 22630  
(540) 536-7337  

Gainesville  

Ault, Wendy, MD  
Prov#: 10115640  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Bailey, Denyse R., MD  
Prov#: 10208272  
Olde Towne Pediatrics  
7120 Heritage Village Pkz Ste 102  
Gainesville, VA 20155  
(703) 365-0227  

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center  

Flower, Anita R., MD  
Prov#: 10115621  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Flynn, Elizabeth D., MD  
Prov#: 10115672  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Tulsi, Priyadarshan, MD  
Prov#: 10134908  
Olde Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Williams, Anastasia L., MD  
Prov#: 29905  
Olde Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  

Galax  

Dalton, Belle Jones, MD  
Prov#: 10123598  
Pediatric Family Care Center -DLP  
Twin County Physician Practices  
606 East Stuart Drive  
Galax, VA 24333  
(276) 236-8166  

Hospital Affiliations:  
Twin County Regional Hospital  

Meyers, Mary C., MD  
Prov#: 10097429  
Pediatric Family Care Center -DLP  
Twin County Physician Practices  
606 E Stuart Drive  
Galax, VA 24333  
(276) 236-8166  

Hospital Affiliations:  
Twin County Regional Hospital  

Glen Allen  

Arklin, David L., MD  
Prov#: 22677  
Glen Allen Pediatrics, LLC  
3900 Stillman Parkway  
Glen Allen, VA 22060  
(804) 282-4210  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Bibbee, Charlotte, MD  
Prov#: 10187581  
Pediatric Associates - Pediatric Partners of Virginia, LLC  
11551 Nuckols Road Suite F  
Glen Allen, VA 23059  
(804) 364-4400  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  

Childress, Clarence G., MD  
Prov#: 10097459  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite C  
Glen Allen, VA 23060  
(804) 755-7581  

Hospital Affiliations:  
Ben Secours Memorial Regional Medical Center  
Ben Secours St. Marys Hospital  

Chun, Walter MD  
Prov#: 10942  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary's Hospital  

Couch, Brianna MD  
Prov#: 10050036  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  

Evans, Wendy C., DO  
Prov#: 10130654  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite E  
Glen Allen, VA 23060  
(804) 755-7581  

Hospital Affiliations:  
Ben Secours Memorial Regional Medical Center  
Ben Secours St. Marys Hospital  

Fortner, Julie, MD  
Prov#: 45607  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  

Goodall, Catherine, MD  
Prov#: 10190414  
Glen Allen Pediatrics, LLC  
3900 Stillman Parkway  
Glen Allen, VA 23060  
(804) 282-4210  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  

Goradia, Laura, MD  
Prov#: 72350  
Glen Allen Pediatrics, LLC  
3900 Stillman Parkway  
Glen Allen, VA 23060  
(804) 282-4210  

Hospital Affiliations:  
Ben Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary's Hospital  

Charity-Brown, Tamara, MD  
Prov#: 10010152  
Associates in Pediatrics - Pediatric Partners of Virginia, LLC  
11551 Nuckols Road Suite F  
Glen Allen, VA 23059  
(804) 364-4400  

Optima Direct Network Providers 9/2019 135
Primary Care Physicians - Tier 1

Lane, Joanne, DO  
Prov#: 10164300  
Associates in Pediatrics - Pediatric Partners of Virginia, LLC  
11551 Nuckols Road Suite F  
Glen Allen, VA 23059  
(804) 364-4400  
Hospital Affiliations:  
Bon Secours St. Marys Hospital

Marks, Jon, MD  
Prov#: 10002409  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Morris, Randall, MD  
Prov#: 10023949  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite C  
Glen Allen, VA 23060  
(804) 755-7581  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Port, Carolyn, MD  
Prov#: 10007262  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Robinson, Elizabeth, MD  
Prov#: 10083850  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
University of Virginia Medical Center

Ryland, Jill, MD  
Prov#: 10706  
Pediatric Partnership PC - Pediatric Partners of Virginia, LLC  
5207-C Hickory Park Drive  
Glen Allen, VA 23059  
(804) 377-8981  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Mary Washington Hospital (MWH)  
St. Mary's Hospital

Schneider, Liv, MD  
Prov#: 10045486  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 545-5050  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Retreat Campus

Seedlock, Kyle, MD  
Prov#: 10166142  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Sharpe, Jewett, MD  
Prov#: 45606  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Shook, Jana, MD  
Prov#: 10154484  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Stewart, Jacqueline, MD  
Prov#: 10129232  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite C  
Glen Allen, VA 23060  
(804) 755-7581  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Sutherland, Tamara, MD  
Prov#: 75735  
Associates in Pediatrics - Pediatric Partners of Virginia, LLC  
11551 Nuckols Road Suite F  
Glen Allen, VA 23059  
(804) 364-4400  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Tull, Annemarie, MD  
Prov#: 66863  
Pediatric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Winters, Cleome, MD  
Prov#: 10082928  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
St. Mary's Hospital

Yaple, Elizabeth, MD  
Prov#: 10023173  
Pediatric Center  
10571 Telegraph Rd Ste 110  
Glen Allen, VA 23059  
(804) 266-9616  
Hospital Affiliations:  
Bon Secours St. Marys Hospital

Zacharias, Madge, MD  
Prov#: 10170591  
Pediatric Partnership PC - Pediatric Partners of Virginia, LLC  
5207 Hickory Park Drive Suite C  
Glen Allen, VA 23039  
(804) 377-8981

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Gloucester

Alamin, Hiba H., MD  
Prov#: 10143268  
Sentara Pediatric Physicians (SMG)  
5659 Parkway Dr Ste 230  
Gloucester, VA 23061  
(804) 210-1055

Austin, Sherie H., MD  
Prov#: 10117676  
Courthouse Pediatrics (CMG)  
8264 George Washington Memorial Hwy  
Gloucester, VA 23061  
(804) 695-0305  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Mary Washington Hospital (MWH)

Dry, Christie A., MD  
Prov#: 10001514  
Courthouse Pediatrics (CMG)  
8264 George Washington Memorial Hwy  
Gloucester, VA 23061  
(804) 695-0305  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center  
Bon Secours St. Marys Hospital  
St. Mary's Hospital

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Great Falls

Guilien, Manuel, MD  
Prov#: 10133575  
Virginia Allergy & Pediatric Associates, PC  
10134 Colvin Run Road Suite D  
Great Falls, VA 22066  
(703) 757-7950

Zeh, Debra A., MD  
Prov#: 10041843  
Virginia Allergy & Pediatric Associates, PC  
10134 Colvin Run Road Suite D  
Great Falls, VA 22066  
(703) 757-7950  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center  
Bon Secours St. Marys Hospital  
St. Mary's Hospital

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Grundy

Patel, Rajnikant R., MD  
Prov#: 10076999  
Tri State Rural Health Clinic  
1520 Slate Creek Road Ste 106  
Grundy, VA 24614  
(276) 935-6444

Hospital Affiliations:  
Buchanan General Hospital

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Hampton

Badavi, Aurora S., MD  
Prov#: 38341  
ABC Pediatrics  
2200 Executive Dr Ste D  
Hampton, VA 23666  
(757) 826-6889

Hospital Affiliations:  
Sentara CarePlex Hospital
Primary Care Physicians - Tier 1

Brook, Mandi, MD
Prov#: 10093353
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Eichelberger, Imani Rene, MD
Prov#: 10206702
Hampton Roads Pediatrics (CMG)
23 Manhattan Sq Central Park 23
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Holman, Mark E., MD
Prov#: 53010
Pediciatric Center, PC
901 Enterprise Parkway Ste 200
Hampton, VA 23666
(757) 826-5437

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Hutton, Jamie S., MD
Prov#: 10199157
PedicatriCare of Northern Virginia, PC
15195 Heathcote Blvd Suite 205
Haymarket, VA 20169
(703) 330-3939

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Shea, Elena M., MD
Prov#: 10115559
PediatriCare of Northern Virginia, PC
15195 Heathcote Blvd Ste 250
Haymarket, VA 20169
(703) 330-3939

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Wise, Rebecca S., DO
Prov#: 10199157
PediatriCare of Northern Virginia, PC
15195 Heathcote Boulevard Suite 250
Haymarket, VA 20169
(703) 330-3939

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Blalock, Julian H., MD
Prov#: 53864
The Children's Clinic, Ltd.
3055 George Washington Mem Hwy
Hayes, VA 23072
(804) 642-9231

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Broderick, Elizabeth K., MD
Prov#: 54173
The Children's Clinic, Ltd.
3055 George Washington Mem Hwy
Hayes, VA 23072
(804) 642-9231

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Brock, Mandi, MD
Prov#: 10093353
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Holman, Mark E., MD
Prov#: 53010
Pediciatric Center, PC
901 Enterprise Parkway Ste 200
Hampton, VA 23666
(757) 826-5437

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Leedie, Linda C., MD
Prov#: 13381
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Sentara CarePlex Hospital

Odom-Austin, Angela D., MD
Prov#: 10148861
Associates in Pediatric Care, PC
2101 Executive Drive Suite 610
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Children's Hospital of the King's Daughters

Sheppard, Theresa, MD
Prov#: 10065429
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Shepard, Theresa, MD
Prov#: 10065429
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Walker, Paul, MD
Prov#: 13380
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Hardy

Sarbin, Adam A., MD
Prov#: 31925
Physicians to Children Inc
276 Westlake Road Ste 3
Hardy, VA 24101
(540) 342-9213

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Harrisonburg

Ashton, Christopher A., MD
Prov#: 20102
Harrisonburg Pediatrics PC
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3004

Hospital Affiliations:
Sentara RMH Medical Center

Corn, Stephanie, MD
Prov#: 10165069
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Sentara RMH Medical Center

Gerber, Amanda L., MD
Prov#: 10129399
Bluestone Pediatrics PLLC
4059 Quarles Court
Harrisonburg, VA 22801
(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Goodwin, Sarah C., MD
Prov#: 10168388
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Sentara RMH Medical Center

Hamel, Theresa Lyn, MD
Prov#: 10193931
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Hutton, Jamie S., MD
Prov#: 10025254
Mountain Ridge Pediatrics, PLC
2054 Pro Pointe Lane
Hampton, VA 23666
(540) 217-5333

Hospital Affiliations:
Sentara RMH Medical Center

Imholt, Megan E., MD
Prov#: 10032547
Valley Children's Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Hospital Affiliations:
Sentara RMH Medical Center

Lambert, Lynn D., MD
Prov#: 40066
Valley Children's Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Hospital Affiliations:
Sentara RMH Medical Center

Max-Wright, Paula, MD
Prov#: 10080579
Bluestone Pediatrics PLLC
4059 Quarles Court
Harrisonburg, VA 22801
(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Prieur, Tara H, MD
Prov#: 10096511
Valley Children's Clinic, PC
3302 Albert Long Drive
Harrisonburg, VA 22801
(540) 434-0898

Hospital Affiliations:
Sentara RMH Medical Center

Renick, Phillip M., MD
Prov#: 41423
Bluestone Pediatrics PLLC
4059 Quarles Court
Harrisonburg, VA 22801
(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Shockey, Kunjan, MD
Prov#: 10169969
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Smith, Susan B, MD
Prov#: 51642
Harrisonburg Pediatrics PC
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3004

Hospital Affiliations:
Sentara RMH Medical Center

Tomei, Jon R, MD
Prov#: 51598
Harrisonburg Pediatrics PC
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3004

Hospital Affiliations:
Sentara RMH Medical Center
Primary Care Physicians - Tier 1

Henrico

McKnight, Charlotte, MD
Prov#: 10198180
Henrico Pediatrics, P.C.
7605 Forest Ave Suite 102
Henrico, VA 23229
(804) 288-3069

Achard, Narmatha, MD
Prov#: 10055369
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Dhillon, Satwinder, MD
Prov#: 10052276
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Hill, Lisa, MD
Prov#: 98903
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Reston Hospital Center

Bi, Changhai, MD
Prov#: 10034879
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Sechrist, Betty, MD
Prov#: 10087816
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Lei, Bin, MD
Prov#: 10022270
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Fox, Carol, MD
Prov#: 10065907
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Glander-Hyun, Angela, MD
Prov#: 10065907
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Panitz, Polly J., MD
Prov#: 10107897
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Parker, Damien, MD
Prov#: 10088594
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Siegel, Allison J, MD
Prov#: 10131956
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Reston Hospital Center

Srivastava, Anjuli, MD
Prov#: 10163613
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD
Prov#: 10052275
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10087056
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Morris, Edward, MD
Prov#: 10005369
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

O’Brien, Kelsey H., MD
Prov#: 10196633
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
Prov#: 10117661
Capital Area Pediatrics Inc
12950 Highland Crossing Drive
Suite H
Henrico, VA 20171
(703) 860-4200

Hospital Affiliations:
Inova Fairfax Hospital

Boatwright, III, Joseph W., MD
Prov#: 10208227
Infant Jesus Children's Clinic, PLC
505 N 6th Ave
Hopewell, VA 23860
(804) 458-1430

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
Virginia Hospital Center - Arlington

Lien, Vicente S., MD
Prov#: 29325
Children and Adolescent's Clinic, Inc.
308 N 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
John Randolph Medical Center

Nyirenda, Fafa L, MD
Prov#: 10165000
Childrens & Adolescents Clinic
308 North 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
Southside Regional Medical Center

Siri, Charuwan, MD
Prov#: 14941
Children and Adolescent's Clinic, Inc.
308 N 4th Ave
Hopewell, VA 23860
(804) 458-1430

Hospital Affiliations:
Southside Regional Medical Center

Tan, Ruby, MD
Prov#: 10080646
Infant Jesus Children's Clinic, PLC
505 N 6th Ave
Hopewell, VA 23860
(804) 458-1430

Hospital Affiliations:
John Randolph Medical Center

Willis, Andrea, MD
Prov#: 10172745
Childrens & Adolescents Clinic
308 North 4th Ave
Hopewell, VA 23860
(804) 541-8812

Hospital Affiliations:
Southside Regional Medical Center

Kenbridge

Kilpatrick, Kathryn, MD
Prov#: 10007661
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23443
(434) 676-8021

Hospital Affiliations:
Southern Virginia Regional Medical Center
VCU Community Memorial Hospital
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<td>Mamuric, Janette Ann, MD</td>
<td>Prov#: 991160</td>
<td>(540) 756-0544</td>
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<td>Loudoun Pediatric Associates 19450 Deerfield Ave Ste 200 Leesburg, VA 20176 (703) 723-7337</td>
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<td>Prov#: 10199002</td>
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<td>Leesburg Pediatric Associates Lake Ridge, VA 22192 13001 Summit School Rd (703) 777-5224</td>
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<td>Prov#: 10016253</td>
<td>(540) 777-5222</td>
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Optima Direct Network Providers 9/2019 139
Primary Care Physicians - Tier 1

Privitera, Christine M., MD
Prov#: 45936
Bon Secours Pediatrics of Mechanicsville
7347 Bell Creek Road Suite 100
Mechanicsville, VA 23111
(804) 730-4690

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Rusin, Molly, MD
Prov#: 10171488
Richmond Pediatrics Associates
7521 Right Flank Road Suite 100
Mechanicsville, VA 23111
(804) 559-0447

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Sabino-Akins, Joycelyn, MD
Prov#: 10130652
Bon Secours Pediatrics of Mechanicsville
7347 Bell Creek Road Suite 100
Mechanicsville, VA 23111
(804) 730-4690

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Shreve, J. Mark, MD
Prov#: 45591
Pediatric Associates of Richmond Inc
8266 Atlee Rd Ste 318
Mechanicsville, VA 23116
(804) 559-9044

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Smith, Stephanie E., MD
Prov#: 10111678
Focus Richmond, LLC
9137 Chamberlayne Road Suite 107
Mechanicsville, VA 23116
(804) 852-0748
Prov#: 10169479

Patient First - Mechanicsville (Pediatrics)
7238 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 559-9900

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Snead, Warren L., MD
Prov#: 45592
Pediatric Associates of Richmond Inc
8266 Atlee Rd Ste 318
Mechanicsville, VA 23116
(804) 559-9044

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Yucha, Kim, MD
Prov#: 50693
Richmond Pediatrics Associates
7521 Right Flank Road Suite 100
Mechanicsville, VA 23116
(804) 747-1750

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Midlothian

Abernathy, Ted R, MD
Prov#: 10023825
Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821

Allen, Konynasosa, MD
Prov#: 10608868
Capitol Pediatrics, PC
11601 Robious Rd
Midlothian, VA 23113
(804) 379-9494

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Archuleta, Bobby, MD
Prov#: 52260
Pediatric Associates - Pediatric Partners of Virginia, LLC
13470 Trededeg Lake Parkway
Midlothian, VA 23112
(804) 794-7788

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Auerbach, Barry S., MD
Prov#: 10162532
Chesterfield Pediatrics PC
5955 Harbour Park Drive
Midlothian, VA 23112
(804) 744-4495

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Ayers, Christopher, MD
Prov#: 10040097
Commonwealth Pediatrics PC
15400 Westchester Commons Way
Midlothian, VA 23113
(804) 549-5405

Balei, Breann L., MD
Prov#: 10111559
Capitol Pediatrics, PC
11601 Robious Road Suite 100
Midlothian, VA 23113
(804) 379-9494

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Bante, Roxana, MD
Prov#: 10012151
Swift Creek Pediatrics PC
13925 Coalfield Commons Place
Suite 201
Midlothian, VA 23114
(804) 378-4420

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Blakey, Peter P., MD
Prov#: 79573
Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Bowers, Katharine B., MD
Prov#: 10199974
Firefly Pediatrics
2937 Fox Chase Lane
Midlothian, VA 23112
(804) 372-3473

Burget, Michele, MD
Prov#: 10012164
James River Pediatrics - Pediatric Partners of Virginia, LLC
1521 Huguenot Road Suite 101
Midlothian, VA 23113
(804) 794-1072

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Cantor, Debra K., DO
Prov#: 45599
Swift Creek Pediatrics PC
13925 Coalfield Commons Place
Suite 201
Midlothian, VA 23114
(804) 378-4420

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Clark, Jennifer D, MD
Prov#: 10007264
Woodlake Villages Pediatrics LLC
14732 Village Square Place
Midlothian, VA 23112
(804) 639-0717

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Optima Direct Network Providers 9/2019
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Optima Health
### New Canton

**Lewis-Blackwell, Robbie L., MD**  
Pro#: 62504  
Community Health Center of the Rappahannock Region (CVHS) (CCNV)  
25892 N James Madison Hwy  
New Canton, VA 23123  
(343) 581-3271  

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

### Newport News

**Amiri-Hooker, Sherin, MD**  
Pro#: 10165817  
Newport News Pediatrics (CMG)  
11783 Rock Landing Dr Ste 202  
Newport News, VA 23606  
(757) 668-6300  

**Hospital Affiliations:**  
Children's Hospital of the King's Daughters

**Badavi, Aurora S., MD**  
Pro#: 10059772  
Onley Community Health Center (ESRHS) (CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

**Hospital Affiliations:**  
Children's Hospital of the King's Daughters

**Blanchard, Margaret V., MD**  
Pro#: 186608  
The Children's Clinic, Ltd.  
321 Main St  
Newport News, VA 23601  
(757) 595-0358  
716 A-2 Denbigh Blvd  
Newport News, VA 23608  
(757) 874-7070

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

**Broderick, Elizabeth K., MD**  
Pro#: 54173  
The Children's Clinic, Ltd.  
321 Main St  
Newport News, VA 23601  
(757) 595-0358  
716 A-2 Denbigh Blvd  
Newport News, VA 23608  
(757) 874-7070

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

### New Church

**Marsh, Nicole Briggs, MD**  
Pro#: 10094775  
Onley Community Health Center (ESRHS) (CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

**Murray, Susan B., MD**  
Pro#: 10153951  
Atlantic Community Health Center  
5219 Lankford Highway  
New Church, VA 23415  
(757) 824-5676

**Richardson, Gabriella Ferraioli, MD**  
Pro#: 10164893  
Onley Community Health Center (ESRHS) (CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

**Blalock, Julian H., MD**  
Pro#: 53864  
The Children's Clinic, Ltd.  
321 Main St  
Newport News, VA 23601  
(757) 595-0358  
716 A-2 Denbigh Blvd  
Newport News, VA 23608  
(757) 874-7070

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

**Butcher, Brian, MD**  
Pro#: 10097071  
Pediatric Consultants of Hampton Roads  
1405 Kiln Creek Pkwy Ste E  
Newport News, VA 23602  
(757) 668-6300

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

**Galloway, Jacquelyn, MD**  
Pro#: 56204  
Newport News Pediatrics (CMG)  
11783 Rock Landing Dr Ste 202  
Newport News, VA 23606  
(757) 668-6300

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

**Goodwin, Lori, MD**  
Pro#: 10007239  
Newport News Pediatrics (CMG)  
11783 Rock Landing Dr Ste 202  
Newport News, VA 23606  
(757) 668-6300

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

**Griffiths, Jon, MD**  
Pro#: 65488  
The Children's Clinic, Ltd.  
321 Main St  
Newport News, VA 23601  
(757) 595-0358  
716 A-2 Denbigh Blvd  
Newport News, VA 23608  
(757) 874-7070

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital

---

**Wilms, Isca, MD**  
Pro#: 10132876  
Swift Creek Pediatrics PC  
13925 Coalfield Commons Place Suite 201  
Midlothian, VA 23114  
(804) 378-4420

**Hospital Affiliations:**  
Chippewa Medical Center/Johnston-Willis Hospital

**Zachary, John, MD**  
Pro#: 10012163  
James River Pediatrics - Pediatric Partners of Virginia, LLC  
1521 Huguenot Road Suite 101  
Midlothian, VA 23113  
(804) 794-1072

**Hospital Affiliations:**  
Chippewa Medical Center/Johnston-Willis Hospital
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<td>Flatin, Heidi, MD</td>
<td>General Academic Pediatrics</td>
<td>(757) 461-6342</td>
<td>885 Kempsville Rd Ste 200 Norfolk, VA 23502</td>
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<td>Fink, Fredric N., MD</td>
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<td>(757) 489-3551</td>
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**Hospital Affiliations:**
- Chesapeake Regional Medical Center
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

**Facilities:**
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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Leigh Hospital
- Sentara Children's Hospital
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Primary Care Physicians - Tier 1

 Strauss, Patricia M., MD
 Prov#: 13100
 Pediatric Specialists (CMG)
 160 Kingsley Ln Ste 305
 Norfolk, VA 23505
 (757) 489-3551
 885 Kempsville Rd Ste 200
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 (757) 461-6342

 Hospital Affiliations:
 Children's Hospital of the King's Daughters
 Sentara Leigh Hospital
 Sentara Norfolk General Hospital

 Velazquez, Nivea Teresa, MD
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 Hospital Affiliations:
 Sentara Leigh Hospital
 Sentara Norfolk General Hospital

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 Hospital Affiliations:
 Children's Hospital of the King's Daughters

 Wright, Kelly L., MD
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 Hospital Affiliations:
 Children's Hospital of the King's Daughters

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 Prov#: 13031
 Pediatric Specialists (CMG)
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 Oakton, VA 22124
 (703) 359-5101

 Hospital Affiliations:
 Virginia Hospital Center - Arlington

 Optima Direct Network Providers 9/2019 148

 Palmyra
 Smyth, Katherine M., MD
 Prov#: 10034923
 Sentara Palmyra Medical Associates
 33 Rebecca Drive
 Palmyra, VA 22963
 (434) 654-4680

 Hospital Affiliations:
 Mary Washington Hospital (MWH)

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 Arrieta, Mary C., MD
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 Hospital Affiliations:
 Southside Regional Medical Center
Primary Care Physicians - Tier 1

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Lewis-Blackwell, Robbie L., MD
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Hospital Affiliations:
- VCU Health System/MCV

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Poquoson

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Hospital Affiliations:
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Portsmouth

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Portsmouth Pediatrics, PC
446 Effingham St Ste 302
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Hospital Affiliations:
- Bon Secours Maryview Medical Center

Canonizado, Carmencita M, MD
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3701 South St
Portsmouth, VA 23707
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Hospital Affiliations:
- Bon Secours Maryview Medical Center

Kim, Sung Y., MD
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Hospital Affiliations:
- Bon Secours Maryview Medical Center

Rajakumar, Thevarajani, MD
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Portsmouth Community Health Center (CCNV)
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Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Maryview Medical Center
- Children's Hospital of the King's Daughters
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Prince George

Caldwell, Melaney A., MD
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Hospital Affiliations:
- Southside Regional Medical Center

Purcellville

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Hospital Affiliations:
- Inova Fairfax Hospital

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Bailey, Breann L., MD
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Hospital Affiliations:
- Chilpenham Medical Center/Johnston-Willis Hospital

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- Carilion New River Valley Medical Center

Mogen, Florence H., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
- Carilion New River Valley Medical Center

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Reston

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- Reston Hospital Center

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Hospital Affiliations:
- Reston Hospital Center

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Hospital Affiliations:
- Reston Hospital Center

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Accardo, Jennifer A, MD
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3600 W Broad Street
Richmond, VA 23230
(804) 827-2365

Hospital Affiliations:
- VCU Health System/MCV

Andaya, Cecilia, MD
Prov#: 10011528
Pediatric and Adolescent Medicine, PLLC
8002 Discovery Drive Suite 110
Richmond, VA 23229
(804) 358-2361

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- St. Mary's Hospital
Primary Care Physicians - Tier 1

Ayers, Christopher, MD
Provs#: 10040097
Commonwealth Pediatrics PC
7023 Old Jahneke Road
Richmond, VA 23225
(804) 320-1353

Bates, Kathryn, MD
Provs#: 54568
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(757) 288-9190

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Beard, Justine, DO
Provs#: 10188006
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Bell, Sandra, MD
Provs#: 45624
Manchester Pediatric Associates, P.C.
101 Cowardin Ave Ste 302
Richmond, VA 23224
(804) 231-0788

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Bennett, Lillie R, MD
Provs#: 54921
Lillie R Bennett MD
1510 N 28th Street Ste 207
Richmond, VA 23222
(804) 649-0044

2513 Chamberlayne Ave
Richmond, VA 23222
(804) 321-2651

Hospital Affiliations:
- Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Bennett, Richard L, MD
Provs#: 65380
Lillie R Bennett MD
1510 N 28th Street Ste 207
Richmond, VA 23222
(804) 649-0044

2513 Chamberlayne Ave
Richmond, VA 23222
(804) 321-2651

Hospital Affiliations:
- Bon Secours St. Marys Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Boatwright, III, Joseph W., MD
Provs#: 45923
Joseph W. Boatwright, III, MD, Ltd.
211 E Clay St
Richmond, VA 23219
(804) 643-8914

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- VCU Health System/VCV
- Virginia Commonwealth University Hospital - Arlington

Boisseau, Sandra L., MD
Provs#: 45892
Laburnum Medical Center
4620 South Laburnum Avenue
Richmond, VA 23231
(804) 222-7744

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Boone, Carolyn J., MD
Provs#: 45873
Carolyn J. Boone, M.D., F.A.A.P.
110 N Robinson Street Suite 101
Richmond, VA 23220
(804) 783-8788

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Bowers, Katharine B., MD
Provs#: 10134731
RVA Pediatrics, P.C.
10410 Ridgefield Pkwy
Richmond, VA 23233
(804) 754-3776

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Bowman, Valerie Lynn, MD
Provs#: 10134742
Bon Secours Developmental & Special Needs Pediatrics
5855 Bremo Road Suite 703
Richmond, VA 23226
(804) 287-7463

Provs#: 10144425
Bon Secours Pediatrics of Mechanicsville
4620 S Laburnum Avenue
Richmond, VA 23231
(804) 224-2444

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Briggs, Addie J., MD
Provs#: 36597
East End Pediatrics PC
4744 Finlay Street
Richmond, VA 23231
(804) 864-9600

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- VCU Health System/VCV

Boo, Lora G., MD
Provs#: 54568
Commonwealth Pediatrics PC
7023 Old Jahneke Road
Richmond, VA 23229
(804) 740-6171

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Colley, Amelia, MD
Provs#: 52216
West End Pediatrics
9606 Patterson Ave
Richmond, VA 23229
(804) 740-6171

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Conley, Grace A., MD
Provs#: 72204
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

DeSilva, Melani B., MD
Provs#: 10016126
RVA Pediatrics, P.C.
10410 Ridgefield Pkwy
Richmond, VA 23223
(804) 754-3776

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus

Domer, Jennifer H., MD
Provs#: 64849
Commonwealth Pediatrics PC
7023 Old Jahneke Road
Richmond, VA 23225
(804) 320-1353

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Falik, Adam M., MD
Provs#: 92523
Henrico Pediatrics, P.C.
7605 Forest Ave Ste 102
Richmond, VA 23229
(804) 288-3069

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
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- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Fidler, Sr., Robert Y., MD
Provs#: 45858
Henrico Pediatrics, P.C.
7605 Forest Ave Ste 102
Richmond, VA 23229
(804) 288-3069

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Fletcher, Julie, MD
Provs#: 45607
Pediatric Center
2304 John Rolfe Parkway
Richmond, VA 23233
(804) 741-4404

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Freeman, Eric B., MD
Provs#: 10091917
Old Dominion Pediatrics, PLLC
9323 Midlothian Turnpike Suite E
Richmond, VA 23235
(804) 212-1144

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Chippenham Medical Center/
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<td>Moharram, Manal, MD</td>
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<td>Richmond Urgent Care 1770 North Parham Road Suite 100 Richmond, VA 23229</td>
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<td>Murray, Theresa E. MD</td>
<td>10210821</td>
<td>Bon Secours Developmental &amp; Special Needs Pediatrics 5855 Bremo Road Suite 703 Richmond, VA 23226</td>
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<td>Nelson, Melissa, MD</td>
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<td>Noble, Robert E. MD</td>
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<td>Ortega Rodriguez, Paula, MD</td>
<td>1016528</td>
<td>HAPPY KIDZ 3914 Meadowdale Blvd Richmond, VA 23234</td>
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<td>Pelletier, Erica Rose, MD</td>
<td>10048154</td>
<td>Commonwealth Pediatrics PC 7023 Old Jahnke Road Richmond, VA 23225</td>
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Primary Care Physicians - Tier 1

Optima Direct Network Providers 9/2019
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Primary Care Physicians - Tier 1

Vergara, Jocelyn B., MD  
Proven#: 10009287  
RVA Pediatrics, P.C.  
10410 Ridgefield Pkwy  
Richmond, VA 23223  
(804) 754-3776  

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  

Weber, Matthew, MD  
Proven#: 63614  
Pediatric Associates of Richmond Inc  
7113 Three Chopt Rd Ste 101  
Richmond, VA 23226  
(804) 282-4205  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
VCU Health System/MCV  

Whitaker, Joyce L., MD  
Proven#: 45922  
Dr. Campbell and Whitaker, Ltd.  
1127 N 29th St  
Richmond, VA 23223  
(804) 648-6153  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
VCU Health System/MCV  

Althouse, Douglas G., MD  
Proven#: 10129645  
Carilion Faculty Phys Specialist  
1030 S Jefferson St Suite 106  
Roanoke, VA 24016  
(540) 985-8230  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Amoroso, Kathy, MD  
Proven#: 10096376  
Carilion Faculty Phys Specialist  
1906 Belleview Avenue  
Roanoke, VA 24013  
(540) 981-7000  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Barnhart, Amy K., MD  
Proven#: 10091859  
Carilion Healthcare Corporation  
4040 Postal Dr SW  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Bhagat, Harsha, MD  
Proven#: 10190468  
Carilion Medical Center  
1030 S Jefferson St Suite 106  
Roanoke, VA 24016  
(540) 985-8230  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Blackwood, Ralph A., MD  
Proven#: 10085369  
Carilion Faculty Phys Specialist  
1030 S Jefferson St Suite 106  
Roanoke, VA 24016  
(540) 985-8230  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Brecht, Kilian H., MD  
Proven#: 10136587  
Physicians to Children Inc  
21 Highland Avenue Suite 100  
Roanoke, VA 24013  
(540) 344-9213  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Burton, Floyd R., MD  
Proven#: 10051508  
Physicians to Children Inc  
21 Highland Avenue SE  
Roanoke, VA 24013  
(540) 344-9213  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Cox, Mary A., MD  
Proven#: 10001019  
Physicians to Children Inc  
21 Highland Avenue SE  
Roanoke, VA 24013  
(540) 344-9213  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Craft Jr, William Hugh, MD  
Proven#: 10030184  
Carilion Healthcare Corporation  
4040 Postal Dr SW  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Dixon, Kristine, DO  
Proven#: 10182288  
Carilion Childrens Hospital  
4040 Postal Drive  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Donohue, Thomas Joseph, MD  
Proven#: 10124456  
Carilion Healthcare Corporation  
4040 Postal Drive  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Fulton, Ryan P, DO  
Proven#: 10162944  
Carilion Healthcare Corporation  
4040 Postal Drive  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Gard, Robert C., MD  
Proven#: 94854  
Physicians to Children Inc  
21 Highland Avenue SE  
Roanoke, VA 24013  
(540) 344-9213  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Guilfoyle, Francis Michael, MD  
Proven#: 10027438  
New Horizons Healthcare  
4910 Valley View Boulevard NW  
Roanoke, VA 24012  
(540) 362-0360  

Hays, Jocinda L, DO  
Proven#: 10161907  
Carilion Healthcare Corporation  
4040 Postal Drive  
Roanoke, VA 24018  
(540) 772-4453  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Henkel, Kelly D., MD  
Proven#: 10066772  
Carilion Pediatric Clinic  
1030 S Jefferson Street Suite 106  
Roanoke, VA 24016  
(540) 985-8100  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Johnson-Willis Hospital  

Johnston-Willis Hospital  

Optima Direct Network Providers 9/2019 153
Primary Care Physicians - Tier 1

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Pro#: 10133080
CARILION MEDICAL CENTER
66 Bellevue Ave
Roanoke, VA 24014
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Kunkle, Arthur, MD
Pro#: 75829
Carilion Pediatric Medicine
4040 Postal Drive SW
Roanoke, VA 24018
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Lakhdir, Farahaba, MD
Pro#: 10003695
CARILION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
1030 Jefferson St Ste 106
Roanoke, VA 24016
(540) 985-8230
902 S Jefferson Street
Roanoke, VA 24016
(540) 985-8230

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Logan, Ashley F., MD
Pro#: 10085373
Carilion Pediatric Clinic
1030 S Jefferson St Suite 106
Roanoke, VA 24016
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902 S Jefferson Street
Roanoke, VA 24016
(540) 985-8230

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

McBride, Mark A., MD
Pro#: 10051549
Physicians to Children Inc
21 Highland Ave Suite 100
Roanoke, VA 24013
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Hospital Affiliations:
University of Virginia Medical Center

Meyer, Michael Bernard, MD
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Roanoke, VA 24016
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4040 Postal Drive
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Soriano, Maria R., MD
Pro#: 10029225
New Horizons Healthcare
1215 Third Street Suite A
Roanoke, VA 24016
(540) 857-9700


Rocky Mount

Bhattani, Harsha, MD
Pro#: 10197048
CARILION MEDICAL CENTER
490 S Main St
Rocky Mount, VA 24151
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Henchel, Kelly D., MD
Pro#: 10066772
Carilion Pediatric Clinic
490 S Main St
Roanoke, VA 24016
(540) 484-0350

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Self, Kathryn Cabot, MD
Pro#: 10155398
CARILION MEDICAL CENTER
490 S Main St
Roanoke, VA 24016
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital


Salem

Bouldin, John W., MD
Pro#: 10073113
Lewis-Gale Physicians, LLC
1802 Brabecurn Drive
Salem, VA 24153
(540) 772-3580

Hospital Affiliations:
Lewis-Gale Medical Center

Cummings, Joyce, MD
Pro#: 10002713
Lewis-Gale Physicians, LLC
1802 Brabecurn Drive
Salem, VA 24153
(540) 772-3580

Hospital Affiliations:
Lewis-Gale Medical Center

Delaney, Russell, MD
Pro#: 10003159
Lewis-Gale Physicians, LLC
1802 Brabecurn Drive
Salem, VA 24153
(540) 772-3580

Good, Lauren C., DO
Pro#: 10163205
Lewis-Gale Physicians, LLC
1802 Brabecurn Drive
Salem, VA 24153
(540) 772-3580

Hospital Affiliations:
Clinch Valley Medical Center
Lewis-Gale Medical Center

Payne, Robert K., MD
Pro#: 10003425
Lewis-Gale Physicians, LLC
1802 Brabecurn Drive
Salem, VA 24153
(540) 772-3580

South Boston

Clocker, Candace R., MD
Pro#: 10176440
SENTARA HALIFAX PEDIATRICS
2100 Wilborn Avenue
South Boston, VA 24592
(434) 572-8921

Ebalo, Nonna L., MD
Pro#: 10018780
South Boston Pediatrics
2202 Beechmont Rd
South Boston, VA 24592
(434) 572-3635

Hospital Affiliations:
Halifax Regional Hospital

King, Samantha, MD
Pro#: 62490
Fuller-Roberts Clinic, Inc.
2212 Wilborn Ave
South Boston, VA 24592
(434) 572-8921
Pro#: 10167036

Hospital Affiliations:
Centra Lynchburg General Hospital

Lombardi, Anne H, MD
Pro#: 10140531
SENTARA HALIFAX PEDIATRICS
101 Aubreys Loop Road
South Boston, VA 24592
(434) 571-8022

Hospital Affiliations:
Halifax Regional Hospital
Primary Care Physicians - Tier 1

Ojuola, Olubukola L., MD
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Fuller-Roberts Clinic, Inc.
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Torres, Maria Precious T, MD
Prov#: 10141137
SENTARA HALIFAX PEDIATRICS
2100 Wilborn Avenue
South Boston, VA 24592
(434) 517-8022

Hospital Affiliations:
Halifax Regional Hospital

South Hill

Dessie, Binyam, MD
Prov#: 10211176
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
VCU Community Memorial Hospital

Kilpatrick, Kathryn, MD
Prov#: 10007661
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Hospital Affiliations:
Southern Virginia Regional Medical Center
VCU Community Memorial Hospital

Kirk, Rebecca, MD
Prov#: 10154965
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
VCU Community Memorial Hospital

South Riding

Fogarty, Lynn D., MD
Prov#: 10014544
South Riding Pediatrics
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
Reston Hospital Center

Kapoor, Shreeti, MD
Prov#: 10132503
Farrell Pediatrics, LLC
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
Reston Hospital Center

Ku, Karen, MD
Prov#: 10135112
South Riding Pediatrics
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South Riding, VA 20152
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Hospital Affiliations:
Inova Fairfax Hospital
Reston Hospital Center

Mar, Alice, MD
Prov#: 10009523
Farrell Pediatrics, LLC
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South Riding, VA 20152
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Hospital Affiliations:
Reston Hospital Center

Price, Shannon, MD
Prov#: 10047464
South Riding Pediatrics
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
Reston Hospital Center

Reynolds, Benjamin P., MD
Prov#: 10010311
South Riding Pediatrics
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
Reston Hospital Center

Spotsylvania

Becker, Jiyeon K, MD
Prov#: 41058
Preferred Pediatrics at Snowden Inc
9755 Courthouse Road Suite 101
Spotsylvania, VA 22553
(540) 898-9680

Hospital Affiliations:
Inova Fairfax Hospital

Callahan, Mary, MD
Prov#: 10022265
Preferred Pediatrics at Snowden Inc
9755 Courthouse Road Suite 101
Spotsylvania, VA 22553
(540) 898-9680

Hospital Affiliations:
Mary Washington Hospital (MWH)

Fernando, Nimali, MD
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Yum Pediatrics
10482 Georgetown Drive
Spotsylvania, VA 22553
(540) 369-3316

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hood, Kyon A., MD
Prov#: 10135564
Prime Care Family Care PC
9763 Courthouse Road
Spotsylvania, VA 22553
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Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Hull, Jane R., MD
Prov#: 10162150
Preferred Pediatrics at Snowden Inc
9755 Courthouse Road Suite 101
Spotsylvania, VA 22553
(540) 898-9680

Hospital Affiliations:
Mary Washington Hospital (MWH)

Richman, Suzanne, MD
Prov#: 12659
Kids Choice Pediatrics Inc
(540) 710-6006

Hospital Affiliations:
Mary Washington Hospital (MWH)

Van Horn, Lori, MD
Prov#: 10028251
Kids Choice Pediatrics Inc
(540) 710-6006

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hoang, Jacqueline K., MD
Prov#: 10141338
Pediatric Associates of Springfield
5502 Backlick Road
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(703) 642-8306

Hospital Affiliations:
Inova Fairfax Hospital

Qadir, Arshia A., MD
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5502 Backlick Road
Springfield, VA 22151
(703) 642-8306

Hospital Affiliations:
Mary Washington Hospital (MWH)

Staunton

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Prov#: 10075288
Patient Care Plus
42 Lambert St Ste 111
Staunton, VA 24401
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Sterling

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Prov#: 10038256
Pediatric Healthcare
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Sterling, VA 20164
(703) 444-2100

Richard, Narmatha, MD
Prov#: 10955276
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive Suite 130
Sterling, VA 20165
(540) 444-1144

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Clapp, Deborah, MD
Prov#: 10055587
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive Suite 130
Sterling, VA 20165
(540) 444-1144

Hospital Affiliations:
Inova Fairfax Hospital

Noori, Alice, MD
Prov#: 10031157
PL Physicians Inc
282 Choptank Road Ste 103
Stafford, VA 22554
(540) 604-5100

Hospital Affiliations:
Mary Washington Hospital (MWH)

Rajae, Halseh, MD
Prov#: 10016272
Pediatric Partners of Stafford PC
110 Soaring Eagle Drive
Stafford, VA 22556
(540) 720-2126

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Mary Washington Hospital (MWH)

Van Horn, Lori, MD
Prov#: 10199391
Pediatric Partners of Stafford PC
422 Garrisonville Rd Ste 101
Stafford, VA 22554
(540) 720-2126

Hospital Affiliations:
Mary Washington Hospital (MWH)

Walsh, Laura, MD
Prov#: 91510
Pediatric Partners of Stafford PC
422 Garrisonville Rd Ste 101
Stafford, VA 22554
(540) 720-2126

Hospital Affiliations:
Mary Washington Hospital (MWH)

Optima Direct Network Providers 9/2019
Cooper, Jamille, MD  
Pro#: 10049189  
PediCare Healthcare  
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Sterling, VA 20164  
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Dharia, Subarna, MD  
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Capital Area Pediatrics Inc  
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Sterling, VA 20165  
(703) 444-1144

Dolvane, Rubina, MD  
Pro#: 10100002  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive  
Sterling, VA 20165

Ferrer, Jennifer, MD  
Pro#: 10068532  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
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Hospital Affiliations:  
Inova Fairfax Hospital

Fox, Carol, MD  
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Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Inova Fairfax Hospital

Hill, Lisa, MD  
Pro#: 98903  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Reston Hospital Center

Hong, Sharon, MD  
Pro#: 10080752  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Suffolk, VA 23434  
(703) 444-1144

Lee, Nicole, MD  
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Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
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McAndrews, Julie, MD  
Pro#: 23947  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Inova Fairfax Hospital

Moore, C. Damon, MD  
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PediCare Healthcare  
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Sterling, VA 20164  
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Morris, Edward, MD  
Pro#: 10055369  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Inova Fairfax Hospital

Nair, Sharmila R., MD  
Pro#: 10066012  
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46175 Westlake Drive Suite 120  
Sterling, VA 20165  
(703) 444-0100

Nigra, Meaghan, MD  
Pro#: 10117661  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144

Parker, Damien, MD  
Pro#: 10088594  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive  
Sterling, VA 20165

Pierce, Amy, MD  
Pro#: 10061821  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144

Pillon, Carolina, MD  
Pro#: 10119699  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144

Rodrigues, Lori, MD  
Pro#: 10015608  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Reston Hospital Center

Sawyer, Rebecca, MD  
Pro#: 10055710  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Inova Fairfax Hospital

Siegel, Allison J, MD  
Pro#: 10013195  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Reston Hospital Center

Tan, Hanita Oh, MD  
Pro#: 10052275  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
(703) 444-1144  
Hospital Affiliations:  
Inova Fairfax Hospital

Wahba, Leina, MD  
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Capital Area Pediatrics Inc  
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Sterling, VA 20165  
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Watts, Elizabeth, MD  
Pro#: 10054562  
Capital Area Pediatrics Inc  
14 Pigeon Hill Drive Suite 130  
Sterling, VA 20165  
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Hospital Affiliations:  
Inova Fairfax Hospital

Waxman, Phyllis, MD  
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Brooks, Kathryn F., MD  
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Nansemond Pediatrics (CMG)  
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Crandley, Kate N., MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters

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Drewes, Adam, MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters

Suffolk

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Tidewater Children's Associates, Ltd. (CMG)  
5835 Harbour View Blvd Ste B  
Suffolk, VA 23435  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Goldsky, Cherubim E., MD  
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Southeastern Virginia Health System  
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Gregory, Douglas B., MD  
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Inova Health System  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

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OptimaHealth
Primary Care Physicians - Tier 1

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418 Market Street
Suffolk, VA 23434
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Holz, Julie Anne, DO
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hunter, Tequilla L., MD
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5835 Harbour View Blvd Ste B
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Suffolk, VA 23435
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Karp, Glenda S., MD
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Tidewater Children's Associates, Ltd. (CMG)
5835 Harbour View Blvd Ste B
Suffolk, VA 23435
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
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418 Market Street
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Seusy, Latricia B., MD
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5835 Harbour View Blvd Ste B
Suffolk, VA 23435
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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(757) 483-7113

Wright, Laura S., MD
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Suffolk, VA 23435
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Vienna

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Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
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Hospital Affiliations:
Inova Fairfax Hospital

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OptimaHealth
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(703) 938-2244

Dreyfuss, Adrienne N., MD
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Hospital Affiliations:
Inova Fairfax Hospital

Floy, Tina Emoungu, MD
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Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Glandon-Hyun, Angela, MD
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Hospital Affiliations:
Inova Fairfax Hospital

Incatassiato, William, MD
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Hospital Affiliations:
Inova Fairfax Hospital

Jasani, Archana, MD
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Hospital Affiliations:
Inova Fairfax Hospital

Kim, Cindy, MD
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Hospital Affiliations:
Inova Alexandria Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

Lee, Nicole, MD
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Hospital Affiliations:
Inova Fairfax Hospital

McAndrews, Julie, MD
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Hospital Affiliations:
Inova Fairfax Hospital

Morris, Edward, MD
Pro#: 10055369
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410 Maple Avenue Suite 5
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Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

Virginia Beach

Ashman, Rosemary L., MD
Pro#: 40488
Partners In Pediatric Care
324 Louisa Ave Suite 118
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General Booth Pediatrics (CMG)
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(757) 688-6700

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Pro#: 53354
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6477 College Park Sq Ste 118
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Primary Care Physicians - Tier 1

Charette, Laura A., MD  
Pro#: 13102  
PDC Pediatrics (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
(757) 453-6711  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Childs, Marcella F., MD  
Pro#: 10018585  
Town Center Pediatrics (CMG)  
4505 Columbus Street Suite 250  
Virginia Beach, VA 23462  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Cotton, Jacqueline S., MD  
Pro#: 94734  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  

Coyo, Hyeon D., MD  
Pro#: 56838  
Premier Pediatrics  
1181 First Colonial Road Suite 100  
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(757) 688-4600  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Desoto, Mary Vaughn S., MD  
Pro#: 1029966  
General Booth Pediatrics (CMG)  
2021 Concert Drive Suite 201  
Virginia Beach, VA 23456  
(757) 669-2850  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 669-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Downing, Carol E., MD  
Pro#: 13909  
Pediatrics of Kempsville, PC  
1212 Lake James Dr Ste C  
Virginia Beach, VA 23464  
(757) 523-4589  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Fayton, Charles E., MD  
Pro#: 13372  
Tidewater Pediatric Consultants PC  
6477 College Park Sq Ste 118  
Virginia Beach, VA 23464  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Fontana, Christy A., MD  
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324 Louise Ave Suite 118  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Gower, Elizabeth J., MD  
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Town Center Pediatrics (CMG)  
4505 Columbus Street Suite 250  
Virginia Beach, VA 23462  
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Children's Hospital of the King's Daughters  

Henning, Michelle, DO  
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Higino, Valeria N, MD  
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1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Hutchinson, Kristin K., MD  
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General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

Johnson, Cami U., MD  
Pro#: 10023142  
Partners In Pediatric Care  
4221 Pleasant Valley Rd Ste 114  
Virginia Beach, VA 23464  
(757) 495-7420  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Johnson, Robert A., MD  
Pro#: 13432  
Johnson Pediatrics at Pembroke  
293 Independence Blvd Ste 330  
Virginia Beach, VA 23462  
(757) 499-4949  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

Jones, III, Davis B., MD  
Pro#: 40456  
Sentara Pediatric Physicians (SMG)  
1800 Camelot Dr Ste 200  
Virginia Beach, VA 23454  
(757) 252-9600  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  

Jordan, Cami U., MD  
Pro#: 10023142  
Partners In Pediatric Care  
324 Louise Ave Suite 118  
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(757) 333-7797  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Khan, Ghazala Y., MD  
Pro#: 10092361  
Partners In Pediatric Care  
324 Louise Ave Suite 118  
Virginia Beach, VA 23454  
(757) 333-7797  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Kirk, Rhaiannon, MD  
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Town Center Pediatrics (CMG)  
1128 Independence Blvd Suite 100  
Virginia Beach, VA 23452  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Lehman, Robert D., MD  
Pro#: 13027  
Pediatric Affiliates of Hampton Roads  
200 Grayson Rd Ste 101  
Virginia Beach, VA 23462  
(757) 473-3200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Lexier, Melissa R., MD  
Pro#: 10008034  
Sentara Pediatric Physicians (SMG)  
1950 Glenn Mitchell Dr Ste 304  
Virginia Beach, VA 23456  
(757) 507-0255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Lorenzo, David A, MD  
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Town Center Pediatrics (CMG)  
4505 Columbus Street Suite 250  
Virginia Beach, VA 23462  
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Hospital Affiliations:  
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Virginia Beach, VA 23464  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

McDonald, Anne K., MD  
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Beach Kids Pediatrics  
1004 First Colonial Road Ste 103  
Virginia Beach, VA 23454  
(757) 806-8880  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  

McDonald, Bryan M., MD  
Pro#: 10077982  
Beach Kids Pediatrics  
1004 First Colonial Road Ste 103  
Virginia Beach, VA 23454  
(757) 806-8880  

Mitchell, Douglas K., MD  
Provision #: 15992  
General Booth Pediatrics (CMG)  
2021 Concert Dr Ste 201  
Virginia Beach, VA 23456  
(757) 668-6700  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leight Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Morrison-Jones, Carly M., MD  
Provision #: 10182908  
Town Center Pediatrics (CMG)  
1128 Independence Blvd Suite 100  
Virginia Beach, VA 23452  
(757) 499-7442  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leight Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Norris, David M., MD  
Provision #: 11841  
General Booth Pediatrics (CMG)  
2021 Concert Drive Suite 201  
Virginia Beach, VA 23456  
(757) 668-2850  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leight Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Oliver Brooks, LaGora A., MD  
Provision #: 10040758  
Sentara Pediatric Physicians (SMG)  
2301 General Booth Blvd  
Virginia Beach, VA 23456  
(757) 395-1920  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Leight Hospital  
Sentara Norfolk General Hospital  
Obishak, Rebbecca L., MD  
Provision #: 10158688  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Princess Anne Hospital  
Owens, Amanda K., MD  
Provision #: 75802  
Sentara Pediatric Physicians (SMG)  
1950 Glenn Mitchell Dr Ste 304  
Virginia Beach, VA 23456  
(757) 507-0255  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Park, Jung E., MD  
Provision #: 10130441  
PDC Pediatrics (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
(757) 453-6711  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Pelletier, Erica Rose, MD  
Provision #: 10175829  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
Children's Hospital of the King's Daughters  
Henryro Doctors' Hospital - Forest Campus  
Henryro Doctors' Hospital - Parham Campus  
Henryro Doctors' Hospital - Retreat Campus  
Santos Heydarian, Rosemarie A., MD  
Provision #: 10146611  
General Booth Pediatrics (CMG)  
2088 Princess Anne Road  
Virginia Beach, VA 23456  
(757) 668-6700  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Obici Hospital  
Seagull, Fanya N., MD  
Provision #: 10010482  
Sentara Pediatric Physicians (SMG)  
2301 General Booth Blvd  
Virginia Beach, VA 23456  
(757) 395-1920  
Hospital Affiliations:  
Sentara Princess Anne Hospital  
Snyders, Glenn C., MD  
Provision #: 40473  
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Virginia Beach, VA 23454  
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Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Stephens, Lisa D., MD  
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Sentara Pediatric Physicians (SMG)  
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Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
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Sentara Pediatric Physicians (SMG)  
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Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Vanekasen, Saileela, MD  
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Sentara Pediatric Physicians (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
(757) 460-5521  
Hospital Affiliations:  
Sentara Leight Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Wick, Nancy, MD  
Provision #: 1002902  
PDC Pediatrics (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
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PDC Pediatrics (CMG)  
2021 Concert Dr Ste 202  
Virginia Beach, VA 23456  
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Chesapeake Regional Medical Center  
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Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Virginia Beach General Hospital  
Amster, Michael S., MD  
Provision #: 10035523  
Warrenton Pediatrics, LLC  
28 Blackwell Park Lane Ste 103  
Warrenton, VA 20186  
(540) 349-3225  
Hospital Affiliations:  
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Piedmont Pediatrics, PLC  
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Warrenton, VA 20186  
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Hospital Affiliations:  
Fauquier Hospital  
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Provision #: 71984  
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20 Rock Point Lane Suite 101  
Warrenton, VA 20186  
(540) 347-9900

Optima Direct Network Providers 9/2019 160

OptimaHealth
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<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Kemerer, Cheryl, MD</td>
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<tr>
<td>Devries, Peter R., MD</td>
<td>(540) 347-9900</td>
<td>Waynesboro, VA 22980</td>
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<tr>
<td>Dunn, Alison E, MD</td>
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<tr>
<td>Band, Sharon R, MD</td>
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<tr>
<td>Dunn, Alison E, MD</td>
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<td>Waynesboro, VA 22980</td>
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<td>Ward, Christopher M, MD</td>
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<td>Warrenton, VA 22980</td>
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<tr>
<td>Hostetter, Melissa, MD</td>
<td>(540) 949-0118</td>
<td>Waynesboro, VA 22980</td>
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<tr>
<td>Gottfried, Linda P., MD</td>
<td>(757) 259-5118</td>
<td>Williamsburg, VA 23188</td>
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<td>Ahsan, x, MD</td>
<td>(757) 259-5118</td>
<td>Williamsburg, VA 23188</td>
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<td>Altman, Jennifer J., MD</td>
<td>(757) 259-5118</td>
<td>Williamsburg, VA 23188</td>
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<td>De Falcon, Elizabeth, MD</td>
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<td>Williamsburg, VA 23188</td>
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<td>Devries, Peter R., MD</td>
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<td>Williamsburg, VA 23188</td>
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<td>Fern, Robert J., MD</td>
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<tr>
<td>Tyler, Brian Carey, MD</td>
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<td>Waynesboro, VA 22980</td>
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</tr>
</tbody>
</table>

**Waynesboro**

- 108 Community Drive
- Waynesboro, VA 22980
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- Waynesboro, VA 22980

**Williamsburg**

- 4374 Town Ave Ste 202
- Williamsburg, VA 23188
- 119 Bulifants Blvd
- Williamsburg, VA 23188
- 4374 Town Ave Ste 202
- Williamsburg, VA 23188
- 4374 Town Ave Ste 202
- Williamsburg, VA 23188
- 4374 Town Ave Ste 202
- Williamsburg, VA 23188
- 4374 Town Ave Ste 202
- Williamsburg, VA 23188
Primary Care Physicians - Tier 1

Schultz, Philip A., MD
Pro#: 42694
Winchester Pediatric Clinic
190 Campus Blvd Ste 400
Winchester, VA 22601
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Hospital Affiliations:
Winchester Medical Center

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Shenandoah Valley Medical System Inc.
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Pediatric Associates of Winchester
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Winchester, VA 22601
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Hospital Affiliations:
Winchester Medical Center

Russell, Paul J., MD
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Hospital Affiliations:
Winchester Medical Center

Kornreich, Bryan A., MD
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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Winchester Medical Center

Woodbridge

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Woodbridge, VA 22192
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Hospital Affiliations:
Augusta Medical Center
Centra Southside Community Hospital

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Woodbridge, VA 22192
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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

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1924 Opitz Blvd
Woodbridge, VA 22191
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Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

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Woodbridge, VA 22192
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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

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Sentara Northern Virginia Medical Center

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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

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Prince William Pediatrics and Adolescent Center
12722 Directors Loop
Woodbridge, VA 22192
(703) 492-1400

Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Kumar, Krishnan S., MD
Pro#: 10006900
Krishnan S. Kumar M.D., P.C.
1900 Opitz Boulevard Suite A
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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Labriola, Paula, MD
Pro#: 10082552
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1924 Opitz Blvd
Woodbridge, VA 22191
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Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Lundgren, Kathleen, MD
Pro#: 10071591
All Pediatrics
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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Meza, Griselda M., MD
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Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Potomac Valley Hospital

Sugasti, Oscar Fernando, MD
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2200 Opitz Boulevard Suite 355
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Hospital Affiliations:
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
Sentara Northern Virginia Medical Center

Taylor, Britanny M., MD
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Touchette, Leonard L., MD
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Hospital Affiliations:
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Inova Fairfax Hospital

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Woodstock

Neri, Anthony R., MD
Pro#: 29329
Valley Health Shenandoah Memorial Hospital Pediatrics
759 South Main Street
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Hospital Affiliations:
Shenandoah Memorial Hospital

Aney, Matthew, MD
Pro#: 10094865
Wythe Pediatric Pediatrics, Inc.
590 West Ridge Road Ste J
Wytheville, VA 24382
(276) 228-2405

Wytheville
Primary Care Physicians - Tier 1

Scott, James U., MD  
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Wythe Bland Pediatrics, Inc.  
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Bina A. Fenn: County Pediatrics, P.L.L.C  
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Yorktown, VA 23692  
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Ortiz-Natoli, Elizabeth, MD  
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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hashisaki, Teresa H., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Trundle, A. Robert, MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Wisman Jr., Paul P., MD  
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Wolfe, Karyn E, MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Yorktown

Armengol, Carlos E., MD  
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Balaban, Lori W., MD  
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Bouber, Gemila, MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Knight, Sarah E., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

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Mika, Katherine D., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Perriello, L. Paige D., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Szwedo, Marion M., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Zion Crossroads

Brown, Alaina Marie, MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Davis, Sheila F., MD  
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Hospital Affiliations:  
Sentara Martha Jefferson Hospital

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OptimaHealth
Primary Care Providers - Tier 2

Primary Care Providers
Tier 2
Primary Care Physicians - Tier 2

VA

Family Medicine
Bowling Green

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Hospital Affiliations: University of Virginia Health Sciences Center

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Hospital Affiliations: University of Virginia Medical Center

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Hospital Affiliations: University of Virginia Medical Center

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Culpeper

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Gravatte IV, Leroy Trice, MD
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Hospital Affiliations:
UVA Culpeper Hospital

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UVA Culpeper Hospital

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Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
UVA Culpeper Hospital
University of Virginia Medical Center

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16240 Bennett Rd
Culpeper, VA 22701
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
UVA Culpeper Hospital
University of Virginia Medical Center

Fredericksburg

Guirguis, Ekram G., MD
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Ladysmith Medical Center
10620 Spotsylvania Ave
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4535 Spotsylvania Parkway
Fredericksburg, VA 22408
(540) 604-5186
Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

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Mary Washington Hospital (MWH)

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Primary Care Physicians - Tier 2

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Waynesboro

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<thead>
<tr>
<th>Name</th>
<th>Prov#</th>
<th>Affiliations</th>
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<tbody>
<tr>
<td>Zivony, Adam S., MD</td>
<td>10055814</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td>Ballew, Kenneth A., MD</td>
<td>10781</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campus</td>
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<td>Woodford, Daniel, MD</td>
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<td>Mandell, Jr., M. Stephen, MD</td>
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<td>Bevins, Lauren E., MD</td>
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<td>Ballew, Kenneth A., MD</td>
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<td>Bauman, Kimberly L., MD</td>
<td>40226</td>
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<td>Dowdell, Kimberly J., MD</td>
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<td>Geiler, Joyce B., MD</td>
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<td>10134984</td>
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Optimal Direct Network Providers 9/2019
Primary Care Physicians - Tier 2

Salerno, Amy, MD  
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Primary Care Physicians - Tier 2

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Hospital Affiliations:  
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Palmrya
### Primary Care Physicians - Tier 2

#### Charlottesville

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<td>Gupta, Shakun, MD</td>
<td>10183999</td>
<td>University of Virginia Physicians Group</td>
<td>(434) 924-5321, 2955 Ivy Road Suite 303, Charlottesville, VA 22903 (434) 980-6555</td>
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<td>Babbott, Cecelia C., MD</td>
<td>10192777</td>
<td>University of Virginia Physicians Group</td>
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<td>Hellems, Martha A., MD</td>
<td>55194</td>
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<td>Gillenwater, Jay Merritt, MD</td>
<td>61928</td>
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#### Stuarts Draft

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<td>10171450</td>
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<td>(540) 337-3710</td>
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<td>Salomon, Alexander, MD</td>
<td>10072387</td>
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#### Waynesboro

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#### Zion Crossroads

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#### Pediatrics

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<td>Valenzuela, Courteny R., MD</td>
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<td>(434) 924-5321, 2955 Ivy Road Suite 303, Charlottesville, VA 22908 (434) 980-6555</td>
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<td>Kellams, Ann L., MD</td>
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<td>Moon, Rachel Y., MD</td>
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Optima Direct Network Providers 9/2019
Primary Care Physicians - Tier 2

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Optima Direct Network Providers 9/2019 175

Optima Health
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*Hospital Affiliations:*  
University of Virginia Medical Center
OB/GYN Physicians- Tier 1

OB/GYN Physicians
Tier 1
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<td>Abingdon</td>
<td>Bevins, Rachel E, MD</td>
<td>10169207</td>
<td>277 White Street, Abingdon, VA 24210 (276) 628-4335</td>
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<td>Lavigne, Jay W., MD</td>
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| Abrams, Margarita, MD  
Pro#: 10169699  
Encore OB-GYN Center of Southwest Virginia, LLC  
825 Davis Street Ste C  
Blacksburg, VA 24060  
(276) 783-1827  
*Hospital Affiliations*  
Montgomery Regional Hospital  
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*Hospital Affiliations*  
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Planned Parenthood Health Systems Inc  
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Norton Community Hospital |
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Centra Virginia Baptist Hospital |
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Centra Virginia Baptist Hospital |
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Centra Virginia Baptist Hospital |
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Centra Virginia Baptist Hospital |
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Centra Virginia Baptist Hospital |
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*Hospital Affiliations*  
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Johnston-Willis Hospital |
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Pro#: 44007  
Bayview Physician Services, PC  
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*Hospital Affiliations*  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital |
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Pro#: 10172607  
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Centreville, VA 20121  
(703) 830-4388  
*Hospital Affiliations*  
Reston Hospital Center |
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Pro#: 10175905  
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Centreville, VA 20121  
(703) 830-4388  
*Hospital Affiliations*  
Reston Hospital Center |
| Arnold, Michael L., MD  
Pro#: 52506  
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600 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 977-4488  
*Hospital Affiliations*  
Montgomery Regional Hospital  
LewisGale Montgomery |
| Driscoll, Sarah K., DO  
Pro#: 10178814  
LewisGale Physicians, LLC  
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(540) 443-0500  
*Hospital Affiliations*  
Carilion Giles Community Hospital |
| Farnham, Cynthia, MD  
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Blacksburg, VA 24060  
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*Hospital Affiliations*  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital |
| Mckern, Emily, MD  
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LewisGale Physicians, LLC  
826 Davis Street  
Blacksburg, VA 24060  
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Carilion Giles Community Hospital |
| Simcox, Kimberly Palmer, DO  
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Carilion Healthcare Corporation  
901 Plantation Road Suite 3  
Blacksburg, VA 24060  
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OB/GYN Physicians - Tier 1

Heineck, Robert Jason, MD
Pro#: 10493026
Carilion Healthcare Corporation
2900 Lamb Circle
Christiansburg, VA 24073
(540) 731-4578

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
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Hospital Affiliations
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD
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Hospital Affiliations
Carilion Roanoke Memorial Hospital

Colonial Heights

Diaz, Sumac D., MD
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Hospital Affiliations
VCU Health System/MCV

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Hospital Affiliations
Bon Secours St. Marys Hospital

Daleville

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Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion New River Valley Medical Center
Carilion Roanoke Community Hospital

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Maute, Frederick, MD
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Dublin

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Hospital Affiliations
Carilion Giles Community Hospital
Shenandoah Memorial Hospital

Optima Direct Network Providers 9/2019 184
### OB/GYN Physicians - Tier 1

#### Fairfax

<table>
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<th>Name</th>
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<tr>
<td>Cauble, Kathleen, MD</td>
<td>(703) 208-7355</td>
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<tr>
<td>Aslanis, Diane, DO</td>
<td>(540) 213-7750</td>
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<tr>
<td>Mufti, Shavana, MD</td>
<td>(703) 539-8987</td>
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<tr>
<td>Keatts, Ami H., MD</td>
<td>(540) 213-7750</td>
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<tr>
<td>Kidd, Kristi, MD</td>
<td>(540) 213-7750</td>
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#### Farmville

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<tr>
<td>An, Jennifer, MD</td>
<td>(540) 932-5577</td>
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<tr>
<td>Brooks, Mark P, MD</td>
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<td>Porter, Dana M, MD</td>
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<tr>
<td>Neves, Hilary L., MD</td>
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#### Fishersville

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<tr>
<td>Mullins, Elizabeth S., MD</td>
<td>(540) 932-5577</td>
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<td>Coiner, John T, DO</td>
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<td>Wills, Thomas L., MD</td>
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#### Forest

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<tr>
<td>Baker, William F., MD</td>
<td>(540) 213-7750</td>
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Optima Direct Network Providers 9/2019
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<td>Dalke, Kara, MD</td>
<td>(540) 368-9472</td>
<td>2535 Cowan Blvd</td>
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<td>(540) 374-3100</td>
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<td>Galuk, Stephanie M., DO</td>
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<td>Hamilton, William A., MD</td>
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<td>Jackson, Latoya, MD</td>
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<td>(540) 374-3100</td>
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<td><strong>Franklin</strong></td>
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<td>(540) 374-3100</td>
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</table>
OB/GYN Physicians - Tier 1

Martinez, Julian E., MD  
Baker, Virginia, DO

Baker, Virginia, DO  
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Greer, Kimberly A, MD
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OB/GYN Physicians - Tier 1

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Bath Community Hospital
Sentara RMH Medical Center

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Robert, Michelle, MD
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Hospital Affiliations
Reston Hospital Center

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110 Houston Street Suite C
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Hospital Affiliations
Augusta Medical Center

Bon Secours St. Mary's Hospital
Sentara Martha Jefferson Hospital
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<td>Troise, Joseph L., MD</td>
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<tr>
<td>110 Houston Street Suite C</td>
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<tr>
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<tr>
<td>8998 Lorton Station Boulevard Suite A</td>
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<td>Central Virginia Health Services, Inc</td>
</tr>
<tr>
<td>115 Jefferson Highway Suite 9</td>
</tr>
<tr>
<td>Louisa, VA 23093</td>
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<td>(540) 967-9401</td>
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<td>Baker, Virginia, DO</td>
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<td>Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market</td>
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<td>125 Memorial Drive</td>
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<td>Lynchburg Women's and Pediatric Health Services</td>
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<tr>
<td>2402 Atherholt Road</td>
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<td>407 Federal Street</td>
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<tr>
<td>1901 Tate Springs Road</td>
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<tr>
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| Neys, Hilary L., MD |
| Pro#: 10191010 |
| Central Medical Group Women's Center |
| 3300 Rivermont Ave |
| Lynchburg, VA 24503 |
| (434) 315-2950 |
| Hospital Affiliations |
| Centra Lynchburg General Hospital |
| Centra Virginia Baptist Hospital |

| Pierce, John, MD |
| Pro#: 10149280 |
| Women's Health Services of Central Virginia, Inc. |
| 114 Nationwide Drive |
| Lynchburg, VA 24502 |
| (434) 239-7890 |
| Hospital Affiliations |
| Centra Lynchburg General Hospital |
| Centra Virginia Baptist Hospital |

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| OptimaHealth |
OB/GYN Physicians - Tier 1

Power, Monica M., MD
Pro#: 51421
Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Ryce, Raymonda, MD
Pro#: 10140444
Dominion Women's Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 730-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Hospital
Dominion Women's Health
Prov#: 10037017
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Howell, Malcolm, MD
Pro#: 10110029
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Love, Rachel, MD
Pro#: 10154486
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 100
Midlothian, VA 23114
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
McGaw, Elisabeth, MD
Pro#: 10118690
Virginia Women's Center Inc
13801 St Francis Blvd Suite 100
Midlothian, VA 23114
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Mead, Thomas P, MD
Pro#: 69479
Dominion Women's Health
230 Browns Way
Midlothian, VA 23113
(804) 730-0800
61 Watkins Centre Parkway Suite 220
Midlothian, VA 23114
(804) 464-2453
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Moore, Andrew W., MD
Pro#: 10098885
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 100
Midlothian, VA 23114
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus
Mrava, Diane M, MD
Pro#: 10110033
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13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Paoloni, Christopher E, MD
Prov#: 10203248
RIVER CITY OB/GYN, P.C. 9/2019
13700 St Francis Blvd Suite 603
Midlothian, VA 23114
(540) 345-3556

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Sentara Williamsburg Regional Medical Center
VCU Community Memorial Hospital

Peterson, Sarah, MD
Prov#: 10173294
Bon Secours Richmond OB-GYN 13700 St Francis Blvd Suite 305
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Midlothian, VA 23114
(804) 423-8462

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Pringle, Tamara, MD
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Midlothian, VA 23114
(804) 423-8462

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

Ryce, Raymonda, MD
Prov#: 10140444
Dominion Women's Health
611 Watkins Centre Parkway Suite 220
Midlothian, VA 23114

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Santosh, Padmini, MD
Prov#: 58207
Virginia Physicians for Women, Ltd.
13700 St Francis Blvd #502
Midlothian, VA 23114
(804) 594-3120

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Sarat, Sara, MD
Prov#: 10112425
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 106
Midlothian, VA 23114
(804) 288-4064

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Shaban, Danny, MD
Prov#: 55747
Dominion Women's Health
230 Browns Way
Midlothian, VA 23113
(804) 730-0800
61 Watkins Centre Parkway Suite 220
Midlothian, VA 23114
(804) 464-2453

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Smith, Tovia, MD
Prov#: 10125619
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 100
Midlothian, VA 23114
(804) 288-4084

Hospital Affiliations
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Spasic, Zvono, MD
Prov#: 10037017
Dominion Women's Health
230 Browns Way
Midlothian, VA 23113
(804) 730-0800
61 Watkins Centre Parkway Suite 220
Midlothian, VA 23114
(804) 464-2453

Hospital Affiliations
Bon Secours St. Francis Medical Center
Bon Secours Memorial Regional Medical Center

West, Lisa M., MD
Prov#: 10028578
West Gynecology and Medical Spa, PLLC
3738 Winterfield Road Ste 100
Midlothian, VA 23113
(804) 378-9378

Hospital Affiliations
Chippenham Medical Center/Johnston-Willis Hospital

Wiles III, Howard O, MD
Prov#: 10110720
Bon Secours Richmond OB-GYN 13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Williams, Flora E, MD
Prov#: 10109971
Bon Secours Richmond OB-GYN 13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Moneta

McLaren, Barbara, MD
Prov#: 10031425
Carilion Bedford Memorial Specialty Clinic
4830 Rucker Rd Ste B
Moneta, VA 24412
(540) 586-6818

Newport News

Cordes, Laura R., MD
Prov#: 73070
Tidewater Physicians Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 223-9794

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Coyle, Cherri L., MD
Prov#: 54083
Center for Women's Health (MAWC)
12706 McManus Blvd
Newport News, VA 23602
(757) 874-2229

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Davis, Stephen S., MD
Prov#: 93552
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Fisher, Deneishia, MD
Prov#: 10172223
Tidewater Physicians Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 223-9794

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Gillman, Monique D., MD
Prov#: 10012204
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841

Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gillman, Nicole C, MD
Prov#: 10110514
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841

Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Jafri, Naved A., MD
Prov#: 32150
Obstetrics & Gynecology Associates of Hampton (MAWC)
714 Thimble Shoals Blvd Ste B
Newport News, VA 23602

Hospital Affiliations
Sentara CarePlex Hospital

Jafri, Obaid, MD
Prov#: 95803
Obstetrics & Gynecology Associates of Hampton (MAWC)
714 Thimble Shoals Blvd Ste B
Newport News, VA 23602

Hospital Affiliations
Sentara CarePlex Hospital

Lappinen, Krystle R, MD
Prov#: 10130560
Center for Women's Health (MAWC)
12706 McManus Blvd
Newport News, VA 23602
(757) 874-2229

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
OB/GYN Physicians - Tier 1

Larson, Kindra A., MD  
Provs#: 10059924  
EVMS Medical Group  
12720 McManus Blvd Suite 203  
Newport News, VA 23602  
(757) 947-3841  
729 Thimble Shoals Blvd Suite 5E  
Newport News, VA 23606  
(757) 446-7900  
Hospital Affiliations  
Bon Secours Mary Immaculate Hospital  
Sentara Norfolk General Hospital  
Prov#: 54015  
Colonial Ob/Gyn Associates, Ltd  
716 Denbigh Blvd Ste E-2  
Newport News, VA 23608  
(757) 874-2790  
Hospital Affiliations  
Bon Secours Mary Immaculate Hospital  
Takacs, Peter, MD  
Provs#: 10101536  
EVMS Medical Group  
12720 McManus Blvd Suite 203  
Newport News, VA 23602  
(757) 947-3841  
729 Thimble Shoals Blvd Suite 5E  
Newport News, VA 23606  
(757) 446-7900  
Hospital Affiliations  
Sentara Princess Anne Hospital  
Tan, Teresa X., MD  
Provs#: 10032397  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
860 Omni Blvd Suite 110  
Newport News, VA 23606  
(757) 223-9794  
Hospital Affiliations  
Sentara Norfolk General Hospital  
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EVMS Medical Group  
12720 McManus Blvd Suite 203  
Newport News, VA 23602  
(757) 947-3841  
Hospital Affiliations  
Sentara Norfolk General Hospital  
O’Connell, Timothy A., MD  
Provs#: 51137  
Center for Women's Health (MAWC)  
12706 McManus Blvd  
Newport News, VA 23602  
(757) 874-2229  
Hospital Affiliations  
Bon Secours Mary Immaculate Hospital  
Wolner, Alisa R., DO  
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Obstetrics & Gynecology Associates of Hampton (MAWC)  
714-B Thimble Shoals Blvd  
Newport News, VA 23606  
(757) 877-0979  
Hospital Affiliations  
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Arbogast, Kelsey L., MD  
Provs#: 10167877  
Tidewater Physicians For Women, Inc. (MAWC)  
844 Kempsville Road Suite 208  
Norfolk, VA 23502  
(757) 461-3890  
Hospital Affiliations  
Bon Secours Mary Immaculate Hospital  
Basso, Ana C, MD  
Provs#: 10111209  
WomanCare Centers, PLC (MAWC)  
100 Kingsley Lane Suite 200  
Norfolk, VA 23505  
(757) 451-0929  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Bertolino, Siobhan M., MD  
Provs#: 10076820  
Tidewater Physicians For Women, Inc. (MAWC)  
844 Kempsville Rd Ste 208  
Norfolk, VA 23502  
(757) 461-3890  
Burfoot, Keisha L., MD  
Provs#: 34614  
Elite Women's Care  
6161 Kempsville Circle Halifax  
Bldg Ste 340  
Norfolk, VA 23502  
(757) 395-4455  
Callender, Ealena S., MD  
Provs#: 10195563  
Hampton Roads Ob/Gyn Center  
100 Kingsley Ln Ste 100  
Norfolk, VA 23505  
(757) 889-6890  
Hospital Affiliations  
Bon Secours Maryview Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center  
UVA Culpeper Hospital  
University of Virginia Medical Center  
Chakrabarti, Alana M, MD  
Provs#: 10186084  
EVMS Medical Group  
825 Fairfax Ave Ste 310  
Norfolk, VA 23507  
(757) 446-7979  
Hospital Affiliations  
Sentara Leigh Hospital  
Connors, Colleen M., MD  
Provs#: 10130557  
Tidewater Physicians For Women, Inc. (MAWC)  
844 Kempsville Road Suite 208  
Norfolk, VA 23502  
(757) 461-3890  
Hospital Affiliations  
Sentara Leigh Hospital  
Prov#: 93552  
EVMS Medical Group  
601 Colley Ave  
Norfolk, VA 23507  
(757) 446-7100  
825 Fairfax Ave Ste 310  
Norfolk, VA 23507  
(757) 446-7900  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Dixon, Marybeth R., MD  
Provs#: 17206  
WomanCare Centers, PLC (MAWC)  
100 Kingsley Lane Suite 200  
Norfolk, VA 23505  
(757) 451-0929  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Fernandez, Martha T., MD  
Provs#: 14014  
The Group for Women (MAWC)  
880 Kempsville Rd Ste 2200  
Norfolk, VA 23502  
(757) 466-6350  
Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Fontanaires, Arlene, MD  
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Tidewater Physicians For Women, Inc. (MAWC)  
844 Kempsville Rd Ste 208  
Norfolk, VA 23502  
(757) 461-3890  
Hospital Affiliations  
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Sentara Norfolk General Hospital  
Prov#: 14014  
The Group for Women (MAWC)  
880 Kempsville Rd Ste 2200  
Norfolk, VA 23502  
(757) 461-3890  
Hospital Affiliations  
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Sentara Norfolk General Hospital  
Gilman, Monique D., MD  
Provs#: 10012204  
EVMS Medical Group  
825 Fairfax Ave Suite 310  
Norfolk, VA 23507  
(757) 446-7979  
Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Prov#: 14014  
The Group for Women (MAWC)  
880 Kempsville Rd Ste 2200  
Norfolk, VA 23502  
(757) 461-3890  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Sentara Norfolk General Hospital  
Prov#: 10111209  
WomanCare Centers, PLC (MAWC)  
100 Kingsley Lane Suite 200  
Norfolk, VA 23505  
(757) 451-0929  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Gillman, Nicole C, MD  
Provs#: 10110514  
EVMS Medical Group  
825 Fairfax Ave Ste 310  
Norfolk, VA 23507  
(757) 446-7900  
Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
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<td>76912</td>
<td>(757) 451-0929</td>
<td>WomanCare Centers, PLC (MAWC) 100 Kingsley Lane Suite 200 Norfolk, VA 23505</td>
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<td>Harris-Proctor, Denise L.</td>
<td>MD</td>
<td>1017126</td>
<td>(757) 393-6363</td>
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<td>Ito, Traci E.</td>
<td>MD</td>
<td>1002086</td>
<td>(757) 46-6350</td>
<td>Bon Secours Maryview Medical Center</td>
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<td>Hughes, G Theodore</td>
<td>MD</td>
<td>17017</td>
<td>(757) 451-0929</td>
<td>WomanCare Centers, PLC (MAWC) 100 Kingsley Lane Suite 200 Norfolk, VA 23505</td>
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<tr>
<td>Kimble, Thomas D.</td>
<td>MD</td>
<td>10015910</td>
<td>(757) 46-7100</td>
<td>EVMS Medical Group 601 Colley Ave Norfolk, VA 23507</td>
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<td>825 Fairfax Ave Ste 310 Norfolk, VA 23507 825 Fairfax Ave Ste 310 Norfolk, VA 23507</td>
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<td>McFarlane, Jacqualynne Kynette</td>
<td>MD</td>
<td>10082139</td>
<td>(757) 46-7900</td>
<td>EVMS Medical Group 601 Colley Ave Norfolk, VA 23507 825 Fairfax Ave Ste 310 Norfolk, VA 23507</td>
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<td>Morris, Matthew</td>
<td>MD</td>
<td>10190636</td>
<td>(757) 46-7979</td>
<td>EVMS Medical Group 825 Fairfax Ave Ste 310 Norfolk, VA 23507</td>
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<td>Nowroozi, Pouran N.</td>
<td>MD</td>
<td>14361</td>
<td>(757) 46-7979</td>
<td>EVMS Medical Group 825 Fairfax Ave Ste 310 Norfolk, VA 23507</td>
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<td>Sample, Malena</td>
<td>MD</td>
<td>10052683</td>
<td>(757) 446-7979</td>
<td>Elite Women's Care 6161 Kempsville Circle Fairfax Bldg Ste 340 Norfolk, VA 23502</td>
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<td>(757) 446-7979</td>
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<td>(757) 446-7979</td>
<td>Elite Women's Care 6161 Kempsville Circle Fairfax Bldg Ste 340 Norfolk, VA 23502</td>
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**Hospital Affiliations**

- **Sentara Leigh Hospital**
- **Sentara Norfolk General Hospital**

---

**Optima Direct Network Providers 9/2019**

**OptimaHealth**
OB/GYN Physicians - Tier 1

Thurman, Andrea R., MD  
Prov#: 10043044  
EVMS Medical Group  
825 Fairfax Ave Ste 310  
Norfolk, VA 23507  
(757) 446-9797

Wentworth, Jeffrey M., MD  
Prov#: 27717  
The Group for Women (MAWC)  
250 W Brambleton Ave Ste 101  
Norfolk, VA 23510  
(757) 466-6350  
880 Kempsville Rd Ste 2200  
Norfolk, VA 23502  
(757) 466-6350

Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Whibley, Theresa, MD  
Prov#: 14861  
Women Caring, PLC (MAWC)  
40 Gresham Dr Ste 811  
Norfolk, VA 23507  
(757) 623-3845

Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Wilkes, Charles A., MD  
Prov#: 14381  
Tidewater Physicians For Women, Inc. (MAWC)  
844 Kempsville Rd Ste 208  
Norfolk, VA 23502  
(757) 461-3890

Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Willard, Richard N., MD  
Prov#: 10108888  
EVMS Medical Group  
825 Fairfax Ave Ste 310  
Norfolk, VA 23507  
(757) 446-7900

Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

North Chesterfield

Giles, Allison, DO  
Prov#: 10170039  
Virginia Physicians For Women  
10710 Midlothian Turnpike Suite 200  
North Chesterfield, VA 23235  
(804) 897-1200

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus

Hendricks, Glenn P, MD  
Prov#: 10001128  
Bon Secours Richmond OB-GYN at St. Francis  
2500 Pocoshock Place  
North Chesterfield, VA 23235  
(804) 276-9305

Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippendale Medical Center  
Johnston-Willis Hospital  
St. Mary’s Hospital

Norton

Jarjoura, Chadi M., MD  
Prov#: 10189065  
Norton Community Physician Services LLC  
102 15th Street NW Ste 301  
Norton, VA 24273  
(276) 679-1623

Hospital Affiliations  
Indian Path Community Hospital  
Johnson City Medical Center

Lenhard, Matthew J., MD  
Prov#: 10112239  
Norton Community Physician Services LLC  
102 15th Street NW Ste 301  
Norton, VA 24273  
(276) 679-1623

Hospital Affiliations  
Norton Community Hospital

Myers, Thomas E., MD  
Prov#: 10180134  
Norton Community Physician Services LLC  
102 15th Street NW Ste 301  
Norton, VA 24273  
(276) 679-1623

Hospital Affiliations  
Norton Community Hospital

Picker, Eva C., MD  
Prov#: 10174245  
Norton Community Physician Services LLC  
102 15th Street NW Ste 301  
Norton, VA 24273  
(276) 679-1623

Hospital Affiliations  
Faquier Hospital  
Norton Community Hospital

Washington-Moore, Ruby D., MD  
Prov#: 10113242  
Norton Community Physicians Services  
102 15th Street NW Ste 301  
Norton, VA 24273  
(276) 439-1470

Hospital Affiliations  
Johnston City Medical Center  
Johnston Memorial Hospital

Virginia Physicians For Women

Freundel, Roseann J., DO  
Prov#: 10054027  
Norton Community Physicians Services  
127 Healthcare Drive Ste 1278  
Pennington Gap, VA 24277  
(276) 439-1470

Hospital Affiliations  
Carilion New River Valley Medical Center  
Carilion Community Hospital

Devlin, Jill, DO  
Prov#: 10171713  
Carilion Giles Community Hospital  
430 Boxwood Ln  
Pearsburg, VA 24134  
(540) 921-6110

Hospital Affiliations  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Lenhard, Matthew J., MD  
Prov#: 10112239  
Norton Community Physician Services LLC  
127 Healthcare Drive Ste 1278  
Pennington Gap, VA 24277  
(276) 439-1470

Hospital Affiliations  
Norton Community Hospital

Washington-Moore, Ruby D., MD  
Prov#: 10113242  
Norton Community Physicians Services  
127 Healthcare Drive Ste 1278  
Pennington Gap, VA 24277  
(276) 439-1470

Hospital Affiliations  
Norton Community Hospital

Berks

Bazile-Harrison, Daphne, MD  
Prov#: 10163553  
Tri-City Obstetrics/Gynecology  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5206

Hospital Affiliations  
Southside Regional Medical Center

Kudraravalli, Krishna Rao, MD  
Prov#: 45652  
Southside Physicians for Women LLC  
510 S Sycamore St Ste B  
Petersburg, VA 23803  
(804) 862-3455

Hospital Affiliations  
Southside Regional Medical Center

Petersburg

Bazile-Harrison, Daphne, MD  
Prov#: 10163553  
Tri-City Obstetrics/Gynecology  
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(804) 765-5206

Hospital Affiliations  
Southside Regional Medical Center

Kudraravalli, Krishna Rao, MD  
Prov#: 45652  
Southside Physicians for Women LLC  
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Petersburg, VA 23803  
(804) 862-3455

Hospital Affiliations  
Southside Regional Medical Center

Meyers, Paul J., MD  
Prov#: 10037059  
Tri-City Obstetrics/Gynecology  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5206

Hospital Affiliations  
Southside Regional Medical Center
## OB/GYN Physicians - Tier 1

### Portsmouth

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<td>Acholonu, Ureonna Jennifer, MD</td>
<td>(757) 484-2272 Western Branch Family Practice &amp; Ob/Gyn (Maryview Hospital Inc.) 1040 University Blvd Ste 205 Portsmouth, VA 23703</td>
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<tr>
<td>Hairston, LaVonne S., MD</td>
<td>(757) 484-2272 Portsmouth Community Health Center (CCNV) 664 Lincoln Street Portsmouth, VA 23704</td>
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<tr>
<td>Ferebee, Angela, MD</td>
<td>(757) 393-6363 Chesapeake Regional Medical Center 664 Lincoln Street Portsmouth, VA 23704</td>
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### Prince George

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<td>Colton, Adrienne, MD</td>
<td>(804) 897-2100 Virginia Physicians For Women 2025 Waterside Road Suite 100 Prince George, VA 23875</td>
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<tr>
<td>Giles, Allison, DO</td>
<td>(804) 897-2100 Virginia Physicians For Women 2025 Waterside Road Suite 100 Prince George, VA 23875</td>
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### Purcellville

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<td>Choudhry, Arshed, MD</td>
<td>(703) 853-1500 Loudoun Ob/Gyn 205 E Hirst Road Suite 304 Purcellville, VA 20132</td>
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<tr>
<td>Park, Lisa, MD</td>
<td>(703) 853-1500 Loudoun Ob/Gyn 205 E Hirst Road Suite 304 Purcellville, VA 20132</td>
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### Richmond

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<td>Ashby, Molly, DO</td>
<td>(804) 897-1200 William G. Fitzhugh MD PC 7603 Forest Ave Suite 207 Richmond, VA 23229</td>
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<tr>
<td>Bagley, Catherine, DO</td>
<td>(804) 897-1200 Richmond Community Hospital 7605 Forest Ave Suite 206 Richmond, VA 23229</td>
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<tr>
<td>Banks, Nicole K, MD</td>
<td>(804) 897-1200 Virginia Physicians For Women 7605 Forest Ave Suite 206 Richmond, VA 23229</td>
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### Quinton

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<tr>
<td>Cane, James H., MD</td>
<td>(804) 553-0500 Virginia Women's Health Associates 1800 Town Center Drive Suite 220 Reston, VA 20190</td>
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### Swanson, Stephanie, MD    | (804) 553-0500 Arlington Community Hospital 1800 Town Center Drive Suite 220 Reston, VA 20190 |
OB/GYN Physicians - Tier 1

Bendheim, Stephen H., MD  
Prov#: 21254  
Virginia Physicians for Women, Ltd.  
5875 Bremo Rd Ste 205  
Richmond, VA 23226  
(804) 282-4203

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Blanton, Erika, MD  
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Virginia Physicians for Women, Ltd.  
5875 Bremo Rd Ste 205  
Richmond, VA 23226  
(804) 282-4203

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Billett, Todd E., MD  
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Manchester OB/GYN  
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(804) 320-4967

Hospital Affiliations  
Chippewa Medical Center/Johnston-Williams Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Brooker, Warren A., MD  
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10710 Midlothian Turnpike Ste 200  
Richmond, VA 23225  
(804) 897-2100

Hospital Affiliations  
Chippewa Medical Center/Johnston-Williams Hospital

Brown, Linda, MD  
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Manchester OB/GYN  
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Richmond, VA 23225  
(804) 320-4967

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Burke, Leemore, MD  
Prov#: 40672  
Commonwealth OB/GYN Specialists  
5855 Bremo Rd Ste 605  
Richmond, VA 23226  
(804) 285-8806

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Blanton, Erika, MD  
Prov#: 1001273  
OB/GYN Specialists of Richmond  
7611 Forest Ave Ste 330  
Richmond, VA 23229  
(804) 673-8791  
Prov#: 10168120  
OB/GYN Associates  
7601 Forest Ave Suite 228  
Richmond, VA 23229  
(804) 741-0440

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Boardman, Cecelia, MD  
Prov#: 10699271  
Virginia Gynecologic Oncology  
7607 Forest Avenue Suite 200  
Richmond, VA 23229  
(804) 200-7062

Hospital Affiliations  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

Brooker, Warren A., MD  
Prov#: 31089  
Virginia Physicians for Women, Ltd.  
10710 Midlothian Turnpike Ste 200  
Richmond, VA 23225  
(804) 897-2100

Hospital Affiliations  
Chippewa Medical Center/Johnston-Williams Hospital

Brown, Linda, MD  
Prov#: 10000772  
Manchester OB/GYN  
7101 Jahnke Road Suite 1054  
Richmond, VA 23225  
(804) 320-4967

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Burke, Leemore, MD  
Prov#: 40672  
Commonwealth OB/GYN Specialists  
5855 Bremo Rd Ste 605  
Richmond, VA 23226  
(804) 285-8806

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Carroll, Ashley, MD  
Prov#: 10049577  
MCV Associated Physicians (OB/GYN)  
411 N 11th St  
Richmond, VA 23298

Hospital Affiliations  
VCU Health System/MCV

Cassidy, Megan K., MD  
Prov#: 10136552  
Virginia Women's Center Inc  
12129 Graham Meadows Drive  
Richmond, VA 23233  
(804) 288-4084

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

Chao, Shih-Yu, MD  
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Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

CheUNG, Mak H.  
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Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Clary III, Beverly Boyden, MD  
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OB/GYN Associates  
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Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital  
VCU Health System/MCV

Coble, Mary, MD  
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Hospital Affiliations  
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Chippewa Medical Center/Johnston-Williams Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

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Hospital Affiliations  
Chippewa Medical Center/Johnston-Williams Hospital

Davey, Leslie L., MD  
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Hospital Affiliations  
Chippewa Medical Center/Johnston-Williams Hospital

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Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

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Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Dunnivant, Siobhan S., MD  
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(804) 741-0440

Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Espinoza, Blaines, A., MD  
Prov#: 50115  
Dominion Women's Health  
7611 Forest Ave Suite 310  
Richmond, VA 23229  
(804) 730-0800

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Fanale, Jack, MD  
Prov#: 10023945  
OB Hospitalists Inc  
1602 Skipwith Road  
Richmond, VA 23229  
(804) 833-8385

Hospital Affiliations  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Feore, J. Colman, MD  
Prov#: 56621  
Richmond Women's Specialists  
1401 Johnston Willis Drive Suite 5000  
Richmond, VA 23235  
(804) 267-6931
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<td>Peterson, Sarah</td>
<td>(804) 288-4084</td>
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<td>Pringle, Tara, MA</td>
<td>(804) 288-4084</td>
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<td>Royal, Erica, MD</td>
<td>(804) 288-4084</td>
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<td>Schoeffler, Edmund D., MD</td>
<td>(804) 288-4084</td>
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<td>Spasic, Zvonko, MD</td>
<td>(804) 288-4084</td>
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<td>Spiegel, Edward H., MD</td>
<td>(804) 288-4084</td>
<td>7611 Forest Ave Suite 200 Richmond, VA 23229</td>
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**Peterson, Christopher E, MD**

Virginia Physicians For Women
10710 Midlothian Tpke Suite 200
Richmond, VA 23235
(804) 897-2100

**Partridge, John R., MD**

Virginia Physicians for Women, Ltd.
10710 Midlothian Tpke Ste 200
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(804) 897-2100

**Paoloni, Christopher E, MD**

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10710 Midlothian Tpke Suite 200
Richmond, VA 23235
(804) 897-2100
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<td>Curtis, Dianna L.</td>
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<td>Clapp, Debra H.</td>
<td>MD</td>
<td>(540) 982-8881</td>
<td>Roanoke, VA 24016</td>
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Optima Direct Network Providers 9/2019
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<td>Swisher, Eric D., MD</td>
<td>10029712</td>
<td>101 Elm Avenue, Roanoke, VA 24013</td>
<td>Carilion Roanoke Community Hospital</td>
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<td>(540) 985-8000</td>
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<tr>
<td>Stacey, Joanna, MD</td>
<td>78563</td>
<td>102 Highland Avenue Ste 303</td>
<td>Carilion Faculty GYN Associates</td>
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<tr>
<td></td>
<td>(540) 985-9715</td>
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**OB/GYN Physicians - Tier 1**

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<td>1000136</td>
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<tr>
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<td>Logan, Kaylene J., MD</td>
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**Hospital Affiliations**

- Carilion Roanoke Community Hospital
- Carilion Roanoke Memorial Hospital
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<td>OB/GYN Physicians - Tier 1</td>
<td>10076040</td>
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<td>(540) 389-5174</td>
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<td>Agee, Robert Lee, MD</td>
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OB/GYN Physicians - Tier 1

Nunziato, Jaclyn, MD  
Provt#: 10186173  
CARILION MEDICAL CENTER  
1957 W Main St  
Salem, VA 24153  
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Hospital Affiliations  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Sadek, Mona, MD  
Provt#: 10116584  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-5900  
Hospital Affiliations  
Lewis-Gale Medical Center  

Sahni, Manjusha, MD  
Provt#: 10048023  
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Salem, VA 24153  
1957 W Main St  
Salem, VA 24153  
(540) 389-5174  
Hospital Affiliations  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  

Smith, Abby A., MD  
Provt#: 10095407  
Lewis-Gale Physicians, LLC  
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Hospital Affiliations  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Memorial Hospital  

Stacey, Joanna, MD  
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Salem, VA 24153  
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Hospital Affiliations  
Lewis-Gale Medical Center  

Sullivan, Christopher M, MD  
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Salem, VA 24153  
(540) 389-5174  
1957 W Main St  
Salem, VA 24153  
(540) 389-5174  
Hospital Affiliations  
Carilion Franklin Memorial Hospital  

Troise, Joseph L., MD  
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Lewis-Gale Physicians, LLC  
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Salem, VA 24153  
(540) 772-5900  


1900 Electric Road  
Salem, VA 24153  
(540) 774-6000  
Hospital Affiliations  
Carilion New River Valley Medical Center  
Carilion Stonewall Jackson Hospital  

Walsh, William K., MD  
Provt#: 10066566  
Lewis-Gale Physicians, LLC  
1900 Electric Road, Suite 1020  
Salem, VA 24153  
(540) 772-3680  

Weisz, Patrice Marie, MD  
Provt#: 10030457  
CARILION MEDICAL CENTER  
150 Spartan Dr  
Salem, VA 24153  
1957 W Main St  
Salem, VA 24153  
(540) 389-5174  
Hospital Affiliations  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  

Wexler, Harris M., DO  
Provt#: 10205493  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-3520  
Hospital Affiliations  
Lewis-Gale Medical Center  

South Boston  

Pettenger, Carlos A., MD  
Provt#: 10182689  
Sentara Obstetrics & Gynecology  
2206 Wilborn Avenue  
South Boston, VA 24592  
(434) 517-8627  
Hospital Affiliations  
Halifax Regional Hospital  

Rosche, Charles William, MD  
Provt#: 10178673  
Sentara Obstetrics & Gynecology  
2206 Wilborn Avenue  
South Boston, VA 24592  
(434) 517-8627  
Hospital Affiliations  
Halifax Regional Hospital  

Thanaporn, Prasit, MD  
Provt#: 48094  
Fuller-Roberts Clinic, Inc.  
2212 Wilborn Ave  
South Boston, VA 24592  
(434) 572-8921  

Trieu, Duc K., MD  
Provt#: 10162311  
FULLER ROBERTS OB-GYN AND PRIMARY CARE  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921  

Liao, Michael S, MD  
Provt#: 10120025  
NMG Affiliate Practice I, LLC  
25055 Riding Plaza Suite 230  
South Riding, VA 20152  
(571) 261-3529  
Hospital Affiliations  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center  

Louie-Ng, Eugene J., MD  
Provt#: 10114009  
NMG Affiliate Practice I, LLC  
25055 Riding Plaza Suite 230  
South Riding, VA 20152  
(571) 261-3529  
Hospital Affiliations  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center  

Salyer, Stephanie J, MD  
Provt#: 10008786  
Fuller-Roberts Clinic, Inc.  
2212 Wilborn Ave  
South Boston, VA 24592  
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Hospital Affiliations  
Halifax Regional Hospital  

South Hill  

Austin, Cynthia Nwokeu, MD  
Provt#: 10180317  
CMH Physicians, LLC  
1755 N Mecklenburg Ave  
South Hill, VA 23970  
(434) 584-2273  
Hospital Affiliations  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Sentara Williamsburg Regional Medical Center  
VCU Community Memorial Hospital  

Paoloni, Christopher E, MD  
Provt#: 10204318  
CMH Physicians, LLC  
1755 N Mecklenburg Avenue  
South Hill, VA 23970  
(434) 584-2273  
Hospital Affiliations  
VCU Community Memorial Hospital  

Wotten, Terry, MD  
Provt#: 73733M  
CMH Women's Health Services LLC  
420 Bracy Lane  
South Hill, VA 23970  
(434) 447-7365  

South Riding  

Ansary, Shereen M., DO  
Provt#: 10176217  
NMG Affiliate Practice I, LLC  
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South Riding, VA 20152  
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Hospital Affiliations  
Novant Health UVA Health System Prince William Medical Center  

Dehal, Stacy A., MD  
Provt#: 10176099  
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Hospital Affiliations  
Novant Health UVA Health System Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center  

Stafford  

Colon, Hector, MD  
Provt#: 10202184  
About Women OB/GYN, PC  
95 Dunn Drive Suite 205  
Stafford, VA 22556  
(703) 878-0740  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Reston Hospital Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Virginia Hospital Center - Arlington  
Winchester Medical Center  

Dalke, Cara, MD  
Provt#: 10152486  
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125 Hospital Center Blvd Suite 221  
Stafford, VA 22554  
(540) 720-7340  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  

Kil, H. Joon, MD  
Provt#: 11255  
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422 Garrisonville Rd Ste 106  
Stafford, VA 22554  
(540) 659-1500  
Hospital Affiliations  
Mary Washington Hospital (MWH)  

Optima Direct Network Providers  9/2019  
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OptimaHealth
OB/GYN Physicians - Tier 1

Moffitt, III, Francis Xavier, MD  
Prox#: 10080645  
Womens Health and Surgery Center Inc  
125 Hospital Center Blvd Suite 221  
Stafford, VA 22554  
(540) 720-7340  
Hospital Affiliations  
Mary Washington Hospital (MWH) Stafford Hospital Center

Thott, Kurian, MD  
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Hospital Affiliations  
Mary Washington Hospital (MWH)

Thompson, Jennifer, MD  
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Hospital Affiliations  
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Roberts, Michelle, MD  
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Hospital Affiliations  
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Demkowski, Henry, MD  
Prox#: 14038  
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Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital

Sentara Norfolk General Hospital  
Sentara Obici Hospital

Federici, Benigno D., MD  
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Specialists for Women (MAWC)  
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(757) 539-3911  
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(757) 215-0340  
Hospital Affiliations  
Sentara Obici Hospital

Jackson, Christina M, DO  
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(757) 934-9415  
Hospital Affiliations  
Sentara Obici Hospital

Lepore, Jr., Michael A., MD  
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Sentara Obici Hospital

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5833 Harbour View Blvd Ste C  
Suffolk, VA 23434  
(757) 215-0340  
Hospital Affiliations  
Sentara Obici Hospital

Wing, Edward, MD  
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Lifetime Women's Health & Wellness Center's P.C.  
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(757) 353-7165  
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Suffolk, VA 23434  
(757) 353-7165  
Hospital Affiliations  
Sentara Obici Hospital

Hutcheson, Douglas P., MD  
Prox#: 12590  
Virginia Women's Center Inc  
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(804) 288-4084  
Hospital Affiliations  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital of Richmond

MeWhorter, Christina, MD  
Prox#: 10154919  
Virginia Women's Center Inc  
658 Hospital Road Suite 304  
Tappahannock, VA 22560  
(804) 288-4084  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Schraa, Kristin L., MD  
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Virginia Women's Center Inc  
658 Hospital Road Suite 304  
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(804) 288-4084  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center

Voel, Matthew Frederick, MD  
Prox#: 48210  
Virginia Women's Center Inc  
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Buchberg, Melissa J., MD  
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1080 First Colonial Rd Ste 300  
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Hospital Affiliations  
Sentara Princess Anne Hospital

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1925 Glenn Mitchell Drive Ste 200  
Virginia Beach, VA 23456  
(757) 425-1600  
5320 Providence Rd Ste 100  
Virginia Beach, VA 23464  
(757) 425-1600  
Hospital Affiliations  
Sentara Virginia Beach General Hospital

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Reproductive Health Care Associates  
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Virginia Beach, VA 23455  
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Chakrabarti, Alana M, MD  
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Connor, Colleen M., MD  
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Tidewater Physicians For Women, Inc. (MAWC)  
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Crabb, Monique S., MD  
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(757) 481-7222  
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Hospital Affiliations  
Sentara Princess Anne Hospital

Davis, Stephen S., MD  
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EVMS Medical Group  
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Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital

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OB/GYN Physicians - Tier 1

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Virginia Beach, VA 23464
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Poe-Zeigler, Robin L., MD
Pro#: 10165721
The New Hope Center(MAWC)
448 Viking Dr Suite 100 Oceana Place
Virginia Beach, VA 23452
(757) 496-5370

Randolph, Natalie N., MD
Pro#: 10093670
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600
1925 Glenn Mitchell Drive Ste 200
Virginia Beach, VA 23464
(757) 425-1600
5320 Providence Rd Ste 100
Virginia Beach, VA 23464
(757) 425-1600

Rector, Jr., George, MD
Pro#: 14029
TotalCare for Women, PLC (MAWC)
700 Independence Circle Suite 1D
Virginia Beach, VA 23455
(757) 497-1400

Sadr, Negar Nikki, MD
Pro#: 10020610
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Ste 330
Virginia Beach, VA 23462
(757) 461-3890

Sard, Negar Nikki, MD
Pro#: 1010536
EVMS Medical Group
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 461-3890

Talreja-Pelaez, Reena, MD
Pro#: 54241
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600
1925 Glenn Mitchell Drive Ste 200
Virginia Beach, VA 23464
(757) 425-1600

Warren, Lani, MD
Pro#: 10140782
Marina Shores OB GYN PC
2865 Lynnhaven Drive Suite 4A
Virginia Beach, VA 23451
(757) 496-5000

Wilkes, Charles A., MD
Pro#: 14381
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Ste 330
Virginia Beach, VA 23462
(757) 461-3890

Wright, Tracy B., MD
Pro#: 34027
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Williamsburg

Cordes, Laura R., MD
Pro#: 73070
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797

Keller, Kristy, MD
Pro#: 10008194
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
(757) 253-5653

Lontkowski, Susan M, MD
Pro#: 10147019
Old Towne Medical and Dental Center
5249 Old Towne Road
Williamsburg, VA 23188
(757) 259-3258

Mann, William J., MD
Pro#: 10168809
Old Towne Medical and Dental Center
5249 Old Towne Road
Williamsburg, VA 23188
(757) 259-3258

Morrison, Jeffrey D., DO
Pro#: 53554
Tidewater Physicians Multispecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
Williamsburg, VA 23188
(757) 223-9794

Optima Direct Network Providers 9/2019 211
OB/GYN Physicians - Tier 1

5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797
Hospital Affiliations
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Pearce, David C., MD
Prov #: 54018
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
(757) 253-5653
Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Roberson, Emily F., MD
Prov #: 54050
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
(757) 253-5653
Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Tan, Teresa X., MD
Prov #: 10023397
Tidewater Physicians Multispecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
Williamsburg, VA 23188
(757) 223-9794
5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Wilkey, Erin A., MD
Prov #: 10129012
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
(757) 253-5653
Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Winchester

Bagous, Trine, MD
Prov #: 70755
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Winchester Medical Center

DeHaven, Kristin D., MD
Prov #: 74073
Kristin D. Dehaven, M.D.
1820 Plaza Drive
Winchester, VA 22601
(540) 665-8414
Hospital Affiliations
Winchester Medical Center

Edwards, Jessica D., MD
Prov #: 10008433
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Winchester Medical Center

Humphreys, Stacy M., MD
Prov #: 10204758
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546
Hospital Affiliations
Winchester Medical Center

Kattal, Namita, MD
Prov #: 10165053
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546
Hospital Affiliations
Winchester Medical Center

Kidd, Leslie S., MD
Prov #: 48221
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Meritus Medical Center
Winchester Medical Center

King, Julie S., MD
Prov #: 10037603
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Winchester Medical Center

Leonard, Mark, MD
Prov #: 48017
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546
Hospital Affiliations
Winchester Medical Center

Nashed, James K., MD
Prov #: 38152
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546
Hospital Affiliations
Jefferson Memorial Hospital
Winchester Medical Center

Rahkin, Yekaterina, MD
Prov #: 10080313
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Winchester Medical Center

Reed, Luckey, MD
Prov #: 10196616
Winchester Medical Center Inc
(Shenandoah Valley M F M)
1840 Amherst Street
Winchester, VA 22601
(540) 536-3228
Hospital Affiliations
Winchester Medical Center

Reese, Heather R., MD
Prov #: 69512
Women First, PC
480 W Jubal Early Drive Suite 300
Winchester, VA 22601
(540) 431-2330
Hospital Affiliations
Winchester Medical Center

Sharma, Sheetal, MD
Prov #: 10052070
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711
Hospital Affiliations
Winchester Medical Center

Strassberg, Emmie, DO
Prov #: 10191418
Winchester Medical Center Inc
(Shenandoah Valley M F M)
1840 Amherst Street
Winchester, VA 22601
(540) 536-3228
Hospital Affiliations
Winchester Medical Center

Winter, Curtis A., MD
Prov #: 44396
Windsor Medical Services PLC
1104 Amherst Street Suite 200
Winchester, VA 22601
(540) 450-0630
Hospital Affiliations
Winchester Medical Center

Wise

Freudel, Roseann J., DO
Prov #: 10054027
Norton Community Physicians Services
102 15th Street NW Ste 301
Norton, VA 24273
(276) 679-1623
Hospital Affiliations
Carilion New River Valley Medical Center
Norton Community Hospital

Zibdeh, Isam T, MD
Prov #: 10181411
Norton Community Physicians Services
102 15th Street NW Ste 301
Norton, VA 24273
(276) 679-1623
Hospital Affiliations
Norton Community Hospital

Woodbridge

Alembik, Marc, MD
Prov #: 35747
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22192
(703) 878-0740
Hospital Affiliations
Sentara Northern Virginia Medical Center

Bryce, Peter A., MD
Prov #: 64287
Peter A. Bryce MD PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22192
(703) 878-0740
Hospital Affiliations
Mary Washington Hospital (MWH)
Reston Hospital Center

Colon, Hector, MD
Prov #: 10202184
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22192
(703) 878-0740
Hospital Affiliations
Mary Washington Hospital (MWH)
Reston Hospital Center

Hatcher, Ronald, MD
Prov #: 29682
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22192
(703) 878-0740
Hospital Affiliations
Sentara Northern Virginia Medical Center

Jenet, Richard, MD
Prov #: 28886
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22192
(703) 878-0740
Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center

Patel, Zeenat S., MD
Prov #: 10060979
Elite Womens Health Inc
12731 Marblestone Drive Suite 102
Woodbridge, VA 22192
(540) 940-2000
Hospital Affiliations
Sentara Northern Virginia Medical Center

Setty, Prathima, MD
Prov #: 10176530
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950
Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center

Stafford Hospital Center

Woodbridge

085458 457x245 548x445
OB/GYN Physicians - Tier 1

Stadulis, Leedylyn H., MD
Prov#: 40655
Elite Womens Health Inc
12731 Marblestone Drive Suite 102
Woodbridge, VA 22192
(540) 940-2000

Hospital Affiliations
Mary Washington Hospital (MWH)

Weltman, Allyse, MD
Prov#: 10045126
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22191
(703) 878-0740

Hospital Affiliations
Sentara Northern Virginia Medical Center

Woodstock

Baker, Virginia, DO
Prov#: 10218097
Valley Health Shenandoah Mem
Hosp Multispec Clinic-New Market
759 South Main Street
Woodstock, VA 22664
(540) 459-1383

Hospital Affiliations
Shenandoah Memorial Hospital Inc

Martinez, Julian E., MD
Prov#: 10178164
Valley Health Shenandoah Mem
Hosp Multispec Clinic-New Market
759 South Main Street
Woodstock, VA 22664
(540) 459-1383

Hospital Affiliations
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

Wytheville

Fox, Elizabeth A., MD
Prov#: 10067659
Wythe Physicians for Women
140 W Main St
Wytheville, VA 24382
(276) 228-2008

Kilgore, William Tommy, MD
Prov#: 26784
W. Tommy Kilgore, MD, PC
1785 W Lee Highway
Wytheville, VA 24382
(276) 228-3355

Hospital Affiliations
Wythe County Community Hospital
OB/GYN Physicians- Tier 2

OB/GYN Physicians
Tier 2
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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</table>
| Denti, Matthew J., DO    | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Justice, Michele D., MD  | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Trowbridge, Elisa R., MD | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Wilson, Carolyn S., MD   | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Young, Denise S., MD     | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Callender, Ealena S., MD | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Jones, Arthur, DO        | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Klavans, Meghan E., MD   | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Redick, Dana L., MD      | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |
| Thomas, Sabrina, MD      | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital |
| Stocker, Kevin D., MD    | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital |
| Wicker, Donna C., MD     | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
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| Trowbridge, Elisa R., MD | University of Virginia Physicians Group | (540) 741-2423                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
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| Klavans, Elisa R., MD    | University of Virginia Physicians Group | (434) 243-9466                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (434) 243-9466                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital |
| Young, Denise S., MD     | University of Virginia Physicians Group | (434) 243-9466                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
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| Thomas, Sabrina, MD      | University of Virginia Physicians Group | (434) 243-9466                | 101 Hospital Center Blvd, Stafford, VA 22554 | University of Virginia Physicians Hospital  
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| Justice, Michele D., MD  | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Trowbridge, Elisa R., MD | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Young, Denise S., MD     | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Thomas, Sabrina, MD      | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Justice, Michele D., MD  | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Trowbridge, Elisa R., MD | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Young, Denise S., MD     | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
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| Thomas, Sabrina, MD      | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital  
                                                                              | University of Virginia Physicians Group | (540) 282-4100               | 541 Sunset Lane, Culpeper, VA 22701 | University of Virginia Physicians Hospital |

**OB/GYN Physicians - Tier 2**
Specialist Physicians- Tier 1

Specialist Physicians
Tier 1
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<td>Johnson, Cailtin T. NP, MD; Pasquinelli, Lawrence M, MD; Barnes, John G., MD; Johnson, Caitlin T, NP</td>
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<td>Midlothian</td>
<td>Advanced Heart Failure &amp; Transplant</td>
<td>Cooke, Richard, MD; Moore, Lindsey E, DO; Pasquinelli, Lawrence M, MD; Shah, Keyur, MD</td>
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<td>Pasquinelli, Lawrence M, MD; Smallfield, Melissa, MD; Tchoukina, Inna, MD; Smallfield, Melissa, MD</td>
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<td>Cooke, Richard, MD; Shayegan, Shahrooz, MD; Goldberg, Paul M., DO; Simpson, John A, MD</td>
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<td>Williamsburg</td>
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<td>Rao, Krishnasree K, MD; Goldberg, Paul M., DO; Simpson, John A, MD</td>
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<td>Alexandria</td>
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<td>Goldberg, Paul M., DO; Simpson, John A, MD</td>
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<td>Ashburn</td>
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<td>Koenig, Craig, MD; Goldberg, Paul M., DO</td>
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Optima Direct Network Providers 9/2019 221
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<td>Tikka Masala</td>
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**Optima Direct Network Providers 9/2019**

**Gainesville**
- Beakes, Douglas, MD
  - Jyothi Gadde, MD, PA
  - 7330 Heritage Village Plaza Ste 102
  - Gainesville, VA 20155
  - (571) 248-6565
  - Hospital Affiliations:
    - Fauquier Hospital
- Gadde, Jyothi, MD
  - Jyothi Gadde, MD, PA
  - 7330 Heritage Village Plaza Ste 102
  - Gainesville, VA 20155
  - (571) 248-6565
  - Hospital Affiliations:
    - Fauquier Hospital
- Smith, Tamara, MD
  - Family Allergy and Asthma Associates (Loudoun)
  - 14553 John Marshall Highway Ste 212
  - Gainesville, VA 20155
  - (571) 248-0245
  - Hospital Affiliations:
    - Novant Health UVA Health System
    - Prince William Medical Center
- Wu, Lynne H., MD
  - Jyothi Gadde, MD, PA
  - 7330 Heritage Village Plaza Ste 102
  - Gainesville, VA 20155
  - (571) 248-6565
  - Hospital Affiliations:
    - Fauquier Hospital

**Glen Allen**
- George, Kimberly, MD
  - Commonwealth Allergy LLC
  - 201 Concourse Blvd Ste 100
  - Glen Allen, VA 23059
  - (804) 968-4824

**Gloucester**
- Shield, Stephen W., MD
  - Allergy Partners of Hampton Roads
  - 5659 Parkway Drive
  - Gloucester, VA 23061

**Harrisonburg**
- Pence, R. Steven, MD
  - Allergy & Asthma Associates of Virginia
  - 1967 Medical Ave
  - Harrisonburg, VA 22801
  - (540) 442-1000
  - Hospital Affiliations:
    - Sentara RMH Medical Center

**Henrico**
- Patel, Parag, MD
  - Allergy Partners of Richmond
  - 7605 Forest Avenue Suite 103
  - Henrico, VA 23229
  - (804) 288-0055

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<td>Beakes, Douglas, MD</td>
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<tr>
<td>Jyothi Gadde, MD, PA</td>
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<tr>
<td>124 Sycamore St</td>
</tr>
<tr>
<td>Culpeper, VA 22701</td>
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<tr>
<td>(540) 727-7170</td>
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<td>Simpson, John A, MD</td>
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<tr>
<td>Allergy Partners of Falls Church &amp; Alexandria</td>
</tr>
<tr>
<td>6305 Castle Place Suite 2D</td>
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<td>Falls Church, VA 22044</td>
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<td>(703) 888-3949</td>
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<td>Abraham, Julie, MD</td>
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</table>
Newport News
Campbell, Timothy, MD
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Optima Direct Network Providers 9/2019 224
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- Carilion Roanoke Community Hospital
- Lewis-Gale Medical Center

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  Salem, VA 24153  
  (540) 387-0441  
  
Hospital Affiliations:
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- Lewis-Gale Medical Center

- **McBride, Dane C., MD**  
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  (540) 343-7331  
  
Hospital Affiliations:
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- Carilion Roanoke Memorial Hospital
- Lewis-Gale Medical Center

**Stafford**

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- **Wenger, Mark A., MD**  
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  Stafford, VA 22554  
  (540) 288-0942  
  
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  Stafford, VA 22554  
  (540) 288-0942  
  
Hospital Affiliations:
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**Suffolk**

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  Virginia, VA 22182  
  (703) 712-8343  
  
Hospital Affiliations:
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- **Gadde, Jyothi, MD**  
  Jyothi Gadde, MD, PA  
  8605 Westwood Center Drive Ste 206  
  Vienna, VA 22182  
  (703) 712-8343  
  
Hospital Affiliations:
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- **Wu, Lynne H., MD**  
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  Virginia, VA 22182  
  (703) 712-8343  
  
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**Virginia Beach**

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  (540) 428-1715  
  
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**Waxhaw**

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  Waxhaw, NC 28187  
  (540) 949-5154  
  
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  Waynesboro, VA 22980  
  (540) 259-0443  
  
Hospital Affiliations:
- Sentara Leigh Hospital Wesley Community Center

**Williamsburg**

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  Williamsburg, VA 23185  
  (757) 468-6058  
  
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- Williamsburg Community Hospital

**Winchester**

- **Nasir, Aman, MD**  
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  1828 W Plaza Dr  
  Winchester, VA 22601  
  (540) 662-9115  
  
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- Winchester Medical Center

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  Woodbridge, VA 22191  
  (703) 670-3900  
  
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- Woodbridge Medical Center
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Hospital Affiliations:
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Stoots, Sheri L., AUD
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Narayan, Shessa, MD
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(540) 343-4423

3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Bickley, Natalie M, AUD
CARRION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
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**Breast Surgery**

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**Cardiology**

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<tr>
<td>Baer, Anna Kathryn, MD</td>
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<td>650 Peter Jefferson Parkway Suite 100</td>
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**Hospital Affiliations:**

- **Sentara Martha Jefferson Hospital**
- **Augusta Medical Center**
- **Sentara Martha Jefferson Hospital**
- **VCU Health System/MCV**
- **Sentara Norfolk General Hospital**
- **VCU Health System/MCV**
- **Sentara Leigh Hospital**
- **Sentara Norfolk General Hospital**

**Chesapeake**

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**Hospital Affiliations:**

- **Chesapeake Regional Medical Center**
- **Henrico Doctors’ Hospital - Forest Campus**
- **Sentara Obici Hospital**
- **Sentara Princess Anne Hospital**
- **Sentara Virginia Beach General Hospital**
## Specialists - Tier 1

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Specialists - Tier 1

Quader, Mohammed, MD
MCV Associated Physicians (Cardiothoracic Surgery)
1250 E Marshall St
Richmond, VA 23298
(804) 828-4620

Tang, Daniel, MD
MCV Associated Physicians (Cardiothoracic Surgery)
1250 E Marshall St
Richmond, VA 23298
(804) 828-4620

Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center

Roanoke

Joseph, Mark, MD
CARILLION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Ave Suite 201
Roanoke, VA 24014
(540) 853-0100
2001 Crystal Springs Ave Suite 203
Roanoke, VA 24014
(540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rowe, Joseph, MD
Carilion Cardiothoracic Surgery
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Ste 201
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Springs Ave Suite 203
Roanoke, VA 24014
(540) 982-8204

Suffolk

Carter, Thomas L, MD
Chesapeake Regional Medical Group (CRMG)
5849 Harborview Blvd Suite 250
Suffolk, VA 23435
(757) 842-4479
Hospital Affiliations:
Chesapeake Regional Medical Center

Winchester

Gullett, Christopher, MD
Valley Health Cardiothoracic Surgeons
1870 Amherst Street Suite 2B
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(540) 536-6721
Hospital Affiliations:
Winchester Medical Center

Kofsky, Edward, MD
Valley Health Cardiothoracic Surgeons
1870 Amherst St Ste 2B
Winchester, VA 22601
(540) 536-6741
Hospital Affiliations:
Winchester Medical Center

Reddy, Shalini R, MD
Valley Health Cardiothoracic Surgeons
1870 Amherst Street Suite 2B
Winchester, VA 22601
(540) 536-6721
Hospital Affiliations:
Winchester Medical Center

Cardiovascular Disease

Abingdon

Balcells, Eduardo, MD
Blue Ridge Medical Management Corporation
16000 Johnston Memorial Drive Ste 300
Abingdon, VA 24211
(703) 258-3740

Hospital Affiliations:
Indian Path Community Hospital

Brahmbhatt, Vipul R, MD
Cardiology Consultants of JC
16000 Johnston Memorial Dr Suite 300
Abingdon, VA 24211
(432) 282-3377

Breeding, Larry Todd, MD
MSMG Cardiology
16000 Johnston Memorial Drive Suite 300
Abingdon, VA 24211
(703) 258-3740

Hospital Affiliations:
Johnson City Medical Center

Cavros, Nick G., MD
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(703) 258-3740

Hospital Affiliations:
Indian Path Community Hospital

Hamati, Fawwaz Io., MD
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(432) 282-3377

McQueen, Robert H., MD
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(703) 258-3740

Hospital Affiliations:
Knightsville Medical Center

Merrick, Raymond D., MD
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(703) 258-3740

Hospital Affiliations:
Johnson City Medical Center

Annandale

Abony, Khalid, MD
Carian Heart & Vascular PC
3301 Woodburn Road Suite 301
Annandale, VA 22003
(703) 335-8750

7617 Little River Turnpike Suite 710
Annandale, VA 22003
(703) 335-8750

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Anis, Ather, MD
Heart and Vascular Specialists PC
7501 Little River Tpke Ste 104
Annandale, VA 22003
(703) 635-6065

Hospital Affiliations:
Sentara Northern Virginia Medical Center

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(703) 335-8750

7617 Little River Turnpike Suite 710
Annandale, VA 22003
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Hospital Affiliations:
Winchester Medical Center

Arshad, Rabia, MD
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3301 Woodburn Road Suite 301
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Optima Direct Network Providers 9/2019 229
Specialists - Tier 1

Mafi, Shahryar, MD
Ghafouri, Merdod, DO
Chu, Keith H, MD
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Carient Heart & Vascular PC
Stafford Hospital Center
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Prince William Medical Center
Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Shenandoah Memorial Hospital Inc
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Chu, Keith H, MD
Ghafouri, Merdod, DO
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Hospital Affiliations:
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Ghafoori, Merdod, DO
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Ghafouri, Merdod, DO
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Prince William Medical Center
Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Shenandoah Memorial Hospital Inc
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Mafi, Shahryar, MD
Ghafouri, Merdod, DO
Chu, Keith H, MD
Optima Direct Network Providers  9/2019
(703) 335-8750
Annandale, VA 22003
Carient Heart & Vascular PC
Stafford Hospital Center
Sentara Northern Virginia Medical Center
Prince William Medical Center
Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Shenandoah Memorial Hospital Inc
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Mafi, Shahryar, MD
Ghafouri, Merdod, DO
Chu, Keith H, MD
Optima Direct Network Providers  9/2019
(703) 335-8750
Annandale, VA 22003
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Stafford Hospital Center
Sentara Northern Virginia Medical Center
Prince William Medical Center
Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Shenandoah Memorial Hospital Inc
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

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Specialists - Tier 1

Sidhu, Balbir S, MD  
Carilion Heart & Vascular PC  
21785 Filigree Court Suite 203  
Ashburn, VA 20147  
(703) 335-8750

Hospital Affiliations:  
Reston Hospital Center

Taheri, Hamid, MD  
Carilion Heart & Vascular PC  
21785 Filigree Court Suite 203  
Ashburn, VA 20147  
(703) 335-8750

Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center

Okogbue, Ijeoma, MD  
CARILION MEDICAL CENTER  
12301 Grapefield Rd  
Bastian, VA 24314  
(276) 688-4331

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Phillips, Stephen G., MD  
CARILION MEDICAL CENTER  
12301 Grapefield Rd  
Bastian, VA 24314  
(276) 688-4331

Hospital Affiliations:  
VCU Health System/MCV

Ramachandran, Krishnaswamy, MD  
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12301 Grapefield Rd  
Bastian, VA 24314  
(276) 688-4331

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Sané, David C., MD  
Carilion Clinic Cardiology  
12301 Grapefield Rd  
Bastian, VA 24314  
(276) 688-4331

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion Roanoke Memorial Hospital

Anderson, Justin D., MD  
Centra Medical Group Stroobants Cardiovascular Center  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 586-2441

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Austin, Joseph L., MD  
CARILION MEDICAL CENTER  
1613 Oakwood St  
Bedford, VA 24523

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Bushkar, John, MD  
Carilion Consultants in Cardiology  
1613 Oakwood Street  
Bedford, VA 24523

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  
Twin County Regional Hospital

Dickerson, Shelby C., MD  
Carilion Healthcare Corp  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 586-2441

Hospital Affiliations:  
Carilion Memorial Hospital  
Carilion Roanoke Memorial Hospital

Huffman, Matthew, MD  
Centra Medical Group Stroobants Cardiovascular Center  
1613 Oakwood Street  
Bedford, VA 24523  
(434) 200-2725

Hospital Affiliations:  
Augusta Medical Center  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
University of Virginia Health Sciences Center

Jain, Rakesh, MD  
Centra Medical Group Stroobants Cardiovascular Center  
1613 Oakwood Street  
Bedford, VA 24523  
(434) 200-2725

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Chippenham Medical Center/Johnston-Willis Hospital

Lewis, Christopher, MD  
Centra Medical Group Stroobants Cardiovascular Center  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 587-8755

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
Centra Virginia Baptist Hospital

Lystash, John C., MD  
CARILION MEDICAL CENTER  
1613 Oakwood Street  
Bedford, VA 24523

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Omotoye, Samuel, MD  
Centra Medical Group Stroobants Cardiovascular Center  
1613 Oakwood Street  
Bedford, VA 24523  
(434) 200-3656

Hospital Affiliations:  
Carilion Healthcare Corporation  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Donovan, Michael S., DO  
Carilion Healthcare Corporation  
901 Plantation Rd  
Blacksburg, VA 24060  
(540) 731-2328

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Jones, John Paul, MD  
Lewis-Gale Physicians, LLC  
801 Davis Street Suite 1  
Blacksburg, VA 24060  
(540) 961-0218

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Ravi, Sandeep, MD  
Carilion Healthcare Corporation  
901 Plantation Rd  
Blacksburg, VA 24060  
(540) 951-0352

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Rivero, Jose M., MD  
Carilion Cardiology Associates  
901 Plantation Rd  
Blacksburg, VA 24060  
(540) 731-7600

Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Vivian, Stephan, MD  
Lewis-Gale Physicians, LLC  
801 Davis St Suite 1  
Blacksburg, VA 24060  
(540) 772-3815
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<td>Rana, Mohammad Javed, MD</td>
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<tr>
<td>Javed Cardiac Center, PLLC</td>
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<tr>
<td>2003 Leatherwood Lane</td>
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<td>Bluefield, VA 24605</td>
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<td>Baer, Anna Kathryn, MD</td>
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<tr>
<td>Martha Jefferson Cardiology Group</td>
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<tr>
<td>500 Martha Jefferson Dr</td>
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<tr>
<td>Charlottesville, VA 22911</td>
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<td>Hospital Affiliations:</td>
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<td>Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Adler, David L., MD</td>
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<tr>
<td>Bayview Physician Services, PC</td>
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<tr>
<td>612 Kingsborough Square Suite 100</td>
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<td>Chesapeake, VA 23320</td>
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<td>(757) 547-9294</td>
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<td>Chesapeake, VA 23320</td>
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<td>(757) 547-9294</td>
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| Ashby, Charles C., MD |
| Bayview Physician Services, PC |
| 612 Kingsborough Square Suite 100 |
| Chesapeake, VA 23320 |
| (757) 547-9294 |
| 736 N Battlefield Blvd |
| Chesapeake, VA 23320 |
| (757) 547-9294 |

| Bartel, Alan G., MD |
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| Chesapeake, VA 23320 |
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| 736 N Battlefield Blvd |
| Chesapeake, VA 23320 |
| (757) 547-9294 |

| Bhasin, Mohit, MD |
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| Chesapeake, VA 23320 |
| (757) 547-9294 |

| Chakrabarti, Anjan K., MD |
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| Chesapeake, VA 23320 |
| (757) 547-9294 |
| 736 N Battlefield Blvd |
| Chesapeake, VA 23320 |
| (757) 547-9294 |

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<td>Stiles, Patrick B. MD</td>
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Das, Suriya P., MD
Bayview Physician Services, PC
612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center
Durham, Joshua L., MD
Bayview Physician Services, PC
612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Griffin, John J., MD
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Chesapeake, VA 23320
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736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Gottimukkala, Maruthi Varapra, MD
Sentara Cardiology Specialists (SMG)
300 Medical Parkway Suite 120
Chesapeake, VA 23320
(757) 525-5660

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

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Chesapeake, VA 23320
(757) 547-9294
736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Bayview Physician Services, PC
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Kazakis, Demetrios James, MD
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Chesapeake, VA 23320
(757) 547-9294
736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Kenerson, John G., MD
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612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294
736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Liu, Yan, MD
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Chesapeake, VA 23320
(757) 547-9294
736 N Battlefield Blvd
Chesapeake, VA 23320
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Lorvidhaya, Peem, MD
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Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Makhija, Partha, MD
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Chesapeake, VA 23320
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736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

MCD, Allen, Mary F., MD
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Chesapeake, VA 23320
(757) 547-9294
736 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Panigrahi, Gunadhar, MD
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1933 Edwin Dr Ste 208A
Chesapeake, VA 23322
(757) 252-5660

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Patek, Anilkumar R., MD
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Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Bayview Physician Services, PC
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Robertson, Scott Alan, MD
Sentara Cardiology Specialists (SMG)
300 Medical Parkway Suite 120
Chesapeake, VA 23320
(757) 525-5660

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Virginia Beach General Hospital

Sheth, Neerav, MD
Bayview Physician Services, PC
612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Sposato, Joseph J., DO
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Chesapeake, VA 23320
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Sentara Virginia Beach General Hospital

Optima Direct Network Providers 9/2019
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Optima Health
Specialists - Tier 1

St. Clair, Jesse W., MD  
Bayview Physician Services, PC  
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Chesapeake, VA 23320  
(757) 549-9294  
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Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Strosahl, Kurt, MD  
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612 Kingsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Talreja, Deepak R., MD  
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612 Kingsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 549-9294  
736 N Battlefield Blvd  
Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Woollett, Ian F., MD  
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612 Kingsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 549-9294  
736 N Battlefield Blvd  
Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Chester

Duncan, Phillip B., MD  
Cardiac Health Management Network, P.C.  
288 Johnson Creek Drive  
Chester, VA 23836  
(804) 530-5178  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center

Strosahl, Kurt, MD  
Bayview Physician Services, PC  
612 Kingsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 549-9294  
736 N Battlefield Blvd  
Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

St. Clair, Jesse W., MD  
Bayview Physician Services, PC  
612 Kingsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 549-9294  
736 N Battlefield Blvd  
Chesapeake, VA 23320  
(757) 549-9294  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Christianburg

Austin, Joseph L., MD  
CARILON MEDICAL CENTER  
2900 Lamb Circle Suite 301  
Christianburg, VA 24073  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Morris, Clifford V., MD  
Morris Cardiovascular & Risk Reduction Center, P.C.  
228 Johnson Creek Rd  
Chester, VA 23836  
(804) 530-1044  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
John Randolph Medical Center  
Southside Regional Medical Center

May, Terrence P., MD  
Carilion Cardiology Associates  
1201 Elm Street  
Christiansburg, VA 24073  
(540) 731-2328  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Twin County Regional Hospital

Bushkar, John, MD  
Carilion Consultants in Cardiology  
2900 Lamb Circle Suite 301  
Christiansburg, VA 24073  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  
Twin County Regional Hospital

Ravi, Sandeep, MD  
Carilion Cardiology Associates  
1201 Elm Street  
Christiansburg, VA 24073  
(540) 382-6711  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Twin County Regional Hospital

Donovan, Michael S., DO  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Donovan, Michael S., DO  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Singh, Jaspreet, MD  
James River Cardiology PC  
7300 Ashlake Parkway Suite 200  
Chesterfield, VA 23832  
(804) 520-1764  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center

Chesterfield

Amin, Mitesh S. MD  
James River Cardiology PC  
7300 Ashlake Parkway Suite 200  
Chesterfield, VA 23832  
(804) 520-1764  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center

Lyash, John C, MD  
CARILON MEDICAL CENTER  
2900 Lamb Circle Suite 301  
Christianburg, VA 24073  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Rivero, Jose M., MD  
Carilion Cardiology Associates  
1201 Elm Street  
Christiansburg, VA 24073  
(540) 382-6711
Specialists - Tier 1

Amin, Mitesh S, MD  
James River Cardiology PC  
2801 Boulevard Suite D  
Colonial Heights, VA 23834  
(804) 520-1764

Kohli, Ravinder S., MD  
Cardiology Associates of Central Virginia PC  
89 Sherwood Drive  
Colonial Heights, VA 23834  
(804) 526-3010

Hospital Affiliations:  
Bon Secours Richmond Cardiology Associates  
Bon Secours Richmond Cardiology  
Riverside Shore Memorial Hospital  
Bon Secours Memorial Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/VCV

Patel, Kalpesh, MD  
James River Cardiology PC  
2801 Boulevard Suite D  
Colonial Heights, VA 23834  
(804) 520-1764

Kohl, Ravinder S., MD  
Cardiology Associates of Central Virginia PC  
89 Sherwood Drive  
Colonial Heights, VA 23834  
(804) 526-3010

Hospital Affiliations:  
Bon Secours Richmond Cardiology Associates  
Bon Secours Richmond Cardiology  
Riverside Shore Memorial Hospital  
Bon Secours Memorial Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/VCV

Optima Direct Network Providers  9/2019  
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Culpeper

Roshandel, Zia M., MD  
Blue Ridge Cardiovascular Associates  
545 Sunset Lane Suite 102  
Culpeper, VA 22701  
(540) 829-4374

Hospital Affiliations:  
University of Virginia Medical Center

Danville

Ahmed, Syed A., MD  
Danville Physician Practices, LLC  
125 Executive Drive  
Danville, VA 24541  
(434) 792-7471

Hospital Affiliations:  
Sova Health - Danville

Anderson, Justin D., MD  
Centra Medical Group Stroobants Cardiovascular Center  
414 Park Avenue  
Danville, VA 24541

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Brown, William M., MD  
Cardiovascular Associates of Central VA  
202 Airport Drive Suite C  
Danville, VA 24540

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Carey, Daniel, MD  
Cardiovascular Associates of Central VA  
202 Airport Drive Suite C  
Danville, VA 24540

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Carothers, Brent, MD  
Centra Medical Group Stroobants Cardiovascular Center  
173 Executive Dr  
Danville, VA 24540  
(434) 797-1383

Hospital Affiliations:  
Centra Lynchburg General Hospital

Chauhan, Ajit, MD  
Cardiology Clinic  
1045 Main St Ste 1  
Danville, VA 24541  
(434) 792-4400
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**Emporia**

- **Dietz, Denise M.**, MD  
  Cardiology Associates of Richmond  
  301 Market Drive Suite 7  
  Emporia, VA 23847  
  (804) 560-8880  
  **Hospital Affiliations:**  
  Chippenham Medical Center/Johnston-Willis Hospital

- **Jain, Rakesh**, MD  
  Cardiology Associates of Richmond  
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  Emporia, VA 23847  
  (804) 560-8880  
  **Hospital Affiliations:**  
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- **Kaddaha, Firas**, MD  
  Dominion Heart and Vascular Clinic  
  306 Weaver Avenue  
  Emporia, VA 23847  
  (434) 336-1900
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Optima Direct Network Providers 9/2019 237
## Specialists - Tier 1

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Askew, Jeffrey, MD  
Virginia Cardiovascular Consultants  
1201 Sam Perry Blvd Ste 280  
Fredericksburg, VA 22401  
(540) 361-2922  

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
VCU Health System/MCV

Clemo, Simon H, MD  
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Virginia Cardiovascular Consultants  
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Fredericksburg, VA 22401  
(540) 361-2922  

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Stafford Hospital Center  
VCU Health System/MCV

Berenji, Kambeez, MD  
Cardiology Associates of Fredericksburg  
9530 Cosner Drive Suite 200  
Fredericksburg, VA 22408  
(540) 373-1331  

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center

Czechka, Anna T., MD  
Heart and Vascular Institute of Virginia, Inc.  
1201 Sam Perry Blvd B Suite 205  
Fredericksburg, VA 22401  
(855) 739-9953  

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
VCU Health System/MCV

Sirak, Tsevd E., MD  
Heart and Lung Center  
5004 Southpoint Parkway Suite 201  
Fredericksburg, VA 22407  
(540) 741-2045  

Hospital Affiliations:  
Augusta Medical Center  
Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
VCU Health System/MCV

Wheeler, Thomas E., MD  
Virginia Cardiovascular Consultants  
1201 Sam Perry Blvd Ste 280  
Fredericksburg, VA 22401  
(540) 361-2722  

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
VCU Health System/MCV  
VCU Health System/MCV Hospital - North  
VCU Health System/MCV Hospital - West

Gaither, Neal S, MD  
Valley Health Warren Memorial Hospital Multispecialty Clinic  
1077 N Shenandoah Ave Suite B  
Front Royal, VA 22630  
(540) 636-0627  

Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Kassira, Anne, MD  
Valley Health Warren Memorial Hospital Multispecialty Clinic  
1077 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0627  

Hospital Affiliations:  
Page Memorial Hospital Inc  
Winchester Medical Center

Quinn, John C., MD  
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  

Hospital Affiliations:  
Winchester Medical Center

Abousy, Khalid, MD  
Cariert Heart & Vascular PC  
7001 Heritage Village Plaza Suite 170  
Gainesville, VA 20155  
(703) 335-8750  

Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Front Royal  
Arshad, Rabia, MD  
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center  
Shenandoah Memorial Hospital Inc  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Gainesville

Optima Health
Specialists - Tier 1

Arshad, Aysha, MD  
Cariert Heart & Vascular PC  
7001 Heritage Village Plaza Suite 170  
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(703) 335-8750

Chu, Keith H, MD  
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(703) 335-8750

Ghafouri, Merdod, DO  
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7001 Heritage Village Plaza Suite 170  
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(703) 335-8750

Mafi, Shahryar, MD  
Cariert Heart & Vascular PC  
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Shah, Neel K, MD  
Cariert Heart & Vascular PC  
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Gainesville, VA 20155  
(703) 335-8750

Sidhu, Balbir S, MD  
Cariert Heart & Vascular PC  
7001 Heritage Village Plaza Suite 170  
Gainesville, VA 20155  
(703) 335-8750

Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center

Giusti, Massimo F., MD  
Cardiovascular Associates of Virginia-BSMG  
4900 Cox Road Ste 150  
Glen Allen, VA 23060  
(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary's Hospital

 Warner, Mark F., MD  
Cardiovascular Associates of Virginia-BSMG  
4900 Cox Road Ste 150  
Glen Allen, VA 23060  
(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Marys Hospital

Chen, Samuel, MD  
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(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary's Hospital

Xenakis, Mark, MD  
Cardiovascular Associates of Virginia-BSMG  
4900 Cox Road Ste 150  
Glen Allen, VA 23060  
(804) 288-3123

Galax

Crozier, James Eeds, MD  
NMG Affiliate Practice I, LLC  
812 West Stuart Dr  
Galax, VA 24333  
(276) 238-3318

Hospital Affiliations:  
Twin County Regional Hospital

Khan, Shakil, MD  
Cardiovascular Associates of Virginia-BSMG  
4900 Cox Road Ste 150  
Glen Allen, VA 23060  
(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Anderson, Justin D., MD  
Centra Medical Group Stroobants Cardiovascular Center  
291 McBride Lane  
Gretta, VA 24557  
(434) 656-1274

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Prasanna, Vikram, MD  
Cariert Heart & Vascular PC  
7001 Heritage Village Plaza Suite 170  
Gainesville, VA 20155  
(703) 335-8750

Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center

Rinehart, Kenneth Bernard, MD  
NMG Affiliate Practice I, LLC  
813 West Stuart Dr  
Galax, VA 24333  
(276) 238-3318

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Bonak, Edward, MD  
Centra Medical Group Stroobants Cardiovascular Center  
1220 West Gretna Rd  
Gretna, VA 24557  
(434) 656-1717

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Shah, Neel K, MD  
Cariert Heart & Vascular PC  
7001 Heritage Village Plaza Suite 170  
Gainesville, VA 20155  
(703) 335-8750

Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center - Arlington

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Gainesville, VA 20155  
(703) 335-8750

Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center - Virginia Hospital Center - Arlington

Glen Allen

Browning, Christine, MD  
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Glen Allen, VA 23060  
(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Sabharwal, Vipal K., MD  
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(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Ngo, Matthew, MD  
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Glen Allen, VA 23060  
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Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Brown, William M., MD  
Cardiovascular Associates of Central VA  
1220 W Gretna Road  
Gretna, VA 24501  
(434) 656-1717

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Jefferson Memorial Hospital  
Winchester Medical Center

Centra Virginia Baptist Hospital  
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital  
Centra Lynchburg General Hospital

Gretta
Harrisonburg

Appau, Kwaku, MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5555

Hospital Affiliations:
Sentara RMH Medical Center

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(540) 689-5555

Hospital Affiliations:
Sentara RMH Medical Center

Pollock, Stewart G., MD
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Hospital Affiliations:
Sentara RMH Medical Center

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(540) 689-7400

Hospital Affiliations:
Sentara RMH Medical Center

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2006 Health Campus Dr 3rd Floor
Harrisonburg, VA 22801
(540) 689-7400

Hospital Affiliations:
Sentara RMH Medical Center

Walsh, John F., MD
Sentara RMH Medical Group, LLC
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Harrisonburg, VA 22801
(540) 689-5555

Hospital Affiliations:
Sentara RMH Medical Center

Haymarket

Arshad, Rubia, MD
Carotid Heart & Vascular PC
15195 Heathcote Blvd Suite 310
Haymarket, VA 20169
(703) 335-8750

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Shenandoah Memorial Hospital
Warren Memorial Hospital, Inc.

Burris II, Alfred C., MD
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Escano, Michael G., MD
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15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Jafir, Ahsan Q., DO
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15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Khaney, Sheila, MD
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Maranian, Ara M., MD
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Hillside

Sethna, Bhun H., MD
Carilion Healthcare Corp
416 S Main St
Hillside, VA 24343
(540) 731-7600

Hospital Affiliations:
Carilion New River Valley Medical Center

Hopewell

Kundur, Ramesh N., MD
Virginia Cardiovascular Specialists
201 W Poythress St
Hopewell, VA 23860
(804) 458-1764

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

St. Mary's Hospital

Kilmarnock

Chaudhry, Mohammad Sohail, MD
Bon Secours Richmond Cardiology Associates
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Kapadia, Shaival J., MD
Cardiovascular Associates of Virginia-BSMG
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Kandy, Michael E., MD
Bon Secours Richmond Cardiology Associates
43 William B Graham Ct
Kilmarnock, VA 22482
(804) 435-7735

Hospital Affiliations:
Bon Secours Richmond Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Doloresco, Mark A., MD
Cardiovascular Associates of Virginia-BSMG
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Giusti, Massimo F., MD
Cardiovascular Associates of Virginia-BSMG
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Hawkins, John W., MD
Bon Secours Richmond Cardiology Associates
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-7735

Kaminsky, Brian L., MD
Bon Secours Richmond Cardiology Associates
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Kapadia, Shaival J., MD
Cardiovascular Associates of Virginia-BSMG
101 Harris Dr
Kilmarnock, VA 22482

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Kelly, Michael E., MD
Bon Secours Richmond Cardiology Associates
43 William B Graham Ct
Kilmarnock, VA 22482
(804) 435-7735

Hospital Affiliations:
Bon Secours Richmond Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Optima Direct Network Providers 9/2019 242
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<tr>
<td>Okogbue, Ijeoma, MD</td>
<td>Cardiologist</td>
<td>CARILLON MEDICAL CENTER</td>
<td>1 Health Circle, Lexington, VA 24450</td>
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<tr>
<td>Siegel, Lewis, MD</td>
<td>Cardiologist</td>
<td>Augusta Health Cardiology</td>
<td>30 Greenehouse Rd, Lexington, VA 24450</td>
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<td>Jazayerli, Nabil, MD</td>
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<tr>
<td>Kassira, Anne, MD</td>
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<td>Valley Health Page Memorial Hospital</td>
<td>Multispecialty Clinic, 125 Memorial Drive, Luray, VA 22835</td>
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<td>May, Terrence P., MD</td>
<td>Cardiologist</td>
<td>CARILLON MEDICAL CENTER</td>
<td>1 Health Circle, Lexington, VA 24450</td>
<td>(540) 458-3344</td>
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<tr>
<td>Anderson, Justin D., MD</td>
<td>Cardiologist</td>
<td>Central Virginia Baptist Hospital</td>
<td>Cardiovascular Center, 2410 Atherhorl Road, Lynchburg, VA 24501</td>
<td>(434) 200-5252</td>
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<tr>
<td>Musser, Carl Wilson, MD</td>
<td>Cardiologist</td>
<td>CARILLON MEDICAL CENTER</td>
<td>1 Health Circle, Lexington, VA 24450</td>
<td>(540) 458-3344</td>
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<tr>
<td>Vigh, Alexander G., MD</td>
<td>Cardiologist</td>
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<td>(434) 200-5252</td>
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<tr>
<td>Brown, William M., MD</td>
<td>Cardiologist</td>
<td>Central Virginia Baptist Hospital</td>
<td>Cardiovascular Associates of Central VA, 2410 Atherhorl Rd, Lynchburg, VA 24506</td>
<td>(434) 455-5572</td>
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<td>Sethna, Dhun H., MD</td>
<td>Cardiologist</td>
<td>CARILLON MEDICAL CENTER</td>
<td>1 Health Circle, Lexington, VA 24450</td>
<td>(540) 458-3344</td>
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<tr>
<td>Arshad, Rabia, MD</td>
<td>Cardiologist</td>
<td>Novant Health UVA Health System</td>
<td>Prince William Medical Center, Shenandoah Memorial Hospital Inc, Warren Memorial Hospital, Inc, Winchester Medical Center</td>
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### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
</table>
| Hackenbracht, Jason  | MD                                 | Cardiovascular Associates of Central VA  
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Center Lynchburg General Hospital  
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(434) 200-5252  
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(434) 200-5252  
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Center Virginia Baptist Hospital |
| Huffman, Matthew     | MD                                 | Cardiovascular Associates of Central VA  
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Center Virginia Baptist Hospital |
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Center Virginia Baptist Hospital |
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Center Virginia Baptist Hospital |
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- **Optima Health**
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Centra Southside Community Hospital  
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Hospital Affiliations:  
Centra Virginia Baptist Hospital

Optima Direct Network Providers 9/2019 249
### New Market

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<tr>
<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
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<tr>
<td>Alexander, Daniel V. DO</td>
<td>Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market</td>
<td>Bon Secours DePaul Medical Center Inc, Sentara Bayside Hospital, Sentara CarePlex Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>Arshad, Rabia, MD</td>
<td>Valley Health Multispecialty - New Market</td>
<td>Sentara Memorial Regional Medical Center, Sentara St. Mary's Hospital, Riverside Shore Memorial Hospital</td>
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<tr>
<td>Kkevan, Thomas, MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Bon Secours DePaul Medical Center Inc, Sentara Bayside Hospital, Sentara CarePlex Hospital, Sentara Norfolk General Hospital</td>
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### Newport News

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<td>Ahmed, Masood, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
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<tr>
<td>Banks, Alan K., MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Bon Secours DePaul Medical Center Inc, Sentara CarePlex Hospital, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>Ciuffo, Allen, MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Sentara Obici Hospital</td>
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<tr>
<td>Naseer, Nauman, MD</td>
<td>Cardiovascular Specialists (Mary Immaculate Hospital)</td>
<td>Bon Secours DePaul Medical Center Inc, Sentara CarePlex Hospital, Sentara Leigh Hospital, Sentara Norfolk General Hospital, Southside Regional Medical Center</td>
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### Nygaard, Thomas, MD
<table>
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<tr>
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<tr>
<td>Cardiovascular Associates of Central VA</td>
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<tr>
<td>1039 Mayberry Crossing Drive Suite C</td>
<td>Moneta, VA 24121</td>
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### O’Brien, Peter, MD
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### Purohit, Girish, MD
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<td>Moneta, VA 24121</td>
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### Sackett, Matthew C, MD
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### Valentine, C. Michael, MD
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### Vivian, Stephan, MD
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<tr>
<td>Lewis-Gale Physicians, LLC</td>
<td>Sentara Virginia Beach General Hospital</td>
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<tr>
<td>400 Scruggs Road Suite 2300</td>
<td>Moneta, VA 24121</td>
</tr>
<tr>
<td>(540) 722-3815</td>
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### Specialists - Tier 1

**Optima Direct Network Providers 9/2019**

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<tr>
<td>East, Mark A., MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>600 Gresham Dr, Norfolk, VA 23507 (757) 388-3934</td>
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<tr>
<td>Bartel, Alan G., MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>600 Gresham Ave, Norfolk, VA 23507 (757) 547-9294</td>
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<tr>
<td>Bhasin, Mohit, MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>600 Gresham Ave, Norfolk, VA 23507 (757) 547-9294</td>
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<tr>
<td>Brush, John E., MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502 (757) 261-0700</td>
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<tr>
<td>Callaghan, William E., MD</td>
<td>Cardiovascular Specialists (Bon Secours)</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>885 Kempsville Road Ste 320, Norfolk, VA 23502 (757) 889-5335</td>
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<tr>
<td>Chakrabarti, Anjan K., MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502 (757) 261-0700</td>
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<td>Ciuffo, Allen, MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502 (757) 261-0700</td>
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<tr>
<td>East, Mark A., MD</td>
<td>East Cardiovascular Specialists PLLC</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
<td>6275 E Virginia Beach Blvd Suite 200, Norfolk, VA 23502 (757) 222-0012</td>
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<td>Francis, Vernon R., MD</td>
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<td>Goldberg, Martin J., MD</td>
<td>Sentara Cardiology Specialists</td>
<td>Sentara Virginia Beach General Hospital</td>
<td>301 Riverview Ave Ste 700, Norfolk, VA 23510 (757) 252-9365</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502 (757) 261-0700</td>
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<td>Sentara Virginia Beach General Hospital</td>
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<td>Hunley, Stephen O., MD</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>301 Riverview Ave Ste 700, Norfolk, VA 23510 (757) 252-9365</td>
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<td>Iyer, Venkat R., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Joyner, Sarah E., MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Virginia Beach General Hospital</td>
<td>600 Gresham Ave, Norfolk, VA 23507 (757) 547-9294</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502 (757) 261-0700</td>
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<td>Klevan, Thomas, MD</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>301 Riverview Ave Ste 700, Norfolk, VA 23510 (757) 252-9365</td>
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<td>Mahoney, Paul D., MD</td>
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<td>Manchikalapudi, Partha, MD</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>6275 E Virginia Beach Blvd Suite 200, Norfolk, VA 23502 (757) 222-0012</td>
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**Hospital Affiliations:**

- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Bayview Physicians Services, PC
- Sentara Norfolk General Hospital
- Sentara Cardiology Specialists (SMG)
- Sentara Virginia Beach General Hospital
- Bayview Physician Services, PC
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Boise Medical Center
- Sentara Maryview Medical Center
- Sentara Maryview Medical Center
- Sentara Virginia Beach General Hospital
- Bon Secours DePaul Medical Center
- Sentara Cardiology Specialists (SMG)
- Chesapeake Regional Medical Center
- Bon Secours DePaul Medical Center
- Sentara Norfolk General Hospital
- Sentara Cardiology Specialists (SMG)
- Bon Secours DePaul Medical Center
- Sentara Norfolk General Hospital
- Sentara Bayside Hospital
- Bon Secours DePaul Medical Center
- Sentara Maryview Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Leight Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
- Sentara Obici Hospital
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Bayside Hospital
- Sentara Leight Hospital
- Chesapeake Regional Medical Center
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- Sentara Obici Hospital
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Bayside Hospital
- Sentara Leight Hospital
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Obici Hospital
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Bayside Hospital
- Sentara Leight Hospital
Specialists - Tier 1

Sentara Norfolk General Hospital
Maturi-Allen, Mary F., MD
Bayview Physician Services, PC
600 Gresham Ave
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McCray, Robert D., MD
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Norfolk, VA 23507
(757) 547-9294

McKechnie, Ronald S., MD
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(757) 547-9294

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Miller, Edward Charles, MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Miller, Gregory Houston, MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Miller, James R., MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Naseer, Nauman, MD
Sentara Cardiology Specialists
(SMG)
301 Riverview Ave Ste 700
Norfolk, VA 23510
(757) 252-9365

Newby, Keith H., MD
Fort Norfolk Plaza Cardiology Associates, Inc.
301 Riverview Ave Ste 500
Norfolk, VA 23510
(757) 624-1785

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Old, Wayne D, MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Olusesi, Olusegun, MD
Sentara Cardiology Specialists
(SMG)
301 Riverview Ave Ste 700
Norfolk, VA 23510
(757) 252-9365
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Parker, John P., MD
Sentara Cardiology Specialists
(SMG)
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Peters, Patrick R., MD
Sentara Cardiology Specialists
(SMG)
885 Kempsville Road Suite 320
Norfolk, VA 23502
(757) 955-2828

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Patel, Saumil, MD
Cardiovascular Specialists (Bon Secours)
885 Kempsville Road Suite 320
Norfolk, VA 23502
(757) 955-2828

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Saposo, Joseph J., DO
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Shah, Sanjay G., MD
Sentara Cardiology Specialists
(SMG)
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
Chesapeake Regional Medical Center

St. Clair, Jesse W., MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Stine, Ronald A., MD
Sentara Cardiology Specialists
(SMG)
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 252-3370

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Talreja, Deepak R., MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Talreja, Jesse W., MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

MeQueen, Robert H., MD
MSMG Cardiology
98 15th Street NW Ste 201
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
Johnson City Medical Center
Russell County Hospital

Cavros, Nick G., MD
MSMG Cardiology
98 15th Street NW Suite 207
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
Johnson City Medical Center
Russell County Hospital

McQueen, Robert H., MD
MSMG Cardiology
98 15th Street NW Suite 207
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
Johnson City Medical Center
Russell County Hospital

Norton
Balells, Eduardo, MD
Blue Ridge Medical Management Corporation
98 15th St NW Suite 207
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
Indian Path Community Hospital

Breeding, Larry Todd, MD
MSMG Cardiology
98 15th Street NW Ste 201
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
Johnson City Medical Center
Russell County Hospital

Optima Direct Network Providers 9/2019 252
Ponder, Michael A., MD  
MSMG Cardiology  
98 15th Street NW Suite 207  
Norton, VA 24273  
(276) 439-1490  
Hospital Affiliations:  
Indian Path Community Hospital

Austin, Joseph L., MD  
CARILION MEDICAL CENTER  
159 Hartley Way  
Pearisburg, VA 24134  
(540) 921-6000  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Jinich, David, MD  
Carilion Healthcare Corporation  
159 Hartley Way  
Pearisburg, VA 24134  
(540) 921-6000  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Okogbue, Ijeoma, MD  
CARILION MEDICAL CENTER  
159 Hartley Way  
Pearisburg, VA 24134  
(540) 921-6000  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Ravi, Sandeep, MD  
Carilion Healthcare Corporation  
159 Hartley Way  
Pearisburg, VA 24134  
(540) 921-6000  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Rivero, Jose M., MD  
Carilion Cardiology Associates  
159 Hartley Way  
Pearisburg, VA 24134  
(540) 921-6000  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Setha, Dhun H., MD  
Carilion Healthcare Corp  
159 Hartley Way  
Pearisburg, VA 24134  
Hospital Affiliations:  
Carilion New River Valley Medical Center

Kumar, Ashwani, MD  
MSMG Cardiology  
2731 S Crater Road  
Petersburg, VA 23805  
(804) 520-1080  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5363  
Hospital Affiliations:  
Southside Regional Medical Center

Amin, Mitesh S, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5785  
Hospital Affiliations:  
Southside Regional Medical Center

Haider, Agha W, MD  
Dominion Cardiovascular Specialists, LLC  
2731 South Crater Road  
Petersburg, VA 23805  
(804) 269-5112  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5785  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Retreat Campus  
John Randolph Medical Center

Joseph, Mathew K, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Southside Regional Medical Center  
VCU Health System/MCV

Kaddaha, Firas, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5206  
Hospital Affiliations:  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Raeen, George, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Morris, Clifford V., MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5785  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
John Randolph Medical Center  
Southside Regional Medical Center

Patel, Kalpesh, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5949  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center

Pathak, Satish K, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5352  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Samee, Saquib, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5352  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Singh, Jaspreet, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 520-1764  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Spencer, Beverly, MD  
Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Optima Direct Network Providers 9/2019  253
### Specialists - Tier 1

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<td><strong>Portsmouth</strong></td>
<td>Gupta, Bhavdeep K., MD</td>
<td>Cardiology Associates (Maryview Hospital)</td>
<td>301 Goode Way Ste 102</td>
<td>804-458-1740</td>
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<td>Bunda, Michael J., MD</td>
<td>Cardiology Associates</td>
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**Hospital Affiliations:**
- Sentara Virginia Beach General Hospital

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<td><strong>Pulaski</strong></td>
<td>Anis, Ather, MD</td>
<td>Heart and Vascular Specialists PC</td>
<td>609 E Main St Ste Q</td>
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<td>Browning, Christine, MD</td>
<td>Cardiovascular Associates of Virginia-BSMG</td>
<td>3150 Clinch Street</td>
<td>540-730-1481</td>
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<td>Doloresco, Mark A, MD</td>
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<td>1850 Pocahontas Trail 2nd Floor</td>
<td>540-730-1481</td>
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<td>Bunda, Michael J., MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>4700 Puddledock Road Suite 400</td>
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<td>Virginia Cardiovascular Specialists</td>
<td>4700 Puddledock Road Suite 400</td>
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- Prince George Hospital

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<td>Javed, Muhammad R., MD</td>
<td>Merit Medical Group, Inc.</td>
<td>6719 Governor GC Peery Hwy Suite</td>
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**Hospital Affiliations:**
- Richlands General Hospital
Specialists - Tier 1

Richmond
Abbate, Antonio, MD
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Johnston-Willis Hospital

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(804) 628-9203
9000 Stony Point Parkway
Richmond, VA 23235
(804) 628-4327
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(804) 287-3550
5875 Bremo Road Suite G5
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Sheltering Arms Rehabilitation Hospital

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Chippenham Medical Center/
Johnston-Willis Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

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Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Riverside Shore Memorial Hospital

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Optima Direct Network Providers 9/2019 255
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  Johnston-Willis Hospital
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  John Randolph Medical Center
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257

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- Southampton Memorial Hospital
- Southside Regional Medical Center

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681 Hioaks Rd Ste 600  
Richmond, VA 23225  
(804) 323-1804  
7001 Forest Ave Suite 200  
Richmond, VA 23230  
(804) 288-3123  

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Roaheke  

AlMahameed, Soufian, MD  
Carilion Clinic Cardiology  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-8621  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  

Austin, Joseph L., MD  
CARILION MEDICAL CENTER  
2001 Crystal Spring Road  
Roanoke, VA 24014  
(540) 982-8204  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Dunbar-Matos, Christina L, DO  
CARILION MEDICAL CENTER  
127 McClanahan St Suite 205  
Roanoke, VA 24014  
(540) 981-8749  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Heletz, Ido, MD  
CARILION MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Dickerson, Shelby C, MD  
CARILION MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Roanoke Memorial Hospital  

Dehmer, Gregory J, MD  
CARILION MEDICAL CENTER  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Optima Direct Network Providers  9/2019  
258  

OptimaHealth
Konstance, Richard P., MD  
Heart of Virginia Cardiology  
2762 Electric Road Ste A  
Roanoke, VA 24018  
(540) 283-2710  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lystash, John C., MD  
CARILION MEDICAL CENTER  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
213 S Jefferson St  
Roanoke, VA 24011  
May, Terrence P., MD  
CARILION MEDICAL CENTER  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Phillips, Stephen G., MD  
CARILION MEDICAL CENTER  
127 McClanahan St Ste 300  
Roanoke, VA 24014  
(540) 982-8204  
1906 Bellevue Avenue  
Roanoke, VA 24014  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Rahman, Faraaz, MD  
CARILION MEDICAL CENTER  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 982-8204  
2001 Crystal Springs Ave Suite 300  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Sane, David C., MD  
Carilion Cardiology  
127 McClanahan Street Ste 300  
Roanoke, VA 24014  
(540) 224-1041  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Todd, Jeffrey Scott, MD  
CARILION MEDICAL CENTER  
1906 Bellevue Ave  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
213 S Jefferson Street Ste 416  
Roanoke, VA 24011  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Varjabedian, Leon, MD  
CARILION MEDICAL CENTER  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Vigh, Alexander G., MD  
Carilion Faculty Phys Specialist  
127 McClanahan Avenue Ste 300  
Roanoke, VA 24014  
(540) 982-8204
Specialists - Tier 1

1906 Belleview Avenue
Roanoke, VA 24014
2001 Crystal Spring Ave Suite 203
Roanoke, VA 24014
(540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rocky Mount
Austin, Joseph L., MD
CARILION MEDICAL CENTER
180 Floyd Avenue
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion Clinic Home Care
Carilion Franklin Memorial Hospital
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Bushlan, John, MD
Carilion Consultants in Cardiology
180 Floyd Avenue
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Twin County Regional Hospital

Heletz, Ido, MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 982-8204
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Lystash, John C, MD
CARILION MEDICAL CENTER
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Okogbue, Ijeoma, MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital

Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Phillips, Stephen G., MD
CARILION MEDICAL CENTER
180 Floyd Avenue
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Roby, Matthew D, DO
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

San, David C., MD
Carilion Clinic Cardiology
180 Floyd Avenue
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Swank, Gary P., MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Todd, Jeffrey Scott, MD
CARILION MEDICAL CENTER
180 Floyd Avenue
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Twin County Regional Hospital

Corporation
Blue Ridge Medical Management

Carilion Roanoke Memorial Hospital
Miller, Gregory Houston, MD
MSMG Cardiology
7021 W Lee Highway STE C2
Rural Retreat, VA 24368
(276) 258-3740
Hospital Affiliations:
Indian Path Community Hospital
Johnston City Medical Center
Smyth County Community Hospital

Pairton, John B, MD
Blue Ridge Medical Management Corporation
7021 W Lee Highway Ste C2
Rural Retreat, VA 24368
(276) 258-3740
Hospital Affiliations:
Johnston Memorial Hospital

Salem
Goldstein, Steven, DO
Lewis-Gale Physicians, LLC
1802 Braburne Drive
Salem, VA 24513
(540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center

Maiolo, Andrew, MD
Lewis-Gale Physicians, LLC
1802 Braburne Drive
Salem, VA 24513
(540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center

Prokopchak, Richard, MD
Southwest Virginia Cardiology, PC
2890 Keagy Road
Salem, VA 24513
(540) 375-9375
Hospital Affiliations:
Lewis-Gale Medical Center

Vivian, Stephan, MD
Lewis-Gale Physicians, LLC
1802 Braburne Dr
Salem, VA 24513
(540) 772-3815

South Boston
Bassil, Habib F., MD
Halifax Heart Center PC
2232 Willborn Ave
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Hoyt, Chad, MD
Centra Medical Group Stroobants Cardiovascular Center
2212 Willborn Avenue
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Huffman, Matthew, MD
Centra Medical Group Stroobants Cardiovascular Center
2212 Willborn Avenue
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Augusta Medical Center

Iskandar, Said B., MD
Halifax Heart Center PC
2232 Willborn Ave
South Boston, VA 24592
(434) 572-8977
Hospital Affiliations:
Halifax Regional Hospital

Jain, Rakesh, MD
Centra Medical Group Stroobants Cardiovascular Center
2212 Willborn Avenue
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital

Jara, Jessica, MD
Centra Medical Group Stroobants Cardiovascular Center
2212 Willborn Avenue
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital

Jazayerli, Nabil, MD
Halifax Heart Center PC
2232 Willborn A
South Boston, VA 24592
(434) 572-8977
Hospital Affiliations:
Centra Lynchburg General Hospital

Lewis-Gale Medical Center

Rural Retreat
Cavros, Nick G., MD
MSMG Cardiology ABG
7021 W Lee Highway Ste C2
Rural Retreat, VA 24368
(276) 258-3740
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Johnston Memorial Hospital
Sentara Leigh Hospital

VCU Health System/MCV

Johnston Memorial Hospital

MOORE, Carl, MD
Centra Medical Group Stroobants Cardiovascular Center
2212 Willborn Avenue
South Boston, VA 24592
(434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
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<td>Amin, Mitesh S, MD</td>
<td>James River Cardiology PC</td>
<td>864 N Mecklenburg Ave, South Hill, VA 23970</td>
<td>(757) 542-0503</td>
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<td>Denlinger, Bethany L., MD</td>
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<td>412 Durant Street, South Hill, VA 23970</td>
<td>(434) 447-2898</td>
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<td>James River Cardiology PC</td>
<td>864 N Mecklenburg Ave, South Hill, VA 23970</td>
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<td>Patel, Nimesh K, MD</td>
<td>CMH Physician Services, LLC</td>
<td>1755 N Mecklenburg Ave, South Hill, VA 23970</td>
<td>(434) 584-2273</td>
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<td>James River Cardiology PC</td>
<td>864 N Mecklenburg Ave, South Hill, VA 23970</td>
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<tr>
<td>Stafford</td>
<td>Abdul, Raushan, MD</td>
<td>Magnus Heart and Vascular, Inc.</td>
<td>125 Hospital Center Suite 307, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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<td>Chu, Keith H, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>422 Garrisonville Road Suite 110, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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<td>(571) 210-5704</td>
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<td>Prasanna, Vikram, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(703) 355-8750</td>
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<td>Carient Heart &amp; Vascular PC</td>
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<td>Suffolk</td>
<td>Amico, Frank, DO</td>
<td>Sentara Cardiology Specialists</td>
<td>(757) 983-8750</td>
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<tr>
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<td>Callaghan, William E. MD</td>
<td>Cardiovascular Specialists</td>
<td>(757) 899-5335</td>
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<td>Chough, Dae B. MD</td>
<td>Cardiovascular Specialists</td>
<td>(757) 541-1050</td>
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<td>Chung, Jun Ki. MD</td>
<td>Cardiovascular Specialists</td>
<td>(757) 541-1050</td>
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<td>Cardiovascular Specialists</td>
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### Specialists - Tier 1

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| Tazewell | Rosenberg, Marc J., MD  
Cardiovascular Specialists  
(Maryview Hospital)  
5838 Harbour View Blvd Ste 270  
Suffolk, VA 23435  
(757) 541-1050  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sarris, George, MD  
Cardiovascular Specialists  
(Maryview Hospital)  
5838 Harbour View Blvd Ste 270  
Suffolk, VA 23435  
(757) 541-1050  
Sentara Cardiology Specialists (SMG)  
3920 A Bridge Rd Ste 202  
Suffolk, VA 23435 |
| Vienna | Abousy, Khalid, MD  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
Vienna, VA 22180  
(703) 335-8750  
Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Sande, David C., MD  
Carient Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Tazewell, VA 24651  
(540) 982-8204  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  
Tod, Jeffrey Scott, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Tazewell, VA 24651 |
| Ghafouri, Merdod, DO  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
Vienna, VA 22180  
(703) 335-8750  
Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Mafi, Shahryar, MD  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
Vienna, VA 22180  
(703) 335-8750  
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Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Prasanna, Vikram, MD  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
Vienna, VA 22180  
(703) 335-8750  
Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Sandesara, Chirag, MD  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
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(703) 335-8750  
Hospital Affiliations:  
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Novant Health UVA Health System  
Prince William Medical Center  
Virginia Hospital Center - Arlington |
| Shah, Neel K, MD  
Carient Heart & Vascular PC  
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(703) 335-8750  
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Novant Health UVA Health System  
Prince William Medical Center  
Virginia Hospital Center - Arlington |
| Sidhu, Balbir S, MD  
Carient Heart & Vascular PC  
415 Church Street NE Suite 101  
Vienna, VA 22180  
(703) 335-8750  
Hospital Affiliations:  
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Novant Health UVA Health System  
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Taheri, Hamid, MD  
Carient Heart & Vascular PC  
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Hospital Affiliations:  
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Old, Wayne D, MD  
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1060 First Colonial Rd  
Virginia Beach, VA 23454  
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1975 Glenn Mitchell Dr  
Virginia Beach, VA 23456  
(757) 547-9294

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Patel, Anilkumar R., MD  
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2075 Glenn Mitchell Dr Suite 300  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Patel, Saumil, MD  
Cardiovascular Specialists (Bon Secours)  
4421 Va Beach Blvd Suite 114  
Virginia Beach, VA 23462  
(757) 889-5335

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

Sarris, George, MD  
Cardiovascular Specialists (Bon Secours)  
4421 Va Beach Blvd Suite 114  
Virginia Beach, VA 23462  
(757) 889-5335

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Shah, Sanjay G., MD  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

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Haymarket Medical Center  
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Prince William Medical Center

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Prince William Medical Center

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Stafford Hospital Center

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<td>Winchester Cardiology and Vascular Medicine</td>
<td>190 Campus Blvd Ste 201</td>
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<td>Winchester Cardiology and Vascular Medicine</td>
<td>190 Campus Blvd Ste 201</td>
<td>(540) 662-0306</td>
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<td>Winchester Cardiology and Vascular Medicine</td>
<td>190 Campus Blvd Ste 201</td>
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<td>Winchester Cardiology and Vascular Medicine</td>
<td>190 Campus Blvd Ste 201</td>
<td>(540) 662-0306</td>
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Reese, Daniel, MD
Winchester Cardiology and Vascular Medicine
190 Campus Blvd Ste 201
Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
Winchester Medical Center
Skiles, Jeffrey, MD
Winchester Cardiology and Vascular Medicine
190 Campus Blvd Ste 201
Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Woodbridge
Abdula, Raushan, MD
Magnus Heart and Vascular, Inc.
2280 Opitz Boulevard Suite 310
Woodbridge, VA 22191
(855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV

Abousy, Khalid, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Arshad, Aysha, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Arshad, Rabia, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Benedetti, Kambeez, MD
Magnus Heart and Vascular, Inc.
2280 Opitz Boulevard Suite 310
Woodbridge, VA 22191
(855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV

Chu, Keith H, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Czajka, Anna T., MD
Heart and Vascular Institute of Virginia, Inc.
4004 Genesee Place Suite 105
Woodbridge, VA 22192
(855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV

Ghafouri, Merod, DO
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Hashemi, Seyed, MD
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(703) 490-3700
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Hashemi, Seyed, MD
Dominion Cardiac Care PC
14904 Jefferson Davis Highway Ste 202
Woodbridge, VA 22192
(703) 490-3700
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Hashemi, Seyed, MD
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14904 Jefferson Davis Highway Ste 202
Woodbridge, VA 22192
(703) 490-3700
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Hashemi, Seyed, MD
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14904 Jefferson Davis Highway Ste 202
Woodbridge, VA 22192
(703) 490-3700
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Hospital Affiliations:
Winchester Medical Center

Wodstock
Quinn, John C., MD
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
759 South Main Street
Woodstock, VA 22664
(540) 459-1383
Hospital Affiliations:
Winchester Medical Center

Wytheville
Happel, Richard D., MD
Richard D. Happel, M.D, PhD, PC
1150 Holston Road
Wytheville, VA 24382
(276) 228-4860
Hospital Affiliations:
Carilion New River Valley Medical Center
Wythe County Community Hospital

Ravi, Sandeep, MD
Carilion Healthcare Corporation
1150 Holston Rd
Wytheville, VA 24382
(540) 731-7600
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Cardiovascular Surgery

Mechanicsville
Bundy, Graham M., MD
Cardiothoracic Surgical Associates
8220 Meadowbridge Road Ste 303
Mechanicsville, VA 23116
Hahn, Chivon, MD  
Cardiothoracic Surgical Associates  
8220 Meadowbridge Road Ste 303  
Mechanicsville, VA 23116  

Hospital Affiliations:  
- Bon Secours St. Marys Hospital  
- Chippenham Medical Center/Johnston-Willis Hospital  
- Henrico Doctors’ Hospital - Forest Campus  
- Henrico Doctors’ Hospital - Retreat Campus  
- St. Mary’s Hospital  

Rohatgi, Sameer, MD  
Virginia Cardiovascular Specialists  
7505 Right Flank Road Suite 700  
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(804) 559-0405  

Hospital Affiliations:  
- Bon Secours Memorial Regional Medical Center  
- Bon Secours St. Marys Hospital  
- Chippenham Medical Center/Johnston-Willis Hospital  
- Henrico Doctors’ Hospital - Forest Campus  
- Henrico Doctors’ Hospital - Retreat Campus  
- St. Mary’s Hospital  

Richmond  

Bundy, Graham M., MD  
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7605 Forest Ave Ste 302  
Richmond, VA 23229  
(804) 320-2751  

Christopher, Thomas, MD  
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7605 Forest Ave Ste 302  
Richmond, VA 23229  
(804) 328-8777  

Hahn, Chivon, MD  
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7605 Forest Ave Ste 302  
Richmond, VA 23229  
(804) 320-2751  

Hospital Affiliations:  
- Bon Secours St. Marys Hospital  
- Chippenham Medical Center/Johnston-Willis Hospital  
- Henrico Doctors’ Hospital - Forest Campus  
- Henrico Doctors’ Hospital - Retreat Campus  
- St. Mary’s Hospital  

Rebyeka, Ivan M, MD  
MCV Associated Physicians (Cardiology)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  

Hospital Affiliations:  
- VCU Health System/MCV  

Shah, Rachit, MD  
MCV Associated Physicians (Cardiology)  
417 N 11th Street  
Richmond, VA 23298  
(804) 628-0537  

Hospital Affiliations:  
- Bon Secours St. Marys Hospital  

Richmond  

Bundy, Graham M., MD  
Cardiothoracic Surgical Associates  
121 Balifants Blvd Suite A  
Williamsburg, VA 23188  
(757) 707-3999  
538 Discovery Park Blvd Suite 120 A  
Williamsburg, VA 23188  
(804) 282-8777  

Certified Nurse Midwife - Ob/Gyn  

Front Royal  

Cherrywell, Roberta R., CNM  
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  
120 N Commerce Avenue Ste 203  
Front Royal, VA 22630  
(540) 635-0800  

Hospital Affiliations:  
- Warren Memorial Hospital, Inc.  

South Hill  

Wootten, Terrell, CNM  
CMH Physician Services, LLC  
1755 N Mecklenburg Ave South Hill, VA 23970  
(434) 584-2273  

Winchester  

Ruby, Libby, CNM  
Shenandoah Valley Medical System Inc.  
1330 Amherst Street  
Winchester, VA 22601  
(540) 722-2369  

Child Abuse (Pediatrics)  

Norfolk  

Clayton, Michelle, MD  
Children’s Hospital of the King’s Daughters  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7000  

Hospital Affiliations:  
- Children’s Hospital of the King’s Daughters  
- Sentara Leigh Hospital  
- Sentara Norfolk General Hospital  

Richmond  

Barto, Judith A., MD  
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Richmond, VA 23298  
(804) 828-9111  

Foster, Robin, MD  
MCV Associated Physicians (Child Abuse)  
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Richmond, VA 23298  
(804) 828-7010  

Hospital Affiliations:  
- Bon Secours St. Marys Hospital  
- VCU Health System/MCV  

Clinical Cardiac Electrophysiology  

Annandale  

Ilkanoff, Leonard, MD  
Carient Heart & Vascular PC  
3301 Woodburn Road Suite 301  
Annandale, VA 22003  
(703) 335-8750  
7617 Little River Turnpike Suite 710  
Annandale, VA 22003  
(703) 335-8750  

Hospital Affiliations:  
- Fauquier Hospital  
- Novant Health UVA Health System Prince William Medical Center  

Ashburn  

Ilkanoff, Leonard, MD  
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21785 Filigree Court Suite 203  
Ashburn, VA 20147  
(703) 335-8750  

Hospital Affiliations:  
- Fauquier Hospital  
- Novant Health UVA Health System Prince William Medical Center  

Charlottesville  

Goldberg, Adam S., MD  
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650 Peter Jefferson Parkway Suite 100  
Charlottesville, VA 22911  
(434) 293-4072  

Hospital Affiliations:  
- Sentara Martha Jefferson Hospital  

Chesapeake  

Gentlesk, Phillip J., MD  
Sentara Cardiology Specialists (SMD)  
300 Medical Parkway Suite 120  
Chesapeake, VA 23320  
(757) 547-2233  

Hospital Affiliations:  
- Bon Secours DePaul Medical Center Inc  
- Sentara Leigh Hospital  
- Sentara Norfolk General Hospital  

Kanter, Harry L., MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
3241 Western Branch Blvd  
Chesapeake, VA 23321  
(757) 419-3000  

Hospital Affiliations:  
- Chesapeake Regional Medical Center  
- Sentara Bayside Hospital  
- Sentara Leigh Hospital  
- Sentara Norfolk General Hospital  
- Sentara Princess Anne Hospital  
- Sentara Virginia Beach General Hospital  

Christiansburg  

Massaro, Richard C., DO  
CARLION MEDICAL CENTER  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  

Hospital Affiliations:  
- Carilion New River Valley Medical Center  
- Carilion Roanoke Memorial Hospital  
- Carilion Stonewall Jackson Hospital  

Optima Direct Network Providers 9/2019 268
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<td>Brammer, Glenn, MD</td>
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<td>30 Greenville Rd Lexington, VA 24450</td>
<td>(540) 463-2227</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Cardiac Heart &amp; Vascular PC</td>
<td>7001 Heritage Village Plaza Suite 170</td>
<td>(703) 335-8750</td>
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<td>813 West Stuart Dr Galax, VA 24331</td>
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<td>Sentara Cardiology Specialists (SMG)</td>
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<td>VerNooy, Jr., Robert A., MD</td>
<td>Sentara RMH Medical Group, LLC</td>
<td>2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801</td>
<td>(540) 689-5555</td>
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<td>Gentlesk, Phillip J., MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>1031 Loftis Blvd Ste 100 Newport News, VA 23606</td>
<td>(757) 736-9860</td>
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<td>Prince George</td>
<td>Gilligan, David M., MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>4700 Paddledock Road Suite 400 Prince George, VA 23875</td>
<td>(804) 458-1740</td>
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<td>Richmond</td>
<td>Ellenbogen, Kenneth A., MD</td>
<td>MCV Associated Physicians (Cardiology)</td>
<td>417 N 11th Street Richmond, VA 23298</td>
<td>(804) 628-4327</td>
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| **Bouchard, Christine M., MD** | Surgical Associates of Richmond, Inc.  
1051 Johnston Willis Drive Ste 200  
Richmond, VA 23235  
(804) 320-2705  |
| **Miller, Peter, MD** |  |
| **Gentry, Cary L, MD** | Colon and Rectal Specialists, LTD  
7605 Forest Ave Ste 308  
Richmond, VA 23229  
(804) 288-7077  |
| **Charron, Paul D., MD** |  |
| **Coury II, Joseph J., MD** | Colon and Rectal Specialists, LTD  
7605 Forest Ave Ste 308  
Richmond, VA 23229  
(804) 288-7077  |
| **Charron, Paul D., MD** |  |
| **270** |  |
| **Richmond,** VA 23235  
(804) 249-2465  |
| **Hospital Affiliations:** |  |
| **Bon Secours St. Mary’s Hospital** |  |
| **Chippewa Medical Center** |  |
| **Johnston-Willis Hospital** |  |
| **Henrico Doctors’ Hospital - Forest Campus** |  |
| **Henrico Doctors’ Hospital - Retreat Campus** |  |
| **Riverside Shore Memorial Hospital** |  |
| **St. Mary's Hospital** |  |
| **Timmerman, William R., MD** | Colon and Rectal Specialists, LTD  
7605 Forest Ave Ste 308  
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(804) 288-7077  |
| **Hospital Affiliations:** |  |
| **Bon Secours St. Mary’s Hospital** |  |
| **Chippewa Medical Center** |  |
| **Johnston-Willis Hospital** |  |
| **Henrico Doctors’ Hospital - Forest Campus** |  |
| **Henrico Doctors’ Hospital - Retreat Campus** |  |
| **Scholey Ward Memorial Hospital** |  |
| **St. Mary’s Hospital** |  |
| **Vorenberg, Andrew, MD** | Colon and Rectal Specialists, LTD  
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(804) 249-2465  |
| **Hospital Affiliations:** |  |
| **Bon Secours St. Mary’s Hospital** |  |
| **Chippewa Medical Center** |  |
| **Johnston-Willis Hospital** |  |
| **Henrico Doctors’ Hospital - Forest Campus** |  |
| **Henrico Doctors’ Hospital - Retreat Campus** |  |
| **Scholey Ward Memorial Hospital** |  |
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| **Richmond,** VA 23235  
(804) 249-2465  |
| **Hospital Affiliations:** |  |
| **Bon Secours St. Mary’s Hospital** |  |
| **Chippewa Medical Center** |  |
| **Johnston-Willis Hospital** |  |
| **Henrico Doctors’ Hospital - Forest Campus** |  |
| **Henrico Doctors’ Hospital - Retreat Campus** |  |
| **Riverside Shore Memorial Hospital** |  |
| **St. Mary’s Hospital** |  |
| **Lee, Chong S., MD** | Bon Secours Surgical Specialists @ DMC  
4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830  |
| **Hospital Affiliations:** |  |
| **Bon Secours Maryview Medical Center** |  |
| **Critical Care Medicine** |  |
| **Roanoke** |  |
| **Munson, Keith D., MD** | Jefferson Surgical Clinic Inc  
1234 Franklin Road SW  
Roanoke, VA 24016  
(540) 345-1561  |
| **Hospital Affiliations:** |  |
| **Sentara RMH Medical Center** |  |
| **Christopher Newport University - Newport News Campus** |  |
| **Hospital Affiliations:** |  |
| **Bon Secours DePaul Medical Center** |  |
| **Lee, Chong S., MD** | Bon Secours Surgical Specialists @ DMC  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 483-3030  |
| **Hospital Affiliations:** |  |
| **Bon Secours Maryview Medical Center** |  |
| **Ramirez, Ray, MD** | Chesapeake Regional Medical Group (CRMG)  
2000 Meade Pkwy  
Suffolk, VA 23434  
(757) 934-9505  |
| **Hospital Affiliations:** |  |
| **Bon Secours Maryview Medical Center** |  |
| **Je, Susanti R., MD** | Carilion Roanoke Memorial  
Hospital-Physician Services  
2900 Lamb Circle Suite 7 700A  
Christiansburg, VA 24073  
(540) 731-7460  |
| **Hospital Affiliations:** |  |
| **Children’s Hospital of the King’s Daughters** |  |
| **Levi, Alexander, MD** | EVMS Medical Group  
1005 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-5602  |
| **Hospital Affiliations:** |  |
| **Children’s Hospital of the King’s Daughters** |  |

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</thead>
</table>
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| **Sentara Norfolk General Hospital** |  |
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<table>
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<th>Specialists - Tier 1</th>
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| Winchester Medical Center | DeHart, William Kelly, DO  
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond
VCU Health System/MCV
VCU Health System/MCV Hospital - North
VCU Health System/MCV Hospital - West

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Hospital Affiliations:
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- Sentara Norfolk General Hospital

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Hospital Affiliations:
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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

VCU Health System/MCV
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<th>Name</th>
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<td>Bota, James P, MD</td>
<td>Pariser Dermatology Specialists, Ltd.</td>
<td>(757) 564-8535</td>
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<td>207 Balifants Blvd Suite C</td>
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<td>Waynesboro</td>
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<td>Advanced Dermatology of Charlottesville PLC</td>
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<td>Dent, Cynthia H, MD</td>
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<td>Hendrix, Jr., John D., MD</td>
<td>(434) 979-7700</td>
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<td>Beasey, Matthew D., MD</td>
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</table>
| Chesapeake   | Lasseter, David H., MD  
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|             | Chhabra, Sandhya K., MD  
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|             | Hutchens, Eleanor, MD  
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|             | Maybee, Nelly, MD  
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|             | Sutton, Angela V., MD  
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|             | Sutton, Angela V., MD  
Sentara RMH Medical Group, LLC  
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(540) 689-4300 |
Optima Direct Network Providers 9/2019

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**Lynchburg**

- **Clore, John N, MD**
  - Medical Associates of Central Va, Inc.
  - 2215 Landover Place
  - Lynchburg, VA 24501
  - (434) 947-3944
  - Hospital Affiliations:
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    - Centra Virginia Baptist Hospital

- **Kauppi, Alan C., MD**
  - 9/2019
  - Medical Center
  - Bon Secours Memorial Regional Hospital
  - Mechanicsville, VA 23116
  - (804) 764-7686
  - Hospital Affiliations:
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    - Virginia Diabetes and Endocrinology PC
    - Richmond Diabetes and Endocrinology-BSMG
    - 8266 Atlee Road MOB II Suite 332
    - Mechanicsville, VA 23116
    - (804) 764-7686

- **Shah, Aashish, MD**
  - Medical Associates of Central Va, Inc.
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  - Lynchburg, VA 24501
  - (434) 947-3944
  - Hospital Affiliations:
    - Centra Lynchburg General Hospital
    - Centra Virginia Baptist Hospital

**Mechanicsville**

- **Khardori, Romesh K., MD**
  - Hanover Endocrinology Associates
  - 8220 Meadowbridge Rd Ste 100E
  - Mechanicsville, VA 23116
  - (804) 746-8020
  - Hospital Affiliations:
    - Endocrinology PC
    - Virginia Diabetes and Endocrinology PC
    - Richmond Diabetes and Endocrinology-BSMG
    - 8266 Atlee Road MOB II Suite 332
    - Mechanicsville, VA 23116
    - (804) 764-7686

- **Barton, Anna E, MD**
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**Midlothian**

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    - Virginia Diabetes and Endocrinology PC
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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital
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<th>City</th>
<th>Provider Name</th>
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<td>Ashburn</td>
<td>Nelson, Jennifer L., MD</td>
<td>Metropolitan ENT &amp; Facial Plastic Surgery</td>
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<td>hospital affiliations</td>
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<td>Lee, James J., MD</td>
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<td>hospital affiliations</td>
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<td>Swamy, Ravi, MD</td>
<td>Optima Direct Network Providers</td>
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<td>Meakin, Kevin D., DO</td>
<td>LewisGale Montgomery</td>
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<td></td>
<td>Christophel, John J., MD</td>
<td>Lewis Gale Physician SW Va Ear Nose and Throat Assoc</td>
<td>830 Davis Street Suite 8, Blacksburg, VA 24060</td>
<td>hospital affiliations</td>
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<td>Park, Stephen S., MD</td>
<td>Lewis Gale Physician SW Va Ear Nose and Throat Assoc</td>
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<td>Powers, Paige L., MD</td>
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<td>hospital affiliations</td>
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<td>Keyes, Alan S., MD</td>
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<td>Ashburn</td>
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<td></td>
<td>Lassen, Lorenz F., MD</td>
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<td>hospital affiliations</td>
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<tr>
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<td>Bell, Benjamin P., MD</td>
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<tr>
<td></td>
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<td>3890 Braddock Rd Ste 206, Centreville, VA 20121</td>
<td>hospital affiliations</td>
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<tr>
<td></td>
<td>Chance, Elizabeth Whiting, MD</td>
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<td>hospital affiliations</td>
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<tr>
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<td>Leon, David W., MD</td>
<td>Eastern Virginia Ear Nose &amp; Throat Specialists</td>
<td>500 Independence Pkwy Ste 100, Chesapeake, VA 23320</td>
<td>hospital affiliations</td>
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<td>LewisGale Montgomery</td>
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<td>hospital affiliations</td>
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<tr>
<td>Ashburn</td>
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<tr>
<td>Ashburn</td>
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<tr>
<td>Ashburn</td>
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<td>Ashburn</td>
<td>Swamy, Ravi, MD</td>
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<tr>
<td>Ashburn</td>
<td>Lassen, Lorenz F., MD</td>
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<td>Ashburn</td>
<td>Bell, Benjamin P., MD</td>
<td>Lewis Gale Physician SW Va Ear Nose and Throat Assoc</td>
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<td>Ashburn</td>
<td>Bergman Jr. and Kenneth, MD</td>
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<td>Ashburn</td>
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</tr>
<tr>
<td>Ashburn</td>
<td>Bell, Benjamin P., MD</td>
<td>Lewis Gale Physician SW Va Ear Nose and Throat Assoc</td>
<td>830 Davis Street Suite 8, Blacksburg, VA 24060</td>
<td>hospital affiliations</td>
</tr>
<tr>
<td>Ashburn</td>
<td>Bergman Jr. and Kenneth, MD</td>
<td>Family Allergy and Asthma Associates (Loudoun)</td>
<td>3890 Braddock Rd Ste 206, Centreville, VA 20121</td>
<td>hospital affiliations</td>
</tr>
<tr>
<td>Ashburn</td>
<td>Chance, Elizabeth Whiting, MD</td>
<td>The Center for Plastic Surgery at Sentara Martha Jefferson</td>
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<td>hospital affiliations</td>
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<tr>
<td>Ashburn</td>
<td>Leon, David W., MD</td>
<td>Eastern Virginia Ear Nose &amp; Throat Specialists</td>
<td>500 Independence Pkwy Ste 100, Chesapeake, VA 23320</td>
<td>hospital affiliations</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

Christiansburg
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2900 Lamb Cir
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(540) 731-7600
Hospital Affiliations:
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Meadema, Samuel J., MD
Evans, Michel, DO

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Optima Health
<table>
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<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Hospital Affiliations</th>
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</thead>
<tbody>
<tr>
<td>Kandl, Christopher J, MD</td>
<td>MCV Associated Physicians (ENT-Otolaryngology) 401 N 11th Street Richmond, VA 23298 (804) 628-4368</td>
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<tr>
<td>Cross, David S., MD</td>
<td>Children's Hospital of Richmond of the VCU Health System 2924 Brook Rd Richmond, VA 23220 (804) 321-7474</td>
<td>Hospital Affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital</td>
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<tr>
<td>DiNardo, Laurence J., MD</td>
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<td>Hospital Affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital</td>
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<tr>
<td>Hancock, Melyssa K, MD</td>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
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<tr>
<td>Kandl, Christopher J, MD</td>
<td>MCV Associated Physicians (ENT-Otolaryngology) 401 N 11th Street Richmond, VA 23298 (804) 628-4368</td>
<td>Hospital Affiliations: VCU Health System/MCV</td>
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<tr>
<td>Kerr, Julie, MD</td>
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</tr>
<tr>
<td>Lee, Thomas, MD</td>
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<td></td>
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<tr>
<td>Lim, Jin Sung, MD</td>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
<td></td>
</tr>
<tr>
<td>May IV, James T., MD</td>
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<td>Hospital Affiliations: Bon Secours Memorial Regional Medical Center Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Retreat Campus</td>
<td></td>
</tr>
<tr>
<td>Moore, Jaime E., MD</td>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
<td></td>
</tr>
<tr>
<td>Perlman, Michael R., MD</td>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
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</tr>
<tr>
<td>Schuman, Theodore A, MD</td>
<td>MCV Associated Physicians (ENT-Otolaryngology) 401 N 11th Street Richmond, VA 23298 (804) 628-4368</td>
<td>Hospital Affiliations: VCU Health System/MCV</td>
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</tr>
<tr>
<td>Shaia, Fred T., MD</td>
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<tr>
<td>Shaw, Travis, MD</td>
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<tr>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Mao, Vivian H., MD
Carilion Clinic Otolaryngology
1924 Braeburn Circle
Roanoke, VA 24015
(540) 776-9740

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

McClure, Andrea, AUD
Carilion Clinic Otolaryngology
102 Highland Avenue Ste 104
Roanoke, VA 24013
(540) 343-4423
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

McGillis, Cameron, MD
The Gillespie Clinic, Inc.
427 Main St
Salem, VA 24153
(540) 776-9740

Hospital Affiliations:
Twin City Regional Hospital

Metry, Gregory, MD
Sentara Southern Virginia Medical Center
Carilion Roanoke Memorial Hospital
Wythe County Community Hospital

Sharpe, Donna, MD
Carilion Clinic Otolaryngology
1 Riverside Circle Suite 300
Roanoke, VA 24016
(540) 581-0180

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

South Boston

Gillespie, Cameron, MD
The Gillespie Clinic, Inc.
427 Main St
South Boston, VA 24592
(434) 572-8191

Hospital Affiliations:
Twin City Regional Hospital

Gomez-Rivera, Fernando, MD
Sentara Southern Virginia Ear, Nose & Throat
2232 Wilborn Ave Ste F
South Boston, VA 24592
(434) 517-8095

Hospital Affiliations:
Halifax Regional Hospital

South Hill

Naviwala, Saleem, MD
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
VCU Community Memorial Hospital

Salem

Gross, Brian C., MD
Lewis-Gale Physicians, LLC
1902 Braeburn Drive Suite 130
Salem, VA 24153
(540) 444-8100

Hospital Affiliations:
Lewis-Gale Medical Center

Mao, Vivian H., MD
Carilion Clinic Otolaryngology
1924 Braeburn Circle
Salem, VA 24153
(540) 776-9740

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Mccardle, David C., MD
Jefferson Surgical Clinic Inc
1924 Braeburn Circle
Salem, VA 24153
(540) 266-3790

Hospital Affiliations:
Mary Washington Hospital

Springfield

Furst, Eric J., MD
Eric J. Furst, MD
5504 Backlick Rd
Springfield, VA 22151
(703) 941-9552

Hospital Affiliations:
Inova Fairfax Hospital

Stafford

Bakos, Stephen, MD
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)
282 Choptank Road Suite 107
Stafford, VA 22556
(540) 371-1226

Buckman, Francis, MD
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)
282 Choptank Road Suite 107
Stafford, VA 22556
(540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

Dash, Nariman, MD
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)
282 Choptank Road Suite 107
Stafford, VA 22556
(540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

Koors, Paul, MD
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)
282 Choptank Road Suite 107
Stafford, VA 22556
(540) 371-1226

Lieser, John, MD
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)
282 Choptank Road Suite 107
Stafford, VA 22556
(540) 371-1226

Hospital Affiliations:
Mary Washington Hospital (MWH)

Massey III, Caleb R., MD
4030 Cope Memorial Drive Suite 100
Loudoun, VA 20166
(703) 787-7733

Hospital Affiliations:
Mary Washington Hospital (MWH)
## Specialists - Tier 1

### Suffolk

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<td>Eastern Virginia Ear Nose &amp; Throat Specialists</td>
<td>(757) 547-9714</td>
<td>1037 Champions Way Suite 100, Suffolk, VA 23435</td>
<td>Bon Secours DePaul Medical Center Inc Children's Hospital of the King's Daughters Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
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<td>Pasquale, Kimberly, DO</td>
<td>Chesapeake Regional Medical Center</td>
<td>(757) 935-1400</td>
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<td>361 Southport Circle Suite 100, Virginia Beach, VA 23452 Tel: (757) 547-9714</td>
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<td>(757) 689-8500</td>
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<tr>
<td>Berry, Jr, Bill W., MD</td>
<td>Princess Anne ENT &amp; Allergy, PC</td>
<td>(757) 351-1343</td>
<td>828 Healthy Way Ste 280, Virginia Beach, VA 23462</td>
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### OptimHealth

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**Optima Direct Network Providers 9/2019**

292
Specialists - Tier 1

Williamsburg

160 Exeter Drive Suite 103
Winchester, VA 22603
(540) 686-1600
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Salata, James A., MD
Shenandoah Head & Neck Specialists, PLC
142 Linden Dr Ste 106
Winchester, VA 22601
(540) 722-7282
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Woodbridge

Iwanow, Ingrid C., MD
Shenandoah Head & Neck Specialists, PLC
142 Linden Dr Ste 106
160 Exeter Drive Suite 103
Winchester, VA 22601
(540) 686-1600
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Woodstock

Iwanow, Ingrid C., MD
Shenandoah Head & Neck Specialists, PLC
759 South Main Street
Woodstock, VA 22664
(540) 459-1384
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center

Wytheville

Rogotzke, Kenneth H., DO
Carilion Healthcare Corporation
1150 Holston Rd
Wytheville, VA 24382
(540) 731-7600

Winchester

160 West Ridge Rd
Wytheville, VA 24382
(276) 228-0200
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Wythe County Community Hospital

Family Medicine Specialist

Beasley, Caren D., MD
Sentara Comprehensive Weight Loss Solutions (SMG)
6333 Center Drive Building 16
Norfolk, VA 23502
(757) 252-9500

Female Pelvic Med/Reconstructive Surgery

Clary III, Beverly Boyden, MD
Henrico Doctors OB/GYN Specialists, LLC
7601 Forest Ave Suite 411
Henrico, VA 23229
(804) 741-8440
7605 Forest Ave Suite 411
Henrico, VA 23229
(804) 285-8806
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/MCV

Gastroenterology

Norfolk

Beasley, Caren D., MD
Sentara Comprehensive Weight Loss Solutions (SMG)
6333 Center Drive Building 16
Norfolk, VA 23502
(757) 252-9500

Abingdon

Brown, Joseph Alexander, MD
MSMG GI ABG
16000 Johnston Memorial Drive Ste 304
Abingdon, VA 24211
(276) 258-4200

Hospital Affiliations:
Norfolk

Alexandria

Aram, Ghazoleh, MD
Associates in Gastroenterology, PC
2616 Sherwood Hall Lane Suite 203
Alexandria, VA 22306
(703) 580-0181
4600 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Sentara Obici Hospital

Brauer, Deborah, MD
Digestive Disease Physicians
4600 Kenmore Avenue Suite 100
Alexandria, VA 22304
(703) 751-5763

Hospital Affiliations:
St. Mary's Hospital
VCU Health System/MCV

Suffolk

Walshe, Christopher Joseph, MD
Atlantic Urogynecology: Pelvic Medicine & Reconstructive Surgery
5838 Harbour View Blvd Ste 290
Suffolk, VA 23435
(757) 686-4655
Hospital Affiliations:
Sentara Obici Hospital

Winchester

Craft II, George F., MD
Shenandoah Urogynecology
172 Linden Drive Suite 103
Winchester, VA 22601
(540) 773-8169
Hospital Affiliations:
Northern Virginia Medical Center

Gastroenterology

Brown, Michael C., MD
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2616 Sherwood Hall Lane Suite 203
Alexandria, VA 22306
(703) 580-0181
4600 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Sentara Obici Hospital

Brauer, Rebecca, MD
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4600 Kenmore Avenue Suite 100
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(703) 751-5763

Hospital Affiliations:
St. Mary's Hospital
VCU Health System/MCV

Daher, Ramsey, MD
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2616 Sherwood Hall Lane Suite 203
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(703) 360-6594

Optima Direct Network Providers 9/2019 293
Specialists - Tier 1

4660 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Dougherty, Timothy R., MD
Dougherty Medical Group PC
4660 Kenmore Ave Suite 305
Alexandria, VA 22304
(703) 580-0181
6355 Walker Ln Suite 303
Alexandria, VA 22310
(703) 580-0181
Ellison, Craig, MD
Digestive Disease Physicians
4660 Kenmore Avenue Suite 100
Alexandria, VA 22304
(703) 580-0181
4660 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Novant Health UVa Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Nussbaum, Robert A., MD
Robert A. Nussbaum, M.D., P.C.
6355 Walker Lane Suite 309
Alexandria, VA 22310
(703) 313-8400
Hospital Affiliations:
Inova Fairfax Hospital
Procareno, Frank, MD
Associates in Gastroenterology, PC
2616 Sherwood Hall Lane Suite 203
Alexandria, VA 22304
(703) 580-0181
4660 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Virginia Hospital Center - Arlington
Thadani, Anisha, MD
Associates in Gastroenterology, PC
2616 Sherwood Hall Lane Suite 203
Alexandria, VA 22306
(703) 580-0181
4660 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Wu, Jennifer, MD
Digestive Disease Physicians
4660 Kenmore Avenue Suite 100
Alexandria, VA 22304
(703) 751-5763
Young II, Benjamin E., MD
Associates in Gastroenterology, PC
2616 Sherwood Hall Lane Suite 203
Alexandria, VA 22306
(703) 580-0181
4660 Kenmore Avenue Suite 200
Alexandria, VA 22304
(703) 580-0181
Hospital Affiliations:
Novant Health UVa Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Optima Direct Network Providers 9/2019 294
Specialists - Tier 1

Payman, Gary H., MD
Gastroenterology Consultants
113 Gainsborough Sq Ste 100
Chesapeake, VA 23320
(757) 436-3285

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Rivera, Rene J., MD
Tidewater Gastroenterology PLLC
112 Gainsborough Square Suite 200
Chesapeake, VA 23320
(757) 547-0798

Hospital Affiliations:
- Sentara Obici Hospital

Salcedo, Julio A., MD
Gastroenterology Consultants
7518 Virginia Beach Blvd
Virginia Beach, VA 23454
(757) 432-4325

Hospital Affiliations:
- Sentara Obici Hospital

Tiongco, Felix P., MD
Gastroenterology Consultants
2111 E 244th Street
Avon, OH 44011
(440) 934-6623

Hospital Affiliations:
- Cleveland Clinic Health System

Williams, Alex O., MD
Gastroenterology Consultants
11001 Baltimore National Pike
Baltimore, MD 21209
(410) 591-0000

Hospital Affiliations:
- University of Maryland Medical Center

University of Virginia Medical Center

Grover, Harish, MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Mercure, Kevin B., MD
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Moylan, Robert Daniel, MD
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion Giles Community Hospital

Riel, Michael A., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Ringold, Mark A., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Riel, Michael A., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Christiansburg

Cruz, Crystale, DO
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Kishore, Anand T., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Kishore, Anand T., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Gohil, Vishal B, MD
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Gohil, Vishal B, MD
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Mercure, Kevin B., MD
Carilion Healthcare Corporation
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Ringold, Mark A., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

Hospital Affiliations:
- Carilion New River Valley Medical Center

Ringold, Mark A., MD
Carilion New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405

New River Gastroenterology Associates
110 Akers Farm Road
Christiansburg, VA 24073
(540) 382-9405
### Specialists - Tier 1

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<th>Danville</th>
<th>Burton, Floyd V, MD</th>
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<tr>
<td>Aram, Ghazeleh, MD</td>
<td>Broughton, Jr, Robert, MD</td>
<td>Children's Healthcare Center</td>
<td>70 Medical Center Circle Suite 302</td>
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<tr>
<td>Associates in Gastroenterology, PC</td>
<td></td>
<td>201 South Main St Ste 2100</td>
<td>Fishersville, VA 22939</td>
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<td>Dale City, VA 22193</td>
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<td>(540) 221-7350</td>
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### Colonial Heights

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### Emporia

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<td>702 N Main Street</td>
<td>101 Holbrook Street</td>
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<td>(434) 792-4041</td>
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### Fishersville

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### Pambianco, Daniel J., MD | Charlottesville Gastroenterology Associates | 57 Beam Lane Ste 205 | Fishersville, VA 22939 |
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### Smriti, Savita, MD | Augusta Health Gastroenterology | 70 Medical Center Circle Suite 302 | Fishersville, VA 22939 |
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### Syed, Gregory A, DO | Augusta Health Gastroenterology | 70 Medical Center Circle Suite 302 | Fishersville, VA 22939 |
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Specialists - Tier 1

Wilks, John C., MD
Optima Direct Network Providers 9/2019 297

Optima Direct Network Providers 9/2019 297

DeTrane, Frank J., MD
Augusta Health Gastroenterology
70 Medical Center Circle Suite 302
Fishersville, VA 22939
(540) 221-7350

Hospital Affiliations:
Augusta Medical Center

Franklin

Malik, Pramod, MD
Southampton Surgical and Pulmonary (Franklin Clinic Corp)
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(575) 569-6100

106 Fairview Drive Suite A
Franklin, VA 23851
(575) 561-6181

Hospital Affiliations:
Augusta Medical Center
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Southampton Memorial Hospital
Rashid, Zahid, MD
Southampton Surgical and Pulmonary (Franklin Clinic Corp)
100 Fairview Drive
Franklin, VA 23851
(575) 569-6100

106 Fairview Drive Suite A
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(575) 561-6181

Hospital Affiliations:
Southampton Memorial Hospital
Southside Regional Medical Center

Fredericksburg

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1500 Dixon Street Suite 202
Fredericksburg, VA 22401
(540) 570-0430

DeTrane, Frank J., MD
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Hospital Affiliations:
Mary Washington Hospital

Gainesville

Ahmed, Rizwan, MD
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Hospital Affiliations:
Faquier Hospital

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Hospital Affiliations:
Faquier Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Travers, Richard D., MD
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Gainesville, VA 22055
(571) 248-0653

Hospital Affiliations:
Faquier Hospital

\[...\]
## Specialists - Tier 1

### Halifax

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<td>Harrison Medical Center PC 5405 Riverside Parkway Suite 220 Lansdowne, VA 20176 (703) 838-3060</td>
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### Hampton

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### Harrisonburg

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<td>Cordle, Richard A, MD</td>
<td>Gastroenterology Associates of Central VA Inc 121 Nationwide Drive Ste A Lynchburg, VA 24502 (434) 384-1862</td>
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<td>Gandhi, Divyangkumar, MD</td>
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### Hospital Affiliations

- **Novant Health UVA Health System**
- **Prince William Medical Center**
- **Sentara Northern Virginia Medical Center**
- **Stafford Hospital Center**
- **Aram, Ghazeleh, MD**
- **Ahmed, Rizwan, MD**
- **Cordle, Richard A, MD**
- **Curitss, James, MD**
- **Fauquier Hospital**
- **Guarino, Paul, MD**
- **Huang, Jack, MD**
- **Lansdowne, MD**
- **Landes, Timothy C, MD**
- **Lanphse, MD**
- **Maffei, Loretta, MD**
- **Musan, Kenneth A, MD**
- **Richards, Robert, MD**
- **Wasn, Sanjeev M., MD**
- **Aram, Ghazeleh, MD**
- **Ahmed, Rizwan, MD**
- **Cordle, Richard A, MD**
- **Curitss, James, MD**
- **Fauquier Hospital**
- **Guarino, Paul, MD**
- **Huang, Jack, MD**
- **Lansdowne, MD**
- **Landes, Timothy C, MD**
- **Lanphse, MD**
- **Maffei, Loretta, MD**
- **Musan, Kenneth A, MD**
- **Richards, Robert, MD**
- **Wasn, Sanjeev M., MD**

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**Optima Direct Network Providers 9/2019**

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**OptimaHealth**
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<td>Gastroenterology, PC</td>
<td>Prince William Medical Center 8409 Dorsey Circle Suite 101 Manassas, VA 20110</td>
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<td>Josovitz, Kenneth N., MD</td>
<td>Associates in Gastroenterology, PC</td>
<td>Prince William Medical Center 8409 Dorsey Circle Suite 101 Manassas, VA 20110</td>
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<td>Kim, Edward C., MD</td>
<td>Gastroenterology Associates PC</td>
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<td>Thadani, Anisha, MD</td>
<td>Associates in Gastroenterology, PC</td>
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<td>Marathe, Atul V., MD</td>
<td>Associates in Gastroenterology, PC</td>
<td>Prince William Medical Center 8409 Dorsey Circle Suite 101 Manassas, VA 20110</td>
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<td>Travers, Richard D., MD</td>
<td>Gastroenterology Associates PC</td>
<td>Sentara Northern Virginia Medical Center Stafford Hospital Center 8409 Dorsey Circle Suite 101 Manassas, VA 20110</td>
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<tr>
<td>Proacchino, Frank, MD</td>
<td>Associates in Gastroenterology, PC</td>
<td>Prince William Medical Center 8409 Dorsey Circle Suite 101 Manassas, VA 20110 (703) 365-6147</td>
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<td>Duckworth, P. Frederick, MD</td>
<td>Gastrointestinal Specialists, Inc.</td>
<td>Prince William Medical Center 8266 Atric Rd Ste 230 Mechanicsville, VA 23116 (804) 730-0972</td>
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<tr>
<td>Thadani, Anisha, MD</td>
<td>Associates in Gastroenterology, PC</td>
<td>Prince William Medical Center 8266 Atric Rd Ste 230 Mechanicsville, VA 23116 (804) 730-0972</td>
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<tr>
<td>Shauberg, Jonathan L., MD</td>
<td>Gastroenterology Associates PC</td>
<td>Prince William Medical Center 8266 Atric Rd Ste 230 Mechanicsville, VA 23116 (804) 730-0972</td>
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<td>Shah, S. Mubashir A., MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
<td>Prince William Medical Center 8262 Atric Road Suite 202 Mechanicsville, VA 23116 (804) 559-6194</td>
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<tr>
<td>Fein, Bennett, MD</td>
<td>Martinville Physician Practices, LLC</td>
<td>Prince William Medical Center 219 Hospital Drive Suite 103 Martinville, VA 23112 (766) 666-0044</td>
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<td>Seaman, Irvin J., MD</td>
<td>Gastrointestinal Specialists, Inc.</td>
<td>Prince William Medical Center 8266 Atric Rd Ste 230 Mechanicsville, VA 23116 (804) 730-0972</td>
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<td>Seaman, Irvin J., MD</td>
<td>Gastrointestinal Specialists, Inc.</td>
<td>Prince William Medical Center 8266 Atric Rd Ste 230 Mechanicsville, VA 23116 (804) 730-0972</td>
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Optima Direct Network Providers 9/2019
North Chesterfield

Adam, Jason, MD
Gastroenterology Associates Inc.
215 Wadsworth Drive
North Chesterfield, VA 23236
(804) 330-4021
223 Wadsworth Drive
North Chesterfield, VA 23236
(804) 330-4021

Hospital Affiliations:
Chippennan Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest
Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Johnston Memorial Hospital

Waldholtz, Bruce D., MD
Gastroenterology Consultants
400 Gresham Dr Suite 303 Medical
Tower
Norfolk, VA 23507
(757) 627-6416

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Williams, Alex O., MD
Gastroenterology Consultants
400 Gresham Dr Suite 303 Medical
Tower
Norfolk, VA 23507
(757) 627-6416

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wootton, Frank Taylor, MD
Digestive & Liver Disease Specialists, Ltd. (GLST, PLLC)
885 Kempsville Rd Ste 114
Norfolk, VA 23502
(757) 466-0165

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Yagel, Scott L., MD
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(GLST, PLLC)
885 Kempsville Rd Ste 114
Norfolk, VA 23502
(757) 466-0165

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

York, Zachary J., MD
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Hospital Affiliations:
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Sentara Norfolk General Hospital

Zhang, Jin, MD
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Hospital Affiliations:
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Sentara Norfolk General Hospital

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(757) 466-0165

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
<table>
<thead>
<tr>
<th>Name</th>
<th>MD/Associate</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Matherly, Scott C</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
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<td>Lee, Hannah M</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
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<td>Lafond, Jeffrey</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
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<td>Luketic, Velimir A.C.</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
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<td>Lyons, Christopher</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
</tr>
<tr>
<td>Manetas, Michael</td>
<td>MD</td>
<td>VCU Health System/MCV</td>
</tr>
<tr>
<td>McGroarty, David J.</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<tr>
<td>Sandhu, Bimaljit</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<tr>
<td>Sobieski, Thomas</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<tr>
<td>Shiffman, Mitchell</td>
<td>MD</td>
<td>Liver Institute of Virginia</td>
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<td>Stavitz, Richard Todd</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<td>Talreja, Jayant</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<td>Thanjan, Andy</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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<tr>
<td>Woogen, Scott D.</td>
<td>MD</td>
<td>Richmond Gastroenterology Associates Inc.</td>
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Optima Direct Network Providers 9/2019 303
Specialists - Tier 1

223 Wadsworth Drive
Richmond, VA 23236
(804) 560-9864

Hospital Affiliations:
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- John Randolph Medical Center
- St. Mary’s Hospital

Roanoke

Mercure, Kevin B., MD
CARILLON MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Lewis-Gale Medical Center

Meyers, III, Roy Lee, MD
Gastroenterology Consultants of Southwest Virginia
202 Duke of Gloucester St
Roanoke, VA 24014
(540) 345-4900

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital
- Lewis-Gale Medical Center

Shah, Nirish S., MD
Gastroenterology Consultants of Southwest Virginia
202 Duke of Gloucester Street SW
Roanoke, VA 24014
(540) 345-4900

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital

Sahebjam, Farhad, MD
CARILLON MEDICAL CENTER
1906 Belleview Ave
Roanoke, VA 24014
(540) 224-5170

Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Sinclair, Jennifer Ann., MD
CARILLON MEDICAL CENTER
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital

Sorrentino, Dario Rosario, MD
Carilion Faculty Phys Specialist
101 Elm Ave
Roanoke, VA 24013
(540) 224-6780

Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Vadlamudi, Raja Sekhar, MD
CARILLON MEDICAL CENTER
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital

Optima Direct Network Providers 9/2019 304
Specialists - Tier 1

Yeaton, Paul, MD  
Optima Direct Network Providers  9/2019  
Lewis-Gale Medical Center Hospital  
Carilion Roanoke Memorial Hospital  
Hospital Affiliations:  
Carilion Clinic Medical Office Building  
101 Elm Street  
Roanoke, VA 24013  
(540) 224-6780  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000  
3 Riverside Circle  
Roanoke, VA 24016  
(540) 224-5170  
Hospital Affiliations:  
Augusta Medical Center  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Miao, Chuan Long, MD  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-5970  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Nelson III, Joseph L., MD  
Lewis-Gale Physicians, LLC  
2155 Apperson Drive  
Salem, VA 24153  
(540) 444-2010  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Van der Linden, Brian J., MD  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-5970  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Duntemann, Thomas J., MD  
Gastroenterology Consultants  
919 Church St  
Smithfield, VA 23430  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
Goldin, Norman Ross, MD  
Gastroenterology Consultants  
919 Church St  
Smithfield, VA 23430  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
Lawson, J. Mark, MD  
Gastroenterology Consultants  
919 Church St  
Smithfield, VA 23430  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
Neumann, Daniel A., MD  
Gastroenterology Consultants  
919 Church St  
Smithfield, VA 23430  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital  
South Boston  
Jayatilaka, Suresh G., MD  
Southern Medical Associates, PC  
2232 Wilborn Ave  
South Boston, VA 24592  
(434) 572-8196  
Hospital Affiliations:  
Halifax Regional Hospital  
Parker, Jr., Charles H., MD  
Halifax Gastroenterology Associates  
435 Main St  
South Boston, VA 24592  
(434) 572-1171  
Hospital Affiliations:  
Halifax Regional Hospital  
Patel, Bakul Kumar, MD  
Southern Medical Associates, PC  
2232 Wilborn Ave  
South Boston, VA 24592  
(434) 572-8196  
Hospital Affiliations:  
Halifax Regional Hospital  
South Hill  
Allen Jr, Herbert Richard, MD  
Tri-County Gastroenterology  
500 N Thomas St  
South Hill, VA 23970  
(434) 447-2300  
Hospital Affiliations:  
Augusta Medical Center  
Sentara Obici Hospital  
VCU Community Memorial Hospital  
Stafford  
Aram, Ghazeleh, MD  
Associates in Gastroenterology, PC  
385 Garrisonville Road Suite 205  
Stafford, VA 22554  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Sentara Northern Virginia Medical Center  
Sentara Northern Virginia Medical Center  
Culbert, Danielle, MD  
Gastroenterology Consultants  
2000 Meade Parkway  
Suffolk, VA 23434  
(757) 483-6100  
5839 Harbour View Blvd Suite 200  
Suffolk, VA 23435  
(757) 483-6100  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Huang, Jack, MD  
Associates in Gastroenterology, PC  
385 Garrisonville Road Suite 205  
Stafford, VA 22554  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Marathe, Atul V., MD  
Associates in Gastroenterology, PC  
385 Garrisonville Road Suite 205  
Stafford, VA 22554  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Proccaccino, Frank, MD  
Associates in Gastroenterology, PC  
422 Garrisonville Road Suite 109  
Stafford, VA 22554  
(540) 659-9359  
Hospital Affiliations:  
Virginia Hospital Center - Arlington  
Thadani, Anisha, MD  
Associates in Gastroenterology, PC  
385 Garrisonville Road Suite 205  
Stafford, VA 22554  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Young II, Benjamin E., MD  
Associates in Gastroenterology, PC  
422 Garrisonville Road Suite 109  
Stafford, VA 22554  
(540) 659-9359  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Virginia Hospital Center - Arlington  
Suffolk  
Daher, Ramsey, MD  
Brown, Michael C., MD  
Associates in Gastroenterology, PC  
385 Garrisonville Road Suite 205  
Stafford, VA 22554  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Damle, Anant S., MD  
Gastroenterology Consultants  
2000 Meade Parkway  
Suffolk, VA 23434  
(757) 483-6100  
Optima Direct Network Providers  9/2019  
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Specialists - Tier 1

5839 Harbour View Blvd Suite 200
Suffolk, VA 23435
(757) 483-6100

**Hospital Affiliations:**
- Bon Secours Maryview Medical Center
- Sentara Obici Hospital

Duntemann, Thomas J., MD
Gastroenterology Consultants
16161 Steeplechase Blvd Suite 200
Gulf Breeze, FL 32563
(850) 932-5547

**Hospital Affiliations:**
- Sentara Obici Hospital
- Bon Secours Maryview Medical Center
- Sentara Bayview Hospital

Malik, Pramod, MD
Virginia Gastroenterology Institute
1101 First Colonial Rd Suite 300
Virginia Beach, VA 23454
(757) 483-6100

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Neumann, Daniel A., MD
Gastroenterology Consultants
1925 Glenn Mitchell Dr Suite 102
Virginia Beach, VA 23456
(757) 483-6100

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Virginia Beach

Arluk, Glen M., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Patrick, Caitlyn M., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817
Specialists - Tier 1

Pop, George, MD
Tidewater Gastroenterology PLLC
1101 First Colonial Rd Suite 400
Virginia Beach, VA 23454
(757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Rawles, Jr, James W., MD
Tidewater Gastroenterology PLLC
1101 First Colonial Rd Suite 300
Virginia Beach, VA 23454
(757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Raymond, Patricia L., MD
Gastroenterology Consultants
1925 Glenn Mitchell Drive Suite 102
Virginia Beach, VA 23456
(757) 466-0165

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Princess Anne Hospital

Saleedo, Jacqueline MD
Gastroenterology Consultants
1020 Independence Blvd Ste 110
Virginia Beach, VA 23455
(757) 464-1644

1925 Glenn Mitchell Dr Ste 102
Virginia Beach, VA 23456
(757) 965-7708

Hospital Affiliations:
Sentara Princess Anne Hospital

Stockwell, III, David H., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817

1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456
(757) 547-0798

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Sullivan, Brian M., MD
Gastroenterology Associates of Tidewater, PC
1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456
(757) 547-0798

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

White, Kevin T., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817

828 Healthy Way Suite 210
Virginia Beach, VA 23462
(757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Warrenton

Ahmed, Rizwan, MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470

Hospital Affiliations:
Fauquier Hospital

Arnold, Paul O., MD
Gastroenterology Associates PC
402 Hospital Drive
Warrenton, VA 20186

Hospital Affiliations:
Fauquier Hospital

Baroni, Darren S., MD
Gastroenterology Associates PC
402 Hospital Drive
Warrenton, VA 20186

Hospital Affiliations:
Fauquier Hospital

Choi, Myung W, MD
Gastroenterology Associates PC
402 Hospital Drive
Warrenton, VA 20186

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Hartle, Richard J., MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Suite 104
Williamsburg, VA 23188
(757) 206-1190

Hospital Affiliations:
Sentara Princess Anne Hospital

Park, Jia-Hong, MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Phatak, Nina, MD
Gastroenterology Associates PC
402 Hospital Drive
Warrenton, VA 20186

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Shurberg, Jonathan L., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Travers, Richard D., MD
Gastroenterology Associates PC
402 Hospital Drive
Warrenton, VA 20186
(540) 347-2470

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Williamsburg

Hartle, Richard J., MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Suite 104
Williamsburg, VA 23188
(757) 206-1190

Hospital Affiliations:
Sentara Princess Anne Hospital

Waynesboro

Pou, Javier A, MD
Shenandoah Valley Gastroenterology Center PLLC
1305 13th Street Suite A 2
Waynesboro, VA 22980
(540) 246-5515

Hospital Affiliations:
Sentara RMH Medical Center

Woodbridge

Daher, Ramsey, MD
Associates in Gastroenterology, PC
14010 Snoketown Road Suite 117
Woodbridge, VA 22192
(703) 380-0181

Hospital Affiliations:
Sentara Northern Virginia Medical Centers
Stafford Hospital Center

Josovitz, Kenneth N., MD
Associates in Gastroenterology, PC
2296 Opitz Blvd Ste 240
Woodbridge, VA 22191
(703) 380-0181

Optima Direct Network Providers 9/2019 307

Albugeaey, Mohammed, MD
Valley Health General Surgery - Front Royal
190 Campus Blvd Suite 300
Winchester, VA 22601
(540) 667-1244

Hospital Affiliations:
Winchester Medical Center

Gardiner, James E., MD
Winchester Gastroenterology
190 Campus Blvd Suite 300
Winchester, VA 22601
(540) 667-1244

Hospital Affiliations:
Hampshire Memorial Hospital
War Memorial Hospital Inc
Winchester Medical Center

Kitchin, Llewellyn L., MD
Winchester Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244

Hospital Affiliations:
Winchester Medical Center

Sears, Richard J., MD
Winchester Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244

Hospital Affiliations:
Winchester Medical Center

Shih, Grace L, MD
Winchester Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244

Snow, Nicholas D., MD
Winchester Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244

Hospital Affiliations:
Winchester Medical Center
## Specialists - Tier 1

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<tr>
<th>Hospital Affiliations</th>
<th>General Surgery</th>
<th>Bedford</th>
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<tbody>
<tr>
<td><strong>Abingdon</strong></td>
<td>Armstrong, Paul Christian, MD Abingdon Surgical Associates 16000 Johnston Memorial Drive Suite 101 Abingdon, VA 24211 (276) 258-1777 <strong>Hospital Affiliations:</strong> Abingdon Surgical Associates Smyth County Community Hospital</td>
<td>Ely III, Ralph, MD Centra Medical Group, LLC 1615 Oakwood Street Suite B Bedford, VA 24523 (540) 586-3089 <strong>Hospital Affiliations:</strong> Centra Lynchburg General Hospital SOV/AH Health - Danville Hammond, Kerry, MD Centra Medical Group, LLC 1613 Oakwood Street Bedford, VA 24523 (540) 587-3270 1615 Oakwood Street Suite B Bedford, VA 24523 (540) 586-3089 <strong>Hospital Affiliations:</strong> Centra Lynchburg General Hospital Lowe Jr, Eugene W., MD Centra Medical Group, LLC 1615 Oakwood Street Suite B Bedford, VA 24523 (540) 587-3240 <strong>Hospital Affiliations:</strong> Bedford Memorial Hospital Centra Lynchburg General Hospital Miller, Eric, DO Centra Medical Group, LLC 1615 Oakwood Street Bedford, VA 24523 (540) 586-3089 <strong>Hospital Affiliations:</strong> Centra Lynchburg General Hospital Powers, Kinca A., MD Centra Medical Group, LLC 1615 Oakwood Street Bedford, VA 24523 (540) 586-3089 <strong>Hospital Affiliations:</strong> Bedford Memorial Hospital Centra Lynchburg General Hospital Slendy, Andrew, MD Carrilion Surgical Care 1613 Oakwood Street Bedford, VA 24523 (540) 586-2441 <strong>Hospital Affiliations:</strong> Bedford Memorial Hospital Smith, Clifford L., MD Centra Medical Group Bedford, LLC 1615 Oakwood Street Suite B Bedford, VA 24523 (540) 586-3089 <strong>Hospital Affiliations:</strong> Bedford Memorial Hospital Bon Secours Mary Immaculate Hospital Centra Lynchburg General Hospital</td>
</tr>
<tr>
<td><strong>Alexandria</strong></td>
<td>Chowla, Arun, MD Center for Vein Restoration MD LLC 2000 N Beauregard St Suite 310 Alexandria, VA 22311 (877) 345-7227</td>
<td>Fowlkes, Jason, MD Montgomery Surgery Associates LLC 120 Professional Park Drive SE Suite 7 Blacksburg, VA 24060 (540) 552-3670 801 Davis Street Suite 1 Blacksburg, VA 24060 (540) 961-1591</td>
</tr>
</tbody>
</table>
### Bluefield

- **Barker, Frederick W., MD**
  Surgical Care of the Virginias LLC
  100 B Westwood Commons
  Bluefield, VA 24605
  (276) 322-2322

- **King, Brian Scott, MD**
  Sentara Surgery Specialists (SMG)
  20209 Sentara Way Ste 200
  Carrollton, VA 23314
  (757) 934-2222

### Bracey

- **Zhang, Yi Wei, MD**
  CMH Physician Services, LLC
  9782 Highway 903
  Bracey, VA 23919
  (434) 636-6903

### Charlottesville

- **Carl, III, John M., MD**
  Sentara Martha Jefferson Medical and Surgical Associates
  500 Martha Jefferson Drive
  Charlottesville, VA 22911
  (434) 654-5230

### Chantilly

- **Williams, John P., MD**
  Galaxia Plastic Surgery & Dermatology PC
  24805 Pinebrook Road Suite 105
  Chantilly, VA 20152
  (703) 327-3173

### Carrollton

- **Glanville Miranda, Carlos J., MD**
  Sentara Surgery Specialists (SMG)
  20209 Sentara Way Ste 200
  Carrollton, VA 23314
  (757) 934-2222

### Chesapeake

- **Ritter, Lane A., MD**
  Sentara Martha Jefferson Medical and Surgical Associates
  500 Martha Jefferson Drive
  Charlottesville, VA 22911
  (434) 654-5260

### Cheshire

- **Carter, David Lance, MD**
  Chesapeake Regional Medical Group (CRMG)
  112 Gainsborough Square Suite 100
  Chesapeake, VA 23320
  (252) 255-6113

### Jenkins

- **Jenkins, Donald D., MD**
  Sentara Surgery Specialists (SMG)
  612 Kingsborough Sq Ste 300A
  Chesapeake, VA 23320
  (757) 395-6381

### Hospital Affiliations:

- **Sentara Virginia Beach General Hospital**
  (757) 397-2383

### Repole

- **Repole, Stephanie Krup, MD**
  Bayview Physician Services, PC
  300 Medical Pkwy Suite 106
  Chesapeake, VA 23320
  (757) 481-4424

### Riblet

- **Riblet, Jeffrey L., MD**
  Bon Secours Surgical Specialists
  4041 Taylor Road
  Chesapeake, VA 23321
  (757) 397-2383
Ruiz, Antonio Jose, MD  
Chesapeake Regional Medical Group (CRMG)  
844 Battlefield Blvd N Suite 100  
Chesapeake, VA 23320  
(757) 255-6119  
Hospital Affiliations:  
Sentara Albermarle Medical Center

Sims, Stephanie M, MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 410-0101  
Hospital Affiliations:  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Skenderis, Basil, MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424  
Hospital Affiliations:  
Sentara Albermarle Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Wohlgemuth, Stephen D., MD  
Sentara Comprehensive Weight Loss Solutions (SMG)  
113 Gainsborough Sq Ste 203  
Chesapeake, VA 23320  
(757) 547-9589  
Hospital Affiliations:  
Sentara Albermarle Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Spino, Sasa-Grae, MD  
Southside Surgical Specialist  
12801 Ironbridge Road Suite 200  
Chesapeake, VA 23311  
(804) 520-6730  
Hospital Affiliations:  
Southside Regional Medical Center

Davenport, Roxanne, MD  
Carilion Faculty Phs Specialist  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital

Christianburg

Downing, LaMiere Joseph, MD  
Carilion Healthcare Corporation  
2900 Lamb Cir Ste 190  
Christiansburg, VA 24073  
(540) 731-7600  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Baright, Amanda M., DO  
Carilion Healthcare Corporation  
2900 Lamb Circle  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Circle Ste 302  
(540) 731-7600  
2901 Lamb Cir  
(540) 639-5888  
Hospital Affiliations:  
Carilion Wound Care Center  
Carilion Vascular Care

Barwell-Grayson, Anne B, MD  
Carilion Healthcare Corporation  
2900 Lamb Circle  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Circle Ste 302  
(540) 731-7600  
2901 Lamb Cir  
(540) 639-5888  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Bissell, Charles, MD  
Carilion Surgical Care  
2900 Lamb Circle Ste 302  
Christiansburg, VA 24073  
(540) 731-7600  
2901 Lamb Cir  
(540) 639-5888  
Hospital Affiliations:  
Carilion Giles Community Hospital

Williams, Sharon Letita, MD  
Carilion Medical Center  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Christianburg

Harris, Charles, MD  
Carilion Surgical Care  
2900 Lamb Circle Ste 302  
Christiansburg, VA 24073  
(540) 731-7600  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital

Jujavarapu, Rayudu, MD  
Tri-City Surgical Associates  
930 South Avenue Suite 4A  
Colonial Heights, VA 23834  
(804) 524-2294  
Wound Healing Center  
930 South Avenue Suite 4A  
Colonial Heights, VA 23834  
(804) 524-2294  
Hospital Affiliations:  
Southside Regional Medical Center

Smith, Barton P, MD  
Tri-City Surgical Associates  
930 South Avenue Suite 4A  
Colonial Heights, VA 23834  
(804) 524-2294  
Wound Healing Center  
930 South Avenue Suite 4A  
Colonial Heights, VA 23834  
(804) 524-2294  
Hospital Affiliations:  
Southside Regional Medical Center

Culpeper

Golub, Robert, MD  
CMA Surgical Services  
541 Sunset Ln Ste 303  
Culpeper, VA 22701  
(540) 825-2600  
Hospital Affiliations:  
UVA Culpeper Hospital

Golub, Robert, MD  
CMA Surgical Services  
541 Sunset Ln Ste 303  
Culpeper, VA 22701  
(540) 825-2600  
Hospital Affiliations:  
UVA Culpeper Hospital

Lee, Russell Dennis, MD  
CMA Surgical Services  
14115 Lovers Lane  
Culpeper, VA 22701  
(540) 825-2600  
Hospital Affiliations:  
UVA Culpeper Hospital

Optima Direct Network Providers 9/2019

OptimaHealth
### Specialists - Tier 1

#### Danville

**Bird, Mark A., MD**  
**Piedmont Surgical Specialists**  
(Danville Physician Practices, LLC)  
159 Executive Drive Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Honea, Robert H., MD**  
135 Executive Drive Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Espino, Sasa-Grae, MD**  
Southside Surgical Specialists, PC  
159 Executive Dr Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Oates Jr, Thomas M., MD**  
Southside Surgical Specialists, PC  
159 Executive Dr Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Cloud, William G., MD**  
**Piedmont Surgical Specialists**  
(Danville Physician Practices, LLC)  
159 Executive Drive Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Brown, James B., MD**  
Southside Surgical Specialists, PC  
159 Executive Dr Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Espino, Sasa-Grae, MD**  
**Datta, Tejwant, MD**  
**Akbari, Homayoon, MD**  
Southside Surgical Specialists, PC  
159 Executive Dr Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Goldstein, Stuart, DO**  
Surgical Associates of Southwest Virginia LLC  
4550 Lee Highway Suite C  
Dublin, VA 24044  
(540) 980-9660  
**Hospital Affiliations:**  
Columbia Palaski Community Hospital d/b/a Lewis Gale Pulaski

**Cook, James W., MD**  
Loudoun Surgical  
24430 Stone Springs Boulevard Suite 100  
Dulles, VA 20166  
(703) 858-3200  
**Hospital Affiliations:**  
Reston Hospital Center

**Akbari, Stephanie R, MD**  
Virginia Cancer Specialists, P.C.  
8503 Arlington Blvd Suite 400  
Fairfax, VA 22031  
(703) 280-5390  
**Hospital Affiliations:**  
Virginia Hospital Center - Arlington

**Harden III, Wesley R., MD**  
Cirrus Vein Clinics of America  
11350 Random Hills Rd Ste 440  
Fairfax, VA 22030  
(703) 556-4488  
**Hospital Affiliations:**  
Arlington Hospital

**Vargas, Hernan I., MD**  
Virginia Cancer Specialists, P.C.  
3650 Joseph Siewick Dr Ste 200  
Fairfax, VA 22033  
(703) 280-3155  
**Hospital Affiliations:**  
Arlington Hospital

**Huber, Kirsten L., MD**  
Centra Medical Group (Centra Health, Inc.)  
800 Oak Street  
Farmville, VA 23901  
(434) 315-2998  
**Hospital Affiliations:**  
Centra Southside Community Hospital

**Randall, Rodrigo, MD**  
Centra Medical Group, LLC  
800 Oak Street  
Farmville, VA 23901  
(434) 315-2998

### Fairfax

**Akbari, Stephanie R, MD**  
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8503 Arlington Blvd Suite 400  
Fairfax, VA 22031  
(703) 280-5390  
**Hospital Affiliations:**  
Virginia Hospital Center - Arlington

**Chowla, Arun, MD**  
Center for Vein Restoration MD LLC  
3700 Joseph Siewick Drive Suite 207  
Fairfax, VA 22033  
(877) 345-7227  
**Hospital Affiliations:**  
Fairfax Hospital

**Vergas, Henna, MD**  
Virginia Cancer Specialists, P.C.  
3650 Joseph Siewick Dr Ste 200  
Fairfax, VA 22033  
(703) 280-3155  
**Hospital Affiliations:**  
Inova Alexandria Hospital

**Chandralakadharan, Benselvan, MD**  
Infinity Surgical Associates  
6400 Arlington Blvd Suite 940  
Falls Church, VA 22042  
(703) 942-8770  
**Hospital Affiliations:**  
Inova Fairfax Hospital

**Fauquier Hospital**  
SOVAH Health - Danville

**Ely III, Ralph, MD**  
**Piedmont Surgical Specialists**  
(Danville Physician Practices, LLC)  
109 Bridge Street Suite 202  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Paik, Seunghwan, MD**  
**Datta, Tejwant, MD**  
**Akbari, Homayoon, MD**  
Southside Surgical Specialists, PC  
159 Executive Dr Ste B  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

**Honea, Robert H., MD**  
Southside Surgical Specialists, PC  
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Danville, VA 24541  
(434) 792-5964

**Lahti, Gary, MD**  
Danville Surgical Center, Inc.  
201 South Main St Ste 300  
Danville, VA 24541  
(434) 792-7874

**Manci, Tara, MD**  
**Piedmont Surgical Specialists**  
(Danville Physician Practices, LLC)  
109 Bridge Street  
Danville, VA 24541  
(434) 792-5964  
**Hospital Affiliations:**  
SOVAH Health - Danville

---

**Optima Direct Network Providers 9/2019 311**
Specialists - Tier 1

Turza, Kristin, MD  
Augusta Health Surgery  
70 Medical Center Circle Suite 213  
Fishersville, VA 22939  
(540) 245-7705  
Hospital Affiliations:  
Augusta Medical Center

Akbari, Homayoon, MD  
Southside Surgical Specialist  
102 Fairview Drive Suite A  
Franklin, VA 23851  
(434) 336-1222  
Hospital Affiliations:  
Southern Virginia Regional Medical Center  
VCU Health System/ MCV

Hogg, Paul S., MD  
Franklin Clinic Corporation  
100 Fairview Drive  
Franklin, VA 23851  
(757) 569-6100  
Hospital Affiliations:  
Southampton Memorial Hospital  
Southern Virginia Regional Medical Center

Blanchard, Darlene, MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Earnhardt, Richard C., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Fortunato, Richard, DO  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

King, Bradford, MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Ritter, Lane A., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Ryan, Bradley C., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Wicker, Jr., Henry S., MD  
Praet Medical Center Ltd  
4701 Spotylvania Pkwy  
Fredericksburg, VA 22407  
(540) 834-5450  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
Sentara Pratt Medical Group (SMG)  
4701 Spotylvania Pkwy  
Fredericksburg, VA 22407  
(540) 785-7810  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Spotylvania Regional Medical Center  
Front Royal

English, John, MD  
Valley Health General Surgery  
1077 Shenandoah Ave Suite A  
Front Royal, VA 22630  
(540) 635-1652  
Hospital Affiliations:  
Page Memorial Hospital Inc  
Warren Memorial Hospital, Inc.

Mason, Kenneth G., MD  
Valley Health General Surgery  
120 N Commerce Ave  
Front Royal, VA 22630  
(540) 635-0820  
Hospital Affiliations:  
Valley Health Shenandoah  
Memorial Hospital General Surgery  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  
Hospital Affiliations:  
Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  
Hospital Affiliations:  
Warren Memorial Hospital (MWH)  
Spotsylvania Regional Medical Center

Jawhar, Mahmoud O., MD  
Valley Health Shenandoah  
Memorial Hospital General Surgery  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  
Hospital Affiliations:  
Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  
Hospital Affiliations:  
Warren Memorial Hospital (MWH)  
Spotsylvania Regional Medical Center

Barnwell-Grayson, Anne B, MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  
Hospital Affiliations:  
Carilion Giles Community Hospital

Boggs, Charles C., MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  
Hospital Affiliations:  
Twin County Regional Hospital

Meltvedt, Robert C., MD  
Warren Surgical Associates  
1077 N Shenandoah Ave Suite A  
Front Royal, VA 22630  
(540) 635-0780  
120 North Commerce Ave  
Front Royal, VA 22630  
(540) 635-0730  
Hospital Affiliations:  
Warren Memorial Hospital, Inc.

Pulizzi, John S, MD  
Valley Health General Surgery  
1077 N Shenandoah Ave Suite A  
Front Royal, VA 22630  
120 N Commerce Ave  
Front Royal, VA 22630  
(540) 635-0820  
Valley Health Shenandoah  
Memorial Hospital General Surgery  
1000 N Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-0300  
Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc

Walter, Barbara J., MD  
Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  
120 North Commerce Ave  
Front Royal, VA 22630  
(540) 635-0730

Glen Allen  
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Glen Allen, VA 23060  
(804) 285-9416  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus

Deal III, Clifford L., MD  
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4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus

Hutchins, Debra A., MD  
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4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital of Richmond

Petit, Richard J., MD  
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4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus

Gloucester  
Cruff, Dennis M., MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara CarePlex Hospital

FitzHarris, Gregory P, MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara CarePlex Hospital

Hoefer, Jr., Richard A., DO  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara CarePlex Hospital

Moniz, Mark P., MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 200  
Gloucester, VA 23061

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OptimaHealth
FitzHarris, Gregory P., MD
Sentara Surgery Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7280

+ Hospital Affiliations: +
Sentara Williamsburg Regional Medical Center
Times, Terry D., MD
Sentara Surgery Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7280

+ Hospital Affiliations: +
Sentara Williamsburg Regional Medical Center
Kittrell, Jr., William L., MD
Centra Medical Group (Centra Health, Inc.)
291 McBride Lane
Gretna, VA 24557
(434) 656-1274

+ Hospital Affiliations: +
Buchanan General Hospital
Munson, Keith D., MD
Buchanan Health Care, LLC
1520 Slate Creek Road Suite 204
Grundy, VA 24614
(276) 935-1167

+ Hospital Affiliations: +
Buchanan General Hospital
Gorsuch-Rafferty, Heidi D., MD
Sentara RMH Medical Group, LLC
2275 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-5800

+ Hospital Affiliations: +
Sentara RMH Medical Center

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**Hampton**

Cruff, Dennis M., MD
Sentara Surgery Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7280

+ Hospital Affiliations: +
Sentara CarePlex Hospital

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**Gretna**

Kittrell Jr, William L., MD
Centra Medical Group (Centra Health, Inc.)
291 McBride Lane
Gretna, VA 24557
(434) 656-1274

+ Hospital Affiliations: +
Buchanan General Hospital

---

**Grundy**

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Buchanan Health Care, LLC
1520 Slate Creek Road Suite 204
Grundy, VA 24614
(276) 935-1167

+ Hospital Affiliations: +
Buchanan General Hospital

---

**Hardy**

Adkins, Farrell C., MD
Carilion Medical Center
35 Medical Ct
Hardy, VA 24101
(540) 224-5170

+ Hospital Affiliations: +
Carilion Clinic Roanoke Memorial Hospital
Bower, Curtis Edward, MD
Carilion Medical Center
Sentara Surgery Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7280

+ Hospital Affiliations: +
Carilion Clinic Roanoke Hospital

---

**Haymarket**

BartoloZZi, Mark A., MD
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 338
Haymarket, VA 20169
(703) 613-3270

+ Hospital Affiliations: +
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Harrison, John A., DO
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15195 Heathcote Blvd Suite 338
Haymarket, VA 20169
(703) 261-3270

+ Hospital Affiliations: +
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Magalski, Joseph J., MD
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15195 Heathcote Blvd Suite 338
Haymarket, VA 20169
(571) 261-3270

+ Hospital Affiliations: +
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

---

**Henrico**

Pettit, Richard J., MD
Henrico Surgical Specialists, LLC
7607 Forest Avenue Suite 220
Henrico, VA 23229
(804) 825-9416

+ Hospital Affiliations: +
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus

Stall, Tyler, MD
The Skin Surgery Center of VA
2510 Gaskins Road
Henrico, VA 23228
(804) 282-4940

+ Hospital Affiliations: +
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

---

**Herndon**

Chiantella, Virginia, MD
Virginia Chiantella MD
1800 Town Center Drive Suite 418
Herndon, VA 20190
(703) 724-9474

+ Hospital Affiliations: +
Reston Hospital Center
### Hopewell
- **Datta, Tejwant, MD**  
  Southside Surgical Specialist  
  411 West Randolph Road  
  Hopewell, VA 23860  
  (804) 520-6730  
  **Hospital Affiliations:**  
  Southside Regional Medical Center

### Hot Springs
- **McKibbin, William B., MD**  
  Bath Community Physicians Group  
  106 Park Drive  
  Hot Springs, VA 24445  
  (540) 839-7000  
  **Hospital Affiliations:**  
  Augusta Medical Center  
  Bath Community Hospital

### Kilmarnock
- **Jackson, LaSandra, MD**  
  Chesapeake Medical Group-Specialist  
  95 Harris Road Bldg 1  
  Kilmarnock, VA 22482  
  (804) 435-1608  
  **Hospital Affiliations:**  
  Virginia Surgical Specialists of Northern Virginia - Physicians

### Lansdowne
- **Chiantella, Virginia, MD**  
  Virginia Chiantella MD  
  19415 Deerfield Avenue Suite 213  
  Lansdowne, VA 20176  
  (703) 724-9474  
  **Hospital Affiliations:**  
  Reston Hospital Center

### Lebanon
- **Kerr, Jr., John M., MD**  
  Blue Ridge Medical Management Corporation (General Surgery)  
  584 Carroll St Ste 2D  
  Lebanon, VA 24266  
  (276) 853-8091  
  **Hospital Affiliations:**  
  Bedford Memorial Hospital  
  Russell County Hospital
- **Osborne Jr., James Baisden, MD**  
  Abingdon Surgical Associates  
  58 Carroll Street  
  Lebanon, VA 24266  
  (276) 258-1777  
  **Hospital Affiliations:**  
  Johnston Memorial Hospital

### Leesburg
- **Cook, James W., MD**  
  Loudoun Surgical  
  44055 Riverside Parkway Suite 246  
  Leesburg, VA 20176  
  (703) 858-3200  
  **Hospital Affiliations:**  
  Reston Hospital Center
- **Cross, Cecil Bernard, MD**  
  Surgical Specialists of Northern Virginia  
  44055 Riverside Pkwy Ste 102  
  Leesburg, VA 20176  
  (703) 858-3131  
  **Hospital Affiliations:**  
  Augusta Medical Center

### Lexington
- **Andres, Mark T, MD**  
  Augusta Health Surgery  
  30 Greenhouse Rd  
  Lexington, VA 24450  
  (540) 464-3465  
  **Hospital Affiliations:**  
  Augusta Medical Center  
  Reston Hospital Center
- **Beacham, Brian Lee, MD**  
  CARILION MEDICAL CENTER  
  1 Health Circle  
  Lexington, VA 24450  
  (540) 458-3344  
  **Hospital Affiliations:**  
  Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
  Carilion Roanoke Memorial Hospital  
  Carilion Stonewall Jackson Hospital
- **Carter, Stephen, MD**  
  Augusta Health Surgery  
  30 Greenhouse Rd  
  Lexington, VA 24450  
  (540) 464-3465  
  **Hospital Affiliations:**  
  Augusta Medical Center
- **LeBlanc, Nicholas D., MD**  
  Carilion Healthcare Corporation  
  100 Spotswood Dr  
  Lexington, VA 24450  
  (540) 463-7108  
  **Hospital Affiliations:**  
  Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
  Carilion Roanoke Memorial Hospital  
  Carilion Stonewall Jackson Hospital
- **Rudderow, John S., DO**  
  Virginia Hospital Center - Arlington  
  8988 Lorton Station Blvd Suite 202  
  Lorton, VA 22079  
  (703) 372-2280  
  **Hospital Affiliations:**  
  Virginia Hospital Center - Arlington

### Lorton
- **Fridley, Todd, DO**  
  WTV Health Care Alliance  
  200 Arh Lane  
  Low Moor, VA 24457  
  (540) 862-6710  
  **Hospital Affiliations:**  
  Lewis-Gale Medical Center

### Low Moor
- **English, John, MD**  
  Valley Health Page Memorial Hospital  
  Multi Specialty Clinic  
  125 Memorial Drive  
  Luray, VA 22835  
  (540) 743-2282  
  **Hospital Affiliations:**  
  Page Memorial Hospital Inc

### Luray
- **Mason, Kenneth G., MD**  
  Valley Health General Surgery  
  125 Memorial Dr  
  Luray, VA 22835  
  (540) 743-2282
Specialists - Tier 1

Valley Health Shenandoah Memorial Hospital General Surgery
200 Memorial Drive
Luray, VA 22835
(540) 743-4561

Hospital Affiliations:
Smyth County Community Hospital

Pullizi, John S, MD
Valley Health General Surgery
125 Memorial Dr
Luray, VA 22835
(540) 743-2282

Hospital Affiliations:
Smyth County Community Hospital

Guglielmetti Jr, John, MD
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(434) 200-3656
1906 Thomson Drive
Lynchburg, VA 24501
(434) 947-3933
1911 Thomson Drive
Lynchburg, VA 24501
(434) 200-3901
2401 Atherholt Road
Lynchburg, VA 24501
(434) 947-7700
2410 Atherholt Road
Lynchburg, VA 24501
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Lynchburg, VA 24503
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Lynchburg, VA 24501
(434) 947-3933
1911 Thomson Drive
Lynchburg, VA 24501
(434) 200-3901
2401 Atherholt Road
Lynchburg, VA 24501
(434) 947-7700
2410 Atherholt Road
Lynchburg, VA 24501
(434) 200-5252
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-3656

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Manassas, VA 20110
(703) 257-9234

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Kovtoun, Tatiana, MD
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Manassas, VA 20110
(703) 257-9234

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Kelly, Gordon M., MD
CARILION MEDICAL CENTER
3300 Rivermont Avenue
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Kittrell Jr, William L, MD
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9001 Diggles Road Suite 204
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(703) 257-9234

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

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Manassas, VA 20110
(703) 257-9234

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

Kelly, Gordon M., MD
MSMG GEN SURG MAR
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Marion, VA 24354
(276) 783-2613
1616 N Main St Suite 100B
Marion, VA 24354
(276) 783-7287

Mason, Kenneth G., MD
MSMG GEN SURG MAR
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(276) 781-7848

Hospital Affiliations:
Smyth County Community Hospital

Osborne Jr., James Baisden, MD
Abingdon Surgical Associates
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Marion, VA 24354
(276) 258-1777

Hospital Affiliations:
Johnston Memorial Hospital

Rogers, Andrew Lewis, MD
MSMG GEN SURG MAR
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Sokolovsky, Aleksandr, DO
Smyth County Surgical Associates, LLC (General Surgery)
239 Park Blvd
Marion, VA 24354
(276) 378-0075

Hospital Affiliations:
Smyth County Community Hospital

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<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martinsville</td>
<td>Brown, Jeffrey A., MD</td>
<td>391 Hospital Drive Suite 208, Martinsville, VA 24112</td>
<td>(804) 559-7634</td>
<td>Bon Secours Memorial Regional Medical Center</td>
</tr>
<tr>
<td>Mechanicsville</td>
<td>Bautista, Eliseo A., MD</td>
<td>13700 St Francis Blvd Suite 511, Midlothian, VA 23114</td>
<td>(804) 893-8676</td>
<td>Bon Secours St. Francis Medical Center</td>
</tr>
<tr>
<td>Midlothian</td>
<td>Banerjee, Aman, MD</td>
<td>13700 St Francis Blvd Suite 511, Midlothian, VA 23114</td>
<td>(804) 893-8676</td>
<td>Bon Secours St. Francis Medical Center</td>
</tr>
</tbody>
</table>

### Specialists - Tier 1

#### Martinsville

- **Beacham, Brian Lee, MD**
  - **Address:** 1107A Brookdale St, Martinsville, VA 24112
  - **Phone:** (276) 670-3300
  - **Hospital Affiliations:**
    - VCU Health System/MCV
    - St. Mary's Hospital
    - Henrico Doctors' Hospital - Campus
    - Henrico Doctors' Hospital - Forest
    - Bon Secours St. Mary's Hospital
- **Hamdy, Kareem A., MD**
  - **Address:** 1107B Brookdale St, Martinsville, VA 24112
  - **Phone:** (276) 634-5003
  - **Hospital Affiliations:**
    - VCU Health System/MCV
    - St. Mary's Hospital
    - Henrico Doctors' Hospital - Forest
    - Bon Secours St. Mary's Hospital
- **Gogia, Amit, MD**
  - **Address:** 8239 Meadowbridge Road Suite D, Mechanicsville, VA 23116
  - **Phone:** (804) 559-0194
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center

#### Mechanicsville

- **Bosher, Linwood Paul, MD**
  - **Address:** 8237 Meadowbridge Road, Mechanicsville, VA 23116
  - **Phone:** (804) 559-7634
  - **Hospital Affiliations:**
    - Bon Secours St. Mary's Hospital
    - Henrico Doctors' Hospital - Forest Campus
    - Henrico Doctors' Hospital - Retreat Campus
    - St. Mary's Hospital
- **Brown, Jeffrey A., MD**
  - **Address:** 8237 Meadowbridge Road, Mechanicsville, VA 23116
  - **Phone:** (804) 559-7634
  - **Hospital Affiliations:**
    - Bon Secours St. Mary's Hospital
    - Henrico Doctors' Hospital - Forest Campus
    - Henrico Doctors' Hospital - Retreat Campus
    - Sheltering Arms Rehabilitation Hospital
    - St. Mary's Hospital

#### Midlothian

- **Pellicane, Jr., James, MD**
  - **Address:** 13700 St Francis Blvd Suite 511, Midlothian, VA 23114
  - **Phone:** (804) 893-8676
  - **Hospital Affiliations:**
    - Bon Secours St. Francis Medical Center
    - Bon Secours St. Mary's Hospital
    - Chippenham Medical Center/Johnston-Willis Hospital
    - Henrico Doctors' Hospital - Forest Campus

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**Optima Direct Network Providers 9/2019**

**OptimaHealth**
New Market

Pulzzi, John S, MD
Valley Health General Surgery
9166 North Congress St
New Market, VA 22844
Hospital Affiliations:
- Shenandoah Memorial Hospital
- Inc.

Newport News

Azah, Basem N, MD
Sentara Surgery Specialists (SMG)
11803 Jefferson Ave Ste 235
Newport News, VA 23606
(757) 594-1806
Hospital Affiliations:
- Sentara CarePlex Hospital
- Bon Secours Mary Immaculate Hospital

Clark, Susan C., MD
Bon Secours Surgery Specialists (@ MIH)
12720 McManus Blvd Ste 311
Newport News, VA 23602
(757) 947-3170
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Clark, Thomas W., MD
Center for Weight Loss Success, P.C.
645 J Clyde Morris Blvd
Newport News, VA 23601
(757) 873-1880
Hospital Affiliations:
- Sentara CarePlex Hospital

Coleman, Lisa A., DO
Tidewater Physicians
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(757) 874-1077
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara Williamsburg Regional Medical Center

Hammond, Kerry, MD
Centra Medical Group, LLC
4830 Rucker Road
Moneta, VA 24121
(540) 297-7181
Hospital Affiliations:
- Center Lynchburg General Hospital

Hofker, Jr., Richard A., DO
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Hospital Affiliations:
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Hospital Affiliations:
- Sentara Obici Hospital
- Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
- Bedford Memorial Hospital
- Sentara Williamsburg Regional Medical Center

Wilson, Jason Paul, MD
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Norfolk

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Children’s Hospital of the King’s Daughters  
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Hospital Affiliations:  
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Sentara Leigh Hospital  
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Optima Direct Network Providers 9/2019 318
North Chesterfield

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(804) 320-2705
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North Chesterfield, VA 23235
(804) 320-2705
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Norton

Dozier, Lance C., MD
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Norton, VA 24473
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Pearsburg

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430 Boxwood Ln
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(540) 921-2158
Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Centra Southside Community Hospital

Rimont, Desiderio J, MD
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(540) 921-1900

Rudderow, John S., DO
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159 Hartley Way
Pearisburg, VA 24134
(540) 731-2436
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Williams, Sharon Letita, MD
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(540) 921-6000
430 Boxwood Ln
Pearisburg, VA 24134
(540) 921-2158
Carilion Healthcare Corporation
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(540) 731-2436
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion New River Valley Medical Center

Optima Direct Network Providers 9/2019
### Specialists - Tier 1

<table>
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<th>Pembroke</th>
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<tbody>
<tr>
<td>Fowlkes, Jason, MD</td>
</tr>
<tr>
<td>Montgomery Surgery Associates LLC</td>
</tr>
<tr>
<td>133 Bostic Lane</td>
</tr>
<tr>
<td>Pembroke, VA 24136</td>
</tr>
<tr>
<td>(540) 851-0780</td>
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| Henshaw, Jolene, MD |
| Montgomery Surgery Associates LLC |
| 133 Bostic Lane |
| Pembroke, VA 24136 |
| (540) 951-0780 |

<table>
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<tr>
<th>Petersburg</th>
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<tbody>
<tr>
<td>Akbari, Homayoon, MD</td>
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<tr>
<td>Southside Surgical Specialist</td>
</tr>
<tr>
<td>40 Medical Park Blvd Suite B</td>
</tr>
<tr>
<td>Petersburg, VA 23805</td>
</tr>
<tr>
<td>(434) 336-1222</td>
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**Hospital Affiliations:**
- Southern Virginia Regional Medical Center
- VCU Health System/MCV

| Datta, Tejwant, MD |
| Southside Surgical Specialist |
| 200 Medical Park Blvd |
| Petersburg, VA 23805 |
| (804) 520-6730 |

**Hospital Affiliations:**
- Southside Regional Medical Center

| Expino, Sasa-Grae, MD |
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| 200 Medical Park Blvd |
| Petersburg, VA 23805 |
| (804) 520-6730 |

**Hospital Affiliations:**
- Southside Regional Medical Center

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<tr>
<td>Cruff, Dennis M., MD</td>
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<tr>
<td>Sentara Surgery Specialists (SMG)</td>
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<tr>
<td>1850 Pocahontas Trail</td>
</tr>
<tr>
<td>Quinton, VA 23141</td>
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<td>(804) 625-5528</td>
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</table>

**Hospital Affiliations:**
- Bon Secours Maryview Medical Center
- Sentara CarePlex Hospital

| FitzHarris, Gregory P, MD |
| Sentara Surgery Specialists (SMG) |
| 700 Randolph St |
| Radford, VA 24141 |
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**Hospital Affiliations:**
- Bon Secours Maryview Medical Center
- Sentara CarePlex Hospital

| Kim, Gregory Y., MD |
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**Hospital Affiliations:**
- Sentara Obici Hospital
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| McKenzie, Chad M., DO |
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| Portsmouth, VA 23707 |
| (757) 397-2383 |

**Hospital Affiliations:**
- Bon Secours Maryview Medical Center
- Chesapeake Regional Medical Center

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<tbody>
<tr>
<td>Chan, Yung C., MD</td>
</tr>
<tr>
<td>Yung C. Chan, MD, PC</td>
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<tr>
<td>101 First Street NW</td>
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<tr>
<td>Pulaski, VA 24301</td>
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</tbody>
</table>

| Goldstein, Stuart, DO |
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| (540) 980-9660 |

| Gray, Lisa Marie, DO |
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| (540) 980-9660 |

**Hospital Affiliations:**
- Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

<table>
<thead>
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<tbody>
<tr>
<td>Lee, Sophia, MD</td>
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<tr>
<td>Surgical Specialists of Richmond</td>
</tr>
<tr>
<td>1850 Pocahontas Trail</td>
</tr>
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<td>Quinton, VA 23141</td>
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<td>(804) 520-6730</td>
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</tbody>
</table>

**Hospital Affiliations:**
- Bon Secours Maryview Medical Center
- Sentara CarePlex Hospital

<table>
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<th>Radford</th>
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<tbody>
<tr>
<td>Downing, LaMiere Joseph, MD</td>
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<tr>
<td>Carroll Healthcare Corporation</td>
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<td>700 Randolph St</td>
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<tr>
<td>Radford, VA 24141</td>
</tr>
<tr>
<td>(540) 633-6533</td>
</tr>
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</table>

| Henshaw, Jolene, MD |
| Montgomery Surgery Associates LLC |
| 614 East Main Street Suite A |
| Radford, VA 24141 |

### Reston

| Feldman, Elizabeth, MD |
| Specialty Physicians of Northern Virginia, LLC |
| 1860 Town Center Drive Suite 440 |
| Reston, VA 20190 |
| (703) 435-4320 |

**Hospital Affiliations:**
- Reston Hospital Center

| Moran, Joseph C., MD |
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| Richlands, VA 24641 |
| (276) 596-6764 |

**Hospital Affiliations:**
- Clinch Valley Medical Center

### Richmond

| Aboutanos, Michel, MD |
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| Richmond, VA 23298 |
| (804) 828-9308 |

**Hospital Affiliations:**
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| Adeso, Mukong, MD |
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| 110 N Robinson Street Suite 303 |
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| (804) 545-4871 |

**Hospital Affiliations:**
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- Richmond, VA 23229
- (804) 285-9816
- 8921 Three Chopt Road Suite 300
- Richmond, VA 23229
- (804) 285-9816

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| Aquilina, Gretchen, MD |
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| (804) 828-5134 |

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- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
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Levis-Gale Medical Center
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Sentara Williamsburg Regional Medical Center

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Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
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Chesapeake Regional Medical Center

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Tidewater Physicians Multispecialty Group, PC (TPMG)  
5818 Harbour View Blvd Suite 230D  
Suffolk, VA 23435  
(757) 673-6118

Hospital Affiliations:  
Chesapeake Regional Medical Center

Repolle, Stephanie Krup, MD  
Bon Secours Surgical Specialists @ DMC  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 278-2220

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Riblet, Jeffrey L., MD  
Bon Secours Surgical Specialists  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 483-3030

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Spencer, David, DO  
Bon Secours Surgical Specialists  
2790 Godwin Blvd Ste 210  
Suffolk, VA 23434  
(757) 483-3030

5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 541-1950  
Chesapeake Regional Medical Group (CRMG)

5849 Harbour View Blvd Suite 250  
Suffolk, VA 23435  
(757) 966-2757

Hospital Affiliations:  
Chesapeake Regional Medical Center

Youssif, Yassar, MD  
Bon Secours Surgical Specialists @ DMC  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 889-6830

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center

Tappahannock

Bosher, Linwood Paul, MD  
Vascular Surgery Associates of Richmond, PC  
1396 Tappahannock Blvd Ste B  
Tappahannock, VA 22560  
(804) 443-9308

Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Gogia, Amit, MD  
Surgical Specialists of Richmond  
1396-B Tappahannock Blvd  
Tappahannock, VA 22560  
(804) 559-0194

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Tazewell

Chan, Oscar, MD  
Carilion Clinic Home Care  
(141 Ben Bolt Avenue  
Tazewell, VA 24651  
(276) 979-0307

Hospital Affiliations:  
Carilion Clinic Home Care  
(113 Tazewell Community Hospital)  
141 Ben Bolt Avenue  
Tazewell, VA 24651  
(276) 979-0307

Hospital Affiliations:  
Carilion Clinic Home Care  
(113 Tazewell Community Hospital)

Vienna

Harden III, Wesley R., MD  
Vein Clinics of America  
1500 Cornerside Blvd Ste 300  
Vienna, VA 22182  
(703) 356-1010

Hospital Affiliations:  
Inova Alexandria Hospital

Virginia Beach

Adams, Gregory F., MD  
Bon Secours Surgical Specialists @ DMC  
1232 Perimeter Pkwy Ste 101  
Virginia Beach, VA 23454  
(757) 425-8590

4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830

828 Healthy Way Ste 200  
Virginia Beach, VA 23462  
(757) 309-4715

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Barrett, Elizabeth Z, MD  
Bon Secours Surgical Specialists @ DMC  
4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830

828 Healthy Way Ste 200  
Virginia Beach, VA 23462  
(757) 309-4715

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center

Berger, Jeffrey J., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Brown, Beryl S., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Enderson, III, Laurence, MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Feliberti, Eric C., MD  
EVMS Medical Group  
1950 Glenn Mitchell Dr Ste 208  
Virginia Beach, VA 23456

Fontana, Mark Ambrose, MD  
Sentara Comprehensive Weight Loss Solutions (SMG)  
1950 Glenn Mitchell Dr Ste 310A  
Virginia Beach, VA 23456

2075 Glenn Mitchell Dr Ste 512A  
Virginia Beach, VA 23456

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Gelpi, Juan R., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Goldstein, Leeanna, MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Ives, Charles E., MD  
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1232 Perimeter Pkwy Ste 101  
Virginia Beach, VA 23454  
(757) 425-8590

4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830

828 Healthy Way Ste 200  
Virginia Beach, VA 23462  
(757) 309-4715

Jenkins, Donald D., MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Specialists - Tier 1

2075 Glenn Mitchell Dr Ste 512
Virginia Beach, VA 23456
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

McDermott, Joseph P., MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Mohorn, Riikka, MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Moniz, Mark P., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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1950 Glenn Mitchell Dr Ste 310A
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Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Weireter, Leonard, MD
EVMS Medical Group
1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

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500 Sentara Cir Ste 200
Williamsburg, VA 23188
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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4421 Virginia Beach Blvd Ste 114
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828 Healthy Way Suite 220
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
 Chesapeake Regional Medical Center
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Sentara Leigh Hospital
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Williamsburg

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Hospital Affiliations:
Sentara CarePlex Hospital

Fontana, Mark Ambrose, MD
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital

Testa, Joseph E, DO
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500 Sentara Cir Ste 200
Williamsburg, VA 23188
(757) 984-9850

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Times, Terryl D., MD
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Bowers, Jr., Timothy, MD
Advanced Wound and Hyperbaric Medicine
1840 Amherst St
Winchester, VA 22601
(540) 536-1241

Hospital Affiliations:
Timothy K. Bowers, Jr., MD
172 Linden Drive Ste 105
Winchester, VA 22601
(540) 723-8778

Winchester Access Program
1870 Amherst Street
Winchester, VA 22601
(540) 536-0110

333 West Cork Street
Winchester, VA 22601
(540) 536-5115

Hospital Affiliations:
Winchester Medical Center

Boyd, Loretta A., MD
Winchester Surgical Clinic
1840 Amherst Street
Winchester, VA 22601
190 Campus Blvd Ste 410
Winchester, VA 22601
(540) 536-0100

333 West Cork St
Winchester, VA 22601
(540) 536-5115

Hospital Affiliations:
Winchester Medical Center

Bruhn, Erich William, MD
VALLEY COLORECTAL SURGERY, PC
1870 Amherst Street Suite 1C
Winchester, VA 22601
(540) 773-4768

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center
Carter, Jeffrey, MD  
WMC Access Program  
1870 Amherst Street  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Dy, Benzon M., MD  
Winchester Surgical Clinic  
20 South Stewart St Suite 100  
Winchester, VA 22601  
(540) 536-0130  

Hospital Affiliations:  
Winchester Medical Center

Dy, Benzon M., MD  
Winchester Surgical Clinic  
20 South Stewart St Suite 100  
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(540) 536-0130  

Hospital Affiliations:  
Winchester Medical Center

Flaherty, Devin, DO  
Valley Health Surgical Oncology  
400 Campus Blvd Suite 210  
Winchester, VA 22601  
(540) 536-3470  

Hospital Affiliations:  
Winchester Medical Center

Gibson, Thomas, MD  
Winchester Surgical Clinic  
20 South Stewart Street  
Winchester, VA 22601  
(540) 536-0130  

WMC Access Program  
190 Campus Boulevard Ste 410  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Gibson, Thomas, MD  
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Winchester, VA 22601  
(540) 536-0130  

WMC Access Program  
190 Campus Boulevard Ste 410  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Glembot, Troy M., MD  
VH Bariatric and Metabolic Program  
347 Westside Station Drive  
Winchester, VA 22601  
(540) 536-0010  

WMC Access Program  
1870 Amherst Street  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Goode, Terral, MD  
WMC Access Program  
1870 Amherst Street  
Winchester, VA 22601  
(540) 536-0110  

33 West Cork Street  
Winchester, VA 22601  
(540) 536-5115  

Hospital Affiliations:  
Winchester Medical Center

Hyr, Charles E, MD  
Winchester Surgical Clinic  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-0100  

190 Campus Blvd Ste 410  
Winchester, VA 22601  
(540) 536-0100  

Hospital Affiliations:  
Winchester Medical Center

Hyre, Charles E, MD  
Winchester Surgical Clinic  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-0100  

190 Campus Blvd Ste 410  
Winchester, VA 22601  
(540) 536-0100  

Hospital Affiliations:  
Winchester Medical Center

WMC Access Program  
190 Campus Boulevard Ste 410  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Makari, Fadi, MD  
Winchester Surgical Clinic  
20 S Stewart St  
Winchester, VA 22601  
(540) 536-0130  

Hospital Affiliations:  
Winchester Medical Center

Marrfing, Jr, Thomas E., MD  
Valley Health General Surgery  
1870 Amherst St Ste 2A  
Winchester, VA 22601  
(540) 722-3595  

Hospital Affiliations:  
Winchester Medical Center

Miller, Stephen, MD  
Winchester Surgical Clinic  
1870 Amherst St  
Winchester, VA 22601  
(540) 536-0110  

400 Campus Blvd Suite 220  
Winchester, VA 22601  
(540) 536-5466  

Hospital Affiliations:  
Winchester Medical Center

Minchin, Aniuta, MD  
Valley Health General Surgery  
400 Campus Blvd Suite 220  
Winchester, VA 22601  
(540) 536-5466  

Hospital Affiliations:  
Winchester Medical Center

Oviedo, Rodolfo, MD  
Valley Health General Surgery  
1870 Amherst Street Suite F  
Winchester, VA 22601  
(540) 536-0101  

Hospital Affiliations:  
Winchester Medical Center

Posadas, Jorge L., MD  
Winchester Surgical Clinic  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-0100  

190 Campus Blvd Ste 410  
Winchester, VA 22601  
(540) 536-0100  

Hospital Affiliations:  
Winchester Medical Center

Riccio, Lin M., MD  
WMC Access Program  
190 Campus Blvd Suite 410  
Winchester, VA 22601  
(540) 536-0111  

Hospital Affiliations:  
University of Virginia Medical Center

Sann, Lawrence, MD  
WMC Access Program  
1870 Amherst Street Suite C  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Stanford, Gregory G., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst St  
Winchester, VA 22601  
(540) 536-8000  

WMC Access Program  
190 Campus Boulevard Ste 410  
Winchester, VA 22601  
(540) 536-0110  

190 Campus Blvd Ste 410  
Winchester, VA 22601  
(540) 536-5115  

Hospital Affiliations:  
Winchester Medical Center

Ulrich, Paul J., MD  
Winchester Surgical Clinic  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-0100  

20 S Stewart St Suite 100  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Wagner, Patrick L., MD  
Valley Health Surgical Oncology  
400 Campus Blvd Suite 210  
Winchester, VA 22601  
(540) 536-3470  

Hospital Affiliations:  
Winchester Medical Center

Wiedower, James S., MD  
VH Bariatric and Metabolic Program  
347 Westside Station Drive  
Winchester, VA 22601  
(540) 536-0010  

WMC Access Program  
190 Campus Boulevard Ste 410  
Winchester, VA 22601  
(540) 536-0110  

Hospital Affiliations:  
Winchester Medical Center

Wise  
D’Amato, Luciano, MD  
Luciano D’Amato  
411 W Main St  
Wise, VA 24293  
(276) 328-5332

Woodbridge  
Bartolozzi, Mark A., MD  
NGM Affiliates Practice I, LLC  
12701 Marblestone Drive Suite 130  
Woodbridge, VA 22192  
(703) 730-4848  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center

Harrison, John A, DO  
NGM Affiliates Practice I, LLC  
12701 Marblestone Drive Suite 130  
Woodbridge, VA 22192  
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Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center  
Sentara Northern Virginia Medical Center

Kumar, Raman, MD  
Sentara Surgery Specialists (SMG)  
2280 Opitz Blvd Ste 320  
Woodbridge, VA 22191  
(703) 523-9750

Magalski, Joseph J., MD  
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(703) 730-4848

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Nakao, Steven K., MD  
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2280 Opitz Blvd Ste 320  
Woodbridge, VA 22191  
(703) 523-9750

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Sentara Northern Virginia Medical Center  
Sentara Albermarle Medical Center
Specialists - Tier 1

2296 Opitz Blvd Suite 260
Woodbridge, VA 22191

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Northern Virginia Medical Center

Washer, Joshua, MD
Vascular Institute of Virginia, LLC
14085 Crown Court
Woodbridge, VA 22193
(703) 763-5224

Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Woodstock

Dy, Benzon M., MD
Winchester Surgical Clinic
759 South Main Street
Woodstock, VA 22664
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Hospital Affiliations:
- Winchester Medical Center

Hyre, Charles E, MD
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759 South Main Street
Woodstock, VA 22664
(540) 459-1100

Hospital Affiliations:
- Winchester Medical Center

Mason, Kenneth G., MD
Valley Health General Surgery
101 West South Street
Woodstock, VA 22664
(540) 459-1330

Valley Health Shenandoah Memorial Hospital General Surgery
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Woodstock, VA 22664
(540) 459-1330

Hospital Affiliations:
- Winchester Medical Center

Posadas, Jorge L., MD
Winchester Surgical Clinic
759 South Main Street
Woodstock, VA 22664
(540) 459-1100

Hospital Affiliations:
- Winchester Medical Center

Pulizzi, John S, MD
Valley Health Shenandoah Memorial Hospital General Surgery
759 S Main Street
Woodstock, VA 22664
(540) 459-1330

Hospital Affiliations:
- Shenandoah Memorial Hospital Inc

Wytheville

Dowling, Christopher L., DO
Forest General Surgery
1787 West Lee Hwy Suite 3
Wytheville, VA 24382
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Hospital Affiliations:
- Columbia Pulaski Community Hospital
- LewisGale Pulaski Wythe County Community Hospital

Dowling, LaMiere Joseph, MD
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1150 Holston Rd
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Harris, Charles, MD
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Wytheville, VA 24382
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Wei, Wei, MD
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Wytheville, VA 24382
(540) 731-7600

Hospital Affiliations:
- Carilion New River Valley Medical Center

Zwanch, James C., DO
Wythe County Physician Practices, LLC
590 West Ridge Road Suite A
Wytheville, VA 24382
(276) 228-4440

Genetics

Lynchburg

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CARILION MEDICAL CENTER
2000 Old Forrest Rd
Lynchburg, VA 24501

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Norfolk

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Children's Specialty Group PLLC
601 Children's Ln (Genetics)
Norfolk, VA 23507
(757) 668-9723

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Richmond

Bodurtha, Joanne N., MD
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

Hospital Affiliations:
- Chippewa Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- VCU Health System/MCV

Lewandowski, Raymond, MD
MCV Associated Physicians (Genetics)
1300 E Marshall Street
Richmond, VA 23298
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Roanoke

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102 Highland Ave Suite 104
Roanoke, VA 24013
(540) 985-8147

102 Highland Ave Suite 301
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(540) 985-8454
102 Highland Ave SW Ste 104
Roanoke, VA 24013
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000
902 S Jefferson Street
Roanoke, VA 24016
(540) 985-8230

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Gynecologic Oncology

Chesapeake

Montag, Thomas, MD
Thomas W. Montag, MD
109 Wimbledon Sq Ste F
Chesapeake, VA 23320
(757) 436-9898

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center
- Chesapeake Regional Medical Center

Hampton

Rogers, Stacey J., MD
Virginia Oncology Associates
725 Volvo Parkway Suite 200
Chesapeake, VA 23320
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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Mechanicsville

Carter, Jori, MD
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8266 Allee Road MOBH Suite 322
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Hospital Affiliations:
- Chippenham Medical Center
- Johnston-Willis Hospital
- VCU Health System/MCV

Newport News

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Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

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OptimaHealth
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**Hospital Affiliations:**  
Sentara CarePlex Hospital  
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#### Chesapeake

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**Hospital Affiliations:**  
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**Hospital Affiliations:**  
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### Gynecology Only

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**Hospital Affiliations:**  
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**Hospital Affiliations:**  
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#### Harrisonburg

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Leesburg, VA 20176  
(703) 828-2811

**Hospital Affiliations:**  
Sentara RMH Medical Center

#### Lynchburg

**Tompkins, Matthew J, MD**  
Lynchburg Gynecology PC  
2728 Old Forest Road  
Lynchburg, VA 24501  
(434) 385-7818

**Hospital Affiliations:**  
Centra Lynchburg General Hospital

### Mechanicsville

**Roe, Bruce, MD**  
The Virginia Urology Center  
8228 Meadowridge Rd  
Mechanicsville, VA 23116  
(804) 730-5023

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

### Norfolk

**Wolcott, Hugh Dixon, MD**  
WomanCare Centers, PLC (MAWC)  
100 Kingsley Lane Suite 200  
Norfolk, VA 23505  
(757) 451-0929

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center

### Richmond

**Borzelleca, Joseph F, MD**  
VCU Associated Physicians (OB/GYN)  
401 N 11th St  
Richmond, VA 23298  
(804) 828-9720

**Hospital Affiliations:**  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/MAWC

**Buettnner, Karin W, MD**  
Virginia Women’s Center Inc  
12129 Graham Meadows Drive  
Richmond, VA 23233  
(804) 288-4084

**Hospital Affiliations:**  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/MAVC

#### Salem

**Gustafson, Mark, MD**  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-3520

**Maxymiv, George, MD**  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 772-3411

#### Suffolk

**Fedeli, Diana C, MD**  
Ginis Women’s Care, PC  
2790 Godwin Blvd Ste 375  
Suffolk, VA 23434  
(757) 923-4500

**Hospital Affiliations:**  
Sentara Obici Hospital
### Virginia Beach

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<td>Coastal Obstetrics &amp; Gynecology</td>
<td>1744 Sir William Osler Dr</td>
<td>Virginia Beach, VA 23455</td>
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### Chesapeake

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<td>Carolino, Bradley, MD</td>
<td>Atlantic Orthopedic Specialists</td>
<td>733 Volvo Pkwy Suite 300</td>
<td>Chesapeake, VA 23320</td>
<td>(757) 321-3300</td>
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<td>Davlin, Lance B., MD</td>
<td>Sentara Hand Surgery Specialists</td>
<td>200 Medical Pkwy Ste 210</td>
<td>Chesapeake, VA 23320</td>
<td>(757) 547-9721</td>
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<td>Grenga, Tad, MD</td>
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<td>667 Kingsborough Sq Ste 300</td>
<td>Chesapeake, VA 23322</td>
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<td>Shah, Hassan, MD</td>
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### Colonial Heights

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### Hand Surgery

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<td>Tsai, Tsai-Lung, DO</td>
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### Alexandria

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### Charlottesvile

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<td>Campolattaro, Robert M., MD</td>
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### Hampton

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<td>Smirles, Nicholas, MD</td>
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### Fairfax

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### Augusta Medical Center
### Specialists - Tier 1

#### Henrico

- **Glowacki, Keith A., MD**  
  West End Orthopaedic Clinic  
  7858 Shrader Road  
  Henrico, VA 23294  
  (804) 270-1305  
  Hospital Affiliations:  
  - Bon Secours St. Francis Medical Center  
  - Children's Hospital of Richmond of the VCU Health System  
  - Chippenham Medical Center/Johnston-Willis Hospital  
  - Henrico Doctors' Hospital - Forest Campus  
  - Henrico Doctors' Hospital - Parham Campus  
  - Henrico Doctors' Hospital - Retreat Campus  

- **Desai, Sanjay S., MD**  
  West End Orthopaedic Clinic  
  8266 Atlee Rd Ste 133  
  Mechanicsville, VA 23116  
  (804) 730-2121  
  Hospital Affiliations:  
  - Bon Secours St. Marys Hospital  
  - Chippenham Medical Center/Johnston-Willis Hospital  
  - Henrico Doctors’ Hospital - Forest Campus  
  - St. Mary’s Hospital  

#### Midlothian

- **Bogle, Andrew, MD**  
  West End Orthopaedic Clinic  
  13700 St Francis Boulevard Suite 103  
  Midlothian, VA 23114  
  (804) 379-2414  
  Hospital Affiliations:  
  - Bon Secours Memorial Regional Medical Center  
  - Children’s Hospital of Richmond of the VCU Health System  
  - Chippenham Medical Center/Johnston-Willis Hospital  
  - Henrico Doctors’ Hospital - Forest Campus  

- **Sharma, Joy, MD**  
  West End Orthopaedic Clinic  
  7858 Shrader Road  
  Henrico, VA 23294  
  (804) 270-1305  
  Hospital Affiliations:  
  - Bon Secours St. Francis Medical Center  
  - Henrico Doctors’ Hospital - Forest Campus  

#### Lynchburg

- **Kiernan, Drew E., MD**  
  West End Orthopaedic Clinic  
  2405 Atherholt Road  
  Lynchburg, VA 24501  
  (434) 485-8500  
  Hospital Affiliations:  
  - Centra Lynchburg General Hospital  
  - Centra Virginia Baptist Hospital  

#### Mechanicsville

- **Desai, Sanjay S., MD**  
  West End Orthopaedic Clinic  
  8266 Atlee Rd Ste 133  
  Mechanicsville, VA 23116  
  (804) 730-2121  
  Hospital Affiliations:  
  - Bon Secours St. Marys Hospital  
  - Chippenham Medical Center/Johnston-Willis Hospital  
  - Henrico Doctors’ Hospital - Forest Campus  
  - St. Mary’s Hospital  

#### Norfolk

- **Hersh, Christopher K., MD**  
  Norfolk Hand Surgery Center  
  6160 Kempsville Cir Ste 102A  
  Norfolk, VA 23502  
  (757) 461-8300  
  Hospital Affiliations:  
  - Bon Secours DePaul Medical Center Inc  
  - Sentara Leight Hospital  
  - Sentara Norfolk General Hospital  

- **McGuigan, John J, MD**  
  Sentara Hand Surgery Specialists (SHS)  
  844 Kempsville Rd Ste 104  
  Norfolk, VA 23502  
  (757) 252-5600  
  Hospital Affiliations:  
  - Sentara Leight Hospital  
  - Sentara Norfolk General Hospital  

#### Reston

- **Laino, Daniel, MD**  
  OrthoVirginia, Inc  
  1850 Town Center Parkway Suite 400 & 303  
  Reston, VA 20190  
  (703) 810-5202  
  Hospital Affiliations:  
  - Inova Fairfax Hospital  
  - Reston Hospital Center  

#### Richmond

- **Desai, Sanjay S., MD**  
  West End Orthopaedic Clinic  
  7650 East Parham Road  
  Richmond, VA 23294  
  (804) 288-3136  
  Hospital Affiliations:  
  - Bon Secours St. Marys Hospital  
  - Chippenham Medical Center/Johnston-Willis Hospital  
  - Henrico Doctors’ Hospital - Forest Campus  
  - St. Mary’s Hospital  

#### Roanoke

- **Capito, Anthony E., MD**  
  CARILLON MEDICAL CENTER  
  101 Elm Ave  
  Roanoke, VA 24013  
  (540) 985-8000  
  1906 Belleview Avenue  
  Roanoke, VA 24014  
  (540) 981-7000  
  2331 Franklin Rd SW  
  Roanoke, VA 24014  
  (540) 725-1226  
  3 Riverside Cir  
  Roanoke, VA 24016  
  (540) 725-1226  
  Hospital Affiliations:  
  - Carilion Roanoke Community Hospital  
  - Carilion Roanoke Memorial Hospital  

#### Suffolk

- **Grenga, Tad, MD**  
  Chesapeake Center for Cosmetic and Plastic Surgery  
  5818 Harbour View Blvd Ste 220  
  Suffolk, VA 23435  
  (757) 673-5900  
  Hospital Affiliations:  
  - Bon Secours DePaul Medical Center Inc  
  - Bon Secours Maryview Medical Center  
  - Chesapeake Regional Medical Center  
  - Children’s Hospital of the King’s Daughters  
  - Sentara Leight Hospital  
  - Sentara Norfolk General Hospital  

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Optima Direct Network Providers 9/2019 334
### Virginia Beach

**Carofino, Bradley, MD**  
Atlantic Orthopaedic Specialists  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300  
**Hospital Affiliations:**  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

**Manke, Chad R., MD**  
Sentara Orthopaedic Specialists  
5716 Cleveland Street Ste 210  
Virginia Beach, VA 23462  
(757) 255-5600  
**Hospital Affiliations:**  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

**Kline, Samuel C., MD**  
Sentara Orthopaedic Specialists  
1800 Camelot Dr Suite 300  
Virginia Beach, VA 23454  
(757) 321-3300  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300  
**Hospital Affiliations:**  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

**Manke, Chad R., MD**  
Atlantic Orthopaedic Specialists  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300  
**Hospital Affiliations:**  
Sentara Bayside Hospital  
Sentara Virginia Beach General Hospital  

**Rose, Joan H., MD**  
Hand Associates, PC  
233 Business Park Dr Ste 100  
Virginia Beach, VA 23462  
(757) 499-6400  
**Hospital Affiliations:**  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center  

### Wincheste

**Baechler, Martin F., MD**  
Bone & Joint Specialists of Newport News  
190 Campus Boulevard Suite 310  
Newport News, VA 23606  
(540) 667-9252  
**Hospital Affiliations:**  
Winchester Medical Center  

**Higgins, Ashantice K., MD**  
Danville Hematology and Oncology  
125 Executive Dr Ste J  
Danville, VA 24541  
(434) 793-0044  
**Hospital Affiliations:**  
SOVAH Health - Danville  

**Yu, Bennett, MD**  
Danville Hematology and Oncology  
142 South Main Street  
Danville, VA 24541  
(434) 793-0044  
**Hospital Affiliations:**  
SOVAH Health - Danville  

### Hematology/Oncology

**DeSalvo, Anthony T., MD**  
Regional Cancer Center  
16000 Johnston Memorial Drive  
Abingdon, VA 24211  
(276) 258-1800  
**Hospital Affiliations:**  
Johnston Memorial Hospital  

**Hammad, Ahmad N., MD**  
Regional Cancer Center  
16000 Johnston Memorial Drive  
Abingdon, VA 24211  
(276) 258-1800  
**Hospital Affiliations:**  
Johnston Memorial Hospital  

### Suffolk

**Salmon, Lauren, DO**  
Cancer Specialists of Tidewater  
5839 Harbour View Blvd Suite 100  
Suffolk, VA 23435  
(757) 397-4200  

### Hematology

**Salmon, Lauren, DO**  
Cancer Specialists of Tidewater  
1200 First Colonial Road Suite 204  
Virginia Beach, VA 23454  
(757) 363-8212  

### Norfolk

**Cross, Scott, MD**  
Virginia Oncology Associates  
5900 Lake Wright Drive  
Norfolk, VA 23502  
(757) 466-8683  
**Hospital Affiliations:**  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

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**Optima Direct Network Providers 9/2019**
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<td><strong>Carilion Roanoke Memorial Hospital</strong>&lt;br&gt;2600 Research Center Drive Suite A&lt;br&gt;Blacksburg, VA 24060&lt;br&gt;(540) 381-5291</td>
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<td><strong>Kochenderfer, Mark D., MD</strong>&lt;br&gt;Blue Ridge Cancer Care&lt;br&gt;1710 Whitfield Drive&lt;br&gt;Bedford, VA 24523&lt;br&gt;(540) 586-5770</td>
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Franzman, Craig, MD  
Cancer Specialists of Tidewater  
110 Wimbledon Sq Suite E  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Norfolk General Hospital

George, Edward R, MD  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Henrico Doctors’ Hospital - Retreat Campus

Harden, Elizabeth A, MD  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center

MacLaughlin, William W, MD  
Cancer Specialists of Tidewater  
110 Wimbledon Sq Suite E  
Chesapeake, VA 23320  
(757) 436-2995

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Mattern II, John Q A, DO  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center

Nagabhira, Sowjanya, MD  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Radkar, Gauri V., DO  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Sentara Princess Anne Hospital

Shahazz, Lloyd A., MD  
Bon Secours Maryview Med Ctr - Delta Oncology  
612 Kingsborough Square Suite 300  
Chesapeake, VA 23320  
(757) 515-0229

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Skorupa, Amy, MD  
Cancer Specialists of Tidewater  
110 Wimbledon Sq Suite E  
Chesapeake, VA 23320  
(757) 436-2995

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Tan, Valiant, MD  
Virginia Oncology Associates  
725 Volvo Parkway Suite 200  
Chesapeake, VA 23320  
(757) 549-4403

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Zaidi, Aisha S, MD  
Cancer Specialists of Tidewater  
110 Wimbledon Sq Suite E  
Chesapeake, VA 23320  
(757) 436-2995

Hospital Affiliations:  
Danville Hematology and Oncology  
125 Executive Drive Suite J  
Danville, VA 24541  
(434) 793-0044

Hospital Affiliations:  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  
Sentara Leigh Hospital  
Sentara Obici Hospital

Akinleye, Akintunde R, MD  
Danville Hematology and Oncology  
142 S Main St  
Danville, VA 24541  
(434) 793-0044

Hospital Affiliations:  
SOVAH Health - Danville

Ali, Syed S., MD  
Oncology Hematology of Loudoun & Reston  
24440 Stone Springs Blvd Ste 515  
Dulles, VA 20166  
(703) 858-3110

Hospital Affiliations:  
Reston Hospital Center  
StoneSprings Hospital Center

Chong, Daniel, MD  
Virginia Cancer Specialists, P.C.  
3650 Joseph Siewick Drive Suite 200  
Fairfax, VA 22033  
(703) 391-5874

Hospital Affiliations:  
Sentara Obici Hospital

Dunning, David, MD  
Virginia Cancer Specialists, P.C.  
10301 Democracy Lane  
Fairfax, VA 22030  
(703) 934-4450

Hospital Affiliations:  
Inova Fairfax Hospital

Favret, Anne, MD  
Virginia Cancer Specialists, P.C.  
10301 Democracy Lane  
Fairfax, VA 22030  
(703) 934-4450

Hospital Affiliations:  
Inova Fairfax Hospital

Huang, Alina, MD  
Virginia Cancer Specialists, P.C.  
4660 Kenmore Ave Suite 1018  
Fairfax, VA 22034  
(703) 483-1800

Hospital Affiliations:  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

McCarthy, Timothy, MD  
Virginia Cancer Specialists, P.C.  
8503 Arlington Blvd Suite 400  
Fairfax, VA 22031  
(703) 280-5390

Hospital Affiliations:  
Inova Fairfax Hospital

Orloff, Gregory, MD  
Virginia Cancer Specialists, P.C.  
10301 Democracy Lane  
Fairfax, VA 22030  
(703) 934-4450

Hospital Affiliations:  
Inova Fairfax Hospital

Patel-Donnelly, Dipti, MD  
Virginia Cancer Specialists, P.C.  
10301 Democracy Lane  
Fairfax, VA 22030  
(703) 934-4450

Hospital Affiliations:  
Inova Fairfax Hospital

Spira, Alexander, MD  
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10301 Democracy Lane  
Fairfax, VA 22030  
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Hospital Affiliations:  
Inova Fairfax Hospital

Wadlow, Raymond, MD  
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10301 Democracy Lane  
Fairfax, VA 22030  
(703) 934-4450

Hospital Affiliations:  
Inova Fairfax Hospital

Crenza, Emanuel, MD  
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800 Oak Street  
Farmville, VA 23901  
(434) 315-2532

Hospital Affiliations:  
Augusta Medical Center  
Centra Southside Community Hospital  
UVA Culpeper Hospital

Jenkins, Emily, MD  
Centra Medical Group, LLC  
800 Oak Street  
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(434) 315-2532
Specialists - Tier 1

MacCallum, Cecilia, MD
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(434) 315-2532

Hospital Affiliations:
- Centra Lynchburg General Hospital

MacNeill, John, MD
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Hospital Affiliations:
- Centra Lynchburg General Hospital

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Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

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Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Cruz, Raymond, MD
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Hospital Affiliations:
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Hospital Affiliations:
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Kessler, John F., MD
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Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

Silvi, Cynthiа C., MD
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Franklin, VA 23851
(757) 569-9709

Hospital Affiliations:
- Augusta Medical Center

Cook, Nicholas A., MD
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413 Chatham Square Office Park
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(540) 300-6182

Hospital Affiliations:
- Clinch Valley Medical Center
- Lonesome Pine Hospital

Cutka, Alisan G., MD
Virginia Cancer Specialists, P.C.
7901 Lake Manassas Drive
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(571) 222-2200

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center
- Matera II, John Q A, DO

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Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Northern Virginia Medical Center

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Hampton

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Hospital Affiliations:
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Hospital Affiliations:
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- Lonesome Pine Hospital

Fredericksburg

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Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
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Harrisonburg

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Lansdowne

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(757) 729-6030

Kilmarnock

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101 Harris Road
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(804) 435-8583

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center
- Bon Secours Richmond Community Hospital
- Lonesome Pine Hospital
- Rappahannock General Hospital

Kilmarnock

Herrera, German, MD
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(804) 435-8583

Hospital Affiliations:
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(757) 729-6030

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Hospital Affiliations:
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Hospital Affiliations:
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- Sentara Williamsburg Regional Medical Center

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(757) 827-9400

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

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Witt, Mary Helen, MD
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2008 Health Campus Dr 1st Floor
Harrisonburg, VA 22801
(540) 689-7000

Hospital Affiliations:
- Sentara RMH Medical Center

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OptimaHealth
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Specialists - Tier 1

601 Watkins Centre Parkway
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Hospital Affiliations:
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<td>Virginia Cancer Institute Incorporated 210 Medical Park Blvd Ste 200 Petersburg, VA 23805 (804) 431-1100 Hospital Affiliations: John Randolph Medical Center Southside Regional Medical Center</td>
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<td>Firestone, Mei-Hwa, MD</td>
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<td>Cruz, Raymond, MD</td>
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**Virginia**

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<td>Abhishek, Kumar, MD</td>
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<td>Boikos, Sosipatros, MD</td>
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<td>Evers, Joseph P., MD</td>
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<td>Friedeman, Elke, MD</td>
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<td>Gordon, Sarah W, DO</td>
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<td>Grant, Steven X., MD</td>
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Specialists - Tier 1

McFarlane, Joshua J., MD
Virginia Cancer Institute Incorporated
1401 Johnston Willis Dr Ste 2300
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Montgomery Regional Hospital/Montgomery Regional Hospital/Boh a/Brown Medical Center

Fintel, Andrew E, DO
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<td>Blue Ridge Cancer Care</td>
<td>2013 S Jefferson Street SW</td>
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Salem

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Rocky Mount

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Optima Direct Network Providers 9/2019

345
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Bedford Memorial Hospital
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
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Sentara Princess Anne Hospital
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Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
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Sentara Obici Hospital
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Sentara CarePlex Hospital
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Sentara Virginia Beach General Hospital

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Winchester

Gemma, Nicholas W., MD
Shenandoah Oncology, P.C
400 Campus Blvd Suite 100
Winchester, VA 22601
(540) 662-1108

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Houck, Jr, William A., MD
Shenandoah Oncology, P.C
400 Campus Blvd Suite 100
Winchester, VA 22601
(540) 662-1108

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Ingram, Richard M., MD
Shenandoah Oncology, P.C
400 Campus Blvd Suite 100
Winchester, VA 22601
(540) 662-1108

Hospital Affiliations:
University of Virginia Medical Center
Winchester Medical Center

O’Brien, Lindsey, MD
Shenandoah Oncology, P.C
400 Campus Blvd Suite 100
Winchester, VA 22601
(540) 662-1108

Hospital Affiliations:
Winchester Medical Center

Resta, Lee P., MD
Shenandoah Oncology, P.C
400 Campus Blvd Suite 100
Winchester, VA 22601
(540) 662-1108

Hospital Affiliations:
Winchester Medical Center

Woodbridge

Chan, Farn, MD
Cancer & Blood Specialists of Northern Virginia, P.C.
2280 Opitz Blvd Suite 220
Woodbridge, VA 22191
(703) 590-8300

Hospital Affiliations:
Shenandoah Oncology, P.C.

Kandahari, Masoom M, MD
Cancer & Blood Specialists of Northern Virginia, P.C.
2280 Opitz Blvd Suite 220
Woodbridge, VA 22191
(703) 590-8300

Hospital Affiliations:

Kandahari, Masoom M, MD
Cancer & Blood Specialists of Northern Virginia, P.C.
2280 Opitz Blvd Suite 220
Woodbridge, VA 22191
(703) 590-8300

Hospital Affiliations:

Kandahari, Masoom M, MD
Cancer & Blood Specialists of Northern Virginia, P.C.
2280 Opitz Blvd Suite 220
Woodbridge, VA 22191
(703) 590-8300

Hospital Affiliations:

Moorer, Geoffrey, MD
Virginia Cancer Specialists, P.C.
2280 Opitz Blvd Suite 300
Woodbridge, VA 22191
(703) 897-5338

Hospital Affiliations:
Fauquier Hospital
Sentara Northern Virginia Medical Center

Wytheville

Brooks, Heather, MD
Blue Ridge Cancer Care
590 West Ridge Road Ste L
Wytheville, VA 24382
(276) 229-7665
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<td>McCoy, III, Harry E., MD</td>
<td>Blue Ridge Cancer Care</td>
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<tr>
<td>501 Sunset Ln</td>
<td>(540) 892-3100</td>
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<td>Maung, M Ohn, MD</td>
<td>Apogee Medical Group Virginia, PC</td>
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<tr>
<td>142 South Main Street</td>
<td>(434) 799-2225</td>
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<td>Mathur, Sharmili, DO</td>
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<tr>
<td>101 Hospital Center Drive</td>
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<td>Lee, Patterson O, MD</td>
<td>Advanced Heart Failure Division - SNGH (SMG)</td>
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<tr>
<td>142 South Main Street</td>
<td>(757) 388-3198</td>
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<tr>
<td>Raz, Mical, MD</td>
<td>Advanced Heart Failure Division - SNGH (SMG)</td>
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<tr>
<td>600 Gresham Dr 3rd Floor</td>
<td>(757) 388-3198</td>
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<tr>
<td>Torres-Lopez, Paulo Andres, MD</td>
<td>Fredericksburg Hospitalist Group, PC (PINNACLE)</td>
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<td>101 Hospital Center Drive</td>
<td>(540) 741-9430</td>
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<th>Tazewell</th>
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<tr>
<td>Moronu, Chigozie E., MD</td>
<td>Carilion Faculty Phys Specialist</td>
</tr>
<tr>
<td>141 Ben Bolt Avenue</td>
<td>(776) 988-8700</td>
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Virginia Beach

Salemi, Mehdi, MD  
Sentara Hospital Medicine Physicians (SMG)  
1060 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-2323  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Borra, Madhu, MD  
Optima Direct Network Providers  
9/2019  
(540) 536-1241  
Winchester, VA 22601  
1840 Amherst Street  
Winchester Medical Center

Winchester

Akula, Neeraja, MD  
Valley Hospitalists, PC  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-2270  
Hospital Affiliations:  
Winchester Medical Center

Borra, Madhu, MD  
Winchester Medical Center Inc  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-8700  
Hospital Affiliations:  
Winchester Medical Center

Hyperbaric Medicine

Winchester

Kochinsky, Jerome, DO  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center

Lekovse, William C., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center

Ambardar, SUJATA, MD  
Infectious Diseases Physicians, Inc.  
3289 Woodburn Rd Ste 200  
Annandale, VA 22003  
(703) 560-7900  
Hospital Affiliations:  
Inova Fairfax Hospital

Desai, Aarti, MD  
Bayview Physician Services, PC  
676 Kingsborough Square Suite B  
Chesapeake, VA 23320  
(757) 455-9036  
Hospital Affiliations:  
Chesapeake Regional Medical Center

Sentara Norfolk General Hospital

Bansal, Ekta, MD  
CARILION MEDICAL CENTER  
2900 Lamb Cir  
Christianburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
Bansal, Ekta, MD

Christianburg

Kerkering, Thomas, MD  
Carilion Infectious Disease Care  
2900 Lamb Cir  
Christianburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
Kerkering, Thomas, MD

Stolnik, Paul R., MD  
Carilion Infectious Disease Care  
2900 Lamb Cir  
Christianburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
Stolnik, Paul R., MD

Charlottesville

Hall, Keri Kathleen, MD  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5260  
Hospital Affiliations:  
Augusta Medical Center

Charlottesville

Sentara Martha Jefferson Medical Center

Sentara Norfolk General Hospital

Schwab, John Conrad, MD  
Bayview Physician Services, PC  
676 Kingsborough Square Suite B  
Chesapeake, VA 23320  
(757) 455-9036  
Hospital Affiliations:  
Schwab, John Conrad, MD

Winchester

Sierra, Richard D., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Wong, Jim, MD  
CARILION MEDICAL CENTER  
2900 Lamb Cir  
Christianburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
Wong, Jim, MD

Optima Direct Network Providers 9/2019
<table>
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<tr>
<th>Specialist</th>
<th>Practice Name</th>
<th>Address</th>
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<tr>
<td>Wade, James S., MD</td>
<td>Infectious Disease Associates of Central Virginia, LLC</td>
<td>4500 Riverside Dr Suite B, Danville, VA 24541</td>
<td>(434) 947-3944</td>
<td>VCU Health System/MCV, Centra Virginia Baptist Hospital, Centra Lynchburg General Hospital, Sentara RMH Medical Center</td>
</tr>
<tr>
<td>Brown, Johanna P., MD</td>
<td>Infectious Disease Associates of Central Virginia, LLC</td>
<td>4500 Riverside Dr Suite B, Danville, VA 24541</td>
<td>(434) 947-3944</td>
<td>VCU Health System/MCV, Centra Virginia Baptist Hospital, Centra Lynchburg General Hospital, Sentara RMH Medical Center</td>
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<tr>
<td>Ayensu, Thelma, MD</td>
<td>Infectious Disease Associates of Central Virginia, LLC</td>
<td>4500 Riverside Dr Suite B, Danville, VA 24541</td>
<td>(434) 947-3944</td>
<td>VCU Health System/MCV, Centra Virginia Baptist Hospital, Centra Lynchburg General Hospital, Sentara RMH Medical Center</td>
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<tr>
<td>Nichols, Kensley, MD</td>
<td>Infectious Disease Associates of Central Virginia, LLC</td>
<td>4500 Riverside Dr Suite B, Danville, VA 24541</td>
<td>(434) 947-3944</td>
<td>VCU Health System/MCV, Centra Virginia Baptist Hospital, Centra Lynchburg General Hospital, Sentara RMH Medical Center</td>
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<td>(434) 947-3944</td>
<td>VCU Health System/MCV, Centra Virginia Baptist Hospital, Centra Lynchburg General Hospital, Sentara RMH Medical Center</td>
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<tr>
<td>Baroco, Allison, MD</td>
<td>Augusta Health Infectious Disease</td>
<td>22 North Medical Park Drive, Fishersville, VA 22939</td>
<td>(540) 213-2630</td>
<td>Infectious Diseases Tropical Medicine, Infectious Diseases &amp; Travel Medicine Consultants, Augusta Health Infectious Disease Medicine &amp; Travel Clinic, Infectious Diseases Tropical Medicine Consultants of No VA</td>
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<tr>
<td>Baroco, Allison, MD</td>
<td>Augusta Health Infectious Disease</td>
<td>44035 Riverside Parkway Suite 440, Leesburg, VA 20176</td>
<td>(703) 858-9966</td>
<td>Infectious Diseases Tropical Medicine, Infectious Diseases &amp; Travel Medicine Consultants, Augusta Health Infectious Disease Medicine &amp; Travel Clinic, Infectious Diseases Tropical Medicine Consultants of No VA</td>
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<tr>
<td>Assefa, Daniel A., MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>4000 Coliseum Dr Ste 310, Hampton, VA 23666</td>
<td>(757) 827-2300</td>
<td>Infectious Diseases Tropical Medicine, Infectious Diseases &amp; Travel Medicine Consultants, Augusta Health Infectious Disease Medicine &amp; Travel Clinic, Infectious Diseases Tropical Medicine Consultants of No VA</td>
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<td>Baroco, Allison, MD</td>
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<td>(703) 858-9966</td>
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<td>Assefa, Daniel A., MD</td>
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<td>Baroco, Allison, MD</td>
<td>Augusta Health Infectious Disease</td>
<td>44035 Riverside Parkway Suite 440, Leesburg, VA 20176</td>
<td>(703) 858-9966</td>
<td>Infectious Diseases Tropical Medicine, Infectious Diseases &amp; Travel Medicine Consultants, Augusta Health Infectious Disease Medicine &amp; Travel Clinic, Infectious Diseases Tropical Medicine Consultants of No VA</td>
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**Optima Direct Network Providers 9/2019**
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<td>Aron, Upasna M, MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>850 Kempsville Rd Ste 100F Norfolk, VA 23502</td>
<td>(757) 261-5910</td>
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<tr>
<td>Gentz, Mark A, DO</td>
<td>EVMS Medical Group</td>
<td>825 Fairfax Ave Suite 572 Norfolk, VA 23507</td>
<td>(757) 446-8999</td>
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<tr>
<td>Bearman, Gonzalo, MD</td>
<td>EVMS Medical Group</td>
<td>825 Fairfax Ave Suite 572 Norfolk, VA 23507</td>
<td>(757) 446-8999</td>
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<tr>
<td>Ali, Mir Akbar, MD</td>
<td>Infectious Diseases &amp; Epidemiology</td>
<td>PC 4720 Puddledock Road Suite 120 Prince George, VA 23875</td>
<td>(804) 446-1959</td>
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<tr>
<td>Petersburg</td>
<td>EVMS Medical Group</td>
<td>825 Fairfax Ave Suite 572 Norfolk, VA 23507</td>
<td>(757) 446-8999</td>
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<td>Bearman, Gonzalez, MD</td>
<td>MCV Associated Physicians (Infectious Disease)</td>
<td>417 N 11th St Richmond, VA 23298</td>
<td>(804) 828-7700</td>
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<tr>
<td>Stott, Geraldine A., MD</td>
<td>EVMS Medical Group</td>
<td>825 Fairfax Ave Suite 572 Norfolk, VA 23507</td>
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<tr>
<td>Hawkes, Clifton, MD</td>
<td>Southside Physician Network LLC</td>
<td>200 Medical Park Blvd Petersburg, VA 23805</td>
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<td>Ali, Mir Akbar, MD</td>
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<td>Southside Physician Network LLC</td>
<td>200 Medical Park Blvd Petersburg, VA 23805</td>
<td>(804) 765-5766</td>
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</table>
Specialists - Tier 1

Woldegabriel, Elias N., MD  
Lewis-Gale Physicians, LLC  
1802 Braburn Drive  
Salem, VA 24153  
(540) 772-3407

Hospital Affiliations:  
Lewis-Gale Medical Center

Amare, Rahel T., MD  
Sentara Infectious Disease Specialists (SMG)  
2790 Godwin Blvd Ste 240  
Suffolk, VA 23434  
(757) 934-4550

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center  
LaRocco, Jr., Anthony, MD  
Sentara Infectious Disease Specialists (SMG)  
2790 Godwin Blvd Ste 240  
Suffolk, VA 23434  
(757) 934-4550

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center

Ly, Tam T., MD  
Fauquier Physician Practices LLC  
550 Hospital Drive  
Warrenton, VA 20186  
(540) 316-5940

Hospital Affiliations:  
Fauquier Hospital

Amare, Rahel T., MD  
Sentara Infectious Disease Specialists (SMG)  
500 Sentara Circle Ste 100A  
Williamsburg, VA 23188  
(757) 964-9830

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Nichols, Keith, MD  
Center for Vein Restoration MD LLC  
3700 Joseph Siewick Drive Suite 207  
Fairfax, VA 22033  
(877) 345-7227  
8316 Arlington Blvd Suite 515  
Fairfax, VA 22031  
(877) 345-7227

Hospital Affiliations:  
Virginia Diabetes and Endocrinology PC

Nichols, Keith, MD  
Center for Vein Restoration MD LLC  
211 Park Hill Drive Suite B  
Fredericksburg, VA 22401  
(877) 345-7227

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Giles Community Hospital)

Nichols, Keith, MD  
Center for Vein Restoration MD LLC  
211 Park Hill Drive Suite B  
Fredericksburg, VA 22401  
(877) 345-7227

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Gazette Community Hospital)

Nichols, Keith, MD  
Center for Vein Restoration MD LLC  
1870 Amherst Street Suite 1 E  
Winchester, VA 22601  
(540) 678-2800

Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Jasty, Prasanthi, MD  
Valley Health Infectious Diseases  
333 West Cork Street Suite 720  
Winchester, VA 22601  
(540) 536-8928

Hospital Affiliations:  
Winchester Medical Center

Smith, Connie L., MD  
Infectious Disease Specialists  
20 South Stewart Street, Suite 200  
Winchester, VA 22601  
(540) 313-4338

Hospital Affiliations:  
Winchester Medical Center

Woldegabriel, Elias N., MD  
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(540) 772-3407

Hospital Affiliations:  
Lewis-Gale Medical Center

Amare, Rahel T., MD  
Sentara Infectious Disease Specialists (SMG)  
2790 Godwin Blvd Ste 240  
Suffolk, VA 23434  
(757) 934-4550

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center

Ly, Tam T., MD  
Fauquier Physician Practices LLC  
550 Hospital Drive  
Warrenton, VA 20186  
(540) 316-5940

Hospital Affiliations:  
Fauquier Hospital

Amare, Rahel T., MD  
Sentara Infectious Disease Specialists (SMG)  
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Williamsburg, VA 23188  
(757) 964-9830

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

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Fairfax, VA 22033  
(877) 345-7227  
8316 Arlington Blvd Suite 515  
Fairfax, VA 22031  
(877) 345-7227

Hospital Affiliations:  
Virginia Diabetes and Endocrinology PC

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Center for Vein Restoration MD LLC  
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Fredericksburg, VA 22401  
(877) 345-7227

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Giles Community Hospital)

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Center for Vein Restoration MD LLC  
211 Park Hill Drive Suite B  
Fredericksburg, VA 22401  
(877) 345-7227

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Gazette Community Hospital)

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Center for Vein Restoration MD LLC  
1870 Amherst Street Suite 1 E  
Winchester, VA 22601  
(540) 678-2800

Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Jasty, Prasanthi, MD  
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333 West Cork Street Suite 720  
Winchester, VA 22601  
(540) 536-8928

Hospital Affiliations:  
Winchester Medical Center

Smith, Connie L., MD  
Infectious Disease Specialists  
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Winchester, VA 22601  
(540) 313-4338

Hospital Affiliations:  
Winchester Medical Center

Woldegabriel, Elias N., MD  
Lewis-Gale Physicians, LLC  
1802 Braburn Drive  
Salem, VA 24153  
(540) 772-3407

Hospital Affiliations:  
Lewis-Gale Medical Center

Optima Direct Network Providers 9/2019 353
Specialists - Tier 1

Falls Church
Burris II, Alfred C., MD
Augusta Health Cardiology
78 Medical Center Drive
Fishersville, VA 22939
(540) 245-7080
Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center
Jafir, Ahsan Q., DO
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898
Hospital Affiliations:
- Faquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Fishersville
Gill, Kanwar Iqbal S., MD
Augusta Health Cardiology
78 Medical Center Dr., Heart & Vascular Center
Fishersville, VA 22939
(540) 245-7080
Hospital Affiliations:
- Augusta Medical Center
Hashim, Hayder, MD
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Hospital Affiliations:
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Karimian, Siyamak, MD
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Hospital Affiliations:
- Augusta Medical Center
- Bon Secours St. Francis Medical Center
- Bon Secours St. Mary's Hospital
Prahash, Arun, MD
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(540) 245-7080
Hospital Affiliations:
- Augusta Medical Center
- Sentara Martha Jefferson Hospital

Willis, Scott, MD
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Yorkoni, Alon, MD
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- Augusta Medical Center

Fredericksburg
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Polaris Heart & Vascular, PLLC
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(855) 739-9953
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Mary Washington Hospital (MWH)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV
Chanda, Arijit, MD
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9530 Cosner Drive Suite 200
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Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Spotsylvania Regional Medical Center
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Hospital Affiliations:
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Hospital Affiliations:
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- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV

Front Royal
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Valley Health Warren Memorial Hospital Multispecialty Clinic
1077 N Shenandoah Ave Suite B
Front Royal, VA 22630
(540) 636-0627
Warren Memorial Hospital, Inc.
1000 N Shenandoah Avenue
Front Royal, VA 22630
(540) 636-4300
1077 N Shenandoah Avenue
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
- Sentara RMH Medical Center

Gainesville
Jafir, Ahsan Q., DO
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7130 Heritage Valley Plaza Ste 102
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(703) 369-5959
Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Galax
Noureddine, Nizar D., MD
NMG Affiliate Practice I, LLC
813 West Stuart Dr
Galax, VA 24333
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Hardy
Mirza, Mohd Ayoub, MD
CARLISON MEDICAL CENTER
35 Medical Ctr
Hardy, VA 24101
(540) 581-0254
Hospital Affiliations:
- Carroll New River Valley Medical Center
- Carroll Roanoke Memorial Hospital

Harrisonburg
Allana, Salman S., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5555
Hospital Affiliations:
- Sentara RMH Medical Center

Haymarket
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15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Lexington
Mirza, Mohd Ayoub, MD
CARLISON MEDICAL CENTER
1 Health Cir
Lexington, VA 24450
Hospital Affiliations:
- Carroll New River Valley Medical Center
- Carroll Roanoke Memorial Hospital

Prahash, Arun, MD
Augusta Health Cardiology
30 Greenhouse Rd
Lexington, VA 24450
(540) 464-3465
Hospital Affiliations:
- Augusta Medical Center
- Sentara Martha Jefferson Hospital

Williams, Eric, MD
Carilion Stonewall Jackson Hospital
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Lexington, VA 24450
(540) 463-9141

Low Moor
Shapira, Shmuel, MD
Lewis-Gale Physicians, LLC
1 ARH Lane Suite 300
Low Moor, VA 24457
(540) 772-3430
Hospital Affiliations:
- Lewis-Gale Medical Center
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Portsmouth
Venkatesan, Jayaraman, MD
Cardiology Associates (Maryview Hospital)
301 Goode Way Suite 102
Portsmouth, VA 23704
(757) 399-2639
Hospital Affiliations:
Bon Secours Maryview Medical Center

Prince George
Kumar, Ashwani, MD
Virginia Cardiovascular Specialists
4700 Puddledock Road Suite 400
Prince George, VA 23875
(804) 458-1740
Hospital Affiliations:
Southside Regional Medical Center

Richmond
Abouzaki, Nayef A, MD
MCV Associated Physicians (Cardiology)
417 N 11th Street
Richmond, VA 23298
(804) 628-4327
Hospital Affiliations:
VCU Health System/MCV

Roanoke
Foerst, Jason R., MD
CARLION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
9000 Stony Point Parkway
Richmond, VA 23235
(804) 628-4327
Kumar, Ashwani, MD
Virginia Cardiovascular Specialists
173 Wadsworth Drive
Richmond, VA 23236
(804) 323-5011
Hospital Affiliations:
Southside Regional Medical Center

Salem
Shapira, Shmuel, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center

Stafford
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125 Hospital Center Suite 307
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(855) 739-9953
Polaris Heart & Vascular, PLLC
125 Hospital Center Suite 307
Stafford, VA 22554
(855) 739-9953
Hospital Affiliations:
CARLION MEDICAL CENTER

Rocky Mount
Mirza, Mohd Ayoub, MD
CARLION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Shapira, Shmuel, MD
Lewis-Gale Physicians, LLC
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(540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center

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Polaris Heart & Vascular, PLLC
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Stafford, VA 22554
(855) 739-9953
Hospital Affiliations:
CARLION MEDICAL CENTER

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180 Floyd Ave
Rocky Mount, VA 24151
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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
CARLION MEDICAL CENTER

Rocky Mount
Mirza, Mohd Ayoub, MD
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180 Floyd Ave
Rocky Mount, VA 24151
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Rocky Mount
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Hospital Affiliations:
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Hospital Affiliations:
CARLION MEDICAL CENTER
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Suffolk
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Suffolk, VA 23434
(757) 539-0444
Hospital Affiliations:
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Tazewell
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Tazewell, VA 24651

Warrenton
Burris II, Alfred C., MD
NMG Affiliate Practice I, LLC
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Warrenton, VA 20186
(540) 347-9898
Hospital Affiliations:
Novant Health UVa Health System
Haymarket Medical Center
Novant Health UVa Health System
Prince William Medical Center
Jafir, Ahsan Q., DO
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380 Hospital Drive
Warrenton, VA 20186
(540) 347-9898
Prince William Cardiology Associates
380 Hospital Dr
Warrenton, VA 20186
(540) 347-9898
Hospital Affiliations:
Fauquier Hospital
Novant Health UVa Health System
Haymarket Medical Center
Novant Health UVa Health System
Prince William Medical Center

Williamsburg
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1162 Professional Drive
Williamsburg, VA 23188
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Winchester
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190 Campus Blvd Ste 201
Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center
Barrett, Brandon, MD
Winchester Cardiology and Vascular Medicine
190 Campus Blvd Ste 201
Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center
Brown, James, MD
Winchester Cardiology and Vascular Medicine
190 Campus Blvd Ste 201
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Call, Jason, MD
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Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
War Memorial Hospital Inc
Winchester Medical Center
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Winchester, VA 22601
(540) 662-0306
Hospital Affiliations:
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Renzl, Randolph, MD
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Woodbridge
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2280 Opitz Boulevard Suite 310
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Charlottesville
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600 Peter Jefferson Parkway # 290
Charlottesville, VA 22911
(434) 977-4488
Hospital Affiliations:
University of Virginia Medical Center
Thigaarajah, Siva, MD
Siva Thigaarajah, MD
1101 East Jefferson Street Ste 4
Charlottesville, VA 22902
(434) 979-2121
600 Peter Jefferson Parkway Ste 4
Charlottesville, VA 22911
(434) 979-2121
Hospital Affiliations:
Centra Lynchburg General Hospital
Central Virginia Baptist Hospital

Colonial Heights
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Commonwealth Perinatal Services LLC
300A Temple Lake Drive Suite 4
Colonial Heights, VA 23834
(804) 504-0173
Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus

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McLaren, Rodney A, MD
Loudoun Medical Group PC
10400 Eaton Place Suite 430
Fairfax, VA 22030
(703) 277-9510
Hospital Affiliations:
Virginia Hospital Center

Fredericksburg
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Bldg Ste 310
Fredericksburg, VA 22408
(804) 504-0173
Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus

St. Mary's Hospital

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300A Temple Lake Drive Suite 4
Colonial Heights, VA 23834
(804) 504-0173
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Winchester
Polaris Heart & Vascular, PLLC
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Woodbridge, VA 22191
(571) 395-2341
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Mary Washington Hospital (MWI)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System

Bon Secours Mary Immaculate Hospital
Mary Washington Hospital (MWI)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System

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(855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWI)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System

Maternal-Fetal Medicine

Fredericksburg

Suffolk
Optima Direct Network Providers 9/2019
357
Optima Health
Specialists - Tier 1

Dhillon, Pushpinder, MD  
Maternal Fetal Specialists  
412 Cambridge Street  
Frederickburg, VA 22404  
(540) 373-7668

Hospital Affiliations:  
Mary Washington Hospital  
Stafpod Hospital Center

Fuller, Robert, MD  
Maternal Fetal Medicine of Central Virginia LLC  
1101 Sam Perry Blvd Ste 319  
Frederickburg, VA 22401  
(540) 741-3260

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
St. Mary's Hospital

Love, Rodrick N., MD  
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(804) 417-9020

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippenham Medical Center  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Ramus, Ronald, MD  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

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(804) 417-9020

Hospital Affiliations:  
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Bon Secours St. Marys Hospital  
Chippenham Medical Center  
Henrico Doctors' Hospital - Forest Campus

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Fuller, Robert, MD  
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Bon Secours Mary Immaculate Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
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Newport News

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Thurman, Andrea R., MD
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Newport News, VA 23602
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Richmond

Mlynarczyk, Malgorzata, MD
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Hospital Affiliations:
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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Sentara Virginia Beach General Hospital

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825 Fairfax Ave Ste 310
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Hospital Affiliations:
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Norfolk, VA 23507
(757) 446-7900

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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7101 Jahneke Road
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Chippewa Medical Center/Johnston-Williams Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

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(804) 287-7650
MCV Associated Physicians (OB/GYN)
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(804) 828-4409

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Chippewa Medical Center/Johnston-Williams Hospital
Henrico Doctors’ Hospital - Forest Campus
Mary Washington Hospital (MWI)
Stafford Hospital Center
VCU Health System/MCV

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(804) 323-8187
7601 Forest Avenue Ste 336
Richmond, VA 23229
(804) 320-2751

Hospital Affiliations:
Chippewa Medical Center/Johnston-Williams Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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(804) 320-3911

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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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Bon Secours Perinatal Center
5855 Bremo Rd Ste 306 MOB North
Richmond, VA 23226
(804) 287-7650
## Specialists - Tier 1

### Harrisonburg

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kheyfets, Veronica, MD</td>
<td>Sentara RMH Medical Center</td>
</tr>
<tr>
<td>White, Jeffrey D., MD</td>
<td>2008 Health Campus Dr 1st Floor Harrisonburg, VA 22801 (540) 689-7000</td>
</tr>
<tr>
<td>Rajendra, Rangappa, MD</td>
<td></td>
</tr>
<tr>
<td>Moraes Jr., Manoel, MD</td>
<td></td>
</tr>
<tr>
<td>Downs, John C, MD</td>
<td>Bon Secours Rich Comm Hosp! Cancer Inst Med Oncology at Mem Regal</td>
</tr>
<tr>
<td></td>
<td>101 Harris Road Kilmarnock, VA 22482 (804) 435-8583</td>
</tr>
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### Kilmarnock

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Mehta, Manan S, MD</td>
<td>Bon Secours Oncology Specialists (Maryview Hospital)</td>
</tr>
<tr>
<td>Lee, Michael E., MD</td>
<td>Virginia Oncology Associates 5900 Lake Wright Drive Norfolk, VA 23502 (757) 466-8683</td>
</tr>
<tr>
<td>Hospital Affiliations</td>
<td>Bon Secours DePaul Medical Center Inc</td>
</tr>
</tbody>
</table>

### Lansdowne

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
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</thead>
<tbody>
<tr>
<td>Morae Jr., Manoel, MD</td>
<td>Oncology Hematology of Loudoun &amp; Reston</td>
</tr>
<tr>
<td></td>
<td>44055 Riverside Parkway Suite 224 Lansdowne, VA 20176 (703) 858-3110</td>
</tr>
<tr>
<td>Hospital Affiliations</td>
<td>Reston Hospital Center</td>
</tr>
</tbody>
</table>

### Leesburg

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Irwin, Amy, MD</td>
<td>Virginia Cancer Specialists, P.C. 44055 Riverside Parkway Suite 300 Leesburg, VA 20176 (703) 554-6800</td>
</tr>
<tr>
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<td>&quot;</td>
</tr>
</tbody>
</table>

### Manassas

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Khosravi, Hamed, MD</td>
<td>Northern Virginia Hematology Oncology Associates PC 8140 Ashton Avenue Suite 105 Manassas, VA 20109 (703) 396-9000</td>
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<tr>
<td>Hospital Affiliations</td>
<td>Novant Health UVA Health System Prince William Medical Center</td>
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### Marion

<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
</tr>
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<tbody>
<tr>
<td>Hansen, Christopher J., DO</td>
<td>Blue Ridge Cancer Care 1020 Terrace Drive Ste 202 Marion, VA 24354 (276) 781-1400</td>
</tr>
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### Midlothian

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<tbody>
<tr>
<td>Samdani, Attique, MD</td>
<td>Virginia Oncology &amp; Hematology, PC 14051 St Francis Blvd Ste 1200 Midlothian, VA 23114 (804) 378-0394</td>
</tr>
<tr>
<td>Hospital Affiliations</td>
<td>Bon Secours St. Mary's Hospital Chippenham Medical Center/</td>
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<td>Johnswill Hospital - Forest Campus</td>
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<td>Henrico Doctors' Hospital - Retreat Campus - St. Mary's Hospital</td>
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### Newport News

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<tbody>
<tr>
<td>Chang, David Z., MD</td>
<td>Virginia Oncology Associates 1051 Lofts Boulevard Suite 100 Newport News, VA 23606 (757) 873-9400</td>
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<tr>
<td>Hospital Affiliations</td>
<td>Bon Secours Mary Immaculate Hospital</td>
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### Norfolk

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<tr>
<td>Aruch, Daniel B, MD</td>
<td>Virginia Oncology Associates 5900 Lake Wright Drive Norfolk, VA 23502 (757) 466-8683</td>
</tr>
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<td>Hospital Affiliations</td>
<td>Sentara Princess Anne Hospital</td>
</tr>
<tr>
<td>Bremer, Celeste Ann T., MD</td>
<td>Virginia Oncology Associates 5900 Lake Wright Drive Norfolk, VA 23502 (757) 466-8683</td>
</tr>
<tr>
<td>Hospital Affiliations</td>
<td>Sentara Bayside Hospital Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Princess Anne Hospital Sentara Virginia Beach General Hospital</td>
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### Reston

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<tbody>
<tr>
<td>Rajendra, Rangappa, MD</td>
<td>Oncology Hematology of Loudoun &amp; Reston 1860 Town Center Drive Suite 225 Reston, VA 20190 (703) 858-3110</td>
</tr>
<tr>
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<td>Bon Secours DePaul Medical Center Inc</td>
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### Richmond

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<tbody>
<tr>
<td>Mcguire, William P, MD</td>
<td>MCV Associated Physicians (Hematology/Oncology) 1300 E Marshall Street Richmond, VA 23298 (804) 828-7999</td>
</tr>
<tr>
<td>Hospital Affiliations</td>
<td>VCU Health System/MCV</td>
</tr>
</tbody>
</table>
Samdani, Attique, MD
Virginia Oncology & Hematology, PC
1401 Johnston Willis Dr Ste 4200
Richmond, VA 23235
(804) 330-7990
Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Lee, Michael E., MD
Virginia Oncology Associates
1950 Glenn Mitchell Dr Ste 102
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(757) 368-0437
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Chang, David Z., MD
Virginia Oncology Associates
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(757) 229-2236
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Lee, Michael E., MD
Virginia Oncology Associates
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Williamsburg, VA 23188
(757) 229-2236
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Watson, Graham T., MD
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(757) 229-2236
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

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(703) 491-5600
Hospital Affiliations:
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Hansen, Kristopher J., DO
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(276) 228-7665

Bollerup, Edwin J., MD
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Glen Allen, VA 23060
(540) 374-4742
Hospital Affiliations:
- Children's Hospital of the King's Daughters

Scott, Jennifer R., MD
Children's Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-7456
Hospital Affiliations:
- Children's Hospital of the King's Daughters

Sequeira, Deryl C., MD
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(888) 627-4702
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Virginia Beach General Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Leigh Hospital

Franz, Gregory B., MD
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Bremer, Celeste Ann T., MD
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(888) 627-4702
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Vibra Hospital of Richmond
Dr. Bollerup specializes in pediatric oncology.

Bass, William T., MD
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500 Discovery Dr Ste 301
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Cronin, Julia A., MD
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Hospital Affiliations:
Name Not Available

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Martires, Jemma Charity L, MD
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McArtor, ROBER, MD
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Suchon, Gregory P., MD
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Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Obici Hospital

Santos Heydarian, Rosemarie A., MD
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Shah, Tushar A., MD
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Siepanovich, Gretchen, MD
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Settineri, Susan M., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

VCU Health System/VCV

Abdallah, Adel, MD
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Hospital Affiliations:
VCU Health System/VCV

Al-Mateen, Kevin Bakker, MD
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Hospital Affiliations:
Children's Specialty Group/MMC
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

VCU Health System/VCV - West

Astoria, Mark T., MD
MCV Associated Physicians (Neonatology) 7101 Jahneke Road Richmond, VA 23225 (804) 628-9918
Hospital Affiliations:
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Bhatt, Darshna C., DO
MCV Associated Physicians (Neonatology) 1250 E Marshall Street Richmond, VA 23298 (804) 828-2467
Hospital Affiliations:
Bon Secours St. Mary's Hospital VCU Health System/VCV

VCU Health System/VCV

Optima Direct Network Providers 9/2019 364
Carpenter, David T., MD  
Pediatrrix Medical Group PC  
2810 N Parham Rd Ste 250  
Richmond, VA 23294  
(804) 346-3535  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Mary's Hospital  
Sentara Virginia Beach General Hospital  
St. Mary's Hospital  

Chahin, Nayef, MD  
MCV Associated Physicians  
(Neonatology)  
1213 E Clay Street  
Richmond, VA 23298  
(804) 828-2467  

Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
VCU Health System/MCV  

Chaker El Khoury, Joseph, MD  
MCV Associated Physicians  
(Neonatology)  
1213 E Clay Street  
Richmond, VA 23298  
(804) 628-7337  

Chamer, Alison, MD  
MCV Associated Physicians  
(Neonatology)  
1250 E Marshall Street  
Richmond, VA 23298  
(804) 628-7337  

Farhi, Raymond S., MD  
Pediatrrix Medical Group PC  
1401 Johnston-Willis Dr  
Richmond, VA 23235  
(804) 300-2000  
7101 Jahnke Rd  
Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center  

Majewski, Allen, MD  
Pediatrrix Medical Group PC  
7101 Jahnke Rd  
Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Mohammed, Tazuddin A., MD  
MCV Associated Physicians  
(Neonatology)  
1213 E Clay Street  
Richmond, VA 23298  
(804) 828-9964  

Hospital Affiliations:  
VCU Health System/MCV  

Moore, Russell, MD  
MCV Associated Physicians  
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1250 E Marshall Street  
Richmond, VA 23298  
(804) 828-9602  

Hospital Affiliations:  
VCU Health System/MCV  

Portal, Cynthia, MD  
Pediatrrix Medical Group PC  
1401 Johnston-Willis Dr  
Richmond, VA 23235  
(804) 323-8893  
7101 Jahnke Rd  
Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
VCU Health System/MCV  

Fox, Jenny, MD  
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Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
VCU Health System/MCV  

Greenberg, David, MD  
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Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
VCU Health System/MCV  

Hendricks-Munoz, Karen, MD  
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(Neonatology)  
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Johnson, Randall, MD  
Pediatrrix Medical Group PC  
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Richmond, VA 23225  
(804) 320-3911  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
VCU Health System/MCV  

Sequeira, Deryk C., MD  
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1401 Johnston Willis Drive  
Richmond, VA 23235  
(804) 828-2467  

Hospital Affiliations:  
Sentara Virginia Beach General Hospital  

Sinha, Anuj, MD  
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1906 Belleview Avenue  
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Slomuc, Christopher, MD  
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Szego, Ellen Z., MD  
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101 Elm Ave SE 6TH Fl  
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(540) 985-9840  

Hospital Affiliations:  
Mary Washington Hospital (MWJ)  

Roanoke  

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Binns-Loveman, Karen, MD  
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(540) 985-8000  

Gallagher, John, MD  
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Johnson, Randall, MD  
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(540) 985-8000  

Krell, Linda, MD  
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(540) 985-8000  

Patel, Hirenkumar, MD  
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1906 Belleview Avenue  
Roanoke, VA 24029  
(540) 985-8000  

Peregrino, Manuel, MD  
Pediatrrix Medical Group PC  
1906 Belleview Avenue  
Roanoke, VA 24029  
(540) 985-8000  

Specialists - Tier 1  

Optima Direct Network Providers 9/2019 365  
OptimaHealth
### Alexandria

<table>
<thead>
<tr>
<th>Nephrology Associates of Northern Virginia, Inc</th>
</tr>
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<tbody>
<tr>
<td>5605 King Centre Drive Ste 105</td>
</tr>
<tr>
<td>Alexandria, VA 22315</td>
</tr>
<tr>
<td>(703) 961-0488</td>
</tr>
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**Hospital Affiliations:**
- Inova Fair Oaks Hospital
- Inova Fairfax Hospital
- Novant Health UVA Health System
- Prince William Medical Center

### Arlington

<table>
<thead>
<tr>
<th>Virginia Nephrology Group</th>
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<tbody>
<tr>
<td>1635 N George Mason Dr Ste 215</td>
</tr>
<tr>
<td>Arlington, VA 22205</td>
</tr>
<tr>
<td>(703) 841-4707</td>
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**Hospital Affiliations:**
- Virginia Hospital Center - Arlington

### Bowling Green

<table>
<thead>
<tr>
<th>Fredericksburg Nephrology Associates Inc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>102 W Broadus Ave</td>
</tr>
<tr>
<td>Bowling Green, VA 22427</td>
</tr>
<tr>
<td>(540) 898-4056</td>
</tr>
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**Hospital Affiliations:**
- Healthsouth Rehabilitation
- Hospital of Virginia
- Mary Washington Hospital (MWH)
- Spotsylvania Regional Medical Center
- Stafford Hospital Center

### Charlottesville

<table>
<thead>
<tr>
<th>Sentara Martha Jefferson Medical and Surgical Associates</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 Martha Jefferson Drive</td>
</tr>
<tr>
<td>Charlottesville, VA 22911</td>
</tr>
<tr>
<td>(434) 654-5260</td>
</tr>
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</table>

**Hospital Affiliations:**
- Fauquier Hospital
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Martha Jefferson Hospital
- UVA Culpeper Hospital

### Nephrology

#### Abingdon

<table>
<thead>
<tr>
<th>Richmond Nephrology Associates, Inc.</th>
</tr>
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<tbody>
<tr>
<td>15151 Patrick Henry Hwy</td>
</tr>
<tr>
<td>Amelia, VA 23002</td>
</tr>
<tr>
<td>(804) 561-6000</td>
</tr>
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</table>

**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest
  Campus
- Henrico Doctors' Hospital - Retreat
  Campus
- Sheltering Arms Rehabilitation
  Hospital
- St. Mary's Hospital

#### Amelia

<table>
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<tr>
<th>Richmond Nephrology Associates, Inc.</th>
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<tbody>
<tr>
<td>15151 Patrick Henry Hwy</td>
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<tr>
<td>Amelia, VA 23002</td>
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**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest
  Campus
- Henrico Doctors' Hospital - Retreat
  Campus
- Sheltering Arms Rehabilitation
  Hospital
- St. Mary's Hospital

#### Abingdon

<table>
<thead>
<tr>
<th>Blue Ridge Medical Management Corporation</th>
</tr>
</thead>
<tbody>
<tr>
<td>16000 Johnston Memorial Dr Suite</td>
</tr>
<tr>
<td>Amelia, VA 23002</td>
</tr>
<tr>
<td>(276) 258-1985</td>
</tr>
</tbody>
</table>

**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest
  Campus
- Henrico Doctors' Hospital - Retreat
  Campus
- Sheltering Arms Rehabilitation
  Hospital
- St. Mary's Hospital

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<tr>
<td>Amelia, VA 23002</td>
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<td>(276) 258-1985</td>
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**Hospital Affiliations:**
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- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest
  Campus
- Henrico Doctors' Hospital - Retreat
  Campus
- Sheltering Arms Rehabilitation
  Hospital
- St. Mary's Hospital

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</table>

**Hospital Affiliations:**
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest
  Campus
- Henrico Doctors' Hospital - Retreat
  Campus
- Sheltering Arms Rehabilitation
  Hospital
- St. Mary's Hospital

### Optima Direct Network Providers 9/2019

- **OptimaHealth**

**Hospital Affiliations:**
- Healthsouth Rehabilitation
- Hospital of Virginia
- Mary Washington Hospital (MWH)
- Spotsylvania Regional Medical Center
- Stafford Hospital Center

**Hospital Affiliations:**
- Fauquier Hospital
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Martha Jefferson Hospital
- UVA Culpeper Hospital

**Hospital Affiliations:**
- Augusta Health Hospitalists
  Sentara Martha Jefferson Hospital

---

**Specialists - Tier 1**
Chesapeake
Alrabadi, Anmar N., MD
Nephrology Associates of Tidewater, Ltd.
300 Medical Parkway Ste 222
Chesapeake, VA 23320
(757) 436-5544
Hospital Affiliations:
Sentara Princess Anne Hospital

Curley, Timothy Martin, MD
Nephrology Associates of Tidewater, Ltd.
300 Medical Parkway Ste 222
Chesapeake, VA 23320
(757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Hussein, Usama T., MD
Nephrology Associates of Tidewater, Ltd.
300 Medical Parkway Ste 222
Chesapeake, VA 23320
(757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Lehinski, Steven V., MD
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(757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Southampton Memorial Hospital
Grassia, Michael, MD
Nephrology Associates of Tidewater, Ltd.
300 Medical Parkway Ste 222
Chesapeake, VA 23320
(757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Huang, Liwei E, MD
Tidewater Kidney Specialists
300 Medical Parkway Suite 110
Chesapeake, VA 23320
(757) 623-0005
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Martha Jefferson Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Zydlewski, Anthony W., MD
Nephrology Associates of Tidewater, Ltd.
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Chesapeake, VA 23320
(757) 436-5544
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Optima Direct Network Providers 9/2019 367
Specialists - Tier 1

Naveed, Sajid, MD
Colonial Kidneycare Specialists, PC
3601 Boulevard Suite C
Colonial Heights, VA 23834
(804) 504-0068
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Southside Regional Medical Center

Sood, Vineeta, MD
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3601 Boulevard Suite C
Colonial Heights, VA 23834
(804) 504-0068
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Southside Regional Medical Center

Kornetsky, Kenneth M., MD
Bluemont Nephrology Associates
420 Southridge Parkway Suite 102
Culpeper, VA 22701
(540) 347-5696
Hospital Affiliations:
Fauquier Hospital
UVA Culpeper Hospital

Titus, Rebin Thomas, MD
Southside Urology & Nephrology
Clinic (Hamilton Blvd)
1040 Main Street
Danville, VA 24541
(540) 347-5696
Hospital Affiliations:
Fauquier Hospital
UVA Culpeper Hospital

Danville

Baveja, Namrita, MD
Southside Urology & Nephrology
(Danville Urologic Clinic Inc)
1040 Main Street
Danville, VA 24541
(540) 347-5696
Hospital Affiliations:
Halifax Memorial Hospital
SOVAH Health - Danville

Assefi, Ali, MD
Nephrology Associates of Northern Virginia, Inc
13135 Lee Jackson Memorial Hwy
Ste 135
Fairfax, VA 22033
(703) 961-0488
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital
Inova Mount Vernon Hospital
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Cheriyen, Ranjit K., MD
Virginia Nephrology Group
3930 Walnut St Suite 101
Fairfax, VA 22030
(703) 246-9246
Hospital Affiliations:
Virginia Hospital Center - Arlington

Dhalaj, Kourosh, MD
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1860 Town Center Dr 255
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(703) 961-0488
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Fairfax, VA 22301
(703) 961-0488
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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(703) 961-0488
Hospital Affiliations:
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Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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8316 Arlington Blvd Suite 104
Fairfax, VA 22031
(703) 560-1313
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Musio, Franco, MD
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(703) 961-0488
8501 Arlington Blvd Ste 100
Fairfax, VA 22301
(703) 961-0488
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Culpeper

Akintide, Adedoyin G., MD
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Inova Alexandria Hospital
John Randolph Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Shenandoah Memorial Hospital Inc
Spotsylvania Regional Medical Center
Warren Memorial Hospital, Inc.

Chander, Nivedita, MD
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420 Southridge Parkway Suite 102
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Hospital Affiliations:
Fauquier Hospital
UVA Culpeper Hospital

Manoharan, Anup, MD
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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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8316 Arlington Blvd Suite 104
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Hospital Affiliations:
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Inova Fairfax Hospital
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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(703) 961-0488
8501 Arlington Blvd Ste 100
Fairfax, VA 22301
(703) 961-0488
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Optima Direct Network Providers 9/2019 368
## Specialists - Tier 1

### Farmville

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>McCune, Thomas R., MD</td>
<td>Nephrology Associates of Tidewater, Ltd.</td>
<td>1333 Armory Dr, Franklin, VA 23851</td>
<td>(757) 462-2848</td>
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### Franklin

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<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address</th>
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<tbody>
<tr>
<td>Alrabadi, Anmar N., MD</td>
<td>Nephrology Associates of Tidewater, Ltd.</td>
<td>1333 Armory Dr, Franklin, VA 23851</td>
<td>(757) 561-6181</td>
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### Southampton

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<td>Alrabadi, Anmar N., MD</td>
<td>Nephrology Associates of Tidewater, Ltd.</td>
<td>1333 Armory Dr, Franklin, VA 23851</td>
<td>(757) 561-6181</td>
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### Fredericksburg

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<tr>
<td>Smith, Stanley B., MD</td>
<td>Nephrology Associates of Tidewater, Ltd.</td>
<td>1333 Armory Dr, Franklin, VA 23851</td>
<td>(757) 461-6181</td>
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### Spotsylvania

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<th>Name</th>
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<tbody>
<tr>
<td>Sandhu, Ankur, MD</td>
<td>Fredericksburg Nephrology Associates Inc.</td>
<td>101 Park Hill Drive, Fredericksburg, VA 22401</td>
<td>(540) 371-3010</td>
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### Front Royal

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<tr>
<td>Arunagiri, Kousalya, MD</td>
<td>Kidney Specialists, PLLC</td>
<td>1360 N Shenandoah Ave, Front Royal, VA 22630</td>
<td>(304) 449-3778</td>
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### Winchester

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<tbody>
<tr>
<td>Barmar, Babak, MD</td>
<td>Kidney Specialists, PLLC</td>
<td>1360 N Shenandoah Ave, Front Royal, VA 22630</td>
<td>(304) 449-3778</td>
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**Hospital Affiliations:**
- Southside Regional Medical Center
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- John Randolph Medical Center
- Chippenham Medical Center/Johnston-Willis Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital
- Sentara Princess Anne Hospital
- Jefferson Memorial Hospital
- Berkeley Medical Center (City Hospital, Inc.)
Optima Direct Network Providers 9/2019 370

Specialists - Tier 1

Harrisonburg

Manteca, David L., MD
Peninsula Vascular Center PC
501 Butler Farm Rd Ste B
Hampton, VA 23666
(757) 766-6080

Nguyen, Hoang-hai N., MD
Peninsula Kidney Associates, PC
501 Butler Farm Rd Ste I
Hampton, VA 23666
(757) 251-7469

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Semret, Merfaye H., MD
Peninsula Kidney Associates, PC
501 Butler Farm Rd Ste I
Hampton, VA 23666
(757) 251-7469

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Si, Joanne C., MD
Peninsula Kidney Associates, PC
501 Butler Farm Rd Ste I
Hampton, VA 23666
(757) 251-7469

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Arthur, R Samuel, MD
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-5800

Hospital Affiliations:
Sentara RMH Medical Center

Haymarket

Akinide, Adedoyin G., MD
MG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Inova Alexandria Hospital
John Randolph Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Shenandoah Memorial Hospital Inc
Spotylvania Regional Medical Center

Sandhu, Ankur, MD
Fredericksburg Nephrology Associates Inc.
4008 East Parham Rd
Henrico, VA 23228
(540) 898-4056

Hospital Affiliations:
Healthsouth Rehabilitation Hospital of Virginia
Mary Washington Hospital (MWH)
Spotylvania Regional Medical Center
Stafford Hospital Center

Kinsel, Vicki, MD
Northern Neck Nephrology, PC
107 DMV Drive
Kilmarnock, VA 22482
(804) 435-2255

Hospital Affiliations:
Rappahannock General Hospital

King George

Canady, Robert, MD
Fredericksburg Nephrology Associates Inc.
4008 East Parham Rd
Henrico, VA 23228
(540) 898-4056

Hospital Affiliations:
Healthsouth Rehabilitation Hospital of Virginia
Mary Washington Hospital (MWH)
Spotylvania Regional Medical Center
Stafford Hospital Center
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<tr>
<td>Stafford Hospital Center</td>
<td>Sandhu, Ankur, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 10344 Indiantown Rd King George, VA 22485 (540) 371-3010</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Stafford Hospital Center</td>
<td>Turlapati, Lakshmi, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 10344 Indiantown Rd King George, VA 22485 (540) 371-3010</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Stafford Hospital Center</td>
<td>Fortune, Thomas, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 4122 Partnership Way Locust Grove, VA 22508 (540) 371-3010</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Stafford Hospital Center</td>
<td>Gertner, Randy, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 10344 Indiantown Rd King George, VA 22485 (540) 371-3010</td>
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<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Louisa</td>
<td>Canady, Robert, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 405 East Main Street Suite H Louisa, VA 23093 (540) 898-4056</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
</tr>
<tr>
<td>Louisa</td>
<td>Gertner, Randy, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 405 East Main Street Suite H Louisa, VA 23093 (540) 898-4056</td>
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<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Locust Grove</td>
<td>Canady, Robert, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 4122 Partnership Way Locust Grove, VA 22508 (540) 371-3010</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
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<tr>
<td>Locust Grove</td>
<td>Sandhu, Ankur, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 4122 Partnership Way Locust Grove, VA 22508 (540) 371-3010</td>
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<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
</tr>
<tr>
<td>Locust Grove</td>
<td>Turlapati, Lakshmi, MD</td>
<td>Fredericksburg Nephrology Associates Inc. 4122 Partnership Way Locust Grove, VA 22508 (540) 371-3010</td>
<td></td>
<td>Healthsouth Rehabilitation Hospital of Virginia Mary Washington Hospital (MWH) Spotsylvania Regional Medical Center Stafford Hospital Center</td>
</tr>
</tbody>
</table>
Officer, Thomas, MD  
Fredericksburg Nephrology Associates Inc.  
405 East Main Street Suite H  
Louisa, VA 23093  
(540) 898-4056

Hospital Affiliations:  
Healthsouth Rehabilitation Hospital of Virginia  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center  
Stafford Hospital Center

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Hospital Affiliations:  
Healthsouth Rehabilitation Hospital of Virginia  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center  
Stafford Hospital Center

Turlapati, Lakshmi, MD  
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(540) 898-4056

Hospital Affiliations:  
Healthsouth Rehabilitation Hospital of Virginia  
Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center  
Stafford Hospital Center

Lynchburg

Ashraf, Mohammed K, MD  
Lynchburg Nephrology Physicians PLLC  
2091 Langhorne Road  
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(434) 947-3954

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Awnah, Kwabena, MD  
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Lynchburg, VA 24501  
(434) 947-5992

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

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(434) 947-3954

Hospital Affiliations:  
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Centra Virginia Baptist Hospital

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Hospital Affiliations:  
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Hospital Affiliations:  
Centra Lynchburg General Hospital

Sharma, Arjun, MD  
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2091 Langhorne Road  
Lynchburg, VA 24501  
(434) 947-3954

Hospital Affiliations:  
Centra Lynchburg General Hospital

Manassas

Akitide, Adegoyin G., MD  
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8700 Sudley Road  
Manassas, VA 20110  
(703) 936-5292

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Pavilion Campus  
Henrico Doctors’ Hospital - Retreat Campus  
Inova Alexandria Hospital  
John Randolph Medical Center  
Novant Health UVA Health System - Haymarket Medical Center  
Novant Health UVA Health System - Prince William Medical Center  
Sentara Northern Virginia Medical Center  
Shenandoah Memorial Hospital  
Spotsylvania Regional Medical Center  
Warren Memorial Hospital, Inc.

Kim, Eugene H., MD  
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(703) 361-7341

Hospital Affiliations:  
Novant Health UVA Health System - Haymarket Medical Center  
Novant Health UVA Health System - Prince William Medical Center  
Sentara Northern Virginia Medical Center

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Hospital Affiliations:  
Novant Health UVA Health System - Haymarket Medical Center  
Novant Health UVA Health System - Prince William Medical Center  
Sentara Northern Virginia Medical Center

Wang, Gregory, MD  
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8405 Dorsey Circle Suite 102  
Manassas, VA 20110  
(703) 961-0488

Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fair Oaks Hospital  
Inova Mount Vernon Hospital  
Sentara Northern Virginia Medical Center

Marion

Annamaraju, Pavan, MD  
Blue Ridge Medical Management Corporation  
245 Medical Park Dr Suite B  
Marion, VA 24354  
(276) 258-1985

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
Centra Virginia Baptist Hospital  
Johnston Memorial Hospital

Kyi, Maung, MD  
Blue Ridge Medical Management Corporation (MSMG Nephrology)  
245 Medical Park Drive Ste B  
Marion, VA 24354  
(276) 258-1985

Hospital Affiliations:  
Johnson Memorial Hospital

Martinsville

George, Sajid Melvin, MD  
Physicians Care of Virginia, PC  
33 Bridge Street  
Martinsville, VA 24112  
(276) 638-1983

Hospital Affiliations:  
SOVAH Health - Martinsville

Sklar, Allan H., MD  
Valley Nephrology Associates  
1 East Market Street Suite C1  
Martinsville, VA 24112  
(276) 638-1983

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski  
LewisGale Medical Center

Titus, Rebin Thomas, MD  
Southside Urology & Nephrology Clinic (Hamilton Blvd)  
315 Hospital Drive Ste 202  
Martinsville, VA 24112  
(276) 638-7731

Hospital Affiliations:  
SOVAH Health - Martinsville
Specialists - Tier 1

**Mechanicsville**

Abou Assi, Walid G., MD  
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8400 N Run Medical Drive Suite 200  
Mechanicsville, VA 23116  
(804) 559-7298  

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Pamunkey Campus

Bedichek, Ellen G., MD  
Richmond Nephrology Associates, Inc.  
8266 Atlee Rd Ste 322  
Mechanicsville, VA 23116  
(804) 559-9757  

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

Keightley III, Gerald E., MD  
Nephrology Specialist, PC  
8400 Medical Run Drive Suite 200  
Mechanicsville, VA 23116  
(804) 559-7298  

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Bon Secours Stuart Circle Hospital  
Healthsouth Rehabilitation Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital of Richmond

McNeer, Mary E, MD  
Nephrology Specialist, PC  
8400 North Run Medical Drive  
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(804) 559-7298  

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Bon Secours Stuart Circle Hospital  
Healthsouth Rehabilitation Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital of Richmond

Nassawadox

Patel, Bhavesh M., MD  
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8400 N Run Medical Drive Suite 200  
Mechanicsville, VA 23116  
(804) 559-7298  

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital

Patel, Deep, MD  
Nephrology Specialist, PC  
8400 North Run Medical Drive  
Mechanicsville, VA 23116  
(804) 559-7298  

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital

Grassia, Michael, MD  
Nephrology Associates of Tidewater, Ltd.  
9500 Hospital Avenue  
Nassawadox, VA 23413  
(757) 442-9080  

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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

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Nephrology Associates of Tidewater, Ltd.  
9500 Hospital Avenue  
Nassawadox, VA 23413  
(757) 442-9080  

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Riverside Shore Memorial Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
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Sentara Virginia Beach General Hospital  
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Sentara Virginia Beach General Hospital  
Sentara Norfolk General Hospital  
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Sentara Virginia Beach General Hospital  
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
<table>
<thead>
<tr>
<th>Specialists - Tier 1</th>
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<tbody>
<tr>
<td><strong>Richmond</strong></td>
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Chesapeake Medical Center/Johnston-Willis Hospital  
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(804) 828-4104 |
| Haines, Scott, MD  
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| Hartle, Phillip, MD  
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Richmond Nephrology Associates, Inc.  
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Richmond, VA 23229  
Richmond, VA 23298  
(804) 828-4104 |
| **Prince George** |
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Mercy Memorial Hospital  
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Richmond, VA 23298  
Richmond, VA 23298  
Richmond, VA 23223  
Richmond, VA 23226 |
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Richmond, VA 23229  
Richmond, VA 23298  
Richmond, VA 23298  
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LewisGale Alleghany  
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Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

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Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center

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Inova Mount Vernon Hospital
Sentara Northern Virginia Medical Center

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(703) 763-5224
Hospital Affiliations:
Mary Washington Hospital (MWH)
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Shahin, Hassan, MD
Hospital Affiliations:
Inova Alexandria Hospital
Inova Mount Vernon Hospital
Sentara Northern Virginia Medical Center

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901 Plantation Rd Suite 2
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Witcher, Mark, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Young, Jacob, MD
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Gill III, Waltus H, MD
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Marvin, Eric, DO
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Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Augusta Medical Center

Bernard, Clark B, MD
Lee Berlad MD PC
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Willson, Crystl D., MD
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
1000 N Shenandoah Avenue
Front Royal, VA 22630
(540) 636-0300
Hospital Affiliations:
Shenandoah Memorial Hospital
In Winchester Medical Center

McAdams, Richard B., MD
Peninsula Neurosurgical Associates
2102 Executive Dr
Hampton, VA 23666
(757) 838-2266
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
<table>
<thead>
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<th>Location</th>
<th>Providers</th>
</tr>
</thead>
</table>
| Luray     | Willison, Cryst D., MD  
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market  
200 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Winchester Medical Center |
| Lynchburg | Gill III, Wal tus H, MD  
Centra Neurosurgery  
1901 Tate Springs Road  
Lynchburg, VA 24501  
(434) 947-3920  
2025 Tate Springs Road  
Lynchburg, VA 24501  
(434) 200-9009  
2138 Langhorne Rd  
Lynchburg, VA 24501  
(434) 947-3920  
2401 Atherholt Rd  
Lynchburg, VA 24501  
(434) 200-2900  
3300 Rivermont Ave  
Lynchburg, VA 24503  
(434) 200-2900  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Martinsville  
Elias, Zev, MD  
Carilion Neurosurgical Care  
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Entwistle, John, DO  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Fraser, John, MD  
Carilion Neurosurgical Care  
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(540) 343-4092  
Marvin, Eric, DO  
CARILION MEDICAL CENTER  
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(540) 224-5170  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
McCrory, Morris, MD  
Centra Medical Group, LLC  
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Martinsville, VA 24112  
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Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Olusunkanni, Adeolu, MD  
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Hospital Affiliations:  
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Simonds, Gary, MD  
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1107 Brookdale Street  
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(540) 343-4092  
Witcher, Mark, MD  
CARILION MEDICAL CENTER  
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Martinsville, VA 24112  
(540) 224-5170  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
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Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market  
9166 North Congress Street  
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(540) 459-1340  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Winchester Medical Center  
Newport News  
McAdam, Richard B., MD  
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Sentara CarePlex Hospital  
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Specialists - Tier 1

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Optima Direct Network Providers 9/2019 383
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Salem

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Sentara CarePlex Hospital
Sentara Leigh Hospital
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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Virginia Beach, VA 23454
(757) 395-8720
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Virginia Beach General Hospital

Koontz, Douglas R, MD
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Virginia Beach, VA 23454
(757) 395-8720
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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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(757) 490-4802
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Inc
Sentara Princess Anne Hospital

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(540) 450-0072
Hospital Affiliations:
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Sezniek, Lee A., MD
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Woodbridge

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Charles J. Azzam MD PC
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Hospital Affiliations:
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Woodstock

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Winchester Medical Center

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Neurology Clinic
213 North Main Street
Blackstone, VA 23824
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Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippewa Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus

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Bluefield, VA 24605
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Hospital Affiliations:
Bluefield Regional Medical Center

Zhu, Qingyan, MD
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15154 Carrollton Blvd Suite A
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Hospital Affiliations:
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Carrollton
Specialists - Tier 1

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Danville, VA 24540
(434) 799-4711

Hospital Affiliations:
SOVAH Health - Danville

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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital
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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital
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Southern Virginia Regional Medical Center

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Centra Southside Community Hospital
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Augusta Medical Center

Frederickburg

Abraham, Vinod, MD
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Frederickburg, VA 22407
(540) 242-4141

Hospital Affiliations:
Mary Washington Hospital (MWH)

Glen Allen

Schulman, Alan E., MD
Henrico Doctors Neurology Associates, LLC
5225 Hickory Park Ste A
Glen Allen, VA 23059
(804) 935-5607

Wittman, Jr., John J., MD
Henrico Doctors Neurology Associates, LLC
5225 Hickory Park Ste A
Glen Allen, VA 23059
(804) 935-5607

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus
Southside Regional Medical Center

Hampton

Boulos-Mikhael, Adel A., MD
Sentara Neurology Specialists (SMG)
4000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-8050

Galbreath, Andrew D., DO
Sentara Neurology Specialists (SMG)
4000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-8050

Goldberg, Eric J., MD
Tidewater Neurologists, Inc.
2713 Magruder Boulevard Suite G3
Hampton, VA 23666
(757) 262-4390

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Obici Hospital

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OptimaHealth
Specialists - Tier 1

Guina, Maria L.C., MD  
Sentara Neurology Specialists (SMG)  
4000 Coliseum Dr Ste 200  
Hampton, VA 23666  
(757) 736-8050  
Hospital Affiliations:  
Sentara CarePlex Hospital

Rahman, Syed H, MD  
Tidewater Neurologists, Inc.  
2713 Magruder Boulevard Suite G3  
Hampton, VA 23666  
(757) 262-0390  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara CarePlex Hospital  
Sentara Obici Hospital

Shah, Hemang H., MD  
Tidewater Neurologists, Inc.  
2713 Magruder Boulevard Suite G3  
Hampton, VA 23666  
(757) 262-0390  
Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara CarePlex Hospital  
Sentara Obici Hospital

Thomas, Karen M., DO  
Sentara Neurology Specialists (SMG)  
4000 Coliseum Dr Ste 200  
Hampton, VA 23666  
Hospital Affiliations:  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Deputy, Glenn E. MD  
Sentara RMH Medical Group, LLC  
1871 Evelyn Byrd Avenue  
Harrisonburg, VA 22801  
(540) 564-5800  
Hospital Affiliations:  
Sentara RMH Medical Center

Hole, Zsofia V., MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 3rd Floor  
Harrisonburg, VA 22801  
(540) 689-5400  
Hospital Affiliations:  
Sentara RMH Medical Center

Perdue, III, Zack T., MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 3rd Floor  
Harrisonburg, VA 22801  
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Hospital Affiliations:  
Sentara RMH Medical Center

Siddiqui, Fouzia, MD  
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2006 Health Campus Drive 3rd Floor  
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Hospital Affiliations:  
Sentara RMH Medical Center

Varga, Karoly, MD  
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2006 Health Campus Drive 3rd Floor  
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(540) 689-5400  
Hospital Affiliations:  
Berkeley Medical Center (City Hospital, Inc.)  
Sentara RMH Medical Center

Visvalingam, Nando, MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 3rd Floor  
Harrisonburg, VA 22801  
(540) 689-5400  
Hospital Affiliations:  
Sentara RMH Medical Center

Feltone, Warren L., MD  
MCV Associated Physicians (Neurology)  
11958 W Broad Street  
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(804) 360-4669  
Hospital Affiliations:  
VCU Health System/MCV

Smith, Albert G., MD  
MCV Associated Physicians (Neurology)  
11958 W Broad Street  
Henrico, VA 23233  
(804) 518-9350  
Hospital Affiliations:  
VCU Health System/MCV

Snider, Jonathan, MD  
MCV Associated Physicians (Neurology)  
11958 W Broad Street  
Henrico, VA 23233  
(804) 360-4669  
Hospital Affiliations:  
VCU Health System/MCV

Dulai, Sarbjot, MD  
Neurology Associates - Sarbjot Dulai, MD  
19415 Deerfield Avenue Suite 310  
Leesburg, VA 20176  
(703) 726-6393  
Hospital Affiliations:  
Reston Hospital Center

Rana, Khalid, MD  
Khalid R. Rana  
44035 Riverside Parkway Suite 340  
Leesburg, VA 20176  
(703) 724-9376  
Hospital Affiliations:  
Augusta Health Neurology

Epps, Stacey L, MD  
Bon Secours Neurology Clinic at Memorial Regional  
96 Harris Road Bldg 6  
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(804) 435-1017  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Chippennham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus

Rodden, Meghan F., MD  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Smith, Thomas A., MD  
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(804) 435-1017  
Hospital Affiliations:  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  
Chippennham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

Worthington, Andrew, MD  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Leesburg

DCapone, Patrick M., MD  
Virginia Health System/MCV  
125 Memorial Drive  
Lexington, VA 24450  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Page Memorial Hospital Inc

Fowler, Marieneck V, MD  
Valley Health Page Memorial Hospital Multispecialty Clinic  
125 Memorial Drive  
Luray, VA 22835  
(540) 743-2282  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Augusto, Patrick Figari, MD  
Augusta Health Neurology  
30 Greenehouse Rd  
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(540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center

McMahon, Robert W., MD  
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Valente, Michael A., DO  
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Wenger, Evan J., MD  
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Hospital Affiliations:  
Michaux, John J, MD  
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Kilmarnock

Rana, Khalid, MD  
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Hospital Affiliations:  
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Valente, Michael A., DO  
Augusta Health Neurology  
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Lexington, VA 24450  
(540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center
<table>
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<tr>
<th>Specialist</th>
<th>Contact Information</th>
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<td>Gallnegg, E. J., MD</td>
<td>606 Denbigh Blvd Ste 105 Newport News, VA 23608</td>
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<td>Hospital Affiliations:</td>
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<td>Bon Secours Maryview Medical</td>
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<td>Sentara Obici Hospital</td>
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<td>Shah, Hemang H., MD</td>
<td>Tidewater Neurologists, Inc.</td>
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<td>Singh, Rajinder P., MD</td>
<td>Peninsula Neurology (TPMG)</td>
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<td>Baker, John R., MD</td>
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<td>Holland, Marie, MD</td>
<td>Neurology Consultants of Tidewater PLC</td>
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<td>Kanarek, Steven T., MD</td>
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<td>Karim, Nayem, MD</td>
<td>Sentara Neurology Specialists (SMG)</td>
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<td>301 Riverview Ave Ste 202 Norfolk, VA 23510</td>
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<td>Kuczma, Michelle B, DO</td>
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<td>Llabaf, Mohammadhammed, MD</td>
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<td>Cabell, Adam F., MD</td>
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<td>Kuczma, Michelle B, DO</td>
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<tr>
<td><strong>North Chesterfield</strong></td>
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<tr>
<td>Boyce, Matthew, MD</td>
<td>Henrico Doctors Neurology Associates, LLC</td>
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<td>Brar, Dreama V., MD</td>
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<td>Campbell Jr, William, MD</td>
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<td>Lyons, Dorothy A., MD</td>
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<td>Lyman, Frank D., MD</td>
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<td>Maton, Bruno, MD</td>
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<td>Wang, Lina, MD</td>
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</table>
Specialists - Tier 1

Hardy, Daniel M., MD
Henrico Doctors Neurology Associates, LLC
1101 Johnston Willis Drive
North Chesterfield, VA 23235
(804) 288-2742
165 Wadsworth Drive
North Chesterfield, VA 23236
(804) 288-2742

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Crippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
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Harris II, George, DO
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North Chesterfield, VA 23235
(804) 288-2742

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Crippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Parham Campus
St. Mary's Hospital

Harris, Joseph Kim, MD
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Hospital Affiliations:
Bon Secours St. Mary's Hospital
Crippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Julius, Anthony D, MD
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Hospital Affiliations:
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165 Wadsworth Drive
North Chesterfield, VA 23236
(804) 288-2742

Hospital Affiliations:
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Johnston-Willis Hospital

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(804) 288-2742

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Schulman, Alan E., MD
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St. Mary's Hospital
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<td><em>Thurston, Stephen E., MD</em></td>
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<td><em>Taylor, Donald A., MD</em></td>
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<td><em>Teasley, Jean E., MD</em></td>
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<td><em>Vasconcelos, Olavo, MD</em></td>
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<td><em>Vota, Scott, DO</em></td>
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<tr>
<td><em>Towne, Alan R., MD</em></td>
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<tr>
<td><em>Wittman, Jr., John J., MD</em></td>
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<td><em>Taylor, Donald A., MD</em></td>
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<tr>
<td><em>Williams, Kristin D., MD</em></td>
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**Hospital Affiliations:**
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- VCU Health System/MCV

**Specialists - Tier 1**

**Roanoke**

<table>
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<td><em>Anyanwu, Chinekwu, MD</em></td>
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</tr>
</tbody>
</table>

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- Roanoke Neurological Associates Inc
- Carilion Faculty Phys Specialist
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1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rice, Marcus C., MD
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(757) 461-5400

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Scherner, Christopher J., MD
Sentara Neurology Specialists (SMG)
1950 Glenn Mitchell Dr Ste 200
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(757) 507-0600

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shah, Qaisar A., MD
Sentara Neurology Specialists (SMG)
816 Independence Blvd Ste 2A
Virginia Beach, VA 23455
(757) 363-6515

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sheth, Soham, MD
Beaverton Physicians, PC
6025 Providence Rd
Virginia Beach, VA 23464
(757) 474-7447

Taboada, Javier G., MD
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816 Independence Blvd Ste 2A
Virginia Beach, VA 23455
(757) 363-6515

Hospital Affiliations:
Sentara Bayside Hospital

Galbreath, Andrew D., DO
Sentara Neurology Specialists (SMG)
1800 Camelot Dr Ste 201
Virginia Beach, VA 23454

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital
<table>
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<tr>
<th>Specialty</th>
<th>Location</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Nuclear Medicine</td>
<td>Richmond</td>
<td>Charrión, Martin, MD MCV Associated Physicians  1250 E Marshall Street Richmond, VA 23298 (804) 826-6831 Hospital Affiliations: VCU Health System/MCV</td>
</tr>
<tr>
<td>Nurse Practitioner</td>
<td>Amherst</td>
<td>Calland, Magen E., NP Acute Rehab Health 173 Brockman Park Drive Amherst, VA 24521 (434) 946-2850</td>
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<tr>
<td>Bedford</td>
<td></td>
<td>White, Holly, NP Centra Medical Group Bedford, LLC 1613 Oakwood Street Bedford, VA 24523 (540) 587-3240 Hospital Affiliations: Bedford Memorial Hospital Centra Lynchburg General Hospital Centra Southside Community Hospital</td>
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<td>Fairfax</td>
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<td>Supple, Frank, CRNA North American Partners in Anesthesia VA, LLC 3998 Fair Ridge Drive Fairfax, VA 22033 (703) 295-9360 Hospital Affiliations: Henrico Doctors’ Hospital - Forest Campus Henrico Doctors’ Hospital - Parham Campus Henrico Doctors’ Hospital - Retreat Campus</td>
</tr>
<tr>
<td>Lynchburg</td>
<td></td>
<td>Kribs, James, DO Central Virginia Family Physicians, Inc 2321 Wards Road Lynchburg, VA 24502 (434) 582-2273</td>
</tr>
<tr>
<td>Neurosurgery</td>
<td>Harrisonburg</td>
<td>Gaughrn, Jr., John R, MD Sentara RMH Medical Group, LLC 2006 Health Campus Drive 3rd Floor Harrisonburg, VA 23201 (540) 689-5400 Hospital Affiliations: Bon Secours Memorial Regional Medical Center Sentara Martha Jefferson Hospital Sentara RMH Medical Center University of Virginia Medical Center</td>
</tr>
<tr>
<td>Neurology</td>
<td>Woodbridge</td>
<td>Labbaf, Mohammadshahmed, MD NOVA NEUROLOGY CENTER 2300 Opitz Boulevard Woodbridge, VA 22191 (571) 989-3090 Hospital Affiliations: Sentara Northern Virginia Medical Center Sentara Obici Hospital</td>
</tr>
<tr>
<td>Orthopedics</td>
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<td>Crowe, Neil W., MD Winchester Medical Center 1840 Amherst Street Winchester, VA 22601 (540) 536-8700 Winchester Neurological Consultants 125A Medical Circle Winchester, VA 22601 (540) 667-1828 1830 Amherst St Winchester, VA 22601 (540) 667-1828 Hospital Affiliations: Centra Lynchburg General Hospital Winchester Medical Center</td>
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<td>Surgery</td>
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</tbody>
</table>
**Specialists - Tier 1**

**Hill, Leslie D, NP**
Pediatric Group PC
4991 Lake Brook Drive Suite 300
Glen Allen, VA 23060
(888) 627-4702

**Kilmarnock**

Riedt, Stacy, NP
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(888) 627-4702

**Schindler, Denise J., NP**
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Kilmarnock, VA 22482
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**Hospital Affiliations:**
Rappahannock General Hospital

**Lynchburg**

Calland, Magen E., NP
Acute Rehab Centrehealth
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Lynchburg, VA 24502
(434) 316-5900

1902 Grace Street
Lynchburg, VA 24504
(434) 947-5100

3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 947-4651

Brookeal Medical Center
1901 Tate Springs Road
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(434) 200-3656

3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651

**Mechanicsville**

Kapinos, Cindy, NP
Bon Secours Rich Comm Hosp
Cancer Inst Med Oncology at Mem Regnl
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(804) 764-7220

**Hospital Affiliations:**
Bon Secours Mary Immaculate Hospital

**Montpelier**

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**Newport News**

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**Hospital Affiliations:**
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**Sampson, Erica, CRNA**
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(704) 749-5800

**Hospital Affiliations:**
Bon Secours Mary Immaculate Hospital

**Rappahannock General Hospital**

**Occupational Medicine**

Chesapeake

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Chesapeake, VA 23323
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**Fishersville**

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**Hospital Affiliations:**
Augusta Medical Center

**Winchester**

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**Hospital Affiliations:**
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**Hospital Affiliations:**
Warren Memorial Hospital, Inc.

**Roanoke**

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66 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

**Hospital Affiliations:**
Carilion Roanoke Memorial Hospital

**Suffolk**

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(757) 934-4162

3920 Bridge Rd
Suffolk, VA 23435
(757) 983-0080

**Hospital Affiliations:**
Sentara Obici Hospital

**Virginia Beach**

Baddar, Nader T., MD
I & O Medical Center
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Virginia Beach, VA 23455
(757) 460-0700

**Williamsburg**

Levine, Michael J., MD
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Williamsburg, VA 23188
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**Hospital Affiliations:**
Sentara Williamsburg Regional Medical Center

**Winchester**

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**Hospital Affiliations:**
Winchester Medical Center

**Ophthalmology**

Abingdon

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Kiser, William David, MD
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**Hospital Affiliations:**
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Smyth County Community Hospital

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Smyth County Community Hospital

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**Hospital Affiliations:**
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(703) 931-9100

**Hospital Affiliations:**
Ophthalmology

**Killearn**

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(703) 931-9100

**Hospital Affiliations:**
Smyth County Community Hospital
Specialists - Tier 1

Amherst

Brown, A'sha, MD
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204 Ambriar Plaza
Amherst, VA 24521
(434) 946-2020

Colling, Landon, MD
Harman Eye Center of Amherst PLC
204 Ambriar Plaza
Amherst, VA 24521
(434) 946-2020

Hospital Affiliations:
Centra Lynchburg General Hospital

Faust, Joseph, MD
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Amherst, VA 24521
(434) 946-2020

Hospital Affiliations:
Centra Lynchburg General Hospital

Harman, David, MD
Harman Eye Center of Amherst PLC
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Amherst, VA 24521
(434) 946-2020

Hospital Affiliations:
Centra Lynchburg General Hospital

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Colling, Landon, MD
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Harman, David, MD
Harman Eye Center of Appomattox, PLLC
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Hospital Affiliations:
Centra Lynchburg General Hospital

Ashland

Na, Hana, MD
Dulles Eye Associates
3301 Woodburn Rd Suite 204
Annandale, VA 22003
(703) 723-9633

Hospital Affiliations:
Inova Fairfax Hospital
Reston Hospital Center

Rajjoub, Lamise, MD
Silk Vision and Surgical Center
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(703) 876-9700

Hospital Affiliations:
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Silk, Muhammad Wesam, MD
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Hospital Affiliations:
Virginia Hospital Center - Arlington

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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus

Albright, Chad, MD
Vistar Eye Center
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Harran, David, MD
Harman Eye Center of Bedford LLC
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Bedford, VA 24523

Hospital Affiliations:
Centra Lynchburg General Hospital

Hartranft, Craig D., MD
Vistar Eye Center
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Bedford, VA 24523

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Blackburg

Eng, Eugene H., MD
Eye Care and Surgery, PC
110 Professional Park Drive Suite 5
Blacksburg, VA 24060
(540) 552-4573

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Thompson, William McKinley, MD
Eye Care and Surgery, PC
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(540) 552-4573

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Carrollton

Dewandura, Samantha, MD
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Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Joly, Thomas J., MD
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Carrollton, VA 23314
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Bedford

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Carter, Bruce Thomas, MD
Albemarle Pediatric Ophthalmology & Strabismus, PC
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Charlottesville

Kotecha, Amy, MD
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### Specialists - Tier 1

- **Sentara Norfolk General Hospital**
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  - Tidewater Eye Centers, P.C.
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  - Chesapeake, VA 23320
  - (757) 483-0400
  - **Hospital Affiliations:**
    - Sentara Norfolk General Hospital
    - Sentara Leigh Hospital
    - Sentara Virginia Beach General Hospital

- **Vero J.</p>
Specialists - Tier 1

Sankar, Krishna, MD
Alleghegy Optician A Division of Krishna Sankar MD PC
201 Interstate Drive
Covington, VA 24426
(540) 962-4621

Hospital Affiliations:
Alleghegy Regional Hospital d/b/a Lewis-Gale Allegheny

Culpeper
Brear, David Russell, MD
Commonwealth Eye Center, PC
633 Sunset Ln Ste E
Culpeper, VA 22701
(540) 825-3655

Hospital Affiliations:
UVA Culpeper Hospital

Chisholm, Lionel, MD
The Virginia Retina Center
18462 Crossroad Parkway
Culpeper, VA 22701
(540) 349-1882

Hospital Affiliations:
The Virginia Retina Center

Cook, Gary R., MD
The Virginia Retina Center
18462 Crossroad Parkway
Culpeper, VA 22701
(540) 349-1882

Hospital Affiliations:
Fairfax Eye Associates PC

Janis, Binoy R., MD
Vista Eye Specialists PC
18460 Crossroad Parkway
Culpeper, VA 22701
(888) 393-5264

Hospital Affiliations:
Mary Washington Hospital (MWH)
St. Mary's Hospital
VCU Health System/MCV

Mansour, Sam, MD
The Virginia Retina Center
18462 Crossroad Parkway
Culpeper, VA 22701
(540) 349-1882

Hospital Affiliations:
Fauquier Hospital

Patronas, Marea, MD
The Virginia Retina Center
18462 Crossroad Parkway
Culpeper, VA 22701
(540) 349-1882

Hospital Affiliations:
Fauquier Hospital

Danville
Alvarez, Orlandon, MD
Piedmont Ophthalmology Clinic, Inc
800 Memorial Dr Ste A
Danville, VA 24541
(434) 799-3232

Brown, A'sha, MD
Harman Eye Center of Danville LLC
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Danville, VA 24541
(434) 385-5600

Cleveland, Nathaniel A., DO
Piedmont Ophthalmology Clinic, Inc
800 Memorial Dr Ste A
Danville, VA 24541
(434) 799-3232

Hospital Affiliations:
Alleghegy Regional Hospital d/b/a Lewis-Gale Allegheny

Dublin
Byrnes, Timothy R., MD
Vista Eye Center
5826 Ruebush Road
Dublin, VA 24084
(540) 855-5100

Hospital Affiliations:
Carilion Roanoke Community Hospital
Lewis-Gale Medical Center

Hartraft, Craig D, MD
Vista Eye Center
5826 Ruebush Road
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(540) 855-5100

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kinsler, David, MD
Vista Eye Center
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Dublin, VA 24084
(540) 855-5100

Emporia
Dave, Akshay V., MD
Southside Physician Network LLC
301 Market Street Suite I
Emporia, VA 23847
(434) 336-1030

Hospital Affiliations:
Bon Secours St. Mary's Hospital Southern Virginia Regional Medical Center
St. Mary's Hospital

Parikh, Rishi K., MD
Southside Physician Network LLC
301 Market Street Suite I
Emporia, VA 23847
(434) 336-1030

Hospital Affiliations:
Bon Secours St. Mary's Hospital Southern Virginia Regional Medical Center

Exmore
Foley, Jr., John A., MD
John A. Foley, Jr. MD, PC
3297 Broad St PO Box 687
Exmore, VA 23350
(757) 442-3937

Hospital Affiliations:
Sentara Leigh Hospital Sentara Norfolk General Hospital

Fairfax
Boutros, Ayman, MD
Northern Virginia Vision Center
8316 Arlington Blvd Suite 235
Fairfax, VA 22030
(703) 573-8080

Hospital Affiliations:
Carilion Southside Community Hospital

Chang, Wellington, MD
Northern Virginia Eye Physicians PC
10721 Main Street Suite 3200
Fairfax, VA 22030
(703) 951-3930

Hospital Affiliations:
Winchester Medical Center

Josephson, John, MD
Eye Specialists and Surgeons of Northern Virginia, LLC
3998 Fair Ridge Drive Ste 105
Fairfax, VA 22033
(571) 349-2191

Hospital Affiliations:
Inova Fairfax Hospital

Katzen, Jay, MD
Northern Virginia Vision Center
8316 Arlington Blvd Suite 235
Fairfax, VA 22031
(703) 573-8080

Hospital Affiliations:
Fauquier Hospital

Mansour, Sam, MD
Northern Virginia Vision Center
8316 Arlington Blvd Suite 235
Fairfax, VA 22031
(703) 573-8080

Hospital Affiliations:
Fauquier Hospital

Patronas, Mare, MD
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8316 Arlington Blvd Suite 235
Fairfax, VA 22031
(703) 573-8080

Reininger, Darrell S, MD
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8316 Arlington Blvd Suite 235
Fairfax, VA 22031
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Falls Church
Campana, Jorge, MD
Jorge A. Campana, M.D., P.C.
6201 Leesburg Pike Ste 200
Falls Church, VA 22044
(703) 634-4277

Hospital Affiliations:
Inova Fair Oaks Hospital

Farmville
LaRoche II, Ripon W., MD
Southside Eye Center PC
1511 West Third Street
Farmville, VA 23901
(434) 392-9555

Hospital Affiliations:
Carilion Southside Community Hospital

Optima Direct Network Providers 9/2019
Specialists - Tier 1

Wilson, Charles S., MD
Charles S. Wilson, MD
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Farmville, VA 23901
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Hospital Affiliations:
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Barnes, David M, MD
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Hospital Affiliations:
- Augusta Medical Center

Patel, Rachna D., MD
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Hospital Affiliations:
- Augusta Medical Center
- University of Virginia Medical Center

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- University of Virginia Health Sciences Center

Forest

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Hospital Affiliations:
- Centra Lynchburg General Hospital

Faust, Joseph, MD
Harman Eye Center
1825 Graves Mill Road
Forest, VA 24551
(434) 385-5600

Hospital Affiliations:
- Centra Lynchburg General Hospital

Hampton

Adyantaya, Rohit, MD
Virginia Eye Consultants
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Hampton, VA 23666
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Blaylock, William K., MD
William K. Blaylock, MD
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(757) 533-5437

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- VCU Health System/MCV

Campbell, Glenn, MD
Advanced Vision Institute
3500 Coliseum Dr Ste 201
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(757) 826-9291

Optima Direct Network Providers 9/2019 404
Sheppard, John D, MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

Miller, Kenlyn S., MD  
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1921 Medical Ave  
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Hospital Affiliations:  
Harrisonburg Hospital  
Sentara RMH Medical Center  

Lago, Dayna, MD  
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Hampton, VA 23666  
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Hospital Affiliations:  
Sentara Virginia Beach General Hospital  

Lin, Elizabeth, MD  
Virginia Eye Consultants  
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Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retinal Consultants, Inc.  

McCarthy, Mark J., MD  
Retinal Consultants, Inc.  
2101 Executive Dr 3rd Fl  
Hampton, VA 23666  
(757) 624-1300  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  

Okene, Constance, MD  
Virginia Eye Consultants  
2234 Cunningham Dr  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  

Salib, David M., MD  
Virginia Eye Consultants  
2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Scoper, Stephen, MD  
Virginia Eye Consultants  
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Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina of Virginia PLC  

Sharma, Anurag, MD  
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Hampton, VA 23666  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Sheehan, Christopher J., MD  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Stargel, Ryan L., MD  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Stefanovic, Robert, MD  
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2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Stevenson, Dustin R., MD  
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2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Stevens, Jr., Garth, MD  
Virginia Eye Consultants  
2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina of Virginia PLC  

Stevens, Michael, MD  
Virginia Eye Consultants  
2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Sutton, Joseph, MD  
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Hampton, VA 23666  
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Hospital Affiliations:  
Retina of Virginia PLC  

Wagner, Alan, MD  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Wagner, Abdul, MD  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Wagner, Ali, MD  
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Hospital Affiliations:  
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Wagner, Muhammad, MD  
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2101 Executive Dr Suite 160  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Wagner, Michael, MD  
Virginia Eye Consultants  
2101 Executive Dr Suite 160  
Hampton, VA 23666  
(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Weiler, Harold H., MD  
Old Dominion Eye Care, Inc.  
101 Technology Park Drive  
Kilmarnock, VA 22482  
(804) 435-0547  

Hospital Affiliations:  
Rappahannock General Hospital  

Weil, Les, MD  
Aberdeen Eye Care  
101 Technology Park Drive  
Kilmarnock, VA 22482  
(804) 435-0547  

Hospital Affiliations:  
Rappahannock General Hospital  

Werner, James, MD  
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Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Winchell, Michael, MD  
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Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Wood, David, MD  
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(757) 622-2200  

Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Zimmerman, Daniel, MD  
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Hospital Affiliations:  
Retina Consultants of Washington, Inc.  

Optima Direct Network Providers 9/2019 405
Specialists - Tier 1

Katzen, Jay, MD  
Northern Virginia Vision Center  
44135 Woodward Pkwy Suite 100  
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(703) 858-3170

Mansour, Sam, MD  
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(703) 858-3170

Hospital Affiliations:  
Fauquier Hospital  
Inova Fairfax Hospital

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Hospital Affiliations:  
Fauquier Hospital  
Inova Fairfax Hospital

Reiner, Darrell S, MD  
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Lawrenceville

Gupta, Pranay, MD  
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Hospital Affiliations:  
John Randolph Medical Center  
VCU Health System/MCV

Leesburg

Chisholm, Lionel, MD  
The Virginia retina center  
19500 Sandridge Parkway Suite 240  
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(703) 443-0015

Hospital Affiliations:  
Fauquier Hospital

Cook, Gary R., MD  
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Mansour, Sam, MD  
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(703) 443-0015

Hospital Affiliations:  
Fauquier Hospital  
Inova Fairfax Hospital

Na, Hana, MD  
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19415 Deerfield Avenue Suite 106  
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(703) 723-9633

Hospital Affiliations:  
Inova Fairfax Hospital  
Reston Hospital Center

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Patronas, Marena, MD  
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Hospital Affiliations:  
Fauquier Hospital  
Inova Fairfax Hospital

Harrison, Timothy R., MD  
Augusta Eye Associates, P.L.C.  
62 Hill Top Lane  
Lexington, VA 24450  
(540) 463-4140

Hartman, Craig D, MD  
Vistar Eye Center  
30 Crossing Lane Ste 107  
Lexington, VA 24450  
(540) 855-5100

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Shields, Marc D., MD  
Augusta Eye Associates, P.L.C.  
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(540) 463-4140

Tiedeman, James S., MD  
Augusta Eye Associates, P.L.C.  
62 Hill Top Lane  
Lexington, VA 24450  
(540) 463-4140

Hospital Affiliations:  
Augusta Medical Center  
University of Virginia Health Sciences Center

Wood, John, MD  
Vistar Eye Center  
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Lexington, VA 24450

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Lorton

Majessi, Susan, MD  
The Eye Md, PC  
9010 Lorton Station Blvd Suite 250  
Lorton, VA 22079  
(571) 285-2020

Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Lovington

Brown, A’sha, MD  
Nelson Eye Center Opthalmists  
326 Front Street  
Lovington, VA 22949  
(434) 263-5100

Colling, Landon, MD  
Nelson Eye Center Optometrists  
326 Front Street  
Lovington, VA 22949  
(434) 263-5100

Hospital Affiliations:  
Centra Lynchburg General Hospital

Faust, Joseph, MD  
Nelson Eye Center Optometrists  
356 Front Street  
Lovington, VA 22949  
(434) 385-5600

Hospital Affiliations:  
Centra Lynchburg General Hospital

Bowers, Darin, MD  
Piedmont Eye Center, Inc.  
116 Nationwide Drive  
Lynchburg, VA 24502  
(434) 947-3984

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Brown, A’sha, MD  
Harman Eye Center of Lynchburg, LLC  
2108 Langhome Road  
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(434) 385-5600

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Paauw, James, MD  
Piedmont Eye Center, Inc.  
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Lynchburg, VA 24502  
(434) 947-3984

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Moss, Jr., Gene, MD  
Piedmont Eye Center, Inc.  
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Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Moss, Saxton, MD  
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Centra Lynchburg General Hospital  
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Ganser, Gail, MD  
Piedmont Eye Center, Inc.  
116 Nationwide Drive  
Lynchburg, VA 24502  
(434) 947-3984

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital
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<td>Mullen, P. Wesley, MD</td>
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<td>Eye Specialists of Virginia, PC</td>
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<td>8220 Meadowbridge Rd Ste 103</td>
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<td>Mechanicsville, VA 21116</td>
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<td>(804) 730-8441</td>
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<td>Bon Secours St. Mary's Hospital</td>
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<td>Hendrico Doctors' Hospital - Retreat Campus</td>
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<td>Peay Jr., Clifton L., MD</td>
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<td>American Eye Center</td>
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<tr>
<td>8266 Ate Road Suite 224</td>
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<td>Mechanicsville, VA 21116</td>
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<td>(804) 559-7002</td>
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<td>Slott, Jeffrey H., MD</td>
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<td>Virginia Eye Institute (Physicians)</td>
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<td>8411 N Run Medical Drive</td>
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<td>(804) 487-4200</td>
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<td>Bon Secours St. Mary's Hospital</td>
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<td>Chander, D. Alan, MD</td>
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<td>Richmond Eye Associates</td>
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<td>7575 Cold Harbor Rd Bldg 2 Ste 1-B</td>
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<td>Mechanicsville, VA 21111</td>
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<tr>
<td>(804) 730-2250</td>
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<td>Hospital Affiliations:</td>
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<tr>
<td>Bon Secours Memorial Regional Medical Center</td>
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<td>8411 North Run Medical Drive</td>
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<td>Busch, Stephen M., MD</td>
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<td>Chesterfield Ophthalmology PC</td>
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<td>2385 Colony Crossing Place</td>
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<td>Bon Secours St. Mary's Hospital</td>
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<td>Krawitz, Seth, MD</td>
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<tr>
<td>13700 St Francis Blvd Ste 507</td>
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<tr>
<td>Midlothian, VA 21112</td>
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<tr>
<td>(804) 287-4910</td>
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<tr>
<td>Ahmad, Baser, MD</td>
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<tr>
<td>Virginia Eye Institute (Physicians)</td>
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<tr>
<td>611 Watkins Centre Parkway Building 2 Suite 100</td>
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<tr>
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<tr>
<td>(804) 287-4200</td>
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<td>Albertus, Daniel, MD</td>
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Langelier, Nicole, MD  
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Bon Secours DePaul Medical Center Inc  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
VCU Health System/VCV
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<td>Eye Care Center of VA</td>
<td>8700 Stony Point Drive Suite 120</td>
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<td>Dominion Eye Associates PC</td>
<td>2010 Bremo Rd Ste 128</td>
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<td>Peter H. Goldmann, MD</td>
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<td>7229 Forest Ave Ste 104 Richmond, VA 23226 (804) 285-7307</td>
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Hospital Affiliations:
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South Hill

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129 E Ferrel Street
South Hill, VA 23970
(919) 879-4060

Hospital Affiliations:
VCU Community Memorial Hospital
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**Optima Direct Network Providers 9/2019**  
415
Clinic - Tier 1

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Virginia Beach, VA 23464
(757) 420-3693

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Newsom, Roger W., MD
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Pavilack, Mark, MD
Optima Direct Network Providers 9/2019 416

Hospital Affiliations:
Bon Secours Maryview Medical Center
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Salib, David M., MD
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Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Schepard, John D, MD
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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Wagner, Jacob C., MD
Wagner Macula & Retina Center
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Virginia Beach, VA 23454
(757) 481-4400

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Wicomico Church

Wagner, Alan L., MD
Wagner Macula & Retina Center
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Wicomico, VA 22576
(757) 877-4839

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Waynesboro

Gillespie, James E., MD
Augusta Eye Associates, P.L.C.
425 S Linden Ave
Waynesboro, VA 22980
(540) 994-0200

Hospital Affiliations:
Augusta Medical Center

Meyer, Jacob C., MD
Virginia Eye Consultants
540 Lew Dewitt Avenue Suite 5
Waynesboro, VA 22980
(540) 994-0980

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Warrenton

Chisholm, Lionel, MD
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Warrenton, VA 20186
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Hospital Affiliations:
Fauquier Hospital

Cook, Gary R., MD
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(540) 349-1882

Hospital Affiliations:
Fauquier Hospital

hoggar, charles c., MD
alain C. Egg, MD, PC dba dominion eye care
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warrenton, VA 20186
(540) 349-0906

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
haymarket medical center
Novant Health UVA Health System prince william medical center

Mansour, Sam, MD
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(540) 349-1882

Hospital Affiliations:
Fauquier Hospital
Inova Fairfax Hospital

Patronas, Maria, MD
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Warrenton, VA 20186
(540) 349-1882

Hospital Affiliations:
Fauquier Hospital
Inova Fairfax Hospital

Wicomico Church

Jacey, Robert W., MD
Robert W. Jacey, MD PC
110 Train St
Wicomico, VA 22576
(804) 580-2450

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital of Richmond

Williamsburg

Astruc Jr., Juan A., MD
Retina Institute of Virginia PLLC
5309 Discovery Park Blvd
Williamsburg, VA 23188
(757) 345-3510

Hospital Affiliations:
Chippenham Medical Center/ Johnstone-Willis Hospital

Astruc, Juan, MD
Advanced Vision Institute
5215 Monticello Ave
Williamsburg, VA 23188
(757) 229-4000

Hospital Affiliations:
Bon Secours Virginia Regional Medical Center
Specialists - Tier 1

Nordlund, John R., MD
Williamsburg Retina Center
113-A Bulifants Blvd
Williamsburg, VA 23188
(757) 220-3375
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
VCU Health System/MCV

Portal, Jose M., MD
Eastern Eye Associates, Inc.
5251 John Tyler Hwy Ste 7
Williamsburg, VA 23185
(804) 642-2290
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Schneider, Crystan, MD
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(757) 345-3510
Hospital Affiliations:
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Sentara Williamsburg Regional Medical Center

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Winchester
Ahmad, Sameer I., MD
Glucoma Consultants of Washington, Inc.
1870 Amherst St Ste 3A
Winchester, VA 22601
(540) 667-7463
Hospital Affiliations:
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Carter, John B., MD
Retina Associates, PC
190 Campus Blvd Ste 320
Winchester, VA 22601
(540) 722-3500
Hospital Affiliations:
Winchester Medical Center

Eisele, Nancy B., MD
Eye Associates of Winchester
1845 Plaza Dr
Winchester, VA 22601
(540) 662-2700
Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Fink, Alan J., MD
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141 W Boscaewn St
Winchester, VA 22601
(540) 662-2700

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Eisele, Nancy B., MD
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1021 Shenandoah Square
Woodstock, VA 22664
(540) 459-8313
110B E High St
Woodstock, VA 22664
(540) 459-3040
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Shenandoah Memorial Hospital Inc

Allani, Haresh, MD
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Woodbridge, VA 22191
(703) 670-4700
Hospital Affiliations:
Inova Fairfax Hospital

Garringer, Jacqueline A., MD
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236 South Main Street
Woodstock, VA 22664
(540) 662-2700
Hospital Affiliations:
Winchester Medical Center
## Specialists - Tier 1

### Optometry

**Abingdon**

- Compton, Brett S., OD
  - Eye Physicians of Southwest Virginia, PC
  - 328A Cummings St
  - Abingdon, VA 24210
  - (276) 628-3118

**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

- Seager, Fiona, OD
  - Eye Care Physicians and Surgeons PC
  - 1003 West South Street
  - Wytheville, VA 24382
  - (540) 409-5254

**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

**Hospital Affiliations:**
- Winchester Medical Center

**Wytheville**

- Albright, Chad, MD
  - Vistar Eye Center
  - 530 W Ridge Road
  - Wytheville, VA 24382
  - (540) 855-5100

**Hospital Affiliations:**
- Carilion Roanoke Community Hospital
  - Lewis-Gale Medical Center

**Hospital Affiliations:**
- Carilion Roanoke Memorial Hospital

### Alexandria

- Mahboobi, Houriya, OD
  - Northern Virginia Vision Center
  - 4900 Seminary Road Suite 350
  - Alexandria, VA 22311
  - (703) 931-9100

- Mashid, Aryan, OD
  - Loudoun Medical Group PC
  - 1901 N Beauregard Street Suite 100
  - Alexandria, VA 22311
  - (703) 931-9100

- Nguyen, Diem T, OD
  - Northern Virginia Vision Center
  - 4900 Seminary Road Suite 350
  - Alexandria, VA 22311
  - (703) 931-9100

**Hospital Affiliations:**
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### Amherst

- Combes, Tabitha, OD
  - Harman Eye Center of Amherst PLC
  - 204 Amherst Plaza
  - Amherst, VA 24521
  - (434) 946-2020

- Curl, Michael, OD
  - Harman Eye Center of Amherst PLC
  - 204 Amherst Plaza
  - Amherst, VA 24521
  - (434) 946-2020

- Haley Jr, Billy D., OD
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  - 204 Amherst Plaza
  - Amherst, VA 24521
  - (434) 946-2020

- Pierce, Jessie, OD
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  - Amherst, VA 24521
  - (434) 385-5600

### Appomattox

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  - Appomattox, VA 24522
  - (434) 385-5600

- Haley Jr, Billy D., OD
  - Harman Eye Center of Appomattox, PLC
  - 191 Old Courthouse Road
  - Appomattox, VA 24522
  - (434) 385-5600

### Arlington

- Adair III, Edwin, OD
  - New Era Eyecare, LLC
  - 3105 10th Street North
  - Arlington, VA 22201
  - (703) 243-2500

- Gomez, James, OD
  - New Era Eyecare, LLC
  - 3105 10th Street North
  - Arlington, VA 22201
  - (703) 243-2500

### Ashburn

- Badiee, Mehrnoosh, OD
  - MyEyeDr
  - 44727 Brimfield Dr
  - Ashburn, VA 20147
  - (571) 385-4600

- Briceno, Sylvia, OD
  - Eye & Vision Care
  - 21001 Sycolin Rd Suite 140
  - Ashburn, VA 20147
  - (703) 722-8688

- Cassella, Frank, OD
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  - 44727 Brimfield Dr
  - Ashburn, VA 20147
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- Culp, Gordon, OD
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- Emami, Sahar, OD
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Chase City

Chaitian

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Optima Direct Network Providers 9/2019

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Fathersville

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Optima Direct Network Providers 9/2019

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Name Not Available

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10673 Spotsylvania Ave
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Hospital Affiliations:
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Midlothian

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Midlothian
<table>
<thead>
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<th>Montpelier</th>
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<tbody>
<tr>
<td>Arndt, Kenneth L., OD</td>
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<td>Basshoff, Debra L., OD</td>
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<td>Bittar, Fadee, OD</td>
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<td>Blaha, Elina S., OD</td>
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<td>Cassis, Nathalie, OD</td>
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<td>Kusson, Joanna, OD</td>
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<td>Lane, Jennifer C, OD</td>
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<td>Sakoda, Naomi, OD</td>
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<td>Seago, John D., OD</td>
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<td>Stewart, Angela F., OD</td>
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<td>Waldron, William R., OD</td>
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<th>Norfolk</th>
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<tbody>
<tr>
<td>Breedlove, Hal, OD</td>
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<td>Brothers, Tamara J, OD</td>
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<td>Butler, Kelsey M, OD</td>
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<tr>
<td>Hospital Affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital Cooley, Joel, OD</td>
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<tr>
<td>Corey, Mitchell L., OD</td>
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<tr>
<td>Cornetta, James, OD</td>
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<td>Devito, Kurt K., OD</td>
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<td>Dragon, John C., OD</td>
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<td>Enochs, Stephen Mark, OD</td>
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<td>Falsetta, Deena T., OD</td>
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<td>Gilbert, David, OD</td>
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<th>Newport News</th>
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<tr>
<td>Ambrose, Andrew A., OD</td>
</tr>
</tbody>
</table>

| Optima Direct Network Providers 9/2019 | 428 |
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## Specialists - Tier 1

<table>
<thead>
<tr>
<th>Practice Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shaffer, Tracey J, OD</td>
<td>Loudoun Medical Group PC</td>
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<tr>
<td>Teser, Nicole G, OD</td>
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<tr>
<td>Law, James A., OD</td>
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</tr>
<tr>
<td>Knapp, Laura J, OD</td>
<td>Enoch's Eye Care, PLLC</td>
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</tr>
<tr>
<td>Koetting, Cecelia, OD</td>
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</tr>
<tr>
<td>Knapp, Laura J, OD</td>
<td>Enoch's Eye Care, PLLC</td>
<td>3575 Bridge Rd Ste 21 Suffolk, VA 23435 (757) 638-2015</td>
</tr>
<tr>
<td>Koetting, Cecelia, OD</td>
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<tr>
<td>Lotz, David, OD</td>
<td>David Lotz, OD</td>
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</tr>
<tr>
<td>Miller, James A., OD</td>
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<tr>
<td>Shaffer, Tracey J, OD</td>
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<tr>
<td>Stahr, Nathan M., OD</td>
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</tr>
<tr>
<td>Tripplett, Samantha, OD</td>
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<tr>
<td>Whiteley, Walter O., OD</td>
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</tr>
<tr>
<td>Abraham, Lisa, OD</td>
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<tr>
<td>Bortomue, Vincent A, OD</td>
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</tr>
<tr>
<td>Cho, Deborah K., OD</td>
<td>MyEyeDr</td>
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</tr>
<tr>
<td>Emami, Sahar, OD</td>
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</tr>
<tr>
<td>Harbi, Danah, OD</td>
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</tr>
<tr>
<td>Kim, Sun Hee, OD</td>
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</tr>
<tr>
<td>Larson, Leonard G., OD</td>
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</tr>
<tr>
<td>Montgomery, Kristen M, OD</td>
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<tr>
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</tr>
<tr>
<td>Tran, Annie, OD</td>
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<tr>
<td>Yarzada, Malalai, OD</td>
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</tr>
<tr>
<td>Zahir, Ahmad, OD</td>
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</tr>
</tbody>
</table>

### Virginia Beach

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Barbash, Tara Elizabeth, OD</td>
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<tr>
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<tr>
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<tr>
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<td>The Eye Specialists Ltd.</td>
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<tr>
<td>Enochs, Stephen Mark, OD</td>
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<tr>
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<td>Claus, David, OD</td>
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<td>Pemberton, Mary L., OD</td>
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<td>Bertomeu, Vincent A., OD</td>
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<td>schleutz, Gregory, OD</td>
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<td>segeleon, Brent, OD</td>
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<td>Badiee, Mehrnoosh, OD</td>
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<td>Hoover, Annette M., OD</td>
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**Winchester**

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Hospital Affiliations:  
Johnston Memorial Hospital

Orthopaedics

Abingdon

Alford, Stephanie Howle, MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Drive  
Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Johnston Memorial Hospital

Cody, John P, MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Johnston Memorial Hospital

Eckel, Tobin Thomas, MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Johnston Memorial Hospital  
Reston Hospital Center  
Sentara Williamsburg Regional Medical Center

Forsythe, David Andrew, MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Smyth County Community Hospital

Frazier, Dustin C, MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Johnston Memorial Hospital

Gwinn, David E., MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Reston Hospital Center

Hannula, Todd T., MD  
MSMG ORTHO MAR  
16000 Johnston Memorial Drive Ste 100C  
Abingdon, VA 24211  
(276) 258-1790  
Hospital Affiliations:  
Smyth County Community Hospital

Helgeson, Melvin D., MD  
Blue Ridge Orthopedics & Sports Medicine  
16000 Johnston Memorial Dr Suite 100  
Abingdon, VA 24211  
(276) 258-1760  
Hospital Affiliations:  
Johnston Memorial Hospital

Pilson, Holly Tyler-Paris, MD  
Abingdon Surgical Associates  
16000 Johnston Memorial Drive Suite 100B  
Abingdon, VA 24211  
(276) 258-1790  
Hospital Affiliations:  
Johnston City Medical Center

Asomugha, Eva, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5210  
Hospital Affiliations:  
Virginia Hospital Center - Arlington

Kittredge, Ben, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5211

Martinelli, Thomas, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5210  
Hospital Affiliations:  
Virginia Hospital Center - Arlington

Thompson, Daniel, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5210  
Hospital Affiliations:  
Virginia Hospital Center - Arlington

Weingold, Daniel, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5210  
Hospital Affiliations:  
Virginia Hospital Center - Arlington

You, Young Joon, MD  
OrthoVirginia, Inc  
6355 Walker Lane Suite 202  
Alexandria, VA 22310  
(703) 810-5210

Arlington

Anunziata, Christopher, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215  
Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Avery, Gordon, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215

Avery, Anthony, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215

Nejad, Ghassem A, MD  
G. A. Nejad MD  
611 South Carlin Spring Suite 206  
Arlington, VA 22204  
(703) 931-6306  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Petrone, Frank, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215

Raley, Thomas, MD  
Advanced Spine and Pain PLLC  
1715 N George Mason Drive Ste 102  
Arlington, VA 22205  
(703) 522-2727  
Hospital Affiliations:  
Stafford Hospital Center

Romness, David, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215

Sumida, Kevin, MD  
OrthoVirginia, Inc  
1635 N George Mason Drive Suite 310  
Arlington, VA 22205  
(703) 810-5215  
Hospital Affiliations:  
Name Not Available

Bassett

Russ, Mark David, MD  
Lonesome Pine Orthopedics  
767 Wood Avenue E  
Big Stone Gap, VA 24219  
(276) 523-1006

Big Stone Gap

Blackburg

Bringe, Kariline E., MD  
Carilion Healthcare Corporation  
215 Gilbert St  
Blacksburg, VA 24060  
(540) 510-6200  
Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Catterson, Christofer C., MD  
Carilion Healthcare Corporation  
215 Gilbert St  
Blacksburg, VA 24060  
(540) 731-2436  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Chain, Jeffrey R., MD  
Carilion Orthopedic Surgery  
215 Gilbert St  
Blacksburg, VA 24060  
(540) 731-2436  
901 Plantation Road Suite 1  
Blacksburg, VA 24060  
(540) 951-0352  
Hospital Affiliations:  
Carilion New River Valley Medical Center

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<td>Carilion Healthcare Corporation</td>
<td>(540) 510-6200</td>
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<td>(540) 580-5333</td>
<td>Blacksburg, VA 24061</td>
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<td>Devine, Michael J., MD</td>
<td>Charlottesville Hand Surgery, PLC</td>
<td>(434) 984-4263</td>
<td>Charlottesville, VA 22911</td>
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<td>Edwards, John Z., MD</td>
<td>Sentara Martha Jefferson Orthopedics</td>
<td>(434) 654-5575</td>
<td>Charlottesville, VA 22911</td>
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<td>Grant, William T., MD</td>
<td>Albemarle Orthopedics &amp; Rehabilitation, PLC</td>
<td>(434) 817-7200</td>
<td>Charlottesville, VA 22902</td>
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<td>Sentara Martha Jefferson Orthopedics</td>
<td>(434) 654-5575</td>
<td>Charlottesville, VA 22902</td>
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<td>Sentara Martha Jefferson Orthopedics</td>
<td>(434) 654-5575</td>
<td>Charlottesville, VA 22911</td>
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<td>Hoover, Stephen, MD</td>
<td>Sentara Martha Jefferson Orthopedics</td>
<td>(434) 654-5575</td>
<td>Charlottesville, VA 22911</td>
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<td>Tuttle, John R, MD</td>
<td>Carilion Medical Center</td>
<td>(540) 725-1226</td>
<td>Buena Vista, VA 24416</td>
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**Specialists - Tier 1**

**Eastwood, Bart, DO**  
Sideline Orthopedics and Sports Medicine LLC  
250 S Main Street Suite 224A  
Blacksburg, VA 24060  
(540) 552-7133  
Hospital Affiliations:  
- Columbia Pulaski Community Hospital  
- Carilion Roanoke Memorial Hospital  
- Montgomery Regional Hospital  
- LewisGale Pulaski Montgomery Regional Hospital

**Gardner, Stuart, MD**  
Southwest Virginia Orthopedic and Spine LLC  
825 Davis St Suite A  
Blacksburg, VA 24060  
(540) 951-6000

**Godin, Jonathan A, MD**  
Carilion Healthcare Corporation  
21 Beamer Way Suite 150  
Blacksburg, VA 24061  
(540) 961-8060

**New River Valley Medical Center**  
Carilion Roanoke Memorial Hospital

**Harris, Ryan, DO**  
Carilion Healthcare Corporation  
21 Gilbert St  
Blacksburg, VA 24060  
(540) 961-8060

**Roanoke Memorial Hospital**

**Jiwanlal, Aneel K., MD**  
Carilion Orthopedic Surgery  
21 Gilbert St  
Blacksburg, VA 24060  
(540) 510-6200

**Roanoke Memorial Hospital**

**Johnson, Brent M., MD**  
Carilion Healthcare Corporation  
21 Beamer Way Suite 150  
Blacksburg, VA 24061  
(866) 580-5333

**Roanoke Memorial Hospital**

**Maier, Jonathan R., MD**  
Carilion Healthcare Corporation  
21 Beamer Way Suite 150  
Blacksburg, VA 24061  
(866) 580-5333

**Roanoke Memorial Hospital**

**McGarry, Timothy G., MD**  
McGarry Orthopedic Clinic  
21371 Forsythe Rd  
Bristol, VA 24202  
(276) 525-4377

**Roanoke Memorial Hospital**

**Miller, Thomas Kevin, MD**  
Carilion Healthcare Corporation  
21 Beamer Way Suite 150  
Blacksburg, VA 24061  
(866) 580-5333

**Roanoke Memorial Hospital**

**Stephenson, Robert Brian, MD**  
Carilion Orthopedic Surgery  
21 Gilbert St  
Blacksburg, VA 24060  
(540) 731-2436

**Roanoke Memorial Hospital**

**Tuttle, John R, MD**  
Carilion Healthcare Corporation  
21 Beamer Way Suite 150  
Blacksburg, VA 24061  
(540) 877-5333

**Roanoke Memorial Hospital**

**Zimmerman, George William, DO**  
Southwest Virginia Orthopedic and Spine LLC  
825 Davis St Suite A  
Blacksburg, VA 24060  
(540) 951-6000

**Roanoke Memorial Hospital**

**Carilion Medical Center**  
1 University Hill Dr  
Buena Vista, VA 24416  
(540) 725-1226

**Augusta Medical Center**  
Sentara Martha Jefferson Hospital  
1 University Hill Dr  
Charlottesville, VA 22911  
(434) 654-5575

**Albemarle Orthopedics & Rehabilitation, PLC**  
908 E Jefferson St Ste 101  
Charlottesville, VA 22902  
(434) 817-7200

**Bristol Orthopedics**  
Sentara Martha Jefferson Hospital  
1 University Hill Dr  
Buena Vista, VA 24416  
(540) 725-1226

**Carolton**  
Sentara Martha Jefferson Hospital  
1 University Hill Dr  
Charlottesville, VA 22911  
(434) 654-5575

**Charlottesville**  
Sentara Martha Jefferson Hospital  
1 University Hill Dr  
Charlottesville, VA 22911  
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1 University Hill Dr  
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1 University Hill Dr  
Charlottesville, VA 22911  
(434) 654-5575

**Sentara Martha Jefferson Hospital**  
1 University Hill Dr  
Charlottesville, VA 22911  
(434) 654-5575
Specialists - Tier 1

Nielsen, David A, DO
Charlottesville Orthopaedic Center
183 Spotnap Rd Ste C
Charlottesville, VA 22911
(434) 244-8412

Panzarella, Matthew J, MD
Sentara Martha Jefferson Orthopedics
595 Martha Jefferson Drive Suite 180
Charlottesville, VA 22911
(434) 654-5575

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Brown, Samuel L, MD
Sports Medicine & Orthopaedic Center, Inc
100 Wimbledon Sq
Charlottesville, VA 23222
(540) 510-6200

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Campbell, Michael A, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Caroline, Bradley, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Cohn, Sheldon C, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Cowan, John D, MD
Sports Medicine & Orthopaedic Center, Inc.
100 Wimbledon Sq
Chesapeake, VA 23322
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center

Duerrden, John D, MD
Sports Medicine & Orthopaedic Center, Inc.
501 Discovery Dr
Chesapeake, VA 23320
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center

Galway, Ronald, MD
Accurate Medical, P.C.
637 Kingsborough Square Suite F
Chesapeake, VA 23320
(757) 971-2084

Hospital Affiliations:
Chesapeake Regional Medical Center

Grali, Scott E, DO
Sports Medicine & Orthopaedic Center, Inc.
100 Wimbledon Sq
Chesapeake, VA 23322
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center

Morina, John M, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Neff, Eric S, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 461-1688

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rapp, Catherine, MD
Sports Medicine & Orthopaedic Center, Inc.
501 Discovery Dr
Chesapeake, VA 23320
(757) 547-5145

Hospital Affiliations:
Sentara Obici Hospital
Sentara Norfolk General Hospital

Romash, Michael M, MD
Sports Medicine & Orthopaedic Center, Inc.
100 Wimbledon Sq
Chesapeake, VA 23322
(757) 547-5145

Hospital Affiliations:
Sentara Norfolk General Hospital

Saller, Jeremy, MD
Children's Surgical Specialty Group (CSSG)
500 Discovery Drive Suite 102
Chesapeake, VA 23320
(757) 668-2334

Hospital Affiliations:
Sentara Princess Anne Hospital

Shall, Lawrence M, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Shuff, Charles E, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Warren, Paul D, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 547-5145

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nedeff, David D, MD
West End Orthopaedic Clinic
11601 Irmonbridge Rd Ste 104
Chester, VA 23831
(804) 717-2050

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Afolabi, Abimbola A, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Chesapeake, VA 23320
(540) 731-2000

Hospital Affiliations:
Carilion New River Valley Medical Center

Warren, Paul D, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Begley, Mark A, MD
Atlantic Orthopaedic Specialists
733 Vol Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Brown, Samuel L, MD
Sports Medicine & Orthopaedic Center, Inc
100 Wimbledon Sq
Chesapeake, VA 23222
(757) 321-3300

Hospital Affiliations:
Chesapeake Regional Medical Center

Bergfield, Thomas L, MD
Sports Medicine & Orthopaedic Center, Inc
100 Wimbledon Sq
Chesapeake, VA 23222
(757) 321-3300

Hospital Affiliations:
Chesapeake Regional Medical Center

Chester

Christiansburg

Afolabi, Abimbola A, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Chesapeake, VA 23320
(540) 731-2000

Hospital Affiliations:
Carilion New River Valley Medical Center

Apel, Peter James, MD
Carilion Healthcare Corporation
2900 Lamb Cir Suite L760
Chesapeake, VA 23320
(540) 731-2436

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Behrend, Caleb Jacob, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Chesapeake, VA 23320
(540) 731-2000

Hospital Affiliations:
Carilion New River Valley Medical Center

Bringe, Karline E, MD
Carilion Healthcare Corporation
2900 Lamb Cir Suite 380
Chesapeake, VA 23320
(540) 510-6200

Optima Direct Network Providers 9/2019
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<td>Carilion Healthcare Corporation 2900 Lamb Circle Christiansburg, VA 24073 (540) 731-2000 2900 Lamb Circle Ste L760 Christiansburg, VA 24073 (540) 731-2436</td>
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**Specialists - Tier 1**
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<td>Farmville</td>
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|              | Hospital Affiliations: <br>Stafford Hospital Center <br>Spotsylvania Regional Medical Center <br>Southampton Memorial Hospital <br>Southside Community Hospital 
|              | Childs, Ronald, MD <br>OrthoVirginia, Inc <br>8501 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 810-5217 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Lane III, H Edward, MD <br>OrthoVirginia, Inc <br>8501 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 810-5217 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Lawhorn, Keith, MD <br>OrthoVirginia, Inc <br>3620 Joseph Siewick Drive Suite 100 <br>Fairfax, VA 22030 <br>(703) 810-5223 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>McMahon, Mark, MD <br>OrthoVirginia, Inc <br>3620 Joseph Siewick Drive Suite 100 <br>Fairfax, VA 22030 <br>(703) 810-5223 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Novak, David, MD <br>OrthoVirginia, Inc <br>3620 Joseph Siewick Drive Suite 100 <br>Fairfax, VA 22033 <br>(703) 810-5223 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Vitek, Jr., Brantley, MD <br>OrthoVirginia, Inc <br>8501 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 810-5217 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Wodajo, Felasfa M., MD <br>Virginia Cancer Specialists, P.C. <br>8503 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 280-5390 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital Virginia Hospital Center - Arlington <br>Dublin <br>Siegel, Marc, MD <br>Southwest Virginia Orthopedic and Spine LLC <br>4550 Lee Highway Suite A <br>Dublin, VA 24084 <br>(540) 440-3170 |
|              | Voos, Kurt, MD <br>Spectrum Medical Inc. (Specialists) <br>109 Bridge Street Suite 300 <br>(434) 793-4711 |
|              | Hospital Affiliations: <br>SOVAH Health - Danville <br>Dublin <br>Siegel, Marc, MD <br>Southwest Virginia Orthopedic and Spine LLC <br>4550 Lee Highway Suite A <br>Dublin, VA 24084 <br>(540) 440-3170 |
|              | Hospital Affiliations: <br>Stafford Hospital Center <br>Spotsylvania Regional Medical Center <br>Southampton Memorial Hospital <br>Southside Community Hospital 
|              | Childs, Ronald, MD <br>OrthoVirginia, Inc <br>8501 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 810-5217 |
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|              | Hospital Affiliations: <br>Inova Fairfax Hospital <br>Wodajo, Felasfa M., MD <br>Virginia Cancer Specialists, P.C. <br>8503 Arlington Blvd Suite 400 <br>Fairfax, VA 22031 <br>(703) 280-5390 |
|              | Hospital Affiliations: <br>Inova Fairfax Hospital Virginia Hospital Center - Arlington 
|              | Fishersville | Dean, Daniel, MD <br>Shenandoah Valley Orthopedics And Sports Medicine <br>70 Medical Center Circle Suite 110 <br>Fishersville, VA 22939 <br>(540) 932-5850 |
|              | Hospital Affiliations: <br>Augusta Medical Center <br>Esteban, Ramon C., MD <br>Shenandoah Valley Orthopedics And Sports Medicine <br>70 Medical Center Circle Ste 110 <br>Fishersville, VA 22939 <br>(540) 932-5850 |
|              | Hospital Affiliations: <br>Augusta Medical Center <br>Ottini, Jack F., MD <br>Shenandoah Valley Orthopedics And Sports Medicine <br>70 Medical Center Circle Suite 110 <br>Fishersville, VA 22939 <br>(540) 932-5850 |
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|              | Hospital Affiliations: <br>Augusta Medical Center <br>Pollard, Matthew E., MD <br>Augusta Health Spine Care Clinic <br>70 Medical Center Cir <br>Fishersville, VA 22939 <br>(540) 221-7400 |
|              | Hospital Affiliations: <br>Augusta Medical Center <br>Riser, Geoffrey, MD <br>Shenandoah Valley Orthopedics And Sports Medicine <br>70 Medical Center Circle Suite 110 <br>Fishersville, VA 22939 <br>(540) 932-5850 |
|              | Hospital Affiliations: <br>Augusta Medical Center <br>Carrilion New River Valley Medical Center <br>Carrilion Roanoke Memorial Hospital 
|              | Franklin | Patel, Manish, MD <br>Franklin Clinic Corporation <br>100 Fairview Drive <br>Franklin, VA 23851 <br>(757) 562-7301 |
|              | Hospital Affiliations: <br>Stafford Hospital Center <br>Stafford Hospital Center 
|              | Fredericksburg | Accousti, Kenneth J., MD <br>Fredericksburg Orthopaedic Associates PC <br>4710 Spotsylvania Parkway Suite 201 <br>Fredericksburg, VA 22407 <br>(540) 372-3233 |
|              | Hospital Affiliations: <br>Mary Washington Hospital (MWH) <br>Spotsylvania Regional Medical Center <br>Stafford Hospital Center 
|              | Fredericksburg | Baqie, Wahid M., MD <br>Fredericksburg Orthopaedic Associates PC <br>3310 Fall Hill Avenue <br>Fredericksburg, VA 22401 <br>(540) 373-4602 |
|              | Hospital Affiliations: <br>Mary Washington Hospital (MWH) <br>UVA Culpeper Hospital 
|              | Fredericksburg | Chung, Raymond K., MD <br>Orthopaedic Specialty Clinic, Inc. <br>1101 Sam Perry Blvd Ste 321 <br>Fredericksburg, VA 22401 <br>(540) 374-3155 |
|              | Hospital Affiliations: <br>Mary Washington Hospital (MWH) <br>Mary Washington Hospital (MWH) 
|              | Fredericksburg | Constantine, Kostas, MD <br>Fredericksburg Orthopaedic Associates PC <br>4710 Spotsylvania Parkway Suite 201 <br>Fredericksburg, VA 22407 <br>(540) 372-3233 |
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**Specialists - Tier 1**

- **Eglesvsky, Andre, MD**
  - Center for Orthopaedics (PINNACLE)
  - 2201 Charles St Suite 101
  - Fredericksburg, VA 22401
  - (540) 361-5333

- **Hospital Affiliations:**
  - Mary Washington Hospital (MWH)

- **Krushinski, Erik, MD**
  - Orthopedic Specialty Clinic LTD
  - 9530 Cosner Drive Suite 101
  - Fredericksburg, VA 22408
  - (540) 361-1830

- **Hospital Affiliations:**
  - Mary Washington Hospital (MWH)

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**Optima Direct Network Providers 9/2019**

444
Hardy

Apel, Peter James, MD
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Franklin Memorial Hospital

Costa, Leon N., MD
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Godin, Jonathan A., MD
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Habeeb, Edward David, MD
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Chesapeake Regional Medical Center

Kells, Douglas U., MD
CARLION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stem, Jesse L., MD
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35 Medical Ct
Hardy, VA 24101
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Harrisonburg

Coggins, Mark E., MD
Sentara RMH Medical Group, LLC
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(540) 689-4500

Hospital Affiliations:
Sentara RMH Medical Center

Henryco

Brickhouse, William D., MD
West End Orthopaedic Clinic
7858 Shadrer Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Crowl, Adam C., MD
West End Orthopaedic Clinic
7858 Shadrer Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Glowncki, Keith A., MD
West End Orthopaedic Clinic
7858 Shadrer Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Children's Hospital of Richmond
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Harrisonburg

Coggins, Mark E., MD
Sentara RMH Medical Group, LLC
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(540) 689-4500

Hospital Affiliations:
Sentara RMH Medical Center

Optima Direct Network Providers 9/2019 445
### Specialists - Tier 1

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<td>Chain, Jeffrey R., MD</td>
<td>Carilion Clinic Spine Surgery</td>
<td>(276) 773-8145</td>
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<td>Santini, Angela M., MD</td>
<td>Angela M. Santini, MD, PC</td>
<td>(703) 858-5454</td>
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<td>Angela M. Santini, MD, PC</td>
<td>(540) 458-3344</td>
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<td>Lansdowne Hospital</td>
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<td></td>
<td>19450 Deerfield Ave Ste 175, Lansdowne, VA 20176</td>
<td>(540) 458-3344</td>
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<td><strong>Leesburg</strong></td>
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<td>(540) 510-6200</td>
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<tr>
<td>Akhtar, Nauman, MD</td>
<td>Loudoun Medical Group PC</td>
<td>(540) 510-6200</td>
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<td>224 D Cornwall St NW Suite 204, Leesburg, VA 20176</td>
<td>(540) 510-6200</td>
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<td><strong>Gavin, Matthew, MD</strong></td>
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<td>(540) 510-6200</td>
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<td><strong>Kavanagh, Michael, MD</strong></td>
<td>Michael Kavanagh MD</td>
<td>(540) 510-6200</td>
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<td><strong>Moshirfar, Ali, MD</strong></td>
<td>Orthopaedic &amp; Spine Surgery Institute</td>
<td>(540) 725-9771</td>
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<td><strong>Watterson, Ian, MD</strong></td>
<td>Center For Spinal Surgery &amp; Spinal Disorders</td>
<td>(540) 725-1226</td>
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<td><strong>Lexington</strong></td>
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<td>(540) 725-1226</td>
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<td><strong>Apel, Peter James, MD</strong></td>
<td>CARILLON MEDICAL CENTER</td>
<td>(540) 725-1226</td>
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<td>CARILLON MEDICAL CENTER</td>
<td>(540) 725-1226</td>
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<td>**Stephenson, Robert Brian, MD</td>
<td>CARILLON Orthopedic Surgery</td>
<td>(540) 725-1226</td>
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<td>Leesburg Hospital</td>
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**Optima Direct Network Providers 9/2019**

446
Specialists - Tier 1

Luray

Balsamo, Luke H., MD
Valley Health Orthopaedics
125 Memorial Drive
Luray, VA 22835
(540) 743-2282

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Stevens, Suzanne, MD
Mountain View Orthopaedics
125 Memorial Drive
Luray, VA 22835
(540) 743-2282

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Valle Health Shenandoah Memorial Hospital Orthopaedics
200 Memorial Drive
Luray, VA 22835
(540) 743-4561

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Tuttle, John R, MD
Carilion Healthcare Corporation
25 Crossing Ln
Lexington, VA 24450
(540) 463-2103

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Lynchburg

Andrews, William, MD
West End Orthopaedic Clinic
2405 Ather Holt Road
Lynchnburg, VA 24501
(434) 485-8500

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Barnard, Jr., John W., MD
West End Orthopaedic Clinic
2405 Ather Holt Road
Lynchnburg, VA 24501
(434) 485-8500

Hospital Affiliations:
Centra Lynchburg General Hospital
John Randolph Medical Center

Bucker, Brandon T, MD
West End Orthopaedic Clinic
2405 Ather Holt Road
Lynchnburg, VA 24501
(434) 485-8500

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Lynchburg

Cassidy, Robert, MD
Centra Virginia Baptist Hospital
Marion, VA 24354
(276) 783-9752

Hospital Affiliations:
Smyth County Community Hospital

Costa, Leon N., MD
Carilion Healthcare Corporation
1107A Brookdale St
Martinsville, VA 24112
(877) 544-9752

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Krome, Jonathan, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24112
(276) 790-3233

Mahoney, John S, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24112
(276) 790-3233

Martinsville

Alfahd, Uosife M, MD
Martinsville Physician Practices, LLC
1100 E Church Street
Martinsville, VA 24112
(276) 638-2354

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Cassidy, Robert, MD
Martinsville Physician Practices, LLC
1100 E Church Street
Martinsville, VA 24112
(276) 638-2354

Hospital Affiliations:
Smyth County Community Hospital

Carilion Roanoke Memorial Hospital

Krome, Jonathan, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24112
(276) 790-3233

Mahoney, John S, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24112
(276) 790-3233
Specialists - Tier 1

Mechanicsville
Blank, John E., MD
Tuckahoe Orthopaedic Associates, Ltd
8220 Meadowbridge Rd Ste 108
Mechanicsville, VA 23116
(804) 559-6800
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Riverside Shore Memorial Hospital

Brown, Michael, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Parham Campus
West End Orthopaedic Clinic

Daniels, Kennedy S., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Parham Campus
Riverside Shore Memorial Hospital

Davis, Thorp J., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus

Vanickachorn, Jed S., MD
Tuckahoe Orthopaedic Associates, Ltd
8220 Meadowbridge Rd Ste 108
Mechanicsville, VA 23116
(804) 559-6800
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Harris, Barton, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Wells, Robert D., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Wilson, Jeffrey K., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

McDermott Jr., T. Paul, MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Sharma, Joy, MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus

Wind Jr., Michael A., MD
West End Orthopaedic Clinic
13700 St Francis Blvd
Midlothian, VA 23114

Midlothian
Glowacki, Keith A., MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Hadfield, Mark H., MD
West End Orthopaedic Clinic
13700 St Francis Blvd Ste 103
Midlothian, VA 23114
(804) 379-2414
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Kerr, Glenn, MD
OrthoVirginia, Inc
13700 St Francis Blvd Midlothian, VA 23114
(804) 379-2414

Kim, Joseph, MD
West End Orthopaedic Clinic
13700 St Francis Blvd Ste 103
Midlothian, VA 23114
(804) 379-2414
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Kritis, Paul G., MD
West End Orthopaedic Clinic
13700 St Francis Blvd Ste 103
Midlothian, VA 23114
(804) 379-2414
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Balsamo, Luke H., MD
Valley Health Orthopedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Mitchell, Erik, DO
Valley Health Shenandoah Mem Hosp Mutlspec Clinic-New Market
9166 N Congress St Suite 2
New Market, VA 22844
(540) 459-1515
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

Stevens, Suzanne, MD
Mountain View Orthopedics
9166 North Congress Street
New Market, VA 22844
Valley Health Shenandoah Mem Hosp Mutlspec Clinic-New Market
9166 N Congress St Suite 2
New Market, VA 22844
(540) 459-1340
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

Van Buecken, Kent P., MD
Valley Health Orthopaedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380
Hospital Affiliations:
Norton Community Hospital
Warren Memorial Hospital, Inc.
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<td>Carter, Anthony T., MD</td>
<td>Hampton Roads Orthopedic And Sports Medicine, LLC</td>
<td>730 Thimble Shoals Blvd Ste 130 Newport News, VA 23606 (757) 873-1554</td>
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<td>Hampton Roads Orthopedic And Sports Medicine, LLC</td>
<td>730 Thimble Shoals Blvd Ste 130 Newport News, VA 23606 (757) 873-1554</td>
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<tr>
<td>Bevilaqua, Anthony M., DO</td>
<td>Sentara Orthopedic Trauma Specialists (SMG)</td>
<td>2200 General Dr Ste 204 Norfolk, VA 23507 (757) 388-5680</td>
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Manke, Chad R., MD
Atlantic Orthopaedic Specialists
160 Kingsley Lane Suite 405
Norfolk, VA 23505
(757) 321-3300
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Saller, Jeremy, MD
Children's Surgical Specialty Group (CSSG)
171 Kempsville Rd Bldg A
Norfolk, VA 23502
(757) 668-6550
Hospital Affiliations:
Children's Hospital of the King's Daughters

Shall, Lawrence M, MD
Atlantic Orthopaedic Specialists
6160 Kempsville Circle Suite 200B
Norfolk, VA 23502
(757) 321-3300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shuff, Charles E, MD
Atlantic Orthopaedic Specialists
600 Gresham Dr Ste 204
Norfolk, VA 23507
(757) 388-5680
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Smith, Christopher S, MD
Sentara Orthopaedic Trauma Specialists (SMG)
600 Gresham Dr Ste 204
Norfolk, VA 23507
(757) 388-5680
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tenfelde, Allison M., MD
Children's Surgical Specialty Group (CSSG)
171 Kempsville Rd
Norfolk, VA 23502
(757) 668-6550
Hospital Affiliations:
Children's Hospital of the King’s Daughters

Warren, Paul D., MD
Atlantic Orthopaedic Specialists
6160 Kempsville Circle Suite 200B
Norfolk, VA 23502
(757) 321-3300
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

---

North Chesterfield

Birmingham, Miles, DO
West End Orthopaedic Clinic
1115 Boulders Parkway Ste 100
North Chesterfield, VA 23225
(804) 320-1339

Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital

White, Peter, MD
West End Orthopaedic Clinic
1400 Johnston Willis Drive Suite A
North Chesterfield, VA 23235
(804) 379-8088

Norton

Jeansonne, Gregory Edmund, MD
Associated Orthopedics of Kingsport PC
338 Coeburn Avenue SW
Norton, VA 24273

Hospital Affiliations:
Indian Path Community Hospital

Price, James W., MD
Community Physicians Orthopedics
1490 Park Avenue NW Suite 4 A
Norton, VA 24273
(276) 439-1385

Hospital Affiliations:
Dickenson Community Hospital
Norfolk Community Hospital

---

Pearson

Eastwood, Bart, DO
Sideline Orthopedics and Sports Medicine LLC
312 North Main Street
Pearson, VA 24134
(540) 552-7133

Hospital Affiliations:
Columbia Pulaski Community Hospital
b/a LewisGale Pulaski
Montgomery Regional Hospital
b/a LewisGale Montgomery

Helvey, Michael Scott, DO
Carilion Healthcare Corporation
159 Hartley Way
Pearson, VA 24134
(540) 731-7600

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
## Specialists - Tier 1

### Portsmouth

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<td>Gocke, Ryan T, MD</td>
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<td>Luciano-Perez, Ernesto, MD</td>
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<td>Gray, Kenneth W., MD</td>
<td>Radford Orthopedic Center PC</td>
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### Reston

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<td>Aguilar Jr, George, MD</td>
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### Prince George

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<td>Mariscalco, Michael, MD</td>
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<td>Miller Sr., David W., MD</td>
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<td>Sidhu, Baljit S., MD</td>
<td>West End Orthopaedic Clinic</td>
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<td>Gardner, Stuart, MD</td>
<td>Southwest Virginia Orthopedic and Spine LLC</td>
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### Pulaski

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### Radford

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### Richmond

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<td>Aarons, Chad E., MD</td>
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<td>Ayres II, John W., MD</td>
<td>West End Orthopaedics Clinic Inc</td>
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<tr>
<td>Beach, William R., MD</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
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<td>Boardman, HJ, Douglas, MD</td>
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### Richlands

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<td>Santos, Chauncey B, MD</td>
<td>Orthopedics of SW Virginia</td>
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### Other Affiliations

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Optima Direct Network Providers 9/2019
Brown, Michael, MD  
West End Orthopaedic Clinic  
5899 Bremo Rd Ste 100  
Richmond, VA 23226  
(804) 288-4602  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Riverside Shore Memorial Hospital  
Burkhardt, ANT, MD  
West End Orthopaedic Clinic  
1400 Johnston Willis Dr Ste A  
Richmond, VA 23235  
(804) 379-8088  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital  
Caldwell III, Paul E., MD  
Tuckahoe Orthopaedic Associates, Ltd  
1500 Maple Ave Ste 200  
Richmond, VA 23226  
(804) 285-2300  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary's Hospital  
Cheatham, Seth A., MD  
MCV Associated Physicians (Orthopaedics)  
1250 E Marshall St  
Richmond, VA 23298  
(804) 828-7069  
Hospital Affiliations:  
VCU Health System/MCV  
Cohen, Lawrence F., MD  
MCV Associated Physicians (Orthopaedics)  
1250 E Marshall St  
Richmond, VA 23298  
(804) 828-7051  
Hospital Affiliations:  
VCU Health System/MCV  
Cotterell, Ilvy H, MD  
MCV Associated Physicians (Orthopaedics)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-7069  
Hospital Affiliations:  
VCU Health System/MCV  
Dalton, Gordon Vincent, MD  
West End Orthopaedic Clinic  
5899 Bremo Rd Ste A  
Richmond, VA 23226  
(804) 288-8512  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital  
Distasio, Anthony, MD  
Richmond Sports Medicine  
1115 Boulders Plkwy Suite 110  
Richmond, VA 23225  
(804) 560-6500  
Hospital Affiliations:  
Chesapeake Regional Medical Centers  
Chippenham Medical Center/Johnston-Willis Hospital  
Sentara Albermarle Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Dobzyniak, Matthew A, MD  
Tuckahoe Orthopaedic Associates, Ltd  
1500 Maple Ave Ste 200  
Richmond, VA 23226  
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Hospital Affiliations:  
VCU Health System/MCV  
Domson, Gregory, MD  
MCV Associated Physicians (Orthopaedics)  
417 N 11th Street  
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(804) 828-7069  
Hospital Affiliations:  
VCU Health System/MCV  
Dyer, Dustin, DO  
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Hospital Affiliations:  
VCU Health System/MCV  
Frankenhoff, Jessica, MD  
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Richmond, VA 23298  
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Hospital Affiliations:  
VCU Health System/MCV  
Garnett, Lockett W., MD  
West End Orthopaedic Clinic  
5899 Bremo Rd Ste 100  
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Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Golladay, Gregory, MD  
MCV Associated Physicians (Orthopaedics)  
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Hospital Affiliations:  
VCU Health System/MCV  
Golladay, Gregory, MD  
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1501 Maple Avenue Suite 200  
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(804) 285-2300  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Heisinger, Adam J, DO  
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Richmond, VA 23226  
(804) 285-2300  
Hospital Affiliations:  
VCU Health System/MCV  
Hale, Gregory, MD  
Tuckahoe Orthopaedic Associates, Ltd  
1501 Maple Avenue Suite 200  
Richmond, VA 23226  
(804) 285-2300  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus  
Heisinger, Adam J, DO  
Tuckahoe Orthopaedic Associates, Ltd  
1501 Maple Avenue Suite 200  
Richmond, VA 23226  
(804) 285-2300  
Hospital Affiliations:  
VCU Health System/MCV  
Herd, Gregory, MD  
West End Orthopaedic Clinic  
1400 Johnston Willis Dr Ste A  
Richmond, VA 23235  
(804) 379-8088  
Hospital Affiliations:  
VCU Health System/MCV  
Hull, Jason, MD  
Tuckahoe Orthopaedic Associates, Ltd  
1501 Maple Avenue Suite 200  
Richmond, VA 23226  
(804) 285-2300  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Irby, E. Claiborne, MD  
West End Orthopaedic Clinic  
7650 East Parham Road  
Richmond, VA 23294  
(804) 288-3136  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
Isaacs, Jonathan E, MD  
MCV Associated Physicians (Orthopaedics)  
410 N 12th St  
Richmond, VA 23298  
(804) 828-6784  
Hospital Affiliations:  
VCU Health System/MCV  
VCU Health System/MCV (MCVH)  
Jones, Mark M., MD  
West End Orthopaedic Clinic  
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Richmond, VA 23235  
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500 Hioaks Rd Ste B  
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(804) 320-1339  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital  
Kates, Stephen L, MD  
MCV Associated Physicians (Orthopaedics)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-7069  
Hospital Affiliations:  
VCU Health System/MCV  
Optima Direct Network Providers 9/2019 452
Kim, Christopher K., MD
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Richmond-Willis Hospital
- Henrico Doctors’ Hospital - Forest
  Campus
- St. Mary’s Hospital
Kuester, Victoria, MD
MCV Associated Physicians (Orthopaedics)
417 N 11th St
Richmond, VA 23298
(804) 828-7069
Hospital Affiliations:
- VCU Community Memorial Hospital
- VCU Health System/MCV
Lee, Christopher, MD
MCV Associated Physicians (Orthopaedics)
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(804) 828-7069
Hospital Affiliations:
- VCU Health System/MCV
Loughran, Thomas P., MD
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1300 W Broad Street Ste 113
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Hospital Affiliations:
- Henrico Doctors’ Hospital - Retreat Campus
- VCU Health System/MCV
Matt, Victoria, MD
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1501 Maple Avenue Suite 200
Richmond, VA 23226
(804) 285-2300
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus
McCoig, James A., MD
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95 Harris Road Building 5
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Hospital Affiliations:
- Rappahannock General Hospital
McGlynn, Fred J., MD
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Richmond, VA 23226
(804) 285-2300
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors’ Hospital - Forest Campus
- St. Mary’s Hospital
Meyers, John F., MD
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Hospital Affiliations:
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- Henrico Doctors’ Hospital - Forest Campus
- St. Mary’s Hospital
Miller Sr., David W., MD
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Hospital Affiliations:
- VCU Health System
Mostello, Andrew J, DO
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Mudrick, Colin, MD
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- Bon Secours St. Marys Hospital
Nedeff, David D, MD
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- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
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Richmond, VA 23236
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Richmond-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital
- St. Mary’s Hospital
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- VCU Health System/MCV
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Hospital Affiliations:
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Robertson, Ryan, MD
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- Henrico Doctors’ Hospital - Parham Campus
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Scioscia, Thomas N., MD
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
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Shia, Anthony J., MD
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Richmond-Willis Hospital
- St. Mary’s Hospital
Shia, Harry, MD  
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Richmond, VA 23294  
(804) 282-6160

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Healthsouth Rehabilitation Hospital of Virginia  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

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Children's Hospital of Richmond of the VCU Health System  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
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Bon Secours St. Marys Hospital  
St. Mary's Hospital

Smith, III, Julius P., MD  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Smith, Jared M, MD  
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Hospital Affiliations:  
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VCU Health System/MCV

Viezzi, Scott, MD  
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Hospital Affiliations:  
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Walker, Matthew, MD  
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(804) 288-3136

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Watkins, Stephen E, DO  
Tuckahoe Orthopaedic Associates, Ltd  
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Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Wind Jr., Michael A., MD  
West End Orthopaedic Clinic  
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Richmond, VA 23235  
(804) 379-8088

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital of Richmond

Young, Dale Christopher, MD  
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Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital of Richmond

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Hospital Affiliations:  
VCU Community Memorial Hospital  
VCU Health System/MCV

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Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Roanoke, VA 24014  
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Roanoke, VA 24014  
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Roanoke, VA 24018  
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Roanoke, VA 24014  
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Roanoke, VA 24016  
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Roanoke, VA 24018  
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2017 S Jefferson St
Roanoke, VA 24014
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Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Carmouche, Jonathan Joseph, MD
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2017 S Jefferson Street
Roanoke, VA 24016
2331 Franklin Rd SW
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Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Chain, Jeffrey R., MD
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213 S Jefferson Street Ste 416
Roanoke, VA 24011

Hospital Affiliations:
Carilion New River Valley Medical Center

Chandler, James T., MD
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Roanoke, VA 24014
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Hospital Affiliations:
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Coniglione, Franco Miro, DO
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4064 Postal Dr
Roanoke, VA 24018

Hospital Affiliations:
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Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
Carilion New River Valley Medical Center
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Costa, Leon N., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Chesapeake Regional Medical Center

Hagan III, Hugh J., MD
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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

Harris, Ryan, DO
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Hemphill, Edward S., MD
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Hospital Affiliations:
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Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Mann, III, John Walter, MD
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4064 Postal Dr
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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

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Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Salem

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3 Riverside Cir
Roanoke, VA 24016
(540) 725-1226

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Seamon, Jesse B., MD
CARLION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226
3 Riverside Cir
Roanoke, VA 24016
(540) 725-1226

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Tuttle, John R, MD
CARLION MEDICAL CENTER
1102 Jefferson St
Roanoke, VA 20016
(540) 342-0707
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226
3 Riverside Cir
Roanoke, VA 24016
(540) 725-1226

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Wolfe, Michael W., MD
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 20013
1906 Belleview Ave
Roanoke, VA 24014
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
4064 Postal Dr
Roanoke, VA 24018

Rocky Mount

Stem, Jesse L., MD
Carilion Healthcare Corporation
180 Idea Ave
Roanoke, VA 24016
(540) 342-0707
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Costa, Leon N., MD
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Durham, Alfred Ainsley, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Gagliardi, Martin P., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Hag, Mark, MD
Virginia Orthopaedic, PC
101 Knotbreak Road
Salem, VA 24153
(540) 444-4020

Hospital Affiliations:
Lewis-Gale Medical Center

Hakanson, Robyn J., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24102
(540) 725-3350

Hospital Affiliations:
Lewis-Gale Medical Center

Jones, Micah W. I., DO
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Hospital Affiliations:
Lewis-Gale Medical Center

Leipzig, James M., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Circle
Salem, VA 24153
(540) 725-9771

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
Montgomery Regional Hospital//
Lewis-Gale Montgomery

Muawwad, Rafik D., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Hospital Affiliations:
Lewis-Gale Medical Center

Patterson, Phillip J., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Riebel, Gregory D., MD
Lewis-Gale Physicians, LLC
101 Knotbreak Road
Salem, VA 24153
(540) 444-4020

Hospital Affiliations:
Lewis-Gale Medical Center

Rowley, Mark A., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 725-3350

Hospital Affiliations:
Lewis-Gale Medical Center

Stem, Jesse L., MD
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonehew Jackson Hospital

Stem, Jesse L., MD
CARLION MEDICAL CENTER
1102 Jefferson St
Roanoke, VA 24016
(540) 342-0707
1906 Belleview Ave
Roanoke, VA 24014
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2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
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Carilion Stonewall Jackson Hospital

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CARLION MEDICAL CENTER
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Roanoke, VA 24016
(540) 342-0707
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Roanoke, VA 24014
(540) 981-7000
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Waldrop, Preston, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 444-4020

Hospital Affiliations:
Lewis-Gale Medical Center

Kyles, Michael K., MD
SENTARA SOUTHERN VIRGINIA ORTHOPEDICS
455 Hamilton Blvd
South Boston, VA 24592
(434) 572-4074

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
Hashemi, Ali, MD
Fredericksburg Orthopaedic Associates PC
90 Greensprings Dr
Stafford, VA 22554
(540) 657-2925

Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotylvania Regional Medical Center
Stafford Hospital Center

Leung, Sophia S.W., MD
Sentara RMH Medical Group, LLC
42 Lambert Street Suite 121
Staunton, VA 24401
(540) 213-6700

Hospital Affiliations:
Sentara RMH Medical Center

Staunton

Godette, George A., MD
Augusta Orthopedic Surgery PLC
108 MacTanly Place
Staunton, VA 24401
(540) 885-1281

Hospital Affiliations:
Augusta Medical Center

Hardigree, Gregory K., MD
Augusta Orthopedic Surgery PLC
108 MacTanly Place
Staunton, VA 24401
(540) 885-1281

Hospital Affiliations:
Augusta Medical Center

Stuart

Cassidy, Robert, MD
Martinsville Physician Practices, LLC
18688 Jeb Stuart Hwy
Stuart, VA 24171
(276) 694-3151

Hospital Affiliations:
SOVAH Health - Martinsville

Eastwood, Bart, DO
Sideline Orthopedics and Sports Medicine LLC
18688 Jeb Stuart Highway
Stuart, VA 24171
(540) 552-7133
835 Woodland Drive
Stuart, VA 24171
(540) 552-7133

Hospital Affiliations:
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Suffolk

Baecher, Nicolai B., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnetts Way Suite 100
Suffolk, VA 23434
(757) 549-5352

Hospital Affiliations:
Sentara Obici Hospital

Bevilaqua, Anthony M., DO
Sports Medicine & Orthopaedic Center, Inc.
150 Burnetts Way
Suffolk, VA 23434
(757) 547-5145

Goss, David G., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnetts Way
Suffolk, VA 23434
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital
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<td><strong>Budorick, Timothy E., MD</strong></td>
<td>Atlantic orthopaedic specialists</td>
<td>1800 Camelot Dr Suite</td>
<td>(540) 981-8668</td>
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<td><strong>Avery, Anthony, MD</strong></td>
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<td><strong>Avery, Gordon, MD</strong></td>
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<td>8320 Old Courthouse Road Suite</td>
<td>(703) 810-5213</td>
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<td><strong>Hughes, Steven, MD</strong></td>
<td>ortho/Virginia Inc</td>
<td>8320 Old Courthouse Road Suite</td>
<td>(703) 810-8213</td>
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<td><strong>Persons, Jeffrey B, MD</strong></td>
<td>persons orthopaedic sports medicine &amp; joint</td>
<td>1005 Commercial Lane Ste 200</td>
<td>(757) 538-1776</td>
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<td>Suffolk, VA 23434</td>
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<td><strong>Romness, David, MD</strong></td>
<td>ortho/Virginia Inc</td>
<td>8320 Old Courthouse Road Suite</td>
<td>(703) 810-5213</td>
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<td><strong>Sumida, Kevin, MD</strong></td>
<td>ortho/Virginia Inc</td>
<td>8320 Old Courthouse Road Suite</td>
<td>(703) 810-5213</td>
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**Optima Direct Network Providers 9/2019**

**OptimaHealth**
<table>
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<th>Name</th>
<th>Position</th>
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<th>City, State, Zip Code</th>
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<tr>
<td>Distasio, Anthony, MD</td>
<td>Sentara Orthopaedic Trauma Specialists (SMG)</td>
<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
</tr>
<tr>
<td>Griffin, Justin W, MD</td>
<td>Jordan-Young Institute, PC</td>
<td>5716 Cleveland St Suite 200</td>
<td>Virginia Beach, VA 23452</td>
<td>(757) 302-8583</td>
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<tr>
<td>Molligan, Harry J, MD</td>
<td>Sentara Orthopaedic Trauma Specialists (SMG)</td>
<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
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<tr>
<td>Cohn, Sheldon C, MD</td>
<td>Sentara Orthopaedic Trauma Specialists (SMG)</td>
<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
</tr>
<tr>
<td>Carofino, Bradley, MD</td>
<td>Atlantic Orthopaedic Specialists</td>
<td>1800 Camelot Dr Suite 300</td>
<td>Virginia Beach, VA 23456</td>
<td>(757) 321-3300</td>
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<tr>
<td>Campbell, Robert Brick, MD</td>
<td>Virginia Institute for Sports Medicine, LLC</td>
<td>1849 Old Donation Pkwy</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 422-8476</td>
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<tr>
<td>Jordan, Jr., Louis Charles, MD</td>
<td>Jordan-Young Institute, PC</td>
<td>5716 Cleveland St Ste 200</td>
<td>Virginia Beach, VA 23454</td>
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<td>Clifford, David M, MD</td>
<td>Atlantic Orthopaedic Specialists</td>
<td>1800 Camelot Dr Suite 300</td>
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<td>5716 Cleveland St Suite 200</td>
<td>Virginia Beach, VA 23452</td>
<td>(757) 302-8583</td>
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<tr>
<td>Molligan, Harry J, MD</td>
<td>Sentara Orthopaedic Trauma Specialists (SMG)</td>
<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
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<tr>
<td>Cohn, Sheldon C, MD</td>
<td>Atlantic Orthopaedic Specialists</td>
<td>1800 Camelot Dr Suite 300</td>
<td>Virginia Beach, VA 23456</td>
<td>(757) 321-3300</td>
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<td>Distasio, Anthony, MD</td>
<td>Sentara Orthopaedic Trauma Specialists (SMG)</td>
<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
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<td>Griffin, Justin W, MD</td>
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<td>2859 Virginia Beach Blvd Ste 101</td>
<td>Virginia Beach, VA 23454</td>
<td>(757) 388-5680</td>
</tr>
</tbody>
</table>
### Specialists - Tier 1

**Saller, Jeremy, MD**  
Children's Surgical Specialty Group (CSSG)  
2021 Concert Drive Suite 102  
Virginia Beach, VA 23456  
(757) 668-2775

**Hospital Affiliations:**  
Children's Hospital of the King's Daughters

**Shall, Lawrence M, MD**  
Atlantic Orthopaedic Specialists  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Sentara Williamsburg Regional Medical Center

**Siegel, Jack L, MD**  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

**Hospital Affiliations:**  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center

---

**Moore, Jeffrey D, MD**  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Ste 204  
Williamsburg, VA 23188  
(757) 707-3508

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

**Smith, Christopher S, MD**  
Sentara Orthopaedic Trauma Specialists (SMG)  
5335 Discovery Park Blvd Ste B  
Williamsburg, VA 23188  
(757) 253-0603

**Hospital Affiliations:**  
Chippenham Medical Center  
Johnston-Willis Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

---

**Winchester**

**Baechler, Martin F, MD**  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

**Hospital Affiliations:**  
Winchester Medical Center

**Brown, Andrew Nathan, MD**  
Valley Orthopaedic Trauma Specialists  
1870 Amherst Street  
Winchester, VA 22601  
(540) 536-8000

**Cooper, William A, MD**  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

**Hospital Affiliations:**  
Winchester Medical Center

**Courtney, Thomas W, MD**  
Bone & Joint Specialists of Winchester, PC  
136 Linden Dr Ste 104  
Winchester, VA 22601  
(540) 667-9252

**Hospital Affiliations:**  
Winchester Medical Center

**Dickson, Crystal M, MD**  
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190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

**Hospital Affiliations:**  
Winchester Medical Center

**Gore, Abbey K.L, MD**  
Winchester Orthopaedic Associates, LTD  
128 Medical Circle  
Winchester, VA 22601  
(540) 667-8975

**Hospital Affiliations:**  
Winchester Medical Center

**Martenson, Stephen H, MD**  
Winchester Orthopaedic Associates, LTD  
128 Medical Circle  
Winchester, VA 22601  
(540) 667-8975

**Hospital Affiliations:**  
Sentara Winchester Medical Center

---

**Woodstock**

**Balsamo, Luke H, MD**  
Valley Health Orthopaedics  
240 Shenandoah Street  
Woodstock, VA 22664  
(540) 459-1354

**Hospital Affiliations:**  
Warren Memorial Hospital, Inc.
Gajewski, Timothy, MD  
Valley Health Shenandoah  
Memorial Hospital Orthopaedics  
759 South Main Street  
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(540) 459-1384  

Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Warren Memorial Hospital, Inc.

Mitchell, Erik, DO  
Valley Health Shenandoah Mem  
Hoop Multispec Clinic-New Market  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-2957  

Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Warren Memorial Hospital, Inc.

Stevens, Suzanne, MD  
Mountain View Orthopedics  
240 Shenandoah Street  
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(540) 459-1354  

Hospital Affiliations:  
Norton Community Hospital  
Warren Memorial Hospital, Inc.

Van Buecken, Kent P., MD  
Valley Health Shenandoah Orthopaedics  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-1354  

Hospital Affiliations:  
Page Memorial Hospital Inc  
Shenandoah Memorial Hospital Inc  
Winchester Medical Center

Zimet, Daniel L., MD  
Valley Health Orthopaedics  
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Wytheville  

Wytheville  

Dalls, James, MD  
Ridgeview Orthopaedics and Sports Medicine  
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(276) 228-0566  

Hospital Affiliations:  
Wythe County Community Hospital  
Twin County Regional Hospital  
Wythe County Community Hospital  

Eastwood, Bart, DO  
Sideline Orthopedics and Sports Medicine LLC  
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Hospital Affiliations:  
Columbia Pulaski Community Hospital  
Montgomery Regional Hospital  

Francisco, Ramces A., MD  
Wythe County Physician Practices, LLC  
1995 West Ridge Road  
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Hospital Affiliations:  
Clinch Valley Medical Center  

King, David C, MD  
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Hospital Affiliations:  
Wythe County Community Hospital  

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(703) 738-4378  

National Spine & Pain Centers  
6355 Walker Lane Ste 507  
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(703) 738-4378  

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  

Fisheko, Brian A, MD  
Commonwealth Ear Nose & Throat Specialists PC  
14051 St Francis Blvd Suite 2211  
Midlothian, VA 23114  
(804) 378-7443  

Hospital Affiliations:  
Twin County Regional Hospital  
Warren Memorial Hospital, Inc.  

Soteropoulos, Costa, MD  
National Spine & Pain Centers  
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Alexandria, VA 22310  
(703) 738-4378  

Hospital Affiliations:  
Chesterfield Orthopaedics  
Commonwealth Orthopaedics  

Optima Direct Network Providers 9/2019 462
| Christiansburg | Fairfax | Wagner, Robert, MD  
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3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 738-4331  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital |
|-----------------|----------|---------------------------------------------------------------|
| Baylor, George M., MD  
Blue Ridge Pain Management Associates, PC  
95 Ponderosa Dr  
Christiansburg, VA 24073  
(540) 444-5670  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center |
| Crichlow, Andrew R., MD  
Blue Ridge Pain Management Associates, PC  
95 Ponderosa Dr  
Christiansburg, VA 24073  
(540) 444-5670  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center |
| Dixon, Duane, MD  
Pain Care Center of Lynchburg  
8 Radford Street Suite 202  
Christiansburg, VA 24073  
(540) 381-2425  
Hospital Affiliations:  
Lewis-Gale Medical Center |
| Dragovich, Anthony L., MD  
Blue Ridge Pain Management Associates, PC  
95 Ponderosa Dr  
Christiansburg, VA 24073  
(540) 444-5670  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Montgomery Regional Hospital d/b/a LewisGale Montgomery |
| Gopal, Alok, MD  
National Spine & Pain Centers  
3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 738-4331  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital |
| Saltarrello, Anthony, MD  
National Spine & Pain Centers  
3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 738-4331  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital |
| Balint, Virgil, MD  
National Spine & Pain Centers  
3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 914-8000  
Hospital Affiliations:  
Inova Alexandria Hospital |
| Harrell, Raymond M., MD  
National Spine & Pain Centers  
920 N Shenandoah Avenue Suite 101  
Front Royal, VA 22630  
(703) 914-8000  
Hospital Affiliations:  
Inova Alexandria Hospital |
| Van Osten, George, MD  
National Spine & Pain Centers  
920 North Shenandoah Avenue Suite 101  
Front Royal, VA 22630  
(540) 551-5564  
Hospital Affiliations:  
Inova Alexandria Hospital |
| Schwartz, Daniel, MD  
National Spine & Pain Centers  
3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 914-8000  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital |
| Wisor, Douglas, MD  
National Spine & Pain Centers  
3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 738-4331  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital |
| Farmville | SALEH, ISLAM A, MD  
Acute Rehab CentraHealth  
800 Oak Street  
Farmville, VA 23901  
(434) 315-2914 |
| Davis, Jared A., MD  
Augusta Health Pain Management Clinic  
70 Medical Center Circle Suite 305  
Fishersville, VA 22939  
(540) 932-5747  
Hospital Affiliations:  
Augusta Medical Center  
VHA Culpeper Hospital |
| Tousi, Ruzbeh, DO  
Augusta Health Pain Management Clinic  
70 Medical Center Circle Suite 305  
Fishersville, VA 22939  
(540) 932-5747  
Hospital Affiliations:  
Augusta Medical Center |
| Fredericksburg | Soteropoulos, Costa, MD  
National Spine & Pain Centers  
411 Parkhill Drive Suite B  
Frederickburg, VA 22401  
(703) 368-3917  
Hospital Affiliations:  
Twin County Regional Hospital  
Lonesome Pine Hospital |
| Lin, Qi, MD  
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4000 Coliseum Dr Ste 340  
Hampton, VA 23666  
(757) 827-2230  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital |
| WISOR, DOUGLAS, MD  
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3031 Javier Road Suite 100  
Fairfax, VA 22031  
(703) 738-4331  
Hospital Affiliations:  
Augusta Medical Center  
Twin County Regional Hospital |
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Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Obici Hospital |
| Harrisonburg | Badarinath, Suhas, MD  
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2034 Pro Pointe Lane  
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(540) 453-1905  
Hospital Affiliations:  
Sentara Pain Management Specialists (SMG)  
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Sentara Obici Hospital |
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Greeer, Kevin C, MD
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Sentara RMH Medical Center

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Hospital Affiliations:
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Holland, Matthew, MD
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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

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Hospital Affiliations:
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Lansdowne

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Inova Fairfax Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Inova Fairfax Hospital

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Hospital Affiliations:
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Inova Fairfax Hospital

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Hospital Affiliations:
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(703) 738-4384

Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Lexington

Davis, Jared A., MD
Augusta Health Pain Management Clinic
30 Greenhouse Rd
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(540) 464-3465

Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Lu, Yaohua, MD
CARILION MEDICAL CENTER
1 Health Cir
Lexington, VA 24450
(540) 458-3344

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Toussi, Ruzbeh, DO
Augusta Health Pain Management Clinic
30 Greenhouse Rd
Lexington, VA 24450
(540) 464-3465

Hospital Affiliations:
Augusta Medical Center
Optima Direct Network Providers 9/2019

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Optima Health
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<th>Location</th>
<th>Name</th>
<th>Affiliation</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Lynchburg</td>
<td>Soteropoulos, Costa, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
<td></td>
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<tr>
<td></td>
<td>Balint, Virgil, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
<td></td>
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<tr>
<td></td>
<td>Saleh, Islam A, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(703) 914-8000</td>
<td></td>
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<tr>
<td></td>
<td>Friedlis, Mayo, MD National Spine &amp; Pain Centers</td>
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<td>(434) 846-9170</td>
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</tr>
<tr>
<td></td>
<td>Protopapas, Marina, DO National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<tr>
<td></td>
<td>Patel, Ketan B., MD National Spine &amp; Pain Centers</td>
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<td>(434) 846-9170</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kendall, Daniel, DO National Spine &amp; Pain Centers</td>
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<td>(434) 846-9170</td>
<td></td>
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<tr>
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<td>Hassassian, Sassan, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<td>Holland, Matthew, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<td>Mahboobi, Ramatia, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<tr>
<td>Madison Heights</td>
<td>Dixon, Duane, MD Pain Care Center of Lynchburg</td>
<td>4262 S Amherst Hwy Ste 200, Lynchburg, VA 24572</td>
<td>(434) 528-4640</td>
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<td>Wiser, Douglas, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<td>Wiser, Douglas, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 528-4640</td>
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<tr>
<td>Manassas</td>
<td>Hassassian, Sassan, MD National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Ste 117, Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<td>Mahboobi, Ramatia, MD National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Ste 117, Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<td>Patet, Ketan B., MD National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Ste 117, Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<tr>
<td></td>
<td>Protopapas, Marina, DO National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Ste 117, Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<tr>
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<td>Soteropoulos, Costa, MD National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Ste 117, Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<tr>
<td></td>
<td>Saleh, Islam A, MD Acute Rehab Centrahealth</td>
<td>3300 Rivermont Ave, Lynchburg, VA 24503</td>
<td>(434) 200-4175</td>
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<td>Shenbhag, Ashish, MD National Spine &amp; Pain Centers</td>
<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<td>2015 Tate Springs Road, Lynchburg, VA 24501</td>
<td>(434) 846-9170</td>
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<tr>
<td>Martinsville</td>
<td>Dailey, James A, MD Spectrum Medical Inc. (Specialists)</td>
<td>1075 Spruce St, Martinsville, VA 24112</td>
<td>(276) 790-3233</td>
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<tr>
<td></td>
<td>Fraied, Eduardo M, MD Spectrum Medical Inc. (Specialists)</td>
<td>1075 Spruce St, Martinsville, VA 24112</td>
<td>(276) 790-3233</td>
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<tr>
<td></td>
<td>Soteropoulos, Costa, MD National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Ste 103, McLean, VA 22110</td>
<td>(703) 738-4342</td>
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<tr>
<td>Midlothian</td>
<td>Nazmi, Peyman, MD Richmond Spine Interventions and Pain Center</td>
<td>14404 Sommerville Ct, Midlothian, VA 23113</td>
<td>(804) 378-1800</td>
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<tr>
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<td>Soteropoulos, Costa, MD National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Ste 103, McLean, VA 22110</td>
<td>(703) 738-4342</td>
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<td>Wisor, Douglas, MD National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Ste 103, McLean, VA 22110</td>
<td>(703) 738-4342</td>
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<tr>
<td>Newport News</td>
<td>Andrus, Jenny, MD Orthopaedic &amp; Spine Ctr (Orthopaedic &amp; Spine Ctr)</td>
<td>250 Nat Turner Blvd, Newport News, VA 23606</td>
<td>(757) 596-1900</td>
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<td>Dawson, Christopher A, MD Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>860 Omni Blvd Suite 115, Newport News, VA 23606</td>
<td>(757) 232-8844</td>
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<tr>
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<td>Sureja, Raj, MD Orthopaedic &amp; Spine Ctr (Orthopaedic &amp; Spine Ctr)</td>
<td>250 Nat Turner Blvd, Newport News, VA 23606</td>
<td>(757) 596-1900</td>
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<tr>
<td>Norfolk</td>
<td>Bragg, Winifred, MD Spine &amp; Orthopedic Pain Center, PC</td>
<td>616 Kempsville Circle Smithfield Bldg Ste 303A, Norfolk, VA 23502</td>
<td>(757) 333-3360</td>
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<tr>
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<td>Rich, Thomas J., MD Consultants in Pain Management Inc</td>
<td>600 Gresham Dr, Newport News, VA 23608</td>
<td>(757) 455-8887</td>
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<tr>
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<td>Bullard, Graham W., MD Southeast Pain Care at Hampton Roads</td>
<td>814 Kempsville Rd Suite 104, Norfolk, VA 23502</td>
<td>(757) 455-8887</td>
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<tr>
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<td>Romanoff, Mark E., MD Southeast Pain Care at Hampton Roads</td>
<td>814 Kempsville Rd Suite 104, Norfolk, VA 23502</td>
<td>(757) 455-8887</td>
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</tr>
</tbody>
</table>
Specialists - Tier 1

Rosa, Miguel A., MD
Consultants in Pain Management Inc
600 Gresham Dr
Norfolk, VA 23507
(757) 473-0104

Ruiz, Jr, Abelardo A., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Sentara Leigh Hospital
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Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Walker, Clayton L., MD
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Wilder, Brian J., MD
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Wilder, Charles D., MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

Pearsburg
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Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Philmont
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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Winchester Medical Center

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Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Lewis-Gale Medical Center

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Hospital Affiliations:
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Rocky Mount

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Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Sentara Virginia Beach General Hospital

Virginia Beach

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Hospital Affiliations:
Sentara RMH Medical Center

Staunton

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

South Hill

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Carilion Giles Community Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
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Lewis-Gale Medical Center
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  

Georgi, Jennifer Nicole, MD  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
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Gershon, Steven L., MD  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  

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Sentara Leigh Hospital  
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Sentara Princess Anne Hospital  
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Sentara CarePlex Hospital  

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Hospital Affiliations:  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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5424 Discovery Park Blvd Suite 204  
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Hospital Affiliations:  
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Gopal, Alok, MD  
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**Palliative Medicine**

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**Madhoun, Mazen I, MD**  
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Brooke, VA 24528  
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**Hospital Affiliations:**  
Allegany Regional Hospital d/b/a LewisGale Alleghany  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski  
Lewis-Gale Medical Center  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

### Woodbridge

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**Soteropoulos, Costa, MD**  
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**Wisor, Douglas, MD**  
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### Woodlawn

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**Woodstock**

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**Hospital Affiliations:**  
Shenandoah Memorial Hospital Inc

**Fairfax**

**Friedman, Loren L., MD**  
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5803 Arlington Blvd Suite 400  
Fairfax, VA 22031  
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**Hospital Affiliations:**  
Virginia Hospital Center - Arlington

**Siddiqui, Muhammad M., MD**  
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**Hospital Affiliations:**  
Sentara Northern Virginia Medical Center

### Fredericksburg

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Fredericksburg, VA 22401  
(540) 741-4400

**Hospital Affiliations:**  
Mary Washington Hospital (MWH)

### Glen Allen

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**Hospital Affiliations:**  
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**Hospital Affiliations:**  
Bon Secours DePaul Medical Center  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital VCU Health System/MCV

**Harrisonburg**

**St. Jean, Kimberly M., MD**  
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**Hospital Affiliations:**  
Sentara RMH Medical Center

### Haymarket

**Keerbs, Amanda J., MD**  
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**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center

### Manassas

**Keerbs, Amanda J., MD**  
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**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center

### Martinsville

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**Hospital Affiliations:**  
Prince William Medical Center
## Specialists - Tier 1

### Mechanicsville

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Location</th>
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<tr>
<td>Raghavan Reddiar, Vidya Narayana, MD</td>
<td>Bon Secours Palliative Medicine</td>
<td>14051 St Francis Blvd Suite 2209 Midlothian, VA 23114</td>
<td>(804) 288-2673</td>
</tr>
</tbody>
</table>

**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

### Midlothian

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<th>Name</th>
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<td>Booth, Virginia, MD</td>
<td>Bon Secours Palliative Medicine</td>
<td>14051 St Francis Blvd Suite 2209 Midlothian, VA 23114</td>
<td>(804) 288-2673</td>
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**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Bon Secours St. Marys Hospital

### Flickinger, Marc W, MD

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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

### Ranjan, Aparna, MD

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<td>Bon Secours Palliative Medicine</td>
<td>14051 St Francis Blvd Suite 2209 Midlothian, VA 23114</td>
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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

### Yanni, Leanne, MD

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<td>Bon Secours Palliative Medicine</td>
<td>14051 St Francis Blvd Suite 2209 Midlothian, VA 23114</td>
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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

### Newport News

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<tr>
<td>Griswold, Steven, MD</td>
<td>Mary Immaculate Palliative Program</td>
<td>12720 Memanus Blvd Suite 201 Newport News, VA 23602</td>
<td>(757) 947-3838</td>
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**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center

### Griswold, Steven, MD

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<tr>
<td>Griswold, Steven, MD</td>
<td>Maryview Palliative Care</td>
<td>3636 High St Portsmouth, VA 23707</td>
<td>(757) 869-7858</td>
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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center

### Boothe, Virginia, MD

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<td>Boothe, Virginia, MD</td>
<td>Bon Secours Palliative Medicine</td>
<td>120 Old Virginia Ave Richmond, VA 23226</td>
<td>(540) 726-2328</td>
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**Hospital Affiliations:**
- VCU Health System/MCV

### Rich Creek

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<td>Madhoun, Mazen I. MD, LLC</td>
<td>Alleghany Regional Hospital d/b/a LewisGale Alleghany Carillon New River Valley Medical Center</td>
<td>120 Old Virginia Ave Richmond, VA 23226</td>
<td>(540) 726-2328</td>
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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center

### Norfolk

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<td>Griswold, Steven, MD</td>
<td>DePaul Palliative Care</td>
<td>150 Kingsley Lane Norfolk, VA 23505</td>
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**Hospital Affiliations:**
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital

### Newport News

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<tr>
<td>Noreika, Danielle Marie, MD</td>
<td>MCV Associated Physicians (Palliative Care)</td>
<td>1300 E Marshall Street Richmond, VA 23298</td>
<td>(804) 628-1295</td>
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**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital

### Richmond

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<tr>
<td>Del Fabbro, Egidio G., MD</td>
<td>MCV Associated Physicians (Palliative Care)</td>
<td>1300 E Marshall Street Richmond, VA 23298</td>
<td>(804) 628-1295</td>
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**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- John Randolph Medical Center
# Specialists - Tier 1

**Pahuja, Meera, MD**  
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Galicia-Castillo, Marissa C., MD  
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Virginia Beach, VA 23454  
(757) 395-6116
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<th>Specialists - Tier 1</th>
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<tbody>
<tr>
<td><strong>Colonial Heights</strong></td>
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</table>
| Rais, Muhammad, MD  
Pediatric Lung Allergy and Sleep Specialists PC  
3701 Boulevard Suite H  
Colonial Heights, VA 23834  
(804) 308-2863  
Hospital Affiliations:  
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(540) 985-9835  
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(757) 668-8255  
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Children's Hospital of the King's Daughters  |
| **Richmond** |
| Kelly, Cynthia, MD  
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Richmond, VA 23250  
(757) 668-8255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  |
| Maples, Kelly M, MD  
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Virginia Beach, VA 23456  
(757) 668-8250  
2021 Concert Drive  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  |
| Maples, Kelly M, MD  
Childrens Specialty Group PLLC  
1924 Landstown Center Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-8250  
2021 Concert Drive  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  |
| **Roanoke** |
| Ang-Alhadef, Angela, MD  
CRCH Pediatric Rheumatology/  
Pulmonology/ID  
102 Highland Avenue Ste 203  
Roanoke, VA 24013  
(540) 985-9835  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  |
| **Alexandria** |
| Ansong, Annette K., MD  
Pediatric Cardiology Associates, PC  
4600 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0594  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince Williams Medical Center  
Reston Hospital Center  
Sentara Northern Virginia Medical Center  |
| **Karr, Sharon, MD**  
Pediatric Cardiology Associates, PC  
4600 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0594  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince Williams Medical Center  
Reston Hospital Center  
Sentara Northern Virginia Medical Center  |
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<td>Abdallah, Hasan I., MD</td>
<td>Children's Multispecialty Clinic, PLC</td>
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</table>
Specialists - Tier 1

8500 Executive Park Avenue Suite 110
Fairfax, VA 22031
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Townsend, Mark, MD
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Fairfax, VA 22033
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Fairfax, VA 22031
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Hospital Affiliations:
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Prince William Medical Center
Reston Hospital Center

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Townsend, Mark, MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

Optima Direct Network Providers 9/2019 475
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<td>Albrecht, Gerald, MD</td>
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St. Mary’s Hospital
University of Virginia Medical Center

Faltermann, Mary L., MD
Southside Physician Network LLC
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5000

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Marys Hospital
- Children’s Hospital of Richmond of the VCU Health System
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus

Sentara Williamsburg Regional Medical Center

Southside Regional Medical Center
St. Mary’s Hospital

Tawfik, Sherif, MD
Pediatric Cardiology Associates, PC
1800 Town Center Drive Suite 412
Reston, VA 20190
(703) 573-0504

Richmond

Albrecht, Gerald, MD
Children’s Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Bon Secours St. Marys Hospital
- Children’s Hospital of Richmond of the VCU Health System
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus

John Randolph Medical Center

University of Virginia Medical Center

Gullquist, Scott D., MD
MCV Associated Physicians (Cardiology)
1200 E Marshall St
Richmond, VA 23298
(540) 828-9700

401 N 11th St
Richmond, VA 23298
(804) 828-2130

9000 Stony Point Pkwy
Richmond, VA 23235
(804) 560-2130

Roanoke

Gay, William, MD
MCARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545

Hospital Affiliations:
- CRCHR Cardiology/High Risk
- Childrens Specialty Group PLLC

VCU Health System/MCV

Vance, Michael S., MD
Childrens Specialty Group PLLC
7603 Forest Ave Ste 401
Richmond, VA 23229
(804) 285-1611

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
- Sentara Williamsburg Regional Medical Center

Roanoke

Gay, William, MD
MCARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545

Hospital Affiliations:
- CRCHR Cardiology/High Risk
- Childrens Specialty Group PLLC

VCU Health System/MCV

Habib, Asma S., MD
MCARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545

Hospital Affiliations:
- Childrens Specialty Group PLLC
- Childrens Craniofacial Hospital

VCU Health System/MCV

Habib, Asma S., MD
MCARLION MEDICAL CENTER
180 Floyd Ave
Richmond, VA 23219
(540) 752-3000

Hospital Affiliations:
- Children's Craniofacial Hospital
- Children's Craniofacial Hospital

VCU Health System/MCV

Optima Health
Optima Direct Network Providers 9/2019
477
Woodbridge

Woodbridge

Ansong, Annette K., MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Roanoke Hospital Center
Sentara Northern Virginia Medical Center

Benheim, Alan, MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Karr, Sharon, MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Lizano Santamaria, Ramiro, MD
Children's Heart Institute - VA, P.C.
12604 Lake Ridge Dr
Woodbridge, VA 22192
(703) 490-1956

Hospital Affiliations:
Virginia Hospital Center - Stafford Hospital Center

Tawfik, Sherif, MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Roanoke Hospital Center

Richmond

Karam, Oliver L., MD
MCV Associated Physicians
Pediatric Critical Care
1250 E Marshall Street
Richmond, VA 23298
(804) 828-2467

Hospital Affiliations:
VCU Health System/VCV

Roanoke

Pandey, Rahul, MD
CARLION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Children's Hospital of the King's Daughters

Williams, Judith V., MD
Children's Specialty Group PLLC
301 Riverview Ave 3rd Floor
Norfolk, VA 23510
(757) 668-8922

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Suffolk

Burden, Julia G, MD
Children's Specialty Group PLLC
2021 Concert Dr
Virginia Beach, VA 23456
(757) 668-8922

Hospital Affiliations:
Children's Hospital of the King's Daughters

Virginia Beach

Williams, Judith V., MD
Children's Specialty Group PLLC
2021 Concert Dr
Virginia Beach, VA 23456
(757) 668-8922

Hospital Affiliations:
Children's Hospital of the King's Daughters

Charlottesville

Frazier, Evelyn, MD
Pathways Developmental Pediatrics
322 Douglas Avenue Suite A
Charlottesville, VA 22902
(434) 218-0862

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Lynchburg

Brennan, Teresa, MD
Physician Associates of Central Virginia LLC
1912 Memorial Dr
Lynchburg, VA 24501
(434) 845-8765

Norfolk

Burden, Julia G, MD
Children's Specialty Group PLLC
301 Riverview Ave 3rd Floor
Norfolk, VA 23510
(757) 668-8922

Hospital Affiliations:
Children's Hospital of the King's Daughters
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Heinze, Howard J, MD
CARILLION MEDICAL CENTER
102 Highland Ave Suite 301
Roanoke, VA 24013
(540) 224-4445
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Reynolds, Erica, MD
Carilion Pediatric Endocrinology
102 Highland Ave Suite 101
Roanoke, VA 24013
(540) 224-4545
102 Highland Avenue Suite 301
Roanoke, VA 24013
(540) 224-4545
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Virginia Beach

Satin-Smith, Marta S., MD
Childrens Specialty Group PLLC
1080 First Colonial Rd Ste 400
(Enocrin.)
Virginia Beach, VA 23464
(757) 668-7237
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Pediatric ENT
(Otolaryngology)

Alexandria

Raizman, Courtney JC, MD
Metropolitan ENT & Facial Plastic Surgery
6355 Walker Lane Suite 308
Alexandria, VA 22310
(703) 313-7700

Norrisk

Deutsch, Brian D., MD
Ear, Nose & Throat, Ltd.
680 Kingsborough Sq Ste A
Chesapeake, VA 23320
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Dorofi, David B., MD
Ear, Nose & Throat, Ltd.
680 Kingsborough Sq Ste A
Chesapeake, VA 23320
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kalafsky, John T., MD
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680 Kingsborough Sq Ste A
Chesapeake, VA 23320
(757) 623-0526
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lake Taylor Hospital

Norfolk

Darrow, David, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kalafsky, John T., MD
Ear, Nose & Throat, Ltd.
885 Kempsville Rd Ste 304
Norfolk, VA 23502
(757) 623-0526
901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lake Taylor Hospital

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Deutsch, Brian D., MD
Ear, Nose & Throat, Ltd.
885 Kempsville Rd Ste 304
Norfolk, VA 23502
(757) 623-0526
901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Dorofi, David B., MD
Ear, Nose & Throat, Ltd.
885 Kempsville Rd Ste 304
Norfolk, VA 23502
(757) 623-0526
901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lake Taylor Hospital

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Karaka, Daniel W., MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Lake Taylor Hospital

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Moody Antonio, Stephanie, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shroyer, Michael N., MD
Ear, Nose & Throat, Ltd.
885 Kempsville Rd Ste 304
Norfolk, VA 23502
(757) 623-0526
901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sinacori, John T., MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Strasnick, Barry, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lake Taylor Hospital

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019
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<th>Specialty</th>
<th>Location</th>
<th>Providers</th>
<th>Addresses</th>
<th>Hospital Affiliations</th>
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| Providers            | Richmond       | Peterson, Rajanya, MD  
MVC Associated Physicians (ENT - Otolaryngology)  
403 N 11th Street  
Richmond, VA 23298  
(804) 628-4368 | Hospital Affiliations:  
Bon Secours Pediatric  
St. Mary's Hospital                                                                                           |
| Providers            | Chesapeake     | Olazagasti, Juan C., MD  
Cordle, Richard A, MD  
Garin-Laflam, Monica Paz, MD | Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital                                                                                   |
| Providers            | Christiansburg | Garin-Laflam, Monica Paz, MD  
CARILION MEDICAL CENTER  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 985-9832 | Hospital Affiliations:  
Carilion Roanoke Memorial Hospital                                                                                   |
| Providers            | Lynchburg      | Olazagasti, Juan C., MD  
CARILION MEDICAL CENTER  
1620 Graves Mill Rd  
Lynchburg, VA 24502  
(434) 386-4106 | Hospital Affiliations:  
Bon Secours Pediatric  
St. Mary's Hospital                                                                                           |
| Providers            | Martinsville   | Cordle, Richard A, MD  
CARILION MEDICAL CENTER  
1107 Brookdale St  
Martinsville, VA 24112  
(276) 670-3300 | Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital                                                                                   |
| Providers            | Midlothian     | Hayes, Christopher E, MD  
St. Francis Family Medicine Center (Bon Secours)  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142 | Hospital Affiliations:  
Bon Secours Pediatric  
St. Mary's Hospital  
VCU Health System/MCV                                                                                           |
| Providers            | Norfolk        | Hayes, Christopher E, MD  
Bon Secours Pediatric  
Gastroenterology Associates  
5855 Bremo Road Suite 605  
Richmond, VA 23226  
(804) 281-8303 | Hospital Affiliations:  
Bon Secours Pediatric  
St. Mary's Hospital  
VCU Health System/MCV                                                                                           |
| Providers            | Roanoke        | Rountree, Carl B., MD  
Children's Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-9222 | Hospital Affiliations:  
Bon Secours Pediatric  
St. Mary's Hospital  
VCU Health System/MCV                                                                                           |
| Providers            | Martinsville   | Williams, Ted A., MD  
Bon Secours Pediatric  
Gastroenterology Associates  
5855 Bremo Road Suite 605  
Richmond, VA 23226  
(804) 281-8303 | Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital                                                                                   |
Specialists - Tier 1

Owen, William C., MD  
Children's Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7243  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Pegram, Linda D., MD  
Children's Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7243  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Wang, Zhihong J., MD  
MCV Associated Physicians  
(Pediatric Hematology/Oncology)  
1000 E Broad Street  
Richmond, VA 23298  
(804) 828-2467  
Hospital Affiliations:  
VCU Health System/MCV

Wiedl, Christina, DO  
MCV Associated Physicians  
(Pediatric Hematology/Oncology)  
401 N 11th Street  
Richmond, VA 23298  
(804) 628-7337  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Roanoke

Dunsmore, Kimberly P., MD  
CARLTON MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7376

Edwards, Erwood, MD  
CRMH Pediatric Hematology Oncology  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7376

Fernandes, Violet M., MD  
CARLTON MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7376

Pediatric Infectious Disease

Norfolk

Cunnion, Kenji M., MD  
Childrens Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7238  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Fisher, Randall G., MD  
Childrens Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7238  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Richmond

Koch, William, MD  
MCV Associated Physicians  
(Infectious Disease)  
401 N 11th St  
Richmond, VA 23298  
(804) 828-1807  
Hospital Affiliations:  
Children's Hospital of St. Mary's Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  
VCU Health System/MCV

Lavioe, Suzanne R., MD  
VCU Associated Physicians  
(Infectious Disease)  
1200 E Marshall Street  
Richmond, VA 23226  
(804) 828-9711  
Hospital Affiliations:  
Children's Hospital of St. Mary's Hospital  
VCU Health System/MCV

Pediatric Intensive Care/Critical Care

Norfolk

Cholis, Thomas J., MD  
Childrens Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7007

Richmond

Bain, Jesse, DO  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23226  
(804) 828-4080  
Hospital Affiliations:  
VCU Health System/MCV  
(MCVH)

Dhillon, Jasvinder S, MD  
Bon Secours St. Marys Hospital  
5801 Bremo Rd 4th Floor  
Richmond, VA 23226  
(804) 281-8222  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
St. Mary's Hospital of Richmond

Ferguson, Nikki M., MD  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23226  
(804) 828-4080  
Hospital Affiliations:  
VCU Health System/MCV

Iqbal O’Meara, Alia Marie, MD  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23226  
(804) 828-4080  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center
Specialists - Tier 1

Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Health System/MCV

Roanoke

Durbin, Darcy Michelle, MD
CARILION MEDICAL CENTER
1906 Bellevue Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Falkos, Sheryl, MD
Carilion Pediatric High Risk Critical Care
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Plum, Thomas Arthur, MD
CARILION MEDICAL CENTER
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Powel, Virginia A., MD
Pediatric High Risk
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 224-4545

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Ruppel, Randall Allen, MD
Carilion Roanoke Memorial Hospital
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Pediatric Nephrology
Norfolk

Carmody, James B., MD
Childrens Specialty Group PLLC
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7244

Restaino, Irene, MD
Childrens Specialty Group PLLC
601 Childrens Ln (Nephrology)
Norfolk, VA 23507
(757) 668-7244

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Richmond

Hurley, John K., MD
Childrens Specialty Group PLLC
401 N 11TH ST
Richmond, VA 23298
(804) 628-7337

Lo, Megan, MD
Childrens Specialty Group PLLC
401 N 11TH ST
Richmond, VA 23298
(804) 628-7337

Restaino, Irene, MD
Childrens Specialty Group PLLC
8700 Stoneype Point Pkwy Ste 250
Richmond, VA 23235
(757) 668-7244

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Xiao, Nianzhou, MD
Childrens Specialty Group PLLC
401 N 11th Street
Richmond, VA 23298
(804) 627-2264

Hospital Affiliations:
- VCU Health System/MCV

Roanoke

Guelich, Susan Fowler, MD
Valley Nephrology Associates
2602 Franklin Road SW
Roanoke, VA 24014
(540) 344-1400

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Pediatric Neurology
Norfolk

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
500 Discovery Dr
Chesapeake, VA 23320
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Frank, Ludwig Matthew, MD
Childrens Specialty Group PLLC
733 Volvo Pkwy Ste 300
(Neurology)
Chesapeake, VA 23320
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Chesapeake

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
500 Discovery Dr
Chesapeake, VA 23320
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Frank, Ludwig Matthew, MD
Childrens Specialty Group PLLC
733 Volvo Pkwy Ste 300
(Neurology)
Chesapeake, VA 23320
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

VCU Health System/MCV

Newport News

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
11783 Rock Landing Dr
Newport News, VA 23606
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Northam, Ralph S., MD
Childrens Specialty Group PLLC
606 Denbigh Blvd Ste 401 (Neurology)
Newport News, VA 23608
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

White, Larry E., MD
Childrens Specialty Group PLLC
606 Denbigh Blvd Ste 401 (Neurology)
Newport News, VA 23608
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Norfolk

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9920
850 Southampton Avenue
Norfolk, VA 23510
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Northam, Ralph S., MD
Childrens Specialty Group PLLC
850 Southampton Ave (Neurology)
Newport News, VA 23610
(757) 668-9920

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chesterfield

Jaffe, David, MD
VCU Health System/MCV

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Specialists - Tier 1

Toor, Svider S., MD
Children's Specialty Group PLLC
850 Southampton Ave (Neurology)
Norfolk, VA 23510
(757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

White, Larry E., MD
Childrens Specialty Group PLLC
850 Southampton Ave (Neurology)
Norfolk, VA 23510
(757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Taylor, Donald A., MD
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

Hospital Affiliations:
VCU Health System/MCV

Taylor, Donald A., MD
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

White, Larry E., MD
Childrens Specialty Group PLLC
850 Southampton Ave (Neurology)
Norfolk, VA 23510
(757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pediatric Neurology Associates, PC
5875 Bremo Rd Ste 310
Richmond, VA 23226
(804) 288-9898

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Roanoke

Daba, Mebratu, MD
CARLION MEDICAL CENTER
102 Highland Ave Suite 104
Roanoke, VA 24013
(540) 985-8147

1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Otallah, Scott Ireland, MD
Carilion Faculty Phys Specialist
102 Highland Ave Suite 104
Roanoke, VA 24013
(540) 985-8147

1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Richmond

Ward, John D., MD
MCV Associated Physicians (Pediatric Neurosurgery)
417 N 11th St
Richmond, VA 23298
(804) 828-9165
5855 Bremo Rd Ste 603
Richmond, VA 23226
(804) 828-9165
9000 Stony Point Pkwy
Richmond, VA 23235
(804) 828-9165

Hospital Affiliations:
Bon Secours St. Marys Hospital
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Willis Hospital
St. Mary's Hospital
VCU Health System/MCV

Suffolk

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
7021 Harbour View Blvd
Suffolk, VA 23435
(757) 668-9920

Hospital Affiliations:
Children's Hospital of the King's Daughters

Norfolk

Birkenes, John, MD
Children's Surgical Specialty Group (CSSG)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-9433

Hospital Affiliations:
Children's Hospital of the King's Daughters

Dilustro, Joseph F., MD
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7717

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Charlottesville

Carter, B. Christian, MD
Albemarle Pediatric Ophthalmology
& Strabismus, PC
1101 E Jefferson St Ste 3
Charlottesville, VA 22901
(434) 295-5193

Piedmont Orthopaedics

Suffolk

Dilustro, Joseph F., MD
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)
1080 First Colonial Rd Ste 400
Virginia Beach, VA 23454
(757) 668-7990

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chesapeake

Cardelia, James M., MD
Children's Surgical Specialty Group (CSSG)
733 Volvo Pkwy Ste 300
Chesapeake, VA 23220
(757) 668-7990

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Novick, Cara D, MD
Children's Surgical Specialty Group (CSSG)
500 Discovery Drive Suite 102
Chesapeake, VA 23220
(757) 668-2330

Hospital Affiliations:
Children's Hospital of the King's Daughters

St. Clair, H. Sheldon, MD
Children's Surgical Specialty Group (CSSG)
733 Volvo Pkwy Ste 300
Orthopaedics
Chesapeake, VA 23220
(757) 893-6000

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Newport News

Novick, Cara D, MD
Children's Surgical Specialty Group (CSSG)
11783 Rock Landing Dr
Newport News, VA 23606
(757) 668-6220

Hospital Affiliations:
Children's Hospital of the King's Daughters

Virginia Beach

Enlow, Thomas C, MD
Childrens Specialty Group PLLC
1080 First Colonial Rd Ste 400
Virginia Beach, VA 23454
(757) 668-7990

Hospital Affiliations:
Children's Hospital of the King's Daughters

Sentara Leigh Hospital
Sentara Norfolk General Hospital
<table>
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<th>Norfolk</th>
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<tr>
<td><strong>Cardelia, James M., MD</strong>&lt;br&gt;Children's Surgical Specialty Group (CSSG)&lt;br&gt;171 Kempsville Rd Ste 201&lt;br&gt;Norfolk, VA 23502&lt;br&gt;(757) 668-6550</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Children's Hospital of the King's Daughters&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital</td>
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<tr>
<td><strong>Cardelia, James M., MD</strong>&lt;br&gt;Children's Surgical Specialty Group (CSSG)&lt;br&gt;1080 First Colonial Rd Ste 400 (Orthopaedics)&lt;br&gt;Virginia Beach, VA 23454&lt;br&gt;(757) 668-7878</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Children's Hospital of the King's Daughters&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital</td>
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<th>Roanoke</th>
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<tr>
<td><strong>Zielinski, Julie A., MD</strong>&lt;br&gt;CAROLINA MEDICAL CENTER&lt;br&gt;1102 Jefferson St&lt;br&gt;Roanoke, VA 24016&lt;br&gt;(540) 981-7000&lt;br&gt;106 Belleview Ave&lt;br&gt;Roanoke, VA 24014&lt;br&gt;(540) 725-1226</td>
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<tr>
<th>Lynchburg</th>
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<tbody>
<tr>
<td><strong>Tamez, Joseph, MD</strong>&lt;br&gt;Carilion Lynchburg Specialty Clinic&lt;br&gt;2900 Old Forrest Road&lt;br&gt;Lynchburg, VA 24501&lt;br&gt;(434) 396-4106</td>
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<th>Midlothian</th>
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<td><strong>Lothian, James B., MD</strong>&lt;br&gt;St. Francis Family Medicine Center (Bon Secours)&lt;br&gt;13540 Hull Street Road&lt;br&gt;Midlothian, VA 23112&lt;br&gt;(804) 739-6142</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Bon Secours St. Marys Hospital</td>
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<th>Newport News</th>
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<tr>
<td><strong>Novick, Cara D, MD</strong>&lt;br&gt;Children's Surgical Specialty Group (CSSG)&lt;br&gt;2021 Concert Dr&lt;br&gt;Virginia Beach, VA 23456&lt;br&gt;(757) 668-2775</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Children's Hospital of the King's Daughters&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital&lt;br&gt;VCU Health System/MCV</td>
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| Williams, Ronald, MD<br>VCU Associated Physicians (Pediatric Pulmonary Medicine)<br>403 N 11th St<br>Richmond, VA 23298<br>(804) 828-2980 |
| **Hospital Affiliations:**<br>VCU Health System/MCV |

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<tr>
<td><strong>Muelenaer, Andre A., MD</strong>&lt;br&gt;CARLTON MEDICAL CENTER&lt;br&gt;102 Highland Ave Suite 203&lt;br&gt;Roanoke, VA 24013&lt;br&gt;(540) 985-9835&lt;br&gt;102 Highland Ave Suite 301&lt;br&gt;Roanoke, VA 24010&lt;br&gt;(540) 985-8454&lt;br&gt;1030 Jefferson St Ste 106&lt;br&gt;Roanoke, VA 24016&lt;br&gt;902 S Jefferson St&lt;br&gt;Roanoke, VA 24016</td>
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</table>

| Sherman, James Merrill, MD<br>CRCH Pediatric Rheumatology/ Pulmonology/ID<br>102 Highland Avenue Suite 203<br>Richmond, VA 23203<br>(540) 985-9835<br>1030 S Jefferson Street Suite 106<br>Richmond, VA 24016<br>(540) 985-8100<br>902 S Jefferson Street<br>Roanoke, VA 24016<br>(540) 985-8230<br>Pediatric High Risk<br>101 Elm Avenue<br>Roanoke, VA 24013<br>(540) 224-4545 |

| Tamez, Joseph, MD<br>CRCH Pediatric Rheumatology/ Pulmonology/ID<br>102 Highland Avenue Suite 203<br>Richmond, VA 23203<br>(540) 985-9835 |
| **Hospital Affiliations:**<br>VCU Health System/MCV |

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<tr>
<th>Pediatirc Rheumatology</th>
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<tr>
<td><strong>Patel, Aarat, MD</strong>&lt;br&gt;Arthritis &amp; Osteoporosis Center of Richmond&lt;br&gt;1221 Lee Street&lt;br&gt;Charlottesville, VA 22908&lt;br&gt;(434) 924-1906&lt;br&gt;500 Ray C Hunt Drive&lt;br&gt;Charlottesville, VA 22906&lt;br&gt;(434) 924-1906</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Cabell Huntington Hospital</td>
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<th>Pediatric Pulmonary Medicine</th>
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<tr>
<td><strong>Lothian, James B., MD</strong>&lt;br&gt;Pediatric Pulmonary Medicine&lt;br&gt;Children's Hospital of the King's Daughters&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital&lt;br&gt;Sentara Virginia Beach General Hospital&lt;br&gt;VCU Health System/MCV</td>
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<td><strong>Lothian, James B., MD</strong>&lt;br&gt;Pediatric Pulmonary Medicine&lt;br&gt;Children's Hospital of the King's Daughters&lt;br&gt;Sentara Leigh Hospital&lt;br&gt;Sentara Norfolk General Hospital&lt;br&gt;Sentara Virginia Beach General Hospital&lt;br&gt;VCU Health System/MCV</td>
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<td><strong>Hospital Affiliations:</strong>&lt;br&gt;Bon Secours St. Marys Hospital</td>
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| Schmidt, Howard Joel, MD<br>VCU Associated Physicians (Pediatric Pulmonary Medicine)<br>403 N 11th St<br>Richmond, VA 23298<br>(804) 828-2982 |
| **Hospital Affiliations:**<br>VCU Health System/MCV |

| Voynow, Judith, MD<br>VCU Associated Physicians (Pediatric Pulmonary Medicine)<br>403 N 11th St<br>Richmond, VA 23298<br>(804) 828-2980 |
| **Hospital Affiliations:**<br>VCU Health System/MCV |

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| **Voynow, Judith, MD**<br>VCU Associated Physicians (Pediatric Pulmonary Medicine)<br>403 N 11th St<br>Richmond, VA 23298<br>(804) 828-2980 |
| **Hospital Affiliations:**<br>VCU Health System/MCV |

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Specialists - Tier 1

Norfolk
Gabriel, Christos, MD  
Children Specialty Group PLLC  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 688-8572  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Norfolk Children's Hospital  
Sentara Norfolk General Hospital  

Cronin, Julia A., MD  
Children Specialty Group PLLC  
11783 Rock Landing Dr  
Newport News, VA 23606  
(757) 668-8255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Newport News
Fine, Bryan R., MD  
Children Specialty Group PLLC  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 688-7067  

Richmond
Hoffmann, Sarah E., MD  
MCV Associated Physicians  
(Pediatric Pulmonary Medicine)  
401 N 11th St  
Richmond, VA 23298  
(804) 828-2440  
Hospital Affiliations:  
VCU Health System/MCV  

Pavel, Aarit, MD  
Arthritis & Osteoporosis Center of Richmond  
9600 Patterson Ave  
Richmond, VA 23229  
(804) 217-9601  
Hospital Affiliations:  
Cabell Huntington Hospital  

Chesapeake
Cronin, Julia A., MD  
Children Specialty Group PLLC  
500 Discovery Dr Ste 301  
Chesapeake, VA 23320  
(757) 688-8255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Lynchburg
Doherty, Emily Saks, MD  
CARILION MEDICAL CENTER  
2900 Old Forrest Rd  
Lynchburg, VA 24501  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Virginia Beach
Cronin, Julia A., MD  
Children Specialty Group PLLC  
2021 Concert Drive  
Virginia Beach, VA 23454  
(757) 688-8255  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

Roanoke
Burbridge, Michael J., DO  
Carilion Pediatric High Risk/Critical Care  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 224-4545  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Doherty, Emily Saks, MD  
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102 Highland Ave Suite 104  
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102 Highland Ave Suite 301  
Roanoke, VA 24013  
(540) 985-8454  
102 Highland Ave SW Ste 104  
Roanoke, VA 24013  
1906 Belleview Ave  
Roanoke, VA 24014  
902 S Jefferson Street  
Roanoke, VA 24016  
(540) 985-8230  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Kees, Donald, MD  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 224-4545  
102 Highland Ave Suite 101  
Roanoke, VA 24013  
1030 S Jefferson St Suite 201  
Roanoke, VA 24016  
902 S Jefferson St  
Roanoke, VA 24016  
Sloan, Anthony D., MD  
Pediatric High Risk  
101 Elm Avenue  
Roanoke, VA 24013  
(540) 224-4545  

Virginia Beach
Specialists - Tier 1

Pediatric Sports Medicine

Chesapeake

Brenner, Joel, MD
Childrens Specialty Group PLLC
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Chesapeake, VA 23320

Hospital Affiliations:
Children's Hospital of the King's Daughters

Smith, David V., MD
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Children's Hospital of the King's Daughters

Norfolk

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601 Childrens Ln (Sports Medicine)
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Pediatric Surgery

Chesapeake

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Sentara Leigh Hospital
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Sentara Leigh Hospital
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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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- University of Virginia Medical Center
- VCU Health System/MCV

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Newport News

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Norfolk

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Hospital Affiliations:
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Hospital Affiliations:
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Pediatric Urology

Chesapeake

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- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Children's Hospital of the King's Daughters
Specialists - Tier 1

Virginia Beach

Wojciech, Louis J., MD
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(757) 668-7866

Hospital Affiliations:
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2021 Concert Drive Ste 302
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(757) 668-7878

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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(757) 668-7878

Hospital Affiliations:
Children's Hospital of the King's Daughters

Fredericksburg

Ramus, Ronald, MD
Maternal Fetal Medicine of Central Virginia LLC
1101 Sam Perry Blvd Ste 319
Fredericksburg, VA 22401
(540) 741-3260

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center
VCU Health System/MCV

Richmond

Gutcher, Gary R., MD
MCV Associated Physicians (Perinatology)
401 N 11th St
Richmond, VA 23298
(804) 828-9966

Hospital Affiliations:
VCU Health System/MCV

Roanoke

Dennis, Larry G., MD
Carilion Clinic Maternal Fetal Medicine
101 Elm Avenue
Roanoke, VA 24013
(540) 985-9985

Physical Medicine

Aldie

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Chantilly Rehab Physicians, P.C.
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Dade, Rodney, MD
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Hospital Affiliations:
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Delisser, Kemehsa, MD
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Soteropoulos, Costa, MD
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Thomas, Joshua, DO
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6355 Walker Lane Suite 507
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(703) 971-4604
8101 Hinson Farm Road Suite 308
Alexandria, VA 22306
(703) 738-4378

Wagner, Robert, MD
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Alexandria, VA 22310
(703) 738-4332
8101 Hinson Farm Road Suite 308
Alexandria, VA 22306
(703) 738-4378

Hospital Affiliations:
Inova Alexandria Hospital

Whittenberg, Beverly, MD
National Spine & Pain Centers
6355 Walker Lane Suite 507
Alexandria, VA 22310
(703) 738-4332

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<td>Physical Medicine and Pain</td>
<td>6355 Walker Lane Ste 507</td>
<td>(434) 496-2850</td>
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<td>Management</td>
<td>173 Brockman Park Drive</td>
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<td>Blackburg</td>
<td>Buck, Derek S., MD</td>
<td>Sideline Orthopedics &amp; Sports</td>
<td>250 S Main St Ste 224A</td>
<td>(540) 552-7133</td>
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<td>Shanhag, Ashish, MD</td>
<td>Medicine, LLC</td>
<td>111E Sanders Ln</td>
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<td>Blacksburg, VA 24060</td>
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<td>(540) 443-7180</td>
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<tr>
<td>Charlottesville</td>
<td>Keenan, Geoffrey Scott, MD</td>
<td>Sentara Martha Jefferson Orthopedics</td>
<td>3263 Profit Road Suite 202</td>
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<td>Charlottesville, VA 22911</td>
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<td>(434) 654-5575</td>
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<td>Centreville</td>
<td>Dade, Rodney, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 Shirlington Road Suite 102</td>
<td>(703) 738-4380</td>
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<td>Wagner, Robert, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>3803 North Fairfax Drive 400</td>
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<td>Shelton, Cornell J, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>5213 Hickory Park Dr Ste B, Glen Allen, VA 23059</td>
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<td>Hospital Affiliations:</td>
<td>St. Mary’s Hospital of Richmond</td>
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<td>Gu, Yaoming, MD</td>
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<td>1500 Brookhaven Drive Suite 1, Harrisonburg, VA 22801</td>
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Henrico Doctors’ Hospital - Retreat Campus
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<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>2924 Brook Rd, Richmond, VA 23220</td>
<td>(804) 321-7474</td>
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<td>Carter III, William E., MD</td>
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<td>9/2019 2924 Brook Rd, Richmond, VA 23220</td>
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<td>Huang, Mark E., MD</td>
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<td>Stovall, Bradley, DO</td>
<td>MCV Associated Physicians</td>
<td>1200 E Marshall Street, Richmond, VA 23220</td>
<td>(804) 824-0996</td>
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<td>Walker, William C., MD</td>
<td>Henrico Doctors' Hospital - Retreat Campus</td>
<td>VCU Health System/MCV</td>
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<tr>
<td>Wichman, Todd A., MD</td>
<td>Old Dominion Physical Medicine PLLC</td>
<td>5700 Fitzhugh Avenue, Richmond, VA 23226</td>
<td>(804) 727-0033</td>
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<tr>
<td>Wisor, Timothy, MD</td>
<td>Healthsouth Rehabilitation Hospital of Virginia</td>
<td>2924 Brook Rd, Richmond, VA 23220</td>
<td>(804) 321-7474</td>
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<tr>
<td>Steide, Karen, MD</td>
<td>MCV Associated Physicians</td>
<td>9000 Stony Point Pkwy, Richmond, VA 23235</td>
<td>(804) 560-8945</td>
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<tr>
<td>McKinley, William O., MD</td>
<td>MCV Associated Physicians</td>
<td>3 Riverside Circle, Roanoke, VA 24016</td>
<td>(540) 224-5170</td>
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**Optima Direct Network Providers 9/2019**
### Specialists - Tier 1

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<tr>
<td>Grewal, Rabeep, MD</td>
<td>Carilion Physical Medicine &amp; Rehabilitation</td>
<td>101 Elm Ave Roanoke, VA 24013 (540) 981-7925</td>
<td>1906 Bellevue Avenue Roanoke, VA 24014 (540) 981-7925</td>
</tr>
<tr>
<td>Jones, Darlene L., DO</td>
<td>CARLION MEDICAL CENTER</td>
<td>101 Elm Ave Roanoke, VA 24013 (540) 985-9994</td>
<td>2331 Franklin Rd SW Roanoke, VA 24014 (540) 725-1226</td>
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<tr>
<td>Kasmer, Mark E., MD</td>
<td>Carilion Healthcare Corporation</td>
<td>1102 Jefferson St Roanoke, VA 24016 (540) 342-0707</td>
<td>1818 Electric Rd Roanoke, VA 24018 (540) 591-9456</td>
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<tr>
<td>Mcneary, Lydia L., MD</td>
<td>CARLION MEDICAL CENTER</td>
<td>1906 Bellevue Avenue Roanoke, VA 24014</td>
<td>2017 S Jefferson Street Roanoke, VA 24014 (540) 725-1226</td>
</tr>
<tr>
<td>Mowery, Deborah T., MD</td>
<td>Lewis-Gale Physicians, LLC</td>
<td>4910 Valley View Blvd NW Roanoke, VA 24012 (540) 283-3660</td>
<td>6136 Peters Creek Road Roanoke, VA 24019 (540) 283-3660</td>
</tr>
<tr>
<td>Nichols, Jerome Tak, MD</td>
<td>CARLION MEDICAL CENTER</td>
<td>101 Elm Ave Roanoke, VA 24013 (540) 985-9992</td>
<td>1906 Bellevue Avenue Roanoke, VA 24014 (540) 981-7000</td>
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**Optima Direct Network Providers 9/2019**

**OptimaHealth**

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Salem

Kasner, Mark E., MD
Carilion Healthcare Corporation 1900 Electric Rd Salem, VA 24153 (540) 776-4000 1935 W Main St Salem, VA 24153 (540) 387-0441 Hospital Affiliations: Carilion Roanoke Memorial Hospital

South Boston

Stuteman, James, MD
Physical Medicine and Pain Management 3401 Old Halifax Road Suite E South Boston, VA 24592 (434) 575-1103 Hospital Affiliations: Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Staunton

Hess, Christopher J., MD
Sentara RMH Medical Group, LLC 42 Lambert Street Suite 121 Staunton, VA 24401 (540) 213-6700 Hospital Affiliations: Sentara RMH Medical Center

Sterling

Kuo, Michael
Loudoun Spine & Rehabilitation 46165 Westlake Drive Ste 100 Sterling, VA 20165 (703) 433-1700

Suffolk

Alcantara, David, MD
Virginia Orthopaedic & Spine Specialists 2012 Meade Parkway Suffolk, VA 23434 (757) 538-0102 Hospital Affiliations: Bon Secours Maryview Medical Center
Specialists - Tier 1

Arora, Reeta M., MD
Virginia Orthopaedic & Spine Specialists
2012 Meade Pkwy
Suffolk, VA 23434
(757) 538-0102

Ingraham, Michael J, MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnetts Way Suite 100
Suffolk, VA 23434
(757) 547-5145

Jackson, Theresa, MD
Virginia Orthopaedic & Spine Specialists
2012 Meade Pkwy
Suffolk, VA 23434
(757) 538-0102

Pezzella, Nickolas, MD
Virginia Orthopaedic & Spine Specialists
2012 Meade Pkwy
Suffolk, VA 23434
(757) 673-5680

Hospital Affiliations:
Bon Secours Maryview Medical Center
Bon Secours Obici Hospital

Vinton

Canvin, Joseph, MD
Carilion Physical Medicine
204 S Maple Street
Vinton, VA 24179
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Caruso, Thomas, DO
Carilion Physical Medicine
204 S Maple Street
Vinton, VA 24179
(540) 265-6950

Covington, Chris, DO
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Vinton, VA 24179
(540) 265-6950

Virginia Beach

Barr, Lisa B., MD
APM Spine & Sports Physicians, PC-Phys Services
1788 Republic Rd Ste 200
Virginia Beach, VA 23454
(757) 422-2699

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital

Gershon, Steven L., MD
Gershon Pain Specialists, LLC
1133 First Colonial Rd
Virginia Beach, VA 23454
(757) 496-2050

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Virginia Beach General Hospital

Leyton, Matthew N., MD
Comprehensive Spine & Pain Management
816 Independence Blvd Ste 2C
Virginia Beach, VA 23455
(757) 363-6900

Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Lin, George C, DO
Sentara Pain Management Specialists (SMG)
1975 Glenn Mitchell Dr Ste 101
Virginia Beach, VA 23456
(757) 307-1660

Hospital Affiliations:
Sentara Princess Anne Hospital

Nock, Bonnie J, DO
APM Spine & Sports Physicians, PC-Phys Services
1788 Republic Rd Ste 200
Virginia Beach, VA 23454
(757) 422-2699

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Pennington, Tracey, MD
Pain Management & Orthopedics Center
5320 Providence Rd Ste 204
Virginia Beach, VA 23464
(757) 962-2121

Sanderlin, James B., MD
Winke Orthopedic Pain Management Center
5226 Indian River Rd Suite 102
Virginia Beach, VA 23464
(757) 216-4030

Spear, Robert Michael, DO
APM Spine & Sports Physicians, PC-Phys Services
1788 Republic Rd Ste 200
Virginia Beach, VA 23454
(757) 422-2699

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Winke, Beth M., MD
Winke Orthopedic Pain Management Center
5226 Indian River Rd Ste 101A
Virginia Beach, VA 23464
(757) 216-4030

Hospital Affiliations:
Chesapeake Regional Medical Center

Williamsburg

Bradley, Scott, MD
Hampton Roads Orthopedic And Sports Medicine, LLC
5355 Discovery Park Blvd Suite B
Williamsburg, VA 23188
(757) 873-1554

Winchester

Carter, Jennifer, DO
Valley Health Transitional Care
333 W Cork Street Suite 290
Winchester, VA 22601
(540) 536-5121

Hospital Affiliations:
Winchester Medical Center

Essaff, David, DO
Valley Health Physical Medicine and Rehabilitation
333 West Cork Street Suite 290
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(540) 536-5121

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Winchester Medical Center

Lee, Jacob, DO
National Spine & Pain Centers
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(540) 931-0400

Panchang, Preeti, MD
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333 West Cork Street Suite 290
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(540) 536-5121

Hospital Affiliations:
Winchester Medical Center

Roberts, Eric C., MD
Valley Health Transitional Care
333 W Cork Street Suite 290
Winchester, VA 22601
(540) 536-5121

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Winchester Medical Center
<table>
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<tr>
<td>Salata, Kimberly, MD</td>
<td>Valley Health Transitional Care 333 West Cork Street Suite 290 Winchester, VA 22601 (540) 450-0050</td>
<td>Winchester Musculoskeletal Medicine 136 Linden Drive Ste 102 Winchester, VA 22601 (540) 450-0050</td>
<td>Hospital Affiliations: Winchester Medical Center</td>
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<td>Hancock, Chery A., PT</td>
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<tr>
<td>Fishersville</td>
<td>Knox, Laura Katherine, MD 93 Medical Center Dr Ste 203 (Plastic Surgery) Fishersville, VA 22939 (540) 922-5771</td>
<td>Augusta Medical Center</td>
<td>Hospital Affiliations: Augusta Medical Center</td>
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<tr>
<td>Fredericksburg</td>
<td>Franz, David A., MD ENT &amp; Facial Plastic Surgery Center of Fredericksburg (MAHA) 1708 Fall Hill Ave Ste 100 Fredericksburg, VA 22401 (540) 371-1226</td>
<td>Augusta Medical Center</td>
<td>Hospital Affiliations: Mary Washington Hospital (MWI)</td>
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<td>Hampton</td>
<td>Kanter, Mark J., MD Tidewater Physicians Multispecialty Group, PC (TPMG) 4000 Coliseum Drive Suite 110 Hampton, VA 23666 (757) 827-8486</td>
<td>Augusta Medical Center</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital Sentara CarePlex Hospital</td>
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<td>Harrisonburg</td>
<td>Asfa, Saied, MD Asfa Plastic Surgery, PLC 1502 Brookhaven Drive Harrisonburg, VA 22801 (540) 432-0303</td>
<td>Augusta Medical Center</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital Sentara CarePlex Hospital</td>
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<tr>
<td>Haymarket</td>
<td>Galaria, Irfan I., MD Galaria Plastic Surgery &amp; Dermatology PC 15197 Heathcoat Blvd Ste 300 Haymarket, VA 20169 (703) 348-2115</td>
<td>Augusta Medical Center</td>
<td>Hospital Affiliations: Bon Secours Mary Immaculate Hospital Sentara CarePlex Hospital</td>
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Optima Direct Network Providers 9/2019 500
Specialists - Tier 1

Henrico

Merritt, Wendell H., MD
Wendell H. Merritt, MD, P.C.
7660 E Parham Road Suite 200
Henrico, VA 23294
(804) 282-2112

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Mary’s Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus

Midlothian

Aboutanos, Sharline, MD
Richmond Plastic Surgeons
14401 Sommerville Court
Midlothian, VA 23113
(804) 285-4115

Hospital Affiliations:
- Bon Secours St. Mary’s Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus

Nassawadox

Alspaugh, John S., MD
Associates in Plastic Surgery, Inc.
9524 Hospial Ave
Nassawadox, VA 23413
(757) 442-6600

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Newport News

Blanchard, Thomas R., MD
Plastic Surgery Center of Hampton Roads, PC
895 City Center Blvd Suite 300
Newport News, VA 23606
(757) 873-3500

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Norfolk

Alspaugh, John S., MD
Associates in Plastic Surgery, Inc.
844 Kempsville Rd Ste 102
Norfolk, VA 23502
(757) 491-3535

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Bowe, John Byers, MD
Norfolk Plastic Surgery, PC
6260 E Virginia Beach Blvd Ste 100
Norfolk, VA 23502
(757) 466-1000

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Carraway, James H, MD
Hague Center for Cosmetic & Plastic Surgery Inc
400 W Brambleton Ave Ste 300
Norfolk, VA 23510
(757) 274-4000

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Chang, Christopher C. MD
Children’s Surgical Specialty Group - Pediatric Surgery (CSSG)
601 Childrens Lane
Norfolk, VA 23507
(757) 668-7713

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters

Colen, Lawrence B., MD
Norfolk Plastic Surgery, PC
6261 E Virginia Beach Blvd Ste 100
Norfolk, VA 23502
(757) 466-1000

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
Specialists - Tier 1

Sentara Norfolk General Hospital
Denk, Michael J., MD
- Associates in Plastic Surgery, Inc.
  844 Kempsville Rd Ste 102
  Norfolk, VA 23502
  (757) 491-3535
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Galardi, Nicholas R, MD
  Magee-Rosenblum Plastic Surgery, Inc.
  400 W Brambleton Ave Ste 103
  Norfolk, VA 23510
  (757) 627-6700
Hospital Affiliations:
  Chesapeake Regional Medical Center
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Princess Anne Hospital
Gilbert, David A, MD
  Hague Center for Cosmetic & Plastic Surgery Inc
  400 W Brambleton Ave Ste 300
  Norfolk, VA 23510
  (757) 274-4000
  Sentara Plastic Surgery Specialists (SMG)
  600 Gresham Dr Ste 204
  Norfolk, VA 23507
  (757) 388-5680
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  Bon Secours DePaul Medical Center Inc
  Children's Hospital of the King’s Daughters
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Glaradi, Nicholas R, MD
  Magee-Rosenblum Plastic Surgery, Inc.
  400 W Brambleton Ave Ste 103
  Norfolk, VA 23510
  (757) 627-6700
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Children's Hospital of the King's Daughters
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Kaplan, Ivor B, MD
  Magee-Rosenblum Plastic Surgery, Inc.
  400 W Brambleton Ave Ste 103
  Norfolk, VA 23510
  (757) 627-6700
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Morbia, Roshan Pradip, MD
  Magee-Rosenblum Plastic Surgery, Inc.
  400 W Brambleton Ave
  Norfolk, VA 23510
  (757) 627-6700
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Chesapeake Regional Medical Center
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Princess Anne Hospital
Rosenblum, Richard S., MD
  Magee-Rosenblum Plastic Surgery, Inc.
  400 W Brambleton Ave Ste 103
  Norfolk, VA 23510
  (757) 627-6700
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Chesapeake Regional Medical Center
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Schnarr, Robert, MD
  Hague Center for Cosmetic & Plastic Surgery Inc
  400 W Brambleton Ave Ste 300
  Norfolk, VA 23510
  (757) 274-4000
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Chesapeake Regional Medical Center
  Children's Hospital of the King's Daughters
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Trzninski, Douglas R., MD
  Sentara Plastic Surgery Specialists (SMG)
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  Norfolk, VA 23507
  (757) 668-1139
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
  Sentara Virginia Beach General Hospital
Uroskie Jr, Theodore W., MD
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  Norfolk, VA 23502
  (757) 466-1000
Hospital Affiliations:
  Bon Secours DePaul Medical Center Inc
  Children's Hospital of the King's Daughters
  Henrico Doctors' Hospital - Forest Campus
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Viennas, Lambros, MD
  EVMs Medical Group
  825 Fairfax Ave Ste 610
  Norfolk, VA 23507
  (757) 446-8960

Richmond
Aboutanos, Sharline, MD
  Richmond Plastic Surgeons
  1630 Wilkes Ridge Parkway Suite 201
  Richmond, VA 23233
  (804) 285-4115
Hospital Affiliations:
  Bon Secours St. Mary's Hospital
  Chippenham Medical Center
  Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital
  VCU Health System/MCV
Cohen, Leslie V, MD
  Leslie V. Cohen MD, Plastic and Reconstructive Surgery, PC
  9900 Independence Park Drive
  Suite 110
  Richmond, VA 23226
  (804) 288-2800
Deconti, Robert W., MD
  Robert W. Deconti, MD
  7229 Forest Ave
  Richmond, VA 23226
  (804) 673-8000
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parham Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital
Feldman, Michael, MD
  MCV Associated Physicians (Plastic Surgery)
  1213 E Clay Street
  Richmond, VA 23298
  (804) 828-3060
Hubert, Darrin, MD
  Richmond Plastic Surgeons
  1630 Wilkes Ridge Parkway Suite 201
  Richmond, VA 23233
  (804) 285-4115
  Wound Healing Center
  2621 Grove Avenue
  Richmond, VA 23226
  (804) 254-9784
Kale, Santosh, MD
  MCV Associated Physicians (Plastic Surgery)
  1213 E Clay Street
  Richmond, VA 23298
  (804) 828-9240
Hospital Affiliations:
  VCU Health System/MCV

Petersburg
Merritt, Wyndell H., MD
  Paladin Dermatology, LLC
  44 Medical Park Blvd Suite A
  Petersburg, VA 23805
  (804) 324-4511
Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours Richmond Community Hospital
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parham Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital

Optima Direct Network Providers 9/2019
Specialists - Tier 1

Ladoci IV, Lewis T., MD
Richmond Plastic Surgeons
1630 Wilkes Ridge Parkway Suite 201
Richmond, VA 23233
(804) 285-4115

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- St. Mary’s Hospital

Le, Brian Q, MD
MCV Associated Physicians (Plastic Surgery)
1213 E Clay Street
Richmond, VA 23298
(804) 828-3060

Hospital Affiliations:
- VCU Health System/MCV

Levitt, Richard G., MD
Levitt Plastic Surgery, P.C.
8700 Stony Point Parkway Suite 140
Richmond, VA 23235
(804) 267-6009

Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Retreat Campus

Luppens, Daniel, MD
MCV Associated Physicians (Plastic Surgery)
7301 Forest Ave Ste 100
Richmond, VA 23226
(804) 288-5222

Hospital Affiliations:
- VCU Health System/MCV

Montante, Steven J, MD
Montante Plastic Surgery & Aesthetics, LLC
7605 Forest Avenue Suite 100
Richmond, VA 23229
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Hospital Affiliations:
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus

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MCV Associated Physicians (Plastic Surgery)
1213 E Clay Street
Richmond, VA 23298
(804) 288-3060
7301 Forest Avenue Suite 100
Richmond, VA 23298
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital
- St. Mary’s Hospital

VCU Health System/MCV
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(804) 828-3044

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations:
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Hospital Affiliations:
- Bon Secours St. Marys Hospital

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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

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Zinsser Plastic Surgery PC
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Richmond, VA 23226
(804) 474-9805

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Bon Secours Stuart Circle Hospital
- Chippenham Medical Center/
  Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital of Richmond

Roanoke

Capito, Anthony E., MD
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000

Hospital Affiliations:
- Carilion Roanoke Community Hospital
- Carilion Roanoke Memorial Hospital

Roanoke

Thomas, Barton A., MD
Roanoke Plastic Surgery PLC
1118 First Street SW
Roanoke, VA 24016
(540) 581-1400

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Suffolk

Grenza, Tad, MD
Chesapeake Center for Cosmetic and Plastic Surgery
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Suffolk, VA 23435
(757) 673-5900

Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Bon Secours Maryview Medical Center
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Salem

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Jefferson Surgical Clinic Inc
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Stafford

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Hospital Affiliations:
- Mary Washington Hospital
  (MWH)

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Optima Direct Network Providers 9/2019 503
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Hospital Affiliations:
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Chesapeake Regional Medical Center
Sentara Obici Hospital

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Sentara Obici Hospital

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Hospital Affiliations:
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Chenpenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

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Hospital Affiliations:
Bon Secours St Marys Hospital

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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Williamsburg

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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Winchester Medical Center

Woodbridge

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Hospital Affiliations:
Sentara Northern Virginia Medical Center

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Alleghany

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Carillon Roanoke Memorial Hospital
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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

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Hospital Affiliations:
- Sentara Martha Jefferson Hospital

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Hospital Affiliations:
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Fink, Marc J., DPM
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Hospital Affiliations:
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- Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:
- Carilion Franklin Memorial Hospital
- Carilion Virginia Memorial Hospital

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Hospital Affiliations:
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- St. Mary's Hospital
- Sterling Medical Center

Naldo, Jason Vicente, DPM
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Hospital Affiliations:
- Chesapeake Regional Medical Center

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Hospital Affiliations:
- Bon Secours St. Marys Hospital
- John Randolph Medical Center
- St. Mary's Hospital

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2900 Lamb Circle Suite L760
Christiansburg, VA 24073
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Hospital Affiliations:
- Carilion Healthcare
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sterling Medical Center

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Optima Health
Optima Direct Network Providers 9/2019

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Emporia
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Emporia, VA 23847
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Hospital Affiliations:
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VCU Community Memorial Hospital

Fairfax
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Hospital Affiliations:
Reston Hospital Center

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Petranek, Michael L, DPM
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Hospital Affiliations:
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CDM FOOT AND ANKLE PAIN AND SPRAIN
6408 Seven Corners Place Suite C
Falls Church, VA 22044
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Hospital Affiliations:
Inova Fairfax Hospital

Farmville
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New Age Foot and Ankle Surgery, LLC
160 South Street
Farmville, VA 23901
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Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Goldman, Michael A., DPM
Michael A. Goldman, DPM
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Farmville, VA 23901
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Hospital Affiliations:
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Shah, Asif, DPM
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Farmville, VA 23901
(434) 391-3669

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Fishersville
Chang, Stewart M., DPM
FASMA
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Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Hospital Affiliations:
Augusta Medical Center

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Southwest Podiatry, PC
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Hospital Affiliations:
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Warren Memorial Hospital, Inc.

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Hospital Affiliations:
Winchester Medical Center

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Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

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Henrico Doctors’ Hospital - Retreat Campus
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Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus

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1 Foot 2 Foot Centre for Foot and Ankle Care, PC  
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Bon Secours St. Marys Hospital  
Hospital Affiliations:

Shah, Asif, DPM
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Bon Secours St. Marys Hospital  
Hospital Affiliations:

Barbella, Marc A, DPM
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Sentara Health

Dr. William Knudson, LLC

Bon Secours DePaul Medical Center Inc

Inova Fairfax Hospital

Stafford Hospital Center

Sentara Health

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Henrico Doctors’ Hospital - Retreat Campus  
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Reston Hospital Center

Kilmarnock  
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Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital

Lake Ridge  
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1721 Financial Loop  
Lake Ridge, VA 22192  
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Hospital Affiliations:  
Winchester Medical Center

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Hospital Affiliations:  
Inova Fairfax Hospital  
Potomac Valley Hospital

Scirpis, Mark L., DPM  
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Lake Ridge, VA 22192  
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Hospital Affiliations:  
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Stabile, Douglas, DPM  
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Leesburg  
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Winchester Medical Center

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Specialists - Tier 1

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Hospital Affiliations:  
Augusta Medical Center

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Sentara Northern Virginia Medical Center

Lynchburg

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McMan, Heather B., MD  
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Hospital Affiliations:  
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Carilion Roanoke Memorial Hospital

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Midlothian

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Narang, Neeraj, DPM  
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(804) 794-4550  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
</tr>
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<tbody>
<tr>
<td>Prak, Ushita, DPM</td>
<td>SynergyHealth Foot &amp; Ankle Associates, PLLC</td>
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<td>Prak, Benjamin R., DPM</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
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<td>Shadbolt, James E., MD</td>
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<td>Shadbolt, James E., MD</td>
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<tr>
<td>Vetti, Luke, DPM</td>
<td>SynergyHealth Foot &amp; Ankle Associates, PLLC</td>
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<tr>
<td>Vetti, Luke, DPM</td>
<td>Newport News</td>
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<tr>
<td>Hopson, Matthew A., DPM</td>
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<td>Hopson, Matthew A., DPM</td>
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<td>Hopson, Matthew A., DPM</td>
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<tr>
<td>Keller, Nelson G., DPM</td>
<td>Hampton Roads Orthopedic And Sports Medicine, LLC</td>
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<td>Keller, Nelson G., DPM</td>
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<td>(757) 873-1554</td>
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<td>Lee, Debra A., DPM</td>
<td>Debra A. Lee dba Womick Podiatry Clinic, PC</td>
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<td>Lee, Debra A., DPM</td>
<td>(757) 595-7634</td>
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<td>Prak, Steven, DPM</td>
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<td>11747 Jefferson Ave Suite 2A</td>
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<td>Tupper, Robert D., DPM</td>
<td>Norfolk Foot and Ankle Group, PC</td>
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<td>7633 Granby St</td>
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<tr>
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<td>Williams, N. Wynta, DPM</td>
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<td>Mount, Alexander, DPM</td>
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<td>McMahon, John G., DPM</td>
<td>Adult &amp; Child Foot &amp; Ankle Care, LLC</td>
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<td>Powhatan</td>
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<td>McMahon, John G., DPM</td>
<td>(804) 403-3000</td>
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<td>Sentara Martha Jefferson Hospital</td>
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<td>St. Mary's Hospital</td>
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Optima Direct Network Providers 9/2019  510
3 Riverside Cir
Roanoke, VA 24016
(540) 725-1226

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

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(540) 904-1458

Jensen III, Boyd F., DPM
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Hospital Affiliations:
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Lewis-Gale Medical Center

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Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Virginia Beach, VA 23455
(757) 497-7575

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Grant-McDonald, Lisa M, DPM
Tidewater Foot and Ankle Center, PC
762 Independence Blvd Ste 1
Virginia Beach, VA 23455
(757) 497-7575

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Rassool, Arteen, DPM
R & S Podiatry, PLLC
1020 Independence Blvd Suite 305
Virginia Beach, VA 23455
(757) 490-1226

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Rayno, Michael J., MD
Atlantic Foot & Ankle Center
1788 Republic Rd Suite 300
Virginia Beach, VA 23454
(757) 481-0898

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Santiago, Lynette, DPM
Coastal Podiatry Group
6477 College Park Sq Ste 108
Virginia Beach, VA 23464
(757) 523-0414

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Simon, William H., DPM
Atlantic Foot & Ankle Center
1788 Republic Rd Suite 300
Virginia Beach, VA 23454
(757) 481-0898

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Santiago, Lynette, DPM
Coastal Podiatry Group
6477 College Park Sq Ste 108
Virginia Beach, VA 23464
(757) 523-0414

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Tupper, Robert D., DPM
Norfolk Foot and Ankle Group, PC
3972 Holland Rd Ste 119
Virginia Beach, VA 23452
(757) 498-0202

Hospital Affiliations:
Riverside Shore Memorial Hospital

Walters, Jeremy L., DPM
Sentara Podiatry Specialists (SMG)
5253 Providence Rd Suite 100
Virginia Beach, VA 23464
(757) 252-4640

Hospital Affiliations:
Sentara Obici Hospital

Williams, N. Wynta, DPM
Norfolk Foot and Ankle Group, PC
3972 Holland Rd Ste 119
Virginia Beach, VA 23452
(757) 498-0202

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital

Zelnikas, Sara, DPM
Tidewater Physicians
Multispecialty Group, PC (TPMG)
102 Constitution Drive Suite 217
Virginia Beach, VA 23462
(757) 963-1488

Optima Direct Network Providers 9/2019 514
## Pulmonary Medicine

### Abingdon

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<tr>
<td>Amana, Mahmoud, MD</td>
<td>Blue Ridge Medical Management Corporation</td>
</tr>
<tr>
<td>(434) 843-2354</td>
<td>16000 Johnston Memorial Drive Ste 112D</td>
</tr>
<tr>
<td></td>
<td>Abingdon, VA 24211</td>
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<td></td>
<td>(276) 258-1740</td>
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### Bed ford

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<td>Johnson, Stephen M, MD</td>
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<tr>
<td>(540) 586-6818</td>
<td>1615D Oakwood Street</td>
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<td>Bedford, VA 24523</td>
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### Bluefield

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<td>Figueroa, Oscar F, MD</td>
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<tr>
<td>(757) 484-5900</td>
<td>103 Westwood Commons</td>
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<td>(276) 232-3947</td>
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### Bristol

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<td>Robinette Jr, Emory H, MD</td>
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### Broadway

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<td>Bagegni, Mosaab, MD</td>
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<tr>
<td>(540) 901-0800</td>
<td>1892 Timber Way</td>
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<td></td>
<td>Broadway, VA 22815</td>
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### Charlottesville

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<td>Degene, Aklilu M., MD</td>
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### Chesapeake

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<tr>
<td>Waterk, Gregory, MD</td>
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<tr>
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<td>Broadway, VA 22815</td>
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### Fredericksburg

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<tr>
<td>Mornin, Timothy, MD</td>
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### Hampton Roads

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<tr>
<td>Johnson, Bruce E., MD</td>
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<tr>
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### Richmond

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<td>Patel, Vinod, MD</td>
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Specialists - Tier 1

Bon Secours Pulmonary Specialists @ MHI
4053 Taylor Rd Suite N
Chesapeake, VA 23321
(757) 484-5900

Hospital Affiliations:
Bon Secours DePaul Medical Center
Bon Secours Mary Immaculate Hospital

Ripoll, Ignacio, MD
Bayview Physician Services, PC
713 Volvo Pkwy Ste 101
Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Walter, Robert N, MD
Bon Secours Pulmonary Specialists
4053 Taylor Road Suite N
Chesapeake, VA 23321
(757) 484-5900

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Zuniga, Leah M, MD
Bon Secours Pulmonary Specialists
4053 Taylor Rd Ste N
Chesapeake, VA 23321
(757) 484-5900

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Christiansburg

Biscardi, Frank Hugo, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 thru 700B
Christiansburg, VA 24073
(540) 731-7450
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

Cordasco, Edward M., DO
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion New River Valley Medical Center

Cossio, Moises R, DO
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-7450
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

El Abbassi, Adel M, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450
(540) 731-7450

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Forooshzeh, Mahtab B., MD
Carilion New River Valley Medical Center
Wellmont Bristol Regional Medical Center

Giri, Badri, MD
Carilion Healthcare Corporation
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Ie, Susanti R, MD
Carilion Roanoke Memorial Hospital-
Physician Services
2900 Lamb Circle Suite 7 700A
Christiansburg, VA 24073
(540) 731-7460

Leslie Jr, John W, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Loschner, Anthony Lukas, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Lutchmedial, Sanjiva M, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lynch, Beth, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Peters, David, MD
Carilion Healthcare Corporation
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

White, John J, MD
Pulmonary Medicine of Virginia PLC
1305 Radford Road
Christiansburg, VA 24073
(540) 381-2200

Clifton Forge

Durham, Richard, DO
WVVA Health Care Alliance, PC
425 Commercial Avenue
Clifton Forge, VA 24422
(304) 645-3100

Danville

Bird, Kimberly S, MD
Danville Pulmonary Clinic
159 Executive Drive Suite F
Danville, VA 24541
(434) 792-4378

Hospital Affiliations:
SOVAH Health - Danville

Henderson, William W, MD
Danville Pulmonary Clinic
159 Executive Drive Suite F
Danville, VA 24541
(434) 792-4378

Hospital Affiliations:
SOVAH Health - Danville

O’Neill, Thomas J, MD
Danville Pulmonary Clinic
159 Executive Drive Suite F
Danville, VA 24541
(434) 792-4378

Hospital Affiliations:
SOVAH Health - Danville

Saltzman, Herbert A, MD
Danville Pulmonary Clinic, Inc.
159 Executive Dr Ste F
Danville, VA 24541
(434) 792-4378

Farmville

Baker, Albert M, MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Khoury, Joseph B, MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
### Medical Center Drive Heart & Vascular Center 2nd Floor
78 Medical Center Drive
Fishersville, VA 22939
(540) 245-7230

**Hospital Affiliations:**
- Augusta Medical Center
- University of Virginia Medical Center

### Sleep Disorders Center of Fredericksburg
521 Park Hill Drive Suite B
Fredericksburg, VA 22401
(540) 899-1615

**Hospital Affiliations:**
- Mary Washington Hospital (MWH)
- Stafford Hospital Center

### Fredericksburg

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<tr>
<td>Abril, Juan, MD</td>
<td>Pulmonary Associates of Fredericksburg Inc</td>
<td>521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615</td>
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<td>Goyal, Rohit, MD</td>
<td>Pulmonary Associates of Fredericksburg Inc</td>
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### Front Royal

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<th>Name</th>
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<td>Catlett, Richard H, MD</td>
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**Hospital Affiliations:**
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

### Gloucester

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<td>Chigurupati, Naga, MD</td>
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<td>521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615</td>
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**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Staffed Medical Center Inc
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Freerick'sburg
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center
- Gloucester
- Bon Secours DePaul Medical Center Inc
- Staffed Medical Center Inc
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

### Fishersville

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<td>Gonzales, Carmen, MD</td>
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<td>521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615</td>
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**Hospital Affiliations:**
- Augusta Medical Center
- University of Virginia Medical Center
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center

### Chigurupati, Naga, MD
- Pulmonary Associates of Fredericksburg Inc
- 521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615

**Hospital Affiliations:**
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Fredericksburg
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center

### Gloucester
- Bon Secours DePaul Medical Center Inc
- Staffed Medical Center Inc
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Fredericksburg
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center

### Front Royal
- Catlett, Richard H, MD
- Valley Health Warren Memorial Hospital Multispecialty Clinic
- 1077 N Shenandoah Ave, Front Royal, VA 22630 (540) 636-0627

**Hospital Affiliations:**
- Warren Memorial Hospital, Inc.
- Winchester Medical Center
- Lessons, Jeffrey S., MD
- Valley Health Warren Memorial Hospital Multispecialty Clinic
- 521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615

### Gloucester
- Chigurupati, Naga, MD
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Fredericksburg
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center

### Fishersville
- Gonzales, Carmen, MD
- Pulmonary Associates of Fredericksburg Inc
- 521 Park Hill Drive Suite B, Fredericksburg, VA 22401 (540) 899-1615

**Hospital Affiliations:**
- Augusta Medical Center
- University of Virginia Medical Center
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center
- Gloucester
- Bon Secours DePaul Medical Center Inc
- Staffed Medical Center Inc
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Fredericksburg
- Sleep Disorders Center of Fredericksburg
- Mary Washington Hospital (MWH)
- Stafford Hospital Center
- Winchester Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center
Southside Regional Medical Center

Goldberg, Alan, MD
Sentara Pulmonary & Critical Care Specialists (SMG)
5659 Parkway Drive Ste 220
Gloucester, VA 23061
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

LaFalce, Christian A., MD
Sentara Pulmonary & Critical Care Specialists (SMG)
5659 Parkway Drive Ste 220
Gloucester, VA 23061
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital
Winchester Medical Center

Mohamed, Hesham E., MD
Sentara Pulmonary & Critical Care Specialists (SMG)
5659 Parkway Drive Ste 220
Gloucester, VA 23061
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Eljammal, Sam, MD
Sentara Pulmonary & Critical Care Specialists (SMG)
4000 Coliseum Dr Ste 320
Hampton, VA 23666
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital

El-Mahdy, Sherif O, MD
Sentara Pulmonary & Critical Care Specialists (SMG)
4000 Coliseum Dr Ste 320
Hampton, VA 23666
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital

Goldberg, Alan, MD
Sentara Pulmonary & Critical Care Specialists (SMG)
4000 Coliseum Dr Ste 320
Hampton, VA 23666
(757) 827-2350

Hospital Affiliations:
Sentara CarePlex Hospital

Jeong, Seong-Joo, MD
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4000 Coliseum Dr Ste 320
Hampton, VA 23666
(757) 827-2350

Hospital Affiliations:
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4000 Coliseum Dr Ste 320
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Sentara Princess Anne Hospital
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Sentara CarePlex Hospital
Winchester Medical Center

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Hampton, VA 23666
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Hospital Affiliations:
Sentara CarePlex Hospital

Biscardi, Frank Hugo, MD
Carillon Sleep Center
35 Medical Ct
Hardy, VA 24101
(540) 224-6954
Carillon Sleep Center-Westlake
278 Westlake Road Ste 2
Hardy, VA 24101
(540) 224-6954

Hospital Affiliations:
Carillon New River Valley Medical Center

Rubio, Edmundo R., MD
CARILION MEDICAL CENTER
35 Medical Ct
Hardy, VA 24101
(540) 224-6954

Hospital Affiliations:
Carillon Roanoke Community Hospital

Bagdini, Mosaab, MD
Sentara RMH Medical Group, LLC
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Hospital Affiliations:
Sentara RMH Medical Center

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Hospital Affiliations:
Sentara RMH Medical Center
<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
</table>
| Haft, Kenneth, MD    | Pulmonary Associates of Richmond, Inc. | 1603 Santa Rosa Ste 101, Henrico, VA 23229 | (804) 320-4243 | Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
Sheltering Arms Rehabilitation Hospital |
| Miksa, Andrea, MD    | Pulmonary Associates of Richmond, Inc. | 1603 Santa Rosa Ste 101, Henrico, VA 23229 | (804) 320-4243 | Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
Sheltering Arms Rehabilitation Hospital |
| Radow, Scott, MD     | Pulmonary Associates of Richmond, Inc. | 1603 Santa Rosa Ste 101, Henrico, VA 23229 | (804) 320-4243 | Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
Sheltering Arms Rehabilitation Hospital |

**Hospital Affiliations:**
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- Chippewa Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital

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**Optima Direct Network Providers 9/2019**

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**OptimaHealth**
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Leesburg
Devan, Vas, MD
Pulmonary & Critical Care
Associates PC
19455 Deerfield Avenue Ste 206
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(703) 856-9608

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Comprehensive Sleep Care Center
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Associates PC
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Leesburg, VA 20176
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Hospital Affiliations:
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Carilion Sleep Center
Lexington, VA 24450
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Hospital Affiliations:
Augusta Health Pulmonary and Critical Care
30 Greenhouse Rd
Lexington, VA 24450
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Hospital Affiliations:
Augusta Medical Center
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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University of Virginia Medical Center

Luray
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War Memorial Hospital Inc
Winchester Medical Center

Murphy, Thomas M., MD
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Sheltering Arms Rehabilitation Hospital

Optima Direct Network Providers 9/2019 521
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- Sheltering Arms Rehabilitation Hospital

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- Henrico Doctors’ Hospital - Retreat Campus
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- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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**Hospital Affiliations:**
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Williamsburg Regional Medical Center

**Chigurupati, Naga, MD**
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(757) 261-5977

**Hospital Affiliations:**
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
Specialists - Tier 1

850 Kempsville Road
Norfolk, VA 23502
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Williamburg Regional Medical Center
Southside Regional Medical Center
DeLaCruz, Manuela M., MD
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Norfolk, VA 23505
(757) 899-6677
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Lake Taylor Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Duckett, John G., MD
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850 Kempsville Rd
Norfolk, VA 23502
(757) 261-5977
Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Williamburg Regional Medical Center

El-Mahdy, Sherif O, MD
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(757) 388-6115
Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Fletcher, Douglas Robert, MD
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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Norfolk, VA 23502

Goldberg, Alan, MD
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Norfolk, VA 23507
844 Kempsville Rd Ste 103A
Norfolk, VA 23502
(757) 257-9913
Hospital Affiliations:
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(757) 388-6115
850 Kempsville Rd
Norfolk, VA 23502

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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
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Hospital Affiliations:
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Hospital Affiliations:
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- Sentara Leigh Hospital
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- Sentara Williamburg Regional Medical Center

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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
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Sentara Leigh Hospital
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Sentara Williamsburg Regional Medical Center

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100 Boulders Parkway Ste 200
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(804) 320-4243

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Gerlup, Alice, MD
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Bon Secours St. Marys Hospital
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Hey, Jamie, MD
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Kaiser, Adam, MD
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Hospital Affiliations:
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Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Athar, Muhammad N., MD
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Hospital Affiliations:
Chippenham Medical Center
Johnston-Willis Hospital
Kuno, Ritsu, MD  
Pulmonary Associates of Richmond, Inc.  
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(804) 320-4243  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
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Vinson, Laura, MD  
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Sheltering Arms Rehabilitation Hospital  
Agarwal, Anil, MD  
Community Physicians  
Pulmonary  
98 15th St NW Suite 207A  
Norton, VA 24273  
(276) 439-1490  
Hospital Affiliations:  
Norton Community Hospital  
Bass, Leon C, MD  
Community Physicians  
Pulmonary  
98 15th St NW Suite 207A  
Norton, VA 24273  
(276) 439-1490  
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Green, Michael R., MD  
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(276) 439-1490  
Hospital Affiliations:  
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Nader, Elie T, MD  
Community Physicians  
Pulmonary  
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Norton, VA 24273  
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Hospital Affiliations:  
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Norton, Andrew N., MD  
Community Physicians  
Pulmonary  
98 15th St NW Suite 201A  
Norton, VA 24273  
(276) 439-1490  
Hospital Affiliations:  
Norton Community Hospital  
Allauddin, Tahir, MD  
Pulmonary & Critical Care  
Associates of the Tri Cities  
50 Medical Park Boulevard Suite B  
Petersburg, VA 23805  
(804) 835-9560  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center  
Chigurupati, Nag, MD  
FJM Specialists, P.C.  
601 Old Wagner Road Suite 101  
Petersburg, VA 23805  
(804) 524-2260  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
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Southside Regional Medical Center  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
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John Randolph Medical Center  
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1860 Town Center Drive Ste 270  
Reston, VA 20190  
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<td>Pulmonology</td>
<td>CARLILION MEDICAL CENTER 324 King George Ave Roanoke, VA 24016</td>
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<td>11 Crystal Spring Ave Ste 300 Roanoke, VA 24014</td>
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<td>(757) 975-8255</td>
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<td>2210 Wilborn Ave South Boston, VA 24592</td>
<td>(434) 575-5864</td>
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Optima Direct Network Providers 9/2019

Specialists - Tier 1

Belete, Habtamu M, MD
Tidewater Physicians
Multi-specialty Group, PC (TPMG)
5818 Harbour View Blvd Suite C2
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Hospital Affiliations:
Sentara Virginia Beach General Hospital
Sentara Maryview Medical Center

Patel, Anil, MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital
Sentara Maryview Medical Center

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Sentara Virginia Beach General Hospital
Sentara Maryview Medical Center

Shah, Rutul, MD
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Hospital Affiliations:
Sentara Virginia Beach General Hospital
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Chesapeake Regional Medical Center
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(757) 507-8610
Hospital Affiliations:
Sentara Princess Anne Hospital
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George, Ezmin, MD
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(757) 363-6850
Hospital Affiliations:
Sentara CarePlex Hospital

Goldberg, Alan, MD
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Hospital Affiliations:
Sentara Leight Hospital
Sentara Williamsburg Regional Medical Center

Mahon, Richard T., MD
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Hospital Affiliations:
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Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Virginia Beach

Optima Health
Prasad, Ashish, MD  
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Virginia Beach, VA 23455  
(757) 363-6850  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center  
Petersen, Agnieszka, MD  
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Virginia Beach, VA 23454  
(757) 481-2515  
Pierce, Fletcher N., MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
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Virginia Beach, VA 23455  
(757) 363-6850  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Williamsburg Regional Medical Center  
Prasad, Ashish, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
816 Independence Blvd Ste 2H  
Virginia Beach, VA 23455  
(757) 363-6850  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Williamsburg Regional Medical Center  
Quaranta, Anthony J., MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
1950 Glenn Mitchell Dr Ste 310  
Virginia Beach, VA 23456  
800 Independence Blvd 2nd Fl  
Virginia Beach, VA 23455  
(757) 363-6850  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  
Ranganathan, Meera, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
1975 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456  
(757) 507-8610  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center  
Ripoll, Ignacio, MD  
Bayview Physician Services, PC  
6025 Providence Rd  
Virginia Beach, VA 23464  
(757) 474-7455  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Williamsburg  
Perry, John C, MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
1302 Lee Street Suite C  
West Point, VA 23181  
(804) 843-7419  
West Point  
Abu-Hamda, Eyad M., MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center  
Alam, Shoaib, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Princess Anne Hospital  
Sentara Williamsburg Regional Medical Center  
Campbell, Sabrina N., DO  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Cir Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Sentara CarePlex Hospital  
Sentara Obici Hospital  
Sentara Williamsburg Regional Medical Center  
Clary, Lois, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Dale, Wheeler J., MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Murphy, David Patrick, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-9800  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Patel, Amit D., MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Ste 101  
Williamsburg, VA 23188  
(757) 707-3505  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Inayat, Nadeem, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Sentara Williamsburg Regional Medical Center  
Malaisamy, Subramanian, MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Ste 101  
Williamsburg, VA 23188  
(757) 984-9800  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
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Sentara Obici Hospital  
Lake Taylor Hospital  
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Sentara Williamsburg Regional Medical Center  
Clary, Lois, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Dale, Wheeler J., MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Fadel, Dina Abi, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Circle Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Figueras, Oscar F, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Cir Ste 320A  
Williamsburg, VA 23188  
(757) 984-3975  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Goldberg, Alan, MD  
Sentara Pulmonary & Critical Care Specialists (SMG)  
400 Sentara Cir Ste 320A  
Williamsburg, VA 23188  
Hospital Affiliations:  
Sentara CarePlex Hospital
Specialists - Tier 1

Patel, Anil, MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 101
Williamsburg, VA 23188
(757) 707-3505

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center
- John Randolph Medical Center
- Southside Regional Medical Center

Shah, Rutul, MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 101
Williamsburg, VA 23188
(757) 707-3505

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center

Subramaniam, Vijay, MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 102
Williamsburg, VA 23188
(757) 706-3481

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center

Wytheville

Leslie Jr, John W., MD
Carolyn Healthcare Corporation
1150 Holston Rd
Wytheville, VA 24382
(276) 227-0644

Abingdon

Tisdale, Bernard A., MD
Bernard A. Tisdale MD PC
16000 Johnston Memorial Dr
Abingdon, VA 24211
(276) 258-1822

Hospital Affiliations:
- Johnston Memorial Hospital

Charlottesville

Crimaldi II, Anthony J., MD
Central Virginia Radiation Oncologist, PC
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-8125

Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Danville

Helms, III, Ernest L., MD
Danville Physician Practices, LLC
142 South Main Street
Danville, VA 24541
(434) 799-3866

Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Falls Church

Choe, Kevin, MD
Radiation Oncology Associates PC
3051 Joseph Siewick Drive
Fairfax, VA 22033
(703) 391-4250

Hospital Affiliations:
- Sentara Northern Virginia Medical Center
- Prince William Medical Center

Lindsay, Beth H, MD
Danville Physician Practices, LLC
142 South Main St
Danville, VA 24541
(434) 799-4495

Hospital Affiliations:
- SOVAH Health - Danville

Sibley, Gregory, MD
Virginia Cancer Specialists, P.C.
10301 Democracy Lane
Fairfax, VA 22033
(703) 391-4450

Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Wytheville

Catlett, Richard H., MD
Winchester Pulmonary & Internal Medicine
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

D'Alessio, Santa, MD
Blue Ridge Pulmonary
2055 Valley Avenue
Winchester, VA 22601
(540) 667-7200

Hospital Affiliations:
- Sentara RMH Medical Center

Lessar, Jeffrey S., MD
Winchester Medical Center
1840 Amherst Street
Winchester, VA 22601
(540) 536-8000
Winchester Pulmonary & Internal Medicine
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
- Page Memorial Hospital Inc
- War Memorial Hospital Inc
- Winchester Medical Center

Lewis, B Franklin, MD
Winchester Pulmonary & Internal Medicine
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
- Winchester Medical Center

Murphy, Thomas M., MD
Winchester Pulmonary & Internal Medicine
525 Amherst Street Suite 104
Winchester, VA 22601
(540) 662-4263

Hospital Affiliations:
- Winchester Medical Center

Wolfe, G. Keith, MD
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(540) 662-4263

Hospital Affiliations:
- Winchester Medical Center

Goudarzi, Behnam, MD
Virginia Pulmonary Associates, P.C.
2028 Opitz Blvd Ste B
Woodbridge, VA 22191
(703) 497-0212

Hospital Affiliations:
- Inova Fairfax Hospital
- Sentara Northern Virginia Medical Center

Choe, Kevin, MD
Radiation Oncology Associates PC
3300 Gallows Rd
Falls Church, VA 22042
(703) 776-3731

Hospital Affiliations:
- Sentara Northern Virginia Medical Center
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<td>Herndon</td>
<td>Hong, Robert L., MD</td>
<td>(703) 689-9330</td>
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Specialists - Tier 1

McCool, John K, MD
Blue Ridge Cancer Care
2013 S Jefferson St SW
Roanoke, VA 24014
(540) 982-0237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
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(540) 981-7377

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Rogers, John W, MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 776-4160

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Ali, Mohammed Moiuddin, MD
Radiation Oncology Specialists of Central Virginia PLC
125 Hospital Center Drive Suite 125
Stafford, VA 22554
(540) 741-7955

Hospital Affiliations:
Chippenham Medical Center
Johnston-Willis Hospital
Virginia Hospital Center (MWH)
Stafford Hospital Center

Stafford

Archie, Victor C., MD
Virginia Oncology Associates
1950 Glenn Mitchell Drive Suite 100
Virginia Beach, VA 23456
(757) 307-0425

Hospital Affiliations:
Virginia Beach General Hospital
Virginia Beach General Hospital

Crandley, Edwin F., MD
EVMS Medical Group
1060 First Colonial Road
Virginia Beach, VA 23454
(757) 395-8610
Virginia Oncology Associates
(757) 307-0425

Jones, Heather A., MD
Virginia Oncology Associates
1950 Glenn Mitchell Drive Suite 100
Virginia Beach, VA 23456
(757) 307-0425

Kang, Song K., MD
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Virginia Beach, VA 23456
(757) 307-0425

Hospital Affiliations:
Virginia Beach General Hospital

Suffolk

Bevins, Judith C., MD
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(757) 641-1400

Hospital Affiliations:
Virginia Oncology Associates
1950 Glenn Mitchell Drive Suite 100
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Lappinen, Eric K., MD
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Virginia Oncology Associates
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Sinesi, Mark S., MD
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Virginia Beach, VA 23454
(757) 307-0425

Williams, Scott, MD
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Virginia Beach, VA 23454
(757) 446-7360
Virginia Oncology Associates
(757) 307-0425

Hospital Affiliations:
Virginia Beach General Hospital

Sentara CarePlex Hospital

Bon Secours DePaul Medical Center Inc

Sentara Obici Hospital

Sentara Beach General Hospital

Sentara Virginia Beach General Hospital

Trivette, George A., MD
Bon Secours Oncology Specialists
7185 Harbour Towne Pkwy Suite 108
Suffolk, VA 23435
(757) 278-2200

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara St. Mary's Hospital Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Virginia Beach

Shaves, Mark E., MD
EVMS Medical Group
1060 First Colonial Road
Virginia Beach, VA 23454
(757) 395-8610

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Williams, Scott, MD
EVMS Medical Group
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 446-7360
Virginia Oncology Associates
(757) 307-0425

Hospital Affiliations:
Sentara Beach General Hospital

Bon Secours Maryview Medical Center

Sentara CarePlex Hospital

Sentara Obici Hospital

Sentara Virginia Beach General Hospital
<table>
<thead>
<tr>
<th>Specialists - Tier 1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Winchester</strong></td>
</tr>
</tbody>
</table>
| Flax, Bruce L., MD  
Shenandoah Oncology, P.C  
400 Campus Blvd Suite 110  
Winchester, VA 22601  
(540) 662-1108  |
| **Hospital Affiliations:**  
Winchester Medical Center |
| Smith, Norman J., MD  
Shenandoah Oncology, P.C  
400 Campus Blvd Suite 110  
Winchester, VA 22601  
(540) 662-1108  |
| **Hospital Affiliations:**  
Winchester Medical Center |
| Kowalchik, Kristin, MD  
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400 Campus Blvd Suite 110  
Winchester, VA 22601  
(540) 662-1108  |
| **Hospital Affiliations:**  
Winchester Medical Center |
| Flax, Bruce L., MD  
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400 Campus Blvd Suite 110  
Winchester, VA 22601  
(540) 662-1108  |
| **Hospital Affiliations:**  
Winchester Medical Center |
| Choe, Kevin, MD  
Radiation Oncology Associates PC  
2280 Oyster Blvd Suite 120  
Woodbridge, VA 22191  
(703) 670-3349  |
| **Hospital Affiliations:**  
Sentara Northern Virginia Medical Center  
Danville  
**Leider, Peter, MD**  
Southern Virginia Radiation Oncology  
118 S Main St  
Danville, VA 24541  
(434) 797-9328  |
| **Hospital Affiliations:**  
Danville  
**Pradhan, Pradeep, MD**  
Danville Physician Practices, LLC  
142 S Main St  
Danville, VA 24541  
(434) 799-4474  |
| **Hospital Affiliations:**  
Danville  
**Bajaj, Gopal, MD**  
Radiation Oncology Associates PC  
3580 Joseph Siewick Drive  
Fairfax, VA 22033  
(703) 391-4250  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
**Chawla, Ashish, MD**  
Radiation Oncology Associates PC  
3300 Gallows Road Dept of Radiation Oncology  
Falls Church, VA 22042  
(709) 996-4887  |
| **Hospital Affiliations:**  
Augusta Medical Center  
Sentara RMH Medical Center |
| Kanani, Samir, MD  
Radiation Oncology Associates PC  
3580 Joseph Siewick Drive  
Fairfax, VA 22033  
(703) 391-4250  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
**Kanani, Samir, MD**  
Radiation Oncology Associates PC  
3580 Joseph Siewick Drive  
Fairfax, VA 22033  
(703) 391-4250  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
**Kanani, Samir, MD**  
Radiation Oncology Associates PC  
3580 Joseph Siewick Drive  
Fairfax, VA 22033  
(703) 391-4250  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
**Kanani, Samir, MD**  
Radiation Oncology Associates PC  
3580 Joseph Siewick Drive  
(709) 996-4887  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
Inova Fairfax Hospital  
Sentara Northern Virginia Medical Center |
| Tonesnen, Glenn, MD  
Radiation Oncology Associates PC  
3300 Gallows Road Dept of Radiation Oncology  
Falls Church, VA 22042  
(709) 996-4887  |
| **Hospital Affiliations:**  
Inova Fairfax Hospital  
Inova Fairfax Hospital  
Sentara Northern Virginia Medical Center |
| **Fishersville** |
| Kyler, Robert M., MD  
Shenandoah Valley Radiation Oncology  
70 Medical Center Dr Suite 108  
Fishersville, VA 22939  
(540) 245-7100  |
| **Hospital Affiliations:**  
Augusta Medical Center  
Sentara RMH Medical Center |
| Morgan, David B., MD  
Shenandoah Valley Radiation Oncology  
70 Medical Center Dr Suite 108  
Fishersville, VA 22939  
(540) 245-7100  |
| **Hospital Affiliations:**  
Augusta Medical Center  
Sentara RMH Medical Center University of Virginia Medical Center |
| Morgan, Heather A., MD  
Shenandoah Valley Radiation Oncology  
70 Medical Center Dr Suite 108  
Fishersville, VA 22939  
(540) 245-7100  |
| **Hospital Affiliations:**  
Augusta Medical Center  
Sentara RMH Medical Center University of Virginia Medical Center |
| **Fredericksburg** |
| Chinance, John C., MD  
Radiation Oncology Specialists of Central Va PLC  
6105 Health Center Ln  
Fredericksburg, VA 22407  
(540) 786-5262  |
| **Hospital Affiliations:**  
Stafford Hospital Center |
| Miller, Michael L., DO  
Virginia Oncology Associates  
3000 Coliseum Drive Ste 104  
Hampton, VA 23666  
(757) 827-2430  |
| **Hospital Affiliations:**  
Stafford Hospital Center |

Optima Direct Network Providers 9/2019
**Harrisonburg**

- **Kyler, Robert M., MD**
  - Shenandoah Valley Radiation Oncology
  - Hospital Affiliations:
    - Augusta Medical Center
    - Sentara RMH Medical Center
- **Morgan, David B., MD**
  - Shenandoah Valley Radiation Oncology
  - Hospital Affiliations:
    - Augusta Medical Center
    - Sentara RMH Medical Center
- **Williams, Scott, MD**
  - Virginia Oncology Associates
  - Hospital Affiliations:
    - Bon Secours DePaul Medical Center
    - Bon Secours Maryview Medical Center
    - Sentara CarePlex Hospital
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital
    - Sentara Obici Hospital
    - Sentara Virginia Beach General Hospital

**Leesburg**

- **Bajaj, Gopal, MD**
  - Radiation Oncology Associates PC
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital
- **Boylan, Susan, MD**
  - Radiation Oncology Associates PC
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital
    - Inova Fairfax Hospital
    - Inova Mount Vernon Hospital
    - Novant Health UVA Health System
    - Prince William Medical Center
    - Sentara Northern Virginia Medical Center
- **Shaves, Mark E., MD**
  - Virginia Oncology Associates
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center
    - Sentara Virginia Beach General Hospital

**Martinsville**

- **Goodchild, Nigel T, MD**
  - Southside Radiation Oncology PC
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital
    - Inova Fairfax Hospital
    - Sentara Northern Virginia Medical Center
- **Johnson, Christopher R., MD**
  - MCV Associated Physicians (Radiation Oncology)
  - Hospital Affiliations:
    - Henrico Doctors' Hospital - Forest Campus
    - Sheltering Arms Rehabilitation Hospital
    - VCU Health System/MCV
- **Shaves, Mark E., MD**
  - Virginia Oncology Associates
  - Hospital Affiliations:
    - Children's Hospital of the King's Daughters
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital
    - Sentara Obici Hospital
    - Sentara Virginia Beach General Hospital

**Mechanicsville**

- **Chawla, Ashish, MD**
  - Radiation Oncology Associates PC
  - Hospital Affiliations:
    - Inova Fairfax Hospital
    - Sentara Northern Virginia Medical Center
- **Goethe, John, MD**
  - Sentara CarePlex Hospital
  - Hospital Affiliations:
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital
    - Sentara Virginia Beach General Hospital
- **Arthur, Douglas W., MD**
  - Henrico Radiation Oncology LLC
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center

**Midlothian**

- **Torre, Taryn G., MD**
  - The Virginia Urology Center
  - Hospital Affiliations:
    - Bon Secours St. Mary’s Hospital
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center
    - St. Mary’s Hospital

**Newport News**

- **Miller, Michael L., DO**
  - Virginia Oncology Associates
  - Hospital Affiliations:
    - Sentara CarePlex Hospital
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

**Petersburg**

- **Penberthy, David R, MD**
  - Virginia Radiation Oncology Associates, Inc.
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center

**Richmond**

- **Arthur, Douglas W., MD**
  - Henrico Radiation Oncology LLC
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center

---

Optima Direct Network Providers 9/2019  535
Specialists - Tier 1

9000 Stony Point Pkwy
Richmond, VA 23235
(804) 560-8925

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
VCU Health System/MCV

Chin, Judy L., MD
The Virginia Urology Center
5711 Staples Mill Rd Ste 100
Richmond, VA 23228
(804) 266-7762

Hospital Affiliations:
VCU Health System/MCV

Chawla, Ashish, MD
MCV Associated Physicians (Radiation Oncology)
6001 Staples Mill Rd Ste 100
Richmond, VA 23228
(804) 266-7762

Hospital Affiliations:
VCU Health System/MCV

Lam, Kitty, MD
The Virginia Urology Center
5711 Staples Mill Rd Ste 100
Richmond, VA 23228
(804) 266-7762

Hospital Affiliations:
VCU Health System/MCV
Potomac Radiation Oncology
Center 2296 Opitz Blvd
Woodbridge, VA 22191
(703) 670-3349

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Kanani, Glenn, MD
Radiation Oncology Associates PC
2280 Opitz Blvd Suite 120
Woodbridge, VA 22191
(709) 996-4887

Potomac Radiation Oncology
Center 2296 Opitz Blvd
Woodbridge, VA 22191
(703) 670-3349

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Shenandoah

Foust, Robert J, MD
Page Memorial Hospital Inc
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Registered Dietitian
(Provider)

Newport News

Weisenberger, Jill, BS
Jill Weisenberger Health
Communications, LLC
720 Thimble Shoals Blvd Suite 110
Newport News, VA 23606
(757) 969-8385

Norfolk

Earle, Lucinda Lynn, RDN
Lucinda Lynn Earle
425 W 20th Street Suite 5
Norfolk, VA 23517
(757) 623-9014

Richmond

Taylor, Erin M, RD
MCV Associated Physicians
(Registered Dietician)
411 N 11th Street
Richmond, VA 23298
(804) 827-0045

Hospital Affiliations:
VCU Health System/MCV

Williamsburg

Knight, Kristin, RD
Lwell, LLC
1309 Jamestown Rd Unit 102
Williamsburg, VA 23185
(757) 585-3441

Reproductive Medicine/Endocrinology

Charlottesville

Banerjee, Jashoman, MD
Reproductive Medicine & Surgery
Center of Virginia PLC
595 Martha Jefferson Dr Ste 390
Charlottesville, VA 22911
(434) 654-8520

Bateam, Bruce G., MD
Reproductive Medicine & Surgery
Center of Virginia PLC
595 Martha Jefferson Dr Ste 390
Charlottesville, VA 22911
(434) 654-8520

Hospital Affiliations:
University of Virginia Medical Center

Smith, Laura P., MD
Reproductive Medicine & Surgery
Center of Virginia PLC
595 Martha Jefferson Dr Ste 390
Charlottesville, VA 22911
(434) 654-8520

Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Richmond

Edelstein, Michael C, MD
Virginia Fertility Associates, LLC
9030 Stony Point Parkway Suite 450
Richmond, VA 23235
(804) 379-9000

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Shah, Anish, MD
Virginia Fertility Associates, LLC
9030 Stony Point Parkway Suite 450
Richmond, VA 23235
(804) 379-9000

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Steingold, Kenneth A., MD
Virginia Fertility Associates, LLC
9030 Stony Point Parkway Suite 450
Richmond, VA 23235
(804) 379-9000

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Tidey, George F, MD
Virginia Fertility Associates, LLC
9030 Stony Point Parkway Suite 450
Richmond, VA 23235
(804) 379-9000

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Roanoke

Evans-Hoeker, Emily Ann, MD
CARLTON MEDICAL CENTER
1231 S Jefferson St
Roanoke, VA 24016
(540) 985-8078

66 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Gentry, Adrienne L., DO
CARLTON MEDICAL CENTER
1231 S Jefferson St
Roanoke, VA 24016
(540) 985-8078

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Rheumatology

Alexandria

Nicholson, Dorothy, MD
Drs. Schwartz & Nicholson, PLC
101 S Whiting Street Ste 105
Alexandria, VA 22304
(703) 751-8804

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chesapeake

Clarkson, Sara H., MD
Center for Arthritis & Rheumatic Diseases, PC
816 Greenbrier Circle Ste A
Chesapeake, VA 23320
(757) 461-6997

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Bluefield

Ahmad, Syed Mahmood, MD
Syed M. Ahmad, MD
11 Westwood Medical Park
Bluefield, VA 24605
(276) 226-2638

Colonial Heights

Hicks, Kevin A., MD
Collaborative Arthritis Care, Inc
300 A Temple Lake Drive Suite 1
Colonial Heights, VA 23834
(804) 524-2400

Hospital Affiliations:
Sentara Vander Weyden Medical Center

Danville

Shroff, Sharukh Darvis, MD
Spectrum Medical Inc. (Specialists)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 793-4711

Fishersville

Hogenniller, Matthew S., MD
Augusta Health Rheumatology & Osteoporosis Clinic
70 Medical Center Circle Ste 201
Fishersville, VA 22939
(540) 221-7070

Hospital Affiliations:
Augusta Medical Center

Franklin

Sherwood, Janice C., MD
Arthritis Consultants of Tidewater
102 Fairview Dr Ste E
Franklin, VA 23851
(757) 491-7359

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Hampton

Kowalewski, Robert, MD
Sentara Rheumatology Services (SMG)
4001 Coliseum Dr Ste 310
Hampton, VA 23666
(757) 736-2540

Hospital Affiliations:
Sentara CarePlex Hospital

Harrisonburg

Khalique, Samara M., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5700

Hospital Affiliations:
Sentara RMH Medical Center

Winchester

Banerjee, Jashoman, MD
Reproductive Medicine & Surgery Center of Virginia PLC
1820 Plaza Dr
Winchester, VA 22601
(434) 654-8520

Orlowski, Julianne S., DO
Center for Arthritis & Rheumatic Diseases, PC
816 Greenbrier Circle Ste A
Chesapeake, VA 23320
(757) 461-6997

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sherwood, Janice C., MD
Arthritis Consultants of Tidewater
700 N Battlefield Blvd Ste A
Chesapeake, VA 23320
(757) 491-7359

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Siegel, Gary R., MD
Arthritis Consultants of Tidewater
700 N Battlefield Blvd Ste A
Chesapeake, VA 23320
(757) 491-7359

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Siegel, Mary Anne, MD
Sentara Virginia Beach General Hospital

Siegel, Gary R., MD
Arthritis Consultants of Tidewater
700 N Battlefield Blvd Ste A
Chesapeake, VA 23320
(757) 491-7359

Hospital Affiliations:
Sentara Virginia Beach General Hospital
**Specialists - Tier 1**

### Henrico

**Patel, Seema K., MD**
MVC Associated Physicians (Rheumatology)
11958 W Broad Street
Henrico, VA 23233
(804) 360-4669

_Hospital Affiliations:
VCU Health System/MCV_

**Odutola, Jennifer A., MD**

**Mesdaghinia, Sepehr, MD**

**Dsouza, Caroline, MD**

**Patel, Seema K., MD**

### Leesburg

**Dsouza, Caroline, MD**
Loudoun Medical Group PC
19465 Deerfield Ave Suite 309
Leesburg, VA 20176
(703) 723-3398

_Hospital Affiliations:
Fauquier Hospital_

**Odutola, Jennifer A., MD**
Loudoun Medical Group PC
19465 Deerfield Avenue Suite 309
Leesburg, VA 20176
(703) 723-3398

**Saleem, Gulrukh, MD**
Loudoun Medical Group PC
19465 Deerfield Avenue Suite 309
Leesburg, VA 20176
(703) 723-3398

### Lexington

**Hogenmiller, Matthew S., MD**
Augusta Health Rheumatology & Osteoporosis Clinic
1 Health Circle
Lexington, VA 24450
(540) 221-7170

30 Greenhouse Rd
Lexington, VA 24450
(540) 464-3465

55 Comfort Way Suite 1
Lexington, VA 24450
(540) 221-7170

_Hospital Affiliations:
Augusta Medical Center_

### Manassas

**Ghafouri, Mohsen, MD**
Arthritis and Osteoporosis Center of Northern Virginia
8100 Ashton Avenue Suite 215
Manassas, VA 20109
(703) 361-3255

_Hospital Affiliations:
Fauquier Hospital_

**Vasa, Parita M., MD**
Arthritis and Osteoporosis Center of Northern Virginia
8100 Ashton Avenue Suite 215
Manassas, VA 20109
(703) 361-3255

_Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center_

### Mechanicsville

**Holtz, Lindsay S, MD**
Arthritis Specialists Ltd
8201 Allentown Rd Ste B
Mechanicsville, VA 23116
(804) 730-5222

_Hospital Affiliations:
Bon Secours Memorial Regional Medical Center_

**Ben Secors Memorial Regional Medical Center**

**Ben Secors St. Francis Medical Center**

**Ben Secors St. Marys Hospital**

_Chippenham Medical Center/
Bon Secours St. Marys Hospital_

_Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center_

### Midlothian

**Sarebahi, Shikha, MD**
Advanced Arthritis and Rheumatology Care, PC
2324 Colony Crossing Place
Midlothian, VA 23112

_Hospital Affiliations:
Southside Regional Medical Center_

### Nassawadox

**Sherwood, Janice C., MD**
Arthritis Consultants of Tidewater
9524 Hospital Ave
Nassawadox, VA 23413
(757) 491-7359

_Hospital Affiliations:
Sentara Virginia Beach General Hospital_

**Siegel, Gary R., MD**
Arthritis Consultants of Tidewater
9524 Hospital Ave
Nassawadox, VA 23413
(757) 491-7359

_Hospital Affiliations:
Sentara Virginia Beach General Hospital_

### Newport News

**Marchena Menendez, Ivan A., MD**
Tidewater Physicians Multispecialty Group, PC (TPMG)
1500 Quinns Point Rd Suite 100
Newport News, VA 23606
(757) 634-7077

_Hospital Affiliations:
Novant Health UVA Health System Fauquier Hospital_

**Mizelle, Kristi V., MD**
Tidewater Physicians Multispecialty Group, PC (TPMG)
704 Thimble Shoals Blvd Ste 300A
Newport News, VA 23606
(757) 595-4300

### Norfolk

**Dye, John R, MD**
Sentara Rheumatology Services (SMG)
844 Kempsville Rd Suite 130B
Norfolk, VA 23502
(757) 261-5910

**Lee, Albert H., MD**
Sentara Rheumatology Services (SMG)
850 Kempsville Rd
Norfolk, VA 23502

_Hospital Affiliations:
Sentara Bayside Hospital Sentara Lehigh Hospital Sentara Norfolk General Hospital_

**Miller, Andrew H.F., DO**
Sentara Rheumatology Services (SMG)
844 Kempsville Rd Suite 103B
Norfolk, VA 23502
(757) 261-5910

_Hospital Affiliations:
Sentara Bayside Hospital Sentara Lehigh Hospital Sentara Norfolk General Hospital_

**Naria, Hariha, MD**
Bayview Physician Services, PC
6161 Kempsville Circle Ste 225
Norfolk, VA 23502
(757) 455-6368

**Reed, William W., MD**
Bayview Physician Services, PC
6161 Kempsville Circle Ste 225
Norfolk, VA 23502
(757) 489-6633

_Hospital Affiliations:
Sentara Bayside Hospital Sentara Lehigh Hospital Sentara Norfolk General Hospital_

### Purcellville

**Dsouza, Caroline, MD**
Loudoun Medical Group PC
205 East Hirst Road Suite 304
Purcellville, VA 20132
(703) 723-3398

_Hospital Affiliations:
Bon Secours Maryview Medical Center Sentara Lehigh Hospital Sentara Norfolk General Hospital_

### Richmond

**Agrawal, Mugdha, MD**
BON SECOURS RHEUMATOLOGY CENTER
9602 Patterson Ave
Richmond, VA 23229
(804) 217-9601

_Hospital Affiliations:
Bon Secours Memorial Regional Medical Center Bon Secors St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors’ Hospital - Forest Campus_

**Brodeur, James P., MD**
Arthritis Specialists Ltd
1401 Johnston Willis Dr Ste 1200
Richmond, VA 23235
(804) 730-5222

_Hospital Affiliations:
Bon Secours Memorial Regional Medical Center Bon Secors St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors’ Hospital - Forest Campus Henrico Doctors’ Hospital - Retreat Campus Sheltering Arms Rehabilitation Hospital St. Mary’s Hospital_

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*Optima Direct Network Providers 9/2019 539*
Specialists - Tier 1

Burwell, Keith, DO
Arthritis Specialists Ltd
1401 Johnston Willis Dr Ste 1200
Richmond, VA 23235
(804) 354-5301

Carleton, David E., MD
Virginia Physicians, Inc.
7650 East Parham Road Suite 304
Richmond, VA 23294
(804) 346-1678

Coutlakis, Peter J., MD
Arthritis Specialists Ltd
1401 Johnston Willis Drive Suite 1200
Richmond, VA 23235
(804) 323-1401

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Danielides, Stamatina, MD
VCU Associated Physicians
(Reumatology)
417 N 11th St
Richmond, VA 23298
(804) 828-3349

Hospital Affiliations:
- VCU Health System/MCV

Jessee Jr, E. Forrest, MD
Arthritis Specialists Ltd
1401 Johnston Willis Drive Suite 1200
Richmond, VA 23235
(804) 323-1401

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Majors, Karim R, MD
Arthritis & Osteoporosis Center of Richmond
9602 Patterson Ave
Richmond, VA 23229
(804) 217-9601

9602 Patterson Ave
Richmond, VA 23229
(804) 217-9601

BOV SECOURS
RHEUMATOLOGY CENTER
9602 Patterson Ave
Richmond, VA 23229
(804) 217-9601

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Morey, Lucia S., MD
Arthritis Specialists Ltd
1401 Johnston Willis Drive Suite 1200
Richmond, VA 23235
(804) 323-1401

Morionu, Mihail, MD
Premier HealthCare Associates Inc
7702 E Parham Rd Ste 101
Richmond, VA 23294
(804) 288-7901

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Moxley, George, MD
VCU Associated Physicians
(Reumatology)
417 N 11th St
Richmond, VA 23298
(804) 828-9341

Hospital Affiliations:
- VCU Health System/MCV

Rubinstein, Beth K., MD
MCV Associated Physicians
(Reumatology)
417 N 11th St
Richmond, VA 23298
(804) 828-9341

Hospital Affiliations:
- VCU Health System/MCV

Schwartz, Lawrence, MD
MCV Associated Physicians
(Reumatology)
417 N 11th St
Richmond, VA 23298
(804) 828-9341

Hospital Affiliations:
- VCU Health System/MCV

Shah, Nehal, MD
MCV Associated Physicians
(Reumatology)
417 N 11th St
Richmond, VA 23298
(804) 828-2161

Hospital Affiliations:
- VCU Health System/MCV

Spring, Tammy R., MD
Premier HealthCare Associates Inc
7702 E Parham Rd Ste 101
Richmond, VA 23294
(804) 288-7901

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Riverside Shore Memorial Hospital

Strachan, Michael J., MD
Premier HealthCare Associates Inc
7702 E Parham Rd Ste 101
Richmond, VA 23294
(804) 288-7901

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Healthsouth Rehabilitation Hospital of Virginia
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Sutherland, James, MD
Arthritis Specialists Ltd
1401 Johnston Willis Dr Ste 1200
Richmond, VA 23235
(804) 354-5301

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Syed, Huzafah, MD
VCU Associated Physicians
(Rheumatology)
9000 Stony Point Parkway
Richmond, VA 23235
(804) 560-8920

Hospital Affiliations:
- Sentara Williamsburg Regional Medical Center
- VCU Health System/MCV

Roanoke

Bankole, Adegbenga A., MD
Carilion Rheumatology
1 Riverside Circle
Roanoke, VA 24016
(540) 581-0160

1 Riverside Circle Suite 300M
Roanoke, VA 24016
(540) 581-0160
(540) 224-5170

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Bhayliss, Garry, MD
Lewis-Gale Physicians, LLC
1902 Breaux Drive Suite 130
Salem, VA 24153
(540) 444-5600

Dancea, Sorina, MD
Lewis-Gale Physicians, LLC
1902 Breaux Drive Suite 130
Salem, VA 24153
(540) 444-5600

Hospital Affiliations:
- Lewis-Gale Medical Center
<table>
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<th>Location</th>
<th>Name</th>
<th>Specialization</th>
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<tr>
<td>Suffolk</td>
<td>Clarkson, Sara H., MD</td>
<td>Center for Arthritis &amp; Rheumatologic Diseases, PC</td>
<td>1033 Champions Way Suite 100 Suffolk, VA 23435</td>
<td>(757) 483-2783</td>
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<td>Orlowski, Julianne S., DO</td>
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<td>Mansoor, John V., MD</td>
<td>Center for Arthritis &amp; Rheumatologic Diseases, PC</td>
<td>1033 Champions Way Suite 100 Suffolk, VA 23435</td>
<td>(757) 483-2783</td>
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<td>Lidman, Roger W., MD</td>
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<td>Virginia Beach</td>
<td>Cannon, Michael, MD</td>
<td>Arthritis Consultants of Tidewater</td>
<td>931 First Colonial Rd Ste 100 Virginia Beach, VA 23454</td>
<td>(757) 491-7359</td>
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<td>Delaney, Nancy R., MD</td>
<td>REJUVINX, LLC</td>
<td>4701 Columbus Street Suite 100 Virginia Beach, VA 23462</td>
<td>(757) 772-6066</td>
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<td>Keck, Tatiana B, MD</td>
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<td>931 First Colonial Rd Ste 100 Virginia Beach, VA 23454</td>
<td>(757) 491-7359</td>
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<td>Hagerty, Mary M., MD</td>
<td>Arthritis Specialists of Winchester, PC</td>
<td>1730 Amherst St Winchester, VA 22601</td>
<td>(540) 667-6232</td>
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<tr>
<td>Winchester</td>
<td>Bacon, Anne M., MD</td>
<td>Arthritis Specialists of Winchester, PC</td>
<td>1730 Amherst St Winchester, VA 22601</td>
<td>(540) 667-6232</td>
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<td>Kujala, Gregory A., MD</td>
<td>Rheumatology Consultants</td>
<td>1870 Amherst St Ste 1-D Winchester, VA 22601</td>
<td>(540) 678-0571</td>
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<td>Rezaian, Michael, MD</td>
<td>Rural Outreach Arthritis Centers, Inc.</td>
<td>3650 Valley Avenue Suite 100 102 Winchester, VA 22601</td>
<td>(540) 313-6163</td>
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<td>Alexandria</td>
<td>Fazal, Mubasher, MD</td>
<td>Best Health Sleep Center</td>
<td>8101 Hinson Farm Road Suite 201 Alexandria, VA 22306</td>
<td>(703) 888-3036</td>
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<td>Nayar, Rashid, MD</td>
<td>Best Health Sleep Center</td>
<td>8101 Hinson Farm Road Suite 201 Alexandria, VA 22306</td>
<td>(703) 888-3036</td>
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<tr>
<td>Sleep Medicine</td>
<td>Fazal, Mubasher, MD</td>
<td>Best Health Sleep Center</td>
<td>8101 Hinson Farm Road Suite 201 Alexandria, VA 22306</td>
<td>(703) 888-3036</td>
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<td>Nayar, Rashid, MD</td>
<td>Best Health Sleep Center</td>
<td>8101 Hinson Farm Road Suite 201 Alexandria, VA 22306</td>
<td>(703) 888-3036</td>
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<td>Annandale</td>
<td>Fazal, Mubasher, MD</td>
<td>Best Health Sleep Center</td>
<td>3301 Woodburn Rd Annandale, VA 22192</td>
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<tr>
<td>Arlington</td>
<td>Sabharwal, Charu, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>200 N Glebe Road Suite 316 Arlington, VA 22203</td>
<td>(703) 729-3420</td>
</tr>
<tr>
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<td>Shahzeidi, Shahriar, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>200 N Glebe Road Suite 316 Arlington, VA 22203</td>
<td>(703) 729-3420</td>
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<tr>
<td></td>
<td>Zhao, Chi George, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>200 N Glebe Road Suite 316 Arlington, VA 22203</td>
<td>(703) 729-3420</td>
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<tr>
<td>Bedford</td>
<td>Elias, William S., MD</td>
<td>Carillon Sleep Center</td>
<td>1613 Oakwood Street Bedford, VA 22423</td>
<td>(540) 586-2441</td>
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<td>Sabharwal, Charu, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>14141 Robert Paris Court Chantilly, VA 20151</td>
<td>(703) 729-3420</td>
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<td>Shahzeidi, Shahriar, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>14141 Robert Paris Court Chantilly, VA 20151</td>
<td>(703) 729-3420</td>
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<td>Zhao, Chi George, MD</td>
<td>Comprehensive Sleep Care Center</td>
<td>14141 Robert Paris Court Chantilly, VA 20151</td>
<td>(703) 729-3420</td>
</tr>
<tr>
<td>Charlottesville</td>
<td>Bashir, Naim, MD</td>
<td>Bon Secours Sleep Disorders Center</td>
<td>154 Hansen Road Ste 101 Charlottesville, VA 22911</td>
<td>(434) 872-0222</td>
</tr>
</tbody>
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**Optima Direct Network Providers 9/2019**

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**OptimaHealth**

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---
Hammond, William R., MD
Sentara Martha Jefferson Medical and Surgical Associates
415 8th Street NE
Charlottesville, VA 22902
(434) 979-7633

Akkina, Naveen, MD
Bayview Physician Services, PC
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Dhawan, Rajnish, MD
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Chesapeake

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Hospital Affiliations:
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Hospital Affiliations:
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New River Valley

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Hospital Affiliations:
Chesapeake Regional Medical Center

Carilion Roanoke Community Hospital

Gupta, Vikas, MD
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Hospital Affiliations:
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Kallay, Nicholas, MD
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Fredericksburg, VA 22401
(540) 372-6430

Hospital Affiliations:
Mary Washington Hospital (MWH)

Rehm, Jeffrey, MD
Sleep Disorders Center of Fredericksburg
521 Park Hill Drive
Fredericksburg, VA 22401
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Ukhaisi, Hazen, MD
Sleep Disorders Center of Fredericksburg
521 Park Hill Drive Suite B
Fredericksburg, VA 22401
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Hospital Affiliations:
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Mary Washington Hospital (MWH)

Fishersville

Wenger, Evan J., MD
Augusta Health Sleep Clinic
221 Medical Center Circle
Fishersville, VA 22939
(540) 332-4169

Hospital Affiliations:
Augusta Medical Center

Fredericksburg

Currie, Randall, MD
Sleep Disorders Center of Fredericksburg
521 Park Hill Drive
Fredericksburg, VA 22401
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Fiero, Richard A., MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Optima Direct Network Providers 9/2019 542

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Biscardi, Frank Hugo, MD
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Hospital Affiliations:
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Ripoll, Ignacio, MD
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Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Dhawan, Rajnish, MD
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Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Carilion Roanoke Community Hospital

Dhawan, Rajnish, MD
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Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Carilion Roanoke Community Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Mary Washington Hospital (MWH)

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(540) 372-6430

Hospital Affiliations:
Inova Fairfax Hospital
Mary Washington Hospital (MWH)

Fishersville

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Hospital Affiliations:
Augusta Medical Center

Fredericksburg

Currie, Randall, MD
Sleep Disorders Center of Fredericksburg
521 Park Hill Drive
Fredericksburg, VA 22401
(540) 372-6430

Hospital Affiliations:
Mary Washington Hospital (MWH)

Fiero, Richard A., MD
Sleep Disorders Center of Fredericksburg
521 Park Hill Drive
Fredericksburg, VA 22401
(540) 372-6430

Hospital Affiliations:
Mary Washington Hospital (MWH)

Optima Direct Network Providers 9/2019 542

Bergman Jr., Kenneth, MD
Family Allergy Center
14553 John Marshall Hwy Suite 212
Gainesville, VA 20155
(571) 248-0245

Hardy

Aziz, Sameh G., MD
Carillion Sleep Center
35 Medical Ct
Hardy, VA 24101
(540) 224-6954

Carillion Sleep Center-Westlake
278 Westlake Road Ste 2
Hardy, VA 24101
(540) 224-6954

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Specialists - Tier 1

Sheltering Arms Rehabilitation Hospital
Polsky, Michael, MD
Pulmonary Associates of Richmond, Inc.
1000 Boulders Parkway Ste 101
North Chesterfield, VA 23225
(804) 320-4243
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital

Bashir, Naim, MD
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5875 Bremo Road Ste 709
Richmond, VA 23226
(804) 673-8160

Hamilton-Stubbs, Pamela, MD
Sleep Clinic for Children and Adults, LLC
208 E Brookland Park Blvd
Richmond, VA 23222
(804) 273-9900
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Julius, Demetrios, MD
Virginia Psychiatry Group dba Sleep Disorders Center of Richmond
7603 Forest Avenue Suite 209
Richmond, VA 23229
(804) 282-7770
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Parnell, Richard A., MD
Virginia Psychiatry Group dba Sleep Disorders Center of Richmond
7603 Forest Avenue Suite 209
Richmond, VA 23229
(804) 282-7770
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Santos, Cecilia, MD
Bon Secours Sleep Disorders Center
5875 Bremo Road Ste 709
Richmond, VA 23226
(804) 673-8160
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Roanoke
Aziz, Sameh G., MD
Carilion Sleep Center
1030 S Jefferson Street Ste G100
Roanoke, VA 24014
(540) 985-8526
2001 Crystal Spring Ave Suite 300
Roanoke, VA 24014
(540) 985-8505
2001 Crystal Spring Avenue Suite 205
Roanoke, VA 24014
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Biscardi, Frank Hugo, MD
Carilion Sleep Center
102 Highland Avenue Ste 403
Roanoke, VA 24014
(540) 853-0929
1030 S Jefferson Street Ste G100
Roanoke, VA 24016
(540) 985-8526
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Ave Suite 300
Roanoke, VA 24014
(540) 985-8505
2001 Crystal Spring Avenue Ste 203
Roanoke, VA 24014
(540) 853-0755
2001 Crystal Spring Avenue Suite 205
Roanoke, VA 24014
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870
Hospital Affiliations:
Carilion New River Valley Medical Center

Elia, William S., MD
Carilion Sleep Center
2001 Crystal Spring Ave Suite 300
Roanoke, VA 24014
(540) 985-8505
2001 Crystal Spring Avenue Suite 205
Roanoke, VA 24014
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Ripoll, Ignacio, MD
Bayview Physician Services, PC
6025 Providence Rd
Virginia Beach, VA 23464
(757) 474-7455
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sheth, Soham, MD
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(757) 474-7447

Suffolk
Dhawan, Vandana, MD
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(757) 923-9604
4868 Bridge Road
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(757) 483-7100
Hospital Affiliations:
Chesapeake Regional Medical Center

Sharma, Shubh, MD
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150 Burnetts Way Suite 320
Suffolk, VA 23434
(757) 934-1900
5839 Harbour View Blvd Suite 201
Suffolk, VA 23435
(757) 967-0676
Hospital Affiliations:
Sentara Obici Hospital

Sri, Vaishnavi C, MD
Bayview Physician Services, PC
2000 Meade Pkwy Suite 100
Suffolk, VA 23434
(757) 934-9395

Virginia Beach
Dhawan, Rajnish, MD
Bayview Physician Services, PC
6025 Providence Rd
Virginia Beach, VA 23464
(757) 474-7455
Hospital Affiliations:
Chesapeake Regional Medical Center

Johnson, Bruce E., MD
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6025 Providence Rd
Virginia Beach, VA 23464
(757) 474-7455
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Ripoll, Ignacio, MD
Bayview Physician Services, PC
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Virginia Beach, VA 23464
(757) 474-7455
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers 9/2019  544
### Specialists - Tier 1

### Winchester
- **Shahzeidi, Shahriar, MD**
  - **Winchester Sleep Medicine**
  - 1840 Amherst Street
  - Winchester, VA 22601
  - (540) 536-8165
- **Hospital Affiliations:**
  - Page Memorial Hospital Inc
  - War Memorial Hospital Inc
  - Winchester Medical Center

- **Murphy, Thomas M., MD**
  - **Winchester Medical Center**
  - 1840 Amherst Street
  - Winchester, VA 22601
  - (540) 536-8000
- **Hospital Affiliations:**
  - Winchester Medical Center

### Woodbridge
- **Fazal, Mubasher, MD**
  - **Best Health Sleep Center**
  - 3985 Prince William Pkwy Ste 106
  - Woodbridge, VA 22192
  - (703) 204-0355
- **Hospital Affiliations:**
  - Mary Washington Hospital (MWH)
  - Stafford Hospital Center
  - UVA Culpeper Hospital
  - VCU Community Memorial Hospital

- **Nayyar, Rashid, MD**
  - **Best Health Sleep Center**
  - 3985 Prince William Pkwy Ste 106
  - Woodbridge, VA 22192
  - (703) 204-0355

### Alexandria
- **Antonis, Michael, DO**
  - **OrthoVirginia, Inc**
  - 8501 Arlington Blvd Ste 400
  - Alexandria, VA 22301
  - (703) 840-5228

### Blacksburg
- **Kozar, Albert J, DO**
  - **Academic Primary Care Associates LLC**
  - 1691 Innovation Drive Ste 2100
  - Blacksburg, VA 24060
  - (540) 232-8405
  - 3700 South Main Street Ste A
  - Blacksburg, VA 24060
  - (540) 443-7180
  - 825 Davis Street Ste C
  - Blacksburg, VA 24060
  - (540) 443-7180
- **Hospital Affiliations:**
  - Montgomery Regional Hospital
  - b/a LewisGale Montgomery

### Chesapeake
- **McHugh, Jason M., DO**
  - **Western Branch Family Practice**
  - 3253 Taylor Road Ste 200
  - Chesapeake, VA 23321
  - (757) 686-5673
- **Hospital Affiliations:**
  - Bon Secours Maryview Medical Center

### Gloucester
- **Pawlow Quinlan, Lara, MD**
  - **Tidewater Physicians Multi-specialty Group, PC (TPMG)**
  - 5659 Parkway Drive Ste 200
  - Gloucester, VA 23061
  - (757) 327-0657

### Hampton
- **Kingston, Colia M., MD**
  - **Tidewater Orthopaedic Associates**
  - 901 Enterprise Pkwy Ste 900
  - Hampton, VA 23666
  - (757) 827-2422
- **Hospital Affiliations:**
  - Bon Secours Mary Immaculate Hospital
  - Sentara CarePlex Hospital

### Hardy
- **Cromer, Stephen F., DO**
  - **Carilion Medical Center**
  - 35 Medical Ct
  - Hardy, VA 24101
  - (540) 725-1226
  - **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

### Christiansburg
- **Cromer, Stephen F., DO**
  - **Carilion Healthcare Corporation**
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  - Christiansburg, VA 24073
  - (540) 731-2436
- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

### Harrisonburg
- **Mwanika, Benjamin L, DO**
  - **Sentara RMH Medical Group, LLC**
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  - Harrisonburg, VA 22801
  - (540) 689-4500
- **Hospital Affiliations:**
  - Sentara RMH Medical Center

### Henrico
- **Herring, Marion M., MD**
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  - Henrico, VA 23294
  - (804) 270-1305
- **Hospital Affiliations:**
  - Bon Secours St. Francis Medical Center
  - Henrico Doctors’ Hospital - Forest Campus
  - Henrico Doctors’ Hospital - Parham Campus

### Elkhorn
- **Weber, Thomas, MD**
  - **Sentara RMH Medical Group, LLC**
  - 2509 Pleasant Run Drive
  - Harrisonburg, VA 22801
  - (540) 689-4500
- **Hospital Affiliations:**
  - Sentara Martha Jefferson Hospital

### Lexington
- **Cromer, Stephen F., DO**
  - **Carilion Healthcare Corporation**
  - 25 Crossing Ln Ste 2
  - Lexington, VA 24450
  - (540) 725-1226
- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

### Lynchburg
- **Elhamdra, Omar, MD**
  - **West End Orthopaedic Clinic**
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  - Lynchburg, VA 24501
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### Midlothian
- **Hopp, Jennifer L., MD**
  - **Richmond Sports Medicine**
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  - Midlothian, VA 23112
  - (804) 560-6500
- **Hospital Affiliations:**
  - Chippenham Medical Center
  - Johnston-Willis Hospital

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**Optima Direct Network Providers 9/2019**

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West End Orthopaedic Clinic
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(804) 440-4878

Reyes, Jose, MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305

Potter, Michael B., MD
Bon Secours Sports Medicine &
Primary Care
2401 West Leigh Street Suite 200
Richmond, VA 23220
(804) 325-8801

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Sohagia, Kinjal, MD
Bon Secours Sports Medicine &
Primary Care
2401 West Leigh Street Suite 200
Richmond, VA 23220
(804) 325-8801

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Pawlow Quinlan, Lara, MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 113
Newport News, VA 23606
(757) 327-0657

Potter, Michael B., MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
860 Omni Boulevard Suite 113
Newport News, VA 23606
(757) 327-0657

Sohagia, Kinjal, MD
Hampton Roads Orthopaedic And
Sports Medicine, LLC
752 Thimble Shoals Blvd Suite 803
Newport News, VA 23606
(757) 933-8888

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Cromer, Stephen F., DO
CARLION MEDICAL CENTER
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Bon Secours Maryview Medical Center

McHugh, Jason M., DO
Bon Secours Medical Associates
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 673-5680

Hospital Affiliations:
Bon Secours Maryview Medical Center

Cutter, Douglas N., MD
Richmond Sports Medicine
1115 Boulders Pkwy Suite 110
Richmond, VA 23225
(804) 560-6500

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Hopp, Jennifer L., MD
Richmond Sports Medicine
1115 Boulders Pkwy Suite 110
Richmond, VA 23225
(804) 560-6500

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Roberts, Jeffrey, MD
Bon Secours Sports Medicine &
Primary Care
2401 West Leigh Street Suite 200
Richmond, VA 23220
(804) 325-8801

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Sherrod, John, MD
Bon Secours Sports Medicine &
Primary Care
2401 West Leigh Street Suite 200
Richmond, VA 23220
(804) 325-8801

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Roanoke

Kapur, Anand, MD
American Health and Wellness
Institute
25 Professional Way Suite 101
Virginia Beach, VA 23482
(540) 248-1006

Hospital Affiliations:
Augusta Medical Center

Virginia Beach

Kapoor, Anand, MD
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Bon Secours Maryview Medical Center

Miller, III, Stephen Francis, MD
Virginia Institute for Sports
Medicine, LLC
1849 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 422-8476

Hospital Affiliations:
Children's Hospital of the King's
Daughters

Williamsburg

Pawlow Quinlan, Lara, MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Suite 105
Williamsburg, VA 23188
(757) 345-5870

Potter, Michael B., MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 200
Williamsburg, VA 23188
(757) 345-5870

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Roanoke

Collier, Bryan Richard, DO
Carilion Clinic Trauma Surgical
Care
3 River Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial
Hospital-Physician Services
Roanoke, VA 24014
(540) 981-7000

Hamill, Mark E., MD
Carilion Roanoke Memorial
Hospital-Physician Services
1006 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial
Hospital

Lollar, Daniel L., MD
CARLION MEDICAL CENTER
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hamill, Mark E., MD
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Hospital-Physician Services
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000
3 Riverside Cir
Roanoke, VA 24016
(540) 526-1242

Hospital Affiliations:
Carilion Roanoke Memorial
Hospital

Matos, Miguel, DO
CARLION MEDICAL CENTER
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial
Hospital

Stanford, Gregory G., MD
Winchester Surgical Clinic
20 South Stewart Street
Winchester, VA 22601
(540) 536-0130

Hospital Affiliations:
Winchester Medical Center
**Surgical Oncology**

**Richmond**

Fernandez, Leopoldo J., MD  
MVC Associated Physicians (Surgical Oncology)  
1300 E Marshall Street  
Richmond, VA 23298  
(804) 828-7999  
Hospital Affiliations:  
VCU Health System/MCV

McGuire, Kandace P, MD  
MVC Associated Physicians (Surgical Oncology)  
1300 E Marshall Street  
Richmond, VA 23298  
(804) 828-9325  
Hospital Affiliations:  
VCU Health System/MCV

**Thoracic and Cardiac Surgery**

**Alexandria**

Gursky, Andrei, MD  
Vein Clinics of America  
4900 Seminary Road Suite 100  
Alexandria, VA 22311  
(703) 879-0562  
Hospital Affiliations:  
Alexandria, VA 22311  
4900 Seminary Road Suite 100  
Vein Clinics of America

**Charlottesville**

Carter, B. Christian, MD  
Albemarle Pediatric Ophthalmology & Strabismus, PC  
1101 E Jefferson St Ste 3  
Charlottesville, VA 22901  
(434) 295-5193

**Chesapeake**

Skaryak, Lynne, MD  
Chesapeake Regional Medical Group (CRMG)  
113 Gainsborough Square Suite 100  
Chesapeake, VA 23320  
(757) 842-4499

**Danville**

Daneshmand, Mani A., MD  
Danville Physician Practices, LLC  
201 South Main Street Ste 1100  
Danville, VA 24541  
(434) 791-3009  
Hospital Affiliations:  
SOVAH Health - Danville

**Fairfax**

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11350 Random Hills Rd Ste 440  
Fairfax, VA 22030  
(703) 556-4488  
Hospital Affiliations:  
Inova Alexandria Hospital

**Fishersville**

Aguinaga, Miguel, MD  
Augusta Health Thoracic Surgery  
70 Medical Center Circle Suite 213  
Fishersville, VA 22939  
(540) 243-7705  
Hospital Affiliations:  
Augusta Medical Center

**Harrisonburg**

McDonald, Jerome M., MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 2nd Floor  
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(540) 689-5555  
Hospital Affiliations:  
Sentara RMH Medical Center

**Lexington**

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30 Greenhouse Rd  
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(540) 464-3465  
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Augusta Medical Center

**Lynchburg**

Saum, Kenneth E., MD  
Centra Medical Group, LLC  
2410 Atherholt Rd  
Lynchburg, VA 24501  
(434) 200-2212  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Tava-Motamen, Houman, MD  
Centra Medical Group, LLC  
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Lynchburg, VA 24501  
(434) 200-2212

**Mechanicsville**

Graves, Walter, MD  
Cardiac Surgeons Specialists  
8220 Meadowbridge Road Suite 311  
Mechanicsville, VA 23116  
(804) 764-7340  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Mary's Hospital

Johnson, Jeffery C, MD  
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8220 Meadowbridge Road Ste 306  
Mechanicsville, VA 23116  
(804) 764-7910  
Hospital Affiliations:  
Children's Surgical Specialty Group (CSSG)  
601 Childrens Lane Suite 5E  
Norfolk, VA 23507  
(757) 668-8850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
University of Virginia Medical Center

Smith, Philip C., MD  
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Hospital Affiliations:  
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University of Virginia Medical Center

Appelstein, Joshua C, MD  
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Hospital Affiliations:  
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Lancey, Robert A, MD  
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(757) 398-2222  
Hospital Affiliations:  
Children's Surgical Specialty Group (CSSG)  
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Norfolk, VA 23507  
(757) 668-8850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
University of Virginia Medical Center

Noble, Stephen L, MD  
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Portsmouth, VA 23707  
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Hospital Affiliations:  
Children's Surgical Specialty Group (CSSG)  
601 Childrens Lane Suite 5E  
Norfolk, VA 23507  
(757) 668-8850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
University of Virginia Medical Center

Scott, Steven S, MD  
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(757) 668-8850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
University of Virginia Medical Center
Specialists - Tier 1

Richmond

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Richmond, VA 23226
(804) 287-7929

Hospital Affiliations:
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Sacknoff, Eric J, MD
VCU Health System/MCV
Hospital Affiliations:
Richmond

Sterling

Gursky, Andrei, MD
Vascular and Endovascular Surgery
1500 Comerside Blvd Ste 300
Vienna, VA 22182
(703) 356-1010

Hospital Affiliations:
Inova Alexandria Hospital

Gazoni, Leo, MD
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121 Bullfants Blvd Suite A
Williamsburg, VA 23188
(757) 707-3999
3538 Discovery Park Blvd Suite 120
Williamsburg, VA 23188
(804) 320-2751

Hospital Affiliations:
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Sharma, Amit, MD
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Vienna, VA 22182
(703) 356-1010

Hospital Affiliations:
Inova Alexandria Hospital

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Williamsburg, VA 23188
(757) 707-3999
3538 Discovery Park Blvd Suite 120
Williamsburg, VA 23188
(804) 320-2751

Hospital Affiliations:
Inova Alexandria Hospital

Arnold, William, MD
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1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Ste 201
Roanoke, VA 24014
(540) 344-5781

Baker, Joseph, MD
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1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Ste 201
Roanoke, VA 24014
(540) 344-5781

Vein Clinics of America

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7101 Jahnke Road Ste 500
Richmond, VA 23225
(804) 320-2751

Gazoni, Leo, MD
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1500 Comerside Blvd Ste 300
Vienna, VA 22182
(703) 356-1010

Hospital Affiliations:
Inova Alexandria Hospital

Subspecialty Affiliations:
Cardiothoracic Surgery

Bedford

Clower, R. Dean, MD
Centra Medical Group Urology
1613 Oakwood St Suite 202
Bedford, VA 24523
(540) 297-7181

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bauer, Brad L, MD
MSMG UROLOGY MAR
16000 Johnston Memorial Dr Suite 309
Abingdon, VA 24211
(276) 258-3820

16000 Johnston Memorial Dr Suite 312D
Abingdon, VA 24211
(276) 783-5400

Hospital Affiliations:
Johnston Memorial Hospital
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<tr>
<th>Name</th>
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<tr>
<td>Whitemore, G.</td>
<td>434-993-9344</td>
<td>1000 S. Main St, MD</td>
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<tr>
<td>Afifi, W.</td>
<td>540-432-1500</td>
<td>1234 Hospital Plaza</td>
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<td>Bee, T.</td>
<td>703-555-1234</td>
<td>567 Hospital Street</td>
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<td>Cook, R. D.</td>
<td>500-123-4567</td>
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<td>Fagerli, J.</td>
<td>540-234-5678</td>
<td>123 Hospital Dr</td>
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<td>Fortenberry, T.</td>
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<td>Israel, J.</td>
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<td>Osborne, R.</td>
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### Charlottesville

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<tr>
<td>Stein, C.</td>
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<td>789 Hospital St</td>
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<td>Martin, J.</td>
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<td>Schulte, L.</td>
<td>434-777-8888</td>
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### Danville

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<tr>
<th>Name</th>
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<tr>
<td>Williams, W.</td>
<td>540-888-9999</td>
<td>123 Hospital Ave</td>
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<tr>
<td>Brown, J.</td>
<td>540-999-8888</td>
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<td>Green, T.</td>
<td>540-777-8888</td>
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### Colonial Heights

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<th>Name</th>
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<tr>
<td>Thompson, R.</td>
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<td>White, J.</td>
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<td>Smith, J.</td>
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### Chesapeake

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### Christiansburg

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<th>Name</th>
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<tr>
<td>Arnold, F.</td>
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<td>Jenkins, J.</td>
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<td>Green, T.</td>
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### Hanover

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<td>Johnson, W.</td>
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### Henrico

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### Loudoun

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<th>Name</th>
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<tr>
<td>Thompson, R.</td>
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<td>White, J.</td>
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<td>Smith, J.</td>
<td>540-777-8888</td>
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### Monticello

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### Prince William

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### Shenandoah

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<tr>
<td><strong>Emporia</strong></td>
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<tr>
<td>Castle, William, MD</td>
<td>(804) 200-7066</td>
<td>Urology Specialists of Virginia, PC</td>
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<tr>
<td></td>
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<td>301 Marker Drive</td>
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<tr>
<td><strong>Fredericksburg</strong></td>
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<tr>
<td>Beamon III, Charles, MD</td>
<td>(540) 374-3131</td>
<td>Stafford Hospital Center</td>
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<tr>
<td>Giglock, C., Buckley, MD</td>
<td>(540) 332-5926</td>
<td>Urology Associates of Fishersville</td>
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<td>70 Medical Ctr Cir Ste 208</td>
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<td>Fishersville, VA 22939</td>
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<td><strong>Farmville</strong></td>
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<tr>
<td>Arnold, Fredrick S, MD</td>
<td>(540) 315-2913</td>
<td>Southside Community Hospital</td>
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<td><strong>Stafford Hospital Center</strong></td>
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<td>Hoffman, Daniel M., MD</td>
<td>(540) 374-3131</td>
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<td>Fredericksburg, VA 22401</td>
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<td><strong>Stafford Hospital Center</strong></td>
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<tr>
<td>Dumont, Matthew, MD</td>
<td>(540) 374-3131</td>
<td>Stafford Hospital Center</td>
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<td>Urology Associates of Fredericksburg PC</td>
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<td>1051 Care Way</td>
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<td>Fredericksburg, VA 22401</td>
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</tbody>
</table>
Slyk, Gregory, MD
Urology Associates of Frederickburg PC
1051 Care Way
Frederickburg, VA 22401
(540) 374-3131

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Front Royal

Fiorica, Vincent, MD
Valley Health Warren Memorial Hospital Multispecialty Clinic
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(540) 636-0300

Hospital Affiliations:
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Hoffman, Michael, MD
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Winchester Medical Center

Winchester Medical Center

Galax

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104 Cranberry Road Suite 200B
Galax, VA 24333
(762) 236-5187

Hospital Affiliations:
Twin County Regional Hospital

Hampton

Brugh, Victor M., MD
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Hospital Affiliations:
Chesapeake Regional Medical Center
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Bon Secours Maryview Medical Center
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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4000 Coliseum Dr Suite 300
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

551
<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
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<tr>
<td>Harrisonburg</td>
<td>Berger, Barry M., MD</td>
<td>Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5900</td>
<td></td>
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<tr>
<td></td>
<td>Morra, Marcus N., MD</td>
<td>Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5900</td>
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<tr>
<td></td>
<td>Sease, W. Craig, MD</td>
<td>Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5900</td>
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<tr>
<td></td>
<td>York, Jeffrey P., MD</td>
<td>Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5900</td>
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<tr>
<td>Kilmarnock</td>
<td>Castle, William MD</td>
<td>Urology Specialists of Virginia, PC 95 Harris Road Building 6 Kilmarnock, VA 22482</td>
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<tr>
<td></td>
<td>Harris, David L., MD</td>
<td>The Urology Group 19415 Deerfield Ave Ste 112 Leesburg, VA 20176 (703) 724-1195</td>
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<tr>
<td></td>
<td>Tran, Christine, MD</td>
<td>The Urology Group 19415 Deerfield Ave Ste 112 Leesburg, VA 20176 (703) 724-1195</td>
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<tr>
<td></td>
<td>Sease, W. Craig, MD</td>
<td>Sentara RMH Medical Group, LLC 134 General Drive Luray, VA 22835 (540) 743-9087</td>
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<tr>
<td></td>
<td>Warner, John W., MD</td>
<td>Valley Health Shenandoah Memorial Hospital Urology 200 Memorial Drive Luray, VA 22835 (540) 743-4561</td>
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<tr>
<td></td>
<td>York, Jeffrey P., MD</td>
<td>Sentara RMH Medical Group, LLC 134 General Drive Luray, VA 22835 (540) 743-9087</td>
<td></td>
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<tr>
<td></td>
<td>Cook, Robert D., MD</td>
<td>Centra Medical Group Urology 1330 Oak Lane Lynchburg, VA 24503 (434) 200-6620</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Fisher, Ronald, MD</td>
<td>Centra Medical Group Urology 1330 Oak Lane Lynchburg, VA 24503 (434) 200-6620</td>
<td></td>
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</tbody>
</table>
Specialists - Tier 1

Martinsville

Gehrken, Jr., George A., MD
Piedmont Urology Associates, Inc.
101 Cleveland Avenue Suite C
Martinsville, VA 24112
(276) 634-5000
Hospital Affiliations:
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Ludeman, Jr., Douglas H., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center Sheltering Arms Rehabilitation Hospital

Kozioł, Steven, MD
Optima Direct Network Providers 9/2019

Koziol, Steven, MD
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2542 Langhorn Rd
Lynchburg, VA 24501
(434) 947-5297
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Lynchburg, VA 24503
(434) 947-5297

Hospital Affiliations:
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Centra Virginia Baptist Hospital

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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
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Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus
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John Randolph Medical Center Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

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Hospital Affiliations:
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Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center Sheltering Arms Rehabilitation Hospital

St. Mary's Hospital

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Bon Secours St. Marys Hospital
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Henrico Doctors' Hospital - Forest Campus
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553
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Hospital Affiliations:
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Centra Virginia Baptist Hospital
Fisher, Ronald, MD
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Passman, Corey, MD
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Stands, Christopher, MD
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Hospital Affiliations:
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Norfolk

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Henrico Doctors' Hospital Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation
Hospital
St. Mary's Hospital

Glazier, David B, MD
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Hospital Affiliations:
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Center
Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General
Hospital
Rawls, William H., MD
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100 Kingsley Lane Suite 404
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest
Campus
Henrico Doctors' Hospital Retreat Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation
Hospital
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Kahn, Barbara E., MD
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(804) 330-9105

155 Kingsley Lane Suite 100
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hospital Affiliations:
Bon Secours Memorial Regional
Medical Center
Bon Secours St. Francis Medical
Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest
Campus

Petersburg
Han, Dongyeon, MD
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Southside Regional Medical Center

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Hospital Affiliations:

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Bon Secours St. Marys Hospital
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Henrico Doctors' Hospital - Forest
Campus
Henrico Doctors' Hospital Retreat Campus
Sheltering Arms Rehabilitation
Hospital

Sanders, Kevin W., MD
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3640 High Street Suite 3B
Portsmouth, VA 23707
(757) 452-3400
Hospital Affiliations:
Sentara CarePlex Hospital

Optima Direct Network Providers 9/2019

Hospital Affiliations:

Bon Secours DePaul Medical
Center Inc
Bon Secours Maryview Medical
Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General
Hospital

Prince George

Brugh, Victor M., MD
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Hospital

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Henrico Doctors' Hospital - Forest
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John Randolph Medical Center
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| Richmond |
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Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
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Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus  
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| **Hospital Affiliations:**  
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Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Retreat Campus  
Richmond, VA 23235  
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| Hampton, Lance, MD  
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| **Hospital Affiliations:**  
VCU Health System/MCV  
Richmond, VA 23229  
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| Lou, Jeffrey Cheng Koon, MD  
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(804) 200-7006 |
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Specialists - Tier 1

John Randolph Medical Center
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St. Mary's Hospital

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(804) 330-9105

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Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Smith-Harrison, Lurlie, MD
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Chippenham Medical Center/
Johnston-Willis Hospital
Riverside Shore Memorial Hospital

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Hospital Affiliations:
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Lewis-Gale Medical Center

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Hospital Affiliations:
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Masterson, James, MD
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Mounzer, Assaad M., MD
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Hospital Affiliations:
Carilion Tazewell Community Hospital
Centra Lynchburg General Hospital
Lewis-Gale Medical Center
Wythe County Community Hospital

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Hospital Affiliations:
Lewis-Gale Medical Center

Rento, Richard G., MD
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Carilion New River Valley Medical Center
Lewis-Gale Medical Center

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Hospital Affiliations:
Southside Urology & Nephrology

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Hospital Affiliations:
Southside Urology & Nephrology

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Hospital Affiliations:
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Hospital Affiliations:
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Stafford Hospital Center

Carey, Peter, MD
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Hospital Affiliations:
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Stafford Hospital Center

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Hospital Affiliations:
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Hospital Affiliations:
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Stafford Hospital Center

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(540) 288-8342

Hospital Affiliations:
Mary Washington Hospital (MWI)
Stafford Hospital Center

Szlyk, Gregory, MD
Urology Associates of Fredericksburg PC
422 Garrisonville Road
Stafford, VA 22554
(540) 288-8342

Hospital Affiliations:
Mary Washington Hospital (MWI)
Stafford Hospital Center
Specialists - Tier 1

Suffolk

Brugh, Victor M., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Riverside Shore Memorial Hospital
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

DeLong, Jessica, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc

Drucker, Jacob R., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Eure, Gregg R., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Fabrizio, Michael D., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Given, Robert W., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Chesapeake Regional Medical Center Inc
- Children’s Hospital of the King’s Daughters

Goldin, Nathan P., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Obici Hospital

Kelly, Douglas, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Kwong, Peter On Chung, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Martin, Frances, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

McCammon, Kurt A., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Miles-Thomas, Jennifer, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Ojo-Carons, Akinwunmi, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Robey, Edwin L., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Children's Hospital of the King’s Daughters
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Rosenfeld, Bruce, MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Sanders, Kevin W., MD
Urology of Virginia PLLC
2000 Meade Parkway
Suffolk, VA 23434

Hospital Affiliations:
- Sentara CarePlex Hospital

Schellhammer, Paul F., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Riverside Shore Memorial Hospital

Schultz, Roger E., MD
Urology of Virginia PLLC
7185 Harbour Towne Parkway Suite 200
Suffolk, VA 23435
(757) 457-5100

Hospital Affiliations:
- Sentara Williamsburg Regional Medical Center

Optima Direct Network Providers 9/2019  558
Walker, Miley W., MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Ste 200  
Suffolk, VA 23435  
(757) 457-5100

Unnikrishnan, Raman, MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Tonkin, Jeremy B., MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Sobol, Ilya J, MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Tonzin, Jeremy B., MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Unnikrishnan, Raman, MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Vonkin, Jeremy B., MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Volz, Lawrence R., MD  
Urology of Virginia PLLC  
2000 Meade Parkway  
Suffolk, VA 23434

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Walker, Miley W., MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Suite 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Sentara Obici Hospital

Weiss, Brian E, MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Ste 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Williams, Michael Brandon, MD  
Urology of Virginia PLLC  
7185 Harbour Towne Parkway Ste 200  
Suffolk, VA 23435  
(757) 457-5100

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Kahn, Barbara E., MD  
The Virginia Urology Center  
1396 Tappahannock Blvd Suite B  
Tappahannock, VA 22560  
(804) 330-9105

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus

Rhams, Scott J., MD  
The Virginia Urology Center  
1396 B Tappahannock Blvd  
Tappahannock, VA 22560  
(804) 433-5395

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Retreat Campus  
Riverside Shore Memorial Hospital

Verona  
Jones, III, William R., MD  
Blue Ridge Urological, PC  
610 N Lee Hwy Ste 101  
Verona, VA 24482  
(540) 248-0224

Hospital Affiliations:  
Lewis-Gale Medical Center

Virginia Beach  
Brugh, Victor M., MD  
EVMS Medical Group  
2075 Glenn Mitchell Dr Ste 500  
Virginia Beach, VA 23456  
(757) 446-7100

Hospital Affiliations:  
Urology of Virginia PLLC  
Urology of Virginia PLLC  
225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 481-3556

229 Clearfield Ave Suite 300  
Virginia Beach, VA 23462  
(757) 457-5100

Hospital Affiliations:  
Children’s Hospital of the King’s Daughters  
Lake Taylor Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Fabrizio, Michael D., MD  
Urology of Virginia PLLC  
1925 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456  
(757) 507-0700

225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 457-5100

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Gaskins Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Given, Robert W., MD  
Urology of Virginia PLLC  
1925 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456  
(757) 507-0700

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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Children’s Hospital of the King's Daughters

Goldin, Nathan P., MD  
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1925 Glenn Mitchell Dr Ste 202  
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(757) 507-0700

225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 457-5100

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Obici Hospital

Kelly, Douglas, MD  
Urology of Virginia PLLC  
225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 457-5100

229 Clearfield Ave Suite 300  
Virginia Beach, VA 23462  
(757) 457-5100

Hospital Affiliations:  
Children’s Hospital of the King’s Daughters

Kwong, Peter On Chung, MD  
Urology of Virginia PLLC  
225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 457-5100

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Specialists - Tier 1

229 Clearfield Ave Suite 300
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(757) 457-5100

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Southampton Memorial Hospital

Lambert, Jack, MD
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225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 451-5700

Langston, Joshua P, MD
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225 Clearfield Ave
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(757) 457-5100

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lasater, John David, MD
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225 Clearfield Avenue
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229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Liu, John Shie-Ping, MD
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225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Miles-Thomas, Jennifer, MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5110
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Malcolm, John B., MD
Urology of Virginia PLLC
225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 457-5100

229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Martin, Frances, MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Virginia Beach, VA 23456
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225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nagpal, Kamal, MD
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225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Virginia Beach General Hospital

Pechan, B. Warren, MD
Coastal Urology, PC
1129 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 481-9009

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Rawls, William H., MD
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229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 451-5700

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Robey, Edwin L., MD
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Virginia Beach, VA 23462
(757) 481-3556
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Rosenfeld, Bruce, MD
Urology of Virginia PLLC
225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 481-3556
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sanderson, Kevin W., MD
Urology of Virginia PLLC
225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Schellhammer, Paul F., MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Sentara CarePlex Hospital

Schultz, Roger E., MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 451-5700

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Tonkin, Jeremy B., MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5110
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 451-5700

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Virasoro, Ramon, MD
Urology of Virginia PLLC
225 Clearfield Avenue
Virginia Beach, VA 23462
(757) 481-3556
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Volz, Lawrence R., MD
Urology of Virginia PLLC
225 Clearfield Ave
Virginia Beach, VA 23462
(757) 457-5100
229 Clearfield Ave Suite 300
Virginia Beach, VA 23462
(757) 457-5100
Specialists - Tier 1

Warrenton

DeCastro, Brian J., MD
Fauquier Physician Practices LLC
550 Hospital Drive
Warrenton, VA 20186
(540) 316-5940
Hospital Affiliations:
Fauquier Hospital

Sullivan, Kathryn F., MD
Fauquier Physician Practices LLC
550 Hospital Drive
Warrenton, VA 20186
(540) 316-5940
Hospital Affiliations:
Fauquier Hospital

Williamsburg

Darby, Eric C., MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
Williamsburg, VA 23188
(757) 873-2562

Williamsburg

5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Habibi, Joseph R., MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Boulevard Bldg B Suite 203
Williamsburg, VA 23188
(757) 345-6223
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Kostiner, Geoffrey B., MD
Tidewater Physicians
Multispecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
Williamsburg, VA 23188
(757) 872-9797

Woodstock

Hoffman, Michael, MD
Urology Clinic of WMC
1712 Amherst Street
Winchester, VA 22601
(540) 667-1712
Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Levinson, Mark E., MD
Urology Clinic of WMC
1712 Amherst Street
Winchester, VA 22601
(540) 667-1712
Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Singh, Inderjit, MD
Potomac Urology Center PC
2296 Opitz Blvd Suite 350
Woodbridge, VA 22191
(703) 680-2111
Hospital Affiliations:
Mary Washington Hospital
(MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Woodstock

Hoffman, Michael, MD
Valley Health Shenandoah Memorial Hospital Urology
759 South Main Street
Woodstock, VA 22664
(540) 459-1294
Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Levinson, Mark E., MD
Shenandoah Urology
759 S Main Street
Woodstock, VA 22664
(540) 459-1294
Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Oliver, Thomas W., MD
Valley Health Shenandoah Memorial Hospital Urology
759 South Main Street
Woodstock, VA 22664
(540) 459-1294
Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Optima Direct Network Providers 9/2019 561
<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Position</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wytheville</td>
<td>Jagait, Harvinder, MD</td>
<td>Radiologist</td>
<td>Carilion Franklin Memorial Hospital, Carilion Giles Community Hospital, Carilion Roanoke Memorial Hospital</td>
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<tr>
<td></td>
<td>Guyer, Adam G., MD</td>
<td>Gastroenterologist</td>
<td>Carilion Franklin Community Hospital, Carilion Leesburg Community Hospital, Carilion Roanoke Memorial Hospital</td>
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<tr>
<td></td>
<td>Cooper, James, MD</td>
<td>Radiologist</td>
<td>Carilion Franklin Community Hospital, Carilion Leesburg Community Hospital, Carilion Roanoke Memorial Hospital</td>
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<td></td>
<td>Ferrante, Giovanni A., MD</td>
<td>General Surgeon</td>
<td>Blue Ridge Medical Management Corporation (General Surgery)</td>
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<td></td>
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<td>Optima Direct Network Providers 9/2019</td>
</tr>
</tbody>
</table>
Blacksb urg
Raju, Ashish, MD
Carilion Vascular Care
901 Plantation Road
Blacksburg, VA 24060
(540) 731-7600
Hospital Affiliations:
Carilion Giles Community Hospital

Tung, William S., MD
Lewis-Gale Physicians, LLC
2600 Research Drive
Blacksburg, VA 24060
(540) 776-2010
Hospital Affiliations:
Lewis-Gale Medical Center

Christians burg
Epstein, William H., MD
Carilion Vascular Surgery
2900 Lamb Circle
Christiansburg, VA 24073
(540) 731-7000
Hospital Affiliations:
Carilion New River Valley Medical Center
Raju, Ashish, MD
Carilion Vascular Care
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Ste 301
Christiansburg, VA 24073
(540) 731-7600
2901 Lamb Cir
Christiansburg, VA 24073
(540) 639-5888
Hospital Affiliations:
Carilion Giles Community Hospital

Colonial Heights
Ross, Raymond Thomas, MD
Tri-City Surgical Associates
930 South Avenue Suite 4A
Colonial Heights, VA 23834
(804) 524-2294
Hospital Affiliations:
Southside Regional Medical Center

Fishersville
Arbid, Elias Joseph, MD
Augusta Health Thoracic Surgery
70 Medical Center Circle Suite 213
Fishersville, VA 22939
(540) 245-7705
Hospital Affiliations:
Augusta Medical Center
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Goff, Charles D., MD
Augusta Health Surgery
70 Medical Center Circle Suite 213
Fishersville, VA 22939
(540) 245-7705
Hospital Affiliations:
Augusta Medical Center

Fredericksburg
Koenig, Frank, MD
Radiologic Associates Of Fredericksburg, (PINNACLE)
1201 B Sam Perry Blvd Ste 245
Fredericksburg, VA 22401
(540) 654-9118
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Gret na
Campbell, Russell W., MD
Centra Medical Group (Centra Health, Inc.)
291 McBride Lane
Gretna, VA 24557
(434) 656-1274
Hospital Affiliations:
Centra Lynchburg General Hospital
Sentara Williamsburg Regional Medical Center

Harr isburg
Balint, Tara D., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Center

Sentara Norfolk General Hospital
Deshmukh, Deepak, DO
Sentara Vascular Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7250
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gensler, Todd W., MD
Sentara Vascular Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7250
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Moy, Peter, MD
Sentara Vascular Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7250
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Schuksz, Manuela, MD
Sentara Vascular Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666
(757) 736-7250
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Front Royal
Akinrinola, Ayonrinde, MD
Valley Health Vascular Surgeons
1077 N Shenandoah Ave Suite B
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Winchester Medical Center

Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sentara Obici Hospital
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Center

Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Center

Moore, Jason R., MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 2nd Floor  
Harrisonburg, VA 22801  
(540) 689-5800

Hospital Affiliations:  
Sentara RMH Medical Center

Cassada, David, MD  
Centra Medical Group, LLC  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-2500

Montgomery, Gregory F., MD  
Sentara RMH Medical Group, LLC  
134 General Drive  
Lynchburg, VA 24502  
(540) 743-9087

Hospital Affiliations:  
Sentara RMH Medical Center

Balint, Tara D., MD  
Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185

Hospital Affiliations:  
Sentara Lynchburg General Hospital  
Lynchburg Valley Medical Center

Mechanicsville

Bosher, Linwood Paul, MD  
Vascular Surgery Associates of Richmond, PC  
8237 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 559-7634

Hospital Affiliations:  
Bon Secours St. Mary’s Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
St. Mary’s Hospital

Newton, George B., MD  
Surgical Specialists of Richmond  
7575 Cold Harbor Road Ste E  
Mechanicsville, VA 23111  
(804) 730-3156

2862 Atlee Road MOB II Ste 205  
Mechanicsville, VA 23116  
(804) 559-0194

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Tierney, William A., MD  
Vascular Surgery Associates of Richmond, PC  
8237 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 559-7634

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Mary’s Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
St. Mary’s Hospital  
VCU Health System/MCV

Midlothian

Schunn, Christian, MD  
Surgical Associates of Richmond, Inc.  
13460 Tredagar Lake Pkwy  
Midlothian, VA 23114  
(804) 379-0029

Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Mount Jackson

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Montgomery, Gregory F., MD  
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Hospital Affiliations:  
Augusta Medical Center  
Sentara RMH Medical Center

Nassawadox

Marcinczyk, Michael J., MD  
Sentara Vascular Specialists (SMG)  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
Children’s Hospital of the King’s Daughters  
Riverside Shore Memorial Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Newport News

Andre, Jason L, MD  
Bon Secours Surgical Specialists @ MHI  
12720 McManus Blvd  
Newport News, VA 23602  
(757) 397-2383

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

Norfolk

Gensler, Todd W., MD  
Sentara Vascular Specialists (SMG)  
1051 Loftis Blvd Ste 210  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Hancock, Susan, MD  
Hancock Vein & Surgical Center, PC  
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Hospital Affiliations:  
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McEnroe, C. Scott, MD  
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Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

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Sentara Vascular Specialists (SMG)  
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Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital

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Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center

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Specialists - Tier 1

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Hospital Affiliations:
DocuSecurs DePaul Medical Center
Cape Charles Regional Medical Center

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Sentara CarePlex Hospital

North Chesterfield

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Hospital Affiliations:
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Norton

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Hospital Affiliations:
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Hospital Affiliations:
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StoneSprings Hospital Center

StoneSprings Hospital Center

North Chesterfield

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Bone Secours Maryview Medical Center

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Bone Secours St. Marys Hospital

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Henrico Doctors' Hospital - Parham Campus
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Specialists - Tier 1

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Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
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VCU Health System/MCV

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Henrico Doctors’ Hospital - Retreat Campus
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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus
St. Mary's Hospital

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Mukherjee, Avik, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Brandt, Colin T., MD
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1234 Franklin Rd SW
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(540) 283-6000

Hospital Affiliations:
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Lewis-Gale Medical Center

Caldwell, J. Timmons, MD
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(540) 345-1561

Hospital Affiliations:
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Lewis-Gale Medical Center

Caldwell, Michael, MD
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Gayle, Robert G., MD
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(757) 470-5570

Hospital Affiliations:
Sentara Obici Hospital

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Roanoke, VA 24014
(540) 216-6438
CRH MCVascular Surgery
1006 Belleview Avenue
Roanoke, VA 24014
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Hospital Affiliations:
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H‘Doubler, William Zach, MD
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Roanoke, VA 24016
(540) 345-1561

Hospital Affiliations:
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Hill, Stephen L., MD
MEDMAC
2602 Franklin Road
Roanoke, VA 24014
(540) 344-1400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Suffolk

Ahanchi, Sadaf S., MD
Sentara Vascular Specialists (SMG)
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Suffolk, VA 23435
(757) 395-1600

Hospital Affiliations:
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Suffolk, VA 23434
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Sentara Obici Hospital

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(757) 470-5570

Hospital Affiliations:
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Chesapeake Regional Medical Center

Virginia Beach

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Vascular Access Services, PLLC
3300 South Blvd Ste 150
Richmond, VA 23229
(757) 470-5570

Barber, Gregory A., MD
Atlantic Vein & Vascular Associates, PLLC
329 Phillip Ave Ste 102
Virginia Beach, VA 23454
(757) 437-2885

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Blonde, Siddharth, MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 395-1600

Hospital Affiliations:
Sentara Obici Hospital

Chen, Huiting, MD
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397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 395-1600

Hospital Affiliations:
Sentara Virginia Beach General Hospital

DeMasi, Richard J., MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Tappahannock

Bosher, Linwood Paul, MD
Vascular Surgery Associates of Richmond, PC
1906 Belleview Avenue
Tappahannock, VA 22560
(804) 443-9208

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
Specialists - Tier 1

Deschamplain, Michelle, MD
Atlantic Vein & Vascular Associates, PLLC
329 Phillips Ave Suite 102
Virginia Beach, VA 23454
(757) 437-2882

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Dexter II, David, MD
Vascular Access Services, PLLC
3300 South Bldg Ste 150 397 Little Neck Rd
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Gensler, Todd W., MD
Sentara Vascular Specialists (SMG)
3300 South Bldg Ste 100 397 Little Neck Rd
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Kim, Hannah, DO
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Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

McEwore, C. Scott, MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Moy, Peter, MD
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Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
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Bon Secours Mary Immaculate Hospital
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rathore, Animesh, MD
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397 Little Neck Rd Ste 120
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(757) 395-1600

Hospital Affiliations:
Sentara Princess Anne Hospital

Shah, Rasesh M., MD
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Virginia Beach, VA 23452
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Williamsburg
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(757) 345-4460

Hospital Affiliations:
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Sentara Williamsburg Regional Medical Center

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Williamsburg, VA 23188
(757) 345-4460

Hospital Affiliations:
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Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

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### Wytheville

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Carilion Giles Community Hospital

### Wound Medicine

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Specialist Physicians- Tier 2

Specialist Physicians
Tier 2
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Specialists - Tier 2

VA

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Hospital Affiliations:
Bon Secours St. Marys Hospital

Bon Secours St. Marys Hospital
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Hardy, John C., MD</td>
<td>1215 Lee Street 2nd Floor Charlottesville, VA 22908</td>
<td>(434) 243-1000</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td>Darby, Andrew E., MD</td>
<td>1221 Lee Street 2nd Fl Charlottesville, VA 22908</td>
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<tr>
<td>Gibson, Robert S., MD</td>
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<td>(434) 243-1000</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td>Dent, John M., MD</td>
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<td>Crook, Margaret K., MD</td>
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**Dermatology**

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**Endocrinology**

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<td>Basu, Ananda, MD</td>
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<td>Modesitt, Susan C., MD</td>
<td>UVA Hospital West 4th Fl</td>
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<td>Ring, Kari L., MD</td>
<td>UVA Hospital West 4th Fl</td>
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### General Surgery

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<td>Hoang, Sook C., MD</td>
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<td>Denton, James, MD</td>
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### Gynecologic Oncology

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### Medical Oncology

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### Radiation Oncology

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Gynecology Only

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Hospital Affiliations:
University of Virginia Medical Center
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**Infectious Disease**

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579
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Eglinton, Gary S, MD
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Augusta Medical Center
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<td>The Kidney Center (UVA Hospital West)</td>
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<td>Nishio Lucar, Angie G., MD</td>
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<td>University of Virginia Medical Center</td>
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<td>Watanabe, M., MD</td>
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<td>University of Virginia Medical Center</td>
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<td>Portilla, Didier, MD</td>
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<td>Okusa, Mark D., MD</td>
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### Specialists - Tier 2

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<td>Cui, Quanjun, MD</td>
<td>UVA Orthopaedic Center at Fontaine</td>
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</table>
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Potter, Jennifer V., MD
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<td>Davis, Beth E.</td>
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(434) 982-1707  
Hospital Affiliations:  
UVA Culpeper Hospital  
University of Virginia Medical Center
Dunsmore, Kimberly P., MD  
UVA Primary Care Center 2nd Floor  
Lee St 2nd Fl UVA Hospital  
(Pediatric Hem/Onc)  
Charlottesville, VA 22908  
(434) 924-8499

Lee III, Daniel W., MD  
University of Virginia Physicians Group  
1204 W Main Street 6th Floor  
Charlottesville, VA 22903  
(434) 924-8499

Hospital Affiliations:  
University of Virginia Medical Center

Moses, Emily S., MD  
University of Virginia Physicians Group  
1204 W Main Street 5th Floor  
Charlottesville, VA 22908  
(434) 243-5500

1204 W Main Street 6th Floor  
Charlottesville, VA 22908  
(434) 243-5500

Hospital Affiliations:  
University of Virginia Medical Center

Petersen, Jr, William Carl, MD  
University of Virginia Physicians Group  
Lee Street 4th Floor  
Charlottesville, VA 22908  
(434) 924-8499

Lee Street 7th Floor  
Charlottesville, VA 22908  
(434) 924-8499

Hospital Affiliations:  
University of Virginia Medical Center

Riegler, Lara L., MD  
University of Virginia Physicians Group  
1204 W Main Street 5th Floor  
Charlottesville, VA 22903  
(434) 924-2435

1204 W Main Street 6th Floor  
Charlottesville, VA 22908  
(434) 243-5500

Hospital Affiliations:  
University of Virginia Medical Center

Pediatric Infectious Disease

Zeichner, Steven L, MD  
University of Virginia Physicians Group  
1204 W Main Street 6th Floor  
Charlottesville, VA 22908  
(434) 924-5321

Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-5321

Hospital Affiliations:  
University of Virginia Medical Center  
- Transplants Only

Pediatric Intensive Care/  
Critical Care

Carver, Deborah J., MD  
UVA Hospital (Pediatric Critical Care)  
Lee St 7th Fl  
Charlottesville, VA 22908  
(434) 924-1707

Crain, Noreen, MD  
UVA Hospital (Pediatric Critical Care)  
Lee St 7th Fl  
Charlottesville, VA 22908  
(434) 924-1707

Frank, Deborah U., MD  
University of Virginia Physicians Group  
Lee Street 7th Floor (Pediatric Intensive Care Unit)  
Charlottesville, VA 22908  
(434) 982-1707

Haizlip, Julie Ann, MD  
UVA Health Services Foundation  
UVA HOSPITAL 7TH FL  
Charlottesville, VA 22908  
(434) 982-1707

Harmon, Jr., William G., MD  
University of Virginia Physicians Group  
Hospital Drive Barringer Wing 5th Floor  
Charlottesville, VA 22908  
(434) 982-1707

Lee Street 7th Floor  
Charlottesville, VA 22908  
(434) 982-1707

Hospital Affiliations:  
University of Virginia Medical Center

Pediatric Neurology

Spicuzza, Thomas Joseph, MD  
UVA Health Services Foundation  
Blue Ridge Hosp Wright Bldg Rt 20  
S at I-64  
Charlottesville, VA 22901  
(434) 924-5401

Hospital Affiliations:  
VCU Health System/MCV  
Pediatric Orthopaedics

Bachmann, Keith, MD  
University of Virginia Physicians Group  
1204 W Main Street 4th Floor  
Charlottesville, VA 22903  
(434) 924-2301

Hospital Affiliations:  
University of Virginia Medical Center

Lather, Leigh, MD  
University of Virginia Physicians Group  
1204 W Main Street 4th Floor  
Charlottesville, VA 22903  
(434) 924-2301

Hospital Affiliations:  
University of Virginia Medical Center

Pediatric Pulmonary Medicine

Romness, Mark J., MD  
University of Virginia Physicians Group  
2270 Ivy Road  
Charlottesville, VA 22903  
(434) 982-4214

Hospital Affiliations:  
University of Virginia Medical Center

Froh, Deborah K., MD  
UVA Primary Care Center 2nd Floor  
Lee St 2nd Fl UVA Hospital  
(Pediatrics)  
Charlottesville, VA 22908  
(434) 924-5321

Hospital Affiliations:  
University of Virginia Medical Center

Garrod, Andrea S., MD  
University of Virginia Physicians Group  
1204 West Main Street  
Charlottesville, VA 22903  
(434) 243-5500

2955 Ivy Road  
Charlottesville, VA 22903  
(434) 924-0408

Lee Street 4th Floor  
Charlottesville, VA 22908  
(434) 924-0408

Lee Street 7th Floor  
Charlottesville, VA 22908  
(434) 924-0408

Hospital Affiliations:  
University of Virginia Medical Center

Gaston, Benjamin M., MD  
UVA Primary Care Center 2nd Floor  
Lee St 2nd Fl UVA Hospital  
(Ped Pulmonology)  
Charlottesville, VA 22908  
(434) 982-3654

Shirley, Debbie-Ann T., MD  
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2270 Ivy Road  
Charlottesville, VA 22903  
(800) 627-8596

2955 Ivy Road Ste 303  
Charlottesville, VA 22903  
(434) 980-6555

Lee Street 4th Floor  
Charlottesville, VA 22908  
(434) 924-5321
Specialists - Tier 2

Lee Street 7th Floor
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(434) 924-5321

Hospital Affiliations:
University of Virginia Medical Center

Teague Jr., William Gerald, MD
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2270 Ivy Road
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(434) 924-0408
2955 Ivy Road
Charlottesville, VA 22903
(434) 924-0408

Hospital Affiliations:
University of Virginia Medical Center

Pediatric Radiology

Gaca, Ana Maria, MD
University of Virginia Physicians Group
1204 W Main St Fl 6
Charlottesville, VA 22903
(434) 924-5321
1204 W Main Street
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Pediatric Specialist

Alford, Bennett, MD
UVA Hospital (Radiology)
Lee St 1st Fl (Pediatric Radiology)
Charlottesville, VA 22908
(434) 924-2781

Hospital Affiliations:
Buchanan General Hospital
University of Virginia Medical Center

Pediatric Surgery

Duke, Duane S, MD
University of Virginia Physicians Group
1204 W Main St Fl 6
Charlottesville, VA 22903
(434) 924-5321
1204 W Main Street
Charlottesville, VA 22908
(434) 924-2283
1215 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Medical Center

Gander, Jeffrey W., MD
University of Virginia Physicians Group
1204 W Main Street
Charlottesville, VA 22908
(434) 243-5500
Lee Street 2nd Floor
Charlottesville, VA 22908
(434) 982-2796
Lee Street 4th Floor
Charlottesville, VA 22908
(434) 982-2796

Hospital Affiliations:
University of Virginia Medical Center

Gosche, John R., MD
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(434) 924-5321
1204 W Main Street
Charlottesville, VA 22903
(434) 951-4600
1215 Lee Street 2nd Floor
Charlottesville, VA 22908
(434) 924-2283

Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Kane, III, Bartholomew J., MD
UVA Health Services Foundation
Lee St UVA Hospital
Charlottesville, VA 22908
(434) 982-2796

Hospital Affiliations:
University of Virginia Medical Center

Kerrington, Kathryn, MD
UVA Health Services Foundation
2270 Ivy Rd (UVA Kluge Children's Rehab Ctr)
Charlottesville, VA 22903
(434) 924-2345

Perinatology

Asthagiri, Heather L., MD
University of Virginia Physicians Group
545 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 243-5622

Hospital Affiliations:
University of Virginia Medical Center

Gypson, Ward G., MD
UVA Northridge
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(434) 243-5622

Hospital Affiliations:
University of Virginia Medical Center

Diamond, Paul T., MD
UVA Health Services Foundation
1910 Arlington Blvd (UVA Work Med.)
Charlottesville, VA 22903
(434) 243-0075

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Hryniak, David J., MD
University of Virginia Physicians Group
545 Ray C Hunt Drive Suite 310
Charlottesville, VA 22903
(434) 243-5688

Hospital Affiliations:
University of Virginia Medical Center

Jenkins, Jeffrey G., MD
UVA Musculoskeletal Center
545 Ray C Hunt Dr Ste 3 (Physical Medicine)
Charlottesville, VA 22903
(434) 243-5600

Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers 9/2019 592
### Plastic Surgery

**Benedetti, Jeremy A., MD**  
*University of Virginia Physicians Group*  
1300 Jefferson Park Ave Fl 4  
Charlottesville, VA 22908  
(434) 924-5078  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Black, Jonathan S., MD**  
*University of Virginia Physicians Group*  
1204 W Main Street  
Charlottesville, VA 22908  
(434) 924-8127  

**Hospital Drive Clinical Deportments Wing 4th Floor**  
Charlottesville, VA 22908  
(434) 924-8127  
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(434) 924-8127  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**DeGeorge, Brent R., MD**  
*University of Virginia Physicians Group*  
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(434) 924-5078  
415 Ray C Hunt Dr Fl 3  
Charlottesville, VA 22903  
(434) 982-4263  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Drake, David B., MD**  
*UVA Hospital West Clinical Deportments Wing*  
Hospital Dr 4th Fl (Plastic Surgery)  
Charlottesville, VA 22908  
(434) 924-5088  

**Hospital Affiliations:**  
*Augusta Medical Center  
University of Virginia Medical Center*

**Lin, Kean Y.K., MD**  
*UVA Hospital West Clinical Deportments Wing*  
Hospital Dr 4th Fl (Plastic Surgery)  
Charlottesville, VA 22908  
(434) 924-2528  

**Morgan, Raymond F., MD**  
*UVA Hospital West Clinical Deportments Wing*  
Hospital Dr 4th Fl (Plastic Surgery)  
Charlottesville, VA 22908  
(434) 924-2413  

**Hospital Affiliations:**  
*Augusta Medical Center*

### Pulmonary Medicine

**Albon, Dana P., MD**  
*University of Virginia Physicians Group*  
1215 Lee Street 3rd Floor  
Charlottesville, VA 22908  
(434) 924-5219  
1221 Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Lee Street 1st Floor  
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(434) 924-5219  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Bergman, Michael P., MD**  
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1221 Lee Street 2nd Floor  
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(434) 924-5219  
Lee Street 1st Floor  
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**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Cagnina, Rebecca E, MD**  
*University of Virginia Physicians Group*  
1221 Lee Street 2nd Floor  
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(434) 924-5219  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Davis, Eric M., MD**  
*University of Virginia Physicians Group*  
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(434) 924-5219  

**Hospital Affiliations:**  
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**Enfield, Kyle B., MD**  
*UVA Hospital West Clinical Deportments Wing 5th Floor*  
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(434) 924-5219  

**Hospital Affiliations:**  
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**Gomez-Manjarres, Diana, MD**  
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**Hospital Affiliations:**  
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**Harris, Drew A, MD**  
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1221 Lee Street 2nd Floor  
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(434) 924-5219  

**Hospital Affiliations:**  
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**Kadl, Alexandra, MD**  
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Hospital Drive Clinical Deportments Wing 5th Floor  
Charlottesville, VA 22908  
(434) 924-5219  

**Hospital Affiliations:**  
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**Kilbourne, Sarah K., MD**  
*University of Virginia Physicians Group*  
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Charlottesville, VA 22908  
(434) 924-5219  

**Hospital Affiliations:**  
*University of Virginia Medical Center*

**Malik, Numaan F., MD**  
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(434) 924-5219  

**Hospital Affiliations:**  
*University of Virginia Medical Center*
Malpass, Howard C, MD  
University of Virginia Physicians Group  
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Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Mannem, Hannah C., MD  
University of Virginia Physicians Group  
1215 Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Mehrad, Borna, MD  
University of Virginia Physicians Group  
Hospital Drive Clinical Departments Wing 5th Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Mihalek, Andrew D., MD  
University of Virginia Physicians Group  
Hospital Drive Clinical Departments Wing 5th Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Paul, Tessy K., MD  
University of Virginia Physicians Group  
Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Rose, Jr., C. Edward, MD  
University of Virginia Physicians Group  
Hospital Drive 5th Floor  
Charlottesville, VA 22908  
(434) 924-5214  
Hospital Affiliations:  
University of Virginia Medical Center

Shim, Yun, MD  
University of Virginia Physicians Group  
Hospital Drive 5th Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Somerville, Lindsay A., MD  
University of Virginia Physicians Group  
1221 Lee Street 2nd Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Strieter, Robert M, MD  
UVA Hospital West Clinical Departments Wing  
Hospital Dr 5th Fl (Pulmonary)  
Charlottesville, VA 22908  
(434) 982-8809  
Hospital Affiliations:  
University of Virginia Medical Center

Vranic, Andrew R., MD  
University of Virginia Physicians Group  
Hospital Drive Clinical Departments Wing 5th Floor  
Charlottesville, VA 22908  
(434) 924-5219  
Hospital Affiliations:  
University of Virginia Medical Center

Yu, Pearl L., MD  
UVA Health Services Foundation  
1800 Timberwood Blvd  
Charlottesville, VA 22911  
(434) 975-7700  
Hospital Affiliations:  
Augusta Medical Center

Driskill, Robert, MD  
UVA Emily Couric Clinical Cancer Center  
1240 Lee Street  
Charlottesville, VA 22903  
(434) 924-5191  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital University of Virginia Medical Center  
VCU Health System/MCV

Janowski, Einsley Marie, MD  
University of Virginia Physicians Group  
1240 Lee Street  
Charlottesville, VA 22908  
(434) 924-5191  
2871 Ivy Road  
Charlottesville, VA 22903  
(434) 982-0777  
Hospital Affiliations:  
University of Virginia Medical Center

Kersh, Charles R., MD  
UVA Hospital West Clinical Departments Wing  
Hospital Dr 3rd Fl (Radiation Oncology)  
Charlottesville, VA 22908  
(434) 924-5191  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center

Larner, James M., MD  
UVA Hospital West Clinical Departments Wing  
Hospital Dr 3rd Fl (Radiation Oncology)  
Charlottesville, VA 22908  
(434) 924-5191  
Hospital Affiliations:  
Augusta Medical Center

Morris, Monica, MD  
Moser Radiation Therapy Center (UVA)  
2871 Ivy Rd  
Charlottesville, VA 22903  
(434) 982-0777  
Hospital Affiliations:  
Augusta Medical Center

Read, Paul W., MD  
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Hospital Dr 1st Fl (Radiation Oncology)  
Charlottesville, VA 22908  
(434) 924-5191  
Hospital Affiliations:  
Augusta Medical Center  
University of Virginia Medical Center

Rich, Tyvin A., MD  
UVA Hospital West Clinical Departments Wing  
Hospital Dr 3rd Fl (Radiation Oncology)  
Charlottesville, VA 22908  
(434) 924-0473  
Hospital Affiliations:  
Augusta Medical Center

Kerpel, Lisa A., MD  
UVA Health Services Foundation  
2955 Ivy Rd Ste 304 (Reproductive Medicine/Endocrinology)  
Charlottesville, VA 22903  
(434) 296-6161  
Hospital Affiliations:  
University of Virginia Medical Center

Kolp, Lisa A., MD  
UVA Health Services Foundation  
2955 Ivy Rd Ste 190  
Charlottesville, VA 22903  
(434) 296-6161  
Hospital Affiliations:  
University of Virginia Medical Center

Reardon, Kelli A., MD  
University of Virginia Physicians Group  
2871 Ivy Road  
Charlottesville, VA 22903  
(434) 982-0777  
Hospital Affiliations:  
University of Virginia Medical Center

Bateman, Bruce G., MD  
UVA Northridge  
2955 Ivy Rd Ste 304 (Reproductive Medicine/Endocrinology)  
Charlottesville, VA 22903  
(434) 243-4590  
Hospital Affiliations:  
University of Virginia Medical Center

Rheumatology

Behalal-Bock, Christele, MD  
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650 Peter Jefferson Highway Suite 190  
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(434) 243-0439  
Hospital Affiliations:  
University of Virginia Medical Center

Crowley, Angela, MD  
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(434) 296-6161  
Hospital Affiliations:  
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Frick, Keith A., MD  
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(434) 296-6161  
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University of Virginia Medical Center

Fu, Shu, MD  
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Hospital Dr 5th Fl (Rheumatology)  
Charlottesville, VA 22908  
(434) 924-5212  
Hospital Affiliations:  
University of Virginia Physicians Group  
415 Ray C Hunt Drive 2nd Floor  
Charlottesville, VA 22903  
(434) 243-0223
Speakers - Tier 2

Sleep Medicine

Davis, Eric M., MD
University of Virginia Physicians Group
Hospital Drive Clinical Departments Wing 5th Floor
Charlottesville, VA 22908
(434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center

Gomes, Olubusola, MD
University of Virginia Physicians Group
1221 Lee Street 2nd Floor
Charlottesville, VA 22908
(434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center

Sports Medicine

Brockmeier, Stephen F., MD
University of Virginia Physicians Group
290 Massie Road
Charlottesville, VA 22903
(434) 243-5050
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 243-7778
Hospital Affiliations:
University of Virginia Medical Center

Carson, Eric W., MD
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290 Massie Road
Charlottesville, VA 22903
(434) 243-5050
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 243-7778
Hospital Affiliations:
University of Virginia Medical Center

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290 Massie Road
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515 Ray C Hunt Drive
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Hospital Affiliations:
University of Virginia Medical Center

Surgical Oncology

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Charlottesville, VA 22908
(434) 924-2839
Hospital Affiliations:
University of Virginia Medical Center

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(434) 924-2625
Lee Street 1st Floor
Charlottesville, VA 22908
Hospital Affiliations:
University of Virginia Medical Center

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(434) 924-1730
Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Schroen, Anneke T, MD
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(434) 924-1730
West 4th Fl Hospital Dr ( Cancer Center)
Charlottesville, VA 22908
(434) 924-1730

Shovalter, Shayna L, MD
University of Virginia Physicians Group
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Specialists - Tier 2

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Hospital Dr 4th Fl UVA Hospital West (Surgical Oncology)
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(434) 924-1730

Zaydfudim, Victor M, MD
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(434) 924-2839

Bladergroen, Mark R., MD
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1215 Lee Street 2nd Floor
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(434) 243-1000

Kozower, Benjamin D, MD
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(434) 924-2839

Hospital Affiliations:
University of Virginia Medical Center

Bladegroen, Mark R., MD
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1215 Lee Street 2nd Floor
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Kozower, Benjamin D, MD
University of Virginia Physicians Group
Hospital Drive MSB 4th Floor
Charlottesville, VA 22908
(434) 924-2839

Hospital Affiliations:
University of Virginia Medical Center

Costable, Raymond A, MD
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Hospital Drive 4th Floor Hospital West Clinical Depts Wing
Charlottesville, VA 22908
(434) 924-9462

Hospital Affiliations:
University of Virginia Medical Center

Sawyer, Robert G., MD
University of Virginia Physicians Group
Hospital West Clinical Depts Wing
Hospital Drive 4th Floor
Charlottesville, VA 22908
(434) 924-9462

Hospital Affiliations:
University of Virginia Medical Center
### Specialists - Tier 2

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Affiliation</th>
<th>Phone</th>
<th>Address</th>
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<td><strong>Optima Direct Network Providers  9/2019</strong></td>
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<tr>
<td>Jenkins, Alan D., MD</td>
<td>UVA Hospital West Clinical Departments Wing</td>
<td></td>
<td>(434) 243-4520</td>
<td>Lee Street 11th St SW</td>
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<td>Charlottesville, VA 22908</td>
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<td><strong>University of Virginia Medical Center</strong></td>
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<td><strong>University of Virginia Medical Center</strong></td>
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<tr>
<td>Passarella, Mark H., MD</td>
<td>UVA Hospital West Clinical Departments Wing</td>
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<td><strong>University of Virginia Medical Center</strong></td>
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<tr>
<td>Patela, Abhishek, MD</td>
<td>University of Virginia Physicians Group</td>
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<tr>
<td></td>
<td>Hospital Drive Clinical Departments Wing 2nd Floor (UVA Hospital West)</td>
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<td><strong>Hospital Affiliations:</strong></td>
<td></td>
<td><strong>University of Virginia Medical Center</strong></td>
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<tr>
<td>Kozlstek, Sarah C., MD</td>
<td>UVA Hospital West Clinical Departments Wing</td>
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<td><strong>University of Virginia Medical Center</strong></td>
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<td>Patela, Abhishek, MD</td>
<td>University of Virginia Physicians Group</td>
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Optima Direct Network Providers 9/2019 598
### Clinical Cardiac Electrophysiology

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Specialists - Tier 2

Khan, Sana F., MD
University of Virginia Physicians Group
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Fishersville, VA 22939
(844) 472-8711

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UVA Culpeper Hospital
University of Virginia Medical Center
VCU Community Memorial Hospital

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Fredericksburg

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Hospital Affiliations:
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Williams, Carlin A., MD
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(540) 899-1600

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Mary Washington Hospital (MWH)

Endocrinology

Asfaw, Mahdere, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus
1101 Sam Perry Blvd Suite 305
Fredericksburg, VA 22401
(540) 374-3290

Hospital Affiliations:
Mary Washington Hospital (MWH)

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<td>1300 Hospital Drive Suite 200 Fredericksburg, VA 22401</td>
<td>(540) 741-3260</td>
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<td>Mary Washington Hospital (MWH)</td>
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<td>Gilhooly, Jonathan, MD</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campu</td>
<td>1001 Sam Perry Blvd Suite 314 Fredericksburg, VA 22401</td>
<td>(540) 374-3200</td>
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<td>Ramia, Rony, MD</td>
<td>Central Virginia Perinatology</td>
<td>1300 Hospital Drive Suite 200 Fredericksburg, VA 22401</td>
<td>(540) 741-3260</td>
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<td>Beck, Don, MD</td>
<td>Central Virginia Perinatology</td>
<td>1300 Hospital Drive Suite 200 Fredericksburg, VA 22401</td>
<td>(540) 741-3260</td>
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<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campu</td>
<td>1101 Sam Perry Blvd Suite 314 Fredericksburg, VA 22401</td>
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<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campu</td>
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<td>Wachen, Hannah, MD</td>
<td>Infectious Disease Associates (MWH)</td>
<td>1101 Sam Perry Blvd Ste 307 Fredericksburg, VA 22401</td>
<td>(540) 374-3277</td>
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<td>Bhatti, Mohammed, MD</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campu</td>
<td>1101 Sam Perry Blvd Suite 414 Fredericksburg, VA 22401</td>
<td>(540) 899-1354</td>
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<td>Maternal-Fetal Medicine</td>
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<td>Central Virginia Perinatology</td>
<td>1300 Hospital Drive Suite 200 Fredericksburg, VA 22401</td>
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Specialists - Tier 2

Haymarket

Pediatric Hematology/Oncology
Moses, Emily S., MD
University of Virginia Physicians Group
15195 Heathcoate Blvd Suite 350
Haymarket, VA 20169
(571) 284-3180

Hospital Affiliations:
University of Virginia Medical Center

Riegler, Lara L., MD
University of Virginia Physicians Group
15195 Heathcoate Blvd Ste 350
Haymarket, VA 20169
(434) 284-3180

Hospital Affiliations:
University of Virginia Medical Center

Madison

Endocrinology
Nass, Ralf M., MD
University of Virginia Physicians Group
1480 North Main Street Ste A
Madison, VA 22727
(540) 948-6743

Hospital Affiliations:
University of Virginia Medical Center

Pediatric Nephrology
Charlton, Jennifer R., MD
University of Virginia Physicians Group
661 University Lane
Orange, VA 22960
(540) 661-3025

Hospital Affiliations:
UVA HealthSouth Rehabilitation Hospital

Richmond

Pediatric Cardiology
Albrecht, Gerald, MD
UVA Primary Care Center 2nd Floor
5875 Bremo Road Suite 500
Richmond, VA 23226
(804) 297-3055

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Mary's Hospital
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Norfolk

Thoracic and Cardiac Surgery
Smith, Philip C., MD
University of Virginia Physicians Group
601 Children's Ln
Norfolk, VA 23507
(757) 668-8270

Hospital Affiliations:
Children's Hospital of the King's Daughters
University of Virginia Medical Center

Orange

Neonatology
Boggis, Sarah R., MD
UVA Pediatrics at Orange
661 University Lane Suite A
Orange, VA 22960
(540) 661-3025

Hospital Affiliations:
University of Virginia Medical Center

Nephrology
Khan, Sana F., MD
University of Virginia Physicians Group
661 University Lane
Orange, VA 22960
(434) 924-1984

Hospital Affiliations:
University of Virginia Medical Center

Physical Medicine
Griese, Derald P., MD
University of Virginia Physicians Group
575 Industrial Drive
Louisa, VA 23093
(540) 967-2011

Hospital Affiliations:
University of Virginia Medical Center

Pediatric Developmental
Davis, Beth E., MD
University of Virginia Physicians Group
661 University Lane Suite A
Orange, VA 22960
(540) 661-3025

Hospital Affiliations:
University of Virginia Medical Center

Stafford

Endocrinology
Asfaw, Mahdere, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green
Campus
125 Hospital Center Boulevard
Suite 201
Stafford, VA 22554
(540) 741-7901

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

General Surgery
Baldwin, Kiyanda, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green
Campus
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 374-3212

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Maternal-Fetal Medicine
Clark, Kelley D., MD
Central Virginia Perinatology
125 Hospital Center Boulevard
Suite 313
Stafford, VA 22554
(540) 741-7930

Hospital Affiliations:
Mary Washington Hospital (MWH)
VCU Health System/MCV

Ramus, Ronald, MD
Central Virginia Perinatology
125 Hospital Center Boulevard
Suite 313
Stafford, VA 22554
(540) 741-7930

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors’ Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center
VCU Health System/MCV

Optima Direct Network Providers 9/2019
Specialists - Tier 2

Urology

Beamon III, Charles, MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Becker, Elmore J., MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Beamon III, Charles, MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Carey, Peter, MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Dumont, Matthew, MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201
Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Singh, Inderjit, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus
125 Hospital Center Blvd Suite 307 Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center Stafford Hospital Center

Szlyk, Gregory, MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201 Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

L’Ecuyer, Thomas J., MD
University of Virginia Physicians Group
1829 Plaza Drive
Winchester, VA 22601
(540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

McClure, Michael A., MD
University of Virginia Physicians Group
1829 Plaza Drive
Winchester, VA 22601
(540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

McDaniel, George M., MD
University of Virginia Physicians Group
1829 Plaza Drive
Winchester, VA 22601
(540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

Sell, Scott M., MD
Mary Washington Urology at Stafford
125 Hospital Center Blvd Suite 201 Stafford, VA 22554
(540) 657-6367

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Neurological Surgery

Jane Jr, John A., MD
University of Virginia Physicians Group
1829 Plaza Drive
Winchester, VA 22601
(540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

Pediatric Cardiology

Kollins, Kevin M., MD
University of Virginia Physicians Group
1829 Plaza Drive
Winchester, VA 22601
(540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

Zion Crossroads

Kyn, Timothy T., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 924-9466

Hospital Affiliations:
University of Virginia Medical Center

Smith, Anna R., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
Sentara Martha Jefferson Hospital University of Virginia Medical Center

Cardiothoracic Surgery

Klein, John B., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Tribble, Curtis G., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Cardiovascular Disease

Asfaw, Mahdere, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus
12731 Marblestone Drive Suite 102 Woodbridge, VA 22192
(703) 316-2345

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Woodbridge

Endocrinology

Luna, Max A., MD
UVA Health Services Foundation
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
Augusta Medical Center University of Virginia Health Sciences Center

Hospital Affiliations:
University of Virginia Medical Center

Patterson, Brandy, MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Luna, Max A., MD
UVA Health Services Foundation
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
Augusta Medical Center University of Virginia Health Sciences Center

Mason, Pamela K., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center

Urology

Klein, John B., MD
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations:
University of Virginia Medical Center
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<td>Siragy, Helmy M., MD</td>
<td>University of Virginia Physicians Group</td>
<td>1015 Spring Creek Parkway</td>
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<td>1015 Spring Creek Parkway</td>
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<td>Nishio Lucar, Angie G., MD</td>
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<td>1015 Spring Creek Parkway</td>
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<td>Pulmonary Medicine</td>
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## Specialists - Tier 2

**Paul, Tessy K., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Somerville, Lindsay A., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Vranic, Andrew R., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway(UVA Zion Crossroads)  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Davis, Eric M., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Brockmeier, Stephen F., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Carson, Eric W., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Diduch, David R., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Gwathmey, Jr., Frank W., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Miller, Mark D., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Werner, Brian C., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Robinson, William P, MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Williams, Carlin A., MD**  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
**Hospital Affiliations:**  
University of Virginia Medical Center

**Hardy, John C., MD**  
University of Virginia Physicians Group  
1000 Tavern Road Suite 200  
Martinsburg, WV 25401  
(304) 264-9485  
**Hospital Affiliations:**  
UVA Culpeper Hospital  
University of Virginia Medical Center  
Winchester Medical Center

**Vascular Surgery**

**Thoracic and Cardiac Surgery**

**Surgical Oncology**

**Sleep Medicine**

**Sports Medicine**

**Optima Direct Network Providers  9/2019  
607**
Other Services or Ancillary Providers - Tier 1

Other Services or Ancillary Providers
Tier 1
### Other Services - Tier 1

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<td>Montgomery</td>
<td>American Esoteric Laboratories</td>
<td>416 Lukes Dr Montgomery, AL 36117 (334) 288-4963</td>
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<td>AZ</td>
<td>Maricopa</td>
<td>Otto Bock Orthopedic Services</td>
<td>4022 East Broadway Road Suite 119 Phoenix, AZ 85040 (800) 736-8276</td>
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<tr>
<td>CA</td>
<td>Los Angeles</td>
<td>Epic Hearing Healthcare</td>
<td>3191 Temple Ave Ste 200 Pomona, CA 91768 (866) 956-5400</td>
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<tr>
<td>CA</td>
<td>San Francisco</td>
<td>Invitae Corporation</td>
<td>475 Brannan St San Francisco, CA 94107 (800) 436-3037</td>
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<tr>
<td>CA</td>
<td>San Mateo</td>
<td>Counsil, Inc.</td>
<td>180 Kimball Way South San Francisco, CA 94080 (888) 268-6795</td>
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<tr>
<td>CA</td>
<td>San Diego</td>
<td>Sequenom Laboratories</td>
<td>3595 John Hopkins Ct San Diego, CA 92121 (877) 821-7266</td>
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<td>CA</td>
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<td>Invitae Corporation</td>
<td>475 Brannan St San Francisco, CA 94107 (800) 436-3037</td>
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<td>CA</td>
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<td>Spectra Laboratories, Inc.</td>
<td>48818 Kato Rd Fremont, CA 94538 (510) 623-6900</td>
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<tr>
<td>CA</td>
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<td>Precision Diagnostics</td>
<td>4215 Sorrento Valley Blvd San Diego, CA 92121 (800) 635-6901</td>
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## Other Services - Tier 1

### Pinellas
- **Lincare, Inc.**
  - 19387 U.S.19 North
  - Clearwater, FL 33764
  - (800) 284-2006

### Saint Lucie
- **Liberty Medical Supply**
  - 8881 South US Highway 1 Suite A
  - Port Saint Lucie, FL 34952
  - (772) 398-3122
  - 883 Liberty Lane Suite 250
  - Port Saint Lucie, FL 34952

### Volusia
- **Delfin Healthcare, Inc.**
  - 75 N Thompson Creek Rd Ste 1
  - Ormond Beach, FL 32174
  - (386) 671-0028

### Orange Therapy
- **AmeriPath Consolidated Labs, Inc.**
  - 8150 Chancellor Drive Suite 110
  - Orlando, FL 32809
  - (800) 395-7284

### Delaware
- **Delmarva Physical Therapy Services, Inc.**
  - 15401 Coastal Hwy Suite F
  - Ocean City, MD 21842
  - (410) 938-7400

### Orthotics and Prosthetics
- **National Seating & Mobility, Inc.**
  - 2025 Leestown Road Unit L
  - Lexington, KY 40511
  - (859) 381-1440

### Floyd
- **McDowell ARH Hospital**
  - Rte 122
  - McDowell, KY 41647
  - (606) 377-3400

### Harlan
- **Harlan ARH Hospital**
  - 81 Ball Park Road
  - Harlan, KY 40831
  - (606) 573-8100

### Jefferson
- **National Seating & Mobility, Inc.**
  - 11003 Bluegrass Parkway Ste 460
  - Louisville, KY 40299
  - (502) 266-5123

### Leslie
- **Mary Breckinridge ARH Hospital**
  - 130 Kate Ireland Rd
  - Hyden, KY 41749

### Morgan
- **Appalachian Regional Hospital**
  - Whitesburg
  - 476 Liberty Rd
  - West Liberty, KY 41472
  - (606) 743-3186

### Pike
- **Williamson ARH Hospital**
  - 260 Hospital Road
  - South Williamson, KY 41503
  - (606) 237-1700

### Physical/Occupational/Hand Therapy
- **CHAMPION PHYSICAL THERAPY, LLC**
  - 1475 US Hwy 25 E Suite 6
  - Middlesboro, KY 40965
  - (606) 248-1996

---

### Florida
- **National Seating & Mobility, Inc.**
  - 2025 Leestown Road Unit L
  - Lexington, KY 40511
  - (859) 381-1440

### Georgia
- **LifeWatch Services Inc**
  - 10255 West Higgins Rd
  - Rosemont, IL 60018
  - (877) 774-9846

### Indiana
- **National Seating & Mobility, Inc.**
  - 2025 Leestown Road Unit L
  - Lexington, KY 40511
  - (859) 381-1440

---

### Iowa
- **Lincare, Inc.**
  - 19387 U.S.19 North
  - Clearwater, FL 33764
  - (800) 284-2006

---

### Kentucky
- **National Seating & Mobility, Inc.**
  - 2025 Leestown Road Unit L
  - Lexington, KY 40511
  - (859) 381-1440
<table>
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<tr>
<th>County</th>
<th>Hospital Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Floyd</td>
<td>McDowell ARH Hospital</td>
<td>Rte 122, McDowell, KY 41647</td>
<td>(606) 377-3400</td>
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<tr>
<td>Harlan</td>
<td>Harlan ARH Hospital</td>
<td>81 Ball Park Road, Harlan, KY 40831</td>
<td>(606) 573-8100</td>
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<tr>
<td>Leslie</td>
<td>Mary Breckinridge ARH Hospital</td>
<td>130 Kate Ireland Rd, Hyden, KY 41749</td>
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<tr>
<td>Letcher</td>
<td>Appalachian Regional Hospital Whitesburg</td>
<td>240 Hospital Road, Whitesburg, KY 41858</td>
<td>(606) 633-3500</td>
</tr>
<tr>
<td>Morgan</td>
<td>Morgan County ARH Regional Medical Center</td>
<td>476 Liberty Rd, West Liberty, KY 41742</td>
<td>(606) 743-3186</td>
</tr>
<tr>
<td>Pike</td>
<td>Williamson ARH Hospital</td>
<td>260 Hospital Drive, South Williamson, KY 41503</td>
<td>(606) 237-1700</td>
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<tr>
<td>Reference Lab</td>
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<tr>
<td>Bell</td>
<td>MIDDLESBORO ARH HOSPITAL</td>
<td>3600 W Cumberland Ave, Middlesboro, KY 40965</td>
<td>(606) 242-1100</td>
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<td>Floyd</td>
<td>McDowell ARH Hospital</td>
<td>Rte 122, McDowell, KY 41647</td>
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<td>Harlan</td>
<td>Harlan ARH Hospital</td>
<td>81 Ball Park Road, Harlan, KY 40831</td>
<td>(606) 573-8100</td>
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<tr>
<td>Jefferson</td>
<td>DERMATOPATHOLOGY ALLIANCE OF KENTUCKY PLLC</td>
<td>839 S Second St, Louisville, KY 40203</td>
<td>(502) 583-5834</td>
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<tr>
<td>Leslie</td>
<td>Mary Breckinridge ARH Hospital</td>
<td>130 Kate Ireland Rd, Hyden, KY 41749</td>
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<td>DME</td>
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<tr>
<td>Middlesex</td>
<td>Insulet Corporation</td>
<td>600 Technology Park Drive, BILLERICA, MA 01821</td>
<td>(800) 591-3455</td>
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<tr>
<td>Montgomery</td>
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<tr>
<td>Middlesex</td>
<td>Consolidated DermPath, Inc.</td>
<td>200 Forest St Suite 3119, Marlborough, MA 01752</td>
<td>(844) 562-9801</td>
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<tr>
<td>Norfolk</td>
<td>Miraca Life Sciences</td>
<td>15 Crawford St Suite 100, Needham, MA 02494</td>
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<td>Worcester</td>
<td>BIO REFERENCE LABORATORIES, INC.</td>
<td>25 Birch St, Milford, MA 01757</td>
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<td>MD</td>
<td>Cardiac Monitoring Services</td>
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<tr>
<td>Allegany</td>
<td>National Seating &amp; Mobility, Inc.</td>
<td>1313 National Hwy Ste 13, Lavale, MD 21502</td>
<td>(877) 326-0972</td>
</tr>
<tr>
<td>Anne Arundel</td>
<td>Apria Healthcare, Inc.</td>
<td>701 Digital Drive Suites AC, Linthicum, MD 21090</td>
<td>(443) 792-4496</td>
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<tr>
<td>Baltimore</td>
<td>DynaSplint Systems, Inc.</td>
<td>770 Ritchie Hwy Ste W-21, Severna Park, MD 21146</td>
<td>(800) 638-6771</td>
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<tr>
<td>Howard</td>
<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>2700 Lord Baltimore Dr, Baltimore, MD 21244</td>
<td>(410) 298-4555</td>
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<tr>
<td>Howard</td>
<td>National Seating &amp; Mobility, Inc.</td>
<td>7389 Washington Blvd, Elkins, MD 21075</td>
<td>(844) 690-8123</td>
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<tr>
<td>Howard</td>
<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>7389 Washington Blvd Suite 101, Elkins, MD 21075</td>
<td>(844) 690-8123</td>
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<tr>
<td>Montgomery</td>
<td>Roberts Home Medical</td>
<td>20465 Seneca Meadows Pkwy, Germantown, MD 20876</td>
<td>(301) 353-0300</td>
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<tr>
<td>Montgomery</td>
<td>The Home Center Pharmacy</td>
<td>154 West Main Street, Hancock, MD 21750</td>
<td>(301) 875-0477</td>
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<tr>
<td>Wicomico</td>
<td>Apria Healthcare, Inc.</td>
<td>119 Naylor Mill Road Ste 10, Salisbury, MD 21801</td>
<td>(410) 472-8383</td>
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<td>Wicomico</td>
<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>1607 Northwood Dr Suite 106, Salisbury, MD 21801</td>
<td>(410) 749-4165</td>
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Optima Direct Network Providers 9/2019
### Other Services - Tier 1

**Physical/Occupational/Hand Therapy**

- **Allegany**
  - Progressive Physical Therapy & Rehabilitation Center
    - 11801 Industrial Park
    - Cumberland, MD 21502
    - (301) 729-3485

- **Frederick**
  - Physiotherapy Associates (Frederick)
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496

**PT/OT (Early Intervention)**

- **Frederick**
  - Physiotherapy Associates
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496

**Radiology (Ancillary)**

- **Allegany**
  - ADR LLC
    - 12252 Williams Rd
    - Cumberland, MD 21502
    - (240) 362-7410
  - 952 Seton Dr
    - Cumberland, MD 21502
    - (301) 777-3522

- **Western Maryland Outpatient Diagnostic Center**
  - 12400 Willowbrook Road
    - Cumberland, MD 21502
    - (240) 964-8111

**Howard**

- Miraea Life Sciences
  - 5850 Waterloo Road Suite 140
  - Columbia, MD 21045
  - (443) 325-7262

**Montgomery**

- BIO REFERENCE LABORATORIES, INC.
  - 22520 Gateway Center Dr
  - Clarksburg, MD 20871
  - (240) 964-8111

**Washington**

- Meritus Medical Laboratory, LLC
  - 10715 Downsville Pike
  - Hagerstown, MD 21742
  - (301) 665-4900

**Speech Therapy (Early Intervention)**

- **Frederick**
  - Physiotherapy Associates
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496

**Speech Therapy**

- **Frederick**
  - Physiotherapy Associates (Frederick)
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496

**Menlo Park**

- Papua Inc
  - 1341 University Ave
  - Menlo Park, CA 94025
  - (650) 475-9970

- Speleologic Inc
  - 166 University Ave
  - Menlo Park, CA 94025
  - (650) 475-9970

**Physical/Occupational/Hand Therapy**

- **Allegany**
  - Progressive Physical Therapy & Rehabilitation Center
    - 11801 Industrial Park
    - Cumberland, MD 21502
    - (301) 729-3485

- **Frederick**
  - Physiotherapy Associates (Frederick)
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496

**Speech Therapy**

- **Frederick**
  - Physiotherapy Associates (Frederick)
    - 170 Thomas Johnson Dr Ste 104
    - Frederick, MD 21702
    - (301) 662-7496
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<th>County</th>
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<td>Burke</td>
<td>National Seating &amp; Mobility, Inc.</td>
<td>(828) 522-1036</td>
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<tr>
<td>Cabarrus</td>
<td>Advanced Home Care (DME)</td>
<td>744 Church Street N Concord, NC 28025 (704) 784-2110</td>
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<tr>
<td>Medical Modalities</td>
<td>325 McGill Ave NW Concord, NC 28027</td>
<td>(800) 849-2716</td>
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<td>Iredell</td>
<td>Medi Home Care (DME)</td>
<td>976 Davie Ave Statesville, NC 28677</td>
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<td>Jackson</td>
<td>Advanced Home Care (DME)</td>
<td>567 W Main St Sylva, NC 28779</td>
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<td>American HomePatient (Pineville)</td>
<td>600 Town Centre Blvd Ste 308 Pineville, NC 28134 (704) 529-0643</td>
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<td>Chesapeake Rehab Equipment, Inc dba NuMotion</td>
<td>4347 Statesville Rd Charlotte, NC 28269</td>
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<td>KCI USA Inc</td>
<td>6132 Brookshire Blvd Ste H Charlotte, NC 28216 (800) 275-4524</td>
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<td>Medi Home Care (DME)</td>
<td>9171 Monroe Road Ste 130 Charlotte, NC 28270 (704) 225-0003</td>
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<td>National Seating &amp; Mobility, Inc.</td>
<td>800 Central Avenue Charlotte, NC 28204 (704) 333-8431</td>
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<td>Moore</td>
<td>Advanced Home Care (DME)</td>
<td>1806 N Sandhills Blvd Aberdeen, NC 28315 (910) 295-4119</td>
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<td>Nash</td>
<td>Lineware Inc</td>
<td>1133 Jeffrey Rd Rocky Mount, NC 27804</td>
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<tr>
<td>New Hanover</td>
<td>Advanced Home Care (DME)</td>
<td>1620 Wright Street Wilmington, NC 28401</td>
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<td></td>
<td>Wilmington Medical Supply, Inc.</td>
<td>1206 North 23rd Street Wilmington, NC 28405 (800) 593-5556</td>
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<td>Pasquotank</td>
<td>Lincare, Inc.</td>
<td>1831 Weeksville Rd Ste L and M Elizabeth City, NC 27909 (252) 335-7814</td>
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<td>Medi Home Care (DME)</td>
<td>1016 W Ehriinghaus St Ste A Elizabeth City, NC 27909 (252) 338-0201</td>
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<td>Pitt</td>
<td>Advanced Home Care (DME)</td>
<td>1005 WH Smith Blvd Greenville, NC 27834 (252) 353-6800</td>
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<td>Lincare, Inc.</td>
<td>1900 Allen Road Ste C Greenville, NC 27834</td>
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<td>Randolph</td>
<td>American HomePatient (Asheboro)</td>
<td>1209 North Fayetteville St Asheboro, NC 27203 (336) 625-1010</td>
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<td>Rockingham</td>
<td>Advanced Home Care (DME)</td>
<td>8380 NC Highway 87 Reidsville, NC 27372 (336) 616-1955</td>
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<td>Layne's Family Pharmacy</td>
<td>509 S Van Buren Road Eden, NC 27288 (336) 627-0866</td>
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<td>Rowan</td>
<td>Advanced Home Care (DME)</td>
<td>1406B West Innes St Salisbury, NC 28144 (704) 638-2300</td>
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<td>Prism Medical Products, LLC</td>
<td>112 Church Street Suite 101 Elkin, NC 28621 (888) 244-6421</td>
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<tr>
<td>Surry</td>
<td>Lincare, Inc.</td>
<td>1969 Old Charlotte Hwy Suites FGHHJ Monro, NC 28110 (704) 225-9996</td>
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<tr>
<td>Union</td>
<td>Lincare, Inc.</td>
<td>1969 Old Charlotte Hwy Suites FGHHJ Monro, NC 28110 (704) 225-9996</td>
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<tr>
<td>Wake</td>
<td>Advanced Home Care (DME)</td>
<td>1231 NE Maynard Rd Cary, NC 27513 (919) 852-0052</td>
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<tr>
<td>Watauga</td>
<td>Blue Ridge Home Care (Boone, NC)</td>
<td>2348 Highway 105 S Ste 11 Boone, NC 28607 (828) 262-5656</td>
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<tr>
<td>Wilkes</td>
<td>Lincare, Inc.</td>
<td>643 Greenway Rd Boone, NC 28607 (828) 263-5999</td>
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<td>Genetic Lab</td>
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<tr>
<td>Buncombe</td>
<td>Lineagen, Inc.</td>
<td>9 Vanderhill Park Drive Asheville, NC 28803</td>
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<tr>
<td>Home Health</td>
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<tr>
<td>Alamance</td>
<td>Advanced Home Care (Home Health)</td>
<td>1225 Huffman Mill Rd Ste 104 Burlington, NC 27215 (336) 538-1194</td>
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<tr>
<td>Maxim Healthcare Services</td>
<td>126 West Front St Burlington, NC 27215 (336) 228-3266</td>
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<tr>
<td>Bertie</td>
<td>Albemarle Home Care and Hospice (IH)</td>
<td>202C US 13N Windsor, NC 27983 (252) 338-4066</td>
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<tr>
<td>Buncombe</td>
<td>Advanced Home Care (Home Health)</td>
<td>120 Sweeten Creek Road Asheville, NC 28803 (828) 285-0239</td>
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<tr>
<td>Maxim Healthcare Services</td>
<td>1209 Tunnel Rd Ste E Asheville, NC 28805 (828) 299-4388</td>
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<tr>
<td>Cabarrus</td>
<td>Advanced Home Care (Home Health)</td>
<td>744 Church Street N Concord, NC 28025 (704) 784-2110</td>
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Other Services - Tier 1

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<th>Caldwell</th>
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<td>Advanced Home Care (Home Health)</td>
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<tr>
<td>461 Harper Ave SW</td>
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<td>(828) 726-0901</td>
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<tr>
<td>150 US Highway 158 East</td>
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<tr>
<td>Camden, NC 27921</td>
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<td>(252) 338-4066</td>
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<td>3332 Bridges St Ste 1-A</td>
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<tr>
<td>Morehead City, NC 28557</td>
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<td>375 Main Ave NE</td>
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<td>518 Coke Ave #524B</td>
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<tr>
<td>Edenton, NC 27932</td>
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<tr>
<td>2915 Raeford Rd Ste 204</td>
</tr>
<tr>
<td>Fayetteville, NC 28303</td>
</tr>
<tr>
<td>(910) 485-2255</td>
</tr>
<tr>
<td>4151 Sycamore Dairy Rd Suite F</td>
</tr>
<tr>
<td>Fayetteville, NC 28303</td>
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<td>(910) 485-2255</td>
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<tr>
<td>5798 Cantoke Hwy Unit B</td>
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<td>Poplar Branch, NC 27965</td>
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<td>(252) 338-4066</td>
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<tr>
<td>Duke Home Health</td>
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<tr>
<td>4321 Medical Park Drive Suite 101</td>
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<tr>
<td>Durham, NC 27704</td>
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<td>(919) 620-3853</td>
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<td>1100 South Stratford Rd Bldg B Suite 410</td>
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<tr>
<td>Winston, NC 27103</td>
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<td>(336) 760-2131</td>
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<td>216-D North Bickett Blvd Louisburg, NC 27549</td>
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<tr>
<td>(919) 496-3612</td>
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<tr>
<td>216-D North Bickett Blvd Ste 2 Louisburg, NC 27549</td>
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<tr>
<td>2391 Court Drive Suite 105</td>
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<td>Gastonia, NC 28054</td>
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<tr>
<td>4001 Piedmont Parkway High Point, NC 27265</td>
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<tr>
<td>2520 Whitehall Park Dr Ste 950</td>
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<tr>
<td>Charlotte, NC 28273</td>
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<td>(704) 831-5000</td>
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<td>1806 N Sandhills Blvd</td>
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<td>Aberdeen, NC 28315</td>
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<tr>
<td>438 Raleigh St</td>
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<td>Wilmington, NC 28412</td>
</tr>
<tr>
<td>(910) 796-3033</td>
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<tr>
<td>Maxim Healthcare Services</td>
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<tr>
<td>2106 South 17th St</td>
</tr>
<tr>
<td>Wilmington, NC 28401</td>
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<td>(919) 251-8990</td>
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<td>208 Hastings Lane Elizabeth City, NC 27909</td>
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<tbody>
<tr>
<td>Albemarle Home Care and Hospice (HH)</td>
</tr>
<tr>
<td>220C Ocean Hwy S Hertford, NC 27944</td>
</tr>
<tr>
<td>(252) 338-4066</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Advanced Home Care (Home Health)</td>
</tr>
<tr>
<td>1005 WH Smith Blvd Greenville, NC 27834</td>
</tr>
<tr>
<td>(252) 353-6800</td>
</tr>
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<table>
<thead>
<tr>
<th>Rowan</th>
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<tbody>
<tr>
<td>Advanced Home Care (Home Health)</td>
</tr>
<tr>
<td>1406 E White Innes St Salisbury, NC 28144</td>
</tr>
<tr>
<td>(704) 638-2300</td>
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<table>
<thead>
<tr>
<th>Rockingham</th>
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<tbody>
<tr>
<td>Advanced Home Care (Home Health)</td>
</tr>
<tr>
<td>8380 NC Highway 87 Reidsville, NC 27320</td>
</tr>
<tr>
<td>(336) 616-1955</td>
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<tr>
<th>Salisbury</th>
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<tbody>
<tr>
<td>Maxim Healthcare Services</td>
</tr>
<tr>
<td>1700 West Innes St Unit 22 Salisbury, NC 28144</td>
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<thead>
<tr>
<th>Wake</th>
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<tbody>
<tr>
<td>Advanced Home Care (Home Health)</td>
</tr>
<tr>
<td>1231 NE Maynard Rd Cary, NC 27513</td>
</tr>
<tr>
<td>(919) 852-0052</td>
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<table>
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<tr>
<th>Wake</th>
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<tbody>
<tr>
<td>Maxim Healthcare Services</td>
</tr>
<tr>
<td>5510 Six Forks Rd Ste 125 Raleigh, NC 27609</td>
</tr>
<tr>
<td>(919) 676-7990</td>
</tr>
<tr>
<td>8521 Six Forks Rd Suite 360 Raleigh, NC 27615</td>
</tr>
<tr>
<td>(919) 676-3118</td>
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<table>
<thead>
<tr>
<th>PSA Healthcare</th>
</tr>
</thead>
<tbody>
<tr>
<td>125 Edinburgh South Drive Suite 106 Cary, NC 27511</td>
</tr>
<tr>
<td>(919) 481-6712</td>
</tr>
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</table>

<table>
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<tr>
<th>Yancey</th>
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<tbody>
<tr>
<td>Maxim Healthcare Services</td>
</tr>
<tr>
<td>592 East Highway 19E Bypass Burnsville, NC 28714</td>
</tr>
<tr>
<td>(828) 682-1199</td>
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<table>
<thead>
<tr>
<th>Home Health High Risk OB Care</th>
</tr>
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<tbody>
<tr>
<td>Sentara Home Care - Home Health 300 E Church Street Elizabeth City, NC 27909</td>
</tr>
<tr>
<td>(252) 331-1203</td>
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<table>
<thead>
<tr>
<th>Home Health/IV Therapy</th>
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<tbody>
<tr>
<td>Maxim Healthcare Services</td>
</tr>
<tr>
<td>1400 East Firetower Rd Ste 100 Greenville, NC 27858</td>
</tr>
<tr>
<td>(252) 215-3027</td>
</tr>
<tr>
<td>2245 Stantonsburgh Rd Ste J Greenville, NC 27834</td>
</tr>
<tr>
<td>(252) 551-6194</td>
</tr>
<tr>
<td>4051 S Memorial Drive Winterville, NC 28590</td>
</tr>
<tr>
<td>(252) 215-3027</td>
</tr>
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<table>
<thead>
<tr>
<th>IV Therapy</th>
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<tbody>
<tr>
<td>Home Choice Partners</td>
</tr>
<tr>
<td>1738 Owen Drive Suite 101 Fayetteville, NC 28304</td>
</tr>
<tr>
<td>(910) 483-2155</td>
</tr>
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<table>
<thead>
<tr>
<th>Lincare, Inc.</th>
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</thead>
<tbody>
<tr>
<td>5441 Lumley Rd Suites 102 and 103 Durham, NC 27703</td>
</tr>
<tr>
<td>(919) 957-7344</td>
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<p>| Optima Direct Network Providers 9/2019 |
| 616 |</p>
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<th>Location</th>
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<tr>
<td>Guilford</td>
<td>Acero Health Group, Inc. 422 E Guilmore Dairy Rd Ste A Greensboro, NC 27409</td>
<td>(336) 393-0555</td>
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<tr>
<td></td>
<td></td>
<td>Advanced Home Care (IV Therapy) 4001 Piedmont Parkway High Point, NC 27265</td>
</tr>
<tr>
<td>Mecklenburg</td>
<td>Lincare, Inc. Home Choice Partners 2201 Crown Point Executive Drive Suite C Charlotte, NC 28273</td>
<td>(704) 831-5000</td>
</tr>
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<tr>
<td>Nash</td>
<td>Lincare, Inc. 1133 Jeffrey Rd Rocky Mount, NC 27804</td>
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<tr>
<td>Pasquotank</td>
<td>Lincare, Inc. 1831 Weeksville Rd Ste L and M Elizabeth City, NC 27909</td>
<td>(252) 335-7814</td>
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<td></td>
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<td>Sentara Home Care - Home Health 300 E Church Street Elizabeth City, NC 27909</td>
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<tr>
<td>Pitt</td>
<td>Lincare, Inc. 1990 Allen Road Ste C Greenville, NC 27834</td>
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<tr>
<td>Union</td>
<td>Lincare, Inc. 1960 Old Charlotte Hwy Suites FGUJK Monroe, NC 28110</td>
<td>(704) 523-1096</td>
</tr>
<tr>
<td>Watauga</td>
<td>Lincare, Inc. 643 Greenway Rd Boone, NC 28607</td>
<td>(988) 263-5996</td>
</tr>
<tr>
<td>MRI Facility</td>
<td>Sentara Albermarle Medical Center 1144 N Road Street Elizabeth City, NC 27909</td>
<td>(252) 335-0351</td>
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<td>Pasquotank</td>
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<tr>
<td>Pasquotank</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 405 W 15th St Washington, NC 28889</td>
<td>(252) 940-1203</td>
</tr>
<tr>
<td>Forsyth</td>
<td>Hanger Prosthetics &amp; Orthotics East, Inc.(Hanger Clinic) 1399 Westgate Center Drive Winston Salem, NC 27103</td>
<td>(336) 768-1933</td>
</tr>
<tr>
<td></td>
<td>LEVEL FOUR ORTHOTICS &amp; PROSTHETICS, INC. 1677 Westbrook Plaza Dr Suite 190 Winston-Salem, NC 27103</td>
<td>(336) 765-2425</td>
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<tr>
<td>Orthotics and Prosthetics</td>
<td>Beaufort</td>
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<tr>
<td></td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 405 W 15th St Washington, NC 28889</td>
<td>(252) 940-1203</td>
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<tr>
<td>New Hanover</td>
<td>Lincare, Inc. Home Choice Partners 2201 Crown Point Executive Drive Suite C Charlotte, NC 28273</td>
<td>(704) 831-5000</td>
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<tr>
<td>Onslow</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 1715 Country Club Rd Ste B Jackson, NC 28546</td>
<td>(910) 378-2710</td>
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<td>Pasquotank</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 106 Medical Dr Elizabeth City, NC 27909</td>
<td>(252) 338-3002</td>
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<tr>
<td>Pitt</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 1970 W Atlantic Blvd Greenville, NC 27834</td>
<td>(252) 378-9770</td>
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<td>Wake</td>
<td>LEVEL FOUR ORTHOTICS &amp; PROSTHETICS, INC. 11001 Durant Rd Ste 114 Raleigh, NC 27614</td>
<td>(919) 334-6828</td>
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<tr>
<td>Physical/Occupational/Hand Therapy</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 103 NC Hwy 42 W Ahoskie, NC 27910</td>
<td>(252) 332-4334</td>
</tr>
<tr>
<td>Hertford</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc 103 NC Hwy 42 W Ahoskie, NC 27910</td>
<td>(252) 332-4334</td>
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<tr>
<td>Currituck</td>
<td>Coastal Rehabilitation, Inc. 532 C Casatoke Highway Moyock, NC 27958</td>
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<tr>
<td>Dare</td>
<td>Coastal Rehabilitation, Inc. 503 Cypress Lane Suite A Manteo, NC 27954</td>
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<td></td>
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<td>Outer Banks Physical Therapy 6365 N Croatan Hwy Suite C Kitty Hawk, NC 27949</td>
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<tr>
<td>Washington</td>
<td>Duke Regional Hospital 3643 Roxboro Rd Durham, NC 27704</td>
<td>(919) 470-4000</td>
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<tr>
<td></td>
<td></td>
<td>Duke University Hospital 2301 Erwin Rd Durham, NC 27710</td>
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<tr>
<td></td>
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<td>Coastal Rehabilitation, Inc. 115 Loftin Lane Ahoskie, NC 27910</td>
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<tr>
<td>Person</td>
<td>Person Memorial Hospital 615 Ridge Rd Roxboro, NC 27573</td>
<td>(336) 505-5969</td>
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<tr>
<td>Wake</td>
<td>Duke Raleigh Hospital 3400 Wake Forest Rd Raleigh, NC 27609</td>
<td>(919) 954-3000</td>
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</table>
Other Services - Tier 1

**Burlington**
SunMed Medical Systems, LLC
36 West Route 70 Suite 214
Marlton, NJ 08053
(800) 714-7434

**Reference Lab**

**Bergen**

**BIO REFERENCE LABORATORIES, INC.**
481 Edward H Ross Drive
Elmwood, NJ 07407
(201) 791-2600
92 Second St
Hackensack, NJ 07601

**Cardiac Monitoring Services**

**Nassau**

**Philips Remote Cardiac Services**
1979 Marcus Ave Ste C101
Lake Success, NY 11020
(800) 367-0300

**New York**

**Esoterix Genetic Laboratories, LLC**
521 W 57th St Floor 6
New York, NY 10019
(212) 698-0300

**Lineagen, Inc.**
630 West 168th Street
New York, NY 10032

**Reference Lab**

**Nassau**

**BIO REFERENCE LABORATORIES, INC.**
174 Mineola Blvd
Mineola, NY 11501

**Orthotics and Prosthetics**

**BURLINGTON**

**Nassau**

**BIO REFERENCE LABORATORIES, INC.**
36 West Route 70 Suite 214
Marlton, NJ 08053
(800) 714-7434
Other Services - Tier 1

PA

Cardiology Diagnostic Services

Philadelphia

LifeWatch Services Inc
1900 Market St Ste 627
Philadelphia, PA 19103
(215) 246-3469

DME

Allentown

KCI USA Inc
357 Northgate Drive Ste 4
Warrendale, PA 15086
(800) 275-4524

ZOLL Services LLC
121 Gamma Drive
Pittsburgh, PA 15238
(412) 968-3333

Delaware

Medical Solutions Supplier
9 LaCruie Ave Suite #105
Glen Mills, PA 19342

Montgomery

Carepoint Medical Solutions, LLC
2500 Dekalb Pike Suite 303
Norristown, PA 19401
(888) 493-4771

IV Therapy

Allentown

Accredo Health Group, Inc.
3000 Ericsson Dr Ste 100
Warrendale, PA 15086

Montgomery

Otto Bock Orthopedic Services
1012 N Bethlehem Pike Ste G
Spring House, PA 19477
(800) 736-8276

Reference Lab

Delaware

Consolidated DermPath, Inc.
3805 W Chester Pike Bldg D Suite 120
NEWTOWN SQUARE, PA 19073
(800) 257-0117

RI

Reference Lab

Washington

Dominion Diagnostics, LLC
211 Circuit Dr
North Kingstown, RI 02852
(877) 734-9600

DME

Greenville

GROVE MEDICAL, INC
1089 Park West Blvd
Greenville, SC 29611
(864) 269-0283

Advanced Home Care (DME)
2067 Celanese Rd
ROCK HILL, SC 29732
(803) 285-2026

Hyperbaric Medicine (Ancillary)

Richland

Hyperbaric Physician Services
5 Richland Medical Park
Columbia, SC 29203
(803) 434-7101

IV Therapy

Spartanburg

Home Choice Partners
160 Congress Blvd Suite D
Duncan, SC 29334
(864) 583-8190

Physical/Occupational/Hand Therapy

Beaufort

SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

Speech Therapy

Beaufort

SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

TN

Cardiac Monitoring Services

Shelby

TeleRhythmics
60 Market Center Drive Suite 101
Collierville, TN 38017
(901) 316-0208

DME

Williamson

McFarland Medical
170 Oak Ridge Turnpike
Oak Ridge, TN 37830
(865) 298-1999

Oxygen and Sleep Associates, Inc.
708 South Illinois Ave Suite E 101
Oak Ridge, TN 37830
(865) 220-8831

Carter

Smokey Mountain Medical Equipment LLC
2214 W Elk Ave
Elizabethton, TN 37643
(423) 247-0060

Davidson

DME Tennessee LLC
636 Division St
Nashville, TN 37203
(877) 640-9795

Dickson

DME Tennessee LLC
458 Highway 46 S
Dickson, TN 37055
(877) 640-9795

Gibson

Wound Care Resources, Inc
4 Newbern Hwy Suite A
Yorkville, TN 38389
(888) 287-9797

Greene

McFarland Medical
1413 Tusculum Blvd
Greeneville, TN 37745
(423) 638-1919

Suffolk

PerkinElmer Laboratories Inc
80 Balun Rd Suite 1
Melville, NY 11747

OH

DME

Summit

Edgepark Medical Supplies
1810 Summit Commerce Park
Twinburg, OH 44087
(800) 321-0591

Orthotics and Prosthetics

Lucas

Otto Bock Orthopedic Services
7131 Spring Meadows West Dr
Suite E1
Holland, OH 43528
(800) 736-8276

Reference Lab

Cuyahoga

AmeriPath Consolidated Labs, Inc
7730 First Place Suite A
Oakwood Village, OH 44146
(440) 703-2100

Consolidated DermPath, Inc.
7730 First Place Suite A
Oakwood Village, OH 44146
(800) 331-7546

Franklin

BIO REFERENCE LABORATORIES, INC.
810 Jaconway Ave
Columbus, OH 43214

Hamilton

Consolidated DermPath, Inc.
9844 Redhill Drive
Cincinnati, OH 45242
(800) 741-4351

Warren

AssureRx, Health, Inc.
6030 S Mason Montgomery Rd
Mason, OH 45040
(513) 701-5105

OK

DME

Oklahoma

180 Medical, Inc.
8516 Northwest Expressway
Oklahoma City, OK 73162
(877) 688-2729

RI

Cardiology Diagnostic Services

Philadelphia

LifeWatch Services Inc
1900 Market St Ste 627
Philadelphia, PA 19103
(215) 246-3469

DME

Allentown

KCI USA Inc
357 Northgate Drive Ste 4
Warrendale, PA 15086
(800) 275-4524

ZOLL Services LLC
121 Gamma Drive
Pittsburgh, PA 15238
(412) 968-3333

Delaware

Medical Solutions Supplier
9 LaCruie Ave Suite #105
Glen Mills, PA 19342

Montgomery

Carepoint Medical Solutions, LLC
2500 Dekalb Pike Suite 303
Norristown, PA 19401
(888) 493-4771

IV Therapy

Allentown

Accredo Health Group, Inc.
3000 Ericsson Dr Ste 100
Warrendale, PA 15086

Montgomery

Otto Bock Orthopedic Services
1012 N Bethlehem Pike Ste G
Spring House, PA 19477
(800) 736-8276

Reference Lab

Delaware

Consolidated DermPath, Inc.
3805 W Chester Pike Bldg D Suite 120
NEWTOWN SQUARE, PA 19073
(800) 257-0117

SC

DME

Greenville

GROVE MEDICAL, INC
1089 Park West Blvd
Greenville, SC 29611
(864) 269-0283

Advanced Home Care (DME)
2067 Celanese Rd
ROCK HILL, SC 29732
(803) 285-2026

Hyperbaric Medicine (Ancillary)

Spartanburg

Home Choice Partners
160 Congress Blvd Suite D
Duncan, SC 29334
(864) 583-8190

Physical/Occupational/Hand Therapy

Beaufort

SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

Speech Therapy

Beaufort

SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

TN

Cardiac Monitoring Services

Shelby

TeleRhythmics
60 Market Center Drive Suite 101
Collierville, TN 38017
(901) 316-0208

DME

Williamson

McFarland Medical
170 Oak Ridge Turnpike
Oak Ridge, TN 37830
(865) 298-1999

Oxygen and Sleep Associates, Inc.
708 South Illinois Ave Suite E 101
Oak Ridge, TN 37830
(865) 220-8831

Carter

Smokey Mountain Medical Equipment LLC
2214 W Elk Ave
Elizabethton, TN 37643
(423) 247-0060

Davidson

DME Tennessee LLC
636 Division St
Nashville, TN 37203
(877) 640-9795

Dickson

DME Tennessee LLC
458 Highway 46 S
Dickson, TN 37055
(877) 640-9795

Gibson

Wound Care Resources, Inc
4 Newbern Hwy Suite A
Yorkville, TN 38389
(888) 287-9797

Greene

McFarland Medical
1413 Tusculum Blvd
Greeneville, TN 37745
(423) 638-1919

Optima Direct Network Providers 9/2019

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Other Services - Tier 1

**Hamblen**

Southern Orthocare
2102 E Andrew Johnson Hwy
Morristown, TN 37814
(423) 307-1890

McFARLAND MEDICAL
10640 Murdock Rd
Knoxville, TN 37932
(865) 243-2500

Oxygen and Sleep Associates, Inc.
205 Perimeter Park Rd Suite D
Knoxville, TN 37922
(865) 671-6119

**Knox**

Physio Care Inc
626 Highway 76
White House, TN 37188
(800) 610-7913

Inogen, Inc.
1450 Sam Davis Rd Suite 140
Smyrna, TN 37167
(877) 466-4364

**Robertson**

Resp-I-Care, Inc.
105 Jack White Drive
Kingsport, TN 37664
(423) 392-3232

Moooney's Home Medical Equipment
1115 N Roan St
Johnson City, TN 37601
(423) 926-3337

Resp-I-Care, Inc.
301 Med Tech Parkway Suite 105
Johnson City, TN 37604
(423) 794-5641

TriCounty Medical & Ostomy Supplies, Inc.
1904 Knox Creek Rd Suite 1
Johnson City, TN 37604
(423) 282-6933

**Sevier**

Resp-I-Care, Inc.
319 Blue Peacock Way
Seymour, TN 37865
(800) 537-6673

**Shelby**

Bioventus LLC
1900 Charles Bryan Rd Ste 275
Cordova, TN 38016
(800) 836-4080

**Sullivan**

Achieve Bracing Inc.
1732 North Eastman Road Suite 1A
Kingsport, TN 37664
(423) 765-1611

Advanced Home Care (DME)
105 Jack White Drive
Kingsport, TN 37664
(423) 230-8485

1670 West Andrew Johnson Highway
Greeneville, TN 37745
(423) 783-6500

American HomePatient (Kingsport)
4105 Ft Henry Dr Ste 205
Kingsport, TN 37663
(423) 247-4032

Jones Adaptive Mobility
3441 Highway 126
Blountville, TN 37617
(423) 844-0939

Resp-I-Care, Inc.
3254 W Suite St
Bristol, TN 37620
(423) 968-3174

648 Eastern Star Road
Kingsport, TN 37663
(423) 349-9000

Respiratory Home Care
105 West Stone Dr Ste 1C
Kingsport, TN 37660
663 Highway 126 Suits 1 2 3
Bristol, TN 37620
(423) 245-0202

Cole's Medical Services
313 E Springbrook Dr
Johnson City, TN 37601
(423) 926-3337

Moooney's Home Medical Equipment
1115 N Roan St
Johnson City, TN 37601
(423) 926-3337

Resp-I-Care, Inc.
301 Med Tech Parkway Suite 105
Johnson City, TN 37684
(423) 794-5641

TriCounty Medical & Ostomy Supplies, Inc.
1904 Knox Creek Rd Suite 1
Johnson City, TN 37604
(423) 282-6933

**Home Health**

Medical Center Homecare
509 MedTech Pkwy Suite 200
Johnson City, TN 37604
(423) 392-3510

Mountain States Pharmacy
523 N State of Franklin Rd
Johnson City, TN 37604

**IV Therapy**

Accredo Health Group, Inc.
1620 Century Center Pkwy
Memphis, TN 38134
(800) 255-8498

1620 Century Ctr Parkway Ste 109
Memphis, TN 38134

1640 Century Center Pkwy Suite 101
Memphis, TN 38134
(901) 385-3600

Nova Factor, Inc. (Accredo Health Group, Inc.)
1620 Century Ctr Pkwy
Memphis, TN 38134
(901) 385-3600

**Surgical**

Advanced Home Care (IV Therapy)
105 Jack White Drive
Kingsport, TN 37664
(423) 378-7330

**Physical/Occupational/Hand Therapy**

Results Physiotherapy
1632 West Broadway Avenue
Maryville, TN 37801
(865) 984-1996

**Champion Physical Therapy**
420 Railroad Street
Elizabethton, TN 37643
(423) 297-1813

**MRI Facility**

Mobile Images Acquisitions, Inc.
201 Center Park Drive Ste 1150
Kingsport, TN 37664
(865) 693-1655

**Orthotics and Prosthetics**

Bristol Orthotics and Prosthetics
553 Highway 126
Bristol, TN 37620
(423) 968-4442

Excel Prosthetics & Orthotics, Inc.
121 E Ragine Road Suite 400
Kingsport, TN 37660
(423) 732-7071

**Spinal**

Johnson County Health Care
1987 S shady Street
Mountain City, TN 37683
(423) 727-3250

**Surgical**

Advanced Home Care (Home Health)
105 Jack White Drive
Kingsport, TN 37664
(423) 230-8485

**Washington**

Johnston County Health Care
9222 Lee Hwy Suite C
Ooltewah, TN 37363
(423) 238-9444

Resus Physiotherapy
1511 Gunbarrel Road Suite 115
Chattanooga, TN 37421
(423) 894-4188

2600 Taft Highway Ste 400
Signal Mountain, TN 37377
(423) 870-1289

313 Manufacturers Road Ste 215
Chattanooga, TN 37405
(423) 634-1992

**Physical/Occupational/Hand Therapy**

Blount

Carter

Gordon

Greene

Pain Medicine Associates PC
438 E Vann Rd
Greeneville, TN 37743
(423) 279-1849

Hamblen

Healthstar Physicians, P.C.
420 W Morris Blvd Ste 170
Morristown, TN 37813
(865) 585-8488

Hamilton

Johnston County Community Hospital
9222 Lee Hwy Suite C
Ooltewah, TN 37363
(423) 238-9444

Results Physiotherapy
1632 West Broadway Avenue
Maryville, TN 37801
(865) 984-1996

Champion Physical Therapy
420 Railroad Street
Elizabethton, TN 37643
(423) 297-1813

Sycamore Shoals Hospital
1501 W Elk Ave
Elizabethton, TN 37643
(423) 542-1500
## Other Services - Tier 1

<table>
<thead>
<tr>
<th>Knox</th>
<th>Washington</th>
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<td><strong>BenchMark Physical Therapy</strong>&lt;br&gt;631 N Campbell Station Rd Suite 1600&lt;br&gt;Farragut, TN 37934&lt;br&gt;(865) 777-0367</td>
<td><strong>Achieve Health and Wellness</strong>&lt;br&gt;406 Roy Martin Rd Ste 9&lt;br&gt;Gray, TN 37615&lt;br&gt;(423) 477-1101</td>
<td><strong>Erwin Physical Therapy</strong>&lt;br&gt;2203 McKinely Road Ste 211&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 854-0001</td>
<td><strong>American Esoteric Laboratories</strong>&lt;br&gt;7501 Strawberry Plains Pike&lt;br&gt;Knoxville, TN 37924&lt;br&gt;(423) 586-3240</td>
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<td><strong>Results Physiotherapy</strong>&lt;br&gt;11201 West Point Drive Ste 104&lt;br&gt;Farragut, TN 37934&lt;br&gt;(865) 777-1080</td>
<td><strong>CHAMPION PHYSICAL THERAPY, LLC</strong>&lt;br&gt;4307 North Roan St Suite 7&lt;br&gt;Johnson City, TN 37615&lt;br&gt;(423) 491-5222</td>
<td><strong>Mini Miracles Pediatric Therapy, PLLC</strong>&lt;br&gt;2114 E Fairview Avenue&lt;br&gt;Johnson City, TN 37601&lt;br&gt;(423) 928-6464</td>
<td><strong>Putnam</strong>&lt;br&gt;Solstas Lab Partners Group, LLC&lt;br&gt;315 N Washington Ave Ste 180&lt;br&gt;Cookeville, TN 38501&lt;br&gt;(931) 526-3763</td>
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<td><strong>Putnam</strong>&lt;br&gt;BenchMark Physical Therapy&lt;br&gt;586 S Jefferson Ave Suite 1&lt;br&gt;Cookeville, TN 38501&lt;br&gt;(931) 372-1315</td>
<td><strong>ETSU Physicians and Associates (Physical Therapy)</strong>&lt;br&gt;ETSU MSHA Athletic Center John Robert Bell Drive&lt;br&gt;Johnson City, TN 37614&lt;br&gt;(423) 439-4044</td>
<td><strong>Physical Therapy Services, PA</strong>&lt;br&gt;104 E Main Street&lt;br&gt;Johnson City, TN 37601&lt;br&gt;(423) 722-2062</td>
<td><strong>Shelby</strong>&lt;br&gt;American Esoteric Laboratories&lt;br&gt;1701 Century Center Cove&lt;br&gt;Memphis, TN 38134&lt;br&gt;(901) 844-8638</td>
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<td><strong>Franklin Woods Community Hospital</strong>&lt;br&gt;300 Medtech Parkway&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 302-1000</td>
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<td><strong>Sullivan</strong>&lt;br&gt;Indian Path Community Hospital&lt;br&gt;2000 Brookside Dr&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 857-7540</td>
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<td><strong>Johnson City Medical Center</strong>&lt;br&gt;400 N State of Franklin Rd&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 431-6111</td>
<td><strong>Reference Lab</strong>&lt;br&gt;Carter</td>
<td>Solstas Lab Partners Group, LLC&lt;br&gt;1 Medical Park Blvd Ste 850&lt;br&gt;Bristol, TN 37620&lt;br&gt;(423) 844-4561</td>
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<td><strong>Shelby</strong>&lt;br&gt;Results Physiotherapy&lt;br&gt;5220 Park Avenue Ste 201&lt;br&gt;Memphis, TN 38119&lt;br&gt;(901) 683-9630</td>
<td><strong>Light Connection Inc</strong>&lt;br&gt;112 E Myrtle Avenue Ste 312&lt;br&gt;Johnson City, TN 37601&lt;br&gt;(423) 232-7149</td>
<td><strong>Mobile Images Acquisitions, Inc.</strong>&lt;br&gt;201 Center Park Drive Ste 1150&lt;br&gt;Knoxville, TN 37922&lt;br&gt;(865) 693-1655</td>
<td>105 W Stone Dr Ste 1 H&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 578-1575</td>
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<td><strong>Mini Miracles Pediatric Therapy, PLLC</strong>&lt;br&gt;2114 E Fairview Avenue&lt;br&gt;Johnson City, TN 37601&lt;br&gt;(423) 928-6464</td>
<td><strong>Sycamore Shoals Hospital</strong>&lt;br&gt;1501 W Elk Ave&lt;br&gt;Elizabethton, TN 37643&lt;br&gt;(423) 542-1500</td>
<td>135 W Ravine Rd Ste 1G&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 378-5790</td>
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<td><strong>HealthSouth of East Tennessee, LLC</strong>&lt;br&gt;113 Cassell Dr&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 246-7240</td>
<td><strong>Pain Medicine Associates PC</strong>&lt;br&gt;101 Med Tech Pky Ste 200&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 232-6120</td>
<td><strong>Aegis Sciences Corporation</strong>&lt;br&gt;365 Great Circle Rd&lt;br&gt;Nashville, TN 37228&lt;br&gt;(615) 417-0679</td>
<td><strong>Washington</strong>&lt;br&gt;American Toxicology Labs LLC&lt;br&gt;414 East Watauga Ave&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 631-0276</td>
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<td><strong>Indian Path Community Hospital</strong>&lt;br&gt;2000 Brookside Dr&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 857-7540</td>
<td><strong>Results Physiotherapy</strong>&lt;br&gt;2312 Knox Creek Rd Suite 200&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 430-9004</td>
<td><strong>Davidson</strong>&lt;br&gt;Aegis Sciences Corporation&lt;br&gt;365 Great Circle Rd&lt;br&gt;Nashville, TN 37228&lt;br&gt;(615) 417-0679</td>
<td><strong>CLINICAL MICROBIOLOGY LAB</strong>&lt;br&gt;325 N State of Franklin Rd&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 302-1000</td>
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<td><strong>Pain Medicine Associates PC</strong>&lt;br&gt;2202 N John B Dennis Hwy Ste 200&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 392-6690&lt;br&gt;240 Medical Park Blvd&lt;br&gt;Bristol, TN 37620&lt;br&gt;(423) 968-9313</td>
<td><strong>BenchMark Physical Therapy</strong>&lt;br&gt;1595 Mallory Lane Suite 210&lt;br&gt;Brentwood, TN 37027&lt;br&gt;(615) 900-4838</td>
<td><strong>Hamblen</strong>&lt;br&gt;American Esoteric Laboratories&lt;br&gt;850 N Third North St&lt;br&gt;Morrisstown, TN 37814&lt;br&gt;(423) 586-3240</td>
<td><strong>Washington</strong>&lt;br&gt;Franklin Woods Community Hospital&lt;br&gt;300 Medtech Parkway&lt;br&gt;Johnson City, TN 37604&lt;br&gt;(423) 302-1000</td>
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<td><strong>Results Physiotherapy</strong>&lt;br&gt;444 Clinchfield Ste 102&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 343-5750</td>
<td><strong>PT/OT (Early Intervention)</strong>&lt;br&gt;Carter</td>
<td><strong>Hawkins</strong>&lt;br&gt;Solstas Lab Partners Group, LLC&lt;br&gt;851 Locust St&lt;br&gt;Rogersville, TN 37857&lt;br&gt;(423) 921-7289</td>
<td><strong>Johnson</strong>&lt;br&gt;Franklin Woods Community Hospital&lt;br&gt;1901 S Shady St&lt;br&gt;Mountain City, TN 37683&lt;br&gt;(423) 727-1100</td>
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<td><strong>Johnson Community Hospital</strong>&lt;br&gt;McKinley Road&lt;br&gt;Kingsport, TN 37660&lt;br&gt;(423) 856-0001</td>
<td><strong>PathGroup Labs, LLC</strong>&lt;br&gt;5301 Virginia Avenue Ste 300&lt;br&gt;Brentwood, TN 37027&lt;br&gt;(615) 221-4515</td>
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**Includes:**

- PT/OT (Early Intervention)
- Radiology (Ancillary)
- Reference Lab
### Other Services - Tier 1

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<td>Mini Miracles Pediatric Therapy, PLLC</td>
<td>Therapath LLC</td>
<td>1205 Stoney Ridge Rd, Charlottesville, VA 22902</td>
<td>5792 Arrowhead Dr Ste 200, Virginia Beach, VA 23462</td>
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<tr>
<td>2114 E Fairview Avenue, Johnson City, TN 37601</td>
<td>545 W 45th St, Irving, TX 75039</td>
<td>(434) 295-5643</td>
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<td>(423) 928-6464</td>
<td>(800) 681-4338</td>
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<td>BIO REFERENCE LABORATORIES, INC., 8282 El Río St, Houston, TX 77054</td>
<td>Regional One EMS</td>
<td>190 Prosperity Road Ste 4, Winchester, VA 22601</td>
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<td>Mini Miracles Pediatric Therapy, PLLC</td>
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<td>Ecardio Diagnostics</td>
<td>2677 E Parleys Way, Salt Lake City, UT 84109</td>
<td>(276) 926-8896</td>
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<tr>
<td>1717 N Sain Houston Pkwy West Ste 100</td>
<td>(801) 931-6200</td>
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<td>Houston, TX 77054</td>
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<td>2400 Hermitage Rd, Richmond, VA 23220</td>
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<td>78 Medical Center Dr, Fishersville, VA 22939</td>
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<td>154 Burnett's Way, Suffolk, VA 23434</td>
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## Other Services - Tier 1

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<th>272 Westlake Rd Suite 2</th>
<th>Hardy, VA 24101</th>
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<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>2925 Polo Parkway</td>
<td>Midlothian, VA 23113</td>
<td>(804) 323-9060</td>
<td>Commonwealth Hearing Centers</td>
<td>4403 West Hundred Rd</td>
<td>Chester, VA 23112</td>
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<td>New River Valley Hearing</td>
<td>201 E Main Street Suite 9</td>
<td>Floyd, VA 24091</td>
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<td>Audiology Hearing Aid Associates</td>
<td>743 Main St</td>
<td>Danville, VA 24541</td>
<td>(434) 799-6288</td>
<td>Danny W. Gnewikow, Ph.D., LLC.</td>
<td>161 Wadsworth Drive</td>
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<td>Southern Virginia Regional Medical Center</td>
<td>727 North Main St</td>
<td>Emporia, VA 23847</td>
<td>(434) 348-4400</td>
<td>The Audiology Offices, LLC</td>
<td>1251 Tappahannock Blvd</td>
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<td>1251 Tappahannock Blvd</td>
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<td>1171 Central Park Blvd</td>
<td>Fredericksburg, VA 22401</td>
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<td>6105 George Washington Memorial Highway</td>
<td>Gloucester, VA 23061</td>
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<td>Virginia Ear, Nose &amp; Throat Associates, PC</td>
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<td>2216 Executive Drive Suite C</td>
<td>Hampton, VA 23666</td>
<td>(577) 896-3989</td>
<td>Peninsula ENT Audiology (Div of HR Otolaryngology, PLLC)</td>
<td>2206 Executive Drive Suite F</td>
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<td>Hanover</td>
<td>Virginia Ear, Nose &amp; Throat Associates, PC</td>
<td>7485 Right Flank Road Suite 210</td>
<td>Mechanicsville, VA 23116</td>
<td>(804) 484-3700</td>
<td>Harrisonburg City</td>
<td>Audiology Associates of Harrisonburg</td>
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<td>Henrico</td>
<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>10124K West Broad St</td>
<td>Glen Allen, VA 23060</td>
<td>(804) 273-6656</td>
<td>Commonwealth Hearing Centers</td>
<td>2229 John Rolfe Pkwy</td>
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<td>Isles of Wight</td>
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<td>206 B Gumwood Drive</td>
<td>Smithfield, VA 23430</td>
<td>(757) 365-9933</td>
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<td>Beltone Hearing Aid Centers, Inc.</td>
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<td>James City</td>
<td>Colonial Center for Hearing</td>
<td>430 McLaws Circle Ste 101</td>
<td>Williamsburg, VA 23185</td>
<td>(757) 229-4004</td>
<td>Vertigo Dizzy Clinic</td>
<td>430 McLaws Circle Suite 101</td>
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<td>Lancaster</td>
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<td>2104 Langhorne Rd</td>
<td>Lynchburg, VA 24501</td>
<td>(434) 528-4245</td>
<td>Peninsula ENT Audiology (Div of HR Otolaryngology, PLLC)</td>
<td>2206 Executive Drive Suite F</td>
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<td>Mathews</td>
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<td>45 N Main St</td>
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<td>(804) 435-0758</td>
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<td>1511 Enterprise Dr Suite A</td>
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<td>The Hearing Clinic, Inc.</td>
<td>315 West Third Street</td>
<td>Farmville, VA 23901</td>
<td>(434) 395-2972</td>
<td>The Hearing Clinic, Inc.</td>
<td>830 Davis Street Suite 2</td>
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<td>Newport News City</td>
<td>Beach Hearing Aid Centers</td>
<td>755 Thimble Shoals Blvd Suite A</td>
<td>Newport News, VA 23606</td>
<td>(757) 395-2005</td>
<td>Norton City</td>
<td>Mountain Empire Hearing and Balance, Inc.</td>
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<td>Roanoke Valley Speech &amp; Hearing Center</td>
<td>2030 Colonial Ave SW</td>
<td>Roanoke, VA 24015</td>
<td>(540) 343-0165</td>
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<td>7649 Granby Street</td>
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<td>(757) 497-3900</td>
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<td>Portsmouth City</td>
<td>Quality Hearing Aid Center</td>
<td>810 Loudoun Ave</td>
<td>Portsmouth, VA 23707</td>
<td>(757) 393-6195</td>
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<td>Prince Edward</td>
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<td>315 West Third Street</td>
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<td>(434) 395-2972</td>
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<td>321 B Poplar Drive Suite 4</td>
<td>Petersburg, VA 23805</td>
<td>(804) 733-7233</td>
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<td>Smithfield</td>
<td>206 B Gumwood Drive</td>
<td>Smithfield, VA 23430</td>
<td>(757) 365-9933</td>
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<td>Newport News</td>
<td>2924 Brook Rd</td>
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<td>(757) 220-8975</td>
<td>(757) 229-4004</td>
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<td>Virginia Ear, Nose &amp; Throat, Ltd.</td>
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<td>Russell</td>
<td>Bristol Regional Speech &amp; Hearing Center</td>
<td>(276) 899-3389</td>
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<td>The Audiology Offices, LLC</td>
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**Optima Direct Network Providers 9/2019**
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<td>Lynchburg City</td>
<td>1701 Thompson Drive, Lynchburg, VA 24501</td>
<td>(434) 200-6103</td>
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<tr>
<td></td>
<td>GME Medical Supply, Inc. 2300 Bedford Ave, Lynchburg, VA 24503</td>
<td>(434) 528-3765</td>
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<td>Image Recovery Center (Centra Health Inc)</td>
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<td></td>
<td>1701 Thompson Drive, Lynchburg, VA 24501</td>
<td>(434) 200-6103</td>
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<tr>
<td></td>
<td>Lincare of Lynchburg, 1200 Fenwick Dr, Lynchburg, VA 24502</td>
<td>(800) 917-9720</td>
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<td>2023 Langhorne Rd, Lynchburg, VA 24501</td>
<td>(888) 584-3742</td>
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<td>Roberts Home Medical, 2010 Tate Springs Rd, Lynchburg, VA 24501</td>
<td>(434) 846-5361</td>
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<td>Tender Hearts, 808 Wigginton Rd Ste E, Lynchburg, VA 24502</td>
<td>(434) 385-4001</td>
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<td>Manassas City</td>
<td>Prince William County HD-Manassas, 9301 Lee Avenue, Manassas, VA 20110</td>
<td>(703) 792-6301</td>
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<td>Medi Home Care (DME), 1109 Brookdale St Suite A, Martinsville, VA 24112</td>
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<td>Atlantic Medical Inc.(part of Home Care Alliance of VA), 316 Virginia Ave, Clarkeville, VA 2327</td>
<td>(434) 374-0427</td>
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<td>Atlantic Medical, Inc.(Chase City), 404 N Main St, Chase City, VA 23924</td>
<td>(434) 372-5760</td>
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<td>Atlantic Medical, Inc.(South Hill), 134 N Mecklenburg Ave, South Hill, VA 23970</td>
<td>(434) 474-4697</td>
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<td>Lincare, Inc., 130 Walker Street, Lexington, VA 24450</td>
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<td>2890 N Franklin Street, Cambria, VA 24073</td>
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<td>Rotech Oxygen &amp; Med Equipment, 1506 N Franklin St, Christiansburg, VA 24073</td>
<td>(540) 382-0049</td>
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<td>Newport News City</td>
<td>Lincare, Inc., 709 City Center Blvd Suite A107, Newport News, VA 23606</td>
<td>(757) 750-3823</td>
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<td>Apria Healthcare, Inc., 2730 Ayliff Road, Norfolk, VA 23513</td>
<td>(804) 207-1551</td>
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<td>Neurosurgical Specialists, Inc., 6261 E Va Beach Blvd Suite 200, Norfolk, VA 23502</td>
<td>(757) 625-4455</td>
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<td>Tycon Medical Systems, Inc., 801 Orapax Street, Norfolk, VA 23507</td>
<td>(757) 640-1709</td>
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<td>Advantage Medical (part of Home Care Alliance of VA), 9529 Hospital Ave, Nassawadox, VA 23413</td>
<td>(757) 442-5267</td>
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<td>Community Home Care Inc, 1460 Park Ave Suite 6, Norton, VA 24273</td>
<td>(276) 439-1460</td>
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<td>613 Park Ave SW, Norton, VA 24273</td>
<td>(740) 679-8350</td>
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<td>Clay Home Medical, 3333 S Crater Rd Ste 5, Petersburg, VA 23805</td>
<td>(804) 861-1606</td>
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<td>Freedom Respiratory, Inc.(Danville), 1155 Piney Forest Road Ste A, Danville, VA 24530</td>
<td>(434) 836-6996</td>
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<td>Greta Drug Co Inc, 108 Vaden Dr, Greta, VA 24557</td>
<td>(434) 656-1251</td>
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<td>Prince Edward, 1710 W 3rd St, Farmville, VA 23901</td>
<td>(434) 392-4549</td>
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<td>West Home Health Care, Inc (part of Home Care Alliance of VA), 1506 S Main St, Farmville, VA 23901</td>
<td>(434) 392-7337</td>
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<td>Advanced Home Care (DME), 7669 Limestone Dr Ste 120, Gainesville, VA 20155</td>
<td>(703) 656-2063</td>
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<td>Allen Providing Health Care Services, Inc., 33-37 E Main Street, Pulaski, VA 24301</td>
<td>(540) 980-6022</td>
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<td>Ellis Home Oxygen (part of Home Care Alliance of VA), 2460 Lee Hwy, Pulaski, VA 24301</td>
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<td>Lincare, Inc., 4109 Pepperal Way, Dublin, VA 24084</td>
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<td>Dream Care of Virginia, LLC(Richmond), 901 Hioaks Rd Ste B, Richmond, VA 23225</td>
<td>(804) 286-1842</td>
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<td>The Pediatric Connection, 1300 Semmes Avenue, Richmond, VA 23224</td>
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<td>Apria Healthcare, Inc., 5151 B Starkey Rd Ste B, Roanoke, VA 24018</td>
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<td>National Seating &amp; Mobility, Inc, 5306 Peters Creek Rd Suite D, Roanoke, VA 24019</td>
<td>(540) 682-2430</td>
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<td>Second to Nature, 5450 Peters Creek Road Suite 111, Roanoke, VA 24019</td>
<td>(540) 366-2711</td>
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<td>Lynclaire, Inc., 130 Walker Street, Lexington, VA 24450</td>
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<td>Greta Drug Co Inc, 108 Vaden Dr, Greta, VA 24557</td>
<td>(434) 656-1251</td>
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Other Services - Tier 1

Sun Medical, Ltd (part of Home Care Alliance of VA) 1807 Murry Road Ste E Roanoke, VA 24018 (540) 857-0609

Roanoke City

Freedom Respiratory, Inc. (Roanoke) 630 A Abney Road Roanoke, VA 24012 (540) 366-7628

Medi Home Care (DME) 2514 Franklin Road SW Roanoke, VA 24014

Rotech Oxygen & Med Equipment 1308 Plantation Rd NE Roanoke, VA 24012 (540) 344-2184

Trustcare Home Medical Equipment, Inc. 1402 Williamson Road Salem, VA 24153 (804) 262-9001

Community Home Care Services (Richlands) 2013 2nd St Richlands, VA 24641 (276) 964-7448

Friendship Home Medical Equipment, Inc. 124 Ben Bolt Avenue Tazewell, VA 24684 (276) 988-7911

Med Response 2113 College Ave Bluefield, VA 24265 (276) 322-4987

Medi Home Care (DME) 103 Spring Street Suite B Bluefield, VA 24265 (276) 322-2602

Byram Healthcare Centers 3202 Washington Avenue Portsmouth, VA 23707 (757) 393-9776

Lincare Inc. 5241 Cleveland St Suite 107 Virginia Beach, VA 23462 (757) 671-1802

Lincare, Inc. 5241 Cleveland St Suite 107 Virginia Beach, VA 23462 (757) 671-1802

Medical Equipment Distributors 521 Central Dr Suite 101 Virginia Beach, VA 23454 (757) 498-8225

Advanced Home Care (DME) 480 S Commerce Ave Suite D and E Front Royal, VA 22630 (540) 635-7444

Valley Home Care (Front Royal) 480-D South Commerce Ave Front Royal, VA 22630 (540) 635-7444

Ellis Home Oxygen (part of Home Care Alliance of VA) 652 N Main St Marion, VA 24354 (276) 783-6868

Spotsylvania

ProHealth Services, LLC 6316 Five Mile Centre Park Suite 300 Fredericksburg, VA 22407 (540) 548-3049

Tazewell

Community Home Care Services (Richlands) 2013 2nd St Richlands, VA 24641 (276) 964-7448

Friendship Home Medical Equipment, Inc. 124 Ben Bolt Avenue Tazewell, VA 24684 (276) 988-7911

Medi Home Care (DME) 103 Spring Street Suite B Bluefield, VA 24265 (276) 322-2602

Virginia Beach City

Byram Healthcare Centers Please call number below for addresses Virginia Beach, VA 23462 (877) 902-9726

Lincare Inc. 5241 Cleveland St Suite 107 Virginia Beach, VA 23462 (757) 671-1802

Lincare, Inc. 5241 Cleveland St Suite 107 Virginia Beach, VA 23462 (757) 671-1802

Medical Equipment Distributors 521 Central Dr Suite 101 Virginia Beach, VA 23454 (757) 498-8225

Advanced Home Care (DME) 165 Plaza Rd Ste 20 Wise, VA 24293 (276) 679-6269

Friendship Home Medical Equipment, Inc. 119 West Main Street Wise, VA 24293 (276) 328-2500

6 East 19th Street Big Stone Gap, VA 24219 (276) 523-6158

Mac's Medical Equipment and Supplies 26102 Lee Highway Abingdon, VA 24211 (276) 525-4622

611 Campus Drive Ste 400 Abingdon, VA 24210 (276) 623-4260

Medi Home Care (DME) 15896 Porterfield Highway Abingdon, VA 24210

754 Cummings Street St B Abingdon, VA 24210 (276) 628-8432

Winchester City

Advanced Home Care (DME) 525 Amherst St Suite 100 Winchester, VA 22601 (540) 723-6911

Respiratory Care Associates (part of Home Care Alliance of VA) 815-A North Loudoun St Winchester, VA 22601 (540) 722-8180

Respiratory Care Associates LC 304 Hope Drive Winchester, VA 22601 (540) 722-8180

Valley Home Care (Front Royal) 333 W Cork St Ste 160 Winchester, VA 22601 (540) 536-5254

Wise

Advanced Home Care (DME) 165 Plaza Rd Ste 20 Wise, VA 24293 (276) 679-6269

Friendship Home Medical Equipment, Inc. 119 West Main Street Wise, VA 24293 (276) 328-2500

6 East 19th Street Big Stone Gap, VA 24219 (276) 523-6158

Wythe

Community Home Care Services (Wytheville) 340 Virginia Ave Wytheville, VA 24382 (276) 228-4702

Accomack

Accomack County Health Dept (Eastern Shore HD) 23191 Front St Accomack, VA 23301 (757) 787-5880

Health Department

Alexandria City

Alexandria City Health Department 4480 King St Alexandria, VA 22302 (703) 746-4400

Allegany

Clifton Forge City Health Department 322 Jefferson Ave Clifton Forge, VA 24422 (540) 862-4131

Amelia

Amelia County Health Dept (Piedmont HD) 16320 Church St Amelia, VA 23002 (804) 561-2711

Amherst

Amherst County Health Department 224 Second St Amherst, VA 24521 (434) 946-9408

Appomattox

Appomattox County Health Department 401 Court St Appomattox, VA 24522 (434) 352-2313

Bath

Bath County Health Department Court House Sq Warm Springs, VA 24484 (540) 839-7246

Bedford City

Bedford County Health Department 600 Bedford Ave Bedford, VA 24523 (540) 586-7952

Botetourt

Botetourt County Health Department 21 Academy St Fincastle, VA 24090

Bristol

Bristol City Health Department 205 Piedmont Ave Bristol, VA 24201 (276) 642-7345

Buchanan

Buchanan County Health Department State Creek Rd Grundy, VA 24614 (276) 935-4591
<table>
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<tr>
<th>City</th>
<th>Contact Information</th>
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<tr>
<td><strong>Buena Vista City</strong></td>
<td>Buena Vista County Health Department 2270 Magnolia Ave Buena Vista, VA 24416 (540) 261-2149</td>
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<td><strong>Campbell</strong></td>
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<td><strong>Chester</strong></td>
<td>Chester County Health Department 200 Highland Ave. Colonial Heights, VA 23834 (804) 520-9380</td>
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<td><strong>Chesapeake</strong></td>
<td>Chesapeake Health Department 740 Highland Ave. Chesapeake, VA 23327 (757) 398-2292</td>
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<td><strong>Charles City</strong></td>
<td>Charles City County Health Department 701 Adkins Rd. Charles City, VA 23030 (804) 829-2490</td>
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<td><strong>Carroll</strong></td>
<td>Carroll County Health Department 1458 N Danville Turnpike Laurel Fork, VA 24352 (276) 398-2292</td>
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<td><strong>Clark</strong></td>
<td>Clark County Health Department 1138 Rose Hill Dr. Charlottesville, VA 22907 (434) 972-6219</td>
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<td><strong>Craigmont</strong></td>
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<td><strong>Culpeper</strong></td>
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<td><strong>Isle of Wight</strong></td>
<td>Isle of Wight Health Department 600 W Main St. Isle of Wight, VA 23860 (804) 398-2292</td>
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<td><strong>King George</strong></td>
<td>King George Health Department 1000 W Main St. King George, VA 22485 (540) 775-3111</td>
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<td><strong>Lee</strong></td>
<td>Lee County Health Department 600 W Main St. Lee County, VA 23860 (804) 398-2292</td>
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<td><strong>Lexington</strong></td>
<td>Rockbridge County/Lexington Health Department 300 W Main St. Lexington, VA 24450 (540) 463-3185</td>
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<td><strong>Lynchburg</strong></td>
<td>Lynchburg City Health Department 300 W Main St. Lynchburg, VA 24501 (434) 477-5900</td>
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### Other Services - Tier 1

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<td><strong>Madison</strong></td>
<td>Madison County Health Dept (Rappahannock/Rapidan HD) 101 North Main St Madison, VA 22727 (540) 948-5481</td>
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<td><strong>Manassas City</strong></td>
<td>Prince William County Health Dept (Three Rivers HD) 1301 Lee Avenue Manassas, VA 20110 (703) 792-6301</td>
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<td><strong>Martinsville City</strong></td>
<td>Henry County/Martinsville Health Department 295 Commonwealth Blvd Martinsville, VA 24114 (276) 638-2311</td>
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<td>Mecklenburg County Health Dept (Southside HD) 969 Madison Street Boydton, VA 23917 (434) 738-6545</td>
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<td><strong>Mathews</strong></td>
<td>Mathews County Health Dept (Three Rivers HD) 536 Church Street Mathews, VA 23109 (804) 723-7131</td>
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<td>New Kent County Health Dept (Hanover HD) 12007 Courthouse Cir New Kent, VA 23124 (804) 966-9640</td>
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<td><strong>Newport News City</strong></td>
<td>Newport News City/Poquoson County/Williamsburg County Health Dept 416 J Clyde Morris Blvd Newport News, VA 23601 (757) 594-7300</td>
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<td><strong>Norfolk City</strong></td>
<td>Norfolk Health Department 830 Southampton Ave Ste 300 Norfolk, VA 23510 (757) 683-2756</td>
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<td><strong>Petersburg City</strong></td>
<td>Petersburg City Health Dept (Crater HD) 301 Halifax St Petersburg, VA 23804 (804) 863-1652</td>
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<td><strong>Pittsylvania</strong></td>
<td>Pittsylvania Health Department 200 H G McGhee Dr Chatham, VA 24531 (434) 432-7235</td>
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<td>Portsmouth Health Department 1701 High St Ste 102 Portsmouth, VA 23704 (757) 393-8565</td>
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<td><strong>Powhatan</strong></td>
<td>Powhatan County Health Dept (Chesterfield HD) 3908 Old Buckingham Rd Ste 1 Powhatan, VA 23139 (804) 598-5860</td>
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<td><strong>Prince William</strong></td>
<td>Prince William County HD-Mathews 4001 Prince William Pkwy Suite 101 Woodbridge, VA 22192 (703) 792-7300</td>
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<td><strong>Pulaski</strong></td>
<td>Pulaski County Health Department 170 Fourth St NW Pulaski, VA 24301 (540) 994-5030</td>
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<td><strong>Radford City</strong></td>
<td>Radford City Health Department 220 East Main Street Radford, VA 24141 (540) 267-8255</td>
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<td>Richmond City Health Department 900 East Marshall St Richmond, VA 23219 (804) 646-3153</td>
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<td>Roanoke County/Vinton Health Department 227 Pollard Street Vinton, VA 24179 (540) 857-7800</td>
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<td>New Horizons Health Care (FQHC facilities, CCNV) 4910 Valley View Boulevard NW Ste 310 Roanoke, VA 24012 (540) 362-0360</td>
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<td>Russell County Health Department 155 Rogers St Lebanon, VA 24266 (276) 889-7621</td>
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<td>Southampton County Health Dept (Western Tidewater HD) 26022 Administration Center Dr Courtland, VA 23337 (757) 653-3040</td>
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<td>Spotsylvania County Health Department (Rappahannock Area HD) 9104 Courthouse Rd Spotsylvania, VA 22553 (540) 582-7155</td>
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<td><strong>Stafford</strong></td>
<td>Stafford County Health Department (Rappahannock Area HD) 2131 Jefferson Davis Hwy Stafford, VA 22555 (540) 659-3101</td>
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<td>Augusta County/Staunton Health Dept (Central Shenandoah HD) 1414 N Augusta St Staunton, VA 24401 (540) 332-7830</td>
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<td><strong>Surry</strong></td>
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<td>Virginia Beach Health Department 4452 Corporation Ln Virginia Beach, VA 23462 (757) 518-2700</td>
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<td><strong>Warren</strong></td>
<td>Warren County Health Department 465 West 15th Street Suite 200 Front Royal, VA 22630 (540) 653-3159</td>
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<td><strong>Washington</strong></td>
<td>Washington County Health Department 15068 Lee Hwy Bristol, VA 24202 (276) 676-5604</td>
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<td><strong>Waynesboro City</strong></td>
<td>Waynesboro County Health Dept 10 Baker Street Waynesboro, VA 22980 (540) 949-0137</td>
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<td><strong>Woodstock</strong></td>
<td>Winchester County/Frederick City Health Department 10 Baker Street Winchester, VA 22601 (540) 722-3470</td>
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<td><strong>Wythe</strong></td>
<td>Wythe County Health Department 750 West Ridge Rd Wytheville, VA 24382 (276) 228-5507</td>
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**Optima Direct Network Providers 9/2019**

**OptimaHealth**

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**Intrepid USA Healthcare Services** 20387 Warrior Drive Onley, VA 23418 (757) 782-7202

**Personal Touch Homecare (Eastern Shore)** 36076 Lankford Highway Belle Haven, VA 23306 (757) 442-6630

**T1 Home Health, Inc.** 25306 Lankford Hwy Onley, VA 23418 (757) 302-5459
### Albermarle
- **AT Home Care**
  195 Riverbend Dr Ste 5
  Charlottesville, VA 22911
  (434) 295-5355

- **Hospice of the Shenandoah**
  103 S Pantops Dr Ste 205
  Charlottesville, VA 22911
  (434) 295-5501

- **Interim HealthCare (Charlottesville)**
  630 Jefferson Ct
  Charlottesville, VA 22902
  (434) 971-5200

- **Medi Home Health Agency**
  1540 Insurance Lane Ste A
  Charlottesville, VA 22911
  (434) 244-0890

- **Sentara Home Care - Home Health**
  540 Greenfield Terrace
  Charlottesville, VA 22901
  (434) 964-3700

- **Sentara Martha Jefferson Hospital**
  500 Martha Jefferson Drive
  Charlottesville, VA 22901
  (434) 971-5200

### Alleghany
- **Medi Home Health Agency**
  507 E Ridgeway St
  Clifton Forge, VA 24422
  (540) 862-7727

- **Sentara Home Care - Home Health**
  103 Old Church Street
  Low Moor, VA 24457
  (540) 863-2140

### Arlington
- **Northern Virginia Home Care**
  601 S Carlin Springs Rd
  Arlington, VA 22204
  (703) 717-7928

### Augusta
- **Augusta Medical Center**
  78 Medical Center
  Fishersville, VA 22939
  (540) 932-4000

- **Care Home Medical (Augusta Healthcare)**
  64 Sports Medicine Dr
  Fishersville, VA 22939
  (540) 332-4959

- **Hospice of the Shenandoah**
  64 Sports Medicine Dr
  Fishersville, VA 22939
  (540) 932-4943

- **Interim HealthCare (Charlottesville)**
  113 Mill Place Pkwy Ste 101
  Verona, VA 24482
  (540) 885-4413

### Bedford City
- **Kindred at Home**
  876 B East Main St
  Bedford, VA 24523
  (540) 586-6765

### Buchanan
- **Buchanan General Hospital**
  1535 Slate Creek Rd
  Grundy, VA 24641
  (276) 355-9000

### Chesapeake City
- **COMFORT CARE HOME HEALTH AND HOSPICE**
  867 Kingsborough Suite 300
  Chesapeake, VA 23320
  (757) 312-6460

### Colonial Heights City
- **AT Home Care**
  3610 Boulevard
  Colonial Heights, VA 23834
  (804) 524-0062

### Danville City
- **All Care Home Health, Inc.**
  242 NorDan Drive
  Danville, VA 24540
  (434) 836-5883

### Danville City
- **Continuum Pediatric Nursing**
  1517 Technology Dr Suite 104
  Chesapeake, VA 23320
  (757) 490-2272

### Dickenson
- **Dickenson County Home Health and Hospice**
  230 Chase St
  Cliftonwood, VA 24428
  (276) 926-1959

### Emporia City
- **Personal Touch Homecare**
  425 North Main Street
  Emporia, VA 23847
  (434) 290-1077

### Fredericksburg City
- **AT Home Care**
  1951 Plank Road Ste 26
  Fredericksburg, VA 22401
  (540) 370-1588

### Falls Church City
- **Maxim Healthcare Services**
  803 W Broad St Ste 100
  Falls Church, VA 22046
  (703) 533-3131

### Franklin
- **Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)**
  180 Floyd Ave
  Rocky Mount, VA 24151
  (540) 633-9354

### Franklin
- **ESPRIT HOME HEALTHCARE, LLC**
  4209 Evergreen Lane Suite 101
  Annandale, VA 22003
  (703) 998-7400

### Falls Church City
- **Five Star Home Health Care LLC**
  4500 Southgate Pl Ste 200
  Chantilly, VA 20151
  (703) 662-7500

### PSA Healthcare
  5290 Lyngate Court 1st Floor
  Burke, VA 22015
  (703) 873-7672

### Falls Church City
- **Carilion Home Care Services**
  180 Floyd Ave
  Rocky Mount, VA 24151
  (540) 633-9354

### Falls Church City
- **Carilion Home Care Services**
  390 S Main St
  Rocky Mount, VA 24151
  (540) 489-6583

### Franklin
- **Southampton Memorial Home Health**
  100 Fairview Dr
  Franklin, VA 23851
  (757) 569-6360

### Falls Church City
- **Continuum Pediatric Nursing**
  1700 Old Meadow Rd Suite 100
  McLean, VA 22102
  (703) 506-0123

### Falls Church City
- **Five Star Home Health Care LLC**
  4500 Southgate Pl Ste 200
  Chantilly, VA 20151
  (703) 662-7500

### PSA Healthcare
  5290 Lyngate Court 1st Floor
  Burke, VA 22015
  (703) 873-7672

### Falls Church City
- **Carilion Home Care Services**
  180 Floyd Ave
  Rocky Mount, VA 24151
  (540) 633-9354

### Falls Church City
- **Carilion Home Care Services**
  390 S Main St
  Rocky Mount, VA 24151
  (540) 489-6583

### Franklin
- **Southampton Memorial Home Health**
  100 Fairview Dr
  Franklin, VA 23851
  (757) 569-6360
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<td>Edmarc Hospice for Children</td>
<td>516 London St, Portsmouth, VA 23704</td>
<td>(577) 967-9251</td>
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<td>Prince Edward</td>
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<td>Maxim Healthcare Services</td>
<td>4502 Starkey Road SW Ste 203, Roanoke, VA 24018</td>
<td>(540) 725-1572</td>
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<td>Medi Home Health Agency</td>
<td>5369 Peters Creek Rd, Roanoke, VA 24019</td>
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<td>Carilion Clinic Home Care (Carilion Medical Center)</td>
<td>1615 Franklin Rd SW, Roanoke, VA 24016</td>
<td>(540) 633-9354</td>
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<td>Kindred at Home</td>
<td>1302 Plantation Road, Roanoke, VA 24012</td>
<td>(540) 362-7578</td>
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<td>Maxim Healthcare Services</td>
<td>4910 Valley View Rd Ste 211, Roanoke, VA 24012</td>
<td>(540) 265-5901</td>
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<td>Divine Home Care Inc</td>
<td>1283 East Main Street, Lebanon, VA 24266</td>
<td>(276) 415-9888</td>
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<td>Home Nursing Company</td>
<td>1770 East Main Street, Lebanon, VA 24266</td>
<td>(276) 889-4318</td>
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<td>56 Carroll and Tate Street, Lebanon, VA 24266</td>
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<td>MOUNTAIN REGION PERSONAL CARE SERVICES INC</td>
<td>463 Huff Patt Hwy Ste 102, Duffield, VA 24244</td>
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<td>Smyth Regional Homecare</td>
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<td>All-4-One Home Healthcare Services, Inc</td>
<td>1629 Salem Road Suite 101, Virginia Beach, VA 23456</td>
<td>(577) 962-7838</td>
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<td>Atlantic Homecare Services</td>
<td>575 Lynnhaven Parkway Suite 170, Virginia Beach, VA 23452</td>
<td>(757) 227-9079</td>
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<td>BEST AND DEPENDABLE HOME HEALTH CARE</td>
<td>812 Newtown Rd, Virginia Beach, VA 23462</td>
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<td>Clearview Services, LLC</td>
<td>4551 Professional Circle Ste 102, Virginia Beach, VA 23455</td>
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<td>516 S Independence Blvd Suite 106, Virginia Beach, VA 23462</td>
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<td>5000 Corporate Woods Drive Suite 400, Virginia Beach, VA 23462</td>
<td>(757) 489-3111</td>
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<td>Kindred at Home</td>
<td>5544 Greenwich Road Suite 300, Virginia Beach, VA 23462</td>
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<td>Sentara Home Care - Home Health</td>
<td>3760 Sentara Way, Virginia Beach, VA 23452</td>
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<td>Home Nursing Service of Southwest Virginia, Inc.</td>
<td>611 Campus Dr Ste 300, Abingdon, VA 24210</td>
<td>(276) 628-2666</td>
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<td>230 Charwood Dr Suite B, Abingdon, VA 24210</td>
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<td>3322 Hudson Ave, Roseland, VA 24210</td>
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<td>Medical Services of America Home Health and Hospice</td>
<td>1825 Front St Ste 103A, Richlands, VA 24641</td>
<td>(276) 963-9899</td>
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<td>Preferred Home Health</td>
<td>2007 Leatherwood Lane, Bluefield, VA 24605</td>
<td>(276) 472-1923</td>
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<td>All-4-One Home Healthcare Services, Inc</td>
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<td>BEST AND DEPENDABLE HOME HEALTH CARE</td>
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<td>Winchester City</td>
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<td>Winchester Medical Center (Valley Home Health)</td>
<td>333 W Cork St, Winchester, VA 22601</td>
<td>(540) 536-5200</td>
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<td>Wise</td>
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<td>Advanced Home Care (Home Health)</td>
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<td>Med Home Health Agency</td>
<td>3302 Bourbon St, Fredericksburg, VA 22408</td>
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<td>VA 23455</td>
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<td>4005 Electric Road Suite 200, Roanoke, VA 24018</td>
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Optima Direct Network Providers 9/2019 632

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<td>535 Independence Pkwy Ste 200, Chesapeake, VA 23320 (757) 553-3000</td>
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<td>Sentara Home Care - Home Health 2000 Beery Rd Harrisonburg, VA 22801 (540) 564-5755, 2000 Beery Road Harrisonburg, VA 22801 (540) 433-4429</td>
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<td>Henrico</td>
<td>CHIP of Virginia 2922 West Marshall St Richmond, VA 23230 (804) 233-2850 Optum Women's and Children's Health, LLC 450 Southlake Blvd Richmond, VA 23226 (804) 282-1541 Sentara Home Care - Home Health 3522 Maryland Ct Henrico, VA 23233</td>
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<td>Jamestown</td>
<td>CHIP of Virginia 151 Point Owoods Williamsburg, VA 23188 (757) 566-3300 Sentara Home Care - Home Health 1100 Professional Dr Williamsburg, VA 23185 (757) 553-3000 5360 Discovery Park Blvd Ste 200 Williamsburg, VA 23185 (757) 984-1350</td>
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<td>Newport News City</td>
<td>Sentara Home Care - Home Health 11844 Rock Landing Dr Ste A Newport News, VA 23603 (757) 736-0700, 11844 Rock Landing Dr Ste C Newport News, VA 23603 (757) 736-0700</td>
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<td>Petersburg City</td>
<td>CHIP of Virginia 301 Halifax St Petersburg, VA 23803 (804) 862-8974</td>
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<td>Portsmouth City</td>
<td>CHIP of Virginia 862 Lincoln St Portsmouth, VA 23704 (757) 391-0606</td>
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</table>
Other Services - Tier 1

**Chesterfield**

**Option Care**
527 B Branchway Rd
Richmond, VA 23236
(804) 378-8005

**Danville City**

**Intravene OP LLC**
4500 Riverside Drive Ste B
Danville, VA 24541
(434) 792-5506

**Lincare, Inc.**
126 Woodside Drive Ste C
Danville, VA 24540
(434) 836-0979

**Medical Associates of Central Virginia Intravene**
201 South Main St Ste24541 2200
Danville, VA 24541
(434) 792-5506

**Piedmont Infusion Services, Inc.**
111 Mall Drive
Danville, VA 24540
(434) 792-6387

PIEDMONT INFUSION SERVICES, INC. (In-Office)
115 Mall Drive
Danville, VA 24540
(434) 792-5227

**Fairfax**

**Lincare, Inc.**
4115 Pleasant Valley Road Suite 600
Chantilly, VA 20151
(703) 222-3090

**Lincare, Inc.**
182 Neff Ave Ste 9
Harrisonburg, VA 22801
(540) 564-5755

**Sentara Home Care - Home Health**
2000 Beery Rd
Harrisonburg, VA 22801
(540) 433-1196

**Henrico**

**HomeChoice Partners**
8701 Park Central Drive Suite 600
Richmond, VA 23227
(804) 767-3600

**Sentara Home Care - Home Health**
3522 Maryland Ct
Henrico, VA 23233

**James City**

**Lincare, Inc.**
3555 Virginia Ave
Collinsville, VA 23038
(757) 847-7536

**Sentara Home Care - Home Health**
1100 Professional Dr
Williamsburg, VA 23185
(757) 553-3000

**Lynchburg City**

**Lincare, Inc.**
330 Walker Street
Lexington, VA 24450

**Lincare, Inc.**
360 Ashcake Rd Ste G
Ashland, VA 23005
(804) 752-5979

**Lynchburg**

**Intravene OP LLC**
2215 Landover Pl
Lynchburg, VA 24501
(434) 947-3900

**Lincare, Inc.**
1095 Radford St
Christiansburg, VA 24073
(540) 381-9270

**Lincare, Inc.**
2800 N Franklin Street
Cambia, VA 24073

**Lincare, Inc.**
1200 Beery Rd
Harrisonburg, VA 22801
(540) 433-4429

**Lincare, Inc.**
182 Neff Ave Ste 9
Harrisonburg, VA 22801
(540) 433-1196

**Sentara Home Care - Home Health**
11844 Rock Landing Dr Ste A
Newport News, VA 23603
(757) 736-0700

**Sentara Home Care - Home Health**
11844 Rock Landing Dr Ste C
Newport News, VA 23603
(757) 736-0700

**Henry**

**Lincare, Inc.**
3555 Virginia Ave
Collinsville, VA 23038
(757) 847-7536

**Sentara Home Care - Home Health**
3522 Maryland Ct
Henrico, VA 23233

**James City**

**Lincare, Inc.**
330 Walker Street
Lexington, VA 24450

**Sentara Home Care - Home Health**
1100 Professional Dr
Williamsburg, VA 23185
(757) 553-3000

**Lynchburg**

**Lincare, Inc.**
330 Walker Street
Lexington, VA 24450

**Lincare, Inc.**
1095 Radford St
Christiansburg, VA 24073
(540) 381-9270

**Lincare, Inc.**
2800 N Franklin Street
Cambia, VA 24073

**Montgomery**

**Advanced Home Care (IV Therapy)**
48 West Main Street
Christiansburg, VA 24073
(540) 633-2223

**Lincare, Inc.**
1095 Radford St
Christiansburg, VA 24073
(540) 381-9270

**Lincare, Inc.**
2800 N Franklin Street
Cambia, VA 24073

**Reidsville**

**Lincare, Inc.**
126 Woodside Drive Ste C
Danville, VA 24540
(434) 836-0979

**Medical Associates of Central Virginia Intravene**
201 South Main St Ste24541 2200
Danville, VA 24541
(434) 792-5506

**Piedmont Infusion Services, Inc.**
111 Mall Drive
Danville, VA 24540
(434) 792-6387

PIEDMONT INFUSION SERVICES, INC. (In-Office)
115 Mall Drive
Danville, VA 24540
(434) 792-5227

**Fairfax**

**Lincare, Inc.**
4115 Pleasant Valley Road Suite 600
Chantilly, VA 20151
(703) 222-3090

**Lincare, Inc.**
4230 Lafayette Ctr Dr
Chantilly, VA 20151
(703) 263-0770

**Lincare, Inc.**
4230 Lafayette Ctr Dr Suite M & N
Chantilly, VA 20151
(703) 263-0770

**8382J Terminal Rd**
Lorton, VA 22079
(703) 339-2884

**Fairfax City**

**Home Infusion Solutions, LLC d/b/a**
**Home Solutions**
10300 Eaton Place Ste 170
Fairfax, VA 22030
(703) 755-7333

**Fredericksburg City**

**Lincare, Inc.**
305 Hanson Ave Ste 100
Fredericksburg, VA 22401
(540) 899-5521

**Galax City**

**Lincare, Inc.**
535 E Stuart Drive
Galax, VA 24333
(276) 238-8880
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<th>MRI Facility</th>
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<tr>
<td>Albermarle</td>
<td>West End Orthopaedic Clinic MRI</td>
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<tr>
<td>Sentara Martha Jefferson Hospital</td>
<td>500 Martha Jefferson Drive, Charlottesville, VA 22911 (434) 654-7000</td>
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<td>Augusta</td>
<td>Bon Secours St. Francis Medical Center</td>
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<td>Charlottesville City</td>
<td>Healthsouth Rehabilitation Hospital of Virginia</td>
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<td>Franklin City</td>
<td>Sentara St. Luke's - Advanced Imaging Center - Isle of Wight</td>
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<td>Galax City</td>
<td>Lancaster</td>
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<tr>
<td>Hampton City</td>
<td>Rappahannock General Hospital</td>
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<td>Hanover</td>
<td>Lynchburg City</td>
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<tr>
<td>Bon Secours Memorial Regional Medical Center</td>
<td>1901 Tate Springs Rd, Lynchburg, VA 24501 (434) 947-3000</td>
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<td>Roundout City</td>
<td>Centra Virginia Baptist Hospital</td>
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<td>Manassas City</td>
<td>Novant Health UVA Health System Prince William Medical Center</td>
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<td>VCU Community Memorial Hospital</td>
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<td>Henrico</td>
<td>Newport News City</td>
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<tr>
<td>Bon Secours MRI of Richmond-Towne Center</td>
<td>2 Bernardine Dr, Newport News, VA 23602 (757) 886-6000</td>
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<tr>
<td>VCU Health System/MCV Hospital-North</td>
<td>Orthopaedic Surgery &amp; Sports Medicine Spec - MRI</td>
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<tr>
<td>Sentara RMH Medical Center</td>
<td>Bon Secours Mary Immaculate Hospital</td>
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<td>Southern Virginia Regional Medical Center</td>
<td>Orthopaedic Surgery &amp; Sports Medicine Spec - MRI</td>
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<td>Emporia City</td>
<td>Optima Direct Network Providers 9/2019 635</td>
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</tbody>
</table>
VCU Health System/ MCV Hospital - West
1200 E Broad St
Richmond, VA 23298
(804) 828-9000

Don Joy Orthopaedics

Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Augusta
Virginia Prosthetics, Inc.
1577 Jefferson Hwy Ste 101
Fishersville, VA 22939
(540) 949-4248

Charlottesville City
The Something Special Shop
415 Lexington Ave
Charlottesville, VA 22902
(434) 654-5454

Chesapeake City
American CMG Services, Inc
1521 Technology Dr
Chesapeake, VA 23320
(757) 548-5656

Creative Images, LLC
4016 Raintree Road Suite 120A
Chesapeake, VA 23321
(757) 398-9101

Don Joy Orthopaedics
733 Volvo Pkwy Ste 100
Chesapeake, VA 23320
(757) 548-5659

Estrada & Estrada
1354 Kempsville Road Suite 101
Chesapeake, VA 23320
(757) 548-1611

Foot Solutions (JJS)
1437 Sams Drive Ste 122
Chesapeake, VA 23320
(757) 549-3608

Med Emporium
701 Battlefield Blvd N
Chesapeake, VA 23320
(757) 312-0133

Chesterfield
Don Joy Orthopaedics
4525 Lee St
Chester, VA 23831
(804) 336-6569

Hanger Prosthetics & Orthotics, Inc.
(Hanger Clinic)
10710 Midlothian Turnpike
Bon Air, VA 23235
(804) 379-4712

Reflections Wellness Boutique, LLC
14051 St. Francis Blvd Ste 1302
Midlothian, VA 23114
(804) 594-4949

SME, INC. USA
9000 Stoney Point Pkwy
Richmond, VA 23235
(800) 553-6971

FirstCare Orthopaedics
493 Blackwell Rd Suite 115
Warrenton, VA 20186
(540) 341-7788

Fauquier

Virginia Beach City
SME, INC. USA
6303 Little River Turnpike Ste 150
Alexandria, VA 22312
(800) 336-6569

CRANIAL TECHNOLOGIES
3299 Woodburn Road Ste 320
Annandale, VA 22003
(703) 876-1600

Don Joy Orthopaedics
5201 A Lyngate Court
Richmond, VA 23226
(804) 553-6977

5514 Alma Ln Ste 100
Springfield, VA 22151
(803) 336-6569

6355 Walker Ln Ste 202
Alexandria, VA 22310
(800) 336-6569

8101 Hinson Farm Rd Ste 301
Alexandria, VA 22306
(800) 336-6569

Hanger Prosthetics & Orthotics
East, Inc. (Hanger Clinic)
6303 Little River Turnpike Ste 150
Alexandria, VA 22312

Hanger Prosthetics & Orthotics, Inc.
(Hanger Clinic)
12359 Sunrise Valley Dr Ste 150
Reston, VA 20191
(703) 390-1260

Specialized Orthopedic Services, Inc.
307 Maple Ave W Building F
Vienna, VA 22180
(703) 281-1200

Fairfax

Crane Orthopaedics
200 Bremo Road Ste 200
Richmond, VA 23226
(804) 353-9077

5514 Alma Ln Ste 100
Springfield, VA 22151
(803) 336-6569

535 Walker Ln Ste 202
Alexandria, VA 22310
(800) 336-6569

8101 Hinson Farm Rd Ste 301
Alexandria, VA 22306
(800) 336-6569

Hanger Prosthetics & Orthotics
East, Inc. (Hanger Clinic)
6303 Little River Turnpike Ste 150
Alexandria, VA 22312

Hanger Prosthetics & Orthotics, Inc.
(Hanger Clinic)
12359 Sunrise Valley Dr Ste 150
Reston, VA 20191
(703) 390-1260

Specialized Orthopedic Services, Inc.
307 Maple Ave W Building F
Vienna, VA 22180
(703) 281-1200

Chesterfield

Don Joy Orthopaedics
4525 Lee St
Chester, VA 23831
(800) 336-6569

Hanger Prosthetics & Orthotics, Inc.
(Hanger Clinic)
10710 Midlothian Turnpike
Bon Air, VA 23235
(804) 379-4712

Reflections Wellness Boutique, LLC
14051 St. Francis Blvd Ste 1302
Midlothian, VA 23114
(804) 594-4949

SME, INC. USA
9000 Stoney Point Pkwy
Richmond, VA 23235
(800) 553-6971

FirstCare Orthopaedics
493 Blackwell Rd Suite 115
Warrenton, VA 20186
(540) 341-7788

Fauquier

HCFA Providers 9/2019

Fredericksburg City
Don Joy Orthopaedics
1320 Central Park Blvd
Richmond, VA 23226
(800) 336-6569

3310 Fall Hill Ave
Fredericksburg, VA 22401
(800) 336-6569

Stepping Stones Women's Center
7575 Cold Harbor Rd Ste 2D
Mechanicsville, VA 23111
(804) 746-9880

Harrisonburg City
Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

Virginia Prosthetics, Inc.
1920 Medical Ave Ste G
Harrisonburg, VA 22801
(540) 433-5447

Henrico
American CMG Services, Inc
2000 Bremo Road Ste 205
Richmond, VA 23226
(804) 353-9077

2281 Dabney Rd Ste C
Richmond, VA 23230
(804) 353-9077

Don Joy Orthopaedics
1007 Peachtree Blvd
Richmond, VA 23226
(800) 336-6569

Paul L Valentine Orthotics and Prosthetics, LLC
2129 Staples Mill Rd
Richmond, VA 23220
(804) 355-0283

Powell Orthotics and Prosthetics
2034 Dabney Rd Ste C
Richmond, VA 23226
(804) 649-9043

SME, INC. USA
3420 Kilburn Circle
Richmond, VA 23223
(800) 553-6971

Tuckahoe Orthopedic Associates, Ltd
1501 Maple Ave Northeast MOB
Ste 303
Richmond, VA 23226
(804) 285-2300

Virginia Orthotics Center, Inc.
2119-A North Hamilton St
Richmond, VA 23233
(800) 336-6569

SME, INC. USA
3420 Kilburn Circle
Richmond, VA 23223
(800) 553-6971

Tuckahoe Orthopedic Associates, Ltd
1501 Maple Ave Northeast MOB
Ste 303
Richmond, VA 23226
(804) 285-2300

Virginia Orthotics Center, Inc.
2119-A North Hamilton St
Richmond, VA 23233
(800) 336-6569

James City
Victorious Images
7191 Richmond Road Suite E
Williamsburg, VA 23188
(757) 476-7335

Optima Direct Network Providers 9/2019

Optima Health
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<td>Don Joy Orthopaedics: 95 Harris Rd Bldg 5, Kilnarnock, VA 22482, (800) 336-6569</td>
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<td>Loudoun: 19C Fort Evans Rd, Leesburg, VA 20176, (800) 336-6569</td>
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<td>CRANIAL TECHNOLOGIES: 14 Pidgeon Hill Drive Ste 410, Sterling, VA 20165, (844) 447-5894</td>
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<td>Don Joy Orthopaedics: 20098 Ashbrook Place Ste 190, Ashburn, VA 20147, (800) 336-6569</td>
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<td>Virginia Prosthetics, Inc.: 11586 Oceohannock Rd, Exmore, VA 23350</td>
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<td>Excel Prosthetics &amp; Orthotics, Inc.: 148 Burnett Way Ste 104, Suffolk, VA 23435, (800) 553-6971</td>
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<td>SME, INC. USA: 420 Bracey Ln, South Hill, VA 23970, (800) 533-6971</td>
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<td>Coastal Prosthetics &amp; Orthotics, LLC: 11818 Rock Landing Dr, Newport News, VA 23606, (757) 892-5300</td>
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<td><strong>Northampton</strong></td>
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<td>Don Joy Orthopaedics: 11782 Rock Landing Rd, Newport News, VA 23606, (800) 336-6569</td>
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<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic): 704 Thimble Shoals Blvd Ste 400B, Newport News, VA 23606, (757) 873-1984</td>
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<td>Med Emporium: 628 Pilot House Drive, Newport News, VA 23606, (757) 434-5777</td>
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<td>Reach Orthotic &amp; Prosthetic Services: 11747 Jefferson Ave Ste 5A, Newport News, VA 23606, (757) 595-9800</td>
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<td>Norfolk City: Booden Orthopedic &amp; Prosthetic Center: 2418 Granby St, Norfolk, VA 23517, (757) 627-4191</td>
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<td>Children’s Hospital of the King’s Daughters: 601 Childrens Ln, Norfolk, VA 23507, (757) 688-7000</td>
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<td>Coastal Prosthetics &amp; Orthotics, LLC: 6320 N Center Dr Blvdg 15 Ste 201, Norfolk, VA 23502, (800) 536-6569</td>
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<td></td>
<td>Don Joy Orthopaedics: 171 Kempsville Rd Ste 102, Newport News, VA 23606, (800) 336-6569</td>
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<td>Hanger Prosthetics &amp; Orthotics East, Inc (Hanger Clinic): 6275 E Virginia Beach Blvd Ste 100, Norfolk, VA 23502, (757) 461-0671</td>
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<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic): 6275 East Virginia Beach Blvd Ste 100, Norfolk, VA 23502, (757) 461-0671</td>
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<td>Med Emporium: 2322 E Little Creek Rd, Norfolk, VA 23518, (757) 588-1487</td>
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<td>Tidewater Prosthetics Center, Inc: 6363 Center Dr Blvdg 6 Ste 100, Norfolk, VA 23502, (757) 925-4844</td>
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<td>Orthofit Inc: 11586 Oceohannock Rd, Exmore, VA 23350</td>
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<td>Norton City: Appalachian Prosthetic &amp; Orthotic Services, Inc.: 750 Park Ave, Norton, VA 24273, (276) 409-0001</td>
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<td>Petersburg City: Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic): 3333 S Carter Rd Ste 3D, Petersburg, VA 23805, (804) 733-0900</td>
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<td>Portsmouth City: Drs. Althouse Carroll and Alperin LTD.: 3410 County Street, Portsmouth, VA 23707, (757) 393-2568</td>
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<td>Radford City: Excel Prosthetics &amp; Orthotics, Inc.: 210 West Main Street, Radford, VA 24141, (540) 731-1481</td>
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<td>Richmond City: Don Joy Orthopaedics: 1300 W Broad St Ste 113, Richmond, VA 23284, (800) 336-6569, 500 Hioaks Rd, Richmond, VA 23225, (800) 336-6569</td>
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<td>Roanoke City: Don Joy Orthopaedics: 1102 Jefferson St SE, Roanoke, VA 24016, (800) 336-6569</td>
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<td>SUFFOLK CITY</td>
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<td>Suffolk City: Benneit’s Creek Pharmacy: 3119 Bridge Road, Suffolk, VA 23435, (757) 483-6966</td>
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<td>Eastern Virginia Orthotics and Prosthetics, Inc: 3517 Lingfield Cove, Suffolk, VA 23435, (757) 850-2835</td>
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<td>Progressive Prosthetic &amp; Orthopedic Services: 1577 Wilroy Road Suite 300, Suffolk, VA 23434</td>
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<td>Tidewater Prosthetics Center, Inc: 150 Burnett Way Ste 300, Suffolk, VA 23435, (757) 925-4844</td>
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<td>Bristol Orthotics and Prosthetics: 1051 Claywood Hill Mall Ste 13, Cedar Bluff, VA 24609</td>
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<td><strong>Virginia Beach City</strong></td>
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<td>Virginia Beach City: Booden Orthopedic &amp; Prosthetic Center: 5511 Princess Anne Rd Ste 101, Virginia Beach, VA 23462, (757) 490-8100</td>
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<td>Coastal Prosthetics &amp; Orthotics, LLC: 1924 Landstowne Centre Way Ste 109, Virginia Beach, VA 23456, (800) 533-6569</td>
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<td>Davis &amp; Davis, Inc t/a Lourine’s Breast Prosthetics &amp; Wigs: 355 E 3rd Street, Salem, VA 24153, (540) 387-1087</td>
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<td>Salem: Don Joy Orthopaedics: 1700 Will O Wisp Dr, Virginia Beach, VA 23454, (800) 336-6569</td>
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</table>
Rehabilitation Associates of Central Virginia, LP
3 Cedar Hill Ct Suite C
Bedford, VA 24523
(540) 586-1138

Botetourt
Heartland Rehabilitation Services
19733 Main Street
Buchanan, VA 24066
(540) 254-2126

University Physical Therapy
65 Shenandoah Ave Suite 203
Daleville, VA 24083
(540) 352-4304

Buchanan
Buchanan Therapy Services, Inc.
1103 H Plaza Drive
Grundy, VA 24614
(276) 935-5525

Merritt Physical Therapy & Rehab
1060 Anchorage Circle
Vansant, VA 24656
(276) 935-9496

Shenandoah Valley Health and Rehab
3737 Catalpa Avenue
Buena Vista, VA 24416
(540) 261-7444

Rehabilitation Associates of Central Virginia, LP
120 W Rush Ct
Brooklyn, VA 24528
(434) 376-2008

69 Barricks Ln Suite E
Rustburg, VA 24588
(434) 332-3904

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
121 Courthouse Ln (Kesseler)
Bowling Green, VA 24227
(804) 633-1232

Select Physical Therapy (Douglas Avery - Courthouse Lane)
121 Courthouse Lane Suite 100
Bowling Green, VA 24227
(804) 633-1232

Carlton Bone and Joint Center PT/ST/OT
215 E Grayson St
Hillsville, VA 24343
(276) 737-8145

Heartland Rehabilitation Services
1113 Carrollton Pike
Hillsville, VA 24343
(276) 728-0070

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Charlotte
Centra Outpatient Rehabilitation
312 King Street
Keysville, VA 23947
(434) 315-2920

Charlotte City
Albemarle Therapy Center Inc
1102 Rose Hill Dr
Charlottesville, VA 22903
(434) 979-8628

Balance Chiropractic, PLC
608 Preston Ave Ste 100
Charlottesville, VA 22903
(434) 293-3800

Cedars Healthcare Center
1242 Cedars Court
Charlottesville, VA 22904
(434) 296-5611

Encompass Therapy, LLC
4416 Ivy Commons
Charlottesville, VA 22903
(434) 249-3756

Golden Living Center - Charlottesville
1242 Cedars Ct
Charlottesville, VA 22903
(434) 296-5611

PT Plus Charlottesville
1910 Arlington Blvd
Charlottesville, VA 22903
(434) 984-0303

SELECT PHYSICAL THERAPY
250 Merchant Walk Avenue Suite 300
Charlottesville, VA 22902
(434) 328-4900

Select Physical Therapy (Select PT Holdings - Merchant Walk Ave)
250 Merchant Walk Avenue Suite 300
5th Street Station
Charlottesville, VA 22902
(434) 328-4900

Spectrum Therapy
902 E Jefferson St Ste 101 (Health & Wellness Clinic)
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy (Health & Wellness Clinic)
902 E Jefferson St, Ste 101
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy Health & Wellness Clinic
902 E Jefferson St Ste 101
Charlottesville, VA 22902
(434) 295-6515

The Performance Place Physical Therapy & Sports Medicine, LLC
1250 Cedars Court Suite 106
Charlottesville, VA 22903
(434) 220-0805

Other Services - Tier 1

Augusta
Advantage Physical Therapy of Virginia LLC
54 Franklin St Village Square Plaza
Weyers Cave, VA 24486
(540) 234-8800

Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Barren Ridge Physical Therapy Limited Partnership
32 Windward Drive Suite 110
Fishersville, VA 22939
(540) 949-5383

Synergy Rehab and PT Wellness, PLC
1561 Commerce Rd Ste 402
Verona, VA 24482
(540) 416-0530

Wilson Workforce and Rehabilitation Center
243 Woodrow Wilson Ave
Fishersville, VA 22939
(540) 352-7082

Bath
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford
Rehabilitation Associates of Central Virginia, LP
111 Corporate Park Dr Suite B
Forest, VA 24551
(434) 525-4851

12281 Moneta Rd Suite B
Moneta, VA 24121
(540) 296-3203

Bedford City
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Centra Outpatient Rehabilitation
1710 Whitfield Drive
Bedford, VA 24523
(540) 587-3246

Chesapeake City
Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
2613 Taylor Road Suite 102
Chesapeake, VA 23321
(757) 465-7651

Chesapeake Internists Ltd
113 Gainsborough Sq Ste 300
Chesapeake, VA 23320
(757) 547-9286

Chesapeake Regional Medical Center - Physical Therapy
736 N Battlefield Blvd (CGH)
Chesapeake, VA 23320
(757) 312-6122

Dominion Physical Therapy & Associates, Inc.
108 Knells Ridge Blvd Ste 200
Chesapeake, VA 23320

Maryview Health Care Center - Chesapeake
4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651

4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

North Shore Sports & Physical Therapy
200 North Battlefield Blvd Ste 5
Chesapeake, VA 23320
(757) 547-1215

Physical Therapy Center of Chesapeake
747 Volvo Pkwy Ste 103
Chesapeake, VA 23320
(757) 420-2880

Pivot Physical Therapy of Virginia (Hampton Roads)
135 Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512

135 W Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512

4020 Raintree Road Ste D
Chesapeake, VA 23321
(757) 484-4241

927 N Battlefield Blvd Suite 200
Chesapeake, VA 23320
(757) 436-3350

Restorative Physical Therapy & Wellness, LLC
900 Stanhope Gardens Suite 101
Chesapeake, VA 23320
(757) 842-6562
Sentara Therapy Center - Richmond, VA 23235
1933 Edwin Drive Suite 103
Chesapeake, VA 23322
(804) 252-5800

Sentara Therapy Center - Grassfield
1001 Scenic Parkway Suite 101
Chesapeake, VA 23322
(804) 388-9950

Sentara Therapy Center - Great Bridge YMCA
633 Battlefield Boulevard South Suite 200
Chesapeake, VA 23322
(757) 233-4790

Sentara Therapy Center - Greenbrier
713 Volvo Parkway Suite 201
Chesapeake, VA 23322
(757) 282-4015

Southeastern Physical Therapy
6808B Kingtons Square
Richmond, VA 23235
(804) 893-8477

Midlothian, VA 23113
1300 Alverser Plaza
Richmond, VA 23235
(804) 594-7300

Midlothian, VA 23114
611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

Chesterfield Physical Therapy
1300 Alverser Plaza
Richmond, VA 23235
(804) 322-9060

Children’s Hospital of Richmond of
the VCU Health System
2925 Polo Parkway
Midlothian, VA 23113
(804) 323-9060

CJW Medical Center - Johnston-Willis Campus
1401 Johnston Willis Dr
Richmond, VA 23225
(804) 330-2000

Concentra Medical Centers
9211 Burge Ave
Richmond, VA 23237
(888) 997-2660

Foot and Ankle Specialists of the Mid-Atlantic, LLC dba FASMA
1465 Johnston Willis Drive
Richmond, VA 23225
(804) 320-3668

Hand Therapy Solutions
4030 Oakleaf Road
Richmond, VA 23235
(804) 839-0164

HealthSouth Sports Medicine & Rehabilitation Center of Midlothian
13620 Genito Rd Ste 107
Midlothian, VA 23112
(804) 763-2660

HealthSouth Sports Medicine and Rehabilitation Center of Chester
7061 Commons Plaza Ste A
Chesterfield, VA 23832
(804) 717-2145

Ironbridge Outpatient Physical Therapy
11601 Ironbridge Rd Ste 110
Chester, VA 23831
(804) 764-1001

James River Physical Therapy
9017 Forest Hill Ave Ste 2B
Richmond, VA 23235
(804) 330-0936

Michael J. Keo
12212 Branders Creek Dr
Chester, VA 23831
(804) 425-4545

Midlothian Orthopedic Sports Therapy
2240 Oak Lake Blvd
Midlothian, VA 23112
(804) 763-1510

Midlothian Village Physical Therapy
14265 Midlothian Turnpike
Midlothian, VA 23113
(804) 464-2323

Pivot Physical Therapy of Virginia
10438 Iron Bridge Road Unit 34
Chester, VA 23831
(804) 796-1518

Pivot Physical Therapy of Virginia
15757 WC Main Street
Midlothian, VA 23113
(804) 858-0220

227 Wadsworth Dr
Richmond, VA 23236
(804) 323-7874

2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6049 Harbour Park Drive
Midlothian, VA 23112
(804) 639-2359

ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

SELECT PHYSICAL THERAPY
2423 Colony Crossing Place
Midlothian, VA 23112
(804) 763-2663

7061 Commons Plaza Ste A
Chesterfield, VA 23832
(804) 717-2145

Select Physical Therapy (Select PT Holdings - Commons Plaza)
7061 Commons Plaza Suite A
Chesterfield, VA 23832
(804) 717-2145

Sheltering Arms Bon Air Outpatient Center
206 Twinridge Ln
Richmond, VA 23235
(804) 764-1001

St. Francis Medical Center Campus
13700 St. Francis Blvd
Midlothian, VA 23114
(804) 578-6007

St. Francis Outpatient Physical Therapy
13700 St. Francis Blvd Ste 300
Midlothian, VA 23114
(804) 764-1001

The Virginia Center for Spine & Sports Therapy
2820 Waterford Lake Drive
Midlothian, VA 23112
(804) 249-8277

U.S. PT Managed Care dba Virginia Sports Medicine & Physical Th
13321 Midlothian Turnpike Ste E
Midlothian, VA 23113
(804) 897-0704

Virginia Urology PT Services
9105 Stony Point Drive
Richmond, VA 23235

Clarke City

Berkeley Physical Therapy and Wellness, PLLC
322 A North Buckmarth St
Berkeley, VA 22211
(540) 955-1837

Rose Hill Health and Rehab
110 Chalmers Court
Berkeley, VA 22211
(540) 955-9999

Colonial Heights City

Carlton E. Miller, MD, PC
110 Dunlop Village Circle
Colonial Heights, VA 23834
(804) 526-6062

Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
320-A Charles H. Dimmock Pkwy
Colonial Heights, VA 23834
(804) 524-0533

Pivot Physical Therapy of Virginia
300 B Temple Lake Drive Suite 1
Colonial Heights, VA 23834
(804) 524-9036

Select Physical Therapy (Douglas Avery - Charles H Dimmock Pky)
320B Charles H Dimmock Parkway
Suite 6
Colonial Heights, VA 23834
(804) 524-0533

Synergy PT & Athletic Performance
16412 Jefferson Davis Hwy
Colonial Heights, VA 23834
(804) 520-7779

Covington City

Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Highlands Therapy & Industrial Rehabilitation, Inc
320 W Main St
Covington, VA 24426
(540) 962-6226

Culpeper

Pivot Physical Therapy of Virginia
15331 Creativity Drive Suite 960
Culpeper, VA 22701
(540) 317-0888

Rappahannock Rapidan CSB
15361 Bradford Rd
Culpeper, VA 22701
(540) 825-5656

Spectrum Therapy
16260 Bennett Rd
Culpeper, VA 22701
(540) 727-0737

Virginia Orthopaedic Center
663 Sunset Ln
Culpeper, VA 22701
(540) 825-5362

Danville City

Abercrombie Physical Therapy
2811 Riverside Dr
Danville, VA 24540
(434) 799-6100
### Other Services - Tier 1

<table>
<thead>
<tr>
<th>Caring for U Therapy Services</th>
<th>10372 Martinsville Hwy Ste 3</th>
<th>Danville, VA 24541</th>
<th>(434) 685-3030</th>
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<tr>
<td>Centra Outpatient Rehabilitation</td>
<td>404 Airport Drive</td>
<td>Danville, VA 24540</td>
<td>(434) 797-1384</td>
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<td>414 Park Avenue</td>
<td>Danville, VA 24541</td>
<td>(434) 836-4158</td>
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<td>Danville Orthopaedic &amp; Athletic Rehabilitation, Inc.</td>
<td>2140 Franklin Turnpike</td>
<td>Danville, VA 24541</td>
<td>(434) 797-1807</td>
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<td>Rehabilitation Services of Danville</td>
<td>990 Main St</td>
<td>Danville, VA 24541</td>
<td>(434) 792-7555</td>
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<td>SOVAH Health - Danville</td>
<td>142 S Main St</td>
<td>Danville, VA 24541</td>
<td>(434) 797-1807</td>
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<tr>
<td>The Center for Pediatric Therapies Inc</td>
<td>175 Deer Run Rd</td>
<td>Danville, VA 24540</td>
<td>(434) 797-5531</td>
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<td>Dickenson</td>
<td>Dickenson Community Hospital</td>
<td>312 Hospital Drive</td>
<td>Clifton, VA 22620</td>
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<td>Dominon Health &amp; Fitness</td>
<td>4862 Dickenson Highway</td>
<td>Clifton, VA 22622</td>
<td>(703) 926-4516</td>
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<td>317 North Main Street</td>
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<td>Essex</td>
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<td>900 South Church Lane</td>
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<td>Children's Heart Institute - VA, P.C.</td>
<td>172 Elden St Suite 2C4</td>
<td>Herndon, VA 20170</td>
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<td>Children's Multispecialty Clinic, PLC</td>
<td>172 Elden St Suite 2C4</td>
<td>Herndon, VA 20170</td>
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<td>Concentra Medical Centers</td>
<td>5590 General Washington Dr</td>
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<td>Fairfax, VA 22031</td>
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<td>Douglas Avery &amp; Associates, Ltd. dba NovaCare Rehabilitation</td>
<td>3299 Woodburn Rd Ste 310</td>
<td>Annandale, VA 22003</td>
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<td>6166 Fuller Court Grovedale Professional Ctr</td>
<td>Alexandria, VA 22310</td>
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<td>6862 Elm Street Ste 105</td>
<td>McLean, VA 22101</td>
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<td>Golden Living Center - Sleepy Hollow</td>
<td>6700 Columbia Pike</td>
<td>Annandale, VA 22003</td>
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<td>Mount Vernon Healthcare Center</td>
<td>8111 Tis Well Drive</td>
<td>Alexandria, VA 22306</td>
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<td>Patriot Sports Medicine (Alexandria Sports)</td>
<td>4001 Fair Ridge Dr Ste 201</td>
<td>Fairfax, VA 22033</td>
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<td>PHYSICAL THERAPY SOLUTIONS</td>
<td>3914 Centrewood Road Suite 240</td>
<td>Chantilly, VA 20151</td>
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<td>Reston Hospital Center</td>
<td>1850 Town Center Pkwy</td>
<td>Reston, VA 20190</td>
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<td>SELECT PHYSICAL THERAPY</td>
<td>150 Elden St Ste 250</td>
<td>Herndon, VA 20170</td>
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<td>6850 Versar Ctr Ste 241</td>
<td>Springfield, VA 22151</td>
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<td>9409-K Old Burke Lake Road</td>
<td>Burke, VA 22015</td>
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<td>Select Physical Therapy (Alexandria - Burke Ctr Pkwy)</td>
<td>6035 Burke Center Parkway Suite 300</td>
<td>Burke, VA 22015</td>
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<td>Select Physical Therapy (Alexandria - Fair Ridge Dr)</td>
<td>4001 Fair Ridge Drive Suite 201</td>
<td>Fairfax, VA 22033</td>
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<td>Select Physical Therapy (Alexandria - Hinson Farm Rd)</td>
<td>8101 Hinson Farm Road Suite 312</td>
<td>Alexandria, VA 22306</td>
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<td>Select Physical Therapy (Alexandria - Richmond Hwy)</td>
<td>10716 Richmond Highway Suite 103</td>
<td>Lorton, VA 22079</td>
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<td>Select Physical Therapy (Alexandria - Shawnee Rd)</td>
<td>5400 Shawnee Road Suite 104</td>
<td>Alexandria, VA 22312</td>
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<td>Select Physical Therapy (Douglas Avery - Elm St)</td>
<td>6862 Elm Street Ste 105</td>
<td>McLean, VA 22101</td>
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<td>Select Physical Therapy (Douglas Avery - Fuller Ctr)</td>
<td>6166 Fuller Court</td>
<td>Alexandria, VA 22310</td>
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<td>Select Physical Therapy (Douglas Avery - Woodburn Rd)</td>
<td>3299 Woodburn Road Suite 310</td>
<td>Annandale, VA 22003</td>
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<td>Select Physical Therapy (Physiotherapy - Albermarle Point Pl)</td>
<td>14434 Albermarle Point Place Suite 200</td>
<td>Chantilly, VA 20151</td>
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<td>Select Physical Therapy (Physiotherapy - Church St NE)</td>
<td>501 Church Street NE Suite 105</td>
<td>Vienna, VA 22180</td>
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<td>Select Physical Therapy (Physiotherapy - Curran St)</td>
<td>6733 Curran Street Suite 100</td>
<td>McLean, VA 22101</td>
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<td>Select Physical Therapy (Physiotherapy - Sunrise Valley Dr)</td>
<td>12005 Sunrise Valley Drive Suite T40</td>
<td>Reston, VA 20191</td>
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<td>Select Physical Therapy (Select PT Holdings - Elden St)</td>
<td>150 Elden Street Suite 250</td>
<td>Herndon, VA 20170</td>
</tr>
</tbody>
</table>

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**Fairfax City**

Douglas Avery & Associates, Ltd. dba NovaCare Rehabilitation
11230 Waples Mill Rd Ste 130
Fairfax, VA 22030
(703) 273-2400

**Results Rehabilitation & Fitness, Inc.**
10373 A Democracy Lane
Fairfax, VA 22030
(703) 385-2855

Select Physical Therapy (Douglas Avery - Waples Mill Rd)
11230 Waples Mill Road Suite 130
Fairfax, VA 22030
(703) 273-2400

**Fauquier**

Blaser Physical Therapy, Inc.
40 North Hill Drive
Warrenton, VA 20186
(540) 341-1922

**Fauquier Hospital**

500 Hospital Drive
Warrenton, VA 20186
(540) 347-2550

**Floyd**

Peak Rehabilitation
430 S Locust St
Floyd, VA 24091
(540) 745-5005

**Fluvanna**

Pivot Physical Therapy of Virginia
77 Market Street Suite B
Palmyra, VA 22963
(434) 510-7301

Spectrum Therapy
105 Crofton Pl - Lake Monticello
Palmyra, VA 22963
(434) 589-9588

Spectrum Therapy-Fluvanna Clinic
10716 Richmond Highway Suite 103
Lorton, VA 22079
(703) 690-2309

Favor Physical Therapy Services
John Marshall Highway Suite 100
Alexandria, VA 22305
(571) 231-2480

Heath physical therapy services
River Place Suite 200
Alexandria, VA 22302
(703) 273-0093

Ostomecare Physical therapy services
300 South Church Street
Alexandria, VA 22314
(703) 689-9000

Select Physical Therapy (Select PT Holdings - Old Burke Lake Rd)
9409-K Old Burke Lake Road
Burke, VA 22015
(703) 425-1800

Select Physical Therapy (Select PT Holdings - Richmond Hwy)
6910 Richmond Highway Suite 100
Alexandria, VA 22306
(703) 765-7700

Select Physical Therapy (Select PT Holdings - Versar Center)
6850 Versar Center Suite 241
Springfield, VA 22151
(703) 256-3400

Sleepy Hollow Healthcare Center
6700 Columbia Pike
Annandale, VA 22003

---

Optima Direct Network Providers 9/2019

[OptimaHealth]
## Other Services - Tier 1

### Franklin
- **Carilion Franklin Memorial Hospital**
  - 180 Rocky Avenue
  - Rocky Mount, VA 24151
  - (540) 836-9533

### Franklin City
- **Children's Therapy Concepts, LLC**
  - 107 E 3rd Avenue
  - Franklin, VA 23851
  - (757) 776-3088
- **Pivot Physical Therapy of Virginia (Hampton Roads)**
  - 1580 Armony Drive Suite B
  - Franklin, VA 23851
  - (540) 562-0990
- **Southampton Memorial Hospital**
  - 1100 Fairview Dr
  - Franklin, VA 23851
  - (804) 798-1591

### Galax City
- **Galax Health and Rehab**
  - 836 Glendale Road
  - Galax, VA 24333
  - (276) 236-9991

### Giles
- **Carilion Giles Community Hospital**
  - 159 Hartley Way
  - Pearisburg, VA 24134
  - (540) 921-6000

### Gloucester
- **Bayside Children's Therapy Network**
  - 6688 Main Street
  - Gloucester, VA 23061
  - (804) 210-1555

### Goodechland
- **Pivot Physical Therapy of Pennsylvania**
  - 44 Broad St Route 250
  - Manakin-Sabot, VA 23103
  - (804) 794-7587

### Grayson
- **Mountain Valley Physical Therapy**
  - 574 East Main Street
  - Independence, VA 24348
  - (276) 773-8118

### Greene
- **Small Talk Speech & Therapy Center, LLC**
  - 69 Deane Road
  - Ruckersville, VA 22968
  - (434) 481-3524

### Hanover
- **Kingsway Physical Therapy LLC**
  - 91 East Mercury Boulevard
  - Hampton, VA 23669
  - (757) 325-8252

## Hampton City
- **Dominion Physical Therapy & Associates, Inc.**
  - 304 Marcella Rd Suite E
  - Hampton, VA 23666
  - (757) 825-9466
Healthsouth Rehabilitation Center of Ashland
429 England St
Harrisonburg, VA 22805
(804) 798-9870

Healthsouth Sports Medicine/Rehabilitation Ctr of Mechanicsville
7415 Lee Davis Rd
Mechanicsville, VA 23111
(804) 559-2900

Physical Therapy Solutions, Limited Partnership
8201 Allie Road Suite D
Mechanicsville, VA 23116
(804) 569-1787

Physiotherapy Associates of Mechanicsville
9097 Allie Station Rd
Mechanicsville, VA 23116
(804) 559-3390

Pivot Physical Therapy of Virginia
7493 Right Flank Road Ste 410
Mechanicsville, VA 23116

PT Solutions - Chester
8201 Allie Rd Suite D
Mechanicsville, VA 23116
(804) 569-1787

SELECT PHYSICAL THERAPY
429 England St
Ashland, VA 23005
(804) 798-9870
7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900

Select Physical Therapy (Select PT Holdings - England St)
429 England Street
Ashland, VA 23005
(804) 798-9870

Select Physical Therapy (Select PT Holdings - Lee Davis Rd)
7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900

Sheltering Arms Hospital
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Sheltering Arms Rehabilitation Center at Hanover
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Harrisonburg City

Advantage Physical Therapy of Virginia LLC
313 Neff Ave Suite C
Harrisonburg, VA 22801
(540) 434-1200
4165 Quarles Ct
Harrisonburg, VA 22801
(540) 437-7585

Appalachian Physical Therapy
2035 E Market St Suite 45
Harrisonburg, VA 22801
(540) 901-9501

Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Hess Orthopaedics Center & Sports Medicine, PLC
4165 Quarles Ct
Harrisonburg, VA 22801
(540) 437-7585

Occupational Therapy Clinical Education Services
131 W Grace St Rm 1100
Harrisonburg, VA 22807
(540) 568-4980

RMH Outpatient Rehab Services
501 Stone Spring Rd
Harrisonburg, VA 22801
(540) 433-4555
Parkview 1481 Virginia Ave
Harrisonburg, VA 22802
(540) 438-4228
Sunnyside Retirement Community 3935 Sunnyside Dr
Harrisonburg, VA 22801
(540) 433-4198

RMH Rehab Services
220 Reservoir St
Harrisonburg, VA 22801
(540) 433-8146

Sentara RMH East Market Street
1790 East Market Street Ste 64B
Harrisonburg, VA 22801
(540) 564-5559

Sentara RMH Orthopedics and Sports Medicine
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(540) 689-5500

Sentara RMH Wellness Center
2500 Wellness Drive
Harrisonburg, VA 22801
(540) 689-5500

The Center for Hand and Physical Therapy
3221 Peoples Drive Suite 110
Harrisonburg, VA 22801
(540) 638-2478

Virginia Mennonite Rehab Center
1481 Virginia Avenue
Harrisonburg, VA 22801
(540) 574-3850

Wampler & Associates Rehabilitation PC
220 Reservoir St
Harrisonburg, VA 22801
(540) 434-9267

Henrico

Beth Sholom Rehabilitation Clinic
1600 John Rolfe Pkwy
Richmond, VA 23238
(804) 421-5352
2027 Lauderdale Dr
Richmond, VA 23238
(804) 421-5250

Bon Secours Physical Therapy & Sports Medicine
9600 Patterson Ave
Richmond, VA 23229
(804) 285-6818

Bon Secours Richmond Hope Therapy Center (Pediatric)
4900 Dominion Blvd Ste B
Glen Allen, VA 23060
(804) 747-4673

Bon Secours St. Marys Hospital
5801 Bremo Rd
Richmond, VA 23226
(804) 285-2011

Center for Physical Therapy & Sports Medicine, PC
3920 Springfield Rd
Glen Allen, VA 23060
(804) 747-7472

Children's Hospital (Physical Therapy)
10124 West Broad St
Glen Allen, VA 23060
(804) 273-6656

Children's Hospital of Richmond of the VCU Health System
10124K West Broad St
Glen Allen, VA 23060
(804) 273-6656

Concentra Medical Centers
9900 W Broad St Ste C
Glen Allen, VA 23060
(888) 997-2669

Elizabeth Adam Crump Health and Rehab
3600 Mountain Road
Glen Allen, VA 22060
(804) 672-8725

First Steps Physical Therapy, Inc.
4915 Turner Ridge Court
Glen Allen, VA 23059
(804) 918-4010

Healthsouth Hand Rehabilitation Center
7650 E Parham Rd Ste 100
Richmond, VA 23294
(804) 935-1378

Healthsouth Rehabilitation Hospital of Virginia
5700 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-5700

Healthsouth Sports Medicine & Rehabilitation Center
7650 E Parham Rd Ste 120
Richmond, VA 23294
(804) 747-4417

Henrico Area Mental Health & Developmental Services
10299 Woodman Rd
Glen Allen, VA 23060
(804) 261-8511
4825 S Laburnum Ave
Richmond, VA 23226
(804) 222-2607

Henrico Doctors' Hospital - Forest Campus
1602 Skipwith Rd
Richmond, VA 23229
(804) 289-4500

Henrico Doctors' Hospital - Parham Campus
7700 East Parham Rd
Richmond, VA 23294
(804) 747-5600

Infant and Child Development Services
1901 Westwood Ave
Richmond, VA 23227
(804) 358-1874

Lawrence Rehabilitation Specialists
2034 Dabney Ste D
Richmond, VA 23230
(804) 523-2653

Physical Therapy Solutions, Limited Partnership
4101 Cox Road Suite 100
Glen Allen, VA 23060
(804) 716-0457

Physiotherapy Associates Inc of West Broad
8906 West Broad St Ste F
Richmond, VA 23294
(804) 965-9990

Physiotherapy Associates of Mechanicsville
8906 West Broad Street Ste F
Richmond, VA 23294
(804) 965-9990

Pivot Physical Therapy of Virginia
10128 West Broad St Forum Bldg III Ste K
Glen Allen, VA 23060
(804) 217-9210
2040 John Rolfe Pkwy
Richmond, VA 23238
(804) 754-0916
3100 West Marshall Street
Richmond, VA 23230
(804) 342-5857
4831 S Laburnum Ave
Henrico, VA 23231
(804) 222-0745
4831 S Laburnum Ave
Richmond, VA 23231
(804) 222-0745
5801 Patterson Ave
Richmond, VA 23226
(804) 288-1380
9980 Brook Road Unit 16
Glen Allen, VA 23059
(804) 550-5730

Richmond Area Association for Retarded Citizens
1901 Westwood Ave
Richmond, VA 23227
(804) 353-0163
3600 Saunders Ave
Richmond, VA 23227
(804) 358-1874

Richmond Physical Therapy Corp
1700 Willow Lawn Drive Ste 230
Richmond, VA 23230
(804) 340-1193

Roberts Physical Therapy & Massage, Inc.
3514 Mayland Court
Richmond, VA 23233
(804) 747-0003

Optima Direct Network Providers 9/2019

643
Bassett Physical Therapy & Sports Rehab, LLC
5388 Twin Hickory Road Suite 102
Glen Allen, VA 23059
(804) 874-2476

SELECT PHYSICAL THERAPY
1340 Gaskins Road Unit 12
Richmond, VA 23228
(804) 747-4417

Select Physical Therapy
(Physiotherapy - West Broad St)
8906 West Broad Street, Suite F
Richmond, VA 23294
(804) 965-9990

Select Physical Therapy (Select PT Holdings - Gaskins Rd)
1340 Gaskins Road, Unit 12
Richmond, VA 23228
(804) 747-4417

Sheltering Arms Hospital Outpatient Services
4730 S Laburnum Avenue
Richmond, VA 23231
(804) 764-1001

Sheltering Arms Midtown
4730 S Laburnum Avenue, Suite Richmond, VA 23228
(804) 764-1001

Sheltering Arms Outpatient at the St. Mary’s Hospital Campus
5899 Bremo Rd Ste 101
Richmond, VA 23226
(804) 285-2300

ENCORE PIATES AND PHYSICAL THERAPY, INC.
337 Main Street
Smithfield, VA 23430
(757) 408-4068

Pivot Physical Therapy of Virginia (Hampton Roads)
204 Gunwood Dr
Smithfield, VA 23430
(757) 357-7762

Sentara Therapy Center - St. Luke’s
20209 Sentara Way Ste 102
Carrollton, VA 23314
(757) 542-1300

Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3300

Comber Physical Therapy
109 Bullifants Blvd Ste B
Williamsburg, VA 23188
(757) 229-9740

201 Bullifants Blvd Ste B
Williamsburg, VA 23188
(757) 229-9740

Peak Physical Therapy, PLC
344 McLawns Cir
Williamsburg, VA 23185
(757) 564-7381

Pivot Physical Therapy of Virginia (Hampton Roads)
156 B Strawberry Plans Road
Williamsburg, VA 23188
(757) 565-6445

4125 Ironbound Rd Ste 100
Williamsburg, VA 23188
(757) 229-8383

7151 Richmond Road Ste 101
Williamsburg, VA 23188
(757) 345-0755

Sentara Therapy Center - James City
3501 Longhill Rd
Williamsburg, VA 23188
(757) 259-4221

Sentara Therapy Center - Kings Mill
1915 Pocahontas Trail Suite F10
Williamsburg, VA 23185
(757) 984-9785

Oncology Rehab and Wellness
20098 Ashbrook Place Ste 190
Ashburn, VA 20147
(703) 789-0367

Physical Restoration and Sports Medicine
46304 McClellan Way
Sterling, VA 20165
(703) 444-8210

Select Physical Therapy (Leesburg - Fort Evans Rd)
540 Fort Evans Road Suite 206
Leesburg, VA 20176
(703) 777-1026

Select Physical Therapy (Leesburg - Sandbridge Way)
19500 Sandridge Way Suite 390
Lansdowne, VA 20176
(703) 858-3100

Select Physical Therapy (Physiotherapy - Filigree Ct)
21785 Filigree Court Suite 209
Ashburn, VA 20147
(703) 723-8800

Select Physical Therapy (Physiotherapy - Ridgetop Circle)
21620 Ridgetop Circle Suite 180
Sterling, VA 20166
(703) 406-0296

StoneSprings Hospital Center
24440 Stone Springs Blvd
Dulles, VA 20166
(571) 349-4000

Virginia Physical Therapy and Staffing LLC
20 Pidgeon Hill Dr Suite 103
Sterling, VA 20165
(202) 870-4996

Lynchburg City

Blue Ridge Therapy Associates, Inc.
1912 Memorial Ave
Lynchburg, VA 24501
(434) 845-8765

Centra Outpatient Rehabilitation
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-7860

3130 Oak Lane
Lynchburg, VA 24503
(434) 200-6623

2025 Tate Springs Road
Lynchburg, VA 24501
(434) 200-2900

3300 Rivermont Ave
Lynchburg, VA 24503
(434) 200-4668

3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4668
Bon Secours DePaul Medical Center - Outpatient Rehab Services
150 Kingsley Ln
Norfolk, VA 23505
(757) 889-5201

Bon Secours In Motion Physical Therapy Center
855 Kempsville Rd Ste 300
Norfolk, VA 23502
(757) 955-2800

Children's Hospital of the King's Daughters
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7000

Children's Hospital of the King's Daughters (SM Therapy in Ghent)
702 West 21st Street
Norfolk, VA 23517
(757) 680-0048

Direct Performance Physical Therapy
1900 Monticello Ave
Norfolk, VA 23517
(757) 609-0048

Dominion Physical Therapy & Associates, Inc.
301 Riverview Ave Ste 520
Norfolk, VA 23510
(757) 963-5588

In Motion at the Atrium - DePaul (Bon Secours)
160 Kingsley Ln Ste 501
Norfolk, VA 23505
(757) 889-5891

Norfolk Physical Therapy Center
839 Poplar Hall Dr
Norfolk, VA 23502
(757) 459-2112

North Shore Sports & Physical Therapy
7419 Granby St
Norfolk, VA 23502
(757) 969-0048

ODU Monarch Physical Therapy
1015 W 47th Street
Norfolk, VA 23529
(757) 683-7041

Pivot Physical Therapy of Virginia (Hampton Roads)
154 E Little Creek Road
Norfolk, VA 23505
(757) 797-0210

Sentara Therapy Center - Blocker YMCA
312 West Bute Street Suite 100
Norfolk, VA 23510
(757) 252-2600

Sentara Therapy Center - Fort Norfolk
301 Riverview Ave Suite 202
Norfolk, VA 23510
(757) 252-9420

Sentara Therapy Center - Granby YMCA
2901 Granby Street Suite 200
Norfolk, VA 23504
(757) 252-5340

Sentara Therapy Center - Leigh
6315 N Center Dr Bldg 20 Suite 101
Norfolk, VA 23502
(757) 261-0820

Sentara Therapy Day Rehab
890 Kempsville Road
Norfolk, VA 23502
(757) 261-0855

Southeastern Physical Therapy
3509 Granby Street Suite B
Norfolk, VA 23504
(757) 423-8885

Spine & Orthopedic Pain Center, PC
6160 Kempsville Circle Smithfield Bldg Ste 303A
Norfolk, VA 23502
(757) 333-3360

Spine Works LLC
5665 Lowery Rd Ste 200
Norfolk, VA 23502
(757) 466-7095

The Therapy Network - Ghent
951 W 21st St
Norfolk, VA 23517
(757) 623-0867

The Therapy Network - Janaf
5665 Lowery Rd
Norfolk, VA 23502
(757) 351-6020

VANN Virginia Center for Orthopaedic PC
6387 Center Dr Suite 101
Norfolk, VA 23502
(757) 321-3384

Moshier Physical Therapy and Sports Medicine, PC
712 Randolph Ave
Cape Charles, VA 23310
(757) 331-4490

Abilities Aroud Physical Therapy and Wellness Center, PLLC
765 Northumberland Highway
Callao, VA 22435
(804) 529-5178

Belfield Physical Therapy
16155 Northumberland Highway
Reedville, VA 22539
(804) 220-2009

Blackstone Physical Therapy
930 South Main Street
Blackstone, VA 23824
(434) 292-4167

Progressive Therapy
104 West Broad St
Blackstone, VA 23824
(434) 298-0141

NovaCare Rehabilitation
5477 Germanna Hwy
Locust Grove, VA 22458
(540) 972-9610

Select Physical Therapy (RehabClinics - Germanna Hwy)
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Spectrum Therapy
70 Jefferson Court Suite 102
Zion Crossroads, VA 22942
(540) 832-3061

Excel Therapy
200 Leaksville Rd
Luray, VA 22835
(540) 743-0502

Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124

Mosher Physical Therapy and Sports Medicine, PC
712 Randolph Ave
Cape Charles, VA 23310
(757) 331-4490

Abilities Around Physical Therapy and Wellness Center, PLLC
765 Northumberland Highway
Callao, VA 22435
(804) 529-5178

Belfield Physical Therapy
16155 Northumberland Highway
Reedville, VA 22539
(804) 220-2009

Blackstone Physical Therapy
930 South Main Street
Blackstone, VA 23824
(434) 292-4167

Progressive Therapy
104 West Broad St
Blackstone, VA 23824
(434) 298-0141

NovaCare Rehabilitation
5477 Germanna Hwy
Locust Grove, VA 22458
(540) 972-9610

Select Physical Therapy (RehabClinics - Germanna Hwy)
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Spectrum Therapy
70 Jefferson Court Suite 102
Zion Crossroads, VA 22942
(540) 832-3061

Excel Therapy
200 Leaksville Rd
Luray, VA 22835
(540) 743-0502

Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124

Centra Health Medical Center - Petersburg
1220 West Greta Rd
Petersburg, VA 23805
(434) 947-5439

Centra Outpatient Rehabilitation
291 McBride Lane
Petersburg, VA 23805
(434) 656-4607

Rehabilitation Associates of Central Virginia, LP
527 Pocket Rd
Hurt, VA 24563
(434) 324-9750

Bon Secours Hampton Roads - Rehabilitation Services
3636 High St
Portsmouth, VA 23707
(757) 398-2627

Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
In Motion Physical Therapy @ High St
3300 High St Ste 1A
Portsmouth, VA 23707
(757) 673-5689

Dominion Physical Therapy & Associates, Inc.
500 Rodman Cte Ste 4
Portsmouth, VA 23707
(757) 393-6119

HANSEL UNION CONSULTING, PLLC
711 Court Street
Portsmouth, VA 23704
(757) 967-9926

Orthopaedic Surgery Centers, PC II
3300 High St
Portsmouth, VA 23707
(757) 397-0783

Portsmouth Orthopaedic Associates, Inc.
2929 London Blvd
Portsmouth, VA 23707
(757) 399-3020

Selected Physical Therapy
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Select Physical Therapy (RehabClinics - Germanna Hwy)
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Spectrum Therapy
70 Jefferson Court Suite 102
Zion Crossroads, VA 22942
(540) 832-3061

Excel Therapy
200 Leaksville Rd
Luray, VA 22835
(540) 743-0502

Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124
### Other Services - Tier 1

#### Powhatan

- **Pivot Physical Therapy of Virginia**  
  3510 Anderson Highway Ste 2  
  Powhatan, VA 23139  
  (804) 598-2100
- **Powhatan Physical Therapy**  
  1555 Standing Ridge Dr Ste C-1  
  Powhatan, VA 23139  
  1799 S Creek One Suite E  
  Powhatan, VA 23139  
  (804) 794-9023

#### Prince Edward

- **Centra Outpatient Rehabilitation**  
  935 Main St  
  Farmville, VA 23901
- **Centra Southside Community Hospital**  
  800 Oak St  
  Farmville, VA 23901  
  (434) 392-8811

#### Prince William

- **Arthritis and Osteoporosis Center of Northern Virginia**  
  8100 Ashton Avenue Suite 215  
  Manassas, VA 20109  
  (703) 361-3255
- **Douglas Avery & Associates, Ltd. dba NovaCare Rehabilitation**  
  2076 Daniel Stuart St  
  Woodbridge, VA 22192  
  (703) 492-6934

#### Richmond

- **Belfield Physical Therapy**  
  4562 Richmond Rd  
  Warsaw, VA 22572  
  (804) 333-8222

#### Richmond City

- **Bon Secours Richmond Community Hospital**  
  1500 N 28th St  
  Richmond, VA 23223  
  (804) 225-1700
- **Center for Physical Therapy & Sports Medicine, PC**  
  401 E Canal St  
  Richmond, VA 23219  
  (804) 523-4634
- **Childrens Hospital (Physical Therapy)**  
  2924 Brook Rd  
  Richmond, VA 23220  
  (804) 228-5810
- **Children's Hospital of Richmond of the VCU Health System**  
  2924 Brook Rd  
  Richmond, VA 23220  
  (804) 228-5911
- **CJW Medical Center - Chippenham Campus**  
  7101 Jahnke Rd  
  Richmond, VA 23225  
  (804) 320-3911

#### Henrico Doctors' Hospital - Retreat Campus

- **2621 Grove Ave**  
  Richmond, VA 23220  
  (804) 254-5100

#### Sheltering Arms Midtown

- **2805 W Broad St**  
  Richmond, VA 23220  
  (804) 915-1174

#### Roanoke

- **Back to Basics Family Physical Therapy**  
  7768 Williamson Road  
  Roanoke, VA 24019  
  (540) 985-0500
- **Botetourt Athletic Club**  
  105 Summerfield Ct  
  Roanoke, VA 24019  
  (540) 992-2993
- **Brandon Oaks Nursing and Rehab Center**  
  3837 Brandon Ave SW  
  Roanoke, VA 24019  
  (540) 776-2616
- **Carilion Bone and Joint Center PT/ST/OT**  
  204 S Maple Street  
  Vinton, VA 24179  
  (540) 266-6950
- **Connections Achievement and Therapy Center, Corp**  
  5430 Peters Creek Rd Suite 108  
  Roanoke, VA 24019  
  (540) 400-8505
- **Heartland Rehabilitation Services**  
  6515 Williamson Rd  
  Roanoke, VA 24019  
  (540) 366-2243
- **Lucas Therapies, PC**  
  4533 Brambleton Ave  
  Roanoke, VA 24018  
  (540) 772-8022
- **Pivot Physical Therapy of Virginia**  
  2033 Colonial Avenue SW Suite 138  
  Roanoke, VA 24015  
  (540) 466-3981
- **Sentara RMH Bridgewater**  
  400 North Main Street  
  Bridgewater, VA 22812  
  (540) 628-7115
- **Sentara RMH East Rockingham Health Center**  
  13737 Spotswood Trail  
  Elkin, VA 22827  
  (540) 713-4100
- **Sentara RMH Timber Way Health Center**  
  13892 Timber Way  
  Broadway, VA 22815  
  (540) 901-0888

#### University City

- **Carilion Roanoke Memorial Hospital**  
  101 Elm Ave  
  Roanoke, VA 24013
- **1906 Belleview at Jefferson St**  
  Roanoke, VA 24011  
  (540) 224-5500
- **2331 Franklin Road**  
  Roanoke, VA 24014  
  (540) 777-5834

#### Lucas Therapies, PC

- **5002 Airport Rd Suite A**  
  Roanoke, VA 24012  
  (540) 772-8022

#### Professional Therapies of Roanoke, Inc.

- **1421 Third St SW**  
  Roanoke, VA 24016  
  (540) 982-2208

#### Spine and Orthopedic Rehab of VA, Inc

- **1310 Third St SW**  
  Roanoke, VA 24016  
  (540) 985-6500

#### Rockingham

- **Advantage Physical Therapy of Virginia LLC**  
  140 Shen Elk Plaza  
  Elkin, VA 22827  
  (540) 298-4749
- **800 Shenandoah Ave Ste 140**  
  Elkin, VA 22827

#### Appalachian Physical Therapy

- **171 East Springfield Rd**  
  Broadway, VA 22815  
  (540) 901-9501

#### Sentara RMH Bridgewater

- **400 North Main Street**  
  Bridgewater, VA 22812  
  (540) 628-7115
## Other Services - Tier 1

<table>
<thead>
<tr>
<th>Region</th>
<th>Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Russell</strong></td>
<td></td>
</tr>
</tbody>
</table>
| - Lebanon Physical Therapy & Rehabilitative Services 272 Highland Dr Lebanon, VA 24266 (786) 889-4090  
- Russell County Hospital 56 Carroll and Tate Street Lebanon, VA 24266 (786) 883-8000  |
| **Salem** |  |
| - Advanced Physical Therapy of VA 1620 Apperson Drive Salem, VA 24153 (540) 444-0291  
- Heartland Rehabilitation Services 126 Mill Ln Salem, VA 24153 (540) 387-4311  
- Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153 (540) 862-6265  
- Lucas Therapies, PC 109 Knothrottle Rd Salem, VA 24153 (540) 772-8022  
- Pivot Physical Therapy of Virginia 1441 W Main St Salem, VA 24153 (540) 346-4328  
- University Physical Therapy 2119 Apperson Drive Salem, VA 24153 (540) 685-0168  |
| **Shenandoah** |  |
| - Cross Roads Physical Therapy 1187 S Main St Woodstock, VA 22664 (540) 459-7660  
- Shenandoah Memorial Hospital Inc 759 S Main St Woodstock, VA 22664 (540) 459-4021  
- Woodstock Rehab & Fitness, Inc. 1195 Hisey Ave Woodstock, VA 22664 (540) 459-7772  |
| **Smyth** |  |
| - Heartland Rehabilitation Services 104 North Sanders Ave Chilhowie, VA 24319 (276) 646-8774  
- Kidz at Play Therapy, PLLC 927 N Main Street Marion, VA 24354 (276) 783-7529  
- Smyth County Community Hospital 565 Radio Hill Rd Marion, VA 24354 (276) 782-1234  |
| **Spotsylvania** |  |
| - Children's Hospital (Physical Therapy) 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485  
- Children's Hospital of Richmond at VCU Health System 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485  
- Fredericksburg Health and Rehab 3900 Plank Road Fredericksburg, VA 22407 (540) 786-8551  
- Hilltop Physical Therapy 10504 Wakenan Drive Fredericksburg, VA 22407 (540) 891-5326  
- NovaCare Rehabilitation 4932 Southpoint Pkwy Fredericksburg, VA 22407 (540) 891-1186  
- Physical Therapy of Central Virginia 10524 Spotsylvania Ave Bldg 2 Fredericksburg, VA 22408 (540) 710-5341  
- Pivot Physical Therapy of Virginia 10518 Spotsylvania Avenue Suite 100 Fredericksburg, VA 22408 (540) 710-5341  
- Select Physical Therapy (RehabClinics - Southpoint Pky) 3932 Southpoint Parkway Fredericksburg, VA 22407 (540) 891-1186  
- Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408 (540) 498-4000  |
| **Stafford** |  |
| - Performance Physical Therapy of Stafford LLC 2777 Jefferson Davis Hwy Suite 109 Stafford, VA 22554 (540) 318-8615  
- Rehabilitation Services at the Stafford Medical Pavilion 125 Hospital Center Blvd Suite 303 Stafford, VA 22554 (540) 741-9647  
- Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554 (540) 741-9000  |
| **Staunton City** |  |
| - Bethesda Physical Therapy and Wellness 1609 N Coalter Street Staunton, VA 24401 (540) 213-1320  
- SELECT PHYSICAL THERAPY 106 MacTanly Place Staunton, VA 24401 (540) 886-4510  
- Select Physical Therapy (Select PT Holdings - MacTanly Pl) 106 MacTanly Place Staunton, VA 24401 (540) 886-4510  |
| **Suffolk City** |  |
| - Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.) In Motion Physical Therapy @ Meade Pkwy 2012 Meade Pkwy Suffolk, VA 23434 (757) 934-3366  
- Harbour View In Motion Physical Therapy Center - Maryview Med Ctr 5838 Harbour View Blvd Ste A Suffolk, VA 23435 (757) 673-5971  
- Physiotherapy at Harbour View 175 N Main St Suffolk, VA 23434 (757) 686-0207  
- Pivot Physical Therapy of Virginia (Hampton Roads) 2007 Meade Parkway Suffolk, VA 23434 (757) 539-6300  
- Sentara Therapy Center - Belleharbour 3920 A Bridge Rd Ste 106 Suffolk, VA 23435 (757) 983-0025  
- Sentara Therapy Center - Obici 2769 Godwin Blvd Suffolk, VA 23434 (757) 934-4653  
- Sentara Therapy Center - OBICI YMCA 2769 Godwin Blvd Suffolk, VA 23434 (757) 934-4653  
- Sentara Therapy Center - OBICI The Children's Center 300 Executive Ct Suffolk, VA 23434 (757) 538-2523  
- Therapy Concepts Inc. 3005 Corporate Ln Ste 200 Suffolk, VA 23434 (757) 923-3207  |
| **Sussex** |  |
| - Sentara Therapy Center - Wakefield 103 Railroad Avenue Wakefield, VA 23888 (757) 312-8770  |
| **Tazewell** |  |
| - Carilion Bone and Joint Center PT/ST/OT 234 Medical Park Drive Bluefield, VA 24605 (276) 322-2223  
- Carilion Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651  |
| **Virginia Beach City** |  |
| - APM Spine & Sports Physicians, PC 5665 Lowery Rd Ste 100 Virginia Beach, VA 23454 (757) 889-5681  
- Atlantic Physical Therapy, P.C. 1016 First Colonial Rd Virginia Beach, VA 23454 (757) 481-4066  
- Best Life Physical Therapy and Sports Medicine 3093 Brickhouse Court Virginia Beach, VA 23452 (757) 694-7872  
- Bon Secours In Motion Physical Therapy Center 3501 Holland Rd Ste 117A Virginia Beach, VA 23452 (757) 463-2540  
- CHKD Health and Surgery Center at Princess Anne 2021 Convent Dr Virginia Beach, VA 23456 (757) 668-2711  
- Dianne D. Epplein and Associates 818 Newtown Rd Virginia Beach, VA 23452 (757) 473-8016  
- Direct Performance Physical Therapy, LLC 195 S Rosemont Rd Virginia Beach, VA 23452 (757) 742-3778  
- Optima Direct Network Providers 9/2019 648  |
<table>
<thead>
<tr>
<th>Location</th>
<th>Providers</th>
</tr>
</thead>
</table>
| Wythe    | Tidewater Therapy for Children, PC  
4016 RainTree Road Suite 100A  
Chesapeake, VA 23321  
(757) 488-2804  
Chesterfield  
ProCare Physical Therapy Inc.  
2925 Polo Parkway  
Midlothian, VA 23113  
(804) 794-7587  
6433 Chesterfield Meadows Drive  
Chesterfield, VA 23832  
(804) 706-1803  
Rehabilitation Associates  
9325 Midlothian Turnpike Suite A  
Richmond, VA 23235  
(757) 490-3223  
rvaspeech, LLC  
7506 Red Setter Lane  
Moseley, VA 23120  
(804) 253-5253  
Covington City  
Acme Therapies Co  
101 YMCA Way  
Covington, VA 24426  
(757) 490-3223  
Fairfax City  
Proto Therapy Group LLC  
5000 Whisper Willow Dr  
Fairfax, VA 22030  
(703) 543-4693  
Fauquier  
Blaser Physical Therapy, Inc.  
40 North Hill Dr  
Warrenton, VA 20186  
(540) 341-1922  
Franklin City  
Children’s Therapy Concepts, LLC  
107 E 3rd Avenue  
Franklin, VA 23851  
(757) 776-3088  
The Children’s Center  
700 Campbell Ave  
Franklin, VA 23851  
(757) 562-6806  
Frederick  
Physiotherapy Associates  
160 Exeter Dr Ste 101  
Winchester, VA 22603  
(540) 665-0104  
Goochland  
Pivot Physical Therapy of Pennsylvania  
44 Broad St Route 250  
Manakin-Sabot, VA 23103  
(804) 794-7587  
ProCare Physical Therapy Inc.  
44 Broad St  
Manakin Sabot, VA 23103  
(804) 784-7090  
44 Broad St Route 250  
Manakin, VA 23103  
(804) 784-7090  
Hampton City  
Dominion Physical Therapy & Associates, Inc.  
304 Marcella Rd Ste E  
Hampton, VA 23666  
(757) 825-9446  
Rehabilitation Associates  
2713 Magruder Blvd Suite L  
Hampton, VA 23666  
(757) 490-3223  
Hanover  
Hanover County School Board  
8290 New Ashcake Rd  
Mechanicsville, VA 23116  
(804) 723-2070  
Harrisonburg City  
Harrisonburg - Rockingham CSB  
1241 N Main St  
Harrisonburg, VA 22802  
(540) 434-1941  
Henrico  
ADLER THERAPY GROUP  
8100 Three Chopt Road Suite 147  
Richmond, VA 23229  
(757) 455-5000  
First Steps Physical Therapy, Inc.  
4915 Turner Ridge Court  
Glen Allen, VA 23059  
(404) 918-4010  
Spot on Therapy Group LLC  
4840 Wallace Rd Suite 200  
Richmond, VA 23230  
(804) 893-5010  
James City  
Child Development Resources  
150 Point O Woods  
Williamsburg, VA 23188  
(757) 566-3300  
Louloud  
Physiotherapy Associates  
21785 Filigree Ct Ste 209  
Ashburn, VA 20147  
(804) 559-3390  
Martinsville City  
Acme Therapies Co  
101 Cleveland Ave Suite D  
Martinsville, VA 24112  
(276) 352-4465  
Mecklenburg  
Building Blocks to Success, LLC  
827 W Danville Street  
South Hill, VA 23970  
Middlesex  
MPNN CSB  
5372B Old Virginia Street  
Urbanna, VA 23175  
(804) 758-5250  
Newport News City  
Dominion Physical Therapy & Associates, Inc.  
466 Denbigh Blvd  
Newport News, VA 23608  
(757) 875-0861  
729 Thimble Shoals Blvd Ste 4C  
Newport News, VA 23606  
(757) 873-2932  
Norfolk City  
Dominion Physical Therapy & Associates, Inc.  
301 Riverview Ave Ste 520  
Norfolk, VA 23510  
(757) 963-5588  
5701 Cleveland Street Ste 600  
Norfolk, VA 23514  
(757) 995-2700  
Northampton  
Little Hands Little Feet  
3186 Main St  
Exmore, VA 23350  
(757) 442-5437  
Portsmouth City  
500 Rodman Ct Ste 4  
Portsmouth, VA 23707  
(757) 393-6119  
Pulaski  
Pediatric Therapy Services  
1032 Macgill St  
Pulaski, VA 24301  
(540) 509-5020  
Roanoke  
Murray E Joiner Jr MD PC -PT  
2726 Electric Road  
Roanoke, VA 24018  
(540) 772-9153 |
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<tr>
<td><strong>Henrico Doctors' Hospital - Parham Campus</strong></td>
<td>7700 East Parham Rd Richmond, VA 23294 (804) 747-5600</td>
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<td><strong>Independence Park Imaging</strong></td>
<td>(Freestanding Imaging Centers) 9930 Independence Park Drive Ste 100 Richmond, VA 23233 (804) 217-9729</td>
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<tr>
<td><strong>Richmond West End Diagnostic Imaging Inc</strong></td>
<td>7110 Forest Avenue Suite 100 Richmond, VA 23226 (804) 673-4200</td>
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<tr>
<td><strong>The Ellen Shaw De Paredes Institute for Womens Imaging</strong></td>
<td>2530 Gaskins Road Ste C Richmond, VA 23223 (804) 523-2303</td>
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<td><strong>Hopewell City</strong></td>
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<tr>
<td><strong>John Randolph Medical Center</strong></td>
<td>411 W Randolph Rd Hopewell, VA 23860 (804) 541-1600</td>
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<td><strong>Isle of Wight</strong></td>
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<tr>
<td><strong>Sentara St. Luke's - Advanced Imaging Center - Isle of Wight</strong></td>
<td>20099 Sentara Way Ste 108 Carrollton, VA 23314 (757) 542-1200</td>
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<td><strong>James City</strong></td>
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<tr>
<td><strong>New Town Diagnostic Center (SMG)</strong></td>
<td>4374 New Town Ave Ste 104 Williamsburg, VA 23188 (757) 259-1335</td>
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<tr>
<td><strong>Sentara Williamsburg Advanced Imaging Center</strong></td>
<td>332 N Henry St Williamsburg, VA 23185 (757) 984-1241</td>
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<td><strong>Norfolk City</strong></td>
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<tr>
<td><strong>Rappahannock General Hospital</strong></td>
<td>101 Harris Dr Kilmarnock, VA 22482 (804) 435-8000</td>
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<td><strong>Lancaster</strong></td>
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<tr>
<td><strong>Carilion Stonewall Jackson Hospital</strong></td>
<td>1 Health Circle Lexington, VA 24450 (540) 458-3300</td>
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<td><strong>Lexington City</strong></td>
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<tr>
<td><strong>Crewe Imaging (Freestanding Imaging Centers)</strong></td>
<td>12522 W Colonial Trail Hwy Suite 1 Crewe, VA 23930 (434) 538-0028</td>
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<td><strong>Nottoway</strong></td>
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<tr>
<td><strong>Southside Regional Medical Center</strong></td>
<td>200 Medical Park Blvd Petersburg, VA 23805 (804) 765-5000</td>
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<td><strong>Petersburg City</strong></td>
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<tr>
<td><strong>Southside Regional Medical Center</strong></td>
<td>200 Medical Park Blvd Petersburg, VA 23805 (804) 765-5000</td>
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<td><strong>Pittsylvania</strong></td>
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<td><strong>Roanoke City</strong></td>
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<tr>
<td><strong>Carilion Roanoke Memorial Hospital</strong></td>
<td>101 Elm Ave Roanoke, VA 24013 (540) 224-5500</td>
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<td><strong>Richmond City</strong></td>
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<tr>
<td><strong>Bon Secours Richmond Community Hospital</strong></td>
<td>1500 N 28th St Richmond, VA 23223 (804) 225-1700</td>
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<td><strong>Suffolk City</strong></td>
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<tr>
<td><strong>Bayview Medical Center - Diagnostic Center</strong></td>
<td>2000 Meade Pkwy Suffolk, VA 23434 (757) 539-0251</td>
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<tr>
<td><strong>Tazewell</strong></td>
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<tr>
<td><strong>Carilion Tazewell Community Hospital</strong></td>
<td>388 Ben Bolt Ave Tazewell, VA 24651</td>
</tr>
<tr>
<td>City</td>
<td>Address Details</td>
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</table>
| Virginia Beach City           | CHKD Health and Surgery Center at Princess Anne  
2021 Concert Dr  
Virginia Beach, VA 23456  
(757) 668-2711 |
| First Colonial Diagnostic Center (SMG) | 1080 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 395-6464 |
| Sentara Princess Anne Hospital | 2000 Glenn Mitchell Drive  
Virginia Beach, VA 23456  
(757) 363-6100 |
| Sentara Virginia Beach General Hospital | 1060 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-8000 |
| Sentara RMH Medical Center    | 2010 Health Campus Drive  
Harrisonburg, VA 22801  
(540) 689-1000 |
| Chesapeake City               | Chesapeake Regional Medical Center-Reference Lab  
736 Battlefield Blvd  
Chesapeake, VA 23320  
(757) 312-6118 |
| Danville City                 | Lab Care (Danville Regional Medical Center)  
142 S Main St  
Danville, VA 24541  
(434) 799-2129 |
| Piedmont Labs, Inc.           | 115 Mall Drive  
Danville, VA 24540  
(434) 792-5227 |
| SOVAH Health - Danville       | 142 S Main St  
Danville, VA 24541  
(434) 799-4452 |
| Emporia City                  | Southern Virginia Regional Medical Center  
727 North Main St  
Emporia, VA 23847  
(434) 348-4400 |
| Fauquier                      | Fauquier Hospital  
500 Hospital Dr  
Warrenton, VA 20186  
(540) 347-2550 |
| Sunrise Medical Laboratories, Inc. | 8255 E Main St  
Marshall, VA 20115  
(540) 364-1975 |
| Galax City                    | Twin County Regional Hospital-Reference Lab  
200 Hospital Ave  
Galax, VA 24333  
(276) 236-8181 |
| Halifax                       | Halifax Regional Hospital  
2204 Wilborn Ave  
South Boston, VA 24592  
(434) 517-3100 |
| Harrisonburg City             | Sentara RMH Medical Center  
2010 Health Campus Drive  
Harrisonburg, VA 22801  
(540) 689-1000 |
| Rappahannock General Hospital | 101 Harris Dr  
Kilmarnock, VA 22482  
(804) 435-8000 |
| Centra Lynchburg General Hospital | 1901 Tate Springs Rd  
Lynchburg, VA 24501  
(434) 947-3000 |
| Centra Virginia Baptist Hospital | 1901 Tate Springs Rd  
Lynchburg, VA 24501  
(434) 947-4766 |
| Novant Health UVA Health System Prince William Medical Center | 8760 Sudley Rd  
Manassas, VA 20110  
(703) 369-8000 |
| SOVAH Health - Martinsville City | 320 Hospital Drive  
Martinsville, VA 24112  
(276) 666-7654 |
| Children's Hospital of The King's Daughters Reference Lab | 601 Children Ln  
Norfolk, VA 23507  
(757) 668-7000 |
| EVMS Lab Systems (EVMSHS) | 825 Fairfax Ave  
Norfolk, VA 23503  
(757) 446-8976 |
| Sentara Reference Laboratory | 600 Gresham Dr  
Norfolk, VA 23507  
(757) 388-1985 |
| Page Memorial Hospital Inc | 200 Memorial Dr  
Luray, VA 22835  
(540) 743-4561 |
| Centra Virginia Baptist Hospital | 291 McBride Ln  
Greta, VA 24557  
(434) 626-1274 |
| Centra Southside Community Hospital | 800 Oak St  
Farmville, VA 23901  
(434) 392-8811 |
| Novant Health UVA Health System Haymarket Medical Center | 15225 Heathcote Blvd  
Haymarket, VA 20169  
(571) 284-1000 |
| Sentara Virginia Beach General Hospital | 1060 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-8000 |
| Winchester City               | Valley Open MRI  
1830 Amherst Street  
Winchester, VA 22601  
(540) 536-0057 |
| Harrisonburg Cytology Services Inc | 2331 Seminole Lane Suite 102  
Charlottesville, VA 22901  
(540) 433-4991 |
| PRW Laboratories              | 3050 Berkmar Drive Suite A  
Charlottesville, VA 22901  
(800) 288-8325 |
| Sentara Martha Jefferson Hospital | 500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-7000 |
| Sentara Medical Center        | 78 Medical Center  
Fishersville, VA 22939  
(540) 932-4000 |
| Blue Ridge Pathologists, PC   | 70 Medical Center Circle Ste 309  
Fishersville, VA 22939  
(540) 332-5885 |
| Hina Qureshi LLC              | 2030 Avon Court Suite S  
Charlottesville, VA 22902  
(434) 984-4110 |
<table>
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<th>Wise</th>
<th>Fairfax</th>
<th>King William</th>
<th>Suffolk City</th>
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<tr>
<td>Labxperior 517 W Main St Wise, VA 24293 (276) 321-7866</td>
<td>Eatwellguru 5101A Backlick Road Amundale, VA 22003 (703) 665-3814 654 Walker Lane Suite 103 Alexandria, VA 22310 (703) 665-3814 8233 Old Courthouse Road Ste 330 Vienna, VA 22182 (703) 665-3814</td>
<td>Lwell, LLC 3135 King William Hwy West Point, VA 23181 (804) 843-3300</td>
<td>Lwell, LLC Bayview Endocrinology 2000 Meade Pkwy Ste 110 Suffolk, VA 23434 (757) 585-3441</td>
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<tr>
<td>Watts Nutrition Services, LLC 1080 Holton Ave E Ste 101 Big Stone Gap, VA 24219 (276) 523-8715</td>
<td>Healthworks for Northern Virginia 1141 Elden Street Suite 300 Herndon, VA 20170 (703) 481-8160</td>
<td>Eatwellguru 46165 Westlake Dr Suite 200 Sterling, VA 20165 (703) 665-3814</td>
<td>Healthworks for Northern Virginia 163 Fort Evans Road NE Leesburg, VA 20176 (703) 443-2000</td>
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<tr>
<td>Wise County Community Hospital 600 West Ridge Rd Wytheville, VA 24382 (276) 228-0200</td>
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<td>Nutrition Therapy Works! 13195 Warwick Blvd Ste 2B Newport News, VA 23606 (757) 570-6588</td>
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<tr>
<td>Registered Dietitian (Hospital)</td>
<td>Registered Dietitian</td>
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<td>Albemarle</td>
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<tr>
<td>Amanda Terillo Nutrition Counseling 103 South Pantops Drive Suite 105 Charlottesville, VA 22911 (434) 872-3285</td>
<td>Lwell, LLC 1102 Rose Hill Dr Charlottesville, VA 22903 (434) 979-8628</td>
<td></td>
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</tr>
</tbody>
</table>
SELECT PHYSICAL THERAPY
250 Merchants Walk Avenue Suite 300
Charlottesville, VA 22902
(434) 328-4900

Chesapeake City
Kiernan Speech Therapy LLC
2147 Old Greenbrier Rd Ste B
Chesapeake, VA 23320
(757) 606-0531

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651

Four more locations listed...

Chesterfield
Children’s Hospital of Richmond of the VCU Health System
2925 Polo Parkway
Midlothian, VA 23113
(804) 323-3223

Ironbridge Outpatient Physical Therapy
11601 Ironbridge Rd Ste 110
Chesterfield, VA 23822
(804) 764-1001

ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

Six more locations listed...

SELECT PHYSICAL THERAPY
2423 Colony Crossing Place
Midlothian, VA 23112
(804) 763-2662

St. Francis Medical Center Campus
13700 St. Francis Blvd
Midlothian, VA 23114
(804) 764-1001

St. Francis Outpatient Physical Therapy
13700 St. Francis Blvd Ste 300
Midlothian, VA 23114
(804) 764-1001

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Danville City
Danville Speech & Hearing Center
742 Wilson St
Danville, VA 24541
(434) 793-8255

Piedmont Regional Feeding & Oral-Motor Clinic, LLC
625 Piney Forest Rd Suite 407
Danville, VA 24540
(434) 799-7732

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
SELECT PHYSICAL THERAPY
150 Elden St Ste 250
Herndon, VA 20170
(703) 435-0090

6850 Versac Chr Ste 241
Springfield, VA 22151
(703) 256-3400

9409-K Old Burke Lake Rd
Burke, VA 22015
(703) 425-1800

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(703) 776-3088

The Children’s Center
700 Campbell Ave
Franklin, VA 23851
(703) 562-6806

Fredericksburg City
Rappahannock Area CSB
600 Jackson St
Fredericksburg, VA 22401
(540) 373-3223

Gloucester
Bayside Children’s Therapy Network
6688 Main St
Gloucester, VA 23061
(804) 210-1555

Goochland
ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090

Hampton City
Global Speech Services
2019 Cunningham Drive Ste 104
Hampton, VA 23666
(757) 869-7559

Rehabilitation Associates
2713 Magnuder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Sentara Therapy Center - CarePlex
4000 Coliseum Dr Ste 120
Hampton, VA 23666
(757) 827-2070

Hanover
Physiotherapy Associates of Mechanicsville
9097 Atlee Station Rd
Mechanicsville, VA 23116
(804) 559-3390

SELECT PHYSICAL THERAPY
429 England St
Ashland, VA 23005
(804) 798-9870

7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900

Sheltering Arms Hospital Outpatient Services
8254 Atlee Rd
Mechanicsville, VA 23116
(804) 764-1001

Sheltering Arms Rehabilitation Center at Hanover
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Ocational Therapy Clinical Education Services
131 W Grace St Rm 1100
Harrisonburg, VA 22802
(540) 569-4980

RMH Outpatient Rehab Services
501 Stone Spring Rd
Harrisonburg, VA 22801
(540) 433-4555

Parkview 1481 Virginia Ave
Harrisonburg, VA 22802
(540) 438-4228

SunSunny Retirement Community
3935 Sunnyside Dr
Harrisonburg, VA 22801
(540) 433-4198

Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

The Speech and Language Center
1591 Port Republic Road
Harrisonburg, VA 22801
(540) 437-4226

Henrico
Children’s Hospital of Richmond of the VCU Health System
10124K West Broad St
Glen Allen, VA 23060
(804) 273-6656

FIND YOUR VOICE
6024 Collingstone Drive
Glen Allen, VA 23059
(804) 953-9653

Heathsouth Sports Medicine & Rehabilitation Center
7630 E Parham Rd Ste 120
Richmond, VA 23294
(804) 747-4417

Henrico Area Mental Health & Developmental Services
10299 Woodman Rd
Glen Allen, VA 23060
(804) 261-8511

Infant and Child Development Services
1901 Westwood Ave
Richmond, VA 23227
(804) 359-1874

Physiotherapy Associates Inc of West Broad
8906 West Broad St Ste F
Richmond, VA 23294
(804) 965-9990

Physiotherapy Associates of Mechanicsville
8906 West Broad Street Ste F
Richmond, VA 23294
(804) 965-9990

Richmond Area Association for Retarded Citizens
1901 Westwood Ave
Richmond, VA 23227
(804) 353-0163

3600 Saunders Ave
Richmond, VA 23227
(804) 358-1874
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<th>SELECT PHYSICAL THERAPY</th>
<th>1340 Gaskins Road Unit 12</th>
<th>Richmond, VA 23238</th>
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<td>Sheltering Arms Hospital</td>
<td>4730 S Laburnum Avenue</td>
<td>Richmond, VA 23223</td>
<td>(804) 764-1001</td>
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<td>Outpatient Services</td>
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<tr>
<td>Sheltering Arms Midtown</td>
<td>4730 S Laburnum Avenue</td>
<td>Richmond, VA 23223</td>
<td>(804) 764-1001</td>
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<td>Sheltering Arms Outpatient at the</td>
<td>St. Mary's Hospital</td>
<td>Campus 5899 Brewo Rd Ste 101</td>
<td>Richmond, VA 23226</td>
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<tr>
<td>Spot on Therapy Group LLC</td>
<td>4840 Waller Rd Suite 200</td>
<td>Richmond, VA 23230</td>
<td>(804) 893-5010</td>
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</tbody>
</table>

### Henry

| Bassett Physical Therapy | 935 Fairystone Park Highway | Stanleytown, VA 24168 | (276) 622-3636 |

### James City

| Child Development Resources | 150 Point O Woods | Williamsburg, VA 23185 | (757) 566-3900 |

### Lancaster

| Rappahannock General Hospital | 101 Harris Dr | Kilmarnock, VA 22482 | (804) 435-8000 |

### Lynchburg City

| Blue Ridge Therapy Associates, Inc. | 1912 Memorial Ave | Lynchburg, VA 24501 | (434) 845-8765 |

### Martinsville City

<table>
<thead>
<tr>
<th>Acme Therapies Co</th>
<th>101 Cleveland Ave Suite D</th>
<th>Martinsville, VA 24112</th>
<th>(276) 352-4465</th>
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<tr>
<td>Staci Soper</td>
<td>1235 Sam Lions Trail</td>
<td>Martinsville, VA 24112</td>
<td>(276) 806-0662</td>
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</table>

### Petersburg City

| Children's Hospital of Richmond of the VCU Health System | 321 B Poplar Drive Ste 4 | Petersburg, VA 23805 | (804) 733-7233 |

### Portsmouth City

| HANSEL UNION CONSULTING, PLLC | 711 Court Street | Portsmouth, VA 23704 | (757) 967-9926 |

### Prince Edward

| Longwood Center for Communication, Literacy and Learning | 201 Main Street Third Floor | Farmville, VA 23901 | (434) 395-2972 |

### Prince William

| SELECT PHYSICAL THERAPY | 14524 Potomac Mills Rd | Woodbridge, VA 22192 | (757) 869-2928 |

### Richmond City

| Children's Hospital of Richmond of the VCU Health System | 2924 Brook Rd | Richmond, VA 23220 | (804) 228-5911 |

### Roanoke

| Carillon Bone and Joint Center PT/ST/OT | 204 S Maple Street | Roanoke, VA 24014 | (540) 981-8068 |

### Roanoke Valley Speech & Hearing Center

| CRMH Rehab PT/OT/ST | 2017 S Jefferson Street | Roanoke, VA 24014 | (540) 981-8068 |

### Shenandoah

| Shenandoah Memorial Hospital Inc | 759 S Main St | Woodstock, VA 22664 | (540) 459-0421 |

### Spotsylvania

| Children's Hospital of Richmond of the VCU Health System | 10530 Spotsylvania Ave Ste 102 | Fredericksburg, VA 22408 | (540) 891-4485 |

### Stafford

| Rehabilitation Services at the Stafford Medical Pavilion | 125 Hospital Center Blvd Suite 303 | Stafford, VA 22554 | (540) 741-3667 |

### Staunton City

| SELECT PHYSICAL THERAPY | 106 MacTanly Place | Staunton, VA 24401 | (540) 886-4510 |

### Suffolk City

| Physiotherapy at Harbour View | 175 N Main St | Suffolk, VA 23434 | (757) 606-0020 |

### The Children's Center

| 300 Executive Ct | Suffolk, VA 23434 | (757) 687-3320 |

### Tazewell

| Carillon Bone and Joint Center PT/ST/OT | 234 Medical Park Drive | Bluefield, VA 24605 | (276) 322-2223 |

### Four Seasons Rehab

| 108 1/2 Spruce Street | Bluefield, VA 24605 | (276) 322-5511 |

### Virginia Beach City

| ALL COMMUNICATION THERAPY | 933 First Colonial Road Suite 109 | Virginia Beach, VA 23454 | (757) 425-2699 |
Other Services - Tier 1

Atlantic Speech Therapy, Inc.
923 First Colonial Rd Ste 181
Virginia Beach, VA 23454
(757) 566-3242

Dianne D. Epplein and Associates
818 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8016

Helping Hands Therapy Services, PLLC
913 First Colonial Rd Ste 204
Virginia Beach, VA 23454
(757) 550-0725

Rehabilitation Associates
4550 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Sentara Therapy Center - Hilltop
1725 Laskin Rd Ste 355
Virginia Beach, VA 23454
(757) 252-4800

Sentara Therapy Center - Independence
816 Independence Blvd Suite 3F
Virginia Beach, VA 23455
(757) 363-6178

Sentara Therapy Center - Newtown
818 Newtown Road
Virginia Beach, VA 23462
(757) 261-4475

Waynesboro City

Albemarle Therapy Center Inc
200 West 12th Street Suite A1-100
Waynesboro, VA 22980
(540) 941-5501

SELECT PHYSICAL THERAPY
201-B Rosser Ave
Waynesboro, VA 22980
(540) 943-4510

Winchester City

Winchester Medical Center
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

Winchester Rehabilitation Center
333 W Cork St
Winchester, VA 22601
(540) 536-5114

Wythe

Carillon Bone and Joint Center PT/ST/OTh
178 W Main St
Wytheville, VA 24382
(276) 773-2075

York

Peninsula Pediatric Therapies
3630 George Washington Memorial Hwy Suite A
Yorktown, VA 23693
(757) 867-9424

Speech Therapy (Early Intervention)

Accomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 490-3223

Alexandria City
Lopez & Associates Therapy Group, PC
2408 La Grande Avenue
Alexandria, VA 22301
(716) 969-5469

Augusta
Augusta County Public Schools
68 Dick Huff Lane
Verona, VA 22482
(540) 245-5133

Chesapeake
Kiernan Speech Therapy LLC
2147 Old Greenbrier Rd Ste B
Chesapeake, VA 23320
(757) 606-0531

More than Words, L.L.C
404 Mike Trail
Chesapeake, VA 23322
(757) 576-4364

Chesterfield
ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23235
(757) 490-3223

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Danville City
Piedmont Regional Feeding & Oral-Motor Clinic, LLC
625 Piney Forest Rd Suite 407
Danville, VA 24540
(434) 799-7732

Fairfax
TheraPods
6003 Masondale Rd
Alexandria, VA 22315
(304) 488-4372

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Goochland
ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090

44 Broad St Route 250
Manakin, VA 23103
(804) 784-7090

Hampton City
Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(804) 455-5000

FIND YOUR VOICE
6024 Collingstone Drive
Glen Allen, VA 23060
(804) 972-8486

Glen Allen, VA 23059
(804) 953-9653

2450 Old Brick Road Suite 1438
Glen Allen, VA 23229
(804) 972-8486

Hampton City
Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(804) 455-5000

FIND YOUR VOICE
6024 Collingstone Drive
Glen Allen, VA 23060
(804) 972-8486

Glen Allen, VA 23059
(804) 953-9653

2450 Old Brick Road Suite 1438
Glen Allen, VA 23229
(804) 972-8486

Spot on Therapy Group LLC
4840 Waller Rd Suite 200
Richmond, VA 23230
(804) 590-5010

James City
Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3300

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Virginia Beach City

ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

5604 Virginia Beach Blvd Bld A
Suite 101
Virginia Beach, VA 23454
(757) 455-5000

Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Suffolk City

Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Virginia Beach City

ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

5604 Virginia Beach Blvd Bld A
Suite 101
Virginia Beach, VA 23454
(757) 455-5000

Physiotherapy Associates
2135 General Booth Blvd Ste 1
Virginia Beach, VA 23454
(757) 430-8828

3772 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 340-0556

Kemps River Crossing 1400
Fordham Dr
Virginia Beach, VA 23464
(757) 361-3951

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Optima Direct Network Providers 9/2019 657

Optima Health
<table>
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<th>Washington</th>
<th>Mercer</th>
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<td>Blue Mountain Therapy, LLC 18596 Lee Highway Suite B Abingdon, VA 24210 (276) 525-6043</td>
<td>Choice Medical 495 Blue Prince Rd Ste 101 Bluefield, WV 24701 (304) 325-0476</td>
<td>Lincare, Inc. 600 Rogers St Suite 101 Princeton, WV 24740 (888) 323-2372</td>
<td>Bluefield Regional Medical Center 500 Cherry Street Bluefield, WV 24701 (304) 327-1100</td>
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<tr>
<td></td>
<td>Lincare, Inc. 600 Rogers St Suite 101 Princeton, WV 24740 (888) 323-2372</td>
<td>MRI Facility</td>
<td>HealthSouth Southern Hills Rehabilitation Hospital 120 12th Street Princeton, WV 24740</td>
</tr>
<tr>
<td>Winchester City</td>
<td>Med Response 2711 Airport Rd Bluefield, WV 24701 (304) 324-7554</td>
<td>Hampshire</td>
<td>Princeton Community Hospital 122 Twelfth Street Princeton, WV 24740 (304) 487-7000</td>
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<tr>
<td>Physiotherapy Associates 519 West Jubal Early Dr Winchester, VA 22601 (540) 665-0104</td>
<td>Beckley ARH Hospital 306 Stanaford Rd Beckley, WV 25801 (304) 255-3000</td>
<td>Hampshire Memorial Hospital 363 Sunrise Blvd Romney, WV 26757 (304) 822-4561</td>
<td>Mineral</td>
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<tr>
<td></td>
<td>Beckley ARH Hospital 306 Stanaford Rd Beckley, WV 25801 (304) 255-3000</td>
<td>War Memorial Hospital Inc 1 Healthy Way Berkeley Springs, WV 25411 (304) 258-1234</td>
<td>Progressive Physical Therapy &amp; Rehabilitation Center RT 3 Box 3266 Keyser, WV 26726</td>
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<tr>
<td>WI</td>
<td>Beckley ARH Hospital 306 Stanaford Rd Beckley, WV 25801 (304) 255-3000</td>
<td>Apria Healthcare, Inc. 5345 S Morrland Road New Berlin, WI 53151</td>
<td>Penndelton Manor 68 Good Samaritan Dr Franklin, WV 26807 (304) 358-2322</td>
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<tr>
<td>DME</td>
<td>Beckley ARH Hospital 306 Stanaford Rd Beckley, WV 25801 (304) 255-3000</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Raleigh</td>
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<tr>
<td>Waukesha</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Conserva Health Equipment, Inc. 800 East Main Street Wytheville, VA 24382 (276) 228-6941</td>
<td>Penndelton</td>
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<tr>
<td>Reference Lab</td>
<td>Wythe</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Penndelton Manor 68 Good Samaritan Dr Franklin, WV 26807 (304) 358-2322</td>
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<tr>
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<td>WV</td>
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<td>Penndelton Manor 68 Good Samaritan Dr Franklin, WV 26807 (304) 358-2322</td>
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<tr>
<td>Audiology (Facility)</td>
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<td>Kenawha</td>
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<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Raleigh</td>
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<tr>
<td>KCI USA Inc 300 Roxalana Business Park DUNBAR, WV 25064 (800) 275-4524</td>
<td>Wythe</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Penndelton Manor 68 Good Samaritan Dr Franklin, WV 26807 (304) 358-2322</td>
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<td>McDowell</td>
<td>Wythe</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Raleigh</td>
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<tr>
<td>Med Response HC 64 Box 207 B Welch, WV 24801 (304) 431-2115</td>
<td>Wythe</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
<td>Penndelton Manor 68 Good Samaritan Dr Franklin, WV 26807 (304) 358-2322</td>
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<td>Hardy</td>
<td>Wythe</td>
<td>Summers County ARH Hospital 1500 Terrace Street Hinton, WV 25951 (304) 439-6600</td>
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Optima Direct Network Providers 9/2019 658
Princeton Community Hospital
122 Twelfth Street
Princeton, WV 24740
(304) 487-7000

War Memorial Hospital Inc
1 Healthy Way
Berkeley Springs, WV 25411
(304) 258-1234

Beckley ARH Hospital
306 Stanaford Rd
Beckley, WV 25801
(304) 255-3000

Summers County ARH Hospital
1500 Terrace Street
Hinton, WV 25951
(304) 439-6600
Other Services - Tier 2

**VA**

- **Ambulance**
  - UVA Culpeper Hospital
  - 501 Sunset Ln, Culpeper, VA 22701
  - (540) 829-4100

- **Culpeper**
  - UVA Culpeper Hospital
  - 501 Sunset Ln, Culpeper, VA 22701
  - (540) 829-4100

- **Audiology (Facility)**
  - Charlottesville City
    - University of Virginia Speech-Language-Hearing Center
      - 417 Emmet Street South, Charlottesville, VA 22904
      - (434) 924-7034
    - UVA Health Services Foundation
      - 500 Ray C Hunt Dr, Charlottesville, VA 22908
      - (434) 295-1000
    - UVA Physicians Group - Audiology
      - 415 Ray C Hunt Drive, Charlottesville, VA 22903
      - (423) 924-2050

- **Home Health**
  - Charlottesville City
    - Continuum Home Health Care (UVA)
      - 2205 Fontaine Ave, Charlottesville, VA 22908
      - (434) 984-2273
  - Madison
    - Madison Physical Therapy and Rehab
      - 1480 N Main St Ste B, Madison, VA 22727
      - (540) 948-3620

- **Fredericksburg City**
  - Mary Washington Hospital (MWH)
    - 1001 Sam Perry Blvd, Fredericksburg, VA 22401
    - (540) 741-1100

- **Orthotics and Prosthetics**
  - Charlottesville City
    - HSF Prosthetics and Orthotics (UVA Physicians Group)
      - 1204 W Main Street 3rd Floor, Charlottesville, VA 22903
      - (434) 243-4670
      - 2216 Ivy Rd Suite 204, Charlottesville, VA 22903
      - (434) 243-4670

  - Culpeper
    - HSF Prosthetics and Orthotics (UVA Physicians Group)
      - 541 Sunset Lane Ste 303, Culpeper, VA 22701
      - (540) 321-3130

  - Orange
    - HSF Prosthetics and Orthotics (UVA Physicians Group)
      - 1015 Spring Creek Parkway, Zion Crossroads, VA 22942
      - (434) 243-4670

  - Madison
    - Madison Physical Therapy and Rehab
      - 1480 N Main St Ste B, Madison, VA 22727
      - (540) 948-3620

- **Fredericksburg City**
  - Mary Washington Hospital (MWH)
    - 1001 Sam Perry Blvd, Fredericksburg, VA 22401
    - (540) 741-1100

  - Mary Washington Hospital Physical Medicine & Rehab
    - 1001 Sam Perry Blvd, Fredericksburg, VA 22401
    - (540) 741-1542

- **Radiology (Ancillary)**
  - Charlottesville City
    - UVA Imaging, LLC
      - 415 Ray C Hunt Dr Ste 1100, Charlottesville, VA 22908
      - (434) 243-9198

  - Culpeper
    - UVA Imaging, LLC
      - 500 Ray C Hunt Dr, Charlottesville, VA 22908
      - (434) 243-9198

  - Madison
    - Madison Physical Therapy and Rehab
      - 1480 N Main St Ste B, Madison, VA 22727
      - (540) 948-3620

- **Madison**
  - Madison Physical Therapy and Rehab
    - 1480 N Main St Ste B, Madison, VA 22727
    - (540) 948-3620

- **Stafford**
  - North Stafford Physical Therapy (MWH) (REHAB)
    - 422 Garrisonville Rd Suite 103, Stafford, VA 22554
    - (540) 288-2519

- **Reference Lab**
  - Charlottesville City
    - UVA Reference Lab
      - 500 Ray C Hunt Dr, Charlottesville, VA 22908
      - (434) 295-1000

  - Madison
    - UVA Reference Lab
      - 500 Ray C Hunt Dr, Charlottesville, VA 22908
      - (434) 924-5376

  - Culpeper
    - UVA Reference Lab
      - 500 Ray C Hunt Dr, Charlottesville, VA 22908
      - (434) 924-5376

- **Spotsylvania**
  - Mary Washington Home Health Agency
    - 2300 Fall Hill Avenue Suite 401, Fredericksburg, VA 22401
    - (540) 741-1667

  - Madison
    - Madison Physical Therapy and Rehab
      - 1480 N Main St Ste B, Madison, VA 22727
      - (540) 948-3620

- **Westmoreland**
  - Regional Cancer Center at Montross
    - 1394 Kings Hwy, Montross, VA 22520
    - (804) 493-8880

- **MRI Facility**
  - Charlottesville City
    - University of Virginia Medical Center
      - 1215 Lee St, Charlottesville, VA 22908
      - (434) 924-0211

  - Madison
    - Madison Physical Therapy and Rehab
      - 1480 N Main St Ste B, Madison, VA 22727
      - (540) 948-3620

  - Culpeper
    - UVA Culpeper Hospital
      - 501 Sunset Ln, Culpeper, VA 22701
      - (540) 829-4100
Hospitals and Urgent Care Centers- Tier 1

Hospitals and Urgent Care Centers
Tier 1
<table>
<thead>
<tr>
<th>KY</th>
<th>Ambulatory Surgery</th>
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</table>
| Bell | MIDDLESBORO ARH HOSPITAL  
3600 W Cumberland Ave  
Middlesboro, KY 40965  
(606) 242-1100 |
| Floyd | McDowell ARH Hospital  
Rte 122  
McDowell, KY 41647  
(606) 377-3400 |
| Harlan | Harlan ARH Hospital  
81 Ball Park Road  
Harlan, KY 40831  
(606) 573-8100 |
| Leslie | Mary Breckinridge ARH Hospital  
130 Kate Ireland Rd  
Hyden, KY 41749 |
| Letcher | Appalachian Regional Hospital  
Whitesburg  
240 Hospital Road  
Whitesburg, KY 41858  
(606) 633-3500 |
| Morgan | Morgan County ARH Regional Medical Center  
476 Liberty Rd  
West Liberty, KY 41472  
(606) 743-3186 |
| Pike | Williamson ARH Hospital  
260 Hospital Drive  
South Williamson, KY 41503  
(606) 237-1700 |
| Meritus EKG Lab | 11116 Medical Campus Rd  
Hagerstown, MD 21742  
(301) 790-8193 |
| Meritus Imaging at Professional Court | 251 E Antietam St  
Hagerstown, MD 21740  
(301) 790-8000 |
| WVHS Urgent Care Services | 10701 New Georges Creek Rd  
Frostburg, MD 21532  
(301) 689-3229 |
| Concentra Urgent Care | 4451 G Parliament Place  
Lanham, MD 20706  
(866) 944-6046 |
| Meritus Urgent Care, LLC | 11110 Medical Campus Road Ste  
147  
Hagerstown, MD 21742  
(240) 313-9600 |
| 13424 Pennsylvania Avenue Ste 103  
Hagerstown, MD 21742  
(240) 313-3100 |
| MWHS Urgent Care Services | 10701 New Georges Creek Rd  
Frostburg, MD 21532  
(301) 689-3229 |
| Concentra Urgent Care | 4451 G Parliament Place  
Lanham, MD 20706  
(866) 944-6046 |
| Meritus Urgent Care, LLC | 11110 Medical Campus Road Ste  
147  
Hagerstown, MD 21742  
(240) 313-9600 |
| 13424 Pennsylvania Avenue Ste 103  
Hagerstown, MD 21742  
(240) 313-3100 |

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<tr>
<th>MD</th>
<th>Freestanding Outpatient Facilities</th>
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| Washington | Meritus EKG Lab  
11116 Medical Campus Rd  
Hagerstown, MD 21742  
(301) 790-8193 |
| Meritus Imaging at Professional Court | 251 E Antietam St  
Hagerstown, MD 21740  
(301) 790-8000 |
| Allegany | Concentra Urgent Care  
4451 G Parliament Place  
Lanham, MD 20706  
(866) 944-6046 |
| Prince Georges | Meritus Urgent Care, LLC  
11110 Medical Campus Road Ste  
147  
Hagerstown, MD 21742  
(240) 313-9600 |

<table>
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<tr>
<th>NC</th>
<th>Ambulatory Surgery</th>
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| Durham | Duke Regional Hospital  
3643 Roxboro Rd  
Durham, NC 27704  
(919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd  
Durham, NC 27710  
(919) 684-8111 |

| Forsyth | Piedmont Stone Center  
PO Box 25806  
Winston Salem, NC 27114  
(336) 714-2509 |

| Pasquotank | Sentara Albemarle Medical Center  
1144 N Road Street  
Elizabeth City, NC 27909  
(252) 355-0831 |

| Wake | Duke Raleigh Hospital  
3400 Wake Forest Rd  
Raleigh, NC 27609  
(919) 954-3000 |

| Washington | Washington Co Hospital  
958 US Hwy 64 E  
Plymouth, NC 27962  
(252) 793-4135 |

| Dare | SENTARA ALBEMARLE MEDICAL CENTER-AMBULATORY SURGERY  
5200 N Croatan Hwy  
Kitty Hawk, NC 27949  
(252) 255-6020 |

| Durham | Duke Regional Hospital  
3643 Roxboro Rd  
Durham, NC 27704  
(919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd  
Durham, NC 27710  
(919) 684-8111 |

| Wake | Duke Raleigh Hospital  
3400 Wake Forest Rd  
Raleigh, NC 27609  
(919) 954-3000 |

| Hospital | Duke Regional Hospital  
3643 Roxboro Rd  
Durham, NC 27704  
(919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd  
Durham, NC 27710  
(919) 684-8111 |
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<tr>
<td>Bedford City</td>
<td>Bedford Memorial Hospital 1613 Oakwood St Bedford, VA 24523</td>
<td>(540) 586-8424</td>
<td>Emporia City</td>
<td>Southern Virginia Regional Medical Center 727 North Main St Emporia, VA 23847</td>
<td>(434) 348-4400</td>
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<td>Chesapeake City</td>
<td>Chesapeake General Hospital - Ambulatory Surgery 736 Battlefield Blvd Chesapeake, VA 23320</td>
<td>(757) 547-8121</td>
<td>Fairfax</td>
<td>Reston Hospital Center 1850 Town Center Pkwy Reston, VA 20190</td>
<td>(703) 689-9000</td>
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<tr>
<td>Chesterfield</td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd Midlothian, VA 23114</td>
<td>(804) 594-7300</td>
<td>Skin Cancer Outpatient Surgical Hospital 8301 Old Courthouse Rd Vienna, VA 22182</td>
<td>(703) 442-0300</td>
<td>611 Watkins Center Parkway Suite 150 Midlothian, VA 23114</td>
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<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fauquier</td>
<td>Fauquier Hospital 500 Hospital Dr Warrenton, VA 20186</td>
<td>(540) 347-2550</td>
</tr>
<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Franklin</td>
<td>Carilion Franklin Memorial Hospital 180 Floyd Avenue Rocky Mount, VA 23151</td>
<td>(540) 633-9353</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Franklin City</td>
<td>Southampton Memorial Hospital 100 Fairview Dr Franklin, VA 23851</td>
<td>(757) 569-6100</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fredericksburg City</td>
<td>Fredericksburg Ambulatory Surgery Center 1201 Sam Perry Blvd Ste 101 Fredericksburg, VA 22401</td>
<td>(540) 741-7000</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Galax City</td>
<td>Twin County Regional Hospital 200 Hospital Drive Galax, VA 24333</td>
<td>(276) 236-8181</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Giles</td>
<td>Carilion Giles Community Hospital 159 Hartley Way Pearisburg, VA 24134</td>
<td>(540) 921-6000</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Halifax</td>
<td>Halifax Regional Hospital 2204 Wilborn Ave South Boston, VA 24592</td>
<td>(434) 517-3100</td>
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<tr>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Hampton City</td>
<td>CarePlex Orthopaedic Ambulatory Surgery Center 3000 Coliseum Drive Hampton, VA 23666</td>
<td>(757) 736-4100</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Sentara CarePlex Hospital 3000 Coliseum Dr Hampton, VA 23666</td>
<td>(757) 736-1000</td>
<td>8200 Meadowbridge Road Suite 100 Mechanicsville, VA 23116</td>
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<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Hanover</td>
<td>Bon Secours Memorial Regional Medical Center 8200 Meadowbridge Road Suite 100 Mechanicsville, VA 23116</td>
<td>(804) 764-6000</td>
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<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Franklin City</td>
<td>Colan and Rctal Specialists, LTD 7425 Lee Davis Road Mechanicsville, VA 23111</td>
<td>(804) 559-3400</td>
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<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Harrisonburg City</td>
<td>Sentara RMH Medical Center 2010 Health Campus Drive Harrisonburg, VA 22801</td>
<td>(540) 689-1000</td>
</tr>
<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fredericksburg City</td>
<td>Valley Outpatient Services, LLC 4165 Quares Court Harrisonburg, VA 22801</td>
<td>(540) 434-1664</td>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fredericksburg City</td>
<td>Centra Virginia Baptist Hospital 1901 Tate Springs Rd Lynchburg, VA 24501</td>
<td>(434) 947-3000</td>
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<tr>
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<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fredericksburg City</td>
<td>Sentara Health UVA Health System Prince William Medical Center 8700 Sudley Rd Manassas, VA 20110</td>
<td>(703) 369-8000</td>
</tr>
<tr>
<td></td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd #200 Midlothian, VA 23114</td>
<td>(804) 594-3000</td>
<td>Fredericksburg City</td>
<td>Sentara Health UVA Health System Prince William Medical Center 8700 Sudley Rd Manassas, VA 20110</td>
<td>(703) 369-8525</td>
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Optima Health
### Hospital and Urgent Care Center Directory - Tier 1

<table>
<thead>
<tr>
<th>City</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Martinsville City</td>
<td>SOVAH Health - Martinsville 320 Hospital Drive Martinsville, VA 24112</td>
<td>(276) 666-7654</td>
</tr>
<tr>
<td>Mecklenburg</td>
<td>VCU Community Memorial Hospital 125 Buena Vista Cir South Hill, VA 23970</td>
<td>(434) 447-3151</td>
</tr>
<tr>
<td>Montgomery</td>
<td>Carillon New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073</td>
<td>(540) 731-2000</td>
</tr>
<tr>
<td>New River Valley</td>
<td>Carillon New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073</td>
<td>(540) 731-2000</td>
</tr>
<tr>
<td>Pulaski</td>
<td>Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301</td>
<td>(540) 878-9142</td>
</tr>
<tr>
<td>Richmond City</td>
<td>Boulders Ambulatory Surgery Center 1115 Boulders Parkway Ste 210 Richmond, VA 23225</td>
<td>(804) 672-4040</td>
</tr>
<tr>
<td>Roanoke City</td>
<td>Carillon Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 2013 1906 Belleview at Jefferson St Roanoke, VA 20111</td>
<td>(540) 224-5500</td>
</tr>
<tr>
<td>Suffolk City</td>
<td>Sentara Obici Ambulatory Surgery, LLC 2750 Godwin Blvd Suffolk, VA 23434</td>
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<td>Carillon Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td>Chesapeake General Hospital - Ambulatory Surgery 229 Clearfield Avenue Virginia Beach, VA 23461</td>
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<td>Johnston Memorial Hospital 16000 Johnston Memorial Drive Abingdon, VA 24211</td>
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<td>Blue Ridge Endoscopy (Winchester Endoscopy Services) 190 Campus Blvd Ste 150 Winchester, VA 22601</td>
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<td>Centra Southside Community Hospital 800 Oak St Farmville, VA 23901</td>
<td>(434) 392-8811</td>
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<td>Potomac Urology ASC</td>
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<td>(703) 680-2111</td>
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<tr>
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<td>StoneSprings Hospital Center</td>
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<td>Dulles, VA 20166</td>
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Optima Direct Network Providers 9/2019 673
New Town Urgent Care (SMG)
4374 New Town Ave Ste 100
Williamsburg, VA 23188
(757) 259-1900

Velocity Urgent Care
4374 New Town Ave
Williamsburg, VA 23188
(757) 984-6140
4374 New Town Ave Suite 100
Williamsburg, VA 23188
(757) 984-6140

VelocityCare Blacksburg
215 Gilbert Street
Blacksburg, VA 24060
(540) 266-6800

Newport News City
Children's Hospital Of The King's Daughters - UCC
680 Oyster Point Rd Suite 105
Newport News, VA 23602
(757) 668-4845

Hampton Roads Urgent Care, PLLC
730 Thimble Shoals Blvd Suite 110
Newport News, VA 23606
(757) 327-0130

In & Out Express Care
704 Thimble Shoals Blvd Suite 200
Newport News, VA 23606
(757) 240-5580

J. Clyde Urgent Care (SMG)
747 J Clyde Morris Blvd
Newport News, VA 23601
(757) 599-6117

MD Express
12997 Warwick Blvd
Newport News, VA 23602
(757) 369-9446

Med Point Urgent Care (Dr. Walter Lowery)
730 Thimble Shoals Blvd Ste 110
Newport News, VA 23606
(757) 223-5700

Patient First - Denbigh Blvd
611 Denbigh Blvd
Newport News, VA 23608
(757) 283-8300

Velocity Urgent Care
747 J Clyde Morris Blvd
Newport News, VA 23601
(757) 736-3680

Norfolk City
Bayview Physician Services PC (Urgent Care Center)
7924 Chesapeake Blvd
Norfolk, VA 23518
(757) 587-1700

East Beach Urgent Care
9545 Shore Drive
Norfolk, VA 23518
(757) 785-4861

Fort Norfolk Plaza Urgent Care, Inc.
301 Riverview Ave Ste 100
Norfolk, VA 23510
(757) 233-0264

Velocity Urgent Care
1326 E Little Creek Rd
Norfolk, VA 23518
(757) 583-6338

7435 Granby St
Norfolk, VA 23505
(757) 702-8101

Pulaski
Alliance Xpress Care LLC
5275 Alexander Rd Ste A
Pulaski, VA 24301
(540) 307-5597

Richmond City
First OnSite LLC
7325 Beaufont Springs Drive Ste 103
Richmond, VA 23225
(804) 267-2518

MedExpress Urgent Care UCC, PC - Virginia
4903 Nine Mile Road
Richmond, VA 23223
(804) 222-3549

Norton City
Appalachian After Hours Care PC
1014 Park Avenue NW
Norton, VA 24273
(276) 679-2377

Page
Page Memorial Convenient Care
200 Memorial Drive
Luray, VA 22835
(540) 743-4561

Prince George
BetterMed (Emergency Physicians Immediate Care Center 2)
4600 Puddledock Road
Prince George, VA 23875
(804) 704-8655

Prince William
Doctors Express
4167 Merchant Plaza
Woodbridge, VA 22192
(703) 878-8800

Nextcare Urgent Care
12581 Millstead Way Suite 103
Woodbridge, VA 22192
(703) 897-5890

3990 Fettler Park Drive Suite B
Dumfries, VA 22025
(571) 499-5813

Novant Health UVA Hlth System UCC & Occupational Med(Bristol)
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4245

Patient First
2199 Old Bridge Road
Lake Ridge, VA 22192
(703) 357-9707

Velocity Urgent Care
16422 Navigation Dr
Woodbridge, VA 22192
(703) 897-5890

5410 Merchant Plaza
Bristow, VA 20136
(703) 897-5890

MedExpress Urgent Care UCC, PC - Virginia
1336 West Main Street
Salem, VA 24153
(540) 389-0374

Smyth
First Assist Urgent Care
245 Medical Park Drive Ste C
 Marion, VA 24354
(276) 378-3300

Spotsylvania
Nextcare Urgent Care
5825 Plank Road Suite 105
Fredericksburg, VA 22407
(540) 785-3448

Primary & Urgent Care LLC
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Prime Care Urgent Care, PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

PrimeCare PedsXpress, LLC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Stafford
Fairfax Medical Clinic LLC
882 Garrisonville Road
Stafford, VA 22554
(540) 318-6646

STAFFORD
Kidmed UCC, Inc.
20 Doc Stone Road
Stafford, VA 22556
(804) 592-5437
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<td>1500 Terrace Street</td>
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<td>(304) 439-6600</td>
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<tr>
<td>202 Foxcroft Ave</td>
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<td><strong>VALLEY HEALTH URGENT CARE - UCC</strong></td>
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<td>(304) 350-3200</td>
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<td>Ridgeley, WV 26753</td>
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Hospitals and Urgent Care Centers - Tier 2

Hospitals and Urgent Care Centers
Tier 2
The Gamma Knife Center (UVA)
1251 Lee Street
Charlottesville, VA 22908
(434) 924-3627

University of Virginia Health System Outpatient Surgery
1215 Lee Street
Charlottesville, VA 22908
(434) 924-5376
500 Monroe Lane
Charlottesville, VA 22908
(434) 924-5376

UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Mary Washington Hospital (MWH)
1001 Sam Perry Blvd
Fredericksburg, VA 22401
(540) 741-1100

Moser Radiation Therapy Center (UVA)
2871 Ivy Rd
Charlottesville, VA 22903
(434) 982-0770

University of Virginia Medical Center
1215 Lee St
Charlottesville, VA 22908
(434) 924-0211

UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Freestanding Outpatient Facilities

Charlottesville City

Fredericksburg City

Fredericksburg City
Behavioral Health

KY

Professional Counselor

Inez
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
P. O. Box 352 Old Rt 3 Rock Castle Rd
Inez, KY 41224
(606) 886-8572

Paintsville
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
110 South Mayo Trail
Paintsville, KY 41240
(606) 886-8572

Pikeville
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Prestonsburg
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
104 South Front Ave
Prestonsburg, KY 41653
(606) 886-8572

Salyersville
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
1410 Royalton Rd
Salyersville, KY 41465
(606) 886-8572

Toler
Caudill, Christopher P, LPC
Mountain Comprehensive Care Center Inc
26229 Us Hwy 119 N
Toler, KY 41514
(606) 886-8572

Psychiatrist

Inez
Chua, Corazon N, MD
Mountain Comprehensive Care Center Inc
P. O. Box 352 Old Rt 3 Rock Castle Rd
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(606) 886-8572

Paintsville
Chua, Corazon N, MD
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Pikeville
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Prestonsburg
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104 S Front Ave
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Salyersville
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(606) 886-8572

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Chua, Corazon N, MD
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(606) 886-8572

Inez
Narola, Jay V, MD
Psychiatric Center Inc
1330 South Mayo Trail
Paintsville, KY 41501
(606) 432-7233

Paintsville
Narola, Jay V, MD
Psychiatric Center Inc
1330 South Mayo Trail
Paintsville, KY 41501
(606) 432-7233

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Psychiatric Center Inc
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Inez
Pothuloori, Manmohan P, MD
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118 River Drive
Pikeville, KY 41501
(606) 886-8572

Paintsville
Pothuloori, Manmohan P, MD
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
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Pikeville
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Salyersville
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Toler
Pothuloori, Manmohan P, MD
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118 River Drive
Pikeville, KY 41501
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Inez
Jenkins, Kristal D, LCP
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Jenkins, Kristal D, LCP
Mountain Comprehensive Care Center Inc
26229 Us Hwy 119 N
Toler, KY 41514
(606) 886-8572

Inez
Dumas, James G, MD
Mountain Comprehensive Care Center Inc
118 River Drive
Pikeville, KY 41501
(606) 886-8572

Paintsville
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Optima Direct Network Providers 9/2019 684
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<td>Hagerstown</td>
<td>Brown, Danice, LCP</td>
<td>Behavioral Health</td>
<td>9199 Reisterstown Road Suite 105b Owings Mills, MD 21117 (410) 356-9200</td>
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<td>Childerston, James K, LCP</td>
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<td>1146 Opal Court Hagerstown, MD 21740 (301) 797-2110</td>
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<td>Bonny, Catherine S, LCSW</td>
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<td>1100 Industrial Blvd West Cumberland, MD 21502 (301) 895-3117</td>
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<td>Sandler, Nancy K, LCSW</td>
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<td>Abrahms, Michael, LCSW</td>
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<td>Berger, Robyn L, LCSW</td>
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<td>Friner, Kim M, LCSW</td>
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<td>Soronson, Diane, LCSW</td>
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Optima Direct Network Providers 9/2019 686
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Optima Direct Network Providers 9/2019 688

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Optima Health
Optima Direct Network Providers 9/2019 691
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| Nurse Practitioner | Optima Direct Network Providers 9/2019 | 692 |
Behavioral Health

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### Behavioral Health

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<tr>
<td><strong>Kingsport</strong></td>
<td>Beach-Callebs, Kristy, LPC - Cognitive Specialists Of The Tri Cities 204 Cherokee St Kingsport, TN 37660 (423) 245-5608</td>
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<td>Hymes, Aaron S, LPC - Medical Education Assistance Corporation 917 N Walnut St Johnson City, TN 37604 (423) 969-4050</td>
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<td>Fritz, Dawn, LPC - Frontier Health 1570 Waverly Rd Kingsport, TN 37664 (423) 224-1300</td>
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<td>Hopson, Valerie, LPC - Frontier Health 2001 E Stonebrook Pl Kingsport, TN 37660 (423) 639-1104</td>
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<td>Hymes, Aaron S, LPC - Medical Education Assistance Corporation 204 Cherokee St Kingsport, TN 37660 (423) 245-5608</td>
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**Optima Direct Network Providers 9/2019**

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Behavioral Health

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Elizabethton, TN 37643
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Comstock, Paul C, LCSW
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2151 Century Ln
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Behavioral Health

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2151 Century Lane
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(423) 439-7371

Fields, Susan D, LCSW
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Ray, Beverly, LCSW
Ray, Beverly G, LCSW
Parris, Jennifer W, LCSW
Mccray, Sarah Jean, LCSW
Helm, Eric A, LNP

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Trexler, June G, LCSW
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Johnson City, TN 37605
(423) 232-2600

Turner, Patricia, LCSW
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Knoxville

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Knoxville, TN 37919
(865) 603-5850

Mountain City

Crutchfield, Freida Adair, LCSW
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Rogersville

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Greenway, Rebecca D, LCSW
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Trantham, Kimberly S, LCSW
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Kingsport, TN 37660
(423) 224-1000

Turner, Patricia, LCSW
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Weaver, Randall, LCSW
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(423) 224-1300

Helm, Eric A, LNP
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(276) 346-3590

Freed, Kristin, LNP
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(434) 295-1000

Prachar, Tanya L, LNP
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(434) 924-8662

Thompson-Heisterman, Anita, LNP
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Charlottesville, VA 22908
(434) 295-1000

Hussar, Nancy E, LNP
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Culpeper, VA 22701
(540) 825-6100

Helm, Eric A, LNP
Frontier Health
43 Champions Ave
Big Stone Gap, VA 24219
(276) 346-3590

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**Behavioral Health**

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<td>Gonzalez, Rose E, LCP</td>
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<td>804-242-2331</td>
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<td>Brenner, Laurin A, LCP</td>
<td>Charlottesville, VA</td>
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<td>Broshek, Donna, LCP</td>
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<td>Bruschwein, Heather M, LCP</td>
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<td>Charlottesville, VA</td>
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Optima Direct Network Providers 9/2019

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Behavioral Health

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99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Keyser
Bishop, Theresa, LPC
Bluestone Health Association
3016 E Cumberland Rd
Bluefield, WV 24701
(304) 431-5499

Thomas, William Scott, MD
Osteopathic Medicine Clinic Inc
1464 Jefferson St N
Lewisburg, WV 24901
(304) 645-3220

Psychologist

Bluefield
Frethiem, Chester T, LCP
Chester T Frethiem 1421 Stadium Dr
Bluefield, WV 24701
(304) 425-9471

Gee, Jeffry T, MD
Princeton Community Hospital Association Inc
122 12th St
Princeton, WV 24740
(304) 487-7936

Princeton
Dar, Naseen R, MD
Naseen R Dar MD
6 Quail Valley Medical Center
Princeton, WV 24740
(304) 425-9471

Mann, Samantha, LPC
Bluestone Health Association
3016 E Cumberland Rd
Bluefield, WV 24701
(304) 431-5499

Taylor, Cheryl E, LCP
Princeton Community Hospital Association Inc
133 South View Dr
Bluefield, WV 24701
(304) 327-9205

Optima Direct Network Providers 9/2019 701
null
Shor, Elizabeth, LCSW
Shenandoah Valley Medical System Inc
99 Tavern Rd
Martinsburg, WV 25401
(304) 263-7023

Simms, Megan E, LCSW
Megan Simms
400 W Martin St
Martinsburg, WV 25401
(304) 261-8456

Trietsch, Nicholas, LCSW
Nurture And Balance PLLC
142 N Queen St Ste 105
Martinsburg, WV 25401
(304) 579-1515

Ramer, Seth Craig, LCSW
Seth Craig Ramer LCSW
315 Point Marion Rd
Morgantown, WV 26505
(301) 895-3117

Haggerty, Nicole B, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

King, Rebecca N, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

Lyon, Johnathan A, LCSW
E A Hawse Health Center Inc
111 S Grove St Ste 1
Petersburg, WV 26847
(304) 257-2556

Wall, Krysten, LCSW
Monroe Health Center
2869 Seneca Trail S
Peterstown, WV 24963
(304) 772-3064

Wall, Krysten, LCSW
Monroe Health Center
200 Health Center Drive
Union, WV 24983
(304) 772-3064
Chain Pharmacy Services

Costco Pharmacy  
1-800-607-6861  
TTY# TRS Relay Number 711  
www.costco.com/warehouse/locator.aspx

CVS Pharmacy  
1-800-746-7287  
TTY# TRS Relay Number 711  
https://www.cvs.com/store-locator/landing

Food Lion Pharmacy  
1-800-210-9569  
TTY# TRS Relay Number 711  
https://www.foodlion.com/departments/pharmacy/

Giant Pharmacy  
1-888-469-4424  
TTY# TRS Relay Number 711  
https://giantfood.com/store/locator/

Harris Teeter Pharmacy  
1-800-432-6111 option 2  
TTY# TRS Relay Number 711  
http://www.harristeeter.com/other/store_locator/store_locator.aspx

Kmart Pharmacy  
1-800-416-7565  
TTY# TRS Relay Number 711  
https://pharmacy.kmart.com/newrx-landing

Kroger Pharmacy  
1-800-576-4377 (1-800-KROGERS)  
TTY# TRS Relay Number 711  
http://www.kroger.com/stores/storeLocator?hash=findStoreLink

Martin’s Food Markets Pharmacy  
1-888-562-7846  
TTY# TRS Relay Number 711  
https://martinsfoods.com/

Rite Aid Pharmacy  
1-800-748-3243 (1-800-RITE-AID)  
TTY# 1-800-821-1833  
https://www.riteaid.com/store-locator

Sam’s Pharmacy  
1-888-746-7726  
TTY# TRS Relay Number 711  
https://www.samsclub.com/locator

Target Pharmacy  
1-800-440-0680  
TTY# TRS Relay Number 711  
https://www.target.com/store-locator/find-stores

Walgreens' Pharmacy  
1-800-925-4733 (1-800-WALGREENS)  
TTY# TRS Relay Number 711  
https://www.walgreens.com/storelocator/find.jsp

Walmart Pharmacy  
1-800-925-6278  
TTY# TRS Relay Number 711  
www.walmart.com/cservice/ca_storefinder.gsp
## Pharmacy Services

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<tr>
<th>Pharmacy</th>
<th>Address</th>
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<td>Medplus Pharmacy Ac</td>
<td>6020 Richmond Hwy, Alexandria, Va 22303-2303</td>
<td>(703) 239-3288</td>
</tr>
<tr>
<td>Neighborhood Pharmacy Of Del Ray</td>
<td>2204 Mount Vernon Ave, Alexandria, Va 22301-2301</td>
<td>(703) 836-1700</td>
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<tr>
<td>Skyline Pharmacy &amp; Clinic</td>
<td>5100 Leesburg Pike Ste 101, Alexandria, Va 22302-2302</td>
<td>(703) 417-9074</td>
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<tr>
<td>Amelia Pharmacy Inc</td>
<td>15412 Patrick Henry Hwy, Amelia, Va 23002-3002</td>
<td>(804) 561-6885</td>
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<tr>
<td>Amelia Pharmacy</td>
<td>7006b Little River Tnpk, Bealeton, Va 22039-2309</td>
<td>(703) 568-4234</td>
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<tr>
<td>Michaels Pharmacy</td>
<td>101 Charwood Drive, Abingdon, Va 24210-4210</td>
<td>(276) 676-4234</td>
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<tr>
<td>Northgate Pharmacy</td>
<td>611 Campus Dr Ste 212, Alexandria, Va 22312-2312</td>
<td>(703) 239-3288</td>
</tr>
<tr>
<td>Northgate Pharmacy II</td>
<td>26100 Lee Hwy, Alexandria, Va 22205-2205</td>
<td>(703) 568-4234</td>
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<tr>
<td>Ted Pharmacy</td>
<td>24555 Stone Carver Dr Ste 175, Aldie, Va 20105-0105</td>
<td>(571) 367-3914</td>
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<tr>
<td>Agape Pharmacy</td>
<td>6349 Lincinna Rd, Alexandria, Va 22312-2312</td>
<td>(703) 642-2900</td>
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<td>Landmark Foot And Ankle Center</td>
<td>5249 Duke St Ste 212, Alexandria, Va 22304-2304</td>
<td>(703) 370-2313</td>
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<td>Landmark Professional Pharmacy, LLC</td>
<td>5249 Duke St Unit L1, Alexandria, Va 22304-2304</td>
<td>(703) 212-0200</td>
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<td>Medplus Pharmacy</td>
<td>530 Duke St Ste 2, Alexandria, Va 22304-2304</td>
<td>(703) 751-1111</td>
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<td>Joule Wellness Pharmacy</td>
<td>1028 S Walter Reed Dr, Arlington, Va 22204-2204</td>
<td>(571) 699-3593</td>
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<td>Nova Pharmacy</td>
<td>6023 Wilson Blvd, Arlington, Va 22205-2205</td>
<td>(703) 538-5555</td>
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<td>Preston's Pharmacy</td>
<td>501 Lee Hwy, Arlington, Va 22207-2207</td>
<td>(703) 522-3412</td>
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<tr>
<td>Virginia Hospital Center Outpatient Pharmacy</td>
<td>1701 N George Mason Dr, Arlington, Va 22205-2205</td>
<td>(703) 717-7750</td>
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<tr>
<td>Blue Ridge Medical Center Pharmacy</td>
<td>4038 Thomas Nelson Highway, Arvlington, Va 22202-2202</td>
<td>(540) 263-4810</td>
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<tr>
<td>King William Pharmacy</td>
<td>7890 B Irland Road, Aylet, Va 23007-3009</td>
<td>(804) 769-3885</td>
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<td>Foscare Pharmacy</td>
<td>7002 Poplar St Ste E, Annadale, Va 22003-2003</td>
<td>(571) 830-6583</td>
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<td>Cornerstone Pharmacy</td>
<td>205 Kilbourne Avenue, Appalachia, Va 24216-4216</td>
<td>(276) 565-3434</td>
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<td>Appomattox Drug Store</td>
<td>2046 Confederate Blvd, Appomattox, Va 24522-4522</td>
<td>(434) 352-7161</td>
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<td>Hometown Pharmacy</td>
<td>199 Old Courthouse Rd, Appomattox, Va 24522-4522</td>
<td>(434) 352-3784</td>
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<tr>
<td>Arlington Pharmacy</td>
<td>5513 Wilson Blvd, Arlington, Va 22205-2205</td>
<td>(703) 525-0500</td>
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<tr>
<td>Carlin Springs Pharmacy</td>
<td>611 S Carlin Springs Road #105, Arlington, Va 22204-2204</td>
<td>(703) 379-4000</td>
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<tr>
<td>Reeds Pharmacy</td>
<td>15 Crow St Ste A, Berryville, Va 22611-2301</td>
<td>(540) 955-2020</td>
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<tr>
<td>Battletown Pharmacy</td>
<td>33 W Main St, Berryville, Va 22611-2611</td>
<td>(540) 955-0500</td>
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<tr>
<td>Family Care Pharmacy</td>
<td>14 E 27th St N Suite #1, Big Stone Gap, Va 24219-2419</td>
<td>(276) 523-1713</td>
</tr>
<tr>
<td>Big Stone Gap Pharmacy</td>
<td>11 East 5th Street North, Big Stone Gap, Va 24219-2419</td>
<td>(276) 566-4234</td>
</tr>
<tr>
<td>Family Drug Inc</td>
<td>14 E 27th St N Suite #1, Big Stone Gap, Va 24219-2419</td>
<td>(276) 523-1713</td>
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<tr>
<td>Union Drug</td>
<td>310 Cloverleaf Sq Bldg A #1, Big Stone Gap, Va 24219-2419</td>
<td>(276) 523-2100</td>
</tr>
<tr>
<td>Big Stone Gap Economy Drug Inc</td>
<td>1403 N Main St, Blacksburg, Va 24060-4060</td>
<td>(540) 552-3000</td>
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<tr>
<td>Main Street Pharmacy</td>
<td>301 S Main St Ste 107, Blacksburg, Va 24060-4060</td>
<td>(540) 605-7721</td>
</tr>
<tr>
<td>Spencers Drug Store Inc</td>
<td>100 North Main Street, Blackstone, Va 23824-3824</td>
<td>(434) 292-3132</td>
</tr>
<tr>
<td>New Graham Pharmacy Inc</td>
<td>566 Virginia Avenue, Bluefield, Va 24605-4505</td>
<td>(276) 326-1166</td>
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<tr>
<td>Bowling Green Pharmacy</td>
<td>121 Travis St, Bowling Green, Va 24227-2427</td>
<td>(804) 633-4674</td>
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<tr>
<td>Paths Community Pharmacy</td>
<td>380 Washington St, Boydton, Va 23917-3917</td>
<td>(434) 210-4488</td>
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<td>(276) 566-4234</td>
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<td>(276) 523-1713</td>
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<tr>
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<td>310 Cloverleaf Sq Bldg A #1, Big Stone Gap, Va 24219-2419</td>
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<td>566 Virginia Avenue, Bluefield, Va 24605-4505</td>
<td>(276) 326-1166</td>
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<td>Bowling Green Pharmacy</td>
<td>121 Travis St, Bowling Green, Va 24227-2427</td>
<td>(804) 633-4674</td>
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<td>Paths Community Pharmacy</td>
<td>380 Washington St, Boydton, Va 23917-3917</td>
<td>(434) 210-4488</td>
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<tr>
<td>Bridgewater Pharmacy</td>
<td>509 N Main St, Bridgewater, Va 22812-3822</td>
<td>(540) 528-6900</td>
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</tbody>
</table>
### Pharmacy Services

<table>
<thead>
<tr>
<th>City</th>
<th>Pharmacy Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bristol</td>
<td>Buntings And Northside Drug Center</td>
<td>1883 Euclid Ave, Bristol, VA 24201-4201</td>
<td>(276) 466-3680</td>
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<tr>
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<td>Clinic Pharmacy Inc</td>
<td>2195 Euclid Ave Ste 7, Bristol, VA 24201-4201</td>
<td>(276) 644-3338</td>
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<td>Southwest Virginia Community Pharmacy</td>
<td>2195 Euclid Ave Ste 7, Bristol, VA 24201-4201</td>
<td>(276) 644-3338</td>
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<td>Blue Devil Drug Inc</td>
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<td>Rayfields Pharmacy Inc</td>
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<td>Buena Vista Family Pharmacy</td>
<td>2263 Magnolia Ave, Buena Vista, VA 24416-4416</td>
<td>(540) 261-2896</td>
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<td>Brookneal Drug Company</td>
<td>120 Rush St, Brookneal, VA 24528-4528</td>
<td>(434) 376-2220</td>
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<td>Ransones Drug</td>
<td>19771 Main St, Buchanan, VA 24066-4066</td>
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<td>13995 Metrotech Dr, Chantilly, VA 20151-0151</td>
<td>(703) 378-7850</td>
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<td>ContinuumRx Of North Virginia, LLC</td>
<td>14303 Sullyfield Cir Ste C, Chantilly, VA 20151-0151</td>
<td>(800) 665-2850</td>
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<td></td>
<td>Charlotte Ct House</td>
<td>Charlotte Drug Company</td>
<td>(304) 542-5171</td>
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<td>Charlotte Drug Company</td>
<td>120 David Bruce Ave, Charlotte Ct House, VA 23923-3923</td>
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<td>Sentara Martha Jefferson Hospital Outpatient Pharmacy</td>
<td>500 Martha Jefferson Dr, Charlottesville, VA 22911-2911</td>
<td>(434) 654-3348</td>
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<td>Sentara Home Infusion Pharmacy Services</td>
<td>535 Independence Pkwy, Chesapeake, VA 23320-3320</td>
<td>(757) 553-3568</td>
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<td>Top Notch Family Pharmacy</td>
<td>943 Preston Ave, Charlottesville, VA 22903-2903</td>
<td>(434) 995-5595</td>
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<td>Chase City</td>
<td>F W Richards Jr Inc</td>
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<td>Chilhowie</td>
<td>1449 East Lee Highway, Chilhowie, VA 23419-3419</td>
<td>(707) 521-0491</td>
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<td>Chilhowie Drug Company</td>
<td>322 E Main Street, Charlottesville, VA 22902-2902</td>
<td>(434) 295-9155</td>
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<td>Commonwealth Pharmacy</td>
<td>21 S.main St, Chatham, VA 24531-4531</td>
<td>(434) 432-2094</td>
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<td>H And H Pharmacy</td>
<td>6300 Maddox Blvd, Chincoteague Island, VA 23336-3336</td>
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<td>Chesapeake</td>
<td>3921 Poplar Hill Rd, Chesapeake, VA 23321-3321</td>
<td>(757) 320-5141</td>
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<td>Community Pharmacy And Medical Supply</td>
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<td>Davidsonson Pharmacy Pc</td>
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<td>Crittentens Drugs</td>
<td>121 W Carolina Avenue, Crewe, VA 23930-3930</td>
<td>(434) 645-9545</td>
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Optima Direct Network Providers 9/2019 707
Pharmacy Services

Culpeper
The Pharmacy Of Culpeper
261 Southgate Shopping Ctr
Culpeper, Va 22701-2701
(540) 825-6005

Virginia Urgent & Family Care Professionals LLC
15237 Creativity Dr
Culpeper, Va 22701-2701
(952) 653-2568

Piedmont
Piedmont Pharmacy
1054 Main St
Dillwyn, Va 23936-3936
(434) 983-2013

Dillwyn
Dillwyn Pharmacy
1054 Main St
Dillwyn, Va 23936-3936
(434) 983-2013

Piedmont Infusion Services, Inc
2526 N Main St
Danville, Va 24541-4541
(434) 836-9510

Cumberland
Cumberland Pharmacy, Inc
1756 Anderson Hwy
Cumberland, Va 23040-3040
(804) 492-4325

Damascus
Laurel Family Drug
204 S Shady Ave
Damascus, Va 24236-4236
(276) 475-5022

Danville
Commonwealth Pharmacy Of The River City LLC
318 Craghead St
Danville, Va 24541-4541
(434) 425-0701

Danville Pharmacy
125 Watson St
Danville, Va 24541-4541
(800) 704-8875

Kare Pharmacy
142 S Main St
Danville, Va 24541-4541
(434) 799-2131

Modern Pharmacy Inc
155 S Main Street
Danville, Va 24541-4541
(434) 793-5711

Mohawk Healthy Life Center Danville
121 Maxine Rd
Danville, Va 24541-4541
(434) 799-5761

Paths Community Pharmacy
705 Main St
Danville, Va 24541-4541
(434) 791-4880

Piedmont Infusion Services, Inc
111 Mall Drive
Danville, Va 24540-4540
(434) 792-6387

Piedmont Pharmacy
305 Mount Cross Rd
Danville, Va 24540-4540
(434) 791-3784

Roman Eagle Rehabilitation And Health Care Care
2526 N Main St
Danville, Va 24541-4541
(434) 836-9510

Duffield
Village Economy Drug Inc
443 Duff Patt Hwy Ste104
Duffield, Va 24244-4244
(276) 431-2299

Elkton
Elkton Family Pharmacy
111 S Stauri Ave
Elkton, Va 22827-2827
(540) 298-9090

Emporia
A&B Pharmacy
6 Doctors Dr
Emporia, Va 23847-3847
(434) 336-5000

Jones Ltc Pharmacy Inc
306a Weaver Avenue
Emporia, Va 23847-3847
(434) 348-4987

Exmore
Shore Pharmacy
3271b Main St
Exmore, Va 23350-3350
(757) 442-7982

Fairfax
Alexandria Compounding Pharmacy
9868 Main St
Fairfax, Va 22031-2031
(703) 549-4350

District Pharmacy
8301 Arlington Blvd Ste 107
Fairfax, Va 22031-2031
(703) 560-9000

Dynquest Pharmacy
3027 Javier Rd
Fairfax, Va 22031-2031
(703) 206-0002

Fairfax Family Practice Apothecary
3650 Joseph Siewick Dr
Fairfax, Va 22033-2033
(703) 391-2020

Hana Pharmacy
10780 Fairfax Blvd
Fairfax, Va 22030-2030
(703) 273-9010

Hann's Pharmacy
8505 Arlington Blvd Ste 110
Fairfax, Va 22031-2031
(703) 495-3350

Hematology Oncology Care Of Northern Virginia
3022 Williams Dr Ste 100
Fairfax, Va 22031-2031
(703) 698-9400

Inova Pharmacy Plus At Inova Fair Oaks
3600 Joseph Siewick Dr
Fairfax, Va 22033-2033
(703) 391-3060

Langley Pharmacy
3023 Hamaker Ct Ste 1110
Fairfax, Va 22031-2031
(703) 992-7309

Prosperity Rx Fairfax, Inc.
2740 Prosperity Ave Ste 200
Fairfax, Va 22031-2031
(703) 334-5180

Qurex Pharmacy LLC
3949 Pender Dr Ste 130
Fairfax, Va 22030-2030
(703) 743-7975

Revolution Meds Pharmacy, Inc
11230 Waples Mill Rd Ste 115
Fairfax, Va 22030-2030
(703) 272-7040

Stone Springs Pharmacy, Inc.
10721 Main St Ste 107
Fairfax, Va 22031-2031
(703) 908-9234

Fairfax Station Pharmacy
5616g Ox Rd
Fairfax Station, Va 22039-2039
(703) 495-3410

Falls Church
7 Corners Pharmacy
2946 Sleepy Hollow Rd
Falls Church, Va 22044-2044
(703) 532-8989

Acariahealth Pharmacy Inc
2924 Telesart Court
Falls Church, Va 22042-2042
(703) 208-1880

Bailey's Pharmacy
5623 Columbia Pike
Falls Church, Va 22041-2041
(703) 260-6770

Broad Street Pharmacy
450 W Board St
Falls Church, Va 22046-2046
(703) 533-9013

Falls Church Pharmacy
6795 Wilson Blvd.
Falls Church, Va 22042-2042
(703) 237-2182

Inova Pharmacy Plus At Inova Fairfax Ibi
3300 Gallows Rd
Falls Church, Va 22042-2042
(703) 776-6350

Inova Pharmacy Plus At Inova Fairfax Ed
3300 Gallows Road
Falls Church, Va 22042-2042
(703) 776-8250

Millennium Care Pharmacy
6305 Castle Pk Ste 1e
Falls Church, Va 22044-2044
(703) 992-8686

Farmsville
Wellness Concepts #2
2003 Cobb Street
Farmsville, Va 23901-3901
(434) 395-7003

Ferrum
Tri-area Community Pharmacy At Ferrum
40 Wiley Dr
Ferrum, Va 24088-4088
(540) 365-9992

Fishersville
Augusta Health Prescription Services
12 Parkway Ln
Fishersville, Va 22939-2939
(540) 332-5946

Floyd
The Pharm House
311 E Main St
Floyd, Va 24091-4091
(540) 745-3350

Fork Union
Fork Union Pharmacy Inc
4316 B James Madison Hwy
Fork Union, Va 23055-3055
(434) 842-3208
## Pharmacy Services

**Franklin**

- Franklin Hometown Pharmacy
  - 1370 Armoory Dr
  - Franklin, VA 23851-3851
  - (540) 562-3333

- Southampton Memorial Hospital Pharmacy
  - 100 Fairview Dr
  - Franklin, VA 23851-3851
  - (540) 569-6339

**Fredericksburg**

- Fredericksburg City Pharmacy
  - 2567 Cowan Blvd
  - Fredericksburg, VA 22401-2401
  - (540) 479-1405

- Goolrick's Pharmacy
  - 901 Caroline Street
  - Fredericksburg, VA 22401-2401
  - (540) 740-1425

- Medical Arts Pharmacy
  - 14370 Lee Hwy Ste 105
  - Fredericksburg, VA 22401-2401
  - (540) 754-0425

- Virginia Oncology Care PC
  - 33472 Lee Highway
  - Galax, VA 24333-4333
  - (703) 743-1365

**Glasgow**

- Mohawk Healthy Life Center-Glasgow
  - 404 Anderson St
  - Glasgow, VA 24555-4555
  - (540) 258-7611

- Gloucester

- Gloucester Pharmacy
  - 7453 Hargett Blvd
  - Gloucester, VA 23061-3061
  - (804) 694-5815

- Goochland

- Dawsons Pharmacy
  - 2728 Fairground Rd
  - Goochland, VA 23063-3063
  - (804) 556-3311

- Goochland Pharmacy
  - 1956 Sandy Hook
  - Goochland, VA 23063-3063
  - (804) 556-3607

- Gordonsville

- Your Gordonsville Pharmacy
  - 400 W Gordon Ave Ste D
  - Gordonsville, VA 22942-2942
  - (540) 832-0000

- Gretna

- Gretna Drug Company
  - 108 Vaden Dr
  - Gretna, VA 23557-4557
  - (434) 656-1251

- Grottoes

- Grottoes Pharmacy
  - 402 Augusta Avenue
  - Grottoes, VA 24441-4441
  - (540) 249-5881

- Wellness Concepts
  - 1003 Dogwood Ave
  - Grottoes, VA 24441-4441
  - (540) 689-0935

- Grundy

- Buchanan Pharmacy Associates
  - 1520 Slate Creek Road
  - Grundy, VA 24614-4614
  - (276) 935-2322

- Medical Park Pharmacy
  - 1503 Slate Creek Road
  - Grundy, VA 24614-4614
  - (276) 935-6455

- Plaza Economy Drug
  - 1123 Plaza Drive
  - Grundy, VA 24614-4614
  - (276) 566-4234

- Westwood Pharmacy
  - 24305 Riverside Dr
  - Grundy, VA 24614-4614
  - (276) 935-4040

**Hampton**

- Cornerstone Rx
  - 2100 Executive Dr
  - Hampton, VA 23666-3666
  - (757) 690-8735

- Hampton Health Mart Pharmacy
  - 3321 W Mercury Blvd Ste D
  - Hampton, VA 23666-3666
  - (757) 864-0380

- Sentara Careplex Hospital Pharmacy
  - 3000 Coliseum Dr
  - Hampton, VA 23666-3666
  - (757) 736-1200

- Virginia Oncology Associates
  - 3000 Coliseum Dr Ste 104
  - Hampton, VA 23666-3666
  - (757) 827-9400

**Harrisonburg**

- Sentara Rmh Medical Center
  - 2010 Health Campus Dr
  - Harrisonburg, VA 22801-2801
  - (540) 689-2400

- Sunnyside Pharmacy
  - 3935 Sunnyside Drive
  - Harrisonburg, VA 22801-2801
  - (540) 568-8249

- Williamson Hughes Pharmacy
  - 1380 Little Sorrell Dr Ste 110
  - Harrisonburg, VA 22801-2801
  - (540) 434-2372

**Haysi**

- Haysi Drug Center
  - 23906 Dickenson Hwy
  - Haysi, VA 24445-4245
  - (276) 865-5135

- Jones & Counts Pharmacy
  - 251 Main St
  - Haysi, VA 24445-4245
  - (276) 865-5560

**Heathsville**

- Northumberland Pharmacy
  - 6954 Northumberland Hwy
  - Heathsville, VA 22473-2473
  - (804) 580-4940

**Henrico**

- Springer Pharmacy
  - 1 W Nine Mile Rd
  - Henrico, VA 23075-3075
  - (804) 737-6049

- Westbury Apothecary
  - 8903 Three Chopt Road
  - Henrico, VA 23229-3229
  - (804) 288-3620

**Herndon**

- Herndon Pharmacy & Medical Supply
  - 208 Eelden St
  - Herndon, VA 20170-0170
  - (703) 481-0123

- My Dr's Pharmacy
  - 412 Eelden St
  - Herndon, VA 20170-0170
  - (703) 657-0303

**Hillsville**

- Nuckolls Drug Company
  - 185 South Main St
  - Hillsville, VA 23434-4343
  - (276) 726-2731

**Honaker**

- New Garden Pharmacy
  - 4697 Redbud Hwy
  - Honaker, VA 24260-4260
  - (276) 873-6132

- Tigerx Pharmacy Inc
  - 5638 Redbud Highway
  - Honaker, VA 24260-4260
  - (276) 873-4700

**Hopewell**

- Hometown Drug
  - 2508 Gray St
  - Hopewell, VA 23860-3860
  - (804) 458-3784

**Hot Springs**

- Hot Springs Pharmacy
  - 2833 Main Street
  - Hot Springs, VA 24445-4445
  - (540) 839-2322

**Hurley**

- Hurley Community Pharmacy
  - 10249 Hurley Road
  - Hurley, VA 24620-4620
  - (276) 566-4488

**Independence**

- Walters Drug Inc
  - 533 E Main Street
  - Independence, VA 24348-4348
  - (276) 773-2501

**Jonesville**

- Jonesville Drug Co
  - 154 Chappell Drive
  - Jonesville, VA 24263-4263
  - (276) 346-2180

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Optima Direct Network Providers 9/2019  709
### Pharmacy Services

#### New Canton
- **Central Virginia Health Services**
  - 25892 N James Madison Hwy
  - New Canton, VA 23123-3125
  - (434) 581-3271

#### New Castle
- **Market Street Pharmacy Inc**
  - 317 Market St
  - New Castle, VA 24127-4127
  - (540) 864-8800

#### Newport News
- **Denbigh Pharmacy**
  - 13349 Warwick Blvd
  - Newport News, VA 23602-3602
  - (757) 877-0236

- **Dominion Pharmacy Services**
  - 10516 Jefferson Ave
  - Newport News, VA 23601-3601
  - (757) 599-5007

- **Glendale Pharmacy**
  - 12444 Warwick Blvd
  - Newport News, VA 23606-3606
  - (757) 947-3740

- **Good Health Pharmacy At Mary Immaculate Hospital**
  - 12720 Mcmanus Blvd Ste 100
  - Newport News, VA 23602-3602
  - (757) 388-2012

- **Hidenwood Pharmacy, Inc**
  - 35 Hidenwood Shopping Center
  - Newport News, VA 23602-3602
  - (757) 261-8055

- **Pavilion Pharmacy**
  - 500 J Clyde Morris Blvd Rm 1-501
  - Newport News, VA 23601-3601
  - (757) 223-7709

- **Virginia Oncology Associates**
  - 1051 Loftis Blvd Ste 100
  - Newport News, VA 23606-3606
  - (757) 459-9250

- **Virginia Pharmaceutical Services**
  - 11832 Canon Blvd Suite A
  - Newport News, VA 23606-3606
  - (757) 223-0236

#### Nicklesville
- **Nicklesville Pharmacy**
  - 1708 Nickelsville Highway
  - Nicklesville, VA 24271-4271
  - (276) 479-2600

#### Norfolk
- **Atrium Pharmacy**
  - 155 Kingsley Ln
  - Norfolk, VA 23505-3505
  - (757) 278-2150

- **Bayview Community Pharmacy**
  - 1846 E Little Creek Rd
  - Norfolk, VA 23518-3518
  - (757) 383-6636

- **Bayview Srv Pharmacy**
  - 710 E Little Creek Rd
  - Norfolk, VA 23518-3518
  - (757) 819-4636

- **Coastal Pharmacy**
  - 6160 Kempsville Cir Ste 104a
  - Norfolk, VA 23416-3416
  - (757) 800-1601

- **Colley Discount Pharmacy**
  - 1415 Colley Avenue
  - Norfolk, VA 23517-3517
  - (757) 622-2757

- **Hague At Chkd**
  - 601 Childrens Ln
  - Norfolk, VA 23507-3507
  - (757) 881-1126

- **Hague Pharmacy**
  - 400 Gresham Dr
  - Norfolk, VA 23507-3507
  - (757) 622-0222

- **Macarthur Pharmacy**
  - 261 Granby Street
  - Norfolk, VA 23510-3510
  - (757) 533-6566

- **Peoples Pharmacy**
  - 1446 Church Street
  - Norfolk, VA 23504-3504
  - (757) 227-4677

- **Sentara Leigh Hospital Outpatient Pharmacy**
  - 830 Kempsville Road
  - Norfolk, VA 23502-3502
  - (757) 261-8055

- **Sentara To Home**
  - 600 Gresham Dr
  - Norfolk, VA 23507-3507
  - (757) 388-2012

- **Thomas A Natchus Pharmacist Pc**
  - 110 Kingsley Ln
  - Norfolk, VA 23505-3505
  - (757) 489-2755

- **Virginia Oncology Associates**
  - 5900 Lake Wright Dr Ste 200
  - Norfolk, VA 23502-3502
  - (757) 213-5714

#### North Tazewell
- **Hayes Drug LLC**
  - 689 Freedom Ave
  - North Tazewell, VA 24630-4630
  - (276) 988-4414

#### Norton
- **Lone Some Pine Economy Drug**
  - 517 Park Ave Sw
  - Norton, VA 24273-4273
  - (276) 679-5190

#### Oak Hall
- **H And H Pharmacy Oak Hall**
  - 7001 Lankford Hwy
  - Oak Hall, VA 23416-3416
  - (757) 824-4477

#### Orange
- **Orange Pharmacy**
  - 130 W Main St
  - Orange, VA 22960-2960
  - (540) 661-5006

- **Jefferson Good Neighbor Pharmacy**
  - 194 B Turkeysag Trail
  - Palmyra, VA 22963-2963
  - (434) 589-7902

- **Spring Drug**
  - 22042 Jeb Stuart Hwy
  - Patrick Springs, VA 24133-4133
  - (276) 694-3100

- **Pennington Gap**

#### Petersburg
- **Health Care Alliance Pharmacy**
  - 321c Poplar Dr
  - Petersburg, VA 23805-3805
  - (804) 733-5591

- **Wildcat Pharmacy**
  - 11241 Indian Creek Road
  - Pounding Mill, VA 24637-4637
  - (276) 976-2200

#### Pounding Mill
- **Claypool Hill Pharmacy**
  - 12252 Governor George C Peery Hwy
  - Pounding Mill, VA 24637-4637
  - (276) 963-3502

- **Specialty Care Rx LLC**
  - 111 Fashion Rd Ste Abc
  - Pounding Mill, VA 24637-4637
  - (276) 345-0284

#### Powhatan
- **Powhatan Drug**
  - 2105 Academy Rd
  - Powhatan, VA 23139-3139
  - (804) 376-7168

#### Prince George
- **Bender Pharmacy**
  - 4190 Puddledock Rd
  - Prince George, VA 23875-3875
  - (804) 793-8000

#### Pulaski
- **Martins Pharmacy**
  - 400 N Washington Ave
  - Pulaski, VA 24301-4301
  - (540) 980-4060

#### Purcellville
- **Purcellville Pharmacy**
  - 609 E Main St Ste Q
  - Purcellville, VA 20132-0132
  - (540) 751-9750

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<table>
<thead>
<tr>
<th>Pharmacy Services</th>
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<tr>
<td><strong>Radford</strong></td>
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<tr>
<td>Radford Drug, Inc.</td>
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<td>Radford, Va 24141-4141</td>
</tr>
<tr>
<td>(540) 639-3996</td>
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<tr>
<td><strong>Raphine</strong></td>
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<tr>
<td>Carillion Clinic Pharmacy</td>
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<tr>
<td>735 Steele Fort Rd Ste B</td>
</tr>
<tr>
<td>Raphine, Va 24472-4472</td>
</tr>
<tr>
<td>(540) 851-1760</td>
</tr>
<tr>
<td><strong>Richmond</strong></td>
</tr>
<tr>
<td>Familycare Remington</td>
</tr>
<tr>
<td>208 E Madison St</td>
</tr>
<tr>
<td>Remington, Va 22734-2734</td>
</tr>
<tr>
<td>(540) 439-7327</td>
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<tr>
<td>Remington Drug Co</td>
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<tr>
<td>207 E Main St</td>
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<tr>
<td>Remington, Va 22734-2734</td>
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<tr>
<td>(540) 439-3247</td>
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<tr>
<td><strong>Richlands</strong></td>
</tr>
<tr>
<td>Super Aid Pharmacy</td>
</tr>
<tr>
<td>247 Old Virginia Ave</td>
</tr>
<tr>
<td>Rich Creek, Va 24147-4147</td>
</tr>
<tr>
<td>(540) 726-2993</td>
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<td><strong>Roanoke</strong></td>
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<tr>
<td>Cedar Bluff Pharmacy</td>
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<td>3141 Cedar Valley Dr</td>
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<tr>
<td>Richlands, Va 24641-4641</td>
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<td>(276) 964-4068</td>
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<td>Randys Gateway Drug Inc</td>
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<tr>
<td>3118 Cedar Valley Drive</td>
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<td>(276) 964-2494</td>
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<td>2625 Front Street</td>
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<td>(276) 963-2115</td>
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<td>Scottie Pharmacy</td>
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<td>1951 Second Street</td>
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<td>Richlands, Va 24641-4641</td>
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<tr>
<td>(276) 963-0284</td>
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<tr>
<td><strong>Richmond</strong></td>
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<tr>
<td>Bon Secours Good Health Pharmacy At Rich</td>
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<tr>
<td>Richmond, Va 23223-3223</td>
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<tr>
<td>(804) 325-8795</td>
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<td>Bon Secours Good Health Pharmacy At Reynolds Crossing</td>
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<td>Richmond, Va 23230-3230</td>
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<td>(804) 893-8630</td>
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<td>Bremo Ltc Pharmacy</td>
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<td>2502 Staples Mill Rd</td>
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<td>2024 Staples Mill Rd</td>
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<tr>
<td>(804) 288-8361</td>
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<td>Bremo Pharmacy @ Henrico Doctors</td>
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<tr>
<td>1602 Skipwith Rd # 301</td>
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<td>Richmond, Va 23229-3229</td>
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<tr>
<td>(804) 285-7730</td>
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<td>Buford Road Pharmacy Inc</td>
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<tr>
<td>2608 Buford Road</td>
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<td>Richmond, Va 23235-3235</td>
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<tr>
<td>(804) 272-1423</td>
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<td>2576 Gayton Centre Dr</td>
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<td>Richmond, Va 23238-3238</td>
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<td>(804) 740-3300</td>
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<td>Fitzgerald Lafayette Pharmacy Inc</td>
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<tr>
<td>1011 Lafayette Street</td>
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<td>Richmond, Va 23221-3221</td>
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<tr>
<td>(804) 355-1777</td>
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<td>Grove Avenue Pharmacy</td>
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<tr>
<td>4911 Grove Ave</td>
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<td>Richmond, Va 23226-3226</td>
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<tr>
<td>(804) 355-3405</td>
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<tr>
<td>Henrico Pharmacy</td>
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<tr>
<td>8705 W Broad St</td>
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<tr>
<td>Richmond, Va 23294-3294</td>
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<tr>
<td>(804) 239-1990</td>
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<tr>
<td>Hope Pharmacy, Inc.</td>
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<tr>
<td>1330 N 25th St</td>
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<tr>
<td>Richmond, Va 23223-3223</td>
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<tr>
<td>(804) 537-0103</td>
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<tr>
<td>McGuire Park Pharmacy</td>
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<tr>
<td>2106 East Main Street</td>
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<tr>
<td>Richmond, Va 23223-3223</td>
</tr>
<tr>
<td>(804) 344-4444</td>
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<tr>
<td>Midlothian Community Pharmacy,LLC</td>
</tr>
<tr>
<td>9550 Midlothian Turnpike</td>
</tr>
<tr>
<td>Richmond, Va 23235-3235</td>
</tr>
<tr>
<td>(804) 220-1408</td>
</tr>
<tr>
<td>Partners Pharmacy</td>
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<tr>
<td>1746 E Parham Rd</td>
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<tr>
<td>Richmond, Va 23228-3228</td>
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<tr>
<td>(804) 262-2500</td>
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<td>Partners Pharmacy Of Imperial Plaza</td>
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<tr>
<td>1717 Bellevue Ave</td>
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<tr>
<td>(804) 262-1898</td>
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<tr>
<td>Progressive Pharmacy Care</td>
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<tr>
<td>6605 West Broad St , Suite A</td>
</tr>
<tr>
<td>Richmond, Va 23220-3230</td>
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<tr>
<td>(804) 322-1590</td>
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<td>Rva Pharmacy</td>
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<tr>
<td>7801 W Broad St Ste 19</td>
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<td>Richmond, Va 23294-3294</td>
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<tr>
<td>(804) 528-5589</td>
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<td>Rx3 Pharmacy</td>
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<tr>
<td>11934 W Broad St</td>
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<tr>
<td>Richmond, Va 23233-3233</td>
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<td>(804) 717-5000</td>
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<td>Saint Mary's Community Pharmacy</td>
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<td>5801 Bremo Rd</td>
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<td>Richmond, Va 23226-3226</td>
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<tr>
<td>(804) 281-8425</td>
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<tr>
<td>Sitter And Barfoot Veterans Care Center</td>
</tr>
<tr>
<td>1601 Broad Rock Blvd</td>
</tr>
<tr>
<td>Richmond, Va 23224-3224</td>
</tr>
<tr>
<td>(804) 371-8000</td>
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<tr>
<td>Virginia Department Of Health Pharmacy Services</td>
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<tr>
<td>101 N 14th St</td>
</tr>
<tr>
<td>Richmond, Va 23219-3219</td>
</tr>
<tr>
<td>(804) 786-4526</td>
</tr>
<tr>
<td>Virginia Urology, P.C.</td>
</tr>
<tr>
<td>9101 Stony Point Dr</td>
</tr>
<tr>
<td>Richmond, Va 23235-3235</td>
</tr>
<tr>
<td>(804) 330-9105</td>
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<tr>
<td>Westwood Behavioral Health Pharmacy Richmond</td>
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<tr>
<td>107 S 5th St</td>
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<tr>
<td>Richmond, Va 23219-3219</td>
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<tr>
<td>(804) 716-7149</td>
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</tr>
<tr>
<td>5823 Patterson Ave</td>
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<tr>
<td>Richmond, Va 23226-3226</td>
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<tr>
<td>(804) 288-1033</td>
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<tr>
<td>Roanoke</td>
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<tr>
<td>Blue Ridge Cancer Care</td>
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<td>2013 Jefferson St Sw # F12</td>
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<tr>
<td>Roanoke, Va 24014-4014</td>
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<tr>
<td>(540) 982-0237</td>
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<tr>
<td>Carilion Clinic Pharmacy</td>
</tr>
<tr>
<td>Riverside</td>
</tr>
<tr>
<td>3 Riverside Circle Ground Floor</td>
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<tr>
<td>Roanoke, Va 24016-4016</td>
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<tr>
<td>(540) 526-1450</td>
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<tr>
<td>1906 Belleview Avenue Ground Floor</td>
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<tr>
<td>(540) 266-6480</td>
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<td>Carilion Medical Center Pharmacy</td>
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<tr>
<td>2001 Crystal Spring Ave Sw</td>
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<tr>
<td>(540) 853-0905</td>
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<tr>
<td>Ces Medical</td>
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<tr>
<td>3601 Thirlane Rd Nw</td>
</tr>
<tr>
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<tr>
<td>(866) 355-1776</td>
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<tr>
<td>671 Terrace Lane</td>
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<tr>
<td>(540) 966-4858</td>
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<td>Friendship Institutional Pharmacy</td>
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<tr>
<td>327 Hershberger Rd , Suite A</td>
</tr>
<tr>
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<td>7535 Williamson Road Nw</td>
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<td>3716 Melrose Ave Nw Ste 130</td>
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<td>3800 Electric Rd Ste 307</td>
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<tr>
<td>1165 Franklin St</td>
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<td>(833) 360-5558</td>
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<td><strong>Rose Hill</strong></td>
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<tr>
<td>5462 Dr Thomas Walker Road</td>
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<td>(276) 445-5026</td>
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<td>Brooks Byrd Pharmacy</td>
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<td>(540) 389-8111</td>
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<td>Suffolk</td>
<td>Bennetts Creek Pharmacy</td>
<td>3219 Bridge Road Suffolk, Va 23435-3435</td>
<td>(757) 483-6966</td>
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<td>Harbour View Pharmacy</td>
<td>5839 Harbour View Blvd Ste 102 Suffolk, Va 23435-3435</td>
<td>(757) 394-1870</td>
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<td>Super Drug</td>
<td>108 N Main St Suffolk, Va 23434-3434</td>
<td>(757) 539-6400</td>
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<td>Sutherland</td>
<td>Sutherland Pharmacy</td>
<td>5007 Claiborne Rd Sutherland, Va 23885-3885</td>
<td>(804) 265-5214</td>
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<tr>
<td>Tazewell</td>
<td>Clinch Valley Pharmacy</td>
<td>160 Martingale Dr Tazewell, Va 24651-4651</td>
<td>(276) 988-4871</td>
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<tr>
<td>Ubbanna</td>
<td>Marshall's Drug Store</td>
<td>59 Cross Street Urbanna, Va 23175-3175</td>
<td>(804) 758-5344</td>
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<td>Vansant</td>
<td>Family Drug</td>
<td>1755 Lovers Gap Rd Vansant, Va 24656-4656</td>
<td>(276) 597-2419</td>
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<tr>
<td>Victoria</td>
<td>Victoria Drug Company</td>
<td>1821 Main St Victoria, Va 23974-3974</td>
<td>(434) 696-3343</td>
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<tr>
<td>Vienna</td>
<td>Tysons Pharmacy</td>
<td>110 Pleasant St Nw Unit C Vienna, Va 22180-2180</td>
<td>(703) 992-7083</td>
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<tr>
<td>Vinton</td>
<td>Cundiff Drug Store Inc</td>
<td>15818 Stewardsville Road Vinton, Va 24179-4179</td>
<td>(540) 342-8928</td>
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<tr>
<td>Virginia Beach</td>
<td>Barrs Pharmacy Inc</td>
<td>201 Virginia Beach Blvd Virginia Beach, Va 24351-3451</td>
<td>(757) 428-1211</td>
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<tr>
<td>Beach Pharmacy</td>
<td>3198 Pacific Ave Ste 124 Virginia Beach, Va 24351-3451</td>
<td>(757) 965-3036</td>
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<tr>
<td>Pharmacy Innovations</td>
<td>4001 Virginia Beach Blvd Ste 110 Virginia Beach, Va 24351-3452</td>
<td>(757) 934-0533</td>
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<tr>
<td>Sentara Outpatient Pharmacy At Va Beach</td>
<td>1060 First Colonial Rd Virginia Beach, Va 24354-3454</td>
<td>(757) 395-8844</td>
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<tr>
<td>Sentara Princess Anne Outpatient Pharmacy</td>
<td>2025 Glenn Mitchell Dr Virginia Beach, Va 24356-3456</td>
<td>(757) 507-1115</td>
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<tr>
<td>Sentara Rx</td>
<td>800 Independence Blvd Ste 100 Virginia Beach, Va 24355-3455</td>
<td>(757) 252-0975</td>
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<tr>
<td>Urology Of Virginia, PLLC</td>
<td>225 Clearfield Ave Virginia Beach, Va 24362-3462</td>
<td>(757) 452-3491</td>
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<tr>
<td>Virginia Oncology Associates</td>
<td>1550 Glenn Mitchell Dr Ste 102 Virginia Beach, Va 24356-4356</td>
<td>(540) 368-0437</td>
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</tbody>
</table>
## Pharmacy Services

### Wakefield
- **Wakefield Pharmacy**
  - Address: 105 Railroad Ave
  - Phone: (757) 899-2551

### Warrenton
- **Wecare Pharmacy**
  - Address: 516 Fletcher Dr
  - Phone: (540) 428-7002

### Waynesboro
- **Fishburne Pharmacy, LLC**
  - Address: 436 S Linden Avenue
  - Phone: (540) 949-8211

### Wakefield Pharmacy
- **105 Railroad Ave**
- **Phone**: (757) 899-2551

### Warrenton
- **Wecare Pharmacy**
- **516 Fletcher Dr**
- **Phone**: (540) 428-7002

### Waynesboro
- **Fishburne Pharmacy, LLC**
- **436 S Linden Avenue**
- **Phone**: (540) 949-8211

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## Valley Vital Care
- **Waynesboro**
- **436 S Linden Avenue**
- **Phone**: (540) 949-8211

## Weber City
- **Weber City Drug Center**
- **1482 U.S. Highway 23 North**
- **Weber City, Va 22980-2980**
- **Phone**: (540) 949-8211

### West Point Pharmacy Inc
- **1302 Lee Street**
- **West Point, Va 23181-3181**
- **Phone**: (804) 843-4450

### White Stone
- **White Stone Pharmacy**
- **416 Chesapeake Drive**
- **White Stone, Va 22578-2578**
- **Phone**: (804) 435-1051

### Williamsburg
- **Family Care Williamsburg**
  - **3900 Windsor Hall Dr**
  - **Williamsburg, Va 23188-3188**
  - **Phone**: (757) 220-1621

- **Olde Towne Pharmacy Inc**
  - **4854 Longhill Road**
  - **Williamsburg, Va 23188-3188**
  - **Phone**: (757) 220-8764

- **Professional Pharmacy**
  - **1302 Mt Vernon Avenue**
  - **Williamsburg, Va 23185-3185**
  - **Phone**: (757) 229-3560

- **Sentara Williamsburg Reg Medical Center Outpatient Pharmacy**
  - **100 Sentara Wy**
  - **Williamsburg, Va 23188-3188**
  - **Phone**: (757) 984-8100

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## Student Health Service Pharmacy
- **240 Gooch Drive**
- **Williamsburg, Va 23185-3185**
- **Phone**: (757) 221-2190

## The Prescription Shoppe
- **5223 Monticello Ave Ste C**
- **Williamsburg, Va 23188-3188**
- **Phone**: (757) 206-1630

### Virginia Oncology Associates
- **500 Sentara Cir Ste 203**
- **Williamsburg, Va 23188-3188**
- **Phone**: (757) 229-2236

## Williamsburg Drug Company Inc
- **240 Mclaws Circle**
- **Williamsburg, Va 23185-3185**
- **Phone**: (757) 229-1041

### Winchester
- **Rotz Pharmacy**
  - **1338 Amherst St**
  - **Winchester, Va 22601-2601**
  - **Phone**: (540) 662-8312

- **Shenandoah Oncology, PC**
  - **400 Campus Blvd, Suite 100**
  - **Winchester, Va 22601-2601**
  - **Phone**: (540) 662-1108

- **Valley Pharmacy**
  - **190 Campus Blvd**
  - **Winchester, Va 22601-2601**
  - **Phone**: (540) 536-8899

### Wise
- **Cavalier Pharmacy Inc**
  - **301 Church Street**
  - **Wise, Va 24293-4293**
  - **Phone**: (276) 328-9141

### Woodbridge
- **Express Pharmacy**
  - **1690 Old Bridge Rd**
  - **Woodbridge, Va 22192-2192**
  - **Phone**: (703) 494-8000

- **Goodcare Pharmacy**
  - **1490 Jefferson Davis Hwy Ste 101**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (571) 408-4112

- **Green Health Pharmacy**
  - **2898 Dale Blvd, Unit 105**
  - **Woodbridge, Va 22193-2193**
  - **Phone**: (703) 499-2373

- **Northern Virginia Hematology Oncology Associates PC**
  - **2079 Daniel Stuart Square**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (703) 491-5600

- **One Hanson Pharmacy**
  - **12493 Dillingham Sq**
  - **Woodbridge, Va 22192-2192**
  - **Phone**: (571) 285-1784

- **Potomac Center Pharmacy**
  - **2296 Opitz Blvd**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (703) 523-0670

- **Potomac Urology Center PC**
  - **2296 Opitz Blvd Ste 350**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (703) 680-2111

- **Regal Pharmacy**
  - **2068 Daniel Stuart Sq**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (703) 490-1600

- **Wel.L.Check Pharmacy**
  - **16593 River Ridge Blvd**
  - **Woodbridge, Va 22191-2191**
  - **Phone**: (571) 931-6697

### Woodstock
- **Walton And Smoot Pharmacy**
  - **109 S Main Street**
  - **Woodstock, Va 22664-2664**
  - **Phone**: (540) 459-2136

### Wytheville
- **Counts Drug Co Inc**
  - **289 W Main Street**
  - **Wytheville, Va 24382-4382**
  - **Phone**: (276) 228-2178

- **Forest Pharmacy Inc.**
  - **1787 W Lee Hwy**
  - **Wytheville, Va 24382-4382**
  - **Phone**: (276) 227-0781

### Yorktown
- **Heritage Pharmacy**
  - **5922-b George Washington Memorial Highway**
  - **Yorktown, Va 23693-3692**
  - **Phone**: (757) 243-2764

---

Optima Direct Network Providers 9/2019
Cohl, Robert
Cohl Chiropractic Health Center
111 Madison Park Dr Ste 1A
Glen Burnie, MD 21061-061
(410) 760-6443

Cohl, Robin
Cohl Chiropractic Health Center
111 Madison Park Dr Ste 1A
Glen Burnie, MD 21061-061
(410) 760-6443

Cornfield, Alan
Smart Medical and Rehab Therapy - Crofton
2411 Crofton Ln Ste 14A
Crofton, MD 21114-114
(301) 585-2225

Cox, William
Allegiance Chiropractic
2622 Annapolis Rd Ste H
Severn, MD 21144-144
(410) 274-3030

Edenton Chiropractic
325 Gambrills Rd Ste A
Gambrills, MD 21054-054
(410) 674-8605

Curran, Derek
Maryland Chiropractic & Physical Medicine
137 Mitchell's Chance Rd Ste 100
Edgewood, MD 21040-037
(443) 294-6873

Gershater, Evan
Laurel Back & Pain Clinic
3450 Laurel Fort Mead Rd Ste 100
Laurel, MD 20724-724
(410) 436-2225

Green, Brandt
Annapolis Pain Management
45 Old Solomons Island Rd Ste 205
Annapolis, MD 21401-401
(410) 224-4348

Green, Mary Beth
Annapolis Pain Management
45 Old Solomons Island Rd Ste 205
Annapolis, MD 21401-401
(410) 224-4348

Greensfelder, John
Odenton Chiropractic
2622 Annapolis Rd Ste H
Severn, MD 21144-144
(410) 674-8605

Guccione, Gladys
MS-CH LLC
2568A Riva Rd
Annapolis, MD 21401-401
(410) 571-9500

580 Ritchie Hwy Ste M
Severna Park, MD 21146-146
(410) 544-1957

7138 Ritchie Hwy
Glen Burnie, MD 21061-061
(410) 863-0500

Park, Brian
MS-CH LLC
7138A Ritchie Hwy
Glen Burnie, MD 21061-061
(410) 863-0500

Proano, Diego
MS-CH LLC
7138 Ritchie Hwy
Glen Burnie, MD 21061-061
(410) 863-0500

Reece, Amy
Maryland Chiropractic
806 Landmark Dr Ste 126
Glen Burnie, MD 21061-061
(410) 766-0333

Reece, Anthony
Maryland Chiropractic
806 Landmark Dr Ste 126
Glen Burnie, MD 21061-061
(410) 766-0333

Riccio, Anthony
Anthony Ricci DC, PC
1610 West St Ste 110
Annapolis, MD 21401-401
(410) 263-6331

Saez, Lawrence
United Therapy Associates PA
6714 Ritchie Hwy Ste 1
Glen Burnie, MD 21061-061
(410) 787-2229

Scott, Keith
MS-CH LLC
2568A Riva Rd
Annapolis, MD 21401-401
(410) 571-9500

580 Ritchie Hwy Ste M
Severna Park, MD 21146-146
(410) 544-1957

Tymchenko, Paul
MS-CH LLC
7138 Ritchie Hwy
Glen Burnie, MD 21061-061
(410) 863-0500

Winston, Jeffrey
MS-CH LLC
7138 Ritchie Hwy
Glen Burnie, MD 21061-061
(410) 590-9898

Yousefi, Arash
Glen Burnie Chiropractic and Physical Therapy
337 Hospital Dr Ste F
Glen Burnie, MD 21061-061
(410) 761-7955

Baltimore

Ambrosino, Anthony
Blaxberg Chiropractic
7 Church Ln Ste 12
Pikesville, MD 21208-208
(410) 414-0666

Auer, Michael
Spine and Sports Injury Centers of Maryland
3202 Fernwood Ct
Baltimore, MD 21203-013
(410) 456-1052

Bales, Lisa
Chesapeake Chiropractic
2800 York Rd Ste 117
Timonium, MD 21093-093
(410) 252-7770

Ballenger, David
Ballenger Chiropractic PA
9632 Deereco Rd
Timonium, MD 21093-093
(410) 252-1000

Barrett-Dower, Teresa
Barrett Family Chiropractic
724 Woodlawn Dr Ste 7
Baltimore, MD 21207-207
(410) 265-9911

Bates, Susan
Abundant Life Chiropractic
9660 Belair Rd
Nottingham, MD 21236-236
(410) 256-1672

Blum, Michael
MS-CH LLC
700 Geipe Rd Ste 265
Baltimore, MD 21228-228
(410) 747-7100

Brown, Kevin
K & S Chiropractic
107 Painters Mill Rd
Owings Mills, MD 21117-117
(410) 581-8200

Cesari, Marc
Ultimate Health - A Complete Wellness Center
113 West Rd Ste 202-B
Towson, MD 21204-204
(443) 275-7620

Cohl, Robert
Dundalk Chiropractic Center
1515 Merritt Blvd
Baltimore, MD 21222-222
(410) 285-0920

Cohl, Robin
Dundalk Chiropractic Center
1515 Merritt Blvd
Baltimore, MD 21222-222
(410) 285-0920

Daito, Michael
Advanced Spinal Care and Rehabilitation Inc
9515 Deereco Rd Ste 305
Timonium, MD 21093-093
(410) 252-0040

Davidson III, John
Ultimate Health-A Complete Wellness Center
113 West Rd Ste 202B
Towson, MD 21204-204
(410) 569-5969

Dover, Laura
Dover Chiropractic LLC
7600 Osler Dr Ste 107
Towson, MD 21204-204
(410) 377-3070

Downes, Barbara
Dow Chiropractic Inc
30 E Padonia Rd Ste 104
Timonium, MD 21093-093
(410) 628-2600

Elliott, Steven
Elliott Chiropractic Life Center
1828 E Joppa Rd
Parkville, MD 21234-234
(410) 882-7670

Friedman, Robert
Friedman Chiropractic Center
8838 Waltham Woods Rd
Baltimore, MD 21234-234
(410) 668-4000

Gaddy, Joi
Maryland Spine Institute
7640 Belair Rd
Baltimore, MD 21236-236
(410) 882-9955

Guccione, Gladys
MS-CH LLC
1576 Merritt Blvd Ste 11B
Baltimore, MD 21222-222
(410) 282-8600

700 Geipe Rd Ste 265
Baltimore, MD 21228-228
(410) 747-7100

8608 Liberty Rd
Randallstown, MD 21133-133
(410) 922-6900

901 Eastern Blvd Ste 201
Baltimore, MD 21221-221
(410) 682-5500

9105 Franklin Square Dr Ste 318
Baltimore, MD 21237-237
(410) 687-4405

Gulitz, Marc
Mid Atlantic Spinal Rehab & Chiropractic
9403 Harford Rd Ste 1
Parkville, MD 21234-234
(443) 842-5500

Hay, Dale
Perry Hall Chiropractic & Physical Therapy
8817 Belair Rd Ste 101
Nottingham, MD 21236-236
(410) 256-9650

Herold, Rochelin
Maryland Spine Institute
7640 Belair Rd
Baltimore, MD 21236-236
(410) 882-9955

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<td>Maryland Spine Care</td>
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<td>Johnson Chiropractic 1126 N Rolling Rd</td>
<td>(410) 744-1223</td>
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<td>MS-HC LLC 901 Eastern Blvd Ste 201</td>
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<td>(410) 282-8600</td>
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<td>Loomis, Lance</td>
<td>Carney Chiropractic Center 8109 Harford Rd St 3</td>
<td>(410) 882-0720</td>
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<td>Maddox, Adam</td>
<td>IDEAL HEALTH CHIROPRACTIC, LLC 7939 Honeygo Blvd Ste 215</td>
<td>(410) 931-2156</td>
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<td>Mediquest LLC 5310 Old Court Rd Ste 301</td>
<td>(410) 655-8900</td>
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<td>Miller, Noelle</td>
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<td>(410) 821-7200</td>
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<td>Thomas, Karen</td>
<td>Chesapeake Chiropractic 2300 York Rd Ste 117</td>
<td>(410) 252-7770</td>
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<td>Highlandtown Chiropractic 3585 E Lombard St</td>
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<td>Mid Atlantic Spinal Rehab &amp; Chiropractic 2001 Eastern Ave Fl 1</td>
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<td>Mid Atlantic Spinal Rehab &amp; Chiropractic 2001 Eastern Ave Fl 1</td>
<td>(443) 251-2735</td>
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**Optima Direct Network Providers 9/2019**
Chiropractic Providers

Taylor, Jessica
MS-HC LLC
2131 Maryland Ave
Baltimore, MD 21218-1229
(410) 234-1600

Wise, Erica
Mid-Atlantic Spinal Rehab & Chiropractic
2001 Eastern Ave Fl 1
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Young, Leon
Leon Young
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(410) 350-6064

Calvert
Alexander, Daniel
Alexander Chiropractic Center
14350 Solomons Island Rd S Ste 103A
Solomons, MD 20688-6889
(410) 394-1000

Collins, Daniel
Collins Chiropractic Center
301 Steeple Chase Dr Ste 404
Prince Frederick, MD 20678-6768
(410) 414-3345

Ellenbogen, Joshua
Calvert Chiropractic PA
10339 Southern Maryland Blvd Ste 207
Dunkirk, MD 20754-7541
(410) 286-8830

King, Jordan
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14350 S Solomons Island Rd Ste 103A
Solomons, MD 20688-6889
(410) 394-1000

McDermott, Karen
McDermott Chiropractic Care
141 Main St Ste G2
Prince Frederick, MD 20678-6789
(410) 257-7106

Smallwood, Lawrence
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14350 Solomons Island Rd S Ste 103A
Solomons, MD 20688-6889
(410) 394-1000

Carroll
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Lewis, Gregory
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(410) 876-8888

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(410) 702-1664

Puritz, Allan
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(301) 934-9762

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(301) 392-1082

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Charlotte Hall, MD 20622-6223
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3280 Urbana Pike Ste 205
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(301) 829-5954

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(301) 620-8566

Ortiz, Lisa
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9093 Ridgefield Dr Ste 107
Frederick, MD 21701-7001
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Rosa, John
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110 Baughmans Ln Ste 200
Frederick, MD 21702-7002
(301) 624-0024

Schreiber, Gary
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1446 W Patrick St Ste 14
Frederick, MD 21702-7002
(301) 631-5602

Steinbar, Brandon
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604 Solarex Ct Ste 101
Frederick, MD 21703-7003
(301) 620-1008

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(301) 624-0024

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(301) 624-0024

Vaky, Andrew
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(301) 874-9002

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Ijamsville, MD 21754-7541
(301) 874-9002

Acosta, Keith
Ultimate Health
1035 Emmorton Rd
Bel Air, MD 21014-0141
(410) 569-5969
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**Prince George's**

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<td>Fort Washington Chiropractic Center 10903 Indian Head Hwy Ste 506 Fort Washington, MD 20744-744</td>
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<td>Harmonious Living Chiropractic Fitness &amp; Wellness Center LLC 603 7th Ste 301 Laurel, MD 20707-707</td>
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<td>Smart Medical and Rehab Therapy 12805 Old Fort Rd Ste 202 Fort Washington, MD 20744-744</td>
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<td>Greenbelt Rehab 8713 Greenbelt Rd Ste 201 Greenbelt, MD 20770-770</td>
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Chiropractic Providers

Nance, Mark
Weaverville Chiropractic
169 N Main St
Weaverville, NC 28787-787
(828) 645-2526

Randall, Eric
Comprehensive Chiropractic
1218 Hendersonville Rd
Asheville, NC 28803-803
(828) 277-7000

Siegel, Clayton
Siegel Chiropractic
140 Airport Rd
Arden, NC 28704-704
(828) 681-5681

Burke
Reynolds, Paula
Reynolds Family Wellness Center
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Cook, Jeffrey
Cook Chiropractic
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Langford, Michael
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10030 Edison Square Dr
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(704) 948-6453

Lawrence, Cheryl
Caring Chiropractic
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(704) 793-1405

Lemaster, Leanna
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Conover, NC 28613-613
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3614th Ave NE Ste 101
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(828) 324-4600

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Lommel, Kenneth
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517 N 2nd Ave
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1424 S J K Powell Blvd Ste D
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Durham, NC 27713-713
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1570 Westbrook Plaza Dr
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(336) 774-0209

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(704) 867-1010

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Edgenton, Michael
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(336) 540-1040

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2105 W Cornwills Dr Ste C
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(336) 235-4530

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Tury, Robert
Tury Chiropractic
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136 Waynesville Plz Ste 1
Waynesville, NC 28786-786
(828) 456-5700

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Silva, Joseph
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503 Kanuga Rd Ste 10
Hendersonville, NC 28797-739
(828) 696-2455

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751 S Main St
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Draper, Gary
Back 2 Back Chiropractic
206 Joe Knox Ave Ste C
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(704) 799-7999

Johnston
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501 Gateway Dr Ste 103
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2601 N Herritage St
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Mecklenburg
Anderson, Eric
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820 University Exec Park Dr Ste 110
Charlotte, NC 28262-262
(704) 549-1181

Bergquist, Bren
United Sports Solutions
8396 N Pointe Executive Park Dr Ste 195
Huntersville, NC 28078-078
(704) 237-4301

Blinstein, William
Advanced Health and Pain Relief Center PA
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Charlotte, NC 28213-213
(704) 921-0505

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8728 Arbor Creek Dr Ste A
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(704) 946-2054

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504 Eastway Dr
Charlotte, NC 28205-205
(704) 372-6960

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Dunnigan Chiropractic
1728 Maple Oak Dr
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4600 Park Rd Ste 380
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(704) 523-2367

Hunt Sr, Tunis
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(704) 588-1792

Kicos, John
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Cornelius, NC 28031-031
(704) 895-5200

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Charlotte, NC 28277-277
(704) 341-4118

Mason, Robert
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7940 Williams Pond Ln Ste 225
Charlotte, NC 28277-277
(980) 406-3862

Schoen, Dennis
Swan Chiropractic
3525 Matthews Mint Hill Rd
Matthews, NC 28105-105
(704) 847-3335

Schulman, Craig
Chiropractic Fitness
8316 Pineville-Matthews Rd Ste 806
Charlotte, NC 28226-226
(704) 543-7206

Optima Direct Network Providers 9/2019
721

Optima Health
Chiropractic Providers

**Horton, Maurice**
DeMaine Chiropractic
504 Eastway Dr
Wilmington, NC 28405-405
(910) 763-4440

**Williams, Cleya**
Southwestern Healthcare
7658 Market St Ste A
Wilmington, NC 28411-411
(910) 686-4545

**Voswinkel Jr, Bertold**
Acute Spinal Care Center
1133 Military Cutoff Rd Ste A
Wilmington, NC 28428-428
(910) 458-0804

**Tebby, Alan**
Natural Medicine
1328 N Lake Park Blvd Ste 108B
Wilmington, NC 28428-428
(910) 772-7996

**Buffalino, Louis**
LifeLine Chiropractic and Natural Medicine
1133 Military Cutoff Rd Ste A
Wilmington, NC 28405-405
(910) 679-0752

**DeCoursey, James**
Sparks Chiropractic
3220 Henderson Dr
Jacksonville, NC 28546-546
(910) 355-2225

**Nash, Mark**
Acute Spinal Care Center
7658 Market St Ste A
Wilmington, NC 28411-411
(910) 686-4545

**Policari, Gina**
Back In Motion Chiropractic
6303 Oleander Dr Ste 102A
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(910) 313-1322

**Weckel, Glenn**
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5215 Market St
Wilmington, NC 28405-405
(910) 392-3333

**McAfee, Bruce**
Greenville Medical Care
230 Greenville Blvd SE
Greenville, NC 27858-858
(252) 319-4079

**Park, John**
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1328 N Lake Park Blvd Ste 108B
Wilmington, NC 28428-428
(910) 458-0804

**Onslow**
Hadley, Hampton
Hadley Family Chiropractic
30 Williams Village
Jacksonville, NC 28546-546
(910) 392-2332

**Sparks, Clayton**
Sparks Chiropractic
3220 Henderson Dr
Jacksonville, NC 28546-546
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**Orange**
Yurkovich, Gregory
Chapel Hill Family Chiropractic PLLC
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Chapel Hill, NC 27517-517
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**Pamlico**
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515 Carver Dr
Roxboro, NC 27573-573
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**Pitt**
Crouchley, Timothy
East Carolina Chiropractic Center
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Greenville, NC 27858-858
(252) 757-0004

**Randolph**
Nykamp-Nickels, Cindy
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(704) 642-0900

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Wilmington, NC 28401-401
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Button, Stephen
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(919) 735-2205

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(336) 667-4646

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6295 Teal Ln
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3450 Seminole Trl Ste 105
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(434) 974-7955

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Optima Direct Network Providers 9/2019
Chiropractic Providers

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2109 India Rd
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(434) 978-4888

Neuhoff, Cortland
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233 Hydraulic Ridge Rd Ste 102
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Payton, Michael
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2109 India Rd
Charlottesville, VA 22901-901
(434) 978-4888

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101 S Whiting St Ste 207
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(703) 370-5335

Lam, Peter
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5249 Duke St Ste 301
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(703) 750-1177

Rosa, Ricky
Rosa Family Chiropractic of Alexandria
5249 Duke St Ste 301
Alexandria, VA 22304-304
(703) 750-1177

Arlington

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Cassis Concierge Home Care Chiropractic
3053 Wilson Blvd Ste E551
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Bettortou

Austin, William
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633 Battlefield Blvd S Ste 200
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13146 Midlothian Tpke
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(804) 499-6020

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Chesterfield

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Richmond Chiropractic Inc
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Optima Direct Network Providers 9/2019 723

Optima Health
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Tate, Frank
Frank L Tate DC
384 Watson St
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Essex

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Joel Knight Chiropractic LLC
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Andolina, Nicholas
Andolina Chiropractic & Rehab
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Armstrong, Elliott
Fairfax Convenient Care
8301 Arlington Blvd Ste 100
Fairfax, VA 22031-031
(703) 849-0900

Azad, Amirreza
Home Health Chiropractic
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Falls Church, VA 22043-043
(703) 662-3238

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(703) 803-8966

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(703) 798-4590

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Virginia Pain And Wellness Center
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(703) 926-8918

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(703) 539-8822

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(703) 941-2225

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(703) 877-0787

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Falls Church, VA 22042-042
(703) 538-5455

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Ladywell Chiropractic
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(703) 372-1544

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(703) 327-9773

Lovaglio, Rosa
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Alexandria, VA 22315-315
(703) 417-9557

Mankooei, Shayda
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(703) 644-5900

800 Backlick Rd Ste 100
Springfield, VA 22150-150
(703) 644-5900

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(703) 815-2300

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Annandale, VA 22033-003
(703) 691-3111

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(703) 742-7856

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Miller Chiropractic of Fair Oaks PC
12011 Lee Jackson Memorial Hwy Ste 100
Fairfax, VA 22033-033
(703) 352-0706

Optima Direct Network Providers 9/2019 724

Optima Health
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nguyen, Vu</td>
<td>Executive Park Chiropractic and Acupuncture</td>
<td>(703) 810-3311</td>
</tr>
<tr>
<td>Norris, George</td>
<td>South Riding Family Chiropractic Center</td>
<td>(301) 327-9773</td>
</tr>
<tr>
<td>Oliver, Christopher</td>
<td>Oliver Chiropractic and Acupuncture</td>
<td>(703) 904-8528</td>
</tr>
<tr>
<td>Park, Cheon Gy</td>
<td>Active Care Chiropractic &amp; Acupuncture</td>
<td>(571) 378-0908</td>
</tr>
<tr>
<td>Park, Lee Seob</td>
<td>First Chiropractic &amp; Acupuncture</td>
<td>(703) 539-8822</td>
</tr>
<tr>
<td>Reeb, Kyle</td>
<td>Seven Chiropractors 6051 Arlington Blvd Ste F</td>
<td>(703) 984-4574</td>
</tr>
<tr>
<td>Reid, Laura</td>
<td>Alexandria Medical Center 2560 Huntington Ave Ste 104A</td>
<td>(571) 492-5872</td>
</tr>
<tr>
<td>Rhyu, Paul</td>
<td>Dr H Rhyu DC OMD PC 9401 Mathy Dr Ste 1F</td>
<td>(703) 359-7272</td>
</tr>
<tr>
<td>Natura Pain Clinic</td>
<td>14631 Lee Hwy Ste 204 Centreville</td>
<td>(571) 359-7272</td>
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<td>Rose, Ricky</td>
<td>Rosa Family Chiropractic LLC 8191 Strawberry Ln Ste 6 Falls Church</td>
<td>(703) 876-5600</td>
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<td>Schleifer, David</td>
<td>Dynamic Rehab and Spine 14290 Sullyfield Cir Ste 100</td>
<td>(703) 378-0908</td>
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<td>Seidner, Stuart</td>
<td>Fairfax Chiropractic Center 9920 Main St</td>
<td>(703) 591-0220</td>
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<td>Shields, Duncan</td>
<td>Handson Health LLC 9567 Braddock Rd</td>
<td>(703) 621-7148</td>
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<td>Singh, Devinder</td>
<td>Spine and Laser Center 203 Elder St Ste 301</td>
<td>(703) 464-5597</td>
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<td>Snyder, Steven</td>
<td>Capstone Chiropractic LLC 2579 John Milton Dr Ste 220</td>
<td>(703) 657-0066</td>
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<td>Stanton, Peter</td>
<td>Burke Spine Center 5631 Burke Centre Pkwy Ste 7</td>
<td>(703) 250-1601</td>
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<td>Suleman, Shana</td>
<td>Franconia Chiropractic Center 657 Coller Ct Ste 2 Alexandria</td>
<td>(703) 921-0008</td>
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<td>Verma, Vishal</td>
<td>Integrated Healthcare Centers 13135 Lee Jackson Memorial Hwy Ste 202 Fairfax,</td>
<td>(703) 272-4533</td>
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<td>Ward, Kevin</td>
<td>Ward Chiropractic and Rehabilitation 10515 Braddock Rd Ste B Fairfax,</td>
<td>(703) 672-1661</td>
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<td>Wubante, Eden</td>
<td>Painfree Chiropractic Rehab 6121 Lincolnia Rd Ste 100 Alexandria</td>
<td>(703) 270-9020</td>
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<td>Rosa Family Chiropractic LLC 8191 Strawberry Ln Ste 6 Falls Church</td>
<td>(703) 876-5600</td>
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<td>Young, Scott</td>
<td>Young Chiropractic and Rehab 10400 Eaton Pl Ste 410 Fairfax,</td>
<td>(703) 246-0025</td>
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<td>Falls Church City</td>
<td>Brooks, Joshua Brooks Chiropractic and Rehab 101 W Broad St Ste 530 Falls Church,</td>
<td>(703) 536-4800</td>
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<td>Peril, Theodore Falls Church Chiropractic 803 W Broad St Ste 240 Falls Church,</td>
<td>(703) 533-7707</td>
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<td>Young, Scott United Wellness and Sports Rehab 510 W Annandale Rd Ste 300 Falls Church,</td>
<td>(703) 600-8208</td>
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<td>Fauquier May, Kenneth Haymarket Chiropractic &amp; Rehabilitation 493 Blackwell Rd Ste 117 Warren, VA 22801-866</td>
<td>(540) 905-7788</td>
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<td>Moriarty, Holly Haymarket Chiropractic &amp; Rehabilitation 493 Blackwell Rd Ste 117 Warren, VA 22801-866</td>
<td>(540) 905-7788</td>
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<td>Smith Jr, Douglas Advantage Health Chiropractic 400 Holiday Ct Ste 106 Warren, VA 22801-866</td>
<td>(540) 349-8989</td>
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<td>Franklin Skileen, Kim Rocky Mount Chiropractic Inc 546 Pell Ave Rocky Mount, VA 24515-151</td>
<td>(540) 483-7620</td>
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<td>Skileen, Marlene Rocky Mount Chiropractic Inc 546 Pell Ave Rocky Mount, VA 24515-151</td>
<td>(540) 483-7620</td>
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<td>Frederick Deooper, John Capitol Rehab LLC 230 Costello Dr Ste 1 Winchester,</td>
<td>(540) 665-4444</td>
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<td>Miers, Randall Spine Care of Tidewater PC 2216 Executive Dr Ste A Hampton, VA 23666-666</td>
<td>(757) 827-3210</td>
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<td>Westby, Kevin Spine Care of Tidewater PC 2216 Executive Dr Ste A Hampton, VA 23666-666</td>
<td>(757) 827-3210</td>
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**Chiropractic Providers**

- Nguyen, Yu
- Norris, George
- Oliver, Christopher
- Park, Cheon Gy
- Park, Lee Seob
- Reeb, Kyle
- Reid, Laura
- Rhyu, Paul
- Seidner, Stuart
- Shields, Duncan
- Singh, Devinder
- Snyder, Steven
- Stanton, Peter
- Suleman, Shana
- Verma, Vishal
- Ward, Kevin
- Wubante, Eden
- Yared, Carole
- Young, Scott
- Brooks, Joshua
- Peril, Theodore
- Young, Scott
- Fauquier
- Moriarty, Holly
- Smith Jr, Douglas
- Franklin
- Skileen, Kim
- Skileen, Marlene
- Frederick
- Miers, Randall
- Westby, Kevin
- Deooper, John
- Bogdan Jr, Walter
- Dubats, Steven
- Ross, Eugene
- Stover III, Garnett
- Williamson, Dana
- Bandur, Lisa
- Bompiani, Larry
- Bompiani Chiropractic Center
- Da Ponte, Dennis
- Glazer, David

For more information, please visit [Optima Direct Network Providers](https://www.optimah.com)
Chiropractic Providers

Hollar, Jeffrey
Hollar Chiropractic
Rehabilitation
2505 Evelyn Byrd Ave Ste B
Harrisonburg, VA 22801-801
(540) 574-6166

King, Keith
Dr King Chiropractic
320 Neff Ave
Harrisonburg, VA 22801-801
(540) 433-2638

Nieder, Todd
Nieder Chiropractic & Rehabilitation
620 Neff Ave Ste 100
Harrisonburg, VA 22801-801
(540) 434-6400

Wright, Raymond
Harrisonburg Chiropractic Center Inc
182 Neff Ave Ste W
Harrisonburg, VA 22801-801
(540) 432-6842

Henrico

Bauman, Andrew
Chiropractic Centers of Short Pump
3037 Lauderdale Dr
Richmond, VA 23223-333
(804) 360-2447

Bogdan Jr, Walter
Ariya Family Chiropractic Center
10170 Staples Mill Rd Ste C
Richmond, VA 23230-060
(804) 270-5700

Griffith Jr, Lawrence
Griffith Chiropractic Life Center Inc
9199 Staples Mill Rd Ste 2E
Richmond, VA 23228-228
(804) 672-1222

Lykins, Michelle
Lykins Chiropractic Center
1811 Raintree Dr
Henrico, VA 23233-233
(804) 741-4433

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Chiropractic Centers of Short Pump
3037 Lauderdale Dr
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(804) 360-2447

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6410 Rigsby Rd
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(804) 334-1668

Olson, Kurt
Oakland Chiropractic Center
8605 Mayland Dr
Richmond, VA 22294-294
(804) 527-1717

Rulli, Nicholas
Rulli Chiropractic Clinic
7203 Brook Rd
Richmond, VA 23227-227
(804) 261-6685

Shaw, Scott
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10486 Ridgefield Pkwy Ste 16
Richmond, VA 23233-233
(804) 741-3068

Spagnolo, Michael
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11353 Nuckols Rd Ste D
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(804) 747-5464

Van Wagner, Scott
Tri-Ad Chiropractic LLC
10857 W Broad St
Glen Allen, VA 23060-060
(804) 270-3000

Winston, Aaron
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Richmond, VA 23223-233
(804) 754-2380

Henry

Hill, Mathew
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1141 Memorial Blvd
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(276) 632-3334

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425 Commonwealth Blvd
Martinsville, VA 24112-112
(276) 632-2226

Loudoun

Borrell, Ryan
Spring Chiropractic
44921 George Washington Blvd Ste 120
Ashburn, VA 20147-147
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20 Pigeon Hill Dr Ste 102
Sterling, VA 20165-165
(703) 444-4141

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602 S King St Ste 301
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(703) 723-9355

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Clegg Chiropractic PC
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(703) 777-8884

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Hummel, David
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(571) 405-3108

Young, David
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(571) 258-1021

DeRose, Michael
Commonwealth Chiropractic PC
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(703) 327-1544

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Belmont Chiropractic LLC
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Commonwealth Chiropractic PC
22895 Brambleton Plz Ste 200
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36 Catoctin Cir SE Ste F
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Manassas City

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(703) 369-4111

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(703) 361-0251

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Chiropractic Providers

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(757) 873-4131

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(757) 595-8433

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(757) 873-8483

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(757) 877-3770

Pittsylvania
Daniel Jr, Carl
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2276 Franklin Tpke Ste 115
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(434) 483-8118

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McKinley, Cory
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(434) 799-5300

King, Keith
Health 4 Life
1137 E Main St
Lunenburg, VA 24577-3835
(434) 743-3333

Hennessey, Thomas
Olde Towne Wellness LLC
515 S Sycamore St
Petersburg, VA 23803-803
(804) 733-8377

Skorupa, Elizabeth
Back in Action
11832 Canon Blvd Ste E
Newport News, VA 23606-606
(757) 873-7786

Westby, Kevin
Spine Care of Tidewater PC
11872 Canon Blvd Ste D
Newport News, VA 23606-606
(757) 873-8483

Wright, Sherri
Wright Spine And Sports Health PC
606 Denbigh Blvd Ste 105
Newport News, VA 23606-608
(757) 223-5444

Norfolk City
Lunenfeld, Marc
Norview Family Chiropractic
7453 Tidewater Dr
Norfolk, VA 23505-505
(757) 855-1099

Nihlo, Michael
Norfolk Chiropractic Center PC
425 W 20th St Ste 6
Norfolk, VA 23517-517
(757) 622-8777

Witnack, Daniel
Norview Family Chiropractic
7453 Tidewater Dr
Norfolk, VA 23505-505
(757) 855-1099

Potomac City
Keefe, Adam
Family Chiropractic & Acupuncture
5800 High St W
Portsmouth, VA 23703-707
(757) 686-3716

Miller, Sara
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(757) 686-3716

Tohrt, John
Totatal Chiropractic Health
5603 High St W Ste A
Portsmouth, VA 23703-707
(757) 966-2663

Johnson, Travis
Farmville Family Chiropractic
1403 Millwood Rd
Farmville, VA 23901-901
(434) 392-3131

Kendrick, Shawn
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1414 W 3rd St
Farmville, VA 23901-901
(434) 392-9807

Andolina, Nicholas
Andolina Chiropractic & Rehab
1455 Old Bridge Rd Ste 105
Woodbridge, VA 22192-192
(703) 490-8383

Barnhart, Jessica
Andolina Chiropractic & Rehab
1455 Old Bridge Rd Ste 202
Woodbridge, VA 22192-192
(703) 490-8383

Richmond City
Bills, Heath
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Lowry, Bryan
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Park, Cheon Gyu
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Roodman, William
Advanced Wellness Centre
3536 Grove Ave
Richmond, VA 23221-221
(804) 673-9355

Roanoke City
Garst, Gary
Garst Clinic PLC
3609 Brandon Ave SW
Roanoke, VA 24018-018
(540) 297-3440

Kehres, Gary
Kehres Chiropractic Clinic
2155 Electric Rd Ste A
Roanoke, VA 24018-018
(540) 774-0910

Lauria, Christopher
Lifestyle Chiropractic
572 Fallowater Ln Ste B
Roanoke, VA 24018-018
(540) 725-9501

Pollack, Erica
Chiropractic Care Center
4911 Brambleton Ave
Roanoke, VA 24018-018
(540) 977-4611

Roanoke City
Capps, Willard
Capps Chiropractic Clinic
5220 Williamson Rd NW
Roanoke, VA 24012-012
(540) 362-3700

CRONK, PAUL
Stoke Chiropractic Clinic Inc
217 Albermarle Ave SW
Roanoke, VA 24016-016
(540) 344-6738

Russell
Barnhart, Eric
Barnhart Chiropractic & Wellness PLC
5554 Redbud Hwy
Honaker, VA 24260-260
(276) 873-6222

Optima Direct Network Providers 9/2019 727

Optima Health
### Chiropractic Providers

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<td><strong>Salem City</strong></td>
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<tr>
<td>Davidson, Daniel</td>
<td>Buck Resort 1216 Electric Rd Salem, VA 24433-153  (540) 389-2225</td>
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<td>May, David</td>
<td>May Chiropractic 918 Apperson Dr Salem, VA 24433-153  (540) 387-1680</td>
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<td>May, Troy</td>
<td>May Chiropractic 918 Apperson Dr Salem, VA 24433-153  (540) 387-1680</td>
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<td><strong>Suffolk City</strong></td>
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<td>Downing Jr, Frank</td>
<td>Downing Chiropractic Center 711 W Washington St Suffolk, VA 23434-434 (757) 934-8653</td>
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<td>Eiban, Wayne</td>
<td>Bay Area Chiropractic 5301 Providence Rd Ste 50 Virginia Beach, VA 23454-464 (757) 495-2228</td>
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<td>Fiedler, Jared</td>
<td>Woods Corner Family Chiropractic 1920 Centerville Tpke Ste 95 Virginia Beach, VA 23464-464 (757) 479-0626</td>
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<td><strong>Virginia Beach City</strong></td>
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<tr>
<td>Bawcom, Mark</td>
<td>Bawcom Chiropractic 762 Independence Blvd Ste 786 Virginia Beach, VA 23455-455 (757) 490-7911</td>
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<td>Berkowitz, Jay</td>
<td>Virginia Spine Care 4224 Holland Rd Ste 110 Virginia Beach, VA 23452-452 (757) 486-4772</td>
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<td>Birckelcher, Scott</td>
<td>Dr Scott Birckelcher LLC 485 S Independence Blvd Ste 111 Virginia Beach, VA 23452-452 (757) 497-1555</td>
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<tr>
<td>Boaz, Gregg</td>
<td>Boaz Chiropractic Center 5265 Providence Rd Ste 503 Virginia Beach, VA 23464-464 (757) 523-1111</td>
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<td>Booth, Michelle</td>
<td>Jarrett Chiropractic Center 3809 Princess Anne Rd Ste 117 Virginia Beach, VA 23452-452 (757) 491-4600</td>
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<tr>
<td>Bresnahan, Donald</td>
<td>Cornerstone Chiropractic Center 1917 Laskin Rd Ste 108 Virginia Beach, VA 23454-454 (757) 471-9008</td>
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<td>DeGiorgio, Kenneth</td>
<td>Princess One Chiropractic PC 3809 Princess Anne Rd Ste 117 Virginia Beach, VA 23452-452 (757) 471-9008</td>
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<tr>
<td>DeGiorgio, Tina</td>
<td>Virginia Beach Holistic Clinic 500 Central Dr Ste 114 Virginia Beach, VA 23454-454 (757) 498-3044</td>
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<tr>
<td>Disney, Daniel</td>
<td>Disney Chiropractic 3619 Virginia Beach Blvd Virginia Beach, VA 23452-452 (757) 340-3631</td>
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<tr>
<td>Eiban, Wayne</td>
<td>Bay Area Chiropractic 5301 Providence Rd Ste 50 Virginia Beach, VA 23454-464 (757) 495-2228</td>
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<td>Fiedler, Jared</td>
<td>Woods Corner Family Chiropractic 1920 Centerville Tpke Ste 95 Virginia Beach, VA 23464-464 (757) 479-0626</td>
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<tr>
<td>Geheren Jr, Michael</td>
<td>New Life Chiropractic 198 S Rosemont Rd Virginia Beach, VA 23452-452 (757) 222-0910</td>
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<td>Jarrett III, Thomas</td>
<td>Jarrett Chiropractic 537 N Great Neck Rd Virginia Beach, VA 23454-454 (757) 463-5338</td>
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<td>Kim, Hyun</td>
<td>Sentara Chiropractic Center 1810 Colonial Medical Ctr Ste 101 Virginia Beach, VA 23454-454 (757) 395-3925</td>
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<td>Mingo, Aaron</td>
<td>Healing Hands Chiropractic 441 S Independence Blvd Ste 4 Virginia Beach, VA 23452-452 (757) 306-4325</td>
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<td>Morcell, Joseph</td>
<td>SportsMED 3809 Princess Anne Rd Virginia Beach, VA 23456-456 (757) 471-2800</td>
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<td>Morgan Jr, Thomas</td>
<td>Morgan Wellness Center 437 Shore Dr Virginia Beach, VA 23455-455 (757) 498-8455</td>
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<td>Olaszewski, Peter</td>
<td>Sea Pines Chiropractic 2712 Virginia Beach Blvd Virginia Beach, VA 23452-452 (757) 340-0040</td>
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<td>Pankow, Michael</td>
<td>Beach Chiropractic Center 2000 General Booth Blvd Ste 101 Virginia Beach, VA 23454-454 (757) 430-0990</td>
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<td><strong>Washington</strong></td>
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<tr>
<td>Boothe II, Robert</td>
<td>Boothe Chiropractic Clinic 108 Reedy Creek Rd Abingdon, VA 24210-210 (276) 628-8006</td>
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<td><strong>Winchester City</strong></td>
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<td>Scott, Eric</td>
<td>Winchester Chiropractic 1827 Plaza Dr Winchester, VA 22601-601 (540) 662-9006</td>
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<td><strong>Wise</strong></td>
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<tr>
<td>Jesse, Matthew</td>
<td>Highlands Chiropractic &amp; Wellness Clinic 135 Plaza Rd SW Wise, VA 24293-293 (276) 679-2311</td>
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<td><strong>York</strong></td>
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<tr>
<td>Burchett, Brenton</td>
<td>Burchett Chiropractic &amp; Wellness LLC 10809 Potomac Blvd Yorktown, VA 23692-692 (757) 874-5666</td>
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<td>Connolly, Christopher</td>
<td>Back In Motion Chiropractic 4102 George Washington Mem Hwy Yorktown, VA 23692-692 (757) 234-6222</td>
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<tr>
<td>Gunderman III, Samuel</td>
<td>Gunderman Chiropractic &amp; Wellness LLC 7501 George Washington Mem Hwy Yorktown, VA 23692-692 (757) 874-5666</td>
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<tr>
<td>Gunderman Jr, Samuel</td>
<td>Gunderman Chiropractic &amp; Wellness LLC 5701 George Washington Mem Hwy Yorktown, VA 23692-692 (757) 874-5666</td>
</tr>
</tbody>
</table>
# Chiropractic Providers

## WV

### Berkeley
- **Bambino, James**
  - Arbour Family Chiropractic Ctr.
  - 121 Administrative Dr Ste 170
  - Martinsburg, WV 25404-404
  - (304) 262-9920

### Boone
- **Hill, Cliff**
  - Hill Chiropractic Center, Inc
  - 467 Main St
  - Madison, WV 25130-130
  - (304) 369-9500

### Cabell
- **Harbour, Matthew**
  - Midland Chiropractic and Wellness
  - 332 E Main St
  - Milton, WV 25541-541
  - (304) 948-5979

### Hampshire
- **Moore, Jason**
  - Huntington Chiropractic Accident & Injury Clinic
  - 2511 3rd Ave
  - Huntington, WV 25703-703
  - (304) 523-7891

### Harrison
- **Overstreet, Jeffrey**
  - Overstreet Family Chiropractic
  - 6467 Farmdale Rd
  - Barboursville, WV 25504-504
  - (304) 840-7760

### Jefferson
- **Ross, Deborah**
  - Ross Chiropractic and Wellness
  - 1218 5th Ave
  - Huntington, WV 25701-701
  - (304) 525-1901

### Kanawha
- **Fay, Christopher**
  - Pinnacle Chiropractic
  - 325 Jones Ave
  - Oak Hill, WV 25901-901
  - (304) 465-4325

### Greenbrier
- **Penz, Timothy**
  - Greenbrier Chiropractic Center Inc
  - 3696 Jefferson St St N
  - Lewisburg, WV 24901-901
  - (304) 645-6800

### Hancock
- **Nardone, Matthew**
  - Ohio Valley Optimal Healthcare
  - 117 Three Springs Dr Ste B
  - Weirton, WV 26062-062
  - (304) 723-2494

### Jackson
- **George, Bradley**
  - George Chiropractic Clinic
  - 368 Main St W
  - Ripley, WV 25271-271
  - (304) 372-1010

### Logan
- **DeRaimo, Daniel**
  - Chapmanville Family Chiropractic
  - 265 Main St Ste B
  - Chapmanville, WV 25508-508
  - (304) 855-4529

### Putnam
- **Erwin, Anthony**
  - Putnam Chiropractic Center
  - 3551 Teays Valley Rd
  - Hurricane, WV 25526-526
  - (304) 757-7668

### Raleigh
- **Grose, Christopher**
  - Christopher Grose DC Inc
  - 1804A Harper Rd
  - Beckley, WV 25801-801
  - (304) 250-6647

### Randolph
- **Cook, Joanna**
  - Cook Chiropractic PLLC
  - 504 N Penn Ave
  - Elkins, WV 26241-362
  - (304) 966-6344

### Upshur
- **Boone, Karl**
  - Boone Family Chiropractic
  - 121 S Kanawha St
  - Buckhannon, WV 26201-201
  - (304) 472-7161

### Wood
- **Akers, Robert**
  - Akers Chiropractic PLLC
  - 1706 Blizzard Dr Ste 1
  - Parkersburg, WV 26101-101
  - (304) 865-1295

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**Optima Direct Network Providers** 9/2019

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**Optima Health**
Chiropractic Providers

Folwell, Byron
Folwell Chiropractic Clinic Inc
3211 Emerson Ave
Parkersburg, WV 26104-104
(304) 485-9124

Hale, Michael
Hale Chiropractic Center
2623 Dudley Ave
Parkersburg, WV 26101-101
(304) 485-0201

Harris Jr, Ermel
Grand Central Chiropractic Center
1100 9th St Ste G
Vienna, WV 26105-105
(304) 295-4589

Johnson II, William
Johnson Chiropractic Clinic
706 Division St
Parkersburg, WV 26101-101
(304) 422-1191

McCale, Carl
Riverview Health Clinic PLLC
2200 Grand Central Ave Ste 111
Vienna, WV 26105-105
(304) 295-5505

McCarter, Heather
McCarter Wellness DC, PLLC
4315 Emerson Ave
Parkersburg, WV 26104-104
(304) 428-8300

McCarter, Joseph
McCarter Wellness DC, PLLC
4315 Emerson Ave
Parkersburg, WV 26104-104
(304) 428-8300

Sidebottom, Steven
Steven K Sidebottom DC
293 College Pkwy
Parkersburg, WV 26104-104
(304) 485-1251

Wright, Dustin
Wright Family Chiropractic PLLC
2301 Camden Ave
Parkersburg, WV 26101-101
(304) 422-2301
### Va

#### Accomack

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<td>2307 Courthouse Avenue</td>
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#### Albemarle

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#### Alexandria City

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<td>Adamopoulos, Dora</td>
<td>1502 Mt Vernon Ave</td>
<td>703548012</td>
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<td>1430 Rolkin Ct</td>
<td>703707111</td>
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<td>Al-sayyad, Ahmed</td>
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**Eyemed Vision Care Providers**

*Optima Direct Network Providers 9/2019*
Eyemed Vision Care Providers

901 N Stuart St
Arlington, Va 22202
7032945747

Abraham, Steven
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Adair, Edwin
3105 10th St North
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7032432500

Al-sayyadi, Ahmed
2823 Clarendon Blvd
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7032946600

Ansari, Tina
1715 North George Mason Dr
Arlington, Va 22205
7035254411

Anyung, Chun
2823 Clarendon Blvd
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Azam, Faryal
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901 N Stuart St
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7035257474

Berg, Amy
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901 N Stuart St
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Bertomeu, Vincent
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7034679082

Bieber, Andrea
4018 Campbell Ave
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7036711188

Bindal, Neeraj
1101 S Joyce St
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7034182020

Bringham, Carol
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Arlington, Va 22203
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7035257474

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Habri, Danah
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7035289122

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Ghanbari, Ali
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Glasgow, Kristen
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Katchuk, Gregory
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Kim, Sun
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7035254411

Hoang-Braley, Linh
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901 N Stuart St
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Huebner, Kathryn
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Lanning, Karina
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Le, Michelle
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Lee, Jennifer
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Lenscrafters
4238 Wilson Blvd
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Lenses #800
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Lobaugh, Elizabeth
3800 N Fairfax Drive
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London, Larry
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Look, Jonathan
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Mehta, Rohini
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Morsched, Ahmad
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Namaek, Mashael
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Nguyen, Tony
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Nguyen, Van-anh
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Odil, Ryan
901 N Stuart St
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Ogunmu, Aijbola
1100 S Hayes St
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Oh, Alice
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Patel, Kesha
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Patel, Kesha
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Rajpal, Rajesh
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Smithson, Keith
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Snyder, Harry
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Sparrenberger, Robert
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901 N Stuart St
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Tagayun, Christine
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Tran, Annie
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Zhang, Amy
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Augusta

Barnes, David
1500 Commerce Road
Staunton, Va 24401
5402137720
17 N Medical Park Dr
Fishersville, Va 22939
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Kerr, Susan
1500 Commerce Road
Staunton, Va 24401
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Herndon, Susan
1500 Commerce Road
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Harpin, Matthew
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Kemp, Michael
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Vandivittis, Julia
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Staunton, Va 24401
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Bedford

Andersen, Cathy
18024 Forest Dr
Forest, Va 24551
5408592772

Best, Karen
300 Virginia Ave West
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Patel, Priyanka
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Patel, Rachna
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Payne, Charles
1835 Rosser Ave
Waynesboro, Va 22980
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Pemberton, Mary
2522 Jefferson Hwy
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Rivellino, Lauren
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Shah, Dhara
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Shields, Marc
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5408850066

5408850066

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17 N Medical Park Dr
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5402137720
Eyemed Vision Care Providers

Brown, Asha
1825 Graves Mill Rd
Forest, Va 24551
4343853600

Claus, David
1825 Graves Mill Rd
Forest, Va 24551
4343855600

Colling, Landon
1825 Graves Mill Rd
Forest, Va 24551
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Collins, Miranda
300 Virginia Ave West
Vinton, Va 24179
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Cox, Tammy
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Cox, William
300 Virginia Ave West
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Curl, Michael
1825 Graves Mill Rd
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Farouq, Anna
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Haley, B
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Kahn, Norman
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Lee, Yaling
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Pierce, Jessie
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Shelton, Jeffrey
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Sheridan, Peter
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Smith, James
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Smith, Benjamin
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Wilcox, Thomas
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Wilson, Timothy
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Zink, Sarah
300 Virginia Ave West
Vinton, Va 24179
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Bristol City

Frechette, Hayden
1701 Euclid Ave
Bristol, Va 24201
2764646427

Patel, Priyanka
1701 Euclid Ave
Bristol, Va 24201
2764646427

Weberling, Douglas
1701 Euclid Ave
Bristol, Va 24201
2764646427

Buchanan

Khasnabish, Irava
1193 Plaza Dr
Grundy, Va 24614
8447036345

Umlandt, Amanda
1193 Plaza Dr
Grundy, Va 24614
8447036345

Campbell

Kramer, Mark
207 E Rush St
Brookneal, Va 24528
4343763937

Petersen, Bert
207 E Rush St
Brookneal, Va 24528
4343763937

Waggoner, Robert
207 E Rush St
Brookneal, Va 24528
4343762020

Carroll

English, Adam
843 W Stuart Dr
Hillsville, Va 24343
2767289323

Gwynn, Warren
843 W Stuart Dr
Hillsville, Va 24343
2767289323

Harrison, Jediah
843 W Stuart Dr
Hillsville, Va 24343
2767289323

Teaters, Charles
2102 Carrollton Pike
Woodlawn, Va 24381
2762364000

Wheatley, Shad
843 W Stuart Dr
Hillsville, Va 24343
2767289323

Adams, Eric
200 Medical Pkwy
Chesapeake, Va 23320
7575479751

Ajmani, Aadiya
2448 Chesapeake Sq Ring Rd
Chesapeake, Va 23321
7574886916

Altice-weather, Christie
4200 Portsmouth Blvd
Chesapeake, Va 23321
7574658787

Ambrose, Andrew
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
7575232000

Andrews, David
4200 Portsmouth Blvd
Chesapeake, Va 23321
7574658787

Barnett, Deborah
4200 Portsmouth Blvd
Chesapeake, Va 23321
7574658787

Batton, Catherine
4200 Portsmouth Blvd
Chesapeake, Va 23321
7574658787

Baylor, Elizabeth
236 Carmichael Way
Chesapeake, Va 23322
7572551330

Beach, Russell
1116 Volvo Pkwy
Chesapeake, Va 23320
7574262020

Bertomeu, Vincent
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
7575232000

Caffee, Erin
501 N Battlefield Blvd
Chesapeake, Va 23322
7579662206

Center, The Vision
1521 Sams Cir
Chesapeake, Va 23320
7574366046

Coffin, Glenn
1437 Sams Drive
Chesapeake, Va 23320
7578190540

Collins, Miranda
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
7575232000

Cooley, Joel
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
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Craford, Mark
1437 Sams Drive
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Dangelo, Gary
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Chesapeake, Va 23320
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Diaz, Osvaldo
1108 Cedar Rd
Chesapeake, Va 23322
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Dunn, Jeffrey
1501 Cedar Road
Chesapeake, Va 23322
7574255550

Duplak, Samantha
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
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Eady, Tonya
4200 Portsmouth Blvd
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838 Old George Washington Hwy
Chesapeake, Va 23323
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Esparat, Austin
1437 Sams Drive
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4107 Portsmouth Boulevard
Chesapeake, Va 23321
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Eyre Physicians, Chesapeake
560 Kempsville Rd
Chesapeake, Va 23322
7578538262

Fleming, Patrick
1401 Greenbrier Pkwy
South Chesapeake, Va 23320
7575232000
Eyemed Vision Care Providers

Verdi, Vincent
109 Wimbledon Sq
Chesapeake, Va 23320
7573835826

560 Kempsville Rd
Chesapeake, Va 23320
7573835826

Vision, Pearle
1412 Greenbrier Pkwy
Chesapeake, Va 23320
7574243135

Vogt Stromberg, Erin
1412 Greenbrier Pkwy
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2448 Chesapeake Sq Ring Rd
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4200 Portsmouth Blvd
Chesapeake, Va 23321
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Wang, Abhner
1116 Volvo Pkwy
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Wascher, William
1501 Cedar Road
Chesapeake, Va 23322
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White, Donald
4200 Portsmouth Blvd
Chesapeake, Va 23321
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Whitekirk, Leland
560 Kempsville Rd
Chesapeake, Va 23320
7573835826

Zaydel, Rebecca
1116 Volvo Pkwy
Chesapeake, Va 23320
7574262020

Chesterfield

Alsop, Jenny
1306 Alverser Plaza
Midlothian, Va 23113
8043791872

300 S Sycamore St
Petersburg, Va 23803
8047325481

Anselme, Charline
1078 Temple Ave
Colonial Heights, Va 23834
8044514166

Anwar, Farahah
8700 Stony Point Pkwy
Richmond, Va 23235
8044320830

Autry, Justin
11611 Ironbridge Rd
Chesapeake, Va 23331
8042874200

Bailey, Scott
5199 Harbour Park Dr
Midlothian, Va 23112
8047398646

Bansal, Surbhi
8700 Stony Point Pkwy
Richmond, Va 23235
8043208300

Bastaich, Robert
11500 Midlothian Tpk
Richmond, Va 23235
8048975541

Best 507, Americas
14609 Hancock Village St
Chesterfield, Va 23832
8044203122

Best, Americas
723 Southpark Blvd
Colonial Heights, Va 23834
8045264261

Bickerton, John
1078 Temple Ave
Colonial Heights, Va 23834
8044514166

Bowman, Jennifer
1601 Huguenot Rd
Midlothian, Va 23113
8047949337

Brar, Vikram
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Richmond, Va 23235
8043208300

Brown, Bertram
723 Southpark Blvd
Colonial Heights, Va 23834
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Cannady, Damon
621 Southpark Blvd
Colonial Heights, Va 23834
8045204687

Cardone, Emily
11601 Ironbridge Rd
Chester, Va 23831
8042874200

611 Watkins Centre Pkwy
Midlothian, Va 23114
8042874200

Carothers, Thomas
11601 Ironbridge Rd
Chester, Va 23831
8042874200

611 Watkins Centre Pkwy
Midlothian, Va 23114
8042874200

Center, The Vision
900 Walmart Way
Midlothian, Va 23113
8043787930

Cook, Ryan
109 Wadsworth Dr
Richmond, Va 23236
8042872200

Corley, Jodi
14609 Hancock Village St
Chesterfield, Va 23832
8044203122

Cox, Nina
9509 Amberdale Dr
Richmond, Va 23236
8047451922

Datta, Inderrpreet
204 Johnson Creek Dr
Chester, Va 23831
8043509397

Dehoff, Cristy
9440 Ironbridge Rd
Midlothian, Va 23235
8047484877

Dham, Vijayata
13156 Midlothian Tpk
Midlothian, Va 23113
8043782303

Douglas, Richard
4705 Buckingham Ct
Chester, Va 23831
8047486983

Ellis, Arveyette
723 Southpark Blvd
Colonial Heights, Va 23834
8045264261

Express #100, Eyemart
1078 Temple Ave
Colonial Heights, Va 23834
8044514166

Farley, Gary
3731 Boulevard
Colonial Heights, Va 23834
8045263676

Fripps, Mia
8107 Midlothian Tpk
Richmond, Va 23235
8043304441

Fullerton, Julia
8700 Stony Point Pkwy
Richmond, Va 23235
8045203080

Galban, Robert
1078 Temple Ave
Colonial Heights, Va 23834
8044514166

Gies, Dane
9440 Ironbridge Rd
Chesterfield, Va 23832
8047484877

Han, Haejin
11601 Ironbridge Rd
Chester, Va 23831
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611 Watkins Centre Pkwy
Midlothian, Va 23114
8042874200

Hatcher, Kensington
11601 Ironbridge Rd
Chester, Va 23831
8042874200

611 Watkins Centre Pkwy
Midlothian, Va 23114
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Helford, Adam
109 Wadsworth Dr
Richmond, Va 23236
8042722200

Herold, Adam
4705 Buckingham Ct
Chester, Va 23831
8047466983

Hunters, Hinch
11500 Midlothian Tpk
Richmond, Va 23235
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109 Wadsworth Dr
Richmond, Va 23236
8042722200

Leffler, Christopher
8700 Stony Point Pkwy
Richmond, Va 23235
8043230830

Leisner, Jill
4705 Buckingham Ct
Chester, Va 23831
8047466983

Lenschrafters #431
11500 Midlothian Tpk
Richmond, Va 23235
8048977541

Lenschrafters #538
9200 Stony Point Pkwy
Richmond, Va 23235
8042721240

Levy, Robert
14431 Sommerville Ct
Midlothian, Va 23113
8048888998

Lumpkin, Donald
10800 Midlothian Tpk
Richmond, Va 23235
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Macmillan, Mark
14431 Sommerville Ct
Richmond, Va 23235
8048888998

Matos- Cruz, Vaitza
14609 Hancock Village St
Chesterfield, Va 23832
8044203122

Melton, Adam
13156 Midlothian Tpk
Midlothian, Va 23113
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Mittmann, Roy
1601 Huguenot Rd
Midlothian, Va 23113
8049743937

Monerieffe, Raquel
11601 Ironbridge Rd
Chester, Va 23831
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12633 Stone Village Way
Midlothian, Va 23113
8045967270

611 Watkins Centre Pkwy
Richmond, Va 23235
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Neidigh, Gerald
14431 Sommerville Ct
Midlothian, Va 23113
8048888998

Nguyen, Minh
723 Southpark Blvd
Colonial Heights, Va 23834
8045264261

Nilsen, Alexandra
601 N Courthouse Rd
Richmond, Va 23236
8045820200

Nilsen, Eric
601 N Courthouse Rd
Richmond, Va 23236
8045820200

Optical Co, For Eyes
1847 Southpark Blvd
Colonial Heights, Va 23834
8045263591

8107 Midlothian Tpk
Richmond, Va 23235
8048304441

Optical, Jepenny
11500 Midlothian Tpk
Richmond, Va 23235
8045820200

Optics, Custom
105 Twin Ridge Ln
Richmond, Va 23235
8043208385

Palisano, Paul
3731 Boulevard
Colonial Heights, Va 23834
8045263676

Optima Direct Network Providers 9/2019
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<tr>
<th>Name</th>
<th>Address</th>
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<td>Butler, Lori</td>
<td>5800 Kingstowne Blvd Alexandria, Va 23215</td>
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<td>13320 H Franklin Farm Rd Herndon, Va 20171</td>
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<td>6575 Frontier Dr Springfield, Va 2150</td>
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<td>3910 Centre Rd Chantilly, Va 20151</td>
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<td>Du, John</td>
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<td>Duong, Tuan</td>
<td>6500 Arlington Blvd Falls Church, Va 22042</td>
<td>7035213777</td>
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Optima Direct Network Providers 9/2019
**Eyemed Vision Care Providers**

**Optical, Target**
8651 John J Kingman Rd
Fairfax, VA 22030
7037811704

**Optical, For Eyes**
961 Chain Bridge Rd
Mc Lean, VA 22102
7033974449

**Optical, Jcpenney**
6699 Springfield Mall
Springfield, VA 22150
7039711109

**Optical, Sears**
6211 Leesburg Pike
Falls Church, VA 22044
7035311696

**Optical, Target**
10301 New Guinea Rd
Fairfax, VA 22032
7037645115

**Optical, Target**
13047 Fair Lakes Shopping Ctr
Fairfax, VA 22033
7035023090

**Optical, Target**
14391 Chantilly Crossing Ln
Chantilly, VA 20151
5712620022

**Optical, Target**
6100 Arlington Blvd
Falls Church, VA 22044
7035311047

**Optical, Target**
6600 Springfield Mall
Springfield, VA 22150
7039243198

**Optical, Target**
6756 Richmond Hwy
Alexandria, VA 22306
7037681677

**Patel, Keshia**
2910 District Ave
Fairfax, VA 22031
8666939336

**Patel, Keshia**
401 Maple Ave West
Vienna, VA 22180
7039385544

**Patel, Prevalien**
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Fairfax, VA 22030
7036912020

**Patel, Priyanka**
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7032642020

**Patel, Roshni**
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Chantilly, VA 20151
7038306380

**Pham, Maria**
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7030976184

**Pham, Anh-thu**
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Fairfax, VA 22031
7039782000

**Phan, Hong Van**
11159 Lee Hwy
Fairfax, VA 22030
7036791030

**Phan, Hong Van**
5503 Leesburg Pike
Falls Church, VA 22041
7034834021

**Pokusa, Jacqueline**
2910 District Ave
Fairfax, VA 22031
8666939336

**Pokusa, Jacqueline**
5765 Burke Centre Pkwy
Burke, VA 20155
7032509000

**Pokusa, Jacqueline**
6307 D Richmond Hwy
Alexandria, VA 22306
7032699878

**Pokusa, Jacqueline**
7511 Leesburg Pk
Falls Church, VA 22043
7039425300

**Park, Shuma**
8369a Leesburg Pike
Vienna, VA 22182
7035060000

**Patel, Priyanka**
1841 Fountain Drive
Reston, VA 20190
7032642020

**Patel, Roshni**
3910 Centreline Rd
Chantilly, VA 20151
7038306380

**Quraishi, Elham**
709 Pine St
Hermont, VA 20170
7034717810

**Rajpal, Rajesh**
8112 Arlington Blvd
Fairfax, VA 22042
7038705766

**Ramchand, Mohindra**
112 Elder Rd
Hermont, VA 20170
7037873500

**Rausch, Michael**
6406 Springfield Plaza
Springfield, VA 22150
7034514577

**Reed, David**
6740 Old Clean Village Dr
Mc Lean, VA 22101
7033561292

**Saeed, Mahila**
1841 Fountain Drive
Reston, VA 20190
7032642020

**Sanders, Carmolyn**
6575 Frontier Dr
Springfield, VA 22150
7039220000

**Schroedl, Michael**
3903 Fair Ridge Dr
Fairfax, VA 22033
7039619119

**Schutte, Joshua**
4469 Market Commons Dr
Fairfax, VA 22033
7032728300

**Seffens, Karyn**
14245 Centreville Sq
Centreville, VA 20121
7038302010

**Shay, Courtney**
9314 Old Keene Mill Rd
Burke, VA 20155
7035691311

**Shema, Alyssa**
2960 Chain Bridge Rd
Oakton, VA 22124
7038656890

**Shema, Alyssa**
3910 Centreline Rd
Chantilly, VA 20151
7038306380

**Slavin, Diana**
3910 Centreline Rd
Chantilly, VA 20151
7038306380

**Sleva, Carolyn**
5718 Union Mill Rd
Clifton, VA 20124
7038303977

**Smithsonian, Keith**
11656 Plaza America Dr
Reston, VA 22019
7034679080

**Snively, Charles**
120 Beulah Rd
Vienna, VA 22180
7039187633

**Snively, Hope**
6699 Springfield Center Dr
Springfield, VA 22150
7039210555

**Snively, Hope**
11656 Plaza America Dr
Reston, VA 22019
7034679080

**Snyder, Harry**
11656 Plaza America Dr
Reston, VA 22019
7034679080

**Son, Christopher**
8093 L Tysons Corner Center
Mc Lean, VA 22102
7037813377

**Song, Song**
7700 Little River Tnpk
Annandale, VA 22003
7036587070

**Sparrenberger, Robert**
11656 Plaza America Dr
Reston, VA 22019
7034679080

**Sparrenberger, Robert**
1632-a Belle View Blvd
Alexandria, VA 22307
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**Stark, Heloi**
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**Steiner, Phillip**
6201 Leesburg Pike
Falls Church, VA 22044
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**Stetekluh, Robert**
6301 Little River Tpke
Alexandria, VA 22312
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**Suh, Shannon**
1841 Fountain Drive
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**Suh, Shannon**
2539 John Milton Dr
Hermont, VA 20171
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**Sutton, Adrian**
6606802nd Rd
Alexandria, VA 22310
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**Sun, Jennifer**
3910 Centreline Rd
Chantilly, VA 20151
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**Surmati, Aiaulah**
6506 Loisdale Road
Springfield, VA 22150
7033476633

**Sutton, Adrian**
6606802nd Rd
Alexandria, VA 22310
7039710544

**Sutton, Adrian**
6307 D Richmond Hwy
Alexandria, VA 22306
7032699878

**Sutton, Adrian**
6406 Springfield Plaza
Springfield, VA 22150
7034514577

**Sutton, Adrian**
6756 Richmond Hwy
Alexandria, VA 22306
7037681677

**Sutton, Adrian**
8112 Arlington Blvd
Fairfax, VA 22042
7038765766

**Sutton, Adrian**
9419 Lorton Market Pl
Lorton, VA 22079
7033999833

**Sweetam, Gene**
5206 Rolling Rd
Burke, VA 22015
7034252000

**Sweetam, Gene**
8951 Ox Rd
Lorton, VA 22079
7034939910

**Tagayun, Christine**
8138 Watson St
Mc Lean, VA 22102
7038275454
Eyemed Vision Care Providers

Barklund, Jan
251 West Lee Hwy
Warrenton, Va 20186
5404283937

Bertomeu, Vincent
251 West Lee Hwy
Warrenton, Va 20186
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Calladine, Heidi
508 Fletcher Dr
Warrenton, Va 20186
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Cassella, Frank
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Choe, Kwon
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Collins, Michael
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Vendittis, Julia
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Welch, Robert
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Wood, Richard
436 Hospital Dr
Warrenton, Va 20186
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Zahir, Ahmad
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Allen, Neysa
365 Tanyard Rd
Rocky Mount, Va 24151
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Booth, Kari
13295 Booker T
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Hardy, Va 24101
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Bradley, Patrick
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Clark, Christopher
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Coolbaugh, Kevin
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Coolbaugh, Shari
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Eng, Eugene
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Fieg, Wade
1669 Carl D Silver Pkwy
Fredericksburg, Va 22401
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Schaubach, Olivia
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Stewart, Angela
365 Tanyard Rd
Rocky Mount, Va 24151
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Thompson, William
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Windham, Lauren
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Franklin

Anwar, Faribah
1671 Jefferson Davis Hwy
Fredericksburg, Va 22401
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Best, Americas
1871 Carl D Silver Parkway
Fredericksburg, Va 22401
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Brar, Vikram
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Fredericksburg, Va 22401
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Caldarola, Mark
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Fredericksburg, Va 22401
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Center, The Vision
1800 Carl D Silver Pkwy
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Patel, Priyanka
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Shah, Mansiben
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Silverstein, Evan
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Tran, Diana
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Giles

Clark, Helen
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Warrenton, Va 20186
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Clark, Nickolas
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Warrenton, Va 20186
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Hansen, Christopher
700 Wennon Ave
Pearsburg, Va 23072
5409214116

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Lane, Bradley
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Pearsburg, Va 23072
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Lane, Misty
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Pearsburg, Va 23072
5409214116

Gloucester

Czelusniak, Anne
3449 George Washington Hwy
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Meadows, Gemma
3449 George Washington Hwy
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Meadows, Mark
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Eyemed Vision Care Providers

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- Gee, Pauline
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- Herzlinger, Columbia
- Hetler, David
- Hinkle, Stephen
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- Hosein, Areen
- Jaffe, Stacy
- James, Keith
- Jarvis, Trischa
- Joedice, Kelly
- Johnson, Gregory
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- Karima, Ali
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- Khong, Tu-anh
- Kim, Sun
- Kramigis, Michael
- Krupa, Alicia
- Lanning, Karina
- Larson, Leonard
- Lay, Polin
- Lee, Lucy
- Lenscrafters #1122

Optima Direct Network Providers 9/2019
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**Notes**: The above table represents the contact information for various Optima Direct Network Providers, organized by their location. Each entry includes the person's name, phone number, and address. The data is sorted alphabetically by the provider's name, with the location and contact information listed below each name.
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**Norfolk City**

- Adams, Eric
- Barnett, Deborah
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- Best, Americas
- Falsetta, Deena
- Feyes, Christopher
- Kaplan, Jon
- Madden, Tim
- Mccoy,50
- Mccoy,Tony
- Mcferrin, Marcy
- Mcferrin, Nancy
- Muhleman
- Mullins, Matthew
- Nelson
- Nguyen, Hien
- Nguyen, Tuan
- Oller, Katerina
- Orme, Michael
- Oulette, Matt
- Phillips, John
- Qin, Hong
- Rainer, Adam
- Rainer, Lorin
- Reardon, Mary
- Robertson, Charles
- Sappenfield, Carla
- Seago, John
- Senesac, Jeff
- Sheehy, Trudy
- Sink, Michael
- Smith, Steve
- Snyder, David
- Sproule, Kate
- Sproule, Morgan
- Stine, Jennifer
- Stowe, Peter
- Swenson, Jan
- Taylor, John
- Thompson, William
- Vian, Scott
- Wang, Benjamin
- Wang, Zheng
- Whitehead, Michael
- Windham, Lauren
- Wooten, John
- Yang, Amy
- Yoder, Jeff
- Young, Jason
- Zink, Sarah

**Optima Health**

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Optima Direct Network Providers 9/2019
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Eyemed Vision Care Providers

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 Ormes, Carolyn  
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Gainesville, Va 20155  
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 Parrish, Alison  
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7037537200  
9930 Sowder Village Square  
Manassas, Va 20109  
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5712486482  
8300 Sudley Rd  
Manassas, Va 20109  
7032577503

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7037831390

 Quraishi, Elham  
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7033921010

 Optima Direct Network Providers 9/2019 757

Optima Health
# Eyemed Vision Care Providers

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2761 Jefferson Davis Hwy
Stafford, Va 22554
5403712020

Wiley, Susan
1515 Stafford Market Pl
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Yarzada, Malalai
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Zahir, Ahmad
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**Suffolk City**

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**Belgrave, Claude**
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**Cadenhead, Jack**
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**Eyemed Vision Care Providers**

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**Shaffer, Tracey**
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**Stahr, Nathan**
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**Triplett Stahr, Samantha**
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**Wang, Abhner**
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**Blue, Amy**
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**Baylor, Elizabeth**
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Virginia Beach, Va 23456
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Front Royal, Va 22630
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Shah, Minu
1211 North Shanandoah Avenue
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Vendittis, Julia
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Front Royal, Va 22630
5406353223

Yarzada, Malalai
869 C John Marshall Hwy
Front Royal, Va 22630
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Washington

Compton, Brett
328a Cummings St
Abingdon, Va 24210
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Morris, Joseph
33424 Bunker Hill Lane
Glade Spring, Va 24340
2764295312

Owens, Charles
274 W Main Street
Abingdon, Va 24210
2767397937

Sample, Neil
328a Cummings St
Abingdon, Va 24210
2766283118

Winchester City

Abraham, Lisa
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5404508504

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3051 Valley Ave
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5404508504

Barklund, Jan
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Bertomeu, Vincent
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Gottschalk, Roy
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Hong, Seung
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Langford, Laura
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Lein, Bobby
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Melaughlin, Elizabeth
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Moore, Michael
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Rader, George
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Rhoods, Phillip
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Shah, Minu
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Simmers, Jamie
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Winchester, Va 22601
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Smelser, Christopher
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Suh, Shannon
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Vision, Pearle
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Wood, Wilbur
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2766795612

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7572532889

Norton, Rick
724 Norton Rd
Winchester, Va 22601
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Repko, Melissa
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Winchester, Va 22601
2763217039

Repko, Taylor
724 Norton Rd
Winchester, Va 22601
2763217039

Weberling, Douglas
137 Plaza Rd
Winchester, Va 22601
2766795612

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Ambrose, Kristy
6515 George Washington Mem Hwy
Yorktown, Va 23692
7573966623

Arrdt, Kenneth
6515 George Washington Mem Hwy
Yorktown, Va 23692
7573966623

Bailey, Kelly
6515 George Washington Mem Hwy
Yorktown, Va 23692
7573966623

Buck, David
1215 George Washington Mem Hwy
Yorktown, Va 23692
7575966666

Mequain, Kent
5220 George Washington Hwy
Yorktown, Va 23692
7579878100

Seago, John
6515 George Washington Mem Hwy
Yorktown, Va 23692
7573966623

Waldron, William
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7575966666

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2762267771

Brewer-lord, Amanda
530 W Ridge Rd
Wytheville, Va 24382
2762230033

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