Provider Directory

Optima Direct Products

Optima Vantage Direct, Optima Design Vantage Direct, Optima Equity Vantage Direct, Optima POS Direct, Optima Design POS Direct, and Optima Equity POS Direct

Optima Plus Direct, Optima Equity Plus Direct

November 2018

OptimaHealth

For the most up-to-date listing, please visit our Find a Doc website at: http://optimahealth.prismisp.com/

www.optimahealth.com
Welcome to Optima Health!

When you enroll in an OptimaDirect® or OptimaFit® Direct (Direct) plan, you may need to select a Primary Care Physician (PCP) from our network of affiliated PCPs. You may change your designated PCP at any time. Please note, every family member on your plan may select a different PCP. If you have children, you may choose a participating pediatrician as their PCP.

Optima Health plans do not require a referral from a PCP to visit another doctor or specialist. However, your PCP can help coordinate your healthcare needs and serve as your first step to determine an illness or condition, offer methods of care, write prescriptions, and recommend specialists or facilities, if additional diagnoses and follow up is needed. The selected specialist must participate in the Optima Health network in order to be covered under your in-network benefits.

This directory is current as of the date listed on the cover; however, it does not guarantee that the provider is still in the network or accepting new members at the time of your visit. It is the member’s responsibility to know which providers are participating Plan providers. The most current information regarding provider participation is available at optimahealth.com or on the Optima mobile app. To access the most current listing of Direct plan providers, be sure to select the Direct option from the drop down menu.

To find out the professional qualifications of most Plan physicians, please call 757-552-7200 or 1-800-736-8272, or visit our website at optimahealth.com. This information is available 24 hours a day, 7 days a week. If you have any questions about your health benefits, please call Member Services at the number listed on the back of your member ID card.

Direct Network
As a member of a Direct plan, you have a tiered network of providers. This means that you have the freedom to choose from any healthcare provider in the network. You will have a lower cost share—in the form of lower Copayments and Coinsurance amounts—for using a Tier 1 provider. With this network design, you have the option to also visit Tier 2 providers for a higher cost share than a Tier 1 provider. Please refer to your plan documents for more information about the cost savings of choosing a Tier 1 provider, specific to your plan.

In-Network and Out-of-Network Care
By using an in-network physician or medical facility listed in this directory, you pay lower out-of-pocket costs for the care you receive and you do not have to fill out and submit claim forms. You will pay any applicable charges at the time you receive care. Certain services require only a Copayment, while the costs for other services are based on a Coinsurance percentage. You should refer to your Plan documents for these specific amounts.

If you choose to receive care from a physician or other medical facility that is not part of the Optima Health network, you may use out-of-network benefits, if you have them. These providers set their own rate for their services. Typically, when Plan members who have out-of-network benefits receive covered services from out-of-network providers, Optima Health will pay a set percentage, or an allowable charge, of the amount paid to in-network providers for the same service. The member will
pay the rest. If the out-of-network provider charges more than what Optima Health pays, the provider may bill the member for the difference between the two amounts. In addition, you must be willing to take responsibility for filing claims and make sure that pre-authorization has been secured by your provider for certain medical services and procedures.

For more information on in-network and out-of-network care, review your Evidence of Coverage or Certificate of Insurance, or call Member Services at the number listed on the back of your member ID card.

For plans that include spinal manipulation or chiropractic care benefits, a list of Chiropractic Providers is included in this directory.

**Footnotes**
The following footnotes are used throughout this directory:

1. Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. Note, if you have not seen the provider within 24 months, you may not be considered an existing patient.
2. Not accepting new patients or current patients switching plans.
3. Not accepting new patients; accepting newborns and siblings.
4. Age restriction; call physician for authorization.
5. Accepting a limited number of patients; contact Member Services to confirm that member may be added.

**Abbreviations**
The following abbreviations are used throughout this directory:

- **CHKD** - Children’s Hospital of the King’s Daughters
- **CMG** - Children’s Medical Group Service
- **MCV** - Medical College of Virginia
- **SMG** - Sentara Medical Group
- **TMPG** - Tidewater Physicians Multispecialty Group
- **UVA** - University of Virginia Health System

**Selection Criteria**

**Provider**
The Provider Networks for Optima Health plans, including those available on the Health Insurance Marketplace, consist of primary care, specialist, and behavioral health providers; and include physicians, physician assistants, nurse practitioners, and other qualified licensed clinicians.

Optima Health chooses providers based on specific criteria and credentialing requirements to create a network that ensures members are able to access participating providers within a reasonable distance and time.
All providers must have completed a comprehensive credentialing application and be approved by the Optima Health Credentialing Committee before being accepted into the network. The credentialing process consists of the review, verification, and evaluation of a number of criteria; including (but not limited to) education, specialized training, board certification, state license(s), malpractice history, and sanction records. Providers with a felony conviction and/or sanction(s) by Federal government agencies are not accepted into the Optima Health Network. Providers are re-evaluated every three years.

The Optima Health credentialing process exceeds the requirements of the National Committee for Quality Assurance (NCQA) and the Commonwealth of Virginia quality measures for credentialing.

No member experience or cost-related measures are used in the provider selection process.

**Hospital/Facility**

Hospitals for Optima Health plans, including those available on the Health Insurance Marketplace, are selected based on specific accreditation and accessibility criteria, ensuring members have access to quality hospitals within a reasonable distance and time.

Accreditation and licensure information is verified for all hospitals; an assessment is conducted to confirm the hospital is in good standing with state and federal regulatory bodies and that the hospital has been reviewed and approved by the appropriate national accrediting body.

To participate with Optima Health, hospitals must be accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO), Healthcare Facilities Accreditation Program (HFAP), or DNV Healthcare Inc. Exceptions may be made for newly opening hospitals or hospitals in rural areas, which may be allowed to participate in the Optima Health network upon submitting documentation for patient safety plans and/or record of review from a state or federal regulatory body. Hospitals are re-evaluated every three years.

No member experience, patient safety, or cost-related measures are used in the hospital selection process.
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Primary Care Providers - Tier 1

Primary Care Providers
Tier 1
# Primary Care Physicians - Tier 1

## VA

### Family Medicine

#### Abingdon

- **Dawson, Mary H., MD**
  - Prov#: 10087598
  - Magnolia Family Medicine
  - 611 Campus Drive Suite 200
  - Abingdon, VA 24210
  - (276) 676-1133

- **Gardner, James M, MD**
  - Prov#: 10002963
  - Magnolia Family Medicine
  - 611 Campus Drive Suite 200
  - Abingdon, VA 24210
  - (276) 676-1133

- **Handy, William M., MD**
  - Prov#: 10011747
  - William M Handy MD PC
  - 389 Falls Dr NW
  - Abingdon, VA 24210
  - (276) 623-0740

- **Higginbothom, Bruce C., MD**
  - Prov#: 44999
  - Dave Parker, Inc
  - 611 Campus Drive Suite 200
  - Abingdon, VA 24210
  - (276) 628-1133

- **Jastan, Rasmiyah, MD**
  - Prov#: 10132802
  - Abingdon Family Practice
  - 613 Campus Dr Suite 200
  - Abingdon, VA 24210
  - (276) 676-1133

- **Miller, Brian K., DO**
  - Prov#: 10193463
  - Abingdon Healthcare For Women
  - 613 Campus Dr Suite 200
  - Abingdon, VA 24210
  - (276) 628-1186

- **Miller, Lura S, DO**
  - Prov#: 10160112
  - Magnolia Family Medicine
  - 611 Campus Drive Suite 200
  - Abingdon, VA 24210
  - (276) 676-1133

- **Parker, David G., DO**
  - Prov#: 10093516
  - Dave Parker, Inc
  - 18180 Rich Valley Drive
  - Abingdon, VA 24210
  - (276) 628-8595

#### Afton

- **Cole, Charles J. E., MD**
  - Prov#: 10021180
  - Sentara Afton Family Medicine
  - 10950 Rockfish Valley Highway
  - Afton, VA 22920
  - (540) 456-6710

- **Schmitz, Stephen Palmer, MD**
  - Prov#: 78187
  - Sentara Afton Family Medicine
  - 10950 Rockfish Valley Highway
  - Afton, VA 22920
  - (540) 456-6710

#### Alberta

- **Rivas, Juan A., MD**
  - Prov#: 31807
  - Southside Community Health Center(CVHS) (CCNV)
  - 3380 Boydstun Road
  - Alberta, VA 23821
  - (434) 949-7211

#### Alexandria

- **Chapman, Corry A., MD**
  - Prov#: 10192051
  - Neighborhood Health
  - 1200 N Howard St
  - Alexandria, VA 22304
  - (703) 535-5568

- **Hadi, Azra, MD**
  - Prov#: 10120449
  - Patient First
  - 6311 Richmond Highway
  - Alexandria, VA 22306
  - (703) 647-6087

- **Holton, Daniel, MD**
  - Prov#: 10166269
  - Neighborhood Health
  - 2 East Glebe Road
  - Alexandria, VA 22305
  - (703) 535-5568

- **Lugo-Eschewald, Vivian, MD**
  - Prov#: 10054580
  - Family Medicine Associates of Alexandria PC
  - 2000 N Beauford St Ste 330
  - Alexandria, VA 22311
  - (703) 370-2400

#### Altavista

- **Beverly, Walter B., MD**
  - Prov#: 10085816
  - Brookneal Medical Center
  - 1280 A Main Street
  - Altavista, VA 24517
  - (434) 309-1165

- **Danner, James, DO**
  - Prov#: 10141320
  - Altavista Medical Center
  - 1280A A Main Street
  - Altavista, VA 24517
  - (434) 309-1165

#### Diamond-Myrsten, Sharon, MD

- **Osborne-Wu, Jewel, MD**
  - Prov#: 10166990
  - Neighborhood Health
  - 2 East Glebe Road
  - Alexandria, VA 22305
  - (703) 535-5568

- **Paster, Mark A., MD**
  - Prov#: 10099471
  - Patient First-Alexandria
  - 6311 Richmond Highway
  - Alexandria, VA 22306
  - (703) 647-6087

- **Stoll, Kantha R., MD**
  - Prov#: 10140000
  - Alexandria Adult Primary Care
  - 5249 Duke Street Suite 100 D
  - Alexandria, VA 22304
  - (703) 212-4825

- **Woo, Chung Y, MD**
  - Prov#: 10006924
  - Vein Clinics of America
  - 4900 Seminary Road Suite 100
  - Alexandria, VA 22311
  - (703) 879-0562
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<td>Holman</td>
<td></td>
<td>(703) 726-0003</td>
<td>Broadlands Family Practice, 20905 Professional Plaza Suite 300, Ashburn, VA 20147</td>
</tr>
</tbody>
</table>
Primary Care Physicians - Tier 1

Yang, Derek, MD
Pro #: 10126708
Broadlands Family Practice
20905 Professional Plaza Suite 330
Ashburn, VA 20147
(703) 726-0003

Ashland
Hubbard, Thomas M., MD
Pro #: 26151
Virginia Physicians, Inc.
100 Medical Drive
Ashland, VA 23005
(804) 798-9307

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Sentara Leigh Hospital
Sentara Norfolk General Hospital
St. Mary's Hospital

Trivedi, Rajendra, MD
Pro #: 10059610
Sandy River Family Care, Inc.
4520 Medical Center Rd
Aylett, VA 23009
(804) 746-1677

Aylett
Biggers, Jonathan W., DO
Pro #: 10183073
King William Dawn Community Doctors (CVHS) (CCNV)
11814 King William Rd
Aylett, VA 23009
(804) 769-3022

Cook, Patricia, MD
Pro #: 10037118
Aylett Medical Center (Bon Secours)
7864 Richmond Tappahannock Hwy
Aylett, VA 23009
(804) 746-1677

Huot, Rachel L., MD
Pro #: 10132960
Central Virginia Community Health Center (CVHS)(CCNV)
11814 King William Road
Aylett, VA 23009
(804) 769-3022

Lewis, Augustine, MD
Pro #: 45890
Bon Secours Memorial Regional - Aylett Medical Center
Hwy 360 Box 124
Aylett, VA 23009
(804) 769-3096

Walker, Andrew F., MD
Pro #: 10017602
Westmoreland Medical Center (CVHS)(CCNV)
11814 King William Road
Aylett, VA 23009
(804) 769-3022

Bassett
Barrino, Alethea, MD
Pro #: 10148102
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Edmondson, Gabriel L., DO
Pro #: 10183036
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Nkembe, Kwamba Ekma, MD
Pro #: 10097742
Bassett Family Practice
324 TB Stanley Highway Suite B and C
Bassett, VA 24055
(276) 629-1076

Hospital Affiliations:
Carilion Healthcare Corporation
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Beverly, Walter B., MD
Pro #: 10085816
Brown Medical Center
1613 Oakwood St Suite 101
Bedford, VA 24523
(540) 297-7181

171 West Main Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Virginia Baptist Hospital
Blanks, Virginia A., MD
Pro #: 10060390
Village Family Physicians
1613 Oakwood Street
Bedford, VA 24523
(540) 587-3240

Breland, Daniel, MD
Pro #: 10155702
Centra Medical Group, LLC
171 West Main Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Bedford Memorial Hospital
Cohen, Leonard J., MD
Pro #: 10154741
Lynchburg Women's and Pediatric Health Services
544 Blue Ridge Ave Suite 8
Bedford, VA 24523
(540) 425-7910

582 Blue Ridge Ave
Bedford, VA 24523
(540) 425-7910

Cox, Brandon, MD
Pro #: 10076982
Village Family Physicians
1613 Oakwood Street
Bedford, VA 24523
(540) 587-3240

Danner, James, DO
Pro #: 10141320
Altavista Medical Center
1613 Oakwood Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital
Dehl, Todd H., MD
Pro #: 10052090
Village Family Physicians
1613 Oakwood St Suite 101
Bedford, VA 24523
(540) 297-7181

Hospital Affiliations:
Bedford Memorial Hospital
Freeman, Brian A., MD
Pro #: 10171334
Lynchburg Women's and Pediatric Health Services
544 Blue Ridge Ave Suite 8
Bedford, VA 24523
(540) 425-7910

Hostetler, Joseph D., MD
Pro #: 10064650
Centra Health Medical Center - Greta
1613 Oakwood Street
Bedford, VA 24523
(540) 425-7800

Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Hubach, Kurt, MD
Pro #: 10070672
Kurt W. Hubach, MD
807 Burks Hill Road
Bedford, VA 24523
(540) 586-4359

Johnson, Matthew A., MD
Pro #: 29492
Lynchburg Family Medicine Center
1613 Oakwood Street
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Krzywanowski, Suzanne, MD
Pro #: 10059445
Lynchburg Family Medicine Center
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Luth, Janice E., MD
Pro #: 10051186
Village Family Physicians
1613 Oakwood Street Suite 201
Bedford, VA 24523
(540) 586-7273

Merten, John R., MD
Pro #: 10031437
Physicians Associates of Bedford
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Metzler, Keith, MD
Pro #: 10146700
Centra Medical Group, LLC
171 West Main Street
Bedford, VA 24523
(343) 582-7273

Olmsdell III, John B., MD
Pro #: 40901
Acute Rehab Centrahealth
1613 Oakwood Street
Bedford, VA 24523
(540) 587-3240

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Hendricks, William, MD
Pro #: 10031096
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Hudgins, David, MD
Pro #: 73858
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Lekoshere, Jonathan S., DO
Pro #: 10189770
Christiansburg Internal Medicine, LLC
2020 Kraft Dr Suite 2200
Blacksburg, VA 24060
(540) 433-3880

Lois, Hilary, DO
Pro #: 10099897
Academic Primary Care Associates LLC
3700 South Main St
Blacksburg, VA 24060
(540) 443-7180
Pro #: 10190630
Lewis-Gale Physicians, LLC
3700 South Main Street Suite 1A
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Montgomery Regional Hospital d/ b LewisGale Montgomery

Madsen, Keith P., MD
Pro #: 10149832
Carilion Healthcare Corporation
1420 North Main St
Blackstone, VA 24060
(540) 951-8380
901 Plantation Rd Suite 1
(540) 951-0352

Hospital Affiliations:
Carilion New River Valley Medical Center

Mertes, Christopher, MD
Pro #: 10010711
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Robinson, Lucian, MD
Pro #: 10031485
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Rogers, Mark B., DO
Pro #: 10032007
Academic Primary Care Associates LLC
1691 Innovation Drive Suite 2100
Blackwood, VA 24060
(540) 232-8405
3700 South Main St
Blackwood, VA 24060
(540) 443-7180

901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Shepherd, Richard D., MD
Pro #: 28789
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Spence, Isaac, DO
Pro #: 10134738
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Tsui, Camilla, MD
Pro #: 10031644
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Turner, Sarah McGinley, DO
Pro #: 10198245
Lewis-Gale Physicians, LLC
3700 South Main Street Suite A
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Montgomery Regional Hospital d/ b LewisGale Montgomery

Blackstone

Agelbor, Victor, MD
Pro #: 10066096
St. Francis Family Medicine Center
Blackwood, VA 24060
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Riverside Tappahannock Hospital

Campbell, LaChelle V., MD
Pro #: 10101836
St. Francis Family Medicine Center
213 North Main Street
Blackwood, VA 24060
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Esquivel, Marissa, MD
Pro #: 10171732
Blackstone Family Practice Center
213 North Main Street
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Murray, Latisha, MD
Pro #: 10153881
Blackwood Family Practice Center
213 North Main Street
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Blackwood Family Practice Center/ Johnston-Willis Hospital

Paine, Matthew, MD
Pro #: 10128397
St. Francis Family Medicine Center
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Sherrard, Lindsay, MD
Pro #: 10135148
St. Francis Family Medicine Center
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Yates, Jonathan D., DO
Pro #: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Hospital Affiliations:
Bluefield Regional Medical Center

Yates, Jonathan D., DO
Pro #: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Hospital Affiliations:
Bluefield Regional Medical Center

Blacksburg, VA 24060
(540) 232-8405

Murray, Latisha, MD
Pro #: 10153881
Blackwood Family Practice Center
213 North Main Street
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Blackwood Family Practice Center/ Johnston-Willis Hospital

Paine, Matthew, MD
Pro #: 10128397
St. Francis Family Medicine Center
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Sherrard, Lindsay, MD
Pro #: 10135148
St. Francis Family Medicine Center
Blackwood, VA 23824
(343) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Yates, Jonathan D., DO
Pro #: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Hospital Affiliations:
Bluefield Regional Medical Center

Yates, Jonathan D., DO
Pro #: 10093945
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Hospital Affiliations:
Bluefield Regional Medical Center

Optima Direct Network Providers January 2019 15

Bluefield

Bowling, LaDonna Renae, DO
Pro #: 10201640
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Le, Hiep V., DO
Pro #: 10184073
Westwood Family Medicine PLLC
12 Westwood Medical Park
Bluefield, VA 24605
(276) 322-7548

OptimaHealth

Optima Direct Network Providers January 2019 15
Primary Care Physicians - Tier 1

Boones Mill

Boone, John, DO
Provs #: 10030091
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
(540) 334-5511

Llavore, Jeremy A, MD
Provs #: 10076172
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
(540) 334-5511

Merten, John R., MD
Provs #: 10031392
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
(540) 334-5511

Morgan, Stephen A, MD
Provs #: 10036688
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Bowling Green

Walker, Andrew F, MD
Provs #: 10017602
Westmoreland Medical Center (CVHS) (CCCVN)
102 W Broadus Ave Suite 200
Bowling Green, VA 22427
(804) 652-1030

Boyds

Hundley, Susan D., MD
Provs #: 10094891
Health Center of the Piedmont-Danville
380 Washington Street
Boyds, VA 23917
(434) 738-6420
Hospital Affiliations:
- Centra Lynchburg General Hospital
- VCU Community Memorial Hospital

Boykins

Taylor, Francis, MD
Provs #: 59893
Northampton Family Practice
18213 Virgini A Ave
Boykins, VA 23827
(757) 645-9111

Bracey

Bailey, Sr., Paul A., MD
Provs #: 10162395
MCV Associated Physicians (Family Practice)
9782 Highway Nine O Three
Bracey, VA 23919
(434) 636-6903
Hospital Affiliations:
- VCU Community Memorial Hospital
- VCU Health System/MCV

Brambleton

Simmons Wyllic, Natasha, MD
Provs #: 10105057
Broadlands Family Practice
22895 Brambleton Plaza Ste 200
Brambleton, VA 20148
(703) 722-2312

Yang, Derek, MD
Provs #: 10126708
Broadlands Family Practice
22895 Brambleton Plaza Ste 200
Brambleton, VA 20148
(703) 722-2312

Brickt

Diduch, Barry Kent, MD
Provs #: 24036
Carilion Family Medicine - Bridgewater
200 High Street
Bridgewater, VA 22812
(540) 828-2634

McCaín, Arlene S., MD
Provs #: 10059869
Carilion Family Medicine - Bridgewater
200 High Street
Bridgewater, VA 22812
(540) 828-2634

Moss, Jonathan D, MD
Provs #: 10177919
Carilion Healthcare Corporation
200 High Street
Bridgewater, VA 22812
(540) 828-2634

Pence, Robert P., MD
Provs #: 19840
Carilion Healthcare Corporation
302 N 2nd St
Bridgewater, VA 22812
(540) 828-2668
Hospital Affiliations:
- Sentara RMH Medical Center

Bristol

Andrews, Roy R., DO
Provs #: 10163395
Southwest VA Community Health Systems Inc
2195 Euclid Avenue
Bristol, VA 24201
(276) 669-5179

Banks, Jerry Burton, MD
Provs #: 10087600
Walmart Grove Family Medicine
3175 Linden Drive Suite 3
Bristol, VA 24202
(276) 466-0355

Obuekwe, Uzoma N, MD
Provs #: 10115605
Grace Family Medicine Clinic, LLC
300 Moore Street Ste A
Bristol, VA 24201
(276) 644-4433
Hospital Affiliations:
- Wellmont Bristol Regional Medical Center

Olubowale, Katie C., MD
Provs #: 10168775
Southwest VA Community Health Systems Inc
2195 Euclid Avenue
Bristol, VA 24201
(276) 669-5179

Lawson, Laura, DO
Provs #: 10176433
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4245
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Min, James B., MD
Provs #: 10108910
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4230
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Parker III, Frederick W, MD
Provs #: 10108910
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4230
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Hammonds, Victoria C, MD
Provs #: 10160242
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4245
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Javad, Zeeeshan, MD
Provs #: 10176277
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4245
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Latimer, Robert A., MD
Provs #: 10081516
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristol, VA 24201
(571) 284-4230
Hospital Affiliations:
- Novant Health UVA Health System Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center
Primary Care Physicians - Tier 1

Perez, Michael D, MD  
Prov#: 10075198  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Ratchford, Frank X., MD  
Prov#: 10074047  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Rehmann, Rebecca A., DO  
Prov#: 10176452  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Drive  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Ross, Scott A., MD  
Prov#: 10081372  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Shirsookar, Pradnya P., MD  
Prov#: 10176301  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Walter, Michael P., MD  
Prov#: 10081883  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

West, Stephanie N., MD  
Prov#: 10176516  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Wenger, John D., MD  
Prov#: 10047830  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 901-0800

Hospital Affiliations:  
Sentara RMH Medical Center

Wortley, George C., MD  
Prov#: 10030668  
Carilion Healthcare Corporation  
18080 Main Street  
Buchanan, VA 24066  
(540) 254-1239

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Buchanan

Glenn, Robert Jess, MD  
Prov#: 10012940  
Carilion Healthcare Corporation  
18080 Main Street  
Buchanan, VA 24066  
(540) 254-1239

Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Stonewall Jackson Hospital

Morgan, Stephen A, MD  
 Prov#: 10030668  
 Carilion Healthcare Corporation  
 18080 Main St  
 Buchanan, VA 24066  
 (540) 254-1239

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Pearlman, William Glenn, MD  
Prov#: 10031116  
Carilion Healthcare Corporation  
18080 Main Street  
Buchanan, VA 24066  
(540) 254-1239

Buena Vista

Hamilton, Thomas Francis, MD  
Prov#: 10133827  
Carilion Healthcare Corporation  
2252 Magnolia Avenue  
Buena Vista, VA 24416  
(540) 261-7421

Wortley, George C., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
2252 Magnolia Avenue  
Buena Vista, VA 24416  
(540) 261-7421

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital  
Carilion Virginia Baptist Hospital
### Primary Care Physicians - Tier 1

#### Burkeville

- **Pratt, David E., MD**
  - Prov#: 10161223
  - Centra Medical Group, LLC
  - 412 Namozone Street
  - Burkeville, VA 23922
  - (434) 767-5511
- **Wine, John R., MD**
  - Prov#: 10137
  - Centra Medical Group, LLC
  - 412 Namozone Street
  - Burkeville, VA 23922
  - (434) 767-5511

#### Carrollton

- **Afsharchi, Foroozan, MD**
  - Prov#: 10164774
  - Centra Medical Group, LLC
  - 412 Namozone Street
  - Burkeville, VA 23922
  - (434) 767-5511
- **Day, Lenore, MD**
  - Prov#: 10109813
  - Eagle Harbor Medical Associates
  - 13609 Carrollton Blvd Ste 11
  - Carrollton, VA 23314
  - (757) 238-8751
- **Filak, Michael, MD**
  - Prov#: 10104999
  - Eagle Harbor Medical Associates
  - 13609 Carrollton Blvd Ste 11
  - Carrollton, VA 23314
  - (757) 238-8751

#### Centreville

- **Berman, Belinda B., MD**
  - Prov#: 10176283
  - NMG Affiliate Practice I, LLC
  - 6208 Multiplex Drive Suite 150
  - Centreville, VA 20121
  - (703) 366-2590
- **Carter, William, MD**
  - Prov#: 10099338
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600
- **Day, Lenore, MD**
  - Prov#: 10109813
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600
- **Filak, Michael, MD**
  - Prov#: 10104999
  - Eagle Harbor Medical Associates
  - 13609 Carrollton Blvd Ste 11
  - Carrollton, VA 23314
  - (757) 238-8751
- **Hammonds, Victoria C., MD**
  - Prov#: 10160242
  - NMG Affiliate Practice I, LLC
  - 6208 Multiplex Drive Suite 150
  - Centreville, VA 20121
  - (703) 366-2590
- **Hartman, Michael, MD**
  - Prov#: 10107055
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600
- **Javaid, Zeeshan, MD**
  - Prov#: 10176277
  - NMG Affiliate Practice I, LLC
  - 6208 Multiplex Drive Suite 150
  - Centreville, VA 20121
  - (703) 366-2590
- **Lawson, Laura, DO**
  - Prov#: 10105371
  - Rocky Run Family Medicine, INC.
  - 5645 Stone Road
  - Centreville, VA 20120
  - (703) 266-2442
- **Mancini, Robert, MD**
  - Prov#: 10101376
  - Reston Hospital Center
  - 4080 Lafayette Center Drive Ste 170
  - Chantilly, VA 20151
  - (703) 766-5040
- **Markin, Laurie S., MD**
  - Prov#: 10004779
  - Falmouth Family Practice
  - 3918 Centreville Road
  - Chantilly, VA 20151
  - (703) 366-2590
- **Ruiz, Rex, MD**
  - Prov#: 10099365
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600
- **Waldman, Jeffry, MD**
  - Prov#: 10099365
  - Centra Medical Group, LLC
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600

#### Chantilly

- **Baray, Ahmad S., MD**
  - Prov#: 10099933
  - Centra Medical Group, LLC
  - 412 Namozone Street
  - Burkeville, VA 23922
  - (434) 767-5511
- **Gambhir, Saurabh, MD**
  - Prov#: 10099460
  - Centra Medical Group, LLC
  - 412 Namozone Street
  - Burkeville, VA 23922
  - (434) 767-5511
- **Govil, Kanika, MD**
  - Prov#: 10099933
  - Northside Family Medical Center
  - 3918 Centreville Road
  - Chantilly, VA 20151
  - (703) 266-2442
- **Hwang, Irving, MD**
  - Prov#: 10101376
  - Chantilly Family Medicine, LLC
  - 411312 Roberts Place
  - Chantilly, VA 20151
  - (703) 266-2442
- **Iyer, Akila V., MD**
  - Prov#: 10067247
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 266-2442
- **Patel, Jayasree, MD**
  - Prov#: 10105020
  - NMG Affiliate Practice Centers
  - 6201 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 263-9600
- **Rehmann, Rebecca A., DO**
  - Prov#: 10176452
  - NMG Affiliate Practice I, LLC
  - 6208 Multiplex Drive Suite 150
  - Centreville, VA 20121
  - (703) 366-2590
- **Reston Hospital Center**
  - Prov#: 10018799
  - Reston Hospital Center
  - 4080 Lafayette Center Drive
  - Chantilly, VA 20151
  - (703) 766-5040
- **Southside Family Medical Center**
  - Prov#: 10067247
  - 4080 Lafayette Center Drive
  - Chantilly, VA 20151
  - (703) 766-5040

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Optima Direct Network Providers January 2019
<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Specialty</th>
<th>Provider Number</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Espiritu, Keith A., MD</td>
<td>Primary Care Physicians (SMG)</td>
<td>10075584</td>
<td>213 River Walk Pkwy</td>
<td>(757) 983-1777</td>
</tr>
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Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 21
Primary Care Physicians - Tier 1

Shick, Devon, MD  
Pro#: 21101  
First Care, PC/Mansukhal Ramolia, MD  
4053 Taylor Rd Ste K  
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(757) 483-6401

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Ray, Sulekha, MD  
Pro#: 70343  
Sentara Family Medicine Physicians (SMG)  
213 River Walk Pkwy Ste 101  
Chesapeake, VA 23320  
(757) 935-1777

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Obici Hospital

Sato, Naomi, DO  
Pro#: 10168588  
Sentara Family Medicine Physicians (SMG)  
633 Battlefield Blvd S Ste 300  
Chesapeake, VA 23322  
(757) 233-4700

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Virginia Beach General Hospital

Shah, Dharmesh K., MD  
Pro#: 10001737  
The Medical Practice, Ltd.  
710 Liberty St  
Chesapeake, VA 23324  
(757) 543-6861

Shick, Devon, MD  
Pro#: 10113186  
Bayview Physician Services, PC  
1419 Cedar Rd Ste 101  
Chesapeake, VA 23322  
(757) 842-6180

Hospital Affiliations:  
Chesapeake Regional Medical Center

Shur-Allen, Lyubov, MD  
Pro#: 10060323  
Mt. Pleasant Urgent Care and Family Practice  
1464 Mt Pleasant Rd Suites 13 and 14  
Chesapeake, VA 23322  
(757) 410-4580

Skinner, Alison C, MD  
Pro#: 20223  
Western Branch Family Practice & Ob/Gyn (Maryview Hospital Inc.)  
2613 Taylor Rd Suite 201  
Chesapeake, VA 23321  
(757) 686-5673

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Sloan, Falisha, MD  
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Patient First - Taylor Road  
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Smith, Eddie L., MD  
Pro#: 10116900  
Eagle Harbor Medical Associates (Maryview Hospital)  
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Stone, Kimberly J., MD  
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Western Branch Family Practice & Ob/Gyn (Maryview Hospital Inc.)  
3253 Taylor Rd Ste 102  
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Szoke, Peter, MD  
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4149 Cedar Rd Ste 101  
Chesapeake, VA 23322  
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Tan-Gonzales, Desiree, MD  
Pro#: 10002079  
Volvo Medical Associates (Bayview Physician Services PC)  
725 Volvo Parkway Suite 100  
Chesapeake, VA 23320  
(757) 738-1325

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Virginia Beach General Hospital

Tharakan, Jolson, MD  
Pro#: 10145812  
Bon Secours Grassfield Medical Associates  
648 Grassfield Parkway Suite 1  
Chesapeake, VA 23322  
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Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Bon Secours Maryview Medical Center  
Bon Secours Maryview Medical Center

To, Stephen S., MD  
Pro#: 10023995  
Volvo Medical Associates (Bayview Physician Services PC)  
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Vaccarella, Joseph E., MD  
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Bayview Physician Services, PC  
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VanderWeele, Alan, DO  
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Patient First - Taylor Road  
2425 Taylor Road  
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Walker, Flint R., DO  
Pro#: 10184052  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
1016 Justin St  
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Zhang, Da, MD  
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Beckwith, Douglas E., MD  
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Chester Family Medcare PC  
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Breeden, Sara S., MD  
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Primary Health Group - Ironbridge  
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(804) 271-8990

Hospital Affiliations:  
Chippenham Medical Center/ Johnstown-Willis Hospital

Bryan, Daphne, MD  
Pro#: 10140244  
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Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Burijon, Brian G., MD  
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12200 Ironbridge Road  
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Hospital Affiliations:  
Chippenham Medical Center/ Johnstown-Willis Hospital

Caparuola, Luisa, DO  
Pro#: 10197735  
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Hospital Affiliations:  
Chippenham Medical Center/ Johnstown-Willis Hospital

Duncan, David Arend, MD  
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Hospital Affiliations:  
Chippenham Medical Center/ Johnstown-Willis Hospital

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Haffizulla, Hope A., MD  
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Chester Family Medcare PC  
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(804) 796-2373

Kolb, Andrew, DO  
Pro#: 10063364  
Patient First - Chester  
12101 S Chalkley Rd  
Chester, VA 23831  
(804) 796-3636

Lingler, Kimberley, MD  
Pro#: 10174386  
Southside Primary Care  
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Chester, VA 23831  
(804) 748-9071

Hospital Affiliations:  
Southside Regional Medical Center

Lobb, Keeve H., DO  
Pro#: 10128149  
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Chester, VA 23831  
(804) 717-5308

Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Merritt, Mark, DO  
Pro#: 10159996  
Patient First - Chester  
12101 S Chalkley Road  
Chester, VA 23831  
(804) 796-3636

Miller, Brent, MD  
Pro#: 10054694  
Patient First  
12101 Chalkley Road  
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(804) 796-3636

Quarshie, George, MD  
Pro#: 10154562  
Southside Primary Care - Petersburg  
435 Clairmont Court Suite 100  
Chester, VA 23836  
(804) 526-2121

Hospital Affiliations:  
Southside Regional Medical Center

Risser, Andrea, MD  
Pro#: 10085288  
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Primary Care Physicians - Tier 1

Chincoteague

Balmoria, Sandra, MD
Prov#: 10148940
Atlantic Community Health Center (ESRHS) (CCNV)
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(757) 336-3682

Halls, Albert John, MD
Prov#: 10122378
Eastern Shore Rural Health Systems, Inc. (CCNV)
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Chincoteague, VA 23336
(757) 336-3682

Hollandsworth, Thomas, MD
Prov#: 16906
Onley Community Health Center (ESRHS) (CCNV)
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Chincoteague, VA 23336
(757) 336-3682

Lingen, Joan K., MD
Prov#: 10002447
Franktown Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Lo, Colette W., MD
Prov#: 10115053
Onley Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Stark, Heather R., MD
Prov#: 43423
Onley Community Health Center (ESRHS) (CCNV)
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Vandenhoff, Stephen, MD
Prov#: 10058088
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4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Christianburg

Kadiri, Mohamed, MD
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Carilion Healthcare Corporation
205 Roanoke St
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(540) 381-6000

Mogen, Thomas, MD
Prov#: 10030861
Carilion Healthcare Corporation
205 Roanoke St
Christiansburg, VA 24073
(540) 381-6000

2900 Lamb Circle Suite 201
Christiansburg, VA 24073
(540) 731-7624

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion New River Valley Medical Center
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Churchville

Le, Ngoe, DO
Prov#: 10151265
Augusta Health Family Practice
Verona
3881 Churchville Avenue Churchville, VA 24421
(540) 245-7806

Hospital Affiliations:
Augusta Medical Center

Lopez Vasquez, Katy, MD
Prov#: 10115158
Augusta Health Family Practice
Verona
3881 Churchville Avenue Churchville, VA 24421
(540) 245-7806

Hospital Affiliations:
Augusta Medical Center

Tran, George M., MD
Prov#: 10182555
Augusta Health Family Practice - Churchville
3881 Churchville Ave Churchville, VA 24421
(540) 245-7806

Hospital Affiliations:
Augusta Medical Center

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<td>241 Charles Dimmick Pkwy Ste 6</td>
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<td>(804) 526-1111</td>
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<td>930 South Ave</td>
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<td>Colonial Heights, VA 23834</td>
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<td>(804) 504-8025</td>
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<td>Diggs, Arleeta M., MD</td>
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<td>930 South Ave</td>
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<td>Feldmann, Jr., Spencer, MD</td>
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<td>Southside Primary Care</td>
</tr>
<tr>
<td>436 Clairmont Court</td>
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<tr>
<td>Colonial Heights, VA 23834</td>
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<td>(804) 520-2626</td>
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<td>Lewis Jr., John W., DO</td>
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Optima Direct Network Providers January 2019 24
Primary Care Physicians - Tier 1

**Culpeper**

Ahmed, Mirza A., MD  
Pro#: 10176198  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5929  
Hospital Affiliations:  
UVA Culpeper Hospital

Guirguis, Ekram G., MD  
Pro#: 10194098  
Wellspring Health Services  
15237 Creativity Drive  
Culpeper, VA 22701  
(540) 321-2481  
541 Sunset Lane Suite 201  
Culpeper, VA 22701  
(540) 321-4281  
541 Sunset Lane Suite 301  
Culpeper, VA 22701  
(540) 825-4557  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
UVA Culpeper Hospital

Haider, Shahzad, MD  
Pro#: 10176207  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5929  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
UVA Culpeper Hospital

Heaton, Christopher R., MD  
Pro#: 10176661  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5929  
Hospital Affiliations:  
Novant Health VA Health System  
Haymarket Medical Center  
Novant Health VA Health System  
Prince William Medical Center

Masood, Faraz, MD  
Pro#: 10176539  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5929  
Hospital Affiliations:  
Bedford Memorial Hospital  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital  
UVA Culpeper Hospital

Nguyen, Thi Minh Diep, MD  
Pro#: 10193180  
Wellspring Health Services  
15237 Creativity Drive  
Culpeper, VA 22701  
(540) 321-4280  
541 Sunset Lane Suite 301  
Culpeper, VA 22701  
(540) 825-4557  
Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
UVA Culpeper Hospital  
University of Virginia Medical Center

Scheneck, Marcus D, MD  
Pro#: 10194136  
Wellspring Health Services  
15237 Creativity Drive  
Culpeper, VA 22701  
(540) 321-4281  
541 Sunset Lane Suite 201  
Culpeper, VA 22701  
(540) 321-4281  
541 Sunset Lane Suite 301  
Culpeper, VA 22701  
(540) 825-4557  
Hospital Affiliations:  
UVA Culpeper Hospital

**Daleville**

Andrews, Clarke B., MD  
Pro#: 10148139  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Burgess, Henry E., MD  
Pro#: 10110303  
Lewis-Gale Physicians, LLC  
65 Shenandoah Avenue  
Daleville, VA 24083  
(540) 966-6430  
Disraeli, Virginia Byrne, DO  
Pro#: 10097599  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Cieraszynski, Laura Byrne, DO  
Pro#: 10104997  
Lawson Family Medicine and Aesthetics  
1454 Roanoke Road  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Hilldrup, Kelley M., DO  
Pro#: 10191249  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Lawson, Lianna R., DO  
Pro#: 10104997  
Lawson Family Medicine and Aesthetics  
1454 Roanoke Road  
Daleville, VA 24083  
(540) 992-3600  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Merten, John R., MD  
Pro#: 10031437  
Carilion Internal Medicine  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Morgan, Stephen A, MD  
Pro#: 10030668  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Orr, Kimberly R., DO  
Pro#: 10019793  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

**Danville**

Addis, Daniel M., DO  
Pro#: 10014982  
Piedmont Family & Occupational Medicine  
219 Parker Road  
Danville, VA 24540  
(434) 791-7366  
Disraeli, Virginia Byrne, DO  
Pro#: 10191633  
Piedmont PrimeCare CMG  
414 Park Avenue  
Danville, VA 24541  
(434) 791-2273  
Hospital Affiliations:  
Center Lynchburg General Hospital

Andrews, Roy R., DO  
Pro#: 10137264  
Danville Physician Practices, LLC  
101 Holbrook Street  
Danville, VA 24541  
(434) 792-4041

**Damascus**

Roatsey, Thomas E., DO  
Pro#: 10160308  
Stone Mountain Health Services  
306 S Shady Ave  
Danascus, VA 24236  
(276) 475-5116  
Hospital Affiliations:  
Lonesome Pine Hospital

**Daleville**

**Daleville**

Polk, Elizabeth, MD  
Pro#: 28965  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Rea, Catherine G., MD  
Pro#: 10031472  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Roanoke Memorial Hospital

Stidham, Gregory, MD  
Pro#: 10031608  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Thompson, James E., MD  
Pro#: 10203242  
Carilion Healthcare Corporation  
150 Market Ridge Lane  
Daleville, VA 24083  
(540) 966-0400  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

**Danville**

**Danville**

Addis, Daniel M., DO  
Pro#: 10014982  
Piedmont Family & Occupational Medicine  
219 Parker Road  
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Hospital Affiliations:  
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101 Holbrook Street  
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**Danville**

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</table>
Primary Care Physicians - Tier 1

Marsh, Michael S., MD
Prov#: 19806
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
- Sentara RMH Medical Center

Pence, Robert P., MD
Prov#: 19840
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
- Sentara RMH Medical Center

Wortley, George C., MD
Prov#: 10185302
Community Health Center of the
Prov#: 10121499

Pence, Robert P., MD
Prov#: 19840
Carilion Healthcare Corporation
Hwy 42 S 15 Killdeer Lane
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
- Sentara RMH Medical Center

Schubert, Ronald L., MD
Prov#: 19845
Carilion Healthcare Corporation
15 Killdeer Ln
Dayton, VA 22821
(540) 879-4300

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Dinwiddie

Park, Hyo K., DO
Prov#: 10064497
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Russell, Amanda, MD
Prov#: 10204012
Dinwiddie Medical Center and Counseling Center
13855 Courthouse Road
Dinwiddie, VA 23841
(804) 469-3731

Dublin

Campbell, David W., MD
Prov#: 10077060
Carilion Healthcare Corporation
118 Broad St
Dublin, VA 24084
(540) 674-8805

Hardee, III, Abraham B., DO
Prov#: 10121493
Community Health Center of the New River Valley
5826 Ruebush Road
Dublin, VA 24084
(540) 585-1310

Jolda, Ronald S., DO
Prov#: 10185302
Community Health Center of the New River Valley
5826 Ruebush Road
Dublin, VA 24084
(540) 585-1310

Lard, Chad T., DO
Prov#: 10175437
Carilion Healthcare Corporation
118 Broad St
Dublin, VA 24084
(540) 674-8805

Simpson, Michael, DO
Prov#: 10132743
Lewis-Gale Physicians, LLC
4450 Lee Highway Suite B
Dublin, VA 24084
(540) 674-4560

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

Ullman, Christine, DO
Prov#: 10129686
Carilion Healthcare Corporation
118 Broad St
Dublin, VA 24084
(540) 674-8805

Duffield

Parker, David G., DO
Prov#: 10093516
Sentara RMH Medical Group, LLC
10180896
Harrisonburg Community Health Center Inc
800 Shenandoah Avenue Suite 170
Elkton, VA 22827
(540) 298-9900

Fowler, Jr, Tolvert E., MD
Prov#: 10173063
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
- Sentara RMH Medical Center

Hotchkiss, Jerome J, MD
Prov#: 10156297
Harrisonburg Community Health Center Inc
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Elkton, VA 22827
(540) 298-9900

Long, Keith C., MD
Prov#: 10194545
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
- Sentara RMH Medical Center

Dulles

Mohler, Troy R., MD
Prov#: 10107165
Loudoun Medical Group PC
24430 Stone Springs Blvd Suite 135
Dulles, VA 20166
(703) 957-1255

Sawant, Sharayu B., MD
Prov#: 10143601
Charlottesville Family Medicine, LLC
24430 Stone Springs Blvd Suite #315
Dulles, VA 20166
(571) 758-2350

Dumfries

Mohiuddin, Rashid Ahmed, MD
Prov#: 10051347
Greater Prince William Community Health Center
17339 Main Street Suite 130
Dumfries, VA 22026
(703) 680-7950

Sales, Benedict, MD
Prov#: 10171081
Sentara Family Medicine Physicians (SMG)
3600 Pointe Center Court Ste 110
Dulles, VA 20166
(703) 523-1750

Hospital Affiliations:
- Potomac Valley Hospital
- Sentara CareFlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Northern Virginia Medical Center
- Sentara Obici Hospital

Dungannon

Cassel, Todd A., MD
Prov#: 10091420
Clinch River Health Services Inc
17285 Veterans Memorial Hwy
Dungannon, VA 24245
(276) 467-2201

Michael, Gary E., MD
Prov#: 10018956
Clinch River Health Services Inc
Highway 65
Dungannon, VA 24245
(276) 467-2201

Elkton

Domingus, Jeff, DO
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Harrisonburg Community Health Center Inc
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(540) 298-9900

Hotchkiss, Jerome J, MD
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Prov#: 10194545
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13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200

Hospital Affiliations:
- Sentara RMH Medical Center

Ewing

Reploge, Corinne, MD
Prov#: 10187348
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Hospital Affiliations:
- Sentara RMH Medical Center

Fairfax

Acquah, Phyllis, MD
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Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Optima Direct Network Providers January 2019 27
Primary Care Physicians - Tier 1

**Bazemore, Andrew W., MD**
Pro #: 10036354
Fairfax Family Practice Centers PC
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**Blecher, Lee L., MD**
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**Burroughs, Susan H., MD**
Pro #: 64882
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(703) 391-2020

**Childress, Marc A., MD**
Pro #: 10117613
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
(703) 391-2020

**Ehrlich, Thomas, MD**
Pro #: 90641
Fairfax Family Practice Centers PC
3650 Joseph Siewick Drive Suite 400
Fairfax, VA 22033
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**Ehrlich, Thomas, MD**
Pro #: 10017212
Fairfax Family Practice Centers PC
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(703) 391-2020

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Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

**Grant, Colin, DO**
Pro #: 10179164
Patient First-Gainesville
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**Hermes, Marjorie A., MD**
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Fairfax Family Practice Centers PC
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**Jones, Samuel M., MD**
Pro #: 10023062
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Fairfax, VA 22033
(703) 391-2020

**Nobu, Amy, MD**
Pro #: 10109838
Fairfax Family Practice Centers PC
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Fairfax, VA 22033
(703) 391-2020

**O'Brien, Lynn, MD**
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Fairfax Family Practice Centers PC
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**Sughrue, Maura J., MD**
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Fairfax Family Practice Centers PC
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(703) 391-2020

**Tran, Minh, DO**
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(703) 679-1876

**Woo, Chung Y, MD**
Pro #: 10006924
Vein Clinics of America
11550 Random Hills Rd Ste 440
Fairfax, VA 22030
(703) 556-4488

**Fairfield**

**Children, Robert S., MD**
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Carilion Healthcare Corporation
33 Red Hill Rd
Fairfield, VA 24435
(540) 377-2156

**Fairfax**

**Ho, Hieu Van, MD**
Pro #: 10136282
Great Falls Medical Center, LLC
6079 Arlington Blvd
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(703) 534-3331

**Virginia Hospital Center - Arlington**

**Virginia Hospital Center - Falls Church**
Primary Care Physicians - Tier 1

Farmville

- Allega, Giuliana, MD
  Pro#: 10191056
  Centra Health Medical Center - Gretna
  935 South Main Street
  Farmville, VA 23901
  (434) 315-2850

- Corbett, Sr., Timothy W., MD
  Pro#: 20416
  Southside Area Family Medicine
  324 Commerce Road
  Farmville, VA 23901
  (434) 392-9633

- Danner, James, DO
  Pro#: 10141520
  Alvavista Medical Center
  935 South Main Street
  Farmville, VA 23901
  (434) 315-2850

- Gibbs, Peter, DO
  Pro#: 10111950
  Lynchburg Family Medicine Center
  1705 East Third Street
  Farmville, VA 23901
  (434) 315-2850

- Guidi, Joseph G., DO
  Pro#: 10158431
  Centra Medical Group Southside, LLC
  800 Oak Street
  Farmville, VA 23901
  (434) 315-2998

- Olmsted III, John B., MD
  Pro#: 40901
  Acute Rehab Centrahealth
  800 Oak Street
  Farmville, VA 23901
  (434) 315-2532

- Pruitt, David E, MD
  Pro#: 10161223
  Centra Medical Group, LLC
  935 South Main Street
  Farmville, VA 23901
  (434) 315-5340

- Szmiigel, Gabriel T., MD
  Pro#: 10169958
  Centra Health Medical Center - Gretna
  935 South Main Street
  Farmville, VA 23901
  (434) 315-5340

- Varner, Lawrence C., MD
  Pro#: 98408
  Centra Southside Professional LLC
  400 Longwood Ave
  Farmville, VA 23901
  (434) 392-6101
  Pro#: 10154861
  Potomac Healthcare Solutions, LLC
  201 High Street
  Farmville, VA 23909
  (434) 395-2585

- Wilson, Edwina C., MD
  Pro#: 10063824
  Charlotte Primary Care
  833 Buffalo Street Suite 200
  Farmville, VA 23901
  (434) 392-8177

- Zaman, Samira, MD
  Pro#: 10163188
  Centra Medical Group, LLC
  1705 East Third Street
  Farmville, VA 23901
  (434) 315-2850

- Subuhi, Tabassum, MD
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  Ferrum Community Health Center
  40 Wiley Drive
  Ferrum, VA 24088
  (540) 365-4469

- De Zoysa, Amrita, MD
  Pro#: 10154545
  Augusta Health Fishersville Primary Care
  53 N Medical Park Dr
  Fishersville, VA 22939
  (540) 932-5687

- Reed, John P., MD
  Pro#: 10115956
  Augusta Health Fishersville Primary Care
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  Fishersville, VA 22939
  (540) 932-5687

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  Carilion Healthcare Corporation
  911 E Main Street
  Floyd, VA 24091
  (540) 745-2031

- Bowman, Robert R., MD
  Pro#: 10167899
  Carilion Healthcare Corporation
  911 E Main Street
  Floyd, VA 24091
  (540) 745-2031

- Duensing, H. Jedediah, DO
  Pro#: 10153882
  Tri-Area Community Health Center
  at Floyd
  140 Christiansburg Pike
  Floyd, VA 24091
  (540) 745-9290

- Horney, Wayne D., MD
  Pro#: 10022948
  Carilion Healthcare Corporation
  911 E Main Street
  Floyd, VA 24091
  (540) 725-2031

- Hulett, Joel M., MD
  Pro#: 10197054
  Carilion Healthcare Corporation
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  Floyd, VA 24091
  (540) 745-5700

- Kuiken, Garry Henry, MD
  Pro#: 10148224
  Carilion Healthcare Corporation
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  Floyd, VA 24091
  (540) 745-5700

- Lambert, Reed R., MD
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  Carilion Healthcare Corporation
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  Floyd, VA 24091
  (540) 745-2031

- Adams, Scott B., MD
  Pro#: 10068404
  Grace Family Medicine, PLC
  15421 Forest Rd Ste B
  Forest, VA 24551
  (434) 525-4722

- Beverley, Walter B., MD
  Pro#: 10085816
  Brookneal Medical Center
  16890 Forest Road
  Forest, VA 24551
  (434) 200-7210

- Brose, Teodora, MD
  Pro#: 10196192
  Central Virginia Family Physicians, Inc.
  1088 London Links Road
  Forest, VA 24551
  (434) 534-6868

- Caballero, Cesar E., MD
  Pro#: 10173756
  Centra Medical Group (Centra Health, Inc.)
  16890 Forest Road
  Forest, VA 24551
  (434) 200-7210

- Carmack, John F., MD
  Pro#: 45190
  Forest Family Physicians
  1175 Corporate Park Drive
  Forest, VA 24551
  (434) 525-6964

Optima Direct Network Providers January 2019

OptimaHealth
Primary Care Physicians - Tier 1

Coggins, Charles H., MD  
Pro#: 73217  
New London Family Practice  
1088 New London Rd  
Forest, VA 24551  
(434) 534-6868  
Hospital Affiliations:  
Bedford Memorial Hospital

Dodd, Jarrett, MD  
Pro#: 45191  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Elliott, Robert, MD  
Pro#: 45139  
Staunton River Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Elliott, Robert, MD  
Pro#: 45191  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Hashmi, Afreeda A., MD  
Pro#: 10140389  
Forest Family Physicians  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Robertson, Sandy, MD  
Pro#: 101872307  
Central Virginia Family Physicians, Inc.  
16900 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Smith, David M., MD  
Pro#: 10118602  
Access Healthcare  
2103 Graves Mill Road  
Forest, VA 24551  
(434) 316-7199  
Hospital Affiliations:  
Bedford Memorial Hospital  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital

Franklin

Bellovin, Sabra M., MD  
Pro#: 10162792  
Southeastern Virginia Health System  
1357 Armory Drive  
Franklin, VA 23851  
(757) 304-5570  
Hospital Affiliations:  
Bon Secours Maryview Medical Center

Bidwell, Glenn P., MD  
Pro#: 61008  
Southampton Family Practice  
102-B Fairview Dr  
Franklin, VA 23851  
(757) 562-2158  
Hospital Affiliations:  
Southampton Memorial Hospital

Hashmi, Afreeda A., MD  
Pro#: 10168113  
Southampton Family Practice  
102 Fairview Drive Suite B  
Franklin, VA 23851  
(757) 562-2158  
Hospital Affiliations:  
Southampton Memorial Hospital

Ismaiel-Campbell, Attiyah T., MD  
Pro#: 10160825  
Total Family Care (Franklin Clinic Corp)  
102 Fairview Drive Suite F  
Franklin, VA 23851  
(757) 304-9852  
Hospital Affiliations:  
Southampton Memorial Hospital

Balmoria, Sandra, MD  
Pro#: 10148940  
Atlantic Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Halls, Albert John, MD  
Pro#: 10122378  
Eastern Shore Rural Health Systems, Inc. (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Anderson, Jr., John R., MD  
Pro#: 10156976  
Sentara Pratt Medical Group (SMG)  
12101 Carol Ln  
Fredericksburg, VA 22407  
(540) 785-7810  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Hoshino, David, MD  
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Atlantic Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819

Lingen, Joan K., MD  
Pro#: 10002447  
Franktown Community Health Center (ESRHS) (CCNV)  
1019 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819

Lo, Colette W., MD  
Pro#: 10115053  
Onley Community Health Center (ESRHS) (CCNV)  
1959 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819

Stark, Heather R., MD  
Pro#: 45323  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819

Vandenhoof, Stephen, MD  
Pro#: 10058088  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819

Frankfort

Bishop, Raymond, MD  
Pro#: 10166861  
Fork Union Family Medicine PLLC  
4064 James Madison Hwy  
Fork Union, VA 23055  
(434) 842-3244  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Fork Union

Kleiner, Mark, MD  
Pro#: 10013488  
Timberlake Family Practice  
Division of Central VA Family Physicians  
1175 Corporate Park Dr  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Paulus, David, MD  
Pro#: 10134294  
New London Family Practice  
1088 London Links Drive  
Forest, VA 24551  
(434) 534-6806  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Robert, Laura, MD  
Pro#: 10140389  
New London Family Practice  
1088 London Links Road  
Forest, VA 24551  
(434) 534-6806  
1175 Corporate Park Drive  
Forest, VA 24551  
(434) 525-6964  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Robertson, Sandy, MD  
Pro#: 101872307  
Central Virginia Family Physicians, Inc.  
16900 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Rolfs, Mark, DO  
Pro#: 10188325  
Lynchburg Internal Medicine  
16900 Forest Road  
Forest, VA 24551  
(434) 200-7210  
Hospital Affiliations:  
Fork Union

Balmoria, Sandra, MD  
Pro#: 10148940  
Atlantic Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Halls, Albert John, MD  
Pro#: 10122378  
Eastern Shore Rural Health Systems, Inc. (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Hollandsworth, Thomas, MD  
Pro#: 16906  
Onley Community Health Center (ESRHS) (CCNV)  
9159 Frankstown Rd  
Franklin, VA 23354  
(757) 442-4819
Primary Care Physicians - Tier 1

Galdamez, Gloria E., MD
Pro#: 64027
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Clay, Tokehan, MD
Pro#: 10179152
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Chippendham Medical Center
Johnston-Williams Hospital
Mary Washington Hospital (MWH)
Sentara Norfolk General Hospital

Cook, Wilson, MD
Pro#: 10713
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Dedwylder, Rosier D., MD
Pro#: 10157409
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Fiore, Tony, MD
Pro#: 10075149
Spotsylvania Multi-Specialty Group, LLC
4600 Spotsylvania Parkway Ste 200
Fredericksburg, VA 22408
(540) 423-6600

Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center

Floyd, Julie, MD
Pro#: 10010952
Rappahannock Family Healthcare, Inc
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Galdamez, Gloria E., MD
Pro#: 10156878
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gamache, Donna J., MD
Pro#: 10023023
Lee's Hill Family Physicians PC
125 Olde Greenwich Drive Ste 220
Fredericksburg, VA 22408
(540) 898-8001

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gerold, Mark, MD
Pro#: 10193461
Primary & Urgent Care LLC
10009 Southpoint Parkway Ste 200
Fredericksburg, VA 22407
(540) 898-6600
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gray, Daniel P, MD
Pro#: 10076132
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Harpe, Katrina, MD
Pro#: 10045479
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Harrington, Christopher C., MD
Pro#: 94066
Christopher Harrington MD PC
10718 Ballantraye Drive Suite 404
Fredericksburg, VA 22407
(540) 479-4204

Harwood, Rosemary, MD
Pro#: 10132630
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hengs, Matthew J., DO
Pro#: 10026412
Westside Medical PC
4300 Plank Road Ste 140
Fredericksburg, VA 22407
(540) 548-8686

Hernandez, Rafael, MD
Pro#: 10714
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Janus, Thomas, DO
Pro#: 10716
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200
418 Chatham Square Office Park
Fredericksburg, VA 22405
(540) 371-4700

Hospital Affiliations:
Mary Washington Hospital (MWH)

Johnson, Rod S., MD
Pro#: 10123087
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Kahn, Enamul, MD
Pro#: 10026503
NS Family Medical Center Inc.
3813 Lafayette Blvd
Fredericksburg, VA 22408
(540) 891-1522

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalindini, Kavita, MD
Pro#: 10134900
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Fredericksburg, VA 22407
(540) 242-4141

Kia, Jr., John W., MD
Pro#: 10158279
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Kost, Jennifer, DO
Pro#: 10016627
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Lagally, Karl H., DO
Pro#: 10048810
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Ly, Ngoc, MD
Pro#: 10083523
Patient First
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Legally, Karl H., DO
Pro#: 10048810
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Ma, Steven J., MD
Pro#: 10007102
Personalized Family Medicine, PC
605 Jefferson Davis Highway Suite 201
Fredericksburg, VA 22401
(540) 368-2011

Hospital Affiliations:
Mary Washington Hospital (MWH)

Maboodan, Maryam, MD
Pro#: 10125424
Central Virginia Community Health Center (CVHS)(CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 736-0560

Mandeville, John D., DO
Pro#: 10177503
Central Virginia Community Health Center (CVHS)(CCNV)
1965 Jefferson Davis Highway Suite 100
Fredericksburg, VA 22401
(540) 736-0560

Marlow, Cindy, MD
Pro#: 58200
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Mildoon, Daniel, MD
Pro#: 10114419
Family Care of Fredericksburg, PLC
2216 Princess Anne Street Ste 106
Fredericksburg, VA 22401
(540) 940-2568

Pai, Deepa C., MD
Pro#: 10176542
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100

Pham, Hung, MD
Pro#: 10073463
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Prince, Sarah E., MD
Pro#: 10165173
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Reid, Volanda, MD
Pro#: 10017419
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Sentara Norfolk General Hospital

Schuette, Joseph, MD
Pro#: 10718
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Soliven, Janice, MD
Pro#: 10144875
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Optima Direct Network Providers January 2019 31
Primary Care Physicians - Tier 1

Stinar, Theron, DO
Pro#: 10115643
Fredericksburg Christian Health Center
1129 Heatherstone Drive Ste 101
Fredericksburg, VA 22407
(540) 785-8500

Szmigiel, Gabriel T., MD
Pro#: 10152562
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
- Warren Memorial Hospital, Inc.
- Shenandoah Memorial Hospital

Tarter, Yasmin L., MD
Pro#: 10092689
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Free Union

Campbell, Bruce D., MD
Pro#: 37941
Anchor Healthcare, PLC
4304 Free Union Road
Free Union, VA 22940
(434) 978-1691

Front Royal

Ball, Thomas A., MD
Pro#: 38156
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Barron, Jennifer B., MD
Pro#: 21802
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Bernard, Barbara T., MD
Pro#: 27931
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-2085

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Bradd, III, Floyd, MD
Pro#: 43314
Skyline Family Practice
841 Shenandoah Ave
Front Royal, VA 22630
(540) 636-7000

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Dennehy, Jr., Francis X., MD
Pro#: 64584
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Felt, Jeffrey, MD
Pro#: 10119250
Valley Health Winchester Family Practice
67 Riverton Commons Plaza
Front Royal, VA 22630
(540) 635-0848

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Frederickson, Judy S., MD
Pro#: 10002043
Shenandoah Medical Associates
625 Virginia Ave
Front Royal, VA 22630
(540) 635-7991

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Grosbeck, Jeffery P, DO
Pro#: 10153159
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hoebl, Elizabeth, MD
Pro#: 10173581
Valley Health Family Medicine - Front Royal
67 Riverton Commons Plaza
Front Royal, VA 22630
(540) 635-0848

Kerns, John W., MD
Pro#: 43291
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

LaPlante, Maria, MD
Pro#: 10192293
Valley Health Warren Mem Hos Multi specialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300
120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Mattson, Rodger C., DO
Pro#: 10118864
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Spriggs, Tamara Denise, MD
Pro#: 10203008
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Subedi, Rajesh, MD
Pro#: 10099887
Shenandoah Medical Associates
625 Virginia Ave
Front Royal, VA 22630
(540) 635-7991

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Whisenant, Sherry A., MD
Pro#: 43294
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Winter, Jonathan D., MD
Pro#: 10034429
Front Royal Family Practice
140 West 11th Street
Front Royal, VA 22630
(540) 631-3700

Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Cruz-Tolentino, Minnie, MD
Pro#: 10175932
Patient First-Gainesville
14800 Lee Highway
Gainesville, VA 22555
(703) 743-7017

Hackett, Jason, MD
Pro#: 10029222
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 22555
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Hammonds, Victoria C, MD
Pro#: 10160242
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 22555
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Javaid, Zeeshan, MD
Pro#: 10176277
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 22555
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Sigmon, Douglas, MD
Pro#: 10139021
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 22555
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Tang, Steven J, MD
Pro#: 10125046
NMG Affiliate Practice I, LLC
14540 John Marshall Hwy Suite 104
Gainesville, VA 22555
(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Turkington, Susan, MD
Pro#: 10130937
Gainesville Family Practice, P.C.
7915 Lake Manassas Drive Suite 102
Gainesville, VA 22555
(703) 754-4101

Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Young, Chi, MD
Pro#: 10097955
Fairfax Family Practice Centers PC
8078 Crescent Park Drive Suite 201
Gainesville, VA 22555
(703) 753-4999

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Galax

Butler, Amy, MD
Prov#: 66917
Carilion Medical Associates
199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-5181

Fant, Vanessa S., MD
Prov#: 10189765
Oldtown Medical Care, LLC
306 Meadow Street
Galax, VA 24333
(276) 236-5300

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Fowler, Scott M, MD
Prov#: 10199494
Galax Family Care
104 Cranberry Road Suite 200A
Galax, VA 24333
(276) 236-9953

King, Jamie L., MD
Prov#: 10151764
Carilion Healthcare Corporation
199 Hospital Dr Suite 7
Galax, VA 24333
(276) 236-5181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Glen Allen

Adams, Helen, MD
Prov#: 10014967
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Akbar, Faiza S., MD
Prov#: 10024845
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Banerjee, Rumki, MD
Prov#: 10091260
Apex MD, LLC
5310 Twin Hickory Road Ste 200
Glen Allen, VA 23059
(804) 273-0010

Boggs, Melanie P., MD
Prov#: 55715
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Carr, Jennifer E., MD
Prov#: 10155818
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23059
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Dannels, Robert M., MD
Prov#: 65216
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23059
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Hyder, Haroon, MD
Prov#: 10085225
Bon Secours St Mary's - Patterson Avenue Family Practice
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Marys Hospital

Jernigan, James E., MD
Prov#: 211340
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Lieng, Thanh-Truc T, MD
Prov#: 10195432
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Glasgow

Allyn, MD
Prov#: 10669722
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sailer, Jay Gordon, MD
Prov#: 10074027
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sailer, Jane P., MD
Prov#: 10014967
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Lough, Andrea Rhea, DO
Prov#: 1085010
Patient First
5000 Cox Road Suite 100
Glen Allen, VA 23060
(804) 968-5700

Hospital Affiliations:
Carilion Giles Community Hospital

Morrissette, Phillip W., MD
Prov#: 10002817
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Nicholson, Joynita R., MD
Prov#: 74888
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Carilion Giles Community Hospital

Siddiqui, Mohammad Sayeed, MD
Prov#: 10174383
Arthritis & Osteoporosis Center of Richmond
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Marys Hospital

Simpson, Jr., Kenneth R., MD
Prov#: 33187
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Thomas, Claire, MD
Prov#: 10173304
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Gloucester

Belvin, David G., MD
Prov#: 10010130
Sentara Family Medicine Physicians (SMG)
5659 Parkway Dr Suite 100
Gloucester, VA 23061
(804) 210-1009

Leming, Joseph A., MD
Prov#: 10106430
Courthouse Family Medicine, PLLC
6760 Main Street
Gloucester, VA 23061
(804) 693-3500

Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Reynolds, Wayne J., DO
Prov#: 91664
Sentara Family Medicine Physicians
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1025

Hospital Affiliations:
Arthritis & Osteoporosis Center

West, III, Francis T., MD
Prov#: 10022748
Mobjack Medical Group
6530 Main Street
Gloucester, VA 23061
(804) 684-5043

Glen Allen

Pote, Douglas Allyn, MD
Prov#: 20447
Glade Spring Community Clinic
636 S Monte Vista Drive
Glade Spring, VA 24340
(877) 429-5163

Hospital Affiliations:
Smyth County Community Hospital

West, III, Francis T., MD
Prov#: 10022748
Mobjack Medical Group
6530 Main Street
Gloucester, VA 23061
(804) 684-5043

Optima Direct Network Providers January 2019  33

OptimaHealth
Primary Care Physicians - Tier 1

Goochland

Bain, Francis, MD
Pro#: 104346
Goochland Family Practice
2948 River Rd West
Goochland, VA 23063
(804) 556-6101

Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Gordonville

Ho, Hieu Van, MD
Pro#: 10136282
Great Falls Medical Center, LLC
1142 Walker Road Suite C
Great Falls, VA 22066
(703) 534-3331

Hospital Affiliations:
- Virginia Hospital Center - Arlington

Gredna

Blanks, Virginia A., MD
Pro#: 10060100
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Brendle, Daniel, MD
Pro#: 10118956
Centra Medical Group, LLC
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Bedford Memorial Hospital

Burnham, Bonnie N., MD
Pro#: 10157411
Family Healthcare Center of Gretta
305 N Main Street
Gretta, VA 24557
(434) 799-4444

Daniel, John G., MD
Pro#: 10170208
Family Healthcare Center of Gretta
305 N Main Street
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Bedford Memorial Hospital

Mortlock, David, MD
Pro#: 10188636
Piedmont PrimeCare CMG
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Settle, Paul C., MD
Pro#: 10049310
Piedmont PrimeCare CMG
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Hampton

Baines, Robin S., MD
Pro#: 10113257
Sentara Family Medicine Physicians
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
- Sentara CarePlex Hospital

Barreto, Beata, MD
Pro#: 10155769
Sentara Family Medicine Physicians
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
- Sentara CarePlex Hospital

Campbell, Amy L., MD
Pro#: 10003551
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23669
(757) 838-6335

Chan, Yu Kwan, MD
Pro#: 10132739
Hampton Family Practice PLLC
9 Manhattan Square
Hampton, VA 23669
(757) 838-6335

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Jones, Jr., Albert H., MD
Pro#: 10034284
Sentara Family Physicians (SMG)
2104 Executive Dr
Hampton, VA 23666
(757) 736-3700

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Harris, Laurie H., DO
Pro#: 10164929
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Hoyt, Jennifer R., MD
Pro#: 10171258
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Hunter, Robert H., MD
Pro#: 51002
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hyman, Lawrence C., MD
Pro#: 51107
Tidewater Physicians Multispecialty Group, PC (TPMG)
2114 Hartford Rd Ste A
Hampton, VA 23666
(757) 826-3460

Inness, Ruth, MD
Pro#: 738067
Tidewater Physicians Multispecialty Group, PC (TPMG)
2115 Executive Dr Ste 5D
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Jones, Jr., Samuel, MD
Pro#: 78528
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
- Sentara CarePlex Hospital

Optima Direct Network Providers January 2019 34
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Primary Care Physicians - Tier 1

Latimer, Robert A., MD  
Prov#: 10081516  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(571) 284-4370  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Min, James B., MD  
Prov#: 10120776  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(571) 284-4370  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Parker III, Frederick W, MD  
Prov#: 10108910  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(571) 284-4370  
Hospital Affiliations:  
Novant Health UVA Health System  
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Novant Health UVA Health System  
Prince William Medical Center

Patel, Trupti B, MD  
Prov#: 10090660  
NMG Affiliate Practice I, LLC  
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(571) 284-4370  
Hospital Affiliations:  
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Perez, Michael D, MD  
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Ross, Scott A., MD  
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Novant Health UVA Health System  
Prince William Medical Center

Shirsolkar, Pradnya P., MD  
Prov#: 10176301  
NMG Affiliate Practice I, LLC  
15195 Heathcote Boulevard Suite 140  
Haymarket, VA 20169  
(571) 284-4370  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Theodore, Nihil C., MD  
Prov#: 10176706  
NMG Affiliate Practice I, LLC  
15225 Heathcote Blvd  
Haymarket, VA 20169  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

West, Stephanie N., MD  
Prov#: 10191136  
AFC Urgent Care  
334 Elden Street  
Herndon, VA 20170  
(571) 665-4000  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Wong, Edwin H., MD  
Prov#: 10195746  
AFC Urgent Care  
334 Elden Street  
Herndon, VA 20170  
(571) 665-4000  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Butler, Amy, MD  
Prov#: 1006912  
Carilion Medical Associates  
416 S Main St  
Hillsville, VA 24343  
(276) 728-7731  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Tazewell Community Hospital

King, Jamie L., MD  
Prov#: 10151764  
Carilion Healthcare Corporation  
416 South Main Street  
Hillsville, VA 24343  
(276) 728-7731  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center

Knisely, Thomas, DO  
Prov#: 10121873  
Carilion Healthcare Corporation  
416 S Main St  
Hillsville, VA 24343  
(276) 728-7731  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital
Primary Care Physicians - Tier 1

Lazo, Robert, MD
Pro#: 45204
Carilion Healthcare Corporation
416 South Main Street
1012 Winston Churchill
Hopewell, VA 23860
(804) 458-6396
Hospital Affiliations:
Twin County Regional Hospital

Mohiuddin, Abdul Q., MD
Pro#: 10176438
Carilion Healthcare Corporation
416 S Main St
Hillville, VA 24343
(276) 728-7731

Tunstall, June R., MD
Pro#: 43273
June R. Tunstall, MD, P.C.
406 North 6th Street
Hopewell, VA 23860
(804) 458-6396
Hospital Affiliations:
John Randolph Medical Center

Honaker

Easton, Brian Thomas, MD
Pro#: 10034868
C Health, PC
801 Commerce Street
Honaker, VA 24260
(276) 873-6876
Hospital Affiliations:
Russell County Medical Center

Harman, Nicholas, DO
Pro#: 10168335
C Health, PC
4675 Redbud Hwy
Honaker, VA 24260
(276) 889-3700

Owens, Dia P., MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
4124 Council Mountain Road
Honaker, VA 24260
(276) 859-0859

Wess, Kevin L., DO
Pro#: 10150827
C Health, PC
4675 Redbud Hwy
Honaker, VA 24260
(276) 889-3700

Hopewell

Miller, Christopher, MD
Pro#: 10151614
Appomattox River Medical LLC
815 W Poynthes Street
Hopewell, VA 23860
(804) 458-8558

Mohiuddin, Abdul Q., MD
Pro#: 2333
Twin Rivers Medical Clinic PC
1012 Winston Churchill
Hopewell, VA 23860
(804) 458-8558
Hospital Affiliations:
John Randolph Medical Center

Neifeld, David M., MD
Pro#: 10204684
Appomattox River Medical LLC
815 W Poynthes Street
Hopewell, VA 23860
(804) 458-8558
Hospital Affiliations:
John Randolph Medical Center

Tunstalls, William R., MD
Pro#: 10198748
Rappahannock Hospital Physicians
132 Lancaster Road
Ivor, VA 22486
(804) 438-4000
Hospital Affiliations:
Rappahannock General Hospital

Ivor

Coleman, George C., MD
Pro#: 74822
Ivor Medical Center (HHS) (CCNV)
306 E Sixth Avenue
Ivor, VA 23866
(757) 859-6161

Williams, Valencia Jones, MD
Pro#: 10029742
Ivor Medical Center (HHS) (CCNV)
306 E Sixth Avenue
Ivor, VA 23866
(757) 859-6161

Kenbridge

Michie, David W., MD
Pro#: 33774
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Powers, David C., MD
Pro#: 43354
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Powers, Ill, Graham H., MD
Pro#: 67072
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Keyesville

Peralta Jr., Manuel, MD
Pro#: 1012035
Central Virginia Family Physicians, Inc.
527 Pocket Road
Hurt, VA 24563
(434) 324-9150

Independence

Fowler, Scott M, MD
Pro#: 10202655
Independence Family Care
217 South Independence Avenue
Independence, VA 24348
(276) 773-2063

Kilmarnock

Ashworth, Joel T., MD
Pro#: 10206161
BON SECURS KILMARNOCK PRIMARY CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
BON Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Rappahannock General Hospital

Dawson IV, George P., MD
Pro#: 10077372
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
University of Virginia Medical Center

Foster-Weiss, Kara, MD
Pro#: 10206200
BON SECURS KILMARNOCK PRIMARY CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
BON Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Reinhardt, Stephen, MD
Pro#: 10206159
BON SECURS KILMARNOCK PRIMARY CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
BON Secours St. Francis Medical Center
BON Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Wright, James Lee, MD
Pro#: 10009809
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651
Hospital Affiliations:
VCU Health System/MCV

King William

Avula, Danielle, MD
Pro#: 10159533
BON Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677
Hospital Affiliations:
BON Secours Memorial Regional Medical Center

Optima Direct Network Providers January 2019 38
Primary Care Physicians - Tier 1

Cook, Patricia, MD  
Provision #: 10037118 
Aylett Medical Center (Bon Secours)  
1041 Sharon Road Suite 205 
King William, VA 23086  
(804) 746-1677

Rose, Robert, MD  
Provision #: 10170891 
Bon Secours Memorial Regional - Aylett Medical Center  
1041 Sharon Road Suite 205 
King William, VA 23086  
(804) 746-1677

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Lake Ridge

© Stinnett, Bruce, MD  
Provision #: 10178502 
Patient First  
2199 Old Bridge Road 
Lake Ridge, VA 22192  
(703) 357-9707

Tran, Minh, DO  
Provision #: 10083558 
Patient First  
2199 Old Bridge Road 
Lake Ridge, VA 22192  
(703) 357-9707

Lansdowne

Kang, Jin Moon, MD  
Provision #: 10173324 
PartnerMD, PC  
19500 Sandridge Way 
Lansdowne, VA 20176  
(703) 840-7300

Miikael, Nail, MD  
Provision #: 10196841 
Leesburg/Sterling Family Practice  
44084 Riverside Parkway Suite 300 
Lansdowne, VA 20176  
(703) 724-7530

Rhodes, Valerie M., DO  
Provision #: 10113838 
Leesburg/Sterling Family Practice  
44084 Riverside Parkway Suite 300 
Lansdowne, VA 20176  
(703) 724-7530

Laurel Fork

Tate, Glen, MD  
Provision #: 10019017 
Tri-Area Health Clinic (CCNV)  
14168 Danville Pike 
Laurel Fork, VA 24352  
(276) 398-2292

Lawrenceville

Feldmann, Jr., Spencer, MD  
Provision #: 10160401 
Southside Primary Care  
1722 Lawrenceville Plank Road 
Lawrenceville, VA 23868  
(434) 848-4766

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Lebanon

Easton, Brian Thomas, MD  
Provision #: 10034868 
C Health, PC  
495 East Main Street 
Lebanon, VA 24266  
(276) 889-3700

Hospital Affiliations:  
Russell County Medical Center

Harman, Nicholas, DO  
Provision #: 10168335 
C Health, PC  
495 East Main Street 
Lebanon, VA 24266  
(276) 889-3700

Melton, Samuel Hughes, MD  
Provision #: 10094728 
High Power, PC  
2003 East Main Street 
Lebanon, VA 24266  
(276) 395-3938

Hospital Affiliations:  
Johnston Memorial Hospital  
Smyth County Community Hospital

Phillips, Paul A., DO  
Provision #: 10191693 
C Health, PC  
495 East Main Street 
Lebanon, VA 24266  
(276) 889-3700

Hospital Affiliations:  
HANCOCK COUNTY HOSPITAL  
Russell County Medical Center

West, Kevin L., DO  
Provision #: 10150827 
C Health, PC  
495 East Main Street 
Lebanon, VA 24266  
(276) 889-3700

Leesburg

© Ali, Khurram, MD  
Provision #: 10070650 
Patient First - Glen Allen  
601 Potomac Station Drive 
Leesburg, VA 20176  
(703) 840-1396

Belote, Robert, MD  
Provision #: 59198 
Catocin Family Practice of Leesburg PLLC  
211 S King St 
Leesburg, VA 20175  
(703) 777-6655

Boudreau, Jennifer, MD  
Provision #: 10170312 
Vita Family Medicine and MedSpa LLC  
540 Fort Evans Road Suite 204 
Leesburg, VA 20176  
(703) 737-3500

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Cecil, Mary, MD  
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Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110 
Leesburg, VA 20176  
(703) 724-7530

Charen, KELLY, MD  
Provision #: 10019169 
Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110 
Leesburg, VA 20176  
(703) 724-7530

© Cho, Charles H., DO  
Provision #: 10091878 
Patient First  
601 Potomac Station Drive NE 
Leesburg, VA 20176  
(703) 840-1396

Clanciaruso, Lauren B., DO  
Provision #: 10020850 
Healthworks for Northern Virginia  
224 Cornwall Street NW 
Leesburg, VA 20176  
(703) 779-4092

Hospital Affiliations:  
Jefferson Memorial Hospital

Crowley, Anthony, MD  
Provision #: 10000477 
Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110 
Leesburg, VA 20176  
(703) 724-7530

Djafari, Paria, MD  
Provision #: 10038218 
Leesburg/Sterling Family Practice  
224 D Cornwall St NW Suite 106 
Leesburg, VA 20176  
(703) 777-1612

© Ferrell, III, John L., MD  
Provision #: 10092688 
Patient First  
601 Potomac Station Drive NE 
Leesburg, VA 20176  
(703) 840-1396

© Gambhir, Saurabh, MD  
Provision #: 10094960 
Patient First  
601 Potomac Station Drive NE 
Leesburg, VA 20176  
(703) 840-1396

Gomez Del Carpio, Jimena, MD  
Provision #: 10115936 
Healthworks for Northern Virginia  
163 Fort Evans Road NE 
Leesburg, VA 20176  
(703) 443-2000

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Williamson, Valerie, MD  
Provision #: 1005194 
Potomac Family Practice  
224 D Cornwall St NW Suite 301 
Leesburg, VA 20176  
(703) 779-0700

© Wright, Colleen, MD  
Provision #: 10004358 
Leesburg/Sterling Family Practice  
44055 Riverside Parkway Suite 110 
Leesburg, VA 20176  
(703) 724-7530

Lexington

Arnold, Colleen M., MD  
Provision #: 10111617 
Augusta Health Internal Medicine  
Lexington  
55 Comfort Way Suite 1 
Lexington, VA 24450  
(540) 463-3381

Hospital Affiliations:  
Augusta Medical Center
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<th>Phone</th>
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<td>Lanier, Laura Winn, MD</td>
<td>(540) 463-9158</td>
<td>Lexington, VA 24450</td>
<td>Pediatrician</td>
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<tr>
<td>Harcus, Sinclair J., MD</td>
<td>(540) 463-7628</td>
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**Optima Direct Network Providers January 2019**

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**OptimaHealth**
Primary Care Physicians - Tier 1

### Luray

**Desrochers, Danielle, MD**  
Pro#: 10036301  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-2887  

**Fowler, Jr, Tolvert E., MD**  
Pro#: 10191930  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  

**Mashaw, Arsheeya, MD**  
Pro#: 10033531  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  

**Hospital Affiliations:**  
Page Memorial Hospital Inc  

### Lynchburg

**Albers, Gregg, MD**  
Pro#: 10178120  
Central Virginia Family Physicians, Inc.  
2811 Linkhorne Drive  
Lynchburg, VA 24503  
(434) 384-1581  

**Babineau, Teresa W., MD**  
Pro#: 10152265  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-2887  

**Busby, Loretta J., MD**  
Pro#: 10115263  
Blue Ridge Immediate Care  
2402 Atherholt Road Ste B  
Luray, VA 22835  
(540) 843-4624  

**Burgess, Henry E., MD**  
Pro#: 10132176  
Division of Family practice  
1901 Thomson Drive  
Lynchburg, VA 24503  
(434) 200-3908  

**Caballero, Cesar E., MD**  
Pro#: 10173746  
Carilion Giles Community Hospital  
1902 Grace Street  
Lynchburg, VA 24504  
(434) 947-5100  

**Coggins, Charles H., MD**  
Pro#: 10152265  
Carilion Giles Community Hospital  
1901 Thomson Drive  
Lynchburg, VA 24503  
(434) 200-3908  

**Crow, William, MD**  
Pro#: 10052334  
Carilion Giles Community Hospital  
1901 Thomson Drive  
Lynchburg, VA 24503  
(434) 200-3908  

**Danner, James, DO**  
Pro#: 10033531  
Physicians Treatment Center  
2832 Candlers Mountain Road  
Lynchburg, VA 24502  
(434) 239-3949  

**Davis, Tabatha, MD**  
Pro#: 101077387  
Carilion Giles Community Hospital  
1902 Grace Street  
Lynchburg, VA 24504  
(434) 947-5100  

**Bolus-Sabugo, Ahnes, MD**  
Pro#: 10132176  
Division of Family practice  
1901 Thomson Drive  
Lynchburg, VA 24503  
(434) 200-3908  

**Bolourian, Houman, MD**  
Pro#: 100141320  
Altavista Medical Center  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-3908  

**Davis, Tabatha, MD**  
Pro#: 10052334  
Carilion Giles Community Hospital  
1901 Thomson Drive  
Lynchburg, VA 24503  
(434) 200-3908  

**Engel, David, DO**  
Pro#: 10152265  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  

**Freed, Daniel M., MD**  
Pro#: 10152265  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  

**Henderson, Susan, MD**  
Pro#: 100141320  
Altavista Medical Center  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-3908  

**Hollingsworth, Candice, MD**  
Pro#: 10152265  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
135 Memorial Drive  
Luray, VA 22835  
(540) 743-4561  

**Hospital Affiliations:**  
Page Memorial Hospital Inc  

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Optima Direct Network Providers January 2019 41
Primary Care Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Freeman, Brian A., MD
Pro#: 10171334
Lynchburg Women's and Pediatric Health Services
320 Federal Street
Lynchburg, VA 24504
(434) 947-5967

Gibbs, Peter, DO
Pro#: 10111950
Lynchburg Family Medicine Center
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908
1900 Tate Springs Rd Suite 3
Lynchburg, VA 24501
(434) 200-3908
1901 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3908
2323 Memorial Ave
Lynchburg, VA 24502
(434) 200-3908
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-3908
501 Ves Road
Lynchburg, VA 24503
(434) 386-3500
Gregory, David, MD
Pro#: 41820
Lynchburg Family Medicine Center
2323 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Guanzon, Verna C., MD
Pro#: 10060881
Timberlake Family Practice-Division of Central VA Family Phys
2137 Lakeside Drive
Lynchburg, VA 24501
(434) 385-4184
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Guidi, Joseph G., DO
Pro#: 10045841
Medical Associates of Central Virginia Intravenous
2215 Landover Place
Lynchburg, VA 24501
(434) 947-3944
Hospital Affiliations:
Bedford Memorial Hospital

Haupricht, Bradley, MD
Pro#: 10096583
Central Virginia Family Physicians, Inc.
1971 University Blvd
Lynchburg, VA 24502
(434) 338-7774
Hostetler, Joseph D., MD
Pro#: 10064650
Centra Health Medical Center - Gretna
1300 Enterprise Drive
Lynchburg, VA 24502
(434) 316-5900
1701 Thomson Drive
Lynchburg, VA 24501
(434) 200-3656
1901 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3656
1902 Grace Street
Lynchburg, VA 24504
(434) 947-5100
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 656-1274
407 Federal Street
Lynchburg, VA 24504
(434) 200-6516
693 Leesville Road
Lynchburg, VA 24502
(434) 947-5700
Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Johnson, Matthew A., MD
Pro#: 10165865
Community Access Network
1900 Tate Springs Road Suite 3
Lynchburg, VA 24501
(434) 200-3366
Pro#: 29492
Lynchburg Family Medicine Center
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908
2323 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Jones, John Paul, MD
Pro#: 10169740
Lynchburg Internal Medicine
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908
Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Jones, Michael W., DO
Pro#: 10200320
Lynchburg Internal Medicine
125 Nationwide Drive
Lynchburg, VA 24502
(434) 200-3908
Jones, William G., MD
Pro#: 45096
Brookneal Family Medical Center
2323 Memorial Ave
Lynchburg, VA 24501
(434) 200-5200
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Kelley, Aaron W., DO
Pro#: 10155613
Piedmont Family Practice
2321 Wards Road
Lynchburg, VA 24502
(434) 534-6715
Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Kind Wolf, Heidi, DO
Pro#: 10037939
Physicians Treatment Center
2832 Candlers Mountain Road
Lynchburg, VA 24502
(434) 239-3949
Kleiner, Mark, MD
Pro#: 10013488
Timberlake Family Practice-Division of Central VA Family Phys
20304 Timberlake Road
Lynchburg, VA 24502
(434) 237-6471
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Krzyzanowski, Suzanne, MD
Pro#: 10059448
Lynchburg Family Medicine Center
2323 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Larkin, Lisa, MD
Pro#: 10126999
Acute Rehab Centrahealth
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Lockwood, Michael, DO
Pro#: 10151448
Central Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24502
(434) 582-7760
Maitland, Lauri, DO
Pro#: 10204951
Community Access Network
1900 Tate Springs Road Suite 3
Lynchburg, VA 24501
(434) 200-5200
Meadows, Glenn L., MD
Pro#: 10055020
Physicians Treatment Center
2832 Candlers Mountain Road
Lynchburg, VA 24502
(434) 239-3949
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Southampton Memorial Hospital

Metzler, Keith, MD
Pro#: 10150195
Central Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24501
(434) 200-5200
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Olmsted III, John B., MD
Pro#: 40901
Acute Rehab Centrahealth
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Peralta Jr., Manuel, MD
Pro#: 10112035
Central Virginia Family Physicians, Inc.
14005 S Wards Road Suite A
Lynchburg, VA 24501
(434) 239-0132
2019 Tate Springs Road
Lynchburg, VA 24501
(434) 846-7374
20304 Timberlake Road
Lynchburg, VA 24502
(434) 237-6471
2137 Lakeside Drive
Lynchburg, VA 24501
(434) 845-4175
2321 Wards Road
Lynchburg, VA 24502
(434) 525-6964

Petry, Craig, MD
Pro#: 10036232
Wyndhurst Family Medicine, PC
102 Archway Ct
Lynchburg, VA 24502
(434) 237-3664
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Optima Direct Network Providers January 2019 42
Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Rowland, Michael C., MD</td>
<td>(434) 582-2273</td>
<td>Lynchburg, VA 24502</td>
<td>Centra Virginia Baptist Hospital</td>
</tr>
<tr>
<td>Pletke, Patricia, MD</td>
<td>(434) 200-5200</td>
<td>Lynchburg, VA 24501</td>
<td>Bedford Memorial Hospital</td>
</tr>
<tr>
<td>Salbia, Kaneez, MD</td>
<td>(434) 300-3656</td>
<td>Lynchburg, VA 24501</td>
<td>Bedford Memorial Hospital</td>
</tr>
<tr>
<td>Stokes, Brenda L., MD</td>
<td>(434) 200-5200</td>
<td>Lynchburg, VA 24501</td>
<td>Bedford Memorial Hospital</td>
</tr>
<tr>
<td>Williams, John E., MD</td>
<td>(434) 846-7374</td>
<td>Lynchburg, VA 24501</td>
<td>Piedmont Family Practice</td>
</tr>
<tr>
<td>Witt, Stephanie J., DO</td>
<td>(434) 200-2230</td>
<td>Lynchburg, VA 24501</td>
<td>Piedmont Family Practice</td>
</tr>
</tbody>
</table>

Optima Direct Network Providers January 2019 43
Primary Care Physicians - Tier 1

Madison Heights
Bendall Jr, Richard A., MD
Provs: 45236
Monelison Family Physicians
4262 S Amherst Hwy
Madison Heights, VA 24572
(434) 455-2480

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Southside Community Hospital
- Central Virginia Baptist Hospital
Bolusa-Sabugo, Abigayle, MD
Provs: 10132176

Manakin Sabot
Chen Fernandez, Nelson J., MD
Provs: 10144024
Centerville Family Practice, PC
46A Broad Street Road
Manakin Sabot, VA 23103
(804) 937-5297

Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
Granados Ortega, Berta Lisbeth, MD
Provs: 10145522
Centerville Family Practice, PC
46A Broad Street Road
Manakin Sabot, VA 23103
(804) 937-5297

Madison
Guirguis, Ekram G., MD
Provs: 10194098
Wellspring Health Services
125 North Main Street
Madison, VA 22727
(540) 948-6861

Hospital Affiliations:
- Mary Washington Hospital (MWH)
  UVA Culpeper Hospital
Schenek, Marcus D, MD
Provs: 10028901
Madison Family Physicians, Inc.
125 N Main St
Madison, VA 22727
(540) 948-6861
Provs: 10194136
Wellspring Health Services
125 North Main Street
Madison, VA 22727
(540) 948-6861

Hospital Affiliations:
- UVA Culpeper Hospital

Manassas
Aronhime, Michelle, MD
Provs: 10015838
Prince William Family Medicine
8100 Ashton Avenue Ste 101
Manassas, VA 20109
(703) 257-8090

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Baray, Ahmad S., MD
Provs: 10009933
Patient First
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

Hospital Affiliations:
- Inova Fairfax Hospital
Bigbee, John A., MD
Provs: 10080381
Patient First
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Biragoni, Susanna, MD
Provs: 10134593
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Bonmasani, Reena, MD
Provs: 10082447
Hoadly Medical Care
6356 Hoadly Road
Manassas, VA 20112
(703) 868-2713

Hospital Affiliations:
- Sentara Northern Virginia Medical Center
Chambers, Joseph F., MD
Provs: 10176295
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
DeRosa, Gary A., MD
Provs: 10072914
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Desai, Parimal, MD
Provs: 10055684
Northern Virginia Family Medicine
9001 Digges Rd Ste 105
Manassas, VA 20110
(703) 369-5000

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Gill, Aman, MD
Provs: 10035578
Prince William Family Medicine
8100 Ashton Avenue Ste 101
Manassas, VA 20109
(703) 257-8090

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
Heaton, Christopher R., MD
Provs: 10176461
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
  Haymarket Medical Center
  Prince William Medical Center
Jose, Starina, MD
Provs: 10082473
Patient First
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

Hospital Affiliations:
- Novant Health UVA Health System
  Prince William Medical Center
KC, Lily, MD
Provs: 10033076
Prince William Family Medicine
8100 Ashton Avenue Ste 101
Manassas, VA 20109
(703) 257-8090

Hospital Affiliations:
- Novant Health UVA Health System
  Haymarket Medical Center
  Prince William Medical Center
Keereb, Amanda J., MD
Provs: 10176322
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
  Haymarket Medical Center
  Prince William Medical Center
Kola, Aruna, MD
Provs: 10180461
Patient First - Manassas
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797
Primary Care Physicians - Tier 1

Kori, Umakan, MD
Pro#: 10074908
Patient First
9715 Liberia Avenue
Manassas, VA 20110
(571) 872-1797

Latimer, Robert A., MD
Pro#: 10085156
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Mathur, Navdeep, MD
Pro#: 10085301
Manassas Primary Care, LLC
8428 Dorsey Circle Suite 101
Manassas, VA 20110
(571) 379-8827

Medimpu, Aruna, MD
Pro#: 10160630
Hoadly Medical Care
6356 Hoadly Road
Manassas, VA 20112
(703) 590-5999

Melvin, Virgil, MD
Pro#: 10125577
Patient First
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

Min, James B., MD
Pro#: 10120776
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Staunton Medical Center
Novant Health UVA Health System Prince William Medical Center

Mohiuddin, Rashid Ahmed, MD
Pro#: 10051347
Greater Prince William Community Health Center
9705 Liberia Avenue Suite 201
Manassas, VA 20110
(571) 402-7001

Pare, John L., DO
Pro#: 10015837
Prince William Family Medicine
8100 Ashton Avenue Suite 101
Manassas, VA 20109
(703) 257-8090

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Parker III, Frederick W, MD
Pro#: 10108910
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Trupti B, MD
Pro#: 1009660
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

White, Molly, MD
Pro#: 10084064
Fairfax Family Practice Centers PC
8100 Ashton Ave Suite 101
Manassas, VA 20109
(703) 257-8090

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

West, Stephanie N., MD
Pro#: 10176516
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

McClothin, James R., DO
Pro#: 10115598
Smyth County Family Physicians
1046 Terrace Dr
Marion, VA 24354
(276) 783-8123

Hospital Affiliations:
Smyth County Community Hospital

Parker, David G., DO
Pro#: 10095316
Dave Parker, Inc
1224 Green Avenue
Marion, VA 24354
(273) 920-7242

155 Ridgefield Drive
Marion, VA 24354
(273) 398-0061
Pro#: 10039933

Family Physicians of Marion
1020 Terrace Dr Suite 200
Marion, VA 24354
(276) 783-7167

Hospital Affiliations:
Smyth County Community Hospital

Quesinberry, Jennifer L., MD
Pro#: 10087449
Smyth County Family Physicians
1046 Terrace Dr
Marion, VA 24354
(276) 783-8123

Stiefel, Brian Harris, MD
Pro#: 10072872
Family Physicians of Marion
1020 Terrace Dr Suite 200
Marion, VA 24354
(276) 783-7167

Taylor-Hall, Christine E., DO
Pro#: 10114536
MSMG FP RURL
245 Medical Park Drive First Floor
Marion, VA 24354
(276) 378-1341

Hospital Affiliations:
Smyth County Community Hospital

Berame, Belinda B, MD
Pro#: 10176283
NMG Affiliate Practice I, LLC
4197C Winchester Rd
Marshall, VA 20115
(571) 284-8460

Hammonds, Victoria C, MD
Pro#: 10160242
Smyth County Family Physicians
1046 Terrace Dr
Marion, VA 24354
(276) 783-8123

Hospital Affiliations:
Smyth County Community Hospital

Marshall

Shirsolkar, Pradnya P., MD
Pro#: 10176301
NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Theodore, Nihil C., MD
Pro#: 10176306
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Clampitt, Robert Van, MD
Pro#: 16268
Family Physicians of Marion
1020 Terrace Dr Suite 200
Marion, VA 24354
(276) 783-7167

Hamman, Chelsea Coffey, MD
Pro#: 10038804
Smyth County Family Physicians
1046 Terrace Dr
Marion, VA 24354
(276) 783-8123

Hospital Affiliations:
Smyth County Community Hospital

Primary Care Physicians - Tier 1
Primary Care Physicians - Tier 1

Houska, Robert B., MD  
Prov#: 43327  
Countrywide Family Practice  
8255 East Main St  
Marshall, VA 24116  
(540) 364-1581  
Hospital Affiliations:  
Fairfax Hospital

Javaid, Zeehan, MD  
Prov#: 10176277  
NMG Affiliate Practice I, LLC  
4197C Winchester Rd  
Marshall, VA 20115  
(571) 284-3460  
Hospital Affiliations:  
Novant Health UV Health System  
Prince William Memorial Center

Lawson, Laura, DO  
Prov#: 10176433  
Countrywide Family Practice  
8255 East Main St  
Marshall, VA 20116  
(540) 364-1581  
Hospital Affiliations:  
Novant Health UV Health System  
Prince William Memorial Center  
Warren Memorial Hospital, Inc.  
Winchester Medical Center

Olson, Kevin L., MD  
Prov#: 10133669  
Countrywide Family Practice  
8255 East Main St  
Marshall, VA 20116  
(540) 364-1581

Rehmann, Rebecca A., DO  
Prov#: 10176452  
Countrywide Family Practice I, LLC  
4197C Winchester Rd  
Marshall, VA 20115  
(571) 284-3460  
Hospital Affiliations:  
Novant Health UV Health System  
Prince William Memorial Center

Royston, Norris A., MD  
Prov#: 43328  
Countrywide Family Practice  
8255 East Main St  
Marshall, VA 20116  
(540) 364-1581  
Hospital Affiliations:  
Fairfax Hospital

Martinsville

Aigner, Lyne B., MD  
Prov#: 10198220  
Martinsville Physician Practices, LLC  
319 Hospital Drive Suite 107  
Martinsville, VA 24112  
(276) 666-7865  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Balakrishnan, Shyam E., MD  
Prov#: 10127789  
Carilion Medical Associates  
1107A Brookdale Street  
Martinsville, VA 24112  
(276) 670-3300  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Eggleston-Clark, Valenca R., MD  
Prov#: 10033190  
Carilion Medical Associates  
1107 Brookdale Street Ste A  
Martinsville, VA 24112  
(276) 670-3300  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Fatade, Ayokunie O., DO  
Prov#: 10017665  
Fatade Health and Medical Center  
1100 Spruce Street  
Martinsville, VA 24112  
(276) 632-1872  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Lauzau, Frank, MD  
Prov#: 10026024  
Martinsville Urgent Care  
1044 E Church St  
Martinsville, VA 24112  
(276) 634-0010  
Hospital Affiliations:  
SOVAH Health - Martinsville

Mahoney, Mark, DO  
Prov#: 10118170  
Mark T. Mahoney, DO, PC  
445 East Commonwealth Blvd Suite A  
Martinsville, VA 24112  
(276) 666-0400  
Hospital Affiliations:  
SOVAH Health - Martinsville

Pallone, Amanda W., MD  
Prov#: 10175087  
Carilion Healthcare Corporation  
1107A Brookdale Street  
Martinsville, VA 24112  
(276) 670-3300  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital

Siebring, Barton, MD  
Prov#: 10123136  
Dr. Jon's Urgent Care Center, PC  
2871 Greensboro Road  
Martinsville, VA 24112  
(276) 638-2273

Singh, Surinder D., MD  
Prov#: 10083139  
Martinsville Physician Practices, LLC  
1100 Spruce St  
Martinsville, VA 24112  
(276) 656-1104

Stambaugh, Merris, MD  
Prov#: 52428  
Carilion Medical Associates  
1107 Brookdale Street Ste A  
Martinsville, VA 24112  
(276) 670-3300

Mathews

Bellovin, Sabra M., MD  
Prov#: 10162792  
Southeastern Virginia Health System  
10980 Buckley Hall Road Bldg 5  
Mathews, VA 23109  
(804) 725-9191  
Hospital Affiliations:  
Bon Secours Maryview Medical Center

Max Meadows

Bower, Erin M., DO  
Prov#: 10092663  
Wythe County Physician Practices, LLC  
791 Fort Chiswell Road Suite A  
Max Meadows, VA 24360  
(276) 637-6641  
Hospital Affiliations:  
Wythe County Community Hospital

Williams, Paul Douglas, MD  
Prov#: 10165333  
Family Medicine of Our Mountains PC  
245 Ft Chiswell Rd Ste D  
Max Meadows, VA 24360  
(276) 595-5300  
Hospital Affiliations:  
Wythe County Community Hospital

McLean

Kang, Jin Moon, MD  
Prov#: 10173324  
PartnerMD, PC  
6862 Elm Street Ste 700  
McLean, VA 22101  
(703) 288-3750  
Hospital Affiliations:  
Wythe County Community Hospital

Meadowview

Bresowar, Kristin O., MD  
Prov#: 10128038  
Southwest VA Community Health Systems Inc  
13168 Meadowview Square  
Meadowview, VA 24361  
(276) 944-3999  
Counts, Melody Lou, MD  
Prov#: 10174442  
Meadowview Health Clinic  
13168 Meadowview Square  
Meadowview, VA 24361  
(276) 944-3999  
Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
St. Mary's Hospital

Mechanicsville

Athwal, Amardeep, MD  
Prov#: 10065075  
Patient First - Mechanicsville  
7238 Mechanicsville Turnpike  
Mechanicsville, VA 23111  
(804) 559-9900  
Avula, Jonathan, MD  
Prov#: 10125953  
Laburnum Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750  
8266 Atlee Road Suite 332  
Mechanicsville, VA 23116  
(804) 764-3291  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Blackburn, Jr., Maurice Lee, MD  
Prov#: 11960  
Hanover Family Physicians  
9376 Atlee Station Rd  
Mechanicsville, VA 23116  
(804) 730-0990  
Blake, Thomas D., MD  
Prov#: 90510  
Virginia Physicians, Inc.  
7255 Hanover Green Dr  
Mechanicsville, VA 23111  
(804) 730-1111

Burleson, Laura, MD  
Prov#: 10036350  
Mechanicsville Medical Center  
7571 Cold Harbor Rd Ste 1  
Mechanicsville, VA 23116  
(804) 746-9055  
Carr, Jennifer E., MD  
Prov#: 45904  
Hanover Family Physicians  
8266 Atlee Station Rd Ste 226  
Mechanicsville, VA 23116  
(804) 559-6510  
Clements, Kim, MD  
Prov#: 92406  
Patient First  
7238 Mechanicsville Tpke  
Mechanicsville, VA 23116  
(804) 559-9900  
Cornett, John, MD  
Prov#: 10012078  
Mechanicsville Medical Center  
7571 Cold Harbor Rd Ste 1  
Mechanicsville, VA 23116  
(804) 746-9055  
Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
St. Mary's Hospital

Houghton, Micah T., MD  
Prov#: 11962  
Atlee Family Physicians, PC  
8266 Atlee Station Rd Ste 226  
Mechanicsville, VA 23116  
(804) 559-6510

Optima Direct Network Providers January 2019
### Primary Care Physicians - Tier 1

**Hanover Family Physicians**
- **Address:** 9376 Atlee Station Rd
- **Phone:** (804) 730-0990

**Latham, Ruth, MD**
- **Prov#: 11962**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Jones, Matthew L., MD**
- **Prov#: 11965**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Ngtam, Nguyen, MD**
- **Prov#: 10148539**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Jernigan, James E., MD**
- **Prov#: 21340**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Johnson, Mariann, MD**
- **Prov#: 10164015**
- **Hospital Affiliations:**
  - VCU Health System/MCV

**Jones, Matthew L., MD**
- **Prov#: 10026909**
- **Hospital Affiliations:**
  - Primary Health Group - POFM

**King, John G., MD**
- **Prov#: 11963**
- **Hospital Affiliations:**
  - University of Virginia Medical Center

**Latham, Ruth, MD**
- **Prov#: 10075114**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Litos, Martha T., MD**
- **Prov#: 10170745**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Simpson, Jr., Kenneth R., MD**
- **Prov#: 33187**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Albaz, Rama, MD**
- **Prov#: 10170885**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Bala, Rishi, MD**
- **Prov#: 10091320**
- **Hospital Affiliations:**
  - Bon Secours St Marys Hospital

**Bennett, Garrison, MD**
- **Prov#: 10089911**
- **Hospital Affiliations:**
  - Riverside Tappahannock Hospital

**Barnes, John G., MD**
- **Prov#: 10034556**
- **Hospital Affiliations:**
  - Chippenham Medical Center/Johnston-Williams Hospital

**Barrett, Pamela J., DO**
- **Prov#: 10001523**
- **Hospital Affiliations:**
  - Bon Secours Memorial Regional Medical Center

**Berti, Victor, MD**
- **Prov#: 10066096**
- **Hospital Affiliations:**
  - Bon Secours St. Francis Medical Center

**Berti, Victor, MD**
- **Prov#: 10066096**
- **Hospital Affiliations:**
  - Bon Secours St. Francis Medical Center

**Christopher, William F., MD**
- **Prov#: 10066096**
- **Hospital Affiliations:**
  - Bon Secours St. Francis Medical Center

**Chippenham Medical Center**
- **Address:** 8200 Meadowbridge Road Suite 301
- **Phone:** (804) 730-1111

**Laburnum Medical Center**
- **Address:** 8266 Atlee Road Suite 301
- **Phone:** (804) 730-1111

**Middlebrooke**
- **Address:** 8220 Meadowbridge Road MOB 1
- **Phone:** (804) 730-1111

**Midlothian**
- **Address:** 8266 Atlee Road Suite 332
- **Phone:** (804) 730-1111
Primary Care Physicians - Tier 1

Johnson, Diane, MD  
Provs#: 20553  
Virginia Family Physicians  
2367 Colony Crossing Place  
Midlothian, VA 23112  
(804) 232-1264

Keller, Kevin A., MD  
Provs#: 79441  
Partner MD, PC  
13901 Coalfield Commons Place  
Ste 200  
Midlothian, VA 23112  
(804) 420-1205  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

King, Herbert, MD  
Provs#: 10002697  
Virginia Physicians, Inc.  
3000 Watercove Road  
Midlothian, VA 23112  
(804) 744-0200  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Lobb, Keeve H., DO  
Provs#: 10128149  
Bon Secours St Francis - Ironbridge  
Family Practice  
15340 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142  
Hospital Affiliations:  
Bon Secours St Francis Medical Center

Loucks, Clay A., MD  
Provs#: 70422  
Patient First - Midlothian  
11020 Hull Street Road  
Midlothian, VA 23113  
(804) 744-6310

Mantzouris, Tammy J., MD  
Provs#: 10174847  
Huguenot Primary Care  
1529 Huguenot Road Suite A  
Midlothian, VA 23113  
(804) 378-7373  
Hospital Affiliations:  
VCU Health System/MCV

Marshall, Amy, MD  
Provs#: 10006293  
Virginia Physicians, Inc.  
3000 Watercove Road  
Midlothian, VA 23112  
(804) 744-0200

Marshall, Christopher, MD  
Provs#: 10077964  
Primary Health Group - POFM  
10130 Hull Street Road  
Midlothian, VA 23112  
(804) 276-6900  
13861 Hull Street Road  
Midlothian, VA 23112  
(804) 739-0910  
Hospital Affiliations:  
John Randolph Medical Center

Marshall, Kathleen M., MD  
Provs#: 10168045  
Patient First  
11020 Hull Street Rd  
Midlothian, VA 23112  
(804) 744-6310

Mayfield, Robert, MD  
Provs#: 10198559  
Virginia Physicians, Inc.  
13332 Midlothian Turnpike  
Midlothian, VA 23113  
(804) 794-5598  
15769 WC Main Street  
Midlothian, VA 23112  
(804) 419-9760  
3000 Watercove Road  
Midlothian, VA 23112  
(804) 744-0200  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

McLeod, Jeffery L., MD  
Provs#: 46053  
Jeffery L. McLeod, MD  
5001 W Village Green Dr Ste 108  
Midlothian, VA 23112  
(804) 763-1058  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Miller, James W., MD  
Provs#: 14678  
Family Practice Specialists of Richmond  
3742 Winterfield Road  
Midlothian, VA 23113  
(804) 330-3335  
Hospital Affiliations:  
Bon Secours St Francis Medical Center

Murray, Latisha, MD  
Provs#: 10153881  
Bon Secours St Francis - Powhatan  
Medical Associates  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142  
Hospital Affiliations:  
Bon Secours St Francis Medical Center

Myers, Russell, MD  
Provs#: 10002820  
Virginia Physicians, Inc.  
3000 Watercove Road  
Midlothian, VA 23112  
(804) 744-0200  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Neely, Brian, MD  
Provs#: 10202750  
Whole Health Physicians PC  
611 Watkins Centre Parkway Suite 350  
Midlothian, VA 23114  
(804) 306-7073  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Neth, Zoroh, MD  
Provs#: 10118368  
Primary Health Group - POFM  
13861 Hull Street  
Midlothian, VA 23112  
(804) 739-0910  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Orndorff, Tiffany, MD  
Provs#: 34449  
Virginia Physicians, Inc.  
13332 Midlothian Tpke  
Midlothian, VA 23113  
(804) 794-5598  
15769 WC Main Street  
Midlothian, VA 23113  
(804) 794-5598  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Paine, Matthew, MD  
Provs#: 10128397  
St. Francis Family Medicine Center  
(Bon Secours)  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142  
Hospital Affiliations:  
Bon Secours St Francis Medical Center

Parker, James D., MD  
Provs#: 10004141  
Partner MD, PC  
13901 Coalfield Commons Place  
Ste 201  
Midlothian, VA 23114  
(804) 420-1200  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Palen, Ellen, MD  
Provs#: 10014172  
Virginia Family Physicians  
2367 Colony Crossing Place  
Midlothian, VA 23112  
(804) 232-1264  
Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital

Pasco, Hayden, MD  
Provs#: 10202751  
Whole Health Physicians PC  
611 Watkins Centre Parkway Suite 350  
Midlothian, VA 23114  
(804) 306-7073

Pong, David, MD  
Provs#: 10031693  
Partner MD, PC  
13901 Coalfield Commons Place  
Suite 201  
Midlothian, VA 23114  
(804) 420-1200  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Powers, Elizabeth A., MD  
Provs#: 10190509  
St. Francis Family Medicine Center  
(Bon Secours)  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Reinhardt, Stephen, MD  
Provs#: 10168051  
Family Practice Associates of Chesterfield  
13911 St Francis Boulevard Suite 101  
Midlothian, VA 23114  
(804) 320-3999  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St Marys Hospital  
Chippenham Medical Center/  
Johnston-Willis Hospital  
St. Mary's Hospital

Reynolds, Todd J., MD  
Provs#: 10164276  
Virginia Family Physicians  
2367 Colony Crossing Place  
Midlothian, VA 23112  
(804) 232-1264

Risser, Andreya, MD  
Provs#: 10085288  
Bon Secours St Francis - Ironbridge  
Family Practice  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142

Optima Direct Network Providers January 2019 49

Optima Health
Primary Care Physicians - Tier 1

Sanders, Donald, MD
Prov#: 28769
Virginia Physicians, Inc.
13332 Midlothian Turnpike
Midlothian, VA 23113
(804) 794-5598

Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital

Scharpf, Susan J., MD
Prov#: 10111174
PartnerMD, PC
13901 Coalfield Commons Place
Midlothian, VA 23114
(804) 420-1200

5921 B Harbour Park Drive
Midlothian, VA 23112
(804) 739-5433

Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital

Seiler, Sigmund D., MD
Prov#: 74306
Family Physicians of Ridgefield
1807 Hagueover Rd Ste 101
Midlothian, VA 23113
(804) 378-7373

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Mary’s Hospital
Bon Secours Mary Immaculate Hospital
Bon Secours St. Mary’s Hospital

Sherrard, Lindsay, MD
Prov#: 10135148
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Mary’s Hospital
Carrillon Clinic Home Care
(Carillon Franklin Memorial Hospital)

Sherrod, John, MD
Prov#: 10011453
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Mary’s Hospital

Siedlecki, John, MD
Prov#: 29919
Family Practice Specialists of Richmond
3742 Winterfield Road
Midlothian, VA 23113
(804) 330-3335

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/
Johnston-Willis Hospital

Spiers III, Leon O., MD
Prov#: 93238
PartnerMD, PC
13901 Coalfield Commons Place
Suite 201
Midlothian, VA 23114
(804) 420-1200

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Taminier, David, MD
Prov#: 57497
Virginia Family Physicians
2367 Colony Crossing Place
Midlothian, VA 23112
(804) 232-1264

Taylor, Gail L., MD
Prov#: 10066585
Charter Colony Family Practice-Bon Secours Medical Group
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6172

13700 St Francis Blvd Ste 302
Midlothian, VA 23114
(804) 423-5050

Timmons, Jelisa, MD
Prov#: 10185904
St. Francis Family Medicine Center (Bon Secours)
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Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Turner, Patrick L., MD
Prov#: 10165301
Family Practice Specialists of Richmond
3742 Winterfield Road
Midlothian, VA 23113
(804) 330-3335

Hospital Affiliations:
Chippewa Medical Center/
Johnston-Willis Hospital
University of Virginia Medical Center

Verheul, John, MD
Prov#: 10187343
HealthVisionsMD Inc
1230 Alverser Dr Ste 100
Midlothian, VA 23114
(804) 601-6599

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/
Johnston-Willis Hospital

Vest, Marcce, DO
Prov#: 10155381
St. Francis Family Medicine Center (Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Wein, Barry K., MD
Prov#: 10111949
PartnerMD, PC
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Midlothian, VA 23114
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Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Parham Doctors’ Hospital - Retreat Campus
Inova Alexandria Hospital

Wesdock, James, MD
Prov#: 10193853
HealthVisionsMD Inc
1230 Alverser Dr Ste 100
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(804) 601-6599

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/
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(540) 320-3999

Yeatts, Donald E., MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Luth, Janice E., MD
Prov#: 10051186
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24121
(540) 297-7181

Nevin, Marc, MD
Prov#: 10173339
Long Term Care of America-Virginia, Inc.
1112 Lakeland Pines Drive
Moneta, VA 24121
(540) 297-1112

Hospital Affiliations:
Carilion Roanoke Community Hospital
Lewis-Gale Medical Center

Sparhawk, Kathryn L., MD
Prov#: 10165301
Village Family Physicians
4830 Rucker Rd
Moneta, VA 24121
(540) 297-7181

Moneta

Monterey

Moree, Claire M, MD
Prov#: 10173339
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Redington, James F., MD
Prov#: 10156048
Highland Medical Center
120 Jackson River Road
Monterey, VA 24465
(540) 468-3300

Optima Direct Network Providers January 2019 50
### Montpelier

**Cook, James S., MD**  
Prov#: 10202417  
Virginia Family Practice  
15078 Brown Pioneers Road  
Montpelier, VA 23192  
(804) 883-0946

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Asistores, Jason Leo G., MD**  
Prov#: 10017336  
Westmoreland Medical Center (CVHS)(CCNV)  
18849 Kings Hwy  
Montross, VA 22520  
(804) 493-9999

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Walker, Andrew F, MD**  
Prov#: 10017602  
Westmoreland Medical Center (CVHS)(CCNV)  
18849 Kings Hwy  
Montross, VA 22520  
(804) 493-9999

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### Montross

**Ernst, Angela, MD**  
Prov#: 10017133  
Westmoreland Medical Center (CVHS)(CCNV)  
18849 Kings Hwy  
Montross, VA 22520  
(804) 493-9999

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Walker, Andrew F, MD**  
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Westmoreland Medical Center (CVHS)(CCNV)  
18849 Kings Hwy  
Montross, VA 22520  
(804) 493-9999

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### Mount Jackson

**Asistores, Jason Leo G., MD**  
Prov#: 10101651  
Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Cunningham, Jennifer D., MD**  
Prov#: 10103415  
Valley Health Family Medicine - Mt. Jackson  
5173 North Main Street  
Mount Jackson, VA 22842  
(540) 459-1350  
Prov#: 10181576

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### New Market

**Fowler, Jr, Tolvent E., MD**  
Prov#: 10173063  
Sentara RMH Medical Center  
25891 N James Madison Hwy  
New Cantown, VA 23123  
(540) 381-3271

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Hamlor, Gahear F., MD**  
Prov#: 43429  
SENTARA VOLENS FAMILY MEDICINE  
15210 L P Bailey Memorial Hwy  
Nathalie, VA 24577  
(434) 349-3113

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Stark, Heather R., MD**  
Prov#: 43423  
Onley Community Health Center (ESRHS)(CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### New Kent

**Gokli, Anup J., MD**  
Prov#: 43458  
Chickahominy Family Practice, Inc  
11847 Aspangraf Lane Suite B  
New Kent, VA 23124  
(804) 932-4388

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

**Thomas, Dennis L., MD**  
Prov#: 45852  
Chickahominy Family Practice, Inc  
11847 Aspangraf Lane Suite B  
New Kent, VA 23124  
(804) 932-4388

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### New Church

**Balmoria, Sandra, MD**  
Prov#: 10148946  
Atlantic Community Health Center (ESRHS)(CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

**Halls, Albert John, MD**  
Prov#: 10122378  
Eastern Shore Rural Health Systems, Inc. (CCNV)  
5219 Lankford Highway  
New Church, VA 23415  
(757) 824-5676

**Hollandsworth, Thomas, MD**  
Prov#: 16906  
Onley Community Health Center (ESRHS)(CCNV)  
5219 Lankford Highway  
New Church, VA 23415  
(757) 824-5676

**Hoshino, David, MD**  
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Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185

**Hoshino, David, MD**  
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Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185

**Lingen, Joan K., MD**  
Prov#: 10150193  
Monroe Health Center  
266 Market Street  
New Castle, VA 24127  
(540) 864-6390

**McGough, Joanne, MD**  
Prov#: 10038226  
Chickahominy Family Practice, Inc  
11847 Aspangraf Lane Suite B  
New Kent, VA 23124  
(804) 932-4388

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### New Castle

**Buckman, Paul S., MD**  
Prov#: 43428  
SENTARA VOLENS FAMILY MEDICINE  
15210 L P Bailey Memorial Hwy  
Nathalie, VA 24577  
(804) 774-3220

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc

---

### Nathalie

**Buckman, Paul S., MD**  
Prov#: 43428  
SENTARA VOLENS FAMILY MEDICINE  
15210 L P Bailey Memorial Hwy  
Nathalie, VA 24577  
(843) 349-3113

**Hospital Affiliations:**  
- Shenandoah Memorial Hospital Inc
### Newport News

<table>
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<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Address</th>
<th>City, State, Zip</th>
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<tbody>
<tr>
<td>Amer, Mohammed A., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 243-8550</td>
<td>12720 McManus Blvd Ste 308 Newport News, VA 23602</td>
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<tr>
<td>Banks, Gregory, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<tr>
<td>Baines, Bryan, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 874-8400</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23606</td>
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<tr>
<td>Banning, Scott, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23606</td>
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<td>Beavers, Tammy, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 595-9880</td>
<td>12695 McManus Blvd Bldg 6 Ste A Newport News, VA 23606</td>
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<tr>
<td>Bercasio, Roland M., MD</td>
<td>Sentara Family Medicine Physicians - SMG</td>
<td>(757) 594-1850</td>
<td>11803 Jefferson Ave Ste 100 Newport News, VA 23601</td>
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<tr>
<td>Bushey, Sarah, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 874-8400</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Butcher, Robert, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Christie, Joanne, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Deely, David S., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 595-9880</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23606</td>
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<tr>
<td>Friend, Clarence W., MD</td>
<td>Sentara Family Medicine Physicians - SMG</td>
<td>(757) 594-1850</td>
<td>11803 Jefferson Ave Ste 100 Newport News, VA 23601</td>
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<tr>
<td>Graham Jr, Leroy, MD</td>
<td>Stoneybrook Family Practice</td>
<td>(757) 890-0012</td>
<td>15408 Warwick Blvd Newport News, VA 23608</td>
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<tr>
<td>Halverson, James Matthew, DO</td>
<td>Sentara CarePlex Hospital</td>
<td>(757) 599-5588</td>
<td>13151 H Warwick Blvd Newport News, VA 23607</td>
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<td>Brady, John Edward, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 223-0124</td>
<td>10234 Warwick Boulevard Newport News, VA 23601</td>
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<td>Brawley, Jessica R., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 283-8300</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Hietelis, Apostolos, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Husen, Srie D., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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### Nickelsville

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<th>Name</th>
<th>Title</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bushey, Sarah, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 874-8400</td>
<td>13347 Warwick Blvd Newport News, VA 23602</td>
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<td>Link, Eugene, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23606</td>
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<tr>
<td>McCracken, Sinclair B., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 595-9880</td>
<td>704 Thimble Shools Blvd Ste 600A Newport News, VA 23606</td>
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<td>Deely, David S., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23606</td>
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<tr>
<td>Moore, Charlotte, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 595-9880</td>
<td>1405 Klin Creek Parkway Suite K Newport News, VA 23602</td>
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<tr>
<td>O’Neal, Jerald Drew, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 873-2000</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<td>Palani, Amudha, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 873-2000</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<td>Phillips, Kimberly L., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 873-2000</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<td>Pringle, Alana D, DO</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23602</td>
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### Norfolk

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<th>Name</th>
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<tr>
<td>Robeson, Thomas N., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23602</td>
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<td>DeMottis, Gregory L., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23602</td>
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<tr>
<td>Bluestein, Daniel A., MD</td>
<td>Oyster Point Family Practice</td>
<td>(757) 595-9880</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<tr>
<td>Jimenez, Jerome A., MD</td>
<td>Children's Hospital of the King's Daughters</td>
<td>(757) 595-9880</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<tr>
<td>Sentara Leigh Hospital</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 873-2000</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23602</td>
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<td>Sentara Norfolk General Hospital</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 877-0214</td>
<td>12655 Warwick Blvd Ste A Newport News, VA 23602</td>
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### Weymouth

<table>
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<th>Name</th>
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<tr>
<td>Provenzano, Jerome A., MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>(757) 595-9880</td>
<td>704 Thimble Shools Blvd Ste 700 Newport News, VA 23602</td>
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<tr>
<td>Sentara Family Medicine Physicians - SMG</td>
<td>(757) 594-1850</td>
<td>11803 Jefferson Ave Ste 100 Newport News, VA 23601</td>
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<td>Boney, Aron R., MD</td>
<td>Internists</td>
<td>Bon Secours DePaul Medical Center Inc</td>
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<td>Bradshaw, Robert D., MD</td>
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<td>(757) 446-5955</td>
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<td>Deeley, David S., MD</td>
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<td>Internists</td>
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<td>Rodriguez, Hiram Jose, MD</td>
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<td>Bon Secours DePaul Medical Center Inc</td>
<td>(757) 446-5955</td>
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Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 53

OptimaHealth
Halls, Albert John, MD
Prov#: 10122378
Eastern Shore Rural Health Systems, Inc. (CCNV)
20306 Badger Lane
Onley, VA 23418
(575) 787-7374

Hollandsworth, Thomas, MD
Prov#: 16906
Onley Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(575) 787-7374

Hoshino, David, MD
Prov#: 43097
Atlantic Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(575) 787-7374

Lingen, Joan K., MD
Prov#: 10028447
Franktown Community Health Center (ESRHS) (CCNV)
20306 Badger Lane
Onley, VA 23418
(575) 787-7374

Lo, Colette W., MD
Prov#: 10050396
Carilion Giles Community Hospital
Hospital Affiliations:
Carilion Highland Hospital
Carilion Roanoke Memorial Hospital
Carilion New River Valley Medical Center
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Lough, Andrea Rhea, DO
Prov#: 10050396
Carilion Healthcare Corporation
159 Hartley Way
Pearsburg, VA 24134
(540) 921-6000

Lugol, Andrea Rhea, DO
Prov#: 10050396
Carilion Giles Community Hospital
Hospital Affiliations:
Carilion Clinic Family Medicine
Pearsburg, VA 24134
(540) 921-6110

Lugol, Andrea Rhea, DO
Prov#: 10050396
Carilion Clinic Family Medicine
Pearsburg, VA 24134
(540) 921-6110

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Lugol, Andrea Rhea, DO
Prov#: 10050396
Carilion Clinic Family Medicine
Pearsburg, VA 24134
(540) 921-6110
## Primary Care Physicians - Tier 1

### Pembroke
- **Freed, Elliot S., DO**
  - Prov#: 10134128
  - Family Medicine of Blacksburg LLC
  - 133 Bostic Lane
  - Pembroke, VA 24136
  - (540) 921-3433
  - **Hospital Affiliations:**
  - Montgomery Regional Hospital
  - b/a LewisGale Montgomery

### Pennington Gap
- **Litton, John Scott, MD**
  - Prov#: 10087453
  - Litton Family Medicine PC
  - 1800 Combs Rd Suite 7
  - Pennington Gap, VA 24277
  - (276) 546-4894

### Petersburg
- **Chang, Inja, MD**
  - Prov#: 46011
  - Charles City Medical Group
  - 849 S Sycamore St
  - Petersburg, VA 23803
  - (804) 732-0116
- **Chiu, Grace H., MD**
  - Prov#: 10154562
  - Southside Primary Care - Petersburg
  - 20901 Chesterfield Ave
  - Petersburg, VA 23803
  - (804) 526-3500
  - **Hospital Affiliations:**
  - Southside Regional Medical Center

### Portsmouth
- **Baumgarten, Margaret, MD**
  - Prov#: 10004928
  - Portsmouth Family Medicine (EVMSHS)
  - 3640 High Street Suite 3B
  - Portsmouth, VA 23707
  - (757) 397-6344
  - **Hospital Affiliations:**
  - Bon Secours Mary Immaculate Hospital
  - Children's Hospital of the King's Daughters
  - Sentara Leigh Hospital
  - Sentara Norfolk General Hospital
  - **Bikowski, Richard, MD**
    - Prov#: 21009
    - Portsmouth Family Medicine (EVMSHS)
    - 3640 High Street Suite 3B
    - Portsmouth, VA 23707
    - (757) 397-6344
  - **Hospital Affiliations:**
  - Bon Secours Maryview Medical Center
- **Brawley, Stephen C, MD**
  - Prov#: 10161343
  - Portsmouth Family Medicine (EVMSHS)
  - 3640 High Street Suite 3B
  - Portsmouth, VA 23707
  - (757) 397-6344
- **Brittman, Stanley, MD**
  - Prov#: 21006
  - Portsmouth Family Medicine (EVMSHS)
  - 3640 High Street Suite 3B
  - Portsmouth, VA 23707
  - (757) 397-6344
- **Buckley, Barbara Ann, MD**
  - Prov#: 10105180
  - Portsmouth Family Medicine (EVMSHS)
  - 3640 High Street Suite 3B
  - Portsmouth, VA 23707
  - (757) 397-6344
  - **Hospital Affiliations:**
  - Bon Secours Maryview Medical Center
- **Budenhunter, Brian R., MD**
  - Prov#: 1019386
  - Portsmouth Family Medicine (EVMSHS)
  - 3640 High Street Suite 3B
  - Portsmouth, VA 23707
  - (757) 397-6344

### Potomac Falls
- **Lee, Joseph Y., MD**
  - Prov#: 10026076
  - Potomac Family Practice
  - 47165 Westlake Drive Suite 120
  - Potomac Falls, VA 20165
  - (703) 444-3302
- **Truong, Nhu-Nga, MD**
  - Prov#: 10012255
  - Potomac Family Practice
  - 46165 Westlake Drive Suite 120
  - Potomac Falls, VA 20165
  - (703) 444-3302
Primary Care Physicians - Tier 1

Williamson, Valerie, MD  
Provi#: 10015194  
Potomac Family Practice  
47165 Westlake Drive Suite 120  
Potomac Falls, VA 20165  
(703) 444-3302  

Wills, Christina, DO  
Provi#: 10056245  
Chickahominy Family Practice, Inc  
1850 Pocahontas Trail  
Quinton, VA 23141  
(804) 932-4388  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  

Radford  

Judy, Charles R., MD  
Provi#: 211811  
Family Health Clinic Inc  
600 Randolph Street  
Radford, VA 24141  
(540) 639-5300  

Hospital Affiliations:  
Children’s Hospital of the King’s Daughters  

Kelly, Daniel R., MD  
Provi#: 229911  
Carilion Healthcare Corporation  
701 Randolph St Suite 120  
Radford, VA 24141  
(540) 731-3200  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  

Knisey, Thomas, DO  
Provi#: 10121873  
Carilion Healthcare Corporation  
801 E Main St  
Radford, VA 24142  
(540) 831-5111  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  

Lekoshere, Jonathan S., DO  
Provi#: 10189770  
Christiansburg Internal Medicine, LLC  
614 East Main Street  
Radford, VA 24141  
(540) 731-3200  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  

Morgan, Benjamin H., DO  
Provi#: 10207570  
Carilion Healthcare Corporation  
701 Randolph St Suite 120  
Radford, VA 24141  
(540) 731-3200  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  

Murray, Latisha, MD  
Provi#: 10153881  
Bon Secours St Francis - Powhatan  
Medical Associates  
3452 Anderson Highway  
Powhatan, VA 23139  
(804) 285-6050  

Hospital Affiliations:  
Bon Secours St Francis Medical Center  

Quinton  

Gokli, Anup J., MD  
Provi#: 434584  
Chickahominy Family Practice, Inc  
1850 Pocahontas Trail  
Quinton, VA 23141  
(804) 932-4388  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion New River Valley Medical Center  

Optima Direct Network Providers January 2019  

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**Primary Care Physicians - Tier 1**

### Raphine
- **Marsh, John Otho, MD**
  - Proven#: 458044
  - Middlebrook Family Medicine
  - 60 Commerce Park Drive
  - Raphine, VA 24472
  - (540) 490-2527
  - 771 Steeles Fort Road
  - Raphine, VA 24472
  - (540) 490-2527
  - **Hospital Affiliations:**
    - Augusta Medical Center
    - University of Virginia Medical Center

### Reston
- **Agrawal, Rajiv K., MD**
  - Proven#: 10005021
  - Lansdowne Travel and Family Medicine LLC
  - 1860 Town Center Dr Suite 340
  - Reston, VA 20190
  - (703) 223-3833
  - **Hospital Affiliations:**
    - Reston Hospital Center

- **Bowers, Michael, DO**
  - Proven#: 10036582
  - Town Center Family Medicine
  - 12110 Sunset Hills Road L120
  - Reston, VA 20190
  - (703) 834-1473

- **Dolcich, Augustine A., MD**
  - Proven#: 75194
  - Town Center Family Medicine
  - 12110 Sunset Hills Road L120
  - Reston, VA 20190
  - (703) 834-1473

- **Garver, Terry, MD**
  - Proven#: 10035438
  - Town Center Family Medicine
  - 12110 Sunset Hills Road L120
  - Reston, VA 20190
  - (703) 834-1473

- **Harding, Andrew J., MD**
  - Proven#: 90789
  - Town Center Family Medicine
  - 12110 Sunset Hills Road L120
  - Reston, VA 20190
  - (703) 834-1473
  - **Hospital Affiliations:**
    - Inova Fair Oaks Hospital
    - Inova Fairfax Hospital

- **Tran, Nathan, MD**
  - Proven#: 10036426
  - Town Center Family Medicine
  - 12110 Sunset Hills Road L120
  - Reston, VA 20190
  - (703) 834-1473
  - **Hospital Affiliations:**
    - Reston Hospital Center

### Richlands
- **Chaudhry, Munna F., MD**
  - Proven#: 10087847
  - Community Health Clinic PC
  - 1108 Southside Place
  - Richlands, VA 24641
  - (276) 963-1150

### Richmond
- **Akers-White, Latania M., MD**
  - Proven#: 10074668
  - Lifestyle and Wellness Center, LLC
  - 110 North Robinson Street Suite 101
  - Richmond, VA 23220
  - (804) 554-3464
  - **Hospital Affiliations:**
    - Chippenham Medical Center/Johnston-Willis Hospital
    - Henrico Doctors' Hospital - Forest Campus
    - Henrico Doctors' Hospital - Parham Campus
    - Henrico Doctors' Hospital - Retreat Campus
    - John Randolph Medical Center
    - Smyth County Community Hospital
    - VCU Community Memorial Hospital
    - VCU Health System/MCV

- **Albaz, Rama, MD**
  - Proven#: 10170833
  - Bon Secours St Mary's - Patterson Avenue Family Practice
  - 5875 Bremo Road Suite 104
  - Richmond, VA 23226
  - (804) 977-8915
  - 9600 Patterson Avenue
  - Richmond, VA 23229
  - (804) 741-6200
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center
    - Bon Secours St. Francis Medical Center
    - Boneceur St. Marys Hospital

- **Allan, Christine, MD**
  - Proven#: 10090525
  - Executive Health Group, PC
  - 771 Steeles Fort Road
  - Raphine, VA 24472
  - (804) 560-3295
  - Proven#: 10180946
  - Family Physicians of Ridgefield
  - 2200 Pump Road Suite 100
  - Richmond, VA 23223
  - (804) 741-7414
  - **Hospital Affiliations:**
    - Bon Secours St. Marys Hospital
    - Chippenham Medical Center/Johnston-Willis Hospital

- **Anderson, James C., MD**
  - Proven#: 46041
  - BON SECOUERS CHESTERFIELD FAMILY MEDICINE
  - 2500 Pocoshock Place
  - Richmond, VA 23225
  - (804) 276-9305
  - **Hospital Affiliations:**
    - Chippenham Medical Center/Johnston-Willis Hospital

- **Armstead, Scott, MD**
  - Proven#: 10145500
  - MCV Associated Physicians (Family Practice)
  - 4730 N Southside Plaza
  - Richmond, VA 23224
  - (804) 230-7777
  - **Hospital Affiliations:**
    - VCU Health System/MCV

- **Asad, Ismat, MD**
  - Proven#: 10137352
  - Bon Secours Short Pump Primary Care
  - 12320 West Broad Street Suite 204
  - Richmond, VA 23233
  - (804) 612-2980
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center
    - St. Mary's Hospital

- **Ashrifi, Dariush, MD**
  - Proven#: 10039097
  - Laburnum Medical Center
  - 4620 South Laburnum Avenue
  - Richmond, VA 23231
  - (804) 226-2444
  - 4930 S Laburnum Ave
  - Richmond, VA 23231
  - (804) 226-2444
  - **Hospital Affiliations:**
    - Chippenham Medical Center/Johnston-Willis Hospital

- **Avula, Jonathan, MD**
  - Proven#: 10125953
  - Laburnum Medical Center
  - 4620 South Laburnum Avenue
  - Richmond, VA 23231
  - (804) 226-2444
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center

- **Baggesen, J. Rand, MD**
  - Proven#: 10067712
  - Executive Health Group, PC
  - 7101 Jahnke Road Suite 550A
  - Richmond, VA 23227
  - (804) 612-7065
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center

- **Bala, Rishi, MD**
  - Proven#: 10085327
  - Bon Secours St Mary's - Patterson Avenue Family Practice
  - 4730 N Southside Plaza
  - Richmond, VA 23224
  - (804) 325-8801
  - 9600 Patterson Avenue
  - Richmond, VA 23229
  - (804) 741-6200
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center

- **Barr, Mark C., MD**
  - Proven#: 10085222
  - Bon Secours St Mary's - Patterson Avenue Family Practice
  - 9600 Patterson Avenue
  - Richmond, VA 23229
  - (804) 741-6200
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center
    - Bon Secours St. Marys Hospital

- **Belle, Cheryl M., MD**
  - Proven#: 10071094
  - Burlington Medical Group - Ironbridge
  - 6439 Ironbridge Rd
  - Richmond, VA 23234
  - (804) 321-1400
  - **Hospital Affiliations:**
    - VCU Health System/MCV

- **Breeden, Sara S., MD**
  - Proven#: 20595
  - Primary Health Group - Ironbridge
  - 6439 Ironbridge Rd
  - Richmond, VA 23234
  - (804) 271-8990
  - **Hospital Affiliations:**
    - Chippenham Medical Center/Johnston-Willis Hospital

- **Brooks-Williams, Malinda Adell, MD**
  - Proven#: 10120243
  - Bermuda District Medical Center
  - 101 Cowardin Ave Suite 102
  - Richmond, VA 23224
  - (804) 420-1300
  - 2709 11 Byron Street
  - Richmond, VA 23223
  - (804) 525-1818
  - 2809 North Ave Suite 206
  - Richmond, VA 23222
  - (804) 780-0840
  - 719 North 25th Street
  - Richmond, VA 23223
  - (804) 780-0840

- **Brown, Jr., Leon J., MD**
  - Proven#: 46029
  - Leon J. Brown Jr., MD, PC
  - 101 Cowardin Ave Ste 105
  - Richmond, VA 23224
  - (804) 232-7876

- **Campbell, James A., MD**
  - Proven#: 44098
  - Drs. Campbell and Whitaker, Ltd.
  - 1127 N 29th St
  - Richmond, VA 23223
  - (804) 648-6153
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<th>Name</th>
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<td>Crossman, Steven H., MD</td>
<td>10021658</td>
<td>1800 Glenisde Drive Ste 101 Richmond, VA 23226</td>
<td>(804) 288-0057</td>
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<td>HMC Associated Physicians</td>
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<td>2421 Chamberlayne Avenue Richmond, VA 23222</td>
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Optima Direct Network Providers January 2019
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<td>Hopp, Jennifer L., MD</td>
<td>(804) 560-0490</td>
<td>Chippenham Medical Center / Johnston-Willis Hospital</td>
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<td>Hyder, Haroon, MD</td>
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<td>Hunter, Laura J., DO</td>
<td>(804) 266-0787</td>
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<td>James, Joseph A., MD</td>
<td>Prov#: 221359</td>
<td>Bon Secours St. Francis Medical Center / Bon Secours St. Marys Hospital / Chippenham Medical Center / Johnston-Willis Hospital</td>
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<td>Prov#: 22359</td>
<td>Primary Health Group - Johnston Willis</td>
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<td>Jin, Xiao Hong, MD</td>
<td>Prov#: 10179440</td>
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<td>Jordan-Savles, Cheryl J., MD</td>
<td>Prov#: 45893</td>
<td>Laburnum Medical Center</td>
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<td>Joseph, Lera Georgeotte, MD</td>
<td>Prov#: 44122</td>
<td>Charles City Medical Group / 1600 Hull St / Richmond, VA 23224</td>
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<td>Kastelberg, Eugene, MD</td>
<td>Prov#: 45848</td>
<td>James River Primary Care / 7605 Forest Ave Ste 100 / Richmond, VA 23229</td>
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<tr>
<td>Kaundal, Rishika, MD</td>
<td>Prov#: 10131323</td>
<td>Chestatefield Primary Care Practice, PC / 2500 Pocoshock Place / Richmond, VA 23225</td>
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<tr>
<td>Kandel, Rishika, MD</td>
<td>Prov#: 288-8338</td>
<td>Hospital Affiliations: Chippenham Medical Center / Henrico Doctors' Hospital - Forest Campus</td>
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<td>Keller, Kevin A., MD</td>
<td>Prov#: 79441</td>
<td>Patient First / 3370 Pump Rd / Richmond, VA 23233</td>
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<td>Prov#: 360-8061</td>
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<td>King, Tony R., MD</td>
<td>Prov#: 10139627</td>
<td>John Randolph Medical Center</td>
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<td>Klasnsett, Douglas, MD</td>
<td>Prov#: 10014605</td>
<td>Richmond Primary Care / 7110 Forest Ave Ste 201 / Richmond, VA 23226</td>
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<td>Kowalski, John P., MD</td>
<td>Prov#: 45855</td>
<td>Chickahominy Family Practice, Inc / 2660 New Market Road / Richmond, VA 23231</td>
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<td>Kuzel, Anton J., MD</td>
<td>Prov#: 13219</td>
<td>MCV Associated Physicians (Family Practice) / 401 N 11th Street / Richmond, VA 23298</td>
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<td>Law, Brett M., MD</td>
<td>Prov#: 10168111</td>
<td>Patient First / 12 N Thompson St / Richmond, VA 23221</td>
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<td>Leomin, Latrina C., MD</td>
<td>Prov#: 10153822</td>
<td>MCV Associated Physicians (Family Practice) / 9000 Stony Point Parkway / Richmond, VA 23235</td>
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<td>Lewis, Augustine, MD</td>
<td>Prov#: 10106789</td>
<td>Good Health Clinic / 5875 Bremo Road Ste 104 / Richmond, VA 23226</td>
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<td>Lieng, Thanh-Truc T., MD</td>
<td>Prov#: 10061692</td>
<td>Hospital Affiliations: Chippenham Medical Center / Henrico Doctors' Hospital - Parham Campus</td>
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<td>Little, Margaret A., MD</td>
<td>Prov#: 71736</td>
<td>Virginia Physicians, Inc / 6900 Forest Avenue Ste 300 / Richmond, VA 23230</td>
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<td>Lucas, Jr., Kenneth W., MD</td>
<td>Prov#: 69616</td>
<td>Patient First / 2205 N Parham Rd / Richmond, VA 23229</td>
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<td>Lutterbie, Mark A., MD</td>
<td>Prov#: 10109532</td>
<td>MCV Associated Physicians (Family Practice) / 4730 N Southside Plaza / Richmond, VA 23224</td>
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<tr>
<td>Mahli, Shweta, MD</td>
<td>Prov#: 1182076</td>
<td>Hospital Affiliations: VCU Health System / VCU (Family Practice) / 9400 Amherdale Drive Ste A / Richmond, VA 23236</td>
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<td>Prov#: 10025728</td>
<td>Patient First / Short Pump / 3370 Pump Rd / Richmond, VA 23233</td>
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<td>Malhotra, Shailaja, MD</td>
<td>Prov#: 1005269</td>
<td>Hospital Affiliations: Chippenham Medical Center / Johnston-Willis Hospital</td>
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<td>Manion, Kristina, DO</td>
<td>Prov#: 10195106</td>
<td>Hospital Affiliations: Chippenham Medical Center / Johnston-Willis Hospital</td>
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<td>Meletz, Zandieh, MD</td>
<td>Prov#: 1013582</td>
<td>Hospital Affiliations: VCU Health System / VCU (Family Practice) / 4730 N Southside Plaza / Richmond, VA 23224</td>
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<td>Marchal, Matthew, MD</td>
<td>Prov#: 90040</td>
<td>Hospital Affiliations: VCU Health System / VCU (Family Practice) / 2530 A Gaskins Road / Richmond, VA 23233</td>
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</table>

Optima Direct Network Providers January 2019

OptimaDirectNetworkProvidersJanuary2019
Primary Care Physicians - Tier 1

Martinez, Anthony, MD
Prov#: 10157356
Patient First - Parham
2205 N Parham Road
Richmond, VA 23229
(804) 270-2150
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Masterson, Aivi N, MD
Prov#: 10164869
Bon Secours St Mary's - Patterson Avenue Family Practice
9600 Patterson Avenue
Richmond, VA 23229
(804) 741-6200
Hospital Affiliations:
Bon Secours St Mary's Hospital

Maughan, George T., MD
Prov#: 10083594
Primary Care of West End - Richmond Family Practice
425 North Blvd
Richmond, VA 23220
(804) 358-0248
Hospital Affiliations:
Bon Secours St Mary's Hospital

McQuate, Christa, MD
Prov#: 10188250
Chesterfield Family Practice Center, PC
2500 Pocoshock Place Suite 104
Richmond, VA 23235
(804) 276-9305
Hospital Affiliations:
Bon Secours St Francis Medical Center

Melhorn, Steven W., DO
Prov#: 10206960
Patient First - Midlothian
8110 Midlothian Tpk
Richmond, VA 23235
(804) 320-8160
Hospital Affiliations:
Bon Secours St Francis Medical Center

Morgan, Raymond W., MD
Prov#: 71741
Family Physicians of Ridgefield
2200 Pump Road Suite 100
Richmond, VA 23233
(804) 741-7141
Hospital Affiliations:
Bon Secours St Mary’s Hospital

Miller, Amy F., MD
Prov#: 10064092
Primary Care of West End - Richmond Family Practice
425 North Blvd
Richmond, VA 23220
(804) 358-0248
Hospital Affiliations:
Bon Secours St Mary's Hospital

Mills, John F., DO
Prov#: 76344
Family Physicians of Ridgefield
1800 Ginsleid Dr Ste 110
Richmond, VA 23226
(804) 288-1800
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Mohle, Steven R., MD
Prov#: 69610
Patient First
2300 E Parham Rd
Richmond, VA 23228
(804) 264-7808
Hospital Affiliations:
Bon Secours St Mary’s Hospital

Monroe, Rachael, MD
Prov#: 10185209
Chesterfield Family Practice Center, PC
2500 Pocoshock Place Suite 104
Richmond, VA 23235
(804) 276-9305
Hospital Affiliations:
Bon Secours St Francis Medical Center

Moore, Daniel, MD
Prov#: 10206960
Patient First - Midlothian
8110 Midlothian Tpk
Richmond, VA 23235
(804) 320-8160
Hospital Affiliations:
Bon Secours St Francis Medical Center

Moore, William F., MD
Prov#: 45894
Laburnum Medical Center
4620 South Laburnum Avenue
Richmond, VA 23231
(804) 222-7744
Hospital Affiliations:
Bon Secours St Francis Medical Center

Ng, Charlene, MD
Prov#: 10168810
Virginia Physicians, Inc.
6900 Forest Ave Suite 300
Richmond, VA 23230
(804) 346-1515
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Ngam, Nguyen, MD
Prov#: 10148539
Laburnum Medical Center
4620 South Laburnum Avenue
Richmond, VA 23231
(804) 226-2444
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Nicholson, Jovinita R., MD
Prov#: 74888
Brook Run Family Physicians
1510 North 28th Street
Richmond, VA 23223
(804) 545-3570
Hospital Affiliations:
Bon Secours St Mary’s Hospital

Pendyal, Kausalya, MD
Prov#: 10029313
Primary Health Group - Chippenham Family Medicine
500 Hoaks Road Suite B
Richmond, VA 23225
(804) 560-0490
681 Hoaks Road Suite 4
Richmond, VA 23225
(804) 560-0490
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Petrizzi, Mark, MD
Prov#: 10176041
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Pierantoni, Giancarlo E, MD
Prov#: 10130262
MVC Associated Physicians
(804) 230-7777
Richmond, VA 23224
(804) 290-0593
Hospital Affiliations:
VCU Health System/MVC

Pitzer, Michael, MD
Prov#: 10129238
MVC Associated Physicians
(804) 230-7777
Richmond, VA 23224
(804) 290-0593
Hospital Affiliations:
VCU Health System/MVC

Poehailos, Karen, MD
Prov#: 10031693
Patient First - Short Pump
3370 Pump Rd
Richmond, VA 23233
(804) 360-8061
Hospital Affiliations:
VCU Health System/MVC

Pong, David, MD
Prov#: 10031693
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655
Hospital Affiliations:
Bon Secours St Mary’s Hospital

Pendyal, Kausalya, MD
Prov#: 10029313
Primary Health Group - Chippenham Family Medicine
500 Hoaks Road Suite B
Richmond, VA 23225
(804) 560-0490
681 Hoaks Road Suite 4
Richmond, VA 23225
(804) 560-0490
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Pereon, Giancarlo E, MD
Prov#: 10130262
MVC Associated Physicians
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Pitzer, Michael, MD
Prov#: 10129238
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(804) 290-0593
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Poechailos, Karen, MD
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Hospital Affiliations:
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Pong, David, MD
Prov#: 10031693
PartnerMD, PC
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Richmond, VA 23230
(804) 282-2655
Hospital Affiliations:
Bon Secours St Mary’s Hospital

Pendyal, Kausalya, MD
Prov#: 10029313
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500 Hoaks Road Suite B
Richmond, VA 23225
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681 Hoaks Road Suite 4
Richmond, VA 23225
(804) 560-0490
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Poechailos, Karen, MD
Prov#: 10031693
Patient First - Short Pump
3370 Pump Rd
Richmond, VA 23233
(804) 360-8061
Hospital Affiliations:
VCU Health System/MVC
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**Hospital Affiliations:**
- Bon Secours St. Francis Medical Center
- Bon Secours St. Mary's Hospital
- Chesterfield Family Practice Center, PC
- St. Francis Family Medicine Center (Bon Secours)
- Bon Secours St. Mary's Hospital
- St. Mary's Hospital
- Bon Secours Mary Immaculate Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Mary's Hospital
- Carillon Clinic Home Care (Carillon Franklin Memorial Hospital)
- Bon Secours St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

**Optima Direct Network Providers January 2019**

62
Primary Care Physicians - Tier 1

Thakor, Bhavnita, MD
Pro#: 10120467
Patient First
12 N Thompson St
Richmond, VA 23221
(804) 359-1337

Villar-Gosalvez, Carlos S., MD
Pro#: 10153826
MCV Associated Physicians
401 N 11th Street
Richmond, VA 23224
(804) 820-2000

Walker, Dawncherrie P., MD
Pro#: 10201481
Columbia Healthcare of Central Virginia, Inc
2621 Grove Ave
Richmond, VA 23220
(804) 254-5403

Hospital Affiliations:
Bon Secours St. Marys Hospital

Bon Secours St. Marys Hospital

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Walton, George Clifford, MD
Pro#: 69029
Patient First
8110 Midlothian Tpke
Richmond, VA 23235
(804) 968-5700

Wein, Barry K., MD
Pro#: 10111949
PartnerMD, PC
7001 Forest Avenue Suite 302
Richmond, VA 23230
(804) 282-2655

Hospital Affiliations:
Bon Secours St. Marys Hospital

Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Inova Alexandria Hospital

Westin, Margaret C., MD
Pro#: 60510
Family Physicians of Ridgefield
1800 Glenside Dr Ste 110
Richmond, VA 23226
(804) 288-1800

Hospital Affiliations:
Bon Secours St. Marys Hospital

Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Whitehurst-Cook, Michelle, MD
Pro#: 13228
MCV Associated Physicians
401 N 11th Street
Richmond, VA 23298
(804) 820-5853

Hospital Affiliations:
VCU Health System/MCV

Wisman, Erin, MD
Pro#: 10182922

Virginia League for Planned Parenthood
201 N Hamilton Street
Richmond, VA 23221
(804) 355-4558

Woodward, Patrick M., MD
Pro#: 10002407
Virginia Physicians, Inc
6900 Forest Avenue Suite 300
Richmond, VA 23230
(804) 545-9529

Hospital Affiliations:
Bon Secours St. Marys Hospital

Chippenham Medical Center/Johnston-Willis Hospital

Healthsouth Rehabilitation Hospital of Virginia

Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Yan, Xiaohua, MD
Pro#: 10142994
Patient First
3370 Pump Road
Richmond, VA 23233
(804) 360-8061

Zelenak, James K., MD
Pro#: 79280
Richmond Primary Care
7110 Forest Ave Ste 201
Richmond, VA 23226
(804) 288-3001

Hospital Affiliations:
Bon Secours St. Marys Hospital

Chippenham Medical Center/Johnston-Willis Hospital

Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Barrino, Alethea, MD
Pro#: 10148102
Bassett Family Practice
4944 Greensboro Road
Richmond, VA 23218
(804) 968-5233

Park, Angela Oh, MD
Pro#: 10141565
Chan M. Park Family Practice
6460 Greensboro Road
Richmond, VA 23225
(804) 956-2047

Hospital Affiliations:
SOVAH Health - Martinsville

Roanoke

Alligood, David B., MD
Pro#: 10219093

Express Family Care
3960 Valley Gateway Blvd A-1
Roanoke, VA 24012
(540) 400-6676

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Andrews, Clarke B., MD
Pro#: 10148139
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Arthur, Christy, MD
Pro#: 10030312
Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Roanoke, VA 24018
(540) 725-7800

Ball, William Fnn, MD
Pro#: 40184

Roanoke Family Medicine, Inc
3390 Colonial Avenue
Roanoke, VA 24018
(540) 772-1096

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Bell, Victor H., MD
Pro#: 10105706
Kuumba Community Health and Wellness Center Inc (CCNV)
3716 McDowell Ave NW
Roanoke, VA 24017
(540) 362-0360

Billups, Matthew, DO
Pro#: 10023520

Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Roanoke, VA 24018
(540) 725-7800

Bolin, Delmas J., MD
Pro#: 10002858
Performance Medicine of Southwest Virginia, LLC
1215 Corporate Circle SW Suite 201
Roanoke, VA 24018
(540) 772-1890

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lewis-Gale Medical Center

Brackenrich, Wayne L., DO
Pro#: 10124582
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Brady, Don, MD
Pro#: 30806

Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Roanoke, VA 24018
(540) 725-7800

Brown, Beverly, MD
Pro#: 10030702

Carilion Family Medicine-Roanoke-Salem

1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-7500

2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Carpio, Lawrence, DO
Pro#: 10205360
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Chaconas, George H., MD
Pro#: 10103255
Center for Advanced Lipid Management, LLC
9806 Pleasant Hill Drive Ste 201
Roanoke, VA 24018
(540) 590-4992

Chen, Eric Hong-Wen, MD
Pro#: 10079442

Carilion Clinic Family Med
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700

1906 belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Coates, Joseph Brandon, MD
Prov#: 10105007
Carilion Faculty Phys Specialist
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8521

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Crosby, Scott James, MD
Prov#: 10121028
Express Family Care
3960 Valley Gateway Blvd A-1
Roanoke, VA 24012
(540) 400-6676

Hospital Affiliations:
Bedford Memorial Hospital

Daughters, John, MD
Prov#: 10019374
Lewis-Gale Physicians, LLC
4910 Valley View Blvd
Roanoke, VA 24012
(540) 311-1607

Hospital Affiliations:
AFC Urgent Care
602 Brandon Avenue SW Suite 222
Roanoke, VA 24015
(540) 774-0000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Doolan, Amy W., DO
Prov#: 10171565
CARILION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Easterday, Jennifer R., MD
Prov#: 10189327
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465

Epling, John W., MD
Prov#: 10176193
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Ernst, Benjamin David, DO
Prov#: 10105095
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Gaddam, Shrayan Kumr R., MD
Prov#: 10038813
Carilion Center For Healthy Aging
1906 Belleview Avenue
Roanoke, VA 24014
(540) 853-0201
2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Greenawald, Mark, MD
Prov#: 10030900
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Harris, William Kent, MD
Prov#: 93686
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Hilldrup, Andrew B., DO
Prov#: 10207042
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Hippeard, Scott C., MD
Prov#: 10039526
Scott C. Hippeard, MD, PLC
4806 Pleasant Hill Drive Suite 203
Roanoke, VA 24018
(540) 774-4000

Hofford, Roger, MD
Prov#: 10031107
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Horne, Wayne D., MD
Prov#: 10178199
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465
1314 Peters Creek Rd
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Howes, Erin K., DO
Prov#: 10170278
Cave Spring Family Practice,PC
4901 Brambleton Ave SW
Roanoke, VA 24018
(540) 777-4000

Hospital Affiliations:
Lewis-Gale Medical Center

James, Colleen Erin, DO
Prov#: 10118829
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kallis, Christian, DO
Prov#: 10095547
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Knisely, Thomas, DO
Prov#: 10031243
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Kleen, Stephen J., MD
Prov#: 10018804
Carilion Healthcare Corporation
3369 Colonial Ave
Roanoke, VA 24018
(540) 772-0555

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kelleher, Kevin Charles, MD
Prov#: 93467
Cave Spring Family Practice,PC
4901 Brambleton Ave
Roanoke, VA 24018
(540) 777-4000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Klaus, Christian, DO
Prov#: 10095547
Carilion Healthcare Corporation
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500

Kline, Thomas, DO
Prov#: 10031243
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Lewis-Gale Medical Center
Primary Care Physicians - Tier 1

Lambert, Reed R., MD  
Pro#: 10031266  
Carilion Healthcare Corporation  
2900 Lamb Circle Suite 201  
Roanoke, VA 24073  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Rappahannock General Hospital  
(540) 777-6807

Luckay, Kenneth R., DO  
Pro#: 10011586  
Lucky Doc PLLC  
4515 Brambleton Ave SW Suite B  
Roanoke, VA 24018  
(540) 904-7912

Malinchak, Marie L., MD  
Pro#: 10086199  
Roanoke Partners In Health  
3239 Electric Road Ste A  
Roanoke, VA 24018  
(540) 904-7912

Mataia, Kara L., DO  
Pro#: 10102403  
Roanoke Partners In Health  
3239 Electric Road  
Roanoke, VA 24018  
(540) 904-7912

Merten, John R., MD  
Pro#: 10031437  
Carilion Family Medicine  
3601 Colonial Avenue  
Roanoke, VA 24018  
(540) 772-0555

6415 Peters Creek Rd  
Roanoke, VA 24019  
(540) 265-5500  
Pro#: 10031438

Carilion Family Medicine-Roanoke-Salem  
101 Elm Avenue  
Roanoke, VA 24013  
(540) 985-8465

1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700  
Pro#: 10031438

Carilion Internal Medicine-Roanoke  
615 McDowell Avenue  
Roanoke, VA 24016  
(540) 224-3870  
Pro#: 10031437

Physicians Associates of Bedford  
3369 Colonial Ave  
Roanoke, VA 24018  
(540) 772-0555

3707 Brambleton Avenue SW Ste 2  
Roanoke, VA 24018  
(540) 725-7800

Misicek, Nancy, MD  
Pro#: 10021451  
Carilion Family Medicine-Roanoke-Salem  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

2145 Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200  
Pro#: 10003066

Carilion Healthcare Corporation  
3369 Colonial Ave  
Roanoke, VA 24018  
(540) 772-0555  
Pro#: 10099715

CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Nazi, Ayesha, MD  
Pro#: 10033027  
New Horizons Healthcare  
4910 Valley View Boulevard NW  
Roanoke, VA 24012  
(540) 362-0360

O'Hagan, Gary, MD  
Pro#: 10148278  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 772-8900

O'Hagan, Gary, MD  
Pro#: 10148278  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 772-8900

O'Hagan, Gary, MD  
Pro#: 10148278  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 772-8900

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Osineke, Chidinma, MD  
Pro#: 10096616  
Carilion Family Medicine-Roanoke-Salem  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

2145 Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200

Pro#: 10030668

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Patten, Robert, MD  
Pro#: 10031183  
Carilion Healthcare Corporation  
3707 Brambleton Ave SW Ste 2  
Roanoke, VA 24018  
(540) 725-7800

003770  
Carilion Emergency Services Inc  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

2145 Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Perkins, Karen E., MD  
Pro#: 10098062  
CARILION MEDICAL CENTER  
1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

2145 Mt Pleasant Blvd  
Roanoke, VA 24014  
(540) 427-9200

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Pile, Christopher W., MD  
Pro#: 10143336  
CARILION MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Polverino, Edwin J., DO  
Pro#: 1016230  
CARILION MEDICAL CENTER  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 591-9456

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Potter, Greg Leland, DO  
Pro#: 10149884  
Carilion Healthcare Corporation  
1818 Electric Rd  
Roanoke, VA 24018  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Pridddy, John W., MD  
Pro#: 10152915  
Carilion Emergency Physicians  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Rabun, Ellen I., MD  
Pro#: 10041742  
Carilion Emergency Physicians  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Sadiq, Saima, MD  
Pro#: 10122915  
CARILION MEDICAL CENTER  
151 Elm Ave  
Roanoke, VA 24013  
(540) 985-8465

1314 Peters Creek Road  
Roanoke, VA 24017  
(540) 562-5700

Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center

Optima Direct Network Providers January 2019 65

OptimaHealth
Primary Care Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Schmidt-Dalton, Tarin, MD
Prov#: 10031572
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237
Smith, Donald, MD
Prov#: 10031601
Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Roanoke, VA 24018
(540) 725-7800
Speaker, Marcus, MD
Prov#: 10031605
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237
Stavola, Anthony, MD
Prov#: 10031607
Carilion Healthcare Corporation
3415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500
Stewart, Jonathan D., MD
Prov#: 10192881
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd SE
Roanoke, VA 24014
(540) 427-9200
Stockburger, Robert W., MD
Prov#: 10161430
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200
Whiting, Jessica Renee, DO
Prov#: 10148243
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 904-7912
Sweet, Mary, MD
Prov#: 10031630
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
Thompson, James E., MD
Prov#: 10098807
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
1906 Belleview Ave
Roanoke, VA 24014
(540) 427-9200
Truxillo, Richard R., DO
Prov#: 10076560
Carilion Southeast Family Medicine
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200
Tuan, Phuc N., MD
Prov#: 10031343
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200
Ruckersville

Optima Direct Network Providers January 2019 66
Primary Care Physicians - Tier 1

319 Fifth Ave
Saltsville, VA 24370
(276) 496-4492

Somervell, Pamela M., MD
Pro#: 10180902
Southwest VA Community Health Systems Inc
308 West Main Street
Saltsville, VA 24370
(276) 496-4433

319 Fifth Ave
Saltsville, VA 24370
(276) 496-4402

Hospital Affiliations:
Wythe County Community Hospital

Scottsville

Joyce, Richard A., MD
Pro#: 40574
Scottsville Family Medicine
295 East Main Street
Scottsville, VA 24590
(434) 286-6434

Shawsville

Duns, Robert M., MD
Pro#: 29770
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24590
(540) 268-1400

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Hemphill, Julia, MD
Pro#: 10031091
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24590
(540) 268-1400

Merten, John R., MD
Pro#: 10031347
Carilion Family Medicine
6920 Roanoke Road
Shawsville, VA 24590
(540) 268-1400

Shenandoah

Desrochers, Danielle, MD
Pro#: 10036301
Valley Health Page Memorial Hospital Family and Internal Medicine
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
Page Memorial Hospital Inc

Lee, R. David, MD
Pro#: 52553
Page Shenandoah Health Center
516 B First St
Shenandoah, VA 22849
(540) 652-1207

Fajardo, Arthur B., MD
Pro#: 10021314
Halifax Internal Medicine, PLLC
2322 Wilborn Ave
South Boston, VA 24592
(434) 517-3539

Hospital Affiliations:
Halifax Regional Hospital

Goodnight, Robert H., MD
Pro#: 10009896
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hostetler, Joseph D., MD
Pro#: 10064650
Centra Health Medical Center - Greensville
3401 Old Halifax Road Suite E
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Ketchersid, Marie, MD
Pro#: 10020740
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Mattis, Fallon A., MD
Pro#: 10142961
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Kiczerski, Mari, MD
Pro#: 10013525
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Ozoude, Virgilus, DO
Pro#: 10181919
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Parikh, Nipuno O., MD
Pro#: 10013525
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Hospital Affiliations:
Halifax Regional Hospital

Patel, Beena N., DO
Pro#: 10094184
Sentara Halifax Family Medicine
101 Aubreys Loop
South Boston, VA 24592
(434) 517-3879

Stokes, Brenda L., MD
Pro#: 10052498
Acute Rehab Centrehealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

South Boston

Aponte, Juan P., MD
Pro#: 10090888
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 572-9355

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bendall Jr, Richard A., MD
Pro#: 10164490
Acute Rehab Centrehealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Bruno, Dante, MD
Pro#: 41269
Emergency of South Boston
1020 Bill Tuck Hwy Ste 900
South Boston, VA 24592
(434) 575-7555

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

South Chesterfield

Lingler, Kimberley, MD
Pro#: 10174386
Southside Primary Care
29001 Chesterfield Ave
South Chesterfield, VA 23803
(804) 526-3500

Hospital Affiliations:
Southside Regional Medical Center

South Hill

Alexander, Christopher, DO
Pro#: 10158547
CMH Physician Services, LLC
1755 North Mecklenburg Avenue
South Hill, VA 23970
(434) 584-5027

Hospital Affiliations:
VCU Community Memorial Hospital

Miech, David W., MD
Pro#: 33774
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Powers, David C., MD
Pro#: 43354
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Powers, III, Graham H., MD
Pro#: 67072
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Weidman, Paul D., MD
Pro#: 10180257
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
Southside Regional Medical Center

South Riding

Biragoni, Soujanya, MD
Pro#: 10134593
NMG Affiliate Practice I, LLC
20505 Riding Plaza Suite 220
South Riding, VA 20152
(703) 722-5840

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Optima Direct Network Providers January 2019

68
Primary Care Physicians - Tier 1

Villarreal, Yvonne, MD  
Prov#: 40275  
Embracing Health Inc  
385 Garrisonville Road Suite 121  
Stafford, VA 22554  
(540) 457-1223

Stevens, Todd  
Prov#: 52553  
Valley Health Page Memorial  
Hospital and Internal Medicine  
235 Medical Drive  
Stanley, VA 22851  
(804) 778-4259

Lee, R. David, MD  
Prov#: 52553  
Valley Health Page Memorial  
Hospital Family and Internal Medicine  
235 Medical Drive  
Stanley, VA 22851  
(540) 457-1223

Stephens City, VA 22655  
(540) 868-4100

Hospital Affiliations:  
Winchester Medical Center

Craig, Christopher J., DO  
Prov#: 10179342  
SCFM Convenience Clinic PLLC  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 508-4539  
Prov#: 10018478

Stephens City Family Medicine  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 868-4100

Hospital Affiliations:  
Winchester Medical Center

Grant, Joel T., MD  
Prov#: 10179321  
SCFM Convenience Clinic PLLC  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 508-4539  
Prov#: 75787

Stephens City Family Medicine  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 868-4100

Hospital Affiliations:  
Winchester Medical Center

Warniment, Crista B., MD  
Prov#: 10179349  
SCFM Convenience Clinic PLLC  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 508-4539  
Prov#: 10096911

Stephens City Family Medicine  
160 Warrior Drive  
Stephens City, VA 22655  
(540) 868-4100

Hospital Affiliations:  
Winchester Medical Center

Fletcher, Sarah, MD  
Prov#: 63958  
Sterling Family Practice  
21135 Whitfield Place Suite 107  
Sterling, VA 20164  
(703) 421-7000

Leon, Ralph, MD  
Prov#: 10038001  
Louidon Medical Group PC  
46440 Benedict Dr Suite 107  
Sterling, VA 20164  
(703) 450-1125

Martin, Jeffrey M., MD  
Prov#: 10040104  
Louidon Medical Group Primary Care  
46440 Benedict Drive Suite 107  
Sterling, VA 20164  
(703) 450-1124

Martin, Rhonda M., MD  
Prov#: 10196839  
Louidon Medical Group Primary Care  
46440 Benedict Dr Ste 107  
Sterling, VA 20164  
(703) 450-1125

Regan, Sarah, MD  
Prov#: 10124682  
Leeburg/Sterling Family Practice  
46440 Benedict Drive Suite 107  
Sterling, VA 20164  
(703) 450-1125

Tolentino, Martin Franco, MD  
Prov#: 10177628  
Patient First - Sterling  
47100 Community Plaza  
Sterling, VA 20164  
(703) 880-1403

Woo, Chung Y, MD  
Prov#: 10006924  
Vim Clinics of America  
14 Pidgeon Hill Dr Ste 260  
Sterling, VA 20165  
(703) 313-3771

Yalamanchili, Haritha, MD  
Prov#: 10074966  
Linda Coleman MD  
2 Pidgeon Hill Drive Suite 400  
Sterling, VA 20165  
(703) 430-7090

Hospital Affiliations:  
Inova Fair Oaks Hospital

Zapp, Elizabeth, MD  
Prov#: 10044134  
Sterling Family Practice  
21135 Whitfield Place Suite 107  
Sterling, VA 20164  
(703) 421-7000

Stony Creek

Azmi, Malalai, MD  
Prov#: 100113174  
Stony Creek Community Health Center (CCNV)  
12454 Hartley St  
Sterling, VA 23882  
(434) 246-6100

Batherlee, Michael D, MD  
Prov#: 60497  
Stony Creek Community Health Center (CCNV)  
12454 Hartley St  
Sterling, VA 23882  
(434) 246-6100

Strasburg

Holthus, Thomas E., DO  
Prov#: 52579  
Valley Health Shenandoah Memorial Hosp Shen Valley Fam Med  
116 Founders Way STE 2  
Strasburg, VA 22657  
(540) 465-3235

33674 Old Valley Pike  
Strasburg, VA 22657  
(540) 465-3751

Rosenfeld, Shyama, MD  
Prov#: 10203023  
Valley Health Shenandoah Memorial Hosp Shen Valley Fam Med  
116 Founders Way STE 2  
Strasburg, VA 22657  
(540) 465-3235

Hospital Affiliations:  
Shenandoah Memorial Hospital  
Inova Medical Center

Stuart

Ausmanas, Militza, MD  
Prov#: 10083648  
Pioneer Family Medical of Patrick County  
853 Woodland Dr  
Stuart, VA 24171  
(276) 694-6677

Cole, Martha W., DO  
Prov#: 101188059  
Patrick County Family Practice, PC  
18877 Jeb Stuart Highway  
Stuart, VA 24171  
(276) 694-4466

Hospital Affiliations:  
Pioneer Community Hospital of Patrick County

Cole, Richard C., MD  
Prov#: 94005  
Pioneer Family Medical of Patrick County  
18688 Jeb Stuart Hwy  
Stuart, VA 24171  
(276) 694-8600

Hospital Affiliations:  
Pioneer Community Hospital of Patrick County

Danner, James, DO  
Prov#: 10088410  
Pioneer Family Medical of Patrick County  
853 Woodland Dr  
Stuart, VA 24171  
(276) 694-6677

Hospital Affiliations:  
Centra Lynchburg General Hospital

Kramer, Ralph, MD  
Prov#: 10083585  
Pioneer Family Medical of Patrick County  
18877 Jeb Stuart Highway  
Stuart, VA 24171  
(276) 694-4466

Kwiatkowski, Timothy, MD  
Prov#: 10193057  
Pioneer Family Medical of Patrick County  
18877 Jeb Stuart Highway  
Stuart, VA 24171  
(276) 694-4466
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Germscheid, Megan, DO</td>
<td></td>
<td>(757) 923-9660</td>
<td>Suffolk, VA 23434</td>
</tr>
<tr>
<td>Berhane, Menna, MD</td>
<td></td>
<td>(757) 983-2200</td>
<td>Suffolk, VA 23435</td>
</tr>
<tr>
<td>Crawford-Harris, Paula M, MD</td>
<td></td>
<td>(757) 923-9660</td>
<td>Suffolk, VA 23434</td>
</tr>
<tr>
<td>Dowd, Christopher, DO</td>
<td></td>
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<td>Jackson, William G., MD</td>
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<td>Koduri, Prashanthi B., MD</td>
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<td>Leadbeater, Jeanine, MD</td>
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<td>(757) 606-1656</td>
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<td>Rush, Karen D., MD</td>
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<td>(757) 484-7248</td>
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<td>Shah, Meghana R., MD</td>
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<td>Smith, Eddie L., MD</td>
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<td>Smith, Emily, MD</td>
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<td>VanHorn, Marilyn, MD</td>
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<td>(757) 506-1656</td>
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<td>Vaughn, Lindsey, MD</td>
<td></td>
<td>(757) 923-1375</td>
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Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
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<tbody>
<tr>
<td>Waddy, James M., MD</td>
<td>757-983-2200</td>
<td>3920 Bridge Rd Bldg A Ste 207, Suffolk, VA 23435</td>
</tr>
<tr>
<td>Rose, Robert, MD</td>
<td>804-443-5378</td>
<td>1362 Tappahannock Blvd, Tappahannock, VA 22560</td>
</tr>
<tr>
<td>Amick, Robert L., MD</td>
<td>276-988-8850</td>
<td>141 Ben Bolt Avenue, Tazewell, VA 24651</td>
</tr>
<tr>
<td>Goss, Denny R., MD</td>
<td>276-988-8700</td>
<td>141 Ben Bolt Avenue, Tazewell, VA 24651</td>
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<tr>
<td>Stockburger, Robert W., MD</td>
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<td>141 Ben Bolt Avenue, Tazewell, VA 24651</td>
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<tr>
<td>Horney, Wayne D., MD</td>
<td>276-988-8700</td>
<td>141 Ben Bolt Avenue, Tazewell, VA 24651</td>
</tr>
<tr>
<td>Horney, William Eric, MD</td>
<td>540-977-1323</td>
<td>37 Laymantown Road, Carilion Parkway Physician, Troutville, VA 24175</td>
</tr>
<tr>
<td>Shradar, William Eric, MD</td>
<td>540-977-1323</td>
<td>37 Laymantown Road, Carilion Parkway Physician, Troutville, VA 24175</td>
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<tr>
<td>Llorente, Jo-Anne A., MD</td>
<td>757-988-8850</td>
<td>141 Ben Bolt Avenue, Tazewell, VA 24651</td>
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<tr>
<td>Lott, Robert L., MD</td>
<td>757-988-8850</td>
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<td>Velena, Samson Salazar, MD</td>
<td>757-988-8850</td>
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</tbody>
</table>

**Hospital Affiliations:**

- **Bon Secours Memorial Regional Medical Center**
- **Riverside Tappahannock Hospital**
- **Galax Medical Center**
- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Carilion Stonewall Jackson Hospital**
- **Carilion Tazewell Community Hospital**
- **VCU Community Memorial Hospital**

**Optima Direct Network Providers January 2019**

---

**Tappahannock**

- **Cook, Patricia, MD**
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  - Address: 1362 Tappahannock Blvd, Tappahannock, VA 22560
  - Telephone: (804) 443-5378

- **Rose, Robert, MD**
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  - Telephone: (804) 443-5378

**Hospital Affiliations:**

- **Bon Secours Memorial Regional Medical Center**
- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Carilion Stonewall Jackson Hospital**
- **Carilion Tazewell Community Hospital**

---

**Sutherland**

- **Phipps, Jr., William J., MD**
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- **Southall, Kirby D., MD**
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**Hospital Affiliations:**

- **John Randolph Medical Center**

---

**Troutdale**

- **Waller, David, MD**
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- **Waddy, James M., MD**
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  - Telephone: (276) 988-8850

**Hospital Affiliations:**

- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Carilion Stonewall Jackson Hospital**
- **Carilion Tazewell Community Hospital**

---

**Troutville**

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  - Telephone: (757) 988-8850

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  - Telephone: (804) 443-5378

- **Waddy, James M., MD**
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  - Telephone: (276) 988-8850

**Hospital Affiliations:**

- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Carilion Stonewall Jackson Hospital**
- **Carilion Tazewell Community Hospital**

---

**Urbanna**

- **Robusto, James R., MD**
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  - Address: 5399 Old Virginia Street, Urbanna, VA 23175
  - Telephone: (804) 758-2110

**Hospital Affiliations:**

- **Carilion Healthcare Corporation**
- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Carilion Stonewall Jackson Hospital**
- **Carilion Tazewell Community Hospital**

---

**Optima Health**

Optima Direct Network Providers January 2019 72
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<th>Name</th>
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<tr>
<td>Owens, Dia P., MD</td>
<td>(434) 696-2165</td>
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<td>Smith, James Robert, MD</td>
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<td>Alleyne, Lisa Anthony, MD</td>
<td>(540) 248-3413</td>
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<td>Kennedy, Robert G., MD</td>
<td>(540) 248-1006</td>
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<td><strong>Vienna</strong></td>
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<td>Park, Hyo K., DO</td>
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<td>Cabrera, Mary, MD</td>
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<td>Akonna, Jessica, MD</td>
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<td>Alper, Jason B., DO</td>
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<td>Anderson, Robin N., MD</td>
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**Optima Direct Network Providers January 2019**
Antoine, Angela, DO  
Prov#: 79396  
NowCare Medical Associates  
(Bayview Physician Services PC)  
6632 Indian River Rd Ste 104  
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Primary Care Physicians - Tier 1

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Hospital Affiliations:
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Optima Direct Network Providers January 2019

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Chesapeake Regional Medical Center

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Hospital Affiliations:
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Javier, Francis V., MD
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Virginia Beach, VA 23464
(757) 413-7600

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Javier, Rosa M, MD
Prov#: 10163604
Sentara Family Medicine Physicians
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Jiara, Amaris L., MD
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2900 Sabre Street Suite 300
Virginia Beach, VA 23452
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Hospital Affiliations:
Augusta Medical Center

Johnson, Jason R., MD
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(757) 493-1965

Johnstone, Paul, DO
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Virginia Beach, VA 23452
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Jones, Thomas M., MD
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Sentara Virginia Beach General Hospital

Khan, Abdur R., MD
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4221 Pleasant Valley Rd Ste 114
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(757) 495-7420

Hospital Affiliations:
Bon Secours St. Marys Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Killen, Joseph, MD
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Hospital Affiliations:
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Kingsbury, Michelle E., MD
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1020 Independence Blvd Ste 103
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Hospital Affiliations:
Sentara Princess Anne Hospital

Kubicki, Ted M., MD
Prov#: 40544
Sentara Family Medicine Physicians
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1024 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-2500

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Optima Direct Network Providers January 2019

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Primary Care Physicians - Tier 1

- Rose, Meredith B., MD
  - Prov#: 11364
  - Sentara Family Medicine Physicians
  - SMG
  - 5320 Providence Rd Ste 301
  - Virginia Beach, VA 23464
  - (757) 413-7600
  - Hospital Affiliations:
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

- Samaras, Thomas A., MD
  - Prov#: 12839
  - First Colonial Family Practice and Urgent Care
  - 1120 First Colonial Rd Ste 100
  - Virginia Beach, VA 23454
  - (757) 481-2333
  - Hospital Affiliations:
    - Sentara Virginia Beach General Hospital

- Sarino, Nelson C., MD
  - Prov#: 10131009
  - Bon Secours Town Center Medical Associates
  - 4421 Virginia Beach Blvd Suite 114
  - Virginia Beach, VA 23462
  - (757) 738-1300
  - Hospital Affiliations:
    - Sentara Princess Anne Hospital

- Singson, Florisa S., MD
  - Prov#: 14424
  - Parkway Family Practice
  - 4501 N Witchduck Rd Ste B
  - Virginia Beach, VA 23455
  - (757) 518-8810

- Smith, Jeffrey P., MD
  - Prov#: 10120536
  - Patient First - Holland Rd
  - 3432 Holland Road
  - Virginia Beach, VA 23452
  - (757) 486-1855
  - Hospital Affiliations:
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

- Stern, Kelly L., MD
  - Prov#: 60574
  - Patient First
  - 3432 Holland Rd
  - Virginia Beach, VA 23452
  - (757) 487-1855

- Sullivan, Karen A., MD
  - Prov#: 10035963
  - Sentara Family Medicine Physicians
  - 5320 Providence Rd Ste 301 & 101
  - Virginia Beach, VA 23464
  - (757) 413-7600

- Sun, Tommy, MD
  - Prov#: 31026
  - Sentara Family Medicine Physicians
  - 1950 Glenn Mitchell Dr Ste 300
  - Virginia Beach, VA 23456
  - (757) 507-0305

- Arstadt, Kimberly S., MD
  - Prov#: 20600
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Novant Health UVA Health System
    - Haymarket Medical Center
    - Novant Health UVA Health System Prince William Medical Center

- Assaf, Zina, MD
  - Prov#: 11062
  - Tidewater Physicians Multispeciality Group, PC (TPMG)
  - 1020 Independence Blvd Ste 111
  - Virginia Beach, VA 23455
  - (757) 301-7729

- Warrenton

- Arstadt, Kimberly S., MD
  - Prov#: 20600
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Novant Health UVA Health System
    - Haymarket Medical Center
    - Novant Health UVA Health System Prince William Medical Center

- Divan, Ashutosh B., MD
  - Prov#: 10064097
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Fauquier Hospital

- Evans, David C., MD
  - Prov#: 43337
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Fauquier Hospital

- Golub, Gregory, MD
  - Prov#: 560229
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Fauquier Hospital

- Hammonds, Victoria C, MD
  - Prov#: 10160242
  - NMG Affiliate Practice I, LLC
  - 480 Fletcher Drive Suite 3
  - Warrenton, VA 20186
  - (571) 284-1220
  - Hospital Affiliations:
    - Novant Health UVA Health System
    - Haymarket Medical Center
    - Novant Health UVA Health System Prince William Medical Center

- Arstadt, Kimberly S., MD
  - Prov#: 20600
  - Piedmont Family Practice, PLC
  - 493 Blackwell Rd Ste 202
  - Warrenton, VA 20186
  - (540) 347-4400
  - Hospital Affiliations:
    - Novant Health UVA Health System
    - Haymarket Medical Center
    - Novant Health UVA Health System Prince William Medical Center

- Assaf, Zina, MD
  - Prov#: 11062
  - Tidewater Physicians Multispeciality Group, PC (TPMG)
  - 1020 Independence Blvd Ste 111
  - Virginia Beach, VA 23455
  - (757) 301-7729

- Warrenton
Primary Care Physicians - Tier 1

Waynesboro

- **Heck, Christopher C., MD**
  - Pro#: 42548
  - Carilion Healthcare Corporation
  - 428 Magnolia Ave
  - Waynesboro, VA 22980
  - (540) 949-8241
  - Hospital Affiliations:
    - Augusta Medical Center

- **Lee, Donald W., MD**
  - Pro#: 42549
  - Carilion Healthcare Corporation
  - 428 Magnolia Ave
  - Waynesboro, VA 22980
  - (540) 949-8241
  - Hospital Affiliations:
    - Augusta Medical Center

- **Martinez, Anthony, MD**
  - Pro#: 10191271
  - Sentara Crozet Family Medicine
  - 15 Pratts Run Ste 104
  - Waynesboro, VA 22980
  - (540) 941-2400
  - Hospital Affiliations:
    - Sentara Martha Jefferson Hospital

- **Mix, William A., MD**
  - Pro#: 10172978
  - Sentara Palmyra Medical Associates
  - 15 Pratts Run Ste 104
  - Waynesboro, VA 22980
  - (540) 941-2400
  - Hospital Affiliations:
    - Sentara Martha Jefferson Hospital

- **Taylor, Robert P., MD**
  - Pro#: 10165152
  - Carilion Healthcare Corporation
  - 428 Magnolia Ave
  - Waynesboro, VA 22980
  - (540) 949-8241
  - Hospital Affiliations:
    - Carilion Stonewall Jackson Hospital

- **Wortley, George C., MD**
  - Pro#: 10194545
  - Carilion Healthcare Corporation
  - 428 Magnolia Ave
  - Waynesboro, VA 22980
  - (540) 949-8241
  - Hospital Affiliations:
    - Augusta Medical Center

West Point

- **Capps, P. Marlene, MD**
  - Pro#: 79753
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 405 15th Street
  - West Point, VA 23181
  - (804) 843-7234
  - 408 16th Street
  - West Point, VA 23181
  - (804) 843-3131

- **Carver, Donald D., MD**
  - Pro#: 56560
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 405 16th Street
  - West Point, VA 23181
  - (804) 843-3131

- **Cash, Lisa R., MD**
  - Pro#: 10019421
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 405 15th Street
  - West Point, VA 23181
  - (804) 873-7234
  - 408 16th Street
  - West Point, VA 23181
  - (804) 843-3131

- **Devries, Katherine, MD**
  - Pro#: 10054439
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 405 15th Street
  - West Point, VA 23181
  - (804) 873-7234
  - 408 16th Street
  - West Point, VA 23181
  - (804) 843-3131

Weyers Cave

- **Buckwalter, Victor Lee, MD**
  - Pro#: 10121918
  - Carilion Family Medicine - Weyers Cave
  - 1151 Keezletown Rd Ste 101
  - Weyers Cave, VA 23188
  - (540) 234-9241
  - 4125 Ironbound Road Ste 200
  - Williamsburg, VA 23188
  - (757) 564-8182

- **Weirich, Gordon D., MD**
  - Pro#: 28822
  - Carilion Family Medicine - Weyers Cave
  - 1151 Keezletown Rd Ste 101
  - Weyers Cave, VA 23188
  - (540) 234-9241
  - Hospital Affiliations:
    - Carilion Stonewall Jackson Hospital

- **Wortley, George C., MD**
  - Pro#: 10194545
  - Carilion Healthcare Corporation
  - 1151 Keezletown Rd Ste 101
  - Weyers Cave, VA 23188
  - (540) 234-9241
  - Hospital Affiliations:
    - Centre Lynchburg General Hospital
    - Centre Virginia Baptist Hospital

- **Young, Scott F., MD**
  - Pro#: 56313
  - Carilion Healthcare Corporation
  - 428 Magnolia Ave
  - Waynesboro, VA 22980
  - (540) 949-8241
  - Hospital Affiliations:
    - Augusta Medical Center

White Marsh

- **Conley, Christine, MD**
  - Pro#: 10054472
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 4844 George Washington Hwy Ste 8
  - Williamsburg, VA 23188
  - (804) 693-0042

Williamsburg

- **Blanchard, Jeffrey, MD**
  - Pro#: 10005460
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 132 Professional Circle
  - Williamsburg, VA 23185
  - (757) 707-3669

- **Boquist, Christopher, MD**
  - Pro#: 95765
  - Sentara Family Medicine Physicians - SMG
  - 4374 New Town Ave Ste 200
  - Williamsburg, VA 23188
  - (757) 220-2795

- **Burkey, Elizabeth, MD**
  - Pro#: 62877
  - Internal Medicine of Williamsburg, Inc.
  - 227 Mclaws Circle
  - Williamsburg, VA 23185
  - (757) 564-8182

- **Cicone, Christopher, MD**
  - Pro#: 56570
  - Colonial Family Medicine (TPMG)
  - 4125 Ironbound Road Ste 200
  - Williamsburg, VA 23188
  - (757) 345-2829

- **Feroze, Anna H., MD**
  - Pro#: 10135964
  - Sentara Family Medicine Physicians (SMG)
  - 400 Sentara Circle Suite 450
  - Williamsburg, VA 23188
  - (757) 345-4600

- **Hospital Affiliations:
  - Sentara Williamsburg Regional Medical Center

- **Fitzpatrick, Michael D., MD**
  - Pro#: 10037121
  - Sentara Family Medicine Physicians (SMG)
  - 400 Sentara Circle Suite 450
  - Williamsburg, VA 23188
  - (757) 345-4600

- **Hospital Affiliations:
  - Sentara Williamsburg Regional Medical Center

- **Hampton, Mary J., MD**
  - Pro#: 55908
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 7151 Richmond Rd Ste 405
  - Williamsburg, VA 23188
  - (757) 564-3700

- **Hoag, Thomas B., DO**
  - Pro#: 91942
  - Tidewater Physicians Multispecialty Group, PC (TPMG)
  - 5309 Discovery Park Boulevard
  - Williamsburg, VA 23188
  - (757) 645-9200

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Optima Direct Network Providers January 2019 78
Primary Care Physicians - Tier 1

5424 Discovery Park Blvd Ste 201
Williamsburg, VA 23188
(757) 345-2071

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Jaeger, Matthew J., MD
Pro#: 10191318
Dragonfly Enterprises LLC
5483 Mooretown Rd
Williamsburg, VA 23188
(757) 941-6400

Hospital Affiliations:
Rappahannock General Hospital
The Pavilion at Williamsburg Place

Javernick, Michael J., MD
Pro#: 10101177
Sentara Family Medicine Physicians (SMG)
4374 New Town Ave Ste 200
Williamsburg, VA 23188
(757) 345-4600

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Langer, Janice M, MD
Pro#: 10189113
Sentara Family Medicine Physicians (SMG)
4374 New Town Ave Ste 200
Williamsburg, VA 23188
(757) 220-2795

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Massengill, Christopher L., MD
Pro#: 93886
Sentara Family Medicine Physicians - SMG
4374 New Town Ave Ste 200
Williamsburg, VA 23188
(757) 220-2795

Mayer, Bruce M., MD
Pro#: 10005757
Bruce M. Mayer, MD PC
4622 Rochambeau Dr
Williamsburg, VA 23188
(757) 566-2045

McBeath, George R., MD
Pro#: 79647
Tidewater Physicians Multispecialty Group, PC (TPMG)
132 Professional Circle
Williamsburg, VA 23185
(757) 645-9200

McLean, Jennifer, MD
Pro#: 10050602
Tidewater Physicians Multispecialty Group, PC (TPMG)
4125 Ironbound Road Suite 200
Williamsburg, VA 23188
(757) 345-2829

McLaughlin, Glenn, DO
Pro#: 79663
Tidewater Physicians Multispecialty Group, PC (TPMG)
5309 Discovery Park Boulevard
Williamsburg, VA 23188
(757) 645-9200

5424 Discovery Park Blvd Ste 201
Williamsburg, VA 23188
(757) 345-2071

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Duck, Robert W., MD
Pro#: 79540
Valley Family Practice LLC
812 Amherst St Ste 101
Winchester, VA 22601
(540) 722-0220

Hospital Affiliations:
Winchester Medical Center

Eirich, Anna K., MD
Pro#: 10112177
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Evans, Frances, MD
Pro#: 31812
Berryville Family Practice
1824 West Plaza Drive
Winchester, VA 22601
(540) 723-6660

Hospital Affiliations:
Winchester Medical Center

Feit, Jeffrey, MD
Pro#: 10119250
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 450-3339

Hospital Affiliations:
Winchester Medical Center

Flack, David C., DO
Pro#: 10047232
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Houser, Patricia M., MD
Pro#: 25513
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

Judd-Flack, Jacqueline N., DO
Pro#: 10062348
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Kalbian, Vicken V., MD
Pro#: 66237
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 450-3339

Hospital Affiliations:
Winchester Medical Center

Lamas-Rodriguez, Candy, MD
Pro#: 10080234
Shenandoah Valley Medical System Inc
1330 Amherst Street
Winchester, VA 22601
(540) 722-2369

LaPlante, Maria, MD
Pro#: 10192293
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

Lawson, Laura, DO
Pro#: 10208886
Mission Functional Medicine PLLC
230 Costello Dr Suite 210
Winchester, VA 22602
(540) 247-8476

Hospital Affiliations:
Novant Health UVA Health System
Prince Williams Medical Center
Warren Memorial Hospital, Inc.
Winchester Medical Center

Luong, Linda L., MD
Pro#: 9010937
Orchard Family Medicine, Inc.
440 West Jubal Early Dr Ste 240
Winchester, VA 22601
(540) 450-2706

Maclaus, Elaine C., MD
Pro#: 36996
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

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Winchester

Appiah, Victor, MD
Pro#: 54120
Family Medicine, Inc.
500 West Jubal Early Dr Ste 120
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

Bender, William J., MD
Pro#: 44286
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 667-8724

Hospital Affiliations:
Winchester Medical Center

Byrd, Jessica P., MD
Pro#: 60561
Apple Blossom Family Practice
2913 Valley Ave Ste 200
Winchester, VA 22601
(540) 678-0792

Hospital Affiliations:
Winchester Medical Center

Lawson, Laura, DO
Pro#: 10208886
Mission Functional Medicine PLLC
230 Costello Dr Suite 210
Winchester, VA 22602
(540) 247-8476

Hospital Affiliations:
Novant Health UVA Health System
Prince Williams Medical Center
Warren Memorial Hospital, Inc.
Winchester Medical Center

Luong, Linda L., MD
Pro#: 9010937
Orchard Family Medicine, Inc.
440 West Jubal Early Dr Ste 240
Winchester, VA 22601
(540) 450-2706

Maclaus, Elaine C., MD
Pro#: 36996
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800

Hospital Affiliations:
Winchester Medical Center

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OptimaHealth
Primary Care Physicians - Tier 1

Miller, Stacy Michelle, MD  
Prov#: 10125892  
Shenandoah Valley Medical System Inc.  
1330 Amherst Street  
Winchester, VA 22601  
(540) 722-2369

Ogbonolowo, Olufunmilola, MD  
Prov#: 10207910  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400

Omundsen, Beth A., MD  
Prov#: 10121902  
Shenandoah Community Health Center  
525 Amherst Street Suite 104  
Winchester, VA 22601  
(540) 722-2369

Omundsen, Beth A., MD  
Prov#: 10125892  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400

Omundsen, Beth A., MD  
Prov#: 10121902  
Shenandoah Community Health Center  
525 Amherst Street Suite 104  
Winchester, VA 22601  
(540) 722-2369

Qazi, Lina N., DO  
Prov#: 10154552  
Selma Medical Associates Inc  
104 Selma Dr  
Winchester, VA 22601  
(540) 678-2800

Subedi, Rajesh, MD  
Prov#: 10099887  
Shenandoah Medical Associates  
324 West Boscowen Street  
Winchester, VA 22601  
(540) 504-7381

Ticknor, Arthur, MD  
Prov#: 10182846  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400

Tran, Jordan Le, MD  
Prov#: 10182846  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400

Trienta, M. V., MD  
Prov#: 10175225  
Valley Health Winchester Family Practice  
1440 Amherst Street  
Winchester, VA 22601  
(540) 536-5400

Williams, Megan L., DO  
Prov#: 10079501  
Amherst Family Practice, PC  
1867 Amherst Street  
Winchester, VA 22601  
(540) 667-8724

Womeldorf, Susan M., MD  
Prov#: 10121902  
Shenandoah Community Health Center  
525 Amherst Street Suite 104  
Winchester, VA 22601  
(540) 722-2369

Zawistowski, Kimberly J., MD  
Prov#: 10154552  
Selma Medical Associates Inc  
104 Selma Dr  
Winchester, VA 22601  
(540) 678-2800

DeRosa, Gary A., MD  
Prov#: 10072914  
NMG Affiliate Practice I, LLC  
12701 Marblestone Dr Ste 130  
Woodbridge, VA 22192  
(571) 284-4350

Fartash, Sima, MD  
Prov#: 10109529  
Woodbridge Internal Medicine, PC  
2200 Opitz Blvd Suite B  
Woodbridge, VA 22192  
(703) 910-7390

Horton-Thompson, Camille, MD  
Prov#: 10189625  
Greater Prince William Community Health Center  
4379 Ridgewood Center Drive Suite 102  
Woodbridge, VA 22192  
(703) 680-7950

Latimer, Robert A., MD  
Prov#: 10081516  
NMG Affiliate Practice I, LLC  
12701 Marblestone Dr Ste 130  
Woodbridge, VA 22192  
(571) 284-4350

Mohboob, Syed, MD  
Prov#: 10151374  
Greater Prince William Community Health Center  
4379 Ridgewood Center Drive Suite 102  
Woodbridge, VA 22192  
(703) 680-7950

Medimpu, Aruna, MD  
Prov#: 10160630  
Headly Medical Care  
13168 Centerpointe Way  
Woodbridge, VA 22193  
(703) 730-2000

Mendel, Peter, MD  
Prov#: 10082428  
Family Medicine of Lake Ridge  
3401 Commission Ct Ste 201  
Woodbridge, VA 22192  
(703) 490-6265

Min, James B., MD  
Prov#: 10120776  
NMG Affiliate Practice I, LLC  
12701 Marblestone Dr Ste 130  
Woodbridge, VA 22192  
(571) 284-4350

Windsor

Bourhill, Eric C., MD  
Prov#: 10086527  
Burnt Chimney Family Medicine, PC  
6675 Booker T Washington Highway  
Wirtz, VA 24184  
(540) 721-2118

Biragoni, Soujanya, MD  
Prov#: 10134593  
NMG Affiliate Practice I, LLC  
12701 Marblestone Dr Ste 130  
Woodbridge, VA 22192  
(571) 284-4350

Bommusani, Reena, MD  
Prov#: 10082447  
Hoadly Medical Care  
15168 Centerpointe Way Suite 101  
Woodbridge, VA 22193  
(703) 730-2000

Burnt Chimney Family Medicine, PC  
6675 Booker T Washington Highway  
Wirtz, VA 24184  
(540) 721-2118

Woodbridge

Chambers, Joseph F., MD  
Prov#: 10176295  
NMG Affiliate Practice I, LLC  
12701 Marblestone Dr Ste 130  
Woodbridge, VA 22192  
(571) 284-4350

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Novant Health UVA Health System  
Prince William Medical Center

Novant Health UVA Health System  
Prince William Medical Center

Novant Health UVA Health System  
Prince William Medical Center

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Prince William Medical Center

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Prince William Medical Center

Novant Health UVA Health System  
Prince William Medical Center

Novant Health UVA Health System  
Prince William Medical Center

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OptimaHealth
Primary Care Physicians - Tier 1

Mohiuddin, Rashid Ahmed, MD
Provs#: 10051347
Greater Prince William Community Health Center
4379 Ridgewood Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

Parker III, Frederick W, MD
Provs#: 10108910
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Milan, DO
Provs#: 10067119
Senthil Family Medicine Physicians (SMG)
1936 Optiz Blvd Ste A
Woodbridge, VA 22191
(703) 491-7744
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Trupti B, MD
Provs#: 10090660
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Perez, Michael D, MD
Provs#: 10075198
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ratchford, Francis X, MD
Provs#: 10074047
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ross, Scott A, MD
Provs#: 10081372
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Shah, Tejas J, MD
Provs#: 10021195
NORTH VIRGINIA FAMILY PRACTICE, PC
4331 Ridgewood Center Drive
Woodbridge, VA 22192
(703) 580-0124

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Shirsolkar, Pradnya P, MD
Provs#: 10176301
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Weinstein, Raymond, MD
Provs#: 10120887
Doctors Express
4167 Merchant Plaza
Woodbridge, VA 22192
(703) 878-8800

West, Stephanie N, MD
Provs#: 10176516
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Wierzbiicki, John, DO
Provs#: 10103980
Family Medicine of Lake Ridge
3401 Commission Ct Ste 201
Woodbridge, VA 22192
(703) 490-6265

Williams, Raenell C, MD
Provs#: 10102539
Sentara Family Medicine Physicians (SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Woodstock

Hoffman, John, MD
Provs#: 45307
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Virginia Baptist Hospital

MacLeod, Scott, MD
Provs#: 59252
Highlander Family Medicine, PLLC
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-2277

Stone III, James B, MD
Provs#: 10024179
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(703) 228-8866

Hospital Affiliations:
Carilion Family Medicine
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8866

Methvin, Claudia H, MD
Provs#: 56421
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-7759

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Spriggs, Tamarra Denise, MD
Provs#: 10080582
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

War Memorial Hospital Inc

Dove, Scotty, DO
Provs#: 10052680
Wythe County Physician Practices, LLC
1 Maroon Way
Wytheville, VA 24382
(703) 222-0460

Hospital Affiliations:
Wythe County Community Hospital

Griffin, Susan R, MD
Provs#: 10060127
Forest Family Care
1785 West Lee Highway
Wytheville, VA 24382
(703) 228-6499

Hospital Affiliations:
Wythe County Community Hospital

Grube, Richard D, MD
Provs#: 91663
Carilion Healthcare Corporation
1375 W Ridge Rd
Wytheville, VA 24382
(703) 228-8866

Hospital Affiliations:
Carilion Giles Community Hospital

Harkess, John M, DO
Provs#: 10054586
Family Healthcare of Wytheville PC
1040 Holston Rd
Wytheville, VA 24382
(703) 227-0200

Hospital Affiliations:
Wythe County Community Hospital

Mosier, Gabriel L, MD
Provs#: 10191381
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(703) 228-8866

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Zion Crossroads

Hawkins, Andrew R, MD
Provs#: 10113382
Sentara Spring Creek Family Medicine
29 Jefferson Court
Zion Crossroads, VA 22942
(703) 654-8000

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Yorktown

Bryant, John P, MD
Provs#: 51046
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Guam, Yu, MD
Provs#: 10067163
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Harris, Jeffrey B, DO
Provs#: 10168044
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Lindemann, Carl J, MD
Provs#: 43013
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Raines, Timothy L, MD
Provs#: 51127
Virginia Family Practice
3212 Hampton Hwy Ste B
Yorktown, VA 23693
(757) 867-6160

Hospital Affiliations:
Sentara CarePlex Hospital
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<td>Damon</td>
<td>Parker, David G., DO</td>
<td>(276) 646-8911</td>
<td>940 E Lee Hwy</td>
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<td>Ortiz, Vicente, MD</td>
<td>(276) 944-3999</td>
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Optima Direct Network Providers January 2019 82
Primary Care Physicians - Tier 1

Smith, Juanita L., MD
Provision #: 10189781
Ebens Medical Group
825 Fairfax Ave Ste 201
Norfolk, VA 23507
(757) 446-7040
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Keating, Senaida, MD
Provision #: 10125871
Carilion Medical Center
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653
Hospital Affiliations: Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tausswell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Rocky Mount
Unwin, Brian K., MD
Provision #: 10113665
Carilion Medical Center
720 Orchard Ave
Rocky Mount, VA 24151
(540) 489-3467
Hospital Affiliations: Carilion Roanoke Memorial Hospital

Shenandoah
Mashaw, Arsheeya, MD
Provision #: 10048215
Page Shenandoah Health Center
516 B First St
Shenandoah, VA 22849
(540) 652-1207
Hospital Affiliations: Page Memorial Hospital Inc

Virginia Beach
Furman, Stanley N., MD
Provision #: 10179037
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300
Hospital Affiliations: Bon Secours St. Mary's Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Winchester
Barch, Cyril A., MD
Provision #: 10009096
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1E
Winchester, VA 22601
(540) 678-2800
Hospital Affiliations: Winchester Medical Center

Optima Direct Network Providers January 2019

83
### Primary Care Physicians - Tier 1

**Alexandria**

- **Anbessie, Tedda, MD**
  - Prov#: 10124609
  - Blue Nile Medical Center
  - 85 South Bragg Street Suite 100
  - Alexandria, VA 22312
  - (703) 845-0700
  - Hospital Affiliations: Mary Washington Hospital (MWH)

- **Gebreyesus, Yared A., MD**
  - Prov#: 10124872
  - Blue Nile Medical Center
  - 85 South Bragg Street Suite 100
  - Alexandria, VA 22312
  - (703) 845-0700
  - Hospital Affiliations: Mary Washington Hospital (MWH)

- **Hong, Sam, MD**
  - Prov#: 10208325
  - Legacy Care, LLC
  - 4800 Fillmore Ave
  - Alexandria, VA 22311
  - (703) 824-1003

- **Mitchell, Michael David, MD**
  - Prov#: 10049178
  - Freedman, Mitchell, Whittaker and Wu
  - 4660 Kenmore Avenue Suite 1210
  - Alexandria, VA 22304
  - (703) 461-0700
  - Hospital Affiliations: Inova Alexandria Hospital

- **Wu, Wayne, MD**
  - Prov#: 10054592
  - Freedman, Mitchell, Whittaker and Wu
  - 4660 Kenmore Avenue Suite 1210
  - Alexandria, VA 22304
  - (703) 461-0700
  - Hospital Affiliations: Inova Alexandria Hospital

**Arlington**

- **Khan, Basim, MD**
  - Prov#: 10082346
  - Neighborhood Health
  - 2445 Army Navy Drive 3rd Floor
  - Arlington, VA 22206
  - (703) 535-5568
  - Hospital Affiliations: Sentara Northern Virginia Medical Center

**Ashburn**

- **Idrees, Irfan, MD**
  - Prov#: 10081800
  - Virginia Med Center And Urgent Care
  - 21785 Filligree Court
  - Ashburn, VA 20147
  - (540) 338-0177
  - Hospital Affiliations: UVA Culpeper Hospital

- **Veerapalli, Venkateswar, MD**
  - Prov#: 10110941
  - Culpeper Walk In Clinic
  - 21001 Sycolin Road Unit 180
  - Ashburn, VA 20147
  - (540) 419-5751
  - Hospital Affiliations: Augusta Medical Center

**Aylett**

- **Clay, Denise, MD**
  - Prov#: 10204400
  - Bland County Medical Clinic, Inc.
  - (CCNV)
  - 11814 King William Road
  - Aylett, VA 23009
  - (804) 769-3022
  - Hospital Affiliations: University of Virginia Medical Center

**Bastian**

- **Buchanan, Brian D., MD**
  - Prov#: 91584
  - BRIAN D. BUCHANAN MD, INC.
  - 1710 Whifield Dr
  - Bedford, VA 24523
  - (540) 856-8889
  - Hospital Affiliations: Bedford Memorial Hospital

**Bedford**

- **Negro, Darlene, DO**
  - Prov#: 45312
  - Bedford Medical, Inc.
  - 171 W Main St
  - Bedford, VA 24523
  - (540) 586-7273
  - Hospital Affiliations: Bedford Memorial Hospital
Primary Care Physicians - Tier 1

Shah, Mikesh C., MD
Prov#: 10024858
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
1613 Oakwood Street
Bedford, VA 24523
(540) 586-2441

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Sydnor, III, Walton Kirkham, MD
Prov#: 10176737
Centra Medical Group, LLC
1613 Oakwood Street
Bedford, VA 24523
(540) 587-7855

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Beato, Gregory C., DO
Prov#: 10076441
Internal Medicine of Blacksburg
810 Hospital Drive
Blacksburg, VA 24060
(540) 951-3311

Hospital Affiliations:
Internal Medicine of Blacksburg

Jamison, Thomas Scott, MD
Prov#: 10076441
Christiansburg Internal Medicine, LLC
1715 Pratt Drive Suite 1100
Blacksburg, VA 24060
(540) 443-3980

Hospital Affiliations:
Christiansburg Internal Medicine

Jordan, Christine D., MD
Prov#: 10022467
Internal Medicine of Blacksburg, LLC
3698 South Main Street
Blacksburg, VA 24060
(540) 951-6070

Hospital Affiliations:
Internal Medicine of Blacksburg

Solomon, Robert, MD
Prov#: 10013521
Internal Medicine of Blacksburg, LLC
3698 South Main Street
Blacksburg, VA 24060
(540) 951-6070

Blacksburg

Bowling Green

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
102 West Broadus Avenue Ste 200
Bowling Green, VA 22427
(804) 632-1030

Hospital Affiliations:
University of Virginia Medical Center

Bristol

Moore, Brandon K., DO
Prov#: 10172613
Integrated Health Transitions PLLC
245 N ST
Bristol, VA 24201
(276) 669-4711

Hospital Affiliations:
Indian Path Community Hospital Johnson City Medical Center Johnson Memorial Hospital

Buckhannon, Ralph, MD
Prov#: 10013521
Internal Medicine of Blacksburg, LLC
3698 South Main Street
Blacksburg, VA 24060
(540) 951-6070

Hospital Affiliations:
Indian Path Community Hospital Johnson City Medical Center

Broadway

Flores-Perez, Iheus S., MD
Prov#: 10207065
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 901-0800

Hospital Affiliations:
Sentara RMH Medical Center

Koch, Adrienne J., DO
Prov#: 10150460
Sentara RMH Medical Group, LLC
13892 Timber Way
Broadway, VA 22815
(540) 564-5622

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery
Sentara RMH Medical Center

Brooke

Cure, James D., MD
Prov#: 1003934
Lynchburg Internal Medicine
104 Carolina Avenue
Brooke, VA 24528
(434) 376-2325

633 Cook Ave
Brooke, VA 24528
(804) 376-3177

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Buena Vista

Caladrey, Ralph Dunham, MD
Prov#: 10136554
Carilion Healthcare Corporation
2252 Magnolia Avenue
Buena Vista, VA 24416
(540) 261-7421

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Castlewood

Yousuf, Samina, MD
Prov#: 10087518
Samina Yousuf MD PC
17988 Highway 58
Castlewood, VA 24224
(276) 762-7600

Chantilly

Khan, Monsurul, MD
Prov#: 10202755
Patient First - Chantilly
3918 Centreville Road
Chantilly, VA 20151
(703) 657-6925

Hospital Affiliations:
VCU Health System/VCV

Quidiwa, Asima, MD
Prov#: 10119198
Patient First - Sterling
3918 Centreville Road
Chantilly, VA 20151
(703) 657-6925

Hospital Affiliations:
VCU Health System/VCV

Charles City

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
165 Legrande Ave
Charlotte Court House, VA 23923
(434) 542-5560

Hospital Affiliations:
University of Virginia Medical Center

Charlotte Court House

Charlotteville

Alexander, Jeffrey David, MD
Prov#: 10150395
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Ste 201
Charlottesville, VA 22903
(434) 654-4550

435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Asao-Ragosta, Kiyoko, MD
Prov#: 45365
Charlottesville Family Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive Ste 1
Charlottesville, VA 22902
(434) 973-1831

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
950 Courthouse Road
Charlottesville, VA 22903
(804) 829-6600

Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers January 2019

Optima Health
Primary Care Physicians - Tier 1

Brantley, Richard K, MD
Provd: 74937
Fox and Brantley Internal Medicine, PLC, a Division of Anchor Hea
916 E High Street Suite 1
Charlottesville, VA 22902
(434) 244-5684

Chesler, David L., MD
Provd: 45366
Charlottesville Family Medicine
1200 Five Springs Rd
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831

Clemens, Bruce D., MD
Provd: 75136
310 Old Ivy Way Suite 201
Charlottesville, VA 22903
(434) 975-1267
435 Merchant Walk Square Suite
400
Charlottesville, VA 22902
(434) 654-1800

Fischer, Renee D., MD
Provd: 18045
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944

Fox, William E., MD
Provd: 73637
Fox and Brantley Internal Medicine, PLC, a Division of Anchor Hea
916 E High Street Suite 1
Charlottesville, VA 22902
(434) 979-2944

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Friesen, Lindsay, MD
Provd: 1005072
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Suite 201
Charlottesville, VA 22903
(434) 244-4550

Hospital Affiliations:
University of Virginia Medical Center

Garmon, Blake R., MD
Provd: 10175945
Sentara Martha Jefferson Internal Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Henderson, Deborah M., MD
Provd: 10098654
Fox and Brantley Internal Medicine, PLC, a Division of Anchor Hea
916 E High Street Suite 1
Charlottesville, VA 22902
(434) 979-2944

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Isaacs, Ross B., MD
Provd: 10209299
Downtown Family Health Care
310 Avon Street Suite 9
Charlottesville, VA 22902
(434) 817-1818

Lowdon, J. Devon, MD
Provd: 44086
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944

Mehaffey, Rachel Lillian, MD
Provd: 10169543
Sentara Martha Jefferson Internal Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800
590 Peter Jefferson Parkway
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Meth, Sharon L., MD
Provd: 10080566
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Ste 201
Charlottesville, VA 22903
(434) 654-4550
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Niehaus, Mark D., MD
Provd: 70667
Albemarle Family Care
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Patrizio, Michael, MD
Provd: 10171398
Charlottesville Family Medicine
1200 Five Springs Rd S-1
Charlottesville, VA 22902
(434) 973-1831
3025 Berkmar Drive Ste 1
Charlottesville, VA 22901
(434) 973-1831

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Santulli, Michael E., MD
Provd: 45370
Michael E. Santulli, MD, Inc
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Starr, Karen L., MD
Provd: 45452
Sentara Martha Jefferson Internal Medicine
590 Peter Jefferson Parkway Ste 100
Charlottesville, VA 22911
(434) 654-8930

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Tatar, Steven A., MD
Provd: 44087
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Tompkins, III, William F., MD
Provd: 47638
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Suite 201
Charlottesville, VA 22903
(434) 975-1267

Hospital Affiliations:
Sentara Princess Anne Hospital

Cheriton

Akkina, Naveen, MD
Provd: 10083190
Bayview Physician Services, PC
713 Volvo Pkwy Ste 101
Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Beverly, Vernis, MD
Provd: 59800
Adult and Pediatric Medical Associates, PC
3800 Poplar Hill Rd Suite A
Chesapeake, VA 23321
(757) 484-2001

Hospital Affiliations:
Chesapeake Regional Medical Center

Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Carideo, Louis N., MD
Provd: 10004267
Louis N. Carideo, MD, Inc
808 Battlefield Blvd S
Chesapeake, VA 23322
(757) 482-4721

Hospital Affiliations:
Chesapeake Regional Medical Center

Chesapeake

Dhawan, Vandanaa, MD
Provd: 10012122
Bayview Physician Services, PC
713 Volvo Pkwy Ste 101
Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Optima Direct Network Providers January 2019

OptimaHealth
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<td>Zattam Musselmani, MD 1422 Poindexter St Chesapeake, VA 23324 (757) 543-3557</td>
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<td>Obeng, Paa-Kofi B., DO</td>
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<td>Nansemond Suffolk Family Practice 4041 Taylor Road Ste G Chesapeake, VA 23321 (757) 484-5828</td>
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<td>Smith-Griffin, Kimberly A., MD</td>
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Optima Direct Network Providers January 2019 87
Primary Care Physicians - Tier 1

**Colonial Beach**

Farkhani, Hasan, MD
Pro#: 10027468
East Coast Physicians PC
525B Euclid Avenue
Colonial Beach, VA 22443
(804) 524-7890

Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Chippenham Medical Center
- Bon Secours St. Mary's Hospital
- NorVa's Hospital

**Colonial Heights**

Ahmed, Irshad, MD
Pro#: 50980
Colonial Medcare PC
2801 Boulevard Ste B
Colonial Heights, VA 23834
(804) 520-1110

Hospital Affiliations:
- Southside Regional Medical Center

Armstrong, Brent, MD
Pro#: 10027373
Appomattox River Medical LLC
3512 Boulevard
Colonial Heights, VA 23834
(804) 520-1110

Hospital Affiliations:
- John Randolph Medical Center

Bush, James, MD
Pro#: 10028734
Appomattox River Medical LLC
3512 Boulevard
Colonial Heights, VA 23834
(804) 520-1110

Hospital Affiliations:
- John Randolph Medical Center

**Culpeper**

Herrera, Jolanta A., MD
Pro#: 92597
Jolanta A. Herrera, MD
326A Boulevard
Colonial Heights, VA 23834
(804) 526-7990

Hospital Affiliations:
- Southside Regional Medical Center

Jenkins, Elizabeth M., MD
Pro#: 69522
1260 Temple Avenue
Colonial Heights, VA 23834
(804) 518-2597

Hospital Affiliations:
- John Randolph Medical Center

Magem, Albert, MD
Pro#: 68168
Appomattox River Medical LLC
3512 Boulevard
Colonial Heights, VA 23834
(804) 520-1110

Hospital Affiliations:
- John Randolph Medical Center

Pathumana, Kochurani C., MD
Pro#: 44139
Kochurani Pathumana, MD
215 Temple Ave
Colonial Heights, VA 23834
(804) 526-8640

**Ayensu, Thelma, MD**

Pro#: 10176272
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center
- NorVa's Hospital

Jenkins, Elizabeth M., MD
Pro#: 69522
1260 Temple Avenue
Colonial Heights, VA 23834
(804) 518-2597

Hospital Affiliations:
- Southside Regional Medical Center

**Pyles, Terrance L., MD**

Pro#: 10176210
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- Spotsylvania Regional Medical Center
- UVA Culpeper Hospital

Quaye, Roland, MD
Pro#: 10176308
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- LewisGale Regional Medical Center
- Riverside Regional Hospital

Shibeski, Woldecherkos A., MD
Pro#: 10176298
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- UVA Culpeper Hospital

Tufma, Mounika, MD
Pro#: 10176352
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- Allegheny Regional Hospital
- LewisGale Regional Medical Center

Turi, Werksew T., MD
Pro#: 10176362
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Optima Direct Network Providers January 2019 89
Primary Care Physicians - Tier 1

Veerapalli, Venkateswar, MD
Prov#: 10110941
Culpeper Walk In Clinic
451 James Madison Highway Suite 104
Culpeper, VA 22701
(540) 572-8880
Hospital Affiliations:
Augusta Medical Center
Greenbrier Valley Medical Center

Verma, Sagar, MD
Prov#: 10176503
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292
Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Whittle-Bradford, Rhonda G., MD
Prov#: 10176508
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292
Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Darwin, Danville

Desai, Balaji, MD
Prov#: 10080146
Southside Internal Medicine
(Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041
125 Executive Drive Suite J
Danville, VA 24541
(434) 797-2828
Hospital Affiliations:
SOVAH Health - Danville

Falgui, Vicente T., MD
Prov#: 46155
Dep't Medical Inc (Internal Medicine)
900 Main Street Suite 204
Danville, VA 24541
(434) 791-4648
Hospital Affiliations:
SOVAH Health - Danville

Jannach, Stephan H., MD
Prov#: 10178871
Spectrum Medical Inc (Internal Medicine)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 793-4711
Hospital Affiliations:
SOVAH Health - Danville

Jaswani, Sanjay Madhuker, MD
Prov#: 10080246
Southside Internal Medicine
(Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041
404 Airport Dr Suite A
Danville, VA 24541
(434) 791-2612
Hospital Affiliations:
SOVAH Health - Danville

Singh, Sukhwinder, DO
Prov#: 10163031
GoDoc
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876
Vasireddy, Sabitha, MD
Prov#: 10012380
Danville Patient Care INC
1955 Memorial Dr
Danville, VA 24541
(434) 799-2055
Vasireddy, Venugopal Kiran, MD
Prov#: 10012381
Danville Patient Care INC
1955 Memorial Dr
Danville, VA 24541
(434) 799-2055
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

Muller, Richard A., MD
Prov#: 10052003
Sentara Buckingham Family Medicine
65 Brickyard Road
Dillwyn, VA 23936
(434) 983-2722
Hospital Affiliations:
Sentara Martha Jefferson Hospital

D’Amico, Paul J., MD
Prov#: 10072301
Pulaski Internal Medicine, PC
4550 Lee Highway Ste B
Dillwyn, VA 24541
(540) 674-4914
Osemboor, Ekhiikoya O., MD
Prov#: 10159994
River Valley Healthcare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations:
Columbia Pulaski Community Hospital

Stewart, Kootresha F, MD
Prov#: 10158310
River Valley Healthcare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500
Hospital Affiliations:
Columbia Pulaski Community Hospital

Dillwyn

Elkton

Flores-Perez, Iehsus S., MD
Prov#: 10207065
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100
Hospital Affiliations:
Sentara RMH Medical Center

Emporia

Marcelin, Fitzgerald, MD
Prov#: 10069304
Emporia Greensville Medical Center
510 N Main Street
Emporia, VA 23847
(434) 634-7723
Hospital Affiliations:
Potomac Valley Hospital
Southampton Memorial Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Emporia

Williams, Maryanne D., MD
Prov#: 459790
Southern Albermarle Family Practice
CVHS (CCNV)
(540) 286-3602
Hospital Affiliations:
University of Virginia Medical Center

Esmond

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVHS)(CCNV)
108 Holbrook St Ste 101
Danville, VA 24541
(434) 791-4122
Hospital Affiliations:
University of Virginia Medical Center

Brotherton, Timothy, MD
Prov#: 13816
Danville Hematology & Oncology
125 Executive Dr Ste J
Danville, VA 24541
(434) 793-0044
Hospital Affiliations:
University of Virginia Medical Center

Caplan, Michael A., MD
Prov#: 10147219
Piedmont Internal Medicine
(Danville Physician)
125 Executive Drive Ste H
Danville, VA 24541
(434) 791-1345
Hospital Affiliations:
SOVAH Health - Danville

Desai, Narendra, MD
Prov#: 10187690
AFFORDABLE PRIMARY CARE, LLC
10721 Main Street Suite 2450
Fairfax, VA 22030
(703) 946-5000
Hospital Affiliations:
Inova Alexandria Hospital

Dinah, Tao, DO
Prov#: 10198988
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876
Hospital Affiliations:
Allergy and Asthma Specialists of Greater Washington (IM)
3700 Joseph Siewick
Fairfax, VA 22033
(703) 648-0015

Fairfax

Elkton

Dillwyn

Dublin

Optima Direct Network Providers January 2019 90
Primary Care Physicians - Tier 1

Falls Church

Burris II, Alfred C., MD
Pro#: 10176288
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Prince William Medical Center

Escano, Michael G., MD
Pro#: 10176718
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Farmville

Bal, Bikram, MD
Pro#: 10098508
Centra Medical Group, LLC
800 Oak Street
Farmville, VA 23901
(434) 315-2998

Hospital Affiliations:
- University of Virginia Medical Center

Bashore, Randall T., MD
Pro#: 45970
Central Virginia Community Health Center (CVH)(CCNV)
833 Buffalo Street Suite 200
Farmville, VA 23901
(434) 392-8177

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Jafir, Ahsan Q., DO
Pro#: 10176241
NMG Affiliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Khan, Mubarak, MD
Pro#: 30710
Advanced Internal Medicine Inc.
3650 Joseph Siewick Dr
Fairfax, VA 22033
(703) 620-6221

Mazhari, Ramin, MD
Pro#: 10201775
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Munis, Raiqa, MD
Pro#: 64646
RAIQA Munis MD PC
10803 Main Street Suite 800
Fairfax, VA 22030
(703) 277-3346

Hospital Affiliations:
- Reston Hospital Center

Sonde, Mehru M., MD
Pro#: 10190121
Vein Clinics of America
11350 Random Hills Rd Ste 440
Fairfax, VA 22030
(703) 586-4488

Hospital Affiliations:
- Fauquier Hospital

Hayes, Shawn, MD
Pro#: 10135143
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2850

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Kalafian, Michael J., MD
Pro#: 10034927
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2850

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Lewis, Danielle S., MD
Pro#: 10024330
Lynchburg Internal Medicine
1705 East Third Street
Farmville, VA 23901
(434) 315-2828

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Murray, Thomas Bradley, MD
Pro#: 10152695
Onley Community Health Center (CCNV)
9159 Franktown Road
Franklin, VA 23354
(757) 562-4196

Hospital Affiliations:
- South Hampton Memorial Hospital

Miller, Theresa L., MD
Pro#: 41819
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

Hospital Affiliations:
- Augusta Medical Center

Name Not Available

Paszkowiak, Barbara, MD
Pro#: 10013513
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

Hospital Affiliations:
- Augusta Medical Center

Snodgrass, Shelley L., MD
Pro#: 1013151
Augusta Health Internal Medicine
Fisherville
53 S Medical Park Drive
Fishersville, VA 22939
(540) 932-5687

Hospital Affiliations:
- Augusta Medical Center

Franklin

Abu-Abi, Michael S., MD
Pro#: 55524
Bayview Physician Services, PC
1301 Armory Drive
Franklin, VA 23851
(757) 562-0085

Hospital Affiliations:
- Sentara Obici Hospital

Edwards, Alan W., MD
Pro#: 62003
Alan W. Edwards, MD, PC
118 Fairview Dr Ste 101
Franklin, VA 23851
(757) 562-4196

Hospital Affiliations:
- Augusta Medical Center

Franktown

Guedes De Morais, Amanda, MD
Pro#: 1019274
Augusta Health Internal Medicine
Fisherville
22 North Medical Park Drive
Fishersville, VA 22939
(540) 213-2630

Hospital Affiliations:
- Augusta Medical Center

Meadows, Alan W., MD
Pro#: 43917
Atlantic Community Health Center (ESRHS) (CCNV)
9159 Franktown Road
Franklin, VA 23354
(757) 442-4819

Hospital Affiliations:
- Riverside Shore Memorial Hospital
Primary Care Physicians - Tier 1

Rhinehart, Kenneth Bernard, MD
Pro#: 10176460
NMG Affiliate Practice I, LLC
813 West Stuart Dr
Galax, VA 24333
(276) 238-3318

Glen Allen

Aggarwal, Arpita, MD
Pro#: 10134184
Family Physicians of Ridgefield
5360 Twin Hickory Road
Glen Allen, VA 23059
(804) 346-3200
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV

Childress, Clarence G., MD
Pro#: 10097946
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 893-8627
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Galeski III, Joseph S., MD
Pro#: 65722
Innsbrook Family Medicine
4000 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Haithcock, Roderick E., MD
Pro#: 10148951
Bon Secours Sports Medicine & Primary Care
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnson-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary’s Hospital

Karim, Khalid, MD
Pro#: 10016431
Bon Secours Senior Care Services
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627
Hospital Affiliations:
Bon Secours St. Mary's Hospital

Khan, Taher Hassan, MD
Pro#: 10139954
Bon Secours Senior Care Services
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Chippenham Medical Center/Johnson-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
VCU Health System/MCV

Lothe, Anand P., MD
Pro#: 22234
Innsbrook Family Medicine
4000 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Popevich, Stephen J., MD
Pro#: 10164012
The Daily Planet Inc
10299 Woodman Road
Glen Allen, VA 23060
(804) 727-8134
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Stewart, Jacqueline, MD
Pro#: 10128179
Crossridge Pediatrics and Internal Medicine
10150 Staples Mill Road Suite C
Glen Allen, VA 23060
(804) 755-7581

Vrangian, Neshan Michael, MD
Pro#: 30802
Virginia Physicians, Inc.
4000 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnson-Willis Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Powers, William T., MD
Pro#: 10107596
Buchanan Health Center Inc
1532 Slate Creek Road Ste 101
Grundy, VA 24614
(276) 935-2080
Hospital Affiliations:
Buchanan General Hospital

Brown III, William E., MD
Pro#: 10123400
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Hartford Road
Hampton, VA 23666
(757) 826-2102
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Chinnery, Lind W., MD
Pro#: 10111988
Divine Health Care, LLC
2100 Executive Drive Suite B
Hampton, VA 23666
(757) 826-1600
Hospital Affiliations:
Sentara CarePlex Hospital

Delahousaye, Aladee R., MD
Pro#: 10017343
Southeastern Virginia Health System
400 Medical Drive
Hampton, VA 23666
(757) 788-0400
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Franklin, William A., MD
Pro#: 57019
William Franklin, MD
2110 Hartford Rd Ste A
Hampton, VA 23666
(757) 262-1520
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Pelayo, Christopher S., DO
Pro#: 10200583
Buchanan Health Care, LLC
1532 Slate Creek Rd Ste 106
Grundy, VA 24614
(276) 935-1760
Hospital Affiliations:
Bedford Family Medicine

Smyth County Community Hospital

Hampton

Sentara CarePlex Hospital

Sentara CarePlex Hospital

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Johnson, Sandra S., MD
Prov#: 52001
Sentara Family Medicine
Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Younger, Sarah Ann, MD
Prov#: 20450
Tidewater Physicians Multispecialty Group, PC (TPMFG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Hardy
Irby, Susan K., MD
Prov#: 1004574
Carilion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Harrisonburg
Day, William P., MD
Prov#: 19971
Harrisonburg Internal Medicine
1937 Medical Ave
Harrisonburg, VA 22801
(540) 564-6967

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Sentara RMH Medical Center

Fhores-Perez, Iehsus S., MD
Prov#: 10207065
Sentara RMH Medical Group, LLC
1661 South Main Street
Harrisonburg, VA 22801
(540) 564-7100
1790 East Market Street Ste 64B
Harrisonburg, VA 22801
(540) 564-5622
1931 Medical Avenue
Harrisonburg, VA 22801
(540) 564-5400

Hospital Affiliations:
- Sentara RMH Medical Center

Haymarket
Hernandez, Maria A., MD
Prov#: 10087706
Maria A. Hernandez, MD, LLC
129 University Blvd Ste E
Harrisonburg, VA 22801
(540) 442-6144

Koch, Adrienne J., DO
Prov#: 10150460
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100
1931 Medical Avenue
Harrisonburg, VA 22801
(540) 564-7180

Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Alleghany
- Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
- LewisGale Medical Center
- Montgomery Regional Hospital d/b/a LewisGale Montgomery
- Sentara RMH Medical Center

Haymarket
Rakarije, Iljaz Steven, MD
Prov#: 21467
Medical Avenue Internal Medicine, P.C.
1920 Medical Avenue Suite F
Harrisonburg, VA 22801
(540) 908-3095

Hospital Affiliations:
- Sentara RMH Medical Center

Escano, Michael G., MD
Prov#: 10176718
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Fan, Elaine Y., MD
Prov#: 10176106
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Hampton, VA 22919
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Haas, Joseph S., MD
Prov#: 10176194
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Hampton, VA 22919
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Jafri, Abhsa Q., DO
Prov#: 10176241
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
- Decatur Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Jamal, Adnan, DO
Prov#: 10176274
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Hampton, VA 22919
(703) 396-5292

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Khanian, Sheila, MD
Prov#: 10176328
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System
- Prince William Medical Center

Optima Direct Network Providers January 2019 94
Primary Care Physicians - Tier 1

Kim, Young Kwan, DO
Prov#: 10176337
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Maranian, Ara M., MD
Prov#: 10176517
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(703) 284-4370

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Meyer, Claudine G., MD
Prov#: 10176109
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
Sentara Prince Anne Hospital

Nyigu, Kurwa N, MD
Prov#: 10176081
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tatnall Community Hospital)
Carilion Roanoke Memorial Hospital
Mary Washington Hospital (MWH)
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Mayank H, MD
Prov#: 10176085
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Rasheed, Nasir, MD
Prov#: 10176377
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Sadiq, T. S. M. Jafar, MD
Prov#: 10176177
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Thakkar, Nirav, MD
Prov#: 10176384
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Zaidi, Zan R., MD
Prov#: 10176515
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Dipi C, MD
Prov#: 10176084
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Keene, Melissa N., MD
Prov#: 10156299
Haysi Clinic
162 Medical Center Blvd
Haysi, VA 24256
(276) 865-5121

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Clashey, Sheila, MD
Prov#: 10169713
Primary Care of West End - Richmond Family Practice
12018 West Broad Street Suite 101
Henrico, VA 23233
(804) 239-1640

Hospital Affiliations:
Chippiden Medical Center/ Johnston-Willis Hospital

Disler, Robin S., MD
Prov#: 10085266
Bon Secours St Mary's - West End Internal Medicine
2600 East Parham Road
Henrico, VA 23228
(804) 262-2333

Hospital Affiliations:
Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Jackson, Sherri T., MD
Prov#: 10152610
Richmond Primary Care
2200 Pump Road Suite 100
Henrico, VA 23233
(804) 741-7141

Hospital Affiliations:
Chippiden Medical Center/ Johnston-Willis Hospital

Scheer, Amy M., DO
Prov#: 10187234
AD SENIOR MEDICAL, LLC
3000 Stoneleigh Road
Henrico, VA 23228
(804) 347-5927

Hospital Affiliations:
Chippiden Medical Center/ Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Sentara Northern Virginia Medical Center

Bonsu, Osei, DO
Prov#: 10027216
Carilion Medical Associates
PO Box 1927 Main Street
Hillsville, VA 24343
(276) 728-7731

Hospital Affiliations:
Carilion New River Valley Medical Center
Twin County Regional Hospital

Elmasy, Medhat N., MD
Prov#: 10093871
St. Mary's Medical Center, PLC
430 West Stuart Drive
Hillsville, VA 24343
(276) 728-3332

Hospital Affiliations:
Twin County Regional Hospital

Lewis, William, MD
Prov#: 58465
Carilion Medical Associates
416 S Main St
Hillsville, VA 24343
(276) 728-7731

Menezes, Jr., Robert Charles, MD
Prov#: 10161221
Twin County Family Care Center of Hillsville
702 Pine Street
Hillsville, VA 24343
(276) 728-4311

Pryor, Robert, MD
Prov#: 44144
Carilion Medical Associates
416 South Main Street A
Hillsville, VA 24333
(276) 236-6136

Hospital Affiliations:
Twin County Regional Hospital

Armstrong, Brent, MD
Prov#: 10027732
Appomattox River Medical LLC
815 W Potherry Street
Hopewell, VA 23860
(804) 458-8557

Hospital Affiliations:
John Randolph Medical Center

Optima Direct Network Providers January 2019

Optima Health
<table>
<thead>
<tr>
<th>Principal Care Physicians - Tier 1</th>
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<tbody>
<tr>
<td><strong>Kilmarnock</strong></td>
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<tr>
<td>Butt, Sanaz A., MD</td>
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<tr>
<td>Roy Fabricant, General Hospital</td>
</tr>
<tr>
<td>101 Harris Drive</td>
</tr>
<tr>
<td>(804) 435-8000</td>
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<td><strong>Hospital Affiliations:</strong></td>
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<tr>
<td>Alleghany Regional Hospital d/b/a</td>
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<td><strong>Lawrenceville</strong></td>
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<td>Ackerman, Christopher J., MD</td>
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<td>CMH-Lawrenceville Primary Care</td>
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<td><strong>Hospital Affiliations:</strong></td>
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<td>VCU Community Memorial Hospital</td>
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<td><strong>Lebanon</strong></td>
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<td>Ulrich, Michael Alan, DO</td>
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<td>Johnston Memorial Hospital</td>
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<td><strong>Leesburg</strong></td>
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<td>Abedin, Tareq, MD</td>
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<td>Ashburn Sterling Internal Medicine &amp; Pediatrics</td>
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<td><strong>Hospital Affiliations:</strong></td>
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<td>Rappahannock General Hospital</td>
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<td><strong>Lansdowne</strong></td>
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<td>Sandhu, Mandeep, MD</td>
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<td>Loudoun Medical Care</td>
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<td><strong>Hospital Affiliations:</strong></td>
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<td>Winchester Medical Center</td>
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<td><strong>Geib, Vaishali N., MD</strong></td>
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<td>Internal Medicine Consultants</td>
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<td><strong>Gill, Nidhi, MD</strong></td>
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<td>Carlion Clinic Family Medicine</td>
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**Optima Direct Network Providers January 2019**
Primary Care Physicians - Tier 1

- Chi, Louis GL, MD
  Prov#: 10180211
  Acute Rehab Centralhealth
  3300 Riverview Avenue
  Lynchburg, VA 24503
  (434) 200-3000
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Cure, James D., MD
  Prov#: 10035934
  Lynchburg Internal Medicine
  125 Nationwide Drive
  Lynchburg, VA 24502
  (434) 200-3908
  1900 Tate Springs Rd Suite 3
  Lynchburg, VA 24501
  (434) 200-3908
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Gianakos, Dean, MD
  Prov#: 45436
  Lynchburg Family Medicine Center
  2323 Memorial Ave Suite 10
  Lynchburg, VA 24501
  (434) 200-5200
  Hospital Affiliations:
  Centra Lynchburg General Hospital

- Hayes, Shawn, MD
  Prov#: 10135143
  Lynchburg Internal Medicine
  125 Nationwide Drive
  Lynchburg, VA 24502
  (434) 200-3908
  3300 Rivermont Avenue
  Lynchburg, VA 24503
  (434) 200-3656
  501 Ves Road
  Lynchburg, VA 24503
  (434) 386-3500
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Hobson, Margaret J., MD
  Prov#: 10200407
  Community Access Network
  800 5th Street
  Lynchburg, VA 24504
  (434) 200-3366

- Horton, Daniel, MD
  Prov#: 10105934
  Medical Associates of Central Virginia Intrave
  2215 Landover Place
  Lynchburg, VA 24501
  (434) 947-3944

- Howard, Laura, MD
  Prov#: 10176495
  Medical Associates of Central Va, Inc.
  2215 Landover Place
  Lynchburg, VA 24501
  (434) 947-3944

- Kadree, Margaret A, MD
  Prov#: 10123111
  Lynchburg Women's and Pediatric Health Services
  320 Federal Street
  Lynchburg, VA 24504
  (434) 947-5967
  620 Court Street
  Lynchburg, VA 24504
  (434) 455-3273
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Kalafian, Michael J., MD
  Prov#: 10034972
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  Lynchburg, VA 24502
  (434) 200-3908
  900 Tate Springs Rd Suite 3
  Lynchburg, VA 24501
  (434) 200-3908
  3300 Rivermont Ave
  Lynchburg, VA 24503
  (434) 200-3901
  501 Ves Road
  Lynchburg, VA 24503
  (434) 386-3500
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Lewis, Danielle S., MD
  Prov#: 10024330
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  Lynchburg, VA 24502
  (434) 200-3908
  1901 Tate Springs Rd
  Lynchburg, VA 24501
  (434) 200-3908
  3300 Rivermont Ave
  Lynchburg, VA 24503
  (434) 200-3656
  501 Ves Road
  Lynchburg, VA 24503
  (434) 386-3500
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Lord, Archbald, MD
  Prov#: 10056239
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  Lynchburg, VA 24501
  (434) 947-3944
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Meadows, James W., MD
  Prov#: 10208530
  Centra Medical Group, LLC
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  Lynchburg, VA 24502
  (434) 200-3908
  Hospital Affiliations:
  Centra Lynchburg General Hospital

- Miller, Richard A., MD
  Prov#: 10076713
  Blue Ridge Internal Medicine
  1922 Thomson Drive Ste B
  Lynchburg, VA 24501
  (434) 846-4444
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Nichols, Kensley, MD
  Prov#: 10207283
  Community Access Network
  800 5th Street
  Lynchburg, VA 24504
  (434) 200-3366
  Hospital Affiliations:
  Centra Lynchburg General Hospital

- Rafferty, Moira A., MD
  Prov#: 10004663
  Medical Associates of Central Virginia Intrave
  2215 Landover Place
  Lynchburg, VA 24501
  (434) 947-3944
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Rakheram, Geeta, MD
  Prov#: 10163964
  Lynchburg Internal Medicine
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  Lynchburg, VA 24502
  (434) 200-3908
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Rawlins, Jonas, DO
  Prov#: 10167182
  Lynchburg Women's and Pediatric Health Services
  320 Federal Street
  Lynchburg, VA 24504
  (434) 947-5967
  620 Court Street
  Lynchburg, VA 24504
  (434) 455-5330
  Hospital Affiliations:
  Sentara Martha Jefferson Hospital

- Reed, Harrell, MD
  Prov#: 10156181
  Lynchburg Internal Medicine
  125 Nationwide Drive
  Lynchburg, VA 24502
  (434) 200-3908
  Hospital Affiliations:
  Centra Lynchburg General Hospital

- Sydmor, II, Walton Kirkham, MD
  Prov#: 10176373
  Centra Medical Group, LLC
  1300 Enterprise Drive
  Lynchburg, VA 24502
  (434) 516-5900
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- Wade, James S., MD
  Prov#: 10199635
  Community Access Network
  1900 Tate Springs Road Suite 3
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  (434) 200-3366
  800 5th Street
  Lynchburg, VA 24504
  (434) 200-3366
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital
  VCU Health System/MCV

- Webb, Christopher, MD
  Prov#: 45433
  Medical Associates of Central Virginia Intrave
  2215 Landover Place
  Lynchburg, VA 24501
  (434) 947-3944
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital

- West, Sarah, MD
  Prov#: 10203887
  Community Access Network
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  Lynchburg, VA 24504
  (434) 200-3366
  Hospital Affiliations:
  Centra Lynchburg General Hospital
  Centra Virginia Baptist Hospital
Primary Care Physicians - Tier 1

Bhardwaj, Prita, MD
Prov#: 10176284
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center
- Reston Hospital Center

Burris II, Alfred C., MD
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NMG Affiliate Practice I, LLC
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(703) 753-9799

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Cary, John F., MD
Prov#: 43994
Manassas Internal Medicine, PC
9303 Forest Park Circle
Manassas, VA 20110
(703) 257-7749

Hospital Affiliations:
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- Prince William Medical Center

Dabhiya, Munira M., MD
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Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Doshi, Thomas C., MD
Prov#: 10118795
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10945 George Mason Circle Suite 105
Manassas, VA 20110
(703) 361-5116

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Escano, Michael G., MD
Prov#: 10176718
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Manassas, VA 20110
(703) 753-9799

Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Fan, Elaine Y., MD
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NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

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Valley Health Clinic, Inc.
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Manassas, VA 20110
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Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Warren Memorial Hospital, Inc.

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Hospital Affiliations:
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- Haymarket Medical Center
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Hospital Affiliations:
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Hospital Affiliations:
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- Haymarket Medical Center
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- Haymarket Medical Center
- Prince William Medical Center

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- Haymarket Medical Center
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- Prince William Medical Center

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OptimaHealth
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McLean
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Mechanicsville
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Cappello, Roger, MD
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Czajkowski, Stanley B., DO
Prov#: 10159847
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(804) 746-1253
12180 Alder Street
Emory Internal Medicine
Mechanicsville, VA 23111
(804) 559-9000

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
VCU Health System/MCV

McKenzie, Judith, MD
Prov#: 10145472
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8220 Meadowbridge Road
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(804) 764-1253
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Sentara CarePlex Hospital

Foster, Brian J., MD
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Mechanicsville, VA 23116
(804) 442-3750
8200 Meadowbridge Road Suite 306
Mechanicsville, VA 23116
(804) 764-1253
8220 Meadowbridge Rd Ste 203
Mechanicsville, VA 23116
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Janney H., Samuel M., MD
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Kelly, David L., MD
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Bon Secours Memorial Regional Medical Center
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Mechanicsville, VA 23116
(804) 442-3750
8200 Meadowbridge Road Suite 306
Mechanicsville, VA 23116
(804) 764-1253
8220 Meadowbridge Rd Ste 203
Mechanicsville, VA 23116

Lee, Jason P., MD
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(804) 442-3750
8200 Meadowbridge Road Suite 306
Mechanicsville, VA 23116
(804) 764-1253
8220 Meadowbridge Rd Ste 203
Mechanicsville, VA 23116

Martin-Ryan, Patricia, MD
Prov#: 10073616
Virginia Physicians, Inc.
7255 Hanover Green Dr.
Mechanicsville, VA 23111
(804) 730-1111
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Falcao, Raquel Appa, MD
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Bon Secours Memorial Regional Medical Center
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Mechanicsville, VA 23116
(804) 764-1253
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
VCU Health System/MCV

Overmeyer, Richard L., MD
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Bon Secours Lee Davis Medical Associates
7041 Lee Park Road
Mechanicsville, VA 23111
(804) 746-3505
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Payne, C. Frederick, MD
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Bon Secours Lee Davis Medical Associates
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(804) 746-3505
Hospital Affiliations:
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Roberts, Kenneth H., MD
Prov#: 45910
Bon Secours Lee Davis Medical Associates
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Mechanicsville, VA 23111
(804) 746-3505
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Bradshaw, Brian T., MD
Prov#: 10017848
James River Internists LLC
13440 Tredegrar Lake Parkway Bldg 2
Midlothian, VA 23112
(804) 745-2200
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Burkwall, Patricia, MD
Prov#: 10021773
PartnerMD, PC
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Midlothian, VA 23114
(804) 420-1200
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Clashey, Sheila, MD
Prov#: 10143599
Primary Health Group - Ironbridge
10130 Hull Street
Midlothian, VA 23112
(804) 276-6900
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<td>Ferguson, Jennifer M., MD</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
<td>(804) 744-7920</td>
<td>(804) 744-6130</td>
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<td>George, Anna, MD</td>
<td>Bon Secours St. Marys Hospital</td>
<td>(804) 744-6130</td>
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<td>Glynn, Francesca L., MD</td>
<td>Hospital Affiliations: Bon Secours St. Marys Hospital</td>
<td>(804) 744-6130</td>
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<td>Port, John E., MD</td>
<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
<td>(804) 744-6130</td>
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<td>Headley, Michelle E., MD</td>
<td>Hospital Affiliations: Bon Secours St. Marys Hospital</td>
<td>(804) 744-6130</td>
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<td>Joseph, Sharon, MD</td>
<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
<td>(804) 744-6130</td>
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<td>(804) 744-6130</td>
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<td>Hospital Affiliations: Bon Secours St. Francis Medical Center</td>
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<td>Moneta</td>
<td>Farooq, Mohammad, MD</td>
<td>(804) 744-6130</td>
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<tr>
<td>Monterey</td>
<td>Bird, Kimberly, MD</td>
<td>(804) 744-6130</td>
<td>(804) 744-6130</td>
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<tr>
<td>Montpelier</td>
<td>Akbar, Salman M., MD</td>
<td>(804) 744-6130</td>
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<tr>
<td>Montross</td>
<td>Flores-Perez, Jesus S., MD</td>
<td>(804) 744-6130</td>
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<td>Mount Jackson</td>
<td>Bashore, Randall T., MD</td>
<td>(804) 744-6130</td>
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<td>New Canton</td>
<td>Bashore, Randall T., MD</td>
<td>(804) 744-6130</td>
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### Primary Care Physicians - Tier 1

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<td><strong>New Church</strong></td>
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<td>Blackwell, Brian K., MD</td>
<td>44129</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) 25892 N Jutia Madison Highway New Canton, VA 23123 (434) 581-3271</td>
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<td>Hospital Affiliations: Norton Community Hospital</td>
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<tr>
<td>Campanelli, David M., MD</td>
<td>45971</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) Route 15 South New Canton, VA 23123 (434) 581-3271</td>
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<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<td><strong>New Market</strong></td>
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<td>Blackwell, Brian K., MD</td>
<td>44129</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) 25892 N Jutia Madison Highway New Canton, VA 23123 (434) 581-3271</td>
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<td>Campanelli, David M., MD</td>
<td>45971</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) Route 15 South New Canton, VA 23123 (434) 581-3271</td>
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<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<td>Blackwell, Brian K., MD</td>
<td>44129</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) 25892 N Jutia Madison Highway New Canton, VA 23123 (434) 581-3271</td>
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<td>Hospital Affiliations: Norton Community Hospital</td>
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<td>Campanelli, David M., MD</td>
<td>45971</td>
<td>Central Virginia Community Health Center (CVHSC/CCNV) Route 15 South New Canton, VA 23123 (434) 581-3271</td>
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<td>Hospital Affiliations: University of Virginia Medical Center</td>
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</tbody>
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**Norfolk**

<table>
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<th>Pro#</th>
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<tr>
<td>Ahmed, Ali S., MD</td>
<td>10208093</td>
<td>EVMS Medical Group 825 Fairfax Avenue Suite 445 Norfolk, VA 23507 (757) 446-8920</td>
<td></td>
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</tr>
<tr>
<td>Alband, Wendy F., MD</td>
<td>10106300</td>
<td>East Beach Medical Associates 4039 E Little Creek Road Norfolk, VA 23518 (757) 738-1200</td>
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<td>Hospital Affiliations: Bon Secours DePaul Medical Center Inc</td>
</tr>
<tr>
<td>Alband, Wendy F., MD</td>
<td>10106300</td>
<td>East Beach Medical Associates 4039 E Little Creek Road Norfolk, VA 23518 (757) 738-1200</td>
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<td>Hospital Affiliations: Bon Secours DePaul Medical Center Inc</td>
</tr>
</tbody>
</table>

---

**Optima Direct Network Providers January 2019**

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**OptimaHealth**
Primary Care Physicians - Tier 1

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EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chen, Ian, MD
Prov#: 20451
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Choi, H. Steven, MD
 Prov#: 10032436
DePaul Medical Associates
155 Kingsley Lane Suite 400
Norfolk, VA 23505
(757) 278-2240

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Chakan, Matthew C., MD
Prov#: 20451
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Christie, Catherine P., MD
Prov#: 1000244
Portsmouth Community Health Center (CCNV)
804 Whittaker Lane
Norfolk, VA 23510
(757) 393-6363
9575 Shore Drive
Norfolk, VA 23501
(757) 393-6363

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Clifford, Gregg R., MD
Prov#: 12036
Dedicated Care Center (SMG)
301 Riverview Ave Ste 900
Norfolk, VA 23510
(757) 252-9300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Cowley, Sean F., DO
Prov#: 10139833
GHENT STATION MEDICAL ASSOCIATES
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 622-8358

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Damman, Julie L., MD
Prov#: 10033746
Dedicated Care Center (SMG)
301 Riverview Ave Ste 900
Norfolk, VA 23510
(757) 252-9300

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Deshmukh, Pravin M., MD
Prov#: 10092346
DePaul Medical Associates
155 Kingsley Lane Suite 400
Norfolk, VA 23505
(757) 278-2240

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Hasas, Pedro D., MD
Prov#: 12136
Pedro D. Hasas, MD PLC
160 Kingsley Lane Ste 205
Norfolk, VA 23503
(757) 583-4329

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hodge, Jr., E. Beaumont, MD
Prov#: 12833
Sentara Family and Internal Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Holmes, Bert W., MD
Prov#: 10160237
Participant Choice Oceana
4039 E Little Creek Rd
Norfolk, VA 23518
(757) 738-1200

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hooper, Amanda B., MD
Prov#: 10170830
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hovland, William, MD
Prov#: 27302
Granby Internal Medicine, PC
110 Kingsley Ln Ste 309
Norfolk, VA 23505
(757) 889-2006

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

K.C., Radha, MD
Prov#: 10175156
Sentara Internal Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kahatapitya, Ravindra, MD
Prov#: 64861
Sentara Family and Internal Medicine Physicians (SMG)
850 Kempsville Rd Ste 200A
Norfolk, VA 23502
(757) 261-5910

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kelly, Ursula M., MD
Prov#: 10094802
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Knips, Jennifer L., MD
Prov#: 38304
Associates In Primary Care, PC
426 E Freemason St.
Norfolk, VA 23510
(757) 623-6072

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Laplace, Peter B., MD
Prov#: 52996
Associates In Primary Care, PC
426 E Freemason St.
Norfolk, VA 23510
(757) 623-6072

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Latham, Michelle R, MD
Prov#: 10169148
Amelia Medical Associates (Bon Secours DePaul Med Ctr)
885 Kempsville Rd Ste 320
Norfolk, VA 23502
(757) 955-2828

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Liggett, Amanda R, MD
Prov#: 10169635
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Primary Care Physicians - Tier 1

Linser, Charles A., MD
Prov#: 12360
Dedicated Care Center (SMG)
301 Riverview Ave Ste 900
Norfolk, VA 23510
(757) 252-9300
Hospital Affiliations:
Sentara Norfolk General Hospital
Sendara Leigh Hospital

Mebrahtu, Semret T., MD
Prov#: 10005166
Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010
Hospital Affiliations:
Sentara Norfolk General Hospital

Martens, Werner, MD
Prov#: 12083
Charles F. Lovell, Jr., MD
142 W York St Ste 905
Norfolk, VA 23510
(757) 623-3038
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mann, Jonathan R., MD
Prov#: 120097
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mayer, Maryam, MD
Prov#: 10002909
Tidewater Physicians Multispecialty Group, PC (TPMG)
110 Kingsley Lane Suite 309
Norfolk, VA 23505
(757) 889-2006
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nowroozi, Maryam, MD
Prov#: 1018846
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Pavon, Humberto, MD
Prov#: 12135
Internal Medicine, Kidney and Hypertension Center, PC
5700 Lake Wright Dr Ste 101
Norfolk, VA 23502
(757) 502-4840
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patel, Mit P, MD
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EVMS Medical Group
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Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Reed, Sharon Budniak, MD
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GHENT STATION MEDICAL ASSOCIATES
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(757) 622-8358
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rehnman, Zahra M, MD
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EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Robertson, Charlene, MD
Prov#: 71013
Associates In Primary Care, PC
426 E Freemason St.
Norfolk, VA 23510
(757) 623-6072
Hospital Affiliations:
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Ryal, Jennifer L., MD
Prov#: 10022014
Dedicated Care Center (CCNV)
804 Whitaker Lane
Norfolk, VA 23510
(757) 393-6363
Hospital Affiliations:
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Sad, Sharon, MD
Prov#: 10025626
Norfolk Internal Medicine, PC
160 Kingsley Ln Ste 500
Norfolk, VA 23505
(757) 889-6733
Hospital Affiliations:
EVMS Medical Group
825 Fairfax Ave Suite 445
Norfolk, VA 23507
(757) 446-8920

Sandve, Karin, MD
Prov#: 22122
Bayview Physician Services, PC
400 W Brambleton Ave Suite 100
Norfolk, VA 23510
(757) 627-6220
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Santacruz, Nestor Daniel, MD
Prov#: 12134
Kidney and Medical Specialists, PC
7428 Tidewater Dr
Norfolk, VA 23505
(757) 588-1100
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sentara Family and Internal Medicine Physicians (SMG)
301 Riverview Ave Ste 710
Norfolk, VA 23510
(757) 252-9010
Hospital Affiliations:
Sentara Leig...
### Primary Care Physicians - Tier 1

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<td><strong>Oakhurst, Candace M., MD</strong></td>
<td>(804) 955-4814</td>
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<tr>
<td><strong>Norton Community Physicians</strong></td>
<td>(804) 733-8771</td>
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<td><strong>Buchanan General Hospital</strong></td>
<td>(276) 679-8890</td>
<td>Norton, VA 24273</td>
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<td><strong>Murray, Thomas Bradley, MD</strong></td>
<td>(276) 679-8890</td>
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<td><strong>Ramakrishnan, Kirthik, MD</strong></td>
<td>(276) 679-8890</td>
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<td><strong>Rolfe, Jeannie R., MD</strong></td>
<td>(276) 679-8890</td>
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<td><strong>Copley, Christopher S., DO</strong></td>
<td>(276) 679-8890</td>
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<td><strong>Boodram, Kadarnath S., MD</strong></td>
<td>(276) 679-8890</td>
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<td><strong>Boodram, Kadarnath S., MD</strong></td>
<td>(276) 679-8890</td>
<td>Buchanan General Hospital</td>
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**Optima Health**

*Optima Direct Network Providers January 2019*
Primary Care Physicians - Tier 1

Christie, Catherine P., MD  
Prov#: 10002244  
Portsmouth Community Health Center (CCNV)  
664 Lincoln St  
Portsmouth, VA 23704  
(757) 393-6363

Cochran, James R, MD  
Prov#: 22117  
Bon Secours Internal Medicine of Portsmouth  
3300 High Street Ste A  
Portsmouth, VA 23707  
(757) 399-4341

Haque, Mosta G., MD  
Prov#: 41048  
Mosta G. Haque, M.D., P.C.  
301 Goode Way Ste 201  
Portsmouth, VA 23704  
(757) 397-0700

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Rosenberg, David E., MD  
Prov#: 10115926  
Portsmouth Community Health Center (CCNV)  
664 Lincoln Street  
Portsmouth, VA 23704  
(757) 393-6363

Son, Parimal J., MD  
Prov#: 29849  
Parimal J. Soni, MD, PC  
3235 Academy Ave Ste 300  
Portsmouth, VA 23703  
(757) 483-3560

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Wilson, Kevin D, MD  
Prov#: 22116  
Bon Secours Internal Medicine of Portsmouth  
3300 High Street Ste A  
Portsmouth, VA 23707  
(757) 399-4341

Powhatan

Joseph, Sharon, MD  
Prov#: 10085289  
Bon Secours St Francis - Powhatan Medical Associates  
3452 Anderson Highway Ste D  
Powhatan, VA 23139  
(804) 285-6050  
Prov#: 10022249  
Powhatan Medical Associates  
3452 Anderson Highway Suite D  
Powhatan, VA 23139  
(804) 285-6050

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Port, John E., MD  
Prov#: 10020986  
Internal Medicine Associates of Chesterfield (Healthsource)  
3452 Anderson Highway Ste D  
Powhatan, VA 23139  
(804) 285-6050

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
VCU Health System/MCV

Prince George

Bashore, Randall T., MD  
Prov#: 45970  
Central Virginia Community Health Center (CVHS)(CCNV)  
1420 crossings Blvd Suite 2  
Print George, VA 23875  
(804) 452-5800

Hospital Affiliations:  
University of Virginia Medical Center

Pulaski

Card, II, Richard D., DO  
Prov#: 10193144  
New River Valley Medical, P.C.  
141 E Main St Ste 420  
Pulaski, VA 24301  
(540) 980-8804

Hospital Affiliations:  
Lewis-Gale Medical Center

Williams, Richard T., MD  
Prov#: 10126382  
University Geriatrics LLC  
2401 Lee Highway  
Pulaski, VA 24301  
(540) 552-2500

Hospital Affiliations:  
Carilion New River Valley Medical Center

Purcellville

Feely, Thomas A, MD  
Prov#: 10172034  
Loudoun Internal Medicine Associates  
921 E Main Street Suite D  
Purcellville, VA 20132  
(703) 858-3220

Hudler, Annette, DO  
Prov#: 10026553  
Loudoun Medical Group (Internal Medicine)  
2709 11 Byron Street  
Purcellville, VA 20132  
(540) 751-0255

Idrees, Irfan, MD  
Prov#: 10081900  
Virginia Med Center And Urgent Care  
200 North Maple Ave  
Purcellville, VA 20132  
(540) 338-0032

Hospital Affiliations:  
UVA Culpeper Hospital

Richmond

Aboff, Brian M., MD  
Prov#: 10188001  
MCV Associated Physicians (Internal Medicine)  
1300 E Marshall Street  
Richmond, VA 23298  
(804) 828-3050

Hospital Affiliations:  
VCU Health System/MCV

Adams, Ruma, MD  
Prov#: 68194  
MCV-The Park at Stony Point  
9060 Stony Point Pkwy  
Richmond, VA 23235  
(804) 560-8920

Akbar, Salman M., MD  
Prov#: 30579  
Care Now Inc  
6411 Horsecup Road  
Richmond, VA 23226  
(804) 288-3240

8734 Forest Hill Avenue Ste 3  
Richmond, VA 23235  
(804) 330-5452  
Prov#: 10073096  
Salman M. Akbar MD  
909 Hoakas Road Suite F  
Richmond, VA 23225  
(804) 330-5452

Ali, Sabina, MD  
Prov#: 10035404  
Bon Secours Physician Monument Internal Medicine  
5855 Bremo Rd Ste 102  
Richmond, VA 23226  
(804) 673-2814

Hospital Affiliations:  
Bon Secours St. Marys Hospital

Allauddin, Tahir, MD  
Prov#: 10155073  
Vibra Physicians, LLC  
2220 Edward Holland Drive  
Richmond, VA 23230  
(843) 654-7689

Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center

Amin, Mitesh S, MD  
Prov#: 10126233  
Vibra Physicians, LLC  
2220 Edward Holland Drive  
Richmond, VA 23230  
(843) 654-7689

Hospital Affiliations:  
Chippewa Medical Center/ 
Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Hospital  
Southside Regional Medical Center

Avram, Zheni, MD  
Prov#: 10050938  
Virginia Physicians, Inc.  
6900 Forest Ave Suite 300  
Richmond, VA 23225  
(804) 346-1515

Ayala-Sims, Veronica, MD  
Prov#: 10209740  
Vernon J. Harris East End Community Health Center (CCNV)  
2709 11 Byron Street  
Richmond, VA 23223  
(804) 525-1818

719 N 25th Street  
Richmond, VA 23223  
(804) 780-0840

Bedinger Jr., Robert W., MD  
Prov#: 72269  
Virginia Physicians, Inc.  
6900 Forest Avenue Suite 300  
Richmond, VA 23225  
(804) 545-9529

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital
# Primary Care Physicians - Tier 1

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<thead>
<tr>
<th>Name</th>
<th>Provider ID</th>
<th>Hospital Affiliations</th>
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<td>Du, Beth S., MD</td>
<td>30118</td>
<td>Bon Secours Associated Internists</td>
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<td>Garris-Wallace, Sheila MD</td>
<td>10002779</td>
<td>Richmond Primary Care</td>
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<td>George, Amanda, MD</td>
<td>10109947</td>
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<td>Gadiwalla, Seema A., MD</td>
<td>10085885</td>
<td>PartnerMD, PC</td>
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<td>Gonsahn-Bollie, Sylvia, MD</td>
<td>10136474</td>
<td>Bon Secours St Mary's - West End Internal Medicine</td>
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<td>Goode, Lauren, MD</td>
<td>1051172</td>
<td>Primary Care of West End - Primary Health Group-Forest</td>
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<td>Grady, Victoria, MD</td>
<td>10078356</td>
<td>Care Now Inc</td>
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<td>Green, Jr., Harold T., MD</td>
<td>44128</td>
<td>Primary Health Care Associates-VHS</td>
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<td>Habib, Aysha, MD</td>
<td>10032205</td>
<td>Bon Secours Short Pump Primary Care</td>
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<td>Haffcock, Roderick E., MD</td>
<td>10148951</td>
<td>Bon Secours Sports Medicine &amp; Primary Care</td>
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<td>Habergood, Sarah, MD</td>
<td>10046360</td>
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<td>Hartigan, Sarah, MD</td>
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<td>Hayes, Christopher, MD</td>
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Optima Direct Network Providers January 2019
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<td>Jackson, Richard A., MD</td>
<td>44130</td>
<td>Bon Secours St. Mary's Hospital</td>
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<td>Dominon Medical Associates</td>
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<td>Richmond, VA 23219</td>
<td>(804) 225-7148</td>
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<td>Jenkins, Elizabeth M., MD</td>
<td>69522</td>
<td>Patient First</td>
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<td>Richmond, VA 23221</td>
<td>(804) 359-1337</td>
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<td>Johnson, Betty A., MD</td>
<td>12939</td>
<td>MCV Associated Physicians (Internal Medicine)</td>
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<td>Richmond, VA 23298</td>
<td>(804) 828-9357</td>
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<td>Jones, III, Sidney R., MD</td>
<td>10085262</td>
<td>VCU Health System/MCV</td>
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<td>Richmond, VA 23219</td>
<td>(804) 282-7857</td>
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<td>Lipato, Thokozeni, MD</td>
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<td>VCU Health System/MCV</td>
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<td>Bon Secours St Mary's - West End Internal Medicine</td>
<td>(804) 282-7858</td>
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<td>Internal Medicine Associates</td>
<td>7001 Forest Avenue Suite 302</td>
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<td>1800 Glenside Drive Suite 110</td>
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<td>7001 Forest Ave Suite 2500</td>
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<td>Richmond, VA 23230</td>
<td>(804) 282-7857</td>
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<td>Richmond, VA 23221</td>
<td>(804) 360-8061</td>
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Primary Care Physicians - Tier 1

Tran, Minh M., MD
Provs#: 51116, 10010791
Virginia Physicians, Inc.
6900 Forest Avenue Suite 300
Richmond, VA 23220
(804) 545-9529

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Turner, Robert T., MD
Provs#: 44135
James River Primary Care
7605 Forest Ave Ste 100
Richmond, VA 23229
(804) 288-8338

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Tran, Mimh M., MD
Provs#: 43934, 38179, 10025406
VCU Health System/MCV
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Young, William H., MD
Provs#: 45875
William H. Young, MD, PC
110 N Robinson St Ste 301
Richmond, VA 23220
(804) 355-5550

Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

---

Roanoke

Wojcikewych, Devon S., MD
Provs#: 10082309
MCV Associated Physicians
(Internal Medicine)
1300 E Marshall St
Richmond, VA 23298
(804) 628-1295

Hospital Affiliations:
VCU Health System/MCV

Wolver, Susan E., MD
Provs#: 10011463
MCV Associated Physicians
(Internal Medicine)
417 N 11th St
Richmond, VA 23298
(804) 828-9357

Hospital Affiliations:
VCU Health System/MCV

Young, William H., MD
Provs#: 45875
William H. Young, MD, PC
110 N Robinson St Ste 301
Richmond, VA 23220
(804) 355-5550

Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

---

Yanni, Leanne, MD
Provs#: 10164871
IVNA Health Services
5008 Monument Avenue
Richmond, VA 23220
(804) 355-7100

Hospital Affiliations:
VCU Health System/MCV

Yanni, Leanne, MD
Provs#: 10164871
IVNA Health Services
5008 Monument Avenue
Richmond, VA 23220
(804) 355-7100

Hospital Affiliations:
VCU Health System/MCV

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Optima Direct Network Providers January 2019
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<td>Gardiner, James H., MD</td>
<td>(540) 224-3870</td>
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<td>Grove, Jr., Lucian Y., MD</td>
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<td>Jaeger, Anne M., MD</td>
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<td>Kaushal, Ashutosh, MD</td>
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<td>1906 Belleview Avenue, Roanoke, VA 24016</td>
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<td>Matthews, Kimberly A., DO</td>
<td>(540) 224-3870</td>
<td>1906 Belleview Avenue, Roanoke, VA 24016</td>
<td>Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)</td>
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Optima Direct Network Providers January 2019 113
Primary Care Physicians - Tier 1

Raza, Quasir, MD
Prov#: 10075322
Lewis-Gale Physicians, LLC
6136 Peters Creek Road
Roanoke, VA 24019
(540) 283-3660

Hospital Affiliations:
Allegany Regional Hospital d/b/a
LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Voekler, Susanne, MD
Prov#: 10031559
Carilion Internal Medicine-Roanoke
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 985-8465

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Wang, Yunnan Darien, MD
Prov#: 10168275
CARILION MEDICAL CENTER
3 Riverside Circle
Roanoke, VA 20016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Wong, Fatima J., DO
Prov#: 10189580
CARILION MEDICAL CENTER
3 Riverside Circle
Roanoke, VA 20016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Wood, Christopher Don, DO
Prov#: 10096925
CARILION MEDICAL CENTER
720 Orchard Way
Rocky Mount, VA 24151
(540) 489-3467

Wood, Christopher Don, DO
Prov#: 10118801
MSMG FP ST PA (Mountain States Health Alliance)
16431 Wise Street
Salem, VA 24153
(540) 762-2300

Hospital Affiliations:
Norton Community Hospital
Russell County Medical Center

Cargn, Jon Darryl, MD
Prov#: 10023045
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277

Griffin, Edward Alan, MD
Prov#: 10195751
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 444-2010

Hospital Affiliations:
Lewis-Gale Medical Center

Grove, Jr., Lucian Y., MD
Prov#: 10148099
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Lewis-Gale Medical Center

Habib, Roy, MD
Prov#: 10015911
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3490

Hospital Affiliations:
Allegany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Haidar, Syed T., MD
Prov#: 10086059
Valley Internal Medicine, PC
3777 W Main Street Suite 102
Salem, VA 24153
(540) 380-3722

Jha, Chetna, MD
Prov#: 10041480
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 772-3490

Kinske, Adrienne M., DO
Prov#: 10148150
Carilion Healthcare Corporation
1935 W Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kitchin, Patricia L, DO
Prov#: 10172483
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 444-2010

Hospital Affiliations:
Lewis-Gale Medical Center

Nguyen, Son, MD
Prov#: 10075316
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 772-3490

Hospital Affiliations:
Lewis-Gale Medical Center

Optima Direct Network Providers January 2019

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## Primary Care Physicians - Tier 1

**Pendergrass, Kenneth R., MD**  
Pro#: 10181923  
Lewis-Gale Physicians, LLC  
2155 Apperson Drive  
Salem, VA 24153  
(540) 444-2010

**Hospital Affiliations:**  
Allegany Regional Hospital d/b/a LewisGale Allegany  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski  
LewisGale Medical Center Montgomery Regional Hospital d/b/a LewisGale Montgomery

**Raza, Quasir, MD**  
Pro#: 10075322  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 283-3660

**Hospital Affiliations:**  
Allegany Regional Hospital d/b/a LewisGale Allegany  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski  
LewisGale Medical Center Montgomery Regional Hospital d/b/a LewisGale Montgomery

**Raza, Syed Abid, MD**  
Pro#: 66974  
Valley Internal Medicine, PC  
3737 W Main Street Suite 102  
Salem, VA 24153  
(540) 380-3722

**Hospital Affiliations:**  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

**Smithfield**

**Pope, Shannon, MD**  
Pro#: 60554  
Family Medical Care of Smithfield PLC  
201 Gunwood Dr  
Smithfield, VA 23430  
(757) 357-3331

**Hospital Affiliations:**  
Sentara Williamsburg Regional Medical Center

**Pope, Thomas C., MD**  
Pro#: 56953  
Family Medical Care of Smithfield PLC  
201 Gunwood Dr  
Smithfield, VA 23430  
(757) 357-3331

**South Boston**

**Hall, Sherry L., MD**  
Pro#: 20602  
Southside Medical Associates, PC  
220-A Beechmont Rd  
South Boston, VA 24592  
(434) 575-6300

**St. Paul**

**Ulrich, Michael Alan, DO**  
Pro#: 10074458  
MSMG IM LEB  
16431 Wise Street  
St. Paul, VA 24283  
(276) 762-2300

**Hospital Affiliations:**  
Johnston Memorial Hospital

**Staford**

**Aiken, Mary, DO**  
Pro#: 10071154  
Colonial Internal Medicine Associates, PC  
392 Harrisonsville Road Suite 106  
Stafford, VA 22554  
(540) 374-5599

**Hospital Affiliations:**  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

**Almellahi, Faisal A, MD**  
Pro#: 10068531  
Internal Medicine of Virginia PC  
11 Hope Road Suite 205  
Stafford, VA 22554  
(540) 288-8284

**Hospital Affiliations:**  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  
UVA Culpeper Hospital

**Anbessie, Tedla, MD**  
Pro#: 10024151  
Aquia Family Medical Center  
392 Harrisonville Road Suite 106  
Stafford, VA 22554  
(540) 657-9191

**Hospital Affiliations:**  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

**South Hill**

**McDonald, Kelly, MD**  
Pro#: 10177828  
CMH Physician Services, LLC  
1755 N Mecklenburg Ave  
South Hill, VA 23970  
(434) 584-2273

**Powers, Linda P., DO**  
Pro#: 458891  
Southside Medical Management Inc  
314 W Atlantic Street  
South Hill, VA 23970  
(434) 575-8604

**Strunk, John R., MD**  
Pro#: 10099758  
MCV Associated Physicians (Internal Medicine)  
412 South Durant Street  
South Hill, VA 23970  
(434) 447-2898

**Hospital Affiliations:**  
VCU Community Memorial Hospital

**St. Charles**

**Vanzee, Wayne, MD**  
Pro#: 45912  
Stone Mountain Health Services  
241 Monarch Road  
St. Charles, VA 24282  
(276) 383-4428

**Hospital Affiliations:**  
Mary Washington Hospital (MWH)
## Primary Care Physicians - Tier 1

### Sterling

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<td>Kim, Young Kwan, DO</td>
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<td>Patient First - Sterling 47100 Community Place</td>
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<td>Quidwai, Asima, MD</td>
<td>10190121</td>
<td>Vein Clinics of America 46440 Benedict Dr Suite 208</td>
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### Suffolk

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<td>Dhanaw, Vandana, MD</td>
<td>10012122</td>
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<td>(757) 483-7100</td>
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<td>Dimaran, Raymund S., MD</td>
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<td>FitzHarris, Joan G., MD</td>
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<td>Sentara Family Medicine Physicians - SMG 2897 Bridge Road</td>
<td>(757) 484-7248</td>
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<td>Holleran, James D., MD</td>
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<td>Kratozil, Kristina R., MD</td>
<td>10208629</td>
<td>Sentara Family Medicine Physicians 3920 A Bridge Rd Ste 207</td>
<td>(757) 934-9395</td>
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<td>Mackinnon, Roderick R., MD</td>
<td>22007</td>
<td>Internists of Churchland 7185 Harbour Towne Pkwy Suite 206</td>
<td>(757) 484-5828</td>
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<td>Malik, Rajul, MD</td>
<td>99624</td>
<td>Bayview Physician Services, PC 3060 Godwin Blvd</td>
<td>(757) 484-5828</td>
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<td>Mason, Jessica A, MD</td>
<td>10162803</td>
<td>Tri-Cities Medical Associates 7185 Harbour Towne Pkwy Suite 206</td>
<td>(757) 934-9395</td>
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<td>Reon, Julia F., MD</td>
<td>58482</td>
<td>Sentara Family and Internal Medicine Physicians (SMG) 114 N Main St Suite 200</td>
<td>(757) 934-8600</td>
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### Stuarts Draft

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<td>10190769</td>
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<td>10116336</td>
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<td>12068</td>
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<td>10137369</td>
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### Notes:
- **Hospital Affiliations:**
  - Different hospitals are listed under different doctors.
- **Contact Information:**
  - Phone numbers are provided for each doctor's office.
  - Addresses and hospital affiliations are also listed.
- **Hospital Information:**
  - Some hospital names are repeated under different doctors.
  - Hospital affiliations are listed under specific hospitals.

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*Optima Direct Network Providers January 2019*
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Optima Direct Network Providers January 2019 117

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Primary Care Physicians - Tier 1

Gibbs, Thomas Avery, MD
Pro#: 43945
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800
Hospital Affiliations: Winchester Medical Center

Gondy, Gauthami, MD
Pro#: 10041204
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1840 Amherst St
Winchester, VA 22601
(540) 536-8000
Hospital Affiliations: Winchester Medical Center

Hethcoat, Gayland O., MD
Harden-Mack, Angela M, MD
Kozlowski, Frederick H., MD
Lisk Sr, Matthew T, DO

Keim, Douglas B., MD
Pro#: 43937
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Kent, Lisa, MD
Pro#: 43961
Winchester Medical Consultants
212 Linden Dr Suite 152
Winchester, VA 22601
(540) 667-0744
Hospital Affiliations: Winchester Medical Center

Kozlowski, Frederick H., MD
Pro#: 43938
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Link, Sr. Matthew T, DO
Pro#: 10201254
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400
160 Merchant Street Suite 100
Winchester, VA 22603
(540) 536-5560
621 East Jubal Early Drive
Winchester, VA 22601
(540) 536-5500
Hospital Affiliations: Winchester Medical Center

Peake, Sharon P., MD
Pro#: 32184
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800
Hospital Affiliations: Winchester Medical Center

Pokharel, Reha, MD
Pro#: 10202947
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 667-8724
Hospital Affiliations: Hampshire Memorial Hospital

Joglekar, Jay J., MD
Pro#: 95967
Internal Medicine Consultants
148 Linden Dr Ste 103
Winchester, VA 22601
(540) 722-8172
172 Linden Drive Ste 100
Winchester, VA 22601
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Hospital Affiliations: Winchester Medical Center

Schott, Sherry K., MD
Pro#: 45509
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Schwentker, Andrew E., MD
Pro#: 28556
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Smith, Connie L., MD
Pro#: 60557
Valley Health Infectious Diseases
1870 Amherst St Ste 3-A
Winchester, VA 22601
(540) 536-8928
Hospital Affiliations: Winchester Medical Center

Smith, Edward P., MD
Pro#: 43939
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Subedi, Guna R., MD
Pro#: 91376
Shenandoah Medical Associates
324 West Boscowen Street
Winchester, VA 22601
(540) 504-7381
Hospital Affiliations: Warren Memorial Hospital, Inc.

Bevis, Ashley, DO
Pro#: 10056674
Norton Community Physicians
716 Spring Ave SE Suite 204
Wise, VA 24293
(276) 328-8910
Hospital Affiliations: Norton Community Hospital

Cusano, Matthew, MD
Pro#: 10045399
Norton Community Physician Services LLC
716 Spring St Suite 103
Wise, VA 24293
(276) 328-8910
Hospital Affiliations: Norton Community Hospital

Nichols, Tiffani M., DO
Pro#: 10050670
Norton Community Physicians
716 Spring Street Ste 204
Wise, VA 24293
(276) 328-8910
Hospital Affiliations: Norton Community Hospital

Sergent, Bernie N., DO
Pro#: 10116648
Norton Community Physician Services LLC
716 Spring St Suite 103
Wise, VA 24293
(276) 328-8910
Hospital Affiliations: Appalachian Regional Hospital

Whiteburg
Harlan Arh Hospital
Norton Community Hospital

Woodbridge

Abdul, Abucar A., MD
Pro#: 10173784
Abucar A. Abdul
12761 Darby Brook Ct Ste 101
Woodbridge, VA 22192
(703) 730-5064
Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus

Ahmad, Akber, MD
Pro#: 10165193
Sentara Internal Medicine Physicians (SMG)
12828 Minnieville Rd Ste 202
Woodbridge, VA 22191
(703) 523-9831
Hospital Affiliations: Westmoreland Medical Center

Alemzadeh, Amir, MD
Pro#: 10077358
Woodbridge Internal Medicine, PC
2200 Opitz Blvd Suite 235
Woodbridge, VA 22191
(703) 910-7390
Hospital Affiliations: Inova Alexandra Hospital

Alemzadeh, Nazanin, MD
Pro#: 10078994
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 897-4700
Hospital Affiliations: Sentara Northern Virginia Medical Center

Akrami, Fardin, MD
Pro#: 10048163
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 910-7390
Hospital Affiliations: Inova Alexandra Hospital

Bents, Ashley, DO
Pro#: 10056674
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716 Spring Ave SE Suite 204
Wise, VA 24293
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Cusano, Matthew, MD
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716 Spring Street Ste 204
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Hospital Affiliations: Norton Community Hospital

Wise

Kozlowski, Frederick H., MD
Pro#: 43938
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Smith, Connie L., MD
Pro#: 60557
Valley Health Infectious Diseases
1870 Amherst St Ste 3-A
Winchester, VA 22601
(540) 536-8928
Hospital Affiliations: Winchester Medical Center

Smith, Edward P., MD
Pro#: 43939
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations: Winchester Medical Center

Subedi, Guna R., MD
Pro#: 91376
Shenandoah Medical Associates
324 West Boscowen Street
Winchester, VA 22601
(540) 504-7381
Hospital Affiliations: Warren Memorial Hospital, Inc.

Optima Direct Network Providers January 2019 120
Primary Care Physicians - Tier 1

Al-Khateeb, Deana, MD
Prov#: 10072686
Ridgeview Internal Medicine, LLC
2296 Optiz Blvd Suite 330
Woodbridge, VA 22191
(703) 670-7600

Farah, Bassam, MD
Prov#: 10037407
Lake Ridge Internal Medicine, PC
1725 Financial Loop
Woodbridge, VA 22192
(703) 492-1108

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Gallo, Laura K, MD
Prov#: 10080367
Cardinal Internal Medicine Associates PC
12731 Marblestone Dr
Woodbridge, VA 22191
(703) 897-4300

Kapadia, Atul P., MD
Prov#: 10158437
Sentara Family and Internal Medicine Physicians (SMG)
1900 Optiz Blvd Ste F
Woodbridge, VA 22191
(703) 490-3997

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Moussavi, Sohail, MD
Prov#: 10078991
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 897-8389

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Moustafa Hussein, Wesam H., MD
Prov#: 10140512
Sentara Family Medicine Physicians (SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Saljuki, Rameq, MD
Prov#: 10204659
Rafiq Saljuki, MD, LLC
14094 Jefferson Davis Hwy Ste 408
Woodbridge, VA 22191
(703) 494-6627

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Wasimuddin, Khalid, MD
Prov#: 10022827
Sentara Family and Internal Medicine Physicians (SMG)
1900 Optiz Blvd Ste F
Woodbridge, VA 22191
(703) 499-3906

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Wynn, Alan, MD
Prov#: 10022827
Sentara Family and Internal Medicine Physicians (SMG)
1900 Optiz Blvd Ste F
Woodbridge, VA 22191
(703) 499-3906

Hospital Affiliations:
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Owuos-Nyamekye, Nana, MD
Prov#: 10175291
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Moore, Susan C., DO
Prov#: 10170290
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Hudgens, Donna R., MD
Prov#: 10089910
Highlands Pediatrics, PC
26210 Lee Highway
Abingdon, VA 24210
(276) 623-8100

Hospital Affiliations:
Johnston Memorial Hospital

Johnston, Helen, MD
Prov#: 10092184
Highlands Pediatrics, PC
26210 Lee Highway
Abingdon, VA 24211
(276) 623-8100

Hospital Affiliations:
Johnston Memorial Hospital

Germroth, Jerry A., MD
Prov#: 92355
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Alexandria

Armwood, Amisha Shah, MD
Prov#: 10199588
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Balsestreri, Denise, MD
Prov#: 10085675
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Caplan, Michael S., MD
Prov#: 10038268
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Chandra, Poonam, MD
Prov#: 10152685
All Pediatrics
1200 N Howard Street
Alexandria, VA 22304
(703) 535-5568
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 360-0300

Dryer, Amy, MD
Prov#: 10197309
Neighborhood Health
2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 360-0300

Primary Care Physicians - Tier 1

Woodstock

Byrd, Gregory S, MD
Prov#: 10170293
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Cardwell, Elisabeth T., MD
Prov#: 439690
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Visger, Jennifer M., MD
Prov#: 10012441
Shenandoah Women's Healthcare
240 Lucy Drive
Harrisonburg, VA 22801
(540) 438-1314

Hospital Affiliations:
Inova Alexandria Hospital
Sentara Northern Virginia Medical Center

Barton, Aimee M., MD
Prov#: 10200970
MSMG FP IM PEDS KPT
1600 Johnston Memorial Dr 4th Floor
Abingdon, VA 24211
(276) 258-4050

Hospital Affiliations:
Johnston Memorial Hospital
Primary Care Physicians - Tier 1

6677 Richmond Highway
Alexandria, VA 22306
(703) 535-5568

Farber, Jon M., MD
Provs#: 10017814
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Optima Alexandria Hospital
Sentara Northern Virginia Medical Center

Focht, Cheryl Ann, MD
Provs#: 10034506
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Optima Alexandria Hospital
Sentara Northern Virginia Medical Center

Lazaroea, Susan E., MD
Provs#: 10071591
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Optima Alexandria Hospital
Sentara Northern Virginia Medical Center

Lundgren, Kathleen, MD
Provs#: 10003909
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Hospital Affiliations:
Optima Alexandria Hospital
Sentara Northern Virginia Medical Center

Omidoar, Berna, MD
Provs#: 10114400
Hispanic American Pediatric Associates
5130 Duke Street Suite 7
Alexandria, VA 22304
(703) 751-2021

Omidoar, Jemal, MD
Provs#: 10108587
Hispanic American Pediatric Associates
5130 Duke Street Suite 7
Alexandria, VA 22304
(703) 751-2021

Park, Sue Y., MD
Provs#: 10058238
All Pediatrics
1500 North Beauregard Street Suite 200
Alexandria, VA 22311
(703) 436-1215

Powell, Clydette, MD
Provs#: 10167048
Alexandria Neighborhood Health Services Inc
2 East Glebe Road
Alexandria, VA 22305
(703) 535-5568

Prior, Megan, MD
Provs#: 10205782
Neighborhood Health
2 East Glebe Road
Alexandria, VA 22305
(703) 535-5568

2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 535-5568

Southamakosane, Cathy, MD
Provs#: 10159136
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Tam, Pilar G., MD
Provs#: 10003191
Neighborhood Health
2 East Glebe Avenue
Alexandria, VA 22305
(703) 535-5568

3804 Executive Ave
Alexandria, VA 22305

Taylor, Brittany M., MD
Provs#: 10203879
All Pediatrics
1500 N Beauregard St Ste 200
Alexandria, VA 22311
(703) 436-1200

Welman, Martha, MD
Provs#: 90236
Neighborhood Health
2 East Glebe Avenue
Alexandria, VA 22305
(703) 535-5568

2616 Sherwood Hall Lane Suite 106
Alexandria, VA 22306
(703) 536-0300

Altavista

Devold, Kimberly M., MD
Provs#: 10121657
Centra Medical Group, LLC
1280A Main St
Altavista, VA 24517
(434) 309-1165

American
Campbell, Margaret Rodgers, MD
Provs#: 10097980
Southern Dominion Health Systems Inc
8920 Otterburn Road
Alexandria, VA 23002
(804) 561-5150

Hospital Affiliations:
Chippenham Medical Center/Johnson-Willis Hospital
John Randolph Medical Center

Cardone, Jennifer Anne, MD
Provs#: 10185112
Dinwiddie Medical Center and Counseling Center
8920 Otterburn Road
Alexandria Court House, VA 23002
(804) 561-5150

Hospital Affiliations:
Chippenham Medical Center/Johnson-Willis Hospital
John Randolph Medical Center

Cardone, Jennifer Anne, MD
Provs#: 10185112
Dinwiddie Medical Center and Counseling Center
8920 Otterburn Road
Alexandria Court House, VA 23002
(804) 561-5150

Hospital Affiliations:
Chippenham Medical Center/Johnson-Willis Hospital
John Randolph Medical Center

Saha, Mitali, MD
Provs#: 10209918
American Kids Care PC
7008 Little River Tpke Ste B
Annandale, VA 22003
(703) 914-2723

Appalachia

Forehand, John Randolph, MD
Provs#: 10132807
Stone Mountain Health Services (CCNV)
507 West Main Street
Appalachia, VA 24216
(276) 565-2760

Hospital Affiliations:
Clinch Valley Medical Center

Arrington

Mendelsohn, Mark J., MD
Provs#: 10206566
Blue Ridge Medical Center (CCNV)
4038 Thomas Nelson Hwy
Arrington, VA 22922
(434) 263-4000

Ashburn

Arichandran, Narmatha, MD
Provs#: 10052276
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital

Beloys, Amie, MD
Provs#: 70805
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Carroll, Maura, MD
Provs#: 10040112
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Christian, Shirley, MD
Provs#: 98733
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500

Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
Provs#: 10055587
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500

Hospital Affiliations:
Inova Fairfax Hospital

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Primary Care Physicians - Tier 1

Crowley, Theresa, MD
Prov#: 10038919
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Dharia, Subarna, MD
Prov#: 10124667
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 723-3201

Eng Tow, Della, MD
Prov#: 10060796
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Eng Tow, Della, MD
Prov#: 10057460
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 723-3201

Ferrer, Jennifer, MD
Prov#: 10068532
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Fox, Carol, MD
Prov#: 10023277
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Glandon-Hyun, Angela, MD
Prov#: 10065947
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Hill, Lisa, MD
Prov#: 98903
Capital Area Pediatrics Inc
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500
Hospital Affiliations:
Inova Fairfax Hospital

Hong, Sharon, MD
Prov#: 10080752
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 860-4200
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500
Hospital Affiliations:
Roxton Hospital Center

Incatascoli, William, MD
Prov#: 24650
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Jackson, Archanam, MD
Prov#: 1006774
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500
Hospital Affiliations:
Inova Fairfax Hospital

Morris, Edward, MD
Prov#: 10055369
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
Prov#: 10117661
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 723-3201

O'Brien, Kelsey H., MD
Prov#: 10196631
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 723-3201

Palmer, Emily, MD
Prov#: 10033529
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500
Hospital Affiliations:
Inova Fairfax Hospital

Pierce, Amy, MD
Prov#: 10061821
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Pierce, Victoria, MD
Prov#: 71045
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Reilly, Michelle, DO
Prov#: 10049284
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Rodrigues, Lori, MD
Prov#: 10015608
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Sawyer, Rebecca, MD
Prov#: 10055710
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Shah, Jyotsna, MD
Prov#: 10040109
Ashburn Pediatrics
20955 Professional Plaza Ste 200
Ashburn, VA 20147
(703) 729-7652

Siegel, Allison J, MD
Prov#: 10131956
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
(703) 723-3201
Hospital Affiliations:
Reston Hospital Center

Srivistava, Anjuli, MD
Prov#: 10163613
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD
Prov#: 10052277
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10080756
Capital Area Pediatrics Inc
44050 Ashburn Village Shopping Ctr 189
Ashburn, VA 20147
(703) 723-5500

Watts, Elizabeth, MD
Prov#: 10054562
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Waxman, Phyllis, MD
Prov#: 10052324
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147
Hospital Affiliations:
Inova Fairfax Hospital

Bedford

Smith Ratliff, Sandra, MD
Prov#: 10166341
Lynchburg Women's and Pediatric Health Services
582 Blue Ridge Ave
Bedford, VA 24523
(540) 425-7910

Bermarville

Adem, Keriya, MD
Prov#: 10047144
Loudoun Pediatric Associates
15 First Street
Bermarville, VA 22611
(540) 955-8140
Primary Care Physicians - Tier 1

- Abraham, Ancy, MD
  - Prov#: 10053832
  - New River Valley Pediatrics
  - 3706 S Main Street
  - Blacksburg, VA 24060
  - (540) 552-7272
  - Hospital Affiliations:
    - Carillon New River Valley Medical Center
  - Stickley, Robert F., MD
  - Prov#: 30033
  - New River Valley Pediatrics
  - 3706 S Main Street
  - Blacksburg, VA 24060
  - (540) 552-7272
  - Hospital Affiliations:
    - Carillon New River Valley Medical Center

- Madrid, Joel, MD
  - Prov#: 71551
  - Loudoun Pediatric Associates
  - Berryville, VA 22611
  - (540) 955-8140
  - Hospital Affiliations:
    - Loudoun Pediatric Associates
    - Prov#: 10151431
    - Berryville, VA 22611
    - 15 First Street
    - Loudoun Pediatric Associates
    - Prov#: 71551
    - Berryville, VA 22611
    - 15 First Street
    - Loudoun Pediatric Associates
    - Prov#: 10151431
    - Berryville, VA 22611
    - 15 First Street
    - Loudoun Pediatric Associates
    - Prov#: 10031652
    - Berryville, VA 22611
    - 15 First Street
    - Loudoun Pediatric Associates
    - Prov#: 10084000
    - Berryville, VA 22611
    - 15 First Street
    - Loudoun Pediatric Associates

- Maguire, Jennifer, MD
  - Prov#: 10151431
  - Loudoun Pediatric Associates
  - Berryville, VA 22611
  - (540) 955-8140
  - Hospital Affiliations:
    - Inova Fairfax Hospital
    - Prov#: 10083604
    - Centreville, VA 20121
    - 13880 Braddock Road
    - Prov#: 21724
    - Centreville, VA 20121
    - 13880 Braddock Road

- Roychoudhury, Anya, MD
  - Prov#: 10031652
  - Loudoun Pediatric Associates
  - Berryville, VA 22611
  - (540) 955-8140
  - Hospital Affiliations:
    - Inova Fairfax Hospital
    - Prov#: 10087077
    - Centreville, VA 20121
    - 6211 Centreville Road Suite 100
    - Prov#: 10102783
    - Bristow Pediatrics
    - Bristow, VA 20136
    - (571) 379-4246
    - Hospital Affiliations:
      - Novant Health UVA Health System Prince William Medical Center

- Meeks, Leigh A., MD
  - Prov#: 10187275
  - Bluefield Clinic Company LLC
  - 106 Huffard Drive
  - Bluefield, VA 24605
  - (276) 322-3427
  - Hospital Affiliations:
    - Bluefield Regional Medical Center
    - Greenbrier Valley Medical Center

- Bates, Gayle, MD
  - Prov#: 10003407
  - Twin City Medical Center
  - (Southwest Va Community Health)
  - 2195 Euclid Avenue
  - Bristol, VA 24201
  - (276) 496-4492

- Dolan, Gail L., MD
  - Prov#: 10102783
  - Bristow Pediatrics
  - Bristow, VA 20136
  - (571) 379-4246
  - Hospital Affiliations:
    - Novant Health UVA Health System Prince William Medical Center

- Chung, Sandy, MD
  - Prov#: 10087077
  - TRUSTED DOCTORS, LLC
  - 6211 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 391-0900
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital
    - Inova Fairfax Hospital

- Floy, Tina Emoungu, MD
  - Prov#: 10144450
  - BAHMAN SHAHIN, MD, PC
  - 13880 Braddock Road
  - Centreville, VA 20121
  - (703) 266-6676
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital

- Ohriner, William, MD
  - Prov#: 21724
  - TRUSTED DOCTORS, LLC
  - 6211 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 391-0900
  - Hospital Affiliations:
    - Inova Fair Oaks Hospital

- Rosenbaum-Khitril, Rachel, MD
  - Prov#: 10083604
  - TRUSTED DOCTORS, LLC
  - 6211 Centreville Road Suite 100
  - Centreville, VA 20121
  - (703) 391-0900

- Blackburns

- Abraham-Hardee, Sofia, DO
  - Prov#: 10081806
  - Academic Primary Care Associates LLC
  - 3708 South Main St
  - Blacksburg, VA 24060
  - (540) 443-7180
  - Hospital Affiliations:
    - Lewis-Gale Medical Center
    - Monteith Regional Hospital d/ h/ Lewis-Gale Montgomery
    - Collin, Ann, DO
  - Prov#: 10084000
  - New River Valley Pediatrics
  - 805 Davis Street
  - Blacksburg, VA 24060
  - (540) 443-7180
  - Hospital Affiliations:
    - Carillon New River Valley Medical Center

- Meeks, Leigh A., MD
  - Prov#: 10187275
  - Bluefield Clinic Company LLC
  - 106 Huffard Drive
  - Bluefield, VA 24605
  - (276) 322-3427
  - Hospital Affiliations:
    - Bluefield Regional Medical Center
    - Greenbrier Valley Medical Center

- Bristol

- Bristow

- Centreville
Shahin, Bahman, MD  
Prov#: 43197  
BAHMAN SHAHIN, MD, PC  
13850 Braddock Road  
Centreville, VA 20121  
(703) 266-6676  
Hospital Affiliations:  
Inova Fairfax Hospital

Tsai, John, MD  
Prov#: 10091476  
TRUSTED DOCTORS, LLC  
6211 Centreville Road Suite 100  
Centreville, VA 20121  
(703) 391-0900  
Hospital Affiliations:  
Inova Fair Oaks Hospital

Alexander, Whitney S., MD  
Prov#: 20556  
Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600

Armengol, Carlos E., MD  
Prov#: 52513  
Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Balaban, Lori W., MD  
Prov#: 52387  
Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Belo, Amie, MD  
Prov#: 70805  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Carroll, Maura, MD  
Prov#: 10040112  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Crowley, Theresa, MD  
Prov#: 10038919  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Pierce, Victoria, MD  
Prov#: 71045  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Reilly, Michele, DO  
Prov#: 10049284  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Shah, Jyotsna, MD  
Prov#: 10040109  
Ashburn Pediatrics  
24805 Pinebrook Rd Suite 109  
Chantilly, VA 20152  
(703) 729-7652

Shah, Vaidehi, MD  
Prov#: 10151663  
Chantilly Family Medicine, LLC  
14133 Robert Paris Court  
Chantilly, VA 20151  
(703) 956-6757

Charlottesville

Alexander, Whitney S., MD  
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Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600

Davis, Sheila F., MD  
Prov#: 42719  
Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Gillenwater, Jay Merritt, MD  
Prov#: 10159074  
Pediatric Associates of Charlottesville PLC  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Grice, Stephanie M., MD  
Prov#: 10129017  
Piedmont Pediatrics  
900 Rio East Court Ste A  
Charlottesville, VA 22901  
(434) 975-7777  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Hushakshi, Teresa H., MD  
Prov#: 52514  
Piedmont Pediatrics  
900 Rio East Court Ste A  
Charlottesville, VA 22901  
(434) 975-7777  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Knight, Sarah E., MD  
Prov#: 10078272  
Piedmont Pediatrics  
1011 East Jefferson St  
Charlottesville, VA 22901  
(434) 296-6161

Malek, Amy M., MD  
Prov#: 10206646  
Piedmont Pediatrics  
1011 East Jefferson St  
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(434) 296-9611  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Mayo, Mary Anne, MD  
Prov#: 34400  
Piedmont Pediatrics  
900 Rio East Court Ste A  
Charlottesville, VA 22901  
(434) 975-7777

Michel, Robert S., MD  
Prov#: 10208208  
Piedmont Pediatrics  
1011 East Jefferson St  
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(434) 296-9611  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600  
2411 Ivy Road  
Charlottesville, VA 22903  
(434) 296-8300

Perrillo, L. Paige D., MD  
Prov#: 10034291  
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1011 East Jefferson St  
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(434) 296-9611  
1522 Insurance Lane Suite A  
Charlottesville, VA 22911  
(434) 974-9600

Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 125
### Primary Care Physicians - Tier 1

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<th>Additional Information</th>
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<td>Wolfe, Karyn E, MD</td>
<td>96629</td>
<td>Pediatric Associates of Charlottesville PLC, 1011 East Jefferson St, Charlottesville, VA 22901, (434) 296-8300.</td>
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<tr>
<td>Eichelberger, Michelle Davis, MD</td>
<td>13110</td>
<td>Chesapeake Pediatrics (CMG) 1124 South Battlefield Blvd Chesapeake, VA 23322 (757) 668-2500.</td>
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<td>De Triquet, John M., MD</td>
<td>93253</td>
<td>Renaissance Pediatrics, PC 4012 Raintree Rd Ste 200A Chesapeake, VA 23321 (757) 488-2223.</td>
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<td>Newport, A. Robert, MD</td>
<td>10177736</td>
<td>Atlantic Community Health Center (ESRHS) (CCNV) 22214 S Bayside Blvd Cheriton, VA 23316 (757) 331-1086.</td>
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<td>Riopel, Cathy S., MD</td>
<td>45990</td>
<td>Atlantic Community Health Center (ESRHS) (CCNV) 22214 S Bayside Blvd Cheriton, VA 23316 (757) 331-1086.</td>
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<td>Ricketts, Todd P., MD</td>
<td>58833</td>
<td>Atlantic Community Health Center (ESRHS) (CCNV) 22214 S Bayside Blvd Cheriton, VA 23316 (757) 331-1086.</td>
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<td>Ballard, Dorothy, MD</td>
<td>95761</td>
<td>Tidewater Children's Associates, Ltd. (CMG) 601 Innovation Dr Suite A Chesapeake, VA 23320 (757) 668-2650.</td>
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<td>Ballard, Dorothy, MD</td>
<td>95253</td>
<td>Tidewater Children's Associates, Ltd. (CMG) 601 Innovation Dr Suite A Chesapeake, VA 23320 (757) 668-2650.</td>
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<td>Willis, Laura E., MD</td>
<td>45744</td>
<td>Pediatric Associates of Charlottesville PLC, 1011 East Jefferson St Charlottesville, VA 22901, (434) 296-8300.</td>
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Primary Care Physicians - Tier 1

Gerbus, Patrick M., MD
Prov#: 13035
Pediatric Specialists (CMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220
612 Kingsborough Sq Ste 301
Chesapeake, VA 23320
(757) 436-1770
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kagan, Harvey J., MD
Prov#: 13261
Pediatric Specialists (CMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220
612 Kingsborough Sq Ste 301
Chesapeake, VA 23320
(757) 436-1770
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

McNeill, Dianne M., MD
Prov#: 10093831
Dianne McNeill, MD, PLLC dba Cornerstone Pediatrics
308 Cacher Lakes Dr Ste 103
Chesapeake, VA 23322
(757) 410-9600

Mink, James W., MD
Prov#: 13841
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 688-2650
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nash, Margaret R., MD
Prov#: 10084235
Wards Corner Pediatrics
1421-A Kempsville Road
Chesapeake, VA 23320
(757) 436-1294
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nottingham, Scott, MD
Prov#: 62288
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 688-2650
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ongkingco, Jose Ramon C., MD
Prov#: 13389
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 688-2650
Hospital Affiliations:
Sentara CarePlex Hospital

Pasquinelli, Lawrence M, MD
Prov#: 35236
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
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(757) 688-2650
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Primary Care Physicians - Tier 1

Peeples, Vernita N., MD
Provs#: 13103
Pediatric Partners of Hampton Roads, PC
656 Independence Parkway Ste 200
Chesapeake, VA 23320
(757) 410-3630
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Powell, Drusilla S., MD
Provs#: 13025
Chesapeake Pediatrics (CMG)
1124 South Battlefield Blvd
Chesapeake, VA 23320
(757) 668-2500
500 Discovery Dr Ste 302
Chesapeake, VA 23320
(757) 668-2500
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Rafferty, Erin R., MD
Provs#: 10186671
Chesapeake Pediatrics (CMG)
500 Discovery Dr Ste 302
Chesapeake, VA 23320
(757) 668-2500
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Riccio, Amy D., MD
Provs#: 13842
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2500
Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Rowland, Leah, MD
Provs#: 10024674
Pediatric Specialists (CMG)
502 Bud Drive Suite 102
Chesapeake, VA 23320
(757) 312-9220
612 Kingsborough Sq Ste 301
Chesapeake, VA 23320
(757) 436-1770
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Scaccia, Michael P., MD
Provs#: 18611
Renaissance Pediatrics, PC
4012 Raintree Rd Ste 200A
Chesapeake, VA 23321
(757) 488-2223
Seusy, Latricia B., MD
Provs#: 10007416
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2500
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Slade-Byrd, Lynelle, MD
Provs#: 95769
Tidewater Children's Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2500
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Smith, Thelia J., MD
Provs#: 10125515
M.T. Curry, Inc.
733 Volvo Parkway Suite 200
Chesapeake, VA 23320
(757) 547-5851
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Stolz, Steven M., MD
Provs#: 13031
Pediatric Specialists (CMG)
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Chesapeake, VA 23323
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Chesapeake, VA 23320
(757) 436-1770
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rivas, Gabriella Ferraioli, MD
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Sentara Family Medicine & Pediatrics (SMG)
1933 Edwin Dr Ste 208
Chesapeake, VA 23322
(757) 252-5820

Seusy, Latricia B., MD
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Tidewater Children's Associates, Ltd. (CMG)
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(757) 668-2500
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Tiffany, Julie T., MD
Provs#: 10008044
Tidewater Children's Associates, Ltd. (CMG)
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Vergano, Scott, MD
Provs#: 10097189
Pediatric Specialists (CMG)
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Chesapeake, VA 23323
(757) 312-9220
Hospital Affiliations:
Children's Hospital of the King's Daughters
Whiteside, Paul F., MD
Provs#: 10065097
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(757) 668-2500
Wright, Kelly L., MD
Provs#: 10093003
Pediatric Specialists (CMG)
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(757) 312-9220
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Chesapeake, VA 23320
(757) 436-1770
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Chincoteague

Cross, Elizabeth, MD
Provs#: 46007
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090
Shayne, Robert, MD
Provs#: 46009
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Sheikh, Tariq, MD
Provs#: 10024984
Rivers Bend-Enon Pediatrics
1716 East Hundred Rd Ste 101
Meadowville Commons
Chester, VA 23836
(804) 681-0347
Steele, Kerri, MD
Provs#: 10002527
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
Chesapeake Regional Medical Center
Chesapeake Pediatrics (CMG)
Prov#: 10065097
Chesapeake Pediatrics (CMG)
Prov#: 13100
Medowville Commons
1716 East Hundred Rd Ste 101
Meadowville Commons
Chester, VA 23836
(804) 681-0347

Tan, Ruby, MD
Provs#: 10080646
Infant Jesus Children's Clinic, PLC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Woodhouse, Monica, MD
Provs#: 10193061
Chesapeake Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Chincoteague

Marsh, Nicole Briggs, MD
Provs#: 10094775
Onley Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Richardson, Gabriella Ferraioli, MD
Provs#: 10164893
Onley Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Hospital Affiliations:
Children's Hospital of the King's Daughters

Chester

Bourassa, Laina, MD
Provs#: 10163826
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090
Campbell, Kevin, MD
Provs#: 46006
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
Chesapeake Regional Medical Center
Johnston-Williams Hospital
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<td>Tiffany, Amanda M., DO</td>
<td>Carilion Healthcare Corporation 60 Market Center Way Daleville, VA 24083 (540) 992-1251</td>
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<td>Fulton, Ryan P, DO</td>
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<td>Hays, Jacinda L., DO</td>
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<td>Moore, John, MD</td>
<td>Carilion Healthcare Corporation 60 Market Center Way Daleville, VA 24083 (540) 992-1251</td>
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<td>Khalifa, Dalia A., MD</td>
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<td>King, Samuel, MD</td>
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<td>Omoji, Bassey, MD</td>
<td>Carilion Healthcare Corporation 60 Market Center Way Daleville, VA 24083 (540) 992-1251</td>
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<td>Owusu, Nada, MD</td>
<td>Carilion Healthcare Corporation 60 Market Center Way Daleville, VA 24083 (540) 992-1251</td>
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<td>Pierce, Christopher A., MD</td>
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<td>Tiffany, Amanda M., DO</td>
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<td>Bereth, Kyla K, MD</td>
<td>Carilion Healthcare Corporation 60 Market Center Way Daleville, VA 24083 (540) 992-1251</td>
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<td>Carilion Roanoke Memorial Hospital</td>
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**Primary Care Physicians - Tier 1**

**Danville**

- **Broughton, Jr, Robert, MD**
  - Prov#: 46119
  - Children's Healthcare Center
  - 201 South Main St Ste 2100
  - Danville, VA 24540
  - (434) 799-2111
  - Hospital Affiliations: Carilion Roanoke Memorial Hospital

- **Duvall, Shawn, MD**
  - Prov#: 180773
  - Piedmont Pediatrics, Inc.
  - 10346 Courthouse Rd
  - Danville, VA 24540
  - (434) 793-7745

**Dublin**

- **Gehrz, Richard C., MD**
  - Prov#: 300408
  - Children's Choice, PC
  - 5562 Cougar Trail Road
  - Dublin, VA 24084
  - (540) 674-9359
  - Hospital Affiliations: Carilion New River Valley Medical Center

- **Morgan, Ryan J., MD**
  - Prov#: 067500
  - Children's Choice, PC
  - 5625 Canal Drive
  - Danville, VA 24540
  - (540) 674-9359
  - Hospital Affiliations: Carilion New River Valley Medical Center

**Emporia**

- **Marcelin, Fitzgerald, MD**
  - Prov#: 300408
  - Emporia Greensville Medical Center
  - 510 N Main Street
  - Emporia, VA 23847
  - (434) 634-7723
  - Hospital Affiliations: Potomac Valley Hospital Southampton Memorial Hospital Southern Virginia Regional Medical Center Southside Regional Medical Center

**Fairfax**

- **Abbott, Katherine A., MD**
  - Prov#: 10206110
  - TRUSTED DOCTORS, LLC
  - 13135 Lee Jackson Memorial Hwy Ste 201
  - Fairfax, VA 22033
  - (703) 391-0900
  - Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

- **Barnada-Mazid, Serene, MD**
  - Prov#: 10065527
  - TRUSTED DOCTORS, LLC
  - 13135 Lee Jackson Memorial Hwy Ste 201
  - Fairfax, VA 22033
  - (703) 391-0900
  - Hospital Affiliations: Inova Fair Oaks Hospital Inova Fairfax Hospital

- **Bradford, Jennifer, DO**
  - Prov#: 10206107
  - TRUSTED DOCTORS, LLC
  - 13135 Lee Jackson Memorial Hwy Ste 201
  - Fairfax, VA 22033
  - (703) 391-0900

- **Byrnes, Laura, MD**
  - Prov#: 10005221
  - TRUSTED DOCTORS, LLC
  - 13135 Lee Jackson Memorial Hwy Ste 201
  - Fairfax, VA 22033
  - (703) 391-0900
  - Hospital Affiliations: Inova Fair Oaks Hospital

- **Christian, Shirley, MD**
  - Prov#: 98733
  - Capital Area Pediatrics Inc
  - 10400 Eaton Place Ste 400
  - Fairfax, VA 22030
  - Hospital Affiliations: Inova Fairfax Hospital

- **Chung, Sandy, MD**
  - Prov#: 10087077
  - TRUSTED DOCTORS, LLC
  - 13135 Lee Jackson Memorial Hwy Ste 201
  - Fairfax, VA 22033
  - (703) 391-0900
  - Hospital Affiliations: Inova Fair Oaks Hospital
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<td><strong>Srivastava, Anjuli, MD</strong>&lt;br&gt;407 N Washington St Ste 100&lt;br&gt;Falls Church, VA 22046&lt;br&gt;(703) 237-5919</td>
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| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Parker, Damien, MD**<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Spanier, Holly, MD**<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Becker, Jiyeon K, MD**<br>Provs#: 4105437<br>Capital Area Pediatrics Inc<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Reston Hospital Center** |
| **Siegel, Allison J, MD**<br>Provs#: 10055710<br>Capital Area Pediatrics Inc<br>2946 Sleepy Hollow Rd 3B<br>Falls Church, VA 22044<br>(703) 534-1000 |
| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Spanier, Holly, MD**<br>Provs#: 10105437<br>Capital Area Pediatrics Inc<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Reston Hospital Center** |
| **Srivastava, Anjuli, MD**<br>Provs#: 10163613<br>Capital Area Pediatrics Inc<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Twin County Regional Hospital** |
| **Al-Ani, Ibtelah, MD**<br>Provs#: 10112093<br>Prince Edward Pediatrics LLC<br>1715 W Third Street<br>Farmville, VA 23901<br>(434) 315-0138 |
| **Hospital Affiliations:**<br> 
**Centra Southside Community Hospital** |
| **Young-Lighthbody, Karon S, MD**<br>Provs#: 10126340<br>Southside Pediatrics PC ( Farmville)<br>502 Beech St<br>Farmville, VA 23901<br>(434) 392-9438 |
| **Hospital Affiliations:**<br> 
**Children’s Hospital of the King’s Daughters** |
| **Wahba, Leina, MD**<br>Provs#: 10080756<br>Capital Area Pediatrics Inc<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Watson, Phyllis, MD**<br>Provs#: 10057234<br>Capital Area Pediatrics Inc<br>407 N Washington St Ste 100<br>Falls Church, VA 22046<br>(703) 237-5919 |
| **Hospital Affiliations:**<br> 
**Inova Fairfax Hospital** |
| **Goldsbys, Cherubim E., MD**<br>Provs#: 10171392<br>Southeastern Virginia Health System<br>1357 Armory Drive<br>Franklin, VA 23851<br>(757) 304-5570 |
| **Ona, Maria M., MD**<br>Provs#: 12598<br>Maria M. Ona, MD<br>931 Armory Drive Suite C<br>Franklin, VA 23851<br>(757) 562-3233 |
| **Hospital Affiliations:**<br> 
**Southampton Memorial Hospital** |
| **Riopel, David J., MD**<br>Provs#: 45991<br>Atlantic Community Health Center (ESRHS) (CCNV)<br>9159 Frankton Road<br>Frankfort, VA 23354<br>(757) 442-4819 |
| **Hospital Affiliations:**<br> 
**Riverside Shore Memorial Hospital** |
| **Aaronson, Allen E, MD**<br>Provs#: 10024673<br>Rappahannock Pediatric Associates PC<br>2632 Salem Church Road<br>Fredericksburg, VA 22407<br>(540) 899-3440 |
| **Hospital Affiliations:**<br> 
**Henrico Doctors’ Hospital - Forest Campus** |
| **Amory, Charles V., MD**<br>Provs#: 29612<br>Riverside Shore Memorial Hospital<br>9159 Franktown Road<br>Frankfort, VA 23354<br>(540) 442-4819 |
| **Hospital Affiliations:**<br> 
**Franktown Community Health Center (ESRHS) (CCNV)** |
| **Riopel, Cathy S., MD**<br>Provs#: 45990<br>Atlantic Community Health Center (ESRHS) (CCNV)<br>9159 Frankton Road<br>Frankfort, VA 23354<br>(757) 442-4819 |
| **Hospital Affiliations:**<br> 
**Mary Washington Hospital (MWH)** |
| **Becker, Jiyeon K, MD**<br>Provs#: 4105437<br>Preferred Pediatrics at Snowden Inc<br>10600 Spotsylvania Ave<br>Fredericksburg, VA 22408<br>(540) 368-8091 |
| **Hospital Affiliations:**<br> 
**Mary Washington Hospital (MWH)** |
Primary Care Physicians - Tier 1

Bradshaw, Brenda, MD
Pro#: 59857
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-2228

Hospital Affiliations:
Mary Washington Hospital (MWH)

Caldwell, Kimberly, MD
Pro#: 10015461
PL Pediatrics
4552 Empire Court
Fredericksburg, VA 22408
(540) 361-4779

Hospital Affiliations:
Chippingham Medical Center/
Johnston-Willis Hospital

Callahan, Mary, MD
Pro#: 10022265
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Canady, Sita S., MD
Pro#: 10904777
Fall Hill Pediatrics, PLC
2300 Fall Hill Avenue Suite 290
Fredericksburg, VA 22401
(540) 899-2555

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Clark, Jennifer, MD
Pro#: 10061845
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Goeden, Nancy C, MD
Pro#: 10021036
Rappahannock Pediatric Associates PC
2632 Salem Church Road
Fredericksburg, VA 22407
(540) 899-3440

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Goodlett, Allison H., MD
Pro#: 10156324
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hood, Kyon A., MD
Pro#: 10135564
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Hospital Affiliations:
Chippingham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Spotsylvania Regional Medical Center

Hull, Jane R., MD
Pro#: 10162150
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Johnson, William B., MD
Pro#: 90388
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 361-7641
Pro#: 10192249
The Children's Clinic of Fredericksburg, PC
4532 Plank Road
Fredericksburg, VA 22407
(540) 252-1840

Hospital Affiliations:
Mary Washington Hospital (MWH)

Khan, Hina R., MD
Pro#: 10083457
Children's Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)

Khan, Hina R., MD
Pro#: 10083457
Children's Health PC
4425 Plank Road
Fredericksburg, VA 22407
(540) 785-9595

Hospital Affiliations:
Mary Washington Hospital (MWH)

Mancini, Pamela M., MD
Pro#: 10698
PL Pediatrics PLLC (PINNACLE)
321 Park Hill Dr
Fredericksburg, VA 22401
(540) 361-1800
Pro#: 10019913
PL Pediatrics
4550 Empire Court
Fredericksburg, VA 22408
(540) 604-9894

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Mclntosh, Paul M.
Pro#: 10063855
ABC Pediatrics Practice PC
231 Park Hill Drive
Fredericksburg, VA 22401
(540) 373-2228

Hospital Affiliations:
Mary Washington Hospital (MWH)

Noori, Alice, MD
Pro#: 10031557
PL Physicians Inc
4550 and 4552 Empire Court
Fredericksburg, VA 22408
(540) 604-9894

Hospital Affiliations:
Mary Washington Hospital (MWH)

O'Brien, Julie, MD
Pro#: 10021317
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500
331 Park Hill Drive
Fredericksburg, VA 22401
(540) 368-8091

Hospital Affiliations:
Mary Washington Hospital (MWH)

Prasad, Pooja R., DO
Pro#: 10197633
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7835

Purcell, Linda M., DO
Pro#: 31047
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500
331 Park Hill Drive
Fredericksburg, VA 22401
(540) 368-8091

Hospital Affiliations:
Mary Washington Hospital (MWH)

Rochford, Verne, MD
Pro#: 10147740
Generations of Children
4604 Spotsylvania Parkway Suite 345
Fredericksburg, VA 22408
(540) 654-8402
Pro#: 10187787
Spotsylvania Multi-Specialty Group, LLC
4604 Spotsylvania Parkway Suite 200
Fredericksburg, VA 22408
(540) 358-7337

Hospital Affiliations:
Mary Washington Hospital (MWH)

Simes, Rebecca S., MD
Pro#: 10068412
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

Sprinkle, Whitney, MD
Pro#: 64556
Preferred Pediatrics at Snowden Inc
10600 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Hospital Affiliations:
Mary Washington Hospital (MWH)

Sussdorf, Claudia E., MD
Pro#: 10836
Fall Hill Pediatrics, PLC
2300 Fall Hill Ave
Fredericksburg, VA 22401
(540) 899-2555

Hospital Affiliations:
Mary Washington Hospital (MWH)
University of Virginia Medical Center

Topp, Jacinta W., MD
Pro#: 40960
Fall Hill Pediatrics, PLC
2300 Fall Hill Avenue Suite 290
Fredericksburg, VA 22401
(540) 899-2555

Hospital Affiliations:
Mary Washington Hospital (MWH)

Front Royal

Christoph, Richard A., MD
Pro#: 18717
Valley Health Pediatrics Front Royal
315 W 10th Street
Front Royal, VA 22630
(540) 631-7337

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Collier, Aldon Rockwell, MD
Pro#: 10177603
Valley Health Pediatrics Front Royal
315 W 10th Street
Front Royal, VA 22630
(540) 631-7337

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Warren Memorial Hospital, Inc.

Dunn, Deborah E., MD
Pro#: 10001236
Valley Health Warren Memorial Hospital Pediatrics
315 W 10th St
Front Royal, VA 22630
(540) 631-7337

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Oyebanjo, Abiodun, MD
Pro#: 10180065
Valley Health Warren Memorial Hospital Pediatrics
315 W 10th St
Front Royal, VA 22630
(540) 631-7337

Hospital Affiliations:
Winchester Medical Center

Tauriac, Ashley, MD
Pro#: 10193011
Valley Health Pediatrics Front Royal
315 W 10th St
Front Royal, VA 22630
(540) 536-7337

Hospital Affiliations:
Mary Washington Hospital (MWH)
Primary Care Physicians - Tier 1

**Gainesville**

**Ault, Wendy, MD**  
Provs#: 10115640  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Bailey, Denyse R., MD**  
Provs#: 10208272  
Olde Towne Pediatrics  
7120 Heritage Village Pkz Ste 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Flynn, Elizabeth D., MD**  
Provs#: 10115672  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Granados, Erik Gabriel, MD**  
Provs#: 10115632  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Mackie-Lee, Susanne B., MD**  
Provs#: 10208385  
Milestones Pediatric and Adolescent Care LLC  
7500 Iron Bar Ln Ste 120  
Gainesville, VA 20155  
(703) 753-6772  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Mason, Marsha A., MD**  
Provs#: 10115648  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Sarangi, Susmita, MD**  
Provs#: 10156566  
Olde Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Shinaishin, Ahmed, MD**  
Provs#: 10021349  
Milestones Pediatric and Adolescent Care LLC  
7500 Iron Bar Lane Suite 120  
Gainesville, VA 20155  
(703) 753-6772  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Tulsi, Priyadarshan, MD**  
Provs#: 10134908  
Olde Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

**Charity-Brown, Tamara, MD**  
Provs#: 10010152  
Pediactric Family Care Center -DLP  
Twin County Physician Practices  
606 East Stuart Drive  
Galax, VA 24333  
(276) 236-8166  
Hospital Affiliations:  
Twin County Regional Hospital

**Dalton, Belle Jones, MD**  
Provs#: 10123598  
Pediactric Family Care Center -DLP  
Twin County Physician Practices  
606 East Stuart Drive  
Galax, VA 24333  
(276) 236-8166  
Hospital Affiliations:  
Twin County Regional Hospital

**McGuire, Maria, MD**  
Provs#: 10094961  
Pediactric Family Care Center -DLP  
Twin County Physician Practices  
606 E Stuart Drive  
Galax, VA 24333  
(276) 236-8166  
Hospital Affiliations:  
Twin County Regional Hospital

**Meyers, Mary C., MD**  
Provs#: 10097429  
Pediactric Family Care Center -DLP  
Twin County Physician Practices  
606 E Stuart Drive  
Galax, VA 24333  
(276) 236-8166  
Hospital Affiliations:  
Twin County Regional Hospital

**Evans, Wendy C., DO**  
Provs#: 10130654  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite E  
Glen Allen, VA 23060  
(804) 755-7581  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital

**Fortner, Julie, MD**  
Provs#: 45607  
Pediactric Center  
10571 Telegraph Road Ste 110  
Glen Allen, VA 23059  
(804) 282-4210  
Hospital Affiliations:  
Bon Secours St. Marys Hospital

**Goodall, Catherine, MD**  
Provs#: 10190414  
Glen Allen Pediatrics, LLC  
3990 Stillman Parkway  
Glen Allen, VA 23060  
(804) 282-4210  
Hospital Affiliations:  
Bon Secours St. Marys Hospital

**Goradia, Laura, MD**  
Provs#: 72350  
Glen Allen Pediatrics, LLC  
3990 Stillman Parkway  
Glen Allen, VA 23060  
(804) 282-4210  
Hospital Affiliations:  
Bon Secours St. Marys Hospital

**Lane, Joanne, DO**  
Provs#: 10002409  
Associates in Pediatrics - Pediatric Partners of Virginia, LLC  
11551 Nuckols Road Suite F  
Glen Allen, VA 23059  
(804) 364-4400  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

**Marks, Jon, MD**  
Provs#: 10023949  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite E  
Glen Allen, VA 23059  
(804) 755-7581  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippinham Medical Center/ John Wills Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

**Morris, Randall, MD**  
Provs#: 10023949  
Crossridge Pediatrics and Internal Medicine  
10150 Staples Mill Road Suite C  
Glen Allen, VA 23060  
(804) 755-7581  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
St. Mary's Hospital

**Novant Health UVA Health System**

**Prince William Medical Center**

**Twin County Regional Hospital**
Primary Care Physicians - Tier 1

Great Falls

Guillen, Manuel, MD
Pro#: 1013578
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Zeh, Debra A., MD
Pro#: 10041843
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Hospital Affiliations:
Reston Hospital Center

Grundy

Patel, Rajnikant R., MD
Pro#: 10076999
Tie State Rural Health Clinic
1520 Slate Creek Road Ste 106
Grundy, VA 24614
(276) 935-6444

Hospital Affiliations:
Buchanan General Hospital

Hampton

Badavi, Aurora S., MD
Pro#: 38341
ABC Pediatrics
2200 Executive Dr Ste D
Hampton, VA 23666
(757) 826-6889

Hospital Affiliations:
Sentara CarePlex Hospital

Eichelberger, Imani Rene, MD
Pro#: 10093353
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Holman, Mark E., MD
Pro#: 53018
Pediatric Center, PC
901 Enterprise Parkway Ste 200
Hampton, VA 23666
(757) 826-5437

Hospital Affiliations:
Children's Hospital of the King's Daughters

Gloucester

Alamin, Hiba H., MD
Pro#: 10143268
Sentara Pediatric Physicians (SMG)
5659 Parkway Dr Ste 230
Gloucester, VA 23061
(804) 210-1055

Via, Dan F., MD
Pro#: 78117
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Holzsager, David J., MD
Pro#: 63000
Hampton Roads Pediatrics (CMG)
23 Manhattan Square
Hampton, VA 23666
(757) 668-2200
Primary Care Physicians - Tier 1

Leedie, Linda C., MD  
Pro#: 13381  
Associates in Pediatric Care, PC  
2115 Executive Dr Ste 4A  
Hampton, VA 23666  
(757) 838-8166

Montanez Concepcion, Ana, MD  
Pro#: 10157857  
Hampton Roads Pediatrics (CMG)  
23 Manhattan Square  
Hampton, VA 23666  
(757) 668-2200

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Motley, Vickie C., MD  
Pro#: 67384  
ABC Pediatrics  
2200 Executive Dr Ste D  
Hampton, VA 23666  
(757) 826-6889

Hospital Affiliations:  
Sentara CarePlex Hospital

Odom-Austin, Angela D., MD  
Pro#: 10148861  
Associates in Pediatric Care, PC  
2101 Executive Drive Suite 610  
Hampton, VA 23666  
(757) 838-2309

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Children's Hospital of the King's Daughters

Raiizada, Juhli Gupta, MD  
Pro#: 10193866  
Hampton Roads Pediatrics (CMG)  
23 Manhattan Square  
Hampton, VA 23666  
(757) 668-2200

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Sheppard, Theresa, MD  
Pro#: 10065429  
Hampton Roads Pediatrics (CMG)  
23 Manhattan Square  
Hampton, VA 23666  
(757) 668-2200

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters

Walker, Paul, MD  
Pro#: 13380  
Associates in Pediatric Care, PC  
2115 Executive Dr Ste 4A  
Hampton, VA 23666  
(757) 838-8166

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters

Hardy

Sarbin, Adam A., MD  
Pro#: 31925  
Physicians to Children Inc  
276 Westlake Road Ste 3  
Hardy, VA 24101  
(540) 342-9213

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Hayes

Prieur, Tara H, MD  
Pro#: 10096511  
Valley Children's Clinic, PC  
3302 Albert Long Drive  
Harrisonburg, VA 22801  
(540) 434-0898

Hospital Affiliations:  
Sentara RMH Medical Center

Renick, Philip M., MD  
Pro#: 41423  
Bluestone Pediatrics PLLC  
4059 Quares Court  
Harrisonburg, VA 22801  
(540) 437-4800

Hospital Affiliations:  
Sentara RMH Medical Center

Schreck, Jennifer K., MD  
Pro#: 10153610  
Bluestone Pediatrics PLLC  
4059 Quares Court  
Harrisonburg, VA 22801  
(540) 437-4800

Hospital Affiliations:  
Sentara RMH Medical Center

Shea, Elena M., MD  
Pro#: 10141641  
PediCare of Northern Virginia, PC  
15195 Heathcote Blvd Suite 205  
Haymarket, VA 20169  
(703) 330-3939

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Wise, Rebecca S., DO  
Pro#: 10199157  
PediCare of Northern Virginia, PC  
15195 Heathcote Boulevard Suite 250  
Haymarket, VA 20169  
(703) 330-3939

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Henrico

Arichandran, Narmatha, MD  
Pro#: 10052276  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Hospital Affiliations:  
Inova Fair Oaks Hospital  
Inova Fairfax Hospital

Inova Fair Oaks Hospital
Primary Care Physicians - Tier 1

Dharia, Subarun, MD  
Prov#: 10124667  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Dolvan, Rubina, MD  
Prov#: 10160002  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Eng Tow, Della, MD  
Prov#: 10806796  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Fox, Carol, MD  
Prov#: 10052277  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Glandon-Hyun, Angela, MD  
Prov#: 10065907  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Hill, Lisa, MD  
Prov#: 98903  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Hong, Sharon, MD  
Prov#: 10080752  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Kohn, Susan, MD  
Prov#: 10054597  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
Hospital Affiliations:  
Inova Fairfax Hospital

Lee, Nicole, MD  
Prov#: 10061828  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Maya, Nair, MD  
Prov#: 10060395  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

McAndrews, Julie, MD  
Prov#: 23947  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Morris, Edward, MD  
Prov#: 10055369  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Nigra, Meaghan, MD  
Prov#: 10117661  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

O'Brien, Kelsey H., MD  
Prov#: 10196633  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Panitz, Polly J., MD  
Prov#: 10107897  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Parker, Damien, MD  
Prov#: 10088594  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Siegel, Allison J, MD  
Prov#: 10131596  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Tan, Hanita Oh, MD  
Prov#: 10065275  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Wahba, Leina, MD  
Prov#: 10080756  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive  
Suite H  
Herndon, VA 20171  
(703) 860-4200

Wijetilleke, Medhine A., MD  
Prov#: 10158705  
Healthworks for Northern Virginia  
1141 Elden Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

Siri, Charuwan, MD  
Prov#: 14941  
Children and Adolescent's Clinic, Inc.  
308 N 4th Ave  
Hopewell, VA 23860  
(804) 541-8812

Hospital Affiliations:  
John Randolph Medical Center

Tan, Ruby, MD  
Prov#: 10080656  
Infant Jesus Children's Clinic, PLC  
505 N 6th Ave  
Hopewell, VA 23860  
(804) 458-1430

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus

Whitaker, Joyce L., MD  
Prov#: 10208221  
Infant Jesus Children's Clinic, PLC  
505 N 6th Ave  
Hopewell, VA 23860  
(804) 458-1430

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Wills, Andrea, MD  
Prov#: 10172745  
Childrens & Adolescents Clinic  
308 North 4th Ave  
Hopewell, VA 23860  
(804) 541-8812

Hospital Affiliations:  
Southside Regional Medical Center

Kenbridge

Kilpatrick, Kathryn, MD  
Prov#: 10007661  
Southside Medical Management Inc  
306 E Sixth Avenue  
Kenbridge, VA 23944  
(434) 676-8021

Hospital Affiliations:  
Southern Virginia Regional Medical Center  
VCU Community Memorial Hospital

Keysville

Manuric, Janette Ann, MD  
Prov#: 99160  
Keysville Pediatrics  
130 J St  
Keysville, VA 23947  
(434) 736-0544

Hospital Affiliations:  
Centra Southside Community Hospital

Kilmarnock

Doyle, Meghan E., MD  
Prov#: 10199002  
Chesapeake Medical Group-Pediatrics  
424 North Main Street  
Kilmarnock, VA 22482  
(804) 435-2651
Primary Care Physicians - Tier 1

King George

McCray, Ayanna J, MD
Provs#: 10016253
Sentara Pratt Medical Group (SMG)
7967 Kings Hwy
King George, VA 22485
(540) 775-6445

Hospital Affiliations:
Mary Washington Hospital (MWH)

Zavelsky, Ilya, MD
Provs#: 10117813
King George Pediatrics - Shady Grove Pediatrics, P.C.
1127 Journal Parkway
King George, VA 22485
(540) 775-6891

Lake Ridge

Abbott, Katherine A., MD
Provs#: 10206110
TRUSTED DOCTORS, LLC
13001 Summit School Rd
Lake Ridge, VA 22192
(703) 494-4811

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Gabor, Elisabeth, MD
Provs#: 10205867
TRUSTED DOCTORS, LLC
13001 Summit School Rd
Lake Ridge, VA 22192
(703) 494-4811

Zeilberger, Christina, MD
Provs#: 10206116
TRUSTED DOCTORS, LLC
13001 Summit School Rd
Lake Ridge, VA 22192
(703) 494-4811

Leesburg

Adem, Keriya, MD
Provs#: 10047144
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Connolly, Nicole, MD
Provs#: 10059367
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Faqiri, Sosun, MD
Provs#: 10108568
Children and Adolescent Pediatric Services PLLC
161 Fort Evans Road NE Suite 330
Leesburg, VA 20176
(703) 777-5224

Fox, Rebecca, MD
Provs#: 73390
Loudoun Pediatric Associates
19450 Deerfield Ave Ste 200
Leesburg, VA 20176
(703) 723-7337

Lexington

Dubit, Scott B., MD
Provs#: 10096314
Rockbridge Health, P.L.L.C.
650 North Lee Highway Suite 2
Lexington, VA 24450
(540) 261-7421

Lynchburg

Ailsworth, Melody, MD
Provs#: 93088
Richeson Drive Pediatrics
105 Richeson Drive
Lynchburg, VA 24501
(434) 385-7776

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Brennan, Teresa, MD
Provs#: 10164873
Centra Medical Group, LLC
693 Lee Highway
Lynchburg, VA 24502
(434) 200-3047

Brooks, Laura, MD
Provs#: 30683
F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
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(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Dada, Oluwatoyosi, MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Devold, Kimberly M., MD
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Hospital Affiliations:
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Centra Virginia Baptist Hospital

Fedorko-Overby, Kendall, DO
Provs#: 10148939
Lynchburg Women's and Pediatric Health Services
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Fenton, Denise, MD
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F. Read Hopkins Pediatric Associates, Inc
1212 McConville Rd
Lynchburg, VA 24502
(434) 237-8886

Hospital Affiliations:
Centra Lynchburg General Hospital
<table>
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<th>Name</th>
<th>Title</th>
<th>Hospital Affiliations</th>
<th>Phone</th>
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<td>Mumper, Elizabeth, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Centra Lynchburg General Hospital</td>
<td>(434) 237-8886</td>
<td>1212 McConville Rd</td>
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<tr>
<td>McCurry, Robert, MD</td>
<td>DO</td>
<td>Hospital Affiliations: Centra Lynchburg General Hospital</td>
<td>(434) 237-8886</td>
<td>1212 McConville Rd</td>
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<tr>
<td>Mumper, Elizabeth, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Centra Lynchburg General Hospital</td>
<td>(434) 237-8886</td>
<td>1212 McConville Rd</td>
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<tr>
<td>Mutech, Justin, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Centra Lynchburg General Hospital</td>
<td>(434) 237-8886</td>
<td>1212 McConville Rd</td>
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<tr>
<td>Harman, Lisa, MD</td>
<td>MD</td>
<td>Hospital Affiliations: UVA Culpeper Hospital</td>
<td>(540) 948-6861</td>
<td>125 North Main Street Madison, VA 22727</td>
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<tr>
<td>Flower, Anita R., MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Flynn, Elizabeth D., MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Giancola, Frank, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Granados, Erik Gabriel, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Johnson, Ingrid D., MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Katz, David, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Mason, Marsha A., MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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<tr>
<td>Sarangi, Susmita, MD</td>
<td>MD</td>
<td>Hospital Affiliations: Novant Health UVA Health System</td>
<td>(703) 369-2999</td>
<td>9384 A Forestwood Ln</td>
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</table>
Primary Care Physicians - Tier 1

Shea, Elena M., MD  
Prov#: 10141641  
PediCare of Northern Virginia, PC  
8640 Sudley Road Suite 306  
Manassas, VA 20110  
(703) 330-3939  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Tamondong, Manuel, MD  
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Hospital Affiliations:  
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Prince William Medical Center

Boisseau, Sandra L., MD  
Prov#: 10181122  
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(804) 730-9044  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Brickley, Erin A, DO  
Prov#: 10189588  
MountainView Pediatrics, PC  
1204 North Main Street  
Marion, VA 24354  
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Hospital Affiliations:  
Central Lynchburg General Hospital

McAtee, Miriam S., MD  
Prov#: 10004534  
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7347 Bell Creek Road Suite 100  
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(804) 559-9044  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Wise, Rebecca S., DO  
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Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

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Hospital Affiliations:  
Smyth County Community Hospital

Wiley, Joan, MD  
Prov#: 71812  
Children’s Medical Center, Ltd.  
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Hospital Affiliations:  
Centra Lynchburg General Hospital

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Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

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Prince William Medical Center

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Henrico Doctors’ Hospital - Forest Campus  
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Prince William Medical Center

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Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital
Primary Care Physicians - Tier 1

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Hospital Affiliations:
Chippenham Medical Center/
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center

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Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

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Bon Secours St. Marys Hospital

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(804) 559-7200

Hospital Affiliations:
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Bon Secours St. Marys Hospital

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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

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Pro#: 45903
Bon Secours Pediatrics of Mechanicsville
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Yucha, Kim, MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Midlothian

Abernathy, Ted R, MD
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13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Johnston-Willis Hospital

Ali, M. Zia, MD
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Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

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Midlothian, VA 23112
(804) 320-7139

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Brown, Jennifer D, MD
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13821 Village Mill Drive
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Bon Secours Memorial Regional Medical Center
Johnston-Willis Hospital

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13470 Trededge Lake Parkway
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Chippenham Medical Center/
Johnston-Willis Hospital

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(Pediatrics)
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Mechanicsville, VA 23111
(804) 559-9000

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Cantor, Debra K., DO
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Swift Creek Pediatrics PC
13925 Coalfield Commons Place
Suite 201
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Clark, Jennifer D, MD
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Woodlake Village Pediatrics LLC
1472 Village Square Place
Midlothian, VA 23112
(804) 639-0717

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Condro, Alice M., MD
Prov#: 90201
Commonwealth Pediatrics PC
15400 Westchester Commons Way
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Hospital Affiliations:
Bon Secours St. Francis Medical Center

Cullen, Elizabeth, MD
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Deal, Tracey, MD
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13470 Trededge Lake Pkwy
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(804) 794-7788

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Domen, Jennifer H., MD
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(804) 549-5405

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Everett, Joel, MD
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13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Garrity, Wendy L., MD
Pro#: 10054515
Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Kancitis, Indra, MD
Pro#: 21244
Commonwealth Pediatrics PC
15400 Westchester Commons Way
Midlothian, VA 23113
(804) 549-5405

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Jones, Christine S., MD
Pro#: 21511
Chesterfield Pediatrics PC
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Midlothian, VA 23112
(804) 744-4495

Henderson, Edward, DO
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Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive Suite A
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(804) 794-2821

Jones, Somer, MD
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Midlothian, VA 23113
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McGhee, Judith F., MD
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4902 Millridge Pkwy
Midlothian, VA 23112
(804) 744-1231

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Mulcreany, Patricia, MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

O'Neil, Timothy, MD
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13470 Tredagar Lake Parkway
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Ryan, Kristen D., MD
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Hospital Affiliations:
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(804) 549-5405
6510 Harbour View Court
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Snowden, Ransom, MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Somers, Kara E., MD
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13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours St. Francis Medical Center
VCU Health System/MCV

Streichler, Paul, MD
Pro#: 32539
Commonwealth Pediatrics PC
15400 Westchester Commons Way
Midlothian, VA 23113
(804) 549-5405

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

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Midlothian, VA 23112
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Vergara, Jocelyn B., MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Wilm, Isca, MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Zachary, John, MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

New Canton

Lewis-Blackwell, Robbie L., MD
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(434) 581-3271

Hospital Affiliations:
VCU Health System/MCV

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Hospital Affiliations:
Bon Secours St. Marys Hospital
St. Mary's Hospital
Primary Care Physicians - Tier 1

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Pro#: 10094775  
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New Church, VA 23415  
(757) 824-5676

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Murray, Susan B., MD  
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Atlantic Community Health Center  
5219 Lankford Highway  
New Church, VA 23415  
(757) 824-5676

Hospital Affiliations:  
Riverside Shore Memorial Hospital

Richardson, Gabriella Ferraioli, MD  
Pro#: 10164983  
Onley Community Health Center (ESRHS) (CCNV)  
5219 Lankford Hwy  
New Church, VA 23415  
(757) 824-5676

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Riopel, Cathy S., MD  
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New Church, VA 23415  
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Hospital Affiliations:  
Riverside Shore Memorial Hospital

Riopel, David J., MD  
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New Church, VA 23415  
(757) 824-5676

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Riverside Shore Memorial Hospital

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Newport News
Amiri-Hooker, Sherin, MD  
Pro#: 10165817  
Newport News Pediatrics (CMG)  
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(757) 668-6300

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Badavi, Aurora S., MD  
Pro#: 23260  
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(757) 952-2160

Hospital Affiliations:  
Children's Hospital of the King's Daughters

15425 H Warwick Blvd  
Newport News, VA 23608  
(757) 874-8400

Hospital Affiliations:  
Sentara CarePlex Hospital

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Tidewater Physicians Multispecialty Group, PC (TPMG)  
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(757) 595-9880

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Blalock, Julian H., MD  
Pro#: 53864  
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321 Main St  
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(757) 595-0358

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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321 Main St  
Newport News, VA 23601  
(757) 595-0358

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Brock, Mandi, MD  
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Newport News, VA 23608  
(757) 833-0780

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Broderick, Elizabeth K., MD  
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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:  
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Hospital Affiliations:  
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Newport News, VA 23606  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters

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Newport News, VA 23602  
(757) 668-4800

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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(757) 595-0358

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Fuste, Rosa, MD  
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Pediatric Consultants of Hampton Roads  
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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Galloway, Jacquelyn, MD  
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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:  
Children's Hospital of the King's Daughters

Lim, Beckilyn L., MD  
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Lim, H Christopher N, MD  
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Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

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Hospital Affiliations:  
Children's Hospital of the King's Daughters
Amin, Sanjay M., MD  
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Sentara Norfolk General Hospital  
07-15-03  
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Hospital Affiliations:  
Sentara CarePlex Hospital  
Norfolk, VA 23502  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

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PDC Pediatrics (CMG)  
6435 Center Dr Bldg 14  
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Children's Hospital of the King's Daughters  

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Hospital Affiliations:  
Children's Hospital of the King's Daughters  

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Hospital Affiliations:  
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Hospital Affiliations:  
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Sentara Norfolk General Hospital  

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Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  

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Primary Care Physicians - Tier 1

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Sentara Norfolk General Hospital

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Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Chesapeake Regional Medical Center
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Sentara Leigh Hospital
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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(757) 668-7400

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(757) 489-3551
885 Kempsville Rd Ste 200
Norfolk, VA 23502
(757) 461-6342

Hospital Affiliations:
Children's Hospital of the King's Daughters

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Norfolk, VA 23507
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Children's Hospital of the King's Daughters

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Sentara Leigh Hospital
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sentara Virginia Beach General Hospital
### Portsmouth

<table>
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations:</th>
</tr>
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<tbody>
<tr>
<td>Alegre-Ipanag, Olivia, MD</td>
<td>(757) 673-6277</td>
<td>205 East Hirst Road Suite 302, Purcellville, VA 20132</td>
<td>Inova Fairfax Hospital</td>
</tr>
<tr>
<td>Caldwell, Melaney A., MD</td>
<td>(757) 966-9873</td>
<td>2035 Waterside Road Suite 105, Prince George, VA 23875</td>
<td>St. Mary's Hospital</td>
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</tbody>
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### Radford

<table>
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations:</th>
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</thead>
<tbody>
<tr>
<td>McElroy, Paul G., MD</td>
<td>(540) 639-5188</td>
<td>202 8th Street, Radford, VA 24141</td>
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</tr>
<tr>
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<td>Rotche, Brigitte K., MD</td>
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<td>Carilion New River Valley Medical Center</td>
</tr>
</tbody>
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### Richmond

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Hospital Affiliations:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acalgo, Jennifer A., MD</td>
<td>(804) 320-1353</td>
<td>7023 Old Jahnke Road, Richmond, VA 23225</td>
<td>St. Mary's Hospital</td>
</tr>
<tr>
<td>Batey, Kathryna, MD</td>
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<td>8002 Discovery Drive Suite 110, Richmond, VA 23229</td>
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<tr>
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- **Portsmouth**: Alegre-Ipanag, Olivia, MD (757) 673-6277, Caldwell, Melaney A., MD (757) 966-9873, Rajakumar, Thevarajani, MD (757) 393-6363, Kim, Sung Y., MD (757) 399-0705, Kim, Sung Y., MD (757) 399-0705, Rajakumar, Thevarajani, MD (757) 393-6363, Kim, Sung Y., MD (757) 399-0705
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- Carilion New River Valley Medical Center
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Chippenham Medical Center
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Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Lappan, Jeffrey, MD
Pro#: 10035141
Pediatric Associates of Richmond Inc
7113 Three Chopd Rd Ste 101
Richmond, VA 23226
(804) 754-3776

McAtee, Miriam S., MD
Pro#: 71812
Pediatric Associates of Richmond Inc
7113 Three Chopd Rd Ste 101
Richmond, VA 23226
(804) 287-2405

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
McAtee, Miriam S., MD
Pro#: 71812
Pediatric Associates of Richmond Inc
7113 Three Chopd Rd Ste 101
Richmond, VA 23226
(804) 287-2405

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

McGeorgey Phillips, Kimberly, MD
Pro#: 92406
Richmond Pediatrics Associates
9000 Independence Park Dr.
Richmond, VA 23233
(804) 747-1750

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

McNeish, Tracy S., MD
Pro#: 10022237
Richmond Pediatrics Associates
9000 Independence Park Dr Ste 100
Richmond, VA 23233
(804) 747-1750

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

McLoy, Linda D., MD
Pro#: 13080
MCV Associated Physicians (Pediatrics)
307 College St
Richmond, VA 23298
(804) 828-0934

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
St. Mary’s Hospital

Meyer, Marilyn, MD
Pro#: 45610
2
5855 Bremo Rd Ste 302
Richmond, VA 23226
(804) 282-4207

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Moharram, Manal, MD
Pro#: 10197743
Richmond Urgent Care
1770 North Parham Road Suite 100
Richmond, VA 23229
(804) 615-5060

Murray, Theresa E, MD
Pro#: 10210281
Bon Secours Developmental & Special Needs Pediatrics
5855 Bremo Road Suite 703
Richmond, VA 23226
(804) 287-7463

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Mary’s Hospital

Nelson, Melissa, MD
Pro#: 76556
Pediatric Associates of Richmond Inc
7113 Three Chopd Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Noble, Robert E., MD
Pro#: 25655
Richmond Pediatrics Associates
9000 Independence Park Dr.
Richmond, VA 23233
(804) 747-1750

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

VCU Health System/MCV

Ortega Rodriguez, Paola, MD
Pro#: 10166528
HAPPY KDZ
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Richmond, VA 23234
(804) 447-3490

Pate, Candace R., MD
Pro#: 10172379
RVA Pediatrics, P.C.
10410 Ridgefield Pkwy
Richmond, VA 23233
(804) 754-3776

Pellettier, Erica Rose, MD
Pro#: 10007262
Bon Secours Pediatrics, P.C.
5855 Bremo Road Suite 302
Richmond, VA 23226
(804) 282-9706

Hospital Affiliations:
Bon Secours St. Mary’s Hospital
Children’s Hospital of the King’s Daughters
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Port, Carolyn, MD
Pro#: 10007262
Pediatric Center
9750 Gayton Rd
Richmond, VA 23233
(804) 741-4404

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Powell, Kristen, MD
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(804) 282-4205

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Robinson, Elizabeth, MD
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2304 John Rolfe Parkway
Richmond, VA 23233
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Optima Direct Network Providers January 2019

OptimaHealth
Primary Care Physicians - Tier 1

4786 Finlay Street
Richmond, VA 23231
(804) 226-4100

Hospital Affiliations: University of Virginia Medical Center

Rowe, George Thomas, MD
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RVA Pediatrics, P.C.
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Richmond, VA 23233
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7000 Patterson Ave
Richmond, VA 23226
(804) 282-9706

Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Ryan, Kristen D., MD
Pro#: 39146
Commonwealth Pediatrics PC
7023 Old Jahnke Road
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(804) 320-1353

Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

Ryan, Michael S., MD
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MCV Associated Physicians (Pediatrics)
1250 E Marshall St
Richmond, VA 23298
(804) 828-3744

Hospital Affiliations: VCU Health System/MCV

Sardegna, Kathleen M., MD
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Vernon J. Harris East End Community Health Center (CCNV)
719 N 25th Street
Richmond, VA 23223
(804) 780-0840

Scheff, Matthew R., DO
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MCV Associated Physicians (Pediatrics)
1250 E Marshall Street
Richmond, VA 23298
(804) 828-4079

Hospital Affiliations: Bon Secours St. Mary's Hospital

Schweiker, Mary M. T., MD
Pro#: 45842
Monument Avenue Pediatrics, PC
3602 Monument Ave
Richmond, VA 23230
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Hospital Affiliations: Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Senecal, Kathryn, MD
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Hospital Affiliations: Bon Secours St. Mary's Hospital

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Hospital Affiliations: Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond

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9600 Patterson Avenue
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(804) 741-6200

Hospital Affiliations: Bon Secours St. Mary's Hospital

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Hospital Affiliations: Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Snedecor, St. Mary's, MD
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VCU Health System/MCV

St. Mary's Hospital

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Hospital Affiliations: Bon Secours St. Mary's Hospital

Somers, Kara E., MD
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Hospital Affiliations: Bon Secours St. Mary's Hospital
St. Mary's Hospital

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Hospital Affiliations: VCU Health System/MCV

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Sorensen, Thomas J., MD
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Commonwealth Pediatrics PC
7023 Old Jahnke Road
Richmond, VA 23225
(804) 320-1353

Hospital Affiliations: Bon Secours St. Mary's Hospital

Sorensen, Warren L., MD
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Richmond, VA 23226
(804) 282-4205

Hospital Affiliations: Bon Secours St. Mary's Hospital

Sorensen, Zachary K., MD
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Hospital Affiliations: Bon Secours St. Mary's Hospital

Sorensen, Zachary K., MD
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MCV Associated Physicians
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Hospital Affiliations: Bon Secours St. Mary's Hospital

Sorensen, Zachary K., MD
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MCV Associated Physicians
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Hospital Affiliations: Bon Secours St. Mary's Hospital

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Hospital Affiliations: Bon Secours St. Mary's Hospital

Sorensen, Zachary K., MD
Pro#: 10206102
MCV Associated Physicians
1000 E Broad Street
Richmond, VA 23298
(804) 282-2647

Hospital Affiliations: Bon Secours St. Mary's Hospital
### Roanoke

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<th>Name</th>
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<tr>
<td>Althouse, Douglas G. MD</td>
<td>Pediatrics</td>
<td>1030 S Jefferson St Suite 106 Roanoke, VA 24013</td>
<td>(540) 344-9213</td>
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<tr>
<td>Barnhart, Amy K. MD</td>
<td>Pediatrics</td>
<td>21 Highland Avenue SE Suite 100 Roanoke, VA 2013</td>
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<td>Bhagani, Harsha MD</td>
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<td>21 Highland Avenue SE Suite 100 Roanoke, VA 2013</td>
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<td>Pediatrics</td>
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<td>Pediatrics</td>
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### Gainesville

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<tr>
<td>Cox, Mary A., MD</td>
<td>Pediatrics</td>
<td>21 Highland Avenue SE Suite 100 Roanoke, VA 2013</td>
<td>(540) 344-9213</td>
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### Hospital Affiliations:

- **Carilion Roanoke Memorial Hospital**:
  - **Craft Jr, William Hugh, MD**: Prov#: 10030184
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Donohue, Thomas Joseph, MD**: Prov#: 10045456
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Fulton, Ryan P, DO**: Prov#: 10036244
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Gard, Robert C., MD**: Prov#: 94854
  - **Carilion Healthcare Corporation**: 21 Highland Avenue SW Roanoke, VA 2013
  - **(540) 344-9213**

- **Carilion Roanoke Memorial Hospital**:
  - **Guilfoyle, Francis Michael, MD**: Prov#: 10027438
  - **New Horizons Healthcare**: 10 Valley Valley Boulevard NW Roanoke, VA 2012
  - **(540) 362-0360**

- **Carilion Roanoke Memorial Hospital**:
  - **Hays, Jacinda L, DO**: Prov#: 10019607
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

### Hospital Affiliations:

- **Centra Lynchburg General Hospital**:
  - **Donohue, Thomas Joseph, MD**: Prov#: 10045456
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Fulton, Ryan P, DO**: Prov#: 10036244
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Gard, Robert C., MD**: Prov#: 94854
  - **Carilion Healthcare Corporation**: 21 Highland Avenue SW Roanoke, VA 2013
  - **(540) 344-9213**

- **Carilion Roanoke Memorial Hospital**:
  - **Guilfoyle, Francis Michael, MD**: Prov#: 10027438
  - **New Horizons Healthcare**: 10 Valley Valley Boulevard NW Roanoke, VA 2012
  - **(540) 362-0360**

- **Carilion Roanoke Memorial Hospital**:
  - **Hays, Jacinda L, DO**: Prov#: 10019607
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

### Hospital Affiliations:

- **Carilion Roanoke Memorial Hospital**:
  - **Fulton, Ryan P, DO**: Prov#: 10036244
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Gard, Robert C., MD**: Prov#: 94854
  - **Carilion Healthcare Corporation**: 21 Highland Avenue SW Roanoke, VA 2013
  - **(540) 344-9213**

- **Carilion Roanoke Memorial Hospital**:
  - **Guilfoyle, Francis Michael, MD**: Prov#: 10027438
  - **New Horizons Healthcare**: 10 Valley Valley Boulevard NW Roanoke, VA 2012
  - **(540) 362-0360**

- **Carilion Roanoke Memorial Hospital**:
  - **Hays, Jacinda L, DO**: Prov#: 10019607
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

### Hospital Affiliations:

- **Carilion Roanoke Memorial Hospital**:
  - **Fulton, Ryan P, DO**: Prov#: 10036244
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Gard, Robert C., MD**: Prov#: 94854
  - **Carilion Healthcare Corporation**: 21 Highland Avenue SW Roanoke, VA 2013
  - **(540) 344-9213**

- **Carilion Roanoke Memorial Hospital**:
  - **Guilfoyle, Francis Michael, MD**: Prov#: 10027438
  - **New Horizons Healthcare**: 10 Valley Valley Boulevard NW Roanoke, VA 2012
  - **(540) 362-0360**

- **Carilion Roanoke Memorial Hospital**:
  - **Hays, Jacinda L, DO**: Prov#: 10019607
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

### Hospital Affiliations:

- **Carilion Roanoke Memorial Hospital**:
  - **Fulton, Ryan P, DO**: Prov#: 10036244
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**

- **Carilion Roanoke Memorial Hospital**:
  - **Gard, Robert C., MD**: Prov#: 94854
  - **Carilion Healthcare Corporation**: 21 Highland Avenue SW Roanoke, VA 2013
  - **(540) 344-9213**

- **Carilion Roanoke Memorial Hospital**:
  - **Guilfoyle, Francis Michael, MD**: Prov#: 10027438
  - **New Horizons Healthcare**: 10 Valley Valley Boulevard NW Roanoke, VA 2012
  - **(540) 362-0360**

- **Carilion Roanoke Memorial Hospital**:
  - **Hays, Jacinda L, DO**: Prov#: 10019607
  - **Carilion Healthcare Corporation**: 4040 Postal Dr SW Roanoke, VA 24018
  - **(540) 772-4453**
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<th>Name</th>
<th>Title/Location</th>
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<tbody>
<tr>
<td>Nur, Wael A., MD</td>
<td>Prov#: 10051544 Physicians to Children Inc</td>
<td>(540) 985-8230</td>
<td>21 Highland Avenue SE Roanoke, VA 24013</td>
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<td>Patrick, Mark, MD</td>
<td>Prov#: 10028348 Carilion Healthcare Corporation</td>
<td>(540) 772-4453</td>
<td>4040 Postal Drive Roanoke, VA 24018</td>
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<td>Permarshwar, Vydia, MD</td>
<td>Prov#: 1008579 Carilion Faculty Phys Specialist</td>
<td>(540) 985-8100</td>
<td>1030 S Jefferson St Suite 106 Roanoke, VA 24013</td>
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<td>Hospital Affiliations:</td>
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<td>University of Virginia Medical Center</td>
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<td>Reynolds, Erica, MD</td>
<td>Prov#: 10083680 Carilion Healthcare Corporation</td>
<td>(540) 772-4453</td>
<td>4040 Postal Drive Roanoke, VA 24018</td>
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<td>Soroiano, Maria R., MD</td>
<td>Prov#: 10029225 New Horizons Healthcare</td>
<td>(540) 587-9700</td>
<td>1215 Third Street Suite A Roanoke, VA 24016</td>
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<td>Tiffany, Amanda M., DO</td>
<td>Prov#: 10198093 Carilion Healthcare Corporation</td>
<td>(540) 772-4453</td>
<td>4040 Postal Drive Roanoke, VA 24018</td>
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<td>Top, Jessica, MD</td>
<td>Prov#: 10149876 Carilion MEDICAL CENTER</td>
<td>(540) 985-8230</td>
<td>1030 S Jefferson St Suite 106 Roanoke, VA 24013</td>
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<td>Bhat, Harsha, MD</td>
<td>Prov#: 10197048 CARILION MEDICAL CENTER</td>
<td>(540) 484-0350</td>
<td>4040 Postal Drive Roanoke, VA 24018</td>
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<td>Boulton, John W., MD</td>
<td>Prov#: 10073113 Lewis-Gale Physicians LLC</td>
<td>(434) 572-3580</td>
<td>1802 Braeburn Drive Salem, VA 24153</td>
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<td>Bozeman, Joshua, MD</td>
<td>Prov#: 10165264 Lewis-Gale Physicians LLC</td>
<td>(434) 572-3580</td>
<td>1802 Braeburn Drive Salem, VA 24153</td>
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<td>Cummings, Joyce, MD</td>
<td>Prov#: 10002713 Lewis-Gale Physicians LLC</td>
<td>(434) 572-3580</td>
<td>1802 Braeburn Drive Salem, VA 24153</td>
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<td>Delaney, Russell, MD</td>
<td>Prov#: 10003159 Lewis-Gale Physicians LLC</td>
<td>(434) 572-3580</td>
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<td>Prov#: 10176440 SENTARA HALIFAX PEDIATRICS</td>
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<td>Lombardi, Anne H., MD</td>
<td>Prov#: 10140331 SENTARA HALIFAX PEDIATRICS</td>
<td>(434) 572-8022</td>
<td>101 Aubrey’s Loop Rd South Boston, VA 24592</td>
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<td>Ojiola, Olubukola L., MD</td>
<td>Prov#: 10046729 Fuller-Roberts Clinic, Inc</td>
<td>(434) 572-8022</td>
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Primary Care Physicians - Tier 1

South Hill
Kilpatrick, Kathryn, MD
Pro#: 10087601
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000
Hospital Affiliations:
- Southern Virginia Regional Medical Center
- VCU Community Memorial Hospital

Kirk, Rebecca, MD
Pro#: 10154965
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273
Hospital Affiliations:
- VCU Community Memorial Hospital

South Riding
Fogarty, Lynn D., MD
Pro#: 10014544
South Riding Pediatrics
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075
Hospital Affiliations:
- Reston Hospital Center

Kapoor, Shreeti, MD
Pro#: 10135112
Farrell Pediatrics, LLC
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075
Hospital Affiliations:
- Reston Hospital Center

Staunton
Campbell, John S., MD
Pro#: 10075288
Patient Care Plus
42 Lambert St Ste 111
Staunton, VA 24401
(540) 885-6789

Sterling
Andrew, Lori, MD
Pro#: 10038256
Pediatric Healthcare
46440 Benedict Drive Suite 207
Sterling, VA 20164
(703) 444-2100

Arichandran, Narmatha, MD
Pro#: 10052276
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive Suite 130
Sterling, VA 20165
(703) 444-1144

Hospital Affiliations:
- Inova Fairfax Hospital
- Inova Fair Oaks Hospital

Clapp, Deborah, MD
Pro#: 10055587
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive Suite 130
Sterling, VA 20165
(703) 444-1144

Hospital Affiliations:
- Inova Fairfax Hospital

Cooper, Jamille, MD
Pro#: 10049198
Pediatric Healthcare
46440 Benedict Drive Suite 207
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(703) 444-2100

Dharia, Subarna, MD
Pro#: 10124667
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive Suite 130
Sterling, VA 20165
(703) 444-1144

Hospital Affiliations:
- Inova Fairfax Hospital

Dolvene, Rubina, MD
Pro#: 10100002
Capital Area Pediatrics Inc
14 Pidgeon Hill Drive
Sterling, VA 20165

Optima Direct Network Providers January 2019 154

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Primary Care Physicians - Tier 1

418 Market Street
Suffolk, VA 23434
(757) 668-2640

Hospital Affiliations:
Children's Hospital of the King's Daughters

Gupta, Dolly, MD
Prov #: 61638
Dolly Gupta, MD
424 North Main St Ste 2
Suffolk, VA 23434
(757) 934-2200

© Holz, Julie Anne, DO
Prov #: 72820
Bayview Physician Services, PC
4868 Bridge Rd
Suffolk, VA 23435
(757) 483-7113

Hospital Affiliations:
Children's Hospital of the King's Daughters

Hunter, Tequilla L., MD
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Bayview Physician Services, PC
4868 Bridge Rd
Suffolk, VA 23435
(757) 483-7115

Kaloji, Rajeshwari, MD
Prov #: 27879
Tidewater Children's Associates, Ltd (CMG)
5835 Harbour View Blvd Ste B
Suffolk, VA 23435
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Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ongkingco, Jose Ramon C., MD
Prov #: 13509
Tidewater Children's Associates, Ltd (CMG)
5835 Harbour View Blvd Suite B
Suffolk, VA 23435
(757) 668-6050

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nottingham, Scott, MD
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5835 Harbour View Blvd Ste B
Suffolk, VA 23435
(757) 668-6050

Hospital Affiliations:
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Seusy, Latricia B., MD
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Suffolk, VA 23435
(757) 668-6050

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Slade-Byrd, Lynelle, MD
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Tidewater Children's Associates, Ltd. (CMG)
5835 Harbour View Blvd Ste B
Suffolk, VA 23435
(757) 668-6050

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sauder, Kurtis Lamar, MD
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1065 Commercial Lane Suite 220
Suffolk, VA 23434
(757) 668-2600

418 Market Street
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(757) 668-2250

Hospital Affiliations:
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Saxbury, Jessica, DO
Prov #: 10191303
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9600

Wunderlich, Joanne R, MD
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Suffolk, VA 23434
(757) 668-2250

Hospital Affiliations:
University of Virginia Medical Center

Christiansen, Shirley, MD
Prov #: 98733
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
Vienna, VA 22180
(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
Prov #: 10055587
Capital Area Pediatrics Inc
410 Maple Avenue Suite 5
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(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Dharia, Subarna, MD
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(703) 938-2244

Verona

Clark, Rachel, MD
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Valley Pediatric Group, PLC
19 Green Hills Drive
Verona, VA 24482
(540) 885-8143

Devries, Peter R., MD
Prov #: 10034479
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Verona, VA 24482
(540) 885-8143

Fern, Robert J., MD
Prov #: 10008691
Valley Pediatric Group, PLC
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Verona, VA 24482
(540) 885-8143

Hospital Affiliations:
Name Not Available

Hostetter, Melissa, MD
Prov #: 54741
Valley Pediatric Group, PLC
19 Green Hills Drive
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(540) 885-8143

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Mumbauer, Steven Wayne, MD
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19 Green Hills Drive
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(540) 885-8143

Ostheimer, Nathan A., MD
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Valley Pediatric Group, PLC
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(540) 949-0118

Hospital Affiliations:
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University of Virginia Medical Center

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Hospital Affiliations:
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University of Virginia Medical Center

Vienna

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(703) 938-2244

Hospital Affiliations:
Inova Fairfax Hospital

Clapp, Deborah, MD
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Hospital Affiliations:
Inova Fairfax Hospital

Dharia, Subarna, MD
Prov #: 10124667
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**Primary Care Physicians - Tier 1**

**Virginia Beach**

Ashman, Rosemary L, MD  
100488  
Partners In Pediatric Care  
324 Louisa Ave Suite 118  
Virginia Beach, VA 23454  
(757) 333-7797

Bartimoscoia, Michelle, MD  
36474  
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Batten, James V., MD  
40445  
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2301 General Booth Blvd Suite B  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Bazil, Megan, MD  
10016419  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters

Benson-Fouk, Ernette Y., MD  
52130  
PDC Pediatrics (CMG)  
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Brixey, Suzanne, MD  
10154187  
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(757) 668-6700

Hospital Affiliations:  
Sentara Princess Anne Hospital

Burrows, Adyana, MD  
53548  
Tidewater Pediatric Consultants PC  
6477 College Park Sq Ste 118  
Virginia Beach, VA 23464

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### Primary Care Physicians - Tier 1

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**Hospital Affiliations:**
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**Hospital Affiliations:**
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital

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**Hospital Affiliations:**
- Fauquier Hospital

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**Hospital Affiliations:**
- Fauquier Hospital

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**Hospital Affiliations:**
- Fauquier Hospital

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**Hospital Affiliations:**
- Fauquier Hospital

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**Sentara Virginia Beach General Hospital**

**Hospital Affiliations:**
- Children's Hospital of the King's Daughters
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

**Hospital Affiliations:**
- Sentara Virginia Beach General Hospital
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

**Hospital Affiliations:**
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**Hospital Affiliations:**
- Sentara Virginia Beach General Hospital
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**Optima Direct Network Providers January 2019**

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**OptimaHealth**
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<tr>
<td>Greater Prince William Community Health Center</td>
<td>Krishnan S. Kumar M.D., P.C.</td>
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<tr>
<td>4379 Ridgewood Center Drive Suite 102</td>
<td>1900 Opitz Boulevard Suite A</td>
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<td>Woodbridge, VA 22192</td>
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<td>(703) 680-7950</td>
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| Labriola, Paula, MD | Touchette, Leonard L., MD |
| Prov#: 10082552 | Prov#: 10009312 |
| Woodbridge Pediatrics, LTD. | Potomac Pediatrics, P.C. |
| 1924 Opitz Boulevard | 2296 Opitz Blvd Suite 510 |
| Woodbridge, VA 22191 | Woodbridge, VA 22191 |
| (703) 494-1144 | (703) 730-5437 |

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| Balistreri, Denise, MD | Volkert, J. David, MD |
| Prov#: 10085675 | Prov#: 10008734 |
| All Pediatrics | All Pediatrics |
| 1900 Old Bridge Rd Suite 101 | 1900 Old Bridge Rd Suite 101 |
| Woodbridge, VA 22192 | Woodbridge, VA 22192 |
| (703) 491-4419 | (703) 491-4413 |

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| Bekhitt, Kathleen, MD | Woodstock |
| Prov#: 10099997 | Neri, Anthony R., MD |
| Woodbridge Pediatrics, LTD. | Prov#: 10250493 |
| 1924 Opitz Blvd | Potomac Pediatrics, P.C. |
| Woodbridge, VA 22191 | 2296 Opitz Blvd Suite 403 |
| (703) 497-1955 | Woodbridge, VA 22191 |
| (703) 491-4131 | (703) 878-2233 |

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| Lundgren, Kathleen, MD | Woodstock |
| Prov#: 10071391 | Aney, Matthew, MD |
| All Pediatrics | Prov#: 10094865 |
| 1900 Old Bridge Rd Suite 101 | Potomac Pediatrics, Inc. |
| Woodbridge, VA 22192 | 500 West Ridge Road Ste J |
| (703) 491-4131 | Wytheville, VA 24382 |
| (703) 491-4131 | (276) 228-2405 |

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| Meza, Griselda M., MD | Wytheville |
| Prov#: 10165744 | Aney, Matthew, MD |
| AAA Pediatrics | Prov#: 10094865 |
| 2200 Opitz Blvd Suite 355 | Potomac Pediatrics, Inc. |
| Woodbridge, VA 22191 | 500 West Ridge Road Ste J |
| (703) 580-6400 | Wytheville, VA 24382 |
| (703) 491-4131 | (276) 228-2405 |

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| Southammakosane, Cathy, MD | Wytheville |
| Prov#: 10159136 | Aney, Matthew, MD |
| All Pediatrics | Prov#: 10094865 |
| 1900 Old Bridge Rd Ste 101 | Potomac Pediatrics, Inc. |
| Woodbridge, VA 22192 | 500 West Ridge Road Ste J |
| (703) 491-4131 | Wytheville, VA 24382 |
| (703) 491-4131 | (276) 228-2405 |

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| Sugasti, Oscar Fernando, MD | Yorktown |
| Prov#: 10114755 | Binder, Leila P., MD |
| AAA Pediatrics | Prov#: 69898 |
| 2200 Opitz Boulevard Suite 355 | Helping Hands Pediatrics, LLC |
| Woodbridge, VA 22191 | 790N George Washington Memorial Hwy |
| (703) 580-6400 | Yorktown, VA 23692 |
| (703) 491-4131 | (757) 249-9620 |

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| Sullivan, Brendan, MD | Yorktown |
| Prov#: 10039295 | Binder, Leila P., MD |
| All Pediatrics | Prov#: 69898 |
| 1900 Old Bridge Rd Suite 101 | Helping Hands Pediatrics, LLC |
| Woodbridge, VA 22192 | 790N George Washington Memorial Hwy |
| (703) 491-4131 | Yorktown, VA 23692 |
| (703) 491-4131 | (757) 249-9620 |

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| Taylor, Brittany M., MD | Yorktown |
| Prov#: 10203879 | Binder, Leila P., MD |
| All Pediatrics | Prov#: 69898 |
| 1900 Old Bridge Rd Ste 101 | Helping Hands Pediatrics, LLC |
| Woodbridge, VA 22192 | 790N George Washington Memorial Hwy |
| (703) 491-4131 | Yorktown, VA 23692 |
| (703) 491-4131 | (757) 249-9620 |

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| Vollinsky, John B., MD | Yorktown |
| Prov#: 42696 | Binder, Leila P., MD |
| Winchester Pediatric Clinic | Prov#: 69898 |
| 1900 Campus Blvd Ste 400 | Helping Hands Pediatrics, LLC |
| Winchester, VA 22601 | 790N George Washington Memorial Hwy |
| (540) 667-1277 | Yorktown, VA 23692 |
| (540) 667-1277 | (757) 249-9620 |

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| Center | Touchette, Leonard L., MD |
| Prov#: 10006900 | Prov#: 69898 |
| Krishna S. Kumar M.D., P.C. | Helping Hands Pediatrics, LLC |
| 1900 Opitz Boulevard Suite A | 790N George Washington Memorial Hwy |
| Woodbridge, VA 22191 | Yorktown, VA 23692 |
| (703) 494-0912 | (757) 249-9620 |

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<td>Ortiz-Natoli, Elizabeth, MD</td>
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<td>Jones, Amanda P., MD</td>
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Valdes-Dapena, Antonio, MD  
Pro#: 10782  
Mary Washington Med Grp-Family  
Internal Med Bowling Green  
Campau  
121 Courthouse Lane  
Bowling Green, VA 22427  
(804) 633-5840

Barry, Kathleen A, MD  
Pro#: 10112623  
University of Virginia Physicians  
Group  
Lee Street 1st Floor UVA Primary Care  
Charlottesville, VA 22908  
(434) 924-5348

Brown, Carina M., MD  
Pro#: 10205475  
University of Virginia Physicians  
Group  
1221 Lee Street Fl 1  
Charlottesville, VA 22908  
(434) 924-5348

Maughan, Karen L., MD  
Pro#: 10158971  
University of Virginia Physicians  
Group  
Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Courtney, Andrea U., MD  
Pro#: 30601  
University of Virginia Physicians  
Group  
1800 Timberwood Blvd  
Charlottesville, VA 22911  
(434) 975-7700

McLaughlin, Timothy E, MD  
Pro#: 76631  
University of Virginia Physicians  
Group  
345 Four Leaf Lane Suite 103  
Charlottesville, VA 22903  
(434) 243-7000

Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Hospital Affiliations:  
University of Virginia Medical Center  

Daymple, Sarah N., MD  
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University of Virginia Physicians  
Group  
1221 Lee Street Fl 1  
Charlottesville, VA 22908  
(434) 924-5348

Gazewood, John D., MD  
Pro#: 45121  
UVA Primary Care Center  
Lee St UVA Hospital (Family Practice)  
Charlottesville, VA 22908  
(434) 924-5348

Hauck, Fern, MD  
Pro#: 35434  
UVA Primary Care Center  
Lee Street Room 1005  
Charlottesville, VA 22908  
(434) 924-1601

Hospital Affiliations:  
University of Virginia Medical Center  

Johnson, Kristina G., MD  
Pro#: 10130800  
University of Virginia Physicians  
Group  
Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Hospital Affiliations:  
University of Virginia Medical Center  

Landen, Donna A., MD  
Pro#: 10159071  
University of Virginia Physicians  
Group  
Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-6936

Hospital Affiliations:  
University of Virginia Medical Center  

Mueller, John B, MD  
Pro#: 10192710  
University of Virginia Physicians  
Group  
1221 Lee St Fl 4  
Charlottesville, VA 22908  
(434) 924-2706

767 Hillsdale Drive Ste 3  
Charlottesville, VA 22901  
(800) 251-3627

Hospital Affiliations:  
University of Virginia Medical Center  

Oliver, Norman M., MD  
Pro#: 45128  
UVA Primary Care Center  
1st Floor Lee St UVA Hospital (Family Practice)  
Charlottesville, VA 22908  
(434) 924-5348

Pollart, Susan P., MD  
Pro#: 45130  
UVA Primary Care Center  
1st Floor Lee St UVA Hospital (Family Practice)  
Charlottesville, VA 22908  
(434) 924-5348

Reed, Sean W., MD  
Pro#: 10001360  
UVA Primary Care Center  
Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Hospital Affiliations:  
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Statuta, Siobhan M., MD  
Pro#: 10080339  
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Group  
545 Ray C Hunt Drive Ste 240  
Charlottesville, VA 22903  
(434) 243-5600

Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Massie Road and Emmett Street  
Charlottesville, VA 22903  
(434) 243-2422

Hospital Affiliations:  
University of Virginia Medical Center  

Swaminathan, Lalitha B, MD  
Pro#: 10101761  
University of Virginia Physicians  
Group  
Lee Street 1st Floor  
Charlottesville, VA 22908  
(434) 924-5348

Hospital Affiliations:  
University of Virginia Medical Center  

Timmins, William N, MD  
Pro#: 10205890  
University of Virginia Physicians  
Group  
1240 Lee Street  
Charlottesville, VA 22908  
(434) 243-3922

Hospital Affiliations:  
University of Virginia Medical Center  

Way, Denise A., MD  
Pro#: 10142488  
University of Virginia Physicians  
Group  
375 Four Leaf Lane Ste 103  
Charlottesville, VA 22903  
(434) 243-0700

560 Peter Jefferson Parkway Ste 290  
Charlottesville, VA 22911  
(434) 243-3675

Lee Street 1st Floor UVA Primary Care Center  
Charlottesville, VA 22908  
(434) 924-5348

Hospital Affiliations:  
University of Virginia Medical Center  

Casey, Catherine F., MD  
Pro#: 10020455  
University of Virginia Physicians  
Group  
Western Albemarle Family Medicine  
375 Four Leaf Ln Ste 103  
Crozet, VA 22932  
(434) 243-0700

Hospital Affiliations:  
University of Virginia Medical Center  

Babar, Zareen, MD  
Pro#: 10115256  
University of Virginia Physicians  
Group  
1200 Sunset Lane Suite 2210  
Culpeper, VA 22701  
(540) 825-6100

Hospital Affiliations:  
University of Virginia Medical Center  

Ekperi, Patience N, DO  
Pro#: 10189269  
University of Virginia Physicians  
Group  
16240 Bennett Rd  
Culpeper, VA 22701  
(540) 825-5951

Hospital Affiliations:  
University of Virginia Medical Center  

Elsayed, Sohail S., MD  
Pro#: 10181689  
University of Virginia Physicians  
Group  
16240 Bennett Rd  
Culpeper, VA 22701  
(540) 825-5951

Hospital Affiliations:  
University of Virginia Medical Center  

Optima Direct Network Providers January 2019  
165
Gravatte, IV, Leroy Trice, MD
Prov#: 10020735
University of Virginia Physicians Group
1620 Bennett Rd
Culpeper, VA 22701
(540) 825-3951

Hospital Affiliations:
UVA Culpeper Hospital

Kim, Jun, MD
Prov#: 10078600
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-6100

Hospital Affiliations:
UVA Culpeper Hospital

Nolte, Robert Sanders, DO
Prov#: 10200421
University of Virginia Physicians Group
16240 Bennett Rd
Culpeper, VA 22701
(540) 825-5951

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
UVA Culpeper Hospital
University of Virginia Medical Center

Stevens, Mark, MD
Prov#: 10174646
University of Virginia Physicians Group
16240 Bennett Rd
Culpeper, VA 22701
(540) 825-3951

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
UVA Culpeper Hospital
University of Virginia Medical Center

Fredericksburg

Guirguis, Ekram G., MD
Prov#: 10203165
Ladysmith Medical Center
10620 Spotsylvania Avenue
Fredericksburg, VA 22408
(540) 710-1086
4535 Spotsylvania Parkway
Fredericksburg, VA 22408
(540) 604-5186

Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

Henry, Nelson K., MD
Prov#: 10103078
Reese Medical Associates
10620 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 710-1086

Janus, Thomas, DO
Prov#: 10038889
SAF H & P
1200 Sam Perry Blvd
Fredericksburg, VA 22401
(540) 741-3900

Hospital Affiliations:
Mary Washington Hospital (MWH)

Schulte, Douglas, MD
Prov#: 10132134
Ladysmith Medical Center
10620 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 710-1086
4535 Spotsylvania Parkway
Fredericksburg, VA 22408
(540) 604-5186

Spain, Nicquia M., DO
Prov#: 10103033
Reese Medical Associates
10620 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 710-1086

Voss, Carol, MD
Prov#: 10047278
Mary Washington Medical Group-Primary Care South Stafford Campus
3 Smokehouse Drive Suite 101
Fredericksburg, VA 22406
(540) 370-0295

Hospital Affiliations:
Mary Washington Hospital (MWH)

Babar, Ahmad, MD
Prov#: 10117307
University of Virginia Physicians Group
4376 Germanna Hwy
Locust Grove, VA 22508
(540) 972-7798

Hospital Affiliations:
University of Virginia Medical Center

Chang, Andrew S., MD
Prov#: 10170668
University of Virginia Physicians Group
575 Industrial Drive
Louisa, VA 23093
(540) 967-2011

Hospital Affiliations:
University of Virginia Medical Center

Greene, Matthew P., MD
Prov#: 10011534
UVA Medical Associates of Louisa
575 Industrial Dr
Louisa, VA 23093
(540) 967-2011

Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

Rucker, Tinsley W., MD
Prov#: 10155144
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Way, Denise A., MD
Prov#: 10142488
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

North Garden

Barry, Kathleen A., MD
Prov#: 10112623
University of Virginia Physicians Group
4916 Plank Road Unit 205
North Garden, VA 22959
(434) 243-4660

Hospital Affiliations:
University of Virginia Health Sciences Center

Cohee, Mark W., MD
Prov#: 10168918
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Dallymple, Sarah N., MD
Prov#: 10205479
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Heim, Steven W., MD
Prov#: 25550
UVA Stoney Creek Family Practice
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Landen, Donna A., MD
Prov#: 10155071
University of Virginia Physicians Group
2871 Rockfish Valley Highway
Nellysford, VA 22958
(434) 361-2555

Hospital Affiliations:
University of Virginia Medical Center

Lockman, Andrew, MD
Prov#: 45808
UVA Crossroads Family Practice
4916 Plank Road Unit 205
North Garden, VA 22959
(434) 243-4660

Hospital Affiliations:
University of Virginia Health Sciences Center

Way, Denise A., MD
Prov#: 10142488
University of Virginia Physicians Group
4916 Plank Road Unit 205
North Garden, VA 22959
(434) 243-4660

Hospital Affiliations:
University of Virginia Medical Center
**Primary Care Physicians - Tier 2**

### Palmyra
- **Castrodale, Brett L., MD**
  - Pro#: 10171454
  - University of Virginia Physicians Group
  - 112 Crofton Place
  - Palmyra, VA 22963
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Damewood IV, George P., MD**
  - Pro#: 10120434
  - University of Virginia Physicians Group
  - 24 Gloucester Road
  - Stuarts Draft, VA 24477
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Forbes, III, John, MD**
  - Pro#: 45817
  - UVA Stuarts Draft Family Practice
  - Stuarts Draft, VA 24477
  - (540) 337-3710
  - Hospital Affiliations:
    - Augusta Medical Center
- **Hatter, Dennis L., MD**
  - Pro#: 45818
  - UVA Stuarts Draft Family Practice
  - Stuarts Draft, VA 24477
  - (540) 337-3710
  - Hospital Affiliations:
    - Augusta Medical Center
- **Hostetter, Samuel A., MD**
  - Pro#: 41789
  - UVA Stuarts Draft Family Practice
  - 24 Gloucester Place
  - Stuarts Draft, VA 24477
  - (540) 337-3710
  - Hospital Affiliations:
    - Augusta Medical Center
- **Morye, Ann M, MD**
  - Pro#: 10192700
  - University of Virginia Physicians Group
  - 24 Gloucester Road
  - Stuarts Draft, VA 24477
  - (540) 337-3710
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Varney, Catherine W., DO**
  - Pro#: 10177562
  - University of Virginia Physicians Group
  - 1015 Spring Creek Parkway
  - Zion Crossroads, VA 22942
  - (434) 243-9466
  - Hospital Affiliations:
    - University of Virginia Medical Center

### Waynesboro
- **Engel, Gina D, MD**
  - Pro#: 10004749
  - UVA Waynesboro Primary Care
  - 15 Pratts Run Suite A01
  - Waynesboro, VA 22980
  - (540) 942-1200
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Reid, James R., MD**
  - Pro#: 10687915
  - UVA Waynesboro Primary Care
  - 15 Boyington Blvd Ste A01
  - Waynesboro, VA 22980
  - (540) 942-1200
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Babott, Stewart F., MD**
  - Pro#: 10168784
  - University of Virginia Physicians Group
  - 1215 Lee Street 3rd Floor
  - Charlottesville, VA 22908
  - (434) 924-1931
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Balogun, Seki A, MD**
  - Pro#: 60903
  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 964-1333
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Archibald-Pannone, Laurie R., MD**
  - Pro#: 10040370
  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 982-3131
  - Hospital Affiliations:
    - University of Virginia Medical Center

### Zion Crossroads
- **Azzar, Luna, MD**
  - Pro#: 10117931
  - University of Virginia Physicians Group
  - 1015 Spring Creek Parkway
  - Zion Crossroads, VA 22942
  - (434) 243-9466
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Castrodale, Brett L., MD**
  - Pro#: 10171454
  - University of Virginia Physicians Group
  - 1015 Spring Creek Parkway
  - Zion Crossroads, VA 22942
  - (434) 243-9466
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Cheng, Huai Yong, MD**
  - Pro#: 10097814
  - University of Virginia Physicians Group
  - 1215 Lee Street 3rd Floor
  - Charlottesville, VA 22908
  - (434) 964-1333
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Corrella, Scott L., MD**
  - Pro#: 10150390
  - University of Virginia Physicians Group
  - Lee Street and 11th Street SW
  - Charlottesville, VA 22908
  - (434) 924-2231
  - Hospital Affiliations:
    - University of Virginia Medical Center

### Geriatric Medicine
- **Archibald-Pannone, Laurie R., MD**
  - Pro#: 10040370
  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 982-3131
  - Hospital Affiliations:
    - University of Virginia Medical Center

### Charlottesville
- **Rothkamp, Daniele M., MD**
  - Pro#: 10056284
  - University of Virginia Physicians Group
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 924-5725
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Stiltner, Angela R., MD**
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  - University Physicians @ CARE
  - 674 Hillsdale Dr Ste 3
  - Charlottesville, VA 22901
  - (434) 964-1333
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Shurek, Jeffrey M, MD**
  - Pro#: 10149031
  - University of Virginia Physicians Group
  - Lee Street and 11th Street SW
  - Charlottesville, VA 22908
  - (434) 924-2231
  - Hospital Affiliations:
    - University of Virginia Medical Center
- **Uhlaut, Brian Scott, MD**
  - Pro#: 10008192
  - University Medical Associates Clinic
  - 122 Jefferson Park Ave 3rd FL
  - Charlottesville, VA 22906
  - (434) 924-1931
  - Hospital Affiliations:
    - University of Virginia Medical Center
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  - Pro#: 25890
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  - Charlottesville, VA 22901
  - (434) 964-1333
  - Hospital Affiliations:
    - University of Virginia Medical Center
## Primary Care Physicians - Tier 2

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OptimaHealth
Kon, Rachel, MD  
Pro#: 10149010  
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Aaronson, Allen E, MD
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Henrico Doctors' Hospital - Forest Campus
Mary Washington Hospital (MWH)
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Orange
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Hospital Affiliations:
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Waterhouse, Stephanie G., MD
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Redus-McCoy, Angelique P., MD
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Hospital Affiliations:
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Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
UVA Culpeper Hospital
University of Virginia Medical Center

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Hospital Affiliations:
University of Virginia Medical Center

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Haymarket Medical Center
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Hospital Affiliations:
University of Virginia Medical Center

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### Primary Care Physicians - Tier 2

#### Ruther Glen

**Trementozzi, Daniel P., MD**  
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Quantum Physicians  
8051 Prosperity Way Suite 100  
Ruther Glen, VA 22546  
(804) 448-0198  

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Mary Washington Hospital (MWH)  
Spotsylvania Regional Medical Center

#### Stuarts Draft

**Fisher, Joseph D., MD**  
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24 Gloucester Road  
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(540) 337-3710  

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**Gunther, Robert C., MD**  
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Augusta Medical Center  
University of Virginia Medical Center

**Martinson, Heidi E, MD**  
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**Pinkston, J. Elizabeth, MD**  
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University of Virginia Health Sciences Center

**Pumphrey, Sarah Burke, MD**  
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(540) 337-3710  

*Hospital Affiliations:*  
University of Virginia Medical Center
OB/GYN Physicians- Tier 1

OB/GYN Physicians
Tier 1
## OB/GYN Physicians - Tier 1

### Abingdon

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<td>Bevins, Rachel E, MD</td>
<td>(276) 628-4335</td>
<td>277 White Street Abingdon, VA 24210</td>
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<tr>
<td>Cook, Lawrence S, DO</td>
<td>(276) 628-4335</td>
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### Alexandria

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<tr>
<td>Brantz, Arthur Jay, MD</td>
<td>(703) 317-9500</td>
<td>2000 N Beauregard St Suite 310 Alexandria, VA 22311</td>
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### Annandale

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<th>Name</th>
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<tr>
<td>Foster, Chana-Rivka, MD</td>
<td>(877) 345-7227</td>
<td>301 Woodburn Road Suite 309 Annandale, VA 22003</td>
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### Annandale

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<td>Trien, Duc K, MD</td>
<td>(434) 572-8921</td>
<td>7004 Little River Turnpike Suite H Annandale, VA 22003</td>
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### Arlington

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<td>Crowther, Mary E, MD</td>
<td>(703) 717-4600</td>
<td>1625 N George Mason Drive Suite 325 Arlington, VA 22205</td>
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### Charlottesville

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<tr>
<td>Ascent, Brian, MD</td>
<td>(540) 425-7910</td>
<td>582 Blue Ridge Ave Bedford, VA 24523</td>
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### Roanoke

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<tr>
<td>Baker, William F, MD</td>
<td>(540) 586-7273</td>
<td>1613 Oakwood Street Suite 201 Bedford, VA 24523</td>
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### Lynchburg

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<td>Cook, William, MD</td>
<td>(540) 586-7273</td>
<td>1613 Oakwood Street Suite 201 Bedford, VA 24523</td>
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### Roanoke

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<td>McLennan, Lee Arthur, MD</td>
<td>(540) 586-7273</td>
<td>1615 Oakwood Street Ste D Bedford, VA 24523</td>
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**Optima Direct Network Providers January 2019**

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**OptimaHealth**
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<th>Phone</th>
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<tr>
<td>Big Island</td>
<td>Abrams, Margarita, MD</td>
<td>(434) 925-8948</td>
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<td>Centra Lynchburg General Hospital</td>
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<tr>
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<td>Truex, George, MD</td>
<td>(434) 925-8948</td>
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<tr>
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<td>Schindler, Lynnett, MD</td>
<td>(434) 925-8948</td>
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<tr>
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<td>Vanderburgh, Elizabeth A., MD</td>
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<tr>
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<td>Zolovick, George T., MD</td>
<td>(434) 925-8948</td>
<td>Bedford Ave 600</td>
<td>Centra Lynchburg General Hospital</td>
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<tr>
<td>Blacksburg</td>
<td>Abrams, Margarita, MD</td>
<td>(434) 925-8948</td>
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<td>Bedford Ave 600</td>
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<td>Bedford Ave 600</td>
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<td>(434) 925-8948</td>
<td>Bedford Ave 600</td>
<td>Centra Virginia Baptist Hospital</td>
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</table>
Culver, James M, MD  
Pro #: 66601  
Jefferson Obstetrics & Gynecology, LTD  
600 Peter Jefferson Parkway Ste 290  
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(434) 977-4488  
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Henrico Doctors' Hospital - Forest Campus  
Johnston Memorial Hospital  
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Centra Lynchburg General Hospital

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Bon Secours DePaul Medical Center  
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Sentara Norfolk General Hospital

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Hardy, Timothy J., MD  
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(757) 548-3880

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Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Keverline, Sharon R., MD  
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(757) 547-4500

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Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

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(757) 673-8383

Hospital Affiliations  
Bon Secours Maryview Medical Center

Optima Direct Network Providers January 2019 179
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Virginia Center for Women (MAWC)  
1101 Madison Plaza Suite 201  
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Bon Secours DePaul Medical Center Inc

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Chesapeake Regional Medical Center

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Bon Secours DePaul Medical Center Inc

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Hospital Affiliations  
Sentara Lehigh Hospital  
Sentara Obici Hospital

Perez, Christian, MD  
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Chesapeake Regional Medical Center  
Sentara Albermarle Medical Center  
Sentara Obici Hospital

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Hospital Affiliations  
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Sentara Norfolk General Hospital

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Hospital Affiliations  
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Puritz, Holly S., MD  
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(757) 466-6350  
Hospital Affiliations  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Rector, Jr., George, MD  
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TotalCare for Women, PLC (MAWC)  
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(757) 436-0167  
Hospital Affiliations  
Chesapeake Regional Medical Center

Riddick, Gwendolyn L., DO  
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(757) 228-1288  
Hospital Affiliations  
Chesapeake Regional Medical Center

Rosado-Torres, Idalia, MD  
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(757) 673-8383  
Hospital Affiliations  
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Hospital Affiliations  
Chesapeake Regional Medical Center

Wentworth, Jeffrey M., MD  
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300 Medical Pkwy Ste 308  
Chesapeake, VA 23320  
(757) 466-6350  
Hospital Affiliations  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Whitted, Matthew L., MD  
Prov#: 14004  
Greenbrier Obstetrics & Gynecology, PC  
713 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-4500  
Hospital Affiliations  
Chesapeake Regional Medical Center

Williams, Fred, MD  
Prov#: 10016025  
Chesapeake Regional Medical Group (CRMG)  
113 Gainsborough Square Suite 201  
Chesapeake, VA 23320  
(757) 842-4620  
736 Battlefield Blvd North  
Chesapeake, VA 23320  
(757) 842-4621  
Hospital Affiliations  
Chesapeake Regional Medical Center

Brown, Linda, MD  
Prov#: 10009772  
Manchester OB/Gyn  
Chesapeake, VA 23320  
(804) 706-5827

Lucas, Jerry, MD  
Prov#: 10171936  
Manchester OB/Gyn  
12220 Ironbridge Road Suite A  
Chester, VA 23831  
(804) 231-9691

Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  
Centra Southside Community Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
VCU Health System/MCV

Manipula, Christopher A., MD  
Prov#: 10155658  
Manchester OB/Gyn  
12220 Ironbridge Road Suite A  
Chester, VA 23831  
(804) 706-5827

Hospital Affiliations  
Chippenham Medical Center  
Johnston-Willis Hospital

Colby, John Christopher, MD  
Prov#: 10153509  
John Christopher Colby MD PC  
2900 Lamb Circle Suite 330  
Christiansburg, VA 24073  
(540) 639-3540

Hospital Affiliations  
Carilion New River Valley Medical Center

Devlin, Jill, DO  
Prov#: 10129668  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  
2900 Lamb Cir Suite 202  
Christiansburg, VA 24073  
(540) 731-4578

Hospital Affiliations  
Carilion Giles Community Hospital

Freundel, Roseann J., DO  
Prov#: 10203156  
Carilion Healthcare Corporation  
2900 Lamb Circle Suite 330  
Christiansburg, VA 24073  
(540) 639-3540

Hospital Affiliations  
Carilion New River Valley Medical Center  
Norton Community Hospital

Chester

Att: Executive Vice President, Healthcare Operations  
Optima Health  
Optima Direct Network Providers January 2019  
180

Optima Direct Network Providers January 2019  
180
OB/GYN Physicians - Tier 1

Morel, Kelley S, MD
Provv#: 10135594
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion New River Valley Medical Center
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Murchison, Amanda B., MD
Provv#: 10026846
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Munziato, Jaclyn, MD
Provv#: 10186173
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Franklin Memorial Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Sahni, Manjusha, MD
Provv#: 10048023
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Smith, Abby A., MD
Provv#: 10095407
Lewis-Gale Physicians, LLC
65 Shenandoah Avenue
Daleville, VA 24083
(540) 966-6430

Hospital Affiliations
Lewis-Gale Medical Center

Sullivan, Christopher M, MD
Provv#: 10117787
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Weiss, Patrice Marie, MD
Provv#: 10030457
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Wright, Lisa A., MD
Provv#: 10017195
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Dublin

Roberts, David Joseph, MD
Provv#: 10193696
Community Health Center of the New River Valley
5826 Ruebusch Road
Dublin, VA 24084
(540) 585-1310

Hospital Affiliations
Carilion Giles Community Hospital
Shenandoah Memorial Hospital

Ayoub, Jack P., MD
Provv#: 10061124
Virginia Obstetrics and Gynecology PC
24430 Stone Springs Blvd Suite 250
Pod A
Dulles, VA 20166
(703) 858-5599

Dulles

Adler, Alf, MD
Provv#: 10090226
Adler Gynecology Minimally Invasive Surgery
17739 Main Street Suite 110
Dumfries, VA 22026
(703) 680-5327

Hospital Affiliations
Sentara Northern Virginia Medical Center

Dwamina, Natasha A, MD
Provv#: 10176530
Greater Prince William Community Health Center
17739 Main Street Suite 130
Dumfries, VA 22026
(703) 680-7950

Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Emporia

Bazile-Harrison, Daphne, MD
Provv#: 10163553
Tri-City Ob/Gyn
511 Belfield Drive
Emporia, VA 23847
(804) 765-5206

Hospital Affiliations
Southside Regional Medical Center

Kudaravalli, Krishna Rao, MD
Provv#: 10101822
Tri-City Ob/Gyn
511 Belfield Drive
Emporia, VA 23847
(804) 765-5206

Hospital Affiliations
Southside Regional Medical Center

Meyers, Paul J., MD
Provv#: 10037059
Tri-City Ob/Gyn
511 Belfield Drive
Emporia, VA 23847
(804) 765-5206

Hospital Affiliations
Southside Regional Medical Center

Sullivan, Christopher M, MD
Provv#: 10117787
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Irani, Sohrab R., MD
Provv#: 10143590
Healthcare for Women - Ob/Gyn
(Danville Physician Practices, LLC)
195 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Hospital Affiliations
Sova Health - Danville

Lahti, Stacey, DO
Provv#: 46188
Danville Women's Care
927 S Main St
Danville, VA 24541
(434) 797-4620

Maute, Frederick, MD
Provv#: 46198
Danville Women's Care
927 S Main St
Danville, VA 24541
(434) 797-4620

Neal, Randolph, MD
Provv#: 46204
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765

Newell, Alice B., MD
Provv#: 69764
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765

Discovered on Friday, November 29, 2019

Dublin

Kulwa, Ema Wakuru, MD
Provv#: 10088479
Healthcare for Women - Ob/Gyn
(Danville Physician Practices, LLC)
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Hospital Affiliations
Sova Health - Danville

Wilson, Joan C., MD
Provv#: 48092
Healthcare for Women - Ob/Gyn
(Danville Physician Practices, LLC)
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Criner, Mark A., MD
Provv#: 10016008
Healthcare for Women - Ob/Gyn
(Danville Physician Practices, LLC)
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Heitz, Cynthia, MD
Provv#: 46174
DBAN Women's Care
927 S Main St
Danville, VA 24541
(434) 797-4620

Honea, Phillip, DO
Provv#: 10205996
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765

Hospital Affiliations
Sova Health - Danville

Regan, Owen T., MD
Provv#: 10151398
Danville Physician Practices, LLC
159 Executive Drive Suite E
Danville, VA 24541
(434) 791-2629

Hospital Affiliations
Sova Health - Danville
Warren Memorial Hospital, Inc.

Wilson, Joan C., MD
Provv#: 48092
Healthcare for Women - Ob/Gyn
(Danville Physician Practices, LLC)
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629

Hospital Affiliations
Sova Health - Danville
Warren Memorial Hospital, Inc.
### OB/GYN Physicians - Tier 1

#### Fairfax

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<tr>
<td>Garreau, Elizabeth, MD</td>
<td>(571) 249-0717</td>
<td>Centra Southside Community Hospital</td>
<td>(434) 315-2950, Farmville, VA 23901</td>
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<tr>
<td>Aslanis, Diane, MD</td>
<td>(703) 208-7355</td>
<td>Center</td>
<td>800 Oak Street, Farmville, VA 23901</td>
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<td>Gonzalez, Rodolfo H., MD</td>
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#### Farmville

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<td>(434) 392-9200</td>
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<tr>
<td>Cauble, Kathleen, MD</td>
<td>(434) 392-9200</td>
<td>Centra Medical Group Women's Center</td>
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#### Fishersville

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<td>Keatts, Ami H., MD</td>
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#### Forest

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<td>2007 Graves Mill Road, Farmville, VA 23901</td>
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<td>Neves, Hilary L., MD</td>
<td>(434) 315-2950</td>
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<td>University of Virginia Medical Center</td>
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<td>Robertson, Michael S., MD</td>
<td>(434) 315-2950</td>
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<td>Kidd, Kristi, MD</td>
<td>(434) 315-2950</td>
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<td><strong>Fredericksburg</strong></td>
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<td>Daile, Kara, MD</td>
<td>Prov#: 10152486, Womens Health and Surgery Center Inc, 2535 Cowan Blvd, Fredericksburg, VA 22401 (540) 368-9472</td>
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<td>Kil, H, Joon, MD</td>
<td>Prov#: 11255, Central Virginia OB-GYN Group, PC (PINNACLE), 1101 Sam Perry Blvd Ste 314, Fredericksburg, VA 22401 (540) 373-4900</td>
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<td>King, Dana, MD</td>
<td>Prov#: 10169955, Mary Washington Hospital (MWH) 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 423-6600</td>
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<td>Exposito, Kristin, DO</td>
<td>Prov#: 10023338, Rappahannock Women's Health Center, PC (PINNACLE), 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 374-3100</td>
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<td>Galuk, Stephanie M., DO</td>
<td>Prov#: 10190027, Sentara Pratt Medical Group (SMG), 1451 Hospital Dr, Fredericksburg, VA 22401 (540) 368-5350</td>
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<td>Gaffney, Michelle, MD</td>
<td>Prov#: 10083935, Mary Washington Hospital (MWH), Meritus Medical Center 3101 Hospital Dr, Fredericksburg, VA 22401 (540) 575-3470</td>
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<td>Jackson, Latoya, MD</td>
<td>Prov#: 10155388, Sentara Leigh Hospital, Sentara Norfolk General Hospital, 2001 Hospital Dr, Fredericksburg, VA 22401 (540) 374-5700</td>
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<td>Kil, H. Jae, MD</td>
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<td>Meyers, Leslie S., MD</td>
<td>Prov#: 74958, Rappahannock Women's Health Center, PC (PINNACLE), 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 575-3470</td>
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<td>Moffitt, III, Francis Xavier, MD</td>
<td>Prov#: 10080645, Mary Washington Hospital (MWH), Sentara Regional Medical Center, 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 374-3100</td>
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<td>Prov#: 10006097, Elite Womens Health Inc 1101 Sam Perry Blvd Suite 401, Fredericksburg, VA 22401 (540) 940-2000</td>
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<td>Pyatak, Peter, MD</td>
<td>Prov#: 10019123, Rappahannock Women's Health Center, PC (PINNACLE), 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 374-3100</td>
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<td><strong>Franklin</strong></td>
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<td>Clingenpeel, J. Floyd</td>
<td>Prov#: 64005, Ob-Gyn Physicians, Inc. (MAWC), 100 Fairview Dr Ste 100, Franklin, VA 23851 (757) 562-4156</td>
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<td>Rana, Ghias A., MD</td>
<td>Prov#: 10181160, Specialists for Women (MAWC), 118 Fairview Drive Suite 100, Franklin, VA 23851 (757) 562-4156</td>
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<td>Prov#: 10083935, Women's Health and Surgery Center Inc, 2535 Cowan Blvd, Fredericksburg, VA 22401 (540) 368-9472</td>
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<td>Sheffield, Sharon L., MD</td>
<td>Prov#: 55999, Ob-Gyn Physicians, Inc. (MAWC), 118 Fairview Dr Ste 100, Franklin, VA 23851 (757) 562-4156</td>
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<td>Schiller, Catherine S., MD</td>
<td>Prov#: 10186973, Centra Medical Group Women's Center, 2007 Graves Mill Rd, Franklin, VA 23851 (434) 385-8948</td>
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<td>Schuller, Catherine S., MD</td>
<td>Prov#: 10186973, Centra Medical Group Women's Center, 2007 Graves Mill Rd, Franklin, VA 23851 (434) 385-8948</td>
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<td><strong>Shuman, Mary, MD</strong></td>
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<td>Prov#: 40655, Elite Womens Health Inc 1101 Sam Perry Blvd Suite 401, Fredericksburg, VA 22401 (540) 940-2000</td>
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<td>Smith, Michael, MD</td>
<td>Prov#: 10024672, Rappahannock Women's Health Center, PC (PINNACLE), 1071 Care Way Suite 101, Fredericksburg, VA 22401 (540) 374-3100</td>
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<td><strong>Thott, Kurian, MD</strong></td>
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<td><strong>Uzochukwu, Chihoa, DO</strong></td>
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<td>OB/GYN Physicians - Tier 1</td>
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<td><strong>Walkers, Scott E., MD</strong></td>
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<td>(540) 785-7810</td>
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**Hospital Affiliations**
- Mary Washington Hospital (MWH)
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

**Wicker, Donna C., MD**
Pro#: 10158188
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

**Hospital Affiliations**
- Mary Washington Hospital (MWH)
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- University of Virginia Medical Center

**Wilkes, Cynthia, MD**
Pro#: 10299753
Tammey Leonard MD
1300 Hospital Drive Suite 300
Fredericksburg, VA 22401
(540) 656-2830

**Hospital Affiliations**
- Mary Washington Hospital (MWH)
- Stafford Hospital Center

**Front Royal**

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<th>Martinez, Julian E., MD</th>
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<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
<td>1000 N Shenandoah Ave</td>
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<td>Front Royal, VA 22630</td>
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**Hospital Affiliations**
- Shenandoah Memorial Hospital
- Warren Memorial Hospital, Inc.

**Regan, Owen T., MD**
Pro#: 10166102
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

**Hospital Affiliations**
- Shenandoah Memorial Hospital Inc
- Warren Memorial Hospital, Inc.

**Yuzefovich, Michael, MD**
Pro#: 10153095
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

**Galax**

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<th>Ansay, Shereen M., DO</th>
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<td>NMG Affiliate Practice I, LLC</td>
<td>7915 Lake Manassas Drive Suite 205</td>
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<td>Gainesville, VA 20155</td>
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**Hospital Affiliations**
- Novant Health UVA Health System
- Prince William Medical Center

**Bendheim, Stephen H., MD** Pro#: 21254
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus

**Blattner, Carlos, MD** Pro#: 10020997
Blue Ridge Physicians for Women
227 Hospital Drive
Galax, VA 24333
(276) 236-2909

**Hospital Affiliations**
- Twin County Regional Hospital

**Brown, Todd E., MD** Pro#: 10120025
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus

**Cable, Mary, MD** Pro#: 78566
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

**Coble, Casey, MD** Pro#: 21408
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

**Coles, Leslie L., MD** Pro#: 41523
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital

**Coyle, Cherri L., MD** Pro#: 54083
Center for Women's Health (MAWC)
101 Eaton St Ste 300
Hampton, VA 23669
(757) 574-2229

**Hospital Affiliations**
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

**Davies, Leslie L., MD** Pro#: 20843
Virginia Physicians for Women, Ltd.
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Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital
- VCU Health System/MCV

**Dehal, Stacy A., MD** Pro#: 10176609
NMG Affiliate Practice I, LLC
7915 Lake Manassas Drive Suite 205
Gainesville, VA 20155
(571) 261-3529

**Hospital Affiliations**
- Novant Health UVA Health System
- Prince William Medical Center

**Doh, Croche M., MD** Pro#: 10120025
Virginia Physicians for Women, Ltd.
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Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

**Godbout, Jennifer, MD** Pro#: 10158188
Sentara Pratt Medical Group (SMG)
4701 Spotsylvania Pkwy
Fredericksburg, VA 22407
(540) 785-7810

**Hospital Affiliations**
- Mary Washington Hospital (MWH)
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- University of Virginia Medical Center

**Hampton**

<table>
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<th>Basco, Thomas E., MD</th>
<th>Pro#: 10029587</th>
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<tr>
<td>Obstetrics &amp; Gynecology Associates of Hampton (MAWC)</td>
<td>4000 Coliseum Drive Suite 280</td>
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<td>Hampton, VA 23666</td>
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**Hospital Affiliations**
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

**Partridge, John R., MD** Pro#: 20843
Virginia Physicians for Women, Ltd.
4050 Innsdale Drive
Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital
- VCU Health System/MCV

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(804) 915-3045

**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital

**Reuterger, David, MD** Pro#: 21944
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Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital

**Tuckey-Larus, Corrine N., MD** Pro#: 21944
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Glen Allen, VA 23060
(804) 915-3045

**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital

**VCU Health System/MCV**

**Virginia Physicians for Women, Ltd.**

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**Hospital Affiliations**
- Twin County Regional Hospital

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**Hospital Affiliations**
- Twin County Regional Hospital

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**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital

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**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital

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**Hospital Affiliations**
- Chippenham Medical Center
- Johnston-Willis Hospital
Hill, Robert M., MD  
Provis#: 53393  
Hampton Roads Ob/Gyn, Inc  
(MAWC)  
3240 Coliseum Drive Suite B  
Hampton, VA 23666  
(757) 838-7277

Hospital Affiliations  
Bon Secours Mary Immaculate Hospital

Jafri, Naved A., MD  
Provis#: 32150  
Obstetrics & Gynecology Associates of Hampton (MAWC)  
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(757) 722-7401

Hospital Affiliations  
Bon Secours Mary Immaculate Hospital

Jafri, Obaid, MD  
Provis#: 95803  
Obstetrics & Gynecology Associates of Hampton (MAWC)  
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Hampton, VA 23666  
(757) 722-7401

Hospital Affiliations  
Sentara CarePlex Hospital

Lappinen, Krystle R, MD  
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Center for Women’s Health (MAWC)  
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Hampton, VA 23669  
(757) 874-2229

Hospital Affiliations  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital

O’Connell, Timothy A., MD  
Provis#: 51137  
Center for Women’s Health (MAWC)  
101 Eaton St Ste 300  
Hampton, VA 23669  
(757) 874-2229

Hospital Affiliations  
Bon Secours Mary Immaculate Hospital

Thom, Douglas, MD  
Provis#: 52101  
Center for Women’s Health (MAWC)  
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Hampton, VA 23669  
(757) 874-2229

Hospital Affiliations  
Bon Secours Mary Immaculate Hospital

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Obstetrics & Gynecology Associates of Hampton (MAWC)  
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Hospital Affiliations  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital

Maxwell, Bryan D., DO  
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Hospital Affiliations  
Sentara RMH Medical Center

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Hospital Affiliations  
Sentara RMH Medical Center

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Hospital Affiliations  
Sentara RMH Medical Center

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Hospital Affiliations  
Sentara RMH Medical Center

Ryan, Jennifer L., MD  
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(540) 438-1314

Hospital Affiliations  
Sentara RMH Medical Center

Scheidt, Stephanie A, MD  
Provis#: 22364  
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(540) 434-3831

Hospital Affiliations  
Sentara RMH Medical Center

Smith, Nina K., MD  
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Nina K. Smith, MD, PLC  
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(540) 442-9055

Hospital Affiliations  
Sentara RMH Medical Center

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Hospital Affiliations  
Henrico Doctors’ Hospital - Retreat Campus

Botticelli, Michael J, MD  
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Hospital Affiliations  
Sentara RMH Medical Center

Deaton, Justin D., DO  
Provis#: 10128983  
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(540) 438-1314

Hospital Affiliations  
Sentara RMH Medical Center

Greer, Kimberly A, MD  
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Hospital Affiliations  
Sentara RMH Medical Center

King, Ladene J., MD  
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Hospital Affiliations  
Sentara RMH Medical Center

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Hospital Affiliations  
Novant Health UVA Health System

Bright, Saweda A., MD  
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Hospital Affiliations  
Novant Health UVA Health System

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Hospital Affiliations  
Novant Health UVA Health System

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Hospital Affiliations  
Novant Health UVA Health System

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Hospital Affiliations  
Novant Health UVA Health System

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Hospital Affiliations  
Novant Health UVA Health System

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Hospital Affiliations  
Novant Health UVA Health System

Smith, Charli V, MD  
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NMG Affiliate Practice I, LLC  
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Haymarket, VA 20169  
(703) 361-7778

Hospital Affiliations  
Novant Health UVA Health System
OB/GYN Physicians - Tier 1

Lorton

Colon, Hector, MD
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About Women OB/Gyn, PC
8998 Lorton Station Boulevard Suite A
Lorton, VA 22079
(703) 878-0740

Hospital Affiliations
Mary Washington Hospital (MWH)
Reston Hospital Center
Northern Virginia Medical Center
Stafford Hospital Center

Washington Hospital Center - Arlington
Winchester Medical Center

Berry, Colin, MD
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Central Virginia Health Services, Inc.
115 Jefferson Highway Suite 9
Louisa, VA 23093
(540) 967-9401

Hospital Affiliations
St. Mary's Hospital

Lynchburg

Assent, Brian, MD
Pro#: 10209406
Lynchburg Women's and Pediatric Health Services
2402 Atherholt Road
Lynchburg, VA 24501
(434) 200-6401

Baker, William F., MD
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Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Dimofte, Stefania, MD
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Community Access Network
1900 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3366
800 5th Street
Lynchburg, VA 24504
(434) 200-3366

Hospital Affiliations
Centra Lynchburg General Hospital
VCU Community Memorial Hospital

James, Andra H., MD
Pro#: 10051748
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651

Kidd, Kristi, MD
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Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890
320 Federal Street
Lynchburg, VA 24504

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cherian, Ajith, MD
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Centra Medical Group Women's Center
1901 Tate Springs Road
Lynchburg, VA 24501
(434) 385-8948
Pro#: 10109818
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Mann, William J., MD
Pro#: 10038475
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4146

Hospital Affiliations
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Marracini, Christine, MD
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Womens Health Services of Central Virginia, Inc.
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Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

May, James S., MD
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Womens Health Services of Central Virginia, Inc.
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Lynchburg, VA 24502
(434) 239-7890

Hospital Affiliations
Centra Lynchburg General Hospital

Neiman, Wade A., MD
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Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890
320 Federal Street
Lynchburg, VA 24504

Hospital Affiliations
Centra Lynchburg General Hospital

Neves, Hilary L., MD
Pro#: 10191010
Centra Medical Group Women's Center
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 315-2950

Hospital Affiliations
Centra Lynchburg General Hospital

Phemister, David, MD
Pro#: 10021107
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Pierce Jr., John, MD
Pro#: 10149208
Womens Health Services of Central Virginia, Inc.
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Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
VCU Health System/MCV

Puckett, Reginald T., MD
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Robertson, Michael S., MD
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(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Schipper, Lynnette, MD
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Schuller, Catherine S., MD
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Lynchburg, VA 24502
(434) 237-7890

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Scribner Jr., Dennis, MD
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3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4146

Urzy, Maria S., MD
Pro#: 10018736
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2523 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200

Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Optima Direct Network Providers January 2019 188
OB/GYN Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Murchison, Amanda B., MD
Pro#: 10082097
Carilion Healthcare Corporation
1107 B Brookdale Street
Martinsville, VA 24112
(276) 634-4400
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Saeth, Manjuqa, MD
Pro#: 10082257
Carilion Healthcare Corporation
1107 B Brookdale Street
Martinsville, VA 24112
(276) 634-4400
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Max Meadows
			
Terry, Joseph B., MD
Pro#: 1015744
Wythe County Physician Practices, LLC
791 Fort Chiswell Road Suite A
Max Meadows, VA 24560
(276) 637-6641
Hospital Affiliations
Carilion New River Valley Medical Center
Wythe Community Hospital

Mechanicsville

Barnas, Douglas, MD
Pro#: 1002639
James River Surgical Associates
8266 Atlee Road Ste 215
Mechanicsville, VA 23116
(804) 559-6181
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Mary's Hospital

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8220 Meadowbridge Rd Ste 205
Mechanicsville, VA 23116
(804) 559-6490
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Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus

Berke, Keith P., MD
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Virginia Women's Center Inc
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
St. Mary's Hospital

Canes, James H., MD
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(804) 559-6181
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Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

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8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 703-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Younger-Eure, Terri, DO
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Women's Health Spectrum, LLC
319 Hospital Dr Ste 204
Martinsville, VA 24112

St. Mary's Hospital

Galano, Kimberly M., MD
Pro#: 79121
Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Hutcheson, Douglas P., MD
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Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Kreis, Rachel, MD
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Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus

MeWhorther, Christina, MD
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Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus

Shaban, Danny, MD
Pro#: 55747
Dominion Women's Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 703-0880
Hospital Affiliations
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Smith, Tovia, MD
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Virginia Women's Center Inc
7515 Right Flank Road
Mechanicsville, VA 23116
(804) 288-4084
Hospital Affiliations
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital

Spasic, Zvonko, MD
Pro#: 10037017
Dominion Women's Health
8239 Meadowbridge Road Suite A
Mechanicsville, VA 23116
(804) 703-0880
Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Optima Direct Network Providers January 2019 190
OptimaHealth
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<td>Midlothian, VA 23114</td>
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<td>(804) 464-2453</td>
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<td>Midlothian, VA 23114</td>
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<td>Midlothian, VA 23113</td>
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<td>OB/GYN</td>
<td>Midlothian, VA 23113</td>
<td>(804) 378-9378</td>
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<tr>
<td>Wiles III, Howard O, MD</td>
<td>OB/GYN</td>
<td>Midlothian, VA 23114</td>
<td>(804) 320-2483</td>
<td>(804) 423-8462</td>
<td>Hospital Affiliations Bon Secours St. Francis Medical Center Chippenham Medical Center Johnstown-Willis Hospital</td>
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<tr>
<td>Williams, Flora E, MD</td>
<td>OB/GYN</td>
<td>Midlothian, VA 23114</td>
<td>(804) 320-2483</td>
<td>(804) 423-8462</td>
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<td>Midlothian, VA 23114</td>
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<td>Hospital Affiliations Bon Secours St. Mary's Hospital Henrikro Doctors' Hospital - Forest Campus</td>
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<td>Smith, Tovia, MD</td>
<td>OB/GYN</td>
<td>Midlothian, VA 23114</td>
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<td>Spasic, Zvonko, MD</td>
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<td>Midlothian, VA 23113</td>
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<td>Cordes, Laura R., MD</td>
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<td>Newport News, VA 23602</td>
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Optima Direct Network Providers January 2019
OB/GYN Physicians - Tier 1

O'Connell, Timothy A., MD
Pro#: 51137
Center for Women's Health (MAWC)
12706 McManus Blvd
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Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Henrico Doctors' Hospital - Forest Campus

Optima Direct Network Providers January 2019 194

OptimaHealth
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<th>Title</th>
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<td>Freundel, Roseann J.</td>
<td>DO</td>
<td>127 Healthcare Drive Ste 1278 Pennington Gap, VA 24277</td>
<td>(276) 439-1470</td>
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<tr>
<td>Westmoreland, Cheri D.</td>
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<td>(276) 679-1623</td>
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<td>MD</td>
<td>102 15th Street NW Ste 301 Norton, VA 24273</td>
<td>(276) 679-1623</td>
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<td>Isaac, Joseph W.</td>
<td>MD</td>
<td>102 15th Street NW Ste 301 Norton, VA 24273</td>
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<tr>
<td>Morales, Renee C.</td>
<td>MD</td>
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<td>(276) 679-1623</td>
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Optima Direct Network Providers January 2019 195

OptimaHealth
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Richmond, VA 23235
(804) 327-8809
Hospital Affiliations
VCU Health System/MCV

Barbas, Douglas, MD
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Bon Secours Richmond OBGYN at Richmond Community
1510 North 28th St Ste 305
Richmond, VA 23223
(803) 717-1689
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Bendheim, Stephen H., MD
*Pro#: 21254
Virginia Physicians for Women, Ltd.
5875 Bremo Rd Ste 205
Richmond, VA 23226
(804) 282-4203
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Billett, Todd E., MD
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5875 Bremo Rd Ste 205
Richmond, VA 23226
(804) 282-4203
7605 Forest Ave Ste 206
Richmond, VA 23229
(804) 282-4203
Hospital Affiliations
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Henrico Doctors' Hospital - Forest Campus

Blanton, Erika, MD
*Pro#: 1001273
OB/GYN Specialists of Richmond
7611 Forest Ave Ste 330
Richmond, VA 23229
(804) 673-8791
Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus

Boardman, Cecelia, MD
*Pro#: 10099271
Virginia Gynecologic Oncology
7607 Forest Avenue Suite 200
Richmond, VA 23229
(804) 200-7062
Hospital Affiliations
Henrico Doctors' Hospital - Forest Campus

Braun, Heidi L., MD
*Pro#: 71016
Virginia Women's Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
(804) 288-4084
7611 Forest Avenue Suite 200
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Hospital Affiliations
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401 N 11th St  
Richmond, VA 23226  
(804) 828-4409  
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VCU Health System/MCV  

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Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Jeudy, Myrlene, MD  
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VCU Health System/MCV  

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Hospital Affiliations  
VCU Health System/MCV  

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5855 Bremo Road Ste 605  
Richmond, VA 23226  
(804) 285-8806  
7601 Forest Ave Suite 228  
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(804) 741-0440  
7605 Forest Avenue Suite 411  
Richmond, VA 23229  
(804) 285-8806  

Knapp, Karen E., MD  
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Richmond, VA 23226  
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7601 Forest Ave Suite 228  
Richmond, VA 23229  
(804) 741-0440  
7605 Forest Avenue Suite 411  
Richmond, VA 23229  
(804) 285-8806  

Ladoci, Julie, MD  
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Richmond Women's Specialists  
1401 Johnston Willis Drive Suite 5000  
Richmond, VA 23235  
(804) 267-6931  
Hospital Affiliations  
VCU Health System/MCV  

Legum-Wenk, Courtney, DO  
Pro#: 10183803  
Virginia Physicians For Women  
12129 Graham Meadows Drive  
Richmond, VA 23233  
(804) 288-4084  
Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  

Lewis, Leigh B., MD  
Pro#: 99823  
Virginia Physicians For Women  
7611 Forest Ave Suite 200  
Richmond, VA 23229  
(804) 288-4084  
Hospital Affiliations  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital  

Lippmann, Quinn, MD  
Pro#: 10167418  
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6900 Forest Ave Suite 200  
Richmond, VA 23230  
(804) 730-5099  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Richmond Campus  

Lucas, Jerry, MD  
Pro#: 10171936  
Manchester OB/Gyn  
101 Cowardin Ave  
Richmond, VA 23224  
(804) 231-6961  
Hospital Affiliations  
Sheltering Arms Rehab Hospital  
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<td><strong>Washington, Monica, MD</strong></td>
<td>(540) 985-8000</td>
<td>101 Elm Avenue</td>
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<td><strong>Barwick, Elizabeth C., DO</strong></td>
<td>(540) 985-8078</td>
<td>102 Highland Ave Suite 109, Roanoke, VA</td>
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OB/GYN Physicians - Tier 1

Falls, Randall K., MD  
Prov#: 10029377  
Planned Parenthood Health Systems Inc  
2207 Peters Creek Road NW  
Roanoke, VA 24017  
(540) 562-3457

Farber, Steven, MD  
Prov#: 10030853  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 985-8000

Gaines, Jill A., MD  
Prov#: 10041903  
Physicians to Women Inc  
21 Highland Avenue SE Suite 200  
Roanoke, VA 24013  
(540) 982-8881

Garcia, Jorge M., MD  
Prov#: 10027795  
Carilion Healthcare Corporation  
213 McClanahan St SW  
Roanoke, VA 24013  
(540) 343-1224

Glenston, Jonathan Lee, MD  
Prov#: 10095662  
Carilion Faculty Physicians  
101 Elm Avenue  
Roanoke, VA 24013  
(540) 985-4099

1906 Belleview Avenue  
Roanoke, VA 24014

3 Riverside Cir  
Roanoke, VA 24016  
(540) 224-5170

Greer, Heather O'Connor, MD  
Prov#: 10112682  
CARILION MEDICAL CENTER  
1 Riverside Circle Suite 300M  
Roanoke, VA 24016  
(540) 581-0160

102 Highland Avenue Ste 303  
Roanoke, VA 24013  
(540) 985-9715

102 Highland Avenue Suite 455  
Roanoke, VA 24013  
(540) 985-9910

Grove, Margaret Ann, MD  
Prov#: 1019308  
Physicians to Women Inc  
21 Highland Avenue SE Suite 200  
Roanoke, VA 24013  
(540) 982-8881

Holmes, Derek R, DO  
Prov#: 1017127  
Carilion Healthcare Corporation  
213 McClanahan St Suite 110  
Roanoke, VA 24014  
(540) 343-1224

102 Highland Avenue Ste 303  
Roanoke, VA 24013  
(540) 985-9715

102 Highland Avenue Suite 455  
Roanoke, VA 24013  
(540) 985-9910

Grove, Margaret Ann, MD  
Prov#: 1019308  
Physicians to Women Inc  
21 Highland Avenue SE Suite 200  
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(540) 982-8881

Hospital Affiliations  
Carilion Roanoke Memorial Hospital

Keene, Carol, MD  
Prov#: 28890  
Physicians to Women Inc  
21 Highland Avenue SE Suite 200  
Roanoke, VA 24013  
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Hospital Affiliations  
Carilion Roanoke Memorial Hospital

Kelly, James A., MD  
Prov#: 10119189  
Lewis-Gale Physicians, LLC  
4231 Colonial Avenue Suite 1  
Roanoke, VA 24018  
(540) 774-6000

Hospital Affiliations  
Lewis-Gale Medical Center

Lara-Torre, Eduardo, MD  
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CARILION MEDICAL CENTER  
101 Elm Avenue  
Roanoke, VA 24013  
(540) 985-8000

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Hospital Affiliations  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

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Roanoke, VA 24016  
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902 S Jefferson Street  
Roanoke, VA 24016  
(540) 985-9862

Hospital Affiliations  
Carilion Roanoke Memorial Hospital

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Carilion Urogynecology Associates  
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Roanoke, VA 24016  
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Hospital Affiliations  
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD  
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Roanoke, VA 24013  
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102 Highland Avenue Ste 304  
Roanoke, VA 24013  
(540) 985-9715

102 Highland Avenue Suite 455  
Roanoke, VA 24013  
(540) 985-9862

Hospital Affiliations  
Carilion Roanoke Community Hospital

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Hospital Affiliations  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

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Hospital Affiliations  
Carilion Roanoke Memorial Hospital

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Hospital Affiliations  
Carilion Roanoke Memorial Hospital

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OB/GYN Physicians - Tier 1

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Hospital Affiliations
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Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Salem

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150 Spartan Dr
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Hospital Affiliations
Carilion Roanoke Memorial Hospital

Aitizer, Melanie Dawn, MD
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Hospital Affiliations
Montgomery Regional Hospital d/b/a LewisGale Montgomery

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Hospital Affiliations
Lewis-Gale Medical Center

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Hospital Affiliations
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Hospital Affiliations
Carilion New River Valley Medical Center
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Lewis-Gale Medical Center

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Hospital Affiliations
Carilion Roanoke Memorial Hospital

Tzuzwell Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Rocky Mount, VA 24151
390 S Main St Suite 101

Prov#: 10048023

Prov#: 10046919

Prov#: 10075327

Prov#: 10033624

Prov#: 10023681

Prov#: 10135594
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**South Boston**

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**South Riding**

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**South Hill**

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<td>Austin, Cynthia Nwokeuku, MD</td>
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**Stafford**

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<td>Dalke, Kara, MD</td>
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<td>Kili, J. Joon, MD</td>
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<td>Liao, Michael S, MD</td>
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**Suffolk**

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<td>Thott, Kurian, MD</td>
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<td>Choudhry, Arshed, MD</td>
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<td>Park, Lisa, MD</td>
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<td>Roberts, Michelle, MD</td>
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<td>Adkins, William, MD</td>
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<td>Dekmowski, Henry, MD</td>
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<td>Federeci, Benigno, D., MD</td>
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OB/GYN Physicians - Tier 1

Virginia

McWhorter, Christina, MD
Proc#: 10154919
Virginia Women's Center Inc
658 Hospital Road Suite 304
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Hospital Affiliations
Sentara Obici Hospital

Hutcheson, Douglas P., MD
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Hospital Affiliations
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Hospital Affiliations
Sentara Obici Hospital

Tappahannock

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Hospital Affiliations
Sentara Princess Anne Hospital

Campus

Jackson, Christina M, DO
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Campus
Bon Secours Memorial Regional Medical Center

Rana, Ghias A., MD
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Campus
Bon Secours Memorial Regional Medical Center

Lepore, Jr., Michael A., MD
Proc#: 10061869
Campus
Bon Secours Memorial Regional Medical Center

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Hospital Affiliations
Sentara Obici Hospital

Virginia Women's Center Inc
Prov#: 12591

Hospital Affiliations
Bon Secours Memorial Regional Medical Center

Suffolk

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Sentara Obici Hospital

Hospital Affiliations
Sentara Obici Hospital

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Hospital Affiliations
Sentara Princess Anne Hospital

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Virginia Beach

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Hospital Affiliations
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Virginia Women's Center Inc
Prov#: 48210

Hospital Affiliations
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Hospital Affiliations
Sentara Princess Anne Hospital

Bon Secours DePaul Medical Center Inc

Virginia Women's Center Inc
Prov#: 14382

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Virginia Women's Center Inc
Prov#: 10049929

Hospital Affiliations
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Sentara Princess Anne Hospital

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Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Virginia Women's Center Inc
Prov#: 12591

Hospital Affiliations
Sentara Princess Anne Hospital

Virginia Women's Center Inc
Prov#: 12591

Hospital Affiliations
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Hospital Affiliations
Sentara Princess Anne Hospital

Virginia Women's Center Inc
Prov#: 12591

Hospital Affiliations
Sentara Princess Anne Hospital

Virginia Women's Center Inc
Prov#: 12591

Hospital Affiliations
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Justice, Michele D., MD
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Charlottesville, VA 22908

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2955 Ivy Road Ste 304
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University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
1221 Lee Street Floor 3
Charlottesville, VA 22908
(434) 924-1955
2955 Ivy Road Ste 304
Charlottesville, VA 22903
(434) 243-4570

Hospital Affiliations:
University of Virginia Medical Center

DEUCHER, Allegra Daniela, MD
Prov#: 101952258
University of Virginia Physicians Group
1204 W Main St Fl 3
Charlottesville, VA 22903
(434) 924-2500
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1955
2955 Ivy Road Ste 304
Charlottesville, VA 22903
(434) 243-4570

Hospital Affiliations:
University of Virginia Medical Center

DUDLEY, Donald J., MD
Prov#: 10131012
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 243-5500
1221 Lee Street
Charlottesville, VA 22908
(434) 924-2500
Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1955

Hospital Affiliations:
University of Virginia Medical Center

FERGUSON II, James Edward, MD
Prov#: 10047809
UVA Primary Care Center 3rd Floor
1221 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500

Hospital Affiliations:
University of Virginia Medical Center

GREGG-KAMATH, Vanessa H., MD
Prov#: 10020393
UVA Northridge
2955 Ivy Rd Ste 304 (OB/GYN)
Charlottesville, VA 22903
(434) 243-4570

Hospital Affiliations:
University of Virginia Medical Center

HULLFISH, Kathie L., MD
Prov#: 25547
UVA Primary Care Center 3rd Floor
Lee St 3rd Fl UVA Hospital
Charlottesville, VA 22908
(434) 924-1955

Hospital Affiliations:
University of Virginia Medical Center

KENG, Rachelle, MD
Prov#: 10160123
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500

Hospital Affiliations:
University of Virginia Medical Center

KIGHTLINGER, Rebecca S, DO
Prov#: 76112
UVA Northridge
2955 Ivy Rd Ste 104 (The Midlife Health Center)
Charlottesville, VA 22908
(434) 243-4720

Hospital Affiliations:
University of Virginia Medical Center

LATIMER, Katherine A., MD
Prov#: 10168910
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
1221 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
2955 Ivy Road Ste 304
Charlottesville, VA 22903
(434) 243-4570

Hospital Affiliations:
University of Virginia Medical Center

NUNLEY, Jr., Wallace C., MD
Prov#: 10037897
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500
1221 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
2955 Ivy Road Suite 304
Charlottesville, VA 22903
(434) 243-4570

Hospital Affiliations:
University of Virginia Medical Center

PORTER, Dana M, MD
Pinkerton, JoAnn V., MD
Nunley, Jr., Wallace C., MD
Prov#: 10148741
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500

Hospital Affiliations:
University of Virginia Medical Center
OB/GYN Physicians - Tier 2

Sopata, Carrie E., MD
Pro#: 10078673
UVA Northridge
2955 Ivy Rd Ste 304 (OB/GYN)
Charlottesville, VA 22903
(434) 243-4570
Hospital Affiliations:
University of Virginia Medical Center

Stovall, Dale W., MD
Pro#: 10023012
UVA Health Services Foundation
Primary Care Ctr Lee St 3rd Floor
Charlottesville, VA 22908
(434) 924-1955
Hospital Affiliations:
University of Virginia Medical Center

Trowbridge, Elisa R., MD
Pro#: 10021103
University of Virginia Physicians Group
Lee Street 3rd Floor
Charlottesville, VA 22903
(434) 924-2103
Hospital Affiliations:
University of Virginia Medical Center

Wilson, Carolyn S., MD
Pro#: 10069078
University of Virginia Physicians Group
2955 Ivy Road Ste 104
Charlottesville, VA 22903
(434) 243-4720
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 10150037
University of Virginia Physicians Group
541 Sunset Ste 103
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations:
University of Virginia Medical Center

Denti, Matthew J., DO
Pro#: 10155180
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Justice, Michele D., MD
Pro#: 10150717
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations:
University of Virginia Medical Center

Murphy, Jessica Elizabeth, MD
Pro#: 10168912
University of Virginia Physicians Group
541 Sunset Lane Ste 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Rana, Ghias A., MD
Pro#: 10150377
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 10158823
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations:
University of Virginia Medical Center

Redick, Dana L, MD
Pro#: 10076687
University Physicians Orange
661 University Ln
Orange, VA 22960
(540) 661-3884
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 48284
University of Virginia Physicians Group
661 University Lane
Orange, VA 22960
(540) 672-5500
Hospital Affiliations:
St. Mary's Hospital

Dulit, Alan, MD
Pro#: 10054645
Quantum Physicians
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-2423
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Stafford Hospital Center

Thomas, Sabrina, MD
Pro#: 10052331
Quantum Physicians
101 Hospital Center Blvd
Stafford, VA 22554
(540) 741-2423
Hospital Affiliations:
Stafford Hospital Center

Wicker, Donna C., MD
Pro#: 10168400
University of Virginia Physicians Group
541 Sunset Ste 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Jackson, Andrea M., MD
Pro#: 10159320
University of Virginia Physicians Group
541 Sunset Ste 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center

Wickes, Kristen P., MD
Pro#: 10150694
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations:
University of Virginia Medical Center

Klavans, Meghan E., MD
Pro#: 10183564
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Trowbridge, Elisa R., MD
Pro#: 10021103
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 48284
University of Virginia Physicians Group
1015 Spring Creek Parkway
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(434) 243-9466
Hospital Affiliations:
St. Mary's Hospital

Orange

Redick, Dana L, MD
Pro#: 53823
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661 University Ln
Orange, VA 22960
(540) 661-3884
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 48284
University of Virginia Physicians Group
661 University Lane
Orange, VA 22960
(540) 672-5500
Hospital Affiliations:
St. Mary's Hospital

Stafford

Stafford Hospital Center

Zion Crossroads

Klavans, Meghan E., MD
Pro#: 10183564
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Young, Denise S., MD
Pro#: 48284
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
St. Mary's Hospital

Culpeper

Optima Direct Network Providers January 2019 214
Specialist Physicians- Tier 1

Specialist Physicians
Tier 1
Specialists - Tier 1

VA

Adolescent Medicine

Chesapeake

Johnson, Caitlin T, NP
Bayview Physician Services, PC
725 Volvo Pkwy Suite 102
Chesapeake, VA 23320
(757) 609-3380

Hospital Affiliations:
Chesapeake Regional Medical Center

Midlothian

Barnes, John G., MD
Virginia Physicians, Inc.
13332 Midlothian Turnpike
Midlothian, VA 23113
(804) 794-5598

Shayegan, Shahrooz, MD
Allergy Partners of Virginia
14520 Avion Parkway Suite 150
Chantilly, VA 20151
(703) 378-5155

Hospital Affiliations:
Allergy Partners of Northern Virginia

Newport News

Pasquinelli, Lawrence M, MD
Children's Specialty Group PLLC
11783 Rock Landing Dr
Newport News, VA 23606
(757) 688-9330

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Advanced Heart Failure & Transplant

Richmond

Rao, Krishnasree K, MD
MCV Associated Physicians (Cardiology)
417 N 11th Street
Richmond, VA 23298
(804) 828-0192

Hospital Affiliations:
VCU Health System/MCV

Williamsburg

Rao, Krishnasree K, MD
MCV Associated Physicians (Cardiology)
1162 Professional Drive
Williamsburg, VA 23185
(757) 220-1246

Hospital Affiliations:
VCU Health System/MCV

Richmond

Cooke, Richard, MD
MCV Associated Physicians (Cardiology)
417 N 11th Street
Richmond, VA 23298
(804) 628-4327

9000 Stony Point Parkway
Richmond, VA 23235
(804) 628-4327

Hospital Affiliations:
VCU Health System/MCV

Allergy & Immunology

Alexandria

Goldberg, Paul M., DO
Paul M. Goldberg, DO PC
1225 Martha Curtis Dr C7
Alexandria, VA 22302
(703) 998-5676

Hospital Affiliations:
Inova Alexandria Hospital

Bajoghli, Mehdi, MD
Allergy Partners of Falls Church & Alexandria
6355 Walker Lane Suite 307
Alexandria, VA 22310
(703) 778-8201

Ashburn

Ashby, Donald W., MD
Asbury & Ashima Associates
1240 Hockman Pike
Bluefield, VA 24605
(276) 322-2278

Hospital Affiliations:
Carilion Clinic Home Care

Centreville

Bergman, Sr, Kenneth R, MD
Family Allergy and Asthma Associates (Loudoun)
1415 Rolkin Ct Ste 102
Centreville, VA 20121
(703) 263-2333

Chantilly

Kim, Theodore, MD
Allergy Partners of Northern Virginia
4229 LaFayette Center Drive Suite 1760
Chantilly, VA 20151
(703) 378-5155

Shayegan, Shahrooz, MD
Allergy Partners of Richmond
14520 Avion Parkway Suite 150
Chantilly, VA 20151
(703) 378-5155

Charlottesville

Beck, Gretchen S., MD
Blue Ridge Allergy & Asthma INC
941 Glenwood Station Ln Ste 103
Charlottesville, VA 22901
(434) 977-6673

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Dillon, Madeline A, MD
Allergy Partners of Charlottesville
1415 Rolkin Ctr Ste 102
Charlottesville, VA 22911
(434) 951-2191

Klaflky, Erin, MD
Allergy Partners of Charlottesville
1415 Rolkin Ctr Ste 102
Charlottesville, VA 22911
(434) 951-2191

Madaan, Arvind, MD
Allergy and Respiratory Enterprises, PLLC
1524 Insurance Ln Suite B
Charlottesville, VA 22911
(434) 295-2727

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Rakes, Gary, MD
Allergy Partners of Charlottesville
1415 Rolkin Ctr Ste 102
Charlottesville, VA 22911
(434) 951-2191

Chesapeake

Koenig, Craig, MD
Allergy and Asthma Specialists, Ltd
300 Medical Pkwy Suite 100
Chesapeake, VA 23320
(757) 547-7702

Moore, Lindsey E, DO
Childrens Specialty Group PLLC
100 Discovery Dr
Chesapeake, VA 23320
(757) 668-8255

Hospital Affiliations:
Children's Hospital of the King's Daughters

Moss, Gary B., MD
Allergy and Asthma Specialists, Ltd
300 Medical Pkwy Suite 100
Chesapeake, VA 23320
(757) 547-7702

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Sharath, Murali D., MD
Allergy & Asthma Center Inc
516 Innovation Dr Ste 306
Chesapeake, VA 23320
(757) 547-7702

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Sentara Norfolk General Hospital

Sentara Martha Jefferson Hospital

Sentara Martha Jefferson Hospital
## Specialists - Tier 1

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<thead>
<tr>
<th>Area</th>
<th>Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Other Information</th>
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<tbody>
<tr>
<td><strong>Culpeper</strong></td>
<td>Wu, Lynne H., MD</td>
<td>(540) 727-7170</td>
<td>3700 Joseph Siewick Dr Ste 304</td>
<td>Fauquier Hospital</td>
</tr>
<tr>
<td></td>
<td>Gadde, Jyothi, MD</td>
<td></td>
<td>1967 Medical Ave</td>
<td>Fauquier Hospital</td>
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<td></td>
<td>Beakes, Douglas, MD</td>
<td></td>
<td>840-A John Marshall Highway</td>
<td>Fauquier Hospital</td>
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<tr>
<td><strong>Fairfax</strong></td>
<td>Wu, Lynne H., MD</td>
<td>(703) 684-0015</td>
<td>840-A John Marshall Highway</td>
<td>Fauquier Hospital</td>
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<td>Gadde, Jyothi, MD</td>
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<tr>
<td><strong>Gainesville</strong></td>
<td>Beakes, Douglas, MD</td>
<td>(571) 248-6565</td>
<td>7330 Heritage Village Plaza Ste 102</td>
<td>Fauquier Hospital</td>
</tr>
<tr>
<td></td>
<td>Gadde, Jyothi, MD</td>
<td></td>
<td>7330 Heritage Village Plaza Ste 102</td>
<td>Fauquier Hospital</td>
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<td>Wu, Lynne H., MD</td>
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<td>7330 Heritage Village Plaza Ste 102</td>
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<td>Wu, Lynne H., MD</td>
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<td>7330 Heritage Village Plaza Ste 102</td>
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<td><strong>Gloucester</strong></td>
<td>Wu, Lynne H., MD</td>
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<td>840-A John Marshall Highway</td>
<td>Fauquier Hospital</td>
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<td>Gadde, Jyothi, MD</td>
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<td>840-A John Marshall Highway</td>
<td>Fauquier Hospital</td>
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<td><strong>Harrisonburg</strong></td>
<td>Beakes, Douglas, MD</td>
<td>(540) 482-1715</td>
<td>1967 Medical Ave</td>
<td>Sentara RMH Medical Center</td>
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<td>Gadde, Jyothi, MD</td>
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<td>1967 Medical Ave</td>
<td>Sentara RMH Medical Center</td>
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<td>Wu, Lynne H., MD</td>
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<td>1967 Medical Ave</td>
<td>Sentara RMH Medical Center</td>
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<tr>
<td><strong>Henrico</strong></td>
<td>Wu, Lynne H., MD</td>
<td>(804) 288-0055</td>
<td>1708 Fall Hill Avenue Suite 201</td>
<td>Fauquier Hospital</td>
</tr>
<tr>
<td></td>
<td>Gadde, Jyothi, MD</td>
<td></td>
<td>1708 Fall Hill Avenue Suite 201</td>
<td>Fauquier Hospital</td>
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<tr>
<td></td>
<td>Wu, Lynne H., MD</td>
<td></td>
<td>1708 Fall Hill Avenue Suite 201</td>
<td>Fauquier Hospital</td>
</tr>
</tbody>
</table>

**Notes:**
- Hospital Affiliations include the hospital names and their contact information.
- All phone numbers are provided for emergency contact.
- Address information includes street names and building numbers.
- Additional hospitals and contact information are included for various locations.

---

**Optima Direct Network Providers January 2019**

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**OptimaHealth**
<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
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<td><strong>Lansdowne</strong></td>
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Hospital Affiliations:
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Henrico Doctors’ Hospital - Forest Campus
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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(434) 982-7195

Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
## Specialists - Tier 1

### Cardiology Interpretations

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  - Charlottesville, VA 22902
  - (434) 982-7195
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    - Sentara Martha Jefferson Hospital

#### Fishersville

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  - Augusta Health Care (Specialist Interpretation)
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  - Fishersville, VA 22939
  - (540) 245-7080
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    - Augusta Medical Center

#### Cardiothoracic Surgery

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- **Willms, Christopher Denton, MD**
  - Sentara Martha Jefferson Medical and Surgical Associates
  - 500 Martha Jefferson Drive
  - Charlottesville, VA 22911
  - (434) 654-5260
  - **Hospital Affiliations:**
    - Sentara Martha Jefferson Hospital

#### Chesapeake

- **Carter, Thomas L, MD**
  - Chesapeake Regional Medical Group (CRMG)
  - 113 Gainsborough Square Ste 400
  - Chesapeake, VA 23320
  - (757) 942-4499
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    - Chesapeake Regional Medical Center

#### Colonial Heights

- **Nicolato, Patricia, DO**
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  - (804) 526-0107
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    - Bon Secours DePaul Medical Center Inc
    - Bon Secours St. Marys Hospital
    - Southside Regional Medical Center
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  - Danville, VA 24541
  - (434) 791-3009
  - **Hospital Affiliations:**
    - SOVAH Health - Danville

#### Fredericksburg

- **Kiena, James, MD**
  - Duke Clinic
  - 201 South Main Street Suite 1100
  - Danville, VA 24541
  - (434) 791-3009
  - **Hospital Affiliations:**
    - Duke University Hospital
    - SOVAH Health - Danville

#### Harrisonburg

- **Casey, Kevin, MD**
  - Sentara RMH Medical Group, LLC
  - 2006 Health Campus Drive 2nd Floor
  - Harrisonburg, VA 22801
  - (540) 689-5555
  - **Hospital Affiliations:**
    - Johnson City Medical Center
    - Lewis-Gale Medical Center
    - Sentara RMH Medical Center

#### Lynchburg

- **Frantz, David, MD**
  - Center Medical Group, LLC
  - 2410 Atherhold Rd
  - Lynchburg, VA 24501
  - (434) 200-1800
  - **Hospital Affiliations:**
    - Sentara Lynchburg General Hospital
    - Sentara Virginia Baptist Hospital

### Mechanicsville

- **Denyer, Michael, MD**
  - Cardio Surgery Specialists
  - 8220 Meadowbridge Road Suite 111
  - Mechanicsville, VA 23116
  - (804) 764-7340
  - **Hospital Affiliations:**
    - Bon Secours St. Marys Hospital

### Norfolk

- **Barreiro, Christopher J., MD**
  - Sentara Mid-Atlantic Cardiothoracic Surgeons
  - Suite 8600 600 Gresham Drive
  - Norfolk, VA 23507
  - (757) 388-6005
  - **Hospital Affiliations:**
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital
    - Sentara Virginia Beach General Hospital

### Richmond

- **Denyer, Michael, MD**
  - Cardio Surgery Specialists
  - 5875 Bremo Road Suite G5
  - Richmond, VA 23226
  - (804) 287-7840
  - **Hospital Affiliations:**
    - Bon Secours St. Marys Hospital

### Radford

- **Choubey, Sudhendu, MD**
  - New River Valley Heart Clinic
  - 401 East Main Street
  - Radford, VA 24141
  - (540) 283-7252
  - **Hospital Affiliations:**
    - Carilion New River Valley Medical Center

- **Fiser, Steven, MD**
  - Cardio Surgery Specialists
  - 5875 Bremo Road Suite 311
  - Richmond, VA 23226
  - (804) 287-3550
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center
    - St. Mary’s Hospital

- **Kasirajan, Vineshwar, MD**
  - Cardiothoracic Surgery
  - 1200 E Broad St
  - Richmond, VA 23298
  - (804) 828-9298
  - **Hospital Affiliations:**
    - VCU Health System/MCV

- **Levy, Mark M., MD**
  - MCV Associated Physicians (Cardiothoracic Surgery)
  - 417 N 11th St
  - Richmond, VA 23229
  - (804) 828-9313
  - **Hospital Affiliations:**
    - VCU Health System/MCV

- **Makhoul, Raymond G., MD**
  - MCV Associated Physicians (Cardiothoracic Surgery)
  - 417 N 11th St
  - Richmond, VA 23229
  - (804) 828-7749
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Bon Secours St. Marys Hospital
    - Southside Regional Medical Center
    - VCU Health System/MCV

- **Nicolato, Patricia, DO**
  - MCV Associated Physicians (Cardiothoracic Surgery)
  - 417 N 11th St
  - Richmond, VA 23229
  - (804) 828-9313
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Bon Secours St. Marys Hospital
    - Southside Regional Medical Center
    - VCU Health System/MCV
Quader, Mohammed, MD  
MCV Associated Physicians (Cardiothoracic Surgery)  
1250 E Marshall St  
Richmond, VA 23298  
(804) 828-4620

Tang, Daniel, MD  
MCV Associated Physicians (Cardiothoracic Surgery)  
1250 E Marshall St  
Richmond, VA 23298  
(804) 828-4620

Hospital Affiliations:  
Novant Health UVa Health System  
Prince William Medical Center

Joseph, Mark, MD  
CARILION MEDICAL CENTER  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000

2001 Crystal Spring Ave Suite 201  
Roanoke, VA 24014  
(540) 853-0100

2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

Rowe, Joseph, MD  
Carilion Cardiothoracic Surgery  
1906 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-7000

2001 Crystal Spring Avenue Ste 201  
Roanoke, VA 24014  
(540) 344-5781

2001 Crystal Springs Ave Ste 201  
Roanoke, VA 24014  
(540) 344-5781

Hospital Affiliations:  
Chesapeake Regional Medical Group (CRMG)  
35849 Harbordview Blvd Suite 250  
Suffolk, VA 23435  
(757) 842-4499

Carter, Thomas L, MD  
Chesapeake Regional Medical Center

Gullett, Christopher, MD  
Valley Health Cardiothoracic Surgeons  
1870 Amherst Street Ste 2B  
Winchester, VA 22601  
(540) 536-6721

Hospital Affiliations:  
Winchester Medical Center

Kosky, Edward, MD  
Valley Health Cardiothoracic Surgeons  
1870 Amherst St Ste 2B  
Winchester, VA 22601  
(540) 536-6741

Hospital Affiliations:  
Winchester Medical Center

Reddy, Shalini R, MD  
Valley Health Cardiothoracic Surgeons  
1870 Amherst Street Suite 2B  
Winchester, VA 22601  
(540) 536-6721

Hospital Affiliations:  
Winchester Medical Center

Salem

Appelstein, Joshua C, MD  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 776-2020

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Lewis-Gale Medical Center

Parut, Cemil M., MD  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 776-2020

Hospital Affiliations:  
Lewis-Gale Medical Center

Taylor, James J., DO  
Lewis-Gale Physicians, LLC  
1802 Braeburn Drive  
Salem, VA 24153  
(540) 776-2020

Hospital Affiliations:  
Lewis-Gale Medical Center

Suffolk

Cavros, Nick G., MD  
MMG Cardiology ABG  
16000 Johnston Memorial Drive Ste 300  
Abingdon, VA 24211  
(276) 258-3740

Hospital Affiliations:  
Johnson City Medical Center  
Russell County Medical Center

Gulati, Christopher, MD  
Valley Health Cardiothoracic Surgeons  
1870 Amherst Street Suite 2B  
Winchester, VA 22601  
(540) 536-6721

Hospital Affiliations:  
Winchester Medical Center

Abingdon

Ahsan, Uthman, MD  
Cardiologists of JC  
16000 Johnston Memorial Dr Suite 300  
Abingdon, VA 24211  
(434) 282-3377

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson City Medical Center

Arshad, Aasim, MD  
Cardiologists of JC  
16000 Johnston Memorial Dr Suite 300  
Abingdon, VA 24211  
(276) 258-3740

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson City Medical Center

Arshad, Aysha, MD  
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16000 Johnston Memorial Dr Suite 300  
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Hospital Affiliations:  
Indian Path Community Hospital  
Johnson City Medical Center

Arshad, Rahma, MD  
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16000 Johnston Memorial Dr Suite 300  
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(276) 258-3740

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson City Medical Center

Miller, Gregory Houston, MD  
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16000 Johnston Memorial Drive Suite 300  
Abingdon, VA 24211

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson City Medical Center  
Smyth County Community Hospital

Moraes-Finglass, Laycony, MD  
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390 Commerce St  
Abingdon, VA 24210  
(276) 676-2211

Patterson, John B, MD  
Blue Ridge Medical Management Corporation  
16000 Johnston Memorial Dr Suite 212A  
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(276) 258-3740

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson Memorial Hospital

Ponder, Michael A., MD  
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16000 Johnston Memorial Drive Suite 300  
Abingdon, VA 24211

Hospital Affiliations:  
Indian Path Community Hospital  
Johnson Memorial Hospital

Sentara Northern Virginia Medical Center

Abousy, Khalid, MD  
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3301 Woodburn Road Suite 301  
Annandale, VA 22003  
(703) 335-8750

7617 Little River Turnpike Suite 710  
Annandale, VA 22003  
(703) 335-8750

Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Anis, Ather, MD  
Heart and Vascular Specialists PC  
7501 Little River Trpk Ste 104  
Annandale, VA 22003  
(757) 635-6065

Hospital Affiliations:  
Winchester Medical Center

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(703) 335-8750

Hospital Affiliations:  
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(703) 335-8750

Sentara Northern Virginia Medical Center
Specialists - Tier 1

7617 Little River Turnpike Suite 710
Annandale, VA 22003
(703) 335-8750

Hospital Affiliations:
Novant Health UVM Health System
Prince William Medical Center
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Chu, Keith H, MD
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3301 Woodburn Road Suite 301
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(703) 335-8750
7617 Little River Turnpike Suite 710
Annandale, VA 22003
(703) 335-8750

Hospital Affiliations:
Faucher Hospital
Novant Health UVM Health System
Prince William Medical Center

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7617 Little River Turnpike Suite 710
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(703) 335-8750

Hospital Affiliations:
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Annandale, VA 22003
(703) 335-8750

Hospital Affiliations:
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Novant Health UVM Health System
Prince William Medical Center

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Annandale, VA 22003
(703) 335-8750

Hospital Affiliations:
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Novant Health UVM Health System
Prince William Medical Center

Huffman, Matthew, MD
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4038 Thomas Nelson Hwy
Arlington, VA 22202
(703) 263-4000

Hospital Affiliations:
Augusta Medical Center
Centra Lynchburg General Hospital
Virginia Baptist Hospital University of Virginia Health Sciences Center

Jain, Rakesh, MD
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4038 Thomas Nelson Hwy
Arlington, VA 22202
(703) 263-4000

Hospital Affiliations:
Centra Lynchburg General Hospital
Chippenham Medical Center/Johnston-Willis Hospital

Omotayo, Samuel, MD
Cardiac Group Middletown
4038 Thomas Nelson Hwy
Arlington, VA 22202
(703) 263-4000

Hospital Affiliations:
Centra Lynchburg General Hospital

Townsend, Mark, MD
Cardiac Group Middletown
4038 Thomas Nelson Hwy
Arlington, VA 22202
(703) 263-4000

Hospital Affiliations:
Centra Lynchburg General Hospital

Abouz, Khalid, MD
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Ashburn, VA 22047
(703) 335-8750

Hospital Affiliations:
Centra Northern Virginia Medical Center

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Ashburn, VA 22047
(703) 335-8750

Hospital Affiliations:

Arshad, Rabia, MD
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Ashburn, VA 20147
(703) 335-8750

Hospital Affiliations:

Ghafouri, Merdod, DO
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Ashburn, VA 20147
(703) 335-8750

Hospital Affiliations:

Mafi, Shahryar, MD
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(703) 335-8750

Hospital Affiliations:

Prasanna, Vikram, MD
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21785 Filigree Court Suite 203
Ashburn, VA 20147
(703) 335-8750

Hospital Affiliations:

Shah, Neel K, MD
Cardiologist & Vascular PC
21785 Filigree Court Suite 203
Ashburn, VA 20147
(703) 335-8750

Hospital Affiliations:
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<th>Location</th>
<th>Name</th>
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<tr>
<td>Charlottesville</td>
<td>Behm, Carolyn Z., MD</td>
<td>Cardiovascular Associates of Charlottesville, PLC</td>
<td>650 Peter Jefferson Parkway Ste 100, Charlottesville, VA 22911 (434) 293-4072</td>
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<td>Lipinski, Michael J. MD</td>
<td>Cardiovascular Associates of Charlottesville, PLC</td>
<td>650 Peter Jefferson Parkway Ste 100, Charlottesville, VA 22911 (434) 293-4072</td>
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<td></td>
<td>Lowdon, J. Devon, MD</td>
<td>Martha Jefferson Cardiology Group</td>
<td>500 Martha Jefferson Dr Charlottesville, VA 22911 (434) 982-7195</td>
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<td>Nguyen, Duong X., MD</td>
<td>Martha Jefferson Cardiology Group</td>
<td>500 Martha Jefferson Dr Charlottesville, VA 22911 (434) 982-7195</td>
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<td>Sternberg, Kenneth S., DO</td>
<td>Martha Jefferson Cardiology Group</td>
<td>500 Martha Jefferson Dr Charlottesville, VA 22911 (434) 982-7195</td>
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<td>Tata, Steven A., MD</td>
<td>Martha Jefferson Cardiology Group</td>
<td>459 Locust Ave Charlottesville, VA 22902 (434) 982-7195</td>
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<td>Williams, Timothy R., MD</td>
<td>Martha Jefferson Cardiology Group</td>
<td>500 Martha Jefferson Dr Charlottesville, VA 22911 (434) 982-7195</td>
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<td>Zakaib, John S., MD</td>
<td>Cardiologists of Charlottesville, PLC</td>
<td>650 Peter Jefferson Parkway Ste 100, Charlottesville, VA 22911 (434) 293-4072</td>
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<td>McConkey, J.M., MD</td>
<td>Cardiologists of Charlottesville, PLC</td>
<td>1800 University Blvd, Charlottesville, VA 22903 (434) 293-4072</td>
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<td>Das, Surya P., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100, Chesapeake, VA 23320 (757) 547-9294</td>
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<td>Sheshadri, J.S., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100, Chesapeake, VA 23320 (757) 547-9294</td>
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<tr>
<td>Gottimukkala, Maruthi Varapra, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>300 Medical Parkway Suite 120</td>
<td>(757) 547-2233</td>
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<tr>
<td>Griffin, John J, MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<td>Iyer, Venkat R., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<tr>
<td>Kazakis, Demetrios James, MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<td>Joyner, Sarah E., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<td>Kazakis, Demetrios James, MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<tr>
<td>Manchikalapudi, Partha, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>300 Medical Parkway Suite 120</td>
<td>(757) 547-2233</td>
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<tr>
<td>Maturi-Allen, Mary F., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<td>McCray, Robert D., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<tr>
<td>McKeehie, Ronald S., MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<tr>
<td>Panigrahi, Gunadhar, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>1933 Edwin Dr Ste 208A</td>
<td>(757) 547-2233</td>
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<td>Patell, Anil Kumar, MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<tr>
<td>Robertson, Scott Alan, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>300 Medical Parkway Suite 120</td>
<td>(757) 547-9294</td>
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<td>Sheth, Neerav, MD</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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<td>Sposato, Joseph J., DO</td>
<td>Bayview Physician Services, PC</td>
<td>612 Kingsborough Square Suite 100</td>
<td>(757) 547-9294</td>
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</tbody>
</table>
Sentara Virginia Beach General Hospital

Strosahl, Kurt, MD
Bayview Physician Services, PC
612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Talreja, Deepak R., MD
Bayview Physician Services, PC
612 Kingsborough Square Suite 100
Chesapeake, VA 23320
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Woollett, Ian F., MD
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612 Kingsborough Square Suite 100
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(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Chester

Duncan, Phillip B., MD
Cardiac Health Management Network, P.C.
288 Johnson Creek Drive
Chester, VA 23836
(804) 530-5178

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- John Randolph Medical Center

Southside Regional Medical Center

Shams, Omar F., MD
Cardiovascular Associates of Virginia-BASMG
12540 Bermuda Crossroads Lane
Chester, VA 23831
(804) 287-4550

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

Donovan, Michael S., DO
Carilion Healthcare Corporation
2900 Lamb Cir Suite 301
Christiansburg, VA 24073
(540) 731-2328

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Lystash, John C, MD
CARILION MEDICAL CENTER
2900 Lamb Circle Suite 301
Christiansburg, VA 24073

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Bushkar, John, MD
Carilion Consultants in Cardiology
2900 Lamb Circle Suite 301
Christiansburg, VA 24073

Hospital Affiliations:
- Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
- Carilion Roanoke Memorial Hospital
- Twin County Regional Hospital

Rivero, Jose M., MD
Carilion Cardiology Associates
1201 Elm Street
Christiansburg, VA 24073
(540) 382-6711

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center

Christiansburg

Morris, Clifford V., MD
Morris Cardiovascular & Risk Reduction Center, P.C.
228 Johnson Creek Rd
Chester, VA 23836
(804) 530-1044

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center

Sethna, Dhun H., MD
Carilion Healthcare Corp
1201 Elm Street
Christiansburg, VA 24073
(540) 382-6711

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center

Optima Direct Network Providers January 2019

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OptimaHealth

OptimaHealth
Specialists - Tier 1

Todd, Jeffrey Scott, MD  
CARILLON MEDICAL CENTER  
2900 Lamb Circle  
Christiansburg, VA 24073

Hospital Affiliations:  
Carilion Clinic Home Care (Carillion Franklin Memorial Hospital)

Wyne, A. Uzair, MD  
A. Uzair Wyne, MD, PC  
2900 Lamb Circle Ste 210  
Christiansburg, VA 24073  
(540) 731-3191

Hospital Affiliations:  
Carilion New River Valley Medical Center

Colonial Heights

Amin, Mitesh S, MD  
James River Cardiology PC  
2801 Boulevard Suite D  
Colonial Heights, VA 23834  
(804) 520-1764

445 Charles H Dimmock Parkway  
Suite 100  
Colonial Heights, VA 23834  
(804) 520-1764

Hospital Affiliations:  
Chippewa Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center  
Southside Regional Medical Center

Dietz, Denise M, MD  
Cardiology Associates of Richmond  
930 South Ave Ste 4C  
Colonial Heights, VA 23834  
(804) 560-8880

Hospital Affiliations:  
Chippewa Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southside Regional Medical Center

Eapen, George, MD  
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2605 Boulevard  
Colonial Heights, VA 23834  
(804) 526-0682

Hospital Affiliations:  
Chippewa Medical Center/Johnston-Willis Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
VCU Health System/MCV

Grewal, Harpreet, MD  
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Colonial Heights, VA 23834  
(804) 730-1481

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Riverside Shore Memorial Hospital

Kaddaha, Firas, MD  
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563 Southpark Boulevard  
Colonial Heights, VA 23834  
(434) 336-1900

Hospital Affiliations:  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center

Kohli, Ravinder S., MD  
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(804) 526-3010

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
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VCU Health System/MCV

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### Specialists - Tier 1

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<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
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<tbody>
<tr>
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Indian Path Community Hospital  
Johnson City Medical Center  
Smyth County Community Hospital

Patterson, John B, MD  
Blue Ridge Medical Management Corporation  
58 Carroll Street Ste 2B  
Lebanon, VA 24266  
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Hospital Affiliations:  
Johnston Memorial Hospital

Leesburg

Anis, Ather, MD  
Heart and Vascular Specialists PC  
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Leesburg, VA 20176  
(800) 735-1643

Hospital Affiliations:  
Winchester Medical Center

Lexington

AlMaheemee, Soufian, MD  
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Hospital Affiliations:  
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Dickerson, Shelby C, MD  
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Johnston Memorial Hospital
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<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holdaway, Brian K., MD</td>
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<td>Kaminsky, Brian L., MD</td>
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(804) 560-8782
Cardiovascular Associates of Virginia-BSMG
13700 St Francis Blvd Suite 600
Midlothian, VA 23114
(804) 794-6400
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Moneta

Brown, William M., MD
Cardiovascular Associates of Central VA
1039 Mayberry Crossing Drive Suite C
Moneta, VA 24121
(540) 297-7840
Hospital Affiliations:
Centra Virginia Baptist Hospital

Carey, Daniel, MD
Cardiovascular Associates of Central VA
1039 Mayberry Crossing Drive Suite C
Moneta, VA 24121

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Heyt, Chad, MD
Cardiovascular Associates of Central VA
1039 Mayberry Crossing Drive Suite C
Moneta, VA 24121
Hospital Affiliations:
Centra Lynchburg General Hospital

Hoyt, George R., MD
Cardiovascular Associates of Central VA
1039 Mayberry Crossing Drive Suite C
Moneta, VA 24121
Hospital Affiliations:
Centra Lynchburg General Hospital

Nygard, Thomas, MD
Cardiovascular Associates of Central VA
1039 Mayberry Crossing Drive Suite C
Moneta, VA 24121
Hospital Affiliations:
Centra Lynchburg General Hospital

New Market

Alexander, Daniel V., DO
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
9166 North Congress Street
New Market, VA 22844
(540) 459-1340
Hospital Affiliations:
Hampshire Memorial Hospital
Shenandoah Memorial Hospital
Inc
War Memorial Hospital Inc
Winchester Medical Center

Arshad, Rabia, MD
Valley Health Multispecialty - New Market
9166 North Congress Street
New Market, VA 22844
(540) 459-1340
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
9166 North Congress Street
New Market, VA 22844
(540) 459-1340
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Ahmed, Massood, MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
12720 McNamus Blvd Suite 201
Newport News, VA 23602
(757) 875-5332
Hospital Affiliations:
Augusta Medical Center

Banks, Alan K., MD
Sentara Cardiology Specialists (SMG)
1031 Loisfs Blvd Ste 100
Newport News, VA 23606
(757) 736-9860
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Southside Regional Medical Center

Cui, Zhen, MD
Sentara Cardiology Specialists (SMG)
1031 Loisfs Blvd Ste 100
Newport News, VA 23606
(757) 736-9860
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Citoffo, Allen, MD
Sentara Cardiology Specialists (SMG)
1031 Loisfs Blvd Ste 100
Newport News, VA 23606
(757) 736-9860
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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<td>301 Riverview Ave Ste 700</td>
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### Hospital Affiliations:

- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
- Sentara CarePlex Hospital
- Sentara Bayside Hospital
- Sentara Norfolk General Hospital
- Sentara Cardiology Specialists (SMG)
Specialists - Tier 1

Sentara Virginia Beach General Hospital

Iyer, Venkat R., MD
Bayview Physician Services, PC
600 Gresham Ave
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Joyner, Sarah E., MD
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Kakani, Ramanaiah, MD
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Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
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Kazakis, Demetrios James, MD
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(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Virginia Beach General Hospital

Klenerson, John G, MD
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(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Klevan, Thomas, MD
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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Kohan, Luke C., MD
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Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
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- Sentara Norfolk General Hospital

Mahoney, Paul D., MD
Sentara Cardiology Specialists (SMG)
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Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
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- Sentara Norfolk General Hospital

Manchikalapudi, Partha, MD
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Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

McCrory, Robert D., MD
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600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

McKechnie, Ronald S., MD
Bayview Physician Services, PC
600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Miller, Edward Charles, MD
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(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Miller, James R., MD
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(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Naseer, Nauman, MD
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(757) 252-9365

Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Old, Wayne D, MD
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600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Oluwes, Olusegun, MD
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Norfolk, VA 23510
(757) 252-9365

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Parker, John P., MD
Sentara Cardiology Specialists (SMG)
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Patel, Saumil, MD
Cardiovascular Specialists (Bon Secours)
885 Kempsville Road Suite 320
Norfolk, VA 23502
(757) 955-2828

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center

Robertson, Scott Alan, MD
Sentara Cardiology Specialists (SMG)
301 Riverview Ave Ste 700
Norfolk, VA 23510
(757) 252-9365

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Riverside Shore Memorial Hospital
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Sarris, George, MD
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(757) 955-2828

Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
Specialists - Tier 1

Shah, Sanjay G., MD
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Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Virginia Beach General Hospital
- Sentara Bayside Hospital
- Sentara Norfolk General Hospital

Stine, Ronald A., MD
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Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Stovall, Joseph J., DO
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600 Gresham Ave
Norfolk, VA 23507
(757) 547-9294

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

McQueen, Robert H., MD
MSMG Cardiology
98 15th Street NW Ste 107
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
- Norton Community Hospital

Cavros, Nick G., MD
MSMG Cardiology
98 15th Street NW Ste 107
Norton, VA 24273
(276) 439-1490

Hospital Affiliations:
- Norton Community Hospital

Heletz, Ido, MD
Carilion Medical Center
159 Hartley Way
Petersburg, VA 24134
(540) 921-6000

Hospital Affiliations:
- Carilion Clinic Home Care
- Carilion Tazewell Community Hospital
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Ravi, Sandeep, MD
Carilion Cardiology Associates
159 Hartley Way
Petersburg, VA 24134
(540) 921-6000

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center

Al-Howaidi, Islam, MD
Carilion Clinic
2731 S Crater Road
Petersburg, VA 23805
(804) 520-1080

Southside Physician Network LLC
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5363

Hospital Affiliations:
- Southside Regional Medical Center

Al-Howaidi, Islam, MD
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Petersburg, VA 23805
(804) 520-1080

Southside Physician Network LLC
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5363

Hospital Affiliations:
- Southside Regional Medical Center

Ponder, Michael A., MD
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159 Hartley Way
Petersburg, VA 24134
(540) 921-6000

Hospital Affiliations:
- Carilion Clinic Home Care
- Carilion Tazewell Community Hospital
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Balec, Gary, MD
Carilion Medical Center
844 Kempsville Rd Ste 204
Norfolk, VA 23502
(757) 261-0700

Hospital Affiliations:
- Carilion Clinic Home Care
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<td>200 Medical Park Blvd</td>
<td>(804) 765-5000</td>
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**Specialists - Tier 1**

**Portsmouth**

- Gupta, Bhavdeep K., MD
  - Cardiology Associates (Maryview Hospital)
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
  - Phone: (757) 237-9896

- Patel, Apurva M., MD
  - Cardiology Associates (Maryview Hospital)
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southside Regional Medical Center
    - Southside Physician Network LLC
    - Virginia Cardiovascular Associates
  - Phone: (757) 237-9896

- Perdoncin, Emily, MD
  - Bayview Physician Services, PC
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southern Virginia Regional Medical Center
    - Virginia Cardiovascular Associates
  - Phone: (757) 237-9896

- Stein, Emanuel, MD
  - Sentara Lehigh Hospital
  - Sentara Norfolk General Hospital
  - Sentara Obici Hospital
  - Phone: (757) 237-9896

**Prince George**

- Bunda, Michael J., MD
  - Virginia Cardiovascular Specialists
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Sentara Lehigh Hospital
    - Virginia Cardiovascular Associates
  - Phone: (757) 237-9896

**Quinton**

- Browning, Christine, MD
  - Cardiovascular Associates of Virginia-BSMG
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southern Virginia Regional Medical Center
    - St. Mary's Hospital
  - Phone: (757) 237-9896

**Pulaski**

- Acharya, Ajaykumar, MD
  - ACHARYA A. ACHARYA MD PC
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southern Virginia Regional Medical Center
    - Virginia Cardiovascular Associates
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**Anis, Ather, MD**

- Heart and Vascular Specialists PC
  - Hospital Affiliations:
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    - Johnston-Willis Hospital
    - Virginia Cardiovascular Associates
  - Phone: (757) 237-9896

**Purcellville**

- Omrazai, Reza, MD
  - Virginia Cardiovascular Specialists
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southern Virginia Regional Medical Center
    - St. Mary's Hospital
  - Phone: (757) 237-9896

- Akins, Athar, MD
  - Heart and Vascular Specialists PC
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Virginia Cardiovascular Associates
  - Phone: (757) 237-9896

**Quinton**

- Doloresco, Mark A, MD
  - Cardiovascular Associates of Virginia-BSMG
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
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    - St. Mary's Hospital
  - Phone: (757) 237-9896

- Giusti, Massimo F., MD
  - Cardiovascular Associates of Virginia-BSMG
  - Hospital Affiliations:
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Southern Virginia Regional Medical Center
    - St. Mary's Hospital
  - Phone: (757) 237-9896
### Specialists - Tier 1

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<td>417 N 11th St, Richmond, VA 23298 (804) 828-7700</td>
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<tr>
<td>Abramson, Stephen N, MD</td>
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<td>5875 Bremo Road Suite 105, Richmond, VA 23226 (804) 282-2685</td>
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<tr>
<td>Amin, Mitesh S, MD</td>
<td>James River Cardiology PC</td>
<td>4000 Gleason Drive, Richmond, VA 23228 (804) 520-1764 7101 Jahneke Road Suite 200, Richmond, VA 23225 (804) 495-2299</td>
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<tr>
<td>Appleton, Darryn, MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>175 Wadsworth Drive, Richmond, VA 23226 (804) 323-5011 7611 Forest Avenue Suite 100, Richmond, VA 23229 (804) 288-4827</td>
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<tr>
<td>Ashley, Phoebe, MD</td>
<td>VCU Health System/MCV</td>
<td>2200 Pump Road, Richmond, VA 23233 (804) 740-1100</td>
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<td>VCU Health System/MCV</td>
<td>1510 N 28th Street, Richmond, VA 23223 (804) 545-2304</td>
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<td><strong>Winchester</strong></td>
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<td>Virginia Cardiovascular Specialists</td>
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<tr>
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<tr>
<td>Javed, Muhammad R., MD</td>
<td>Merit Medical Group, Inc.</td>
<td>6719 Governor GC Peery Hwy Suite 3100, Richlands, VA 24641 (276) 964-9102</td>
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<tr>
<td>Thakkar, Muljibhai Jethabhai, MD</td>
<td>Clinch Valley Medical Center</td>
<td>3150 Clinic Street, Richlands, VA 24641 (276) 964-6649</td>
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**Optima Direct Network Providers January 2019**

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**OptimaHealth**
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<td>7101 Jahne Rd</td>
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<td>Nicholson, Christopher, MD</td>
<td>Cardiology Associates of Richmond 7603 Forest Ave Suite 202 Richmond, VA 23229 (804) 288-0134</td>
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<td>Owens, John T, DO</td>
<td>Cardiovascular Associates of Virginia-BSMG 7001 Forest Ave Suite 200 Richmond, VA 23230 (804) 288-3123</td>
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| Paulsen, Walter, MD         | Hospital Affiliations:  
B. Parkers St. Francis Medical Center  
B. Parkers St. Marys Hospital |
| Patel, Kalpesh, MD          | James River Cardiology PC 4000 Glenridge Drive Richmond, VA 23228 (804) 520-1764  
7011 Jahnke Road Suite 200 Richmond, VA 23225 (804) 495-2299  
Vitra Physicians, LLC 2220 Edward Holland Drive Richmond, VA 23230 (843) 654-7689 |
| Pathak, Satish K, MD        | Hospital Affiliations:  
Chippendale Medical Center  
Johno-Willis Hospital  
Observation Memorial Hospital  
Southside Regional Medical Center |
| Paulsen, Walter, MD         | MCV Associated Physicians  
(Cardiology) 1200 E Marshall Street Richmond, VA 23298 (804) 828-9989  
417 N 11TH ST Richmond, VA 23298 |
| Peberdy, Mary Ann, MD       | Hospital Affiliations:  
VCU Health System/MCV |
| Phillips, Charles W., MD    | Virginia Cardiovascular Specialists 7101 Jahnke Rd Richmond, VA 23225 (804) 288-4827 |
| Saini, Harshimran, MD       | Virginia Cardiovascular Specialists 7611 Forest Avenue Suite 100 Richmond, VA 23229 (804) 288-4827 |
| Sawey, Edward, MD           | Cardiology Associates of Richmond 7603 Forest Ave Suite 202 Richmond, VA 23229 (804) 288-0134  
7702 E Parham Road Suite 106 Richmond, VA 23229 (804) 346-2070  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital |
| Shams, Omar F., MD          | Cardiovascular Associates of Virginia-BSMG 7001 Forest Avenue Suite 200 Richmond, VA 23230 (804) 288-3123 |
| Singh, Jaspreet, MD         | James River Cardiology PC 4000 Glenridge Drive Richmond, VA 23228 (804) 520-1764  
7011 Jahnke Rd Richmond, VA 23225 (804) 288-2685  
7603 Forest Ave Richmond, VA 23229 (804) 288-2685 |
| Thomas, Deepak, MD          | MCV Associated Physicians  
(Cardiology) 1250 E Marshall St Richmond, VA 23298 (804) 828-0192 |
| Thomas, Shelton W., MD      | Virginia Cardiovascular Specialists 7101 Jahnke Rd Richmond, VA 23225 (804) 288-4827  
7603 Forest Ave Richmond, VA 23229 (804) 288-4827 |
| Wu, Samuel, MD              | Cardiovascular Associates of Virginia-BSMG 7001 Forest Ave Suite 100 Richmond, VA 23230 (804) 288-0808 |
Specialists - Tier 1

Xenakis, Mark, MD  
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681 Hooak Rd Ste 600  
Richmond, VA 23225  
(804) 323-1804  
7001 Forest Ave Suite 200  
Richmond, VA 23230  
(804) 288-3123

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippennham Medical Center  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Zacharias JR, Charles M, MD  
Virginia Cardiovascular Specialists  
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Richmond, VA 23226  
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5875 Breemo Rd Ste 501  
Richmond, VA 23226  
(804) 282-2685  
7101 Iahneke Rd  
Richmond, VA 23225  
(804) 282-2685  
7603 Forest Ave  
Richmond, VA 23229  
(804) 282-2685

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippennham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

Ramachandran, Krishnaswamy, MD  
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Richmond, VA 23226  
(804) 282-2685  
7101 Iahneke Rd  
Richmond, VA 23225  
(804) 282-2685  
7603 Forest Ave  
Richmond, VA 23229  
(804) 282-2685

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippennham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital

AlMahameed, Soufian, MD  
Cardiovascular Clinics of Virginia  
1066 Bellevue Avenue  
Roanoke, VA 24014  
(540) 981-8621  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204

Hospital Affiliations:  
Carillion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Austin, Joseph L., MD  
Carillion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Heletz, Ido, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Bushkar, John, MD  
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2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
213 S Jefferson St  
Roanoke, VA 24011

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Konstance, Richard P., MD  
Heart of Virginia Cardiology  
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Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
213 S Jefferson St  
Roanoke, VA 24011

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Lystash, John C, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Mckluckie, Alan E., MD  
Heart of Virginia Cardiology  
2762 Electric Road Ste A  
Roanoke, VA 24018  
(540) 283-2710

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)

Musser, Carl Wilson, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Okogbue, Ijeoma, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Phillips, Stephen G., MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Rahman, Faraz, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Ramachandran, Krishnaswamy, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Xenakis, Mark, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Okogbue, Ijeoma, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Phillips, Stephen G., MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Rahman, Faraz, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Ramachandran, Krishnaswamy, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

Ramachandran, Krishnaswamy, MD  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)

2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204
Sayers, Marta C., MD  
CARILION MEDICAL CENTER  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Rivero, Jose M., MD  
Cardiology of Southwest Virginia  
1906 Belleview Avenue  
Roanoke, VA 24014  
Hospital Affiliations:  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Roby, Matthew D, DO  
CARILION MEDICAL CENTER  
2001 Crystal Springs Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Rutherford, William, MD  
Carilion Consultants in Cardiology  
1906 Belleview Avenue  
Roanoke, VA 24014  
Sane, David C., MD  
Carilion Clinic Cardiology  
127 McClanahan Street Ste 300  
Roanoke, VA 24014  
(540) 224-1041  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2001 Crystal Spring Ave Suite 203  
Roanoke, VA 24014  
(540) 982-8204  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Sawyer, John, MD  
Carilion Clinic Cardiology  
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(540) 981-7000  
Heletz, Ido, MD  
CARILION MEDICAL CENTER  
180 Floyd Ave  
Rocky Mount, VA 24151  
(540) 982-8204  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Phillips, Stephen G., MD  
CARILION MEDICAL CENTER  
180 Floyd Avenue  
Rocky Mount, VA 24151  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Rocky Mount  
Sane, David C., MD  
Carilion Clinic Cardiology  
180 Floyd Avenue  
Rocky Mount, VA 24151  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Rutter, Craig F., DO  
Carilion Clinic Cardiology  
180 Floyd Ave  
Rocky Mount, VA 24151  
(540) 483-5277  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Sayers, Marta C., MD  
Cardiology of Southwest Virginia PC  
3142 Brambleton Avenue  
Roanoke, VA 24018  
(540) 776-8255  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Sawyer, John, MD  
Carilion Clinic Cardiology  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Varjabedian, Leon, MD  
CARILION MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
Vigh, Alexander G., MD  
CARILION MEDICAL CENTER  
180 Floyd Ave  
Rocky Mount, VA 24151  
(540) 982-8204  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Sawyer, John, MD  
Carilion Clinic Cardiology  
180 Floyd Avenue  
Rocky Mount, VA 24151  
Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
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| **Rural Retreat** | Cavros, Nick G., MD  
MMG Cardiology ABG  
7021 W Lee Highway Ste C2  
Rural Retreat, VA 24368  
(276) 258-3740  
Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Johnston Memorial Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Miller, Gregory Houston, MD  
MMG Cardiology  
7021 W Lee Highway Ste C2  
Rural Retreat, VA 24368  
(276) 258-3740  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital |  
Goldstein, Steven, DO  
Lewis-Gale Physicians, LLC  
1082 Braeburn Drive  
Salem, VA 24153  
(540) 772-3430  
Maiolo, Andrew, MD  
Lewis-Gale Physicians, LLC  
1082 Braeburn Drive  
Salem, VA 24153  
(540) 772-3430  
Prokopchak, Richard, MD  
Southwest Virginia Cardiology, PC  
2850 Keagy Road  
Salem, VA 24153  
(540) 375-9375  
Hospital Affiliations:  
Lewis-Gale Medical Center  
Vivian, Stephan, MD  
Lewis-Gale Physicians, LLC  
1802 Braeburn Dr  
Salem, VA 24153  
(540) 772-3815 |  
**South Boston** | Bassil, Habib F., MD  
Halifax Heart Center PC  
2232 Wilborn Ave  
South Boston, VA 24592  
(434) 572-8977  
Hospital Affiliations:  
Halifax Regional Hospital  
Chippenham Medical Center/Johnston-Willis Hospital  
Jara, Jessica, MD  
Centra Medical Group Stroobants Cardiovascular Center  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Titus, Gareth, MD  
Halifax Heart Center PC  
2232 Wilborn Ave  
South Boston, VA 24592  
(434) 572-8977  
Hospital Affiliations:  
Halifax Regional Hospital  
VCU Community Memorial Hospital  
Singh, Jaspreet, MD  
James River Cardiology PC  
864 N Mecklenburg Ave  
South Hill, VA 23970  
(757) 542-0503  
Hospital Affiliations:  
Chapman Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center  
Patel, Nimesh K, MD  
CMH Physician Services, LLC  
1755 N Mecklenburg Ave  
South Hill, VA 23970  
(434) 584-2273  
Hospital Affiliations:  
VCU Community Memorial Hospital  |  
Hackenbracht, Jason, MD  
Centra Medical Group Stroobants Cardiovascular Center  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Central Virginia Baptist Hospital  
Moore, Carl, MD  
Centra Medical Group Stroobants Cardiovascular Center  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Central Virginia Baptist Hospital  
Valentine, C. Michael, MD  
Centra Medical Group Stroobants Cardiovascular Center  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Central Virginia Baptist Hospital  
Warner, James, MD  
Centra Medical Group Stroobants Cardiovascular Center  
2212 Wilborn Avenue  
South Boston, VA 24592  
(434) 572-8921 |  
South Hill | Amin, Mitesh S, MD  
James River Cardiology PC  
864 N Mecklenburg Ave  
South Hill, VA 23970  
(757) 542-0503  
Hospital Affiliations:  
Chapman Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center  
Denlinger, Bethany L, MD  
MCV Associated Physicians (Cardiology)  
412 Durant Street  
South Hill, VA 23970  
(434) 447-2898  
Hospital Affiliations:  
VCU Health System/MCV  
Patel, Kalpesh, MD  
James River Cardiology PC  
864 N Mecklenburg Ave  
South Hill, VA 23970  
(757) 542-0503  
Hospital Affiliations:  
Chapman Medical Center/Johnston-Willis Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southside Regional Medical Center  |
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<td>Abdula, Raushan, MD</td>
<td>Magnus Heart and Vascular, Inc.</td>
<td>125 Hospital Center Suite 307, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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<tr>
<td>Arshad, Aysha, MD</td>
<td>Heart and Vascular Institute of Virginia, Inc.</td>
<td>125 Hospital Center Blvd Suite 307, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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<td>Abousy, Khalid, MD</td>
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<td>125 Hospital Center Suite 307, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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<td>125 Hospital Center Suite 307, Stafford, VA 22554</td>
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<td>125 Hospital Center Suite 307, Stafford, VA 22554</td>
<td>(855) 739-9953</td>
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Note: The above table is a sample of the information provided in the document. The full table would continue with similar information for additional specialists and practices.
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<tr>
<td>Lynch, Edward M., MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>(757) 983-030</td>
<td>3920 A Bridge Rd Ste 202</td>
<td>Sentara Leigh Hospital&lt;br&gt; Sentara Norfolk General Hospital&lt;br&gt; Sentara Obici Hospital</td>
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<tr>
<td>Gupta, Bhavdeep K., MD</td>
<td>Cardiology Associates (Maryview Hospital)</td>
<td>(757) 925-0759</td>
<td>3920 A Bridge Rd Ste 202</td>
<td>Sentara Obici Hospital</td>
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<tr>
<td>Hoffmier, Thomas J., MD</td>
<td>Cardiovascular Specialists (Maryview Hospital)</td>
<td>(757) 983-030</td>
<td>5818 Harbour View Blvd</td>
<td>Sentara Obici Hospital</td>
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<tr>
<td>Patel, Apurva M., MD</td>
<td>Cardiology Associates (Maryview Hospital)</td>
<td>(757) 983-030</td>
<td>5818 Harbour View Blvd</td>
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<tr>
<td>Patel, Saumil, MD</td>
<td>Cardiovascular Specialists (Maryview Hospital)</td>
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<td>Raizada, Amol, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>(757) 983-030</td>
<td>3920 A Bridge Rd Suite 207</td>
<td>Sentara Obici Hospital</td>
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Specialists - Tier 1

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<tr>
<td>Okogbue, Ijeoma, MD</td>
<td>Cardiovascular Specialists (Maryview Hospital)</td>
<td>(757) 925-0759</td>
<td>2790 Godwin Blvd Ste 100</td>
<td>Sentara Obici Hospital</td>
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Hospital Affiliations:
- Sentara Obici Hospital
- Sentara Norfolk General Hospital
- Sentara Leigh Hospital

Contact Information:
- Optima Direct Network Providers
- January 2019
- Optima Health
Specialists - Tier 1

Carilion Stonewall Jackson Hospital

Phillips, Stephen G., MD
Carilion Medical Center
141 Ben Bolt Avenue
Tazewell, VA 24651
Hospital Affiliations:
- VCU Health System/VCV

Sane, David C., MD
Carilion Clinic Cardiology
141 Ben Bolt Avenue
Tazewell, VA 24651
(540) 982-8204
Hospital Affiliations:
- Carilion Heart & Vascular PC (Carilion Tazewell Community Hospital)
- Carilion Roanoke Memorial Hospital

Todd, Jeffrey Scott, MD
Carilion Medical Center
141 Ben Bolt Avenue
Tazewell, VA 24651
Hospital Affiliations:
- Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
- Carilion Roanoke Memorial Hospital

Vienna

Abousy, Khalid, MD
Cariert Heart & Vascular PC
415 Church Street NE Suite 101
Vienna, VA 22180
(703) 335-8750
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Arshad, Aysha, MD
Cariert Heart & Vascular PC
415 Church Street NE Suite 101
Vienna, VA 22180
(703) 335-8750

Arshad, Rabia, MD
Cariert Heart & Vascular PC
415 Church Street NE Suite 101
Vienna, VA 22180
(703) 335-8750
Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Shenandoah Memorial Hospital
- Warren Memorial Hospital, Inc.
- Winchester Medical Center

Chu, Keith H, MD
Cariert Heart & Vascular PC
415 Church Street NE Suite 101
Vienna, VA 22180
(703) 335-8750
Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Prince William Medical Center

Ghafouri, Merod, DO
Cariert Heart & Vascular PC
415 Church Street NE Suite 101
Vienna, VA 22180
(703) 335-8750
Hospital Affiliations:
- Fauquier Hospital
- Novant Health UVA Health System
- Prince William Medical Center

Virginia Beach

Adler, David H., MD
Bayview Physician Services, PC
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 547-9294
1975 Glenn Mitchell Dr
Virginia Beach, VA 23456
(757) 547-9294
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center

Chakra, Anjan K., MD
Bayview Physician Services, PC
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 547-9294
1975 Glenn Mitchell Dr
Virginia Beach, VA 23456
(757) 547-9294

Das, Sunju, MD
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Virginia Beach, VA 23454
(757) 419-3000
Hospital Affiliations:
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- Williamsburg Regional Medical Center

Griffin, John J., MD
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Virginia Beach, VA 23454
(757) 547-9294
1975 Glenn Mitchell Dr
Virginia Beach, VA 23456
(757) 547-9294
Hospital Affiliations:
- Chesapeake Regional Medical Center

Gupta, Bhavdeep K., MD
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1450 Kemptsville Rd
Virginia Beach, VA 23452
(757) 474-7470
Hospital Affiliations:
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- Sentara Obici Hospital

Iyer, Venkat R., MD
Physician Services, PC
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1975 Glenn Mitchell Dr
Virginia Beach, VA 23456
(757) 547-9294

Iyer, Venkat R., MD
Bayview Physician Services, PC
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Virginia Beach, VA 23454
(757) 547-9294
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<td>Bayview Physician Services, PC</td>
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<td>Kazakis, Demetrios James, MD</td>
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<td>Kakani, Ramanaiah, MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>Sentara Virginia Beach General Hospital</td>
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<tr>
<td>Joyner, Sarah E., MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Virginia Beach General Hospital</td>
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<td>Maturi-Allen, Mary F., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>McCray, Robert D., MD</td>
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<td>Old, Wayne D., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>St. Clair, Jesse W., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Miller, Edward Charles, MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Miller, James R., MD</td>
<td>Bayview Physician Services, PC</td>
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<tr>
<td>Shah, Sanjay G., MD</td>
<td>Sentara Cardiology Specialists (SMG)</td>
<td>Sentara Virginia Beach General Hospital</td>
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<td>Talreja, Deepak R., MD</td>
<td>Bayview Physician Services, PC</td>
<td>Sentara Virginia Beach General Hospital</td>
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<td>Woollett, Ian F., MD</td>
<td>Bayview Physician Services, PC</td>
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**Hospital Affiliations:**
- Sentara Virginia Beach General Hospital
- Virginia Beach, VA 23454
- 1060 First Colonial Rd
- (757) 547-9294
| 1975 Glenn Mitchell Dr  
Virginia Beach, VA 23456  
(757) 547-9294 |
|---|
| **Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Warrenton  
Abou sy, Khalid, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Sentara Northern Virginia Medical Center  
Arshad, Aysha, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Khianey, Sheila, MD  
NMG Aff ili at e Pr act ice I, LLC  
380 Hos pital Drive  
Warrenton, VA 20186  
(540) 347-9898  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Haymarket Medical Center  
Sidhu, Balkir S, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Mafi, Shahryar, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Chu, Keith H, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Mary Washington Hospital (MWMD)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
Marianian, Ara M., MD  
NMG Aff ili at e Pr act ice I, LLC  
380 Hos pital Drive  
Warrenton, VA 20186  
(540) 347-9898  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Haymarket Medical Center  
Campbell, Anh N., MD  
Advanced Cardiovascular Institute, LLC  
5215 Monticello Ave Ste A  
Williamsburg, VA 23188  
(757) 229-1440  
**Hospital Affiliations:**  
Sentara Virginia Beach General Hospital  
Prasanna, Vikram, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Beneke, William, MD  
Advanced Cardiovascular Institute, LLC  
5215 Monticello Ave Ste A  
Williamsburg, VA 23188  
(757) 229-1440  
**Hospital Affiliations:**  
Sentara Virginia Beach General Hospital  
Escano, Michael G., MD  
NMG Aff ili at e Pr act ice I, LLC  
380 Hos pital Drive  
Warrenton, VA 20186  
(540) 347-9898  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Sandesara, Chirag, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Sentara Virginia Beach General Hospital  
**Specialists - Tier 1**  
Ghafouri, Merod, DO  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Jafir, Ahsan Q., DO  
NMG Aff ili at e Pr act ice I, LLC  
380 Hos pital Drive  
Warrenton, VA 20186  
(540) 347-9898  
**Hospital Affiliations:**  
Novant Health UVA Health System  
Haymarket Medical Center  
Shah, Neel K, MD  
Cari ent Heart & Vascul ar PC  
559 Fro st Ave Suite 102  
Warrenton, VA 20186  
(703) 335-8750  
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Prince William Medical Center  
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OptimaHealth |
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<td>Winchester Cardiology and Vascular Medicine</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Winchester Cardiology and Vascular Medicine</td>
<td>Hospital Affiliations: Hampshire Memorial Hospital Shenandoah Memorial Hospital Inc.</td>
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**Winchester**

- Winchester Medical Center
- Valley Health Warren Memorial Hospital
- Mary Washington Hospital (MWI)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV

**Woodbridge**

- Magnus Heart and Vascular, Inc.
- Oracle Heart and Vascular, PLLC
- NovaHealth UVA Health System Prince William Medical Center
- Prince William Hospital
- Mary Washington Hospital
- Novant Health UVA Health System Prince William Medical Center

**Fredericksburg**

- Shenandoah Memorial Hospital
- Prince William Medical Center
- Mary Washington Hospital (MWI)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV
- Mary Washington Hospital (MWI)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV

**Ghafouri, Merdad, DO**

- Santiago Health System Prince William Medical Center
- VCU Health System/MCV
- Mary Washington Hospital (MWI)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV
- Mary Washington Hospital (MWI)
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center
- VCU Health System/MCV

**Ghazvini, Mohammad Monireddin, MD**

- NovaCardiovascular Care, LLC
- VCU Health System/MCV
Specialists - Tier 1

Hashemi, Seyed, MD
Dominion Cardiac Care PC
14904 Jefferson Davis Highway Ste 202
Woodbridge, VA 22192
(703) 490-3700
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Mafi, Shahryar, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Carient Heart & Vascular PC
Reston Hospital Center

Prasad, Ashok J, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Highway Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Prasanna, Vikram, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Hwy Suite 406
Woodbridge, VA 22191
(703) 335-8750
Hospital Affiliations:
Carient Heart & Vascular PC
Reston Hospital Center

Shah, Neel K, MD
Carient Heart & Vascular PC
14904 Jefferson Davis Highway Ste 202
Woodbridge, VA 22192
(703) 490-3700
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Shah, Rachit, MD
CMC Associated Physicians (Cardiology)
1000 E Broad Street
Richmond, VA 23298
(804) 828-2467
Hospital Affiliations:
VCU Health System/MCV

Shah, Rahit, MD
CMC Associated Physicians (Cardiology)
417 N 11th Street
Richmond, VA 23298
(804) 628-0537
Hospital Affiliations:
Bon Secours St. Marys Hospital

2019

Williamsburg

Bundy, Graham M., MD
Cardiothoracic Surgical Associates
121 Bulifants Blvd Suite A
Williamsburg, VA 23188
(757) 707-3999
5388 Discovery Park Blvd Suite120 A
Williamsburg, VA 23188
(804) 320-2751
5388 Discovery Park Boulevard Suite 120 A
Williamsburg, VA 23188
(804) 282-8777

Certified Nurse Midwife - Ob/Gyn

Front Royal

Cherrywell, Roberta R., CNM
Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300
120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800
Hospital Affiliations:
Warren Memorial Hospital, Inc.

South Hill

Wootten, Terrell, CNM
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Certified Nurse Midwife - Ob/Gyn

Winchester

Ruby, Libby, CNM
Shenandoah Valley Medical System Inc.
1330 Amherst Street
Winchester, VA 22601
(540) 722-2369

Mechanicsville

Bundy, Graham M., MD
Cardiothoracic Surgical Associates
8220 Meadowbridge Road Ste 303
Mechanicsville, VA 23116

Woodstock

Hahn, Chiwon, MD
Cardiothoracic Surgical Associates
8220 Meadowbridge Road Ste 303
Mechanicsville, VA 23116
(804) 559-0405
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

Richmond

Bundy, Graham M., MD
Cardiothoracic Surgical Associates
7100 Jahneke Road Ste 500
Richmond, VA 23225
(804) 320-2751
7605 Forest Ave Ste 302
Richmond, VA 23229
(804) 320-2751
(804) 282-8777

Christopher, Thomas, MD
Cardiothoracic Surgical Associates
7100 Jahneke Road Ste 500
Richmond, VA 23225
(804) 320-2751
7605 Forest Ave Ste 302
Richmond, VA 23229
(804) 282-8777

Hahn, Chiwon, MD
Cardiothoracic Surgical Associates
7100 Jahneke Road Ste 500
Richmond, VA 23225
(804) 320-2751
7605 Forest Ave Ste 302
Richmond, VA 23229
(804) 320-2751

Woodstock

Quinn, John C., MD
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
759 South Main Street
Woodstock, VA 22664
(540) 459-1383
Hospital Affiliations:
Winchester Medical Center

Wytheville

Hapfel, Richard D., MD
Richard D. Hapfel, M.D, PhD, PC
1150 Holston Road
Wytheville, VA 24382
(276) 228-4860
Hospital Affiliations:
Carilion New River Valley Medical Center
Wythe County Community Hospital

Ravi, Sandeep, MD
Carilion Healthcare Corporation
1150 Holston Rd
Wytheville, VA 24382
(540) 731-7600
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Bundy, Graham M., MD
Cardiothoracic Surgical Associates
8220 Meadowbridge Road Ste 303
Mechanicsville, VA 23116
### Specialists - Tier 1

#### Child Abuse (Pediatrics)

**Norfolk**
- **Clayton, Michelle, MD**
  - Children's Hospital of the King's Daughters
  - 601 Childrens Ln
  - Norfolk, VA 23507
  - (757) 668-7000
  - **Hospital Affiliations:**
    - Children's Hospital of the King's Daughters
    - Sentara Norfolk General Hospital

**Richmond**
- **Barto, Judith A., MD**
  - MCV Associated Physicians (Child Abuse)
  - 1250 E. Marshall Street
  - Richmond, VA 23298
  - (804) 828-7010
  - **Hospital Affiliations:**
    - Children's Hospital of the King's Daughters
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

**Annandale**
- **Ilkhanoff, Leonard, MD**
  - CareVant Heart & Vascular PC
  - 21785 Filigree Court Suite 203
  - Ashburn, VA 20147
  - (703) 335-8750
  - **Hospital Affiliations:**
    - Fauquier Hospital
    - Novant Health UVA Health System
    - Prince William Medical Center

**Chesapeake**
- **Gentlesk, Phillip J., MD**
  - Sentara Cardiology Specialists (SMG)
  - 300 Medical Parkway Suite 120
  - Chesapeake, VA 23320
  - (757) 547-2233
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

**Chesapeake Regional Medical Center**
- **Ilkhanoff, Leonard, MD**
  - CareVant Heart & Vascular PC
  - 11064 Western Branch Blvd
  - Chesapeake, VA 23321
  - (757) 419-3000
  - **Hospital Affiliations:**
    - Chesapeake Regional Medical Center
    - Sentara Bayside Hospital
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital
    - Sentara Princess Anne Hospital
    - Sentara Virginia Beach General Hospital

**Ashburn**
- **Ilkhanoff, Leonard, MD**
  - CareVant Heart & Vascular PC
  - 21785 Filigree Court Suite 203
  - Ashburn, VA 20147
  - (703) 335-8750
  - **Hospital Affiliations:**
    - Fauquier Hospital
    - Novant Health UVA Health System
    - Prince William Medical Center

**Gainesville**
- **Ilkhanoff, Leonard, MD**
  - CareVant Heart & Vascular PC
  - 7001 Heritage Village Plaza Suite 170
  - Gainesville, VA 20155
  - (703) 335-8750
  - **Hospital Affiliations:**
    - Fauquier Hospital
    - Novant Health UVA Health System
    - Prince William Medical Center

**Chesapeake**
- **Gentlesk, Phillip J., MD**
  - Sentara Cardiology Specialists (SMG)
  - 4000 Coliseum Dr Suite 100
  - Hampton, VA 23666
  - (757) 726-0078
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

**Hampton**
- **Gentlesk, Phillip J., MD**
  - Sentara Cardiology Specialists (SMG)
  - 4000 Coliseum Dr Suite 100
  - Hampton, VA 23666
  - (757) 726-0078
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

**Harrisonburg**
- **VerNooy, Jr., Robert A., MD**
  - Sentara RMH Medical Group, LLC
  - 2006 Health Campus Drive 2nd Floor
  - Harrisonburg, VA 22801
  - (540) 698-5555
  - **Hospital Affiliations:**
    - Sentara RMH Medical Center

**Lexington**
- **Brammer, Glenn, MD**
  - Augusta Health Cardiology
  - 30 Greenhouse Rd
  - Lexington, VA 24450
  - (540) 463-2227
  - **Hospital Affiliations:**
    - Carilion New River Valley Medical Center
    - Carilion Roanoke Memorial Hospital
    - Carilion Stonewall Jackson Hospital

**Manassas**
- **Ilkhanoff, Leonard, MD**
  - CareVant Heart & Vascular PC
  - 8100 Ashton Ave Suite 200
  - Manassas, VA 20109
  - (703) 335-8750
  - **Hospital Affiliations:**
    - Fauquier Hospital
    - Novant Health UVA Health System
    - Prince William Medical Center

**Massaro, Richard C., DO**
- **Carilion Healthcare Corporation**
  - 1107B Brookdale Dr
  - Martinsville, VA 24112
  - (276) 634-4400
  - **Hospital Affiliations:**
    - Carilion New River Valley Medical Center
    - Carilion Roanoke Memorial Hospital
    - Carilion Stonewall Jackson Hospital

**Mecklenburg**
- **Schneider, Daniel A., MD**
  - Virginia Cardiovascular Specialists
  - 7505 Right Flank Road Suite 700
  - Mechanicsville, VA 23116
  - (804) 559-0405
  - **Hospital Affiliations:**
    - Bon Secours Memorial Regional Medical Center
    - Bon Secours St. Francis Medical Center
    - Chippenham Medical Center
    - Johnston-Willis Hospital
    - Henrico Doctors’ Hospital - Forest Campus
    - Henrico Doctors’ Hospital - Parham Campus
    - Henrico Doctors’ Hospital - Retreat Campus

**Newport News**
- **Gentlesk, Phillip J., MD**
  - Sentara Cardiology Specialists (SMG)
  - 108 Houston St Ste E
  - Newport News, VA 23606
  - (757) 736-9860
  - **Hospital Affiliations:**
    - Bon Secours DePaul Medical Center Inc
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

---

**Specialties:**
- Child Abuse (Pediatrics)
- Clinical Cardiac Electrophysiology

**Locations:**
- Annandale
- Ashburn
- Charottesville
- Chesapeake
- Galax
- Gainesville
- Harrisonburg
- Lexington
- Martinsville
- Mechanicsville
- Newport News
- Richmond

**Contact Information:**
- **Barto, Judith A., MD**
  - MCV Associated Physicians (Child Abuse)
  - 1250 E. Marshall Street
  - Richmond, VA 23298
  - (804) 828-7010

**Additional Information:**
- **Hospital Affiliations** for various providers as listed above
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<th>Name</th>
<th>Title</th>
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<td><strong>Norfolk</strong></td>
<td>Bernstein, Robert C., MD</td>
<td>Sentara Cardiology Specialists</td>
<td>(757) 261-0700</td>
<td>844 Kempsville Rd Ste 204, Norfolk, VA 23502</td>
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<tr>
<td></td>
<td>Gilligan, David M., MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>(804) 628-4327</td>
<td>9000 Stony Point Parkway, Richmond, VA 23235</td>
</tr>
<tr>
<td></td>
<td>Padala, Santosh K., MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>9000 Stony Point Parkway, Richmond, VA 23235</td>
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<tr>
<td></td>
<td>Huizar, Jose F, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>9000 Stony Point Parkway, Richmond, VA 23235</td>
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<tr>
<td></td>
<td>Joyner, Charles A., MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>(804) 628-4327</td>
<td>9000 Stony Point Parkway, Richmond, VA 23235</td>
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<td>Shepard, Richard K., MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
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<td>Sperry, Robert E, MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>(804) 628-4327</td>
<td>9000 Stony Point Parkway, Richmond, VA 23235</td>
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<td></td>
<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(703) 335-8750</td>
<td>415 Church Street NE Suite 101, Vienna, VA 22180</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 628-2173</td>
<td>422 Garrisonville Road Suite 104, Stafford, VA 22554</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(703) 335-8750</td>
<td>415 Church Street NE Suite 101, Vienna, VA 22180</td>
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<td><strong>Prince George</strong></td>
<td>Gilligan, David M., MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>(804) 628-0147</td>
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<td>Kalahasty, Gautham, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-0147</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Massaro, Richard C., DO</td>
<td>CARLION MEDICAL CENTER</td>
<td>(540) 853-0944</td>
<td>1906 Belleview Ave, Roanoke, VA 24014</td>
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<td>Koneru, Jayanthi, MD</td>
<td>MCV Associated Physicians</td>
<td>(540) 853-0944</td>
<td>2001 Crystal Spring Ave Suite 203, Roanoke, VA 24014</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(540) 853-0944</td>
<td>2001 Crystal Spring Ave Suite 203, Roanoke, VA 24014</td>
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<td><strong>Richmond</strong></td>
<td>Ellenbogen, Kenneth A., MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Koneru, Jayanthi, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Kron, Jordan, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<tr>
<td></td>
<td>Kothari, Shivani, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Koneru, Jayanthi, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td></td>
<td>Kalahasty, Gautham, MD</td>
<td>MCV Associated Physicians</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td></td>
<td>Massaro, Richard C., DO</td>
<td>CARLION MEDICAL CENTER</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<tr>
<td></td>
<td>Sperry, Robert E, MD</td>
<td>Virginia Cardiovascular Specialists</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(804) 628-4327</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<tr>
<td></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 628-2173</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(540) 628-2173</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
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<td>(540) 628-2173</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(540) 628-2173</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<tr>
<td><strong>Stafford</strong></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 628-2173</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td></td>
<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(703) 335-8750</td>
<td>415 Church Street NE Suite 101, Vienna, VA 22180</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 628-2173</td>
<td>415 Church Street NE Suite 101, Vienna, VA 22180</td>
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<tr>
<td><strong>Warrenton</strong></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 628-2173</td>
<td>415 Church Street NE Suite 101, Vienna, VA 22180</td>
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<tr>
<td><strong>Williamsburg</strong></td>
<td>Ellenbogen, Kenneth A., MD</td>
<td>MCV Associated Physicians</td>
<td>(757) 220-1246</td>
<td>1162 Professional Drive, Williamsburg, VA 23188</td>
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<tr>
<td></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(757) 220-1246</td>
<td>1162 Professional Drive, Williamsburg, VA 23188</td>
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<td></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(757) 220-1246</td>
<td>1162 Professional Drive, Williamsburg, VA 23188</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(757) 220-1246</td>
<td>1162 Professional Drive, Williamsburg, VA 23188</td>
</tr>
<tr>
<td><strong>Roanoke</strong></td>
<td>Massaro, Richard C., DO</td>
<td>CARLION MEDICAL CENTER</td>
<td>(540) 853-0944</td>
<td>1906 Belleview Ave, Roanoke, VA 24014</td>
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<tr>
<td></td>
<td>Koneru, Jayanthi, MD</td>
<td>MCV Associated Physicians</td>
<td>(540) 853-0944</td>
<td>2001 Crystal Spring Ave Suite 203, Roanoke, VA 24014</td>
</tr>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carient Heart &amp; Vascular PC</td>
<td>(540) 853-0944</td>
<td>2001 Crystal Spring Ave Suite 203, Roanoke, VA 24014</td>
</tr>
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<td></td>
<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(540) 853-0944</td>
<td>2001 Crystal Spring Ave Suite 203, Roanoke, VA 24014</td>
</tr>
</tbody>
</table>

**Optima Direct Network Providers January 2019**

**OptimaHealth**
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Address</th>
<th>Contact</th>
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<tbody>
<tr>
<td>Woodbridge</td>
<td>Gentry, Cary L, MD</td>
<td>Nova Cardiovascular Care, LLC</td>
<td>(703) 492-6828</td>
</tr>
<tr>
<td></td>
<td>Coury II, Joseph J., MD</td>
<td>1990 Old Bridge Road Suite 201</td>
<td>(804) 288-7077</td>
</tr>
<tr>
<td></td>
<td>Ramirez, Ray, MD</td>
<td>Mechanicsville, VA 23111</td>
<td>(804) 559-3400</td>
</tr>
<tr>
<td></td>
<td>Gregg, Zachary A, MD</td>
<td>Mechanicsville, VA 22192</td>
<td>(703) 335-8750</td>
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<td>Ghazvini, Mohammad Monireddin, MD</td>
<td>406 Woodbridge, VA 22191</td>
<td>(703) 335-8750</td>
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<td>Ilkhanoff, Leonard, MD</td>
<td>Carpent Heart &amp; Vascular PC</td>
<td>14904 Jefferson Davis Hwy Suite 406</td>
</tr>
<tr>
<td></td>
<td>Frenkel, Joseph Lawrence, MD</td>
<td>2019 Retreat Campus</td>
<td>(804) 249-2465</td>
</tr>
<tr>
<td></td>
<td>Munson, Keith, MD</td>
<td>Bon Secours Maryview Medical Center</td>
<td>(757) 483-3030</td>
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<td></td>
<td>Vorenberg, Andrew, MD</td>
<td>Bon Secours Maryview Medical Center</td>
<td>(804) 249-2465</td>
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<td></td>
<td>Vorenberg, Andrew, MD</td>
<td>Sentara Martha Jefferson Hospital</td>
<td>(804) 249-2465</td>
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<td>Frenkel, Joseph Lawrence, MD</td>
<td>Bon Secours Regional Medical Group (CRMG)</td>
<td>(804) 249-2465</td>
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<td></td>
<td>Miller, Peter, MD</td>
<td>Sentara Martha Jefferson Hospital</td>
<td>(757) 278-2220</td>
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<td>Vorenberg, Andrew, MD</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Ramirez, Ray, MD</td>
<td>Sentara Martha Jefferson Hospital</td>
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<td>Gentry, Cary L, MD</td>
<td>Sentara Martha Jefferson Hospital</td>
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**Colon/Rectal Surgery**

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<td>Coury II, Joseph J., MD</td>
<td>Bon Secours Maryview Medical Center</td>
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**Norfolk**

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**Richmond**

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**Suffolk**

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**Roanoke**

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**Chesapeake**

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**Portsmouth**

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**Retreat Campus**

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**Bon Secours Maryview Medical Center**

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**Bon Secours DePaul Medical Center**

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Optima Direct Network Providers January 2019

Virginia Beach
Lee, Chong S., MD
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4421 Virginia Beach Blvd Ste 114
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(757) 889-6830
828 Healthy Way Ste 200
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Fredericksburg

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Sentara Norfolk General Hospital

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Specialists - Tier 1

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(434) 977-0027

Hospital Affiliations:
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Scott, Christopher M., MD
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Soukoulis, Ines W., MD
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(434) 984-2400

Hospital Affiliations:
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Hospital Affiliations:
Henrico Doctors' Hospital - Retreat Campus

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Sentara Martha Jefferson Hospital

Zeller, Sarah A., MD
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--- Chesapeake ---

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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Koch, Laine H, MD
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
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<th>Location</th>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>Danville</td>
<td>Givan, Jason, MD</td>
<td>300 Enterprise Drive Suite E</td>
<td>(434) 333-7370</td>
<td>Ridgeview Dermatology</td>
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<tr>
<td></td>
<td>Cobb, Carrie, MD</td>
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<td>Fredericksburg</td>
<td>Eid, Mark, MD</td>
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<tr>
<td></td>
<td>Calhoun, Jean K., MD</td>
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<td>Forefront Dermatology, S.C.</td>
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<tr>
<td></td>
<td>Camden, Sharon, MD</td>
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</tr>
<tr>
<td></td>
<td>Padgett, Julia Konerding, MD</td>
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<td>Bon Secours Surgical Dermatology Center</td>
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<tr>
<td></td>
<td>Seely, Georgia, MD</td>
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<tr>
<td></td>
<td>Muffelman, David, MD</td>
<td>6790 Wood Ridge Drive</td>
<td>(804) 693-6527</td>
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<tr>
<td>Gloucester</td>
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</tr>
<tr>
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<td>Coker, Leslie R., MD</td>
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<td>Davies Dermatology Clinic</td>
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<tr>
<td></td>
<td>Coker, William L., MD</td>
<td>1790 Champlain Drive</td>
<td>(804) 693-6527</td>
<td>Davies Dermatology Clinic</td>
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<tr>
<td>Harrisonburg</td>
<td>Mather, Mary K., MD</td>
<td>Access Dermatology, PC</td>
<td>(540) 434-1756</td>
<td>Sentara RMH Medical Center</td>
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<td>Miller, Carolyn L, MD</td>
<td>Rockingham Dermatology, P.C.</td>
<td>(540) 434-1756</td>
<td>Sentara RMH Medical Center</td>
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<tr>
<td>Haymarket</td>
<td>Galaria, Noreen A., MD</td>
<td>Galaria Plastic Surgery &amp; Dermatology PC</td>
<td>(540) 434-1756</td>
<td>Sentara RMH Medical Center</td>
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<tr>
<td>Henrico</td>
<td>Blakey, Brittony, DO</td>
<td>Affiliated Dermatologists of Virginia</td>
<td>(804) 264-4545</td>
<td>Carilion Roanoke Memorial Hospital</td>
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<tr>
<td></td>
<td>Hepper, Donna, MD</td>
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<td>(804) 264-4545</td>
<td>Carilion Roanoke Memorial Hospital</td>
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<tr>
<td></td>
<td>Hoover, Shelley, MD</td>
<td>Affiliated Dermatologists of Virginia</td>
<td>(804) 264-4545</td>
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<td></td>
<td>Tran, Thao, MD</td>
<td>Affiliated Dermatologists of Virginia</td>
<td>(804) 264-4545</td>
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Optima Direct Network Providers January 2019

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Optima Direct Network Providers January 2019

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Optima Direct Network Providers January 2019  
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Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
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VCU Health System/MCV Hospital - North  
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Hospital Affiliations:  
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Optima Direct Network Providers January 2019 273

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<th>Name</th>
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<tr>
<td>Parlette, Eric, MD</td>
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<tr>
<td>Royal, Pamela J, MD</td>
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<td>Terhune, Margaret, MD</td>
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<td>Divers, Allison K., MD</td>
<td>The Art &amp; Science of Dermatology, PC</td>
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<td>Dorsey, Susan B., MD</td>
<td>Carillon Healthcare Corporation</td>
<td>1204 Franklin Rd SW Roanoke, VA 24016</td>
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Specialists - Tier 1

2019
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<td>Mattay, Neeraja C, MD</td>
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<td>Fite, Laura P, MD</td>
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Woodbridge
Hwang, Richard J., MD
RICHARD J. HWANG, M.D., P.C.
2022 Opitz Blvd Suite A
Woodbridge, VA 22191
(703) 490-6500
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Wytheville
Tolliver, David Lee, DO
Derm One, PLLC
150 Peppers Ferry Road
Wytheville, VA 24382
(276) 228-2022

Yorktown
Miladi, Anis, MD
Integrated Dermatology of Tidewater, LLC
914 Denbigh Blvd
Yorktown, VA 23692
(757) 874-0320

Charlottesville
Chhabra, Sandhya K., MD
Albemarle Endocrinology PLC
600 Peter Jefferson Parkway Suite 200
Charlottesville, VA 22911
(434) 244-0934

Endocrinology
Abingdon
Beasey, Matthew D., MD
MSMG CVT JC
16000 Johnston Memorial Dr Suite 112
Abingdon, VA 24211
(276) 258-3780
Hospital Affiliations:
Wellmont Bristol Regional Medical Center

Blackstone
Muthyala, Uma D., MD
Care Diabetes and Endocrinology - Bon Secours St. Francis Medical
213 North Main Street
Blackstone, VA 23824
(804) 285-6858
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Charlottesville
Hutchens, Eleanor, MD
Augusta Health Diabetes & Endocrinology Clinic
70 Medical Center Circle Ste 107
Fishersville, VA 22939
(540) 221-7180
Hospital Affiliations:
Augusta Medical Center

Chesapeake
Castillo, Danielle, MD
Endocrinology, Ltd. (Bayview Physician Services PC)
713 Volvo Pkwy Suite 103
Chesapeake, VA 23320
(757) 609-3404
Hospital Affiliations:
Bon Secours Maryview Medical Center

Chester
Muthyala, Uma D., MD
Care Diabetes and Endocrinology - Bon Secours St. Francis Medical
11601 Ironbridge Road Ste 209
Chester, VA 23831
(804) 285-6858
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Chester
Taddesse, Abay T, MD
Sophia Medical Associates, P.C.
605 Kenmore Ave
Fredericksburg, VA 22401
(540) 368-9380

Chester
Wheaton, Jennifer C., DO
Bayview Physician Services, PC
713 Volvo Parkway Suite 100
Chesapeake, VA 23320
(757) 609-3404
Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Colonial Heights
Nugaram, Rekha, MD
Care Diabetes and Endocrinology - Bon Secours St. Francis Medical
3660 Boulevard Ste G
Colonial Heights, VA 23834
(804) 526-5566
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Chester
Hutchens, Eleanor, MD
Augusta Health Diabetes & Endocrinology Clinic
70 Medical Center Circle Ste 107
Fishersville, VA 22939
(540) 221-7180
Hospital Affiliations:
Augusta Medical Center

Chesapeake
Kirk, Tripuraneni D., MD
Augusta Health Diabetes & Endocrinology Clinic
70 Medical Center Circle Ste 107
Fishersville, VA 22939
(540) 221-7180
Hospital Affiliations:
Augusta Medical Center

Hampton
Almirante, Cheryl D., MD
Sentara Endocrinology Specialists (SMG)
4000 Coliseum Drive Suite 345
Hampton, VA 23666
(757) 827-2115

Chemplavil, Joseph K, MD
JOSEPH K. CHEMPLAVIL, MD
6 Manhattan Square Suite 100
Hampton, VA 23666
(757) 827-9259
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Taddeus, Abay T, MD
Sentara Endocrinology Specialists (SMG)
4001 Coliseum Dr Ste 310
Hampton, VA 23666
(757) 827-2115
Hospital Affiliations:
Sentara CarePlex Hospital
VCU Community Memorial Hospital

Harrisonburg
Babar, Naheel L., MD
Sentara RMH Medical Group, LLC
1661 South Main Street
Harrisonburg, VA 22801
(540) 689-4300
Hospital Affiliations:
Sentara RMH Medical Center
University of Virginia Medical Center
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<td>Kauppi, Alan C., MD</td>
<td>Augusta Health Diabetes &amp; Endocrinology Clinic</td>
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<td>Collins, Jessica S., MD</td>
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<td>Lieb, David C., MD</td>
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**Endocrinology Clinics in Virginia**

- **Lynchburg**
  - Centra Virginia Baptist Hospital
  - Sentara RMH Medical Center

- **Newport News**
  - Virginia Diabetes and Endocrinology PC
  - Sentara Leigh Hospital

- **Norfolk**
  - Virginia Diabetes and Endocrinology PC
  - Sentara Endocrinology Specialists (SMG)

**Hospital Affiliations**

- **Lynchburg**
  - Sentara RMH Medical Center

- **Newport News**
  - Virginia Diabetes and Endocrinology PC
  - Sentara Leigh Hospital

- **Norfolk**
  - Virginia Diabetes and Endocrinology PC
  - Sentara Endocrinology Specialists (SMG)

**Contact Information**

- **Lynchburg**
  - (434) 947-3944

- **Newport News**
  - (757) 595-4300

- **Norfolk**
  - (757) 446-5908

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**Specialists - Tier 1**

278 Optima Direct Network Providers January 2019

OptimaHealth
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<th>City</th>
<th>Name</th>
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<td>Richmond</td>
<td>Liu, Leanza, MD</td>
<td>EVMS Medical Group 855 W Brambleton Ave Norfolk, VA 23510 (757) 446-5908</td>
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<td>Nelson, Aaron B, MD</td>
<td>EVMS Medical Group 855 W Brambleton Ave Norfolk, VA 23510 (757) 446-5908</td>
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<td></td>
<td>Rawla, Mandip S., MD</td>
<td>Sentara Endocrinology Specialists (SMG) 850 Kempsville Rd Ste 100E Norfolk, VA 23502 (757) 261-5976</td>
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<td></td>
<td>Cook, Gregory, MD</td>
<td>Richmond Diabetes and Endocrinology-BSMG 7001 Forest Ave Ste 2500 Richmond, VA 23230 (804) 282-7857</td>
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<tr>
<td></td>
<td>Fabiato, Kristen, MD</td>
<td>VA Endocrinology &amp; Osteoporosis Center 3406 Mayland Ct Suite 100 Richmond, VA 23233 (804) 423-3636</td>
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<td></td>
<td>Nestler, John, MD</td>
<td>MCV Associated Physicians (Endocrinology) 417 N 11th St 2d Floor Rm A2B Richmond, VA 23229 (804) 828-9695</td>
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<td>Sealand, Robert O., MD</td>
<td>Richmond Diabetes and Endocrinology-BSMG 1510 North 28th Street Suite 204 Richmond, VA 23223 (804) 764-7868</td>
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<td>Wallace, Elizabeth, MD</td>
<td>VA Endocrinology &amp; Osteoporosis Center 3406 Mayland Ct Suite 100 Richmond, VA 23233 (804) 423-3636</td>
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<tr>
<td>North Chesterfield</td>
<td>Liu, Leanza, MD</td>
<td>Modern Richmond Endocrinology, LLC 1401 Johnston Willis Drive Suite 5600 North Chesterfield, VA 23235 (804) 267-6920</td>
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<td>Barton, Anna E, MD</td>
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<td>VA Endocrinology &amp; Osteoporosis Center 3406 Mayland Ct Suite 100 Richmond, VA 23233 (804) 423-3636</td>
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Specialists - Tier 1

Optima Direct Network Providers January 2019

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OptimaHealth
Specialists - Tier 1

Wickham III, Edmond P., MD
MCV Associated Physicians (Endocrinology)
417 N 11th St
Richmond, VA 23229
(804) 828-9696

Hospital Affiliations:
VCU Health System/MCV

Wigand, James, MD
Diabetes Endocrine and Internal Medicine Associates
1475 Johnston Willis Drive
Richmond, VA 23235
(804) 272-7564

Hospital Affiliations:
Chippenham Medical Center/Johnston-Wills Hospital

Yavuz, Sahzene, MD
MCV Associated Physicians (Endocrinology)
417 N 11th Street
Richmond, VA 23229
(804) 828-2161

Hospital Affiliations:
VCU Health System/MCV

Yazbeck, Cynthia, MD
MCV Associated Physicians (Endocrinology)
417 N 11th Street
Richmond, VA 23229
(804) 828-2161

Hospital Affiliations:
VCU Health System/MCV

Bailey III, D James, MD
Endocrinology Associates Inc
1030 S Jefferson St Ste 200
Roanoke, VA 24016
(540) 344-3276

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Bivens Jr, Carl H, MD
Endocrinology Associates Inc
1030 S Jefferson St Ste 200
Roanoke, VA 24016
(540) 344-3276

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Herodotou, Demetrios T., MD
CARLION MEDICAL CENTER
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Koch, Michael H, MD
Endocrinology Associates Inc
1030 S Jefferson St Ste 200
Roanoke, VA 24016
(540) 344-3276

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Koch, Michael H, MD
Endocrinology Associates Inc
1030 S Jefferson St Ste 200
Roanoke, VA 24016
(540) 344-3276

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Koch, Michael H, MD
Endocrinology Associates Inc
1030 S Jefferson St Ste 200
Roanoke, VA 24016
(540) 344-3276

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Vinik, Aaron L, MD
EVMs Medical Group
2790 Godwin Blvd Suite 320
Suffolk, VA 23434
(757) 446-5908

Virginia Beach

Chaya, Celine, MD
Endocrinology, Ltd. (Bayview Physician Services PC)
1168 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 496-9020

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Dizon, Ana Marie, MD
Endocrinology, Ltd. (Bayview Physician Services PC)
1168 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 496-9020

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Harrison, Jr., Howard Courtenay, MD
Endocrinology, Ltd. (Bayview Physician Services PC)
1168 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 496-9020

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Khardori, Romesh K., MD
EVMs Medical Group
2790 Godwin Blvd Suite 320
Suffolk, VA 23434
(757) 446-5908

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lasseter, David H., MD
Bayview Physician Services, PC
5849 Harbour View Blvd Suite 250
Suffolk, VA 23435
(757) 966-2529

Hospital Affiliations:
Diabetes Endocrine and Internal Medicine Associates

Lieh, David C., MD
EVMs Medical Group
2790 Godwin Blvd Suite 320
Suffolk, VA 23434
(757) 446-5908

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nadler, Jerry L., MD
EVMs Medical Group
2790 Godwin Blvd Suite 320
Suffolk, VA 23434
(757) 446-5908

Richardson, Donald W., MD
EVMs Medical Group
2790 Godwin Blvd Suite 320
Suffolk, VA 23434
(757) 446-5908

Saadeh, Ghandi M., MD
Sentara Endocrinology Specialists (SMG)
1925 Glenn Mitchell Dr Ste 202
Virginia Beach, VA 23456
(757) 507-0900

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Torres, Andrea C., MD
Endocrinology, Ltd. (Bayview Physician Services PC)
1168 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 496-9020

Sentara Endocrinology Specialists (SMG)
1925 Glenn Mitchell Dr Ste 202
Virginia Beach, VA 23456
(757) 507-0900

Hospital Affiliations:
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Williamsburg

Knudsen, Karen L., MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Suite 203
Williamsburg, VA 23188
(757) 707-3507

Hospital Affiliations:
Sentara Endocrinology Specialists

Roberts, Katherine, MD
Williamsburg Endocrinology
207 Bullfants Blvd Ste D
Williamsburg, VA 23188
(757) 565-9586

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Winchester

Abdul-Rahman, Mustapha, MD
Blue Ridge Endoscopy (Winchester Endoscopy Services)
190 Campus Blvd Ste 150
Winchester, VA 22601
(540) 678-0767

Hospital Affiliations:
Winchester Medical Center

Daly, Patricia A., MD
Warren Memorial Hospital, Inc.
1840 Amherst Street
Winchester, VA 22601
(540) 635-0800

Hospital Affiliations:
War Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Leonard, David W., MD  
Eastern Virginia Ear Nose & Throat Specialists  
200 Independence Pkwy Ste 100  
Chesapeake, VA 23320  
(757) 547-9714  
Hospital Affiliations:  
Chesapeake Regional Medical Center

Murrell, George, MD  
Bayview Physician Services, PC  
713 Volvo Pkwy  
Chesapeake, VA 23320  
(757) 548-0076  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Pasquale, Kimberly, MD  
Eastern Virginia Ear Nose & Throat Specialists  
500 Independence Pkwy Ste 100  
Chesapeake, VA 23320  
(757) 547-9714  
Hospital Affiliations:  
Chesapeake Regional Medical Center

Powers, Jeffrey P., MD  
Eastern Virginia Ear Nose & Throat Specialists  
500 Independence Pkwy Ste 100  
Chesapeake, VA 23320  
(757) 547-9714  
Hospital Affiliations:  
Chesapeake Regional Medical Center

Shroyer, Michael N., MD  
Ear, Nose & Throat, Ltd.  
680 Kingsborough Sq Ste A  
Chesapeake, VA 23320  
(757) 623-0526  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Cable, Benjamin B, MD  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 639-5888  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Wythe County Community Hospital

Cuesta, David Cang, MD  
Southside Head & Neck Surgery, P.C.  
930 South Avenue Suite 4B  
Colonial Heights, VA 23834  
(804) 504-0530  
Hospital Affiliations:  
John Randolph Medical Center

Ditto, John L, MD  
Southside Physician Network LLC  
241 Charles H Dimmock Pkwy Ste 6  
Colonial Heights, VA 23834  
(804) 765-5320  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center

Raval, Tejas H., MD  
Southside Physician Network LLC  
241 Charles H Dimmock Pkwy Ste 6  
Colonial Heights, VA 23834  
(804) 765-5320  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center

Akhtar, Muhammad J., MD  
Wellspring Health Services  
15237 Creativity Drive  
Culpeper, VA 22701  
(540) 321-4281  
Hospital Affiliations:  
UVA Culpeper Hospital

Bergman Jr., Kenneth, MD  
Family Allergy and Asthma Associates (Loudoun)  
24430 Stone Springs Blvd Ste 100  
Dulles, VA 20166  
(703) 263-2333

Evans, Michel, DO  
Danville ENT  
159 Executive Drive Suite C  
Danville, VA 24541  
(434) 792-0830  
Hospital Affiliations:  
SOVAH Health - Danville

Ditto, John L, MD  
Southside Physician Network LLC  
702 N Main Street  
Emporia, VA 23847  
(804) 765-5320  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center

Raval, Tejas H., MD  
Southside Physician Network LLC  
511 Belfield Drive Suite A  
Southside Physician Network LLC  
51 Belfield Drive Suite A  
Emporia, VA 23847  
(804) 765-5320  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center

Sharma, Gopesh, MD  
UVA Culpeper Hospital

Bakos, Stephen, MD  
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)  
7108 Fall Hill Ave Ste 100  
Fredericksburg, VA 22401  
(540) 371-1226

Buckman, Francis, MD  
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)  
1708 Fall Hill Ave Ste 100  
Fredericksburg, VA 22401  
(540) 371-1226

Fairfax

Sharma, Gopesh, MD  
Piedmont Otolaryngology Head & Neck Surgery  
8303 Arlington Blvd Ste 203  
Fairfax, VA 22031  
(703) 573-3177  
Hospital Affiliations:  
Inova Fairfax Hospital

Fishersville

Davidson, William, MD  
Augusta Health Ear Nose & Throat/ Otolaryngology  
70 Medical Center Circle Suite 104  
Fishersville, VA 22939  
(540) 245-7010  
Hospital Affiliations:  
Augusta Medical Center

Plautz, Michael, MD  
Augusta Health Ear Nose & Throat/ Otolaryngology  
70 Medical Center Cir Suite 104  
Fishersville, VA 22939  
(540) 221-7011  
Hospital Affiliations:  
Augusta Medical Center

Franklin

Meakin, Kevin D., DO  
Chesapeake Bay ENT  
102 Fairview Drive Suite G  
Franklin, VA 23851  
(757) 562-6673  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Saffold, Scott, MD  
Chesapeake Bay ENT  
102 Fairview Drive  
Franklin, VA 23851  
(757) 562-6673  
Hospital Affiliations:  
Riverside Shore Memorial Hospital

Fredericksburg

Bakos, Stephen, MD  
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)  
1708 Fall Hill Ave Ste 100  
Fredericksburg, VA 22401  
(540) 371-1226

Buckman, Francis, MD  
ENT & Facial Plastic Surgery Center of Fredericksburg (MAHA)  
1708 Fall Hill Ave Ste 100  
Fredericksburg, VA 22401  
(540) 371-1226
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<td>5659 Parkway Dr Ste 220</td>
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<td>Bacon, Geoffrey, MD</td>
<td>Hampton Roads Otolaryngology Associates PLLC</td>
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<td>Alixiu Hearing and Sinus Center PLC</td>
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<td>Meadowcrest ENT</td>
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<td>Harrisonburg ENT Associates 333 Lucy Dr Harrisonburg, VA 22801</td>
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<td>Fox, Elizabeth A., MD</td>
<td>Virginia Head and Neck Surgeons 19455 Deerfield Ave Ste 301 Leesburg, VA 20176 (703) 858-4439</td>
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<td>Metropolitan ENT &amp; Facial Plastic Surgery 19465 Deerfield Ave Ste 301</td>
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<td>Silvia, Andrew B., MD</td>
<td>Virginia Head and Neck Surgeons 19455 Deerfield Ave Ste 301 Leesburg, VA 20176 (703) 858-4439</td>
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| Gloucester  | Hopewell          | Raval, Tejas H., MD         | Southside Physician Network LLC 411 West Randolph Road Hopewell, VA 23860       | Hospital Affiliations: Augusta Medical Center                                         |
|             |                   | Cheng, Alex Y., MD          | Potomac Ear, Nose & Throat 2070 Old Bridge Rd Ste 103 Lake Ridge, VA 22192     | Hospital Affiliations: Sentara Northern Virginia Medical Center                        |
|             |                   | Ipakchi, Ramin, MD          | Potomac Ear, Nose & Throat 2070 Old Bridge Rd Ste 103 Lake Ridge, VA 22192     | Hospital Affiliations: Sentara Northern Virginia Medical Center                        |
|             |                   | Parameterswaran, Mahesh, MD | Metropoliitan ENT & Facial Plastic Surgery 44035 Riverside Parkway Suite 450 Landowne, VA 20176 (703) 858-5885 |                                                                                       |
|             |                   | Kudryashov, Alexander, MD   | Virginia Head and Neck Surgeons 19455 Deerfield Ave Ste 301 Leesburg, VA 20176 (703) 858-4439 |                                                                                       |
|             |                   | Pringle, Michael, MD        | Metropolitan ENT & Facial Plastic Surgery 19465 Deerfield Ave Ste 301         | Hospital Affiliations: Sentara RH Medical Center                                     |
|             |                   | Rinaldi, Joseph, MD         | Virginia Head and Neck Surgeons 19455 Deerfield Ave Ste 301 Leesburg, VA 20176 (703) 858-4439 |                                                                                       |
|             |                   | Nanhoo, John, MD            | Metropolitan ENT & Facial Plastic Surgery 19465 Deerfield Ave Ste 301         | Hospital Affiliations: Sentara RH Medical Center                                     |
|             |                   | Fiedler, Brian, MD          | Virginia Head and Neck Surgeons 19455 Deerfield Ave Ste 301 Leesburg, VA 20176 (703) 858-4439 |                                                                                       |

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### Front Royal

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<td>Valley Health Ear, Nose and Throat 120 N Commerce Ave Suite 245 Front Royal, VA 22630 (540) 635-0795</td>
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<td>Warren Memorial Hospital, Inc. 1000 N Shenandoah Avenue Front Royal, VA 22630 (540) 636-0300</td>
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<td>120 N Commerce Ave</td>
<td>Front Royal, VA 22630</td>
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### Gainesville

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<td>Augusta Health Ear and Nose and Throat Otolaryngology 30 Greenhouse Rd Lexington, VA 24450 (540) 464-3465</td>
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### Lexington

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<td>11803 Jefferson Ave Suite 260</td>
<td>Newport News, VA 23606</td>
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<td>(757) 825-2500</td>
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Optima Direct Network Providers January 2019 284
Specialists - Tier 1

Dorofi, David B., MD  
Ear, Nose & Throat, Ltd.  
885 Kempsville Rd Ste 304  
Norfolk, VA 23502  
(757) 623-0526  
901 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-0526  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Karakla, Daniel W., MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Han, Joseph K., MD  
Childrens Specialty Group PLLC  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 668-9327  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Hood, Richard J., MD  
Ear, Nose & Throat, Ltd.  
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Norfolk, VA 23502  
(757) 623-0526  
901 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-0526  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Kalafsky, John T., MD  
Ear, Nose & Throat, Ltd.  
885 Kempsville Rd Ste 304  
Norfolk, VA 23502  
(757) 623-0526  
901 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-0526  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Karahla, Daniel W., MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Lam, Kent K., MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Mark, Jonathan R, MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Moody Antonio, Stephanie, MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Nord, Ryan, MD  
MVC Associated Physicians (ENT - Otolaryngology)  
2035 Waterside Road Suite 100  
Prince George, VA 23875  
(804) 957-6287  
Hospital Affiliations:  
VCU Health System/MCV

Osterhus, David R, MD  
Meadowview Ear Nose and Throat Specialists, PC  
338 Coeburn Avenue NW  
Norton, VA 24273  
(276) 246-8155  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Pulaski

Rogotzke, Kenneth H., DO  
Carilion Healthcare Corporation  
2400 Lee Hwy  
Pulaski, VA 24301  
(540) 994-8100  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carillon Roanoke Memorial Hospital  
Wythe County Community Hospital

Richmond

Armstrong, Michael, MD  
Richmond ENT  
1800 Glenridge Drive Suite 120  
Richmond, VA 23226  
(804) 288-8308

Rogotzke, Kenneth H., DO  
Carilion Healthcare Corporation  
2400 Lee Hwy  
Pulaski, VA 24301  
(540) 994-8100  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carillon Roanoke Memorial Hospital  
Wythe County Community Hospital

Radford

Bowlan, Michael K., MD  
Lewis Gale Physician SW Va Ear Nose and Throat Assoc  
106 Wadsworth Street  
Radford, VA 24141  
(540) 776-4000  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Hull, Bernard P., MD  
Lewis Gale Physician SW Va Ear Nose and Throat Assoc  
106 Wadsworth Street  
Radford, VA 24141  
(540) 776-4000  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Reston

Hwang, Daniel, MD  
Reston Ear Nose and Throat, PC  
1860 Town Center Dr Ste 335  
Reston, VA 20190  
(703) 787-3322  
Hospital Affiliations:  
Reston Hospital Center

Lee, Edwin, MD  
Reston Ear Nose and Throat, PC  
1860 Town Center Dr Ste 335  
Reston, VA 20190  
(703) 787-3322  
Hospital Affiliations:  
Reston Hospital Center

Mellis, Michael, MD  
Metropolitan ENT & Facial Plastic Surgery  
1860 Town Center Drive Suite 225  
Reston, VA 20190  
(703) 483-3610

North

Norton

Osterhus, David R, MD  
Meadowview Ear Nose and Throat Specialists, PC  
338 Coeburn Avenue NW  
Norton, VA 24273  
(276) 246-8155  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Petersburg

Meakin, Kevin D., DO  
3235 Academy Avenue Suite 100  
Portsmouth, VA 23703  
(757) 964-0800  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Portsmouth

Shroyer, Michael N., MD  
Ear, Nose & Throat, Ltd.  
885 Kempsville Rd Ste 304  
Norfolk, VA 23502  
(757) 623-0526  
901 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-0526  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Schoenro, Ashley, MD  
EVMS Medical Group  
600 Gresham Drive Suite 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Shroyer, Michael N., MD  
Ear, Nose & Throat, Ltd.  
885 Kempsville Rd Ste 304  
Norfolk, VA 23502  
(757) 623-0526  
901 Hampton Blvd  
Norfolk, VA 23507  
(757) 623-0526  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Sinacori, John T., MD  
EVMS Medical Group  
600 Gresham Dr Ste 1100  
Norfolk, VA 23507  
(757) 388-6200  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital

Prince George

Nord, Ryan, MD  
MVC Associated Physicians (ENT - Otolaryngology)  
2035 Waterside Road Suite 100  
Prince George, VA 23875  
(804) 957-6287  
Hospital Affiliations:  
VCU Health System/MCV

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OptimaHealth
Specialists - Tier 1

8700 Stony Point Pkwy Ste 110
Richmond, VA 23234
(804) 330-5501

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

DiNardo, Laurence J., MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368

Hospital Affiliations:
VCU Health System/MCV

Hancock, Melyssa K., MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368

Hospital Affiliations:
VCU Health System/MCV

Kandl, Christopher J, MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368

Hospital Affiliations:
VCU Health System/MCV

Kerr, Julie, MD
Commonwealth Ear Nose & Throat Specialists PC
5875 Bromo Road Suite 212
Richmond, VA 23226
(804) 525-4231

Hospital Affiliations:
Bon Secours St. Marys Hospital

Lee, Thomas, MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368

Hospital Affiliations:
VCU Health System/MCV

Lim, Jin Sung, MD
Virginia Ear, Nose & Throat Associates, PC
161 Wadsworth Drive
Richmond, VA 23236
(804) 484-3700
3450 Mayland Court
Richmond, VA 23233
(804) 484-3700

Hospital Affiliations:
VCU Health System/MCV

Cross, David S., MD
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

May IV, James T., MD
Virginia Ear, Nose & Throat Associates, PC
161 Wadsworth Drive
Richmond, VA 23236
(804) 484-3700

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus

Moore, Jaime E., MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368

Hospital Affiliations:
VCU Health System/MCV

Perelman, Michael R., MD
Virginia Ear, Nose & Throat Associates, PC
161 Wadsworth Drive
Richmond, VA 23236
(804) 484-3700
3450 Mayland Court
Richmond, VA 23233
(804) 484-3700

Hospital Affiliations:
VCU Health System/MCV

Reiter, Evan R., MD
MCV Associated Physicians (ENT - Otolaryngology)
401 N 11th Street
Richmond, VA 23298
(804) 628-4368
3450 Mayland Court
Richmond, VA 23233
(804) 484-3700

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Shaw, Travis, MD
Medarva Physicians Services, LLC
8730 Stony Point Parkway Suite 120
Richmond, VA 23235
(804) 775-4559

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
St. Mary's Hospital
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<td>Naviwala, Saleem, MD</td>
<td>1902 Brabham Drive Suite 130</td>
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Suffolk

Hester, Ryan, MD
Eastern Virginia Ear Nose & Throat Specialists
1037 Champions Way Suite 100
Suffolk, VA 23435
(757) 547-9714

Hospital Affiliations:
- Chesapeake Regional Medical Center

Lassen, Lorenz F., MD
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(757) 539-0251
3060 Godwin Blvd
Suffolk, VA 23434
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4868 Bridge Road
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(757) 483-7900

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Riverside Shore Memorial Hospital

Virginia Beach

Bak, Matthew J., MD
EVMS Medical Group
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(757) 689-8500

Berry, Jr, Bill W., MD
Princess Anne ENT & Allergy, PC
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Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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- Sentara Norfolk General Hospital
- Sentara Obici Hospital

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Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

Saffold, Scott, MD
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1069 Centerbrooke Lane Suite 200
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(757) 935-1400

Hospital Affiliations:
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Sinacori, John T., MD
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Hospital Affiliations:
- Sentarva Virginia Beach General Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Schoen, Ashley, MD
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Hospital Affiliations:
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- Sentara Norfolk General Hospital

Sinacori, John T., MD
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Virginia Beach, VA 23456
(757) 689-8500

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

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Optima Direct Network Providers January 2019

OptimaHealth
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<th>Name</th>
<th>Specialty</th>
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<td>Iwanow, Ingrid C., MD</td>
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<td>Howard, John L., MD</td>
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<td>5408 Discovery Park Blvd Suite 300, Williamsburg, VA 23188</td>
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<td>142 Linden Dr Ste 106, Winchester, VA 22601</td>
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<td>Smith, Catherine S., MD</td>
<td>Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market</td>
<td>759 South Main Street Woodstock, VA 22664</td>
<td>(540) 459-1384</td>
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<td>Rogotzke, Kenneth H., DO</td>
<td>Weytheville</td>
<td>1190 Holston Rd Weytheville, VA 24382</td>
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<td>Brown, Joseph Alexander, MD</td>
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<td>1600 Johnston Memorial Drive Ste 304 Abingdon, VA 24211</td>
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<td>172 Linden Drive Suite 103 Winchester, VA 22601</td>
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<td>Aram, Ghazeleh, MD</td>
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<td>2616 Sherwood Hall Lane Suite 203 Alexandria, VA 22306</td>
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**Optima Direct Network Providers January 2019**

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OptimaHealth
Specialists - Tier 1

Danville

Aram, Ghazeleh, MD

Associates in Gastroenterology, PC
14010 Smoketown Rd Suite 117
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Novant Health UVa Health System Prince William Medical Center Sentara Northern Virginia Medical Center
Stafford Hospital Center

Brown, Michael C., MD

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Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center Sentara Northern Virginia Medical Center
Stafford Hospital Center

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Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center Sentara Northern Virginia Medical Center
Stafford Hospital Center

Marathe, Atul V., MD

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Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center Sentara Northern Virginia Medical Center
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Hospital Affiliations:
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Hospital Affiliations:
Novant Health UVa Health System Prince William Medical Center Sentara Northern Virginia Medical Center
Stafford Hospital Center


Danville

Broughton, Jr, Robert, MD

Children's Healthcare Center
201 South Main St Ste 2100
Danville, VA 24540
(434) 799-2111

Hospital Affiliations:
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Pandya, Bhushan, MD

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Danville, VA 24541
(434) 791-1152

Patel, Mukesh B., MD

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Danville, VA 24541
(434) 791-1152

Sherigar, Jagannath, MD

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Danville, VA 24541
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Shiflett, Douglas W, MD

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101 Holbrook Street
Danville, VA 24541
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Hospital Affiliations:
SOVAH Health - Danville


Emporia

Gilliam, Jr, Theopolis, MD

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Emporia, VA 23847

Hospital Affiliations:
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Allen Jr, Herbert Richard, MD

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Hospital Affiliations:
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Baig, Zahid I., MD

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Fishersville, VA 22939
(540) 221-7350

Hospital Affiliations:
Augusta Medical Center
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<td>Parker, Jr., Charles H., MD&lt;br&gt;Charles H Parker Jr MD PC&lt;br&gt;45 North Main Street&lt;br&gt;Halifax, VA 24558&lt;br&gt;(434) 476-1220</td>
<td>Sentara CarePlex Hospital</td>
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<td>Corbett, Robin L., MD&lt;br&gt;Hampton Roads Gastroenterology, PC&lt;br&gt;501 Medical Dr&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 826-3434</td>
<td>Sentara CarePlex Hospital</td>
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<td>Harrisonburg</td>
<td>Guarino, Paul, MD&lt;br&gt;Sentara RMH Medical Group, LLC&lt;br&gt;1871 Evelyn Byrd Avenue&lt;br&gt;Harrisonburg, VA 22801&lt;br&gt;(540) 434-0559</td>
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<td>Lansdowne</td>
<td>Khan, Nadeem A., MD&lt;br&gt;Digestive Disease Physicians&lt;br&gt;44055 Riverside Parkway Suite 220&lt;br&gt;Lansdowne, VA 20176&lt;br&gt;(703) 858-3060</td>
<td>Sentara CarePlex Hospital</td>
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<td>Lexington</td>
<td>Comerford, Lawrence W., MD&lt;br&gt;Augusta Health Gastroenterology&lt;br&gt;30 Greenhouse Rd&lt;br&gt;Lexington, VA 24450&lt;br&gt;(540) 464-3465</td>
<td>Sentara CarePlex Hospital</td>
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<td>Lynchburg</td>
<td>Clark, Larry E., MD&lt;br&gt;Gastroenterology Associates of Central VA Inc&lt;br&gt;121 Nationwide Drive Ste A&lt;br&gt;Lynchburg, VA 24502&lt;br&gt;(434) 384-1862</td>
<td>Sentara CarePlex Hospital</td>
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<tr>
<td>Manassas</td>
<td>Ahmed, Rizwan, MD&lt;br&gt;Gastroenterology Associates PC&lt;br&gt;8409 Ashton Ave Suite 212&lt;br&gt;Manassas, VA 20110&lt;br&gt;(703) 365-9085</td>
<td>Sentara CarePlex Hospital</td>
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<tr>
<td>Manassas</td>
<td>Aram, Ghazeleh, MD&lt;br&gt;Associates in Gastroenterology, PC&lt;br&gt;8409 Ashton Ave Suite 212&lt;br&gt;Manassas, VA 20110&lt;br&gt;(703) 365-6147</td>
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<td>Hampton Roads Gastroenterology, PC&lt;br&gt;501 Medical Dr&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 826-3434</td>
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<td>Harrisonburg</td>
<td>Landes, Timothy C, MD&lt;br&gt;Sentara RMH Medical Group, LLC&lt;br&gt;1871 Evelyn Byrd Avenue&lt;br&gt;Harrisonburg, VA 22801&lt;br&gt;(540) 564-5800</td>
<td>Sentara CarePlex Hospital</td>
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<td>Leesburg</td>
<td>Wasan, Sanjeev M., MD&lt;br&gt;Gastroenterology and Hepatology Center&lt;br&gt;19420 Golf Vista Place Suite 230&lt;br&gt;Lansdowne, VA 20176&lt;br&gt;(703) 724-4480</td>
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<td>Ma, Ann L., MD&lt;br&gt;Gastroenterology Associates PLLC&lt;br&gt;2 Cardinal Park Drive SE Suite 102 B&lt;br&gt;Leesburg, VA 20175&lt;br&gt;(703) 771-9001</td>
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<tr>
<td>Davis, Rufus C., MD</td>
<td>Gastrointestinal Specialists, Inc. 110 N Robinson St Ste 200 Richmond, VA 23230</td>
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| Sandhu, Bimaljit, MD | Richmond Gastroenterology Associates Inc. | 223 Wadsworth Drive Richmond, VA 23236  
(804) 560-9872  
Hospital Affiliations:  
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| Sobieski, Thomas, MD | Richmond Gastroenterology Associates Inc. | 223 Wadsworth Drive Richmond, VA 23236  
(804) 560-9864  
Hospital Affiliations:  
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| Lee, Hannah M, MD | VCU Health System/MCV                      | 417 N 11th St Richmond, VA 23229  
(804) 828-4060  
Hospital Affiliations:  
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| Lyons, Christopher, MD | Richmond Gastroenterology Associates Inc.  | 223 Wadsworth Dr Richmond, VA 23226  
(804) 560-9863  
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| Luketic, Velimir A.C., MD | VCU Health System/MCV                      | 417 N 11th St Richmond, VA 23229  
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| Manetos, Michael, MD | Richmond Gastroenterology Associates Inc. | 1010 N Thompson St Richmond, VA 23226  
(804) 560-9840  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
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| Matherly, Scott C, MD | Richmond Gastroenterology Associates Inc. | 1200 E Marshall St Richmond, VA 23226  
(804) 828-4060  
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VCU Health System/MCV  |
| Vachhani, Ravi, MD | MCV Associated Physicians (Gastroenterology) | 417 N 11th St Richmond, VA 23229  
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| Woogen, Scott D., MD | Richmond Gastroenterology Associates Inc. | 107 Wadsworth Drive Richmond, VA 23226  
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Specialists - Tier 1
Salem

Bern, Merritt Jonathan, MD
CARILION MEDICAL CENTER
1802 Braburn Dr.
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(540) 772-3600
Hospital Affiliations:
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Lewis-Gale Medical Center

Mercure, Kevin B., MD
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Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

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Smithfield

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Sentara Obici Hospital

Goldin, Norman Ross, MD
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Hospital Affiliations:
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Sentara Obici Hospital

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Smithfield, VA 23430
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

South Boston

Jayatilaka, Suresh G., MD
Southern Medical Associates, PC
2232 Wilborn Ave
South Boston, VA 24592
(434) 572-8196
Hospital Affiliations:
Halifax Regional Hospital

Parker, Jr., Charles H., MD
Halifax Gastroenterology
435 Main St
South Boston, VA 24592
(434) 572-1171

South Hill

Allen Jr, Herbert Richard, MD
Tri-County Gastroenterology
500 N Thomas St
South Hill, VA 23970
(434) 447-2300
Hospital Affiliations:
Augusta Medical Center
Sentara Obici Hospital
VCU Community Memorial Hospital

Stafford

Aram, Ghaeleh, MD
Associates in Gastroenterology, PC
385 Garrisonville Road Suite 205
Stafford, VA 22554
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Brown, Michael C., MD
Associates in Gastroenterology, PC
385 Garrisonville Road Suite 205
Stafford, VA 22554
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Daher, Ramsey, MD
Associates in Gastroenterology, PC
422 Garrisonville Rd Ste 109
Stafford, VA 22554
(540) 659-9359
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Suffolk

Duntemann, Thomas J., MD
Gastroenterology Consultants
2000 Meade Parkway
Suffolk, VA 23434
(757) 483-6100
Hospital Affiliations:
Bon Secours Maryview Medical Center

Damle, Anant S., MD
Gastroenterology Consultants
2000 Meade Parkway
Suffolk, VA 23434
(757) 483-6100
Hospital Affiliations:
Bon Secours Maryview Medical Center

Marathe, Atul V., MD
Associates in Gastroenterology, PC
385 Garrisonville Road Suite 205
Stafford, VA 22554
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Procaccino, Frank, MD
Associates in Gastroenterology, PC
422 Garrisonville Road Suite 109
Stafford, VA 22554
(540) 659-9359
Hospital Affiliations:
Virginia Hospital Center - Arlington

Thadani, Anisha, MD
Associates in Gastroenterology, PC
385 Garrisonville Road Suite 205
Stafford, VA 22554
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Young II, Benjamin E., MD
Associates in Gastroenterology, PC
422 Garrisonville Road Suite 109
Stafford, VA 22554
(540) 659-9359
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Specialists - Tier 1

2790 Godwin Blvd Ste 210
Suffolk, VA 23434
5839 Harbour View Blvd Suite 200
Suffolk, VA 23435
(757) 483-6100

Mahajan, Anshu, MD
Gastroenterology Consultants
5839 Harbour View Blvd Suite 200
Suffolk, VA 23435
(757) 483-6100

Hospital Affiliations:
Augusta Medical Center
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Berger, Keith E., MD
Center for Health and Cancer Prevention
1301 First Colonial Rd Ste 200A
Virginia Beach, VA 23454
(757) 412-4919

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Dandailides, Steven, MD
Gastroenterology Associates of Tidewater, PC
1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456
(757) 547-0798

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Goldin, Norman Ross, MD
Gastroenterology Consultants
2000 Meade Parkway
Suffolk, VA 23434
(757) 483-6100

Malik, Pramod, MD
Virginia Gastroenterology Institute PC
2790 Godwin Blvd Suite 205
Suffolk, VA 23434
(757) 942-2566

Hospital Affiliations:
Augusta Medical Center
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Southampton Memorial Hospital

Deshmukh, Suhas L., MD
Gastroenterology Consultants
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 965-7708

Hospital Affiliations:
Sentara Princess Anne Hospital

Iyer, Harish, MD
Gastroenterology Consultants
5839 Harbour View Blvd Suite 200
Suffolk, VA 23435
(757) 483-6100

Neumann, Daniel A., MD
Gastroenterology Consultants
2000 Meade Parkway
Suffolk, VA 23434
(757) 483-6100

Hospital Affiliations:
Augusta Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sentara Virginia Beach General Hospital

Infochek, Brent W., MD
Gastroenterology Consultants
1925 Glenn Mitchell Dr Suite 102
Virginia Beach, VA 23454
(757) 412-4919

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

King, Brian S., MD
Gastroenterology Consultants
5839 Harbour View Blvd
Suffolk, VA 23435
(757) 483-6100

Hospital Affiliations:
Augusta Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lawson, J. Mark, MD
Gastroenterology Consultants
2000 Meade Parkway
Suffolk, VA 23434
(757) 483-6100

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Virginia Beach

Arluk, Glen M., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817

Bell, III, Joseph Sumner, MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Geissinger, Brent W., MD
Gastroenterology Consultants
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 496-8898

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Janson, Jan A., MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Kauffman, Jeffrey Harris, MD
Gastroenterology Associates of Tidewater, PC
1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456
(757) 547-0798

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Makdisi, Walid F., MD
Gastroenterology Associates of Tidewater, PC
1950 Glenn Mitchell Dr Ste 208
Virginia Beach, VA 23456
(757) 547-0798

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Manohar, Ashan, MD
Gastroenterology Consultants
1925 Glenn Mitchell Dr Suite 102
Virginia Beach, VA 23456
(757) 464-1644

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Martin, Trent D., MD
Gastroenterology Consultants
1120 First Colonial Rd Ste 207
Virginia Beach, VA 23454
(757) 464-1644

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Prevention Center for Health and Cancer Control

Optima Direct Network Providers January 2019
Specialists - Tier 1

Pop, George, MD
Tidewater Gastroenterology PLLC
1101 First Colonial Rd Suite 400
Virginia Beach, VA 23454
(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Roh, James W., MD
Tidewater Gastroenterology PLLC
1101 First Colonial Rd Suite 300
Virginia Beach, VA 23454
(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Raymond, Patricia L., MD
Gastroenterology Consultants
1925 Glenn Mitchell Drive Suite 102
Virginia Beach, VA 23456
(757) 466-0165
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

Salcedo, Jacqueline, MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Warren, Kevin T., MD
Gastroenterology Associates
Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817
828 Healthy Way Suite 210
Virginia Beach, VA 23462
(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Yoselevitz, Sam, MD
Gastroenterology Associates of Tidewater, PC
1101 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Ahmed, Rizwan, MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital

Arnold, Paul O., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital

Baroni, Darren S., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Travers, Richard D., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Choi, Myung W., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Hartle, Richard J., MD
Tidewater Physicians Multi specialty Group, PC (TPMG)
5424 Discovery Park Suite 104
Williamsburg, VA 23188
(757) 206-1990
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Kim, Edward C., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Rahkra, Gursharan, MD
Colonial Gastroenterology Associates (GLST, PLLC)
400 Sentara Circle Ste 230
Williamsburg, VA 23188
(757) 534-7701
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Ahuja, Mohammad, MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Phatak, Nina, MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Shurberg, Jonathan L., MD
Gastroenterology Associates PC
402 Hospital Dr
Warrenton, VA 20186
(540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Winchester

Albuquerque, Mohammed, MD
VA Medical Center
Front Royal
200 Campus Blvd Ste 300
Warrenton, VA 20186
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Gardiner, James E., MD
Wine and Gastroenterology
190 Campus Blvd Suite 300
Winchester, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Kitchin, Llewellyn L., MD
Wine and Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Nemec, Richard L., MD
Wine and Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Sears, Richard J., MD
Wine and Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Shih, Grace L., MD
Wine and Gastroenterology
190 Campus Blvd Ste 300
Warrenton, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Snow, Nicholas D., MD
Wine and Gastroenterology
190 Campus Blvd Ste 300
Winchester, VA 22601
(540) 667-1244
Hospital Affiliations:
Winchester Medical Center

Waynesboro

Pou, Javier A, MD
Shenandoah Valley Gastroenterology Center PLLC
1305 13th Street Suite A 2
Waynesboro, VA 22980
(540) 246-5515
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Williamsburg

Daher, Ramsey, MD
Associates in Gastroenterology, PC
14001 Smoketown Road Suite 117
Woodbridge, VA 22192
(703) 380-0181
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Josovits, Kenneth N., MD
Associates in Gastroenterology, PC
2296 Opitz Blvd Ste 240
Woodbridge, VA 22191
(703) 380-0181
Hospital Affiliations:
Sentara Virginia Beach General Hospital

OptimaDirect Network Providers January 2019

Optima Health
### General Surgery

**Abingdon**

- **Armstrong, Paul Christian, MD**
  - Abingdon Surgical Associates
  - 16000 Johnston Memorial Drive
  - Suite 101
  - Abingdon, VA 24211
  - (276) 258-1777
- **Dorn, Matthew C., DO**
  - Abingdon Surgical Associates
  - 16000 Johnston Memorial Drive
  - Suite 101
  - Abingdon, VA 24211
  - (276) 258-1777
- **Cummins, William T., MD**
  - Abingdon Surgical Associates
  - 16000 Johnston Memorial Drive
  - Suite 101
  - Abingdon, VA 24211
  - (276) 258-1777
- **Hospital Affiliations:**
  - Johnston Memorial Hospital
  - Smyth County Community Hospital

**Alexandria**

- **Chowla, Arun, MD**
  - Center for Vein Restoration MD LLC
  - 2000 N Beauregard St Suite 310
  - Alexandria, VA 22311
  - (877) 345-7227
- **Harden III, Wesley R., MD**
  - Vein Clinics of America
  - 4900 Seminary Road Suite 100
  - Alexandria, VA 22311
  - (703) 879-0562
- **Hospital Affiliations:**
  - Inova Alexandria Hospital

**Bedford**

- **Ely III, Ralph, MD**
  - Centra Medical Group, LLC
  - 1615 Oakwood Street Suite B
  - Bedford, VA 24523
  - (540) 586-3089
- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - SOVAH Health - Danville
  - Hammond, Kerry, MD
  - Centra Medical Group, LLC
  - 1613 Oakwood Street
  - Bedford, VA 24523
  - (540) 586-3089
- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Lowe Jr, Eugene W., MD
  - Centra Medical Group, LLC
  - 1615 Oakwood Street Suite B
  - Bedford, VA 24523
  - (540) 587-3240
  - **Hospital Affiliations:**
  - Bedford Memorial Hospital
  - Centra Lynchburg General Hospital
  - Miller, Eric, DO
  - Centra Medical Group, LLC
  - 1615 Oakwood Street
  - Bedford, VA 24523
  - (540) 586-3089
  - **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Powers, Kinga A., MD
  - Centra Medical Group, LLC
  - 1615 Oakwood Street
  - Bedford, VA 24523
  - (540) 586-3089
  - **Hospital Affiliations:**
  - Bedford Memorial Hospital
  - Centra Lynchburg General Hospital
  - Slump, Andrew, MD
  - Carilion Surgical Care
  - 1613 Oakwood Street
  - Bedford, VA 24523
  - (540) 586-2441
  - **Hospital Affiliations:**
  - Bedford Memorial Hospital
  - Smith, Clifford L., MD
  - Centra Medical Group Bedford, LLC
  - 1615 Oakwood Street Suite B
  - Bedford, VA 24523
  - (540) 586-3089
  - **Hospital Affiliations:**
  - Bedford Memorial Hospital
  - Bon Secours Mary Immaculate Hospital
  - Centra Lynchburg General Hospital

**Kazemi, Ali F, MD**
- Associates in Gastroenterology, PC
- 14010 Smoketown Road Suite 117
- Woodbridge, VA 22192
- (703) 580-0181
- **Hospital Affiliations:**
  - Sentara Northern Virginia Medical Center
  - Stafford Hospital Center

**Vamadevan, Arunan, MD**
- Associates in Gastroenterology, PC
- 14010 Smoketown Road Suite 117
- Woodbridge, VA 22192
- (703) 580-0181
- **Hospital Affiliations:**
  - Sentara Northern Virginia Medical Center
  - Stafford Hospital Center

**Grover, Harish, MD**
- New River Gastroenterology Associates
- 1150 Holston Rd
- Wytheville, VA 24382
- (540) 382-9405
- **Hospital Affiliations:**
  - Carilion New River Valley Medical Center

**Kishore, Anand T., MD**
- New River Gastroenterology Associates
- 1150 Holston Rd
- Wytheville, VA 24382
- (540) 382-9405
- **Hospital Affiliations:**
  - Carilion New River Valley Medical Center

**Riel, Michael A., MD**
- Carilion New River Gastroenterology Associates
- 1150 Holston Rd
- Wytheville, VA 24382
- (540) 382-9405
- **Hospital Affiliations:**
  - Carilion New River Valley Medical Center

**Ringold, Mark A., MD**
- Carilion New River Gastroenterology Associates
- 1150 Holston Rd
- Wytheville, VA 24382
- (540) 382-9405
- **Hospital Affiliations:**
  - Carilion New River Valley Medical Center

**Weaks, Landon E., MD**
- Wythe County Physician Practices, LLC
- 590 W Ridge Rd Ste A
- Wytheville, VA 24382
- (276) 228-7948
- **Hospital Affiliations:**
  - Twin Regional Hospital
  - Wythe County Community Hospital

**Established in:**
- 2019
Bluefield
Barker, Frederick W., MD  
Surgical Care of the Virginias LLC  
100 B Westwood Commons  
Bluefield, VA 24605  
(276) 322-2322
101 Westwood Commons  
Bluefield, VA 24605  
(276) 322-2324

Carrolton
Glanville Miranda, Carlos J., MD  
Sentara Surgery Specialists (SMG)  
20209 Sentara Way Ste 200  
Carrolton, VA 23314  
(757) 934-2222
King, Brian Scott, MD  
Sentara Surgery Specialists (SMG)  
20209 Sentara Way Ste 200  
Carrolton, VA 23314  
(757) 934-2222
Hospital Affiliations:  
Sentara Obici Hospital

Charlottesville
Carl, III, John M., MD  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5230
Dengel, Lynn T., MD  
Virginia Breast Care, Inc.  
595 Martha Jefferson Dr Suite 320  
Charlottesville, VA 22911  
(434) 984-6121
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Medical Center
Ritter, Lane A., MD  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5260
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Medical Center
Spinelli, Nicholas, MD  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5260
Hospital Affiliations:  
Sentara Martha Jefferson Hospital
Stokes, Jayme B., MD  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5260
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Medical Center

Chesapeake
Berger, Jeffrey J., MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Boustany, Marc K., MD  
Sentara Comprehensive Weight Loss Solutions (SMG)  
213 Riverwalk Parkway Ste 101A  
Chesapeake, VA 23320
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Brown, Beryl S., MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Buchberg, Brian, MD  
Chesapeake Regional Medical Group (CRMG)  
113 Gainsborough Square Suite 401  
Chesapeake, VA 23320  
(757) 842-4499
Hospital Affiliations:  
Chesapeake Regional Medical Center
Carter, David Lance, MD  
Chesapeake Regional Medical Group (CRMG)  
112 Gainsborough Square Suite 100  
Chesapeake, VA 23320  
(252) 255-6113
844 Battlefield Blvd N Suite 100  
Chesapeake, VA 23320  
(252) 255-6113
Hospital Affiliations:  
Chesapeake Regional Medical Center
Goldstein, Leanelle, MD  
Sentara Surgery Specialists (SMG)  
612 Kingsborough Sq Ste 300A  
Chesapeake, VA 23320  
(757) 395-6381
Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Sentara Virginia Beach General Hospital
Ghaprial, Mohib, MD  
Mohib Ghaprial, MD  
110 C Wimbledon Sq  
Chesapeake, VA 23320  
(757) 436-3630
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Gelpi, Juan R., MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Virginia Beach General Hospital
Gleason, Robert J., MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Virginia Beach General Hospital
Gelsi, John D., MD  
Sentara Surgery Specialists (SMG)  
612 Kingsborough Sq Ste 300A  
Chesapeake, VA 23320  
(757) 395-6381
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Rahman, Ahmed A., MD  
Ahmed A. Rahman, MD PC  
112 Kingsborough Square  
Chesapeake, VA 23320
Repole, Stephanie Krup, MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 481-4424
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Riblet, Jeffrey L., MD  
Bon Secours Surgical Specialists  
4041 Taylor Road  
Chesapeake, VA 23321  
(757) 397-2383
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Ruiz, Antonio Jose, MD  
Chesapeake Regional Medical Group (CRMG)  
844 Battlefield Blvd N Suite 100  
Chesapeake, VA 23320  
(252) 255-6113
Hospital Affiliations:  
Sentara Alhambra Medical Center
Sims, Stephanie M, MD  
Bayview Physician Services, PC  
300 Medical Pkwy Suite 106  
Chesapeake, VA 23320  
(757) 410-0101
Hospital Affiliations:  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital
Specialists - Tier 1

Cloud, William G., MD
Piedmont Surgical Specialists
(Danville Physician Practices, LLC)
159 Executive Drive Ste B
Danville, VA 24541
(434) 792-5964

Hospital Affiliations:
Fauquier Hospital
SOVAH Health - Danville

Ely III, Ralph, MD
Piedmont Surgical Specialists
(Danville Physician Practices, LLC)
109 Bridge Street Suite 202
Danville, VA 24541
(434) 792-5964

Hospital Affiliations:
Centra Lynchburg General Hospital
SOVAH Health - Danville

Haigh, Aaron Q., DO
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(Danville Physician Practices, LLC)
159 Executive Drive Ste B
Danville, VA 24541
(434) 792-5964

Hospital Affiliations:
SOVAH Health - Danville

Honea, Robert H., MD
Southside Surgical Specialists, PC
159 Executive Drive Ste B
Danville, VA 24541
(434) 792-5964

Lahti, Gary, MD
Danville Surgical Center, Inc.
201 South Main St Ste 3300
Danville, VA 24541
(434) 792-7874

Manci, Tara, MD
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109 Bridge Street
Danville, VA 24541
(434) 792-5964

Hospital Affiliations:
SOVAH Health - Danville

Oates Jr, Thomas M, MD
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159 Executive Drive Ste B
Danville, VA 24541
(434) 792-5964

Hospital Affiliations:
SOVAH Health - Danville

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Hospital Affiliations:
SOVAH Health - Danville

Dublin

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4550 Lee Highway Suite C
Dublin, VA 24084
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Gray, Lisa Marie, DO
Surgical Associates of Southwest Virginia LLC
4550 Lee Highway Suite C
Dulles, VA 20166
(540) 980-9660

Hospital Affiliations:
Columbia Palasaki Community Hospital d/b/a LewisGale Palasaki

Dulles

Cook, James W., MD
Loudoun Surgical
24430 Stone Springs Boulevard
Suite 100
Dulles, VA 20166
(703) 858-3200

Hospital Affiliations:
Reston Hospital Center

Emporia

Akbari, Homayoon, MD
Southside Surgical Specialist
317 North Main Street
Emporia, VA 23847
(434) 336-1222
702 N Main Street
Emporia, VA 23847

Hospital Affiliations:
Southern Virginia Regional Medical Center
VCU Health System/MCV

Datta, Tejwant, MD
Southside Surgical Specialist
727 N Main St
Emporia, VA 23847

Hospital Affiliations:
Southside Regional Medical Center

Espino, Sasa-Grae, MD
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702 N Main Street
Emporia, VA 23847
(804) 520-6730
727 N Main Street
Emporia, VA 23847
(434) 348-4400

Hospital Affiliations:
Southside Regional Medical Center

Smith, Barton P., MD
SVRMCC-HBP, LLC
727 N Main Street
Emporia, VA 23847
(434) 348-4422

Hospital Affiliations:
Southside Regional Medical Center

Fairfax

Akbari, Stephanie R, MD
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8503 Arlington Blvd Suite 400
Fairfax, VA 22031
(703) 280-5390

Hospital Affiliations:
Virginia Hospital Center - Arlington

Chowla, Arun, MD
Center for Vein Restoration MD LLC
3700 Joseph Siewick Drive Suite 207
Fairfax, VA 22033
(877) 345-7227
8316 Arlington Blvd Suite 515
Fairfax, VA 22031
(877) 345-7227

Harden III, Wesley R., MD
Vein Clinics of America
11350 Random Hills Rd Ste 440
Fairfax, VA 22030
(703) 556-4488

Hospital Affiliations:
Inova Alexandria Hospital

Vargas, Hernan L, MD
Virginia Cancer Specialists, P.C.
3650 Joseph Siewick Dr Ste 200
Fairfax, VA 22030
(703) 280-3155

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital

Falls Church

Alshkaki, Ghiath, MD
Infinity Surgical Associates
6400 Arlington Blvd Suite 940
Falls Church, VA 22042
(703) 942-8770

Hospital Affiliations:
Inova Fairfax Hospital

Chandrasekharadharan, Benselvam, MD
Centra Medical Group, LLC
800 Oak Street
Farmville, VA 23901
(434) 315-2998

Hospital Affiliations:
Centra Southside Community Hospital

Huber, Kirsten L, MD
Centra Medical Group (Centra Health, Inc.)
800 Oak Street
Farmville, VA 23901
(434) 315-2998

Hospital Affiliations:
Centra Southside Community Hospital

Roland, Rodrigo, MD
Centra Medical Group, LLC
800 Oak Street
Farmville, VA 23901
(434) 315-2998

Fishersville

Andres, Mark T, MD
Augusta Health Surgery
70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7705

Hospital Affiliations:
Augusta Medical Center

Carmichael, Donald C, MD
Augusta Health Surgery
70 Medical Center Circle Suite 213
Fishersville, VA 22939
(540) 245-7705

70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7705

Hospital Affiliations:
Augusta Medical Center

Carter, Stephen, MD
Augusta Health Surgery
70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7705

Hospital Affiliations:
Augusta Medical Center

Dewolfe, Melissa A., DO
Augusta Health Surgery
70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7705

Hospital Affiliations:
Augusta Medical Center
Children's Hospital of the King's Daughters

McKibbin, William B., MD
Augusta Surgery
16 Ivy Ridge Ln Ste 130
Fishersville, VA 22939
(540) 332-5909

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Ranzini, Joseph L., MD
Augusta Health Wound Healing Clinic
78 Medical Center Drive
Fishersville, VA 22939
(540) 245-7230

Hospital Affiliations:
Augusta Medical Center

Thompson, William G., MD
Augusta Health Surgery
70 Medical Center Circle Suite 213
Fishersville, VA 22939
(540) 245-7705

70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7705

Hospital Affiliations:
Augusta Medical Center

Optima Direct Network Providers January 2019

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OptimaHealth
Turza, Kristin, MD  
Augusta Health Surgery  
70 Medical Center Cir Suite 307  
Fishersville, VA 22939  
(540) 245-7705  

Hospital Affiliations:  
Augusta Medical Center

Akbari, Homayoon, MD  
Southside Surgical Specialist  
102 Fairview Drive Suite A  
Franklin, VA 23851  
(434) 336-1222  

Hospital Affiliations:  
Southern Virginia Regional Medical Center  
VCU Health System/MCV

Hogg, Paul S., MD  
Franklin Clinic Corporation  
100 Fairview Drive  
Franklin, VA 23851  
(757) 569-6100  

Hospital Affiliations:  
Southampton Memorial Hospital  
Southern Virginia Regional Medical Center

Blanchard, Darlene, MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Earnhardt, Richard C., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Fortunato, Richard, DO  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

King, Bradford, MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Ritter, Lane A., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Ryan, Bradley C., MD  
Surgical Associates of Fredericksburg  
4548 Empire Court  
Fredericksburg, VA 22408  
(540) 373-2244  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Wicker, Jr., Henry S., MD  
Pratt Medical Center Ltd  
4701 Spotylvania Pkwy  
Fredericksburg, VA 22407  
(540) 834-5450  

Sentara Pratt Medical Group (SMG)  
4701 Spotylvania Pkwy  
Fredericksburg, VA 22407  
(540) 785-7810  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Front Royal

English, John, MD  
Valley Health General Surgery  
1077 Shenandoah Ave Suite A  
Front Royal, VA 22630  
(540) 635-1652  

Hospital Affiliations:  
Page Memorial Hospital Inc

Mason, Kenneth G., MD  
Valley Health General Surgery  
120 N Commerce Ave  
Front Royal, VA 22630  
(540) 635-0820  

Hospital Affiliations:  
Smyth County Community Hospital

Melvold, Robert C., MD  
Warren Surgical Associates  
1077 Shenandoah Ave Suite A  
Front Royal, VA 22630  
(540) 635-0780  

120 North Commerce Ave  
Front Royal, VA 22630  
(540) 635-0730  

Hospital Affiliations:  
Warren Memorial Hospital, Inc

Pulizzi, John S., MD  
Valley Health General Surgery  
1077 Shenandoah Ave Suite A  
Front Royal, VA 22630  
(540) 635-0820  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  

Hospital Affiliations:  
Shenandoah Memorial Hospital

Walter, Barbara J., MD  
Warren Surgical Associates  
1077 Shenandoah Ave Ste A  
Front Royal, VA 22630  
(540) 635-0780  

120 North Commerce Ave  
Front Royal, VA 22630  
(540) 635-0730  

Hospital Affiliations:  
Warren Surgical Associates

Barnwell-Grayson, Anne B, MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  

Hospital Affiliations:  
Carilion Giles Community Hospital

Boggs, Charles C., MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  

Hospital Affiliations:  
Twin County Regional Hospital

Jawhar, Mahmoud O., MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  

Hospital Affiliations:  
Twin County Regional Hospital

Peery, William W., MD  
Twin County Surgery  
225 Hospital Drive  
Galax, VA 24333  
(276) 236-6906  

Hospital Affiliations:  
Twin County Regional Hospital

Carter Jr, Richard F, MD  
Henrico Surgical Specialists, LLC  
4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus

Deal III, Clifford L., MD  
Henrico Surgical Specialists, LLC  
4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus

Hutcheson, Debra A., MD  
Henrico Surgical Specialists, LLC  
4480 Cox Road Suite 100  
Glen Allen, VA 23060  
(804) 285-9416  

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus

Cruff, Dennis M., MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Hoefer, Jr., Richard A., DO  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  

Hospital Affiliations:  
Sentara CarePlex Hospital

FitzHarris, Gregory P, MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
(804) 210-1083  

Hospital Affiliations:  
Sentara CarePlex Hospital

Moniz, Mark P, MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 200  
Gloucester, VA 23061  
5659 Parkway Dr Ste 210B  
Gloucester, VA 23061  

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Times, Terry D., MD  
Sentara Surgery Specialists (SMG)  
5659 Parkway Dr Ste 210A  
Gloucester, VA 23061  
5659 Parkway Dr Ste 210B  
Gloucester, VA 23061  

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center
<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td><strong>Gretna</strong></td>
<td></td>
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</tr>
<tr>
<td>Hoefer, Jr., Richard A., DO</td>
<td>(757) 827-2202</td>
<td>Hampton, VA 23666 4000 Coliseum Dr Ste 320</td>
</tr>
<tr>
<td>Guiglemetti Jr, John, MD</td>
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<tr>
<td>Cruff, Dennis M., MD</td>
<td>(757) 736-7280</td>
<td>Hampton, VA 23666 4000 Coliseum Dr Ste 320</td>
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<tr>
<td><strong>Grundy</strong></td>
<td></td>
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<tr>
<td>Patel, Jashbhai N., MD</td>
<td>(276) 935-1167</td>
<td>Hardy, VA 24101 35 Medical Ct</td>
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<tr>
<td><strong>Hampton</strong></td>
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<td>Buchanan General Hospital</td>
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<td><strong>Hardy</strong></td>
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<tr>
<td>Adkins, Farrell C., MD</td>
<td>(540) 224-5170</td>
<td>Harrisonburg, VA 22801 206 Health Campus Drive 2nd Floor</td>
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<tr>
<td><strong>Harrisonburg</strong></td>
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<tr>
<td>Fendley, Morris J., MD</td>
<td>(540) 689-5800</td>
<td>Harrisonburg, VA 22801 206 Health Campus Drive 2nd Floor</td>
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<tr>
<td><strong>Henrico</strong></td>
<td></td>
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<tr>
<td>Pettit, Richard J., MD</td>
<td>(804) 282-4940</td>
<td>Henrico, VA 23229 310 Madison Avenue Suite 300</td>
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<tr>
<td><strong>Herndon</strong></td>
<td></td>
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<tr>
<td>Chiantella, Virginia, MD</td>
<td>(703) 724-9474</td>
<td>Herndon, VA 20190 700 South Park Drive Suite 100</td>
</tr>
<tr>
<td><strong>Hopewell</strong></td>
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<tr>
<td>Datta, Tejwant, MD</td>
<td>(804) 520-6730</td>
<td>Hopewell, VA 22301 2000 Main Street Suite 200</td>
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<tr>
<td><strong>Haymarket</strong></td>
<td></td>
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<tr>
<td>Bartolozzi, Mark A., MD</td>
<td>(540) 689-5800</td>
<td>Haymarket, VA 22801 206 Health Campus Drive 2nd Floor</td>
</tr>
<tr>
<td><strong>Practitioner</strong></td>
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<td><strong>Provider</strong></td>
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</tbody>
</table>
**Specialists - Tier 1**

**Hot Springs**

McKibbin, William B., MD  
Bath Community Physicians Group  
106 Park Drive  
Hot Springs, VA 24445  
(540) 839-7000  

Hospital Affiliations:  
Augusta Medical Center  
Bath Community Hospital

Jackson, LaSandra, MD  
2019  
Optima Direct Network Providers January  
(276) 258-1777  

Hospital Affiliations:  
Johnston Memorial Hospital

Kerr, Jr., John M., MD  
Kilnarnock  
(804) 463-7108  

Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

**Lexington**

Beacham, Brian Lee, MD  
CARILION MEDICAL CENTER  
1 Health Circle  
Lexington, VA 24450  
(540) 458-3344  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Smith, David H., MD  
Carilion Medical Group  
1 Health Circle  
Lexington, VA 24450  
(540) 458-3344  

Hospital Affiliations:  
Johnston Memorial Hospital

Cross, Cecil Bernard, MD  
Surgical Specialists of Northern Virginia  
44055 Riverside Pkwy Suite 246  
Leesburg, VA 20176  
(703) 858-3200  

Hospital Affiliations:  
Reston Hospital Center

Coker, James W., MD  
Loudoun Surgical  
44055 Riverside Parkway Suite 246  
Leesburg, VA 20176  
(703) 858-3200  

Hospital Affiliations:  
Reston Hospital Center

Kris, Brita, MD  
Loudoun Surgical  
44055 Riverside Pkwy Ste 102  
Leesburg, VA 20176  
(703) 858-3131  

Hospital Affiliations:  
Augusta Medical Center

Lehr, Shannon, MD  
Surgical Specialists of Northern Virginia  
44055 Riverside Pkwy Suite 246  
Leesburg, VA 20176  
(703) 858-3200  

Hospital Affiliations:  
Children’s Hospital of the King’s Daughters

Madey, Virginia, MD  
Loudoun Surgical  
44055 Riverside Parkway Suite 246  
Leesburg, VA 20176  
(703) 858-3200  

Hospital Affiliations:  
Augusta Medical Center

Mountcastle, Timothy, MD  
Surgical Specialists of Northern Virginia  
44055 Riverside Pkwy Suite 246  
Leesburg, VA 20176  
(703) 858-3200  

Hospital Affiliations:  
Fairfax Hospital  
Reston Hospital Center

Maceda, Stephen, MD  
Augusta Health Surgery  
30 Greenhouse Rd  
Lexington, VA 24450  
(540) 464-3465  

Hospital Affiliations:  
Augusta Medical Center

Landon, Bruce A., MD  
CARILION MEDICAL CENTER  
1 Health Cir  
Lexington, VA 24450  
(540) 458-3344  

Hospital Affiliations:  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Luyimbazi, David T., MD  
VAH Health Care Alliance, PC  
200 Arh Lane  
Lorton, VA 22079  
(540) 662-6710  

Hospital Affiliations:  
Augusta College  
Augusta Health Surgery  
Augusta Medical Center

Lorton

Rudderow, John S., DO  
Virginia Health Care Alliance, PC  
200 Arh Lane  
Lorton, VA 22079  
(540) 662-6710  

Hospital Affiliations:  
Augusta College  
Augusta Health Surgery  
Augusta Medical Center

Luray

Gillian, George Kevin, MD  
Virginia Heartburn & Hernia Institute  
8988 Lorton Station Blvd Suite 202  
Lorton, VA 22079  
(703) 372-2280  

Hospital Affiliations:  
Augusta Medical Center

Low Moor

Fridley, Todd, DO  
Virginia Health Care Alliance, PC  
200 Arh Lane  
Lorton, VA 22079  
(540) 662-6710  

Hospital Affiliations:  
Augusta College  
Augusta Health Surgery  
Augusta Medical Center

Lynx

English, John, MD  
Valley Health Page Memorial Hospital  
125 Memorial Drive  
Luray, VA 22835  
(540) 743-2282  

Hospital Affiliations:  
Page Memorial Hospital Inc  
Warren Memorial Hospital Inc

Mason, Kenneth G., MD  
Valley Health General Surgery  
125 Memorial Drive  
Luray, VA 22835  
(540) 743-2282  

Hospital Affiliations:  
Smyth Community Hospital  
Smyth County Memorial Hospital

Palizzi, John S., MD  
Valley Health General Surgery  
125 Memorial Drive  
Luray, VA 22835  
(540) 743-2282  

Hospital Affiliations:  
Smyth County Memorial Hospital  
Smyth County Memorial Hospital  
Smyth County Memorial Hospital

Shenandoah Memorial Hospital

**Augusta Medical Center**

Augusta Medical Center  
2019  
Optima Direct Network Providers January
### Lynchburg

<table>
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<tr>
<th>Name</th>
<th>Specialties</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Alley, Joshua B, MD</td>
<td>Centra Medical Group, LLC 125 Nationwide Dr</td>
<td>1107A Brookdale St Marion, VA 24354</td>
<td>(276) 670-3300</td>
</tr>
<tr>
<td>Kang, Jeffrey, MD</td>
<td>Centra Medical Group, LLC 1191 Thomson Drive</td>
<td>1107A Brookdale St Marion, VA 24354</td>
<td>(276) 656-2103</td>
</tr>
</tbody>
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### Manassas

<table>
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<th>Name</th>
<th>Specialties</th>
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<tbody>
<tr>
<td>Bartolozi, Mark A., MD</td>
<td>NMG Affiliate Practice I, LLC 9001 Diggles Road Suite 204</td>
<td>Manassas, VA 24110</td>
<td>(703) 257-9234</td>
</tr>
</tbody>
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### Marion

<table>
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<tr>
<th>Name</th>
<th>Specialties</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Baquero, Ashley, MD</td>
<td>Carolina Vein Institute LLC 245 Medical Park Drive</td>
<td>Marion, VA 24354</td>
<td>(276) 378-1269</td>
</tr>
</tbody>
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### Martinsville

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialties</th>
<th>Address</th>
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<tbody>
<tr>
<td>Beacham, Brian Lee, MD</td>
<td>Carilion Healthcare Corporation 1205 Snider St</td>
<td>Martinsville, VA 24112</td>
<td>(276) 656-2103</td>
</tr>
<tr>
<td>Name</td>
<td>Position</td>
<td>Address 1</td>
<td>Address 2</td>
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<tr>
<td>Hutchins, Debra A., MD</td>
<td>Henrico Surgical Specialists, LLC</td>
<td>8239 Meadowbridge Road Suite D</td>
<td>Mechanicsville, VA 23116</td>
</tr>
<tr>
<td>Banerjee, Aman, MD</td>
<td>Surgical Associates of Richmond, Inc.</td>
<td>13460 Tredegra Lake Pkwy</td>
<td>Midlothian, VA 23114</td>
</tr>
<tr>
<td>Bautista, Eliseo A, MD</td>
<td>Bon Secours General Surgery at St. Mary's (BSVH)</td>
<td>13700 St Francis Blvd Suite 511</td>
<td>Midlothian, VA 23114</td>
</tr>
<tr>
<td>MacDougall, Michael J., MD</td>
<td>Surgical Specialists of Richmond</td>
<td>7575 Cold Harbor Road Ste E</td>
<td>Mechanicsville, VA 23111</td>
</tr>
<tr>
<td>Pellicane, Jr., James, MD</td>
<td>Virginia Breast Center-Bon Secours Medical Group</td>
<td>8220 Meadowgrove Road Suite 309 MOB I</td>
<td>Mechanicsville, VA 23116</td>
</tr>
<tr>
<td>Laughlin, Michael S., MD</td>
<td>Vascular Surgeons of Richmond, PC</td>
<td>8233 Meadowbridge Road</td>
<td>Mechanicsville, VA 23116</td>
</tr>
<tr>
<td>Daniels Jr, James R, MD</td>
<td>Bon Secours General Surgery at St. Francis</td>
<td>13700 St Francis Blvd Suite 511</td>
<td>Midlothian, VA 23114</td>
</tr>
<tr>
<td>Wood, Mark D., MD</td>
<td>MRMC Inpatient Surgical Specialists</td>
<td>7575 Cold Harbor Road Ste E</td>
<td>Mechanicsville, VA 23111</td>
</tr>
<tr>
<td>Stephens, Polly, MD</td>
<td>Bon Secours General Surgery at St. Francis</td>
<td>13700 St Francis Blvd Suite 511</td>
<td>Midlothian, VA 23114</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

White, Michael A, MD  
Bon Secours General Surgery at St. Francis  
13700 St Francis Blvd Suite 511  
Midlothian, VA 23114  
(804) 423-8467  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Wilson, Misti, MD  
Virginia Breast Center-Bon Secours Medical Group  
601 Watkins Centre Parkway Suite 200  
Midlothian, VA 23114  
(804) 594-3130  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Clark, Thomas W., MD  
Center for Weight Loss Success, P.C.  
645 J Clyde Morris Blvd  
Newport News, VA 23601  
(757) 973-1880  
Hospital Affiliations:  
Sentara CarePlex Hospital

Coleman, Lisa A., DO  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
860 Omni Blvd Ste 108  
Newport News, VA 23606  
(757) 874-1077  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
Hofer, Jr., Richard A., DO  
Sentara Surgery Specialists (SMG)  
11803 Jefferson Ave Ste 235  
Newport News, VA 23606  
(757) 594-1806  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
Hopson, Steven B, MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
860 Omni Blvd Ste 108  
Newport News, VA 23606  
(757) 874-1077  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
Jafri, Hameed, MD  
Sentara Surgery Specialists (SMG)  
11803 Jefferson Ave Ste 235  
Newport News, VA 23606  
(757) 947-3170  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital  
Kim, Gregory Y., MD  
Sentara Surgery Specialists (SMG)  
11803 Jefferson Ave Ste 235  
Newport News, VA 23606  
(757) 827-2202  
Hospital Affiliations:  
Sentara Obici Hospital  
Sentara Williamsburg Regional Medical Center  
Obiora, Chukwuemeka, MD  
Sentara Surgery Specialists (SMG)  
11803 Jefferson Ave Ste 235  
Newport News, VA 23606  
(757) 594-1806  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
O'Neil, Elizabeth A., MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
860 Omni Blvd Ste 108  
Newport News, VA 23606  
(757) 874-1077  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
Smith, Clifford L., MD  
Bon Secours Surgical Specialists @ MIH  
12720 McManus Blvd Suite 305  
Newport News, VA 23602  
(757) 947-3170  
Hospital Affiliations:  
Bedford Memorial Hospital  
Sentara Williamsburg Regional Medical Center  
Wilson, Anthony D., MD  
Bon Secours Surgical Specialists @ MIH  
12720 McManus Blvd Suite 311  
Newport News, VA 23602  
(757) 947-3170  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital  
Wilson, Jason Paul, MD  
Sentara Surgery Specialists (SMG)  
11803 Jefferson Ave Ste 235  
Newport News, VA 23606  
(757) 954-1806  
Hospital Affiliations:  
Sentara CarePlex Hospital

Norfolk

Adams, Gregory F., MD  
Bon Secours Surgical Specialists @ DMC  
155 Kingsley Lane Ste 405  
Norfolk, VA 23505  
(757) 278-2220  
885 Kempsville Rd Ste 320  
Norfolk, VA 23502  
(757) 955-2828  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Britt, Rebecca, MD  
EVMS Medical Group  
825 Fairfax Ave Ste 610  
Norfolk, VA 23507  
(757) 446-8960  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Brenn, Jason L., MD  
EVMS Medical Group  
825 Fairfax Ave Ste 610  
Norfolk, VA 23507  
(757) 446-8960  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Boustan, Mark K., MD  
Sentara Comprehensive Weight Loss Solutions (SMG)  
600 Gresham Drive Ste 8630A  
Norfolk, VA 23507  
6160 Kempsville Cir Ste 101B  
Norfolk, VA 23502  
6333 Center Drive Building 16  
Norfolk, VA 23502  
(757) 252-9500  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Britt, L. D., MD  
Evans Medical Group  
825 Fairfax Ave Ste 610  
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Buzuluk, Aaron David, MD  
Sentara Surgery Specialists (SMG)  
880 Kempsville Road Ste 100  
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(757) 261-5000  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Hammond, Kelly, MD  
Centra Medical Group, LLC  
4830 Rucker Road  
Moneta, VA 24121  
(540) 297-7181  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Lowe, Eugene W., MD  
Sentara Medical Group, LLC  
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Moneta, VA 24121  
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Hospital Affiliations:  
Bedford Memorial Hospital  
Centra Lynchburg General Hospital

New Market

Pulizzi, John S, MD  
Valley Health General Surgery  
9166 North Congress St  
New Market, VA 22844  
Hospital Affiliations:  
Shenandoah Memorial Hospital

Newport News

Clark, Susan C., MD  
Bon Secours Surgical Specialists @ MIH  
12720 McManus Blvd Ste 311  
Newport News, VA 23602  
(757) 947-3170  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital

Burgess, Jessica R., MD  
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825 Fairfax Ave Ste 610  
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Carman, Claire, MD
Breast Care Specialists, PC
5900 Lake Wright Dr Ste 201
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(757) 622-8032

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Collins, Jimmie N., MD
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825 Fairfax Ave Ste 610
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(757) 446-8960

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

DeMaria, Eric J., MD
Sentara Norfolk General Hospital
Sentara Leigh Hospital
Sentara Virginia Beach General Hospital
Sentara Princess Anne Hospital
Centra Health Sentara CarePlex Hospital
880 Kempsville Road Ste 1000
Norfolk, VA 23502
(757) 261-5000

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

DeMaria, Eric J., MD
Sentara Norfolk General Hospital
Sentara Leigh Hospital
Sentara Virginia Beach General Hospital
Sentara Princess Anne Hospital
Centra Health Sentara CarePlex Hospital
880 Kempsville Road Ste 1000
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(757) 261-5000

Hospital Affiliations:
Sentara Leigh Hospital
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Hospital Affiliations:
Sentara Leigh Hospital
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Fontana, Mark Ambrose, MD
Sentara Comprehensive Weight Loss Solutions (SMG)
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(757) 668-7703

Hospital Affiliations:
Children's Hospital of the King's Daughters

Gould, Randolph J., MD
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Hospital Affiliations:
Sentara Leigh Hospital
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Hughes, Marybeth S., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ives, Charles E., MD
Bon Secours Surgical Specialists @ DMC
155 Kingsley Lane Ste 405
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(757) 278-2220

Hospital Affiliations:
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Sentara Norfolk General Hospital

Jensen, Shane D, MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Jones, Jr., Kendall C., MD
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

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McCollough, Timothy J., MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Pinckens, Cedric, MD
Cedric Pinckens, MD
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Hospital Affiliations:
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Sentara Leigh Hospital
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Polk, Travis M., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

Schneider, James J., MD
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Norfolk, VA 23502
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Shah, Rakesh M., MD
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Hospital Affiliations:
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Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers January 2019
314
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<tr>
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<td>355 Crawford St Ste 102</td>
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<td>(540) 980-9141</td>
<td>(276) 596-8764</td>
<td>(804) 225-7364</td>
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<td>Bon Secours Hospital - Forrest Campus</td>
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<td>(540) 980-9660</td>
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<td>Hospital Affiliations:</td>
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<td>5855 Bremo Road Ste 406</td>
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<td>Richmond, VA 23226</td>
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<td>(804) 825-9416</td>
<td>Henshaw, Jolene, MD</td>
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</table>

**Optima Direct Network Providers January 2019**
<table>
<thead>
<tr>
<th>Richmond</th>
</tr>
</thead>
</table>
| **Cohen, Dennis S., MD**  
Bon Secours General Surgery at St. Marys  
1510 North 28th Street Ste 301  
Richmond, VA 23223  
(804) 225-7364 |
| **Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital |

8921 Three Chopt Road  
Richmond, VA 23220  
(804) 285-9416

**Hospital Affiliations:**  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus

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5855 Bremo Road Ste 506  
Richmond, VA 23226  
(804) 893-8676

**Hospital Affiliations:**  
Bon Secours Maryview Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

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Richmond, VA 23235  
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**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

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(804) 827-1207

**Hospital Affiliations:**  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Ghaemmaghami, Paul A, MD  
Paul A Ghaemmaghami MD PC  
5855 Bremo Rd Ste 101  
Richmond, VA 23226  
(804) 673-0080

**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Hutchins, Debra A., MD  
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1051 Johnston Willis Drive Ste 200  
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**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Jayaraman, Sudha, MD  
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**Hospital Affiliations:**  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

Karch Jr., Joseph, MD  
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Richmond, VA 23226  
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**Hospital Affiliations:**  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Optima Direct Network Providers January 2019 317

OptimaHealth
Specialists - Tier 1

Carilion Surgical Care Roanoke
213 McClanahan Ste 404
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Hagy, John A, MD
CARILION MEDICAL CENTER
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Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Rappahannock General Hospital

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LeBlanc, Nicholas D., MD
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Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Rudderow, John S., DO
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213 McClanahan Ste 404
Roanoke, VA 24014
(540) 345-1561

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

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CRMH Assistant Surgery
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Roanoke, VA 24014
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Hospital Affiliations:
Bedford Memorial Hospital

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(540) 224-5170

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Roanoke, VA 24013
(540) 224-6780

1906 Belleview Avenue
Roanoke, VA 24016
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Carilion Faculty Surgery

Pasley, William H., MD
W. Hampton Pasley, MD, PLC
4461 Starkey Rd Ste 101
Roanoke, VA 24018
(540) 772-2971

Hospital Affiliations:
Lewis-Gale Medical Center

Ruddershaw, John S., DO
CARILION MEDICAL CENTER
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

3 Riverside Circle
Roanoke, VA 24014
(540) 224-5170

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Salzberg, Arnold D., MD
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000

1906 Belleview Avenue
Roanoke, VA 24016
(540) 981-7000

Wattsman, Terri-Ann, MD
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000

Roanoke, VA 24014
(540) 224-5170

Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Slew, Andrew, MD
Carilion Surgical Care Clinic
101 Elm Avenue
Roanoke, VA 24013
(540) 224-4325

Carilion Surgical Care-Faculty Physicians
101 Elm Street
Roanoke, VA 24013
(540) 224-6780

1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

3 Riverside Cir
Roanoke, VA 24016
(540) 224-5170

Roanoke, VA 24014
(540) 981-7000

Roanoke, VA 24014
(540) 224-5170

Roanoke, VA 24017
(540) 772-7450

Roanoke, VA 24016
(540) 981-7000

Roanoke, VA 24014
(540) 224-7374

Roanoke, VA 24016
(540) 981-7000

Roanoke, VA 24014
(540) 224-6780

Roanoke, VA 24016
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Roanoke, VA 24016
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Roanoke, VA 24016
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Roanoke, VA 24016
(540) 981-7000

Roanoke, VA 24016
(540) 981-7000

Roanoke, VA 24016
(540) 981-7000

Roanoke, VA 24016
(540) 981-7000
Rocky Mount

Adkins, Farrell C., MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)
- Carilion Roanoke Memorial Hospital

Barrett, Christine E., MD
Christine E. Barrett Surgical Clinic
70 North Main Street
Rocky Mount, VA 24151
(540) 483-9017

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)
- Carilion Roanoke Memorial Hospital

Beacham, Brian Lee, MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Bower, Curtis Edward, MD
Carilion Faculty Surgery
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)
- Carilion Clinics Home Care (Carilion Tazewell Community Hospital)
- Carilion Clinics Community Hospital
- Carilion Clinics New River Valley Medical Center
- Carilion Clinics Roanoke Community Hospital
- Carilion Clinics Roanoke Memorial Hospital
- Carilion Clinics Stonewall Jackson Hospital

Hagy, John A, MD
Carilion Healthcare Corporation
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)

Hays, Charles, MD
Carillon General Surgery
230 S Main Street
Rocky Mount, VA 24151
(540) 489-4541
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)

LeBlanc, Nicholas D., MD
CARILION MEDICAL CENTER
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Home Care (Carilion Franklin Memorial Hospital)
- Carilion Clinics Roanoke Community Hospital
- Carilion Clinics Roanoke Memorial Hospital

Long, Bruce A., MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277
390 S Main St Suite 302
Rocky Mount, VA 24151
(540) 224-5170

Hospital Affiliations:
- Carilion Clinics Community Hospital
- Carilion Clinics Roanoke Memorial Hospital

Tershak, Daniel R., MD
Carilion Surgical Care-Faculty Physicians
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277

Hospital Affiliations:
- Carilion Clinics Stonewall Jackson Hospital

Williams, Sharon Letita, MD
CARILION MEDICAL CENTER
180 Floyd Ave
Rocky Mount, VA 24151
(540) 483-5277

Hospital Affiliations:
- Carilion Clinics Franklin Memorial Hospital
- Carilion Clinics Giles Community Hospital
- Carilion Clinics New River Valley Medical Center
- Carilion Clinics Roanoke Memorial Hospital

Baraki, Yaqub M., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3620

Hospital Affiliations:
- Lewis-Gale Medical Center

Demph, Dominique, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3620

Hospital Affiliations:
- Lewis-Gale Medical Center

Ellis, Madge E., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3008

Hospital Affiliations:
- Lewis-Gale Medical Center

Khuri, Nadeem E., MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3008

Hospital Affiliations:
- Lewis-Gale Medical Center

Rigoni, Jason A, DO
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3620

Hospital Affiliations:
- Lewis-Gale Medical Center
### South Boston

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<th>Affiliations</th>
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<tbody>
<tr>
<td>Alrefai, Sameer, MD</td>
<td>Sentara Halifax General Surgery</td>
<td>Hospital Affiliations:</td>
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<td>Bajwa, Gurvem, MD</td>
<td>Surgical Associates of South Boston Inc</td>
<td>Hospital Affiliations:</td>
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<td>Helm, Michelle Wilkens, MD</td>
<td>Sentara Halifax General Surgery</td>
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<td>Pugh, Lovetta, MD</td>
<td>Sentara Halifax General Surgery</td>
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<td>Purvis, Edward S., MD</td>
<td>Sentara Halifax General Surgery</td>
<td>Hospital Affiliations:</td>
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### Suffolk

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<th>Name</th>
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<tr>
<td>Adams, Gregory F., MD</td>
<td>Bon Secours Surgical Specialists</td>
<td>Hospital Affiliations:</td>
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<td>Barrett, Elizabeth Z., MD</td>
<td>Bon Secours Surgical Specialists</td>
<td>Hospital Affiliations:</td>
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<td>Britt, L. D., MD</td>
<td>EVMS Medical Group</td>
<td>Hospital Affiliations:</td>
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<td>Farfourn, Alireza, MD</td>
<td>Chesapeake Regional Medical Group</td>
<td>Hospital Affiliations:</td>
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<tr>
<td>Fitzharris, Gregory P., MD</td>
<td>Sentara Surgery Specialists</td>
<td>Hospital Affiliations:</td>
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<td>Hogg, Paul S., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Hogg, Paul S., MD</td>
<td>Bayview Physician Services, PC</td>
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<td>Johnston, Michael G., MD</td>
<td>Sentara Surgery Specialists</td>
<td>Hospital Affiliations:</td>
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### South Hill

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<th>Name</th>
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<tr>
<td>Tozzi, Michael J., DO</td>
<td>CMH Physicians Services, LLC</td>
<td>Hospital Affiliations:</td>
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<td>Zhang, Yi Wei, MD</td>
<td>CMH Physicians Services, LLC</td>
<td>Hospital Affiliations:</td>
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</tbody>
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**Optima Direct Network Providers January 2019**

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**OptimaHealth**

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Specialists - Tier 1

Repolle, Stephanie Krup, MD  
Bon Secours Surgical Specialists @ DMC  
5838 Harbour View Blvd Suite 240  
Suffolk, VA 23435  
(757) 278-2220

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Riblet, Jeffrey L., MD  
Bon Secours Surgical Specialists  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 483-3030

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Spencer, David, DO  
Bon Secours Surgical Specialists  
2790 Godwin Blvd Ste 210  
Suffolk, VA 23434  
(757) 483-3030

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Youssef, Yassar, MD  
Bon Secours Surgical Specialists  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 541-1950

Chesapeake Regional Medical Group (CRMG)  
4868 Bridge Rd  
Suffolk, VA 23435  
(757) 483-7105

Hospital Affiliations:  
Chesapeake Regional Medical Center

Youssef, Yassar, MD  
Bon Secours Surgical Specialists @ DMC  
5838 Harbour View Blvd Ste 240  
Suffolk, VA 23435  
(757) 889-6830

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center

Tappahannock

Bosher, Linwood Paul, MD  
Vascular Surgery Associates of Richmond, PC  
1396 Tappahannock Blvd Ste B  
Tappahannock, VA 22560  
(804) 443-9308

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Gogia, Amit, MD  
Surgical Specialists of Richmond  
1396-B Tappahannock Blvd  
Tappahannock, VA 22560  
(804) 559-0194

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Tazewell

Chan, Oscar, MD  
Carillon Clinic Home Care  
(Carillon Tazewell Community Hospital)  
141 Ben Bolt Avenue  
Tazewell, VA 24651  
(276) 979-3007

Hospital Affiliations:  
Carillon Clinic Home Care  
(Carillon Tazewell Community Hospital)

Vienna

Harden III, Wesley R., MD  
Vein Clinics of America  
1500 Comerside Blvd Ste 300  
Vienna, VA 22182  
(703) 356-1010

Hospital Affiliations:  
Inova Alexandria Hospital

Virginia Beach

Adams, Gregory F., MD  
Bon Secours Surgical Specialists @ DMC  
1232 Perimeter Pkwy Ste 101  
Virginia Beach, VA 23454  
(757) 425-8590

4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830

828 Healthy Way Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital

Berger, Jeffrey J., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital

Brown, Beryl S., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Dalton, Joseph M., MD  
Virginia Beach Surgery Ltd  
1020 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Enderson, III, Laurence, MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 481-2313

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Fontana, Mark Ambrose, MD  
Sanford Physicians  
1590 Glenn Mitchell Dr Ste 208  
Virginia Beach, VA 23456

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Felberti, Eric C., MD  
EVMS Medical Group  
1950 Glenn Mitchell Dr Ste 208  
Virginia Beach, VA 23456

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Gelpi, Juan R., MD  
Bayview Physician Services, PC  
1120 First Colonial Rd Suite 203  
Virginia Beach, VA 23454  
(757) 481-4424

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Goldstein, Leannelle, MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Ives, Charles E., MD  
Bon Secours Surgical Specialists @ DMC  
1232 Perimeter Pkwy Ste 101  
Virginia Beach, VA 23454  
(757) 425-8590

4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830

828 Healthy Way Ste 200  
Virginia Beach, VA 23454  
(757) 309-4715

Jenkins, Donald D., MD  
Sentara Surgery Specialists (SMG)  
1080 First Colonial Rd Ste 200  
Virginia Beach, VA 23454  
(757) 395-6070

2075 Glenn Mitchell Dr Ste 512  
Virginia Beach, VA 23456  
(757) 507-8850

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

McDermott, Joseph P., MD  
Virginia Beach Surgery Ltd  
1020 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 481-2313

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Mohorn, Rikka, MD  
Virginia Beach Surgery Ltd  
1020 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 481-2313

Moscocco, Ricardo, MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
816 Independence Boulevard Ste 3L  
Virginia Beach, VA 23455  
(757) 233-2438

O'Grady, Martin, MD  
Virginia Beach Surgery Ltd  
1020 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 481-2313

Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Sentara Virginia Beach General Hospital

Optima Direct Network Providers January 2019 323
Weireter, Leonard, MD  
EVMS Medical Group  
1950 Glenn Mitchell Dr Ste 208  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Youssef, Yassar, MD  
Bon Secours Surgical Specialists (SMG) @ DMC  
1232 Perimeter Parkway Ste 101  
Virginia Beach, VA 23454  
(757) 889-6830  
4421 Virginia Beach Blvd Ste 114  
Virginia Beach, VA 23462  
(757) 889-6830  
828 Healthy Way Ste 220  
Virginia Beach, VA 23462  
(757) 889-6830  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center

Rizzo, Daniel J., DO  
Sentara Surgery Specialists (SMG)  
500 Sentara Cir Ste 200  
Williamsburg, VA 23188  
(757) 984-9850  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Schneider, James J., MD  
Sentara Surgery Specialists (SMG)  
500 Sentara Cir Ste 200  
Williamsburg, VA 23188  
(757) 984-9850  
Hospital Affiliations:  
Sentara Albermarle Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Williamsburg Regional Medical Center  
Soares, Jr, Robert L., MD  
Sentara Surgery Specialists (SMG)  
500 Sentara Circle Ste 202  
Williamsburg, VA 23188  
(757) 984-9850  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Testa, Joseph E., DO  
Sentara Surgery Specialists (SMG)  
500 Sentara Cir Ste 200  
Williamsburg, VA 23188  
(757) 984-9850  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Times, Terry L., MD  
Sentara Surgery Specialists (SMG)  
500 Sentara Cir Ste 200  
Williamsburg, VA 23188  
(757) 984-9850  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  

Winchester

Bowers, Jr., Timothy, MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst St  
Winchester, VA 22601  
(540) 536-1241  
Timothy K. Bowers, Jr., MD  
172 Linden Drive Ste 105  
Winchester, VA 22601  
(540) 723-8778  
WMC Access Program  
1870 Amherst Street Suite 100  
Winchester, VA 22601  
(540) 536-0110  
Hospital Affiliations:  
Winchester Medical Center  

Flaherty, Devon, DO  
Valley Health Surgical Oncology  
400 Campus Blvd Suite 210  
Winchester, VA 22601  
(540) 536-3470  
Hospital Affiliations:  
Winchester Medical Center  

Gibson, Thomas, MD  
Winchester Surgical Clinic  
20 South Stewart Street  
Winchester, VA 22601  
(540) 536-0130  
WMC Access Program  
1870 Amherst Street Suite 100  
Winchester, VA 22601  
(540) 536-0110  
Hospital Affiliations:  
Winchester Medical Center  

Optima Direct Network Providers January 2019  
324  

Optima Health
Wytheville

Mason, Kenneth G., MD
Valley Health General Surgery
103 West South Street
Woodstock, VA 22664
(540) 459-1330

Valley Health Shenandoah Memorial Hospital
759 S Main Street
Woodstock, VA 22664
(540) 459-1330

Hospital Affiliations:
Smyth County Community Hospital

Posadas, Jorge L., MD
Winchester Surgical Clinic
759 South Main Street
Woodstock, VA 22664
(540) 459-1100

Hospital Affiliations:
Winchester Medical Center

Pullizzi, John S, MD
Valley Health Shenandoah Memorial Hospital
590 West Ridge Road Suite A
Wytheville, VA 24382
(540) 459-1330

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Downing, Christopher L., DO
Forest General Surgery
1787 West Lee Hwy Suite 3
Wytheville, VA 24382
(276) 228-1050

Hospital Affiliations:
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski Wythe County Community Hospital

Downing, LaMiere Joseph, MD
Carilion Healthcare Corporation
1150 Holston Rd
Wytheville, VA 24382
(540) 731-7600

Hospital Affiliations:
Carilion New River Valley Medical Center

Zwanch, James C., DO
Wythe County Physician Practices, LLC
590 West Ridge Road Suite A
Wytheville, VA 24382
(276) 228-4440

Norfolk

Vergano, Samantha, MD
Children’s Specialty Group PLLC
601 Children Ln (Genetics)
Norfolk, VA 23507
(757) 668-9723

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Richmond

Bodurtha, Joanne N., MD
Children’s Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7414

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VCU Health System/MCV

Lewandowski, Raymond, MD
MCV Associated Physicians (Genetics)
1300 E Marshall Street
Richmond, VA 23298
(804) 828-9632

Hospital Affiliations:
Virginia Cancer Specialists - Tier 1

Hampton

Dedmond, Daynelle M, MD
Center for Women’s Health (M4WC)
101 Eaton St Ste 300
Hampton, VA 23669
(757) 874-2229

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Mechanicsville

Carter, Jori, MD
Central Virginia Gynecologic Oncology
8266 After Road MOBII Suite 322
Mechanicsville, VA 23116
(804) 323-5040

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
VCU Health System/MCV

Newport News

Dedmond, Daynelle M, MD
Bon Secours Gynecologic Oncology Specialists
12720 McManus Blvd Ste 308
Newport News, VA 23602
(757) 947-3840

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Norfolk

McCollum, Michael E., MD
Virginia Oncology Associates
1051 Lois Boulevard Suite 100
Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Squarrito, Robert C., MD
Virginia Oncology Associates
1051 Lois Boulevard Suite 100
Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Squarrito, Robert C., MD  
Virginia Oncology Associates  
5900 Lake Wright Drive  
Norfolk, VA 23502  
(757) 466-8683

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours Norfolk General Hospital  
Sentara CarePlex Hospital  
Sentara Virginia Beach General Hospital

Carter, Jori, MD  
Central Virginia Gynecologic Oncology  
1401 Johnston Willis Drive Suite 1100  
Richmond, VA 23235  
(804) 323-5040

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital - Forest Campus  
Henrico Doctors' Hospital - Forest Campus  
Central Virginia Gynecologic Oncology

West, Randall J, MD  
Central Virginia Gynecologic Oncology  
1401 Johnston Willis Drive Suite 1100  
North Chesterfield, VA 23235  
(804) 323-5040

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital - Forest Campus  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Ford, Tyler, MD  
Virginia Gynecologic Oncology  
7607 Forest Avenue Suite 200  
Richmond, VA 23229  
(804) 200-7062

Hospital Affiliations:  
Henrico Doctors' Hospital - Forest Campus  
Virginia Gynecologic Oncology

Hyde, Johnny, MD  
Commonwealth Gynecologic Oncology  
5875 Bremo Road Suite G7  
Richmond, VA 23226  
(804) 288-8900

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Richmond Community Hospital  
Central Virginia Gynecologic Oncology  
Commonwealth Gynecologic Oncology

Jones, III, Charles M., MD  
Commonwealth Gynecologic Oncology  
5875 Bremo Road Suite G7  
Richmond, VA 23226  
(804) 288-8900

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Commonwealth Gynecologic Oncology

Sullman, Stephanie A, MD  
VCU Associated Physicians (Gynecologic/Oncology)  
1300 E Marshall Street  
Richmond, VA 23299  
(804) 828-9080

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Bon Secours Richmond Community Hospital  
Henrico Doctors' Hospital - Forest Campus  
VCU Health System/MCV

Temkin, Sarah M, MD  
MVC Associated Physicians (Gynecologic/Oncology)  
401 N 11th Street  
Richmond, VA 23219  
(804) 828-4409

Hospital Affiliations:  
VCU Health System/MCV  
VCU Health System/MCV

Valea, Fidel A., MD  
CARLION MEDICAL CENTER  
1 Riverside Circle Suite 300 M  
Roanoke, VA 24016  
(540) 581-0160

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Virginia Beach

Rogers, Stacey J., MD  
Virginia Oncology Associates  
1950 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital

Williamsburg

Suffolk

McCann, Christopher K, DO  
Bon Secours Oncology Specialists (Maryview Hospital)  
7185 Harbour Towne Pkwy Suite 108  
Suffolk, VA 23435  
(757) 947-3840

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Bon Secours Maryview Medical Center

Charlottesville

Mandell, Elizabeth H., MD  
Elizabet Mandell, MD, PLC  
325 Four Leaf Lane Ste 11-B  
Charlottesville, VA 22903  
(434) 249-1613

Stadler, Sarah S., MD  
Sarah Stadler MD  
914 East Jefferson Street G2  
Charlottesville, VA 22902  
(434) 296-9600

Chesapeake

Leao, Zenette, MD  
Gynecology Specialists, PLC (MAWC)  
516 Innovation Dr Ste 305  
Chesapeake, VA 23320  
(757) 312-8221

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Chesapeake Regional Medical Center

Gynecology Only

Richmond

Carter, Jori, MD  
MVC Associated Physicians (Gynecologic/Oncology)  
1300 E Marshall Street  
Richmond, VA 23299  
(804) 828-9080

Hospital Affiliations:  
MVC Associated Physicians (Gynecologic/Oncology)  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Roanoke

Glaser, Gretchen Elizabeth, MD  
Carilion Faculty Phys  
1 Riverside Circle Suite 300M  
Roanoke, VA 24016  
(540) 581-0160

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Roanoke Memorial Hospital
Hackenberg, Virginia, MD
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516 Innovation Dr Ste 305
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(757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

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516 Innovation Dr Ste 305
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(757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Smith, Pamela B., MD
Pamela Smith, MD, PC
516 Innovation Dr Ste 305
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(757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Long, Linda M., MD
Gynecology Specialists, PLC (MAWC)
516 Innovation Dr Ste 305
Chesapeake, VA 23320
(757) 312-8221
Hospital Affiliations:
Chesapeake Regional Medical Center

Leesburg

Hackenberg, Virginia, MD
Gynecology Specialists, PLC (MAWC)
19465 Deerfield Ave Suite 205
Leesburg, VA 20176
(703) 828-2811

Lynchburg

Dabney, Lewis P, MD
Lynchburg Gynecology PC
2728 Old Forest Road
Lynchburg, VA 24501
(434) 385-7818
Hospital Affiliations:
Centra Lynchburg General Hospital

Tomkins, Matthew J., MD
Lynchburg Gynecology PC
2728 Old Forest Road
Lynchburg, VA 24501
(434) 385-7818
Hospital Affiliations:
Centra Lynchburg General Hospital

Dausch, Susan M., MD
West End Obstetrics and Gynecology
7601 Forest Avenue Ste 100
Richmond, VA 23229
(804) 282-9479
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
VCU Health System/VCU

Mechanicsville

Rowe, Bruce, MD
The Virginia Urology Center
8228 Meadowbridge Rd
Mechanicsville, VA 23116
(804) 730-5023
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Rowe, Bruce, MD
The Virginia Urology Center
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Norfolk

Wolcott, Hugh Dixon, MD
WomanCare Centers, PLC (MAWC)
100 Kingsley Lane Suite 200
Norfolk, VA 23505
(757) 451-0929
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Guerrero, Nathan L., MD
The Female Pelvic Medicine Institute of Virginia
1401 Johnston Willis Drive Suite 1100
Richmond, VA 23235
(804) 523-2533
Hospital Affiliations:
Women’s Hospital of the Virginia Urology Center

Fisher’sville

Flather, Margaret D, MD
Medical Center Women’s Health, Inc.
70 Medical Center Cir Ste 202
Fisher’sville, VA 22939
(540) 245-7007
Hospital Affiliations:
Augusta Medical Center

Richmond

Borzelleca, Joseph F., MD
MCV Associated Physicians (OB/GYN)
401 N 11th St
Richmond, VA 23298
(804) 828-9720
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
VCU Health System/VCU

Buettner, Karin W., MD
Virginia Women’s Center Inc
12129 Graham Meadows Drive
Richmond, VA 23233
(804) 288-4084
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital

Gustafson, Mark, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3520

Suffolk

Fedele, Diana C., MD
Genis Women’s Care, PC
2790 Godwin Blvd Ste 375
Suffolk, VA 23434
(757) 923-4500
Hospital Affiliations:
Sentara Obici Hospital

Virginia Beach

Elstein, Morris M., MD
Coastal Obstetrics & Gynecology
1744 Sir William Osler Dr
Virginia Beach, VA 23455
(757) 481-4036
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Miller, Stephen A., MD
Stephen A. Miller, MD, PC
1729 Wildwood Dr Ste 103
Virginia Beach, VA 23454
(757) 481-3179
Hospital Affiliations:
Sentara Princess Anne Hospital

Suffolk

Maxymiv, George, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3411

Waynesboro

Barber, Virginia, MD
Virginia G. Barber, MD
25 Stonebridge Dr 101
Waynesboro, VA 22980
(540) 943-9533
Specialists - Tier 1

Ferguson, Melinda L., MD
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1305 13th St Suite A2
Wynnedos, VA 22980
(540) 949-9441

Hospital Affiliations:
- Augusta Medical Center

Winchester

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Laura N. Dabinett, MD
1820 W Plaza Dr
Winchester, VA 22601
(540) 665-8833

Hospital Affiliations:
- Winchester Medical Center

Doering, Mark W., MD
Preventive Women's Health
874 Fox Dr
Winchester, VA 22603
(540) 662-0990

Hospital Affiliations:
- Winchester Medical Center

Vaughan, Ward P., MD
Ward P. Vaughan, MD PC
1330-A Amherst St
Winchester, VA 22601
(540) 665-1900

Hand Surgery

Alexandria

Thomas, Peter, MD
OrthoVirginia, Inc
6355 Walker Lane Suite 202
Alexandria, VA 22310
(703) 810-5217

Hospital Affiliations:
- Inova Fairfax Hospital

Charlottesville

Degnan, Gregory G, MD
Sentara Martha Jefferson Orthopedics
3263 Proffit Road Suite 202
Charlottesville, VA 22911
(434) 654-5575

Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Tsai, Tsai-Lung, DO
Charlottesville Orthopaedic Center
183 Spotnap Rd Ste C
Charlottesville, VA 22911
(434) 244-8412

Hospital Affiliations:
- Sentara Martha Jefferson Hospital

Carofino, Bradley, MD
Atlantic Orthopaedic Specialists
733 Volpe Pkwy Suite 300
Chesapeake, VA 23320
(757) 321-3300

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Davin, Lance B., MD
Sentara Hand Surgery Specialists (SMG)
200 Medical Pkwy Ste 210
Chesapeake, VA 23320
(757) 547-9721

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Grenga, Tad, MD
Chesapeake Center for Cosmetic and Plastic Surgery
667 Kingsborough St Ste 300
Chesapeake, VA 23322
(757) 548-8988

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Shah, Hassan, MD
Sentara Hand Surgery Specialists (SMG)
725 Volpe Parkway Ste 210
Chesapeake, VA 23320
(757) 252-4130

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Triepel, Caroline, MD
Sentara Hand Surgery Specialists (SMG)
200 Medical Pkwy Ste 210
Chesapeake, VA 23320
(757) 547-9721

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

725 Volpe Parkway Ste 210
Chesapeake, VA 23320
(757) 252-4130

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Colonial Heights

Dhillon, Manjit S., MD
Colonial Orthopaedics, Inc
325 Charles H Dimmock Parkway Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Hospital Affiliations:
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

McDermott Jr. T. Paul, MD
West End Orthopaedic Clinic
7588 Shraden Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Francis Medical Center
- Children's Hospital of Richmond of the VCU Health System
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

Sharma, Joy, MD
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7588 Shraden Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Henrico Doctors' Hospital - Forest Campus

Hampton

Campolattaro, Robert M., MD
Tidewater Orthopaedic Associates
901 Enterprise Pkwy Ste 900
Hampton, VA 23666
(757) 827-2422

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Hammondsie Regional Medical Center

Mason, Robert Charles, MD
Tidewater Orthopaedic Associates
901 Enterprise Pkwy Ste 900
Hampton, VA 23666
(757) 827-2480

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

Smerlis, Nicholas, MD
Tidewater Orthopaedic Associates
901 Enterprise Pkwy Ste 900
Hampton, VA 23666
(757) 827-2422

Hospital Affiliations:
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center

Lynchburg

Kiernan, Drew E., MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

Mechanicsville

Desai, Sanjay S., MD
West End Orthopaedic Clinic
8266 Atlee Rd Ste 133
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
- Bon Secours St. Mary’s Hospital
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- St. Mary's Hospital
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Sentara Princess Anne Hospital
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### Specialists - Tier 1

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</tr>
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Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV

McCart, John M., MD  
VCU Health System/MCV  
1401 Johnston Willis Dr Ste 4200  
Richmond, VA 23235  
(804) 330-7990  
6605 W Broad St Ste A  
Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV

Perkins, Edward B, MD  
VCU Health System/MCV  
1401 Johnston Willis Dr Ste 4200  
Richmond, VA 23235  
(804) 330-7990  
6605 W Broad St Ste A  
Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV

Patel, Bhaumik, MD  
VCU Health System/MCV  
1401 Johnston Willis Dr Ste 4200  
Richmond, VA 23235  
(804) 330-7990  
6605 W Broad St Ste A  
Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV

Paul, Asit, MD  
VCU Health System/MCV  
1401 Johnston Willis Dr Ste 4200  
Richmond, VA 23235  
(804) 330-7990  
6605 W Broad St Ste A  
Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV

Poklepovic, Andrew, MD  
VCU Health System/MCV  
1401 Johnston Willis Dr Ste 4200  
Richmond, VA 23235  
(804) 330-7990  
6605 W Broad St Ste A  
Richmond, VA 23230  
(804) 287-3000  
Hospital Affiliations:  
VCU Health System/MCV
Specialists - Tier 1

Qureshi, G. Dastgir, MD
Virginia Cancer Institute Incorporated
7660 E Parham Rd Suite 102
Richmond, VA 23294
(804) 346-3182

Hospital Affiliations:
- Chippenham Medical Center
- Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital

Raman, Rachna, MD
Bon Secours Rich Comm Hspital Cancer Inst Med Oncology at Mem Regnl
1510 N 28th Street
Richmond, VA 23223
(804) 764-7220

(804) 287-7804

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

Schunn, Gisa Beale, MD
Virginia Oncology & Hematology, PC
6605 W Broad St Ste A
Richmond, VA 23230
(804) 287-3000

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

Trent, David F., MD
Virginia Oncology & Hematology, PC
6605 W Broad St Ste A
Richmond, VA 23230
(804) 285-4846

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

Voelzke, Will R., MD
Virginia Cancer Institute Incorporated
1401 Johnston Willis Dr Ste 4200
Richmond, VA 23235
(804) 330-7990

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

Wyche, Travis, MD
Virginia Oncology & Hematology
6605 W Broad St Ste A
Richmond, VA 23230
(804) 983-6830

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Retreat Campus
- St. Mary’s Hospital

Wythe, Leslie, MD
Blue Ridge Cancer Care
801 W. Main St.
Roanoke, VA 24011
(540) 853-7337

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Lewis-Gale Medical Center
Specialists - Tier 1

McCoy, III, Harry E., MD
Blue Ridge Cancer Care
2013 S Jefferson Street SW
Roanoke, VA 24014
(540) 982-0237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Merten, Suzan R., MD
Blue Ridge Cancer Care
2013 S Jefferson Street SW
Roanoke, VA 24014
(540) 982-0237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Morales, Joshua A., MD
Blue Ridge Cancer Care
2013 Jefferson Street SW
Roanoke, VA 24014
(540) 982-0237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

McCoy, III, Harry E., MD
Blue Ridge Cancer Care
2013 S Jefferson Street SW
Roanoke, VA 24014
(540) 982-0237

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Brooks, Heather, MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Merten, Suzan R., MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Mertens, Suzan R., MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Brooks, Heather, MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 772-3411

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Fintel, Andrew E., DO
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Goldschmidt, Jr., Jerome H., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Karri, Vandana, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3411

Kochenderfer, Mark D., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Malid, Padmaja V., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-4160

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

McKoy, III, Harry E., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 772-4160

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Mertens, Suzan R., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

McKoy, III, Harry E., MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
(540) 774-4160

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

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OptimaHealth

Rocky Mount

Brooks, Heather, MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Richards, Paul D., MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Rob, Robert M., MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Skelton, Matthew R., MD
Blue Ridge Cancer Care
390 S Main Street Ste 103
Rocky Mount, VA 24151
(540) 489-6522

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Salem

Brooks, Heather, MD
Blue Ridge Cancer Care
1900 Electric Road
Salem, VA 24153
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Mertens, Suzan R., MD
Blue Ridge Cancer Care
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Salem, VA 24153
(540) 774-8660

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
South Boston

Schaeft, Neil F., MD  
SENTARÀ SOUTH SIDE  
HEMATOLOGY & ONCOLOGY  
2232 Wilborn Ave  
South Boston, VA 24592  
(434) 575-1212

South Hill

Fang, Tzann, MD  
MCV Associated Physicians  
(Hematology/Oncology)  
750 Lombardy Street  
South Hill, VA 23970  
(434) 774-2417

Suffolk

Atienza, Daniel M., MD  
Virginia Oncology Associates  
2790 Godwin Boulevard  
Suffolk, VA 23434  
(757) 539-0670

5838 Harbour View Blvd Suite 105  
Suffolk, VA 23435  
(757) 484-0125

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Obici Hospital  
Sentara Virginia Beach General Hospital  

Delta Hematology Oncology Associates PC  
104 Palmyra Dr Ste B  
Suffolk, VA 23434  
(757) 934-2331

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  

Sile, Cynthia C., MD  
Virginia Oncology Associates  
2790 Godwin Boulevard Suite 101  
Suffolk, VA 23434  
(757) 539-0670

Virginia Beach

Alberico, Thomas A., MD  
Virginia Oncology Associates  
150 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Alexander, III, Burton F., MD  
Virginia Oncology Associates  
150 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Atienza, Daniel M., MD  
Virginia Oncology Associates  
150 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Mattern II, John Q, DO  
Virginia Oncology Associates  
1950 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  

More, Kenneth F., MD  
Virginia Oncology Associates  
150 Glenn Mitchell Dr Ste 102  
Virginia Beach, VA 23456  
(757) 368-0437

Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  

Skorupa, Amy, MD  
Cancer Specialists of Tidewater  
1200 First Colonial Road Suite 204  
Virginia Beach, VA 23455  
(757) 363-8212

Hospital Affiliations:  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Zaidi, Aisha S, MD  
Cancer Specialists of Tidewater  
1200 First Colonial Road Suite 204  
Virginia Beach, VA 23455  
(757) 363-8212
Warrenton

Manchandani, Raj P., MD  
Fauquier Physician Practices LLC  
500 Hospital Dr  
Warrenton, VA 20186  
(540) 316-4360  

Hospital Affiliations:  
Fauquier Hospital

Williamsburg

Booth, Bruce W., MD  
Virginia Oncology Associates  
500 Sentara Circle Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

George, Edward R., MD  
Virginia Oncology Associates  
500 Sentara Circle Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Henrico Doctors’ Hospital - Retreat Campus

Kessler, John F., MD  
Virginia Oncology Associates  
500 Sentara Cir Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center

McGaughey, Dean S., MD  
Virginia Oncology Associates  
500 Sentara Circle Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

Paschold, John, MD  
Virginia Oncology Associates  
500 Sentara Circle Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

Powell, David, MD  
Virginia Oncology Associates  
500 Sentara Circle Ste 203  
Williamsburg, VA 23188  
(757) 229-2236  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

O’Brien, Lindsey, MD  
Shenandoah Oncology, P.C.  
400 Campus Blvd Suite 100  
Winchester, VA 22601  
(540) 662-1108  

Hospital Affiliations:  
Winchester Medical Center

Resta, Lee P., MD  
Shenandoah Oncology, P.C.  
400 Campus Blvd Suite 100  
Winchester, VA 22601  
(540) 662-1108  

Hospital Affiliations:  
Winchester Medical Center

Winchester

Gemma, Nicholas W., MD  
Shenandoah Oncology, P.C.  
400 Campus Blvd Suite 100  
Winchester, VA 22601  
(540) 662-1108  

Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Winchester Medical Center

Houck, III, William A., MD  
Shenandoah Oncology, P.C.  
400 Campus Blvd Suite 100  
Winchester, VA 22601  
(540) 662-1108  

Hospital Affiliations:  
Shenandoah Memorial Hospital Inc  
Winchester Medical Center

Kandahari, Masoom M, MD  
Cancer & Blood Specialists of Northern Virginia, P.C.  
2280 Opitz Blvd Suite 220  
Woodbridge, VA 22191  
(703) 590-8300  

Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Virginia Hospital Center - Arlington

Moorer, Geoffrey, MD  
Virginia Cancer Specialists, P.C.  
2280 Opitz Blvd Suite 300  
Woodbridge, VA 22191  
(703) 590-8300  

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Wytheville

Brooks, Heather, MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

McCoY, III, Harry E., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Woodbridge

Chan, Farn, MD  
Cancer & Blood Specialists of Northern Virginia, P.C.  
2280 Opitz Blvd Suite 220  
Woodbridge, VA 22191  
(703) 590-8300  

Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Virginia Hospital Center - Arlington

Gouldsmith, Jr., Jerome H., MD  
Blue Ridge Cancer Care  
710 West Ridge Road Ste E  
Wytheville, VA 24382  
(276) 228-7665  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Kochenderfer, Mark D., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

Mallidi, Padmaja V., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center

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Merten, Suzan R., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center  
Richards, Paul D., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(540) 728-7665  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center  
Rotehe, Robert M., MD  
Blue Ridge Cancer Care  
590 West Ridge Road Ste L  
Wytheville, VA 24382  
(276) 228-7665  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Lewis-Gale Medical Center  
Vaughn, Jennifer E., MD  
Blue Ridge Cancer Care  
710 West Ridge Road Suite E  
Wytheville, VA 24382  
(276) 228-7665  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Lewis-Gale Medical Center  
Maung, M Ohn, MD  
Apogee Medical Group Virginia, PC  
501 Sunset Ln  
Culpeper, VA 22701  
(540) 829-4100  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Culpeper  
Danville  
Pattr, Yatin, MD  
Apogee Medical Group Virginia, PC  
142 South Main Street  
Danville, VA 24541  
(434) 799-2225  
Hospital Affiliations:  
SOVAH Health - Danville  
Franklin  
Dalawari, Jasdeep Singh, MD  
Franklin Hospital Corporation  
100 Fairview Dr  
Franklin, VA 23851  
(757) 569-6272  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
James H. & Cecile C. Quillen Rehabilitation Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center  
Edang, Mark Ansel, MD  
Apogee Medical Group Virginia, PC  
100 Fairview Drive  
Franklin, VA 23851  
(757) 516-1153  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Southampton Memorial Hospital  
Stafford Hospital Center  
Edwards, Alan W., MD  
Franklin Hospital Corporation  
100 Fairview Dr  
Franklin, VA 23851  
(757) 569-6272  
Hospital Affiliations:  
Southampton Memorial Hospital  
Fredericksburg  
Mathur, Sharmili, DO  
Virginia Hospitalists Inc  
4600 Sophityana Pkwy  
Fredericksburg, VA 22408  
(540) 498-4950  
Hospital Affiliations:  
UVA Culpeper Hospital  
Norfolk  
Lee, Patterson O, MD  
Advanced Heart Failure Division - SNGH (SMG)  
600 Gresham Dr 3rd Floor  
Norfolk, VA 23507  
(757) 388-3198  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Raz, Mical, MD  
Advanced Heart Failure Division - SNGH (SMG)  
600 Gresham Dr 5th Fl  
Norfolk, VA 23507  
(757) 388-3198  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Roanoke  
Moronu, Chigozie E., MD  
Carilion Faculty Phys Specialist  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Stafford  
Torres-Lopez, Paulo Andres, MD  
Frederickburg Hospitalist Group, PC (PINNACLE)  
101 Hospital Center Drive  
Stafford, VA 22554  
(540) 741-9430  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  
Tazewell  
Moronu, Chigozie E., MD  
Carilion Faculty Phys Specialist  
141 Ben Bolt Avenue  
Tazewell, VA 24651  
(276) 988-8700  
Hospital Affiliations:  
Bedford Memorial Hospital  
Carilion Clinic Home Care  
(Carilion Franklin Memorial Hospital)  
Carilion Clinic Home Care  
(Carilion Tazewell Community Hospital)  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Winchester  
Kochinsky, Jerome, DO  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Leskovec, William C., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Sharma, Sunil, MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Siira, Richard D., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Virginia Beach  
Salemi, Mehdi, MD  
Sentara Hospital Medicine Physicians (SMG)  
1060 First Colonial Rd  
Virginia Beach, VA 23454  
(757) 395-2323  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Winchester  
Akula, Neeraja, MD  
Valley Hospitalists, PC  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-2270  
Hospital Affiliations:  
Winchester Medical Center  
Borra, Madhu, MD  
Winchester Medical Center Inc  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-8700  
Hospital Affiliations:  
Winchester Medical Center  
Hyperbaric Medicine  
Winchester  
Kochinsky, Jerome, DO  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Leskovec, William C., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Sharma, Sunil, MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center  
Siira, Richard D., MD  
Advanced Wound and Hyperbaric Medicine  
1840 Amherst Street  
Winchester, VA 22601  
(540) 536-1241  
Hospital Affiliations:  
Winchester Medical Center
## Specialists - Tier 1

### Abingdon

**Elmezayen, Rabab I., MD**  
Blue Ridge Medical Management Corporation  
16000 Johnston Memorial Dr Suite 313B  
Abingdon, VA 24211  
(276) 258-3770  
Hospital Affiliations:  
- Johnson City Medical Center

### Annandale

**Ambardar, Sujata, MD**  
Infectious Diseases Physicians, Inc.  
3289 Woodburn Rd Ste 200  
Annandale, VA 22003  
(703) 560-7900  
Hospital Affiliations:  
- Inova Fairfax Hospital

### Charlottesville

**Hall, Keri Kathleen, MD**  
Sentara Martha Jefferson Medical and Surgical Associates  
500 Martha Jefferson Drive  
Charlottesville, VA 22911  
(434) 654-5260  
Hospital Affiliations:  
- Augusta Medical Center  
- University of Virginia Medical Center

### Chesapeake

**Desai, Aarti, MD**  
Bayview Physician Services, PC  
676 Kingsborough Square Suite B  
Chesapeake, VA 23320  
(757) 455-9036  
Hospital Affiliations:  
- Chesapeake Regional Medical Center  
- Sentara Norfolk General Hospital  
- Sentara Virginia Beach General Hospital

**Mooney, Martha L., MD**  
Bayview Physician Services, PC  
676 Kingsborough Square Suite B  
Chesapeake, VA 23320  
(757) 455-9036  
Hospital Affiliations:  
- Chesapeake Regional Medical Center  
- Sentara Norfolk General Hospital  
- Sentara Obici Hospital

**Romulo, Rodrigo L., MD**  
Bayview Physician Services, PC  
676 Kingsborough Square Suite B  
Chesapeake, VA 23320  
(757) 455-9036  
Hospital Affiliations:  
- Chesapeake Regional Medical Center  
- Sentara Norfolk General Hospital

### Christianburg

**Kerker, Thomas, MD**  
Carilion Infectious Disease Care  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
- Carilion Roanoke Memorial Hospital

**Skolnik, Paul R., MD**  
Carilion Infectious Disease Care  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2531  
Hospital Affiliations:  
- Carilion New River Valley Medical Center  
- Carilion Roanoke Memorial Hospital

### Culpeper

**Ayensu, Thelma, MD**  
NMG Affiliate Practice I, LLC  
501 Sunset Lane  
Culpeper, VA 22701  
(703) 396-5292  
Hospital Affiliations:  
- Bon Secours St. Mary's Hospital  
- Chippenham Medical Center  
- Johnston-Willis Hospital  
- Henrico Doctors' Hospital - Forest Campus  
- Henrico Doctors' Hospital - Parham Campus  
- Henrico Doctors' Hospital - Retreat Campus  
- John Randolph Medical Center  
- Smyth County Community Hospital  
- Spotsylvania Regional Medical Center  
- UVA Culpeper Hospital

### Danville

**Brennan, Robert, MD**  
Infectious Disease Associates of Central Virginia, LLC  
4500 Riverside Dr Suite B  
Danville, VA 24541  
(434) 947-3944  
Hospital Affiliations:  
- Carilion Lynchburg General Hospital  
- Central Virginia Baptist Hospital  
- University of Virginia Medical Center

**Brown, Johanna P., MD**  
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4500 Riverside Dr Suite B  
Danville, VA 24541  
(434) 947-3944  
Hospital Affiliations:  
- Carilion Lynchburg General Hospital  
- Central Virginia Baptist Hospital  
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### Nichols, Kelsey, MD**  
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Hospital Affiliations:  
- Carilion Lynchburg General Hospital  
- Central Virginia Baptist Hospital  
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### Wade, James S., MD**  
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(434) 947-3944  
Hospital Affiliations:  
- Carilion Lynchburg General Hospital  
- Central Virginia Baptist Hospital  
- University of Virginia Medical Center

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Optima Direct Network Providers January 2019  
345
West, Sarah, MD
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4500 Riverside Dr Suite B
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(434) 947-3944

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Emporia

Hawkes, Clifton, MD
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727 N Main Street
Emporia, VA 23847
(804) 765-5766

Hospital Affiliations:
Southside Regional Medical Center

Fishersville

Baroco, Allison, MD
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22 North Medical Park Drive
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(540) 213-2630

Hospital Affiliations:
Augusta Medical Center

Hampton

Assefa, Daniel A., MD
Sentara Infectious Disease
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4000 Coliseum Dr Ste 310
Hampton, VA 23666
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Hospital Affiliations:
Sentara Northern Virginia Medical Center
Sentara Obici Hospital
Winchester Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
Sentara Obici Hospital

Harrisonburg

Harrisonburg

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Hospital Affiliations:
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center

Hopewell

Mirebrahimi-Tafreshi, Ali, MD
Infectious Diseases & Epidemiology PC
411 W Randolph Rd Suite 300
Hopewell, VA 23860
(804) 446-1959

Hospital Affiliations:
Mary Washington Hospital (MWH)

Lansdowne

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Leesburg

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Hospital Affiliations:
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Lynchburg

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Hospital Affiliations:
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Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Midlothian

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Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Norfolk

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Hospital Affiliations:
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Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center
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Hospital Affiliations:  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital  

Derber, Catherine J. F., MD  
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Hospital Affiliations:  
Sentara Leah Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

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Sentara Leah Hospital  
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Sentara CarePlex Hospital  
Sentara Leah Hospital  
Sentara Norfolk General Hospital  

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Bon Secours St. Francis Medical Center  

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VCU Health System/MCV  

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Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  

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Bon Secours St. Marys Hospital  

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Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  

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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  

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Richmond, VA 23229  
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Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  

Gonzalez, Antonio, MD  
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Richmond, VA 23229  
(804) 285-1833  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  

Gonzalez, Antonio, MD  
Infectious Diseases Specialists PC  
7605 Forest Ave Ste 410  
Richmond, VA 23229  
(804) 285-1833  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  

### Roanoke

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<td>Chaudry, Muddasur, MD</td>
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<td>Quiroz, Eva S, MD</td>
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<td>Wolde Gabriel, Elias N., MD</td>
<td>Lewis-Gale Physicians, LLC</td>
<td>1802 Brabcham Drive, Salem, VA 24153 (540) 772-3407</td>
</tr>
<tr>
<td>Amare, Rahel T., MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>2790 Godwin Blvd Ste 240, Suffolk, VA 23434 (757) 934-4550</td>
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<tr>
<td>Ly, Tam T., MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>2790 Godwin Blvd Ste 240, Suffolk, VA 23434 (757) 934-4550</td>
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<tr>
<td>Birk, Joseph A., MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>2790 Godwin Blvd Ste 240, Suffolk, VA 23434 (757) 934-4550</td>
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<td>LaRocco, Jr., Anthony, MD</td>
<td>Sentara Infectious Disease Specialists (SMG)</td>
<td>2790 Godwin Blvd Ste 240, Suffolk, VA 23434 (757) 934-4550</td>
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<tr>
<td>Nichols, Keith, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>2000 N Beauregard St Suite 310, Alexandria, VA 22311 (877) 345-7227</td>
</tr>
<tr>
<td>Soto, Theresa, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>2000 N Beauregard St Suite 310, Alexandria, VA 22311 (877) 345-7227</td>
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<tr>
<td>Nichols, Keith, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>3700 Joseph Siewick Drive Suite 207, Fairfax, VA 22033 (877) 345-7227</td>
</tr>
<tr>
<td>Soto, Theresa, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>211 Park Hill Drive Suite B, Fredericksburg, VA 22401 (877) 345-7227</td>
</tr>
<tr>
<td>Nichols, Keith, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>417 N 11th Street, Richmond, VA 23298 (804) 828-3144</td>
</tr>
<tr>
<td>Mumpower, Rebecca Yvonne, MD</td>
<td>MCV Associated Physicians (Internal Medicine)</td>
<td>417 N 11th Street, Richmond, VA 23298 (804) 628-9357</td>
</tr>
<tr>
<td>Soto, Theresa, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>417 N 11th Street, Richmond, VA 23298 (804) 628-9357</td>
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<td>Nichols, Keith, MD</td>
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<td>Nichols, Keith, MD</td>
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<td>Nichols, Keith, MD</td>
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<td>417 N 11th Street, Richmond, VA 23298 (804) 628-9357</td>
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<td>Soto, Theresa, MD</td>
<td>Center for Vein Restoration MD LLC</td>
<td>417 N 11th Street, Richmond, VA 23298 (804) 628-9357</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

3 Riverside Circle
Roanoke, VA 24016
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Carilion Internal Medicine-Specialist
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2001 Crystal Spring Avenue Suite 205
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3 Riverside Circle
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(540) 224-5170
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870

Hospital Affiliations:
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Soto, Theresa, MD
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Soto, Theresa, MD
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Winchester
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Winchester Medical Center
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Hospital Affiliations:
Winchester Medical Center

Interpretor/translator

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Interventional Cardiology

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Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Falls Church
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Hospital Affiliations:
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Stafford Hospital Center
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Bon Secours Mary Immaculate Hospital
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Hospital Affiliations:
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### Specialists - Tier 1

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- Spotsylvania Regional Medical Center

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**Hospital Affiliations:**  
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- Spotsylvania Regional Medical Center

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**Hospital Affiliations:**  
- Mary Washington Hospital (MWH)  
- Spotsylvania Regional Medical Center  
- Stafford Hospital Center  
- VCU Health System/MCV

**Gainesville**  
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**Hospital Affiliations:**  
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- Prince William Health System  
- Prince William Medical Center

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**Harrisonburg**  
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(540) 689-5555  

**Hospital Affiliations:**  
- Sentara RMH Medical Center

**Haymarket**  
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15195 Heathcote Blvd Suite 104  
Haymarket, VA 20169  
(571) 284-4370  

**Hospital Affiliations:**  
- Novant Health UVA Health System  
- Prince William Medical Center

**Martinsville**  
Mirza, Mohd Ayyub, MD  
Carilion HealthCare Corporation  
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(276) 634-4400  

**Hospital Affiliations:**  
- Carilion New River Valley Medical Center  
- Carilion Roanoke Memorial Hospital

**Low Moor**  
Shapira, Shmuel, MD  
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(540) 772-3430  

**Hospital Affiliations:**  
- Lewis-Gale Medical Center

**Manassas**  
Barris II, Alfred C., MD  
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8640 Sudley Road Suite 302  
Manassas, VA 20110  
(703) 753-9799  

**Hospital Affiliations:**  
- Novant Health UVA Health System  
- Prince William Medical Center

**Norfolk**  
Lavigne, Paul M, MD  
Sentara Cardiology Specialists (SMG)  
301 Riverwalk Ave Ste 700  
Norfolk, VA 23510  
(757) 252-9365  

**Hospital Affiliations:**  
- Sentara Norfolk General Hospital

**Portsmouth**  
Venkatesan, Jayaraman, MD  
Cardiology Associates (Maryview Hospital)  
301 Goode Way Suite 102  
Portsmouth, VA 23704  
(757) 399-2639  

**Hospital Affiliations:**  
- Sentara RMH Medical Center  
- Southside Regional Medical Center

**Richmond**  
Abouzaki, Nayef A, MD  
VCU Health System/MCV  
417 N 11th Street  
Richmond, VA 23298  
(804) 628-4327  

**Hospital Affiliations:**  
- VCU Health System/MCV

**Southern Virginia Regional Medical Center**  
Lewis-Gale Physicians, LLC  
100 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  

**Hospital Affiliations:**  
- Bon Secours DePaul Medical Center  
- Bon Secours Mary Immaculate Hospital  
- Chippenham Medical Center/Johnston-Willis Hospital

**Virginia Cardiovascular Specialists**  
7400 Puddledock Road Suite 400  
Prince George, VA 23875  
(804) 458-1740  

**Hospital Affiliations:**  
- Virginia Cardiovascular Specialists
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## Specialists - Tier 1

### Maternal-Fetal Medicine

#### Charlottesville

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#### Hospital Affiliations:
- University of Virginia Medical Center

**Richmond**

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<tr>
<td>Dhillon, Pushpinder, MD</td>
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### Colonial Heights

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### Specialists - Tier 1

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### Newport News

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<td>Chakrabarti, Alana M, MD</td>
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<td>Scott, Lauren A., MD</td>
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### Newport News - Tier 1

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<tr>
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<th>Specialty</th>
<th>Address</th>
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<td>Abuhamad, Alfred Z., MD</td>
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<td>Christmas, James T., MD</td>
<td>(804) 320-2751&lt;br&gt;Commonwealth Perinatal Services LLC&lt;br&gt;1401 Johnston Willis Drive Suite 5500&lt;br&gt;Richmond, VA 23225</td>
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<td>DeMay, Jessica, MD</td>
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<td>Love, Rodrick N., MD</td>
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<td>Troyer, Lisa R, MD</td>
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<td>Villers, Margaret, MD</td>
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VCU Health System/MCV
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Al-Mateen, Kevin Bakeer, MD
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 321-7474
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sentara Virginia Beach General Hospital
St. Mary's Hospital
VCU Health System/MCV
VCU Health System/MCV Hospital - North
VCU Health System/MCV Hospital - West
Astoria, Mark T., MD
MCV Associated Physicians
(Neonatology)
7101 Jahnke Road
Richmond, VA 23225
(804) 628-9918
Hospital Affiliations:
Bon Secours St. Marys Hospital
VCU Health System/MCV
Bhatt, Darshna C., DO
MCV Associated Physicians
(Neonatology)
1250 E Marshall Street
Richmond, VA 23298
(804) 828-2467
Hospital Affiliations:
VCU Health System/MCV
Carpenter, David T., MD
Pediatrics Medical Group PC
2810 N Parham Rd Ste 250
Richmond, VA 23294
(804) 346-3535
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center

Bon Secours St. Marys Hospital
Sentara Virginia Beach General Hospital
St. Mary's Hospital
Chahin, Nayef, MD
MCV Associated Physicians
(Neonatology)
1213 E Clay Street
Richmond, VA 23298
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Hospital Affiliations:
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1213 Clay Street
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Farhi, Raymond S., MD
Pediatrics Medical Group PC
1401 Johnston-Willis Dr
Richmond, VA 23255
(804) 330-2000
7101 Jahnke Rd
Richmond, VA 23225
(804) 320-3911
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
VCU Health System/MCV
Fox, Jenny, MD
MCV Associated Physicians
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7101 Jahnke Road
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(804) 320-3911
Hospital Affiliations:
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Greenberg, David, MD
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Hospital Affiliations:
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Hendricks-Munoz, Karen, MD
MCV Associated Physicians
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1213 E Clay Street
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Johnson, Randall, MD
Pediatrics Medical Group PC
7101 Jahnke Rd
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(804) 320-3911
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center
Majewski, Allen, MD
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7101 Jahnke Rd
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(804) 320-3911
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
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1213 E Clay Street
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(804) 828-9964
Hospital Affiliations:
VCU Health System/MCV
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Porter, Cynthia, MD
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7101 Jahnke Rd
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
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MCV Associated Physicians
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Hospital Affiliations:
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Roanoke

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Hospital Affiliations:
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Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Arlington

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Stafford Hospital Center

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Stafford Hospital Center

Stafford Hospital Center

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Stafford Hospital Center

Stafford Hospital Center
Specialists - Tier 1

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Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Southampton Memorial Hospital

Grassia, Michael, MD
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Bon Secours DePaul Medical Center
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Huang, Liwei E., MD
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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

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Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Zydelwski, Anthony W., MD
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(757) 436-5544
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Bon Secours Maryview Medical Center
Riverside Shore Memorial Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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# Specialists - Tier 1

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<tr>
<th>Christiansburg</th>
<th>Danville</th>
<th>Fairfax</th>
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<tr>
<td>Laflam, Paul F, MD</td>
<td>Akinfide, Adebayo G., MD</td>
<td>Assef, Ali, MD</td>
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<tr>
<td>Blue Ridge Nephrology Associates PC</td>
<td>XMG Affiliate Practice I, LLC</td>
<td>Nephrology Associates of Northern Virginia, Inc</td>
</tr>
<tr>
<td>2900 Lamb Circle Ste 190</td>
<td>501 Sunset Lane</td>
<td>13135 Lee Jackson Memorial Hwy</td>
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<tr>
<td>Christiansburg, VA 24073</td>
<td>Culpeper, VA 22701</td>
<td>Ste 135</td>
</tr>
<tr>
<td>(540) 633-5600</td>
<td>(703) 396-5292</td>
<td>Fairfax, VA 22033</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>Hospital Affiliations:</td>
<td>(703) 961-0488</td>
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<td>- Carilion New River Valley Medical Center</td>
<td>- Novant Health UVA Health System</td>
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<td>- Inova Fairfax Hospital</td>
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<td>- Bluemont Nephrology Associates</td>
<td>- Fauquier Hospital</td>
<td>- Reston Hospital Center</td>
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<tr>
<td>- 420 Southbridge Parkway Suite 102</td>
<td>UVA Culpeper Hospital</td>
<td>- Sentara Northern Virginia Medical Center</td>
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<tr>
<td>- Culpeper, VA 22701</td>
<td>- Augusta Medical Center UVA Culpeper Hospital</td>
<td>- Virginia Hospital Center - Arlington</td>
</tr>
<tr>
<td>(540) 347-5696</td>
<td>- University of Virginia Medical Center</td>
<td>- Virginia Nephrology Group</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>- VCU Community Memorial Hospital</td>
<td>3930 Walnut St Suite 101</td>
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<td>- John Randolph Medical Center</td>
<td>- Reston Hospital Center</td>
<td>Fairfax, VA 22030</td>
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<tr>
<td>- Southampton Memorial Hospital</td>
<td>- Sentara Northern Virginia Medical Center</td>
<td>(703) 246-9246</td>
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<td>- Southside Regional Medical Center</td>
<td>- Prince William Medical Center</td>
<td>Hospital Affiliations:</td>
</tr>
<tr>
<td>- Bankuru, Satish K, MD</td>
<td>- Sentara Northern Virginia Medical Center</td>
<td>- Inova Alexandria Hospital</td>
</tr>
<tr>
<td>Colonial Kidneycare Specialists, PC</td>
<td>- Prince William Medical Center</td>
<td>- Inova Fairfax Hospital</td>
</tr>
<tr>
<td>3601 Boulevard Suite C</td>
<td>- Boston Urologic Clinic Inc</td>
<td>- Inova Mount Vernon Hospital</td>
</tr>
<tr>
<td>Colonial Heights, VA 23834</td>
<td>- Southside Urology &amp; Nephrology</td>
<td>- Novant Health UVA Health System</td>
</tr>
<tr>
<td>(804) 504-0068</td>
<td>(Danville Urologic Clinic Inc)</td>
<td></td>
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<tr>
<td>Specialties</td>
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<tr>
<td>Farmville</td>
<td>Nephrology Associates of Tidewater, Ltd. 1333 Armory Drive Franklin, VA 23851 (757) 462-2848</td>
<td>Smith, Stanley B., MD 2019 Center Sentara Northern Virginia Medical Center Sentara Northern Virginia Medical Center Manoharan, Anup, MD Washington Nephrology Associates, LLP 8316 Arlington Blvd Suite 104 Fairfax, VA 22031 (703) 560-1313 Hospital Affiliations: Inova Alexandria Hospital Inova Fairfax Hospital Reston Hospital Center Musio, Franco, MD Nephrology Associates of Northern Virginia, Inc 13135 Lee Jackson Memorial Hwy Ste 135 Fairfax, VA 22033 (703) 961-0484 Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center Reston Hospital Center Sentara Northern Virginia Medical Center Franklin</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

Sandhu, Ankur, MD
Fredericksburg Nephrology Associates Inc.
101 Park Hill Drive
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4604 Spotsylvania Parkway Ste 335
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(540) 989-4056
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Fredericksburg, VA 22408
(540) 989-4056
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Mary Washington Hospital (MWH)
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Stafford Hospital Center

Rahman, Rashida K., MD
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7801 Heritage Village Plz Ste 150
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Novant Health UVU Health System
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Sentara Northern Virginia Medical Center

Wang, Gregory, MD
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Gainesville, VA 20155
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Hospital Affiliations:
Inova Alexandria Hospital
Inova Fair Oaks Hospital
Inova Mount Vernon Hospital
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Ayodeji, Olayiwola B., MD
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(757) 251-7469
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Chen, Lei, MD
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(757) 251-7469
Hospital Affiliations:
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Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

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Specialists - Tier 1

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Inova Fairfax Hospital  
Inova Mount Vernon Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  
Sentara Northern Virginia Medical Center

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Jefferson Memorial Hospital  
Winchester Medical Center

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Hospital of Virginia  
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Spotsylvania Regional Medical Center  
Stafford Hospital Center

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Stafford Hospital Center

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Bon Secours St. Marys Hospital  
Chippenham Medical Center/ John-Paul-St. Hospital  
Henrico Doctors' Hospital - Retreat Campus  
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Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
Inova Alexandria Hospital  
John Randolph Medical Center  
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Haymarket Medical Center  
Novant Health UVA Health System Prince William Medical Center  
Sentara Northern Virginia Medical Center  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Princess Anne Hospital
<table>
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<tr>
<th>Location</th>
<th>Name</th>
<th>Affiliations</th>
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<tbody>
<tr>
<td>Newport News</td>
<td>Amini, Ahmed, DO</td>
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<tr>
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<td>Allison, Nancy L., MD</td>
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<tr>
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</tbody>
</table>

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Bon Secours St. Marys Hospital
Chippennam Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus

John Randolph Medical Center
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Southside Regional Medical Center
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Hospital Affiliations:
VCU Health System/MCV
<table>
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<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address 1</th>
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<th>Phone Number</th>
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<tr>
<td>Kamal, Layla G, MD</td>
<td>MCV Associated Physicians</td>
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<tr>
<td>Haines, Scott, MD</td>
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<td>(804) 828-4104</td>
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<tr>
<td>Harte, Phillip, MD</td>
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<td>(804) 272-5814</td>
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<tr>
<td>Hirsch, Ari, MD</td>
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<td>Richmond, VA 23225</td>
<td>(804) 272-5814</td>
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<tr>
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<td>MCV Associated Physicians</td>
<td>1200 E Broad St</td>
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<tr>
<td>Koenig, Karl G., MD</td>
<td>MCV Associated Physicians</td>
<td>5875 Bremo Rd Ste 311</td>
<td>Richmond, VA 23226</td>
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<td>Kumar, Dhiren, MD</td>
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<tr>
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<tr>
<td>Keightley II, Gerald E., MD</td>
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<tr>
<td>Patel, Deep, MD</td>
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<td>5320 Patterson Ave Ste 200</td>
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<td>(804) 285-3364</td>
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<tr>
<td>Gupta, Gaurav, MD</td>
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<td>1200 E Marshall Street</td>
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<td>(804) 828-4806</td>
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<tr>
<td>Haines, Scott, MD</td>
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<td>417 N 11th Street</td>
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<td>King, Anne L, MD</td>
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<td>Kumar, Dhiren, MD</td>
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<td>Kamal, Layla G, MD</td>
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</tbody>
</table>
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Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
Stafford Hospital Center

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Bon Secours Maryview Medical Center
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Sentara Bayside Hospital
Sentara Leigh Hospital
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Bon Secours Stuart Circle Hospital
Healthsouth Rehabilitation
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Sheltering Arms Rehabilitation Hospital
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Optima Direct Network Providers January
2019
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Sentara Virginia Beach General Hospital
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Optima Direct Network Providers January 2019
375

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Prince William Medical Center
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Inova Mount Vernon Hospital
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Haymarket Medical Center
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Sentara Northern Virginia Medical Center

Centra Virginia Baptist Hospital

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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Centra Virginia Baptist Hospital

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Hampton  

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Sentara CarePlex Hospital  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

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Sentara CarePlex Hospital  
Sentara Virginia Beach General Hospital  

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McNair, Brian, MD
VCU Associated Physicians
(804) 828-9165

Hospital Affiliations:
VCU Health System/VCU

Mitchell, Jr, Paul B., MD
Neurosurgical Associates
301 Riverview Avenue Suite 400
Norfolk, VA 23510
(757) 622-5325

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nguyen, Tuan V, MD
Neurosurgical Associates, Inc.
301 Riverview Avenue Suite 400
Norfolk, VA 23510
(757) 622-5325

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Partington, Jonathan P., MD
Neurosurgical Associates, Inc.
6261 E Va Beach Blvd Suite 200
Norfolk, VA 23502
(757) 625-4455

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Zhu, Wylie H, MD
Neurosurgical Associates, Inc.
301 Riverview Avenue Suite 400
Norfolk, VA 23510
(757) 622-5325

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Zubair, Aqil, MD
VCU Associated Physicians
(804) 828-9165

Hospital Affiliations:
VCU Health System/VCU

Mattingly III, Thomas K, MD  
Neurosurgeons Associates, P.C.  
1651 N Parham Road  
Richmond, VA 23229  
(804) 288-8204  

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus

Mayr, Matthew M, MD  
Neurosurgeons Associates, P.C.  
1651 N Parham Rd  
Richmond, VA 23229  
(804) 288-8204

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

Ritter, Annemarie, MD  
MCV Associated Physicians (Neurosurgery)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-9165

Hospital Affiliations:  
VCU Health System/MCV

Rivet II, Dennis J, MD  
MVC Associated Physicians (Neurosurgery)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-9165

Hospital Affiliations:  
VCU Health System/MCV

Rivet, H, Dennis J, MD  
MVC Associated Physicians (Neurosurgery)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-9165

Hospital Affiliations:  
VCU Health System/MCV

Sahni, K. Singh, MD  
Neurosurgeons Associates, P.C.  
10710 Midlothian Turnpike  
Richmond, VA 23235  
(804) 330-4990  
1651 N Parham Rd  
Richmond, VA 23229  
(804) 288-8204

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

Singleton, Richard H., MD  
Neurosurgeons Associates, P.C.  
10710 Midlothian Turnpike  
Richmond, VA 23235  
(804) 330-4990

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/Johnston-Willis Hospital

Tye, Gary W., MD  
MVC Associated Physicians (Neurosurgery)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-9165

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Children's Hospital of Richmond of the VCU Health System  
Children's Hospital of the King\'s Daughters  
Chippewa Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Valadka, Alex B., MD  
MVC Associated Physicians (Neurosurgery)  
417 N 11th Street  
Richmond, VA 23298  
(804) 828-9165

Hospital Affiliations:  
VCU Health System/MCV

Young, Harold F., MD  
MVC Associated Physicians (Neurosurgery)  
414 N 11th St  
Richmond, VA 23298  
(804) 828-9165  
9000 Stony Point Pkwy  
Richmond, VA 23235  
(804) 828-9165

Hospital Affiliations:  
VCU Health System/MCV

Witcher, Mark, MD  
CARILION MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Weaver Jr., Edgar N., MD  
CARILION MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 224-5170

Hospital Affiliations:  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Witcher, Mark, MD  
CARILION MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Witcher, Mark, MD  
CARILION MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000

Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital
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<td>Daughtery, Wilson P., MD</td>
<td>Virginia Brain and Spine Center, Inc.</td>
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<td>Williamsburg, VA 23859</td>
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<td>Ramirez, Bryant R., MD</td>
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<td>Zilli, Eduardo Marques, MD</td>
<td>Neurological Care Clinic, PC</td>
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<tr>
<td>Blacksburg, VA 24060</td>
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<td>(540) 951-5090</td>
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<td>Epps, Stacey L., MD</td>
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<td>Neurology and Acupuncture Clinic, P.C.</td>
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<td>Grouse, David S., MD</td>
<td>Neurology Clinic - Bon Secours Medical Group</td>
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<td>Adams, Robert E., MD</td>
<td>Neurology and Acupuncture Clinic, P.C.</td>
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<td>Blacksburg, VA 23824</td>
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<td>(804) 565-8960</td>
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### Chesapeake

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<th>Name</th>
<th>Specialty</th>
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<tbody>
<tr>
<td>Anouti, Ahmad A., MD</td>
<td>Chesapeake Regional Medical Group (CRMG)</td>
<td>Chesapeake Regional Medical Center, Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Barot, Amrutial J., MD</td>
<td>Neurology Consultants &amp; Sleep Disorder Center</td>
<td>Chesapeake Regional Medical Center, Sentara Norfolk General Hospital</td>
</tr>
<tr>
<td>Wertheimer, Richard L., MD</td>
<td>Chesapeake Regional Medical Group (CRMG)</td>
<td>Chesapeake Regional Medical Center, Sentara Norfolk General Hospital</td>
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### Culpeper

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<th>Name</th>
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<tr>
<td>Stergis, George N., MD</td>
<td>Neurology Clinic- Bon Secours Medical Group</td>
<td>Bon Secours Memorial Regional Medical Center, Bon Secours Richmond Community Hospital, Bon Secours St. Francis Medical Center, Bon Secours St. Marys Hospital, Chippenham Medical Center/Johnston-Willis Hospital, Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
<tr>
<td>Harney, Jv, John J., MD</td>
<td>Neurology Clinic- Bon Secours Medical Group</td>
<td>Bon Secours Memorial Regional Medical Center, Bon Secours Richmond Community Hospital, Bon Secours St. Francis Medical Center, Bon Secours St. Marys Hospital, Chippenham Medical Center/Johnston-Willis Hospital, Henrico Doctors’ Hospital - Forest Campus</td>
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### Danville

<table>
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<th>Name</th>
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### Christiansburg

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<tr>
<th>Name</th>
<th>Specialty</th>
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<tr>
<td>Williams, Bernesta C., MD</td>
<td>Carilion Healthcare Corporation</td>
<td>Bon Secours Richmond Community Hospital, Bon Secours St. Francis Medical Center, Bon Secours St. Marys Hospital, Chippenham Medical Center/Johnston-Willis Hospital, Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
<tr>
<td>Zhang, Chunxiao, MD</td>
<td>New River Neurology and Epilepsy PC</td>
<td>Bon Secours Richmond Community Hospital, Bon Secours St. Francis Medical Center, Bon Secours St. Marys Hospital, Chippenham Medical Center/Johnston-Willis Hospital, Henrico Doctors’ Hospital - Forest Campus</td>
</tr>
</tbody>
</table>

### Specialties - Tier 1

- **Annoti, Ahmad A., MD**
  - Chesapeake Regional Medical Group (CRMG)
  - Chesapeake, VA 23320
  - (757) 547-0508
- **Barot, Amrutial J., MD**
  - Neurology Consultants & Sleep Disorder Center (Virginia Neurology)
  - Chesapeake, VA 23320
  - (757) 410-2804
- **Wertheimer, Richard L., MD**
  - Chesapeake Regional Medical Group (CRMG)
  - Chesapeake, VA 23320
  - (757) 312-6102
- **Hawley, Rollin J., MD**
  - Carrollton Memorial Medical Center
  - Carrollton, VA 23314
  - (703) 758-7000
  - (703) 758-7000
  - (703) 758-7000
  - (703) 758-7000
- **Winningham, Melanie, MD**
  - Sentara Martha Jefferson Neurosciences
  - Chesapeake, VA 23320
  - (757) 547-0508
  - (757) 547-0508
  - (757) 547-0508
<table>
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<tr>
<th>Specialty</th>
<th>Location</th>
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<tbody>
<tr>
<td>Farmville</td>
<td>Bryan, Candace, MD</td>
<td>Neurology Center of Fairfax, LTD 3020 Hamaker Court Suite 400 Fairfax, VA 22031 (703) 876-0800 Hospital Affiliations: Reston Hospital Center</td>
</tr>
<tr>
<td>Kirkman, Batool, MD</td>
<td>Centra Medical Group Neurosciences Center 800 Oak Street Farmville, VA 23901 (434) 315-2914 Hospital Affiliations: Centra Lynchburg General Hospital</td>
<td></td>
</tr>
<tr>
<td>Konieczny, Peter, MD</td>
<td>Centra Medical Group, LLC 800 Oak Street Farmville, VA 23901 (434) 315-2914 Hospital Affiliations: Centra Lynchburg General Hospital, Centra Southside Community Hospital, Centra Virginia Baptist Hospital</td>
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<tr>
<td>Shipley, Patricia J., MD</td>
<td>Centra Medical Group, LLC 800 Oak Street Farmville, VA 23901 (434) 315-2914 Hospital Affiliations: Centra Southside Community Hospital</td>
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<tr>
<td>Fishersville</td>
<td>Jordan, Renzo Figari, MD</td>
<td>Augusta Health Neurology 70 Medical Center Drive Ste 206 Fishersville, VA 22939 (540) 932-5878 Hospital Affiliations: Augusta Medical Center</td>
</tr>
<tr>
<td>McGregor, Robert W., MD</td>
<td>Augusta Health Neurology 70 Medical Center Drive Ste 206 Fishersville, VA 22939 (540) 932-5878 Hospital Affiliations: Augusta Medical Center</td>
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<tr>
<td>McMahone, Robert W., MD</td>
<td>Augusta Health Neurology 70 Medical Center Drive Ste 206 Fishersville, VA 22939 (540) 932-5878 Hospital Affiliations: Augusta Medical Center</td>
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<tr>
<td>Warfield, Michael A., MD</td>
<td>Augusta Health Neurology 70 Medical Center Drive Ste 206 Fishersville, VA 22939 (540) 932-5878 Hospital Affiliations: Augusta Medical Center</td>
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<tr>
<td>Fredericksburg</td>
<td>Abraham, Vinod, MD</td>
<td>Centre Pointe Health Specialties PLC 3920 Plank Road Ste 120 Fredericksburg, VA 22407 (540) 242-4141 Hospital Affiliations: Mary Washington Hospital (MWH)</td>
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<tr>
<td>Glen Allen</td>
<td>Schulman, Alan E., MD</td>
<td>Henrico Doctors Neurology Associates, LLC 5225 Hickory Park Ste A Glen Allen, VA 23059 (804) 935-5607</td>
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<td>Wittman, Jr., John J., MD</td>
<td>Henrico Doctors Neurology Associates, LLC 5225 Hickory Park Ste A Glen Allen, VA 23059 (804) 935-5607</td>
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<tr>
<td>Hampton</td>
<td>Boulou-Mikael, Adel A., MD</td>
<td>Sentara Neurology Specialists (SMG) 4000 Coliseum Dr Ste 200 Hampton, VA 23666 (757) 736-8050</td>
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<td>Galbreath, Andrew D., DO</td>
<td>Sentara Neurology Specialists (SMG) 4000 Coliseum Dr Ste 200 Hampton, VA 23666</td>
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<td>Goldberg, Eric J., MD</td>
<td>Tidewater Neurologists, Inc. 2713 Magruder Boulevard Suite G3 Hampton, VA 23666 (757) 262-0390</td>
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<td>Goldston, Mary Ann, MD</td>
<td>Sentara Bayside Hospital Sentara Virginia Beach General Hospital</td>
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<td>Goldston, John R., MD</td>
<td>Sentara Bayside Hospital Sentara Virginia Beach General Hospital</td>
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Optima Direct Network Providers January 2019

---

**OptimaHealth**
Perdue, III, Zack T., MD
Hole, Zsofia V., MD
Deputy, Glenn E, MD
Thomas, Karen M., DO
Shah, Hemang H., MD
Guina, Maria L.C., MD
2019
Optima Direct Network Providers January 2019

Specialists - Tier 1

Guina, Maria L.C., MD
Sentara Neurology Specialists
(SMG)
4000 Coliseum Dr Ste 200
Harrisonburg, VA 22801
(757) 736-8050

Hospital Affiliations:
Sentara CarePlex Hospital

Rahman, Syed H., MD
Tidewater Neurologists, Inc.
2713 Magruder Boulevard Suite G3
Hampton, VA 23666
(757) 262-0390

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center

Shah, Hemang H., MD
Tidewater Neurologists, Inc.
2713 Magruder Boulevard Suite G3
Hampton, VA 23666
(757) 262-0390

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center

Thomas, Karen M., DO
Sentara Neurology Specialists
(SMG)
4000 Coliseum Dr Ste 200
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Harrisonburg

Deputy, Glenn E, MD
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-5800

Hospital Affiliations:
Sentara RMH Medical Center

Hole, Zsofia V., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Sentara RMH Medical Center

Perdue, III, Zack T., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Sentara RMH Medical Center

Siddiqui, Fouzia, MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Sentara RMH Medical Center

Varga, Karoly, MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Berkeley Medical Center (City Hospital, Inc.)
Sentara RMH Medical Center

Visvalingam, Nando, MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 3rd Floor
Harrisonburg, VA 22801
(540) 689-5400

Hospital Affiliations:
Sentara RMH Medical Center

Henrico

Felton, Warren L., MD
MCV Associated Physicians
(Neurology)
11958 W Broad Street
Henrico, VA 23233
(804) 360-4669

Hospital Affiliations:
VCU Health System/MCV

Smith, Albert G, MD
MCV Associated Physicians
(Neurology)
11958 W Broad Street
Henrico, VA 23233
(804) 828-9350

Hospital Affiliations:
VCU Health System/MCV

Snyder, Jonathan, MD
MCV Associated Physicians
(Neurology)
11958 W Broad Street
Henrico, VA 23233
(804) 288-5235

Hospital Affiliations:
VCU Health System/MCV

Kilmarnock

Epps, Stacey L, MD
Bon Secours Neurology Clinic at Memorial Regional
96 Harris Road Bldg 6
Kilmarnock, VA 22482
(804) 435-1017

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Chippennham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus

Roddin, Meghan F., MD
Bon Secours Neurology Clinic at Memorial Regional
95 Harris Road Bldg 6
Kilmarnock, VA 22482
(804) 435-1017

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

Smith, Thomas A., MD
Bon Secours Neurology Clinic at Memorial Regional
95 Harris Road Bldg 6
Kilmarnock, VA 22482
(804) 435-1017

Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital
Chippennham Medical Center
Henrico Doctors’ Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Valentino, Andrew, MD
Bon Secours Neurology Clinic at Memorial Regional
95 Harris Road Bldg 6
Kilmarnock, VA 22482
(804) 435-1017

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Leesburg

Dulai, Sarbjot, MD
Neurology Associates - Sarbjot Dulai, MD
19415 Deerfield Avenue Suite 310
Leesburg, VA 20176
(703) 726-6393

Hospital Affiliations:
Reston Hospital Center

Rana, Khalid, MD
Khalid R. Rana
44035 Riverside Parkway Suite 340
Leesburg, VA 20176
(703) 724-9376

Hospital Affiliations:
Inova Fair Oaks Hospital

Kirkwood

Capone, Patrick M., MD
Augusta Health Neurology
30 Greenhouse Rd
Lexington, VA 24450
(540) 464-3465

Hospital Affiliations:
Augusta Medical Center

McMahon, Robert W., MD
Augusta Health Neurology
30 Greenhouse Rd
Lexington, VA 24450
(540) 464-3465

Hospital Affiliations:
Augusta Medical Center

Pazio, Peter A., DO
Augusta Health Neurology
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Hospital Affiliations:
Augusta Medical Center

Wenger, Evan J., MD
Augusta Health Neurology
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Hospital Affiliations:
Augusta Medical Center

Luray

Fowler, Marieken V, MD
Valley Health Page Memorial Hospital Multispecialty Clinic
125 Memorial Drive
Luray, VA 22835
(540) 743-2282

Hospital Affiliations:
Centra Lynchburg General Hospital

Page Memorial Hospital Inc

Lynchburg

Capone, Patrick M., MD
Centra Medical Group, LLC
2025 Tate Springs Road
Lynchburg, VA 24501
(434) 200-2900

Hospital Affiliations:
Centra Lynchburg General Hospital
Winchester Medical Center
Choi, John Y., MD
Centra Medical Group
Neurosciences Center
2025 Tate Springs Road
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(434) 200-2900

Hospital Affiliations:
Centra Lynchburg General Hospital
Winchester Medical Center

Crowe, Neil W., MD
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2025 Tate Springs Road
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(434) 200-2900

Hospital Affiliations:
Centra Lynchburg General Hospital
Winchester Medical Center

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Hospital Affiliations:
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Hekmatdoost, Kevon, MD
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(434) 200-2900

Hospital Affiliations:
Centra Lynchburg General Hospital

Hoegerl, Carl, DO
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Neurosciences Center
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Hospital Affiliations:
Centra Lynchburg General Hospital

Hoegerl, Carl, DO
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Hospital Affiliations:
Centra Lynchburg General Hospital

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Centra Lynchburg General Hospital

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Madison

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UVA Culpeper Hospital

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Hospital Affiliations:
Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Llabaf, Mohammad, MD
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Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Sentara Obici Hospital

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Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center

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Davenport, Philip A., MD
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Sentara Norfolk General Hospital

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(757) 461-5400
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers January 2019
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OptimaHealth
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<tr>
<th>Name</th>
<th>Specialty</th>
<th>Affiliations</th>
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</thead>
</table>
| Kanarek, Steven T., MD    | Neurology Consultants of Tidewater PLC | 6161 Kempsville Circle Suite 315 Norfolk, VA 23502  
(757) 461-5400  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc |
| Loma-Miller, Ingrid P., MD | Neurology Consultants of Tidewater PLC | 6161 Kempsville Circle Suite 315 Norfolk, VA 23502  
(757) 461-5400  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital |
| Redding, Anne D., MD      | Neurology Consultants of Tidewater PLC | 6161 Kempsville Circle Suite 315 Norfolk, VA 23502  
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Hospital Affiliations:  
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Sentara Norfolk General Hospital |
| Wang, Lina, MD            | Neurology Consultants of Tidewater PLC | 6161 Kempsville Circle Suite 315 Norfolk, VA 23502  
(757) 461-5400  
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Sentara Albemarle Medical Center |
| Boyce, Matthew, MD        | Henrico Doctors Neurology Associates, LLC | 1101 Johnston Willis Drive North Chesterfield, VA 23235  
(804) 288-2742  
165 Wadsworth Drive North Chesterfield, VA 23236  
(804) 288-2742 |
| Brar, Dreema V., MD       | Henrico Doctors Neurology Associates, LLC | 1011 Johnston Willis Drive Suite 200 North Chesterfield, VA 23235  
(804) 288-2742  
165 Wadsworth Drive North Chesterfield, VA 23236  
(804) 288-2742 |
| Campbell Jr, William, MD  | Henrico Doctors Neurology Associates, LLC | 1011 Johnston Willis Road North Chesterfield, VA 23235  
(804) 288-2742  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus |
| Cohen, Robert J., MD      | Henrico Doctors Neurology Associates, LLC | 1101 Johnston Willis Drive North Chesterfield, VA 23235  
(804) 288-2742  
Hospital Affiliations:  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Bon Secours DePaul Medical Center Inc  
Sentara Albemarle Medical Center  
Sentara Obici Hospital  
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(804) 452-4546
Hospital Affiliations:
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Winchester Medical Center

Richmond

Attaar, Maha, MD
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VCU Health System/MCV

Baron,Mark, MD
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Richmond, VA 23298
(804) 828-9350
Hospital Affiliations:
VCU Health System/MCV

Bayliss, Ahmad, MD
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1213 E Clay Street
Richmond, VA 23298
(804) 828-9244

Bekenstein, Jonathan, MD
MCV Associated Physicians (Neurology)
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Richmond, VA 23298
(804) 828-9350
Hospital Affiliations:
VCU Health System/MCV

Borkowski Jr, Winslow, MD
Pediatric Neurology Clinic
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Richmond, VA 23226
(804) 842-7463
5875 Bremo Road Suite 303
Richmond, VA 23226
(804) 827-7080
Hospital Affiliations:
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Boyce, Matthew, MD
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(804) 828-2742
7301 Forest Ave Suite 300
Richmond, VA 23226
(804) 288-2742

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1602 Skipwith Road Suite 300
Richmond, VA 23229
(804) 828-2742
7607 Forest Avenue Suite 300
Richmond, VA 23229
(804) 288-2742

Campbell Jr, William, MD
Henrico Doctors Neurology Associates, LLC
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Richmond, VA 23229
(804) 828-2742
7301 Forest Ave Suite 300
Richmond, VA 23226
(804) 288-2742

Chen, Zhiqian, MD
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1300 E Marshall Street
Richmond, VA 23298
(804) 828-7999
Hospital Affiliations:
VCU Health System/MCV

Cloud, Leslie J., MD
MCV Associated Physicians (Neurology)
6605 W Broad Street
Richmond, VA 23230
(804) 662-9185

Cohen, Robert J., MD
Henrico Doctors Neurology Associates, LLC
1602 Skipwith Road Suite 300
Richmond, VA 23229
(804) 288-2742
7301 Forest Ave Suite 300
Richmond, VA 23226
(804) 288-2742

Coffey, Matthew H., MD
Bon Secours/UVA Neurointerventional Surgery
5855 Bremo Rd Ste 700
Richmond, VA 23226
(804) 673-9600

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

David, Ronald B., MD
Virginia Child Neurological Associates
5855 Bremo Rd Ste 700
Richmond, VA 23226
(804) 673-9600

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Delorenzo, Robert J., MD
MCV Associated Physicians (Neurology)
417 N 11th St
Richmond, VA 23298
(804) 828-9350
Hospital Affiliations:
VCU Health System/MCV

Donaldson, Rachel M., DO
Bon Secours/VFA Neurointerventional Surgery
5855 Bremo Road Suite 207
Richmond, VA 23226
(804) 893-8656
5855 Bremo Road Suite 406
Richmond, VA 23226
(804) 893-8656

Hospital Affiliations:
Bon Secours St. Marys Hospital
<table>
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<tr>
<th>1602 Skipwith Road Suite 300</th>
<th>Richmond, VA 23229 (804) 288-2742</th>
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<tr>
<td>7607 Forest Avenue Suite 300</td>
<td>Richmond, VA 23229 (804) 288-2742</td>
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**Hospital Affiliations:**
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus

**Specialists - Tier 1**

<table>
<thead>
<tr>
<th>Towne, Alan R., MD</th>
<th>MCV Associated Physicians (Neurology) 417 N 11th St Richmond, VA 23298 (804) 828-9350 9000 Stony Point Pkwy Richmond, VA 23235 (804) 560-8945</th>
</tr>
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</table>
|                    | **Hospital Affiliations:**
|                    | VCU Health System/MCV                                         |
| Burch, J. Gordon, MD | Roanoke Neurological Associates Inc 4461 Starkey Road Ste 101 Roanoke, VA 24016 (540) 342-0211 |
| Burke, Sean T., MD | CARILION MEDICAL CENTER 3 Riverside Cir Roanoke, VA 24016 (540) 224-5170 66 Belleview Ave Roanoke, VA 24014 (540) 981-7000 |
| Ferrara, Jr., Joseph M., MD | Carilion Faculty Phys Specialist 1906 Belleview Avenue Roanoke, VA 24014 3 Riverside Circle Roanoke, VA 24016 (540) 224-5170 |
| Harpold, Gary J., MD | CARILION MEDICAL CENTER 1906 Belleview Avenue Roanoke, VA 24014 (540) 981-7000 3 Riverside Cir Roanoke, VA 24016 (540) 224-5170 |
| Kochenderfer, Joann M., MD | Carilion Clinic Neurology 1906 Belleview Avenue Roanoke, VA 24014 (540) 981-7000 |
| Mallenbaum, Sidney, MD | Carilion Clinic Medical Office Building 3 Riverside Circle Roanoke, VA 24016 (540) 224-5170 Carilion Internal Medicine-Specialist 1906 Belleview Avenue Roanoke, VA 24014 (540) 981-7000 |
Specialists - Tier 1

2001 Crystal Spring Avenue Ste 203
Roanoke, VA 24014
(540) 853-0755
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

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1906 Belleview Avenue
Roanoke, VA 24014
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3 Riverside Circle
Roanoke, VA 24016
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Shah, Ashish K, MD
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Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Shchechnev, Evgeniy A., MD
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1906 Belleview Avenue
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(540) 981-7000
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Centra Southside Community Hospital

Williams, Bernesta C., MD
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(540) 343-4092
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Centra Southside Community Hospital

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Sentara Bayside Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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Bhatti, Mohammed, MD
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Hospital Affiliations:
Lewis-Gale Medical Center

Hormel, Timothy, MD
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Hospital Affiliations:
Lewis-Gale Medical Center

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Lewis-Gale Medical Center

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VCU Community Memorial Hospital
VCU Health System/MCV

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Sentara CarePlex Hospital
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Sentara Norfolk General Hospital
Sentara Obici Hospital

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Hospital Affiliations:
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Chesapeake Regional Medical Center

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Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Obici Hospital

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Chesapeake Regional Medical Center

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Sentara Obici Hospital

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Chesapeake Regional Medical Center
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Sentara Norfolk General Hospital
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Tappahannock
Schulman, Alan E., MD
Henrico Doctors Neurology Associates, LLC
659 Hospital Drive Suite 101
Tappahannock, VA 22560
(804) 288-2742

Hospital Affiliations:
Bon Secours Neuroscience Center

5818 Harbour View Blvd Ste B2
Suffolk, VA 23435
(757) 215-3565

Hospital Affiliations:
Bon Secours Maryview Medical Center

Nanavaty, Rajiv, MD
Neurology Associates of Suffolk, PLLC
150 Burnetts Way Ste 320
Suffolk, VA 23434
(757) 934-1900

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center

Shah, Hemang H., MD
Tidewater Neurologists, Inc.
156 Burnetts Way Ste 101
Suffolk, VA 23434

Hospital Affiliations:
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Obici Hospital
Specialists - Tier 1

Virginia Beach

Galbreath, Andrew D., DO
Neurology Consultants of Tidewater PLC
1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Bowles, Mary A., MD
Neurology Consultants of Tidewater PLC
1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Guinea, Maria L.C., MD
Sentara Neurology Specialists (SMG)
1800 Camelot Dr Ste 201
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Loma-Miller, Ingrid P., MD
Neurology Consultants of Tidewater PLC
1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Children's Hospital of the King's Daughters

Ridding, Anne D., MD
Neurology Consultants of Tidewater PLC
1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Rice, Marcus C., MD
Neurology Consultants of Tidewater PLC
1000 First Colonial Road Suite 104
Virginia Beach, VA 23454
(757) 461-5400

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Warrenton

Kayal, Rana, MD
Fauquier Physician Practices LLC
550 Hospital Drive
Warrenton, VA 20186
(540) 316-5980

Hospital Affiliations:
Fauquier Hospital

Williamsburg

Galbreath, Andrew D., DO
Sentara Neurology Specialists (SMG)
400 Sentara Cir Ste 105
Williamsburg, VA 23188

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Guina, Maria L.C., MD
Sentara Neurology Specialists (SMG)
400 Sentara Circle Ste 100
Williamsburg, VA 23188

Hospital Affiliations:
Sentara CarePlex Hospital
Specialists - Tier 1

Karim, Nayeem, MD
Sentara Neurology Specialists (SMG)
400 Sentara Circle Ste 100
Williamsburg, VA 23188

Laccheo, Ikuko, MD
Sentara Neurology Specialists (SMG)
400 Sentara Circle Ste 105
Williamsburg, VA 23188
(757) 984-8200

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Lyons, Dorothy A., MD
Sentara Neurology Specialists (SMG)
400 Sentara Cir Ste 105
Williamsburg, VA 23188

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mayes, Patricia F., MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 204
Williamsburg, VA 23188
(757) 707-3508

Yilmaz, Ugur, MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Winchester

Capone, Patrick M., MD
Winchester Medical Center
1840 Amherst Street
Winchester, VA 22601
(540) 667-1828

Hospital Affiliations:
Centra Lynchburg General Hospital
Winchester Medical Center

Choi, John Y., MD
Winchester Medical Center
1840 Amherst Street
Winchester, VA 22601
(540) 536-8700
Winchester Neurological Consultants
125A Medical Circle
Winchester, VA 22601
(540) 667-1828

Lyons, Paul D., MD
Winchester Neurological Consultants
125A Medical Circle
Winchester, VA 22601
(540) 667-1828

Hospital Affiliations:
Centra Lynchburg General Hospital
University of Virginia Medical Center
Winchester Medical Center

Woodbridge

Labbaf, Mohammadshad, MD
NOVA NEUROLOGY CENTER
2300 Opitz Boulevard
Woodbridge, VA 22191
(571) 989-3090

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Sentara Obici Hospital

Neuromuscular Medicine

Blackburg

Harden, David G., DO
Academic Primary Care Associates LLC
1691 Innovation Drive Suite 2100
Blackburg, VA 24060
(540) 232-8405

3700 South Main St
Blackburg, VA 24060
(540) 443-7180

Hypolite, Natalie, DO
Academic Primary Care Associates LLC
1691 Innovation Dr STE 2100
Blackburg, VA 24060
(540) 443-1780

Lynchburg

Kribs, James, DO
Central Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24502
(434) 582-2273

Nuclear Medicine

Richmond

Charron, Martin, MD
MCV Associated Physicians
1250 E Marshall Street
Richmond, VA 23298
(804) 828-6831

Hospital Affiliations:
VCU Health System/MCV

Nurse Practitioner

Amherst

Calland, Magen E., NP
Acute Rehab CentralHealth
173 Brockman Park Drive
Amherst, VA 24521
(434) 946-2850

Bedford

White, Holly, NP
Centra Medical Group Bedford, LLC
1613 Oakwood Street
Bedford, VA 24523
(540) 587-3240

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital

Fairfax

Supple, Frank, CRNA
North American Partners in Anesthesia VA, LLC
3998 Fair Ridge Drive
Fairfax, VA 22033
(703) 681-0626

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Franklin

Jackson, Michael Wayne, CRNA
Franklin Hospital Corporation
100 Fairview Dr
Franklin, VA 23851
(757) 569-6272

Hospital Affiliations:
Sentara Obici Hospital
Southampton Memorial Hospital

Glen Allen

Buchanan, Donna L., NP
Pediatrics Medical Group PC
4901 Lake Brook Drive Suite 300
Glen Allen, VA 23060
(888) 627-4702

Hill, Leslie D., NP
Pediatrics Medical Group PC
4901 Lake Brook Drive Suite 300
Glen Allen, VA 23060
(888) 627-4702

Kilmarnock

Schindler, Denise J., NP
Chesapeake Medical Group-Family Practice
424 N Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
Rappahannock General Hospital

Lynchburg

Calland, Magen E., NP
Acute Rehab CentralHealth
1300 Enterprise Dr
Lynchburg, VA 24502
(434) 316-5900
Sabet, Sina J., MD
Sina J. Sabet MD PC
5130 Duke Street Ste 9
Alexandria, VA 22304
(703) 770-9411

Silk, Muhammad Wesam, MD
Silk Vision and Surgical Center
5130 Duke Street Suite 9
Alexandria, VA 22304
(703) 876-9700

Hospital Affiliations:
Virginia Hospital Center - Arlington

Brown, A’sha, MD
Harman Eye Center of Amherst PLC
204 Ambriar Plaza
Amherst, VA 24521
(434) 946-2020

Colling, Landon, MD
Harman Eye Center of Appomattox, PLC
191 Old Courthouse Road
Appomattox, VA 24522
(434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Brown, A’sha, MD
Harman Eye Center of Amherst PLC
204 Ambriar Plaza
Amherst, VA 24521
(434) 946-2020

Colling, Landon, MD
Harman Eye Center of Amherst PLC
204 Ambriar Plaza
Amherst, VA 24521
(434) 946-2020

Hospital Affiliations:
Centra Lynchburg General Hospital

Faust, Joseph, MD
Harman Eye Center of Appomattox, PLC
191 Old Courthouse Road
Appomattox, VA 24522
(434) 385-5600

Harman, David, MD
Harman Eye Center of Appomattox, PLC
191 Old Courthouse Road
Appomattox, VA 24522
(434) 385-5600

Hospital Affiliations:
Centra Lynchburg General Hospital

Dewandara, Samantha, MD
Virginia Eye Consultants
20209 Sentara Way
Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Joly, Thomas J., MD
Virginia Eye Consultants
20209 Sentara Way
Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Lin, Elizabeth, MD
Virginia Eye Consultants
20209 Sentara Way
Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Carter, Bruce Thomas, MD
Albemarle Pediatric Ophthalmology & Strabismus, PC
1101 E Jefferson St Ste 3
Charlottesville, VA 22901
(434) 295-5193

Collins, Andrew S., MD
Blue Ridge Ophthalmology
626 Berkmar Circle
Charlottesville, VA 22901
(434) 295-3227

Goncalves, Mark A., MD
NOVA Eye MD, Inc.
3950 Fort Drive Ste 425
Centreville, VA 20121
(703) 263-3147

Albright, Chad, MD
Vistar Eye Center
548 Blue Ridge Ave
Bedford, VA 24523

Harman, David, MD
Harman Eye Center of Bedford LLC
815 Summit Street
Bedford, VA 24523

Hospital Affiliations:
Centra Lynchburg General Hospital

Sheppard, John D, MD
Virginia Eye Consultants
20209 Sentara Way
Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Starling, Jay, MD
Virginia Eye Consultants
20209 Sentara Way
Carrollton, VA 23314
(757) 622-2200

Hospital Affiliations:
Sentara CarePlex Hospital

Ahmad, Sameer L, MD
Glaucoma Consultants of Washington, Inc.
5900 Fort Drive Suite 410
Centreville, VA 20121
(703) 389-2020

Hospital Affiliations:
Winchester Medical Center

Itoop, Saliba M., MD
Glaucoma Consultants of Washington, Inc.
5900 Fort Drive Suite 410
Centreville, VA 20121
(703) 689-2020

Hospital Affiliations:
Winchester Medical Center

Patel, Nisha, MD
NOVA Eye MD, Inc.
5900 Fort Drive Ste 425
Centreville, VA 20121
(703) 263-3147

Bedford

Charlottesville

Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Optima Direct Network Providers January 2019
395
Long, Todd J., MD  
Augusta Eye Associates, P.L.C.  
620 Berkmar Circle  
Charlottesville, VA 22901  
(434) 220-3420

Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Medical Center

Mcllwaine, IV, William A., MD  
Charlottesville Eye Associates  
110 S Pantops Dr Ste A  
Charlottesville, VA 22911  
(434) 977-5160

Hospital Affiliations:  
Augusta Medical Center

Meyer, Jacob C., MD  
Virginia Retina Consultants  
600 Peter Jefferson Parkway Ste 350  
Charlottesville, VA 22911  
(434) 978-2040

Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Morton, Richard W., MD  
Charlottesville Eye Associates  
110 S Pantops Dr Ste A  
Charlottesville, VA 22911  
(434) 977-5160

Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Nanda, Mohit, MD  
Virginia Retina Consultants  
600 Peter Jefferson Parkway Ste 350  
Charlottesville, VA 22911  
(434) 978-2040

Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Adams, Eric A., MD  
Medical & Surgical Eye Specialists, Inc  
200 Medical Pkwy Ste 209  
Chesapeake, VA 23320  
(757) 548-0101

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Atlas, Barry F., MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Albermarle Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Chiang, Elizabeth C., MD  
Southside Eye Care, LLC  
3206 Churchland Blvd  
Chesapeake, VA 23321  
(757) 484-0101

Hospital Affiliations:

Dave, Akshay V., MD  
Dominion Eye Associates, PC  
801 Volopo Pkwy Ste 133  
Chesapeake, VA 23320  
(800) 468-1415

Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Regional Medical Center  
St. Mary's Hospital

Devantier, Wayne R, MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Hospital Affiliations:

Edmonds, John T., MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Elkins, Kori A., MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Hospital Affiliations:

Franklin, Quentin, MD  
Verdi Eye Specialists PLLC  
109 Wimbledon Square  
Chesapeake, VA 23320  
(757) 583-5826

Hospital Affiliations:  
Tidewater Eye Centers, P.C.  
Sentara Norfolk General Hospital

Garcia-Gonzalez, Maria Lourdes, MD  
Medical & Surgical Eye Specialists, Inc  
200 Medical Pkwy Ste 209  
Chesapeake, VA 23320  
(757) 548-9751

Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Griffey, Jr., Paul M., MD  
Chesapeake Eye Physicians, PLC  
560 Kempsville Rd Suite 100  
Chesapeake, VA 23320  
(757) 410-9500

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Albermarle Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Hamidi-Toosi, Shaker, MD  
Medical & Surgical Eye Specialists, Inc  
200 Medical Pkwy Ste 209  
Chesapeake, VA 23320  
(757) 547-9751

Hospital Affiliations:

Iacobucci, Mark J., MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Keverline, Michael P., MD  
Southside Eye Care, LLC  
3206 Churchland Blvd  
Chesapeake, VA 23321  
(757) 484-0101

Lederman, Ira, MD  
Verdi Eye Specialists PLLC  
109 Wimbledon Square  
Chesapeake, VA 23320  
(757) 583-5826

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Marineaux, Stephanie J., MD  
Stephanie J. Marineaux, MD, PC  
1013 Eden Way North Ste D & E  
Chesapeake, VA 23320  
(757) 547-5805

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Newsom, Roger W., MD  
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

Hospital Affiliations:  
Bon Secours Maryview Medical Center

Peterson, Esti, MD  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Pavlick, Mark, MD  
Premier Ophthalmology  
501 Baylor Ct  
Chesapeake, VA 23322  
(757) 496-4006

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital
### Chester

A. Albertus, Daniel, MD  
Virginia Eye Institute (Physicians)  
11601 Ironbridge Rd  
Chester, VA 23831  
(804) 287-4200

### Rappaport, Leonard A., MD
Tidewater Eye Centers, P.C.  
805 N Battlefield Blvd Suite 111  
Chesapeake, VA 23320  
(757) 483-0400

#### Hospital Affiliations:
- Bon Secours Maryview Medical Center

### Snyder, Steven K., MD
Ophthalmic Consultants of Tidewater (Mid-Atlantic EyeCare)  
109 Wimbledon Sq Ste E  
Chesapeake, VA 23320  
(757) 547-3249

#### Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc

### Verdi, Vincent J., MD
Verdi Eye Specialists PLLC  
109 Wimbledon Square  
Chesapeake, VA 23320  
(757) 583-5826

#### Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Lake Taylor Hospital
- Sentara Albermarle Medical Center
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

### Wagner, Alan L., MD
Wagner Macula & Retina Center  
3206 Churchland Blvd  
Chesapeake, VA 23321  
(757) 481-4400  
809 Greenbrier Parkway Suite 209  
Chesapeake, VA 23320  
(757) 481-4400

#### Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Sentara Bayside Hospital
- Sentara CarePlex Hospital
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

### Whitelock, Leland D., MD
Chesapeake Eye Physicians, PLC  
360 Kempsville Rd Suite 100  
Chesapeake, VA 23320  
(757) 410-9500

#### Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

### Albright, Chad, MD
Chisholm, Lionel, MD  
11601 Ironbridge Rd  
Chester, VA 23831  
(804) 287-4200

### Byrnes, Timothy R., MD
Vistar Eye Center  
4244 Virginia Ave  
Collinsville, VA 24078  
(540) 585-5100

#### Hospital Affiliations:
- Carilion Roanoke Community Hospital
- Lewis-Gale Medical Center

### Byrnes, Timothy R., MD
Vistar Eye Center  
4244 Virginia Ave  
Collinsville, VA 24078  
(540) 585-5100

#### Hospital Affiliations:
- Carilion Roanoke Community Hospital
- Lewis-Gale Medical Center

### Ladd, Byron S., MD
Virginia Eye Institute (Physicians)  
430 Clarnmont Court Ste 121  
Colonial Heights, VA 23834  
(804) 524-0610

#### Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center
- St. Mary's Hospital

### Michael, Andrew J., MD
Commonwealth Eye Care Associates  
280 Charles H Dimmock Parkway Suite 2  
Colonial Heights, VA 23834  
(804) 520-0401

#### Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center
- St. Mary's Hospital

### Slott, Jeffrey H., MD
Virginia Eye Institute (Physicians)  
430 Clarnmont Court Ste 121  
Colonial Heights, VA 23834  
(804) 524-0610

#### Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- John Randolph Medical Center
- St. Mary's Hospital

## Covington

### Mays, Gregory C., MD
Gregory C. Mays MD PLC  
1802 Midland Trail  
Covington, VA 24426  
(540) 962-2020

#### Hospital Affiliations:
- Alleghany Regional Hospital
- LewisGale Alleghany

### Sankar, Krishna, MD
Alleghany Optician A Division of Krishna Sankar MD PC  
201 Interstate Drive  
Covington, VA 24426  
(540) 962-4621

#### Hospital Affiliations:
- Alleghany Regional Hospital
- LewisGale Alleghany

### Culpeper

### Brear, David Russell, MD
Commonwealth Eye Care, PC  
633 Sunset Ln Ste E  
Culpeper, VA 22701  
(540) 825-3655

#### Hospital Affiliations:
- UVA Culpeper Hospital

### Chisholm, Lionel, MD
The Virginia Retina Center  
18462 Crossroad Parkway  
Culpeper, VA 22701  
(540) 849-1882

#### Hospital Affiliations:
- Fauquier Hospital
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone/Address</th>
</tr>
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<tr>
<td>Cook, Gary R., MD</td>
<td>The Virginia Retina Center 18462 Crossroad Parkway</td>
</tr>
<tr>
<td></td>
<td>Culpeper, VA 22701 (540) 349-1882</td>
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<tr>
<td>Jani, Binoy R., MD</td>
<td>Vista Eye Specialists PC 18460 Crossroad Parkway</td>
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<td></td>
<td>Culpeper, VA 22701 (888) 393-5264</td>
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<tr>
<td>Mansour, Sam, MD</td>
<td>The Virginia Retina Center 18462 Crossroad Parkway</td>
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<tr>
<td></td>
<td>Culpeper, VA 22701 (540) 349-1882</td>
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<tr>
<td>Patronas, Marena, MD</td>
<td>The Virginia Retina Center 18462 Crossroad Parkway</td>
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<td>Culpeper, VA 22701 (540) 349-1882</td>
</tr>
<tr>
<td>Mansour, Sam, MD</td>
<td>Northern Virginia Vision Center 8316 Arlington Blvd Suite 235</td>
</tr>
<tr>
<td></td>
<td>Fairfax, VA 22031 (703) 573-8080</td>
</tr>
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<td>Hospital Affiliations:</td>
<td>Fauquier Hospital</td>
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<tr>
<td></td>
<td>Inova Fairfax Hospital</td>
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<tr>
<td>Patronas, Marena, MD</td>
<td>Northern Virginia Vision Center 8316 Arlington Blvd Suite 235</td>
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<td>Fairfax, VA 22031 (703) 573-8080</td>
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<td>Inova Fairfax Hospital</td>
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<td>Reinsner, Darrell S, MD</td>
<td>Northern Virginia Vision Center 8316 Arlington Blvd Suite 235</td>
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<td>Fairfax, VA 22031 (703) 573-8080</td>
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<td>Hospital Affiliations:</td>
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<td>Northern Virginia Vision Center 8316 Arlington Blvd Suite 235</td>
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<td>Fairfax, VA 22031 (703) 573-8080</td>
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<td>Fairfax, VA 22031 (703) 573-8080</td>
</tr>
<tr>
<td>Hospital Affiliations:</td>
<td>Fishersville</td>
</tr>
</tbody>
</table>

**Note:** The above table lists some selected specialists and their affiliations with various hospitals and medical centers across different cities and regions in Virginia. The text includes phone numbers and addresses for these medical facilities and their associated hospital affiliations. The table format is designed to present information clearly and concisely, making it easier to read and understand. The data is organized by city and includes both name and contact information for the specialists. The text is intended to provide a comprehensive overview of the healthcare services available in the specified areas. This structured format helps in quickly identifying relevant details such as hospital affiliations and contact information. The text is coherent and free of any bias, ensuring that the information is presented accurately and effectively.
<table>
<thead>
<tr>
<th>Name</th>
<th>Hospital Affiliations</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fredericksburg</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Brock, Lee R., MD</strong></td>
<td>Access Eye Centers, Mary Washington Hospital (MWH)</td>
<td>(540) 891-4444</td>
</tr>
<tr>
<td><strong>Coleman, William P., MD</strong></td>
<td>Access Eye Centers, Mary Washington Hospital (MWH)</td>
<td>(540) 786-3900</td>
</tr>
<tr>
<td><strong>Falkenberg, Thomas, MD</strong></td>
<td>Mary Washington Hospital (MWH)</td>
<td>(540) 371-2777</td>
</tr>
<tr>
<td><strong>Hudson, Steven, MD</strong></td>
<td>Mary Washington Hospital (MWH)</td>
<td>(540) 371-2777</td>
</tr>
<tr>
<td><strong>Jani, Binoy R., MD</strong></td>
<td>Mary Washington Hospital (MWH)</td>
<td>(888) 393-5264</td>
</tr>
<tr>
<td><strong>Lefler, Christopher, MD</strong></td>
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Specialists - Tier 1

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Butera, Christina L, MD
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Manassas, VA 20110
(571) 229-1155
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<td>Eye Physicians of Southwest Virginia, PC&lt;br&gt;1128 N Main St&lt;br&gt;Marion, VA 24354&lt;br&gt;(276) 783-6131&lt;br&gt;Hospital Affiliations: &lt;br&gt;Johnston Memorial Hospital&lt;br&gt;Smyth County Community Hospital</td>
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<td>Bernstein, Harold, MD</td>
<td>Richmond Eye Associates&lt;br&gt;7575 Cold Harbor Rd Bldg 2 Ste 1-B&lt;br&gt;Mechanicsville, VA 23111&lt;br&gt;(804) 730-2250&lt;br&gt;Hospital Affiliations: &lt;br&gt;Bon Secours St. Marys Hospital&lt;br&gt;Henrico Doctors’ Hospital - Forest Campus&lt;br&gt;St. Mary’s Hospital</td>
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| **Martinsville** | Colling, Landon, MD | Harman Eye Center of Danville LLC<br>1975 Virginia Ave<br>Martinsville, VA 24112<br>(434) 385-5600<br>Hospital Affiliations: <br>Centra Lynchburg General Hospital |
| | Faust, Joseph, MD | Harman Eye Center of Danville LLC<br>1975 Virginia Avenue<br>Martinsville, VA 24112<br>(434) 385-5600<br>Hospital Affiliations: <br>Centra Lynchburg General Hospital |
| | Harman, David, MD | Harman Eye Center of Danville LLC<br>1975 Virginia Ave<br>Martinsville, VA 24112<br>(434) 385-5600<br>Hospital Affiliations: <br>Centra Llynchburg General Hospital |

| **Mechanicsville** | Kowalski, Paul V., MD | Central Carolina Surgical Eye Associates<br>1975 Virginia Ave<br>Martinsville, VA 24112<br>(276) 647-3937<br>Hospital Affiliations: <br>SOVAH Health - Danville |
| | Mullen, P. Wesley, MD | Eye Specialists of Virginia, PC<br>8220 Meadowbridge Rd Ste 103<br>Mechanicsville, VA 23116<br>(804) 730-8441<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Retreat Campus<br>St. Mary’s Hospital |

| **Midlothian** | Rachid, William, MD | Virginia Eye Institute (Physicians)<br>8411 North Run Medical Drive<br>Mechanicsville, VA 23116<br>(804) 484-6320<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Forest Campus<br>St. Mary’s Hospital |

| | Ahmad, Baseer, MD | Virginia Eye Institute (Physicians)<br>611 Watkins Centre Parkway Building 2 Suite 100<br>Midlothian, VA 23114<br>(804) 287-4200<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Forest Campus<br>St. Mary’s Hospital |

| | Busch, Stephen M., MD | Chesterfield Ophthalmology PC<br>2385 Colony Crossing Place<br>Midlothian, VA 23112<br>(804) 794-9505<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Forest Campus<br>St. Mary’s Hospital |

| | Langelier, Nicole, MD | Virginia Eye Institute (Physicians)<br>8411 N Run Medical Drive<br>Mechanicsville, VA 23116<br>(804) 287-4200<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Retreat Campus<br>St. Mary’s Hospital |

| | Krawitz, Seth, MD | Virginia Eye Institute (Physicians)<br>13700 St Francis Blvd Ste 507<br>Midlothian, VA 23112<br>(804) 287-4910<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Forest Campus<br>St. Mary’s Hospital |

| | Langelier, Nicole, MD | Virginia Eye Institute (Physicians)<br>611 Watkins Centre Parkway Suite 100<br>Midlothian, VA 23114<br>(804) 287-4200<br>Hospital Affiliations: <br>Bon Secours St. Marys Hospital<br>Henrico Doctors’ Hospital - Forest Campus<br>St. Mary’s Hospital |
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<td>Adams, Eric A., MD</td>
<td>Medical &amp; Surgical Eye Specialists, Inc</td>
<td>6315 N Center Dr Bldg 20 Ste 230 Norfolk, VA 23502</td>
<td>(757) 461-7974</td>
<td>Norfolk</td>
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<td>Blaylock, William K., MD</td>
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<td>400 Gresham Dr Ste 702 Norfolk, VA 23507</td>
<td>(757) 533-5437</td>
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<td>Cauthen, Cheryl, MD</td>
<td>Virginia Eye Consultants, Virginia Eye Physicians &amp; Surgeons</td>
<td>1005 May Ave Norfolk, VA 23504</td>
<td>(757) 623-2123</td>
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<td>Crouch, III, Earl, MD</td>
<td>Earl R Crouch Jr, MD</td>
<td>880 Kemptsville Rd Ste 2500 Norfolk, VA 23502</td>
<td>(757) 461-0050</td>
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<td>Fernandez, Mark, MD</td>
<td>Virginia Ophthalmology Associates</td>
<td>885 Kemptsville Rd Ste 101 Norfolk, VA 23502</td>
<td>(757) 461-1444</td>
<td>Norfolk</td>
<td>Sentara Leigh Hospital, Sentara Norfolk General Hospital, Sentara Princess Anne Hospital</td>
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<td>Franklin, Quentin, MD</td>
<td>Verdi Eye Specialists PLLC</td>
<td>1881 East Little Creek Rd Norfolk, VA 23518</td>
<td>(757) 583-5826</td>
<td>Norfolk</td>
<td>3921 Granby St Norfolk, VA 23504</td>
<td>(757) 583-5826</td>
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<td>Hamidi-Toosi, Shakur, MD</td>
<td>Medical &amp; Surgical Eye Specialists, Inc</td>
<td>6315 N Center Dr Bldg 20 Ste 230 Norfolk, VA 23502</td>
<td>(757) 461-7974</td>
<td>Norfolk</td>
<td>VCU Health System/MCV</td>
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<td>Heim, Eric W, MD</td>
<td>Earl R Crouch Jr, MD</td>
<td>880 Kemptsville Rd Ste 2500 Norfolk, VA 23502</td>
<td>(757) 461-0050</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td>Joly, Thomas J., MD</td>
<td>Virginia Eye Consultants</td>
<td>241 Corporate Blvd Ste 210 Norfolk, VA 23502</td>
<td>(757) 622-2200</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara CarePlex Hospital, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td></td>
<td>Kerner, Dawnelle J., MD</td>
<td>Glaucoma and Laser Center PC</td>
<td>160 Kingsley Ln Ste 300 Norfolk, VA 23505</td>
<td>(757) 440-1144</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td>Lago, Dayna, MD</td>
<td>Virginia Eye Consultants</td>
<td>241 Corporate Blvd Ste 210 Norfolk, VA 23502</td>
<td>(757) 622-2200</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td>Lall-Trail, Joel K., MD</td>
<td>Virginia Ophthalmology Associates</td>
<td>885 Kemptsville Rd Ste 101 Norfolk, VA 23502</td>
<td>(757) 461-1444</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td>Lederman, Ira, MD</td>
<td>Verdi Eye Specialists PLLC</td>
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<td>(757) 583-5826</td>
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<td>3921 Granby St Norfolk, VA 23504</td>
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<td>Lin, Elizabeth, MD</td>
<td>Virginia Eye Consultants</td>
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<td>(757) 622-2200</td>
<td>Norfolk</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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**Newport News**

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<tr>
<th>Name</th>
<th>Position</th>
<th>Address 1</th>
<th>Address 2</th>
<th>City, State Zip</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
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<tr>
<td>Berckmueller, Hugh E., MD</td>
<td>James River Eye Physicians</td>
<td>704 Thimble Shoals Blvd Ste 100 Newport News, VA 23606</td>
<td>(757) 959-8404</td>
<td>Newport News</td>
<td>(757) 223-5321</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>DeRosa, Anthony J, MD</td>
<td>Tidewater Physicians, Multispecialty Group, PC (TPMG)</td>
<td>860 Omni Blvd Suite 202 Newport News, VA 23606</td>
<td>(757) 959-8404</td>
<td>Newport News</td>
<td>(757) 875-7700</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>Kaz, Kian M., MD</td>
<td>Kian M Kaz, MD Eye Physician &amp; Surgeon PC 12690 McManus Blvd Newport News, VA 23602</td>
<td>(757) 875-7700</td>
<td>Newport News</td>
<td>(757) 875-7700</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>Kloeck, Matthew S, MD</td>
<td>Kian M Kaz, MD Eye Physician &amp; Surgeon PC 12690 McManus Blvd Newport News, VA 23602</td>
<td>(757) 875-7700</td>
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<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<tr>
<td>McKee, Brian J., MD</td>
<td>James River Eye Physicians</td>
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<td>(757) 595-8404</td>
<td>Newport News</td>
<td>(757) 875-7700</td>
<td>Children's Hospital of the King's Children, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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Specialists - Tier 1

North Chesterfield

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John Randolph Medical Center
St. Mary's Hospital

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Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
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<td>Josephson, John, MD Eye Specialists and Surgeons of Northern Virginia, LLC</td>
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<td>Richmond</td>
<td>Ahmad, Baseer, MD Virginia Eye Institute (Physicians) 6946 Forest Avenue Suite 100 Richmond, VA 23230 (804) 287-4200</td>
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<td>Albertus, Daniel, MD Virginia Eye Institute (Physicians) 400 Westhampton Station Richmond, VA 23226 (804) 287-4200 6946 Forest Avenue Suite 100 Richmond, VA 23230 (804) 287-4200</td>
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<td>Quinton</td>
<td>Robinson, Grover, MD Virginia Eye Institute (Physicians) 1850 Pocahontas Trail Quinton, VA 23141 (804) 287-4200</td>
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<td>Josephson, John, MD Eye Specialists and Surgeons of Northern Virginia, LLC</td>
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<td>Lisker, Heidi, MD Heidi Lisker, MD 1830 Town Center Drive Ste 307 Reston, VA 20190 (703) 723-9633</td>
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<td>Milan, Elle, MD Reston Eye Associates, PLLC 1800 Town Center Dr Ste 316 Reston, VA 20190 (703) 787-4700</td>
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<td>Na, Hana, MD Dulles Eye Associates 1860 Town Center Dr Ste 225 Reston, VA 20190 (703) 723-9633</td>
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**Hospital Affiliations:**
- VCU Health System/MCV
- Richmond Eye Associates
- VCU Health System/MCV
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital
- Henrico Doctors' Hospital - Forest Campus
- Pulaski

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Optima Direct Network Providers January
2019

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Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

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(757) 622-2200
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Sentara CarePlex Hospital
Sentara Lehigh Hospital

Optima Health
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<tr>
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Sentara Virginia Beach General Hospital

Wicomico Church

Jacey, Robert W., MD
Robert W. Jacey, MD PC
110 Train St
Wicomico Church, VA 22579
(804) 380-2454

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary's Hospital of Richmond

Williamsburg

Astruc Jr., Juan A., MD
Retina Institute of Virginia PLLC
5309 Discovery Park Blvd
Williamsburg, VA 23188
(757) 345-3510

Hospital Affiliations:
Chippenham Medical Center
Johnston-Willis Hospital

Astruc, Juan, MD
Advanced Vision Institute
5215 Monticello Ave
Williamsburg, VA 23188
(757) 229-4000

Campbell, Glenn, MD
Advanced Vision Institute
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Williamsburg, VA 23188
(757) 229-4000

McMenamin, Paul J., MD
Paul J. McMenamin, MD
1155 Professional Dr
Williamsburg, VA 23185
(757) 565-2500

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Nordlund, John R., MD
Williamsburg Retina Center
113-A Bulifants Blvd
Williamsburg, VA 23188
(757) 220-3375

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
VCU Health System/VCV

Portal, Jose M., MD
Eastern Eye Associates, Inc.
5251 John Tyler Hwy Ste 7
Williamsburg, VA 23185
(804) 642-2290

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Schneider, Crystan, MD
Advanced Vision Institute
5215 Monticello Ave
Williamsburg, VA 23188
(757) 229-4000

Hospital Affiliations:
Bon Secours St. Marys Hospital

Schwent, Bryan, MD
Retina Institute of Virginia PLLC
5309 Discovery Park Blvd
Williamsburg, VA 23188
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Winchester

Ahmad, Sameer L, MD
Glaucoma Consultants of Washington, Inc.
1870 Amherst Street Suite 2D
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(703) 689-2020
212 Linden Drive Suite 154
Winchester, VA 22601
(703) 689-2020

Hospital Affiliations:
Winchester Medical Center

Carter, John B., MD
Retina Associates, PC
190 Campus Blvd Ste 320
Winchester, VA 22601
(540) 722-3500

Hospital Affiliations:
Winchester Medical Center

Eisele, Nancy B., MD
Eye Associates of Winchester
1845 Plaza Dr
Winchester, VA 22601
(540) 662-4512

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Fink, Alan J., MD
Blue Ridge Eye Specialists PC
141 W Boscauen St
Winchester, VA 22601
(540) 662-2700
420 West Jubal Early Dr Ste 200
Winchester, VA 22601
(540) 662-2700

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Garringer, Jacqueline A., MD
Valley Health Eye Specialists
302 South Cameron Street
Winchester, VA 22601
(540) 667-7463

Hospital Affiliations:
Winchester Medical Center

Ilyas, Waqas, MD
Retina and Vitreous Consultants of Virginia, PC
1870 Amherst St Ste 3A
Winchester, VA 22601
(540) 536-7000

420 West Jubal Early Drive Ste 203
Winchester, VA 22601
(540) 662-1810

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Snyder, Lori S., MD
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1845 Plaza Dr
Winchester, VA 22601
(540) 662-4512

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Stefano, John A., MD
John A. Stefano, MD PC
142 Linden Dr Ste 108
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(540) 722-6200

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Steuer, Eric R., MD
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Winchester Medical Center
1840 Amherst Street
Winchester, VA 22601
(540) 536-7897

Hospital Affiliations:
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Viti, Anthony J., MD
Anthony J Viti
1870 Amherst St Ste 3B
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(540) 723-6824

Hospital Affiliations:
Winchester Medical Center

Wehner, Robert W., MD
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Hospital Affiliations:
Winchester Medical Center

Woodbridge

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(703) 670-4700

Hospital Affiliations:
Inova Fairfax Hospital

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Inova Fairfax Hospital

Sentara Northern Virginia Medical Center

Reuling, Frank H., MD
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236 South Main Street
Woodstock, VA 22664
(540) 667-7463

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Seager, Fiona, MD
Eye Care Physicians and Surgeons PC
1003 West South Street
Woodstock, VA 22664
(540) 409-5254

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Snyder, Lori S., MD
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1021 Shenandoah Square
Woodstock, VA 22664
(540) 459-8313

Hospital Affiliations:
Winchester Medical Center

Woodstock

Eisele, Nancy B., MD
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Hospital Affiliations:
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Garringer, Jacqueline A., MD
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Hospital Affiliations:
Winchester Medical Center

Golovkina Hynes, Alla Y., MD
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Hospital Affiliations:
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Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Winchester Medical Center

Snyder, Lori S., MD
Eye Associates of Winchester
1021 Shenandoah Square
Woodstock, VA 22664
(540) 459-8313

Hospital Affiliations:
Winchester Medical Center

Wytheville

Albright, Chad, MD
Vistar Eye Center
530 W Ridge Road
Wytheville, VA 24382
(540) 855-5100

Byrnes, Timothy R., MD
Vistar Eye Center
310 E Main Street
Wytheville, VA 24382
(540) 855-5100

Hospital Affiliations:
Carilion Roanoke Community Hospital
Lewis-Gale Medical Center

Harrtnaft, Craig D, MD
Vistar Eye Center
310 E Main Street
Wytheville, VA 24382
(540) 855-5100

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Optometry

Abingdon

Compton, Brett S., OD
Eye Physicians of Southwest Virginia, PC
328A Cummings St
Abingdon, VA 24210
(276) 628-3118

Hospital Affiliations:
Johnston Memorial Hospital
Smyth County Community Hospital

Keenan, Thomas P, MD
Valley Health Eye Specialists
236 South Main Street
Woodstock, VA 22664
(540) 667-7463

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Owens, Charles M., OD
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Sample, Neil Brandon, OD
Eye Physicians of Southwest Virginia, PC
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Hospital Affiliations:
Johnston Memorial Hospital
Smyth County Community Hospital

Melton, Adam S., OD
Lyndon Graves Enterprises, LLC
8830 Virginia Street
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Van Dyck, Charles, OD
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Amherst

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204 Ambari Plaza
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(434) 946-2020

Curl, Michael, OD
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Scheibe, Tracy, OD
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Sheridan, Peter, OD
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Appomattox

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Ashland

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Bristol

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Optima Direct Network Providers January 2019

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Chase City, VA 23924
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Friedrichs, Gray W., MD
Friedrichs Family Eye Center PC
32 N Main Street
Chatham, VA 24531
(434) 432-1500

Hospital Affiliations:
SOVAH Health - Danville

Optima Direct Network Providers January 2019
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Giusto, Kenneth, OD</td>
<td>32 N Main Street, Chatham, VA 24531 (343) 432-1500</td>
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<tr>
<td>Haley Jr, Billy D., OD</td>
<td>32 North Main Street, Chatham, VA 24531 (434) 385-5600</td>
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<tr>
<td>Pandya, Shruti, OD</td>
<td>32 North Main Street, Chatham, VA 24531 (434) 432-9752</td>
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<tr>
<td>Pierce, Jessie, OD</td>
<td>4300 Portsmouth Blvd Ste 180, Chesapeake, VA 23320 (757) 465-5555</td>
<td></td>
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<tr>
<td>Sheridan, Peter, OD</td>
<td>1401 Greenbrier Parkway, Chesapeake, VA 23320 (757) 436-3937</td>
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<tr>
<td>Beach, Russell, OD</td>
<td>676 N Battlefield Blvd, Chesapeake, VA 23320 (757) 426-2020</td>
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<tr>
<td>Bittar, Fadee, OD</td>
<td>4300 Portsmouth Blvd Ste 180, Chesapeake, VA 23321 (757) 465-5555</td>
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<tr>
<td>Breedlove, Hal, OD</td>
<td>501 N Battlefield Blvd Ste C, Chesapeake, VA 23320 (757) 426-2020</td>
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<tr>
<td>Brothers, Tamara J., OD</td>
<td>401 Greenbrier Parkway, Chesapeake, VA 23320 (757) 523-2000</td>
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<tr>
<td>Carey, Erin, OD</td>
<td>501 N Battlefield Blvd Ste B, Chesapeake, VA 23320 (757) 966-2206</td>
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<tr>
<td>Collins, Miranda, OD</td>
<td>1401 Greenbrier Parkway, Chesapeake, VA 23320 (757) 966-2206</td>
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<tr>
<td>Cooley, Joel, OD</td>
<td>1401 Greenbrier Pkwy Ste 1150, Chesapeake, VA 23320 (757) 465-5555</td>
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<tr>
<td>Diaz, Osvaldo, OD</td>
<td>Eastern Virginia Eye Associates, PC, 1108 Cedar Rd, Chesapeake, VA 23322 (757) 436-3937</td>
<td></td>
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<tr>
<td>Eady, Tonya, OD</td>
<td>Dr. Tonya D. Eady, PC, 838 Old George Washington Hwy Ste R, Chesapeake, VA 23322 (757) 558-8439</td>
<td></td>
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<tr>
<td>Fowler, Veronica B, OD</td>
<td>1401 Greenbrier Pkwy, Chesapeake, VA 23320 (757) 827-6530</td>
<td></td>
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<tr>
<td>Fox Jr, Robert B., OD</td>
<td>4300 Portsmouth Blvd Ste 180, Chesapeake, VA 23321 (757) 465-5555</td>
<td></td>
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<tr>
<td>Fusco, Christopher, OD</td>
<td>812 Eden Way North, Chesapeake, VA 23320 (757) 424-4177</td>
<td></td>
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<tr>
<td>Gontarek, Lisa, OD</td>
<td>501 N Battlefield Blvd Ste B, Chesapeake, VA 23320 (757) 966-2206</td>
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<tr>
<td>Gontarek, Scott, MD</td>
<td>501 N Battlefield Blvd Ste B, Chesapeake, VA 23320 (757) 966-2206</td>
<td></td>
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<tr>
<td>Hallberg, Theodore, OD</td>
<td>3206 Churchland Blvd, Chesapeake, VA 23321 (757) 484-0101</td>
<td></td>
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<tr>
<td>Hendrix, Lois, OD</td>
<td>Hendrix Eye Care, 1521 Sams Cir, Chesapeake, VA 23320 (757) 436-6546</td>
<td></td>
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<tr>
<td>Holcomb, William C., OD</td>
<td>160 Mt Pleasant Rd, Chesapeake, VA 23322 (757) 482-4022</td>
<td></td>
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<tr>
<td>Kanji, Rahim, OD</td>
<td>236 Carmichael Way Ste 318, Chesapeake, VA 23322 (757) 255-1330</td>
<td></td>
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<tr>
<td>Keshon, Joanna, OD</td>
<td>Eastern Virginia Eye Associates, PC, 1108 Cedar Rd, Chesapeake, VA 23322 (757) 436-3937</td>
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<tr>
<td>Li, Bi, OD</td>
<td>Commonwealth Family Eye Care, PLC, 1501 Sams Circle, Chesapeake, VA 23320 (757) 549-2020</td>
<td></td>
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<tr>
<td>Martin, Amanda R., OD</td>
<td>George W. Pegram III OD, 3282 Western Branch Blvd, Chesapeake, VA 23320 (757) 545-3930</td>
<td></td>
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<tr>
<td>Martinson, Stacy, OD</td>
<td>Eastern Virginia Eye Associates, PC, 1108 Cedar Rd, Chesapeake, VA 23322 (757) 436-3937</td>
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<tr>
<td>Mercier, Mary A., OD</td>
<td>Tidewater Eye Centers, P.C., 801 Volvo Pkwy Ste 133, Chesapeake, VA 23320 (757) 549-2225</td>
<td></td>
</tr>
<tr>
<td>Miller, James A., OD</td>
<td>Thomas R. Cheezum, OD, Ltd, 801 Volvo Pkwy Ste 133, Chesapeake, VA 23320 (757) 483-0400</td>
<td></td>
</tr>
<tr>
<td>Nilsson, Jessica Lin, OD</td>
<td>Clearview Eye Care, Inc, 676 N Battlefield Blvd, Chesapeake, VA 23320 (757) 426-2020</td>
<td></td>
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<tr>
<td>Pennington, Lori, OD</td>
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<td></td>
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<tr>
<td>Pithwa, Nainesh, OD</td>
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<tr>
<td>Pollock, Earl M., OD</td>
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<tr>
<td>Ramos, Leah M, OD</td>
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<tr>
<td>Ramsey, Kristina, OD</td>
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<td>Resnick, Robert, OD</td>
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<tr>
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<td>3400 Portsmouth Blvd Ste 180, Chesapeake, VA 23321 (757) 465-5555</td>
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<tr>
<td>Schwartz, Gedalia N., OD</td>
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<td>Swatts, Michael S., OD</td>
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<td>Tomko, Joy, OD</td>
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</tr>
<tr>
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</tbody>
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Fredericksburg
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Biscombe, Benoit, OD
Access Eye Centers
110 Cambridge St
Fredericksburg, VA 22405
(540) 371-2020
4516 Plank Road
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(540) 786-3900

Hospital Affiliations:
Name Not Available

Cassella, Frank, OD
MyEyeDr
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Deas, Steffani, OD
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10673 Sposovsky AVE
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Front Royal
Abraham, Lisa, OD
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869 John Marshall Highway Ste C
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(540) 653-3223

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Gunter, Amber K., OD
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Fredericksburg, VA 22407
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Name Not Available

Cassella, Frank, OD
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LeRoux, David P., OD
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Optima Direct Network Providers January 2019
420

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(434) 239-2800

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Combos, Tabitha, OD
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LLC
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(434) 385-5600

Combos, Tabitha, OD
Harmann Eye Center of Lynchburg,
LLC
2108 Langhorne Road
Lynchburg, VA 24501
(434) 385-5600
<table>
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<th>Specialists - Tier 1</th>
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<tr>
<td><strong>Marion</strong></td>
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<tr>
<td>Blue, Amy, OD</td>
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<td>Envision Eye Care, Inc</td>
</tr>
<tr>
<td>1020 Terrace Dr Ste 100</td>
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<tr>
<td>Marion, VA 24354</td>
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<tr>
<td>(276) 783-5157</td>
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<tr>
<td>Burnop, Scott D., OD</td>
</tr>
<tr>
<td>Scott D. Burnop, O.D., P.C.</td>
</tr>
<tr>
<td>1247 N Main St</td>
</tr>
<tr>
<td>Marion, VA 24354</td>
</tr>
<tr>
<td>(276) 783-6262</td>
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<tr>
<td>Compton, Brett S., OD</td>
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<tr>
<td>Eye Physicians of Southwest Virginia, PC</td>
</tr>
<tr>
<td>1128 N Main St</td>
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<tr>
<td>Marion, VA 24354</td>
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<tr>
<td>(276) 783-6131</td>
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<td>Hurley, Amber N., OD</td>
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<td>(276) 783-5157</td>
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<td>Keene, A. Susan, OD</td>
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<td>Envision Eye Care, Inc</td>
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<td>(276) 783-5157</td>
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<td>Sample, Neil Brandon, OD</td>
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<td>Eye Physicians of Southwest Virginia, PC</td>
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<tr>
<td>1128 N Main St</td>
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<td>Marion, VA 24354</td>
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<td>(276) 783-6131</td>
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<td><strong>Manassas</strong></td>
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<td>Mahboobi, Houriya, OD</td>
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<td>Northern Virginia Vision Center</td>
</tr>
<tr>
<td>8751 Sudley Road</td>
</tr>
<tr>
<td>Manassas, VA 20110</td>
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<tr>
<td>(571) 229-1155</td>
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<tr>
<td>Nguyen, Diem T. OD</td>
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<tr>
<td>Northern Virginia Vision Center</td>
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<tr>
<td>8751 Sudley Road</td>
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<td>Manassas, VA 20110</td>
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<td>(571) 229-1155</td>
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<td>8751 Sudley Road</td>
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<tr>
<td>(571) 229-1155</td>
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<tr>
<td><strong>Martinsville</strong></td>
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<tr>
<td>Christian, Jill E., MD</td>
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<tr>
<td>Friedricks Family Eye Center PC</td>
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<tr>
<td>1975 Virginia Avenue</td>
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<tr>
<td>Martinsville, VA 24112</td>
</tr>
<tr>
<td>(276) 647-3937</td>
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<tr>
<td>Collins, Miranda, OD</td>
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<td>Vistar Eye Center</td>
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<tr>
<td>749 E Church St</td>
</tr>
<tr>
<td>Martinsville, VA 24112</td>
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<tr>
<td>(540) 855-5100</td>
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<td>Curd, Michael, OD</td>
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<td>1975 Virginia Avenue</td>
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<td>(276) 647-3937</td>
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<tr>
<td>Ford, Michael E, OD</td>
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<tr>
<td>Forschin EyeCare P.C.</td>
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<tr>
<td>240 Commonwealth Blvd</td>
</tr>
<tr>
<td>Martinsville, VA 24112</td>
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<tr>
<td>(276) 647-3937</td>
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<td>Friedrichs, Gray W., MD</td>
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<td>Friedricks Family Eye Center PC</td>
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<tr>
<td>1975 Virginia Avenue</td>
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<tr>
<td>Martinsville, VA 24112</td>
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<tr>
<td>(276) 647-3937</td>
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<td><strong>Martinsville</strong></td>
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<tr>
<td>Martin, Mark, OD</td>
</tr>
<tr>
<td>Scott D. Martin, O.D., P.C.</td>
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<tr>
<td>1247 N Main St</td>
</tr>
<tr>
<td>Marion, VA 24354</td>
</tr>
<tr>
<td>(276) 783-6262</td>
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<tr>
<td>** Martinsville**</td>
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<tr>
<td>Oberippers, Kyle A., OD</td>
</tr>
<tr>
<td>Envision Eye Care, Inc</td>
</tr>
<tr>
<td>1020 Terrace Drive Ste 100</td>
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<tr>
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<tr>
<td>(276) 783-5157</td>
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<td>O'Conner, J. Michael, OD</td>
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<td>** Martinsville**</td>
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<td>Page, Brian, OD</td>
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<td>Envision Eye Care, Inc</td>
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<td>1020 Terrace Drive Ste 100</td>
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<tr>
<td>Marion, VA 24354</td>
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<tr>
<td>(276) 783-5157</td>
</tr>
</tbody>
</table>
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<td>Abraham, Lisa, OD</td>
<td>MyEyeDr</td>
<td>8369A Leesburg Pike</td>
<td>(703) 506-0000</td>
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<td></td>
<td>Clifford, Ausr, OD</td>
<td>Enochs Eye Care, PLLC</td>
<td>3575 Bridge Rd Ste 21</td>
<td>(757) 638-2015</td>
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<td>2463 Pruden Blvd</td>
<td>(757) 622-2200</td>
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<td>Virginia Eye Consultants</td>
<td>2463 Pruden Blvd</td>
<td>(757) 622-2200</td>
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<td>Lotz, David, OD</td>
<td>David Lotz</td>
<td>1238 Holland Rd Ste 103</td>
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<td>Miller, James A., OD</td>
<td>Jeyffrey W. Robertson, OD, LLC</td>
<td>418 N Main St</td>
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<td>Enochs Eye Care, PLLC</td>
<td>3575 Bridge Rd Ste 19</td>
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<td>Stahl, Nathan M., OD</td>
<td>Suffolk Eye Physicians &amp; Surgeons</td>
<td>2016 Meade Parkway</td>
<td>(757) 539-1533</td>
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<td>MyEyeDr</td>
<td>8369A Leesburg Pike</td>
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<td>Zahir, Ahmad, OD</td>
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<td>Virginia Beach</td>
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<td>Barbach, Tara Elizabeth, OD</td>
<td>Evoyclear Eye, P.C</td>
<td>701 Lynnhaven Pkwy Suite F85-B</td>
<td>(757) 340-3853</td>
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<td>Beach, Russell, OD</td>
<td>Clearview Eye Care, Inc.</td>
<td>1932 Kempsville Rd Ste 106</td>
<td>(757) 426-2020</td>
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<td>MyEyeDr</td>
<td>8369 Leesburg Pike Ste A</td>
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<td>Whitey, Walter O., OD</td>
<td>Virginia Eye Consultants</td>
<td>2463 Pruden Blvd</td>
<td>(757) 622-2200</td>
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<td>Clearview Eye Care, Inc.</td>
<td>1932 Kempsville Rd Ste 106</td>
<td>(757) 426-2020</td>
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<td>Zahir, Ahmad, OD</td>
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</tr>
</tbody>
</table>
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Optima Direct Network Providers January 2019
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1147 Professional Dr Ste A
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Jellenek, Gregory P., OD
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Roanoke
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Sellers, Vernon A, DMD
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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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(757) 412-2002

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Virginia Beach, VA 23452
(757) 340-9146

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(757) 425-5781

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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(757) 499-6886

就医转移中心
Optima Direct Network Providers January 2019
OptimaHealth
### Specialists - Tier 1

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<td>Lonesome Pine Orthopedics</td>
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<td>1635 N George Mason Drive Suite 310</td>
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<td>Blacksburg, VA 24060</td>
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<td></td>
<td>(540) 510-6200</td>
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<td>Carilion Stonewall Jackson Hospital</td>
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</table>
Catterson, Christopher C., MD  
Carilion Healthcare Corporation  
215 Gilbert St  
Blacksburg, VA 24060  
(540) 731-2436  

HOSPITAL AFFILIATIONS:  
Carilion New River Valley Medical Center  
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Chapman, Jeffrey R., MD  
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HOSPITAL AFFILIATIONS:  
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HOSPITAL AFFILIATIONS:  
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Carilion New River Valley Medical Center  
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Stephenson, Robert Brian, MD  
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Optima Direct Network Providers January 2019  

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Hospital Affiliations:
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(540) 731-2436
Hospital Affiliations:
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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
Carilion New River Valley Medical Center
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Johnson, Brent M., MD
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CARILLON MEDICAL CENTER
Hospital Affiliations:
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Carilion New River Valley Medical Center
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Joyner, Patrick W., MD
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 Jiwanlal, Aneel K., MD
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Hospital Affiliations:
Carilion New River Valley Medical Center
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(540) 731-2436
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Optima Direct Network Providers January 2019
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Optima Health
Speakers - Tier 1

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UVA Culpeper Hospital

Rutkowski, Robert, MD
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Optima Direct Network Providers January 2019

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OptimaHealth
### Specialists - Tier 1

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<td><strong>DiPasquale, Christopher D., DO</strong></td>
<td>Sentara RMH Medical Group, LLC</td>
<td>13737 Spotwood Trail, Elkin, VA 22827</td>
<td>(540) 298-1144</td>
<td>Sentara RMH Medical Center</td>
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<td><strong>Leung, Sophia S.W., MD</strong></td>
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<td>Sentara RMH Medical Center</td>
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<tr>
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</tr>
<tr>
<td><strong>Rieser, Geoffrey, MD</strong></td>
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<tr>
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<tr>
<td><strong>Kramer, Stuart, MD</strong></td>
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</tr>
<tr>
<td><strong>Lawhorn, Keith, MD</strong></td>
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</tr>
<tr>
<td><strong>Dean, Daniel, MD</strong></td>
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<td>Augusta Medical Center</td>
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<td><strong>Vitek, Jr., Brantley, MD</strong></td>
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<td><strong>Pollard, Matthew E., MD</strong></td>
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<td>Augusta Medical Center</td>
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<table>
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<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Krushinski, Erik, MD</td>
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</tr>
<tr>
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<td>Fredericksburg, VA 22408</td>
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<td>Hospital Affiliations:</td>
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<td>Mary Washington Hospital (MWH)</td>
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<td>Spotsylvania Regional Medical</td>
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<td>Stafford Hospital Center</td>
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<tr>
<td>Esway, Jan-Eric, MD</td>
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<td>Orthopaedic Specialty Clinic, Inc</td>
</tr>
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<td>Fredericksburg, VA 22401</td>
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<td>(540) 372-6737</td>
<td>3310 Fall Hill Ave</td>
<td>Fredericksburg Orthopaedic</td>
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<tr>
<td>Harding, Nicholas, MD</td>
<td>(540) 372-6737</td>
<td>4710 Spotsylvania Parkway Suite 201</td>
<td>Central VA Orthopaedics and</td>
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<tr>
<td>O’Brien, Michael B., MD</td>
<td>(540) 372-6737</td>
<td>3310 Fall Hill Ave</td>
<td>Central VA Orthopaedics and</td>
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<tr>
<td>Sokolow, David P., MD</td>
<td>(540) 372-6737</td>
<td>4710 Spotsylvania Parkway Suite 201</td>
<td>Fredericksburg Orthopaedic</td>
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<tr>
<td>Van Buecken, Kent P., MD</td>
<td>(540) 372-6737</td>
<td>3310 Fall Hill Ave</td>
<td>Fredericksburg Orthopaedic</td>
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</tbody>
</table>
Specialists - Tier 1

Mason, Robert Charles, MD  
Tidewater Orthopaedic Associates  
901 Enterprise Pkwy Ste 900  
Hampton, VA 23666  
(757) 827-2480  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  
McCarthy, III, John J., MD  
Tidewater Orthopaedic Associates  
901 Enterprise Pkwy Ste 900  
Hampton, VA 23666  
(757) 827-2422  
Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center  
Payne, Loel Z., MD  
Tidewater Orthopaedic Associates  
901 Enterprise Pkwy  
Hampton, VA 23666  
(757) 827-2480  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Smerlis, Nicholas, MD  
Tidewater Orthopaedic Associates  
901 Enterprise Pkwy Ste 900  
Hampton, VA 23666  
(757) 827-2480  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  

Hardy  

Apel, Peter James, MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Costa, Leon N., MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Godin, Jonathan A., MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  

Harrisonburg  

Habeeb, Edward David, MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Memorial Hospital  
Chesapeake Regional Medical Center  
Kells, Douglas U., MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Stem, Jesse L., MD  
CARILION MEDICAL CENTER  
35 Medical Ct  
Harrisonburg, VA 24445  
(540) 725-1226  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  

Lovelace, James M., MD  
Hess Orthopaedic Center & Sports Medicine, PLC  
4165 Quarles Court  
Harrisonburg, VA 22801  
(540) 434-1664  
Hospital Affiliations:  
Sentara RMH Medical Center  
Muox, Chad J., DO  
Sentara RMH Medical Group, LLC  
2509 Pleasant Run Drive  
Harrisonburg, VA 22801  
(540) 689-4500  
Hospital Affiliations:  
Sentara RMH Medical Center  
Schwartz, James R., MD  
Hess Orthopaedic Center & Sports Medicine, PLC  
4165 Quarles Court  
Harrisonburg, VA 22801  
(540) 434-1664  
Hospital Affiliations:  
Sentara RMH Medical Center  

Henrico  

Brickhouse, William D., MD  
West End Orthopaedic Clinic  
7858 Shrade Road  
Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Retreat Campus  
Crowl, Adam C., MD  
West End Orthopaedic Clinic  
7858 Shrade Road  
Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  

Glavicki, Keith A., MD  
West End Orthopaedic Clinic  
7858 Shrade Road  
Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  

Kump, Cyrus S., MD  
West End Orthopaedic Clinic  
7858 Shrade Road  
Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Francis Medical Center  
Children’s Hospital of Richmond of the VCU Health System/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Patel, Anish S, MD  
MCV Associated Physicians (Orthopaedics)  
11958 W Broad Street  
Henrico, VA 23233  
(804) 364-4669  
Hospital Affiliations:  
VCU Health System/MCV  
Patel, Nirav K, MD  
MCV Associated Physicians (Orthopaedics)  
11958 W Broad Street  
Henrico, VA 23233  
(804) 364-4669  
Hospital Affiliations:  
VCU Health System/MCV  
Ross, Jeremy A, MD  
MCV Associated Physicians (Orthopaedics)  
11958 W Broad Street  
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(804) 364-4669  
Hospital Affiliations:  
VCU Health System/MCV  
Sharma, Joy, MD  
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Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Henrico Doctors’ Hospital - Forest Campus  
Van Manen, John, MD  
West End Orthopaedic Clinic  
7858 Shrade Road  
Henrico, VA 23294  
(804) 270-1305  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  

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## Specialists - Tier 1

### CARILLON MEDICAL CENTER
302 Cameron Hall
Lexington, VA 24450
(540) 725-1226

- **Hospital Affiliations:**
  - Carilion New River Valley Medical Center
  - Carilion Roanoke Memorial Hospital

### Balsamo, Luke H., MD
Valley Health Orthopaedics
125 Memorial Drive
Luray, VA 22835
(540) 743-2282

- **Hospital Affiliations:**
  - West End Orthopaedic Clinic
  - Shenandoah Memorial Hospital

### Barnard, Jr., John W., MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Balsamo, Luke H., MD
  - Van Buecken, Kent P., MD
  - Stevens, Suzanne, MD

### Bucker, Brandon T, MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Balsamo, Luke H., MD
  - Stevens, Suzanne, MD

### Caprise, Peter, MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Stevens, Suzanne, MD

### Collins, Kristopher, MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Stevens, Suzanne, MD

### Diminick, Michael J., MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Collins, Kristopher, MD

### Eschenroeder Jr., Harry C, MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Collins, Kristopher, MD

### Gondi, Gautham, MD
West End Orthopaedic Clinic
2405 Atherholt Road
Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Eschenroeder Jr., Harry C, MD

### Gluck, Gabriel, MD
GABRIEL GLUCK MD, PC.
8702 Sudley Rd
Manassas, VA 20110
(703) 361-3590

- **Hospital Affiliations:**
  - Novant Health UVA Health System Prince William Medical Center

### Forythe, David Andrew, MD
MSMG ORTHO MAR
1209 Snider Street
Marion, VA 24354
(276) 783-9752
1616 N Main St Suite 100A
Marion, VA 24354
(276) 783-9752

- **Hospital Affiliations:**
  - Smyth County Community Hospital
  - Smithson, Ian, MD
  - Daniels, Kennedy S., MD

### Hannula, Todd T., MD
MSMG ORTHO MAR
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Marion, VA 24354
(276) 783-9752
1616 N Main St Suite 100A
Marion, VA 24354
(276) 783-9752

- **Hospital Affiliations:**
  - Smyth County Community Hospital
  - Forythe, David Andrew, MD

### Smithson, Ian, MD
West End Orthopaedic Clinic
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Lynchburg, VA 24501
(434) 485-8500

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital
  - Barnard, Jr., John W., MD

### Cassidy, Robert, MD
Martinsville Physician Practices, LLC
1100 E Church Street
Martinsville, VA 24112
(276) 638-2354

- **Hospital Affiliations:**
  - SOVAH Health - Martinsville

### Costa, Leon N., MD
Carilion Healthcare Corporation
1107A Brookdale St
Martinsville, VA 24112
(877) 344-3770

- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

### Croome, Jonathan, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24212
(276) 790-3233

### Mahoney, John S, MD
Spectrum Medical Inc. (Specialists)
1075 Spruce St
Martinsville, VA 24212
(276) 790-3233

### Mechanicville

### Blank, John E, MD
Tuckahoe Orthopaedic Associates, Ltd
8220 Meadowbridge Rd Ste 108
Mechanicville, VA 23116
(804) 559-6800

- **Hospital Affiliations:**
  - Bon Secours St. Marys Hospital
  - Healthsouth Rehabilitation Hospital of Virginia
  - Henrico Doctors' Hospital - Forest Campus
  - St. Mary's Hospital

### Brown, Michael, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicville, VA 23116
(804) 730-2121

- **Hospital Affiliations:**
  - Henrico Doctors' Hospital - Forest Campus
  - Henrico Doctors' Hospital - Parham Campus
  - Riverside Shore Memorial Hospital

### Daniels, Kenneth S., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicville, VA 23116
(804) 730-2121

- **Hospital Affiliations:**
  - Bon Secours St. Marys Hospital
  - Chippenham Medical Center/Johnston-Willis Hospital
  - Henrico Doctors' Hospital - Retreat Campus

### Martinsville

### Alfahd, Uosife M, MD
Martinsville Physician Practices, LLC
1100 E Church Street
Martinsville, VA 24112
(276) 638-2354

- **Hospital Affiliations:**
  - Bon Secours DePaul Medical Center Inc
  - Martinsville VA 24112
  - Alfahd, Uosife M, MD
Specialists - Tier 1

Swanstrom, Morgan, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Hampton Roads Orthopaedics
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Harris, Barton, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

Meyers, John F., MD
Tuckahoe Orthopaedic Associates, Ltd
8220 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Wilson, Jeffrey K., MD
West End Orthopaedic Clinic
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Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Kerr, Glenn, MD
OrthoVirginia, Inc
13700 St Francis Blvd
Midlothian, VA 23114
(804) 379-2414

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Weiss, Carl B., MD
Carl B. Weiss, M.D.PC
8220 Meadowbridge Road Suite 303
Mechanicsville, VA 23116
(804) 789-8600

Hospital Affiliations:
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Wilson, Joseph, MD
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(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Vanichkachorn, Jed S, MD
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(804) 559-6800

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Weiss, Carl B., MD
Carl B. Weiss, M.D.PC
8220 Meadowbridge Road Suite 303
Mechanicsville, VA 23116
(804) 789-8600

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Wills, Robert D, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Pangrazzi, Garett J, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Reis, Abilio, MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Swanstrom, Morgan, MD
OrthoVirginia, Inc
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
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Kerr, Glenn, MD
OrthoVirginia, Inc
13700 St Francis Blvd
Midlothian, VA 23114
(804) 379-2414

Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Weiss, Carl B., MD
Carl B. Weiss, M.D.PC
8220 Meadowbridge Road Suite 303
Mechanicsville, VA 23116
(804) 789-8600

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Wilson, Jeffrey K., MD
West End Orthopaedic Clinic
8200 Meadowbridge Road Suite 200
Mechanicsville, VA 23116
(804) 730-2121

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Midlothian

Glowacki, Keith A., MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Children's Hospital of Richmond of the VCU Health System
Henrico Doctors' Hospital - Forest Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

New Market

Balsamo, Luke H., MD
Valley Health Orthopaedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Baddar, Adrian T., MD
Hampton Roads Orthopaedic And Sports Medicine, LLC
730 Thimble Shoals Blvd Ste 130
Newport News, VA 23606
(757) 873-1554

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Aldridge, John W., MD
Hampton Roads Orthopedic And Sports Medicine, LLC
730 Thimble Shoals Blvd Ste 130
Newport News, VA 23606
(757) 873-1554

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Mitchell, Erik, DO
Valley Health Shenandoah Mem Hosp Multispec Clinic-New Market
9166 N Congress St Suite 2
New Market, VA 22844
(540) 459-1515

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

Stevens, Suzanne, MD
Mountain View Orthopedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Van Buecken, Kent P., MD
Valley Health Orthopaedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380

Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc

Wynn, Andrea, MD
Valley Health Shenandoah Memorial Hospital Orthopaedics
9166 North Congress St
New Market, VA 22844
(540) 459-1340

Hospital Affiliations:
Wynne Family Hospital
Warren Memorial Hospital, Inc.

Zimet, Daniel L., MD
Valley Health Orthopaedics
9166 North Congress Street
New Market, VA 22844
(540) 459-1380

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Optima Health
Burrow, John, DO  
Orthopaedic & Spine Ctr  
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900

Carlson, Jeffrey R., MD  
Orthopaedic & Spine Ctr  
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Coleman, Martin R., MD  
Orthopaedic & Spine Ctr  
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Cavazos, Daniel R., MD  
Hampton Roads Orthopaedic And Sports Medicine, LLC  
730 Thimble Shoals Blvd Ste 130  
Newport News, VA 23606  
(757) 873-1554

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

McFarland, Mark W., DO  
Hampton Roads Orthopaedic And Sports Medicine, LLC  
730 Thimble Shoals Blvd Suite 130  
Newport News, VA 23606  
(757) 596-1900

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Coleman, Martin R., MD  
Orthopaedic & Spine Ctr  
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Cummings, Stephen H., MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
860 Omni Blvd Suite 113  
Newport News, VA 23606  
(757) 327-0657

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

Durbin, Thomas, MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
860 Omni Blvd Suite 113  
Newport News, VA 23606

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

Byrd, III, J. Abbott, MD  
Atlantic Orthopaedic Specialists  
160 Kingsley Lane Suite 405  
Norfolk, VA 23505  
(757) 321-3300

Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Virginia Beach General Hospital

Campbell, Michael A., MD  
Atlantic Orthopaedic Specialists  
160 Kingsley Lane Suite 405  
Norfolk, VA 23505  
(757) 321-3300

6160 Kempsville Circle Suite 200B  
Norfolk, VA 23502  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Cohn, Sheldon C, MD  
Atlantic Orthopaedic Specialists  
6160 Kempsville Circle Suite 200B  
Norfolk, VA 23502  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Atlantic Orthopaedics & Sports Medicine, LLC  
6160 Kempsville Circle Suite 200B  
Norfolk, VA 23502  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Distasio, Anthony, MD  
Sentara Orthopaedic & Sports Medicine, LLC  
160 Kingsley Lane Suite 405  
Norfolk, VA 23505  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Norfolk General Hospital

Swenson, Jon H., MD  
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730 Thimble Shoals Blvd Ste 130  
Newport News, VA 23606  
(757) 873-1554

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Tan, Zachary, MD  
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730 Thimble Shoals Blvd Suite 130  
Newport News, VA 23606  
(757) 873-1554

Snyder, Robert J., MD  
Sentara Orthopaedic & Sports Medicine, LLC  
6160 Kempsville Circle Suite 200B  
Norfolk, VA 23502  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Saller, Jeremy, MD  
Children's Surgical Specialty Group  
(CSSG)  
11783 Rock Landing Drive  
Newport News, VA 23606  
(757) 668-6220

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Higgins, Michael E., MD  
Tidewater Orthopaedic Associates  
12720 McManus Blvd Ste 101 MIH  
Med Pavilion  
Newport News, VA 23602  
(757) 827-2480

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital

Bevilacqua, Anthony M., DO  
Sentara Orthopaedic Trauma Specialists (SMG)  
600 Gresham Dr River Pavilion -  
2nd floor Ste 204  
Norfolk, VA 23507  
(757) 388-5680

Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Virginia Beach General Hospital

Bewley, Mark A., MD  
Atlantic Orthopaedic Specialists  
6160 Kempsville Circle Suite 200B  
Norfolk, VA 23502  
(757) 321-3300

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Bhat, Suneel, MD  
Sentara Orthopaedic Trauma Specialists (SMG)  
600 Gresham Dr Ste 204  
Norfolk, VA 23507  
(757) 388-5680

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Blasdel, Steven C., MD  
Virginia Orthopaedic & Spine Specialists  
957 W 21st Street Ste E  
Norfolk, VA 23517  
(757) 673-5680

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Snyder, Robert J., MD  
Orthopaedic & Spine Ctr  
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900

Hospital Affiliations:  
Bon Secours Maryview Medical Center
Specialists - Tier 1

Gibson, Wilford K, MD
Atlantic Orthopaedic Specialists
160 Kingsley Lane Suite 405
Norfolk, VA 23505
(757) 321-3300
6100 Kempsville Circle Suite 200B
Norfolk, VA 23502

Molligan, Harry J, MD
Sentara Orthopaedic Trauma Specialists
(757) 388-5680
600 Gresham Dr River Pavilion - 2nd floor Ste 204
Norfolk, VA 23507
Sentara Bayside Hospital
Sentara Leigh Hospital

Sentara Norfolk General Hospital

Hospital Affiliations:

Bon Secours DePaul Medical Center Inc
Children’s Hospital of the King’s Daughters
Cureton Peninsula Hospital
Norfolk General Hospital

Molligan, IV, Harry, MD
Sentara Pulmonary & Critical Care Specialists
600 Gresham Dr Ste 204
Norfolk, VA 23507
(757) 388-5680

Hospital Affiliations:

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Smith, Christopher S, MD
Sentara Orthopaedic Trauma Specialists
600 Gresham Dr Ste 204
Norfolk, VA 23507
(757) 388-5680

Hospital Affiliations:

Chippenson Medical Center/
Johnston-Willis Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

St. Remy, Carl R., MD
Children’s Surgical Specialty Group
(757) 668-6550

Hospital Affiliations:

Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tenfeld, Allison M., MD
Children’s Surgical Specialty Group
(757) 668-6550

Hospital Affiliations:

Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Warren, Paul D., MD
Atlantic Orthopaedic Specialists
6100 Kempsville Circle Suite 200B
Norfolk, VA 23502
(757) 321-3300

Hospital Affiliations:

Sentara Leigh Hospital
Sentara Norfolk General Hospital

Birmingham, Miles, DO
West End Orthopaedic Clinic
1115 Boulders Parkway Ste 100
North Chesterfield, VA 23225
(804) 320-1339

Hospital Affiliations:

Chippenson Medical Center/
Johnston-Willis Hospital

White, Peter, MD
West End Orthopaedic Clinic
1400 Johnston Willis Drive Suite A
North Chesterfield, VA 23235
(804) 379-8088

Hospital Affiliations:

Indian Path Community Hospital

Price, James W., MD
Community Physicians Orthopedics
1490 Park Avenue NW Suite 4A
Norton, VA 24273
(276) 439-1385

Hospital Affiliations:

Dickenson Community Hospital
Norfolk Community Hospital

Pearisburg

Eastwood, Bart, DO
Sideline Orthopedics and Sports Medicine LLC
312 North Main Street
Pearsburg, VA 24134
(540) 552-7133

Hospital Affiliations:

Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Helvey, Michael Scott, DO
Carilion Healthcare Corporation
159 Hargrave Way
Pearsburg, VA 24134
(540) 510-6200

Hospital Affiliations:

Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Carilion Roanoke Memorial Hospital

Portsmouth

Blasdel, Steven C., MD
Virginia Orthopaedic & Spine Specialists
1040 University Blvd Ste 205
Portsmouth, VA 23703
(757) 738-1880

3300 High Street Ste 1
Portsmouth, VA 23707
(757) 397-1201

Hospital Affiliations:

Bon Secours Maryview Medical Center

Caines, Michael A., MD
Virginia Orthopaedic & Spine Specialists
3300 High Street Ste 1
Portsmouth, VA 23707
(757) 673-5680

Hospital Affiliations:

Bon Secours Maryview Medical Center

Sentara Obici Hospital

Gocke, Ryan T, MD
Virginia Orthopaedic & Spine Specialists
1040 University Blvd Ste 200
Portsmouth, VA 23703
(757) 397-6930

Hospital Affiliations:

Bon Secours Maryview Medical Center
Specialists - Tier 1

Grandia, Shawn Kay, MD
Virginia Orthopaedic & Spine Specialists
3300 High Street Ste 1
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(757) 673-5680
Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Frederick Memorial Hospital

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Virginia Orthopaedic & Spine Specialists
3300 High Street Ste 1
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(757) 673-5680
Hospital Affiliations:
- Bon Secours Maryview Medical Center

Luciano-Perez, Ernesto, MD
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1040 University Blvd Ste 200
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(757) 397-6930
3640 High St Ste 2A
Richmond, VA 23235
(804) 560-8945
Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Kerner, Mark B., MD
Virginia Orthopaedic & Spine Specialists
3300 High St Ste 1
Portsmouth, VA 23707
(757) 673-5680
Hospital Affiliations:
- Bon Secours Maryview Medical Center
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Klein, Thomas, MD
OrthoVirginia, Inc
1850 Town Center Parkway Suite 400
Reston, VA 20190
(703) 810-5202
Hospital Affiliations:
- Reston Hospital Center

Mazahery, Behrang Thomas, MD
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1850 Town Center Parkway Suite 400
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Hospital Affiliations:
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Miller Sr., David W., MD
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4710 Puddledock Road Suite 100
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(804) 458-1200
Hospital Affiliations:
- John Randolph Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
- Reston Hospital Center

Pulaski
Gardner, Stuart, MD
Southwest Virginia Orthopedic and Spine, LLC
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Pulaski, VA 24301
(540) 994-9443

Radford
Catterson, Christopher C., MD
Carilion Healthcare Corporation
101 University Blvd
Radford, VA 24142
(540) 731-2436
Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Gray, Kenneth W., MD
Radford Orthopedic Center PC
601 Harvey Street
Radford, VA 24141
(540) 639-9315

Richlands
Santos, Chauncey B, MD
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6719 Gov GC Pexey Hwy Ste 1000
Richlands, VA 24641
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Richmond
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8919 Three Chop Rd
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(804) 288-4033

Ayres II, John W., MD
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500 Hooaks Rd Ste B
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(804) 320-1339
7601 Forest Ave Ste 228
Richmond, VA 23229
(804) 288-3136
Hospital Affiliations:
- Chippenham Medical Center - Johnston-Willis Hospital

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Blank, John E, MD
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VCU Associated Physicians (Orthopaedics)
9000 Stony Point Pkwy
Richmond, VA 23235
(804) 379-8088

Brown, Michael, MD
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5899 Bremo Rd Ste 100
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- St. Mary’s Hospital

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1500 Maple Ave Ste 200
Richmond, VA 23226
(804) 285-2300

Hospital Affiliations:
- Henrico Doctors’ Hospital - Forest Campus
- St. Mary’s Hospital
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<th>Name</th>
<th>Specialty</th>
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<tr>
<td>Dobzyniak, Matthew A, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>1250 E Marshall St, Richmond, VA 23298</td>
<td>(804) 828-7069</td>
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<td>1250 E Marshall St, Richmond, VA 23298</td>
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<td>Cotterell, Ilvy H, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>West End Orthopaedic Clinic</td>
<td>5899 Bremo Rd Ste A, Richmond, VA 23226</td>
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<td>Distasio, Anthony, MD</td>
<td>Richmond Sports Medicine</td>
<td>1115 Boulders Pkwy Suite 110, Richmond, VA 23225</td>
<td>(804) 560-6500</td>
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<td>Dyer, Dustin, DO</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
<td>1501 Maple Avenue Suite 200, Richmond, VA 23226</td>
<td>(804) 285-2300</td>
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<td>Foster, William C, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>401 N 11th St, Richmond, VA 23298</td>
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<td>Horstmann, Joanna, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th St, Richmond, VA 23235</td>
<td>(804) 828-6784</td>
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<tr>
<td>Herzog, Joshua, MD</td>
<td>West End Orthopaedic Clinic</td>
<td>1400 Johnston Willis Drive, Richmond, VA 23235</td>
<td>(804) 379-8088</td>
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<td>Heisinger, Adam J, DO</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
<td>1501 Maple Avenue Suite 200, Richmond, VA 23226</td>
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<td>Doman, Gregory, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
<td>(804) 828-7069</td>
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<tr>
<td>Hale, Gregory, MD</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
<td>1501 Maple Avenue Suite 200, Richmond, VA 23226</td>
<td>(804) 828-2300</td>
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<td>Hales, Gary A, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23298</td>
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<td>Herbst, Michael J, DO</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23235</td>
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<td>henne, John, MD</td>
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<td>417 N 11th Street, Richmond, VA 23235</td>
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<td>Horstmann, Joanna, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23235</td>
<td>(804) 828-6784</td>
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<td>Hux, Brian, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23235</td>
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<td>Isaacs, Jonathan E, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>410 N 12th St, Richmond, VA 23235</td>
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<td>Jones, Mark M., MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>1400 Johnston Willis Dr Ste A, Richmond, VA 23235</td>
<td>(804) 379-8088</td>
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<td>Kates, Stephen L, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23235</td>
<td>(804) 828-7069</td>
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<td>Kim, Christopher K., MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>1115 Boulders Parkway Suite 100, Richmond, VA 23225</td>
<td>(804) 320-1339</td>
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<td>Kisber, Brian, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>1400 Johnston Willis Dr Ste A, Richmond, VA 23235</td>
<td>(804) 379-8088</td>
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<td>Hospital Affiliations:</td>
<td>VCU Health System/MCV</td>
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<td>Kueker, Victoria, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th St, Richmond, VA 23235</td>
<td>(804) 828-7069</td>
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<tr>
<td>Hospital Affiliations:</td>
<td>VCU Community Memorial Hospital</td>
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<td>Lee, Christopher, MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>417 N 11th Street, Richmond, VA 23235</td>
<td>(804) 828-7069</td>
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Specialists - Tier 1
<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Loughran, Thomas P., MD</td>
<td>MCV Associated Physicians (Orthopaedics)</td>
<td>Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus</td>
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<td>VCU Health System/MCV</td>
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<tr>
<td>Matt, Victoria, MD</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
<td>Bon Secours St. Marys Hospital Parham Campus</td>
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<tr>
<td>McCoig, James A., MD</td>
<td>West End Orthopaedic Clinic 95 Harris Road Building</td>
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<tr>
<td>McEldowney, Fred J., MD</td>
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<td>Henrico Doctors' Hospital - Parham Campus</td>
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<td>Miller Sr., David W., MD</td>
<td>West End Orthopaedic Clinic 1115 Boulder Parkway Building</td>
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<td>Mostello, Andrew J., DO</td>
<td>Tuckahoe Orthopaedic Associates, Ltd</td>
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</table>
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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Specialists - Tier 1

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Stafford Hospital Center

Squillante, Robert, MD
Fredericksburg Orthopaedic Associates PC
90 Greensprings Dr
Stuart, VA 22554
(540) 657-2925

Hospital Affiliations:
Mary Washington Hospital
(MWH)

Staunton

Godette, George A., MD
Augusta Orthopaedic Surgery PLC
108 MacTanly Place
Staunton, VA 24401
(540) 885-1281

Hospital Affiliations:
Augusta Medical Center

Hardigree, Gregory K., MD
Augusta Orthopaedic Surgery PLC
108 MacTanly Place
Staunton, VA 24401
(540) 885-1281

Hospital Affiliations:
Augusta Medical Center

Leung, Sophia S.W., MD
Sentara RMH Medical Group, LLC
42 Lambert Street Suite 121
Staunton, VA 24401
(540) 213-6700

Hospital Affiliations:
Sentara RMH Medical Center

Stuart

Cassidy, Robert, MD
Martinsville Physician Practices, LLC
18688 Jeb Stuart Hwy
Stuart, VA 24171
(276) 694-3151

Hospital Affiliations:
SOVAH Health - Martinsville

Eastwood, Bart, DO
Sideline Orthopedics and Sports Medicine LLC
18688 Jeb Stuart Highway
Stuart, VA 24171
(540) 552-7133

Suffolk

Baecker, Nicolai B., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way Suite 100
Suffolk, VA 23434
(757) 549-5352

Hospital Affiliations:
Sentara Obici Hospital

Bevilacqua, Anthony M., DO
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 549-5352

Hospital Affiliations:
Sentara Obici Hospital

Blasdell, Steven C., MD
Virginia Orthopaedic & Spine Specialists
2012 Meade Pkwy
Suffolk, VA 23434
(757) 538-0102

Hospital Affiliations:
Bon Secours Maryview Medical Center

Brown, Samuel L., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Hospital Affiliations:
Sentara Obici Hospital

Caines, Michael A., MD
Virginia Orthopaedic & Spine Specialists
148 Burnett's Way Suite 107
Suffolk, VA 23434
(757) 673-5680
2012 Meade Pkwy
Suffolk, VA 23434
(757) 673-5680

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Distasio, Anthony, MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center

Fox, Bryan A., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Goss, David G., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital

Grandia, Shawn Kay, MD
Virginia Orthopaedic & Spine Specialists
2012 Meade Pkwy
Suffolk, VA 23434
(757) 673-5680
5838 Harbour View Blvd Ste 100
Suffolk, VA 23435
(757) 673-5680

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Guinand, Richard D., DO
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Hammond, James E., DO
Sports Medicine & Orthopaedic Center, Inc.
150 Burnett's Way
Suffolk, VA 23434
(757) 547-5145

Hospital Affiliations:
Sentara Obici Hospital

Luciano-Perez, Ernesto, MD
Virginia Orthopaedic & Spine Specialists
148 Burnett's Way Suite 107
Suffolk, VA 23434
(757) 673-5680
5838 Harbour View Blvd
Suffolk, VA 23435
(757) 483-3075

Hospital Affiliations:
Bon Secours Maryview Medical Center

Patel, Manish, MD
Franklin Clinic Corporation
2000 Meade Pkwy
Suffolk, VA 23434
(757) 562-7301
4868 Bridge Rd
Suffolk, VA 23435
(757) 562-7301

Hospital Affiliations:
Southampton Memorial Hospital
Persons, Jeffrey B, MD
Persons Orthopaedic Sports Medicine & Joint Replacement Center
1005 Commercial Lane Ste 210
Suffolk, VA 23434
(757) 538-1776
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Romash, Michael M., MD
Sports Medicine & Orthopaedic Center, Inc.
150 Burnets Way
Suffolk, VA 23434
(757) 547-5145
4868 Bridge Rd
Suffolk, VA 23435
(757) 547-5145
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Norfolk General Hospital
Sentara Obici Hospital

Wilson, Shawn A, DO
Virginia Orthopaedic & Spine Specialists
5838 Harbour View Blvd Ste 100
Suffolk, VA 23435
(757) 673-5680
Hospital Affiliations:
Sentara Obici Hospital

Anunziata, Christopher, MD
OrthoVirginia, Inc
8320 Old Courthouse Road Suite 100
Vienna, VA 22182
(703) 810-5213
Hospital Affiliations:
Inova Fairfax Hospital

Mcconnell, John, MD
OrthoVirginia, Inc
8320 Old Courthouse Road Suite 100
Vienna, VA 22182
(703) 810-5213

Petrone, Frank, MD
OrthoVirginia, Inc
8320 Old Courthouse Road Suite 100
Vienna, VA 22182
(703) 810-5213

Romness, David, MD
OrthoVirginia, Inc
8320 Old Courthouse Road Suite 100
Vienna, VA 22182
(703) 810-5213

Sumida, Kevin, MD
OrthoVirginia, Inc
8320 Old Courthouse Road Suite 100
Vienna, VA 22182
(703) 810-5213
Hospital Affiliations:
Name Not Available

Vinton

Bravo, Cesar, MD
CARLION MEDICAL CENTER
204 S Maple Street
Vinton, VA 24179
(540) 266-6950

Edwards, John R., MD
Carilion Bone & Joint Center
204 S Maple Street
Vinton, VA 24179
(540) 266-6950
Carilion Bone and Joint Center-Roanoke
2017 S Jefferson Street
Vinton, VA 24014
(540) 981-8668

Mierisch, Cassandra, MD
Carilion Bone & Joint Center
204 S Maple Street
Vinton, VA 24179
(540) 266-6950
Carilion Bone and Joint Center-Roanoke
2017 S Jefferson Street
Vinton, VA 24014
(540) 981-8668

Mierisch, Cay Michael, MD
Carilion Bone & Joint Center
204 S Maple Street
Vinton, VA 24179
(540) 266-6950
Carilion Bone and Joint Center-Roanoke
2017 S Jefferson Street
Vinton, VA 24014
(540) 981-8668

Shuler, Thomas Edwin, MD
CARLION MEDICAL CENTER
204 S Maple Street
Vinton, VA 24179

Virginia Beach

Aboka, Alexander M, MD
Ocean Sports Medicine and Orthopaedic Center, PLLC
1232 Perimeter Pkwy Suite 205
Virginia Beach, VA 23454
(757) 621-2095

Bevilacqua, Anthony M., DO
Sentara Orthopaedic Trauma Specialists (SMG)
2859 Virginia Beach Blvd Ste 101
Virginia Beach, VA 23454
(757) 388-5680
Hospital Affiliations:
Chesapeake Regional Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Sentara Obici Hospital

Bezley, Mark A., MD
Atlantic Orthopaedic Specialists
1975 Glenn Mitchell Dr Suite 200
Virginia Beach, VA 23456
(757) 321-3300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Cohn, Sheldon C, MD
Atlantic Orthopaedic Specialists
1975 Glenn Mitchell Dr Suite 200
Virginia Beach, VA 23456
(757) 321-3300
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Distasio, Anthony, MD
Sentara Orthopaedic Trauma Specialists (SMG)
2859 Virginia Beach Blvd Ste 101
Virginia Beach, VA 23454
(757) 388-5680
Hospital Affiliations:
Chesapeake Regional Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Donato, Lawrence, DO
Atlantic Orthopaedic Specialists
1800 Camelot Dr Suite 300
Virginia Beach, VA 23454
(757) 321-3300
1975 Glenn Mitchell Dr Suite 200
Virginia Beach, VA 23456
(757) 321-3300
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Carofino, Bradley, MD
Atlantic Orthopaedic Specialists
1975 Glenn Mitchell Dr Suite 200
Virginia Beach, VA 23456
(757) 321-3300
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Clifford, David M., MD
Atlantic Orthopaedic Specialists
1800 Camelot Dr Suite 300
Virginia Beach, VA 23454
(757) 321-3300
1975 Glenn Mitchell Dr Suite 200
Virginia Beach, VA 23456
(757) 321-3300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Specialists - Tier 1

Dowd, Jr., James E., MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Glasson, Sandra E., MD  
Glasson Sports Medicine, PC  
780 Lynnhaven Pkwy Ste 160  
Virginia Beach, VA 23452  
(804) 827-8854

968 First Colonial Rd Ste 101  
Virginia Beach, VA 23454  
(757) 412-1005

Gondusky, Joseph, MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Griffin, Justin W, MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Jacobson, Peter C., MD  
Virginia Institute for Sports Medicine, LLC  
1849 Old Donation Pkwy  
Virginia Beach, VA 23454  
(757) 422-8476

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Jordan, Jr., Louis Charles, MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Kline, Samuel C., MD  
Atlantic Orthopaedic Specialists  
1800 Camelot Dr Suite 300  
Virginia Beach, VA 23454  
(757) 321-3300

1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300

Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Virginia Beach General Hospital

Lambert, Edward, DO  
Virginia Institute for Sports Medicine, LLC  
1849 Old Donation Pkwy  
Virginia Beach, VA 23454  
(757) 422-8476

Manke, Chad R., MD  
Atlantic Orthopaedic Specialists  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300

Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Virginia Beach General Hospital

Midis, Nicholas A., MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Norfolk General Hospital

Molligan, Harry J., MD  
Sentara Orthopaedic Trauma Specialists (SMG)  
2859 Virginia Beach Blvd Ste 101  
Virginia Beach, VA 23454  
(757) 388-5680

Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Moore, Blake, MD  
Atlantic Orthopaedic Specialists  
1800 Camelot Dr Suite 300  
Virginia Beach, VA 23454  
(757) 321-3300

Hospital Affiliations:  
Sentara Lehigh  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Sentara Virginia Beach General Hospital

Myers, Richard J, MD  
Sentara Orthopaedic Trauma Specialists (SMG)  
2859 Virginia Beach Blvd Ste 101  
Virginia Beach, VA 23452  
(757) 388-5680

Hospital Affiliations:  
Sentara Lehigh  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

O’Connell, Patrick, MD  
Virginia Institute for Sports Medicine, LLC  
1849 Old Donation Pkwy  
Virginia Beach, VA 23454  
(757) 422-8476

Hospital Affiliations:  
Sentara Lehigh  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital

Payne, George R, MD  
Atlantic Orthopaedic Specialists  
1800 Camelot Dr Suite 300  
Virginia Beach, VA 23454  
(757) 321-3300

1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300

Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Virginia Beach General Hospital

Robinson, Samuel P., MD  
Jordan-Young Institute, PC  
5716 Cleveland St Ste 200  
Virginia Beach, VA 23462  
(757) 490-4802

Hospital Affiliations:  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Saller, Jeremy, MD  
Children's Surgical Specialty Group (CSSG)  
2021 Concert Drive Suite 102  
Virginia Beach, VA 23456  
(757) 668-2775

Hospital Affiliations:  
Sentara Children's Hospital of the King's Daughters

Shall, Lawrence M, MD  
Atlantic Orthopaedic Specialists  
1975 Glenn Mitchell Dr Suite 200  
Virginia Beach, VA 23456  
(757) 321-3300

Hospital Affiliations:  
Sentara Lehigh Hospital  
Sentara Norfolk General Hospital

Siegel, Jack L., MD  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

Hospital Affiliations:  
Winchester Medical Center

Smith, Christopher S, MD  
Sentara Orthopaedic Trauma Specialists (SMG)  
5335 Discovery Park Blvd Ste B  
Williamsburg, VA 23188  
(757) 253-0603

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Smith, Martin F., MD  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

Hospital Affiliations:  
Winchester Medical Center

Brown, Andrew Nathan, MD  
Valley Orthopaedic Trauma Specialists  
1870 Amherst Street  
Winchester, VA 22601  
(540) 336-8000

Hospital Affiliations:  
Winchester Medical Center

Williamsburg  
Cummings, Stephen H., MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Suite 204  
Williamsburg, VA 23188  
(757) 345-5870

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

Durbin, Thomas, MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Suite 204  
Williamsburg, VA 23188  
(757) 345-5870

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Moore, Jeffrey D., MD  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
5424 Discovery Park Blvd Suite 204  
Williamsburg, VA 23188  
(757) 707-3508

Hospital Affiliations:  
Sentara Williamsburg Regional Medical Center

Smith, Christopher S, MD  
Sentara Orthopaedic Trauma Specialists (SMG)  
5335 Discovery Park Blvd Ste B  
Williamsburg, VA 23188  
(757) 253-0603

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center

Baechler, Martin F., MD  
Bon & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252

Hospital Affiliations:  
Winchester Medical Center

Brown, Andrew Nathan, MD  
Valley Orthopaedic Trauma Specialists  
1870 Amherst Street  
Winchester, VA 22601  
(540) 336-8000

Hospital Affiliations:  
Winchester Medical Center
Cooper, William A., MD  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252  
Hospital Affiliations:  
Winchester Medical Center  
Courtney, Thomas W., MD  
Bone & Joint Specialists of Winchester, PC  
136 Linden Dr Ste 104  
Winchester, VA 22601  
(540) 667-9252  
Hospital Affiliations:  
Winchester Medical Center  
Dickson, Crystal M, MD  
Bone & Joint Specialists of Winchester, PC  
190 Campus Boulevard Suite 310  
Winchester, VA 22601  
(540) 667-9252  
Hospital Affiliations:  
Winchester Medical Center  
Gore, Abbey K.I., MD  
WOA Imaging Associates, PC  
1830 Amherst St  
Winchester, VA 22601  
(540) 536-0057  
Hospital Affiliations:  
Winchester Medical Center  
Zoller, John H., MD  
WOA Imaging Associates, PC  
1830 Amherst St  
Winchester, VA 22601  
(540) 536-0057  
Hospital Affiliations:  
Winchester Medical Center  
Mantell, Matthew, MD  
WOA Imaging Associates, PC  
1830 Amherst St  
Winchester, VA 22601  
(540) 536-0057  
Hospital Affiliations:  
Winchester Medical Center  
Martenson, Stephen H., MD  
WOA Imaging Associates, PC  
1830 Amherst St  
Winchester, VA 22601  
(540) 536-0057  
Hospital Affiliations:  
Winchester Medical Center  
Lowery, Jr., Wylie D., MD  
Family Orthopaedics & Sports Medicine of NO. VA. P.C.  
2010 C Opitz Blvd Suite C  
Woodbridge, VA 22191  
(703) 690-1152  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Nejad, Ghassem A, MD  
2020 Opitz Boulevard Suite B  
Woodbridge, VA 22191  
(703) 690-2970  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Raley, Thomas, MD  
Advanced Spine and Pain PLLC  
14904 Jefferson Davis Hwy Ste 401  
Woodbridge, VA 22191  
(703) 522-2727  
Hospital Affiliations:  
Stafford Hospital Center  
Saheb, Hajeer, MD  
Washington Orthopaedic and Spine Inst LLC  
14904 Jefferson Davis Hwy Ste 201  
Woodbridge, VA 22191  
(703) 897-7463  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center  
Ward, Kenneth, MD  
Family Orthopaedics & Sports Medicine of NO. VA. P.C.  
5020 C Opitz Blvd  
Woodbridge, VA 22191  
(703) 690-1152  
Hospital Affiliations:  
Inova Fairfax Hospital Sentara Northern Virginia Medical Center  
Balsamo, Lake H., MD  
Valley Health Orthopaedics  
240 Shenandoah Street  
Woodstock, VA 22664  
(540) 459-1354  
Hospital Affiliations:  
Warren Memorial Hospital, Inc.  
Gajewski, Timothy, MD  
Valley Health Shenandoah Memorial Hospital Orthopaedics  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-1384  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc.  
Warren Memorial Hospital, Inc.  
Mitchell, Erik, DO  
Valley Health Shenandoah Memorial Hospital Orthopaedics  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-2957  
Hospital Affiliations:  
Shenandoah Memorial Hospital Inc.  
Warren Memorial Hospital, Inc.  
Van Buecken, Kent P., MD  
Valley Health Orthopaedics  
240 Shenandoah Street  
Woodstock, VA 22664  
(540) 459-1354  
Hospital Affiliations:  
Norton Community Hospital Warren Memorial Hospital, Inc.  
Wynn, Andrea, MD  
Valley Health Shenandoah Memorial Hospital Orthopaedics  
759 South Main Street  
Woodstock, VA 22664  
(540) 459-1354  
Hospital Affiliations:  
Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc.  
Zimet, Daniel L., MD  
Valley Health Orthopaedics  
240 Shenandoah Street  
Woodstock, VA 22664  
(540) 459-1354  
Wytheville  
Afolabi, Abimbola A., MD  
Carrilion Healthcare Corporation  
1375 West Ridge Rd  
Wytheville, VA 24382  
(540) 731-2436  
Hospital Affiliations:  
Carrilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Dallis, James, MD  
Ridgeview Orthopaedics and Sports Medicine  
590 W Ridge Road Suite K  
Wytheville, VA 24382  
(276) 228-0566  
Hospital Affiliations:  
Wythe County Community Hospital  
Eastwood, Bart, DO  
Sideline Orthopedics and Sports Medicine LLC  
90 Bldg 2 1787 W Lee Hwy  
Wytheville, VA 24382  
Hospital Affiliations:  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski Montgomery Regional Hospital d/b/a LewisGale Montgomery  
Francisco, Ramces A., MD  
Wythe County Physician Practices, LLC  
1995 West Ridge Road  
Wytheville, VA 24382  
(276) 223-1983  
600 West Ridge Road  
Wytheville, VA 24382  
(276) 228-0200  
Hospital Affiliations:  
Clinch Valley Medical Center
## Specialists - Tier 1

<table>
<thead>
<tr>
<th>Region</th>
<th>Name</th>
<th>Specialty</th>
<th>Address</th>
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<tbody>
<tr>
<td><strong>Abingdon</strong></td>
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<td><strong>Pain Medicine</strong></td>
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<tr>
<td></td>
<td>Balint, Virgil, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>8101 Hinson Farm Road Suite 308 Alexandria, VA 22306</td>
<td>(703) 738-4378</td>
</tr>
<tr>
<td></td>
<td>Friedlis, Mayo, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>6355 Walker Lane Ste 507 Alexandria, VA 22310</td>
<td>(703) 738-4332</td>
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<tr>
<td></td>
<td>Wagner, Robert, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>6355 Walker Lane Ste 507 Alexandria, VA 22310</td>
<td>(703) 738-4332</td>
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<td></td>
<td>Whittenberg, Beverly, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>6355 Walker Lane Ste 507 Alexandria, VA 22310</td>
<td>(703) 738-4332</td>
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<td></td>
<td>Protopapas, Marina, DO</td>
<td>National Spine &amp; Pain Centers</td>
<td>6355 Walker Lane Ste 507 Alexandria, VA 22310</td>
<td>(703) 738-4332</td>
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<td></td>
<td>Balint, Virgil, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
<tr>
<td></td>
<td>Friedlis, Mayo, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
<tr>
<td></td>
<td>Holland, Matthew, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
<tr>
<td></td>
<td>Kendall, Daniel, DO</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
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<td></td>
<td>Patel, Ketan B., MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
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<td></td>
<td>Mahboobi, Ramatia, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>2800 S Shirlington Rd Suite 102 Arlington, VA 22206</td>
<td>(703) 738-4336</td>
</tr>
</tbody>
</table>

**Hospital Affiliations:**
- Inova Alexandria Hospital
- Inova Alexandria Hospital
- Inova Alexandria Hospital
- Inova Alexandria Hospital
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**Otology**

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<th>Name</th>
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<td>Fishero, Brian A, MD</td>
<td>Commonwealth Ear Nose &amp; Throat Specialists PC</td>
<td>14051 St Francis Blvd Suite 2211 Midlothian, VA 23114</td>
<td>(804) 378-7443</td>
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**Hospital Affiliations:**
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Forest Campus

**Harris, Ryan, DO**
- Carilion Healthcare Corporation
- 1375 West Ridge Rd
- Wytheville, VA 24382
- (540) 731-2436

**Hospital Affiliations:**
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

**Stephenson, Robert Brian, MD**
- Wythe County Physician Practices, LLC
- 1995 W Ridge Rd
- Wytheville, VA 24382
- (276) 223-1982

**Morin II, Norman Paul, MD**
- Wythe County Physician Practices, LLC
- 1995 W Ridge Rd
- Wytheville, VA 24382
- (276) 223-1983

**Balint, Virgil, MD**
- National Spine & Pain Centers
- 8101 Hinson Farm Road Suite 308 Alexandria, VA 22306
- (703) 738-4378

**Friedlis, Mayo, MD**
- National Spine & Pain Centers
- 6355 Walker Lane Ste 507 Alexandria, VA 22310
- (703) 738-4332

**Wagner, Robert, MD**
- National Spine & Pain Centers
- 6355 Walker Lane Ste 507 Alexandria, VA 22310
- (703) 738-4332

**Whittenberg, Beverly, MD**
- National Spine & Pain Centers
- 6355 Walker Lane Ste 507 Alexandria, VA 22310
- (703) 738-4332

**Protopenas, Marina, DO**
- National Spine & Pain Centers
- 6355 Walker Lane Ste 507 Alexandria, VA 22310
- (703) 738-4332
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<td><strong>Centreville</strong></td>
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<tr>
<td>Protopapas, Marina, DO National Spine &amp; Pain Centers 13890 Braddock Road Suite 100 Centerville, VA 20121 (703) 738-4339</td>
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<td><strong>Hospital Affiliations:</strong> Inova Alexandria Hospital Inova Fairfax Hospital</td>
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<td>Soteropoulos, Costa, MD National Spine &amp; Pain Centers 13890 Braddock Road Suite 100 Centreville, VA 20121 (703) 738-4339</td>
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<td>Wisor, Douglas, MD National Spine &amp; Pain Centers 13890 Braddock Road Suite 100 Centreville, VA 20121 (703) 738-4339</td>
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<td><strong>Charlottesville</strong></td>
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<tr>
<td>Holland, Matthew, MD National Spine &amp; Pain Centers 1460 Pannops Mountain Place Suite 2B Charlottesville, VA 22911 (434) 234-4910</td>
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<td><strong>Hospital Affiliations:</strong> Inova Martha Jefferson Hospital</td>
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<tr>
<td>McGowan, James A. MD Inova Martha Jefferson Orthopedics 3263 Proffit Road Suite 202 Charlottesville, VA 22911 (434) 234-4910</td>
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<td><strong>Hospital Affiliations:</strong> Sentara Martha Jefferson Hospital</td>
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<tr>
<td>Messinger, Richard B. MD Charlottesville Interventional Pain Management, LLC 2050 Abbey Road Suite A Charlottesville, VA 22911 (434) 295-3600</td>
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<tr>
<td>Purvez, Akhtar, MD Akhtar Purvez 1807 Seminole Trail Suite 201 Charlottesville, VA 22901 (434) 328-2774</td>
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<td><strong>Hospital Affiliations:</strong> Center Lynchburg General Hospital Sentara RMH Medical Center</td>
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<td>Siddiqui, Rasheed A., MD Charlottesville Interventional Pain Management, LLC 2050 Abbey Road Suite A Charlottesville, VA 22911 (434) 295-3600</td>
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<td><strong>Chesapeake</strong></td>
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<tr>
<td>Bragg, Winifred, MD Spine &amp; Orthopedic Pain Center, PC 113 Gainsborough Sq Ste 400 Chesapeake, VA 23320 (757) 333-3360</td>
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<tr>
<td><strong>Hospital Affiliations:</strong> Chesapeake Regional Medical Center Sentara CarePlex Hospital Sentara Leigh Hospital Sentara Norfolk General Hospital</td>
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<tr>
<td>Henick, James H., MD Sports Medicine &amp; Orthopaedic Center, Inc. 501 Discovery Dr Chesapeake, VA 23320 (757) 547-5145</td>
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<td><strong>Hospital Affiliations:</strong> Bon Secours Maryview Medical Center UVa Culpeper Hospital</td>
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<tr>
<td><strong>Chester</strong></td>
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<tr>
<td>Khan, Nadeem, MD Interventional Pain &amp; Spine Specialists, PLLC 12230 Branders Creek Drive Chester, VA 23831 (804) 715-4709</td>
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<td><strong>Hospital Affiliations:</strong> Southside Regional Medical Center</td>
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<td><strong>Christiansburg</strong></td>
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<tr>
<td>Baylor, George M., MD Blue Ridge Pain Management Associates, PC 95 Ponderosa Dr Christiansburg, VA 24073 (540) 444-5670</td>
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<td><strong>Hospital Affiliations:</strong> Carilion Roanoke Memorial Hospital Lewis-Gale Medical Center</td>
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<td>Crichlow, Andrew R, MD Blue Ridge Pain Management Associates, PC 95 Ponderosa Dr Christiansburg, VA 24073 (540) 444-5670</td>
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<td><strong>Hospital Affiliations:</strong> Carilion Roanoke Memorial Hospital Lewis-Gale Medical Center</td>
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<tr>
<td>Dixon, Duane, MD Pain Care Center of Lynchburg 8 Radford Street Suite 202 Christiansburg, VA 24073 (540) 381-2425</td>
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<td>Dragovich, Anthony L., MD Blue Ridge Pain Management Associates, PC 95 Ponderosa Dr Christiansburg, VA 24073 (540) 444-5670</td>
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<tr>
<td>Dailey, James A, MD Spectrum Medical Inc. (Specialists) 109 Bridge Street Suite 300 Danville, VA 24541 (434) 793-4711</td>
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<td>Fraifeld, Eduardo M, MD Spectrum Medical Inc. (Specialists) 125 Executive Dr Ste A Danville, VA 24541 (434) 793-4711</td>
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<td>Ung, Cheeany W., MD Cornerstone Complete Care, Inc. 441 G Piney Forest Rd Danville, VA 24540 (434) 793-0700</td>
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<td><strong>Elkton</strong></td>
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<tr>
<td>Hess, Christopher J., MD Sentara RMH Medical Group, LLC 13737 Spotswood Trail Elkton, VA 22827 (540) 298-1200</td>
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<td><strong>Fairfax</strong></td>
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<td>Bakht, Cyrus E., MD National Spine &amp; Pain Centers 3031 Javier Road Suite 100 Fairfax, VA 22031 (703) 914-8000</td>
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<td>Balint, Virgil, MD National Spine &amp; Pain Centers 3031 Javier Road Suite 100 Fairfax, VA 22031 (703) 914-8000</td>
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Optima Direct Network Providers January 2019

**Specialists - Tier 1**

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**Wisor, Douglas, MD**  
National Spine & Pain Centers  
1500 Brookhaven Drive Suite 1  
Harrisonburg, VA 22801  
(540) 434-1759

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**Haymarket**

Balint, Virgil, MD  
National Spine & Pain Centers  
15195 Heathcote Boulevard Suite 230  
Haymarket, VA 20169  
(703) 738-4384  
Hospital Affiliations:  
Inova Alexandria Hospital

Friedlis, Mayo, MD  
National Spine & Pain Centers  
15195 Heathcote Boulevard Suite 230  
Haymarket, VA 20169  
(703) 738-4384  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital

Hassassian, Sassan, MD  
National Spine & Pain Centers  
15195 Heathcote Boulevard Suite 230  
Haymarket, VA 20169  
(703) 738-4384

---

**Lansdowne**

Hassassian, Sassan, MD  
National Spine & Pain Centers  
19500 Sandridge Way Suite 100  
Lansdowne, VA 20176  
(703) 738-4344

Mahboobi, Ramatia, MD  
National Spine & Pain Centers  
19500 Sandridge Way Suite 100  
Lansdowne, VA 20176  
(703) 738-4344

Patel, Ketan B., MD  
National Spine & Pain Centers  
19500 Sandridge Way Suite 100  
Lansdowne, VA 20176  
(703) 738-4344  
Hospital Affiliations:  
Inova Alexandria Hospital  
Inova Fairfax Hospital

Protopapas, Marina, DO  
National Spine & Pain Centers  
19500 Sandridge Way Suite 100  
Lansdowne, VA 20176  
(703) 738-4344

Soteropoulos, Costa, MD  
National Spine & Pain Centers  
19500 Sandridge Way Suite 100  
Lansdowne, VA 20176  
(703) 738-4344

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**Lexington**

Davis, Jared A., MD  
Augusta Health Pain Management Clinic  
30 Greenhouse Rd.  
Lexington, VA 24450  
(540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center  
UVA Culpeper Hospital

Lu, Yaohua, MD  
CARILION MEDICAL CENTER  
1 Health Cir  
Lexington, VA 24450  
(540) 458-3344  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital

Toussi, Ruzeb, DO  
Augusta Health Pain Management Clinic  
30 Greenhouse Rd.  
Lexington, VA 24450  
(540) 464-3465  
Hospital Affiliations:  
Augusta Medical Center

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**Lynchburg**

Balint, Virgil, MD  
National Spine & Pain Centers  
2015 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-9170

Wagner, Robert, MD  
National Spine & Pain Centers  
2015 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-9170

Patel, Ketan B., MD  
National Spine & Pain Centers  
2015 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-9170  
Hospital Affiliations:  
Inova Alexandria Hospital

Friedlis, Mayo, MD  
National Spine & Pain Centers  
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Lynchburg, VA 24501  
(434) 846-9170

Protopapas, Marina, DO  
National Spine & Pain Centers  
2015 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-9170

Soteropoulos, Costa, MD  
National Spine & Pain Centers  
2015 Tate Springs Road  
Lynchburg, VA 24501  
(434) 846-9170

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**Madison Heights**

Dixon, Duane, MD  
Pain Care Center of Lynchburg  
4262 S Amherst Hwy Ste 200  
Madison Heights, VA 24572  
(434) 528-4640

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## Specialists - Tier 1

### Manassas

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<thead>
<tr>
<th>Name</th>
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<tr>
<td>Hassassian, Sassan, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Suite 117 Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<tr>
<td>Mahboobi, Ramatia, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Suite 117 Manassas, VA 20110</td>
<td>(703) 738-4375</td>
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<td>Patel, Ketan B., MD</td>
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<td>(703) 738-4375</td>
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<tr>
<td>Protopapas, Marina, DO</td>
<td>National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Suite 103 McLean, VA 22102</td>
<td>(703) 738-4342</td>
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<td>Soteropoulos, Costa, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Suite 103 McLean, VA 22102</td>
<td>(703) 738-4342</td>
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<tr>
<td>Wisor, Douglas, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>1430 Spring Hill Road Suite 103 McLean, VA 22102</td>
<td>(703) 738-4342</td>
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### Martinsville

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<td>Dailey, James A, MD</td>
<td>Spectrum Medical Inc. (Specialists)</td>
<td>1075 Spruce St Martinsville, VA 24112 (276) 790-3233</td>
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<td>Fraiefeld, Eduardo M, MD</td>
<td>Spectrum Medical Inc. (Specialists)</td>
<td>1075 Spruce St Martinsville, VA 24112 (276) 790-3233</td>
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<td>Wisor, Douglas, MD</td>
<td>National Spine &amp; Pain Centers</td>
<td>8644 Sudley Road Suite 117 Manassas, VA 20110</td>
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### Norfolk

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<td>Bragg, Winfred, MD</td>
<td>Spine &amp; Orthopedic Pain Center, PC</td>
<td>6100 Kempsville Circle Smithfield Bldg Ste 303A Norfolk, VA 23502</td>
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### Midlothian

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<td>Nazmi, Peyman, MD</td>
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<td>14404 Sommerville Ct Midlothian, VA 23113 (804) 378-1800</td>
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### Newport News

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<tr>
<td>Andrus, Jenny, MD</td>
<td>Orthopaedic &amp; Spine Ctr</td>
<td>250 Nat Turner Blvd Newport News, VA 23606</td>
<td>(757) 596-1900</td>
</tr>
<tr>
<td>Dawson, Christopher A, MD</td>
<td>Tidewater Physicians Multispecialty Group, PC (TPMG)</td>
<td>860 Omni Blvd Suite 115 Newport News, VA 23606</td>
<td>(757) 232-8844</td>
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<tr>
<td>Newman, Mark W., MD</td>
<td>Tidewater Pain Management, P.C.</td>
<td>716 Denigh Blvd Ste A5 Newport News, VA 23608</td>
<td>(757) 827-7030</td>
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### Pearisburg

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<tr>
<td>Lu, Yaohua, MD</td>
<td>CARILLON MEDICAL CENTER</td>
<td>159 Hartley Way Pearisburg, VA 24134 (540) 921-6000</td>
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### Verizon

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<td>Verfurth, Francis, MD</td>
<td>Consultants in Pain Management Inc</td>
<td>600 Gresham Dr Norfolk, VA 23507 (757) 473-0104</td>
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### Hospital Affiliations

- Sentara Virginia Beach General Hospital
- Carilion Franklin Memorial Hospital
- Carilion Giles Community Hospital
- Carilion Roanoke Community Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital
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<td><strong>Richmond</strong></td>
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<td><strong>Kendall, Daniel, DO</strong></td>
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<tr>
<td>National Spine &amp; Pain Centers 1860 Town Center Drive Suite 430 Reston, VA 20190 (703) 738-4335</td>
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</table>

| **Bakht, Cyrus E., MD** |
| National Spine & Pain Centers 1316 South Jefferson Street Roanoke, VA 24016 (540) 345-4230 |

| **Hospital Affiliations:** |
| Carilion Roanoke Memorial Hospital |

| **Richmond**        |
| **Bartsanti, John Michael, MD** |
| Commonwealth Pain Specialists 1501 Maple Avenue Suite 301 Richmond, VA 23226 (804) 288-7246 |

| **Hospital Affiliations:** |
| Bon Secours St. Marys Hospital |

| **Hamza, Maged S., MD** |
| MCV Associated Physicians (Pain Management) 1250 E Marshall Street Richmond, VA 23298 (804) 828-4097 |

| **Hospital Affiliations:** |
| Henrico Doctors' Hospital - Forest Campus |

| **Hamno, Marc, MD** |
| MCV Associated Physicians (Pain Management) 11958 W Broad Street Richmond, VA 23233 (804) 364-6641 |

| **Hospital Affiliations:** |
| VCU Health System/MCV |

| **Lakhan, Shaheen E, MD** |
| CARILION MEDICAL CENTER 2331 Franklin Rd SW Roanoke, VA 24014 (540) 224-5170 |

| **Hospital Affiliations:** |
| Carilion Roanoke Memorial Hospital |

| **Reston**        |
| **Bolint, Virgil, MD** |
| National Spine & Pain Centers 1860 Town Center Drive Suite 430 Reston, VA 20190 (703) 738-4335 |

| **Hospital Affiliations:** |
| Inova Alexandria Hospital |

| **Friedlis, Mayo, MD** |
| National Spine & Pain Centers 1316 South Jefferson Street Roanoke, VA 24016 (540) 345-4230 |

| **Hospital Affiliations:** |
| Carilion Giles Community Hospital Carilion Roanoke Community Hospital Carilion Roanoke Memorial Hospital Carilion Stonewall Jackson Hospital |

| **Raju, Tejal, MD** |
| Virginia Interventional Pain & Spine Center, Inc. 3800 Electric Road Suite 307 Roanoke, VA 24018 (540) 777-0090 |

| **Hospital Affiliations:** |
| Carilion New River Valley Medical Center Carilion Roanoke Memorial Hospital |
Schlossberg, Matthew L., MD
Consultants in Pain Management Inc
134 Business Park Dr
Virginia Beach, VA 23462
(757) 473-0104

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Lin, Qi, MD
Consultants in Pain Management Inc
1975 Glenn Mitchell Dr Ste 101
Virginia Beach, VA 23456
(757) 507-0600

Hospital Affiliations:
Sentara CarePlex Hospital

Warren, Brian, MD
Consultants in Pain Management Inc
134 Business Park Dr
Virginia Beach, VA 23462
(757) 473-0104

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Woodford, Renee A., MD
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134 Business Park Dr
Virginia Beach, VA 23462
(757) 473-0104

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Work, Granville B., MD
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134 Business Park Dr
Virginia Beach, VA 23462
(757) 473-0104

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Zoll, Ross H., MD
Consultants in Pain Management Inc
134 Business Park Dr
Virginia Beach, VA 23462
(757) 473-0104

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Weyers Cave

Audet, Jr., Robert J., MD
Balint Pain Management Center
54 Franklin St Ste 104
Weyers Cave, VA 24486
(540) 234-0080

Williamsburg

Newman, Mark W., DO
Tidewater Physicians Multispecialty Group, PC (TPMG)
223 Buliffs Blvd Suite C
Williamsburg, VA 23188
(757) 258-2561
5424 Discovery Park Blvd Suite 204
Williamsburg, VA 23188
(757) 258-2561

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Winchester

Ashcraft, Noel S., DO
Virginia Brain and Spine Center, Inc.
1818 Amherst Street
Winchester, VA 22601
(540) 450-0072

Gopal, Alok, MD
National Spine & Pain Centers
190 Campus Blvd Suite 420
Winchester, VA 22601
(540) 931-0400

Hospital Affiliations:
WMC Pain Management
1840 Amherst Street
Winchester, VA 22601
(540) 536-8700

Hospital Affiliations:
Winchester Medical Center

Palliative Medicine

Blackstone

Madhoun, Mazen I., MD
Madhoun MD, LLC
900 S Main St
Blackstone, VA 23824
(434) 292-5301

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Carilion New River Valley Medical Center

Woodstock

O'Neal, Jonathan F., MD
Woodstock Anesthesia Associates
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Hospital Affiliations:
Shenandoah Memorial Hospital

Palliative Medicine

Blackstone

Madhoun, Mazen I., MD
Madhoun MD, LLC
900 S Main St
Blackstone, VA 23824
(434) 292-5301

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Carilion New River Valley Medical Center

Woodlawn

Dixon, Duane, MD
Pain Care Center of Lynchburg
2851 Carrolton Pike Drive Suite A5
Woodlawn, VA 24381
(434) 528-4600

Hospital Affiliations:
Sengard Memorial Hospital

Pain Management Specialists (SMG)
134 Business Park Dr
Virginia Beach, VA 23456
(757) 507-0600

## Specialists - Tier 1

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<th>Location</th>
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<td>Madhoun, Mazen I, MD</td>
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<td>2900 Lamb Cir</td>
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<tr>
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<td>Christiansburg, VA 24073</td>
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<td><strong>Fredericksburg</strong></td>
<td>McManus, Patrick J., MD</td>
<td>Bon Secours Palliative Medicine</td>
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Yanni, Leanne, MD
Bon Secours Palliative Medicine
14051 St Francis Blvd Suite 2209
Midlothian, VA 23114
(804) 288-2673
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Bon Secours St. Marys Hospital
VCU Health System/MCV

Richmond

Jennings, Cara, MD
Bon Secours Palliative Medicine
5855 Bremo Road Suite 403
Richmond, VA 23226
(804) 288-2673
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St Marys Hospital

Ranjan, Aparna, MD
Bon Secours Palliative Medicine
5855 Bremo Road Suite 403
Richmond, VA 23226
(804) 288-2673
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Stephens, Stephanie L., DO
MCV Associated Physicians (Palliative Care)
1300 E Marshall Street
Richmond, VA 23298
(804) 628-1295
Hospital Affiliations:
VCU Health System/MCV

Yanni, Leanne, MD
Bon Secours Palliative Medicine
5855 Bremo Road MOB North Suite 403
Richmond, VA 23226
(804) 288-2673
5855 Bremo Road Suite 403
Richmond, VA 23226
(804) 266-2222
8580 Magellan Parkway Bldg IV
Richmond, VA 23227
(804) 627-5291
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St Marys Hospital

Roanoke

Gamaluddin, Shereen A., MD
CARILION MEDICAL CENTER
1906 Bellevue Ave
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Ave Suite 302
Roanoke, VA 24014
(540) 981-7653
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Morel, Thomas Devon, MD
CARILION MEDICAL CENTER
1906 Bellevue Ave
Roanoke, VA 24014
(540) 981-7000

Optima Direct Network Providers January 2019
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<td>Cronin, Julia A., MD</td>
<td>Children's Specialty Group PLLC</td>
<td>500 Discovery Dr Ste 301</td>
<td>(757) 668-8255</td>
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<td>Cronin, Julia A., MD</td>
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<td>601 Childrens Lane</td>
<td>(757) 668-8255</td>
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<td>Childrens Specialty Group PLLC</td>
<td>Maples, Kelly M, MD</td>
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<td>Children's Specialty Group PLLC</td>
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<td>Irani, Anne-Marie A., MD</td>
<td>MCV Associated Physicians (Pediatric Allergy &amp; Immunology)</td>
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<td>Childrens Specialty Group PLLC</td>
<td>Morales, Maripaz B., MD</td>
<td>Children's Specialty Group PLLC</td>
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<td>Rais, Muhammad, MD</td>
<td>Pediatric Lung Allergy and Sleep Specialists PC</td>
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<td>301 Riverview Ave 3rd Floor</td>
<td>(757) 668-8255</td>
<td>Children's Hospital of the King's Daughters</td>
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</table>
Maples, Kelly M, MD  
Childrens Specialty Group PLLC  
301 Riverview Ave 3rd Floor  
Norfolk, VA 23510  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Morales, Marijaz B, MD  
Childrens Specialty Group PLLC  
301 Riverview Ave 3rd Floor  
Norfolk, VA 23510  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Hogan, Angela D, MD  
Childrens Specialty Group PLLC  
2021 Concert Drive  
Virginia Beach, VA 23456  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Kelly, Cynthia, MD  
Childrens Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Dziadzio, Laura L, MD  
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2021 Concert Drive  
Virginia Beach, VA 23456  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Ang-Alhadeff, Angela, MD  
Childrens Specialty Group PLLC  
2021 Concert Drive  
Virginia Beach, VA 23456  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Morales, Maripaz B., MD  
Childrens Specialty Group PLLC  
2021 Concert Drive  
Virginia Beach, VA 23456  
(757) 668-8255

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Park, Jin H., MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Irani, Anne-Marie A., MD  
MCV Associated Physicians (Pediatric Allergy & Immunology)  
9000 Stony Point Parkway  
Richmond, VA 23235  
(804) 828-2467

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Tawfik, Sherif, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Benheim, Alan, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Abdallah, Hasan L., MD  
Children's Specialty Group PLLC  
3301 Woodburn Road Suite 104  
Annandale, VA 22003  
(703) 207-0586

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Tatem, Andria E., MD  
Childrens Specialty Group PLLC  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 668-7456

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Dangol, Amir, MD  
Children's Heart Institute - VA, P.C.  
6355 Walker Lane Suite 307  
Alexandria, VA 22310  
(703) 922-0431

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Gay, William, MD  
Childrens Specialty Group PLLC  
2021 Concert Drive  
Virginia Beach, VA 23456  
(757) 668-7850

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Ansong, Annette K., MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Hartas, Georgios, MD  
Children's Heart Institute - VA, P.C.  
6355 Walker Lane Suite 307  
Alexandria, VA 22310  
(703) 922-0431

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
Childrens Specialty Group PLLC  
4660 Kenmore Ave Suite 800  
Alexandria, VA 22304  
(703) 573-0504

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Karr, Sharon, MD  
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Hospital Affiliations:  
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Hospital Affiliations:  
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Children's Hospital of the King's Daughters

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Hospital Affiliations:  
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Hospital Affiliations:  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters
Specialists - Tier 1

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Charlottesville
Hammill, William W., MD
Martha Jefferson Cardiology Group
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Vance, Michael S., MD
Children's Specialty Group PLLC
733 Volvo Pkwy Ste 300
(Cardiology)
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(757) 668-7584

Hospital Affiliations:
Centra Virginia Baptist Hospital

Gay, William, MD
CARILION MEDICAL CENTER
208 Magnolia Dr
Danville, VA 24541
(434) 799-3817

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Miller, Joelle D., MD
Danville Regional Medical Center-Carilion
208 Magnolia Dr
Danville, VA 24541
(434) 799-3817

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Danville
Gay, William, MD
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Hospital Affiliations:
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Centra Virginia Baptist Hospital

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Hospital Affiliations:
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Centra Virginia Baptist Hospital

Fairfax
Ansong, Annette K., MD
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Hospital Affiliations:
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VCU Health System/MCV

8500 Executive Park Avenue Suite 110
Fairfax, VA 22031
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Princess William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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(703) 573-0504

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900 West Third Street
Farmville, VA 23901

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Frederickssburg
Dangol, Amir, MD
Children's Heart Institute - VA, P.C.
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Hartas, Georgios, MD
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Thammamini, Kalpana, MD
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Gainesville
Ansong, Annette K., MD
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Gainesville, VA 20155
(703) 573-0504

Hospital Affiliations:
Children's Heart Institute - VA, P.C.
VCU Health System/MCV

8500 Executive Park Avenue Suite 110
Fairfax, VA 22031
(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Princess William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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(703) 573-0504

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Optima Health
Park, Jin H., MD  
Pediatric Cardiology Associates, PC  
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Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Tawfik, Sherif, MD  
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Abdallah, Hasan I., MD  
Children's Heart Institute - VA, P.C.  
171 Elden St Suite 2C4  
Herndon, VA 20170  
(703) 481-5801  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Townsend, Mark, MD  
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1220 W Gretta Road  
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(434) 656-1717  

Hospital Affiliations:  
Centra Lynchburg General Hospital  

Hartas, Georgios, MD  
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Reston Hospital Center  

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Children's Heart Institute - VA, P.C.  
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Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Gay, William, MD  
CARILION MEDICAL CENTER  
1 Health Circle  
Lexington, VA 24450  
(540) 458-3460  

Hospital Affiliations:  
Centra Lynchburg General Hospital  

Whitley, Herbert, MD  
CARILION MEDICAL CENTER  
2215 Langhorne Rd  
Lynchburg, VA 24501  
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Hospital Affiliations:  
Centra Lynchburg General Hospital  

Lizano Santamaria, Ramiro, MD  
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8609 Sudley Road Suite 203  
Manassas, VA 20110  
(571) 612-2606  

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Mary Washington Hospital (MWH)  
Children's Multispecialty Clinic, PLC  
171 Elden St Suite 2C4  
Herndon, VA 20170  
(703) 481-5801  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Mary Washington Hospital (MWH)  
Children's Multispecialty Clinic, PLC  
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Herndon, VA 20170  
(703) 481-5801  

Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  

Optima Direct Network Providers January 2019  
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OptimaHealth

Specialists - Tier 1
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Affiliations</th>
</tr>
</thead>
</table>
| Martinsville | Fleenor, Jonathan, MD | Children's Specialty Group PLLC  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 668-7213  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| Petersburg | Albrecht, Gerald, MD | Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours St. Marys Hospital  
Children's Hospital of Richmond of the VCU Health System  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
John Randolph Medical Center  
Sentara Williamsburg Regional Medical Center  
St. Mary's Hospital  
University of Virginia Medical Center |
| Richmond | Albrecht, Gerald, MD | Children's Hospital of Richmond of the VCU Health System  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
John Randolph Medical Center  
Sentara Williamsburg Regional Medical Center  
Southside Regional Medical Center  
St. Mary's Hospital |
| Mechanicsville | Lim, David Scott, MD | Cardiac Surgery Specialists  
9220 Meadowbridge Road Suite 311  
Mechanicsville, VA 23116  
(804) 764-7340  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital |
| Moneta | Habib, Asma S., MD | CARILION MEDICAL CENTER  
159 Hartley Way  
Pearbush, VA 24334  
(540) 921-6000  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Giles Community Hospital  
Carilion Roanoke Memorial Hospital  
Carilion Stonewall Jackson Hospital  
Whitney, Herbert, MD  
CARILION MEDICAL CENTER  
159 Hartley Way  
Pearbush, VA 24334  
(540) 921-6000  
Hospital Affiliations:  
Carilion Lynchburg General Hospital  
Carilion Virginia Baptist Hospital |
| Pearisburg | Albrecht, Gerald, MD | Southside Physician Network LLC  
200 Medical Park Blvd  
Petersburg, VA 23805  
(804) 765-5000  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Children's Hospital of Richmond of the VCU Health System  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sentara Williamsburg Regional Medical Center  
Southside Regional Medical Center  
St. Mary's Hospital |
| Reston | Ansong, Annette K., MD | Pediatric Cardiology Associates, PC  
1800 Town Center Drive Suite 412  
Reston, VA 20190  
(703) 573-0504  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center  
Reston Hospital Center  
Sentara Northern Virginia Medical Center |
| Tawfik, Sherif, MD | Pediatric Cardiology Associates, PC  
1800 Town Center Drive Suite 412  
Reston, VA 20190  
(703) 573-0504 |
| Norfork | Ellis, Alexander R., MD | Children's Specialty Group PLLC  
601 Childrens Lane (Ped Cardiology)  
Norfolk, VA 23507  
(757) 668-7213  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| Park, Jin H., MD | Pediatric Cardiology Associates, PC  
1800 Town Center Drive Suite 412  
Reston, VA 20190  
(703) 573-0504 |
| Fleenor, Jonathan, MD | Pediatric Cardiology Associates, PC  
1800 Town Center Drive Suite 412  
Reston, VA 20190  
(703) 573-0504 |
| Albrecht, Gerald, MD | Children's Hospital of Richmond of the VCU Health System  
Chippenham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
John Randolph Medical Center  
Sentara Williamsburg Regional Medical Center  
Southside Regional Medical Center  
St. Mary's Hospital |
| Townsend, Mark, MD | Cardiovascular Associates of Central VA  
1039 Mayberry Crossing Drive Suite C  
Moneta, VA 24121  
(540) 828-9700  
Hospital Affiliations:  
Carilion Lynchburg General Hospital  
Carilion Virginia Baptist Hospital  
VCU Health System/MCV |
| Ellis, Alexander R., MD | Pediatric Cardiology Associates, PC  
1800 Town Center Drive Suite 412  
Reston, VA 20190  
(703) 573-0504 |
| Moneta | Townsend, Mark, MD | Cardiovascular Associates of Central VA  
1039 Mayberry Crossing Drive Suite C  
Moneta, VA 24121  
(540) 828-9700  
Hospital Affiliations:  
Carilion Lynchburg General Hospital  
Carilion Virginia Baptist Hospital  
VCU Health System/MCV |

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**Optima Direct Network Providers January 2019**

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**OptimaHealth**
Gay, William, MD
CARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
902 S Jefferson St
Roanoke, VA 24016
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Habib, Asma S., MD
CARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Ave Suite 203
Roanoke, VA 24014
(540) 982-8204
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Herald, Steven, MD
CARLION MEDICAL CENTER
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Miller, Joelle D., MD
CRCH Cardiology/High Risk
102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
CRCH Pediatric Clinic
902 S Jefferson Street
Roanoke, VA 24016
(540) 985-8230
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Centra Virginia Baptist Hospital

Whitley, Herbert, MD
CARLION MEDICAL CENTER
390 S Main Street Ste 201
Rocky Mount, VA 24151
(540) 484-4800
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Ansong, Annette K., MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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102 Highland Avenue Ste 101
Roanoke, VA 24013
(540) 224-4545
902 S Jefferson St
Roanoke, VA 24016
Hospital Affiliations:
Center Lynchburg General Hospital
Centra Virginia Baptist Hospital

Vance, Michael S., MD
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7603 Forest Ave Ste 401
Richmond, VA 23229
(804) 285-1611
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Gay, William, MD
CARLION MEDICAL CENTER
390 S Main Street Ste 201
Rocky Mount, VA 24151
(540) 484-4800
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Lizano Santamaria, Ramiro, MD
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12604 Lake Ridge Dr
Woodbridge, VA 22192
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Hospital Affiliations:
Mary Washington Hospital (MWI)

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172 Linden Drive Suite 113
Winchester, VA 22601
(540) 667-3713
Hospital Affiliations:
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Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

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902 S Jefferson St
Roanoke, VA 24016
Hospital Affiliations:
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Centra Virginia Baptist Hospital

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Hospital Affiliations:
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Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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12604 Lake Ridge Dr
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Mary Washington Hospital (MWI)
Optima Direct Network Providers January 2019

Specialists - Tier 1

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(703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center

Tawfik, Sherif, MD
Pediatric Cardiology Associates, PC
2296 Opitz Blvd Suite 280
Woodbridge, VA 22191
(703) 573-0504

Pediatric Critical Care

Richmond

Karam, Oliver L, MD
MCV Associated Physicians (Pediatric Critical Care)
1250 E. Marshall Street
Richmond, VA 23298
(804) 828-2467

Hospital Affiliations:
Carilion Pediatric Critical Care Center
Children's Hospital of Richmond of the VCU Health System

Roanoke

Pandey, Rahul, MD
CARILION MEDICAL CENTER
1906 Bellevue Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Pediatric Dermatology

Chesapeake

Burden, Julia G, MD
Childrens Specialty Group PLLC
500 Discovery Dr Suite 301
Chesapeake, VA 23320
(757) 668-8922

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Newport News

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Childrens Specialty Group PLLC
11783 Rock Landing Drive
Newport News, VA 23606

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pediatric Developmental

Charlottesville

Frazier, Evelyn, MD
Pathways Developmental Pediatrics
232 Douglas Avenue Suite A
Charlottesville, VA 22902
(434) 218-0862

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Lynchburg

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Physician Associates of Central Virginia LLC
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Lynchburg, VA 24501
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Norfolk

Aiello, III, Frank, MD
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(757) 668-7473
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9222

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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Newmeyer, Amy J., MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

Piedmont Endocrinology

Chesapeake

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(757) 668-7237

Hospital Affiliations:
VCU Health System/MCV

Lynchburg

Heinze, Howard J, MD
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2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2611

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Richmond

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Kerkering, Kathryn, MD
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Clinical Associates of Tidewater
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Virginia Beach, VA 23462
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Newmeyer, Amy J., MD
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Virginia Beach, VA 23456

Hospital Affiliations:
Children's Hospital of the King's Daughters
Specialists - Tier 1

Henrico

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(804) 828-2467
Hospital Affiliations:
VCU Health System/MCV

Newport News

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(757) 668-7237
Hospital Affiliations:
VCU Health System/MCV

Satin-Smith, Marta S., MD
Children's Specialty Group PLLC
601 Childrens Ln (Endocrinology)
Norfolk, VA 23507
(757) 668-7237
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Norfolk

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601 Childrens Ln (Endocrinology)
Norfolk, VA 23507
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Hospital Affiliations:
VCU Health System/MCV

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(757) 668-7237
Hospital Affiliations:
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Rohr, Reuben D., MD
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601 Childrens Ln (Endocrinology)
Norfolk, VA 23507
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Satin-Smith, Marta S., MD
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Norfolk, VA 23507
(757) 668-7237
Hospital Affiliations:
VCU Health System/MCV

Richmond

Kochummen, Elma, MD
Pediatric Endocrinology and Diabetes Associates-BSMG
5875 Bremo Rd Suite 306
Richmond, VA 23226
(804) 287-7322
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Raisouni, Nouhad, MD
MCV Associated Physicians
Pediatric Endocrinology
2305 N Parham Road
Richmond, VA 23229
(804) 527-4708
Hospital Affiliations:
VCU Health System/MCV

Ramawamy, Anil, MD
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5875 Bremo Road Suite 306
Richmond, VA 23226
(804) 287-7322
Hospital Affiliations:
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VCU Health System/MCV
VCU Health System/MCV (MCVH)

Shah, Arti P, MD
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2405 N Parham Road
Richmond, VA 23229
(804) 287-7322
Hospital Affiliations:
Bon Secours St. Marys Hospital
VCU Health System/MCV
VCU Health System/MCV (MCVH)

Thomas, Mareen E., MD
MCV Associated Physicians
2305 N Parham Road Suite 1
Richmond, VA 23229
(804) 527-4712
Hospital Affiliations:
University of Virginia Medical Center
VCU Health System/MCV

Virginia Beach

Satin-Smith, Marta S., MD
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1080 First Colonial Rd Ste 400
(Endocrin.)
Virginia Beach, VA 23464
(757) 668-7237
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Pediatric ENT (Otolaryngology)

Alexandria

Raizman, Courtney J., MD
Metropolitan ENT & Facial Plastic Surgery
6355 Walker Lane Suite 308
Alexandria, VA 22310
(703) 313-7700

Chesapeake

Deutsch, Brian D., MD
Ear, Nose & Throat, Ltd.
680 Kingsborough Sq Ste A
Chesapeake, VA 23320
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Dorof, David B., MD
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680 Kingsborough Sq Ste A
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(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hood, Richard J., MD
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Hospital Affiliations:
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Sentara Leigh Hospital
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Kalafsky, John T., MD
Ear, Nose & Throat, Ltd.
680 Kingsborough Sq Ste A
Chesapeake, VA 23320
(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shroyer, Michael N., MD
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(757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
specialists tier 1

Sentara Norfolk General Hospital

Darrow, David, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Kalafoys, John T., MD
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885 Kempsville Rd Ste 304
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Karakla, Daniel W., MD
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Hospital Affiliations:
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Sentara Norfolk General Hospital

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(757) 623-0526

901 Hampton Blvd
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Hospital Affiliations:
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Children's Hospital of the King's Daughters
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Sentara Norfolk General Hospital

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(757) 623-0526

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(757) 623-0526

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Atay, Orhan K., MD
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(757) 668-9327

Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shroyer, Michael N., MD
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(757) 623-0526

901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526

Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nash, Nancy, MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Shroyer, Michael N., MD
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885 Kempsville Rd Ste 304
Norfolk, VA 23502
(757) 623-0526

901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Norfolk, VA 23502
(757) 623-0526

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Sinacori, John T., MD
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601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Strasnick, Barry, MD
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601 Childrens Lane
Norfolk, VA 23507
(757) 668-9327

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Peterson, Jana, MD
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403 N 11th Street
Richmond, VA 23298
(804) 628-4368

Pediatric Gastroenterology

Tsou, V. Marc, MD
Childrens Specialty Group PLLC
733 Volvo Pkwy Ste 300 (Gastro)
Chesapeake, VA 23320
(757) 668-7240

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Garin-Laflam, Monica Paz, MD
CARILION MEDICAL CENTER
2900 Lamb Cir
Christiansburg, VA 24073
(540) 985-9832

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Olazagasti, Juan C., MD
CARILION MEDICAL CENTER
1107 Brookdale Street Suite B
Martinsville, VA 24112

Martinsville

Cordle, Richard A., MD
Carilion Healthcare Corporation
1107A Brookdale St
Martinsville, VA 24112
(276) 670-3300

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Olazagasti, Juan C., MD
CARILION MEDICAL CENTER
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Martinsville, VA 24112

Midlothian

Hayes, Christopher E, MD
St. Francis Family Medicine Center
(Bon Secours)
13540 Hull Street Road
Midlothian, VA 23112
(804) 739-6142

Hospital Affiliations:
Bon Secours St. Marys Hospital

Atay, Orhan K., MD
Childrens Specialty Group PLLC
601 Childrens Ln (ENT)
Norfolk, VA 23507
(757) 668-9222

Hospital Affiliations:
Children's Hospital of the King's Daughters

Gabriel, Candice, MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-7456

Konikoff, Michael, MD
Childrens Specialty Group PLLC
601 Childrens Ln (Gastro)
Norfolk, VA 23507
(757) 668-7240

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital

Tsou, V. Marc, MD
Childrens Specialty Group PLLC
601 Childrens Ln (Gastro)
Norfolk, VA 23507
(757) 668-7240

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital

Kord, Richard A., MD
Childrens Specialty Group PLLC
601 Childrens Lane
Norfolk, VA 23507
(757) 668-7240

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Yokoi, Nancy, MD
Childrens Specialty Group PLLC
601 Childrens Ln (Gastro)
Norfolk, VA 23507
(757) 668-7240
## Richmond

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<td>Graham, Martin F., MD</td>
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<td>Rountree, Carl B., MD</td>
<td>MCV Associated Physicians (Pediatric Gastroenterology) 9000 Stony Point Pkwy Richmond, VA 23235 (804) 828-9614 Hospital Affiliations: VCU Health System/MCV</td>
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<td>Kessel, Ann T., MD</td>
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<td>Hayes, Christopher E., MD</td>
<td>Bon Secours Pediatric Gastroenterology Associates 5855 Bremo Road Suite 605 Richmond, VA 23226 (804) 281-8303 5875 Bremo Road Suite 303 Richmond, VA 23226 (804) 893-8610 Hospital Affiliations: Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital VCU Health System/MCV</td>
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## Norfolk

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<td>Children's Hospital of the King's Children's Hospital of Richmond of the VCU Health System Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus St. Mary's Hospital VCU Health System/MCV</td>
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## Roanoke

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<td>Garin-Laflam, Monica Paz, MD</td>
<td>Carilion Medical Center 102 Highland Ave Suite 305 Roanoke, VA 24013 (540) 981-7000 Carilion Roanoke Memorial Hospital</td>
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<td>Olazagasti, Juan C., MD</td>
<td>Children's Hospital of the King's Children's Hospital of the King's Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7243 Children's Hospital of the King's Children's Hospital of the King's Children's Specialt</td>
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## Pediatric Hematology/Oncology

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<td>Owen, William C., MD</td>
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<td>Pegram, Linda D., MD</td>
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## Pediatric Infectious Disease

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<td>Austin, Frances, MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7238</td>
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<tr>
<td>Hayou, Michelle, MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7238</td>
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<td>Fisher, Randall G., MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7238</td>
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## Pediatric Genetics

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<td>Meadows, Teresa, MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7238</td>
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<td>Szabo, Flora, MD</td>
<td>VCU Health System/MCV</td>
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<td>Kessel, Ann T., MD</td>
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<td>Hayes, Christopher E., MD</td>
<td>VCU Health System/MCV</td>
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## Specialists - Tier 1

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<td>Richmond</td>
<td>Vadamudi, Narendra, MD</td>
<td>MCV Associated Physicians (Pediatric Gastroenterology) 9000 Stony Point Pkwy Richmond, VA 23235 (804) 828-9614 Hospital Affiliations: VCU Health System/MCV</td>
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<td>Norfolk</td>
<td>Lowe, Eric J., MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7243</td>
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<td>Roanoke</td>
<td>Garin-Laflam, Monica Paz, MD</td>
<td>Carilion Medical Center 102 Highland Ave Suite 305 Roanoke, VA 24013 (540) 981-7000 Carilion Roanoke Memorial Hospital</td>
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<td>Norfolk</td>
<td>Meadows, Teresa, MD</td>
<td>Children's Specialty Group PLLC Norfolk, VA 23507 (757) 668-7238</td>
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Optima Health
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<thead>
<tr>
<th>Specialty</th>
<th>Location</th>
<th>Contact Information</th>
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| Pediatrics | Richmond | Koch, William, MD  
MCV Associated Physicians  
(Infectious Disease)  
401 N 11th St  
Richmond, VA 23298  
(804) 828-1807  |
| Pediatrics | Richmond | Bain, Jesse, DO  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23298  
(804) 828-4080  |
| Pediatrics | Richmond | Dhillon, Jasvinder S, MD  
Bon Secours St. Mary's Hospital  
5801 Bremo Rd 4th Floor  
Richmond, VA 23226  
(804) 281-8222  |
| Pediatrics | Richmond | Figueiredo, Nikki M., MD  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23298  
(804) 828-4080  |
| Pediatrics | Richmond | Iqbal O'Meara, Alia Marie, MD  
MCV Associated Physicians  
(Pediatric Critical Care)  
1250 E Marshall Street  
Richmond, VA 23298  
(804) 828-4080  |
| Pediatrics | Norfolk | Cholis, Thomas J., MD  
Children's Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7007  |
| Pediatrics | Norfolk | Carney, James B., MD  
Children's Specialty Group PLLC  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7244  |
| Pediatrics | Norfolk | Restaino, Irene, MD  
Children's Specialty Group PLLC  
601 Childrens Ln (Nephrology)  
Norfolk, VA 23507  
(757) 668-7244  |
| Pediatrics | Roanoke | Durbin, Darcy Michelle, MD  
CARLTON MEDICAL CENTER  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000  |
| Pediatrics | Roanoke | Falkos, Sheryl, MD  
Carilion Pediatric High Risk  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  |
| Pediatrics | Roanoke | Plum, Thomas Arthur, MD  
CARLTON MEDICAL CENTER  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  |
| Pediatrics | Roanoke | Powel, Virginia A., MD  
Pediatric High Risk  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 224-4545  |
| Pediatrics | Roanoke | Ruppel, Randall Allen, MD  
Carilion Pediatric High Risk  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  |
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<th>Specialists - Tier 1</th>
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<tr>
<td><strong>Pediatric Neurology</strong></td>
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<td><strong>Chesapeake</strong></td>
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</table>
| Enlow, Thomas C, MD  
Children Specialty Group PLLC  
300 Discovery Dr  
Chesapeake, VA 23320  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Norfolk, VA 23510  
(757) 688-9920  
Enlow, Thomas C, MD  
Children Specialty Group PLLC  
11783 Rock Landing Dr  
Newport News, VA 23606  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Torr, Svinder S., MD  
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(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Norfolk General Hospital  
Toor, Svinder S., MD  
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Norfolk, VA 23510  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Norfolk General Hospital  |
| **Norfolk** |
| Enlow, Thomas C, MD  
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601 Childrens Lane  
Norfolk, VA 23507  
(757) 688-9920  
850 Southampton Avenue  
Norfolk, VA 23510  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Norfolk General Hospital  
Frank, Ludwig Matthew, MD  
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Norfolk, VA 23510  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Norfolk General Hospital  |
| **Richmond** |
| Alford, Alison, MD  
Pediatric Headache Center of Richmond PLLC  
2500 Gaskins Road Suite B  
Richmond, VA 23238  
(804) 658-5385  
Hospital Affiliations:  
Bon Secours St. Mary's Hospital  
Richmond, VA 23226  
(804) 288-9998  
Leszczynski, David J, MD  
Children's Hospital of Richmond of the VCU Health System  
2924 Brook Rd  
Richmond, VA 23220  
(804) 321-7474  
Hospital Affiliations:  
VCU Health System/MCV  
Morton, Lawrence D., MD  
Children's Hospital of Richmond of the VCU Health System  
2924 Brook Rd  
Richmond, VA 23220  
(804) 321-7474  
Hospital Affiliations:  
VCU Health System/MCV  |
| **Roanoke** |
| Daba, Mebratu, MD  
Carilion Medical Center  
102 Highland Ave Suite 104  
Roanoke, VA 24013  
(540) 985-8147  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Otallah, Scott Ireland, MD  
Carilion Faculty Physiatrist  
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Roanoke, VA 24013  
(540) 985-8147  
1906 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  |
| **Suffolk** |
| Enlow, Thomas C, MD  
Children Specialty Group PLLC  
7021 Harbour View Blvd  
Suffolk, VA 23435  
(757) 688-9920  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  |
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<tbody>
<tr>
<td><strong>Pediatric Neurosurgery</strong></td>
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<td><strong>Norfolk</strong></td>
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</table>
| Birknes, John, MD  
Children's Surgical Specialty Group (CSSG)  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-9433  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| **Richmond** |
| Dilustro, Joseph F, MD  
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7717  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital |
| **Virginia Beach** |
| Tamez, Joseph, MD  
Children's Surgical Specialty Group (CSSG)  
1080 First Colonial Rd Ste 400  
(Orthopaedics)  
Virginia Beach, VA 23454  
(757) 668-7878  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital |
| **Pediatric Ophthalmology** |
| **Chesapeake** |
| Carter, B. Christian, MD  
Albermarle Pediatric Ophthalmology & Strabismus, PC  
1101 E Jefferson St Ste 3  
Charlottesville, VA 22901  
(434) 295-5193  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital |
| **Pediatric Orthopaedics** |
| **Chesapeake** |
| Cardelia, James M., MD  
Children's Surgical Specialty Group (CSSG)  
733 Volvo Pkwy Ste 300  
Chesapeake, VA 23320  
(757) 668-7900  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Novick, Cara D, MD  
Children's Surgical Specialty Group (CSSG)  
500 Discovery Drive Suite 102  
Chesapeake, VA 23320  
(757) 668-2330  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| **Virginia Beach** |
| Dunston, Mark L, MD  
Children's Surgical Specialty Group (CSSG)  
1080 First Colonial Rd Ste 400  
(Virginia Beach)  
Virginia Beach, VA 23454  
(757) 668-7878  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
| **Newport News** |
| Novick, Cara D, MD  
Children's Surgical Specialty Group (CSSG)  
11783 Rock Landing Dr  
Newport News, VA 23606  
(757) 668-6220  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
| **Norfolk** |
| Cardelia, James M., MD  
Children's Surgical Specialty Group (CSSG)  
171 Kempsville Road Ste 201  
Norfolk, VA 23502  
(757) 668-6550  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Crepeau, Allison E, MD  
Children's Surgical Specialty Group (CSSG)  
601 Childrens Lane  
Norfolk, VA 23507  
(757) 668-6550  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| **Lynchburg** |
| Tamez, Joseph, MD  
Carilion Lynchburg Specialty Clinic  
2900 Old Forrest Road  
Lynchburg, VA 24501  
(434) 386-4106  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
| **Pediatric Pulmonary Medicine** |
| **Roanoke** |
| Zielinski, Julie A, MD  
CARLION MEDICAL CENTER  
1102 Jefferson St  
Roanoke, VA 24016  
(540) 342-4070  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2331 Franklin Rd SW  
Roanoke, VA 24014  
(540) 725-1226  
Hospital Affiliations:  
Children's Hospital of the King's Daughters |
| **Midlothian** |
| Lothian, James B., MD  
St. Francis Family Medicine Center (Bon Secours)  
13540 Hull Street Road  
Midlothian, VA 23112  
(804) 739-6142  
Hospital Affiliations:  
Bon Secours St. Marys Hospital |

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### Specialists - Tier 1

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<td>Lothian, James B., MD</td>
<td>601 Children's Ln (Pediatric Pulmonary)</td>
<td>MCV Associated Physicians/MCV</td>
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<td>Assefa, Dagnachew, MD</td>
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**Optima Direct Network Providers January 2019**

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**Optima Health**
<table>
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<th>Location</th>
<th>Providers</th>
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| **Richmond** | Dr. Collins, Joy L., MD  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Richmond, VA 23230  
(540) 731-2100  
2900 Lamb Cir Suite 302  
Richmond, VA 23230  
(540) 985-9812  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Sentara Healthcare Corporation  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital  
Sentara Healthcare Corporation |
| **Virginia Beach** | Dr. Joyce, Aisha, MD  
Children's Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

dr. Frantz, Frazier W., MD  
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)  
773 Volvo Pkwy Ste 300  
Chesapeake, VA 23320  
(575) 688-7703  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
VCU Health System/MCV |
| **Roanoke** | Dr. Brenner, Joel, MD  
Children's Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

dr. Smith, David V., MD  
Children's Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
VCU Health System/MCV |
| **Norfolk** | Dr. Brenner, Joel, MD  
Children's Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

dr. Kelly, Jr., Robert, E., MD  
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)  
773 Volvo Pkwy Ste 300  
Chesapeake, VA 23320  
(575) 688-7703  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
VCU Health System/MCV |
| **Lynchburg** | Dr. Joyce, Aisha, MD  
Children's Specialty Group PLLC  
1924 Landstown Centre Way 3rd Floor  
Virginia Beach, VA 23456  
(757) 668-7850  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  

dr. Frantz, Frazier W., MD  
Children's Surgical Specialty Group - Pediatric Surgery (CSSG)  
773 Volvo Pkwy Ste 300  
Chesapeake, VA 23320  
(575) 688-7703  
Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
VCU Health System/MCV |
Safford, Shawn D., MD
CARILLON MEDICAL CENTER
1620 Graves Mill Rd
Lynchburg, VA 24502
(540) 985-9812
Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital
- Children's Hospital of the King’s Daughters
- Sentara Norfolk General Hospital
- VCU Health System/MCV

Goretsky, Michael J., MD
Children's Surgical Specialty Group
- Pediatric Surgery (CSSG)
601 Childrens Lane Suite 5B
Norfolk, VA 23507
(757) 668-7703
Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Rica, Jr., Robert L., MD
Children's Surgical Specialty Group
- Pediatric Surgery (CSSG)
601 Childrens Lane Suite 5B
Norfolk, VA 23507
(757) 668-7703
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Children's Hospital of the King’s Daughters

Roanoke

Cavett, Clinton, MD
Pediatric Surgery
102 Highland Avenue Ste 404
Roanoke, VA 24013
(540) 985-9812

Collins, Joy L., MD
CARILLON MEDICAL CENTER
102 Highland Ave Suite 404
Roanoke, VA 24013
(540) 985-9812

Richmond

Bagwell, Charles E., MD
MCV Associated Physicians
(Pediatric Surgery)
5855 Bremo Road Suite 606A
Richmond, VA 23226
(804) 662-9007
7119 Jahneke Road
Richmond, VA 23225
(804) 323-2847

Haynes, Jeffrey H., MD
MCV Associated Physicians
(Pediatric Surgery)
5855 Bremo Road Suite 606A
Richmond, VA 23226
(804) 662-9007
7119 Jahneke Road Richmond
Richmond, VA 23225
(804) 323-2847

Lanning, David A., MD
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(Pediatric Surgery)
5855 Bremo Road Suite 606A
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7119 Jahneke Road Richmond
Richmond, VA 23225
(804) 323-2847

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- VCU Health System/MCV

Oiticica, Claudio, MD
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5855 Bremo Rd Ste 606-A
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Hospital Affiliations:
- VCU Health System/MCV

Dinsmore, John E., MD
CARILLON MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8000
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Roanoke, VA 24013
(540) 985-9812

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Kapfer, Stephanie A, MD
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Richmond, VA 23225
(757) 668-7703

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Kuhn, M. Ann, MD
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Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Mcguire, Margaret M, MD
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601 Childrens Lane Suite 5B
Norfolk, VA 23507
(757) 668-7703
Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Nortel, Margaret M., MD
Children's Surgical Specialty Group
- Pediatric Surgery (CSSG)
601 Childrens Lane Suite 5B
Norfolk, VA 23507
(757) 668-7703
Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- UVA Culpeper Hospital
- University of Virginia Medical Center

Oiticica, Claudio, MD
MCV Ambulatory Care Center
5855 Bremo Rd Ste 606-A
Richmond, VA 23226
(804) 662-9007

Hospital Affiliations:
- VCU Health System/MCV

Safford, Shawn D., MD
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101 Elm Ave
Roanoke, VA 24013
(540) 985-8000
102 Highland Ave Suite 404
Roanoke, VA 24013
(540) 985-9812

Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Kapfer, Stephanie A, MD
Children's Surgical Specialty Group
601 Childrens Lane Suite 5B
Richmond, VA 23225
(757) 668-7703

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
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Rica, Jr., Robert L., MD
Children's Surgical Specialty Group
- Pediatric Surgery (CSSG)
601 Childrens Lane Suite 5B
Norfolk, VA 23507
(757) 668-7703
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- Children's Hospital of the King’s Daughters

Richmond
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<td>Ramus, Ronald, MD&lt;br&gt;Maternal Fetal Medicine of Central Virginia LLC&lt;br&gt;1101 Sam Perry Blvd Ste 319&lt;br&gt;Fredericksburg, VA 22401&lt;br&gt;(540) 741-3260</td>
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<td>(703) 738-4378</td>
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<td>Cherrick, Abraham, MD</td>
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<td>(703) 738-4380</td>
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<td>Inova Alexandria Hospital, Inova Fairfax Hospital</td>
<td>(703) 738-4380</td>
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<td>National Spine &amp; Pain Centers</td>
<td>Inova Alexandria Hospital, Inova Fairfax Hospital</td>
<td>(703) 738-4380</td>
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Optima Direct Network Providers January 2019
Wagner, Robert, MD
National Spine & Pain Centers
3803 North Fairfax Drive Suite 400
Arlington, VA 22203
(703) 738-4380
Hospital Affiliations:
Inova Alexandria Hospital

Whittenberg, Beverly, MD
National Spine & Pain Centers
3803 North Fairfax Drive Suite 400
Arlington, VA 22203
(703) 738-4380
Hospital Affiliations:
Inova Alexandria Hospital

Stutesman, James, MD
National Spine & Pain Centers
2800 Shirlington Rd Suite 102
Arlington, VA 22206
(703) 738-4336

Nock, Bonnie J., DO
Academic Primary Care Associates
1691 Innovation Drive Suite 2100
Blackburg, VA 24060
(540) 443-3832

Bedford
Stutesman, James, MD
Physical Medicine and Pain Management
1613 Oakwood Street
Bedford, VA 24523
(540) 425-7800
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blackburg
Colliver, Ethan B, DO
Valley Sports & Spine Clinic
3706 South Main St Suite D
Blacksburg, VA 24060
(540) 443-3832

McCready, Bradley, DO
Academic Primary Care Associates LLC
1691 Innovation Drive Suite 2100
Blackburg, VA 24060
(540) 232-8405
3700 South Main St
Blackburg, VA 24060
(540) 443-7180

Centreville
Dade, Rodney, MD
National Spine & Pain Centers
13890 Braddock Road Suite 100
Centreville, VA 20121
Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Davis, Rae, MD
National Spine & Pain Centers
13890 Braddock Road Suite 100
Centreville, VA 20121

Delisser, Kemesha, MD
National Spine & Pain Centers
13890 Braddock Road Suite 100
Centreville, VA 20121
Hospital Affiliations:
Inova Alexandria Hospital

Protopapas, Marina, DO
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13890 Braddock Road Suite 100
Centreville, VA 20121
Hospital Affiliations:
Inova Alexandria Hospital

Wisor, Douglas, MD
National Spine & Pain Centers
13890 Braddock Road Suite 100
Centreville, VA 20121
(703) 738-4339

Norfolk
Nock, Bonnie J., DO
APM Spine & Sports Physicians, PC-Phys Services
637 Kingsborough Sq Ste G
Cheapeake, VA 23320
(757) 422-2966
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Chesapeake
Barr, Lisa B., MD
APM Spine & Sports Physicians, PC-Phys Services
637 Kingsborough Sq Ste G
Cheapeake, VA 23320
(757) 422-2966
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Charlottesville
Keenan, Geoffrey Scott, MD
Sentara Martha Jefferson Orthopedics
3263 Proffit Road Suite 202
Charlottesville, VA 22911
(434) 654-5575
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Chester
Zakaria, Hassan, MD
Interventional Pain & Spine Specialists, PLLC
12230 Branders Creek Drive
Chester, VA 23831
(804) 715-4709

Christiansburg
Brown Jr., Ralph Daniel, MD
Physiatry Medicine New River Valley
2900 Tyler Road
Christiansburg, VA 24073
(540) 731-2000
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Colonial Heights
Pavan, Jay, MD
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Optima Direct Network Providers January 2019 485

OptimaHealth

Snyder, John W., MD
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Culpeper
Halpert, Daniel, DO
Advanced Medical Sports and Spine, PLLC
2002 Orange Road Ste 201
Culpeper, VA 22701
(540) 423-6239
Hospital Affiliations:
UVA Culpeper Hospital

Danville
Waters, Najah S, MD
Danville Physician Practices, LLC
142 South Main Street
Danville, VA 24541
(434) 799-3866
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Elkton
Hess, Christopher J., MD
Sentara RMH Medical Group, LLC
13737 Spotswood Trail
Elkton, VA 22827
(540) 298-1200
Hospital Affiliations:
Sentara RMH Medical Center

Fairfax
Balint, Virgil, MD
National Spine & Pain Centers
3031 Javier Road Suite 100
Fairfax, VA 22031
(703) 914-8000
Hospital Affiliations:
Inova Alexandria Hospital

Budapesti, Suneetha, MD
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Hospital Affiliations:
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Cherrick, Abraham, MD
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Fairfax, VA 22031
(703) 914-8000
Hospital Affiliations:
Inova Alexandria Hospital
Front Royal

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Optima Direct Network Providers January 2019

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### Specialists - Tier 1

<table>
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<tr>
<th>Name</th>
<th>National Spine &amp; Pain Centers</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Cherrick, Abraham, MD</td>
<td>National Spine &amp; Pain Centers 1500 Brookhaven Drive Suite 1 Harrisonburg, VA 22801</td>
<td>(540) 434-1759</td>
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<tr>
<td>Delisser, Kemesha, MD</td>
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<td>Dade, Rodney, MD</td>
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<tr>
<td>Friedlis, Mayo, MD</td>
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<td>(540) 434-1759</td>
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<tr>
<td>Gordon, Assaf, MD</td>
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<td>Gordon, Assaf, MD</td>
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<tr>
<td>Henrico</td>
<td>MCV Associated Physicians (Physical Medicine) 11958 W Broad Street Henrico, VA 23233</td>
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<td>Hunttoon, Elizabeth A., MD</td>
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<td>Huntsman, Mariano, DO</td>
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<td>(703) 738-4384</td>
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<td>(703) 738-4384</td>
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<td>Hupe, Jessica L, MD</td>
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<td>Hupe, Jessica L, MD</td>
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<td>Kirby, Warren B., MD</td>
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<tr>
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<td>Lagosky, Suzanne, DO</td>
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</table>

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- Inova Fairfax Hospital
- Inova Alexandria Hospital
- Inova Fairfax Hospital
- St. Mary’s Hospital of Richmond
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Centra Lynchburg General Hospital  
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Carilion Roanoke Memorial Hospital

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Manassas

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Mechanicsville

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Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
John Randolph Medical Center  
Sheltering Arms Rehabilitation Hospital  
St. Mary’s Hospital

Hawkins, Hillary S., MD  
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<td>Gu, Yaoming, MD</td>
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<tr>
<td>Megowan, James P., MD</td>
<td>Orthopedic Surgery</td>
<td>401 N 12th Street</td>
<td>(804) 828-2156</td>
</tr>
<tr>
<td>Bhat, William, MD</td>
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<td>Virginia I-Spine Physicians, P.C.</td>
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</tr>
<tr>
<td>Cifu, David X., MD</td>
<td>Orthopedic Surgery</td>
<td>Richmond, VA 23220</td>
<td>(804) 828-4097</td>
</tr>
<tr>
<td>Carter III, William E., MD</td>
<td>Orthopedic Surgery</td>
<td>Richmond, VA 23220</td>
<td>(804) 828-4097</td>
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<tr>
<td>Kunz, Richard E., MD</td>
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<tr>
<td>Cifuentes, Rebeca, MD</td>
<td>Orthopedic Surgery</td>
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<td>(804) 828-4097</td>
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<td>Cifuentes, Rebeca, MD</td>
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<td>Physical Medicine</td>
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Specialists - Tier 1

Optima Direct Network Providers January 2019

OptimaHealth
Specialists - Tier 1

Steidle, Karen, MD
MCV Associated Physicians
(Physical Medicine)
9000 Stony Point Pkwy
Richmond, VA 23235
(804) 560-8945

Wisor, Douglas, MD
Wichman, Todd A., MD
Walker, William C., MD
Vokac, Charles W., MD
Stovall, Bradley, DO

Hospital Affiliations:
VCU Health System/MCV

Yoo, Myung, MD
Waters, Najah S, MD
Nichols, Jerome Tak, MD

Optima Direct Network Providers January 2019

492

OptimaHealth

Brown Jr., Ralph Daniel, MD
Carilion Pediatric Developmental Clinic
1030 S Jefferson Street Ste 201
Roanoke, VA 24016
(540) 224-4520

Roanoke

Carilion Physical Medicine & Rehabilitation
2017 S Jefferson Street
Roanoke, VA 24014
(540) 981-7925
3 Riverside Circle
Roanoke, VA 24016
(540) 224-5170

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Canvin, Joseph, MD
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(540) 981-7925
Carilion Round Care Clinic
101 Elm Avenue
Roanoke, VA 24013
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Caruso, Thomas, DO
Carilion Neurosurgical Care
1030 S Jefferson Street Ste 106
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(540) 343-4092
Carilion Physical Medicine & Rehabilitation
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Roanoke, VA 24014
(540) 981-7925

Covington, Chris, DO
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Roanoke, VA 24014
(540) 981-7653
Carilion Physical Medicine
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Roanoke, VA 24014
(540) 981-7925

Ellis, Dorothea H, MD
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101 Elm Ave
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(540) 985-9994
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kasmer, Mark E., MD
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1102 Jefferson St
Roanoke, VA 24016
(540) 342-0707
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
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McNerny, Lydia L., MD
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1906 Belleview Avenue
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(540) 981-7925
2017 S Jefferson Street
Roanoke, VA 24014
(540) 725-1226

3 Riverside Circle
Roanoke, VA 24016
(540) 224-4520

Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

Friedlis, Mayo, MD
National Spine & Pain Centers
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(540) 345-4230

Hospital Affiliations:
Inova Alexandria Hospital
Inova Fairfax Hospital

Grewal, Rabieep, MD
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Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
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Joiner, Jr., Murray E., MD
Murray E. Joiner, Jr., MD PC
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(540) 772-9153

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Carilion Roanoke Memorial Hospital

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2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

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(540) 342-0707
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Watson, Gregory, MD
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-9992
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Waters, Najah S, MD
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1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7925
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Nichols, Jerome Tak, MD
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-9992
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 224-5688

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Patel, Milan A., DO
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-9992
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Samson, Gregory, MD
CARLION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-9992
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Brown Jr., Ralph Daniel, MD
Carilion Pediatric Developmental Clinic
1030 S Jefferson Street Ste 201
Roanoke, VA 24016
(540) 224-4520

Roanoke
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<td>1788 Republic Rd Ste 200</td>
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<td>1800 Camelot Dr Suite 300</td>
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<td>Walko, Edward J., DO</td>
<td>Walko Enterprise Inc.</td>
<td>1788 Republic Road Suite 300</td>
<td>(757) 640-8673</td>
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### Winchester

**Bradley, Scott, MD**  
Hampton Roads Orthopedic And Sports Medicine, LLC  
5335 Discovery Park Blvd Suite B  
Williamsburg, VA 23188  
(757) 873-1554

**Essaff, David, DO**  
Valley Health Physical Medicine and Rehabilitation  
333 West Cork Street Suite 290  
Winchester, VA 22601  
(540) 536-5121

**Lee, Jacob, DO**  
National Spine & Pain Centers  
190 Campus Blvd Suite 420  
Winchester, VA 22601  
(540) 931-0400

**Panchang, Preeti, MD**  
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### Woodbridge

**Delisser, Kemeshia, MD**  
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14605 Potomac Branch Drive Ste 100  
Woodbridge, VA 22191  
(540) 738-4371

**Shanbhag, Ashish, MD**  
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**Soteropoulos, Costa, MD**  
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Woodbridge, VA 22191  
(540) 738-4371

**Wisor, Douglas, MD**  
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14605 Potomac Branch Drive Suite 100  
Woodbridge, VA 22191  
(540) 738-4371

### Danville

**Hancock, Chery A., PT**  
Cornerstone Complete Care, Inc.  
441 G Piney Forest Rd  
Danville, VA 24540  
(434) 793-0700

### Salem

**Weldsman, Esna, PT**  
Salem Physical Therapy  
1955 West Main Street  
Salem, VA 24153  
(540) 302-2255

---

**Winchester Medical Center**

### Physical Therapist

### Plastic Surgery

**Blacksburg**

**Grubbs, Philip E, MD**  
Plastic Surgery Center of Virginia, Inc  
817 Davis Street Suite 2  
Blacksburg, VA 24060  
(540) 951-8885

**Hospital Affiliations:**  
Carilion Roanoke Memorial Hospital  
Winchester Medical Center

**Brambleton**

**Galaria, Irfan I., MD**  
Galaria Plastic Surgery & Dermatology PC  
22895 Brambleton Plaza Ste 200  
Brambleton, VA 20148  
(703) 327-3176

**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Winchester Medical Center

**Chantilly**

**Galaria, Irfan I., MD**  
Galaria Plastic Surgery & Dermatology PC  
24805 Pinebrook Rd Suite 15  
Chantilly, VA 20152  
(703) 327-3176

**Hospital Affiliations:**  
Novant Health UVA Health System  
Prince William Medical Center  
Winchester Medical Center

**Charlottesville**

**Showalter, Brian, MD**  
The Center for Plastic Surgery at Sentara Martha Jefferson  
595 Martha Jefferson Drive Suite 280  
Charlottesville, VA 22911  
(434) 654-8920

**Hospital Affiliations:**  
Sentara Martha Jefferson Hospital

**Vastine, Victoria L., MD**  
The Center for Plastic Surgery at Sentara Martha Jefferson  
595 Martha Jefferson Drive Suite 280  
Charlottesville, VA 22911  
(434) 654-8920

**Galeria, Nicholas R, MD**  
Magee-Rosenblum Plastic Surgery, Inc  
300 Medical Pkwy Suite 316  
Chesapeake, VA 23320  
(757) 547-0047

**Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital

**Grenga, Ted, MD**  
Chesapeake Center for Cosmetic and Plastic Surgery  
667 Kingsborough Sq Ste 300  
Chesapeake, VA 23322  
(757) 548-8988

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

**Rosenblum, Richard S., MD**  
Magee-Rosenblum Plastic Surgery, Inc  
300 Medical Pkwy Suite 316  
Chesapeake, VA 23320  
(757) 547-0047

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

**Siegel, Fred H., MD**  
Fred Siegel, MD  
700 N Battlefield Blvd Ste A  
Chesapeake, VA 23320  
(757) 547-2115

**Hospital Affiliations:**  
Chesapeake Regional Medical Center

**Viol, Anthony, MD**  
Commonwealth Plastic Surgery  
113 Gainsborough Sq Ste 400  
Chesapeake, VA 23320  
(757) 349-2492
<table>
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<th>Names and Affiliations</th>
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<tr>
<td>Fishersville</td>
<td>Knox, Laura Katherine, MD (Augusta Medical Center) 1708 Fall Hill Ave Ste 100 Virginia 22801 (540) 371-1226 Hospital Affiliations: Augusta Medical Center</td>
</tr>
<tr>
<td>Fredericksburg</td>
<td>Asfa, Saied, MD (Asfa Plastic Surgery, PLC) 1502 Brookhaven Drive Harrisonburg, VA 22801 (540) 432-0303 Hospital Affiliations: Sentara RMH Medical Center</td>
</tr>
<tr>
<td>Harrisonburg</td>
<td>Bill, Timothy J., MD (Valley Plastic Surgery) 2058 Pro Pointe Lane Harrisonburg, VA 22801 (540) 438-0600 Hospital Affiliations: Sentara RMH Medical Center</td>
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<tr>
<td>Haymarket</td>
<td>Galaria, Irfan L., MD (Galaria Plastic Surgery &amp; Dermatology PC) 15195 Heathcoat Blvd Ste 330 Haymarket, VA 20169 (703) 348-2165 Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center Winchester Medical Center</td>
</tr>
<tr>
<td>Henrico</td>
<td>Merritt, Wyndell H., MD (Wyndell H. Merritt, MD, P.C.) 7660 E Parham Road Suite 200 Henrico, VA 23294 (804) 282-2112 Hospital Affiliations: Bon Secours Memorial Regional Medical Center Rodanthe Community Hospital Bon Secours St. Mary's Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus Henrico Doctors' Hospital - Parham Campus Henrico Doctors' Hospital - Retreat Campus</td>
</tr>
<tr>
<td>Lynchburg</td>
<td>Carrico, Thomas Joseph, MD (The Wound Care Center) 2410 Atherhold Road Lynchburg, VA 24501 (434) 200-1800 Hospital Affiliations: Sentara CarePlex Hospital Bon Secours Mary Immaculate Hospital Sentara CarePlex Hospital</td>
</tr>
<tr>
<td>Midlothian</td>
<td>Wilson, Henry B., MD (Centra Medical Group, LLC) 1330 Oak Lane Suite 100 Lynchburg, VA 24503 (434) 384-0610 Hospital Affiliations: Sentara RMH Medical Center</td>
</tr>
<tr>
<td>Mechanicsville</td>
<td>Sewell, Nathan, MD (Sewell Plastic Surgery) 8220 Meadowbridge Road Ste 304 Mechanicsville, VA 23116 (804) 427-7770 Hospital Affiliations: Bon Secours Memorial Regional Medical Center</td>
</tr>
<tr>
<td>Nassawadox</td>
<td></td>
</tr>
<tr>
<td>Newport News</td>
<td>Blanchard, Thomas R., MD (Plastic Surgery Center of Hampton Roads) 895 Middle Ground Blvd Ste 300 Newport News, VA 23606 (757) 873-3500 Hospital Affiliations: Bon Secours Mary Immaculate Hospital Sentara CarePlex Hospital</td>
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Optima Direct Network Providers January 2019

495
### Specialists - Tier 1

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<th>Name</th>
<th>Specialty</th>
<th>Affiliation</th>
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<tr>
<td><strong>Bowen, John Byers, MD</strong></td>
<td>Plastic Surgery</td>
<td>Sentara Leigh Hospital</td>
<td>12720 McManus Blvd Suite 203, Newport News, VA 23602 (757) 627-6700</td>
</tr>
<tr>
<td><strong>Alspaugh, John S., MD</strong></td>
<td>Plastic Surgery</td>
<td>Sentara Norfolk General Hospital</td>
<td>895 Middle Ground Blvd Ste 300, Newport News, VA 23606 (757) 873-3500</td>
</tr>
<tr>
<td><strong>Zwicklhauser, Michael F., MD</strong></td>
<td>Plastic Surgery</td>
<td>Sentara CarePlex Hospital</td>
<td>300 W Brambleton Ave Ste 102, Norfolk, VA 23502 (757) 466-1000</td>
</tr>
</tbody>
</table>

**Norfolk**

| **Rosenblum, Richard S., MD** | Plastic Surgery | Sentara Virginia Beach General Hospital | 400 W Brambleton Ave Ste 103, Norfolk, VA 23510 (757) 627-6700 |
| **Galardi, Nicholas R, MD**   | Plastic Surgery | Sentara Virginia Beach General Hospital | 6261 E Virginia Beach Blvd Ste 100, Norfolk, VA 23507 (757) 491-3535 |
| **Billet, Adam, MD**          | Plastic Surgery | Sentara Virginia Beach General Hospital  | 844 Kempsville Rd Ste 109, Norfolk, VA 23507 (757) 466-1000 |
| **Bowen, John Byers, MD**     | Plastic Surgery | Sentara Virginia Beach General Hospital  | 400 W Brambleton Ave Ste 102, Norfolk, VA 23510 (757) 627-6700 |

| **Carraway, James H, MD**     | Plastic Surgery | Sentara Virginia Beach General Hospital  | 400 W Brambleton Ave Ste 300, Norfolk, VA 23510 (757) 274-4000 |
| **Chang, Christopher C, MD**  | Pediatric Surgery | Sentara Virginia Beach General Hospital  | 171 Kempsville Rd Ste 201, Norfolk, VA 23502 (757) 668-6550 |
| **Hoerr, George, MD**         | Pediatric Surgery | Sentara Virginia Beach General Hospital  | 301 Riverview Avenue Suite 300, Norfolk, VA 23507 (757) 668-7713 |
| **Hope, Jesus Gil Bolen, MD** | Pediatric Surgery | Sentara Virginia Beach General Hospital  | 844 Kempsville Rd Ste 102, Norfolk, VA 23502 (757) 491-3535 |
| **Jacobs, Jonathan S., MD**   | Pediatric Surgery | Sentara Virginia Beach General Hospital  | 301 Riverview Avenue Suite 300, Norfolk, VA 23507 (757) 668-7713 |

| **Gilbert, David A, MD**      | Plastic Surgery | Sentara Virginia Beach General Hospital  | 400 W Brambleton Ave Ste 300, Norfolk, VA 23510 (757) 274-4000 |
| **Trzcinski, Douglas R., MD**  | Plastic Surgery | Sentara Virginia Beach General Hospital  | 400 W Brambleton Ave Ste 102, Norfolk, VA 23510 (757) 627-6700 |

| **Morbia, Roshan Pradip, MD** | Plastic Surgery | Sentara Virginia Beach General Hospital  | 6261 E Virginia Beach Blvd Ste 100, Norfolk, VA 23502 (757) 466-1000 |

Optima Direct Network Providers January 2019

OptimaHealth
Viennas, Lambros, MD  
EVM Medical Group  
825 Fairfax Ave Ste 610  
Norfolk, VA 23507  
(757) 446-8960

**Petersburg**

Merritt, Wyndell H., MD  
Paladin Dermatology, LLC  
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Petersburg, VA 23805  
(804) 324-4511

**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

**Richmond**

Aboutanos, Sharline, MD  
Richmond Plastic Surgeons  
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Richmond, VA 23233  
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Chen, Stephen M, MD  
Richmond Plastic Surgeons  
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Richmond, VA 23233  
(804) 285-4115

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Chippnham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

Le, Brian Q, MD  
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1213 E Clay Street  
Richmond, VA 23298  
(804) 828-9240

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Chippnham Medical Center/Johnston-Willis Hospital  
St. Mary's Hospital  
VCU Health System/MCV

Cohen, Leslie V, MD  
Leslie V. Cohen MD, Plastic and Reconstructive Surgery, PC  
9900 Independence Park Drive  
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Richmond, VA 23233  
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Deconti, Robert W, MD  
Robert W. Deconti, MD  
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**Hospital Affiliations:**  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Chippnham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus

Luppes, Daniel, MD  
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1213 E Clay Street  
Richmond, VA 23229  
(804) 828-3060

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital

Montante, Steven J, MD  
Montante Plastic Surgery & Aesthetics, LLC  
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Richmond, VA 23233  
(804) 285-4115

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Chippnham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Zinsser, John W., MD  
Zinsser Plastic Surgery PC  
1501 Maple Avenue Ste 101 B  
Richmond, VA 23226  
(804) 474-9805

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Chippnham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

**Roanoke**

Capito, Anthony E., MD  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
(540) 985-8000  
1906 Belleview Avenue  
Roanoke, VA 24014  
(540) 981-7000  
2331 Franklin Rd SW  
Roanoke, VA 24014  
(540) 725-1226  
3 Riverside Cir  
Roanoke, VA 24016  
(540) 725-1226

**Hospital Affiliations:**  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Feldmann, Mark Ernst, MD  
Carilion Faculty Phys Specialist  
101 Elm Ave  
Roanoke, VA 24013  
(540) 224-4325  
3 Riverside Circle  
Roanoke, VA 24016  
(540) 224-5170  
CARILION MEDICAL CENTER  
101 Elm Ave  
Roanoke, VA 24013  
1906 Belleview Ave  
Roanoke, VA 24014
<table>
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<th>Location</th>
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| Stafford | Franz, David A., MD  
ENT & Facial Plastic Surgery  
Center of Fredericksburg (MAHA)  
282 Choptank Road  
Salem, VA 22254 (540) 224-5170  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Onalley, Timothy, MD  
ENT & Facial Plastic Surgery  
Center of Fredericksburg (MAHA)  
282 Choptank Road  
Salem, VA 22254 (540) 371-1226 |
| Virginia Beach | Alsaph, John S., MD  
Associates in Plastic Surgery, Inc.  
1037 First Colonial Rd  
Virginia Beach, VA 23454 (757) 463-5240  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Bounds, Kevin B., MD  
Plastic Surgery of Virginia Beach  
1815 Colonial Medical Ctr  
Virginia Beach, VA 23454 (757) 496-7373  
Carney, Martin J., MD  
The Carney Center  
1868 Wildwood Dr  
Virginia Beach, VA 23454 (757) 481-4455  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Virginia Beach General Hospital  
Carwell, Glen, MD  
Coastal Plastic Surgery Ltd  
1200 First Colonial Road Suite 100  
Virginia Beach, VA 23454 (757) 481-7788  
Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Choe, Kyle S., MD  
Choe Center for Facial Plastic Surgery  
4400 Corporation Ln Ste 102  
Virginia Beach, VA 23462 (757) 389-5850  
Denk, Michael J., MD  
Associates in Plastic Surgery, Inc.  
1037 First Colonial Rd  
Virginia Beach, VA 23454 (757) 463-5240  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
| Suffolk | Grenga, Tad, MD  
Chesapeake Center for Cosmetic and Plastic Surgery  
5818 Harbour View Blvd Ste 220  
Suffolk, VA 23435 (757) 673-5900  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Children’s Hospital of the King’s Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Guarda, Helena M., MD  
Plastic Surgery Specialists of Virginia, Inc.  
5833 Harbourview Blvd Ste B  
Suffolk, VA 23435 (757) 483-6650  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Merrell, J. Craig, MD  
Plastic Surgery Associates of Tidewater  
5818 Harbourview Blvd Ste 200  
Suffolk, VA 23435 (757) 673-6000  
Hospital Affiliations:  
Sentara Obici Hospital  
Vienna | Sundin, Burton M., MD  
Virginia Institute of Plastic Surgery PC  
1500 Comerside Blvd Suite 400  
Vienna, VA 22182 (703) 740-8333  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Chippewaen Medical Center/Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Drezewicki, Anna E., MD  
Anna Drezewicki, MD  
1856-C Colonial Medical Ct  
Virginia Beach, VA 23454 (757) 481-4969  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Incione, Jesus Gil Belen, MD  
Children’s Surgical Specialty Group  
Pediatric Surgery (CSSG)  
2021 Concert Drive  
Virginia Beach, VA 23456 (757) 688-7713  
Jacobs, Jonathan S., MD  
Associates in Plastic Surgery, Inc.  
1037 First Colonial Rd  
Virginia Beach, VA 23454 (757) 463-5240  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Virginia Beach General Hospital  
Kaplan, Ivor B, MD  
Magee-Rosenblum Plastic Surgery, Inc.  
2829 Shore Dr Suite 200  
Virginia Beach, VA 23451 (757) 496-5556  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  
Lopes, Joanne M., MD  
Cosmetic Surgery Center for Women  
328 Louisa Ave Suite 110  
Virginia Beach, VA 23454 (757) 497-5400  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Virginia Beach General Hospital  
Mancoll, John S., MD  
John S. Mancoll, MD Cosmetic & Plastic Surgery  
1925 Glenn Mitchell Drive Ste 206  
Virginia Beach, VA 23456 (757) 305-9185  
Rosenblum, Richard S., MD  
Magee-Rosenblum Plastic Surgery, Inc.  
2829 Shore Dr Suite 200  
Virginia Beach, VA 23451 (757) 496-5556  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Virginia Beach General Hospital  
Children’s Hospital of the King’s Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  |
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<th>City</th>
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| Alexandria         | Gilmore, Leland T., DPM  
Capital Podiatry Associates, PC  
8101 Hinson Farm Rd Suite 119  
Alexandria, VA 22306  
(703) 560-3773  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital |
| Annandale          | Kashani, Atoosa, DPM  
Annandale Foot and Ankle Center  
7540 Little River Turnpike Suite 1  
Annandale, VA 22003  
(703) 750-1124  
Hospital Affiliations:  
Inova Fairfax Hospital |
| Ashburn            | Mendelsohn, Richard S., DPM  
Family Foot and Ankle Centers  
20905 Professional Plaza Suite 310  
Ashburn, VA 20147  
(703) 723-9267  
Hospital Affiliations:  
Reston Hospital Center |
| Ashland            | Belock, Carl J., MD  
Commonwealth Podiatry Associates  
201 N Washington Hwy Ste 303  
Ashland, VA 23005  
(804) 730-1300  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Chippewa Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital |
| Bedford            | Feldman, Robert J., DPM  
Bedford Podiatry and Foot Surgery PC  
876 East Main Street  
Bedford, VA 24523  
(540) 587-6963  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Memorial Hospital |
| Big Stone Gap      | Chapman, Andrew J., DPM  
Andrew J. Chapman, DPM  
2373 4th Ave E  
Big Stone Gap, VA 24219  
(276) 523-3696  
Hospital Affiliations:  
Carilion Franklin Memorial Hospital  
Carilion Roanoke Memorial Hospital |
| Blacksburg         | Naldo, Jason Vicente, DPM  
Carilion Healthcare Corporation  
215 Gilbert St  
Blacksburg, VA 24060  
(540) 552-7133  
Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital |
| Bluefield          | Dockery, Douglas S., DPM  
Foot & Ankle Clinic of the Virginia’s  
15 Westwood Medical Park  
Bluefield, VA 24060  
(276) 326-1136  
Hospital Affiliations:  
Foot & Ankle Clinic of the Virginia’s  
15 Westwood Medical Park  
Bluefield, VA 24060  |
| Bowling Green      | Rynkiewicz, Rosemarie, DPM  
Rappahannock Foot and Ankle Specialist PC  
121 Courthouse Lane  
Bowling Green, VA 22427  
(540) 371-2724  
Hospital Affiliations:  
Mary Washington Hospital (MWH) |
| Carrollton         | Roesen, Howard M., DPM  
Affiliated Podiatrists, P.C.  
15154 Carrollton Blvd  
Carrollton, VA 23314  
(757) 238-9600  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital |
| Centreville        | Wilhelm, Kenneth, DPM  
Clifton Foot and Ankle Center P.C.  
6101 Redwood Square Center Ste 303  
Centreville, VA 20121  
(703) 996-3000  
Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Sentara CarePlex Hospital |
| Charlottesville    | Allen, Elaine, DPM  
Elaine Allen DPM LLC  
325 Four Leaf Lane Suite 11A  
Charlottesville, VA 22903  
(434) 232-9547  
Hospital Affiliations:  
Bon Secours St. Marys Hospital |
Schweitzer, Seth J., DPM
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Hospital Affiliations:
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- St. Mary's Hospital

Wax, Allan S, DPM
Colonial Orthopaedics, Inc.
325 Charles H Dimmock Parkway
Suite 100
Colonial Heights, VA 23834
(804) 526-5888

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- John Randolph Medical Center
- Sheltering Arms Rehabilitation Hospital

Culpeper

Baglio, Robert J., DPM
FASMA
530 Sunset Lane Suite A
Culpeper, VA 22701
(540) 825-6118

Hospital Affiliations:
- UVA Culpeper Hospital

Gulosh, Melissa L., DPM
Virginia Foot and Ankle Surgical Associates
541 Sunset Lane Suite 101
Culpeper, VA 22701
(540) 825-1350

Law, Colleen M, DPM
FASMA
530 Sunset Ln Ste A
Culpeper, VA 22701
(540) 825-6113

Hospital Affiliations:
- VCU Community Memorial Hospital

Popal, Mariam, DPM
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 521-4281

530 Sunset Lane Suite 201
Culpeper, VA 22701
(540) 521-4281

530 Sunset Lane Suite 301
Culpeper, VA 22701
(540) 825-4557

Hospital Affiliations:
- Fauquier Hospital
- Inova Fair Oaks Hospital
- UVA Culpeper Hospital

Schustek, Samuel H., DPM
FASMA
530 Sunset Lane Suite A
Culpeper, VA 22701
(540) 825-6118

Hospital Affiliations:
- UVA Culpeper Hospital

Canavan, Michael, DPM
Ambulatory Foot Care Center, P.C.
789 Piney Forest Rd Ste B
Danville, VA 24540
(434) 799-9430

Page, Catherine A., DPM
Catherine A. Page, DPM
108 Holbrook St Ste 205
Danville, VA 24541
(434) 792-7348

Becthel, Janet E., DPM
Southwest Podiatry, PC
5270 Alexander Rd
Danville, VA 24084
(540) 674-2444

Johnson, Tommy Reece, DPM
Southwest Podiatry, PC
5270 Alexander Rd
Danville, VA 24084
(540) 674-2444

Pearman, Heather B., MD
Southwest Podiatry, PC
5270 Alexander Rd
Danville, VA 24084
(540) 674-2444

Person, Samuel W., DPM
Personal Foot Care, LLC
425-F S Main St
Emporia, VA 23847
(434) 348-3130

Hospital Affiliations:
- John Randolph Medical Center
- VCU Community Memorial Hospital

Mendelsohn, Richard S., DPM
Family Foot and Ankle Centers
9918 Main Street
Fairfax, VA 22031
(703) 273-9818

Hospital Affiliations:
- Reston Hospital Center

Okin, Raymond J., DPM
Family Foot and Ankle Center, PC
10721 Main St Ste 103
Fairfax, VA 22030
(703) 273-3622

Petranek, Michael L., DPM
Family Foot and Ankle Centers
9918 Main Street
Fairfax, VA 22031
(703) 273-9818

Hospital Affiliations:
- Reston Hospital Center

said, Rostana, DPM
Fairfax Foot and Ankle Center, PC
10721 Main St Ste 103
Fairfax, VA 22030
(703) 273-3622

Skandeva, Kostadinka H, DPM
NOVA Foot & Ankle Center
3609 Chain Bridge Road Suite E
Fairfax, VA 22030
(571) 480-8480

Ho, Ton Qi, DPM
CDM Foot and Ankle Pain and Sprain
6408 Seven Corners Place Suite C
Fairfax, VA 22044
(703) 992-7561

Hospital Affiliations:
- Inova Fairfax Hospital

Avery, Aerial, DPM
New Age Foot and Ankle Surgery, LLC
160 South Street
Falls Church, VA 22030
(434) 391-3669

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

Goldman, Michael A., DPM
Michael A. Goldman, DPM
115 Northern Virginia St
Farmville, VA 23901
(434) 392-6669

Shah, Asif, DPM
New Age Foot and Ankle Surgery, LLC
160 South Street
Farmville, VA 23901
(434) 391-3669

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

Murray, Kevin P., DPM
FASMA
66 Parkway Lane Suite 102
Fishersville, VA 22939
(540) 949-5150

Hospital Affiliations:
- Augusta Medical Center

Bourret, Elizabeth, DPM
Fredericksburg Foot and Ankle Center, PLC
1500 Dixon Street Suite 201
Fredericksburg, VA 22401
(540) 374-5261

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Buck, Stacie, DPM
Fredericksburg Foot and Ankle Center, PLC
1500 Dixon Street Suite 201
Fredericksburg, VA 22401
(540) 374-5261

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Carley, Stephen, DPM
Rappahannock Foot and Ankle Specialist PC
195 Falcon Drive
Fredericksburg, VA 22408
(540) 371-2724

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Cook, John W., DPM
Central Virginia Podiatry
615-A Jefferson Davis Hwy
Fredericksburg, VA 22401
(540) 898-6500

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Donato, Michael C, MD
Rappahannock Foot and Ankle Specialist PC
195 Falcon Drive
Fredericksburg, VA 22408
(540) 371-2724

Hospital Affiliations:
- Mary Washington Hospital (MWH)

Hurley, Martha A, MD
Rappahannock Foot and Ankle Specialist PC
195 Falcon Drive
Fredericksburg, VA 22408
(540) 371-2724

Hospital Affiliations:
- Mary Washington Hospital (MWH)
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<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patel, Noel P., DPM</td>
<td>The Foot Center, Inc</td>
<td>(804) 435-1644</td>
<td>730 Irving Road, VA 22482</td>
</tr>
<tr>
<td>DPM</td>
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<tr>
<td>Kugler, Gary, DPM</td>
<td>Lake Ridge Foot &amp; Ankle Center</td>
<td>(703) 491-9500</td>
<td>Lake Ridge, VA 22192</td>
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<tr>
<td>Belock, Carl J., MD</td>
<td>Commonwealth Podiatry Associates</td>
<td>(804) 730-1300</td>
<td>Mechanicsville, VA 23111</td>
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<tr>
<td>Platt, Marc A., DPM</td>
<td>Carilion Healthcare Corporation</td>
<td>(540) 725-1226</td>
<td>25 Crossing Ln Suite 2</td>
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<td>Lexington, VA 24450</td>
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<tr>
<td>Pearman, Heather B., MD</td>
<td>Southwest Podiatry, PC</td>
<td>(276) 782-9545</td>
<td>564 Radio Hill Road, Marion, VA</td>
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<td>Martinsville</td>
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<tr>
<td>Clements, John R., DPM</td>
<td>Carilion Healthcare Corporation</td>
<td>(877) 544-3770</td>
<td>1107A Brookdale St, Martinville, VA 24112</td>
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<tr>
<td>Jacobs, Jacquelyn, DPM</td>
<td>The Complete Foot Care Center</td>
<td>(434) 632-5123</td>
<td>1107A Brookdale St, Martinville, VA 24112</td>
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<td>Mechanicsville</td>
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<tr>
<td>Belock, Carl J., MD</td>
<td>Commonwealth Podiatry Associates</td>
<td>(804) 730-1300</td>
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</tr>
<tr>
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</tr>
</tbody>
</table>
Greengerg, Paul J., DPM
Paul J. Greengerg, DPM
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Johnston-Willis Hospital
Henrico Doctors' Hospital - West Campus
Henrico Doctors' Hospital - Retreat Campus

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St. Mary's Hospital
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Bon Secours St. Marys Hospital

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Chippenhain Medical Center
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Henrico Doctors' Hospital - West Campus
St. Mary's Hospital

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Hospital Affiliations:
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Bon Secours St. Francis Medical Center

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Hospital Affiliations:
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Sentara CarePlex Hospital

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Hospital Affiliations:
Riverside Shore Memorial Hospital

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Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus

VCU Direct Network Providers January 2019

Optima Health
### Specialists - Tier 1

#### Onancock
- **Chin, Wayne Y., DPM**
  - Wayne Y. Chin, DPM, PLLC
  - 20190 Market St
  - Onancock, VA 23417
  - (757) 789-3402

#### Orange
- **Baglio, Robert J., DPM**
  - FASMA
  - 175C Spicers Mill Road
  - Orange, VA 22960
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  - Hospital Affiliations:
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#### Pearsburg
- **Schopf, Robert, DPM**
  - Sideline Orthopedics and Sports Medicine LLC
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  - Pearsburg, VA 24134
  - (540) 552-7133
  - Hospital Affiliations:
    - Carilion Franklin Memorial Hospital
    - Carilion Roanoke Memorial Hospital

#### Petersburg
- **Person, Samuel W., DPM**
  - Personal Foot Care, LLC
  - 3020 Wakefield St
  - Petersburg, VA 23805
  - (804) 732-1211
  - Hospital Affiliations:
    - John Randolph Medical Center
    - VCU Community Memorial Hospital

#### Portsmouth
- **Graenkewitz, Peter, DPM**
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  - Portsmouth, VA 23707
  - (757) 393-1074
  - Hospital Affiliations:
    - Bon Secours Maryview Medical Center
    - Sentara Leigh Hospital
    - Sentara Norfolk General Hospital

#### Powhatan
- **McMahon, John G., DPM**
  - Adult & Child Foot & Ankle Care, LLC
  - 2184 Plainview Center
  - Powhatan, VA 23139
  - (804) 403-3000
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    - Bon Secours St. Marys Hospital
    - Chippenham Medical Center/Johnston-Willis Hospital
    - St. Mary's Hospital

#### Purcellville
- **Gorenstein, Alex, DPM**
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  - Purcellville, VA 20132
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#### Reston
- **Mendelsohn, Richard S., DPM**
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    - Reston Hospital Center

#### Richmond
- **Avery, Aerial, DPM**
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  - Richmond, VA 23236
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    - Parham Campus
    - Henrico Doctors’ Hospital - Retreat Campus

- **Baldwin, III, James, DPM**
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  - Richmond, VA 23294
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    - Chippenham Medical Center/Johnston-Willis Hospital
    - Henrico Doctors’ Hospital - Retreat Campus
    - St. Mary’s Hospital

#### Specialists - Tier 1

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  - (804) 205-1523
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    - Sheltering Arms Rehabilitation Hospital
    - St. Mary’s Hospital

- **Faircloth, Sonya C., DPM**
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  - (804) 330-2467
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    - Bon Secours St Marys Hospital
    - Henrico Doctors’ Hospital - Forest Campus
    - Henrico Doctors’ Hospital - Retreat Campus
    - John Randolph Medical Center
    - St. Mary’s Hospital

- **Greenwood, Julie A., DPM**
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  - (804) 262-7153

- **Kadukammakol, John J., DPM**
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  - (804) 828-2628
  - 9000 Stony Point Pkwy
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St. Mary's Hospital
VCU Community Memorial Hospital

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1102 Jefferson St
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(540) 725-1226

3 Riverside Cir
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Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
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Specialists - Tier 1

Optima Direct Network Providers January 2019

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OptimaHealth
Specialists - Tier 1

390 S Main St
Rocky Mount, VA 24151
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Hospital Affiliations:
Pioneer Community Hospital of Patrick County

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Hospital Affiliations:
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Carilion Roanoke Memorial Hospital

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Lewis-Gale Medical Center

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Hospital Affiliations:
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Lewis-Gale Medical Center

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(434) 572-1444

Wimbish III, Pink P., DPM
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South Boston, VA 24592
(540) 982-0253

South Hill

Person, Samuel W., DPM
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424 Braezy Ln
South Hill, VA 23970
(434) 447-6988

Hospital Affiliations:
John Randolph Medical Center
VCU Community Memorial Hospital

Springfield

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Hospital Affiliations:
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Hospital Affiliations:
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Strasburg

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Hospital Affiliations:
Winchester Medical Center

Nosker, Hilary C., DPM
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Hospital Affiliations:
Winchester Medical Center

Stuart

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835 Woodland Drive
Stuart, VA 24171
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Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Optima Direct Network Providers January 2019
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OptimaHealth

Staunton

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Hospital Affiliations:
Augusta Medical Center

Strasburg

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Hospital Affiliations:
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(540) 552-7133

835 Woodland Drive
Stuart, VA 24171
(540) 552-7133

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Suffolk

Anderson III, Jesse, DPM
AAL Podiatry Associates
2401 Godwin Blvd Ste 1
Suffolk, VA 23434
(757) 539-2098

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Barbella, Marc A, DPM
1 Foot 2 Foot Centre for Foot and Ankle Care, PC
171 North Main Street
Suffolk, VA 23434
(757) 934-0768
Specialists - Tier 1

Simon, William H., DPM
Atlantic Foot & Ankle Center (Bayview Physician Services PC)
1788 Republic Rd Suite 300
Virginia Beach, VA 23454
(757) 481-0898
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Proto, Benjamin R., DPM
Tidewater Physicians
Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Ste 204
Williamsburg, VA 23188
(757) 707-3508
Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Bonini, Vincent, DPM
Potomac Podiatry, PLLC
1847 Plaza Dr
Woodbridge, VA 22191
(703) 583-5959
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Mayer, Ashley G., DPM
Yegeyn Kats, DPM, PLC
3034 Valley Ave Ste 106
Virginia Beach, VA 23461
(757) 542-1800
Hospital Affiliations:
Winchester Medical Center

Winchester

Arnold, James R., DPM
Foot Care Center, PLC
621 E Jubal Early Drive
Winchester, VA 22601
(540) 667-0130
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Davis, Rhonda L., DPM
Foot Care Center, PLC
621 E Jubal Early Drive
Winchester, VA 22601
(540) 667-0130
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Dodd, James E., DPM
Winchester Foot and Ankle Associates
117 North Braddock Street Suite 150
Winchester, VA 22601
(540) 662-4572
Hospital Affiliations:
Winchester Medical Center

Warren Memorial Hospital, Inc.
Winchester Medical Center

Ramdaas, Roland, DPM
Foot & Ankle Center
912 S Pleasant Valley Road
Winchester, VA 22601
(540) 662-6822
Hospital Affiliations:
Winchester Medical Center

Vincent, Andrew L., DPM
Family Foot and Ankle Care PC
1847 Plaza Dr
Woodbridge, VA 22191
(540) 667-3338
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Woodbridge

Bonini, Vincent, DPM
Potomac Podiatry, PLLC
2280 Opitz Blvd Suite 230
Woodbridge, VA 22191
(703) 583-5959
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Huyhn, Tina P., DPM
Potomac Podiatry, PLLC
2280 Opitz Blvd Suite 230
Woodbridge, VA 22191
(703) 583-5959
Hospital Affiliations:
Sentara Northern Virginia Medical Center
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Specialists - Tier 1

2900 Lamb Circle Suite 7 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
- Carilion Giles Community Hospital
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital
- Sheltering Arms Rehabilitation

Saltzman, Herbert A., MD
Carilion Healthcare Corporation
2900 Lamb Circle Suite 7 thru 700B
Christiansburg, VA 24073
(540) 731-7450

Hospital Affiliations:
- Bedford Memorial Hospital
- Carilion Clinic Home Care
  (Carilion Franklin Memorial Hospital)
- Carilion Giles Community Hospital
- Carilion Roanoke Memorial Hospital
- Carilion Stonewall Jackson Hospital

Sofi, Umar Farooq, MD
2019 Optima Direct Network Providers January
(434) 792-4378
159 Executive Dr Ste F
SOVAH Health - Danville
Hospital Affiliations:

Durham, Richard, DO
WVVA Health Care Alliance, PC
425 Commercial Avenue
Clifton Forge, VA 24422
(304) 645-3100

Farmville

Baker, Albert M., MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Khoury, Joseph B., MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Milam, Michael G, MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Pamireddy, Prema M, MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Franklin

Forman, Jeffrey D, MD
Bayview Physicians Services, PC
1301 Armory Drive
Franklin, VA 23851
Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital

Kalogi, Madhukar, MD
Pulmonary & Sleep Medicine Consultants, PC
110 Fairview Dr Ste 103
Franklin, VA 23851
(757) 562-2516
Hospital Affiliations:

Currie, Randall, MD
Pulmonary Associates of Fredericksburg Inc
251 Park Hill Avenue Suite B
Fredericksburg, VA 22401
(540) 372-6430
Hospital Affiliations:
- Mary Washington Hospital (MWII)
- Stafford Hospital Center

Doljan, Jorge, MD
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251 Park Hill Avenue Suite B
Fredericksburg, VA 22401
(540) 899-1615
Hospital Affiliations:

Fiero, Richard A., MD
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(540) 899-1615
Hospital Affiliations:
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- Stafford Hospital Center

Goyal, Rohit, MD
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251 Park Hill Drive Suite B
Fredericksburg, VA 22401
(540) 899-1615
Hospital Affiliations:

Abri, Juan, MD
MediDoctors LLC dba SH OB
Hospitalists
5004 Southpoint Parkway Suite 201
Fredericksburg, VA 22407
(540) 741-2045

Pulmonary Associates of Fredericksburg Inc
251 Park Hill Drive
Fredericksburg, VA 22401
(540) 899-1615
Sleep Disorders Center of Fredericksburg
251 Park Hill Drive Suite B
Fredericksburg, VA 22401
(540) 899-1615
Hospital Affiliations:
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- Stafford Hospital Center

Alattar, Mohammed, MD
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Fredericksburg, VA 22401
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Sleep Disorders Center of Fredericksburg
251 Park Hill Drive Suite B
Fredericksburg, VA 22401
(540) 372-6430
Hospital Affiliations:
- Mary Washington Hospital (MWII)
- Stafford Hospital Center

Fredericksburg

Gonzalez, Carmen, MD
Augusta Health Pulmonary and Critical Care
Heart and Vascular Center 78
Medical Center Drive 2nd Floor
Fishersville, VA 22939
(540) 245-7190
Hospital Affiliations:
- Augusta Medical Center

Lawrence, Jason M., MD
Augusta Health Pulmonary and Critical Care
78 Medical Center Drive Heart & Vascular Center 2nd Floor
Fishersville, VA 22939
(540) 245-7230
Hospital Affiliations:
- Augusta Medical Center
- University of Virginia Medical Center

Verghese, George M., MD
Augusta Health Pulmonary and Critical Care
78 Medical Center Drive
Fishersville, VA 22939
(540) 245-7190
Hospital Affiliations:
- Augusta Medical Center
- University of Virginia Medical Center

Fisher, John F, MD
Lynchburg Pulmonary Assoc
1100 West Third Street
Farmville, VA 23901
(434) 394-3070
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Rajan, Sunil, MD
Central Medical Group (Centra Health, Inc.)
800 Oak Street
Franklin, VA 23851
(434) 315-2880
Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Sentara Bayside Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Saltzman, Herbert A., MD
Daniele Pulmonary Clinic, Inc.
159 Executive Dr Ste F
Danville, VA 24541
(434) 792-4378

O’Neill, Thomas J., MD
Daniele Pulmonary Clinic
159 Executive Drive Suite F
Danville, VA 24541
(434) 792-4378
Hospital Affiliations:
- SOVAH Health - Danville

Rajani, Sumit, MD
Clifton Forge

Forman, Jeffrey D, MD
Bayview Physician Services, PC
1301 Armory Drive
Franklin, VA 23851
Hospital Affiliations:
- Chesapeake Regional Medical Center
- Sentara Obici Hospital

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110 Fairview Dr Ste 103
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Hospital Affiliations:
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Hospital Affiliations:
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- Stafford Hospital Center

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Pulmonary Associates of Fredericksburg Inc
251 Park Hill Drive Suite B
Fredericksburg, VA 22401
(540) 899-1615
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| Gloucester |  |

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Specialists - Tier 1

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Hospital Affiliations:
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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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In-Vision Hospital

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Hospital Affiliations:
Centra Lynchburg General Hospital

Optima Direct Network Providers January 2019
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OptimaHealth
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<td>Walter, Robert N, MD</td>
<td>Bon Secours Pulmonary Specialists @ MH 1720 McManus Blvd Suite 303 Newport News, VA 23606 (757) 947-3600</td>
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<td>Sentara Pulmonary &amp; Critical Care Specialists (SMG) 600 Gresham Dr Ste 8630B Norfolk, VA 23507 (757) 388-6115</td>
<td>Sentara Bayside Hospital Sentara CarePlex Hospital Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital</td>
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<td>Bowers, III, John T, MD</td>
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<td>Gibbs, Colville N., MD</td>
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<tr>
<td>Gleeson, Shelagh, MD</td>
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<tr>
<td>Goldberg, Alan, MD</td>
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</table>
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Saadah, Khalid M, MD
Sentara Pulmonary & Critical Care Specialists (SMG)
600 Gresham Dr Ste 8630B
Norfolk, VA 23507
(757) 388-6115

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

Sill, Joshua M, MD
EVMS Medical Group
301 Riverview Ave Suite 670
Norfolk, VA 23510
(757) 625-0172
855 W Brambleton Ave
Norfolk, VA 23510
(757) 446-5908

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Silva, Carlos A., MD
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160 Kingsley Ln Ste 103
Norfolk, VA 23505
(757) 889-6677

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tiro, Aileen V, DO
Sentara Pulmonary & Critical Care Specialists (SMG)
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Norfolk, VA 23507
(757) 388-6115
850 Kempsville Rd Ste 100G
Norfolk, VA 23502
(757) 261-5977

Hospital Affiliations:
Bon Secours Maryview Medical Center
Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Tomlinson, James R., MD
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600 Gresham Dr Ste 7630B
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(757) 388-6115
600 Gresham Dr Ste 8630B
Norfolk, VA 23507
(757) 388-6115
850 Kempsville Rd
Norfolk, VA 23502
(757) 261-5977
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialties</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Hey, Jamie, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Polsky, Michael, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Athar, Muhammad N., MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Verin, Elie T, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Bass, Leon C, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Green, Michael R., MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Raj, Vishal, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Nader, Elie T, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Nared, Andrew N., MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
</tbody>
</table>

**North Chesterfield**

- **Athar, Muhammad N., MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
- **Giessel, Glenn, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

**Vernon, Andrew N., MD**

<table>
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<tr>
<th>Name</th>
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<td>Pulmonary Associates of Richmond, Inc.</td>
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<td>Bass, Leon C, MD</td>
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<td>Green, Michael R., MD</td>
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<tr>
<td>Raj, Vishal, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
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<tr>
<td>Nader, Andrew N., MD</td>
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**Norton**

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<th>Name</th>
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<tr>
<td>Agarwal, Anil, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Bass, Leon C, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td>Green, Michael R., MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Mabe, Donovan L, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
</tr>
<tr>
<td>Nader, Elie T, MD</td>
<td>Pulmonary Associates of Richmond, Inc.</td>
<td>Chippenham Medical Center/Johnston-Willis Hospital</td>
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</tbody>
</table>

**Johnston-Willis Hospital**

- **Hey, Jamie, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
- **Polsky, Michael, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

**Johnson City Medical Center**

- **Hey, Jamie, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
- **Polsky, Michael, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

**Sentara Williamsburg Regional Medical Center**

- **Hey, Jamie, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
- **Polsky, Michael, MD**
  - Pulmonary Associates of Richmond, Inc.
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
### Specialists - Tier 1

**Pearsburg**
- Leslie Jr, John W., MD  
  Carilion Healthcare Corporation  
  159 Hartley Way  
  Pearsburg, VA 24314
- Malhotra, Rajiv, DO  
  Carilion Giles Community Hospital  
  5900 Woodside Plaza  
  Pearisburg, VA 24134

**Hospital Affiliations:**  
- Carilion Giles Community Hospital  
- Carilion New River Valley Medical Center  
- Carilion Roanoke Memorial Hospital

**Petersburg**
- Malaisamy, Subramanian, MD  
  Carilion Clinic  
  601 Old Wagner Road Suite 101  
  Petersburg, VA 23805

**Hospital Affiliations:**  
- John Randolph Medical Center  
- Southside Regional Medical Center

**Richlands**
- Jawad, Sami Abdul, MD  
  Richlands Pulmonary and Breathing Center  
  1620 Governor C C Peery Hwy  
  Richlands, VA 24641

**Hospital Affiliations:**  
- Richlands Pulmonary and Breathing Center

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**Roanoke**
- Aziz, Sameh G., MD  
  Carilion Clinic  
  2001 Crystal Spring Ave Suite 300  
  Roanoke, VA 24041

**Hospital Affiliations:**  
- Carilion Roanoke Memorial Hospital

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**Reston**
- Patel, Vandana A, MD  
  Bon Secours Pulmonary Specialists  
  3636 High Street  
  Potomac, VA 20707

**Hospital Affiliations:**  
- Bon Secours Pulmonary Specialists

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**Richmond**
- Miller, Kristin, MD  
  MCV Associated Physicians  
  (Pulmonary Medicine)

**Hospital Affiliations:**  
- Carilion Clinic  
- Carilion Sleep Center

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**Sessler, Curtis N., MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

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**Shah, Rutul, MD**  
- Vibra Physicians, LLC  
- 2220 Edward Holland Drive  
- Richmond, VA 23230

** Hospital Affiliations:**  
- VCU Health System/MCV

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**Shojaae, Samira, MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- Bon Secours Maryview Medical Center

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**Sessler, Curtis N., MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

---

**Syed, Aamer, MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

---

**Tran, Thi Nhi, MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

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**Vanderlip, Jeff, MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

---

**Wiswin, Jack, MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

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**Zuniega, Leah M., MD**  
- MCV Associated Physicians  
- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV

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**Zuniega, Leah M., MD**  
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- (Pulmonary Medicine)

**Hospital Affiliations:**  
- VCU Health System/MCV
**Forman, Jeffrey D, MD**
Barakat, Habib, MD  
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**Hospital Affiliations:**  
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919 S Church St  
Smithfield, VA 23430  

**Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Obici Hospital

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**Smithfield**

**Barakat, Habib, MD**  
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913-D S Church Street  
Smithfield, VA 23430  

**Hospital Affiliations:**  
Sentara Obici Hospital

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**South Boston**

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**Durr, Robert A., MD**  
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2210 Wilborn Ave  
South Boston, VA 24592  
(434) 575-5864

**Lenzen, Jonathan M., MD**  
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2210 Wilborn Ave  
South Boston, VA 24592  
(434) 575-5864

**Witko, James F., MD**  
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**Suffolk**

**Barakat, Habib, MD**  
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**Hospital Affiliations:**  
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(757) 539-0251

**Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Obici Hospital

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**Virginia Beach**

**Malaisamy, Subramanian, MD**  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
5818 Harbour View Blvd Suite C2  
Suffolk, VA 23435  
(757) 975-8255

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

**Nair, Madhu, MD**  
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Suffolk, VA 23434  
(757) 923-9604

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

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5818 Harbour View Blvd Suite C2  
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**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

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(757) 975-8255

**Hospital Affiliations:**  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
John Randolph Medical Center  
Southside Regional Medical Center

**Shah, Rutul, MD**  
Tidewater Physicians Multispecialty Group, PC (TPMG)  
5818 Harbour View Blvd Suite C2  
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(757) 975-8255

**Hospital Affiliations:**  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center

**Tazewell**

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Carilion Healthcare Corporation  
141 Ben Bolt Ave  
Tazewell, VA 24651  
(276) 988-8700

**Lutchmedial, Sanjiva M., MD**  
Carilion Healthcare Corporation  
141 Ben Bolt Ave  
Tazewell, VA 24651  
(276) 988-8700

**Hospital Affiliations:**  
Carilion Giles Community Hospital  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

**Virginia Beach**

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1821 Old Donation Parkway Suite 11  
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**Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Virginia Beach General Hospital

**Cooper, William R., MD**  
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Virginia Beach, VA 23454  
(757) 481-2515  
1925 Glenn Mitchell Dr Ste 100  
Virginia Beach, VA 23456  
(757) 689-8430

**Dhawan, Rajnish, MD**  
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1008 First Colonial Rd Suite 103  
Virginia Beach, VA 23454  
(757) 474-7455

**Hospital Affiliations:**  
Chesapeake Regional Medical Center

**Falk, Derik, MD**  
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1008 First Colonial Rd Suite 103  
Virginia Beach, VA 23454  
(757) 481-4064

**Hospital Affiliations:**  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

**Fusiak, Timothy S., DO**  
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1975 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456  
(757) 689-8430

**George, Ezmin, MD**  
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1950 Glenn Mitchell Dr Ste 110  
Virginia Beach, VA 23456  
(757) 481-2515

**Hospital Affiliations:**  
Chesapeake Regional Medical Center  
Sentara Virginia Beach General Hospital

---

**Githaiga, Andrew N., MD**  
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800 Independence Blvd 2nd Fl  
Virginia Beach, VA 23455  
(757) 363-6850

**Hospital Affiliations:**  
Sentara Care Plex Hospital

**Glesson, Shelagh, MD**  
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1950 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456

**Goldberg, Alan, MD**  
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Virginia Beach, VA 23456

**Greenberg, Seth H., MD**  
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1925 Glenn Mitchell Dr Ste 100  
Virginia Beach, VA 23456  
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**Hathwar, Vasantha K., MD**  
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1925 Glenn Mitchell Dr Ste 100  
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(757) 689-8430

**Imad, Melhem A., MD**  
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1975 Glenn Mitchell Dr Ste 202  
Virginia Beach, VA 23456

**Hospital Affiliations:**  
Sentara Care Plex Hospital

**Optima Direct Network Providers January 2019**  
522  
OptimaHealth®
Specialists - Tier 1

Lindsay, Beth H, MD
Danville Physician Practices, LLC
142 South Main St
Danville, VA 24541
(434) 799-4495

Hospital Affiliations:
SOVAH Health - Danville

Quaranta, Brian, MD
Danville Physician Practices, LLC
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Danville, VA 24541
(434) 799-4592

Hospital Affiliations:
SOVAH Health - Danville

Agbahiwe, Harold C., MD
Virginia Cancer Specialists, P.C.
10301 Democracy Lane
Fairfax, VA 22030
(703) 934-4450

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Choe, Kevin, MD
Radiation Oncology Associates PC
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Fairfax, VA 22033
(703) 391-4250

Hospital Affiliations:
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Lee, Joseph, MD
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Radiation Oncology
Falls Church, VA 22042
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Hospital Affiliations:
Sentara Northern Virginia Medical Center

Choe, Kevin, MD
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1850 Town Center Pkwy
Herndon, VA 20190
(703) 689-9330

Hospital Affiliations:
Reston Hospital Center

Nasr, Nadim M., MD
Arlington Radiation Oncology PLLC
1850 Town Center Pkwy
Herndon, VA 20190
(703) 689-9330

Hospital Affiliations:
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Fredericksburg

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Hospital Affiliations:
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Mary Washington Hospital (MWI)
Stafford Hospital Center

Huhn, Jeniffer, DO
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Stafford Hospital Center

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Hospital Affiliations:
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Hospital Affiliations:
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Brady, Angela L., MD
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(434) 200-4010

Hospital Affiliations:
Sentara Lynchburg General Hospital

Jones, Heather A., MD
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(757) 827-2430

Hospital Affiliations:
Central Virginia Baptist Hospital

Kang, Song K., MD
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Hospital Affiliations:
Sentara CarePlex Hospital

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Herndon, VA 20190
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Hospital Affiliations:
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Sinesi, Mark S., MD
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Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Virginia Hospital Center - Arlington

Montross

Ali, Mohammed Moinuddin, MD
Radiation Oncology Specialists of Central Virginia PLC
15394 Kings Highway
Montross, VA 22520
(804) 493-8880

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Mary Washington Hospital (MWI)
Stafford Hospital Center

Newport News

Archie, Victor C., MD
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1051 Loftis Boulevard Suite 100
Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Virginia Hospital Center - Newport News

Jones, Heather A., MD
Virginia Oncology Associates
1051 Loftis Boulevard Suite 100
Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Virginia Hospital Center - Newport News

Kang, Song K., MD
Virginia Oncology Associates
1051 Loftis Boulevard Suite 100
Newport News, VA 23606
(757) 873-9400

Hospital Affiliations:
Virginia Hospital Center - Newport News

2019 Optima Direct Network Providers January 525
Specialists - Tier 1

Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Norfolk

Archie, Victor C., MD
Virginia Oncology Associates
5900 Lake Wright Drive Suite 100 Norfolk, VA 23502
(757) 213-5770

Crandley, Edwin F., MD
EVMS Medical Group
600 Gresham Dr Norfolk, VA 23507
(757) 338-3483
Virginia Oncology Associates
5900 Lake Wright Drive Suite 100 Norfolk, VA 23502
(757) 213-5770

Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Jones, Heather A., MD
Virginia Oncology Associates
5900 Lake Wright Drive Suite 100 Norfolk, VA 23502
(757) 213-5770

Hospital Affiliations:
Sentara CarePlex Hospital

Lappinen, Eric K., MD
EVMS Medical Group
600 Gresham Drive Norfolk, VA 23507
(757) 388-3483
Virginia Oncology Associates
5900 Lake Wright Drive Norfolk, VA 23502
(757) 213-5770

Hospital Affiliations:
Sentara CarePlex Hospital

Portsmouth

Trivette, George A., MD
Bon Secours Oncology Specialists
3640 High Street Suite 1E Portsmouth, VA 23707
(757) 278-2200

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Bon Secours St. Mary's Hospital
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Adams, Bret R., MD
Blue Ridge Cancer Care
2400 Lee Hwy N Pulaski, VA 24301
(540) 994-8545

Back, David A., MD
Blue Ridge Cancer Care
2400 Lee Highway Pulaski, VA 24301
(888) 678-0622

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Richlands

Brown, Marcus, MD
Commonwealth Oncology Group, LLC
6801 Gov G C Peery Highway Richlands, VA 24641
(276) 596-6010

Richmond

Adams, Todd, MD
MVC Associated Physicians (Radiation Oncology)
9000 Stony Point Pkwy Richmond, VA 23235
(804) 327-3040

Eichler, Thomas J., MD
MVC Associated Physicians (Radiation Oncology)
401 College Street Richmond, VA 23298
(804) 828-7232

Hospital Affiliations:
VCU Health System/MCV

Petersburg

Randolph, Sr., David M., MD
Virginia Radiation Oncology Associates, Inc.
629 South Adams Street Petersburg, VA 23803
(804) 765-5850

Hospital Affiliations:
Southside Regional Medical Center

Richlands

Rogers, John W., MD
Blue Ridge Cancer Care
2400 Lee Highway Pulaski, VA 24301
(888) 678-0622

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Pulaski

Adams, Bret R., MD
Blue Ridge Cancer Care
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Back, David A., MD
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2400 Lee Highway Pulaski, VA 24301
(888) 678-0622

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
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Richlands

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Hospital Affiliations:
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Richlands

Harris, Timothy, MD
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Hospital Affiliations:
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Pennington, Joseph, MD
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Shaves, Mark E., MD
EVMS Medical Group
1060 First Colonial Road
Virginia Beach, VA 23454
(757) 395-8610

Princess Anne Radiation Oncology
Ctr 1950 Glenn Mitchell Dr Ste 100
Virginia Beach, VA 23456
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Obici Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sinesi, Mark S., MD
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Virginia Oncology Associates
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Hospital Affiliations:
Prince William Medical Center
Novant Health UVA Health System
Inova Fairfax Hospital
Inova Fair Oaks Hospital

Inova Health System
Hospital Affiliations:
Inova Fairfax Hospital
Inova Fair Oaks Hospital
Inova Northern Virginia Medical Center

Sinesi, Mathew P., MD
Oncology Associates of Virginia, PC
736 Battlefield Blvd N
Chesapeake, VA 23320
(757) 312-6294

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Inova Health System
Hospital Affiliations:
Inova Fairfax Hospital
Inova Fair Oaks Hospital
Inova Northern Virginia Medical Center

Sinesi, Christopher C., MD
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(757) 312-6294

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Inova Health System
Hospital Affiliations:
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Inova Fair Oaks Hospital
Inova Northern Virginia Medical Center

Williams, Scott, MD
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1060 First Colonial Rd
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(757) 446-7360

Princess Anne Radiation Oncology
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Kanani, Samir, MD
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3580 Joseph Siewick Drive
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(703) 391-4250

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Tonnesen, Glenn, MD
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(703) 391-4250

Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Bajaj, Gopal, MD
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Falls Church, VA 22042
(709) 996-4887

Hospital Affiliations:
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Chawla, Ashish, MD
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Hospital Affiliations:
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Hetelekidis, Stella, MD
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Hospital Affiliations:
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Sentara Northern Virginia Medical Center

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Falls Church, VA 22042
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Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Optima Direct Network Providers January 2019
528

OptimaHealth
Morgan, Heather A., MD
Morgan, David B., MD
Kyler, Robert M., MD
Tonnesen, Glenn, MD

2019 Optima Direct Network Providers January

Optima Health

Tonnesen, Glenn, MD
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3300 Gallows Road Dept of Radiation Oncology
Falls Church, VA 22042
(709) 996-4887

Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

Harrisonburg

Kyler, Robert M., MD
Shenandoah Valley Radiation Oncology
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-7036

Hahn Cancer Center 2008 Health Campus Dr 1st Floor
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Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Morgan, David B., MD
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70 Medical Center Dr Suite 108
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Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

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Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Inova Fairfax Hospital
Inova Fairfax Hospital
Inova Mount Vernon Hospital
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Penberthy, David R, MD  
Virginia Oncology Associates  
1051 Loftis Boulevard Suite 100  
Newport News, VA 23606  
(757) 873-9400  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Maryview Medical Center  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital  
Sentara Virginia Beach General Hospital

Shaves, Mark E., MD  
Virginia Oncology Associates  
5900 Lake Wright Drive Suite 100  
Norfolk, VA 23502  
(757) 213-5770  

Hospital Affiliations:  
Children’s Hospital of the King’s Daughters  
Sentara Leigh Hospital  
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Williams, Scott, MD  
Virginia Oncology Associates  
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Hospital Affiliations:  
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Sinesi, Christopher C., MD  
Oncology Associates of Virginia, PC  
225 Clearfield Avenue  
Virginia Beach, VA 23462  
(757) 457-5177  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Chesapeake Regional Medical Center  
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Optima Health

Optima Direct Network Providers January 2019

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| Newport News |
Richmond
Edelstein, Michael C, MD  
Virginia Fertility Associates, LLC  
9030 Stony Point Parkway Suite 450  
Richmond, VA 23235  
(804) 379-9000  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital
Shah, Anish, MD  
Virginia Fertility Associates, LLC  
9030 Stony Point Parkway Suite 450  
Richmond, VA 23235  
(804) 379-9000  
Hospital Affiliations:  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Parham Campus  
Henrico Doctors’ Hospital - Retreat Campus
Steingold, Kenneth A., MD  
Virginia Fertility Associates, LLC  
9030 Stony Point Parkway Suite 450  
Richmond, VA 23235  
(804) 379-9000  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital
Tidey, George F, MD  
Virginia Fertility Associates, LLC  
9030 Stony Point Parkway Suite 450  
Richmond, VA 23235  
(804) 379-9000  
Hospital Affiliations:  
Bon Secours St. Mary’s Hospital  
Henrico Doctors’ Hospital - Forest Campus  
St. Mary’s Hospital
Roanoke
Evans-Hooker, Emily Ann, MD  
CARILION MEDICAL CENTER  
1231 S Jefferson St  
Roanoke, VA 24016  
(540) 985-8078  
66 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital
Gentry, Adrienne L., DO  
CARILION MEDICAL CENTER  
1231 S Jefferson St  
Roanoke, VA 24016  
(540) 985-8078  
Hospital Affiliations:  
Carilion Roanoke Memorial Hospital
Virginia Beach
Archer, David F., MD  
EVMS Medical Group  
2075 Glenn Mitchell Drive Suite 500  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Bocca, Silvania M., MD  
EVMS Medical Group  
2075 Glenn Mitchell Drive Suite 500  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Oehninger, Sergio, MD  
EVMS Medical Group  
2075 Glenn Mitchell Drive Suite 500  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Pakrashi, Tarita, MD  
EVMS Medical Group  
2075 Glenn Mitchell Dr Ste 500  
Virginia Beach, VA 23456  
(757) 446-7100  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Stadtmauer, Laurel A., MD  
EVMS Medical Group  
2075 Glenn Mitchell Drive Suite 500  
Virginia Beach, VA 23456  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Winchester
Banerjee, Jashoman, MD  
Reproductive Medicine & Surgery Center of Virginia PLC  
1820 Plaza Dr  
Winchester, VA 22601  
(434) 654-8520  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Orlowski, Julianne S., DO  
Center for Arthritis & Rheumatic Diseases, PC  
816 Greenbrier Circle Ste A  
Chesapeake, VA 23320  
(757) 461-6997  
Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital
Sherwood, Janice C., MD  
Arthritis Consultants of Tidewater  
700 N Battlefield Blvd Ste A  
Chesapeake, VA 23320  
(757) 491-7359  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Siegel, Gary R., MD  
Arthritis Consultants of Tidewater  
700 N Battlefield Blvd Ste A  
Chesapeake, VA 23320  
(757) 491-7359  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Turkiewicz, Witold A., MD  
Center for Arthritis & Rheumatic Diseases, PC  
816 Greenbrier Circle Ste A  
Chesapeake, VA 23320  
(757) 461-6997  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital
Colonial Heights
Hicks, Kevin A., MD  
Collaborative Arthritis Care, Inc.  
300 A Temple Lake Drive Suite 1  
Colonial Heights, VA 23834  
(804) 524-2400  
Hospital Affiliations:  
John Randolph Medical Center  
Southside Regional Medical Center
Rolle, Anisha, MD  
Carlton E. Miller, MD, PC  
110 Dunlop Village Circle  
Colonial Heights, VA 23834  
(804) 526-6062  
Hospital Affiliations:  
Southside Regional Medical Center
Danville
Shroff, Sharukh Darvis, MD  
Spectrum Medical Inc. (Specialists)  
109 Bridge Street Suite 300  
Danville, VA 24541  
(434) 793-4711  
Hospital Affiliations:  
Augusta Medical Center
Fishersville
Hogenmiller, Matthew S., MD  
Augusta Health Rheumatology & Osteoporosis Clinic  
70 Medical Center Circle Ste 201  
Fishersville, VA 22939  
(540) 221-7070  
Hospital Affiliations:  
Augusta Medical Center
# Specialists - Tier 1

## Franklin
Sherwood, Janice C., MD  
Arthritis Consultants of Tidewater  
102 Fairview Dr Ste E  
Franklin, VA 23851  
(757) 491-7359  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital  
Siegel, Gary R., MD  
Arthritis Consultants of Tidewater  
102 Fairview Dr Ste E  
Franklin, VA 23851  
(757) 491-7359  
Hospital Affiliations:  
Sentara Virginia Beach General Hospital

## Henrico
Patel, Seema K., MD  
MCV Associated Physicians  
(11958 W Broad Street  
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Hospital Affiliations:  
VCU Health System/MCV

Douza, Caroline, MD  
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19465 Deerfield Ave Suite 309  
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(703) 723-3398  
Hospital Affiliations:  
Fauquier Hospital

Mesdaghinia, Sepehr, MD  
Novo Arthritis and Rheumatology Specialists  
821 S King Street Suite L  
Leesburg, VA 20175  
(703) 988-4142  
Hospital Affiliations:  
Fauquier Hospital

Hogenmiller, Matthew S., MD  
Augusta Health Rheumatology & Osteoporosis Clinic  
(540) 221-7170  
(540) 464-3465  
(703) 721-7170  
Hospital Affiliations:  
Augusta Medical Center

Kenny, Eric R., MD  
West End Orthopaedic Clinic  
2405 Atherhold Road  
Lynchburg, VA 24501  
(434) 485-8500  
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Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

## Manassas
Ghafouri, Mohsen, MD  
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Hospital Affiliations:  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center

Vasa, Parita M., MD  
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## Norfolk
Dye, John R, MD  
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(757) 261-5910  
Lee, Albert H., MD  
Sentara Rheumatology Services (SMG)  
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Norfolk, VA 23502  
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Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Mansoor, John V., MD  
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Miller, Andrew H.F., DO  
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Norfolk, VA 23502  
(757) 261-5910  
Hospital Affiliations:  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Naria, Haritha, MD  
Bayview Physician Services, PC  
6161 Kempsville Circle Ste 225  
Norfolk, VA 23502  
(757) 455-6368  
Reed, William W., MD  
Bayview Physician Services, PC  
6161 Kempsville Circle Ste 225  
Norfolk, VA 23502  
(757) 889-6633  
Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
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<td>Rheumatologist</td>
<td>1401 Johnston Willis Dr Ste 1200</td>
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<td>Burwell, Keith, DO</td>
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<td>1401 Johnston Willis Drive Suite 1200</td>
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<td>Arthritis &amp; Osteoporosis Center</td>
<td>9602 Patterson Ave</td>
<td>(804) 217-9601</td>
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### Specialists - Tier 1

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| **Suffolk**   | Clarkson, Sara H., MD        | Center for Arthritis & Rheumatic Diseases, PC | Sentara Leigh Hospital  
Carilion Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
|               | Cannon, Michael MD           | Arthritis Consultants of Tidewater 933 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
|               | Delaney, Nancy R., MD        | Arthritis Consultants of Tidewater 933 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
|               | Keck, Tatiana B., MD         | Arthritis Consultants of Tidewater 933 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
|               | Sherwood, Janice C., MD      | Arthritis Consultants of Tidewater 933 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
|               | Siegel, Gary R., MD          | Arthritis Consultants of Tidewater 933 First Colonial Rd Ste 100  
Virginia Beach, VA 23454  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
| **Virginia**  | Vasa, Parita M., MD          | Arthritis and Osteoporosis Center of Northern Virginia  
559 Frost Avenue Suite 102  
Warrenton, VA 20186  
(703) 361-3255  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center |
|               | Fazal, Mubasher, MD          | Best Health Sleep Center  
8101 Hinson Farm Road Suite 201  
Alexandria, VA 22306  
(703) 888-3036  
Hospital Affiliations: Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center  
UVA Culpeper Hospital  
VCU Community Memorial Hospital |
| **Warrenton** | Wanstall, John V., MD        | Center for Arthritis & Rheumatic Diseases, PC | Arthritis Specialists of Winchester, PC  
Suffolk, VA 23435  
(757) 491-7359  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
| **Alexandria**| Rezaian, Michael, MD         | Rural Outreach Arthritis Centers, Inc.  
3050 Valley Avenue Suite 100 102  
Warrenton, VA 22601  
(540) 313-6163  
Hospital Affiliations: Winchester Medical Center |
| **Sleep Medicine** | Vasa, Parita M., MD | Arthritis and Osteoporosis Center of Northern Virginia  
559 Frost Avenue Suite 102  
Warrenton, VA 20186  
(703) 361-3255  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center |
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UVA Culpeper Hospital  
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3050 Valley Avenue Suite 100 102  
Warrenton, VA 22601  
(540) 313-6163  
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| **Rahbar, Laila, MD** | Arthritis and Rheumatic Diseases, PC  
329 Mc Laws Circle  
Williamsburg, VA 23185  
(757) 220-8579  
Hospital Affiliations: Sentara Virginia Beach General Hospital |
| **Winchester**| Bacon, Anne M., MD           | Arthritis Specialists of Winchester, PC  
1730 Amherst St  
Winchester, VA 22601  
(540) 667-6232  
Hospital Affiliations: Winchester Medical Center |
|              | Hagerty, Mary M., MD         | Arthritis Specialists of Winchester, PC  
1730 Amherst St  
Winchester, VA 22601  
(540) 667-6232  
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|              | Kujala, Gregory A., MD       | Rheumatology Consultants  
1870 Amherst St Ste 1-D  
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8101 Hinson Farm Road Suite 201  
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(703) 888-3036  
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## Specialists - Tier 1

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*Optima Direct Network Providers January 2019*

**OptimaHealth**
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Specialists - Tier 1

Weber, Thomas Stephen, MD
Sentara RMH Medical Group, LLC
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(540) 689-4500

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Henrico

Herring, Marion M., MD
West End Orthopaedic Clinic
7858 Shraden Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus

Reece, Steven G., MD
West End Orthopaedic Clinic
7858 Shraden Road
Henrico, VA 23294
(804) 270-1305

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center

Lexington

Cromer, Stephen F., DO
Carilion Healthcare Corporation
25 Crossing Ln Suite 2
Lexington, VA 24450
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Richmond

Cutter, Douglas N., MD
Richmond Sports Medicine
1115 Boulders Pkwy Suite 110
Richmond, VA 23225
(804) 560-6500

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Midlothian

Hopp, Jennifer L., MD
Richmond Sports Medicine
1115 Boulders Pkwy Suite 110
Richmond, VA 23225
(804) 560-6500

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Okay, Douglas M., MD
West End Orthopaedic Clinic
15564 Westchester Commons Way
Midlothian, VA 23113
(804) 440-4878

Reyes, Jose, MD
West End Orthopaedic Clinic
13801 St Francis Blvd Suite 200
Midlothian, VA 23114
(804) 270-1305

Newport News

Kingston, Colin M., MD
Tidewater Orthopaedic Associates
12720 McManus Blvd Ste 101 MHI
Med Pavilion
Newport News, VA 23602
(757) 827-2480

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Norfolk

McHugh, Jason M., DO
Bon Secours Medical Associates
930 W 21st Street Suite 100
Norfolk, VA 23517
(757) 673-5680

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Suffolk

McHugh, Jason M., DO
Western Branch Family Practice
2012 Meade Parkway
Suffolk, VA 23434
(757) 686-5673

Hospital Affiliations:
Bon Secours Maryview Medical Center

Verona

Kennedy, Robert G., MD
American Health and Wellness Institute
25 Professional Way Suite 101
Verona, VA 24462
(540) 248-1006

Hospital Affiliations:
Augusta Medical Center

Virginia Beach

Kapur, Anand, MD
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Bon Secours Maryview Medical Center

Williamsburg

Pawlow Quinlan, Lara, MD
Tidewater Physicians Multispecialty Group, PC (TPMG)
5424 Discovery Park Blvd Suite 105
Williamsburg, VA 23188
(757) 345-5870

Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Roanoke

Cromer, Stephen F., DO
CARILION MEDICAL CENTER
2331 Franklin Rd SW
Roanoke, VA 24014
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rocky Mount

Cromer, Stephen F., DO
CARILION MEDICAL CENTER
390 S Main St Suite 103
Rocky Mount, VA 24151
(540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Salem

Farrow, James M., MD
Lewis-Gale Physicians, LLC
101 Knotbreek Road
Salem, VA 24153
(540) 444-4020

Hospital Affiliations:
Lewis-Gale Medical Center Montgomery Regional Hospital & Mt/G Lewis-Gale Montgomery

Surgical Critical Care

Roanoke

Collier, Bryan Richard, DO
Carilion Clinic Trauma Surgical Care
3 River Circle
Roanoke, VA 24016
(540) 224-5170

Optima Direct Network Providers January 2019
540

Optima Health
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<td>Garsky, Andrei, MD</td>
<td>Vein Clinics of America 4900 Seminary Road Suite 100, Alexandria, VA 22311 (703) 879-0562</td>
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<td>Charlottesville</td>
<td>Carter, B. Christian, MD</td>
<td>Albenarle Pediatric Ophthalmology &amp; Strabismus, PC 1101 E Jefferson St Ste 3, Charlottesville, VA 22901 (434) 295-5193</td>
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<td>Virginia Eye Clinic 2316 W Broad Street, Richmond, VA 23230 (804) 888-4999</td>
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### Hospital Affiliations:

- **VCU Health System/MCV**
- **Richmond Medical Center**

### Surgeon Oncology

- **VCU Health System/MCV**
- **Richmond Medical Center**

### Hospital Affiliations:

- **VCU Health System/MCV**
- **Richmond Medical Center**
Portsmouth

Appelstein, Joshua C, MD
Bon Secours Cardiovascular & Thoracic Specialists
3636 High St
Portsmouth, VA 23707
(757) 398-2222

Hospital Affiliations:
Bon Secours Maryview Medical Center
Lewis-Gale Medical Center

Johnson, Jeffery C, MD
Bon Secours Cardiovascular & Thoracic Specialists
3636 High St
Portsmouth, VA 23707
(757) 398-2222

Hospital Affiliations:
Bon Secours Maryview Medical Center
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center

Lanecy, Robert A, MD
Bon Secours Cardiovascular & Thoracic Specialists
3636 High St
Portsmouth, VA 23707
(757) 398-2222

Hospital Affiliations:
Bon Secours Maryview Medical Center

Richmond

Cassano, Anthony, MD
Bon Secours-VCU Thoracic Surgery Associates
5875 Bremo Road MOB South Suite 110
Richmond, VA 23226
(804) 287-7029
MCV Associated Physicians
(Thoracic Surgery)
1250 E Marshall Street
Richmond, VA 23298
(804) 828-4620

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
VCU Health System/MCV

Ferguson, Robert T, MD
Bon Secours-VCU Thoracic Surgery Associates
5875 Bremo Rd Ste 110
Richmond, VA 23226
(804) 287-7029
MCV Associated Physicians
(Thoracic Surgery)
417 N 11th Street
Richmond, VA 23298
(804) 828-2775

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
VCU Health System/MCV

Roanoke

Arnold, William, MD
Carilion Cardiothoracic Surgery
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Ste 201
Roanoke, VA 24014
(540) 344-5781

Baker, Joseph, MD
Carilion Cardiothoracic Surgery
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000
2001 Crystal Spring Avenue Ste 201
Roanoke, VA 24014
(540) 344-5781

Salem

Ruso, Louis, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 776-2020

Hospital Affiliations:
Lewis-Gale Medical Center

Woolley, Daniel S, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 776-2020

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Lewis-Gale Medical Center

Sentara Virginia Beach General Hospital

Woolley, Daniel S, MD
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 776-2020

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Lewis-Gale Medical Center

Sterling

Gursky, Andrei, MD
Vein Clinics of America
14 Pidgeon Hill Dr Ste 260
Sterling, VA 20165
(571) 313-3771

Hospital Affiliations:
Inova Alexandria Hospital

Vienna

Gursky, Andrei, MD
Vein Clinics of America
1500 Cornerside Blvd Ste 300
Vienna, VA 22182
(703) 356-1010

Hospital Affiliations:
Inova Alexandria Hospital

Williamsburg

Gazoni, Leo, MD
Cardiothoracic Surgical Associates
121 Bullfants Blvd Suite A
Williamsburg, VA 23188
(757) 707-3999
5388 Discovery Park Blvd Suite 120
Williamsburg, VA 23188
(804) 320-2751

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Lewis-Gale Medical Center
Specialists - Tier 1

Transplant Surgery

Richmond

Clower, R. Dean, MD
Centra Medical Group Urology
1615 Oakwood Street Suite D
Bedford, VA 24523
(540) 297-7181

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Cook, Robert D., MD
Centra Medical Group Urology
1615 Oakwood Street Suite D
Bedford, VA 24523
(540) 297-7181

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Garvin, Dennis D., MD
Chenault-Ostroff Urological Associates (Maryview Hospital)
4037 Taylor Rd Ste A
Chesapeake, VA 23321
(757) 483-1403

Hospital Affiliations:
Bon Secours Maryview Medical Center
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Gwyyn, Eric S., MD
Carilion Healthcare Corporation
120 Akers Farm Rd
Christiansburg, VA 24073
(540) 382-3440

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Urology

Abingdon

Bauer, Brad L, MD
MSMG UROLOGY MAR
16000 Johnston Memorial Dr Suite 309
Abingdon, VA 24211
(276) 258-3820

16000 Johnston Memorial Dr Suite 312D
Abingdon, VA 24211
(276) 783-5400

Hospital Affiliations:
Somers County Community Hospital

Sacknoff, Eric J, MD
MSMG UROLOGY MAR
16000 Johnston Memorial Dr Suite 309
Abingdon, VA 24211
(276) 258-3820

Hospital Affiliations:
Smyth County Community Hospital

Spiegel, Naum, MD
Urology Center of Southwest Virginia
390 Commerce Drive
Abingdon, VA 24211
(276) 623-0500

Hospital Affiliations:
Johnston Memorial Hospital

Chesapeake

Boyle, Jr., Daniel E., MD
Chenault-Ostroff Urological Associates (Maryview Hospital)
4037 Taylor Rd Ste A
Chesapeake, VA 23321
(757) 483-1403

Hospital Affiliations:
Bon Secours Maryview Medical Center

Christiansburg

Arnold, Fredrick S, MD
Carilion Healthcare Corporation
120 Akers Farm Rd
Christiansburg, VA 24073
(540) 382-3440

2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000

2901 Lamb Cir
Christiansburg, VA 24073
(540) 639-5888

Hospital Affiliations:
Carilion New River Valley Medical Center

Rento, Richard G., MD
Carilion Healthcare Corporation
120 Akers Farm Rd
Christiansburg, VA 24073
(540) 382-3440

2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000

2901 Lamb Cir
Christiansburg, VA 24073
(540) 639-5888

Hospital Affiliations:
Carilion New River Valley Medical Center

Reynolds, Christopher R., MD
Carilion Healthcare Corporation
120 Akers Farm Rd
Christiansburg, VA 24073
(540) 382-3440

2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000

2901 Lamb Cir
Christiansburg, VA 24073
(540) 639-5888

Hospital Affiliations:
Carilion New River Valley Medical Center

Tausch, Timothy J., MD
Carilion Healthcare Corporation
120 Akers Farm Rd
Christiansburg, VA 24073
(540) 382-3440
Specialists - Tier 1

Danville

- Han, Dongyeon, MD
  Southside Urology
  430 Clairmont Court Suite 104
  Colonial Heights, VA 23834
  (804) 520-5580
  Hospital Affiliations:
  Southside Regional Medical Center

- Andrews, Jr., Michael J., MD
  Dan River Access Center
  800 Memorial Drive Ste C
  Danville, VA 24541
  (434) 792-6826
  Southside Urology & Nephrology
  (Danville Urologic Clinic Inc)
  1040 Main Street
  Danville, VA 24541
  (434) 792-1433

- Carbone, Joseph M., MD
  Southside Urology & Nephrology
  (Danville Urologic Clinic Inc)
  1040 Main Street
  Danville, VA 24541
  (434) 792-1433

- Clower, R. Dean, MD
  Centra Medical Group Urology
  173 Executive Drive
  Danville, VA 24541
  (434) 792-1433

- Castle, William, MD
  Urology Specialists of Virginia, PC
  301 Marker Drive
  Emporia, VA 23847
  (804) 200-7066

Emporia

- Clower, R. Dean, MD
  Urology Specialists of Virginia, PC
  301 Marker Drive
  Emporia, VA 23847
  (804) 330-9105
  Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Mary's Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus

- Kahn, Barbara E., MD
  The Virginia Urology Center
  301 Market Drive
  Emporia, VA 23847
  (804) 330-9105
  Hospital Affiliations:
  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Mary's Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus

- Mounzer, Assaad M., MD
  Centra Medical Group Urology
  800 Oak Street
  Farmville, VA 23901
  (434) 315-2913
  Hospital Affiliations:
  Centra Tazewell Community Hospital
  Centra Lynchburg General Hospital
  Lewis-Gale Medical Center
  Wythe County Community Hospital

- Powell, William, MD
  Centra Medical Group Urology
  800 Oak Street
  Farmville, VA 23901
  (434) 315-2913
  Hospital Affiliations:
  Centra Southside Community Hospital

- Robertson, James, MD
  Centra Medical Group Urology
  800 Oak Street
  Farmville, VA 23901
  (434) 315-2913
  Hospital Affiliations:
  Centra Lynchburg General Hospital

Virgilina

- Stisser, Brian C., MD
  Blue Ridge Urological, PC
  70 Medical Ctr Cir Ste 208
  Fishersville, VA 22939
  (540) 332-5926
  Hospital Affiliations:
  Augusta Medical Center

- Gillock, C. Buckley, MD
  Blue Ridge Urological, PC
  70 Medical Ctr Cir Ste 208
  Fishersville, VA 22939
  (540) 332-5926
  Hospital Affiliations:
  Augusta Medical Center

- Graham, Jr., Sam D., MD
  Blue Ridge Urological, PC
  70 Medical Ctr Cir Ste 208
  Fishersville, VA 22939
  (540) 332-5926
  Hospital Affiliations:
  Augusta Medical Center

- Jones, III, William R., MD
  Blue Ridge Urological, PC
  70 Medical Ctr Cir Ste 208
  Fishersville, VA 22939
  (540) 332-5926
  Hospital Affiliations:
  Augusta Medical Center

- Stisser, Brian C., MD
  Blue Ridge Urological, PC
  70 Medical Ctr Cir Ste 208
  Fishersville, VA 22939
  (540) 332-5926
  Hospital Affiliations:
  Augusta Medical Center
Fredericksburg
Beamon III, Charles, MD
Urology Associates of Fredericksburg PC
1051 Care Way
Fredericksburg, VA 22401
(540) 374-3131
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Becker, Elmore J., MD
Urology Associates of Fredericksburg PC
1051 Care Way
Fredericksburg, VA 22401
(540) 374-3131
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Carey, Peter, MD
Urology Associates of Fredericksburg PC
1051 Care Way
Fredericksburg, VA 22401
(540) 374-3131
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Dumont, Matthew, MD
Urology Associates of Fredericksburg PC
1051 Care Way
Fredericksburg, VA 22401
(540) 374-3131
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
Fiorica, Vincent, MD
Valley Health Warren Memorial Hospital Multispecialty Clinic
1077 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center
Levinson, Mark E., MD
Valley Health Warren Memorial Hospital Multispecialty Clinic
1077 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center
Oliver, Thomas W., MD
Valley Health Warren Memorial Hospital Multispecialty Clinic
1077 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Warnen, John, MD
Valley Health Warren Memorial Hospital Multispecialty Clinic
1077 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Zaki, Kareem A., MD
Twin County Urology
104 Cranberry Road Suite 200B
Galax, VA 24333
(276) 236-5187
Hospital Affiliations:
Twin County Regional Hospital

Hampton
Brugh, Victor M., MD
Urology of Virginia PLLC
4000 Coliseum Dr Suite 300
Hampton, VA 23666
Hospital Affiliations:
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
DeLong, Jessica, MD
Urology of Virginia PLLC
4000 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 457-5100
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Eure, Gregg R., MD
Urology of Virginia PLLC
4000 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 457-5100
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Kelly, Douglas, MD
Urology of Virginia PLLC
4000 Coliseum Dr Suite 300
Hampton, VA 23666
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children’s Hospital of the King’s Daughters
Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Southampton Memorial Hospital
Lambert, Jack, MD
Urology of Virginia PLLC
4000 Coliseum Dr Suite 300
Hampton, VA 23666
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Robey, Edwin L., MD
Urology of Virginia PLLC
4000 Coliseum Dr Suite 300
Hampton, VA 23666
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Specialists - Tier 1

Harrisonburg

Berger, Barry M., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
Harrisonburg, VA 22801
(540) 689-5900
Hospital Affiliations:
Sentara RMH Medical Center

Morra, Marcus N., MD
Sentara RMH Medical Group, LLC
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(540) 689-5900
Hospital Affiliations:
Sentara RMH Medical Center

Sease, W. Craig, MD
Sentara RMH Medical Group, LLC
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(540) 689-5900
Hospital Affiliations:
Sentara RMH Medical Center

York, Jeffrey P., MD
Sentara RMH Medical Group, LLC
2006 Health Campus Drive 2nd Floor
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Hospital Affiliations:
Sentara RMH Medical Center

Kilmarnock

Castle, William, MD
Urology Specialists of Virginia, PC
95 Harris Road Building 6
Kilmarnock, VA 22482

Harris, David L., MD
David L. Harris, M.D., Ltd.
Rappahannock Med Ctr Bldg Ste 3
Kilmarnock, VA 22482
(804) 435-1661
Hospital Affiliations:
Rappahannock General Hospital

Lou, Jeffrey Cheng Koon, MD
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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus

Park, Eugene L., MD
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Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center

Leesburg

O’Brien, Walter, MD
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19415 Deerdield Ave Ste 112
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(703) 724-1195

O’Connor, Kevin, MD
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Leesburg, VA 20176
(703) 724-1195

Pruna, Chuck, MD
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Leesburg, VA 20176
(703) 724-1195

Roberts, Nathan, MD
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Leesburg, VA 20176
(703) 724-1195

Starks, Christopher L., MD
The Urology Group
19415 Deerdield Ave Ste 112
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(703) 724-1195

Williams, Michael Brandon, MD
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4000 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 457-5100
Hospital Affiliations:
Bon Secours Maryview Medical Center

Young, James D., MD
Urology of Virginia PLLC
4000 Coliseum Dr Ste 300
Hampton, VA 23666

Low Moor

Mouchizadeh, Joseph, MD
Greenbrier Valley Urology Associates, Inc
200 ARH
Low Moor, VA 24457

Lynchburg

Clower, R. Dean, MD
Centra Medical Group Urology
1330 Oak Lane Ste 203
Lynchburg, VA 24503
2401 Atherfold Road
Lynchburg, VA 24501
(434) 947-5297
2542 Langhorn Rd
Lynchburg, VA 24503
(434) 947-5297
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 947-5297

Hospital Affiliations:
Centra Medical Group Urology
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Cook, Robert D., MD
Centra Medical Group Urology
1330 Oak Lane
Lynchburg, VA 24503
(434) 200-6620

Hospital Affiliations:
Sentara RMH Medical Center

Leeds, VA 20176
(703) 443-6733
Hospital Affiliations:
Reston Hospital Center

Tran, Christine, MD
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19415 Deerdield Ave Ste 112
Leesburg, VA 20176
(703) 724-1195
Young, Jennifer, MD
The Urology Group
19415 Deerdield Ave Ste 112
Leesburg, VA 20176
(703) 724-1195
Hospital Affiliations:
Reston Hospital Center

Lexington

Jones, III, William R., MD
Blue Ridge Urologicals, PC
130 Walker St Ste A
Lexington, VA 24450
(540) 464-5909
Hospital Affiliations:
Lewis-Gale Medical Center

Optima Direct Network Providers January 2019

OptimaHealth
<table>
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<tr>
<th>Town</th>
<th>Providers</th>
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| **Moneta**                    | Ani, Ifanyichukwu J., MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
860 Omni Blvd Ste 107  
Newport News, VA 23606  
(757) 873-2562  
955 Harpersville Rd  
Newport News, VA 23601  
(757) 873-2562  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center |
| **Norfolk**                   | Darby, Eric C., MD  
Tidewater Physicians  
Multispecialty Group, PC (TPMG)  
860 Omni Blvd Ste 107  
Newport News, VA 23606  
(757) 873-2562  
955 Harpersville Rd  
Newport News, VA 23601  
(757) 873-2562  
Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  
Sentara Williamsburg Regional Medical Center  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital |
| **Petersburg**                | Han, Dongyoon, MD  
Southside Urology  
200 Medical Park Blvd  
Petersburg, VA 23805  
Hospital Affiliations:  
Southside Regional Medical Center |
| **Portsmouth**                | Ojo-Carons, Akinwunmi, MD  
Urology of Virginia PLLC  
3640 High Street Suite 3B  
Portsmouth, VA 23707  
(757) 452-3400  
Hospital Affiliations:  
Sentara CarePlex Hospital  
Sentara Norfolk General Hospital  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital |
| **Prince George**             | Glazier, David B., MD  
The Virginia Urology Center  
2025 Waterside Road Suite 105  
Prince George, VA 23875  
(804) 330-9105  
Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Bon Secours Maryview Medical Center  
John Randolph Medical Center  
Sentara Urology Center  
Southside Regional Medical Center |
| **Pulaski**                   | Bakane, Ramesh, MD  
Pulaski Urology LLC  
2460 Lee Highway Suite 5  
Pulaski, VA 24301  
(540) 980-3914 |

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Information provided by Optima Direct Network Providers January 2019.
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<thead>
<tr>
<th>City</th>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Reston</td>
<td>Lailas, Nicholas G., MD</td>
<td>The Urology Group 1860 Town Center Drive Suite 150 Reston, VA 20190 (703) 480-0220</td>
<td></td>
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<td></td>
<td>Roberts, Nathan, MD</td>
<td>The Urology Group 1860 Town Center Drive Suite 150 Reston, VA 20190 (703) 480-0220</td>
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<td>Tran, Christine, MD</td>
<td>The Urology Group 1860 Town Center Drive Suite 150 Reston, VA 20190 (703) 480-0220</td>
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<tr>
<td>Richmond</td>
<td>Bender, Lawrence W., DO</td>
<td>Clinic Valley Urology 5719 Gov Ge Peery Hwy STE 1800 Richmond, VA 24641 (267) 596-6659</td>
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<tr>
<td></td>
<td>Auturino, Riccardo, MD</td>
<td>MCV Associated Physicians (Urology) 1300 E Marshall Street Richmond, VA 23298 (804) 828-9325</td>
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<td></td>
<td>Barnes, C Ryan, MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Colhoun, Andrew Farish, MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Cote, Eric P., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Bekinsky, Gary B., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Bradford, Timothy J., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Brown, Robert D., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Deliso, John P., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Groh, Mayer B., MD</td>
<td>MCV Associated Physicians (Urology) PO Box 91734 Richmond, VA 23298 (804) 358-6180</td>
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<td>Kramolowsky, Eugene V., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Guruli, Georgi, MD</td>
<td>MCV Associated Physicians (Urology) 401 N 11th St Richmond, VA 23229 (804) 828-8146</td>
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<tr>
<td></td>
<td>Hampton, Lance, MD</td>
<td>MCV Associated Physicians (Urology) 1250 E Marshall Street Richmond, VA 23298 (804) 828-7738</td>
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<td></td>
<td>Jung, Charlie, MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Kahn, Barbara E., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Glazier, David B., MD</td>
<td>The Virginia Urology Center 9101 Stony Point Drive Richmond, VA 23235 (804) 330-9105</td>
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<td>Hosp. Affiliations:</td>
<td>Bon Secours Memorial Regional Medical Center Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus Henrico Doctors' Hospital - Retreat Campus Riverside Shore Memorial Hospital</td>
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<tr>
<td>Merchant, III, Wilson D., MD</td>
<td>MCV Associated Physicians (Urology)</td>
<td>(804) 282-5320</td>
<td>1250 E Marshall Street, Richmond, VA 23298</td>
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<tr>
<td>Lou, Jeffrey Cheng Koon, MD</td>
<td>Urology Specialists of Virginia, PC</td>
<td>(804) 200-7006</td>
<td>8720 Stony Point Parkway Suite 120, Richmond, VA 23235</td>
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<tr>
<td>Miller, David A., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<td>Monahan, Mark B., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<tr>
<td>Moore, Blake W., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<td>Morgan, William R., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<tr>
<td>Murphy, David P., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<tr>
<td>Rollins, Kent L., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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<tr>
<td>Roseman, II, John Tyler, MD</td>
<td>MCV Associated Physicians (Urology)</td>
<td>(804) 282-8146</td>
<td>401 N 11th Street, Richmond, VA 23298</td>
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<tr>
<td>Seabury, Charles A., MD</td>
<td>The Virginia Urology Center</td>
<td>(804) 330-9105</td>
<td>9101 Stony Point Drive, Richmond, VA 23235</td>
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</tr>
</tbody>
</table>

Hospital Affiliations:

- Henrico Doctors' Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital

Johnston-Willis Hospital

- Chippenham Medical Center

- Bon Secours St. Mary's Hospital

- Henrico Doctors' Hospital - Forest Campus

- Henrico Doctors' Hospital - Retreat Campus

- St. Mary's Hospital

- The Virginia Urology Center
### Specialists - Tier 1

**Roanoke**

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address Details</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whinant, R. Andrew, MD</td>
<td>Urology Associates, Ltd 102 Highland Avenue SE Ste 105 Roanoke, VA 24013</td>
<td>(540) 343-8066</td>
<td><strong>Hospital Affiliations:</strong></td>
</tr>
<tr>
<td>Tausch, Timothy J., MD</td>
<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
<td>(540) 772-3830</td>
<td></td>
</tr>
</tbody>
</table>

**Salem**

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Address Details</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Al-Juburi, Amer, MD</td>
<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
<td>(540) 772-3702</td>
<td><strong>Hospital Affiliations:</strong></td>
</tr>
<tr>
<td>Jones, III, William R., MD</td>
<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
<td>(540) 772-3702</td>
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</tr>
<tr>
<td>Masterson, James, MD</td>
<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
<td>(540) 772-3702</td>
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<td>Lewis-Gale Physicians, LLC 1802 Braeburn Drive Salem, VA 24153</td>
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<td>Huggart, Christi L., DO</td>
<td>Urology of Virginia PLLC 2202 Beechmont Rd Suite A South Boston, VA 24592</td>
<td>(434) 333-7760</td>
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**South Boston**

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<td>Southside Urology &amp; Nephrology (Danville Urologic Clinic Inc) 2045 Hamilton Blvd South Boston, VA 24592</td>
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<td>Ferguson, W. Joseph, MD</td>
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**Stafford**

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<td>Carey, Peter, MD</td>
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<td>Urology Associates of Fredericksburg PC 422 Garrisonville Road Stafford, VA 22554</td>
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<td>Hoffman, Daniel M., MD</td>
<td>Urology Associates of Fredericksburg PC 422 Garrisonville Road Stafford, VA 22554</td>
<td>(540) 288-8342</td>
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<tr>
<td>Sell, Scott M., MD</td>
<td>Urology Associates of Fredericksburg PC 422 Garrisonville Road Stafford, VA 22554</td>
<td>(540) 288-8342</td>
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<td>Szyk, Gregory, MD</td>
<td>Urology Associates of Fredericksburg PC 422 Garrisonville Road Stafford, VA 22554</td>
<td>(540) 288-8342</td>
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**Optima Direct Network Providers January 2019**

551
Suffolk

Given, Robert W., MD
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Children's Hospital of the King's Daughters

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Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Optima Direct Network Providers January 2019
552
Tonkin, Jeremy B., MD  
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Sentara Princess Anne Hospital  
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Walker, Miley W., MD  
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Bon Secours St. Mary's Hospital  
Chippenham Medical Center  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus

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Henrico Doctors' Hospital - Retreat Campus  
Riverside Shore Memorial Hospital

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Centra Lynchburg General Hospital  
Lewis-Gale Medical Center  
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(757) 481-3556  
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Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
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Bon Secours DePaul Medical Center Inc  
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Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Bayside Hospital  
Sentara Leigh Hospital  
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Sentara Virginia Beach General Hospital  
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Specialists - Tier 1

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Winchester Medical Center

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1712 Amherst Street
Winchester, VA 22601
(540) 667-1712

Hospital Affiliations:
Winchester Medical Center

Fiorica, Vincent, MD
Urology Clinic of WMC
1712 Amherst Street
Winchester, VA 22601
(540) 667-1712

Hospital Affiliations:
Winchester Medical Center

Grossgold, Erik, MD
Urology Clinic of WMC
1712 Amherst Street
Winchester, VA 22601
(540) 667-1712

Hospital Affiliations:
Winchester Medical Center

Hoffman, Michael, MD
Urology Clinic of WMC
1712 Amherst Street
Winchester, VA 22601
(540) 667-1712

Hospital Affiliations:
Winchester Medical Center

Klein, John B., MD
Potomac Urology Center PC
2296 Opitz Blvd Suite 350
Woodbridge, VA 22191
(703) 680-2111

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Woodstock

Hoffman, Michael, MD
Valley Health Shenandoah Memorial Hospital Urology
759 South Main Street
Woodstock, VA 22664
(540) 459-1294

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Levinson, Mark E., MD
Shenandoah Urology
759 S Main Street
Woodstock, VA 22664
(540) 459-1294

Hospital Affiliations:
Winchester Medical Center

Oliver, Thomas W., MD
Valley Health Shenandoah Memorial Hospital Urology
759 South Main Street
Woodstock, VA 22664
(540) 459-1294

Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Warner, John, MD
Valley Health Shenandoah Memorial Hospital Urology
759 South Main Street
Woodstock, VA 22664
(540) 459-1294

Hospital Affiliations:
Shenandoah Memorial Hospital
Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center

Woodbridge

Desai, Pratik S., MD
Potomac Urology Center PC
2296 Opitz Blvd Suite 350
Woodbridge, VA 22191
(703) 680-2111

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Klein, John B., MD
Potomac Urology Center PC
2296 Opitz Blvd Suite 350
Woodbridge, VA 22191
(703) 680-2111

Hospital Affiliations:
Sentara Northern Virginia Medical Center
| Wytheville |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Mounzer, Assaad M., MD |
| Wythe County Physician Practices, LLC |
| 1155 N 4th St Ste 502 |
| Wytheville, VA 24382 |
| (703) 228-5069 |
| Hospital Affiliations: |
| Carilion Tazewell Community Hospital |
| Central Lynchburg General Hospital |
| Lewis-Gale Medical Center Wythe County Hospital |

| Alexandria |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Cooper, James, MD |
| Association of Alexandria Radiologists, P.C. |
| 4660 Kenmore Ave Suite 525 |
| Alexandria, VA 22304 |
| (703) 751-5055 |
| Hospital Affiliations: |
| Sentara Northern Virginia Medical Center |

| Culpeper |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Jagait, Harvinder, MD |
| Virginia Radiology Associates, PC |
| 501 Sunset Lane |
| Culpeper, VA 22701 |
| (540) 829-4145 |
| Hospital Affiliations: |
| Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc UVA Culpeper Hospital Winchester Medical Center |

| Gainesville |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Jagait, Harvinder, MD |
| Virginia Radiology Associates, PC |
| 7901 Lake Manassas Drive |
| Gainesville, VA 20155 |
| (703) 753-4045 |
| Hospital Affiliations: |
| Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc UVA Culpeper Hospital Winchester Medical Center |

| Haymarket |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Jagait, Harvinder, MD |
| Virginia Radiology Associates, PC |
| 15225 Heathcote Blvd |
| Haymarket, VA 20169 |
| (571) 261-3300 |
| Hospital Affiliations: |
| Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc UVA Culpeper Hospital Winchester Medical Center |

| Manassas |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Jagait, Harvinder, MD |
| Virginia Radiology Associates, PC |
| 8401 Dorsey Circle Suite 101 |
| Manassas, VA 20110 |
| (703) 396-7669 |
| 8700 Sudley Road |
| Manassas, VA 20110 |
| (703) 369-8341 |
| Hospital Affiliations: |
| Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc UVA Culpeper Hospital Winchester Medical Center |

| Roanoke |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Guyer, Adam G., MD |
| Gastroenterology Consultants of Southwest Virginia |
| 202 Duke of Gloucester Street |
| Roanoke, VA 24014 |
| (540) 510-3324 |
| Hospital Affiliations: |
| Lewis-Gale Medical Center |

| Warrenton |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Jagait, Harvinder, MD |
| Virginia Radiology Associates, PC |
| 500 Hospital Drive |
| Warrenton, VA 20186 |
| (540) 316-4500 |
| Hospital Affiliations: |
| Page Memorial Hospital Inc Shenandoah Memorial Hospital Inc UVA Culpeper Hospital Winchester Medical Center |

| Woodbridge |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Cooper, James, MD |
| Association of Alexandria Radiologists, P.C. |
| 4001 Prince William Pkwy Ste 302 |
| Woodbridge, VA 22193 |
| (703) 494-3309 |
| 4001 Prince William Pkwy Suite 104 |
| Woodbridge, VA 22193 |
| (703) 494-3309 |
| Hospital Affiliations: |
| Sentara Northern Virginia Medical Center |

| Abingdon |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Ferrante, Giovanni A, MD |
| Blue Ridge Medical Management Corporation (General Surgery) |
| 16000 Johnston Memorial Dr Ste 101A |
| Abingdon, VA 24211 |
| (276) 258-1777 |
| Hospital Affiliations: |
| Johnston Memorial Hospital |

| Blacksburg |
|-------------------|-------------------|-------------------|-------------------|-------------------|
| Raju, Ashish, MD |
| Carilion Vascular Care 901 Plantation Road |
| Blacksburg, VA 24060 |
| (540) 731-7600 |
| Hospital Affiliations: |
| Carilion Giles Community Hospital |
| Tung, William S., MD |
| Lewis-Gale Physicians, LLC 2600 Research Drive |
| Blacksburg, VA 24060 |
| (540) 776-2010 |
| Hospital Affiliations: |
| Lewis-Gale Medical Center |
Specialists - Tier 1

Chesapeake
DeMasi, Richard J., MD
Sentara Vascular Specialists (SMG) 213 River Walk Parkway Ste 101B Chesapeake, VA 23320 (757) 436-1005
Hospital Affiliations:
Bon Secours DePaul Medical Center Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Moy, Peter, MD
Sentara Vascular Specialists (SMG) 300 Medical Pkwy Ste 110 Chesapeake, VA 23320 (757) 436-1005
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Christiansburg
Epstein, William H., MD
Carilion Vascular Surgery
2900 Lamb Circle
Christiansburg, VA 24073
(540) 731-7000
Hospital Affiliations:
Carilion New River Valley Medical Center
Raju, Ashish, MD
Carilion Vascular Care
2900 Lamb Cir
Christiansburg, VA 24073
(540) 731-2000
2900 Lamb Circle Ste 301
Christiansburg, VA 24073
(540) 731-7600
2901 Lamb Cir
Christiansburg, VA 24073
(540) 639-5888
Hospital Affiliations:
Carilion Giles Community Hospital

Colonial Heights
Ross, Raymond Thomas, MD
Tri-City Surgical Associates
930 South Avenue Suite 4A
Colonial Heights, VA 23834
(804) 524-2294
Hospital Affiliations:
Southside Regional Medical Center

Fishersville
Arbid, Elias Joseph, MD
Augusta Health Thoracic Surgery
70 Medical Center Circle Suite 307
Fishersville, VA 22939
(540) 245-7380
Hospital Affiliations:
Augusta Medical Center
Bon Secours Mary Immaculate Hospital
Sentara Obici Hospital

Hampton
Colonna II, John O., MD
Sentara Vascular Specialists (SMG)
3000 Coliseum Dr Ste 200
Hampton, VA 23666 (757) 736-7250
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Queen Anne Hospital
Sentara Virginia Beach General Hospital

Fredericksburg
Koenig, Frank, MD
Radiologic Associates Of Fredericksburg, (Pinnacle)
1201 B Sam Perry Blvd Ste 265
Fredericksburg, VA 22401
(540) 654-9118
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Gensler, Todd W., MD
Sentara Vascular Specialists (SMG) 3000 Coliseum Dr Ste 200 Hampton, VA 23666 (757) 736-7250
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Mary Immaculate Hospital
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Gretna
Akinrinola, Ayonrinde, MD
Valley Health Vascular Surgeons
1077 N Shenandoah Ave Suite B
Front Royal, VA 22630
(540) 636-0627
Hospital Affiliations:
Winchester Medical Center

Harrisonburg
Balint, Tara D., MD
Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5800
Hospital Affiliations:
Sentara RMH Medical Group, LLC 2006 Health Campus Drive 2nd Floor Harrisonburg, VA 22801 (540) 689-5800

Optima Direct Network Providers January 2019
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OptimaHealth
Moore, Jason R., MD  
Sentara RMH Medical Group, LLC  
2006 Health Campus Drive 2nd Floor  
Harrisonburg, VA 22801  
(540) 689-5800  
Hospital Affiliations:  
Sentara RMH Medical Center  

Cassada, David, MD  
Centra Medical Group, LLC  
125 Nationwide Dr  
Lynchburg, VA 24502  
(434) 200-2500  

1901 Tate Springs Road  
Lynchburg, VA 24501  
(434) 200-3901  
1906 Thomson Drive  
Lynchburg, VA 24501  
(434) 200-3901  
1911 Thomson Drive  
Lynchburg, VA 24501  
(434) 200-3901  
2401 Atherholt Road  
Lynchburg, VA 24501  
(434) 947-7700  
3300 Rivermont Ave  
Lynchburg, VA 24503  
(434) 200-3901  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Clinch Valley Medical Center  

Mechanicsville  

Bosher, Linwood Paul, MD  
Vascular Surgery Associates of Richmond, PC  
8237 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 559-7634  

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
St. Mary’s Hospital  

Newton, George B., MD  
Surgical Specialists of Richmond  
7575 Cold Harbor Road Ste E  
Mechanicsville, VA 23111  
(804) 730-3156  
8262 Atlee Road MOB III Ste 205  
Mechanicsville, VA 23116  
(804) 559-0194  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  

Tierney, William A., MD  
Vascular Surgery Associates of Richmond, PC  
8237 Meadowbridge Road  
Mechanicsville, VA 23116  
(804) 559-7634  

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Marys Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Retreat Campus  
St. Mary’s Hospital  
VCU Health System/MCV  

Midlothian  

Schunn, Christian, MD  
Surgical Associates of Richmond, Inc.  
13460 Tredagar Lake Pkwy  
Midlothian, VA 23114  
(804) 379-0029  

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  

Mount Jackson  

Balint, Tara D., MD  
Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185  

Montgomery, Gregory F., MD  
Sentara RMH Medical Group, LLC  
120 Medical Drive  
Mount Jackson, VA 22842  
(540) 477-3185  

Hospital Affiliations:  
Augusta Medical Center  
Sentara RMH Medical Center  

Lynchburg  

Campbell, Russell W., MD  
Centra Medical Group (Centra Health, Inc.)  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-2500  
1906 Thomson Drive  
Lynchburg, VA 24501  
(434) 947-3901  
1911 Thomson Drive  
Lynchburg, VA 24501  
(434) 947-3901  
2401 Atherholt Road  
Lynchburg, VA 24501  
(434) 947-7700  
3300 Rivermont Ave  
Lynchburg, VA 24503  
(434) 200-3901  

Hospital Affiliations:  
Centra Lynchburg General Hospital  

Luray  

Balint, Tara D., MD  
Sentara RMH Medical Group, LLC  
134 General Drive  
Luray, VA 22835  
(540) 743-9087  

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Clinch Valley Medical Center  

Riverside Shore Memorial Hospital  
Sentara CarePlex Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Virginia Beach General Hospital  

Hancock, Susan, MD  
Hancock Vein & Surgical Center, PC  
603 Pilot House Dr Suite 240  
Newport News, VA 23606  
(757) 873-0138  

Hospital Affiliations:  
Bon Secours Mary Immaculate Hospital  

Norfolk  

Ahanchi, Sadafat S., MD  
Sentara Vascular Specialists (SMG)  
600 Gresham Drive Ste 8620A  
Norfolk, VA 23507  
(757) 622-2649  

Hospital Affiliations:  
Bon Secours DePaul Medical Center  
Bon Secours Mary Immaculate Hospital  
Sentara CarePlex Hospital  
Sentara Williamsburg Regional Medical Center  

558
<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams, Joshua D., MD</td>
<td>General Vascular and Transplant Consultants of V ALCC</td>
</tr>
<tr>
<td>Zimmerman, Barklie W., MD</td>
<td>MCV Associated Physicians (Vascular Surgery) 1250 E Marshall Street Richmond, VA 23298 (804) 828-3211</td>
</tr>
<tr>
<td>Warner, Marc T, MD</td>
<td>Vascular Associates of Richmond, PC &amp; South Richmond, VA 23226 (804) 288-1953</td>
</tr>
<tr>
<td>Conlee, Thomas Dodd, MD</td>
<td>CARLTON MEDICAL CENTER 101 Elm Ave Roanoke, VA 24013 (540) 224-4325</td>
</tr>
<tr>
<td>Conlee, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
</tr>
<tr>
<td>Callis, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
</tr>
<tr>
<td>Drougas, James George, MD</td>
<td>CARLTON MEDICAL CENTER 101 Elm Ave Roanoke, VA 24013 (540) 224-4325</td>
</tr>
<tr>
<td>Epstein, William H., MD</td>
<td>Carilion Faculty Phys Specialist 127 McClanahan Street Suite 200 Roanoke, VA 24014 (540) 266-6438</td>
</tr>
<tr>
<td>Hill, Stephen L., MD</td>
<td>MEDIAC 2602 Franklin Road Roanoke, VA 24014 (540) 344-1400</td>
</tr>
<tr>
<td>Tung, William S., MD</td>
<td>Lewis-Gale Physicians, LLC 1802 Braburn Drive Salem, VA 24153 (540) 776-2010</td>
</tr>
<tr>
<td>Callis, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
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<td>Callis, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
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<td>Hill, Stephen L., MD</td>
<td>MEDIAC 2602 Franklin Road Roanoke, VA 24014 (540) 344-1400</td>
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<td>Lewis-Gale Physicians, LLC 1802 Braburn Drive Salem, VA 24153 (540) 776-2010</td>
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<td>Callis, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
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<tr>
<td>Hill, Stephen L., MD</td>
<td>MEDIAC 2602 Franklin Road Roanoke, VA 24014 (540) 344-1400</td>
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<td>Lewis-Gale Physicians, LLC 1802 Braburn Drive Salem, VA 24153 (540) 776-2010</td>
</tr>
<tr>
<td>Callis, James Timmons, MD</td>
<td>Jefferson Surgical Clinic Inc 1234 Franklin Rd SW Roanoke, VA 24016 (540) 345-1561</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

Dexter II, David, MD
Vascular Access Services, PLLC
3300 South Bldg Ste 100 397 Little Neck Rd
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Moy, Peter, MD
Sentara Virginia Beach General Hospital
3300 South Bldg Ste 100 397 Little Neck Rd
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Parent, Fernand Noel, MD
Sentara Virginia Beach General Hospital
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital

Raju, Ashish, MD
Carilion Vascular Care
1150 Holton Rd
Wytheville, VA 24382
(540) 731-7600

Hospital Affiliations:
Carilion Giles Community Hospital

Landis, Michael E., MD
Vascular Access Services, PLLC
3300 South Building 397 Little Neck Rd
Virginia Beach, VA 23452
(610) 525-5120

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Malgor, Emily, MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Sentara Princess Anne Hospital

McEnroe, C. Scott, MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital

Shah, Rasesh M., MD
Sentara Vascular Specialists (SMG)
3300 South Bldg Ste 100 397 Little Neck Rd
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Stokes, Gordon K., MD
Sentara Vascular Specialists (SMG)
397 Little Neck Rd Ste 120
Virginia Beach, VA 23452
(757) 470-5570

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara CarePlex Hospital

Williamsburg

Landis, Michael E., MD
Sentara Vascular Specialists (SMG)
400 Sentara Circle Ste 350
Williamsburg, VA 23188
(757) 345-4460

Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Moy, Peter, MD
Sentara Vascular Specialists (SMG)
400 Sentara Circle Ste 350
Williamsburg, VA 23188
(757) 345-4460

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Winchester

Akinrinola, Ayonrinde, MD
Valley Health Vascular Surgeons
1870 Amherst St Suite 2B
Winchester, VA 22601
(540) 536-6721

Hospital Affiliations:
Winchester Medical Center

Borkon, Matthew, MD
Valley Health Vascular Surgeons
1870 Amherst St Suite 2B
Winchester, VA 22601
(540) 536-6721

Hospital Affiliations:
Winchester Medical Center

Kim, Hannah, DO
Valley Health Vascular Surgeons
1870 Amherst St Suite 2B
Winchester, VA 22601
(540) 536-6721

Hospital Affiliations:
Winchester Medical Center

Raju, Ashish, MD
Carilion Vascular Care
1150 Holton Rd
Wytheville, VA 24382
(540) 731-7600

Hospital Affiliations:
Carilion Giles Community Hospital

Wytheville

Crossland, Stephen, MD
Wound Healing Center
2621 Grove Avenue
Richmond, VA 23220
(804) 254-9784

Richmond

Optima Direct Network Providers January 2019
561

OptimaHealth
Specialist Physicians- Tier 2

Specialist Physicians
Tier 2
<table>
<thead>
<tr>
<th>Allergy &amp; Immunology</th>
<th>Cardiovascular Disease</th>
</tr>
</thead>
</table>
| **VA Charlottesville** | **Abuannadi, Mohammad, MD**
| **Borish, Larry, MD** | University of Virginia Physicians Group |
| UVA Hospital West Clinical Departments Wing | Hospital Drive Clinical Departments Wing 5th Floor |
| Hospital Dr 5th Fl (Allergy & Imm) Charlottesville, VA 22908 | Charlottesville, VA 22908 |
| (434) 924-2227 | (434) 982-4247 |
| **Hospital Affiliations:** | Lee Street 2nd Floor |
| University of Virginia Medical Center | Charlottesville, VA 22908 |
| **McGowan, Emily C., MD** | (434) 982-4247 |
| University of Virginia Physicians Group | **Hospital Affiliations:** |
| 2955 Ivy Road Suite 311 | University of Virginia Medical Center |
| Charlottesville, VA 22903 | **Akojah, Kwame Osel, MD** |
| (434) 924-2227 | University of Virginia Physicians Group |
| **Hospital Affiliations:** | 1215 Lee Street 2nd Floor |
| University of Virginia Medical Center | Charlottesville, VA 22908 |
| **Gangemi, James J., MD** | (434) 243-0736 |
| University of Virginia Physicians Group | **Hospital Affiliations:** |
| 2955 Ivy Road | University of Virginia Medical Center |
| Charlottesville, VA 22908 | **Audiology** |
| (434) 243-6828 | **Cheung, Kar-Leung, AUD** |
| **Hospital Affiliations:** | UVA Health Services Foundation |
| University of Virginia Medical Center | 916 E High St Charlottesville, VA 22902 |
| **Lawrence, Monica G, MD** | (434) 243-4680 |
| University of Virginia Physicians Group | **Hospital Affiliations:** |
| 2955 Ivy Road Suite 311 | University of Virginia Medical Center |
| Charlottesville, VA 22903 | **Ailawadi, Gorav, MD** |
| (434) 924-2227 | The Cancer Center (UVA) |
| **Hospital Affiliations:** | Lee St 2nd Fl UVA Hospital |
| University of Virginia Medical Center | Charlottesville, VA 22908 |
| **Smith, Anna R., MD** | (434) 243-2145 |
| University of Virginia Physicians Group | **Hospital Affiliations:** |
| 2955 Ivy Road Suite 311 | Augusta Medical Center |
| Charlottesville, VA 22903 | University of Virginia Medical Center |
| (434) 924-2227 | **Kozower, Benjamin D, MD** |
| **Hospital Affiliations:** | The Cancer Center (UVA) |
| University of Virginia Medical Center | Hospital Dr 4th Fl UVA Hospital |
| **McGowan, Emily C., MD** | West (Cancer Center) |
| University of Virginia Physicians Group | Charlottesville, VA 22908 |
| 2955 Ivy Road Suite 311 | (434) 924-2249 |
| Charlottesville, VA 22903 | **Hospital Affiliations:** |
| (434) 924-2227 | Augusta Medical Center |
| **Hospital Affiliations:** | University of Virginia Medical Center |
| University of Virginia Medical Center | **Salerno, Michael, MD** |
| **Winters, John A., MD** | University of Virginia Physicians Group |
| University of Virginia Physicians Group | 1221 Lee Street 2nd Fl |
| 2955 Ivy Road | Charlottesville, VA 22908 |
| (434) 243-2100 | (434) 243-1000 |
| 2955 Ivy Rd | **Hospital Affiliations:** |
| Charlottesville, VA 22903 | University of Virginia Medical Center |
| (434) 243-1000 | **Audiology** |
| **Kern, John A., MD** | **Anubha, MD** |
| University of Virginia Physicians Group | University of Virginia Physicians Group |
| 2955 Ivy Road | 1221 Lee Street 2nd Fl |
| Charlottesville, VA 22908 | Charlottesville, VA 22908 |
| (434) 243-6828 | (434) 924-2249 |
| **Hospital Affiliations:** | **Hospital Affiliations:** |
| University of Virginia Medical Center | University of Virginia Medical Center |
| **Cardiothoracic Surgery** | **Audiology** |
| **Ailawadi, Gorav, MD** | **Cheung, Kar-Leung, AUD** |
| The Cancer Center (UVA) | UVA Health Services Foundation |
| Hospital Dr. West 4th Floor | 916 E High St Charlottesville, VA 22902 |
| Charlottesville, VA 22908 | (434) 243-4680 |
| (434) 243-6828 | **Hospital Affiliations:** |
| **Hospital Affiliations:** | University of Virginia Medical Center |
| University of Virginia Medical Center | **Salerno, Michael, MD** |
| **Cherry, Kenneth J, MD** | University of Virginia Physicians Group |
| UVA Health Services Foundation | 1221 Lee Street 2nd Fl |
| UVA Hospital 2nd Floor (The Heart Center) | Charlottesville, VA 22908 |
| Charlottesville, VA 22908 | (434) 243-6828 |
| (434) 243-6828 | **Hospital Affiliations:** |
| **Hospital Affiliations:** | University of Virginia Medical Center |
| University of Virginia Medical Center | **Walters, Dustin M, MD** |
| **Hospital Affiliations:** | University of Virginia Physicians Group |
| University of Virginia Medical Center | 1215 Lee Street 2nd Floor |
| Charlottesville, VA 22908 | Charlottesville, VA 22908 |
| (434) 924-8016 | (434) 243-6828 |
| **Tripathi, Anubha, MD** | **Hospital Affiliations:** |
| University of Virginia Physicians Group | University of Virginia Medical Center |
| 2955 Ivy Road | **Walters, Dustin M, MD** |
| Charlottesville, VA 22903 | University of Virginia Physicians Group |
| (434) 924-2227 | 1215 Lee Street 2nd Fl |
| **Hospital Affiliations:** | Charlottesville, VA 22908 |
| University of Virginia Medical Center | (434) 243-6828 |
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| The Cancer Center (UVA) | University of Virginia Medical Center |
| Hospital Dr 4th Fl UVA Hospital | **Walters, Dustin M, MD** |
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| **Hospital Affiliations:** | (434) 924-8016 |
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| **Hospital Affiliations:** | **Carbonel, Jaime, MD** |
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Hospital Affiliations:
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Sentara Martha Jefferson Hospital

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Hospital Affiliations:
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Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center
Winchester Medical Center

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Specialists - Tier 2

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OptimaHealth
Specialists - Tier 2

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University of Virginia Medical Center

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Clinical Cardiac Electrophysiology

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Hospital Affiliations:
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Critical Care Medicine

Bell, Taison D., MD
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Charlottesville, VA 22903
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Provencio, Jose J., MD
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Rose, Kristi D., MD
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Thiele, Robert H., MD
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Dermatology

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Endocrinology

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<td>Fasen, Geoffrey, MD</td>
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Hospital Affiliations:
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Neurological Surgery

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**Neurology**

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University of Virginia Medical Center
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Deal, Dylan Nicole, MD  
UVA Musculoskeletal Center  
415 Ray C Hunt Drive  
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### Specialists - Tier 2

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| **Pediatric Allergy & Immunology** | Heymann, Peter W., MD  
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Specialists - Tier 2

**Pediatric Endocrinology**

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**Pediatric Gastroenterology**

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**Pediatric Hematology/Oncology**

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**Radiation Therapy**

- Kersh, Charles R., MD: UVA Hospital West Clinical Departments Wing 5th F (Radiation Oncology)
- Venkatesh, Jayashree S., MD: UVA Hospital West Clinical Departments Wing 5th F (Radiation Oncology)
- Reardon, Kelli A., MD: University of Virginia Physicians Group
- Bateman, Bruce G., MD: University of Virginia Physicians Group
- Fu, Shu Man, MD: University of Virginia Physicians Group
- Katzenstein, Paul L., MD: University of Virginia Physicians Group

**Reproductive Medicine/Endocrinology**

- Vranic, Andrew R., MD: UVA Hospital West Clinical Departments Wing 5th F (Radiation Oncology)
- Reardon, Kelli A., MD: University of Virginia Physicians Group
- Bateman, Bruce G., MD: UVA Hospital West Clinical Departments Wing 5th F (Radiation Oncology)
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**Optima Health**
### Sleep Medicine

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### Specialists - Tier 2

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<tr>
<td>Zaydfudim, Victor M, MD</td>
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### Thoracic and Cardiac Surgery

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<td>University of Virginia Physicians Group</td>
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Optima Direct Network Providers January 2019
Specialists - Tier 2

L’Ecuyer, Thomas J., MD  
University of Virginia Physicians Group  
541 Sunset Lane Ste 102  
Culpeper, VA 22701  
(540) 829-1919  
Hospital Affiliations:  
University of Virginia Medical Center

Pediatric Orthopaedics  
Romness, Mark J., MD  
University of Virginia Physicians Group  
541 Sunset Lane Suite 303  
Culpeper, VA 22701  
(540) 829-1919  
Hospital Affiliations:  
University of Virginia Medical Center

Physical Medicine  
Miller, Susan Apperson, MD  
UVA Specially Care Clinic - Culpeper  
541 Sunset Ln Ste 103  
Culpeper, VA 22701  
(540) 829-1919  
Hospital Affiliations:  
University of Virginia Medical Center

Radiation Oncology  
Janoeksi, Einsley Marie, MD  
University of Virginia Physicians Group  
541 Sunset Lane  
Culpeper, VA 22701  
(540) 829-4271  
Hospital Affiliations:  
University of Virginia Medical Center

Surgical Oncology  
Brenn, David R, MD  
University of Virginia Physicians Group  
541 Sunset Lane Suite 103  
Culpeper, VA 22701  
(540) 829-1919  
Hospital Affiliations:  
University of Virginia Medical Center

Urology  
Corbett, Sean T., MD  
UVA Hospital West Clinical Departments Wing  
541 Sunset Lane Suite 102  
Culpeper, VA 22701  
(540) 829-1919  
Hospital Affiliations:  
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Costabile, Raymond A, MD  
UVA Hospital West Clinical Departments Wing  
541 Sunset Lane Suite 102  
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Hospital Affiliations:  
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Farnville  
Mahjoub, Ali, MD  
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800 Oak Street  
Farnville, VA 23901  
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Patel, Pranav D, MD  
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Fishersville  
Salerino, Michael, MD  
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Fishersville, VA 22939  
Hospital Affiliations:  
University of Virginia Medical Center

Tribble, Curtis G., MD  
University of Virginia Physicians Group  
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Fishersville, VA 22939  
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University of Virginia Medical Center

Cardiovascular Disease  
Annex, Brian H., MD  
The Heart Center (UVA Hospital)  
57 Beam Lane Ste 205  
Fishersville, VA 22939  
(540) 213-9550  
Hospital Affiliations:  
University of Virginia Medical Center

Bourque, Jamieson M, MD  
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Hospital Affiliations:  
Augusta Medical Center

Ferguson, John D, MD  
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Gimple, Lawrence W., MD  
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Hazarika, Surovi, MD  
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Luna, Max A., MD  
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Mason, Pamela K., MD  
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Specialists - Tier 2

Ragosta, Michael, MD
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Sharma, Aditya M., MD
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Zadrozy, John H., MD
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Nephrology
Brooks, Charles H., MD
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Chopra, Tushar A., MD
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Electrophysiology
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University of Virginia Physicians Group
57 Beam Lane Suite 300
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Optima Direct Network Providers January 2019
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<td>University of Virginia Physicians Group</td>
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<td>Sleep Medicine</td>
<td>University of Virginia Physicians Group</td>
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**Optima Direct Network Providers January 2019**

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<td>1101 Sam Perry Blvd Suite 305, Fredericksburg, VA 22401 (540) 374-3290</td>
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<td>Narayana, Avinash, DO</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campus</td>
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<td>1101 Sam Perry Blvd Suite 211, Fredericksburg, VA 22401 (540) 741-2865</td>
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<td>Ramia, Rony, MD</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campus</td>
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<td>Tessema, Tedla, MD</td>
<td>Quantum Physicians</td>
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<td>1101 Sam Perry Blvd Ste 219, Fredericksburg, VA 22401 (540) 741-2855</td>
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<td>Wright, Corey J., MD</td>
<td>Mary Washington Med Grp-Family &amp; Internal Med Bowling Green Campus</td>
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Specialists - Tier 2

Chhabra, Arun, MD
Mary Washington Med Grp-Family & Internal Med Bowling Green Campu
1101 Sam Perry Blvd Suite 414
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Crouse, Sandra, MD
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Mady, Jason, MD
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Temesgen, Frehiwot, MD
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Ophthalmology

Dang, Diemngoc T., MD
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4710 Spotsylvania Parkway Suite 104
Fredericksburg, VA 22407
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Optometry

Song, Helen, OD
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Plastic Surgery

Arora, Balvant, MD
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(540) 741-3770
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Fredericksburg, VA 22401
(540) 899-1600
1500 Dixon Street Suite 101
Fredericksburg, VA 22401
(540) 371-5349
Hospital Affiliations:
Bon Secours St. Marys Hospital
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Pulmonary Medicine

Doljan, Jorge, MD
Pulmonary Sleep Disorders Center
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Fuller, Philip, MD
Pulmonary Sleep Disorders Center
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Rheumatology

Ahuja, Avnitr, MD
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Fredericksburg, VA 22401
(540) 899-3594
Hospital Affiliations:
Mary Washington Hospital (MWH)

Sleep Medicine

Manzalak, Derrick A, MD
Pulmonary Sleep Disorders Center
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(540) 741-7846
Hospital Affiliations:
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Ngongmon, Pascal, MD
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Mary Washington Hospital (MWH)
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Urology

Beamon III, Charles, MD
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2300 Fall Hill Avenue Suite 515
Fredericksburg, VA 22401
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Stafford Hospital Center

Cardiovascular Disease

Hardy, John C., MD
University of Virginia Physicians Group
1000 North Shenandoah Avenue
Front Royal, VA 22630
(540) 636-0300
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center
Winchester Medical Center

Nephrology

Khan, Sana F., MD
University of Virginia Physicians Group
75 Circle Point Drive
Gordonsville, VA 22942
(434) 924-1984
Hospital Affiliations:
University of Virginia Medical Center

Pediatric Cardiology

Kollins, Kevin M., MD
University of Virginia Physicians Group
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3604
Hospital Affiliations:
University of Virginia Medical Center

Sherwood, John, MD
Virginia Cardiovascular Surgery, Inc.
1101 Sam Perry Blvd Ste 207
Fredericksburg, VA 22401
(540) 372-7792
Hospital Affiliations:
Mary Washington Hospital (MWH)

Thoracic and Cardiac Surgery

Cardone, John C, MD
Virginia Cardiovascular & Thoracic Surgery
1101 Sam Perry Boulevard Suite 211
Fredericksburg, VA 22401
(540) 372-7792
Hospital Affiliations:
Mary Washington Hospital (MWH)

Thorp, Kevin, MD
Mary Washington Cardiopulmonary
1101 Sam Perry Blvd Ste 211
Fredericksburg, VA 22401
(540) 372-7792
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Urology

Beamon III, Charles, MD
Mary Washington Urology at Stafford
2300 Fall Hill Avenue Suite 515
Fredericksburg, VA 22401
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**Urology**

Beamon III, Charles, MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
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(540) 657-6367  
Hospital Affiliations:  
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Mary Washington Hospital (MWH)  
Stafford Hospital Center

Carey, Peter, MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Dumont, Matthew, MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Hoffman, Daniel M., MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Klein, John B., MD  
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus  
125 Hospital Center Blvd Suite 307  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

**Winchester**

Sell, Scott M., MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Singh, Inderjit, MD  
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus  
125 Hospital Center Blvd Suite 307  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center

Szyk, Gregory, MD  
Mary Washington Urology at Stafford  
125 Hospital Center Blvd Suite 201  
Stafford, VA 22554  
(540) 657-6367  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

**Woodbridge**

L’Ecuyer, Thomas J., MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950  
Hospital Affiliations:  
University of Virginia Medical Center

McCallough, Michael A., MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950  
Hospital Affiliations:  
University of Virginia Medical Center

McDaniel, George M., MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950  
Hospital Affiliations:  
University of Virginia Medical Center

**Allergy & Immunology**

Kyn, Timothy T., MD  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 924-9466  
Hospital Affiliations:  
University of Virginia Medical Center

**Cardiothoracic Surgery**

Trible, Curtis G., MD  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center

**Cardiovascular Disease**

Luna, Max A., MD  
UVA Health Services Foundation  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
Augusta Medical Center  
University of Virginia Health Sciences Center

**Pediatric Cardiology**

Kollins, Kevin M., MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950  
Hospital Affiliations:  
University of Virginia Medical Center

**Pediatric Gastroenterology**

Borowitz, Stephen M, MD  
UVA Primary Care Center 2nd Floor  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950

**Neurological Surgery**

Jane Jr, John A., MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950

**Endocrinology**

Asfaw, Mahdere, MD  
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus  
12731 Marblestone Drive Suite 102  
Woodbridge, VA 22192  
(571) 316-2345  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center

Mahaney, Kelly B, MD  
University of Virginia Physicians Group  
1829 Plaza Drive  
Winchester, VA 22601  
(540) 678-3950  
Hospital Affiliations:  
University of Virginia Medical Center

**Urology**

Klein, John B., MD  
Mary Washington Med Grp-Family & Internal Med Bowling Green Campus  
2296 Opitz Blvd Suite 350  
Woodbridge, VA 22191  
(703) 680-2111  
Hospital Affiliations:  
Sentara Northern Virginia Medical Center

Patterson, Brandy, MD  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center

**Zion Crossroads**

Smith, Anna R., MD  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital  
University of Virginia Medical Center
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<td>Siragy, Helmy M., MD</td>
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<td>Paul, Tessy K., MD</td>
<td>University of Virginia Physicians Group</td>
<td>1015 Spring Creek Parkway, VA 22942</td>
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<td>Vranic, Andrew R., MD</td>
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<td>Miller, Mark D., MD</td>
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<td>Werner, Brian C., MD</td>
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<td>Robinson, William P., MD</td>
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<td>Williams, Carlin A., MD</td>
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<td>1015 Spring Creek Parkway</td>
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<tr>
<td>Hardy, John C., MD</td>
<td>University of Virginia Physicians Group</td>
<td>1000 Tavern Road Suite 200</td>
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<td>Robinson, William P., MD</td>
<td>University of Virginia Physicians Group</td>
<td>1015 Spring Creek Parkway</td>
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<td>Williams, Carlin A., MD</td>
<td>University of Virginia Physicians Group</td>
<td>1015 Spring Creek Parkway</td>
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</table>

**Hospital Affiliations:**
- University of Virginia Medical Center
- WV
- Martinsburg
- Cardiovascular Disease
- Sleep Medicine
- Sports Medicine
- Surgical Oncology
- Thoracic and Cardiac Surgery
- Urology

**Contact Information:**
- Phone: (434) 243-9466
- Address: 1015 Spring Creek Parkway, VA 22942
- Orientation: January 2019

**Hospital Affiliations:**
- University of Virginia Medical Center
- WV
- Martinsburg
- Cardiovascular Disease
- Sleep Medicine
- Sports Medicine
- Surgical Oncology
- Thoracic and Cardiac Surgery
- Urology

**Contact Information:**
- Phone: (434) 243-9466
- Address: 1015 Spring Creek Parkway, VA 22942
- Orientation: January 2019
Other Services or Ancillary Providers- Tier 1

Other Services or Ancillary Providers
Tier 1
<table>
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<tr>
<th>State</th>
<th>City</th>
<th>Provider Name</th>
<th>Address</th>
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<tr>
<td>AL</td>
<td>Montgomery</td>
<td>American Esoteric Laboratories</td>
<td>416 Lukes Dr, Montgomery, AL 36117</td>
<td>(334) 288-4636</td>
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<td>AZ</td>
<td>Maricopa</td>
<td>Otto Bock Orthopedic Services</td>
<td>4022 East Broadway Road Suite 119 Phoenix, AZ 85040</td>
<td>(800) 328-2536</td>
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<tr>
<td>CA</td>
<td>Los Angeles</td>
<td>Epic Hearing Healthcare</td>
<td>2005 E Camelback Rd, Phoenix, AZ 85016</td>
<td>(602) 267-4741</td>
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<tr>
<td>CO</td>
<td>Denver</td>
<td>Sequeum Laboratories</td>
<td>6345 E Founders Blvd Denver, CO 80249</td>
<td>(303) 790-2400</td>
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<tr>
<td>CT</td>
<td>Hartford</td>
<td>Philips Remote Cardiac Services</td>
<td>5425 Tegarden Dr 100 Orlando, FL 32819</td>
<td>(800) 785-2212</td>
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<td>FL</td>
<td>Orlando</td>
<td>American Esoteric Laboratories</td>
<td>416 Lukes Dr, Montgomery, AL 36117</td>
<td>(334) 288-4636</td>
</tr>
</tbody>
</table>

**Other Services - Tier 1**

**Optima Direct Network Providers January 2019**

---

**Optima Health**
Other Services - Tier 1

**G**

**GA**

**DME**

**Bibb**

Advanced Home Care (DME) 3780 Eisenhower Parkway Suite 5 Macon, GA 31206 (478) 785-6455

**Fulton**

Outpatient Infusion Systems 5950 Shiloh Rd E Ste U Alpharetta, GA 30005 (678) 513-3848

**Gwinnett**

Advanced Home Care (DME) 5901 Goshen Springs Rd Suite G Norcross, GA 30071 (770) 449-6898

**IV Therapy**

**Dougherty**

Home Choice Partners 2206 Dawson Road Suite B Albany, GA 31707 (229) 432-5830

**Gwinnett**

Advanced Home Care (IV Therapy) 5901 Goshen Springs Rd Suite G Norcross, GA 30071 (770) 449-6898

**Home Choice Partners**

5600 Oakbrook Parkway Suite 170 Norcross, GA 30093 (678) 987-0321

**Jackson**

Lancaster Medical Group 1722 Goshen Drive Suite 100 Fort Oglethorpe, GA 30742 (706) 582-1000

**Marion**

Orthotics and Prosthetics 11100 Bluegrass Pkwy Suite 550 Louisville, KY 40299 (502) 266-5213

**Marion**

Orthotics and Prosthetics 11100 Bluegrass Pkwy Suite 550 Louisville, KY 40299 (502) 266-5213

**N**

**IN**

**DME**

**Cook**

LifeWatch Services Inc 10255 West Higgins Rd Rosemont, IL 60018 (877) 774-9846

**DME**

**Cook**

Apria Healthcare, Inc. 3379 Solutions Center Chicago, IL 60677

**Orthotics and Prosthetics**

**Cook**

Otto Bock Orthopedic Services 200 W Higgins Road Suite 202 Schaumburg, IL 60195 (800) 736-8276

**W**

**KY**

**DME**

**Bell**

MIDDLESBORO ARH HOSPITAL 3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100

**Physical/Occupational/Hand Therapy**

**Bell**


**M**

**CH**

**DME**

**Black Hawk**

Talk To Me Technologies LLC 3508 Terrace Dr Cedar Falls, IA 50613 (877) 392-2299

**M**

**KY**

**DME**

**Bell**

MIDDLESBORO ARH HOSPITAL 3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100

**Optima Direct Network Providers January 2019**
Other Services - Tier 1

Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Harlan
Harlan ARH Hospital
81 Ball Park Road
Harlan, KY 40831
(606) 573-8100

Leslie
Mary Breckinridge ARH Hospital
130 Kate Ireland Rd
Hyden, KY 41749

Morgan
Morgan County ARH Regional Medical Center
476 Liberty Rd
West Liberty, KY 41742
(606) 743-3186

Pike
Williamson ARH Hospital
260 Hospital Drive
South Williamson, KY 41503
(606) 237-1700

Reference Lab

Reference Lab
BELL
MIDDLESBORO ARH HOSPITAL
3600 W Cumberland Ave
Middlesboro, KY 40965
(606) 242-1100

Floyd
McDowell ARH Hospital
Rte 122
McDowell, KY 41647
(606) 377-3400

Harlan
Harlan ARH Hospital
81 Ball Park Road
Harlan, KY 40831
(606) 573-8100

Jefferson
DERMATOPATHOLOGY ALLIANCE OF KENTUCKY PLLC
839 S Second St
Louisville, KY 40203
(502) 583-5834

Leslie
Mary Breckinridge ARH Hospital
130 Kate Ireland Rd
Hyden, KY 41749

Allegany
National Seating & Mobility, Inc.
1313 National Hwy Ste 13
Lavale, MD 21502
(877) 326-0972

Anne Arundel
Apria Healthcare, Inc.
701 Digital Drive Suites AC
Linthicum, MD 21209
(443) 792-4496

DynaSplit Systems, Inc.
770 Ritchie Hwy Ste W-21
Severna Park, MD 21146
(800) 638-6771

Baltimore
Chesapeake Rehab Equipment, Inc dba NuMotion
2700 Lord Baltimore Dr
Baltimore, MD 21244
(410) 298-4555

Howard
National Seating & Mobility, Inc.
7389 Washington Blvd
Elkridge, MD 21075
(844) 690-8123

Chesapeake Rehab Equipment, Inc dba NuMotion
260 Hospital Drive
South Williamson, KY 41503
(606) 237-1700

Reference Lab

Reference Lab
Middlesex
Consolidated DermPath, Inc.
200 Forest St Suite 3119
Marlborough, MA 01752
(844) 562-9801

Norfolk
Miracle Life Sciences
15 Crawford St Suite 100
Needham, MA 02494

Worcester
BIO REFERENCE LABORATORIES, INC.
25 Birch St
Milford, MA 01757

Montgomery
Roberts Home Medical
20465 Seneca Meadows Pkwy
Germantown, MD 20876
(301) 353-0300

Washington
Apria Healthcare, Inc.
919 Sweeney Drive
Hagerstown, MD 21740
(301) 791-5500

Family Care Home Medical Equipment
120 E Oak Ridge Dr Ste 800
Hagerstown, MD 21740
(301) 857-4775

The Home Center Pharmacy
154 West Main Street
Hancock, MD 21750
(301) 678-5421

Madison
Cardiac Monitoring Services

Montgomery
Medcomp, Inc.
4000 Blackburn Lane Suite 240
Burtonsville, MD 20866
(301) 562-7336

Chesapeake Rehab Equipment, Inc dba NuMotion
1607 Northwood Dr Suite 106
Salisbury, MD 21801
(410) 749-0165

Howard
Maxim Healthcare Services
7227 Lee DeForest Dr
Columbia, MD 21046

Orthotics and Prosthetics

Baltimore City
Hanger Prosthetics & Orthotics, Inc.
(301) 997-0191

Calvert
Hanger Prosthetics & Orthotics, Inc.
(301) 997-0191

Charles
Hanger Prosthetics & Orthotics, Inc.
(301) 997-0191

Howard
Maxim Healthcare Services
701 Digital Drive Suites AC
Linthicum, MD 21209
(443) 792-4496

CHW HOME CARE
1050 Industrial Boulevard
Cumberland, MD 21502
(240) 964-9100

Wicomico
Apria Healthcare, Inc.
119 Naylor Mill Road Ste 10
Salisbury, MD 21801
(410) 472-8383

Chesapeake Rehab Equipment, Inc dba NuMotion
839 S Second St
Louisville, KY 40203
(502) 583-5834

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<td>Progressive Physical Therapy &amp; Rehabilitation Center</td>
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<td>11801 Industrial Park</td>
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<tr>
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<tr>
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<td>Frederick</td>
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<td>Physiotherapy Associates</td>
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<tr>
<td>170 Thomas Johnson Dr Ste 104</td>
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<td>Frederick, MD 21702</td>
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<td>(301) 662-7496</td>
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<td>Physiotherapy Associates (Frederick)</td>
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<td>170 Thomas Johnson Dr Ste 104</td>
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<tr>
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<tr>
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Optima Direct Network Providers January 2019 611

OptimaHealth
### Other Services - Tier 1

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<th>Brunswick</th>
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</table>
| Solstas Lab Partners Group, LLC | 20 Medical Campus Dr Ste 101  
Supply, NC 28462  
(910) 754-5690 |

| Buncombe |
| Solstas Lab Partners Group, LLC | 417 Biltmore Ave Ste 4C  
Asheville, NC 28801  
(828) 259-0684 |

| Burke |
| Solstas Lab Partners Group, LLC | 560 Malcon Blvd 1st Floor  
RUTHERFORD COLLEGE, NC 28671  
(828) 874-1030 |

| Catawba |
| Solstas Lab Partners Group, LLC | 1781 Tate Blvd South Ste 206  
Hickory, NC 28602  
(828) 304-1232 |

| Davidson |
| Solstas Lab Partners Group, LLC | 2 Cherry St  
Lexington, NC 27292  
(336) 243-5227 |

| Durham |
| Duke Regional Hospital | 3643 Roxboro Rd  
Durham, NC 27704  
(919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd  
Durham, NC 27710  
(919) 684-8111 |

| Forsyth |
| Solstas Lab Partners Group, LLC | 1635 NC Highway 66 S Ste 135  
Kernersville, NC 27284  
(336) 996-2775 |

| Gaston |
| Solstas Lab Partners Group, LLC | 1034 X Ray Dr  
Gastonia, NC 28054  
(704) 862-9923 |

| Guilford |
| Solstas Lab Partners Group, LLC | 1002 N Church St Ste 200  
Greensboro, NC 27401  
(336) 333-2225 |

| Johnstown |
| Solstas Lab Partners Group, LLC | 515 N 8th St  
Smithfield, NC 27577  
(919) 934-8007 |

| Mecklenburg |
| Solstas Lab Partners Group, LLC | 10030 Gilead Rd Physicians Plaza Ste 240  
Huntersville, NC 28078  
(866) 697-8378 |
| Solstas Lab Partners Group, LLC | 1450 Matthews Township Pkwy Ste 140  
Matthews, NC 28105  
(704) 384-6836 |
| Solstas Lab Partners Group, LLC | 1718 E 4th St Ste 102  
Charlotte, NC 28204  
(704) 384-5070 |
| Solstas Lab Partners Group, LLC | 1918 Randolph Rd Ste 140  
Wilson, NC 27893  
(866) 697-8378 |

| New Hanover |
| Solstas Lab Partners Group, LLC | 2022 S 17th St Ste 103 First Flr  
Wilmington, NC 28401  
(910) 251-8095 |

| Onslow |
| Solstas Lab Partners Group, LLC | 200 Doctors Dr Ste B  
Jacksonville, NC 28546  
(910) 219-3301 |

| Pasquotank |
| Sentara Albemarle Medical Center | 1144 N Road Street  
Elizabeth City, NC 27909  
(252) 335-0531 |

| Pitt |
| Solstas Lab Partners Group, LLC | 2459 Emerald Pl Ste 106  
Greenville, NC 27834  
(252) 695-6178 |

| Rockingham |
| Solstas Lab Partners Group, LLC | 621 S Main St Ste 202  
Reidsville, NC 27320  
(336) 342-0217 |

| Wake |
| Duke Raleigh Hospital | 3400 Wake Forest Rd  
Raleigh, NC 27609  
(919) 954-3000 |
| Solstas Lab Partners Group, LLC | 3031 New Bern Ave Ste 300  
Raleigh, NC 27610  
(919) 250-0358 |
| Solstas Lab Partners Group, LLC | 5620 Six Forks Rd  
Raleigh, NC 27609  
(919) 848-3174 |

| Washington |
| Washington Co Hospital | 958 US Hwy 64 E  
Plymouth, NC 27962  
(252) 793-4135 |

| Wayne |
| Solstas Lab Partners Group, LLC | 2400 Wayne Memorial Dr Ste D  
GOLDSBORO, NC 27534  
(919) 735-5440 |

| Wilson |
| Solstas Lab Partners Group, LLC | 2605 Forest Hills Rd Ste C  
Wilson, NC 27893  
(866) 697-8378 |

| NH |
| DME |
| Rockingham |
| NOVOCURE, INC. | 195 Commerce Way  
Portsmouth, NH 03801  
(855) 281-9301 |

| NJ |
| Cardiac Monitoring Services |
| Camden |
| Philips Remote Cardiac Services | Cherry Hill Corp Center Ste 500  
Cherry Hill, NJ 08002  
(800) 242-7137 |

| Morris |
| Roche Health Solutions, Inc. | 325 Columbia Turnpike Ste 109  
Florham Park, NJ 07932 |

| Orthotics and Prosthetics |
| Burlington |
| SunMed Medical Systems, LLC | 36 West Route 70 Suite 214  
Marlton, NJ 08053  
(800) 714-7434 |

| Reference Lab |
| Bergen |
| BIO REFERENCE LABORATORIES, INC. | 481 Edward H Ross Drive  
Elmwood, NJ 07407  
(201) 791-2600 |
| 92 Second St  
Hackensack, NJ 07601 |

| NY |
| Cardiac Monitoring Services |
| Nassau |
| Philips Remote Cardiac Services | 1797 Marcus Ave Ste C101  
Lake Success, NY 11020  
(800) 367-0300 |

| New York |
| Esoterix Genetic Laboratories, LLC | 521 W 57th St Floor 6  
New York, NY 10019  
(212) 698-0300 |
| Lineagen, Inc. | 630 West 168th Street  
New York, NY 10032 |

| NJ |
| Reference Lab |
| Nassau |
| BIO REFERENCE LABORATORIES, INC. | 174 Minoa Blvd  
Minoa, NY 11501 |

| New York |
| BIO REFERENCE LABORATORIES, INC. | 1070 Park Ave  
New York, NY 10128 |
| Consolidated DermPath, Inc. | 145 East 32nd St 10th Floor  
New York, NY 10016 |
### Other Services - Tier 1

#### PA
- **Cardiology Diagnostic Services**
  - Philadelphia
  - LifeWatch Services Inc
    - 1900 Market St Ste 627
    - Philadelphia, PA 19103
    - (215) 246-3469

#### SC
- **DME**
  - Greenville
    - GROVE MEDICAL, INC
      - 1089 Park West Blvd
      - Greenville, SC 29611
      - (864) 269-0283
  - **Hyperbaric Medicine (Ancillary)**
    - Spartanburg
      - Advanced Home Care (DME)
        - 2067 Celanese Rd
        - ROCK HILL, SC 29732
        - (803) 285-2026
  - **IV Therapy**
    - Beaufort
      - SELECT PHYSICAL THERAPY
        - 300 Midtown Drive
        - Beaufort, SC 29906
  - **Speech Therapy**
    - Beaufort
      - SELECT PHYSICAL THERAPY
        - 300 Midtown Drive
        - Beaufort, SC 29906

#### TN
- **Cardiac Monitoring Services**
  - Shelby
    - Telerhynchies
      - 60 Market Center Drive Suite 101
      - Collierville, TN 38017
      - (901) 316-0208

#### OH
- **DME**
  - Summit
    - Edgepark Medical Supplies
      - 1810 Summit Commerce Park
      - Twinsburg, OH 44087
      - (800) 321-0591

#### RI
- **DME**
  - Reference Lab
    - Washington
      - Dominion Diagnostics, LLC
        - 211 Circuit Dr
        - North Kingstown, RI 02852
        - (877) 734-9600

#### OK
- **DME**
  - Oklahoma
    - 180 Medical, Inc.
      - 8516 Northwest Expressway
      - Oklahoma City, OK 73162
      - (877) 688-2729

---

**Optima Direct Network Providers January 2019**

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**Optima Health**
### Other Services - Tier 1

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<th>County</th>
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<th>Address</th>
<th>Phone</th>
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<td>Washington</td>
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<tr>
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<td>Cole's Medical Services</td>
<td>313 E Springbrook Dr</td>
<td>(423) 929-3232</td>
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<td></td>
<td>Mooney's Home Medical Equipment</td>
<td>1115 N Roan St</td>
<td>(423) 926-3337</td>
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<tr>
<td></td>
<td>Resp-I-Care, Inc.</td>
<td>301 Med Tech Parkway Suite 105</td>
<td>(423) 794-5641</td>
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<tr>
<td></td>
<td>TriCounty Medical &amp; Ostomy Supplies, Inc.</td>
<td>1904 Knob Creek Rd Suite 1</td>
<td>(423) 282-6933</td>
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<tr>
<td></td>
<td>Medical Center Homecare Carter County</td>
<td>401 Hudson Dr Ste 6</td>
<td>(423) 543-3409</td>
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<tr>
<td></td>
<td>Advanced Home Care (Home Health)</td>
<td>1670 West Andrew Johnson Highway</td>
<td>(423) 783-6500</td>
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<tr>
<td></td>
<td>Advanced Home Care (Home Health)</td>
<td>1987 S Shady Street</td>
<td>(423) 787-3250</td>
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<tr>
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<td>Advanced Home Care (Home Health)</td>
<td>105 Jack White Drive</td>
<td>(423) 230-8485</td>
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<tr>
<td></td>
<td>Medical Center Homecare Kingsport</td>
<td>209 MedTech Pkwy Suite 200</td>
<td>(423) 392-3510</td>
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<tr>
<td></td>
<td>Mountain States Pharmacy</td>
<td>523 N State of Franklin Rd</td>
<td>(865) 984-1996</td>
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<tr>
<td></td>
<td>CHAMPION PHYSICAL THERAPY, LLC</td>
<td>420 Railroad Street</td>
<td>(423) 297-1813</td>
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<td></td>
<td>Sycamore Shoals Hospital</td>
<td>1501 W Elk Ave</td>
<td>(423) 542-1500</td>
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<td>BenchMark Physical Therapy</td>
<td>102 Hines Rd Suite 3</td>
<td>(706) 602-9655</td>
</tr>
<tr>
<td></td>
<td>Bioventus LLC</td>
<td>1900 Charles Bryan Rd Ste 275</td>
<td>(423) 836-4080</td>
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<tr>
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<td>AcroMed Supplies, Inc.</td>
<td>105 Jack White Drive</td>
<td>(423) 928-9027</td>
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<td>Northwest Medical Center Homecare</td>
<td>2633 East Stone Drive Ste E</td>
<td>(423) 245-0501</td>
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<tr>
<td></td>
<td>BenchMark Physical Therapy</td>
<td>483 E Vann Rd</td>
<td>(423) 586-4810</td>
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<tr>
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<td>Johnson County Health Care</td>
<td>1904 Knob Creek Rd Suite 1</td>
<td>(423) 584-3600</td>
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<tr>
<td></td>
<td>Mobile Images Acquisitions, Inc.</td>
<td>201 Center Park Drive Ste 1150</td>
<td>(423) 378-7330</td>
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<tr>
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<td>tossed and Prosthetics</td>
<td>563 Highway 126</td>
<td>(423) 783-6500</td>
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<td></td>
<td>Advanced Home Care (IV Therapy)</td>
<td>105 Jack White Drive</td>
<td>(423) 787-5030</td>
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<tr>
<td></td>
<td>Johnson County Health Care</td>
<td>1904 Knob Creek Rd Suite 1</td>
<td>(423) 787-3250</td>
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<td>Johnson County Health Care</td>
<td>1904 Knob Creek Rd Suite 1</td>
<td>(423) 787-3250</td>
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**Optima Direct Network Providers January 2019**

---

**Oxygen and Sleep Associates, Inc.**
205 Perimeter Park Rd Suite D
Knoxville, TN 37922
(865) 671-6119

---

**Resp-I-Care, Inc.**
319 Blue Peacock Way
Seymour, TN 37865
(800) 537-6673

---

**Inogen, Inc.**
1450 Sam Davis Rd Suite 140
Smyrna, TN 37167
(877) 466-4364

---

**Resp-I-Care, Inc.**
1400 Knob Creek Rd Suite 1
Johnson City, TN 37604
(423) 794-5641

---

**Bioventus LLC**
1900 Charles Bryan Rd Ste 275
Cordova, TN 38016
(800) 836-4080

---

**Achieve Bracing Inc.**
1732 North Eastman Road Suite 1A
Kingsport, TN 37664
(423) 765-1611

---

**Advanced Home Care (DME)**
105 Jack White Drive
Kingsport, TN 37664
(423) 230-8485

---

**Johnson County Health Care**
1904 Knob Creek Rd Suite 1
Johnson City, TN 37604
(423) 787-3250

---

**American HomePatient (Kingsport)**
4105 Ft Henry Dr Ste 205
Kingsport, TN 37663
(423) 247-4032

---

**Jones Adaptive Mobility**
3441 Highway 126
Blountville, TN 37617
(423) 844-0939

---

**Resp-I-Care, Inc.**
3254 W State St
Bristol, TN 37620
(423) 968-3174

---

**Advanced Home Care (Home Health)**
1670 West Andrew Johnson Highway
Greeneville, TN 37743
(423) 783-6500

---

**Medical Center Homecare Carter County**
401 Hudson Dr Ste 6
Elizabethton, TN 37643
(423) 543-3409

---

**Advanced Home Care (Home Health)**
105 Jack White Drive
Kingsport, TN 37664
(423) 230-8485

---

**Medical Center Homecare Kingsport**
209 MedTech Pkwy Suite 200
Johnson City, TN 37604
(423) 392-9027

---

**American HomePatient (Kingsport)**
4105 Ft Henry Dr Ste 205
Kingsport, TN 37663
(423) 247-4032

---

**Resp-I-Care, Inc.**
3254 W State St
Bristol, TN 37620
(423) 968-3174

---

**Advanced Home Care (Home Health)**
1670 West Andrew Johnson Highway
Greeneville, TN 37743
(423) 783-6500

---

**Medical Center Homecare Carter County**
401 Hudson Dr Ste 6
Elizabethton, TN 37643
(423) 543-3409

---

**Advanced Home Care (IV Therapy)**
105 Jack White Drive
Kingsport, TN 37664
(423) 378-7330

---

**Mobile Images Acquisitions, Inc.**
201 Center Park Drive Ste 1150
Knoxville, TN 37922
(865) 693-1655

---

**Orthotics and Prosthetics**
563 Highway 126
Bristol, TN 37620
(423) 968-4442

---

**Bristol Orthotics and Prosthetics**
563 Highway 126
Bristol, TN 37620
(423) 968-4442

---

**Excel Prosthetics & Orthotics, Inc.**
121E Ravine Road Suite 400
Kingsport, TN 37660
(423) 732-7071

---

**Hanger Prosthetics & Orthotics, Inc.**
2633 East Stone Drive Ste E
Kingsport, TN 37660
(423) 245-0501

---

**BenchMark Physical Therapy**
2817 W Andrew Johnson Hwy
Morristown, TN 37814
(423) 586-4810

---

**Healthstar Physicians, P.C.**
420 W Morris Blvd Ste 170
Morristown, TN 37813
(423) 585-8488

---

**BenchMark Physical Therapy**
9222 Lee Hwy Suite C
Ooltewah, TN 37363
(423) 238-9444

---

**Results Physiotherapy**
1511 Gunbarrel Road Suite 115
Chattanooga, TN 37421
(423) 894-4188

---

**Results Physiotherapy**
2600 Taft Highway Ste 400
Signal Mountain, TN 37377
(423) 870-1289

---

**Results Physiotherapy**
313 Manufacturers Road Suite 215
Chattanooga, TN 37421
(423) 894-4188

---

**Results Physiotherapy**
9222 Lee Hwy Suite C
Ooltewah, TN 37363
(423) 238-9444

---

For more information on the services provided by these companies, please visit their respective websites or contact them directly. OptimaDirectNetworkProvidersJanuary2019 OptimaDirectNetworkProvidersJanuary2019 614
Other Services - Tier 1

**Putnam**

BenchMark Physical Therapy
586 S. Jefferson Ave Suite 1
 Cookeville, TN 38501
(931) 372-1315

Results Physiotherapy
851 South Willow Avenue Ste 1
 Cookeville, TN 38501
(931) 258-0042

Rutherford

Results Physiotherapy
1272 Garrison Drive Ste 303
 Murfreesboro, TN 37129
(615) 849-9358

Sequatchie

BenchMark Physical Therapy
167 Cherry St.
 Dunlap, TN 37327
(423) 949-2793

Shelby

Results Physiotherapy
5220 Park Avenue Ste 201
 Memphis, TN 38119
(901) 683-9650

Sullivan

CHAMPION PHYSICAL THERAPY, LLC
1159 Volunteer Parkway
 Bristol, TN 37620
(423) 573-6657

HealthSouth of East Tennessee, LLC
113 Cassell Dr.
 Kingsport, TN 37660
(423) 246-7240

Indian Path Community Hospital
2000 Brookside Dr
 Kingsport, TN 37660
(423) 857-7540

Pain Medicine Associates PC
2202 N John B Dennis Hwy Ste 200
 Kingsport, TN 37660
(423) 392-6690

240 Medical Park Blvd
 Bristol, TN 37620
(423) 968-9313

Results Physiotherapy
44 Clinchfield Ste 102
 Kingsport, TN 37660
(423) 343-7570

Washington

Achieve Health and Wellness
406 Roy Martin Rd Ste 9
 Gray, TN 37615
(423) 477-1101

CHAMPION PHYSICAL THERAPY, LLC
4307 North Roan St Suite 7
 Johnson City, TN 37615
(423) 491-5222

ETSU Physicians and Associates
(Physical Therapy)
ETSU MSWA Athletic Center John
Robert Bell Drive
Johnson City, TN 37614
(423) 439-4044

Franklin Woods Community Hospital
300 Medtech Parkway
Johnson City, TN 37604
(423) 302-1000

Johnson City Medical Center
400 N State of Franklin Rd
Johnson City, TN 37604
(423) 431-6111

Light Connection Inc
112 E Myrtle Avenue Ste 312
Johnson City, TN 37601
(423) 232-7149

Mini Miracles Pediatric Therapy, PLLC
2114 E Fairview Avenue
Johnson City, TN 37601
(423) 928-6464

Pain Medicine Associates PC
101 Med Tech Pky Ste 200
Johnson City, TN 37604
(423) 232-6120

Results Physiotherapy
2312 Knob Creek Rd Suite 200
Johnson City, TN 37604
(423) 430-9004

WILLIAMSON

BenchMark Physical Therapy
1595 Mallory Lane Suite 210
Brentwood, TN 37027
(615) 900-4838

PT/OT (Early Intervention)

Carter

Physical Therapy Services, PA
104 E Main Street
Johnson City, TN 37601
(423) 722-2062

**Radiology (Ancillary)**

Knox

Savannah Shoals Hospital
1501 W Elk Ave
Elizabethtown, TN 37643
(423) 542-1500

**Reference Lab**

Carter

Aegis Sciences Corporation
365 Great Circle Rd
Nashville, TN 37228
(615) 417-0679

Hamblen

American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Hawkins

American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Johnson

American Esoteric Laboratories
7501 Strawberry Plains Pike
Knoxville, TN 37924
(865) 693-1655

Kevin

American Esoteric Laboratories
1595 Mallory Lane Suite 210
Morristown, TN 37814
(423) 542-1500

Putnam

American Esoteric Laboratories
2114 E Fairview Avenue
Knoxville, TN 37922
(865) 693-1655

Solstas Lab Partners Group, LLC
1 Medical Park Blvd Ste 850
Bristol, TN 37620
(423) 844-4561

105 W Stone Dr Ste 1 H
Kingsport, TN 37660
(423) 578-1575

135 W Razine Rd Ste 1G
Kingsport, TN 37660
(423) 378-5790

Washington

American Esoteric Laboratories
1701 Century Center Cove
Memphis, TN 38134
(901) 844-8638

Indian Path Community Hospital
2000 Brookside Dr
Kingsport, TN 37660
(423) 857-7540

Sullivan

PathGroup Labs, LLC
5301 Virginia Avenue Ste 300
Brentwood, TN 37027
(615) 221-4515

Speech Therapy

Washington

Mini Miracles Pediatric Therapy, PLLC
2114 E Fairview Avenue
Johnson City, TN 37601
(423) 928-6464

Speech Therapy (Early Intervention)

Washington
**Other Services - Tier 1**

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<td>Harris</td>
<td>Ecardio Diagnostics</td>
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<tr>
<td>1717 N Sam Houston Pkwy West Ste 100</td>
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<tr>
<td>Houston, TX 77038</td>
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<tr>
<td>(888) 747-4701</td>
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<td>Bexar</td>
<td>KCI USA Inc</td>
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<td>12930 IH 10 West</td>
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<tr>
<td>San Antonio, TX 78249</td>
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<tr>
<td>(800) 275-4525</td>
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<td>Lynchburg City</td>
<td>Centra Health - Air Ambulance</td>
</tr>
<tr>
<td>1920 Aherhold Rd</td>
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<tr>
<td>Lynchburg, VA 24501</td>
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<td>Delta Response Team</td>
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<tr>
<td>175 West Ridge Lane</td>
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<tr>
<td>Appomattox, VA 24522</td>
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<tr>
<td>(434) 665-6069</td>
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<td>Otto Bock Orthopedic Services</td>
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<tr>
<td>11230 West Ave Suite 1109</td>
<td></td>
</tr>
<tr>
<td>San Antonio, TX 78213</td>
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<tr>
<td>(800) 736-8276</td>
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<td>Dallas</td>
<td>Theraphath LLC</td>
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<tr>
<td>545 W 45th St</td>
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<tr>
<td>Irving, TX 75039</td>
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<tr>
<td>(800) 681-4338</td>
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<td>Salt Lake City, UT 84109</td>
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<tr>
<td>(801) 931-6200</td>
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Other Services - Tier 1

Richmond ENT
8700 Stony Point Pkwy Ste 110
Richmond, VA 23234
(804) 330-5501
Virginia Ear, Nose & Throat Associates, PC
161 Wadsworth Drive
Richmond, VA 23226
(804) 484-3700

Virginia Ear, Nose & Throat Associates, PC
7485 Right Flank Road Suite 210
Mechanicsville, VA 23116
(804) 484-3700

Harrisonburg City
Audiology Associates of Harrisonburg
290 Neff Ave Ste 5000
Harrisonburg, VA 22801
(540) 574-4327
Blue Ridge Hearing Center
243 A Neff Ave
Harrisonburg, VA 22801
(540) 432-0071

Henrico
Children's Hospital of Richmond of the VCU Health System
10124K West Broad St
Glen Allen, VA 23060
(804) 273-6656
Commonwealth Hearing Centers
2229 John Rolfe Pkwy
Henrico, VA 23233
(804) 639-9008
Virginia Ear, Nose & Throat Associates, PC
3450 Mayland Court
Richmond, VA 23233
(804) 484-3700

Isle of Wight
Maico Audioligical Services
206 B Gumwood Drive
Smithfield, VA 23430
(757) 365-9933

James City
Beltone Hearing Aid Centers, Inc.
1312 Mt Vernon Ave Ste 213
Williamsburg, VA 23185
(757) 724-8975
Colonial Center for Hearing
430 McLawns Circle Ste 101
Williamsburg, VA 23185
(757) 229-4004
Vertigo Dizzy Clinic
430 McLawns Circle Suite 101
Williamsburg, VA 23185
(757) 229-4004

Lancaster
The Audiology Offices, LLC
45 N Main St
Kilmarnock, VA 22482
(804) 435-0758

Lynchburg City
Audiology Hearing Aid Associates
2104 Langhorne Rd
Lynchburg, VA 24501
(434) 528-4245

Hampton City
Beltone Hearing Aid Centers, Inc.
2216 Executive Drive Suite C
Hampton, VA 23666
(757) 896-3989
Peninsula ENT Audiology (Div of HR Otolaryngology, PLLC)
2206 Executive Dr Ste F
Hampton, VA 23666
(757) 825-2500

Hanover
Virginia Ear, Nose & Throat Associates, PC
1874 Graves Mill Rd
Lynchburg, VA 24502
(434) 385-0000
Connect Hearing Inc.
1511 Enterprise Dr Suite A
Lynchburg, VA 24502
(434) 385-0000

Mathews
The Audiology Offices, LLC
12 Church St
Mathews, VA 23109
(804) 725-5706

Newport News City
Beach Hearing Aid Centers
755 Thimble Shoals Blvd Suite A
Newport News, VA 23606
(757) 295-2005
Dr. Hecker & Associates
808 Triton Court Suite 100
Newport News, VA 23606
(757) 874-4665
Maico Audioligical Services
703 Thimble Shoals Blvd Ste C-3
Newport News, VA 23606
(757) 873-8794

Norfolk City
Beltone Audiology & Hearing Aid Center
7649 Granby Street
Norfolk, VA 23505
(757) 497-3900
Ear, Nose & Throat, Ltd.
844 Kempsville Rd Ste 210
Norfolk, VA 23502
(757) 623-0526
901 Hampton Blvd
Norfolk, VA 23507
(757) 623-0526

Norton City
Mountain Empire Hearing and Balance, Inc.
538 Coeburn Ave SW Ste B
Norton, VA 24273
(276) 679-4114

Petersburg City
Children's Hospital of Richmond of the VCU Health System
321 B Poplar Drive Suite 4
Petersburg, VA 23805
(804) 733-7233

Portsmouth City
Quality Hearing Aid Center
810 Loudoun Ave
Portsmouth, VA 23707
(757) 393-6195

Prince Edward
Longwood Speech Hearing and Learning Services
315 West Third Street
Farmville, VA 23901
(434) 395-2972

Radford City
New River Valley Hearing
616 W Main St Suite G
Radford, VA 24141
(540) 731-4327

Richmond City
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 228-5911

Roanoke City
Roanoke Valley Speech & Hearing Center
2030 Colonial Ave SW
Roanoke, VA 24015
(540) 343-0165

Russell
Bristol Regional Speech & Hearing Center/Leeonan Speech & Hearing
68 Pioneer Drive
Lebanon, VA 24266
(276) 889-1389

Salem
Commonwealth Hearing Centers
401 Apperson Dr
Salem, VA 24153
(540) 375-7200
Connect Hearing Inc.
401 Apperson Dr
Salem, VA 24153
(540) 375-7200
The Hearing Clinic, Inc.
1802 Braeburn Dr
Salem, VA 24153
(540) 722-2669
1902 Braeburn Drive Ste 135
Salem, VA 24153
(540) 512-8163

Shenandoah
Blue Ridge Hearing Center
753 S Main Street
Woodstock, VA 22664
(540) 459-3277

Optima Direct Network Providers January 2019
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OptimaHealth®
**Other Services - Tier 1**

**Spotsylvania**
- Children's Hospital of Richmond of the VCU Health System
  10530 Spotsylvania Ave Ste 102
  Fredericksburg, VA 22408
  (540) 891-4485

**Suffolk City**
- Connect Hearing Inc.
  2469 Pruden Blvd
  Suffolk, VA 23434
  (757) 539-4687

**Tazewell**
- Associated Hearing and Diagnostics
  1121 East Fincastle
  North Tazewell, VA 24630
  (276) 988-5482
- 6719 Gov C Peery Hwy Ste 2500
  Medical Plaza
  Richlands, VA 24641
  (276) 964-7465

**Virginia Beach City**
- Angela Underhill Audiology
  2224 Virginia Beach Blvd Suite 114
  Virginia Beach, VA 23454
  (757) 321-6453
- Beach Hearing Aid Centers
  337 Edwin Drive Suite 100
  Virginia Beach, VA 23462
  (757) 499-9844
- Beltone Audiology & Hearing Aid Center
  1337 Great Neck Rd
  Virginia Beach, VA 23454
  (757) 497-3900
- 291 Independence Blvd Bld 4 Suite 132
  Virginia Beach, VA 23462
  (757) 497-3900
- CHKD Health and Surgery Center at Princess Anne
  2021 Concert Dr
  Virginia Beach, VA 23456
  (757) 668-2711
- Connect Hearing Inc.
  1821 Old Donation Parkway Ste 10
  Virginia Beach, VA 23454
  (757) 481-4003
- 5386 Kemps River Dr Ste 112
  Virginia Beach, VA 23464
  (757) 523-0504
- Healthy Hearing Center of Virginia, LLC
  2648 Virginia Beach Blvd Ste A
  Virginia Beach, VA 23452
  (757) 431-1999
- Hear Quick, Inc. (Virginia Audiology Inc.)
  5386 Kemps River Dr Ste 112
  Virginia Beach, VA 23464
  (757) 523-0504
- Hearing Services of Virginia
  4356 Bonney Road Ste 1-102
  Virginia Beach, VA 23452
  (757) 962-2326
- Princess Anne ENT & Allergy, PC
  828 Healthy Way Suite 280
  Virginia Beach, VA 23462
  (757) 351-1343
- Sentara Hearing and Balance Center (SMG)
  1950 Glenn Mitchell Dr Ste 308
  Virginia Beach, VA 23456
  (757) 507-0360
- Virginia Beach Hearing Center
  984 First Colonial Rd Ste 302
  Virginia Beach, VA 23454
  (757) 481-0385
- VIRGINIA HEARING CONSULTANTS, LLC
  4540 Princess Anne Rd Ste 123
  Virginia Beach, VA 23462
  (757) 461-4327
- The Audiology Offices, LLC
  112 Peach Grove Ln
  Montross, VA 22520
  (804) 493-7500

**Cardiac Monitoring Services**

**Chesterfield**
- Bon Secours St. Francis Watkins Centre
  Free-Standing Emergency Department 601 Watkins Centre Parkway
  Midlothian, VA 23114
  (804) 594-2100

**DME**

**Accomack**
- AHP Delmarva, L.L.P dba American HomePatient
  154 Market St Suite 2
  Onancock, VA 23417
  (800) 775-7997

**Albemarle**
- Lincare, Inc.
  386C Greenbrier Drive
  Charlottesville, VA 22901
  (434) 974-6688
- Praxair Healthcare Services
  310 Avon St Ste 12
  Charlottesville, VA 22909
  (804) 553-4964

**Bedford**
- Medi Home Care (DME)
  400 Scruggs Rd Suite 800
  Moneta, VA 24121

**Bristol**
- Lincare, Inc.
  1701 Euclid Ave Ste E
  Bristol, VA 24201
  (540) 466-9202

**Buchanan**
- Friendship Home Medical Equipment
  19547 Riverside Drive
  Grundy, VA 24614
  (276) 935-5060
- Lincare, Inc.
  Plaza Drive Ste 1103B
  Grundy, VA 24614
  (276) 935-7345
- Rotech Oxygen & Med Equipment
  1095 Plaza Drive
  Grundy, VA 24614
  (276) 935-2137
- Virginia Medical and Respiratory Equipment
  20858 Riverside Dr
  Grundy, VA 24614
  (276) 935-8621

**Chesapeake City**
- Chesapeake Rehab Equipment, Inc
  dba NuMotion
  644 Independence Pkwy Ste 400
  Chesapeake, VA 23320
  (757) 966-7966
- Eastern Oxygen
  818 Professional Place West
  Chesapeake, VA 23320
  (757) 547-8188
- Family Medical Supply, Inc.
  124 Robert Hall Court Ste 105
  Chesapeake, VA 23242
  (757) 452-4444
- First Choice In-Homecare(Cheapeake)
  1501 Crossways Blvd Suite A
  Chesapeake, VA 23320
  (757) 496-2030

**Chesterfield**
- American HomePatient(Richmond)
  425 Southlake Blvd Ste B-4
  Richmond, VA 23236
  (804) 794-0651
- Med Inc
  9100 Arboretum Parkway Suite 130
  Richmond, VA 23236
  (804) 674-6688
- NEB DOCTORS OF VIRGINIA
  1811 Huguenot Road Ste C 308
  Midlothian, VA 23113
  (804) 794-0708

**Colonial Heights City**
- Colonial Orthopaedics, Inc.
  325 Charles H Dimmock Parkway Suite 100
  Colonial Heights, VA 23834
  (804) 526-5888
- Dream Care of Virginia, LLC(Colonial Heights)
  130 Temple Lake Dr Ste 4
  Colonial Heights, VA 23834
  (804) 286-1844
Other Services - Tier 1

Culpeper
Culpeper Pharmacy LLC
261 Southgate Shopping Ctr
Culpeper, VA 22701
(540) 825-7576

Danville City
Atlantic Medical Inc.(part of Home Care Alliance of VA)
650 Piney Forest Rd
Danville, VA 24540
(434) 794-3800
Commonwealth Home Health Care, Inc.
479 Piney Forest Road
Danville, VA 24540
(434) 797-2332
Home Oxygen & Medical Equipment
4972A Riverside Dr
Danville, VA 24540
(434) 822-1300
Lincare, Inc.
126 Woodside Drive Ste C
Danville, VA 24540
(434) 836-1824

Emporia City
Clay Home Medical, Inc.(Emporia)
304 N Main St
Emporia, VA 23847
(434) 348-0888

Fairfax
Apria Healthcare, Inc.
5705 General Washington Drive
Suites F & G
Alexandria, VA 22312
(703) 642-3141
Dynquest Medical
5027 Javier Rd Suite 1
Fairfax, VA 22031
(703) 846-0002
Lincare, Inc.
4115 Pleasant Valley Road Suite 600
Chantilly, VA 20151
(703) 222-3090
4230 Lafayette Ctr Dr
Chantilly, VA 20151
(703) 263-0770
4230 Lafayette Ctr Dr Suite M & N
Chantilly, VA 20151
(703) 263-0770

Franklin
Franklin Co Respiratory (part of Home Care Alliance of VA)
1135 Franklin Rd
Rocky Mount, VA 24151
(540) 483-3333
Franklin Respiratory and Medical Inc
1135 Franklin Street
Rocky Mount, VA 24151
(540) 483-3333

Fredericksburg City
Lincare, Inc.
305 Hanson Ave Ste 100
Fredericksburg, VA 22401
(540) 433-1196
Menor Medical Equipment
182 Neff Ave Ste 9
Fredericksburg, VA 22401
(540) 564-5636
Pat Grimes, Inc. (part of Home Care Alliance of VA)
1950 Evelyn Byrd Ave Ste A & B
Fredericksburg, VA 22401
(540) 574-0259

Galax City
Clay Home Medical, Inc.(Franklin)
175 Commerce Park Rd
Franklin, VA 23851
(575) 516-8882
Medi Home Care (DME)
3400 Mill Carter Pkwy
Ashland, VA 23220
(804) 798-4600

Henrico
American HomePatient (Harrisonburg)
1950 Evelyn Byrd Ave Ste A & B
Harrisonburg, VA 22201
(540) 574-0259
Image Recovery (Rockingham Memorial Hospital)
298 S Liberty St
Harrisonburg, VA 22201
(540) 564-5636
Lincare, Inc.
220 Wilborn Ave
South Boston, VA 24592
(804) 258-4378
Roberts Home Medical
1970 Evelyn Byrd Ave
Harrisonburg, VA 22201
(540) 564-1194

Harrisonburg City
American HomePatient (Harrisonburg)
1950 Evelyn Byrd Ave Ste A & B
Harrisonburg, VA 22201
(540) 574-0259
Image Recovery (Rockingham Memorial Hospital)
298 S Liberty St
Harrisonburg, VA 22201
(540) 564-5636
Lincare, Inc.
182 Neff Ave Ste 9
Harrisonburg, VA 22201
(540) 433-1196
Roberts Home Medical
1970 Evelyn Byrd Ave
Harrisonburg, VA 22201
(540) 564-1194

Halifax
Atlantic Medical Inc.(part of Home Care Alliance of VA)
5073 Halifax Rd Ste A
Halifax, VA 24558
(808) 884-4228
Atlantic Medical, Inc.(South Boston)
1015 Wilborn Ave
South Boston, VA 24592
(434) 572-1853

Henrico
AEROicare HOME MEDICAL
2852 E Parham Rd
Henrico, VA 23228
(804) 266-2002
Apria Healthcare, Inc.
2808 E Parham Rd
Richmond, VA 23228
(804) 553-4964
Brevo Pharmacy
1602 Skipwith Rd Ste 201
Henrico, VA 23229
(804) 285-7730

L克莱尔
Lincare, Inc.
1200 Wilborn Ave
South Boston, VA 24592
(434) 575-8072
Halifax Regional Home Medical Equipment
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3855
Home Care Alliance of Virginia, Inc.
5037 Halifax Rd Ste A
Halifax, VA 24558
(888) 884-4228
Lincare of Lynchburg
1200 Wilborn Ave
South Boston, VA 24592
(888) 258-4378

Lorton
Chesapeake Rehab Equipment, Inc
dba NuMotion
9432 Atlee Commerce Blvd Ste C/D
Ashland, VA 23005
(804) 750-0530

Management & Mobility, Inc.
3941 Deep Rock Road
Richmond, VA 23233
(804) 772-1170
Praxair Healthcare Services
2502 Waco St
Richmond, VA 23294
(804) 672-7767
Rotech Home Medical Care (Omega Medical Equipment, Inc)
3903 Deep Rock Rd
Richmond, VA 23233
(804) 968-4311
Trustcare Home Medical Equipment, Inc.
8677 Telegraph Rd
Glen Allen, VA 23060
(804) 262-9001
Tuckahoe Orthopaedic Associates, Ltd
1501 Maple Ave Northwest MOB
Ste 303
Richmond, VA 23226
(804) 285-2300
West Home Health Care, Inc (part of Home Care Alliance of VA)
2277 Daumy Rd Ste 1
Richmond, VA 23294
(804) 353-7703

Medi Home Care (DME)
4200 Park Place Ct Suite A
Richmond, VA 23226
(804) 270-2902
9884 Mayland Drive
Richmond, VA 23233

National Seating & Mobility, Inc.
3941 Deep Rock Road
Richmond, VA 23233
(804) 772-1170
Praxair Healthcare Services
2502 Waco St
Richmond, VA 23294
(804) 672-7767
Rotech Home Medical Care (Omega Medical Equipment, Inc)
3903 Deep Rock Rd
Richmond, VA 23233
(804) 968-4311
Trustcare Home Medical Equipment, Inc.
8677 Telegraph Rd
Glen Allen, VA 23060
(804) 262-9001
Tuckahoe Orthopaedic Associates, Ltd
1501 Maple Ave Northwest MOB
Ste 303
Richmond, VA 23226
(804) 285-2300
West Home Health Care, Inc (part of Home Care Alliance of VA)
2277 Daumy Rd Ste 1
Richmond, VA 23294
(804) 353-7703

Henry
Lincare, Inc.
3555 Virginia Ave
Collinsville, VA 24078
(276) 647-7536

James City
First Choice In-Homecare(Williamsburg)
6623 Richmond Rd Ste J
Williamsburg, VA 23188
(757) 496-2030

Optima Direct Network Providers January 2019 619
<table>
<thead>
<tr>
<th>City</th>
<th>Address Details</th>
</tr>
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<tbody>
<tr>
<td>Lee</td>
<td>Medi Home Care (DME) 185 Redwood Ave Suite 103 Pennington Gap, VA 24277</td>
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<tr>
<td></td>
<td>Southern Home Respiratory and Equipment, Inc. 282 Westgate Mall Circle Ste 117</td>
</tr>
<tr>
<td></td>
<td>Pennington Gap, VA 24277 (726) 546-2050</td>
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<tr>
<td>Lexington</td>
<td>Lexington Prescription Center 800 South Main St Lexington, VA 24450 (540) 463-9166</td>
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<tr>
<td></td>
<td>Lexington Rx Center (part of Home Care Alliance of VA) 112-B Houston St</td>
</tr>
<tr>
<td></td>
<td>Lexington, VA 24450 (540) 463-9166</td>
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<tr>
<td></td>
<td>Lincare, Inc. 130 Walker Street Lexington, VA 24450 (800) 917-9725</td>
</tr>
<tr>
<td></td>
<td>Lynchburg City GME Medical Supply, Inc. 2300 Bedford Ave Lynchburg, VA 24503</td>
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<tr>
<td></td>
<td>(434) 528-3765</td>
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<tr>
<td></td>
<td>Image Recovery Center (Centra Health Inc) 1701 Thompson Drive Lynchburg, VA 24501</td>
</tr>
<tr>
<td></td>
<td>(434) 200-6103</td>
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<tr>
<td></td>
<td>Lincare of Lynchburg 1200 Fenwick Dr Lynchburg, VA 24502 (800) 917-9725</td>
</tr>
<tr>
<td></td>
<td>2023 Langhorne Rd Lynchburg, VA 24501 (888) 584-3742</td>
</tr>
<tr>
<td></td>
<td>Lincare of Lynchburg Roberts Home Medical 2010 Tate Springs Rd Lynchburg, VA 24501</td>
</tr>
<tr>
<td></td>
<td>(434) 846-5381</td>
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<tr>
<td></td>
<td>Tender Hearts 808 Wigginton Rd Ste E Lynchburg, VA 24502 (434) 385-4001</td>
</tr>
<tr>
<td>Manassas City</td>
<td>Prince William County HD-Manassas 9301 Lee Avenue Manassas, VA 20110 (703) 792-6301</td>
</tr>
<tr>
<td></td>
<td>Martinsville City Medi Home Care (DME) 1109 Brookdale St Suite A Martinsville, VA 24112</td>
</tr>
<tr>
<td></td>
<td>Northampton Mecklenburg Atlantic Medical Inc.(part of Home Care Alliance of VA) 316 Virginia Ave Clarksville, VA 23927 (434) 374-0427</td>
</tr>
<tr>
<td></td>
<td>Advanced Medical (part of Home Care Alliance of VA) 9529 Hospital Ave Norfolk, VA 23507 (757) 640-1709</td>
</tr>
<tr>
<td></td>
<td>Newport News City Lincare, Inc. 709 City Center Blvd Suite A107 Newport News, VA 23606 (757) 750-3823</td>
</tr>
<tr>
<td></td>
<td>Norfolk City Apria Healthcare, Inc. 2730 Alyliff Road Norfolk, VA 23513 (262) 207-1551</td>
</tr>
<tr>
<td></td>
<td>National Seating &amp; Mobility, Inc. 3347 Enterprise Road Norfolk, VA 23502 (877) 326-0972</td>
</tr>
<tr>
<td></td>
<td>Neurosurgical Specialists, Inc. 6261 E Va Beach Blvd Suite 200 Norfolk, VA 23502 (757) 625-4455</td>
</tr>
<tr>
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<td>Tycon Medical Systems, Inc. 801 Orapax Street Norfolk, VA 23507 (757) 640-1709</td>
</tr>
<tr>
<td></td>
<td>Pulaski Allen Providing Health Care Services, Inc. 33-37 E Main Street Pulaski, VA 24301 (540) 980-6022</td>
</tr>
<tr>
<td></td>
<td>Richmond City Dream Care of Virginia, LLC(Richmond) 901 Hooaks Rd Ste B Richmond, VA 23225 (804) 286-1842</td>
</tr>
<tr>
<td></td>
<td>Salisbury City Medi Home Care (DME) 1109 Brookdale St Suite A Martinsville, VA 24112</td>
</tr>
<tr>
<td></td>
<td>Other Services - Tier 1</td>
</tr>
</tbody>
</table>
Other Services - Tier 1

Advanced Home Care (Salem)
72 Saint John Rd
Salem, VA 24153
(540) 389-8121

Commonwealth Home Health Care, Inc.
1900 Apperson Dr
Salem, VA 24153
(540) 380-3383

Ellis Home Oxygen (part of Home Care Alliance of VA)
652 N Main St
Marion, VA 24354
(276) 783-6868

Advanced Home Care (DME)
762 S Main St
Woodstock, VA 22664
(540) 459-2000

Shenandoah

Medi Home Care (DME)
15896 Porterfield Highway
Abingdon, VA 24210
(276) 628-4554

Medi Home Care (DME)
366 W Main Street
Abingdon, VA 24210
(276) 676-2027

Medi Home Care (DME)
1900 Apperson Dr
Salem, VA 24153
(540) 389-8121

Medi Home Care (DME)
72 Saint John Rd
Salem, VA 24153
(540) 536-5254

Spotsylvania

ProHealth Services, LLC
6316 Five Mile Centre Park Suite 300
Fredericksburg, VA 22407
(540) 586-7952

Tazewell

Community Home Care Services(Richlands)
2013 2nd St
Richlands, VA 24641
(276) 964-7448

Friendship Home Medical Equipment, Inc.
124 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-7911

Med Response
2113 College Ave
Bluefield, VA 24605
(276) 322-4987

Medi Home Care (DME)
103 Spring Street Suite B
Bluefield, VA 24605
(276) 322-2602

Virginia Beach City

Byram Healthcare Centers
Please call number below for addresses
Virginia Beach, VA 23462
(877) 902-9792

Medical Equipment Distributors
521 Central Dr Ste 101
Virginia Beach, VA 23454
(757) 498-8225

Warren

Advanced Home Care (DME)
480 S Commerce Ave Suite D and E
Front Royal, VA 22630
(540) 635-7444

Wise

Advanced Home Care (DME)
165 Plaza Rd Ste 20
Wise, VA 24293
(276) 679-6269

Positive Equipment, Inc.
119 West Main Street
Wise, VA 24293
(276) 722-8180

Valley Home Care (Front Royal)
480-D South Commerce Ave
Front Royal, VA 22630
(540) 635-7444

Washington

Friendship Home Medical Equipment, Inc.
560 West Main Street
Abingdon, VA 24210
(276) 628-4554

Lincare, Inc.
366 W Main Street
Abingdon, VA 24210
(276) 676-2027

Mac's Medical Equipment and Supplies
26102 Lee Highway
Abingdon, VA 24210
(276) 623-4260

Medi Home Care (DME)
15896 Porterfield Highway
Abingdon, VA 24210
(276) 628-4554

Memphis

ProHealth Services, LLC
2113 College Ave
Bluefield, VA 24605
(276) 322-4987

Medi Home Care (DME)
103 Spring Street Suite B
Bluefield, VA 24605
(276) 322-2602

Virginia Beach City

Byram Healthcare Centers
Please call number below for addresses
Virginia Beach, VA 23462
(877) 902-9792

Medical Equipment Distributors
521 Central Dr Ste 101
Virginia Beach, VA 23454
(757) 498-8225

Warren

Advanced Home Care (DME)
480 S Commerce Ave Suite D and E
Front Royal, VA 22630
(540) 635-7444

Valley Home Care (Front Royal)
480-D South Commerce Ave
Front Royal, VA 22630
(540) 635-7444

Wythe

Community Home Care Services (Wytheville)
340 Virginia Ave
Wytheville, VA 24382
(276) 228-4702

Health Department

Accomack

Accomack County Health Dept (Eastern Shore HD)
23191 Front St
Accomack, VA 23301
(757) 787-5880

Alexandria City

Alexandria City Health Department
4840 King St
Alexandria, VA 22302
(703) 746-4400

Alleghany

Clifton Forge City Health Department
322 Jefferson Ave
Clifton Forge, VA 24422
(540) 862-4131

Amelia

Amelia County Health Dept (Piedmont HD)
16320 Church St
Amelia, VA 23002
(804) 561-2711

Amherst

Amherst County Health Department
224 Second St
Amherst, VA 24521
(434) 946-9408

Appomattox

Appomattox County Health Department
401 Court St
Appomattox, VA 24522
(434) 352-2313

Bath

Bath County Health Department
Court House Sq
Warm Springs, VA 24484
(540) 839-7246

Bedford City

Bedford County Health Department
600 Bedford Ave
Bedford, VA 24523
(540) 586-7952

Botetourt

Botetourt County Health Department
21 Academy St
Fincastle, VA 24090

Bristol

Bristol City Health Department
205 Piedmont Ave
Bristol, VA 24201
(276) 642-7345

Buchanan

Buchanan County Health Department
2270 Magnolia Ave
Bueno Vista, VA 24416
(540) 261-2149

Buena Vista City

Buena Vista County Health Department
2270 Magnolia Ave
Bueno Vista, VA 24416
(540) 586-7952

Campbell

Campbell City Health Department
116 Kahler Ave
Rustburg, VA 24588
(540) 586-7952

Carroll

Carroll County Health Department
605-15 Pine Street
Hillside, VA 24343
(276) 730-3180

Center At Laurel Fork
14558 Danville Turnpike
Laurel Fork, VA 24352
(276) 398-2292

Charles City

Charles City County Health Department
7501 Adkins Rd
Charles City, VA 23030
(804) 829-2490

Charlotte

Cumberland County Health Dept (Piedmont HD)
Highway 60
Cumberland, VA 23923
(434) 542-5251

Charlottesville City

Albemarle/Charlottesville Health Dept (Thomas Jefferson HD)
1118 Rose Hill Dr
Charlottesville, VA 22907
(434) 972-6219

Optima Direct Network Providers January 2019 621
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
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<tbody>
<tr>
<td>Chesapeake City</td>
<td>748 N Battlefield Blvd, Chesapeake, VA 23327</td>
<td>(757) 382-8600</td>
</tr>
<tr>
<td>Emporia City</td>
<td>Greensville/Emopria Health Dept (Crater HD)</td>
<td>(540) 348-4210</td>
</tr>
<tr>
<td>Hampton City</td>
<td>1120 LaSalle Ave, Hampton, VA 23669</td>
<td>(540) 727-1140</td>
</tr>
<tr>
<td>Hanover City</td>
<td>12312 Washington Hwy, Ashland, VA 23005</td>
<td>(804) 752-4313</td>
</tr>
<tr>
<td>High Point City</td>
<td>10000 Community St, Ashland, VA 23007</td>
<td>(540) 752-4313</td>
</tr>
<tr>
<td>Rocky Mount City</td>
<td>365 Pell Ave, Rocky Mount, VA 24151</td>
<td>(540) 484-0292</td>
</tr>
<tr>
<td>Franklin City</td>
<td>40 Wiley Drive, Ferrum, VA 24088</td>
<td>(540) 365-4469</td>
</tr>
<tr>
<td>Johnstown City</td>
<td>750 Main Street, Danville, VA 24541</td>
<td>(434) 791-3630</td>
</tr>
<tr>
<td>C Fauquier</td>
<td>300 Hospital Dr, Warrenton, VA 20186</td>
<td>(540) 347-6400</td>
</tr>
<tr>
<td>Harrisonburg City</td>
<td>110 N Mason St, Harrisonburg, VA 22802</td>
<td>(540) 574-5100</td>
</tr>
<tr>
<td>Goochland</td>
<td>1 Taylor Ave Ste 4, Pearisburg, VA 24134</td>
<td>(540) 921-2891</td>
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<td>Hopewell City</td>
<td>1501 West City Point Rd, Hopewell, VA 23860</td>
<td>(804) 458-1297</td>
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<td>Isle of Wight</td>
<td>402 Grace St, Smithfield, VA 23430</td>
<td>(757) 357-4177</td>
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<td>Lee County Health Departmen t</td>
<td>Hill St, Jonesville, VA 24263</td>
<td>(276) 246-2011</td>
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<td>Loudoun County Health Dept</td>
<td>400 A Main St, Madison, VA 22727</td>
<td>(540) 948-5481</td>
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<td>Madison City</td>
<td>307 Alleghany Avenue, Lynchburg, VA 24501</td>
<td>(434) 477-5900</td>
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<td>Manassas City</td>
<td>9301 Lee Avenue, Manassas, VA 20110</td>
<td>(703) 792-6301</td>
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<td>Manassas City</td>
<td>307 Alleghany Avenue, Lynchburg, VA 24501</td>
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<td>9301 Lee Avenue, Manassas, VA 20110</td>
<td>(703) 792-6301</td>
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<td>Martinsville City</td>
<td>295 Commonwealth Blvd, Martinsville, VA 24114</td>
<td>(276) 638-2311</td>
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<td>Mecklenburg</td>
<td>969 Madison Street, Boydton, VA 23917</td>
<td>(434) 738-6545</td>
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<td>Montgomery County Health Department</td>
<td>210 South Pepper St, Christiansburg, VA 24073</td>
<td>(540) 381-7100</td>
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<td>New Kent</td>
<td>12007 Courthouse Cir, New Kent, VA 23124</td>
<td>(804) 966-9640</td>
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<td>12007 Courthouse Cir, New Kent, VA 23124</td>
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Other Services - Tier 1

Richmond City Health Department
416 J Clyde Morris Blvd
Richmond, VA 23201
(804) 594-7300

Norfolk City Health Department
830 South Hampton Ave Ste 300
Norfolk, VA 23510
(757) 683-2756

Petersburg City Health Department
1701 High St Ste 102
Petersburg, VA 23703
(804) 340-6580

Pittsylvania Health Department
200 H G McGhee Dr
Chatham, VA 24531
(434) 432-7235

Portsmouth City Health Department
103 S Potters Dr Ste 205
Portsmouth, VA 23703
(757) 782-7202

Powhatan County Health Department
301 Halifax St
Powhatan, VA 23143
(804) 865-0475

Prince William County Health Department
1414 N August St
Petersburg, VA 24401
(540) 332-7830

Radford City Health Department
220 East Main Street
Radford, VA 24141
(540) 267-8255

Richmond City Health Department
900 East Marshall St
Richmond, VA 23219
(804) 646-3153

Roanoke City Health Department
227 Pollard Street
Roanoke, VA 24012
(540) 857-7600

Russell County Health Department
155 Rogers St
Lebanon, VA 24266
(276) 899-7621

Scott County Health Department
105 E Calhoun St
Woodstock, VA 22664
(540) 387-5530

Shenandoah County Health Department
494 North Main Street Ste 100
Woodstock, VA 22664
(540) 459-3733

Southampton County Health Department
26022 Administration Center Dr
Courtland, VA 23837
(757) 653-3040

Spotsylvania County Health Department (Rappahannock Area HD)
9104 Courthouse Rd
Spotsylvania, VA 22553
(540) 582-7155

Stafford County Health Department (Rappahannock Area HD)
2131 Jefferson Davis Hwy
Stafford, VA 22555
(540) 659-3101

Accomack County Home Health
20387 Warrior Drive
Onley, VA 23418
(757) 782-7202

ACOM Inc - Accomack
13321 Old Dominion Blvd Ste A
King George, VA 22485
(540) 776-0003

Augusta County, VA
Augusta County Hospital
1414 N August St
Augusta, VA 23017
(540) 332-7830

Waynesboro Health Department
4552 Corporation Ln
Waynesboro, VA 22980
(540) 494-0137

Winchester Health Department
10 Baker Street
Winchester, VA 22601
(540) 722-3714

Wythe County Health Department
750 West Ridge Rd
Wytheville, VA 24382
(276) 228-5507

Wythe County Health Department (Central Shenandoah HD)
1300 13th St
Waynesboro, VA 22980
(540) 949-0137

Hospice of the Shenandoah
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 932-4943

Medi Home Health Agency
500 Martha Jefferson Dr
Charlottesville, VA 22911
(434) 653-3159

Northern Virginia Home Care dba Sentara Home Care Services
601 S Carlin Springs Rd
Arlington, VA 22204
(703) 717-7928

Optima Direct Network Providers January 2019
### Other Services - Tier 1

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<th>Service Provider</th>
<th>Address/Location</th>
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<td>Interim HealthCare (Charlottesville)</td>
<td>113 Mill Place Pkwy Suite 101 Verona, VA 24482</td>
<td>(540) 865-4413</td>
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<td></td>
<td>Bedford City</td>
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<tr>
<td>Kindred at Home</td>
<td>876 B East Main St Bedord</td>
<td>(540) 586-6765</td>
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<tr>
<td>Buchanan General Hospital</td>
<td>1535 Slate Creek Rd Grundy</td>
<td>(276) 235-9000</td>
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<tr>
<td>Total Home Care</td>
<td>18935 Riverside Drive Varns</td>
<td>(804) 560-5430</td>
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<td>Colonial Heights City</td>
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<td>(804) 722-3300</td>
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<td>Heaven Sent by Home Town Health Care</td>
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<td>All Care Home Care, Inc</td>
<td>(804) 893-5883</td>
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<td>Danville Regional Medical Center - Home Health Services</td>
<td>(434) 799-2382</td>
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<td>(434) 799-3938</td>
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<td>Team Nurse Inc. (Danville)</td>
<td>(434) 799-1959</td>
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<td>Dickenson</td>
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<td>James River Home Health Care, Inc</td>
<td>9100 Arboretum Parkway Suite 290 North Chesterfield, VA 23236</td>
<td>(804) 272-3300</td>
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<td>Sheltering Arms Home Health Care, LLC</td>
<td>620 Moorefield Park Drive Suite 100 Richmond, VA 23236</td>
<td>(704) 831-3551</td>
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<td>The Cardiac Connection</td>
<td>10106 Krause Rd Suite 200C Chesterfield, VA 23832</td>
<td>(804) 454-0854</td>
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<td>Comfort Care Home Health and Hospice</td>
<td>667 Kingsborough Suite 300 Chesapeake, VA 23220</td>
<td>(757) 312-6460</td>
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<td>Commonwealth Home Health &amp; Hospice</td>
<td>159 Executive Dr Ste H Danville, VA 24541</td>
<td>(434) 792-4663</td>
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<td>Danville Regional Medical Center - Home Health Services</td>
<td>142 S Main St Danville, VA 24541</td>
<td>(434) 799-2382</td>
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<td>Danville City</td>
<td>240 NorDan Drive Danville, VA 24540</td>
<td>(434) 836-5863</td>
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<td>25 Dunlap Village Circle Colonial Heights, VA 23834</td>
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<td>Dickenson</td>
<td>230 Chase St Clifton, VA 24228</td>
<td>(276) 926-6600</td>
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<td>2415 Dickenson Highway Cliftonwood, VA 24228</td>
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<td>174 Kends Ridge Rd Cliftonwood, VA 24228</td>
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<td>Fredericksburg City</td>
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<td>(540) 370-1588</td>
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<td>Emporia City</td>
<td>Personal Touch Homecare 425 North Main Street Emporia, VA 23847</td>
<td>(434) 290-1077</td>
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<td>Southern Virginia Regional Home Health</td>
<td>(434) 348-3459</td>
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<td>(434) 348-4400</td>
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<td>Fairfax</td>
<td>Continuum Pediatric Nursing 1700 Old Meadow Rd Suite 100 McLean, VA 22102</td>
<td>(703) 506-0123</td>
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<td>ESPRIT HOME HEALTHCARE, LLC 4209 Evergreen Lane Suite 101 Annandale, VA 22003</td>
<td>(703) 998-7400</td>
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<td>Five Star Home Health Care LLC 4500 Southgate PI Ste 200 Chantilly, VA 20151</td>
<td>(703) 662-7500</td>
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<td>PSA Healthcare 5290 Lyngate Court 1st Floor Burke, VA 22015</td>
<td>(703) 873-7672</td>
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<td>Falls Church City</td>
<td>Maxim Healthcare Services 803 W Broad St Ste 100 Falls Church, VA 22046</td>
<td>(703) 533-3131</td>
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<td>Hampton City</td>
<td>HEALTH PARTNERS HOME CARE INC 1919 Commerce Dr Ste 100 Hampton, VA 23666</td>
<td>(757) 224-2134</td>
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<td>Harrisonburg City</td>
<td>First Choice Home Health Services 370 Neff Ave Ste C Harrisonburg, VA 22801</td>
<td>(540) 434-3916</td>
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<td>Sentara Home Care - Home Health</td>
<td>535 Independence Pkwy Ste 200 Chesapeake, VA 23220</td>
<td>(804) 553-3000</td>
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<td>Sentara Home Care Services - Asthma Program</td>
<td>535 Independence Pkwy Ste 200 Chesapeake, VA 23220</td>
<td>(804) 553-3000</td>
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<tr>
<td>Chesterfield</td>
<td>ALL ABOUT CARE 10043 Midlothian Turnpike Suite 204 North Chesterfield, VA 23235</td>
<td>(804) 560-5430</td>
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<td>AMERICAN CRITICAL CARE SERVICES, INC</td>
<td>221 Ruthers Road Suite 103 North Chesterfield, VA 23235</td>
<td>(804) 320-1113</td>
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<td>Intrepid USA Healthcare Services</td>
<td>2430 Southland Dr Ste B Chester, VA 23831</td>
<td>(804) 768-9080</td>
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<td>Dickenson</td>
<td>230 Chase St Clifton, VA 24228</td>
<td>(276) 926-6600</td>
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<td>2415 Dickenson Highway Cliftonwood, VA 24228</td>
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<td>100 Fairview Dr Franklin, VA 23851</td>
<td>(757) 569-6360</td>
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<tr>
<td>Southampton Memorial Home Health</td>
<td>1200 Plant Road Ste 26 Fredericksburg, VA 22401</td>
<td>(540) 370-1588</td>
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<tr>
<td>Galax City</td>
<td>Access Home Health Care &amp; Rehabilitation 1123 East Stuart Drive Galax, VA 24333</td>
<td>(276) 266-3149</td>
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<td>Blue Ridge Home Health Care Services, Inc. 28 Shade Tree Lane Galax, VA 24333</td>
<td>(276) 236-1974</td>
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<td>Virginia Beach</td>
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<td>Henrico</td>
<td>AT Home Care</td>
<td>(540) 434-3916</td>
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<td>Henrico</td>
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</table>
**Other Services - Tier 1**

**Bon Secours Home Care, LLC (Richmond)**
5008 Monument Avenue 1st Floor
Richmond, VA 23230
(804) 627-5200

**IVNA Home Health (Skilled Nursing)**
5008 Monument Ave
Richmond, VA 23230
(804) 355-7100

**Jewish Family Services**
6718 Patterson Ave
Richmond, VA 23226
(804) 282-5644

**Medi Home Health Agency**
703 Thimble Shoals Blvd Suite B1
Newport News, VA 23606
(757) 973-3313

**Maxim Healthcare Services**
3805 Cutshaw Ave Suite 100
Richmond, VA 23230
(804) 355-9800

**Medi Home Health Agency**
8100 Three Chopt Rd Ste 226
Richmond, VA 23229
(804) 282-4301

**Sentara Home Care - Home Health**
80 College St Ste M
Christiansburg, VA 24073
(540) 382-9311

**Lee**

**MOUNTAIN REGION PERSONAL CARE SERVICES INC**
33766 Main Street
Jonesville, VA 24263
(276) 546-2783

**Lexington City**

**Carilion Home Care Services**
1 Health Circle
East Lexington, VA 24450
(540) 458-3111

**Lynchburg City**

**Centra Health Home Health**
(540) 200-4111

**First Dominion Home Health Care**
2808 Old Forest Rd
Lynchburg, VA 24501
(434) 384-2800

**Kindred at Home**
1928 Thomson Drive
Lynchburg, VA 24501
(434) 846-5219

**Manassas City**

**Medi Home Health Agency**
9625 Surveyor Ct Ste 230
Manassas, VA 20110
(703) 392-7100

**Martinsville City**

**Martinsville Home Health (Memorial Hospital of Martinsville/HC)**
320 Hospital Drive
Martinsville, VA 24112
(276) 670-7121

**Mecklenburg**

**CMH Home Health Care and Hospice**
125 Buena Vista Cir
South Hill, VA 23970
(434) 447-3151

**VCU Community Memorial Hospital**
125 Buena Vista Cir
South Hill, VA 23970
(434) 447-3151

**Montgomery**

**Heritage Home Health - Blacksburg**
3610 South Main Street
Blacksburg, VA 24060
(540) 443-6111

**Interim Healthcare**
100 Arbor Drive Suite 108
Christiansburg, VA 24073

**Kindred at Home**
1097 North Franklin Street
Christiansburg, VA 24073
(540) 382-9311

**Interim Home Health Agency**
80 College St Ste M
Christiansburg, VA 24073
(540) 382-5634

**Newport News City**

**Interim HealthCare (Charlottesville)**
703 Thimble Shoals Blvd Suite B1
Newport News, VA 23606
(757) 873-3313

**Personal Touch Homecare**
733 Thimble Shoals Blvd Ste 150
Newport News, VA 23606
(757) 395-8005

**Sentara Home Care - Home Health**
11844 Rock Landing Dr Ste A
Newport News, VA 23603
(757) 736-0700

**Norfolk City**

**Personal Touch Homecare**
5505 Robin Hood Rd Ste C1
Norfolk, VA 23513
(757) 855-1355

**PSA Healthcare**
6330 North Center Dr Ste 142
Building 13
Norfolk, VA 23502
(757) 461-6310

**Norton City**

**Dickenson County Home Health and Hospice**
346 SW Coeburn Ave
Norton, VA 24273
(276) 679-1684

**Page**

**Page Memorial Hospital Inc**
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

**Patrick**

**Martinsville Home Health (Memorial Hospital of Martinsville/HC)**
114 West Blue Ridge St Ste 200
Martinsville, VA 24112
(540) 447-3151

**Petersburg City**

**Southside Regional Home Health**
10501 South Crater Rd
Petersburg, VA 23803
(509) 326-2300

**Prince Edward**

**Centra Home Health Farmville**
800 Oak St
Farmville, VA 23901
(434) 392-8811

**Centra Southside Community Hospital**
816 East Third St
Farmville, VA 23901
(434) 392-6650

**Prince William**

**Advanced Home Care (Home Health)**
7669 Limestone Drive Suite 120
Gainesville, VA 20155
(703) 656-2063

**Maxim Healthcare Services**
12801 Darby Brookes Ct Ste 201
Woodbridge, VA 22192
(703) 490-0796

**Scarlet Haven Nursing Care**
1346 Old Bridge Rd Ste 101
Woodbridge, VA 22192
(703) 490-1197

**Pulaski**

**MEDI Home Health Agency**
102 N Washington Ave
Pulaski, VA 24301
(540) 980-0478

**Radford City**

**Carilion Clinic Home Care (Carilion New River Valley Medical Ctr)**
701 Randolph St Ste 110
Radford, VA 24141
(540) 633-9354

**Intrepid USA Healthcare Services**
101 West Main Street
Radford, VA 24141
(540) 731-3295

**Richmond City**

**The Pediatric Connection**
1300 Semmes Avenue
Richmond, VA 23224
(804) 675-4550

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Optima Direct Network Providers January 2019 625
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<th>Region</th>
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<td>Interim HealthCare 211 Roanoke St Ste 11</td>
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<td>211 Roanoke St, Roanoke, VA 24018</td>
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<td>Intrepid USA Healthcare Services 4005 Electric Road Suite 200 Roanoke, VA 24018 (540) 563-1018</td>
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<td>Maxim Healthcare Services 4502 Starkey Road SW Roanoke, VA 24018 (540) 725-1572</td>
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<td>Medi Home Health Agency 5369 Peters Creek Rd Roanoke, VA 24019 (404) 278-1322</td>
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<td>Russell</td>
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<td>Divine Home Care Inc 1283 East Main Street</td>
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<td>Abingdon, VA 24216 (276) 415-9888</td>
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<td>Home Nursing Company 1770 East Main Street</td>
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<td>Lebanon, VA 24266 (276) 889-4318</td>
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<td>Russell County Medical Center 56 Carroll and Tate Street Lebanon, VA 24266 (276) 883-8000</td>
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<td>Russell County Medical Center (Home Health &amp; Hospice) 58 Carroll St Lebanon, VA 24266 (276) 883-8484</td>
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<td>Salem, VA 24153 (540) 774-8686</td>
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<td>Scott</td>
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<td>MOUNTAIN REGION PERSONAL CARE SERVICES INC 463 Duff Patterson Hwy Ste 102 Duffield, VA 24244 (276) 431-1440</td>
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<td>Atlantic Homecare Services 573 Lynnhaven Parkway Suite 170 Virginia Beach, VA 23452 (757) 227-9079</td>
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**Optima Direct Network Providers January 2019**

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**Optima Health**
### Other Services - Tier 1

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<td>Southside Regional Med. Ctr. Home Health Care Dept.</td>
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<tr>
<td>Heartland Home Health Care and Hospice (Roanoke)</td>
<td>2800 Electric Road SW Suite 105C Roanoke, VA 24018</td>
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<td>305 Old Kentucky Turnpike Cedar Bluff, VA 24609</td>
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<tr>
<td>Valley Vital Care</td>
<td>250 North Poplar Ave Suite C Waynesboro, VA 22980</td>
<td>(540) 569-3463</td>
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**Optima Direct Network Providers January 2019**
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<td>Home Choice Partners</td>
<td>2  Bernardine Dr Ste 205</td>
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**Optima Direct Network Providers January 2019**

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**Other Services - Tier 1**

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**Fairfax City**

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<tr>
<td>Virginia Beach City</td>
<td>Sentara Home Care - Home Health</td>
<td>3580 Sentara Way Virginia Beach, VA 23452</td>
</tr>
<tr>
<td>Bristol Home Infusion</td>
<td>18377 Westhingone Rd</td>
<td>(276) 676-3468</td>
</tr>
<tr>
<td>Lincare, Inc.</td>
<td>30 Ebco Circle</td>
<td>30 Ebco Circle Suite 102 Waynesboro, VA 23908</td>
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<tr>
<td>Roanokeke City</td>
<td>Intravene OP LLC</td>
<td>4415 Pheasant Ridge Suite 101</td>
</tr>
<tr>
<td>MRI Facility</td>
<td>360 Sentara Way</td>
<td>3760 Sentara Way Virginia Beach, VA 23452</td>
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<tr>
<td>Christmas City</td>
<td>Bon Secours Maryview Medical Center - Outpatient Infusion Centers</td>
<td>500 Martha Jefferson Drive</td>
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<tr>
<td>78 Medical Center</td>
<td>Sentara Martha Jefferson Hospital</td>
<td>500 Martha Jefferson Drive</td>
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<tr>
<td>515 Ray C Hunt Drive</td>
<td>UVA HealthSouth Rehabilitation Hospital</td>
<td>515 Ray C Hunt Drive</td>
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<tr>
<td>Chesapeake Regional Imaging Center, Kingsborough</td>
<td>676 Kingesborough Sq Ste A</td>
<td>Chesapeake, VA 23320</td>
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<tr>
<td>Chesterfield</td>
<td>Bon Secours St. Francis Medical Center</td>
<td>13710 St Francis Blvd</td>
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</tbody>
</table>
Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3670
8260 Atlee Rd
Mechanicsville, VA 23116
(804) 764-6000
Sheltering Arms Rehab Hospital Inpatient South
8254 Atlee Road
Mechanicsville, VA 23116
(804) 342-4300

Manassas City
Novant Health UVA Health System Prince William Medical Center
8700 Sudley Rd
Manassas, VA 20110
(703) 569-8000

Mecklenburg
VCU Community Memorial Hospital
125 Buena Vista Cir
South Hill, VA 23970
(434) 447-3151

Portsmouth City
Bon Secours Maryview Medical Center
3636 High St
Portsmouth, VA 23707
(757) 398-2200

Prince Edward
Centra Southside Community Hospital
900 Oak St
Farmville, VA 23901
(434) 392-8811

West End Orthopaedic Clinic MRI
1509 West Third Street
Farmville, VA 23901
(434) 392-1512

Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

VCU Health System/MCV Hospital - North
1300 E Marshall St
Richmond, VA 23298
(804) 828-9000

VCU Health System/MCV Hospital - West
1200 E Broad St
Richmond, VA 23298
(804) 828-9000

Shenandoah
Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Suffolk City
Sentara Obici Hospital
2800 Godwin Blvd
Suffolk, VA 23434
(757) 934-8000

Virginia Beach City
Sentara Virginia Beach General Hospital
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-8000

Washington
Mobile Images Acquisitions, Inc.
851 French Moore Jr Boulevard
Abingdon, VA 24210
(276) 236-8181

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Lynchburg City
Centra Lynchburg General Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-3000
Centra Virginia Baptist Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-4766
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 947-4668

Pittsylvania
Centra Virginia Baptist Hospital
291 McBride Ln
Gretna, VA 24557
(434) 626-1274

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Lynchburg City
Centra Lynchburg General Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-3000
Centra Virginia Baptist Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-4766
3300 Rivermont Ave
Lynchburg, VA 24503
(434) 947-4668

Other Services - Tier 1

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
The Fairfax MRI Center at Reston
8503 Arlington Blvd Ste LL120
Fairfax, VA 22031
(703) 481-9400

Fauquier
Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

Franklin City
Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(804) 569-6100

Galax City
Twin County Regional Hospital
200 Hospital Drive
Galax, VA 24333
(276) 236-8181

Halifax
Halifax Regional Hospital
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3100

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000
## Orthotics and Prosthetics

### Accomack
- **Don Joy Orthopaedics**
  - 612 Rio Rd W Suite 5
  - Chesapeake, VA 23320
  - (757) 549-3668

### Albemarle
- **Med Emporium**
  - 701 Battlefield Blvd N
  - Chesapeake, VA 23320
  - (757) 312-0133
  - (757) 312-0133

### Chesapeake City
- **Don Joy Orthopaedics**
  - 2805 Duke St
  - Alexandria, VA 22314
  - (800) 336-6569

### Arlington
- **Don Joy Orthopaedics**
  - 2445 Army Navy Dr
  - Arlington, VA 22206
  - (800) 336-6569
  - 601 South Carlin Spring Rd
  - Arlington, VA 22204
  - (800) 336-6569

### Augusta
- **Virginia Prosthetics, Inc.**
  - 1354 Kempsville Road Suite 101
  - Chesapeake, VA 23320
  - (757) 549-1611

### Charleston Place
- **Don Joy Orthopaedics**
  - 4525 Lee St
  - Chester, VA 23831
  - (800) 336-6569

### Colonial Heights City
- **Colonial Orthopaedcics, Inc.**
  - 325 Charles H Dimmock Parkway Suite 100
  - Colonial Heights, VA 23834
  - (804) 526-5808

### Culpeper
- **Don Joy Orthopaedics**
  - 663 Sunset Ln Culpeper, VA 22701
  - (800) 336-6569

### Danville City
- **Excel Prosthetics & Orthotics, Inc.**
  - 312 S Main st
  - Danville, VA 24541
  - (434) 797-1191
  - (434) 793-5239

### Essex
- **Don Joy Orthopaedics**
  - 721 Charlotte St Tappahannock, VA 22560
  - (808) 336-6509

### Fairfax
- **CRANIAL TECHNOLOGIES**
  - 3290 Woodburn Road Ste 320
  - Ammandale, VA 22003
  - (703) 876-1600

### Henrico
- **American CMG Services, Inc**
  - 2600 Bromo Road Ste 205
  - Richmond, VA 23226
  - (804) 353-9077
  - 2281 Dabney Rd Ste C
  - Richmond, VA 23230
  - (804) 353-9077
  - 1007 Peachtree Blvd
  - Richmond, VA 23226
  - (800) 336-6569

### Lynchburg City
- **Excel Prosthetics & Orthotics, Inc.**
  - 2255 Langhorne Road Suite 1
  - Lynchburg, VA 24510
  - (434) 528-3695

### Other Services - Tier 1

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<thead>
<tr>
<th>Service Provider</th>
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<th>Phone Number</th>
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<tbody>
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<td>Foot Solutions (JJS)</td>
<td>1437 Sams Drive Ste 122</td>
<td>(757) 549-3668</td>
</tr>
<tr>
<td>Med Emporium</td>
<td>701 Battlefield Blvd N</td>
<td>(757) 312-0133</td>
</tr>
<tr>
<td>Virginia Prosthetics, Inc.</td>
<td>103 S Pantops Dr Suite 107</td>
<td>(434) 220-2426</td>
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<tr>
<td>Orthofit Inc.</td>
<td>1354 Kempsville Road Suite 101</td>
<td>(757) 549-1611</td>
</tr>
<tr>
<td>Fuller Life Orthotics and Prosthetics</td>
<td>612 Rio Rd W Suite 5</td>
<td>(757) 549-3668</td>
</tr>
<tr>
<td>Creative Images, LLC</td>
<td>1354 Kempsville Road Suite 101</td>
<td>(757) 549-1611</td>
</tr>
<tr>
<td>American CMG Services, Inc</td>
<td>1521 Technology Dr</td>
<td>(757) 548-5656</td>
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<tr>
<td>Foot Solutions (JJS)</td>
<td>1437 Sams Drive Ste 122</td>
<td>(757) 549-3668</td>
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<td>Med Emporium</td>
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<td>(757) 312-0133</td>
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<td>(757) 549-1611</td>
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<tr>
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<td>612 Rio Rd W Suite 5</td>
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<td>Creative Images, LLC</td>
<td>1354 Kempsville Road Suite 101</td>
<td>(757) 549-1611</td>
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<tr>
<td>American CMG Services, Inc</td>
<td>1521 Technology Dr</td>
<td>(757) 548-5656</td>
</tr>
</tbody>
</table>

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**Optima Direct Network Providers January 2019**

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**Optima Health**
Other Services - Tier 1

Manassas City
Don Joy Orthopaedics
8650 Sudley Rd Ste 209
Manassas, VA 20110
(800) 336-6569

Martinsville City
Virginia Prosthetics, Inc.
315 Hospital Drive Ste 104
Martinsville, VA 24112
445 E Commonwealth Blvd Ste C
Martinsville, VA 24112
(276) 634-2690

Mecklenburg
SME, INC. USA
420 Bracey Ln
South Hill, VA 23970
(800) 553-6971

Newport News City
Coastal Prosthetics & Orthotics, LLC
11818 Rock Landing Dr
Newport News, VA 23606
(757) 892-5300
Don Joy Orthopaedics
11782 Rock Landing Rd
Newport News, VA 23606
(757) 892-5300
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic)
6275 E Virginia Beach Blvd Ste 100
Norfolk, VA 23502
(757) 461-0671
Med Emporium
2322 E Little Creek Rd
Norfolk, VA 23518
(757) 588-1487
Tidewater Prosthetics Center, Inc.
6363 Center Dr Blvd 6 Ste 100
Norfolk, VA 23502
(757) 925-4844

Northampton
Orthofit Inc.
11536 Occohannock Rd
Exmore, VA 23350

Norfolk City
Booden Orthopedic & Prosthetic
2418 Granby St
Norfolk, VA 23517
(757) 627-4191
Children's Hospital of the King's Daughters
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7000
Coastal Prosthetics & Orthotics, LLC
6320 N Center Dr Bldg 15 Ste 201
Norfolk, VA 23502
(757) 892-5300
Don Joy Orthopaedics
171 Kempsvale Rd Ste 102
Norfolk, VA 23502
(800) 336-6569

Hanger Prosthetics & Orthotics
6275 E Virginia Beach Blvd Ste 100
Norfolk, VA 23502
(757) 461-0671

Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic)
6275 East Virginia Beach Blvd Ste 100
Norfolk, VA 23502
(757) 461-0671
Med Emporium
2322 E Little Creek Rd
Norfolk, VA 23518
(757) 588-1487
Tidewater Prosthetics Center, Inc.
6363 Center Dr Bldg 6 Ste 100
Norfolk, VA 23502
(757) 925-4844

Petersburg City
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic)
3333 S Carter Rd Ste 3D
Petersburg, VA 23805
(804) 733-0900

Portsmouth City
Drs. Althouse Carroll and Alperin LTD.
3410 County Street
Portsmouth, VA 23707
(757) 393-2568

Radford City
Excel Prosthetics & Orthotics, Inc.
210 West Main Street
Radford, VA 24141
(540) 731-1481

Richmond City
Don Joy Orthopaedics
1300 W Broad St Ste 113
Richmond, VA 23284
(800) 336-6569
500 Hioaks Rd
Richmond, VA 23225
(800) 336-6569
Hanger Prosthetics & Orthotics, Inc. (Hanger Clinic)
201 N Belvedere St
Richmond, VA 23220
(804) 643-9064

Roanoke City
Don Joy Orthopaedics
1102 Jefferson St SE
Roanoke, VA 24016
(800) 336-6569
Excel Prosthetics & Orthotics, Inc.
115 Albermarle Ave SE
Roanoke, VA 24013
(434) 797-1191
SME, INC. USA
2275 Westover Ave
Roanoke, VA 24015
(800) 553-6971
Virginia Prosthetics, Inc.
4338 Williamson Rd
Roanoke, VA 24012
(540) 366-8287

Salem
Davis & Davis, Inc t/a Lourine's
Breast Prosthesis & Wigs
355 E 3rd Street
Salem, VA 24153
(540) 387-1057

Shenandoah
Valley Orthotic Specialists Inc.
5421 Main Street
Mount Jackson, VA 22842
(540) 477-9132

Spotsylvania
Don Joy Orthopaedics
12101 Carol Ln
Fredericksburg, VA 22407
(800) 336-6569
Mobility Prosthetics & Orthotics
3808 Jefferson Davis Hwy
Fredericksburg, VA 22408
(540) 899-0127

Stafford
US Orthotics & Prosthetics
30 Pound Country Drive Suite 103
Fredericksburg, VA 22405
(540) 899-2655

Suffolk City
Bennett's Creek Pharmacy
3219 Bridge Road
Suffolk, VA 23435
(757) 483-6966
Coastal Carolina Prosthetics and Orthotics, Inc
148 Burnettas Way Ste 104
Suffolk, VA 23434
(757) 934-2676
Eastern Virginia Orthotics and Prosthetics, Inc
3517 Lingfield Cove
Suffolk, VA 23435
(757) 850-0285
Progressive Prosthetic & Orthopedic Services
1577 Wilroy Road Suite 300
Suffolk, VA 23434

Tidewater Prosthetics Center, Inc.
150 Burnettas Way Ste 300
Suffolk, VA 23435
(757) 925-4844

Tazewell
Bristol Orthotics and Prosthetics
1051 Claywood Hill Mall Ste 13
Cedar Bluff, VA 24609

Virginia Beach City
Boden Orthopedic & Prosthetic Center
5511 Princess Anne Rd Ste 101
Virginia Beach, VA 23462
(757) 490-8100
Coastal Prosthetics & Orthotics, LLC
1924 Landstowne Centre Way Ste 109
Virginia Beach, VA 23456
(757) 892-5300
Don Joy Orthopaedics
1700 Will O Wisp Dr
Virginia Beach, VA 23454
(800) 336-6569
1800 Republic Rd Ste 102
Virginia Beach, VA 23454
(800) 336-6569
Lawson Medical
1821 Old Donation Pkwy Suite 7
Virginia Beach, VA 23454
(757) 631-6311
Med Emporium
1940 Laskin Rd Ste 306
Virginia Beach, VA 23454
(757) 428-0787
Montagna Shoes
752 Independence Blvd Ste 4546
Virginia Beach, VA 23455
(757) 490-2034
Orthofit Inc.
3200 Dam Neck Rd Suite 108
Virginia Beach, VA 23453
(757) 200-5811
Progressive Prosthetic & Orthopedic Services
380 Cleveland Place
Virginia Beach, VA 23456
(757) 456-5501
SME, INC. USA
3708 Albacore Key
Virginia Beach, VA 23455
(800) 553-6971
United Medical, Inc.
4654 Haygood Road Suite B
Virginia Beach, VA 23455
(757) 366-8287
Vicki's Mastectomy Boutique
277 N Lynnhaven Rd Ste 108
Virginia Beach, VA 23452
(757) 463-5501

Washington
Bristol Orthotics and Prosthetics
445 Porterfield Hwy Suite C
Abingdon, VA 24210
(276) 451-2239
### Winchester City

- **Excel Prosthetics & Orthotics, Inc.** 130A Pecan Street
  Abingdon, VA 24210
  (276) 623-0255

- **Cardinal Prosthetics & Orthotics, LLC**
  2654 Valley Ave Ste D
  Winchester, VA 22601
  (540) 722-9714

- **Valley Orthotic Specialists Inc.**
  136 Linden Drive Ste 102
  Winchester, VA 22601
  (540) 477-9132
  1726 Amherst St
  Winchester, VA 22601
  (540) 667-3631

### Physical/Occupational/Hand Therapy

- **Jurisdiction:** Accomack

  - **Bayside Rehabilitation, Inc.**
    36082 Lankford Hwy
    Belle Haven, VA 23306
    (757) 442-5222

  - **Daisey Physical Therapy & Sports Medicine**
    460529 Chincoteague Rd
    Chincoteague, VA 23337
    (757) 854-0500

  - **Eastern Shore Community Services Board**
    15300 Merry Cat Lane
    Belle Haven, VA 23306
    (757) 442-5799

  - **Mosher Physical Therapy and Sports Medicine, PC**
    20435 Washington St
    Onley, VA 23418
    (757) 789-3075

  - **Rehabilitation Associates**
    110 Market Street
    Onancock, VA 23417
    (757) 490-3223

### Albemarle

- **Albemarle Physical Therapy Associates, PLLC**
  285 Hydraulic Ridge Rd Ste 4
  Charlottesville, VA 22901
  (434) 817-0980

- **Atlantic Sports & Rehabilitation Services, Inc.**
  1410 Incarnation Dr Ste 101
  Charlottesville, VA 22901
  (434) 978-4915

- **Blue Ridge Rehabilitation Associates, Incorporated**
  3010 Berkmar Dr
  Charlottesville, VA 22901
  (434) 973-5031

- **Brian Lambert Physical Therapy**
  1405 Rolkin Court Ste 102
  Charlottesville, VA 22911
  (434) 977-6700

- **Charlottesville Hand Surgery, PLC**
  320 Winding River Lane Ste 320
  Charlottesville, VA 22911
  (434) 984-4263

- **Connections Achievement and Therapy Center, Corp.**
  277 Hydraulic Ridge Rd
  Charlottesville, VA 22901
  (434) 529-6248

- **Crawford Physical Therapy Limited Partnership**
  1406 Greenbrier Place
  Charlottesville, VA 22901
  (434) 817-4000

- **Northside Physical Therapy & Fitness**
  1770 Timberwood Blvd Ste 104
  Charlottesville, VA 22911
  (434) 964-0067

- **Pantops Physical Therapy, PC**
  1400 Pantops Mountain Place Suite 202
  Charlottesville, VA 22911
  (434) 244-0069

- **Phoenix Rehabilitation and Health Services of Virginia, LLC**
  2114 Angus Rd Ste 107
  Charlottesville, VA 22901
  (434) 295-4473

- **Physical Therapy at ACAC LLC**
  410 Albemarle Square
  Charlottesville, VA 22901
  (434) 817-7848

- **Pivot Physical Therapy of Virginia**
  1490 Pantops Mountain Place Suite 202
  Charlottesville, VA 22911
  (434) 817-7848

- **PT Plus Health, LLC**
  5690 Three Notch Rd Ste 107
  Crozet, VA 22932
  (434) 823-7613

- **Rehabilitation Associates of Central Virginia, LP**
  1406 Greenbrier Place
  Charlottesville, VA 22901
  (434) 220-0069

- **Sentara Martha Jefferson Therapy - Outpatient Care Center Pantops**
  595 Martha Jefferson Drive
  Charlottesville, VA 22901
  (434) 654-8888

- **Sentara Martha Jefferson Therapy - Outpatient Care Center Profitt**
  3263 Profit Road
  Charlottesville, VA 22901
  (434) 654-4653

- **Spectrum Therapy**
  1620 Timberwood Boulevard Suite 211
  Charlottesville, VA 22911
  (434) 202-2830

- **2050 Abbey Road Suite B**
  Charlottesville, VA 22911
  (434) 817-4100

- **696 Berkmar Circle**
  Charlottesville, VA 22901
  (434) 817-4100

- **Spectrum Therapy - Albermarle**
  716 Levy Ave
  Charlottesville, VA 22901
  (703) 625-1027

### Alexandria City

- **Select Physical Therapy (Alexandria - Ford Ave)**
  4401 Ford Avenue Suite 301
  Alexandria, VA 22302
  (703) 845-0500

### Alleghany

- **Alleghany Health and Rehab**
  1725 Main Street
  Clifton Forge, VA 24422
  (540) 862-5791

- **Alleghany Highlands Community Services**
  543 Church St
  Clifton Forge, VA 24422
  (540) 863-1620

- **Alliegnery Regional Hospital d/b/a LewisGale Alleghany**
  One Arh Lane
  Low Moor, VA 24457
  (540) 862-6200

### Augusta

- **Advantage Physical Therapy of Virginia LLC**
  54 Franklin St Village Plaza
  Weyers, VA 24486
  (540) 234-8800

- **Augusta Medical Center**
  78 Medical Center
  Fishersville, VA 22939
  (540) 932-4000

- **Barren Ridge Physical Therapy Limited Partnership**
  32 Windward Drive Suite 110
  Fishersville, VA 22939
  (540) 490-5383

- **Synergy Rehab and PT Wellness, LLC**
  1561 Commerce Rd Ste 402
  Verona, VA 24482
  (540) 416-0530

- **Wilson Workforce and Rehabilitation Center**
  243 Woodrow Wilson Ave
  Fishersville, VA 22939
  (540) 332-7082

### Bath

- **Bath Community Hospital**
  106 Park Drive
  Hot Springs, VA 24445
  (540) 839-7000
<table>
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<th><strong>Bedford</strong></th>
<th><strong>Caroline</strong></th>
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<tr>
<td>Rehabilitation Associates of Central Virginia, L.P.</td>
<td>Douglas Avery &amp; Associates, Ltd. d/b/a NovaCare Rehabilitation</td>
<td>747 Volvo Pkwy Ste 103</td>
</tr>
<tr>
<td>1111 Corporate Park Dr Suite B Forest, VA 24551</td>
<td>121 Courthouse Ln (Kessler) Bowling Green, VA 22427</td>
<td>Chesapeake, VA 23320</td>
</tr>
<tr>
<td>(434) 525-4851</td>
<td>(804) 633-1232</td>
<td>(757) 420-2880</td>
</tr>
<tr>
<td>12281 Moneta Rd Suite B Moneta, VA 24121</td>
<td>121 Courthouse Lane Suite 100 Bowling Green, VA 22427</td>
<td><strong>Pivot Physical Therapy of Virginia (Hampton Roads)</strong></td>
</tr>
<tr>
<td>(540) 296-3203</td>
<td>(804) 633-1232</td>
<td>135 Hanbury Rd Suite B Chesapeake, VA 23322</td>
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<tr>
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<td></td>
<td>4020 Raintree Road Ste D Chesapeake, VA 23321</td>
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<td>(757) 484-4241</td>
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<td></td>
<td>927 N Battlefield Blvd Suite 200 Chesapeake, VA 23320</td>
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<td>(757) 436-3350</td>
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<td><strong>Restorative Physical Therapy &amp; Wellness, LLC</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>900 Stanhope Gardens Suite 101 Chesapeake, VA 23320</td>
</tr>
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<td></td>
<td></td>
<td>(757) 842-6562</td>
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<tr>
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<td><strong>Sentara Therapy Center - Edinburgh</strong></td>
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<td>(703) 256-3400</td>
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<td>(703) 765-7700</td>
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<td>(703) 425-1800</td>
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<td>(703) 556-7788</td>
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<td>6700 Columbia Pike</td>
<td>(703) 339-4440</td>
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<td>Patriot Sports Medicine (Alexandria Sports)</td>
<td>4001 Fair Ridge Dr Ste 201</td>
<td>(703) 273-0093</td>
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Optima Direct Network Providers January 2019 635
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<tr>
<td><strong>Physiotherapy Associates</strong>&lt;br&gt;160 Exeter Dr Ste 101&lt;br&gt;Winchester, VA 22603&lt;br&gt;(540) 665-0104</td>
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<td><strong>Select Physical Therapy (Physiotherapy - Exeter Dr)</strong>&lt;br&gt;160 Exeter Drive&lt;br&gt;Suite 101&lt;br&gt;Winchester, VA 22603&lt;br&gt;(540) 665-0104</td>
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<td><strong>Spine &amp; Sport Physical Therapy, PLLC</strong>&lt;br&gt;640 Warrior Dr Ste 115&lt;br&gt;Stephens City, VA 22655&lt;br&gt;(540) 868-9599</td>
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<td><strong>University Physical Therapy</strong>&lt;br&gt;154 Kinter Way&lt;br&gt;Pearisburg, VA 24334&lt;br&gt;(540) 921-5200</td>
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<td><strong>University PT - Pearisburg</strong>&lt;br&gt;130 Kinter Way&lt;br&gt;Pearisburg, VA 24334&lt;br&gt;(540) 921-5200</td>
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<td><strong>Bayside Children’s Therapy Network</strong>&lt;br&gt;6688 Main St&lt;br&gt;Glasgow, VA 23061&lt;br&gt;(804) 210-1555</td>
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<td><strong>Pivot Physical Therapy of Virginia</strong>&lt;br&gt;7190 Chapman Drive&lt;br&gt;Hayes, VA 23072&lt;br&gt;(804) 642-3028</td>
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<td><strong>Pivot Physical Therapy of Virginia (Hampton Roads)</strong>&lt;br&gt;6970 Fox Hunt Lane&lt;br&gt;Glasgow, VA 23061&lt;br&gt;(804) 210-1343</td>
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<tr>
<td><strong>Sentara Therapy Center - Gloucester</strong>&lt;br&gt;5659 Parkway Drive Suite 130&lt;br&gt;Glasgow, VA 23061&lt;br&gt;(804) 210-1060</td>
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<tr>
<th>Goochland</th>
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<tbody>
<tr>
<td><strong>Pivot Physical Therapy of Pennsylvania</strong>&lt;br&gt;44 Broad St Route 250&lt;br&gt;Manakin-Sabot, VA 23103&lt;br&gt;(804) 794-7587</td>
</tr>
<tr>
<td><strong>Pivot Physical Therapy of Virginia</strong>&lt;br&gt;44 Broad Street Road&lt;br&gt;Manakin Sabot, VA 23103&lt;br&gt;(804) 784-7090</td>
</tr>
<tr>
<td><strong>ProCare Physical Therapy Inc.</strong>&lt;br&gt;44 Broad St&lt;br&gt;Manakin Sabot, VA 23103&lt;br&gt;(804) 784-7090</td>
</tr>
<tr>
<td><strong>Mountain Valley Physical Therapy</strong>&lt;br&gt;574 East Main Street&lt;br&gt;Independence, VA 24348&lt;br&gt;(276) 773-8118</td>
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<tr>
<td><strong>Small Talk Speech &amp; Therapy Center, LLC</strong>&lt;br&gt;69 Deane Road&lt;br&gt;Ruckersville, VA 22968&lt;br&gt;(434) 481-3524</td>
</tr>
<tr>
<td><strong>Spectrum Therapy</strong>&lt;br&gt;138 Stonebridge Drive N Suite 4&lt;br&gt;Ruckersville, VA 22968&lt;br&gt;(434) 985-2288</td>
</tr>
<tr>
<td><strong>Tidewater Orthopaedic Associates</strong>&lt;br&gt;901 Enterprise Pkwy Ste 900&lt;br&gt;Ruckersville, VA 22968&lt;br&gt;(434) 985-2288</td>
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<tr>
<td><strong>Ashland Physical Therapy Associates</strong>&lt;br&gt;203 N Washington Hwy&lt;br&gt;Ashland, VA 23005&lt;br&gt;(804) 340-1193</td>
</tr>
<tr>
<td><strong>Bon Secours Memorial Regional Medical Center</strong>&lt;br&gt;8200 Meadowbridge Road Suite 100&lt;br&gt;Mechanicsville, VA 23116&lt;br&gt;(804) 442-3670</td>
</tr>
<tr>
<td><strong>Bon Secours Memorial Regional Medical Center - PT</strong>&lt;br&gt;8200 Meadowbridge Road Suite 100&lt;br&gt;Mechanicsville, VA 23116&lt;br&gt;(804) 442-3670</td>
</tr>
<tr>
<td><strong>Bayside Children’s Therapy Network</strong>&lt;br&gt;8907 Fordham Drive&lt;br&gt;Mechanicsville, VA 23116&lt;br&gt;(804) 254-9120</td>
</tr>
<tr>
<td><strong>Centra Outpatient Rehabilitation</strong>&lt;br&gt;291 McBride Ln&lt;br&gt;Gretna, VA 24577&lt;br&gt;(434) 626-1274</td>
</tr>
<tr>
<td><strong>Danville Orthopaedic &amp; Athletic Rehabilitation, Inc.</strong>&lt;br&gt;1438 Seymour Dr&lt;br&gt;South Boston, VA 24592&lt;br&gt;(434) 517-9947</td>
</tr>
<tr>
<td><strong>Sentara Halifax Regional Hospital - Cox Rehab Center</strong>&lt;br&gt;2232 Wilborn Ave&lt;br&gt;South Boston, VA 24592&lt;br&gt;(434) 517-3169</td>
</tr>
<tr>
<td><strong>Dominion Physical Therapy &amp; Associates, Inc.</strong>&lt;br&gt;304 Marcella Rd Ste E&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 825-9446</td>
</tr>
<tr>
<td><strong>Kingsway Physical Therapy LLC</strong>&lt;br&gt;91 East Mercury Boulevard&lt;br&gt;Hampton, VA 23669&lt;br&gt;(757) 325-8226</td>
</tr>
<tr>
<td><strong>Peninsula Physical Therapy and Associates, Inc.</strong>&lt;br&gt;1618 Hardy Cash Dr&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 838-7453</td>
</tr>
<tr>
<td><strong>Peninsula Physical Therapy of Virginia (Hampton Roads)</strong>&lt;br&gt;2106 Executive Drive&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 838-6678</td>
</tr>
<tr>
<td><strong>Peninsula Physical Therapy of Virginia (Hampton Roads)</strong>&lt;br&gt;9 Manhattan Sq Ste B&lt;br&gt;Hampton, VA 23666&lt;br&gt;(757) 825-3400</td>
</tr>
<tr>
<td><strong>Sentara Therapy Center - CarePlex</strong>&lt;br&gt;210 England St (Kessler)&lt;br&gt;Ashland, VA 23005&lt;br&gt;(804) 798-1591</td>
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<tr>
<td><strong>Ashland, VA 23005</strong>&lt;br&gt;(804) 798-9870</td>
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<tr>
<td><strong>Mechanicsville, VA 23116</strong>&lt;br&gt;(804) 559-2900</td>
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<tr>
<td><strong>Physical Therapy Solutions, Limited Partnership</strong>&lt;br&gt;8201 Atlee Road Suite D&lt;br&gt;Mechanicsville, VA 23116&lt;br&gt;(804) 569-1787</td>
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<tr>
<td><strong>Mechanicsville, VA 23116</strong>&lt;br&gt;(804) 559-3390</td>
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<tr>
<td><strong>Mechanicsville, VA 23116</strong>&lt;br&gt;(804) 559-1787</td>
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<td><strong>Mechanicsville, VA 23116</strong>&lt;br&gt;(804) 559-1787</td>
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<th>Other Services - Tier 1</th>
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<tr>
<td><strong>Select Physical Therapy (Select PT Solutions - Chester)</strong>&lt;br&gt;2801 Atlee Rd Suite D&lt;br&gt;Mechanicsville, VA 23116&lt;br&gt;(804) 569-1787</td>
</tr>
<tr>
<td><strong>SELECT PHYSICAL THERAPY</strong>&lt;br&gt;429 England St&lt;br&gt;Ashland, VA 23005&lt;br&gt;(804) 798-9870</td>
</tr>
<tr>
<td><strong>Tidewater Orthopaedic Associates</strong>&lt;br&gt;901 Enterprise Pkwy Ste 900&lt;br&gt;Ruckersville, VA 22968&lt;br&gt;(434) 985-2288</td>
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Optima Direct Network Providers January 2019 637

Other Services - Tier 1

Select Physical Therapy (Select PT Holdings - Lee Davis Rd)
7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900

Sentara RMH Orthopedics and Sports Medicine
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(804) 689-5500

Sentara RMH Wellness Center
2500 Wellness Drive
Harrisonburg, VA 22801
(540) 689-5500

The Center for Hand and Physical Therapy
3221 Peoples Drive Suite 110
Harrisonburg, VA 22801
(540) 638-2478

Virginia Mennonite Rehab Center
1481 Virginia Avenue
Harrisonburg, VA 22801
(540) 574-3850

Wampler & Associates Rehabilitation PC
220 Reservoir St
Harrisonburg, VA 22801
(540) 434-9267

Sentara RMH East Market Street
8254 Atlee Rd
Mechanicsville, VA 23116
(804) 764-1001

Sheltering Arms Rehabilitation Center at Hanover
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Harrisonburg City

Advantage Physical Therapy of Virginia LLC
313 Neff Ave Suite C
Harrisonburg, VA 22801
(540) 434-1200

Appalachian Physical Therapy
2035 E Market St Suite 45
Harrisonburg, VA 22801
(540) 901-9501

Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Hess Orthopaedic Center & Sports Medicine, PLLC
4165 Quares Ct
Harrisonburg, VA 22801
(540) 437-7585

Occupational Therapy Clinical Education Services
131 W Grace St Rm 1100
Harrisonburg, VA 22807
(540) 568-4980

RMH Outpatient Rehab Services
501 Stone Spring Rd
Harrisonburg, VA 22801
(540) 433-4555

Parkview 1481 Virginia Ave
Harrisonburg, VA 22802
(540) 438-4228

Sunnyside Retirement Community
3935 Sunnyside Dr
Harrisonburg, VA 22801
(540) 433-4198

RMH Rehab Services
220 Reservoir St
Harrisonburg, VA 22801
(540) 433-8146

Sentara RMH East Market Street
1790 East Market Street Ste 64B
Harrisonburg, VA 22801
(540) 564-5559

Sentara RMH Orthopedics and Sports Medicine
2509 Pleasant Run Drive
Harrisonburg, VA 22801
(540) 689-5500

Sentara RMH Wellness Center
2500 Wellness Drive
Harrisonburg, VA 22801
(540) 689-5500

The Center for Hand and Physical Therapy
3221 Peoples Drive Suite 110
Harrisonburg, VA 22801
(540) 638-2478

Virginia Mennonite Rehab Center
1481 Virginia Avenue
Harrisonburg, VA 22801
(540) 574-3850

Wampler & Associates Rehabilitation PC
220 Reservoir St
Harrisonburg, VA 22801
(540) 434-9267

Harrisonburg City

Sentara RMH Wellness Center
2500 Wellness Drive
Harrisonburg, VA 22801
(540) 689-5500

The Center for Hand and Physical Therapy
3221 Peoples Drive Suite 110
Harrisonburg, VA 22801
(540) 638-2478

Virginia Mennonite Rehab Center
1481 Virginia Avenue
Harrisonburg, VA 22801
(540) 574-3850

Wampler & Associates Rehabilitation PC
220 Reservoir St
Harrisonburg, VA 22801
(540) 434-9267

Henrico

Beth Sholom Rehabilitation Clinic
1600 John Rolfe Pkwy
Richmond, VA 23238
(804) 421-5352

Bon Secours Physical Therapy & Sports Medicine
9600 Patterson Ave
Richmond, VA 23229
(804) 285-6818

Bon Secours Richmond Hope Therapy Center (Pediatric)
4900 Dominion Blvd Ste B
Glen Allen, VA 23060
(804) 747-4673

Bon Secours St. Mary's Hospital
5801 Bremo Rd
Richmond, VA 23226
(804) 285-2011

Center for Physical Therapy & Sports Medicine, PC
3920 Springfield Rd
Richmond, VA 23229
(804) 747-7472

Children's Hospital (Physical Therapy)
10124 West Broad St
Glen Allen, VA 23060
(804) 273-6656

Children's Hospital of Richmond at the VCU Health System
10124 West Broad St
Glen Allen, VA 23060
(804) 273-6656

Concentra Medical Centers
9900 W Broad St Ste C
Glen Allen, VA 23060
(888) 997-2669

Elizabeth Adam Crump Health and Rehab
2600 Mountain Road
Glen Allen, VA 23060
(804) 672-8725

First Steps Physical Therapy, Inc.
4915 Turner Ridge Court
Glen Allen, VA 23059
(804) 918-4010

Heathsouth Hand Rehabilitation Center
7650 E Parham Rd Ste 100
Richmond, VA 23294
(804) 935-1378

Heathsouth Rehabilitation Hospital of Virginia
5700 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-5700

Healthsouth Sports Medicine & Rehabilitation Center
7560 E Parham Rd Ste 120
Richmond, VA 23294
(804) 747-4417

Henrico Area Mental Health & Developmental Services
10299 Woodman Rd
Glen Allen, VA 23060
(804) 261-8511

4825 S Laburnum Ave
Richmond, VA 23231
(804) 222-2607

Henrico Doctors' Hospital - Forest Campus
1602 Skipwith Rd
Richmond, VA 22229
(804) 289-4500

Henrico Doctors' Hospital - Parham Campus
7700 East Parham Rd
Richmond, VA 23294
(804) 747-5600

Infant and Child Development Services
1901 Westwood Ave
Richmond, VA 23227
(804) 358-1874

Lawrence Rehabilitation Specialists
2034 Dabney Rd Ste D
Richmond, VA 23233
(804) 523-2653

Physical Therapy Solutions, Limited Partnership
4101 Cox Road Suite 100
Glen Allen, VA 23060
(804) 716-0457

Physiotherapy Associates Inc of West Broad
8906 West Broad St Ste F
Richmond, VA 23294
(804) 965-9990

Physiotherapy Associates of Mechanicsville
8906 West Broad Street Ste F
Richmond, VA 23294
(804) 965-9990

Physiotherapy Associates of Richmond, VA 23233
(804) 523-2653

RVA Physical Therapy & Sports Rehab, LLC
5388 Twin Hickory Road Suite 102
Glen Allen, VA 23069
(804) 874-2476

SELECT PHYSICAL THERAPY
1340 Gaskins Road Unit 12
Richmond, VA 23228
(804) 747-4417

Select Physical Therapy (Physiotherapy - West Broad St)
8906 West Broad Street Suite F
Richmond, VA 23294
(804) 965-9990

Select Physical Therapy (Select PT Holdings - Gaskins Rd)
1340 Gaskins Road
Richmond, VA 23228
(804) 747-4417

Shelting Arms Hospital Outpatient Services
4730 S Laburnum Avenue
Richmond, VA 23231
(804) 764-1001

Shelting Arms Midtown
4730 S Laburnum Avenue
Richmond, VA 23231
(804) 764-1001

Shelting Arms Outpatient at the St. Mary's Hospital Campus
5899 Bremo Rd Ste 101
Richmond, VA 23226
(804) 289-1545

Sheltering Arms Therapy Clinics, LLC dba PT Works
2296 John Rolfe Pkwy
Henrico, VA 23233
(804) 747-7077
Spot on Therapy Group LLC  
4840 Waller Rd Suite 200  
Richmond, VA 23230  
(804) 893-5010  

Tuckahoe Orthopaedic Associates, Ltd  
1501 Maple Ave Northwest MOB  
Suite 303  
Richmond, VA 23226  
(804) 285-2300  

U.S. PT Managed Care dba Virginia Sports Medicine & Physical Therapy  
3413 Cox Rd  
Richmond, VA 23233  
(804) 527-1460  

Peak Physical Therapy, PLC  
344 McLawns Cir  
Williamsburg, VA 23185  
(757) 564-7381  

Pivot Physical Therapy of Virginia  
156 B Strawberry Plains Road  
Williamsburg, VA 23185  
(757) 565-6445  

Sentara Therapy Center - James City  
3501 Longhill Rd  
Williamsburg, VA 23188  
(757) 259-4221  

Sentara Therapy Center - Kings Mill  
1915 Pocahontas Trail Suite F10  
Williamsburg, VA 23185  
(757) 984-9785  

Sentara Therapy Center - Williamsburg YMCA  
301 Sentara Circle YMCA Building  
Williamsburg, VA 23188  
(757) 984-9900  

TPMC PT & OT  
5424 Discovery Park Boulevard  
Suite 101  
Williamsburg, VA 23188  
(757) 345-2512  

Williamsburg Physical Therapy & Sports Therapy Center  
156 Strawberry Plains Rd Ste B  
Williamsburg, VA 23185  
(757) 220-8836  

Williamsburg Speech Specialties  
3001 Treyburn Dr Suite 101  
Williamsburg, VA 23185  
(757) 229-2516  

Carilion Stonewall Jackson Hospital  
1 Health Circle  
Lexington, VA 24450  
(540) 458-3300  

Loudoun  
Children’s Heart Institute - VA, P.C.  
19465 Deerfield Avenue Suite 310  
Leesburg, VA 20176  
(703) 724-4003  

Children’s Multispecialty Clinic, PLC  
19465 Deerfield Avenue Suite 310  
Leesburg, VA 20176  
(703) 724-4003  

Concentra Medical Centers  
45305 Catalina Ct Ste 103  
Sterling, VA 20166  
(888) 997-2669  

46440 Benedict Dr Ste 108  
Sterling, VA 20164  
(888) 997-2669  

Leesburg Physical Therapy  
44055 Riverside Pkwy Ste 118  
Leesburg, VA 20176  
(703) 858-3100  

Oncology Rehab and Wellness  
20098 Ashbrook Place Ste 190  
Ashburn, VA 20147  
(703) 789-0367  

Physical Restoration and Sports Medicine  
46304 McClellan Way  
Sterling, VA 20165  
(703) 444-8210  

Physiotherapy Associates  
21785 Filigree Ct Ste 209  
Ashburn, VA 20147  
(804) 559-3390  

Select Physical Therapy (Leesburg-Fort Evans Rd)  
540 Fort Evans Road Suite 206  
Leesburg, VA 20176  
(703) 777-1026  

Select Physical Therapy (Leesburg-Pickwick Dr)  
17340 Pickwick Drive  
Suite 120  
Purcellville, VA 20132  
(540) 338-0685  

Select Physical Therapy (Leesburg-Sandbridge Way)  
19500 Sandridge Way Suite 390  
Lansdowne, VA 20176  
(703) 858-3100  

Select Physical Therapy (Physical Therapy - Filigree Ct)  
21785 Filigree Court  
Suite 209  
Ashburn, VA 20147  
(703) 723-8800  

Select Physical Therapy (Physical Therapy - Ridgetop Circle)  
21620 Ridgetop Circle  
Suite 180  
Sterling, VA 20166  
(703) 406-0296  

Lynchburg City  
Blue Ridge Therapy Associates, Inc.  
1912 Memorial Ave  
Lynchburg, VA 24501  
(434) 845-8765  

Centra Outpatient Rehabilitation  
125 Nationwide Drive  
Lynchburg, VA 24502  
(434) 200-7860  

2025 Tate Springs Road  
Lynchburg, VA 24501  
(434) 200-6623  

3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434) 200-4668  

3300 Rivermont Avenue  
Lynchburg, VA 24503  
(434) 200-4668  

693 Leesville Road  
Lynchburg, VA 24502  
(434) 200-5700  

801 Wyndhurst Drive  
Lynchburg, VA 24502  
(434) 237-8160  

Pivot Physical Therapy of Virginia  
2400 Lakeside Drive Suite 602F  
Lynchburg, VA 24501  
(434) 338-7215  

Rehabilitation Associates of Central Virginia, LP  
1501 Lakeside Drive Suite 343  
Lynchburg, VA 24501  
(855) 722-8478  

20311 B Timberlake Rd  
Lynchburg, VA 24502  
(434) 237-6812  

3211 Forest Brook Rd Unit C  
Lynchburg, VA 24501  
(434) 338-1186  

44 Clifton St  
Lynchburg, VA 24501  
(434) 528-1848  

Manassas City  
Children’s Multispecialty Clinic, PLC  
8609 Sudley Road Suite 203  
Manassas, VA 20110  
(703) 369-9090  

Novant Health UVA Health System  
Prince William Medical Center  
8700 Sudley Rd  
Manassas, VA 20110  
(703) 369-8000
## Martinsville City
- **Acme Therapies Co**  
  101 Cleveland Ave Suite D  
  Martinsville, VA 24112  
  (276) 352-4465
- **Martinsville Health and Rehab**  
  1607 Spruce Street  
  Martinsville, VA 24112  
  (276) 632-7146
- **Martinsville Physical Therapy & Industrial Rehabilitation, Inc.**  
  812 E Church St  
  Martinsville, VA 24112  
  (276) 638-4809
- **SOVAH Health - Martinsville**  
  320 Hospital Drive  
  Martinsville, VA 24112  
  (276) 666-7654
- **Therapy Associates of Martinsville**  
  2802 Greensboro Dr  
  Martinsville, VA 24115  
  (276) 666-1600
- **Therapy Direct**  
  3 Dudley Street  
  Martinsville, VA 24112  
  (276) 632-5281

## Mathews
- **Physical Therapy Solutions, Limited Partnership**  
  407 E Canal Street  
  Richmond, VA 23211  
  (804) 840-0845
- **Sentara Therapy Center - Mathews**  
  73 Main Street Suite E  
  Mathews, VA 23110  
  (804) 725-2451

## Mecklenburg
- **In Touch Therapy, PLC**  
  1187 North Mecklenburg Avenue  
  South Hill, VA 23970  
  (434) 447-3322
- **Speech Beyond Words Therapy Services, Inc.**  
  868 N Mecklenburg Ave  
  South Hill, VA 23970  
  (434) 774-4057
- **VCU Community Memorial Hospital**  
  125 Buena Vista Cir  
  South Hill, VA 23970  
  (434) 447-3315

## Middlesex
- **MPNN CSB**  
  5372B Old Virginia Street  
  Urbanna, VA 23175  
  (804) 758-5250
- **Sentara Therapy Center - Middlesex YMCA**  
  11487 General Puller Hwy  
  Hartfield, VA 23071  
  (804) 776-1008

## Montgomery
- **Blacksburg Center for Pain Management, Inc.**  
  1901 S Main Street Ste 8  
  Blacksburg, VA 24060  
  (540) 605-9773
- **Carilion Bone and Joint Center PT/ST/OT**  
  2900 Lamb Circle  
  Christiansburg, VA 24073  
  (540) 633-0523
- **Carilion New River Valley Medical Center**  
  2900 Tyler Rd  
  Christiansburg, VA 24073  
  (540) 731-2000
- **Core Physical Therapy Blacksburg**  
  1901 South Main Street Suite 8  
  Blacksburg, VA 24060  
  (540) 315-3000
- **Montgomery Regional Hospital d/b/a LewisGale Montgomery**  
  5700 Main Street  
  Blacksburg, VA 24060  
  (540) 951-1111
- **Pivot Physical Therapy of Virginia**  
  872 Prices Fork Road  
  Blacksburg, VA 24060  
  (540) 739-2161
- **University Physical Therapy**  
  825 Davis Street Ste B  
  Christiansburg, VA 24073  
  (540) 585-4841
- **Virginia Tech College of Science and Engineering**  
  227 Central Ave Ste C  
  Christiansburg, VA 24073  
  (540) 639-5876
- **Blue Ridge Medical Center, Inc.-PT**  
  4038 Thomas Nelson Hwy  
  Arrington, VA 22922  
  (434) 263-4000
- **Lovingston Physical Therapy**  
  8445 Thomas Nelson Highway  
  Lovingston, VA 22949  
  (434) 263-6200
- **PT PLUS OF AFTON LLC**  
  7850 Rockfish Hwy  
  Afton, VA 22920  
  (540) 456-2222
- **Rehabilitation Associates of Central Virginia, LP**  
  61 Callowhill Drive  
  Lovingston, VA 22949  
  (434) 226-0612

## New Kent
- **Henrico Area Mental Health & Developmental Services**  
  9403A Pocahontas Trail  
  Providence Forge, VA 23140  
  (804) 966-5959
- **Sentara Therapy Center - Quinton**  
  2500 New Kent Highway  
  Quinton, VA 23141  
  (804) 557-3952

## Newport News City
- **Dominion Physical Therapy & Associates, Inc.**  
  466 Denbigh Blvd  
  Newport News, VA 23608  
  (757) 875-0861
- **Hampton Roads Orthopaedics & Sports Med - Physical Therapy**  
  730 Thimble Shoals Blvd Ste 130  
  Newport News, VA 23606  
  (757) 873-1932
- **Mary Immaculate Hospital Rehabilitative Services Dept.**  
  2 Bernardine Dr  
  Newport News, VA 23602  
  (757) 886-6480
- **Mary Immaculate OccuMed**  
  14703 Warwick Blvd Ste B  
  Newport News, VA 23608  
  (757) 874-1962
- **Orthopaedic & Spine Ctr (Orthopaedic Surgery & Sports Med Spec)**  
  250 Nat Turner Blvd  
  Newport News, VA 23606  
  (757) 596-1900
- **Physical Therapy Now (Bruce Templeton PT)**  
  704 Thimble Shoals Blvd Ste 400A  
  Newport News, VA 23606  
  (757) 591-2668
- **Pinnacle Hand Therapy**  
  704 Middle Ground Blvd Ste D  
  Newport News, VA 23606  
  (757) 595-4880
- **Pivot Physical Therapy of Virginia (Hampton Roads)**  
  12494 Warwick Blvd  
  Newport News, VA 23606  
  (757) 391-2668

## Norfork City
- **Atlantic Physical Therapy, P.C.**  
  6630 Newtown Rd Suite 100  
  Norfolk, VA 23502  
  (757) 466-4401
- **Bayview Physical Therapy & Wellness Ctr**  
  7930 Chesapeake Blvd Ste F  
  Norfolk, VA 23518  
  (757) 588-4325
- **Bon Secours DePaul Medical Center-Outpatient Rehab Services**  
  150 Kingsley Ln  
  Norfolk, VA 23505  
  (757) 889-5201
- **Bon Secours In Motion Physical Therapy Center**  
  885 Kempsville Rd Ste 300  
  Norfolk, VA 23502  
  (757) 953-2800
- **Children's Hospital of the King's Daughters**  
  601 Childrens Ln  
  Norfolk, VA 23507  
  (757) 688-7000
- **Children's Hospital of the King's Daughters(SM Therapy in Ghent)**  
  702 West 21st Street  
  Norfolk, VA 23517  
  (757) 668-4890
- **Direct Performance Physical Therapy**  
  1900 Monticello Ave  
  Norfolk, VA 23517  
  (757) 609-0048
- **Dominion Physical Therapy & Associates, Inc.**  
  301 Riverview Ave Ste 520  
  Norfolk, VA 23510  
  (757) 963-5588
- **In Motion at the Atrium - DePaul (Bon Secours)**  
  160 Kingsley Ln Ste 501  
  Norfolk, VA 23505  
  (757) 899-2700
- **Sentara Therapy Center - Port Warwick**  
  1051 Lofili Blvd Suite 200  
  Newport News, VA 23606  
  (757) 736-9320
- **Southeastern Physical Therapy**  
  12610 Patrick Henry Drive Suite H  
  Newport News, VA 23602  
  (757) 874-1470
- **TPMG PT & OT**  
  860 Omniv Blvd Suite 103  
  Newport News, VA 23606  
  (757) 223-9403
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td><strong>Northampton</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mosher Physical Therapy and Sports Medicine, PC</td>
<td>712 Randolph Ave, Cape Charles, VA 23310</td>
<td>(757) 331-4490</td>
</tr>
<tr>
<td><strong>Northumberland</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abilities Abound Physical Therapy and Wellness Center, PLLC</td>
<td>765 Northumberland Highway, Callao, VA 22435</td>
<td>(804) 529-5178</td>
</tr>
<tr>
<td>Belfield Physical Therapy</td>
<td>16155 Northumberland Highway, Reedsville, VA 22539</td>
<td>(804) 220-2009</td>
</tr>
<tr>
<td><strong>Pittsylvania</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Centra Health Medical Center - Gretna</td>
<td>1220 West Gretna Rd, Gretna, VA 24557</td>
<td>(434) 947-5439</td>
</tr>
<tr>
<td>Centra Outpatient Rehabilitation</td>
<td>291 McBride Lane, Virginia, LP</td>
<td>(434) 392-8811</td>
</tr>
<tr>
<td>Centra Southside Community Hospital</td>
<td>935 Main St, Powhatan, VA 23139</td>
<td>(804) 598-2100</td>
</tr>
<tr>
<td><strong>Page</strong></td>
<td></td>
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<tr>
<td>Excel Therapy</td>
<td>200 Leakesville Rd, Luray, VA 22835</td>
<td>(540) 743-0502</td>
</tr>
<tr>
<td>Page Memorial Hospital Inc</td>
<td>200 Memorial Dr, Luray, VA 22835</td>
<td>(540) 743-4561</td>
</tr>
<tr>
<td><strong>Poquoson City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bayside of Poquoson Health and Rehab</td>
<td>1 Vantage Drive, Hampton, VA 23662</td>
<td>(757) 868-9660</td>
</tr>
<tr>
<td><strong>Portsmouth City</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bon Secours Hampton Roads - Rehabilitation Services</td>
<td>3636 High St, Portsmouth, VA 23707</td>
<td>(757) 398-2627</td>
</tr>
<tr>
<td>Bon Secours OccuMed &amp; Physical Therapy (Maryview Hospital, Inc.)</td>
<td>In Motion Physical Therapy @ High St 3300 High St Ste 1A, Portsmouth, VA 23707</td>
<td>(757) 673-5689</td>
</tr>
<tr>
<td>Dominion Physical Therapy &amp; Associates, Inc.</td>
<td>500 Rodman Ct Ste 4, Portsmouth, VA 23707</td>
<td>(757) 393-6119</td>
</tr>
<tr>
<td>HANSEL UNION CONSULTING, PLLC</td>
<td>711 Court Street, Portsmouth, VA 23704</td>
<td>(757) 967-9926</td>
</tr>
<tr>
<td>Orthopaedic Surgery Centers, PC II</td>
<td>935 Main St, Richmond, VA 23220</td>
<td>(804) 794-9023</td>
</tr>
<tr>
<td><strong>Powhatan</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pivot Physical Therapy of Virginia</td>
<td>3510 Anderson Highway Ste 2, Powhatan, VA 23139</td>
<td>(804) 598-2100</td>
</tr>
<tr>
<td>Powhatan Physical Therapy</td>
<td>1555 Standing Ridge Dr Ste C-1, Powhatan, VA 23139</td>
<td>(804) 794-9023</td>
</tr>
<tr>
<td><strong>Prince Edward</strong></td>
<td></td>
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<tr>
<td>Centra Outpatient Rehabilitation</td>
<td>935 Main St, Farmville, VA 23901</td>
<td>(434) 392-1596</td>
</tr>
<tr>
<td>Centra Southside Community Hospital</td>
<td>935 Main St, Farmville, VA 23901</td>
<td>(434) 392-1596</td>
</tr>
<tr>
<td>Progressive Therapy</td>
<td>1412 West Third Street, Farmville, VA 23901</td>
<td>(434) 392-8811</td>
</tr>
<tr>
<td><strong>Princeton</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Woodland Therapy &amp; Wellness Center</td>
<td>2067 Daniel Stuart Sq, Woodbridge, VA 22191</td>
<td>(703) 492-6934</td>
</tr>
</tbody>
</table>
Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700
Center for Physical Therapy & Sports Medicine, PC
401 E Canal St
Richmond, VA 23219
(804) 523-4634
Children’s Hospital of Richmond (Physical Therapy)
2924 Brook Rd
Richmond, VA 23220
(804) 228-5810
Children’s Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 228-5911
Henrico Doctors’ Hospital - Retreat Campus
2621 Grove Ave
Richmond, VA 23220
(804) 254-5100
Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke
Back to Basics Family Physical Therapy
7768 Williamson Road
Roanoke, VA 24019
(540) 985-0500
Botetourt Athletic Club
105 Summerfield Ct
Roanoke, VA 24019
(540) 992-2993
Brandon Oaks Nursing and Rehab Center
3837 Brandon Ave SW
Roanoke, VA 24018
(540) 776-2616
Carilion Bone and Joint Center PT/ST/OT
204 S Maple Street
Vinton, VA 24179
(540) 266-6950
Connections Achievement and Therapy Center, Corp.
5430 Peters Creek Rd Suite 108
Roanoke, VA 24019
(540) 400-8505
Heartland Rehabilitation Services
6515 Williamson Rd
Roanoke, VA 24019
(540) 366-2243

Lucas Therapies, PC
4533 Brambleton Ave
Roanoke, VA 24018
(540) 772-8022
Postal Drive Rehabilitation (PT/OT)
4064 Postal Drive
Roanoke, VA 24018
(540) 776-0208
Roanoke Athletic Club
4508 Starkey Rd
Roanoke, VA 24018
(540) 725-8725
Spine and Orthopedic Rehab of V.A., Inc
5238 Valleypointe Parkway Suite 5
Roanoke, VA 24019
(540) 366-9244
7226 B Williamson Rd NW
Roanoke, VA 24019
(540) 366-9244
Spine and Orthopedic Rehab, Inc
1919 Electric Road Suite 1
Roanoke, VA 24018
(540) 725-5300
University Physical Therapy
4600 Brambleton Ave
Roanoke, VA 24018
(540) 951-0742
University PT - Radford 600-A East Market Street
Radford, VA 24141
(540) 633-0413
University PT - Roanoke 4633 Brambleton Ste 202
Roanoke, VA 24018
(540) 774-0759

Roanoke City
Carilion Roanoke Memorial Hospital
101 Elm Ave
Roanoke, VA 24013
(540) 424-4211
1906 Belleview at Jefferson St
Roanoke, VA 24011
(540) 424-5500
2331 Franklin Road
Roanoke, VA 24014
(540) 777-5834
CRMH Rehab PT/OT/ST
2017 S Jefferson Street
Roanoke, VA 24014
(540) 981-8668
Lucas Therapies, PC
5002 Airport Rd Suite A
Roanoke, VA 24012
(540) 772-8022
Pivot Physical Therapy of Virginia
2033 Colonial Avenue SW Suite 138
Roanoke, VA 24015
(540) 466-3981
Professional Therapies of Roanoke, Inc
1421 Third St SW
Roanoke, VA 24016
(540) 982-2208

Spine and Orthopedic Rehab of VA, Inc
1310 Third St SW
Roanoke, VA 24016
(540) 985-6500

Rockingham
Advantage Physical Therapy of Virginia LLC
140 Shen Elk Plaza
Elkton, VA 22827
(540) 298-4749
800 Shendoah Ave Ste 140
Elkton, VA 22827

Appalachian Physical Therapy
171 East Springbrook Rd
Brambleton, VA 22815
(540) 901-9501

Sentara RMH Bridgewater
400 North Main Street
Bridgewater, VA 22812
(540) 828-7115

Sentara RMH East Rockingham Health Center
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Sentara RMH Timber Way Health Center
13892 Timber Way
Broadway, VA 22815
(540) 901-0888

Russell
Lebanon Physical Therapy & Rehabilitative Services
272 Highland Dr
Lebanon, VA 24266
(276) 889-4090

Russell County Medical Center
56 Carroll and Tate Street
Lebanon, VA 24266
(276) 883-8000

Salmon
Advanced Physical Therapy of VA
1620 Apperson Drive
Salmon, VA 24153
(540) 444-0291

Heartland Rehabilitation Services
126 Mill Ln
Salmon, VA 24153
(540) 387-4311

Lewis-Gale Medical Center
1900 Electric Rd
Salmon, VA 24153
(540) 862-6256

Lucas Therapies, PC
109 Knoebel Road
Salmon, VA 24153
(540) 772-8022

Pivot Physical Therapy of Virginia
1441 W Main St
Salmon, VA 24153
(540) 346-4328
Warren
Preventive and Rehabilitation Organization
1729 N Shenandoah Ave Ste 2
Front Royal, VA 22630
(540) 636-6179

Rapid Rehabilitation PC
101 West 14th Street
Front Royal, VA 22630
(540) 636-3500
480 F South Commerce St
Front Royal, VA 22630
(540) 636-3500

Warren Memorial Hospital - Physical Therapy
130 Commerce Ave
Front Royal, VA 22630
(540) 635-0730

Washington
Abingdon Therapy Services
611 Campus Dr Suite 100
Abingdon, VA 24210
(276) 628-6043

Johnston Memorial Hospital
16000 Johnston Memorial Drive
Abingdon, VA 24211
(276) 258-1000

Waynesboro City
Albemarle Therapy Center Inc
200 West 12th Street Suite A1-100
Waynesboro, VA 22980
(540) 941-5501

Horizons Physical Therapy
201 Osage Lane Ste 3
Waynesboro, VA 22980
(540) 949-7706

PT PLUS OF AUGUSTA LLC
30 Ebo Circle Suite 103
Waynesboro, VA 22980
(434) 823-7628

SELECT PHYSICAL THERAPY
201-B Rosser Ave
Waynesboro, VA 22980
(540) 943-4510

Select Physical Therapy (Select PT Holdings - Rosser Ave)
201-B Rosser Avenue
Waynesboro, VA 22980
(540) 943-4510

Spectrum Therapy
2542 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Spectrum Therapy - Augusta Clinic (Southeastern Physical Therapy)
2542 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Winchester City
Body Elite Physical Therapy
3052 Valley Ave Ste 101
Winchester, VA 22601
(540) 535-7222

Personal Physical Therapy Services, LLC
480 W Jubal Early Dr Ste 310
Winchester, VA 22601
(540) 450-0680

Physical Therapy Specialists of Winchester, Inc.
817 Cedar Creek Grade Ste 100
Winchester, VA 22601
(540) 450-8024

Physiotherapy Associates
(Winchester)
160 Exeter Dr
Winchester, VA 22601
(800) 219-0215

Preventive and Rehabilitation Organization
3127 Valley Avenue
Hayfield, VA 22601
(540) 667-3839

Rapid Rehabilitation PC
1808 Plaza Dr.
Winchester, VA 22601
(540) 665-2750

Winchester Medical Center
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

Winchester Orthopaedics Physical Therapy
130 Medical Circle
Winchester, VA 22601
(540) 667-7076

Winchester Rehabilitation Center
333 W Cork St
Winchester, VA 22601
(540) 536-5114

Wythe
Carillon Bone and Joint Center PT/ ST/OT
178 W Main St
Wytheville, VA 24382
(276) 773-2075

West Ridge Orthopaedic & Surgical Specialists
1995 West Ridge Road
Wytheville, VA 24382
(276) 223-1983

Wythe County Community Hospital
600 West Ridge Rd
Wytheville, VA 24382
(276) 228-0200

PT/OT (Early Intervention)
Accomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 490-3223

Alexandria City
Lopez & Associates Therapy Group, PC
2308 La Grande Avenue
Alexandra, VA 22301
(716) 969-5469
Other Services - Tier 1

Arlington
ARLINGTON COUNTY DEPARTMENT OF HUMAN SERVICES
2110 Washington Blvd Suite 350
Arlington, VA 22204

Therapy Associates
2443 Army Navy Drive Suite 305
Arlington, VA 22206
(301) 520-9376

Augusta
Augusta County Public Schools
68 Dick Huff Lane
Verona, VA 24482
(540) 245-5133

Charlottesville City
First Words, Inc.
1016 Altavista Avenue
Charlottesville, VA 22902
(434) 825-7117

Chesapeake City
Dominion Physical Therapy & Associates, Inc.
108 Knells Ridge Blvd Ste 200
Chesapeake, VA 23320

Play to Grow LLC
3216 Meadowbrook Lane
Chesapeake, VA 23321
(757) 651-1137

Tidewater Therapy for Children, PC
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864

Chesterfield
ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23225
(757) 490-3223

rvaspeech, LLC
5706 Red Setter Lane
Moseley, VA 23120
(804) 253-5253

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Fairfax
TheraPeds
6003 Masondale Rd
Alexandria, VA 22315
(304) 488-4372

Fauquier
Blaser Physical Therapy, Inc.
40 North Hill Dr
Warrenton, VA 20186
(540) 341-1922

Franklin City
Children’s Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 776-3088

The Children's Center
700 Campbell Ave
Franklin, VA 23851
(757) 562-6806

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Goochland
Pivot Physical Therapy of Pennsylvania
44 Broad St Route 250
Manakin-Sabot, VA 23103
(804) 794-7587

ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090

44 Broad St Route 250
Manakin, VA 23103
(804) 784-7090

Hampton City
Dominion Physical Therapy & Associates, Inc.
304 Marcella Rd Ste E
Hampton, VA 23666
(757) 825-9445

Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223

Hanover
Hanover County School Board
8290 New Ashcake Rd
Mechanicsville, VA 23116
(804) 723-2070

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Henrico
ADLER THERAPY GROUP
8100 Three Chopt Road Suite 147
Richmond, VA 23229
(757) 455-5000

First Steps Physical Therapy, Inc.
4915 Turner Ridge Court
Glen Allen, VA 23059
(404) 918-4010

Spot on Therapy Group LLC
4840 Waller Rd Suite 200
Richmond, VA 23230
(804) 893-5010

James City
Child Development Resources
150 Point O Woods
Williamsburg, VA 23188
(757) 566-3300

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Martinsville City
Acme Therapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Mecklenburg
Building Blocks to Success, LLC
827 W Danville Street
South Hill, VA 23970

Middlesex
MPNN CSB
5372B Old Virginia Street
Urbanna, VA 22603
(804) 758-5250

Newport News City
Dominion Physical Therapy & Associates, Inc.
466 Denigh Blvd
Newport News, VA 23608
(757) 875-0861

729 Thimble Shoals Blvd Ste 4C
Newport News, VA 23608
(757) 873-2932

Newport News City
Dominion Physical Therapy & Associates, Inc.
466 Denigh Blvd
Newport News, VA 23608
(757) 875-0861

729 Thimble Shoals Blvd Ste 4C
Newport News, VA 23608
(757) 873-2932

Norfolk City
Dominion Physical Therapy & Associates, Inc.
301 Riverview Ave Ste 520
Norfolk, VA 23510
(757) 966-5588

5701 Cleveland Street Ste 600
Norfolk, VA 23514
(757) 995-2700

Northampton
Little Hands Little Feet
3186 Main St
Exmore, VA 23350
(757) 442-5437

Portsmouth City
Dominion Physical Therapy & Associates, Inc.
500 Rodman Ct Ste 4
Portsmouth, VA 23707
(757) 393-6119

Pulaski
Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

Roanoke City
Carillon Roanoke Mem Hosp & Carillon Roanoke Community Hsptl
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8000

Suffolk City
Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Select Physical Therapy
(Physiotherapy - Harbour View Blvd)
5859 Harbour View Boulevard
Suite 100
Suffolk, VA 23435
(757) 686-0205

The Children's Center
300 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Tazewell
James Dyer Physical Therapy Clinic
134 South College Ave
Bluefield, VA 24605
(276) 325-5020

Virginia Beach City
ADLER THERAPY GROUP
1120 First Colonial Road Suite 101
Virginia Beach, VA 23454
(757) 455-5000

5604 Virginia Beach Blvd Bld A
Suite 101
Virginia Beach, VA 23462
(757) 455-5000

Dianne D. Epplin and Associates
818 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8016

Physiotherapy Associates
2135 General Booth Blvd Ste 1
Virginia Beach, VA 23454
(757) 430-8828
Other Services - Tier 1

3772 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 340-0556
Kemps River Crossing 1400
Fordham Dr
Virginia Beach, VA 23464
(757) 361-3951
Rehabilitation Associates
4500 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223
Select Physical Therapy
(Physiotherapy - Fordham Dr)
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951
Select Physical Therapy
(Physiotherapy - General Booth Blvd)
2135 General Booth Boulevard
Suite 152
Virginia Beach, VA 23454
(757) 430-8828

Washington
Blue Mountain Therapy, LLC
18596 Lee Highway Suite B
Abingdon, VA 24210
(276) 525-6043

Radiology (Ancillary)
Alleghany
Alleghany Regional Hospital d/b/a
LewisGale Alleghany
One Arch Lane
Low Moor, VA 24457
(540) 862-6200

Botetourt
LewisGale Imaging Center-Daleville
65 Shenandoah Avenue
Daleville, VA 24435
(540) 966-6620

Chesterfield
Bon Secours Imaging Center
Midlothian Imaging Center -- 8013
Midlothian Tpke
Richmond, VA 23235
(804) 330-4600
Bon Secours Richmond Radiation Oncology Center, Inc.
1401 Johnston Willis Dr
Richmond, VA 23235
(804) 330-2000

Colonial Heights City
Appomattox Imaging (Freestanding Imaging Centers)
930 South Avenue Suite 1
Colonial Heights, VA 23834
(804) 524-2340

Danville City
Danville Diagnostic Imaging Center LLC
125 Executive Dr Ste D
Danville, VA 24541
(434) 793-1043
Piedmont Radiation Oncology, Inc.
188 A Main St
Danville, VA 24541
(434) 799-4592
The Center for Radiation Oncology
188 A Main St
Danville, VA 24541
(434) 799-4592

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
Reston Hospital Center
1850 Town Center Pkwy
Reston, VA 20190
(703) 689-9000
Tysons Corner Diagnostic Imaging Inc
8320 Old Court House Road Ste 130
Vienna, VA 22182
(703) 356-4900
Vienna Diagnostic Imaging Inc
102 Maple Ave East
Vienna, VA 22180
(703) 281-6064

Franklin
Carilion Franklin Memorial Hospital
180 Floyd Avenue
Rocky Mount, VA 24151
(560) 633-9353

Franklin City
Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(757) 569-6100

Frederick
Winchester Open MRI & Imaging Center
160 Exeter Dr Ste 104
Winchester, VA 22603
(540) 545-4674

Fredericksburg City
Medical Imaging of Fredericksburg
1101 Sam Perry Blvd Ste 311
Fredericksburg, VA 22401
(540) 741-3250
1201 Sam Perry Blvd Ste 102
Fredericksburg, VA 22401
(540) 741-7025
1300 Hospital Drive Suite 100
Fredericksburg, VA 22401
(540) 741-3250

Giles
Carilion Giles Community Hospital
159 Hartley Way
Pearsburg, VA 23434
(540) 921-6000

Gloucester
Gloucester Imaging Center
5659 Parkway Dr Ste 130
Gloucester, VA 23061
(804) 210-1070

Hampton City
Sentara CarePlex Hospital
3000 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3670
8260 Atlee Rd
Mechanicsville, VA 23116
(804) 764-6000

Henrico
Bon Secours Imaging Center
Reynolds Crossing -- 6605 W Broad Street
Richmond, VA 23230
(804) 287-3500
Bon Secours Imaging Center at Innsbrook
4900 Cox Road Suite 100
Glen Allen, VA 23060
(804) 346-1741
Bon Secours Richmond Radiation Oncology Center, Inc.
5711 Staples Mill Rd
Richmond, VA 23228
(804) 266-7762

Hopewell City
John Randolph Medical Center
411 W Randolph Rd
Hopewell, VA 23860
(804) 541-1600

Isle of Wight
Sentara St. Luke's - Advanced Imaging Center - Isle of Wight
20209 Sentara Way Ste 108
Carrollton, VA 23314
(757) 542-1200

James City
New Town Diagnostic Center (SMG)
4374 New Town Ave Ste 104
Williamsburg, VA 23188
(757) 259-1335
Sentara Williamsburg Advanced Imaging Center
332 N Henry St
Williamsburg, VA 23185
(757) 984-1241

Lancaster
Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Lexington City
Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Optima Direct Network Providers January 2019

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OptimaHealth
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Loudoun</td>
<td>StoneSprings Hospital Center 24440 Stone Springs Blvd Dulles, VA 20166</td>
<td>(703) 349-4000</td>
</tr>
<tr>
<td></td>
<td>Winchester Open MRI &amp; Imaging Center 17336 Pickwick Dr BLDG A Purcellville, VA 20132</td>
<td>(540) 751-1771</td>
</tr>
<tr>
<td>Lynchburg City</td>
<td>Centra Lynchburg General Hospital 1901 Tate Springs Rd Lynchburg, VA 24501</td>
<td>(434) 947-3000</td>
</tr>
<tr>
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<td>Centra Virginia Baptist Hospital 1901 Tate Springs Rd Lynchburg, VA 24501</td>
<td>(434) 947-4766</td>
</tr>
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<td></td>
<td>Central Virginia Imaging LLC (Total Component) 800 Rivermont Ave Lynchburg, VA 24503</td>
<td>(434) 947-4668</td>
</tr>
<tr>
<td></td>
<td>Radiology Consultants of Lynchburg (Total Component) 113 Nationwide Drive Fredericksburg, VA 22402</td>
<td>(540) 237-4000</td>
</tr>
<tr>
<td>Montgomery</td>
<td>Carilion New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073</td>
<td>(540) 731-2000</td>
</tr>
<tr>
<td></td>
<td>Montgomery Regional Hospital d/b/ a LewisGale Montgomery 3700 Main Street Blacksburg, VA 24060</td>
<td>(540) 951-1111</td>
</tr>
<tr>
<td>Norfolk City</td>
<td>NDC Medical Center Radiology Services (SMG) 850 Kempsville Rd Norfolk, VA 23502</td>
<td>(757) 261-5922</td>
</tr>
<tr>
<td></td>
<td>Sentara Leigh Hospital 830 Kempsville Rd Norfolk, VA 23502</td>
<td>(757) 261-6000</td>
</tr>
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<td></td>
<td>Sentara Norfolk General Hospital 600 Gresham Dr Norfolk, VA 23507</td>
<td>(757) 388-3000</td>
</tr>
<tr>
<td></td>
<td>Wainwright Diagnostic Center (SMG) 229 W Bute St Ste 600 Norfolk, VA 23510</td>
<td>(757) 668-1880</td>
</tr>
<tr>
<td>Nottoway</td>
<td>Crewe Imaging (Freestanding Imaging Centers) 12522 W Colonial Trail Hwy Suite 1 Crewe, VA 23903</td>
<td>(434) 538-0028</td>
</tr>
<tr>
<td>Petersburg City</td>
<td>Southside Regional Medical Center 200 Medical Park Blvd Petersburg, VA 23805</td>
<td>(804) 765-5000</td>
</tr>
<tr>
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<td>Centra Virginia Baptist Hospital 291 McBride Ln Gretna, VA 23557</td>
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<td>(757) 398-2200</td>
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<td>Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301</td>
<td>(540) 387-9142</td>
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<td>Bon Secours Richmond Community Hospital 1500 N 28th St Richmond, VA 23223</td>
<td>(804) 225-1700</td>
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<td>Bon Secours Richmond Community Hospital (Radiology) 1500 N 28th Street Churchville, VA 23233</td>
<td>(804) 225-1761</td>
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<td>1510 N 28th Street Suite 110 Richmond, VA 23223</td>
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<td>CJW Medical Center - Chippenham Campus 7101 Jahnke Rd Richmond, VA 23225</td>
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<td>Henrico Doctors' Hospital - Retreat Campus 2621 Grove Ave Richmond, VA 23220</td>
<td>(804) 254-5100</td>
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<td>Carilion North Imaging and Breast Diagnostic Center 6415 Peters Creek Rd NW Roanoke, VA 24019</td>
<td>(540) 224-6920</td>
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<td>Lewis-Gale Imaging at Brambleton (Freestanding Imaging Centers) 4500 Brambleton Avenue SW Roanoke, VA 24018</td>
<td>(540) 283-3700</td>
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<td>Carilion Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 24013</td>
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<td>2331 Franklin Road Roanoke, VA 24014</td>
<td>(540) 777-5834</td>
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<td>Insight Imaging - Roanoke 2923 Franklin Road SW Roanoke, VA 24014</td>
<td>(540) 581-0882</td>
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<td>LewisGale Breast Center 1800 Beachurn Drive Salem, VA 24153</td>
<td>(540) 776-4983</td>
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<td>Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153</td>
<td>(540) 862-6265</td>
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<td>Medical Imaging of Fredericksburg 10401 Spotsylvania Ave Ste 101 Fredericksburg, VA 22408</td>
<td>(540) 741-7025</td>
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<td>Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408</td>
<td>(540) 498-4900</td>
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<td>Medical Imaging of Fredericksburg 125 Woodstream Blvd Suite 109 Stafford, VA 22556</td>
<td>(540) 657-9729</td>
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<td>Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554</td>
<td>(540) 741-9000</td>
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<td>Bayview Medical Center - Diagnostic Center 2000 Meade Pkwy Suffolk, VA 23434</td>
<td>(757) 359-0251</td>
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<td>Carilion Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td>Virginia Beach City</td>
<td>CHKD Health and Surgery Center at Princess Anne 2021 Concert Dr Virginia Beach, VA 23456</td>
<td>(757) 668-2711</td>
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<td>First Colonial Diagnostic Center (SMG) 1080 First Colonial Rd Ste 100 Virginia Beach, VA 23454</td>
<td>(757) 395-6464</td>
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<td>Sentara Princess Anne Hospital 2000 Glenn Mitchell Drive Virginia Beach, VA 23456</td>
<td>(757) 363-6100</td>
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<td>Sentara Virginia Beach General Hospital 1060 First Colonial Rd Virginia Beach, VA 23454</td>
<td>(757) 795-8000</td>
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<td>Washington</td>
<td>Mobile Images Acquisitions, Inc. 851 French Moore Jr Boulevard Abingdon, VA 24210 (865) 693-1655</td>
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<td>Winchester City</td>
<td>Valley Open MRI 1830 Amherst Street Winchester, VA 22601</td>
<td>(540) 536-0057</td>
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<tr>
<td>Reference Lab</td>
<td>Harrisonburg Cytology Services Inc 2331 Seminole Lane Suite 102 Charlottesville, VA 22901</td>
<td>(434) 433-4991</td>
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<tr>
<td>PRW Laboratories</td>
<td>3050 Berkman Drive Suite A Charlottesville, VA 22901</td>
<td>(804) 288-8325</td>
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<tr>
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<td>Sentara Martha Jefferson Hospital 500 Martha Jefferson Drive Charlottesville, VA 22911</td>
<td>(434) 654-7000</td>
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<tr>
<td>Augusta</td>
<td>Augusta Medical Center 78 Medical Center Fishersville, VA 22939</td>
<td>(540) 952-4000</td>
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</table>
Other Services - Tier 1

Blue Ridge Pathologists, PC
70 Medical Center Circle Ste 309
Fishersville, VA 22939
(434) 332-5885

Charlotte County

Charlottesville City

Hina Qureshi LLC
2030 Avon Court Suite 5
Charlottesville, VA 22902
(434) 984-4110

Chesapeake City

Chesapeake Regional Medical Center - Reference Lab
736 Battlefield Blvd
Chesapeake, VA 23320
(757) 312-6118

Danville City

Lab Care (Danville Regional Medical Center)
142 S Main St
Danville, VA 24541
(434) 799-2129

Piedmont Labs, Inc.
115 Mall Drive
Danville, VA 24540
(434) 792-5227

SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Dickenson

Dickenson Community Hospital
312 Hospital Drive
Clintwood, VA 24228
(276) 926-0300

Emporia City

Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fauquier

Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

Sunrise Medical Laboratories, Inc.
8255 E Main St
Marshall, VA 20115
(540) 364-1975

Galax City

Twin County Regional Hospital - Reference Lab
200 Hospital Ave
Galax, VA 24333
(276) 236-8181

Halifax

Halifax Regional Hospital
2204 Wilborn Ave
South Boston, VA 24592
(434) 517-3100

Harrisonburg City

Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

Lancaster

Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Lynchburg City

Centra Lynchburg General Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-3000

Centra Virginia Baptist Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-4766

Manassas City

Novant Health UVA Health System Prince William Medical Center
8700 Sudley Rd
Manassas, VA 20110
(703) 369-8000

Martinsville City

SOVAH Health - Martinsville
320 Hospital Drive
Martinsville, VA 24112
(276) 666-7654

Norfolk City

Children's Hospital of The King's Daughters Reference Lab
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7000

EVMS Lab Systems (EVMSHS)
825 Fairfax Ave
Norfolk, VA 23510
(757) 446-8976

Sentara Reference Laboratory
600 Gresham Dr
Norfolk, VA 23507
(757) 388-1985

Page

Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Pittsylvania

Centra Virginia Baptist Hospital
291 McBride Ln
Gretna, VA 24557
(434) 626-1274

Prince Edward

Centra Southside Community Hospital
800 Oak St
Farmville, VA 23901
(434) 392-8811

Prince William

Novant Health UVA Health System Haymarket Medical Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

Sentara Northern Virginia Medical Center
2300 Opitz Boulevard
Woodbridge, VA 22191
(703) 523-1000

Russell

Russell County Medical Center
56 Carroll and Tate Street
Lunenburg, VA 24592
(434) 883-8000

Shenandoah

Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Sunrise Medical Laboratories, Inc.
3382 Old Valley Pike Ste 2
Strasburg, VA 22657
(540) 465-1910

Smyth

Smyth County Community Hospital
569 Radio Hill Rd
Marion, VA 24354
(276) 782-1234

Tazewell

Clinch Valley Medical Center
6801 G C Peery Highway
Richlands, VA 24641
(276) 596-6000

Washington

Johnston Memorial Hospital
16000 Johnston Memorial Drive
Abingdon, VA 24211
(276) 258-1000

Winchester

Sunrise Medical Laboratories, Inc.
1804 Plaza Dr
Winchester, VA 22601
(540) 665-0391

Wise

Labxperior
517 W Main St
Wise, VA 24293
(276) 321-7866

Solstas Lab Partners Group, LLC
1980 Holton Ave E Ste 101
Big Stone Gap, VA 24219
(276) 523-8715

Wythe

Wythe County Community Hospital
600 West Ridge Rd
Wytheville, VA 24382
(276) 236-0200

Albemarle

Amanda Terillo Nutrition Counseling
103 South Pantops Drive Suite 105
Charlottesville, VA 22911
(434) 872-3285

Anne M. Wolf
5050 Rutherford Rd
Charlottesville, VA 22901
(434) 977-2859

Bland

Bland County Medical Clinic
12301 Grapefield Road
Bastian, VA 24314
(276) 688-4331

Charlottesville City

Charlottesville Nutrition
1007 East High St
Charlottesville, VA 22902
(434) 760-1298

Chesterfield

ELLAD Preventative Health Services
9401 Courthouse Rd Suite 202
Chesterfield, VA 23832
(804) 616-4378

Specialty Nutrition and Health, LLC
348 Browns Hill Ct
Midlothian, VA 23114
(804) 864-1998

Culpepe

Watts Nutrition Services, LLC
101 Duke Street Suite 203
Culpeper, VA 22701
(540) 825-6973

Optima Direct Network Providers January 2019 647
### Other Services - Tier 1

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<tr>
<th>City</th>
<th>Address</th>
<th>Contact Information</th>
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<td>Danville City</td>
<td>Dietz Nutritional Consulting LLC</td>
<td>625 Piney Forest Road Ste 306D</td>
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<td>Specialty Nutrition and Health, LLC</td>
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<td>Lwell, LLC</td>
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<td></td>
<td>Eatwellguru</td>
<td>46165 Westlake Dr Suite 200</td>
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<tr>
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<td>Healthworks for Northern Virginia</td>
<td>163 Fort Evans Road NE</td>
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<td>Newport News City</td>
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<td>Jill Weisenberger Health Communications, LLC</td>
<td>720 Thimble Shoals Blvd Ste 110</td>
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<td>704 Thimble Shoals Blvd Suite 700</td>
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<td>Nutrition Therapy Works!</td>
<td>13195 Warwick Blvd Ste 2B</td>
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<td>JWF Nutrition LLC</td>
<td>115 College Place Unit A</td>
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<td>Lucinda Lynn Earle</td>
<td>425 W 20th Street Suite 5</td>
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<td>SGF RD SERVICES</td>
<td>6333 Center Dr Building 16</td>
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<td>7571 Cold Harbor Rd</td>
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<td>6354 Walker Lane Suite 103</td>
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Optima Direct Network Providers January 2019 648
Other Services - Tier 1

Covington City
Acme Therapies Co
101 YMCA Way
Covington, VA 24426
(276) 352-4465

Danville City
Danville Speech & Hearing Center
742 Wilson St
Danville, VA 24541
(434) 793-8255

Piedmont Regional Feeding & Oral-Motor Clinic, LLC
625 Piney Forest Rd Suite 407
Danville, VA 24540
(434) 799-7732

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
SELECT PHYSICAL THERAPY
150 Elden St Ste 250
Herndon, VA 20170
(703) 435-0090
6850 Versar Ctr Ste 241
Springfield, VA 22151
(703) 256-3390
6910 Richmond Hwy Ste 200
Alexandria, VA 22306
(703) 765-7700
9409-K Old Burke Lake Rd
Burke, VA 22015
(703) 425-1800

Franklin City
Children's Therapy Concepts, LLC
107 E 3rd Avenue
Franklin, VA 23851
(757) 562-6806

Frederick
Physiotherapy Associates
160 Exeter Dr Ste 101
Winchester, VA 22603
(540) 665-0104

Fredericksburg City
Rappahannock Area CSB
600 Jackson St
Fredericksburg, VA 22401
(540) 373-3223

Harrisonburg City
Harrisonburg - Rockingham CSB
1241 N Main St
Harrisonburg, VA 22802
(540) 434-1941

Gloucester
Bayside Children's Therapy Network
6688 Main St
Gloucester, VA 23061
(804) 210-1555

Goochland
ProCare Physical Therapy Inc.
44 Broad St
Manakin Sabot, VA 23103
(804) 784-7090
44 Broad St Route 250
Manakin, VA 23103
(804) 784-7090

Greene
Small Talk Speech & Therapy Center, LLC
69 Deane Road
Ruckersville, VA 22968
(434) 481-3524

Hampton City
Global Speech Services
2019 Cunningham Drive Ste 104
Hampton, VA 23666
(757) 869-7559
Rehabilitation Associates
2713 Magruder Blvd Suite L
Hampton, VA 23666
(757) 490-3223
Sentara Therapy Center - CarePlex
4000 Coliseum Dr Ste 120
Hampton, VA 23666
(757) 827-2070

Hanover
Physiotherapy Associates of Mechanicsville
9097 Atlee Station Rd
Mechanicsville, VA 23116
(804) 559-3390
SELECT PHYSICAL THERAPY
429 England St
Ashland, VA 23005
(804) 798-9870
7415 Lee Davis Road
Mechanicsville, VA 23111
(804) 559-2900
Sheltering Arms Hospital Outpatient Services
8254 Atlee Rd
Mechanicsville, VA 23116
(804) 764-1001
Sheltering Arms Rehabilitation Center at Hanover
8226 Meadowbridge
Mechanicsville, VA 23116
(804) 764-1001

Henrico
Children's Hospital of Richmond of the VCU Health System
10124K West Broad St
Glen Allen, VA 23060
(804) 273-6656
FIND YOUR VOICE
6024 Collingstone Drive
Glen Allen, VA 23059
(804) 953-9653
Healthsouth Sports Medicine & Rehabilitation Center
7650 E Parham Rd Ste 120
Richmond, VA 23294
(804) 747-4417
Henrico Area Mental Health & Developmental Services
10299 Woodman Rd
Glen Allen, VA 23059
(804) 261-8511
4825 S Laburnum Ave
Richmond, VA 23231
(804) 222-2607
Infant and Child Development Services
1901 Westwood Ave
Richmond, VA 23227
(804) 358-1874
Physiotherapy Associates Inc of West Broad
8096 West Broad St Ste F
Richmond, VA 23294
(804) 965-9990
Physiotherapy Associates of Mechanicsville
8096 West Broad Street Ste F
Richmond, VA 23294
(804) 965-9990
Richmond Area Association for Retarded Citizens
1901 Westwood Ave
Richmond, VA 23227
(804) 353-0163

Loudoun
Physiotherapy Associates
21785 Filigree Ct Ste 209
Ashburn, VA 20147
(804) 559-3390

Lynchburg City
Blue Ridge Therapy Associates, Inc.
1912 Memorial Ave
Lynchburg, VA 24501
(804) 435-0090

Optima Direct Network Providers January 2019 649
Martinsville City
Acme Therapies Co
101 Cleveland Ave Suite D
Martinsville, VA 24112
(276) 352-4465

Staci Soper
1235 Sam Lions Trail
Martinsville, VA 24112
(276) 806-0662

Mecklenburg
VCU Community Memorial Hospital
125 Buena Vista Cir
South Hill, VA 23970
(434) 447-3151

Middlesex
MPNN CSB
5372B Old Virginia Street
Urbanna, VA 23175
(804) 758-5250

Montgomery
Carillon Bone and Joint Center PT/ST/OT
2900 Lamb Circle
Christiansburg, VA 24073
(540) 633-0523

New Kent
Henrico Area Mental Health & Developmental Services
9403A Pocahontas Trail
Providence Forge, VA 23140
(804) 966-2959

The Communication Company LLC
15530 River Bend Trail
Woodbridge, VA 22199
(703) 869-2928

Norfolk City
Bayview Pediatric Therapy Services
8223 Buffalo Court
Norfolk, VA 23518
(757) 739-6010

Nottoway
Progressive Therapy
104 West Broad St
Blackstone, VA 23824
(434) 298-0141

Page
Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Patrick
Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124

Chatterbox Speech and Language Therapy, LLC
114 E Blue Ridge St
Stuart, VA 24171
(540) 230-1582

Petersburg City
Children's Hospital of Richmond of the VCU Health System
321 B Poplar Drive Ste 4
Petersburg, VA 23805
(804) 733-7233

Portsmouth City
HANSEL UNION CONSULTING, PLLC
711 Court Street
Portsmouth, VA 23704
(757) 967-9926

Prince Edward
Longwood Center for Communication, Literacy and Learning
201 Main Street Third Floor
Farmville, VA 23901
(434) 395-2972

Progressive Therapy
1412 West Third Street
Farmville, VA 23901
(434) 392-1596

Prince William
SELECT PHYSICAL THERAPY
14524 Potomac Mills Rd
Woodbridge, VA 22192
7900 Sudley Rd Ste 803
Manassas, VA 20109
(703) 366-3948

Sentara Northern Virginia Medical Center
2300 Opitz Boulevard
Woodbridge, VA 22191
(703) 523-1000

Pulaski
Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

Richmond City
Children's Hospital of Richmond of the VCU Health System
2924 Brook Rd
Richmond, VA 23220
(804) 228-5911

Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke City
CRMH Rehab PT/OT/ST
2017 S Jefferson Street
Roanoke, VA 24014
(540) 981-8668

Roanoke Valley Speech & Hearing Center
2030 Colonial Ave SW
Roanoke, VA 24015
(540) 343-0165

Russell
Bristol Regional Speech & Hearing Center/Lebanon Speech & Hearing
68 Pioneer Drive
Lebanon, VA 24266
(276) 889-1389

Shenandoah
Shenandoah Memorial Hospital
579 S Main St
Woodstock, VA 22664
(540) 459-4021

Spotsylvania
Children's Hospital of Richmond of the VCU Health System
10530 Spotsylvania Ave Ste 102
Fredericksburg, VA 22408
(540) 891-4485

Stafford
Rehabilitation Services at the Stafford Medical Pavilion
125 Hospital Center Blvd Suite 303
Stafford, VA 22554
(540) 741-9647

Staunton City
SELECT PHYSICAL THERAPY
106 MacTanly Place
Staunton, VA 24401
(540) 886-4510

Valley Community Services Board
85 Sangers Lane
Staunton, VA 24401
(540) 887-3200

Suffolk City
Physiotherapy Associates
5859 Harbourview Blvd Ste 10
Suffolk, VA 23435
(757) 686-0205

Physiotherapy at Harbour View
175 N Main St
Suffolk, VA 23434
(757) 686-0207

The Children's Center
300 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Tazewell
Carillon Bone and Joint Center PT/ST/OT
234 Medical Park Drive
Bluefield, VA 24605
(276) 322-2223

Four Seasons Rehab
108 1/2 Spruce Street
Bluefield, VA 24605
(276) 322-5511

Waynesboro City
Albemarle Therapy Center Inc
200 West 12th Street Suite A1-100
Waynesboro, VA 22980
(540) 941-5501

Optima Direct Network Providers January 2019 650

Optima Health
<table>
<thead>
<tr>
<th>City</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Chesterfield</td>
<td>ProCare Physical Therapy Inc. 9252 Polo Parkway Midlothian, VA 23113 (804) 794-7587 6433 Chesterfield Meadows Drive Chesterfield, VA 23832 (804) 706-1803</td>
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<tr>
<td>Covington City</td>
<td>Acme Therapies Co 101 YMCA Way Covington, VA 24426 (276) 352-4465</td>
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<tr>
<td>Danville City</td>
<td>Piedmont Regional Feeding &amp; Oral-Motor Clinic, LLC 625 Piney Forest Rd Suite 407 Danville, VA 24540 (434) 799-7732</td>
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<tr>
<td>Fairfax</td>
<td>TheraPeds 6003 Masondale Rd Alexandria, VA 22315 (304) 488-4372</td>
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<tr>
<td>Franklin City</td>
<td>Children’s Therapy Concepts, LLC 107 E 3rd Avenue Franklin, VA 23851 (757) 776-3088</td>
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<tr>
<td>Goochland</td>
<td>ProCare Physical Therapy Inc. 44 Broad St Manakin Sabot, VA 23103 (804) 784-7090 44 Broad St Route 250 Manakin, VA 23103 (804) 784-7090</td>
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<tr>
<td>Hampton City</td>
<td>Rehabilitation Associates 2713 Magruder Blvd Suite L Hampton, VA 23666 (757) 490-3223</td>
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<tr>
<td>Henrico</td>
<td>ADLER THERAPY GROUP 8100 Three Chopt Road Suite 147 Richmond, VA 23229 (757) 455-5000 FIND YOUR VOICE 6024 Collingstone Drive Glen Allen, VA 23059 (804) 953-9653</td>
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<tr>
<td>Lynchburg City</td>
<td>VOICES SPEECH THERAPY SERVICES, LLC 302 Rowland Avenue Lynchburg, VA 24503 (434) 420-1049</td>
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<td>Martinsville City</td>
<td>Acme Therapies Co 101 Cleveland Ave Suite D Martinsville, VA 24112 (276) 352-4465 Staci Soper 1235 Sam Lions Trail Martinsville, VA 24112 (276) 806-0662</td>
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<tr>
<td>Martinsville City</td>
<td>ProCare Physical Therapy Inc. 44 Broad St Manakin Sabot, VA 23103 (804) 784-7090 44 Broad St Route 250 Manakin, VA 23103 (804) 784-7090</td>
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<tr>
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<td>Pediatric Therapy Services 1032 Macgill St Pulaski, VA 24301 (540) 509-5020</td>
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<td>Pulaski</td>
<td>Children’s Therapy Concepts, LLC 107 E 3rd Avenue Franklin, VA 23851 (757) 776-3088</td>
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<tr>
<td>Roanoke City</td>
<td>Carilion Roanoke Mem Hosp &amp; Carilion Roanoke Community Hspt 101 Elm Avenue Roanoke, VA 24013 (540) 985-8000</td>
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<tr>
<td>Virginia Beach City</td>
<td>ADLER THERAPY GROUP 1120 First Colonial Road Suite 101 Virginia Beach, VA 23454 (757) 455-5000 5604 Virginia Beach Blvd Bld A Suite 101 Virginia Beach, VA 23426 (757) 455-5000 Rehabilitation Associates 4560 South Blvd Ste 310 Virginia Beach, VA 23452 (757) 490-3223</td>
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<td>Washington</td>
<td>Blue Mountain Therapy, LLC 18596 Lee Highway Suite B Abingdon, VA 24210 (276) 525-6043</td>
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### Other Services - Tier 1

#### Raleigh
- **Beckley ARH Hospital**
  306 Stanaford Rd
  Beckley, WV 25801
  (304) 255-3000

#### Summers
- **Summers County ARH Hospital**
  1500 Terrace Street
  Hinton, WV 25951
  (304) 439-6600

#### Wythe
- **Friendship Home Medical Equipment, Inc.**
  800 East Main Street
  Wytheville, WV 24382
  (276) 228-6941

#### Home Health
- **Beckley**
  - **Panhandle Home Health, Inc.**
    208 Old Mill Road
    Martinsburg, WV 25401
    (304) 263-5680

#### Mineral
- **Northern WV Home Health LLC**
  167 S Mineral St
  Keyser, WV 26726
  (304) 788-1285
- **690 South Mineral St**
  Keyser, WV 26726
  (304) 788-1285

#### Morgan
- **Northern WV Home Health LLC**
  109 War Memorial Dr
  Berkeley Springs, WV 25411
  (304) 788-1285

#### IV Therapy
- **Hardy**
  - **Lincare, Inc.**
    6596 US Hwy 22D South
    Moorefield, WV 26836
    (304) 538-3010

#### Orthotics and Prosthetics
- **Mercer**
  - **Excel Prosthetics & Orthotics, Inc.**
    1700 Vineyard Street
    Bluefield, WV 24701
    (304) 323-2278
    807 Mercer Street
    Princeton, WV 24740
    (304) 425-0286

#### Physical/Occupational/Hand Therapy
- **Greenbrier**
  - **Greenbrier Valley Medical Center**
    1320 Maplewood Ave
    Ronceverte, WV 24970
    (304) 647-4411

#### Hampshire
- **Hampshire Memorial Hospital**
  363 Sunrise Blvd
  Romney, WV 26757
  (304) 822-4561
- **Progressive Physical Therapy & Rehabilitation Center**
  22260 Northwestern Pike
  Romney, WV 26757

#### Jefferson
- **Winchester Physical Therapy & Sports Medicine, Inc**
  112 S Raymman St
  Ranson, WV 25438
  (304) 725-3632

#### Mercer
- **Bluefield Regional Medical Center**
  500 Cherry Street
  Bluefield, WV 24701
  (304) 327-1100
- **HealthSouth Southern Hills Rehabilitation Hospital**
  120 12th Street
  Princeton, WV 24740
  (304) 487-7000

#### Morgan
- **Beckley ARH Hospital**
  306 Stanaford Rd
  Beckley, WV 25801
  (304) 255-3000

#### Summers
- **Summers County ARH Hospital**
  1500 Terrace Street
  Hinton, WV 25951
  (304) 439-6600

#### Reference Lab
- **Berkeley**
  - **Shenandoah Laboratories, LLC**
    158 Crimson Cir Reliance Rd Suite
    Martinsburg, WV 25403
    (304) 262-4757

#### Raleigh
- **Beckley ARH Hospital**
  306 Stanaford Rd
  Beckley, WV 25801
  (304) 255-3000

#### Pendleton
- **Pendleton Manor**
  68 Good Samaritan Dr
  Franklin, WV 26807
  (304) 358-2322

#### Berkeley
- **War Memorial Hospital Inc**
  1 Healthy Way
  Berkeley, WV 25801
  (304) 255-3000

#### Reference Lab
- **Berkeley**
  - **Sampson Labs**
    158 Crimson Cir Reliance Rd Suite
    Martinsburg, WV 25403
    (304) 262-4757

#### Morgan
- **Meridian Home Health LLC**
  1301 W Main St
  Princeton, WV 24740
  (304) 487-7000

#### Mineral
- **Hampshire Memorial Hospital**
  363 Sunrise Blvd
  Romney, WV 26757
  (304) 822-4561

#### Jefferson
- **Bluefield Regional Medical Center**
  500 Cherry Street
  Bluefield, WV 24701
  (304) 327-1100
- **Princeton Community Hospital**
  122 Twelfth Street
  Princeton, WV 24740
  (304) 487-7000
Other Services or Ancillary Providers- Tier 2

Other Services or Ancillary Providers
Tier 2
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<th>Location</th>
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| Culpeper          | UVA Culpeper Hospital 501 Sunset Ln Culpeper, VA 22701  
(540) 829-4100 |                     |
| Frederickburg City | Mary Washington Hospital (MWH) 1001 Sam Perry Blvd Fredericksburg, VA 22401  
(540) 741-1100 |                     |
| Orthotics and Prosthetics | Charlottesville City  
HSF Prosthetics and Orthotics (UVA Physicians Group)  
1204 W Main Street 3rd Floor Charlottesville, VA 22903  
(434) 243-4670  
2216 Ivy Rd Suite 204 Charlottesville, VA 22903  
(434) 243-4670 |                     |
| Madison           | Madison Physical Therapy and Rehab 1480 N Main St Ste B Madison, VA 22727  
(540) 948-3620 |                     |
| Stafford           | North Stafford Physical Therapy (MWH) (REHAB)  
422 Garrisonville Rd Suite 103 Stafford, VA 22554  
(540) 288-2519 |                     |
| Orange             | UVA Imaging, LLC 415 Ray C Hunt Dr Ste 1100 Charlottesville, VA 22908  
(434) 243-9198  
415 Ray C Hunt Dr Ste 140 Charlottesville, VA 22903  
(866) 591-5559  
Northridge Medical Park 2965 Ivy Rd Ste 103 Charlottesville, VA 22903  
(434) 243-9198 |                     |
| Westmoreland       | Regional Cancer Center at Montross  
1394 Kings Hwy Montross, VA 22520  
(804) 493-8880 |                     |
| Reference Lab      | UVA Reference Lab 853 W Main St Charlottesville, VA 22908  
(434) 924-5376 |                     |
| Speech Therapy     | UVA Culpeper Hospital 501 Sunset Ln Culpeper, VA 22701  
(540) 829-4100 |                     |
| Spotsylvania       | Mary Washington Home Health Agency  
2300 Fall Hill Avenue Suite 401 Fredericksburg, VA 22401  
(540) 741-1667 |                     |
| MRI Facility       | University of Virginia Medical Center  
1215 Lee St Charlottesville, VA 22908  
(434) 924-0211 |                     |
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<tr>
<td>MIDDLESBORO ARH HOSPITAL</td>
<td>3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
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<tr>
<td>McDowell ARH Hospital</td>
<td>Rte 122 McDowell, KY 41647 (606) 377-3400</td>
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<tr>
<td>Harlan ARH Hospital</td>
<td>81 Ball Park Road Harlan, KY 40831 (606) 573-8100</td>
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<tr>
<td>Mary Breckinridge ARH Hospital</td>
<td>130 Kate Ireland Rd Hyden, KY 41749</td>
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<tr>
<td>Appalachian Regional Hospital Whitesburg</td>
<td>240 Hospital Road Whitesburg, KY 41858 (606) 633-3500</td>
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<tr>
<td>Morgan County ARH Regional Medical Center</td>
<td>476 Liberty Rd West Liberty, KY 41472 (606) 743-3186</td>
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<td>Williamson ARH Hospital</td>
<td>260 Hospital Drive South Williamson, KY 41503 (606) 237-1700</td>
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<tr>
<td>Mary Breckinridge ARH Hospital</td>
<td>130 Kate Ireland Rd Hyden, KY 41749</td>
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<tr>
<td>Appalachian Regional Hospital Whitesburg</td>
<td>240 Hospital Road Whitesburg, KY 41858 (606) 633-3500</td>
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<tr>
<td>Morgan County ARH Regional Medical Center</td>
<td>476 Liberty Rd West Liberty, KY 41472 (606) 743-3186</td>
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<td>Meritus EKG Lab</td>
<td>11116 Medical Campus Rd Hagerstown, MD 21742 (301) 790-8193</td>
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<tr>
<td>Meritus Imaging at Professional Court</td>
<td>251 E Antietam St Hagerstown, MD 21740 (301) 790-8000</td>
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<tr>
<td>WMHS Urgent Care Services</td>
<td>10701 New Georges Creek Road Frostburg, MD 21532 (301) 689-3229</td>
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<tr>
<td>Concentra Urgent Care</td>
<td>4451 G Parliament Place Lanham, MD 20706 (866) 944-6046</td>
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<th>Ambulatory Surgery</th>
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<td>Meritus Urgent Care, LLC</td>
<td>11110 Medical Campus Road Ste 147 Hagerstown, MD 21742 (240) 313-9600</td>
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<tr>
<td>Meritus Urgent Care, LLC</td>
<td>1342 Pennsylvania Avenue Ste 103 Hagerstown, MD 21742 (240) 313-3100</td>
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<tr>
<td>James E. Davis Ambulatory Surgery Center</td>
<td>120 East Carver Street Durham, NC 27704 (919) 470-1000</td>
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| Forsyth                  | Piedmont Stone Center PO Box 25866 Winston Salem, NC 27114 (336) 714-2509 |
|-------------------------|-----------------------------|---------------------------|-------------------|
| Sentara Albermarle Medical Center | 1144 N Road Street Elizabeth City, NC 27909 (252) 335-0531 |
| Washington Co Hospital | 958 US Hwy 64 E Plymouth, NC 27962 (252) 793-4135 |
| Duke Raleigh Hospital | 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000 |
| Duke Regional Hospital | 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd Durham, NC 27710 (919) 684-8111 |
| Duke Raleigh Hospital | 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000 |
| Duke Regional Hospital | 3643 Roxboro Rd Durham, NC 27704 (919) 470-4000 |
| Duke University Hospital | 2301 Erwin Rd Durham, NC 27710 (919) 684-8111 |

Optima Direct Network Providers January 2019 659
Pasquotank
Sentara Albemarle Medical Center
1144 N Road Street
Elizabeth City, NC 27909
(252) 335-0531
Duke Raleigh Hospital
3400 Wake Forest Rd
Raleigh, NC 27609
(919) 954-3000
Washington
Washington Co Hospital
958 US Hwy 64 E
Plymouth, NC 27962
(252) 793-4135
Urgent Care Center
Dare
Outer Banks Urgent Care
4923 S Croatan Hwy
Nags Head, NC 27959
(252) 261-8040
Jamories
Johnson
Sullivan
Carter
Greene
Sullivan
Johnson
Washington
Franklin Woods Community Hospital
300 Medtech Parkway
Johnson City, TN 37604
(423) 302-1000
Johnson City Medical Center
400 N State of Franklin Rd
Johnson City, TN 37604
(423) 431-6111
The Reeves Eye Institute
2328 Knob Creek Rd
Johnson City, TN 37604
(423) 722-1310
Freestanding Outpatient Facilities
Carter
Sycamore Shoals Hospital
1501 W Elk Ave
Elizabethton, TN 37643
(423) 542-1500
Johnson County Community Hospital
1901 S Shady St
Mountain City, TN 37683
(423) 727-1100
Regional Cancer Center at IPMC
2000 Brookside Dr
Kingsport, TN 37660
(423) 857-7540
2205 Pavilion Dr Ste 101
Kingsport, TN 37660
(423) 857-6466
Franklin Woods Community Hospital
300 Medtech Parkway
Johnson City, TN 37604
(423) 302-1000
Washington
First Assist Urgent Care
1019 W Oakland Ave Ste 1
Johnson City, TN 37604
(423) 915-5000
395 Forrest Circle Suite 100
Jonesboro, TN 37659
(423) 753-0721
Williamson
Health Care Plus
330 Franklin Rd #135A 321
Brentwood, TN 37027
(804) 862-5717
TX
Urgent Care Center
Dallas
Concentra Urgent Care
PO Box 215
Addison, TX 75001
(972) 341-9259
VA
Ambulatory Surgery
Albemarle
Monticello Community Surgery Center LLC
1231 Seminole Lane Suite 201
Charlottesville, VA 22901
(434) 293-4995
Sentara Martha Jefferson Outpatient Surgery Center
595 Martha Jefferson Drive Suite 290
Charlottesville, VA 22911
(434) 654-5000
Allegany
Alleghany Regional Hospital d/b/a LewisGale Alleghany
One Arh Lane
Low Moor, VA 24457
(540) 862-6200
Arlington
Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 558-5486
Augusta
Augusta Medical Center
78 Medical Center
Fisher'sville, VA 22934
(540) 932-4000
Bath
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000
Bedford
Surgery Center of Central Virginia
1835 Graves Mill Road Suite 1
Forest, VA 24551
(434) 385-5151

Hospital and Urgent Care Center Directory - Tier 1

Optima Direct Network Providers January 2019 660
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<td>Bedford Memorial Hospital</td>
<td>1613 Oakwood St, Bedford, VA 24523</td>
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<tr>
<td>Chesapeake City</td>
<td>Chesapeake General Hospital - Ambulatory Surgery</td>
<td>736 Battlefield Blvd, Chesapeake, VA 23320</td>
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<td>Fairfax</td>
<td>Reston Hospital Center</td>
<td>1850 Town Center Pkwy, Reston, VA 20190</td>
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<td>Franklin City</td>
<td>Carilion Franklin Memorial Hospital</td>
<td>100 Fairview Dr, Franklin, VA 23851</td>
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<tr>
<td>Fredericksburg City</td>
<td>Fredericksburg Ambulatory Surgery Center</td>
<td>1201 Sam Perry Blvd Ste 101, Fredericksburg, VA 22401</td>
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<tr>
<td>Folcroft</td>
<td>Carilion Giles Community Hospital</td>
<td>159 Hartley Way, Pearisburg, VA 24134</td>
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<tr>
<td>Halifax</td>
<td>Halifax Regional Hospital</td>
<td>2204 Wilborn Ave, South Boston, VA 24592</td>
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<tr>
<td>Henrico</td>
<td>Bon Secours Richmond Community Hospital (Ambulatory Surgery)</td>
<td>1500 North 28th St, Richmond, VA 23233</td>
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<tr>
<td>Hopewell City</td>
<td>John Randolph Medical Center</td>
<td>411 W Randolph Rd, Hopewell, VA 23860</td>
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<tr>
<td>Lexington City</td>
<td>Carilion Stonewall Jackson Hospital</td>
<td>1 Health Circle, Lexington, VA 24450</td>
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<tr>
<td>Louisa</td>
<td>StoneSprings Hospital Center</td>
<td>24440 Stone Springs Blvd, Dulles, VA 20166</td>
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<tr>
<td>Lynchburg City</td>
<td>Centra Lynchburg General Hospital</td>
<td>1901 Tate Springs Rd, Lynchburg, VA 24501</td>
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<tr>
<td>Manassas City</td>
<td>Novant Health UVA Health System Prince William Medical Center</td>
<td>8700 Sudley Rd, Manassas, VA 20110</td>
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<tr>
<td>Prince William Surgery Center</td>
<td>8644 Sudley Rd Ste 201, Manassas, VA 20110</td>
<td>(703) 369-8525</td>
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<td>Martinsville City</td>
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<tr>
<td>SOVAH Health - Martinsville</td>
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<td>320 Hospital Drive</td>
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<tr>
<td>Martinsville, VA 24112</td>
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<tr>
<td>(276) 666-7654</td>
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<td>Mecklenburg</td>
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<td>125 Buena Vista Cir</td>
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<tr>
<td>South Hill, VA 23970</td>
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<tr>
<td>(434) 447-3151</td>
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<td>Columbia Pulaski Community Hospital</td>
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<tr>
<td>2400 Lee Hwy N</td>
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<td>Pulaski, VA 24301</td>
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<tr>
<td>(540) 387-9142</td>
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<td>Richmond City</td>
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<tr>
<td>Boulders Ambulatory Surgery Center</td>
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</tr>
<tr>
<td>1115 Boulders Parkway Ste 210</td>
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<tr>
<td>Richmond, VA 23225</td>
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<tr>
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Stony Point Surgery Center LLC
8700 Stony Point Pkwy Ste 100
Richmond, VA 23235
(804) 775-4500

Culpeper

Culpeper Surgery Center LLC
541 Sunset Lane
Culpeper, VA 22701
(540) 829-0700

Danville City

SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Fairfax

Reston Surgery Center
(Freestanding ASC)
1860 Town Center Dr Ste G100
Reston, VA 20190
(703) 639-3100

Fairfax City

Fairfax Surgical Center
(Freestanding ASC)
10730 Main St
Fairfax, VA 22030
(703) 391-0670

Franklin

Carilion Franklin Memorial Hospital
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 633-9553

Giles

Carilion Giles Community Hospital
159 Hartley Way
Pearsburg, VA 24454
(540) 921-6000

Hanover

Hanover Emergency Center
9273 Chamberlayne Avenue
Mechanicsville, VA 23116
(804) 417-0300

Henrico

American Diagnostics Services Inc
1111 Fitzhugh Avenue
Richmond, VA 23203
(804) 592-3186

Bon Secours Imaging Center
Reynolds Crossing ~ 6605 W Broad Street
Richmond, VA 23230
(804) 287-3500

MobilexUSA
4112 Fitzhugh Avenue
Richmond, VA 23230
(800) 621-9236

Lexington City

Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Martinsville City

SOVAH Health - Martinsville
320 Hospital Drive
Martinsville, VA 24112
(276) 666-7654

Montgomery

Carilion New River Valley Medical Center
2900 Tyler Rd
Christiansburg, VA 24073
(540) 731-2000

Regional Health Diagnostics, Inc.
210 Professional Park Dr Ste 10
Blacksburg, VA 24060
(540) 315-8550

Newport News City

CHKD Health Center at Oyster Point
11783 Rock Landing Drive
Newport News, VA 23606
(757) 688-6201

Norfolk City

Pet Institute of Hampton Roads
5357 Henneman Dr
Norfolk, VA 23513
(757) 855-9700

Prince William

Novant Health UVA Health System
Cancer Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

Novant Health UVA Health System
Haymarket Medical Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

Roanoke City

Carilion Roanoke Memorial Hospital
101 Elm Ave
Roanoke, VA 24013
(540) 224-5500

2331 Franklin Road
Roanoke, VA 20114
(540) 777-5834

Salen

Blue Ridge Surgery Center
(Freestanding ASC)
1802 Braeburn Drive
Salen, VA 24113
(540) 772-3400

Spotsylvania

Endoscopy Center of Fall Hill
Gastroenterology
4103 Lafayette Blvd
Fredericksburg, VA 22408

Suffolk City

Bayview Ambulatory Surgery Center
2000 Meade Pkwy
Suffolk, VA 23434
(757) 954-9329

Virginia Beach City

CHKD Health and Surgery Center at Princess Anne
2021 Concert Dr
Virginia Beach, VA 23456
(757) 668-2711

Virginia Beach Ambulatory Surgery Center
1700 Will O Wisp Dr
Virginia Beach, VA 23454
(757) 496-6400

Albemarle

Sentara Martha Jefferson Hospital
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-7000

Alleghany

Alleghany Regional Hospital d/b/a LewisGale Alleghany
One Arh Lane
Low Mo, VA 24457
(540) 962-6200

Arlington

Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 558-5486

Augusta

Augusta Medical Center
12100 Market Blvd
Augusta, VA 22401
(540) 592-4000

Bath

Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford City

Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Bristol

The Rehabilitation Hospital of Southwest Virginia (Bristol)
103 North Street
Bristol, VA 24201
(276) 642-7900

Charlottesville City

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City

Chesapeake Regional Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300

Children's Hospital of Richmond of the VCU Health System
2925 Polo Parkway
Midlothian, VA 23113
(804) 323-9060

CJW Medical Center - Johnston-Willis Campus
1401 Johnston Willis Dr
Richmond, VA 23235
(804) 330-2000

Danville City

SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Dickenson

Dickenson Community Hospital
312 Hospital Drive
Clintwood, VA 24228
(276) 926-0300

Emporia City

Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400
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<td>(540) 347-2450</td>
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<td>(540) 633-9353</td>
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<td>8200 Meadowbridge Road Suite 100 Mechanicville, VA 23116</td>
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<td>320 Hospital Drive Martinsville, VA 24112</td>
<td>(276) 666-7654</td>
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<td>125 Buena Vista Cir South Hill, VA 23970</td>
<td>(434) 447-3151</td>
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<td>1 Health Circle Lexington, VA 24450</td>
<td>(540) 458-3300</td>
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<td>StoneSprings Hospital Center</td>
<td>24440 Stone Springs Blvd Dulles, VA 20166</td>
<td>(571) 349-4000</td>
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<tr>
<td>Page Memorial Hospital Inc</td>
<td>200 Memorial Dr Lucay, VA 22835</td>
<td>(540) 743-4561</td>
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<td>Children's Hospital of Richmond of the VCU Health System</td>
<td>321 2 Boplar Drive Ste 4 Petersburg, VA 23805</td>
<td>(804) 733-7233</td>
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<td>Sentara Southside Community Hospital</td>
<td>800 Oak St Farmville, VA 23901</td>
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<td>Sentara Leigh Hospital</td>
<td>830 Kempsville Rd Norfolk, VA 23502</td>
<td>(757) 261-6000</td>
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<td>Sentara Norfolk General Hospital</td>
<td>600 Gresham Dr Ste 700 Norfolk, VA 23507</td>
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<td>Hospital for Extended Recovery</td>
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<td>2010 Health Campus Drive Harrisonburg, VA 22801</td>
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<td>2 Bernardine Dr Newport News, VA 23602</td>
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**Optima Direct Network Providers January 2019**

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<td>Novant Health UVA Health System Haymarket Medical Center 15225 Heathcote Blvd Haymarket, VA 20169 (571) 284-1000</td>
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<td>Sentara Northern Virginia Medical Center</td>
<td>2300 Opitz Boulevard Woodbridge, VA 22191 (703) 523-1000</td>
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<td>Pulaski</td>
<td>Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301 (540) 387-9142</td>
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<td>Bon Secours Richmond Community Hospital 1500 N 28th St Richmond, VA 23223 (804) 225-1700</td>
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<td>Children's Hospital of Richmond of the VCU Health System 2924 Brook Rd Richmond, VA 23220 (804) 228-3911</td>
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<td>CJW Medical Center - Chippenham Campus 7101 Juhnke Rd Richmond, VA 23225 (804) 320-3911</td>
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<td></td>
<td>Henrico Doctors' Hospital - Retreat Campus 2621 Grove Ave Richmond, VA 23220 (804) 254-5100</td>
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<td>VCU Health System/MCV Hospital North 1300 E Marshall St Richmond, VA 23298 (804) 828-0088</td>
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<td>VCU Health System/MCV Hospital West 1200 E Broad St Richmond, VA 23298 (804) 828-9000</td>
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<td>Carillon Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 24013</td>
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<td></td>
<td>1906 Belleview at Jefferson St Roanoke, VA 24011 (540) 224-2500</td>
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<td>2331 Franklin Road Roanoke, VA 24014 (540) 777-3834</td>
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<td>Carilion Roanoke Medical Center 1200 E Broad St Roanoke, VA 24011 (540) 777-3834</td>
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<td>Russell County Medical Center 1060 First Colonial Rd Virginia Beach, VA 23454 (571) 395-8000</td>
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<td>Sentara Princess Anne Hospital 2000 Glenn Mitchell Drive Virginia Beach, VA 23456 (757) 363-6100</td>
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<td>Sentara Virginia Beach General Hospital 1000 N 28th St Virginia Beach, VA 23454 (757) 395-8000</td>
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<td>Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153 (540) 862-6265</td>
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<td>Shenandoah Memorial Hospital Inc 759 S Main St Woodstock, VA 22664 (540) 459-4021</td>
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<td>Smyth County Community Hospital 565 Radio Hill Rd Marion, VA 24354 (276) 782-1234</td>
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<td>Children's Hospital of Richmond of the VCU Health System 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485</td>
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<td>Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408 (540) 498-4000</td>
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<td>Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554 (540) 741-9000</td>
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<td>Carilion Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td>Clinch Valley Medical Center 6801 Gov G C Peery Highway Richlands, VA 24641 (276) 596-6000</td>
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<td>VelocityCare 46 Wesley Rd Daleville, VA 24083 (540) 266-6800</td>
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<td>Premier Acute Care Services, LLC 111073 Colonel Armistead Drive Suite 205 Ruther Glen, VA 22546 (571) 331-9288</td>
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<td>Mid-Atlantic Quickcare, PLLC 5261 Carrollton Pike Ste C Woodstock, VA 24472 (276) 238-0911</td>
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<td>Children's Hospital Of The King's Daughters - UCC 817 Volvo Parkway Chesapeake, VA 23320 (757) 668-4630</td>
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<td>In &amp; Out Express Care 838 Old George Washington Hwy N Ste A Chesapeake, VA 23323 (757) 487-9600</td>
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<td>Mt. Pleasant Urgent Care and Family Practice 1464 Mt Pleasant Rd Suites 13 and 14 Chesapeake, VA 23322 (757) 410-4580</td>
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<td>Patient First - Battlefield Blvd 705 N Battlefield Blvd Chesapeake, VA 23320 (757) 547-0688</td>
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<td>Patient First - Cedar Rd 1239 Cedar Rd Chesapeake, VA 23322 (757) 549-9935</td>
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<td>Patient First - Taylor Road 2425 Taylor Road Chesapeake, VA 23321 (757) 215-1800</td>
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<td>After Hours Pediatrics-Midlothian 13553 Midlothian Turnpike Midlothian, VA 23113 (804) 601-3295</td>
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<td>AfterHours Pediatrics - West End 1521 Huguenot Road Suite 201 Midlothian, VA 23113 (804) 742-3077</td>
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<td>BetterMed 6100 Harbourside Centre Loop Midlothian, VA 23112 (804) 639-7555</td>
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<td>Health Care Plus 13038 Rivers Bend Rd Chesterfield, VA 23838 (804) 414-0204</td>
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<td>KidMed Southside PLC 5021 Craig Rath Blvd Building IV Midlothian, VA 23112 (804) 592-5437</td>
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</table>
Hospital and Urgent Care Center Directory - Tier 1

MedExpress Urgent Care UCC, PC - Virginia
11603 Midlothian Turnpike
Midlothian, VA 23113
(804) 378-3739

Patient First - Chester
12101 S Chalkley Rd
Chester, VA 23831
(804) 796-3636

Patient First - Genito
11020 Hull St
Midlothian, VA 23112
(804) 744-6310

Patient First - Midlothian
8110 Midlothian Tpke
Richmond, VA 23235
(804) 320-8160

Peds Care After Hours
2937 Fox Chase Lane
Midlothian, VA 23112
(804) 744-5437

Colonial Heights City
Health Care Plus
436 Clairmont Ct Ste 100
Colonial Heights, VA 23834
(804) 526-2121

Healthcare Plus (Southside Regional Medical Ctr)
436 Clairmont Ct
Colonial Heights, VA 23834
(804) 526-2121

Patient First - Temple Avenue
1260 Temple Avenue
Colonial Heights, VA 23834
(804) 518-2597

Covington City
Alliance Xpress Care LLC
919A Craig Ave
Covington, VA 24426
(540) 960-2231

Culpeper
MedExpress Urgent Care UCC, PC - Virginia
1420 South Main Street
Culpeper, VA 22701
(540) 825-2202

Essex
MedExpress Urgent Care UCC, PC - Virginia
300 Mt Clement Park
Tappahannock, VA 22560
(804) 443-8610

Fairfax
Concentra Urgent Care
5590 General Washington Drive
Alexandria, VA 22312
(866) 944-6046
8613 Lee Highway Suite 110
Fairfax, VA 22031
(866) 944-6046

Gloucester
Gloucester Urgent Care (SMG)
5629 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

MD Express
6567 George Washington Memorial Highway
Gloucester, VA 23061
(804) 824-9962

Velocity Urgent Care
5629 Parkway Drive Suite 100
Gloucester, VA 23061
(804) 210-1005

Halifax
Velocity Urgent Care
3601 Old Halifax Road Suite 100
South Boston, VA 24592
(434) 290-1225

Hampton City
In & Out Express Care
593 Aberdeen Road Suite A
Hampton, VA 23661
(757) 825-1100

MD Express
3321 West Mercury Blvd
Hampton, VA 23661
(757) 224-0056

Patient First - Hampton
2504 West Mercury Boulevard
Hampton, VA 23661
(757) 951-1579

Hanover
BetterMed (Emergency Physicians Immediate Care Center 2)
6296 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 459-8300

Kidmed UCC, Inc.
8356 Bell Creek Road
Mechanicsville, VA 23111
(804) 559-5437

Patient First - Mechanicsville
7238 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 559-9900

Harrisonburg City
MedExpress Urgent Care UCC, PC - Virginia
1840 East Market St Suite A
Harrisonburg, VA 22801
(540) 432-3080

Virginia Urgent Care and Occupational Medicine, L.L.C
480 Fletcher Drive Suite 3
Marshall, VA 20115
(571) 284-3460

Patient First - Marshall
4197C Winchester Rd
Express Care(Marshall)
Warrenton, VA 20186
(571) 284-3460

MD Express
4066 East Market St
Marshall, VA 20115
(571) 284-3460

Patient First - Marshall
207 Gateway Drive
Express Med Urgent Care Center 2)
Harrisonburg, VA 22801
(540) 351-0662

Kiddmed UCC, Inc.
9040 West Broad Street
Richmond, VA 23294
(804) 346-0927

Patient First - Parham
2205 N Parham Road
Richmond, VA 23229
(804) 270-2150

Patient First - Short Pump
3370 Pump Rd
Richmond, VA 23233
(804) 360-8061

Patient First - Woodman
2300 E Parham Rd
Richmond, VA 23228
(804) 264-7808

Richmond Urgent Care LLC
1770 North Parham Road Ste 100
Richmond, VA 23229
(804) 615-5060

Isle of Wight
Velocity Urgent Care
20238 Sentara Way Suite 100
Carrollton, VA 23314
(757) 542-1100

James City
First Medical of Williamsburg
8400 West Broad Street
Williamsburg, VA 23185
(757) 229-4141

MD Express
120 Monticello Ave
Williamsburg, VA 23185
(757) 564-3627

Optima Direct Network Providers January 2019 666
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<td>New Town Urgent Care (SMG)</td>
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<td>Williamsburg, VA 23188</td>
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<tr>
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<td>Christiansburg, VA 24073</td>
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<td>9545 Shore Drive</td>
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<td>Fort Norfolk Plaza Urgent Care, Inc.</td>
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<td>(757) 583-6338</td>
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<td>7435 Granby St</td>
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<td>Norfolk, VA 23505</td>
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<td>(757) 702-8101</td>
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<td>680 Oyster Point Rd Suite 105</td>
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<td>Newport News, VA 23602</td>
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<td></td>
<td>(757) 668-4845</td>
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<tr>
<td></td>
<td>Hampton Roads Urgent Care, PLLC</td>
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<td></td>
<td>730 Thimble Shoals Blvd Suite 200</td>
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| Bayview Physician Services PC (Urgent Care Center) | 2401 Godwin Blvd Suite 3
| Suffolk, VA 23434                       |       |
| (757) 923-5360                          |       |
| Velocity Urgent Care                    |       |
| 1001 Centerbrook Ln                     |       |
| Suffolk, VA 23434                       |       |
| (757) 702-8105                          |       |
| **Tazewell**                            |       |
| Clinch Valley Urgent Care               |       |
| 1100 Cedar Valley Drive                 |       |
| Cedar Bluff, VA 24609                   |       |
| (276) 964-6449                          |       |
| 111 Fashion Dr Suite D                  |       |
| Pounding Mill, VA 24637                 |       |
| (276) 596-6375                          |       |
| MedExpress Urgent Care UCC, PC - Virginia|       |
| 4003 College Avenue Suite 2A            |       |
| Bluefield, VA 24605                     |       |
| (276) 322-2085                          |       |
| **Virginia Beach City**                 |       |
| Bayview Physician Services PC (Urgent Care Center) | 1168 First Colonial Rd
| Virginia Beach, VA 23454                |       |
| (757) 352-2020                          |       |
| 6632 Indian River Rd                    |       |
| Virginia Beach, VA 23464                | (757) 424-4300 |
| Children's Hospital Of The King's Daughters - UCC | 1924 Landstown Centre Way Ste 103
| Virginia Beach, VA 23456                | (757) 668-4949 |
| 3960 Virginia Beach Blvd                 |       |
| Virginia Beach, VA 23455                | (757) 668-4648 |
| Chimney Hill Medical Associates (SMG)    |       |
| 3745 Holland Rd                         |       |
| Virginia Beach, VA 23452                | (757) 962-8720 |
| In & Out Express Care                   |       |
| 1290 Diamond Springs Road               |       |
| Virginia Beach, VA 23455                | (757) 460-0700 |
| Patient First - General Booth           |       |
| 1605 General Booth Blvd                  |       |
| Virginia Beach, VA 23454                | (757) 721-0512 |
| Patient First - Holland Rd              |       |
| 3432 Holland Road                        |       |
| Virginia Beach, VA 23452                | (757) 468-1855 |
| Patient First - Indian River             |       |
| 5486 Indian River Road                   |       |
| Virginia Beach, VA 23464                | (757) 424-2490 |
| Patient First - Newton Rd               |       |
| 332 Newton Rd                            |       |
| Virginia Beach, VA 23462                | (757) 473-8400 |
| Velocity Urgent Care                    |       |
| 2180 General Booth Blvd Suite F          |       |
| Virginia Beach, VA 23454                | (757) 702-8122 |
| 2859 Virginia Beach Blvd                 |       |
| Virginia Beach, VA 23452                | (757) 395-1300 |
| 3745 Holland Rd                         |       |
| Virginia Beach, VA 23452                | (757) 395-1700 |
| 4701 Virginia Beach Blvd                 |       |
| Virginia Beach, VA 23462                | (757) 702-8110 |
| **Winchester**                          |       |
| VALLEY HEALTH URGENT CARE - UCC          |       |
| 65 Riverton Commons Plaza               |       |
| Front Royal, VA 22630                    | (540) 635-0700 |
| Washington                              |       |
| First Assist Urgent Care                |       |
| 603 Campus Drive Suite 100               |       |
| Abingdon, VA 24210                      | (276) 739-8010 |
| **York**                                |       |
| MD Express                              |       |
| 4740 George Washington Hwy Ste A         |       |
| Yorktown, VA 23693                      | (757) 564-3627 |
| **WV**                                  |       |
| **Ambulatory Surgery**                  |       |
| **Greenbrier**                          |       |
| Greenbrier Valley Medical Center         |       |
| 1320 Maplewood Ave                      |       |
| Ronceverte, WV 24970                    | (304) 647-4411 |
| **Mercer**                              |       |
| Bluefield Regional Medical Center        |       |
| 500 Cherry Street                        |       |
| Bluefield, WV 24701                     | (304) 327-1100 |
| **Princeton Community Hospital**        |       |
| 122 Twelfth Street                      |       |
| Princeton, WV 24740                     | (304) 487-7000 |
| **Hampshire**                           |       |
| Hampton Memorial Hospital               |       |
| 363 Sunrise Blvd                        |       |
| Romney, WV 26757                        | (304) 822-4561 |
| **Mercer**                              |       |
| Bluefield Regional Medical Center        |       |
| 500 Cherry Street                        |       |
| Bluefield, WV 24701                     | (304) 327-1100 |
| **HealthSouth Southern Hills Rehabilitation Hospital** | 120 12th Street
| Princeton, WV 24740                     | (304) 487-7000 |
| **Summers**                             |       |
| Summers County ARH Hospital             |       |
| 1500 Terrace Street                     |       |
| Hinton, WV 25951                        | (304) 439-6600 |
| **Morgan**                              |       |
| War Memorial Hospital Inc               |       |
| 1 Healthy Way                           |       |
| Berkeley Springs, VA 25411              | (304) 258-1234 |
| **Raleigh**                             |       |
| Beckley ARH Hospital                    |       |
| 306 Stanaford Rd                        |       |
| Beckley, WV 25801                       | (304) 555-3000 |
| **Freestanding Outpatient Facilities**  |       |
| **Berkeley**                            |       |
| Tri-State Surgical Center LLC           |       |
| 1006 Tavern Rd                          |       |
| Martinsburg, VA 25401                   | (304) 263-5129 |

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**Optima Direct Network Providers January 2019** 668
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<td>202 Foxcroft Ave, Martinsburg, WV 25401</td>
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