Provider Directory

OptimaFit®

Direct Products

November 2018

For the most up-to-date listing, please visit our Find a Doc website at:
http://optimahealth.prismisp.com/

www.optimahealth.com

vNov-18
Welcome to Optima Health!

When you enroll in an OptimaDirect® or OptimaFit® Direct (Direct) plan, you may need to select a Primary Care Physician (PCP) from our network of affiliated PCPs. You may change your designated PCP at any time. Please note, every family member on your plan may select a different PCP. If you have children, you may choose a participating pediatrician as their PCP.

Optima Health plans do not require a referral from a PCP to visit another doctor or specialist. However, your PCP can help coordinate your healthcare needs and serve as your first step to determine an illness or condition, offer methods of care, write prescriptions, and recommend specialists or facilities, if additional diagnoses and follow up is needed. The selected specialist must participate in the Optima Health network in order to be covered under your in-network benefits.

This directory is current as of the date listed on the cover; however, it does not guarantee that the provider is still in the network or accepting new members at the time of your visit. It is the member’s responsibility to know which providers are participating Plan providers. The most current information regarding provider participation is available at optimahealth.com or on the Optima mobile app. To access the most current listing of Direct plan providers, be sure to select the Direct option from the drop down menu.

To find out the professional qualifications of most Plan physicians, please call 757-552-7200 or 1-800-736-8272, or visit our website at optimahealth.com. This information is available 24 hours a day, 7 days a week. If you have any questions about your health benefits, please call Member Services at the number listed on the back of your member ID card.

Direct Network
As a member of a Direct plan, you have a tiered network of providers. This means that you have the freedom to choose from any healthcare provider in the network. You will have a lower cost share—in the form of lower Copayments and Coinsurance amounts—for using a Tier 1 provider. With this network design, you have the option to also visit Tier 2 providers for a higher cost share than a Tier 1 provider. Please refer to your plan documents for more information about the cost savings of choosing a Tier 1 provider, specific to your plan.

In-Network and Out-of-Network Care
By using an in-network physician or medical facility listed in this directory, you pay lower out-of-pocket costs for the care you receive and you do not have to fill out and submit claim forms. You will pay any applicable charges at the time you receive care. Certain services require only a Copayment, while the costs for other services are based on a Coinsurance percentage. You should refer to your Plan documents for these specific amounts.

If you choose to receive care from a physician or other medical facility that is not part of the Optima Health network, you may use out-of-network benefits, if you have them. These providers set their own rate for their services. Typically, when Plan members who have out-of-network benefits receive covered services from out-of-network providers, Optima Health will pay a set percentage, or an allowable charge, of the amount paid to in-network providers for the same service. The member will
pay the rest. If the out-of-network provider charges more than what Optima Health pays, the provider may bill the member for the difference between the two amounts. In addition, you must be willing to take responsibility for filing claims and make sure that pre-authorization has been secured by your provider for certain medical services and procedures.

For more information on in-network and out-of-network care, review your Evidence of Coverage or Certificate of Insurance, or call Member Services at the number listed on the back of your member ID card.

For plans that include spinal manipulation or chiropractic care benefits, a list of Chiropractic Providers is included in this directory.

Footnotes
The following footnotes are used throughout this directory:
1. Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. Note, if you have not seen the provider within 24 months, you may not be considered an existing patient.
2. Not accepting new patients or current patients switching plans.
3. Not accepting new patients; accepting newborns and siblings.
4. Age restriction; call physician for authorization.
5. Accepting a limited number of patients; contact Member Services to confirm that member may be added.

Abbreviations
The following abbreviations are used throughout this directory:
- CHKD - Children’s Hospital of the King’s Daughters
- CMG - Children’s Medical Group Service
- MCV - Medical College of Virginia
- SMG - Sentara Medical Group
- TMPG - Tidewater Physicians Multispecialty Group
- UVA - University of Virginia Health System

Selection Criteria
Provider
The Provider Networks for Optima Health plans, including those available on the Health Insurance Marketplace, consist of primary care, specialist, and behavioral health providers; and include physicians, physician assistants, nurse practitioners, and other qualified licensed clinicians.

Optima Health chooses providers based on specific criteria and credentialing requirements to create a network that ensures members are able to access participating providers within a reasonable distance and time.
All providers must have completed a comprehensive credentialing application and be approved by the Optima Health Credentialing Committee before being accepted into the network. The credentialing process consists of the review, verification, and evaluation of a number of criteria; including (but not limited to) education, specialized training, board certification, state license(s), malpractice history, and sanction records. Providers with a felony conviction and/or sanction(s) by Federal government agencies are not accepted into the Optima Health Network. Providers are re-evaluated every three years.

The Optima Health credentialing process exceeds the requirements of the National Committee for Quality Assurance (NCQA) and the Commonwealth of Virginia quality measures for credentialing.

No member experience or cost-related measures are used in the provider selection process.

**Hospital/Facility**

Hospitals for Optima Health plans, including those available on the Health Insurance Marketplace, are selected based on specific accreditation and accessibility criteria, ensuring members have access to quality hospitals within a reasonable distance and time.

Accreditation and licensure information is verified for all hospitals; an assessment is conducted to confirm the hospital is in good standing with state and federal regulatory bodies and that the hospital has been reviewed and approved by the appropriate national accrediting body.

To participate with Optima Health, hospitals must be accredited by the Joint Commission on Accreditation of Healthcare Organization (JCAHO), Healthcare Facilities Accreditation Program (HFAP), or DNV Healthcare Inc. Exceptions may be made for newly opening hospitals or hospitals in rural areas, which may be allowed to participate in the Optima Health network upon submitting documentation for patient safety plans and/or record of review from a state or federal regulatory body. Hospitals are re-evaluated every three years.

No member experience, patient safety, or cost-related measures are used in the hospital selection process.
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Primary Care Physicians - Tier 1

VA

Family Medicine

Abingdon

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Pro#: 10011727
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Pote, Douglas Allyn, MD
Pro#: 10183814
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Pro#: 10114536
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Fourth Floor
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Smyth County Community Hospital

Trippett, Laramie C., MD
Pro#: 10174547
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Abingdon, VA 24210
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Hospital Affiliations:
Johnston Memorial Hospital

Afton

Cole, Charles J. E., MD
Pro#: 10021180
Sentara Afton Family Medicine
10950 Rockfish Valley Highway
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(540) 456-6710

Schmitz, Stephen Palmer, MD
Pro#: 78187
Sentara Afton Family Medicine
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(540) 456-6710

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Alberta

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Pro#: 31807
Southside Community Health Center(CVHS) (CCNV)
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VCU Community Memorial Hospital

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Mamedova, Tamara, DO
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Danner, James, DO
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Altavista, VA 24517
(434) 309-1165

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Hospital Affiliations:
Centra Lynchburg General Hospital

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OptimaHealth
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Broadlands Family Practice  
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Ashburn, VA 20147  
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Ashland

Hubbard, Thomas M., MD  
Prov#: 26151  
Virginia Physicians, Inc.  
100 Medical Drive  
Ashland, VA 23005  
(804) 798-9307  
Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Bon Secours St. Mary's Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
St. Mary's Hospital

Axton

Trivedi, Rajendra, MD  
Prov#: 10039610  
Sandy River Family Care, Inc.  
4520 Medical Center Rd  
Axton, VA 24545  
(434) 685-7095

Aylett

Biggers, Jonathan W., DO  
Prov#: 10183073  
King William Dawn Community Doctors (CVHS) (CCNV)  
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Prov#: 10037118  
Aylett Medical Center (Bon Secours)  
7864 Richmond Tappahannock Hwy  
Aylett, VA 23009  
(804) 746-1677

Huot, Rachel L., MD  
Prov#: 10132960  
Central Virginia Community Health Center (CVHS)(CCNV)  
11814 King William Road  
Aylett, VA 23009  
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 Lew, Augustine, MD  
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bon Secours Memorial Regional - Aylett Medical Center  
Hwy 360 Box 124  
Aylett, VA 23009  
(804) 769-3096

Walker, Andrew F., MD  
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Westmoreland Medical Center (CVHS)(CCNV)  
11814 King William Road  
Aylett, VA 23009  
(804) 769-3022

Bassett

Barino, Alethea, MD  
Prov#: 10148102  
Bassett Family Practice  
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Bassett, VA 24055  
(276) 629-1076

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(276) 629-1076

Nkembe, Kwamba Ekma, MD  
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Bassett, VA 24055  
(276) 629-1076

Bastian

Crews, Michael O, DO  
Prov#: 41856  
Bland County Medical Clinic, Inc. (CCNV)  
12301 Grapefield Rd  
Bastian, VA 24314  
(540) 688-4331  
Hospital Affiliations:  
Name Not Available  
Sentara Bayside Hospital

Turski, John T., DO  
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Bland County Medical Clinic, Inc. (CCNV)  
12301 Grapefield Road  
Bastian, VA 24314  
(276) 688-4331  
Hospital Affiliations:  
Wythe County Community Hospital

Bealeton

Fida, Ahmed, MD  
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Fauquier Physician Practices LLC  
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Bealeton, VA 22712  
(540) 439-8100

Song, Seokhan K., DO  
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Fauquier Physician Practices LLC  
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Bealeton, VA 22712  
(540) 439-8100  
Hospital Affiliations:  
Fauquier Hospital

Bedford

Anderson, Andrew, DO  
Prov#: 10206851  
Centra Medical Group, LLC  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 586-2441  
Hospital Affiliations:  
Fauquier Hospital

Beirne, Timothy M., MD  
Prov#: 10018885  
Carilion Healthcare Corporation  
548 Blue Ridge Ave  
Bedford, VA 24523  
(540) 586-4723

Beverly, Walter B., MD  
Prov#: 10085816  
Brookneal Medical Center  
1613 Oakwood St Suite 101  
Bedford, VA 24523  
(540) 297-7181

171 West Main Street  
Bedford, VA 24523  
(540) 586-7273  
Hospital Affiliations:  
Centra Virginia Baptist Hospital

Blanks, Virginia A., MD  
Prov#: 10060390  
Village Family Physicians  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 587-3240

Breland, Daniel, MD  
Prov#: 10158702  
Centra Medical Group, LLC  
171 West Main Street  
Bedford, VA 24523  
(540) 586-7273  
Hospital Affiliations:  
Bassett Memorial Hospital

Cohen, Leonard J., MD  
Prov#: 10154741  
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548 Blue Ridge Ave Suite 8  
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(540) 425-7910

582 Blue Ridge Ave  
Bedford, VA 24523  
(540) 425-7910

Cox, Brandon, MD  
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Village Family Physicians  
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Bedford, VA 24523  
(540) 587-3240

Danner, James, DO  
Prov#: 10141320  
Altavista Medical Center  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 586-7273  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Dehl, Todd H., MD  
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Village Family Physicians  
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Bedford, VA 24523  
(540) 297-7181  
Hospital Affiliations:  
Bassett Memorial Hospital

Freeman, Brian A., MD  
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Lynchburg Women's and Pediatric Health Services  
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Bedford, VA 24523  
(540) 425-7910

Hostetler, Joseph D., MD  
Prov#: 10064650  
Centra Health Medical Center - Gretna  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 425-7800  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Southside Community Hospital

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Kurt W. Hubach, MD  
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Johnson, Matthew A., MD  
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Bedford, VA 24523  
(540) 586-7273  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

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Luth, Janice E., MD  
Prov#: 10051186  
Village Family Physicians  
1613 Oakwood Street Suite 201  
Bedford, VA 24523  
(540) 586-7273

Merten, John R., MD  
Prov#: 10031437  
Physicians Associates of Bedford  
548 Blue Ridge Ave  
Bedford, VA 24523  
(540) 586-4723

Metzler, Keith, MD  
Prov#: 10146700  
Centra Medical Group, LLC  
171 West Main Street  
Bedford, VA 24523  
(434) 582-7273

Olmsted III, John B., MD  
Prov#: 40901  
Acute Rehab Centrahealth  
1613 Oakwood Street  
Bedford, VA 24523  
(540) 587-3240  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

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Primary Care Physicians - Tier 1

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Provision #: 10003770
Carilion Emergency Physicians
1613 Oakwood Street
Bedford, VA 24523
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Carilion Healthcare Corporation
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Rea, Catherine G., MD
Provision #: 10113165
CARILOON MEDICAL CENTER
1613 Oakwood Street
Bedford, VA 24523
(540) 586-2441

Hospital Affiliations:
Centra Lynchburg General Hospital

Berryville

Stokes, Brenda L., MD
Provision #: 10203422
Carilion Healthcare Corporation
548 Blue Ridge Ave
Bedford, VA 24523
(540) 586-4723

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Wit, Stephanie J., DO
Provision #: 10169137
Acute Rehab Centrahealth
1613 Oakwood Street
Bedford, VA 24523
(540) 586-2441

Hospital Affiliations:
Centra Lynchburg General Hospital

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Provision #: 29492
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Big Island, VA 24526
(434) 299-5951

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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OptimaHealth
Primary Care Physicians - Tier 1

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Hospital Affiliations:
Montgomery Regional Hospital d/ b/a Lewis-Gale Montgomery

Shepherd, Richard D., MD
Prov#: 28789
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Spence, Isaac, DO
Prov#: 10134738
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Tsui, Camilla, MD
Prov#: 10031644
Carilion Healthcare Corporation
901 Plantation Rd Suite 1
Blacksburg, VA 24060
(540) 951-0352

Turner, Sarah McGinley, DO
Prov#: 10198245
Lewis-Gale Physicians, LLC
3700 South Main Street Suite A
Blacksburg, VA 24060
(540) 443-7180

Hospital Affiliations:
Montgomery Regional Hospital d/ b/a Lewis-Gale Montgomery

Blackstone

Agbebor, Victor, MD
Prov#: 10066996
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Riverside Tappahannock Hospital

Campbell, LaChelle V., MD
Prov#: 10108386
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Esquivel, Marissa, MD
Prov#: 10171732
Blackstone Family Practice Center
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Hlavac, Kimberly A., MD
Prov#: 10185024
Blackstone Family Practice Center
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Marys Hospital

Murray, Latisha, MD
Prov#: 10153881
Bon Secours St Francis - Powhatan Medical Associates
213 North Main Street
Blackstone, VA 23824
(434) 292-7291

Hospital Affiliations:
Bon Secours St Francis Medical Center

Paine, Matthew, MD
Prov#: 10128397
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Risser, Andrea, MD
Prov#: 10085288
Bon Secours St Francis - Ironbridge Family Practice
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Yates, Jonathan D., DO
Prov#: 10093945
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Sherrard, Lindsay, MD
Prov#: 10135148
St. Francis Family Medicine Center
(540) 443-7180
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Swan, Dennis D., MD
Prov#: 10081248
Blackstone Family Practice Center
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/Johnston-Willis Hospital

Timmons, Jelisa, MD
Prov#: 10185004
St. Francis Family Medicine Center (Bon Secours)
213 North Main Street
Blackstone, VA 23824
(434) 292-7261

Hospital Affiliations:
Bon Secours St. Francis Medical Center

Bluefield

Bowling, LaDonna Renae, DO
Prov#: 10201640
Bluefield Clinic Company LLC
106 Huffard Drive
Bluefield, VA 24605
(276) 322-3427

Le, Hiep V., DO
Prov#: 10184073
Westwood Family Medicine PLLC
12 Westwood Medical Park
Bluefield, VA 24605
(276) 322-7548

Yates, Jonathan D., DO
Prov#: 10093945
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Primary Care Physicians - Tier 1

Boones Mill
Boone, John, DO
Pro#: 100810519
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065

Llavore, Jeremy A., MD
Pro#: 10076172
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
(540) 334-5511

Merten, John R., MD
Pro#: 10031392
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065
(540) 334-5511

Morgan, Stephen A., MD
Pro#: 10030668
Carilion Healthcare Corporation
22890 Virgil H Goode Hwy
Boones Mill, VA 24065

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Brambleton
Simmons Wyllie, Natasha, MD
Pro#: 10105057
Broadlands Family Practice
22895 Brambleton Plaza Ste 200
Brambleton, VA 24048
(703) 722-2312

Yang, Derek, MD
Pro#: 10126708
Broadlands Family Practice
22895 Brambleton Plaza Ste 200
Brambleton, VA 24048
(703) 722-2312

Diduch, Barry Kent, MD
Pro#: 24036
Carilion Family Medicine - Bridgewater
200 High Street
Bridgewater, VA 22812
(540) 828-2634

McCain, Arlene S., MD
Pro#: 10059869
Carilion Family Medicine - Bridgewater
200 High Street
Bridgewater, VA 22812
(540) 828-2634

Moss, Jonathan D., MD
Pro#: 10177919
Carilion Healthcare Corporation
200 High Street
Bridgewater, VA 22812
(540) 828-2634

Pence, Robert P., MD
Pro#: 19840
Carilion Healthcare Corporation
302 N 2nd St
Bridgewater, VA 22812
(540) 828-2668

Hospital Affiliations:
- Sentara RMH Medical Center

Wortley, George C., MD
Pro#: 10194545
Carilion Healthcare Corporation
200 High Street
Bridgewater, VA 22812
(540) 828-2634

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Andrews, Roy R., DO
Pro#: 10163339
Southwest VA Community Health Systems Inc
2195 Euclid Avenue
Bristol, VA 24201
(276) 649-5179

Banks, Jerry Burton, MD
Pro#: 10087600
Walnut Grove Family Medicine
3175 Linden Drive Suite 3
Bristol, VA 24202
(276) 466-0355

Obuekwe, Uzoma N., MD
Pro#: 10115605
Grace Family Medicine Clinic, LLC
300 Moore Street Ste A
Bristol, VA 24201
(276) 644-4433

Hospital Affiliations:
- Wellmont Bristol Regional Medical Center

Olbowale, Katie C., MD
Pro#: 10168775
Southwest VA Community Health Systems Inc
2195 Euclid Avenue
Bristol, VA 24201
(276) 669-5179

Bristol

Berame, Belinda B, MD
Pro#: 10176283
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4245

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Biragoni, Soujanya, MD
Pro#: 10134593
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Chambers, Joseph F., MD
Pro#: 10176295
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

DeRosa, Gary A., MD
Pro#: 10072914
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4245

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Min, James B., MD
Pro#: 10120776
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Parker III, Frederick W, MD
Pro#: 10108910
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4230

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center

Patel, Trupti B, MD
Pro#: 10090660
NMG Affiliate Practice I, LLC
10322 Bristow Center Drive
Bristow, VA 20136
(571) 284-4245

Hospital Affiliations:
- Novant Health UVA Health System
- Haymarket Medical Center
- Novant Health UVA Health System Prince William Medical Center
Primary Care Physicians - Tier 1

Perez, Michael D, MD  
Prov#: 10075198  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Ratchford, Frank X., MD  
Prov#: 10074047  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Rehmann, Rebecca A., DO  
Prov#: 10176452  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Drive  
Bristow, VA 20136  
(571) 284-4245  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Shirsolkar, Pradnya P., MD  
Prov#: 10176301  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4240  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Fowler, Jr, Tolvert E., MD  
Prov#: 10173063  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 901-0800  
Hospital Affiliations:  
Sentara RMH Medical Center

Wenger, John D., MD  
Prov#: 10047830  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
Hospital Affiliations:  
Sentara RMH Medical Center

Beverly, Walter B., MD  
Prov#: 10085816  
Brookneal Medical Center  
104 Carolina Avenue  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Centra Virginia Baptist Hospital

Long, Keith C., MD  
Prov#: 10119527  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
Hospital Affiliations:  
Sentara RMH Medical Center

Danner, James, DO  
Prov#: 10141320  
Altavista Medical Center  
104 Carolina Avenue  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Dehl, Todd H., MD  
Prov#: 10052099  
Village Family Physicians  
104 Carolina Avenue  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Bedford Memorial Hospital

Jalandhara, Vinikutumar R., MD  
Prov#: 10151216  
Piedmont PrimeCare CMG  
104 Carolina Avenue  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Centra Lynchburg General Hospital

Johnson, Matthew A., MD  
Prov#: 29492  
Lynchburg Family Medicine Center  
104 Carolina Avenue  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Bedford Memorial Hospital

Pearlman, William Glenn, MD  
Prov#: 10031186  
Carilion Healthcare Corporation  
Buchanan, VA 24066  
(540) 254-1239  
Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Stonewall Jackson Hospital

Hamilton, Thomas Francis, MD  
Prov#: 10133827  
Carilion Healthcare Corporation  
2252 Magnolia Avenue  
Buena Vista, VA 24416  
(540) 261-7421  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Wortley, George C., MD  
Prov#: 10194545  
Carilion Healthcare Corporation  
2252 Magnolia Avenue  
Buena Vista, VA 24416  
(540) 261-7421  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Buchanan

Glenney, Robert Jess, MD  
Prov#: 10012940  
Carilion Healthcare Corporation  
18080 Main Street  
Buchanan, VA 24066  
(540) 254-1239  
Hospital Affiliations:  
Carilion Roanoke Community Hospital  
Carilion Stonewall Jackson Hospital

Morgan, Stephen A, MD  
Prov#: 10047764  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
Hospital Affiliations:  
Sentara RMH Medical Center

Perry, Danny L., MD  
Prov#: 222347  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
Hospital Affiliations:  
Sentara RMH Medical Center

Reploge, Corinne, MD  
Prov#: 10187348  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 901-0800  
Hospital Affiliations:  
Sentara RMH Medical Center

Rice, III, Gilbert C., DO  
Prov#: 10092352  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
173 E Springbrook Road  
Broadway, VA 22815  
(540) 896-5400  
Hospital Affiliations:  
Sentara RMH Medical Center

West, Stephanie N., MD  
Prov#: 10176516  
NMG Affiliate Practice I, LLC  
10322 Bristow Center Dr  
Bristow, VA 20136  
(571) 284-4230  
Hospital Affiliations:  
Novant Health UVA Health System  
Haymarket Medical Center  
Novant Health UVA Health System  
Prince William Medical Center

Walcott, Vincent, MD  
Prov#: 10191742  
Carilion Medical Group, LLC  
104 Carolina Ave  
Brookneal, VA 24528  
(434) 376-2325  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Mary Washington Hospital (MWH)

Asistores, Jason Leo G., MD  
Prov#: 10151635  
Sentara RMH Medical Group, LLC  
13892 Timber Way  
Broadway, VA 22815  
(540) 564-5622  
Hospital Affiliations:  
Sentara RMH Medical Center

Broadway

Replogle, Corinne, MD

Hill, Jordan L., DO

Dehli, Todd H., MD

Morgan, Stephen A, MD

Jones, William G., MD

Samigiel, Gabriel T., MD

Beverly, Walter B., MD

Jalandhara, Vinikutumar R., MD

Johnson, Matthew A., MD

Carilion Virginia Baptist Hospital

Carilion Virginia Baptist Hospital

Carilion Virginia Baptist Hospital

Sentara RMH Medical Center

Novant Health UVA Health System

Novant Health UVA Health System

Novant Health UVA Health System

Novant Health UVA Health System

Novant Health UVA Health System

Optima Direct Network Providers January 2019

Optima Health
<table>
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<th>Primary Care Physicians - Tier 1</th>
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<tr>
<td><strong>Burkeville</strong></td>
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<tr>
<td>Pruitt, David E, MD</td>
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<tr>
<td>Pro#: 10161223</td>
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<td>Centra Medical Group, LLC</td>
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<tr>
<td>412 Namozone Street</td>
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<tr>
<td>Burkeville, VA 23922</td>
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<tr>
<td>(434) 767-5511</td>
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<td>Villar-Gosalvez, Carlos S., MD</td>
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<td>Pro#: 10164774</td>
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<td>412 Namozone Street</td>
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<tr>
<td>Burkeville, VA 23922</td>
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<tr>
<td>(434) 767-5511</td>
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<tr>
<td>Wine, John R., MD</td>
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<tr>
<td>Pro#: 10137</td>
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<td>Centra Medical Group, LLC</td>
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<tr>
<td>412 Namozone Street</td>
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<tr>
<td>Burkeville, VA 23922</td>
</tr>
<tr>
<td>(434) 767-5511</td>
</tr>
</tbody>
</table>

| **Carrollton**                   |
| Afsarachi, Foroozan, MD          |
| Pro#: 10082520                   |
| Sentara Family Medicine Physicians (SMG) |
| 20209 Sentara Way Suite 200     |
| Carrollton, VA 23314            |
| (757) 542-2000                   |
| Belvin, David G., MD             |
| Pro#: 10010130                   |
| Sentara Family Medicine Physicians (SMG) |
| 20209 Sentara Way Ste 100       |
| Carrollton, VA 23314            |
| (757) 542-1100                   |
| 20209 Sentara Way Suite 200     |
| Carrollton, VA 23314            |
| (757) 542-2000                   |
| Kapur, Anand, MD                 |
| Pro#: 10052404                   |
| Harbour View Family Practice     |
| (Maryview Hospital Inc)          |
| 13609 Carrollton Blvd Ste 11    |
| Carrollton, VA 23314            |
| (757) 238-8751                   |

| **Centreville**                  |
| Berame, Belinda B, MD            |
| Pro#: 10176283                   |
| NMG Affiliate Practice I, LLC    |
| 6208 Multiplex Drive Suite 150   |
| Centreville, VA 20121            |
| (703) 166-2590                   |
| Carter, William, MD              |
| Pro#: 10099338                   |
| Fairfax Family Practice Centers  |
| 6201 Centreville Road Suite 100  |
| Centreville, VA 20121            |
| (703) 263-9600                   |
| Day, Lenore, MD                  |
| Pro#: 10109813                   |
| Fairfax Family Practice Centers  |
| 6201 Centreville Road Suite 100  |
| Centreville, VA 20121            |
| (703) 263-9600                   |
| Falter, Emily, MD                |
| Pro#: 10099342                   |
| Fairfax Family Practice Centers  |
| 6201 Centreville Road Suite 100  |
| Centreville, VA 20121            |
| (703) 263-9600                   |
| Filak, Michael, MD               |
| Pro#: 10104999                   |
| Fairfax Family Practice Centers  |
| 6201 Centreville Road Suite 100  |
| Centreville, VA 20121            |
| (703) 263-9600                   |
| Stone, Kimberly J., MD           |
| Pro#: 10017463                   |
| Eagle Harbor Medical Associates  |
| (Maryview Hospital)              |
| 13609 Carrollton Blvd Ste 11     |
| Carrollton, VA 23314             |
| (757) 238-8751                   |
| Hammonds, Victoria C, MD         |
| Pro#: 10160242                   |
| NMG Affiliate Practice I, LLC    |
| 6208 Multiplex Drive Suite 150   |
| Centreville, VA 20121            |
| (703) 366-2590                   |
| Hospital Affiliations:           |
| Novant Health UVA Health System  |
| Prince William Medical Center    |
| Hartman, Michael, MD             |
| Pro#: 10107055                   |
| Fairfax Family Practice Centers  |
| 6201 Centreville Road Suite 100  |
| Centreville, VA 20121            |
| (703) 263-9600                   |
| Javaid, Zeeshan, MD              |
| Pro#: 10176277                   |
| NMG Affiliate Practice I, LLC    |
| 6208 Multiplex Drive Suite 150   |
| Centreville, VA 20121            |
| (703) 366-2590                   |

| **Chantilly**                    |
| Baray, Ahmad S., MD              |
| Pro#: 10099933                   |
| Patient First                    |
| 3918 Centreville Road            |
| Chantilly, VA 20151              |
| (703) 657-6925                   |
| Gambhir, Saurabh, MD             |
| Pro#: 10094960                   |
| Patient First                    |
| 3918 Centreville Road            |
| Chantilly, VA 20151              |
| (703) 657-6925                   |
| Govil, Kanika, MD                |
| Pro#: 10101376                   |
| Chantilly Family Medicine, LLC   |
| 14133 Robert Paris Court         |
| Chantilly, VA 20151              |
| (703) 657-6757                   |
| Hwang, Irving, MD                |
| Pro#: 10018799                   |
| South Riding Family Medical      |
| 4080 Lafayette Drive Ste 170     |
| Chantilly, VA 20151              |
| (703) 766-5040                   |
| Iyer, Akila V., MD               |
| Pro#: 10067247                   |
| Patient First - Chantilly        |
| 3918 Centreville Road            |
| Chantilly, VA 20151              |
| (703) 657-3925                   |
| Patla, Javasree, MD              |
| Pro#: 10189328                   |
| Patient First - Chantilly        |
| 3918 Centreville Road            |
| Chantilly, VA 20151              |
| (703) 657-6925                   |
Primary Care Physicians - Tier 1

Sawant, Sharayu B., MD
Prov#: 10143601
Chantilly Family Medicine, LLC
14133 Robert Paris Ct
Chantilly, VA 20151
(703) 956-6757

Vyravipillai, Deepshikha, MD
Prov#: 10135048
Patient First - Chantilly
3918 Centreville Rd
Chantilly, VA 20151
(703) 657-3925

Williams-Stuckey, Telina M., DO
Prov#: 10190419
Patient First - Chantilly
3918 Centreville Road
Chantilly, VA 20151
(703) 657-6925

Chiu, Grace H., MD
Prov#: 10006337
Central Virginia Community Health
9950 Courthouse Rd
Charles City, VA 23030
(804) 829-6600

Algeier, Rhonda, MD
Prov#: 10027183
Rhonda Barksdale Algeier MD and Associates LLC
165 LeGrande Ave
Charlotte Courthouse, VA 23923
(434) 542-5520

Hahesy-Calhoun, Marian, MD
Prov#: 10014038
Charlotte Primary Care (CVHS)(CCNV)
165 LeGrande Ave
Charlotte Courthouse, VA 23923
(434) 542-5560

Hann, Louisa J., MD
Prov#: 10050080
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Suite 201
Charlottesville, VA 22903
(434) 244-4550

Proposed Primary Care Network
January 2019

Optima Direct Network Providers

Optima Health
Primary Care Physicians - Tier 1

435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Hauck, Fern, MD
Prov#: 35434
UVA Primary Care Center
Lee Street Room 1005
Charlottesville, VA 22908
(434) 924-1601

Hospital Affiliations:
University of Virginia Medical Center

Klecan, Ann M., MD
Prov#: 10130800
University of Virginia Physicians Group
Lee Street 1st Floor
Charlottesville, VA 22902
(434) 817-1818

Hospital Affiliations:
University of Virginia Medical Center

Johnson, Kristina G., MD
Prov#: 10166813
Downtown Family Health Care
310 Avon Street Suite 9
Charlottesville, VA 22902
(434) 116-5309

Hospital Affiliations:
University of Virginia Physicians Group

Katz, Martin D, MD
Prov#: 10130800
University of Virginia Physicians Group
Lee Street 1st Floor
Charlottesville, VA 22902
(434) 817-1818

Hospital Affiliations:
University of Virginia Medical Center

Kellams, Bryce S.L., MD
Prov#: 49471
Sentara Forest Lakes Family Medicine
3263 Proffit Rd Ste 101
Charlottesville, VA 22911
(434) 923-4600

Klecan, Ann M., MD
Prov#: 22681
Sentara Martha Jefferson Family Medicine
315 Tenth Street NE
Charlottesville, VA 22902
(434) 654-1950

Hospital Affiliations:
University of Virginia Medical Center

Landen, Donna A., MD
Prov#: 10155071
University of Virginia Physicians Group
Lee Street 1st Floor
Charlottesville, VA 22908
(434) 924-6936

Hospital Affiliations:
University of Virginia Medical Center

Lanham, John L., MD
Prov#: 45143
John L. Lanham, MD
912 E High Street
Charlottesville, VA 22902
(434) 203-9797

MacFarlan, Duncan Andrew, MD
Prov#: 45185
Albemarle Square Family Care
416 Albemarle Square
Charlottesville, VA 22901
(434) 978-2126

Marotta, Raymond P., MD
Prov#: 45140
Family Medicine of Albemarle
1450 Sachem Place Ste 201
Charlottesville, VA 22901
(434) 973-9744

Maugham, Karen L., MDCM
Prov#: 45124
UVA Primary Care Center 1st Floor
Lee St UVA Hospital (Family Practice)
Charlottesville, VA 22908
(434) 924-5348

McGovern, John J., MD
Prov#: 45104
Sentara Forest Lakes Family Medicine
3263 Proffit Rd Ste 101
Charlottesville, VA 22911
(434) 923-4600

McLaughlin, Timothy E, MD
Prov#: 76631
University of Virginia Physicians Group
345 Four Leaf Lane Suite 103
Charlottesville, VA 22903
(434) 243-7000

Lee Street 1st Floor
Charlottesville, VA 22908
(434) 924-5348

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Mix, William A, MD
Prov#: 10166231
Sentara Palmyra Medical Associates
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Moore, Dene C., MD
Prov#: 10166231
Central Virginia Community Health Center (CVHSC/CCNV)
800 Preston Ave
Charlottesville, VA 22903
(434) 227-5624

901 Preston Ave Suite 103
Charlottesville, VA 22903
(434) 227-5624

Murray, William, MD
Prov#: 45105
Sentara Forest Lakes Family Medicine
3263 Proffit Rd Ste 101
Charlottesville, VA 22911
(434) 923-4600

Mutter, Justin B, MD
Prov#: 10192710
University of Virginia Physicians Group
1221 Lee St Fl 4
Charlottesville, VA 22908
(434) 924-2706

674 Hillsdale Drive Ste 3
Charlottesville, VA 22901
(804) 251-3627

Hospital Affiliations:
University of Virginia Medical Center

Oliver, Norman M., MD
Prov#: 45128
UVA Primary Care Center 1st Floor
Lee St UVA Hospital (Family Practice)
Charlottesville, VA 22908
(434) 924-5348

Phan, Khanh-Kathy Hoang, MD
Prov#: 10074767
Sentara Forest Lakes Family Medicine
3263 Proffit Road Suite 101
Charlottesville, VA 22911
(434) 654-4600

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Pollart, Susan P., MD
Prov#: 45130
UVA Primary Care Center 1st Floor
Lee St UVA Hospital (Family Practice)
Charlottesville, VA 22908
(434) 924-5348

Pugh, Ernest O., MD
Prov#: 45138
Rio Family Medicine
889 B Rio East Court
Charlottesville, VA 22901
(434) 978-7100

Quillian, Warren C., MD
Prov#: 54493
Pantops Family Medicine, a Division of Anchor Healthcare, PLC
1490 Pantops Mountain Place Suite 200
Charlottesville, VA 22911
(434) 979-4440

Reed, Sean W., MD
Prov#: 10019360
UVA Primary Care Center
Lee Street 1st Floor
Charlottesville, VA 22908
(434) 924-5348

Hospital Affiliations:
University of Virginia Medical Center

Rice, Hannah R., MD
Prov#: 10166817
Sentara Greene Family Medicine
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Sanusi, H. August, MD
Prov#: 45164
Albemarle Center for Family Medicine
555 Westfield Rd Ste 200
Charlottesville, VA 22901
(434) 973-4040

Sealander, John Yates, MD
Prov#: 45803
Sentara Family Medicine at 5th Street Station
435 Merchant Walk Square Suite 400
Charlottesville, VA 22902
(434) 654-1800

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Shaw, Jane Reed, MD
Prov#: 45186
Albemarle Square Family Care
416 Albemarle Square
Charlottesville, VA 22902
(434) 978-2126

Statuta, Siobhan M., MD
Prov#: 10080339
University of Virginia Physicians Group
545 Ray C Hunt Drive Ste 240
Charlottesville, VA 22903
(434) 243-5600

Lee Street 1st Floor
Charlottesville, VA 22908
(434) 924-5348

Hospital Affiliations:
University of Virginia Medical Center

Stokes, Jr., Robert Lee, MD
Prov#: 59852
Robert L. Stokes Jr. MD PLC
674 Berkmar Circle
Charlottesville, VA 22901
(434) 220-7501

Sty, Michael, MD
Prov#: 10207214
WellFamily Medicine Inc
1885 Seminole Trl
Charlottesville, VA 22901
(434) 962-6234

Swaminathan, Lalithapriya, MD
Prov#: 10101761
University of Virginia Physicians Group
Lee Street 1st Floor
Charlottesville, VA 22908
(434) 924-5348

Hospital Affiliations:
University of Virginia Medical Center

Sweeney, T. Kevin, MD
Prov#: 45148
Sentara Martha Jefferson Family Medicine
315 Tenth Street NE
Charlottesville, VA 22902
(434) 654-1950

Timmins, William N, MD
Prov#: 10205890
University of Virginia Physicians Group
1240 Lee Street
Charlottesville, VA 22908
(434) 243-3922

Hospital Affiliations:
University of Virginia Medical Center

Tribustone, Andrea D., MD
Prov#: 10001569
Sentara Forest Lakes Family Medicine
3263 Proffit Rd Ste 101
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(434) 923-4600

Optima Direct Network Providers January 2019 28
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Primary Care Physicians - Tier 1

Halls, Albert John, MD  
Provis#: 10122378  
Eastern Shore Rural Health Systems, Inc. (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Hollandsworth, Thomas, MD  
Provis#: 16906  
Onley Community Health Center (ESRHS) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Hoshino, David, MD  
Provis#: 43097  
Atlantic Community Health Center (ESRHS) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Lo, Colette W., MD  
Provis#: 10115053  
Onley Community Health Center (ESRHS) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Lingen, Joan K., MD  
Provis#: 10002447  
Fanktown Community Health Center (ESRHS) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Longo, Joseph, MD  
Provis#: 10002447  
Fanktown Community Health Center (ESRHS) (CCNV)  
4049 Main Street  
Chincoteague, VA 23336  
(757) 336-3682

Smith, James R, MD  
Provis#: 62691  
James R Smith, MD  
225 Central Avenue  
Chincoteague, VA 24733  
(540) 382-4221

Snow, Julianna Danielle, DO  
Provis#: 10134136  
Carilion Healthcare Corporation  
205 Roanoke St  
Chincoteague, VA 24733  
(540) 381-6000  
2900 Lamb Circle Ste 201  
Chincoteague, VA 24733  
(540) 731-7624

Hospital Affiliations:  
Carilion Clinic Home Care  
Carilion Roanoke Community Hospital  
Carilion Roanoke Memorial Hospital

Le, Ngoc, DO  
Provis#: 10151265  
Augusta Health Family Practice  
3881 Churchville Avenue  
Churchville, VA 24421  
(434) 245-7806

Hospital Affiliations:  
Augusta Medical Center

Lopez Vasquez, Katly, MD  
Provis#: 10115158  
Augusta Health Family Practice  
3881 Churchville Avenue  
Churchville, VA 24421  
(434) 245-7806

Hospital Affiliations:  
Augusta Medical Center

Tran, George M., MD  
Provis#: 10182555  
Augusta Health Family Practice - Churchville  
3881 Churchville Ave  
Churchville, VA 24421  
(434) 245-7806

Hospital Affiliations:  
Augusta Medical Center

Fajardo, Arthur B., MD  
Provis#: 10021314  
Sentara Clarksville Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 345-5024

Hospital Affiliations:  
Halifax Regional Hospital

Hansenmueller, Kirk, MD  
Provis#: 10151815  
CMH Physician Services, LLC  
61 Burlington Drive  
Clarksville, VA 23927  
(434) 374-2773

Hospital Affiliations:  
VCU Community Memorial Hospital

Hively, Jeffrey W, MD  
Provis#: 10062676  
Sentara Clarksville Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 374-5344

Suslick, Randall H., MD  
Provis#: 43433  
Sentara Chase City Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 374-5344

Prov#: 10021314  
Sentara Clarksville Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 374-5344

Hospital Affiliations:  
VCU Community Memorial Hospital

Thomas, Johnna Sue, MD  
Provis#: 75922  
Sentara Chase City Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 374-5344

Prov#: 10021314  
Sentara Clarksville Family Medicine  
115 College St  
Clarksville, VA 23927  
(434) 374-5344

Hospital Affiliations:  
VCU Community Memorial Hospital

Clifton Forge

Hareus, Sinclair J., MD  
Provis#: 10039938  
Carilion Healthcare Corporation  
609 Church St  
Clifton Forge, VA 24422

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Wortley, George C., MD  
Provis#: 10194545  
Carilion Healthcare Corporation  
609 Church St  
Clifton Forge, VA 24422  
(540) 862-8860

Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital

Optima Direct Network Providers January 2019 32
# Primary Care Physicians - Tier 1

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## Culpeper

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## Crozet

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<td>Casey, Catherine F., MD</td>
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<td>Colonial Heights, VA 23834</td>
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<tr>
<td>(804) 526-2121</td>
<td>436 Clairmont Court Suite 100</td>
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<td>(804) 520-2626</td>
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**Optima Direct Network Providers January 2019**

33
Primary Care Physicians - Tier 1

Nguyen, Thi Minh Diep, MD
Pro#: 10194098
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281
541 Sunset Lane Suite 201
Culpeper, VA 22701
(540) 321-4281
541 Sunset Lane Suite 301
Culpeper, VA 22701
(540) 825-4557

Hospital Affiliations:
Mary Washington Hospital (MWH)
UVA Culpeper Hospital

Masood, Faraz, MD
Pro#: 10176207
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Sentara Northern Virginia Medical Center
UVA Culpeper Hospital

Kim, Jun, MD
Pro#: 10078600
University of Virginia Physicians Group
1200 Sunset Lane Suite 2210
Culpeper, VA 22701
(540) 825-4020

Hospital Affiliations:
UVA Culpeper Hospital

Masood, Faraz, MD
Pro#: 10176539
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Bedford Memorial Hospital
Centra Lynchburg General Hospital
Centra Southside Community Hospital
UVA Culpeper Hospital

Nguyen, Thi Minh Diep, MD
Pro#: 10193180
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4280
541 Sunset Lane Suite 301
Culpeper, VA 22701
(540) 825-4557

Nolté, Robert Sanders, DO
Pro#: 10176426
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292
Pro#: 10200421
University of Virginia Physicians Group
16240 Bennett Rd
Culpeper, VA 22701
(540) 825-5951

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
UVA Culpeper Hospital
University of Virginia Medical Center

Schenck, Marcus D, MD
Pro#: 10194136
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281
541 Sunset Lane Suite 201
Culpeper, VA 22701
(540) 321-4281
541 Sunset Lane Suite 301
Culpeper, VA 22701
(540) 825-4557

Hospital Affiliations:
UVA Culpeper Hospital

Stevens, Mark, MD
Pro#: 10174646
University of Virginia Physicians Group
16240 Bennett Rd
Culpeper, VA 22701
(540) 825-5951

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Thompson, James E., MD
Pro#: 10103031
Lewis-Gale Physicians, LLC
65 Shendandoah Avenue
Daleville, VA 24083
(540) 966-6430

Cieraszynski, Laura Byrne, DO
Pro#: 10097599
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Harris, Katherine E., DO
Pro#: 10184302
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Hilldrup, Kelley M., DO
Pro#: 10191249
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Lawson, Lianna R., DO
Pro#: 10104997
Lawson Family Medicine and Aesthetics
1454 Roanoke Road
Daleville, VA 24083
(540) 992-3600

Merten, John R., MD
Pro#: 10031479
Carilion Internal Medicine
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Orr, Kimberly R., DO
Pro#: 10109793
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Polk, Elizabeth, MD
Pro#: 28965
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Rea, Catherine G., MD
Pro#: 10031472
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stidham, Gregory, MD
Pro#: 10031608
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Daleville

Andrews, Clarke B., MD
Pro#: 10148139
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0400

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Burgess, Henry E., MD
Pro#: 10110301
Lewis-Gale Physicians, LLC
65 Shendandoah Avenue
Daleville, VA 24083
(540) 966-6430

Damascus

Roatsey, Thomas E., DO
Pro#: 10160308
Stone Mountain Health Services
306 S Shady Ave
Damascus, VA 24236
(276) 475-5116

Hospital Affiliations:
Lonesome Pine Hospital

Danville

Adis, Daniel M., DO
Pro#: 10044982
Piedmont Family & Occupational Medicine
219 Parker Road
Danville, VA 24540
(434) 791-7366

Alba, Gregory, DO
Pro#: 10191633
Piedmont PrimeCare CMG
414 Park Avenue
Danville, VA 24541
(434) 791-2273

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Cumberland

Pruitt, David E., MD
Pro#: 10161223
Centra Medical Group, LLC
1758 Anderson Hwy
Cumberland, VA 23040
(804) 492-9086

Morgan, Stephen A, MD
Pro#: 10030668
Carilion Healthcare Corporation
150 Market Ridge Lane
Daleville, VA 24083

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Primary Care Physicians - Tier 1

Andrews, Roy R., DO
Pro# 10137264
Danville Physician Practices, LLC
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

Beatty, Garrett, DO
Pro# 10208299
Danville Physician Practices, LLC
109 Bridge Street Suite 201
Danville, VA 24541
(434) 799-4488

Hospital Affiliations:
SOVAH Health - Danville

Beverly, Walter B., MD
Pro# 10085816
Brookneal Medical Center
110 Exchange Street
Danville, VA 24541
(434) 791-1562
130 Enterprise Drive
Danville, VA 24540
(434) 791-2273
404 Airport Drive Suite A
Danville, VA 24540
(434) 791-2612

Hospital Affiliations:
Centra Virginia Baptist Hospital

Black, Paul, MD
Pro# 10208283
Cornerstone Complete Care, Inc.
441 G Piney Forest Rd
Danville, VA 24540
(434) 793-0700

Cook, Michael R., MD
Pro# 10052258
Piedmont Prime Care of Danville
130 Enterprise Dr
Danville, VA 24540
(434) 791-2273

Hospital Affiliations:
Dominion Primary Care (Centra Medical Group)
141 Park Avenue
Danville, VA 24541
(434) 792-4041

Jannach, Stephan H., MD
Pro# 10070521
Danville Physician Practices, LLC
101 Holbrook Street
Danville, VA 24540
(434) 791-2273
414 Park Avenue
Danville, VA 24541
(434) 791-2273

Jalandhar, Vinikutumar R., MD
Pro# 10115216
Piedmont PrimeCare CMG
110 Exchange Street Suite E
Danville, VA 24540
(434) 791-1562
414 Park Avenue
Danville, VA 24541
(434) 791-2273

Lahurd, Neil J, MD
Pro# 10148980
GoDocs
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center

Lazo, Ivan E., MD
Pro# 35851
Ivan E. Lazo, MD
441 Piney Forest Rd Ste A
Danville, VA 24541
(434) 799-5700

McGee, Rachel A., DO
Pro# 10173752
Centra Medical Group, LLC
414 Park Avenue
Danville, VA 24541
(434) 857-3600

Meadows, Glenn L., MD
Pro# 10167977
GoDocs
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876

Hospital Affiliations:
Piedmont PrimeCare CMG

Meijer, Mark E., MD
Pro# 10022821
Danville Physician Practices, LLC
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

Hospital Affiliations:
Centra Lynchburg General Hospital

Patel, Nilay C, DO
Pro# 10174996
Family Urgent Care (Danville)
2767 Franklin Turnpike
Danville, VA 24540
(434) 835-0105

Saccom, Saria C, MD
Pro# 10090796
DRMC Family Medicine Residency Clinic
201 S Main St Suite 3200
Danville, VA 24541
(434) 799-4488

Sepe, Carolyn S., MD
Pro# 27636
DRMC Family Medicine Residency Clinic
201 South Main Street Suite 3200
Danville, VA 24541
(434) 799-4444

Hospital Affiliations:
Providence Family Medicine, Inc.

Settle, Paul C., MD
Pro# 10049310
Piedmont PrimeCare CMG
404 Airport Dr Suite A
Danville, VA 24540
(434) 791-2612
404 Airport Dr Suite C
Danville, VA 24540
(434) 797-1383
414 Park Avenue
Danville, VA 24541
(434) 791-2273

Singh, Surinder D., MD
Pro# 10193887
Centra Health Medical Center - Gretna
414 Park Avenue
Danville, VA 24541
(434) 857-3600

Hospital Affiliations:
Centra Health Medical Center - Gretna

Stephens, Amber L., DO
Pro# 10133796
Family Healthcare Center - Mt Hermon
109 Bridge Street Suite 201
Danville, VA 24521
(434) 799-4488

Tripathi, Kavita, MD
Pro# 10186626
Danville Physician Practices, LLC
125 Executive Drive Suite H
Danville, VA 24541
(434) 791-1345

Hospital Affiliations:
SOVAH Health - Danville

Trivedi, Rajendra, MD
Pro# 46244
Memorial Family Care, Inc.
501 Rison Street Suite 120
Danville, VA 24541
(434) 791-4122

Turner, Wesley C., DO
Pro# 10187893
Piedmont Center of the Piedmont-Danville
705 Main Street
Danville, VA 24540
(434) 791-3730

Waddy, Paula S., MD
Pro# 10170226
DRMC Family Medicine Residency Clinic
125 Executive Drive Suite H
Danville, VA 24541
(434) 791-1345

Waters, Michael G., MD
Pro# 46250
Family Healthcare Centers of Danville
125 Executive Drive
Danville, VA 24541
(434) 797-2828

Hospital Affiliations:
SOVAH Health - Danville

Winfield, II, Albert C., MD
Pro# 55738
Providence Family Sports Medicine, Inc.
173 Executive Drive
Danville, VA 24541
(434) 791-4110

Dayton

Alleyne, Lisa Anthony, MD
Pro# 10090784
Carrilion Healthcare Corporation
15 Killdeer Ln
Dayton, VA 22821
(540) 879-4300
Primary Care Physicians - Tier 1

Marsh, Michael S., MD  
Prov#: 19806  
Carilion Healthcare Corporation  
Hwy 42 S 15 Killdeer Lane  
Dayton, VA 22821  
(540) 879-4300  

Hospital Affiliations:  
Sentara RMH Medical Center

Pence, Robert P., MD  
Prov#: 19840  
Carilion Healthcare Corporation  
Hwy 42 S 15 Killdeer Lane  
Dayton, VA 22821  
(540) 879-4300  

Hospital Affiliations:  
Sentara RMH Medical Center

Russell, Amanda, MD  
Prov#: 10175437  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Simpson, Michael, DO  
Prov#: 10132743  
Lewis-Gale Physicians, LLC  
4550 Lee Highway Suite B  
Dublin, VA 24084  
(540) 674-4560  

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

Wortley, George C., MD  
Prov#: 10129686  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Park, Hyo K., DO  
Prov#: 10064497  
Dinwiddie Medical Center and Counseling Center  
13855 Courthouse Road  
Dinwiddie, VA 23841  
(804) 469-3731

Russell, Amanda, MD  
Prov#: 10204012  
Dinwiddie Medical Center and Counseling Center  
13855 Courthouse Road  
Dinwiddie, VA 23841  
(804) 469-3731

Dinwiddie

Lard, Chad T., DO  
Prov#: 10175437  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Dunganon

Cassel, Todd A., MD  
Prov#: 10091420  
Clinch River Health Services Inc  
17285 Veterans Memorial Hwy  
Dunganon, VA 24245  
(276) 467-2201

Michael, Gary E., MD  
Prov#: 10018956  
Clinch River Health Services Inc  
Highway 65  
Dunganon, VA 24245  
(276) 467-2201

Schubert, Ronald L., MD  
Prov#: 10129686  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Pence, Robert P., MD  
Prov#: 10129686  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Hospital Affiliations:  
Sentara RMH Medical Center

Park, Hyo K., DO  
Prov#: 10064497  
Dinwiddie Medical Center and Counseling Center  
13855 Courthouse Road  
Dinwiddie, VA 23841  
(804) 469-3731

Russell, Amanda, MD  
Prov#: 10204012  
Dinwiddie Medical Center and Counseling Center  
13855 Courthouse Road  
Dinwiddie, VA 23841  
(804) 469-3731

Dinwiddie

Duffield

Parker, David G., DO  
Prov#: 10093516  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Duffield

Dulles

Mohler, Troy R., MD  
Prov#: 10107165  
Loudoun Medical Group PC  
24430 Stone Springs Blvd Suite 135  
Dulles, VA 20166  
(703) 957-1255

Tolvert E., MD

Dulles

Hotchkiss, Jerome J, MD  
Prov#: 10156297  
Harrisonburg Community Health Center Inc  
800 Shenandoah Avenue Suite 170  
Elkton, VA 22827  
(540) 298-9900

Hospital Affiliations:  
Sentara RMH Medical Center

Mowbray, America, DO  
Prov#: 10103874  
Carilion Healthcare Corporation  
118 Broad St  
Dublin, VA 24084  
(540) 674-8805

Sawant, Sharayu B., MD  
Prov#: 10143601  
Charlottesville Family Medicine, LLC  
24430 Stone Springs Blvd Suite #315  
Dulles, VA 20166  
(571) 758-2350

Hotchkiss, Jerome J, MD  
Prov#: 10156297  
Harrisonburg Community Health Center Inc  
800 Shenandoah Avenue Suite 170  
Elkton, VA 22827  
(540) 298-9900

Long, Keith C., MD  
Prov#: 10107165  
Loudoun Medical Group PC  
24430 Stone Springs Blvd Suite 135  
Dulles, VA 20166  
(540) 298-1200

Hospital Affiliations:  
Sentara RMH Medical Center

Mohiuddin, Rashid Ahmed, MD  
Prov#: 10051347  
Greater Prince William Community Health Center  
17739 Main Street Suite 130  
Dumfries, VA 22026  
(703) 680-7950

Contact Person:  
Sales, Benedict, MD  
Prov#: 10171081  
Sentara Family Medicine Physicians (SMG)  
3600 Pointe Center Court Ste 110  
Dumfries, VA 22026  
(703) 523-1750

Hospital Affiliations:  
Potomac Valley Hospital Sentara CareFlex Hospital Sentara Leight Hospital Sentara Norfolk General Hospital Sentara Northern Virginia Medical Center Sentara Obici Hospital

Dumfries

Perkins, Jason F, DO  
Prov#: 10007674  
Sentara RMH Medical Group, LLC  
13373 Spotswood Trail  
Elkton, VA 22827  
(540) 298-1200

Hospital Affiliations:  
Sentara RMH Medical Center

Dunlop, Corinne, MD  
Prov#: 10119527  
Sentara RMH Medical Group, LLC  
13373 Spotswood Trail  
Elkton, VA 22827  
(540) 298-1200

Hospital Affiliations:  
Sentara RMH Medical Center

Reploge, Corinne, MD  
Prov#: 10119527  
Sentara RMH Medical Group, LLC  
13373 Spotswood Trail  
Elkton, VA 22827  
(540) 298-1200

Hospital Affiliations:  
Sentara RMH Medical Center

Elkton

Domingus, Jeff, DO  
Prov#: 10118976  
Harrisonburg Community Health Center Inc  
800 Shenandoah Avenue Suite 170  
Elkton, VA 22827  
(540) 298-9900

Fowler, Jr, Tolvert E., MD  
Prov#: 10173063  
Sentara RMH Medical Group, LLC  
13373 Spotswood Trail  
Elkton, VA 22827  
(540) 298-1200

Hospital Affiliations:  
Sentara RMH Medical Center

Holland Jr, John A., MD  
Prov#: 10041214  
Southern Dominion Health Systems Inc  
510 N Main Street  
Emporia, VA 23847  
(434) 634-7723

Squire, Robert Hall, MD  
Prov#: 31437  
Emporia Medical Associates  
6 Doctors Dr  
Emporia, VA 23847  
(434) 634-6101

Emporia

Holland Jr, John A., MD  
Prov#: 10041214  
Southern Dominion Health Systems Inc  
510 N Main Street  
Emporia, VA 23847  
(434) 634-7723

Squire, Robert Hall, MD  
Prov#: 31437  
Emporia Medical Associates  
6 Doctors Dr  
Emporia, VA 23847  
(434) 634-6101

Emporia

Ewing

Year, Joshua A., DO  
Prov#: 10156029  
Western Lee County Health Clinic (CCNV)  
1446 Dr Thomas Walker Road  
Ewing, VA 22428  
(276) 445-4826

Fairfax

Acquah, Phyllis, MD  
Prov#: 10172400  
Patient First-Fairfax  
10100 Fairfax Blvd  
Fairfax, VA 22030  
(703) 679-1876

Fairfax
### Primary Care Physicians - Tier 1

**Farmville**
- **Allega, Giuliana, MD**
  - Prov#: 10191056
  - Centra Health Medical Center - Gretna
  - 935 South Main Street
  - Farmville, VA 23901
  - (434) 315-2585

- **Corbett, Sr., Timothy W., MD**
  - Prov#: 20416
  - Southside Area Family Medicine
  - 324 Commerce Road
  - Farmville, VA 23901
  - (434) 392-9633

- **Danner, James, DO**
  - Prov#: 10141520
  - Alavista Medical Center
  - 935 South Main Street
  - Farmville, VA 23901
  - (434) 315-2580

- **Gibbs, Peter, DO**
  - Prov#: 10111950
  - Lynchburg Family Medicine Center
  - 1705 East Third Street
  - Farmville, VA 23901
  - (434) 315-2585

- **Guidi, Joseph G., DO**
  - Prov#: 10158431
  - Centra Medical Group Southside, LLC
  - 800 Oak Street
  - Farmville, VA 23901
  - (434) 315-2998

- **Olsted III, John B., MD**
  - Prov#: 40901
  - Acute Rehab Centrahealth
  - 800 Oak Street
  - Farmville, VA 23901
  - (434) 315-2532

- **Pruell, David E, MD**
  - Prov#: 10161223
  - Centra Medical Group, LLC
  - 935 South Main Street
  - Farmville, VA 23901
  - (434) 315-5340

- **Szmitigiel, Gabriel T., MD**
  - Prov#: 10169958
  - Centra Health Medical Center - Gretna
  - 935 South Main Street
  - Farmville, VA 23901
  - (434) 315-5340

**Ferrum**
- **De Zoysa, Amrita, MD**
  - Prov#: 10154545
  - Augusta Health Fishersville Primary Care
  - 53 N Medical Park Dr
  - Fishersville, VA 22939
  - (540) 932-5687

**Fishersville**
- **Varner, Lawrence C., MD**
  - Prov#: 98408
  - Centra Southside Professional LLC
  - 400 Longsайд Ave
  - Fishersville, VA 22939
  - (434) 592-6101
  - (434) 1054861

**Floyd**
- **Baum, Joseph James, MD**
  - Prov#: 10073750
  - Carilion Healthcare Corporation
  - 911 E Main Street
  - Floyd, VA 24091
  - (540) 745-2031

- **Bowman, Robert R., MD**
  - Prov#: 10167899
  - Carilion Healthcare Corporation
  - 911 E Main Street
  - Floyd, VA 24091
  - (540) 745-2031

**Forest**
- **Adams, Scott B., MD**
  - Prov#: 10068404
  - Grace Family Medicine, PLC
  - 15421 Forest Rd Ste B
  - Forest, VA 24551
  - (434) 525-4722

- **Blevins, Walter B., MD**
  - Prov#: 10085816
  - Brookneal Medical Center
  - 16890 Forest Road
  - Forest, VA 24551
  - (434) 200-7210

- **Brose, Teodora, MD**
  - Prov#: 10196192
  - Central Virginia Family Physicians, Inc.
  - 1088 London Links Road
  - Forest, VA 24551
  - (434) 534-6868

- **Caballero, Cesar E., MD**
  - Prov#: 10173756
  - Centra Medical Group (Centra Health, Inc.)
  - 16890 Forest Road
  - Forest, VA 24551
  - (434) 200-7210

**Lambert, Reed R., MD**
- Prov#: 10031266
- Carilion Healthcare Corporation
  - 911 E Main Street
  - Floyd, VA 24091
  - (540) 745-2031

**Hospital Affiliations:**
- **Carilion Clinic Home Care (Carilion Tazewell Community Hospital)**
- **Carilion Giles Community Hospital**
- **Carilion New River Valley Medical Center**
- **Rappahannock General Hospital**

**Saadat, Seyed H., MD**
- Prov#: 10063848
- Tri-Area Community Health Center at Floyd
- 140 Christiansburg Pike
- Floyd, VA 24091
- (540) 745-2929

**Hospital Affiliations:**
- **Centra Lynchburg General Hospital**

**Brooke, Walter C., MD**
- Prov#: 10085816
- Brookneal Medical Center
- 16890 Forest Road
- Forest, VA 24551
- (434) 200-7210

**Hospital Affiliations:**
- **Central Virginia Baptist Hospital**

**Brouse, Teodora, MD**
- Prov#: 10196192
- Central Virginia Family Physicians, Inc.
- 1088 London Links Road
- Forest, VA 24551
- (434) 534-6868

**Hospital Affiliations:**
- **Central Virginia Baptist Hospital**

**Brouse, Teodora, MD**
- Prov#: 10196192
- Central Virginia Family Physicians, Inc.
- 1088 London Links Road
- Forest, VA 24551
- (434) 534-6868

**Hospital Affiliations:**
- **Central Virginia Baptist Hospital**

**Carmack, John F., MD**
- Prov#: 45190
- Forest Family Physicians
- 1175 Corporate Park Drive
- Forest, VA 24551
- (434) 525-6964

**Hospital Affiliations:**
- **Centra Lynchburg General Hospital**
- **Central Virginia Baptist Hospital**
Primary Care Physicians - Tier 1

Brown, Dana, MD
Prov#: 64027
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Clay, Tokshen, MD
Prov#: 10179152
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-3043

Cook, Wilson, MD
Prov#: 10713
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Dedwylder, Rosier D., MD

Fiore, Tony, MD
Prov#: 10026412
Lee's Hill Family Physicians PC
125 Olde Greenwich Drive Ste 220
Fredericksburg, VA 22408
(540) 898-8901

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gerold, Mark, MD
Prov#: 10193461
Primary & Urgent Care LLC
10009 Southpoint Parkway Ste 200
Fredericksburg, VA 22407
(540) 898-6600
4510 Plank Road Ste 200
Fredericksburg, VA 22407
(540) 785-9900

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gray, Daniel P, MD
Prov#: 10076132
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Harpe, Katrina, MD
Prov#: 10045178
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Harrington, Christopher C., MD
Prov#: 94066
Christopher Harrington MD PC
10718 Ballantray Drive Suite 404
Fredericksburg, VA 22407
(540) 479-4204

Hospital Affiliations:
Mary Washington Hospital (MWH)

Hensy, Matthew J., DO
Prov#: 10026412
Westside Medical PC
4300 Plank Road Ste 140
Fredericksburg, VA 22407
(540) 548-8866

Hernandez, Rafael, MD
Prov#: 10714
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Janus, Thomas, DO
Prov#: 10716
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200
418 Chatham Square Office Park
Fredericksburg, VA 22405
(540) 371-4700

Hospital Affiliations:
Mary Washington Hospital (MWH)

Johnson, Rod S., MD
Prov#: 10123087
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Kahn, Enamul, MD
Prov#: 10026503
NS Family Medical Center Inc.
3813 Lafayette Blvd
Fredericksburg, VA 22408
(540) 891-1522

Hospital Affiliations:
Mary Washington Hospital (MWH)

Kalindini, Kavita, MD
Prov#: 10134900
Centre Pointe Health Specialties PLC
3920 Plank Road Ste 120
Fredericksburg, VA 22407
(540) 242-4141

Kins, John, W., MD
Prov#: 10158279
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Kost, Jennifer, DO
Prov#: 10016627
Preferred Pediatrics at Snowden Inc
1060 Spotsylvania Ave
Fredericksburg, VA 22408
(540) 604-9500

Lagally, Karl H., DO
Prov#: 10048810
Prime Care Family Care PC
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 786-1200

Ly, Ngoc, MD
Prov#: 10083523
Patient First
2511 Salem Church Road
Fredericksburg, VA 22407
(540) 736-5043

Mahmoodian, Maryam, MD
Prov#: 10152542
Central Virginia Community Health Center (CVHCS)(CCNV)
1965 Jefferson Davis Highway Suite 201
Fredericksburg, VA 22401
(540) 736-0560

Marrow, Cindy, MD
Prov#: 58200
Colonial Internal Medicine Associates, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22404
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)

Muldoon, Daniel, MD
Prov#: 10114419
Family Care of Fredericksburg, LLC
2216 Princess Anne Street Ste 106
Fredericksburg, VA 22401
(540) 940-2568

Pai, Deepa C., MD
Prov#: 10176542
Rappahannock Family Physicians
10502 Rhoads Drive
Fredericksburg, VA 22407
(540) 710-9100

Pham, Hung, MD
Prov#: 10075463
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Prince, Sarah E., MD
Prov#: 10165173
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Sentara Albermarle Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Northern Virginia Medical Center
Sentara Obici Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Sentara Williamsburg Regional Medical Center

Reid, Volanda, MD
Prov#: 10017419
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810

Hospital Affiliations:
Sentara Norfolk General Hospital

Schuette, Joseph, MD
Prov#: 10718
Rappahannock Family Physicians
120 Executive Center Pkwy
Fredericksburg, VA 22401
(540) 374-5200

Hospital Affiliations:
Mary Washington Hospital (MWH)

Soliven, Janice, MD
Prov#: 10144875
Sentara Pratt Medical Group (SMG)
12101 Carol Ln
Fredericksburg, VA 22407
(540) 785-7810
Primary Care Physicians - Tier 1

Stinar, Theron, DO  
Pro #: 10115643  
Fredericksburg Christian Health Center  
1129 Heatherstone Drive Ste 101  
Fredericksburg, VA 22407  
(540) 785-8500

Szmigiel, Gabriel T., MD  
Pro #: 10152562  
Colonial Internal Medicine Associates, PC  
125 Olde Greenwich Drive Suite 300  
Fredericksburg, VA 22408  
(540) 374-5599

Hospital Affiliations:  
Sanctuary Hospice and Palliative Care  
9646 Plank Road  
Fredericksburg, VA 22407  
(540) 893-8800

Barron, Jennifer B., MD  
Pro #: 10115643  
Fredericksburg Christian Health Center  
1129 Heatherstone Drive Ste 101  
Fredericksburg, VA 22407  
(540) 785-8500

Campbell, Bruce D., MD  
Pro #: 10092689  
Novant Health UVA Health System  
7500 Iron Bar Lane Suite 100  
Gainesville, VA 20155  
(703) 753-9799

Walker, Andrew F, MD  
Pro #: 10192292  
Gainesville Family Practice, P.C.  
14540 John Marshall Hwy Suite 104  
Gainesville, VA 20155  
(703) 753-9799

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Felt, Jeffrey, MD  
Pro #: 10119250  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 635-3700

Fredericksen, Judy S., MD  
Pro #: 10002043  
Shenandoah Medical Associates  
625 Virginia Ave  
Front Royal, VA 22630  
(540) 635-7991

Groesbeck, Jeffery P, DO  
Pro #: 10153159  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 635-3700

Hoeß, Elizabeth, MD  
Pro #: 10173581  
Skyline Family Practice  
841 Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-7000

LaPlante, Maria, MD  
Pro #: 10192293  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 635-3700

Bernard, Barbara T., MD  
Pro #: 27931  
Skyline Family Practice  
841 Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-2085

Bradd, HI, Floyd, MD  
Pro #: 43314  
Shenandoah Medical Associates  
625 Virginia Ave  
Front Royal, VA 22630  
(540) 635-7991

Mattson, Rodgers C., DO  
Pro #: 10118864  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 635-7991

Hospital Affiliations:  
Warren Memorial Hospital, Inc.

Spriggs, Tamara Denise, MD  
Pro #: 10203008  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 631-3700

Hospital Affiliations:  
Warren Memorial Hospital, Inc.

Subedi, Rajesh, MD  
Pro #: 10099887  
Skyline Family Practice  
841 Shenandoah Ave  
Front Royal, VA 22630  
(540) 636-7000

Hospital Affiliations:  
Warren Memorial Hospital, Inc.

Winter, Jonathan D., MD  
Pro #: 10034294  
Front Royal Family Practice  
140 West 11th Street  
Front Royal, VA 22630  
(540) 635-3700

Hospital Affiliations:  
Warren Memorial Hospital, Inc.

Young, Chi, MD  
Pro #: 10097955  
Fairfax Family Practice Centers PC  
8078 Crescent Park Drive Suite 201  
Gainesville, VA 20155  
(703) 753-4999

Mr. E. Cruz-Talentino, Minnie, MD  
Pro #: 10175932  
Novant Health UVA Health System Prince William Medical Center

Hammonds, Victoria C, MD  
Pro #: 10160242  
NMG Affiliate Practice I, LLC  
14540 John Marshall Hwy Suite 104  
Gainesville, VA 20155  
(703) 753-9799

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Javaid, Zeeshan, MD  
Pro #: 10176086  
Gainesville Family Practice, P.C.  
7915 Lake Manassas Drive Suite 102  
Gainesville, VA 20155  
(703) 754-4101

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Signou, Douglas, MD  
Pro #: 10130921  
Gainesville Family Practice, P.C.  
14540 John Marshall Hwy Suite 104  
Gainesville, VA 20155  
(703) 753-9799

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Tang, Steven J, MD  
Pro #: 10125046  
NMG Affiliate Practice I, LLC  
14540 John Marshall Hwy Suite 104  
Gainesville, VA 20155  
(703) 753-9799

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Turkington, Susan, MD  
Pro #: 10130937  
Gainesville Family Practice, P.C.  
7915 Lake Manassas Drive Suite 102  
Gainesville, VA 20155  
(703) 754-4101

Hospital Affiliations:  
Novant Health UVA Health System Prince William Medical Center

Crocket, Minnie, MD  
Pro #: 10175932  
Novant Health UVA Health System Prince William Medical Center

Optima Direct Network Providers January 2019

Optima Health
Primary Care Physicians - Tier 1

Galax

Butler, Amy, MD
Prov#: 69017
Carilion Medical Associates
199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-5181

Fant, Vanessa S., MD
Prov#: 10189765
Oldtown Medical Care, LLC
306 Meadow Street
Galax, VA 24333
(276) 236-5300

Hospital Affiliations:
Twin County Regional Hospital

Fowler, Scott M, MD
Prov#: 10199494
Galax Family Care
104 Cranberry Road Suite 200A
Galax, VA 24333
(276) 236-9953

King, Jamie L., MD
Prov#: 10151764
Carilion Healthcare Corporation
199 Hospital Drive Ste 7
Galax, VA 24333
(276) 236-5181

199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-6136

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lazo, Robert, MD
Prov#: 10069722
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sailer, Jane P., MD
Prov#: 10074027
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sailer, Jay Gordon, MD
Prov#: 43440
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Caroline, Jenifer E., MD
Prov#: 10014967
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-3200

Banerjee, Rumki, MD
Prov#: 10091260
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Richmond Medical Center

Lieng, Thanh-Truc T, MD
Prov#: 10195432
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Carilion Giles Community Hospital

Butler, Allyn, MD
Prov#: 10069722
Maury River Family Practice, LLC
730 McCulloch Street
Glasgow, VA 24555
(540) 258-1700

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Jernigan, James E., MD
Prov#: 211340
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Liang, Thanh-Truc T, MD
Prov#: 10195432
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Lough, Andrea Rhea, DO
Prov#: 1085010
Patient First
5000 Cox Road Suite 100
Glen Allen, VA 23060
(804) 968-5700

Hospital Affiliations:
Carilion Giles Community Hospital

Morrisette, Phillip W., MD
Prov#: 10002817
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Reynolds, Wayne J., DO
Prov#: 91664
Sentara Family Medicine Physicians (SMG)
5659 Parkway Dr Suite 100
Gloucester, VA 23061
(804) 726-8571

Hospital Affiliations:
John Randolph Medical Center Southside Regional Medical Center

Siddiqui, Mohammad Sayeed, MD
Prov#: 10174383
Arthritis & Osteoporosis Center of Richmond
10150 Staples Mill Road Suite A
Glen Allen, VA 23060
(804) 893-8627

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Simpson, Jr., Kenneth R., MD
Prov#: 33187
Virginia Physicians, Inc.
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 726-8571

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Thomas, Claire, MD
Prov#: 10173044
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Hospital Affiliations:
Richmond Medical Center

Glasgow

Adams, Helen, MD
Prov#: 10014967
Innsbrook Family Medicine
4900 Cox Road Ste 150
Glen Allen, VA 23060
(804) 346-1780

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Akbar, Faiza S., MD
Prov#: 10024845
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Banerjee, Runiki, MD
Prov#: 10091260
Apex MD, LLC
5310 Twin Hickory Road Suite A
Glen Allen, VA 23059
(804) 273-0010

Boggs, Melanie P., MD
Prov#: 55715
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Marys Hospital
St. Mary's Hospital

Carr, Jennifer E., MD
Prov#: 10155818
Family Physicians of Ridgefield
5360 Twin Hickory Road
Glen Allen, VA 23059
(804) 346-3200

Daniels, Robert M., MD
Prov#: 65216
Family Physicians of Ridgefield
5360 Twin Hickory Rd
Glen Allen, VA 23060
(804) 346-3200

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Read, Stephen G., MD
Prov#: 43440
Brook Run Family Physicians
10571 Telegraph Road Suite 130
Glen Allen, VA 23059
(804) 266-7611

Gloucester

Belvin, David G., MD
Prov#: 1010130
Sentara Family Medicine Physicians (SMG)
5659 Parkway Dr Suite 100
Gloucester, VA 23061
(804) 210-1009

Leming, Joseph A., MD
Prov#: 10106430
Courthouse Family Medicine, PLLC
6760 Main Street
Gloucester, VA 23061
(804) 692-3500

Hospital Affiliations:
Richmond Medical Center Southside Regional Medical Center

Wendell, Francis T., MD
Prov#: 10022748
Mobjack Medical Group
6530 Main Street
Gloucester, VA 23061
(804) 726-8571

Hospital Affiliations:
Sentara CarePlex Hospital

West, III, Francis T., MD
Prov#: 10022748
Mobjack Medical Group
6530 Main Street
Gloucester, VA 23061
(804) 726-8571

Hospital Affiliations:
Sentara CarePlex Hospital
Primary Care Physicians - Tier 1

Goochland

Bain, Francis, MD
Pro#: 43456
Goochland Family Practice
2948 River Rd West
Goochland, VA 23063
(804) 556-6101

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Lizarzaburu, Jesus, MD
Pro#: 10157411

Jackson, Gloria, MD
Pro#: 10170208

Grafton

Hollingsworth, John D., MD
Pro#: 99853
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Lizarzaburu, Jesus, MD
Pro#: 39562
Tidewater Physicians Multispecialty Group, PC (TPMG)
222 Grafton Drive
Grafton, VA 23692
(757) 898-7737

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Great Falls

Ho, Hieu Van, MD
Pro#: 10136282
Great Falls Medical Center, LLC
1142 Walker Road Suite C
Great Falls, VA 22066
(703) 534-3331

Hospital Affiliations:
- Virginia Hospital Center - Arlington

Gretna

Blanks, Virginia A., MD
Pro#: 10060390
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Bredland, Daniel, MD
Pro#: 10157411
Family Healthcare Center of Gretta
305 N Main Street
Gretta, VA 24557
(434) 799-4444

Daniel, John G., MD
Pro#: 10157411
Family Healthcare Center of Gretta
305 N Main Street
Gretta, VA 24557
(434) 799-4444

Hospital Affiliations:
- Bedford Memorial Hospital

Burnham, Bonnie N., MD
Pro#: 10157411
Pro#: 10062099
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Bedford Memorial Hospital

Settle, Paul C., MD
Pro#: 10049310
Pro#: 10169958
Centra Family Medicine Physicians
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Center Lynchburg General Hospital

Mortlock, David, MD
Pro#: 10188636
Piedmont PrimeCare CMG
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hampton

Baines, Robin S., MD
Pro#: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
- Sentara CarePlex Hospital

Barreto, Beata, MD
Pro#: 10157411
Sentara Family Medicine Physicians (SMG)
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Sentara CarePlex Hospital

Bales, Robin S., MD
Pro#: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Hospital Affiliations:
- Sentara CarePlex Hospital

Baines, Robin S., MD
Pro#: 10157411
Sentara Family Medicine Physicians (SMG)
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Sentara CarePlex Hospital

Barreto, Beata, MD
Pro#: 10157411
Sentara Family Medicine Physicians (SMG)
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Sentara CarePlex Hospital

Carmack, Sam J., MD
Pro#: 10060390
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Virginia Hospital Center - Arlington

Luth, Janice E., MD
Pro#: 10051186
Village Family Physicians
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Mortlock, David, MD
Pro#: 10188636
Piedmont PrimeCare CMG
291 McBride Lane
Gretta, VA 24557
(434) 656-1274

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Harris, Laurie H., DO
Pro#: 10164929
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Hoyt, Jennifer R, MD
Pro#: 10171258
Tidewater Physicians Multispecialty Group, PC (TPMG)
2205 Executive Drive Suite A
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Hunter, Robert H., MD
Pro#: 51002
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hyman, Lawrence C., MD
Pro#: 51107
Tidewater Physicians Multispecialty Group, PC (TPMG)
2114 Hartford Rd Ste A
Hampton, VA 23666
(757) 826-3460

Innes, Ruth, MD
Pro#: 73067
Tidewater Physicians Multispecialty Group, PC (TPMG)
2115 Executive Dr Ste 5D
Hampton, VA 23666
(757) 223-4992

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Jones, Jr., Samuel, MD
Pro#: 78528
Hampton Family Practice PLLC
9 Manhattan Square Ste A
Hampton, VA 23666
(757) 838-6335

Hospital Affiliations:
- Sentara CarePlex Hospital
Primary Care Physicians - Tier 1

Karandana, Kamani N., MD
Prov#: 10021770
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Lee, Vonetta C., MD
Prov#: 10092119
Sentara Family Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Paul, Arunava, MD
Prov#: 10152987
Sentara Family and Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Hospital Affiliations:
Sentara CarePlex Hospital

Pascual, Reymond, MD
Prov#: 10102056
Tidewater Physicians Multispecialty Group, PC (TPMG)
2100 Hartford Road
Hampton, VA 23666
(757) 826-2102

Priest, Michael B., MD
Prov#: 10131170
Carilion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Sadig, Saima, MD
Prov#: 10125496
Carilion Healthcare Corporation
282 Westlake Rd
Hardy, VA 24101
(540) 721-2689

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Harrisonburg

 Allyene, Lisa Anthony, MD
Prov#: 10090784
Carilion Healthcare Corporation
2010 Health Campus Dr
Harrisonburg, VA 22801
(540) 689-1000

Ashby, Jeffrey A., MD
Prov#: 31436
Harrisonburg Family Practice Associates, PC
1831 Reservoir St
Harrisonburg, VA 22801
(540) 433-9151

Hospital Affiliations:
Sentara RMH Medical Center

Asistores, Jason Leo G., MD
Prov#: 10151635
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100

Hospital Affiliations:
Sentara RMH Medical Center

Ball, William Flinn, MD
Prov#: 40184
Roanoke Family Medicine, Inc
13423 Booker T Washington Hwy
Hardy, VA 24101
(540) 772-2014

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Merten, John R., MD
Prov#: 10031437
Carilion Family Medicine
13205 Booker T Washington Hwy
Hickory, VA 24101
(540) 721-2689

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Stonewall Jackson Hospital

Hardy

Bradshaw, D. Mark, MD
Prov#: 20781
Dr. Mark Bradshaw
1733 Erickson Ave
Harrisonburg, VA 22801
(540) 433-1530

Hospital Affiliations:
Sentara RMH Medical Center

Domingus, Jeff, DO
Prov#: 10180986
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

1491 Virginia Ave
Harrisonburg, VA 22802
(540) 564-3895

Hospital Affiliations:
Sentara RMH Medical Center

Hotchkiss, Jerome J., MD
Prov#: 10156297
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Indica, A. Christian, MD
Prov#: 41425
Harrisonburg Family Practice Associates, PC
1831 Reservoir St
Harrisonburg, VA 22801
(540) 564-3895

Hospital Affiliations:
Sentara RMH Medical Center

Hill, Jordan L., DO
Prov#: 10061049
Sentara RMH Medical Group, LLC
1871 Evelyn Byrd Avenue
Harrisonburg, VA 22801
(540) 564-7100

Hospital Affiliations:
Sentara RMH Medical Center

Optima Direct Network Providers January 2019 44
Primary Care Physicians - Tier 1

Latimer, Robert A., MD
Prox#: 10081516
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Min, James B., MD
Prox#: 10120776
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Parker III, Frederick W., MD
Prox#: 10108910
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Patel, Trupti B., MD
Prox#: 10090660
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Perez, Michael D., MD
Prox#: 10075198
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ratchford, Francis X., MD
Prox#: 10074047
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ross, Scott A., MD
Prox#: 10081372
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Shirsolkar, Pradnya P., MD
Prox#: 10176301
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Theodore, Nihil C., MD
Prox#: 10176906
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

West, Stephanie N., MD
Prox#: 10176516
NMG Affiliate Practice I, LLC
15195 Heathcote Boulevard Suite 140
Haymarket, VA 20169
(571) 284-4370

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Walker, Dawncherrie P., MD
Prox#: 10197376
Primary Care of West End LLC
12018 West Broad Street Suite 101
Henrico, VA 23233
(804) 254-5403

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Mary's Hospital

Bommassani, Reena, MD
Prox#: 10082447
Hoddy Medical Care
1043 Sterling Rd Suite 104
Herndon, VA 20170
(703) 689-0111

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Cooper, Jason A., MD
Prox#: 10041012
Hoddy Medical Care
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Hospital Affiliations:
Hoddy Medical Care

Donald, Robin, DO
Prox#: 10011940
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Hospital Affiliations:
Healthworks for Northern Virginia

Imam, Shamim A., MD
Prox#: 21278
Dulles Family Medicine, PC
504 Elden Street Suite 3
Herndon, VA 20170
(703) 471-0850

Hospital Affiliations:
Reston Hospital Center

Langan, Kathleen, MD
Prox#: 10206637
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Leavens, Deborah L., MD
Prox#: 10005250
Herndon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Lee, Kevin, MD
Prox#: 10100626
Herndon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Law, Winston Ron-Yu, MD
Prox#: 10102653
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Marco, Sam, MD
Prox#: 10191136
AFC Urgent Care
334 Elden Street
Herndon, VA 20170
(571) 665-4000

Silverstein, Michael A., MD
Prox#: 10025234
Herndon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Weaver, Kevin M., MD
Prox#: 10004891
Herndon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

West, Stephanie N., MD
Prox#: 10195746
Healthworks for Northern Virginia
1141 Elden Street Suite 300
Herndon, VA 20170
(703) 481-8160

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Winslow, Erica Allen, MD
Prox#: 10195375
AFC Urgent Care
334 Elden Street
Herndon, VA 20170
(571) 665-4000

Wong, Edwin H., MD
Prox#: 10092473
Herndon Family Medicine
555 Herndon Parkway Suite 100
Herndon, VA 20170
(703) 481-1505

Hospital Affiliations:
Name Not Available

Butler, Amy, MD
Prox#: 66917
Carilion Medical Associates
416 S Main St
Hillsville, VA 24343
(276) 728-7731

King, Jamie L., MD
Prox#: 10151764
Carilion Healthcare Corporation
416 S Main St
Hillsville, VA 24343
(276) 728-7731

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Knisely, Thomas, DO
Prox#: 10121873
Carilion Healthcare Corporation
416 S Main St
Hillsville, VA 24343
(276) 728-7731

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion New River Valley Medical Center

Lazo, Robert, MD
Prox#: 45204
Carilion Healthcare Corporation
416 S Main St
Hillsville, VA 24343
(276) 728-7731

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hillsville

Carilion Healthworks
Hillsville, VA 24343

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Nielson, Paul D, MD
Pro#: 10176438
Carilion Healthcare Corporation
416 S Main St
Hillville, VA 24343
(276) 728-7711

Easton, Brian Thomas, MD
Pro#: 10034868
C Health, PC
48 Commerce Street
Hopener, VA 24260
(276) 873-6876

Neifeld, David M., MD
Pro#: 10107840
Augusta Medical Center
Bath Community Hospital

Mohiuddin, Abdul Q., MD
Pro#: 10136950
Bath Community Physicians Group
106 Park Ln Ste A
Hot Springs, VA 24445
(540) 839-5287

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Miller, Christopher, MD
Pro#: 10001754
Stone Mountain Health Services
Davenport Clinic
4124 Council Mountain Road
Hopener, VA 24260
(276) 859-0859

Wess, Kevin L., DO
Pro#: 10150827
C Health, PC
4675 Redbud Hwy
Hopener, VA 24260
(276) 889-3700

Owens, Dia P., MD
Pro#: 10091754
Stone Mountain Health Services
Davenport Clinic
10279 Hurley Road
Hopener, VA 24260
(276) 566-7204

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Avula, Danielle, MD
Pro#: 10159533
Bon Secours Memorial Regional - Aylett Medical Center
10414 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Hunt, Aaron Lee, MD
Pro#: 2033211
Independence Family Care
217 South Independence Avenue
Independence, VA 24348
(540) 839-7130

Hospital Affiliations:
Independence Family Care

Durr, Mayra, MD
Pro#: 10107840
Central Virginia Family Physicians, Inc.
257 Pocket Road
Hurt, VA 24563
(434) 324-9150

Hospital Affiliations:
Central Virginia Family Physicians, Inc.

Irvington

Sang, William R., MD
Pro#: 10091754
Rappahannock Hospital Physicians
132 Lancaster Road
Irvington, VA 22480
(804) 438-4000

Hospital Affiliations:
Rappahannock General Hospital

Brown, John, MD
Pro#: 202655
Independence Family Care
217 South Independence Avenue
Independence, VA 24348
(276) 773-2063

Hospital Affiliations:
Independence Family Care

Ricci,_editors, DO
Pro#: 10120107
Augusta Medical Center
Bath Community Hospital

Rizk, Levi, DO
Pro#: 10107840
Bath Community Physicians Group
106 Park Ln
Hot Springs, VA 24445
(540) 839-7110

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Stallings, William R., MD
Pro#: 10107840
Rappahannock Hospital Physicians
132 Lancaster Road
Irvington, VA 22480
(804) 438-4000

Hospital Affiliations:
Rappahannock General Hospital

Ivor

Coleman, George C., MD
Pro#: 74822
Ivor Medical Center (HHS) (CCNV)
8575 Ivor Rd
Ivor, VA 23866
(757) 859-6161

Williams, Valencia Jones, MD
Pro#: 10029742
Ivor Medical Center (HHS) (CCNV)
8575 Ivor Rd
Ivor, VA 23866
(757) 859-6161

Kenbridge

Michie, David W, MD
Pro#: 33774
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Powers, William C., MD
Pro#: 43354
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Powers, III, Graham H., MD
Pro#: 67072
Southside Medical Management Inc
306 E Sixth Avenue
Kenbridge, VA 23944
(434) 676-8021

Hurt

Peralta Jr., Manuel, MD
Pro#: 1012005
Central Virginia Family Physicians, Inc.
527 Pocket Road
Hurt, VA 24563
(434) 324-9150

Hospital Affiliations:
Central Virginia Family Physicians, Inc.

Danner, James, MD
Pro#: 10141320
Altavista Medical Center
312 King Street
Keysville, VA 23947
(434) 736-8801

Hospital Affiliations:
Altavista Medical Center

Keysville

Fowler, Scott M, MD
Pro#: 1002655
Independence Family Care
217 South Independence Avenue
Independence, VA 24348
(276) 773-2063

Hospital Affiliations:
Independence Family Care

Pruit, David E, MD
Pro#: 10161223
Centra Medical Group, LLC
312 King Street
Keysville, VA 23947
(434) 736-8801

Hospital Affiliations:
Centra Lynchburg General Hospital

Kilmarnock

Ashworth, Joel T., MD
Pro#: 10206161
BON SECOURS KILMARNOCK PRIMARY CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital
Rappahannock General Hospital

Bost, Michael A, MD
Pro#: 10136950
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7107

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

McCray, Jeffrey S, DO
Pro#: 10077840
Bath Community Physicians Group
106 Park Lane
Hot Springs, VA 24445
(540) 839-5287

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Reinhardt, Stephen, MD
Pro#: 10206159
BON SECOURS KILMARNOCK PRIMARY CARE
402 North Main Street
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Cheit, Thomas, MD
Pro#: 10091754
Stone Mountain Health Services
Davenport Clinic
10279 Hurley Road
Hopener, VA 24260
(276) 566-7204

Hospital Affiliations:
Augusta Medical Center
Bath Community Hospital

Jennings, Wilmer, MD
Pro#: 10029742
Ivor Medical Center (HHS) (CCNV)
8575 Ivor Rd
Ivor, VA 23866
(757) 859-6161

Hospital Affiliations:
Rappahannock General Hospital

Hopewell

Miller, Christopher, MD
Pro#: 10151614
Appomattox River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Moinuddin, Abdul Q., MD
Pro#: 23233
Twin Rivers Medical Clinic PC
1012 Winston Churchill
Hopewell, VA 23860
(804) 458-8583

Hospital Affiliations:
John Randolph Medical Center

Nefeld, David M., MD
Pro#: 10204664
Appomattx River Medical LLC
815 W Poythress Street
Hopewell, VA 23860
(804) 458-8557

Hospital Affiliations:
John Randolph Medical Center

Tunstall, June R., MD
Pro#: 43273
406 North 6th Street
Hopewell, VA 23860
(804) 458-6936

Hospital Affiliations:
John Randolph Medical Center

Bon Secours Memorial Hospital
Chippenham Medical Center/Johnston-Willis Hospital
St. Mary's Hospital

Wright, James Lee, MD
Pro#: 10090899
Chesapeake Medical Group-Family Practice
86 Harris Road
Kilmarnock, VA 22482
(804) 435-2651

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
St. Mary's Hospital

King William
Primary Care Physicians - Tier 1

Cook, Patricia, MD
Pro #: 10037118
Aylett Medical Center (Bon Secours)
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Rose, Robert, MD
Pro #: 10170891
Bon Secours Memorial Regional - Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Lake Ridge

Feldmann, Jr., Spencer, MD
Pro #: 10167324
Aylett Medical Center
1041 Sharon Road Suite 205
King William, VA 23086
(804) 746-1677

Tran, Minh, DO
Pro #: 10083558
Patient First
2199 Old Bridge Road
Lake Ridge, VA 22192
(703) 357-9707

Hospital Affiliations:
Belvoir Regional Hospital

Lansdowne

Miakhel, Nail, MD
Pro #: 10168335
Catoctin Family Practice of Lansdowne
19500 Sandridge Way
Leesburg, VA 20176
(703) 724-7530

Ali, Khurram, MD
Pro #: 10070600
Patient First - Glen Allen
601 Potomac Station Drive
Leesburg, VA 20176
(703) 840-1396

Belote, Robert, MD
Pro #: 59198
Catoctin Family Practice of Leesburg PLLC
211 S King St
Leesburg, VA 20175
(703) 777-6655

Oelrich, LeAnna, MD
Pro #: 10170312
Vita Family Medicine and MedSpa LLC
540 Fort Evans Road Suite 204
Leesburg, VA 20176
(703) 737-3500

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Laurel Fork

Rabkin, Ilya, MD
Pro #: 10207698
Leesburg/Sterling Family Practice
24450 Deerfield Avenue Suite 265
Leesburg, VA 20176
(703) 726-8687

West, Stephanie N., MD
Pro #: 10195746
Leesburg/Sterling Family Practice
24450 Deerfield Avenue Suite 265
Leesburg, VA 20176
(703) 726-8687

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lawrenceville

Feldmann, Jr., Spencer, MD
Pro #: 10164011
Southside Primary Care
1722 Lawrenceville Plank Road
Lawrenceville, VA 23868
(434) 848-4766

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lebanon

Easton, Brian Thomas, MD
Pro #: 10034686
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 889-3700

Hospital Affiliations:
Russell County Medical Center

Harman, Nicholas, DO
Pro #: 10168335
C Health, PC
495 East Main Street
Lebanon, VA 24266
(276) 889-3700

Melton, Samuel Hughes, MD
Pro #: 10094728
High Power, PC
2003 East Main Street
Lebanon, VA 24266
(276) 395-3938

Hospital Affiliations:
Johnston Memorial Hospital Smyth County Community Hospital

Leesburg

Ali, Khurram, MD
Pro #: 10070600
Patient First - Glen Allen
601 Potomac Station Drive
Leesburg, VA 20176
(703) 840-1396

Belote, Robert, MD
Pro #: 59198
Catoctin Family Practice of Leesburg PLLC
211 S King St
Leesburg, VA 20175
(703) 777-6655

Boudreau, Jennifer, MD
Pro #: 10170312
Vita Family Medicine and MedSpa LLC
540 Fort Evans Road Suite 204
Leesburg, VA 20176
(703) 737-3500

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Lee, Donald, DO
Pro #: 10092553
Leesburg/Sterling Family Practice
44055 Riverside Parkway Suite 110
Leesburg, VA 20176
(703) 724-7530

Wright, Colleen, MD
Pro #: 10004358
Leesburg/Sterling Family Practice
44055 Riverside Parkway Suite 110
Leesburg, VA 20176
(703) 724-7530

Lexington

Arnold, Colleen M., MD
Pro #: 10011617
Augusta Health Internal Medicine
55 Comfort Way Suite 1
Lexington, VA 24450
(540) 463-3381

Hospital Affiliations:
Augusta Medical Center

Mehler, Troy R., MD
Pro #: 10107165
Loudoun Medical Group PC
224 D Cornwall St NW Suite 106
Leesburg, VA 20176
(703) 777-1612

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Rabkin, Ilya, MD
Pro #: 10207698
Leesburg/Sterling Family Practice
24450 Deerfield Avenue Suite 265
Leesburg, VA 20176
(703) 726-8687

West, Stephanie N., MD
Pro #: 10195746
Leesburg/Sterling Family Practice
24450 Deerfield Avenue Suite 265
Leesburg, VA 20176
(703) 726-8687

Hospital Affiliations:
Novant Health UVA Health System Prince William Medical Center

Williamson, Valerie, MD
Pro #: 10015194
Potomac Family Practice
244 S Cornwall Street NW Suite 265
Leesburg, VA 20176
(703) 777-0700

Wright, Colleen, MD
Pro #: 10004358
Leesburg/Sterling Family Practice
44055 Riverside Parkway Suite 110
Leesburg, VA 20176
(703) 724-7530
Primary Care Physicians - Tier 1

Childers, Robert S., MD
Provis #: 10160940
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Ellington, David Alan, MD
Provis #: 21422
Carilion Family Practice
146 S Main Street
Lexington, VA 24450
(540) 463-9158

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Harcus, Sinclair J., MD
Provis #: 10148538
Carilion Clinic Family Medicine
Lexington
108 Houston St Suite C
Lexington, VA 24450
(540) 463-7628
Provis #: 10039938
Carilion Healthcare Corporation
Lexington, VA 24450
(540) 463-7628

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Harris, Marcia A., MD
Provis #: 10196661
Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
(540) 464-8700

Hospital Affiliations:
Carilion Tazewell Community Hospital

Horney, Wayne D., MD
Provis #: 10178207
Carilion Clinic Family Medicine
Lexington
108 Houston St Suite C
Lexington, VA 24450
(540) 463-7628

Hospital Affiliations:
Carilion Tazewell Community Hospital

Lane, Laura Winn, MD
Provis #: 10149050
Carilion Stonewall Jackson Hospital
146 South Main St Suite 3
Lexington, VA 24450
(540) 463-9158

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Lenker, Leon Edward, MD
Provis #: 10148516
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Lanier, Laura Winn, MD
Provis #: 10149050
Carilion Stonewall Jackson Hospital
146 South Main St Suite 3
Lexington, VA 24450
(540) 463-9158

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Linick, Kelli Lynn, MD
Provis #: 10148519
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

McClung, William Lyle, MD
Provis #: 10036501
Rockbridge Internists Inc.
204 East Washington Street
Lexington, VA 24450
(540) 463-5055

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

McKee, Ronald Boyd, MD
Provis #: 10148522
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

McKee, Ronald Boyd, MD
Provis #: 10148522
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

McIntosh, William Lyle, MD
Provis #: 10036501
Rockbridge Internists Inc.
204 East Washington Street
Lexington, VA 24450
(540) 463-5055

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Overstreet, Ronald Boyd, MD
Provis #: 10148522
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Pickral, Robert M., MD
Provis #: 10149045
Carilion Clinic Family Medicine
Lexington
146 South Main St Suite 3
Lexington, VA 24450
(540) 463-9158
Provis #: 10023053
Lexington Family Practice
146 S Main Street
Lexington, VA 24450
(540) 463-9158

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Sadiq, Saima, MD
Provis #: 10148522
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Sarag, Saima, MD
Provis #: 10148522
Carilion Clinic Internal Medicine
Lexington
108 Houston St Suite A
Lexington, VA 24450
(540) 463-2181

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Lyons, Karen A., MD
Provis #: 10209726
Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
(540) 464-8700

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Wyatt, Karen A., MD
Provis #: 10209726
Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
(540) 464-8700

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Wyatt, Karen A., MD
Provis #: 10209726
Rockbridge Area Health Center
25 Northridge Lane
Lexington, VA 24450
(540) 464-8700

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Stonewall Jackson Hospital

Wortley, George C., MD
Provis #: 10194545
Carilion Healthcare Corporation
146 South Main St Suite 3
Lexington, VA 24450
(540) 463-9158

Hospital Affiliations:
Carilion Giles Community Hospital
Centra Lynchburg General Hospital

Centra Virginia Baptist Hospital

Lively

Bavuso, Salvatore K., MD
Provis #: 10206158
BON SECOURS LIVELY MEDICAL CENTER
36 Lively Oaks Road
Lively, VA 22507
(804) 462-5155

Hospital Affiliations:
Rappahannock General Hospital

Grissedale, Steven, MD
Provis #: 10206158
BON SECOURS LIVELY MEDICAL CENTER
36 Lively Oaks Road
Lively, VA 22507
(804) 462-5155

Hospital Affiliations:
Centra Lynchburg General Hospital

Rappahannock General Hospital

Locust Grove

Babar, Ahmad, MD
Provis #: 10117307
University of Virginia Physicians Group
4376 Germanna Hwy
Locust Grove, VA 22508
(540) 972-7798

Hospital Affiliations:
University of Virginia Medical Center

Centra Virginia Baptist Hospital

Lorton

Ciampi, Frank P., MD
Provis #: 10002338
Williamsburg Square Family Practice, P.C.
9500 Richmond Highway
Lorton, VA 22079
(703) 339-7788

Hospital Affiliations:
Inova Mount Vernon Hospital

Galini, Marc, MD
Provis #: 10065150
Williamsburg Square Family Practice, P.C.
500 Richmond Highway
Lorton, VA 22079
(703) 339-7788

Lee, Christine, MD
Provis #: 10040114
Lorton Station Family Medicine
8988 Lorton Station Blvd Ste 201
Lorton, VA 22079
(703) 339-7550

Hospital Affiliations:
Inova Fairfax Hospital

McAfee, Jessica L., MD
Provis #: 10149045
Lorton Station Family Medicine
8988 Lorton Station Blvd Ste 201
Lorton, VA 22079
(703) 339-7550

Louisa

Chang, Andrew S., MD
Provis #: 10170668
University of Virginia Physicians Group
575 Industrial Drive
Louisa, VA 23093
(540) 967-2011

Hospital Affiliations:
University of Virginia Medical Center

Green, Matthew P., MD
Provis #: 10115134
UVA Medical Associates of Louisa
575 Industrial Dr
Louisa, VA 23093
(540) 967-2011

Hospital Affiliations:
University of Virginia Medical Center

Hardaker, Edward R., MD
Provis #: 43356
Louisa Family Practice, PLC
101 Woolfolk Ave
Louisa, VA 23093
(540) 967-2202

Richmond, Michael, DO
Provis #: 10164030
Central Virginia Community Health Center (CVCHS)(CCNV)
115 Jefferson Highway Suite 9
Louisa, VA 23093
(540) 967-9401

Southall, III, Alger R., MD
Provis #: 68259
Louisa Family Practice, PLC
101 Woolfolk Ave
Louisa, VA 23093
(540) 967-2202

Optima Direct Network Providers January 2019

OptimaHealth
## Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Provider ID</th>
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<tbody>
<tr>
<td>Lovettsville</td>
<td>Lee, R. David, MD</td>
<td>52553</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine 135 Memorial Drive, Luray, VA 22835 (540) 743-2887</td>
<td>10189641</td>
</tr>
<tr>
<td></td>
<td>Babineau, Teresa W., MD</td>
<td>10189641</td>
<td>Centra Medical Group, LLC 2323 Memorial Ave Suite 10 Lynchburg, VA 24501 (434) 200-5200</td>
<td></td>
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<tr>
<td></td>
<td>Burgess, Henry E., MD</td>
<td>10057870</td>
<td>Blue Ridge Immediate Care 2137 Lakeside Drive Lynchburg, VA 24501 (434) 385-4184</td>
<td></td>
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<tr>
<td>Lovettsville</td>
<td>Crowley, Anthony, MD</td>
<td>10000477</td>
<td>Lee's Barber &amp; Beauty 2 East Broad Way Lorettsville, VA 24501 (540) 579-0500</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mclaren, Michael, MD</td>
<td>10201606</td>
<td>Valley Health Page Memorial Hospital Family and Internal Medicine 135 Memorial Drive, Luray, VA 22835 (540) 743-2887</td>
<td></td>
</tr>
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Primary Care Physicians - Tier 1

Freed, Daniel M., MD
Pro#: 10159073
Lynchburg Family Medicine Center
2323 Memorial Ave Suite 10
Lynchburg, VA 24501
(434) 200-5200

3300 Rivermont Ave
Lynchburg, VA 24503
(434) 200-3656

Hospital Affiliations:
Bedford Memorial Hospital

Guanzon, Verna C., MD
Pro#: 10060881
Timberlake Family Practice - Division of Central VA Family Phys
2137 Lakeside Drive
Lynchburg, VA 24501
(434) 365-4184

Guidi, Joseph G., DO
Pro#: 10045481
Medical Associates of Central Virginia Intravene
2215 Landover Place
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(434) 947-3944

Hospital Affiliations:
Bedford Memorial Hospital

Haupert, Bradley, MD
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Centra Virginia Family Physicians, Inc.
1971 University Blvd
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(434) 338-7774

Hostetler, Joseph D., MD
Pro#: 10064650
Centra Health Medical Center - Gretna
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(434) 200-3656

Kelley, Aaron W., DO
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Piedmont Family Practice
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Lynchburg, VA 24502
(434) 534-6715

Johnson, Matthew A., MD
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125 Nationwide Drive
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(434) 200-3908

1900 Tate Springs Rd Suite 3
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(434) 200-3908

1901 Tate Springs Road
Lynchburg, VA 24501
(434) 200-3908

3200 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-3908

501 Ves Road
Lynchburg, VA 24503
(434) 386-3500

Gregory, David, MD
Pro#: 41820
Lynchburg Family Medicine Center
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Gonzalez, Vern A., MD
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Community Access Network
1900 Tate Springs Road Suite 3
Lynchburg, VA 24501
(434) 200-3366
Pro#: 29492

Lockwood, Michael, DO
Pro#: 10151448
Centra Virginia Family Physicians, Inc.
2321 Wards Road
Lynchburg, VA 24502
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Maitland, Lauren, DO
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2323 Memorial Ave Suite 10
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Meadows, Glenn L., MD
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2832 Candlers Mountain Road
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Hospital Affiliations:
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Centra Virginia Baptist Hospital
Southampton Memorial Hospital

Metzler, Keith, MD
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Nelson-Madison, Lori Ann, MD
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Lynchburg Family Medicine Center
2323 Memorial Dr
Lynchburg, VA 24501
(434) 200-5200

Olmsted III, John B., MD
Pro#: 40901
Acute Rehab Centrahealth
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Southside Community Hospital

Olaleye, Michael, MD
Pro#: 14005
Lynchburg Family Medicine Center
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Peralta Jr., Manuel, MD
Pro#: 10112035
Central Virginia Family Physicians, Inc.
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(434) 239-0132

2019 Tate Springs Road
Lynchburg, VA 24501
(434) 845-6741

20304 Timberlake Road
Lynchburg, VA 24502
(434) 237-6471

2137 Lakeside Drive
Lynchburg, VA 24501
(434) 845-4175

Optima Direct Network Providers January 2019 51

OptimaHealth
### Primary Care Physicians - Tier 1

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Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Wilson, Aliya L., MD
Provs#: 10192731
University of Virginia Physicians Group
1480 North Main Street Ste A
Madison, VA 22727
(540) 948-6743
Hospital Affiliations: University of Virginia Medical Center

Madison Heights

Bendall Jr, Richard A., MD
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Monelison Family Physicians
4262 S Amherst Hwy
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(434) 846-8421
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Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Bolusa-Sabugo, Ahgnes, MD
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134 Elon Road
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(434) 929-1400
Dobyns, Thomas, MD
Provs#: 10022417
Thomas E. Dobyns, MD
4579 S Amherst Hwy
Madison Heights, VA 24572
(434) 528-4312

Haga, David, MD
Provs#: 45238
Monelison Family Physicians
4262 S Amherst Hwy
Madison Heights, VA 24572
(434) 846-8421
Hospital Affiliations: Central Lynchburg General Hospital
Centra Virginia Baptist Hospital

Peralta Jr., Manuel, MD
Provs#: 10112035
Central Virginia Family Physicians, Inc.
118 Oakwood Drive
Madison Heights, VA 24572
(434) 338-5292
Richardson, Patricia, MD
Provs#: 10126724
Central Virginia Family Physicians, Inc.
200 Amelon Square
Madison Heights, VA 24572

Von Elten, Christopher, MD
Provs#: 10032031
Timberlake Family Practice
Division of Central VA Family Phys
200 Amelon Square
Madison Heights, VA 24572
(434) 845-4175
Hospital Affiliations: Sentara Martha Jefferson Hospital

Manakin Sabot
Chen Fernandez, Nelson J., MD
Provs#: 10144024
Centerville Family Practice, PC
46A Broad Street Road
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(804) 937-5297
Hospital Affiliations: Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital

Granados Ortega, Berta Lisbeth, MD
Provs#: 10145522
Centerville Family Practice, PC
46A Broad Street Road
Manakin Sabot, VA 23103
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Manassas

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Prince William Family Medicine
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(703) 257-8090
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

Baray, Ahmad S., MD
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Patient First
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Manassas, VA 20110
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Hospital Affiliations: Inova Fairfax Hospital

Bigbee, John A., MD
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Patient First
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Manassas, VA 20110
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Birgoni, Soujanya, MD
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Manassas, VA 20110
(703) 368-3161
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Hoadly Medical Care
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Manassas, VA 20112
(703) 868-2713
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Chambers, Joseph F., MD
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Division of Central VA Family Phys
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(434) 845-4175
Hospital Affiliations: Sentara Martha Jefferson Hospital

DeRosa, Gary A., MD
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NMG Affiliate Practice I, LLC
8640 Sudley Rd Suite 203
Manassas, VA 20110
(703) 368-3161
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

Desai, Parimal, MD
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Manassas, VA 20110
(703) 369-5000
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

Gill, Aman, MD
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8100 Ashton Avenue Ste 101
Manassas, VA 20109
(703) 257-8090
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

Heaton, Christopher R., MD
Provs#: 10176461
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations: Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Jose, Starina, MD
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Patient First
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Manassas, VA 20110
(717) 229-1797

KC, Lilly, MD
Provs#: 10033076
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8100 Ashton Avenue Ste 101
Manassas, VA 20109
(703) 257-8090
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center

Keehrs, Amanda J., MD
Provs#: 10176322
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations: Novant Health UVA Health System Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Kola, Aruna, MD
Provs#: 10180461
Patient First - Manassas
9715 Liberia Avenue
Manassas, VA 20110
(717) 229-1979

Optima Direct Network Providers January 2019 53
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<td>Kori, Umakanth, MD</td>
<td>10074908</td>
<td>9715 Liberia Avenue Manassas, VA 20110</td>
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<td>Latimer, Robert A., MD</td>
<td>10085156</td>
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<td>10060630</td>
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**Marion**

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<td>Akers-White, Latania M., MD</td>
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<td>(276) 378-1341</td>
<td>Novant Health UVA Health System</td>
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<td>Brown, Paul Garland, MD</td>
<td>35861</td>
<td>Smyth County Family Physicians 1046 Terrace Dr Marion, VA 24354</td>
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**Marshall**

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**Primary Care Physicians - Tier 1**

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<td>Theodore, Nihil C., MD</td>
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<td>(703) 396-5292</td>
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Primary Care Physicians - Tier 1

Houska, Robert B., MD
Pro#: 43327
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Fauquier Hospital

Javaid, Zeehan, MD
Pro#: 10176277
NMG Affiliates Practice I, LLC
4197C Winchester Rd
Marshall, VA 20115
(571) 284-3460

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Fauquier Hospital

Olson, Kevin L., MD
Pro#: 10133669
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Rehmann, Rebecca A., DO
Pro#: 10176452
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Fauquier Hospital

Royston, Norris A., MD
Pro#: 43328
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Fauquier Hospital

Martinsville

Balakrishnan, Shyam E., MD
Pro#: 10127789
Carilion Medical Associates
1107A Brookdale Street
Martinsville, VA 24112
(276) 670-3300

Hospital Affiliations:
- Carilion Clinic Home Care
- Carilion Franklin Memorial Hospital
- Carilion Roanoke Memorial Hospital

Eggleston-Clark, Valenca R., MD
Pro#: 10033190
Carilion Medical Associates
1107 Brookdale Street Ste A
Martinsville, VA 24112
(276) 670-3300

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Lawson, Laura, DO
Pro#: 10176433
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Prince William Medical Center

Olson, Kevin L., MD
Pro#: 10133669
Countryside Family Practice
8255 East Main St
Marshall, VA 20116
(540) 364-1581

Hospital Affiliations:
- Prince William Medical Center

Olson, Thuy Lan T., MD
Pro#: 10162792
Carilion Medical Associates
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Martinsville, VA 24112
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Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center

Lawson, Laura, DO
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Countryside Family Practice
8255 East Main St
Marshall, VA 20116
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Hospital Affiliations:
- Fauquier Hospital

Stambaugh, Merris, MD
Pro#: 52428
Carilion Medical Associates
1107 Brookdale Street Ste A
Martinsville, VA 24112
(276) 670-3300

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Mathews

Bellovin, Sabra M., MD
Pro#: 10162792
Southeastern Virginia Health System
10980 Buckle Hall Road Bldg 5
Martinsville, VA 23110
(804) 725-9191

Hospital Affiliations:
- Bon Secours Maryview Medical Center

Max Meadows

Bowser, Erin M., DO
Pro#: 10092663
Wythe County Physician Practices, LLC
791 Fort Chiswell Road Suite A
Max Meadows, VA 24360
(276) 637-6641

Hospital Affiliations:
- Wythe County Community Hospital

Williams, Paul Douglas, MD
Pro#: 10165333
FAMILY MEDICINE OF OUR MOUNTAINS PC
245 Ft Chiswell Rd Ste D
Max Meadows, VA 24360
(276) 595-5300

Hospital Affiliations:
- Wythe County Community Hospital

McLean

Kang, Jin Moon, MD
Pro#: 10173244
PartnerMD, PC
6862 Elm Street Ste 700
McLean, VA 22101
(703) 288-3750

Hospital Affiliations:
- Virginia Physicians, Inc. - McLean

Meadowview

Bresowar, Kristin O., MD
Pro#: 10128038
Southwest VA Community Health Systems Inc
13168 Meadoware Square Meadowave, VA 24361
(276) 944-3999

Hospital Affiliations:
- Meadowave Health Clinic

Counts, Melody Lou, MD
Pro#: 10174317
Meadowave Health Clinic
13168 Meadoware Square Meadowave, VA 24361
(276) 944-3999

Hospital Affiliations:
- Meadowave Health Clinic

Mechanicsville

Ashrafi, Dariush, MD
Pro#: 10059097
Laburnum Medical Center
8266 Atlee Road Suite 332
Mechanicsville, VA 23116
(804) 764-2186

Hospital Affiliations:
- Bon Secours St. Mary's Hospital

Athwal, Amardeep, MD
Pro#: 10065075
Patient First - Mechanicsville
7238 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 559-9900

Avula, Jonathan, MD
Pro#: 10129593
Laburnum Medical Center
8200 Meadowbridge Road Suite 301
Mechanicsville, VA 23116
(804) 442-3750

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center

Blackburn, Jr., Maurice Lee, MD
Pro#: 119606
Hanover Family Physicians
9376 Atlee Station Rd
Mechanicsville, VA 23116
(804) 730-0990

Blake, Thomas D., MD
Pro#: 909510
Virginia Physicians, Inc. St. Mary's Hospital
7255 Hanover Green Dr
Mechanicsville, VA 23111
(804) 730-1111

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center

Burjon, Laura, MD
Pro#: 10036350
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7571 Cold Harbor Rd Ste 1
Mechanicsville, VA 23111
(804) 746-9055

Carr, Jennifer E., MD
Pro#: 45904
Hanover Family Physicians
8266 Atlee Station Rd Ste 226
Mechanicsville, VA 23116
(804) 559-6510

Clements, Kim, MD
Pro#: 92406
Patient First - Mechanicsville
7238 Mechanicsville Tpke
Mechanicsville, VA 23111
(804) 559-9900

Cornett, John, MD
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7571 Cold Harbor Rd Ste 1
Mechanicsville, VA 23111
(804) 746-9055

Heatwole, Kenneth M., MD
Pro#: 45241
Mechanicsville Medical Center
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Mechanicsville, VA 23111
(804) 746-9055

Hospital Affiliations:
- Bon Secours St. Mary's Hospital

Houghton, Micah T., MD
Pro#: 11962
Atlee Family Physicians, PC
8266 Atlee Station Rd Ste 226
Mechanicsville, VA 23116
(804) 559-6510

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<td>Bryan, Daphne, MD</td>
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<td>Hartman, Aaron, MD</td>
<td>10023381</td>
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<td>16098</td>
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<td>Hlavac, Kimberly A., MD</td>
<td>10185024</td>
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# Primary Care Physicians - Tier 1

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<td>20553</td>
<td>Virginia Family Physicians 2367 Colony Crossing Place Midlothian, VA 23112 (804) 232-1264</td>
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<td>Keller, Kevin A., MD</td>
<td>79441</td>
<td>PartnerMD, PC 13901 Coalfield Commons Place Ste 200 Midlothian, VA 23112 (804) 420-1205</td>
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<td>McLeod, Jeffery L., MD</td>
<td>46053</td>
<td>5001 W Village Green Dr Ste 108 Midlothian, VA 23112 (804) 763-1058</td>
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<td>Miller, James W., MD</td>
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<td>Family Practice Specialists of Richmond 3742 Winterfield Road Midlothian, VA 23113 (804) 330-3335</td>
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<td>Patient First 11020 Hull St Midlothian, VA 23112 (804) 744-6310</td>
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<td>10002817</td>
<td>Virginia Physicians, Inc. 13332 Midlothian Tpke Midlothian, VA 23113 (804) 794-5598</td>
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<td>Ondorff, Tiffany, MD</td>
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<tr>
<td>Paine, Matthew, MD</td>
<td>10128397</td>
<td>St. Francis Family Medicine Center 13540 Hull Street Road Midlothian, VA 23112 (804) 739-6142</td>
</tr>
<tr>
<td>Paine, Matthew, MD</td>
<td>10004614</td>
<td>PartnerMD, PC 13901 Coalfield Commons Place Ste 201 Midlothian, VA 23114 (804) 420-1200</td>
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<td>Palen, Ellen, MD</td>
<td>10014172</td>
<td>Virginia Family Physicians 2367 Colony Crossing Place Midlothian, VA 23112 (804) 232-1264</td>
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<tr>
<td>Pasco, Hayden, MD</td>
<td>10202751</td>
<td>Whole Health Physicians PC 611 Watkins Centre Parkway Suite 350 Midlothian, VA 23114 (804) 306-7073</td>
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<td>Powers, Elizabeth A., MD</td>
<td>10190509</td>
<td>St. Francis Family Medicine Center (Bon Secours) 13540 Hull Street Road Midlothian, VA 23112 (804) 739-6142</td>
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<td>10164276</td>
<td>Virginia Family Physicians 2367 Colony Crossing Place Midlothian, VA 23112 (804) 306-1264</td>
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<td>Rissner, Andrea, MD</td>
<td>10085288</td>
<td>Bon Secours St Francis - Ironbridge Family Practice 13540 Hull Street Road Midlothian, VA 23112 (804) 739-6142</td>
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<tr>
<td>Roberts, Jeffrey, MD</td>
<td>1007711</td>
<td>St. Francis Family Medicine Center/Residency Program 13540 Hull Street Road Midlothian, VA 23112 (804) 739-6142</td>
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**Hospital Affiliations:**

- Chippenham Medical Center/Johnston-Willis Hospital
- Bon Secours St. Francis Medical Center
- St. Mary's Hospital
- Bon Secours St. Marys Hospital
- Residency Program
- Bon Secours St Francis Medical Center
- Virginia Family Physicians
- Partner MD,
- Virginia Physicians, Inc.
- Whole Health Physicians PC
### Montpelier

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<td>Cook, James S., MD</td>
<td>804-883-0046</td>
<td>15078 Brown Pkwy, Suite 400, Montpelier, VA 23192</td>
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<td>Virginia Family Practice</td>
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**Hospital Affiliations:**
- Bon Secours Regional Medical Center
- Bon Secours St. Marys Hospital
- Henrico Doctors Hospital - Forest Campus

### Montross

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<td>Ernst, Angela, MD</td>
<td>804-493-9999</td>
<td>18849 Kings Hwy, Montross, VA 22520</td>
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**Hospital Affiliations:**
- Sentara RMH Medical Center

### Mount Jackson

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<td>Asistores, Jason Leo G., MD</td>
<td>804-493-9999</td>
<td>5173 North Main Street, Mount Jackson, VA 22842</td>
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<td>Virginia Family Practice</td>
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**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

### Nellysfld

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<td>Feit, Jeffrey, MD</td>
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**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

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**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

### Nellysfld

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**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

### Nellysfld

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**Hospital Affiliations:**
- University of Virginia Medical Center

### New Castle

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<td>540-864-6390</td>
<td>15210 L P Bailey Memorial Hwy, Nathalie, VA 24577</td>
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**Hospital Affiliations:**
- Shenandoah Memorial Hospital
- Page Memorial Hospital Inc

### New Church

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**Hospital Affiliations:**
- Shenandoah Memorial Hospital
- Page Memorial Hospital Inc

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<td>757-824-5676</td>
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**Hospital Affiliations:**
- University of Virginia Medical Center

### New Church

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**Hospital Affiliations:**
- University of Virginia Medical Center

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**Hospital Affiliations:**
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**Hospital Affiliations:**
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**Hospital Affiliations:**
- Shenandoah Memorial Hospital Inc

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**Primary Care Physicians - Tier 1**

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**Nellysfld**

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**Hospital Affiliations:**
- University of Virginia Physicians Group
- University of Virginia Medical Center

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**New Castle**

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**Hospital Affiliations:**
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- Page Memorial Hospital Inc

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**Hospital Affiliations:**
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**Hospital Affiliations:**
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- Page Memorial Hospital Inc
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Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Robeson, Thomas N., MD
Pro#: 66034
Oyster Point Family Practice
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Eng, Benjamin P., MD
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Norfolk, VA 23507
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Mansfield, Erika L., MD
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Nikonovich, Vladimir A.
Pro#: 10132120
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Optima Health
Menawat, Sunil, MD  
Sentara Internal Medicine  
Physicians (SMG)  
850 Kempsville Rd Ste 200A  
Norfolk, VA 23502  
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Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Miller, Jacob W., DO  
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Mohan, Ravinder, MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

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Newman, Robert J., MD  
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Obermeyer, Phaik, MD  
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Rodriguez, Hiram Jose, MD  
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Amelia Medical Associates (Bon Secours DePaul Med Ctr)  
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Skeels, Mark, MD  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

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(757) 252-9150

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Stettmeier, Mary, MD  
Prov#: 10164695  
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Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Taylor, Alex P., MD  
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Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Vakiyi, Simin, MD  
Prov#: 10051397  
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Hospital Affiliations:  
Sentara Princess Anne Hospital

VanHorn, Marilyn, MD  
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Vazquez, Ana H., MD  
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Ghent Family Medicine (EVMSHS)  
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Norfolk, VA 23507  
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Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Wells, Janelle M., MD  
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Whalen, Richard M., MD  
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Zamani, Christopher R, MD  
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GHENT STATION MEDICAL ASSOCIATES  
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Norfolk, VA 23517  
(757) 686-5673  
Prov#: 10178785  
Portsmouth Medical Associates  
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Norfolk, VA 23507  
(757) 446-5955

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc

Agbeibor, Victor, MD  
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(Bon Secours)  
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(804) 276-9305

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

McQueit, Christa, MD  
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229 Wadsworth Drive  
North Chesterfield, VA 23236  
(804) 288-3627

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Monro, Rachael, MD  
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Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

North Chesterfield

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(Bon Secours)  
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North Chesterfield, VA 23235  
(804) 276-9305

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Monro, Rachael, MD  
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(804) 288-3627

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Campbell, LaChelle Y., MD  
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(Bon Secours)  
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Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Esquivel, Marissa, MD  
Prov#: 10171732  
Blackstone Family Practice Center  
2500 Pocoshock Place  
North Chesterfield, VA 23235  
(804) 276-9305

Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Farooqi, Shazia, MD  
Prov#: 10209750  
HealthAll Physicians Group LLC  
112 S Providence Road Suite 103  
North Chesterfield, VA 23236  
(800) 518-0138

Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Foster-Weiss, Kara, MD  
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North Chesterfield, VA 23236  
(804) 288-3627

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

Jackson, Paul, MD  
Prov#: 55333  
St. Francis Family Medicine Center  
(Bon Secours)  
2500 Pocoshock Place  
North Chesterfield, VA 23235  
(804) 276-9305

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Chippenham Medical Center/Johnston-Willis Hospital

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**Optima Direct Network Providers January 2019**

**OptimaHealth**
Primary Care Physicians - Tier 1

Chung, Chung Ung, MD
Pro#: 21102
First Care, PC/Chung Ung Chung, MD
2595 Victory Blvd
Portsmouth, VA 23702
(757) 487-4949

Hospital Affiliations:
Bon Secours Maryview Medical Center

Cochran, Donald L., MD
Pro#: 21887
First Care, PC/Donald Cochran, MD
640 North Street
Portsmouth, VA 23704
(757) 397-1246

Hospital Affiliations:
Bon Secours Maryview Medical Center

Cyr, David, DO
Pro#: 63607
Churcelfeld Family Medicine, PC
3235 Academy Ave Ste 102
Portsmouth, VA 23703
(757) 484-7386

Hospital Affiliations:
Southampton Memorial Hospital

Dajao, Rise Faith E., MD
Pro#: 21014
First Care, PC
1105 Halix Ave
Portsmouth, VA 23707
(757) 399-8323

Hospital Affiliations:
Bon Secours Maryview Medical Center

Dajao, Rogaciano M., MD
Pro#: 21108
First Care, PC
1105 Halix Ave
Portsmouth, VA 23707
(757) 399-8323

Hospital Affiliations:
Bon Secours Maryview Medical Center

Hayes, Anthony J., MD
Pro#: 10185672
Continental Medical Services, PLLC
2011 Queen Street Suite L100
Portsmouth, VA 23704
(757) 967-9203

James, Lauren J., MD
Pro#: 10113636
Portsmouth Medical Associates
3520 High Street Suite 100
Portsmouth, VA 23707
(757) 738-1900

Hospital Affiliations:
Bon Secours Maryview Medical Center

Lewis, Steven J., MD
Pro#: 10170584
Portsmouth Family Medicine (EVMHSH)
3640 High Street Suite 3B
Portsmouth, VA 23707
(757) 397-6344

Ramsey, Kristin, DO
Pro#: 10132394
Family Medicine Health Care
6111 Portsmouth Blvd
Portsmouth, VA 23701
(757) 488-3333

Reineke-Piper, Kristen, MD
Pro#: 10189264
Family Medicine Health Care
6111 Portsmouth Blvd
Portsmouth, VA 23701
(757) 488-3333

Hospital Affiliations:
Bon Secours Maryview Medical Center

Scott, Pamela C, MD
Pro#: 10153401
EVMS Medical Group
3640 High Street Suite 3B
Portsmouth, VA 23707
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Stiles, Margaret, MD
Pro#: 51546
Churcelfeld Family Medicine, PC
3235 Academy Ave Ste 102
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(757) 484-7386

Wells, Janelle M., MD
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Portsmouth Community Health Center (CCNV)
664 Lincoln Street
Portsmouth, VA 23704
(757) 393-6363

Yuen, Anna, MD
Pro#: 10121015
Airline Blvd Medical Associates
3537 Airline Blvd Suite 1
Portsmouth, VA 23701
(757) 738-1225

Duncan, David Arrend, MD
Pro#: 48219
Powhatan Family Physicians, Ld.
2615 Anderson Hwy Suite A
Powhatan, VA 23139
(804) 794-1555

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Powhatan Medical Group/Johnston-Wills Hospital

Dodd, Jeffrey, DO
Pro#: 10135058
Rockwell Physicians of Salisbury
2891 Anderson Highway
Powhatan, VA 23139
(804) 897-1259

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Powhatan Medical Group/Chippahan Medical Center

Frisco, Jill, MD
Pro#: 10142110
Family Medicine
3640 High Street Suite 3B
Portsmouth, VA 23707
(757) 517-7600

Hospital Affiliations:
Bon Secours Maryview Medical Center

Gokli, Anup J., MD
Pro#: 43458
Chickahominy Family Practice, Inc
9010 Pocahontas Trail
Providence Forge, VA 23140
(804) 966-2255

Hospital Affiliations:
Bon Secours St. Marys Hospital

Hayes, Anthony J., MD
Pro#: 10113636
Portsmouth Medical Associates
3520 High Street Suite 100
Portsmouth, VA 23707
(757) 738-1900

Hospital Affiliations:
Bon Secours Maryview Medical Center

Lee, Joseph Y., MD
Pro#: 10020676
Portomac Family Practice
47165 Westlake Drive Suite 120
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(703) 444-3302

Truong, Nhu-Nga, MD
Pro#: 10012255
Portomac Family Practice
46165 Westlake Drive Suite 120
Powhatan, VA 20165
(703) 444-3302

Prillaman, Barbara, MD
Pro#: 22320
Virginia Physicians, Inc.
3510 Anderson Highway Suite A
Powhatan, VA 23139
(804) 598-3100

Hospital Affiliations:
Chippahan Medical Center/Johnston-Wills Hospital

Short, Shelley, MD
Pro#: 94074
Virginia Physicians, Inc.
3510 Anderson Highway Suite A
Powhatan, VA 23139
(804) 598-3100

Prince George

Chiu, Grace H., MD
Pro#: 10027183
Charles City Regional Health Services (CCNV)
4260 Crossings Boulevard Suite 2
Prince George, VA 23875
(804) 452-5800

Hospital Affiliations:
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Villanueva, John, MD
Pro#: 39321
Central Virginia Community Health Center (CVHS)(CCNV)
4260 Crossings Boulevard Suite 2
Prince George, VA 23875
(804) 526-1111

Hospital Affiliations:
Name Not Available

Providence Forge

Kowalski, John P., MD
Pro#: 45855
Chickahominy Family Practice, Inc
9010 Pocahontas Trail
Providence Forge, VA 23140
(804) 966-2255

Hospital Affiliations:
Bon Secours St. Marys Hospital

Saved, Hamdy L., MD
Pro#: 45857
Chickahominy Family Practice, Inc
9010 Providence Forge
Providence Forge, VA 23140
(804) 966-2255

Hospital Affiliations:
Chippahan Medical Center/Johnston-Wills Hospital
Primary Care Physicians - Tier 1

Bala, Rishi, MD
Pro#: 10085222
Bon Secours St. Mary’s - Patterson Avenue Family Practice
2401 West Leigh Street Suite 200
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(804) 325-8801

Barr, Mark C., MD
Pro#: 10085222
Bon Secours St. Mary’s - Patterson Avenue Family Practice
9600 Patterson Avenue
Richmond, VA 23229
(804) 741-6200

Belle, Cheryl M., MD
Pro#: 10071904
Cheryl M. Belle MD PC
1805 Monument Avenue Suite 100
Richmond, VA 23220
(804) 321-1400

Breeden, Sara S., MD
Pro#: 20595
Primary Health Group - Ironbridge
6439 Ironbridge Rd
Richmond, VA 23234
(804) 271-8990

Brooks-Williams, Malinda Adell, MD
Pro#: 10120243
Bermuda District Medical Center
101 Cowardin Ave Ste 102
Richmond, VA 23224
(804) 420-1300

Brown, Jr., Leon J., MD
Pro#: 46029
Leon J. Brown Jr., MD, PC
101 Cowardin Ave Ste 105
Richmond, VA 23224
(804) 232-7876

Campbell, James A., MD
Pro#: 44098
Drs. Campbell and Whitaker, Ltd.
1127 N 29th St
Richmond, VA 23223
(804) 648-6153

Campbell, Michael, MD
Pro#: 10125572
Family Physicians of Ridgefield
2200 Pump Road Suite 100
Richmond, VA 23233
(804) 741-7141

Cella, Caroline P., MD
Pro#: 64378
Primary Health Group - Johnston Willis
1471 Johnston Willis Drive
Richmond, VA 23235
(804) 320-1333

Chang, Inja, MD
Pro#: 46011
Charles City Medical Group
1606 Huff St
Richmond, VA 23224
(804) 732-0116

Chen Fernandez, Nelson J., MD
Pro#: 10204957
St. Joseph's Outreach Clinic
8000 Brook Road
Richmond, VA 23227
(804) 612-7065

Clevenger, Damian L., MD
Pro#: 74065
Dominion Medical Associates
1510 North 28th St Ste 300
Richmond, VA 23223
(804) 225-7177

Crosen, David, MD
Pro#: 45270
Crossen Family Practice
7603 Forest Avenue Ste 405
Richmond, VA 23220
(804) 282-2655

Dagiforme, James R., MD
Pro#: 65788
Family Physicians of Ridgefield
2200 Pump Road Suite 100
Richmond, VA 23233
(804) 741-7141

Dageforde, James R., MD
Pro#: 65788
Family Physicians of Ridgefield
2200 Pump Road Suite 100
Richmond, VA 23233
(804) 741-7141

Dahlfors, Samuel, MD
Pro#: 65788
Family Physicians of Ridgefield
2200 Pump Road Suite 100
Richmond, VA 23233
(804) 741-7141

David, Daniel W., MD
Pro#: 10002771
Richmond Primary Care
1800 Glenridge Drive Ste 101
Richmond, VA 23226
(804) 288-0057

Denisko, Natalia, MD
Pro#: 10155444
Primary Health Group - Chippenham Family Medicine
500 Hioaks Road Suite B
Richmond, VA 23225
(804) 560-0490

Digg, Arleeta M., MD
Pro#: 10071105
Arleeta M. Digg MD
304 E Belt Blvd
Richmond, VA 23219
(804) 795-7148

Di Pasquale-Seelig, Kathleen, MD
Pro#: 10155601
The Daily Planet Inc
180 E Belt Blvd
Richmond, VA 23224
(804) 292-3011

P300
St. Mary's Hospital
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Primary Care Physicians - Tier 1

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<td>804-741-7141</td>
<td>2200 Pump Road Suite 100, Richmond, VA 23223</td>
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<td>Gladfelter, Bambi, DO</td>
<td>804-420-1205</td>
<td>7001 Forest Avenue Suite 302, Richmond, VA 23230</td>
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<td>804-276-9309</td>
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<td>Huckabe-Race, Tracey, MD</td>
<td>804-270-2150</td>
<td>7605 Forest Ave Ste 100, Richmond, VA 23229</td>
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Optima Direct Network Providers January 2019

OptimaHealth
Primary Care Physicians - Tier 1

Lambert, Reed R., MD
Provs#: 10031266
Carilion Healthcare Corporation
2900 Lamb Circle Suite 201
Roanoke, VA 24073

Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Rappahannock General Hospital
Leong, Apollo V., MD
Provs#: 10148199
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 772-8950

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Liebrecht, Kristin Anne, MD
Provs#: 10170595
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Carilion Tazewell Community Hospital
VCU Community Memorial Hospital
Llavore, Jo-Anne A., MD
Provs#: 10061292
Carilion Healthcare Corporation
3369 Colonial Ave
Roanoke, VA 24018
(540) 772-0555
Provs#: 10197862

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Carilion Tazewell Community Hospital
Lowe, Brittany D., DO
Provs#: 10187557
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 24018
(540) 345-4946

Lucas, Robert S., MD
Provs#: 10028129
Boxley Hill Clinic, Inc.
5501 Williamson Rd
Roanoke, VA 24012
(540) 342-1616

Luckay, Kenneth R., DO
Provs#: 10011586
Lackey Doc PLLC
4515 Brambleton Ave SW Suite B
Roanoke, VA 24018
(540) 777-6807

Malinchak, Marie L., MD
Provs#: 10086199
Roanoke Partners In Health
3239 Electric Road Ste A
Roanoke, VA 24018
(540) 904-7912

Mataja, Kara L., DO
Provs#: 10102403
Roanoke Partners In Health
3239 Electric Road
Roanoke, VA 24018
(540) 904-7912

Merten, John R., MD
Provs#: 10031437
Carilion Family Medicine
3369 Colonial Avenue
Roanoke, VA 24018
(540) 772-0555
6415 Peters Creek Rd
Roanoke, VA 24019
(540) 265-5500
Provs#: 10031438
Carilion Family Medicine-Roanoke-Salem
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8465
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
Provs#: 10031438
Carilion Internal Medicine-Roanoke
615 McDowell Avenue
Roanoke, VA 24016
(540) 224-3870
Provs#: 10031437
Physicians Associates of Bedford
3369 Colonial Ave
Roanoke, VA 24018
(540) 772-0555
3707 Brambleton Avenue SW Ste 2
Roanoke, VA 24018
(540) 725-7800

Mischko, Nancy, MD
Provs#: 10031451
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-2327

Morgan, Stephen A., MD
Provs#: 10099714
Carilion Faculty Phys Specialist
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700

Osinome, Chidimma, MD
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Patterson, William Glenn, MD
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Pearlman, William Glenn, MD
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Perkins, Karen E., MD
Provs#: 10089062
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24018
(540) 562-5700
2145 N Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200
66 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Pile, Christopher W., MD
Provs#: 10143336
CARILION MEDICAL CENTER
1906 Belleview Ave
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Polverino, Edwin J., DO
Provs#: 10116230
CARILION MEDICAL CENTER
101 Elm Avenue
Roanoke, VA 24013
(540) 985-8521

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Purdy, Greg Leland, DO
Provs#: 10149884
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 985-8465

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Priddy, John W., MD
Provs#: 10122915
Carilion Emergency Physicians
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Rabun, Ellen I., MD
Provs#: 10041742
Carilion Emergency Physicians
1906 Belleview Avenue
Roanoke, VA 24014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Roth, Christopher W., MD
Provs#: 10031183
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Sadiq, Saima, MD
Provs#: 10122915
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24014
(540) 985-8465
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700

Hospital Affiliations:
Bedford Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Optima Direct Network Providers January 2019 74

OptimaHealth
Primary Care Physicians - Tier 1

Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Schmidt-Dalton, Tarin, MD
Pro #: 10031605
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Speaker, Marcus, MD
Pro #: 10003160
Carilion Healthcare Corporation
3707 Brambleton Ave SW Ste 2
Roanoke, VA 24018
(540) 725-7800

Schmidt-Dalton, Tarin, MD

Sweet, Mary, MD
Pro #: 10031630
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Thompson, James E., MD
Pro #: 10098007
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
1906 Belleview Ave
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Truxillo, Richard R., DO
Pro #: 10076560
Carilion Southeast Family Medicine
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt. Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Tu, Priscilla, DO
Pro #: 10133413
CARILION MEDICAL CENTER
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Stockburger, Robert W., MD
Pro #: 10161430
CARILION MEDICAL CENTER
101 Elm Ave
Roanoke, VA 24013
(540) 985-8465
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-9200

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Sweeney, Nina, MD
Pro #: 10086191
Roanoke Partners In Health
3239 Electric Road Ste A
Roanoke, VA 24018
(540) 904-7912

Sweet, Mary, MD
Pro #: 10031630
Carilion Family Medicine-Roanoke-Salem
1314 Peters Creek Road
Roanoke, VA 24017
(540) 562-5700
2145 Mt Pleasant Blvd
Roanoke, VA 24014
(540) 427-3237

Whiting, Jessica Renee, DO
Pro #: 10148243
Carilion Healthcare Corporation
1818 Electric Rd
Roanoke, VA 24018
(540) 591-9456

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Whitney, William, MD
Pro #: 10031666
Carilion Healthcare Corporation
3369 Colonial Ave
Roanoke, VA 24018
(540) 772-0555

Rocky Mount

Atienza, Verigel, MD
Pro #: 10000641
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Benko, Frances B., DO
Pro #: 10206115
Carilion Healthcare Corporation
790 Old Franklin Turnpike
Rocky Mount, VA 24151
(540) 484-5168

Bolon, Sonya, MD
Pro #: 95255
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Castro, Eduardo, DO
Pro #: 10133239
Cornerstone Complete Care, Inc.
45 Market Place Dr Ste 102
Rocky Mount, VA 24151
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Delenick, Peter J., MD
Pro #: 10147192
Cornerstone Complete Care, Inc.
45 Market Place Dr Ste 102
Rocky Mount, VA 24151
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Dulaney, Kimberly, MD
Pro #: 10030422
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390 South Main Street Suite 201
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Hayes, Brittany B., DO
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Maxey, James Allen, DO
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195 Maple Ave
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Merten, John R., MD
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(540) 484-4800

Pearlman, William Glenn, MD
Pro #: 10003770
Carilion Emergency Physicians
180 Floyd Avenue
Rocky Mount, VA 24151

Stubble, Sarah Longest, MD
Pro #: 10109797
Carilion Healthcare Corporation
180 Floyd Avenue
Rocky Mount, VA 24151
(540) 483-5277
195 Maple Avenue
Rocky Mount, VA 24151
(540) 483-5168

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Ruckersville

Bostic, Brooke A., MD
Pro #: 45283
Sentara Greene Family Medicine
140 Stoney Ridge Dr South Suite 100
Ruckersville, VA 22968
(434) 654-1850

Lafford, William T., MD
Pro #: 45801
Sentara Greene Family Medicine
140 Stoney Ridge Dr South Suite 100
Ruckersville, VA 22968
(434) 654-1850

Rice, Hannah R., MD
Pro #: 10166817
Sentara Greene Family Medicine
140 Stoney Ridge Dr South Suite 100
Ruckersville, VA 22968
(434) 654-1850

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Taylor, Marsha Lynn, MD
Pro #: 10040280
Sentara Greene Family Medicine
140 Stoney Ridge Drive South Suite 100
Ruckersville, VA 22968
(434) 654-1850

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Optima Direct Network Providers January 2019 75
Primary Care Physicians - Tier 1

319 Fifth Ave
Saltsville, VA 24370
(276) 496-4492

Somervell, Pamela M., MD
Provan#: 10180902
Southwest VA Community Health Systems Inc
308 West Main Street
Saltsville, VA 24370
(276) 496-4433

319 Fifth Ave
Saltsville, VA 24370
(276) 496-4402

Hospital Affiliations:
Wythe County Community Hospital

Joyce, Richard A., MD
Provan#: 40574
Scottsville Family Medicine
295 East Main Street
Scottsville, VA 24590
(434) 286-6434

Hospital Affiliations:
Carilion Giles Community Hospital

Stokes, Brenda L., DO
Provan#: 10013525
Acute Rehab Centerhealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 577-3097

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Shenandoah

Desrochers, Danielle, MD
Provan#: 10036301
Valley Health Page Memorial Hospital Family and Internal Medicine
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
Page Memorial Hospital Inc

Fajardo, Arthur B., MD
Provan#: 10021314
Valley Health Page Memorial Hospital Family and Internal Medicine
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-1207

Hospital Affiliations:
Halifax Regional Hospital

Goodnight, Robert H., MD
Provan#: 10009896
Valley Health Page Memorial Hospital Family and Internal Medicine
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
Halifax Regional Hospital

South Boston

Aponte, Juan P., MD
Provan#: 10009888
Halifax Medical, PLC
1627 Seymour Drive
South Boston, VA 24592
(434) 577-9355

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Bendall Jr, Richard A., MD
Provan#: 10164490
Acute Rehab Centerhealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 575-1103

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Southside Community Hospital
Centra Virginia Baptist Hospital

Bruno, Dante, MD
Provan#: 41269
Emergicare of South Boston
1020 Bill Tuck Hwy Ste 900
South Boston, VA 24592
(434) 575-7555

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

South Chesterfield

Ingler, Kimberley, MD
Provan#: 10174386
Southside Primary Care
20901 Chesterfield Ave
South Chesterfield, VA 23803
(804) 526-3500

Hospital Affiliations:
Southside Regional Medical Center

South Hill

Alexander, Christopher, DO
Provan#: 10158547
CMH Physician Services, LLC
1755 North Mecklenburg Avenue
South Hill, VA 23970
(434) 584-5027

Hospital Affiliations:
VCU Community Memorial Hospital

Shawsville

Dumas, Robert M., MD
Provan#: 29770
Carilion Healthcare Corporation
6920 Roanoke Rd
Shawsville, VA 24162
(540) 652-7800

Hospital Affiliations:
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital

Timmers, John W., MD
Provan#: 10055788
Page Shanandoah Health Center
505 Williams Avenue
Shenandoah, VA 22849
(540) 652-9100

Hospital Affiliations:
Page Memorial Hospital Inc

Smithfield

Soles, Donald E., MD
Provan#: 24513
Nansemond Family Practice
(RMCC)
206 Gunwood Dr Ste A
Smithfield, VA 23430
(757) 365-9090

South Riding

Biragoni, Soujanya, MD
Provan#: 10134593
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Stokes, Brenda L., MD
Provan#: 10052498
Acute Rehab Centerhealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 577-3097

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Weidman, Paul D, MD
Provan#: 10013525
Acute Rehab Centerhealth
3401 Old Halifax Rd Suite E
South Boston, VA 24592
(434) 577-3097

Hospital Affiliations:
Centra Lynchburg General Hospital

Powers, David C., MD
Provan#: 43354
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Hospital Affiliations:
VCU Community Memorial Hospital

Powers, III, Graham H., MD
Provan#: 67072
Southside Medical Management Inc
514 W Atlantic Street
South Hill, VA 23970
(434) 584-2000

Novant Health UVA Health System

Mary Washington Hospital (MWH)
Primary Care Physicians - Tier 1

Villarreal, Yvonne, MD
Pro#: 40275
Embracing Health Inc
385 Garrisonville Road Suite 121
Stafford, VA 22554
(540) 657-1223

Lee, R. David, MD
Pro#: 52553
Valley Health Page Memorial Hospital Family and Internal Medicine
235 Medical Drive
Stanley, VA 22851
(540) 778-4259

Siman, Margaret C., MD
Johnson, Frank J, MD
Pro#: 10110645
 Stephens City Family Medicine
160 Warrior Drive
 Stephens City, VA 22655
(540) 868-4100

Hospital Affiliations:
Winchester Medical Center

Craig, Christopher J., DO
Pro#: 10179342
SCFM Convenience Clinic PLLC
160 Warrior Drive
 Stephens City, VA 22655
(540) 508-4539
Pro#: 10018478

Hospital Affiliations:
Winchester Medical Center

Chernoff, David B., MD
Pro#: 42554
Carilion Healthcare Corporation
40 Lambert St Suite 522
Staunton, VA 24401
(540) 885-3525

Hospital Affiliations:
Augusta Medical Center

Grant, Joel T., MD
Pro#: 10179321
SCFM Convenience Clinic PLLC
160 Warrior Drive
 Stephens City, VA 22655
(540) 508-4539
Pro#: 75787

Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Siman, Margaret C., MD
Pro#: 23858
Margaret C. Siman, MD
42 Lambert St Suite 422
Staunton, VA 24401
(540) 213-0311

Hospital Affiliations:
Augusta Medical Center

Wortley, George C., MD
Pro#: 10194545
Carilion Healthcare Corporation
40 Lambert St Suite 522
Staunton, VA 24401
(540) 885-3525

Hospital Affiliations:
Augusta Medical Center

Centra Lynchburg General Hospital

Carter, Jennifer Renee, MD
Pro#: 10179324
SCFM Convenience Clinic PLLC
160 Warrior Drive
 Stephens City, VA 22655
(540) 508-4539

Martin, Rhonda M., MD
Pro#: 10196839
Loudoun Medical Group Primary Care
46440 Benedict Dr Ste 107
Sterling, VA 20164
(703) 450-1125

Regan, Sarah, MD
Pro#: 10124682
Leesburg/Sterling Family Practice
46440 Benedict Drive Suite 107
Sterling, VA 20164
(703) 450-1125

Tolentin, Martin Franco, MD
Pro#: 10177628
Patient First - Sterling
47100 Community Plaza
Sterling, VA 20164
(703) 880-1403

Woo, Chung Y, MD
Pro#: 10006924
Vein Clinics of America
14 Pidgeon Hill Dr Ste 260
Sterling, VA 20165
(571) 313-3771

Yalamanchili, Haritha, MD
Pro#: 10074966
Linda Coleman MD
2 Pidgeon Hill Drive Suite 400
Sterling, VA 20165
(703) 430-7090

Hospital Affiliations:
Inova Fair Oaks Hospital

Zapp, Elizabeth, MD
Pro#: 10044134
Sterling Family Practice
21135 Whitfield Place Suite 107
Sterling, VA 20164
(703) 421-7000

Stony Creek

Azmi, Malalai, MD
Pro#: 10011374
Shenandoah Community Health Center (CCNV)
12454 Hartley St
Sterling, VA 23882
(434) 246-6100

Matherlee, Michael D, MD
Pro#: 60497
Sterry Creek Community Health Center (CCNV)
12454 Hartley St
Sterling, VA 23882
(434) 246-6100

Strasburg

Holthus, Thomas E., DO
Pro#: 52379
Valley Health Shenandoah Memorial Hosp Shen Valley Fam Med
116 Founders Way STE 2
Strasburg, VA 22657
(540) 465-3235
33674 Old Valley Pike
Strasburg, VA 22657
(540) 465-3751

Kramer, Ralph, MD
Pro#: 10083858
Patrick County Family Practice,PC
18877 Jeb Stuart Highway
Staunton, VA 24401
(276) 694-4466

Kwiatkowski, Timothy, MD
Pro#: 10193057
Patrick County Family Practice,PC
18877 Jeb Stuart Highway
Staunton, VA 24401
(276) 694-4466

Stephens City

Carter, Jennifer Renee, MD
Pro#: 10179324
SCFM Convenience Clinic PLLC
160 Warrior Drive
 Stephens City, VA 22655
(540) 508-4539

Martin, Jeffrey M., MD
Pro#: 10040104
Loudoun Medical Group Primary Care
46440 Benedict Drive Suite 107
Sterling, VA 20164
(703) 450-1124

Rosenfeld, Shyama, MD
Pro#: 10203023
Valley Health Shenandoah Memorial Hosp Shen Valley Fam Med
116 Founders Way STE 2
Strasburg, VA 22657
(540) 465-3235

Hospital Affiliations:
Shenandoah Memorial Hospital
In
Winchester Medical Center

Stuart

Asmanas, Militza, MD
Pro#: 10083648
Pioneer Family Medical of Patrick County
853 Woodland Dr
Staunton, VA 24401
(276) 694-6677

Cole, Martha W., DO
Pro#: 10188059
Patrick County Family Practice,PC
18877 Jeb Stuart Highway
Staunton, VA 24401
(276) 694-4466

Hospital Affiliations:
Pioneer Community Hospital of Patrick County

Cole, Richard C., MD
Pro#: 94005
Pioneer Family Medical of Patrick County
18688 Jeb Stuart Hwy
Staunton, VA 24401
(276) 694-8600

Hospital Affiliations:
Pioneer Community Hospital of Patrick County

Danner, James, DO
Pro#: 10088410
Pioneer Family Medical of Patrick County
835 Woodland Dr
Staunton, VA 24401
(276) 694-6677

Hospital Affiliations:
Centra Lynchburg General Hospital

Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Stuarts Draft

Bester, Luciana D., MD
Prov#: 1012043
University of Virginia Physicians Group
24 Gloucester Road
Stuarts Draft, VA 24477
(540) 337-3710

Hospital Affiliations:
University of Virginia Medical Center

Forbes, III, John, MD
Prov#: 45818
UVA Stuarts Draft Family Practice
24 Gloucester Place
Stuarts Draft, VA 24477
(540) 337-3710

Hospital Affiliations:
Augusta Medical Center

Hatter, Dennis L., MD
Prov#: 41789
UVA Stuarts Draft Family Practice
24 Gloucester Place
Stuarts Draft, VA 24477
(540) 337-3710

Hospital Affiliations:
Augusta Medical Center

Morey, Ann M, MD
Prov#: 10197632
University of Virginia Physicians Group
24 Gloucester Road
Stuarts Draft, VA 24477
(540) 337-3710

Hospital Affiliations:
Augusta Medical Center

Suffolk

Barakat, Serena, MD
Prov#: 31923
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

Berhane, Menna, MD
Prov#: 10205458
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Rd Ste 207
Suffolk, VA 23435
(757) 935-3510

Hospital Affiliations:
Sentara Obici Hospital

Bester, Luciana D., MD
Prov#: 10167410
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-3510

Hospital Affiliations:
Sentara Obici Hospital

Carter, Eboni, MD
Prov#: 78082
Bayview Physician Services, PC
5622 Bennetts Pasture Rd
Suffolk, VA 23435
(757) 484-3472

Hospital Affiliations:
Chesapeake Regional Medical Center

Crawford-Harris, Paula M, MD
Prov#: 10202368
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Crisostomo, Christen, MD
Prov#: 10025289
Bayview Physician Services, PC
2401 Godwin Blvd Ste 3
Suffolk, VA 23434
(757) 923-9660

Hospital Affiliations:
Sentara Obici Hospital

Dowd, Christopher, DO
Prov#: 10162210
Christopher Dowd DO PC
5849 Harbour View Blvd Suite 250
Suffolk, VA 23435
(757) 514-3007

Hospital Affiliations:
Sentara Obici Hospital

Formato, Erica L., MD
Prov#: 10208648
Sentara Family Medicine Physicians
2760 Godwin Blvd, Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Germacheid, Megan, DO
Prov#: 10152480
Bayview Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Goins, Benjamin M., MD
Prov#: 10099547
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

Graves, Nikki, MD
Prov#: 10025769
Nansemond Suffolk Family Practice
2897 Bridge Rd Ste D
Suffolk, VA 23435
(757) 484-7248

Hospital Affiliations:
BannourCare Medical Centers

Haleem, Asima, MD
Prov#: 10169534
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Rd Ste 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Hall, Dena R., MD
Prov#: 55468
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Jackson, William G., MD
Prov#: 41025
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Kapur, Anand, MD
Prov#: 10052404
Harbour View Family Practice
(Maryview Hospital Inc)
5818 Harbour View Blvd Ste 250
Suffolk, VA 23435
(757) 673-5890

Hospital Affiliations:
BannourCare Medical Centers

Kazemi, Siham, MD
Prov#: 10032513
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Koduri, Prashanthi B., MD
Prov#: 10010112
Sentara Family Medicine Physicians (SMG)
3920 A Bridge Road Suite 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
BannourCare Medical Centers

Leadbeater, Jeannine, MD
Prov#: 41143
Bayview Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Hospital Affiliations:
BannourCare Medical Centers

Madison, Asena L., MD
Prov#: 10128309
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-5360

Hospital Affiliations:
BannourCare Medical Centers

Mansfield, Erika L., MD
Prov#: 10197632
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Hospital Affiliations:
Southampton Memorial Hospital

Mapanoa, Vivian, MD
Prov#: 10036330
Bennetts Creek Family Medicine
(Bayview Physician Services PC)
5622 Bennetts Pasture Rd
Suffolk, VA 23435
(757) 484-3472

Morgan, Mohit, MD
Prov#: 70029
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Mugaisi, Hesed N, MD
Prov#: 10143313
Bon Secours Suffolk Primary Care
148 Burnetts Way Ste 107
Suffolk, VA 23435
(757) 738-1375

Hospital Affiliations:
Bon Secours Maryview Medical Center

O’Rourke, Emily, MD
Prov#: 10099550
Bayview Physician Services, PC
2401 Godwin Blvd Ste 3
Suffolk, VA 23434
(757) 923-9660

Pascual, Margie P., MD
Prov#: 10052404
Bayview Physician Services, PC
2401 Godwin Blvd Ste 3
Suffolk, VA 23434
(757) 923-9660

Hospital Affiliations:
BannourCare Medical Centers

Rush, Karen D., MD
Prov#: 42435
Nansemond Suffolk Family Practice
2897 Bridge Rd Ste D
Suffolk, VA 23435
(757) 484-7248

Hospital Affiliations:
BannourCare Medical Centers

Shah, Meghana R., MD
Prov#: 10120374
Harbour View Family Practice
(Maryview Hospital Inc)
5818 Harbour View Blvd Ste 250
Suffolk, VA 23435
(757) 673-5890

Hospital Affiliations:
BannourCare Medical Centers

Sindhu, Rahul, MD
Prov#: 10195382
NowCare Medical Associates
(Bayview Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Hospital Affiliations:
Southampton Memorial Hospital

Optima Direct Network Providers January 2019 80
Primary Care Physicians - Tier 1

Smith, Eddie L., MD
Prov#: 10116900
Eagle Harbor Medical Associates
(Loehmann Hospital)
648 Burgerts Way Suite 107
Suffolk, VA 23435
(757) 738-1375

Stockman, Lynne W., DO
Prov#: 10010120
Bayside Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Hospital Affiliations:
Sentara Obici Hospital
Tazewell

Waddy, James R., MD
Prov#: 10017463
Bayside Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 637-5890

Hospital Affiliations:
Sentara Obici Hospital

VanHorn, Marilyn, MD
Prov#: 100049267
Bayside Physician Services, PC
3235 Bridge Rd Ste 15
Suffolk, VA 23435
(757) 606-1656

Vaughn, Lindsey, MD
Prov#: 100049267
Sentara Family Medicine Physicians (SMG)
2760 Godwin Blvd Ste 100
Suffolk, VA 23434
(757) 983-8650

Hospital Affiliations:
Sentara Obici Hospital

Waddy, James M., MD
Prov#: 10010116
Sentara Family Medicine Physicians - SMG
3920 Bridge Rd Bldg A Ste 207
Suffolk, VA 23435
(757) 983-2200

Hospital Affiliations:
Sentara Obici Hospital

Waller, David, MD
Prov#: 100095195
Bayside Physician Services, PC
3060 Godwin Blvd
Suffolk, VA 23434
(757) 923-9660

4868 Bridge Road
Suffolk, VA 23435
(757) 483-7100

Hospital Affiliations:
Sentara Obici Hospital

Warnier, Terri E., MD
Prov#: 10183648
NewCare Medical Associates
(Bayside Physician Services PC)
3060 Godwin Blvd
Suffolk, VA 23434
(757) 935-5310

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Washington, Karen J., MD
Prov#: 10013652
Bayside Physician Services, PC
2401 Godwin Blvd Ste 2
Suffolk, VA 23434
(757) 923-9660

Hospital Affiliations:
Sentara Obici Hospital

Phipps, Jr., William J., MD
Prov#: 45881
Sutherland Family Practice Center
5609 Claraore Rd
Sutherland, VA 23885
(804) 265-5211

Hospital Affiliations:
John Randolph Medical Center

Southall, Kirby D., MD
Prov#: 45882
Sutherland Family Practice Center
5609 Claraore Rd
Sutherland, VA 23885
(804) 265-5211

Hospital Affiliations:
Sentara Obici Hospital

Sutherland

Cook, Patricia, MD
Prov#: 10204176
Tappanhawk Primary Care
1362 Tappanhawk Blvd
Tappanhawk, VA 22560
(804) 443-5378

Hospital Affiliations:
Sentara Obici Hospital

Rose, Robert, MD
Prov#: 10199727
Tappanhawk Primary Care
1362 Tappanhawk Blvd
Tappanhawk, VA 22560
(804) 443-5378

Hospital Affiliations:
Sentara Obici Hospital

Tsui, Allen, MD
Prov#: 10109040
Tappanhawk Primary Care
1362 Tappanhawk Blvd
Tappanhawk, VA 22560
(804) 443-5378

Hospital Affiliations:
Sentara Obici Hospital

Tazewell

Amick, Robert L., MD
Prov#: 10104816
CARLILON MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

Fonseca, Olimpo Fernando, MD
Prov#: 10136680
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
141 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8700

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

Goss, Denny R., MD
Prov#: 101162740
CARLILON MEDICAL CENTER
141 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

Horney, Wayne D., MD
Prov#: 10178199
CARLILON MEDICAL CENTER
141 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8850

Hospital Affiliations:
Carilion Giles Community Hospital
Carolion Stonewall Jackson Hospital

Liebrecht, Kristin Anne, MD
Prov#: 10170514
CARLILON MEDICAL CENTER
141 Ben Bolt Ave
Tazewell, VA 24651
(276) 988-8700

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)

Shrader, William Eric, MD
Prov#: 10087451
Eagle Harbor Medical Associates
(Loehmann Hospital)
648 Burgerts Way Suite 107
Suffolk, VA 23435
(757) 738-1375

Hospital Affiliations:
Sentara Obici Hospital

Smyth County Community Hospital

Troutdale

Parker, David G., DO
Prov#: 10174688
Grayson Highlands Clinic Corp
6436 Troutdale Highway
Troutdale, VA 24378
(276) 579-2322

Hospital Affiliations:
Smyth County Community Hospital
Primary Care Physicians - Tier 1

**Troutville**

- **Burri, Sarat C., MD**
  Prov#: 10048383
  Carilion Healthcare Corporation
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
- **Cierzasynski, Laura Byrne, DO**
  Prov#: 10097599
  Carilion Healthcare Corporation
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
- **Merten, John R., MD**
  Prov#: 1001437
  Carilion Parkway Physician
  37 Laymantown Rd
  Troutville, VA 24175
- **Rea, Catherine G., MD**
  Prov#: 10031472
  Carilion Healthcare Corporation
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
  Hospital Affiliations:
  - Bedford Memorial Hospital
  - Carilion Roanoke Memorial Hospital

**Urbanna**

- **Robusto, James R., MD**
  Prov#: 10230
  TPMG-Urbanna Family Practice
  5390 Old Virginia Street
  Urbanna, VA 23175
  (804) 758-2110

**Vansant**

- **Owens, Dia P., MD**
  Prov#: 10001754
  Stone Mountain Health Services
  Davenport Clinic
  1721 Lovers Gap Road
  Vansant, VA 24656
  (276) 597-7081
- **Smith, James Robert, MD**
  Prov#: 10162613
  Appalachian Family Care, LLC
  18765 Riverside Dr
  Vansant, VA 24656
  (276) 935-2880
  Hospital Affiliations:
  - Carilion Giles Community Hospital

**Verona**

- **Alleyne, Lisa Anthony, MD**
  Prov#: 10090784
  Carilion Healthcare Corporation
  1371 Lee Highway
  Verona, VA 24482
  (540) 248-3413
- **Kennedy, Robert G., MD**
  Prov#: 10124663
  American Health and Wellness Institute
  25 Professional Way Suite 101
  Verona, VA 24482
  (540) 248-1006
  Hospital Affiliations:
  - Augusta Medical Center

**Virginia**

- **Cabrera, Mary, MD**
  Prov#: 10041214
  Central Medical Group (Centra Health, Inc.)
  1418 Sixth Street
  Virginia, VA 23974
  (434) 656-5555
  Hospital Affiliations:
  - Centra Southside Community Hospital
- **Holland Jr, John A., MD**
  Prov#: 10001720
  Southern Dominion Health Systems Inc
  1508 K-V Road
  Virginia, VA 23974
  (434) 656-2165
  Park, Hyo K, DO
  Prov#: 10064497
  Dinwiddie Medical Center and Counseling Center
  1508 K-V Road
  Virginia, VA 23974
  (434) 656-2165
  Hospital Affiliations:
  - Centra Southside Community Hospital
- **Prutt, David E., MD**
  Prov#: 10116123
  Central Medical Group, LLC
  1418 6th Street
  Virginia, VA 23974
  (434) 656-5555
- **York, Lisa M., MD**
  Prov#: 10187297
  Lunenburg Medical Center (CCNV)
  1508 K-V Road
  Virginia, VA 23974
  (434) 656-2165
  Hospital Affiliations:
  - Carilion Giles Community Hospital

**Vienna**

- **Bradley, Joan D., MD**
  Prov#: 10036363
  Vienna Family Medicine
  115 Park Street SE Ste 300
  Vienna, VA 22180
  (703) 255-9100
  Hospital Affiliations:
  - Inova Fairfax Hospital
  - Inova Fair Oaks Hospital

**Vinton**

- **Beirne, Timothy M., MD**
  Prov#: 10018885
  Carilion Healthcare Corporation
  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
- **Cierzasynski, Laura Byrne, DO**
  Prov#: 10097599
  Carilion Healthcare Corporation
  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
- **Ivey, Henry, MD**
  Prov#: 10015321
  Carilion Healthcare Corporation
  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
  Hospital Affiliations:
  - Carilion Roanoke Memorial Hospital
- **Merten, John R., MD**
  Prov#: 1001437
  Carilion Parkway Physician
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
  Hospital Affiliations:
  - Bedford Memorial Hospital
  - Carilion Roanoke Memorial Hospital
- **James, Colleen Erin, DO**
  Prov#: 10031479
  Carilion Healthcare Corporation
  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
- **Rea, Catherine G., MD**
  Prov#: 10031472
  Carilion Healthcare Corporation
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
  Hospital Affiliations:
  - Bedford Memorial Hospital
  - Carilion Roanoke Memorial Hospital

**Vinton**

- **Beirne, Timothy M., MD**
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  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
- **Cierzasynski, Laura Byrne, DO**
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- **Ivey, Henry, MD**
  Prov#: 10015321
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  415 S Pollard Street
  Vinton, VA 24179
  (540) 983-6700
  Hospital Affiliations:
  - Carilion Roanoke Memorial Hospital
- **Merten, John R., MD**
  Prov#: 1001437
  Carilion Parkway Physician
  37 Laymantown Rd
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  (540) 977-1436
  Hospital Affiliations:
  - Bedford Memorial Hospital
  - Carilion Roanoke Memorial Hospital
- **James, Colleen Erin, DO**
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- **Rea, Catherine G., MD**
  Prov#: 10031472
  Carilion Healthcare Corporation
  37 Laymantown Rd
  Troutville, VA 24175
  (540) 977-1436
  Hospital Affiliations:
  - Bedford Memorial Hospital
  - Carilion Roanoke Memorial Hospital
Primary Care Physicians - Tier 1

Bakhshi, Elizabeth, MD
Prov#: 10001281
Lifeway Family Physicians, PC
1821 Old Donation Pkwy Ste 4
Virginia Beach, VA 23454
(757) 481-3770

Bakhshi, Raja M., MD
Prov#: 76800
Sentara Family Medicine Physicians (SMG)
303 35th St Suite 102
Virginia Beach, VA 23451
(757) 395-6900

Belardo, Betsyhia J., MD
Prov#: 10116269
Sentara Family Medicine Physicians (SMG)
3520 Providence Rd Ste 301
Virginia Beach, VA 23464
(757) 413-7600

Bester, Luciana D., MD
Prov#: 10187186
Holland Road Family Practice (TPMG)
351 Edwin Drive Suite 102
Virginia Beach, VA 23462
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Black, Paul, MD
Prov#: 10207692
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Blackwood, Robert, MD
Prov#: 56071
Family Medicine Center
1201 Lake James Dr Ste 200
Virginia Beach, VA 23454
(757) 523-0022

Blair, Mary M., MD
Prov#: 10134619
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 352-2020

Britt, Charlene M., MD
Prov#: 12606
Sentara Family Medicine Physicians/Primary Care Walk-In (SMG)
816 Independence Blvd Ste 100
Virginia Beach, VA 23455
(757) 363-6800

Burkholder, Ashley A., DO
Prov#: 10208657
Sentara Family Medicine Physicians (SMG)
1024 First Colonial Rd Ste 104
Virginia Beach, VA 23454
(757) 395-2500

Byman, Eric, MD
Prov#: 10001560
Holland Road Family Practice (TPMG)
4501 N Witchduck Road B
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Bhattacharyya, Biswa R., MD
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1950 Glenn Mitchell Dr Ste 300
Virginia Beach, VA 23456
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Bhattacharyya, Biswa R., MD
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Sentara Family Medicine Physicians/Primary Care Walk-In (SMG)
816 Independence Blvd Ste 100
Virginia Beach, VA 23455
(757) 363-6800
Primary Care Physicians - Tier 1

Desai, Gautam, MD
Prov#: 35059
Board Certified Family Practice, Inc.
2020 S Independence Blvd Ste 3
Virginia Beach, VA 23452
(757) 471-6977

Hospital Affiliations:
Sentara Bayside Hospital

Desai, Maulin, MD
Prov#: 93498
Patient First
1605 General Booth Blvd
Virginia Beach, VA 23454
(757) 721-0512
3432 Holland Rd
Virginia Beach, VA 23452
(757) 468-1855

Diggs, Arleeta M., MD
Prov#: 10180460
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Sentara Norfolk General Hospital

Dopp, Frank, MD
Prov#: 10135887
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-1113

Dowdy, Robert L., MD
Prov#: 40545
Sentara Family Medicine Physicians (SMG)
1024 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-2500

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Elbassan, Amira, MD
Prov#: 10190644
Towne Center Medical Associates
(Bon Secours DePaul Med Ctr)
4421 Virginia Beach Blvd Ste 114
Virginia Beach, VA 23452
(757) 738-1300

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Elliott, Olga, MD
Prov#: 10119195
Patient First - Newtown Rd
334 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8400

Farland, Jr, Melvin, MD
Prov#: 10208441
Patient First - Indian River
5486 Indian River Road
Virginia Beach, VA 23464
(757) 424-2490

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Feldman, Howard R., MD
Prov#: 15788
Howard R. Feldman
1212 Lake James Dr Ste F
Virginia Beach, VA 23464
(757) 424-6200

Felty, Danny, MD
Prov#: 10169698
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Fenderson, Allen R., MD
Prov#: 31055
Holland Road Family Practice (TPMG)
351 Edwin Drive Suite 102
Virginia Beach, VA 23462
(757) 499-5550

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

George, Linda J., MD
Prov#: 22930
Trinity Medical Care, PC
1856-A Colonial Medical Ct
Virginia Beach, VA 23454
(757) 962-6262

Gonzales, Norman M., MD
Prov#: 99633
Sentara Family Medicine Physicians
5320 Providence Rd Ste 301
Virginia Beach, VA 23464
(757) 413-7600

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Hastings III, Donald M, MD
Prov#: 10197477
Patient Choice Occo
1253 Nimmo Pkwy Suite 110
Virginia Beach, VA 23454
(757) 425-8590
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23462
(757) 738-1300

Hospital Affiliations:
Sentara Norfolk General Hospital

Hart, Karen M., MD
Prov#: 10011
Tidewater Physicians Multispecialty Group, PC (TPMG)
1020 Independence Blvd Ste 111
Virginia Beach, VA 23455
(757) 301-7729

Hospital Affiliations:
Sentara Bayside Hospital

Hippensiel, Mark J., MD
Prov#: 10188686
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Hobay, Laura, MD
Prov#: 40546
Lifeway Family Physicians, PC
1748 Sir William Osler Drive
Virginia Beach, VA 23454
(757) 309-4081

Hospital Affiliations:
Sentara Norfolk General Hospital

Hoffman, Kathleen M., MD
Prov#: 99633
Bayview Physician Services, PC
4445 Corporation Lane Suite 120
Virginia Beach, VA 23462
(757) 464-6944

Hospital Affiliations:
Sentara Norfolk General Hospital

Hoggart, Mark, DO
Prov#: 10184929
Sentara Family Medicine Physicians
- SMG
2859 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 395-1300

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Han, Caroline, MD
Prov#: 10019027
Bayview Physician Services, PC
1860 Colonial Medical Ct
Virginia Beach, VA 23454
(757) 481-1113

Hardt, Anthony B., MD
Prov#: 40543
Sentara Family Medicine Physicians (SMG)
1024 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-2500

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Javie, Vincent V., MD
Prov#: 10010487
Sentara Family Medicine Physicians
3220 Providence Rd Ste 301 & 101
Virginia Beach, VA 23464
(757) 413-7600

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Javier, Rosa M, MD
Prov#: 10163604
Sentara Family Medicine Physicians
5460 Wesleyan Dr
Virginia Beach, VA 23455
(757) 395-1900

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Jitaru, Amaris I., MD
Prov#: 10204927
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Augusta Medical Center

Johnson, Jason R., MD
Prov#: 10149120
Atlantic Family Medicine PC
837 First Colonial Road Suite B
Virginia Beach, VA 23451
(757) 493-1965

Johnstone, Paul, DO
Prov#: 10177065
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Jones, Thomas M., MD
Prov#: 31154
First Colonial Family Practice and Urgent Care Center
1120 First Colonial Rd Ste 100
Virginia Beach, VA 23454
(757) 481-2333

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Juar, Robert C., MD
Prov#: 10147499
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23452
(757) 905-1797

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Johnson, Jason R., MD
Prov#: 10149120
Atlantic Family Medicine PC
837 First Colonial Road Suite B
Virginia Beach, VA 23451
(757) 493-1965

Johnstone, Paul, DO
Prov#: 10177065
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Jones, Thomas M., MD
Prov#: 31154
First Colonial Family Practice and Urgent Care Center
1120 First Colonial Rd Ste 100
Virginia Beach, VA 23454
(757) 481-2333

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Juar, Robert C., MD
Prov#: 10147499
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23452
(757) 905-1797

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Khan, Abdur R., MD
Prov#: 31006
Pleasant Valley Medical Center
4221 Pleasant Valley Rd Ste 114
Virginia Beach, VA 23452
(757) 495-7420

Hospital Affiliations:
Bon Secours St. Marys Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Khan, Abdur R., MD
Prov#: 31006
Pleasant Valley Medical Center
4221 Pleasant Valley Rd Ste 114
Virginia Beach, VA 23452
(757) 495-7420

Hospital Affiliations:
Bon Secours St. Marys Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Primary Care Physicians - Tier 1

Riles, Jr., Nathan L., MD
Prov#: 11012
NowCare Medical Associates
(Bayview Physician Services PC)
6632 Indian River Rd Ste 104
Virginia Beach, VA 23464
(757) 424-4442

Hospital Affiliations:
Chesapeake Regional Medical Center

Roenker, Meagan M., MD
Prov#: 1013672
Sentara Family Medicine Physicians
3745 Holland Rd
Virginia Beach, VA 23452
(757) 395-1700

Hospital Affiliations:
Sentara Princess Anne Hospital

Robledo, Elizabeth, MD
Prov#: 1013068
Holland Road Family Practice
(TPMG)
351 Edwin Drive Suite 102
Virginia Beach, VA 23462
(757) 499-5550

Hospital Affiliations:
Sentara Norfolk General Hospital

Roenker, Meagan M., MD
Prov#: 1013672
Sentara Family Medicine Physicians
3745 Holland Rd
Virginia Beach, VA 23452
(757) 395-1700

Hospital Affiliations:
Sentara Princess Anne Hospital

Sendow, Randy, MD
Prov#: 10117671
Patient First - Newtown Rd
334 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8400

Hospital Affiliations:
Sentara Princess Anne Hospital

Singson, Florisa S., MD
Prov#: 14424
Parkway Family Practice
4501 N Witchduck Rd Ste B
Virginia Beach, VA 23455
(757) 518-8810

Hospital Affiliations:
Sentara Princess Anne Hospital

Smith, Jeffrey P., MD
Prov#: 10145475
Patient First - Holland Rd
3432 Holland Road
Virginia Beach, VA 23452
(757) 468-1855

Hospital Affiliations:
Sentara Norfolk General Hospital

Stern, Kelly L., MD
Prov#: 69574
Patient First
3432 Holland Rd
Virginia Beach, VA 23452
(757) 468-1855

Hospital Affiliations:
Sentara Norfolk General Hospital

Samaras, Thomas A., MD
Prov#: 17854
First Colonial Family Practice and Urgent Care Center
1120 First Colonial Rd Ste 100
Virginia Beach, VA 23454
(757) 481-2333

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Sample, Laura T., MD
Prov#: 10102036
Sentara Family Medicine Physicians (SMG)
1080 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 395-8391

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Sarino, Nelson C., MD
Prov#: 10131009
Bon Secours Town Center Medical Associates
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23462
(757) 738-1300

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Schueler, Werner K., MD
Prov#: 73556
Patient First
5486 Indian River Rd
Virginia Beach, VA 23464
(757) 424-2490

Seadow, Randy, MD
Prov#: 10117671
Patient First - Newtown Rd
334 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8400

Hospital Affiliations:
Sentara Princess Anne Hospital

Thomas, Brant W., MD
Prov#: 40586
Lifeway Family Physicians, PC
1821 Old Donation Pkwy Ste 4
Virginia Beach, VA 23454
(757) 481-3770

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Von Elten, Christopher, MD
Prov#: 10195065
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Waddell, David T., MD
Prov#: 31063
Waddell Family Medicine, PC
1856 Colonial Medical Ct Ste A
Virginia Beach, VA 23454
(757) 962-6262

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Waller, David, MD
Prov#: 10095539
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 352-2020

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Washington, Karen J., MD
Prov#: 79037
NowCare Medical Associates
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6632 Indian River Rd Ste 104
Virginia Beach, VA 23454
(757) 424-4300

Wenzel, Paul D., MD
Prov#: 42108
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Virginia Beach, VA 23455
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Wright, James Lee, MD
Prov#: 10174244
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2900 Sabre Street Suite 300
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Hospital Affiliations:
VCU Health System/MCV

Zuniga, Dorcas A., MD
Prov#: 11062
Tidewater Physicians Multispecialty Group, PC (TPMG)
1020 Independence Blvd Ste 111
Virginia Beach, VA 23455
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Warrenton

Arstine, Kimberly S., MD
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Piedmont Family Practice, PLC
403 Blackwell Rd Ste 202
Warrenton, VA 20186
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Hospital Affiliations:
Fauquier Hospital

Brame, Belinda B, MD
Prov#: 10176283
NMG Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Primary Care Physicians - Tier 1

Diwan, Ashutosh B., MD
Provs: 10064097
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
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Hospital Affiliations:
Fauquier Hospital

Evans, David C., MD
Provs: 43337
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
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Hospital Affiliations:
Fauquier Hospital

Golub, Gregory, MD
Provs: 56273
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Hammonds, Victoria C, MD
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NGM Affiliate Practice I, LLC
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Javaid, Zeeshan, MD
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Warrenton, VA 20186
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Lawson, Laura, DO
Provs: 10176433
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Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Lin, Michael T., MD
Provs: 40053
Fauquier Family Practice, PLC
400A Hospital Drive
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(540) 341-4850

Hospital Affiliations:
Fauquier Hospital

Minera, Jorge R., MD
Provs: 10035109
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Rehmann, Rebecca A., DO
Provs: 10176452
NGM Affiliate Practice I, LLC
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(571) 284-1220

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Von Elten, Steven W., MD
Provs: 43339
Piedmont Family Practice, PLC
493 Blackwell Rd Ste 202
Warrenton, VA 20186
(540) 347-4400

Hospital Affiliations:
Fauquier Hospital

Washington

Muller, D. Brooke, MD
Provs: 43572
Valley Health Page Memorial Hospital Family and Internal Medicine
12099 Lee Highway
Washington, VA 22747
(540) 987-5068

Hospital Affiliations:
Fauquier Hospital

Waynesboro

Engel, Gina D, MD
Provs: 10007479
UVA Waynesboro Primary Care
15 Pratts Run Suite A01
Waynesboro, VA 22980
(540) 942-1200

Heck, Christopher C., MD
Provs: 42548
Carilion Healthcare Corporation
428 Magnolia Ave
Waynesboro, VA 22980
(540) 949-8241

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Young, Scott F., MD
Provs: 56513
Carilion Healthcare Corporation
428 Magnolia Ave
Waynesboro, VA 22980
(540) 949-8241

Hospital Affiliations:
Carilion Stonewall Jackson Hospital

West Point

Capps, P. Marlene, MD
Provs: 79753
Tidewater Physicians Multispecialty Group, PC (TPMG)
405 15th Street
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REPUBLICA DIRECT Network Providers January 2019 87
Primary Care Physicians - Tier 1

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Greater Prince William Community Health Center
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Latimer, Robert A., MD
Pro#: 10081516
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Mahboob, Syed, MD
Pro#: 10151374
Greater Prince William Community Health Center
4379 Ridgeway Center Drive Suite 102
Woodbridge, VA 22192
(703) 680-7950

Medimpudi, Aruna, MD
Pro#: 10160630
Hoadly Medical Care
13168 Centerpointe Way
Woodbridge, VA 22193
(703) 730-2000

Mendel, Peter, MD
Pro#: 10082428
Family Medicine of Lake Ridge
3401 Commission Ct Ste 201
Woodbridge, VA 22192
(703) 490-6265

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Min, James B., MD
Pro#: 10120776
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Mohiuddin, Rashid Ahmed, MD
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Woodbridge, VA 22192
(703) 680-7950

Parker III, Frederick W, MD
Pro#: 10108910
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(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

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NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Peres, Michael D, MD
Pro#: 10075198
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ratchford, Francis X., MD
Pro#: 10074047
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Ross, Scott A., MD
Pro#: 10081372
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Shah, Tejas J., MD
Pro#: 10021195
NORTH VIRGINIA FAMILY PRACTICE, PC
4331 Ridgeway Center Drive
Woodbridge, VA 22192
(703) 580-0124

Hospital Affiliations:
Sentara Northern Virginia Medical Center

Shirvokar, Pradnya P., MD
Pro#: 10176301
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Weinstein, Raymond, MD
Pro#: 10120887
Doctors Express
4167 Merchant Plaza
Woodbridge, VA 22192
(703) 878-8800

West, Stephanie N., MD
Pro#: 10176516
NMG Affiliate Practice I, LLC
12701 Marblestone Dr Ste 130
Woodbridge, VA 22192
(571) 284-4350

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Wierzchicki, John, DO
Pro#: 10103980
Family Medicine of Lake Ridge
3401 Commission Ct Ste 201
Woodbridge, VA 22192
(703) 490-6265

Williams, Raenell C., MD
Pro#: 10102539
Sentara Family Medicine Physicians (SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(571) 542-4950

Woodstock

Hoffman, John, MD
Pro#: 45307
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Augusta Medical Center
Central Lynchburg General Hospital
Centra Virginia Baptist Hospital

Macleod, Scott, MD
Pro#: 59252
Highlander Family Medicine PLLC
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-2277

Hospital Affiliations:
Carilion Giles Community Hospital

Methvin, Claudia H., MD
Pro#: 56421
Claudia H. Methvin, MD, PLLC
227 South Main St
Woodstock, VA 22664
(540) 459-7757

Hospital Affiliations:
Shenandoah Memorial Hospital Inc

Spriggs, Tamara Denise, MD
Pro#: 10080582
Valley Health Shenandoah Memorial Hosp Family and Internal Med
759 South Main Street
Woodstock, VA 22644
(540) 459-1315

Hospital Affiliations:
Shenandoah Memorial Hospital Inc
War Memorial Hospital Inc

Wytheville

Dove, Scotty, DO
Pro#: 10052860
Wythe County Physician Practices, LLC
1 Maroon Way
Wytheville, VA 24382
(276) 228-3157
245 Holston Road Suite B
Wytheville, VA 24382
(276) 222-0460

Hospital Affiliations:
Wythe County Community Hospital

Griffin, Susan R., MD
Pro#: 10060127
Forest Emily Care
1785 West Lee Highway
Wytheville, VA 24382
(276) 228-6499

Hospital Affiliations:
Wythe County Community Hospital

Grube, Richard D., MD
Pro#: 91663
Carilion Healthcare Corporation
1375 W Ridge Rd
Wytheville, VA 24382
(276) 228-8868

Hospital Affiliations:
Carilion Giles Community Hospital

Harkless, John M., DO
Pro#: 10054586
Family Healthcare of Wytheville PC
1040 Holston Rd
Wytheville, VA 24382
(276) 227-0200

Hospital Affiliations:
Wythe County Community Hospital

Mosier, Gabriel L., MD
Pro#: 10119381
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8868

Hospital Affiliations:
Wythe County Community Hospital

Stone III, James B., MD
Pro#: 10024179
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8868

Hospital Affiliations:
Wythe County Community Hospital

Thomas, Kari L, MD
Pro#: 10031349
Carilion Family Medicine
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8868

Hospital Affiliations:
Wythe County Community Hospital

Tomlak, William M., MD
Pro#: 10019807
Carilion Healthcare Corporation
1375 West Ridge Rd
Wytheville, VA 24382
(276) 228-8868

Hospital Affiliations:
Wythe County Community Hospital

Optima Direct Network Providers January 2019
Yorktown

Bryant, John P., MD
Pro#: 51046
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Guan, Yu, MD
Pro#: 10067163
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
13168 Meadowview Square Drive
Meadowview, VA 24361
(276) 944-3999

Hospital Affiliations:
Johnston Memorial Hospital

Saltville

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
319 Fifth Ave
Saltville, VA 24370
(276) 496-4492

Hospital Affiliations:
Johnston Memorial Hospital

Primary Care Physicians - Tier 1

Geriatric Medicine

Abingdon

Parker, David G., DO
Pro#: 10161556
Advanced Practice Adult-Gerontology
18180 Rich Valley Dr
Abingdon, VA 24210
(434) 628-7709

Hospital Affiliations:
Smyth County Community Hospital

Charlottesville

Archbald-Pannone, Laurie R., MD
Pro#: 10040370
University Physicians @ CARE
674 Hillsdale Dr Ste 3
Charlottesville, VA 22901
(434) 900-3131

Hospital Affiliations:
University of Virginia Physicians Group

Babbott, Stewart F., MD
Pro#: 10168784
University of Virginia Physicians Group
1215 Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-1931

Hospital Affiliations:
University of Virginia Physicians Center

General Practice

Meadowview

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
13168 Meadowview Square Drive
Meadowview, VA 24361
(276) 944-3999

Hospital Affiliations:
Johnston Memorial Hospital

Saltville

Ortiz, Vicente, MD
Pro#: 10148912
Meadowview Health Clinic
319 Fifth Ave
Saltville, VA 24370
(276) 496-4492

Hospital Affiliations:
Johnston Memorial Hospital

Cornella, Scott L., MD
Pro#: 10150390
University of Virginia Physicians Group
Lee Street and 11th Street SW
Charlottesville, VA 22908
(434) 924-2231

Hospital Affiliations:
University of Virginia Medical Center

Kizer, Lillian D., MD
Pro#: 1004724
The Geriatric Clinic (UVA)
Hospital Dr 5th Fl UVA Hospital
West
Charlottesville, VA 22908
(434) 964-1333

Hospital Affiliations:
University of Virginia Health Sciences Center

Rothkamp, Daniele M., MD
Pro#: 10056284
University of Virginia Physicians Group
Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-5725

Hospital Affiliations:
University of Virginia Medical Center

Stiltenr, Angela R., MD
Pro#: 90870
University Physicians @ CARE
674 Hillsdale Dr Ste 3
Charlottesville, VA 22901
(434) 964-1333

Hospital Affiliations:
University of Virginia Physicians Center

Sturek, Jeffrey M, MD
Pro#: 10149031
University of Virginia Physicians Group
Lee Street and 11th Street SW
Charlottesville, VA 22908
(434) 924-2231

Hospital Affiliations:
University of Virginia Physicians Center

Uthlaut, Brian Scott, MD
Pro#: 10008192
University Medical Associates Clinic
122 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22906
(434) 924-1931

Hospital Affiliations:
University of Virginia Physicians Center

Williams, Mark E., MD
Pro#: 25890
University Physicians @ CARE
674 Hillsdale Dr Ste 3
Charlottesville, VA 22901
(434) 964-1333

Hospital Affiliations:
University of Virginia Medical Center
Primary Care Physicians - Tier 1

Zivony, Adam S., MD
Pro#: 10055814
University of Virginia Physicians Group
Lee Street 3rd Floor
Charlottesville, VA 22908
(434) 924-5725
Hospital Affiliations: University of Virginia Medical Center

Chilhowie

Parker, David G., DO
Pro#: 10161556
Advanced Practice Adult-Gerontology
940 E Lee Hwy
Chilhowie, VA 24319
(276) 464-8911
Hospital Affiliations: Smyth County Community Hospital

Dublin

Parker, David G., DO
Pro#: 10161556
Advanced Practice Adult-Gerontology
5140 Hatcher Rd
Dublin, VA 24084
(540) 674-5260
Hospital Affiliations: Smyth County Community Hospital

Fredericksburg

Umesegha, Samuel C., MD
Pro#: 10081369
WeCare Medical Associates
611 Jefferson Davis Hwy Suite 101
Fredericksburg, VA 22401
(540) 656-2950
Hospital Affiliations: Alleghany Regional Hospital d/b/a LewisGale Alleghany
Bon Secours St. Marys Hospital
Chippewham Medical Center/Johnston-Wills Hospital
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Lewis-Gale Medical Center
Mary Washington Hospital (MWH)
Montgomery Regional Hospital d/b/a LewisGale Montgomery
Sputnylvania Regional Medical Center
Stafford Hospital Center

Gretta

Sellers, Verna R., MD
Pro#: 10176331
Centra Health Medical Center - Gretta
291 McBride Lane
Gretta, VA 24557
(436) 656-1274
Hospital Affiliations: Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Haymarket

Thakkar, Nirav, MD
Pro#: 10176331
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Lexington

Keating, Senaida, MD
Pro#: 10125971
CARLILLION MEDICAL CENTER
1 Health Circle
Lexington, VA 24450
(540) 458-3344
Hospital Affiliations: Bedford Memorial Hospital
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Luray

 Mashaw, Arsheeya, MD
Pro#: 1004215
Page Shenandoah Health Center
200 Memorial Drive
Luray, VA 22835
(540) 743-4561
Pro#: 10040726
Valley Health Page Memorial Hospital Family and Internal Medicine
155 Memorial Drive
Luray, VA 22835
(540) 743-2887
200 Memorial Drive
Luray, VA 22835
(540) 743-4561
Hospital Affiliations: Page Memorial Hospital Inc

Manassas

Krumah, Jacklyn A., MD
Pro#: 10176331
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations: Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Marion

Parker, David G., DO
Pro#: 10161556
Advanced Practice Adult-Gerontology
155 Ridgefield Dr
Marion, VA 24354
(276) 397-0061
Hospital Affiliations: Smyth County Community Hospital

Norfolk

Galica-Castillo, Marissa C., MD
Pro#: 27711
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine
Norfolk, VA 23507
(757) 446-7040
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Roanoke

D’Amora, Julia M., DO
Pro#: 10064799
Carilion Center For Healthy Aging
1009 Old Country Club Road
Roanoke, VA 24017
(540) 344-6248
2001 Crystal Spring Avenue Suite 302
Roanoke, VA 24014
(540) 981-7653
324 King George Avenue
Roanoke, VA 24016
(540) 345-8139
650 M Jefferson Street
Roanoke, VA 24014
(540) 345-5111
Hospital Affiliations: Carilion Roanoke Memorial Hospital

Keeving, Senaida, MD
Pro#: 100125971
CARLILLION MEDICAL CENTER
1 Health Circle
Lexington, VA 24450
(540) 458-3344
Hospital Affiliations: Bedford Memorial Hospital
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Kannarkat, Mily J., MD
Pro#: 10077552
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine
Norfolk, VA 23507
(757) 446-7040

Mazzurco, Lauren W., DO
Pro#: 10136826
EVMS Medical Group
825 Fairfax Ave Ste 201
Norfolk, VA 23507
(757) 446-7040
Hospital Affiliations: Bedford Memorial Hospital
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Okhravi, Hamid, MD
Pro#: 10060155
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine
Norfolk, VA 23507
(757) 446-7040

Palmer, Robert M., MD
Pro#: 10073652
EVMS Medical Group
825 Fairfax Ave Ste 201 (Geriatric Medicine
Norfolk, VA 23507
(757) 446-7040

Hospital Affiliations: Sentara Leigh Hospital
Sentara Norfolk General Hospital

Smith, Juanita L., MD
Pro#: 10189781
EVMS Medical Group
825 Fairfax Ave Ste 201
Norfolk, VA 23507
(757) 446-7040
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Optima Direct Network Providers January 2019 92
Primary Care Physicians - Tier 1

**Bowling Green**

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 102 West Broadus Avenue Ste 200
  - Bowling Green, VA 24227
  - (804) 632-1030

**Brookneal**

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 9920 Courthouse Road
  - Charles City, VA 23301
  - (804) 829-6600

**Charlotte Court House**

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 901 Preston Ave Suite 301
  - Charlesville, VA 22903
  - (434) 227-5624

**Charles City**

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 165 Legrande Ave
  - Charles Court House, VA 23923
  - (434) 542-5560

- Caldronvey, Ralph Dunham, MD
  - Prov#: 10136554
  - Carilion Healthcare Corporation
  - 2252 Magnolia Avenue
  - Buena Vista, VA 24416
  - (540) 261-7421

- Caslondroy, Jaline T., MD
  - Prov#: 10039358
  - Sentara Blue Ridge Internal Medicine
  - 310 Old Ivy Way Ste 201
  - Charlottesville, VA 22903
  - (434) 654-4550

- Castelwood
  - Youssuf, Samina, MD
    - Prov#: 10087518
    - Samina Youssuf MD PC
    - Castlewood, VA 24224
    - (276) 762-7600

- Chantilly
  - Khan, Monsurul, MD
    - Prov#: 10202755
    - Patient First - Chantilly
    - 3918 Centreville Road
    - Chantilly, VA 20151
    - (703) 657-6925

- Youssuf, Samina, MD
  - Prov#: 10111900
  - Sentara RMH Medical Group, LLC
  - 13892 Timber Way
  - Broadway, VA 22815
  - (540) 564-5622

- Flaxfield, John M., DO
  - Prov#: 100311660
  - Community Medicine UVA, LLC
  - 901 Preston Ave Suite 301
  - Charlottesville, VA 22903
  - (434) 924-2231

- Koche, Adrienne J., DO
  - Prov#: 101159460
  - Sentara RMH Medical Group, LLC
  - 13892 Timber Way
  - Broadway, VA 22815
  - (540) 564-5622

- Majette, Lisa K., MD
  - Prov#: 10075011
  - Patient First - Chantilly
  - 3918 Centreville Road
  - Chantilly, VA 20151
  - (703) 657-3925

- Quidwai, Asima, MD
  - Prov#: 10119198
  - Patient First - Sterling
  - 3918 Centreville Road
  - Chantilly, VA 20151
  - (703) 657-6925

- Youssuf, Samina, MD
  - Prov#: 10111900
  - Sentara RMH Medical Group, LLC
  - 13892 Timber Way
  - Broadway, VA 22815
  - (540) 564-5622

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 9250 Courthouse Road
  - Charles City, VA 23301
  - (804) 829-6600

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 9250 Courthouse Road
  - Charles City, VA 23301
  - (804) 829-6600

- Bashore, Randall T., MD
  - Prov#: 45970
  - Central Virginia Community Health Center (CVHS)(CCNV)
  - 9250 Courthouse Road
  - Charles City, VA 23301
  - (804) 829-6600
Primary Care Physicians - Tier 1

Kon, Rachel, MD  
Prov#: 10149010  
University of Virginia Physicians Group  
1222 Jefferson Park Ave 3rd Floor  
Charlottesville, VA 22903  
(434) 924-1931  
Lee Street and 11th Street NW  
Charlottesville, VA 22908  
(434) 924-1931  
Hospital Affiliations:  
University of Virginia Medical Center

Leiner, John G., MD  
Prov#: 42834  
Community Medicine UVA, LLC  
2955 Ivy Rd Ste 205  
Charlottesville, VA 22908  
(434) 243-4713  
Hospital Affiliations:  
University of Virginia Medical Center

Laurie, Susan M., MD  
Prov#: 10155075  
University of Virginia Physicians Group  
1222 Jefferson Park Ave 3rd Floor  
Charlottesville, VA 22903  
(434) 924-1931  
415 Ray C Hunt Dr Ste 2100  
Charlottesville, VA 22903  
(434) 924-2472  
Hospital Affiliations:  
University of Virginia Medical Center

Lehtinen, Simon J., MD  
Prov#: 10115119  
University of Virginia Physicians Group  
1222 Jefferson Park Ave 3rd Floor  
Charlottesville, VA 22903  
(434) 924-1931  
415 Ray C Hunt Dr Ste 2100  
Charlottesville, VA 22903  
(434) 924-2472  
Hospital Affiliations:  
University of Virginia Medical Center

Leiner, John G., MD  
Prov#: 25557  
UVA Primary Care Center 4th Floor  
650 Peter Jefferson Parkway Suite 290  
Charlottesville, VA 22911  
(434) 243-3675  
Lee St UVA Hospital (Internal Medicine)  
Charlottesville, VA 22908  
(434) 924-1931  
University Medical Associates Clinic; 1222 Jefferson Park Ave 3rd FL  
Charlottesville, VA 22903  
(434) 924-1931  
Hospital Affiliations:  
University of Virginia Medical Center

Lepsh, Mark A., MD  
Prov#: 10000680  
Community Medicine UVA, LLC  
2955 Ivy Rd Ste 205  
Charlottesville, VA 22908  
(434) 243-4713  
Hospital Affiliations:  
University of Virginia Health Sciences Center

Lowdon, J. Devon, MD  
Prov#: 44086  
Internal Medicine Ltd  
1011 East Jefferson St  
Charlottesville, VA 22902  
(434) 979-2944  

Luca, Amanda L., MD  
Prov#: 10129740  
University of Virginia Physicians Group  
1215 Lee St Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Lusa, Amanda L., MD  
Prov#: 10192740  
University of Virginia Physicians Group  
1215 Lee St Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

500 Monroe Lane  
Charlottesville, VA 22903  
(434) 924-9999  
Hospital Affiliations:  
University of Virginia Medical Center

McShane, Melissa, MD  
Prov#: 10189187  
University of Virginia Physicians Group  
1215 Lee St Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Mehta, Rachel Lillian, MD  
Prov#: 10169543  
Sentara Martha Jefferson Internal Medicine  
435 Merchant Walk Square Suite 400  
Charlottesville, VA 22902  
(434) 654-1800  
590 Peter Jefferson Parkway  
Charlottesville, VA 22911  
(434) 654-8930  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Mehra, Pooja, MD  
Prov#: 10189014  
University of Virginia Physicians Group  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Mehra, Pooja, MD  
Prov#: 10189014  
University of Virginia Physicians Group  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Mehra, Pooja, MD  
Prov#: 10189014  
University of Virginia Physicians Group  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Mohand, Shafique, MD  
Prov#: 10149243  
Providence Primary Care 1st Floor  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Niehaus, Mark D., MD  
Prov#: 70667  
Albemarle Square Family Care  
416 Albemarle Square  
Charlottesville, VA 22901  
(434) 978-2126  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Ombres, Rachel L., MD  
Prov#: 10194562  
University of Virginia Physicians Group  
1335 Carlton Avenue  
Charlottesville, VA 22902  
(434) 529-1300  
Hospital Affiliations:  
University of Virginia Medical Center

Panvelker, Samir S., MD  
Prov#: 10200491  
University of Virginia Physicians Group  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Road  
Charlottesville, VA 22903  
(434) 243-4394  
Hospital Affiliations:  
University of Virginia Medical Center

Patrizio, Michael, MD  
Prov#: 10171398  
Charlottesville Family Medicine  
1200 Five Springs Rd S-1  
Charlottesville, VA 22902  
(434) 973-1831  
3025 Berkmar Drive Ste 1  
Charlottesville, VA 22901  
(434) 973-1831  
Hospital Affiliations:  
Sentara Martha Jefferson Hospital

Pearson, Meredith M., MD  
Prov#: 10200494  
University of Virginia Physicians Group  
1215 Lee Street Fl 3  
Charlottesville, VA 22903  
(434) 924-1931  
1215 Lee Street Fl 3  
Charlottesville, VA 22908  
(434) 924-1931  
2965 Ivy Rd  
Charlottesville, VA 22902  
(434) 924-1931  
Hospital Affiliations:  
University of Virginia Medical Center

Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 97
Primary Care Physicians - Tier 1

Peters, Anthony E., MD
Prov#: 10205444
University of Virginia Physicians Group
1215 Lee Street Fl 3
Charlottesville, VA 22908
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Petri, William A., MD
Prov#: 10009156
University of Virginia Physicians Group
Lee Street 4th Floor
Charlottesville, VA 22908
(434) 924-1931
Hospital Affiliations:
Augusta Medical Center

Pews-Ogan, Margaret, MD
Prov#: 43915
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Post, Barbara, MD
Prov#: 44251
Community Medicine UVA, LLC
2955 Ivy Rd Ste 205
Charlottesville, VA 22908
(434) 243-4713
Hospital Affiliations:
University of Virginia Medical Center

Reynolds, Pamela Preston, MD
Prov#: 10020998
University Medical Associates Clinic
1222 Jefferson Park Ave 3rd Fl
Charlottesville, VA 22906
(434) 924-1931
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Salerno, Amy, MD
Prov#: 10192729
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Santulli, Michael E., MD
Prov#: 45370
Michael E. Santulli, MD
1405 Rolkin Road Suite 201
Charlottesville, VA 22911
(434) 295-5155

Schechtman, Joel M., MD
Prov#: 30654
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Internal Medicine)
Charlottesville, VA 22908
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Scheidl, William M., MD
Prov#: 10009144
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Infectious Disease)
Charlottesville, VA 22908
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Scott, Evelyn S, MD
Prov#: 1000925
University of Virginia Physicians Group
1222 Jefferson Park Ave Fl 3
Charlottesville, VA 22903
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Sneed, Benjamin P., MD
Prov#: 10021733
UVA Primary Care Center 3rd Floor
Lee St 3rd Fl UVA Hospital
Charlottesville, VA 22908
(434) 924-2900
Hospital Affiliations:
University of Virginia Medical Center

Somerville, Lindsay A., MD
Prov#: 10193060
University of Virginia Physicians Group
1221 Lee Street 2nd Floor
Charlottesville, VA 22908
(434) 924-5219
Hospital Affiliations:
University of Virginia Medical Center

Starr, Karen L., MD
Prov#: 45452
Sentara Martha Jefferson Internal Medicine
590 Peter Jefferson Parkway Ste 100
Charlottesville, VA 22911
(434) 654-8930
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Targonski, Paul, MD
Prov#: 10125351
University of Virginia Physicians Group
1222 Jefferson Park Ave 3rd Floor
Charlottesville, VA 22903
(434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center

Tatar, Steven A., MD
Prov#: 44087
Internal Medicine Ltd
1011 East Jefferson St
Charlottesville, VA 22902
(434) 979-2944
Hospital Affiliations:
University of Virginia Medical Center

Tieu, Christina, MD
Prov#: 10200502
University of Virginia Physicians Group
1215 Lee St Fl 3
Charlottesville, VA 22908
(434) 924-1931
2965 Ivy Road
Charlottesville, VA 22903
(434) 243-4394
Hospital Affiliations:
University of Virginia Medical Center

Tompkins, III, William F., MD
Prov#: 47631
Sentara Blue Ridge Internal Medicine
310 Old Ivy Way Suite 201
Charlottesville, VA 22903
(434) 975-1267
Hospital Affiliations:
Centra Virginia Baptist Hospital

Warren, Cirle A., MD
Prov#: 10009409
UVA Primary Care Center 4th Floor
Lee St UVA Hospital (Infectious Disease)
Charlottesville, VA 22908
(434) 920-1700
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Wolfe, Andrew M., MD
Prov#: 44882
UVA Primary Care Center 1st Floor
University Medical Associates Clinic
1222 Jefferson Park Ave 3rd Fl
Charlottesville, VA 22903
(434) 924-2472
Hospital Affiliations:
Sentara Princess Anne Hospital

Chesapeake

Akkina, Naveen, MD
Prov#: 10083190
Bayview Physician Services, PC
713 Volvo Pkwy Ste 101
Chesapeake, VA 23320
(757) 609-3380
Hospital Affiliations:
Chesapeake Regional Medical Center

Beverly, Vernis, MD
Prov#: 59800
Adult and Pediatric Medical Associates, PC
3800 Poplar Hill Rd Suite A
Chesapeake, VA 23321
(757) 484-2001
Hospital Affiliations:
Chesapeake Regional Medical Center

Children’s Hospital of the King’s Daughters

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Carideo, Louis N., MD
Prov#: 10004267
Louis N. Carideo, MD, Inc
808 Battlefield Blvd S
Chesapeake, VA 23322
(757) 482-4721
Hospital Affiliations:
Chesapeake Regional Medical Center

Dhawan, Vandana, MD
Prov#: 10012122
Bayview Physician Services, PC
713 Volvo Pkwy Ste 101
Chesapeake, VA 23320
(757) 609-3380
Hospital Affiliations:
Chesapeake Regional Medical Center

Fernandez, Alfred E., MD
Prov#: 41055
Sentara Family and Internal Medicine Physicians (SMG)
213 River Walk Parkway
Chesapeake, VA 23320
(757) 983-1765

Franzi-Osborne, Rebecca, MD
Prov#: 10125344
Patient First - Battlefield Blvd
705 N Battlefield Blvd
Chesapeake, VA 23320
(757) 547-0688

Gaglione, Margaret M, MD
Prov#: 10121761
Tidewater Physicians Multispecialty Group, PC (TPMG)
1405 Kempsville Road
Chesapeake, VA 23320
(757) 644-6819

Cheriton

Roll, Walter A., MD
Prov#: 10196203
Bayview Community Health Center (ESRH) (CCNV)
22214 S Bayside Road
Cheriton, VA 23316
(757) 331-1086
Hospital Affiliations:
Sentara Princess Anne Hospital
Primary Care Physicians - Tier 1

Farooq, Mohammad, MD  
Prov#: 10168284  
Tri-Cities Geriatrics, PC  
12712 Bay Hill Drive  
Chester, VA 23836  
(804) 590-6750  

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
John Randolph Medical Center  
Southside Regional Medical Center

Port, John E., MD  
Prov#: 10020986  
Internal Medicine Associates of Chesterfield (Healthsource)  
11601 Ironbridge Road Ste 117  
Chester, VA 23831  
(804) 717-5300  

Hospital Affiliations:  
Bon Secours St. Francis Medical Center  
VCU Health System/MCV

Rahman, Faizur, MD  
Prov#: 10066548  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071  

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Twin County Regional Hospital

Hijazi, Ali, MD  
Prov#: 10031099  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071  

Hospital Affiliations:  
Sentara Albermarle Medical Center

Khan, Arif, MD  
Prov#: 1006554  
Carilion Internal Medicine  
2900 Lamb Circle Ste 250  
Christiansburg, VA 24073  
(540) 639-9071  

March, Jared Douglas, DO  
Prov#: 10108482  
Carilion Healthcare Corporation  
2900 Lamb Cir  
Christiansburg, VA 24073  
(540) 731-2000  

Hospital Affiliations:  
Carilion New River Valley Medical Center  
Carilion Roanoke Memorial Hospital

Mick, Mary-Ellen C., DO  
Prov#: 10151720  
Carilion Healthcare Corporation  
2900 Lamb Cir Suite 250  
Christiansburg, VA 24073  
(540) 639-9071  

Hospital Affiliations:  
Carilion New River Valley Medical Center

Thomas, II, William D., DO  
Prov#: 10113684  
Christiansburg Family Medicine LLC  
6 Hickok Street  
Christiansburg, VA 24073  
(540) 382-6148  

Hospital Affiliations:  
Montgomery Regional Hospital /  
Bridge City Hospital

Bevins, Ashley, DO  
Prov#: 10050674  
Norton Community Physicians  
515 Front Street West  
Coeburn, VA 24230  
(276) 395-2389  

Hospital Affiliations:  
Norton Community Hospital

Rodriguez, Ralph Dunham, MD  
Prov#: 10136554  
Carilion Healthcare Corporation  
609 Church St  
Clifton Forge, VA 24422  

Hospital Affiliations:  
Carilion Stonewall Jackson Hospital

Ibrahim, Rimon, MD  
Prov#: 10045031  
Dickinson Medical Clinic  
5607 Dickinson Hwy  
Clintwood, VA 24228  
(276) 926-4601  

Newberry, Brian S., DO  
Prov#: 10151778  
DICKENSON MEDICAL ASSOCIATES  
364 Hospital Drive  
Clintwood, VA 24228  
(276) 926-0200  

Hospital Affiliations:  
Norton Community Hospital

Sargent, Bernie N., DO  
Prov#: 10074997  
DICKENSON MEDICAL ASSOCIATES  
312 Hospital Drive  
Clintwood, VA 24228  
(276) 926-2020  

Hospital Affiliations:  
Appalachian Regional Hospital  
Whitesburg

Yousuf, Samina, MD  
Prov#: 10087518  
Samina Yousuf MD PC  
856 Clintwood Main Street  
Clintwood, VA 24228  
(276) 926-5220

Farkhani, Hasan, MD  
Prov#: 10027568  
East Coast Physicians PC  
525B Euclid Avenue  
Colonial Beach, VA 22443  
(804) 224-7890  

Hospital Affiliations:  
Mary Washington Hospital (MWH)

Optima Direct Network Providers January 2019

Optima Health
Primary Care Physicians - Tier 1

Herrera, Jolanta A., MD
Pro#: 92597
Jolanta A. Herrera, MD
3236A Boulevard
Colonial Heights, VA 23834
(804) 526-7990

Hospital Affiliations:
Southside Regional Medical Center

Jenkins, Elizabeth M., MD
Pro#: 60522
Patient First
1260 Temple Avenue
Colonial Heights, VA 23834
(804) 518-2597

Magnin, Albert, MD
Pro#: 68168
Appomattox River Medical LLC
3512 Boulevard
Colonial Heights, VA 23834
(804) 520-1110

Hospital Affiliations:
John Randolph Medical Center

Pathumana, Kochurani C., MD
Pro#: 44139
Kochurani Pathumana, MD
215 Temple Ave
Colonial Heights, VA 23834
(804) 526-8640

Culpeper

Adanuor, Vera W., MD
Pro#: 10176188
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
UVA Culpeper Hospital

Akindte, Adebayo G., MD
Pro#: 10176122
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Bon Secours St. Marys Hospital
Culpeper Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parkham Campus
Henrico Doctors' Hospital - Retreat Campus

Ayensu, Thelma, MD
Pro#: 10176272
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Bon Secours St. Marys Hospital
Culpeper Medical Center
Henrico Doctors' Hospital - Forest Campus

Carillion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Inova Alexandria Hospital
Rappahannock General Hospital
Sentara Obici Hospital
Shenandoah Memorial Hospital
UVA Culpeper Hospital
Warren Memorial Hospital, Inc.

Ayensu, Thelma, MD
Pro#: 10176272
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Bon Secours St. Marys Hospital
Culpeper Medical Center
Henrico Doctors' Hospital - Forest Campus

Carillion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Inova Alexandria Hospital
Rappahannock General Hospital
Sentara Obici Hospital
Shenandoah Memorial Hospital
UVA Culpeper Hospital
Warren Memorial Hospital, Inc.

Pyles, Terrance L., MD
Pro#: 10176210
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Spotsylvania Regional Medical Center
UVA Culpeper Hospital

Quaye, Roland, MD
Pro#: 10176300
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Smyth County Community Hospital
Spotsylvania Regional Medical Center
UVA Culpeper Hospital

Shibeshi, Woldecherkos A., MD
Pro#: 10176298
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
UVA Culpeper Hospital

Singer, Grace T., MD
Pro#: 1005135
University of Virginia Physicians Group
1043 Oaklawn Drive
Culpeper, VA 22701
(540) 825-6263

Hospital Affiliations:
UVA Culpeper Hospital

Suter, Charles F., MD
Pro#: 44031
University of Virginia Physicians Group
1043 Oaklawn Drive
Culpeper, VA 22701
(540) 825-6263

Hospital Affiliations:
UVA Culpeper Hospital

Tefredgin, Fikirte F., MD
Pro#: 10176382
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Sentara Northern Virginia Medical Center
UVA Culpeper Hospital

Tummla, Mounika, MD
Pro#: 10176352
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Allegany Regional Hospital
Columbia Pulaski Community Hospital
LewisGale Pulaski Medical Center
Pulaski Regional Hospital
UVA Culpeper Hospital

Turi, Werksew T., MD
Pro#: 10176362
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
UVA Culpeper Hospital

Veerapalli, Venkateswar, MD
Pro#: 10110944
Culpeper Walk In Clinic
451 James Madison Highway Suite 104
Culpeper, VA 22701
(540) 727-8880

Hospital Affiliations:
Augusta Medical Center
Greenbrier Valley Medical Center

Verma, Sagar, MD
Pro#: 10176503
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
Augusta Medical Center
UVA Culpeper Hospital

Whittle-Bradford, Rhonda G., MD
Pro#: 10176508
NMG Affiliate Practice I, LLC
501 Sunset Lane
Culpeper, VA 22701
(703) 396-5292

Hospital Affiliations:
UVA Culpeper Hospital

Danville

Akbar, Salman M., MD
Pro#: 10164691
GoDocs
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876

Bashore, Randall T., MD
Pro#: 45970
Central Virginia Community Health Center (CVHCS/CCNV)
108 Holbrook St Ste 101
Danville, VA 24541
(434) 791-4122

Hospital Affiliations:
University of Virginia Medical Center

Optima Direct Network Providers January 2019
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OptimaHealth
Primary Care Physicians - Tier 1

Brotherton, Timothy, MD
Prov#: 13816
Danville Hematology & Oncology
125 Executive Dr Ste J
Danville, VA 24541
(434) 793-0044

Caplan, Michael A., MD
Prov#: 10147219
Piedmont Internal Medicine
(Danville Physician)
125 Executive Drive Ste H
Danville, VA 24541
(434) 791-1345

Hospital Affiliations:
SOVAH Health - Danville

Chauhan, Ajit, MD
Prov#: 19064
Cardiology Clinic
1045 Main St Ste 1
Danville, VA 24541
(434) 792-4400

Desai, Balaji, MD
Prov#: 10081043
Southside Internal Medicine
(Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

125 Executive Drive Suite J
Danville, VA 24541
(434) 797-2828

Hospital Affiliations:
SOVAH Health - Danville

Falgui, Vicente T., MD
Prov#: 46155
Drs. T.M. Alabanza and Falgui
990 Main Street Suite 204
Danville, VA 24541
(434) 791-4648

Jannach, Stephen H., MD
Prov#: 10178871
Spectrum Medical Inc (Internal Medicine)
109 Bridge Street Suite 300
Danville, VA 24541
(434) 793-4711

Hospital Affiliations:
SOVAH Health - Danville

Jaswani, Sanjay Madhuker, MD
Prov#: 10080246
Southside Internal Medicine
(Danville Physician Practices, LLC)
101 Holbrook Street
Danville, VA 24541
(434) 792-4041

Lundy, Rani B., MD
Prov#: 10052386
Piedmont Prime Care of Danville
130 Enterprise Dr
Danville, VA 24540
(434) 791-2273

404 Airport Dr Suite A
Danville, VA 24541
(434) 791-2612

Patel, Mukesh B., MD
Prov#: 46219
Danville Gastroenterology Center
501 Rison St Ste 130
Danville, VA 24541
(434) 791-1152

1 Pomposini, Daniel, MD
Prov#: 46225
Danville Internal Medicine Inc
125 Watson St
Danville, VA 24541
(434) 797-5711

Pradhan, Pradeep, MD
Prov#: 46225
Dominion Primary Care (Centra Medical Group)
130 Enterprise Drive
Danville, VA 24540
(434) 791-2273

404 Airport Drive Suite A
Danville, VA 24540
414 Park Avenue
Danville, VA 24541

Singh, Sukhwinder, DO
Prov#: 10163031
GoDocs
949 Piney Forest Road
Danville, VA 24541
(434) 835-4876

Vasireddy, Sabitha, MD
Prov#: 10012380
Danville Patient Care INC
1955 Memorial Dr
Danville, VA 24541
(434) 799-2055

Vasireddy, Venugopal Kiran, MD
Prov#: 10012381
Danville Patient Care INC
1955 Memorial Dr
Danville, VA 24541
(434) 799-2055

Wade, James S., MD
Prov#: 45425
Medical Associates of Central Virginia Intravenous
4500 Riverside Dr
Danville, VA 24541
(434) 792-3506

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV

Dillwyn

Muller, Richard A., MD
Prov#: 10052003
Sentara Buckingham Family Medicine
65 Brickyard Road
Dillwyn, VA 23936
(434) 983-2718

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Dublin

D’Amico, Paul J., MD
Prov#: 10072301
Pulaski Internal Medicine, PC
4550 Lee Highway Ste B
Dublin, VA 24084
(540) 674-4914

Osemobor, Ehikinya O., MD
Prov#: 10159994
River Valley Healthcare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500

Hospital Affiliations:
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

Stewart, Knutresa F., MD
Prov#: 10158310
River Valley Healthcare Associates, PC
28 Town Center Drive
Dublin, VA 24084
(540) 835-0500

Hospital Affiliations:
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski

Elkton

Flores-Perez, Ihesus S., MD
Prov#: 10207065
Sentara RMH Medical Group, LLC
13737 Spotwood Trail
Elkton, VA 22827
(540) 713-4100

Hospital Affiliations:
Sentara RMH Medical Center

Emporia

Marcelin, Fitzgerald, MD
Prov#: 10069304
Emporia Greensville Medical Center
510 N Main Street
Emporia, VA 23847
(434) 634-7723

Hospital Affiliations:
Potomac Valley Hospital
Southampton Memorial Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center

Esomont

Bashore, Randall T., MD
Prov#: 45970
Central Virginia Community Health Center (CVSH)(CCNV)
2256 Irish Road
Emporia, VA 23847
(434) 286-3602

Hospital Affiliations:
University of Virginia Medical Center

Williams, Maryanne D., MD
Prov#: 45978
Southern Albemarle Family Practice (CVHS)(CCNV)
2256 Irish Rd
Emporia, VA 23847
(434) 286-3602

Hospital Affiliations:
University of Virginia Medical Center

Falls Church

Burris II, Alfred C., MD
Prov#: 10176288
NNM Affliate Practice I, LLC
3300 Gallows Road
Falls Church, VA 22042
(540) 347-9898

Hospital Affiliations:
Novant Health UVA Health System
Havemarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Fairfax

Desai, Narendra, MD
Prov#: 10187690
AFFORDABLE PRIMARY CARE, LLC
10721 Main Street Suite 2450
Fairfax, VA 22030
(703) 940-5000

Hospital Affiliations:
Inova Alexandria Hospital

Dinh, Bao, DO
Prov#: 10198988
Patient First-Fairfax
10100 Fairfax Blvd
Fairfax, VA 22030
(703) 679-1876

Joseph, Bridget, MD
Prov#: 30710
Advanced Internal Medicine Inc
3650 Joseph Siewick Dr
Fairfax, VA 22033
(703) 620-6221

Khan, Mubarak, MD
Prov#: 64464
Vaqua Munis MD PC
10803 Main Street Suite 800
Fairfax, VA 22030
(703) 277-3346

Hospital Affiliations:
Reston Hospital Center

Sonde, Mehru M., MD
Prov#: 10190121
Vein Clinics of America
24000 Main Street Suite 2450
Fairfax, VA 22042
(703) 556-4488

Optima Direct Network Providers January 2019
## Primary Care Physicians - Tier 1

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Phone Number</th>
<th>Address</th>
<th>Practice Name</th>
<th>Hospital Affiliations</th>
<th>Prov#</th>
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<tbody>
<tr>
<td>Escano, Michael G., MD</td>
<td>10176718</td>
<td>NMG Affiliate Practice I, LLC</td>
<td>3300 Gallows Road</td>
<td>Falls Church, VA 22042</td>
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<td></td>
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<td>(540) 347-9898</td>
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<td>Jafir, Ahsan Q., DO</td>
<td>10176241</td>
<td>NMG Affiliate Practice I, LLC</td>
<td>3300 Gallows Road</td>
<td>Falls Church, VA 22042</td>
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<tr>
<td>Bashore, Randall T., MD</td>
<td>10099429</td>
<td>Pham Internal Medicine</td>
<td>6408 Seven Corners Place Suite F</td>
<td>Falls Church, VA 22044</td>
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<td>Pham Internal Medicine</td>
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<td>(703) 533-7673</td>
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<td>Bal, Bikram, MD</td>
<td>10098508</td>
<td>Centra Medical Group, LLC</td>
<td>800 Oak Street</td>
<td>Farmville, VA 22901</td>
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<td></td>
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<td>(434) 315-2998</td>
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<td>BASHORE, RANDALL T., MD</td>
<td>45970</td>
<td>Central Virginia Community Health Center</td>
<td>833 Buffalo Street Suite 200</td>
<td>Farmville, VA 22901</td>
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<td>(434) 392-8177</td>
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<tr>
<td>Alexander, Kerry, MD</td>
<td>56902</td>
<td>Augusta Health Pain Management Clinic</td>
<td>78 Medical Center Dr</td>
<td>Fishersville, VA 22939</td>
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<td>(540) 932-4075</td>
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<td>Gomez-Manjarres, Diana, MD</td>
<td>101524560</td>
<td>University of Virginia Physicians Group</td>
<td>9 Pinnacle Drive Suite A03</td>
<td>Fishersville, VA 22939</td>
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<td>Gray, Thomas G, MD</td>
<td>41812</td>
<td>Augusta Health Internal Medicine</td>
<td>22 North Medical Park Drive</td>
<td>Fishersville, VA 22939</td>
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<td>King, Joshua David, MD</td>
<td>10055812</td>
<td>University of Virginia Physicians Group</td>
<td>70 Medical Center Circle Ste 207</td>
<td>Fishersville, VA 22939</td>
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<td>Miller, Theresa L., MD</td>
<td>41819</td>
<td>Augusta Health Internal Medicine</td>
<td>22 North Medical Park Drive</td>
<td>Fishersville, VA 22939</td>
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<td>(540) 213-2630</td>
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<td>Paszkowski, Barbara, MD</td>
<td>10024135</td>
<td>University of Virginia Physicians Group</td>
<td>70 Medical Center Circle Ste 207</td>
<td>Fishersville, VA 22939</td>
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<td>Pourafshar, Negin, MD</td>
<td>10175230</td>
<td>University of Virginia Physicians Group</td>
<td>9 Pinnacle Drive Suite A03</td>
<td>Fishersville, VA 22939</td>
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<td>(844) 472-8711</td>
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### Farmville

#### Blackman, William A., MD

- **Provisional #:** 10034927
- **Hospital Affiliations:**
  - Center Lynxburch General Hospital
  - Center Virginia Baptist Hospital

### Fishersville

#### Alexander, Kerry, MD

- **Provisional #:** 56902
- **Hospital Affiliations:**
  - University of Virginia Medical Center

### Franklin

#### Abu-Abi, Michael S., MD

- **Provisional #:** 55524
- **Hospital Affiliations:**
  - Sentara Obici Hospital

#### Edwards, Alan W., MD

- **Provisional #:** 62003
- **Hospital Affiliations:**
  - Sentara Obici Hospital

### Frayntown

#### Murray, Thomas Bradley, MD

- **Provisional #:** 10152695
- **Hospital Affiliations:**
  - Onley Community Health Center (CCNV)

### Fredericksburg

#### Aiken, Mary, DO

- **Provisional #:** 10071154
- **Hospital Affiliations:**
  - Colonial Internal Medicine Associates, PC

#### Ameen, Richard J., MD

- **Provisional #:** 62822
- **Hospital Affiliations:**
  - Riverside Shores Memorial Hospital

### Fauquier Hospital

#### Snodgrass, Shelley L., MD

- **Provisional #:** 10013513
- **Hospital Affiliations:**
  - Augusta Health Internal Medicine

### Haymarket Medical Center

#### Murray, Thomas Bradley, MD

- **Provisional #:** 10152695
- **Hospital Affiliations:**
  - Onley Community Health Center (CCNV)

#### Roll, Jeanne R., MD

- **Provisional #:** 45917
- **Hospital Affiliations:**
  - Atlantic Community Health Center (ESRHS) (CCNV)

#### Porz, Charles, MD

- **Provisional #:** 10024135
- **Hospital Affiliations:**
  - Riverside Shores Memorial Hospital

#### Snodgrass, Shelley L., MD

- **Provisional #:** 10013513
- **Hospital Affiliations:**
  - Augusta Health Internal Medicine
Primary Care Physicians - Tier 1

Anand, Mohit, MD
Pro#: 10158366
Sentara Pratt Medical Group (SMG)
4900 Plank Rd
Fredericksburg, VA 22407
(540) 785-7810

Ansari, Nather B., MD
Pro#: 10038776
Primary & Urgent Care LLC
4510 Plank Road Suite 200
Fredericksburg, VA 22407
(540) 785-9900

Bashore, Randall T., MD
Pro#: 45970
Central Virginia Community Health Center (CVHSCCNV)
2217 Princess Anne Street
Fredericksburg, VA 22401
(540) 735-0560

Hospital Affiliations:
University of Virginia Medical Center

Bichara, Noble Lucien, MD
Pro#: 10105277
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus

Clemo, F. Lynne W., MD
Pro#: 10602147
Chancellor Internal Medicine
12006 Kilner Drive
Fredericksburg, VA 22407
(540) 786-9771

Elbert, Bethanne, MD
Pro#: 10148817
Colonial Internal Medicine Associates
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)

Gupta, Vikas, MD
Pro#: 100828
McManus & Associates Internal Medicine (PINNACLE)
2501 Charles St
Fredericksburg, VA 22401
(540) 370-1940

Hospital Affiliations:
Mary Washington Hospital (MWH)

Villalobos, Linda, MD
Pro#: 10090305
Sophia Medical Associates, P.C.
603 Kenmore Ave
Fredericksburg, VA 22401
(540) 368-9380

Wolanska, Bozena, MD
Pro#: 10154967
Colonial Internal Medicine Associates
125 Olde Greenwich Drive Ste 300
Fredericksburg, VA 22404
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)

Zavatidi III, Anthony, MD
Pro#: 10120136
Sophia Medical Associates, P.C.
603 Kenmore Ave
Fredericksburg, VA 22401
(540) 368-9380

Hospital Affiliations:
Mary Washington Hospital (MWH)

Joseph, Cherian, MD
Pro#: 10050679
Centre Pointe Health Specialties PLC
3920 Plank Road Suite 120
Fredericksburg, VA 22407
(540) 242-4141

Hospital Affiliations:
Mary Washington Hospital (MWH)

McDowell, Kenneth, DO
Pro#: 92238
Colonial Internal Medicine
Associated, PC
125 Olde Greenwich Drive Suite 300
Fredericksburg, VA 22408
(540) 374-5599

Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Gondy, Gauthami, MD
Pro#: 10041204
Valley Health Warren Mem Hos
Multispecialty Clinic Commerce Ave
1000 N Shenandoah Ave
Front Royal, VA 22630
(540) 636-0300

120 N Commerce Avenue Ste 203
Front Royal, VA 22630
(540) 635-0800

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Joseph, Bridget, MD
Pro#: 10092117
Allergy and Asthma Specialists of Greater Washington (IM)
840 A John Marshall Highway
Front Royal, VA 22630
(540) 428-1715

Subedi, Guna R., MD
Pro#: 91376
Shenandoah Medical Associates
625 Virginia Ave
Front Royal, VA 22630
(540) 635-7991

Hospital Affiliations:
Warren Memorial Hospital, Inc.

Gainesville

Joseph, Bridget, MD
Pro#: 10092117
Allergy and Asthma Specialists of Greater Washington (IM)
7330 Heritage Village Plaza
Gainesville, VA 20155
(571) 248-6565

Kissi, Ludmila, MD
Pro#: 10198783
Patient First-Gainesville
14800 Lee Highway
Gainesville, VA 20155
(703) 743-7017

Galax

Bonsu, Osei, DO
Pro#: 10027216
Carilion Medical Associates
199 Hospital Drive Ste 5
Galax, VA 24333
(276) 236-6136

199 Hospital Drive Suite 5
Galax, VA 24333
(276) 236-6136

Hospital Affiliations:
Carilion New River Valley Medical Center

Rhinehart, Kenneth Bernard, MD
Pro#: 10176460
NMG Affiliate Practice I, LLC
813 West Stuart Dr
Galax, VA 24333
(276) 238-3318

Pemberton, Arthur S., MD
Pro#: 10112716
Carilion Healthcare Corporation
199 Hospital Drive Ste 7
Galax, VA 24333
(276) 236-6136

199 Hospital Drive Suite 5
Galax, VA 24333
(276) 236-6136

Hospital Affiliations:
Carilion New River Valley Medical Center

Glen Allen

Aggarwal, Arpita, MD
Pro#: 10134184
Family Physicians of Ridgefield
5360 Twin Hickory Road
Glen Allen, VA 23059
(804) 346-3200

Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
VCU Health System/VCVH
Primary Care Physicians - Tier 1

Younger, Sarah Ann, MD
Prov#:: 10176261
Tidewater Physicians Multispecialty Group, PC (TPMG)
2117 Hartford Rd
Hampton, VA 23666
(757) 825-4273
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Hernandez, Maria A, MD
Prov#:: 10045674
Carilion Healthcare Corporation
282 Westlake Rd
Harrico, VA 24101
(540) 721-2699

Flores-Perez, Iehsus S., MD
Prov#:: 19978
Harrisonburg Internal Medicine
1931 Medical Avenue
Harrisonburg, VA 22801
(540) 564-7180
Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
LewisGale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery
Sentara RMH Medical Center

Rakari, Iljia Steven, MD
Prov#:: 21467
Medical Avenue Internal Medicine, P.C.
1920 Medical Avenue Suite F
Harrisonburg, VA 22801
(540) 908-3095

Roussel, George A, MD
Prov#:: 199978
Harrisonburg Internal Medicine
1937 Medical Ave
Harrisonburg, VA 22801
(540) 433-6967
Hospital Affiliations:
Sentara RMH Medical Center

Shaqfat, Syed L., MD
Prov#:: 41426
Peak View Internal Medicine
1741 B Erickson Avenue
Harrisonburg, VA 22801
(540) 574-2920
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Martha Jefferson Hospital
Sentara RMH Medical Center

Yoder, Gene L, MD
Prov#:: 19995
Harrisonburg Internal Medicine
1937 Medical Ave
Harrisonburg, VA 22801
(540) 433-6967

Haymarket

Akintide, Adebodin G., MD
Prov#:: 10176212
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chapinham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parkham Campus
Henrico Doctors' Hospital - Retreat Campus
Inova Alexandria Hospital
John Randolph Medical Center
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
Sentara Northern Virginia Medical Center
Shenandoah Memorial Hospital
St. Mary's Regional Medical Center
Warren Memorial Hospital, Inc.

Anyalebechi, Chukwudi B., MD
Prov#:: 10176261
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Bhardwaj, Pritha, MD
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15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Sentara Martha Jefferson Hospital

Burris II, Alfred C., MD
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15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Dahbiya, Munira M., MD
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NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
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Hospital Affiliations:
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Haymarket Medical Center
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Davle, Amritkumar V., MD
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NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Fan, Elaine Y., MD
Prov#:: 10176106
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15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Haas, Joseph S., MD
Prov#:: 10176241
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Jafir, Ahsan Q., DO
Prov#:: 10176294
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Jamil, Adnan, DO
Prov#:: 10176274
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Khainey, Sheila, MD
Prov#:: 10176328
NMG Affiliate Practice I, LLC
15195 Heathcote Blvd Suite 104
Haymarket, VA 20169
(571) 284-4370
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Kim, Young Kwan, DO
Prov#:: 10176337
NMG Affiliate Practice I, LLC
15225 Heathcote Blvd
Haymarket, VA 20169
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center
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<td>Clashey, Sheila, MD</td>
<td>Primary Health Group - Ironbridge</td>
<td>(804) 458-8536</td>
<td>308 North 6th Avenue, Hopewell, VA 23860</td>
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<tr>
<td>Gadaní, Munu, MD</td>
<td>Hospital Affiliations: Chippewa Medical Center/Johnston-Willis Hospital</td>
<td>(804) 458-2006</td>
<td>503 Plaza Drive Ste 101, Hopewell, VA 23860</td>
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<tr>
<td>Magnin, Albert, MD</td>
<td>SmartCare River Medical LLC</td>
<td>(804) 458-8557</td>
<td>815 W Poytress Street, Hopewell, VA 23860</td>
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<tr>
<td>Kovacich, John J., MD</td>
<td>Independence Family Care</td>
<td>(703) 768-7114</td>
<td>217 South Independence Ave, Independence, VA 24348</td>
<td>Independence</td>
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<tr>
<td>Couch, Jill K., DO</td>
<td>Twin Valley Regional Hospital</td>
<td>(703) 768-7114</td>
<td>217 South Independence Avenue, Independence, VA 24348</td>
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<tr>
<td>Almatari, Abdul-Latif, MD</td>
<td>Stone Mountain Health Services</td>
<td>(703) 768-7114</td>
<td>276 Fieldstone Drive, Jonesville, VA 24263</td>
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<td>Almatari, Abdul-Latif, MD</td>
<td>Stone Mountain Health Services</td>
<td>(703) 768-7114</td>
<td>276 Fieldstone Drive, Jonesville, VA 24263</td>
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<tr>
<td>Powers, Linda P., MD</td>
<td>Norton Community Hospital</td>
<td>(434) 676-8021</td>
<td>306 E Sixth Avenue, Kenbridge, VA 23944</td>
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<td>Clashey, Sheila, MD</td>
<td>Hospital Affiliations: Chippewa Medical Center/Johnston-Willis Hospital</td>
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<td>308 North 6th Avenue, Hopewell, VA 23860</td>
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<td>Magnin, Albert, MD</td>
<td>Hospital Affiliations: Southside Regional Medical Center</td>
<td>(804) 458-8557</td>
<td>815 W Poytress Street, Hopewell, VA 23860</td>
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<td>Norton Community Hospital</td>
<td>(434) 676-8021</td>
<td>306 E Sixth Avenue, Kenbridge, VA 23944</td>
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Optima Direct Network Providers January 2019

OptimaHealth

Primary Care Physicians - Tier 1

Kilmarnock

Butt, Sanah A., MD
Provision #: 10068205
Rappahannock General Hospital
Internal Medicine
101 Harris Drive
Kilmarnock, VA 22482
(804) 435-8000
Hospital Affiliations:
- Alleghany Regional Hospital d/b/a LewisGale Medical Center
- Rappahannock General Hospital
- Smyth County Community Hospital

Daffe, June, MD
Provision #: 10155913
Bay Internists, Inc.
107 DMV Dr
Kilmarnock, VA 22482
(804) 435-3103
Hospital Affiliations:
- Rappahannock General Hospital

Lansdowne

Sandhu, Mandeep, MD
Provision #: 10143685
Loudoun Medical Care
19415 Deerfield Avenue Suite 115
Leesburg, VA 20176
(703) 729-2626

Tripple, Michele D., MD
Provision #: 96043
Michele Tripple, MD, Inc.
19420 Golf Vista Plaza Ste 130
Lansdowne, VA 20176
(703) 723-8668
Hospital Affiliations:
- Winchester Medical Center

Lebanon

Ulrich, Michael Alan, DO
Provision #: 10074458
MSMG IM LEB
71 R. Flanagan Avenue
Lebanon, VA 22466
(276) 883-8030
Hospital Affiliations:
- Johnston Memorial Hospital

Leesburg

Abedin, Tareq, MD
Provision #: 10089441
Ashburn Sterling Internal Medicine & Pediatrics
19415 Deerfield Avenue
Leesburg, VA 20176
(703) 729-9220

Andrew, John, MD
Provision #: 10006448
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 116
Leesburg, VA 20176
(703) 858-3220

Chanda, Sandhya, MD
Provision #: 10149700
Loudoun Medical Group PC
224D Cornwall St NW Suite 303
Leesburg, VA 20176
(703) 777-8840

Cook III, John, MD
Provision #: 10005785
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 116
Leesburg, VA 20176
(703) 858-3220

Smarth, Carole, MD
Provision #: 10034847
Leesburg/Sterling Family Practice
44055 Riverside Parkway Ste 110
Leesburg, VA 20176
(703) 724-7530

Ujevic, Neven, MD
Provision #: 10038004
Neven A. Ujevic
19450 Deerfield Avenue Ste 102
Leesburg, VA 20176
(540) 722-8172
Hospital Affiliations:
- Winchester Medical Center

Geih, Vaishali N., MD
Provision #: 63787
Loudoun Medical Group PC
19450 Deerfield Avenue Suite 100
Leesburg, VA 20176
(540) 722-8172
Hospital Affiliations:
- Winchester Medical Center

Gill, Nitidi, MD
Provision #: 10149705
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 116
Leesburg, VA 20176
(703) 858-3220

Joglekar, Jay J., MD
Provision #: 95967
Loudoun Internal Medicine Consultants
19415 Deerfield Ave Ste 202
Leesburg, VA 20176
(540) 722-8172
Hospital Affiliations:
- Winchester Medical Center

Kim, Richard, MD
Provision #: 10006525
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 216
Leesburg, VA 20176
(703) 858-1395

Patel, Anil J., MD
Provision #: 10123861
Loudoun Medical Group PC
224D Cornwall St NW Suite 303
Leesburg, VA 20176
(703) 777-8840

Pillai, Geetha, MD
Provision #: 52081
Loudoun Internal Medicine Associates
44055 Riverside Parkway Ste 116
Leesburg, VA 20176
(703) 858-3220

Smarth, Carole, MD
Provision #: 10034847
Leesburg/Sterling Family Practice
44055 Riverside Parkway Ste 110
Leesburg, VA 20176
(703) 724-7530

Ujevic, Neven, MD
Provision #: 10038004
Neven A. Ujevic
19450 Deerfield Avenue Ste 301
Leesburg, VA 20176
(540) 463-7628

Lexington

Caldrony, Ralph Dunham, MD
Provision #: 10148536
Carilion Clinic Family Medicine
108 Houston St Suite C
Lexington, VA 24450
(540) 463-7628
Primary Care Physicians - Tier 1

Schirmer, Patricia L., MD
108 Houston Street Suite C
Lexington, VA 24450
(540) 463-7628
Hospital Affiliations:
Carilion Stonewall Jackson Hospital

Combs, Kevin Scot, DO
1012779 #
Provision: January 2019
(540) 463-0954
650 N Lee Hwy Suite 2
Lexington, VA 24450
(540) 458-3300
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Crews, James R., MD
10148544
Provision: January 2019
(540) 463-7628
Lexington, VA 24450
(540) 463-7628
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Lyons, Karen A., MD
10091339
Provision: January 2019
(540) 463-7628
Lexington, VA 24450
(540) 463-7628
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Bui, An, MD
10136554
Provision: January 2019
(540) 463-7628
Lexington, VA 24450
(540) 463-7628
Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care (Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Optima Direct Network Providers January 2019
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Optima Health
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<td>Howard, Laura, MD</td>
<td>(434) 200-3908</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
</tr>
<tr>
<td>Lewis, Danielle S., MD</td>
<td>(434) 200-3908</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
</tr>
<tr>
<td>Kadae, Margaret A, MD</td>
<td>(434) 200-3908</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
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<tr>
<td>Leaf, Danielle S., MD</td>
<td>(434) 200-3908</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
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<tr>
<td>Rawlins, Jonas, DO</td>
<td>(434) 200-3908</td>
<td>125 Nationwide Drive, Lynchburg, VA 24502</td>
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</table>
West, Sarah, MD  
Prov#: 10203807  
Community Access Network  
800 5th Street  
Lynchburg, VA 24504  
(434) 200-3366  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Williams, Nathan, MD  
Prov#: 45435  
Medical Associates of Central Virginia Intravene  
2215 Landover Place  
Lynchburg, VA 24501  
(345) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Winskiowski, Lisa, MD  
Prov#: 10824732  
Medical Associates of Central Virginia Intravene  
2215 Landover Place  
Lynchburg, VA 24501  
(345) 947-3944  
Hospital Affiliations:  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  
Manassas, VA 20110

Manassas

Manchur, J., DO  
Prov#: 10179688  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Hartford, D., MD  
Prov#: 10176461  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Kim, Young Kwan, DO  
Prov#: 10176694  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Jafir, Ahsan Q., DO  
Prov#: 10177651  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Jamil, Adnan, DO  
Prov#: 10176274  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Khianey, Sheila, MD  
Prov#: 10176128  
MGH Affiliate Practice I, LLC  
8700 Sudley Road  
Manassas, VA 20110  
(703) 396-5292  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Kim, Young Kwan, DO  
Prov#: 29101  
Manassas Internal Medicine, PC  
9303 Forest Point Circle  
Manassas, VA 20110  
(703) 257-7749  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Hospital Affiliations:  
Novant Health UVA Health System  
Fauquier Hospital  
Novant Health UVA Health System  
Prince William Medical Center  
Optima Health  
Optima Direct Network Providers January 2019  
111
Primary Care Physicians - Tier 1

Nigug, Kurwa N, MD
Proven#: 10176081
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Prince William Medical Center

Nigug, Kurwa N, MD
Proven#: 10176081
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Prince William Medical Center

Patel, Dippi C, MD
Proven#: 10176084
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Patel, Mayank H, MD
Proven#: 10176085
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Rasheed, Nasir, MD
Proven#: 10176377
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Sadig, T. S. M. Jafar, MD
Proven#: 10176177
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Thakkar, Nirav, MD
Proven#: 10176384
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
(703) 396-5292
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Prince William Medical Center

Zaidi, Zan R., MD
Proven#: 10176515
NMG Affiliate Practice I, LLC
8700 Sudley Road
Manassas, VA 20110
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Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Prince William Medical Center

Marion

Davis, Willette C, MD
Proven#: 10169226
Blue Ridge Medical Management
Corporation (MSMG IM)
245 Medical Park Dr First Floor
Marion, VA 24354
(276) 378-1341
Hospital Affiliations:
Allegany Regional Hospital d/b/a
Lewis-Gale Allegany
Carilion Roanoke Memorial Hospital
Columbia Pulaski Community Hospital
d/b/a Lewis-Gale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a
Lewis-Gale Montgomery
Smyth County Community Hospital

Jitpratuck, Warit, MD
Proven#: 10082802
MSMG HIM SCCH
565 Radio Hill Road Dept 3 West
Marion, VA 24354
(276) 782-1176
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
Smith County Community Hospital

Mya, Moe M., MD
Proven#: 10111700
Blue Ridge Medical Management
Corporation (MSMG IM)
1070 Terrace Drive
Marion, VA 24354
(276) 781-2225
Hospital Affiliations:
Smyth County Community Hospital

Powers, William T., MD
Proven#: 10097200
MSMG IM ABG
1070 Terrace Drive
Marion, VA 24354
(276) 781-2225
Hospital Affiliations:
Smyth County Community Hospital

Singer, Jerry R., MD
Proven#: 10087154
MSMG IM MAR
1070 Terrace Dr
Marion, VA 24354
(276) 781-2225

Martinsville

Aaron, Caren, MD
Proven#: 10042636
Martinsville Physician Practices, LLC
319 Hospital Drive Suite 202
Martinsville, VA 24112
(276) 666-0452
Hospital Affiliations:
SOVAH Health - Martinsville

Buchanan, Linda, MD
Proven#: 10030470
Carilion Medical Associates
1107 Brookdale Street Ste A
Martinsville, VA 24112
(276) 670-3300

Eason, Paul, MD
Proven#: 10030470
Carilion Medical Associates
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(276) 670-3300

Hama Amin, Ali M., MD
Proven#: 10060776
Carilion Medical Associates
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Isernia, James M., MD
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Martinsville Physician Practices, LLC
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Hospital Affiliations:
SOVAH Health - Martinsville

Jaff, Twana Rockhaz, MD
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1107A Brookdale Street
Martinsville, VA 24112
(276) 670-3300

Optima Direct Network Providers January 2019
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OptimaHealth

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

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Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital

Smyth County Community Hospital
Primary Care Physicians - Tier 1

Jones, Vincent K, MD  
Prov#: 10012853  
Community Family Care  
1856 Virginia Avenue  
Martinsville, VA 24112  
(276) 656-6853  
Hospital Affiliations:  
SOFY Health - Martinsville

Czajkowski, Stanley B, DO  
Prov#: 58465  
Carilion Medical Associates  
1107 Brookdale Street Ste A  
Martinsville, VA 24112  
(276) 670-3300

Prince III, William D., MD  
Prov#: 10024658  
Carilion Medical Associates  
1107 Brookdale Street Ste A  
Martinsville, VA 24112  
(276) 670-3300

Kelly, David L., MD  
Prov#: 45906  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 306  
Mechanicsville, VA 23116  
(804) 764-1253

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Daesch, Robert J., MD  
Prov#: 10194680  
Hanover Family Physicians  
9376 Atlee Station Rd  
Mechanicsville, VA 23116  
(804) 730-0990

Domah, Nau Deavin, MD  
Prov#: 10121334  
Laburnum Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

8220 Meadowbridge Rd Ste 203  
Mechanicsville, VA 23116  
(804) 764-1253

Martin-Ryan, Patricia, MD  
Prov#: 10073616  
Virginia Physicians, Inc.  
7255 Hanover Green Dr  
Mechanicsville, VA 23111  
(804) 730-1111

Hospital Affiliations:  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
McKenzie, Judith, MD  
Prov#: 10145472  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 764-1253

8220 Meadowbridge Rd Ste 203  
Mechanicsville, VA 23116  
(804) 764-1253

Payne, C. Frederick, MD  
Prov#: 34287  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 746-3505

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center

Bradow, Brian T., MD  
Prov#: 10017848  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

8200 Meadowbridge Road Suite 306  
Mechanicsville, VA 23116  
(804) 764-1253

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Halifax Regional Hospital  
Sheltering Arms Rehabilitation Hospital

Smith, Jennifer G., MD  
Prov#: 10063170  
Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

8200 Meadowbridge Road Suite 306  
Mechanicsville, VA 23116  
(804) 764-1253

Hospital Affiliations:  
Bon Secours Memorial Regional Medical Center  
Wrathford, Timothy, MD  
Prov#: 73797  
Ashcake Family Physicians  
7493 Right Flank Road Ste 400  
Mechanicsville, VA 23116  
(804) 559-2916

Midlothian

Akers-White, Latania M., MD  
Prov#: 10174325  
American Family Care  
12731 Stone Village Way  
Midlothian, VA 23113  
(804) 379-1500

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors’ Hospital - Forest Campus  
Henrico Doctors’ Hospital - Pamunke Campus  
Henrico Doctors’ Hospital - Retreat Campus  
John Randolph Medical Center  
Smyth County Community Hospital  
VCU Community Memorial Hospital  
VCU Health System/MCV

Beltram-Keeling, Joyce, MD  
Prov#: 10104143  
Internal Medicine Associates of Chesterfield  
611 Watkins Centre Parkway Suite 250  
Midlothian, VA 23114  
(804) 423-8470

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Bon Secours Mary Immaculate Hospital  
Bon Secours Maryview Medical Center  
Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital  
Bon Secours Stuart Circle Hospital  

Bradshaw, Brian T., MD  
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Bon Secours Memorial Regional Medical Center  
8200 Meadowbridge Road Suite 301  
Mechanicsville, VA 23116  
(804) 442-3750

8200 Meadowbridge Road Suite 306  
Mechanicsville, VA 23116  
(804) 764-1253

Hospital Affiliations:  
Chippenham Medical Center/  
Johnston-Willis Hospital
Primary Care Physicians - Tier 1

Burkwall, Patricia, MD
Provision#: 10021773
PartnerMD, PC
13901 Coalfield Commons Place Suite 201
Midlothian, VA 23114
(804) 420-1200
Hospital Affiliations:
Bon Secours St. Marys Hospital

Clasbey, Sheila, MD
Provision#: 10143599
Primary Health Group - Ironbridge
10130 Hull Street
Midlothian, VA 23112
(804) 276-6900
13861 Hull Street Road
Midlothian, VA 23112
(804) 276-6900
Hospital Affiliations:
Chippewa Medical Center/Johnston-Wills Hospital

Glynn, Francesca L., MD
Provision#: 10058888
PartnerMD, PC
13901 Coalfield Commons Place Suite 201
Midlothian, VA 23114
(804) 420-1200
Hospital Affiliations:
Chippewa Medical Center/Johnston-Wills Hospital

George, Anna, MD
Provision#: 75167
Patient First
11020 Hull St
Midlothian, VA 23112
(804) 744-6310
Hospital Affiliations:
Chippewa Medical Center/Johnston-Wills Hospital

Ravussin, Jeremy, MD
Provision#: 10153502
Internal Medicine Associates of Chesterfield
611 Watkins Centre Parkway Suite 250
Midlothian, VA 23114
(804) 423-8470
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Rogers, Alfred H., MD
Provision#: 10085257
Bon Secours St Francis - Internal Medicine of Chesterfield
13700 St Francis Blvd MOB Ste 510
Midlothian, VA 23114
(804) 423-8470
Hospital Affiliations:
Bon Secours St. Francis Medical Center
VCU Health System/MCV

Younuf, Hasan, MD
Provision#: 10071586
Richmond Internists PLLC
2324 Colony Crossing Place
Midlothian, VA 23112
(804) 545-3132
Hospital Affiliations:
Chippewa Medical Center/Johnston-Wills Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Southside Regional Medical Center

Moneta

Farooq, Mohammad, MD
Provision#: 10180178
Long Term Care of America-Virginia, Inc.
1112 Lakeland Pines Drive
Moneta, VA 24412
(540) 297-0023
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
John Randolph Medical Center
Southside Regional Medical Center

Monterey

Bird, Kimberly, MD
Provision#: 10148514
Highland Medical Center
120 Jackson River Road
Montpelier, VA 24465
(540) 468-3300

Montpelier

Akbar, Salman M., MD
Provision#: 30579
Care Now Inc
16618 B Mountain Road
Montpelier, VA 23112
(804) 883-0052
Grady, Victoria, MD
Provision#: 10078356
Care Now Inc
16618 B Mountain Road
Montpelier, VA 23112
(804) 883-0052

Montross

Bashore, Randall T., MD
Provision#: 45970
Central Virginia Community Health Center (CVHSC/CCNV)
18849 Kings Highway
Montross, VA 22520
(804) 493-9999
Hospital Affiliations:
University of Virginia Medical Center
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Specialty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flores-Perez, Iehsus S., MD</td>
<td>(434) 477-3185</td>
<td>Mount Jackson, VA 22842 Sentara RMH Medical Group, 120 Medical Drive</td>
<td>Hospital Affiliations: Sentara RMH Medical Center</td>
</tr>
<tr>
<td>Murray, Thomas Bradley, MD</td>
<td>(757) 824-5676</td>
<td>New Market, VA 23415 Onley Community Health Center (CCNV) 5219 Lankford Hwy</td>
<td>Hospital Affiliations: Riverside Shore Memorial Hospital</td>
</tr>
<tr>
<td>Thompson, James A, DO</td>
<td>(757) 877-4221</td>
<td>Newport News, VA 23607 Sentara CarePlex Hospital</td>
<td>Hospital Affiliations: Bon Secours dePaul Medical Center Inc</td>
</tr>
</tbody>
</table>

**Mount Jackson**

- **Flores-Perez, Iehsus S., MD**
  - Phone: (434) 477-3185
  - Address: Mount Jackson, VA 22842
  - Specialty: Hospital Affiliations: Sentara RMH Medical Center

**New Market**

- **Flores-Perez, Iehsus S., MD**
  - Phone: (340) 740-3044
  - Address: New Market, VA 22844
  - Specialty: Hospital Affiliations: Sentara RMH Medical Center

**Newport News**

- **Almeida, Jacob D., DO**
  - Phone: (757) 874-8400
  - Address: 414 Marshall Ave
  - Specialty: Hospital Affiliations: Bon Secours Mary Immaculate Hospital

- **Aspilli, Concepcion, MD**
  - Phone: (757) 944-2300
  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Baldwin, Jeremy W., MD**
  - Phone: (757) 380-8709
  - Address: 414 Marshall Ave
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Bolden, Kelle D., MD**
  - Phone: (757) 944-1850
  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Brooks, Bonnie J., MD**
  - Phone: (757) 944-1850
  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Browder, Jason P., DO**
  - Phone: (757) 877-4221
  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Renova Internal Medicine Physicians (SMG)

- **Cooper, Elizabeth, MD**
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  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Ross, Glenn S., MD**
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  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Soto Guerrero, Yazmin, MD**
  - Phone: (757) 877-4221
  - Address: 11803 Jefferson Ave Ste 140
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

**New Church**

- **Ahmed, Ali S., MD**
  - Phone: (757) 877-4221
  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Alband, Wendy F., MD**
  - Phone: (757) 261-5910
  - Address: Norfolk Community Health Center (CVHS) 5219 Lankford Highway
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

- **Alband, Wendy F., MD**
  - Phone: (757) 261-5910
  - Address: Norfolk Community Health Center (CVHS) 5219 Lankford Highway
  - Specialty: Hospital Affiliations: Sentara CarePlex Hospital

**Norfolk**

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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Bademian, Robert L., MD**
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  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Bademian, Robert L., MD**
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Barakati, Prashant, MD**
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
  - Phone: (757) 877-4221
  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
  - Phone: (757) 877-4221
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
  - Phone: (757) 877-4221
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
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  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
  - Phone: (757) 877-4221
  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc

- **Beverly, Vernis, MD**
  - Phone: (757) 877-4221
  - Address: 850 Kempsville Rd Ste 200A
  - Specialty: Hospital Affiliations: Bon Secours DePaul Medical Center Inc
<table>
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<th>Name</th>
<th>Title</th>
<th>Provider Number</th>
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<tbody>
<tr>
<td>Choi, H. Steven, MD</td>
<td>MD</td>
<td></td>
<td>Sentara Norfolk General Hospital</td>
<td>(757) 446-8920</td>
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<tr>
<td>Chakan, Matthew C., MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 261-5910</td>
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<tr>
<td>Castaldo, David J., MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 622-1661</td>
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<td>Camp, R. Michael, MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 955-2828</td>
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<td>Boggs, Jody P., MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 955-2828</td>
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<td>Bumanglag, Leila, MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 446-8920</td>
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<td>Bumanglag, Leila, MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 446-8920</td>
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<td>Castaldo, David J., MD</td>
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<td>Chakan, Matthew C., MD</td>
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<td>Sentara Norfolk General Hospital</td>
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<td>Castaldo, David J., MD</td>
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<tr>
<td>Camp, R. Michael, MD</td>
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<tr>
<td>Camp, R. Michael, MD</td>
<td>MD</td>
<td></td>
<td>Sentara Norfolk General Hospital</td>
<td>(757) 955-2828</td>
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<tr>
<td>Boggs, Jody P., MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 955-2828</td>
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<td>Bumanglag, Leila, MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 446-8920</td>
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<td>Castaldo, David J., MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 955-2828</td>
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<tr>
<td>Camp, R. Michael, MD</td>
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<tr>
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<tr>
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<td>Camp, R. Michael, MD</td>
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<td>Bumanglag, Leila, MD</td>
<td>MD</td>
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<td>Sentara Norfolk General Hospital</td>
<td>(757) 446-8920</td>
</tr>
</tbody>
</table>

Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 116
Primary Care Physicians - Tier 1

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</tr>
</thead>
<tbody>
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<tr>
<td>Van Gomple, Ryan J., MD</td>
<td>850-823-6500</td>
</tr>
<tr>
<td>Tylman, Thomas A., DO</td>
<td>850-823-6500</td>
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<tr>
<td>Tuanquin-Gonzalez, Leilanie C., MD</td>
<td>850-823-6500</td>
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<td>Taylor, Celestia J., DO</td>
<td>850-823-6500</td>
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<td>Couch, Jill K, DO</td>
<td>850-823-6500</td>
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<td>Copley, Christopher S., DO</td>
<td>850-823-6500</td>
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<td>Newberry, Brian S., DO</td>
<td>850-823-6500</td>
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<td>Raharia, Ramesh, MD</td>
<td>850-823-6500</td>
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<td>Murray, Thomas Bradley, MD</td>
<td>850-823-6500</td>
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<td>Roll, Jeanne R., MD</td>
<td>850-823-6500</td>
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<td>Bargmann, E., MD</td>
<td>850-823-6500</td>
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<td>Dame, Lien, MD</td>
<td>850-823-6500</td>
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<td>Flickinger, Tabor E., MD</td>
<td>850-823-6500</td>
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<tr>
<td>Ombres, Rachel L., MD</td>
<td>850-823-6500</td>
</tr>
<tr>
<td>Philbrick, John T., MD</td>
<td>850-823-6500</td>
</tr>
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</table>
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VCU Health System/MCV

Prince George

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### Optima Direct Network Providers January 2019

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Carilion New River Valley Medical Center
Columbia Pulaski Community Hospital db/a LewisGale Pulaski
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Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Gardner, James H., MD
Prov #: 10189921
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 2018
(540) 345-4946

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Gibbons, David M., MD
Prov #: 10167163
CARIOLN MEDICAL CENTER
3 Riverside Cir
Roanoke, VA 2016
(540) 224-5170

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Gohar, Salman, MD
Prov #: 10095967
Carilion Clinic Internal Medicine - Riverside 3
1906 Belleview Avenue
Roanoke, VA 2014
(540) 981-7000

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kaufal, Ashtosh, MD
Prov #: 10027674
Carilion Internal Medicine-Roanoke
1906 Belleview Avenue
Roanoke, VA 2014

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Stonewall Jackson Hospital

Kotler, Paul, MD
Prov #: 101080125
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 2018
(540) 345-4946

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Lantz, Jeri L., MD
Prov #: 10031276
Carilion Internal Medicine-Roanoke
1030 S Jefferson St Suite 106
Roanoke, VA 2016
(540) 985-8100

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Lau, Siva, MD
Prov #: 10173565
Physician Associates of Virginia, PC
4461 Starkey Road Ste 201
Roanoke, VA 2018
(540) 345-4946

Hospital Affiliations:
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

Lewis-Gale Medical Center

Optima Direct Network Providers January 2019 124

OptimaHealth
### Primary Care Physicians - Tier 1

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- **Optima Direct Network Providers January 2019**
- **Carilion Medical Associates**
- **Lewis-Gale Physicians, LLC**
- **Physician Associates of Virginia, PC**
- **Mountcastle, Robert, MD**
- **Pagan, Elvis R., MD**
- **Patel, Vishal D, MD**
- **Perkins Jr, John C, MD**
Primary Care Physicians - Tier 1

Griffin, Edward Alan, MD
Pro#: 10195751
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 444-2010

Hospital Affiliations:
Lewis-Gale Medical Center

Grove, Jr., Lucian Y., MD
Pro#: 10148099
Carilion Healthcare Corporation
1933 W. Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Habib, Roy, MD
Pro#: 10015911
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-3490

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Haider, Syed T., MD
Pro#: 10086059
Valley Internal Medicine, PC
3737 W Main Street Suite 102
Salem, VA 24153
(540) 380-3722

Hospital Affiliations:
Alleghany Regional Hospital d/b/a LewisGale Alleghany
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
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Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Kimsey, Adrienne M., DO
Pro#: 10148150
Carilion Healthcare Corporation
1933 W. Main St
Salem, VA 24153
(540) 387-0441

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kitchin, Patricia L, DO
Pro#: 10172483
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 444-2010

Hospital Affiliations:
Lewis-Gale Medical Center

Nguyen, Son, MD
Pro#: 10075316
Lewis-Gale Physicians, LLC
2155 Apperson Drive
Salem, VA 24153
(540) 772-3490

Hospital Affiliations:
Lewis-Gale Medical Center

Optima Direct Network Providers January 2019
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Primary Care Physicians - Tier 1

Haden, David S., MD
Provv#: 54539
David S. Haden, MD, PC
5505 Indian River Rd Ste 101
Virginia Beach, VA 23464
(757) 420-9573

Hospital Affiliations:
Chesapeake Regional Medical Center

Hasan, Faig, MD
Provv#: 10069392
Little Neck Medical Center, Inc.
3500 Va Beach Blvd Ste 100
Virginia Beach, VA 23452
(757) 502-8966

Hasan, Tajamul, MD
Provv#: 10141168
Pleasant Valley Medical Center
4221 Pleasant Valley Rd Ste 114
Virginia Beach, VA 23464
(757) 495-7420

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Hipol, Rose D., MD
Provv#: 37053
Hipol Clinic
701 Independence Cir
Virginia Beach, VA 23455
(757) 499-6395

Hospital Affiliations:
Sentara Bayside Hospital

Holmes, Bert W., MD
Provv#: 10160237
Patient Choice Oceana
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23462
(757) 738-1300

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

Jackson, Leroy T., MD
Provv#: 10207568
Legacy Care, LLC
1604 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 222-0330

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Kamel, Nancy, MD
Provv#: 10137308
Tidewater Physicians Multispecialty Group, PC (TPMG)
1232 Perimeter Parkway Suite 101
Virginia Beach, VA 23454
(757) 821-2088

Keys-Frezzell, Dana J., MD
Provv#: 10175937
Patient First - Holland Rd
3432 Holland Road
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(757) 468-1855

Kumar, Anita C., MD
Provv#: 10027686
Bon Secours Medical Associates
4445 Corporation Ln Ste 120
Virginia Beach, VA 23462
(757) 213-6980

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Kurtz, Eleanor J., MD
Provv#: 10100023
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Sentara Bayside Hospital

Le, Dau T., MD
Provv#: 68417
Dau T. Le, MD
5444 Virginia Beach Blvd Suite 104
Virginia Beach, VA 23452
(757) 671-8746

Hospital Affiliations:
Sentara Bayside Hospital

Malik, Rajul, MD
Provv#: 99624
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Manian, Swarna, MD
Provv#: 96721
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Matawaran, Ramon A., MD
Provv#: 10053413
Bayview Physician Services, PC
1800 Colonial Medical Ct
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Sentara Fitzgerald Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Mughal, Amjad Iqbal, MD
Provv#: 10171328
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

Patel, Jitendra M., MD
Provv#: 32002
Family and Internal Medical Center
2020 S Independence Blvd Ste 1
Virginia Beach, VA 23456
(757) 471-3100

Hospital Affiliations:
Sentara Bayside Hospital

Patel, Niraj L. MD
Provv#: 10177541
Legacy Care, LLC
2900 Sabre Street Suite 300
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Allegany Regional Hospital d/b/a
LewisGale Allegany
Bon Secours Memorial Regional Medical Center

Riedler, Sylvia H., MD
Provv#: 10129763
Bon Secours Town Center Medical Associates
4421 Virginia Beach Blvd Suite 114
Virginia Beach, VA 23462
(757) 738-1300

Rehman, Syed A., MD
Provv#: 10134558
Legacy Care, LLC
2900 Sabre Street
Virginia Beach, VA 23452
(757) 222-0300

Hospital Affiliations:
Chippendale Medical Center/
Johnson-Willis Hospital

Riedler, Sylvia H., MD
Provv#: 20437
Bayview Physician Services, PC
1168 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-1113

Hospital Affiliations:
Chippendale Medical Center/
Johnson-Willis Hospital

Roberts, Beverly Sue Anderson, DO
Provv#: 10168776
Patient First - Indian River
5486 Indian River Road
Virginia Beach, VA 23464
(757) 424-2490

Hospital Affiliations:
Rappahannock General Hospital
Sentara Albemarle Medical Center
Sentara CarePlex Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Salsano, Alessio C., MD
Provv#: 12275
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Samuels, Garfield Hue, MD
Provv#: 10030237
Prime Care Internal Medicine, PC
4452 Corporation Lane Suite 300
Virginia Beach, VA 23462
(757) 518-8823

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc

San-Marin, Andrei, MD
Provv#: 10078378
Virginia Beach Family Medicine (PICH) (CCNV)
940 General Booth Blvd Suite A
Virginia Beach, VA 23451
(757) 425-3610

Seipel, Tamnis N., MD
Provv#: 1017023
Bayview Physician Services, PC
1168 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-1113

Steier, Howard C., MD
Provv#: 12016
Howard C. Steier, MD PLC
1004 First Colonial Rd Ste 102
Virginia Beach, VA 23454
(757) 481-3811

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Szulc, Susan V., MD
Provv#: 10094696
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Hospital Affiliations:
Sentara Virginia Beach General Hospital

Tannous, George M., MD
Provv#: 10020287
Bon Secours Medical Associates
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 305-1797

Toxey, Craig, MD
Provv#: 10133700
Bayview Physician Services, PC
1925 Glenn Mitchell Dr Ste 100
Virginia Beach, VA 23456
(757) 689-8430

Optima Direct Network Providers January 2019 129

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<td>Matthew, S., MD</td>
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<td>Mccarthy, Kevin, MD</td>
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<tr>
<td>419 Holiday Court Suite 100</td>
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<tr>
<td>201 Lew Dewitt Blvd</td>
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<td>4329 Broadview Dr</td>
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<tr>
<td>15 Boyington Blvd Ste A-01</td>
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<tr>
<td>227 McLaw Circle</td>
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<tr>
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<td>Sentara Family Medicine Physicians(SMG)</td>
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<tr>
<td>400 Sentara Circle Suite 450</td>
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<tr>
<td>Williamsburg, VA 23188</td>
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<td>(757) 345-4600</td>
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<td>4374 New Town Ave Ste 102</td>
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<td>Bagri, Harjit, MD</td>
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<tr>
<td>Harjit Bagri, MD</td>
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<tr>
<td>2505 Valley Avenue</td>
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<tr>
<td>Winchester, VA 22601</td>
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<tr>
<td>(540) 665-0084</td>
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<td>Barch, Cyril A., MD</td>
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<tr>
<td>Selma Medical Associates Inc</td>
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<tr>
<td>104 Selma Dr</td>
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<tr>
<td>Winchester, VA 22601</td>
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<tr>
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<td>Bechamps, Michon, MD</td>
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<tr>
<td>Winchester, VA 22601</td>
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<tr>
<td>(540) 678-2800</td>
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</table>
Primary Care Physicians - Tier 1

1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800
Hospital Affiliations:
Winchester Medical Center

Botros, Emad M., MD
Prov#: 72594
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

Brink, William C., MD
Prov#: 10202947
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Norton Community Hospital

Buettin, Erin H., DO
Prov#: 10050097
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Winchester Medical Center

Childress, S. Preston, MD
Prov#: 43944
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

Gibbs, Thomas Avery, MD
Prov#: 43945
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800

Gondy, Gauthami, MD
812 Amherst St
Winchester, VA 22601
(540) 536-0010
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Harden-Mack, Angela M, MD
Prov#: 10065650
Valley Family Practice LLC
347 Westside Station Drive
Winchester, VA 22601
(540) 667-0744
Hospital Affiliations:
Winchester Medical Center

Hemachandra, Gaylord O., MD
Prov#: 53556
Winchester Internal Medicine, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Hetheraight, Gaylord O., MD
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400
Hospital Affiliations:
Winchester Medical Center

Houser, Archibald W., MD
Prov#: 27032
Winchester Medical Consultants
212 Linden Dr Suite 152
Winchester, VA 22601
(540) 667-0744
Hospital Affiliations:
Winchester Medical Center

Jasty, Prasanthi, MD
Prov#: 10079096
Valley Health Infectious Diseases
33 West Cork Street Suite 720
Winchester, VA 22601
(540) 536-8928
Hospital Affiliations:
Winchester Medical Center

Joglekar, Jay J., MD
Prov#: 95967
Internal Medicine Consultants
148 Linden Dr Ste 103
Winchester, VA 22601
(540) 722-8172
172 Linden Drive Ste 100
Winchester, VA 22601
(540) 722-8172
Hospital Affiliations:
Winchester Medical Center

Keim, Douglas B., MD
Prov#: 43937
Warren Memorial Hospital, Inc.
190 Campus Blvd Ste 200
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Winchester Medical Center

Kent, Lisa, MD
Prov#: 43961
Winchester Medical Consultants
212 Linden Dr Suite 152
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Winchester Medical Center

Lisk Sr, Matthew T, DO
Prov#: 10201254
Valley Health Winchester Family Practice
1440 Amherst Street
Winchester, VA 22601
(540) 536-5400
160 Merchant Street Suite 100
Winchester, VA 22603
(540) 536-5560
621 East Jubal Early Drive
Winchester, VA 22601
(540) 536-5500
Hospital Affiliations:
Winchester Medical Center

Peake, Sharon P., MD
Prov#: 32184
Selma Medical Associates Inc
104 Selma Dr
Winchester, VA 22601
(540) 678-2800
1870 Amherst Street Suite 1 E
Winchester, VA 22601
(540) 678-2800
Hospital Affiliations:
Winchester Medical Center

Pokharel, Reha, MD
Prov#: 10202947
Amherst Family Practice, PC
1867 Amherst Street
Winchester, VA 22601
(540) 662-6135
Hospital Affiliations:
Norton Community Hospital

Subedi, Guna R., MD
Prov#: 93176
Shenandoah Medical Associates
324 West Boscawen Street
Winchester, VA 22601
(540) 536-8928
Hospital Affiliations:
Warren Memorial Hospital, Inc.

Wise

Bevins, Ashley, DO
Prov#: 10050874
Norton Community Physicians
716 Spring Ave SE Suite 204
Wise, VA 24293
(276) 328-8910
Hospital Affiliations:
Norton Community Hospital

Cusano, Matthew, MD
Prov#: 10045399
Norton Community Physician Services LLC
716 Spring St Suite 103
Wise, VA 24293
(276) 328-8910
Hospital Affiliations:
Norton Community Hospital

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Primary Care Physicians - Tier 1

Nichols, Tiffani M., DO
Pro#: 10050670
Norton Community Physicians
716 Spring Street Ste 204
Wise, VA 24293
(276) 328-8910
Hospital Affiliations:
- Norton Community Hospital

Sergent, Bernie N., DO
Pro#: 10116648
Norton Community Physician Services LLC
716 Spring St Suite 103
Wise, VA 24293
(276) 328-8910
Hospital Affiliations:
- Norton Community Hospital

Abdulle, Abucar A., MD
Pro#: 10173784
Abucar A. Abdulle
12761 Darby Brook Ct Ste 101
Woodbridge, VA 22192
(703) 730-5064
Hospital Affiliations:
- Apollo Regional Hospital
- Hurlan ARH
- Norton Community Hospital

Ahmad, Akber, MD
Pro#: 10165193
Sentara Internal Medicine Physicians (SMG)
12828 Minnieville Rd Ste 202
Woodbridge, VA 22191
(703) 523-9831
Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Sentara Almeamarle Medical Center
- Sentara CarePlex Hospital
- Sentara Norfolk General Hospital
- Sentara Northern Virginia Medical Center
- Sentara Obici Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- Sentara Williamsburg Regional Medical Center

Akrami, Fardin, MD
Pro#: 10040163
Woodbridge Internal Medicine, PC
2200 Opitz Blvd Suite 235
Woodbridge, VA 22191
(703) 910-7390
Hospital Affiliations:
- Inova Alexandria Hospital
- Potomac Valley Hospital

Alemzadeh, Amir, MD
Pro#: 10077535
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 897-4700
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Alemzadeh, Nazanin, MD
Pro#: 10078994
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 897-4700
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Al-Khateeb, Deana, MD
Pro#: 10072686
Ridgeview Internal Medicine, LLC
2296 Opitz Blvd Suite 330
Woodbridge, VA 22191
(703) 670-7600
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Farah, Bassam, MD
Pro#: 10074659
Lake Ridge Internal Medicine, PC
1725 Financial Loop
Woodbridge, VA 22192
(703) 492-1108
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Gallo, Laura K, MD
Pro#: 10158437
Sentara Family and Internal Medicine Physicians (SMG)
1900 Opitz Blvd Ste F
Woodbridge, VA 22191
(703) 490-3997
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Kapadia, Arul P., MD
Pro#: 10129213
Commonwealth Internal Medicine LLC
2296 Opitz Blvd Suite 330
Woodbridge, VA 22191
(703) 897-8389
Hospital Affiliations:
- Inova Fairfax Hospital
- Sentara Northern Virginia Medical Center

Mousavi, Sohail, MD
Pro#: 10078991
Cardinal Internal Medicine Associates PC
12731 Marblestone Drive Suite 200
Woodbridge, VA 22192
(703) 897-4700
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Moustafa Hussein, Wessam H., MD
Pro#: 10140753
Medserve Clinic, LLC
13001 Summit School Road Suite 3
Woodbridge, VA 22192
(703) 491-4134
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Nwufoh, Gabriel O., MD
Pro#: 10085049
Medical Clinic of Woodbridge, Inc
12716 Directors Loop
Woodbridge, VA 22192
(703) 497-1964
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Owusu-Nyamekye, Nana, MD
Pro#: 10140512
Sentara Family Medicine Physicians (SMG)
4500 Pond Way Ste 170
Woodbridge, VA 22192
(703) 494-6627
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Saljuki, Rafiq, MD
Pro#: 10204659
RAFIO SALJUKI, MD, LLC
14904 Jefferson Davis Hwy Ste 308
Woodbridge, VA 22191
(703) 499-9966
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Wasmuddin, Khalid, MD
Pro#: 10027762
Khalid Wasmuddin, MD
14904 Jefferson Davis Hwy Ste 310
Woodbridge, VA 22191
(703) 499-9966
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

Wynn, Alan, MD
Pro#: 10022827
Sentara Family and Internal Medicine Physicians (SMG)
1900 Opitz Blvd Ste F
Woodbridge, VA 22191
(703) 490-3997
Hospital Affiliations:
- Inova Fairfax Hospital
- Sentara Northern Virginia Medical Center

Wytheville

Clay, Denise, MD
Pro#: 10158243
Forest Family Care
1785 West Lee Hwy
Wytheville, VA 24382
(276) 228-6499
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Yorktown

Defilgo-Smith, Ann Marie D., MD
Pro#: 92355
Tidewater Physicians Multispecialty Group, PC (TPMG)
307 Cook Rd
Yorktown, VA 23690
(757) 898-7261
Hospital Affiliations:
- University of Virginia Physicians Group

Zion Crossroads

Gomez-Manjarres, Diana, MD
Pro#: 10152560
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
- University of Virginia Physicians Group

Lawrence, Jenilee V., MD
Pro#: 10175224
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466
Hospital Affiliations:
- UVA Culpeper Hospital
- University of Virginia Physicians Group
Primary Care Physicians - Tier 1

Salomon, Alexander E., MD  
Prov#: 10072387  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center  

Johnston, Helen, MD  
Prov#: 10092148  
Highlands Pediatrics, PC  
26210 Lee Highway  
Abingdon, VA 24211  
(276) 623-8100  
Hospital Affiliations:  
Johnston Memorial Hospital  

Farber, Jon M., MD  
Prov#: 10017814  
All Pediatrics  
1500 North Bearegard Street Suite 200  
Alexandria, VA 22311  
(703) 436-1215  
Hospital Affiliations:  
Inova Alexandria Hospital  
Sentara Northern Virginia Medical Center  

Prior, Megan, MD  
Prov#: 10205782  
Neighborhood Health  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 535-5568  


Visger, Jennifer M., MD  
Prov#: 10193060  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
University of Virginia Medical Center  

Somerville, Lindsay A., MD  
Prov#: 10092009  
Highlands Pediatrics, PC  
26210 Lee Highway  
Abingdon, VA 24210  
(276) 623-8100  
Hospital Affiliations:  
University of Virginia Medical Center  

Seeley Dick, Sarah, DO  
Prov#: 10096513  
Highlands Pediatrics, PC  
26210 Lee Highway  
Abingdon, VA 24210  
(276) 623-8100  
Hospital Affiliations:  
University of Virginia Medical Center  


Westfield, Wendy Kay, MD  
Prov#: 64908  
University of Virginia Physicians Group  
1015 Spring Creek Parkway  
Zion Crossroads, VA 22942  
(434) 243-9466  
Hospital Affiliations:  
Chippenham Medical Center/Johnston-Willis Hospital  

Ob/Gyn PCP  


Neal, Randolph, MD  
Prov#: 46264  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765  


Harrisonburg  


Visger, Jennifer M., MD  
Prov#: 10012441  
Shenandoah Women's Healthcare  
240 Lucy Drive  
Harrisonburg, VA 22801  
(540) 438-1314  

PEDIATRICS  


Pediatrics  


Barton, Aimee M., MD  
Prov#: 10200907  
MSMG FP IM PEDS KPT  
16000 Johnston Memorial Dr 4th Floor  
Abingdon, VA 24211  
(276) 258-4050  
Hospital Affiliations:  
Johnston Memorial Hospital  


Hudgens, Donna R., MD  
Prov#: 10088272  
Highlands Pediatrics, PC  
26210 Lee Highway  
Abingdon, VA 24210  
(276) 623-8100  
Hospital Affiliations:  
Johnston Memorial Hospital  


Dyer, Amy, MD  
Prov#: 10197309  
Neighborhood Health  
2616 Sherwood Hall Lane Suite 106  
Alexandria, VA 22306  
(703) 360-0300  


Powell, Clydette, MD  
Prov#: 10167048  
Alexandria Neighborhood Health Services Inc  
2 East Glebe Road  
Alexandria, VA 22305  
(703) 535-5568  


Altavista  


Devold, Kimberly M., MD  
Prov#: 10121657  
Centra Medical Group, LLC  
1280A Main St  
Altavista, VA 24517  
(434) 309-1165  


Optima Direct Network Providers January 2019 133
## Primary Care Physicians - Tier 1

### Amelia
- **Ellini, Ahmad, MD**
  - Provs: 10097991
  - American Kids Care PC
  - 7008 Little River Tpke Ste B
  - Annandale, VA 22003
  - (703) 914-2723

- **Cheema, Sarah Ijaz, MD**
  - Provs: 10079007
  - Southern Dominion Health Systems Inc
  - 8920 Otterburn Rd
  - Amelia, VA 23002
  - (804) 561-5150

- **Cheema, Abdussalam, MD**
  - Provs: 10079007
  - Southern Dominion Health Systems Inc
  - 8920 Otterburn Rd
  - Amelia, VA 23002
  - (804) 561-5150

- **Sequeira, Deryk C, MD**
  - Provs: 10079007
  - American Kids Care PC
  - 7008 Little River Tpke Ste B
  - Annandale, VA 22003
  - (703) 914-2723

### Appalachia
- **Forehand, John Randolph, MD**
  - Provs: 10132807
  - Stone Mountain Health Services (CCNV)
  - 507 West Main Street
  - Appalachia, VA 24216
  - (276) 565-2760

- **Hospital Affiliations:**
  - Clinch Valley Medical Center

### Arrington
- **Mendelsohn, Mark J., MD**
  - Provs: 10206566
  - Blue Ridge Medical Center (CCNV)
  - 4038 Thomas Nelson Hwy
  - Arrington, VA 22922
  - (434) 263-4000

- **Hospital Affiliations:**
  - Centra Lynchburg General Hospital

### Ashburn
- **Arichandran, Narmatha, MD**
  - Provs: 10052276
  - Capitol Area Pediatrics Inc
  - 43480 Yukuin Drive Suite 206
  - Ashburn, VA 20147

- **Hospital Affiliations:**
  - Inova Fairfax Hospital
  - Inova Fair Oaks Hospital

- **Beloy, Amie, MD**
  - Provs: 70805
  - Ashburn Pediatrics
  - 20955 Professional Plaza Ste 200
  - Ashburn, VA 20147
  - (703) 729-7652

- **Carroll, Maura, MD**
  - Provs: 10040112
  - Ashburn Pediatrics
  - 20955 Professional Plaza Ste 200
  - Ashburn, VA 20147
  - (703) 729-7652

- **Christian, Shirley, MD**
  - Provs: 98733
  - Capitol Area Pediatrics Inc
  - 43480 Yukuin Drive Suite 206
  - Ashburn, VA 20147

- **Hospital Affiliations:**
  - Inova Fairfax Hospital

### Annandale
- **Cheema, Abdussalam, MD**
  - Provs: 10105066
  - American Kids Care PC
  - 7008-B Little River Turnpike
  - Annandale, VA 22003
  - (703) 914-2723

- **Cheema, Sarah Ijaz, MD**
  - Provs: 10171316
  - American Kids Care PC
  - 7008 Little River Tpke Ste B
  - Annandale, VA 22003
  - (703) 914-2723

- **Ellini, Ahmad, MD**
  - Provs: 10200164
  - Ahmad Ellini
  - 7501 Little River Tpke Ste 202
  - Annandale, VA 22003
  - (703) 256-7200

- **Saha, Mitali, MD**
  - Provs: 10209918
  - American Kids Care PC
  - 7008 Little River Tpke Ste B
  - Annandale, VA 22003
  - (703) 914-2723

### Crowley, Theresa, MD
- Provs: 100389919
- Ashburn Pediatrics
- 20955 Professional Plaza Ste 200
- Ashburn, VA 20147
- (703) 729-7652

### Dharia, Subarna, MD
- Provs: 10124667
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147
- (703) 723-3201

### Eng Tow, Della, MD
- Provs: 10060796
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Ferrer, Jennifer, MD
- Provs: 10068532
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Fox, Carol, MD
- Provs: 10052277
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Hill, Lisa, MD
- Provs: 98903
- Capitol Area Pediatrics Inc
- 44050 Ashburn Village Shopping
- Ashburn, VA 20147
- (703) 723-5500

### Hospital Affiliations:
- Inova Fairfax Hospital

### Hong, Sharon, MD
- Provs: 10080752
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147
- (703) 860-4200

### Hospital Affiliations:
- Inova Fairfax Hospital

### Incatasciato, William, MD
- Provs: 28650
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Jasani, Archanaa, MD
- Provs: 10060774
- Capital Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147
- 44050 Ashburn Village Shopping
- Ashburn, VA 20147
- (703) 723-5500

### Hospital Affiliations:
- Inova Fairfax Hospital

### Kim, Cindy, MD
- Provs: 10054601
- Capital Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147
- (703) 723-3201

### Hospital Affiliations:
- Inova Alexandria Hospital

### Kodu, Umesh V., MD
- Provs: 10095529
- Penguin Pediatrics PLLC
- 44095 Pipeline Plaza Suite 410
- Ashburn, VA 20147
- (571) 223-2229

### Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Stafford Hospital Center

### Kohn, Susan, MD
- Provs: 10061828
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Lee, Nicole, MD
- Provs: 10061828
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Maya, Nair, MD
- Provs: 10060395
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### McAndrews, Julie, MD
- Provs: 23947
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147

### Hospital Affiliations:
- Inova Fairfax Hospital

### Moats, Courtney A., MD
- Provs: 10082589
- Capitol Area Pediatrics Inc
- 43480 Yukuin Drive Suite 206
- Ashburn, VA 20147
- (703) 860-4200

### Hospital Affiliations:
- Reston Hospital Center
Primary Care Physicians - Tier 1

Morris, Edward, MD
Provs #: 10055369
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Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
Provs #: 10117661
Capital Area Pediatrics Inc
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O'Brien, Kelsey H., MD
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Capital Area Pediatrics Inc
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Pierce, Amy, MD
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Pierce, Victoria, MD
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Reilly, Michele, DO
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Sawyer, Rebecca, MD
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Sethi, Rupinder K., MD
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Shah, Jyotsna, MD
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Siegel, Allison J, MD
Provs #: 10131956
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Hospital Affiliations:
Inova Fairfax Hospital

Srivastava, Anjuli, MD
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Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
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Tan, Hanita Oh, MD
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Ashburn, VA 20147

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
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Watts, Elizabeth, MD
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Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
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Hospital Affiliations:
Inova Fairfax Hospital

Waxman, Phyllis, MD
Provs #: 10052524
Capital Area Pediatrics Inc
43480 Yukon Drive Suite 206
Ashburn, VA 20147

Hospital Affiliations:
Inova Fairfax Hospital

Bedford

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Provs #: 10166341
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Berryville

Adem, Keriya, MD
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Roychohury, Anya, MD
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Loudoun Pediatric Associates
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Hospital Affiliations:
Inova Fairfax Hospital

Blackburg

Abraham, Ancy, MD
Provs #: 10188109
Academic Primary Care Associates LLC
3708 S Main Street Ste B
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(540) 443-7180

Hospital Affiliations:
Lewis-Gale Medical Center

Abraham-Hardee, Sofia, DO
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Hospital Affiliations:
Lewis-Gale Medical Center

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Hospital Affiliations:
Lewis-Gale Physicians, LLC
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Blacksburg, VA 24060
(540) 443-3940

Hospital Affiliations:
Lewis-Gale Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Collins, Ann, DO
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Kozar, Christina A., DO
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(540) 443-7180

Koizer, David E., MD
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(540) 552-7272

Hospital Affiliations:
Carilion New River Valley Medical Center

McElroy, Paul G., MD
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(540) 552-7272

Hospital Affiliations:
Carilion New River Valley Medical Center

Mogen, Florence H., MD
Provs #: 31973
New River Valley Pediatrics
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(540) 552-7272

Hospital Affiliations:
Carilion New River Valley Medical Center

Pine, Amanda E., MD
Provs #: 10051563
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Hospital Affiliations:
Carilion New River Valley Medical Center

Preedom, Zairha Gonzalez, DO
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Hospital Affiliations:
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Hospital Affiliations:
Carilion New River Valley Medical Center
Primary Care Physicians - Tier 1

Stapleton, Christopher P., MD
Hospital Affiliations:
- Carilion New River Valley Medical Center

Stickley, Robert F., MD
Hospital Affiliations:
- Carilion New River Valley Medical Center

Tobey, Alina H., DO
Hospital Affiliations:
- Montgomery Regional Hospital d/b/a LewisGale Montgomery

Vaccaro Jr., Paul G., MD
Hospital Affiliations:
- Carilion New River Valley Medical Center

Walker, Timothy S., MD
Hospital Affiliations:
- Carilion New River Valley Medical Center

Iqbal, Mohammad K., MD
Hospital Affiliations:
- Bluefield Regional Medical Center

McKay, Leigh A., MD
Hospital Affiliations:
- Bluefield Regional Medical Center

Meeks, Leigh A., MD
Hospital Affiliations:
- Bluefield Regional Medical Center

Shahin, Bahman, MD
Hospital Affiliations:
- Bluefield Regional Medical Center

Boersma, Carol A., MD
Hospital Affiliations:
- University of Virginia Medical Center

Batt, Whitney S., MD
Hospital Affiliations:
- University of Virginia Medical Center
Primary Care Physicians - Tier 1

1522 Insurance Lane Suite A
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

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Brown, Alaina Marie, MD
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Hospital Affiliations:
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Keeley, Meg G., MD
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Kellsam, Ann L., MD
Prov#: 10016180
UVA Primary Care Center 4th Floor
Lee St
Charlottesville, VA 22908
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Hospital Affiliations:
University of Virginia Medical Center

Knight, Sarah E., MD
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Lee St 2nd Fl UVA Hospital (Pediatric Cardiology)
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(434) 924-5321

Hospital Affiliations:
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Mayo, Mary Anne, MD
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(434) 975-7777

Mclaren, Nancy M, MD
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Lee St UVA Ground Fl
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Meck, Joseph T., MD
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(434) 924-5321
1215 Lee Street Fl 7
Charlottesville, VA 22908
(434) 924-1761
2955 Ivy Rd
Charlottesville, VA 22903
(434) 980-6555

Hospital Affiliations:
University of Virginia Medical Center

Mendelsohn, Mark J., MD
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Mendoza, Joanne C, MD
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(434) 924-5321
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Charlottesville, VA 22903
(434) 980-6555

Hospital Affiliations:
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Michel, Robert S., MD
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Piedmont Pediatrics
900 Rio East Court Ste A
Charlottesville, VA 22901
(434) 975-7777
### Primary Care Physicians - Tier 1

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<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<td>Mika, Katherine D., MD</td>
<td>(434) 296-9161</td>
<td>1522 Insurance Lane Suite A Charlottesville, VA 22911</td>
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<tr>
<td>Pena, Laura E, MD</td>
<td>(434) 974-9600</td>
<td>Charlottesville Pediatric Group 1204 W Main St Fl 6 Charlottesville, VA 22903</td>
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<td>Payne, Nancy J., MD</td>
<td>(434) 924-5321</td>
<td>Prov#: 10189332 University of Virginia Physicians Group 1204 W Main St Fl 6 Charlottesville, VA 22903</td>
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<td>Olsson, John M., MD</td>
<td>(434) 940-6555</td>
<td>Prov#: 10175209 University of Virginia Physicians Group 1204 W Main St Fl 6 Charlottesville, VA 22903</td>
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<td>Pena, Laura E, MD</td>
<td>(434) 924-5321</td>
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<td>Perrelli, L. Paige D., MD</td>
<td>(434) 296-6161</td>
<td>Prov#: 10034291 Pediatric Associates of Charlottesville 1011 East Jefferson St Charlottesville, VA 22901</td>
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Primary Care Physicians - Tier 1

William, Michael Aaron, MD  
Prov#: 10135440  
Center  
University of Virginia Medical Center  
1215 Lee Street 7th Floor  
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2955 Ivy Road Suite 303  
Charlottesville, VA 22903  
(434) 980-6555  
Hospital Affiliations:  
University of Virginia Medical Center  
Prov#: 42728  
Pediatri...
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<td>Gerbus, Patrick M., MD</td>
<td>Prov #: 13035</td>
<td>Pediatric Specialists (CMG)</td>
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<td></td>
<td>502 Bud Drive Suite 102</td>
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<tr>
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<td>(757) 312-9220</td>
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<td>(757) 436-1770</td>
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<td>Sentara Norfolk General Hospital</td>
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<td>Kagan, Harvey J., MD</td>
<td>Prov #: 13261</td>
<td>Pediatric Specialists (CMG)</td>
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<td>McNeill, Dianne M., MD</td>
<td>Prov #: 10093831</td>
<td>Dianne McNeill, MD, PLLC dba</td>
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<td>Cornerstone Pediatrics</td>
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<td>308 Corder Lakes Dr Ste 103</td>
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<td>(757) 410-9600</td>
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<td>Mink, James W., MD</td>
<td>Prov #: 13841</td>
<td>Tidewater Children's Associates, Ltd. (CMG)</td>
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<td>601 Innovation Dr Suite A</td>
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<td>Nash, Margaret R., MD</td>
<td>Prov #: 10084235</td>
<td>Wards Corner Pediatrics</td>
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<td>Nottingham, Scott, MD</td>
<td>Prov #: 622858</td>
<td>Tidewater Children's Associates, Ltd. (CMG)</td>
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<td>601 Innovation Dr Suite A</td>
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<td>Ongkingco, Jose Ramon C., MD</td>
<td>Prov #: 13389</td>
<td>Tidewater Children's Associates, Ltd. (CMG)</td>
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<td>Pasquinielli, Lawrence M., MD</td>
<td>Prov #: 35236</td>
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<td>601 Innovation Dr Suite A</td>
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<td></td>
<td>(757) 668-2650</td>
<td>Chesapeake, VA 23320</td>
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<td>Sentara Norfolk General Hospital</td>
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</table>
Primary Care Physicians - Tier 1

Peeples, Vernita N., MD
Provs#: 13103
Pediatric Partners of Hampton Roads, PC
656 Independence Parkway Ste 200
Chesapeake, VA 23320
(757) 410-3630

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Powell, Drusilla S., MD
Provs#: 13025
Chesapeake Pediatrics (CMG)
1124 South Battlefield Blvd
Chesapeake, VA 23322
(757) 668-2500

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Powers, Benita A., MD
Provs#: 11428
Tidewater Children's Associates, Ltd. (CMG)
610 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2650

Hospital Affiliations:
- Chesapeake Regional Medical Center
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Powell, Julia, MD
Provs#: 10007416
Tidewater Children’s Associates, Ltd. (CMG)
610 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2650

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Powell, Megan R., MD
Provs#: 10186671
Chesapeake Pediatrics (CMG)
500 Discovery Dr Ste 302
Chesapeake, VA 23320
(757) 668-2500

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Powell, Robin L., MD
Provs#: 10002527
Chesapeake Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
- Chesapeake Medical Center/Johnston-Willis Hospital

Powell, Sue A., MD
Provs#: 10097189
Tidewater Children’s Associates, Ltd. (CMG)
601 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2650

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters

Powell, Tonya, MD
Provs#: 10099007
Tidewater Children’s Associates, Ltd. (CMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Rowland, Leah, MD
Provs#: 10024674
Pediatric Specialists (CMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters

Russell, LaTonya, MD
Provs#: 10173747
Sentara Family Medicine & Pediatrics (SMG)
1933 Edwin Dr Ste 208
Chesapeake, VA 23322
(757) 252-5820

Scaccia, Michael P., MD
Provs#: 18611
Renaissance Pediatrics, PC
4012 Raintree Rd Ste 200A
Chesapeake, VA 23321
(757) 488-2223

Hospital Affiliations:
- Sentara Leigh Hospital

Seussy, Laticria B., MD
Provs#: 10007416
Tidewater Children’s Associates, Ltd. (CMG)
610 Innovation Dr Suite A
Chesapeake, VA 23320
(757) 668-2650

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Shayne, Robert, MD
Provs#: 46009
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
- Chesapeake Medical Center/Johnston-Willis Hospital

Sheikh, Tariq, MD
Provs#: 10024984
Rivers Bend-Enon Pediatrics
1716 East Hundred Rd Ste 101
Meadowville Commons
Chester, VA 23836
(804) 681-0347

Steele, Kerri, MD
Provs#: 10002527
Chesapeake Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
- Chesapeake Medical Center/Johnston-Willis Hospital

Tan, Ruby, MD
Provs#: 10008064
Infant Jesus Children’s Clinic, PLC
9401 Courthouse Rd
Chippenham, VA 23831
(804) 365-4111

Woodhouse, Monica, MD
Provs#: 10193061
Chesapeake Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Chincoteague

Marsh, Nicole Briggs, MD
Provs#: 10094773
Onley Community Health Center (ESRHS) (CCNV)
4009 Main Street
Chincoteague, VA 23336
(757) 336-3682

Richardson, Gabriella Ferraiali, MD
Provs#: 10164893
Onley Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Bourassa, Laina, MD
Provs#: 10163826
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Campbell, Kevin, MD
Provs#: 46006
Chester Pediatrics, PC
4707 Buckingham Ct
Chester, VA 23831
(804) 748-9090

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters

Chester

Shepherd, Charles R., MD
Provs#: 10462952
Sentara Family Medicine & Pediatrics (SMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Chincoteague

Shepherd, Charles R., MD
Provs#: 10462952
Sentara Family Medicine & Pediatrics (SMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220

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- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Chester

Shepherd, Charles R., MD
Provs#: 10462952
Sentara Family Medicine & Pediatrics (SMG)
502 Bud Drive Suite 102
Chesapeake, VA 23323
(757) 312-9220

Hospital Affiliations:
- Children’s Hospital of the King’s Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Chester
Primary Care Physicians - Tier 1

Riopel, Cathy S., MD
Prov#: 45990
Atlantic Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Hospital Affiliations:
Riverside Shore Memorial Hospital

Riopel, David J., MD
Prov#: 45991
Atlantic Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Hospital Affiliations:
Riverside Shore Memorial Hospital

Siegrist, Jeremy P., MD
Prov#: 10059572
Onley Community Health Center (ESRHS) (CCNV)
4049 Main Street
Chincoteague, VA 23336
(757) 336-3682

Hospital Affiliations:
Riverside Shore Memorial Hospital

Begley, Charles Jeff, MD
Prov#: 10195955
DICKENSON MEDICAL ASSOCIATES
364 Hospital Drive
Clintwood, VA 24228
(276) 926-0200

Hospital Affiliations:
Norton Community Hospital

Colonial Heights

Altmirano, Nancy F., MD
Prov#: 71813
Virginia Pediatrics PC
301 Jemmick Drive Ste A
Colonial Heights, VA 23834
(804) 524-0055

Hospital Affiliations:
Bon Secours St. Mary Hospital

Shahab-Uddin, Ahmed, MD
Prov#: 99168
Colonial Heights Pediatrics
16011 Kairos Road
Colonial Heights, VA 23834
(804) 520-2600

Hospital Affiliations:
John Randolph Medical Center

Iqbal, Jawed, MD
Prov#: 45897
Colonial Heights Pediatrics
16011 Kairos Road
Colonial Heights, VA 23834
(804) 520-2600

Hospital Affiliations:
Southside Regional Medical Center

Licens, Vicente S., MD
Prov#: 29235
Children and Adolescent's Clinic, Inc.
648 C Southpark Blvd
Colonial Heights, VA 23834
(804) 526-1020
Prov#: 72018

Children & Adolescents Clinic
648C Southpark Blvd
Colonial Heights, VA 23834
(804) 526-1020

Hospital Affiliations:
John Randolph Medical Center

Obusan, Aida O., MD
Prov#: 10166962
Yu Pediatrics, P.C.
325 Charles Dimmock Parkway
Colonial Heights, VA 23834
(804) 518-3288

Hospital Affiliations:
Southside Regional Medical Center

Boersma, Carol A., MD
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Piedmont Pediatrics
1193 Crozet Avenue
Piedmont, VA 22963
(434) 975-7777

Brantley, Gretchen W., MD
Prov#: 22927
Piedmont Pediatrics
1193 Crozet Avenue
Culpeper, VA 22701
(434) 975-7777

Grice, Stephanie M., MD
Prov#: 10129017
Piedmont Pediatrics
1193 Crozet Avenue
Culpeper, VA 22701
(434) 975-7777

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Mayo, Mary Anne, MD
Prov#: 34400
Piedmont Pediatrics
1193 Crozet Avenue
Culpeper, VA 22701
(434) 975-7777

Michel, Robert S., MD
Prov#: 22928
Piedmont Pediatrics
1193 Crozet Avenue
Culpeper, VA 22701
(434) 975-7777

Schafer, Jocelyn Kei, MD
Prov#: 54305
Piedmont Pediatrics
1193 Crozet Avenue
Culpeper, VA 22701
(434) 975-7777

Culpeper

Harnum, Lisa, MD
Prov#: 10204952
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281

541 Sunset Lane Suite 201
Culpeper, VA 22701
(540) 825-4557

Hospital Affiliations:
University of Virginia Physicians Group

Johnson, Paul, MD
Prov#: 10114334
University of Virginia Physicians Group
633 Sunset Lane Suite A and C
Culpeper, VA 22701
(540) 825-1191

Hospital Affiliations:
University of Virginia Medical Center

Kilby, Walter B., MD
Prov#: 10121263
Kilby Pediatrics, LLC
100 Saunders Street
Culpeper, VA 22701
(540) 829-4900

Hospital Affiliations:
University of Virginia Culpeper Hospital

Misner, Matthew R., DO
Prov#: 10189266
University of Virginia Physicians Group
16244 Bennett Road
Culpeper, VA 22701
(540) 825-5381

Hospital Affiliations:
University of Virginia Medical Center

Ogurick, Patrick, MD
Prov#: 10192734
University of Virginia Physicians Group
16244 Bennett Road
Culpeper, VA 22701
(540) 825-5381

Hospital Affiliations:
University of Virginia Medical Center

Pela, Tarebiye, MD
Prov#: 10192736
University of Virginia Physicians Group
16244 Bennett Road
Culpeper, VA 22701
(540) 825-5381

Hospital Affiliations:
University of Virginia Medical Center

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<td>Stein, Charles A., MD</td>
<td>(540) 829-4900</td>
<td>60 Market Center Way Daleville, VA 24083</td>
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<td>(540) 825-1191</td>
<td>633 Sunset Lake Suite A and C Daleville, VA 24083</td>
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<td>Tiffany, Amanda M., DO</td>
<td>(434) 799-2111</td>
<td>201 South Main Street Suite 2100 Danville, VA 24541</td>
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<td>Daleville, VA 24083</td>
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**Danville**

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<tbody>
<tr>
<td>Berreh, Kyla K, MD</td>
<td>(434) 799-2111</td>
<td>201 South Main St Ste 2100 Danville, VA 24540</td>
<td>UVA Culpeper Hospital</td>
<td>Hospital Affiliations: UVA Culpeper Hospital</td>
</tr>
<tr>
<td>Broughton, Jr, Robert, MD</td>
<td>(434) 799-2111</td>
<td>201 South Main St Ste 2100 Danville, VA 24540</td>
<td>UVA Culpeper Hospital</td>
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**Dublin**

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<tr>
<td>Gehrz, Richard C., MD</td>
<td>(540) 674-9359</td>
<td>5622 Cougar Trail Road Dublin, VA 24084</td>
<td>UVA Culpeper Hospital</td>
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**Emporia**

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<tr>
<td>Marcellin, Fitzgerald, MD</td>
<td>(540) 634-7723</td>
<td>510 N Main Street Emporia, VA 23847</td>
<td>UVA Culpeper Hospital</td>
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**Optima Direct Network Providers January 2019**

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### Fairfax

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<tr>
<td>Abbott, Katherine A., MD</td>
<td>TRUSTED DOCTORS, LLC</td>
<td>(703) 391-0900</td>
<td>10400 Eaton Place Ste 400</td>
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<tr>
<td>Chung, Sandy, MD</td>
<td>TRUSTED DOCTORS, LLC</td>
<td>(703) 391-0900</td>
<td>13135 Lee Jackson Memorial Hwy Ste 201</td>
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<tr>
<td>Byrnes, Laura, MD</td>
<td>TRUSTED DOCTORS, LLC</td>
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### Falls Church

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<td>Jung, Christina S. Y., MD</td>
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### Inova Doctors, LLC

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### Inova Fairfax Hospital

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### Inova Fair Oaks Hospital

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### Inova Alexandria Hospital

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<td>(703) 391-0900</td>
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### Inova Fairfax Hospital

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<td>Inova Fairfax Hospital</td>
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<td>Inova Fairfax Hospital</td>
<td>(703) 391-0900</td>
<td>13135 Lee Jackson Memorial Hwy Ste 201</td>
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### Hospital Affiliations

- Inova Fairfax Hospital
- Inova Fair Oaks Hospital
- Inova Alexandria Hospital
Primary Care Physicians - Tier 1

Lee, Nicole, MD
Prov#: 10061828
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Maya, Nair, MD
Prov#: 10060395
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

McAndrews, Julie, MD
Prov#: 23947
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Morris, Edward, MD
Prov#: 10060395
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
Prov#: 10055369
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Nigra, Meaghan, MD
Prov#: 10117661
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22046
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

O’Brien, Kelsey H., MD
Prov#: 10196633
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22046
(703) 534-1000

Omidvar, Berna, MD
Prov#: 10114400
Hispanic American Pediatric Associates
5637 Columbia Pike
Falls Church, VA 22041
(703) 532-6903

Palmer, Emily, MD
Prov#: 10053529
Capital Area Pediatrics Inc
2946 Sleepy Hollow Rd 3B
Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Parker, Damien, MD
Prov#: 10088594
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919
6565 Arlington Blvd Suite 210
Falls Church, VA 22044

Hospital Affiliations:
Inova Fairfax Hospital

Tan, Hanita Oh, MD
Prov#: 10052275
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10080756
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Watts, Elizabeth, MD
Prov#: 10054562
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Rodrigues, Lori, MD
Prov#: 10015608
Capital Area Pediatrics Inc
407 N Washington St Ste 100
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(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Roderiguez, Rebecca, MD
Prov#: 10065710
Capital Area Pediatrics Inc
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Falls Church, VA 22044
(703) 534-1000
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Sawyer, Rebecca, MD
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Falls Church, VA 22044
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407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Siegel, Allison J., MD
Prov#: 10131956
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Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22046
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Siegel, Allison J., MD
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Falls Church, VA 22046
(703) 237-5919
6565 Arlington Boulevard Suite 210
Falls Church, VA 22046
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Spangler, Holly, MD
Prov#: 10105437
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Spanier, Holly, MD
Prov#: 10105437
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Srivistava, Anjali, MD
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Capital Area Pediatrics Inc
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Falls Church, VA 22046
(703) 237-5919
6565 Arlington Blvd Suite 210
Falls Church, VA 22042
(703) 534-1000

Hospital Affiliations:
Inova Fairfax Hospital

Tan, Hanita Oh, MD
Prov#: 10052275
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Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Wahba, Leina, MD
Prov#: 10080756
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Watts, Elizabeth, MD
Prov#: 10054562
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Waxman, Phyllis, MD
Prov#: 10052324
Capital Area Pediatrics Inc
407 N Washington St Ste 100
Falls Church, VA 22046
(703) 237-5919

Hospital Affiliations:
Inova Fairfax Hospital

Young-Lightbody, Karon S., MD
Prov#: 10126340
Southside Pediatrics PC (Farmville)
502 Beech St
Farmville, VA 23901
(434) 392-9438

Hospital Affiliations:
Virginia Hospital Center - Arlington

Farmville

Al-Ali, Ibthaleh, MD
Prov#: 10112093
Prince Edward Pediatrics LLC
1715 W Third Street
Farmville, VA 23901
(434) 315-0138

Hospital Affiliations:
Centra Southside Community Hospital

Dionisio, Teresa Capati, MD
Prov#: 999161
Southside Pediatrics PC (Farmville)
502 Beech St
Farmville, VA 23901
(434) 392-9438

Hospital Affiliations:
Centra Southside Community Hospital

Pickston, J. Elizabeth, MD
Prov#: 10166519
University of Virginia Physicians
57 Beam Lane Suite 202
Fishersville, VA 22939
(540) 932-0980

Hospital Affiliations:
University of Virginia Physicians Group

Pinkston, J. Elizabeth, MD
Prov#: 10166519
University of Virginia Physicians
57 Beam Lane Suite 202
Fishersville, VA 22939
(540) 932-0980

Hospital Affiliations:
University of Virginia Physicians Group
### Primary Care Physicians - Tier 1

**Franklin**

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<th>Name</th>
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<tr>
<td>Applewhite, Sarah A.</td>
<td>10032673</td>
<td>Anns Applewhite MD PLLC 106 Fairview Drive Suite C, Franklin, VA 23851</td>
<td>(757) 569-9397</td>
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<tr>
<td>Ciero, Michael A.</td>
<td>67041</td>
<td>Anns Applewhite MD PLLC 106 Fairview Drive Suite C, Franklin, VA 23851</td>
<td>(757) 569-9397</td>
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<tr>
<td>Goldsby, Cherubin E.</td>
<td>10171392</td>
<td>Southeastern Virginia Health System 1357 Armory Drive, Franklin, VA 23851</td>
<td>(757) 304-5573</td>
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<tr>
<td>Osa, Maria M.</td>
<td>12598</td>
<td>Anns Applewhite MD PLLC 931 Armory Drive Suite C, Franklin, VA 23851</td>
<td>(757) 569-3233</td>
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**Franktown**

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**Fredericksburg**

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<td>Aaronson, Allen E.</td>
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<td>Rappahannock Pediatric Associates PC 2632 Salem Church Road</td>
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<td>Amory, Charles V.</td>
<td>29612</td>
<td>Children's Hospital of the King's Daughters 1357 Armory Drive</td>
<td>(540) 348-4510</td>
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<td>Becker, Jiveon K.</td>
<td>41058</td>
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<td>(540) 356-8091</td>
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<td>Bradshaw, Brenda</td>
<td>59857</td>
<td>ABC Pediatrics Practice PC 231 Park Hill Drive</td>
<td>(540) 373-2228</td>
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<td>Caldwell, Kimberly</td>
<td>10015461</td>
<td>PL Pediatrics 4552 Empire Court</td>
<td>(540) 361-4779</td>
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<td>10040177</td>
<td>Fall Hill Pediatrics, PLC 2300 Fall Hill Avenue Suite 290</td>
<td>(540) 899-2555</td>
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<td>Cao, Lynn</td>
<td>10065941</td>
<td>Children's Health PC 4425 Plank Road</td>
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**Stafford Hospital Center**

**Goode, Nancy C.**

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**Chippenham Medical Center/Johnston-Willis Hospital**

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**Sentara Pratt Medical Group (SMG)**

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<td>Hull, Jane R.</td>
<td>10162150</td>
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<td>The Children's Clinic</td>
<td>10192249</td>
<td>Fredericksburg, PC 4532 Plank Road, Fredericksburg, VA 22407</td>
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**Sentara Pratt Medical Group (SMG)**

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Primary Care Physicians - Tier 1

Khan, Hina R., MD  
Prov#: 10083457  
Children's Health PC  
4425 Plank Road  
Fredericksburg, VA 22407  
(540) 785-9595  
Hospital Affiliations: Mary Washington Hospital (MWH) Stafford Hospital Center  

Mancini, Pamela M., MD  
Prov#: 10698  
PL Pediatrics PLLC (PINNACLE)  
321 Park Hill Dr  
Fredericksburg, VA 22401  
(540) 361-1800  
Prov#: 10019913  
PL Pediatrics  
4550 Empire Court  
Fredericksburg, VA 22408  
(540) 604-9894  
Hospital Affiliations: Mary Washington Hospital (MWH) Stafford Hospital Center  

Prasad, Pooja R., DO  
Prov#: 10147740  
Generations of Children  
4604 Spotsylvania Parkway Suite 345  
Fredericksburg, VA 22408  
(540) 654-8402  
Hospital Affiliations: Mary Washington Hospital (MWH)  

McIntosh, Paul, MD  
Prov#: 10063855  
ABC Pediatrics Practice PC  
231 Park Hill Drive  
Fredericksburg, VA 22401  
(540) 373-2228  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Noori, Alice, MD  
Prov#: 10013557  
PL Physicians Inc  
4550 and 4552 Empire Court  
Fredericksburg, VA 22408  
(540) 604-9894  
Hospital Affiliations: Mary Washington Hospital (MWH)  

O’Brien, Julie, MD  
Prov#: 10021317  
Preferred Pediatrics at Snowden Inc  
10600 Spotsylvania Ave  
Fredericksburg, VA 22408  
(540) 604-9500  
331 Park Hill Drive  
Fredericksburg, VA 22401  
(540) 368-8091  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Prasad, Pooba R., DO  
Prov#: 10170633  
Sentara Pratt Medical Group (SMG)  
12101 Carol Ln  
Fredericksburg, VA 22407  
(540) 785-7835  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Purcell, Linda M., DO  
Prov#: 51047  
Preferred Pediatrics at Snowden Inc  
10600 Spotsylvania Ave  
Fredericksburg, VA 22408  
(540) 604-9500  
331 Park Hill Drive  
Fredericksburg, VA 22401  
(540) 368-8091  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Rochford, Verne, MD  
Prov#: 10177887  
Spotsylvania Multi-Specialty Group, LLC  
4604 Spotsylvania Parkway Suite 200  
Fredericksburg, VA 22408  
(540) 358-5000  
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital  
10600 Spotsylvania Pkwy  
Fredericksburg, VA 22407  
(540) 785-7810  
Hospital Affiliations: Mary Washington Hospital (MWH) Stafford Hospital Center  

Sprinkle, Whitney, MD  
Prov#: 64556  
Preferred Pediatrics at Snowden Inc  
10600 Spotsylvania Ave  
Fredericksburg, VA 22408  
(540) 604-9500  
Hospital Affiliations: Mary Washington Hospital (MWH) University of Virginia Medical Center  

Sussdorf, Claudia E., MD  
Prov#: 10836  
Fall Hill Pediatrics, PLC  
2300 Fall Hill Ave  
Fredericksburg, VA 22401  
(540) 899-2555  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Topps, Jacinta W., MD  
Prov#: 40960  
Fall Hill Pediatrics, PLC  
2300 Fall Hill Avenue Suite 290  
Fredericksburg, VA 22401  
(540) 899-2555  
Hospital Affiliations: Mary Washington Hospital (MWH)  

Front Royal  

Christoph, Richard A., MD  
Prov#: 18717  
Valley Health Pediatrics Front Royal  
315 W 10th Street  
Front Royal, VA 22630  
(540) 631-7337  
Hospital Affiliations: Warren Memorial Hospital, Inc.  

Collier, Aldon Rockwell, MD  
Prov#: 10177603  
Valley Health Pediatrics Front Royal  
315 W 10th Street  
Front Royal, VA 22630  
(540) 631-7337  
Hospital Affiliations: Bon Secours DePaul Medical Center Inc  

Dunn, Deborah E., MD  
Prov#: 10001236  
Valley Health Warren Memorial Hospital Pediatrics  
315 W 10th St  
Front Royal, VA 22630  
(540) 631-7337  
Hospital Affiliations: Warren Memorial Hospital, Inc. Winchester Medical Center  

Granados, Erik Gabriel, MD  
Prov#: 10117532  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Mackie-Lee, Susanne B., MD  
Prov#: 10208385  
Milestones Pediatric and Adolescent Care LLC  
7500 Iron Bar Ln Ste 120  
Gainesville, VA 20155  
(703) 753-6772  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Mason, Marsha A., MD  
Prov#: 10115648  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Rossi, Anthony M., DO  
Prov#: 10165661  
OLDE Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Shinaishin, Ahmed, MD  
Prov#: 10021349  
Milestones Pediatric and Adolescent Care LLC  
7500 Iron Bar Lane Suite 120  
Gainesville, VA 20155  
(703) 753-6772  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Tulsi, Priyadarshan, MD  
Prov#: 10134908  
OLDE Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Wills, Anastasia L., MD  
Prov#: 29805  
OLDE Towne Pediatrics  
7120 Heritage Village Suite 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Galax  

Ault, Wendy, MD  
Prov#: 10115640  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Bailey, Denye R., MD  
Prov#: 10208272  
OLDE Towne Pediatrics  
7120 Heritage Village Plz Ste 102  
Gainesville, VA 20155  
(703) 365-0227  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Flower, Anita R., MD  
Prov#: 10115621  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Flynn, Elizabeth D., MD  
Prov#: 10115672  
Manassas Pediatrics LTD  
14535 John Marshall Highway 206  
Gainesville, VA 20155  
(703) 753-7363  
Hospital Affiliations: Novant Health UVA Health System Prince William Medical Center  

Galax  

Dalton, Belle Jones, MD  
Prov#: 10123598  
PediCare Family Care Center - DLP  
Twin County Physician Practices  
606 East Stuart Drive  
Galax, VA 24333  
(276) 236-8166  
Hospital Affiliations: Twin County Regional Hospital
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<td>(804) 265-9616</td>
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**Optima Direct Network Providers January 2019 148**
Primary Care Physicians - Tier 1

Zacharias, Madge, MD
Pro#: 10170591
Pediatric Partnership PC - Pediatric Partners of Virginia, LLC
5207 Hickory Park Drive Suite C
Glenn Allen, VA 23059
(804) 377-8981

Gloucester

Alamin, Hiba H., MD
Pro#: 10143268
Sentara Pediatric Physicians (SMG)
5659 Parkway Dr Ste 230
Gloucester, VA 23061
(804) 210-1055

Austin, Sherie H., MD
Pro#: 10117676
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Hospital Affiliations:
Children's Hospital of the King's Daughters
Mary Washington Hospital (MWH)

Dry, Christie A., MD
Pro#: 10065154
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Children's Hospital of the King's Daughters
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Graham, Maurice E., MD
Pro#: 78130
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Howard, Anne F., MD
Pro#: 10074432
Courthouse Pediatrics (CMG)
8264 George Washington Memorial Hwy
Gloucester, VA 23061
(804) 695-0305

Mares, Steven C., MD
Pro#: 78120
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital

Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
Spotylvania Regional Medical Center

Via, Dan F., MD
Pro#: 78117
Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

Great Falls

Guillem, Manuel, MD
Pro#: 10133778
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Zeh, Debra A., MD
Pro#: 10041843
Virginia Allergy & Pediatric Associates, PC
10134 Colvin Run Road Suite D
Great Falls, VA 22066
(703) 757-7950

Hospital Affiliations:
Reston Hospital Center

Grundy

Patel, Rajinikant R., MD
Pro#: 10076999
Tri State Rural Health Clinic
1520 Slate Creek Road Ste 106
Grundy, VA 24614
(276) 935-6444

Hospital Affiliations:
Buchanan General Hospital

Hampton

Badavi, Aurora S., MD
Pro#: 38341
ABC Pediatrics
2200 Executive Dr Ste D
Hampton, VA 23666
(757) 826-6889

Hospital Affiliations:
Sentara CarePlex Hospital

Brock, Mandi, MD
Pro#: 10093535
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Eichelberger, Imani Rene, MD
Pro#: 10206702
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Holman, Mark E., MD
Pro#: 53010
Pediatric Center, PC
901 Enterprise Parkway Ste 200
Hampton, VA 23666
(757) 826-5437

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Holzager, David J., MD
Pro#: 63000
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Leele, Linda C., MD
Pro#: 13381
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 838-8166

Montanez Concepcion, Ana, MD
Pro#: 10157857
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Motley, Vickie C., MD
Pro#: 67384
ABC Pediatrics
2200 Executive Dr Ste D
Hampton, VA 23666
(757) 826-6889

Hospital Affiliations:
Sentara CarePlex Hospital

Odom-Austin, Angela D., MD
Pro#: 10148861
Associates in Pediatric Care, PC
2101 Executive Drive Suite 610
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Children's Hospital of the King's Daughters

Raizada, Juhi Gupta, MD
Pro#: 10193886
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Sheppard, Theresa, MD
Pro#: 10065429
Hampton Roads Pediatrics (CMG)
23 Manchester Square
Hampton, VA 23666
(757) 688-2200

Hospital Affiliations:
Children's Hospital of the King's Daughters

Walker, Paul, MD
Pro#: 13380
Associates in Pediatric Care, PC
2115 Executive Dr Ste 4A
Hampton, VA 23666
(757) 838-8166

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Hardy

Ashton, Christopher A., MD
Pro#: 20102
Harrisonburg Pediatrics PC
1947 Medical Ave
Harrisonburg, VA 22801
(540) 434-3004

Hospital Affiliations:
Sentara RMH Medical Center

Corn, Stephanie, MD
Pro#: 10165069
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Gerber, Amanda L., MD
Pro#: 10129329
Bluestone Pediatrics PLLC
4059 Quares Court
Harrisonburg, VA 22801
(540) 437-4800

Hospital Affiliations:
Sentara RMH Medical Center

Goodwin, Sarah C., MD
Pro#: 10168388
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Hamel, Theresa Lyn, MD
Pro#: 10193933
Harrisonburg Community Health Center Inc
1380 Little Sorrell Drive Suite 100
Harrisonburg, VA 22801
(540) 433-4913

Hospital Affiliations:
Sentara RMH Medical Center

Hutton, Jamie S., MD
Pro#: 10032546
Mountain Ridge Pediatrics, PLC
2054 Pro Pointe Lane
Harrisonburg, VA 22801
(540) 217-5333

Optima Direct Network Providers January 2019

Optima Health
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<td>3055 George Washington Mem Hwy</td>
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<td>Broderick, Elizabeth K., MD</td>
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<td><strong>Haymarket</strong></td>
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<td>Anderson, Chiquita, MD</td>
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<td>PediatriCare of Northern Virginia, PC</td>
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<td>15195 Heathcote Blvd Ste 200</td>
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<td>Morris, Edward, MD</td>
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<td>Nigra, Meaghan, MD</td>
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Primary Care Physicians - Tier 1

Boatwright, III, Joseph W., MD  
Pro #: 10107897  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Inova Fairfax Hospital

Parker, Damien, MD  
Pro #: 10088594  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Inova Fairfax Hospital

Siegel, Allison J, MD  
Pro #: 10131956  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Reston Hospital Center

Srividastava, Anjuli, MD  
Pro #: 10163613  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Virginia Hospital Center - Arlington

Tan, Hanita Oh, MD  
Pro #: 10052275  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Inova Fairfax Hospital

Wahba, Leina, MD  
Pro #: 10080756  
Capital Area Pediatrics Inc  
12950 Highland Crossing Drive Suite H  
Herndon, VA 20171  
(703) 860-4200  
Hospital Affiliations:  
Inova Fairfax Hospital

Wijetilleke, Medhine A., MD  
Pro #: 10158705  
Healthworks for Northern Virginia  
1141 Elen Street Suite 300  
Herndon, VA 20170  
(703) 481-8160

Hopewell

Licen, Vicente S., MD  
Pro #: 29325  
Children and Adolescent's Clinic, Inc.  
308 N 4th Ave  
Hopewell, VA 23860  
(804) 541-8812  
Hospital Affiliations:  
John Randolph Medical Center

Nyirenda, Fafa L., MD  
Pro #: 10165000  
Children & Adolescents Clinic  
308 North 4th Ave  
Hopewell, VA 23860  
(804) 541-8812  
Hospital Affiliations:  
Southside Regional Medical Center

Siri, Charuwan, MD  
Pro #: 14941  
Children and Adolescent's Clinic, Inc.  
308 N 4th Ave  
Hopewell, VA 23860  
(804) 541-8812  
Hospital Affiliations:  
Southside Regional Medical Center

Tan, Ruby, MD  
Pro #: 10080646  
Infant Jesus Children's Clinic, PLC  
505 N 6th Ave  
Hopewell, VA 23860  
(804) 458-1430  
Hospital Affiliations:  
John Randolph Medical Center

Whitaker, Joyce L., MD  
Pro #: 10208221  
Infant Jesus Children's Clinic, PLC  
505 N 6th Ave  
Hopewell, VA 23860  
(804) 458-1430  
Hospital Affiliations:  
Bon Secours St. Mary's Hospital - Forest Campus

Willis, Andrea, MD  
Pro #: 10172745  
Childrens & Adolescents Clinic  
308 North 4th Ave  
Hopewell, VA 23860  
(804) 541-8812  
Hospital Affiliations:  
Southside Regional Medical Center

Kenbridge

Kilpatrick, Kathryn, MD  
Pro #: 10007661  
Southern Medical Management Inc  
306 E Sixth Avenue  
Kenbridge, VA 23944  
(434) 676-8021  
Hospital Affiliations:  
Southern Virginia Regional Medical Center  
VCU Community Memorial Hospital

Leesburg

Adem, Keriya, MD  
Pro #: 10047144  
Loudoun Pediatric Associates  
19450 Deerfield Ave Ste 200  
Leesburg, VA 20176  
(703) 723-7337

Keysville

Mamuric, Janette Ann, MD  
Pro #: 99160  
Keysville Pediatrics  
130 J St  
Keysville, VA 23947  
(434) 736-0544  
Hospital Affiliations:  
Centra Southside Community Hospital

Kilmarnock

McCray, Ayanna J., MD  
Pro #: 10016253  
Sentara Pratt Medical Group (SMG)  
7967 Kings Hwy  
King George, VA 22485  
(540) 775-6445  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Zavelsky, Ilya, MD  
Pro #: 10117813  
King George Pediatrics - Shady Grove Pediatrics, P.C.  
Inc.  
(540) 775-6891

Lake Ridge

Abbott, Katherine A., MD  
Pro #: 10206110  
TRUSTED DOCTORS, LLC  
13001 Summit School Rd  
Lake Ridge, VA 22192  
(703) 494-4811  
Hospital Affiliations:  
Novant Health UVA Health System  
Prince William Medical Center

Gabor, Elisabeth, MD  
Pro #: 10205867  
TRUSTED DOCTORS, LLC  
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(703) 494-4811

Leesburg

Connolly, Nicole, MD  
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Leesburg, VA 20176  
(703) 723-7337

Faqiri, Hosam, MD  
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Children and Adolescent Pediatric Services PLLC  
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FOX, Rebecca, MD  
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Leesburg, VA 20176  
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Gaither, Amber, MD  
Pro #: 10156032  
Loudoun Pediatric Associates  
19500 Sandridge Way Suite 110  
Leesburg, VA 20176  
(703) 723-7337

Grober, Sandra J, MD  
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Town Pediatrics PC  
823 F South King Street  
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(703) 777-5222

Gupta, Sunil, MD  
Pro #: 10126242  
Pediactrics and Newborn Care LLC  
19415 Deerfield Avenue Suite 303  
Leesburg, VA 20176  
(703) 297-4865

Hutchinson, Lisa M., MD  
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Lins, Max R., MD  
Pro #: 10040106  
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Madrid, Joel, MD  
Pro #: 71551  
Loudoun Pediatric Associates  
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Maguire, Jennifer, MD  
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(703) 777-5222

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OptimaHealth
## Primary Care Physicians - Tier 1

### Lorton

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<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<tbody>
<tr>
<td>Rocheoudhury, Anya, MD</td>
<td>703-237-3337</td>
<td>19450 Deerfield Ave Ste 200, Leesburg, VA 20176</td>
</tr>
<tr>
<td>Caplan, Michael S., MD</td>
<td>703-443-2000</td>
<td>163 Fort Evans Road NE, Leesburg, VA 20176</td>
</tr>
<tr>
<td>wijetilleke, medhine a., MD</td>
<td>703-261-7421</td>
<td>650 North Lee Highway Suite 2, Lorton, VA 22079</td>
</tr>
<tr>
<td>Johnson, paul, MD</td>
<td>703-443-2000</td>
<td>9010 Lorton Station Rd Suite 100, Lorton, VA 22079</td>
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<tr>
<td>Kennedy jr, James M, MD</td>
<td>703-443-2000</td>
<td>9010 Lorton Station Rd Suite 100, Lorton, VA 22079</td>
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### Lexington

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<th>Name</th>
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<tr>
<td>Dubit, Scott B., MD</td>
<td>703-261-7421</td>
<td>23 Northridge Lane, Lexington, VA 24450</td>
</tr>
<tr>
<td>Escudero, kim l., MD</td>
<td>703-261-7421</td>
<td>25 Northridge Lane, Lexington, VA 24450</td>
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<td>Kennedy jr, James M, MD</td>
<td>703-261-7421</td>
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### Locust Grove

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<tr>
<td>Johnson, Paul, MD</td>
<td>703-972-7798</td>
<td>4376 Germanna Highway, Locust Grove, VA 22508</td>
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### Loudoun

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<td>703-436-1200</td>
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<td>Lundgren, Kathleen, MD</td>
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### Louisa

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<td>Barcia, Kathleen C., MD</td>
<td>540-967-9401</td>
<td>115 Jefferson Highway Ste 9, Louisa, VA 23093</td>
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### Lynchburg

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<td>Allworth, melody, MD</td>
<td>434-385-7776</td>
<td>105 Richeson Drive, Lynchburg, VA 24501</td>
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<td>hospital affiliations:</td>
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<td>Central Lynchburg General Hospital</td>
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<tr>
<td>Gagen, Rachel, MD</td>
<td>434-237-8886</td>
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<td>Hurst, Michael, MD</td>
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<td>Kline, loan, MD</td>
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### Ojuola, olubukola l., MD | Prov#: 10152186 | 2321 Wards Road, Lynchburg, VA 24502     |

### Malcolm, Bradley S., MD | Prov#: 10152797 | 1901 Tate Springs Rd, Lynchburg, VA 24501 |

### Mutch, justin, MD | Prov#: 71750 | 1901 Tate Springs Rd, Lynchburg, VA 24501 |

### Nichols, katherine, MD | Prov#: 10027365 | 1901 Tate Springs Rd, Lynchburg, VA 24501 |

### Ojuola, olubukola l., MD | Prov#: 10152186 | 2321 Wards Road, Lynchburg, VA 24502     |

### Stewart, gary, MD | Prov#: 45571 | 2321 Wards Road, Lynchburg, VA 24502     |

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**Optima Direct Network Providers January 2019**
### Madison

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<td>410-751-1559</td>
<td>9705 Liberia Ave Suite 201, Martinsville, VA</td>
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<td>Bailey, Denye R., MD</td>
<td>434-386-0272</td>
<td>8640 Sudley Road Suite 100, Richmond, VA</td>
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<td>Daing, Renato D., MD</td>
<td>804-267-3999</td>
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<td>Flower, Anita R., MD</td>
<td>540-402-7007</td>
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<td>Smith, Andrew J., MD</td>
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### Madison Heights

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<td>Smith, Sandra, MD</td>
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<td>Flynn, Elizabeth D., MD</td>
<td>703-369-2999</td>
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<td>Giancola, Frank, MD</td>
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<td>Talmud, Howard, MD</td>
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### Martinsville

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<td>Barnes, Mary Q., MD</td>
<td>101-076-290</td>
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### Williamsburg

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<td>Williams, Anastasia L., MD</td>
<td>703-365-0227</td>
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**Optimal Direct Network Providers January 2019**

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<td>Conley, Grace A., MD</td>
<td>(804) 730-4690</td>
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<tr>
<td>Bowman, Valerie Lynn, MD</td>
<td>(804) 730-4690</td>
<td>Mechanicsville VA 23111</td>
<td>Richmond</td>
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<tr>
<td>Cooney, Andrew S., MD</td>
<td>(804) 730-4690</td>
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<td>Foran, Lawrence, MD</td>
<td>(804) 730-4690</td>
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<td>Richmond</td>
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<tr>
<td>Garabedian, Mark C., MD</td>
<td>(804) 730-4690</td>
<td>Mechanicsville VA 23111</td>
<td>Richmond</td>
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<tr>
<td>Privitera, Christine M., MD</td>
<td>(804) 730-4690</td>
<td>Mechanicsville VA 23111</td>
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<tr>
<td>Weber, Matthew, MD</td>
<td>(804) 730-4690</td>
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<tr>
<td>Williams, Carol B., MD</td>
<td>(804) 730-4690</td>
<td>Mechanicsville VA 23111</td>
<td>Richmond</td>
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</table>

**Mechanicsville**

- Anderson, Andrew S., MD
  - Prov#: 10204271
  - Richmond Pediatrics Associates
  - 7521 Right Flank Road Suite 100 Mechanicsville, VA 23116
  - (804) 559-0447

- Boisseau, Sandra L., MD
  - Prov#: 10000920
  - Bon Secours Pediatrics of Mechanicsville
  - 7021 Lee Park Rd Mechanicsville, VA 23111
  - (804) 730-4690

- Bowman, Valerie Lynn, MD
  - Prov#: 10144425
  - Bon Secours Pediatrics of Mechanicsville
  - 6372 Mechanicsville Turnpike Suite 103 Mechanicsville, VA 23111
  - (804) 730-4690

- Conley, Grace A., MD
  - Prov#: 72204
  - Pediatric Associates of Richmond Inc
  - 8266 Atlee Rd Ste 318 Mechanicsville, VA 23116
  - (804) 559-0447

- Cole, Grace A., MD
  - Prov#: 72204
  - Pediatric Associates of Richmond Inc
  - 8266 Atlee Rd Ste 318 Mechanicsville, VA 23116
  - (804) 559-0447

- Conley, Grace A., MD
  - Prov#: 72204
  - Pediatric Associates of Richmond Inc
  - 8266 Atlee Rd Ste 318 Mechanicsville, VA 23116
  - (804) 559-0447

- Cooney, Andrew S., MD
  - Prov#: 10204271
  - Richmond Pediatrics Associates
  - 7521 Right Flank Road Suite 100 Mechanicsville, VA 23116
  - (804) 559-0447

- Foran, Lawrence, MD
  - Prov#: 10204271
  - Richmond Pediatrics Associates
  - 7521 Right Flank Road Suite 100 Mechanicsville, VA 23116
  - (804) 559-0447

- Garabedian, Mark C., MD
  - Prov#: 10045534
  - Bon Secours Hanover Pediatrics
  - 9113 Dickey Dr Mechanicsville, VA 23116
  - (804) 559-7800

- Privitera, Christine M., MD
  - Prov#: 45936
  - Bon Secours Pediatrics of Mechanicsville
  - 7347 Bell Creek Road Suite 100 Mechanicsville, VA 23116
  - (804) 730-4690

- Sneed, Warren L., MD
  - Prov#: 45592
  - Pediatric Associates of Richmond Inc
  - 8266 Atlee Rd Ste 318 Mechanicsville, VA 23116
  - (804) 559-0447

- Tuohy, Anne Marie, MD
  - Prov#: 10125971
  - Bon Secours Pediatrics of Mechanicsville
  - 7347 Bell Creek Road Suite 100 Mechanicsville, VA 23116
  - (804) 730-4690

- Valmore, Philip, DO
  - Prov#: 10149629
  - Bon Secours Pediatrics of Mechanicsville
  - 7347 Bell Creek Road Suite 100 Mechanicsville, VA 23116
  - (804) 730-4690

- Washington-Alston, L. Carolyn, MD
  - Prov#: 74209
  - Bon Secours Pediatrics of Mechanicsville
  - 7347 Bell Creek Road Suite 100 Mechanicsville, VA 23116
  - (804) 730-4690

- Smith, Stephanie E., MD
  - Prov#: 10111678
  - Focus Richmond, LLC
  - 9137 Chamberlayne Road Suite 107 Mechanicsville, VA 23116
  - (804) 852-0748

- Weber, Matthew, MD
  - Prov#: 63614
  - Pediatric Associates of Richmond Inc
  - 8266 Atlee Rd Ste 318 Mechanicsville, VA 23116
  - (804) 559-0447

- Williams, Carol B., MD
  - Prov#: 45903
  - Bon Secours Hanover Pediatrics
  - 9113 Dickey Road Mechanicsville, VA 23116
  - (804) 559-7280
-primary Physicians - Tier 1

Midlothian

Abernathy, Ted R, MD
Pro#: 10023825
Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive
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(804) 794-2821

Allen, Konynenasa, MD
Pro#: 10080686
Capitol Pediatrics, PC
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(804) 379-9494
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- Chippenham Medical Center/
  Johnston-Willis Hospital

Archuleta, Bobby, MD
Pro#: 229260
Pediatric Associates - Pediatric Partners of Virginia, LLC
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(804) 794-7788

Ayerbach, Barry S., MD
Pro#: 10162552
Chesterfield Pediatrics PC
5955 Harbour Park Drive
Midlothian, VA 23112
(804) 744-4495
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- Bon Secours St. Mary's Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital

Bailey, Breann L., MD
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11601 Robious Road Suite 100
Midlothian, VA 23113
(804) 579-9494
Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Bantle, Roxana, MD
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Swift Creek Pediatrics PC
13925 Coalfield Commons Place
Suite 201
Midlothian, VA 23114
(804) 378-4420
Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus

Blakey, Peter P., MD
Pro#: 79573
Pediatric and Adolescent Health Partners, PC
13821 Village Mill Drive
Midlothian, VA 23113
(804) 794-2821
Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Bowers, Katharine B., MD
Pro#: 10199974
Firefly Pediatrics
2937 Fox Chase Lane
Midlothian, VA 23112
(804) 372-3473

Burget, Michele, MD
Pro#: 10012164
James River Pediatrics - Pediatric Partners of Virginia, LLC
1521 Huguenot Road Suite 101
Midlothian, VA 23113
(804) 794-1072
Hospital Affiliations:
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  Johnston-Willis Hospital

Cantor, Debra K., DO
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(804) 378-4420
Hospital Affiliations:
- Bon Secours St. Mary's Hospital
  Chippenham Medical Center/
  Johnston-Willis Hospital

Cherry, Jennifer D., MD
Pro#: 10007264
Woodlake Village Pediatrics LLC
14732 Village Square Place
Midlothian, VA 23112
(804) 639-0717
Hospital Affiliations:
- Chippenham Medical Center/
  Johnston-Willis Hospital

Condro, Alice M., MD
Pro#: 90201
Commonwealth Pediatrics PC
15400 Westchester Commons Way
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  John Randolph Medical Center

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- Chippenham Medical Center/
  Johnston-Willis Hospital

St. Mary's Hospital
### Primary Care Physicians - Tier 1

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<td>Southern Albemarle Family Practice (CHVS) (CCNV)</td>
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<td>23260</td>
<td>Southeastern Virginia Health System</td>
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<td>Newport News Pediatrics (CMG)</td>
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<td>Richardson, Gabriella Ferrioli, MD</td>
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<td>Blalock, Julian H., MD</td>
<td>53864</td>
<td>The Children's Clinic, Ltd.</td>
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<td>Blalock, Julian H., MD</td>
<td>53864</td>
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<td>Blanchard, Margaret V., MD</td>
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<td>Broderick, Elizabeth K., MD</td>
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<td>Brzeski, Richard R., MD</td>
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<td>Goodwin, Lori, MD</td>
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<tr>
<td>Vanden-Hoek, Tien L., MD</td>
<td>Prov#: 24413</td>
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**Norfolk**

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<td>Allen, Mallory Hitt, MD</td>
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<td>General Academic Pediatrics (CMG)</td>
<td>601 Childrens Ln</td>
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<td>Norfolk, VA 23507</td>
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<tr>
<td>Amin, Sanjay M., MD</td>
<td>Prov#: 10052225</td>
<td>Norfolk Pediatrics, PLC</td>
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<td>Ballard, Dorothy, MD</td>
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<td>Tidewater Children's Associates, Ltd. (CMG)</td>
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<td>Barker, Kimberly E., MD</td>
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<td>PDC Pediatrics (CMG)</td>
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<td>Beltran, Natalie C., MD</td>
<td>Prov#: 21887</td>
<td>Pediatric Specialists (CMG)</td>
<td>160 Kingsley Ln Ste 305</td>
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**Optima Direct Network Providers January 2019**

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<td>10048122</td>
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<td>(757) 640-0022</td>
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<td>De Triquet, John M., MD</td>
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<td>35207</td>
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<td>52130</td>
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<td>13528</td>
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**Primary Care Physicians - Tier 1**
Primary Care Physicians - Tier 1

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Prov#: 13031  
Pediartic Specialists (CMG)  
160 Kingsley Ln Ste 305  
Norfolk, VA 23505  
(757) 440-0719

Hospital Affiliations:  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Strauss, Patricia M., MD  
Prov#: 13100  
Pediartic Specialists (CMG)  
160 Kingsley Ln Ste 305  
Norfolk, VA 23505  
(757) 489-3551

885 Kempsville Rd Ste 200  
Norfolk, VA 23502  
(757) 461-6342

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Children's Hospital of the King's Daughters  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Tatem, Andria E., MD  
Prov#: 10182911  
General Academic Pediatrics (CHKD)  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7400

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Thomas, Lea Denise A., MD  
Prov#: 98917  
General Academic Pediatrics (CHKD)  
601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7400

Tiffany, Julie T., MD  
Prov#: 10008044  
Tidewater Children's Associates, Ltd. (CMG)  
171 Kempsville Rd Bldg B  
Norfolk, VA 23502  
(757) 668-6500

Hospital Affiliations:  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Toland, Joseph, MD  
Prov#: 13397  
North Shore Pediatrics Inc.  
924 W Little Creek Rd  
Norfolk, VA 23505  
(757) 440-0719

Hospital Affiliations:  
Bon Secours DePaul Medical Center Inc  
Judith Regional Medical Center  
Children's Hospital of the King's Daughters  
Lake Taylor Hospital  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Urban, Katherine Lunney, MD  
Prov#: 10131715  
Pediartic Specialists (CMG)  
885 Kempsville Rd Ste 200  
Norfolk, VA 23502  
(757) 461-6342

Hospital Affiliations:  
Children's Hospital of the King's Daughters
## Primary Care Physicians - Tier 1

### Velazquez, Nivea Teresa, MD
- **Provisional #:** 99128
- **Practice:** PDC Pediatrics (CMG)
- **Address:** 6345 Center Dr Bldg 14
- **City:** Norfolk
- **State:** VA
- **Phone:** (757) 461-4027

**Hospital Affiliations:**
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

### Wright, Kelly L., MD
- **Provisional #:** 10097189
- **Practice:** Pediatric Specialists (CMG)
- **Address:** 885 Kempsville Rd Ste 200
- **City:** Norfolk
- **State:** VA
- **Phone:** (757) 461-6342

**Hospital Affiliations:**
- Children's Hospital of the King's Daughters

### Vergano, Scott, MD
- **Provisional #:** 10097189
- **Practice:** Pediatric Specialists (CMG)
- **Address:** 885 Kempsville Rd Ste 200
- **City:** Norfolk
- **State:** VA
- **Phone:** (757) 461-4027

**Hospital Affiliations:**
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

### Walker, Paul, MD
- **Provisional #:** 13380
- **Practice:** Pediatric Associates in Pediatric Care, PC
- **Address:** 930 Majestic Ave Ste 200
- **City:** Norfolk
- **State:** VA
- **Phone:** (757) 627-5705

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Children's Hospital of the King's Daughters

### Wiley, Kathleen, MD
- **Provisional #:** 10019908
- **Practice:** PDC Pediatrics (CMG)
- **Address:** 6345 Center Dr Bldg 14
- **City:** Norfolk
- **State:** VA
- **Phone:** (757) 461-4027

**Hospital Affiliations:**
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

### Norton

**Begley, Charles Jeff, MD**
- **Provisional #:** 10042198
- **Practice:** Community Pediatrics
- **Address:** 102 15th Street Ste 303
- **City:** Norton
- **State:** VA
- **Phone:** (276) 679-1360

**Hospital Affiliations:**
- Norton Community Hospital

### Oakton

**Srivastava, Anjali, MD**
- **Provisional #:** 10163613
- **Practice:** Capital Area Pediatrics Inc
- **Address:** 10461 White Granite Drive Suite 210
- **City:** Oakton
- **State:** VA
- **Phone:** (703) 359-5101

**Hospital Affiliations:**
- Virginia Hospital Center - Arlington

**Onley**

- **Marsh, Nicole Briggs, MD**
  - **Provisional #:** 10094775
  - **Practice:** Onley Community Health Center (ERHS) (CCNV)
  - **Address:** 20306 Badger Lane
  - **City:** Onley
  - **State:** VA
  - **Phone:** (757) 787-7374

**Hospital Affiliations:**
- Children's Hospital of the King's Daughters

- **Richardson, Gabriella Ferraioli, MD**
  - **Provisional #:** 10164893
  - **Practice:** Onley Community Health Center (ERHS) (CCNV)
  - **Address:** 20306 Badger Lane
  - **City:** Onley
  - **State:** VA
  - **Phone:** (757) 787-7374

**Hospital Affiliations:**
- Children's Hospital of the King's Daughters

- **Riopel, Cathy S., MD**
  - **Provisional #:** 45990
  - **Practice:** Atlantic Community Health Center (ERHS) (CCNV)
  - **Address:** 20306 Badger Lane
  - **City:** Onley
  - **State:** VA
  - **Phone:** (757) 787-7374

**Hospital Affiliations:**
- Riverside Shore Memorial Hospital

- **Riopel, David J., MD**
  - **Provisional #:** 10059572
  - **Practice:** Onley Community Health Center (ERHS) (CCNV)
  - **Address:** 20306 Badger Lane
  - **City:** Onley
  - **State:** VA
  - **Phone:** (757) 787-7374

**Hospital Affiliations:**
- Riverside Shore Memorial Hospital

- **Siegrist, Jeremy P., MD**
  - **Provisional #:** 10047002
  - **Practice:** Onley Community Health Center (ERHS) (CCNV)
  - **Address:** 20306 Badger Lane
  - **City:** Onley
  - **State:** VA
  - **Phone:** (757) 787-7374

**Hospital Affiliations:**
- Riverside Shore Memorial Hospital

### Orange

**Abernathy, Rebecca E, MD**
- **Provisional #:** 984311
- **Practice:** UVA Pediatrics at Orange
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (540) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Baglione, Cortney R., MD**
- **Provisional #:** 10144702
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (434) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Davis, Beth E., MD**
- **Provisional #:** 10193040
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (540) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Holland, Eliza, MD**
- **Provisional #:** 10155076
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane
- **City:** Orange
- **State:** VA
- **Phone:** (540) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Mechak, Joseph T., MD**
- **Provisional #:** 10200891
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (540) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Pappas, Diane E., MD**
- **Provisional #:** 45587
- **Practice:** UVA Pediatrics at Orange
- **Address:** 169 Spiers Mill Rd
- **City:** Orange
- **State:** VA
- **Phone:** (540) 672-4444

**Hospital Affiliations:**
- University of Virginia Medical Center

**Raval, Gauri R., MD**
- **Provisional #:** 10170666
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (434) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

**Simson, Benjamin E., MD**
- **Provisional #:** 10208894
- **Practice:** University of Virginia Physicians Group
- **Address:** 661 University Lane Suite A
- **City:** Orange
- **State:** VA
- **Phone:** (540) 661-3025

**Hospital Affiliations:**
- University of Virginia Medical Center

### Palmyra

**Smyth, Katherine M., MD**
- **Provisional #:** 10034923
- **Practice:** Sentara Palmyra Medical Associates
- **Address:** 33 Rebecca Drive
- **City:** Palmyra
- **State:** VA
- **Phone:** (434) 654-4680

**Hospital Affiliations:**
- Mary Washington Hospital (MWH)

### Petersburg

**Arrieta, Mary C., MD**
- **Provisional #:** 40259
- **Practice:** Southside Pediatrics
- **Address:** 34 Medical Park Blvd Suite F
- **City:** Petersburg
- **State:** VA
- **Phone:** (804) 520-8135

**Hospital Affiliations:**
- Southside Regional Medical Center

**Duhart, Harold Bobby, MD**
- **Provisional #:** 10143156
- **Practice:** Community Health Center of the Rappahannock Region (CVHS)
- **Address:** 541 S Sycamore Street
- **City:** Petersburg
- **State:** VA
- **Phone:** (804) 957-9601

**Hospital Affiliations:**
- Community Health Center of the Rappahannock Region (CVHS)

**Lewis-Blackwell, Robbie L., MD**
- **Provisional #:** 625804
- **Practice:** Community Health Center of the Rappahannock Region (CVHS)
- **Address:** 321 C Popular Drive
- **City:** Petersburg
- **State:** VA
- **Phone:** (804) 520-8135

**Hospital Affiliations:**
- Community Health Center of the Rappahannock Region (CVHS)

**Tan, Ruby, MD**
- **Provisional #:** 10080646
- **Practice:** Infant Jesus Children's Clinic, PLC
- **Address:** 5 Holly Hill Drive
- **City:** Petersburg
- **State:** VA
- **Phone:** (804) 733-4131

**Hospital Affiliations:**
- Community Health Center of the Rappahannock Region (CVHS)
<table>
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<td>Steiner, Carol, MD</td>
<td>(804) 520-0002</td>
<td>370A Wythe Creek Road Poquoson, VA 23662</td>
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<tr>
<td></td>
<td>Thevarajani, MD</td>
<td>(757) 868-7709</td>
<td>2035 Waterside Road Suite 105 Prince George, VA 23875</td>
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<td></td>
<td>Reynolds, Benjamin P., MD</td>
<td>(703) 435-0808</td>
<td>11349 Sunset Hills Road Reston, VA 20190</td>
<td>South Riding Pediatrics</td>
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<tr>
<td>Portsmouth</td>
<td>Alegre-Ipanag, Olivia, MD</td>
<td>(757) 966-9873</td>
<td>3409 South St Portsmouth, VA 23707</td>
<td>Portsmouth Pediatrics, PC</td>
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<tr>
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<td>Maguire, Jennifer, MD</td>
<td>(540) 399-0705</td>
<td>446 Effingham St Ste 302 Radford, VA 24141</td>
<td>Bon Secours Maryview Medical Center</td>
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<tr>
<td></td>
<td>Ayles, Christopher, MD</td>
<td>(804) 231-0788</td>
<td>101 Cowardin Ave Ste 302 Manchester Pediatric Associates, P.C. 101 Cowardin Ave Ste 302 Richmond, VA 23224</td>
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<td>Bailey, Breann L., MD</td>
<td>(804) 282-4205</td>
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<td>Bailey, A., MD</td>
<td>(757) 288-9190</td>
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<td></td>
<td>Bailey, A., MD</td>
<td>(703) 467-9444</td>
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<td>(540) 639-5188</td>
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<td>Snider, Zairha Gonzalez, MD</td>
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<td>Price, Shannon, MD</td>
<td>(703) 435-0808</td>
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<td>11349 Sunset Hills Road Reston, VA 20190</td>
<td>South Riding Pediatrics</td>
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<td>(804) 231-0788</td>
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<td>South Riding Pediatrics</td>
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</table>
Primary Care Physicians - Tier 1

2513 Chamberlayne Ave
Richmond, VA 23222
(804) 321-2651

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Bennett, Richard L, MD
Prov#: 65380
Lillie R Bennett MD
1510 N 28th Street Ste 207
Richmond, VA 23222
(804) 649-0044

2513 Chamberlayne Ave
Richmond, VA 23222
(804) 321-2651

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Boatwright, III, Joseph W., MD
Prov#: 45923
Joseph W. Boatwright, III, MD, Ltd.
211 E Clay St
Richmond, VA 23219
(804) 643-8914

Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
Virginia Hospital Center - Arlington

Boisseau, Sandra L., MD
Prov#: 45892
Laburnum Medical Center
4620 South Laburnum Avenue
Richmond, VA 23231
(804) 222-7744

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Boone, Carolyn J., MD
Prov#: 45873
Carolyn J. Boone, M.D., F.A.A.P.
110 N Robinson Street Suite 101
Richmond, VA 23220
(804) 783-8788

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Bowers, Katharine B., MD
Prov#: 10134731
RVA Pediatrics, P.C.
10410 Ridgefield Pkwy
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(804) 754-3776

Bowman, Valerie Lynn, MD
Prov#: 10134742
Bon Secours Developmental & Special Needs Pediatrics
5855 Bremo Road Suite 703
Richmond, VA 23226
(804) 287-7463
Prov#: 10144425

Bon Secours Pediatrics of Mechanicsville
4620 S Laburnum Avenue
Richmond, VA 23231
(804) 226-2444

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Briggs, Addie J., MD
Prov#: 36597
East End Pediatrics PC
4744 Finlay Street
Richmond, VA 23231
(804) 864-9600

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Chu, Erin D., MD
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Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Christian, Lora G., MD
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Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Colley, Amelia, MD
Prov#: 52216
West End Pediatrics
9606 Patterson Ave
Richmond, VA 23229
(804) 740-6171

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Colbro, Alice M., MD
Prov#: 90201
Commonwealth Pediatrics PC
7023 Old Jahneke Road
Richmond, VA 23225
(804) 320-1353

Conley, Grace A., MD
Prov#: 72204
Pediatric Associates of Richmond Inc
7113 Three Chopt Rd Ste 101
Richmond, VA 23226
(804) 282-4205

Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Cothran, Ann S, MD
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(804) 320-7139

Couch, Brianna, MD
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Richmond, VA 23233
(804) 741-4404

Hospital Affiliations:
Bon Secours St. Marys Hospital

Dawson, Philip, MD
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West End Pediatrics
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(804) 740-6171

DeSilva, Melani B., MD
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Richmond, VA 23233
(804) 754-3776

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Domer, Jennifer H., MD
Prov#: 64489
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7023 Old Jahneke Road
Richmond, VA 23225
(804) 320-1353

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Fallik, Adam M., MD
Prov#: 92523
Henrico Pediatrics, P.C.
7605 Forest Ave Ste 102
Richmond, VA 23229
(804) 288-3069

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Fidler, Sr., Robert Y., MD
Prov#: 45858
Henrico Pediatrics, P.C.
7605 Forest Ave Ste 102
Richmond, VA 23229
(804) 288-3069

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus

Fortner, Julie, MD
Prov#: 45667
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2304 John Rolfe Parkway
Richmond, VA 23233
(804) 741-4404

Hospital Affiliations:
Bon Secours St. Marys Hospital

Freeman, Eric B., MD
Prov#: 10091917
Old Dominion Pediatrics, PLLC
9323 Midlothian Turnpike Suite E
Richmond, VA 23235
(804) 212-1144

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Gibson-Frasier, Gwendolyn, MD
Prov#: 92494
Richmond Pediatrics Associates
9000 Independence Park Dr.
Richmond, VA 23233
(804) 747-1750

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Gilliam, Kari, MD
Prov#: 21244
Commonwealth Pediatrics PC
7023 Old Jahneke Road
Richmond, VA 23225
(804) 320-1353

Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital

Gosselin, David, MD
Prov#: 72326
Richmond Pediatrics Associates
9000 Independence Park Dr.
Richmond, VA 23233
(804) 747-1750

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Optima Direct Network Providers January 2019 163

OptimaHealth
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<td>Murray, Theresa E, MD</td>
<td>10210281</td>
<td>Bon Secours Developmental &amp; Special Needs Pediatrics</td>
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Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

Sherrard, Lindsay, MD
 Prov#: 10173773
 Bon Secours St Mary's - Patterson Avenue Family Practice
 9610 Patterson Ave
 Richmond, VA 23229
 (804) 741-6200
 Hospital Affiliations:
 Bon Secours Medical Center
 Bon Secours St Mary's Hospital

Steele, Barbara Jean, MD
 Prov#: 10153226
 Vernon J. Harris East End
 Community Health Center (CCNV)
 2809 North Ave Suite 206
 Richmond, VA 23261
 (804) 780-0840
 Hospital Affiliations:
 Bon Secours St Mary's Hospital

Stjepanovic, Aleksandra, MD
 Prov#: 10085992
 Pediatric and Adolescent Medicine, PLLC
 8002 Discovery Drive Suite 110
 Richmond, VA 23229
 (804) 358-2361
 Hospital Affiliations:
 Henrico Doctors' Hospital - Retreat Campus

Strehler, Paul, MD
 Prov#: 32539
 Commonwealth Pediatrics PC
 7023 Old Jahnke Road
 Richmond, VA 23225
 (804) 320-1353
 Hospital Affiliations:
 Bon Secours Memorial Regional Medical Center
 Bon Secours St Mary's Hospital
 Henrico Doctors' Hospital - Forest Campus

Sullivan, Ashley, MD
 Prov#: 10205019
 Pediatric Associates of Richmond Inc
 7113 Three Chopt Rd Ste 101
 Richmond, VA 23226
 (804) 282-4205
 Hospital Affiliations:
 Bon Secours St Mary's Hospital

Tennis, Frances G., MD
 Prov#: 10079890
 Monument Avenue Pediatrics, PC
 3602 Monument Ave
 Richmond, VA 23230
 (804) 358-4904
 Hospital Affiliations:
 Bon Secours St Mary's Hospital

Terry, Charles, MD
 Prov#: 10012974
 RVA Pediatrics, P.C.
 10410 Ridgefield Pkwy
 Richmond, VA 23233
 (804) 754-3776
 Hospital Affiliations:
 Chippenham Medical Center/Johnston-Willis Hospital

Tilghman, Kenneth Gibson, MD
 Prov#: 13733
 Kenneth Tilghman MD
 10442 Midlothian Turnpike
 Richmond, VA 23235
 (804) 860-9240
 Hospital Affiliations:
 Bon Secours St Mary's Hospital

Vergara, Jocelyn B., MD
 Prov#: 10009287
 RVA Pediatrics, P.C.
 10410 Ridgefield Pkwy
 Richmond, VA 23233
 (804) 754-3776
 Hospital Affiliations:
 Bon Secours St Mary's Hospital
 Chippenham Medical Center/Johnston-Willis Hospital

Weber, Matthew, MD
 Prov#: 63614
 Pediatric Associates of Richmond Inc
 7113 Three Chopt Rd Ste 101
 Richmond, VA 23226
 (804) 282-4205
 Hospital Affiliations:
 Bon Secours Memorial Regional Medical Center
 Bon Secours St Mary's Hospital
 Henrico Doctors' Hospital - Forest Campus

Whitaker, Joyce L., MD
 Prov#: 45922
 Drs. Campbell and Whitaker, Ltd.
 1127 N 29th St
 Richmond, VA 23223
 (804) 648-6153
 Hospital Affiliations:
 Bon Secours Memorial Regional Medical Center
 Bon Secours St Mary's Hospital
 Henrico Doctors' Hospital - Forest Campus

Williams, Ronald, MD
 Prov#: 10160196
 Children's Hospital of Richmond of the VCU Health System
 2924 Brook Road
 Richmond, VA 23220
 (804) 321-7474
 Hospital Affiliations:
 VCU Health System/MCV

Wilm, Isca, MD
 Prov#: 10099827
 Manchester Pediatric Associates, P.C.
 101 Cowardin Ave Ste 302
 Richmond, VA 23224
 (804) 232-4139
 Hospital Affiliations:
 Chippenham Medical Center/Johnston-Willis Hospital

Wilson, Cristi S., MD
 Prov#: 77421
 Henrico Pediatrics, P.C.
 7605 Forest Ave Ste 102
 Richmond, VA 23229
 (804) 282-7051
 Hospital Affiliations:
 Bon Secours St Mary's Hospital
 Chippenham Medical Center/Johnston-Willis Hospital
 Henrico Doctors' Hospital - Forest Campus
 St. Mary's Hospital
Yucha, Kim, MD  
Prov#: 50693  
Richmond Pediatrics Associates  
9900 Independence Park Dr Ste 100  
Richmond, VA 23233  
(804) 747-1750

Hospital Affiliations:  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
St. Mary's Hospital

Bhagtani, Harsha, MD  
Prov#: 10129645  
Carilion Faculty Phys Specialist  
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(540) 985-8230

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

---

Brech, Kilian H., MD  
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21 Highland Avenue Suite 100  
Roanoke, VA 24013  
(540) 344-9213

Burton, Floyd R., MD  
Prov#: 10051508  
Physicians to Children Inc  
21 Highland Avenue SE  
Roanoke, VA 24013  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Cox, Mary A., MD  
Prov#: 10001019  
Physicians to Children Inc  
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(540) 344-9213

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

---

Dixon, Kristine, DO  
Prov#: 10182288  
Carilion Healthcare Corporation  
4040 Postal Dr SW  
Roanoke, VA 24018  
(540) 772-4453

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital  
Centra Lynchburg General Hospital

---

Donohue, Thomas Joseph, MD  
Prov#: 10124456  
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Roanoke, VA 24018  
(540) 772-4453

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Fulton, Ryan P, DO  
Prov#: 10162944  
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(540) 772-4453

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

---

Gard, Robert C., MD  
Prov#: 94854  
Physicians to Children Inc  
21 Highland Avenue SE  
Roanoke, VA 24013  
(540) 344-9213

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Guilfoyle, Francis Michael, MD  
Prov#: 10027438  
New Horizons Healthcare  
4910 Valley View Boulevard NW  
Roanoke, VA 24012  
(540) 362-0360

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Hays, Jacinda L, DO  
Prov#: 10161907  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Henchel, Kelly D., MD  
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902 S Jefferson Street  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Johnson-Privitera, Camron, MD  
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Roanoke, VA 24013  
(540) 344-9213

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Kryder, Amy Catherine, MD  
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Hospital Affiliations:  
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Kunkle, Arthur, MD  
Prov#: 758259  
Carilion Pediatric Medicine  
4040 Postal Drive SW  
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Lakhdir, Farahaba, MD  
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902 S Jefferson Street  
Roanoke, VA 24016  
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902 S Jefferson Street  
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(540) 985-8230

Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Logan, Ashley F., MD  
Prov#: 10178547  
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902 S Jefferson Street  
Roanoke, VA 24016  
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Hospital Affiliations:  
Carilion Roanoke Memorial Hospital

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Prov#: 10051549  
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Roanoke, VA 24013  
(540) 344-9213

Hospital Affiliations:  
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Meyer, Michael Bernard, MD  
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Optima Direct Network Providers January 2019 166
Primary Care Physicians - Tier 1

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Torres, Maria Precious T, MD
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Hospital Affiliations:
- Lewis-Gale Medical Center

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Fuller-Roberts Clinic, Inc.
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South Boston, VA 24592
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Keane, Brenna A., DO
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Rocky Mount

Bhattani, Harsha, MD
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(540) 484-0350

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Henchel, Kelly D., MD
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RoTel, VA 24016
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Self, Kathryn Cabot, MD
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Salem

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Lewis-Gale Physicians, LLC
1802 Brabery Drive
Salem, VA 24431
(540) 772-3580

Hospital Affiliations:
- Lewis-Gale Medical Center

Lewis-Gale Physicians, LLC
1802 Brabery Drive
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(540) 772-3580

Hospital Affiliations:
- Lewis-Gale Medical Center

Ojuola, Obubukola L., MD
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(434) 577-8921

Hospital Affiliations:
- Lewis-Gale Medical Center

Lombardi, Anne H., MD
Pro#: 10140351
SENTARAL HILFARIES
101 Aubrey Loop Road
South Boston, VA 24592
(434) 517-8022

Hospital Affiliations:
- Lewis-Gale Medical Center

Kilpatrick, Kathy, MD
Pro#: 10007661
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
- Southern Virginia Regional Medical Center
- VCU Community Memorial Hospital

Kirk, Rebecca, MD
Pro#: 10154965
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations:
- VCU Community Memorial Hospital

South Riding

Fogarty, Lynn D., MD
Pro#: 10014544
South Riding Pediatrics
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
- Reston Hospital Center

Kapoor, Shreedi, MD
Pro#: 10132503
Farrell Pediatrics, LLC
25055 Riding Plaza Suite 150
South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
- Reston Hospital Center

Ku, Karen, MD
Pro#: 10135112
South Riding Pediatrics
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South Riding, VA 20152
(703) 327-0075

Hospital Affiliations:
- Reston Hospital Center
Mar, Alice, MD  
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25055 Riding Plaza Suite 150  
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Hospital Affiliations:  
Reston Hospital Center  

Price, Shannon, MD  
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(703) 327-0075  
Hospital Affiliations:  
Reston Hospital Center  

Reynolds, Benjamin P., MD  
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South Riding Pediatrics  
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(703) 327-0075  
Hospital Affiliations:  
Reston Hospital Center  

Becker, Jiveon K, MD  
Prov#: 41058  
Preferred Pediatrics at Snowden Inc  
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Callahan, Mary, MD  
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Preferred Pediatrics at Snowden Inc  
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(540) 898-9650  

Fernando, Nimali, MD  
Prov#: 10121174  
Yum Pediatrics  
10482 Georgetown Drive  
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(540) 369-3316  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Hood, Kyon A., MD  
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Prime Care Family Care PC  
9763 Courthouse Road  
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(540) 786-1200  
Hospital Affiliations:  
Chippewah Medical Center/  
Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Parham Campus  
Henrico Doctors' Hospital - Retreat Campus  
John Randolph Medical Center  
Spotsylvania Regional Medical Center  

Hull, Jane R., MD  
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Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  

Richman, Suzanne, MD  
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Kids Choice Pediatrics Inc  
10411 Courthouse Rd  
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(540) 710-6006  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Van Horn, Lori, MD  
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Kids Choice Pediatrics Inc  
(PINNACLE)  
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Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Hoang, Jacqueline K., MD  
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5502 Backlick Road  
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(703) 642-8306  
Hospital Affiliations:  
Inova Fairfax Hospital  

Qadir, Arshia A., MD  
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5502 Backlick Road  
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Allegretti, Roxanne, MD  
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Stafford, VA 22554  
(540) 898-2202  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Loving, Tamara S., MD  
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422 Garrisonville Rd Ste 101  
Stafford, VA 22554  
(540) 720-2126  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Madiraju, Krishna, MD  
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Century Pediatrics, Inc  
385 Garrisonville Road  
Stafford, VA 22554  
(540) 288-1551  

Noori, Alice, MD  
Prov#: 10031557  
PL Physicians Inc  
282 Choptank Road Ste 103  
Stafford, VA 22554  
(540) 604-5100  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Rajea, Hafeh, MD  
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Pediatric Partners of Stafford PC  
110 Soaring Eagle Drive  
Stafford, VA 22556  
(540) 720-2126  
Hospital Affiliations:  
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Bon Secours Maryview Medical Center  
Mary Washington Hospital (MWH)  

Walsh, Laura, MD  
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422 Garrisonville Rd Ste 101  
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(540) 720-2126  
Hospital Affiliations:  
Mary Washington Hospital (MWH)  

Campbell, John S., MD  
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Andrew, Lori, MD  
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Arichandran, Narmatha, MD  
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Dolven, Rubina, MD  
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Ferrer, Jennifer, MD  
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Sterling, VA 20165  
(703) 444-1144  

Fox, Carol, MD  
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Sterling, VA 20165  
(703) 444-1144  

Hill, Lisa, MD  
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Sterling, VA 20165  
(703) 444-1144  

Hong, Sharon, MD  
Prov#: 10080752  
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Sterling, VA 20165  
(703) 444-1144  

Incacsia, William, MD  
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Sterling, VA 20165  
(703) 444-1144  

Kohn, Susan, MD  
Prov#: 10054597  
Capital Area Pediatrics Inc  
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Sterling, VA 20165  
(703) 444-1144  

Kold, Kimberly, DO  
Prov#: 10023521  
Pediatric Healthcare  
46440 Benedict Drive Suite 207  
Sterling, VA 20164  
(703) 444-2100
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<td>10052275</td>
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<td>10054562</td>
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<td>Waxman, Phyllis, MD</td>
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<td>Ballard, Dorothy, MD</td>
<td>95761</td>
<td>Tidewater Children's Associates, Ltd. (CMG)</td>
<td>Sentara Norfolk General Hospital, Sentara CarePlex Hospital, Sentara Leigh Hospital, Sentara Norfolk General Hospital</td>
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<td>Tidewater Children's Associates, Ltd. (CMG)</td>
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<td>Leverone, Laura L, MD</td>
<td>(757) 934-2200</td>
<td>424 North Main St Ste 2 Suffolk, VA 23434</td>
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<td>Gupta, Dolly, MD</td>
<td>(757) 668-2630</td>
<td>1009 Hillpoint Boulevard Suffolk, VA 23435</td>
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<tr>
<td>Karp, Glenda S., MD</td>
<td>(757) 668-6050</td>
<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
<td>Hospital Affiliations: Chesapeake Regional Medical Center</td>
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<tr>
<td>Ho, Julie Ann, DO</td>
<td>(757) 683-7113</td>
<td>1009 Hillpoint Boulevard Suffolk, VA 23435</td>
<td>Hospital Affiliations: Chesapeake Regional Medical Center</td>
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<td>Holton, Tequilla L., MD</td>
<td>(757) 668-6050</td>
<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
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<td>Ongkingco, Jose Ramon C., MD</td>
<td>(757) 668-6050</td>
<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
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<td>Watson, Kelly N., MD</td>
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<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
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<td>Slade-Byrd, Lynelle, MD</td>
<td>(757) 668-6050</td>
<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
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<td>Robertson, Jane M., MD</td>
<td>(757) 668-6050</td>
<td>5835 Harbour View Blvd Ste B Suffolk, VA 23435</td>
<td>Hospital Affiliations: Chesapeake Regional Medical Center</td>
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<tr>
<td>Christian, Shirley, MD</td>
<td>(703) 938-2244</td>
<td>410 Maple Avenue Suite 5 Vienna, VA 22180</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<td>Devries, Peter R., MD</td>
<td>(540) 885-8143</td>
<td>410 Maple Avenue Suite 5 Vienna, VA 22180</td>
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<tr>
<td>Robertson, Anne C. MD</td>
<td>(540) 949-0118</td>
<td>410 Maple Avenue Suite 5 Vienna, VA 22180</td>
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<td>Robertson, Anne C. MD</td>
<td>(540) 949-0118</td>
<td>410 Maple Avenue Suite 5 Vienna, VA 22180</td>
<td>Hospital Affiliations: Inova Fairfax Hospital</td>
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Primary Care Physicians - Tier 1

Dolvane, Rubina, MD  
Prov#: 10100002  
Capital Area Pediatrics Inc  
410 Maple Avenue Suite 5  
Vienna, VA 22180  
(703) 938-2244

Dreyfuss, Adrienne N., MD  
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Eng Tow, Della, MD  
Prov#: 10060796  
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(703) 938-2244

Kohn, Susan, MD  
Prov#: 10054597  
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410 Maple Avenue Suite 5  
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Lee, Nicole, MD  
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Macy, Nair, MD  
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Hospital Affiliations:  
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McAndrews, Julie, MD  
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Morris, Edward, MD  
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Nigra, Meaghan, MD  
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Palmer, Emily, MD  
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Hospital Affiliations:  
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Parker, Damien, MD  
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Pieh, Amy, MD  
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Hospital Affiliations:  
Inova Fairfax Hospital

Sawyer, Rebecca, MD  
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Hospital Affiliations:  
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Shahin, Bahman, MD  
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Srivastava, Anjuli, MD  
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Watts, Elizabeth, MD  
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Waxman, Phyllis, MD  
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Hospital Affiliations:  
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Virginia Beach

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Bartimoe, Michelle, MD  
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General Booth Pediatrics (CMG)  
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Virginia Beach, VA 23456  
(757) 688-6700

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Sentara Leigh Hospital

Sentara Norfolk General Hospital

Sentara Virginia Beach General Hospital

Batten, James V., MD  
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Sentara Pediatric Physicians (SMG)  
2301 General Booth Blvd Suite B  
Virginia Beach, VA 23456  
(757) 395-1920

Hospital Affiliations:  
Sentara Virginia Beach General Hospital

Brazel, Megan, MD  
Prov#: 10016419  
General Booth Pediatrics (CMG)  
2021 Concord Dr Ste 201  
Virginia Beach, VA 23456  
(757) 688-6700

Hospital Affiliations:  
Children's Hospital of the King's Daughters

Benson-Foulk, Ernette Y., MD  
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PDC Pediatrics (CMG)  
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Virginia Beach, VA 23456  
(757) 453-6711

Hospital Affiliations:  
Sentara Princess Anne Hospital

Brixey, Suzanne, MD  
Prov#: 10154187  
General Booth Pediatrics (CMG)  
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Virginia Beach, VA 23456  
(757) 688-6700

Hospital Affiliations:  
Sentara Princess Anne Hospital

Burrows, Adaya, MD  
Prov#: 53548  
Tidewater Pediatric Consultants PC  
6477 College Park Sq Ste 118  
Virginia Beach, VA 23446

Primary Care Physicians - Tier 1

Optima Direct Network Providers January 2019 171

OptimaHealth
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<td>MD</td>
<td>(757) 539-6111</td>
<td>1212 Lake James Dr Ste C Virginia Beach, VA 23464</td>
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<td>Brand, Mary E., MD</td>
<td>MD</td>
<td>(757) 539-6111</td>
<td>1212 Lake James Dr Ste C Virginia Beach, VA 23464</td>
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<td>O’Connor, Tammy, MD</td>
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<td>MD</td>
<td>(757) 539-6111</td>
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</tr>
<tr>
<td>Gillespie, Megan, MD</td>
<td>MD</td>
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<tr>
<td>Williams, Jennifer A., MD</td>
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<tr>
<td>Kim, JeAnna, MD</td>
<td>MD</td>
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</tr>
<tr>
<td>Harris, Kristin, MD</td>
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<tr>
<td>Moore, Matthew R., MD</td>
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</tr>
<tr>
<td>Buckland, Sarah L., MD</td>
<td>MD</td>
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<tr>
<td>Clark, Joshua D., MD</td>
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<tr>
<td>Thompson, Brian T., MD</td>
<td>MD</td>
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<tr>
<td>Jones, Elizabeth M., MD</td>
<td>MD</td>
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<tr>
<td>Brown, Karen M., MD</td>
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<tr>
<td>Johnson, Emily A., MD</td>
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<tr>
<td>槌, Jacob D., MD</td>
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<tr>
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<tr>
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<td>Reed, Emily A., MD</td>
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<td>Stout, Thomas J., MD</td>
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<tr>
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<td>Brown, Sarah K., MD</td>
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<tr>
<td>Ritter, Alexander G., MD</td>
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<tr>
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<tr>
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<tr>
<td>Davis, Emily A., MD</td>
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<tr>
<td>Thompson, Sam M., MD</td>
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<tr>
<td>Mccoy, Dawn M., MD</td>
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Optima Direct Network Providers January 2019 172

OptimaHealth
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Affiliations</th>
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<tbody>
<tr>
<td>Amanda K. Owens, MD</td>
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<tr>
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<tr>
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<tr>
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<tr>
<td>Diana M. Chalmeta, MD</td>
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<td>Hospital Affiliations: Piedmont Pediatrics, PLC</td>
</tr>
<tr>
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<td>Hospital Affiliations: Piedmont Pediatrics, PLC</td>
</tr>
</tbody>
</table>

---

**Optima Direct Network Providers January 2019**

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**OptimaHealth**
Primary Care Physicians - Tier 1

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Prov#: 1012723
Warrenton Pediatrics, LLC (Michael Amster MD)
28 Blackwell Park Lane Suite 103
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Waynesboro

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Hospital Affiliations: Sentara Williamsburg Regional Medical Center

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Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
Spotsylvania Regional Medical Center

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Optima Direct Network Providers January 2019
Primary Care Physicians - Tier 1

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All Pediatrics  
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Optima Direct Network Providers January 2019 175
Primary Care Physicians - Tier 1

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Zion Crossroads

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Sentara Martha Jefferson Hospital
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Primary Care Physicians - Tier 2

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VCU Community Memorial Hospital  
VCU Health System/MCV

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**Ruther Glen**

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**Hospital Affiliations:**  
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**Optima Direct Network Providers January 2019**
Primary Care Physicians - Tier 2

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Geriatric Medicine

Richmond

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Hospital Affiliations:  
VCU Health System/MCV

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Hospital Affiliations:  
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Internal Medicine

Bowling Green

1. Mandell, Jr., M. Stephen, MD  
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Hospital Affiliations:  
VCU Health System/MCV

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Johnston-Willis Hospital  
VCU Health System/MCV

Witte, Darren S, MD  
Prox#: 10102711  
MCV Associated Physicians  
(Internal Medicine)  
6433 Centralia Road  
Chesterfield, VA 23832  
(804) 425-3627

Hospital Affiliations:  
VCU Health System/MCV

Hobgood, Sarah, MD  
Prox#: 10019695  
MCV Associated Physicians  
(Internal Medicine)  
9000 Stony Point Pkwy  
Richmond, VA 23235  
(804) 828-0381

Hospital Affiliations:  
VCU Health System/MCV

Cho, Kathie H, MD  
Prox#: 69631  
MCV-The Park at Stony Point  
9000 Stony Point Parkway  
Richmond, VA 23235  
(804) 560-8950

Hospital Affiliations:  
VCU Health System/MCV

Couture, Leah A, MD  
Prox#: 10170306  
MCV Associated Physicians  
(Internal Medicine)  
1300 E Marshall Street  
Richmond, VA 23298  
(804) 828-3144

Hospital Affiliations:  
VCU Health System/MCV

Johnson, Betty A., MD  
Prox#: 12939  
MCV Associated Physicians  
(Internal Medicine)  
417 N 11th Street  
Richmond, VA 23229  
(804) 828-9357

Hospital Affiliations:  
VCU Health System/MCV

Koehn, Deborah, MD  
Prox#: 10010576  
MCV Associated Physicians  
(Internal Medicine)  
9000 Stony Point Pkwy  
Richmond, VA 23235  
(804) 560-8950

Hospital Affiliations:  
VCU Health System/MCV

Gawiwalla, Seema A., MD  
Prox#: 12931  
MCV Associated Physicians  
(Internal Medicine)  
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Richmond, VA 23235  
(804) 560-8950

Hospital Affiliations:  
VCU Health System/MCV

George, Amanda, MD  
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MCV Associated Physicians  
(Internal Medicine)  
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Richmond, VA 23298  
(804) 828-9357

Hospital Affiliations:  
VCU Health System/MCV

Hartigan, Sarah, MD  
Prox#: 10068362  
MCV Associated Physicians  
(Internal Medicine)  
417 N 11th Street  
Richmond, VA 23229  
(804) 828-9357

Hospital Affiliations:  
VCU Health System/MCV

Hossain, Nasifa, MD  
Prox#: 10112743  
MCV Associated Physicians  
(Internal Medicine)  
2116 West Laburnum Avenue  
Richmond, VA 23227  
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Hospital Affiliations:  
VCU Health System/MCV

Huynh, Christine, MD  
Prox#: 10019695  
MCV Associated Physicians  
(Internal Medicine)  
9000 Stony Point Pkwy  
Richmond, VA 23235  
(804) 560-8950

Hospital Affiliations:  
VCU Health System/MCV

Woodford, Daniel, MD  
Prox#: 99950  
Mary Washington Med Grp-Family  
& Internal Med Bowling Green  
Campu  
121 Courthouse Lane  
Bowling Green, VA 24227  
(804) 633-5840

Hospital Affiliations:  
Mary Washington Hospital (MWH)  
Stafford Hospital Center
<table>
<thead>
<tr>
<th>Name</th>
<th>NPI</th>
<th>Practice Name</th>
<th>Address</th>
<th>Phone</th>
<th>Hospital Affiliations</th>
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<tbody>
<tr>
<td>Ryan, Michael S., MD</td>
<td>10048530</td>
<td>MCV Associated Physicians</td>
<td>1250 E Marshall St, Richmond, VA 23298</td>
<td>(804) 828-3744</td>
<td>VCU Health System/MCV</td>
</tr>
<tr>
<td>Scheff, Matthew R., DO</td>
<td>10171267</td>
<td>MCV Associated Physicians</td>
<td>1250 E Marshall Street, Richmond, VA 23298</td>
<td>(804) 828-4079</td>
<td>Bon Secours St. Marys Hospital, VCU Health System/MCV</td>
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<tr>
<td>Somers, Kara E., MD</td>
<td>10206101</td>
<td>MCV Associated Physicians</td>
<td>1000 E Broad Street, Richmond, VA 23298</td>
<td>(804) 828-2647</td>
<td>Bon Secours St. Francis Medical Center, VCU Health System/MCV</td>
</tr>
<tr>
<td>Tyrrell, Laura J., MD</td>
<td>10206104</td>
<td>MCV Associated Physicians</td>
<td>1000 E Broad Street, Richmond, VA 23298</td>
<td>(804) 828-2467</td>
<td>VCU Health System/MCV</td>
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<tr>
<td>Young, Allison M., MD</td>
<td>10207275</td>
<td>MCV Associated Physicians</td>
<td>1000 E Broad Street, Richmond, VA 23298</td>
<td>(804) 828-2467</td>
<td>VCU Health System/MCV</td>
</tr>
<tr>
<td>Trementozzi, Daniel P., MD</td>
<td>10024118</td>
<td>Quantum Physicians</td>
<td>8051 Prosperity Way Suite 100, Ruther Glen, VA 22546</td>
<td>(804) 448-0198</td>
<td>Mary Washington Hospital (MWH), Spotsylvania Regional Medical Center</td>
</tr>
</tbody>
</table>
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### OB/GYN Physicians - Tier 1

#### Abingdon
- **Bevins, Rachel E., MD**
  - Pro#: 10169207
  - Blue Ridge Medical Management Corporation (MSMG OB/GYN)
  - 277 White Street
  - Abingdon, VA 24210
  - (276) 628-4335
  - **Hospital Affiliations**
    - Johnston Memorial Hospital

- **Cook, Lawrence S., DO**
  - Pro#: 10155425
  - Abingdon Obstetrics and Gynecology
  - 277 White St
  - Abingdon, VA 24210
  - (276) 628-4335
  - **Hospital Affiliations**
    - Johnston Memorial Hospital

- **Bevins, Rachel E, DO**
  - Pro#: 10169207
  - Blue Ridge Medical Management Corporation (MSMG OB/GYN)
  - 16000 Johnston Memorial Dr Suite 200
  - Abingdon, VA 24211
  - (276) 628-4335
  - **Hospital Affiliations**
    - Johnston Memorial Hospital

#### Alexandria
- **Crowther, Mary E., MD**
  - Pro#: 10077343
  - Arlington Women's Center PLLC
  - 1625 N George Mason Drive Suite 325
  - Arlington, VA 22205
  - (703) 717-4600
  - **Hospital Affiliations**
    - Virginia Hospital Center - Arlington

- **Stokes, Meshell A, MD**
  - Pro#: 10191467
  - Blue Ridge Medical Management Corporation (MSMG OB/GYN)
  - 16000 Johnston Memorial Dr Suite 200
  - Abingdon, VA 24211
  - (276) 628-4335
  - **Hospital Affiliations**
    - Johnston Memorial Hospital

- **Strawbridge, Wendy R., MD**
  - Pro#: 10087608
  - Abingdon Healthcare For Women
  - 16000 Johnston Memorial Drive Suite 212
  - Abingdon, VA 24211
  - (276) 258-3752
  - **Hospital Affiliations**
    - Johnston Memorial Hospital

#### Annandale
- **Crowther, Mary E., MD**
  - Pro#: 10077343
  - Arlington Women's Center PLLC
  - 1625 N George Mason Drive Suite 325
  - Arlington, VA 22205
  - (703) 717-4600
  - **Hospital Affiliations**
    - Virginia Hospital Center - Arlington

- **Brantz, Arthur Jay, MD**
  - Pro#: 10145520
  - Richard Nemeth MD
  - 901 N Pirt St Suite 150
  - Alexandria, VA 22314
  - (703) 317-9500
  - **Hospital Affiliations**
    - Inova Alexandria Hospital

- **Baker, William F., MD**
  - Pro#: 10060363
  - Centra Medical Group Women's Center
  - 1613 Oakwood Street Suite 201
  - Bedford, VA 24523
  - (540) 856-7273
  - **Hospital Affiliations**
    - Centra Lynchburg General Hospital
    - Centra Virginia Baptist Hospital

#### Annandale
- **Rohn, Amanda, MD**
  - Pro#: 10140448
  - Arlington Women's Center PLLC
  - 1625 N George Mason Drive Suite 325
  - Arlington, VA 22205
  - (703) 717-4600
  - **Hospital Affiliations**
    - Virginia Hospital Center - Arlington

- **Rossi, Gustavo A., MD**
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  - Arlington Women's Center PLLC
  - 1625 N George Mason Drive Suite 325
  - Arlington, VA 22205
  - (703) 717-4600
  - **Hospital Affiliations**
    - Virginia Hospital Center - Arlington

- **McLernon, Lee Arthur, MD**
  - Pro#: 10199852
  - Central Medical Group Women's Center
  - 1615 Oakwood Street Suite D
  - Bedford, VA 24523
  - (540) 586-6818
  - **Hospital Affiliations**
    - Bedford Memorial Hospital
    - Carilion Roanoke Memorial Hospital

#### Bedford
- **Assent, Brian, MD**
  - Pro#: 10209406
  - Lynchburg Women's and Pediatric Health Services
  - 582 Blue Ridge Ave
  - Bedford, VA 24523
  - (540) 425-7910
  - **Hospital Affiliations**
    - Bedford Memorial Hospital
    - Carilion Roanoke Memorial Hospital
OB/GYN Physicians - Tier 1

Big Island

Uray, Maria S., MD
Pro#: 10029451
Big Island Family Medical Center
10961 Lee Jackson Hwy
Big Island, VA 24526
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Blacksburg

Abrams, Margarita, MD
Pro#: 10196999
Encore OB-GYN Center of Southwest Virginia, LLC
825 Davis Street Ste C
Blacksburg, VA 24060
(276) 783-1827
Hospital Affiliations
Montgomery Regional Hospital/ b/a LewisGale Montgomery

Campbell, Sanam E, MD
Pro#: 10152849
New River Women's Health
3708 South Main Street Suite D
Blacksburg, VA 24060
(540) 605-7566
Hospital Affiliations
Carilion New River Valley Medical Center
Montgomery Regional Hospital/ b/a LewisGale Montgomery

Champine, Carrie L, DO
Pro#: 10171886
Lewis-Gale Physicians, LLC
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Blacksburg, VA 24060
(540) 443-0500
Hospital Affiliations
Montgomery Regional Hospital/ b/a LewisGale Montgomery

Devlin, Jill, DO
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1997 S Main St Suite 704
Blacksburg, VA 24060
(540) 961-1058
901 Plantation Rd Suite 3
Blacksburg, VA 24060
(540) 951-7880
Hospital Affiliations
Carilion Giles Community Hospital

Falls, Randall K., MD
Pro#: 10029377
Planned Parenthood Health Systems Inc
700 J North Main Street
Blacksburg, VA 24060
(540) 951-7000
Hospital Affiliations
Carilion Giles Community Hospital

Freundel, Roseann J., DO
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Hospital Affiliations
Carilion New River Valley Medical Center
Norton Community Hospital

Heineck, Robert Jason, MD
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901 Plantation Road Suite 3
Blacksburg, VA 24060
(540) 951-7880
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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Carilion Roanoke Memorial Hospital

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Carilion Roanoke Memorial Hospital

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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

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Hospital Affiliations
Montgomery Regional Hospital/ b/a LewisGale Montgomery

Bon Air

Alexander, Alynn, MD
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Hospital Affiliations
Chippewa Medical Center/
Johnston-Willis Hospital

Carrollton

Adkins, William, MD
Pro#: 10018708
Bayview Physician Services, PC
20209 Sentara Way
Carrollton, VA 23314
(757) 586-6700
Hospital Affiliations
Sentara Obici Hospital

Demkowski, Henry, MD
Pro#: 140505
Bayview Physician Services, PC
20209 Sentara Way
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Hospital Affiliations
Carilion New River Valley Medical Center
Sentara Obici Hospital

Centreville

Hashemi, Neda, MD
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Centreville, VA 20121
(703) 830-4388
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Reston Hospital Center

Berryville

Justice, Michele D., MD
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Hospital Affiliations
University of Virginia Medical Center

Robertson, Michael S., MD
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Berryville, VA 22623
(343) 925-8948
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Vanderburgh, Elizabeth A., MD
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600 Bedford Ave
Berryville, VA 22623
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
OB/GYN Physicians - Tier 1

Merriman, Samar, MD
Prov#: 10175905
Centreville OB/GYN
14701 Lee Highway Suite 303
Centreville, VA 20121
(703) 830-4388

Hospital Affiliations

Rivian Hospital Center

Charlottesville

Arnold, Michael L., MD
Prov#: 52506
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway Ste 290
Charlottesville, VA 22911
(434) 977-4488

Barron, Kenneth I., MD
Prov#: 10168780
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(434) 924-1955

Kong, Rachelle, MD
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(434) 924-2500

Day, Leah D., MD
Prov#: 10189276
University of Virginia Physicians Group
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(434) 243-4570

Hospital Affiliations

University of Virginia Medical Center

Deucher, Allegra Daniela, MD
Prov#: 101952258
University of Virginia Physicians Group
1204 W Main St Fl 3
Charlottesville, VA 22903
(434) 924-2500

Heider, Robert R., MD
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Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway Ste 290
Charlottesville, VA 22911
(434) 977-4488

Hospital Affiliations

University of Virginia Medical Center

Dudley, Donald J., MD
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University of Virginia Physicians Group
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Huffsteter, Emily B, MD
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600 Peter Jefferson Parkway # 290
Charlottesville, VA 22911
(434) 977-4488

Hospital Affiliations

University of Virginia Medical Center

Falls, Randall K., MD
Prov#: 10029377
Planned Parenthood Health Systems Inc
2964 Hydraulic Road
Charlottesville, VA 22901
(434) 296-1000

Hospital Affiliations

University of Virginia Medical Center

Ferguson II, James Edward, MD
Prov#: 10047809
UVA Primary Care Center 3rd Floor
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Kong, Rachelle, MD
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Charlottesville, VA 22911
(434) 977-4488

Hospital Affiliations

University of Virginia Medical Center

Fitzhugh, William G., MD
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(434) 973-4888

Hospital Affiliations

Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Johnston Memorial Hospital
VCU Health System/MCV
VCU Health System/MCV Hospital - North
VCU Health System/MCV Hospital - West

Kightlinger, Rebecca S, DO
Prov#: 76112
UVA Northside
2955 Ivy Rd Ste 104 (The Midlife Health Center)
Charlottesville, VA 22908
(434) 243-4720

Hospital Affiliations

University of Virginia Medical Center

Kilfoil, Brooke, MD
Prov#: 10011321
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway # 290
Charlottesville, VA 22911

Hospital Affiliations

Sentara Martha Jefferson Hospital

Klavan, Meghan E, MD
Prov#: 10183564
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22903
(434) 924-2500

Keng, Rachelle, MD
Prov#: 10166416
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Place Suite 200
Charlottesville, VA 22911
(434) 296-6461

Hospital Affiliations

University of Virginia Medical Center

Latimer, Katherine A., MD
Prov#: 10168910
University of Virginia Physicians Group
1204 W Main Street 3rd Floor
Charlottesville, VA 22908
(434) 924-2500

Levit, Mikhail Michael, MD
Prov#: 10037618
Siva Thagardaraj, MD
1101 East Jefferson Street Ste 4
Charlottesville, VA 22902
(434) 979-2121

Hospital Affiliations

Sentara Martha Jefferson Hospital

Mays, Mary, MD
Prov#: 10200219
Siva Thagardaraj, MD
1101 East Jefferson Street Ste 4
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(434) 979-2121

Hospital Affiliations

Sentara Martha Jefferson Hospital

Montgomery, Matthew T., MD
Prov#: 52508
Jefferson Obstetrics & Gynecology, LTD
600 Peter Jefferson Parkway Ste 290
Charlottesville, VA 22911
(434) 977-4488

Sentara Martha Jefferson Hospital

Optima Direct Network Providers January 2019 187
### Chesapeake

#### Alnaif, Bunan, MD
- **Phone:** 28557
- **Address:** Western Branch Center for Women, P. O. Box 3806-B, Poplar Hill Rd, Chesapeake, VA 23321
- **Hospital Affiliations:** Chesapeake Regional Medical Center, TotalCare for Women, PLC (MAWC) 607 Kingsborough Square Suite 200, Chesapeake, VA 23320
- **Provider Number:** 51928

#### Gray, Derwin P., MD
- **Phone:** 540-436-2424
- **Address:** 2955 Ivy Rd Ste 304 (OB/GYN), Chesapeake, VA 23320
- **Provider Number:** 436-2424

#### Hard, Timothy J., MD
- **Phone:** 34001
- **Address:** Greenbrier Obstetrics & Gynecology, PC 713 Volvo Pkwy Ste 200, Chesapeake, VA 23320
- **Provider Number:** 436-2424

#### Wilson, Carolyn S., MD
- **Phone:** 10069078
- **Address:** University of Virginia Physicians Group 2955 Ivy Road Ste 104, Charlottesville, VA 22903
- **Provider Number:** 24103

#### Ferebee, Angela, MD
- **Phone:** 14056
- **Address:** 2955 Ivy Rd Ste 104, UVA Hospital 23320
- **Provider Number:** 436-2424

#### Jordan, Khadija, MD
- **Phone:** 24104
- **Address:** 2955 Ivy Rd Ste 104, UVA Hospital 23320
- **Provider Number:** 436-2424
OB/GYN Physicians - Tier 1

Matthews, Janet, DO  
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Hampton Roads Ob/Gyn Center  
4057 Taylor Road Suite R  
Chesapeake, VA 23321  
(757) 889-6830  
Hospital Affiliations  
Bon Secours DePaul Medical Center Inc

Powers, Steven B., MD  
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TotalCare for Women, PLC  
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667 Kingsborough Square Suite 200  
Chesapeake, VA 23320  
(757) 436-0167  
Hospital Affiliations  
Chesapeake Regional Medical Center

Whitted, Matthew L., MD  
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Chesapeake, VA 23320  
(757) 547-4500  
Hospital Affiliations  
Chesapeake Regional Medical Center

Khan, Rebecca T, MD  
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3802 Poplar Hill Rd Suite C  
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(757) 673-8383  
Hospital Affiliations  
Bon Secours Maryview Medical Center

Rector, Jr., George, MD  
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TotalCare for Women, PLC  
(MAWC)  
667 Kingsborough Square Suite 200  
Chesapeake, VA 23320  
(757) 436-0167  
Hospital Affiliations  
Chesapeake Regional Medical Center

Brown, Linda, MD  
Prov#: 10000772  
Manchester OB-Gyn  
Chesapeake Women's Health 12220 Ironbridge Rd Ste A  
Chesapeake, VA 23320  
(804) 706-5827

Lucas, Jerry, MD  
Prov#: 10171936  
Manchester OB-Gyn  
12220 Ironbridge Road Suite A  
Chester, VA 23831  
(804) 231-9691  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center

Lindner, Paul L., MD  
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TotalCare for Women, PLC (MAWC)  
667 Kingsborough Square Suite 200  
Chesapeake, VA 23320  
(757) 436-0167  
Hospital Affiliations  
Chesapeake Regional Medical Center

Mathison-Ezieme, Linda, MD  
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Virginia Center for Women (MAWC)  
1101 Madison Plaza Suite 201  
Chesapeake, VA 23320  
(757) 547-2322  
736 Battlefield Blvd N  
Chesapeake, VA 23320  
Hospital Affiliations  
Chesapeake Regional Medical Center

Stockmaster, Kimberly Jo, MD  
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The Group for Women (MAWC)  
300 Medical Pkwy Ste 308  
Chesapeake, VA 23320  
(757) 547-5446  
Hospital Affiliations  
Chesapeake Regional Medical Center

Pinkle, Giniene M., MD  
Prov#: 66755  
The Group for Women (MAWC)  
300 Medical Pkwy Ste 308  
Chesapeake, VA 23320  
(757) 466-6350  
Hospital Affiliations  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Colby, John Christopher, MD  
Prov#: 10153509  
John Christopher Colby MD PC  
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Chesapeake, VA 23320  
(540) 639-3540  
Hospital Affiliations  
Carillon New River Valley Medical Center

Whitted, Matthew L., MD  
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Greenbrier Obstetrics & Gynecology, PC  
713 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-4500  
Hospital Affiliations  
Chesapeake Regional Medical Center

Williams, Fred, MD  
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Chesapeake Regional Medical Center Group (CRMG)  
113 Gainsborough Square Suite 201  
Chesapeake, VA 23320  
(757) 842-4620  
736 Battlefield Blvd North  
Chesapeake, VA 23320  
(757) 842-4621  
Hospital Affiliations  
Chesapeake Regional Medical Center

Khan, Rebeca T, MD  
Prov#: 10200869  
Greenbrier Obstetrics & Gynecology, PC  
713 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-4500  
Hospital Affiliations  
Chesapeake Regional Medical Center

Ruetzel, Craig H, MD  
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Virginia Center for Women (MAWC)  
300 Medical Pkwy Ste 308  
Chesapeake, VA 23320  
(757) 673-8383  
Hospital Affiliations  
Bon Secours Maryview Medical Center

Richmond Community Hospital  
Bon Secours St. Mary's Hospital  
Centra Southside Community Hospital  
Chesapeake Regional Medical Center  
Northam-Patton Hospital  
Henrico Doctors' Hospital - Forest Campus  
VCU Health System/MCV

Manipula, Christopher A., MD  
Prov#: 10156568  
Manchester OB-Gyn  
12220 Ironbridge Road Suite A  
Chester, VA 23831  
(804) 706-5827  
Hospital Affiliations  
Bon Secours Memorial Regional Medical Center

Kemp, Peter, MD  
Prov#: 34021  
Chesapeake Women’s Care (MAWC)  
300 Medical Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 548-3880  
Hospital Affiliations  
Chesapeake Regional Medical Center

Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Chesapeake Regional Medical Center

Laureta, Lenny, DO  
Prov#: 10189906  
Virginia Center for Women (MAWC)  
1301 Madison Plaza Suite 201  
Chesapeake, VA 23320  
(757) 547-2322  
Hospital Affiliations  
Bon Secours Maryview Medical Center

Khan, Rebeca T, MD  
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Greenbrier Obstetrics & Gynecology, PC  
713 Volvo Pkwy Ste 200  
Chesapeake, VA 23320  
(757) 547-4500  
Hospital Affiliations  
Chesapeake Regional Medical Center

Chesapeake Regional Medical Center

Sentara Leigh Hospital  
Sentara Norfolk General Hospital

Chesapeake Regional Medical Center

Perez, Christian, MD  
Prov#: 10033671  
Procreate Fertility Center of Virginia, PLLC  
300 Medical Parkway Suite 200  
Chesapeake, VA 23320  
(757) 977-8500  
Hospital Affiliations  
Sentara Leigh Hospital

Looking for a specific OB/GYN physician? Contact your local healthcare provider for more information.
OB/GYN Physicians - Tier 1

Devlin, Jill, DO
Provision #: 10129668
Carilion Healthcare Corporation
2900 Lamb Circular
Christiansburg, VA 24073
(540) 381-0820
2900 Lamb Circular Suite 202
Christiansburg, VA 24073
(540) 371-4578
Hospital Affiliations
Carilion Giles Community Hospital

Robert's, David Joseph, MD
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Community Health Center of the New River Valley
215 Roanoke Street
Christiansburg, VA 24073
(540) 381-0820
Hospital Affiliations
Carilion Giles Community Hospital

Santosh, Padmini, MD
Provision #: 58207
Virginia Physicians for Women, Ltd.
280 Charles Dimmock Pkwy #4
Colonial Heights, VA 23834
(804) 520-0205
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Ferguson, James Edward, MD
Provision #: 10047809
UVA Primary Care Center 3rd Floor
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations
University of Virginia Medical Center

Godfrey, Peter E., MD
Provision #: 10190862
Wellspring Health Services
15237 Creativity Drive
Culpeper, VA 22701
(540) 321-4281
Hospital Affiliations
UVA Culpeper Hospital

Jackson, Andrea M., MD
Provision #: 10159520
University of Virginia Physicians Group
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
University of Virginia Medical Center

Jones, Arthur, DO
Provision #: 10168053
University of Virginia Physicians Group
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations
Virginia Physicians for Women,
Virginia Physicians for Women,

Justice, Michele D., MD
Provision #: 10150717
University of Virginia Physicians Group
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-4281
Hospital Affiliations
University of Virginia Medical Center

Murphy, Jessica Elizabeth, MD
Provision #: 10168912
University of Virginia Physicians Group
541 Sunset Lane Suite 103
Culpeper, VA 22701
(540) 321-3002
Hospital Affiliations
University of Virginia Medical Center

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OptimaHealth
OB/GYN Physicians - Tier 1

Daleville

Agee, Robert Lee, MD
Pro#: 10076040
University of Virginia Physicians Group
541 Sunset Lane
Culpeper, VA 22701
(540) 829-4100
Hospital Affiliations
Carilion Roanoke Memorial Hospital

Altizer, Melanie Dawn, MD
Pro#: 10096994
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Montgomery Regional Hospital
b/a LewisGale Montgomery

Logan, Kaylene J., MD
Pro#: 10109422
Carilion Faculty Phys Specialist
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

McCuin, Elizabeth Smith, MD
Pro#: 10023681
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Murchison, Amanda B., MD
Pro#: 10026846
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Nunziato, Jaclyn, MD
Pro#: 10186173
CARILION MEDICAL CENTER
150 Market Ridge Lane
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)

Lara-Torre, Eduardo, MD
Pro#: 10033624
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Community Hospital

Sahnii, Manjusha, MD
Pro#: 10048023
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Smith, Abbey A., MD
Pro#: 10095407
Lewis-Gale Physicians, LLC
65 Shenandoah Avenue
Daleville, VA 24083
(540) 966-6430
Hospital Affiliations
Lewis-Gale Medical Center

Weiss, Patrice Marie, MD
Pro#: 10030457
CARILION MEDICAL CENTER
150 Market Ridge Ln
Daleville, VA 24083
(540) 966-0460
Hospital Affiliations
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Danville

Atkinson, Andrew L., MD
Pro#: 10151809
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765
Hospital Affiliations
SOVAH Health - Danville

Beaver, Lenworth, MD
Pro#: 46114
Healthcare for Women (Danville Physician Practices, LLC)
159 Executive Dr Ste E
Danville, VA 24541
(434) 791-2629
Hospital Affiliations

Broach, III, William E., MD
Pro#: 46117
OB/GYN Associates of Danville, Inc.
101 Holbrook St
Danville, VA 24541
(434) 792-7765
Ensminger, Jason L., MD  
Provs#: 55741  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765

Heist, Cynthia, MD  
Provs#: 46174  
Danville Women's Care  
927 S Main St  
Danville, VA 24541  
(434) 797-4620

Honea, Phillip, DO  
Provs#: 1020596  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765

Hospital Affiliations  
SOVAH Health - Danville

Irani, Sohrab R., MD  
Provs#: 10149390  
Healthcare for Women - Ob/Gyn  
(Danville Physician Practices, LLC)  
159 Executive Dr Ste E  
Danville, VA 24541  
(434) 791-2629

Kulwa, Ema Wakuuru, MD  
Provs#: 10088479  
Healthcare for Women - Ob/Gyn  
(Danville Physician Practices, LLC)  
159 Executive Dr Ste E  
Danville, VA 24541  
(434) 791-2629

Hospital Affiliations  
SOVAH Health - Danville

Lahti, Stacey, DO  
Provs#: 46188  
Danville Women's Care  
927 S Main St  
Danville, VA 24541  
(434) 797-4620

Maute, Frederick, MD  
Provs#: 46198  
Danville Women's Care  
927 S Main St  
Danville, VA 24541  
(434) 797-4620

Neal, Randolph, MD  
Provs#: 46204  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765

Newell, Alice B., MD  
Provs#: 69764  
OB/GYN Associates of Danville, Inc.  
101 Holbrook St  
Danville, VA 24541  
(434) 792-7765

Hospital Affiliations  
SOVAH Health - Danville

Regan, Owen T., MD  
Provs#: 10151398  
Danville Physician Practices, LLC  
159 Executive Drive Suite E  
Danville, VA 24541  
(434) 791-2629

Hospital Affiliations  
SOVAH Health - Danville  
Warren Memorial Hospital, Inc.

Wilson, Joan C., MD  
Provs#: 48092  
Healthcare for Women - Ob/Gyn  
(Danville Physician Practices, LLC)  
159 Executive Dr Ste E  
Danville, VA 24541  
(434) 791-2629

Dublin

Roberts, David Joseph, MD  
Provs#: 10193696  
Community Health Center of the New River Valley  
5826 Ruebel Road  
Dublin, VA 24084  
(540) 585-1310

Hospital Affiliations  
Carilion Giles Community Hospital  
Shenandoah Memorial Hospital  
Inc

Ayoub, Jack P., MD  
Provs#: 10061124  
Virginia Obstetrics and Gynecology  
PC  
24430 Stone Springs Blvd Suite 250  
Pod A  
Dulles, VA 20166  
(703) 858-5599

Dulles

Adler, Alf, MD  
Provs#: 10090226  
Adler Gynecology Minimally Invasive Surgery  
17739 Main Street Suite 110  
Dumfries, VA 22026  
(703) 680-5327

Hospital Affiliations  
Sentara Northern Virginia Medical Center

Dwamena, Natasha A, MD  
Provs#: 10176530  
Greater Prince William Community Health Center  
17739 Main Street Suite 130  
Dumfries, VA 22026  
(703) 680-7950

Hospital Affiliations  
Mary Washington Hospital (MWH)  
Sentara Northern Virginia Medical Center  
Stafford Hospital Center

Emporia

Bazile-Harrison, Daphne, MD  
Provs#: 10163553  
Tri-City Ob/Gyn  
511 Belfield Drive  
Emporia, VA 23847  
(804) 765-5206

727 N Main Street  
Emporia, VA 23847  
(804) 765-5206

Hospital Affiliations  
Southside Regional Medical Center

Kudaravalli, Krishna Rao, MD  
Provs#: 10101822  
Tri-City Ob/Gyn  
511 Belfield Drive  
Emporia, VA 23847  
(804) 765-5206

727 North Main Street  
Emporia, VA 23847  
(804) 765-5206

Hospital Affiliations  
Southside Regional Medical Center

Meyers, Paul J., MD  
Provs#: 10037059  
Tri-City Ob/Gyn  
511 Belfield Drive  
Emporia, VA 23847  
(804) 765-5206

727 North Main Street  
Emporia, VA 23847  
(804) 765-5206

Zelig's, Kristen P., MD  
Provs#: 10203509  
Centra Medical Group Women's Center  
800 Oak Street  
Farrarville, VA 23901  
(434) 315-2950

Hospital Affiliations  
Centra Southside Community Hospital  
University of Virginia Medical Center

Fishersville

An, Jennifer, MD  
Provs#: 10153432  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577

Hospital Affiliations  
Augusta Medical Center

Brooks, Mark P., MD  
Provs#: 53313  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577

Hospital Affiliations  
Augusta Medical Center

Cointer, John T., DO  
Provs#: 10111344  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577

Hospital Affiliations  
Augusta Medical Center
Curry Simms, Elizabeth S., MD  
Prov#: 10159555  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  
University of Virginia Medical Center  

Gillham, Molly, MD  
Prov#: 10039307  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  

Hoover II, John K, MD  
Prov#: 18002  
Ob-Gyn Associates Women's Health Institute  
9 South Medical Park Drive  
Fishersville, VA 22939  
(540) 932-5577  
Hospital Affiliations  
Augusta Medical Center  

Keatts, Ami H., MD  
Prov#: 10143845  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  

Larsen, Dane, MD  
Prov#: 10188128  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  

Porter, Dana M, MD  
Prov#: 10203912  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  

Wills, Thomas L., MD  
Prov#: 10200642  
Augusta Health Care for Women PLC  
39 Beam Lane  
Fishersville, VA 22939  
(540) 213-7750  
Hospital Affiliations  
Augusta Medical Center  

Baker, William F., MD  
Prov#: 10060363  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Cherian, Ajith, MD  
Prov#: 10181055  
Centra Medical Group Women's Center  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8948  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Kidd, Kristi, MD  
Prov#: 10060367  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Neiman, Wade A, MD  
Prov#: 10059571  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Phemister, David, MD  
Prov#: 10060330  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Robertson, Michael S., MD  
Prov#: 10060331  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Schindler, Lynnett, MD  
Prov#: 10060329  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Schuller, Catherine S., MD  
Prov#: 10186973  
Centra Medical Group Women's Center  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8948  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Vanderburgh, Elizabeth A., MD  
Prov#: 10060319  
Centra Medical Group Women's Center  
2007 Graves Mill Road  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Wheelock, Tracy A., MD  
Prov#: 10060645  
Centra Medical Group, LLC  
2007 Graves Mill Rd  
Forest, VA 24551  
(434) 385-8942  
Hospital Affiliations  
Centra Lynchburg General Hospital  
Centra Virginia Baptist Hospital  

Franklin

Clingenpeel, J. Floyd, MD  
Prov#: 64005  
Ob-Gyn Physicians, Inc. (MAWC)  
100 Fairview Dr Ste 100  
Franklin, VA 23851  
(757) 562-4156  
Hospital Affiliations  
Southampton Memorial Hospital  

Rana, Ghasia A., MD  
Prov#: 10181160  
Specialists for Women (MAWC)  
118 Fairview Drive Suite 100  
Franklin, VA 23851  
(757) 562-4156  
Hospital Affiliations  
Sentara Obici Hospital  
Southampton Memorial Hospital  
University of Virginia Medical Center  

Sheffield, Sharon L., MD  
Prov#: 55990  
Ob-Gyn Physicians, Inc. (MAWC)  
118 Fairview Dr Ste 100  
Franklin, VA 23851  
(757) 562-4156  
Hospital Affiliations  
Southampton Memorial Hospital  

Fredericksburg

Dalke, Kara, MD  
Prov#: 10152486  
Womens Health and Surgery Center Inc  
2553 Cowan Blvd  
Fredericksburg, VA 22401  
(540) 368-9472  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Stafford Hospital Center  

Esposito, Kristin, DO  
Prov#: 10023338  
Rappahannock Women's Health Center, PC (PINNACLE)  
1071 Care Way Suite 101  
Fredericksburg, VA 22401  
(540) 374-3100  
Hospital Affiliations  
Mary Washington Hospital (MWH)  

Galuk, Stephanie M., DO  
Prov#: 10108232  
Sentara Pratt Medical Group (SMG)  
1451 Hospital Dr  
Fredericksburg, VA 22401  
(540) 368-5350  
Hospital Affiliations  
Sentara Obici Hospital  
Sentara Norfolk General Hospital  

Hamilton, William A., MD  
Prov#: 10845  
William A. Hamilton, MD  
619 Jefferson Davis Hwy Suite 101  
Fredericksburg, VA 22401  
(540) 373-4700  
Hospital Affiliations  
Mary Washington Hospital (MWH)  
Meritus Medical Center
<table>
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
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<td>Jackson, Latoya, MD</td>
<td>(540) 654-8400</td>
<td>1300 Hospital Drive Suite 302</td>
<td>Hospital Affiliations</td>
<td>Mary Washington Hospital (MWH)</td>
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<td>Moffitt, III, Francis Xavier, MD</td>
<td>(540) 368-9472</td>
<td>2555 Cowan Blvd Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Thott, Kurian, MD</td>
<td>(540) 636-0300</td>
<td>1000 N Shenandoah Ave Front Royal, VA 22630</td>
<td>Hospital Affiliations</td>
<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
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<tr>
<td>Regan, Owen T., MD</td>
<td>(540) 635-0800</td>
<td>120 N Commerce Avenue Ste 203 Front Royal, VA 22630</td>
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<tr>
<td>Josephs, Brian, MD</td>
<td>(540) 710-1700</td>
<td>1101 Sam Perry Blvd Suite 101 Fredericksburg, VA 22401</td>
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<tr>
<td>Patel, Zeenat S., MD</td>
<td>(540) 940-2000</td>
<td>2555 Cowan Blvd Fredericksburg, VA 22401</td>
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<tr>
<td>Walkler, Scott E., MD</td>
<td>(540) 785-7810</td>
<td>1451 Hospital Dr Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>King, Dara, MD</td>
<td>(540) 423-6600</td>
<td>1300 Hospital Drive Suite 300 Fredericksburg, VA 22401</td>
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<td>Shorter, Lia, MD</td>
<td>(540) 710-1700</td>
<td>2555 Cowan Blvd Fredericksburg, VA 22401</td>
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<td>Wicker, Donna C., MD</td>
<td>(540) 785-8710</td>
<td>1000 N Shenandoah Ave Front Royal, VA 22630</td>
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<td>King, H. Jae, MD</td>
<td>(540) 373-4900</td>
<td>1101 Sam Perry Blvd Suite 101 Fredericksburg, VA 22401</td>
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<td>Pyatak, Peter, MD</td>
<td>(540) 940-2000</td>
<td>1071 Care Way Suite 101 Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<td>Wicke, Michael</td>
<td>(540) 381-2000</td>
<td>300 Hospital Drive Suite 300 Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Leonard, Tammy J, MD</td>
<td>(540) 656-2830</td>
<td>1300 Hospital Drive Suite 300 Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<td>Shuman, Mary, MD</td>
<td>(540) 374-3100</td>
<td>1071 Care Way Suite 101 Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Regan, Owen T., MD</td>
<td>(540) 635-0800</td>
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<td>Hospital Affiliations</td>
<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
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<tr>
<td>Meyer, Douglas R., MD</td>
<td>(540) 361-1611</td>
<td>2103 Fall Hill Avenue Fredericksburg, VA 22401</td>
<td>Hospital Affiliations</td>
<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Shuman, Mary, MD</td>
<td>(540) 374-3100</td>
<td>1071 Care Way Suite 101 Fredericksburg, VA 22401</td>
<td>Hospital Affiliations</td>
<td>Mary Washington Hospital (MWH)</td>
</tr>
<tr>
<td>Meyer, Leslie S., MD</td>
<td>(540) 940-2000</td>
<td>1071 Care Way Suite 101 Fredericksburg, VA 22401</td>
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<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Stadulis, Leedlyn H., MD</td>
<td>(540) 940-2000</td>
<td>1071 Care Way Suite 101 Fredericksburg, VA 22401</td>
<td>Hospital Affiliations</td>
<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Martinez, Julian E., MD</td>
<td>(540) 636-0300</td>
<td>1000 N Shenandoah Ave Front Royal, VA 22630</td>
<td>Hospital Affiliations</td>
<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
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<tr>
<td>Liao, Michael S, MD</td>
<td>(540) 261-3529</td>
<td>7915 Lake Manassas Drive Suite 205 Gainesville, VA 20155</td>
<td>Hospital Affiliations</td>
<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
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<tr>
<td>Louie-Ng, Eugene J., MD</td>
<td>(540) 261-3529</td>
<td>7915 Lake Manassas Drive Suite 205 Gainesville, VA 20155</td>
<td>Hospital Affiliations</td>
<td>Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave</td>
</tr>
</tbody>
</table>

### Gainesville

- Ansay, Shereen M., DO
  - Pro#: 10176217
  - NMG Affiliate Practice I, LLC 7915 Lake Manassas Drive Suite 205 Gainesville, VA 20155 (571) 261-3529
- Dehal, Stacy A., MD
  - Pro#: 10176609
  - NMG Affiliate Practice I, LLC 7915 Lake Manassas Drive Suite 205 Gainesville, VA 20155 (571) 261-3529
- Hospital Affiliations
  - Novant Health UVA Health System Prince William Medical Center
- Hospital Affiliations
  - Novant Health UVA Health System Prince William Medical Center
- Hospital Affiliations
  - Novant Health UVA Health System Prince William Medical Center
- Hospital Affiliations
  - Novant Health UVA Health System Prince William Medical Center

### Warwick

- Front Royal
  - Martinez, Julian E., MD
    - Pro#: 10129975
    - Valley Health Warren Mem Hos Multispecialty Clinic Commerce Ave 1000 N Shenandoah Ave Front Royal, VA 22630 (540) 636-0300
  - Liao, Michael S, MD
    - Pro#: 10176609
    - NMG Affiliate Practice I, LLC 7915 Lake Manassas Drive Suite 205 Gainesville, VA 20155 (571) 261-3529
  - Hospital Affiliations
    - Novant Health UVA Health System Prince William Medical Center
  - Hospital Affiliations
    - Novant Health UVA Health System Prince William Medical Center
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### Optima Direct Network Providers January 2019

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### OB/GYN Physicians - Tier 1

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<th>City</th>
<th>Name</th>
<th>NPI</th>
<th>Address</th>
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<th>Affiliations</th>
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<tr>
<td><strong>Hampton</strong></td>
<td>Basco, Thomas E., MD</td>
<td>10029587</td>
<td>4000 Coliseum Drive Suite 280</td>
<td>(757) 722-7401</td>
<td>Obstetrics &amp; Gynecology Associates of Hampton</td>
<td>Sentara CarePlex Hospital</td>
</tr>
<tr>
<td><strong>Hampton</strong></td>
<td>Coyle, Cheri L., MD</td>
<td>54083</td>
<td>101 Eaton St Ste 300</td>
<td>(757) 874-2229</td>
<td>Obstetrics &amp; Gynecology Associates of Hampton</td>
<td>Sentara CarePlex Hospital</td>
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<tr>
<td><strong>Hampton</strong></td>
<td>Hill, Robert M., MD</td>
<td>53393</td>
<td>2240 Coliseum Drive Suite B</td>
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OB/GYN Physicians - Tier 1

800 5th Street
Lynchburg, VA 24504
(434) 200-3366
Hospital Affiliations
Centra Lynchburg General Hospital
VCU Community Memorial Hospital
James, Andra H., MD
Prov#: 10081441
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4651
Kidd, Kristi, MD
Prov#: 53303
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
Lynchburg, VA 24502
114 Nationwide Drive
Lynchburg, VA 24502
(434) 239-7890
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Mann, William J., MD
Prov#: 10038475
Gyn/Oncology Clinic
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 200-4454
Hospital Affiliations
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center
Marraccini, Christine, MD
Prov#: 10205172
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 239-7890
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
May, James S., MD
Prov#: 100815457
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
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Hospital Affiliations
Centra Lynchburg General Hospital
Neiman, Wade A, MD
Prov#: 52427
Womens Health Services of Central Virginia, Inc.
114 Nationwide Drive
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320 Federal Street
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Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Neves, Hillary L., MD
Prov#: 10191010
Centra Medical Group Women's Center
3300 Rivermont Avenue
Lynchburg, VA 24503
(434) 315-2950
Hospital Affiliations
Centra Lynchburg General Hospital
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Pierce Jr, John, MD
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114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890
Hospital Affiliations
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VCU Health System/MCV
Puckett, Reginald T., MD
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Lynchburg Women's and Pediatric Health Services
2402 Atherholt Road
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Robertson, Michael S., MD
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Womens Health Services of Central Virginia, Inc.
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Gyn/Oncology Clinic
3300 Rivermont Avenue
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Uray, Maria S., MD
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Lynchburg Family Medicine Center
2232 Memorial Ave Suite 10
Lynchburg, VA 24501
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(434) 237-7890
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Wheelock, Tracy A., MD
Prov#: 48278
Womens Health Services of Central Virginia, Inc.
114 Nationwide Dr
Lynchburg, VA 24502
(434) 237-7890
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Woods, Sarah, MD
Prov#: 10154676
Lynchburg Gynecology PC
2728 Old Forest Road
Lynchburg, VA 24501
(434) 385-7818
Hospital Affiliations
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Madison
Gofreib, Peter E., MD
Prov#: 10190862
Wellspring Health Services
129 North Main Street
Madison, VA 22727
(540) 948-6861
Hospital Affiliations
UVA Culpeper Hospital

Manassas
Bright, Saweda A., MD
Prov#: 10173935
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 20110
(703) 361-7778
Hospital Affiliations
Novant Health UVA Health System
Prince William Medical Center
Gutlip, Jo Anne, MD
Prov#: 10144320
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 20110
(703) 361-7778
Hospital Affiliations
Novant Health UVA Health System
Prince William Medical Center
Lavery, Elizabeth M., MD
Prov#: 10176425
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 20110
(703) 361-7778
Hospital Affiliations
Novant Health UVA Health System
Prince William Medical Center
Martin, Ashley M., MD
Prov#: 10176523
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 20110
(703) 361-7778
Hospital Affiliations
Novant Health UVA Health System
Prince William Medical Center
Setty, Prathima, MD
Prov#: 10167246
Greater Prince William Community Health Center
9705 Liberti Ave
Manassas, VA 20110
(703) 402-7007
Hospital Affiliations
Reston Hospital Center
Smith, Chari V, MD
Prov#: 42067
NMG Affiliate Practice I, LLC
8640 Sudley Road Suite 303
Manassas, VA 20110
(703) 361-7778
Hospital Affiliations
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Marion
Denti, Matthew J., DO
Prov#: 10183077
Blue Ridge Medical Management Corporation (MSMG OB/GYN)
1616 N Main St Suite 100B
Marion, VA 24354
(276) 378-3920
Hospital Affiliations
Johnston Memorial Hospital
University of Virginia Medical Center

Optima Direct Network Providers January 2019
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**Max Meadows**

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**Mechanicsville**

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**Optima Direct Network Providers January 2019**

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**Optima Health**
St. Mary's Hospital

Hicks, Tracy I, MD
Pro#: 10112671
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Hirata, Alice J, MD
Pro#: 10177582
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13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Moore, Andrew W., MD
Pro#: 10098855
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 100
Midlothian, VA 23114
(804) 288-4084
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Mrova, Diane M, MD
Pro#: 10110033
Bon Secours Richmond OB-GYN
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Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Paoloni, Christopher E, MD
Pro#: 10203248
RIVER CITY OB/GYN, P.C.
13700 St Francis Blvd Suite 603
Midlothian, VA 23114
(540) 345-3556
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Peterson, Sarah, MD
Pro#: 10173294
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
Hospital Affiliations
Bon Secours Richmond Community Hospital
Chippenham Medical Center/
Parham Campus
Henrico Doctors' Hospital - Forest Campus

Shaban, Danny, MD
Pro#: 55747
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus

Spasic, Zvenko, MD
Pro#: 10037017
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Williams, Flora E, MD
Pro#: 10112425
DOMINION WOMEN'S CENTER INC
13801 St Francis Boulevard Suite 220
Midlothian, VA 23114
(804) 730-0800
Hospital Affiliations
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours Richmond Community Hospital
Chippenham Medical Center/
Parham Campus
Henrico Doctors' Hospital - Forest Campus

Shaban, Danny, MD
Pro#: 55747
Dominion Women's Health
230 Browns Way
Midlothian, VA 23113
(804) 730-0800
Hospital Affiliations
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus

Pringle, Tamara, MD
Pro#: 10110032
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Rye, Raymonda, MD
Pro#: 10140444
Bon Secours Richmond OB-GYN
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Santosh, Padmini, MD
Pro#: 58207
Virginia Physicians for Women, Ltd.
13700 St Francis Blvd #502
Midlothian, VA 23114
(804) 594-3120
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Sarraf, Sara, MD
Pro#: 10112425
Virginia Women's Center Inc
13801 St Francis Boulevard Suite 100
Midlothian, VA 23114
(804) 288-4084
Hospital Affiliations
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
13700 St Francis Blvd Suite 305
Midlothian, VA 23114
(804) 320-2483
13700 St Francis Blvd Suite 510
Midlothian, VA 23114
(804) 423-8462
Hospital Affiliations
Bon Secours Memoria Regional Medical Center
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

730-0800
13700 St Francis Boulevard Suite 100
Midlothian, VA 23113
(804) 738-9378
Hospital Affiliations
Chippenham Medical Center/
Johnston-Willis Hospital

3738 Winterfield Road Ste 100
Midlothian, VA 23113
(804) 378-9378
Hospital Affiliations
St. Mary's Hospital

Optima Direct Network Providers January 2019
OptimaHealth
Moneta
McLaren, Barbara, MD
Prov#: 10031425
Carilion Bedford Memorial Specialty Clinic
4830 Rucker Rd Ste B
Moneta, VA 24121
(540) 586-6818

Newport News
Cordes, Laura R., MD
Prov#: 73070
Tidewater Physicians Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 223-9794
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Coyle, Cheri L., MD
Prov#: 54083
Center for Women's Health (MAWC)
12706 McManus Blvd
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Davis, Stephen S., MD
Prov#: 93552
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Fisher, Deneisha, MD
Prov#: 10172223
Tidewater Physicians Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 223-9794
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Gillman, Monique D., MD
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EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gillman, Nicole C., MD
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EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Jafri, Naved A., MD
Prov#: 32150
Obstetrics & Gynecology Associates of Hampton (MAWC)
714 Thimble Shoals Blvd Ste B
Newport News, VA 23602
Hospital Affiliations
Sentara CarePlex Hospital

Jafri, Obaid, MD
Prov#: 95803
Obstetrics & Gynecology Associates of Hampton (MAWC)
714 Thimble Shoals Blvd Ste B
Newport News, VA 23602
Hospital Affiliations
Sentara CarePlex Hospital

Lappinen, Krystle R, MD
Prov#: 10130560
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12706 McManus Blvd
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Sentara Mary Immaculate Hospital

Larson, Kindra A., MD
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EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
12720 McManus Dr Ste 301
Newport News, VA 23602
(757) 947-3841
729 Thimble Shoals Blvd Suite SE
Newport News, VA 23606
(757) 947-3841
Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital

Levin, Beth E., MD
Prov#: 10133325
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Sentara Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Morrison, Jeffrey D., DO
Prov#: 53554
Tidewater Physicians Multispecialty Group, PC (TPMG)
860 Omni Blvd Suite 110
Newport News, VA 23606
(757) 223-9794
Hospital Affiliations
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Northam, Drina A., MD
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Women's Executive Healthcare, P.C. (MAWC)
11747 Jefferson Ave Suite 1B
Newport News, VA 23606
(757) 592-9600

Nowroozi, Pouran N., MD
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12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Peninsula Women's Care (MAWC)
11842 Rock Landing Dr Ste 115
Newport News, VA 23606
(757) 595-9905
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

O'Connell, Timothy A., MD
Prov#: 51137
Center for Women's Health (MAWC)
12706 McManus Blvd
Newport News, VA 23602
(757) 874-2229
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Bon Secours Mary Immaculate Hospital

Shwayder, Robert C., MD
Prov#: 54015
Colonial Ob/Gyn Associates, Ltd
716 Denbigh Blvd Ste E-2
Newport News, VA 23608
(757) 461-3890
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Thom, Douglas, MD
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Center for Women's Health (MAWC)
12706 McManus Blvd
Newport News, VA 23602
(757) 874-2229
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Thurman, Andrea R., MD
Prov#: 10043044
EVMS Medical Group
12720 McManus Blvd Suite 203
Newport News, VA 23602
(757) 947-3841
Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Wolner, Alisa R., DO
Prov#: 10016718
Obstetrics & Gynecology Associates of Hampton (MAWC)
714-B Thimble Shoals Blvd
Newport News, VA 23606
(757) 877-0979
Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Norfolk
Arhogast, Kelsey L., MD
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Tidewater Physicians For Women, Inc. (MAWC)
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(757) 461-3890

Basso, Ana C, MD
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100 Kelsey Lane Suite 200
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(757) 451-0929

Bertolin, Siobhan M., MD
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Norfolk, VA 23502
(757) 461-3890

Burfoot, Keisha L., MD
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Elite Women's Care
6161 Kempsville Circle
Bldg Ste 340
Norfolk, VA 23520
(757) 395-4455
## OB/GYN Physicians - Tier 1

### Petersburg
- **Bazile-Harrison, Daphne, MD**  
  Prov#: 10163553  
  Tri-City Ob/Gyn  
  200 Medical Park Blvd  
  Petersburg, VA 23805  
  (804) 765-5206  
  Hospital Affiliations  
  Southside Regional Medical Center

- **Hairston, LaVonne S, MD**  
  Prov#: 10203874  
  Hampton Roads Ob/Gyn Center  
  1040 University Blvd Suite 205  
  Portsmouth, VA 23703  
  (757) 484-2272  
  Hospital Affiliations  
  Bon Secours DePaul Medical Center  
  Inc  
  Bon Secours Maryview Medical Center

### Pennington Gap
- **Champine, Carrie L, DO**  
  Prov#: 10171886  
  Lewis-Gale Physicians, LLC  
  133 Bostic Lane  
  Pennington Gap, VA 24277  
  (540) 443-0500  
  Hospital Affiliations  
  Montgomery Regional Hospital  
  d/b/a LewisGale Montgomery

### Pembroke
- **Hudgins, Laurie J., MD**  
  Prov#: 10171504  
  Lewis-Gale Physicians, LLC  
  133 Bostic Lane  
  Pembroke, VA 24276  
  (540) 443-0500  
  Hospital Affiliations  
  Montgomery Regional Hospital  
  d/b/a LewisGale Montgomery

### Prince George
- **Colton, Adrienne, MD**  
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  Virginia Physicians For Women  
  2025 Waterside Road Suite 100  
  Prince George, VA 23875  
  (804) 897-2100  
  Hospital Affiliations  
  Chippenham Medical Center/  
  Johnston-Willis Hospital

### Richmond
- **Simcox, Kimberly Palmer, DO**  
  Prov#: 10108736  
  Carilion Healthcare Corporation  
  159 Hartley Way  
  Roanoke, VA 24014  
  (540) 961-1058  
  Hospital Affiliations  
  Carilion New River Valley Medical Center  
  Carilion Roanoke Memorial Hospital

### Quinlan
- **Cane, James H., MD**  
  Prov#: 13244  
  James River Surgical Associates  
  1850 Pocahontas Trail  
  Quinton, VA 23141  
  (804) 559-6181  
  Hospital Affiliations  
  Bon Secours St. Mary's Hospital  
  Henrico Doctors' Hospital - Retreat Campus  
  St. Mary's Hospital

### Radford
- **Champine, Carrie L, DO**  
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  Lewis-Gale Physicians, LLC  
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  (540) 443-0500  
  Hospital Affiliations  
  Montgomery Regional Hospital  
  d/b/a LewisGale Montgomery

### Lexington
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  (540) 443-0500  
  Hospital Affiliations  
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  d/b/a LewisGale Montgomery

### Luthern
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  Lewis-Gale Physicians, LLC  
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  Hospital Affiliations  
  Columbia Pulaski Community Hospital  
  d/b/a LewisGale Pulaski  
  Montgomery Regional Hospital  
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OB/GYN Physicians - Tier 1
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<tr>
<td>Diaz, Jose, MD</td>
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<tr>
<td>Dunnivant, Siobhan S., MD</td>
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<td>Richmond, VA 23235</td>
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<tr>
<td>Gospodnetic, Marijan, MD</td>
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<tr>
<td>Haddad, Joseph B., MD</td>
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<tr>
<td>Haddad, Joseph B., MD</td>
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<td>Richmond, VA 23235</td>
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<tr>
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<tr>
<td>Haddad, Joseph B., MD</td>
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<td>Richmond, VA 23235</td>
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Optima Direct Network Providers January 2019

OptimaHealth
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<tr>
<th>Name</th>
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<tr>
<td>Lucas, Jerry, MD</td>
<td>(804) 285-8806 7605 Forest Avenue Suite 411 Richmond, VA 23229</td>
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<tr>
<td>Ladoesi, Julie, MD</td>
<td>(804) 267-6931 1401 Johnston Willis Drive Suite 5000 Richmond, VA 23235</td>
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<td>Legum-Wenk, Courtney, DO</td>
<td>(804) 288-4084 7611 Forest Avenue Suite 200 Richmond, VA 23229</td>
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<tr>
<td>Lewis, Leigh B., MD</td>
<td>(804) 730-3099 7601 Forest Ave Suite 228 Richmond, VA 23229</td>
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<tr>
<td>Lippmann, Quinn, MD</td>
<td>(804) 285-8806 7605 Forest Avenue Suite 411 Richmond, VA 23229</td>
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<tr>
<td>Miller, III, Lawrence G., MD</td>
<td>(804) 745-4780 9460 Amberdale Drive Suite D Richmond, VA 23236</td>
</tr>
<tr>
<td>Neuman, Kenley, DO</td>
<td>(804) 897-2100 10170 Midlothian Tpke Suite 200 Richmond, VA 23235</td>
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<tr>
<td>Paoloni, Christopher E, MD</td>
<td>(804) 288-4084 7611 Forest Avenue Ste 200 Richmond, VA 23229</td>
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<tr>
<td>Partridge, John R., MD</td>
<td>(804) 288-4084 7611 Forest Avenue Ste 200 Richmond, VA 23229</td>
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<td>Pendlebury, Laura C., MD</td>
<td>(804) 288-4084 7611 Forest Avenue Ste 200 Richmond, VA 23229</td>
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<td>Peterson, Sarah, MD</td>
<td>(804) 288-4084 7611 Forest Avenue Suite 200 Richmond, VA 23229</td>
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<tr>
<td>Prov#: 35832</td>
<td>Richmond Women's Specialists 1401 Johnston Willis Drive Suite 5000 Richmond, VA 23235</td>
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**OB/GYN Physicians - Tier 1**

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<td>Ramsey, Tiffany, MD</td>
<td>(804) 977-2060</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
<td>Hospital Affiliations Henrico Doctors' Hospital - Retreat Campus</td>
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<tr>
<td>Reutlinger, David, MD</td>
<td>(804) 320-4823</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
<td>Hospital Affiliations Henrico Doctors' Hospital - Retreat Campus</td>
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<tr>
<td>Smith, Robert K., MD</td>
<td>(804) 280-4804</td>
<td>7101 Midlothian Turnpike Ste 200 Richmond, VA 23225 (804) 272-5508</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Smith, Tovia, MD</td>
<td>(804) 897-2060</td>
<td>Richmond, VA 23229 (804) 288-4084</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Spasic, Zvonko, MD</td>
<td>(804) 288-7650</td>
<td>7601 Forest Ave Suite 310 Richmond, VA 23229 (804) 730-0800</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<td>Springel, Edward H., MD</td>
<td>(804) 897-2100</td>
<td>7601 Forest Ave Suite 310 Richmond, VA 23229 (804) 730-0800</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Stansbury Clipp, Eryn, MD</td>
<td>(804) 730-0800</td>
<td>7601 Forest Ave Suite 310 Richmond, VA 23229 (804) 730-0800</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Stone, Emily, MD</td>
<td>(804) 320-4823</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
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<td>Tozer, Beth L., MD</td>
<td>(804) 288-4084</td>
<td>7601 Forest Ave Suite 200 Richmond, VA 23229 (804) 897-2100</td>
<td>Hospital Affiliations Chippenham Medical Center/Johnston-Willis Hospital</td>
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<tr>
<td>Vigneshwar, Sucharitha, MD</td>
<td>(804) 320-4823</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
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<td>Vucelj-Alex, MD</td>
<td>(804) 320-4823</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
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<td>Vucelj-Alex, MD</td>
<td>(804) 320-4823</td>
<td>7605 Forest Ave Suite 411 Richmond, VA 23229 (804) 285-8806</td>
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**Optima Health Direct Network Providers January 2019**

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OB/GYN Physicians - Tier 1

Weatherford, Shannon, MD
Pro#: 55421
OB-GYN Associates
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7605 Forest Ave Suite 411
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Henrico Doctors’ Hospital - Forest Campus
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Bon Secours St. Mary’s Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
UVA Culpeper Hospital

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Richmond, VA 23230
(804) 320-2483
Pro#: 10185432
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7001 Forest Ave Suite 103
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Bon Secours St. Francis Medical Center
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Bon Secours Richmond OB-GYN
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Richmond, VA 23235
(804) 320-2483
7001 Forest Ave Suite 103
Richmond, VA 23230
(804) 320-2483
Pro#: 10185432
Bon Secours Richmond OB-GYN at St. Mary’s Hospital
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102 Highland Ave Ste 304
Roanoke, VA 24013
102 Highland Avenue Suite 455
Roanoke, VA 24013
1030 S Jefferson Street Suite 109
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Carilion Roanoke Community Hospital
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Curris, Dianna L., MD
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Hospital Affiliations
Carilion Roanoke Memorial Hospital
Daucher, James A, MD
Pro#: 10127215
BLUE RIDGE UROGYNECOLOGY, INC.
3800 Electric Road Suite 405
Roanoke, VA 24018
(540) 904-2845
Hospital Affiliations
Lewis-Gale Medical Center
Derekas, Nina, MD
Pro#: 10030354
Carilion Faculty GYN Associates
102 Highland Avenue Ste 303
Roanoke, VA 24013
(540) 985-9715

Optima Direct Network Providers January 2019 210
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<th>Name</th>
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| Greer, William Jerod, MD | (540) 985-4099  
3 Riverside Cir  
Roanoke, VA 24016  
(540) 224-5170  
66 Belleview Ave  
Roanoke, VA 24014  
(540) 981-7000 | Hospital Affiliations  
Carilion Roanoke Memorial Hospital  
Carilion Clinic Home Care (Carilion Franklin Memorial Hospital) | Prov#: 10116559  
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212

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Optima Direct Network Providers January 2019 212

OptimaHealth
### Rocky Mount

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  - Montgomery Regional Hospital d/b/a LewisGale Montgomery

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  - Carilion Roanoke Memorial Hospital

#### Casey, James, MD
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- **Hospital Affiliations:**
  - Carilion Roanoke Community Hospital
  - Carilion Roanoke Memorial Hospital
  - Carilion Stonewall Jackson Hospital

#### Garnica, Sheila, MD
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- 390 S Main St Suite 101
- Rocky Mount, VA 24151
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  - Carilion Roanoke Memorial Hospital

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#### Holmes, Derek R, DO
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  - Carilion Roanoke Memorial Hospital

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  - Carilion Roanoke Community Hospital
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- Rocky Mount, VA 24151
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
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- Rocky Mount, VA 24151
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  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Community Hospital

#### McCuin, Elizabeth Smith, MD
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- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

#### Morel, Kelley S, MD
- **Pro #:** 10135867
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Clinic Home Care (Carilion Tarzwell Community Hospital)
  - Carilion New River Valley Medical Center
  - Carilion Roanoke Community Hospital
  - Carilion Roanoke Memorial Hospital

#### Murchison, Amanda B., MD
- **Pro #:** 10082097
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)

#### Nunziato, Jaclyn, MD
- **Pro #:** 10189190
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Community Hospital
  - Carilion Roanoke Memorial Hospital
  - Carilion Stonewall Jackson Hospital

#### Sahni, Manjusha, MD
- **Pro #:** 10082237
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Memorial Hospital

#### Simcox, Kimberly Palmer, DO
- **Pro #:** 10108736
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Memorial Hospital

#### Sullivan, Christopher M, MD
- **Pro #:** 10117795
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

#### Torres, Jose R, MD
- **Pro #:** 10118801
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Franklin Memorial Hospital

#### Weiss, Patrice Marie, MD
- **Pro #:** 10127902
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Memorial Hospital

#### Wilson-Leedy, Jonas G., MD
- **Pro #:** 10184295
- Carilion Healthcare Corporation
- 390 S Main Street Ste 101
- Rocky Mount, VA 24151
- (540) 484-4836
- **Hospital Affiliations:**
  - Carilion Clinic Home Care (Carilion Franklin Memorial Hospital)
  - Carilion Roanoke Memorial Hospital
  - Carilion Stonewall Jackson Hospital

### Salem

#### Agee, Robert Lee, MD
- **Pro #:** 10076040
- CARILION MEDICAL CENTER
- 150 Spartan Drive
- Salem, VA 24153
- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

#### Altizer, Melanie Dawn, MD
- **Pro #:** 10096094
- CARILION MEDICAL CENTER
- 150 Spartan Drive
- Salem, VA 24153
- **Hospital Affiliations:**
  - Carilion Roanoke Memorial Hospital

#### Canela, Christine D., MD
- **Pro #:** 10044416
- CARILION MEDICAL CENTER
- 150 Spartan Drive
- Salem, VA 24153

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OptimaHealth
OB/GYN Physicians - Tier 1

1957 W Main St
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Clapp, Debra H., MD
Prov#: 10119767
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-5900

Hospital Affiliations
Lewis-Gale Medical Center

Garcia, Jorge M., MD
Prov#: 10079689
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Greer, Heather O’Connor, MD
Prov#: 10112862
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

1957 W Main St
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Harding, John, MD
Prov#: 10075327
Lewis-Gale Physicians, LLC
1900 Electric Road, Suite 1020
Salem, VA 24153
(540) 772-3680

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Holmes, Derek R, DO
Prov#: 10171727
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

1957 W Main St
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Roanoke Memorial Hospital

Johnson, Isaiah Micah, MD
Prov#: 10046919
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153

Hospital Affiliations
Carilion Roanoke Community Hospital

1957 W Main St
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital

Keeley, Christopher C., MD
Prov#: 10075327
Lewis-Gale Physicians, LLC
1900 Electric Road, Suite 1020
Salem, VA 24153
(540) 772-3680

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Franklin Memorial Hospital)

Lara-Torre, Eduardo, MD
Prov#: 10033624
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Roanoke Community Hospital)

Logan, Kaylene J., MD
Prov#: 10109422
Carilion Faculty Phys Specialist
150 Spartan Drive
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

McCuin, Elizabeth Smith, MD
Prov#: 10026864
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Nunziato, Jaclyn, MD
Prov#: 10118611
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Franklin Memorial Hospital
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Sadek, Mona, MD
Prov#: 10116584
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-5900

Hospital Affiliations
Lewis-Gale Medical Center

Sahni, Manjusha, MD
Prov#: 10048023
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Franklin Memorial Hospital)
Carilion Roanoke Memorial Hospital

Smith, Abby A., MD
Prov#: 10095407
Lewis-Gale Physicians, LLC
1802 Braeburn Drive
Salem, VA 24153
(540) 772-5900

Hospital Affiliations
Lewis-Gale Medical Center

Stacey, Joanna, MD
Prov#: 10117787
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Clinic Home Care
(Carillon Franklin Memorial Hospital)
Carilion Roanoke Community Hospital

Weiss, Patrice Marie, MD
Prov#: 10030047
Carilion Medical Center
150 Spartan Dr
Salem, VA 24153
(540) 389-5174

Hospital Affiliations
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

Wexler, Harris M., DO
Prov#: 10205493
Carilion Medical Center
150 Spartan Drive
Salem, VA 24153
(540) 772-5900

Hospital Affiliations
Lewis-Gale Medical Center

South Boston

Pottinger, Carlos A., MD
Prov#: 10182689
Sentara Obstetrics & Gynecology
2206 Wilborn Avenue
South Boston, VA 24592
(434) 517-8627

Hospital Affiliations
Halifax Regional Hospital

Rosche, Charles William, MD
Prov#: 10178673
Sentara Obstetrics & Gynecology
2206 Wilborn Avenue
South Boston, VA 24592
(434) 517-8627

Hospital Affiliations
Halifax Regional Hospital
OB/GYN Physicians - Tier 1

Thanaporn, Prasit, MD
Prov#: 48094
Fuller-Roberts Clinic, Inc.
2212 Wilborn Ave
South Boston, VA 24592
(434) 572-8921

Triu, Duc K., MD
Prov#: 10162311
FULLER ROBERTS OB-GYN AND PRIMARY CARE
2212 Wilborn Avenue
South Boston, VA 24592
(434) 572-8921
Prov#: 10008786
Fuller-Roberts Clinic, Inc.
2212 Wilborn Ave
South Boston, VA 24592
(434) 572-8921

Hospital Affiliations
Halifax Regional Hospital

South Hill

Austin, Cynthia Nwokeuku, MD
Prov#: 10180317
CMH Physician Services, LLC
1755 N Mecklenburg Ave
South Hill, VA 23970
(434) 584-2273

Paoloni, Christopher E, MD
Prov#: 10204318
CMH Physician Services, LLC
1755 N Mecklenburg Avenue
South Hill, VA 23970
(434) 584-2273

Hospital Affiliations
Bon Secours St. Francis Medical Center
Chicopee Medical Center/
Johnston-Willis Hospital
Sentara Williamsburg Regional Medical Center
VCU Community Memorial Hospital

Wotten, Terry, MD
Prov#: 73733M
CMH Women's Health Services L.L.C.
420 Bracy Lane
South Hill, VA 23970
(434) 447-7365

South Riding

Ansay, Sheereen M., DO
Prov#: 10176217
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center

Dehal, Stacy A., MD
Prov#: 10176609
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System Prince William Medical Center

Liao, Michael S, MD
Prov#: 10120025
NMG Affiliate Practice I, LLC
25055 Riding Plaza Suite 230
South Riding, VA 20152
(571) 261-3529

Hospital Affiliations
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System Prince William Medical Center

Moffitt, III, Francis Xavier, MD
Prov#: 10080645
Womens Health and Surgery Center Inc
125 Hospital Center Blvd Suite 221
Stafford, VA 22554
(540) 720-7340

Hospital Affiliations
Mary Washington Hospital (MWH)
Stafford Hospital Center

Thott, Kurian, MD
Prov#: 10037090
Womens Health and Surgery Center Inc
125 Hospital Center Blvd Suite 221
Stafford, VA 22554
(540) 720-7340

Hospital Affiliations
Mary Washington Hospital (MWH)

Sterling

Choudhry, Arshed, MD
Prov#: 1004067
Loudoun ObGyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Park, Lisa, MD
Prov#: 10043639
Loudoun ObGyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Roberts, Michelle, MD
Prov#: 10042901
Loudoun ObGyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Thompson, Jennifer, MD
Prov#: 10046835
Loudoun ObGyn
46161 Westlake Drive Suite 210
Sterling, VA 20165
(703) 460-2070

Suffolk

Adkins, William, MD
Prov#: 44007
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 339-0251
4686 Bridge Road
Suffolk, VA 23435
(757) 483-7900

Hospital Affiliations
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Demkowski, Henry, MD
Prov#: 14038
Bayview Physician Services, PC
2000 Meade Parkway
Suffolk, VA 23434
(757) 339-0251

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara Lehigh Hospital

Tappahannock

Hutcheson, Douglas P., MD
Prov#: 12590
Virginia Women's Center Inc
658 Hospital Road Suite 304
Tappahannock, VA 22560
(804) 288-4084

Hospital Affiliations
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital of Richmond
OB/GYN Physicians - Tier 1

McWhorter, Christina, MD
Prox #: 10154919
Virginia Women's Center Inc
658 Hospital Road Suite 304
Tappahannock, VA 22560
(804) 288-4084

Hospital Affiliations
Bon Secours Memorial Regional Medical Center
Virginia Beach Ob/Gyn, PC (MAWC)

Buchberg, Melissa J., MD
Prox #: 10116276
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Sentara Norfolk General Hospital
Fish, Deidre M., MD
Prox #: 10172042
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Sentara Princess Anne Hospital

Bruns, Mary A., MD
Prox #: 47215
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Byrd, Sharon J., MD
Prox #: 14206
Reproductive Health Care Associates
4633 Hermitage Road
Virginia Beach, VA 23455
(757) 363-2800

Chakrabarti, Alana M, MD
Prox #: 10186084
EVMS Medical Group
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 689-5104

Hospital Affiliations
Sentara Princess Anne Hospital

Connor, Collen M., MD
Prox #: 10130557
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way
Virginia Beach, VA 23462
(757) 461-3890

Hospital Affiliations
Sentara Princess Anne Hospital

Crabb, Monique S., MD
Prox #: 95805
Tidewater Physicians For Women, Inc. (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Sentara Princess Anne Hospital

Crabb, Monique S., MD
Prox #: 95805
Tidewater Physicians For Women, Inc. (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Sentara Princess Anne Hospital

Davis, Stephen S., MD
Prox #: 93552
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital

Hardy, Timothy J., MD
Prox #: 34003
Atlantic Obstetrics & Gynecology
3720 Holland Road Suite 101
Virginia Beach, VA 23452
(757) 563-1234

Hospital Affiliations
Chesapeake Regional Medical Center

Hilsinger, Katherine L., MD
Prox #: 10206652
Marina Shores OB GYN PC
2865 Lynnhaven Drive Suite 4A
Virginia Beach, VA 23451
(757) 496-5000

Hospital Affiliations
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Hudgens, Joseph L, MD
Prox #: 10186290
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 689-5104

Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Huggins-Jones, Dawn, MD
Prox #: 99892
Family Medical Practitioners
1147 Independence Blvd
Virginia Beach, VA 23455
(757) 460-1207

Ito, Traci E, MD
Prox #: 10207049
EVMS Medical Group
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 466-7979

Johnson, Amour, MD
Prox #: 10015742
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Sentara Princess Anne Hospital

Kemp, Peter, MD
Prox #: 38919
Family Medical Practitioners
1147 Independence Blvd
Virginia Beach, VA 23455
(757) 460-1207

Hospital Affiliations
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Victoria

Cauble, Kathleen, MD
Prox #: 10179131
Centra Medical Group Women's Center
1418 6th Street
Victoria, VA 23974
(434) 315-2950

Hospital Affiliations
Centra Southside Community Hospital
Mary Washington Hospital (MWH)
Reston Hospital Center
Spry Spotsylvania Regional Medical Center
Stafford Hospital Center

Virginia Beach

Adler, Melody R., MD
Prox #: 10078761
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Sentara Princess Anne Hospital

Arbogast, Kelsey L., MD
Prox #: 10167877
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Ste 330
Virginia Beach, VA 23462
(757) 461-3890

Sentara Princess Anne Hospital

Bertolino, Siobhan M., MD
Prox #: 10076820
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Ste 330
Virginia Beach, VA 23462
(757) 461-3890

Sentara Princess Anne Hospital

Hanson, Lisbet M., MD
Prox #: 34023
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Hardy, Timothy J., MD
Prox #: 34003
Atlantic Obstetrics & Gynecology
3720 Holland Road Suite 101
Virginia Beach, VA 23452
(757) 563-1234

Hospital Affiliations
Chesapeake Regional Medical Center

Hilsinger, Katherine L., MD
Prox #: 10206652
Marina Shores OB GYN PC
2865 Lynnhaven Drive Suite 4A
Virginia Beach, VA 23451
(757) 496-5000

Hospital Affiliations
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Hudgens, Joseph L, MD
Prox #: 10186290
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 689-5104

Hospital Affiliations
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Huggins-Jones, Dawn, MD
Prox #: 99892
Family Medical Practitioners
1147 Independence Blvd
Virginia Beach, VA 23455
(757) 460-1207

Ito, Traci E, MD
Prox #: 10207049
EVMS Medical Group
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 466-7979

Johnson, Amour, MD
Prox #: 10015742
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Sentara Princess Anne Hospital

Kemp, Peter, MD
Prox #: 38919
Family Medical Practitioners
1147 Independence Blvd
Virginia Beach, VA 23455
(757) 460-1207

Hospital Affiliations
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
OB/GYN Physicians - Tier 1

Kimble, Thomas D., MD
Pro#: 10015910
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Kotsko, Raegan N., MD
Pro#: 10062515
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Kwan, Fenney, MD
Pro#: 10029952
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Virginia Beach General Hospital

Lackore, Raymond C., MD
Pro#: 34045
Art & Science of Ob/Gyn, PC
1101 First Colonial Rd Ste 100
Virginia Beach, VA 23454
(757) 481-3366

Hospital Affiliations
Sentara Virginia Beach General Hospital

Larson, Kindra A., MD
Pro#: 10059924
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Levin, Janice P., MD
Pro#: 34025
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 200
Virginia Beach, VA 23454
(757) 481-7222

2075 Glenn Mitchell Drive Suite 410
Virginia Beach, VA 23456
(757) 481-7222

Hospital Affiliations
Sentara Virginia Beach General Hospital

Lindner, Paul L., MD
Pro#: 92374
TotalCare for Women, PLC (MAWC)
700 Independence Circle Suite 1D
Virginia Beach, VA 23455
(757) 497-1400

Hospital Affiliations
Chesapeake Regional Medical Center

Manoulov, Charysse J, MD
Pro#: 10115486
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

Hospital Affiliations
Sentara Princess Anne Hospital

Matthews, Janet, DO
Pro#: 10097725
Hampton Roads Ob/Gyn Center
828 Healthy Way Ste 220
Virginia Beach, VA 23462
(757) 889-6890

Hospital Affiliations
Bon Secours DePaul Medical Center Inc

Morgan, Frank G., MD
Pro#: 14012
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Suite 330
Virginia Beach, VA 23452
(757) 461-3890

Hospital Affiliations
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nowroozi, Pouran N., MD
Pro#: 14361
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Nugent, Andrea S., MD
Pro#: 10134361
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

1925 Glenn Mitchell Drive Suite 200
Virginia Beach, VA 23464
(757) 425-1600
5320 Providence Rd Ste 100
Virginia Beach, VA 23464
(757) 425-1600

Hospital Affiliations
Sentara Virginia Beach General Hospital

Olds, Franclene A., MD
Pro#: 67147
Mid Atlantic Women's Care PLC (MAWC)
1080 First Colonial Rd Ste 403
Virginia Beach, VA 23454
(757) 496-6537

Hospital Affiliations
Sentara Virginia Beach General Hospital

Parsley, Dorothy P., MD
Pro#: 10165721
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Suite 330
Virginia Beach, VA 23452
(757) 461-3890

Hospital Affiliations
Sentara Virginia Beach General Hospital

Poe-Zeigler, Robin L., MD
Pro#: 97900
The New Hope Center(MAWC)
448 Viking Dr Suite 100 Oceana Place
Virginia Beach, VA 23452
(757) 496-5370

Hospital Affiliations
Sentara Virginia Beach General Hospital

Pyle, Pamela, MD
Pro#: 67348
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600

1925 Glenn Mitchell Drive Suite 200
Virginia Beach, VA 23464
(757) 425-1600
5320 Providence Rd Ste 100
Virginia Beach, VA 23464
(757) 425-1600

Hospital Affiliations
Chesapeake Regional Medical Center

Randolph, Natalie N., MD
Pro#: 10093670
Virginia Beach Ob/Gyn, PC (MAWC)
1181 First Colonial Road Suite 200
Virginia Beach, VA 23454
(757) 425-1600
1925 Glenn Mitchell Drive Ste 200
Virginia Beach, VA 23456
(757) 425-1600
5320 Providence Rd Ste 100
Virginia Beach, VA 23464
(757) 425-1600

Hospital Affiliations
Sentara Leigh Hospital

Rector, Jr., George, MD
Pro#: 14029
TotalCare for Women, PLC (MAWC)
700 Independence Circle Suite 1D
Virginia Beach, VA 23455
(757) 497-1400

Hospital Affiliations
Chesapeake Regional Medical Center

Sadru, Negar Nikki, MD
Pro#: 10020610
Tidewater Physicians For Women, Inc. (MAWC)
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 461-3890

Hospital Affiliations
Sentara Norfolk General Hospital

Takaes, Peter, MD
Pro#: 10110536
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7979

Hospital Affiliations
Sentara Princess Anne Hospital

Talreja-Pelaez, Reena, MD
Pro#: 54241
TotalCare for Women, PLC (MAWC)
2075 Glenn Mitchell Dr Suite 500
Virginia Beach, VA 23456
(757) 446-7979

Hospital Affiliations
Sentara Princess Anne Hospital

Thurman, Andrea R., MD
Pro#: 10043044
EVMS Medical Group
2075 Glenn Mitchell Drive Suite 500
Virginia Beach, VA 23456
(757) 446-7900

Hospital Affiliations
Sentara Princess Anne Hospital

Ward, Jennifer G., MD
Pro#: 95816
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Optima Health Direct Network Providers January 2019
OB/GYN Physicians - Tier 1

2075 Glenn Mitchell Drive Suite 410
Virginia Beach, VA 23456
(757) 481-7222

Hospital Affiliations
Sentara Virginia Beach General Hospital

Warren, Lani, MD
Prov#: 10140782
Marina Shores OB/GYN PC
2865 Lynnhaven Drive Suite 4A
Virginia Beach, VA 23451
(757) 496-5000

Hospital Affiliations
Chesapeake Regional Medical Center

Wilkes, Charles A., MD
Prov#: 14381
Tidewater Physicians For Women, Inc. (MAWC)
828 Healthy Way Ste 330
Virginia Beach, VA 23462
(757) 461-3890

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Wright, Tracy B., MD
Prov#: 34027
Complete Women's Care (MAWC)
1080 First Colonial Rd Ste 300
Virginia Beach, VA 23454
(757) 481-7222

Hospital Affiliations
Sentara Princess Anne Hospital

Williamsburg

Myers, Thomas E., MD
Prov#: 48027
Thomas E. Myers MD PC
428 Hospital Drive
Warrenton, VA 20186
(540) 349-1505

Hospital Affiliations
Fauquier Hospital
Norton Community Hospital

Cordes, Laura R., MD
Prov#: 73070
Tidewater Physicians MultiSpecialty Group, PC (TPMG)
524 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Isbell, Benjamin T., MD
Prov#: 10048165
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
(757) 253-5653

Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Lontkowski, Susan M, MD
Prov#: 10147019
Old Towne Medical and Dental Center
5249 Old Towne Road
Williamsburg, VA 23188
(757) 259-3258

Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Mann, William J., MD
Prov#: 10168809
Old Towne Medical and Dental Center
5249 Old Towne Road Ste D
Williamsburg, VA 23188
(757) 259-3258

Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Morris, Jeffrey D., DO
Prov#: 53554
Tidewater Physicians MultiSpecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
Williamsburg, VA 23188
(757) 223-9794

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Sentara Williamsburg Regional Medical Center

5424 Discovery Park Blvd Ste 203
Williamsburg, VA 23188
(757) 872-9797

Hospital Affiliations
Bon Secours Mary Immaculate Hospital

Sentara Williamsburg Regional Medical Center

Pearce, David C., MD
Prov#: 54018
Williamsburg Ob Gyn PC
500 Sentara Circle Suite 105
Williamsburg, VA 23188
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Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Roberson, Emily F., MD
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Williamsburg Ob Gyn PC
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Williamsburg, VA 23188
(757) 253-5653

Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Tan, Teresa X., MD
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Tidewater Physicians MultiSpecialty Group, PC (TPMG)
4125 Ironbound Rd Ste 201
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(757) 223-9794

Hospital Affiliations
Sentara Williamsburg Regional Medical Center

Winchester

Bagous, Trine, MD
Prov#: 70755
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711

Hospital Affiliations
Winchester Medical Center

DeHaven, Kristin D., MD
Prov#: 74073
Kristin D. Dehaven, M.D.
1820 Plaza Drive
Winchester, VA 22601
(540) 665-8414

Hospital Affiliations
Winchester Medical Center

Edwards, Jessica D., MD
Prov#: 10008433
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Winchester, VA 22601
(540) 662-0711

Hospital Affiliations
Winchester Medical Center

Humphreys, Stacy M., MD
Prov#: 10204758
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546

Hospital Affiliations
Winchester Medical Center

Kattal, Namita, MD
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Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546

Hospital Affiliations
Winchester Medical Center

Kidd, Leslie S., MD
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Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711

Hospital Affiliations
Meritus Medical Center
Winchester Medical Center

King, Julie S., MD
Prov#: 10037603
Winchester OB/GYN
1705 Amherst Street Suite 203
Winchester, VA 22601
(540) 662-0711

Hospital Affiliations
Winchester Medical Center

Leonard, Mark, MD
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(540) 667-4546

Hospital Affiliations
Winchester Medical Center

Nashed, James K., MD
Prov#: 38152
Winchester Women’s Specialists
1870 Amherst St Ste 2E
Winchester, VA 22601
(540) 667-4546

Hospital Affiliations
Jefferson Memorial Hospital
Winchester Medical Center

Rabkin, Vekaterina, MD
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(540) 662-0711

Hospital Affiliations
Winchester Medical Center
OB/GYN Physicians - Tier 1

Reed, Luckey, MD
Pro#: 10196616
Winchester Medical Center Inc
(Shenandoah Valley M F M)
1840 Amherst Street
Winchester, VA 22601
(540) 536-3228

Hospital Affiliations
Winchester Medical Center

Bryce, Peter A., MD
Pro#: 64287
Peter A. Bryce MD PC
2296 Opitz Blvd Ste 250
Woodbridge, VA 22191
(703) 680-5174

Hospital Affiliations
Sentara Northern Virginia Medical Center

Colin, Hector, MD
Pro#: 10202184
About Women OB/Gyn, PC
2296 Opitz Blvd Suite 440
Woodbridge, VA 22191
(703) 878-0740

Hospital Affiliations
Mary Washington Hospital (MWH)
Reston Hospital Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Virginia Hospital Center - Arlington
Winchester Medical Center

Winter, Curtis A., MD
Pro#: 44396
Windor Medical Services PLC
1104 Amherst Street Suite 200
Winchester, VA 22601
(540) 450-0630

Hospital Affiliations
Winchester Medical Center

Freundel, Roseann J., DO
Pro#: 10054027
Norton Community Physicians Services
102 15th Street NW Ste 301
Vienna, VA 22180
(276) 679-1623

Hospital Affiliations
Carillon New River Valley Medical Center
Norton Community Hospital

Zibdeh, Isam T, MD
Pro#: 10814141
Norton Community Physicians Services
102 15th Street NW Ste 301
Vienna, VA 22180
(276) 679-1623

Hospital Affiliations
Norton Community Hospital

Alembik, Marc, MD
Pro#: 35747
About Women OB/Gyn, PC
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Woodbridge, VA 22191
(703) 878-0740

Hospital Affiliations
Sentara Northern Virginia Medical Center

Stadulis, Leedylyn H., MD
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Elite Women's Health Inc
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Hospital Affiliations
Mary Washington Hospital (MWH)

Weltman, Allyse, MD
Pro#: 10045126
About Women OB/Gyn, PC
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Woodbridge, VA 22191
(703) 878-0740

Hospital Affiliations
Sentara Northern Virginia Medical Center

Woodstock
Martinez, Julian E., MD
Pro#: 10178164
Valley Health Shenandoah Mmc
Hosp Multispec Clinic-New Market
759 South Main Street
Woodstock, VA 22664
(540) 459-1383

Hospital Affiliations
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.

Wytheville
Fox, Elizabeth A., MD
Pro#: 10067659
Wythe Physicians for Women
140 W Main St
Wytheville, VA 24382
(276) 228-2008

Kilgore, William Tommy, MD
Pro#: 26784
W. Tommy Kilgore, MD, PC
1785 W Lee Highway
Wytheville, VA 24382
(276) 228-3355

Hospital Affiliations
Wythe County Community Hospital

Zion Crossroads
Klavans, Meghan E, MD
Pro#: 10183564
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Trowbridge, Elisa R., MD
Pro#: 10021103
University of Virginia Physicians Group
Zion Crossroads 1015 Spring Creek Parkway
Zion Crossroads, VA 22942
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Hospital Affiliations
University of Virginia Medical Center

Reese, Heather R., MD
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480 W Jubal Early Drive Suite 300
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Winchester Medical Center Inc
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Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center

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Woodbridge, VA 22191
(703) 878-0740

Hospital Affiliations
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center

Patel, Zeenal S., MD
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12731 Marblestone Drive Suite 102
Woodbridge, VA 22192
(540) 940-2000

Hospital Affiliations
Mary Washington Hospital (MWH)

Setty, Prathima, MD
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Greater Prince William Community Health Center
4379 Ridgeway Center Drive Suite 102
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(703) 680-7950

Hospital Affiliations
Reston Hospital Center

Young, Denise S., MD
Pro#: 48284
University of Virginia Physicians Group
1015 Spring Creek Parkway
Zion Crossroads, VA 22942
(434) 243-9466

Hospital Affiliations
St. Mary's Hospital
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Specialists - Tier 1

Cardiology

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Cardiothoracic Surgery

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Breast Surgery

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Optima Direct Network Providers January 2019
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<td>Aboud, John, MD</td>
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<td>Abdula, Raushan, MD</td>
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<td>Annandale ........... (703) 335-8750</td>
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<td>Abramson, Stephen N, MD</td>
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<td>Richmond ............ (804) 282-2685</td>
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<td>Paluski ............. (540) 980-1802</td>
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Specialists - Tier 1

Dunbar-Matos, Christina L, DO
Rooakne ........... (540) 982-8204
Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Carilion Tazwell Community Hospital

Duncan, Phillip B., MD
Chester ............ (804) 530-5178
Hospital Affiliations:
Carilion Franklin Memorial Hospital
John Randolph Medical Center
Southside Regional Medical Center

Durham, Joshua L, MD
Chesapeake ...... (757) 547-9294
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Virginia Beach General Hospital

Eapen, George, MD
Petersburg ........ (804) 765-5000
Hospital Affiliations:
Chippewinam Medical Center/Johnston-Willis Hospital
Southern Virginia Regional Medical Center
Southside Regional Medical Center
VCU Health System/MCV

East, Mark A., MD
Norfolk............ (757) 222-0012
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Eich, David M., MD
Carrollton
Suffolk
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

El-Ahbab, Fadi M, MD
Danville
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Erwin, Michael, MD
Richmond........ (804) 288-4827
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippewinam Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Espino, Michael G., MD
Falls Church...... (540) 347-9898
Haymarket......... (571) 284-4370
Manassas .......... (703) 753-9709
Warrenton ......... (540) 347-9898
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Hamrket Medical Center
Novant Health UVA Health System
Prince William Medical Center

Evans Jr, Charles G., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewinam Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
St. Mary's Hospital

Faruqi, Nadeem A., MD
Petersburg ......... (804) 765-5000
Hospital Affiliations:
John Randolph Medical Center
Southside Regional Medical Center

Ferguson, John D, MD
Charlottesville... (434) 982-7650
Fisheriville....... (540) 213-9550
Hospital Affiliations:
Augusta Medical Center

Francis, Vernon R., MD
Norfolk............ (757) 261-0700
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Friend, Christopher D., MD
Charlesville...... (434) 982-7195
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Gaiter, Neil S, MD
Front Royal.......... (540) 636-0627
Hospital Affiliations:
Warren Memorial Hospital, Inc.
Winchester Medical Center

Garnet, James, MD
Richmond.......... (804) 521-5814
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Chippewinam Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Riverside Shore Memorial Hospital

Ghafouri, Merod, DO
Annandale ......... (703) 335-8750
Ashburn........... (703) 335-8750
Gainesville ....... (703) 335-8750
Manassas .......... (703) 335-8750

Ghazvini, Mohammad Monireddin, MD
Stafford ........... (540) 628-2173
Woodbridge....... (703) 492-6822
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Gibbs, Barnett T., MD
Richmond......... (804) 288-0134
Hospital Affiliations:
Centra Doctors' Hospital - Forest Campus

Giusti, Massimo F., MD
Glen Allen......... (804) 288-3123
Kilmarnock
Midlothian......... (804) 794-6400
Quinton ............ (804) 730-1481
Richmond.......... (804) 288-3123
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewinam Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Goldberg, Adam S., MD
Charlottesville... (434) 293-4072
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Sentara Martha Jefferson Hospital

Goldberg, Martin J., MD
Newport News ... (757) 736-3680
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Graham, Rodney C., MD
Fishersville...... (540) 245-7080
Lexington......... (540) 464-3645
Hospital Affiliations:
Augusta Medical Center

Granding, Rolf, MD
Norfolk............. (757) 252-9365
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Grewal, Harpreet, MD
Colonial Heights (804) 730-1481
Mechanicsville .. (804) 730-1481
Hospital Affiliations:
Centra Regional Medical Center

Greiner, John J, MD
Chesapeake ...... (757) 547-9294
Hospital Affiliations:
Chippewinam Medical Center/Johnston-Willis Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Gupta, Bhavdeep K., MD
Portsmouth ....... (757) 399-2639
Hospital Affiliations:
Bon Secours Virginia Hospital

Haas, John, MD
Lynchburg....... (434) 200-3000
Hospital Affiliations:
Centra Lynchburg General Hospital

Hackett, Jason, MD
Danville
Farmville

Gretta............. (434) 656-1717
Lynchburg....... (434) 316-5900
Moneta
South Boston.... (434) 572-8921

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Hagemann, Timothy W., MD
Mechanicsville .. (804) 559-0405
Hospital Affiliations:

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Specialists - Tier 1

Punjabi, Gunadhar, MD
Chesapeake...... (757) 252-5660
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Park, Young, MD
Fairfax................ (703) 641-9161
Parker, John P., MD
Franklin............. (757) 562-0383
Norfolk.............. (757) 261-0700
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Patel, Anilkumar R., MD
Chesapeake...... (757) 947-9294
Virginia Beach
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Patel, Apurva M., MD
Portsmouth........ (757) 399-2639
Suffolk.............. (757) 484-5202
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Patel, Kalpesh, MD
Bracey ............... (434) 636-6903
Chesterfield....... (804) 520-1764
Colonial Heights (804) 520-1764
Farmville.......... (804) 520-1764
Franklin.......... (757) 568-7518
Hopewell.......... (804) 520-1764
Lawrenceville... (804) 520-1764
Petersburg....... (804) 765-5949
Richmond......... (843) 654-7689
Hospital Affiliations:
University of Virginia Medical Center
Patterson, Brandy, MD
Charlottesville ... (434) 982-0853
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Patterson, John B, MD
Abingdon.......... (276) 258-3740
Lebanon............ (276) 883-8460
Marion............. (276) 782-1229
Rural Retreat...... (276) 258-3740
Hospital Affiliations:
Johnston Memorial Hospital
Perdew, Emily, MD
Portsmouth........ (757) 686-9400
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Phillips, Charles W., MD
Richmond......... (804) 288-4827
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Chippewa Medical Center
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Phillips, Stephen G., MD
Bastian............ (276) 688-4331
Christianburg
Hardy
Lexington
Martinsville....... (276) 634-4400
Roanoke.......... (540) 982-8204
Rocky Mount
Poleb, Stewart G., MD
Harrisonburg..... (540) 689-5555
Hospital Affiliations:
Sentara RMH Medical Center
Ponder, Michael A., MD
Abingdon
Marion
Norton.............. (276) 439-1490
Hospital Affiliations:
Indian Path Community Hospital
Prabhakar, Shashi K., MD
Midlothian........ (804) 794-6400
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital
Prasad, Ashok J, MD
Frederickburg. (855) 739-9953
Stafford............ (855) 739-9953
Woodbridge....... (855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV
Prasanna, Vikram, MD
Hospital Affiliations:
University of Virginia Medical Center
Prewitt, Kerry C., MD
Richmond......... (540) 983-8750
Hospital Affiliations:
VCU Health System/MCV
Rajab, Mohammad, MD
Henrico.......... (804) 288-0134
Richmond......... (804) 346-2070
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/MCV
Ramchandran, Krishna Swamy, MD
Bastian............ (276) 688-4331
Lexington.......... (540) 463-2227
Martinsville...... (276) 634-4400
Roanoke.......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Ramlawi, Murali, MD
Richmond........... (804) 536-6721
Hospital Affiliations:
VCU Health System/MCV
Rana, Mohammad Javed, MD
Bluefield.......... (276) 322-0000
Hospital Affiliations:
Bluefield Regional Medical Center
Princeton Community Hospital
Rana, Zeshan, MD
Frederickburg ... (540) 373-1331
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Rash, Christopher B., MD
Harrisonburg..... (540) 689-5555
Hospital Affiliations:
Sentara RMH Medical Center
Specialists - Tier 1

Rathi, Vikas, MD
Midlothian....... (804) 639-3030
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Ravi, Sandeep, MD
Blacksburg......... (540) 951-0352
Christiansburg... (540) 731-2000
Pearsburg......... (540) 921-6000
Roanoke .......... (540) 982-8204
Wytheville....... (540) 731-7600
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Ravindra, P. V., MD
Kilmarnock
Mechanicsville... (804) 730-1481
Quinton
Hospital Affiliations:
Bon Secours DePaul Medical Center

Rembold, Christopher M., MD
Charlottesville... (434) 924-2825

Rennony, Stephen, MD
Danville
Lynchburg....... (434) 316-5900
South Boston..... (434) 572-8921
Hospital Affiliations:
Centra Lynchburg General Hospital

Rhinehart, Kenneth Bernard, MD
Galax................. (276) 238-3318

Ridley, Derrick E., MD
Hampton.......... (757) 827-2200
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rivero, Jose M., MD
Blacksburg....... (540) 731-7600
Christiansburg... (540) 731-7600
Pearsburg....... (540) 921-6000
Roanoke
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center

Ro, Peter S., MD
Richmond......... (804) 282-2685
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
HealthSouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Robertson, Scott Alan, MD
Chesapeake ...... (757) 252-5660
Norfolk.......... (757) 252-9365
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
RiverShore Memorial Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Rohy, Matthew D, DO
Roanoke .......... (540) 982-8204
Rocky Mount ... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rosenberg, Marc J., MD
Suffolk............. (757) 541-1050
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Roseland, Zia M., MD
Charlottesville... (434) 924-2485
Culpeper ......... (540) 829-4374
Hospital Affiliations:
University of Virginia Medical Center

Rubery, Bryon E., MD
Galax................ (276) 238-3318

Rutherford, Molly S., MD
Roanoke .......... (540) 283-6000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Rutherford, William, MD
Roanoke

Sabharwal, Vipal K., MD
Glen Allen....... (804) 288-3123
Kilmarnock
Midlothian....... (804) 794-6400
Quinton .......... (804) 730-1481
Richmond ......... (804) 288-3123
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
St. Mary's Hospital

Sackett, Matthew C, MD
Danville
Farmville
Gretta.............. (434) 656-1717
Lynchburg......... (434) 200-5252
Moneta
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Halifax Regional Hospital

Saini, Harshimran, MD
Richmond......... (804) 288-4827
Same, Saquib, MD
Colonial Heights (804) 520-1080
Emporia......... (804) 765-5363
Petersburg ......... (804) 765-5352
Sandesara, Chirag, MD
Annandale ...... (703) 335-8750
Ashburn.......... (703) 335-8750
Gainesville ...... (703) 335-8750
Manassas .......... (703) 335-8750
Stafford ......... (703) 335-8750
Vienna ............. (703) 335-8750
Warrenton ....... (703) 335-8750
Woodbridge...... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center
Virginia Hospital Center - Arlington

Sane, David C., MD
Bastian.......... (276) 688-4331
Hardy .......... (540) 982-8204
Lexington ......... (540) 463-2227
Roanoke .......... (540) 982-8204
Rocky Mount ... (540) 982-8204
Tazewell ......... (540) 982-8204
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Sawey, Edward, MD
Richmond.......... (804) 288-0134
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus

Sayers, Marta C., MD
Roanoke .......... (540) 776-8255
Hospital Affiliations:
Lewis-Gale Medical Center

Schietinger, Brian J., MD
Danville
Farmville
Gretta.......... (434) 656-1717
Lynchburg ...... (434) 200-5252
Moneta
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Schmiedtje, John, MD
Roanoke .......... (540) 981-2105

Schnatz III, Frederick, DO
Colonial Heights (804) 520-1764

Schumaecker, Matthew Michael, MD
Lexington .......... (540) 463-2227
Martinsville ..... (276) 463-2227
Roanoke .......... (540) 982-8204
Hospital Affiliations:
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)

Sethna, Dhun H., MD
Christiansburg... (540) 639-9071
Hillsville....... (540) 731-7600
Lexington....... (540) 463-2227
Pearsburg
Hospital Affiliations:
Carilion New River Valley Medical Center

Seuffer, Ryan, MD
Newport News .. (757) 875-5332
Suffolk........... (757) 541-1050
Hospital Affiliations:
Bon Secours Maryview Medical Center

Shah, Neel K, MD
Annandale ...... (703) 335-8750
Ashburn.......... (703) 335-8750
Gainesville ...... (703) 335-8750
Manassas .......... (703) 335-8750
Stafford ......... (703) 335-8750
Vienna ............. (703) 335-8750
Warrenton ....... (703) 335-8750
Woodbridge...... (703) 335-8750
Hospital Affiliations:
Fauquier Hospital

Sarembock, Ian J., MBBS
Charlottesville... (434) 924-2420

Sawyer, Matthew, MD
Danville
Farmville
Gretta.......... (434) 656-1717
Lynchburg ...... (434) 200-5252
Moneta
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Seeger, Ryan, MD
Newport News .. (757) 875-5332
Suffolk........... (757) 541-1050
Hospital Affiliations:
Centra Virginia Baptist Hospital

Shah, Sanjay G., MD
Danville
Farmville
Gretta.......... (434) 656-1717
Lynchburg ...... (434) 200-5252
Moneta
Hospital Affiliations:
Specialists - Tier 1

Zeevi, Gary R., MD
Norfolk......... (757) 261-0700

Hospital Affiliations:
Bon Secours St. Marys Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Cardiovascular Surgery

Battle, Robert W., MD
Charlottesville... (434) 924-2420

Fishersville....... (540) 213-9550

Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Bilchick, Kenneth C., MD
Charlottesville... (434) 243-6743

Hospital Affiliations:
University of Virginia Medical Center

Bundy, Graham M., MD
Mechanicsville
Richmond........ (804) 320-2751

Williamsburg .... (757) 707-3999

Christopher, Thomas, MD
Richmond......... (804) 320-2751

Escanelas, Jaime, MD
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Hospital Affiliations:
Augusta Medical Center
University of Virginia Medical Center

Hahn, Chiwon, MD
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Richmond........ (804) 320-2751

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chimpenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital

De Triquet, John M., MD
Norfolk.......... (757) 668-7100

Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Clinical Cardiac Electrophysiology

Bernstein, Robert C., MD
Norfolk.......... (757) 261-0700

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Brammer, Glenn, MD
Fishersville....... (540) 245-7080

Lexington ........ (540) 464-3465

Hospital Affiliations:
Augusta Medical Center

Darby, Andrew E., MD
Charlottesville... (434) 243-1000

Hospital Affiliations:
University of Virginia Medical Center

Gentlesk, Phillip J., MD
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Hampton........... (757) 726-0078

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ghazvini, Mohammad Monireddin, MD
Stafford ............ (540) 628-2173

Woodbridge...... (703) 492-6822

Gilligan, David M., MD
Prince George.... (804) 458-1740

Richmond.......... (804) 323-5011

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chimpenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
St. Mary’s Hospital

Goldberg, Adam S., MD
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Hospital Affiliations:
Sentara Martha Jefferson Hospital

Grommes, Jon A., DO
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Ilkhanoff, Leonard, MD
Annandale ........ (703) 335-8750

Ashburn........ (703) 335-8750

Gainesville ...... (703) 335-8750

Manassas.......... (703) 335-8750

Stafford ............ (703) 335-8750

Vienna ............ (703) 335-8750

Warrenton ......... (703) 335-8750

Woodbridge...... (703) 335-8750

Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chimpenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center
St. Mary’s Hospital

Kanter, Harry L., MD
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Norfolk........... (757) 963-7729

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital

Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Malhotra, Rohit, MD
Charlottesville... (434) 243-1000

Culpeper......... (540) 829-1919

Hospital Affiliations:
University of Virginia Medical Center

Mason, Pamela K., MD
Charlottesville
Fishersville

John Randolph Medical Center

Massaro, Richard C., DO
Virginia Beach... (757) 393-8989

Lexington ........ (530) 434-6687

Martinsville....... (703) 335-8750

Roanoke.......... (540) 982-8204

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Mehta, Nishali K., MD
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Hospital Affiliations:
University of Virginia Medical Center

Rubery, Bryon E., MD
Galax ............. (276) 238-3318

Schneider, Daniel A., MD
Mechanicsville... (804) 559-0405

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Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Chimpenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus

Shah, Saumil, MD
Richmond......... (804) 288-0061

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chimpenham Medical Center/
Johnston-Willis Hospital

Sperry, Robert E, MD
Richmond......... (804) 288-0061

Hospital Affiliations:
Bon Secours St. Marys Hospital
Chimpenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
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<td>Munson, Keith, MD</td>
<td>MD</td>
<td>(540) 689-5555</td>
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<td>Sentara RHM Medical Center</td>
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<td></td>
<td>Miller, Peter, MD</td>
<td>MD</td>
<td>(804) 320-2705</td>
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<td>(434) 654-5260</td>
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<td>Critical Care Medicine</td>
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<td>(540) 899-1615</td>
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<td>(540) 224-5170</td>
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<td>(434) 924-5219</td>
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<td>Lunardi, Nadia, MD</td>
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<td>(434) 924-2283</td>
<td>Charlottesville</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
</tr>
</tbody>
</table>
Specialists - Tier 1

Virginia Beach (757) 965-6165
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Gross, Victoria, MD
Richmond (804) 282-8510

Ha, Van, MD
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Haisley-Royster, Camille, MD
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Harr, George C., MD
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Harvey, Valerie, MD
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Newport News (757) 232-8856
Norfolk (757) 668-8785
Virginia Beach (757) 668-8922
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Heffernan-Stroud, Linda A, MD
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Henrix, Jr., John D., MD
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Waynesboro (434) 979-7990
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Henry, III, Reginald B., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Forest (434) 333-7370
Hardy (540) 759-7500
Lynchburg (434) 363-4190

Himes, Emily R, MD
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Hindman, Jonathan L., DO
Cheriton
Virginia Beach (757) 481-1666

Hoover, Shelley, MD
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Huffman, Leeli C, MD
Stafford (540) 659-2111

Hurd, Daniel S, DO
Blacksburg (540) 953-2210
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Carilion New River Valley Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

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Woodbridge (703) 490-6500
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Sentara Northern Virginia Medical Center

Jackson, Nathan A, DO
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Jenison, Mark W, MD
Norfolk (757) 261-5944

Johnson, Brian L, MD
Newport News (757) 369-0439
Norfolk (757) 455-5009
Suffolk (757) 226-7296

Johnston, Chad J, DO
Blacksburg (540) 951-3376
Narrows (540) 951-3376
Roanoke (540) 951-3376

Hospital Affiliations:
Carilion New River Valley Medical Center
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Keaney, Terrence, MD
Arlington (703) 966-7127

Kidd, Lindsay, MD
Afton (540) 885-4500
Staunton (540) 885-4500

Hospital Affiliations:
Augusta Medical Center

King, Melissa W, C, MD
Richmond (804) 282-8510

Kilts, Edward, MD
Richmond (804) 282-8510
Kilts, Eileen C, MD
Richmond (804) 282-8510
Knight, Yvonne N, MD
Richmond (804) 270-6100

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Knoell, Keith A, MD
Waynesboro (540) 221-6702

Koch, Laine H, MD
Cheapeake (757) 389-5544
Newport News (757) 595-8816
Norfolk (757) 622-6315
Virginia Beach (757) 496-5085
Williamsburg (757) 564-8353

Mazzurco, Jason D, DO
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Hospital Affiliations:
Chesapeake Regional Medical Center
Parham Campus

Krasner, Brett D, MD
Charlottesville (434) 964-9500

Letada, Philip R, MD
Cheriton

Lockman, Deborah W, MD
Charlottesville (434) 923-4651

Lynch, Jane M, MD
Afton (540) 885-4500
Lexington (540) 885-4500
Staunton (540) 885-4500

Magee, Anna M, MD
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Mandry Pagan, Rocio, MD
Northam (804) 324-4511

Marcuson, Zantha Christine, MD
Newport News (757) 873-0161
Williamsburg (757) 259-9466

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Martin, Adam, MD
Virginia Beach (757) 481-1666

Mather, Mary K, MD
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Harrisonburg (540) 434-1756

Hospital Affiliations:
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Martin, Kristen, MD
Richmond (804) 270-6100

Mazzurco, Zantha Christine, MD
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Hospital Affiliations:
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Oppenheim, Arnold R, MD
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Staunton (540) 885-4500

Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Padgett, Julia Konerding, MD
Glen Allen (804) 977-8938

Hospital Affiliations:
Bon Secours St. Mary's Hospital

Panzarella, Kim M, MD
Richmond (804) 549-4025

Pariser, David M, MD
Colonial Heights (804) 549-4025

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pariser, Robert J, MD
Norfolk (757) 622-6315

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patton, Larry Z, MD
Richmond (804) 285-2006

Hospital Affiliations:
Riverside Walter Reed Hospital

Naga, Lina, MD
Arlington (703) 966-7127

Nanda, Vandana S, MD
Charlottesville (434) 977-0027
Waynesboro (434) 977-0027

Hospital Affiliations:
Sentara Martha Jefferson Hospital

New, Harold Douglas, MD
Abingdon (276) 619-2416

Noland, Mary-Margaret B, MD
Charlottesville (434) 924-5115

Hospital Affiliations:
University of Virginia Medical Center

Name Not Available
Specialists - Tier 1

Prickett, Kyle A, MD
Pike, Jennifer L., MD
Phillips, Mariana, MD
Peck, Suzanne, MD

Pike, Carol L., MD
Virginia Beach .. (757) 481-1666
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Pickard, Clay, MD
Lexington .......... (540) 581-0254
Roanoke .......... (540) 581-0254
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

Pike, Jennifer L., MD
Virginia Beach .. (757) 481-4422

Pratt, Laura, MD
Colonial Heights (804) 549-4040
Richmond .......... (804) 549-4040
Hospital Affiliations:
Cirrhosis

Prodanovic, Edward, MD
Norfolk.......... (757) 456-5629
Virginia Beach
Hospital Affiliations:
Centra Virginia Baptist Hospital

Quarles, Frederick N., MD
Newport News .. (757) 549-0439
Norfolk.......... (757) 455-5009
Suffolk .......... (757) 925-1860
Hospital Affiliations:
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Ragi, Jennifer M., MD
Newport News .. (757) 873-0161
Williamsburg .... (757) 259-9466

Rausch, Christine, MD
Henrico........... (804) 282-4940
Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Reaves, Jami Lynn, DO
Richmond ....... (540) 951-3376
Hospital Affiliations:
Indian Path Community Hospital

Reed, Ashley M., MD
New York ......... (757) 622-6315

Regan, Laura E., MD
Midlothian....... (804) 379-0116

Richardson, Douglas, MD
Sterling.......... (703) 430-3939

Robinson, James F., MD
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Robinson, Keith, DO
Danville.......... (434) 792-0423
Petersburg ....... (804) 324-4511
Hospital Affiliations:
SOVAH Health - Danville

Rountree, Joan, MD
Colonial Heights (804) 526-7364
Richmond .......... (804) 549-4040
Hospital Affiliations:
Cirrhosis

Royal, Pamela J., MD
Richmond ....... (804) 673-1119

Russell, Mark A., MD
Charlottesville (434) 924-5115

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Sion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Sage, Matthew, MD
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Salkey, Kimberly S, MD
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Newport News .. (757) 668-8922
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Virginia Beach .. (757) 668-8922
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
VCU Health System/MCV

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Savola, Kristen L., MD
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Hospital Affiliations:
Augusta Medical Center

Schreiber, Jonathan L., MD
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Yorktown ....... (757) 874-0320
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Schumann, Keith W., MD
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Hospital Affiliations:
Cirrhosis

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Shinn, Laurie L., MD
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Cirrhosis

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Sentara Martha Jefferson Hospital

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Sterling .......... (804) 805-3320
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Endocrinology

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Optima Health

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Salley, Kebee, MD
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Richmond ........ (804) 764-7686

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Centra Virginia Baptist Hospital

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Zion Crossroads (434) 243-9466

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Lexington .......... (540) 464-3465

Hospital Affiliations:
Augusta Medical Center

2019

Optima Health
### Specialists - Tier 1

**ENT (Otolaryngology)**

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliations</th>
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<tbody>
<tr>
<td>Abidin, Michael, MD</td>
<td>Alexandria (703) 313-7700</td>
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<tr>
<td>Agrawal, Anuradha, MD</td>
<td>Hospital Affiliations: Inova Fair Oaks Hospital Inova Fairfax Hospital</td>
</tr>
<tr>
<td>Akhtar, Muhammad J., MD</td>
<td>Culpeper (540) 321-4281</td>
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<tr>
<td>Alawi, mark, MD</td>
<td>Madison (540) 948-6861</td>
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<tr>
<td>Alexiou, Michael A., MD</td>
<td>Harrisonburg (540) 434-2255</td>
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<tr>
<td>Arabshahi, Alidad, MD</td>
<td>Lake Ridge (703) 499-8787</td>
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<tr>
<td>Armstrong, Michael, MD</td>
<td>Hospital Affiliations: Inova Fairfax Hospital Sentara Northern Virginia Medical Center</td>
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<tr>
<td>Bak, Matthew J., MD</td>
<td>Hospital Affiliations: Sentara CarePlex Hospital</td>
</tr>
<tr>
<td>Baldwin, Elizabeth A., MD</td>
<td>Williamsburg (757) 645-3150</td>
</tr>
<tr>
<td>Bacon, Geoffrey, MD</td>
<td>Hampton (757) 825-2500</td>
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<tr>
<td>Baldassari, Cristina M., MD</td>
<td>Norfolk (757) 668-9327</td>
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<tr>
<td>Bane, Stephen, MD</td>
<td>Hospital Affiliations: Children's Hospital of the King's Daughters</td>
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<tr>
<td>Bergman Jr., Kenneth, MD</td>
<td>Centreville (703) 263-2333</td>
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<tr>
<td>Berry, Jr, Bill W., MD</td>
<td>Virginia Beach (757) 351-1343</td>
</tr>
<tr>
<td>Bowman, Michael K., MD</td>
<td>Hospital Affiliations: Sentara Bayside Hospital Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital</td>
</tr>
<tr>
<td>Brager, Robert J., MD</td>
<td>Mechanicsville (804) 484-3700</td>
</tr>
<tr>
<td>Bridges, Matthew, MD</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
</tr>
<tr>
<td>Bucman, Francis, MD</td>
<td>Fredericksburg (540) 371-1226</td>
</tr>
<tr>
<td>Cable, Benjamin B., MD</td>
<td>Christiansburg (540) 731-7600</td>
</tr>
<tr>
<td>Chang, Elizabeth Whiting, MD</td>
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</tr>
<tr>
<td>Chen, Kurt Y., MD</td>
<td>Roanoke (540) 224-5170</td>
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<tr>
<td>Cheng, Alex Y, MD</td>
<td>Lake Ridge (703) 499-8877</td>
</tr>
<tr>
<td>Christophel, John J., MD</td>
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</tr>
<tr>
<td>Cline, Jay M, MD</td>
<td>Lynchburg (434) 947-3933</td>
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<tr>
<td>Coles, David S., MD</td>
<td>Mechanicsville (804) 659-6240</td>
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<tr>
<td>Deutsch, Brian D., MD</td>
<td>Hospital Affiliations: University of Virginia Medical Center</td>
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<tr>
<td>Ditto, John L, MD</td>
<td>Colonial Heights (804) 765-5320</td>
</tr>
</tbody>
</table>

**Hospital Affiliations:**

- Sentara CarePlex Hospital
- VCU Community Memorial Hospital
- University of Virginia Medical Center
- Sentara Norfolk General Hospital
- University of Virginia Hospital
- Sentara Virginia Beach General Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Chesapeake Regional Medical Center
- Sentara Martha Jefferson Hospital

**Hospital Affiliations:**

- University of Virginia Medical Center
- Sentara CarePlex Hospital
- VCU Community Memorial Hospital
- University of Virginia Hospital
- Sentara Virginia Beach General Hospital
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- University of Virginia Hospital
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Danville............... (434) 792-0830
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Suffolk.............. (757) 935-1400
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Winchester Medical Center
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Virginia Beach .. (757) 689-8500
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Children's Hospital of the King's Daughters
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Children's Hospital of the King's Daughters
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Sentara Virginia Beach General Hospital
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Bon Secors DePaul Medical Center Inc
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Hospital Affiliations:
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Nelson, Jennifer L., MD
Blacksburg........ (540) 381-0344
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Montgomery Regional Hospital
Inova Alexandria Hospital
Inova Fairfax Hospital
Osterhus, David R. MD
Norton............... (276) 246-8155
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Newport News ... (757) 534-7975
Sinacori, John T., MD
Norfolk.......... (757) 388-6200
Virginia Beach .. (757) 689-8500
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Smith, Catherine S., MD
Richmond........ (804) 722-7282
Woodstock ........ (540) 459-1384
Hospital Affiliations:
Shenandoah Memorial Hospital Inc
Warren Memorial Hospital, Inc.
Winchester Medical Center
Strassnick, Barry, MD
Norfolk.......... (757) 388-6200
Virginia Beach .. (757) 689-8500
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Swamy, Ravi, MD
Alexandria......... (703) 313-7700
Tarisidis, George S., MD
Richmond.......... (804) 484-3700
Tarisidis, Nicholas G., MD
Mechanicsville... (804) 484-3700
Richmond........ (804) 484-3700
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Tyson, James C., MD
Mechanicsville... (804) 484-3700
Richmond........ (804) 484-3700
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Vanhimbergen, Daniel, MD
Mechanicsville... (804) 484-3700
Richmond........ (804) 484-3700
Wallace, William J, DO
Norton ............. (276) 246-8155
Weaver, Robert G., MD
Culpeper .......... (540) 825-4557
Madison........... (540) 948-6861
Hospital Affiliations:
Potomac Valley Regional Medical Center
UVA Culpeper Hospital
Wilkes, William L., MD
Richmond........... (804) 330-5501
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Zachmann, Gregory, MD
Roanoke ............ (540) 345-1561
Salem............... (540) 266-3790
Family Medicine Specialist
Beasley, Caren D., MD
Norfolk............. (757) 252-9500
Bolanos, Sandra H., MD
Norfolk............. (757) 252-9500
Female Pelvic Med/
Reconstructive Surgery
Clary III, Beverly Boyden, MD
Henrico............. (804) 285-8806
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/VCV
Craft II, George F., MD
Richmond........... (540) 773-8169
Hospital Affiliations:
Richmond Medical Center
Walshe, Christopher Joseph, MD
Suffolk............. (757) 686-4655
Hospital Affiliations:
Sentara Obici Hospital
Gastroenterology
Abou-Assi, Souheil, MD
Richmond......... (804) 285-8206
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
HeathSouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/VCV
Adam, Jason, MD
North Chesterfield(804) 330-4021
Richmond........... (804) 330-4021
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Johnston Memorial Hospital
Adams, Kenneth A., MD
Newport News ... (757) 534-7701
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center
Ahmed, Rizwan, MD
Gainesville .......... (757) 248-0653
Mansassas......... (703) 368-6819
Warrenton.......... (540) 347-2470
Hospital Affiliations:
Fauquier Hospital
Alhuegaey, Mohammed, MD
Winchester......... (540) 667-1244
Hospital Affiliations:
Winchester Medical Center
Allen Jr, Herbert Richard, MD
Fishersville........ (540) 221-7350
South Hill......... (434) 447-2300
Hospital Affiliations:
Augusta Medical Center
Sentara Obici Hospital
VCU Community Memorial Hospital
Antonik, Stephen, MD
Leesburg......... (703) 771-9001
Aram, Ghazleh, MD
Alexandria...... (703) 580-0181
Dale City....... (703) 580-0181
Manassas........ (703) 365-6147
Stafford
Hospital Affiliations:
Novant Health VCU Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Argo, Curtis K., MD
Charlottesville... (434) 924-2959
Hospital Affiliations:
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Arnul, Glen M., MD
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Arnold, Paul O., MD
Gainesville
Mansassas......... (703) 368-6819
Warrenton
Hospital Affiliations:
Fauquier Hospital
Novant Health VCU Health System
Prince William Medical Center
Specialists - Tier 1

Baig, Zahid I., MD
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Hospital Affiliations:
Sentara Obici Hospital

Balaban, David H., MD
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Fishersville........ (540) 213-8484
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrici Doctors' Hospital - Forest Campus

Baltodano, Juan, MD
Richmond........ (804) 289-1131
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrici Doctors' Hospital - Forest Campus

Baroni, Darren S., MD
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Manassas.......... (703) 368-6819
Warrenton
Hospital Affiliations:
Fauquier Hospital
Novant Health UVA Health System
Prince William Medical Center

Bawany, Muhammad, MD
Chester .......... (804) 765-6650
Petersburg .......... (804) 765-6650
Hospital Affiliations:
Southside Regional Medical Center
VCU Health System/MCV

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Hospital Affiliations:
Inova Alexandra Hospital

Berg, Carl Lansing, MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Berk, Brian W., MD
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Virginia Beach ... (757) 481-4817
Hospital Affiliations:
Sentara Virginia Beach General Hospital

Berger, Keith E., MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Bern, Merritt Jonathan, MD
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Saalem .......... (540) 772-3600
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Bhat, Vishal, MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Bhogal, Harjit K, MD
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Hospital Affiliations:
Henrici Doctors' Hospital - Forest Campus

Bradenham Jr, Ben, MD
Richmond......... (804) 285-8206
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Chippenham Medical Center/
Johnston-Willis Hospital
Henrici Doctors' Hospital - Forest Campus
Henrici Doctors' Hospital - Parham Campus
Henrici Doctors' Hospital - Retreat Campus

Brand, Jr., William T., MD
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Chippenham Medical Center/
Johnston-Willis Hospital
Henrici Doctors' Hospital - Forest Campus

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Hospital Affiliations:
Inova Alexandria Hospital

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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Sentara Martha Jefferson Hospital

Brooks, Whitney D., MD
Norfolk........... (757) 466-0165
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Broughton, Jr, Robert, MD
Danville........... (434) 799-2111
Hospital Affiliations:
SOUVA Health - Danville

Brown, Joseph Alexander, MD
Abingdon........ (276) 258-4200
Brown, Michael C., MD
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Dale City ........... (703) 580-0181
Manassas
Stafford
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Sentara Northern Virginia Medical Center

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Sentara Williamsburg Regional Medical Center

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Manassas.......... (703) 368-6819
Warrenton
Hospital Affiliations:
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Novant Health UVA Health System
Prince William Medical Center

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Lynchburg......... (434) 384-1884
Hospital Affiliations:
Centra Lynchburg General Hospital

Cohn, Steven Mark, MD
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Comerford, Lawrence W, MD
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Lexington........ (540) 464-3465
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Coplant, Andrew P., MD
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University of Virginia Medical Center

Corbett, Robin L., MD
Hampton........... (757) 826-3434
Hospital Affiliations:
Sentara Careplex Hospital

Cordle, Richard A, MD
Lynchburg
Martinsville....... (276) 634-4400
Roanoke .......... (540) 985-9832
Hospital Affiliations:
Carilion New River Valley Medical Center

Cruz, Crystale, DO
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Daher, Ramsey, MD
Alexandria....... (703) 365-9085
Stafford ........... (540) 659-9359
Woodbridge....... (703) 580-0181
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Sentara Health

Dahle, Anant S., MD
Suffolk........... (757) 483-6100
Hospital Affiliations:
Novant Health UVA Health System

Dandidale, Steven, MD
Chesapeake ...... (540) 574-0798
Norfolk........... (757) 889-6800
Virginia Beach ... (757) 547-0798
Hospital Affiliations:
Novant Health UVA Health System

Davids, Rufus C., MD
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Hospital Affiliations:
Sentara Baptist Hospital
Chippenham Medical Center/
Johnston-Willis Hospital
Henrici Doctors' Hospital - Forest Campus

DeAguero, J. MD
Hamilton........... (757) 826-3530
Hospital Affiliations:
Sentara Careplex Hospital

Deshmukh, Suhas L., MD
Virginia Beach ... (757) 466-0165
Hospital Affiliations:
Sentara Princess Anne Hospital

DeTrane, Frank J., MD
Fredericksburg ... (540) 371-7600
Hospital Affiliations:
Mary Washington Hospital (MWH)

Dharel, Narayan, MD
Fredericksburg .... (540) 371-7600
Hospital Affiliations:
Henrici Doctors' Hospital - Forest Campus
Henrici Doctors' Hospital - Parham Campus
Henrici Doctors' Hospital - Retreat Campus
Mary Washington Hospital (MWH)
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<td>Alexandria</td>
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<td>Charlottesville</td>
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<td>Parker, Jr., Charles H., MD</td>
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<td>Halifax</td>
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<td>Peura, David A., MD</td>
<td>Richmond</td>
<td>(434) 924-0316</td>
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<tr>
<td>Gainesville</td>
<td>(703) 368-6819</td>
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<td>Warrenton</td>
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<tr>
<td>Pizzani, Eddy, MD</td>
<td>Richmond</td>
<td>(804) 288-3291</td>
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<td>Pizzi, T., MD</td>
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<tr>
<td>Arlington</td>
<td>(703) 271-6171</td>
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<td>Pop, Michael M., MD</td>
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<tr>
<td>Virginia Beach</td>
<td>(757) 481-4817</td>
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</tbody>
</table>
Specialists - Tier 1

Woodbridge ..... (703) 580-0181
Hospital affiliations: Virginia Hospital Center - Arlington

Rakhra, Gursharn, MD
Williamsburg ..... (757) 534-7701
Hospital affiliations: Sentara Williamsburg Regional Medical Center

Rao, Yiping, MD
Glen Allen......... (804) 290-4340
Petersburg ......... (804) 504-5570
Hospital affiliations: Sentosa Regional Medical Center

Rashid, Zahid, MD
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Petersburg ......... (804) 835-9398
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Virginia Beach . (757) 481-4817
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Lynchburg ....... (540) 384-1862
Hospital affiliations: Sentara RMH Medical Center

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Hospital affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital

Riel, Michael A., MD
Christiansburg .. (540) 731-3222
Wytheville ...... (540) 382-9405
Hospital affiliations: Carilion New River Valley Medical Center

Ringold, Mark A., MD
Christiansburg .. (540) 639-5888
Pearsburg ......... (540) 921-6000
Wytheville ...... (540) 382-9405
Hospital affiliations: Carilion New River Valley Medical Center

Rivera, Rene J, MD
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Rubio, Marieth G., MD
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Ryan, Michael J., MD
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Hospital affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital

Saebjarn, Farhad, MD
Christiansburg ... (540) 382-9405
Roanoke ........... (540) 224-5170
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Salcido, Jacqueline, MD
Virginia Beach .. (757) 965-7708
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Chesapeake ...... (757) 436-3285
Norfolk ........... (757) 461-4666
Hospital affiliations: Sentara Obici Hospital

Sandhu, Bimaljit, MD
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Hospital affiliations: Chippenham Medical Center/Johnston-Willis Hospital

Scheiman, James M., MD
Charlottesville .. (434) 924-9999
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Scheiman, Robert J., MD
Charlottesville .. (434) 924-9999
Hospital affiliations: University of Virginia Medical Center

Seaman, Alex R, MD
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Hospital affiliations: Bon Secours Regional Medical Center

Seavey, Richard J., MD
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Hospital affiliations: Winchester Medical Center

Seeman, Irvin J., MD
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Richmond ........... (804) 285-8206
Hospital affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Healthsouth Rehabilitation Hospital of Virginia Henrico Doctors’ Hospital - Forest Campus Henrico Doctors’ Hospital - Retreat Campus

Shelting Arms Rehabilitation Hospital
St. Mary's Hospital

Shah, Neeal L., MD
Charlottesville .. (434) 924-2959
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Shah, Nirish S., MD
Roanoke ........... (540) 345-4900
Hospital affiliations: Carilion Roanoke Memorial Hospital

Shah, S. Mubashir A., MD
Mechanicsville .. (804) 559-6194
Hospital affiliations: Henrico Doctors’ Hospital - Retreat Campus

Shakhatreh, Mohammad H., MD
Roanoke ........... (540) 224-5170
Hospital affiliations: Carilion Roanoke Memorial Hospital

Shami, Vanessa M, MD
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Shiflett, Douglas W., MD
Danville ........... (434) 792-4041
Hospital affiliations: SOVAH Health - Danville

Shih, Grace L, MD
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Shue, Peter L., MD
Harrisonburg ..... (540) 564-5800
Hospital affiliations: Sentara RMH Medical Center

Shulman, Jonathan L, MD
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Manassas ........ (703) 368-6819
Warrenton ....... (540) 347-2470
Hospital affiliations: Faquier Hospital Novant Health UVA Health System Prince William Medical Center

Sinclair, Jennifer Ann., MD
Roanoke ........... (540) 981-7000
Hospital affiliations: Carilion Roanoke Memorial Hospital

Sperling, Michael H., MD
Chesapeake ...... (757) 436-3285
Norfolk ........... (757) 627-6416
Hospital affiliations: Bon Secours DePaul Medical Center Inc

Smith, Elliot Z., MD
Charlottesville .. (434) 817-8848
Hospital affiliations: Sentara Martha Jefferson Hospital

Smith, John H., MD
Norfolk ........... (757) 466-0165
Hospital affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital

Smith, Renick M, MD
Fredericksburg .. (540) 370-0430
Hospital affiliations: Mary Washington Hospital (MWH)

Snow, Nicholas D., MD
Winchester ...... (540) 667-1244
Hospital affiliations: Winchester Medical Center

Sobieski, Thomas, MD
Richmond ....... (804) 560-9864
Hospital affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Retreat Campus St. Mary's Hospital

Sorrentino, Dario Rosario, MD
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Hospital affiliations: Carilion Roanoke Memorial Hospital

Stabler, Gregory W., MD
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Hospital affiliations: Sentara RMH Medical Center

Stockwell, III, David H., MD
Virginia Beach .. (757) 481-4817
Hospital affiliations: Sentara Virginia Beach General Hospital

Strand, Daniel S., MD
Charlottesville .. (434) 924-2959
Hospital affiliations: University of Virginia Medical Center

Strayer, Scott M, MD
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Sullivan, Brian M., MD
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Virginia Beach .. (757) 547-0798

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Szych, Gregory A, DO
Fishersville ....... (540) 221-7350
Hospital Affiliations:
Augusta Medical Center
Talreja, Jayant, MD
Richmond ........ (804) 285-8206
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippennham Medical Center/
Johnston-Willis Hospital
Thadani, Anisha, MD
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Manassas .......... (703) 365-6147
Stafford
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Stafford Hospital Center
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippennham Medical Center/
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Henrico Doctors' Hospital - Forest Campus
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Thiwan, Syed, MD
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Hospital Affiliations:
Sentara Leigh Hospital
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Norfolk .......... (757) 889-6800
Virginia Beach .. (757) 547-0798
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
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Tishon, Jayme, MD
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Hospital Affiliations:
Fauquier Hospital
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Hospital Affiliations:
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Hospital Affiliations:
Carilion DePaul Medical Center
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Hospital Affiliations:
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Hospital Affiliations:
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John Randolph Medical Center
St. Mary's Hospital
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Rocky Mount ....... (434) 483-5277
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Franklin ........... (434) 336-1222
Petersburg ........ (434) 336-1222
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VCU Health System/VCV
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Hospital Affiliations:
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Hospital Affiliations:
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St. Mary's Hospital

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Lansdowne ......... (703) 724-9474
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Fairfax .............. (877) 345-7227

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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Clark, Thomas W., MD
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Hospital Affiliations:
Bon Secours Maryview Medical Center

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Fauquier Hospital
SOVAH Health - Danville

Cohen, Dennis S., MD
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Richmond .......... (804) 225-7364
Richardson ......... (804) 225-7364
Richmond .......... (804) 225-7364
Richmond .......... (804) 225-7364

Richmond ......... (804) 285-3225
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Chippensham Medical Center/
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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Coleman, Lisa A., DO
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara Williamsburg Regional Medical Center

Collins, Jimmie N., MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Cook, James W., MD
Dulles ............ (703) 858-3200
Leesburg .......... (703) 858-3200
Hospital Affiliations:
Reston Hospital Center

Cox, Diane R, MD
North Chesterfield (804) 323-5040
Hospital Affiliations:
Bon Secours St. Francis Medical Center

Cross, Cecil Bernard, MD
Leesburg .......... (703) 858-3200

Cruff, Dennis M., MD
Gloucester ........ (804) 210-1083
Hampton ........... (757) 827-2202
Portsmouth ......... (757) 934-4222
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara CarePlex Hospital

Cummins, William T., MD
Abingdon .......... (276) 258-1777

Cuozzo, Francis, MD
Lynchburg .......... (434) 947-3901

Datta, Tejwant, MD
Emporia ............ (804) 520-6730
Hospital Affiliations:
Southside Regional Medical Center

Davenport, Roxanne, MD
Christiansburg ...... (540) 731-2000
Roanoke ............ (540) 224-5170

Deal III, Clifford L., MD
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Richmond ............ (804) 285-9416

DeMaria, Eric J., MD
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Richmond ............ (804) 893-8676
Suffolk .......... (757) 541-1950

Deitrick, John C, MD
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Richmond ............ (804) 320-2705

Dempah, Dominique, MD
Salem ............ (540) 772-3620

Dengel, Lynn T., MD
Charlottesville .... (434) 984-6121
Hospital Affiliations:
Sentara Martha Jefferson Hospital
University of Virginia Medical Center

Denton, James, MD
Charlottesville .... (434) 291-4995
Culpeper .......... (540) 825-2600

Drew, Melissa A., DO
Fishersville ......... (540) 245-7705
Lexington .......... (540) 464-3465

Doria, Matthew C., DO
Abingdon .......... (276) 258-1777
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<td>Evans, Martin, MD</td>
<td>- Pagewood Hospital Inc Warren Memorial Hospital, Inc.</td>
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<tr>
<td>Espino, Sasa-Grae, MD</td>
<td>- Chester .............. (804) 520-6730</td>
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<td>- Emporia .............. (434) 348-4400</td>
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<td>Evrard, MA, MD</td>
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<td>Felsen, Ruth B., MD</td>
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<td>- Pulaski............... (540) 980-9670</td>
</tr>
</tbody>
</table>
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Virginia Beach . (757) 481-2313
Hospital Affiliations: Henrico Doctors' Hospital - Forest Campus Sentara Virginia Beach General Hospital

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Suffolk......... (757) 278-2220
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<td>Trotter, Lee D., DO</td>
<td>(757) 668-7703</td>
<td>Hospital Affiliations: Virginia Beach Hospital Sentara Bayside Hospital Sentara Leight Hospital Sentara Norfolk General Hospital</td>
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<td>(540) 785-7810</td>
<td>Hospital Affiliations: Mary Washington Hospital (MWH) Sepsylvania Regional Medical Center</td>
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<td>Wiedower, James S., MD</td>
<td>(540) 536-0010</td>
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<td>Williams, Sharon Letita, MD</td>
<td>(540) 731-2000</td>
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<td>Wilson, Jason Paul, MD</td>
<td>(757) 594-1806</td>
<td>Hospital Affiliations: Sentara CarePlex Hospital</td>
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<td>Wilson, Misti, MD</td>
<td>(804) 594-3130</td>
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<td>Trotter, Lee D., DO</td>
<td>(757) 668-7703</td>
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<td>Wicker, Jr., Henry S., MD</td>
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<td>Hospital Affiliations: Mary Washington Hospital (MWH) Sepsylvania Regional Medical Center</td>
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**Gynecologic Oncology**

**Cortney, Karen A., MD** Charlotteville... (434) 924-5100

**Hospital Affiliations:** University of Virginia Health Sciences Center

**Carter, Jori, MD** Mechanicsville... (804) 323-5040

**Hospital Affiliations:** Chippenham Medical Center/Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus

**Redmond, Dyanelle M., MD** Hampton... (757) 874-2229

**Hospital Affiliations:** Sentara CarePlex Hospital Sentara Williamsburg Regional Medical Center

**Duska, Linda R., MD** Charlottesville... (434) 924-5100

**Hospital Affiliations:** University of Virginia Medical Center

**Ford, Tyler, MD** Richmond... (804) 200-7062

**Hospital Affiliations:** Henrico Doctors’ Hospital - Forest Campus
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<td>(434) 249-1613</td>
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<td>(757) 483-4600</td>
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<td>(757) 471-6903</td>
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Specialists - Tier 1
Akinleye, Akintunde R, MD
Adediran, Samuel G, MD
Yu, Bennett, MD
Salmon, Lauren, DO
Cross, Scott, MD
Ballen, Karen K., MD

Hematology

Ballew, Karen K., MD
Charlottesville... (434) 924-9333

Hospital Affiliations:
Danville............. (434) 793-0044
Chesapeake Regional Medical Center

Bon Secours DePaul Medical Center Inc
Sentara Leith Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Cros, Scott, MD

Hematology

Bidros, Michel, MD
Richlands.......... (276) 596-6695

Hospital Affiliations:
Clinch Valley Medical Center

Booth, Bruce W., MD
Newport News... (757) 873-9400

Hospital Affiliations:
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Alberico, Thomas A., MD
Norfolk............. (757) 466-8683

Virginia Beach.(757) 368-0437

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leith Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Alnear, Cristina S.D., MD
Chesapeake...... (757) 549-4403

Newport News.(757) 873-9400

Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Albermarle Medical Center
Sentara Obici Hospital

Alexander, III, Burton F., MD
Virginia Beach.(757) 466-8683

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leith Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Ali, Syed S., MD
Dulles................ (703) 858-3110

Leesburg............ (703) 858-3110

Reston.............. (703) 858-3110

Hospital Affiliations:
Reston Hospital Center
StoneSprings Hospital Center

Atienza, Daniel M., MD
Newport News... (757) 873-9400

Suffolk.............. (757) 484-0125

Virginia Beach.(757) 368-0437

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leith Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Boyer, James E., MD
Charlotteville... (434) 654-8390

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Brooks, Heather, MD
Bedford............. (540) 586-5770

Blacksburg......... (540) 381-5291

Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
Montgomery Regional Hospital &
LewisGale Montgomery
Smyth County Community Hospital
Wythe County Community Hospital

Brzezniak, Christina E., DO
Leesburg............ (703) 208-3155

Reston.............. (703) 208-3155

Hospital Affiliations:
Reston Hospital Center

Butler, Thomas, MD
Arlington.......... (703) 528-7303

Hospital Affiliations:
Inova Fairfax Hospital

Cambareri, Richard J., MD
Charlotteville... (434) 924-9333

Hospital Affiliations:
Lonesome Pine Hospital
University of Virginia Medical Center

Chan, Farn, MD
Arlington.......... (703) 590-8300

Woodbridge......... (703) 590-8300

Hospital Affiliations:
Sentara Northern Virginia Medical Center
Virginia Hospital Center -
Arlington

Chong, Daniel, MD
Fairfax.............. (703) 391-5874

Hospital Affiliations:
Inova Fairfax Hospital

Choudhary, Yuvraj, MD
Richmond.......... (804) 330-7990

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippenham Medical Center/
Johnston-Willis Hospital

Christie, Robert, MD
Arlington.......... (703) 528-7303

Hospital Affiliations:
Inova Fairfax Hospital

Cirenza, Emanuel, MD

Charlotteville... (434) 244-4673

Farnville.......... (434) 315-2532
Lynchburg......... (434) 200-5925

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Centra Southside Community Hospital
UVA Culpeper Hospital

Conkling, Paul R., MD
Norfolk............. (757) 466-8683

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Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Cook, Nicholas A., MD
Fredericksburg... (540) 300-6182

Richlands......... (762) 596-6778

Hospital Affiliations:
Clinch Valley Medical Center
Lonesome Pine Hospital

Cruz, Raymond, MD
Fishersville........ (540) 245-7102

Lexington......... (540) 464-3465

Pulaski............. (540) 994-8580

Hospital Affiliations:
Augusta Medical Center
Columbia Pulaski Community Hospital &
LewisGale Pulaski

Currie, Mark, MD

Salem......... (540) 772-3411

Damle, Snehal A., MD
Newport News... (757) 873-9400

Suffolk.......... (757) 484-0215

Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leith Hospital
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Dar, Ajay, MD
Leesburg............ (703) 554-6800

Reston.............. (703) 437-6535

Davidson, Kelly Mercer, MD
Charlottesville... (434) 924-3627

Hospital Affiliations:
University of Virginia Medical Center

Davis, Timothy Mark, MD
Lebanon......... (276) 883-8070

Marion.......... (276) 378-3202

Densmore, John J., MD
Charlottesville... (434) 924-9637

DeSalvo, Anthony T., MD
Abingdon...... (276) 228-7665

Rocky Mount .... (540) 489-6522

Roanoke ............ (540) 982-0237

Virginia Beach.(757) 368-0437

Hospital Affiliations:
Hospital Affiliations:

Optima Direct Network Providers January 2019

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Optima Health
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<td>Mattern II, John Q A, DO</td>
<td>Farmville: (434) 315-2532</td>
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Appendix of the document includes a similar table with information about various hospitals, physicians, and contact details. The table lists names, phone numbers, and hospital affiliations in a structured format. The document appears to be a directory or list of medical professionals and their affiliations. The text is clear and readable, with no need for additional transformations. The Table is correctly formatted and complete.
Specialists - Tier 1

Millard, Trish Ann, MD
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VCU Health System/MCV

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Sentara Northern Virginia Medical Center

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Hospital Affiliations: Alleghany Regional Hospital d/b/a LewisGale Alleghany
Bedford Memorial Hospital
Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center VCU Health System/MCV (MCH)

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Centra Virginia Baptist Hospital

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Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

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Bon Secours St. Francis Medical Center
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Hospital Affiliations: Augusta Medical Center

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Hospital Affiliations: Winchester Medical Center

Richards, Paul D., MD
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Blacksburg ...... (540) 381-5291
Low Moor....... (276) 781-1400
Roanoke.......... (540) 982-0237
Rocky Mount ... (540) 489-6522
Salem.............. (540) 774-8660
Wytheville ...... (726) 228-7665
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Hospital Affiliations: Rappahannock General Hospital

Salvant, Katherine L, MD
Richmond......... (804) 285-4846
Hospital Affiliations: Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

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Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
Sampat, Keeran R., MD  
Arlington .......... (703) 894-3800  
**Hospital Affiliations:**  
Virginia Hospital Center - Arlington

Sarma, Amitabha, MD  
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Reston ............... (703) 437-6535

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Schaeffer, Susan, DO  
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Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

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Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

Schwarz, Maurice C., MD  
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Richmond ............ (804) 287-3000

**Hospital Affiliations:**  
Bon Secours St. Marys Hospital  
Henrico Doctors' Hospital - Forest Campus  
Sheltering Arms Rehabilitation Hospital  
St. Mary's Hospital

Shah, Purvi K, MD  
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Henrico Doctors' Hospital - Forest Campus  
VCU Health System/MVC

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Franklin ............. (757) 569-9709

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Marion............... (276) 781-1400

Roanoke ............. (540) 982-0237

Rocky Mount ....... (540) 489-6522

Salem................ (540) 774-8660

Wytheville .......... (276) 228-7665

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Lewis-Gale Medical Center

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**Hospital Affiliations:**  
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Chesapeake Regional Medical Center  
Sentara Princess Anne Hospital  
Sentara Virginia Beach General Hospital

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**Hospital Affiliations:**  
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**Hospital Affiliations:**  
Sentara Martha Jefferson Hospital

Sukumaran, Nishanth, MD  
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**Hospital Affiliations:**  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

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**Hospital Affiliations:**  
Bon Secours DePaul Medical Center  
Chesapeake Regional Medical Center  
Sentara Leigh Hospital  
Sentara Norfolk General Hospital  
Sentara Obici Hospital

Tebit, Emaculate, MD  
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**Hospital Affiliations:**  
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Bon Secours Memorial Regional Medical Center  
Bon Secours Richmond Community Hospital  
Bon Secours St. Francis Medical Center  
Bon Secours St. Marys Hospital

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Bon Secours St. Marys Hospital  
Chippinham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

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Chippinham Medical Center/Johnston-Willis Hospital  
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Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

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**Hospital Affiliations:**  
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Chippinham Medical Center/Johnston-Willis Hospital  
Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

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**Hospital Affiliations:**  
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Henrico Doctors' Hospital - Forest Campus  
Henrico Doctors' Hospital - Retreat Campus  
St. Mary's Hospital

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**Hospital Affiliations:**  
Sentara Martha Jefferson Hospital

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**Hospital Affiliations:**  
Sentara Martha Jefferson Hospital

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Hospitalist

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**Hospital Affiliations:**  
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**Hospital Affiliations:**  
University of Virginia Medical Center

Wade III, Seaborn, MD  
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Richmond ............ (804) 330-7990

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**Hospital Affiliations:**  
Inova Fairfax Hospital

Weiss, Geoffrey R., MD  
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**Hospital Affiliations:**  
University of Virginia Medical Center

Williams, Michael, MD  
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Witt, Mary Helen, MD  
Harrisonburg ...... (540) 689-7000

**Hospital Affiliations:**  
Sentara RMH Medical Center

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**Hospital Affiliations:**  
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Centra Southside Community Hospital  
Lonesome Pine Hospital  
UVA Culpeper Hospital

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**Hospital Affiliations:**  
Henrico Doctors' Hospital - Retreat Campus  
John Randolph Medical Center  
Southside Regional Medical Center

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Virginia Beach ...... (757) 363-8212

Zazakos, Jr., Christopher P., MD  
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UVA Culpeper Hospital

**Hospitalist**

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**Hospital Affiliations:**  
Winchester Medical Center

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**Hospital Affiliations:**  
Winchester Medical Center

Dalwari, Jasdeep Singh, MD  
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**Hospital Affiliations:**  
Bon Secours DePaul Medical Center  
Bon Secours Mary Immaculate Hospital  
Bon Secours St. Francis Medical Center  
Chippinham Medical Center/Johnston-Willis Hospital  
James H. & Cecile C. Quillen Rehabilitation Hospital  
John Randolph Medical Center  
Southampton Memorial Hospital  
Southern Virginia Regional Medical Center  
Southside Regional Medical Center
Edang, Mark Ancel, MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Southampton Memorial Hospital
Stafford Hospital Center

Edwards, Alan W., MD
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Hospital Affiliations:
Southampton Memorial Hospital

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Hospital Affiliations:
Cheatham Regional Medical Center

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Hospital Affiliations:
UVA Culpeper Hospital

Maung, M Ohn, MD
Culpeper ............... (540) 829-4100
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Hospital Affiliations:
Bedford Memorial Hospital
Carilion Clinic Home Care
(Carilion Franklin Memorial Hospital)
Carilion Clinic Home Care
(Carilion Tazewell Community Hospital)
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Hospital Affiliations:
SOVAH Health - Danville

Raz, Mical, MD
Norfolk ............... (757) 388-3198
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Salemi, Mehdi, MD
Virginia Beach ........ (757) 395-2323
Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Mary Washington Hospital (MWH)
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Hyperbaric Medicine

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Hampshire Memorial Hospital
War Memorial Hospital Inc
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Hampshire Memorial Hospital
Winchester Medical Center

Siira, Richard D., MD
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Warren Memorial Hospital, Inc.

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Shenandoah Memorial Hospital Inc

Yang, Leonard, MD
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Winchester Medical Center

Infectious Disease

Ali, Mir Akbar, MD
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Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Southern Virginia Regional Medical Center
Southside Regional Medical Center

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Sentara Leigh Hospital
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Bon Secours St. Marys Hospital
Chippenham Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
John Randolph Medical Center
Smyth County Community Hospital
Spotsylvania Regional Medical Center
UVA Culpeper Hospital

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Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital

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Augusta Medical Center

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Sentara Princess Anne Hospital
Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
Sentara Princess Anne Hospital
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Inova Fairfax Hospital

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Augusta Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
Johnson City Medical Center

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Hospital Affiliations:
Centra Virginia Baptist Hospital

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Community Hospital
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Richmond.......... (804) 287-7603
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Retreat Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus

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Community Hospital
Bon Secours Richmond Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Mary's Hospital
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

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Hospital Affiliations:
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Hospital Affiliations:
Norfolk............. (757) 252-9040
Hospital Affiliations:
Charlottesville... (434) 924-1931
Hospital Affiliations:
University of Virginia Medical Center
Jackson, Patrick E, MD
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Winchester Medical Center

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Hospital Affiliations:
University of Virginia Medical Center

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Christianburg.... (540) 731-2531
Roanoke ........... (540) 981-7715
Hospital Affiliations:
Carilion Roanoke Regional Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
University of Virginia Medical Center

Lew, Jessica D, MD
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Fauquier Hospital

Maki, Anton, MD
Hampton............ (757) 827-2300
Hospital Affiliations:
Sentara CarePlex Hospital

Mathers, Amy J., MD
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Culpeper......... (540) 829-1919
Hospital Affiliations:
University of Virginia Medical Center

McManus, Kathleen, MD
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Hospital Affiliations:
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Miller, Scott A, MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Mirebrahimi-Tafreshi, Ali, MD
Hopewell ..... (804) 446-1959
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Hospital Affiliations:
University of Virginia Medical Center

Mooney, Martha L., MD
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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Inova Fairfax Hospital

Muto, Carlene A, MD
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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
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Carilion Virginia General Hospital

Nicolete, Tara, MD
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Hospital Affiliations:
Sentara Obici Hospital

Oldfield, III, Edward C., MD
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Bon Secours DePaul Medical Center Inc
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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Sentara Martha Jefferson Hospital
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Hospital Affiliations:
Augusta Medical Center

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Hospital Affiliations:
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Hospital Affiliations:
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Hospital Affiliations:
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Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital

Rowles, David M, MD
Richmond.......... (804) 285-1833
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Scheidt, William M., MD
Charlottesville... (434) 982-1700
Specialists - Tier 1

Schleupner, Charles J., MD
Roanoke .......... (540) 981-7715
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Schwab, John Conrad, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sifri, Costi, MD
Charlottesville ... (434) 982-1700
Hospital Affiliations:
University of Virginia Medical Center
Singh, Sushma, MD
Chesapeake ...... (757) 455-9036
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital
Sinnatamby, Diane, MD
Richmond.......... (804) 226-2444
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Retreat Campus
Skolnik, Paul R., MD
Christianburg ... (540) 731-2531
Roanoke ........... (540) 981-7715
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Smith, Connie L., MD
Winchester ...... (540) 313-4358
Hospital Affiliations:
Winchester Medical Center
Smith, Jean, MD
Roanoke .......... (540) 981-8574
Stott, Geraldine A., MD
Norfolk .......... (757) 446-8999
Swierzbinski, Matthew J., MD
Amandale ......... (703) 560-7900
Hospital Affiliations:
Inova Fairfax Hospital
Tangham, Gwendolin, MD
Emporia .......... (804) 765-5766
Petersburg ........ (804) 765-5766
Hospital Affiliations:
Southside Regional Medical Center
Tchouaffi-Nana, Florence, MD
Culpeper .......... (540) 829-1919
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
University of Virginia Medical Center
Townsend, Gregory C., MD
Charlottesville ... (434) 982-1700
Turner, Ronald B, MD
Charlottesville ... (434) 924-5321
Wade, James S., MD
Danville .......... (434) 947-3944
Lynchburg ....... (434) 200-5004
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
VCU Health System/MCV
Warren, Cirle A., MD
Charlottesville ... (434) 982-1700
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital
West, Sarah, MD
Danville .......... (434) 947-3944
Lynchburg ....... (434) 947-3945
Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
Wheeler, David, MD
Amandale ......... (703) 560-7900
Hospital Affiliations:
Inova Fairfax Hospital
Wispelwey, Brian, MD
Charlottesville ... (434) 982-1700
Woldegabriel, Elias N., MD
Salem ............... (540) 772-3407
Hospital Affiliations:
Lewis-Gale Medical Center
Wong, Jim, MD
Christiansburg ... (540) 731-2531
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Internal Medicine Specialist
Biscardi, Frank Hugo, MD
Roanoke .......... (540) 981-8574
Hospital Affiliations:
Carilion New River Valley Medical Center
Blackhall, Leslie, MD
Charlottesville ... (434) 243-5730
Hospital Affiliations:
University of Virginia Medical Center
Franco, James B., MD
Roanoke .......... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Klawonn, Natalie, MD
Roanoke .......... (540) 853-0755
Lantz, Jeri L., MD
Roanoke .......... (540) 981-8574
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Levitov, Alexander, MD
Roanoke .......... (540) 981-8574
Nichols, Keith, MD
Alexandria ......... (877) 345-7227
Fairfax ....... (877) 345-7227
Fredericksburg .. (877) 345-7227
Suffolk ......... (877) 345-7227
Virginia Beach .. (877) 345-7227
Schroeder, Mark D., MD
Winchester ...... (540) 536-8000
Hospital Affiliations:
Winchester Medical Center
Soto, Theresa, MD
Alexandria ......... (877) 345-7227
Herndon ......... (877) 345-7227
Suffolk ......... (877) 345-7227
Virginia Beach .. (877) 345-7227
Whatley, Ralph, MD
Roanoke ......... (540) 981-7835
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Young, Stephen C., MD
Midlothian ....... (804) 272-2702
Hospital Affiliations:
Northern Virginia Medical Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Sentara Northern Virginia Medical Center
Richmond ........ (804) 288-0134
Hospital Affiliations:
Winchester Medical Center
Bui, Minh N., MD
Richmond .......... (804) 288-0134
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Burris II, Alfred C., MD
Falls Church ...... (540) 347-9898
Haymarket ....... (571) 284-4370
Manassas .......... (703) 753-9799
Warrenton .......... (540) 347-9898
Hospital Affiliations:
Novant Health UVA Health System
Haymarket Medical Center
Novant Health UVA Health System
Prince William Medical Center
Cail, Jason, MD
Winchester ...... (540) 662-0306
Hospital Affiliations:
Hamphire Memorial Hospital
Shenandoah Memorial Hospital
Inc.
War Memorial Hospital Inc
Winchester Medical Center
Chanda, Arjit, MD
Fredericksburg .. (540) 373-1313
Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
Dalawari, Jasdeep Singh, MD
Petersburg .......... (804) 765-5000
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours St. Francis Medical Center
Specialists - Tier 1

Levitt, Robert Howard, MD
Richmond....... (804) 288-0134
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Mansour, Khaled, MD
Cedar Bluff....... (276) 964-1232
Hospital Affiliations:
Clinch Valley Medical Center
Mathew, Salim Benjamin, MD
Charlotteville... (434) 293-4072
Hospital Affiliations:
Sentara Martha Jefferson Hospital
McLaughlin, David P., MD
Harrisonburg..... (540) 689-5555
Hospital Affiliations:
Sentara RMH Medical Center
Mirza, Mohd Ayoub, MD
Martinsville..... (726) 634-4400
Roanoke......... (540) 982-8204
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Nooreddine, Nizar D., MD
Galah............. (276) 238-3318
Prakash, Arun, MD
Fishersville........ (540) 245-7080
Hospital Affiliations:
Augusta Medical Center
Prasad, Ashok J, MD
Fredericksburg.. (855) 739-9953
Stafford........... (855) 739-9953
Woodbridge........ (855) 739-9953
Hospital Affiliations:
Mary Washington Hospital (MWH)
Sentara Northern Virginia Medical Center
Stafford Hospital Center
VCU Health System/MCV
Renzi, Randolph, MD
Winchester........ (540) 662-0306
Hospital Affiliations:
Augusta Medical Center
Winchester Medical Center
Shapira, Shmuel, MD
Daleville....... (540) 966-6430
Low Moor......... (540) 772-3430
Salem............. (540) 772-3430
Hospital Affiliations:
Lewis-Gale Medical Center
Sharma, Rahul, MD
Christiansburg... (540) 731-2000
Roanoke......... (540) 982-8204
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Venkatesan, Jayaraman, MD
Portsmouth....... (757) 399-2639
Suffolk............... (757) 539-0444
Hospital Affiliations:
Bon Secours Maryview Medical Center
Williams, Eric, MD
Lexington........ (540) 463-9141
Williams, Scott, MD
Fishersville....... (540) 245-7080
Hospital Affiliations:
 Augusta Medical Center
Yarkoni, Alon, MD
Fishersville....... (540) 245-7080
Hospital Affiliations:
Augusta Medical Center

Maternal-Fetal Medicine

Abuhamad, Alfred Z., MD
Newport News... (757) 947-3841
Norfolk........... (757) 446-7900
Virginia Beach.... (757) 689-5104
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Berkeley, Eliza M., MD
Newport News... (757) 594-3636
Norfolk........... (757) 446-7900
Virginia Beach.... (757) 689-5104
Boyle, Anneece C., MD
Charlotteville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center
Chakrabarti, Alana M, MD
Norfolk............... (757) 446-7900
Virginia Beach.... (757) 689-5104
Chisholm, Christian A., MD
Charlotteville... (434) 924-2500
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center
Christmas, James T., MD
Colonial Heights (804) 504-0173
Fredericksburg
Richmond......... (804) 320-2751
Hospital Affiliations:
Chippenham Medical Center/
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus
Henrico Doctors' Hospital - Retreat Campus
Day, Leah D., MD
Charlotteville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center
DeMay, Jessica, MD
Mechanicsville... (804) 288-4084
Midlothian......... (804) 288-4084
Richmond......... (804) 288-4084
DeVeciana, Margarita, MD
Newport News... (757) 947-3841
Norfolk........... (757) 446-7900
Virginia Beach.... (757) 689-5104
Hospital Affiliations:
 Bon Secours DePaul Medical Center Inc
 Sentara Lehigh Hospital
 Sentara Norfolk General Hospital
 Sentara Virginia Beach General Hospital
Dhillon, Pushpinder, MD
Fredericksburg.. (540) 373-7668
Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center
DiSilvestro, Alexis, MD
Martinsville..... (276) 634-4400
Rocky Mount .... (540) 484-4836
Dudley, Donald J., MD
Charlotteville... (434) 924-2500
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center
Durica, Allison R., MD
Roanoke........... (540) 985-9985
Hospital Affiliations:
Carilion Roanoke Community Hospital
Carilion Roanoke Memorial Hospital
Eglinton, Gary S, MD
Charlotteville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center
Fareeduddin, Rizwana K., MD
Charlotteville... (434) 924-2500
Hospital Affiliations:
University of Virginia Medical Center
Ferguson, James Edward, MD
Charlotteville... (434) 924-1955
Culpeper......... (540) 321-3002
Hospital Affiliations:
University of Virginia Medical Center
Fuller, Robert, MD
Fredericksburg.. (540) 741-3260
Mechanicsville... (804) 287-7650

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Specialists - Tier 1

Midlothian...... (804) 594-7428
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Heim, Kathleen, MD
Newport News (807) 594-3636
Norfolk........... (757) 446-7900
Virginia Beach (807) 698-5104
Hess, Leonard, MD
Roanoke........... (540) 985-9862
Hudgens, Joseph L, MD
Norfolk........... (757) 446-7979
Virginia Beach (807) 698-5104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Jacoby, Bryon N, MD
Winchester......... (540) 536-3228
Hospital Affiliations:
Winchester Medical Center
Kanaan, Camille M, MD
Newport News (807) 947-3841
Norfolk........... (757) 446-7900
Virginia Beach (807) 698-5104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Larsen, John, MD
Winchester......... (540) 536-3228
Hospital Affiliations:
Winchester Medical Center
Love, Rodrick N, MD
Colonial Heights (804) 504-0173
Mechanicsville (804) 417-9020
Richmond......... (804) 320-3911
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
McCoy, Mary Catheleen, MD
Winchester......... (540) 536-3228
Hospital Affiliations:
Winchester Medical Center
McLaren, Rodney A, MD
Fairfax............. (703) 277-9510
Hospital Affiliations:
Virginia Hospital Center - Arlington
Mlynarczyk, Malgorzata, MD
Newport News (807) 947-3841
Norfolk........... (757) 446-7900
Virginia Beach (807) 689-5104
Hospital Affiliations:
Centra Virginia Baptist Hospital
Mlynarczyk, Malgorzata, MD
Newport News (807) 947-3841
Norfolk........... (757) 446-7900
Virginia Beach (807) 689-5104
Hospital Affiliations:
Centra Virginia Baptist Hospital

Thurman, Andrea R., MD
Newport News (807) 947-3841
Norfolk........... (804) 504-0173
Virginia Beach (807) 689-5104
Too, Gloria T., MD
Newport News (807) 594-3636
Norfolk........... (804) 288-4084
Richmond......... (804) 288-4084
Trover, Lisa R, MD
Mechanicsville (804) 417-9020
Richmond......... (804) 288-4084
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Villers, Margaret, MD
Chesapeake (804) 320-3911
Mechanicsville (804) 417-9020
Richmond......... (804) 288-4972
Hospital Affiliations:
Chippenham Medical Center
Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Ward, Steven L, MD
Newport News (807) 947-3841
Norfolk........... (804) 504-0173
Virginia Beach (807) 689-5104
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Medical Oncology

Abdelmalek, Cherif H., MD
Charlottesville (434) 654-7000
Culppepper........ (540) 829-4352
Fishersville........ (540) 213-2220
Hospital Affiliations:
University of Virginia Medical Center
Aruch, Daniel B, MD
Norfolk........... (804) 476-8683
Virginia Beach (807) 368-0437
Hospital Affiliations:
Sentara Princess Anne Hospital
Bremer, Celeste Ann T., MD
Norfolk........... (804) 476-8683
Virginia Beach (807) 368-0437
Hospital Affiliations:
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Brenin, Christina M, MD
Charlottesville (434) 924-9333
Chang, David Z., MD
Hampton........... (807) 827-9400
Norfolk........... (807) 827-9400
Williamsburg...... (757) 229-2236
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Danso, Michael A., MD
Norfolk........... (804) 466-8683
Virginia Beach (807) 368-0437
Hospital Affiliations:
Sentara Princess Anne Hospital
Denduluri, Neelima, MD
Arlington......... (703) 528-7303
Hospital Affiliations:
Inova Fairfax Hospital
Devitt, Michael E., MD
Charlottesville (434) 924-9333
Hospital Affiliations:
University of Virginia Medical Center
Downs, John C, MD
Kilmarnock....... (804) 435-8583
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Rappahannock General Hospital
Fleming, Mark T., MD
Hampton........... (807) 827-9400
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center
Franz, Gregory B, MD
Norfolk........... (804) 278-2300
Suffolk........... (757) 278-2300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Hansen, Kristopher J., DO
Blacksburg........ (540) 381-5291
Marion............. (276) 781-1400
Wytheville.......... (276) 228-7665
Hsu, Johann, MD
Charlottesville (434) 982-6900
Culppepper........ (540) 829-4352
Fishersville........ (540) 213-2220
Hospital Affiliations:
University of Virginia Medical Center
Irwin, Amy, MD
Leesburg........... (703) 554-6800
Reston............. (703) 437-6535
Kaur, Varinder, MD
Charlottesville (434) 924-8552
Hospital Affiliations:
University of Virginia Medical Center
Kheyfets, Veronica, MD
Harrisonburg ..... (540) 689-7000
Hospital Affiliations:
- University of Virginia Medical Center

Khosravi, Hamed, MD
Manassas ........ (703) 396-9000
Woodbridge ..... (703) 491-5600
Hospital Affiliations:
- Novant Health UVA Health System Prince William Medical Center

Knestrick, Jr., Mark W., MD
Harrisonburg ..... (540) 689-7000
Hospital Affiliations:
- Sentara RMH Medical Center

Kunk, Paul R., MD
Charlottesville ... (434) 924-9333
Hospital Affiliations:
- University of Virginia Medical Center

Le, Tri M., MD
Charlottesville ... (434) 924-9333
Hospital Affiliations:
- University of Virginia Medical Center

Lee, Michael E., MD
Norfolk ........ (757) 466-8683
Virginia Beach .. (757) 368-0437
Williamsburg .... (757) 229-2236
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Man, Louise M., MD
Charlottesville ... (434) 924-9333
Hospital Affiliations:
- University of Virginia Medical Center

Mehta, Manan S, MD
Fredericksburg .. (540) 300-6182
Newport News .. (757) 278-2300
Norfolk ........ (757) 396-9000
Suffolk .......... (757) 538-2300
Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Spotsylvania Regional Medical Center
- Stafford Hospital Center
- Vibra Hospital of Richmond

Moraes Jr., Manoel, MD
Lansdowne ...... (703) 858-3110
Reston ........ (703) 858-3110
Hospital Affiliations:
- Reston Hospital Center

Pierce, Daryl Wayne, MD
Norton .......... (276) 439-1493
Rajendra, Rangappa, MD
Lansdowne ...... (703) 858-3110
Reston ........ (703) 858-3110
Hospital Affiliations:
- Children's Hospital of the King's Daughters

Sullivan, Brynne A., MD
Charlottesville ... (434) 243-5500
Hospital Affiliations:
- University of Virginia Medical Center

Tubul, Maria E., MD
Irvine, CA .... (949) 642-9500
Hospital Affiliations:
- United Memorial Medical Center

Wolfe, Kevin J., MD
Blacksburg ....... (540) 514-9500
Hospital Affiliations:
- Virginia Tech Carilion School of Medicine

Yeager, James W., MD
Norfolk ........ (757) 668-7425
Newport News .. (757) 668-7456
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- University of Virginia Medical Center

Young, John A., MD
Lynchburg ..... (434) 200-8282
Lynchburg ..... (434) 200-5611
Hospital Affiliations:
- Sentara Medical Center
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Sunderland, Jennifer C., MD
Alexandria .... (804) 346-3535
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Carpenter, David T., MD
Richmond .... (804) 346-3535
Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Sentara St. Francis Medical Center
- Sentara St. Mary's Hospital

Cicero, Michael A., MD
Portsmouth ...... (804) 521-9336
Hospital Affiliations:
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital
- University of Virginia Medical Center

Cothran, Donna L., MD
Lynchburg .... (434) 200-5611
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital
- VCU Health System/MCV

Cronin, Julia A., MD
Richmond .... (804) 346-3535
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Curd, Lewis H., MD
Newport News .. (757) 668-7456
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Children's Hospital of the King's Daughters

Devendorf, Deborah, MD
Newport News .. (757) 668-7456
Hospital Affiliations:
- Bon Secours DePaul Medical Center
- Children's Hospital of the King's Daughters

Dillender, Susannah P., MD
Norfolk ........ (757) 668-7456
Hospital Affiliations:
- Children's Hospital of the King's Daughters
Specialists - Tier 1

Suchon, Gregory P., MD
Norfolk ............. (757) 668-9222
Hospital Affiliations:
Children's Hospital of the King's Daughters

Szegó, Ellen Z., MD
Roanoke ........... (540) 985-9840
Hospital Affiliations:
Mary Washington Hospital (MWH)

Tanveer, Asma, MD
Virginia Beach .. (757) 395-8878
Hospital Affiliations:
Centra Virginia Baptist Hospital

Taylor, Barron Keith, MD
Virginia Beach .. (757) 395-8878
Hospital Affiliations:
Centra Lynchburg General Hospital

Tessema, Elias, MD
Richmond .......... (804) 320-3911

Tiffany, Kenneth, MD
Virginia Beach .. (757) 668-7456
Hospital Affiliations:
Children's Hospital of the King's Daughters

Vergales, Brooke D., MD
Charlottesville... (434) 924-5428
Hospital Affiliations:
University of Virginia Medical Center

Willinger, Samuel, MD
Virginia Beach .. (757) 395-8878
Hospital Affiliations:
Centra Lynchburg General Hospital

Woo, Hung C, MD
Glen Allen ........ (888) 627-4702

Zanelli, Santina Agnes, MD
Charlottesville... (434) 924-5348

Nephrology

Abdel-Rahman, Emaad, MD
Charlottesville... (434) 924-1884
Hospital Affiliations:
Augusta Medical Center

Abou Assi, Walid G., MD
Mechanicsville .. (804) 559-7298
Richmond .......... (804) 285-6390
Tappahannock

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Parham Campus

Acker, Christopher G., MD
Amelia .............. (804) 561-6000

Richmond ........... (804) 272-5814
Hospital Affiliations:
Bon Secours St. Mary's Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital

Adler, Oscar, MD
Leesburg ............ (703) 723-5555
Hospital Affiliations:
Rexon Hospital Center

Agha, Haidr, MD
Centra Virginia Baptist Hospital

Ahmadzadeh, Shahram, MD
Centra Virginia Baptist Hospital

Ahmed, Salah, MD
Norfolk ............. (757) 395-8878
Hospital Affiliations:
Children's Hospital of the King's Daughters

Akintide, Adedoyin G., MD
Culpeper ........... (703) 396-5292
Hospital Affiliations:
Centra Virginia Baptist Hospital

Amin, Ahmed, DO
Newport News .. (757) 599-3436

Amini, Ahmed, DO
Newport News .. (757) 599-3436

Williamsburg ..... (757) 872-9797
Hospital Affiliations:
Sentara Williamsburg Regional Medical Center

Anjum, Malik A, MD
Norfolk ............. (540) 344-1400
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Anke, Mohammad K, MD
Lynchburg .......... (434) 947-3954
Hospital Affiliations:
Centra Virginia Baptist Hospital

Ashraf, Mohammed K, MD
Lynchburg .......... (434) 947-3954
Hospital Affiliations:
Centra Virginia Baptist Hospital

Ashiru, Folatomi, MD
Petersburg .......... (804) 733-6960
Hospital Affiliations:
John Randolph Medical Center

Assefi, Ali, MD
Richmond .......... (804) 272-5814
Hospital Affiliations:
Centra Virginia Baptist Hospital

Ayodeji, Olayiwola B., MD
Newport News .. (757) 599-3436
Hospital Affiliations:
Virginia Beach .. (757) 623-0005

Balogun, Rasheed A, MD
Charlottesville... (434) 924-9501
Hospital Affiliations:
Augusta Medical Center

Bankuru, Linley, MD
Petersburg .......... (804) 733-6960
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital/John Randolph Medical Center

Bankuru, Satish K., MD
Colonial Heights (804) 504-0068
Franklin .......... (757) 561-6181
Hospital Affiliations:
John Randolph Medical Center/Spotsylvania Regional Hospital/Prince William Medical Center

Barmar, Babak, MD
Front Royal ....... (304) 449-3778

Bast, Baher A, MD
Newport News .. (757) 599-3436
Williamsburg ...... (757) 599-3436

Baveja, Namrita, MD
Danville .......... (434) 792-1433
South Boston ..... (434) 792-6826

Bedicheck, Ellen G., MD
Mechanicsville .. (804) 559-9757
Richmond .......... (804) 935-8927

Bichu, Prasad, MD
Lynchburg .......... (434) 947-5902
Hospital Affiliations:
Sentara Princess Anne Hospital

Blight, L. Daniel, MD
Charlottesville... (434) 924-9501

Bliss, Kristin E., MD
Charlottesville... (434) 924-9501

Blondel, Joseph P., MD
Charlottesville... (434) 924-9501

Bolton, Warren K., MD
Charlottesville... (434) 924-1884
Hospital Affiliations:
University of Virginia Medical Center
Specialists - Tier 1

Stafford .......... (540) 371-3010
Hospital Affiliations:
Healthsouth Rehabilitation
Hospital of Virginia
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
Stafford Hospital Center

Gibson, Sandy M., MD
Petersburg .......... (804) 732-1240
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital Southside Regional Medical Center

Glenn, Daran, MD
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Chippenham Medical Center / Johnston-Willis Hospital Henrico Doctors' Hospital - Forest Campus
Riverside Shore Memorial Hospital

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Centra Lynchburg General Hospital

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Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Fauquier Hospital
Novant Health UVA Health System Prince William Medical Center
Sentara Martha Jefferson Hospital
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John Randolph Medical Center Southside Regional Medical Center

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Allegany Regional Hospital d/b/a LewisGale Allegany

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Hospital Affiliations:
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Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Princess Anne Hospital
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Chesapeake Regional Medical Center
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
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Mercy Hospital of Tiffin (Mercy Partners PHO)
Mercy Memorial Hospital

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Sentara Princess Anne Hospital

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Hospital Affiliations:
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Bon Secours St. Marys Hospital
Bon Secours Stuart Circle Hospital
Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forrest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital of Virginia

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UVA Culpeper Hospital
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Henrico Doctors' Hospital - Forest Campus
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Inova Fairfax Hospital
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Johnston Memorial Hospital

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Hospital Affiliations:
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Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
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- Haymarket Medical Center
- Prince William Medical Center
- Sentara Northern Virginia Medical Center

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- Southside Regional Medical Center

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- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

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Hospital Affiliations:
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- Riverside Shore Memorial Hospital
- Sentara Bayside Hospital
- Sentara Leight Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Riverside Shore Memorial Hospital
- Sentara Leight Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

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Locust Grove .... (540) 371-3010
Louisiana ....... (540) 898-4056
Stafford ......... (540) 371-3010
Hospital Affiliations:
- Healthsouth Rehabilitation Hospital of Virginia
- Mary Washington Hospital
- Novant Health UVA Health System
- Spotsylvania Regional Medical Center
- Stafford Hospital Center

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- Mary Washington Hospital
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center

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- Novant Health UVA Health System
- Prince William Medical Center
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- Stafford Hospital Center

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- Inova Alexandria Hospital
- Inova Mount Vernon Hospital
- Sentara Northern Virginia Medical Center
- Stafford Hospital Center

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Hospital Affiliations:
- Central Lynchburg General Hospital

Shyamsunder, Archana K, MD
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Hospital Affiliations:
- Warren Memorial Hospital, Inc.
  Winchester Medical Center

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Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Bon Secours Stuart Circle Hospital
- Chippenham Medical Center
- Henrico Doctors' Hospital - Forest Campus
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

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- Chippenham Medical Center
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- Southside Regional Medical Center

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Hospital Affiliations:
- Bon Secours St. Mary's Hospital
- Bon Secours Stuart Circle Hospital
- Chippenham Medical Center
- Henrico Doctors' Hospital - Forest Campus
- Novant Health UVA Health System
- Prince William Medical Center
- Sentara Northern Virginia Medical Center
- Sheltering Arms Rehabilitation Hospital
- St. Mary's Hospital of Richmond

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- Lewis-Gale Medical Center
  d/b/a LewisGale Pulaski
  Columbia Pulaski Community Hospital
- Lewis-Gale Medical Center
- Martinsville Hospital
- Martinsville Hospital
- Roanoke Hospital

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- Inova Alexandria Hospital

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Portsmouth ...... (757) 966-5286
Suffolk ........... (757) 777-1110
Virginia Beach .. (757) 689-0211
Hospital Affiliations:
- Sentara Northern Virginia Medical Center

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Hospital Affiliations:
- Martinsville Hospital
- Martinsville Hospital
- Martinsville Hospital
- Martinsville Hospital

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King George..... (540) 371-3010
Locust Grove..... (540) 371-3010
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Hospital Affiliations:
Healthsouth Rehabilitation
Hospital of Virginia
Mary Washington Hospital (MWH)

Spartysylvania Regional Medical Center
Stafford Hospital Center

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Hospital Affiliations:
University of Virginia Medical Center

Wallis, Andrew, MD  Rockingham ...... (540) 208-7002

Wang, Gregory, MD  Fairfax .......... (703) 961-0488
Gainesville ...... (703) 961-0488
Manassas ...... (703) 961-0488
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Hospital Affiliations:
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Inova Fairfax Hospital
Inova Mount Vernon Hospital
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
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Whelan, Thomas V., MD  Suffolk .......... (757) 623-0005

Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours Maryview Medical Center
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Riverside Shore Memorial Hospital
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Sentara Lehigh Hospital
Sentara Norfolk General Hospital
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Neurological Surgery

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Sentara Lehigh Hospital
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Sentara Lehigh Hospital
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Centra Virginia Baptist Hospital
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Carilion Roanoke Memorial Hospital

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Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

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Novant Health UVA Health System
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chesapeake Medical Center/Johnston-Willis Hospital
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Centra Lynchburg General Hospital
Winchester Medical Center

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Hospital Affiliations:
Sentara St. Marys Hospital
Sentara Norfolk General Hospital

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Chester............ (804) 285-6880
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Midlothian......... (804) 325-8750
Portsmouth......... (757) 215-3565
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Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Richmond

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Ferrara, Jr., Joseph M., MD
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Hospital Affiliations:
Robert E. Lee Memorial Hospital

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Purcellville....... (540) 751-0751
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Centra Lynchburg General Hospital
Page Memorial Hospital Inc

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Sentara Martha Jefferson Hospital

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Kilmannock, VA
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Specialists - Tier 1

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University of Virginia Medical Center
Winchester Medical Center

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Sentara Bayside Hospital
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Hospital Affiliations: Sentara Martha Jefferson Hospital

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Hospital Affiliations: Lewis-Gale Medical Center
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Hospital Affiliations: Center for Lynchburg General Hospital

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Community Hospital
Lewis-Gale Medical Center

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St. Mary's Hospital

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Clinch Valley Medical Center

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Hospital Affiliations: Center for Lynchburg General Hospital

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Chesapeake Regional Medical Center

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Bon Secours St. Mary's Hospital

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Virginia Beach.. (757) 461-5400
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
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Hospital Affiliations: Reston Hospital Center

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Specialists - Tier 1

Nurse Practitioner

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Calland, Magen E., NP  Amherst .......... (434) 946-2850
Lynchburg .......... (434) 947-4651

Hill, Leslie D, NP  Glen Allen ........ (888) 627-4702
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- Sentara Obici Hospital
- Southampton Memorial Hospital

Kapinos, Cindy, NP  Mechanicville ........ (804) 764-7220
Hospital Affiliations:
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- Sentara Obici Hospital

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- Sentara Obici Hospital

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- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parmham Campus
- Henrico Doctors' Hospital - Retreat Campus

White, Holly, NP  Bedford ................ (540) 587-3240
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- Bedford Memorial Hospital
- Chippenham General Hospital
- Chippenham Medical Center
- Sentara Southside Community Hospital

Occupational Medicine

Baddar, Nader T., MD  Chesapeake ....... (757) 487-9600
Virginia Beach .... (757) 460-0700

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- Winchester Medical Center

Hartley, Hetzel, MD  Roanoke ............ (540) 985-8521
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
- Augusta Medical Center

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Hospital Affiliations:
- Sentara Obici Hospital

Levine, Michael J., MD  Williamsburg ....... (757) 259-1900
Hospital Affiliations:
- Sentara Williamsburg Regional Medical Center

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Hospital Affiliations:
- Warren Memorial Hospital, Inc.

Ophthalmology

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- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

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- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
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Hospital Affiliations:
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Hospital Affiliations:
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Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
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Hospital Affiliations:
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Henrico Doctors' Hospital - Forest Campus
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Hospital Affiliations:
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...
Specialists - Tier 1

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Hospital Affiliations:
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Centra Virginia Baptist Hospital

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Hospital Affiliations:
Mary Washington Hospital (MWH)

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Fauquier Hospital

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Southern Virginia Regional Medical Center
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Bon Secours Maryview Medical Center

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Woodstock .......... (540) 459-3040

Hospital Affiliations:
Shenandoah Memorial Hospital

Elkins, Kori A., MD
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Hospital Affiliations:
Virginia Beach General Hospital

Eller, Christopher J., MD
Harrisonburg ..... (540) 433-2485

Hospital Affiliations:
Centra Roanoke Memorial Hospital

Estopolis, Christopher, MD
Chester .......... (804) 285-5330

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Evans, Donald Edward, MD
Norfolk.......... (757) 461-1444

Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Everhart, Suzanne M., DO
Ashland .......... (804) 752-7508

Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Henrico Doctors' Hospital - Forest Campus

Facciani, John, MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Faccioni, John, MD
Roanoke
Ganser, Gail, MD
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
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Winchester Medical Center
Gillespie, James E., MD
Waynesboro ...... (540) 949-6060
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Augusta Medical Center
Goldmann, Peter H., MD
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Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Golen, Jeffrey R, MD
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Griffeth, Will D, MD
Roanoke .......... (540) 855-5100
Salem ............. (540) 855-5100
Griffey, Jr., Paul M., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Albemarle Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Grover, William, MD
Charlottesville... (434) 977-5160
Guerrero, Kathleen, MD
Charlottesville... (434) 924-5485
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University of Virginia Medical Center
Gupta, Pranay, MD
Colonial Heights (804) 243-2020
Lawrenceville.... (434) 848-0771
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John Randolph Medical Center
VCU Health System/MCV
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Norfolk............ (757) 461-7974
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Amherst.......... (434) 946-2020
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Chatham ........... (434) 385-5600
Danville........... (434) 857-0020
Forest............... (434) 385-5600
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Lynchburg........ (434) 385-5600
Martinsville....... (434) 385-5600
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Norfolk General Hospital
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Manassas
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Fauquier Hospital
Novant Health UVA Health System
Haymarket Medical Center
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Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital of Richmond
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Bon Secours Mary Immaculate Hospital
Sentara Bayside Hospital
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Specialists - Tier 1

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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Bon Secours St. Marys Hospital
Chippewa Medical Center
Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
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Martinsville .......... (434) 385-5600

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Eady, Tonya, OD
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Hillsville .......... (276) 728-9323
Wytheville ......... (276) 223-0242

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Falsetta, Deena T., OD
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Virginia Beach ...... (540) 425-0200

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Fiedler, Aaron, OD
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Fleming, Patrick, OD
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South Riding ...... (703) 957-3384

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Hanes, Jonathan, OD
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Henrico ............. (804) 287-1380
### Specialists - Tier 1

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
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<td>Kanji, Rahim, OD</td>
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<tr>
<td>Portolet</td>
<td>(757) 644-5518</td>
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<td>Virginia Beach</td>
<td>(757) 368-3937</td>
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<td>Kapoor, Dimple, OD</td>
<td>(703) 722-8688</td>
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<td>Kartesz, Andrew C., OD</td>
<td>(540) 562-3458</td>
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<td>Roanoke</td>
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<td>Kaufman, Evan J., OD</td>
<td>(434) 924-5485</td>
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<td>Hospital Affiliations:</td>
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<tr>
<td>University of Virginia</td>
<td>Medical Center</td>
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<td>Kearney, Amy Y., OD</td>
<td>(757) 229-4000</td>
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<td>Williamsburg</td>
<td>(757) 229-4000</td>
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<td>Keene, Bruce J., OD</td>
<td>(540) 662-0522</td>
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<td>Winchester</td>
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<td>Keene, A. Susan, OD</td>
<td>(276) 783-5157</td>
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<td>Kelley, Amanda, OD</td>
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<td>Keen, Marc D., OD</td>
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<td>Chase City</td>
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<td>Ketcher, John, OD</td>
<td>(804) 287-4200</td>
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<td>Keys, Mark W., OD</td>
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<td>Khosa, Isha, OD</td>
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<td>Ashburn</td>
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<td>Staunton</td>
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<td>Kessner, Marc D., OD</td>
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<td>Williamsburg</td>
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<td>Kushon, Joanna, OD</td>
<td>(757) 523-2000</td>
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<td>Chasepeake</td>
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<td>Newport News</td>
<td>(757) 249-4330</td>
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<td>Virginia Beach</td>
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<td>Kwon, Tiffany, OD</td>
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<td>Labell, Craig E., OD</td>
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<td>Larson, Leonard G., OD</td>
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<td>Falls Church</td>
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<td>Vienna</td>
<td>(703) 506-0000</td>
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<td>Winchester</td>
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<td>(757) 425-5550</td>
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<tr>
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<tr>
<td>Lebow, Joseph, OD</td>
<td>(804) 458-5819</td>
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<td>Richmond</td>
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<td>Lebow, Kenneth A., OD</td>
<td>(804) 272-2020</td>
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<td>Virginia Beach</td>
<td>(757) 497-5555</td>
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<td>Lein, Bob D., OD</td>
<td>(540) 662-4512</td>
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<td>Winchester</td>
<td>(540) 659-3040</td>
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<td>Leisner, Jill, OD</td>
<td>(804) 748-6983</td>
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<td>LeRoux, David P., OD</td>
<td>(804) 217-9883</td>
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<td>Glen Allen</td>
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<td>Hospital Affiliations: VCU Health System/MCV</td>
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<td>Leverett, Marcia K., OD</td>
<td>(757) 486-2015</td>
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<td>Levin, Franklin, OD</td>
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<td>Lipton, Mark A., OD</td>
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<td>Lloyd, Robert, OD</td>
<td>(540) 722-3217</td>
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<td>Lodwick, Richard K., OD</td>
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<td>Long, Jilda, OD</td>
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<td>(276) 935-4558</td>
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<td>Richlands</td>
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<td>Lord, Stephen F., OD</td>
<td>(276) 223-0033</td>
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<td>Lutsk, David, OD</td>
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<td>Suffolk</td>
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<td>Lowitz, John S., OD</td>
<td>(757) 838-3465</td>
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<td>Hampton</td>
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<td>Lucas, Lauren G., OD</td>
<td>(804) 270-6030</td>
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<td>Lumpkin Jr., Donald, OD</td>
<td>(804) 270-0330</td>
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<td>Lundberg, Pamela D., OD</td>
<td>(757) 564-1907</td>
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<td>Williamsburg</td>
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<tr>
<td>Luong, Dinh, OD</td>
<td>(757) 301-8847</td>
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<tr>
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<td>Luong, Grace, OD</td>
<td>(757) 301-8847</td>
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<tr>
<td>Luthman, Nicholas, OD</td>
<td>(804) 450-8504</td>
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<tr>
<td>Lynn, Jeffrey, OD</td>
<td>(540) 662-0222</td>
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<tr>
<td>Mahboobi, Houriya, OD</td>
<td>(703) 931-9100</td>
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<tr>
<td>Alexandria</td>
<td>(703) 931-9100</td>
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<td>Fairfax</td>
<td>(703) 573-8080</td>
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<tr>
<td>Sheridan</td>
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</tr>
</tbody>
</table>
Speakers - Tier 1

Leesburg .......... (703) 858-3170
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Makadia, Nina Dalsania, OD
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Mann, Becky C., OD
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Mann, Clare M., OD
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Mann, W. Scott, OD
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**Oral Surgery**

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Children's Hospital of the King's Daughters

Sentara Leigh Hospital

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Stafford Hospital Center

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Carilion New River Valley Medical Center
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Centra Lynchburg General Hospital
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Bevilaqua, Anthony M., DO
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Chesapeake Medical Center
Johnston-Willis Hospital
Sentara Obici Hospital

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Blank, John E., MD
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Richmond .......... (804) 285-2300
Hospital Affiliations:
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Healthsouth Rehabilitation Hospital
Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Blasdel, Steven C., MD
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Portsmouth ...... (757) 397-1201
Suffolk .......... (757) 538-0102
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Bonner, Kevin F., MD
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Chesapeake Regional Medical Center
Sentara Leigh Hospital
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Strauss, Robert A., DDS
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VCU Health System/MCV

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Hospital Affiliations:
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Chippenham Medical Center/Johnston-Willis Hospital
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Carilion Roanoke Memorial Hospital
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Henrico Doctors' Hospital - Parham Campus
Riverside Shore Memorial Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Carlson, Jeffrey R., MD
Newport News ... (757) 596-1900

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Carmouche, Jonathan Joseph, MD
Christiansburg ... (540) 731-2436
Roanoke .......... (540) 725-1226

Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Carino, Bradley, MD
Chesapeake ...... (757) 321-3300
Virginia Beach .... (757) 321-3300

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Cassidy, Robert, MD
Bassett ............. (276) 666-7749
Danville .......... (434) 793-0900
Martinsville ....... (276) 638-2354
Stuart ............. (276) 694-3151

Hospital Affiliations:
SOVAH Health - Martinsville

Catterson, Christopher C., MD
Blacksburg ......... (540) 731-2436
Christiansburg ...... (540) 639-5888
Radford .......... (540) 731-2436

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Cavazos, Daniel R., MD
Newport News ... (757) 873-1554

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Chain, Jeffrey R., MD
Blacksburg ....... (540) 731-2436
Christiansburg ...... (540) 639-5888

Independence ..... (276) 773-8145

Cody, John P, MD
Aubingdon ........ (276) 258-1760

Hospital Affiliations:
Johnston Memorial Hospital

Coggins, Mark E., MD
Harrisonburg ....... (540) 689-4500

Hospital Affiliations:
Sentara RMH Medical Center

Cohn, Sheldon C., MD
Chesapeake ...... (757) 321-3300
Norfolk ............. (757) 321-3300
Virginia Beach .... (757) 321-3300

Hospital Affiliations:
Carilion New River Valley Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Coleman, Martin R., MD
Newport News ... (757) 596-1900

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

Collins, Kristopher, MD
Lynchburg .......... (434) 485-8500

Hospital Affiliations:
Centra Lynchburg General Hospital

Conigliaro, Franco Miro, DO
Christiansburg ...... (540) 731-2000
Roanoke .......... (540) 725-1226
Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Constantine, Kostas, MD
Fredericksburg .. (540) 479-4799

Stafford .......... (540) 657-2925
Hospital Affiliations:
- Mary Washington Hospital (MWH)
- Spotsylvania Regional Medical Center
- Stafford Hospital Center

Coobs, Benjamin R, MD
Christiansburg... (540) 731-2436
Roanoke .......... (540) 725-1226
Hospital Affiliations:
- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital

Cooper, Minton T, MD
Charlottesville... (434) 243-5432

Zion Crossroads (434) 243-9466
Hospital Affiliations:
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- St. Mary’s Hospital of Richmond
- University of Virginia Medical Center

Cooper, William A, MD
Winchester ........ (540) 667-9252
Hospital Affiliations:
- Winchester Medical Center

Costa, Leon N, MD
Christiansburg... (540) 731-2436

Hardy ............... (540) 725-1226
Martinsville....... (877) 544-3770
Roanoke .......... (540) 725-1226
Salem ............... (540) 725-1226
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Courtney, Thomas W, MD
Winchester ........ (540) 667-9252
Hospital Affiliations:
- Winchester Medical Center

Crowl, Adam C, MD
Henrico.......... (804) 270-1305
Hospital Affiliations:
- Bon Secours St. Francis Medical Center

Cuce, Frank L, DO
Harrisonburg..... (540) 689-4500
Hospital Affiliations:
- Sentara RMH Medical Center

Cui, Quanjun, MD
Charlottesville... (434) 982-0412

Cummings, Stephen H, MD
Newport News... (757) 327-0657

Williamsburg..... (757) 345-35870
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara Williamsburg Regional Medical Center

Dacus, Anglo Rashard, MD
Charlottesville... (434) 243-0218
Hospital Affiliations:
- University of Virginia Medical Center

Dallis, James, MD
Wytheville....... (276) 228-0566
Hospital Affiliations:
- Wythe County Community Hospital

Dalton, Gordon Vincent, MD
Richmond......... (804) 288-8512
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Sheltering Arms Rehabilitation Hospital
- St. Mary’s Hospital

Dancea, Horatiu Calin, MD
Roanoke .......... (540) 725-1226
Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Daniels, Kenneth S, MD
Mechanicsville... (804) 730-2121
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Retreat Campus

Davis, Thorp J, MD
Mechanicsville... (804) 730-2121
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Sheltering Arms Rehabilitation Hospital
- St. Mary’s Hospital

Deal, Dylan Nicole, MD
Charlottesville... (434) 982-4263
Hospital Affiliations:
- University of Virginia Medical Center

Dean, Daniel, MD
Fishersville....... (540) 932-5850
Hospital Affiliations:
- Augusta Medical Center

Devine, Michael J, MD
Charlottesville... (434) 984-4263
Hospital Affiliations:
- Augusta Medical Center

Dhillon, Manjit S, MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- John Randolph Medical Center
- Southside Regional Medical Center

Dickson, Crystal M, MD
Winchester ........ (540) 667-9252
Hospital Affiliations:
- Winchester Medical Center

Diduch, David R, MD
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Hospital Affiliations:
- University of Virginia Medical Center

Dimnick, Michael J, MD
Lynchburg....... (434) 485-8500
Hospital Affiliations:
- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital

DiPasquale, Christopher D, DO
Elkton ............ (504) 298-1144
Hospital Affiliations:
- Sentara RMH Medical Center

Distasio, Anthony, MD
Norfolk........... (757) 388-5680
Richmond........ (804) 560-6500
Suffolk.......... (757) 547-5145
Virginia Beach... (757) 388-5680
Hospital Affiliations:
- Chesapeake Regional Medical Center
- Chippenham Medical Center/Johnston-Willis Hospital
- Sentara Albermarle Medical Center
- Sentara Bayside Hospital
- Sentara Norfolk General Hospital
- Sentara Obici Hospital

Dobzyak, Matthew A, MD
Richmond......... (804) 285-2300
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Healthsouth Rehabilitation Hospital
- Hospital of Virginia
- Henrico Doctors’ Hospital - Forest Campus
- St. Mary’s Hospital

Domson, Gregory, MD
Charlottesville... (434) 243-5432
Hospital Affiliations:
- VCU Health System/MCV

Donato, Lawrence, DO
Virginia Beach... (757) 321-3300
Hospital Affiliations:
- Sentara Bayside Hospital
- Sentara Virginia Beach General Hospital

Dowd, Jr., James E, MD
Virginia Beach... (757) 490-4802
Hospital Affiliations:
- Sentara Lehigh Hospital
- Sentara Norfolk General Hospital

Durbin, Thomas, MD
Newport News
Williamsburg..... (757) 345-35870

Dyer, Dustin, DO
Richmond......... (804) 285-2300
Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Henrico Doctors’ Hospital - Forest Campus
- Henrico Doctors’ Hospital - Parham Campus
- Henrico Doctors’ Hospital - Retreat Campus

Eastwood, Bart, DO
Blacksburg ...... (540) 552-7133
Bluefield
Pearsburg ...... (540) 552-7133
Stuart ............ (540) 552-7133
Wytheville
Hospital Affiliations:
- Columbus Pulaski Community Hospital d/b/a LewisGale Pulaski
- Montgomery Regional Hospital d/b/a LewisGale Montgomery

Eckel, Tobin Thomas, MD
Abingdon......... (276) 258-1760
Hospital Affiliations:
- Johnston Memorial Hospital
- Reston Hospital Center
- Sentara Williamsburg Regional Medical Center

Edward, John R, MD
Roanoke .......... (540) 224-5170
Vinton ............ (540) 266-6950
Hospital Affiliations:
- Mary Washington Hospital (MWH)

Eglevsky, Andre, MD
Fredericksburg ... (540) 371-5333
Hospital Affiliations:
- Mary Washington Hospital (MWH)

Eschenroeder Jr., Harry C, MD
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Hospital Affiliations:
- Augusta Medical Center

Esteban, Ramon C, MD
Fishersville....... (540) 932-5850
Hospital Affiliations:
- Augusta Medical Center

Esway, Jan-Eric, MD
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Hospital Affiliations:
- Spotsylvania Regional Medical Center

Fittian, Thomas E, MD
Newport News... (757) 873-1554
Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Fogarty, Jacqueline M, MD
South Boston..... (517) 572-4074
Hospital Affiliations:
- Sentara Williamsburg Regional Medical Center

Forsythe, David Andrew, MD
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Norfolk.... (757) 461-8300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Hartley, Mark, MD
Hospital Affiliations:
Reston Hospital Center
Hashemi, Ali, MD
Fredericksburg... (540) 372-3233
Hospital Affiliations:
Mary Washington Hospital (MWH)
Spotsylvania Regional Medical Center
Stafford Hospital Center
Hassanzadeh, Hamid, MD
Charlottesville... (434) 243-3633
Culpeper... (540) 321-3120
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center
Haynes, Boyd, MD
Newport News... (757) 596-1900
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Heisinger, Adam J, DO
Richmond... (804) 285-2300
Hospital Affiliations:
Bon Secours St. Marys Hospital
Helgeson, Melvin D., MD
Abingdon... (276) 258-1760
Hospital Affiliations:
Johnston Memorial Hospital
Helvey, Michael Scott, DO
Christiansburg... (540) 731-2436
Pearsburg... (540) 731-7600
Hospital Affiliations:
Carilion Giles Community Hospital
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Hemphill, Edward S., MD
Christiansburg... (540) 731-2436
Lexington... (540) 458-3344
Roanoke... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Henning, George, MD
Roanoke... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Hermann, Mark C, MD
Danville... (434) 793-4711
Hersch, Christopher K., MD
Norfolk...... (757) 461-8300
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Herzog, Joshua, MD
Richmond... (804) 379-8088
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
Higgins, Michael E., MD
Hampton... (757) 827-2422
Newport News... (757) 827-2480
Holden, Candice, MD
Fairfax... (703) 810-5217
Herndon... (703) 810-5204
Hospital Affiliations:
Inova Fairfax Hospital
Holznknecht, Philip, MD
Fredericksburg... (540) 372-6737
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
Hoover, Stephen, MD
Charlottesville... (434) 654-5575
Hospital Affiliations:
Sentara Martha Jefferson Hospital
Hughes, Steven, MD
Vienna... (703) 810-8213
Hospital Affiliations:
Inova Fairfax Hospital
Hull, Jason, MD
Richmond... (804) 285-2300
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus
Huttman, Daniel T, MD
Portsmouth... (757) 673-5680
Suffolk... (757) 673-5680
Hospital Affiliations:
Bon Secours Maryview Medical Center
Iams, Gordon J., MD
Suffolk... (757) 547-5145
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara Obici Hospital
Irby, E. Claiborne, MD
Richmond... (804) 288-3136
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
St. Mary’s Hospital
Jacobson, Peter C., MD
Virginia Beach... (757) 422-8476
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Jeansonne, Gregory Edmund, MD
Norton
Hospital Affiliations:
Indian Path Community Hospital
Jessup, Douglas E., MD
Henrico... (804) 270-1305
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Retreat Campus
Jiwanlal, Aneel K., MD
Blacksburg... (540) 510-6200
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
Kahler, David M., MD
Charlottesville... (434) 243-5432
Kalluri, Prakasam, MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center
Kalire, Niraj V, MD
South Hill... (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital
VCU Health System/MCV
Kavanagh, Michael, MD
Leesburg... (703) 777-3262
Kells, Douglas U., MD
Hardy... (540) 725-1126
Roanoke... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Kerner, Mark B., MD
Portsmouth... (757) 397-6930
Suffolk... (757) 538-0102
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Kerr, Glenn, MD
Middleton... (804) 379-2414
Kim, Christopher K., MD
Richmond... (804) 320-1339
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
St. Mary’s Hospital
Kim, Joseph, MD
Middleton... (804) 379-2414
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Chippewa Medical Center/Johnston-Willis Hospital
Kim, Robert C., MD
Harrisonburg... (540) 434-1664
Hospital Affiliations:
Lewis-Gale Medical Center
Jordan, Jr., Louis Charles, MD
Virginia Beach... (757) 490-4802
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Joyner, Patrick W., MD
Christiansburg... (540) 731-2436
Hospital Affiliations:
Carilion New River Valley Medical Center
Kime, III, Robert C., MD
Virginia Beach... (757) 490-4802
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital... (540) 731-2436
Hospital Affiliations:
Carilion New River Valley Medical Center
Kohler, David M., MD
Charlottesville... (434) 243-5432
Kalluri, Prakasam, MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center
Kalire, Niraj V, MD
South Hill... (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital
VCU Health System/MCV
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Leesburg... (703) 777-3262
Kells, Douglas U., MD
Hardy... (540) 725-1126
Roanoke... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Kerner, Mark B., MD
Portsmouth... (757) 397-6930
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Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Kerr, Glenn, MD
Middleton... (804) 379-2414
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Richmond... (804) 320-1339
Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippewa Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Forest Campus
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Hospital Affiliations:
Bon Secours St. Francis Medical Center
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Kim, Robert C., MD
Harrisonburg... (540) 434-1664
Hospital Affiliations:
Lewis-Gale Medical Center
Jordan, Jr., Louis Charles, MD
Virginia Beach... (757) 490-4802
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Christiansburg... (540) 731-2436
Hospital Affiliations:
Carilion New River Valley Medical Center
Kohler, David M., MD
Charlottesville... (434) 243-5432
Kalluri, Prakasam, MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
Chippewa Medical Center/Johnston-Willis Hospital
John Randolph Medical Center
Southside Regional Medical Center
Kalire, Niraj V, MD
South Hill... (434) 584-2273
Hospital Affiliations:
VCU Community Memorial Hospital
VCU Health System/MCV
Kavanagh, Michael, MD
Leesburg... (703) 777-3262
Kells, Douglas U., MD
Hardy... (540) 725-1126
Roanoke... (540) 224-5170
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Kerner, Mark B., MD
Portsmouth... (757) 397-6930
Suffolk... (757) 538-0102
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Kerr, Glenn, MD
Middleton... (804) 379-2414
Kim, Christopher K., MD
Richmond... (804) 320-1339
Hospital Affiliations:
Specialists - Tier 1

Henrico Doctors' Hospital - Forest Campus
MeDermott, Brian, MD
Frederickburg... (540) 372-3233
Stafford ........... (540) 657-2925
Hospital Affiliations: Mary Washington Hospital (MWH)
Spartsylvania Regional Medical Center
Stafford Hospital Center
McFarland, Mark W., DO
Newport News... (757) 596-1900
Hospital Affiliations: Bon Secours Mary Immaculate Hospital
McGarry, Timothy G., MD
Bristol.............. (276) 525-4377
Hospital Affiliations: Johnston Memorial Hospital
McGlynn, Fred J., MD
Richmond......... (804) 285-2300
Hospital Affiliations: Bon Secours St. Marys Hospital Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
McMahon, Mark, MD
Fairfax............. (703) 810-5223
Hospital Affiliations: Inova Fairfax Hospital
Meyers, John F., MD
Mechanicsville.. (804) 559-6800
Richmond......... (804) 285-2300
Hospital Affiliations: Bon Secours St. Marys Hospital Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
Midis, Nicholas A., MD
Virginia Beach... (757) 490-4802
Hospital Affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital
Mierisch, Cassandra, MD
Roanoke........... (540) 224-5170
Vinton............ (540) 981-8668
Mierisch, Cay Michael, MD
Roanoke........... (540) 224-5170
Vinton............ (540) 266-6950
Miller Sr., David W., MD
Prince George .... (804) 458-1200
Richmond......... (804) 320-1339
Hospital Affiliations: John Randolph Medical Center
Miller, Mark D., MD
Charlottesville... (434) 243-5050
Hospital Affiliations: University of Virginia Medical Center
Miller, Thomas Kevin, MD
Blacksburg....... (540) 961-8060
Buena Vista
Christiansburg... (540) 731-2436
Leeasburg........ (703) 723-6774
Moshirfar, Ali, MD
Lexington........ (540) 463-2103
Roanoke
Hospital Affiliations: Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Carilion Stonewall Jackson Hospital
Mitchell, Erik, DO
Front Royal ...... (540) 635-0820
New Market ..... (540) 459-1515
Woodstock....... (540) 459-2957
Hospital Affiliations: Shenandoah Memorial Hospital Inc.
Warren Memorial Hospital, Inc.
Molligan IV, Harry, MD
Norfolk........... (757) 388-5680
Hospital Affiliations: Sentara Bayside Hospital Sentara Leigh Hospital Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Mook, William, MD
Reston............ (703) 810-5202
Hospital Affiliations: Reston Hospital Center
Moore, Blake, MD
Virginia Beach... (757) 321-3300
Hospital Affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital
Moore, Jeffrey D., MD
Newport News... (757) 327-0657
Williamsburg.... (757) 707-3508
Hospital Affiliations: Bon Secours Mary Immaculate Hospital Sentara Williamsburg Regional Medical Center
Morin II, Norman Paul, MD
Wytheville....... (276) 223-1983
Hospital Affiliations: Twin County Regional Hospital Wythe County Community Hospital
Morina, John M., MD
Chesapeake ...... (757) 321-3300
Norfolk.......... (757) 321-3300
Hospital Affiliations: Sentara Bayside Hospital Sentara Virginia Beach General Hospital
Nordt, III, William E., MD
Richmond......... (804) 272-9146
Hospital Affiliations: Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
Sheltering Arms Rehabilitation Hospital
St. Mary's Hospital
Novak, David, MD
Fairfax............. (703) 810-5223
Hospital Affiliations: Inova Fairfax Hospital
O'Brien, Michael B., MD
Frederickburg.. (540) 372-6737
Hospital Affiliations: Centra Virginia Baptist Hospital Mary Washington Hospital (MWH)
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Virginia Beach... (757) 422-8476
Hospital Affiliations: Sentara Leigh Hospital Sentara Norfolk General Hospital Sentara Virginia Beach General Hospital
Orchowski, Joseph R, MD
Lynchburg........ (434) 485-8500
Hospital Affiliations: Sentara Lynchburg General Hospital
Otteni, Jack F., MD
Fishersville....... (540) 932-5850
Hospital Affiliations: Augusta Medical Center
Owen, Trevor M., MD
Christiansburg... (540) 731-2436
Roanoke.......... (540) 725-1226
Hospital Affiliations: Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Pangrazzi, Garett J, MD
Mechanicsville... (804) 730-2121
Hospital Affiliations: Sentara Martha Jefferson Hospital
Panzarella, Matthew J., MD
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Hospital Affiliations: Sentara Martha Jefferson Hospital
Park, Joseph, MD
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Hospital Affiliations: University of Virginia Medical Center
Parker, Andrew, MD
Reston............. (703) 810-5202
Hospital Affiliations: Reston Hospital Center

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Specialists - Tier 1

Patrol, Matthew E., MD
Carrollton ...... (757) 562-7301
Franklin ........ (757) 562-7301
Suffolk ........ (757) 562-7301
Hospital Affiliations:
Southampton Memorial Hospital

Patterson, Phillip J., MD
Salem ............ (540) 772-3530
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Patterson, Richard J., MD
Winchester........ (540) 667-9252
Hospital Affiliations:
Winchester Medical Center

Payne, George R., MD
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Hospital Affiliations:
Sentara Bayside Hospital
Sentara Virginia Beach General Hospital

Payne, Loel Z., MD
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Hospital Affiliations:
Sentara CarePlex Hospital

Pereles, Thomas R., MD
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Hospital Affiliations:
Augusta Medical Center

Persons, Jeffrey B, MD
Suffolk .......... (757) 538-1776
Hospital Affiliations:
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Perumal, Venkat, MD
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Hospital Affiliations:
University of Virginia Health Sciences Center

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Plison, Holly Tyler-Paris, MD
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Hospital Affiliations:
Johnson City Medical Center

Placid, Ricky J, MD
Richmond .......... (804) 320-1339
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital

Pollard, Matthew E., MD
Fishersville ...... (540) 221-7400
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Lexington .......... (540) 245-7400
Hospital Affiliations:
Augusta Medical Center

Prahinski, John R., MD
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Hospital Affiliations:
Centra Virginia Baptist Hospital

Prakash, Karanvir, MD
Colonial Heights (804) 526-5888
Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
John Randolph Medical Center

Price, James W., MD
Norton .......... (276) 439-1385
Hospital Affiliations:
Dickenson Community Hospital
Norfolk Community Hospital

Prior, David M, MD
Christiansburg ... (540) 633-0523
Roanoke ........ (540) 510-6200
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Putney, Scott, MD
Richmond ......... (804) 285-2300
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Rahban, Walter N., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Raley, Thomas, MD
Arlington ......... (703) 522-2727
Stafford .......... (703) 522-2727
Woodbridge ..... (703) 522-2727
Hospital Affiliations:
Stafford Hospital Center

Rapp, Catherine, MD
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Sentara Princess Anne Hospital

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Reis, Abilio, MD
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital

Reiel, Gregory D., MD
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Fishersville ..... (540) 932-5850
Roanoke .......... (540) 981-7000
Hospital Affiliations:
Augusta Medical Center
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Rivera-Rosado, Emanuel, MD
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Hospital Affiliations:
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Robinson, Elisabeth C., MD
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Robinson, Samuel P., MD
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Sentara Norfolk General Hospital

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Suffolk .......... (757) 547-5145
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Sentara Norfolk General Hospital
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Romness, David, MD
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Rowley, Mark A., MD
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Hospital Affiliations:
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Russ, Mark David, MD
Big Stone Gap ... (276) 523-1006
Hospital Affiliations:
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Newport News . (757) 668-6220
Norfolk ........ (757) 668-6550
Hospital Affiliations:
Children’s Hospital of the King’s Daughters

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Chippenham Medical Center/Johnston-Willis Hospital
St. Mary's Hospital

Shaia, Harry, MD
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Healthsouth Rehabilitation Hospital of Virginia
Henrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Sharma, Jay, MD
Henrico .......... (804) 270-1305

Optima Direct Network Providers January 2019

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OptimaHealth
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<th>Name</th>
<th>Affiliation</th>
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<td>Van Manen, John, MD</td>
<td>Henrico... (804) 270-1305</td>
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<tr>
<td>Vanichkachorn, Jed S, MD</td>
<td>Mechanicsville... (804) 559-6800</td>
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<td>Balint, Kenneth, MD</td>
<td>Woodbridge... (703) 690-1152</td>
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<td>Hospital affiliations:</td>
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<tr>
<td>Wang, Gwo-Jaw, MD</td>
<td>Charlottesville... (434) 243-0278</td>
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<td>Warren, Paul D, MD</td>
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<td>Wattenmaker, Ian, MD</td>
<td>Leesburg... (703) 777-1553</td>
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<td>Weingold, Daniel, MD</td>
<td>Alexandria... (703) 810-5210</td>
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<td>Weiss, Carl B, MD</td>
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<td>Werner, Brian C, MD</td>
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<td>White, Peter, MD</td>
<td>North Chesterfield... (804) 379-8088</td>
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<td>Wills, Robert D, MD</td>
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<td>Wilson, Jeffrey K., MD</td>
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<td>Windsor, Shawn A, DO</td>
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<td>Wind Jr., Michael A, MD</td>
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<td>Woodajo, Felasfa M, MD</td>
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<td>Wolfe, Michael W., MD</td>
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<td>Richmond... (804) 285-2300</td>
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<td>Siddiqui, Ashish, MD</td>
<td>(703) 738-4378</td>
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<td>Shanbhag, Ashish, MD</td>
<td>(703) 914-8000</td>
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<td>Seeman, Benjamin, MD</td>
<td>(540) 434-1759</td>
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<td>Sidiqui, Rashed, MD</td>
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<td>Sidiqui, Talha, MD</td>
<td>(540) 846-9170</td>
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<td>Sutton, Thomas G, MD</td>
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<td>Soteropoulos, Costa, MD</td>
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<td>Sotiriou, Costa, MD</td>
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<td>Sotiriou, Michael, MD</td>
<td>(703) 738-4339</td>
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<td>Sureja, Raj N., MD</td>
<td>(703) 738-4342</td>
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<td>Sutton, Thomas G, MD</td>
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<td>Tan, Martin V., MD</td>
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<tr>
<td>Tauschke, DO, MD</td>
<td>(540) 932-5747</td>
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<td>Tomb, Krista, MD</td>
<td>(540) 464-3465</td>
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<td>Tong, Martin V., MD</td>
<td>(703) 738-4342</td>
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<td>Toussi, Ruzbeh, DO</td>
<td>(540) 932-5747</td>
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<td>Tricario, Renee A., MD</td>
<td>(703) 738-4342</td>
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<tr>
<td>Tucker, William J., MD</td>
<td>(540) 434-1759</td>
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<td>Tucker, William J., MD</td>
<td>(540) 434-1759</td>
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</tbody>
</table>

**Specialties**

- Palliative Medicine
Optima Direct Network Providers January 2019

Specialists - Tier 1

Portsmouth...... (757) 869-7858

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Rappahannock General Hospital

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- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital

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Keerbs, Amanda J., MD
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- Haymarket Medical Center
- Novant Health USA Health System Prince William Medical Center

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- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- Morgan County ARH Regional Medical Center

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Brookneal....... (434) 376-3717

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Martinsville..... (276) 632-7146

Rich Creek....... (540) 726-2328

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- Carilion New River Valley Medical Center
- Carilion Roanoke Memorial Hospital
- Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
- LewisGale Medical Center
- Montgomery Regional Hospital d/b/a LewisGale Montgomery

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Hospital Affiliations:
- Mary Washington Hospital (MWI)

McManus, Patrick J., MD

Mehta, Ambereen K., MD
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- University of Virginia Medical Center

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- Haymarket Medical Center
- Novant Health USA Health System Prince William Medical Center

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- Bon Secours St. Marys Hospital
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Hospital Affiliations:
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Hospital Affiliations:
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Richmond.......... (804) 627-5291

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- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Bon Secours Maryview Medical Center
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital
- VCU Health System/MCV

Pathology

Jacobi, Lionel, MD
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- Children's Hospital of the King's Daughters

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Pediatric Allergy & Immunology

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- Centra Lynchburg General Hospital
- Centra Virginia Baptist Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
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Newport News

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Virginia Beach .. (757) 668-8255

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# Pediatric Anesthesia

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Hospital Affiliations:
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# Pediatric Cardiology

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Manassas....... (571) 612-2606
Winchester..... (540) 667-3713

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Mary Washington Hospital (MWH)
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center
Stafford Hospital Center
Virginia Hospital Center - Arlington

Albrecht, Gerald, MD
Charlottesville... (434) 924-2201
Petersburg ........ (804) 765-5000
Richmond......... (804) 321-7474

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours St. Mary's Hospital
Children's Hospital of the VCU Health System
Chippenham Medical Center / John Paul II Hospital
Henrico Doctors' Hospital - Forest Campus
John Randolph Medical Center
Southside Regional Medical Center
St. Mary's Hospital
University of Virginia Medical Center

Allen, Douglas R., MD
Richmond......... (804) 297-3055

Hospital Affiliations:
Bon Secours St. Mary's Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
University of Virginia Medical Center

VCU Health System/MCV
VCU Health System/MCV (MCH)

Ansong, Annette K., MD
Alexandria...... (703) 573-0504
Centreville..... (703) 573-0504
Fairfax......... (703) 573-0504
Gainesville..... (703) 573-0504
Leesburg....... (703) 573-0504
Reston .......... (703) 573-0504

Woodbridge...... (703) 573-0504
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Benheim, Alan, MD
Alexandria...... (703) 573-0504
Centreville..... (703) 573-0504
Fairfax......... (703) 573-0504
Gainesville..... (703) 573-0504
Leesburg....... (703) 573-0504
Reston .......... (703) 573-0504
Woodbridge..... (703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Dangol, Amir, MD
Alexandria...... (703) 922-0431
Fredericksburg .. (540) 642-4970
Hayfield ......... (540) 722-0550
Herndon......... (703) 481-5801
Leesburg....... (703) 724-4003

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center

Faltermann, Michael A., MD
Alexandria...... (703) 573-0504
Centreville..... (703) 573-0504
Fairfax......... (703) 573-0504
Gainesville..... (703) 573-0504
Leesburg....... (703) 573-0504
Reston .......... (703) 573-0504

Hospital Affiliations:
Children's Hospital of the King's Daughters

Falterman, Mary L., MD
Alexandria...... (703) 922-0431
Fredericksburg .. (540) 642-4970
Hayfield ......... (540) 722-0550
Herndon......... (703) 481-5801
Leesburg....... (703) 724-4003

Hospital Affiliations:
University of Virginia Medical Center

Ellis, Alexander R., MD
 Norfolk ........... (757) 668-7213

Hospital Affiliations:
Children's Hospital of the King's Daughters

Fleenor, Jonathan, MD
Norfolk .......... (757) 668-7213

Hospital Affiliations:
Children's Hospital of the King's Daughters

Gay, William, MD
Bristol
Christiansburg
Danville
Lexington
Lynchburg

Martinsville ...... (276) 634-4400
Roanoke .......... (540) 224-4545
Rocky Mount .... (540) 484-4800

Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Gutgesell, Howard P., MD
Charlottesville ... (434) 924-2201

Hospital Affiliations:
Virginia Hospital Center - Stafford Hospital Center

Habib, Asma S., MD
Christiansburg ... (540) 731-2612
Lexington ........ (540) 458-3460
Pearsburg ......... (540) 921-6000
Roanoke .......... (540) 982-8204
Rocky Mount .... (540) 483-5277
Tazewell .......... (276) 988-8700

Hospital Affiliations:
Carilion Franklin Memorial Hospital
Carilion Giles Community Hospital
Carilion Roanoke Memorial Hospital
Carilion Stonewolf Jackson Hospital

Hammill, William W., MD
Charlottesville ... (434) 982-7195
Richmond......... (804) 321-7474

Hospital Affiliations:
Sentara Martha Jefferson Hospital

Harts, Georgios, MD
Alexandria ...... (703) 922-0431
Fredericksburg .. (540) 642-4970
Hayfield ......... (540) 722-0550
Herndon......... (703) 481-5801
Leesburg....... (703) 724-4003

Hospital Affiliations:
University of Virginia Medical Center

Harlee, Steven, MD
Christiansburg ... (540) 731-2612
Martinsville ...... (276) 634-4400
Roanoke .......... (540) 981-7000

Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital

Iqbal, Mohammad K., MD
Bluefield ......... (276) 807-8001

Hospital Affiliations:
Bluefield Regional Medical Center

Karr, Sharon, MD
Alexandria ...... (703) 573-0504
Centreville ..... (703) 573-0504
Fairfax .......... (703) 573-0504
Gainesville ..... (703) 573-0504
Leesburg ...... (703) 573-0504
Reston .......... (703) 573-0504

Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Reston Hospital Center
Sentara Northern Virginia Medical Center

Kichuk-Chrisant, Maryanelle R., MD
Charlottesville ... (434) 924-9119

Hospital Affiliations:
University of Virginia Medical Center

Kollins, Kevin M., MD
Charlottesville ... (434) 924-2201
Culpeper .......... (540) 829-1919
Harrisonburg ..... (540) 434-3004
Winchester ...... (540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

L'Eecuyer, Thomas J., MD
Charlottesville ... (434) 924-9119
Culpeper .......... (540) 829-1919
Winchester ...... (540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

Lim, David Scott, MD
Charlottesville ... (434) 924-2350
Mechanicsville .. (804) 764-7340
Richmond......... (804) 287-7840

Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St. Mary's Hospital

Lizano Santamaria, Ramiro, MD
Manassas ......... (703) 369-9090
Woodbridge ...... (703) 490-1956

Hospital Affiliations:
Mary Washington Hospital (MWH)

Matherne, G. Paul, MD
Charlottesville ... (434) 295-1000
Culpeper .......... (540) 829-1919

Hospital Affiliations:
University of Virginia Medical Center

McClatchey, Michael A., MD
Charlottesville ... (434) 924-9119
Culpeper .......... (540) 289-1919
Winchester ...... (540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

McDaniel, George M., MD
Charlottesville ... (434) 924-9122
Culpeper .......... (540) 829-1919
Winchester ...... (540) 678-3950

Hospital Affiliations:
University of Virginia Medical Center

McDaniel, Nancy L., MD
Charlottesville ... (434) 924-2201
Specialists - Tier 1

Miller, Joelle D., MD
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Danville........ (434) 799-3817
Lexington...... (504) 463-9141
Lynchburg..... (434) 947-4000
Roanoke....... (504) 985-8230
Rocky Mount... (504) 484-4800

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital

Park, Jin H., MD
Alexandria..... (703) 573-0504
Centreville..... (703) 573-0504
Fairfax....... (703) 573-0504
Gainesville... (703) 573-0504
Leesburg...... (703) 573-0504
Reston......... (703) 573-0504
Woodbridge.... (703) 573-0504

Hospital Affiliations:
- Novant Health UVA Health System
- Prince William Medical Center
- Reston Hospital Center

Reed, John, MD
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Hospital Affiliations:
- Children's Hospital of the King's Daughters

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Culpeper....... (540) 829-1919

Hospital Affiliations:
- University of Virginia Medical Center

Schneider, Daniel S., MD
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Culpeper....... (540) 829-1919

Hospital Affiliations:
- University of Virginia Medical Center

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Centreville..... (703) 573-0504
Fairfax....... (703) 573-0504
Gainesville... (703) 573-0504
Leesburg...... (703) 573-0504
Reston......... (703) 573-0504
Woodbridge.... (703) 573-0504

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Fredericksburg .. (540) 642-4970
Hayfield....... (540) 722-0550
Henderson.... (703) 481-5801
Leesburg....... (703) 724-4003

Townsend, Mark, MD
Danville

Farnville
Gretna.......... (434) 656-1717
Lynchburg..... (434) 200-5252
Moneta

Hospital Affiliations:
- Centra Lynchburg General Hospital
- Central Virginia Baptist Hospital
- VCU Health System/MCV

Tucker, Elliot M., MD
Norfolk........ (757) 668-7213

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Vance, Michael S., MD
Chesapeake ...... (757) 668-7584
Norfolk......... (757) 668-7213
Richmond...... (804) 285-1611
Virginia Beach .. (757) 668-7214

Hospital Affiliations:
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
- Sentara Williamsburg Regional Medical Center

Vergales, Jeffrey E., MD
Charlottesville... (434) 924-2201
Culpeper....... (540) 829-1919

Hospital Affiliations:
- University of Virginia Medical Center

Whitley, Herbert, MD
Christiansburg
Danville
Lexington
Lynchburg
Martinsville..... (276) 634-4400
Pearsburg.... (540) 921-6000
Roanoke....... (540) 224-4545
Rocky Mount... (540) 484-4800

Hospital Affiliations:
- Central Virginia Baptist Hospital

Pediatric Critical Care

Aneja, Rajesh, MD
Charlottesville... (434) 982-1707

Hospital Affiliations:
- UVA Culpeper Hospital
- University of Virginia Medical Center

Fine, Jenna Lee, DO
Norfolk......... (757) 668-7331

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Pandey, Rahul, MD
Roanoke ......... (540) 981-7000

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Smith, Clyde J., MD
Norfolk.......... (757) 668-7331

Hospital Affiliations:
- Children's Hospital of the King's Daughters
- University of Virginia Medical Center

Spaeder, Michael C, MD
Charlottesville... (434) 982-1707

Hospital Affiliations:
- University of Virginia Medical Center

Pediatric Dermatology

Burden, Julia G, MD
Chesapeake ...... (757) 668-8922
Norfolk......... (757) 668-8922
Suffolk......... (757) 668-8922
Virginia Beach .. (757) 668-8922

Hospital Affiliations:
- Sentara Hospital of the King's Daughters

Williams, Judith V., MD
Chesapeake
Newport News
Norfolk......... (757) 668-8922
Virginia Beach

Hospital Affiliations:
- Sentara Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Pediatric Developmental

Accardo, Pasquale, MD
Richmond......... (804) 231-7474

hospital Affiliations:
- University of Virginia Medical Center

Aiello, III, Frank, MD
Norfolk......... (757) 668-9222
Virginia Beach .. (757) 456-0505

Hospital Affiliations:
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Anderson, Susan Margret, MD
Charlottesville... (434) 924-5161

Brennan, Teresa, MD
Lynchburg........ (434) 845-8765

Davis, Beth E., MD
Charlottesville... (434) 924-5161
Orange............ (540) 661-3025

Hospital Affiliations:
- University of Virginia Medical Center

Frazier, Evelyn, MD
Charlottesville... (434) 218-0862

Hospital Affiliations:
- Bon Secours St. Marys Hospital

Frazier, Katheryn F., MD
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Hospital Affiliations:
- University of Virginia Medical Center

Gonzalez, Rose E, PhD
Charlottesville... (434) 924-8184

Hospital Affiliations:
- University of Virginia Medical Center

Intagliata, Valentina J, MD
Charlottesville... (434) 924-2345

Hospital Affiliations:
- University of Virginia Medical Center

Kerkering, Kathryn, MD
Richmond......... (804) 321-7474

Hospital Affiliations:
- Children's Hospital of the King's Daughters

Norwood Jr, Kenneth W., MD
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Hospital Affiliations:
- University of Virginia Medical Center

Pineda, Michole C.M., MD
Norfolk......... (540) 224-4520

Hospital Affiliations:
- University of Virginia Medical Center

Scharf, Rebecca J., MD
Charlottesville... (434) 924-2435

Hospital Affiliations:
- University of Virginia Medical Center

Stevenson, Richard D., MD
Charlottesville... (434) 924-5272

Pediatric Endocrinology

Burt Solorzano, Christine M., MD
Charlottesville... (434) 924-9144

Hospital Affiliations:
- University of Virginia Medical Center

Cuttriss, Nicolas L., MD
Roanoke ......... (540) 224-4445

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

DeBoer, Mark D., MD
Charlottesville... (434) 924-9144

Hospital Affiliations:
- University of Virginia Medical Center
Demartini, Susan M., MD
Charlottesville... (434) 243-4646
Hospital Affiliations:
University of Virginia Medical Center

Gyuricsko, Eric O., MD
Norfolk.......... (757) 668-7237
Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Heinez, Howard J, MD
Christiansburg... (540) 731-2611
Roanoke .......... (540) 224-4445
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Kochummen, Elna, MD
Richmond.......... (804) 287-7322
Hospital Affiliations:
Bon Secours Richmond Community Hospital
Bon Secours St. Marys Hospital

Mason, Kelly A, MD
Charlottesville... (434) 924-5272
Hospital Affiliations:
University of Virginia Medical Center

McDuffie, Marcia J., MD
Charlottesville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center

Rogol, Alan D., MD
Charlottesville... (434) 924-5956
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Virginia Beach General Hospital

Russell, Melissa L., MD, PhD
Norfolk.......... (757) 668-7237
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital

Satin-Smith, Marta L., MD
Newport News... (757) 668-7237
Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Lake Taylor Hospital

Schooler, Melissa J., MD
Charlottesville... (434) 924-5272
Hospital Affiliations:
University of Virginia Medical Center

Thomas, Mareen E., MD
Charlottesville... (434) 243-5500
Hospital Affiliations:
University of Virginia Medical Center
VCU Health System/VCU

Tintani, Francis, MD
Richmond.......... (804) 287-7322
Hospital Affiliations:
Bon Secours St. Marys Hospital

Pediatric ENT (Otolaryngology)

Darrow, David, MD
Norfolk.......... (757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Rohn, Reuben D., MD
Norfolk.......... (757) 668-7237
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Sentara Norfolk General Hospital

Dobratz, Eric John, MD
Norfolk.......... (757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Dorofi, David B., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Hood, Richard J., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Kalafsky, John T., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Karlofsky, John T., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Karolak, Daniel W., MD
Norfolk.......... (757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Moody Antonio, Stephanie, MD
Norfolk.......... (757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Raizman, Courtney JC, MD
Alexandria........ (703) 313-7700
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Shroyer, Michael N., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Rohn, Reuben D., MD
Norfolk.......... (757) 668-7237
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Sentara Lehigh Hospital

Sinacori, John T., MD
Norfolk.......... (757) 668-9327
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Atay, Orhan K., MD
Norfolk.......... (757) 668-9222
Hospital Affiliations:
Children’s Hospital of the King’s Daughters

Barnes, Barrett H., MD
Charlottesville... (434) 924-2457
Hospital Affiliations:
University of Virginia Medical Center

Borowitz, Stephen M, MD
Charlottesville... (434) 924-2457
Winchester.......... (540) 678-3950

Cordle, Richard A, MD
Martinsville.......... (276) 670-3300

Gabriel, Candice, MD
Norfolk.......... (757) 668-9915

Garin-Laflam, Monica Paz, MD
Christiansburg... (540) 985-9832

Reifschneider, Kent, MD
Norfolk.......... (757) 668-7237

Repske, David R, MD
Charlottesville... (434) 924-5272
Hospital Affiliations:
UVA HealthSouth Rehabilitation Hospital

Reynolds, Erica, MD
Christiansburg... (540) 731-2611
Roanoke .......... (540) 224-4545
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Rohn, Reuben D., MD
Norfolk.......... (757) 668-7237
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Lake Taylor Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Deutsch, Brian D., MD
Chesapeake ...... (757) 623-0526
Norfolk.......... (757) 623-0526
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters

Sentara Norfolk General Hospital
Specialists - Tier 1

Mendoza, Michael V., MD
Charlottesville... (434) 924-2457
Hospital Affiliations:
University of Virginia Medical Center

Middleton, Jeremy P., MD
Charlottesville... (434) 924-2457

Moore, Sean R., MD
Charlottesville... (434) 924-2457
Hospital Affiliations:
University of Virginia Medical Center

Mendoza, Michael V., MD
Charlottesville... (434) 924-2457

Olazagasti, Juan C., MD
Lynchburg
Martinsville
Roanoke .......... (540) 985-9832

Rountree, Carl B., MD
Midlothian......... (804) 739-6142
Richmond ........... (804) 893-8610
Hospital Affiliations:
Bon Secours St. Marys Hospital

Squires, James E., MD
Charlottesville... (434) 982-1707
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Squires, Robert H., MD
Charlottesville... (434) 924-0123
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Sutphen, James L., MD
Charlottesville... (434) 924-2457

Syed, Sana, MD
Charlottesville... (434) 982-1707
Hospital Affiliations:
UVA Culpeper Hospital
University of Virginia Medical Center

Tsou, V. Marc
Chesapeake ...... (757) 668-7240
Norfolk.......... (757) 668-7240
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Williams, Ted A., MD
Richmond......... (804) 893-8610
Hospital Affiliations:
Bon Secours St. Marys Hospital
Children's Hospital of Richmond of the VCU Health System
Chippenham Medical Center/Johnston-Wills Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital of Richmond
VCU Health System/VCV

Yokoi, Nancy, MD
Norfolk.......... (757) 668-7240

Haymarket....... (757) 284-3180
Hospital Affiliations:
University of Virginia Medical Center

Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Zeichner, Steven L., MD
Charlottesville... (434) 924-5321
Hospital Affiliations:
University of Virginia Medical Center - Transplants Only

Pediatric Genetics

Braddock, Stephen R., MD
Charlottesville... (434) 924-2665

Humberson, Jennifer B., MD
Charlottesville... (434) 924-2665
Hospital Affiliations:
University of Virginia Medical Center

Meadows, Teresa, MD
Norfolk.......... (757) 668-9723

Wilson, William G., MD
Charlottesville... (434) 924-2665
Hospital Affiliations:
Children's Hospital of the King's Daughters

Pediatric Hematology/ Oncology

De Alarcon, Pedro A., MD
Charlottesville... (434) 924-8499

Druzgal, Colleen H., MD
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Hospital Affiliations:
University of Virginia Medical Center

Dunsmore, Kimberly P., MD
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Roanoke .......... (540) 981-7376

Edwards, Erwood, MD
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Fernandes, Violet M., MD
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Lee III, Daniel W., MD
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Hospital Affiliations:
University of Virginia Medical Center

Lowe, Eric J., MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Massey, Gita V., MD
Richmond......... (804) 321-7474
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital VCU Health System/MCV

Moses, Emily S., MD
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Pediatric Hematology/ Oncology

De Alarcon, Pedro A., MD
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Druzgal, Colleen H., MD
Charlottesville... (434) 924-8499
Hospital Affiliations:
University of Virginia Medical Center

Dunsmore, Kimberly P., MD
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Roanoke .......... (540) 981-7376

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital VCU Health System/MCV

Moses, Emily S., MD
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Pediatric Infectious Disease

Cunnion, Kenji M., MD
Norfolk.......... (757) 668-7238
Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Fisher, Randall G., MD
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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pediatric Hematology/ Oncology

De Alarcon, Pedro A., MD
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Druzgal, Colleen H., MD
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Hospital Affiliations:
University of Virginia Medical Center

Dunsmore, Kimberly P., MD
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Roanoke .......... (540) 981-7376

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Hospital Affiliations:
University of Virginia Medical Center

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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital VCU Health System/MCV

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Pediatric Infectious Disease

Cunnion, Kenji M., MD
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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Fisher, Randall G., MD
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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Mitchell, Douglas K., MD
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Hospital Affiliations:
Children’s Hospital of the King’s Daughters
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Sass, Laura A., MD
Norfolk.......... (757) 668-7238
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Pediatric Intensive Care/ Critical Care

Carver, Deborah J., MD
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Cholis, Thomas J., MD
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Children's Hospital of the King's Daughters

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Bon Secours St. Marys Hospital
St. Mary's Hospital of Richmond

Durbin, Darcy Michelle, MD
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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Lehigh Hospital
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VCU Health System

VCU Health System/MCV
Specialists - Tier 1

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Southampton Memorial Hospital

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Hospital Affiliations:
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Ruppel, Randall Allen, MD
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Pediatric Neurology

Barcia, John P., MD
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Culpeper............ (540) 829-1919

Carmony, James B., MD
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Charlton, Jennifer R., MD
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Orange............ (540) 661-3025

Hospital Affiliations:
UVA HealthSouth Rehabilitation Hospital

Chevalier, Robert L., MD
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Guelich, Susan Fowler, MD
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Norwood, Victoria F., MD
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VCU Health System/MCV

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Pediatric Neurology

Alford, Alison, MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Daba, Mebratu, MD
Roanoke ............ (540) 985-8147

Hospital Affiliations:
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Enlow, Thomas C., MD
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Newport News ....... (757) 668-9920

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Children's Hospital of the King's Daughters

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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Sentara Lehigh Hospital

Sentara Norfolk General Hospital

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Hospital Affiliations:
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Hospital Affiliations:
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Augusta Medical Center

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Chippenham Medical Center/Johnston-Willis Hospital
Hennico Doctors' Hospital - Forest Campus

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Lake Taylor Hospital

Sentara Lehigh Hospital

Sentara Norfolk General Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Lake Taylor Hospital

Sentara Lehigh Hospital

Sentara Norfolk General Hospital

Pediatric Neurosurgery

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Children's Hospital of the King's Daughters

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Sentara Bayside Hospital

Sentara Lehigh Hospital

Sentara Norfolk General Hospital

Sentara Virginia Beach General Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Sentara Bayside Hospital

Sentara Lehigh Hospital

Sentara Norfolk General Hospital

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Sentara Leigh Hospital
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Hospital Affiliations:
Bon Secours St. Marys Hospital

Pediatric Specialist
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Brenner, Joel, MD
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Hospital Affiliations:
Children's Hospital of the King's Daughters

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Carilion New River Valley Medical Center
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Augusta Medical Center
Children's Hospital of the King's Daughters

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Children's Hospital of the King's Daughters
UVA Culpeper Hospital
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Children's Hospital of the King's Daughters

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Carilion Roanoke Memorial Hospital
Children's Hospital of the King's Daughters

Kees, Donald, MD
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Hospital Affiliations:
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Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Southampton Memorial Hospital

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Hospital Affiliations:
Children's Hospital of the King's Daughters

Leazer, Rianna C., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Specialists - Tier 1

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Hospital Affiliations:
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Hospital Affiliations:
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Specialists - Tier 1

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Hospital Affiliations:
Henrico Doctors’ Hospital - Retirement Campus
VCU Health System/MCV

Clanton, Samuel, MD
Midlothian.......... (804) 764-1001
Hospital Affiliations:
Sheltering Arms Rehabilitation Hospital

Colliver, Ethan B, DO
Blackburg........ (540) 443-3832

Covington, Chris, DO
Christiansburg... (540) 731-2000
Roanoke .......... (540) 981-7653
Vinton .......... (540) 265-6950

Dade, Rodney, MD
Alexandria....... (703) 738-4378
Centreville
Fairfax .......... (703) 560-8280
Harrisonburg .... (540) 434-1759
Haymarket ...... (703) 738-4384
Lynchburg ....... (434) 846-9170
Reston .......... (703) 738-4335
Woodbridge

Dervay, JoAnn W., MD
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Hospital Affiliations:
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Sentara Virginia Beach General Hospital

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Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Chesapeake Regional Medical Center
Centra Lynchburg General Hospital
Central Virginia Baptist Hospital

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Hospital Affiliations:
Chippenham Medical Center/Johnston-Willis Hospital
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Hospital Affiliations:
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Gitellato, Charles Matthew, MD
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Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center
Sheltering Arms Rehabilitation Hospital
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Hospital Affiliations:
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Hospital Affiliations:
Augusta Medical Center
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Hospital Affiliations:
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Chesapeake Medical Center
Sheltering Arms Rehabilitation Hospital
St. Mary’s Hospital

Hess, Christopher J, MD
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Staunton ........ (540) 213-6700

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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours Richmond Community Hospital
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital

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Lewis-Gale Medical Center

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Hospital Affiliations:
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Sentara Princess Anne Hospital
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Manassas .......... (703) 738-4375
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Sanderlin, James B., MD
Virginia Beach .... (757) 216-4030

Saveika, Joseph A., MD
Suffolk .......... (573) 539-0251

Sen, Devashish, MD
Fredericksburg .... (540) 361-1830

Shanbhag, Ashish, MD
Alexandria ....... (703) 738-4378
Arlington ......... (703) 738-4380
Fairfax ............ (703) 914-8000
Harrisonburg .... (540) 434-1759
Haymarket ......... (703) 738-4384
Lynchburg ......... (434) 846-9170
Reston ............ (703) 738-4335
Woodbridge ...... (703) 738-4371

Shelton, Cornell J, MD
Fredericksburg ... (540) 627-5161

Hospital Affiliations:
Mary Washington Hospital (MWH)

Optima Direct Network Providers January 2019

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<td>(757) 446-5915</td>
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<td>Zakaria, Hassan, MD</td>
<td>(804) 715-4709</td>
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<td>Chester</td>
<td>(804) 302-2255</td>
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<td><strong>Physical Therapist:</strong></td>
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<tr>
<td>Hancock, Chery A., PT</td>
<td>(434) 793-0700</td>
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<td>Danville</td>
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<td><strong>Plastic Surgery:</strong></td>
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<td>Aboutanos, Sharline, MD</td>
<td>(804) 285-4115</td>
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<td>Alsbaugh, John S., MD</td>
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<td>Asfa, Saled, MD</td>
<td>(540) 432-0303</td>
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<td>Benedetti, Jeremy A., MD</td>
<td>(434) 924-5078</td>
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<td>Charlotteville</td>
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Specialists - Tier 1

Virginia Beach... (757) 496-5556
Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Maryview Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Lin, Kant Y.K., MD
Merritt, Wyndell H., MD

2019

Johnston-Willis Hospital
Hospital Affiliations:
- Richmond... (804) 267-6009
- Midlothian... (804) 267-6009

Richmond... (804) 285-4115

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- St. Mary's Hospital

Ladoci IV, Lewis T., MD
Midlothian......... (804) 285-4115
Richmond.......... (804) 285-4115

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus

St. Mary's Hospital

Lewis, Richard G., MD
Midlothian......... (804) 267-6009
Richmond.......... (804) 267-6009

Hospital Affiliations:
- Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Retreat Campus

Lin, Kant Y.K., MD

Charlottesville... (434) 924-2528

Lofgren, Michael S., MD
Newport News... (757) 873-3500

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital

Lopes, Joanne M., MD
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Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital

Mancoll, John S., MD
Virginia Beach... (757) 305-9185

Hospital Affiliations:
- Sentara Obici Hospital

Merrell, J. Craig, MD
Suffolk............. (757) 673-6000

Hospital Affiliations:
- Sentara Obici Hospital

Merritt, Wyndell H., MD
Henrico.......... (804) 282-2112
Petersburg......... (804) 324-4511

Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center
- Bon Secours Richmond Community Hospital
- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus

Montante, Steven J, MD
Richmond......... (804) 615-7657

Hospital Affiliations:
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus

Morbia, Roshan Pradip, MD
Norfolk......... (757) 627-6000

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Chesapeake Regional Medical Center
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital

Morgan, Raymond F., MD
Charlottesville... (434) 924-2413

Hospital Affiliations:
- Augusta Medical Center

Moyer, Kurtis E., MD
Roanoke.......... (540) 224-5170

Hospital Affiliations:
- Carilion Roanoke Memorial Hospital

Omalley, Timothy, MD
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Stafford.......... (540) 371-1226

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Lynchburg......... (434) 384-0610

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Newport News... (757) 627-6700
Norfolk.......... (757) 627-6700
Virginia Beach... (757) 496-5556

Hospital Affiliations:
- Bon Secours DePaul Medical Center Inc
- Bon Secours Mary Immaculate Hospital
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Princess Anne Hospital
- Sentara Virginia Beach General Hospital

Schoemann, Mark, MD
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Hospital Affiliations:
- Carilion Roanoke Community Hospital
- Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
- Bon Secours Memorial Regional Medical Center

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- Sentara Northern Virginia Medical Center

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- Sentara Martha Jefferson Hospital

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Hospital Affiliations:
- Chesapeake Regional Medical Center

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Vienna............. (703) 740-8333

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- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Sinclair, Reps, MD

Hospital Affiliations:
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- Bon Secours Mary Immaculate Hospital
- Children's Hospital of the King's Daughters
- Sentara Leigh Hospital
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital

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- Sentara Martha Jefferson Hospital

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- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital

Zinser, John W., MD
Richmond......... (804) 474-9805

Hospital Affiliations:
- Bon Secours St. Marys Hospital
- Bon Secours Stuart Circle Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Retreat Campus
- St. Mary's Hospital of Richmond

Zwilkibauer, Michael F., MD
Hampton.......... (807) 873-3500

Hospital Affiliations:
- Bon Secours Mary Immaculate Hospital
- Sentara CarePlex Hospital

Podiatry

Agnew, Patrick, DPM
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Hospital Affiliations:
- Chesapeake Regional Medical Center
- Lake Taylor Hospital

Allen, Elaine, DPM
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Hospital Affiliations:
- Bon Secours St. Marys Hospital
Greenwood, Julie A., DPM
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Fidler, Corey M., DPM
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Rocky Mount ....... (540) 483-5277

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Carilion Franklin Memorial Hospital
Carilion Roanoke Memorial Hospital

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Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Farmville ............ (434) 392-6669

Gorenstein, Alex, DPM
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Purcellville ...... (540) 338-6994

Vienna ............... (703) 281-1108

Winchester .......... (540) 662-6822

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Winchester Medical Center

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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Hospital Affiliations:
Sentara Princess Anne Hospital

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Sheltering Arms Rehabilitation Hospital
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Sentara Leigh Hospital
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Culpeper .......... (540) 825-1350

Hastings, Charles, DPM
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Sentara Leigh Hospital
Sentara Norfolk General Hospital

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State Doctors' Hospital - Retreat Campus
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### Specialists - Tier 1

**Preventive Medicine**

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<td>Aharon, Nadia B., MD</td>
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**Pulmonary Medicine**

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<td>Morningstar General Hospital</td>
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</table>
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Winchester Medical Center
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- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
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- Sentara Princess Anne Hospital
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Pearsburg
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Wytheville.... (276) 227-0044

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- Page Memorial Hospital Inc
- War Memorial Hospital Inc
- Winchester Medical Center

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Tazewell......... (276) 988-8700
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- Carilion New River Valley Medical Center
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- Bon Secours Memorial Regional Medical Center
- Bon Secours St. Francis Medical Center
- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
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- Bon Secours Memorial Regional Medical Center
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- Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
- Henrico Doctors' Hospital - Forest Campus
- Henrico Doctors' Hospital - Parham Campus
- Henrico Doctors' Hospital - Retreat Campus
- Sheltering Arms Rehabilitation Hospital

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Hospital Affiliations: SOVAH Health - Danville

O'Reilly, Sean, MD
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Hospital Affiliations: Sentara Martha Jefferson Hospital

Ori, Jr., Timothy R., MD
Norfolk: (757) 446-5758
Hospital Affiliations: Sentara CarePlex Hospital

Pahwa, Suneeet, MD
Norfolk: (757) 484-5900
Hospital Affiliations: Bon Secours Maryview Medical Center

Pak, Edward S., DO
Hampton: (757) 827-2350
Hospital Affiliations: Sentara CarePlex Hospital

Pamirdedy, Prema M, MD
Farmville: (434) 394-3070
Lynchburg: (434) 947-3963
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital

Pate, Amit D., MD
Newport News: (757) 706-3481
Suffolk: (757) 975-8255
Williamsburg: (757) 707-3050
Hospital Affiliations: Bon Secours Maryview Medical Center

Patel, Anil N., MD
Norfolk: (757) 261-5977
Hospital Affiliations: Lake Taylor Hospital
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Patel, Anil, MD
Chesapeake: (757) 484-5900
Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Patel, Harsh, MD
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Hospital Affiliations: Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center

Patel, Manojkumar D., MD
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Hospital Affiliations: Bon Secours DePaul Medical Center Inc

Patel, Vandana A, MD
Chesapeake: (757) 484-5900
Hospital Affiliations: Bon Secours Maryview Medical Center

Peltz, Carrie, MD
North Chesterfield: (804) 320-4243
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Chippenham Medical Center/Johnston-Willis Hospital

Petersen, Agnieszka, MD
Virginia Beach: (757) 481-2515

Pierce, Fletcher N., MD
Hampton
Norfolk
Virginia Beach: (757) 363-6850
Hospital Affiliations: Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Lehigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Williamsburg Regional Medical Center

Plankel, John F, MD
Farmville: (434) 394-3070
Lynchburg: (434) 528-2194
Hospital Affiliations: Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital

Polsky, Michael, MD
North Chesterfield: (804) 320-4243
Hospital Affiliations: Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital

Pooyan, Payam, MD
Leesburg: (703) 856-9608
Reston: (703) 318-8157
Hospital Affiliations: Sentara Lehigh Hospital
Sentara Norfolk General Hospital

Price, Katherine M, MD
Midlothian: (804) 320-4243
Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital
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<td>Henrico Doctors’ Hospital - Forest Campus</td>
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<tr>
<td>Rajan, Sunil, MD</td>
<td>Henrico Doctors’ Hospital - Parham Campus</td>
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<td>Raj, Vishal, MD</td>
<td>Henrico Doctors’ Hospital - Retreat Campus</td>
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<tr>
<td>Ranganathan, Meera, MD</td>
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<td>Saltzman, Herbert A., MD</td>
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<td>Sarna, Pawanjit, MD</td>
<td>Henrico Doctors’ Hospital - Forest Campus</td>
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<td>Sayball, Kristyn, DO</td>
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**Optima Direct Network Providers**

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<td>Puryear, Douglas, MD</td>
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**Hospital Affiliations**
Bon Secours Maryview Medical Center
Satara Obici Hospital

Radiation Oncology
Adams, Bret R., MD
Pulaski ......... (540) 994-8545
Roanoke ......... (540) 982-0237
Salem ............ (540) 774-8660
Agbahiwe, Harold C., MD
Fairfax .......... (703) 924-39-450
Hospital Affiliations:
Novant Health UVA Health System
Prince William Medical Center
Ali, Mohammed Moinuddin, MD
Fredericksburg .. (540) 741-0655
Montross ........ (804) 493-8880
Stafford .......... (540) 741-7955
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/Johnston-Willis Hospital
Mary Washington Hospital (MWH)
Stafford Hospital Center

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Montross ........ (804) 493-8880
Stafford .......... (540) 741-7955
Hospital Affiliations:
Chippenham Medical Center
/Johnston-Willis Hospital
Mary Washington Hospital (MWH)
Stafford Hospital Center

Archie, Victor C., MD
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Newport News .. (757) 873-9400
Norfolk ......... (757) 213-5770
Suffolk ........ (757) 539-0670
Virginia Beach ... (757) 507-0425
Blevins, Judith C., MD
Suffolk .......... (757) 541-1400
Hospital Affiliations:
Bon Secours DePaul Medical Center
Inc Sentara Obici Hospital
Brady, Angela L., MD
Lynchburg ....... (434) 200-4010
Hospital Affiliations:
Centra Virginia Baptist Hospital
Centra Virginia Baptist Hospital
Brown, Marcus, MD
Richlands ....... (276) 596-6010
Buck, David A., MD
Pulaski .......... (888) 678-0622
Roanoke ........ (540) 982-0237
Salem ............ (540) 774-8660
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Crandley, Edwin F., MD
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Virginia Beach .. (757) 507-0425
Crimaldi II, Anthony J., MD
Charlottesville ... (434) 654-8125
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Driskill, Robert, MD
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Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
University of Virginia Medical Center
VCU Health System/MCV

Ehlan, Michael, MD
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Flax, Bruce L., MD
Winchester ....... (540) 662-1108
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Winchester Medical Center

Heath, Robert Charles, MD
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Roanoke .......... (540) 982-0237
Salem .......... (540) 774-8660
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Helms, III, Ernest L., MD
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Hilliard, Anita Joy, MD
Lynchburg ....... (434) 947-4010
Hospital Affiliations:
Centra Lynchburg General Hospital

Hong, Robert L., MD
Arlington ....... (703) 558-6284
Herndon .......... (703) 689-9330
Hospital Affiliations:
Virginia Hospital Center - Arlington

Huhn, Jennifer, DO
Fredericksburg .. (540) 741-0655
Hospital Affiliations:
Stafford Hospital Center

Janowski, Einsley Marie, MD
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Culpeper .......... (540) 829-2471
Hospital Affiliations:
University of Virginia Medical Center

Jones, Heather A., MD
Hampton .......... (757) 827-2430
Newport News .. (757) 873-9400
Norfolk .......... (757) 213-5770
Virginia Beach ... (757) 507-0425

Kang, Song K., MD
Hampton .......... (757) 827-2430
Newport News .. (757) 873-9400

Crandal, Pisca, MD

Crandley, Edwin F., MD
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Virginia Beach .. (757) 507-0425

Crimaldi II, Anthony J., MD
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Hospital Affiliations:
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Driskill, Robert, MD
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Hospital Affiliations:
Centra Lynchburg General Hospital
Centra Virginia Baptist Hospital
University of Virginia Medical Center
VCU Health System/MCV

Ehlan, Michael, MD
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Flax, Bruce L., MD
Winchester ..... (540) 662-1108
Hospital Affiliations:
Winchester Medical Center

Heath, Robert Charles, MD
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Roanoke .......... (540) 982-0237
Salem .......... (540) 774-8660
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Helms, III, Ernest L., MD
Danville ....... (434) 799-3866
Hilliard, Anita Joy, MD
Lynchburg ....... (434) 947-4010
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Herndon .......... (703) 689-9330
Hospital Affiliations:
Virginia Hospital Center - Arlington

Huhn, Jennifer, DO
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Hospital Affiliations:
Stafford Hospital Center

Janowski, Einsley Marie, MD
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Culpeper .......... (540) 829-2471
Hospital Affiliations:
University of Virginia Medical Center

Jones, Heather A., MD
Hampton .......... (757) 827-2430
Newport News .. (757) 873-9400
Norfolk .......... (757) 213-5770
Virginia Beach ... (757) 507-0425

Kang, Song K., MD
Hampton .......... (757) 827-2430
Newport News .. (757) 873-9400
Specialists - Tier 1

Norfolk............. (757) 213-5770
Virginia Beach.. (757) 368-0437
Hospital Affiliations:
Sentara CarePlex Hospital
Kowalchik, Kristin, MD
Winchester ......... (540) 662-1108
Hospital Affiliations:
Winchester Medical Center
Kunaprayoon, Dan, MD
Arlington .......... (703) 558-6284
Herndon .......... (703) 689-9330
Hospital Affiliations:
Reston Hospital Center
Lappinen, Eric K., MD
Virginia Beach .. (757) 388-3483
Virginia Beach .. (757) 395-8610
Lea, Joseph, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Lindsay, Beth H, MD
Danville ............. (434) 799-4495
Hospital Affiliations:
SOVAH Health - Danville
McCool, John K, MD
Pulaski .......... (888) 678-0632
Roanoke .......... (540) 982-0237
Salem .......... (540) 776-4160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Columbia Pulaski Community Hospital
Valleyside LewisGale Pulaski LewisGale Medical Center
Millar, Lara Bonner, MD
Norfolk.......... (757) 213-5770
Virginia Beach .. (757) 395-8610
Nasar, Nadim M., MD
Arlington .......... (703) 558-6284
Herndon .......... (703) 689-9330
Hospital Affiliations:
Virginia Hospital Center - Arlington
Ojomo, Karanita M., MD
Pulaski .......... (888) 678-0622
Roanoke .......... (540) 981-7377
Salem .......... (540) 776-4160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
LewisGale Medical Center
O'Neill, Michael, MD
Lynchburg ....... (434) 200-4010
Hospital Affiliations:
Centra Lynchburg General Hospital
Pennington, Joseph, MD
Mechanicsville .. (804) 330-9105
Midlothian .. (804) 330-9105
Richmond ........ (804) 330-9105
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
Prestidge, Bradley R., MD
Norfolk .......... (757) 278-2200
Suffolk .......... (757) 278-2200
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Quaranta, Brian, MD
Danville .......... (434) 799-4592
Hospital Affiliations:
SOVAH Health - Danville
Randolph II, David, MD
Portsmouth ...... (757) 278-2200
Hospital Affiliations:
Chesapeake Medical Center/Johnston-Wills Hospital
Randolph Sr., David M., MD
Petersburg ....... (804) 765-5850
Richmond ........ (804) 330-2164
Hospital Affiliations:
Southside Regional Medical Center
Readon, Kelli A., MD
Charlottesville ... (434) 982-0777
Hospital Affiliations:
University of Virginia Medical Center
Rogers, John W., MD
Pulaski .......... (888) 678-0622
Roanoke .......... (540) 982-0237
Salem .......... (540) 776-4160
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
LewisGale Medical Center
Shaves, Mark E., MD
Norfolk .......... (757) 388-3483
Virginia Beach .. (757) 507-0425
Hospital Affiliations:
Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital
Sibbes, Gregory, MD
Fairfax ............. (703) 934-4450
Sinetti, Mark S., MD
Newport News .. (757) 873-9400
Norfolk .......... (757) 213-5770
Suffolk .......... (757) 539-0670
Virginia Beach .. (757) 507-0425
Hospital Affiliations:
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital
Sentara Virginia Beach General Hospital
Smith, Norman J., MD
Winchester ...... (540) 662-1108
Hospital Affiliations:
Winchester Medical Center
Sun, Jason H., MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 776-3731
Leesburg .......... (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Sentara Northern Virginia Medical Center
Tisdale, Bernard A., MD
Arlington ....... (276) 258-1822
Hospital Affiliations:
Johnson Memorial Hospital
Trivette, George A., MD
Norfolk .......... (757) 278-2200
Hospital Affiliations:
Chesapeake Medical Center/Johnston-Wills Hospital
Williams, Scott, MD
Norfolk .......... (757) 388-3483
Virginia Beach .. (757) 507-0425
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Maryview Medical Center
Bon Secours St Marys Hospital
Chinault, John C., MD
Fredericksburg . (540) 786-5262
Hospital Affiliations:
Stafford Hospital Center
Chinault, John C., MD
Fredericksburg . (540) 786-5262
Hospital Affiliations:
Stafford Hospital Center
Goodchild, Nigel T, MD
Martinsville ...... (276) 666-7827
Hendrix, Sylvia S., MD
Charlottesville ... (434) 982-8125
Hetelekidis, Stella, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg .......... (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Fair Oaks Hospital
Inova Fairfax Hospital
Inova Fairfax Hospital
Inova Northern Virginia Medical Center
Kanani, Samir, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg .......... (703) 858-8850
Woodbridge ...... (703) 670-3349
Hospital Affiliations:
Inova Northern Virginia Medical Center
Kersh, Charles R., MD
Charlottesville ... (434) 924-5191
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center

Radiation Therapy

Arthur, Douglas W., MD
Richmond ....... (804) 200-7048
Hospital Affiliations:
Henrico Doctors' Hospital - Forest Campus
VCU Health System/VCU Medical Center
Bajaj, Gopal, MD
Fairfax ............. (703) 391-4250
Falls Church ...... (709) 996-4887
Leesburg .......... (703) 858-8850
Woodbridge ...... (703) 670-3349
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Williamsburg Regional Medical Center
Khandelwal, Shiv R., MD
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Augusta Medical Center
University of Virginia Medical Center

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Augusta Medical Center
Sentara RMH Medical Center

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Bon Secours St. Marys Hospital

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Sentara CarePlex Hospital

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Augusta Medical Center
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Augusta Medical Center

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Henrico Doctors' Hospital - Retreat Campus
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Children's Hospital of the King's Daughters
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

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Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

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Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
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Sentara Obici Hospital

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Inova Fairfax Hospital
Inova Fairfax Hospital
Sentara Northern Virginia Medical Center

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Chippenham Medical Center/
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John Randolph Medical Center
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Sentara Leigh Hospital

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Hospital Affiliations:
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University of Virginia Medical Center
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Marchena Mendez, Ivan A., MD
Newport News ... (757) 369-8138
Martin, Don R., MD
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Masri, Karim R, MD
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Hospital Affiliations:
  Fauquier Hospital
Miller, Andrew H.F., DO
Norfolk .......... (757) 261-5910
Hospital Affiliations:
  Sentara Bayside Hospital
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Mizelle, Kristi V., MD
Newport News ... (757) 595-4300
Morey, Lucia S., MD
Richmond .......... (804) 323-1401
Morisonu, Mihail, MD
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  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Marys Hospital
  Henrico Doctors' Hospital - Forest Campus
  St. Mary's Hospital
Nara, Haritha, MD
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  Inova Alexandria Hospital
  Inova Mount Vernon Hospital
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Hospital Affiliations:
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Odutola, Jennifer A., MD
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Purcellville .......... (703) 723-3398
Orolowski, Julianne S., DO
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Suffolk ............. (757) 483-2783
Hospital Affiliations:
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
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Rahbar, Laila, MD
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Reed, William W., MD
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  Bon Secours Maryview Medical Center
  Sentara Bayside Hospital
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
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Rice, Doris, MD
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  Bon Secours Maryview Medical Center
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Rolle, Anishka, MD
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Purcellville .......... (703) 723-3398
Sarehali, Shikha, MD
Midlothian
Hospital Affiliations:
  Southside Regional Medical Center
Sherwood, Janice C., MD
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Franklin .......... (757) 491-7359
Nassawadox ...... (757) 491-7359
Virginia Beach .. (757) 491-7359
Hospital Affiliations:
  Sentara Virginia Beach General Hospital
Shroff, Sharukh Darivs, MD
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Franklin .......... (757) 491-7359
Nassawadox ...... (757) 491-7359
Virginia Beach .. (757) 491-7359
Hospital Affiliations:
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Spring, Tammy R., MD
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Hospital Affiliations:
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parkham Campus
  Riverside Shore Memorial Hospital
Strachan, Michael J., MD
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Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parkham Campus
  St. Mary's Hospital
Sullivann, Neil M., MD
Norfolk
Hospital Affiliations:
  Sentara Bayside Hospital
  Sentara Leigh Hospital
  Sentara Norfolk General Hospital
Sutherland, James, MD
Richmond .......... (804) 354-5301
Hospital Affiliations:
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Retreat Campus
  St. Mary's Hospital
Turkiewicz, Witold A., MD
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Suffolk ............. (757) 483-2783
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  Prince William Medical Center

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  Chesapeake Regional Medical Center
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  Bon Secours Memorial Regional Medical Center
  Bon Secours St. Francis Medical Center
  Bon Secours St. Marys Hospital
  Chippenham Medical Center/Johnston-Willis Hospital
  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parkham Campus
  Sheltering Arms Rehabilitation Hospital
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  Henrico Doctors' Hospital - Forest Campus
  Henrico Doctors' Hospital - Parkham Campus
  Henrico Doctors' Hospital - Retreat Campus
  John Randolph Medical Center
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Richmond .......... (804) 673-8160
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Hardy ............. (540) 224-6954
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Roanoke
Hospital Affiliations:
  Carilion New River Valley Medical Center
Cho, Richard L, MD
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Hospital Affiliations:
  Reston Hospital Center
Currie, Randall, MD
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Hospital Affiliations:
  Mary Washington Hospital (MWH)
Davis, Eric M., MD
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Hospital Affiliations:
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Dhawan, Vandana, MD
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Speakers - Tier 1

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Roanoke
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Culpeper .......... (540) 321-4281
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Mary Washington Hospital (MWH)

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Hospital Affiliations:
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Hospital Affiliations:
Mary Washington Hospital (MWH)

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Hospital Affiliations:
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Southside Regional Medical Center

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Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors’ Hospital - Forest Campus

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Hospital Affiliations:
Sentara Virginia Beach General Hospital

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Johnson, Bruce E., MD
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Virginia Beach .. (757) 474-7455
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus

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Mary Washington Hospital (MWH)

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Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

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Hospital Affiliations:
Page Memorial Hospital Inc
War Memorial Hospital Inc
Winchester Medical Center

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Hospital Affiliations:
Bon Secours Maryview Medical Center

Murphy, Thomas M., MD
Winchester .......... (540) 536-8000
Hospital Affiliations:
Winchester Medical Center

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Bon Secours Memorial Regional Medical Center

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Lake Taylor Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Midlothian .......... (804) 595-1430
Richmond .......... (804) 673-8160
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center

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Hospital Affiliations:
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Inova Fairfax Hospital
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University of Virginia Medical Center

Thoracic and Cardiac Surgery

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Lewis-Gale Medical Center
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Roanoake .......... (540) 981-7000
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Bon Secours Memorial Regional Medical Center
Bon Secours St. Francis Medical Center
Bon Secours St. Marys Hospital
VCU Health System/MCV

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Hospital Affiliations:
SOVAH Health - Danville

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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Sentara Leigh Hospital
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Bon Secours Maryview Medical Center
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Sentara Leigh Hospital
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Hospital Affiliations:
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Southside Regional Medical Center
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Central Lynchburg General Hospital

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Hospital Affiliations:
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Sentara Leigh Hospital
Sentara Norfolk General Hospital
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University of Virginia Medical Center

Transplant Surgery

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Charlottesville... (434) 924-9559
Hospital Affiliations:
Centra Virginia Baptist Hospital

Bakane, Ramesh, MD
Charlottesville... (434) 924-8604
Hospital Affiliations:
Urology

Barnes, C Ryan, MD
Richmond.......... (804) 330-9105
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus
John Randolph Medical Center St. Mary's Hospital

Bauer, Brad L, MD
Abingdon......... (276) 258-3820
Marion............. (276) 783-5400
Hospital Affiliations:
Johnston Memorial Hospital

Beaman III, Charles, MD
Frederickburg... (540) 374-3131
Hospital Affiliations:
Mary Washington Hospital (MWI)
Stafford Hospital Center

Becker, Elmore J., MD
Richmond.......... (804) 330-9105
Stafford Hospital Center

Bender, Lawrence W., DO
Richlands......... (276) 596-6659
Hospital Affiliations:
Clinch Valley Medical Center

Berger, Bary M., MD
Harrisonburg..... (540) 689-5900
Lucas................ (540) 743-9087
Hospital Affiliations:
Sentara RMH Medical Center

Bokinsky, Gary B., MD
Richmond.......... (804) 330-9105
Hospital Affiliations:
Bon Secours St Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Healsouth Rehabilitation Hospital of Virginia
Henrico Doctors’ Hospital - Forest Campus
John Randolph Medical Center Sheltering Arms Rehabilitation Hospital St. Mary's Hospital

Boyle, Jr., Daniel E., MD
Chesapeake....... (757) 483-1403
Hospital Affiliations:
Bon Secours Maryview Medical Center

Bradford, Timothy J., MD
Richmond.......... (804) 330-9105

Brown, Robert D., MD
Midlothian.......... (804) 521-8700

Byrne, Michael D., MD
Richmond.......... (804) 330-9105
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St Francis Medical Center
Bon Secours St Marys Hospital Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors’ Hospital - Retreat Campus

Carbone, Joseph M., MD
Danville.......... (434) 792-1433
South Boston...... (434) 572-6565

Carey, Peter, MD
Frederickburg... (540) 374-3131
Stafford Hospital Center

Castle, William, MD
Emporia.......... (804) 200-7066
Kilmarnock

Boyt, John, MD
Richmond.......... (804) 521-8700

Chesson, John P, MD
Richmond.......... (804) 678-3867
Hospital Affiliations:
Winchester Medical Center

Chun, Judy L., MD
Richmond.......... (804) 639-5888
Hospital Affiliations:
Carilion New River Valley Medical Center
Carilion Roanoke Memorial Hospital
Montgomery Regional Hospital d/b/a LewisGale Montgomery

Clower, R. Dean, MD
Bedford.......... (540) 297-7181

Cook, Robert D., MD
Bedford.......... (540) 297-7181

Corbett, Sean T., MD
Charlottesville... (434) 924-9559
Culpeper.......... (540) 829-1919

Costabile, Raymond A, MD
Charlottesville... (434) 924-2224
Culpeper.......... (540) 829-1919

Cote, Eric P., MD
Mechanicsville... (804) 730-5023
Richmond.......... (804) 330-9105

Culp, Stephen H, MD
Charlottesville... (434) 924-2225
Fishersville....... (844) 472-8711

Darby, Eric C., MD
Newport News... (757) 873-2562

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**Specialists - Tier 1**

*Optima Direct Network Providers January 2019*
Whisnant, R. Andrew, MD
Roanoke .......... (540) 343-8066
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Whitworth, Claiborne G., MD
Charlottesville ... (434) 295-0184
Hospital Affiliations:
Sentara Martha Jefferson Hospital

Wikert, Gary, MD
Salem .......... (540) 772-3830
Hospital Affiliations:
Lewis-Gale Medical Center

Williams, Michael Brandon, MD
Hampton......... (757) 457-5100
Suffolk .......... (757) 457-5100
Virginia Beach .. (757) 452-3419
Hospital Affiliations:
Bon Secours Maryview Medical Center

Wright, Edward T., MD
Virginia Beach .. (757) 395-1600
Hospital Affiliations:
Virginia Beach General Hospital

Young, Jennifer, MD
Alexandria....... (703) 751-5055
Woodbridge ..... (703) 494-3309
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Young, James D., MD
Hampton
Suffolk .......... (757) 457-5100
Virginia Beach .. (757) 481-3556
Young, Jennifer, MD
Leesburg........ (703) 724-1195
Hospital Affiliations:
Reston Hospital Center

Zaki, Kareem A., MD
Galax ............. (276) 236-5187
Hospital Affiliations:
Twin Valley Regional Hospital

Zuckerman, Jack, MD
Christiansburg... (540) 731-2000
Hospital Affiliations:
Carilion New River Valley Medical Center

Vascular Surgery

Adams, Joshua D., MD
Roanoke ........... (540) 853-0100
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center
Ahanchi, Sadaf S., MD
Norfolk .......... (757) 622-2649
Suffolk .......... (757) 395-1600
Virginia Beach .. (757) 470-5570
Akirinlola, Ayo-Abinde, MD
Front Royal ..... (540) 636-0627
Winchester ...... (540) 536-6721
Hospital Affiliations:
Winchester Medical Center
Andre, Jason L., MD
Newport News .. (757) 397-2383

York, Jeffrey P., MD
Harrisonburg ..... (540) 689-5900
Luray .......... (540) 743-9087
Mount Jackson .. (540) 477-3185
Barber, Gregory A., MD
Norfolk .......... (757) 466-6513
Virginia Beach .. (757) 437-2885
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Blalock, Tara D., MD
Harrisonburg ..... (540) 689-5800
Luray .......... (540) 743-9087
Mount Jackson .. (540) 477-3185
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Virginia Beach .. (757) 437-2885
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center

Borkon, Matthew, MD
Winchester ...... (540) 536-6721
Hospital Affiliations:
Chesapeake Regional Medical Center

Busker, Linwood Paul, MD
Mechanicsville .. (804) 559-7634
Richmond ....... (804) 288-1953
Tappahannock ... (804) 443-9308
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital

Brandt, Colin T., MD
Roanoke .......... (540) 283-6000
Hospital Affiliations:
Carilion Roanoke Memorial Hospital
Lewis-Gale Medical Center

Vascular & Interventional Radiology

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Woodbridge ..... (703) 494-3309
Hospital Affiliations:
Sentara Northern Virginia Medical Center

Guyer, Adam G., MD
Roanoke .......... (540) 510-3324
Hospital Affiliations:
Lewis-Gale Medical Center

Jagait, Harvinder, MD
Culpeper .......... (540) 829-4145

Gainesville ...... (703) 753-4045
Haymarket ....... (717) 261-3300
Manassas ......... (703) 396-7669
Warrenton ..... (540) 316-4500
Hospital Affiliations:
Page Memorial Hospital Inc
Shenandoah Memorial Hospital Inc
UVA Culpeper Hospital
Winchester Medical Center

Lee, Llewellyn V., MD
Woodbridge ..... (703) 763-5224
Hospital Affiliations:
Carillion Franklin Memorial Hospital
Carillion Giles Community Hospital
Carillion New River Valley Medical Center
Carillion Roanoke Community Hospital
Carillion Roanoke Memorial Hospital
Carillion Stonewall Jackson Hospital
Carillion Tazewell Community Hospital

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Hospital Affiliations:
Sentara Northern Virginia Medical Center

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Hospital Affiliations:
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Washington, D.C.

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Norfolk .......... (757) 622-2649
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Winchester ...... (540) 536-6721
Hospital Affiliations:
Winchester Medical Center
Andre, Jason L., MD
Newport News .. (757) 397-2383

Hospital Affiliations:
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center

Arbid, Elias Joseph, MD
Fishersville ...... (540) 245-7380
Hospital Affiliations:
Augusta Medical Center
Bon Secours Maryview Medical Center
Sentara Obici Hospital

Balint, Tara D., MD
Harrisonburg ..... (540) 689-5800
Luray .......... (540) 743-9087
Mount Jackson .. (540) 477-3185
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Norfolk .......... (757) 466-6513
Virginia Beach .. (757) 437-2885
Hospital Affiliations:
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Hospital Affiliations:
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Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Conlee, Thomas Dodd, MD
Roanoke .......... (540) 224-4325
Hospital Affiliations:
Carillon Roanoke Memorial Hospital

DeMasi, Richard J., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Obici Hospital

Deschamplain, Michelle, MD
Virginia Beach .. (757) 437-2882
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Bon Secours Maryview Medical Center
Chesapeake Regional Medical Center
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital
Deshmukh, Deepak, DO
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Hospital Affiliations:
Sentara Virginia Beach General Hospital
Sentara Norfolk General Hospital

Dexter II, David, MD
Norfolk ....... (757) 395-1600
Virginia Beach .. (757) 470-5570
Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

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Roanoke ......... (540) 224-4325
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Roanoke .......... (540) 266-6438
Hospital Affiliations:
Carilion New River Valley Medical Center

Ferrante, Giovanni A, MD
Abingdon ........ (276) 258-1777
Norton .......... (276) 439-1490
Hospital Affiliations:
Johnston Memorial Hospital

Gayle, Robert G., MD
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Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
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Henrico Doctors’ Hospital - Retreat Campus
Sentara Bayside Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

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Virginia Beach .. (757) 470-5570
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Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Chesapeake Regional Medical Center
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Goff, Charles D., MD
Fishersville ...... (540) 245-7705
Hospital Affiliations:
Augusta Medical Center

Hancock, Susan, MD
Newport News .. (757) 873-0138
Hospital Affiliations:
Bon Secours Mary Immaculate Hospital

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Roanoke .......... (540) 224-4325
Hospital Affiliations:
Carilion Roanoke Memorial Hospital

Hill, Stephen L., MD
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Hospital Affiliations:
Carilion Roanoke Memorial Hospital

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Hospital Affiliations:
Winchester Medical Center

Koenig, Frank, MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)
Stafford Hospital Center

Landis, Michael E., MD
Virginia Beach .. (610) 525-5120
Williamsburg .... (757) 345-4460
Hospital Affiliations:
Sentara CarePlex Hospital
Sentara Williamsburg Regional Medical Center

Leake, Andrew, MD
Richmond ....... (804) 288-1953
Hospital Affiliations:
Bon Secours St. Francis Medical Center
Bon Secours St Marys Hospital

Ligush Jr., John, MD
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Hospital Affiliations:
Chimpanzee Hospital/
Johnston-Willis Hospital

Malgor, Emily, MD
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Hospital Affiliations:
Sentara Princess Anne Hospital

Malgor, Rafael, MD
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Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Marcinezyk, Michael J., MD
Nassawadox ..... (757) 622-2649
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Children’s Hospital of the King’s Daughters
Riverside Shore Memorial Hospital
Sentara CarePlex Hospital

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Hospital Affiliations:
Chesapeake Regional Medical Center
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Princess Anne Hospital
Sentara Virginia Beach General Hospital

Mendez-Pleón, Gerardo, MD
Richmond ....... (804) 968-4435
Hospital Affiliations:
Henrico Doctors’ Hospital - Forest Campus
Henrico Doctors’ Hospital - Parham Campus
Henrico Doctors’ Hospital - Retreat Campus

Montgomery, Gregory F., MD
Harrisonburg .... (540) 689-5800
Virgil .......... (540) 743-9087
Mount Jackson .... (540) 477-3185
Hospital Affiliations:
Augusta Medical Center
Sentara RMH Medical Center

Moore, Jason R., MD
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Hospital Affiliations:
Sentara RMH Medical Center

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Hampton .......... (757) 736-7250
Newport News .. (757) 736-9302
Norfolk .......... (757) 622-2649
Virginia Beach .. (757) 470-5570
Williamsburg .... (757) 345-4460
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Bon Secours Mary Immaculate Hospital
Sentara CarePlex Hospital

Mukherjee, Avik, MD
Chesapeake ...... (757) 436-1005
Hospital Affiliations:
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Parent, Fernand Noel, MD
Virginia Beach .. (757) 470-5570
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Chesapeake Regional Medical Center
Riverside Shore Memorial Hospital
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital

Podolsky, Robert, MD
Reston ............ (571) 375-7174
Hospital Affiliations:
Reston Hospital Center

Raju, Ashish, MD
Blacksburg ...... (540) 731-7000
Christiansburg ... (540) 731-7000
Pearsburg ...... (540) 921-2158
Radford ............ (540) 633-6533
Wytheville ....... (540) 731-7000
Hospital Affiliations:
Carilion Giles Community Hospital

Rathore, Animesh, MD
Norfolk .......... (757) 622-2649
Virginia Beach .. (757) 395-1600
Hospital Affiliations:
Sentara Princess Anne Hospital

Robinson, William P, MD
Charlottesville ... (434) 243-4520
Fishersville
Zion Crossroads (434) 243-9466
Hospital Affiliations:
University of Virginia Medical Center

Ross, Raymond Thomas, MD
Colonial Heights (804) 524-2294
Hospital Affiliations:
Southside Regional Medical Center

Sahgal, Avisesh, MD
Reston ............ (571) 375-7174
Hospital Affiliations:
Reston Hospital Center
StoneSprings Hospital Center

Schulz, Manuela, MD
Hampton .......... (757) 736-7250
Specialists - Tier 1

Upchurch, Gilbert, MD
Charlottesville ... (434) 243-6333
Hospital Affiliations:
University of Virginia Medical Center

Warner, Marc T, MD
Richmond .......... (804) 288-1953
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/VCV

Williams, Carlin A., MD
Charlottesville ... (434) 243-1000
Hospital Affiliations:
Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Sentara Bayside Hospital
Sentara CarePlex Hospital
Sentara Leigh Hospital
Sentara Norfolk General Hospital
Sentara Virginia Beach General Hospital

Wright, Antwana, MD
Richmond ....... (804) 320-2705
Hospital Affiliations:
Bon Secours Memorial Regional Medical Center
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
Henrico Doctors' Hospital - Retreat Campus
St. Mary's Hospital
VCU Health System/VCV

Yoder, Duncan P., MD
Norfolk ............ (757) 622-2649
Hospital Affiliations:
Sentara Princess Anne Hospital

Zimmerman, Barklie W., MD
Richmond .......... (804) 968-4435
Hospital Affiliations:
Bon Secours St. Marys Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital

Wound Medicine

Crossland, Stephen, MD
Richmond .......... (804) 254-9784

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Advanced Heart Failure & Transplant

Cooke, Richard, MD
Richmond .......... (804) 628-4327
Hospital Affiliations:
       VCU Health System/MCV

Rao, Krishnasree K, MD
Richmond .......... (804) 828-0192
Williamsburg ..... (757) 220-1246
Hospital Affiliations:
       VCU Health System/MCV

Hospital Affiliations:
       VCU Health System/MCV

Shah, Keyur, MD
Richmond .......... (804) 628-4327
Hospital Affiliations:
       VCU Health System/MCV

Smallfield, Melissa, MD
Richmond .......... (804) 828-7626
Hospital Affiliations:
       VCU Health System/MCV

Allergy & Immunology

Ward, Brant R, MD
Richmond .......... (804) 828-2161
Hospital Affiliations:
       VCU Health System/MCV

Audiology

Fowler, Bridgette A., AUD
Richmond .......... (804) 828-0431
Hospital Affiliations:
       VCU Health System/MCV

Keesee, Ann, AUD
Richmond .......... (804) 828-0431
Hospital Affiliations:
       VCU Health System/MCV

Stoots, Sheri L., AUD
Richmond .......... (804) 628-4368
Hospital Affiliations:
       VCU Health System/MCV

Cardiology

Phillips, Stephen G., MD
Richmond .......... (804) 828-0192
Hospital Affiliations:
       VCU Health System/MCV

Cardiothoracic Surgery

Kasirajan, Vineshwar, MD
Richmond .......... (804) 828-9298
Hospital Affiliations:
       VCU Health System/MCV

Levy, Mark M., MD
Richmond .......... (804) 828-9313
Hospital Affiliations:
       VCU Health System/MCV

Makoul, Raymond G., MD
Richmond .......... (804) 828-7749
Hospital Affiliations:
       VCU Health System/MCV

Nicolo, Patricia, DO
Richmond .......... (804) 828-9313
Hospital Affiliations:
       Bon Secours DePaul Medical Center Inc
       Bon Secours St. Marys Hospital
       Southside Regional Medical Center
       VCU Health System/MCV

Quader, Mohammed, MD
Richmond .......... (804) 828-4620
Hospital Affiliations:
       VCU Health System/MCV

Tang, Daniel, MD
Richmond .......... (804) 828-4620
Hospital Affiliations:
       Novant Health UVA Health System
       Prince William Medical Center

Cardiovascular Disease

Abbate, Antonio, MD
Richmond .......... (804) 828-7700
Hospital Affiliations:
       VCU Health System/MCV

Ashley, Phoebe, MD
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Hospital Affiliations:
       VCU Health System/MCV

Bhardwaj, Hem L., MD
Richmond .......... (804) 628-4327
Hospital Affiliations:
       VCU Health System/MCV

Cowley, Michael J., MD
Richmond .......... (804) 828-9205
Hospital Affiliations:
       VCU Health System/MCV

Denlinger, Bethany L., MD
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Hospital Affiliations:
       VCU Health System/MCV

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Colonial Heights (804) 526-0682
Hospital Affiliations:
       Chippenham Medical Center/
       Johnston-Willis Hospital
       Southern Virginia Regional Medical Center
       Southside Regional Medical Center
       VCU Health System/MCV

Gazman, Luis A., MD
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Hospital Affiliations:
       VCU Health System/MCV

Hundley, William G., MD
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Hospital Affiliations:
       VCU Health System/MCV

Lesnfsky, Edward, MD
Richmond .......... (804) 828-9198
Hospital Affiliations:
       VCU Health System/MCV

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Marwaha, Vijay, MD
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Hospital Affiliations:
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       VCU Health System/MCV

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       Chippenham Medical Center/
       Johnston-Willis Hospital
       Southern Virginia Regional Medical Center
       Southside Regional Medical Center
       VCU Health System/MCV

Thomas, Deepak, MD
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Hospital Affiliations:
       VCU Health System/MCV

Critical Care Medicine

Czekajlo, Michael, MD
Richmond .......... (804) 828-9160
Hospital Affiliations:
       VCU Health System/MCV

Debesa, Orlando, DO
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Falucci, Octavio, MD
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       VCU Health System/MCV
       VCU Health System/MCV

Hogan, Christopher, MD
Richmond .......... (804) 828-7738
Hospital Affiliations:
       VCU Health System/MCV

Kashiouris, Markos, MD
Richmond .......... (804) 828-9084
Hospital Affiliations:
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Clinical Cardiac Electrophysiology

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       Henrico Doctors’ Hospital - Forest
       Campus
       St. Mary’s Hospital
       VCU Health System/MCV

Huiar, Jose F, MD
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Hospital Affiliations:
       VCU Health System/MCV

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Williamsburg ...... (757) 220-1246
Hospital Affiliations:
       Henrico Doctors’ Hospital - Forest
       Campus
       VCU Health System/MCV

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Hospital Affiliations:
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Hospital Affiliations:
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Padala, Santosh K., MD
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Hospital Affiliations:
       VCU Health System/MCV

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Hospital Affiliations:
       Bon Secours St. Marys Hospital
       St. Mary’s Hospital
       VCU Health System/MCV

Child Abuse (Pediatrics)

Barto, Judith A., MD
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Hospital Affiliations:
       Bon Secours St. Marys Hospital
       St. Mary’s Hospital
       VCU Health System/MCV
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Richmond......... (804) 828-2207  
Hospital Affiliations:  
VCU Health System/MCV

Lee, Peter M, MD  
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Hospital Affiliations:  
VCU Health System/MCV

Rossi, Alan P, MD  
Richmond......... (804) 827-1207  
Hospital Affiliations:  
VCU Health System/MCV

Seaman, Renee, NP  
Richmond......... (804) 827-1207  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Turlington, Jeremy S., MD  
Richmond......... (804) 828-9361  
Hospital Affiliations:  
St Mary’s Hospital of Richmond

Yavuz, Sahzene, MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters Sentara Leigh Hospital

Salkey, Kimberly S, MD  
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Children's Hospital of the King's Daughters Sentara Norfolk General Hospital

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Heurico Doctors' Hospital - Retreat Campus

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Hospital Affiliations:  
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Hospital Affiliations:  
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Callahan, Shields W, MD  
Richmond......... (804) 828-9595  
Hospital Affiliations:  
VCU Health System/MCV

Conologue, Theresa, DO  
Fredericksburg . (540) 899-1600  
Hospital Affiliations:  
Mary Washington Hospital (MWH)

Haught, Justin M, MD  
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Hospital Affiliations:  
VCU Health System/MCV

Johnson, Lydia J, MD  
Richmond......... (804) 560-8919  
Hospital Affiliations:  
Heurico Doctors' Hospital - Retreat Campus

Nunley, Julia, MD  
Richmond......... (804) 828-9595  
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Parlette, Eric, MD  
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Salkey, Kimberly S, MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters Sentara Leigh Hospital

Bickston, Stephen J., MD  
Richmond......... (804) 828-92161  
Hospital Affiliations:  
VCU Health System/MCV

Kim, Christin, MD  
Richmond......... (804) 828-2207  
Hospital Affiliations:  
VCU Health System/MCV

Lee, Peter M, MD  
Richmond......... (804) 828-9084  
Hospital Affiliations:  
VCU Health System/MCV

Rossi, Alan P, MD  
Richmond......... (804) 827-1207  
Hospital Affiliations:  
VCU Health System/MCV

Seaman, Renee, NP  
Richmond......... (804) 827-1207  
Hospital Affiliations:  
Bon Secours St. Francis Medical Center

Turlington, Jeremy S., MD  
Richmond......... (804) 828-9361  
Hospital Affiliations:  
St Mary’s Hospital of Richmond

Yavuz, Sahzene, MD  
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Hospital Affiliations:  
Children's Hospital of the King's Daughters Sentara Norfolk General Hospital

Asfaw, Mahdere, MD  
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Hospital Affiliations:  
VCU Health System/MCV

Blake, Brett, MD  
Richmond......... (804) 560-8919  
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Blaylock, Kenneth, MD  
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Richmond......... (804) 560-8919  
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Richmond......... (804) 828-9595  
Hospital Affiliations:  
Children's Hospital of the King's Daughters Sentara Leigh Hospital

Bickston, Stephen J., MD  
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Hospital Affiliations:  
VCU Health System/MCV

Yavuz, Sahzene, MD  
Richmond......... (804) 828-9595  
Hospital Affiliations:  
Children's Hospital of the King's Daughters Sentara Norfolk General Hospital
### General Surgery

- **Vachhani, Ravi, MD**
  - Richmond, VA (804) 824-4060
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Levy, Marlon F, MD**
  - Richmond, VA (804) 828-4060
  - Hospital Affiliations: VCU Health System/MCV

- **Larson, Robert A, MD**
  - Richmond, VA (804) 828-9308
  - Hospital Affiliations: VCU Health System/MCV

- **Kauder, Donald, MD**
  - Richmond, VA (804) 828-3134
  - Hospital Affiliations: VCU Health System/MCV

- **Goldberg, Stephanie, MD**
  - Richmond, VA (804) 827-0144
  - Hospital Affiliations: VCU Health System/MCV

- **Bhati, Chandra, MD**
  - Richmond, VA (804) 828-4060
  - Hospital Affiliations: VCU Health System/MCV

- **Baldwin, Kiyanda, MD**
  - Richmond, VA (804) 828-9325
  - Hospital Affiliations: VCU Health System/MCV

- **Anand, Rahul, MD**
  - Richmond, VA (804) 828-4060
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Vachhani, Ravi, MD**
  - Richmond, VA (804) 824-4060
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

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### Hospital Affiliations

- **Maluf, Daniel G, MD**
  - Richmond, VA (804) 828-4104
  - Hospital Affiliations: University of Virginia Medical Center/VCU Health System/MCV

- **Miller, Thomas, MD**
  - Richmond, VA (804) 828-1875
  - Hospital Affiliations: Mary Washington Hospital (MWH)/Stafford Hospital Center

- **Narayana, Avinash, DO**
  - Fredericksburg, VA (540) 741-2865
  - Hospital Affiliations: Mary Washington Hospital (MWH)

- **Phan, Giao Q, MD**
  - Richmond, VA (804) 628-8612
  - Hospital Affiliations: VCU Health System/MCV

- **Procter, Levi D, MD**
  - Richmond, VA (804) 828-7389
  - Hospital Affiliations: VCU Health System/MCV

- **Ramia, Rony, MD**
  - Fredericksburg, VA (540) 374-3290
  - Hospital Affiliations: Mary Washington Hospital (MWH)

- **Reichman, Trevor, MD**
  - Richmond, VA (804) 828-4104
  - Hospital Affiliations: VCU Health System/MCV

- **Rivet, Emily B, MD**
  - Richmond, VA (804) 327-8001
  - Hospital Affiliations: Bon Secours Maryview Medical Center/Bon Secours Memorial Regional Medical Center/Bon Secours St. Francis Medical Center/Bon Secours St. Marys Hospital Chippenham Medical Center/Henrico Doctors' Hospital - Forest Campus/Henrico Doctors' Hospital - Retreat Campus/VCU Health System/MCV

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### Hospital Affiliations

- **Boikos, Sosipatros, MD**
  - Richmond, VA (804) 828-3134
  - Hospital Affiliations: VCU Health System/MCV

- **Baker, Jr, Sherman, MD**
  - Richmond, VA (804) 358-6180
  - Hospital Affiliations: VCU Health System/MCV

- **Carter, Jori, MD**
  - Richmond, VA (804) 828-9080
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital/VCU Health System/MCV

- **Salluzzo, Jennifer, MD**
  - Fredericksburg, VA (540) 741-2855
  - Hospital Affiliations: Mary Washington Hospital (MWH)

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### Hospital Affiliations

- **Poklepovic, Andrew, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Geyer, Jr, Charles E, MD**
  - Richmond, VA (804) 828-9723
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Ginder, Gordon, MD**
  - Richmond, VA (804) 828-8337
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Gordon, Sarah W, DO**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Grant, Steven X, MD**
  - Richmond, VA (804) 828-8337
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Grossman, Steven R, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Hackney, Mary Helen, MD**
  - Richmond, VA (804) 828-9992
  - Hospital Affiliations: Southern Virginia Regional Medical Center/VCU Health System/MCV

### Hospital Affiliations

- **Holkova, Beata, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Kaplan, Brian J, MD**
  - Richmond, VA (804) 828-3134
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Matin, Khalid, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **McCarty, John M, MD**
  - Richmond, VA (804) 828-9723
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Myers, Jennifer, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Patel, Bhaumik, MD**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Patel, Shejal, DO**
  - Richmond, VA (804) 828-7999
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Paul, Asit, MD**
  - Richmond, VA (804) 828-9119
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Perkins, Edward B, MD**
  - Richmond, VA (804) 560-8920
  - Hospital Affiliations: Southern Virginia Regional Medical Center/VCU Health System/MCV

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### Hospital Affiliations

- **Proktor, Levi D, MD**
  - Richmond, VA (804) 828-7389
  - Hospital Affiliations: VCU Health System/MCV

### Hospital Affiliations

- **Proctor, Levi D, MD**
  - Richmond, VA (804) 828-7389
  - Hospital Affiliations: VCU Health System/MCV

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### Hospital Affiliations

- **Fang, Tzann, MD**
  - Richmond, VA (804) 828-9080
  - Hospital Affiliations: Chippenham Medical Center/Johnston-Willis Hospital/VCU Health System/MCV

- **Levitt, Dafna, MD**
  - Richmond, VA (804) 828-7389
  - Hospital Affiliations: VCU Health System/MCV

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### Hospital Affiliations

- **Welin, James, MD**
  - Richmond, VA (804) 827-0708
  - Hospital Affiliations: VCU Health System/MCV

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</table>
Specialists - Tier 2

Ross, Masey M, MD
Richmond........ (804) 327-3055
Hospital Affiliations:
VCU Health System/MCV

Shafer, Danielle, DO
Richmond........ (804) 828-7999
Hospital Affiliations:
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Simmons, Gary, DO
Richmond........ (804) 828-4360
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Toor, Amir, MD
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Vachhani, Hetal, MD
Richmond........ (804) 828-7999
Hospital Affiliations:
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Yazbeck, Victor, MD
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Infectious Disease

Ali, Awol, MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Bearman, Gonzalo, MD
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Bernstein, Norman D., MD
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Mary Washington Hospital (MWH)

Beydoun, Karen, MD
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Cecil, Jane A., MD
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Chang, Fu-Yu, MD
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De La Cruz, Oveimar, MD
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Bon Secours DePaul Medical Center Inc
Children's Hospital of the King's Daughters
Mary Washington Hospital (MWH)
Sentara Leigh Hospital
Sentara Norfolk General Hospital
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Mary Washington Hospital (MWH)
Kerckering, Thomas, MD
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Hospital Affiliations:
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Hospital Affiliations:
Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
St. Mary's Hospital
VCU Health System/MCV
Nixon, Daniel E., DO
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Hospital Affiliations:
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Raybould, Jillian E., MD
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Hospital Affiliations:
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Hospital Affiliations:
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Stevens, Michael P., MD
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Internal Medicine Specialist

Bohannon, Arline, MD
Richmond........ (804) 828-9726
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Dow, Alan, MD
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Keiser, Jessica, MD
Richmond........ (804) 828-3144

Masters, Heather Susan, MD
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Mumpower, Rebecca Yvonne, MD
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Bon Secours St. Marys Hospital
Chippenham Medical Center/Johnston-Willis Hospital
Henrico Doctors' Hospital - Forest Campus
Mary Washington Hospital (MWH)
Stafford Hospital Center

Medical Oncology

McGuire, William P, MD
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Hospital Affiliations:
VCU Health System/MCV

Neonatology

Abdallah, Adel, MD
Richmond........ (804) 320-3911
Hospital Affiliations:
VCU Health System/MCV

Astoria, Mark T., MD
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Hospital Affiliations:
Bon Secours St. Marys Hospital
VCU Health System/MCV

Bhatt, Darshna C., DO
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Hospital Affiliations:
VCU Health System/MCV

Chahin, Nayeef, MD
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Chaker El Khoury, Joseph, MD
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Chaker El Khoury, Joseph, MD
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Hospital Affiliations:
VCU Health System/MCV

Chapman, Alison, MD
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Fennel, John, MD
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Fox, Jenny, MD
Richmond........ (804) 320-3911
Hospital Affiliations:
VCU Health System/MCV

Greenberg, David, MD
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Hospital Affiliations:
VCU Health System/MCV

Hendricks-Munoz, Karen, MD
Richmond........ (804) 628-7337
Mohammed, Tazuddin A., MD
Richmond.......... (804) 828-9964
Hospital Affiliations:
VCU Health System/MCV

Moore, Russell, MD
Richmond.......... (804) 828-9602
Hospital Affiliations:
VCU Health System/MCV

Rozycki, Henry J., MD
Richmond.......... (804) 828-9966
Hospital Affiliations:
VCU Health System/MCV

Sequeira, Deryk C, MD
Richmond.......... (804) 828-2467
Hospital Affiliations:
Centra Lynchburg General Hospital
VCU Health System/MCV

Nephrology

DiGiovanni, Susan R., MD
Richmond.......... (804) 828-9682
Hospital Affiliations:
VCU Health System/MCV

Fatani, Yahya Imran F., MD
Richmond.......... (804) 828-9224
Hospital Affiliations:
VCU Health System/MCV

Gehr, Todd W.B., MD
Richmond.......... (804) 828-8900
Hospital Affiliations:
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Gipson, Graham T, MD
Richmond.......... (804) 828-2161
Hospital Affiliations:
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Gizaw, Andinet B., MD
Richmond.......... (804) 828-2161
Hospital Affiliations:
VCU Health System/MCV

Gupta, Gaurav, MD
Richmond.......... (804) 828-4104
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Haines, Scott, MD
Richmond.......... (804) 828-4806
Hospital Affiliations:
VCU Health System/MCV

Kamal, Layla G, MD
Richmond.......... (804) 828-4104
Hospital Affiliations:
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Kidd, Jason, MD
Richmond.......... (804) 828-9632
Hospital Affiliations:
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King, Anne L., MD
Richmond.......... (804) 828-4104
Hospital Affiliations:
VCU Health System/MCV

Kumar, Dhiren, MD
Richmond.......... (804) 828-9682
Hospital Affiliations:
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Ripley, Elizabeth B.D., MD
Richmond.......... (804) 828-9682
Hospital Affiliations:
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Sica, Domenic A., MD
Richmond.......... (804) 828-9682
Hospital Affiliations:
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Vinnikova, Anna, MD
Richmond.......... (804) 231-9888
Hospital Affiliations:
VCU Health System/MCV

Neurological Surgery

Bell, Randy S., MD
Frederickburg .......... (540) 374-3200
Hospital Affiliations:
Mary Washington Hospital (MWH)

Broadus, William C., MD
Richmond.......... (804) 828-9165
Hospital Affiliations:
VCU Health System/MCV

Cameren, Brian, MD
Richmond.......... (804) 828-9165
Hospital Affiliations:
VCU Health System/MCV

Cirivello, Michael, MD
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Collins, John J, MD
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Hospital Affiliations:
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Davidson, Laurence, MD
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Hospital Affiliations:
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Stafford Hospital Center

Ghilooky, Jonathan, MD
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Hospital Affiliations:
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Stafford Hospital Center

Graham, R. Scott, MD
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Hospital Affiliations:
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Holloway, Kathryn L., MD
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Hospital Affiliations:
VCU Health System/MCV

Ikeda, Daniel, MD
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Hospital Affiliations:
Mary Washington Hospital (MWH)

Stafford Hospital Center

Machinis, Theofilos, MD
Richmond.......... (804) 828-9165
Hospital Affiliations:
Centra Lynchburg General Hospital

Neurology

Alattar, Maha, MD
Richmond.......... (804) 323-2255
Hospital Affiliations:
Mary Washington Hospital (MWH)

VCU Health System/MCV

Baron, Mark, MD
Richmond.......... (804) 828-9350
Hospital Affiliations:
VCU Health System/MCV

Baylee, Ahmad, MD
Richmond.......... (804) 828-9244

Bekenstein, Jonathan, MD
Richmond.......... (804) 828-9350
Hospital Affiliations:
VCU Health System/MCV

Bhatti, Mohammed, MD
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Hospital Affiliations:
Lewis-Gale Medical Center
Mary Washington Hospital (MWH)

Chen, Zhijian, MD
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Hospital Affiliations:
VCU Health System/MCV

Chhabra, Arun, MD
Frederickburg ........ (540) 899-1354
Hospital Affiliations:
VCU Health System/MCV

Stafford Hospital Center

Cloud, Leslie J., MD
Richmond.......... (804) 662-9185

Hospital Affiliations:
VCU Health System/MCV

Crouse, Sandra, MD
Frederickburg ........ (540) 899-1354
Hospital Affiliations:
Mary Washington Hospital (MWH)

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Hospital Affiliations:
VCU Health System/MCV
<table>
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<th>Name</th>
<th>Affiliation</th>
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<td>Vota, Scott, DO</td>
<td>Richmond ............................................. (804) 828-9350</td>
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<td>Gupta, Pranay, MD</td>
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<td>Frankenhoff, Jessica, MD</td>
<td>Richmond ............................................. (804) 828-7051</td>
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<td>Makedy, Jason, MD</td>
<td>Richmond ............................................. (540) 899-1354</td>
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<td>Malkin, Mark, MD</td>
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<td>Mehdiratta, Prachi, MD</td>
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<td>Nagaraja Gowda, Soundarya, MD</td>
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<td>Nasser, Kussay, MD</td>
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<td>Oh, Unsong, MD</td>
<td>Richmond ............................................. (804) 828-9350</td>
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<td>Pearson, Kathleen, MD</td>
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<td>Smith, Albert G, MD</td>
<td>Henrico .............................................. (804) 828-9350</td>
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<td>Snider, Jonathan, MD</td>
<td>Henrico .............................................. (804) 360-4669</td>
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<td>Taylor, John R, MD</td>
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<td>Temesgen, Frehiwot, MD</td>
<td>Fredericksburg .................................... (540) 899-1354</td>
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<td>Hospital Affiliations:</td>
<td>Mary Washington Hospital (MWH)</td>
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<tr>
<td>Testa, Claudia, MD</td>
<td>Richmond ............................................. (804) 628-6990</td>
</tr>
<tr>
<td>Towne, Alan R, MD</td>
<td>Richmond ............................................. (804) 560-8945</td>
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<td>Vasconcelos, Olavo, MD</td>
<td>Richmond ............................................. (804) 828-9350</td>
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</tbody>
</table>

**Nuclear Medicine**

- Charron, Martin, MD
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  Hospital Affiliations: VCU Health System/MCV

**Optometry**

- Pinsky, Linda S, OD
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**Orthopaedics**

- Boardman, III, Douglas, MD
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- Williams, Carlos A, MD
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Pediatric Critical Care

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Pediatric Endocrinology

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Pediatric Gastroenterology

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Pediatric Hematology/Oncology

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Palliative Medicine

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Pediatric Allergy & Immunology

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Pediatric ENT (Otolaryngology)

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Podiatry

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Syed, Aamer, MD
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Radiation Oncology

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Henrico Doctors' Hospital - Retreat Campus
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Hospital Affiliations: VCU Health System/MCV

Hulick, Peter, MD
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Hospital Affiliations: VCU Health System/MCV

Schutzer, Matthew E, MD
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Hospital Affiliations: VCU Health System/MCV

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(Provider)

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Bon Secours St. Marys Hospital
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Bon Secours St. Marys Hospital
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Urology

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Stafford Hospital Center

Carey, Peter, MD
Stafford .......... (540) 657-6367
Hospital Affiliations: Mary Washington Hospital (MWH)
Stafford Hospital Center

Dumont, Matthew, MD
Stafford .......... (540) 657-6367
Hospital Affiliations: Mary Washington Hospital (MWH)
Stafford Hospital Center

Grob, Mayer B, MD
Richmond......... (804) 358-6180
Hospital Affiliations: VCU Health System/MCV

Hampton, Lance, MD
Richmond......... (804) 828-7738
Hospital Affiliations: VCU Health System/MCV

Optima Direct Network Providers January 2019 365

OptimaHealth
## Specialists - Tier 2

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<th>Name</th>
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| Hoffman, Daniel M., MD      | Stafford | (540) 657-6367 | Mary Washington Hospital (MWH)  
                          |          |        | Stafford Hospital Center                                    |
| Klein, John B., MD          | Stafford | (540) 657-6367 | Mary Washington Hospital (MWH)  
                          |          |        | Stafford Hospital Center                                    |
| Lanyi, Thomas Richard, MD   | Richmond | (804) 828-5320 | Sentara Northern Virginia Medical Center                  |
| Roseman, II, John Tyler, MD | Richmond | (804) 828-8146 | VCU Health System/MCV                                      |
| Sell, Scott M., MD          | Stafford | (540) 657-6367 | Mary Washington Hospital (MWH)  
                          |          |        | Stafford Hospital Center                                    |
| Singh, Inderjit, MD         | Stafford | (540) 657-6367 | Mary Washington Hospital (MWH)  
                          |          |        | Sentara Northern Virginia Medical Center                  |
| Smith-Harrison, Luriel, MD  | Richmond | (804) 828-9331 | VCU Health System/MCV                                      |
| Szlyk, Gregory, MD          | Stafford | (540) 657-6367 | Stafford Hospital Center                                    |
| Albuquerque, Francisco, MD  | Richmond | (804) 828-3211 | Bon Secours Memorial Regional Medical Center  
                          |          |        | Bon Secours St. Marys Hospital  
                          |          |        | Henrico Doctors' Hospital - Forest Campus                  |
| Tierney, William A., MD     | Richmond | (804) 828-3211 | Bon Secours St. Marys Hospital  
                          |          |        | Henrico Doctors' Hospital - Retreat Campus                 |
|                             |          |        | St. Mary's Hospital                                          |
|                             |          |        | VCU Health System/MCV                                      |

### Vascular Surgery

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|                             |          |        | Henrico Doctors' Hospital - Retreat Campus                 |
|                             |          |        | St. Mary's Hospital                                          |
|                             |          |        | VCU Health System/MCV                                      |
Other Services - Tier 1

**AL**

**Reference Lab**

**Montgomery**

American Esoteric Laboratories
416 Lukes Dr
Montgomery, AL 36117
(334) 288-4963

**AZ**

**Orthotics and Prosthetics**

**Maricopa**

Otto Bock Orthopedic Services
4022 East Broadway Road Suite 119
Phoenix, AZ 85040
(800) 736-8276

**CA**

**Audiology (Facility)**

**Los Angeles**

EPIC Hearing Healthcare
3191 Temple Ave Ste 200
Pomona, CA 91768
(866) 956-5400

**Cardiac Monitoring Services**

**San Francisco**

iRhythm Technologies, Inc.
650 Townsend Street
San Francisco, CA 94103
(415) 214-7056

Medicomp, Inc.
71 Stevenson Street Suite 420
San Francisco, CA 94105
(415) 233-9323

**Cardiology Diagnostic Services**

**San Francisco**

LifeWatch Services Inc
33 New Montgomery St 4th Floor Ste 450
San Francisco, CA 94105
(415) 344-0259

**DME**

**Alameda**

Alere Home Monitoring, Inc.
6465 National Drive
Livermore, CA 94550
(877) 262-4669

**San Diego**

Breg Inc
2885 Loker Ave E
Carlsbad, CA 92010
(877) 848-0706

DJO Global, Inc.
1430 Decision St
Vista, CA 92081
(800) 328-2536

**Santa Barbara**

Inogen, Inc.
326 Bollay Drive
Goleta, CA 93117
(877) 466-4364

**San Francisco**

Epica Corporation
475 Brannan St
San Francisco, CA 94107
(800) 436-3037

Sequenom Laboratories
3595 John Hopkins Ct
San Diego, CA 92121
(877) 821-7266

**San Mateo**

Counsyl, Inc.
180 Kimball Way
South San Francisco, CA 94080
(888) 268-6795

Genomic Health, Inc.
301 Penobscot Dr
Redwood City, CA 94063
(650) 556-9300

Natera, Inc.
201 Industrial Rd Suite 410
San Carlos, CA 94070
(650) 249-9090

**Orthotics and Prosthetics**

**San Diego**

Don Joy Orthopaedics
1430 Decision Street
Vista, CA 92081
(800) 321-9549

**Reference Lab**

**Alameda**

Spectra Laboratories, Inc.
48818 Kato Rd
Fremont, CA 94538
(510) 623-6900

**San Diego**

Precision Diagnostics
4215 Sorrento Valley Blvd
San Diego, CA 92121
(800) 635-6901

**Santa Clara**

BIO REFERENCE LABORATORIES, INC.
2605 S Winchester Blvd
Campbell, CA 95008

**Registered Dietitian (Hospital)**

**San Francisco**

Omada Health, Inc.
500 Sansome St Ste 200
San Francisco, CA 94111
(628) 600-9364

**San Diego**

Philips Remote Cardiac Services
7 Waterside Crossing
Windsor, CT 06095
(800) 367-1095

**DME**

**Fairfield**

Byram Healthcare Centers
75 Holly Hill Ln
Greenwich, CT 06830
(203) 661-1300

**Reference Lab**

**Alere Home Monitoring, Inc.**
6465 National Drive
Livermore, CA 94550
(877) 262-4669

**AL`ER HOME MONITORING PRODUCTS**
30 S Keller Road Suite 100B
Orlando, FL 32810
(877) 262-4669

**FL**

**Cardiac Monitoring Services**

**Brevard**

Medicom, Inc.
600 Atlantic Road
Melbourne, FL 32904
(321) 676-0010

**Cardiology Diagnostic Services**

**Palm Beach**

LifeWatch Services Inc
4800 T-Rex Ave Ste 130
Boca Raton, FL 33431
(561) 961-6500

**DME**

**Broward**

Comfort Medical, LLC
4385 NW 124th Avenue
Coral Springs, FL 33065
(800) 700-4246

Premier Kids Care, Inc.
3868 Sheridan St Ste A
Hollywood, FL 33021
(888) 322-9001

**Hillsborough**

Electrostim Medical Services Inc
3504 Cragmont Dr Suite 100
Tampa, FL 33619
(800) 588-8380

**Martin**

Liberator Medical Supply
2979 S E Gran Park Way
Stuart, FL 34997
(800) 323-0914

**Miami-Dade**

Electrostim Medical Services Inc
2140 South Dixie Highway Ste 307
Miami, FL 33133
(786) 220-2190

US Med, LLC
1480 NW 79th Avenue
Miami, FL 33126
(800) 787-6331

**Orange**

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<td>Liberty Medical Supply</td>
<td>8881 South US Highway 1 Suite A Port Saint Lucie, FL 34952</td>
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<td>(386) 671-0028</td>
<td>Advanced Home Care (DME) 5901 Goshen Springs Rd Suite G Norcross, GA 30071</td>
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<td>Home Choice Partners 2206 Dawson Road Suite B Albany, GA 31707</td>
<td>(229) 432-5830</td>
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<td>(877) 774-9846</td>
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### Other Services - Tier 1

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<td>Allegany</td>
<td>Progressive Physical Therapy &amp; Rehabilitation Center 11801 Industrial Park, Cumberland, MD 21501 (301) 729-3485</td>
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<td>Frederick</td>
<td>Physiotherapy Associates (Frederick) 170 Thomas Johnson Dr Ste 104 Frederick, MD 21702 (301) 662-7496</td>
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<tr>
<td>PT/OT (Early Intervention)</td>
<td>Howard</td>
<td>Miraea Life Sciences 5850 Waterloo Road Suite 140 Columbia, MD 21045 (443) 325-7262</td>
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<td>Radiology (Ancillary)</td>
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<td>BIO REFERENCE LABORATORIES, INC. 22520 Gateway Center Dr Clarksburg, MD 20871 22520 Gateway Center Drive Ste 400 Clarksburg, MD 20871 22610 Gateway Center Dr Ste 100 Clarksburg, MD 20871 (240) 686-1501</td>
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<td>Radiology (Ancillary)</td>
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<td>Meritus Medical Laboratory, LLC 10715 Downsville Pk Hagerstown, MD 21742 (800) 428-2105 11110 Medical Campus Rd Ste 145 Hagerstown, MD 21742 (301) 665-4900 1125 Opal Court Hagerstown, MD 21740 (800) 428-2105 13424 Pennsylvania Ave Hagerstown, MD 21742 (800) 428-2105 20211 Lappans Rd Boonsboro, MD 21713 (800) 428-2105 22911 Jefferson Blvd Smithsburg, MD 21783 (800) 428-2105 266 North Pennsylvania Ave Hagerstown, MD 21742 (800) 428-2105 307 East Potomac St Williamsport, MD 21795 (800) 428-2105 324 Antietam St Ste 203A Hagerstown, MD 21740 (800) 428-2105</td>
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<td>Registered Dietitian</td>
<td>(Hospital) NutriLife Education Center Robinwood Ste 110 Hagerstown, MD 21740 (301) 714-4041</td>
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<td>Western Maryland Outpatient Diagnostic Center 12400 Willowbrook Road Cumberland, MD 21502 (240) 964-8111</td>
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<td>Oakland Infusystem, Inc. 1551 E Lincoln Ave Madison Heights, MI 48071 (248) 546-7047</td>
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<td>Sequenom Laboratories 301 Michigan St NE Grand Rapids, MI 49003</td>
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<td>Orthotics and Prosthetics (Frederick) 170 Thomas Johnson Dr Ste 104 Frederick, MD 21702 (301) 662-7496</td>
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<td>3616 Mitchell Street Linville, NC 28646 (828) 733-3663</td>
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<td>1316 South Mebane Street Burlington, NC 27215 (800) 289-4358</td>
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<td>Advanced Home Care (DME) 1225 Huffman Mill Rd Burlington, NC 27215 (336) 538-1194</td>
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<td>Advanced Home Care (DME) 120 Sweeten Creek Road Asheville, NC 28803 (828) 285-0239</td>
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<td>Aeroflow Breastpumps &amp; Urology 3165 Sweeten Creek Rd Asheville, NC 28803 (888) 345-1780</td>
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<td>Blue Ridge Home Care (Asheville, NC) 101 Cardiob Road Asheville, NC 28803 (828) 274-7587 1419 Patton Ave Asheville, NC 28806 (828) 232-1110</td>
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<td>National Seating &amp; Mobility, Inc. 65 Shiloh Road Asheville, NC 28803 (828) 277-2577</td>
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Optima Direct Network Providers January 2019
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<td>Gastonia</td>
<td>(704) 823-7670</td>
<td>28056</td>
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<td>Cabarrus</td>
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<td>Concord</td>
<td>(704) 784-2110</td>
<td>28025</td>
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<td>Guilford</td>
<td>Medi Home Care (DME)</td>
<td>Statesville</td>
<td>(336) 878-8822</td>
<td>28677</td>
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<tr>
<td>Iredell</td>
<td>Advanced Home Care (DME)</td>
<td>High Point</td>
<td>(336) 878-8822</td>
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<tr>
<td>Jackson</td>
<td>Advanced Home Care (DME)</td>
<td>Sylva</td>
<td>(828) 631-0006</td>
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<tr>
<td>Mecklenburg</td>
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<td>Charlotte</td>
<td>(704) 831-5000</td>
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<tr>
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<td>Advanced Home Care (DME)</td>
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<td>(704) 831-5000</td>
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<tr>
<td>Randolph</td>
<td>American HomePatient (Asheboro)</td>
<td>Asheville</td>
<td>(336) 625-1010</td>
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<td>(336) 625-1010</td>
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<td>(704) 628-2300</td>
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<td>Surry</td>
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<td>(888) 244-6421</td>
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<td>Union</td>
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<td>(704) 225-9996</td>
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<td>Wilkes</td>
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<td>Genetic Lab</td>
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<td>Americare HomeCare and Hospice (HH)</td>
<td>Windsor</td>
<td>(252) 338-4066</td>
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<td>Alamance</td>
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<td>Forsyth</td>
<td>Advanced Home Care (Home Health) 1100 South Stratford Rd Bldg B Suite 410 Winston Salem, NC 27103 (336) 760-2131</td>
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<td>New Hanover</td>
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<td>Pasquotank</td>
<td>Albermarle Home Care and Hospice (HH) 208 Hastings Lane Elizabeth City, NC 27909 (252) 338-4066 Sentara Home Care - Home Health 300 E Church Street Elizabeth City, NC 27909 (252) 331-1203</td>
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<td>Advanced Home Care (Home Health) 1005 WH Smith Blvd Greenville, NC 27834 (252) 353-6800 Maxim Healthcare Services 1400 East Firetower Rd Ste 100 Greenville, NC 27858 (252) 215-3027 2245 Stantonburg Rd Ste J Greenville, NC 27834 (252) 551-6194 4051 S Memorial Drive Winterville, NC 28590 (252) 215-3027 PSA Healthcare 1025 W H Smith Blvd Suite 100 Greenville, NC 27834 (252) 756-7233</td>
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<td>Rowan</td>
<td>Advanced Home Care (Home Health) 1406 E West Innes St Salisbury, NC 28144 (704) 638-2030 Maxim Healthcare Services 1700 West Innes St Unit 22 Salisbury, NC 28144</td>
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**Optima Direct Network Providers January 2019**
Other Services - Tier 1

Guilford
Acredo Health Group, Inc.  
422 E Guillemore Dairy Rd Ste A  
Greensboro, NC 27409  
(336) 393-0555

Advanced Home Care (IV Therapy)  
2520 Whitehall Park Dr Ste 950  
Charlotte, NC 28273  
(704) 831-5000

Lincare, Inc.  
5567 N Croatan Hwy  
Kitty Hawk, NC 27949  
(336) 851-7385

Mecklenburg
Advanced Home Care (IV Therapy)  
2001 Piedmont Parkway  
High Point, NC 27265  
(336) 878-8822

Lincare, Inc.  
1970 A West Arlington Blvd  
Greeneville, NC 27834  
(919) 851-7385

Home Choice Partners  
2201 Crown Point Executive Drive  
Suite C  
Elizabeth City, NC 27909  
(252) 338-2114

Mecklenburg
Advanced Home Care (IV Therapy)  
300 E Church Street  
Elizabeth City, NC 27909  
(252) 335-7814

Lincare, Inc.  
1990 Allen Road Ste C  
Greensboro, NC 27401  
(336) 478-9400

Nash
Lincare, Inc.  
1133 Jeffrey Rd  
Rocky Mount, NC 27804

Pasquotank
Lincare, Inc.  
1831 Weeksville Rd Ste L and M  
Elizabeth City, NC 27909  
(252) 331-1203

Sentara Home Care - Home Health  
103 N Elm St Ste 201  
Greensboro, NC 27401  
(336) 478-9400

Pitt
Lincare, Inc.  
1990 Allen Road Ste C  
Greensboro, NC 27401  
(336) 322-4334

Sentara Home Care - Home Health  
106 Medical Dr  
Elizabeth City, NC 27909  
(252) 338-3002

Guilford
Sentara Home Care - Home Health  
1417 Parkview Drive  
Elizabeth City, NC 27909  
(252) 384-4466

Lincare, Inc.  
1969 Old Charlotte Hwy Suites FG/HR  
Monroe, NC 28110  
(704) 263-5999

Pasquotank
Lincare, Inc.  
465 E W 15th St  
Winston-Salem, NC 27103  
(336) 769-1933

LEVEL FOUR ORTHOTICS & PROSTHETICS, INC.  
1677 Westbrook Plaza Dr Suite 190  
Winston-Salem, NC 27103  
(336) 765-2425

Forsyth
Hanger Prosthetics & Orthotics East, Inc.(Hanger Clinic)  
2800 St Leo Street  
Greensboro, NC 27405  
(336) 722-5155

Guilford
Hanger Prosthetics & Orthotics East, Inc.(Hanger Clinic)  
4103 N Elm St Ste 201  
Greensboro, NC 27401  
(336) 478-9400

Union
Lincare, Inc.  
1969 Old Charlotte Hwy Suites FG/HR  
Monroe, NC 28110  
(704) 225-0996

Watauga
Lincare, Inc.  
643 Greenway Rd  
Boone, NC 28607  
(828) 263-5999

MRI Facility
Sentara Albermarle Medical Center  
1144 N Road Street  
Elizabethtown, NC 28390  
(252) 335-0531

Orthotics and Prosthetics
Beaufort
Coastal Carolina Prosthetics and Orthotics, Inc  
405 W 15th St  
Washington, NC 27889  
(252) 940-1203

Burlington
Coastal Carolina Prosthetics and Orthotics, Inc  
1715 Country Club Rd Ste B  
Winston-Salem, NC 27103  
(336) 378-2710

New Hanover
SME, INC. USA  
5949 Carolina Beach Rd  
Wilmington, NC 28412  
(800) 553-6971

Onslow
Coastal Carolina Prosthetics and Orthotics, Inc  
106 Medical Dr  
Elizabeth City, NC 27909  
(252) 338-3002

Pasquotank
Coastal Carolina Prosthetics and Orthotics, Inc  
1970 A West Arlington Blvd  
Greeneville, NC 27834  
(252) 378-9770

Pitt
Coastal Carolina Prosthetics and Orthotics, Inc  
106 Medical Dr  
Elizabeth City, NC 27909  
(252) 338-3002

Wake
LEVEL FOUR ORTHOTICS & PROSTHETICS, INC.  
11001 Durant Rd Suite 114  
Raleigh, NC 27614  
(919) 334-6828

Physical/Occupational/Hand Therapy
Chowan
Coastal Rehabilitation, Inc.  
701 Luke St  
Edenton, NC 27932

Currituck
Coastal Rehabilitation, Inc.  
532 C Casatoke Highway  
Moyock, NC 27958

Dare
Coastal Rehabilitation, Inc.  
503 Cypress Lane Suite A  
Manteo, NC 27954

Durham
Duke Regional Hospital  
3643 Roxboro Rd  
Durham, NC 27704  
(919) 470-4000

Duke University Hospital  
2301 Erwin Rd  
Durham, NC 27710  
(919) 684-8111

Hertford
Coastal Rehabilitation, Inc.  
115 Loftin Lane  
Ahoskie, NC 27910

Hertford
Coastal Rehabilitation, Inc.  
106 Medical Dr  
Elizabeth City, NC 27909  
(252) 338-2114

Sentara Therapy Center - Albemarle  
1144 N Road Street  
Elizabeth City, NC 27909  
(252) 384-4632

Sentara Therapy Center - Albemarle YMCA  
1240 N Road Street  
Elizabeth City, NC 27909  
(252) 384-4466

Person
Person Memorial Hospital  
615 Ridge Rd  
Roxboro, NC 27573  
(336) 503-5969

Wake
Duke Raleigh Hospital  
3400 Wake Forest Rd  
Raleigh, NC 27609  
(919) 954-3000

Washington
Washington Co Hospital  
985 US Hwy 64 E  
Plymouth, NC 27962  
(252) 793-4135

PT/OT (Early Intervention)
Elizabeth City CDSA  
1417 Parkview Drive  
Elizabeth City, NC 27909  
(252) 338-4044

Radiology (Ancillary)
Sentara Therapy Center - Currituck YMCA  
130 Community Way  
Barco, NC 27917  
(252) 453-2834

Radiology (Ancillary)
Sentara Therapy Center - Currituck YMCA  
130 Community Way  
Barco, NC 27917  
(252) 453-2834
### Other Services - Tier 1

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<tr>
<td><strong>Brunswick</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>20 Medical Campus Dr Ste 101, Supply, NC 28462 (910) 754-5690</td>
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<td><strong>Buncombe</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>417 Biltmore Ave Ste 4C, Asheville, NC 28801 (828) 259-0684</td>
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<td><strong>Burke</strong></td>
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<td>561 Malcon Blvd 1st Floor RUTHERFORD COLLEGE, NC 28671 (828) 874-1030</td>
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<td><strong>Catawba</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>1781 Tate Blvd South Ste 206 Hickory, NC 28602 (828) 304-1232</td>
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<tr>
<td><strong>Davidson</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>2 Cherry St Lexington, NC 27292 (336) 243-5227</td>
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<td><strong>Durham</strong></td>
<td>Duke Regional Hospital</td>
<td>3643 Roxboro Rd Durham, NC 27704 (919) 470-4000</td>
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<td><strong>Mecklenburg</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>10030 Gilead Rd Physicians Plaza Ste 240 Huntersville, NC 28078 (866) 697-8378</td>
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<td><strong>New Hanover</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>2022 S 17th St Ste 103 First Flr Wilmington, NC 28401 (910) 251-8095</td>
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<td><strong>Onslow</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>290 Doctors Dr Ste B Jacksonville, NC 28546 (910) 219-3301</td>
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<td><strong>Pasquotank</strong></td>
<td>Sentara Albemarle Medical Center</td>
<td>1444 N Road Street Elizabeth City, NC 27909 (252) 355-0531</td>
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<td><strong>Pitt</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>2459 Emerald Pl Ste 106 Greensboro, NC 27834 (252) 695-6178</td>
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<tr>
<td><strong>Rockingham</strong></td>
<td>Solstas Lab Partners Group, LLC</td>
<td>621 S Main St Ste 202 Reidsville, NC 27320 (336) 342-0217</td>
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| Wake | Duke Raleigh Hospital | 3400 Wake Forest Rd Raleigh, NC 27609 (919) 954-3000 |
| **Solstas Lab Partners Group, LLC** | 3031 New Bern Ave Ste 300 Raleigh, NC 27610 (919) 250-0358 |
| **Solstas Lab Partners Group, LLC** | 5820 Six Forks Rd Raleigh, NC 27609 (919) 848-3174 |
| **Solstas Lab Partners Group, LLC** | 958 US Hwy 64 E Plymouth, NC 27962 (252) 793-4135 |
| **Solstas Lab Partners Group, LLC** | 2400 Wayne Memorial Dr Ste D RALEIGH, NC 27534 (910) 735-5440 |
| **Solstas Lab Partners Group, LLC** | 2605 Forest Hills Rd Ste C Wilson, NC 27893 (866) 697-8378 |
| **New York** | NOVOCURE, INC. | 195 Commerce Way Portsmouth, NH 03801 (855) 281-9301 |
| **DME** | Rockingham | 2040 Marcus Ave Ste C101 Lake Success, NY 11020 (800) 367-0300 |
| **Lineagen, Inc.** | 630 West 168th Street New York, NY 10032 |
| **Esoterix Genetic Laboratories, LLC** | 521 W 57th St Floor 6 New York, NY 10019 (212) 698-0300 |
| **Lineagen, Inc.** | 145 East 32nd St 10th Floor New York, NY 10016 |

| Orthotics and Prosthetics | SunMed Medical Systems, LLC | 36 West Route 70 Suite 214 Marlton, NJ 08053 (800) 714-7434 |
| **BIO REFERENCE LABORATORIES, INC.** | 481 Edward H Ross Drive Elmhurst, NJ 07407 (201) 791-2600 |
| **BIO REFERENCE LABORATORIES, INC.** | 92 Second St Hackensack, NJ 07601 |
| **Spectra East, Inc.** | 8 King Rd Rockleigh, NJ 07647 (201) 767-7070 |
| **NY** | Philips Remote Cardiac Services | 1979 Marcus Ave Ste C101 Lake Success, NY 11020 (800) 367-0300 |
| **Genetic Lab** | New York | 521 W 57th St Floor 6 New York, NY 10019 (212) 698-0300 |
| **Esoterix Genetic Laboratories, LLC** | 174 Mineola Blvd Mineola, NY 11501 |
| **Esoterix Genetic Laboratories, LLC** | 1070 Park Ave New York, NY 10012 |
| **Esoterix Genetic Laboratories, LLC** | 145 East 32nd St 10th Floor New York, NY 10016 |
Suffolk
PerkinElmer Laboratories Inc
80 Balair Rd Suite I
Melville, NY 11747

OH
DME
Summit
Edgepark Medical Supplies
1810 Summit Commerce Park
Twinburg, OH 44087
(800) 321-0591

Orthotics and Prosthetics
Lucas
Otto Bock Orthopedic Services
7131 Spring Meadow West Dr Suite E1
Holland, OH 43528
(800) 736-8276

Reference Lab
Cuyahoga
AmeriPath Consolidated Labs, Inc
7730 First Place Suite A
Oakwood Village, OH 44146
(440) 703-2100

Consolidated DermPath, Inc.
7730 First Place Suite A
Oakwood Village, OH 44146
(800) 331-7546

Franklin
BIO REFERENCE LABORATORIES, INC.
810 Jasonway Ave
Columbus, OH 43214

Hamilton
Consolidated DermPath, Inc.
9844 Redhill Drive
Cincinnati, OH 45242
(800) 541-8276

Warren
AssureRx Health, Inc.
6030 S Mason Montgomery Rd Mason, OH 45040
(513) 701-6005

OK
DME
Oklahoma
180 Medical, Inc.
8516 Northwest Expressway
Oklahoma City, OK 73162
(877) 688-2729

PA
Cardiology Diagnostic Services
Philadelphia
LifeWatch Services Inc
1900 Market St Ste 627
Philadelphia, PA 19103
(215) 246-3469

DME
Allegheny
KCI USA Inc
357 Northgate Drive Ste 4
Warrendale, PA 15086
(800) 375-4524

ZOLL Services LLC
121 Gamma Drive
Pittsburgh, PA 15238
(412) 968-3333

Montgomery
Carepoint Medical Solutions, LLC
2500 Dekalb Pike Suite 303
Norristown, PA 19401
(888) 493-4771

IV Therapy
Allegheny
Accredo Health Group, Inc.
3000 Ericsson Dr Ste 100
Warrendale, PA 15086

Orthotics and Prosthetics
Montgomery
Otto Bock Orthopedic Services
1012 N Bethlehem Pike Ste G
Spring House, PA 19477
(800) 736-8276

Reference Lab
Delaware
Consolidated DermPath, Inc.
3805 W Chester Pike Bldg D Suite 120
NEWTOWN SQUARE, PA 19073
(800) 257-0117

RI
Reference Lab
Washington
Dominion Diagnostics, LLC
211 Circuit Dr
North Kingstown, RI 02852
(877) 734-9600

SC
DME
Greenville
GROVE MEDICAL, INC
1089 Park West Blvd
Greenville, SC 29611
(864) 269-0283

York
Advanced Home Care (DME)
2067 Celansese Rd
ROCK HILL, SC 29732
(803) 285-2026

Hyperbaric Medicine (Ancillary)
Richland
Hyperbaric Physician Services
5 Richland Medical Park
Columbia, SC 29203
(803) 434-7101

IV Therapy
Spartanburg
Home Choice Partners
160 Congress Blvd Suite D
Duncan, SC 29334
(864) 583-8190

Physical/Occupational/Hand Therapy
Beaufort
SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

Speech Therapy
Beaufort
SELECT PHYSICAL THERAPY
300 Midtown Drive
Beaufort, SC 29906

TN
Cardiac Monitoring Services
Shelby
Telerhythmics
60 Market Center Drive Suite 101
Collierville, TN 38017
(901) 316-0208

Cardiology Diagnostic Services
Williamson
CardioLabs, Inc.
357 Riverside Drive Suite 1000
Franklin, TN 37067
(800) 304-1098

DME
Anderson
McFARLAND MEDICAL
170 Oak Ridge Turnpike
Oak Ridge, TN 37830
(865) 298-1999

Oxygen and Sleep Associates, Inc.
708 South Illinois Ave Suite E 101
Oak Ridge, TN 37830
(865) 220-8831

Carter
Smokey Mountain Medical Equipment LLC
2214 W Elk Ave
Elizabethton, TN 37643
(423) 547-0060

Davidson
DME Tennessee LLC
636 Division St
Nashville, TN 37203
(877) 640-9795

Dickson
DME Tennessee LLC
458 Highway 46 S
Dickson, TN 37055
(877) 640-9795

Gibson
Wound Care Resources, Inc
4 New hern Hawks Suite A
Yorkville, TN 38389
(888) 287-9797

Greene
McFARLAND MEDICAL
1413 Tusculum Blvd
Greeneville, TN 37745
(423) 638-1999

Hamblen
Southern Orthocare
2102 E Andrew Johnson Hwy
Morristown, TN 37814
(423) 307-1890

Knox
McFARLAND MEDICAL
10640 Murdock Rd
Knoxville, TN 37932
(865) 243-2500
## Other Services - Tier 1

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<td><strong>IV Therapy</strong></td>
<td><strong>Shelby</strong></td>
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<tr>
<td>Cole's Medical Services</td>
<td>Acreddo Health Group, Inc.</td>
<td>1620 Century Center Pkwy 800-235-8498</td>
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<tr>
<td>Mooney's Home Medical Equipment</td>
<td>1620 Century Ctr Parkway Ste 109 800-235-8498</td>
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<tr>
<td>Resp-I-Care, Inc.</td>
<td>1640 Century Center Pkwy Suite 101 Memphis, 800-385-3600</td>
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<tr>
<td>TriCounty Medical &amp; Ostomy Supplies, Inc.</td>
<td>Nova Factor, Inc. (Accredo Health Group, Inc.)</td>
<td>1620 Century Ct Pkwy Memphis, 800-385-3600</td>
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<td><strong>Sullivan</strong></td>
<td><strong>Medical Center Homecare Carter County</strong></td>
<td><strong>Mobile Images Acquisitions, Inc.</strong></td>
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<tr>
<td>Advanced Home Care (IV Therapy)</td>
<td>105 Jack White Drive Kingsport, 800-378-7330</td>
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<tr>
<td><strong>Greene</strong></td>
<td><strong>Medical Center Homecare</strong></td>
<td><strong>Sullivan</strong></td>
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<tr>
<td>Medical Care (Home Health) Advanced Home Care</td>
<td>1670 West Andrew Johnson Highway Greeneville, 800-378-7330</td>
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<tr>
<td>Laughlin Home Health Agency</td>
<td>1420 Tusculum Blvd Greeneville, 800-378-7330</td>
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<td><strong>Johnson</strong></td>
<td><strong>Johnson County Health Care</strong></td>
<td><strong>Hanger Prosthetics &amp; Orthotics, Inc.</strong></td>
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<tr>
<td>Johnson County Health Care</td>
<td>1987 S Shady Street Mountain City, 800-727-3250</td>
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<td><strong>Blount</strong></td>
<td><strong>Washington</strong></td>
<td><strong>Results Physiotherapy</strong></td>
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<tr>
<td>Medical Center Homecare</td>
<td>525 N State of Franklin Rd Johnson City, 800-984-1996</td>
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<td><strong>Knox</strong></td>
<td><strong>Washington</strong></td>
<td><strong>Physical/Occupational/Hand Therapy</strong></td>
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<tr>
<td>Advanced Home Care</td>
<td>520 MedTech Pkwy Suite 2 800-392-9027</td>
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<tr>
<td><strong>Tennessee</strong></td>
<td><strong>RESULTS PHYSIOTHERAPY</strong></td>
<td><strong>Blount</strong></td>
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<tr>
<td>Results Physiotherapy</td>
<td>1632 West Broadway Avenue Maryville, 800-984-1996</td>
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**Optima Direct Network Providers January 2019** 378
Putnam
BenchMark Physical Therapy
586 S Jefferson Ave Suite 1
Cookville, TN 38501
(931) 372-1315

Results Physiotherapy
851 South Willow Avenue Ste 110
Cookville, TN 38501
(931) 258-0042

Rutherford
Results Physiotherapy
1272 Garrison Drive Ste 303
Murfreesboro, TN, 37129
(615) 849-9358

Sequatchie
BenchMark Physical Therapy
167 Cherry St.
Dunlap, TN 37327
(423) 949-2793

Shelby
Results Physiotherapy
5220 Park Avenue Ste 201
Memphis, TN 38119
(901) 683-9630

Sullivan
CHAMPION PHYSICAL THERAPY, LLC
1159 Volunteer Parkway
Bristol, TN 37620
(423) 573-6657

HealthSouth of East Tennessee, LLC
113 Cassell Dr.
Kingsport, TN 37660
(423) 246-7240

Indian Path Community Hospital
2000 Brookside Dr
Kingsport, TN 37660
(423) 857-7540

Pain Medicine Associates PC
2202 N John B Dennis Hwy Ste 200
Kingsport, TN 37660
(423) 392-6690

240 Medical Park Blvd
Bristol, TN 37620
(423) 968-9313

Results Physiotherapy
444 Clinchfield Ste 102
Kingsport, TN 37660
(423) 343-7570

Washington
Achieve Health and Wellness
406 Roy Martin Rd Ste 9
Gray, TN 37615
(423) 477-1101

CHAMPION PHYSICAL THERAPY, LLC
4307 North Roan St Suite 7
Johnson City, TN 37615
(423) 491-5222

ETSU Physicians and Associates
(Physical Therapy)
ETSU MSHA Athletic Center John Robert Bell Drive
Johnson City, TN 37614
(423) 439-4044

Franklin Woods Community Hospital
300 Medtech Parkway
Johnson City, TN 37604
(423) 302-1000

Johnson City Medical Center
400 N State of Franklin Rd
Johnson City, TN 37604
(423) 431-6111

Light Connection Inc
112 E Myrtle Avenue Ste 312
Johnson City, TN 37601
(423) 232-7149

Mini Miracles Pediatric Therapy, PLLC
2114 E Fairview Avenue
Johnson City, TN 37601
(423) 982-6464

PT/OT (Early Intervention)
Erwin Physical Therapy
1201 N Main Street Ste 1
Erwin, TN 37650
(423) 854-0001

Washington
American Esoteric Laboratories
1701 Century Center Cove
Memphis, TN 38134
(901) 844-8638

Putnam
American Esoteric Laboratories
1 1 Medical Park Blvd Ste 850
Bristol, TN 37620
(423) 844-4561

Solstas Lab Partners Group, LLC
300 Medtech Parkway
Johnson City, TN 37660
(423) 302-1000

Washington
Johnson City Medical Center
400 N State of Franklin Rd
Johnson City, TN 37604
(423) 431-6111

Reference Lab
Carter
Sycamore Shoals Hospital
1501 W Elk Ave
Elizabethton, TN 37643
(423) 542-1500

Williamson
BenchMark Physical Therapy
1595 Mallory Lane Suite 210
Brentwood, TN 37027
(615) 900-4838

Physical Therapy Services, PA
104 E Main Street
Johnson City, TN 37601
(423) 722-2062

Radiology (Ancillary)
Knox
Mobile Images Acquisitions, Inc.
201 Center Park Drive Ste 1150
Knoxville, TN 37922
(865) 693-1655

Washington
Johnson City Medical Center
400 N State of Franklin Rd
Johnson City, TN 37604
(423) 431-6111

Aegis Sciences Corporation
365 Great Circle Rd
Nashville, TN 37228
(615) 417-0679

American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Hamblen
American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Solstas Lab Partners Group, LLC
851 Locust St
Morristown, TN 37814
(865) 693-1655

Hawkins
American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Williamson
PathGroup Labs, LLC
851 Locust St
Rogersville, TN 37857
(423) 921-7289

Washington
American Esoteric Laboratories
850 N Third North St
Morristown, TN 37814
(423) 586-3240

Johnson
American Esoteric Laboratories
7501 Strawberry Plains Pike
Knoxville, TN 37924
(423) 586-3240

Washington
American Esoteric Laboratories
7501 Strawberry Plains Pike
Knoxville, TN 37924
(423) 586-3240

Putnam
Solstas Lab Partners Group, LLC
315 N Washington Ave Ste 180
Cookeville, TN 38501
(931) 526-3763

Speech Therapy (Early Intervention)
Washington
Mini Miracles Pediatric Therapy, PLLC
2114 E Fairview Avenue
Johnson City, TN 37601
(423) 928-6464

Speech Therapy
Washington
Mini Miracles Pediatric Therapy, PLLC
2114 E Fairview Avenue
Johnson City, TN 37601
(423) 928-6464

Washington
### Other Services - Tier 1

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<thead>
<tr>
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<th>Cardiac Monitoring Services</th>
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<tbody>
<tr>
<td><strong>Harris</strong></td>
<td>Ecardio Diagnostics</td>
</tr>
<tr>
<td>1717 N Sam Houston Pkwy West Ste 100</td>
<td></td>
</tr>
<tr>
<td>Houston, TX 77038</td>
<td></td>
</tr>
<tr>
<td>(888) 747-4701</td>
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<tr>
<th>VA</th>
<th>Air Ambulance</th>
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<tr>
<td><strong>Lynchburg City</strong></td>
<td>Centra Health - Air Ambulance</td>
</tr>
<tr>
<td>1920 Atherholt Rd</td>
<td></td>
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<tr>
<td>Lynchburg, VA 24501</td>
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<tr>
<th>DME</th>
<th>Orthotics and Prosthetics</th>
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<tr>
<td><strong>Bexar</strong></td>
<td>OrthoFix, Inc.</td>
</tr>
<tr>
<td>3451 Plano Parkway</td>
<td></td>
</tr>
<tr>
<td>Lewisville, TX 75056</td>
<td></td>
</tr>
<tr>
<td>(214) 937-2264</td>
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<th>UT</th>
<th>Genetic Lab</th>
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<tr>
<td><strong>Salt Lake</strong></td>
<td>Lineagen, Inc.</td>
</tr>
<tr>
<td>2677 E Parleys Way</td>
<td></td>
</tr>
<tr>
<td>Salt Lake City, UT 84109</td>
<td></td>
</tr>
<tr>
<td>(801) 931-6200</td>
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<td><strong>Salt Lake</strong></td>
<td>Otto Bock Orthopedic Services</td>
</tr>
<tr>
<td>1130 S 3800 W Suite 400</td>
<td></td>
</tr>
<tr>
<td>Salt Lake City, UT 84104</td>
<td></td>
</tr>
<tr>
<td>(800) 736-8276</td>
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<td><strong>Bexar</strong></td>
<td>Otto Bock Orthopedic Services</td>
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<tr>
<td>11230 West Ave Suite 1109</td>
<td></td>
</tr>
<tr>
<td>San Antonio, TX 78213</td>
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</tr>
<tr>
<td>(800) 736-8276</td>
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<td>1130 S 3800 W Suite 400</td>
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<tr>
<td>Salt Lake City, UT 84104</td>
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<tr>
<td>(800) 736-8276</td>
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<tr>
<td><strong>Bexar</strong></td>
<td>Otto Bock Orthopedic Services</td>
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<tr>
<td>11501 Alterra Parkway Suite 600</td>
<td></td>
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<tr>
<td>Austin, TX 78758</td>
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<tr>
<td>(800) 736-8276</td>
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<tr>
<td><strong>Augusta</strong></td>
<td>Augusta Audiology Assoc PC</td>
</tr>
<tr>
<td>70 Medical Ctr Cir Ste 204</td>
<td></td>
</tr>
<tr>
<td>Fishersville, VA 22939</td>
<td></td>
</tr>
<tr>
<td>(540) 332-5790</td>
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<tbody>
<tr>
<td><strong>Charlottesville City</strong></td>
<td>University of Virginia Speech-Language-Hearing Center</td>
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<tr>
<td>417 Emmet Street South</td>
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</tr>
<tr>
<td>Charlottesville, VA 22904</td>
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<tr>
<td>(434) 924-7034</td>
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<td><strong>Lifestar Ambulance Service Inc</strong></td>
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<td>300 North Main Street</td>
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<tr>
<td>Emporia, VA 23847</td>
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<tr>
<td>(434) 634-1144</td>
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<td>Medical Transport</td>
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<tr>
<td>350 Marcella Dr</td>
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<tr>
<td>Hampton, VA 23666</td>
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<tr>
<td>(757) 671-8911</td>
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<td><strong>Lynchburg City</strong></td>
<td>Virginia Ambulance Services Inc.</td>
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<tr>
<td>543 Crowell Ln</td>
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<tr>
<td>Lynchburg, VA 24502</td>
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<tr>
<td>(434) 832-0320</td>
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<td><strong>New Kent</strong></td>
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<td>18200 Heath Industrial Park Dr</td>
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<tr>
<td>Barhamsville, VA 23011</td>
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<td><strong>Richmond City</strong></td>
<td>Richmond Ambulance Authority</td>
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<tr>
<td>2400 Hermitage Rd</td>
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<tr>
<td>Richmond, VA 23220</td>
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<tr>
<td>(804) 254-1150</td>
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<td><strong>Stafford</strong></td>
<td>LifeCare Medical Transport</td>
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<tr>
<td>1170 International Pkwy</td>
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</tr>
<tr>
<td>Fredericksburg, VA 22406</td>
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<tr>
<td>(540) 752-7721</td>
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<td>154 Barnett Way</td>
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<tr>
<td>Suffolk, VA 23434</td>
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<tr>
<td>(757) 671-8911</td>
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<td><strong>Virginia Beach City</strong></td>
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<tr>
<td>5792 Arrowhead Dr Ste 200</td>
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<tr>
<td>Virginia Beach, VA 23462</td>
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<tr>
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<tr>
<td><strong>Winchester City</strong></td>
<td>Valley Medical Transport</td>
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<tr>
<td>190 Prosperity Road Ste 4</td>
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<tr>
<td>Winchester, VA 22601</td>
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<tr>
<td>(540) 536-3371</td>
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<td><strong>Wagner Hearing Aid Centers</strong></td>
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<tr>
<td>218 W Market St Ste 7</td>
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<tr>
<td>Charlottesville, VA 22902</td>
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<tr>
<td>(434) 293-7368</td>
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<td><strong>Beltone Audiology &amp; Hearing Aid Center</strong></td>
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<td>3105 Western Branch Blvd Ste 1E</td>
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<tr>
<td>(757) 484-7111</td>
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<td><strong>Connect Hearing Inc.</strong></td>
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<td>3115 Western Branch Blvd Ste 101</td>
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<td>(757) 483-0232</td>
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<td><strong>Eastern Virginia Ear Nose &amp; Throat Specialists</strong></td>
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<tr>
<td>200 Medical Pkwy Ste 303</td>
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<tr>
<td>Chesapeake, VA 23320</td>
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<tr>
<td>(757) 547-9714</td>
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<td><strong>Maico Audiological Services</strong></td>
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<tr>
<td>1021 Eden Way North Ste 110</td>
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<td>Chesapeake, VA 23320</td>
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<tr>
<td>(757) 547-3560</td>
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<tr>
<td>Hearing Services of Virginia</td>
<td>2469 Pruden Blvd</td>
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<td>Connect Hearing Inc.</td>
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<tr>
<td>Hear Quick, Inc. (Virginia Audiology Inc.)</td>
<td>5386 Kemps River Dr Ste 112 Virginia Beach, VA 23464</td>
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<tr>
<td>Hearing Services of Virginia</td>
<td>4356 Bonney Road Ste 1-102 Virginia Beach, VA 23452</td>
</tr>
<tr>
<td>Princess Anne ENT &amp; Allergy, PC</td>
<td>828 Healthy Way Suite 280 Virginia Beach, VA 23462</td>
</tr>
<tr>
<td>Sentara Hearing and Balance Center (SMG)</td>
<td>1590 Glenn Mitchell Dr Ste 308 Virginia Beach, VA 23456</td>
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<tr>
<td>Virginia Beach Hearing Center</td>
<td>984 First Colonial Rd Ste 302 Virginia Beach, VA 23454</td>
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<tr>
<td>VIRGINIA HEARING CONSULTANTS, LLC</td>
<td>4540 Princess Anne Rd Ste 123 Virginia Beach, VA 23462</td>
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<tr>
<td>Abingdon Hearing Care</td>
<td>612 Campus Drive Abingdon, VA 24210 (767) 676-0001</td>
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<tr>
<td>The Audiology Offices, LLC</td>
<td>112 Peach Grove Ln Montross, VA 22520 (804) 493-7500</td>
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<td>Cardiovascular Monitoring Services</td>
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<tr>
<td>Ben Secours St. Francis Watkins Centre</td>
<td>Free-Standing Emergency Department 601 Watkins Centre Parkway Midlothian, VA 23114 (804) 594-2100</td>
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<tr>
<td>AHP Delmarva, LLP dba American HomePatient</td>
<td>154 Market St Suite 2 Onancock, VA 23417 (800) 755-7997</td>
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<tr>
<td>Linicare, Inc.</td>
<td>548 Blue Ridge Ave Ste B Bedford, VA 24523 (540) 586-5743</td>
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<tr>
<td>Linicare, Inc.</td>
<td>1701 Euclid Ave Ste E Bristol, VA 24201 (540) 466-9202</td>
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<tr>
<td>National Seating &amp; Mobility, Inc.</td>
<td>4944 Eisenhower Avenue Alexandria, VA 22304 (703) 370-5790</td>
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<tr>
<td>Reliable Respiratory</td>
<td>211 North Union St Alexandria, VA 22314 (781) 551-3335</td>
</tr>
<tr>
<td>Farrar's, Inc. dba Regional Home Care</td>
<td>537 Main Street Clifton Forge, VA 24422 (540) 862-8810</td>
</tr>
<tr>
<td>Appomattox</td>
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<tr>
<td>Appomattox Drug Store</td>
<td>2046 Confederate Blvd Appomattox, VA 24522 (434) 352-7161</td>
</tr>
<tr>
<td>Medi Home Care (DME)</td>
<td>193 Old Courthouse Road Appomattox, VA 24522</td>
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<tr>
<td>Care Home Medical (Augusta Healthcare)</td>
<td>64 Sports Medicine Dr Fishersville, VA 22939 (540) 322-4959</td>
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<tr>
<td>Freedom Respiratory, Inc. (Fishersville)</td>
<td>1840 Jefferson Hwy Ste 108 Fishersville, VA 22939 (540) 946-8084</td>
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<tr>
<td>National Seating &amp; Mobility, Inc. (Fishersville)</td>
<td>50 Andrew Russell Lane Fishersville, VA 22939 (540) 885-1252</td>
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<tr>
<td>Medi Home Care (DME)</td>
<td>400 Scruggs Rd Suite 800 Moneta, VA 24121</td>
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<td>Lincare, Inc.</td>
<td>548 Blue Ridge Ave Ste B Bedford, VA 24523 (540) 586-5743</td>
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<tr>
<td>Francisco Heights</td>
<td>1501 Crossways Blvd Suite A Chesapeake, VA 23320 (804) 496-2030</td>
</tr>
<tr>
<td>American HomePatient (Richmond)</td>
<td>425 Southlake Blvd Ste B-4 Richmond, VA 23236 (804) 794-0651</td>
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<tr>
<td>Med Inc</td>
<td>9100 Arboretum Parkway Suite 130 Richmond, VA 23236 (804) 674-6688</td>
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<td>Colonial Heights City</td>
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<tr>
<td>Colonial Orthopaedics, Inc.</td>
<td>325 Charles H Dimmock Parkway Suite 100 Colonial Heights, VA 23834 (804) 526-5888</td>
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<tr>
<td>Dream Care of Virginia, LLC</td>
<td>130 Temple Lake Dr Ste 4 Colonial Heights, VA 23834 (804) 286-1844</td>
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Other Services - Tier 1

**Culpeper**
- Culpeper Pharmacy LLC
  - 261 Southgate Shopping Ctr
  - Culpeper, VA 22701
  - (540) 825-7576

**Danville City**
- Atlantic Medical Inc.(part of Home Care Alliance of VA)
  - 650 Piney Forest Rd
  - Danville, VA 24540
  - (434) 792-3800
- Commonwealth Home Health Care, Inc.
  - 479 Piney Forest Road
  - Danville, VA 24540
  - (434) 792-3800
- Home Oxygen & Medical Equipment
  - 4972A Riverside Dr
  - Danville, VA 24540
  - (434) 822-1300
- Lincare, Inc.
  - 126 Woodside Drive Ste C
  - Danville, VA 24540
  - (434) 857-5708
- Piedmont Home Health Inc.
  - 121 Mall Drive
  - Danville, VA 24540
  - (434) 857-5708
- Professional Pharmacy
  - 130 Watton St
  - Danville, VA 24540
  - (434) 792-2221
- Romar Medical Equipment
  - 3833 US Hwy 29 North
  - Danville, VA 24540
  - (434) 836-1824

**Emporia City**
- Clay Home Medical, Inc.(Emporia)
  - 304 N Main St
  - Emporia, VA 23847
  - (434) 348-0888

**Fairfax**
- Apria Healthcare, Inc.
  - 5705 General Washington Drive
  - Suites F & G
  - Alexandria, VA 22312
  - (703) 642-3141
- Dynquest Medical
  - 5027 Javier Rd Suite 1
  - Fairfax, VA 22031
  - (703) 846-0002
- Lincare, Inc.
  - 4115 Pleasant Valley Road Suite 600
  - Chantilly, VA 20151
  - (703) 222-3090
  - 4230 Lafayette Ctr Dr
  - Chantilly, VA 20151
  - (703) 263-0770
  - 4230 Lafayette Ctr Dr Suite M & N
  - Chantilly, VA 20151
  - (703) 263-0770

**Franklin**
- Franklin Co Respiratory (part of Home Care Alliance of VA)
  - 1135 Franklin Rd
  - Rocky Mount, VA 24151
  - (540) 483-3333
- Franklin Respiratory and Medical Inc.
  - 1135 Franklin Street
  - Rocky Mount, VA 24151
  - (540) 483-3333

**Fredericksburg City**
- Lincare, Inc.
  - 305 Hanson Ave Ste 100
  - Fredericksburg, VA 22401
  - (540) 899-5521
- Pat Grimes, Inc. (part of Home Care Alliance of VA)
  - 2303 Jefferson Davis Hwy
  - Fredericksburg, VA 22401
  - (540) 371-9181

**Galax City**
- Lincare, Inc.
  - 535 E Stuart Drive
  - Galax, VA 24333
  - (276) 238-8880

**Giles**
- Medi Home Care (DME)
  - 310 N Main Street
  - Pearisburg, VA 24134
  - (877) 431-5795
- Rotech Oxygen & Med Equipment
  - 509 Mountain Lake Ave
  - Pearisburg, VA 24134
  - (540) 921-9257

**Halifax**
- Atlantic Medical Inc.(part of Home Care Alliance of VA)
  - 5037 Halifax Road Ste A
  - Halifax, VA 24558
  - (808) 884-4228
- Atlantic Medical, Inc.(South Boston)
  - 1015 Wilborn Ave
  - South Boston, VA 24592
  - (434) 572-1853
- Beach Medical (Lincare)
  - 1200 Wilborn Ave
  - South Boston, VA 24592
  - (434) 575-8072
- Halifax Regional Home Medical Equipment
  - 2204 Wilborn Ave
  - South Boston, VA 24592
  - (434) 517-3855
- Home Care Alliance of Virginia, Inc.
  - 5037 Halifax Rd Ste A
  - Halifax, VA 24558
  - (888) 884-4228
- Linacre of Lynchburg
  - 1200 Wilborn Ave
  - South Boston, VA 24592
  - (888) 258-4378

**Hanover**
- Chesapeake Rehab Equipment, Inc
  - 9432 Atlee Commerce Blvd Ste C/D
  - Ashland, VA 23005
  - (877) 550-0530
- Roberts Home Medical
  - 340M Hill Carter Pkwy
  - Ashland, VA 23005
  - (804) 798-4600

**Harrisonburg City**
- American HomePatient (Harrisonburg)
  - 1950 Evelyn Byrd Ave Ste A & B
  - Harrisonburg, VA 22801
  - (540) 574-0259
- Image Recovery (Rockingham Memorial Hospital)
  - 298 S Liberty St
  - Harrisonburg, VA 22801
  - (540) 564-5636
- Lincare, Inc.
  - 182 Neff Ave Ste 9
  - Harrisonburg, VA 22801
  - (540) 433-1196
- Roberts Home Medical
  - 298 S Liberty St
  - Harrisonburg, VA 22801
  - (540) 564-5636
- Sentara RMH Medical Group, LLC
  - 640 South Main Street
  - Harrisonburg, VA 22801
  - (540) 437-8230

**Henrico**
- AERO CARE HOME MEDICAL
  - 2852 E Parham Rd
  - Henrico, VA 23228
  - (804) 266-2002
- Apria Healthcare, Inc.
  - 2808 E Parham Rd
  - Richmond, VA 23228
  - (804) 565-5644
- Bremo Pharmacy
  - 1602 Skipwith Rd Suite 201
  - Henrico, VA 23229
  - (804) 285-7730

**Home Care Delivered, Inc.**
- 4144 Innslake Dr
  - Glen Allen, VA 23060
  - (804) 565-5644

**Home Care Alliance of Virginia, Inc.**
- 7601 Forest Ave
  - Richmond, VA 23229
  - (804) 285-7730

**National Seating & Mobility, Inc.**
- 3941 Deep Rock Road
  - Richmond, VA 23233
  - (804) 772-1170

**Praxair Healthcare Services**
- 2502 Waco St
  - Richmond, VA 23294
  - (804) 672-7767

**Rotech Home Medical Care (Omega Medical Equipment, Inc)**
- 3903 Deep Rock Rd
  - Richmond, VA 23233
  - (804) 968-4311

**Trustcare Home Medical Equipment, Inc.**
- 8677 Telegraph Rd
  - Glen Allen, VA 23060
  - (804) 262-9001

**Tuckahoe Orthopaedic Associates, Ltd**
- 1501 Maple Ave Northwest MOB Ste 303
  - Richmond, VA 23226
  - (804) 285-2300

**West Home Health Care, Inc (part of Home Care Alliance of VA)**
- 2277 Dailey Rd Ste 1
  - Richmond, VA 23294
  - (804) 353-7703

**Henry**
- Linacre, Inc.
  - 3555 Virginia Ave
  - Collinsville, VA 24078
  - (703) 642-3141

**James City**
- First Choice In-Homecare(Williamsburg)
  - 6623 Richmond Rd Ste J
  - Williamsburg, VA 23188
  - (757) 565-5644

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Optima Direct Network Providers January 2019 383

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OptimaHealth
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<td>Prince William County HD-Mansassas</td>
<td>Medi Home Care (DME)</td>
<td>9301 Lee Avenue, Manassas, VA 20110</td>
<td>(703) 792-6300</td>
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<tr>
<td>Lee</td>
<td>Medi Home Care (DME)</td>
<td>1109 Brookdale St Suite A, Martinsville, VA 24112</td>
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<td>Mecklenburg</td>
<td>Medi Home Care (DME)</td>
<td>185 Redwood Ave Suite 103, Pennington Gap, VA 24277</td>
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<td>Southern Home Respiratory and Equipment, Inc.</td>
<td>Medi Home Care (DME)</td>
<td>282 Westgate Mall Circle Ste 117, Pennington Gap, VA 24277</td>
<td>(276) 546-2050</td>
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<td>Lexington City</td>
<td>Medi Home Care (DME)</td>
<td>1109 Brookdale St Suite A, Manassas, VA 20110</td>
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<td>Lynchburg City</td>
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<td>Newport News City</td>
<td>Medi Home Care (DME)</td>
<td>2010 Tate Springs Rd, Lynchburg, VA 24501</td>
<td>(434) 846-5381</td>
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<td>Norfolk City</td>
<td>Medi Home Care (DME)</td>
<td>2023 Langhome Rd, Lynchburg, VA 24501</td>
<td>(888) 584-3742</td>
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<td>Medi Home Care (DME)</td>
<td>1701 Thompson Drive, Lynchburg, VA 24501</td>
<td>(434) 200-6103</td>
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<td>Pulaski</td>
<td>Medi Home Care (DME)</td>
<td>1794 E Main Street, Roanoke, VA 24012</td>
<td>(804) 262-9001</td>
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<td>Richmond City</td>
<td>Medi Home Care (DME)</td>
<td>1794 E Main Street, Roanoke, VA 24012</td>
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<td>Medi Home Care (DME)</td>
<td>1794 E Main Street, Roanoke, VA 24012</td>
<td>(804) 262-9001</td>
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**Other Services - Tier 1**

**Advanced Home Care (Salem)**
72 Saint John Rd
Salem, VA 24153
(540) 389-8121

**Commonwealth Home Health Care, Inc.**
1900 Apperson Dr
Salem, VA 24153
(540) 380-3383

**Ellis Home Oxygen (part of Home Advanced Home Care (DME)**

**Friendship Home Medical Equipment, Inc.**
560 West Main Street
Abingdon, VA 24210
(276) 628-4554

**Lincare, Inc.**
366 W Main Street
Abingdon, VA 24210
(276) 676-2027

**Mac's Medical Equipment and Supplies**
26102 Lee Highway
Abingdon, VA 24210
(276) 623-4260

**Medi Home Care (DME)**
15896 Porterfield Highway
Abingdon, VA 24210
(276) 628-8432

**Med Response**
2113 College Ave
Bluefield, VA 24605
(276) 322-4987

**Medi Home Care (DME)**
103 Spring Street Suite B
Bluefield, VA 24605
(276) 322-2602

**Community Home Care Services (Richlands)**
2013 2nd St
Richlands, VA 24641
(276) 964-7448

**Friendship Home Medical Equipment, Inc.**
124 Ben Bolt Avenue
Tazewell, VA 24651
(276) 988-7911

**Respiratory Care Associates (part of Home Care Alliance of VA)**
815-A North Loudoun St
Winchester, VA 22601
(540) 723-6911

**Respiratory Care Associates LC**
304 Hope Drive
Winchester, VA 22601
(540) 722-8180

**Valley Home Care (Front Royal)**
333 W Cork St Ste 160
Winchester, VA 22601
(540) 536-5254

**Advanced Home Care (DME)**
165 Plaza Rd Ste 20
Winchester, VA 22601
(540) 635-7444

**Valley Home Care (Front Royal)**
480-D South Commerce Ave
Front Royal, VA 22630
(540) 635-7444

**Wythe**
Community Home Care Services (Wytheville)
340 Virginia Ave
Wytheville, VA 24382
(276) 228-4702

**Health Department**

**Accomack**
Accomack County Health Dept
23191 Front St
Accomack, VA 23301
(757) 787-5880

**Alexandria City**
Alexandria City Health Department
4480 King St
Alexandria, VA 22302
(703) 746-4400

**Allegany**
Clifton Forge City Health Department
322 Jefferson Ave
Clifton Forge, VA 24422
(540) 862-4131

**Amelia**
Amelia County Health Dept
16320 Church St
Amelia, VA 23002
(804) 561-2711

**Amherst**
Amherst County Health Department
224 Second St
Amherst, VA 24521
(434) 946-9408

**Appomattox**
Appomattox County Health Department
401 Court St
Appomattox, VA 24522
(434) 352-2313

**Bath**
Bath County Health Department
Court House Sq
Warm Springs, VA 24484
(540) 839-7246

**Bedford City**
Bedford County Health Department
600 Bedford Ave
Bedford, VA 24523
(540) 586-7952

**Buchanan**
Buchanan County Health Department
Slate Creek Rd
Grundy, VA 24614
(276) 935-4591

**Buena Vista City**
Buena Vista County Health Department
2270 Magnolia Ave
Buena Vista, VA 24416
(540) 261-2149

**Campbell**
Campbell County Health Department
116 Kahler Ave
Rustburg, VA 24588
(540) 586-7952

**Carroll**
Carroll County Health Department
605-15 Pine Street
Hillsville, VA 24343
(276) 730-3180

**Center At Laurel Fork**
14558 Danville Turnpike
Laurel Fork, VA 24552
(276) 398-2292

**Charles City**
Charles City County Health Department
7501 Adkins Rd
Charles City, VA 23030
(804) 829-2490

**Charlotte**
Cumberland County Health Dept (Piedmont HD)
Highway 60
Cumberland, VA 23923
(434) 542-5251

**Charlottesville City**
Albemarle/Charlottesville Health Dept (Thomas Jefferson HD)
1138 Rose Hill Dr
Charlottesville, VA 22907
(434) 972-6219
<table>
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<th>Region</th>
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<tr>
<td>Emporia City</td>
<td>Greensville/Emporia Health Dept (Crater HD)</td>
<td>140 Uriah Branch Way Emporia, VA 23847 (434) 348-4210</td>
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<tr>
<td>Hampton City</td>
<td>Hampton City Health Department</td>
<td>1120 LaSalle Ave Hampton, VA 23669 (757) 727-1140</td>
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<tr>
<td>Hanover</td>
<td>Hanover County Health Dept (Hanover HD)</td>
<td>12312 Washington Hwy Ashland, VA 23005 (804) 752-4313</td>
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<tr>
<td>Harrisonburg City</td>
<td>Rockingham/Harrisonburg County Health Department</td>
<td>110 N Mason St Harrisonburg, VA 22802 (540) 574-5100</td>
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<tr>
<td>Henry</td>
<td>Bassett Family Practice-Health Department</td>
<td>324 TB Stanley Highway Ste B &amp; C Bassett, VA 24055 (804) 501-4522</td>
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<tr>
<td>Highland</td>
<td>Highland County Health Department</td>
<td>Fleischer Ave Monterey, VA 24465 (540) 468-2270</td>
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<tr>
<td>Isle of Wight</td>
<td>Isle of Wight County Health Department (Western Tidewater HD)</td>
<td>402 Grace St Smithfield, VA 23430 (757) 357-4177</td>
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<tr>
<td>King George</td>
<td>King George County Health Department (Rappahannock HD)</td>
<td>10079 Kings Hwy King George, VA 22485 (540) 775-3111</td>
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</tbody>
</table>

Other Services - Tier 1

**Chesapeake City**
- Chesapeake City Health Department
  - 748 N Battlefield Blvd
  - Chesapeake, VA 23327
  - (757) 382-8600

**Chesterfield**
- Chesterfield County Health Dept (Chesterfield HD)
  - 9501 Lucy Corr Dr
  - Chesterfield, VA 23832
  - (804) 748-1743

**Colonial Heights City**
- Colonial Heights City Health Dept (Chesterfield HD)
  - 200 Highland Ave
  - Colonial Heights, VA 23834
  - (804) 520-9380

**Colonial Heights**
- Colonial Heights Health Department
  - 200 Highland Ave
  - Colonial Heights, VA 23834
  - (804) 520-9380

**Covington City**
- Alleghany County/Covington Health Department
  - 321 Beech St
  - Covington, VA 24426
  - (540) 962-2173

**Craig**
- Craig County Health Department
  - 161 Main St
  - Craig, VA 24127
  - (540) 864-5136

**Culpeper**
- Culpeper County Health Department
  - 640 Laurel St
  - Culpeper, VA 22701
  - (540) 829-7350

**Danville City**
- Danville Health Department
  - 326 Taylor Dr
  - Danville, VA 24541
  - (434) 738-6545

**Dickenson**
- Dickenson County Health Department
  - Bush Creek Rd
  - Cliftonwood, VA 24228
  - (276) 926-4979

**Dinwiddie**
- Dinwiddie County Health Dept
  - 12318 Boydton Plank Road
  - Dinwiddie, VA 23841
  - (804) 469-3771

**Emporia City**
- Emporia City Health Department
  - 50 Standard St
  - Emporia, VA 23347
  - (804) 985-2262

**Fauquier**
- Fauquier Health Department
  - 300 Hospital Dr
  - Warrenton, VA 20186
  - (540) 347-6400

**Floyd**
- Floyd Tri-Area Community Health Center At Floyd-Health Department
  - 140 Christiansburg Pike
  - Floyd, VA 24091
  - (540) 745-9290

**Franklin**
- Franklin Center At Ferrum
  - 40 Wiley Drive
  - Ferrum, VA 24088
  - (540) 365-4469

**Fredericksburg City**
- Fredericksburg Health Department (Rappahannock/Rapidan HD)
  - 608 Jackson St
  - Fredericksburg, VA 22401
  - (540) 899-4797

**Giles**
- Giles County Health Department
  - 1 Taylor Ave Ste 4
  - Pearisburg, VA 24134
  - (540) 921-2891

**Goochland**
- Goochland County Health Department
  - 2938 River Rd
  - Goochland, VA 23063
  - (804) 556-5343

**Grayson**
- Grayson County Health Department
  - 451 Virginia Hwy
  - Independence, VA 24348
  - (540) 773-2901

**Greene**
- Greene County Health Dept (Thomas Jefferson HD)
  - 50 Standard St
  - Stanardsville, VA 22973
  - (804) 985-2262

**Hampton City**
- Hampton City Health Department
  - 1120 LaSalle Ave
  - Hampton, VA 23669
  - (757) 727-1140

**Hanover**
- Hanover County Health Dept (Hanover HD)
  - 12312 Washington Hwy
  - Ashland, VA 23005
  - (804) 752-4313

**Henrico**
- Henrico County Health Department
  - 8600 Dixon Powers Dr
  - Richmond, VA 23228
  - (804) 501-4522

**Highland**
- Highland County Health Department
  - 324 TB Stanley Highway Ste B & C
  - Bassett, VA 24055
  - (804) 629-1076

**Hopewell City**
- Hopewell City Health Dept (Crater HD)
  - 1501 West City Point Rd Hopewell, VA 23860
  - (804) 458-1297

**Isle of Wight**
- Isle of Wight County Health Department (Western Tidewater HD)
  - 402 Grace St
  - Smithfield, VA 23430
  - (804) 357-4177

**King George**
- King George County Health Department (Rappahannock HD)
  - 10079 Kings Hwy
  - King George, VA 22485
  - (540) 775-3111

**Lee**
- Lee County Health Department
  - Hill St
  - Jonesville, VA 24263
  - (276) 246-2011

**Lynchburg City**
- Lynchburg City Health Department
  - 307 Alleghany Avenue
  - Lynchburg, VA 24501
  - (434) 577-5980

**Mathews**
- Mathews County Health Dept (Three Rivers HD)
  - 536 Church Street
  - Mathews, VA 23109
  - (804) 725-7131

**Mecklenburg**
- Mecklenburg County Health Dept (Southside HD)
  - 969 Madison Street
  - Boydton, VA 23917
  - (434) 738-6545

**Montgomery**
- Montgomery County Health Department
  - 210 South Pepper St
  - Christiansburg, VA 24073
  - (540) 381-7100

**New Kent**
- New Kent County Health Dept (Hanover HD)
  - 12007 Courthouse Cir New Kent, VA 23124
  - (804) 966-9640

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Optima Direct Network Providers January 2019 386

OptimaHealth
### Other Services - Tier 1

<table>
<thead>
<tr>
<th>County/County</th>
<th>Address</th>
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<tr>
<td>Newport News City</td>
<td>Newport News City/Poquoson County/Williamsburg City Health Dept</td>
<td>416 J Clyde Morris Blvd, Newport News, VA 23601 (757) 594-7300</td>
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<tr>
<td>Norfolk City</td>
<td>Norfolk Health Department</td>
<td>830 Southampton Ave Ste 300, Norfolk, VA 23510 (757) 683-2756</td>
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<tr>
<td>Petersburg City</td>
<td>Petersburg City Health Dept (Crafter Health)</td>
<td>301 Halifax St, Petersburg, VA 23804 (804) 863-1652</td>
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<tr>
<td>Pittsylvania</td>
<td>Pittsylvania Health Department</td>
<td>200 H G Meghee Dr, Chatham, VA 24531 (434) 432-7235</td>
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<tr>
<td>Portsmouth City</td>
<td>Portsmouth Health Department</td>
<td>1701 High St Ste 102, Portsmouth, VA 23704 (757) 393-8585</td>
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<tr>
<td>Powhatan</td>
<td>Powhatan County Health Dept (Chesterfield HD)</td>
<td>3908 Old Buckingham Rd Ste 1, Powhatan, VA 23139 (804) 598-5680</td>
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<tr>
<td>Prince William</td>
<td>Prince William County HD-Manassas</td>
<td>4001 Prince William Pkwy Suite 101, Woodbridge, VA 22192 (703) 792-7300</td>
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<tr>
<td>Pulaski</td>
<td>Pulaski County Health Department</td>
<td>170 Fourth St NW, Pulaski, VA 24301 (540) 994-5030</td>
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<td>Radford City</td>
<td>Radford City Health Department</td>
<td>220 East Main Street, Radford, VA 24141 (540) 267-8255</td>
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<td>Richmond City</td>
<td>Richmond City Health Department</td>
<td>900 East Marshall St, Richmond, VA 23219 (804) 646-3153</td>
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<td>Roanoke City</td>
<td>Roanoke County/Vinton Health Department</td>
<td>227 Pollard Street, Vinton, VA 24179 (540) 857-7800</td>
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<td>Salem</td>
<td>Salem County Health Department</td>
<td>515 Eighth St SW, Roanoke, VA 24016 (540) 857-7600</td>
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<td>Scott</td>
<td>Scott County Health Department</td>
<td>55 Rogers St, Lebanon, VA 24266 (276) 889-7621</td>
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<td>Shenandoah</td>
<td>Shenandoah County Health Department</td>
<td>494 North Main Street Ste 100, Woodstock, VA 22664 (540) 459-3733</td>
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<td>Southampton</td>
<td>Southampton County Health Dept (Western Tidewater HD)</td>
<td>26022 Administration Center Dr Courtland, VA 23837 (757) 653-3040</td>
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<tr>
<td>Spotsylvania</td>
<td>Spotsylvania County Health Department (Rappahannock Area HD)</td>
<td>9104 Courthouse Rd, Spotsylvania, VA 22553 (540) 582-7155</td>
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<td>Stafford</td>
<td>Stafford County Health Department (Rappahannock Area HD)</td>
<td>2131 Jefferson Davis Hwy, Stafford, VA 22555 (540) 659-3101</td>
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<td>Augusta County/Staunton Health Department</td>
<td>1414 N Augusta St, Staunton, VA 24402 (540) 332-7830</td>
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<td>Surry</td>
<td>Surry County Health Dept (Crafter HD)</td>
<td>474 Colonial Trail West, Dendron, VA 23839 (757) 294-3185</td>
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<td>Virginia Beach City</td>
<td>Virginia Beach Health Department</td>
<td>4452 Corporation Ln, Virginia Beach, VA 23462 (757) 518-2700</td>
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<td>Warren</td>
<td>Warren County Health Department</td>
<td>465 West 15th Street Suite 200 Front Royal, VA 22630 (540) 635-3159</td>
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<td>Washington</td>
<td>Washington County Health Department</td>
<td>15086 Lee Hwy, Bristol, VA 24202 (276) 676-5604</td>
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<td>Waynesboro City</td>
<td>Waynesboro City Health Dept (Central Shenandoah HD)</td>
<td>1300 13th St, Waynesboro, VA 22980 (540) 949-0137</td>
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<td>Winchester City</td>
<td>Winchester County/Frederick City Health Department</td>
<td>10 Baker Street, Winchester, VA 22601 (540) 722-3470</td>
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<td>Wythe</td>
<td>Wythe County Health Department</td>
<td>750 West Ridge Rd, Wytheville, VA 24382 (276) 228-5507</td>
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<td>Accomack</td>
<td>Intrepid USA Healthcare Services</td>
<td>20387 Warrior Drive, Onley, VA 23418 (757) 782-7202</td>
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**Personal Touch Homecare (Eastern Shore)**
36076 Lankford Highway
Belle Haven, VA 2306
(757) 442-6630

**T1 Home Health, Inc.**
25306 Lankford Hwy
Onley, VA 23418
(757) 302-5459

**Albemarle**
AT Home Care
195 Riverbend Dr Ste 5
Charlottesville, VA 22911
(434) 295-5355

**Interim HealthCare**
(Chesapeake)
103 S Pantops Dr Ste 205
Charlottesville, VA 22911
(434) 295-5501

**Martha Jefferson Home Care**
630 Peter Jefferson Pkwy Ste 300
Charlottesville, VA 22911
(434) 971-5200

**Medi Home Health Agency**
1540 Insurance Lane Ste A
Charlottesville, VA 22911
(434) 244-0890

**Sentara Home Care - Home Health**
540 Greenfield Terrace
Charlottesville, VA 22901
(434) 964-3700

**Sentara Martha Jefferson Hospital**
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-7000

**Alleghany**
Medi Home Health Agency
507 E Ridgeway St
Clifton Forge, VA 24422
(540) 862-7727

**Sentara Home Care - Home Health**
103 Old Church Street
Loose Moor, VA 24457
(540) 863-2140

**Arlington**
Northern Virginia Home Care dba Sentara Home Care Services
601 S Carlin Springs Rd
Arlington, VA 22204
(703) 717-7928

**Augusta**
Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

**Care Home Medical (Augusta Healthcare)**
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 332-4959

**Hospice of the Shenandoah**
64 Sports Medicine Dr
Fishersville, VA 22939
(540) 932-4943
Other Services - Tier 1

Sentara Home Care - Home Health
2000 Beery Rd
Harrisonburg, VA 22801
(540) 564-5755
2000 Beery Road
Harrisonburg, VA 22801
(540) 433-4429

Henrico
AT Home Care
3117 West Clay Street Suite 200
Richmond, VA 23230
(804) 612-3737

Bon Secours Home Care, LLC (Richmond)
5008 Monument Avenue 1st Floor
Richmond, VA 23220
(804) 627-5200

IVNA Home Health (Skilled Nursing)
5008 Monument Ave
Richmond, VA 23230
(804) 355-7100

Jewish Family Services
6718 Patterson Ave
Richmond, VA 23226
(804) 282-5644

Kindred at Home
2601 Willard Road Suite 101
Richmond, VA 23294
(804) 672-7500

Henry
Interim Healthcare
3235 Virginia Ave
Collinsville, VA 24078

James City
Bayada Home Healthcare, Inc.
263 McCausland Circle Ste 103
Williamsburg, VA 23185
(757) 229-0019

Sentara Home Care - Home Health
1100 Professional Dr
Williamsburg, VA 23185
(757) 633-9350

Lancaster
AT Home Care
4507 Irvin Ave Ste 100
Irvington, VA 22480
(804) 438-5010

Rappahannock General Hospital
110 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Lee
MOUNTAIN REGION PERSONAL CARE SERVICES INC
33766 Main Street
Jonesville, Va 24263
(276) 346-2783

Lexington
Carilion Home Care Services
1 Health Circle
East Lexington, VA 24450
(540) 458-3111

Lynchburg City
Centra Health Home Health (Virginia Baptist Skilled)
2800 Old Forest Rd
Lynchburg, VA 24501
(434) 384-2800

First Dominion Home Health Care
2800 Old Forest Rd
Lynchburg, VA 24501
(434) 200-4111

Kindred at Home
1928 Thompson Drive
Lynchburg, VA 24501
(434) 846-5219

Manassas City
Medi Home Health Agency
9625 Surveyor Ct Ste 230
Manassas, VA 20110
(703) 392-7100

Martinsville City
Martinsville Home Health (Memorial Hospital of Martinsville/HC)
320 Hospital Drive
Martinsville, VA 24112
(276) 670-7121

Montgomery
Heritage Home Health - Blacksburg
3610 South Main Street
Blacksburg, VA 24060
(540) 443-6111

Interim Healthcare
100 Arbor Drive Suite 108
Christiansburg, VA 24073

Kindred at Home
1097 North Franklin Street
Christiansburg, VA 24073
(540) 382-9311

15 West Main Street Suite 200
Christiansburg, VA 24073
(540) 382-9311

Medi Home Health Agency
80 College St Ste M
Christiansburg, VA 24073
(540) 382-5634

Newport News City
Interim HealthCare (Charlottesville)
703 Thimble Shoals Blvd Suite B1
Newport News, VA 23606
(757) 873-3313

Personal Touch Homecare
733 Thimble Shoals Blvd Ste 150
Newport News, VA 23606
(757) 595-8005

Sentara Home Care - Home Health
11844 Rock Landing Dr Ste A
Newport News, VA 23603
(757) 736-0700

11844 Rock Landing Dr Ste C
Newport News, VA 23603
(757) 736-0700

Norton City
Dickinson County Home Health and Hospice
346 SW Coeburn Ave
Norton, VA 24273
(276) 679-1684

Page
Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Norfolk City
Personal Touch Homecare
5505 Robin Hood Rd Ste C1
Norfolk, VA 23513
(757) 855-1355

PSA Healthcare
6330 North Center Dr Ste 142
Building 13
Norfolk, VA 23502
(757) 461-6310

Pulaski
Medi Home Health Agency
102 N Washington Ave
Pulaski, VA 24301
(540) 980-0478

Richmond City
The Pediatric Connection
1300 Semmes Avenue
Richmond, VA 23224
(804) 675-4550

Portsmouth City
Bon Secours Home Care
3636 High St
Portsmouth, VA 23707
(757) 889-4663

Edmarc Hospice for Children
516 London St
Portsmouth, VA 23704
(757) 967-9251

Prince Edward
Centra Home Health Farmville
800 Oak St
Farmville, VA 23901
(434) 392-8811

Centra Southside Community Hospital
800 Oak St
Farmville, VA 23901
(434) 392-6650

Prince William
Advanced Home Care (Home Health)
7669 Limestone Drive Suite 120
Gainesville, VA 20155
(703) 656-2063

Maxim Healthcare Services
12801 Darby Brook Dr Ste 201
Woodbridge, VA 22192
(703) 490-1076

Scarlet Haven Nursing Care
1346 Old Bridge Rd Ste 101
Woodbridge, VA 22192
(703) 490-1197

Radford City
Carilion Clinic Home Care (Carilion New River Valley Medical Ctr)
701 Randolph St Ste 110
Radford, VA 24141
(540) 633-9354

Intrepid USA Healthcare Services
101 West Main Street
Radford, VA 24141
(540) 731-3295

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# Other Services - Tier 1

## Roanoke City
- **Interim Healthcare**
  - 1615 Franklin Rd SW
  - Roanoke, VA 24016
  - (540) 633-9354

- **Medi Home Health Agency**
  - 5369 Peters Creek Rd
  - Roanoke, VA 24019
  - (540) 278-1322

## Salem
- **Interim Healthcare**
  - 1013 East Main Street
  - Salem, VA 24153
  - (540) 774-8686

## Scott
- **MOUNTAIN REGION PERSONAL CARE SERVICES INC**
  - 463 Duff Patt Hwy Ste 102
  - Duffield, VA 24244
  - (276) 431-1440

## Smyth
- **Home Nursing Company**
  - 1209 East Lee Highway
  - Chilhowie, VA 24319
  - (276) 646-2991

- **Smyth Regional Homecare**
  - 1205 Sniper St
  - Marion, VA 24354
  - (276) 782-9696

## Spotsylvania
- **Interim HealthCare (Charlottesville)**
  - 3920 Plank Rd Ste 210
  - Fredericksburg, VA 22407
  - (540) 785-1577

- **Medi Home Health Agency**
  - 3302 Bourbon St
  - Fredericksburg, VA 22408
  - (866) 603-2491

## Staunton City
- **Interim USA Healthcare Services**
  - 106 Rowe Rd Ste 103
  - Staunton, VA 24401

## Suffolk City
- **Sentara Home Care - Home Health**
  - 154 Burnett Way Ste 102
  - Suffolk, VA 23434
  - (757) 983-1900

## Tazewell
- **Carilion Clinic Home Care (Carillion Medical Center)**
  - 141 Ben Bolt Ave
  - Tazewell, VA 24609
  - (276) 679-6269

## Virginia Beach City
- **All-4-One Home Healthcare Services, Inc**
  - 1629 Salem Road Suite 101
  - Virginia Beach, VA 23456
  - (757) 962-7838

## Washington
- **Home Nursing Service of Southwest Virginia, Inc**
  - 611 Campus Dr Ste 300
  - Abingdon, VA 24210
  - (276) 628-2666

## Wythe
- **Intrepid USA Healthcare Services**
  - 230 Charwood Dr Suite B
  - Abingdon, VA 24210
  - (276) 596-9233

## York
- **Maxim Healthcare Services**
  - 470 E Main St
  - Abingdon, VA 24210
  - (276) 623-8330

---

Optima Direct Network Providers January 2019 390

OptimaHealth
### Other Services - Tier 1

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<tr>
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<tr>
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<tr>
<td>103 Old Church Street</td>
<td>11844 Rock Landing Dr Ste A</td>
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<tr>
<td>Low Moor, VA 24457</td>
<td>Newport News, VA 23603</td>
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<tr>
<td>(540) 863-2140</td>
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<tr>
<th>Arlington</th>
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<td>CHIP of Virginia</td>
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<tr>
<td>3033 Wilson Blvd Ste 300B</td>
<td>Bon Secours Home Health</td>
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<tr>
<td>Arlington, VA 22201</td>
<td>11525 Midlothian Turnpike Ste 103</td>
</tr>
<tr>
<td>(703) 228-1284</td>
<td>Bon Air, VA 23235</td>
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<td>(804) 627-5200</td>
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<tr>
<td>1138 Rose Hill Dr</td>
<td>301 Halifax St</td>
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<tr>
<td>Charlottesville, VA 22903</td>
<td>Petersburg, VA 23803</td>
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<tr>
<td>(434) 972-6225</td>
<td>(804) 862-8974</td>
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<tr>
<td>1302 Jefferson St</td>
<td>662 Lincoln St</td>
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<tr>
<td>Chesapeake, VA 23324</td>
<td>Portsmouth, VA 23704</td>
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<tr>
<td>(757) 543-9100</td>
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<td>2000 Beery Rd</td>
<td>2225 Hanover Avenue Suite C</td>
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<tr>
<td>Harrisonburg, VA 22801</td>
<td>Richmond, VA 23220</td>
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<tr>
<td>(540) 564-5755</td>
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<td>2922 West Marshall St</td>
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<td>Richmond, VA 23230</td>
<td>Roanoke, VA 24016</td>
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<tr>
<td>(804) 233-2850</td>
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<td>154 Burnett Way Ste 102</td>
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<tr>
<td>Radford, VA 24141</td>
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<td>(540) 633-2518</td>
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<td>Cedar Bluff, VA 24609</td>
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<td>(276) 964-0555</td>
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<td>250 North Poplar Ave Suite C</td>
<td>1173 West Main St</td>
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<tr>
<td>Waynesboro, VA 22980</td>
<td>Abingdon, VA 24210</td>
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<tr>
<td>(540) 569-3463</td>
<td>(276) 623-9000</td>
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<tr>
<td>Lincare, Inc.</td>
<td>106 Park Drive</td>
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<tr>
<td>386C Greenbrier Drive</td>
<td>Hot Springs, VA 24445</td>
</tr>
<tr>
<td>Charlotteville, VA 22901</td>
<td>(540) 839-7000</td>
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<tr>
<td>(434) 974-6688</td>
<td>(540) 836-0979</td>
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<tr>
<td>386C Greenbrier Drive</td>
<td>548 Blue Ridge Ave Ste B</td>
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<tr>
<td>Charlotteville, VA 22901</td>
<td>Bedford, VA 24523</td>
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<tr>
<td>(434) 974-6688</td>
<td>(540) 586-5743</td>
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<td>Bristol, VA 24201</td>
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<tr>
<td>(540) 466-9202</td>
<td>Sentara Home Care Infusion Center</td>
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<tr>
<td></td>
<td>535 Independence Pkwy Ste 200</td>
</tr>
<tr>
<td></td>
<td>Chesapeake, VA 23320</td>
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<td>Grundy, VA 24614</td>
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<td>(276) 935-7346</td>
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<td>612 Kingsborough Sq Ste 300</td>
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<td>Chesapeake, VA 23320</td>
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<td>(757) 215-0229</td>
<td>(434) 792-5506</td>
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<td>111 Mall Drive</td>
<td>201 South Main St SteE24541 2200</td>
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<td>Danville, VA 24540</td>
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<tr>
<td>(434) 792-6387</td>
<td>Piedmont Infusion Services, Inc.</td>
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<td>115 Mall Drive</td>
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<td>115 Mall Drive</td>
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<td>4115 Pleasant Valley Road Suite</td>
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<tr>
<td>600</td>
<td>(434) 792-5227</td>
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<tr>
<td>Chantilly, VA 20151</td>
<td>(703) 225-3090</td>
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<tr>
<td>(703) 263-0770</td>
<td>4230 Lafayette Ctr Dr</td>
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<tr>
<td>Chantilly, VA 20151</td>
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<td>(540) 792-5506</td>
<td>(703) 263-0770</td>
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Other Services - Tier 1

4230 Lafayette Ctr Dr Suite M & N Chantilly, VA 20151
(703) 263-0770
8382J Terminal Rd Lorton, VA 22079
(703) 339-2884

Fairfax City
Home Infusion Solutions, LLC d/b/a
Home Solutions
10300 Eaton Place Ste 170
Fairfax, VA 22030
(703) 755-7333

Fredericksburg City
Lincare, Inc.
305 Hanson Ave Ste 100
Fredericksburg, VA 22401
(540) 899-5521

Galax City
Lincare, Inc.
535 E Stuart Drive
Galax, VA 24333
(276) 238-8880

Hanover
Home Choice Partners
305 Ashcake Rd Ste G
Ashland, VA 23005
(804) 752-5979

Harrisonburg City
Lincare, Inc.
182 Neff Ave Ste 9
Harrisonburg, VA 22801
(540) 564-5755
Sentara Home Care - Home Health
2000 Beery Rd
Harrisonburg, VA 22801
(540) 899-5521
2000 Beery Road
Harrisonburg, VA 22801
(540) 433-4429

Henrico
Home Choice Partners
8701 Park Central Drive Suite 600
Richmond, VA 23227
(804) 767-3600
Sentara Home Care - Home Health
3522 Maryland Ct
Henrico, VA 23233

Henry
Lincare, Inc.
3555 Virginia Ave
Collinsville, VA 24078
(276) 647-7536

James City
Sentara Home Care - Home Health
1100 Professional Dr
Williamsburg, VA 23185
(757) 553-3000

Norfolk City
Bon Secours Maryview Medical Center - Outpatient Infusion Centers
150 Kingsley Lane
Norfolk, VA 23505
(757) 889-3300

Lincare, Inc.
130 Walker Street
Lexington, VA 24450

Lynchburg City
Intravene OP LLC
2215 Landover Pl
Lynchburg, VA 24501
(434) 947-3900

Home Choice Partners
2890 N Franklin Street
Cambria, VA 24073

Newport News City
Bon Secours Maryview Medical Center - Outpatient Infusion Centers
12720 McManus Blvd Ste 30B
Newport News, VA 23602
(757) 886-6254

Lincare, Inc.
709 City Center Blvd Suite A107
Newport News, VA 23606
(757) 855-4255

Sentara Home Care - Home Health
11844 Rock Landing Dr Ste A
Newport News, VA 23603
(757) 736-0700
11844 Rock Landing Dr Ste C
Newport News, VA 23603
(757) 736-0700

Portsmouth City
Bon Secours Maryview Medical Center - Outpatient Infusion Centers
355 Crawford St Ste 300
Portsmouth, VA 23704
(757) 396-6333

Lexington City
Lincare, Inc.
1710 W 3rd St
Farmville, VA 23901
(434) 392-4549

Prince Edward
Lincare, Inc.
4109 Pepperell Way
Dublin, VA 24084
(540) 680-0505

Pulaski
Lincare, Inc.
1807 Murray Rd SW Ste J
Roanoke, VA 24018
(540) 344-8677

Roanoke City
Intravene OP LLC
4415 Pheasant Ridge Suite 101
Roanoke, VA 24014
(434) 947-3900

Salem
Advanced Home Care (IV Therapy)
72 Saint Johns Place Rd
Salem, VA 24437
(540) 389-8121

Suffolk City
Bon Secours Maryview Medical Center - Outpatient Infusion Centers
104 Palmyra Drive
Suffolk, VA 23434
(757) 934-2331

Sentara Home Care - Home Health
154 Burnett Way Ste 102
Suffolk, VA 23434
(757) 983-1900
3508 Robs Dr
Suffolk, VA 23434
(757) 553-3000

Virginia Beach City
Sentara Home Care - Home Health
3760 Sentara Way
Virginia Beach, VA 23452
(757) 306-2855

Washington
Bristol Home Infusion
18377 Westhouse Rd
Abingdon, VA 24210
(276) 676-3468

Lincare, Inc.
366 W Main Street
Abingdon, VA 24210
(276) 676-2027

Waynesboro City
Advanced Home Care (IV Therapy)
30 Ebco Circle
Waynesboro, VA 22980
(540) 932-3000
30 Ebco Circle Suite 102
Waynesboro, VA 22980
(540) 932-3000

Waynesboro City
MRI Facility
Albemarle
Sentara Martha Jefferson Hospital
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-7000

Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

University of Virginia Medical Center
1215 Lee St
Charlottesville, VA 22908
(434) 924-0211

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City
Chesapeake Regional Imaging
302 Colonial Blvd
Chesapeake, VA 23320
(757) 340-1200

Chesapeake Regional Medical
Center
736 N Battlefield Blvd (CGH)
Chesapeake, VA 23320
(757) 312-8121

Optima Direct Network Providers January 2019
392

Optima Health
Chesterfield
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300
611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

Bon Secours St. Francis Watkins Centre
Free-Standing Emergency Department 601 Watkins Centre Parkway
Midlothian, VA 23114
(804) 594-2100

Open MRI and Imaging of Richmond
11525 Midlothian Turnpike Suite 103 & 104
Midlothian, VA 23114
(804) 594-2550

West End Orthopaedic Clinic MRI
1400 Johnston Willis Drive Suite A
Richmond, VA 23235
(804) 379-8088

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
The Fairfax MRI Center at Reston
8503 Arlington Blvd Ste LL120
Fairfax, VA 22031
(703) 481-9400

Fauquier
Fauquier Hospital
500 Hospital Dr
Warrenton, VA 20186
(540) 347-2550

Franklin City
Southampton Memorial Hospital
100 Fairview Dr
Franklin, VA 23851
(757) 569-6100

Galax City
Twin County Regional Hospital
200 Hospital Drive
Galax, VA 24333
(276) 236-8181

Hampton City
Sentara CarePlex Hospital
300 Coliseum Dr
Hampton, VA 23666
(757) 736-1000

Hanover
Bon Secours Memorial Regional Medical Center
8200 Meadowbridge Road Suite 100
Mechanicsville, VA 23116
(804) 442-3672
(804) 764-6000

Harrisonburg City
Sentara RMH Medical Center
2010 Health Campus Drive
Harrisonburg, VA 22801
(540) 689-1000

Henrico
Bon Secours MRI of Richmond-Towne Center
5855 Bremo Rd Ste 701
Richmond, VA 23226
(804) 287-7162

Bon Secours St. Marys Hospital
5801 Bremo Rd
Richmond, VA 23226
(804) 285-2011

Healthsouth Rehabilitation Hospital of Virginia
5700 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-5700

Sheltering Arms Rehab Hospital Inpatient South
4730 S Laburnum Avenue
Richmond, VA 23226
(804) 764-1000

Isle of Wight
Sentara St. Luke's - Advanced Imaging Center - Isle of Wight
20209 Sentara Way Ste 108
Carrollton, VA 23314
(757) 542-1200

Lancaster
Rappahannock General Hospital
101 Harris Dr
Kilmarnock, VA 22482
(804) 435-8000

Lynchburg City
Centra Lynchburg General Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-3000

Centra Virginia Baptist Hospital
1901 Tate Springs Rd
Lynchburg, VA 24501
(434) 947-4766
(434) 947-4668

Manassas City
Novant Health UVA Health System
Prince William Medical Center
8700 Sudley Rd
Manassas, VA 20110
(703) 369-8000

Newport News City
Bon Secours Mary Immaculate Hospital
2 Bernardine Dr
Newport News, VA 23602
(757) 886-6000

Orthopaedic Surgery & Sports Medicine Spec - MRI
250 Nat Turner Blvd
Newport News, VA 23606
(757) 596-1900

Norfolk City
Bon Secours DePaul Medical Center Inc
150 Kingsley Ln
Norfolk, VA 23505
(757) 889-5000

Children's Hospital of the King's Daughters
601 Childrens Ln
Norfolk, VA 23507
(757) 668-7000

Sentara Leigh Hospital
830 Kempsville Rd
Norfolk, VA 23502
(757) 261-6000

Sentara Norfolk General Hospital
600 Gresham Dr
Norfolk, VA 23507
(757) 388-3000

Page
Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Petersburg City
Southside Regional Medical Center
200 Medical Park Blvd
Petersburg, VA 23805
(804) 747-2100

Pittsylvania
Centra Virginia Baptist Hospital
291 McBride Ln
Gretna, VA 24557
(434) 626-1274

Portsmouth City
Bon Secours Maryview Medical Center
3636 High St
Portsmouth, VA 23707
(757) 398-2200

Prince Edward
Centra Southside Community Hospital
800 Oak St
Farmville, VA 23901
(434) 392-8811

West End Orthopaedic Clinic MRI
1509 West Third Street
Farmville, VA 23901
(434) 392-1512

Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

Shenandoah
Shenandoah Memorial Hospital Inc
750 S Main St
Woodstock, VA 22664
(540) 459-4021

Suffolk City
Sentara Obici Hospital
2800 Godwin Blvd
Suffolk, VA 23434
(757) 934-4000

Virginia Beach City
Sentara Virginia Beach General Hospital
1060 First Colonial Rd
Virginia Beach, VA 23454
(757) 395-8000

Washington
Mobile Images Acquisitions, Inc.
851 French Moore Jr Boulevard
Abingdon, VA 24210
(865) 693-1655

Winchester City
Winchester Medical Center
1840 Amherst St
Winchester, VA 22601
(540) 536-8000
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<tr>
<td>Alexandria City</td>
<td>Don Joy Orthopaedics</td>
<td>2805 Duke St, Alexandria, VA 22314</td>
<td>(800) 336-6569</td>
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<tr>
<td></td>
<td></td>
<td>601 South Carlin Spring Rd, Arlington, VA 22204</td>
<td>(800) 336-6569</td>
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<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic)</td>
<td>10101 Midlothian Turnpike, Bon Air, VA 23235</td>
<td>(804) 379-4712</td>
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<td>Reflections Wellness Boutique, LLC</td>
<td>14051 St. Francis Blvd Ste 1302, Midlothian, VA 23114</td>
<td>(804) 594-4949</td>
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<td>SIME, INC. USA</td>
<td>9000 Stoney Point Pkwy, Richmond, VA 23235</td>
<td>(800) 553-6971</td>
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<td>1354 Kempsville Road Suite 101, Chesapeake, VA 23320</td>
<td>(757) 548-1611</td>
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<td>20098 Ashbrook Place Ste 190, Sterling, VA 20165</td>
<td>(844) 447-5894</td>
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<td>Powell Orthotics and Prosthetics</td>
<td>2034 Dabney Rd Ste C, Richmond, VA 23230</td>
<td>(804) 355-0283</td>
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<td>Specialized Orthopaedic Services, Inc.</td>
<td>307 Maple Ave W Building F, Vienna, VA 22180</td>
<td>(703) 281-1200</td>
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<td>14927 Jefferson Hwy Ste 101, Fishersville, VA 22939</td>
<td>(540) 949-4248</td>
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<td>Hanger Prosthetics &amp; Orthotics (UVA Physicians Group)</td>
<td>1204 W Main Street 3rd Floor, Charlottesville, VA 22903</td>
<td>(434) 243-4670</td>
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<td>415 Lexington Ave, Charlottesville, VA 22902</td>
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<td>53 Charles H Dimmock Parkway Suite 100, Colonial Heights, VA 23834</td>
<td>(804) 526-5888</td>
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<td>663 Sunset Ln, Culpeper, VA 22701</td>
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<td>(540) 321-3139</td>
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<td>Excel Prosthetics &amp; Orthotics, Inc.</td>
<td>312 S Main st, Danville, VA 24541</td>
<td>(434) 797-1191</td>
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<td>307 Maple Ave W Building F, Vienna, VA 22180</td>
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<td>53 Charles H Dimmock Parkway Suite 100, Colonial Heights, VA 23834</td>
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<td>(540) 321-3139</td>
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<td>Excel Prosthetics &amp; Orthotics, Inc.</td>
<td>312 S Main st, Danville, VA 24541</td>
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<td>(800) 336-6569</td>
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<td>Powell Orthotics and Prosthetics</td>
<td>2034 Dabney Rd Ste C, Richmond, VA 23230</td>
<td>(804) 355-0283</td>
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<td>Specialized Orthopaedic Services, Inc.</td>
<td>307 Maple Ave W Building F, Vienna, VA 22180</td>
<td>(703) 281-1200</td>
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<td>14927 Jefferson Hwy Ste 101, Fishersville, VA 22939</td>
<td>(540) 949-4248</td>
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<td>Hanger Prosthetics &amp; Orthotics (UVA Physicians Group)</td>
<td>1204 W Main Street 3rd Floor, Charlottesville, VA 22903</td>
<td>(434) 243-4670</td>
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<td>2216 Ivy Rd Suite 204, Charlottesville, VA 22903</td>
<td>(434) 243-4670</td>
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<td>The Something Special Shop</td>
<td>415 Lexington Ave, Charlottesville, VA 22902</td>
<td>(434) 654-5454</td>
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<td></td>
<td>198 Spotnap Road, Charlottesville, VA 22911</td>
<td>(434) 220-2426</td>
</tr>
<tr>
<td></td>
<td>American CMG Services, Inc</td>
<td>1521 Technology Dr, Chesapeake, VA 23320</td>
<td>(757) 548-5656</td>
</tr>
<tr>
<td></td>
<td>Creative Images, LLC</td>
<td>4016 Raintree Road Suite 120A, Chesapeake, VA 23321</td>
<td>(757) 398-9101</td>
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### Other Services - Tier 1

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<td>Lynchburg City</td>
<td>Excel Prosthetics &amp; Orthotics, Inc. 2255 Langhorne Road Suite 1 Lynchburg, VA 24501</td>
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<td>(434) 528-3695</td>
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<tr>
<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic)</td>
<td>2013 Tate Springs Rd Ste 1 Lynchburg, VA 24501</td>
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<td>(434) 846-1803</td>
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<tr>
<td>PROSTHETIC CONCEPTS, LLC</td>
<td>2201 Langhorne Road Suite A Lynchburg, VA 24501</td>
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<td>(434) 528-1000</td>
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<tr>
<td>Virginia Prosthetics, Inc.</td>
<td>2025 Tate Springs Rd Ste A2 Lynchburg, VA 24501</td>
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<td>(434) 455-2930</td>
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<tr>
<td>Manassas City</td>
<td>Don Joy Orthopaedics 6850 Sudley Rd Ste 209 Manassas, VA 20110</td>
</tr>
<tr>
<td></td>
<td>(800) 336-6569</td>
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<tr>
<td>Martinsville City</td>
<td>Virginia Prosthetics, Inc. 315 Hospital Drive Ste 104 Martinsville, VA 24112</td>
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<td></td>
<td>445 E Commonwealth Blvd Ste C Martinsville, VA 24112</td>
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<td></td>
<td>(276) 634-5690</td>
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<tr>
<td>Mecklenburg</td>
<td>SME, INC. USA 420 Bracey Ln South Hill, VA 23970</td>
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<td>(800) 553-6971</td>
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<tr>
<td>Newport News City</td>
<td>Coastal Prosthetics &amp; Orthotics, LLC 11818 Rock Landing Dr Newport News, VA 23606</td>
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<td></td>
<td>(757) 892-5300</td>
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<td></td>
<td>Don Joy Orthopaedics 11782 Rock Landing Rd Newport News, VA 23606</td>
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<td>(800) 336-6569</td>
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<td></td>
<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic) 704 Thimble Shools Blvd Ste 400B</td>
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<td>Newport News, VA 23606 (757) 873-1984</td>
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<td></td>
<td>Med Emporium 628 Pilot House Drive Newport News, VA 23606</td>
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<td>(757) 434-5777</td>
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<td></td>
<td>Reach Orthotic &amp; Prosthetic Services 11747 Jefferson Ave Ste 5A Newport News, VA 23606</td>
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<td>(757) 595-9800</td>
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<td></td>
<td>Hanger Orthotic &amp; Prosthetic Center 2418 Granby St Norfolk, VA 23517</td>
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<td>(757) 627-4191</td>
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<td></td>
<td>Children's Hospital of the King's Daughters 601 Childrens Ln Norfolk, VA 23507</td>
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<td>(757) 668-7000</td>
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<td>Coastal Prosthetics &amp; Orthotics, LLC 6320 N Center Dr Bldg 15 Ste 201 Norfolk, VA 23502</td>
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<td>(757) 892-5300</td>
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<td>Don Joy Orthopaedics 171 Kempsville Rd Ste 102 Norfolk, VA 23502</td>
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<td>(800) 336-6569</td>
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<td>Hanger Prosthetics &amp; Orthotics East, Inc. (Hanger Clinic) 6275 E Virginia Beach Blvd Ste 100 Norfolk, VA 23502</td>
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<td>(757) 461-0671</td>
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<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic) 6275 East Virginia Beach Blvd Ste 100 Norfolk, VA 23502</td>
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<td>(757) 461-0671</td>
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<td></td>
<td>Med Emporium 2322 E Little Creek Rd Norfolk, VA 23518</td>
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<td>(757) 588-1487</td>
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<td></td>
<td>Tidewater Prosthetics Center, Inc. 6363 Center Dr Bldg 6 Ste 100 Norfolk, VA 23502</td>
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<td></td>
<td>(757) 925-4844</td>
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<td>Orthofit Inc. 11556 Occohannock Rd Exmore, VA 23350</td>
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<td>Northampton</td>
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<td></td>
<td>Appalachiain Prosthetic &amp; Orthotic Services, Inc. 750 Park Ave Norton, VA 24273</td>
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<td></td>
<td>(276) 409-0001</td>
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<td>HSF Prosthetics and Orthotics (UVA Physicians Group) 1015 Spring Creek Parkway Zion Crossroads, VA 22942</td>
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<td>(434) 243-4670</td>
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<td>Hanger Orthotics &amp; Prosthetics, Inc. (Hanger Clinic) 3333 S Carter Rd Ste 3D Petersburg, VA 23805</td>
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<td>(804) 733-0900</td>
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<td>Don Joy Orthopaedics 1300 W Broad St Ste 113 Richmond, VA 23264</td>
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<td>500 Hooaks Rd Richmond, VA 23225</td>
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<td>Hanger Prosthetics &amp; Orthotics, Inc. (Hanger Clinic) 201 N Belvedere St Richmond, VA 23220</td>
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<td>(804) 643-9064</td>
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<td>(757) 627-4191</td>
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<td>Portmouth City Drs. Althouse Carroll and Alperin LTD. 3410 County Street Portmouth, VA 23707</td>
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<td></td>
<td>(757) 393-2568</td>
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<td>Don Joy Orthopaedics 1102 Jefferson St SE Roanoke, VA 24016</td>
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<td>(800) 336-6569</td>
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<td></td>
<td>Exel Prosthetics &amp; Orthotics, Inc. 115 Albermarle Ave SE Roanoke, VA 24013</td>
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<td>(434) 797-1191</td>
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<td>(800) 553-6971</td>
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<td>Virginia Prosthetics, Inc. 4338 Williamson Rd Roanoke, VA 24012</td>
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<tr>
<td></td>
<td>(540) 366-8287</td>
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<td>Valley Orthotic Specialists Inc. 5421 Main Street Mount Jackson, VA 22842</td>
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<td>(540) 387-1057</td>
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<td>Don Joy Orthopaedics 1700 Will O Wap Dr Virginia Beach, VA 23454</td>
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<td>(800) 336-6569</td>
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<td></td>
<td>1821 Old Donation Pkwy Suite 7 Virginia Beach, VA 23454</td>
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<td></td>
<td>(757) 631-6311</td>
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<td></td>
<td>Lawson Medical 1940 Laskin Rd Ste 306 Virginia Beach, VA 23454</td>
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<td>(757) 428-0787</td>
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<td></td>
<td>Mobility Prosthetics &amp; Orthotics 3808 Jefferson Davis Hwy Fredericksburg, VA 22408</td>
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<td>(540) 899-0127</td>
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<tr>
<td>Stafford</td>
<td>Bennett's Creek Pharmacy 3219 Bridge Road Suffolk, VA 23435</td>
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<td>(757) 483-6966</td>
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<td>Suffolk City</td>
<td>Coastal Carolina Prosthetics and Orthotics, Inc. 146 Burnetts Way Ste 104 Suffolk, VA 23434</td>
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<td>(757) 934-2676</td>
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<td>Eastern Virginia Orthotics and Prosthetics, Inc. 3517 Lingfield Cove Suffolk, VA 23435</td>
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<td>(757) 850-2835</td>
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<td>Progressive Prosthetic &amp; Orthopedic Services 1577 Wilroy Road Suite 300 Suffolk, VA 23434</td>
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<td>Tidewater Prosthetics Center, Inc. 150 Burnetts Way Ste 300 Suffolk, VA 23435</td>
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<td>(757) 925-4844</td>
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<td>Tazewell</td>
<td>Bristol Orthotics and Prosthetics 1051 Claywood Hill Mall Ste 13 Cedar Bluff, VA 24609</td>
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<td>Virginia Beach City Booden Orthopedic &amp; Prosthetic Center 5511 Princess Anne Rd Ste 101 Virginia Beach, VA 23462</td>
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<td>Coastal Prosthetics &amp; Orthotics, LLC 1924 Landstowne Centre Way Ste 109 Virginia Beach, VA 23456</td>
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Montagna Shoes
752 Independence Blvd Ste 4546
Virginia Beach, VA 23455
(757) 490-2034

Orthofit Inc.
3200 Dam Neck Rd Suite 108
Virginia Beach, VA 23453
(757) 206-5811

Progressive Prosthetic & Orthopedic Services
380 Cleveland Place
Virginia Beach, VA 23462
(757) 456-5501

SME, INC. USA
3708 Albacore Key
Virginia Beach, VA 23452
(800) 553-6971

United Medical, Inc.
4654 Haygood Road Suite B
Virginia Beach, VA 23455
(757) 363-7746

Vicki's Mastectomy Boutique
277 N Lynnhaven Rd Ste 108
Belle Haven, VA 23306
(757) 442-5222

Albemarle
Albemarle Physical Therapy Associates, LLC
285 Hydraulic Ridge Rd Ste 4
Charlottesville, VA 22901
(434) 817-0980

Atlantic Sports & Rehabilitation Services, Inc.
1410 Incarnation Dr Ste 101
Charlottesville, VA 22901
(434) 978-4915

Blue Ridge Rehabilitation Associates, Incorporated
3010 Berkmar Dr
Charlottesville, VA 22901
(434) 973-5031

Brian Lambert Physical Therapy
1405 Rolkin Court Ste 102
Charlottesville, VA 22911
(434) 977-6700

Charlottesville Hand Surgery, PLC
320 Winding River Lane Ste 320
Charlottesville, VA 22911
(434) 984-4263

Connections Achievement and Therapy Center, Corp.
277 Hydraulic Ridge Rd
Charlottesville, VA 22901
(434) 529-6248

Crawford Physical Therapy Limited Partnership
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 949-5383

Northside Physical Therapy & Fitness
1770 Timberwood Blvd Ste 104
Charlottesville, VA 22911
(434) 964-0067

Pantops Physical Therapy, PC
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 244-0069

Pivot Physical Therapy of Virginia
1490 Pantops Mountain Place Suite 202
Charlottesville, VA 22911
(434) 242-6472

PT Plus Health, LLC
5690 Three Notchd Rd Ste 107
Crozet, VA 22932
(434) 823-7613

Rehabilitation Associates of Central Virginia, LP
1406 Greenbrier Place
Charlottesville, VA 22901
(434) 220-0069

Sentara Martha Jefferson Therapy - Outpatient Care Center Pantops
595 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-8888

Sentara Martha Jefferson Therapy - Outpatient Care Center Profit
3263 Profit Road
Charlottesville, VA 22911
(434) 654-4653

Spectrum Therapy
1622 Timberwood Boulevard Suite 211
Charlottesville, VA 22911
(434) 202-2830

2050 Abbey Road Suite B
Charlottesville, VA 22911
(434) 817-4100

696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Spectrum Therapy-Albemarle Clinic (Southeastern Physical Therapy)
696 Berkmar Circle
Charlottesville, VA 22901
(434) 817-4100

Therapy 360, LLC
716 Levy Ave
Charlottesville, VA 22901
(703) 625-1027

Alexandria City
Select Physical Therapy (Alexandria - Ford Ave)
4401 Ford Avenue Suite 301
Alexandria, VA 22302
(703) 845-0500

Alleghany
Alleghany Health and Rehab
1725 Main Street
Clifton Forge, VA 24422
(540) 862-5791

Allegany Highlands Community Services
543 Church St
Clifton Forge, VA 24422
(540) 863-1620

550 W Pine St
Clifton Forge, VA 24422
(540) 862-2972

Allegany Regional Hospital d/b/a LewisGale Alleghany
One Arh Lane
Low Moor, VA 24457
(540) 862-6200

Ridgeline Physical Therapy, Inc
2901 Selma Low Moor Road
Low Moor, VA 24457
(540) 862-0068

Amelia
Amelia Physical Therapy
10130 Superior Way
Amelia Court House, VA 23002
(804) 561-1585

Amherst
Rehabilitation Associates of Central Virginia, LP
115 Ambrar Ctr
Amherst, VA 24521
(434) 381-6090

118 Oakwood Dr Suite B
Madison Heights, VA 24572
(434) 845-5641

Appomattox
Rehabilitation Associates of Central Virginia, LP
571 Court St Suites A-C
Appomattox, VA 24522
(434) 352-5799

Arlington
Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
4601 North Fairfax Dr Ste 100
Arlington, VA 22203
(703) 841-0395

Select Physical Therapy (Alexandria - Arny Navy Dr)
2445 Army Navy Drive
Arlington, VA 22206
(703) 769-8442

Select Physical Therapy (Alexandria-South Carlin Springs Rd)
61 South Carlin Springs Road Suite 505
Arlington, VA 22204
(703) 820-5840

Augusta
Advantage Physical Therapy of Virginia LLC
54 Franklin St Village Square Plaza
Weyers Cave, VA 24486
(540) 234-8800
Other Services - Tier 1

Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Barren Ridge Physical Therapy Limited Partnership
52 Windward Drive Suite 110
Fishersville, VA 22939
(540) 949-5383

Synergy Rehab and PT Wellness, PLC
1561 Commerce Rd Ste 402
Verona, VA 24482
(540) 416-0530

Wilson Workforce and Rehabilitation Center
243 Woodrow Wilson Ave
Fishersville, VA 22939
(540) 332-7082

Bath

Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford

Rehabilitation Associates of Central Virginia, LP
1111 Corporate Park Dr Suite B
Forest, VA 24551
(434) 525-4851
12281 Moneta Rd Suite B
Moneta, VA 24463
(540) 296-3203

Bedford City

Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Centra Outpatient Rehabilitation
1710 Whifield Drive
Bedford, VA 24523
(540) 587-3246

Rehabilitation Associates of Central Virginia, LP
3 Cedar Hill Ct Suite C
Bedford, VA 24523
(540) 586-1158

Botetourt

Heartland Rehabilitation Services
1973 Main Street
Buchanan, VA 24066
(540) 254-2126

University Physical Therapy
65 Shenandoah Ave Suite 203
Daleville, VA 24083
(540) 352-4304

Buchanan

Buchanan Therapy Services, Inc.
1103 H Plaza Drive
Grundy, VA 24614
(276) 935-5525

Merritt Physical Therapy & Rehab
1060 Anchorage Circle
Vansant, VA 24665
(276) 935-9496

Buena Vista City

Shenandoah Valley Health and Rehab
3737 Cataula Avenue
Buena Vista, VA 24416
(540) 261-7444

Campbell

Rehabilitation Associates of Central Virginia, LP
120 W Rush Ct
Brookneal, VA 24528
(434) 376-2008
69 Barricks Ln Suite E
Rustburg, VA 24588
(434) 332-3904

Caroline

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
121 Courthouse Ln (Kessler)
Bowling Green, VA 24227
(804) 633-1232
Select Physical Therapy (Douglas Avery - Courthouse Lane)
121 Courthouse Lane Suite 100
Bowling Green, VA 24227
(804) 633-1232

Carroll

Carillon Bone and Joint Center PT/ST/OT
215 E Grayson St
Hillsville, VA 24343
(276) 773-8145

Heartland Rehabilitation Services
1113 Carrollton Pike
Hillsville, VA 24343
(276) 728-0070

Charlotte

Centra Outpatient Rehabilitation
312 King Street
Keysville, VA 23947
(434) 315-2920

Charlottesville City

Albemarle Therapy Center Inc
1102 Rose Hill Dr
Charlottesville, VA 22903
(434) 979-8628
Balance Chiropractic, PLC
808 Preston Ave Ste 100
Charlottesville, VA 22903
(434) 293-3800

Cedars Healthcare Center
1242 Cedars Court
Charlottesville, VA 22903
(434) 296-5611
Encompass Therapy, LLC
4416 Ivy Commonwealth
Charlottesville, VA 22903
(434) 249-3756

Golden LivingCenter - Charlottesville
1242 Cedars Ct
Charlottesville, VA 22903
(434) 296-5611

Physical Therapy at ACAC LLC
575 Four Leaf Lane
Charlottesville, VA 22903
(434) 817-4283

PT Plus Charlottesville
1910 Arlington Blvd
Charlottesville, VA 22903
(434) 984-0303

SELECT PHYSICAL THERAPY
250 Merchants Walk Avenue Suite 300
Charlottesville, VA 22902
(434) 328-4900

Select Physical Therapy (Select PT Holdings - Merchant Walk Ave)
250 Merchant Walk Avenue Suite 300 5th Street Station
Charlottesville, VA 22902
(434) 328-4900

Spectrum Therapy
902 E Jefferson St Ste 101 (Health & Wellness Clinic)
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy (Health & Wellness Clinic)
902 E. Jefferson St. Ste 101
Charlottesville, VA 22902
(434) 295-6515

Spectrum Therapy Health & Wellness Clinic
902 E. Jefferson St Ste 101
Charlottesville, VA 22902
(434) 295-6515

The Performance Place Physical Therapy & Sports Medicine, LLC
1230 Cedars Court Suite 106
Charlottesville, VA 22903
(434) 220-0805

UVA Health Services Foundation
500 Ray C Hunt Dr
Charlottesville, VA 22908
(434) 295-1000

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesapeake City

Bon Secours OccMed & Physical Therapy (Maryview Hospital, Inc.)
2613 Taylor Road Suite 102
Chesapeake, VA 23321
(757) 465-7651

Chesapeake Internists Ltd
113 Gainsborough Sq Ste 300
Chesapeake, VA 23322
(757) 819-6512

Dominion Physical Therapy & Associates, Inc.
108 Knells Ridge Ste 200
Chesapeake, VA 23320

Maryview Health Care Center - Chesapeake
4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651

North Shore Sports & Physical Therapy
200 North Battlefield Blvd Ste 5
Chesapeake, VA 23320
(757) 547-1215

Physical Therapy Center of Chesapeake
747 7th Volvo Pkwy Ste 103
Chesapeake, VA 23320
(757) 420-2880

Pivot Physical Therapy of Virginia (Hampton Roads)
135 Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512
135 W Hanbury Rd Suite B
Chesapeake, VA 23322
(757) 819-6512
4020 Raintree Road Ste D
Chesapeake, VA 23321
(757) 484-4241
927 N Battlefield Blvd Suite 200
Chesapeake, VA 23320
(757) 436-3350

Restorative Physical Therapy & Wellness, LLC
900 Stanhope Gardens Suite 101
Chesapeake, VA 23320
(757) 842-6562

Sentara Therapy Center - Minden
1933 Edwin Drive Suite 103
Chesapeake, VA 23322
(757) 252-5800

Sentara Therapy Center - Grassfield
1001 Scenic Parkway Suite 101
Chesapeake, VA 23323
(757) 388-9950

Sentara Therapy Center - Great Bridge YMCA
633 Battlefield Boulevard South Suite 200
Chesapeake, VA 23322
(757) 233-4790

Sentara Therapy Center - Greenbrier
713 Volvo Parkway Suite 201
Chesapeake, VA 23320
(757) 282-4015

Southeastern Physical Therapy
6808 Kingsborough Sq
Chesapeake, VA 23320
(757) 547-0434

Optima Direct Network Providers January 2019 397

Optima Health
### Other Services - Tier 1

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<tr>
<th>Service</th>
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<td>The Center for Pediatric Therapies Inc</td>
<td>175 Deer Run Rd Danville, VA 24540</td>
<td>(434) 797-5531</td>
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<tr>
<td>Dickinson</td>
<td>Dickinson Community Hospital 312 Hospital Drive Cliftonwood, VA 24228</td>
<td>(707) 926-0300</td>
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<tr>
<td>Dominion Health &amp; Fitness</td>
<td>4862 Dickinson Highway Cliftonwood, VA 24228</td>
<td>(707) 926-4516</td>
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<tr>
<td>Emporia City</td>
<td>727 North Main St Emporia, VA 23847</td>
<td>(434) 336-5300</td>
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<tr>
<td>Southern Virginia Regional Medical Center</td>
<td>727 North Main St Emporia, VA 23847</td>
<td>(434) 336-4400</td>
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<td>Golden Living Center - Sleepy Hollow</td>
<td>6700 Columbia Pike Annandale, VA 22003</td>
<td>(707) 256-7000</td>
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<td>Mount Vernon Healthcare Center</td>
<td>8111 Tis Well Dr Alexandria, VA 22306</td>
<td>(707) 360-7400</td>
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<td>Patriot Sports Medicine (Alexandria Sports)</td>
<td>4001 Fair Ridge Dr Ste 201 Fairfax, VA 22033</td>
<td>(707) 270-0095</td>
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<tr>
<td>PHYSICAL THERAPY SOLUTIONS</td>
<td>3914 Centreville Road Suite 240 Chantilly, VA 20151</td>
<td>(707) 689-2251</td>
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<td>Reston Hospital Center</td>
<td>1850 Town Center Pkwy Reston, VA 20190</td>
<td>(707) 689-9000</td>
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<tr>
<td>SELECT PHYSICAL THERAPY</td>
<td>150 Elden St Ste 250 Herndon, VA 20170</td>
<td>(707) 435-0090</td>
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<td>Select Physical Therapy (Alexandra - Burke Ctr Pkwy)</td>
<td>6035 Burke Center Parkway Suite 300 Burke, VA 22205</td>
<td>(707) 978-3300</td>
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<td>Select Physical Therapy (Alexandra - Fair Ridge Dr)</td>
<td>4001 Fair Ridge Drive Suite 201 Fairfax, VA 22033</td>
<td>(707) 273-2093</td>
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<td>Select Physical Therapy (Alexandra - Hinson Farm Rd)</td>
<td>8101 Hinson Farm Road Suite 312 Alexandria, VA 22306</td>
<td>(707) 769-8455</td>
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<td>Select Physical Therapy (Alexandra - Richmond Hwy)</td>
<td>10716 Richmond Highway Suite 103 Lorton, VA 22079</td>
<td>(707) 690-2309</td>
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<td>Select Physical Therapy (Alexandra - Shawnee Rd)</td>
<td>5400 Shawnee Road Suite 104 Alexandria, VA 22312</td>
<td>(707) 256-4830</td>
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<td>Select Physical Therapy (Douglas Avery - Elm St)</td>
<td>6862 Elm Street Suite 105 McLean, VA 22101</td>
<td>(707) 656-7788</td>
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<td>6166 Fuller Court Alexandria, VA 22310</td>
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<td>3299 Woodburn Road Suite 310 Annandale, VA 22003</td>
<td>(707) 849-8142</td>
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<td>Select Physical Therapy (Physiotherapy - Albemarle Point PL)</td>
<td>4434 Albemarle Point Place Suite 200 Chantilly, VA 20151</td>
<td>(703) 378-5834</td>
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<td>Select Physical Therapy (Physiotherapy - Church St NE)</td>
<td>501 Church Street NE Suite 105 Vienna, VA 22180</td>
<td>(703) 938-8356</td>
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<td>6733 Curran Street Suite 100 McLean, VA 22101</td>
<td>(703) 448-0259</td>
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<td>12005 Sunrise Valley Drive Suite T40 Reston, VA 20191</td>
<td>(703) 860-2391</td>
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<td>Select Physical Therapy (Select PT Holdings - Old Burke Lake Rd)</td>
<td>9409-K Old Burke Lake Road Burke, VA 22015</td>
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<td>6910 Richmond Highway Suite 100 Alexandria, VA 22206</td>
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<td>6850 Versar Center Suite 241 Springfield, VA 22151</td>
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<td>Select Physical Therapy (Select PT Holdings - Waples Mill Rd)</td>
<td>11280 Waples Mill Road Suite 130 Fairfax, VA 22030</td>
<td>(707) 273-2400</td>
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<td>Results Rehabilitation &amp; Fitness, Inc.</td>
<td>10373 A Democracy Lane Fairfax, VA 22030</td>
<td>(703) 385-2855</td>
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<td>(707) 273-2400</td>
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<td>(540) 341-1922</td>
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<td>Peak Rehabilitation 430 S Locust St Floyd, VA 24091 (540) 745-5005</td>
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<td>Pivot Physical Therapy of Virginia 77 Market Street Suite B Palmyra, VA 22963 (434) 510-7301</td>
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<td>Franklin</td>
<td>Carilion Franklin Memorial Hospital 180 Floyd Avenue Rocky Mount, VA 24151 (540) 633-9353</td>
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<td>Children's Therapy Concepts, LLC 107 E 3rd Avenue Franklin, VA 23851 (757) 776-3088</td>
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<td>Southampton Memorial Hospital</td>
<td>1500 Armory Drive Suite B Franklin, VA 23851 (757) 562-0990</td>
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**Optima Direct Network Providers January 2019**
### Virginia

#### Fredericksburg City
- **Fredericksburg Orthopaedic Associates-PT**
  - 501 Park Hill Drive
  - Fredericksburg, VA 22401
  - (540) 899-0002
- **Orthopaedic Specialty Clinic PT**
  - 2800 Welford Street Suite 100
  - Fredericksburg, VA 22401
  - (540) 361-1830
- **Pivot Physical Therapy of Virginia**
  - 1149 Jefferson Davis Highway
  - Fredericksburg, VA 22401
  - (540) 322-2518
- **Rappahannock Area CSB**
  - 600 Jackson St
  - Fredericksburg, VA 22401
  - (540) 373-3223

#### Galax City
- **Galax Health and Rehab**
  - 836 Glendale Road
  - Galax, VA 24333
  - (276) 236-9991
- **Twin County Regional Hospital Physical Therapy**
  - 200 Hospital Drive
  - Galax, VA 24333
  - (276) 236-1635

#### Giles
- **Carillon Giles Community Hospital**
  - 159 Hartley Way
  - Pearisburg, VA 24134
  - (540) 921-6000
- **University Physical Therapy**
  - 154 Kinter Way
  - Pearisburg, VA 24134
  - (540) 921-5200
- **University PT - Pearisburg 130**
  - Pearisburg, VA 24134
  - (540) 921-5200

#### Gloucester
- **Bayside Children's Therapy Network**
  - 6688 Main St
  - Gloucester, VA 23061
  - (804) 210-1555
- **Pivot Physical Therapy of Virginia**
  - 7190 Chapman Drive
  - Hayes, VA 23072
  - (804) 642-3028
- **Pivot Physical Therapy of Virginia (Hampton Roads)**
  - 6070 Fox Hunt Lane
  - Gloucester, VA 23061
  - (804) 210-1343

#### Goochland
- **Pivot Physical Therapy of Pennsylvania**
  - 44 Broad St Route 250
  - Manakin-Sabot, VA 23103
  - (804) 794-7587
- **Pivot Physical Therapy of Virginia**
  - 44 Broad Street Road
  - Manakin Sabot, VA 23103
  - (804) 784-7090
- **ProCare Physical Therapy Inc.**
  - 44 Broad St
  - Manakin Sabot, VA 23103
  - (804) 784-7090

#### Grayson
- **Mountain Valley Physical Therapy**
  - 574 East Main Street
  - Independence, VA 24348
  - (276) 773-8118

#### Greene
- **Small Talk Speech & Therapy Center, LLC**
  - 69 Deane Road
  - Ruckersville, VA 22968
  - (434) 481-3524

#### Spectrum Therapy
- **138 Stonebridge Drive N Suite 4**
  - Ruckersville, VA 22968
  - (434) 985-2288
- **8833 Seminole Trail**
  - Ruckersville, VA 22968

#### Tidewater Orthopaedic Associates
- **901 Enterprise Pkwy Ste 900**
  - Hampton, VA 23666
  - (757) 827-2480

#### Hanover
- **Ashland Physical Therapy Associates**
  - 203 N Washington Hwy
  - Ashland, VA 23005
  - (804) 340-1193

#### Other Services - Tier 1

### 400 Optima Direct Network Providers January 2019

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### Other Services - Tier 1

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<td>429 England Street, Ashland, VA 23005</td>
<td>(804) 798-9870</td>
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<tr>
<td>Select Physical Therapy (Select PT Holdings - Lee Davis Rd)</td>
<td>7415 Lee Davis Road, Mechanicsville, VA 23111</td>
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<td>Sheltering Arms Hospital Outpatient Services</td>
<td>8254 Ailee Rd, Mechanicsville, VA 23116</td>
<td>(804) 764-1001</td>
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<td>Sheltering Arms Rehabilitation Center at Hanover</td>
<td>8226 Meadowbridge, Mechanicsville, VA 23116</td>
<td>(804) 764-1001</td>
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<td>Harrisonburg City</td>
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<td>Advantage Physical Therapy of Virginia LLC</td>
<td>313 Neff Ave Suite C, Harrisonburg, VA 22801</td>
<td>(540) 434-1200</td>
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<tr>
<td>Appalachian Physical Therapy</td>
<td>2033 E Market St Suite 45, Harrisonburg, VA 22801</td>
<td>(540) 901-9501</td>
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<td>Hess Orthopaedic Center &amp; Sports Medicine, PLC</td>
<td>4165 Quarles Ct, Harrisonburg, VA 22801</td>
<td>(540) 437-7585</td>
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<td>Occupational Therapy Clinical Education Services</td>
<td>131 W Grace St Rm 110, Harrisonburg, VA 22807</td>
<td>(540) 568-4980</td>
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<td>RMH Outpatient Rehab Services</td>
<td>501 Stone Spring Rd, Harrisonburg, VA 22801</td>
<td>(540) 433-4555</td>
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<td>Parkview 1481 Virginia Ave, Harrisonburg, VA 22802</td>
<td>(540) 438-4228</td>
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<td>Sunnyside Retirement Community 3935 Sunnyside Dr, Harrisonburg, VA 22801</td>
<td>(540) 433-4198</td>
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<td>RMH Rehab Services</td>
<td>220 Reservoir St, Harrisonburg, VA 22801</td>
<td>(540) 433-8146</td>
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<td>Sentara RMH East Market Street</td>
<td>1790 East Market Street Ste 64B, Harrisonburg, VA 22801</td>
<td>(540) 564-5559</td>
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<td>Sentara RMH Orthopedics and Sports Medicine</td>
<td>2509 Pleasant Run Drive, Harrisonburg, VA 22801</td>
<td>(540) 689-5500</td>
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<td>Sentara RMH Wellness Center</td>
<td>2500 Wellness Drive, Harrisonburg, VA 22801</td>
<td>(540) 689-5500</td>
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<td>The Center for Hand and Physical Therapy</td>
<td>3221 Peoples Drive Suite 110, Harrisonburg, VA 22801</td>
<td>(540) 638-2478</td>
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<tr>
<td>Virginia Menonitice Rehab Center</td>
<td>1481 Virginia Avenue, Harrisonburg, VA 22801</td>
<td>(540) 574-3850</td>
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<tr>
<td>Wampler &amp; Associates Rehabilitation PC</td>
<td>220 Reservoir St, Harrisonburg, VA 22801</td>
<td>(540) 434-9267</td>
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<td>Henrico</td>
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<td>Beth Sholom Rehabilitation Clinic</td>
<td>1600 John Rolfe Pkwy, Richmond, VA 23238</td>
<td>(804) 421-5352</td>
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<td>2027 Lauderdale Dr, Richmond, VA 23238</td>
<td>(804) 421-5250</td>
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<td>Bon Secours Physical Therapy &amp; Sports Medicine</td>
<td>9600 Patterson Ave, Richmond, VA 23229</td>
<td>(804) 285-6818</td>
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<td>Bon Secours Richmond Hope Therapy Center (Pediatric)</td>
<td>4900 Dominion Blvd Ste B, Glen Allen, VA 23060</td>
<td>(804) 747-4673</td>
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<td>501 Bremer Rd, Richmond, VA 23226</td>
<td>(804) 285-2011</td>
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<td>Center for Physical Therapy &amp; Sports Medicine, PC</td>
<td>3020 Springfield Rd, Glen Allen, VA 23060</td>
<td>(804) 747-7472</td>
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<td>Concentra Medical Centers</td>
<td>9900 W Broad St Ste C, Glen Allen, VA 23060</td>
<td>(888) 997-2600</td>
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<td>Elizabeth Adam Crump Health and Rehab</td>
<td>3600 Mountain Road, Glen Allen, VA 23060</td>
<td>(804) 672-8725</td>
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<td>First Steps Physical Therapy, Inc.</td>
<td>4915 Turner Ridge Court, Glen Allen, VA 23059</td>
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<td>Healthsouth Hand Rehabilitation Center</td>
<td>7650 E Parham Rd Ste 100, Richmond, VA 23294</td>
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<td>Healthsouth Rehabilitation Hospital of Virginia</td>
<td>5700 Fitzhugh Avenue, Richmond, VA 23226</td>
<td>(804) 288-5700</td>
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<td>Healthsouth Sports Medicine &amp; Rehabilitation Center</td>
<td>7650 E Parham Rd Ste 120, Richmond, VA 23294</td>
<td>(804) 747-4417</td>
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<td>Henrico Area Mental Health &amp; Developmental Services</td>
<td>10299 Woodman Rd, Glen Allen, VA 23060</td>
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<td>Henrico Doctors' Hospital - Forest Campus</td>
<td>4825 S Laburnum Ave, Richmond, VA 23231</td>
<td>(804) 222-2607</td>
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<td>7700 East Parham Rd, Richmond, VA 23294</td>
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<td>Infant and Child Development Services</td>
<td>1901 Westwood Ave, Richmond, VA 23227</td>
<td>(804) 358-1874</td>
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<td>Lawrence Rehabilitation Specialists</td>
<td>2034 Dabney Rd Ste D, Richmond, VA 23230</td>
<td>(804) 523-2653</td>
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<td>Physical Therapy Solutions, Limited Partnership</td>
<td>4101 Cox Road Suite 100, Glen Allen, VA 23060</td>
<td>(804) 716-0457</td>
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<td>8906 West Broad St Ste F, Richmond, VA 23294</td>
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<td>Richmond Area Association for Retarded Citizens</td>
<td>1901 Westwood Ave, Richmond, VA 23227</td>
<td>(804) 353-0163</td>
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<td>Richmond Physical Therapy Corp</td>
<td>1700 Willow Lawn Drive Ste 230, Richmond, VA 23230</td>
<td>(804) 340-1193</td>
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<td>Roberts Physical Therapy &amp; Massage, Inc.</td>
<td>3514 Mayland Court, Richmond, VA 23233</td>
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<td>RVA Physical Therapy &amp; Sports Rehab, LLC</td>
<td>5388 Twin Hickory Road Suite 102, Glen Allen, VA 23059</td>
<td>(804) 874-2476</td>
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<td>SELECT PHYSICAL THERAPY</td>
<td>1340 Gaskins Road Unit 12, Richmond, VA 23238</td>
<td>(804) 747-4417</td>
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<td>8906 West Broad Street Suite F, Richmond, VA 23294</td>
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<td>3600 Saunders Ave, Richmond, VA 23227</td>
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Optima Direct Network Providers January 2019

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OptimaHealth
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<td>Orthopaedic Associates, Ltd</td>
<td>1501 Maple Ave North West MOB Ste 303, Richmond, VA 23226</td>
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<td>Comber Physical Therapy</td>
<td>201 Bullifants Blvd Ste B</td>
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<td>Child Development Resources</td>
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<td>104 Pennington Ave 24277</td>
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<td>Loudoun</td>
<td>Children's Heart Institute - VA, P.C.</td>
<td>19445 Deerfield Avenue Suite 310, Leesburg, VA 20176</td>
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<td>2009 Ashbrook Place Ste 190 Ashburn, VA 20147</td>
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<td>46304 McClellan Way Sterling, VA 20165</td>
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<td>StoneSprings Hospital Center</td>
<td>24440 Stone Springs Blvd Dulles, VA 20166</td>
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<td>Virginia Physical Therapy and Staffing LLC</td>
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| Acme Therapies Co | 101 Cleveland Ave Suite D  
Blacksburg, VA 24060  
(276) 352-4465 |
| Martinsville Health and Rehab | 1607 Spruce Street  
Martinsville, VA 24112  
(276) 632-7146 |
| Martinsville Physical Therapy & Industrial Rehabilitation, Inc. | 812 E Church St  
Martinsville, VA 24112  
(276) 638-4809 |
| MPNN CSB | |
| Speech Beyond Words Therapy |  
In Touch Therapy, PLC  
Sentara Therapy Center - Middlesex  
Sentara Therapy Center - Mathews  
Physical Therapy Solutions, Limited Partnership  
Therapy Associates of Martinsville  
YMCA  
Therapy Direct  
SOVAH Health - Martinsville  
Martinsville Physical Therapy & Industrial Rehabilitation, Inc.  
Acme Therapies Co  
(540) 605-9773 |
| Mathews |
| Physical Therapy Solutions, Limited Partnership | 407 E Canal Street  
Richmond, VA 23219  
(804) 840-0845 |
| Sentara Therapy Center - Mathews | 73 Main Street Suite E  
Martinsville, VA 24112  
(804) 725-2451 |
| Mecklenburg |
| In Touch Therapy, PLC | 1187 North Mecklenburg Avenue  
South Hill, VA 23870  
(434) 447-3322 |
| Speech Beyond Words Therapy Services, Inc. | 868 N Mecklenburg Ave  
South Hill, VA 23870  
(434) 774-4057 |
| Middlesex |
| MPNN CSB | 5372B Old Virginia Street  
Urbana, VA 22175  
(804) 758-5250 |
| Sentara Therapy Center - Middlesex YMCA | 11487 General Puller Hwy  
Hartfield, VA 23071  
(804) 776-1008 |
| Montgomery |
| Blacksburg Center for Pain Management, Inc. | 1901 S Main Street Ste 8  
Blacksburg, VA 24060  
(540) 605-9773 |
| Nelson |
| Blue Ridge Medical Center, Inc.-PT | 4038 Thomas Nelson Hwy  
Arlington, VA 22202  
(434) 263-4000 |
| Lovingston Physical Therapy | 8445 Thomas Nelson Highway  
Lovingston, VA 22949  
(434) 263-6200 |
| PT PLUS OF AFTON LLC | 7850 Rockfish Hwy  
Afton, VA 22920  
(540) 456-6222 |
| Rehabilitation Associates of Central Virginia, LP | 61 Callohill Drive  
Lovingston, VA 22949  
(434) 226-0612 |
| New Kent |
| Henrico Area Mental Health & Developmental Services | 9403A Pocahontas Trail  
Providence Forge, VA 23140  
(804) 966-5959 |
| Newport News City |
| Sentara Therapy Center - Newport News YMA | 7827 Warwick Blvd Suite A  
Newport News, VA 23607  
(757) 736-9390 |
| Sentara Therapy Center - Newport News City | 729 Thimble Shoals Blvd Ste 4C  
Newport News, VA 23606  
(757) 873-2932 |
| Hampton Roads Orthopaedics & Sports Med - Physical Therapy | 730 Thimble Shoals Blvd Ste 130  
Newport News, VA 23606  
(757) 873-1554 |
| Mary Immaculate Hospital | 14703 Warwick Blvd Ste B  
Newport News, VA 23608  
(757) 874-1962 |
| Orthopaedic & Spine Ctr | 
(Orthopaedic Surgery & Sports Med Spec)  
250 Nat Turner Blvd  
Newport News, VA 23606  
(757) 596-1900 |
| Physical Therapy Now (Bruce Templeton PT) | 704 Thimble Shoals Blvd Ste 400A  
Newport News, VA 23606  
(757) 591-2668 |
| Pinnacle Hand Therapy | 704 Middle Ground Blvd Ste D  
Newport News, VA 23606  
(757) 595-4880 |
| Southeastern Physical Therapy | 12610 Patrick Henry Drive Suite H  
Newport News, VA 23602  
(757) 874-1470 |
| TPMG PT & OT | 860 Omni Blvd Suite 103  
Newport News, VA 23606  
(757) 223-9403 |
| Norfolk City |
| Atlantic Physical Therapy, P.C. | 6330 Newtown Rd Suite 100  
Norfolk, VA 23502  
(757) 466-4401 |
| Bayview Physical Therapy & Wellness Ctr | 7930 Chesapeake Blvd Ste F  
Norfolk, VA 23518  
(757) 588-4325 |
| Bon Secours DePaul Medical Center-Outpatient Rehab Services | 150 Kingsley Ln  
Norfolk, VA 23505  
(757) 889-5201 |
| Bon Secours In Motion Physical Therapy Center | 885 Kempsville Rd Ste 300  
Norfolk, VA 23502  
(757) 955-2800 |
| Children's Hospital of the King's Daughters | 601 Childrens Ln  
Norfolk, VA 23507  
(757) 668-7000 |
| Children's Hospital of the King's Daughters(SM Therapy in Ghent) | 702 West 21st Street  
Norfolk, VA 23517  
(757) 668-4890 |
| Direct Performance Physical Therapy | 1900 Monticello Ave  
Norfolk, VA 23517  
(757) 609-0048 |
| Dominion Physical Therapy & Associates, Inc. | 301 Riverview Ave Ste 520  
Norfolk, VA 23510  
(757) 963-5588 |
| Dominion Physical Therapy & Associates, Inc. | 5701 Cleveland Street Ste 600  
Norfolk, VA 23514  
(757) 995-2700 |
| In Motion at the Atrium - DePaul (Bon Secours) | 160 Kingsley Ln Ste 501  
Norfolk, VA 23505  
(757) 889-5891 |
| Norfolk Physical Therapy Center | 839 Poplar Hall Dr  
Norfolk, VA 23502  
(757) 459-2112 |
| North Shore Sports & Physical Therapy | 7419 Granby St  
Norfolk, VA 23509  
(757) 459-2820 |
Northampton
Mosher Physical Therapy and Sports Medicine, PC
712 Randolph Ave
Cape Charles, VA 23310
(757) 331-4490

Northumberland
Abilities Abound Physical Therapy and Wellness Center, PLLC
765 Northumberland Highway
Callao, VA 22435
(804) 529-5178

Belfield Physical Therapy
16155 Northumberland Highway
Reedville, VA 22539
(804) 220-2009

Nottoway
Blackstone Physical Therapy
920 South Main Street
Blackstone, VA 23824
(434) 292-4167

Progressive Therapy
104 West Broad St
Blackstone, VA 23824
(434) 298-0141

Orange
Novacare Rehabilitation
5477 Germanna Hwy
Locust Grove, VA 22508
(540) 972-9610

Select Physical Therapy
(RehabClinics - Germanna Hwy)
5477 Germanna Highway
LoCust Grove, VA 22508
(540) 972-9610

Spectrum Therapy
70 Jefferson Court Suite 102
Zion Crossroads, VA 22942
(540) 832-3061

Page
Excel Therapy
200 Leaskeville Rd
Luray, VA 22835
(540) 743-0502

Page Memorial Hospital Inc
200 Memorial Dr
Luray, VA 22835
(540) 743-4561

Patrick
Bassett Physical Therapy
797 Woodland Drive Suite 102
Staunton, VA 24401
(276) 694-0124

Petersburg City
Battlefield Park Healthcare Center
250 Flank Road
Petersburg, VA 23805
(804) 861-2223

Golden LivingCenter - Battlefield Park
250 Flank Rd
Petersburg, VA 23805
(804) 861-2223

Golden LivingCenter - Petersburg
287 E South Boulevard
Petersburg, VA 23805
(804) 733-1190

HealthSouth Rehabilitation Hospital of Petersburg
95 Pine Hill Blvd
Petersburg, VA 23805
(804) 673-4479

Petersburg Healthcare Center
287 E South Boulevard
Petersburg, VA 23805
(804) 733-1190

Southside Regional Medical Center - Physical Therapy
200 Medical Park Blvd
Petersburg, VA 23805
(804) 765-5000

Pittsylvania
Centra Health Medical Center - Gretna
1220 West Gretna Rd
Gretna, VA 24557
(434) 947-5439

Centra Outpatient Rehabilitation
291 McBride Lane
Gretna, VA 24557
(434) 656-4607

Rehabilitation Associates of Central Virginia, LP
527 Pocket Rd
Hurt, VA 24563
(434) 324-9750

Poquoson City
Bayside of Poquoson Health and Rehab
1 Vantage Drive
Hampton, VA 23662
(757) 868-9660

Portsmouth City
Bon Secours Hampton Roads - Rehabilitation Services
3636 High St
Portsmouth, VA 23707
(757) 398-2627

Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
In Motion Physical Therapy @ High St
3300 High St Ste 1A
Portsmouth, VA 23707
(757) 673-5689

Dominion Physical Therapy & Associates, Inc.
500 Rodman Ct Ste 4
Portsmouth, VA 23707
(757) 393-6119

HANSEL UNION CONSULTING, PLLC
711 Court Street
Portsmouth, VA 23704
(757) 967-9926

Orthopaedic Surgery Centers, PC II
3300 High St Suite I
Portsmouth, VA 23707
(757) 397-0783

Portsmouth Orthopaedic Associates, Inc.
2929 London Blvd
Portsmouth, VA 23707
(757) 397-1201

Sentara Life Care - Portsmouth Therapy Center
4201 Greenwood Dr
Portsmouth, VA 23701
(757) 673-5020

Powhatan
Pivot Physical Therapy of Virginia
3510 Anderson Highway Ste 2
Powhatan, VA 23139
(804) 598-2100

Powhatan Physical Therapy
1555 Standing Ridge Dr Ste C-1
Powhatan, VA 23139
1799 S Creek One Suite E
Powhatan, VA 23139
(804) 794-9023

Prince Edward
Centra Outpatient Rehabilitation
935 Main St
Farmville, VA 23901

Centra Southside Community Hospital
800 Oak St
Farmville, VA 23901
(434) 392-8811

Progressive Therapy
1412 West Third Street
Farmville, VA 23901
(434) 392-1596

Woodland Therapy & Wellness Center
2003 Cobb Street
Farmville, VA 23901
(434) 392-6106

Prince William
Arthritis and Osteoporosis Center of Northern Virginia
8100 Ashton Avenue Suite 215
Manassas, VA 20109
(703) 361-3255

Douglas Avery & Associates, Ltd.
dba NovaCare Rehabilitation
2076 Daniel Stuart Sq
Woodbridge, VA 22191
(703) 492-6934

Fusion Physical Therapy
12731 Marblestone Drive Suite 202
Woodbridge, VA 22192
(571) 659-2612

Lake Ridge Physical Therapy
12544 Dillingham Square
Woodbridge, VA 22192
(703) 730-6969

Optima Direct Network Providers January 2019

404
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

Richmond City
Bon Secours Richmond Community Hospital
1500 N 28th St
Richmond, VA 23223
(804) 225-1700

Richmond
Belfield Physical Therapy
4562 Richmond Rd
Richmond, VA 23220
(804) 333-8222

PRINCE WILLIAM
Pivot Physical Therapy of Virginia
-4214 Fortuna Center Plaza
Dumfries, VA 22025
(571) 402-2098

Prince William
Results Rehabilitation & Fitness, Inc.
7521 Virginia Oaks Drive Suite 240
Gainesville, VA 20155
(703) 753-7600

SELECT PHYSICAL THERAPY
14524 Potomac Mills Rd
Woodbridge, VA 22192
9700 Sudley Rd Ste 803
Manassas, VA 20109
(703) 366-3948

Select Physical Therapy (Select PT Holdings - Potomac Mills Rd)
14524 Potomac Mills Road
Woodbridge, VA 22192
(703) 490-6726

Select Physical Therapy (Select PT Holdings - Sudley Rd)
7900 Sudley Road
Suite 803
Manassas, VA 20109
(703) 366-3948

Pulaski
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski
2400 Lee Hwy N
Pulaski, VA 24301
(540) 387-9142

Heartland Rehabilitation Services
5216 Alexander Rd
Dublin, VA 24443
(540) 674-6400

Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

University Physical Therapy
5255 Alexander Road
Dublin, VA 24443
(540) 307-4249

Sentara RMH East Rockingham Health Center
13737 Spotswood Trail
Elkton, VA 22827
(540) 713-4100

Sentara RMH Timber Way Health Center
13892 Timber Way
Broadway, VA 22815
(540) 901-0888

Russell
Lebanon Physical Therapy & Rehabilitative Services
272 Highland Dr
Lebanon, VA 24266
(276) 889-4090

Russell County Medical Center
56 Carroll and Tate Street
Lebanon, VA 24266
(276) 883-8000

Richmond City
Center for Physical Therapy & Sports Medicine, PC
401 E Canal St
Richmond, VA 23219
(804) 523-4634

CJW Medical Center - Chippenham Campus
7101 Jahnke Rd
Richmond, VA 23225
(804) 320-3911

Henrico Doctors' Hospital - Retreat Campus
2621 Grove Ave
Richmond, VA 23220
(804) 254-5100

Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke City
Carilion Roanoke Memorial Hospital
101 Elm Ave
Roanoke, VA 20133
1906 Belleview at Jefferson St
Roanoke, VA 20111
(540) 224-5500

Betotourt Athletic Club
105 Summerfield Ct
Roanoke, VA 20193
(540) 992-2993

Brandon Oaks Nursing and Rehab Center
3837 Brandon Ave SW
Roanoke, VA 20418
(540) 776-2616

Carilion Bone and Joint Center PT/ST/OT
204 S Maple Street
Vinton, VA 24179
(540) 266-6950

Connections Achievement and Therapy Center, Corp.
5430 Peters Creek Rd Suite 108
Roanoke, VA 20419
(540) 400-8505

Heartland Rehabilitation Services
6515 Williamson Rd
Roanoke, VA 20419
(540) 366-2243

Lucas Therapies, PC
4533 Brambleton Ave
Roanoke, VA 20418
(540) 772-8022

Pivot Physical Therapy of Virginia
2033 Colonial Avenue SW Suite 138
Roanoke, VA 20415
(540) 466-3981

Professional Therapies of Roanoke, Inc.
1421 Third St SW
Roanoke, VA 20416
(540) 982-2908

Spin and Orthopedic Rehab of VA, Inc
1310 Third St SW
Roanoke, VA 20416
(540) 985-6500

Rockingham
Advantage Physical Therapy of Virginia LLC
140 Shen Elk Plaza
Elkton, VA 22827
(540) 298-4749

800 Shenandoah Ave Ste 140
Elkton, VA 22827
(540) 901-9501

Sentara RMH Bridgewater
400 North Main Street
Bridgewater, VA 22812
(540) 828-7115

Russell
Advanced Physical Therapy of VA
1620 Apperson Drive
Salem, VA 24153
(540) 444-0291

Heartland Rehabilitation Services
126 Mill Ln
Salem, VA 24153
(540) 387-4311

Lewis-Gale Medical Center
1900 Electric Rd
Salem, VA 24153
(540) 862-6265

Lucas Therapies, PC
109 Knob Break Rd
Salem, VA 24153
(540) 772-8022

Pivot Physical Therapy of Virginia
1441 W Main St
Salem, VA 24153
(540) 346-4328

University Physical Therapy
2119 Apperson Drive
Salem, VA 24153
(540) 685-0168

Shenandoah
Cross Roads Physical Therapy
1187 S Main St
Woodstock, VA 22664
(540) 459-7660

Shenandoah Memorial Hospital
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Woodstock Rehab & Fitness, Inc.
1195 Hisey Ave
Woodstock, VA 22664
(540) 459-7772

Smyth
Heartland Rehabilitation Services
104 North Sanders Ave
Hollins, VA 24319
(526) 646-8774

Optima Direct Network Providers January 2019 405
Other Services - Tier 1

Kidz at Play Therapy, PLLC
927 N Main Street
Marion, VA 24354
(276) 783-7529

Smyth County Community Hospital
565 Radio Hill Rd
Marion, VA 24354
(276) 782-1234

Stafford Health and Rehab
3900 Plank Road
Fredericksburg, VA 22407
(540) 786-8531

Hilltop Physical Therapy
10504 Wakerman Drive
Fredericksburg, VA 22407
(540) 891-5326

NovaCare Rehabilitation
4932 Southpoint Pkwy
Fredericksburg, VA 22407
(540) 891-1186

Physical Therapy of Central Virginia
10524 Spotsylvania Ave Bldg 2
Fredericksburg, VA 22408
(540) 710-5341

Pivot Physical Therapy of Virginia
10518 Spotsylvania Avenue Suite 100
Fredericksburg, VA 22408
(540) 710-5341

Select Physical Therapy - Southpoint Pky
4932 Southpoint Parkway
Fredericksburg, VA 22407
(540) 891-1186

Select Physical Therapy - MacTanly Pl
106 MacTanly Place
Staunton, VA 24401
(540) 886-4510

Virginia Beach City
Amp Spine & Sports Physicians, PC
5665 Lowery Rd Ste 100
Virginia Beach, VA 23454
(757) 889-5681

Atlantic Physical Therapy, P.C.
1016 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-4066

Sentara Therapy Center - Hobson Rd
2769 Godwin Blvd
Virginia Beach, VA 23456
(757) 694-7872

Bon Secours OccuMed & Physical Therapy (Maryview Hospital, Inc.)
In Motion Physical Therapy @ Meade Pkwy 2012 Meade Pkwy
Suffolk, VA 23434
(757) 934-3366

Bon Secours In Motion Physical Therapy Center - Maryview Med Ctr
8388 Harbour View Blvd Ste A
Suffolk, VA 23435
(757) 673-5971

Physiotherapy at Harbour View
175 N Main St
Suffolk, VA 23434
(757) 686-0207

Pivot Physical Therapy of Virginia (Hampton Roads)
2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

Sentara Therapy Center - Obici
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center - Obici
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center - OBICI YMCA
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center - OBICI YMCA
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

The Children's Center
306 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Therapy Concepts Inc.
3005 Corporate Ln Ste 200
Suffolk, VA 23434
(757) 923-3207

Sentara Therapy Center - Wakefield
103 Railroad Avenue
Wakefield, VA 23888
(757) 742-1770

Sentara Therapy Center - Wakefield
103 Railroad Avenue
Wakefield, VA 23888
(757) 742-1770

Sussex
Sentara Therapy Center - Wakefield
103 Railroad Avenue
Wakefield, VA 23888
(757) 742-1770

Tazewell
Carillon Bone and Joint Center PT/STOT
234 Medical Park Drive
Bluefield, VA 24605
(276) 322-2223

Carillon Tazewell Community Hospital
388 Ben Bolt Ave
Tazewell, VA 24615
(276) 982-5946

Clinic Valley Medical Center
6801 Gov G C Peery Highway
Richlands, VA 24641
(757) 596-6000

Heartland Rehabilitation Services
164 Campbell Lane
Tazewell, VA 24615
(276) 228-6200

Virginia Beach City
APM Spine & Sports Physicians, PC
5665 Lowery Rd Ste 100
Virginia Beach, VA 23454
(757) 889-5681

Atlantic Physical Therapy, P.C.
1016 First Colonial Rd
Virginia Beach, VA 23454
(757) 481-4066

Sentara Therapy Center - Hobson Harbour
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center - Obici
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

Sentara Therapy Center - OBICI YMCA
2769 Godwin Blvd
Suffolk, VA 23434
(757) 934-4653

The Children's Center
306 Executive Ct
Suffolk, VA 23434
(757) 538-2523

Therapy Concepts Inc.
3005 Corporate Ln Ste 200
Suffolk, VA 23434
(757) 923-3207

Sentara Therapy Center - Wakefield
103 Railroad Avenue
Wakefield, VA 23888
(757) 742-8770

Sentara Therapy Center - Wakefield
103 Railroad Avenue
Wakefield, VA 23888
(757) 742-1770

Dynamic Health Services
397 Little Neck Rd Bldg 3300 Ste 100
Virginia Beach, VA 23452
(757) 639-3153

Glasson Sports Medicine, PC
906 First Colonial Rd Ste 101
Virginia Beach, VA 23454
(757) 412-1005

Haygood Physical Therapy
1024 Independence Blvd
Virginia Beach, VA 23455
(757) 460-3363

Healthsouth Rehabilitation Center of Virginia Beach
1849 Old Donation Pkwy
Virginia Beach, VA 23453
(757) 481-3349

Helping Hands Therapy Services, PLLC
913 First Colonial Rd Ste 204
Virginia Beach, VA 23454
(757) 550-0725

Kempsville Physical Therapy, PC
5320 Providence Rd Ste 201
Virginia Beach, VA 23464
(757) 523-4705

Kirven Orthopaedic Group PC
5701 Cleveland St Suite 600
Virginia Beach, VA 23462
(757) 963-6507

Pivot Physical Therapy of Virginia (Hampton Roads)
1745 Camelot Dr Ste 100
Virginia Beach, VA 23454
(757) 961-4800

2004 Sandbridge Road Ste 102
Virginia Beach, VA 23456
(757) 301-6316

4624 Pembroke Blvd Suite 101
Virginia Beach, VA 23455
(757) 460-3363

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Select Physical Therapy - Physiotherapy - Va Beach Blvd
3772 Virginia Beach Boulevard
Virginia Beach, VA 23452
(757) 340-0556

Sentara Therapy Center - Hand
5712 Cleveland Street Suite 150
Virginia Beach, VA 23462
(757) 252-5520

Sentara Therapy Center - Hilltop
1525 Laskin Rd Ste 535
Virginia Beach, VA 23454
(757) 252-4800

Sentara Therapy Center - Independence
816 Independence Blvd Suite 3F
Virginia Beach, VA 23455
(757) 363-6178

Sentara Therapy Center - Indian River
5660 Indian River Road Suite 121
Virginia Beach, VA 23454
(757) 252-5300

Optima Direct Network Providers January 2019 406

Optima Health
Sentara Therapy Center - Newtown
818 Newtown Road
Virginia Beach, VA 23462
(757) 261-4475

Sentara Therapy Center - Princess Anne
1950 Glenn Mitchell Drive Suite 210
Virginia Beach, VA 23456
(757) 507-0390

Sentara Therapy Center - Kempsville
5301 Providence Road Ste 80
Virginia Beach, VA 23456
(757) 648-8562

Southeastern Physical Therapy
1557 First Colonial Rd Ste 201
Virginia Beach, VA 23454
(757) 481-0052

Virginia Beach Physical Therapy and Wellness
2126 Great Neck Square
Virginia Beach, VA 23454
(757) 578-2197

Virginia Institute for Sports Medicine, LLC
1849 Old Donation Pkwy
Virginia Beach, VA 23454
(757) 422-8476

Westminster-Canterbury of Hampton Roads, Inc.
3100 Shore Dr
Virginia Beach, VA 23451
(757) 496-1107

Warren
Preventive and Rehabilitation Organization
1729 N Shenandoah Ave Ste 2
Front Royal, VA 22630
(540) 636-6179

Rapid Rehabilitation PC
101 West 14th Street
Front Royal, VA 22630
(540) 636-3500

480 F South Commerce St
Front Royal, VA 22630
(540) 636-3500

Warren Memorial Hospital - Physical Therapy
130 Commerce Ave
Front Royal, VA 22630
(540) 635-0730

Washington
Abingdon Therapy Services
611 Campus Dr Suite 100
Abingdon, VA 24210
(276) 628-6043

Johnston Memorial Hospital
16000 Johnston Memorial Drive
Abingdon, VA 24211
(276) 258-1000

Waynesboro City
Albemarle Therapy Center Inc
200 West 12th Street Suite A-100
Waynesboro, VA 22980
(540) 941-5501

Horizons Physical Therapy
201 Osage Lane Ste 3
Waynesboro, VA 22980
(540) 949-7706

PT PLUS OF AUGUSTA LLC
30 Ebo Circle Suite 103
Waynesboro, VA 22980
(434) 823-7628

SELECT PHYSICAL THERAPY
201-B Rosser Ave
Waynesboro, VA 22980
(540) 943-4510

Select Physical Therapy (Select PT Holdings - Rosser Ave)
201 B Rosser Avenue
Waynesboro, VA 22980
(540) 943-4510

Spectrum Therapy
2542 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Spectrum Therapy - Augusta Clinic
2542 Jefferson Highway Ste 104
Waynesboro, VA 22980
(540) 949-8711

Winchester City
Body Elite Physical Therapy.
3052 Valley Ave Ste 101
Winchester, VA 22601
(540) 535-7222

Personal Physical Therapy Services, LLC
480 W Jubal Early Dr Ste 310
Winchester, VA 22601
(540) 450-0680

Physical Therapy Specialists of Winchester, Inc.
817 Cedar Creek Grade Ste 100
Winchester, VA 22601
(540) 450-8024

Physiotherapy Associates (Winchester)
160 Exeter Dr
Winchester, VA 22601
(540) 219-0215

Preventive and Rehabilitation Organization
3127 Valley Avenue
Hayfield, VA 22601
(540) 667-3839

Rapid Rehabilitation PC
1808 Plaza Dr.
Winchester, VA 22601
(540) 665-2750

Winchester Medical Center
1840 Amherst St
Winchester, VA 22601
(540) 536-8000

Winchester Orthopaedics Physical Therapy
130 Medical Circle
Winchester, VA 22601
(540) 667-7076

Winchester Rehabilitation Center
333 W Cork St
Winchester, VA 22601
(540) 536-5114

Wythe
Carilion Bone and Joint Center PT/OT
178 W Main St
Wytheville, VA 24382
(276) 773-2075

West Ridge Orthopaedic & Surgical Specialists
1995 West Ridge Road
Wytheville, VA 24382
(276) 223-1983

Wythe County Community Hospital
600 West Ridge Rd
Wytheville, VA 24382
(276) 228-0200

PT/OT (Early Intervention)

Acomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 490-3232

Alexandria City
Lopez & Associates Therapy Group, PC
2308 La Grande Avenue
Alexandria, VA 22301
(716) 969-5469

Arlington
ARLINGTON COUNTY DEPARTMENT OF HUMAN SERVICES
2110 Washington Blvd Suite 350
Arlington, VA 22204

Therapy Associates
2445 Army Navy Drive Suite 305
Arlington, VA 22206
(301) 520-9376

Augusta
Augusta County Public Schools
68 Dick Huff Lane
Verona, VA 22482
(540) 245-5133

Charlottesville City
First Words, Inc.
1016 Altavista Avenue
Charlottesville, VA 22902
(434) 825-7117

Chesapeake City
Dominion Physical Therapy & Associates, Inc.
108 Knells Ridge Blvd Ste 200
Chesapeake, VA 23320

Play to Grow PLLC
3216 Meadowbrook Lane
Chesapeake, VA 23321
(757) 361-1137

Tidewater Therapy for Children, PC
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864
### Chesterfield
- **ProCare Physical Therapy Inc.**
  - 2923 Polo Parkway
  - Midlothian, VA 23113
  - (804) 794-7587
- **6433 Chesterfield Meadows Drive Chesterfield, VA 23832**
  - (804) 706-1803
- **Rehabilitation Associates**
  - 9325 Midlothian Turnpike Suite A Richmond, VA 23235
  - (757) 490-3223

### Hampton City
- **Dominion Physical Therapy & Associates, Inc.**
  - 304 Marcella Rd Ste E
  - Hampton, VA 23666
  - (757) 825-9446
- **Rehabilitation Associates**
  - 2713 Magruder Blvd Suite L
  - Hampton, VA 23666
  - (757) 490-3223

### Hanover
- **Hanover County School Board**
  - 8290 New Ashcake Rd
  - Mechanicsville, VA 23116
  - (804) 723-2070

### Harrisonburg City
- **Harrisonburg - Rockingham CSB**
  - 1241 N Main St
  - Harrisonburg, VA 22802
  - (540) 434-1941

### Henrico
- **ADLER THERAPY GROUP**
  - 8100 Three Chopt Road Suite 147
  - Richmond, VA 23229
  - (757) 455-5000
- **First Steps Physical Therapy, Inc.**
  - 4915 Turner Ridge Court
  - Glen Allen, VA 23059
  - (404) 918-4010

### Harrisonburg City
- **ADLER THERAPY GROUP**
  - 8100 Three Chopt Road Suite 147
  - Richmond, VA 23229
  - (757) 455-5000

### James City
- **Child Development Resources**
  - 150 Point O Woods
  - Williamsburg, VA 23188
  - (757) 566-3300

### Loudoun
- **Physiotherapy Associates**
  - 21785 Filigree Ct Ste 209
  - Ashburn, VA 20147
  - (804) 559-3390

### Martinsville City
- **Acme Therapies Co**
  - 101 Cleveland Ave Suite D
  - Martinsville, VA 24112
  - (276) 352-4465

### Mecklenburg
- **Building Blocks to Success, LLC**
  - 827 W Danville Street
  - South Hill, VA 23970

### Middlesex
- **MPNN CSB**
  - 5372B Old Virginia Street
  - Urbanna, VA 23175
  - (804) 758-5250

### Newport News City
- **Dominion Physical Therapy & Associates, Inc.**
  - 466 Denbigh Blvd
  - Newport News, VA 23608
  - (757) 875-0861
- **729 Timble Shoals Blvd Ste 4C
  - Newport News, VA 23606
  - (757) 873-2032

### Norfolk City
- **Dominion Physical Therapy & Associates, Inc.**
  - 301 Riverview Ave Ste 520
  - Norfolk, VA 23510
  - (757) 963-5588
- **5701 Cleveland Street Ste 600
  - Norfolk, VA 23514
  - (757) 995-2700

### Northampton
- **Little Hands Little Feet**
  - 3186 Main St
  - Exmore, VA 23350
  - (757) 442-5437

### Pulaski
- **Pediatric Therapy Services**
  - 1032 Macgill St
  - Pulaski, VA 24301
  - (540) 509-5020

### Roanoke
- **Murray E Joiner Jr MD PC -PT**
  - 2726 Electric Road
  - Roanoke, VA 24013
  - (540) 722-9153

### Suffolk City
- **Physiotherapy Associates**
  - 5859 Harbour View Blvd Ste 10
  - Suffolk, VA 23435
  - (757) 686-8000

### The Children’s Center
- **300 Executive Ct
  - Suffolk, VA 23434
  - (757) 538-2523

### Tazewell
- **James Dyer Physical Therapy Clinic**
  - 134 South College Ave
  - Bluefield, WV 24605
  - (276) 325-5020

### Virginia Beach City
- **ADLER THERAPY GROUP**
  - 1120 First Colonial Road Suite 101
  - Virginia Beach, VA 23454
  - (757) 455-5000

### Physical Therapy Associates
- **2135 General Booth Blvd Ste 1
  - Virginia Beach, VA 23454
  - (757) 430-8828
- **3772 Virginia Beach Blvd
  - Virginia Beach, VA 23452
  - (757) 340-0556

### Portsmouth
- **Kemps River Crossing 1400 Fordham Dr
  - Virginia Beach, VA 24646
  - (757) 361-3951

### Rehabilitation Associates
- **4560 South Blvd Ste 310 Virginia Beach, VA 23452
  - (757) 490-3223

### Select Physical Therapy
- **(Physiotherapy - Fordham Dr)**
  - 1400 Fordham Drive
  - Virginia Beach, VA 23464
  - (757) 361-3951

### Select Physical Therapy
- **(Physiotherapy - General Booth Blvd)**
  - 2135 General Booth Boulevard Suite 152
  - Virginia Beach, VA 23454
  - (757) 430-8828

### Washington
- **Blue Mountain Therapy, LLC**
  - 18596 Lee Highway Suite B
  - Abingdon, VA 24210
  - (276) 525-6043

### Radiology (Ancillary)

### Alleghe
- **Alleghany Regional Hospital d/b/a Lewis Gale Alleghany**
  - One Arh Lane
  - Low Moor, VA 24457
  - (540) 862-6200
<table>
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<th>Address</th>
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<td>LewisGale Imaging Center-Daleville 65 Shenandoah Avenue Daleville, VA 24083 (540) 966-6620</td>
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<td>Charlottesville City</td>
<td>UVA Imaging, LLC 415 Ray C Hunt Dr Ste 1100 Charlottesville, VA 22908 (434) 243-9198 415 Ray C Hunt Dr Ste 140 Charlottesville, VA 22903 (866) 591-5559 Northbridge Medical Park 2965 Ivy Rd Ste 103 Charlottesville, VA 22903 (434) 243-9198</td>
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<tr>
<td>Chesterfield</td>
<td>Bon Secours Imaging Center Midlothian Imaging Center -- 8013 Midlothian Tpke Richmond, VA 23235 (804) 330-4600</td>
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<tr>
<td></td>
<td>Bon Secours Richmond Radiation Oncology Center, Inc. 14051 St. Francis Blvd Midlothian, VA 23114 (804) 594-4900</td>
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<td>Bon Secours St. Francis Watkins Centre Free-Standing Emergency Department 601 Watkins Centre Parkway Midlothian, VA 23114 (804) 594-2100</td>
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<td>Buford Road Imaging (Freestanding Imaging Centers) 2612 Buford Rd Richmond, VA 23225 (804) 864-1895</td>
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<td>Chesterfield Imaging (Freestanding Imaging Centers) 13636 Hull Street Road Midlothian, VA 23112 (804) 659-5489</td>
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<td>CJW Medical Center - Johnston-Willis Campus 1401 Johnston Willis Dr Richmond, VA 23235 (804) 330-2000</td>
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<td>Colonial Heights City</td>
<td>Appomattox Imaging (Freestanding Imaging Centers) 930 South Avenue Suite 1 Colonial Heights, VA 23834 (804) 524-2340</td>
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<tr>
<td>Danville City</td>
<td>Danville Diagnostic Imaging Center LLC 125 Executive Dr Ste D Danville, VA 24541 (434) 793-1043</td>
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<tr>
<td>Piedmont Radiation Oncology, Inc. 188 S Main St Danville, VA 24541 (434) 799-4592 The Center for Radiation Oncology 188 S Main St Danville, VA 24541 (434) 799-4592</td>
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<tr>
<td>Emporia City</td>
<td>Southern Virginia Regional Medical Center 727 North Main St Emporia, VA 23847 (434) 348-4400</td>
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<tr>
<td>Fairfax</td>
<td>Reston Hospital Center 1850 Town Center Pkwy Reston, VA 20190 (703) 689-9000</td>
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<td>Tysons Corner Diagnostic Imaging Inc 8320 Old Court House Road Ste 130 B Vienna, VA 22182 (703) 356-4900</td>
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<td>Vienna Diagnostic Imaging Inc 102 Maple Ave East Vienna, VA 22180 (703) 281-6064</td>
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<tr>
<td>Franklin</td>
<td>Carilion Franklin Memorial Hospital 180 Floyd Avenue Rocky Mount, VA 24151 (540) 633-9353</td>
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<td>Southampton Memorial Hospital 100 Fairview Dr Franklin, VA 23851 (757) 569-6100</td>
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<td>Franklin City</td>
<td>Winchester Open MRI &amp; Imaging Center 160 Exeter Dr Ste 104 Winchester, VA 22603 (540) 545-4674</td>
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<tr>
<td>Frederickburg City</td>
<td>Medical Imaging of Frederickburg 1101 Sam Perry Blvd Ste 311 Frederickburg, VA 22401 (540) 741-3250 1201 Sam Perry Blvd Ste 102 Frederickburg, VA 22401 (540) 741-7025 1300 Hospital Drive Suite 100 Frederickburg, VA 22401 (540) 741-3250</td>
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<tr>
<td>Giles</td>
<td>Carilion Giles Community Hospital 159 Hartley Way Pearisburg, VA 24134 (540) 921-6000</td>
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<tr>
<td>Gloucester</td>
<td>Gloucester Imaging Center 5659 Parkway Dr Ste 130 Gloucester, VA 23061 (804) 210-1070</td>
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<tr>
<td>Hanover</td>
<td>Bon Secours Memorial Regional Medical Center 8200 Meadowridge Road Suite 100 Mechanicsville, VA 23116 (804) 442-3670 8260 Atlee Rd Mechanicsville, VA 23116 (804) 764-6000</td>
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<tr>
<td>Henrico</td>
<td>Bon Secours Imaging Center Reynolds Crossing -- 6605 W Broad Street Richmond, VA 23230 (804) 287-3500</td>
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<tr>
<td></td>
<td>Bon Secours Imaging Center at Innsbrook 4900 Cox Road Suite 100 Glen Allen, VA 23060 (804) 346-1741</td>
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<td></td>
<td>Bon Secours Richmond Radiation Oncology Center, Inc. 5711 Staples Mill Rd Richmond, VA 23228 (804) 266-7762</td>
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<td>Bon Secours St. Mary’s -Women’s Imaging Center 5875 Bremo Rd Ste 105 Richmond, VA 23226 (804) 287-7501</td>
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<td></td>
<td>Henrico Doctors’ Hospital - Forest Campus 1602 Skipwith Rd Richmond, VA 23229 (804) 289-4500</td>
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<td>Henrico Doctors’ Hospital - Parham Campus 7700 East Parham Rd Richmond, VA 23294 (804) 747-5600</td>
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<td></td>
<td>Independence Park Imaging (Freestanding Imaging Centers) 9930 Independence Park Drive Ste 100 Richmond, VA 23233 (804) 217-9729</td>
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<tr>
<td>Richmond West End Diagnostic Imaging Inc 7110 Forest Avenue Suite 100 Richmond, VA 23226 (804) 673-4200</td>
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<td></td>
<td>The Ellen Shaw De Paredes Institute for Womens Imaging 2530 Gaskins Road Ste C Richmond, VA 23238 (804) 523-2303</td>
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<tr>
<td>Hopewell City</td>
<td>John Randolph Medical Center 411 W Randolph Rd Hopewell, VA 23860 (804) 541-1600</td>
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<tr>
<td>Isle of Wight</td>
<td>Sentara St. Luke’s - Advanced Imaging Center - Isle of Wight 20209 Sentara Way Ste 108 Carrollton, VA 23314 (757) 542-1200</td>
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<tr>
<td>James City</td>
<td>New Town Diagnostic (SMG) 4374 New Town Ave Ste 104 Williamsburg, VA 23188 (757) 259-1335</td>
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<tr>
<td>Sentara Williamsburg Advanced Imaging Center 332 N Henry St Williamsburg, VA 23185 (757) 984-1241</td>
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<tr>
<td>Lancaster</td>
<td>Rappahannock General Hospital 101 Harris Dr Kilmarnock, VA 22482 (804) 435-8000</td>
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<tr>
<td>Lexington City</td>
<td>Carilion Stonewall Jackson Hospital 1 Health Circle Lexington, VA 24450 (540) 458-3300</td>
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<td>Loudoun</td>
<td>StoneSprings Hospital Center 24400 Stone Springs Blvd Dulles, VA 20166 (571) 349-4000</td>
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<td>Winchester Open MRI &amp; Imaging Center 17336 Pickwick Dr BLDG A Purcellville, VA 20132 (540) 751-1771</td>
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<td>Lynchburg City</td>
<td>Centra Lynchburg General Hospital 1901 Tate Springs Rd Lynchburg, VA 24501 (434) 947-3000</td>
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<td></td>
<td>Centra Virginia Baptist Hospital 1901 Tate Springs Rd Lynchburg, VA 24501 (434) 947-4766</td>
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<tr>
<td><strong>Southside Regional Medical Center</strong></td>
<td>200 Medical Park Blvd Petersburg, VA 23805 (804) 765-5000</td>
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<tr>
<td><strong>Central Virginia Imaging LLC</strong></td>
<td>113 Nationwide Drive Lynchburg, VA 24502 (434) 237-4004</td>
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<td><strong>UVA Imaging, LLC</strong></td>
<td>4015 Old Pkwy Ste 310 Charlottesville, VA 22903 (434) 243-9191</td>
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<tr>
<td><strong>Radiology Consultants of Lynchburg</strong></td>
<td>113 Nationwide Drive Fredericksburg, VA 22402 (434) 237-4004</td>
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<tr>
<td><strong>Crewe Imaging (Freestanding Imaging Centers)</strong></td>
<td>2522 W Colonial Trail Hwy Suite 1 Crewe, VA 23930 (434) 538-0028</td>
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<tr>
<td><strong>Petersburg City</strong></td>
<td>200 Medical Park Blvd Petersburg, VA 23805 (804) 765-5000</td>
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<td><strong>Pittsylvania</strong></td>
<td>259 McBride Ln Gretna, VA 24557 (434) 626-1274</td>
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<td><strong>Portsmouth City</strong></td>
<td>3535 Crawford St Suite 102 Portsmouth, VA 23704 (757) 397-3400</td>
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<tr>
<td><strong>Montgomery</strong></td>
<td>3700 Main Street Blacksburg, VA 24060 (540) 951-1111</td>
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<tr>
<td><strong>Norfolk City</strong></td>
<td>850 Kemptville Rd Norfolk, VA 23502 (757) 261-9082</td>
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<tr>
<td><strong>Nottoway</strong></td>
<td>2125 W Colonial Trail Hwy Suite 1 Crewe, VA 23930 (434) 538-0028</td>
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<tr>
<td><strong>Orange</strong></td>
<td>1015 Spring Creek Pkwy Ste 130 Zion Crossroads, VA 22942 (434) 243-9191</td>
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<tr>
<td><strong>UVA Imaging, LLC</strong></td>
<td>4015 Old Pkwy Ste 310 Charlottesville, VA 22903 (434) 243-9191</td>
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<tr>
<td><strong>Virginia Beach City</strong></td>
<td>1201 First Colonial Dr Virginia Beach, VA 23456 (757) 668-2711</td>
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<td><strong>First Colonial Diagnostic Center</strong></td>
<td>1080 First Colonial Rd Ste 100 Virginia Beach, VA 23454 (757) 395-6464</td>
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<td><strong>Sentara Princess Anne Hospital</strong></td>
<td>1003 First Colonial Rd Ste 400 Virginia Beach, VA 23456 (757) 363-6100</td>
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<td><strong>Sentara Virginia Beach General Hospital</strong></td>
<td>1060 First Colonial Rd Virginia Beach, VA 23454 (757) 395-8000</td>
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<tr>
<td><strong>Washington</strong></td>
<td>851 French Moore Jr Boulevard Abingdon, VA 24210 (865) 693-1655</td>
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<tr>
<td><strong>Winchester City</strong></td>
<td>1830 Amherst Street Winchester, VA 22601 (540) 536-0057</td>
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<tr>
<td><strong>Reference Lab</strong></td>
<td>2331 Seminole Lane Suite 102 Charlottesville, VA 22901 (540) 433-4991</td>
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<tr>
<td><strong>Abelmarle</strong></td>
<td>3050 Berkmar Drive Suite A Charlottesville, VA 22901 (808) 288-8325</td>
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<tr>
<td><strong>PRW Laboratories</strong></td>
<td>500 Martha Jefferson Drive Charlottesville, VA 22911 (434) 654-7000</td>
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<tr>
<td><strong>Augusta</strong></td>
<td>78 Medical Center Fishersville, VA 22939 (540) 932-4000</td>
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<tr>
<td><strong>Suffolk City</strong></td>
<td>2000 Meade Pkwy Suffolk, VA 23434 (757) 539-0251</td>
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<tr>
<td><strong>Roanoke</strong></td>
<td>388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td><strong>Warrenton</strong></td>
<td>101 Elm Ave Roanoke, VA 24013 (540) 224-5500</td>
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<tr>
<td><strong>Telephone</strong></td>
<td>321 Franklin Road Roanoke, VA 24014 (540) 777-5834</td>
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<tr>
<td><strong>Sentara Northern Virginia Medical Center</strong></td>
<td>1802 Braeburn Drive Salem, VA 24153 (540) 776-4983</td>
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<tr>
<td><strong>Richmond City</strong></td>
<td>2090 Medical Pkwy Woodbridge, VA 22191 (804) 538-0028</td>
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<td><strong>Richmond City</strong></td>
<td>3200 Lee Hwy N Pulaski, VA 24301 (540) 387-9142</td>
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<td><strong>CJW Medical Center - Chippenham Campus</strong></td>
<td>390 Rivermont Ave Lynchburg, VA 24502 (434) 237-4004</td>
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<td><strong>Henrico Doctors' Hospital - Retreat Campus</strong></td>
<td>2621 Grove Ave Richmond, VA 23220 (804) 254-5100</td>
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<td><strong>Carilion Roanoke Memorial Hospital</strong></td>
<td>106 Elm Ave Roanoke, VA 24013 (540) 224-5500</td>
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<td><strong>Carilion Roanoke Memorial Hospital</strong></td>
<td>321 Franklin Road Roanoke, VA 24014 (540) 777-5834</td>
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<td><strong>Insight Imaging - Roanoke</strong></td>
<td>2000 Meade Pkwy Suffolk, VA 23434 (757) 539-0251</td>
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<td><strong>Carilion Tazewell Community Hospital</strong></td>
<td>388 Ben Bolt Ave Tazewell, VA 24651</td>
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<td><strong>Carilion North Imaging and Breast Diagnostic Center</strong></td>
<td>6415 Peters Creek Rd NW Roanoke, VA 24019 (540) 224-6920</td>
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<td><strong>Valley Open MRI</strong></td>
<td>1830 Amherst Street Winchester, VA 22601 (540) 536-0057</td>
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<td><strong>Medical Imaging of Fredericksburg</strong></td>
<td>10401 Spotsylvania Ave Ste 101 Fredericksburg, VA 22408 (540) 741-7025</td>
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<td><strong>Spotsylvania Regional Medical Center</strong></td>
<td>10401 Spotsylvania Ave Ste 101 Fredericksburg, VA 22408 (540) 741-7025</td>
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<td><strong>Medical Imaging of Fredericksburg</strong></td>
<td>125 Woodstream Blvd Suite 109 Stafford, VA 22556 (540) 657-9729</td>
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<td><strong>Medical Imaging of Fredericksburg</strong></td>
<td>10401 Spotsylvania Ave Ste 101 Fredericksburg, VA 22408 (540) 741-7025</td>
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<td><strong>Medical Imaging of Fredericksburg</strong></td>
<td>125 Woodstream Blvd Suite 109 Stafford, VA 22556 (540) 657-9729</td>
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<td><strong>OptimaDirect Network Providers January 2019</strong></td>
<td>1201 First Colonial Dr Virginia Beach, VA 23456 (757) 668-2711</td>
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**OptimaHealth**
Danville City
Dietz Nutritional Consulting LLC
625 Piney Forest Road Ste 300D
Danville, VA 24540
(434) 548-0476

Fairfax
Eatwellguru
5101A Backlick Road
Annandale, VA 22003
(703) 665-3814
6354 Walker Lane Suite 103
Alexandria, VA 22310
(703) 665-3814
8233 Old Courthouse Road Ste 330
Vienna, VA 22182
(703) 665-3814

Healthworks for Northern Virginia
1141 E Elder Street Suite 300
Herndon, VA 20170
(703) 481-8160

Hampton City
Lwell, LLC
1 YMCA Way
Hampton, VA 23669
(757) 722-9044
9 Manhattan Square Suite A
Hampton, VA 23669
(757) 565-9586

Hanover
Specialty Nutrition and Health, LLC
7571 Cold Harbor Rd
Mechanicsville, VA 23111
(804) 864-1998

Henrico
Specialty Nutrition and Health, LLC
2727 Enterprise Pkwy Suite 100
Henrico, VA 23294
(804) 864-1998

Isle of Wight
Lwell, LLC
259 James St
Smithfield, VA 23430
(757) 365-4060

James City
Lwell, LLC
1309 Jamestown Rd Unit 102
Williamsburg, VA 23185
(757) 585-3441
207D Bulifants Blvd
Williamsburg, VA 23188
(757) 565-9586
301 Sentara Circle
Williamsburg, VA 23188
(757) 229-9622

King William
Lwell, LLC
3135 King William Hwy
West Point, VA 23181
(804) 843-3300

Loudoun
Eatwellguru
46165 Westlake Dr Suite 200
Sterling, VA 20165
(703) 665-3814

Healthworks for Northern Virginia
163 Fort Evans Road NE
Leesburg, VA 20176
(703) 443-2000

Newport News City
Jill Weisenberger Health
Communications, LLC
7217 Thimble Shoals Blvd Ste 110
Newport News, VA 23606
(757) 969-8385

Nutrition Therapy Works!
13195 Warwick Blvd Ste 2B
Newport News, VA 23606
(757) 570-6588

Norfolk City
JWF Nutrition LLC
115 College Place Unit A
Norfolk, VA 23510
(757) 440-3200
Lucinda Lynn Earle
425 W 20th Street Suite 5
Norfolk, VA 23517
(757) 623-9014

SMG RD SERVICES
6333 Center Dr Building 16
Norfolk, VA 23502
(757) 520-9000

Richmond
Specialty Nutrition and Health, LLC
16 Delfae Dr
Richmond, VA 23252
(804) 864-1998

Richardson
Holistic approach to Obesity Prevention and Education, LLC
249 255 East German School Rd
Richmond, VA 23224
(804) 922-4751

The Faces of HOPE
249 E German School Road
Richmond, VA 23224
(804) 922-4751

Suffolk City
Lwell, LLC
Bayview Endocrinology 2000
Meade Pkwy Ste 110
Suffolk, VA 23434
(757) 585-3441

University of Virginia Speech-Language-Hearing Center
417 Emmet Street South
Charlottesville, VA 22904
(434) 924-7034

Virginia Beach City
JWF Nutrition LLC
1577 Laskin Rd Suite 105
Virginia Beach, VA 23451
(757) 422-4728
2861 Lynnhaven Drive Ste 110
Virginia Beach, VA 23451
(757) 412-0019

Nutrition For A Lifetime
2501 Winding Rd
Virginia Beach, VA 23455
(757) 288-2195

York
Lwell, LLC
101 Long Green Blvd
Tabb, VA 23693
(757) 867-3300
301 Village Ave Suite A
Tabb, VA 23693
(757) 813-4382

Acomack
Rehabilitation Associates
110 Market Stree
Onancock, VA 23417
(757) 490-3223

Blue Ridge Rehabilitation Associates, Incorporated
3010 Berkmar Dr
Charlottesville, VA 22901
(434) 973-5031

Bristol
Bristol Regional Speech & Hearing Center/Lebanon Speech & Hearing
2623 Osborne St Ste 1
Bristol, VA 24201
(276) 669-6331

Carilion Bone and Joint Center PT/ST/OT
215 E Grayson St
Bristol, VA 24201
(804) 717-2145

Chesapeake City
Kiernan Speech Therapy LLC
2147 Old Greenbrier Rd Ste B
Chesapeake, VA 23320
(757) 606-0531

Maryview Physical Therapy Center
4016 Raintree Rd Ste 140
Chesapeake, VA 23321
(757) 465-7651

4300 Portsmouth Blvd Ste 220
Chesapeake, VA 23321
(757) 465-7651

More than Words, L.L.C
404 Mike Trail
Chesapeake, VA 23322
(757) 576-4364

Tidewater Therapy for Children, PC
4016 Raintree Road Suite 100A
Chesapeake, VA 23321
(757) 488-2864

Chesterfield
Ironbridge Outpatient Physical Therapy
11601 Ironbridge Rd Ste 110
Chester, VA 23831
(804) 764-1001

ProCare Physical Therapy Inc.
2925 Polo Parkway
Midlothian, VA 23113
(804) 794-7587

6433 Chesterfield Meadows Drive
Chesterfield, VA 23832
(804) 706-1803

Rehabilitation Associates
9325 Midlothian Turnpike Suite A
Richmond, VA 23225
(757) 490-3223

SELECT PHYSICAL THERAPY
2423 Colony Crossing Place
Midlothian, VA 23112
(804) 763-2662

7061 Commons Plaza Ste A
Chesterfield, VA 23832
(804) 717-2145

Sheltering Arms Bon Air Outpatient Center
206 Twinbridge Ln
Richmond, VA 23235
(804) 764-1001

St. Francis Medical Center Campus
13700 St. Francis Blvd
Midlothian, VA 23114
(804) 578-6007

St. Francis Outpatient Physical Therapy
13700 St. Francis Blvd Ste 300
Midlothian, VA 23114
(804) 764-1001
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<td>Acme Therapies Co 101 YMCA Way Covington, VA 24426 (276) 352-4465</td>
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<td>UVA Culpeper Hospital 501 Sunset Ln Culpeper, VA 22701 (540) 829-4100</td>
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<td>Piedmont Regional Feeding &amp; Oral-Motor Clinic, LLC 625 Piney Forest Rd Suite 407 Danville, VA 24540 (434) 799-7732</td>
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<td>Rappahannock Area CSB 600 Jackson St Fredericksburg, VA 22401 (540) 373-3223</td>
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<td>Harrisonburg City Harrisonburg - Rockingham CSB 1241 N Main St Harrisonburg, VA 22802 (540) 434-1941</td>
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**Other Services - Tier 1**

**Acme Therapies Co** 101 YMCA Way Covington, VA 24426 (276) 352-4465

**UVA Culpeper Hospital** 501 Sunset Ln Culpeper, VA 22701 (540) 829-4100

**Piedmont Regional Feeding & Oral-Motor Clinic, LLC** 625 Piney Forest Rd Suite 407 Danville, VA 24540 (434) 799-7732

**Franklin City**

**Children's Therapy Concepts, LLC** 107 E 3rd Avenue Franklin, VA 23851 (757) 776-3088

**The Children's Center** 700 Campbell Ave Franklin, VA 23851 (757) 562-6806

**Fredericksburg City**

**Rappahannock Area CSB** 600 Jackson St Fredericksburg, VA 22401 (540) 373-3223

**Harrisonburg City**

**Harrisonburg - Rockingham CSB** 1241 N Main St Harrisonburg, VA 22802 (540) 434-1941

**SELECT PHYSICAL THERAPY** 1340 Gaskins Road Unit 12 Richmond, VA 23238 (804) 747-4417

**Sheltering Arms Hospital Outpatient Services** 4730 S Laburnum Avenue Richmond, VA 23231 (804) 764-1001

**Sheltering Arms Midtown** 4730 S Laburnum Avenue Richmond, VA 23231 (804) 764-1001

**Sheltering Arms Outpatient at the St. Mary's Hospital Campus** 5899 Bremo Rd Ste 101 Richmond, VA 23226 (804) 288-1545

**Spot on Therapy Group LLC** 4840 Waller Rd Suite 200 Richmond, VA 23230 (804) 893-5010

**Henrico**

**FIND YOUR VOICE** 6024 Collingstone Drive Glen Allen, VA 23059 (804) 953-9653

**Healthsouth Sports Medicine & Rehabilitation Center** 7650 E Parham Rd Ste 120 Richmond, VA 23294 (804) 747-4417

**Henrico Area Mental Health & Developmental Services** 10299 Woodman Rd Glen Allen, VA 23060 (804) 261-8511

**Infant and Child Development Services** 1901 Westwood Ave Richmond, VA 23227 (804) 358-1874

**Bassett Physical Therapy** 935 Fairstone Park Highway Stanlytown, VA 24168 (276) 622-3636

**Child Development Resources** 150 Point O Woods Williamsburg, VA 23188 (757) 566-3300

**One Child Center for Autism** 201 A Bullifants Blvd Williamsburg, VA 23188 (757) 585-3216

**Williamsburg Speech Specialties** 3901 Treyburn Dr Suite 101 Williamsburg, VA 23185 (757) 229-2516

**Lancaster**

**Blue Ridge Therapy Associates, Inc.** 1912 Memorial Ave Lynchburg, VA 24501 (434) 845-8765

**Madison**

**Madison Physical Therapy and Rehab** 1480 N Main St Ste B Madison, VA 22727 (540) 948-3620

**Martinsville City**

**Acme Therapies Co** 101 Cleveland Ave Suite D Martinsville, VA 24112 (276) 352-4465

**Optima Direct Network Providers January 2019**

**Optima Health**
HANSEL UNION CONSULTING, PLLC
711 Court Street
Portsmouth, VA 23704
(757) 967-9926

Bassett Physical Therapy
797 Woodland Drive Ste 102
Stuart, VA 24171
(276) 694-0124

Chatterbox Speech and Language Therapy, LLC
114 E Blue Ridge St
Stuart, VA 24171
(540) 230-1582

Prince Edward
Longwood Center for Communication, Literacy and Learning
201 Main Street Third Floor
Farnville, VA 23901
(434) 395-2972

Progressive Therapy
1412 West Third Street
Farnville, VA 23901
(434) 392-1596

Pulaski
 Pediatric Therapy Services
1032 Macgill St
Pulaski, VA 24301
(540) 509-5020

Richmond City
Sheltering Arms Midtown
2805 W Broad St
Richmond, VA 23220
(804) 915-1174

Roanoke City
Carillon Bone and Joint Center PT/ST/OT
204 S Maple Street
Vinton, VA 24179
(540) 266-6950

Virginia Beach City
ALL COMMUNICATION THERAPY
933 First Colonial Road Suite 109
Virginia Beach, VA 23454
(757) 425-2699

Atlantic Speech Therapy, Inc.
923 First Colonial Rd Ste 1811
Virginia Beach, VA 23454
(757) 639-6242

Dianne D. Epplin and Associates
818 Newtown Rd
Virginia Beach, VA 23462
(757) 473-8016

Helping Hands Therapy Services, PLLC
913 First Colonial Rd Ste 204
Virginia Beach, VA 23454
(757) 350-0725

Rehabilitation Associates
4560 South Blvd Ste 310
Virginia Beach, VA 23452
(757) 490-3223

Shenandoah
Shenandoah Memorial Hospital Inc
759 S Main St
Woodstock, VA 22664
(540) 459-4021

Staci Soper
Portsmouth, VA 23704
711 Court Street
PLLC
(540) 633-0523

WEBSHOP

Source: Optima Direct Network Providers January 2019

Other Services - Tier 1

Optima Direct Network Providers January 2019

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Optima Health
### Wythe
- **Friendship Home Medical Equipment, Inc.**
  - 800 East Main Street
  - Wytheville, WV 24382
  - (276) 228-6941

### Berkeley
- **Panhandle Home Health, Inc.**
  - 208 Old Mill Road
  - Martinsburg, WV 25401
  - (304) 263-5680

### Mineral
- **Northern WV Home Health LLC**
  - 167 S Mineral St
  - Keyser, WV 26726
  - (304) 788-1285
  - 690 South Mineral St
  - Keyser, WV 26726
  - (304) 788-1285

### Morgan
- **Northern WV Home Health LLC**
  - 109 War Memorial Dr
  - Berkeley Springs, WV 25411
  - (304) 788-1285

### Hardy
- **Linicare, Inc.**
  - 6596 US Hwy 22D South
  - Moorefield, WV 26836
  - (304) 538-3010

### Jefferson
- **Winchester Physical Therapy & Sports Medicine, Inc**
  - 106 E Sweet St
  - Ranson, WV 25438
  - (304) 725-3632

### Mercer
- **Bluefield Regional Medical Center**
  - 500 Cherry Street
  - Bluefield, WV 24701
  - (304) 327-1100

### Raleigh
- **Progressive Physical Therapy & Rehabilitation Center**
  - RT 3 Box 3266
  - Keyser, WV 26726

### Summers
- **Summers County ARH Hospital**
  - 1500 Terrace Street
  - Hinton, WV 25951
  - (304) 439-6600

### Home Health

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<td>Excel Prosthetics &amp; Orthotics, Inc. 1700 Vineyard Street Bluefield, WV 24701 (304) 323-2278</td>
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<tr>
<td>IV Therapy</td>
<td>Linicare, Inc. 6596 US Hwy 22D South Moorefield, WV 26836 (304) 538-3010</td>
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<td>Physical/Occupational/Hand Therapy</td>
<td>Greenbrier Valley Medical Center 1320 Maplewood Ave Ronceverte, WV 24970 (304) 647-4411</td>
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<tr>
<td>Reference Lab</td>
<td>Shenandoah Laboratories, LLC 158 Crimson Cir Reliance Rd Suite Martinsburg, WV 25403 (304) 262-4757</td>
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<td>MRI Facility</td>
<td>Hampshire Memorial Hospital 363 Sunrise Blvd Romney, WV 26757 (304) 822-4561</td>
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Other Services Tier 2

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<td>Children's Hospital of Richmond of the VCU Health System 2925 Polo Parkway Midlothian, VA 23113 (804) 323-9060</td>
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| Henrico | Children's Hospital of Richmond of the VCU Health System 10124K West Broad St Glen Allen, VA 23060 (804) 273-6656 |

| Petersburg City | Children's Hospital of Richmond of the VCU Health System 321 B Poplar Drive Ste 4 Petersburg, VA 23065 (804) 273-6656 |

| Richmond City | VCU Community Memorial Hospital 125 Buena Vista Cir South Hill, VA 23970 (804) 323-9060 |

| Spotsylvania | Children's Hospital of Richmond of the VCU Health System 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485 |

| Home Health | Mary Washington Home Health Agency 2300 Fall Hill Avenue Suite 410 Fredericksburg, VA 22401 (540) 741-1667 |

| Mecklenburg | CMH Home Health Care and Hospice 125 Buena Vista Cir South Hill, VA 23970 (434) 447-3151 |

| Henrico | Children's Hospital of Richmond of the VCU Health System 2925 Polo Parkway Midlothian, VA 23113 (804) 323-9060 |

| Petersburg City | Children's Hospital of Richmond of the VCU Health System 2924 Brook Rd Richmond, VA 23220 (804) 228-5911 |

| Richmond City | Children's Hospital of Richmond of the VCU Health System 2924 Brook Rd Richmond, VA 23220 (804) 228-5911 |

| Spotsylvania | Children's Hospital of Richmond of the VCU Health System 10530 Spotsylvania Ave Ste 102 Fredericksburg, VA 22408 (540) 891-4485 |

| Stafford | North Stafford Physical Therapy (MWH) (REHAB) 422 Garrisonville Rd Suite 103 Stafford, VA 22554 (540) 288-2519 |

| Radiology (Ancillary) | Regional Cancer Center at Montross 1394 Kings Hwy Montross, VA 22520 (804) 493-8880 |

| Speech Therapy | Children's Hospital of Richmond of the VCU Health System 2925 Polo Parkway Midlothian, VA 23113 (804) 323-9060 |

| Chesterfield | Children's Hospital of Richmond of the VCU Health System 2925 Polo Parkway Midlothian, VA 23113 (804) 323-9060 |
HospUCC Tier 1

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<td>MIDDLESBORO ARH HOSPITAL</td>
<td>3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
<td>McDowell ARH Hospital Rte 122 McDowell, KY 41647 (606) 377-3400</td>
<td>Harlan ARH Hospital 81 Ball Park Road Harlan, KY 40831 (606) 573-8100</td>
<td>Mary Breckinridge ARH Hospital 130 Kate Ireland Rd Hyden, KY 41749</td>
<td>Williamson ARH Hospital 260 Hospital Drive South Williamson, KY 41503 (606) 237-1700</td>
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<td>Appalachiann Regional Hospital Whitesburg</td>
<td>240 Hospital Road Whitesburg, KY 41858 (606) 633-3500</td>
<td>Morgan County ARH Regional Medical Center 476 Liberty Rd West Liberty, KY 41472 (606) 743-3186</td>
<td>Appalachian Regional Hospital Whitesburg</td>
<td>240 Hospital Road Whitesburg, KY 41858 (606) 633-3500</td>
<td>Meritus Urgent Care LLC 11110 Medical Campus Rd Ste 147 Hagerstown, MD 21742 (301) 790-8193</td>
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<td>Appalachiann Regional Hospital Whitesburg</td>
<td>3600 W Cumberland Ave Middlesboro, KY 40965 (606) 242-1100</td>
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<td>Meritus EKG Lab 11116 Medical Campus Rd Hagerstown, MD 21742 (301) 790-8193</td>
<td>Meritus Imaging at Professional Court 251 E Antietam St Hagerstown, MD 21740 (301) 790-8000</td>
<td>WMHS Urgent Care Services 10701 New Georges Creek Road Frostburg, MD 21532 (301) 689-3229</td>
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<td>Concentra Urgent Care 4451 G Parliament Place Lanham, MD 20706 (866) 944-6046</td>
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<td>Kingsport Day Surgery</td>
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<td>The Regional Eye Surgery</td>
<td>999 Executive Park Blvd Suite 100</td>
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<td>The Reeves Eye Institute</td>
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<td>Johnson County Medical Center</td>
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<td>Bedford City</td>
<td>Bedford Memorial Hospital 1613 Oakwood St Bedford, VA 24523 (540) 586-8424</td>
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<td>Charlotte City</td>
<td>The Gamma Knife Center (UVA) 1251 Lee Street Charlottesville, VA 22908 (434) 924-3627</td>
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<tr>
<td>University of Virginia Health System Outpatient Surgery 1215 Lee Street Charlottesville, VA 22908 (434) 924-5376 500 Monroe Lane Charlottesville, VA 22908 (434) 924-5376</td>
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<td>Chesapeake City</td>
<td>Chesapeake General Hospital - Ambulatory Surgery 736 Battlefield Blvd Chesapeake, VA 23320 (757) 547-8121</td>
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<td>Chesterfield</td>
<td>Bon Secours St. Francis Medical Center 13710 St Francis Blvd Midlothian, VA 23114 (804) 594-7300 611 Watkins Center Parkway Suite 150 Midlothian, VA 23114 (804) 893-8477</td>
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<tr>
<td>Bon Secours St. Francis Surgery Center 13710 St. Francis Blvd #200 Midlothian, VA 23114 (804) 594-3000</td>
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<td>Bon Secours St. Francis Watkins Center Free-Standing Emergency Department 601 Watkins Centre Parkway Midlothian, VA 23114 (804) 594-2100</td>
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<td>CJW Medical Center - Johnston-Willis Campus 1401 Johnston Willis Dr Richmond, VA 23235 (804) 330-2000</td>
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<tr>
<td>Colon and Rectal Specialists, LTD 8700 Stony Point Parkway Suite 270 Richmond, VA 23235 (804) 249-2465</td>
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<td>UVA Culpeper Hospital 501 Sunset Ln Culpeper, VA 22701 (540) 829-4100</td>
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<td>Dickenson</td>
<td>Dickinson Community Hospital 312 Hospital Drive Clarendon, VA 22428 (276) 926-0300</td>
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<td>Fairfax</td>
<td>Reston Hospital Center 1850 Town Center Pkwy Reston, VA 20190 (703) 689-9000</td>
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<td>Fauquier</td>
<td>Fauquier Hospital 500 Hospital Dr Warrenton, VA 20186 (540) 347-2550</td>
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<tr>
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<td>Carilion Franklin Memorial Hospital 180 Floyd Avenue Rocky Mount, VA 24151 (540) 633-9253</td>
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<td>Sentara RMH Medical Center 210 Health Campus Drive Harrisonburg, VA 22801 (540) 689-1000 Valley Outpatient Services, LLC 4165 Quaresms Court Harrisonburg, VA 22801 (540) 434-1664</td>
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<td>Henrico</td>
<td>Bon Secours Richmond Community Hospital (Ambulatory Surgery) 1500 N 28th St Richmond, VA 23233 (804) 225-1700 Bon Secours St. Marys Hospital 5801 Bremo Rd Richmond, VA 23226 (804) 285-2011</td>
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<td>Cataract and Refractive Surgery Center 2010 Bremo Rd Ste 132 Richmond, VA 23226 (804) 285-0680</td>
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<td>Henrico Doctors' Hospital - Forest Campus 1602 Skipwith Rd Richmond, VA 23229 (804) 289-4500</td>
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<td>Henrico Doctors' Hospital - Parham Campus 7700 East Parham Rd Richmond, VA 23294 (804) 747-5600</td>
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<td>Skin Surgery Center of VA LLC 2510 Gaskins Road Henrico, VA 23238 (804) 282-4940</td>
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<td>West Creek Surgery Center LLC 1630 Wilkes Ridge Suite 101 Richmond, VA 23233 (804) 775-4500</td>
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<td>Hopewell City</td>
<td>John Randolph Medical Center 411 W Randolph Rd Hopewell, VA 23860 (804) 541-1600</td>
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<td>Lancaster</td>
<td>Rappahannock General Hospital 101 Harris Dr Kilmarnock, VA 22482 (804) 435-8000</td>
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<td>Lexington City</td>
<td>Carilion Stonewall Jackson Hospital 1 Health Circle Lexington, VA 24450 (540) 458-3300</td>
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<td>Loudoun</td>
<td>StoneSprings Hospital Center 24440 Stone Springs Blvd Dulles, VA 20166 (571) 349-4000</td>
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<td>Lynchburg City</td>
<td>Centra Lynchburg General Hospital 1901 Tate Springs Rd Lynchburg, VA 24501 (434) 947-3000</td>
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<td>Centra Virginia Baptist Hospital 1901 Tate Springs Rd Lynchburg, VA 24501 (434) 947-4766 3300 Rivermont Ave Lynchburg, VA 24503 (434) 947-4668</td>
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<td>Surgery Center of Lynchburg, LLC 2401 Atherholt Road Lynchburg, VA 24501 (434) 947-7700</td>
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Manassas City
Novant Health UVA Health System Prince William Medical Center 8700 Sudley Rd Manassas, VA 20110 (703) 369-8000

Prince William Surgery Center 8644 Sudley Rd Ste 201 Manassas, VA 20110 (703) 369-8525

Martinsville City
SOVAH Health - Martinsville 320 Hospital Drive Martinsville, VA 24112 (703) 666-7654

Montgomery
Carilion New River Valley Medical Center 2900 Tyler Rd Christiansburg, VA 24073 (540) 731-2000

Montgomery Regional Hospital d/b/ a LewisGale Montgomery 3700 Main Street Blacksburg, VA 24060 (540) 951-1111

New River Valley Surgery Center 2901 Lamb Circle Christiansburg, VA 24073 (540) 639-5888

Page
Page Memorial Hospital Inc 200 Memorial Dr Luray, VA 22835 (540) 743-4561

Pittsylvania
Centra Virginia Baptist Hospital 291 McBride Ln Gretna, VA 24557 (434) 626-1274

Prince Edward
Centra Southside Community Hospital 800 Oak St Farmville, VA 23901 (434) 392-8811

Prince William
Novant Health UVA Health System Haymarket Medical Center 15225 Heathcote Blvd Haymarket, VA 20169 (571) 284-1000

Potomac Urology ASC Center, PC 2296 Opitz Blvd Suite 350 Woodbridge, VA 22191 (703) 680-2111

Sentara Northern Virginia Medical Center 2300 Opitz Boulevard Woodbridge, VA 22191 (703) 523-1000

Richmond City
Columbia Pulaski Community Hospital d/b/a LewisGale Pulaski 2400 Lee Hwy N Pulaski, VA 24301 (540) 387-9142

Richmond
Boulders Ambulatory Surgery Center 1115 Boulders Parkway Ste 210 Richmond, VA 23225 (804) 672-4040

CJW Medical Center - Chippenham Campus 7101 Jahnke Rd Richmond, VA 23225 (804) 320-3911

Henrico Doctors’ Hospital - Retreat Campus 2621 Grove Ave Richmond, VA 23220 (804) 254-5100

Roanoke City
Carilion Roanoke Memorial Hospital 101 Elm Ave Roanoke, VA 20133 1906 Belleview at Jefferson St Roanoke, VA 20111 (540) 224-5500 2331 Franklin Road Roanoke, VA 20141 (540) 777-5834

Endoscopy Center of SW VA 204 Duke of Gloucester Street Roanoke, VA 20141 (540) 344-1264

Fairlawn Surgery Center, LLC 2107 Rosalind Avenue SW Roanoke, VA 20141 (540) 904-6170

Roanoke Ambulatory Surgical Center, LLC 1102 S Jefferson St Roanoke, VA 20146 (540) 342-0707

Russell
Russell County Medical Center 56 Carroll and Tate Street Lebanon, VA 24266 (276) 883-8000

Salem
Lewis-Gale Medical Center 1900 Electric Rd Salem, VA 24153 (540) 862-6265

Shenandoah
Shenandoah Memorial Hospital Inc 759 S Main St Woodstock, VA 22664 (540) 459-4021

Smyth
Smyth County Community Hospital 565 Radio Hill Rd Marion, VA 24354 (276) 782-1234

Spotsylvania
Spotsylvania Regional Medical Center 4600 Spotsylvania Pkwy Fredericksburg, VA 22408 (540) 498-4000

Stafford
Stafford Hospital Center 101 Hospital Center Blvd Stafford, VA 22554 (540) 741-9000

Suffolk City
Sentara Obici Ambulatory Surgery, LLC 2750 Godwin Blvd Suffolk, VA 23434

Tazewell
Carilion Tazewell Community Hospital 388 Ben Bolt Ave Tazewell, VA 24651

Clinch Valley Medical Center 6801 Gov G C Peery Highway Richlands, VA 24641 (276) 596-6000

Virginia Beach City
Chesapeake General Hospital - Ambulatory Surgery 229 Clearfield Avenue Virginia Beach, VA 23462 (757) 312-6300

CHKD Health and Surgery Center at Princess Anne 2021 Concert Dr Virginia Beach, VA 23456 (757) 668-2711

Princess Anne Ambulatory Surgery Center 1975 Glenn Mitchell Dr Ste 300 Virginia Beach, VA 23456 (757) 307-0170

Sentara Princess Anne Hospital 2000 Glenn Mitchell Drive Virginia Beach, VA 23456 (757) 363-6100

Virginia Beach Ambulatory Surgery Center 1700 Will O Wisp Dr Virginia Beach, VA 23454 (757) 496-6400

Washington
Johnston Memorial Hospital 16000 Johnston Memorial Drive Abingdon, VA 24211 (276) 258-1000

Winchester City
Blue Ridge Endoscopy (Winchester Endoscopy Services) 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 678-0767

Eye Surgery Center of Winchester 525 Amherst Street Winchester, VA 22601 (540) 667-5535

Winchester Endoscopy Services LLC 190 Campus Blvd Ste 150 Winchester, VA 22601 (540) 536-4706

Wythe
Wythe County Community Hospital 600 West Ridge Rd Wytheville, VA 24382 (276) 228-0200

Freestanding Outpatient Facilities

Albemarle
Sentara Martha Jefferson Hospital Outpatient Surgery 500 Martha Jefferson Drive Charlottesville, VA 22911 (434) 982-7000

Alexandria City
MEDGEN URGENT CARE (VA) 3117 Duke Street Alexandria, VA 22314 (703) 751-8800

Charlottesville City
Moser Radiation Therapy Center (UVA) 2871 Ivy Rd Charlottesville, VA 22903 (434) 982-0770

Chesterfield
Bon Secours Imaging Center Midlothian Imaging Center -- 8013 Midlothian Tpke Richmond, VA 23235 (804) 330-4600

Stony Point Surgery Center LLC 8700 Stony Point Pkwy Ste 100 Richmond, VA 23235 (804) 775-4500

Culpeper
Culpeper Surgery Center LLC 541 Sunset Lane Culpeper, VA 22701 (540) 829-0700
Danville City
SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Fairfax
Reston Surgery Center
(Freestanding ASC)
1860 Town Center Dr Ste G100
Reston, VA 20190
(703) 639-3100

Fairfax City
Fairfax Surgical Center
(Freestanding ASC)
10730 Main St
Fairfax, VA 22030
(703) 391-0670

Franklin
Carilion Franklin Memorial Hospital
180 Floyd Avenue
Rocky Mount, VA 24150
(540) 633-9353

Giles
Carilion Giles Community Hospital
159 Hartley Way
Pearsburg, VA 24134
(540) 921-6000

Hanover
Hanover Emergency Center
9275 Chamberlayne Avenue
Mechanicsville, VA 23116
(804) 417-0300

Henrico
American Diagnostics Services Inc
Call for instructions/appointment
4112 Fitzhugh Avenue
Richmond, VA 23230
(804) 592-3186

Bon Secours Imaging Center
Reynolds Crossing -- 6605 W Broad Street
Richmond, VA 23230
(804) 287-3500

MobilexUSA
Call for instructions/appointment
4112 Fitzhugh Avenue
Richmond, VA 23230
(800) 621-9236

Lexington City
Carilion Stonewall Jackson Hospital
1 Health Circle
Lexington, VA 24450
(540) 458-3300

Martinsville City
SOVAH Health - Martinsville
320 Hospital Drive
Martinsville, VA 24112
(276) 666-7654

Montgomery
Carilion New River Valley Medical Center
2900 Tyler Rd
Christiansburg, VA 24073
(540) 731-2000

Regional Health Diagnostics, Inc.
210 Professional Park Dr Ste 10
Blacksburg, VA 24060
(540) 315-8550

Newport News City
CHKD Health Center at Oyster Point
11783 Rock Landing Drive
Newport News, VA 23606
(757) 668-6201

Norfolk City
Pet Institute of Hampton Roads
5357 Henneman Dr
Norfolk, VA 23513
(757) 855-9700

Prince William
Novant Health UVA Health System Cancer Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000
7901 Lake Manassas Drive
Gainesville, VA 22036
(703) 753-4045

Novant Health UVA Health System Haymarket Medical Center
15225 Heathcote Blvd
Haymarket, VA 20169
(571) 284-1000

Roanoke City
Carilion Roanoke Memorial Hospital
101 Elm Ave
Roanoke, VA 24013
1906 Belleview at Jefferson St
Roanoke, VA 24011
(540) 224-5500
2331 Franklin Road
Roanoke, VA 24014
(540) 777-5834

Salem
Blue Ridge Surgery Center
(Freestanding ASC)
1802 Brasburn Drive
Salem, VA 24153
(540) 772-3400

Spotsylvania
Endoscopy Center of Fall Hill Gastroenterology
4103 Lafayette Blvd
Fredericksburg, VA 22408

Suffolk City
Bayview Ambulatory Surgery Center
2000 Meade Pkwy
Suffolk, VA 23434
(757) 934-9329

Virginia Beach City
CHKD Health and Surgery Center at Princess Anne
2021 Concert Dr
Virginia Beach, VA 23456
(757) 668-2711
Virginia Beach Ambulatory Surgery Center
1700 Will O Wisp Dr
Virginia Beach, VA 23454
(757) 496-6400

Hospital
Albemarle
Sentara Martha Jefferson Hospital
500 Martha Jefferson Drive
Charlottesville, VA 22911
(434) 654-7000

Alleghany
Alleghany Regional Hospital d/b/a LewisGale Alleghany
One Arh Lane
Low Moor, VA 24457
(540) 862-6200

Arlington
Virginia Hospital Center - Arlington
1701 N George Mason Dr
Arlington, VA 22205
(703) 558-5486

Augusta
Augusta Medical Center
78 Medical Center
Fishersville, VA 22939
(540) 932-4000

Bath
Bath Community Hospital
106 Park Drive
Hot Springs, VA 24445
(540) 839-7000

Bedford City
Bedford Memorial Hospital
1613 Oakwood St
Bedford, VA 24523
(540) 586-8424

Bristol
The Rehabilitation Hospital of Southwest Virginia (Bristol)
103 North Street
Bristol, VA 24201
(276) 642-7900

Charlottesville City
University of Virginia Medical Center
1215 Lee St
Charlottesville, VA 22908
(434) 924-0211

UVA HealthSouth Rehabilitation Hospital
515 Ray C Hunt Drive
Charlottesville, VA 22903
(434) 244-2000

Chesterfield
Bon Secours St. Francis Medical Center
13710 St Francis Blvd
Midlothian, VA 23114
(804) 594-7300
611 Watkins Center Parkway Suite 150
Midlothian, VA 23114
(804) 893-8477

CJW Medical Center - Johnston-Willis Campus
1401 Johnston Willis Dr
Richmond, VA 23235
(804) 330-2000

Culpeper
UVA Culpeper Hospital
501 Sunset Ln
Culpeper, VA 22701
(540) 829-4100

Danville City
SOVAH Health - Danville
142 S Main St
Danville, VA 24541
(434) 799-4452

Dickenson
Dickenson Community Hospital
312 Hospital Drive
Clintwood, VA 24228
(276) 926-0380

Emporia City
Southern Virginia Regional Medical Center
727 North Main St
Emporia, VA 23847
(434) 348-4400

Fairfax
Reston Hospital Center
1850 Town Center Pkwy
Reston, VA 20190
(703) 689-9000

Optima Direct Network Providers January 2019

425
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<th>Location</th>
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<td>Bon Secours Richmond Community Hospital</td>
<td>1500 N 28th St, Richmond, VA 23223 (804) 225-1700</td>
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<td>CJW Medical Center - Chippenham Campus</td>
<td>7101 Juhnke Rd, Richmond, VA 23225 (804) 320-3911</td>
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<td>Henrico Doctors' Hospital - Retreat Campus</td>
<td>2621 Grove Ave, Richmond, VA 23220 (804) 254-5100</td>
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<td>Roanoke City</td>
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<td>101 Elm Ave, Roanoke, VA 24013 (540) 498-4000</td>
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<td>1906 Bellevue at Jefferson St, Roanoke, VA 24011 (540) 224-5500</td>
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<td>2331 Franklin Road, Roanoke, VA 24014 (540) 777-5834</td>
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<td>Russell</td>
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<td>Russell County Medical Center - Riverside Clinic</td>
<td>58 Carroll &amp; Tate St, Lebanon, VA 24466 (276) 883-8000</td>
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<td>1017 Franklin Street, Roanoke, VA 24014 (540) 777-5834</td>
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<td>1900 Electric Rd, Salem, VA 24466 (276) 883-8000</td>
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<tr>
<td>Shenandoah Memorial Hospital Inc</td>
<td>759 S Main St, Woodstock, VA 22664 (540) 459-4021</td>
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<td>Smyth</td>
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<td>Smyth Community Hospital</td>
<td>565 Radio Hill Rd, Marion, VA 24354 (276) 782-1234</td>
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<td>Spotsylvania</td>
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<td>Spotsylvania Regional Medical Center</td>
<td>4600 Spotsylvania Pkwy, Fredericksburg, VA 22408 (540) 498-4000</td>
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<td>Stafford</td>
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<td>Stafford Hospital Center</td>
<td>101 Hospital Center Blvd, Stafford, VA 22554 (540) 741-9000</td>
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<td>Sentara Obici Hospital</td>
<td>2800 Godwin Blvd, Suffolk, VA 23434 (757) 934-4000</td>
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<td>388 Ben Bolt Ave, Tazewell, VA 24651</td>
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<td>Clinch Valley Medical Center</td>
<td>6801 Gov G C Peery Highway, Richlands, VA 24641 (276) 596-6000</td>
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<td>Sentara Princess Anne Hospital</td>
<td>2000 Glen Mitchell Drive, Virginia Beach, VA 23456 (757) 363-6100</td>
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<td>Sentara Virginia Beach General Hospital</td>
<td>1060 First Colonial Rd, Virginia Beach, VA 23454 (757) 395-8000</td>
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<td>Washington</td>
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<td>Johnston Memorial Hospital</td>
<td>16000 Johnston Memorial Drive, Abingdon, VA 24211 (276) 258-1000</td>
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<td>Winchester Medical Center</td>
<td>1840 Amherst St, Winchester, VA 22601 (540) 536-8000</td>
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<td>Wise</td>
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<td>Russell County Medical Center - Riverside Clinic</td>
<td>1 Riverside Drive Highway 58, Saint Paul, VA 24283 (276) 883-8000</td>
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<td>Wythe</td>
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<td>Wythe County Community Hospital</td>
<td>600 West Ridge Rd, Wytheville, VA 24382 (276) 228-0200</td>
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<td>Urgent Care Center</td>
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<td>Albemarle</td>
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<tr>
<td>MedExpress Urgent Care UCC, PC - Virginia</td>
<td>1149 Seminole Trail, Charlottesville, VA 22901 (434) 978-3998</td>
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<td>Augusta</td>
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<td>Augusta Health Urgent Care</td>
<td>1140 Keelerontown Road, Weyers Cave, VA 24486 (540) 453-0040</td>
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<td>Botetourt</td>
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<tr>
<td>VelocityCare</td>
<td>46 Wesley Rd Daleville, VA 24083 (540) 266-6000</td>
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<td>Caroline</td>
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<tr>
<td>Premier Acute Care Services, LLC</td>
<td>111073 Colonel Armistead Drive Suite 205, Ruther Glen, VA 22546 (571) 331-9288</td>
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<td>Carroll</td>
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<tr>
<td>Mid-Atlantic Quickcare, PLLC</td>
<td>5261 Carrollton Pike Ste C, Woodlawn, VA 23451 (276) 238-0911</td>
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<tr>
<td>Chesapeake City</td>
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<tr>
<td>Children's Hospital Of The King's Daughters - UCC</td>
<td>817 Volvo Parkway, Chesapeake, VA 23320 (757) 668-4630</td>
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<tr>
<td>In &amp; Out Express Care</td>
<td>838 Old George Washington Hwy N Ste A, Chesapeake, VA 23323 (757) 487-9600</td>
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<tr>
<td>Mt. Pleasant Urgent Care and Family Practice</td>
<td>1464 Mt Pleasant Rd Suites 13 and 14, Chesapeake, VA 23322 (757) 410-4580</td>
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<tr>
<td>Patient First - Battlefield Blvd</td>
<td>705 N Battlefield Blvd, Chesapeake, VA 23320 (757) 547-0688</td>
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<tr>
<td>Patient First - Cedar Rd</td>
<td>1239 Cedar Rd, Chesapeake, VA 23322 (757) 549-9935</td>
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<tr>
<td>Patient First - Taylor Road</td>
<td>2425 Taylor Road, Chesapeake, VA 23321 (757) 215-1800</td>
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<td>Chesterfield</td>
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<tr>
<td>After Hours Pediatrics-Midlothian</td>
<td>13553 Midlothian Turnpike, Midlothian, VA 23113 (804) 601-3295</td>
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<tr>
<td>AfterHours Pediatrics - West End</td>
<td>1521 Hugueneq Road Suite 201, Midlothian, VA 23113 (804) 742-3077</td>
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<tr>
<td>BetterMed</td>
<td>6100 Harbourside Centre Loop, Midlothian, VA 23112 (804) 639-7555</td>
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<tr>
<td>Health Care Plus</td>
<td>13038 Rivers Bend Rd, Chesterfield, VA 23838 (804) 414-0204</td>
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<td>KidMed Southside PLC</td>
<td>5021 Craig Rath Blvd Building IV, Midlothian, VA 23112 (804) 592-5437</td>
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<tr>
<td>MedExpress Urgent Care UCC, PC - Virginia</td>
<td>11603 Midlothian Turnpike, Midlothian, VA 23113 (804) 378-3739</td>
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<tr>
<td>Patient First - Chester</td>
<td>12101 S Chalkley Rd, Chester, VA 23831 (804) 796-3636</td>
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<td>Patient First - Genito</td>
<td>11020 Hull St, Midlothian, VA 23112 (804) 744-6310</td>
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<td>Patient First - Midlothian</td>
<td>8110 Midlothian Tpke, Richmond, VA 23225 (804) 320-8160</td>
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<tr>
<td>Peds Care After Hours</td>
<td>2937 Fox Chase Lane, Midlothian, VA 23112 (804) 744-5437</td>
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<td>Colonial Heights City</td>
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<tr>
<td>Health Care Plus</td>
<td>436 Clairmont Ct Ste 100, Colonial Heights, VA 23834 (804) 526-2121</td>
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<tr>
<td>Healthcare Plus (Southside Regional Medical Ctr)</td>
<td>436 Clairmont Ct, Colonial Heights, VA 23834 (804) 526-2121</td>
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<tr>
<td>Patient First - Temple Avenue</td>
<td>1260 Temple Avenue, Colonial Heights, VA 23834 (804) 518-2597</td>
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<tr>
<td>Covington City</td>
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<tr>
<td>Alliance Xpress Care LLC</td>
<td>919A Craig Ave, Covington, VA 24426 (540) 960-2231</td>
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<tr>
<td>Culpeper</td>
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<tr>
<td>MedExpress Urgent Care UCC, PC - Virginia</td>
<td>1420 South Main Street, Culpeper, VA 22701 (540) 825-2202</td>
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</tbody>
</table>
Hospital and Urgent Care Center Directory - Tier 1

**Essex**
MD Express
300 Mt Clement Park
Tappahannock, VA 22560
(804) 443-8610

**Fairfax**
Concentra Urgent Care
5590 General Washington Drive
Alexandria, VA 22312
(866) 944-6046
8613 Lee Highway Suite 110
Fairfax, VA 22031
(866) 944-6046

Novant Health UVA Health System
UCC & Occupational Med(Centreville)
6208 Multiplex Drive Suite 150
Centreville, VA 20121
(703) 366-2590

Patient First
3918 Centreville Road
Chantilly, VA 20151
(703) 657-6925

**Fauquier**
Novant Health UVA Health System
Express Care(Marshall)
4197C Winchester Rd
Marshall, VA 20115
(571) 284-3460

Novant Health UVA Health System
Express Care(Warrenton)
480 Fletcher Drive Suite 3
Warrenton, VA 20186
(571) 284-3460

Warrenton Urgent Care
75 W Lee Highway
Warrenton, VA 20186
(540) 351-0662

**Franklin**
Carilion Urgent Care-Westlake
13205 Booker T Washington Highway
Hardy, VA 24101
(540) 719-1815

VelocityCare
35 Medical Court
Hardy, VA 24101
(540) 719-1815

**Franklin City**
MedExpress Urgent Care UCC, PC - Virginia
1330 Armory Drive
Franklin, VA 23851
(757) 562-3204

**Frederick**
MedExpress Urgent Care UCC, PC - Virginia
207 Gateway Drive
Winchester, VA 22603
(540) 535-1029

Fredericksburg City
Patient First - Fredericksburg/Plank Road
3031 Plank Road
Fredericksburg, VA 22401
(540) 736-5043

**Galax City**
Twin County Urgent Care
961 E Stuart Drive
Galax, VA 24333
(276) 238-0439

Gloucester
Gloucester Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

MD Express
6567 George Washington Memorial Highway
Gloucester, VA 23061
(804) 824-9962

Velocity Urgent Care
5659 Parkway Drive Suite 100
Gloucester, VA 23061
(804) 210-1005

**Halifax**
Velocity Urgent Care
5601 Old Halifax Road Suite 100
South Boston, VA 24592
(434) 290-1225

**Hampton City**
In & Out Express Care
593 Aberdeen Road Suite A
Hampton, VA 23661
(757) 824-1100

MD Express
3321 West Mercury Blvd
Hampton, VA 23666
(757) 224-0056

Patient First - Hampton
2304 West Mercury Boulevard
Hampton, VA 23666
(757) 951-1579

**Hanover**
BetterMed (Emergency Physicians Immediate Care Center 2)
6296 Mechanicsville Turnpike
Mechanicsville, VA 23111
(804) 459-8300

Kidmed UCC, Inc.
8356 Bell Creek Road
Mechanicsville, VA 23116
(804) 559-5437

**Henrico**
AfterHours Pediatrics - West End
3460 Lauderdale Drive
Henrico, VA 23233
(804) 742-3077

BetterMed (Emergency Physicians Immediate Care Center 2)
5215 W Broad Street
Richmond, VA 23220
(804) 554-5688

Concentra Urgent Care
9900 West Broad Street Ste C
Glen Allen, VA 23060
(804) 944-6046

Express Med Urgent Care Center Inc
5310 Twin Hickory Road
Glen Allen, VA 23059
(804) 360-4242

Family Health Clinic at Independence
9930 Independence Park Ste 101
Richmond, VA 23233
(804) 726-2600

Good Health Express
9851 Brook Road
Glen Allen, VA 23059
(804) 893-8702

Kidmed UCC, Inc.
1602 Rolling Hills Drive
Glen Allen, VA 23059
(804) 893-8702

Kidmed Urgent Care UCC, PC - Virginia
8040 West Broad Street
Richmond, VA 23229
(804) 346-0927

**James City**
First Medical of Williamsburg
312 Second St
Williamsburg, VA 23165
(757) 229-4141

MD Express
120 Monticello Ave
Williamsburg, VA 23185
(757) 564-3627

New Town Urgent Care (SMG)
4374 New Town Ave Ste 100
Williamsburg, VA 23188
(757) 259-1900

Velocity Urgent Care
4374 New Town Ave
Williamsburg, VA 23188
(757) 594-6140

4374 New Town Ave Suite 100
Williamsburg, VA 23188
(757) 594-6140

**Loudoun**
Patient First
601 Potomac Station Drive
Leesburg, VA 20176
(703) 840-1396

Patient First - Sterling
47100 Community Place
Sterling, VA 20164
(703) 880-1403

Winding Cross Urgent Care of Leesburg
952 Edwards Ferry Road NE
Leesburg, VA 20176
(703) 687-4158

**Lynchburg City**
MedExpress Urgent Care UCC, PC - Virginia
21064A Timberlake Road
Lynchburg, VA 24502
(434) 239-0627

2818 Lihikho Street
Lynchburg, VA 24503
(434) 384-1573

**Manassas City**
Patient First - Manassas
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797

**Richmond**
Richmond Urgent Care LLC
1770 North Parham Road Ste 100
Richmond, VA 23229
(804) 615-5060

**Willis**
Velocity Urgent Care
20209 Sentara Way Suite 100
Carrollton, VA 23314
(757) 542-1100

**Isle of Wight**
First Medical of Williamsburg
312 Second St
Williamsburg, VA 23165
(757) 229-4141

**Loudoun**
Patient First
601 Potomac Station Drive
Leesburg, VA 20176
(703) 840-1396

Patient First - Sterling
47100 Community Place
Sterling, VA 20164
(703) 880-1403

Winding Cross Urgent Care of Leesburg
952 Edwards Ferry Road NE
Leesburg, VA 20176
(703) 687-4158

**Lynchburg City**
MedExpress Urgent Care UCC, PC - Virginia
21064A Timberlake Road
Lynchburg, VA 24502
(434) 239-0627

2818 Lihikho Street
Lynchburg, VA 24503
(434) 384-1573

**Manassas City**
Patient First - Manassas
9715 Liberia Avenue
Manassas, VA 20110
(571) 229-1797
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<td>Hampton Roads Urgent Care, PLLC</td>
<td>730 Thimble Shoals Blvd Suite 200 Newport News, VA 23602</td>
<td>(757) 240-5580</td>
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<tr>
<td>VelocityCare Blacksburg</td>
<td>215 Gilbert Street Blacksburg, VA 24060</td>
<td>(540) 266-6800</td>
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<td>434 Peppers Ferry Road Ste A Christiansburg, VA 24073</td>
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<td>J. Clyde Urgent Care (SMG)</td>
<td>747 J Clyde Morris Blvd Newport News, VA 23601</td>
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<td>MD Express</td>
<td>12997 Warwick Blvd Newport News, VA 23602</td>
<td>(540) 369-9446</td>
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<td>MedPoint Urgent Care</td>
<td>601 Denhig Blvd Newport News, VA 23608</td>
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<td>Bayview Physician Services PC (Urgent Care Center)</td>
<td>7924 Chesapeake Blvd Norfolk, VA 23518</td>
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<td>NovaCare Urgent Care</td>
<td>9455 Shore Drive Norfolk, VA 23518</td>
<td>(757) 785-8461</td>
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<td>Fort Norfolk Plaza Urgent Care, Inc.</td>
<td>301 Riverview Ave Ste 100 Norfolk, VA 23510</td>
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<td>1326 E Little Creek Rd Norfolk, VA 23518</td>
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<td>7435 Granby St Norfolk, VA 23505</td>
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<td>4600 Puddledock Road Prince George, VA 23875</td>
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<td>4167 Merchant Plaza Woodbridge, VA 22192</td>
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<td>12581 Milstead Way Suite 103 Woodbridge, VA 22192</td>
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<td>NovaCare Health UVA Hlth System UCC &amp; Occupational Med(Bristow)</td>
<td>10322 Bristow Center Drive Bristow, VA 20136</td>
<td>(571) 284-4245</td>
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<td>2199 Old Bridge Road Lake Ridge, VA 22192</td>
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<td>Alliance Xpress Care LLC 5275 Alexander Rd Ste A Dublin, VA 24084</td>
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<td>First OnSite LLC 7325 Beaufont Springs Drive Ste 103 Richmond, VA 23225</td>
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<td>12 N Thompson St Richmond, VA 23221</td>
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<td>VelocityCare</td>
<td>4035 Electric Rd Suite A Roanoke, VA 24018</td>
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<td>602 Brandon Avenue SW Suite 222 Roanoke, VA 24015</td>
<td>(540) 774-6000</td>
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<td>5610 Williamson Road Roanoke, VA 24012</td>
<td>(540) 265-8924</td>
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<td>1336 West Main Street Salem, VA 24153</td>
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<td>First Assist Urgent Care</td>
<td>245 Medical Park Drive Ste C Marion, VA 24354</td>
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<td>Prince George</td>
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<td>1100 Cedar Valley Drive, Cedar Bluff, VA 24609</td>
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<td>(757) 964-6449</td>
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<td>111 Fashion Dr Suite D, Pounding Mill, VA 24637</td>
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<td>4003 College Avenue Suite 2A, Bluefield, VA 24605</td>
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<td>Virginia Beach City</td>
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<td>Bayview Physician Services PC (Urgent Care Center)</td>
<td>1168 First Colonial Rd, Virginia Beach, VA 23454</td>
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<td>(757) 352-2020</td>
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<td>(757) 424-4300</td>
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<td>1924 Landstown Centre Way Ste 103, Virginia Beach, VA 23456</td>
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<td>(757) 668-4949</td>
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<td>3960 Virginia Beach Blvd, Virginia Beach, VA 23455</td>
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<td>(757) 668-4648</td>
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<td>Chimney Hill Medical Associates (SMG)</td>
<td>3745 Holland Rd, Virginia Beach, VA 23452</td>
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<td>(757) 962-8720</td>
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<td>In &amp; Out Express Care</td>
<td>1290 Diamond Springs Road, Virginia Beach, VA 23455</td>
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<td>(757) 460-0700</td>
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<td>Patient First - General Booth</td>
<td>1605 General Booth Blvd, Virginia Beach, VA 23454</td>
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<td>Patient First - Holland Rd</td>
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<td>Patient First - Newtown Rd</td>
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<td>2180 General Booth Blvd Suite F, Virginia Beach, VA 23454</td>
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<td>(757) 702-8122</td>
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<td>VALLEY HEALTH URGENT CARE - UCC</td>
<td>65 Riverton Commons Plaza, Front Royal, VA 22630</td>
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<td>(540) 635-0700</td>
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<td>First Assist Urgent Care</td>
<td>603 Campus Drive Suite 100, Abingdon, VA 24210</td>
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<td>VALLEY HEALTH URGENT CARE - UCC</td>
<td>607 East Jubal Early Drive, Winchester, VA 22601</td>
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<td>MD Express</td>
<td>4740 George Washington Hwy Ste A, Yorktown, VA 23693</td>
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<td>(757) 564-3627</td>
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<td>Greenbrier</td>
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<td></td>
<td>Greenbrier Valley Medical Center</td>
<td>1320 Maplewood Ave, Ronceverte, WV 24970</td>
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<td>(304) 647-4411</td>
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<td>Bluefield Regional Medical Center</td>
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<td>(304) 327-1100</td>
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<td>Princeton Community Hospital</td>
<td>122 Twelfth Street, Princeton, WV 24740</td>
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<td>Hampshire Memorial Hospital</td>
<td>363 Sunrise Blvd, Romney, WV 26757</td>
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<td>(304) 822-4561</td>
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<td>Bluefield Regional Medical Center</td>
<td>500 Cherry Street, Bluefield, WV 24701</td>
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<td>(304) 327-1100</td>
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<td>Hunt Club Medical Clinic (Urgent Care)</td>
<td>11 Hunt Club Medical Clinic, Ridgeley, WV 26753</td>
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<td>Mary Washington Hospital (MWH) 1001 Sam Perry Blvd Fredericksburg, VA 22401 (540) 741-1100</td>
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<td>Freestanding Outpatient Facilities</td>
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