

Optima Health



**Optima Medicare
HMO Plan
Primary Care Provider (PCP) Directory**

This directory is current as of October 6, 2017.

This directory provides a list of Optima Health Medicare (HMO) current network providers who are able to serve as a Primary Care Provider (PCP).

This directory is for the following areas for the **2017** plan year: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach. For the **2018** plan year: Chesapeake, Hampton, James City County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, and Williamsburg.

To access the Optima Medicare (HMO) online provider directory, you can visit www.optimahealth.com/medicare. For any questions about the information contained in this directory (hardcopy or online), please call our Member Services Department at 1-800-927-6048, from October 1, 2017 – February 14, 2018, 7 days a week from 8:00 a.m. - 8:00 p.m. ET and from February 15, 2018 – September 30, 2018, Monday through Friday from 8:00 a.m. - 8:00 p.m. ET). TTY users should call VA Relay Services at 1-800-828-1140 or 711.

This information is available in a different format, including large print. Please call Member Services at the number listed above if you need information in another format.

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Section 1 – Introduction

This directory provides a list of Optima Medicare (HMO) network providers that can serve as a Primary Care Provider (PCP). To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have to choose one of our network providers listed in this directory to be your **Primary Care Provider (PCP)**. Generally, you must get your health care services from your PCP. You need to choose your PCP from the list of family medicine, internal medicine, and geriatric medicine physicians in this directory.

Your PCP will serve as the team leader for all your health care needs. A member of your PCP's team will work with you to complete an initial health assessment so your PCP can develop a personalized care plan for you. This care plan may include routine health screenings, annual wellness exams, and other preventive care services.

When needed, your PCP, or other members of your primary care team, will coordinate care with the right specialists and hospitals – and work with them to keep you healthy and improve your quality of life. You will not be expected to navigate the system on your own – your primary care team will be your advocate and help you see the plan specialist or get the service you need, when and where you need it. This team-based and coordinated approach makes sure you receive the best possible care.

Although you do not need a referral from your PCP to go to a plan specialist, he/she will be able to recommend one to you. After you see the plan specialist, he/she normally sends a report to your PCP so your PCP knows about your medical care. If your PCP or plan specialist recommends that you have a procedure, test, or surgery that needs prior authorization from Optima Medicare (HMO), he/she will contact us for authorization.

The network providers listed in this directory have agreed to provide you with your health care services. You may go to any of our network providers listed in this directory. If you want to change your PCP or specialist, you can. Please call us if you want to change your PCP or need help finding a new one. Our phone number is on the cover of this directory.

You must use network providers except in emergency or urgent care situations or for out-of-area renal dialysis. If you obtain routine care from out-of-network providers, neither Medicare nor Optima Medicare (HMO) will be responsible for the costs. If you receive emergency, urgent care or dialysis services from a non-plan provider while out of the service area (our service area is on the next page), ask the provider to submit the bill to Optima Medicare (HMO). If the non-network provider sends the bill to you, please send it to us. We will determine if you owe anything to the provider. Do not pay the bill until you receive a notice from us. If you already paid for the covered services, we will reimburse you for our share of the cost. We will pay the provider for our share of the bill and will let you know if you owe anything. Our address is:

Optima Medicare (HMO)
4417 Corporation Lane
Virginia Beach, VA 23462

What is the service area for Optima Medicare (HMO)?

The cities/counties in our service area for the **2017** plan year: Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach. For the **2018** plan year: Chesapeake, Hampton, James City County, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, and Williamsburg.

How do you find Optima Medicare (HMO) providers in your area?

This provider directory lists providers by specialty, city/county, and then alphabetically to help you easily find a provider whose office is located near your home, work, or another location convenient to you. For easy reference, an alphabetical listing of all providers is included in the index at the back of this directory. If you need to locate a specialist or facility please refer to our online directory or the combined provider and pharmacy directory.

If you have questions about Optima Medicare or require assistance in selecting a PCP, please call our Member Services Department at 1-800-927-6048, from October 1, 2017 – February 14, 2018, 7 days a week from 8:00 a.m. - 8:00 p.m. ET and from February 15, 2018 – September 30, 2018, Monday through Friday from 8:00 a.m. - 8:00 p.m. ET). TTY users should contact us through VA Relay Services at 1-800-828-1140 or 711. You can also visit www.optimahealth.com/medicare.

NC

Family Medicine

Elizabeth City

Giguere, Thomas V., MD
Prov #: 10151113
Sentara Family Medicine Physicians (SMG)
1141 North Road St Ste G
Elizabeth City, NC 27909
(252) 337-9120

Pharr, Maria E, MD
Prov #: 10121316
Sentara Family Medicine Physicians (SMG)
1141 North Road St Ste G
Elizabeth City, NC 27909
(252) 337-9120

Ray, Sulekha, MD
Prov #: 70343
Sentara Family Medicine Physicians (SMG)
1507 North Rd St Ste 2
Elizabeth City, NC 27909
(252) 333-1149

Sutton, Sidney Michael, MD
Prov #: 10121397
Sentara Family Medicine Physicians (SMG)
1141 North Road St Ste G
Elizabeth City, NC 27909
(252) 337-9120

Moyock

Hippenstiel, Mark J., MD
Prov #: 10163851
Currituck Internal Medicine & General Practice
534 Caratoke Hwy
Moyock, NC 27958
(252) 435-6621

Ziglar, Susan, MD
Prov #: 10102126
Currituck Internal Medicine & General Practice
534 Caratoke Hwy
Moyock, NC 27958
(252) 435-6621

Internal Medicine

Edenton

Severa, Jeffrey, DO
Prov #: 10144955
Sentara Family and Internal Medicine Physicians (SMG)
701 Luke St Ste D
Edenton, NC 27932
(252) 337-9170

Elizabeth City

LoFaso, Peter, MD
Prov #: 10182852
Sentara Family & Internal Medicine Physicians (SMG)
1507 North Road St Ste 2
Elizabeth City, NC 27909
(252) 337-9190

Severa, Jeffrey, DO
Prov #: 10144955
Sentara Family and Internal Medicine Physicians (SMG)
1507 N Road St Ste 2
Elizabeth City, NC 27909
(252) 337-9190

Moyock

Miran, Mohammad J, DO
Prov #: 10174254
Currituck Internal Medicine & General Practice
534 Caratoke Hwy
Moyock, NC 27958
(252) 435-6621

Ray, Dipes, MD
Prov #: 91697
Sentara Family Medicine Physicians (SMG)
446 Caratoke Hwy
Moyock, NC 27958
(252) 435-1275

VA

Family Medicine

Amherst

Alsayed, Ghada M., MD
Prov #: 10185418
Centra Health Medical Center - Gretna
115 Ambriar Plaza
Amherst, VA 24521
(434) 946-9565

Arrington

Brown, Benjamin T., MD
Prov #: 10175049
Blue Ridge Medical Center (CCNV)
4038 Thomas Nelson Hwy
Arrington, VA 22922
(434) 263-4000

Carrollton

Afsharchi, Foroozan, MD
Prov #: 10082520
Sentara Family & Internal Medicine Physicians (SMG)
20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

Belvin, David G., MD
Prov #: 10010130
Sentara Family & Internal Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100

20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

LoPresti, Bartholomew M, MD
Prov #: 10010129
Sentara Family & Internal Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100

20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

Family Medicine

Mathew, Jennifer S., MD
Prov #: 79264
Sentara Family & Internal Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100

20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

Waddy, James M., MD
Prov #: 10010116
Sentara Family Medicine Physicians & Sentara Urgent Care
20209 Sentara Way Ste 200
Carrollton, VA 23314
(757) 542-2000

Weitzman, Douglas K., MD
Prov #: 10010122
Sentara Family & Internal Medicine Physicians (SMG)
20209 Sentara Way Ste 100
Carrollton, VA 23314
(757) 542-1100

20209 Sentara Way Suite 200
Carrollton, VA 23314
(757) 542-2000

Chesapeake

Espiritu, Keith A., MD
Prov #: 10075584
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy
Chesapeake, VA 23320
(757) 983-1777

Harris, C. Larry, MD
Prov #: 11006
Sentara Family Medicine Physicians & Sentara Urgent Care
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4760

Hartline, Steven M., MD
Prov #: 99625
Sentara Family Medicine Physicians & Sentara Urgent Care
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4760

Lis, Barbara, MD
Prov #: 10171754
Sentara Family Medicine Physicians (SMG)
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4700

Palting, Arlene, MD
Prov #: 35231
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy Ste 101
Chesapeake, VA 23320
(757) 983-1777

Ray, Sulekha, MD
Prov #: 70343
Sentara Family Medicine Physicians (SMG)
213 River Walk Pkwy Ste 101
Chesapeake, VA 23320
(757) 983-1777

Sato, Naomi, DO
Prov #: 10168588
Sentara Family Medicine Physicians (SMG)
633 Battlefield Blvd S Ste 300
Chesapeake, VA 23322
(757) 233-4700

Sicangco, Eileen Luha, MD
Prov #: 10133772
Sentara Family & Internal Medicine Physicians (SMG)
4124 Chesapeake Square Blvd Ste 103
Chesapeake, VA 23321
(757) 983-5100

Ziglar, Susan, MD
Prov #: 10102126
Currituck Internal Medicine & General Practice
800 Battlefield Blvd N
Chesapeake, VA 23320
(757) 842-4481

Dumfries

Sales, Benedict, MD
Prov #: 10171081
Sentara Family Medicine Physicians (SMG)
3600 Pointe Center Court Ste 110
Dumfries, VA 22026
(703) 523-1750

Gloucester

Belvin, David G., MD
Prov #: 10010130
Sentara Family & Internal Medicine Physicians (SMG)
5659 Parkway Dr Suite 100
Gloucester, VA 23061
(804) 210-1009

Reynolds, Wayne J., DO
Prov #: 91664
Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)
5659 Parkway Dr Ste 100
Gloucester, VA 23061
(804) 210-1005

5659 Parkway Dr Ste 210
Gloucester, VA 23061
(804) 210-1025

Hampton

Baines, Robin S., MD
Prov #: 10113257
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Barreto, Beata, MD
Prov #: 10155769
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Fisher, Anthony P., MD
Prov #: 42093
Sentara Family Medicine Physicians (SMG)
200 Eaton Street
Hampton, VA 23669
(757) 726-5000

Francis, Jr., Albert H., MD
Prov #: 10034284
Sentara Family Physicians (SMG)
2104 Executive Dr
Hampton, VA 23666
(757) 736-3700

Family Medicine

Hunter, Robert H., MD
Prov #: 51002
Sentara Family & Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Karandana, Kamani N., MD
Prov #: 10021770
Sentara Family & Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Lee, Vonetta C., MD
Prov #: 10092119
Sentara Family & Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Negaard, Kristin D., MD
Prov #: 10143270
Sentara Family & Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Paul, Arunava, MD
Prov #: 10152987
Sentara Family and Internal Medicine Physicians (SMG)
4001 Coliseum Dr Ste 300
Hampton, VA 23666
(757) 827-2025

Weisman, Todd A., MD
Prov #: 41026
Sentara Family Medicine Physicians & Sentara Urgent Care
200 Eaton St
Hampton, VA 23669
(757) 726-5000

Newport News

Bercasio, Roland M., MD
Prov #: 41147
Sentara Family Medicine Physicians & Sentara Urgent Care
11803 Jefferson Ave Ste 100
Newport News, VA 23601
(757) 594-1850

Husen, Srie D., MD
Prov #: 10137498
Sentara Family Medicine Physicians (SMG)
11803 Jefferson Ave Ste 100
Newport News, VA 23606
(757) 594-1850

Norfolk

Bluestein, Daniel A., MD
Prov #: 11093
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Bradshaw, Robert D., MD
Prov #: 10092128
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Suite 118
Norfolk, VA 23507
(757) 446-5955

Claussen, Keith A., DO
Prov #: 10174241
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Eng, Benjamin P., MD
Prov #: 11092
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Grant, Jr., Thomas R., MD
Prov #: 11025
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Homan, Richard V, MD
Prov #: 10088115
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Humadi, Sahira, MD
Prov #: 72954
EVMS Medical Group
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Mack, Alexandra S., MD
Prov #: 10167684
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

^①**Matson, Christine C., MD**
Prov #: 11061
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

McHugh, Jason M., DO
Prov #: 10175130
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Menawat, Sunil Swarup, MD
Prov #: 10103567
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Mohan, Ravinder, MD
Prov #: 20205
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

Newman, Robert J., MD
Prov #: 59695
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Suite 118
Norfolk, VA 23507
(757) 446-5955

Rubino, Mary, MD
Prov #: 73368
Ghent Family Medicine (EVMSHS)
825 Fairfax Ave Ste 118
Norfolk, VA 23507
(757) 446-5955

^① Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. If you have not seen the provider within 24 months, you may not be considered an existing patient.

Family Medicine	Portsmouth	Suffolk	
<p>Snellings, John E., MD Prov #: 10181870 <i>EVMS Medical Group</i> 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</p>	<p>Baumgarten, Margaret, MD Prov #: 10004928 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Homan, Richard V., MD Prov #: 10088115 <i>Ghent Family Medicine (EVMSHS)</i> 600 Crawford St Portsmouth, VA 23704 (757) 397-6344</p>	<p>Kazemi, Siamak, MD Prov #: 10032513 <i>Sentara Family Medicine Physicians (SMG)</i> 3920 A Bridge Road Suite 207 Suffolk, VA 23435 (757) 983-2200</p>
<p>Snider, Gary B., MD Prov #: 11036 <i>Sentara Family Medicine Physicians & Sentara Urgent Care</i> 301 Riverview Ave Ste 810 Norfolk, VA 23510 (757) 252-9150</p>	<p>Bikowski, Richard, MD Prov #: 21009 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Lewis, Steven J., MD Prov #: 10170584 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Koduri, Prashanthi B., MD Prov #: 10010112 <i>Sentara Family Medicine Physicians (SMG)</i> 3920 A Bridge Road Suite 207 Suffolk, VA 23435 (757) 983-2200</p>
<p>Sokol, Richard A., MD Prov #: 11038 <i>Sentara Family Medicine Physicians & Sentara Urgent Care</i> 301 Riverview Ave Ste 810 Norfolk, VA 23510 (757) 252-9150</p>	<p>Brawley, Stephen C., MD Prov #: 10161343 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Haleem, Asima, MD Prov #: 10169534 <i>Sentara Family Medicine Physicians (SMG)</i> 3920 A Bridge Rd Ste 207 Suffolk, VA 23435 (757) 983-2200</p>	<p>Morgan, Mokhtar, MD Prov #: 70029 <i>Sentara Family Medicine Physicians (SMG)</i> 2050 Hillpoint Blvd Suffolk, VA 23434 (757) 983-8650</p>
<p>Vazquez, Ana H., MD Prov #: 11108 <i>Ghent Family Medicine (EVMSHS)</i> 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</p>	<p>Brittman, Stanley, MD Prov #: 21006 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Hall, Dena R., MD Prov #: 55468 <i>Sentara Family Medicine Physicians (SMG)</i> 3920 A Bridge Road Suite 207 Suffolk, VA 23435 (757) 983-2200</p>	<p>Vaughn, Lindsey, MD Prov #: 41027 <i>Sentara Family Medicine Physicians (SMG)</i> 2050 Hillpoint Blvd North Suffolk, VA 23434 (757) 983-8650</p>
<p>Whalen, Richard M., MD Prov #: 78535 <i>Ghent Family Medicine (EVMSHS)</i> 825 Fairfax Ave Ste 118 Norfolk, VA 23507 (757) 446-5955</p>	<p>Britton, Bruce, MD Prov #: 21013 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>	<p>Jackson, William G., MD Prov #: 41025 <i>Sentara Family Medicine Physicians (SMG)</i> 2050 Hillpoint Blvd North Suffolk, VA 23434 (757) 934-3434</p>	<p>Waddy, James M., MD Prov #: 10010116 <i>Sentara Family Medicine Physicians & Sentara Urgent Care</i> 3920 Bridge Rd Bldg A Ste 207 Suffolk, VA 23435 (757) 983-2200</p>
	<p>Budenholzer, Brian R., MD Prov #: 10119386 <i>Portsmouth Family Medicine (EVMSHS)</i> 600 Crawford St Ste 300 Portsmouth, VA 23704 (757) 397-6344</p>		

Family Medicine

Virginia Beach

Alper, Jason B., DO

Prov #: 10002062
*Sentara Family
Medicine Physicians
(SMG)*
1024 First Colonial Rd
Virginia Beach, VA
23454
(757) 395-2500

Anderson, Robin N., MD

Prov #: 95827
*Sentara Family
Medicine Physicians &
Sentara Urgent Care*
2017 Pleasure House Rd
Virginia Beach, VA
23455
(757) 318-6900

Bakhshi, Raja M., MD

Prov #: 76800
*Sentara Family
Medicine Physicians
(SMG)*
303 35th St Suite 102
Virginia Beach, VA
23451
(757) 395-6900

Bhattacharyya, Biswa R., MD

Prov #: 30002
*Sentara Family
Medicine Physicians
(SMG)*
1950 Glenn Mitchell Dr
Ste 300
Virginia Beach, VA
23456
(757) 507-0305

Bolanos, Sandra H., MD

Prov #: 10114020
*Sentara Family
Medicine Physicians &
Sentara Urgent Care
(SMG)*
3745 Holland Rd
Virginia Beach, VA
23452
(757) 395-1700

Boose, Michelle D., MD

Prov #: 10152894
*Sentara Family
Medicine Physicians
(SMG)*
1380 Tuscany Dr
Virginia Beach, VA
23456
(757) 252-9800

Brawley, Jessica R., MD

Prov #: 10140046
*Sentara Family
Medicine Physicians
(SMG)*
1380 Tuscany Dr
Virginia Beach, VA
23456
(757) 252-9800

Britt, Charlene M., MD

Prov #: 12606
*Sentara Family
Medicine Physicians/
Primary Care Walk-In
(SMG)*
816 Independence Blvd
Ste 100
Virginia Beach, VA
23455
(757) 363-6800

Callahan, Robert D., MD

Prov #: 35534
*Sentara Family
Medicine Physicians &
Sentara Urgent Care
(SMG)*
3745 Holland Rd
Virginia Beach, VA
23452
(757) 395-1700

Chai, Shirley S., MD

Prov #: 76808
*Sentara Family
Medicine Physicians
(SMG)*
1024 First Colonial Rd
Virginia Beach, VA
23454
(757) 395-2500

Charles, Michael G., MD

Prov #: 50842
*Sentara Family
Medicine Physicians &
Sentara Urgent Care
(SMG)*
3745 Holland Rd
Virginia Beach, VA
23452
(757) 395-1700

Croteau, Louis J., MD

Prov #: 40542
*Sentara Family
Medicine Physicians
(SMG)*
1024 First Colonial Rd
Virginia Beach, VA
23454
(757) 395-2500

Davies, Nicola, MD

Prov #: 64816
*Sentara Family
Medicine Physicians/
Primary Care Walk-In
(SMG)*
816 Independence Blvd
Ste 100
Virginia Beach, VA
23455
(757) 363-6800

Dowdy, Robert L., MD

Prov #: 40545
*Sentara Family
Medicine Physicians
(SMG)*
1024 First Colonial Rd
Virginia Beach, VA
23454
(757) 395-2500

Gonzales, Norman M., MD

Prov #: 99633
*Sentara Family
Medicine Physicians &
Sentara Urgent Care
(SMG)*
5320 Providence Rd Ste
301
Virginia Beach, VA
23464
(757) 413-7600

Haggerty, Mark, DO

Prov #: 10184929
*Sentara Family
Medicine Physicians &
Sentara Urgent Care*
2859 Virginia Beach
Blvd
Virginia Beach, VA
23452
(757) 395-1300

Hardt, Anthony B., MD

Prov #: 40543
*Sentara Family
Medicine Physicians
(SMG)*
1024 First Colonial Rd
Virginia Beach, VA
23454
(757) 395-2500

Jalbert, Kristen D.H., MD

Prov #: 40585
*Sentara Family
Medicine Physicians &
Sentara Urgent Care*
1080 First Colonial Rd
Ste 200
Virginia Beach, VA
23454
(757) 395-6630

Family Medicine			
<p>^①Javier, Francis V., MD Prov #: 10010487 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 5320 Providence Rd Ste 301 & 101 Virginia Beach, VA 23464 (757) 413-7600</p>	<p>Law, Katherine P., MD Prov #: 11419 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 5320 Providence Rd Ste 301 & 101 Virginia Beach, VA 23464 (757) 413-7600</p>	<p>Oduyelu, Darlene R, MD Prov #: 10124066 <i>Sentara Family Medicine Physicians (SMG)</i> 1380 Tuscany Dr Virginia Beach, VA 23456 (757) 252-9800</p>	<p>Robledo, Elizabeth, MD Prov #: 10163672 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 3745 Holland Rd Virginia Beach, VA 23452 (757) 395-1700</p>
<p>Javier, Rosa M, MD Prov #: 10163604 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 5460 Wesleyan Dr Virginia Beach, VA 23455 (757) 395-1900</p>	<p>Lipton, Eric C., MD Prov #: 31004 <i>Sentara Family Medicine Physicians/ Primary Care Walk-In (SMG)</i> 816 Independence Blvd Ste 100 Virginia Beach, VA 23455 (757) 363-6800</p>	<p>Onayemi, Olusola K, MD Prov #: 10133672 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 2859 Virginia Beach Blvd Virginia Beach, VA 23452 (757) 395-1300</p>	<p>^①Rose, Meredith B., MD Prov #: 11364 <i>Sentara Family Medicine Physicians (SMG)</i> 5320 Providence Rd Ste 301 Virginia Beach, VA 23464 (757) 413-7600</p>
<p>Kiamanesh, Masoumeh, MD Prov #: 10115490 <i>Sentara Family Medicine Physicians (SMG)</i> 1080 First Colonial Rd Ste 305 Virginia Beach, VA 23454 (757) 395-1850</p>	<p>Lock, Rachel, DO Prov #: 10180362 <i>Sentara Family Medicine Physicians (SMG)</i> 1024 First Colonial Rd Virginia Beach, VA 23454 (757) 395-2500</p>	<p>Palting, John Kenneth, MD Prov #: 35230 <i>Sentara Family Medicine Physicians & Sentara Urgent Care (SMG)</i> 2859 Virginia Beach Blvd Virginia Beach, VA 23452 (757) 395-1300</p>	<p>Sample, Laura T., MD Prov #: 10102036 <i>Sentara Family Medicine Physicians (SMG)</i> 1080 First Colonial Rd Ste 200 Virginia Beach, VA 23454 (757) 395-8391</p>
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^① Not accepting new patients; will continue to provide services for current patients, spouses, and siblings switching plans. If you have not seen the provider within 24 months, you may not be considered an existing patient.

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