

## Preventive Services Covered under Health Care Reform

### Covered Preventive Services for Adults

|   |  |
|---|--|
| Abdominal aortic aneurysm screening: men  | Immunization vaccines:                                     |
| Alcohol misuse: screening and counseling  | Hepatitis A  |
| Aspirin use   | Hepatitis B  |
| Blood pressure screening  | Human Papillomavirus                                       |
| Cholesterol screening for adults of certain ages  | Influenza  |
| Colorectal cancer screening: adults over 50   | Measles, Mumps, Rubella                                    |
| Consultation for screening colonoscopy  | Meningococcal  |
| Depression screening  | Pneumococcal   |
| Diabetes screening: adults with high blood pressure                                       | Tetanus, Diphtheria, Pertussis                             |
| Falls prevention: adults 65 years or older—<br>Vitamin D and exercise or physical therapy | Varicella  |
| Healthy Diet Counseling   | Lung cancer screening                                      |
| Hepatitis B screening   | Pathology Exam for biopsy following screening colonoscopy  |
| Hepatitis C virus infection screening: adults born between 1945 and 1965                  | Obesity screening and counseling                           |
| HIV screening   | Sexually Transmitted Infection (STI) prevention counseling |
| Immunization vaccine: Herpes Zoster   | Syphilis screening   |
|   | Tobacco use screening and cessation interventions          |

### Covered Preventive Services for Women, Including Pregnant Women

|   |  |
|---|--|
| Anemia screening: pregnant women                      | Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100 percent coverage. Please visit <a href="http://optimahealth.com">optimahealth.com</a> to determine member cost share for brand name oral contraceptives. |
| Bacteriuria screening                                 |  |
| BRCA risk assessment and genetic counseling/screening |  |
| Breast cancer chemoprevention counseling              |  |
| Breast cancer preventive medication                   |  |
| Breast cancer screening: women over age 40            |  |
| Breast feeding support and counseling                 |  |
| Cervical cancer screening                             |  |
| Chlamydia infection screening                         |  |

For members with a new or renewing health plan or policy, certain preventive services are covered without paying a Copayment or Coinsurance amount, or meeting a Deductible when you use an in-network plan provider.

## Covered Preventive Services for Women, cont.

Decision making/sharing by clinicians with women at increased risk for breast cancer  
 Folic acid supplementation  
 Gestational diabetes mellitus screening  
 Gestational diabetes screening: women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes  
 Gonorrhea screening  
 Hepatitis B screening at first prenatal visit  
 HIV screening: pregnant women

HPV Test  
 Intimate partner violence screening and counseling  
 Lactation support and counseling  
 Osteoporosis screening: women over 65 or at high risk  
 Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation  
 STI counseling  
 Syphilis screening  
 Well-woman visits  
 Tobacco screening, counseling, and intervention

## Covered Preventive Services for Children

Alcohol and drug use assessments  
 Autism screening: children at age 18 and 24 months  
 Behavioral assessments  
 Blood pressure screening  
 Cervical dysplasia screening: sexually active females  
 Congenital hypothyroidism screening: newborns  
 Dental cavities prevention: infants and children up to age five years  
 Depression screening: adolescents  
 Developmental screening: children under age three, and surveillance throughout childhood  
 Dyslipidemia screening: children at high risk of lipid disorders  
 Fluoride chemoprevention supplements for children without fluoride in their water source  
 Gonorrhea prophylactic medication: newborns  
 Hearing loss screening: newborns  
 Height, weight, and body mass index measurements  
 Hematocrit or Hemoglobin screening  
 Hemoglobinopathies screening: newborns  
 Hepatitis B screening: non-pregnant adolescents and adults  
 HIV screening

Immunization vaccines:  
 Diphtheria, Tetanus, Pertussis  
 Haemophilus influenzae type b  
 Hepatitis A  
 Hepatitis B  
 Human Papillomavirus  
 Inactivated Poliovirus  
 Influenza  
 Measles, Mumps, Rubella  
 Meningococcal  
 Pneumococcal  
 Rotavirus  
 Varicella  
 Iron supplementation  
 Lead screening for children at risk of exposure  
 Medical history  
 Obesity screening and counseling  
 Oral fluoride supplementation starting at age six months for children whose water supply is fluoride deficient  
 Oral health risk assessment  
 Phenylketonuria (PKU) screening: newborns  
 Skin cancer behavioral counseling: children, adolescents and young adults age 10 to 24 years old  
 STI prevention counseling and screening for adolescents at high risk  
 Tobacco use interventions: children and adolescents  
 Tuberculin testing for children at higher risk of tuberculosis  
 Visual acuity screening