

OptimaHealth NEWS RELEASE

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OPTIMA HEALTH PRESIDENT & CEO MICHAEL DUDLEY TO RETIRE DECEMBER 2017

Anthem executive Dennis Matheis to succeed Dudley



NORFOLK, Va.—Michael M. Dudley, President and CEO of Optima Health and Senior Corporate Vice President of Sentara Healthcare, will retire December 31, 2017, after 21 years of leadership and accomplishment with the health plan. Dennis Matheis will succeed Dudley as President, Optima Health, and Senior Corporate Vice President, Sentara Healthcare.

“I cannot thank Mike enough for the dedication, passion, enthusiasm and motivation he has given Optima Health over the past 21 years. Mike leaves a legacy to be proud of and leaves Optima Health in a strong position for new leadership to take the helm,” said Howard Kern, President & CEO, Sentara Healthcare. “Dennis’ leadership and operating expertise with health plans, his experience in multi-state integration efforts, and familiarity with a variety of health plan products make him the ideal candidate to build upon what Mike has accomplished,” Kern stated.

Dudley announced his decision to retire in November 2016 which began the search for his successor to ensure a seamless leadership transition. Dennis Matheis, Dudley’s successor, has served with Anthem for the past thirteen years, most recently as President of Anthem Central Region and Exchanges and Integration Leader for the Anthem-Cigna Combination.

Dennis’ previous experience includes serving as Chief Executive at Advocate Health Partners, where he was responsible for the Management Services Organization and insurer contracting effort for eight Advocate Physician Hospital Organizations. He additionally gained expertise while with three other well-known health plans—Cigna HealthCare, Humana Health Care Plans and Health Partners of the Midwest. Dennis earned his Bachelor’s in Science from the University of Kentucky.

Matheis will join Optima Health on November 1, 2017. At this time, Dudley and Matheis will work together for two months before Dudley transitions into a year-long executive role managing special projects within Sentara and Matheis takes the reins of Optima Health.

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About Optima Health

Optima Health, based in Virginia, provides health insurance coverage to approximately 444,000 members. With more than 30 years of experience in the health insurance arena, Optima Health offers a suite of commercial products including consumer-directed, employee-owned and employer-sponsored plans, individual health plans, employee assistance programs and plans serving Medicare and Medicaid enrollees. Its provider network features 26,000 providers including specialists, primary care physicians and hospitals across Virginia. Optima Health also offers programs to support members with chronic illnesses, customized wellness programs and integrated clinical and behavioral health services, as well as pharmacy management – all to help members improve their health. The company’s goals are to provide better

health, be easy to use and offer services that are a great value. To learn more about Optima Health, visit www.optimahealth.com.¹

¹ The membership figure includes total membership in all group and individual insured products, Medicare Managed Care Plans, Medicaid and Famis Plans, and self-funded health plans issued or administered by Optima Health. Total Medical Membership based on the Membership Change Report, August 2017. Includes members from all Optima Health Licenses, products, Medicare and Medicaid products. Optima Health is the trade name of Optima Health Plan, Optima Health Insurance Company, and Sentara Health Plans, Inc. Optima PPO plans are underwritten or administered by Optima Health Insurance Company. Optima Vantage HMO plans, Medicare Managed Care plans, Medicaid, and Famis products are underwritten or administered by Optima Health Plan. Sentara Health Plans provides administrative services to self-funded plans but does not underwrite benefits. Employee Assistance Programs (EAP) are administered by Optima Behavioral Health Services, Inc. Wellness programs are administered by Sentara Health Plans. Source for provider network is Optima Health, Provider Status Report, August 2017. All Optima Health plans have benefit exclusions and limitations and conditions when coverage remains effective and in force. Members will receive covered services under the terms of their issued coverage documents.