Optima Health

For Immediate Release

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Optima Health Announces Dr. Thomas Lundquist
New Chief Medical Officer

Virginia Beach, VA – December 11, 2013 - Optima Health named Dr. Thomas Lundquist Chief Medical Officer and began his new role on December 2, 2013 at the company's headquarters in Virginia Beach.

Dr. Lundquist served as President & CEO of AnewCare ACO Collaborative, LLC and Chief Clinical Integration Officer at Integrated Solutions Health Network & CrestPoint Health Plan. He led clinical integration efforts between AnewCare, Mountain States Health Alliance (MSHA) Hospitals and physician groups affiliated with MSHA across the tri-state area of Virginia, Kentucky and Tennessee. At AnewCare Dr. Lundquist led a health system redesign by improving quality and efficiency and setting the stage for the accountable care organization to go direct to market through CrestPoint Health Plan as well as through global contracts with other payers.

Previously he served as BlueCross BlueShield Tennessee Vice President of Performance Measurement & Improvement, promoting quality and delivery system improvement across the State of Tennessee. In that role he led Patient-Centered Medical Homes, Bundled Payment initiatives, Transparency efforts, pay-for-performance and the early identification of possible Accountable Care System partnerships across the State of Tennessee.

Dr. Lundquist formerly served as the Chief Medical Officer for Wexford Health, I-trax Health Management, CHD Meridian and DoctorQuality. His earlier career included his role as VP, Performance Improvement at Allegheny General Hospital in Pittsburgh, PA. His clinical experience includes 10+ years of combined clinical primary care and hospitalist practice.

A graduate of Penn State University, Dr. Lundquist received his medical degree from the Johns Hopkins University School of Medicine and completed his residency at Johns Hopkins. He received his Masters in Medical Management from Carnegie Mellon University.

When asked about his new position, Dr. Lundquist said, "I look forward to working with a nationally recognized team on provider-payer partnerships and helping to expand that expertise across markets that we serve as well as new markets that may want to work with us." At Optima Health Dr. Lundquist will be responsible for the clinical and operational functions of medical management, utilization management, credentialing, peer review, quality improvement, pharmacy services and disease management. He will also use his expertise to promote innovative provider-payer partnerships. Dr. Lundquist will work with Optima Health to improve health every day.

About Optima Health

Optima Health provides health insurance coverage to more than 441,000 members throughout Virginia. With 30 years of experience in the health insurance arena, Optima Health offers a suite of commercial products including consumer-directed, employee-owned and employer-sponsored plans, individual health plans, employee assistance programs and plans serving Medicare and Medicaid enrollees. Our provider network features 20,000 providers including specialists, primary care physicians and hospitals across Virginia. Optima Health offers programs to support members with chronic illnesses, customized wellness programs, and integrated clinical and behavioral health services as well as pharmacy management – all to help our members improve their health. Our goal is to provide better health, to be easy to use and offer services that are a great value. To learn more about Optima Health, visit www.optimahealth.com.