

# OptimaFit<sup>®</sup> Select

Individual & Family Health Plans

OptimaFit<sup>®</sup> Select plans (HMO) are offered ON and OFF the Marketplace to members who live in:

**Norfolk, Virginia Beach, Portsmouth, and Chesapeake.**



## How does it work?

OptimaFit Select members pay a lower premium in comparison to other OptimaFit members enrolled in a similar plan. Members enrolled in an OptimaFit Select plan must use the services of physicians and facilities within the Select network. Services received outside of the Select network, including referrals, will not be covered under the plan benefits with the exception of Emergency Room (ER) services.

## How do you know if your doctors are in the OptimaFit Select network?

You can search for doctors on [optimahealth.com](http://optimahealth.com). Make sure you choose OptimaFit Select (HMO) as the network.



## Network

Includes the following hospitals:

- Children’s Hospital of The King’s Daughters
- Sentara Norfolk General Hospital
- Sentara Virginia Beach General Hospital
- Sentara Leigh Hospital
- Sentara CarePlex Hospital
- Sentara Williamsburg Regional Medical Center
- Sentara Obici Hospital
- Sentara Princess Anne Hospital

*Note: Includes ancillary/ambulatory services of these facilities.*

- Network consists of Sentara Quality Care Network (SQCN), as well as some Optima Health network specialties.
- Includes Sentara Medical Group (SMG) offices in Hampton Roads, including those located in the cities of Suffolk and Hampton—although they are not cities within the plan service area.
- SMG physician practices outside of Hampton Roads, e.g. Charlottesville, are not included.