



Established in 1984, Optima Health Plan has more than 30 years of experience in the insurance business. A locally-headquartered company, Optima Health is committed to keeping the best interest of Hampton Roads residents at heart.

As part of the Sentara Healthcare family, Optima Health offers an innovative and collaborative approach toward healthcare services with accountability for performance and high standards that promote excellence in patient care.

OptimaHealth

4417 Corporation Lane
Virginia Beach, VA 23462

www.optimahealth.com/medicare

Optima Medicare is an HMO with a Medicare contract. Enrollment in Optima Medicare depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or co-payments/co-insurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium.

Optima Medicare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-927-6048. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-800-927-6048 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

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Optima Medicare HMO

Care that helps you get the most out of life.



OptimaHealth 



Compare two plan options:

	Optima Medicare Value (HMO)	Optima Medicare Prime (HMO)
Monthly Premium	\$0	\$39
Primary Care Doctor Office Visits	\$0	\$0
Specialist Doctor Office Visits	\$45	\$40
Part D Prescription Drugs	Copay based on Drug tier	Copay based on Drug tier
Tier 1	\$0	\$0
Tier 2	\$14	\$8
Tier 3	\$47	\$40
Tier 4	\$95	\$80
Tier 5	27% \$300 deductible for tiers 4 & 5	28% \$250 deductible for tiers 4 & 5
Fitness and Wellness Programs	✓	✓
Dental Services	✓	✓
Hearing Services	✓	✓
Vision Services	✓	✓

Questions? Help is close by.

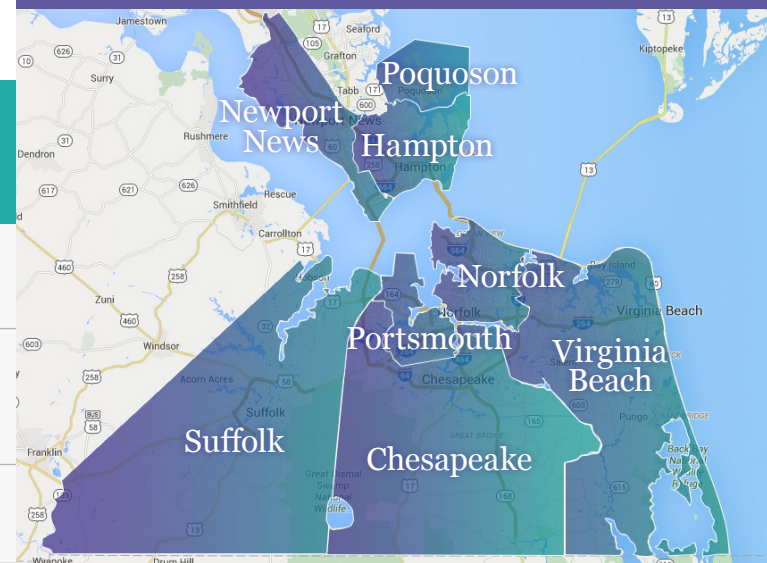
Toll Free: 1-855-547-7229

TTY Call 711

8 am – 8 pm | Monday - Sunday

www.optimahealth.com/medicare

Optima Medicare Service Area



Don't miss your chance to enroll.

The Annual Enrollment Period is October 1 – December 7 each year. Getting more information and enrolling is easy.

- **Call an Optima Medicare Advisor**
Toll-free: 1-855-547-7229
TTY Call: 711
Hours: 8am-8pm | 7 days a week
- **Enroll online**
www.optimahealth.com/medicare
- **Schedule an appointment with an Optima Medicare Advisor at your home or in our offices**
- **Request an enrollment guide to be mailed**

Why choose Optima Medicare?

When it comes to your healthcare, quality counts. Optima Medicare offers the advantage of an innovative partnership with Sentara Healthcare, Sentara Medical Group, EVMS Medical Group and Optima Health, all working together for your benefit.

Optima Medicare plans provide medical and drug coverage to help members get the care they need now and in the future. A dedicated, physician-led, team approach allows health providers to focus on preventive and personalized care. It also offers:

- More benefits than traditional Medicare
- Access to the region's leading physician groups
- \$0 copay for annual wellness visit
- \$0 copay for many generic drugs
- Dental, vision, hearing and transportation benefits
- Easy gym reimbursement
- Wellness programs