

For Individual & Family Health Plans



What is OptimaFit® Select?

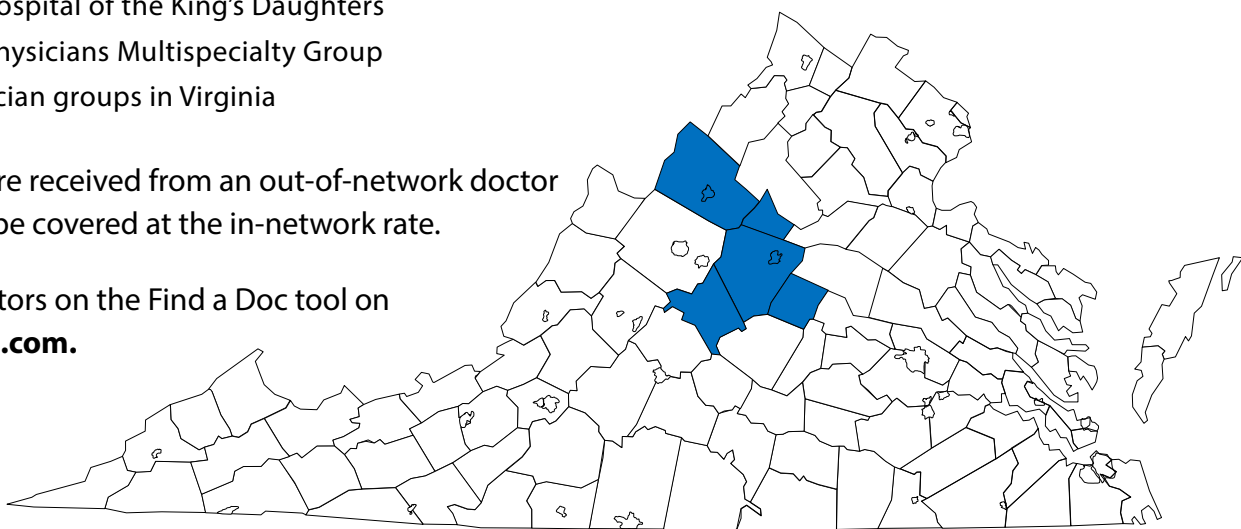
OptimaFit Select network plans offer all the benefits and services you expect from an Optima Health plan. They are a lower-cost alternative to other Optima Health plans because they utilize local providers and facilities within key clinically integrated networks, to provide members high-quality and efficient care.

The Select network consists of doctors and facilities from¹:

- Sentara Quality Care Network (SQCN) and Sentara Healthcare statewide
- Virginia Commonwealth University
- Riverside Health System
- All participating oral surgeons
- Eastern Virginia Medical School
- Children's Hospital of the King's Daughters
- Tidewater Physicians Multispecialty Group
- Other physician groups in Virginia

Emergency care received from an out-of-network doctor or facility will be covered at the in-network rate.

Search for doctors on the Find a Doc tool on [optimahealth.com](https://www.optimahealth.com).



A clinically integrated network is a physician-led collaborative of doctors, specialists, and facilities that join together to increase the quality and coordination of care at a more affordable cost.

Where are OptimaFit Select plans available?

OptimaFit Select HMO plans are offered both ON and OFF the Health Insurance Marketplace in:

- Charlottesville area
- Rockingham area

¹The OptimaFit Select Network does not include most doctors and facilities in the University of Virginia Health System network.