Covered Preventive Services for Adults

Abdominal aortic aneurysm screening: men
Alcohol misuse: screening and counseling
Aspirin use: adults aged 50–59 with risk of cardiovascular disease
Blood pressure screening
Cholesterol screening for adults of certain ages
Colorectal cancer screening and generic and over-the-counter prep medications: adults age 50–75
Consultation for screening colonoscopy
Depression screening
Diabetes screening: adults with high blood pressure
Falls prevention: adults 65 years or older—Vitamin D and exercise or physical therapy
Healthy Diet Counseling
Hepatitis B screening
Hepatitis C virus infection screening: adults born between 1945 and 1965
HIV screening
Immunization vaccine: Herpes Zoster
Immunization vaccines:
  - Hepatitis A
  - Hepatitis B
  - Human Papillomavirus
  - Influenza
  - Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal
  - Tetanus, Diphtheria, Pertussis
  - Varicella

Under the Affordable Care Act, certain preventive services and medications are covered at no cost to the member when administered by an in-network plan physician or pharmacy.

*†Statin medications: adults ages 40–75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk
Syphilis screening
Tobacco use counseling, generic and over-the-counter medications, and cessation interventions
Tuberculosis screening

* Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Services at the number on the back of your member ID card for more information.
† Effective at group or plan renewal on or after November 1, 2017.
Covered Preventive Services for Women, Including Pregnant Women

Anemia screening: pregnant women
Bacteriuria screening
BRCA risk assessment and genetic counseling/ screening
Breast cancer chemoprevention counseling
*Breast cancer preventive medication
Breast cancer screening: women over age 40
Breast feeding support and counseling
Cervical cancer screening
Chlamydia infection screening
Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100% coverage. Please visit optimahcm.com to determine member cost share for brand name oral contraceptives.

Decision making/sharing by clinicians with women at increased risk for breast cancer
Depression screening
Folic acid supplementation
Gestational diabetes mellitus screening
Gestational diabetes screening: women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
Gonorrhea screening
Hepatitis B screening at first prenatal visit
HIV screening: pregnant women
HPV Test
Intimate partner violence screening and counseling
Lactation support and counseling
Osteoporosis screening: women over 65 or at high risk
Preeclampsia screening and prevention
Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation
STI counseling
Syphilis screening
Well-woman visits
Tobacco counseling and intervention

* Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Services at the number on the back of your member ID card for more information.
Covered Preventive Services for Children

Alcohol and drug use assessments

Autism screening: children at age 18 and 24 months

Behavioral assessments

Blood pressure screening

Cervical dysplasia screening: sexually active females

Congenital hypothyroidism screening: newborns

Dental cavities prevention: infants and children up to age five years

Depression screening: adolescents

Developmental screening: children under age three, and surveillance throughout childhood

Dyslipidemia screening: children at high risk of lipid disorders

Fluoride chemoprevention supplements for children without fluoride in their water source

Gonorrhea prophylactic medication: newborns

Hearing loss screening: newborns

Height, weight, and body mass index measurements

Hematocrit or Hemoglobin screening

Hemoglobinopathies screening: newborns

Hepatitis B screening: non-pregnant adolescents and adults

HIV screening

Immunization vaccines:

Diphtheria, Tetanus, Pertussis

Haemophilus influenzae type b

Hepatitis A

Hepatitis B

Human Papillomavirus

Inactivated Poliovirus

Influenza

Measles, Mumps, Rubella

Meningococcal

Rotavirus

Varicella

Iron supplementation

Lead screening for children at risk of exposure

Medical history

Obesity screening: children and adolescents

Oral fluoride supplementation starting at age six months for children whose water supply is fluoride deficient

Oral health risk assessment

Phenylketonuria (PKU) screening: newborns

Skin cancer behavioral counseling: children, adolescents and young adults age 10 to 24 years old

STI prevention counseling and screening for adolescents at high risk

Tobacco use interventions: children and adolescents

Tuberculin testing for children at higher risk of tuberculosis

Visual acuity screening