Covered Preventive Services for Adults

**Abdominal aortic aneurysm screening:** men
**Alcohol misuse:** screening and counseling
**Aspirin use:** adults aged 50–59 with risk of cardiovascular disease
**Blood pressure screening**
**Cholesterol screening for adults of certain ages**
**Colorectal cancer screening and generic and over-the-counter prep medications:** adults age 50–75
**Consultation for screening colonoscopy**
**Depression screening**
**Diabetes screening:** adults with high blood pressure
**Falls prevention:** adults 65 years or older—Vitamin D and exercise or physical therapy
**Healthy Diet Counseling**
**Hepatitis B screening**
**Hepatitis C virus infection screening:** adults born between 1945 and 1965

**HIV screening**
**Immunization vaccines:**
- Hepatitis A
- Hepatitis B
- Herpes Zoster
- Human Papillomavirus
- Influenza
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Tetanus, Diphtheria, Pertussis
- Varicella

**Lung Cancer Screening:** adults ages 55-80 with history of smoking
**Statin medications:** adults ages 40–75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk

**STI counseling**
**Syphilis screening**
**Tobacco use counseling, generic and over-the-counter medications, and cessation interventions**
**Tuberculosis screening**

*Select medications only are covered at no cost to the member. Please contact Member Services or Pharmacy Services at the number on the back of your member ID card for more information.*
Covered Preventive Services for Women, Including Pregnant Women

Anemia screening: pregnant women
Bacteriuria screening
BRCA risk assessment and genetic counseling/screening
Breast cancer chemoprevention counseling
*Breast cancer preventive medication
Breast cancer screening: women over age 40
Breast feeding support and counseling
Cervical cancer screening
Chlamydia infection screening
Contraception: All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100% coverage. Please visit optimahealth.com to determine member cost share for brand name oral contraceptives.

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Decision making/sharing by clinicians with women at increased risk for breast cancer
Depression screening
Folic acid supplementation
Gestational diabetes screening: women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
Gonorrhea screening
Hepatitis B screening at first prenatal visit
HIV screening: pregnant women
HPV Test
Intimate partner violence screening and counseling
Lactation support and counseling
Osteoporosis screening: postmenopausal women younger than 65 at increased risk, and women over 65 or at high risk
Preeclampsia screening and prevention
Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation
Syphilis screening
Well-woman visits
Tobacco counseling and intervention
Covered Preventive Services for Children

Alcohol and drug use assessments
Alcohol and drug use assessments

Autism screening: children at age 18 and 24 months
Autism screening: children at age 18 and 24 months

Behavioral assessments
Behavioral assessments

Blood pressure screening
Blood pressure screening

Cervical dysplasia screening: sexually active females
Cervical dysplasia screening: sexually active females

Congenital hypothyroidism screening: newborns
Congenital hypothyroidism screening: newborns

Dental cavities prevention: infants and children up to age five years
Dental cavities prevention: infants and children up to age five years

Depression screening: adolescents
Depression screening: adolescents

Developmental screening: children under age three, and surveillance throughout childhood
Developmental screening: children under age three, and surveillance throughout childhood

Dyslipidemia screening: children at high risk of lipid disorders
Dyslipidemia screening: children at high risk of lipid disorders

Fluoride chemoprevention supplements for children without fluoride in their water source
Fluoride chemoprevention supplements for children without fluoride in their water source

Gonorrhea prophylactic medication: newborns
Gonorrhea prophylactic medication: newborns

Hearing loss screening: newborns
Hearing loss screening: newborns

Height, weight, and body mass index measurements
Height, weight, and body mass index measurements

Hematocrit or Hemoglobin screening
Hematocrit or Hemoglobin screening

Hemoglobinopathies screening: newborns
Hemoglobinopathies screening: newborns

Hepatitis B screening: non-pregnant adolescents and adults
Hepatitis B screening: non-pregnant adolescents and adults

Hepatitis B
Hepatitis B

Human Papillomavirus
Human Papillomavirus

Inactivated Poliovirus
Inactivated Poliovirus

Influenza
Influenza

Measles, Mumps, Rubella
Measles, Mumps, Rubella

Meningococcal
Meningococcal

Pneumococcal
Pneumococcal

Rotavirus
Rotavirus

Varicella
Varicella

Iron supplementation
Iron supplementation

Lead screening for children at risk of exposure
Lead screening for children at risk of exposure

Medical history
Medical history

Obesity screening: children and adolescents
Obesity screening: children and adolescents

Oral fluoride supplementation starting at age six months for children whose water supply is fluoride deficient
Oral fluoride supplementation starting at age six months for children whose water supply is fluoride deficient

Oral health risk assessment
Oral health risk assessment

Phenylketonuria (PKU) screening: newborns
Phenylketonuria (PKU) screening: newborns

Skin cancer behavioral counseling: children, adolescents and young adults age 10 to 24 years old
Skin cancer behavioral counseling: children, adolescents and young adults age 10 to 24 years old

STI prevention counseling and screening for adolescents at high risk
STI prevention counseling and screening for adolescents at high risk

Tobacco use interventions: children and adolescents
Tobacco use interventions: children and adolescents

Tubercul in testing for children at higher risk of tuberculosis
Tubercul in testing for children at higher risk of tuberculosis

Visual acuity screening
Visual acuity screening