

OPTIMASELECT®

For Employer-Sponsored Health Plans



What is OptimaSelect®?

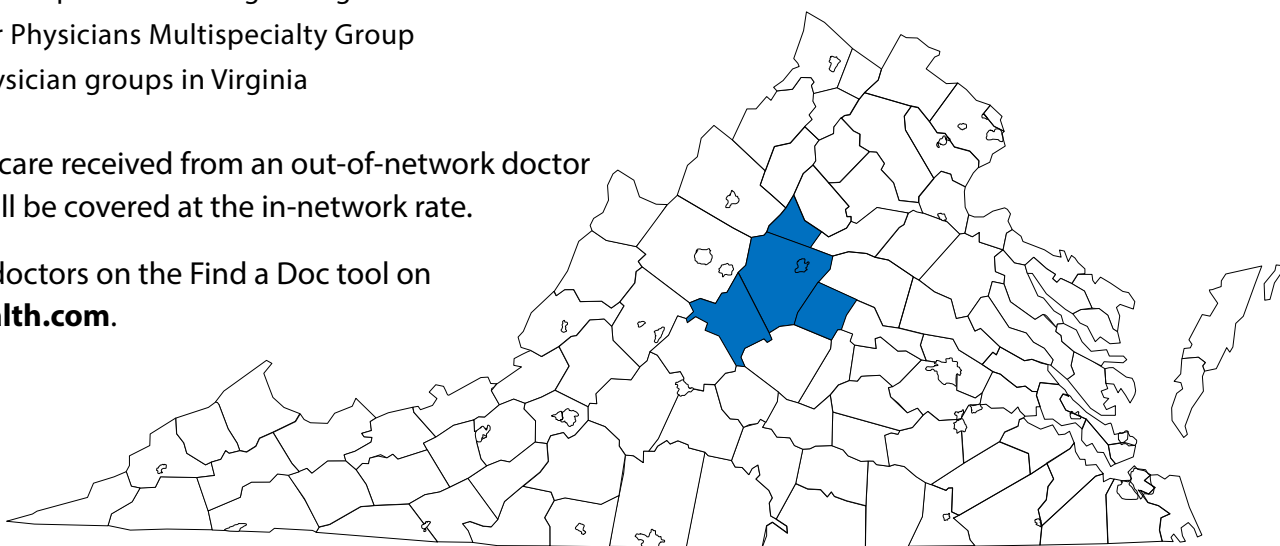
OptimaSelect network plans offer all the benefits and services you expect from an Optima Health plan. They are a lower-cost alternative to other Optima Health plans because they utilize local providers and facilities within key clinically integrated networks, to provide members high-quality and efficient care.

The Select network consists of doctors and facilities from¹:

- Sentara Quality Care Network (SQCN) and Sentara Healthcare statewide
- Virginia Commonwealth University
- Riverside Health System
- All participating oral surgeons
- Eastern Virginia Medical School
- Children's Hospital of the King's Daughters
- Tidewater Physicians Multispecialty Group
- Other physician groups in Virginia

Emergency care received from an out-of-network doctor or facility will be covered at the in-network rate.

Search for doctors on the Find a Doc tool on **[optimahealth.com](https://www.optimahealth.com)**.



A clinically integrated network is a physician-led collaborative of doctors, specialists, and facilities that join together to increase the quality and coordination of care at a more affordable cost.

Where are OptimaSelect plans available?

OptimaSelect HMO plans are offered exclusively in the Charlottesville area.

¹The OptimaSelect Network does not include most doctors and facilities in the University of Virginia Health System network.