

OPTIMADIRECT®

For Employer-Sponsored Health Plans



What is OptimaDirect®?

OptimaDirect network plans offer all the benefits and services you expect from an Optima Health plan. They include the full network of over 26,000¹ doctors and facilities, in a two-tier structure.

The Direct network consists of:

- **Tier 1:** Entire Optima Health network with the exception of doctors and facilities in Tier 2
- **Tier 2:** University of Virginia Health System and Mary Washington Healthcare doctors and facilities

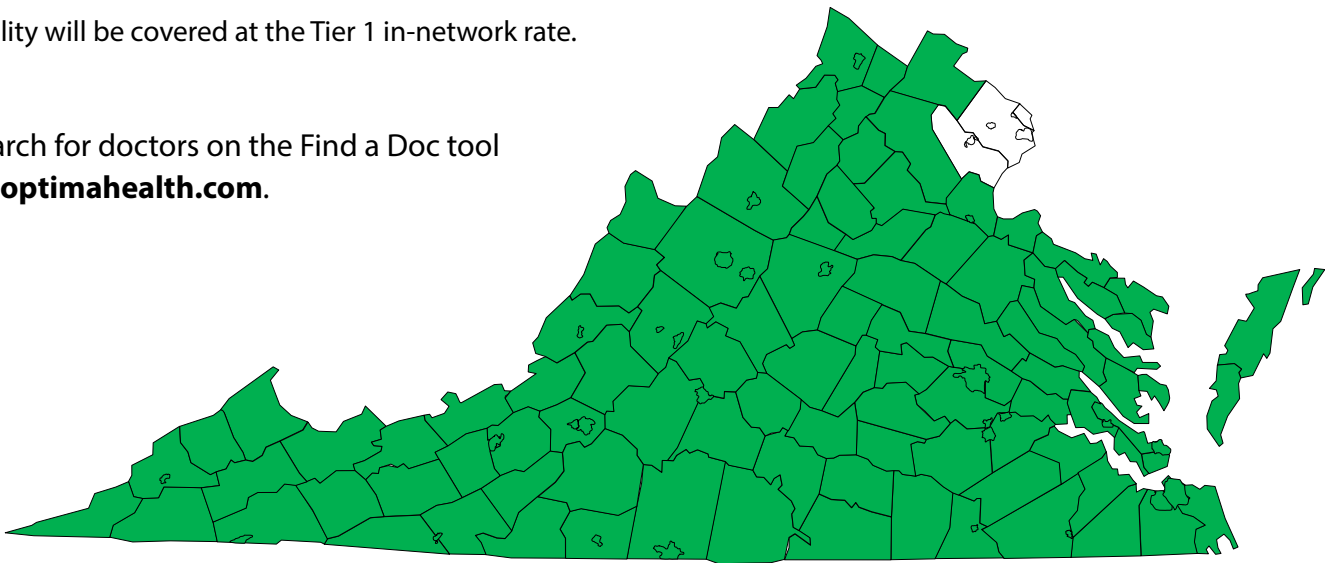
Emergency care received from an out-of-network doctor or facility will be covered at the Tier 1 in-network rate.

Search for doctors on the Find a Doc tool on [optimahealth.com](https://www.optimahealth.com).

Members can maximize cost savings when they use a Tier 1 doctor or facility.

Where are OptimaDirect plans available?

OptimaDirect Vantage (HMO), POS, and Plus² (PPO) plans are offered throughout the entire Optima Health service area.



¹ Sentara Health Plans, Inc. Provider Database, 2018

² OptimaDirect Plus (PPO) Plans are available for Small Group (1-50 employees) only.