



Guidelines for Lipid Screening and Management

The Optima Health Physician Advisory Council reviewed the clinical guidelines for Lipid Screening and Management, and adopted the **2016 ACC Expert Consensus Decision Pathway on the Role of Non-Statin Therapies for LDL Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk: A Report of the American College of Cardiology Task Force on Clinical Expert Consensus Documents**, with inclusion of the following recommendation statement:

The NLA Parts 1 and 2 recommend Patient-Centered Management of Dyslipidemia. “The Expert Panel’s consensus view is that treatment goals, which have been used historically by healthcare providers for the past 25 years, continue to be useful as a systematic means to ensure that the aggressiveness of therapy to lower atherogenic cholesterol is matched to absolute risk of an event.” The lack of consensus between lipid management guidelines issued by the NLA, AACE, and other expert panels, and the ACC/AHA should be noted.

For the complete guideline,
please go to <http://www.acc.org/>
or

<http://content.onlinejacc.org/article.aspx?articleid=2510936>

Guideline History

Original Approved Date	Adult: 06/01 Pediatric: 10/05
Review/Revised Dates	10/03, 10/05, 10/07, 11/09, 01/10, 05/10, 5/12, 05/14, 07/16
Next Review Date	05/18

These clinical guidelines are issued by Sentara Health Plan (SHP) as recommendations for the clinical management of specific conditions. Clinical data in a particular case may necessitate for permit deviation from these Guidelines. The SHP Guidelines are institutionally endorsed recommendations and are not intended as a substitute for clinical judgment.