

Provider Nomination



Are you seeing a provider who is not in the Sentara Health Plans network and would like to encourage them to be in-network?

Please send an email to asksentarahealth@sentara.com

- Identify yourself as a VCUHS plan member
- Provide the doctor's name, location, and phone number
- Sentara Health Plans will make multiple attempts to connect with the provider
- The provider must be willing to enter into a contract with Sentara Health Plans
- The provider will be required to go through a credentialing process for consideration¹
- If your doctor does not agree to participate after the outreach, you may either:
 - find an in-network² physician or
 - use your out-of-network benefits

To search for doctors:

- Visit sentarahealthplans.com/VCUHS and select *Find Doctors, Drugs and Facilities*
- Select *Choose a location and plan* and enter the address, city, or zip code for the desired area
- Next, for *Plan Name* select *PPO*
- Then, you can filter your search by provider type and zip code. If your doctor practices in multiple locations, you may wish to filter your search within a large radius, such as 30 miles.



**For more information,
visit sentarahealthplans.com**

¹ Requests for chiropractors will be directed to American Specialty Health (ASH) network for recruitment. The chiropractor must be willing to enter into a contract with ASH.

² Provider nominations outside of Virginia and northeastern North Carolina will be referred to our national network partner, PHCS, for recruitment and tracking.

