

Pharmacy Changes

Applies to plans with pharmacy benefits administered by Optima Health

The purpose of the following is to communicate pharmacy changes effective January 1, 2008:

Note* Pharmacy changes are now made on a quarterly basis with effective dates of :

January 1st, April 1st, July 1st, and October 1st.

(Concerta is the Optima Health Preferred Long-Acting Stimulant. It is available at tier 3 without restrictions. Family Care members must try and fail one short-acting stimulant prior to using Concerta)

Drug Name	Purpose	Tier* Effective 10/1/07	Change Effective 1/1/08	Alternatives
Vyvanse	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 4 (currently Tier 4)	Will remain at tier 4 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1
Adderall XR	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 3 (currently Tier 3)	Will remain at tier 3 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1
Ritalin LA	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 3 (currently Tier 3)	Will remain at tier 3 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1
Focalin XR	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 3 (currently Tier 3)	Will remain at tier 3 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1
Daytrana	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 4 (currently Tier 4)	Will remain at tier 4 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1
Metadate CD	Used in the treatment of Attention Deficit Hyperactivity Disorder (ADHD)	Tier 3 (currently Tier 3)	Will remain at tier 3 and require step-therapy for all <i>new</i> prescriptions filled after January 1 st . Must have tried and failed Concerta.	Adderall – Tier 1 Ritalin – Tier 1 Dexedrine – Tier 1

*For Groups without a Four-Tier pharmacy plan, drugs listed as moving to tier 4 will remain at tier 3.

- **Torisel**, used in the treatment of advanced renal cell carcinoma, falls under the medical benefit and is restricted to the FDA approved indications.
- Prior Authorization/Step Therapy forms are available through the Provider Portal of optimahealth.com

If you have questions or comments regarding these changes, please contact your Optima Health Network

Educator at 877-865-9075 or visit www.optimahealth.com